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White Plains Soccer Team Wins Season Opener



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SMALL NEWS IS BIG NEWS

Volume 9, Issue 420

County Unveils Memorial to Honor Slain Police Officer

By Martin Wilbur

Christopher Ridley's mother remembered that when her son was young, he mentioned to her that he would become famous one day.

Little did Felita Bouche know that his comment would be prophetic but under the most tragic of circumstances.

Westchester County unveiled the Detective Christopher A. Ridley Memorial in front of 85 Court St. in White Plains during a ceremony last Saturday morning attended by friends, family and local and county officials.

The roughly 1,500-pound solid granite monument stands at the location where Ridley, a member of the Mount Vernon Police Department, died on Jan. 25, 2008, trying to help two people who were being assaulted. The 23-year-old off-duty detective, who grew up and lived in Mount Vernon and had served the police force for one year, left the safety of his vehicle but was mistakenly



The memorial dedicated to the late Mount Vernon police Detective Christopher A. Ridley, inset, was dedicated last Saturday morning with county officials and Ridley's family on hand. Ridley was killed in 2008 where the memorial now stands when he rushed to the assistance of two assault victims in White Plains but was mistaken by responding officers as the perpetrator.

killed by responding law enforcement who believed he was the suspect.

Bouche said assisting others was a quality that was instilled in her son from a young age.

"My dad's military, so in our family we always helped others (because) you will be helped," she said. "You may not be helped by that person but the favor will return itself."

Ridley's father, Stanley Ridley, called his son an inspiration for putting others in front of himself.

"Christopher's memory is one of the many great contributions that will come out of Mount Vernon's community," he said. "He may no longer be ours, but now his memory belongs to this world."

The monument, designed by the county's Associate Planner for Urban Design Suzette Lopane, is anchored in front of the Department of Social Services (DSS) building. It contains an engraved image of Ridley with an explanation of the events

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Greenburgh's Feiner to Be Challenged By Independent Candidate

By Neal Rentz

For the first time in a dozen years, longtime Greenburgh Supervisor Paul Feiner will have an opponent this November.

Candidate Louis Cioffi will be on the ballot this fall appearing only on the Greenburgh Party line.

Feiner, a Democrat who has served the town as supervisor for the last 28 years, is facing his first competitive race since 2007.

Cioffi, 39, making his first run for public office, said he was intrigued to run because the supervisor's post is local and its occupant has the opportunity to address local issues. He also mentioned that it's important for Feiner to have an opponent.

"Without competition, our local leaders can get lazy," said Cioffi, adding that he does not plan to make a career out of local politics. "I worked in open government with federal agencies from 2009 to 2011, and I've seen that when we empower people with information, they can provide valuable insights to help government work more efficiently. Everyone in Greenburgh knows they pay a lot in taxes, but they don't have confidence that the money is being spent well. Working in the open will help us earn their trust."

If elected, Cioffi said he would seek to reduce spending without cutting services, including making sure the town receives competitive bids for any major contracts. For



Independent candidate Louis Cioffi is running against longtime Greenburgh Supervisor Paul Feiner this fall.

example, the town signed a \$5 million contract to clean its water towers after receiving just one bid while Yonkers received five bids for similar work.

He plans to review every department and reward town employees who identify cost-saving measures. He also hopes to increase outreach and programming for at-risk youth.

Cioffi criticized Feiner for the favors he has provided certain residents.

"I believe a town government should run on fairness, not favors," Cioffi said. "The supervisor should not be in the middle of every request you make to our local government in order to curry favor with voters. A town of our size

should have a professional system for connecting residents and the departments; we should definitely not have one man in the middle."

He said Feiner and the Town Board handled an application poorly from a church that was seeking to build on land it owned on Dobbs Ferry Road. The U.S. Court of Appeals, 2nd Circuit, concluded in a 2012 decision that the town's actions were arbitrary, capricious and discriminatory when it "attempted to extort from the church a payment in lieu of taxes."

"By working in the open, in partnership with Greenburgh residents, our town government will make better decisions, avoid

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County Unveils Memorial to Honor Slain Police Officer

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surrounding his death. On its back, the poem "I Rise" by Maya Angelou is engraved.

Lopane said she began consulting with the family in July 2018 and reviewed various ideas before they agreed on the final design. The county Board of Legislators approved its creation early last year. A groundbreaking was held on the 11th anniversary of Ridley's death last January.

Pastor W. Franklyn Richardson of the Grace Baptist Church in White Plains commended the county for stepping forward and acknowledging Ridley's service and sacrifice. The area in front of the DSS building had been previously dedicated to Ridley with a plaque but didn't catch the attention of many passersby.

After close to a decade, county officials agreed that a monument to recognize Ridley's sacrifice would be a fitting tribute.

"It's also saying we own the mistakes and we don't want it to ever go away, we can't sweep it under the rug, and anytime you drive by here you will remember that a young man gave his life," Richardson said. "You will remember that the county did not back away, but stepped forward



MARTIN WILBUR PHOTO
Family, friends, officials and representatives of the Mount Vernon Police Department attend last Saturday's dedication ceremony in White Plains.

and recognized that justice, recognized that compassion."

The push for the monument received support from County Executive George Latimer not only because of Ridley's

sacrifice but that his death reverberated in communities throughout Westchester.

"This life mattered to the people who loved him and related to him, but his life mattered for all of us in the City of Mount

Vernon and the City of White Plains and in the County of Westchester," Latimer said. "There are so many people that helped make this moment happen, but for as long as there is a Court Street, as long as there is a White Plains and the county as an entity, there will always be this to remember because of the man he was, not merely because of the way he lost his life."

County Legislator Lyndon Williams (D-Mount Vernon) called Ridley "a hero" for willing to put his own life at risk in coming to the aid of others.

Deputy County Executive Kenneth Jenkins, who served as the host for the 40-minute ceremony, said he hoped that Ridley's actions will inspire others to a life of service.

"It is our sincere hope that this memorial will not only immortalize Christopher's life of sacrifice but will also serve to educate and inspire citizens and leaders in all communities to live in a spirit of peace, justice and reciprocity," Jenkins said.

Ridley was posthumously promoted to detective by the Mount Vernon Police Department.

Greenburgh's Feiner to Be Challenged By Independent Candidate

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costly mistakes and earn the public's trust," Cioffi said. "The dispute was settled for \$6.5 million – the largest amount ever paid by a municipality in the United States to settle claims of religious discrimination – and is still being paid off today."

Under his administration, there would be no backroom deals with developers even though the town needs commercial development, Cioffi said.

Feiner said he welcomes the competition and a chance to talk about the issues facing

the town. "I feel it's important in a democracy for voters to have a choice," Feiner said.

He defended his record as supervisor, saying Greenburgh is well run and that the town maintains a AAA bond rating, the highest rating possible, from Standard & Poor's and Moody's.

"We have kept taxes below the tax cap, another success story," Feiner said. "Constituent complaints are responded to almost immediately, day, night, weekends, late evenings – even after midnight – something probably no other government does. I'm not the only town official who responds; department heads frequently do the same."

Feiner, 63, also said the town is constantly moving forward. Recently, new sidewalks were installed on Columbia Avenue and on Fair Street. The town also received a grant of more than \$1 million to build a new sidewalk on Hillside Avenue from Tarrytown Road to Granada Crescent and on Old Tarrytown Road, he said.

Feiner mentioned that Greenburgh is the first community in Westchester to have retrofitted a field for cricket and he successfully organized a lobbying effort to get Metro-North to install elevators at the Hartsdale train station. Work will commence next year.

In January, the town increased the frequency of the pickup of its paper and commingled recycling from once every other week to once a week and started food composting, Feiner said. An agreement to transform the abandoned WESTHELP homeless shelter into affordable housing was reached and an upgrade of the water supply management system that will connect the Rumbrook and Knollwood pumping stations will provide a continuous water supply even if maintenance is required.

Feiner said he posts daily e-mail alerts on the town's website encourages residents to call his cell phone.

"We have the strongest ethics law in the nation – incumbents cannot accept campaign contributions from developers, contractors and those representing applicants," Feiner said. "And we have created land use committees made up of citizens who live near proposed developments. We invite their participation in the review process, in selecting consultants and keep them informed."

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Volunteers Sought to Sign Up for Sept. 11 Day of Service Projects

By Martin Wilbur

As another anniversary of the Sept. 11 terrorist attacks approaches, it is natural to wonder the best way to remember and honor the nearly 3,000 lives that were lost that day.

Since 2011, Westchester County has partnered with Volunteer New York! to hold 9/11: Serve + Remember, an effort where residents can participate in one or more volunteer efforts throughout the day to help a nonprofit organization or another worthy cause.

Alisa Kesten, executive director of Volunteer New York! said many of the victims' families have fought hard to have Sept. 11 become a national day of service to help communities and the less fortunate around the United States.

"They did so to create a legacy, a legacy that will always be around, that should always be remembered, and we do that each year by doing good together for our community," Kesten said during an announcement last Thursday afternoon at Kensico Dam Plaza in Valhalla to promote the Serve + Remember program.

Volunteer efforts around Westchester, Rockland and Putnam counties will actually start this weekend, Sept. 7 and 8, for those who may not have the time on a workday to participate, she said. Some of the efforts include creating literacy kits for Head Start programs, providing clothing to children from needy families, packing back-to-school



Alisa Kesten, executive director of Volunteer New York! explains how people can get sign up to help one of 35 nonprofit organizations this weekend or on Sept. 11 as part of Westchester's Serve + Remember service projects effort.

kits, spending time with seniors or working to clean and restore environmentally sensitive areas such as trail and lake clean up at Teatown Lake Reservation.

Then next Wednesday, Sept. 11, people will be able to participate in a service project at the County Center in White Plains to help about 35 nonprofit organizations. Residents can donate blood, support families in

emergency shelters, package and donate diapers or help to feed the hungry by making sandwiches, among many other projects.

Last year, a few thousand people were estimated to have signed up for Serve + Remember, according to Volunteer New York! and it's looking for even greater response this year. Most of the activities this weekend and on Sept. 11 are appropriate for families with children.

County Executive George Latimer said volunteering to help community organizations is not only a way for people to make a difference

on a day that remains difficult for many Americans, but to help others have a better life.

"This program brings some closure to those of us who remember that day personally, most of us here, not all of us," Latimer said. "It brings closure to that. It's a way to honor those lives that were lost

and those lives that were changed forever that day to put something positive to what is horrific."

David Singer, of Robison Oil, one of the sponsors of Serve + Remember, said instead of feeling helpless and hopeless, the program can encourage anyone to give of themselves for one day. For many who have participated before, volunteerism can become contagious and it is something that is done on a regular basis, he said.

Board of Legislators Chairman Ben Boykin (D-White Plains) said when volunteers step forward, they often help to transform lives.

"It is very important to volunteer because we help those that are less fortunate, we help those in need and in pain," Boykin said. "We're helping those that if we give a little push to it may make the world a better place."

For anyone interested in participating on Sept. 7, 8 or 11, they can view the list of projects for each day and register by visiting www.volunteernewyork.org/service or by calling 914-948-4452.

County to Hold 9/11 Memorial Ceremony

Westchester County will be honoring and remembering the Westchester residents who were killed on Sept. 11, 2001, with a memorial ceremony at The Rising located at Kensico Dam Plaza in Valhalla. For anyone wanting to attend, an RSVP is encouraged by e-mailing Communications@WestchesterGov.com.

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White Plains Hospital, School District Partner to Save Lives

By Abby Luby

In a large classroom at White Plains High School last Wednesday morning, a teacher placed a tourniquet on a mannequin while guided by a nurse.

The life-saving instruction is part of the Stop the Bleed campaign started by the White House in 2015. The initiative was adopted last year by nurses and doctors at White Plains Hospital in a broad outreach that offered lifesaving skills to the community.

The hospital formed a partnership with the White Plains School District, resulting in training 66 teachers, staffers, coaches and administrators in essential skills to use in emergency situations. To date, White Plains Hospital has 30 master trainers who teach how to treat wounds. The initial training session takes about an hour-and-a-half.

Dr. Farrukh Jafri, assistant director of education and simulation in White Plains Hospital's Emergency Department, was at the high school Wednesday to see how much teachers retained from the first class earlier this year. The idea is to train ordinary citizens who often are the first to reach victims before first-responders arrive in life-threatening emergencies.

"We are here to make sure everyone in



Dr. Farrukh Jafri, left, assistant director of education and simulation in the Emergency Department at White Plains Hospital, and intern Nicholas Dadario, during last Wednesday's training at the latest Stop the Bleed training session. It is designed to help school personnel apply lifesaving techniques in an emergency.



ABBY LUBY PHOTOS

Pictured, left to right, are Dr. Frank Quintero of White Plains Hospital along with nurses Doreen Mirante, Bernadette Amicucci, Kelly Ellsworth and Samantha Silvester during last Wednesday's Stop the Bleed training session in White Plains.

the school district has the skill set to save a life in any type of accident," Jafri said. "We know that an emergency patient who arrives at a hospital with a tourniquet has better chance of survival."

A five-minute assessment session checks teachers' ability to use tourniquets and to correctly pack wounds. Teachers demonstrated their skills at a tourniquet station and then at a wound packing station before receiving feedback from the trainers. Some teachers practice on what's known as high-fidelity mannequins.

"These mannequins mimic bleeding, have a pulse, appear to be breathing, can sweat and vomit," explained Nicholas Dadario, a pre-med student at Binghamton University and Jafri's intern for the last two years.

The Stop Bleed kit contains essential items to control bleeding, including tourniquets, pressure bandages, a hemostatic agent and gloves.

School officials encouraged the training as part of the district's Emergency Preparedness for this week's resumption of classes. Dr. Joseph Ricca, White Plains' superintendent of schools, acknowledged that recent mass shootings made the district aggressively pursue the Stop the Bleed training for all of the district's schools.

"I definitely think there's heightened focus related to the mass shootings but this

training will also be more useful on a daily basis," Ricca said. "We know that responding this quickly to a catastrophic injury is truly the difference between life and death."

Ricca, who took the initial training session, praised the strong partnership between White Plains Hospital and the school district.

"For us to come together and provide the opportunity to learn these skills and then being able to share it with other medical professionals and school districts is very positive," he said.

Ricca hopes other districts and local area hospitals can also partner to train school personnel.

Jafri said the training is essential because when a serious accident does occur, first responders often can't get to the scene fast enough.

"Instructing teachers how to identify life-threatening bleeding and what to do about it is crucial to saving a life," Jafri said. "But this is really much more than a mass casualty program for the community, it's



Dr. Frank Quintero of White Plains Hospital demonstrates how to apply a tourniquet.

really how to save a life in the event of any type of extremity injury, any type of trauma. It could be a workplace accident, a car accident or an accident as tragic as a school shooting. There's a spectrum of trauma that could happen and the idea of this program is to empower the community to save a life in those crucial few minutes before an ambulance can get there."



Left to right, Bernadette Amicucci, a White Plains Hospital nurse, Nisse Varghese, a teacher at White Plains Middle School, and Post Road Elementary School speech language teacher Elizabeth Espada at last Wednesday's training of school personnel to apply lifesaving techniques in an emergency.

Experts Talk Youth Concussions With Parents, Coaches at Conference

By Neal Rentz

A panel of health professionals and concussion experts presented insight for parents, coaches and school personnel on sports-related concussions among young athletes last week in White Plains.

With the new high school sports season about to get underway and many children ready to resume their youth sports schedule, Westchester County and Phelps Hospital Northwell Health partnered on presenting a conference addressing some of the guidelines, symptoms and remedies last Thursday evening at the County Center.

Dr. Mark Herceg, director of concussion assessment and treatment services at Phelps Hospital, spoke from experience about concussions. He suffered five concussions as a youngster – four of them resulting from sports-related activity.

What makes addressing concussions so



NEAL RENTZ PHOTO

Dr. Mark Herceg, director of concussion assessment and treatment services at Phelps Hospital Northwell Health; Dr. Rosanna Sabini, medical director of the Northwell Concussion Program; and Dr. John Leddy, medical director of the University of Buffalo Concussion Management Clinic were featured in last week's seminar on sports-related youth concussions.

challenging, he said, is that each case can be quite different.

"There is no single treatment for concussion," Herceg said.

Dr. Rosanna Sabini, medical director of the Northwell Concussion Program, acknowledged that there is still plenty of misinformation that is circulated despite greater awareness and access to information. She said following confirmation of a concussion, it generally takes about a month for someone to recover. Individualized treatment should be provided.

Sabini said there hasn't been a large increase in concussions among athletes in recent years, but improved protocols are in place.

"We're just better at identifying them," she said.

Athletes may not know they have sustained a concussion, Sabini said. A person

continued on next page

Developer Proposes 300 Apartments as Part of Water Street Proposal

By Neal Rentz

A developer is seeking to construct a 22-story building at 1 Water St. in White Plains that would include 301 rental apartments and 1,212 square feet of retail space for a grab-and-go coffee shop.

Representatives of One Water St. LLC discussed the proposal with the White Plains Common Council on Aug. 26. The project would require site plan approval and a land swap with the city.

Janet Giris, an attorney representing the developer, told the Common Council that her client is proposing to remove the current building that is located on the 1.2-acre site

and replace it with a mixed-use structure.

She said the developer is also proposing a land swap of about 12,000 square feet. The proposal is for the applicant to acquire city-owned land on North Lexington Avenue, which is to the east and adjacent to the developer's land. In exchange, the developer would provide the city with similarly-sized land of just over 12,000 square feet to the north of the proposed development.

The apartment mix would be 59 studios, 89 one-bedroom units, 92 two-bedroom apartments and eight three-bedroom residences, Giris said.

"It's intended to be a fairly luxurious building with terrific amenities," including an

outdoor swimming pool and a courtyard, she said.

Chris Lessard, president and CEO of Lessard Design, said there would be 24 affordable units, a mix of one-, two- and three-bedroom apartments. Access to the parking and loading dock would be off North Lexington Avenue, he said.

The developer is proposing four levels of parking, Giris said.

There are 307 parking spaces being proposed on four levels, one more space than would be required for the residential project, Lessard noted. Another five spaces would be provided for the retail portion of the building, he said.

Councilwoman Nadine Hunt-Robinson asked if the building would include environmentally sustainable features, such as solar power.

Jamie Stover, vice president of development for Roseland, said while the project would not include solar power because that would require a much larger surface area to accommodate the panels, the building would include bike storage, electric vehicle charging stations and Energy Star appliances in the units, he said.

The applicant will return to the Common Council at a future date.

Experts Talk Youth Concussions With Parents, Coaches at Conference

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often remains conscious even after receiving a blow to the head. Any athlete who is suspected of having been concussed should not be allowed to return to action and should not be left alone, she said.

Sabini advised those in attendance to follow a very simple standard on the sidelines if a coach or parent is faced with an uncertain situation.

"When in doubt sit them out," she said.

Sabini said she reevaluates those who have been sidelined to determine when the student is ready to return to school as well as resume participation in sports.

During her examinations, Sabini said she looks for symptoms such as headaches and changes in mood and concentration since the injury was sustained. She also wants to know how a concussion has affected the athlete's day-to-day activities.

"My goal is to get you back to where you need to be," Sabini said.

A person who has sustained a concussion should rest at home for one or two days and should slowly resume activities appropriate to their condition, she said.

If someone who has sustained a concussion has not recovered within four weeks, that person may have another ailment, Sabini said.

Dr. John Leddy, medical director of the University of Buffalo Concussion Management Clinic, said he has worked on studies of treatment for athletes who have suffered concussions. The studies have indicated that aerobic exercise can help in the recovery process, he said.

A series of guidelines on how to treat concussions has been created in recent years, including one by the Centers for Disease Control (CDC) in 2019 on Pediatric Mild Traumatic Brain Injury. The CDC guidelines opposes the routine imaging of patients to diagnose a traumatic brain injury (TBI); recommends using validated, age-appropriate symptom scales to diagnose TBI; calls for using evidence-based risk factors for prolonged recovery; provides patients with instructions on return to activity that is customized to their symptoms; and counsels patients to return gradually to non-sports activities after no more than two to three days of rest.

Today, all 50 states have regulations regarding how to deal with youths who have suffered a concussion, Herceg said.

"We've come a long way," he said.



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JazzFest to Feature Head of Purchase College Jazz Studies

By Neal Rentz

Pete Malinverni leads jazz studies at the Conservatory of Music at Purchase College, but his passion and experience with the genre isn't limited to the school's campus.

Malinverni has been a fixture on the New York City jazz scene since moving to the area in the early 1980s. The pianist has recorded 15 CDs, including solo works on piano as well as with trios, quartets, quintets, Big Band and choral contexts.

Splitting his time between his homes in Pound Ridge and New York City,

Malinverni has recorded and performed with the likes of Joe Lovano, Vernel Fournier, Charles Davis, Mel Lewis, Dennis Irwin, Jon Faddis, Karrin Allyson and Steve Wilson.

His talents will be on display next week as part of the eighth annual JazzFest White Plains.

Malinverni will lead Jazz-Chester, a quintet featuring Ralph Lalama, Wayne Tucker, Mikey Migliore and Aaron Seeber in concert on Thursday, Sept. 12 at 8 p.m. at ArtsWestchester, located at 31 Mamaroneck Ave. The concert will be followed by a jam session at 10 p.m.

JazzFest White Plains will feature performances by more than 20 internationally renowned musicians from Sept. 11-15. The festival is being produced by ArtsWestchester, the City of White Plains and the White Plains Business Improvement District and is being presented by Bank of America. The event includes free



Pete Malinverni's Jazz-Chester will perform on Sept. 12 as part of the annual JazzFest White Plains.

and ticketed events at various locations throughout White Plains.

Malinverni said he began playing classical piano at six years old in his hometown of Niagara Falls, N.Y.

"I still play that beautiful music, but jazz became my love in my teens," he said. "It's that rare art that requires musicians to understand all the compositional aspects of the music and to be unquestioned masters at their voice or chosen instrument while composing and performing at the same time, the definition of improvisation. This great challenge has motivated me to practice and study and then gets onto the stage and into the studio ever since I reached my early twenties."

Malinverni has certainly come a long way since he first arrived in New York City nearly 40 years ago.

When I moved to New York City, I didn't know a soul," Malinverni said. "It was hard duty, learning the city while developing my art, but I persevered because of the high level of inspiring music I found there and my determination to become part of the great legacy stream of this music."

To do that, he worked as often as possible with established masters, including drummers Lewis and Fournier and bassists Rufus Reid and Michael Moore. He also learned from and Davis and Lovano, both standout jazz saxophonists, among many others.

Malinverni began working at Purchase College in the early 2000s after teaching at William Paterson University in New Jersey and at NYU. However, it was at Purchase where he found a strong music community, combining rigorous study with a mutually supportive environment, he said.

He was offered to lead the jazz department when his predecessor, Dr. Todd Coolman, stepped down. He's enjoyed it ever since because it has connected Malinverni with top-notch colleagues on the faculty and with a younger generation of talented musicians.

"I see the same hunger to grow that I had – and still have – when I was their age," Malinverni said.

Malinverni performs somewhere every week, mainly in New York City and Westchester. He also serves as pianist and conductor at the Westchester Reform Temple in Scarsdale, where he performs twice a week, and as minister of music at the Pound Ridge Community Church. He directs a choir at the church and curates the monthly Jazz Vespers series.

Malinverni has performed at JazzFest three previous times, usually with student musicians. He said he'll be alongside colleagues from Purchase and alums from the school's jazz studies program, performing some of his music and arrangements.

"I greatly admire the organizers of JazzFest, in particular Aaron Paige and Wayne Bass, because they've made it their mission to bring this great art form to a worthy stage while giving the Westchester audience the opportunity to hear some of the greats of the music right here in the county."

For the full schedule of performances throughout the five-day festival and to purchase tickets for JazzFest events, visit www.artsworld.org/jazzfest.

How Much to De-Personalize When Selling Your Home

Am I terminally weird or is everybody like me in wanting to surround ourselves in our homes with highly personal things that remind, motivate and inspire us to achieve certain goals?

As a realtor, I know well that when a home is on the market and prospective buyers are invited in, sellers are advised to "neutralize" or de-personalize the décor with blah colors and to "hide" personal items so that the buyer can project their own lives into the space. Personal effects such as family photographs on the refrigerator, it is advised, can sabotage that objective.

But here's a realtor who did not take his own advice when I sold my home a few years ago. I tried it in just one room of my house at that time. I found that I was not at all comfortable being set adrift in a world of sterility without all the reminders that comfort and inspire me, collected over a lifetime. I wanted to experience them every single day, despite the fact that my home was on the market.

I became aware of this issue about revealing too much of ourselves to prospective buyers during my first week in the real estate business. My office received a call from a client who complained that a visiting agent had left her business card on the seller's "home altar," certainly a very private matter. When the agent was advised of the complaint, she responded, "Gee, to me it just looked like an end table. I thought the statue of the Buddha was just for decoration."

While I do have evidence of calling upon the Divine in my own home, my main focus for motivation and inspiration – and this is

highly confessional – is my daily quest for maintaining a decent body weight. Having been involved for many years in the food and restaurant field as a promoter, I was literally the kid in the candy shop, coping daily with all the products I represented. I didn't have Medifast as a client. As a consequence, I surrounded myself in my home with motivational tools for health and fitness. Any visitor to my home clearly knew that.

In my dressing room, for instance, was a weight bench, although it was mostly used during periods of slacking off as a pants rack. Directly over my barbell rack was a framed watercolor, painted by my daughter when she was eight, depicting me as a barbell-pumping muscleman with a photograph of my face pasted on the neck. It was just too charming and motivational for me to hide.

Then there were the nutrition and diet books in the kitchen bookshelf, including the first book published by Weight Watchers, signed by the group's founder, Jean Nidetch, whom I once met.

Also, I devote myself to achieving mental calm and relaxation through meditation and have tools to encourage that, including a tubular tuning chime and an extensive collection of crystals that all but made

my man cave, pardon the expression, vibrate.

And I hid nothing when there was a showing.

I have found some real estate bloggers who share my point of view that there is some confusion between de-cluttering and de-personalizing. I think the former is what should be sought, rather than removing the history, love and taste bestowed on a home by its sellers. Creating clean and open spaces is a good thing. But removing distinctive colors with boring beige is not something I recommend as professional stagers sometimes do.

As for items that project our personal lives, I suspect that buyers have more than a little curiosity about them.

Perhaps that lifestyle can be an attraction rather than a turn-off. Many times, I observe buyer clients looking at family photographs and, in particular, reading the titles of books on the shelf. In my case, my books may be somewhat deceiving if I were to be judged by them.

Just when my wife and I were buying our last home, a dear friend, a generation older than we, passed away. An avid reader and book collector, she left us her extensive collection of old and interesting books, a broad representation of the world's literary classics.



By Bill Primavera

To accommodate that collection, we built an entire wall of shelves in a room off our central hall and designated it "The Library" as though we lived in a mansion. That room may suggest that we are great literati. In fact, while my wife reads practically every new novel that comes along, I confess that I've barely cracked any of the books in that collection.

Any visitor would have had a much better idea of my reading pursuits if they visited my special room where the walls were lined with my motivational books for business and physical fitness.

So, I welcome prospective buyers to my highly personalized home with all its revealing evidence of a life well lived and enjoyed.

A writer and publicist, Bill Primavera is first and foremost a Realtor® associated with William Raveis Real Estate. His talents and work in communications support his endeavors in real estate. To engage the services of The Home Guru to market your home for sale, call 914-522-2076.

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NOBULL, WHITE PLAINS

By Neal Rentz

There's not much guesswork in trying to figure out what the name NOBULL means for the recently opened shop at The Westchester in White Plains.

"The whole start of NOBULL was really just to have a fantastic fitness company that trims away all of the excess," said Louis Trombetta, who manages the SoHo store on Prince Street in lower Manhattan and is overseeing much of the development of other NOBULL stores nationwide, including the new White Plains store, which opened on Aug. 23.

The company, which sells footwear, apparel and accessories mostly for teens and adults, looks to help its customers improve their personal growth, Trombetta said.

It offers clothing for cross training, including compression shorts, sports bras for women, tees and tank shirts and running shoes and shorts. The stores have recently introduced tee shirts for children.

"Doing these rigorous workouts, you do want your apparel to stay together," Trombetta said. "You want it to wash well and you want it to react well to your training."

Apparel should also keep a person cool or warm and dry, he said.

"You want the apparel and footwear to perform with you," Trombetta added. "It won't help you run faster. It won't help you

jump higher, but it will help you get to the next level in regards to doing what it exactly is supposed to do."

He said for anyone who breaks a sweat, NOBULL's merchandise would be for them.

Trombetta, who has worked in retail for about 18 years, said NOBULL had been eyeing a new store for White Plains.

"I knew White Plains was a wonderful community and when the opportunity to open a location in (a) Simon (mall) opened up we did want to test the waters and see how it would resonate," he said.

Most of the new location's customers live in the area, while some are Connecticut residents, Trombetta said. The company has its share of devout followers, many of whom were aware NOBULL was preparing to move into

The Westchester well before the doors opened, he said.

"We hit the ground running," Trombetta said. "Between the initiatives we have with marketing internally with Simon and then our NOBULL marketing, I think as the days and weeks go by, once the word is on the street, we'll have a really positive reaction."

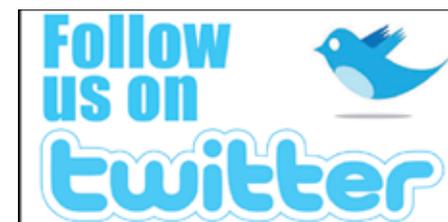
Trombetta said NOBULL has cultivated a positive reputation.

"The people that have tried on our product and took a chance with us have been, happy to say, thoroughly rewarded in terms of the quality in the product and in terms of what you could actually accomplish while wearing



NEAL RENTZ PHOTO

Louis Trombetta is manager of the NOBULL store in SoHo and is overseeing most of the development of other NOBULL stores nationwide, including the location that opened in The Westchester in White Plains on Aug. 23.



the product," he said. "We have very stringent tests in regards to quality control."

NOBULL is located in The Westchester, located at 125 Westchester Ave. in White Plains. For more information call 914-406-4009 or visit <https://www.simon.com/mall/the-westchester/stores/no-bull>.

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Boomerang

A Golden Requiem for 1969: That Was the Decade That Was

It is fair to state 1969 was the highwater mark for the revolutionary '60, though not so for baby boomers themselves, who over the past 50 years via evolutionary change have persistently etched a new and rising highwater marks for our society.

It's not writing with rose-colored glasses of nostalgia, nor painting with the broad-brush strokes of agenda or bias. The year was one of contraction where love and war, along with victory and defeat, and young and old all collided creating a new synergy resulting in a new social gospel for humanity. In essence, one must break a few eggs to make a soufflé.

The '60s were the breath of a long-coming tempest needed to straighten the rigid and crooked timber of our frail humanity.

It was the year of new technological advancements and achievements, as well as the beginning of the end of the '60s ethos. Baby boomers knew it as they matured into a society they once protested against a mere few years ago. Some writers have often referred to 1969 as the longest decade of the century.

In maturity, baby boomers found humility in acknowledging we were not perfect, and came to the epiphany that the same institutions we contested, and so often attacked – our schools, parenthood and houses of worship to name a few – were also the institutions that laid the foundations for our moral compass and radical ideology.

The '60s were a smoldering caldron heated by our youthful angst, and the questioning of many of our society's mores and hypocrisies. The decade was filled to the brim with Hare Krishnas, Buddhists, Born Again Christians, cabbalists, existentialists, artists, anarchists, radicals, atheists and agnostics, feminists, etc. They were all chanting affirmations, or condemnations, seeking a utopian unity in a highly individualistic, self-centered, ego centric and materialistic world. This brewing stew of chaos rendered an ad hoc recipe to be savored for generations to come.

Some of the year's impressive technological achievements were the debut of the 747 jumbo jet, the first Concorde test flight and the Apollo 11 landing. The Internet was invented by the U.S. military and the first transplant of a human eye was performed.

On a more earthy note, Pontiac introduced its Firebird Trans Am, the epitome of the American muscle car, and the first ATM machine was installed in the United States.

On a political note, Richard Nixon took office as president, Sen. Edward Kennedy's Chappaquiddick affair made the news, the U.S. instituted the draft lottery, leading to the 250,000-person march on Washington in protest of the Vietnam War, and the Charles Manson cult murdered five people.

It was the year of the mega rock concerts that started with the Atlanta International Pop Festival, followed by Woodstock, the

Isle of Wight Festival, Toronto Rock and Roll Revival. The year ended on the sad note with the Altamont Speedway Free Festival. This concert is best known for having been marred by violence and the killing of a spectator by the Hell's Angels, the de facto security force. It was also the year the Beatles released "Abbey Road" and the year of their final live performance.

Measuring the year from the household perspective, the average cost of a new home was \$15,550; average income \$8,550; average rent \$135; average cost of a new car \$3,270; and gas was 35 cents a gallon.

In terms of popular culture and entertainment, PBS made its debut, and Americans were

filling the movie theaters to view "Funny Girl," "Butch Cassidy and the Sundance Kid," "True Grit," "Midnight Cowboy" and "Easy Rider."

In hindsight, 1969 was the year baby boomers lost their innocence and found their maturity by laying the foundation that left a legacy for civil rights, equal rights, regulations, corporate social responsibility,

environmentalism, consumer protection laws, OSHA.

In closing, I will task his peers in the autumn of their lives. When you celebrate your next birthday, complete with a cake topped with scores of lit candles, as you inhale and take your deep breath to blow out the candles, will you exhale with your wish to be a brewing tempest once again to stir a tempest to straighten out those new budding branches of our crooked timber of humanity? Or will we merely resign ourselves to retirement?

Dr. Richard Cirulli is a retired professor, columnist, playwright, author, songwriter and author of "The Songs of Roland." You can view his website at Demitasseplayers.com. He looks forward to your comments at profcirulli@optonline.net.



By Richard Cirulli



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ATTORNEY ADVERTISING

Back to School Time: Where Can We Mingle and Eat?



By Morris Gut

The new school year has arrived and there are plenty of local places to eat and network with students in mind.

808 Social, 185 Summerfield St., Scarsdale

A short drive from Sarah Lawrence, Concordia, The College of Westchester and Westchester Community College, talented chef Sal Cucullo Jr., who operates The 808 Bistro in Scarsdale, is also a partner and executive chef at nearby 808 Social. It is a more casual, laid-back spot featuring tables that spill out onto the sidewalk.

The menu offers small and large plates, pizza baked in a gold-tiled oven, pasta and panini. An inviting bar serves specialty cocktails and a good selection of craft beers. Don't miss the delicious Italian egg rolls stuffed with sausage, pepper, cheese, Napa slaw, a little dose of Sriracha and soy garlic aioli, their calamari tacos and margherita pizza. The caramelized sea scallops are



Caramelized sea scallops at 808 Social in Scarsdale.

terrific, too.

Entertainment and comedy nights. Check ahead for times and schedule. Info: 914-723-2600 or visit www.808socialny.com.

Trattoria 632, 632 Anderson Hill Rd., Purchase

A short drive from SUNY Purchase and Manhattanville, there is a pizza bar creating tasty pies you can order to eat in or take out. The kitchen team serves up a seasonal Italian menu loaded with flavor.



The Italian egg roll at 808 Social in Scarsdale.

Check out house specialties roasted beets with goat cheese mousse, Sicilian pistachios and micro greens; house-made chitarra pasta with veal polpettine and shaved ricotta salata; squid ink pasta with shrimp, bay scallops, chili and arugula; classic veal, chicken or shrimp armigiana; wild striped bass Mediterraneo with capers, olives and cherry tomatoes; and day boat scallops, pan-seared with baby arugula, risotto, sundried tomato and roasted pepper gremolata.

Bar/lounge. Happy Hours. Live entertainment and dancing on Thursday evenings. Party facilities. Major credit cards. Ample free parking. Info: 914-481-5811 or visit www.trattoria632.com.

Mughal Palace, 16 Broadway, Valhalla

Owner Mohammad Alam serves a delicious all-you-can-eat Indian lunch buffet from 11:30 a.m. to 2:30 p.m. daily. There are more than a dozen selections, including salad, main courses and desserts with all the trimmings. Dinner is a la carte and begins at 5 p.m.

Look for specialties Lasuni Gobi (cauliflower florets tossed with bell peppers, onion, garlic and green herbs); chicken barbecue kabab (marinated boneless chicken cooked in the tandoor oven); lamb bhuna (pieces of lamb cooked in a medium spice sauce of bell peppers, tomatoes and fresh Indian herbs); and mango chicken (boneless chunks of chicken cooked with fresh mango, ginger, garlic and dry spices). A glass of lassi will help wash it all down, and don't forget the delicious house-made Indian breads to scoop up the sauces.

Near Westchester Community College, Pace University and New York Medical College. Lunch buffet is \$12.95 on weekdays and \$14.95 on Saturday. Sunday brunch is \$15.95. Info: 914-997-6090 or visit www.mughalpalace.com.

Ernie's Wine Bar, 7 Pondfield Rd., Bronxville

Near Sarah Lawrence College and Concordia, I have been impressed with the great food, fine wines and hospitality. Out of Ernie's tiny kitchen come laudatory renditions of American/global dishes bursting with flavor. Oenophiles, take note. The carefully selected wines served here, many from small-batch independent producers, can be heavenly. It is a wonderful place to unwind, take in some music on special nights and indulge. The small bar is great for networking, too.

Recent food tastings have included Luisanna's amazing polpettina meatballs; the cheese and charcuterie platter; duck wontons; duck confit; a wonderful fettuccine carbonara; mushroom and pea risotto; and baked cod with Vierge sauce.

There's live jazz on Wednesday evenings. Check ahead for updates. Open Monday through Saturday for happy hour and dinner. Info: 914-652-7859 or visit www.ernieswinebar.com.

Mamma Francesca, 414 Pelham Rd., New Rochelle

Near Monroe College and a short drive from Iona, owner Nick DiCostanzo serves seaside meals, great farm-to-table tomato salads and sea-to-table dishes. A

new Cicchetti bar menu offers a variety of tasty small plates throughout the day and the woodburning pizza oven cooks some delicious pies.

Mamma Francesca is located on the banks of Long Island Sound with six-story views of the Queen City's boat clubs.

There is a talented kitchen staff preparing a seasonal menu of robust specialties: fresh Ischia salad; good retro versions of chicken, veal or shrimp parmigiana; Mamma's chicken breast Europeo stuffed with prosciutto, mozzarella, mushrooms and spinach in a marsala wine sauce; a big platter of Misto

Frutti di Mare loaded with shrimp, clams, calamari and mussels in a red sauce over linguini; and pork chops or sirloin della nonna, served with sliced potatoes, peppers, mushrooms and onions.

There are daily happy hours, party facilities and off-premise catering.

Free parking. Info: 914-636-1229 or visit www.mammafrancesca.com.

Nutmeg Cafe, 64 Main St., Tuckahoe

Not far from Concordia and Sarah Lawrence, laptops are welcome. Offers a variety of artisanal baked goods, craft foods and beverages to eat in or take out.

The proprietor and creative force behind Nutmeg is Cindy Bothwell. The cafe is warm and inviting with seating for up to 25, soft background music, exposed brick walls and display cases filled to the brim with the tempting daily larder.

Bothwell calls her way of cooking and baking "American home-style rustic" and insists on keeping up with the seasons. Delightful beverages include exclusive



Giant stuffed empanadas at Nutmeg Café.

artisanal makers such as Joe's Coffee from Brooklyn. Custom Cold Brew coffees, teas and smoothies are available. Fresh made soups, salads and sandwiches have been added to Nutmeg's menu and posted daily on the blackboard. Enjoy giant enchiladas; cheddar scallion scones; caramelized onion and gruyere crostata; and cauliflower, leek and asiago quiche.

Open daily. Info: 914-779-1328 or visit www.thenutmegcafe.com.

Artie's Steak & Seafood, 394 City Island Ave., City Island

There are big combination platters to share including a loaded lobster salad roll at lunch, a king-size hamburger platter and



The big meatballs at Ernie's Wine Bar in Bronxville.

Mediterranean-style pizzas for two. Owner Spiro Chagares and his staff offer patrons a fine melding of traditional and contemporary dishes served with flair.

Sit back in one of several dining areas and enjoy delectable lamb sliders; hearty seafood chowders; smoked salmon roll-ups; wood-grilled jumbo shrimp and scallops; hunks of tender short rib; a massive Zuppa Di Pesce; a tender oven-roasted rack of lamb; American shellfish jambalaya; chardonnay-poached salmon with seafood; and fresh lobster prepared in a variety of styles. The trowler-sized clam bake served in a tub is a sight.

A short drive from SUNY Maritime, Monroe College, Sarah Lawrence and Iona. Check out the bar/lounge evenings for good networking. There is an enhanced craft beer list as well as specialty cocktails and wines by the glass. Private party facilities and off-premise catering. Open seven days. Free parking. Info: 718-885-9885 or visit www.artiescityisland.com.

Growlers Beer Bistro, 25 Main St. Depot, Tuckahoe

Located inside a renovated 1906 powerhouse Metro-North building, it serves an ever-changing roster of international craft brews in a rustic 65-seat industrial space. There is a busy cocktail bar, communal high-top tables and a rear room with banquette seating. On occasion, you can hear the trains rumble past. There are 20 taps on hand, and Cicerone certified servers who are knowledgeable about their product. Wines and specialty cocktails are available.

Burgers and sandwiches are always served, including the turkey reuben (on toasted rye with Dijon mustard, Swiss, sauerkraut and Russian dressing); the Growlers Beef Burger (with choice of toppings, served on brioche roll); and the veggie burger (a spicy bean-based burger with tzatziki, lettuce, tomato and red onion on toasted brioche roll). There are great nachos, too, and growlers to take home.

A short drive from Iona, Concordia and Sarah Lawrence. The outdoor patio is open. Happy hour from 4 to 7 p.m. Info: 914-793-0608 or visit www.growlersbeerbistro.com.

Morris Gut is a restaurant marketing consultant and former restaurant trade magazine editor. He has been tracking and writing about the food and dining scene in Westchester for 30 years. He can be reached at 914-235-6591 or gutreactions@optonline.net.

Perspectives on the Aging Baby Boomer Generation



By Nick Antonaccio

There are nearly 80 million baby boomers in the United States, 26 percent of the total population. This age group is aging, fast. Over 10,000 boomers turn 65 every day.

This very influential group has set new standards for lifestyle preferences – and for good reason. Many of the boomers grew up in the '60s and '70s, a tumultuous period in American social and political history. As youths, they set the course for a relaxed American culture; as aging adults, they have influenced America's economic and social values.

Older boomers are retiring and beginning to enjoy the good life, continuing to do what they've always done best: enjoy life. Even as they become "Social Security busters," they defiantly continue the mantras of their youth: turn on, tune in and drop out; defy conventional wisdom; live for the moment. And they're living longer. Americans who reach 65 are likely to live to 84 on average.

What has caused this significant increase in longevity? Boomers have seen the light and have changed the practices of previous generations. Changes in evaluating what they put in their bodies (granola rather than Big Mac); how they treat their bodies (hard-core drugs vs. high colonics); and how they interface with nature (carbon emissions vs.

carbon footprints). And, lest I digress too far from the theme of this wine column: the boomers' growing appreciation of wine and its health benefits.

First the wine. Older boomers were intent on changing the world, but most succumbed to the very ideologies they protested. However, those aging hippies did succeed in influencing one corner of American society – our appreciation of wine. Lancer's wine, as an expression of our oenological omniscience (and a candleholder), became passé. Boomers began to explore new frontiers – to boldly go where no wine drinkers had gone before. They savored wine as a pleasure to be explored and exploited. Just as young professionals graduated from tie-dye garb to three-piece suits, so, too, did their preferences evolve from "cheap" wine to "better" wine.

This quest created a new market in the United States and an upward surge in quality wine at affordable prices. Consumption in America has risen for over 20 consecutive years.

Second, the health benefits. A number of boomers evolved from hippies to hipsters in their appreciation of wine. As they increased their consumption, many touted the health benefits of wine as their motivation; our

bodies are temples and we must sustain the body and keep it whole. What better way than with a few glasses of wine each day.

Wine has been widely touted by health professionals for its antioxidant properties, its ability to control blood pressure and heart health. Even Big Brother concurs with this self-serving maxim: the USDA condones two glasses of wine per day in their healthy diet guidelines.

Ah, but all is not well in Boomerland. Cracks are beginning to show in those suits of Botox armor.

As boomers graduated from leather wine flasks to crystal wine glasses, an increasing number of them began consuming greater quantities of wine. They are now realizing that although they have been

able to deny aging, they can no longer defy it. Their "mature" metabolisms are slowing down considerably.

Increasingly, older boomers are developing alcohol abuse disorders and chronic diseases such as high blood pressure, liver disease and certain cancers, according to the National Institute on Alcohol Abuse and Alcoholism. According to one of its studies, "even if you are mostly a safe drinker, keep in mind that if you have one heavy drinking day per month, you may have a 20 percent chance of

developing an alcohol-use disorder." Note: a heavy drinking day equates to greater than two five-ounce glasses of wine.

The bottom line for aging boomers (a group in which I am reluctantly included): drink responsibly and in moderation. As Jerry Garcia sang, "Every silver lining's got a touch of grey."

Hopefully, we "will get by."

Nick Antonaccio is a 40-year Pleasantville resident. For over 25 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.



You Heard It Through the Grapevine

Crossword by Myles Mellor

1	2	3	4	5	6		7	8	9	
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Across

- Hudson Valley car donation center, "Wheels for ____"
- Spanish bear
- Play opener
- Fraternity letter
- Revises
- Scooby-____ (cartoon dog)
- It's a bore
- This northern Westchester civic group "roars" with good deeds, Mt. Kisco ____ Club
- Like some seals
- Indigenous Canadian
- Pretentious
- One of the Reagans
- Infield protectors
- Reddish brown
- BBC rival
- Baubles
- Actress who did movies with Tom Hanks, first

Down

- Card game for two
- Frozen dessert
- Criterion: Abbr.
- Gp. in charge of condominiums, perhaps
- Closing in fluid
- Words before "precedent" or "good example"
- Customer
- Reinforce
- Resetting setting
- Gotten to fall in love with, in a way
- Discovery grp.
- Durocher "The ____"
- Flustered
- Class excursions
- Evening, informally
- Dentist qualification
- Clears after taxes
- "I think," to texters
- Uniformed troops, for short
- Relevant
- Little, like laddies
- Card you might want to change out abroad

Solution on page 15

Obituary

Theresa Russo

Theresa Russo passed away peacefully on Aug. 29, surrounded by her loving family. She was 90 years old.

Russo was born on Jan. 22, 1929, in White Plains to Ralph and Madeline Carrera. She was raised in Hartsdale and grew up working with her father in their family-owned nursery.

Russo married the love of her life, Olerio (Larry) Russo, on June 20, 1948, at Mount Carmel Church in White Plains. They started a family together. While Larry operated their family business, LTR Nursery, Theresa centered her affection upon her family and made the circle of her home the embodiment of her life's work. She loved to cook and host. Her house was the center of countless holidays, parties, cookouts and casual nights for family and friends. Her love for her kids, grandchildren and great-grandchildren was only surpassed by the love for her sweetheart, Larry. He was incredibly devoted to her for the entirety of their lives together. They were married for 64 years until he passed in November 2012.

Russo is survived by her beloved children, Madeline Henry and her husband, Gerald, of Crestwood; Ralph Russo and his wife, Kathy, of Hartsdale; Joanne Keagle and her husband, Ira, of Poughkeepsie; Linda Camilli and her husband, Bob, of Briarcliff Manor; her dear grandchildren who were the pride and joy of her life, Jessica, Danielle, Angela, Gina, Bobby, Kevin, Erika, Kristen, Lisa and Will; and her great-grandchildren,

Grace, Mia, Ruby, Dylan, Matthew, Zachary, Gabriella, Isabella, Aubrey, Lenora, Carina, Kohen, Ella and Clara. She was predeceased by her sister, Jeanne.

The family would like to extend their deep appreciation to Dr. Steven Thau who cared for Theresa with the greatest care and compassion. They would also like to extend their sincere thanks to the nursing staff at Phelps Memorial Hospital who made her last days comfortable.

Visitation will be held at Beecher Flocks Funeral Home, Inc. in Pleasantville on Tuesday, Sept. 3 from 2 to 4 p.m. and 7 to 9 p.m. Mass will be held at St. Augustine's Roman Catholic Church in Ossining on Wednesday, Sept. 4 at 10 a.m. Burial will follow at Mount Calvary Cemetery at 11:30 a.m. in North White Plains.

In lieu of flowers, please send donations to St. Jude's Children Research Hospital.



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PANTHER CLUB EMT / NURSE POSITION The Village of Pleasantville Recreation Department is looking for EMT or Nurse who are interested in working for our after-school program, for the 2019-2020 school year. You must be available Monday through Friday, 2:45 pm to 6:30 pm. We are looking for individuals that are certified EMT or Nurse. This person will be responsible for reviewing all medication forms and medication as well as the day to day health needs of the children in the program. Please email our resume to **Michael Newman** at

mnewman@pleasantville-ny.gov.

PANTHER CLUB STAFF JOBS

The Village of Pleasantville Recreation Department is looking for adults who are interested in working as Group Leaders for our after-school program, for the 2019-2020 school year. You must be available Monday through Friday, 2:45 pm to 6:30 pm. We are looking for individuals that have experience supervising and interacting with children in a school, day care or day camp setting. Please email our resume **Michael Newman** at mnewman@pleasantville-ny.gov.

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LEGALS

Town of Putnam Valley September 4th Special Meeting at 5 PM is canceled.

ESTOPPEL NOTICE On July 22, 2019, the Board of Trustees of the Village of Pleasantville, Westchester County, New York (the "Village") adopted a Bond Resolution, a summary of which is published herewith, and the validity of the obligations authorized by such resolution may be hereafter contested only if such obligations were authorized for an object or purpose for which the Village is not authorized to expend money or the provisions of law which should have been complied with as of the date of publication of this notice were not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty (20) days after the date of publication of this notice, or such obligations were authorized in violation of the provisions of the New York State Constitution. **Summary of Bond Resolution 1. Specific Objects or Purposes** - the reconstruction and improvement of the Memorial Plaza parking lot, including sidewalks, curbs, gutters, drainage, landscaping, and grading or improving the rights of way, with flexible pavement of a type described in Local Finance Law Section 11(a)(20)(c), including surveys, preliminary plans and detailed plans, specifications and estimates required in connection therewith.

2. Period of Probable Usefulness - fifteen (15) years. 3. Maximum Amount of Obligations to be Issued - the maximum amount of obligations to be issued for the objects or purposes described above is \$550,000. The Bond Resolution herein summarized shall be available for public inspection during normal business hours for twenty (20) days following the date of publication of this notice at the office of the Village Clerk of the Village of Pleasantville, Westchester County, New York. Noreen Regan Deputy Village Clerk, Village of Pleasantville, Westchester County, New York

ESTOPPEL NOTICE On July 22, 2019, the Board of Trustees of the Village of Pleasantville, Westchester County, New York (the "Village") adopted a Bond Resolution, a summary of which is published herewith, and the validity of the obligations authorized by such resolution may be hereafter contested only if such obligations were authorized for an object or purpose for which the Village is not authorized to expend money or the provisions of law which should have been complied with as of the date of publication of this notice were not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty (20) days after the date of publication of this notice, or such obligations were authorized in violation of the provisions of the New York State Constitution. **Summary of Bond**

Resolution 1. Specific Objects or Purposes - the reconstruction and improvement of Manville Road, including sidewalks, curbs, gutters, drainage, landscaping and grading or improving the rights of way, with flexible pavement of a type described in Local Finance Law Section 11(a)(20)(c), including surveys, preliminary plans and detailed plans, specifications and estimates required in connection therewith. 2. Period of Probable Usefulness - fifteen (15) years. 3. Maximum Amount of Obligations to be Issued - the maximum amount of obligations to be issued for the objects or purposes described above is \$2,600,000. The Bond Resolution herein summarized shall be available for public inspection during normal business hours for twenty (20) days following the date of publication of this notice at the office of the Village Clerk of the Village of Pleasantville, Westchester County, New York. Noreen Regan Deputy Village Clerk, Village of Pleasantville, Westchester County, New York

NOTICE OF ADOPTION OF BOND RESOLUTION SUBJECT TO PERMISSIVE REFERENDUM PLEASE TAKE NOTICE that the Board of Trustees of the Village of Pleasantville, Westchester County, New York (the "Village"), at a meeting held on August 26, 2019, adopted a bond resolution, which is subject to a permissive referendum, that authorizes the issuance of \$245,476 serial

bonds of the Village to finance the purchase of a sanitation truck (the "Project") at a maximum estimated cost of \$245,476. The period of probable usefulness is fifteen (15) years and the bonds are payable from amounts to be annually levied on all the taxable real property in the Village. Pursuant to the New York State Environmental Quality Review Act and the regulations promulgated thereunder ("SEQRA"), the Village has determined that the project is a Type II Action requiring no further action under SEQRA. **Noreen Regan Deputy Village Clerk, Village of Pleasantville, Westchester County, New York**

Please be advised that the next meeting of the Planning Board will be held at Town Hall, 265 Oscawana Lake Road on **Monday September 9, 2019** for the purpose of considering the following applications: **Regular Meeting Start Time: 6:00pm**
AGENDA DISCUSSION 1. Filho Residence, - 135 Bell Hollow Road (TM# 51.-1-4/File: 2019-0190) The subject property consists of + 19.2acres of land and is located on 135 Bell Hollow Road and within the R-3 Zoning District. The applicant is proposing to construct a swimming pool, terrace and outdoor kitchen. A Site Development Plan, Major Grading and Wetland Permit is required. **SKETCH 2. Kelly, Rick- Birch Hill**

continued on next page



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continued from previous page

Road (TM#73.-1-89/File 2019-0197)

The subject property consists of +/- 20.9 acres of land and is located on Birch Hill Road and within the R-2 Zoning District. The applicant is proposing a single family residence with driveway, well, septic system, retaining wall and rain garden. A Site Development Plan and Major Grading Permit is required. 3. Sposato Adam- 694 Sprout Brook Road TM#72.15-1-23/File 2019-0198) The subject property consist of +/- 43.7 acres of land and is located on 694 Sprout Brook Road and within the R-1 Zoning District. The applicant is proposing an accessory apartment attached at the rear of the existing residence. A Site Development Plan and Special Use Permit is required. APPROVAL OF MINUTES 4. Approve Minutes of August 19, 2019

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The **WHITE PLAINS** Examiner Sports

Westchester Knicks' Miller Promoted to New York's Coaching Staff

By Albert Coqueran

The Westchester Knicks, the NBA G League affiliate of the New York Knicks, will kick off their sixth season at the County Center against the Raptors 905 on Saturday, Nov. 9.

However, the 2019-20 Westchester Knicks will not be led by Head Coach Mike Miller, who coached the team for the past four seasons. After compiling a 108-92 (.540) record with the Westchester Knicks, Miller was promoted and will be an assistant coach of the big team for the upcoming season.

"Mike is an accomplished and respected coach who has been an integral member of the Knicks family the last four seasons in Westchester," said New York Knicks Head Coach David Fizdale.

With a newly revamped roster for 2019-20, who better to add to the NBA Knicks' coaching staff than a coach who has had success managing the ever-changing lineups that are a daily occurrence in the G League?

Miller, who came to Westchester in 2015 after spending two seasons as an assistant with the Austin Spurs, the G League affiliate of the San Antonio Spurs, became proficient at adjusting lineups necessitated by game-by-game roster changes.

But his player developmental skills, the main purpose of the league, are top-notch,



ALBERT COQUERAN PHOTO

Mike Miller, who spent four seasons as the head coach of the Westchester Knicks, has been promoted to assistant coach of the NBA affiliate New York Knicks. Miller joins the staff of Head Coach David Fizdale, after leading the local Knicks to the NBA G League Playoffs three of the past four seasons.

punctuated by the progress of Kadeem Allen and Damyean Dotson who remain on the New York Knicks roster to date.

"Mike is a great addition to our staff, a tireless worker who shares our approach to the game with an expertise in player

development," Fizdale said.

Last season Miller led the Westchester Knicks to a third-place finish in the NBA G League's Eastern Conference with a 29-21 record. However, the local Knicks lost to the Lakeland Magic in the semifinals of the

2018-19 Eastern Conference playoffs.

In 2017-18, Miller led the Westchester Knicks to their best record in franchise history, going 32-18. That team won the G League Atlantic Division title for the first time and earned the top seed in the Eastern Conference. Miller was recognized with the 2017-18 NBA G League Dennis Johnson Coach of the Year Award.

Nonetheless, local Westchester Knicks fans should rest easy, as they have been placed under competent leadership for next season. Derrick Alston, who spent the last four seasons on the bench with Miller as his assistant, has been hired as the Westchester Knicks' fourth head coach in the team's history.

Similar to Miller, Alston is well-versed in player development. Before joining the Westchester Knicks, he worked three seasons as the player development coach for the Houston Rockets. Alston is a Bronx native who graduated Hoboken High School and played four years at Duquesne University before being selected 33rd overall in the 1994 NBA draft by the Philadelphia 76ers.

"I am grateful for the opportunity to become the new head coach of the Westchester Knicks and to continue the development of our young and talented players both on and off the court," Alston said.



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..... EXAMINER SPORTS White Plains Tops Ramapo to Win Tourney Title, Starts 2-0

By Rob DiAntonio

The season started on a positive note for the White Plains boys' soccer team.

White Plains won its season-opening tournament by defeating Ramapo 1-0 last Thursday evening. It was the second straight year the Tigers captured the tournament.

The Tigers, who moved to 2-0, received the game winner on a penalty kick from senior Alejandro Torres with 12:59 remaining in the second half. He picked off the upper right corner of the net, well outside of the reach of the diving Ramapo goalkeeper.

"I was just going and I got hit," Torres said. "I fell and saw it was a penalty. I had to block out all the noise and couldn't let the pressure get to me. I had to focus on the ball, where the keeper was going and I just had to put it in the right spot. I helped my team, myself and it was for everyone that came out today and yesterday."

Ramapo threatened in the final two minutes. Owen Kris, a senior defender for the Tigers, made a critical clear with 1:30 to go. Ramapo then had a free kick with just seconds remaining from 12 yards out, but the shot sailed over the goal and White Plains celebrated its victory.

"I told my assistant coach (Mike Lambert), 'If the guy hits it right, we're done,'" White Plains coach Jack Gigli said. "In soccer, you can last 90 minutes and the last play of the game (can swing things). Yes, I was very worried. A couple of my guys were tired."

White Plains had some chances to take the lead in the first half when it controlled much of the possession. But the Tigers came out of halftime with vigor. Ruben Collazos fired a rocket at the net just three minutes into the second half. A few minutes later, Mario Martinez-Jimenez played in a cross but no one was on the other end to put it in the back of the net.

"I told them to be patient and eventually the goal will come and it came," Gigli said. "It came on a penalty but that's fine. We created it. In the first half, I was very disappointed. We got there and we didn't shoot enough."

Torres admitted that the Tigers got off to a slow start.

"We came out weak in the first half," he said. "Our touches and passes were weak. Coach told us to get our game up and we just believed in ourselves. We just worked hard."

Carlos Mendez made five saves to tally his second shutout of the young season against a physical Gryphons team.

Ramapo was coming off a 3-2 double overtime win over Harrison in the first round, so Gigli knew they would come in with some momentum.

"You could see they have good fitness," Gigli said of Ramapo. "For us, it's early season and I was worried about that (Ramapo's momentum). I didn't want to go to overtime. I told the guys, 'Let's finish this game now.'"

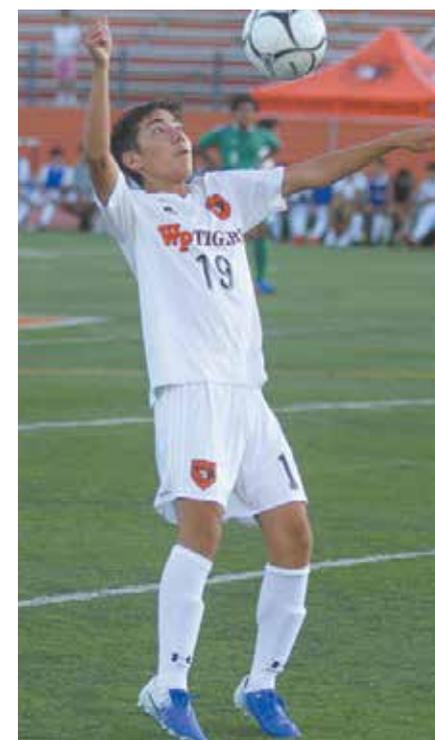
The previous evening, the Tigers opened the season with a 3-1 win over Arlington B in the opening round of the tournament.

David Paramo and Torres aided White Plains with two first half goals. Edgar Lara added an insurance goal in the second half. Mendez stopped four shots.

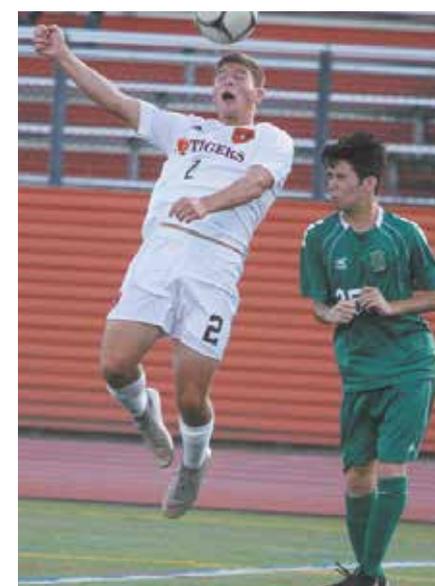
White Plains, which returns three



ROB DIANTONIO PHOTOS
Ruben Collazos fires a shot in the second half during last week's season-opening tournament.



Chris Cardenas of the Tigers collects the ball during last week's season-opening tournament.



White Plains' Owen Kris goes up for a header in the championship game of the Tigers' tournament last Thursday against Ramapo. The Tigers defeated Ramapo 1-0 on a penalty kick.

starters, fell in the opening round of last year's Class AA sectionals to Mamaroneck. The Tigers went 9-5-1 last season but are looking for more in 2019.

"The expectation is to always try to win the league and get a good position in sectionals," Gigli said. "Once you're in the tournament, you take it one at a time."

The team returns to action when it hosts Roy C. Ketcham at 4:30 p.m. on Monday, Sept. 9. On Sept. 11, the Tigers head to Spring Valley for another 4:30 p.m. game. They then round out the busy week by traveling to rival Mamaroneck for a 5 p.m. contest on Sept. 13.

"Having just three starters back, we're the underdogs," Torres said. "The expectations for us, from the AD (Matt Cameron), from the town, from everyone are very high. We've got to keep working hard and practice hard to keep getting that 'W' every single day."



Alan Meneses battles for the ball last Thursday night in a game against Ramapo.



White Plains senior captain Alex Sagnibene pushes the attack.

Crossword Solution from page 10

1	W	2	I	3	S	4	H	5	E	6	S	7	O	8	S	9	O
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