



November 5 - November 11, 2019

SMALL NEWS IS BIG NEWS

Volume 9, Issue 429

Water Rates Proposed to Rise in White Plains

By Neal Rentz

White Plains Commissioner of Public Works Richard Hope is seeking to increase water rates by 3.9 percent.

Hope discussed his proposal at the Oct. 28 special meeting of the Common Council.

Hope said he is asking for a 3.9 percent water rate increase "across the board" including the sewer charge. For the average family of four the additional annual cost for the year would be \$20, he said. "That could easily be offset by a few conservation measures," he added. Such measures could include installing low flow showerheads, taking shorter showers and repairing a leaky toilet, which could save \$1,000 in a year, he said.

"This is the lowest rate increase in

14 years," Hope said. "White Plains will continue to have the lowest rate in the county." The low rate increase is being proposed even though New York City has raised the rate for water use by municipalities by 9.2 percent, he said.

The water rate increase would raise about \$732,000 in new revenue in the water fund annually, Hope said.

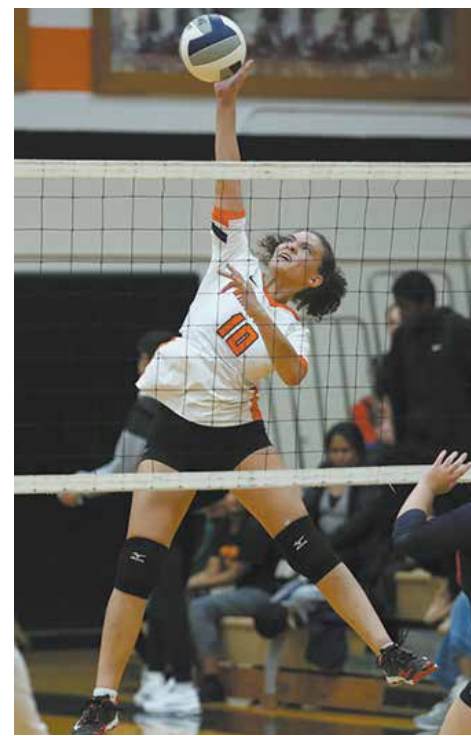
Hope said he is asking for the rate increase to pay the debt service for borrowing for existing and new debt for capital projects to protect the city's water and to pay for the New York City DEP's 9.2 percent hike in July. Additional DEP increases are expected in the future, he said.

Councilwoman Nadine Hunt-Robinson said capital water projects were approved by the Common Council

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Tigers Volleyball Up Against Koalas in Quarterfinals

White Plains' volleyball team knew what it was up against when fifth-seeded Ursuline arrived for a Section 1 Class AA quarterfinal last Wednesday. The Tigers had defeated the Koalas during the regular season in four sets, but they still knew they were a talented team. That showed in a back-and-forth match where every point mattered. Unfortunately for fourth-seeded White Plains, they came up on the short end in a five-set setback. During the game, Jordan Holman looks to register a kill. Read the full story on Page 18.



ROB DIANTONIO PHOTO

CE Latimer Seeks Property Tax Cut in 2020 Budget

By Neal Rentz

Westchester County Executive George Latimer said on Oct. 30 his proposed 2020 operating budget would include a property tax cut.

Latimer made his announcement at a press conference previewing his spending plan for next year at the Greenburgh home of Monica and Matthew Marone. Matthew owns and operates Westchester Milk, a small business that delivers milk and other food items, based in White Plains.

Latimer is scheduled to formally release his proposed operating budget on Nov. 8 and the ledger will be distributed to the Board of Legislators. "We're still working on final details on a number of

different things," he said.

Latimer said he wanted to make his announcement about the tax cut because residents want information about their property taxes.

The size of the tax cut has not been finalized because his administration is still working on the spending side of his proposed budget, Latimer said.

Latimer noted that he previously said he would freeze county property taxes for 2020 and 2021.

In addition, Latimer said he would fulfill his commitment to provide \$10 million into the reserve fund. In the middle of 2018 the reserve fund was down to \$64 million, which was about



County Executive George Latimer previewed his spending plan for 2020 at the Greenburgh home of Monica and Matthew Marone.

3.5 percent of the total budget, he noted. "That's well below the percentage that we should be at," he said, adding the percentage should be about 12 percent. The current reserve fund is \$69 million.

"This budget will be balanced without any one-shot revenues," Latimer said. "This budget will not borrow for any ongoing expenses."

Increasing the sales tax was critical to next year's budget, Latimer said. A portion of the sales tax is provided to municipalities and school districts, he said. Most county spending, 65 to 75 percent, is mandated by the state, he said.

The fiscal policies included in his proposed 2020 budget could help increase the county's bond rating, which is currently AA1,

Latimer said. Historically, the county's bond rating was AAA. The better the bond rating the lower the borrowing costs for capital projects, he said.

The Board of Legislators can make changes to his proposed budget, Latimer said, adding he can veto all or portions of the budget. He said he wanted to work with the legislators to avoid vetoes and he would listen to all 17 legislators.

"Everybody talks about how high the property taxes are in Westchester County and they are," Latimer said. Two-thirds of property taxes in Westchester come from schools and 20 percent of property taxes are levied by the county, he said.

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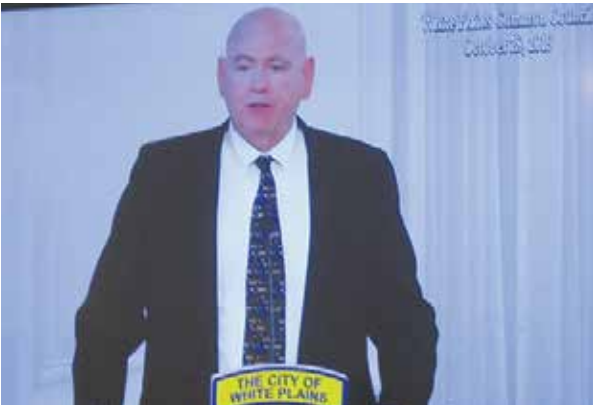


Water Rates Proposed to Rise in White Plains

continued from page 1

to avoid some of the charges from New York City. Hope said White Plains is planning to construct a water treatment plant to allow the city to use reservoir water for drinking in the next year or so. "When that plant comes on line," the excess water charge paid to New York City would be greatly reduced, he said. The excess usage fee is based on water use above the average usage in New York City, he said.

The new water rates would need to be approved by the Common Council.



NEAL RENTZ PHOTO

White Plains Commissioner of Public Works Richard Hope discussed his proposal for higher water rates at the Oct. 28 Common Council meeting.

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WPHS Lockdown Caused by Computer Glitch, Police Response Quick and Thorough

By Pat Casey

The lockdown at White Plains High School Thursday afternoon (Halloween) almost just prior to dismissal turned out to be a false alarm caused by a system malfunction, according to the White Plains Police Department. However, until the error was completely determined White Plains Police responded in full force to protect students and staff. The lockdown remained in place with students sheltering, passing around social media false reports for over an hour.

An email from the White Plains mayor's office Thursday afternoon said the lockdown was initiated just before 2 p.m., nine minutes after the WPPD received the notification. Within 10 minutes after that a full response was under way. "The police department responded in force and cleared the building. There is no official conclusion as to why the lockdown notification was sent, but officials believe it was the result of a computer error," the email states.

A source at the high school told The White Plains Examiner that some policemen came in, armed with shotguns but not tactical gear, and asked if anyone knew who had turned on the alarm, the source said.

Police are conducting an investigation to conclusively determine the cause of the notification, most likely a new phone system installed to allow teachers to call in



TONI SEIDEMAN PHOTO

Inside White Plains High School during Thursday's lockdown.

a lockdown.

A lockdown is a precautionary measure in response to a threat directly to a school or in the surrounding community. In a lockdown all school activities are moved indoors. Depending on the type of lockdown, interior and exterior doors on campus are locked. No

one is allowed to enter or exit the building.

School staff know they must take any alarm seriously, Dr. Joseph Ricca, School Superintendent said. "A lockdown can be triggered by any teacher in the high school."


On Thursday afternoon the students inside were sheltered in classrooms and

closets, hiding from an unknown threat for more than an hour, while pictures of the closed campus with a heavy police presence outside circulated on social media.

Parents were asked not to come to the school, but those intending to pick up their children at school once the lockdown was cleared were told to go the United Methodist Church on Bryant Avenue and wait until they were permitted to approach the school for normal pick up.

Those students riding the bus home went on their normal routes after the lockdown was lifted. Dismissal of other district schools were delayed as a result of the lockdown at the high school.

On Friday, Lauren Elmer, editor-in-chief of the WPHS student newspaper, The Orange, wrote on the paper's website: "The Halloween lockdown at WPHS was terrifying for students, faculty, parents, and law enforcement. However, there was vast misinformation spreading inside the school that led to excessive and unnecessary panic. From my place in the nurse's supply closet, I first read rumors of an adult male being arrested outside of the school building with a gun. I then read that five kids were running around with one knife. Next was that three students from a different high school were inside the building with a knife, a gun, and a bomb. Needless to say, none of this was true."



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Westchester Magazine Publisher Dies at 57

Ralph Martinelli, the longtime publisher of Westchester Magazine, died on Saturday at 57.

Martinelli died from complications of a previous medical procedure, according to a family member.

An Ossining resident, Martinelli was a legendary Westchester figure, and his magazine's events attracted the county's business, political and social elite.

With more than a quarter century of experience as publisher of Westchester Magazine and Hudson Valley Magazine, Martinelli's company, Today Media, is widely admired in the industry for its innovative

approach to publishing in print and online.

Today Media, which has more than 150 employees, also manages Delaware Today, Hudson Valley Magazine, Main Line Today, Westchester Magazine, 914 INC, Westchester Home, Westchester/Hudson Valley Weddings, among others.

Martinelli was a supporter of the Food Bank for Westchester and sat on the Board of Directors for Arts Westchester.



"(He) was a devoted ArtsWestchester board member for 15 years and partner to the arts in the county for more than 30," ArtsWestchester stated on Facebook. "We have lost a Westchester visionary and a dear friend this weekend. ArtsWestchester offers heartfelt condolences to the entire Martinelli family at this time."

The Martinelli family has contributed to political life in Westchester for a long time. Martinelli is one of six brothers,

including a city court judge and a former city council president. Martinelli's father, Angelo Martinelli, was a longtime Yonkers mayor.

"The loss of Ralph Martinelli has shaken me personally and the roots of the BCW at our foundation," Dr. Marsha Gordon, the president/CEO of the Business Council of Westchester, stated in a mass email, also noting how Martinelli was a longtime member of the organization's board of directors. "... His publications defined Westchester, but did not define Ralph."

Martinelli attended Regis College from 1980 to 1982 and before that went to Iona Prep.

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Fair Campaign Practices Committee Finds Harrison's Belmont Team Activity Unfair

By Pat Casey

Frank Gordon, Democratic candidate for Town/Village of Harrison Supervisor/Mayor filed an unfair campaign practices complaint last week against the Belmont Team consisting of Republican candidates Ronald Belmont (incumbent candidate for Supervisor/Mayor), Fred Sciliano (candidate for Town/Village Council), Carlo Riccobono (candidate for Town/Village Council) and Jackie Greer (candidate for Town/Village Clerk).

The complaint, which was upheld by the Fair Campaign Practices Committee during a meeting on Nov. 2, asserted that The Belmont Team campaign repeatedly misled voters through uses of images of other elected officials in campaign materials, including photos with Congresswoman Nita Lowey, giving the false impression that the Congresswoman and others supported Belmont in his bid for re-election. This activity was determined to be "unfair."

Frank Gordon attended and represented himself before the Committee. Belmont did not attend and did not have a representative at the meeting.

The FCPC's Principles and Guidance state, "The candidate will not use or condone any campaign material...that misleads the public," and "A candidate may not alter materials ... created in different circumstances in such a way as to convey a false impression." The use of the photograph with US Congresswoman Nita Lowey as the profile photo on Mr. Belmont's Twitter account violates the FCPC's Principles and Guidance. In using an image of a candidate with another public figure in campaign materials, including social media accounts, the candidate should ensure that the context in which the photo was taken is clearly and factually conveyed. It is critical that the image not be used out of context or with no context provided.

Gordon also claimed that Belmont and The Belmont Team campaign have appropriated preexisting social media accounts in order to create the false appearance of support for or interest in the slate of candidates.

The FCPC found that there was inadequate information available to the Committee and therefore the Committee could not find for or against either party regarding this complaint.

Stepinac High School Students to Experience Homeless Life

By Neal Rentz

On Nov. 7, dozens of students from Archbishop Stepinac High School will not only be raising money for the homeless, they will experience what life is like to be without a home by spending the night outdoors in cardboard boxes.

The students will be participating in the Cardboard Box City Campaign. The students have been raising money from families and friends that will be donated to programs to assist the homeless in Westchester and New York City.

This will be the first year in which the Stepinac will be taking part in the program.

The program is being sponsored by Stepinac's Campus Ministry in conjunction with the school's athletics program, Drama Club, Rotary Club, Student Government and National Honor Society.

The idea to take part came from the schools' recently hired Director of Campus Ministry Roseanne Calvello. She said last week her two daughters participated in the program at other high schools and she wanted to bring it to Stepinac.

Calvello said beginning at 7 p.m. students will gather at Stepinac's outdoor athletic fields and prepare to spend the entire evening in a large cardboard box they will bring with them as well as blankets, a pillow or a sleeping bag. They will be instructed to eat dinner before arriving as their overnight stay, which will last 13 hours, ending at 8



About 150 Archbishop Stepinac High School students will take part in the Cardboard Box City Campaign event at the school to assist the homeless in Westchester County and New York City.

a.m. on Friday, Nov. 8, is without food, she said.

There has been an outstanding response from the student body, with about 150 Stepinac students saying they would participate, Calvello said. "It's taken off," she said.

Stepinac students are required to

complete 100 hours of community service by the end of their senior year and participation in Cardboard Box City program will count toward their hours, Calvello said.

Calvello said one of the aims for students in her new job is to "get them in the community more" to provide service to others.

Cardboard Box City, a program of the

non-profit Family Promise, is designed to help raise awareness about the increasing challenge of family homelessness in the community and to help raise funds to help the homeless make the transition to economic independence. According to Family Promise, one in four homeless is children. For more information, visit www.familypromise.org.

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Local Man Charged with Attempting to Take Sexual Photos of a Small Child

Westchester County District Attorney Anthony A. Scarpino, Jr. announced that John Passaretti, 50, of both West Palm Beach, Florida, and Pleasantville, was arraigned



Passaretti was arrested early on the morning of Oct. 29 by Port Chester Police with the assistance of Pleasantville Police, after a complaint was made that he may have photographed a young child in a sexual way. The incident was captured on a home video camera system, sometimes referred to as a "nanny cam." Westchester County DA's Criminal Investigators aided in the technology investigation.

If anyone has information about potential crimes related to this defendant, they are encouraged to come forward and notify local police.

Port Chester Man Charged with Repeated Sexual Abuse of a Child

Defendant Fermin Jaimes, 47, of Port Chester was arraigned on charges related to committing sex acts with a child under 13 years old over the course of six months or more. He was arraigned Oct. 29 in Port Chester Village Court and charged with Course of Sexual Conduct Against a Child in Second Degree, a Class D felony.

Prosecutors allege Fermin Jaimes subjected the child victim to several acts of sexual contact on multiple occasions in the first half of 2016. The child made a disclosure of the defendant's abuse to a friend and then to her mother.

Bail was set at \$20,000 cash/bond. He was scheduled to return to Village Court for a felony hearing Monday, Nov. 4.

on charges related to an attempt to take a sexually explicit photo of a small child.

Specifically, Passaretti is charged with attempted use of a child less than 17 years of age in a sexual performance, a Class D felony. He appeared in Village of Port Chester Court before Village Justice Peter Sisca and was remanded into custody.

His next court appearance was scheduled for Nov. 4, in Port Chester Village Court.

Woman Indicted for July Fatal Saw Mill River Parkway Crash

Defendant: Kristen Lynn, 34, of Yonkers has been indicted by a Westchester County Grand Jury in the death of a 28-year-old Yonkers woman on the Saw Mill River Parkway in Hastings-on-Hudson in July.

Lynn is charged with: Aggravated Vehicular Homicide, a class B felony; Manslaughter in the Second Degree, a class C felony; two counts of Vehicular Manslaughter in the Second Degree, a class D felony; Reckless Driving, a misdemeanor; Speeding, a traffic violation.

Just after midnight July 21, 2019, prosecutors allege, Kristen Lynn, driving a Lexus southbound on the Saw Mill River Parkway at Hastings-on-Hudson, rammed into the rear of a Honda driven by Danielle Gore-Johnson, 28, of Yonkers. By the impact of the crash and the speed at which the Lexus was traveling, Gore-Johnson's car was pushed off the road into the shoulder, spinning the car sideways. The Honda landed on impact against a tree where it split in half.

The driver was killed.

The indictment alleges that Lynn was driving in a reckless manner, at high speeds and with a blood alcohol count well above the legal limit. After crashing into the rear of the victim's vehicle, Lynn's car began skipping and spinning along the road. It then flipped over, slid for another several hundred feet and landed in the wooded shoulder. Lynn had been ejected from the vehicle before it came to a stop. Other motorists called

911. She was alive but semiconscious and unresponsive. Lynn was taken by ambulance to the hospital where she underwent surgery and treatment for serious injuries.

An extensive investigation was conducted into the crash by the Westchester County Police Accident Investigation and Reconstruction team, and detectives from the General Investigations Unit.

Following arraignment Lynn was released on \$20,000 bond. She is scheduled to appear in County Court on Nov. 12.



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DR. D-LUCS, DOCTOR DESIGNED LUXURY CUSTOM SHOES, WHITE PLAINS

By Neal Rentz

Dr. D-LuCS, Doctor Designed Luxury Custom Shoes in White Plains is not your typical shoe store.

Rather than picking out a premade pair of shoes customers design their own footwear.

The store is owned by Eastchester resident Dr. Bruce Pinker, who moved his business from Main Street to its current Church Street location in May. It is a separate business from Progressive Foot Care; though they are both located in the same offices and some clients utilize both businesses. Pinker is a podiatrist who also works at Progressive Foot Care.

Pinker described what his shoe business offers last week. "They're custom made shoes," he said. "Clients can choose what they want to wear. We try to guide them through in a thoughtful way." It usually takes two to three months for the process

of producing a pair of shoes to be completed, he said.

Aside from shoes, other types of footwear can be designed including sneakers, Pinker said.

Pinker said the shoes are comfortable and safe to wear. There is an examination of the client's feet which includes a type of X ray, a sonogram and "a computerized gait analysis to evaluate the way that they walk to see if they're any deficiencies that need to be addressed," he noted. Deficiencies are typically addressed by providing a custom made orthotic, an insert placed inside the shoes "to regulate the way that the foot hits the ground," he said.

"Custom made shoes have been available for quite a while," Pinker said. "I think we do it a little bit better and a little bit differently than the average shoemaker. We have several shoemakers who work for us. We give them all the plans and instructions."

Pinker explained the importance of foot



NEAL RENTZ PHOTO

Dr. Bruce Pinker is the owner of Dr. D-LuCS, Doctor Designed Luxury Custom Shoes in White Plains.

care, including the wearing of the appropriate footwear. "Your feet are your foundation for your whole body," he said. "So if there's a problem with your foot, whether it's a heel spur or an ulcer or a wound on the foot or you have just a really bad corn, it's difficult to walk. If you're not walking properly it can affect the lower back. It can cause a lot of back pain and can lead to many other issues."

Pinker will Progressive Foot Care continue a tradition for the 13th consecutive year when it conducts a holiday shoe drive

for the homeless. This year's Shoe Drive Celebration to thank those who have donated footwear will be held on Dec. 11 at BLT Steak, 221 Main St. in White Plains from 6 to 8 p.m. Pinker said attendees are being asked to donate a pair of shoes at the event.

Dr. D-LuCS, Doctor Designed Luxury Custom Shoes is located at 95 Church St. in White Plains. For more information call 844-373-5827 or visit <http://drd-lucs.com/>. The business is also on Facebook and Twitter.



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It's Time Americans Stepped Up and Learned About the First Amendment

By Judy Patrick
Executive VP for Editorial Development,
New York Press Association

The First Amendment isn't getting the appreciation and respect it deserves. Increasingly battered and misunderstood, it needs all the support it can get as divisive politics and advancing technologies drag us in new directions.

Many Americans don't even know the basics.

Of the five freedoms guaranteed by the First Amendment, 71 percent of Americans can name at least one, according to the 2019 State of The First Amendment poll by the non-profit Freedom Forum Institute.

That's certainly an improvement over 2018, when a pitiful 60 percent of those polled could name at least one of the five freedoms. But consider this: Of the 1,007 Americans polled for the 2019 survey, just six people correctly named all five freedoms.

In case the pollsters call you next year: The First Amendment guarantees freedom of speech, the press, religion and the right to petition and the right to assembly.

Better yet: We all need to work harder at being citizens who understand our rights, our responsibilities, how government works and what we value.

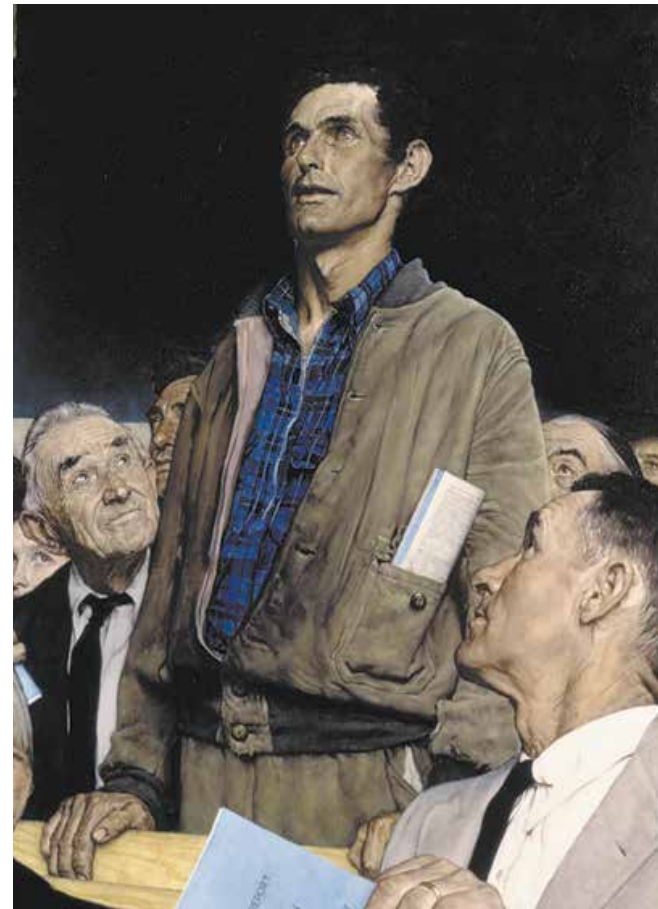
These powerful First Amendment freedoms, for example, give us all the courage to be independent thinkers and to live our lives how we want to. They allow us to challenge authority in ways unheard of in so many other parts of the world. It enables the press to act independently, hold government accountable and tilt at the occasional windmill.

Gene Policinski, president of the Freedom Forum Institute, said these freedoms help define who we are as Americans. For him, the First Amendment is the "blue collar amendment" – because it's such a workhorse, going to work every day in a real down-to-earth way.

Yet confusion is increasing. More people in this year's survey incorrectly thought the First Amendment includes the right to vote (up to 14 percent from 2 percent in 2018) and the right to bear arms (up to 16 percent from 9 percent in 2018).

There is some good news. The poll did not find substantial erosion in trust in journalism with 72 percent of those polled agreeing that it's important for our democracy that the news media act as a government watchdog, down from 73 percent in 2018. Policinski, however, worries that result may be skewed, reflecting people's loyalty to their individual "information bubbles."

The emergence of powerful social media platforms has also muddied the waters; 65 percent of those polled agreed that social media companies such as Facebook and Twitter violate users' First Amendment rights when they ban people. They don't. The First Amendment's protections apply to



Freedom of Speech, Norman Rockwell, Oil on canvas, Saturday Evening Post, Feb. 20, 1943 (© 1943 SEPS: Licensed by Curtis Publishing, Indianapolis, IN; Norman Rockwell Museum Collection)

the government, not private companies.

But the First Amendment presents us with all sorts of emotional and intellectual challenges. It's easy to support free speech when we agree with what's being said. It's far more challenging when we disagree or abhor what is being said, printed, painted, built or sung.

Indeed, the First Amendment has challenged us as a society as we have debated topics such as school prayer, flag burning, printing classified information, curfews, the teaching of evolution, protests at military funerals, blue laws, Christmas displays in public parks and mandatory measles vaccinations.

The rhetoric around such issues can be alienating. An increasing number of us, for example, think the First Amendment goes too far in the rights it guarantees (29 percent in 2019, up from 23 percent in 2018 and 2017).

Maybe we just need another Norman Rockwell for an idealistic re-boot.

In the 1940s, as the U.S. headed into what would become World War II, Rockwell's series of freedom paintings helped Americans understand the freedoms at stake. His four iconic works captured parts of the First Amendment (freedom of speech and religion) and added the freedoms to be free of want and fear.

Despite President Franklin Roosevelt's oratory, the "four freedoms" he outlined in 1941 speech failed to resonate with the public in a meaningful way. For help, the White House reached out to the nation's artists and musicians.

"[Rockwell] wanted to interpret them in a way the average American could understand," said Stephanie Plunkett, chief curator of the Norman Rockwell Museum in Stockbridge, Mass.

But it was a challenge. "The Four Freedoms are so darned high blown. Somehow I just couldn't get my mind around it," Rockwell is quoted as saying.

But by using scenarios from real life in small-town America, did just that. Rockwell's "Freedom of Speech," featuring a man standing up and speaking up in a crowded meeting room, was based on an actual town meeting in Arlington, VT. The man

was a farmer unhappy with a school project that would increase his taxes. "He gave his opinion, nodded his head and sat down," Plunkett said.

Rockwell's idealistic "Four Freedoms" have remained popular, both providing a sense of what led America to World War II and as underscoring ideals that remain important throughout in the world, Plunkett said.

A special touring exhibit, "Rockwell, Roosevelt & The Four Freedoms: Enduring Ideals," has been on display in Normandy, France, since May as part of the 75th commemoration of the D-Day invasion.

The exhibit returns to the U.S. from France this fall, making stops in Houston and Denver before returning home next fall. Here are the details: Le Memorial de Caen, Caen, France, through Oct. 27; Museum of Fine Arts in Houston, Texas Dec. 15, 2019 through March 22, 2020; Denver Art Museum, Denver, May 3, 2020 through Aug. 23, 2020; Norman Rockwell Museum in Stockbridge, Mass., Sept. 12, 2020 through Jan. 17, 2021.

This article was posted on October 23, 2019 by Freedom Forum Institute and is reprinted here with permission.

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Obituaries

Emanuel Cohen

Emanuel Cohen (aka Manny), age 92, passed away Nov. 1, at his home in Hartsdale.

Born in New York City, he spent his first 40 years of his life a resident of the Bronx. He was the son of Shirley and Samuel Cohen. He was survived by his children Gary Cohen, Iris Cohen [Pete Tamburrini] and Kim Lovely [Eric Lovely]; grandchildren Bodhi and Nyasa Lovely; brother Moe [Pearl] Cohen; sisters Fay Staub, Pauline Yokely, and Helene [Al] Tullo. His parents and siblings Brenda Scherrer and Eddy Cohen preceded him in death.

Manny served with the 88th Division Signal Company of the United States Army during WW2 as a radio operator. After his honorable discharge, Manny utilized his military training to repair televisions, radios and anything electronic as the owner of a radio & TV repair shop. He was a well-known and respected Ham Radio operator who had served for years as President of the Westchester Repeater Association in Yonkers. His call letters were K2ILF. Manny also volunteered with the New York State Disaster Preparedness Commission. He was an accomplished Vocational Teacher at Samuel Gompers High School in the Bronx (of which he was an alumnus) teaching both HS and Adult Education. Upon retirement, he then worked a subsequent career with Comlab in Elmsford, repairing computers. He kept up with the rapid changing technologies even into his nineties.

Aside from the smell of cherry pipe tobacco, some elements, which may come to mind from people that knew Manny are his smile, friendly demeanor, cooking, handy man, love of music and chess. He was considered a second father to the people he welcomed into his home over the years. He was a frugal spender, aware of the value of money and work. He was mentally strong and determined and kept his sense of humor to the end.

Manny will be missed but his memory will live on within the many people he came to know along the way.

In lieu of flowers, please send donations to a cancer organization of your choice or plant a tree in his name.

Byron Duncan

For over two years Byron answered the God of Death with "not today." Finally, on Oct. 29, he replied "today" at 31 years old.

Byron was liberated from his prison of pain and suffering. He left with family and friends holding, comforting and embracing him with love as he passed; he was not alone.

Duncan was born in White Plains on June 3, 1988, to Kerry Kelly (his sidekick Kablooy) and the late Robert E. Duncan. He is survived by his adored sister Kelly (aka Kelly Beenz or Chicken), uncle Dennis J. Kelly in Colombia and devoted friend and brother for life John Cambareri and family.

Duncan was a graduate of White Plains High School ('06) and will always be a Tiger. He was a three-sport athlete and proud member of the football team. He also attended William Paterson University where he continued to play as a member of Pioneer football.

A lover of a cold beer and Johnny Walker Black, a good cigar and oysters, Byron liked

nothing better than indulging in all with friends. His passions included fishing (more than one got away), shooting (clays never had a chance!), Subaru (hence "Duncaru"), annoying video games, amateur photography (what an eye!), the New York Rangers and (until this season) the New York Giants; and most importantly, loving and laughing. Never a dull moment with his wicked humor and sarcasm and always up for a good time, he could light up a room. To quote a friend: "May God bless you with unlimited beer and ammo in heaven."

Thank you to all who visited, prayed, sent good thoughts and supported him throughout this ordeal. It was a small group of great friends who shared the precious gift of their time with him; you will never know how much it meant to him that he knew you loved him. Special thanks to John and his unwavering devotion; he never left his side and took this too-long, horrible journey with us every step of the way.

Please know Byron fought hard and did not want to leave – but he had to. Our wish is that he is not forgotten, that you remember him fondly and often. We hope his legacy will be kindness to others, appreciation of those with special needs, love of friends and family and a good time.

In lieu of flowers, Byron would appreciate donations to Kelly's program at ARC of Westchester Foundation, 265 Saw Mill River Rd., Hawthorne, N.Y. 10532.

Byron, we will miss you every minute of every day. Godspeed my love – until we meet again.

Martha LaCava Cordelli

Martha J. LaCava Cordelli, of White Plains, died Oct. 28. She was 84.

Martha was born Jan. 30, 1935 in Sarandi del Yi, Uruguay to Luis and Maria Belen LaCava.

On July 28, 1974, Martha married her husband, Anthony Cordelli, in New York City. Besides her husband Anthony, Martha is survived by her two brothers; Ruben LaCava, and Francisco LaCava, and sister-in-law Maria Echenique.

Martha was a wonderful, warm and devoted wife, aunt, sister and friend. Educated at the Sorbonne in Paris, Martha fluently spoke five languages and traveled the world with her devoted husband Anthony. Martha was a foreign language teacher in the prestigious United Nations International School of New York. A lifelong avid reader and active learner, Martha was intelligent, well-educated and cosmopolitan. Family was very important to Martha and she never forgot a birthday and attended every family event. Martha was a devoted aunt to numerous nieces and nephews, each whom she treated as a very special person. Five years ago, Martha was tragically struck down with Guillain Barre Syndrome and had to learn how to talk and move again, which she did. Everyone admired her courage and positive attitude, despite six years in bed. To the very end Martha was fully engaged in current events and was rereading all her favorite books from throughout her years.



Elizabeth Fanelli

Elizabeth M. Fanelli "Betty", a West Harrison resident, died Oct. 27, at the age of 86.

She was born April 24, 1933 in Dobbs Ferry, NY to the late Donato "Denny" and Clara Paradiso.

Elizabeth married Sam Fanelli Jr. "Pop" on Aug. 30, 1953 at Our Lady of Pompeii Church in Dobbs Ferry. He predeceased her in 2016.

Elizabeth was a bank manager at Community Mutual in W. Harrison. She retired in Dec. 1992.

Elizabeth is survived by her children; Robert (Stacy) Fanelli of Hillsborough, NJ, Sam III (Barbara) of W. Harrison, and Laurie (George) Hawks of W. Harrison, her grandchildren; Sam William, Ashley (Jarrett) Jacobsen, Daniel, Jamie (Nelson) Vargas, and Robert (RJ), and her brother-in-law and sister-in-law John and Marie Fanelli Lake Worth, FL.

She was predeceased by her brother John Paradiso.

In lieu of flowers donation to the American Heart Association and the Susan G. Komen Foundation.

Bernice Hall

Bernice Hall, a lifelong resident of New York, entered into eternal rest on Oct. 27.

Bernice, the oldest daughter of the late Austin and Rosa Lee James, was born on Jan. 14, 1949 in White Plains.

Bernice married her loving husband, David Hall Sr. on Sept. 13, 1969. They

moved to Mount Vernon shortly after and began their family. They shared 50 years of marriage and raised their three wonderful children, Tracey, David, and Tamisha.

Bernice was educated in the White Plains Public School System. She was employed as a Packer at Saks Fifth Avenue in 1980. After retiring, she began working in childcare at the Early Learning Daycare Center. Bernice particularly enjoyed working with children. Throughout her life, she helped to guide and support many children in her neighborhood, family, and church. In her later years, Bernice finally enjoyed her retirement, spending her days reading, cooking, watching her favorite TV shows or traveling with her family.

Bernice joined the Greater Eternal Light Church in 1989, was baptized and received the gift of the Holy Ghost. She was a prayer warrior, and through her prayers and faith in God she led many of her family members and friends to Christ. Bernice was a loyal, faithful Missionary at GELC and was known to reach out to various members to offer encouraging words and prayers.

Bernice is predeceased by both her parents and her sisters, Esther and Rosemary James.

She leaves to cherish her memory her husband David Hall Sr.; two brothers Marshall James of Dorchester, MA and Austin James Jr. (Wanda) of Fredericksburg, VA; her children Tracey Brumfield of Chicago, IL, David Jr. (Sharon) and Tamisha Grey (Thomas) of Mt. Vernon; two grandchildren Timothy Ackerman and Dashliea Hall; three great-grandchildren Khaleem Stevenson, Tia Ackerman, and Khelys Stevenson; and a host of extended family and friends.

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The Teen Vaping Crisis: What Parents Need to Know



By
Dr. Mason Gomburg

We’ve all heard about the effects of vaping. As of Oct. 24, The New York Times reports 1,604 vaping illnesses and 34 deaths from vaping related illnesses across America, according to statistics released by the Centers for Disease Control (CDC) and state agencies. While the negative effects of vaping are still under review, as a pediatrician I’ve noticed an even more alarming trend: vaping is quickly becoming a pediatric health issue.

Today, the CDC reports that 28% of high school students and 10% of middle-school students are using e-cigarettes. In response to these and other alarming statistics, Governor Mario Cuomo recently raised the legal age to purchase tobacco products from 18 to 21, and banned the sale of flavored e-cigarettes. However, a New York State court recently halted that ban until the case can be heard by the State Supreme Court.

Initially positioned as a way to help adults quit smoking, when it comes to children, collective industry research shows that e-cigarette use in teens is a gateway to smoking. E-cigarettes are easy to use, seem to project a “cool” factor, and are marketed as “safe,” with the companies that produce them offering innocent-sounding flavors such as mango, cotton candy, pineapple and watermelon. The devices are small and often disguised as a USB or pen—objects

that can be tossed into a backpack and easily brought into schools. Rechargeable batteries and replaceable cartridges allow users to “customize” delivery; they can use “extra-strength” nicotine, for instance, or adjust the voltage for a more powerful “hit.”

While much about the long-term effects of vaping are still unknown, parents should be aware and concerned about the specific health risks to teens.

Nicotine addiction. Some of these pods or cartridges can contain up to 36 mg/milliliters of nicotine each, the equivalent to about a pack a day, according to truthinitiative.org. That makes them highly addictive, especially in young people. According to research in the journal Pediatrics, “high school students who vaped more than seven times were more likely to report using cigarettes in the next six months.”

Rewiring the young brain. According to the CDC, nicotine exposure during adolescence can harm the developing prefrontal cortex of the brain – the part that is responsible for controlling emotions and impulses. This part of the brain doesn’t finish developing until about age 25. Nicotine changes the brain by increasing the amount of receptors needed to handle the large doses of nicotine from vaping or smoking. When the brain stops receiving that amount, it goes into withdrawal – and craves more. It can also lead to an impact on learning, memory and attention.

Vapor exposure. Lungs are designed to inhale one thing: oxygen. Inhaling any other substance is risky and dangerous. Without regulation of the substances in e-cigarette cartridges, we can’t be sure what’s in them. They may contain the marijuana derivatives THC and CBD, as well as carcinogens and other poisons that can cause severe lung damage and death. Some of these toxic chemical substances have been associated with acute eosinophilic/allergic pneumonia. This type of pneumonia can cause severe pulmonary illness and even death.

Explosions and burns. Finally, as reported in WebMD.com, there have been cases of vape devices blowing up in teens’ pockets and faces, causing burns, facial damage and even breaking bones. No one knows why these devices are combusting, but it may have something to do with the lithium ion batteries or using devices without safety features, such as an automatic shutoff.

One thing is certain: vaping is bad news, especially for children. In my practice, I work to educate parents about the risks and the possibility that their kids might be tempted to try a vape product. My advice is to start the conversation early in a non-judgmental way, before children head off to middle school where vaping often starts. Then, keep the dialogue open and ongoing; revisit the topic throughout middle school and high school to encourage safe behavior.

The Surgeon General offers also an excellent tip sheet for parents at: <https://e-cigarettes.surgeongeneral.gov/>

If you have questions or concerns about vaping and your child, I encourage you to speak to your child’s pediatrician. Education and awareness are a parent’s best tools to fight this epidemic.

Dr. Mason Gomburg is a board-certified pediatrician with White Plains Hospital Physicians Associates and practices in Somers and Yorktown Heights. To reach Dr. Gomburg’s office, call (914) 849-7075.

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Across
1. Break
7. Keaton flick: “Mr. ____”
10. Low point on a director’s resume
11. Dredge (up)
12. Metaphor
13. Pulls the plug on
14. Belonging to actor Griffin or White Plains pub
16. Political pundit Bill
19. Middle East chieftains

Down
1. Football positions
2. Film distributor and record company
3. Goes with dot
4. Relating to crime investigations
5. Age of the first air breathing mammals
6. Spotted
7. Stately residence
8. Authorized
9. Spanish for month
11. In the next life
15. Fixed by a vet
16. Criminal patterns, for short
17. Physician’s org.
18. Indiana college or Yorktown electric contractor
20. Corinne Bailey ____ 2007 Grammy nominee
21. Orch. section
27. Caffeine source
28. Baby seat
29. Paul Bunyan’s tool
31. Great Lakes cargo
32. Spy novelist, Deighton
33. Outfielder Roush

22. Muscat resident
23. Member of a wolf pack
24. Father Christmas
25. Copier substance
26. Grunted
28. Material for a volcanologist
30. Baltimore member
34. Olympics jump
35. Looked suggestively
36. A pop
37. Part of the total

Solution on page 17

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ACL Injuries Growing Occurrence: How to Prevent and Rehabilitate Them



By Rachel Amarosa

With the growing popularity of and participation in adolescence sports, there has been a substantial increase in the occurrence of youth athletic injuries nationwide.

Anterior cruciate ligament (ACL) injuries are one of the more devastating and frequent injuries that occur in our athletic youth population today. The ACL is one of four major ligaments that provides stability in the knee joint. Ligaments are non-stretchable, strong fibers that hold bones together.

Often when the ACL is either damaged or torn it is common to have an injury to the medial cruciate ligament (MCL) and/or the meniscus structures as well. The MCL is another one of the four major ligaments of the knee that provides stability and the meniscus is soft tissue that acts like a cushion within the knee joint, between the tibia and femur bones. An injury to the MCL or meniscus in association with an ACL injury can make the overall return to action slightly more complicated and usually longer.

Here comes the shocking news: Nearly one in 60 adolescent athletes will suffer an ACL injury during their athletic participation. Many of these athletes will

then undergo an ACL reconstruction, which is a 6- to 12-month recovery. In adolescent athletes, females are up to eight times more likely to tear their ACLs compared to their male counterparts.

There are several studies that indicate anatomical, physiological and behavioral factors between males and females that are the reasons for such a large ratio difference. The differences in strength, landing mechanics, cutting mechanics, hormone levels and training programs have all been identified as possible risk factors for ACL injuries in adolescent females. Furthermore, most of those ACL injuries occur with little to no contact.

Most non-contact ACL injuries occur from a sudden change in direction, sudden deceleration or by landing incorrectly from a jump. All these movements happen across most sports, making it all the more important to learn what you can do to help reduce the risk.

Many well-designed sports training programs will create comprehensive workouts to prevent several types of sports-related injuries. For an ACL prevention training program, it must include balance, proprioception, strengthening, endurance, conditioning, agility, proper landing mechanics and sports specific exercises. A key is to make sure you are doing exercises

properly with a focus on quality of movement.

In addition to learning general prevention of an initial ACL injury, it's important to consider how athletes return to sports following an injury. After ACL reconstruction, an athlete can expect at least six months of physical therapy and possible upwards of a year. Physical therapy will help you regain full range of motion, stability and strength.

They will also address proper movement patterns, landing techniques and sports specific training.

It is essential to continue a comprehensive training program because adolescent athletes with an ACL injury have a 15 times greater risk of sustaining a second ACL injury of either the same or opposite leg after returning to sports. Research has shown that even though an athlete is cleared to return to their sport, there often continues to be some residual muscle weakness and asymmetry, along with compensatory movement patterns. This not only shines a light on continuing a training program after sustaining an ACL injury but should make you do whatever you can to initially prevent an ACL injury.

Understanding the need and timing of certain interventions is hard for an adolescent athlete to do on their own. It can require some help from their families, coaches and local professionals. Physical

therapists and certified athletic trainers are healthcare professionals that can perform extensive functional assessments and screenings to help determine where the weaknesses, imbalances and concerns can be for your athlete.

For the female adolescent athlete there is a hyper-focus on assessing their proper landing mechanics, form when squatting and lunging and general testing of their overall lower extremity strength. They then use the information to provide a comprehensive training program designed to help prevent the risk of an unwanted ACL injury along with many other types of injuries as well.

Rachel Amarosa is a certified athletic trainer and the marketing and communications director at ProClinix Sports Physical Therapy & Chiropractic with locations in Armonk, Pleasantville and Ardsley. For more information about this article or about ProClinix, Rachel can be reached at 914-202-0700 or at ramarosa@proclinux.com. You can also visit www.ProClinix.com.

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The Evolution of the Dining Room and Dining Table

As a realtor who writes about homes, as a writer who sells homes, I am always curious about various features of a home, specifically their history. My curiosity recently focused on the dining room, and in particular, the dining table.

I remember my first dining room set, which looked more like a kitchen set since it was made of chrome, was purchased from Macy's for \$35. That was more than a half-century ago. In 2019 dollars, that would be \$297, but still a bargain. A modest start, but considering that I never could cook and never sat at the table for a meal when I was a bachelor, there was no need for anything more substantial.

Today my dining table is a massive slab of beveled glass set upon two truncated Ionic columns, with six modern chairs, all purchased wholesale 30 years ago from a Chicago furniture mart for \$10,000.

It's hard to imagine a time when the dining room table wasn't the focal point of the dining room. Through most of history, people dined on small tables or stone platforms rather than large dining room tables. Tables were used for writing and playing games, not for dining.

The Greeks were the first to design rooms specifically designed for eating – or in their case – feasting. These rooms featured couches of stone or wood, which accommodated only men, chauvinist pigs that they were, while women stood by and youths sat on the ground.

Ancient Romans also ate their meals in a special room, and obviously liked the company of women a bit better than the Greeks, accommodating them on the same kind of couches where the men ate.

It wasn't until the 16th century that dining room tables became popular. Although many types of tables had been around since ancient times, they were not the dining room tables we know today, which are smaller and more feminine in style, embracing the furnishing styles of their various periods.

By the Victorian era, well-to-do consumers spent lavishly on their dining rooms, outfitting them with upholstered chairs, mahogany sideboards, beautiful bone china and expensive linen napkins and tablecloths. Mealtime for them was an event, and they staged their meals as comfortably as they could afford, which included a table substantial enough to support its lavish offerings.

In most homes the dining room table was in or near the kitchen. However, that was not always the case. Historically, the dining room

and kitchen were far from each other, on a different floor and sometimes even in a different building, since, kitchens could get hot and were sometimes the cause of house fires. That can be found in restorations such as Colonial Williamsburg and nearby at Van Cortlandt Manor in Croton-on-Hudson and the Roosevelt home in Hyde Park.

Through the years, the dining table has shrunk from long trestle tables with benches in the Middle Ages, designed to seat everyone in the castle. The dining table became smaller as the nobility began to prefer more intimate gatherings in parlors off the main hall.

At the beginning of the 18th century, it was not uncommon for the ladies to withdraw from the dining room after dinner.

Because gentlemen would stay to enjoy drinks and cigars, the dining room became more associated with men, and its décor and furniture reflected this more masculine bent.

Amusingly enough, in Victorian times, any suggestion in décor of the female shape was considered risqué. This included table legs. Therefore, unseemly table legs were kept out of sight and covered up to avoid inciting

men's imaginations.

Before the late 18th century, it was difficult for American families to dine together regularly, in part because dining rooms and dining tables were not yet a thing. Rooms and tables had multiple uses and families would eat in shifts, if necessary. If there weren't enough chairs for all family members, the men would sit and the women and children might stand, coming and going from the table.

The rise of the American family dinner depended upon the arrival of the dining table and the dining room from Europe, where they had been embraced since Elizabethan times. One of the first American homes to have a room specifically meant for dining was Thomas Jefferson's Monticello, built in 1772. The dining room, with the dining table at its center, began to be incorporated into wealthy homes across the country, eventually trickling down to the middle class.

My home may not be Versailles or Monticello, but as I sit at my dining table with family and friends, I indeed feel like the king of my castle.

Bill Primavera is a Realtor® associated with William Raveis Real Estate and founder of Primavera Public Relations, Inc., the longest running public relations agency in Westchester (www.PrimaveraPR.com), specializing in lifestyles, real estate and development. To engage the services of The Home Guru and his team to market your home for sale, call 914-522-2076.



By Bill Primavera

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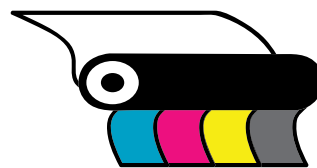


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An Answer to the Search for New Age Wines



By Nick Antonaccio

There is so much good wine being produced today. A good portion of it can be found on your local wine retailer's shelves.

Yet there are a growing number of wines from lesser-known regions and/or lesser-known producers. These wines lurk in the shadows of the wine world, waiting to be discovered and brought into the United States for the consideration of the increasing number of wine lovers (many of whom are millennials)

'the greatest era of quality, affordable wines in recent history.'

seeking the next great wine to enjoy, to taunt their friends and to assert their wine geek status.

The latest generation of winemakers across the globe – whether generational on family plots or hired by wealthy patrons smitten with the allure of producing esteemable wines – has access to the latest techniques and technology. They are combining each to produce what I consider the greatest era of quality, affordable wines

in recent history.

If you have been following my recent columns, I had the opportunity to enjoy the rewards of this renaissance at the Cantine Ciani winery in the Campania region of Italy. Last week's column focused on my first visit last month to the winery. There, I enjoyed the wines of Cantine Ciani, including three whites, two sparkling wines a rosé and a red. The website describes each offering in detail. I enjoyed each of the seven offerings, but my opinion may be construed as a bit biased, so I'll leave such opinions to others.

I also witness this new world of winemaking in my frequent forays to eclectic retail wine shops and sponsored tastings in New York City. One of these forums, the Wine Media Guild, recently held a tasting and luncheon, featuring the wines of Campania. This week's column focuses on the wines I sampled there, including Ciani.

The Wine Media Guild is an organization of professionals whose mission is to inform and educate others in the dynamics of today's global wine markets. At their October event, 17 Campanian wineries were represented, with 31 wines offered spanning nine grapes. Several of the Cantine Ciani wines were included, notably Fiano di Avellino, Greco di Tufo, Aglianico and rosé of Aglianico. To my palate, all of the wines exemplified the unique characteristics of these ancient grapes.

You Heard It Through the Grapevine

On a broader scale, the wines presented were a smattering of the wines produced in the broader region of Campania. But here's the rub: many of these wines are being consumed in-country, without the benefit of marketing in the United States. I expect many more will be imported into the New York region in the next 12 to 18 months. Ask your local retailer to expand their offerings.

The quality and affordability of Campanian wines are squarely aimed at the United States market – and the producers are aggressively knocking on the doors of importers and distributors.

My favorite producers included:

Falanghina: Marisa Cuomo Furore Bianco, 2018, Costa d'Amalfi, DOC.

Fiano: Tenuta Sarno 1860 Di Maura E Adele, 2016, Avellino, DOCG.

Greco di Tufo: Donnachiara Aletheia, 2017, Tufo, DOCG.

Aglianico: Contrade di Taurasi (Cantine Lonardo), 2013, Taurasi DOCG.

One further note on my personal favorite grape of the event: the Aglianicos were well represented by vintner and by vintage. From 2017 to 2019, a tasting journey through the aging potential of this age-worthy grape included three from the highest regarded Campanian sub appellation of Taurasi. As might be expected, each of the eight Aglianicos presented were of differing terroirs and styles, including those from

Taurasi. Each of these intense wines, rich in red fruit aromas, high in acid and tannins in youth, should continue to age well.

For the opinions of these Campanian wines from other Wine Media Guild members, visit the guild's website and Instagram accounts.

The opportunities abound to experience new wines of excellent quality at affordable prices. Begin your search in Campania. It promises to be highly rewarding.

Nick Antonaccio is a 40-year Pleasantville resident. For over 25 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.



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Happenings

Tuesday, Nov. 5

Election Day. Get out and vote for your local government representatives.

Tuesdays@Dorrry's. The ABC's and D of Medicare, and Medicare Myths Exposed. Robert Remin is an Independent Insurance Agent specializing in the Medicare Eligible Market, Life and Long Term Care, Long Term Disability, and Supplemental Benefits Insurance. He is what he calls a carrier "agnostic"—an unbiased resource whose only goal is to educate so that people understand their entire Medicare and other insurance options. Robert will cover the A,B,C's and D's of Medicare, changes for 2020, and what he calls Medicare Myths. His talk is for those turning 65 soon and retiring, those already in the Medicare-eligible market, and adult children making insurance decisions for their parents. It is also appropriate for the following professionals: CPA's, CFP's, F/A's, Trust and Estate Attorneys, Business Attorneys, Matrimonial Attorneys, Social Workers, and others. He will include questions about Medicare and, if there is enough time, about Long Term Care and Social Security. Weekly table talkers meet to discuss community issues and hear a presentation. Food ordering begins at 5:15 p.m. Presentation 6 to 7 p.m. Everyone is welcome. Dorrry's Diner, 468 Mamaroneck Ave., White Plains.

"Alexander Nevsky." On the eve of World War II, the great Russian director Sergei Eisenstein ("Battleship Potemkin") and Sergei Prokofiev were whisked into service as Russia readied itself for battle. The stirring tale of a ragtag Russian army battling a powerful invader. There will also be a 10-minute film featuring Daniil Trifonov playing the first movement of Rachmaninov's Fourth Concerto before the screening. Part of the Caramoor at the Burns: Movies Musicians Love series. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 2 and 7 p.m. Members: \$10. Non-members: \$15. Info and tickets: Visit www.burnsfilmcenter.org.

Wednesday, Nov. 6

Farmers' Market. Downtown Farmers' Market on Court Street in White Plains. Hours of operation each Wednesday are 8 a.m. to 4 p.m.

Lunchtime Meditation. A weekly meditation program. Brief beginning instruction will be followed by meditation. No experience or special equipment needed. A guest instructor will lead the program the first Wednesday of each month; 12:15 to 1 p.m. White Plains Library, 100 Martine Ave., White Plains.

Noonday Concert. Reimagining I- The first in a series of three concerts which focus on the art of transcription; presented with the support of the Rudyard and Emanuella Reimss Memorial Fund of the Westchester Community Foundation. The Downtown Sinfonietta Chamber Players (featuring members of the Metropolitan Opera

Orchestra) are joined by Youlan Ji, 2018 First Prize Winner of the New York International Piano Competition to perform the Mozart Piano Concerto No. 9 in E-flat major (K 271) as transcribed in 1880 by Ignaz Lachner and published that same year, in Stuttgart, by Edition Cotta. 12:10 p.m. A pre-concert talk which places the music in historical context begins at 11:50 a.m. The concert will be held in Grace Church, 33 Church St., White Plains. There is no admission fee, donation suggested. This concert is made possible, in part, with a generous gift from Sabin and Beverley Streeter.

Senior Movie Matinees: "A Man Called Ove." Starring Rolf Lassgård. In Swedish; with English subtitles. Refreshments served following the screening. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 1 p.m. \$10. Advance reservations required. Info and reservations: Contact Abby Popper at 914-773-7663 ext. 424.

Which Craft? Wednesday. Sewing. Learn to use a sewing machine and make a simple project. For students in grades 6 and up on a first-come, first-served basis. 4 to 5 p.m. Space is limited for this week's project.

Love 'Em, Leave 'Em: Leaf Mulching Workshop. A leaf mulching expert will show you how to keep your lawn healthy by mulching your leaves in places. Attendees will leave the workshop with a greater understanding of how important mulch is to our soil. Free event. 6:30 to 8 p.m. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale.

"13 Drivers' Licenses." Manhattanville's Colleges Department of World Religions and the Holocaust & Human Rights Education Center presents this exhibit which features the story of 14 German students working together to uncover the secrets hidden within the 13 drivers' licenses. Presented by Lisa Salko. Manhattanville College's Berman Center, 2900 Purchase St., Purchase. 7 p.m. Free. Registration required. Info and registration: www.hhrecny.org.

Parenting Teenagers. Life coach and former teacher, Annick Duignan, will help you: Gain an understanding of your role as a parent during these years; Create strategies for handling the transition period from child to adult with your teenager; Discover ways to stay connected with your child and have fun together. Refreshments will be served. Please register to attend this event. 7 to 8 p.m. Edge Media Lab, White Plains Library. 914-422-6923 to register.

Thursday, Nov. 7

Opening Reception for "The 44th Annual Ground Glass Exhibition." The Ground Glass, a Westchester-based association of photographers, will be hosting this juried selection of photographs. Chuck Kelton, a respected fine art photographer and master printer for many photographers served as the juror for this year's exhibit.

The Examiner is happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event to pcasey@theexaminernews.com. For a full listing of the upcoming week's events, visit www.theexaminernews.com and click on Happenings.

The Rye Arts Center Gallery, 51 Milton Rd. Rye. 5 to 7 p.m. Free. Exhibit continues through Nov. 27. Gallery hours are Monday and Saturday from 9 a.m. to 3 p.m. and Tuesday through Friday from 9 a.m. to 7 p.m. Info: 914-967-0070 or visit www.ryeartscenter.org.

Poetry Slam & Open Mic. At White Plains Public Library; 6:30 to 9 p.m. Our exciting "1st Wednesday" series continues with Open Mic, SLAM competition and feature performance from guest poet Michael Brown! To take part in the open mic or slam, please register between 6:30 and 7 p.m. Slam poets should bring at least one original poem of up to 3 minutes. Registration closes promptly at 7 p.m., and the program starts shortly thereafter. Co-hosted by local poet and slam-master Eric ZORK Alan. All are welcome! Questions? Contact program librarian Kristen Thornton-De Stafeno by phone (422-6947) or e-mail (kthornton@whiteplainslibrary.org).

Social Security Educational Workshop. For anyone 60 to 70 years old. Led by Paul Petrone, Social Security, retirement income and tax specialist. Rye Free Reading Room Library, 1061 Boston Post Rd., Rye. 6:30 to 7:30 p.m. Free. Registration required. Info and registration: 914-231-3161 or visit www.ryelibrary.org.

On a Winter's Night. Presenting the 25th anniversary of "On a Winter's Night" from veteran singer-songwriters Christine Lavin, John Gorka, Patty Larkin, Cheryl Wheeler and Cliff Eberhardt. These are among the brightest starts of the singer-songwriter movement for the past three decades. In 1994, Lavin gathered them together, along with folk and Americana artists to showcase music of the "Winter Season" on the now classic "On a Winter's Night" CD, followed by several years of touring collaborations. These artists have released dozens of recordings and toured steadily through the decades, with fond memories of their touring days together. Tarrytown Music Hall, 13 Main St., Tarrytown. 8 p.m. \$35, \$45 and \$55. Info and tickets: Visit www.tarrytownmusichall.org.

Friday, Nov. 8

Great Books Forum Series. "Auschwitz and After" by Charlotte Delbo will be discussed. Led by Professor Scott Zaluda. Westchester Community College's Gateway Center, Room 131, 75 Grasslands Rd., Valhalla. 6 to 8 p.m. Free. Info: E-mail Professor James Werner at james.werner@sunywcc.edu

The Sleepy Hollow Experience. This outdoor immersive theater event will now be seen for the first time in the tristate area, staged at the estate of Washington Irving, just in time for the bicentennial of his publication of "The Legend of Sleepy Hollow." The production features live professional musicians and singers, who will perform the scenes in various locations around the estate and engage with audience members. Theater-goers will be guided by

storytellers from scene to scene, meeting Ichabod Crane and Katrina Van Tassel, imbibing and snacking during the famous party scene at the Van Tassel', and, in a thrilling climax, encountering the Headless Horseman himself. Washington Irving's Sunnyside, 3 W. Sunnyside Lane, Tarrytown. 6 and 8 p.m. Tickets start at \$45 for adults and \$25 for children. Historic Hudson Valley members receive a 10 percent discount. Fridays, Saturdays and Sundays through Nov. 10. Also Nov. 9 and 10 at 5, 7 and 9 p.m. Info and tickets: 914-366-6900 or visit www.hudsonvalley.org.

Gina Chavez. This alt-pop sensation is a nine-time Austin Music Award Winner, including 2015 Musician of the Year and Album of the Year. Chavez's passionate, bilingual songs traverse cumbia, bossa nova, vintage pop, reggaeton and folk. With dynamic vocals and sharp social commentary, she'll take you on a journey through the Americas, expertly blending sounds with tension and grace. Chavez is currently touring her new EP "Lightbeam," a collection of songs about the journey and hardships she and her wife have undergone to be able to publicly express their love for each other as Catholic, Latina women. PepsiCo Theatre, 735 Anderson Hill Rd., Purchase. 8 p.m. \$25 to \$45. Info and tickets: 914-251-6200 or visit www.artscenter.org.

Westchester Photographic Society: Photo Competition 2B. Members compete in digital competitions – color and "open mind." Critiqued by a professional judge. For adults 18 years old and up. Westchester Community College's Technology Building, Room 107, 75 Grasslands Rd., Valhalla. (Use Parking Lot 11) 8 p.m. Free. Info: 914-827-5353 or visit www.wpsphoto.org.

"Back to the Garden." An original, full-length play by award-winning Westchester playwright Albi Gorn. Follow Adam and Eve as they are expelled from the Garden of Eden and learn to fend for themselves in the wilderness that lies beyond. When they encounter the sometimes bumbling and often volatile inhabitants of civilization's dawn, they learn how to help these people in their struggle to survive and discover the truth about God's power – and their own. Axial Theatre at St. John's Episcopal Church, 8 Sunnyside Ave., Pleasantville. 8 p.m. Adults: \$25. Seniors and students: \$25. Also Nov. 9, 15 and 16 at 8 p.m., Nov. 9 and 16 at 3 p.m. and Nov. 10 and 17 at 4 p.m. Info: Visit www.GoJoClanProductions.com or AxialTheatre.org or e-mail BackToTheGarden2019@gmail.com. Tickets: Visit www.BackToTheGarden.bpt.me.

Saturday, Nov. 9

Farmers' Market. Downtown Farmers' Market on Court Street in White Plains.

Volunteer Clean-up Day. Lend a helping hand doing various projects around the preserve to spruce it up. Cranberry Lake Preserve, 1609 Old Orchard St., North

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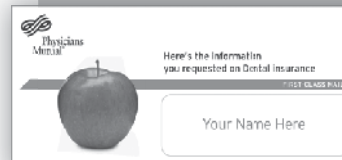
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LEGALS

NOTICE OF PUBLIC HEARING
The Board of Trustees of the Village of Pleasantville will hold a Public Hearing on Thursday November 14, 2019, 8:00pm, prevailing time, 80 Wheeler Avenue, Pleasantville, New York to hear comments as it pertains to Introductory Local Law No. 9 of 2019 to amend Chapter 173, Article VII, Section 60, of the code of the Village of Pleasantville, as it pertains to parking on Martling Avenue. **Eric Morrissey Village Administrator/Clerk, Village of Pleasantville, NY**

NOTICE OF ADOPTION OF LOCAL LAW #1 of 2019 - Adoption of the Septic Pump Out for Protection of the Lake Oscawana Water Body Amendment to Section 90.1 **PLEASE TAKE NOTICE** that the Town Board of the Town of Putnam Valley duly adopted RESOLUTION # R19-286. **Sherry Howard Town Clerk Dated: 10-30-2019**

Town of Putnam Valley Town Board Meeting November 6, 2019 6 PM Pledge of Allegiance **Public Hearing** Public Hearing on the Preliminary Budget and the Fire Department Budget. **Regular Pre-Meeting 1.** Resolution to set November 13th at 5 PM as the Public Hearing on Proposed Local Law #2 to override the tax levy limit if necessary. **2.** Authorize the Supervisor to accept the Town Board minutes from September 11, September 18,

Happenings

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White Plains. 11 a.m. to 2 p.m. Info and sign-up: 914-428-1005.

Ars Antiqua: Arcadia in the Cathedral. Ars Antiqua, a period instrument ensemble comprised of America's finest baroque music specialists, will be performing the renowned TENET, Vocal Artists, whose choir of 10 singers and soloists will join the Ars Antiqua Instrument Orchestra in virtuosic choral and chamber works of the Italian Baroque. The program will feature newly-discovered Baroque music presented in an entirely adventurous and beautiful context. A buffet reception of Italian pastries and confections will be served after the concert. Church of St. Mary the Virgin, 191 S. Greeley Ave., Chappaqua. 7:30 p.m. \$35. (Tickets available at the door starting at 7 p.m.) Info: 914-238-8015 or visit www.ars-antiqua.org.

"Twelfth Night." The Clocktower Players shake up Shakespeare with soulful melodies and R&B beats woven through an enchanting new musical adaptation of this classic. Featuring Shaina Taub's buoyant jazz-funk- and R&B-inflected score, this exuberant production is a joyful tale of mistaken identity, self-discovery and true love. Produced by Clocktower's Artistic Director Cagle McDonald and directed by George H. Croom with assistance from William Brosnahan and choreography by Jennifer Jonas Cahill. Irvington Theater, 85 Main St., Irvington. 7:30 p.m. Adults: \$35.

October 2, and October 16. **3.** Discussion on the de-icer law

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Seniors and students: \$23. Also Nov. 10 and 17 at 2 p.m. and Nov. 16 at 7:30 p.m. Info and tickets: 914-591-6602 or visit www.irvingtontheater.com.

Downtown Music at Grace. Concert. 7:30 p.m. The Yale Whiffenpoofs. Every year, 14 senior Yale students are selected to be in the Whiffenpoofs, the world's oldest and best-known collegiate a capella group. Founded in 1909, the "Whiffs" began as a senior quartet that met for weekly concerts at Mory's Temple Bar, the famous Yale tavern. Today, the group has become one of Yale's most celebrated traditions, with over a century of musical excellence. Singing a mixture of old Yale tunes, jazz standards, and other hits from across the decades, the Whiffenpoofs perform more than 200 concerts each year. Their characteristic white tie and tails, paired with their enthusiasm and humor, have become iconic for audiences around the United States and across the world. Whiffenpoof performance venues have included Carnegie Hall, the Kennedy Center, the White House, the Rose Bowl and Lincoln center. They have reached a television audience or more than 175 million, most recently via the Season 4 finale of the hit show, Glee. The concert will be held in Grace Church, 33 Church St., White Plains. Tickets \$25, \$20 for Seniors (65+), \$15 students.

Lainie Kazan. White Plains Performing Arts Center presents star of stage and screen, Lainie Kazan at 8 p.m. to help celebrate the Westchester theatre's 16th Anniversary. Join us as Lainie

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Historic House Cottage in Teatown Area, 2000 s.f. on two levels, large Eat In Kitchen, 2 bedrooms, one bathroom, Living Room/Den with wood burning stove, front covered porch, parking for two cars, side yard, separate laundry room with new washer and dryer, \$2250 plus utilities. Available December 1st. Call Donna at 914.557.0235



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Kazan treats us to a night of songs as she reflects on her life, her loves, her Broadway shows, TV series, and movies. Known for her memorable and audacious roles in My Favorite Year and My Big Fat Greek Wedding, Ms. Kazan will dish on her career including the years she spent running Playboy Club nightclubs across the country. Tickets start at \$40. The \$75 premium ticket includes a post-concert Meet & Greet with Ms. Kazan. The White Plains Performing Arts Center is located on the third level of City Center off Mamaroneck Avenue in downtown White Plains. For tickets visit the theatre box office Monday-Friday (11 a.m. to 6 p.m.), purchase the tickets online at wppac.com or call 914-328-1600.

Sunday, Nov. 10

Apple Cidering. New York is the second largest producer of apples in the country. In this seasonal program, children will use an old-fashioned screw press to make apple cider. Participants will also learn about the colonial experience of cider making and get a taste of fresh, tangy apple cider. Fun for all ages. 1 to 2 p.m. Fee: \$5 for members, \$8 for non-members. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale.

Create A Tear Jar. Explore the legend of the tear jar in which tears were treasured and collected perhaps as a way to respect the cycle of life to death. Marianne Walsh, Art Therapist and Grief Counselor guides participants to create a tear jar for a special loved one while reflecting on a personal grief journey. This event is dedicated to

families who have experienced recent loss or may be experiencing lingering feelings of loss. Sunday, Nov. 10 at 11:30 a.m. Hosted by The Church in the Highlands, 35 Bryant Ave., White Plains.

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Crossword Solution from page 10

1	R	E	C	E	S	S			7	M	O	9	M
10	B	M	O	V	I	E			11	R	A	K	E
12	S	I	M	I	L	E			13	E	N	D	S
16	M	A	H	E	R				19	E	M	I	R
22	O	M	A	N	I				23	U	B	O	A
24	S	A	N	T	A				25	T	O	N	E
28	L	A	V	A					30	O	R	I	O
34	A	X	E	L					35	L	E	E	R
36	P	E	R						37	A	D	D	E

The WHITE PLAINS Examiner Sports

Tigers Fall to Koalas in Five Sets in Quarterfinals

By Rob DiAntonio

White Plains' volleyball team knew what it was up against when fifth-seeded Ursuline arrived for a Section 1 Class AA quarterfinal last Wednesday.

The Tigers had defeated the Koalas during the regular season in four sets, but they still knew they were a talented team.

That showed in a back-and-forth match where every point mattered. Unfortunately for fourth-seeded White Plains, they came up on the short end in a five-set setback.

"We had a really close match with Ursuline early on in the season," said White Plains coach Caitlin Macdonald, who concluded her eighth season. "We beat them in four here at home. I knew that they were going to be coming in really hot for us in this game."

The game started positively in the first set with the Tigers cruising to a 25-18 win.

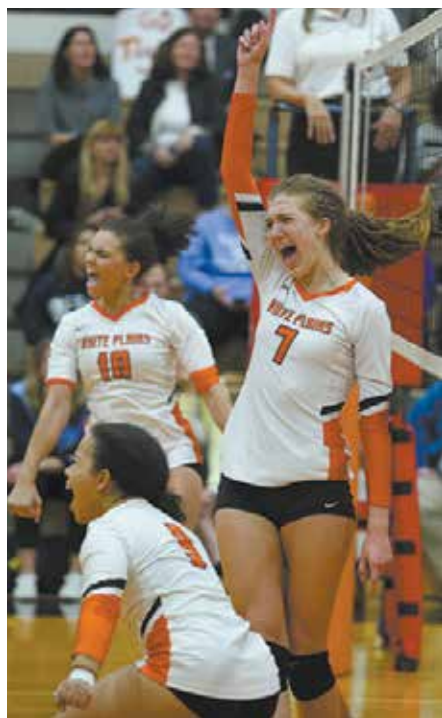
But things started to unravel in the second and third sets. The Koalas won them 25-20 and 25-18 to take a 2-1 lead.

"Our setters made great choices and great decisions in set one, but we really went away from that," Macdonald said of the Tigers' woes in the second and third sets. "We had a ton of errors. We had some server errors and



ROB DIANTONIO PHOTOS

Karleighana Jones gets low for the dig.



Karleighana Jones celebrates a key point late in the match.



Ginette Colon sets up Karleighana Jones.



Sara Ortiz Bedoya and Savannah Williams celebrate a point in the first set.

a lot of setter-hitter connection problems that we weren't able to overcome."

The Tigers got back on track in a fourth set that featured six ties. Ursuline stormed out to a 7-4 lead but an ace from Karleighana Jones and a block by Sequoia Layne tied it up at 7-7. White Plains gained a 13-10 lead before Ursuline rallied. It was tied at 16-16 but the Tigers then started a run with a kill from Savannah Williams. Layne then registered a block, Jones picked up an ace and Williams slammed down a kill to make it 20-16. Jones's ace and kill followed by Layne's block stretched the lead to 23-16. Layne and Williams closed out the set with kills to give White Plains a 25-19 win and send the game into a fifth set.

"We had energy and momentum with us in the fourth set," Macdonald said. "When we're able to execute a game plan, serve the ball where we're trying to put it, make a great pass and run an awesome offense, we are basically unstoppable. If we could string that together for 25 points throughout the entire season, I think we would have been able to be undefeated."

White Plains jumped out to a 5-2 lead in the final set. Williams notched a kill and an ace to make it 9-6 Tigers. Two kills from Jones had White Plains in control with a 13-9 lead. The Koalas went on a run of their own and tied the match up at 17-17. They scored the next two points, but a kill from Jones and ace from Ginette Colon tied it up at 19-19. Layne's block gave White Plains a 20-19 lead.

It was then tied at 21-21 but Ursuline scored three straight to go up 24-21 and was a point away from victory. Layne and Jordan Holman then combined on a block but Ursuline was able to close out the game with a 25-22 win.

Jones (21 kills, 6 blocks, 10 digs, 3 aces), Williams (13 kills, 7 digs), and Layne (4 blocks) were forces up front for White Plains throughout the match. Jones and Williams are seniors while Layne is just an eighth-grader.

"I've been able to
continued on next page

Tigers Close Season with a Convincing Win on Gridiron

By Rob DiAntonio

It was a strong season for White Plains' football team and the Tigers closed it out with a 54-25 rout of visiting Roy C. Ketcham last Wednesday. White Plains finished the campaign with a 7-2 record.

"Closing out my White Plains football career with a great team win felt amazing," White Plains senior quarterback Ben Finkel said. "It was awesome to end on a high note which was telling of the season, because it was a great season all in all."

Finkel, who had four touchdown passes on the day, started the scoring with an 8-yard touchdown pass to Tim DuBois to give the Tigers a 6-0 lead less than two minutes in.

Finkel then found Josiah Harris in the left corner on an 18-yard route to make it 12-0 Tigers midway through the first quarter.

"The key to our offensive success was the game plan from coaches (Mike) Lindberg and (Dom) Zanol," Finkel said. "They put together a great game plan and we were able to execute for a great win. We spread the ball around and played as a team."

Ketcham got on the board four minutes into the second quarter, trimming the deficit to 12-6. But White Plains quickly responded when Chris McGuire found the end zone from five yards out. Finkel's keeper for the two-



ROB DIANTONIO PHOTO

Christian Young, Ben Finkel and the Tigers finished the 2019 season with a 7-2 record.

point conversion extended their lead to 20-6.

It was back and forth again with a Ketcham touchdown being answered by a Finkel to DuBois 47-yard touchdown pass. The Tigers took a 28-13 lead with 2:32 left in the half.

On Ketcham's next drive, Caleb Gillen pressured the Ketcham quarterback and Harris picked off his pass and jetted 62 yards for another touchdown. Finkel hit Gillen for the two-point conversion and White Plains went up 36-13. The Tigers took that lead into halftime.

McGuire cut back and rumbled for a 28-yard touchdown to increase the Tigers' big lead to 42-13 midway through the third quarter.

The Indians answered on a 9-yard touchdown run but Finkel's 68-yard touchdown pass to Harris just 15 seconds later made it 48-19 Tigers.

Finkel finished the season with 20 touchdown passes, a new single season record for the Tigers' program. He said he'll "miss a lot about playing football at White Plains."

"The coaches and players, memories, Friday night feelings as a team, there is nothing like it," Finkel said. "White Plains football is such a special family. I'm going to miss being together with all the players and coaches each day."

continued from previous page



Libero Sara Ortiz Bedoya bumps the ball.



White Plains and coach Caitlin Macdonald finished the season 17-4.



Savannah Williams follows through on a spike in White Plains' quarterfinal vs. Ursuline.

coach Karleighana for the last five years and she's absolutely awesome," Macdonald said. "She's going to go on to do really awesome things. Sequoia had a great season stepping into a starting role as an eighth-grader and the youngest person on the team. Savannah is our starting outside (hitter) and she's made an awesome contribution to

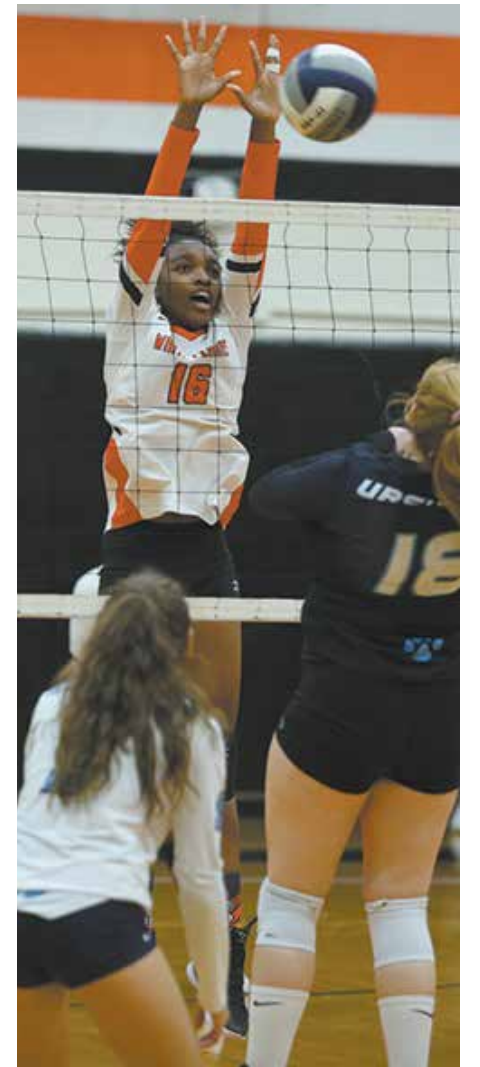
our team the last two seasons. She's been an invaluable member of our front row."

Sara Ortiz Bedoya added 12 digs for the Tigers.

White Plains will graduate five seniors: Jones, Williams, Colon, Holman and Nicole Gonzales Antonio.

It was still a memorable season for the Tigers, who finished with a 17-4 record.

"I think we had a really good season," Macdonald said. "We lost one early on against Arlington and the only two other sets



Sequoia Layne of the Tigers goes up for the block.

we dropped the entire (regular) season were to Ossining. Those were the only two sets they lost up to that point in the season."

Tigers Volleyball Finishes Season with 17-4 Record



ROB DIANTONIO PHOTO

It was a memorable season for the Tigers Volleyball Team, which finished with a 17-4 record, despite losing to the Ursuline Koalas in five sets during the quarterfinals. Pictured: Tigers' Karleighana Jones serves.