

Pubic Hearing on 52 North Broadway Pushed to May

By Pat Casey

During the February meeting of the White Plains Common Council, several projects of concern to the community were scheduled for future discussion.

The ongoing public hearing to amend the zoning ordinance to create a new

Planned Residential Development Zone at 52 N. Broadway was opened and quickly adjourned to May 4. The developer, WP Development NB, Inc. had submitted an amended zoning petition to the Common Council the previous week, significantly changing the original proposal.

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Westchester Resident in Isolation After Testing Negative for Novel Coronavirus

On Monday a Westchester County resident was transported from New York City to a County facility for isolation after possible exposure to the Novel Coronavirus overseas. The patient has tested negative for the virus, but must remain isolated until the potential incubation period has passed – per CDC and New York State Department

of Health requirements. The person has cooperated with health officials, who have been closely monitoring the person's condition. No County residents are at risk for exposure to the Novel Coronavirus at this time

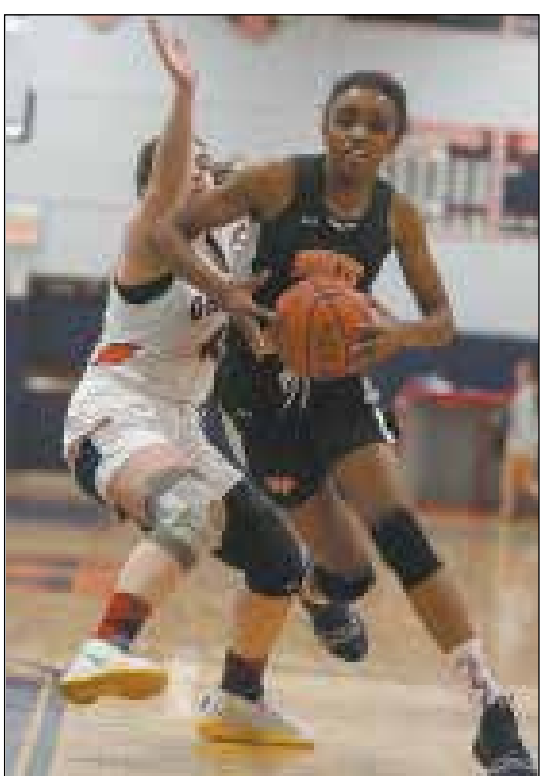
The Westchester County Department of

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Eighth-Grader Leads Tigers Girls Basketball to Win

Sequoia Layne, an eighth-grader playing with the WPHS Tigers girl's basketball team, scored a career-high 17 points, grabbing 10 rebounds in a 66-30 rout of Horace Greeley last Thursday evening. See page 17 for the full story.

ROB DIANTONIO PHOTO



Bloomberg Campaign Office Opens in White Plains

By Abby Luby

On Sunday about 250 people crowded into presidential candidate Mike Bloomberg's new field office in White Plains. Located at 140 Mamaroneck Avenue, the office was originally designed for a public gym but had been repurposed to host phone banks and community events for Bloomberg.

White Plains residents joined those from neighboring towns, including families with young children. On their way into the street level space, many scooped up "I like Mike" buttons, Mike 2020 lawn signs, car stickers and t-shirts.

20-year White Plains resident Kathy Cripps said this was the first time she had ever been involved in a presidential campaign. "Mike Bloomberg did a good job as mayor of New York City and he has



ABBY LUBY PHOTO


White Plains Mayor Tom Roach at the official opening of the Mike Bloomberg Presidential Campaign Field Office in White Plains on Sunday.

the good character and values to be a good president," said Cripps.

Waiting in the audience to hear local officials was former Mt. Vernon Mayor Andre Wallace who said he supported Bloomberg. "I wish he had gotten into the race sooner — he's the best candidate. He's stood up for every important issue and he's always been for inclusion." With Wallace was Wydell Hall and Lenora Julain, both White Plains residents who planned on volunteering for the Bloomberg campaign. "We will be doing some canvassing and working the phone banks," said Hall.

Speaking to the packed space, Yonkers Mayor Mike Spano endorsed Bloomberg and praised him for his work on several issues including gun violence. "We all know

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Bloomberg Campaign Office Opens in White Plains *continued from page 1*

the only way to do something about gun violence is to take guns out of the hands of criminals, to do it nationwide and have background checks,” said Spano. “We need to make sure we have a president who is willing to face that fight head on and Bloomberg has and he will.”

Echoing the stand against gun violence was Marie Delus, a gun violence survivor whose nephew was shot and killed in 2008. Delus, who became involved with the anti-gun group Moms Demand Action, held up a photograph of her nephew. She referred to the Sandy Hook Elementary School shooting in 2012 in Newtown, Connecticut. “After the Newtown killings I started working with Moms in Action and what we were going for was universal background checks for everybody,” she told the crowd.

“Then the congress decided not to vote for background checks and that’s when Mike decided to get involved. Ever since we’ve been winning to make communities safe. Mike took on this issue and he will continue to take on this issue.” In 2006 Bloomberg set up Everytown for Gun Safety, which merged with Moms Demand Action.

John Calvelli, New York State Director, Mike Bloomberg 2020 gave a few shout outs to locally known community members and officials who were at the opening including Village Trustee from Buchanan, Duane Jackson, Former Mt. Vernon Mayor Andre Wallace, former chair of the Westchester Board of Legislators Mike Kaplowitz, Yonkers City councilman John Rubbo.

“White Plains is known as a welcoming city and we welcome everybody,” said White

Plains Mayor Tom Roach. “This is supposed to be a welcoming country but because of the current inhabitant at the White House, we have issues.” Roach said Bloomberg has gotten a jump on canvassing certain states. “Right now, Trump has people working in Pennsylvania, Michigan and Florida while we’re running around in Iowa and New Hampshire. Mike Bloomberg saw that and he has people in all those now places too.” Roach spoke about Bloomberg’s record on the climate change and marriage equality.

“Job number one is to pick a Democrat that can beat Trump,” Roach said.

Frequent applause broke out from the crowd as they listened to their local officials. Also verbalizing their support for Bloomberg was Pound Ridge Town Supervisor Kevin Hansan and Martine

Fleishman, Westchester Jewish Community Leader.

At the end of the program, Barbara Matarazzo, a White Plains attorney who lives in Katonah said that although she was a registered Republican, she believed Bloomberg could unify the country. “He has been sensitive to women’s issues, the environment and immigration. This is the first time in my life I have volunteered for a political campaign and I’ll be calling my Republican and Democratic friends.”

The White Plains field office will host canvassing and phone banking events, voter outreach, and other coordinated outreach activities ahead of New York’s April 28 Democratic primary. Five full-time staffers and nearly a dozen volunteers will work out of the new field office.

Pubic Hearing on 52 North Broadway Pushed to May *continued from page 1*

The revised petition reduces the scale, density and building height of proposed new buildings, expands senior housing, increases historic preservation and maintains open space on the North Broadway frontage.

Planning Commissioner Christopher Gomez explained that the amended proposal requires a review by the Planning Board to determine if it is consistent with the existing form of the Zoning Code. Once that is done, the amended proposal will be submitted for further review by city departments.

The public hearing was adjourned to May 4, 2020.

The Council also approved a third one-year site plan extension to Post Maple 77 LLC (Grid Properties, Inc.) for development

of the Boulevard mixed-use project located on a site bounded by Maple Avenue, West Post Road, South Lexington Avenue and Rathbun Avenue in White Plains.

Mayor Tom Roach asked the developer for an update on the project.

The developer indicated they continued to be “very committed to the project.” He explained that the retail world has gone through a lot of changes, with the trends of the past several years beginning now to work themselves out. “New tenants have come onto the landscape, but working the deals to get to a signed contract has taken longer than expected, the developer said. He indicated that as a New York City-based company they were used to permits lasting longer than one-year. Getting the right mix

can take up to 10 years he said.

Councilwoman Nadine Hunt-Robinson expressed her preference for experiential retail focusing on children. “Millenials are now having children and Baby Boomers want places to take the grandchildren, she said.

Councilman Justin Bracsh advised the developer to make haste to break ground as soon as possible.

Councilman John Martin asked if there were any synergies with White Plains Hospital, which the developer said would be well-received. Martin also noted he had been contacted about the poor upkeep of the sidewalks around the site and requested something be done about litter.

Before closing the meeting, the Council

scheduled a public hearing for March 2 on the Government Use Permit application by Mt. Hope A.M.E. Zion Church to run an emergency homeless shelter for Westchester County at 65 Lake St.

Council members were supportive of the shelter project, including Councilman John Kirkpatrick, who raised concerns about the permit not being compliant with Zoning at the 65 Church St. location. Kirkpatrick said it was not a permitted use and that perhaps the applicant should be looking at a zoning amendment.

Kirkpatrick also suggested the city should see what other municipalities were doing regarding helping the homeless through county programs, since White Plains already does a lot.



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White Plains Common Council Okays Community Solar Program

By Neal Rentz

The White Plains Common Council last week approved a major push to increase the use of solar power in the city.

The Council voted unanimously on Feb. 3 to create a community solar program.

"This is something we wanted to move forward for quite a while," Mayor Tom Roach said last week. Roach said it would not make sense for the city to generate solar power for itself because it receives its power from the New York Power Authority at a low rate.

"This is a real step forward," Roach said. "We are in a climate crisis and we need strong measures not half measures."

Under the new program solar panels will be installed at eight city-owned properties. The city expects to generate up to six megawatts of power annually, which would be a tripling of the total current commercial and residential solar production in White Plains. According to the city, in addition to environmental benefits, the program will reduce energy costs for residents and businesses and generate additional revenue for the city through the leasing of city sites.

The community solar model produces solar energy that goes back to the grid and allows residents who enroll in the program to receive a credit on their bill every month. "This costs nothing, all residents have to do is sign up and they receive a credit," Roach said. The program equates to a reduction of 46,400 tons of carbon dioxide, which is equivalent to removing 8,900 passenger cars from the road, according to the city.

At Roach's request, the Department



NEAL RENTZ PHOTO

White Plains Mayor Tom Roach at the Feb. 3 Common Council meeting.

of Public Works, in conjunction with New York Power Authority, prepared a Request for Proposals for leasing municipal properties and solicited more than 100 qualified developers. The NYPA serves as a consultant on the project.

The Common Council agreed to enter into a multi-year agreement with Distributed Solar Projects LLC to establish the program in conjunction with Con Edison.

The facilities that will be used for the solar program are: a rooftop canopy at the Longview garage; a rooftop canopy at the Lyon Place garage; a roof mount on the sanitation building; a rooftop canopy at the Gillie parking lot; a ground mounted system on the landfill at the Gedney Way recycling center, which Hope said would be the largest proposed installation; a rooftop canopy at the Chester-Maple garage; a roof mount at the

Ebersole ice rink roof and a rooftop canopy at the Shapham Place garage. "We wanted to go big and spend some time on it," Roach said.

The city is estimating it will receive \$960,000 in annual revenue for 25 years. According to the city, funds generated by the program would be used to advance additional sustainability initiatives, facilities and infrastructure.

The city expects the final completion date for all sites will be March 2021.

Council President Nadine Hunt-Robinson expressed her support for community solar last week. "I'm proud of our leadership," she said. "We have always been a leader with respect to sustainability."

Westchester Resident in Isolation After Testing Negative for Novel Coronavirus

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Health, in coordination with the CDC and the New York State Department of Health is meeting all guidelines. To protect the patient's right to privacy, the County Health Department will not share the patient's identification, location or health status.

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County Explores Expanding Food Scrap Recycling in Westchester

By Martin Wilbur

Westchester County is establishing a food scrap recycling initiative where the county will haul away the material for municipalities that have their own programs while the feasibility of a long-term solution is examined.

County Executive George Latimer announced the plan last week in White Plains following the recent completion of a food waste study by consultant Woodard & Curran.

Under the steps detailed by Latimer, there would be three actions taken this year to encourage more food scrap recycling in the



County Executive George Latimer addresses officials and supporters of increasing the recycling of food scraps during a presentation in White Plains. The county will be taking steps to step up recycling food waste in the months ahead.

MARTIN WILBUR PHOTO

county. Starting in September, the county will take over the transport of food scraps for municipalities that have a single drop-off point and bring the material to a facility in Ulster County. It would be cost-neutral for the local communities, Latimer said.

Municipalities that have curbside pickup for food scraps will be responsible for taking the material to the hauler's transfer station at their own expense, he said.

A Request for Proposal will be developed to find a hauler, Latimer said. About 20 Westchester municipalities currently have a food scrap recycling program.

Another part of the effort will see the county launch a six-week pilot program in March with a yet-to-be-determined municipality as a test run for the countywide effort by taking the scraps to the Yonkers Transfer Station. Those scraps will be transported to the Ulster County facility for composting.

Finally, the county plans to create a small-scale composting site at the Household Hazardous Material Recovery Facility in Valhalla this summer by accepting food scraps from one municipality. The compost site will also serve as an education center for residents and others in the county to learn more about the practice and provide free compost to residents and the county Parks Department.

While cost estimates aren't available for the transport of the food scraps because the contract must still be bid, the county executive's office anticipates the Valhalla compost and education facility to cost about \$450,000 while the pilot program would run between \$10,000 and \$15,000.

Latimer said Westchester must find ways to be environmentally responsible and reduce the amount of waste it generates. About 125,000 tons of commercial food waste and more than 85,000 tons of residential food waste are generated each year within the county, comprising about 18 percent of the waste stream.

"We have to do everything we can think of in order to push back on this issue and one of the clear reasons is to expand our recycling and do it in an environmentally sensitive way, and by dealing with the issue of food scrap waste, we are reducing the amount of garbage that we burn making it more economically feasible and a better environment," Latimer said.

As the county launches the short-term steps, county officials will explore whether one of three longer-term solutions outlined in the Woodard & Curran report can be achieved.

Potential options include installing a small anaerobic digester, which breaks down the material without oxygen, next to the county's Wheelabrator plant in Peekskill, Latimer said. The plant would be able to accommodate only about 10,000 tons of material and is estimated to cost between \$5 million and \$7 million.

A second possibility would be to use co-digestion to break down the material at the Peekskill Water Resource Recovery Facility. In that operation, the county would be recycling food scraps at the same time other items are recycled.

The county could also consider building its own large composting facility similar to

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Latimer Proposes Expansion of Electric Vehicle Charging Stations

By Martin Wilbur

New legislation to increase the number of electric vehicle charging stations throughout Westchester has been introduced to the Board of Legislators, a move designed to encourage more people to consider driving electric cars.

County Executive George Latimer touted the measure last week that he recently sent to lawmakers that calls for more stations in all county-owned lots as well as in facilities built through a county tax incentive program such as the IDA.

Under the plan, county parking garages and open parking lots that have 250 spaces or less would have 10 percent of the spots equipped with Level 1 charging stations and another 10 percent of the spaces outfitted with Level 2 electric chargers.

In parking facilities with more than 250 spaces, there would be 25 Level 1 and 25 Level 2 chargers, which would support 50 spaces each.

Latimer said the move was to start building the infrastructure that would make it easier and more attractive for residents to buy the increasingly popular electric and plug-in hybrid vehicles to protect the environment.

"It means having the infrastructure that we need to have so that a person that has one of these vehicles, that when they're parking at a facility owned by Westchester County they'll know there will be charging stations there," Latimer said at the county-owned parking lot at the North White Plains Metro-North station, which recently had 10 Level 2 charging stations installed.

The bill was sent to the Board of Legislators on Jan. 21 and was referred to several different committees, said County Legislator Vedat Gashi (D-Yorktown), who was one of a group of county officials who gathered to publicize the plan. Gashi said he expects the issue to be addressed quickly since it's something that most of the legislators agree should be done.

The announcement comes a week after Latimer heralded the county's food scrap recycling program to have Westchester do its part to address the climate crisis.

Transportation contributes as much as one-third of all greenhouse gas emissions, said Peter McCartt, the county's director of Energy Conservation & Sustainability.

"This is an exciting time, there's a lot to



MARTIN WILBUR PHOTOS

County Executive George Latimer announced Wednesday he has introduced a bill to the Board of Legislators that would sharply increase the number of electric car charging stations throughout Westchester.

be done and fortunately we have County Executive Latimer here," McCartt said. "He has the political will to do it and he's getting it done."

Among the locations that have been targeted for the chargers should the legislation be approved are the lots at the County Center, Maple Moor, Hudson Hills, Dunwoodie and Mohansic golf courses as well as Saxon Woods Pool, Latimer said.

In addition, any Level 2 chargers installed would have the capacity to be upgraded to Level 3. Bud Nicoletti, the county's deputy of Public Works and Transportation, said the difference between Level 1 and Level 2 chargers is power. Level 2 chargers provide about two-and-a-half times the number of kilowatts, which would roughly equate to the reduction in the amount of time a car would need to be fully charged, he said. The amount of time to fully charge a car also varies depending on the make and model.

Nicoletti said the Level 2 chargers cost about \$4,000 each, which includes installation. Westchester received a \$40,000 grant from NYSEDA for the 10 chargers at its North White Plains train station lot.

Under the proposed legislation, Level 1 chargers could be considered analogous to 120-volt outlets that are accessible

to a parking space, said Deputy County Executive Ken Jenkins.

Latimer's announcement of the vehicle charging stations comes a day after the county learned that it will receive \$3 million in state funds to help the county convert its entire Beeline bus fleet to hybrids by 2025. With a partial fleet of hybrids, the county saved just over \$1 million in diesel fuel in 2019.



One of the 10 newly-installed Level 2 electric vehicle chargers at the county-owned parking lot at the North White Plains train station.

"To deal with the climate crisis is going to take thousands of decisions and these decisions aren't going to be made by the county government alone but in general," Latimer said. "It's going to be made by individuals. Each of us has to look at how we live our lives, what our lifestyles are and understand there are adjustments to be made."

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SMALL NEWS IS BIG NEWS

Main Street Office Building Renovation Features Work of Local Artists

Stating that "It's time for office buildings to move beyond the cold sterile mausoleum look of yesterday's work environment," Ginsburg Development Companies Principal Martin Ginsburg recently celebrated the grand opening of the first phase of his reinvention of the 50 Main Street office building that stands at the gateway entrance to White Plains.

The new mezzanine amenity level features a modernized cafeteria, fitness center with yoga motion room, lecture hall, lounge with billiards and private dining and meeting rooms. A key feature of the new common space is a contemporary art collection curated by ArtsWestchester that features numerous local artists.

"With this exciting new space in 50 Main, we are creating a common amenity area to be enjoyed by all tenants in the building that reflects today's warmer casual work environment, punctuated by beautiful art throughout. We are introducing many of the same resort class amenities found in our luxury residential properties, making 50 Main a truly unique commercial office building," said Ginsburg.

"ArtsWestchester would like to salute Martin Ginsburg for having the vision to understand that art enlivens spaces with creative energy that helps motivate us all to be creative in our business endeavors," said ArtsWestchester CEO Janet Langsam. She continued, "We are very excited to unveil the work of nine artists from the greater Westchester area as part of GDC's investment in its art collection for



From left, GDC Principal Martin Ginsburg; ArtsWestchester CEO Janet Langsam; Business Council of Westchester President and CEO Marsha Gordon, and White Plains Mayor Tom Roach at the opening of the first phase of the 50 Main St. renovation.

50 Main Street."

Ginsburg also unveiled renderings of the new lobby, which will begin reconstruction soon and will feature the same level of finishes and artwork as the amenity mezzanine. "When people walk into 50 Main Street, we want them to feel the energy

and vibe of a boutique hotel where the lobby will be activated as a yet another common gathering space within the building," said Ginsburg.

A key feature of the new entry to 50 Main Street will be a monumental sculpture in

front of the building that will soon be chosen from three finalists that participated in an international competition coordinated by GDC and ArtsWestchester.

Artists whose work will be displayed include: Stefan Radtke of Port Chester (photography); Paul Greco of Yonkers (painting); Raymond Saa of Jersey City (painting); Steve Rossi of Beacon (sculpture); Susan Manspeizer of White Plains (mixed media); Peri Schwartz of New Rochelle (printmaking, painting); Morgan McAllister of Huntington (drawing); Kiyoshi Otsuka of White Plains (painting) and Carrie Belk of White Plains (mixed media); Eric David Laxman of Valley Cottage (Sculpture).

50 Main Street is a key component of GDC's transformation of the former Westchester Financial Center into City Square, a new mixed-use center. In addition to the modernization of 50 Main Street, the project includes the transformation of the 1 Martine Avenue office building into 188 luxury rental apartments, new restaurant and retail space along Main Street and City Square Park, a private open space on the roof deck of the parking garage that connects all buildings and features fountains, waterfalls, walking paths, a putting green and outdoor dining on a one acre beautifully landscaped space. The focus on art will be carried through the entire project.

**SMALL NEWS
IS BIG NEWS**

Manhattanville College Receives Approval to Establish Nursing School

Manhattanville College, located in Purchase, has received approval to launch degree programs through its new School of Nursing and Health Sciences from the New York State Education Department.

Manhattanville now offers two degrees in nursing: Bachelor of Science in Nursing for traditional 4-year and transfer students as well as a Bachelor of Science in Nursing for second-degree students who already hold a bachelor's degree. The college is accepting applications immediately for the fall. More information is available at www.mvville.edu/nursing.

Manhattanville President Michael Geisler, Ph.D., recognized the assistance of community partners and elected officials during the approval process. He specifically thanked New York State Senator Shelley Mayer, New York State Assemblyman David Buchwald, and President and CEO of the Business Council of Westchester, Marsha Gordon, for their support.

"Empathy and collaborative spirit are central Manhattanville qualities that are integral to success in nursing, and these qualities are enhanced through the College's foundation in liberal arts and commitment to design thinking," said Geisler. "Creating a School of Nursing and Health Sciences is an exciting step for the future of Manhattanville."

The new school will help meet a growing national demand for nurses. The nursing

field continues to grow at an accelerated rate, with the federal government projecting an expansion of 17% each year through 2028. With increasing emphasis on preventive and end-of-life care as well as an upsurge in chronic conditions, such as heart disease, diabetes and obesity, nurses will populate more areas of the healthcare field than ever before.

According to the American Association of Colleges of Nursing (AACN), nursing school enrollment is not growing fast enough to meet the projected demand for nurses. Though the AACN reported a 3.7% enrollment increase in entry-level baccalaureate nursing programs in 2018, this remains insufficient to populate many nursing services, including nurse faculty, researchers and primary care providers. A recent survey by the AACN found that 46% of employers require, and 88% strongly prefer, new hires to have a bachelor's degree. An estimated one million registered nurses will retire by 2030, creating a consistently high demand for a trained workforce.

Simons, Ph.D., R.N., C.C.M.R., dean, School of Nursing and Health Sciences, Manhattanville College and Fellow, New York Academy of Medicine, said the programs will prepare students to be patient-centered providers, able to balance "high tech and high care," which will impact quality of care and health outcomes as well as enhance the patient experience.

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SMALL NEWS IS BIG NEWS

PAPI, WHITE PLAINS

By Neal Rentz

White Plains resident Alessandro Crocco opened Papi restaurant in late January on Bank Street in the city, where he moved to from Italy in 2011.

"I fell in love with the city and what it had to offer," Crocco recalled last week. "I chose the restaurant business because I like to be an ambassador of my own culture."

A ribbon cutting ceremony for the eatery was held on Feb. 6.

Crocco said he chose to locate Papi on Bank Street because it is close to the White Plains Metro-North station and the restaurant offers a quick and affordable meal to commuters.

The concept of Papi is a fast casual Italian restaurant, Crocco said. The concept is to attract young customers and have them become regular patrons, he said.

Papi patrons come to the counter, choose their entrées, side dishes, drinks and deserts and food is delivered to their tables. Pasta and Papi's take out pizza are prepared in an open kitchen and it takes between three and five minutes to prepare, Crocco said. Take-out and delivery are available.

Papi offers classic and specialty pastas. "We try to keep everybody happy with a classic American-Italian dish like spaghetti and meatballs," Crocco said. "But we also like to offer something more unique like a



NEAL RENTZ PHOTO

A ribbon cutting ceremony for the new Papi restaurant in White Plains was held on Feb. 6. Cutting the ribbon is Mayor Tom Roach.

carbonara sauce (featuring pork cheek) and amatricinna (pork cheek, tomato, pecorino cheese and chili)."

One of their pasta dishes is "The Original, 100 Percent Italian Lasagna," an original recipe featuring besciamella sauce, ground

beef, a ragu sauce and fresh mozzarella. "We all love lasagna, from little kids to adults," Crocco said. Besciamella sauce is made from butter, flour and milk and is a substitute for ricotta cheese, which is typically featured in American versions of lasagna, he said.

Papi's version of pizza is called pinsa. "It's the Roman version of pizza," Crocco said. The pinsa dough is fermented for up to 80 hours, he noted. "It's crispy, yet soft," he said. The oven used to bake the pinsas generates heat up to 1,840 degrees, he said.

Papi fries are also offered. They are fried potatoes offered with a variety of sauces.


Various vegan and gluten-free items are also available at Papi, as well as a kids menu.

Crocco explained how he came up with the name of his restaurant. "It's very simple – pasta and pizza," he said.

Papi is located at 15 Bank St. in White Plains. For more information call 914-328-6535 or send an e-mail to orders@papifood.com.



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Westchester County Health Department Offers Residents Free Flu Vaccines

Call 914-995-5800 to schedule a flu vaccine at a County Clinic for residents age 3 and up.

• **Tuesdays, Feb. 11, 18 and 25**, from 11 a.m. to 4 p.m., 134 Court St., White Plains

• **Fridays, Feb. 7 and 21** from 9 a.m. to 3 p.m., 134 Court St., White Plains

• **Friday, Feb. 14 and 28**, from 9 a.m. to 3 p.m., 20 S. Broadway, Yonkers.

Westchester flu clinics are open to all, especially those without insurance or whose insurance doesn't cover vaccines. The County Health Department has focused its public vaccination efforts on people who lack the means to get vaccinated elsewhere by bringing flu shots to homeless shelters, soup kitchens and food pantries throughout Westchester.

Health Commissioner Sherlita Amler, MD, said: "Everyone six months and older should get a flu shot each year. Flu can be deadly, and the flu vaccine is very safe and the best protection we have. By getting an annual flu shot, you help protect infants too young to be vaccinated, seniors and people with chronic health conditions, who are more vulnerable to flu complications."

Flu activity usually peaks between December and February, but can last into May. One flu vaccine now provides protection all season long and can prevent illness or

reduce the severity of flu symptoms. The vaccine becomes fully effective after about two weeks.

Dr. Amler said that anyone who does get a respiratory infection should cough or sneeze into their elbow, wash their hands frequently with soap and water, stay home until 24 hours after their fever subsides to avoid spreading germs, clean surfaces they touch frequently, such as doorknobs, water faucets, refrigerator handles and telephones, and get plenty of rest.

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Westchester Rabbi Visits Guatemala to Support Human Rights Advocates

Rabbi Gordon Tucker, Senior Rabbi at Temple Israel Center, White Plains, returned to the U.S. on Feb. 2 after meeting leaders of nonprofit groups working to advance human rights in Guatemala, one of the Central American countries that residents are fleeing to seek asylum in the United States. He was among 14 Jewish leaders who traveled through Guatemala for a week as part of the Global Justice Fellowship run by American Jewish World Service (AJWS).

"It is shattering to see how even in a formal democracy, there can be such inequalities and misuse of the law — all to keep people marginalized, oppressed, vulnerable and endangered," Rabbi Tucker said.

Tucker will share observations about the history of human rights violations in Guatemala in the coming weeks, then will advocate for human rights while visiting members of Congress and other officials in

Washington, D.C. in March as part of the fellowship.

The fellows arrived as Guatemala faced widespread condemnation for clamping down on the human rights of indigenous people and rural farmers. During a week in the country, the fellows met with advocates fighting for legal protections for human rights activists at risk of violence, forensic anthropologists working to identify remains from the decades of internal armed conflict, a council of indigenous elders, and an artists' collective that uses street performance to reintegrate indigenous cultures into public spaces and help communities heal from decades of trauma.

The clergy learned from local Guatemalan human rights advocates about working to improve life in Guatemala and how American Jews and others can support this work.

The fellows, who were joined on the



PHOTO COURTESY OF AMERICAN JEWISH WORLD
Rabbi Gordon Tucker with locals in Guatemala.

trip by AJWS Global Ambassador Ruth Messenger, also met with top leadership at the U.S. Embassy.
—Pat Casey

County Explores Expanding Food Scrap Recycling in Westchester

continued from page 4

Ulster County. However, that would require about a four-acre site and could cost upwards of \$25 million, Latimer said.

"That's a significant amount of land and size in Westchester," Latimer said. "We're looking at a facility that would generate traffic because you're going to be running product in from all across the county and the issue of odors may, in fact, happen when you have that situation."

He said having the county assist some of the local municipalities handle food scraps might

be a more palatable option.

Nadya Hall, community environmentalist at Teatown Lake Reservation, said despite the challenges it's crucial the county do what it can to reduce its waste stream. Teatown is partnering with the Town of Ossining on a food scrap recycling program.

"I express my deepest gratitude to the county executive for taking this on and making sustainability a priority and for making these studies a priority for the county going

forward," Hall said.

Local officials whose communities have established food scrap recycling have been pleased with the effort. Mount Kisco Mayor Gina Picinich said her village started its program in November and has about 60 households participating along with the Fox Senior Center.

"It's launched, it's gotten started and it's generating steam and excitement," Picinich said.

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White Plains Youth Bureau Receives 2020 Community Hero Award



The White Plains Youth Bureau was presented with the 2020 Community Hero Award Feb. 1, at the Westchester Knicks versus the Long Island Nets Basketball Game at the Westchester County. The Award is given by the Westchester Knicks in partnership with Fidelis Care to an agency who works to connect students and families with positive health outcomes. The White Plains Youth Bureau, celebrating its 50th Anniversary is on the front lines of community and school wellness and impact families where they work, learn, and live. Pictured (center) is White Plains Youth Bureau Exec. Director Frank Williams and White Plains Mayor Tom Roach.

110th Anniversary of The Boy Scouts of America and 90th Anniversary of Cub Scouts

By Bill Bongiorno

Feb. 8 marks the 110th anniversary of the founding of The Boy Scouts of America in 1910. A date that scouts and scouters know well. What many scouts, leaders and the public don't know is the history of the organization and its immeasurable importance to the United States and around the world. Since that time, more than 100 million hours of community service and more than 5 million lives have been saved by scouts and leaders. Literally around the country and world everyday lives are saved and community service projects are building local communities and changing lives for the better thanks to scout volunteers and scouts.

From the very start of The Boy Scouts of America, boys of different races, religions, economic status and abilities were welcomed into the program. This was certainly a forward thinking idea that took the rest of the country decades to embrace. Meritocracy was the bedrock of the program and remains so today. Any boy could join and if a scout fulfilled the requirements, he earned the merit badge.

In 1930, the Cub Scout Program was launched, so this year marks the 90th anniversary. In the 1970s, the organization welcomed girls into its

Explorer and Venturing programs foreshadowing its most recent history of welcoming girls into the Cub Scout and Boy Scout program. Scouts with disabilities do not have any time limit for completing their requirements to earn Eagle Scout rank. Girls joining the organization February of 2018 have extra time to work through the merit badges to achieve scouting's highest rank of Eagle. The Scout Oath and Scout Law remain cornerstones of the program.

Few people know the history of the organization and its immeasurable contribution to the country. During World War I, scouts planted 12,000 victory gardens to feed soldiers. Scouts collected 100 railroad cars worth of nut hulls and peach pits used to make charcoal filters for gas masks. They identified and charted the location of 21 million broad feet of black walnut trees for use as gunstocks and airplane propellers and distributed 30 million pieces of government literature to citizens. Scouts raised an incredible \$200 million for the war effort by selling Liberty Bonds and Stamps.

During World War II, President Franklin Delano Roosevelt made 69 formal requests of The Boy Scouts of America for aid in the war effort. These included the collection of rubber as spare tires and other consumer products. A two-week drive alone netted

30 million pounds of rubber. Another 20,000 victory gardens were planted to feed soldiers. Other efforts were distribution of pledge cards for war bonds and war saving stamps, collection of aluminum, and paper. Scouts even served as fire watchers, emergency medical personnel, messengers and dispatch bearers according to the book, *Four Percent, The Extraordinary Story of Exceptional American Youth*.

Closer to home we see the positive affects of our local scouts everywhere we look, be it planting gardens at Onatru Farm, clearing hiking trails, building structures, or just "doing a good turn daily" helping neighbors and others in our communities. The uniform they wear is one of a "Messenger of Peace." Last year several of our local scouts represented our local community at the World Scout Jamboree Held at Summit Bechtel Reserve in West Virginia. The event is held every four years in a different country and brings together thousands of scouts from around the world. It hadn't been held in the U.S. in 40 years. The amount of good will and understanding shared by our scouts with others around the world that are so different from themselves, yet share so much through scouting, is priceless.

I would suggest we would do well to replicate the Boy Scouts of America practice of meritocracy above any

differences and above all else to make some determination of the character of a person on their each individual merits alone.

If the next 110 years is anything like the last 110 years, one of our greatest hopes for mankind lies with the world wide scouting movements that are alive and well around the world with 30 million members. Proof lies in the fact that Afghanistan just this year has again launched their scouting program in the country.

Scouting in Westchester and Putnam has a long and distinguished history. Service hours performed by scouts in the Westchester-Putnam Council average about 45,000 a year according to their website.

I would urge everyone to read at least a little bit of scout history to really begin to understand what a tremendous impact scouting has had not only in building America and defending it, but locally as well. The Vista-Lewisboro Cub Scouts alone have a 55-year history in the community. Better yet, get your sons and daughters interested in scouting and join a local pack or troop.

The author is Cubmaster for The Vista-Lewisboro Cub Scouts and a Boy Scouts of America merit badge counselor for Scouting Heritage. He has achieved the highest training in the organization, having completed Wood Badge in the Fall of 2020 and all subsequent training prerequisites.

NYS 2020 Budget Should Include Funding for a Bike Path on Route 119

In less than two months the NYS Legislature will approve the budget. It's my hope that funding will be included for a bike path on Route 119 from the North and South County trails to the Governor Mario M. Cuomo Bridge.

A bicycle lane will be opening on the new bridge within months. Unfortunately, it's not very safe for cyclists to use -unless they

are experienced riders. Route 119 is a very busy road, lots of traffic. We've had bicycle accidents on Route 119 in the past, including a fatal accident closer to the County Center (there is a ghost bicycle at the scene of the accident to remind cyclists and motorists of the dangers).

Bicycle enthusiasts are very excited about the new bike path on the bridge. We would

be more excited if there would be a safe way to get to and from the bridge. A bike path on 119 from the South and North County trails would enable cyclists to bike from the Bronx and Putnam County lines (South and North County trails) to Rockland safely.

This proposed bike lane is located in Greenburgh, however, it will be used by tourists and cyclists from all over the world

since the bike path is expected to become a destination location. Another reason why this bike path is so needed.

Please contact your state legislators and the Governor. Urge them to consider funding for this bike path.

**-Paul Feiner,
Greenburgh Town Supervisor**

Stop & Shop Offers Free Reusable Bags Ahead of State Ban on Carryout Plastic Bags

In an effort to help customers make the transition away from carryout plastic bags ahead of the statewide ban set to take effect on March 1, Stop & Shop will be offering free reusable bags at its store locations across New York. Beginning Feb. 22, Stop & Shop will have information tables set up at stores to answer questions about

the upcoming ban and to provide giveaway items including a free reusable bag for every customer who brings in one or more carryout plastic bags for recycling, with a limit of one per customer per visit while supplies last. The plastic bags collected will be recycled into composite wood, which is used for things like decking, park benches,

and playground equipment.

In New York cities or counties that have chosen to implement a 5-cent paper bag reduction fee, Stop & Shop will collect and remit the funds to the government, per the state law. At stores where the city or county has chosen not to institute the 5-cent paper bag reduction fee, Stop & Shop will charge

5 cents per bag in an effort to encourage its customers to use reusable bags. Stop & Shop will donate the funds collected from this charge to local environmental conservation groups including Coastal Research & Education Society of Long Island, Inc., Riverkeeper, and Westchester Land Trust.

Lowey Maintains Trump is Unfit to Serve as President

By Rick Pezzullo

U.S. Congresswoman Nita Lowey (D-NY17/Rockland, Westchester) reacted to President Trump being acquitted by the Senate last week, maintaining he "is not fit to serve."

"This is a very sad day for the United States of America and our democracy. Make no mistake, while the Senate Majority has voted to acquit the President in a political display masquerading as a trial, he will forever be impeached by the House of Representatives," Lowey stated. "History will remember that Senate Republicans

turned a blind eye to the fact that the president sought foreign assistance to influence the 2020 presidential election and went to great lengths to obstruct Congress during the investigations."

Lowey, chair of the House Appropriations Committee, added, "President Trump remains a threat to our national security and the constitution. He is not fit to serve, and I'm deeply disappointed in my Senate colleagues who prioritized political party over truth."

Meanwhile, Lowey, who is retiring at the end of this year, commented on Trump's State of the Union address, contending it

"was disconnected from reality and once again demonstrated his loose relationship with the truth."

"His claims about an American comeback fly in the face of the challenges too many working families face: rising health care costs, stagnant wages, crumbling infrastructure, and the existential threat of the climate crisis," she stated. "The Trump administration's dangerous, divisive, and often illegal methods have dragged our country backward. The President's abuse of power and obstruction of Congress caused his impeachment and, given how often he

has thumbed his nose at the separation of powers, I'm surprised President Trump even delivered his remarks in the House Chamber."

"The American people deserve better, which is why House Democrats have passed more than 275 bipartisan bills that would strengthen our democracy, lower health care costs, prevent gun violence, raise wages, enforce equal pay for women, reform our immigration system, and protect our environment. It is disgraceful that President Trump and Senator McConnell have blocked every single one of them," she added.

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Obituaries

Joseph Schepisi

Joseph N. Schepisi of White Plains passed away Feb. 6. He was 48.

Joseph was born Oct. 9, 1971 in the Bronx, to Natale and Mary Schepisi.

Joseph worked as a painter for FSC Painting Corp in White Plains. He was very friendly, comical, generous, and extremely kind to all. Joseph loved his family and friends very much.

Michael C. Parolini

Michael C. Parolini of White Plains passed away Feb. 3. He was 77.

Michael was born Aug. 4, 1942 in Port Chester to George and Caroline (nee McMurray) Parolini.

He served in the United States Army during the Vietnam War. On Nov. 17, 1974, Michael married Barbara Russell Parolini in Herkimer, NY. Michael worked as a computer consultant for Corstar Communications in Hawthorne for 20 years, retiring in 2007. When he wasn't working, he spent time with his family, volunteering his time as Cub Scout Leader and Soccer Dad.

Besides his loving wife Barbara, Michael is survived by his four children Andrea (Steve) Cruise of Dover Plains, NY; Mark Parolini, Robert Parolini, and Steven Parolini all of White Plains; his brother, Roger (Joy) Parolini of Omaha, NB; and three grandchildren Christina, Jennifer, and Joseph Cruise.

David Marinelli

David Marinelli, Jr., 73, of West Harrison, passed away peacefully with his family by his side on Feb. 2.

David was born on May 7, 1946 to David and Antoinette (Calabro) in White Plains. David graduated from White Plains High School in 1964. Afterwards, he enlisted with the U.S. Air Force where he met his wife, Stella, while stationed in Topeka, KS. He was a Vietnam Veteran and received many awards including the Air Force Good Conduct Medal, Republic of Vietnam Campaign Medal, Small Arms Expert Marksmanship Ribbon, and Vietnam Service Medal. He was honorably discharged in 1969 and shortly thereafter, began working in construction



where throughout the years had built many homes in Westchester.

In May 1978, David joined the Harrison Police Department and during his 26-year tenure he was awarded numerous citations and medals, and was assigned to the motorcycle unit. Upon retirement in 2004, David loved spending time with his family from attending his grandchildren's school and sporting events to Sunday dinners. He looked forward to riding his motorcycle and making tomato sauce every summer with his friends and family. David enjoyed going to area car shows with his son's '54 Chevy Pick-up and buying his grandkids ice cream.

Over the years, David welcomed many friends to his house to share a cup of coffee. He was a life member of the West Harrison VFW Post 5463. David is predeceased by his parents, survived by his loving wife, Stella

(Torrez) of 52 years, his children David III (Joan) of West Harrison, Lisa Hawkins (John) of Hawthorne, and Michael (Elisa) of Valhalla; his three grandsons, Tyler, Aidan, Michael; his two granddaughters Samantha and Sydney, and two step-grandchildren Joseph and Christopher Casareale; his siblings Arthur (Susan) of West Harrison, Cecelia of West Harrison, and Ann Marin of Port Chester.

David will be missed greatly by all who were fortunate enough to know and love him.

In lieu of flowers, donations can be made to The Stephen Siller Tunnel to Towers Foundation at tunnel2towers.org, in memory of David.



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NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Foreclosure dated March 21, 2019, and entered in the Office of the Clerk of the County of Westchester, wherein **REVERSE MORTGAGE SOLUTIONS, INC.** is the Plaintiff and **JOHANNA PURVIS; ET AL.** are the Defendant(s). I, the undersigned Referee will sell at public auction at the **WESTCHESTER COUNTY COURTHOUSE, LOBBY, 111 DR. MARTIN LUTHER KING JR. BLVD., WHITE PLAINS, NY 10601**, on **February 28, 2020 at 9:00AM**, premises known as **89 CHAUNCEY AVENUE, NEW ROCHELLE, NY 10801: Section 5, Block 1442, Lot 13:**

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Premises will be sold subject to provisions of filed Judgment Index # 54449/2016. Robert Huffay, Esq. - Referee. RAS Boriskin, LLC 900 Merchants Concourse, Suite 310, Westbury, New York 11590, Attorneys for Plaintiff.

You Don't Have to Be an Athlete to Benefit from Graston Technique



By Justen Lopez

Graston Technique is a specific brand of instrument-assisted mobilization devices used to treat soft tissue injuries or fascial restrictions, as well as help assess the kinetic chain and various pathologies. Composed of stainless steel and designed with unique treatment edges and angles, Graston instruments allow the clinician to sweep through a particular area to help restore movement and function in addition to helping with the healing process. These instruments can treat a wide range of conditions and injuries for people with varying levels of activity.

When thinking about who needs treatments such as Graston Technique, one usually thinks of athletes and the active population. Graston Technique certainly has many benefits for athletes and those who are active by helping to maintain functional motion and rehabbing injuries. Many certified athletic trainers and doctors of physical therapy use it in the preparation, treatment and recovery of physically active patients, and it can be a great supplement to therapeutic exercises and other manual techniques.

However, you do not need to be an athlete to benefit from Graston Technique. Regardless of lifestyle, everyone ends up dealing with some sort of soft tissue issue

at some point in their life. Whether it is tightness from sitting at a desk all day, a long-term injury you never addressed and learned to live with or excessive typing at work, fascial restrictions can occur, limiting range of motion and function. The Graston Technique specialists can use the instruments to loosen up those fascial connections, improving range of motion and function.

The instruments work by using the specifically designed treatment edges and angles to glide across the skin, feeling for a variety of signs in the tissue such as density, the presence of myofascial adhesions or scar tissue. The mild to moderate pressure of the instruments compress and then stretch the tissue repeatedly, which over time can lead to several physiological changes.

While originally derived from the ancient Chinese healing technique of Gua Sha, Graston Technique has a firm foundation in evidence-based medicine. Research studies have shown that Graston Technique can help separate and break down collagen cross-links (i.e. scar tissue and fascial adhesions); inhibit abnormal muscle tone (muscle guarding); modify neural sensitivity and input; help with angiogenesis to an area (stimulation of new blood vessels and localized blood flow); and increase cellular activity in the tissue (recruiting fibroblasts and mast cells for proper healing).

In order to effectively treat a particular condition, healthcare professionals need

to complete the Graston Technique basic course; some complete the advanced course and become Graston Technique specialists. Through these courses, clinicians learn a variety of treatment strokes, sequencing of those strokes, how to integrate Graston Technique with therapeutic exercise and stretching, indications and contraindications and the variety of conditions that may benefit from this type of treatment.

Graston Technique can be used to treat a host of injuries, including tennis or golfer's elbow, Achilles tendonopathy, patellar tendonopathy, sprains and strains, cervicogenic or tension headaches, carpal tunnel syndrome, plantar fasciitis, rotator cuff tendonopathy, back pain and many more. Most people are able to pick out at least a couple of conditions from this list that they have experienced before.

Through a combination of Graston Technique and therapeutic exercise, pain from these conditions can be reduced and motion restored. In the clinic, we often see these injuries from soccer, basketball, cycling/spinning, tennis, golf and baseball and from the gym. Everyone from professional athletes to the weekend warrior to the less active are susceptible. Regardless of how it happened, an injury needs to be evaluated and treated so that you can get back to functioning at a more effective, pain-free level.

At ProClinix Sports Physical Therapy, our physical therapists, certified athletic trainers

and chiropractors use instrument-assisted soft tissue mobilization along with other manual techniques and exercises in treating patients. Benefits of Graston Technique can be experienced with routine maintenance, acute injury or that chronic issue you have been putting off in hopes of it going away on its own. So come get evaluated by one of our practitioners today.

Justen Lopez is a certified athletic trainer at ProClinix Sports Physical Therapy & Chiropractic in Pleasantville and Armonk. For more information about this article or about ProClinix, he can be reached at 914-202-0700 or at Justen.proclinix@gmail.com. Also visit www.ProClinix.com.

Guest Column

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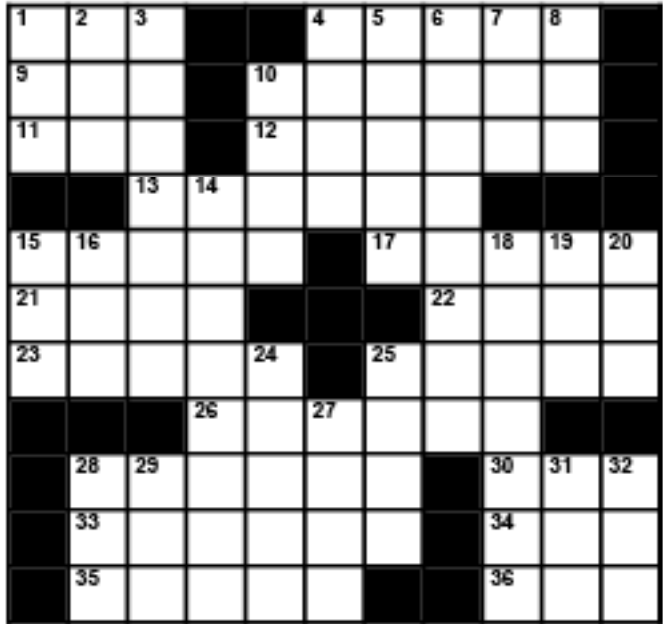
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Crossword by Myles Mellor



Across

1. Sleeping place

4. Not cool any more

9. Crew member

10. Sublet

11. Vein contents

12. His first restaurant in Yorktown was so nice, he did it twice, now open in Somers, ___ II

13. Free ___ (1850s abolitionist)

15. Cover anew, as a plot

17. Evasive

21. Tool for a duel

22. Cancel

23. Ziti, e.g.

25. "Little dancer of fourteen years" painter

26. Leader's cry

28. More rotten, as timber

30. Beach Boys' "Barbara ___"

33. New hair salon in Yorktown that is anything but "ordinary." "Lala's

Down

1. Ghost's cry

2. Lend it or bend it

3. Dons clothes

4. Nuisance

5. Rainbow-like

6. Pirate

7. Elder

8. Dolls of the 80s

10. Away, as a game

14. Fighting directly

15. Agent (abbr.)

16. Mileage rating org.

18. Summer time

19. Model Carangi

20. Gridiron gains, abbr.

24. Soulful Baker

25. Ste. Jeanne ___

27. Dam

28. Naro's org.

29. Opioid in slang

31. King Cole musician

32. Ice hockey org.

Solution on page 14



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Kimberley first gained fame from the 2003 American Idol TV show where she placed third behind Ruben Studdard & Clay Aiken. Accompanied by a full orchestra, she will perform from the Great American Songbook and some of her recent hits.

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Pros and Cons of Staying in the Same Town, Same Home

While most people move an average of five to seven years, there are those who remain in the same home for the long term.

Some might consider this situation dull and uneventful, but as someone who has lived most of his adult life in the same town and in only one house for 43 years, then in a condo for the last five years just three miles away, I can attest to it having some very satisfying benefits.

Within the year, I've been involved in two home sales involving young families relocating to another state, and both couples, under 45 with young children, appeared very excited about moving on to a new living experience. I wished them Godspeed.

As for my wife and me, we've passed up several opportunities through the years to relocate, perhaps influenced by our early married life which, for a number of reasons, involved five moves in less than five years. When we moved into our Westchester home after this peripatetic existence, which we found most disruptive and unpleasant, we adopted the oft-repeated phrase that the only way we were leaving this house would be in a pine box.

Morbid as that may sound, we were serious and our longevity in the house would attest to it. But, alas, all things do change eventually if one waits long enough. As empty-nesters living in a home with six bedrooms, we decided to downsize to a new condo, but in the same town.

As I look back on the benefits of staying the course as town residents, I've learned that owning a home is so much more than

the square footage of one's living space. The experience extends beyond the footprint to the property line, street, neighborhood, community, and most of all, to the people with whom we relate over a long period of time.

When we first moved to this area, my wife and I were the "kids" on the block and the majority of other residents were seniors, many of whom had bought their properties when they were unheated summer cottages. By the time we arrived, the homes had been converted to year-round residences and slowly they began to change hands to younger couples.

Then, we watched as those small houses developed larger footprints and, in some cases, were demolished to make room for new construction.

Many neighbors had come and gone, but we remained constant, and eventually became the most long-term citizens on our street.

We have become human time machines to the passing world, observing both subtle and seismic changes from the same perspective, relating to all of our neighbors and service providers as real people and friends, rather than the more anonymous existence we experienced in New York City.



By Bill Primavera

The very first person we met in town was George, our mailman, and we missed him when he retired. We became friends with Jimmy from UPS who tended to our needs in our home business for more than 20 years until he too retired, but we still keep up with him when my wife meets him in the supermarket.

In town I go to the same pharmacy, that until recently, had been owned by the same family since the early 1940s. I say hello to the new owner after relating to the former owner for almost 30 years. My wife and I frequently tell the story of the time our baby got sick when I was away on business and that pharmacist personally delivered the needed medication to our home.

As long-term homeowners, my wife and I developed strong ties to our community and enjoy participating with other residents in the governmental process, joining the Chamber of Commerce and pulling together for common causes from preserving open space to smart-growth development and joining forces to clean the roads on Earth Day.

Our daughter benefitted by being educated in just one school system, remaining friends to this day with children she met in kindergarten.

And, I became friends with service providers who made our lives easier. Martino the landscaper, Mike the pool man, Franco the carpenter, Butch the electrician and Ron at my car repair shop who knows every need and quirk of my car, among many others.

When I'm walking down a main street in town and someone honks, waves and calls me by name, I feel embraced by my lifestyle choice.

Is it these endearing things that have kept my wife and me in the same place for so

long, or is it that we've not encountered the situations that most frequently have people move?

Those reasons include a home becomes too small; a desire to upgrade; determining that you have made a mistake in the home you purchased; a job transfer; personal relationships (marriage, divorce); neighborhood changes; to see one's family more often – or less often; retirement; health problems; preferring to move, rather than fixing up; desiring a lifestyle change; and becoming an empty-nester.

Yes, finally, it was the last two items on the list that convinced us to move to a new home. But the town? We decided to stay put, thank you.

Bill Primavera is a Realtor® associated with William Raveis Real Estate and founder of Primavera Public Relations, Inc., the longest running public relations agency in Westchester (www.PrimaveraPR.com), specializing in lifestyles, real estate and development. His real estate site is www.PrimaveraRealEstate.com. To engage the services of The Home Guru and his team to market your home for sale, call 914-522-2076.



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WBT Recognizes Black History Month With 'Five Guys Named Moe'

In celebration of Black History Month, Westchester Broadway Theatre (WBT) pays tribute to Louis Jordan, the 1940s rhythm and blues singer, songwriter and bandleader, whose new approach to jazz paved the way for rock 'n' roll in the 1950s.

"Five Guys Named Moe," which is now on the WBT stage through Mar. 1, opens with Nomax, who is single, broke and drinking his sorrows away while listening to the radio at five in the morning. Five guys named Moe – Big Moe, Little Moe, Eat Moe, Know Moe and Four-eyed Moe – emerge from his radio to help him straighten out, ease his broken heart and sing and dance his way to love.

This joyful, jazzy show is the winner of London's coveted Lawrence Olivier Award and was originally produced by Cameron Mackintosh, ("Phantom of the Opera," "Les Misérables," "Miss Saigon," "Cats"). It is set to Jordan's iconic rhythm and blues/jazz score, including "Is You Is or Is You Ain't My Baby," "Choo Choo Ch'Boogie" and "Saturday Night Fish Fry."

The production stars Napoleon M. Douglas (NoMax,) Quentin Avery Brown (Eat Moe,) Tyler Johnson-Campion (No Moe), Douglas Lyons (Four-eyed Moe), Tony Perry (Big Moe) and Isaiah Reynolds (Little Moe). The cast also includes John E. Lucas and Marcus Blair.

Directed and choreographed by Richard Stafford, the associate choreographer is Kristyn Pope with set design by Steve Loftus, lighting design by Andrew Gmoser, sound design by Mark Zuckerman and costumes by Allison Kirstukas. Lisa Tiso is the producer.



The cast of the "Five Guys Named Moe," the current production at Westchester Broadway Theatre in Elmsford through Mar. 1.

Stafford returns to WBT, having directed and choreographed recent productions of "An American in Paris," "Anything Goes," "Annie Get Your Gun," "Saturday Night Fever," "Show Boat," "Mary Poppins," "Guys & Dolls," "Fiddler on the Roof" and many more.

On Broadway, he choreographed for "In My Life," was the associate choreographer for "Aspects of Love" and was the dance

supervisor for "Cats." His off-Broadway credits include choreography for "A Tree Grows in Brooklyn." Stafford is also a veteran of regional theaters around the county and has a long list of choreography credits, including "Dreamgirls," "Miss Saigon," "Curtains," "Dirty Rotten Scoundrels," "Beauty and the Beast," "Cats," "Oliver!" "Joseph...Dreamcoat," "The King and I," "Singin' in the Rain," "Crazy for You," "The

Best Little Whorehouse in Texas," "The Sound of Music," "Annie Get Your Gun" and "Evita."

Tickets for dinner and the show range from \$61 to \$91, plus tax, depending on the performance chosen. Beverage service and gratuities are not included in the ticket price. Discounts are available for children, students and senior citizens at selected performances. Also check the WBT website for ongoing special offers.

Lunch is served on Wednesday, Thursday and some Friday matinees at 11:30 a.m. with the show starting at 1 p.m. On Thursday, Friday and Saturday evenings, dinner is at 6:30 p.m. with showtime at 8 p.m. For Sunday matinees, lunch is at noon with the show at 1:30 p.m. and on Sunday evenings dinner is served at 5:30 p.m. with a 7 p.m. showtime.

For information and tickets, call 914-592-2222 or visit www.BroadwayTheatre.com. Discounts for groups of 20 or more can be reserved at 914-592-2225.

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The Cultural and Generational Dichotomy Over Alcohol Consumption



By Nick Antonaccio

In a December column I suggested that readers accept the Dry January challenge – 30 days of alcohol-free existence. A number of you took the challenge – including yours truly – and not only met the challenge, but felt it had an impact on their health and wallet.

As for myself, I succeeded in avoiding all alcohol, in spite of numerous wine events and tastings I attended (my mantra: sip and spit, no swallowing). However, for myself, abstinence does make the heart grow fonder. I have resumed my decades-old habit of consuming a glass of wine with dinner, with not a tinge of guilt.

As I immersed myself in the ritual of Dry January, I delved deeper into the drinking habits of American generations. Much scrutiny is focused on the millennials. They are the "health-conscious" generation. They will not repeat the bad habits of previous generations. Plant protein is now the favored alternative to animal protein. Soft drinks are the beverage of choice. Low-alcohol hard seltzer is the acceptable choice for alcohol consumption.

In my opinion, the lifestyle of many millennials receives more attention than is warranted. This health-conscious generation, in certain respects, is the antithesis of the free-spirited, excessive-

smoking (legal and illegal), alcohol-consuming baby boomer generation. Their lifestyle considers the body a temple, to be revered and respected in all daily decisions.

What is not considered is that baby boomers have decades of life experiences and discretionary income (and far less education debt) to enjoy the finer things in life.

But which generation has the better life focus? The free-spirited 56- to 74-year-old boomers or the more conservative-rooted 20- to 38-year-old millennials?

If it's not clear, I'm of the pre-alphabet, baby boomer generation, or if we must all have alphabetical labels, Generation W. With that as a point of context, allow me to analyze the habits of Generation Y and the generation being influenced by them, Generation Z.

I recently read a press release from a web-based consumer-tracking company, Criteo, that "Gen-Z and Millennials are constantly seeking products that not only fit into social trends, but also elevate life experiences."

Hmm, like the Keto diet? "I'm limiting my carbs and increasing my high-protein intake (typically from fatty foods) to lose weight and improve my overall health" is the mantra of these proponents. And it is the most popular diet in the United States – right now.

With these trends evolving, what are the younger generations consuming as their

beverages of choice? Many have become "sober curious," evaluating their alcohol decisions and choices as they interface with their peers in social settings.

According to polling company Nielsen CGA, consumption of low-alcohol and no-alcohol products is expected to grow 32 percent by 2022 from current levels. The beverages of choice?

First, soft drinks. Counterintuitively, retail sales grew 2.9 percent in the past year. Many drinks in this category are high in caffeine and artificially sweetened, concocted in laboratories and mass-produced in factories. Alcohol-free, certainly, but healthier than red wine?

Second, hard seltzers. This category is booming over the past year. Moderate consumption seems to trump other sources of alcohol consumption. Low alcohol, certainly, but healthier than red wine?

Let's compare low-alcohol alternatives, such as White Claw hard seltzer, to wine.

The nutrition profiles of a single serving: Hard seltzers: 100 calories, three carbohydrates, 5 percent (White Claw) to 14 percent (Four Loko) alcohol by volume.

Red wine: 110 calories, four carbohydrates, 6 percent (many Moscatos, Rieslings) to 14 percent (a number of Cabernet Sauvignons and Zinfandels) alcohol by volume.

And did I mention that wine fits the profile of millennial preferences: a plant-

based product that is gluten-free and low in carbohydrates?

The alcohol in wine is without question a negative component of this favored beverage. Yet, as in all things, moderation and drinking responsibly are key to its craftsmanship, complexity and sophistication over factory-produced alternatives.

You be the judge as you consider your choices.

Nick Antonaccio is a 40-year Pleasantville resident. For over 25 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.



You Heard It
Through the
Grapevine

Happenings

Tuesday, Feb. 11

Tinker Tuesdays. Heron's Fountain. Learn to recreate Heron's Fountain, a perpetual motion, self-filling fountain; 4 p.m., White Plains Library, 100 Martine Ave., White Plains.

Black History Month Film Series. Hidden Figures (PG, 2017, 127min). Celebrate Black History Month and the International Day of Women and Girls in Science! As the United States raced against Russia to put a man in space, NASA found untapped talent in a group of African-American female mathematicians that served as the brains behind one of the greatest operations in U.S. history. Based on the unbelievably true life stories of three of these women, known as "human computers", we follow these women as they quickly rose the ranks of NASA alongside many of history's greatest minds specifically tasked with calculating the momentous launch of astronaut John Glenn into orbit, and guaranteeing his safe return. Dorothy Vaughn, Mary Jackson, and Katherine Johnson crossed all gender, race, and professional lines while their brilliance and desire to dream big, beyond anything ever accomplished before by the human race, firmly cemented them in U.S. history as true American heroes; 6:30 p.m. at White Plains Library, 100 Martine Ave., White Plains.

Tuesdays@Dorries. Peter H. Morgan, DC (Doctor of Chiropractic) will talk about "The Spiritual Law of Giving and Receiving." Peter Morgan is a chiropractor and is President and Founder of Mission Life International and Mission Life International Family Orphanage. He has been engaged in private chiropractic practice since 1986 and is founder and owner of Rye Neck Chiropractic. Weekly table talkers. All are welcome. Food ordering begins at 5:15 p.m. Presentation 6 to 7 p.m. Dorries Diner, 468 Mamaroneck Ave., White Plains.

Adoption: Everything You Need to Know. Open to anyone interested in or involved with the adoption process, including professionals, community members, expectant parents, adoptive or prospective adoptive parents and adoptees. Learn about the domestic adoption process and meet the staff of Forever Families Through Adoption, which is Hague accredited and authorized in New York and Connecticut. Port Chester-Rye Brook Public Library, 1 Haseco Ave.,

Port Chester. 6 to 7:30 p.m. Free. Info: 914-939-1180, visit

John Jay Homestead Scholars Lectures. Steve Luxenberg, author of "Separate: The Story of Plessy v. Ferguson, and America's Journey from Slavery to Segregation" will appear. His book traces the careful building in 1896 of a test case to establish freedom from race-based segregation in public accommodations. The strategy backfired badly in Plessy v. Ferguson, when the Supreme Court ruled that "separate but equal" did not violate the Constitution. Justice John Marshall Harlan was the sole dissenter, declaring that "the Constitution is color-blind" and it would take 60 years to reverse the precedent, in Brown v. Board of Education. Luxenberg is an associate editor at The Washington Post and oversaw reporting that won two Pulitzers. John Jay Homestead, 400 Jay St. (Route 22), Katonah. Refreshments at 6:30 p.m. Lecture at 7 p.m. Members: \$20. Non-members: \$25; Students: Free (registration required). Info and registration: Visit www.johnjayhomestead.org.

Composers' Concert: The Music of Jacob Friedman, Phillip Martin and Pat Rasile. A program of original compositions by composers of St. James the Less. Followed by a reception. The Church of St. James the Less, 10 Church Lane, Scarsdale. 7 p.m. Free; a suggested \$20 donation is welcome. Info: 914-723.6100 or visit www.stjamescarsdale.org.

Wednesday, Feb. 12

Noonday Getaway Concert. Xinyao Feng - 2018 Laureate of the New York International Piano Competition. Presented in partnership with the Stecher and Horowitz Foundation. 30-minute, free concert (donations accepted) begins at 12:10 p.m. at Grace Church, White Plains. This concert is made possible, in part, with the support of Dagher Engineering, PLLC.

Lunchtime Meditation. A weekly meditation program. Brief beginning instruction will be followed by meditation. No experience or special equipment needed. A guest instructor will lead the program the first Wednesday of each month. 12:15 p.m. For more information, please contact Christiane Deschamps at 914-422-1496 or cdeschamps@whiteplainsny.gov, White Plains Library, 100 Martine Ave., White Plains.

Thursday, Feb. 13

Black History Month Film Series. Selma (PG-13, 2014, 128min). Ava DuVernay made history with "Selma" in 2014, becoming the first black woman to have her film nominated for "Best Picture" at the Oscars. Selma tells the story of civil-rights activists' march from Selma, Alabama, to Montgomery to secure voting rights for black Americans and focuses on the actions of Martin Luther King Jr.; 6:30 p.m. at White Plains Library, 100 Martine Ave., White Plains.

Friday, Feb. 14

Great Composers Lecture Series: Heaven, Hell and Hollywood, Life and

The Examiner is happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event to pcasey@theexaminernews.com. For a full listing of the upcoming week's events, visit www.theexaminernews.com and click on **Happenings**.

Music in Exile. In the period before, during and after World War II, Los Angeles was home to as large an assemblage of musical talent than existed in any other major city. Arnold Schoenberg, Erich Korngold, Kurt Weill, Bruno Walter and countless other composers, instrumentalists and vocalists all sought a haven as they fled the ravages of war, tyranny and persecution. Some prospered in their new lives, others found frustration and some simply failed in their inability to adapt to The New World. Join renowned pianist and lecturer Michael Boriskin on a revelatory journey back to a singularly heady yet fraught time and place, populated by one of the most extraordinary, colorful and accomplished of all émigré communities. Hoff-Barthelson Music School, 25 School Lane, Scarsdale. 11 a.m. \$30. The school's students and their parents: Free. Space limited; reservations strongly encouraged. Info and reservations: 914-723-1169, visit www.hbms.org or e-mail hb@hbms.org.

Valentine's Day Jazz Jukebox. For something a little different this Valentine's Day, celebrate with a romantic night of sultry jazz classics featuring rising stars Samara McLendon and Lucy Wijands, who will be backed by the John DiMartino Trio. McLendon and Wijands will sing a playlist of well-loved favorites, followed by a set of audience requests. Tickets for adults includes two free glasses of beer, wine or soft drink. ArtsWestchester, 31 Mamaroneck Ave., White Plains. Doors open at 7:30 p.m. Concert at 8 p.m. Pair of tickets: \$35. Adults (single ticket): \$20. Students: \$10. Info and tickets: Visit www.artswestchester.org.

Paul Taylor Dance Company. Dancemaker Paul Taylor first presented his choreography with five other dancers in Manhattan on May 30, 1954. That modest performance marked the beginning of 64 years of unrivaled creativity, and in the decades that followed, Taylor became a cultural icon and one of American history's most celebrated artists, hailed as part of the pantheon that created American modern dance. The company will perform a specially selected program commemorating the late Taylor. PepsiCo Theatre at Purchase College, 735 Anderson Hill Rd., Purchase. 8 p.m. \$40 to \$85. Info and tickets: Visit www.wppac.com.

Saturday, Feb. 15

Winter Birds. Viewing a variety of birds from the live animal museum, participants are introduced to the basics of avian anatomy. They learn how to identify some of the most common winter residents and why some birds migrate and how others adapt to winter life. Children also make a pinecone feeder that they can hang outdoors to attract winged visitors. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 1 to 2 p.m. Members: \$5. Non-members: \$8. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

Country Love Song Jukebox With Molly Adele Brown. "Have I Told You Lately That I Love You," "If Tomorrow Never Comes," "Ring of Fire," what song would you dedicated to your beloved? In the spirit of all things romantic, and just in time to celebrate with your Valentine, hear Nashville-based singer-songwriter Molly

Adele Brown during a night of country love songs. The audience will have a chance to set the playlist and dedicate their favorite song to their special somebody. Tickets for adults includes two free glasses of beer, wine or soft drink. ArtsWestchester, 31 Mamaroneck Ave., White Plains. Doors open at 7:30 p.m. Concert at 8 p.m. Pair of tickets: \$35. Adults (single ticket): \$20. Students: \$10. Info and tickets: Visit www.artswestchester.org.

The Manhattan Transfer. This group remains a cornerstone for great pop and jazz hits, a legacy that the group has cemented since their first recording 41 years ago. The legendary quartet has been awarded 10 Grammy Awards and has been inducted into the Vocal Group Hall of Fame. The Manhattan Transfer today is Trist Curless, Janis Siegel, Alan Paul and Cheryl Bentley, all of whom are conscious of maintaining the integrity and artistry left by founding member Time Hauser, who passed away in 2014. They continue to bring unique and extraordinary melodic and jazz-infused vocals to new and established audiences that span generations. PepsiCo Theatre at Purchase College, 735 Anderson Hill Rd., Purchase. 8 p.m. \$40 to \$85. Info and tickets: Visit www.artscenter.org.

Kimberley Locke: "The Sum of All Parts." Locke burst onto the national stage on American Idol, finishing in the top three. She was then signed to Curb Records, where she enjoyed a very successful career, landing eight Top 20 Adult Contemporary hits and four #1 Dance hits across various Billboard charts. This show is a journey from a world of black and white to technicolor, much like her idol, Judy Garland. This one-woman show will feature songs from Garland to Locke's contemporary chart hits. White Plains Performing Arts Center, 11 Park City Place. White Plains. 8 p.m. \$37 to \$59. Info and tickets: 914-328-1600 or visit www.wppac.com.

Sunday, Feb. 16

Black History Month Film Series. Ruby Bridges (NR, 1999, 120min). The inspiring true story of one little girl whose strength and dignity during the racially charged 1960s helped change history! When bright six-year-old Ruby is chosen to be the first African-American student to integrate her local New Orleans elementary school, she is subjected to the true ugliness of racism for the very first time. But guided by the love of her mother and father, Ruby's heroic struggle for a better education becomes a lesson for us all; 2 p.m., White Plains Library, 100 Martine Ave., White Plains.

Hibernation, Migration, Adaptation, Oh My! For forest animals, it's no easy task to stay alive through the winter. What would you do: migrate, hibernate or adapt? Each animal must make a choice. Meet some of the native animals to gain a better understanding on how they survive in winter. For all ages. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 1 to 2 p.m. Members: \$5. Non-members: \$8. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.



Crossword Solution from page 11



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The WHITE PLAINS Examiner Sports

Driving the Layne: Eighth-Grader Leads Tigers to Win

By Rob DiAntonio

White Plains girls basketball coach Benji Carter gave his eighth-grader Sequoia Layne some advice at practice one day.

"I've been challenging her," Carter said. "Also, I think with our weight room, she's been buying in. I told her, sometimes when you get stronger it builds your confidence and you can do more things. You're going against older girls and you being an eighth-grader, you have to get stronger. She said, 'You know what coach, I realized after that last game that I can do more and I've got to stop holding myself back.' Once she made that statement, you saw things had changed for her."

They sure changed when Layne scored a career-high 17 points and grabbed 10 rebounds in a 66-30 rout of host Horace Greeley last Thursday evening.

Greeley was celebrating its senior night and had a lengthy pregame ceremony. The Quakers came out with intensity, taking a 14-11 lead after one quarter against a lethargic



White Plains senior Julia Reggio skies for a shot over Greeley defenders in a 66-30 road win.



Aliya McIver goes up for two.

ROB DIANTONIO PHOTOS



Senior Savannah Williams cruises in for a layup after a steal.

Tiger squad.

White Plains came to life in the second quarter. Senior sharpshooter Julia Reggio started the scoring barrage, followed by India Newman to give the Tigers their first lead since the opening minute of the game.

"Even though I felt we were the better team, we couldn't take them lightly because they've played us hard before," Carter said. "We have to treat them like they're a team of a high caliber because anything can happen and it could not go our way like it did at Fox Lane. That timeout, I had to say a couple things to them to get them going and to get out of their laid back style."

Layne scored the next three baskets inside to make it 21-14 Tigers, prompting a Greeley timeout. Savannah Williams finished on a perfect pass from Ineivi Plata to cap off a 12-0 run midway through the

second quarter.

Plata spun and scored with 38 seconds left to send White Plains into halftime with a 32-18 lead.

The Tigers erupted in the third quarter, outscoring the Quakers 22-10 to take a commanding 54-28 lead into the final quarter. Reggio scored five straight points late in the quarter, followed by four consecutive points from freshman Aliya McIver, including a putback on her own missed free throw.

Perimeter shots weren't falling for the Tigers throughout the game, so they focused on attacking the basket, finishing inside and getting to the foul line.

"I always tell them that if you miss your first two your next five have to be layups," Carter said. "We did a lot of shooting yesterday. But when the jump shot isn't falling, it's good for them to start attacking

as they started doing. That's who we are."

It's a Tiger team that goes deep into the bench and doesn't miss a beat.

"Everybody understands their role and we have different skill sets," Carter noted. "If we can hit our perimeter shots as we talked about, it's going to be harder for teams to guard us. Being able to get deep (into the bench) like that, it just throws teams off. It's just a matter of us being on point mentally and physically."

McIver finished with 15 points and four assists while Reggio added 12 points and four steals. Williams netted six points and secured five rebounds. Plata had four points and three assists.

White Plains, which holds a 12-6 record, closes out the regular season with games

continued on page 19

EXAMINER SPORTS

Tigers Chase Quakers for Share of Conference 1D Title

By Albert Coqueran

On Thursday, Feb. 6, White Plains High School could not contend with Horace Greeley High School's frontcourt presence of senior Chris Melis and sophomore Nick Townsend. The Quakers inside duo combined for 49 points and 28 rebounds to beat the Tigers, 73-55, at White Plains High School.

Townsend notched a double-double of 27 points and 20 rebounds, as Melis, who was one of the top five players in Section 1 last season, scored 20 points and snatched eight rebounds in the game.

Remarkably, this was the 14th straight victory for the Quakers this season, while completing their regular season at 17-3 overall and 6-1 Conference 1 League D. On Thursday, after beating White Plains, the Quakers remained in first place in Conference 1D with at least a share of the regular season League Title secured.

"It feels great. It was a good win for us. White Plains is tough team with two good players and a great coach who tested us today," commented Melis.

However, the Tigers (14-5, 4-1) could share the League Title with the Quakers, if they win their remaining two games of the regular season. The Tigers need to record a victory to celebrate their "Senior Day" against Port Chester High School to remain in contention for the League Title.

Then the Tigers will have to travel to Ossining High School on Wednesday, Feb. 12 and beat the Pride to close out the regular season in order to share the League Title with the Quakers. This should not be an insurmountable task while noting that the Tigers have already convincingly beaten the Pride, 77-49, at home on Jan. 29.

As of Sunday, Feb. 9, both White Plains and Horace Greeley had one league loss apiece with both losses coming against each other. White Plains defeated Greeley, by 32 points, 69-37, on Dec. 21, at the Slam Dunk Tournament at the Westchester County Center.

However, when the Tigers beat Greeley in December in the Slam Dunk, both Quakers stars Melis and Townsend were sidelined



ALBERT COQUERAN PHOTOS

Horace Greeley's sophomore Nick Townsend (left) gets position on Tigers Quion Burns under the basket. Townsend scored 27 points and grabbed 22 rebounds as the Quakers beat the Tigers, 73-55, on Thursday, at WPHS.



The Tigers brought in 6' 4" senior Johnny Pasqualini (right) to protect the frontcourt. But Greeley's Chris Melis (left) still managed 22 points and eight rebounds, while scoring 10 points in the fourth quarter and shooting 8-of-9 from the foul line.



Tigers Quion Burns (right) drives to the hoop around Quakers Sean Dunlevy for two of his game-high 31 points. But Burns' efforts were not enough as Horace Greeley handed White Plains their first League loss this season, 73-55.

with injuries. The difference in the regular season rematch on Thursday was quite evident with the Quakers "Big Two" running the court on offense and defense while resembling two Division 1 college players.

"It was a great game. There was a League Championship on the line or at least a Co-Championship and our guys wanted that title. Also, they wanted a little revenge for the whipping we took at the County Center against them," said Quakers first-year Head Coach Matt Simone.

Tigers leading scorer Quion Burns did his best to combat the Quakers dynamic duo while scoring 31 points in the loss on Thursday. Forward Jayon Norwood playing injured still contributed 10 points but he suffered from the foul line converting only 3-of-9 and made only one three-pointer in the game.

Sophomore Elijah Pierre was impressive down the stretch scoring eight of the Tigers' 13 points in the fourth quarter. Nonetheless, Tigers point guard Tymir Greene scored only two points against the Quakers. Consequentially, the Tigers must have that third double-digit scorer in Greene to win, unless Joe Carrier, Mehki Woodbury or Pierre can step up to the task.

"Elijah was out-weighted by forty pounds and battled on the boards. A sophomore battling like that, I was impressed with him. But we have to play better team defense to beat a team like this," stated Tigers Head Coach Spencer Mayfield.

The Tigers did bounce back with an inspiring non-league victory over Eagle Academy, 60-54, on Saturday at WPHS. Burns led the scoring with 29 points and Norwood added 17 points.

Tigers' senior forwards Quion Burns and Jayon Norwood were selected All-League, All-Conference and All-Section this season. Tymir Greene was also distinguished as All-League and All-Conference. Congratulations to Burns, Norwood and Greene for their efforts thus far this season!



White Plains Jayon Norwood (center) tried his best to contain Horace Greeley's Chris Melis (left), one of the top players in Section 1 last season, but Melis scored 22 points and grabbed eight rebounds as the Quakers defeated the Tigers.



Tigers Mehki Woodbury (underneath) fights for possession with Quakers Connor Melis (#23). It was a feisty game with each team receiving a technical foul. But Horace Greeley survived, 73-55, to win their 14th straight game.

..... EXAMINER SPORTS

Stepinac Signing Day Inks Eight More Seniors to Colleges

By Albert Coqueran

On Wednesday, Feb. 5, in the Stepinac High School Gym, eight members of the 2019 Crusaders football team signed Letters of Intent to attend college. The eight seniors led by guard Ajani Cornelius will further their education and enhance the football programs at six different colleges in September.

Cornelius signed to play for the University of Rhode Island of the NCAA Division 1 Colonial Athletic Association. Cornelius signing with the Rams indicates that he will play against his former teammate, quarterback Joey Carino, on Oct.10, 2020, at Meade Stadium, in Kingston, Rhode Island. On Dec. 18, Carino signed his Letter of Intent to play for the University of Albany, whose football team also competes in the CAA.

Alvernia University has upgraded their football team by signing three members of the Crusaders Football Team Class of 2020. Joining the Golden Wolves in September will be defensive tackle Justis Brunson, defensive back Jamel Fleming and linebacker Jaylen Montgomery. Alvernia competes in NCAA Division III Middle Athletic Conference (MAC) and is located in Reading, Pennsylvania.

Stepinac running back/cornerback Mekhi Green decided to stay local and will play for Pace University in Pleasantville. The Setters compete in the Division II Northeast-10



PHOTOS COURTESY OF STEPINAC ATHLETICS

Ajani Cornelius was a steadfast guard who started for three years on the Stepinac Varsity Football Team. On Wednesday, Feb. 5, his hard work paid off when he signed a Letter of Intent to attend and play for NCAA Division 1 University of Rhode Island.

Local football fans will not have to travel far to see Stepinac running back/cornerback Mekhi Green play in college next season. Green signed a Letter of Intent to attend and play for Pace University in Pleasantville.

Conference. Speedster Quentin McCauley will take his wide receiver skills to Trinity College of the Division III New England Small College Athletic Conference (NESCAC) and guard Michael Tartaglia will play for Williams College also of the NESCAC.

Also senior defensive tackle Amari Broady inked a Letter of Intent to play for Southern Connecticut State University of the Division II Northeast-10 Conference.

On Dec. 18, besides Carino, previous

signings included, Zachery Barnes going to Williams College, Matt Hallas, Wesleyan College and Kevin McKenna, who signed a Letter of Intent to play Lacrosse at Utah University and will be a Preferred Walk-On for the Utes football team.

Driving the Layne: Eighth-Grader Leads Tigers to Win

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against Port Chester and Ossining. The Tigers were scheduled to travel to Port Chester on Monday, Feb. 10. They then finish the regular season by hosting defending Class AA state champion Ossining for senior night at 4:30 p.m. on Feb. 12.

“We’re looking forward to the Ossining game because we felt like we gave that game away,” Carter said of the first meeting with the Pride, which they lost 63-48 on the road back on Jan. 29. “We let them out-hustle us and outthink us. We’re ready for them.”



White Plains freshman Aliya McIver drives the baseline.



Adriana Moreno looks to finish a contested shot in the paint.



The Tigers’ Daisy Klink fires a jumper from the wing.



Ineivi Plata takes a baseline jumper.

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