



Local Youth Learn Career Skills from Successful Professionals



The White Plains Youth Bureau partnered with UBS Financial Services Inc., White Plains wealth management office during two weeks of workshops in December at White Plains High School and White Plains Middle School. The focus was on job readiness skills as the students transition from school to a career. Workshop topics included resume writing, interviewing skills and employment etiquette. White Plains Youth Bureau Executive Director Frank Williams, Jr. said, "The teens enjoyed the workshops. It was an eye opening experience." USB executives plan to continue the workshops in the spring with mock interviews in preparation for the White Plains jobs summer program.

White Plains Defines New Cabaret Law

By Pat Casey

After several months of adjourned public hearings by establishments wishing to offer entertainment in the city's downtown, the White Plains Common Council is expected to vote on amendments to the city's municipal code regarding the operation of cabarets.

In May 2014, the White Plains Building Department suggested a moratorium on the issuance of new special permits for cabaret operation because the existing law did not address the emergence of new businesses in the city that predominantly provide entertainment and serve alcoholic beverages.

The Building Department has proposed an amendment to the city's zoning ordinance to create two cabaret classes – a primary cabaret and an accessory cabaret. They are distinguished by the area of the business dedicated to entertainment as opposed

continued on page 3

Aging in Place is the Goal of Many of Today's Seniors

By Pat Casey

As the Baby Boomer generation continues to gray, issues and concerns about quality of life, affordability of essential services and medical care come increasingly into focus.

At a legislative speak-out and breakfast Friday at the Westchester County Center over 150 seniors said they wanted to stay in the county and age-in-place in their homes, but that costs in the region often made that prohibitive.

Mae Carpenter, Commissioner of the Department of Senior Programs and Services, said that an AARP study released

the same day as the event indicated that 60 percent of working Baby Boomers could be headed out of New York, carrying with them more than \$105 billion every year. However, an AARP study from 2013 indicated that if New York Baby Boomers reverse course and remain in the state they will enrich it by \$179 billion a year.

Possibly responding to issues brought up at the breakfast meeting, Greenburgh Town Supervisor Paul Feiner noted in an email over the weekend that he was pushing for affordable assisted living facilities in Greenburgh to help the

continued on page 4

GCA Elementary School Will Move to Valhalla

By Pat Casey

Amid controversy over the fate of Good Counsel Academy High School and its campus in White Plains, the Sisters of the Divine Compassion announced through their public relations firm Thompson & Bender last week that the order's elementary school situated on the same North Street campus is relocating to Valhalla.

The move to the site of the former Holy Name of Jesus School in Valhalla, which had been anticipated, was formalized last week. Good Counsel Academy Elementary School will open its doors at the new location in September, leaving the

buildings at its current location vacant. Good Counsel Academy Elementary will remain a private Catholic school sponsored by the Sisters of the Divine Compassion.

The press statement announcing the move cited that the 16-acre GCA campus and all its buildings had become too costly for the Sisters of the Divine Compassion to maintain.

GCA High School, faced with a similar situation, has looked at various alternative spots for relocation, the most recent a possible lease agreement with the Archdiocese for the former Our Lady

continued on page 4



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White Plains to Get Victorian-style Clock at Garden Intersection

By Pat Casey

In celebration of its 50th anniversary, the White Plains Beautification Foundation has offered to donate a Victorian-style clock to the city to be located on an interior median at the intersection of

Bloomington Road and Mamaroneck Avenue.

The two-dial clock would stand 16-feet high and resemble two other clocks donated by WPBF to White Plains – the Trinatifu Fountain clock in Tibbits Park and the Hendy clock at the public library plaza.

The Department of Public Works has analyzed the proposed location for the clock and determined the necessary requirements for its safe installation.

The project is expected to be voted on by the White Plains Common Council at its Feb. 2 meeting.

WPBF is a completely volunteer-run organization that has planted gardens and trees, installed benches, erected monuments and other items to make White Plains a pleasant city to view and experience.

A map of the organization's 65 gardens and installations throughout the 10-squaremiles that is White Plains, can be viewed on their website at wpbf.org.



The Hendy Victorian-style street clock was erected at White Plains Public Library Plaza in 1999.

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White Plains Defines New Cabaret Law

continued from page 1

to restaurant use when the cabaret is in operation, according to the proposal sent by Building Commissioner Damon Amadio to the Common Council.

The proposed ordinance defines a cabaret as any room or space in which musical entertainment, singing, dancing or other form of amusement by performers and/or by patrons is allowed. Further, a cabaret is only permitted in connection with a restaurant.

A restaurant or café that provides incidental entertainment without dancing either by electrical devices such as stereos or radios or media players, but not including music provided by a disc jockey is not considered a cabaret. Similarly, non-amplified music performed by not more than four persons or a person with or without a low-wattage amplifier associated with a single instrument or microphone is not considered a cabaret.

The ordinance identifies a primary cabaret as a restaurant where the dancing and/or entertainment, in the aggregate, occupies more than 40 percent of the net floor area of the business.

The accessory cabaret is a restaurant where the entertainment and/or dancing do not occupy more than 40 percent of the net floor area.

A restaurant has been specifically defined as a business primarily engaged in preparing, cooking and serving food

and beverages on premises, selected from a full menu by patrons seated at a table or counter, served by a waiter or waitress and consumed on the premises.

Outdoor cabarets and outdoor dining in conjunction with "fast food eating establishments" are specifically prohibited from obtaining a cabaret permit.

Other specifics of the proposed ordinance include that cabarets should not be located within 150 feet of any residential district or within 200 feet of any lot line of a place of worship, hospital, domiciliary care facility or community residence. A primary cabaret cannot be located within 300 feet of a dwelling unit. And, all cabarets will be located at grade level.



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GCA Elementary School Will Move to Valhalla

continued from page 1

of Mercy academy in Port Chester. That possibility recently was removed from the table causing the principal of GCAHS to tell the parents of freshman students hoping to enter the school in September that it might not be open.

Parent groups have splintered from the school board, hoping to find a solution to save the school. One group, Save Good Counsel Community Now Inc. has sent word via a Facebook page that

it is considering purchasing the GCA campus itself and has planned a meeting for all concerned to discuss the possibility this week.

According to people close to the bidding process for the property, a potential buyer that had agreed to lease the school and convent to the Sisters as part of a purchase deal has been left with no answers and the move out date of July 1, 2015 as defined by the order itself draws closer.

Aging in Place is the Goal of Many of Today's Seniors

continued from page 1



County Executive Robert Astorino greets seniors at last Friday's Legislative Speak-Out and Breakfast.

middle class.

"People can't afford \$7,000 to \$9,000 a month for luxury assisted living facilities. The problem: the assisted living facilities in Westchester are all high end, upscale and luxurious. There is a need for the state and federal governments to help the middle class address long term care," he said.

Feiner looks to federal and state

representatives for initiatives that could be taken so Westchester and Greenburgh would be able to see affordable assisted living facilities built in addition to the upscale and luxurious facilities.

"It is my hope that the Town of Greenburgh will be able to find a location for this kind of facility and that we will be able to lead by example," Weiner said.

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Three Assembly Democrats Pitch Plans to Make Reforms

By Martin Wilbur

While Assembly Democrats are still recovering from the jolting news last month that outgoing Speaker Sheldon Silver is facing federal corruption charges, three members of the Westchester delegation have urged for changes to promote reform and transparency.

Assemblyman David Buchwald (D-White Plains) and assemblywomen Sandy Galef (D-Ossining) and Amy Paulin (D-Scarsdale) urged their colleagues in Albany to consider reforms through legislation and revisions in how future speakers are selected. Silver was expected to step down from his post by last night (Monday) after leading the Assembly for 21 years.

Galef said she plans on re-introducing eight bills addressing issues such as limits on leadership tenure; requirements on the disbursement of member items; allowing proposed legislation to carry over from the first year to the second year of a legislation session; and a prohibition on lawmakers obtaining funding for business entities in which that legislator holds an official or legal position.

"There is no better way to address the concerns of the public than through government reform," Galef said in a statement last week. "I believe that while a public official's conscience cannot be



Assemblywoman Amy Paulin, Scarsdale, was a major force in establishing a Democratic Suburban Caucus to protect the interests of Assembly districts in the Hudson Valley and on Long Island.

legislated, opportunities for illegal activity can be removed. This legislation may not entirely eradicate the public's cynicism regarding politics and their representatives, but it is a step in the right direction."

Buchwald said he hoped Silver's arrest would reinvigorate discussion and support for his proposed pension forfeiture

measure. While the legislation, which would strip an official of their pension if they are found to have been convicted of a felony in their official capacity, has received some support from both parties, it has been slow to gather more backing because it requires a revision to the state constitution.

"I am going to redouble my efforts to bring that change to the state constitution," Buchwald said.

In fact, as this issue of the Examiner was on its way to press, Buchwald released a statement indicating that Gov. Cuomo had publicly embraced and will include in his budget proposal a constitutional amendment to strip state pension benefits from public officials convicted of felonies where the public's trust has been violated.

Legislation is not the only vehicle the legislators plan to use in hopes of promoting reform. Paulin said last Thursday that some Assembly Democrats in the region had formed a Suburban Caucus in response to a proposed solution that would support the creation of a five-member team taking on the responsibilities of Assembly speaker, while still giving Silver leverage.

"The caucus is comprised of about 23 members from the Hudson Valley, Nassau and Suffolk counties, Paulin explained. "We decided we wanted a seat at the table."

Last week, members of the suburban

districts met in Paulin's Albany office to solidify their group and their position.

"There have been times when decisions have been made that we were not aware of that hurt our districts," Paulin continued. "We created the caucus to insure that we are a part of the process going forward and that Sheldon Silver steps aside. This is about furthering the Assembly and the institution."

Meanwhile, Buchwald was one of 34 Assembly members as of last Friday afternoon to sign a letter asking all Speaker candidates to commit to a series of steps to reform and modernize the institution.

Among the long list of issues raised in the letter, is whether the prospective candidates believe Assembly members should know how decisions are made inside of a conference and whether they should have input in conference decision-making or leadership appointments.

Buchwald said the letter is to learn about the priorities for the next leader of the Assembly.

"It's unfortunate that it came to this, but it's really important to have leadership we can have confidence in," Buchwald said.

"The thing that I am especially focused on is making sure that if people have an idea for reform that there's a forum to make sure it's listened to," he added.

Pat Casey contributed to this story.

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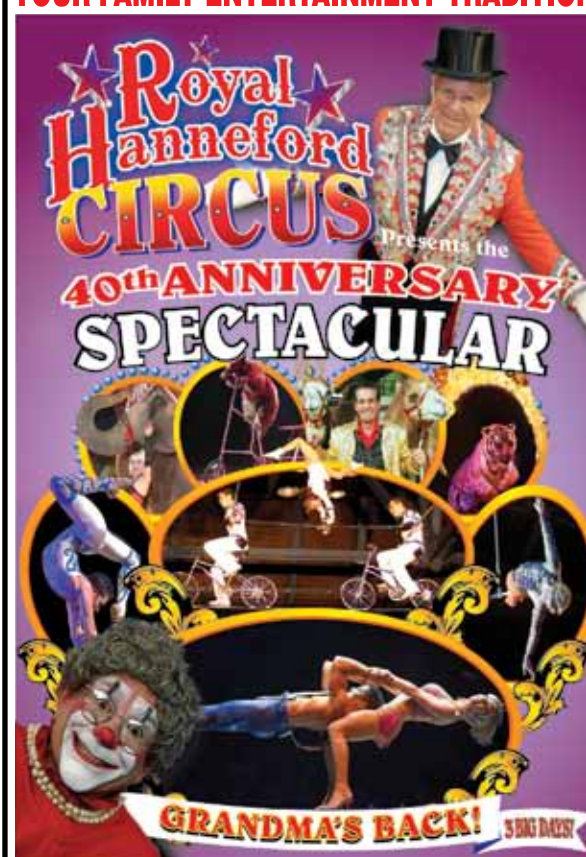
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Criminal Mischief. On January 29 police were called to a rental property in White Plains by the property owner, who reported that he had received a phone message from one of his tenants the night before, but did not understand the message. When he arrived at the house he went into the basement to check the fuse box that had been recently worked on by an electrician. At that time he noticed the fuse box was open and that someone had apparently moved a switch in the box. He checked the door leading to the occupied area of the residence and it was locked from the inside. He then walked to the back door, which was open. A lock cylinder and wood pieces were on the floor. Realizing that someone had broken into the house, the landlord checked the basement and reported that nothing was missing. There was no entry made to the upper floors. The tenants were not home to be interviewed. Pictures of the scene were taken and, the Detective division notified.

Attempted Larceny. On January 19 police were called to the Best Buy in Hartsdale because of an attempted shoplifting incident. When the police arrived they met with the store's security officer who reported that an unknown

person described as a 6'-6", 260 lbs., black male, wearing a black leather jacket and jeans and a black cap attempted to take merchandise out of the store. Security footage clearly shows the suspect taking merchandise out of a locked security case and putting it under his black leather jacket. The security officer reported that when the suspect was confronted, he dropped the merchandise from his jacket and walked out of the store and fled on foot in an unknown direction. The same suspect had also been seen in the Best Buy the day before attempting to take merchandise and was stopped that time as well. Police canvassed the area with negative results. The security footage was vouchered for safekeeping.

Lost Property. On January 20, a male arrested the previous day for assault at the Applebee's on Tarrytown Road, reported that he had lost his keys and wallet during the altercation. The items in question were not listed on the property sheet, which was filed along with his arrest paperwork. The arresting officer explained that the male was highly intoxicated and did not have a wallet or set of keys on him at the time of the arrest. The floor manager at Applebee's also reported that there are no keys or wallets currently in restaurant's lost and found. No further

information could be obtained.

Damaged Property. On January 20, police responded to the Maple Street Housing lot on the report of damage to the driver side mirror of a vehicle while it was parked in the lot. The mirror was dangling and damaged, and likely caused by another unknown vehicle. The caller was advised that no report is usually filed for a private property accident but the caller requested one so the housing parking authority could review the cameras to possibly find the vehicle that caused the damage.

Premise Check. On the evening of January 20, police were called to a residence on Edgepark Road in White Plains. The caller reported that she arrived home and observed her front door ajar. She walked away from the house and called police to do a premise check. Officers from several cars responded to the location and performed a search of the residence. There was no sign of damage to the front door or any other areas of the residence. The caller did a walk through of the residence with officers and she did not observe any signs of damaged or missing property.

Attempted Larceny. On the night of January 20 police were called to a residence on Morton Place in White Plains. The caller reported that while she was sitting in her kitchen she observed the light above the garage go on and observed an unknown light skinned black male between the ages of 20-30, leaning over the front drivers seat of her husband's vehicle. She further reported that she observed the party from her living room bay window and that the vehicle was parked in the driveway in front of the house. The caller left the living room to call t police and when she returned to look outside for the suspect, he was gone. The caller reports that she did not know in what direction he fled. A canvass of the area by responding officers revealed negative results of a party fitting that description. A check of the

inside of the vehicle revealed that no items were taken or tampered with. The vehicle was possibly unlocked in the driveway. The responding officer did not observe any signs of forced entry to the vehicle.

Grand Larceny. At about 3 a.m. on January 21, police were called to a residence on Prospect Avenue. The caller said he had just heard his motorcycle alarm go off. When he exited his home to check on the bike, he discovered his motorcycle missing. The victim also states not hearing any sound of his bike engine or another vehicle in the immediate area. The area was thoroughly searched by officers with negative results. Report filed.

Fake Money. On January 21 police responded to a call about a counterfeit \$10 bill. Upon arrival the caller told police that he believes a counterfeit \$10 bill was passed to him as change from a recent transaction made at Angies Deli located on Virginia Road. The caller said the bill does not look right or feel right so he decided to report the matter to police. The officers took the \$10 bill to police headquarters and vouchered it into evidence. Nothing further at this time.



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Push Intensifies for Raising the Age of Adult Prosecution to 18

By Martin Wilbur

A state senator is seeking statewide support for changing a law that would treat most 16- and 17-year-olds charged with crimes as juveniles rather than adults.

On Friday, State Sen. David Carlucci (D-Clarkstown), surrounded by advocates who are attempting to raise the age of adult criminal responsibility to 18 years old, spoke outside Sing Sing Correctional Facility in Ossining to lobby for the change.

Carlucci said the criminal justice system should focus on rehabilitation rather than incarceration for youngsters 16 and 17 years old who commit nonviolent offenses. He said there are currently about 800 inmates statewide who are 16 and 17 serving time in adult prisons, where they are often intimidated or abused by the older inmates. Many become more hardened in prison and are doomed to a life of crime because the recidivism rate for inmates that age is high.

Citing Gov. Andrew Cuomo's recent remarks advocating for reforms in the criminal justice system, including raising the age for adult responsibility, Carlucci said while it would cost an estimated \$25 million to bolster the juvenile system, over time it would save the state money by cutting the prison population and having these youngsters become contributing members of society.

"A 16- or 17-year-old in an adult facility like the one we're standing in front of today, we might as well sentence them to a life sentence," he said.

Currently, New York and North Carolina are the only two states where 16- and 17-year-olds are automatically treated as adults.

Among the advocates who accompanied Carlucci outside the famous 190-year-old prison was Jim St. Germaine, who had been arrested in Brooklyn several years after his family moved there from Haiti.

For three-and-a-half years, he was in a group home for juvenile offenders



State Sen. David Carlucci, along with proponents of raising the age of adult criminal responsibility for nonviolent offenses to 18 years old in New York, urges for a change in the criminal justice system outside Sing Sing Correctional Facility last Friday.

and received services to help turn his life around. St. Germaine considers himself lucky for having been brought up on felony drug charges while he was still 15, affording him the chance at rehabilitation.

"My goal in life is to show them that whether you make a mistake at 14 or 15 or 16 or 17, you should have the same chance in life to actually make something of yourself," said St. Germaine, now 25, a college graduate who is working on his master's degree in public administration at NYU.

He has also founded the nonprofit organization Preparing Leaders for Tomorrow (PLOT), which mentors at-risk youths.

Page Pierce, executive director of Families Together in New York State, pointed to recently released evidence-based recommendations by the state that supports transforming the juvenile criminal justice system. Pierce said she knows of teenagers who at 16 or 17 years old ended up in adult prisons for stealing shoes or Chinese food.

"Our children deserve better. They

deserve the opportunities such reforms will provide, and today we stand on the precipice of delivering better," Pierce said.

In Westchester, there were 948 16- and 17-year-olds arrested in 2013, with 71 percent of those misdemeanors, said Allison Lake, deputy director of the Westchester Children's Association. That percentage is similar to nationwide

statistics, she said.

Under a revised juvenile criminal justice system, every case involving 16- and 17-year-olds would go to a juvenile court judge who would determine whether it should stay in that court or be transferred to adult court, Lake said.

Offering support to Gov. Cuomo's reform agenda Westchester County District Attorney Janet DiFiore said: "Reforming the juvenile justice system in the United States has been at the forefront of the criminal justice agenda. The recommendations in the Commission's report specifically outline how both the juvenile and criminal justice systems can evolve, while continuing to keep our communities safe and at the same time ensure that young adults who are involved in the criminal justice system have the opportunities and support system allowing them to become productive and successful citizens."

Carlucci said he believes there is steadily growing support in Albany for this reform, but it will take work to convince enough legislators that there is a benefit to the state.

"I think we have to keep the pressure on," he said. "We've got to hear from people like Jim St. Germaine and other personal experiences."

Pat Casey contributed to this story.

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SMALL NEWS IS BIG NEWS**

Silver an Unnecessary Distraction for Already Challenged Albany

Word that embattled Assembly Speaker Sheldon Silver would step aside from his leadership position while his federal corruption charges are adjudicated did little to quell the level of mistrust in the state capital.

Sure, most Americans believe in innocent until proven guilty, as they should, but the grudgingly painful way in which Silver was slow to recognize the right thing to do in this situation only enhances the belief that Albany is broken and out of touch with the real world.

Since 1994, Silver has ruled the Assembly with an iron fist. His supporters have portrayed him as a sharp, experienced and savvy negotiator who has been able to navigate the corridors of state government as deftly as anyone for the causes that his constituents and his caucus believe in. No doubt he has those attributes in abundance.

Furthermore, his preference for staying behind the scenes, in an almost mysterious fashion, either adds to some

people's suspicions or at least makes him appear aloof.

Until some fellow Democrats and media members started questioning whether his continued presence as the speaker would be a distraction, and possibly a drag on them politically, Silver appeared oblivious to the reality that there would be no way he could function effectively leading the 150-member Assembly under the cloud of indictment.

This was not a call from him to resign from office. So far, he has been found guilty of nothing. A resignation from office is something an individual legislator has to decide. Eventually, Silver will have to answer again to his district's voters.

And as was pointed out by Assemblyman Thomas Abinanti, recent history has shown that publicity-seeking prosecutors have sometimes had far from air-tight cases against previous legislative leaders.

But what should be troubling and

appalling was the initial reaction among some Democrats that if Silver stepped down as speaker, no one else in their ranks would be qualified to step in and take over.

For this reason Assemblywoman Amy Paulin should be applauded most fervently for her swift and bold action to create a suburban caucus that immediately stopped the creation of a committee of leadership still under Silver's control and forced new names and candidates to come forward in an election for a new Speaker.

No worthy organization of any kind, much less a major government, is so dependent on one person. That one man could become so powerful--or indispensable--is something that should immediately reignite calls for drastic reform in Albany.

Whether it's because Silver finally came to his senses or had his arm twisted so hard he was left without a choice, it's good that he's stepping aside.

Nominations Sought for Westchester Sports Hall of Fame

Nominations of candidates are now being sought for this year's Westchester Sports Hall of Fame.

The Hall of Fame honors outstanding professional and amateur sportsmen and sportswomen, living or deceased, who have gained prominence in their fields and who have made substantial contributions to sports in Westchester County. Since its establishment in 1968, the organization has inducted 228 individuals into its prestigious membership ranks.

A prospective candidate should be a person of integrity and good character who has gained prominence in either professional or amateur sports as a player, coach, manager, official, owner, writer or broadcaster.

Nominees are reviewed by a committee that selects those who best meet or exceed the criteria of the Hall of Fame. Induction will take place this fall, when each member will be presented with a trophy and have his or her name inscribed on a plaque

in the Sports Hall of Fame gallery at the Westchester County Center in White Plains.

All nominations must be postmarked by Friday, May 29, 2015. A nomination form is available at countycenter.biz. Completed forms must be mailed to Westchester Sports Hall of Fame, c/o Kevin Cook, 450 Saw Mill River Road, Ardsley, NY 10502.

The Sports Hall of Fame is sponsored by Westchester County Parks. For more information, call 914-231-4564.

Obituaries

Richard Yaffa

Richard (Dick) Yaffa, of Bedford, died on January 21 of complications from a fall. He was 82. Known as an athlete, entrepreneur and philanthropist, Dick was a graduate of New Rochelle High School, Princeton University and Harvard Business School. As a football player he was named a High School All-American in Football, Westchester Most Valuable Football Player of the Year and played at Princeton, as a starting member of the Top 10 National team and was in the backfield when Dick Kazmaier won the Heisman Trophy. As a track star he won three medals, a Gold, Silver, and Bronze, at the Maccabiah Games in Israel. He was a member of record setting Penn Relay and Millrose Games relay teams for both New Rochelle High School and Princeton University, also setting numerous team and individual records. An avid tennis player he was a USTA Nationally ranked player in the seniors and played again

on the United States Maccabiah Pan-Am Senior Team. Dick was elected a member of the Westchester Sports Hall of Fame and the New Rochelle Sports Hall of Fame. As an Entrepreneur, Dick founded Manhattan Products and Laundry Aids, the leading provider of household cleaning products in the country. As a philanthropist, Dick was the President of the United Way of Westchester, President of Congregation Emanu-el of Westchester and the Founder of My Money Workshop Foundation, which was his most recent passion. He developed the curriculum, educating thousands of high school and college students throughout the country on Financial Literacy, often teaching 6 to 8 Classes a week himself. He was also proud of his service to his country as a Lieutenant in the United States Army, serving at Fort Sill in Oklahoma and McKees Rock, Pennsylvania. He was the beloved son of the late H. Saul and Minna Yaffa, devoted Husband of Claire, proud Father of Richard and Robert, loving

Grandfather of Caroline, Douglas and Jessica and Uncle to Amy, Dale, Peggy and Sam.



Letters Policy

We invite readers to share their thoughts by sending letters to the editor. Please limit comments to 250 words. We will do our best to print all letters, but are limited by space constraints. Letters are subject to editing and may be withheld from publication on the discretion of the editor. Please refrain from personal attacks. Email letters to pcasey@theexaminernews.com.

The White Plains Examiner requires that all letter writers provide their name, address and contact information.



Valentine's Day: Life Lessons for Children of All Ages

As Valentine's Day approaches, some children are filled with excitement while others are filled with dread. Most adults can recall both painful and joyous memories of past Valentine's Days and can relate with either feeling. It's impossible to prevent children from experiencing the inevitable mishaps associated with romantic crushes or relationships, but parents can use Valentine's Day as an opportunity to teach valuable lessons.

The practice of giving and receiving cards often begins as early as preschool. Children create valentines and hand them out to their friends. Teachers may ask parents to have their children make cards for everyone in the class to prevent some from receiving many while others receive none. This practice is effective for reducing public displays of rejection, but parents can be faced with difficult questions at home. A child might not understand why she has to give a card to a child she doesn't like. Parents can use this situation as an opportunity to promote perspective-taking abilities by asking questions like, "How do you think you'd feel if classmates gave cards to everyone but you? Left out? Embarrassed?" They can also encourage their children to be tolerant and to appreciate individual differences.

Children will often find something they like about other children if they try.

Valentine's Day can be especially rough for some high school students. No one is required to give cards and invariably some students are ignored while others tote tremendous displays of affection. Competition is rampant. Parents often re-experience heartbreak as their children suffer through it.

Acknowledge if your son or daughter seems anxious or upset on or around Valentine's Day. Share your positive and negative experiences, including how you felt at the time and how you recovered. Don't judge what might seem like an overreaction. It's challenging to recall exactly how you felt so many years back, but remember that whatever you felt, is was probably all-consuming at that age.

Parenting Pep Talk



By Dr. Jaime Fleckner Black

On the other hand, Valentine's Day can also be exhilarating for some teens, particularly those with boyfriends or girlfriends. Be aware of what your child is doing to celebrate. Utilize the weeks before Valentine's Day to approach difficult subjects like sex and contraception. Remind your children that physical attraction is natural, and enforce their understanding of the difference between love and lust. These topics need to be an ongoing conversation rather than a single one. Waiting until February 13th will likely

be ineffective for achieving educational goals. Make sure these talks occur when you are calm and open to hearing what teens have to say. No parent looks forward to these conversations, but being prepared can reduce awkwardness and frustration when they occur.

Dr. Jaime Black is a licensed psychologist practicing in Westchester and New York City. In addition to providing general



mental health services, Jaime works with individuals of all ages on the autism spectrum, doing psychotherapy, conducting evaluations, and facilitating social skills groups. Visit www.spectrumservicesnyc.com; email JaimeBlackPsyD@gmail.com or call (914)712-8208.

White Plains Students Earn Academic Honors at The Harvey School



Isabella Iannone



Jake Lewis



Victoria Cartularo

The Harvey School in Katonah has announced the names of White Plains students who have earned academic honors for the first marking period of the winter term. Several area residents have been recognized for earning a 4.0 or higher (Cavalier Scholar), a 3.7 or higher (Headmaster's List), or at least a 3.3 (Honor Roll): Isabella Iannone, grade 9 and Jake Lewis, grade 10, earned Cavalier Scholar certificates. Victoria



Zoe Lewis



Tessa Knorr

Cartularo, grade 7 and Zoe Lewis, grade 8, earned places on the Headmaster's List. Tessa Knorr, grade 11, made the Honor Roll. The Harvey School is a co-educational college-preparatory school for students in grades six through 12.

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Musings on Bathroom Oddities, Manners and Etiquette

The bathroom.

While it may not be the room you spend the most time in, it's probably the room you visit most times during the course of the day. If you're in my age group, you may visit it more frequently than when you were younger.

I've been thinking a lot about the bathroom lately, forced by an unexpected experience I had the first day I was in my new digs at the gorgeous Trump Park Residences in Shrub Oak. This joint is outrageous, outfitted with the finest materials and fixtures you might imagine: granite, marble and brushed steel everywhere you look.

So when it was time for me to visit the bathroom for the most serious function for which one visits the bathroom, and I started that slow descend, I realized that I wasn't reaching my destination when I usually do. I kept bending lower and lower, convinced that I would be in a full Lotus position before I would finally come to rest.

Why, I wondered, with all this luxury in a place originally built for the 55-plus crowd would my new friend Louis Cappelli have built such low-rise toilets? As soon as I finished my business, I visited www.HomeAdvisor.com to find a plumber to install high-rise toilets in all three of my bathrooms.

As circumstance would have it, the next

day I had another bathroom experience, this time with a real estate listing client. When I visited the home to make my presentation and sign a contract, I was greeted at the door by the husband, a big guy with a hearty laugh. His wife had not yet arrived home from some errands, but his two sons were with him, both I would guess in either their late teens or early 20s, both strapping young men, well over six feet tall.

When the mother arrived home, I was surprised to see that she was very petite, barely over five feet tall, and I commented how surprised I was by her small stature compared to how big her boys were. I was equally surprised by her response, "Well, they weren't that big coming out of me!"

The first thing I do when I go for a listing is ask for a tour of the house, and this one had three full baths. Each time we entered one, the wife would walk in and, seeing that the toilet seat was up, would immediately walk over, lower the seat and shut the lid. The first time she did it, she lowered them gently. In the second bathroom, she did it with less patience and by the time we arrived at the third



By Bill Primavera

bathroom, she slammed down the lid in frustration, almost in meltdown mode, exclaiming, "Oh these guys, why won't they ever learn to lower the seat and shut the lid!"

It's important to pay attention to the toilet's seat being down and the lid closed, not only so that women won't fall into the bowl but also for health reasons. According to scientists at Leeds University, when a toilet is flushed with the lid open, bacteria sprays into the air around the toilet.

But the best reason for closing the lid is that it prevents anything and everything from falling in. You may have had the experience of not hearing from friends for several days, only to hear that their cell phones had taken the plunge.

There are other rules that should be considered concerning bathroom etiquette and manners, and it's not only because of airborne germs or the differences in plumbing between the sexes and actual plumbing.

For instance, not to get too personal, while I'll do one bodily function in someone else's presence, I won't do the other. Is anybody else the same or am I just too Victorian? I was quite impressed when, years ago, I first saw a bathroom where the toilet bowl was separated from the rest of the room and you could do your more private business in, well, private.

And what about something as simple as replacing the toilet paper roll when it's depleted? I am always in such a rush, I'm guilty of just grabbing a new roll and leaving it on top, rather than going to the trouble of actually inserting it on the cylinder. Shame.

For those who go through the trouble of replacing it, there's the question of positioning the roll for "over" or "under" dispensing. My work associate, Lorin,

tells me that it must be "over" so that the last sheet can be "folded" as in a hotel.

"You fold your last toilet paper sheet?" I asked astoundingly?

"Yes," she responded, not skipping a beat. "You never know when guests are going to stop by."

Oh, my God, where did I go wrong in learning bathroom etiquette?

One other item I know about toilets. Did you notice that some are round and, in the past couple of decades, some are oblong shaped? Nobody mentions the obvious, but designers finally figured out that the male anatomy had to be accommodated.

And finally, did I mention that there should always--ALWAYS--be some kind of automatic air freshener in the bathroom?

There's so much going on in my head on this subject that might be categorized as "in the toilet" that there will probably be a Part II to these musings.

Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc., the longest running public relations agency in Westchester www.PrimaveraPR.com), specializing in lifestyles, real estate and development. His real estate site is: www.PrimaveraRealEstate.com and his blog is: www.TheHomeGuru.com. To engage the services of The Home Guru and his team to market your home for sale, call 914-522-2076.

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The Restaurant Examiner



Westchester's Most Delicious Dishes: Cedar Plank Salmon at California Pizza Kitchen

By Jerry Eimbinder

California Pizza Kitchen, now approaching 30 years in age, sells 15 million pizzas a year and has pizza in the middle of its name. But it also offers a wide selection of other dishes and one of them is Cedar Plank Salmon, introduced as a low-calorie choice in mid-2012.

CPK's Cedar Plank Salmon gets my nomination as one of "Westchester's Most Delicious Dishes." It is coated with smoked paprika and baked in a brick oven (the same oven where CPK bakes its pizzas). It is completely and amazingly moist – don't be misled by the fact that it is on the low-calorie menu. It is delicious and succulent even though it happens to be good for you. Also a tasty treat is the side dish of sweet white corn mixed with spinach succotash.

With this salmon dish as the entrée, here is my recommendation for a delightful, three-course meal at CPK.

Appetizer. Quinoa plus arugula salad. Asparagus, sun-dried tomato, red onion, toasted pine nuts, feta. Tossed in a champagne vinaigrette.

Entrée. Cedar Plank Salmon. Roasted on a cedar plank with smoked paprika.



Quinoa and arugula salad at California Pizza Kitchen.

Served with sweet white corn and spinach succotash, topped with feta.

Dessert. Butter cake with whipped cream

Beverage. An agave lime margarita with no mixers! It is made from agave nectar, Milagro tequila, triple sec and fresh squeezed lime

When I visited, the salmon I tasted was prepared by Chef Dalton Moore, 20 years on the job at CPK, and a member of the

team that opened the Scarsdale location.

Concerning the choice of the appetizer, how can you go wrong eating a salad that received a champagne bath during its preparation?

The quinoa plus arugula salad competes successfully with the best chopped salads in terms of combining different flavors that blend well together.

The butter cake is tasty but definitely not in an overpowering way, and it is perfectly complemented by strategically located house-made whipped cream. It is priced at \$6.49 (calorie count: 1100). Add a scoop of Haagen-Dazs vanilla ice cream for \$1.75 (and add 280 calories). Other desserts available include salted caramel pudding, red velvet cake, key lime pie, Belgian chocolate shuffle cake and tiramisu.

In addition to its regular menu, California Pizza Kitchen has a special Valentine's Day offer for couples: one appetizer, two entrées and a dessert for \$32 (not including tax and tip).

The selection of appetizers includes spring rolls, wraps with chicken, hummus and spinach artichoke dip. Several full-size salads are offered as entrées including CPK's Original BBQ chicken chopped salad. Also available as entrées are pizzas including a mushroom pepperoni sausage pie and pastas including garlic cream fettuccine with chicken. The desserts include the butter cake (mentioned above), red velvet cake and key lime pie.

For a similar Valentine's Day menu offered in 2014, the most popular appetizer was the spinach dip and the most popular dessert was the red velvet cake.

The offer runs from February 11-15, 2015.

Reservations are not accepted, however parties of eight or more people can register for a "call-ahead preference time" by calling 914-722-0600.

California Pizza Kitchen is located at 365 Central Park Avenue, Scarsdale; 914-722-0600.

Navigating the App Stores for Digital Wine Experts



By Nick Antonaccio

Have you recently encountered any of these situations?

"Waiter, may I see the wine list?"

Waiter: "Here you are sir/madam."

He or she hands you an iPad. The iPad, or other brand of tablet/phablet, is slowly gaining traction in restaurants and wine bars as a replacement for wine lists produced on paper. In many cases the iPad wine list also offers a broader and deeper explanation of the producer, the grapes and the history of the wine. I've even seen sophisticated lists that offer suggestions for pairing a wine with the food menu offerings.

"Waiter, I enjoyed this bottle of wine. May I see the bottle so I can take a picture of it with my smartphone?"

Waiter: "Rather than a picture, why not simply scan the QR code on the rear of the bottle?"

You: "The what code?"

Waiter: "The Quick Response code."

With a simple bar code app on your phone, you are able to scan the QR code, which is linked to a database containing specific informative data on the producer, the grapes and the history of the winery and the wine at hand.

"Waiter, I'd like to know more about this wine we're enjoying."

Waiter: "Okay, I'll see if I can find the sommelier and send him over."

Ten minutes later (or more, or not at all), the sommelier regales you with his or her personal knowledge and opinion of the wine, which may or may not be aligned with your personal perspectives on the vast world of wine.

More and more, consumers are moving from scenario three to scenarios one and two. This is the age of omnipresent, omniscient and omnipotent electronic devices, supported by an army of virtual assistants and servants, always at the ready to guide us through life's encounters.

In the last year or so, the expansion of ubiquitous smartphone apps has found its way into the world of wine appreciation. This has catapulted wine decision-making to an art form, replete with social media interfaces.

Here are several of the most expansive digital sommeliers available today. Each wine app can be easily downloaded from the Apple and Android app stores. Common denominators across each app: large databases and bottle scanning capabilities.

1. The most popular wine magazines,

Wine Enthusiast (free) and Wine Spectator (a monthly subscription fee), offer their vast databases of tastings and ratings to consumers.

2. Wine-searcher. For years this has been one of my favorite websites for finding wine shops that carry a particular wine – and its price. It also offers a link to a wine shop's website listing of each searched wine. It is now available as an app.

3. Hello Vino. This app's distinction is its ability to offer food and wine pairings, which it does fairly well. Beyond common pairings, it offers recommendations for pairing cheeses and chocolates.

4. Drync. Want to share wine opinions with friends? Purchase wines that you are researching on a site? Look no further. A unique feature will learn your preferences as you rate wines and offer personalized recommendations.

5. Vivino. Don't have a QR scanner app? Research your bottle of wine the old-fashioned way: take a pic with this app. It will bring up everything it knows about the wine.

6. Wine Quest. Can't afford a personal sommelier to accompany you each time you venture out to a restaurant or wine shop? This app builds a database of your



wine preferences, from grapes to tastes and aromas, to full-bodied or complex style. Scan a bottle label and Wine Quest will give it a numeric rating tailored to your profile.

The next time you are dining at a restaurant or roaming the aisles of a wine shop or simply surfing for wine information, open your favorite wine app. It will feel good to be in sole control of your wine decisions.

Or is this another example of your wine decisions being in the control of our pervasive smartphones?

Nick Antonaccio is a 35-year Pleasantville resident. For over 15 years he has conducted wine tastings and lectures. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.



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Happenings



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Tuesday, Feb. 3

Tuesdays at Dorry's. This week Sheila Collins will discuss "Militarism and Climate Change: Time to Connect the Dots." Conversation partners gather weekly for informal table talk. There is no charge. Just come and order your food from Sylvia and enjoy the discussion and the company. Please join us. No reservations are needed. Presentation is 6 to 7 p.m. Food ordering starts at 5:30 p.m. Dorry's Diner, 468 Mamaroneck Avenue, White Plains; 914-682-0005.

Snow Moon Wolf Walk. Celebrate February's full moon, the "Snow Moon." While keeping warm by the outdoor fire pit, guests will enjoy warm drinks, sugary treats and the symphony of howls from the 24 wolves. Learn about the history of wolves in the United States, their importance to a healthy ecosystem and the efforts to save these magnificent creatures for future generations. Then take a short moonlit walk to visit the center's ambassador wolves. Please bring flashlights and dress for cold weather. Program will be canceled in case of rain. Wolf Conservation Center, South Salem. 6 p.m. \$20. Pre-registration required. Info and pre-registration: Visit www.nywolf.org.

"13 The Musical." The Random Farms Kids' Theater presents this production written by Tony Award-winning composer Jason Robert Brown, a hilarious, high-energy musical for all ages about discovering that cool is where you find it, and sometimes where you least expect it. Performed by a cast of young middle school and high school performers. Tarrytown Music Hall, 13 Main St., Tarrytown. 7 p.m. Adults: \$18. Seniors and students: \$16. Premium seating (first four rows): \$23. Groups (of 20 or more): \$14. Also Feb. 4-8 at 7 p.m. and Feb. 7 and 8 at 2 p.m. Info and tickets: Visit www.tarrytownmusichall.org or www.randomfarms.com.

Wednesday, Feb. 4

Noontime Getaway Concert. Downtown Music at Grace 12:10 p.m. Peter Muir, Ph.D., is one of the most

creative pianists of his generation, with an impressively broad repertoire embracing jazz, blues, ragtime, and classical. His program "The Worlds of Rhapsody in Blue" celebrates the diverse styles, which came together to form Gershwin's Rhapsody in Blue in a program, which culminates with a triumphant performance of this iconic work in his own arrangement. The New York Times has described his playing as "potent" and Newsday has praised his "terrific" performances. Free Admission; 30-minute concert at Grace Episcopal Church, Main and Church streets, White Plains.

Friday, Feb. 6

Wizard of Oz. White Plains High School Musical Production at WPHS auditorium; tickets \$20 general admission, \$5 seniors, students, staff. Production dates: Friday, Feb. 6, at 7 p.m.; Saturday, Feb. 7 at 7 p.m.; Sunday, Feb. 8 at 3 p.m. For tickets call 914-422-2234.

Photography Mentoring Session. Art Vaughan, an NECCC representative, will be presenting the winning prints from their 2014 conference held in July in Amherst, MA. Each print's winning qualities will be discussed in detail. This is an important opportunity to learn how judges judge. WPS welcomes all photographers, whether budding or professional, to become members. Mutual support for the enhancement of our craft is our specialty. Westchester Photographic Society, WCC, Tech. Bldg., Rm. 107; 8 p.m. No charge. Guests are welcome 914 827-5353; www.WPSphoto.org.

Saturday, Feb. 7

Hudson River Eaglefest. A daylong program that celebrates the Bald Eagles' return to the Hudson River and other waterways of the Hudson Valley. The day includes birds of prey shows, children's activities, environmental exhibits and more. Croton Point Park, Croton-on-Hudson. 9 a.m. Pre-sale tickets: Adults--\$13. Children (6-11)--\$8. Day of the event: Adults--\$15. Children (6-11)--\$10. Children (under 5)--Free. Info and tickets: 914-762-2912 ext. 110 or visit www.teatown.org.

Chinese New Year Festival. Professional acrobats, artistic shows, delicious food samplings, fun activities; 2 to 6 p. Westchester County Center, 198 Central Ave., White Plains. Tickets \$15

(\$10 children and seniors), purchase at <http://cny2015.eventbrite.com>.

Sunday, Feb. 8

Main Street Market. With Valentine's Day two weeks away, shop for local delicacies and gifts at the Main Street Market from 10 a.m. to 3 p.m., at the Westchester County Center in White Plains. A variety of vendors, artisans and food producers all from the tri-state area will sell fresh local foods, such as meats, cheeses, baked goods and wine as well as products such as hand-made jewelry, soaps and body butters. And, to tempt shoppers and to help them make their selections while looking for one-of-kind handmade items or unique gifts, food vendors will offer samples. Admission is free. Parking fees apply at the County Center lots. A list of vendors and valuable coupons are available at countycenter.biz.

Arctic Fest: Wings and Wolves. Learn about the harsh habitat that some very special animals call home. Master falconer Brian Bradley of Skyhunters in Flight will present his beautiful feathered ambassadors that call the high arctic home and will do a flight demonstration, too. Also visit resident arctic gray wolf Atka and the other ambassador wolves and enjoy hot beverages in our woodstove-heated classroom. Dress for cold weather. Wolf Conservation Center, South Salem. Noon. \$20 per person. Space limited. Pre-registration required. Info and pre-registration: Visit www.nywolf.org.

Winter Wildlife. This entertaining and informative program allows visitors to hear, see, smell and touch many of our fascinating, furry, feathered and scaly friends. For children five years old and up. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 2 p.m. Members: \$5 per person. Non-members: \$8 per person. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

Wednesday, March 11

School Budget Forum. The White Plains Board of Education has announced the district's 2015-16 budget planning schedule. The district is seeking broad input on the budget from the community, at two Budget Forums: on Wednesday, January 21st, and Wednesday, March 11th. Both are in the B-1 Room at White Plains High School, at 7:30 p.m. Additional meetings will take place in the community and

any group or organization wishing to host such a meeting may contact the Superintendent's Office at 422-2033. All residents are invited to attend these sessions, to participate in focused dialogue on spending efficiencies, areas of concern, budget priorities and creative ways to increase revenues. A review of the district's financial situation, the state's and city's financial constraints, and other issues relating to development of the budget will be presented. The district will also hold two Public Hearings: the first on March 9, on the Preliminary Proposed Budget, and the second on May 11 on the Board of Education's Adopted Proposed Budget.

Winter Sports in County Parks

Ice-skating. When weather permits, there is ice-skating at numerous locations, listed here. Ice is checked daily. Look for a "Skating Today" sign posted, which indicates safe conditions for that day. Blue Mountain Reservation, Welcher Avenue, Peekskill; Wampus Pond, Route 128, Armonk; Mountain Lakes Park, Hawley Road, North Salem; Willson's Woods Park, East Lincoln Avenue, Mount Vernon; Tibbetts Brook Park, Midland Avenue, Yonkers.

Cross-Country Skiing. When snow cover permits, cross-country skiing is allowed at the following locations: Blue Mountain Reservation, Welcher Avenue, Peekskill; Croton Gorge, Route 129, Cortlandt; Croton Point Park, Croton Point Avenue, Croton-on-Hudson; Kitchawan Preserve, Route 134, Yorktown; Lasdon Park, Arboretum and Veterans Memorial, Route 35, Somers; Mohansic Golf Course, Baldwin Road off Taconic Parkway, Yorktown Heights; Ward Pound Ridge Reservation, Routes 35 and 121 South, Cross River (parking fees apply); Cranberry Lake Preserve, Old Orchard Street off Route 22, North White Plains; Maple Moor Golf Course, North Street, White Plains; Marshlands Conservancy, Route 1, Rye; The trails at Merestead, Byram Lake Road, Mount Kisco; Saxon Woods Park, Mamaroneck Avenue, White Plains; Saxon Woods Golf Course, Mamaroneck Road, Scarsdale; Dunwoodie Golf Course, Wasylenko Lane off Yonkers Avenue, Yonkers; Lenoir Preserve, Dudley Street off North Broadway, Yonkers; Sprain Lake Golf Course, Grassy Sprain Road, Yonkers; Tibbetts Brook Park, Midland Avenue, Yonkers.



EXAMINER SPORTS

Tigers Girl's Playoff Bound, Despite Loss to Ursuline

By Albert Coqueran

The White Plains High School Girls Basketball Team has made the Section 1 AA Playoffs this year. It is the first time that the Lady Tigers will compete in postseason competition, since the departure of legendary Head Coach Sue Adams, after the 2011-12 season.

The Tigers recorded a 9-7 record after their loss to Ursuline Academy on Friday, at White Plains High School. "The fact that we are hitting over .500 is good for us. That is where we want to be (at this time) and only to continue to get better," said second-year Head Coach Tara Flaherty.

Flaherty has taken her young squad, which includes four freshmen, to the Section 1 AA Playoffs. Furthermore, as high school basketball fans are aware; anything can happen if the Tigers get a good seed by winning their last two games of the regular season.

Depending on the weather, the Tigers play Scarsdale High School, in Scarsdale, for their second contest this season, on



Lady Tigers Head Coach Tara Flaherty (center) tries to find solutions in the fourth quarter to a lack of scoring by her team. The Tigers scored only five points in the fourth quarter and were defeated by Ursuline, 50-38, at WPHS, on Friday.

ALBERT COQUERAN PHOTOS

Tuesday, Feb. 3. The Tigers were defeated by the Raiders, the number 13 ranked team in New York State, in their first match-up this season, 49-30, on January 14, at White Plains High School.

The Tigers will close out their 2014-15 campaign with "Senior Day" when they host Section 1 rival Mamaroneck High School, on Thursday, Feb. 5, at 4:15 p.m.

The Tigers jumped out to a good start against one of the best teams in Section 1, Ursuline Academy (12-3, 8-1 AA), leading, 16-9, at 4:00 minutes of the second quarter. But a few bad shots and defensive lapses let the Koalas back in the game.

When Ursuline's Rianna Peduzzi hit a two-point jumper at the end of the first half, the scoreboard read, 25-21, with the Koalas leading by four points.

"I was not surprised at all, not at all, the way White Plains came out to start the game," said Ursuline legendary Head Coach Beth Wooters. "They are a good team and this is their house, you never underestimate White Plains in their house," said Wooters.

Nonetheless, the Tigers maintained their composure and battled the Koalas, while staying within three points at the end of the third quarter, 36-33. But it was the fourth quarter that sealed the Tigers fate, while they only produced five total

points in the quarter compared to the Koalas 16 points and lost the game 50-38. "That was the game. We changed some things on defense a little bit and the

Tatyana Mitchell, who has missed the last five games due to injury. "We are hoping Tatyana gets back to us this week so we can have her make an impact and get ready for the playoffs. She is an extra six to ten points a game," commented Flaherty.

However, regardless of the Tigers shortcomings against Ursuline, it seemed nothing would have stopped Koalas junior Casey Friend from scoring in the game. Friend had a game-high 27 points, with 14 points in the first half. "I shot well tonight from the outside and taking the ball to the basket. It was a great team win," said Friend, who was complemented offensively by Anna Savino, who had 11 points and 13 rebounds in the game.

Flaherty and her coaching staff of assistants Amy Ferraro and Spencer Smith have created a buzz at White Plains High School surrounded their young ambitious Lady Tigers team with their over achieving 9-7 record.

However, Flaherty understands that the Lady Tigers cannot go into the Section 1 Playoffs while only producing five



Lady Tigers junior guard Kathleen Rooney (left) tries to stick with Koalas junior guard Casey Friend (right), against Ursuline, on Friday, at WPHS. Nonetheless, Friend was able to evade Tigers defenders to score a game-high 27 points, in Ursuline's 50-38, win.



Tigers senior guard Kaleigh D'Arcy (left) looks to pass against Ursuline, on Friday, at WPHS. D'Arcy is a leader this season on the Tigers and one of the reasons that the White Plains Girls Basketball Team has made the Section 1 Playoffs.



Lady Tigers senior forward Jocelyn Sanchez (left) shoots from the three-point line against Ursuline. Sanchez had eight points in the Tigers, 50-38, loss to Ursuline Academy, on Friday, at White Plains High School.

girls stepped it up and we controlled the boards," commented Wooters.

It may have been more difficult for Ursuline to control the boards, if Tigers senior center Isabella Lacarbonara did not have to play the entire fourth quarter with four fouls. Lacarbonara went to the bench with her fourth foul with 3:54 remaining in the third quarter.

In fact, the Tigers finished the game with four players with four fouls, including Lacarbonara, senior "enforcer" Jocelyn Sanchez, three-point ace Kathleen Rooney and senior leader guard Kaleigh D'Arcy.

Moreover, the Tigers were without the services of energetic freshman guard

points in any fourth quarter of any game. "Turnovers to be honest that is what we were discussing as a coaching staff after the game: what happened? We threw the ball away and we had travels and missed a few defensive opportunities," emphasized Flaherty.

But Flaherty saw something in the manner her team played against their archrivals Ursuline, in the first three quarters of the game. And that is the style of play they need to take into the Section 1 Playoffs. "No, I am not surprised because I know exactly what my players can do. It was fantastic to come out against Ursuline and do it, one of the top teams in our league," said Flaherty.

EXAMINER SPORTS

Westchester Knicks Struggle, as Lang-sanity Hits MSG

By Albert Coqueran

It is obvious that the Westchester Knicks are struggling to win games during the inaugural season in the NBA Developmental League. The Westchester Knicks record was 8-20, after losing back-to-back games to the Sioux Falls Skyforce, 109-99 and 105-80, on January 30 and January 31, respectively, at the Westchester County Center.

With the two recent losses to the Skyforce, the local Knicks amassed a current seven-game losing streak dating back to January 12. What is even more unsatisfactory is that the Westchester Knicks road-record is a disappointing, 1-12.

Nonetheless, the Westchester Knicks have proved to still be an exciting local professional sports franchise to watch, while packing fans into the Westchester County Center for almost every home game. Furthermore, the Westchester Knicks have solidified the primary reason for the NBA D-League, which is to develop players for NBA competition.

Langston Galloway became the first Westchester Knicks player to be called-up by the New York Knicks, when he signed a 10-Day Contract, on January 7. However, after "Lang-sanity" hit Madison Square Garden, the Knicks signed Galloway for the remainder of the 2014-15 season, on January 27.



ALBERT COQUERAN PHOTOS

Former Westchester Knicks guard Langston Galloway signed a 10-Day Contract with the NY Knicks, as their first call-up on January 7. After impressing the NBA Knicks, Galloway was signed by the Knicks for the remainder of this season, on January 27.

Yes, the NY Knicks are struggling as well, having set a new franchise losing streak record with 16 consecutive losses this season. However, the Knicks have won five of seven games, since ending their 16-game losing streak, against New Orleans Pelicans, on January 19.

Galloway helped his team end the dreadful streak by scoring a Knicks career-high 21 points, while shooting three of six from three-point range, in only his fifth game with the team.

Galloway was also impressive in his Garden debut, while scoring 19 points, on 6-for-10 shooting, including making three of four from behind the arc in 31



Today's Students Tomorrow's Teachers President and CEO Bettye H. Perkins (left) and Entergy Government Affairs Executive Deborah Fay enjoy the Westchester Knicks game, at the Westchester County Center, on January 30. Entergy donated \$5000 to Today's Student's Tomorrow's Teachers and the Entergy insignia jerseys worn by the Knicks were auctioned off with all the proceeds going to the White Plains based non-profit organization.

minutes, against the Houston Rockets, on January 8.

Galloway has since started seven of the 11 games for the NY Knicks, while averaging 12 points, four rebounds, three assists and only turning the ball over once per game in 29.5 minutes per game.

"Langston can play. He can play basketball," stated Knicks star Carmelo Anthony. "Even going back to training camp and preseason he could play basketball. He is great at getting into the paint and scoring," complimented the

Knicks superstar.

Furthermore, Galloway ascertained "Lang-sanity" at MSG (simulating the Lin-sanity craze that struck Knicks fans with Jeremy Lyn in 2012) by averaging 15.6 points, on 48 percent shooting, 4.5 rebounds and three assists pre game in six home games with the Knicks.

"I am just out there having fun and trying to play basketball, while learning from these experiences," said Galloway. "Playing with the Westchester Knicks in the D-League helped me a lot because I got a chance to grow as a player."

On Wednesday, Jan. 28, in the Knicks 100-92, win against the Oklahoma City Thunder, Galloway scored 18 points, on 7-of-15 shooting, grabbed four rebounds, dished four assists and had three steals. "Langston is probably like my brother, he is a great guy and a good teammate and it is a blessing for me to see him playing at that level," said Westchester Knicks star Thanasis Antetokounmpo, who watched the game at MSG, with General Manager Allan Houston.

The Knicks (10-38) are fun to watch again, having won five of seven games since breaking their franchise losing streak on January 19. Galloway has scored in double-figures seven of his eleven games with New York Knicks.

Local Baseball Foundation to Host Fundraiser With Dwight Gooden

By Martin Wilbur

For the last eight years, John Fitzgerald's nonprofit organization has raised money to provide equipment and improve fields for children in Ireland who are interested in baseball.

The lifelong Valhalla resident is now also looking to help youngsters who play baseball closer to home.

On Saturday, Feb. 21, Fitzgerald and the organization he founded in 2006, Baseball United Foundation, will be hosting a luncheon featuring former Met and Yankee standout pitcher Dwight Gooden to raise money for cash strapped Little Leagues and other baseball programs in Westchester and New York City. There are still tickets available for the luncheon, which will take place at Graziella's Italian Bistro in White Plains.

"This is kind of going to be our first big event in Westchester, and that's where I'm from, so we're starting to look in Westchester and in New York City and fund programs that need our help," said Fitzgerald, a 1995 Valhalla High School graduate who played varsity baseball.

The idea to assist local youth baseball programs to accompany its highly successful initiative of raising money for Irish baseball was started after Superstorm Sandy. Fitzgerald was approached to participate in a fundraiser with a minor



One of Baseball United Foundation's baseball clinics that it conducted for children in Ireland who are interested in the sport. The foundation is hosting a Feb. 21 luncheon with retired Met and Yankee pitcher Dwight Gooden to help raise money for metropolitan area baseball programs.

league player from Monmouth County, N.J. for families along the Jersey Shore who had been hard hit by the storm.

By being involved in that effort, which raised about \$20,000, Fitzgerald gained contacts from within the Major League Players Association.

When he had an opportunity to hook up with Gooden, a household name in New York baseball who was part of World Series winning teams with both the Mets and Yankees, Fitzgerald jumped at the chance.

"It's kind of another step in that direction, former players, current players,

that's really what we're trying to do in the U.S. to kind of raise awareness," Fitzgerald said.

He said that since getting a recognizable name was key for the first major local fundraising event, he wanted to make it worth everybody's efforts. Those who sign up and attend the fundraiser will be treated to a three-course meal, receive an autograph and be invited to participate in an extended Q&A with Gooden about anything baseball related.

"We want to make it baseball-centric," Fitzgerald said. "It's not just about Doc Gooden talking about his life, and he's got an amazing story, but he's going to take questions about anything."

Fitzgerald, a filmmaker by trade, launched the Baseball United Foundation after he completed a documentary about a relatively small group of kids in Ireland who play baseball despite the lack of decent equipment and coaching and unsafe or unsuitable playing surfaces.

Even so, the country, where an estimated 500 youngsters now play the sport, has been able to field a national team since 1996, he said. They're hardly an international power, and while the goal isn't to groom the next Major League phenom, being able

to compete has been an accomplishment.

The foundation has been able to ship thousands of pounds of equipment and raise money to send coaches at various levels of organized ball to conduct clinics during the summer. There are also coaches who are American ex-patriots or native Irish who spent time in the U.S. and fell in love with baseball.

In one effort, Baseball United raised \$4,000 to create a small youth baseball park in County Meath, Ireland, since virtually all playing fields there are for soccer, rugby or Gaelic football.

"We don't want it to seem like we're trying to push baseball in places where it doesn't exist," Fitzgerald said. "That's really not what we're doing. These are places where baseball does exist, but it can be made safer and easier and more cost-effective and more affordable to play."

Given the seemingly insurmountable odds of making a difference in Ireland, helping children locally shouldn't be difficult.

"We've sent coaches over to Ireland, to send them to the Bronx or Brooklyn should be pretty easy," Fitzgerald said.

There are still availabilities for the Feb. 21 luncheon with Dwight Gooden. Tax-deductible tickets are \$150 each. For more information, visit www.lunchwithdoc.com or www.baseballunitedfoundation.org



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