July 12 - July 18, 2022
 SMALL NEWS IS BIG NEWS
 Volume 16, Issue 775

## Chappaqua Crossing Owner Revises Carryout Eatery Request

By Martin Wilbur

The new operator of the Chappaqua Crossing retail component has revised its request to double the allowable square footage leased to carry-out food establishments so it can start filling some of the complex's empty commercial spaces.

Amy Krass, senior vice president asset management at Heitman, the Chicago-based real estate management investment firm that bought the property last winter, said the company would like the flexibility to increase the 7,500-square-foot limit on carry-out food businesses at Chappaqua Crossing to as much as 15,000 square feet.

The challenging leasing environment for restaurants, which has been made more problematic since the start of the pandemic, has prompted the company to look to New Castle officials to ease several of the conditions at the former Reader's Digest site. While Heitman originally asked the Town Board to waive the carry-out requirement, it has now changed that request so that the two remaining vacant spaces that had been earmarked for restaurants can also potentially be "fast casual" operations, without unlimited expansion of that use throughout the retail spaces.

In April, Sweetgreen's opened in one of those three storefronts.

"We'd like to have the ability to say to 10 perspective tenants we have the right to lease to you as another quickservice restaurant without going through

continued on page 2



ART NELSON PHOTO

## **Quite a Show**

It was a picture-perfect day for the first Pleasantville Music Festival since 2019 last Saturday. The return of a large crowd, sparkling sunshine and a varied lineup was a special treat for those who turned out. Although some fans may have been disappointed that 10,000 Maniacs had to cancel because of health reasons the week before, bands like The Narrowbacks, above, with their catchy Irish-style rock music, kept the crowd hopping. For full coverage of the day, see pages 16-17.

## No. Castle to Hold Hearing, Eyes Upgrades at Problem Intersection

By Martin Wilbur

The Town of North Castle will hold a public hearing later this month regarding potential safety upgrades at a problematic Armonk intersection that prompted more than 80 residents to sign a petition urging improvements.

A July 27 hearing has been scheduled to solicit feedback from residents on a proposed reconfiguration of the Cox Avenue-School Street intersection. In May, town officials also talked about the possibility of adding a stop sign to make the intersection a threeway stop and relocating another so it is even with the stop line that is painted on the pavement.

This spring traffic consultant Michael Galante recommended that the intersection become a more conventional T-intersection, Police Chief Peter Simonsen told the Town Board two months ago. Currently it is a wide, irregularly shaped crossing where most motorists fail to signal when turning onto School Street.

"For today's use, the shape of the intersection creates a problem by virtue of a pattern of the behavior of the motorists traveling at too high a rate of speed through the intersection," Simonsen said.

He said residents' concerns over speeding cars wasn't proven by Galante's study but there are other difficulties with the road. The town stepped up traffic enforcement details and installed radar speed signs, but the speed on the road remained fairly significant. While the speed limit on town roads is 30 miles per hour, the curve near 90 Cox Ave. makes a car travelling at 25 to 28 miles per hour dangerously fast, Simonsen said.

Galante's study also showed that traffic volume is highest during the morning rush hour at about 400 vehicles an hour. However, for most of the rest of the day, there are 200 cars or less per hour that go through the intersection. Those counts are important because if there are 300 or more cars an hour over an eight-hour period, that would

mandate a stop sign, Simonsen said.

In the spring, the Town Board decided to go ahead with a public hearing to receive input on the proposed improvements even though it appears that there is strong public support to make the upgrades. The board is required to schedule a hearing for the stop sign.

"It's a significant change at that intersection," said Supervisor Michael Schiliro. "I think it's a positive change, but I would not want to have everything be done and then residents come say 'Why didn't you tell us we were doing this. We don't really like what you did."

Councilman Jose Berra had

said that improvements are desperately needed in that area.

"We're really lucky that nothing's happened there but it is particularly treacherous and an accident could happen at some point in time," he said.

Simonsen said the improvements, should they occur, don't appear to be as expensive as other road projects. However, if the work isn't done, the issue won't likely go away.

"I think the traffic volume over time will continue to increase and I think that this is an improvement that I think we should pursue," he said.

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## **Chappaqua Crossing Owner Revises Carry-out Eatery Request**

continued from page 1

an extensive process," said Krass, who traveled to New Castle to meet the Town Board in person at its June 28 work session. "This will give us the flexibility to do so."

Heitman also hopes to receive the go-ahead to waive the 25 percent limit on a business's floor area for the sale of alcoholic beverages. Felix Charney, the principal at Summit Development, which sold Chappaqua Crossing's commercial operation to Heitman, said the company has a liquor store lined up to move into another vacancy and needs that requirement to be lifted as well.

The company also hopes to be allowed to store trash dumpsters outside rather than inside. However, the Town Board told Krass and Charney that that request is a site plan issue and under the purview of the Planning Board.

Supervisor Lisa Katz said one reason the town had hoped for a couple of sit-down restaurants at Chappaqua Crossing was the eventual construction and opening of the 91 townhomes. Those residents are also more likely to have the disposable income to support a restaurant.

"There is a captive audience of people that will want to eat at a restaurant there," Katz said. "From a marketing perspective, that's pretty strong."

However, it may still be a few

years before Toll Brothers completes construction on the residences and sees those units filled.

Krass said the company looks to find establishments that fit well with the property, not necessarily a tenant that will pay the highest rent. Examples of some types of fast casual eateries that could be considered are Chipotle, Chopt or Oath Pizza, not traditional fast food.

"There's a lot of interest, don't get me wrong, but not unlike other properties that I work on and other properties across the U.S that we have, we want to show perspective tenants we can work with them on an expedient basis and get them into the store quickly," Krass said.

Charney said the pandemic altered the restaurant landscape where operators are looking for management deals where they shed much of the risk to come into a space. However, restaurant operators want to see a certain level of foot traffic before making an investment.

By configuring a space for use by a carry-out fast casual operation, it would not be difficult to convert it to a full-service restaurant should market conditions change. Krass said.

Councilman Jeremy Saland said he has more concerns about the lifting of the restrictions with the alcoholic retail space than whether there are a couple more carry-out establishments.



MARTIN WILBUR PHOTO

Part of the retail component at Chappaqua Crossing. The center's new owner and operator wants to have restrictions eased on fast-casual dining and the amount of space that can be used for liquor sales.

"I have a bigger issue with the liquor store because that could mean greater competitions potentially to what we have in the hamlet," Saland said.

The board is referring the matter to get feedback from the Planning Board and then will schedule a public hearing on the square footage issue regarding carry-out

restaurants.

Town officials are also planning a tour of the Thomas V. Wright House at Chappaqua Crossing. The board must decide whether to allow Toll Brothers' request to build a new clubhouse but using the house's existing façade or to preserve and restore the 167-year-old structure.

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## Slater, GOP Congressional Hopeful Call for 2% State Spending Cap

By Martin Wilbur

Two Hudson Valley elected officials seeking higher office this fall have proposed a 2 percent state spending cap to curb what they characterize as runaway spending in Albany and make New York more affordable.

Yorktown Supervisor Matt Slater, the Republican nominee in the 94th Assembly District, and Assemblyman Mike Lawler (R-Pearl River), one of five GOP hopefuls in next months' 17th Congressional District race, chided the Democratic-dominated state government for increasing spending by about \$40 billion since 2018.

They cited a report released last week by state Comptroller Thomas DiNapoli calling the pace of spending "difficult to sustain" in the long term. The current fiscal year's budget is about \$220 billion while New York State has debt of about \$290 billion.

"We really do need a state spending cap," Slater said in front of Yorktown Pharmacy, one week after it was robbed in broad daylight and also criticizing Democrats for the statewide uptick in crime.

'This has been an issue that's been on the plate, on the agenda up in Albany for a number of years now, and under one-party rule they have failed to take any action," Slater said of the Democrats. "The state spending cap would ensure responsible fiscal government, like we have done in the Town of Yorktown.'

A spending cap would work similarly to what municipalities and school districts

have had to follow for the past decade, Slater said. Meanwhile, the state has refused to adhere to a tax cap, he said.

Lawler, attempting to tie congressional Democrats to the state's fiscal issue as well, said New York has irresponsibly spent money it has received from Washington, some of which has come for relief from COVID-19. The assemblyman said the Democrats' fiscal policies at the federal and state levels have largely caused the financial pain families are experiencing in New York. The state, for example, appropriated more than \$2 billion for the Excluded Workers Fund for largely undocumented people but only \$100 million to help small businesses.

"Over the past two years because of COVID, in large part, the federal government has printed obscene amounts of money, which has led to record levels of inflation," Lawler said. "This is the highest levels of inflation in over 40 years and New York State took that money, and rather than get its fiscal house in order has spent it on \$40 billion in new spending with no plans on moving forward to secure our fiscal future."

He also took a swipe at Rep. Sean Patrick Maloney (D-Cold Spring) and the Democrats for failing to lift the \$10,000 limit on state and local tax deductions despite holding the White House and slim majorities in both houses of Congress.

Lawler said the state could be in trouble fiscally as soon as next year.

"New York State is going to face a



MARTIN WILBUR PHOTO

Yorktown Supervisor Matt Slater, at podium, and Assemblyman Mike Lawler, to his left, was surrounded by supporters pitch a 2 percent state spending cap as a way to make state government more fiscally responsible and New York more

reckoning next year because we have our leadership under one-party rule and that is why you need to restore balance at every level of government so that you can apply common-sense values and policies in dealing with our fiscal health," Lawler

Messages left for Maloney's campaign office to respond to Lawler's comments regarding the SALT deduction were not returned on Thursday and Friday.

on Wednesday, said the state projects fiscal stability for the next five years, but the effective administration of federal money and the need to bolster rainy day funds are

However, a series of risks, including uncertainties regarding climate change and COVID-19 and federal policy and funding changes, could potentially be problematic for New York.

'Over the longer term, the elevated level of General Fund spending may be difficult to sustain as temporary resources are depleted or expire," DiNapoli wrote. "Notably, the American Rescue Plan included \$12.7 billion for New York State that may be used for a wide range of purposes, including to cover loss of revenues due to the economic impacts of COVID-19."

While not addressing Slater and Lawler directly, Assemblyman Chris Burdick (D-Bedford) said most of the new spending since the pandemic has centered on initiatives that his constituents in the 93rd Assembly District and around the state wanted to see, including investment to fix crumbling roads and bridges and fully funding local school districts, much of it funded through the federal Build Back Better legislation approved last year.

"Our responsibility is to ensure the quality of life and the health and safety of our residents," Burdick said.

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## **Croton Affordable Housing Project Receives \$3M in Funding From State**

By Martin Wilbur

Gov. Kathy Hochul announced last week that more than \$100 million has been awarded to create or preserve 864 affordable housing units across the state, including \$3 million toward a project in Croton-on-Hudson.

The funding that was unveiled July 6 for 16 different developments is expected to further local economic development initiatives, expand the housing supply, fight homelessness with supportive services for vulnerable populations and help close the digital divide for lower-income households by having free or low-cost broadband service to its residents, Hochul mentioned.

It will also advance the state's goal of reaching an 85 percent reduction of greenhouse gas emissions by 2050. The reduction in emissions is compared to 1990 levels.

The project in Croton, at an unused municipal-owned lot at 41-51 Maple St., will feature 33 apartments across two buildings targeting a wide range of incomes. Regan Development Corp. is the designated developer. The development consists primarily of two- and three-bedroom units with some one-bedroom apartments mixed in and is in a community with a high-performing school district, officials noted.

Assemblywoman Sandy Galef (D-Ossining) and state Sen. Peter Harckham (D-Lewisboro), who represent the village, applauded allocation of the funding.

"This Croton project is very special in creating more housing, which includes



An artist's rendering of the 33-unit affordable housing project that will be built on Maple Street in Croton-on-Hudson. The \$3 million from the state to finance the development was announced last week by Gov. Kathy Hochul along with 15 other projects across New York totaling just over \$100 million. The money is expected to increase the number of affordable units.

affordable housing that is so needed by our residents," Galef said. "I compliment Croton for advocating for this project and making it happen."

Mayor Brian Pugh said being able to build 33 affordable units in the community will relieve that number of households who are stressed from high rents and at least partially address the lack of housing affordability. He also thanked Galef and Harckham for supporting the funding request.

"The current pandemic has only aggravated the chronic housing shortage in our region," Pugh said. "The sale and redevelopment of the unused village-owned parcel where the new homes are to be built is a boon to our municipal balance sheet and a benefit for our local economy."

It is part of Hochul's goal to increase housing supply by creating or preserving 100,000 affordable residences across New York, including 10,000 with support services for vulnerable populations. The plans also include electrification of an additional 50,000 homes.

Harckham said he remains focused on helping to solve the pressing housing need that is within financial grasp of populations that are getting priced out of the area, including seniors on fixed incomes,

"This new development in Croton-on-Hudson is a great example of the kind of publicprivate partnerships that will help alleviate the affordable housing shortage statewide, and I am pleased Gov. Hochul, local officials like Mayor Pugh and community-minded developers are making strong commitments to support projects like this," Harckham said. Each of the state's 10 regions were

Each of the state's 10 regions were represented in the 16 projects, with the Maple Street development being the only one receiving funding in the seven-county Mid-Hudson region.

It is also part of Hochul's \$25 billion, fiveyear comprehensive statewide housing plan to make housing more affordable, equitable and stable for millions of families.

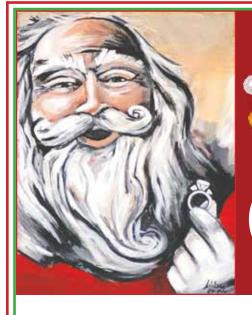
The New York State Homes and Community Renewal's Multifamily Finance RFP, a competitive process used to award federal low-income housing tax credits and subsidize financing for affordable multifamily housing developments, provided the funding.



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## Cookout With Cops: A Fun Event for Bonding

By Mia Levine

For teenagers finding someone they can trust and confide in to talk about sensitive topics in their lives can be difficult a difficult tack

Jill Carelli and Lisa Reinhardt have sought ways to make that hurdle a little bit easier.

This Friday evening, July 15, from 6 to 8 p.m. they have organized Cookout With Cops at St. Francis of Assisi parish in Mount Kisco that allows teenagers to gather and informally spend time with police officers.

Carelli, director of religious education at St. Francis, her assistant Lisa Reinhardt and Sgt. Edwin Ramirez of the Westchester County police and the village's community resource officer have worked together to make the event possible.

During Carelli and Reinhardt's time as co-leaders of a high school youth group, they have noticed many of the teens have been approaching them with problems that include cyberbullying, self-harm and abuse. The teens only start talking about their difficulties when they realize they can no longer bottle up their emotions.

"(We) want the teens to know they have people they can go to if needed; they don't need to suffer in silence anymore, yet in a fun, informal way, too."

Teenagers who need someone to talk to about issues in their lives sometimes do not know who to contact. COVID-19 during the past two years hasn't made it any easier, as many felt isolated over long stretches of time.

Carelli and Reinhardt had researched and reached out to mental health organizations, hoping to find the right person who can connect with teenagers. One name popped out to them right in their backyard.

Ramirez has been a police officer for 16 years, transferring to the old Mount Kisco Police Department in 2008. He served in a similar resource officer role when the village still operated its local police department.

Earlier this year, the village, which has contracted with the county for police services since 2015, saw the need to reprise the community resource officer

role, and Ramirez, who has been with the county force the past seen years, fills that role perfectly.

Carelli, Reinhardt and Ramirez discussed how best to talk to make teens feel about opening up or at least knowing where they can turn.

Cookout With Cops is an informal, fun night for teenagers to meet with officers. The event is open to all youngsters in grades 6-12. The entrance fee is \$5 to help cover costs.

Carelli and Reinhardt reached out to local restaurants and businesses, and many are donating food, including hamburgers, hot dogs, empanadas, salad and other treats. The Knights of Columbus has volunteered to do the grilling.

Additionally, there will be prizes that will be raffled off, and each entry will get a ticket for a chance to win a prize.

Another bonus is a "swag bag." Inside the bag will be informational stickers, a magnet, lip balm, resource information and other items. Officers will be able to talk to the kids who attend while playing lawn games and giving out prizes.

As part of the program, there will also be a question-and-answer segment where the youngsters can anonymously pose questions and the officers

Cookout with Cops will be held outdoors on the church's lawn, weather permitting. In the event of rain, it will be moved inside.



## **Raising Awareness**

Grand Prix New York in Mount Kisco recently hosted an Alzheimer's Awareness Evening featuring a broadcast of The Clubhouse sports radio show live over WGCH 1490 AM. Pictured above are Clubhouse hosts Rob Adams, Mark Jeffers and Dave Torromeo and Westchester Alzheimer's Walk volunteers Matt Bonanni and Nancy Ellen Paquette.



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## Cortlandt ZBA Keeps Hearing Open on Hudson Wellness Project

By Rick Pezzullo

A public hearing before the Cortlandt Zoning Board of Appeals on a proposed luxury drug and alcohol rehabilitation specialty hospital that has been closely scrutinized for the last seven years was kept open last month.

The ZBA also decided on June 27 to schedule a site visit to the 48-acre site on Quaker Ridge Road and the surrounding area for Sunday, July 17 at 9 a.m. after being encouraged by residents to see how the Hudson Wellness Center project could adversely affect the residential neighborhood.

"It's community character. That is the primary concern," stressed Brad Schwartz, an attorney representing a group called Citizens for Responsible Hudson Institute Site Development (CHRISD). "Does this use belong in a location on a town road?"

The ZBA must grant a variance since the Town Code requires hospitals in residential zones to be on state roads. Without the variance, the controversial project can't move forward. A special permit is also required to build a specialty hospital in a two-acre residential zone.

In April, the Cortlandt Planning Board voted 6-1 to issue a negative declaration under SEQRA, stating that the project should not have significant adverse environmental impacts. The decision allowed Hudson Wellness Center to avoid preparing a lengthy and costly Environmental Impact Statement.

Robert Davis, an attorney for Hudson Wellness, contended the negative declaration

by the Planning Board, which is the lead agency on the application, weighed heavily on the ZBA's review of the area variance.

"While the Negative Declaration does not preclude your board from reviewing the application under the Zoning Code, the board must necessarily take into consideration and abide by the Planning Board's SEQRA determination, and your board's ultimate determination, which is subject to CPLR Article 78 review, will be upheld only if it is rational and supported by the substantial evidence," Davis stated in a June 14 letter to the ZBA.

Schwartz and Town Attorney Thomas Wood disagreed with the assertion of Davis, who requested the public hearing be closed and a decision be rendered at the ZBA's July 25 meeting.

"We're not here as a pro forma rubber stamp," Schwartz remarked.

Hudson Ridge Wellness Center is looking to utilize the former Hudson Institute site on Quaker Ridge Road that encompasses 20 acres in Cortlandt and 28 acres in New Castle.

First presenting the project to Cortlandt officials in 2015, the backers of Hudson Ridge Wellness Center have spent nearly \$3 million to buy three parcels of land, paid attorneys and consultants hundreds of thousands, carried property taxes totaling nearly \$400,000 (although sometimes paying late) and renovated the existing buildings on the site to the tune of \$1.5 million.

"This area of New Castle and Cortlandt is a very, very special place," said David Valdez, a member of the Millwood-West End Advisory Board. "It's laughable this this would be put in this neighborhood. It would be like putting a carnival in the middle of Central Park."

The property is near Teatown, a 1,000-acre nonprofit nature preserve and environmental education center with 15 miles of hiking trails and a two-acre island refuge. It has caught the attention of officials and residents in Ossining and New Castle. New Castle officials are concerned about increased water and sewer use in the area and Glendale Road being used

by vehicles traveling to the site.

The maximum number of patients that the hospital would serve has been reduced in its first year of operation to 49. Thereafter, there could be up to 58 patients. When plans were first unveiled, 92 beds were sought.

If the ZBA issues a variance, the Planning Board will get another chance to review the project as it will have to decide whether to approve the site plan.



#### **Reading Made Fun**

Friday, June 24 was a great day as the weather changed from rainy to sunny and warm with stunning blue skies, drawing nearly 1,000 people to the Children's Summer Reading Kickoff at John C. Hart Memorial Library in Shrub Oak. Children and their families gathered to meet Pete the Cat and Sonic, spend time outside and enjoy fun activities. The Summer Reading Program, organized by the library, encourages children to keep up their reading while school is out.



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## **Obituaries**

## Raymond D'Alvia

Raymond Anthony D'Alvia, a Croton-on-Hudson resident and former supervisor in the Town of Cortlandt, died June 19. He was 84.

He was born Jan. 3, 1937, in Jersey City, N.J. to Carl and Mary Josephine (Rucci) D'Alvia. He was a lawyer for many years.

He was active in local politics and was a former chairman of the Cortlandt Republican Committee. He served as supervisor in



Raymond D'Alvia

the Town of Cortlandt in the 1970s. He enjoyed all sports, and his special passion was track and field. He was a gifted storyteller and he loved to entertain and joke with everyone he met.

He is survived by his children, Carl D'Alvia, Jennafer D'Alvia, Rachel Whetten and Lauren D'Alvia; his sister, Patricia Foley; and two grandchildren, Maddalena D'Alvia and Elena Whetten. He

was predeceased by his brother, Robert D'Alvia.

## Eileen Carter

Eileen Mary Carter of Yorktown Heights passed away on July 7. She was 95.

Eileen was born in New York City on Oct. 5, 1926, to John and Mae Hart. Eileen grew up in the Inwood section of New York City and moved to Succasunna, N.J. in 1957 where she raised her family. Eileen taught third grade at St. Theresa's Catholic School for 30 years before retiring with her husband, Al, to Palm Coast, Fla. In retirement she loved to golf with the Nifty Niners and was a member of the Pine Lakes Golf Club and the Palm Coast Historical Society. Eileen was an avid volunteer at St. Theresa's Church and School in Succasunna

and Saint Elizabeth Ann Seton Church and Catholic School in Palm Coast.

Eileen was a beloved mother and grandmother and expectant great-grandmother. She is survived by her son, Paul Vincent Carter. She was grandmother to Matthew, Christopher and Lauren Moran, aunt to Phillip, Billy and Barbara Hart and mother-in-law to James Moran. She was predeceased by her husband, Albert Robert Carter, and her two daughters, Janet Moran and Nancy Carter.

Family and friends honored Eileen's life at Yorktown Funeral Home in Shrub Oak on July 10. A Mass of Christian burial took place on July 11 at the Church of the Holy Spirit in Cortlandt Manor. Interment followed at Gate of Heaven Cemetery in East Hanover, N.J.

## **Brenda Conley**

Brenda Joyce Conley, 73, formerly of Mount Pleasant, passed away on Saturday, July in Southport, N.C.

Brenda was born Oct. 18, 1948, in Mount Kisco.

Brenda is preceded in death by her mother, Dot Walker; her grandparents, Thomas and Amelia Brennan; and her brother, Tom Walker, all of Pleasantville. She is survived by her beloved husband of 54 years, Ken Conley; her daughter, Sharon (Mitch) Ennis, of Southport; her son, Blair (Lee Anne) Conley, of Valhalla; her grandchildren, Jonathan Ennis and Victoria, Michael and Juliana Conley; her brother, Doug (Sue) Walker, of Wilmington, N.C.; as well as numerous nieces and nephews.

Brenda and Ken met at the Sherwood Diner in 1966 in North White Plains where their love story began. They were married Mar. 3, 1968. They were partners in life as well as business, owning and operating Mount Pleasant Century 21 Real Estate, River Run Laundromat and Ina Oil Company. She was kind, loving and gentle. Her contagious smile drew people to her and she always made them feel cared for and loved.

Brenda enjoyed spending time with her family, playing the latest video games with her children and later spoiling her grandkids. Brenda's faith gives us peace that she is home in the loving arms of God fully healed.

A memorial service for Mrs. Conley was held on July 9 at the Peacock-Newnam & White Chapel in Southport with Rev. Gary Albertson officiating. The family received friends before the service.

In lieu of flowers, the family requests that donations be made to the Duke University COPD Research Program at P.O. Box 100805, Duke University Medical Center, Durham, N.C. 27710. Condolences may be shared at www.peacocknewnamwhite.com for the Conley family.



## **Police Blotter**

#### **County Police/Mount Kisco**

**July 6:** Officers responded at 3:12 p.m. to Pinecrest Manor on Amuso Drive after a resident reported that someone had slashed one of her tires. Officers determined that the woman's flat tire was caused by a nail, not an act of vandalism.

July 7: Report of a person in emotional crisis on Lexington Avenue at 10:03 a.m. The Mobile Crisis Response Team was also requested. The person agreed to allow a team member to take them to the hospital for evaluation

**July 7:** Employees of an unidentified auto dealership in the village reported at 1:29 p.m. that a prospective customer had apparently provided false documentation in an effort to purchase a luxury vehicle. An investigation is continuing.

July 7: A resident reported at 3:15 p.m. that an envelope containing \$2,500 in cash was stolen from his car in the past 24 hours. The man reported that he had put the envelope in the center console of his car the previous day and just noticed it was missing. He reported that he had run errands in Yorktown and Mount Kisco the previous day and then parked the vehicle on Parkview Place overnight.

July 7: Two women arrived at the Green Street precinct at 10:56 p.m. to report that they had received harassing texts from a person who was known to them. The women said the person knew where they had parked their car in the village and they were concerned that the individual might be waiting there for them. An officer took the report and drove the women to their car.

## Croton-on-Hudson Police Department

June 29: A caller from Olcott Avenue reported at 5:31 a.m. that the interior of her three vehicles were ransacked overnight. Patrol was dispatched. The complainant stated she did not believe anything was missing from the vehicles aside from loose change. Patrols checked the surrounding area and found about six vehicles with their doors ajar on Olcott Avenue, Darby Avenue and Elmore Avenue.

July 2: A caller reported at 5:28 p.m. that he and his uncle were fishing and someone came up to them at Croton Landing and started a fight. The caller said his uncle was struck during the altercation. Responding patrols reported that the parties were involved in a verbal argument over fishing spots that led to pushing and shoving and one subject being struck in the back of the head with a punch. That subject was uninjured. Both parties declined to pursue charges and all parties were advised and sent on their way.

July 4: A Jacoby Street resident reported at 10:10 p.m. that a neighbor was lighting fireworks. Patrol checked the area but was unable to locate any fireworks being set off.

#### **North Castle Police Department**

July 3: East Orange, N. J. police reported at 5:26 a.m. that it recovered a vehicle stolen out of North Castle the week before.

The vehicle was successfully taken out of e-Justice and its owner was advised.

July 3: North Castle police received a hit confirmation request from the Philadelphia Police Department at 12:52 p.m. reporting that a vehicle stolen out of North Castle a week earlier has been recovered. The vehicle was successfully taken out of e-Justice and its owner was advised.

**July 5:** A complainant arrived at headquarters at 3:47 p.m. to report a verbal dispute that happened earlier in the day on Maple Avenue where a threat with a firearm had apparently been made. Information was gathered and a report will follow.

July 6: An anonymous complainant reported at 6:01 a.m. that her neighbor on Smallwood Place has roosters, which have been waking residents at about 5 a.m. for the past week. The responding officer unsuccessfully attempted to contact the homeowner after observing roosters in the yard. The officer stated that the roosters were quiet, but there appeared to be other species of birds making noise in the area.

#### **Pleasantville Police Department**

**July 4:** An 86-year-old man was found dead by his son at his Douglas Drive residence at 1:41 p.m. The son called police saying his father was unresponsive. A medic confirmed the death.

**July 6:** Report of a dispute between a landlord and a former tenant on Pleasantville Road at 8:53 p.m. The dispute result in a harassment report. The case will be heard in civil court.

July 7: A moving vehicle struck a parked vehicle on Bedford Road at 9:52 a.m. resulting in the filing of a damaged property report. The driver of the moving vehicle left the scene but the owner of the parked car was able to get the license plate number of the moving vehicle and contacted the driver. Both parties reported they would settle the damage themselves.

**July 8:** A subject was arrested on an assault charge after a fight broke out between a Saratoga Avenue resident and a visitor at 1:41 a.m. The suspect's court appearance is pending.

#### State Police/Cortlandt

July 5: Police investigated a fatal accident involving a vehicle and a pedestrian on Route 202 in Cortlandt. At about 11:15 p.m., troopers were dispatched to Route 202 and Lafayette Avenue. Peekskill EMS was already on the scene rendering aid to the pedestrian who was transported to NewYork-Presbyterian Hudson Valley Hospital. The man, later identified as Edwin G. Merchan Tenemea, 34, of Peekskill, was pronounced dead upon arrival. An initial investigation determined a 2004 Honda Accord was traveling westbound on 202 and struck Tenemea while he was walking in the westbound lane.

Editor's note: The policy of providing names for people who have been arrested varies between each department.

## Westchester County Receives 450 Monkeypox Vaccine Doses From State

By Martin Wilbur

Westchester County has received an extremely limited number of monkeypox vaccine doses from New York State to help the most vulnerable population ward off potential complications from the virus.

County Executive George Latimer said Monday that Westchester received 450 doses of the JYNNEOS vaccine from the state Department of Health (DOH) via the federal government that will be administered only by several major health providers and the county. Those include 100 doses each to Open Door Medical Centers, Westchester Medical Center, White Plains Hospital and St. John's Riverside, Latimer said.

The overwhelming number of New York State's 174 monkeypox cases are in New York City. As of last Friday, the only other cases in the state were six in Westchester, four in Suffolk County and one each in four other counties.

Latimer said that there is no public distribution of the doses, only through the aforementioned medical providers for vulnerable individuals and those with known exposure because of the limited supply, extremely low level of infection and generally the lack of serious illness. It is passed on by skin-to-skin contact while COVID-19 is an airborne disease, he said.

"It is inevitable that we'll make comparisons between monkeypox and COVID because we're still in the twoand-a-half-year period of the COVID pandemic, but there really is no significant comparison between these two diseases," Latimer said.

The first Westchester monkeypox case was reported by the state DOH on June 16.

At the time, the DOH reported that monkeypox is a rare viral illness that rarely causes serious illness, although in unusual instances can result in hospitalization or death. Monkeypox typically begins with a flu-like illness and swelling of the lymph nodes and progresses to a rash on the face and body. Most infections last two to four weeks.

The state DOH reported on July 7 that there were about 56,000 doses of the monkeypox vaccine available nationwide from the federal government, which were being allocated to the states. New York received 8,195 of those doses with nearly 6,000 going to New York City. In addition to Westchester, Suffolk County was provided 750 doses, 400 went to Nassau County, 300 to Saratoga County and 40 each to Rockland and Sullivan counties.

The DOH was holding onto 226 doses to use for close contacts of known cases and healthcare workers who are exposed on the job.

According to DOH, those eligible to receive the monkeypox are people with exposure within the past 14 days; those at high risk of a recent exposure to monkeypox, including members of the gay, bisexual, transgender and gender

non-conforming community and other communities of men who have sex with men and who have engaged in intimate skin-to-skin contact with others in the past 14 days in areas where monkeypox is spreading; and people who have had skin-to-skin contact with someone in a social network experiencing monkeypox activity.

"Now that we have received an initial batch of the JYNNEOS vaccine for community distribution, we will get this limited supply to those who are most at risk, while advocating for more," state Health Commissioner Dr. Mary T. Bassett said in a statement last week. "As we expand our public education efforts, we will continue to provide the infrastructure, guidance and resources for local county health departments, healthcare providers and community-based organizations statewide, so together we can protect our communities against monkeypox and mitigate spread."

#### **COVID-19** in Holding Pattern

Active cases of COVID-19 have fallen into a fairly narrow range in Westchester in recent weeks as some concerns have surfaced over the latest variant, BA.5.

Westchester is reporting 3,356 active cases as of the end of last week, Latimer said. Over an extended period of time, the county's active cases have remained between 2,500 and 3,500, he said.

The good news is that the fatality rate in the county has fallen to less than 1 percent, meaning that fewer than one in 100 cases have ended in death since the start of the pandemic, Latimer noted. The presence of the vaccine and greater knowledge on how to protect the public has likely led to the plummeting rate.

Meanwhile, COVID-19 vaccines are available for children six months to five years old by appointment only on Fridays from 9 a.m. to noon at the county Health Department clinic at 134 Court St. Children from five to 12 years old can also receive vaccines at the clinic on Fridays from 1 to 3 p.m., also by appointment only.





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## **Guest Column**

## New York State Must Address the Crisis That is Sickle Cell Disease

#### By Assemblywoman Nathalia Fernandez

As a state, we must come together to address the crisis that is sickle cell disease. There are 10,000 members of our communities that have been left to struggle through this condition with little attention and care, and it is time for us to correct this

Sickle cell is devastating to patients and their families. It causes chronic and unpredictable pain episodes, high rates of stroke and kidney disease and a wealth of other health complications like vision problems and anemia. Worst of all, it dramatically shortens the life expectancy of a patient. The median age of death for those with sickle cell is just 43 years, according to the Centers for Disease Control and Prevention's National Vital Statistics

System.

Presently, treatments for sickle cell disease are extremely limited but a cure is on the horizon. New medical breakthroughs in stem cell transplantation and gene therapies could be curative for adults with sickle cell, which is the most exciting news this community has seen since the first sickle cell drug hit the market in 2018.

However, we have a lot of work to do before these treatments become available to patients. We need to address the barriers to care access these patients face, or we risk new therapies remaining out of reach for

At the center of the problem is the racial bias baked into our healthcare system that impacts health outcomes for people of color. Sickle cell disease was labeled as a "Black disease" when it was first discovered in the United States in the early 20th century because on both a national level and a local level, it disproportionately impacts Black and Brown communities.

Nationally, sickle cell impacts one in every 365 African American births, one in every 16.300 Hispanic Americans, and only one in every 80,000 Caucasian births. In New York State, those numbers are one in 230, one in 2,320, and one in 41,647, respectively.

For decades, leaders across the country have pushed sickle cell to the back burner. It receives significantly less research funding and pharmaceutical investment than other orphan diseases like cystic fibrosis, a similarly life-threatening genetic disease, but with the majority of white patients. Cystic fibrosis is much rarer but gets almost four times the National Institutes of Health (NIH) funding and a whopping 400 times the

support from the private sector.

The lack of funding and attention for sickle cell means there are few available care options and patients are constantly misunderstood by physicians who lack the knowledge to treat them.

The nearly 50 percent of sickle cell patients on Medicaid face even more challenges. States decide what drugs are covered by their Medicaid programs, and there are significant disparities and discrepancies in the quality of care across the country.

New York's leaders must coordinate with federal agencies to ensure that any existing and new therapies for sickle cell are affordable and covered by our state Medicaid

Assemblywoman Nathalia Fernandez (D-Bronx) represents the 80th Assembly

## Letters to the Editor

## Public Transportation is a Key for Economically Successful Communities

The month marks the 58th anniversary of federal support for public transportation.

The success of public transportation can be traced back to one of the late President Lyndon Johnson's greatest accomplishments, which continues benefiting many Americans today. On July 9, 1964, he signed the Urban Mass Transportation Act of 1964 into law. Subsequently this has resulted in the investment over time of several hundred billion dollars into public transportation.

The Putnam County public transportation

## Abortion Supporters Wouldn't Have Been Born if Abortion Had Been Legal

In the article "Roe v. Wade Decision Sparks Fiery White Plains Protest," (June 28-July 4) Westchester County Executive George Latimer is quoted as saying that Republicans and Republican-appointed judges "intend to make this 1880 America." It always amazes me how pro-abortionists don't realize the irony (and destructiveness) of the things they say and of their beliefs.

If abortion had been legal in America in 1880, chances are great that at least one of their ancestors would have had an abortion,

which means their lineage would have been altered and they would never have been born, not only wiping them out but their children, grandchildren and so forth.

Pro-abortionists commonly say we should never return to the "old days," but it was only because the old days recognized the evil of abortion that they probably exist.

> Natalie Barklow Greenwich, Conn.

system, for example, has benefited by over \$114 million in grants from the U.S. Department of Transportation Federal Transit Administration (previously known as the Urban Mass Transportation Administration), going back to the 1970s. A majority of the Putnam County bus capital program, including buses, paratransit vehicles, bus garages, fueling stations, fare collection equipment, bus shelters, bus stop signs and other support equipment necessary to run the system were all paid for primarily with federal funding.

Millions of Americans today utilize various public transportation alternatives. They include local and express bus, ferry, jitney, light rail, subway and commuter rail services. All of these systems use less fuel and move far more people than conventional singleoccupancy vehicles. Most of these systems are funded with your tax dollars thanks to President Johnson.

Depending upon where you live, consider

the public transportation alternative.

The ability to travel from home to workplace, school, shopping, entertainment, medical appointments or the library is a factor when moving to a new neighborhood. Economically successful communities are not 100 percent dependent on automobiles as the sole means of mobility. Seniors, students and low- and middle-income people need these transportation alternatives. Investment in public transportation today contributes to economic growth, employment and a stronger economy. Dollar for dollar, it is one of the best investments we can make.

#### **Larry Penner** Great Neck, N.Y.

Larry Penner is a transportation advocate, historian and writer who previously worked for the Federal Transit Administration Region 2 New York office.

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## Column

## Ukraine Can't Even Bury its Dead, Something We All Take for Granted

It's never easy to talk about it when someone in your family has died. When my dad died 10 years ago, my mom, my three brothers and I were crushed.

Bill Flooks understands. His job is to try to help the living deal with the pain of losing a loved one. He's the owner of the Beecher-Flooks Funeral Home in Pleasantville.

I recently took the time to talk with Flooks about what he does and about the

war in Ukraine. These subjects are not as unrelated as we might think at first glance.

Beecher-Flooks takes great care to walk the families of the deceased through each step in the burial process, from the length of visitation to the type of burial they want for their loved one.

"People often don't know what they're going to do when they come in here," Flooks said. "We had six adult children in here the other day. Their father had passed away. I laid out all the options for them.

"We try to get you through some tough times," he explained. "We offer respect and dignity for the deceased and their families."

Flooks highlighted the key values he brings to his efforts.

"Funerals are for the living. You have to have time to grieve."

We then talked about what's happening



By Michael Gold

in Ukraine. The United Nations High Commissioner for Human Rights estimates that more than 4.500 civilians have been killed in Ukraine, which is a very low estimate. According to The New York Times, many more people have been killed by Russian forces. It's possible that at least 22,000 people were killed, a Times article in late June stated. That's about three times the population of Pleasantville. Ukrainian President Zelensky estimated

in early June that tens of thousands of Ukrainian soldiers have been killed by the Russian Army, the Associated Press and the Voice of America reported.

Also, more than 250 children have been killed, and more than 400 injured, UNICEF reported at the end of May.

Of the many dead, Flooks said, "There are mass graves. They're (the Ukrainian government) not prepared to get them back to their hometowns. They're not getting a proper burial. It's very sad. There's no closure."

"War is horrible," he said. "You might not know where your husband or son is buried. You have no idea. It's in a war zone, or it's occupied by the Russians. No one knows what's going on."

In the United States, we can take comfort in knowing that our deceased family

members will be taken care of, and that the living will gather to mourn. Contrast this with Ukraine.

In addition to suffering from the monumental, almost unimaginable pain and terror the Russian Army has inflicted on the Ukrainians, they have lost their ability to offer this most basic of functions for the dead and their relatives.

"I think that we're helping," Flooks said, when I asked about American aid to Ukraine. "From the funeral aspect there's nothing we can do (in

Ukraine)."

The war seems to have faded somewhat from the American spotlight. But it grinds on, with Ukrainian citizens and soldiers dying every day from Russian weapons.

There are some times in life when things don't seem very clear. We can be confused about who did what to whom. How a bad thing happens might elude us.

This is not one of those times. The Russian government started this war. They are slaughtering hundreds of innocent people every day.

Many have speculated as to why. Maybe Putin felt threatened by having a democratic government emerge in neighboring Ukraine, where its citizens were able to participate in the decisions that guide their lives, the lives of their children, their future. Putin doesn't seem to think ordinary Russians are capable of

determining their own fates. Democracy is too messy for Putin.

Or he was annoyed that Ukraine might become part of NATO. Maybe he wanted Ukraine's natural resources. Ukraine grows massive amounts of wheat, corn, barley and sunflower seeds for consumption around the world. Ukraine also has natural gas reserves. It manufactures iron ore, titanium and lithium for electric cars.

This war is easy to forget, except when you're at the grocery store and gas

station. Prices are up in part because of Putin's war of aggression. But other than that, this war doesn't touch us. Ukraine is almost 5,000 miles away from the Hudson Valley.

Another theory I've read about is that Putin started this war to help restore glory to Russia.

The definition of glory is: "fame, praise or honor that is given to someone because they have achieved something important." (Source: Oxford Learner's Dictionaries)

When a country has so desecrated another nation that it can't even bury its dead, I wonder whether Vladimir Putin knows what glory really means.

Pleasantville resident Michael Gold has had articles published in the New York Daily News, the Albany Times Union, The Virginian-Pilot, The Palm Beach Post, other newspapers and The Hardy Society Journal, a British literary journal.

## A Harrowing Health Experience Makes One Grateful to Be Alive

It's like suspended reality. A couple of weeks ago my amazing, vibrant life was 100 percent normal. Then one night I was rudely awakened to chest pains that felt exactly like I was having an acid reflux attack.

The pains started to accelerate until they felt like a gorilla's foot pushing down on my chest. It was unbearable. I called 911 and a fabulous EMS team arrived very quickly and effectively sprang into action. They placed me in an ambulance, hooked me up to a saline drip, sprayed nitroglycerin behind my tongue and, most importantly, calmed me down.

They emphatically suggested we

The Travel

Maven

go only to Westchester Medical Center where Westchester's best cardio care unit is located along with the foremost heart surgeons.

My echocardiogram revealed I had severe blockage in my arteries and that the right side of my heart was not moving. They made a decision to put stents into my arteries to open them up, but once the procedure started, they aborted the mission because they decided stents would not effectively open the blockage.

The decision was then made to perform a triple bypass on July 5 at 7 a.m.

As you can imagine, I was scared to death at the prospect of having my chest "butterflied" and "chest bone broken." My surgeon has performed this "routine" surgery successfully many times. But I kept on visualizing myself lying on the operating table with chest sprawled open and heart exposed.

Beforehand,

everyone kept saying my bypass surgery would "be very easy." All that my surgeon had to do was replace my three clogged arteries with veins grafted from

my legs. Yeah, a "piece of cake" as they say.

Everyone kept telling me this procedure is typically 99 percent

successful, but despite this fact, I was still terrified.

My recovery will not be easy, fast or without lots of discomfort. But I looked forward to that magic moment of waking up after surgery, knowing I had survived the procedure.

I am so thrilled to be alive. After all, right now I have so much to live for. My life these days is beyond wonderful. I'm so very lucky to have my amazing girlfriend,

Anita, my two boys, Spencer and Morgan, and all my caring friends.

Besides writing a periodic travel column in The Examiner, "The Travel Maven," I'm also an inventor of revolutionary new products. People keep asking me how I come up with all of my unique inventions, so I modestly tell them, "I can see what's not there."

Perhaps unlike many folks who go



On the

Street

By Richard Levy

through this procedure, I didn't pray that all will go well because I don't believe praying has ever helped change my situation. As a kid, when I learned about the Holocaust, I asked my parents, "Where was God?"

As you can imagine, I'm looking forward to writing my "survival column," and of course, looking forward to taking my next trip.

Editor's note: Richard Levy continues to recuperate from last week's open heart surgery and is expected to be transferred

for a rehab stint this week.

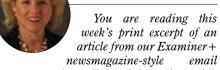
Hastings-on-Hudson resident Richard Levy is a former advertising "Mad Man" creative director and now a travel writer. He's also an inventor of innovative new products and is writing and illustrating a new children's book. You can contact him at RichardLevyTravelWriter@gmail.com.



## Shall We Dance?

## (Re)discovering the art of ballroom dancing, one step at a time

By Sherrie Dulworth



newsletter. To read the entire article and others like it, subscribe at www. examiner-plus.com to receive all of our bonus content.

What activity is centuries old, considered both an art and a sport, was once denounced by the Vatican (at least in part)\*, and can be elegant and graceful as well as sexy and steamy?

If you guessed ballroom dancing, waltz or cha-cha to the head of the line.

Spectators appreciate that ballroom dancing is entertaining to watch — Dancing with the Stars at its prime-time peak drew about 20 million viewers per week — but dance enthusiasts know that

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it is even more fun to do.

Westchester is home to some top-tier dance professionals – many of whom are either current or previous championship competitors. Some are affiliated with franchises, others with independent studios or other locations. This means that students (referred to as "amateurs" to distinguish them from paid teachers within ProAm circles) have a wealth of talent to choose from.

#### What makes ballroom, ballroom?

What makes ballroom different from other dance styles? According to Nikolai Shpakov, owner of Danznik Studios, "In a broad definition, ballroom is partnered dancing done in tandem ('in hold') with another individual." That differs from dances that are usually performed solo, like tap or jazz, or with group dances done in circles or lines. "Ballroom isn't just one thing," he adds.

Simplistically, you can think of two major buckets – American and International styles – that generally fall under the ballroom dance umbrella and hail from a potpourri of global roots like samba (Brazil), rumba, cha-cha, and mambo (Cuba), paso doble (France/Spain), swing and jive (USA), and the tango (Argentina), Viennese waltz (Austria), and foxtrot,



SHERRIE DULWORTH PHOTO

€xaminer+

Vitalii Kaliuzhny and Erin Ringham.

quickstep, and American waltz (USA).

#### Put on your dancing shoes

Students come to ballroom for a range of reasons: planning to attend a special event like a wedding cruise or black-tie fundraiser, seeking exercise,

rekindling an old interest, or as curious novices.

Erin Ringham, 58, took ballet lessons from about age 4 until she was 17 years old, but then she took more than a 30-year "dance break" while she went to law school, married, worked

as an attorney, and raised two children.

"My Mom was very sick for a long time and lived with us. Watching what she was going through made me introspective about the things I wanted to do with the rest of my life," says Ringham, a Mount Kisco resident.

With that self-reflection, Ringham started ballroom lessons nearly seven years ago and now takes lessons at Danzik in Hawthorne. "I rediscovered something about myself and the passion of dance," she says.

Her early years of ballet training show up in Ringham's gracefulness, but she still had to learn entirely new styles of movement with ballroom. "It's been a real growth experience," she says. Although her husband doesn't dance, she says, ...

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## Anxious That High School is Over? Teacher Writes Book on Life Ahead

By Martin Wilbur

For more than 20 years, high school English teacher Melissa Pyrch has encouraged her students to go for their dreams and to have the fortitude to press on and never quit on themselves.

While leading a motivational speaking class for a group of seniors in 2019 at Somers High School, where she has spent most of her career, Pyrch realized she needed to be listening to her own advice. Armed with a lifelong passion for reading and writing, she had always hoped to write a book of poetry or short stories.

That same year she decided on writing her book but on a subject that she knows best: helping students facing the uncertainty and fear of what their future may hold after they've graduated from high school. Over two-plus years, word by word, chapter by chapter, Pyrch completed "Beyond the Bell: 12 Lessons for Navigating Your Life After High School." It was published by G&D Media.

It includes the stories she's compiled and the experiences she's gained while working with high school students to help them find their way for over two decades. And despite the passage of time and a different generation from when Pyrch was her students' age and when she began teaching, there are common threads and problems that are timeless.

"Kids are dealing with the same challenges they've always dealt with -



Somers High School English teacher Melissa Pyrch used her more than 20 years of experience in the classroom to write a new book on how new high school graduates navigate the future.

relationships, college, what to do after high school, struggles with school and balancing the scheduling with sports," Pyrch said. "It's the same problems I've seen for 20 years in many ways. I should write all this stuff down and that's kind of what happened."

The 12-chapter book, geared mainly toward the high school student, addresses the worry and uneasiness. Her message is most people, whether they remember it or not, went through the same anxiety at that stage of life. Pyrch reminds her students

that upon leaving high school she had no idea what her major was going to be, what career she would pursue and where she would land.

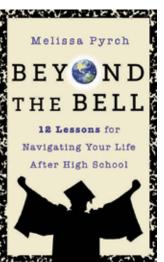
In some ways, having spent so many years teaching high school, it seems as though she never left.

"I felt like that was so helpful for kids to hear from an adult who remembers so clearly living in their shoes, and I think when you are not in this space, it is easy to forget how scary it is to be 18 years old," Pyrch said.

It is complicated by community and societal pressures, parents' and friends' expectations and maybe the spiraling costs of college, although higher education has always been an investment, she said.

Pyrch recommends that young people who are racked by the uncertainties to do some deep thinking about what they really would like to be and do their best not to succumb to the external pressures, but do what's best for them.

While what students do matter – such as how they carry themselves, their character and how they treat others – no one has to be married to the decisions they make about what lies ahead.



ANGELA HOLDER HOTO

"It's okay to make a decision and realize it's the wrong one and shift again, if need be," Pyrch said. "I think there's a lot of fear in that. I think there's a lot of worry and pressure in that, so I really try to let my kids, my students know that."

While the challenges have been similar for decades, there are some greater pressures today, Pyrch said. In the past, when schools were closed it was a respite, except for any homework that was due. Today, technology sometimes requires

students to remain plugged in to school and stressed even when they're away.

Now that Pyrch has completed her first book, she created a lead-in for another work. The last chapter in 'Beyond the Bell' was "A Note for Parents," so there's a natural follow-up to continue the conversation.

"High school's a moment in time and it's a long life and it will work itself out, and we were all there, too," she said.

The official release date for the book is Sept. 6, but is currently available on Amazon, Barnes & Noble and other sites.





## Were the Underhills of Yorktown Unrecognized Abolitionists?

By Sherrie Dulworth

Is there new light on old history in Yorktown?

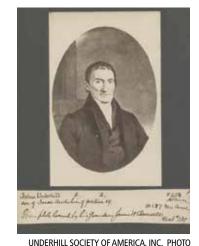
Lynn Briggs had heard recurring speculation: Had Yorktown's Underhill Farm site been associated with the Underground Railroad, the movement that helped numerous people escape slavery in the pre-Civil War era?

"The issue was raised with me by multiple people over the past several years," Briggs said.

That is one of many questions that Briggs, chair of the Yorktown Heritage Preservation Commission (YHPC), is exploring related to the property's historic significance.

The prominent, nearly 14-acre Underhill Farm was originally owned by Abraham I. Underhill and is now owned by Unicorn Contracting, with proposed development for a multifamily, mixed-use complex. Through the decades, the property has been known by several names: Floral Villa, Beaver Conference Center, and more recently, Soundview Preparatory School.

"In vetting a site's historic significance, we look at many criteria, including the roles of the personages – or notable people – associated with the property, as



Joshua Underhill, who was a member of the New York Manumission Society, which promoted the abolition of slavery. It is one piece of information that adds to the mystery of whether

slavery. It is one piece of information that adds to the mystery of whether the Underhill Family and the Underhill Farm property in Yorktown played a significantly historic role in the Underground Railroad.

well the social, cultural and political context of the time," Briggs said.

The YHPC is part of the municipal government and its members are appointed by the Town Board. Part of the commission's mission is to identify potential buildings, structures, sites and districts of historic distinction.

Without direct documentation, it can be challenging to assess whether physical places, buildings and/or grounds, were used to aid freedom-seekers. Peter Bunten, chair of the Mid-Hudson Antislavery History Project, said that as a general rule he would like to see less emphasis on the architecture – like secret rooms, attics and tunnels – and greater emphasis on the people.

Relevant aspects about the past residents include whether they participated in or supported abolitionist groups, their family ties or belonged to a religious community that took a stand against slavery, such as the Quakers and others.

In that context, were the Underhills unrecognized abolitionists?

#### **Three Brothers**

At one time, the name Underhill was synonymous with much of the land in Westchester and beyond. Much has been written about the historic family, from the founder Capt. John Underhill, an early colonial settler, as well as his descendants.

His great-grandson, Isaac, moved to Yorktown with his wife Sarah around 1774. This Quaker family raised their 11 children on the property where Revolutionary War spy Major John Andre stopped for breakfast en route to his rendezvous with Benedict Arnold. Andre was captured that day and later hanged.

Isaac Underhill sold the homestead to three of his sons, Robert, Abraham I. and Joshua, before he died.

The three brothers worked in tandem for years, and in 1792, they teamed up to run a mill business located on land leased at the mouth of the Croton River. Joshua, the youngest of the three, became a merchant who bought and sold wheat and flour for the mill.

When he was about 30 years old, Joshua moved to Manhattan's Lower East Side, about the time of the First Fugitive Slave Act in 1793, which authorized local governments to seize and return escapees to their owners and imposed penalties on anyone who aided in their flight.

Susan McMahon, assistant genealogist with the Underhill Society of America, said New York Historical Society records support that Joshua was a member of the New York Manumission Society, an organization that promoted the gradual abolition of slavery. A document signed by Joshua S. Underhill, treasurer, was likely that of his son, Joshua Sutton Underhill.

More significantly, Joshua harbored runaway slaves at his Cherry Street home on Manhattan's Lower East Side.

In papers now at the Friends Historical Library at Swarthmore College, Joshua's daughter, Mary Sutton (Underhill) Wood, wrote, "My father was an active antislavery man and helpful of runaway slaves. Once two men stayed all night - tall & strong - and they were taken to the kitchen & fed & then to the garret which was large - the stairs running between the 3rd story rooms. After we went to bed, I rose to assure myself that the door at the foot of the stairs was bolted. Next day, they were forwarded to Canada.'

Joshua's granddaughter, Mary S. Trimble, described her grandparents' home in Underhill Genealogy records.

"There was also a painful mysteriousness about the garret, because there were several low beds in the open space, where we were told colored men and women who were running away from cruel masters in the South sometimes slept, and were fed and sent on their way."

McMahon said that the house at the Manhattan address appears to no longer exist.

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## Were the Underhills of Yorktown Unrecognized Abolitionists?

continued from previous page

Although he lived in Manhattan, records show that Joshua continued acquiring property in Westchester County, some in and around the family homestead.

Robert, the eldest of the three brothers, was an approved minister of the Society of Friends (Quakers), a religious organization known for its anti-slavery positions. After about 12 years, he sold his share in the mill to Abraham and Joshua, who worked together for more than another decade.

Robert's daughter, Rebecca T. Underhill, married into the Talcott family, another abolitionist family. Her father-in-law, Joseph Talcott, was among the founders of the Nine Partners School, which as previously reported in the Feb. 18, 2022, Examiner Plus article "Hudson Valley Abolitionists," was a Quaker-founded school that taught students about the evils of slavery.

Talcott was also a confidant of renown Queens abolitionist Samuel Parsons. Parsons wrote Talcott about funds raised to help move free Southern blacks who were in danger of recapture further north. Letters written between Talcott with Robert and Abraham reflect that they were also friends.

The Clinton Historical Society

noted that the Dutchess County farm of Alfred A. Underhill, Robert's grandson, may have been used for Underground Railroad activities.

When in his 40s, Abraham Underhill married Rebecca Field, who was then almost 18 years old. Rebecca may have attended Nine Partners School at the same time as Hannah Sutton, a girl of her same age who later became her niece by marriage with strong abolitionist ties.

According to McMahon, Abraham built the initial part of the main house on the Underhill Farm property in 1828. Before then, it is believed that he and his family lived on or near the farm where he grew up, which was located nearby. The couple's one child, Edward Burroughs Underhill, became a businessman who later invested in the Yorktown community but died single and without children.

#### **Other Ties**

Rebecca Haight Underhill was an older sister to the trio. She and Joshua respectively married another pair of Westchester siblings, Mary and Moses Sutton. While Joshua and Mary Underhill moved to New York City, Moses and Rebecca Sutton remained in Westchester. Their daughter, Hannah Sutton, was born in 1787.

Hannah attended the progressive Nine Partners School and later married the staunch abolitionist, Joseph Pierce, raising their family in the Pleasantville area. The home of their son and daughter-in-law, Moses and Esther Pierce, has been documented as an Underground Railroad station.

The roles of Westchester's Sutton and Pierce families came to light through the research of Pace University Professor Dorothee von Huene Greenberg and was published in the winter 2012 issue of "The Westchester Historian."

"I was pleased to find that members of the Underhill Family assisted freedom seekers and had roles in promoting the eventual abolition of slavery," McMahon said.

Whether Abraham I. Underhill and his immediate family, or others among the siblings and their offspring, had any role in aiding freedom seekers is still unknown.

The siblings appear to have remained close into their later years. Mary Trimble, Joshua Underhill's granddaughter, wrote of seeing, "...our Uncle Abram and pretty Aunt Rebecca; Uncle Robert's widow, Aunt Mary at the Point; and Uncle Moses and Aunt Rebecca Sutton, sitting side by side in their armchairs at their



YORKTOWN HERITAGE PRESERVATION COMMISSION PHOTO

The Underhill Farm property in Yorktown. The town's Heritage Preservation Commission continues to explore whether the property may have been a site where people were helped to escape slavery.

home at Croton Lake."

#### Relevant Clues

People aiding freedom-seekers kept few records, and it is through the records of future generations that their actions have been, and are still being, discovered. While much has been lost to history, relevant clues to people and their actions are sometimes found among long-forgotten documents such as personal letters, family diaries, deeds, mortgages, wills, maps, photographs, obituaries, newspaper clippings and some oral histories.

Briggs said that an essential part of assessing historical significance is collaborating with property owners and others who have knowledge and who can help to authenticate.

"We welcome the public to share any additional knowledge or documentation they may have associated with the Underhill families – people or properties," Briggs said, in particular to their potential abolitionist connections.

The public can share such information via e-mail at preservation@yorktownny.org.



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## Pleasantville Music Festival Makes Successful Return After Two-Year Hiatus

By Martin Wilbur

The Pleasantville Music Festival triumphantly returned Saturday treating local music lovers to a full day of live performances that had been sorely missed the past two years because of the pandemic.

Aided by nearly perfect summer weather and likely pent-up anticipation from not having had the festival since 2019, the crowd swelled at Parkway Field throughout the afternoon to several thousand fans. For more than nine hours, spectators took in the music, food, festivities and friendship of others.

The 16th annual festival was headlined by X Ambassadors, who took the Main Stage as day turned to night, one of 18 bands to perform a variety of genres on three separate stages.

During a rare brief break about midway through the event, Executive Director



Singer-songwriter Riki Stevens was a fan favorite in the Chill Tent.



MARTIN WILBUR PHOTO

Pleasantville Music Festival headliner X Ambassadors light up the Main Stage Saturday evening before the 16th annual festival drew to a close.

Bruce Figler took a couple of minutes to reflect on the intense planning needed for a small village to present what amounts to a major concert. More than 300 volunteers pitched in to help make it happen.

Figler said myriad details – making sure the on-stage equipment works, dealing with the bands' tour managers and ensuring that the crowd has what everything it needs for an enjoyable day – made the cancellation of 10,000 Maniacs nine days before the festival and quickly getting Crash Test Dummies to fill in a comparatively easy task.

"Doing it is hard," Figler said. "The aftereffects are beautiful."

Whatever sleepless nights the organizers may have had in the run-up to the festival, the sea of people who turned out on Saturday didn't seem to notice. For Mary and Michael Dwyer of Pleasantville, who attended with their friend Mark Grunenwald, it was a day to relax, catch up with each other with music thrown in.

"We get to hang out," Mary Dwyer said.



Clare Maloney of Clare Maloney & The Great Adventure made an impression on the fans early on while performing on the Pleasantville Music Festival's Main Stage.

"We don't get to see Mark often and we can hang out with friends and it's a beautiful day outside. It's very community oriented. We get to see people we know."

Elaine Gardner of Ossining, who was attending her first Pleasantville Music Festival and enjoying a respite from the sun in the Shade Tent, said she didn't realize how family-oriented the event was, with games and activities for children.

"I always kind of thought it was just the music," Gardner said. "I would have come (sooner) had I known there was kids' stuff. So I'm kind of impressed with that, a lot of varied things. It's a nice family event."

Jason Diaz and Kristen Pappas were disappointed that last year's festival was canceled shortly after moving to the village.



Lead singer Emma Troughton and guitarist Rylee Dunn of the Denver-based band Blankslate rock on the Party Stage.



There were 18 bands on three different stages during the day-long Pleasantville Music Festival last Saturday.



Blankslate drummer Tess Condron



Music fans weren't the only ones enjoying themselves last Saturday. The performers had reason to smile as well.



## Pleasantville Music Festival Makes Successful Return After Two-Year Hiatus



Ellen Reid of Crash Test Dummies, the Canadian alternative rock band that was added to the Main Stage lineup a week before the festival after 10,000 Maniacs was forced to cancel due to health concerns.

Despite not getting to see 10,000 Maniacs, they were looking forward to taking in Crash Test Dummies and Black Joe Lewis and The Honeybears, the two Main Stage bands that preceded X Ambassadors.

But there was also great music on the two smaller stages, the Party Stage and the Chill Tent, with Grammy Award-winner Paula Cole headlining the latter.

Norwalk, Conn. singer-songwriter Riki Stevens received a standing ovation for her heartfelt acoustic guitar compositions during her set in the Chill Tent. She said she was grateful to have had the chance to perform



Black Joe Lewis & The Honeybears provided the crowd with some blues, funk and soul.

at the festival.

"I did a couple of shows in Tarrytown and that led to this," Stevens said. "The fact that (people are) talking and they want to support you that's amazing. So that means the world to me. People care."

Similarly on the Party Stage, The Narrowbacks wowed the large throng with their original Irish American rock music. Having played gigs at clubs from Rockland County to New York City along with Irish festivals, lead singer Seamus Keane said it was special to be part of their first rock festival.

"We've been trying to get into the festival for a couple of years," Keane said after the band's nearly hour-long set. "Bruce (Figler)



MARTIN WILBUR PHOTO

The sun-drenched crowds joyously took in a wide array of music genres at the 16th annual Pleasantville Music Festival last Saturday.

reached out to us; he saw us play in the city. This was a blast. It's great."

Queens-based The Breaks Inc. pulled a day-night doubleheader, performing on the Party Stage with originals in the afternoon and doing covers of rock classics at the afterparty at nearby Lucy's. Lead singer Danny Marra said the band, which has cut its teeth in clubs in the city, loved the experience of their first large festival.

"To see a bunch of people in a big field and everyone is kind of dancing and singing along is kind of cool," Marra said. "It's exciting. I

hope to play more festivals in the future."

For volunteer and Pleasantville resident Jim Zimmerman, who founded the festival in 2005, said he could have never imagined its popularity and importance to the community when it was started.

"It's unbelievable," Zimmerman said. "It's a wonderful feeling. I cannot believe that it continues and that it's got such a following and a lot of people having been committed to working on it for years and years. It goes well beyond what I thought it could be."



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## The Sad, Sad Story About the Decline in Antiques Collecting

It has been so many years since I took an interest in antiques collecting that I really don't remember what first attracted me to them.

I don't think I began collecting items from yesteryear for investment purposes because, as a youth, I lived only for the enjoyment of the moment. I just know that I found antique furniture and accessories fascinating, of great editorial interest and I wanted to surround myself with

Perhaps a major influence was where I went to college: William & Mary in Williamsburg, Va. where I sat in the same classroom as had

Thomas Jefferson. I must have absorbed that 18th century environment as satisfying and comfortable.

When I moved to New York City more than 50 years ago, there was an abundance of antiques shops, especially along lower Third Avenue and in Brooklyn Heights, which I discovered as an historic district, where apartments in very old buildings were just begging for furnishings and décor that matched their period.

When I married, my wife was strictly a contemporary gal who brought to our marriage a thoroughly modern bedroom set, while my living and dining room furniture I had been collecting was very 18th and 19th century American. We live with many

The



By Bill Primavera

of those antiques from our first household to this day. And we continue to appreciate them in a world that seems to have discarded any interest in them. What are the reasons? Let's speculate.

Some say (not necessarily me) that younger people have little or no respect for the values or preferences of their parents, and they want their living environments to be open rather than weighed down by heavier furniture and "things" to fill space, which is more at a premium today.

Today we seem to want cleaner, heathier environments, rather than the "dust collectors," as my

mother used to say. That's what antiques suggest.

I should think that antiques that will survive the crunch will be smaller items. For instance, I have a large collection of children's playing marbles from the 19th century that fill a glass bowl, taking a minimum of space on my coffee table.

I have some larger antique pieces, such as side tables, but they have to be functional and in good shape to stay around. I couldn't imagine buying any antique furniture that requires frequent upkeep, like a sofa that can easily fall apart with daily use.

At a distant point in the lives of my wife and me, we owned an antiques shop in the city and every once in a while, we'd



benefit from an estate sale where antique items would come part and parcel with a lot of other stuff we didn't want, such as old shoes. Man, was that ever depressing. It makes one think: What will happen to all the things we've collected and cherished through the years after we're gone?

Then again, why should I worry about that? I've enjoyed taking possession of some beautiful old things and I like to think that after I'm long gone, those things will be enjoyed by future generations as I have enjoyed them.

Will there ever be a revival in old things? Who knows? Tastes and trends can be cyclical, and maybe antique items will benefit from that.

If not, I've enjoyed my personal ride of living with items that have given joy to me and hopefully will give joy to those who follow me.

Bill Primavera is a realtor associated with William Raveis Real Estate and founder of Primavera Public Relations, Inc., the longest-running public relations agency in Westchester (www.PrimaveraPR.com). To engage the services of The Home Guru and his team to market your home for sale, call 914-522-2076.



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## Developer Ginsburg, Wife Honored at Women's History Institute Dinner

In recognition of Martin and Irene Ginsburg's significant contributions to the economic development, environmental protection and cultural vitality of Westchester County, Historic Hudson Valley honored the couple at a June 23 dinner at Abeyton Lodge in Pocantico Hills.

Martin Ginsburg is the founder and principal of Ginsburg Development Companies, which has its headquarters in Valhalla and operates throughout the Hudson Valley.

More than 150 guests attended, including Senate Majority Leader Andrea Stewart-Cousins; Mark F. Rockefeller, chair, Executive Committee of Historic Hudson Valley; Wilson S. Neely, chairman of Historic Hudson Valley; and Kimberly J. Huchro, vice chair of Historic Hudson Valley and Founding Committee chair.

They gathered to celebrate the Ginsburgs' many achievements, including the restoration and transformation of a 19th century convent in Peekskill into the Abbey Inn & Spa. Since opening in 2020, the Abbey Inn & Spa has been profiled in The New York Times and named one of the best new hotels by USA Today. It has become one of the Hudson Valley's premier tourist destinations.

Stewart-Cousins recently secured \$1 million in the state budget to support arts programs in the region. The senator has been involved with Historic Hudson Valley's Women's History Institute initiatives in the past, including an appearance at the popular event, "Vote Like a Girl," a summer festival at Washington Irving's Sunnyside.

"Tm pleased to support Historic Hudson Valley's Women's History Institute, which tells the stories of the women – both free and enslaved – who contributed so much to the economy and culture of the Hudson Valley," Stewart-Cousins said. "My heartiest congratulations go out to Martin and Irene Ginsburg who were honored for their restoration and transformation of a historic Peekskill convent into a world-class destination."

Rockefeller and Neely presented the Ginsburgs with an award recognizing their decades of work and dedication to the area.

"As one of the most prominent real estate developers in the region, Martin and Irene Ginsburg have long been champions of the Hudson Valley as a world-class destination because of its natural beauty, historic significance, and extraordinary cultural institutions," said Waddell Stillman, president of Historic Hudson Valley. "With (its) focus on preserving and contributing to this unique regional landscape, it is only fitting that we honor the Ginsburgs and their extraordinary adaptation of the former home of the Community of St. Mary, the oldest Episcopalian religious order in the United States."

The Women's History Institute, which was founded in 2016, illuminates the contributions of women in the Hudson Valley through critical research, popular events and digital programs such as "Invisible Women," a virtual field trip under development featuring the little-known stories of the free and enslaved women of Philipsburg and Van Cortlandt Manors. "Invisible Women" was supported by a grant from the National Endowment for the Humanities.

Previous Women's History Institute honorees include Valerie Rockefeller, chair of the Rockefeller Brothers Fund; and Dawn Fitzpatrick, chief investment officer of Soros Fund Management.

Proceeds from the dinner support the programs of the Women's History Institute, including Summer Research Fellowships, educational resources for local students and digital and virtual experiences for a global audience.

More information about the institute can be found at hudsonvalley.org/womenshistory.

Pictured, from left, are Wilson S. Neely, chairman of Historic Hudson Valley; Irene Ginsburg; Martin Ginsburg; and Mark F. Rockefeller, chair, Executive Committee of Historic Hudson Valley. The Ginsburgs were recently honored for their contributions to economic development, environmental protection and cultural vitality.





## Power of Attorney Dies With the Person's Passing

Dear Mr. Di Costanzo: Can I act under my father's power attorney after he dies?

One of the important estate planning documents one can prepare is a power of attorney. It allows a person to appoint someone else, your agent, to handle your financial matters.

All powers of attorney durable, meaning are that they survive your incapacity. For instance, if

you sign a power of attorney appointing is a partner with the firm of Maker,

your daughter as your agent, your daughter's authority to act continues even if you lose your mental capacity.

If you fail to prepare a power of

attorney, or if you have a poorly prepared power of attorney, it is likely that your family will have to contemplate a guardianship proceeding to handle your financial affairs while you are alive but



By Salvatore M. Di Costanzo, Esq.

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incompetent.

Having a durable power of attorney, however, does not mean that it survives the person's death. Once your father dies, the authority to act on his behalf ceases. If there are assets to be marshaled, bills to be paid or an estate to be administered, someone will likely need to consider a probate or administration proceeding to gain access to his assets and wind down his affairs.

Salvatore M. Di Costanzo

Fragale & Di Costanzo, LLP located in Rye and Yorktown Heights. He is an attorney and accountant whose main area of practice is elder law and estate planning. Di Costanzo can be

reached at 914-245-2440 or via e-mail at smd@mfd-law.com. You may also visit www.plantodayfortomorrow.com.

## Mt. Kisco Chamber to Hold Summer **Restaurant Week Starting July 18**

Mount Kisco is filled with an abundance of establishments offering an array of delectable food choices, from authentic ethnic fare, American casual, fine dining and some great home-style cooking.

During Mount Kisco's Summer Restaurant Week, from July 18 through July 24, the Mount Kisco Chamber of Commerce is showcasing Mount Kisco's best eateries. This overstuffed weeklong culinary celebration encourages foodies to indulge in a restaurant new to you and your friends and family or sample some of your favorite dishes at a perennial go-to spot.

Exit 4 Food Hall Mt Kisco Seafood Bareburger Brooklyn Organic Village Social The Turk Dinh Dinh Mario's Pizza & Pasta La Camelia Tapas Bar & Restaurant The Hub Restaurant at Hotel MTK Bagel & Bean Café Mt Kisco Farm Captain Lawrence Barrel House

Not to squash culinary creativity, the Restaurant Week format allows each participating restaurant to offer dishes and drink specials unique to their establishment without the requirement of a prix fixe menu.

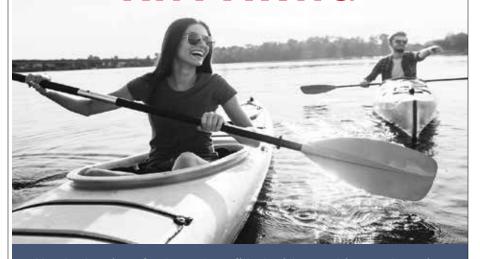
Restaurant Week's goal is to support local restauranteurs, large and small, and to share the love of the fabulous fare being served daily in the community.

We encourage those on a "staycation" to support the Mount Kisco eateries. You won't be disappointed.

Mount Kisco Chamber of Commerce RESTAURANT WEEK participants include:

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## Arc Stages to Explore Impact of Woody Guthrie in Upcoming Production

By Martin Wilbur

Millions of Americans may be familiar with at least some of the music and activism of singer-songwriter and folk legend Woody Guthrie nearly 80 years after his heyday. For certain generations, singing "This Land is Your Land" seemed to be required curriculum in school.

But there are innumerable details about Guthrie's life and musical career that may be little-known to audiences.

This week, Arc Stages in Pleasantville will explore Guthrie's work and his lasting impact when the local theater company presents "Woody Guthrie's American Song" for four performances Thursday through Saturday.

Stephanie Kovacs Cohen, who is directing the Community Stage production that tells the story of his life through Guthrie's own music and words, said Guthrie's messages remain as relevant as ever today. So many of the hardships and injustices that he recognized and wrote about during the Great Depression, for example, including the migration of thousands of Oklahomans like himself to escape the Dust Bowl and search for a better life, are

relatable to large swaths of modern America

"You understand to a greater extent when these natural disasters hit and people are powerless to do anything and the banks can't help you or won't help you and the government can't or won't help you, what do you do?" Cohen said.

Perhaps most important, she said, was that Guthrie pushed the envelope, a rebel writing protest songs in support of the downtrodden, the migrant worker, or as in his work "Deportee," about immigration.

"He was before his time as far as somebody who knew what needed to be said," Cohen said. "But honestly, he was just speaking the truth. He was a man who saw what was going on around him and he went out and reported the events in an emotional way that got (to) people."

Arc Stages is using a cast of 11 actors (the production premiered in 1989 with a cast of five) each taking turns playing Guthrie. The cast is a mix of newcomers to the theater with a musical background as well as Arc Stages veterans.

There are 24 of his songs featured in the show under the lead of Musical Director Jeff Raab, with

the first performance on Thursday, the 110th anniversary of Guthrie's birth.

For cast member Gerry Hazel, "Woody Guthrie's American Song" will be his acting debut, although he has been on stage before as a musician. The impressiveness of Guthrie's music is that he could be understood by the common man fighting to survive.

"He was speaking as if he were the people that he was visiting, that he was spending time with," Hazel said.

Another cast member, Kimmi Naus, said the storytelling talents of Guthrie made it seem like he was more than a songwriter.

"I feel like some of the songs could be short stories," Naus said.

Cohen hopes that audiences can recognize that Guthrie's causes was more than a snapshot in history that he made a difference.

"He has a special place in what he tried to say, what he did for history and still does," she said. "The fact that we still are making connections to his music through unemployment and immigration and racism, how we handle ourselves in national and natural disasters, all of this, is terrible.

"We should know our history and what went wrong and what



The cast of Arc Stages' "Woody Guthrie's American Song" during a recent rehearsal. The show is being presented by the theater group this Thursday, Friday and Saturday.

went right and all of that, but he should be celebrated because he did make a difference and we are still singing these tunes, and perhaps someday we will learn because we sing "This Land is Your Land," Cohen continued. "This land is not everybody's land; until it is, we have work to do."

In addition to Hazel and Naus, the cast features Nancy Jane Blake, Shannan Buckley, Rena Gavigan, Kevin Howat, Rich Hunter, Andrew Laden, Julia McCarthy, John Palacio and Luís Quíntero.

Performances of "Woody Guthrie's American Song" are scheduled for this Thursday at 7 p.m., Friday at 8 p.m. and Saturday at 2 and 8 p.m. Tickets are \$28 for adults and \$22 for students and seniors. For tickets and more information, visit www.arcstages. org or call 914-747-6206.

Arc Stages is located at 147 Wheeler Ave. in Pleasantville.



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## Acupuncture for Golf-Related Injuries and Performance

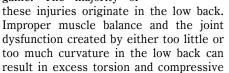
Did you know that acupuncture can help with golf-related injuries?

Golf is a low-impact sport – at least until a bad swing hits the ground – and it's generally a low-risk sport. According to the American Orthopedic Society for Sports Medicine (AOSSM), the average golfer plays 37 rounds per year and is practicing more and more, so they are at risk for acute and chronic problems, particularly from strained muscles, inflammation and repetitive motion.

Age, stress, tension and desk jobs can inhibit flexibility and range of motion, which also can directly impact a golfer's game and can lead to injuries.

Published research in 2012 showed that

the majority of injuries involving golfers are related to poor swing mechanics and the repetitive nature of the game. The majority of



load. This combination leads to a number of musculoskeletal problems.

Research has shown that:

--53 percent of male and 45 percent of female golfers suffer low back pain.

--As many as 30 percent of professional golfers are playing injured.

--33 percent of golfers are over the age of 50.

--Playing golf and another sport increases the chance of injury by 40 percent.

Proper muscle balance for correct swing and proper hip function is essential for injury prevention and optimal performance. Strengthening the low back and hips is important so the low back

> muscles do not have to take the brunt of the torque when swinging. Rotational force placed on the back during the swing is equal to more

than eight times one's body weight.

Acupuncture addresses the imbalances by loosening you up physically through decreasing inflammation, muscle tightness and tension. This will help increase hip rotation in order to decrease the amount of shoulder turn, thereby reducing the amount of trunk flexion and side bending during the downswing. The body will have the ability to rotate properly and maintain a wide arc throughout the swing and give the player the ability to hit with much greater distance.

In addition, as any practiced golfer knows, a calm

body and mind is essential to a great golf game. Tension, anxiety, stress and other emotional distractions interfere with concentration and your connection to the ball. Acupuncture significantly reduces such emotional and psychological disruptions. By being more mentally relaxed and physically looser, you're less likely to be injured while playing.

Acupuncture is also great for treating golf injuries. In addition to low back pain, golfers are prone to a variety of other problems – elbow, shoulder and wrist injuries and pain. If you experience strains, sprains or



By Andrea Gurciullo

other muscular problems, acupuncture can shorten the recovery time and get you back on the golf course.

Remember, acupuncture is not a substitute for stretching and warming up. It can reduce the risks of pulled muscles, strains and sprains.

Regardless of whether you're just taking up golf or you've been playing for 50 years, acupuncture can

help reduce the risks of chronic and acute injuries and re-injuries, and heal those injuries more efficiently.

Andrea Gurciullo is a New York State licensed and board-certified acupuncturist and clinical herbalist. Gurciullo graduated magna cum laude from the Pacific College of Oriental Medicine in San Diego and has been in practice for more than two decades. She is the acupuncturist at ProClinix Sports Physical Therapy & Chiropractic in its Pleasantville and Armonk locations. For more information, contact Andrea at 914-919-2888 or at agurciullo@proclinix.com.

## Is the Grass Really Greener on the Other Side?

### "A lost battle is a battle one thinks one has lost" Iean-Paul Sartre

On a recent morning while leaving my home, I felt that soft summer breeze caress me along with the sweet scents of the season. That immediately whisked my memory back to my adolescence, when on such a day my family would walk to an uncle's house complete with arbors, wine trellises and sweet fruits where we would pick fresh berries.

At the time my mind was fixated on growing up and counting the years until I could get my driver's license and finish school, in essence wishing my life away. Yes, the folly of youth.

Soon enough, I was completing my

Existentially

**Speaking** 

senior year of high school, and fearful of being drafted and sent to Vietnam. By then I had my driver's license, my own car and would soon be out

of school. Yes, all the things I wished for in my adolescence, not really happy with my station in life.

With age, we learn we can't go back and remake the past, nor visit the future

since it does not exist. One will never find their essence by wishing their life away.

Then, we find ourselves approaching middle age, married with a family, hurrying to get to the office or to another meeting, picking up the kids, paying the bills in our efforts to secure our material needs. All quite commendable, as we postpone vacations, taking an art course, playing golf or reconnecting with friends.

It's when we reach middle age when some of us have the epiphany that shows how futile and xeric our life has become. As we learn that the future may not be as idyllic as the past, we fail to appreciate living in the moment – enjoying life's micro moments. We often fail to live our life without regrets and without wishing our lives away.

For some, the present is just an obstacle to the future, though the future does not exist since it has not arrived. To quote that old saving

(I have a disdain for sayings and cliches when used as a guide for life) the grass is always greener on the other side, we'll use it for the purposes making a point. It's true that much has happened in the past; we made mistakes, we have been insulted or behaved badly and may have missed out or blundered opportunities. We need to ask ourselves if we have learned from our mistakes or have they made us bitter and angry? We know we can't go back to the past for a second act, though we can learn from them in order

not to repeat our errors. Also, to be ever-vigilant that so much can happen in the future with much uncertainty.

The wise know that kicking one's self over what happened in the past or biting their nails in fear of the future is a person not busy in life, someone who fails to attempt to find their essence of life. The present is our reality.

We then find ourselves in retirement and wondering where has all the time gone? We ask ourselves what if I had done this or that or whether we should have taken the time to appreciate life's micro moments to enjoy the present. It's a common and sad lament. For some, life has been merely the act of collecting toys for the sake of



By Richard Cirulli

adolescent bragging rights and to follow the herd for "security."

Yes, we should strive to improve our station and status in life, though not for the sole purpose of bragging rights. The wise know better; bragging rights do not ward off our mortality.

Having learned the importance of enjoying the present, I took a ride to a country farm recently

to feel the summer breeze and to pick berries as in the past. Not to relive the past, but to live in the moment and not to wish my life away.

mSoon enough we will reach the autumn of lives, and hopefully reflect on all our pleasant micro moments of the past and knowing the grass is plenty green on our side of the fence.

Be well. Be safe. Be happy. Be nice! Amor fati!

Dr. Richard Cirulli is a published author, playwright and retired professor. His body of works can be viewed at www. demitasseplayers.com. He looks forward to your comments and can be reached at profcirulli@optonline.net.

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## Staycation Ideas for Plenty of Summer Fun and Entertainment

Adventure seekers wary of unexpected disruptions at area airports can enjoy summer staycations requiring minimal travel.

Arts groups in Westchester County are offering dozens of cultural, music and art events throughout the summer – and many of them are free and outdoors.

"The summer is the best time to enjoy Westchester County's beautiful landscapes, whether that's stunning views of the Hudson River or the impeccably manicured gardens at the Caramoor Center for Music and the Arts and Untermyer Gardens," said ArtsWestchester CEO Janet Langsam. "These summer outdoor experiences remind us that we don't need to travel hundreds of miles to commune with nature while celebrating the arts."

Here are five staycation options in Westchester County that are easily accessible by public transportation

July 16: Silkroad Ensemble with Rhiannon Giddens, Caramoor, Katonah, 8 p.m.

Grammy Award-winning musician Rhiannon Giddens returns to Caramoor in her new role as artistic director of the Silkroad Ensemble. The program will include new commissions by Sandeep Das, Maeve Gilchrist and Kaoru Watanabe as well as new arrangements by Giddens, Colin Jacobsen, Edward Pérez and Mazz Swift. Tickets start at \$40.

July 23: Tango Night, Hudson River



Museum, Yonkers, 8 p.m.

Latin Grammy Award-winner, bassist and composer Pedro Giraudo debuted his Tango Orchestra at Lincoln Center's Midsummer Night Swing in 2015. Since then, he has become an active cultural ambassador of this passionate music of Argentina. During the performance, join these virtuoso musicians, the singer and dancers for a short tango lesson and performance with the band. Free event.

July 31: Love's Labour's Lost, Verrazzano Hall Terrace at Mercy



Whether it's Grammy Award-winner Rhiannon Giddens, left, or a day of Ecuadorian culture, there are many chances to have a good time this summer in Westchester County close to home.

#### College, Irvington, 7:30 p.m.

The Irvington Shakespeare Company presents an outdoor production of Love's Labour's Lost on the campus of Mercy College. Free event.

## Aug. 6: Braata Folk Singers, White Plains, 2 to 4 p.m.

The Braata Folk Singers' shows include dance and call-and-response singing. The group is a proud ambassador of, and the foremost authority on, Jamaican and Caribbean folk music performance in the United States. Free event.

## Aug. 20: Day of Ecuadorian Culture, Sleepy Hollow, 3 to 8 p.m.

An afternoon of Ecuadorian music, dance, food and craft, along with family-friendly presentations that feature traditional Ecuadorian costumes and the indigenous Kitchwa language. Guests are welcome to bring lawn chairs or picnic blankets to enjoy the performances. Free event.

A full list of late-summer events is in ArtsWestchester's July/August issue of ArtsNews.

## **Crossword**

#### Across

- 1. Mountaineer's worry
- 5. Bread of India
- 9. Close by, 2 words
- 12. Firm member, abbr.
- 13. Extreme
- 15. Submissions
- 16. Brunch or dinner
- 19. Feel the pain
- 24. Like some walls
- 26. Rib or time
- 27. Skin related
- 29. Dry-as-dust
- 30. Hastens as in Shakespeare's plays
- 32. Seat covers
- 38. Candy kind
- 39. Yellow
- 41. Bounders
- 42. Cal. page, abbr.

#### Down

- 1. Symbol for tin
- 2. Flower garland
- 3. James Bond creator Fleming
- 4. Issue
- 5. Bert's Bobbsey twin
- 6. One \_\_\_ time (singly)
- 7. Courtroom fig., abbr.
- 8. Educator Bill
- 10. Start for a threesome
- 11. What are the
- 14. Bats, 2 words
- 16. You don't have to live in the "center" of Putnam to
- get shockingly good deals here, \_ County Lighting

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  - 17. Adam's partner
  - 18. Space
  - 20. Belonging to "The Mummy" star
  - Brendan or
  - Mahopac hardware store
  - 21. Douglas, perhaps
  - 22. Beatles old label
  - 23. Barber or Buttons
  - 25. Charlie and the Chocolate Factory author
  - 28. Mona \_
  - 31. Spider is one, abbr.
  - 32. California University
  - 33. Blue-grass genus
  - 34. Govt. housing org.
  - 35. Surgery sites, for short
  - 36. Corinne Bailey \_\_\_ Grammy nominee 37. Peke squeak
  - 40. NFL defensive position, abbr.

Answers on page 26

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## The Jacobites: Who, What, Where, When, Still?

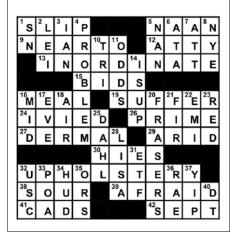
Irish Eclectic

Now that we're in July, a date looms that is revered, and equally reviled, by many who claim Ireland as their home, ancestral or otherwise.

July marks the anniversary of two battles fought in the late 17th century. The more famous is the July 1, 1690, Battle of the Boyne, which saw the defeat of King James II, a Catholic, last male Stuart monarch on the British throne. His nemesis? The Protestant Prince William of Orange, who just happened to be his son-in-law.

Less renowned is the Battle of Aughrim, fought on July 12, 1691, where the remainder of James's forces were defeated.

## Crossword Answers



Who were the Stuarts? A quick peak into British history reveals the answer.

Queen Elizabeth I, daughter of "often wed" King Henry VIII, of the House of Tudor, died childless in 1603. She was a staunch proponent of Protestantism, introduced in England by her father in 1533.

Elizabeth, a Tudor, had a worthy rival in her cousin Mary, Queen of Scots, a Stuart. At that time England and Scotland were separate kingdoms. Mary, who also had a claim to the English throne, was forced by Elizabeth to abdicate the Scottish throne in 1567. In 1587, on Elizabeth's orders, she was executed.

Mary's son, James VI, King of Scotland since he was 13 months old, was next in line for the English throne when Elizabeth died. In addition to being King James VI of Scotland, he also became King James I of England, and ruled both countries. He also picked up Ireland in the deal.

The Stuarts put three male monarchs

on the throne during the 17th century. The last was King James II, grandson of the first James. Born a Protestant, he converted to

Catholicism. He was deposed in 1688, and his daughter Mary, along with her husband, the Dutch Prince William of Orange, both Protestants, assumed the throne.

James fled to Ireland and raised an army to help him reclaim that throne, but to no avail. He died throneless in 1701. His supporters, licking their wounds, devoted the rest of their lives to the dream of restoring a Stuart to the throne. Known as Jacobites, from the Latin Jacobus, for James, they would be a thorn in England's side for years to come. Over the next 55 years, they staged a series of rebellions, collectively known as the Jacobite Risings, each one of which sought to reclaim the British throne for the Stuarts.

The most famous of the Jacobites was James II's grandson, Charles Edward

Stuart (1720-1788), also known as "Bonnie Prince Charlie." He came close to victory before suffering defeat at the Battle of Culloden in April 1746. Beaten, he fled the field, his hopes and those of thousands of supporters bitterly dashed.

The July 12 observance celebrates Prince William's victory at the Boyne, even

though that was the date of Aughrim. Adoption of the Gregorian calendar in 1752 turned July 1 to July 11, close enough to the

Aughrim date of July 12. It is this event that draws crowds of marchers throughout Northern Ireland. Unionists march in support of Northern Ireland's continuance as part of the United Kingdom. Nationalists who back the reunification of Ireland into a 32-county republic heckle them, and violence often erupts.

While the event has quieted over the



By Brian McGowan

last 20 years, this year's parade is anyone's guess. The Nationalist party, *Sinn Fein*, recently won a majority in Northern Ireland's national assembly. How the Unionists will greet this turn of events come the 12th will keep many on the edge of their seats. A return to the Troubles is feared by many.

Meanwhile, a direct Stuart descendent exists with a legitimate claim to the English throne, if he desired

it: Franz Herzog von Bayern, the Catholic Duke of Bavaria in Germany. To date, he has expressed no interest in usurping his distant cousin, Elizabeth II, who just celebrated her diamond jubilee on the throne.

Despite the fervent dreams of currentday Jacobites (and yes, they still exist), not much chance exists of that ever happening.

Longtime Pleasantville resident Brian McGowan was born and raised in the and is a second-, third- and fifthgeneration Irish-American/Canadian, as his immigrant ancestors followed several paths to the New World. Reach him at brian.m.mcgowan1952@gmail.com. He is the author of two books, "Thunder at Noon," about the Battle of Waterloo, and "Love, Son John," about World War II. Both are available at Amazon.com.

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## Local Coaching, A.D. Carousel in Full Swing; Hernandez Belongs in HOF



By Ray Gallagher Examiner Sports Editor @Directrays

Lots and lots of moving parts this time of year for Section 1 athletic directors. In the days ahead, we're going to hear about some major Mahopac, changes at Somers and Yorktown, where key varsity coaching positions will be on the docket of approval of the respective boards of education.

Mahopac Athletic Director Stephen Luciana will be replacing his baseball coach and girls' hoops coach as Myk Lugbauer and Chuck Scozzafava, respectively, move on. Somers has done likewise with its girls' hoops coach, tabbing

Kevin Mallon to replace newly-minted Somers A.D. Marc Hatten, but I suspect another big coaching change for the Tuskers is in the offing, too, depending on what goes down locally.

Yorktown is in the market for a girls' hoops coach as well,

and the names at the top of the list suggest Husker A.D. Rob Barrett has at least a couple of top-notch candidates to replace former skipper Brian Mundy.

Horace Greeley gets a new A.D. in former Valhalla A.D. Jamie Block after Geoff Curtis accepted the principal's position at Robert E. Bell Middle School in Chappaqua, which, in turn, leaves Valhalla with an interim A.D. in Tara Lahm.

Sworn to secrecy and a stickler for respecting the process, I'm getting itchy to see how this all plays out. Look out for my tweets this week @Directrays...

I never met former New York Mets great Keith Hernandez, but I know a warm, gracious soul when I see one, and when you put Hernandez's playing career alongside his brilliant broadcasting career, it makes sense to put the man in Cooperstown, too.

On Saturday, an emotional Hernandez stood before a sold-out crowd at Citi Field to retire his number 17 as the Mets made him just the fourth player and sixth individual to have his number retired by the team, joining Casey Stengel (37), Gil Hodges (14), Tom Seaver (41), Jerry Koosman (36) and Mike Piazza (31).

Hernandez was the missing ingredient in the saucy stew that was the 1986 Mets, world champs that stole my heart before breaking it time and time again thereafter.

Unlike any Mets team before or since, the '86 Mets needed the former Cardinal All-Star to solidify a lineup that won a team record 108 regular season games before defeating Mike Scott's Houston Astros and Roger Clemens' Boston Red Sox in the postseason.

Yes, Hernandez was at the heart of some cocaine-fueled controversy in the '80s, but that shouldn't be the reason he's denied entry into the Baseball Hall of Fame.

Before we get off the Mets, it's time to call up catcher Francisco Álvarez from Triple A. With starting catcher James McCann headed toward yet another prolonged IL stint with an oblique injury, it's high time we see what the 20-year-old top prospect in the Mets' system is all about.

Álvarez's trajectory toward becoming a potential MLB All-Star catcher seems to get more assured with each passing game, so let's see what the Mets have in the pipeline





TOM RAGONE PHOTOS

All-time NY Met great Keith Hernandez's #17 was retired Saturday with a fitting tribute at Citi Field.

because we know what they have in the high-priced but underwhelming McCann and back-ups Tomás Nido and Patrick Mazeika; it's a glaring weakness in a lineup that desperately needs more pop, a more consistent DH, some back-end relief help and a healthy Jacob deGrom to take the NL East

I'll be the first to admit I only watch the finals of Wimbledon and the U.S. Open while occasionally scrolling the rest of the pro tennis circuit, but I can't decide if Australia's Nick Kyrgios is good for tennis or not after seeing his petulant disposition on full display at the All England Club center court Sunday morning. I mean, the guy's an incredible talent and the sport needs young, ambitious blood to eventually supplant the Novak Djokovics and the Roger Nadals of the world, but the unseeded 27-year-old Kyrgios, tattoos and all, is the antithesis of the highfalutin All England Club and the prim and proper tennis nerds we're used to.

Kyrgios is like a fiery John McEnroe on steroids, a souped-up rebel in shorts and a back-spun cap, but his incessant arguing with the referees seemed to take him off his game in a four-set loss to four-time reigning Wimbledon champion Djokovic, perhaps the greatest of them all not named Serena. Yet, it was entertaining and different, and contrast is oftentimes a good thing, so we'll see where this second-place finish takes Kyrgios and the game of tennis #MyGutSaysNoTho.

How long before ESPN knocks cornhole off its programming and replaces it with pickleball from the Florida Villages? ESPN has some strange takes, huh? I'm so excited about the Mets leading the MLB in infield hits #Not! Mets closer Edwin Diaz, who has struck out more than half the batters he's faced this season, is an NL All-Star this year, no ifs, ands or buts, so the move by former failed Mets GM Brody Van Wagenen to trade slumping prospect Jarred Kelenic to Seattle for Diaz is suddenly more palatable. The American League-leading Yankees are seemingly an unstoppable machine right now, but the Houston Astros might be their kryptonite in the postseason based on the Yankees' current holes and Houston's formidable strengths. Gonna be a great October, gang. Catch up soon.

## Somers Remains Unbeaten in Lakeland Summer Soccer Action

By Sam Federman

Another week of action in the Lakeland Summer League brought on some more fun matchups.

On Tuesday, Yorktown picked up a big 4-0 win over Carmel. Matt Pozzo netted a brace, and he was aided by goals from Dave Beitler and Nick Varella as the Huskers improved to 3-2.

Byram Hills played two games in a row, losing the first to reigning NYS Class A champion Somers 2-0, where Alex Aguilar continued his goal-scoring ways with a brace. This win improved Somers to a league-leading 5-0.

In the second game of Byram's double dip, Aidan Heffner scored a brace, and Byram defeated John Jay Cross River 2-0. This win was the second for Byram Hills and sunk JJCR to 0-5.

Briarcliff picked up their fourth win with a seven-shot performance but just one goal, winning 1-0 on an Eli Snider winner. Johan Easaw picked up six saves for Panas in the losing effort.

Miguel Diaz put Putnam Valley on his back with seven saves, but he couldn't stop Francesco Gilleo's penalty kick, which was the only goal in the game. PV only mustered one shot, and White Plains picked up win number three.

Lakeland got a winner from Michael Rodriguez to sink Harrison by a score of 1-0. Ryan Sottili picked up six saves for the Huskies, but it wasn't enough.

On Friday, JJEF continued their winning ways over Briarcliff, with a 1-0 win thanks to a goal from Louie Rizzi. It was Briarcliff's second loss.

Eastchester and Byram Hills played to a 0-0 draw, as Byram continued to use multiple goalies-Will Harrison and Gavin Nicholswho both had multiple saves.

Westlake struggled again as they fell to JJCR, giving Cross River their first win of the summer. It was an excellent performance for JJCR, picking up twin braces from Adam Llanos and Zach Levine on the way to a 4-0 win.

There was a late game scheduled between Lakeland and Somers, however the lights on the field were failing, and it may have played into the previous match, where JJCR picked up that dominant victory over Westlake. The 9PM game was canceled, and the day of games ended with that.

On Sunday, JJEF picked up win number six, sinking White Plains 2-1 with goals from Ian Murray and Louie Rizzi. Fran Gillio

potted the only goal for White Plains, but it wouldn't be enough.

Sunday was another disappointment for Westlake, as Tommy Lydon's goal and Thomas Sherman's four saves weren't enough to beat Harrison. Ryan Sottili outdueled Sherman, with five saves, and the Huskies got goals from Kodai Nakamura and Nico Asencio to pick up a 2-1 win.

Yorktown blanked Panas 2-0, sinking Panas to 1-4-1, and bringing Yorktown to 4-2. Matt Pozzo and Ricky Tabierre put goals past the Panas goalie duo of Johan Easaw and Kai McCarron in the effort.

In perhaps the best individual performance of the summer so far, Rye's Tommy Broderick scored four goals in a 6-1 win for Rye over Putnam Valley. Arun Jaswal picked up a brace of his own, and Miguel Diaz stopped seven Garnet attempts, but the six that got past

him were the story. Despite Alexandro Hernandez's goal, PV fell to 0-6.

Despite making Eastchester's Rich Moriezie work all day, stopping seven shots, Lakeland was only able to put one past him. A goal from Michael Rodriguez off a feed from Derek Jaramillo. Fortunately for the Hornets, that was all they needed to pick up win #3 by a score of 1-0.

## STANDINGS UPDATE

#### League A

1. Somers, 5-0-0, +10

2. Lakeland, 3-0-2, +7

3. RCK, 3-1-2, +4

4. Byram, 2-1-3, +3

5. Eastchester, 2-2-1, +1

6. Harrison, 2-3, -3

7. JJCR, 1-5, -6

8. Westlake, 0-6, -16

#### League B

1. JJEF, 6-0-1, +8

2. Briarcliff, 5-2, +7

3. Yorktown, 4-2, +5

4. White Plains, 3-2-1, +6

5. Rye, 2-3-1, +3

6. Carmel, 2-4, -4

7. Panas, 1-4-1, -9

8. Putnam Valley, 0-6, -16

# **focus on** 1st-Place 10U Yorktown Patriots Prevail GHVBL vs. N. West. Thunder; Ossining 8U Nips Mt. Pleasant, 10U New Castle Pains P'Ville



Members of the Putnam Valley 14U Wild pose after after improving to 6-6 in GHVBL action after their 9-5 win over Cortlandt United (5-5) Friday at Peekskill Stadium.



Pleasantville's Matty Reich splits Bobcat defense and swipes 2B in 10U Panthers' 10-6 loss to New Castle (2-3) Thursday at Soldiers & Sailors Field.



Pleasantville's Alex Busche tracks his shot to right field in the Panthers' 10-6 GHVBL 10U loss to visiting New Castle at Soldiers & Sailors Field Thursday.



With perhaps the coolest socks in GHVBL, Yorktown P Jake Nelson was all business with 1st place on the line in Patriots' 10-3 win over host N. Westchester Thunder Thursday.





Ossining's Wendell Jukes is all smiles after reaching base in host Pride's 9-7 GHVBL 8U win over Mt. Pleasant Thursday at Veterans Field.



Northern Westchester's Keith Siskind plants and turns at 2B as he heads safely to 3B in Thunder's 10-3 loss to visiting Yorktown Patriots Thursday.





An engaged Ossining Pride team improved to 3-3 after knocking off the Mt. Pleasant Colonials 9-7 Thursday in 8U GHVBL action.



Mount Pleasant's Daniel Prendergast legs out a single in Colonial's 9-7 GHVBL 8U loss to Ossining Thursday.



Mt. Pleasant's Tyler Finan chugs out base hit as Ossining 1B Trisan Ridenhour awaits throw in Colonials' 9-7 loss to host Pride Thursday at Veterans Field.



Mt. Pleasant's Vincent Nicoletti and Anthony Pippo shoot the breeze in 9-7 GHVBL 8U loss to host Ossining Thursday.



N.Westchester Thunder's D.J. O'Brien is gunned down at third by Yorktown Patriot 3B Joey Sciuto in Thunder's 10-3 GHVBL 10U loss to first-place Patriots.



North Westchester's Avery Siskind celebrates a triple between Yorktown's Joey Sciuto (L) and Paul Krawchuk in Thunder's 10-3 loss to visiting Patriots Thursday.



Yorktown Patriot Andrew Baddeley slides in safely at 2B as N. Westchester Thunder's Alec Smythe awaits throw in Patriots' 10-3 win over host Thunder Thursday.



Yorktown Patriot Nick Hobson dodges a rundown situation in 1st-place Patriots' 10-3 GHVBL 10U win over 2nd place N. West. Thunder at Bedford Hills Memorial Park Thursday.



Yorktown's Callen Vogel and Joey Sciuto collide but manage to get the out in Patriots' 10-3 GHVBL 10U win over host N. Westchester Thunder Thursday at Bedford Hills Memorial Park.



Pleasantville's Colin Becerra kept a last-inning rally alive but the 10U Panthers fell 10-6 to New Castle in GHVBL action.



Horace Greeley's Molly Byrne gets set to pass the ball from behind the cage in the Quakers' home rout of Putnam Valley.



Anastasia Byrnes of Byram Hills moves the ball toward the cage in a home game vs. Harrison.



Sophia Gould of White Plains tries to make her way to the cage vs. host Wappingers.



Emma Greene of Fox Lane is about to score a goal during the sectional playoffs.



Pleasantville goalie Ciara McCarthy looks to initiate the Panthers' offense after making a save vs. host Westlake.



Erin Drillock of Pleasantville controls the ball behind the cage vs. visiting North Salem.

# Girls' Lacrosse 2022 A Look Back



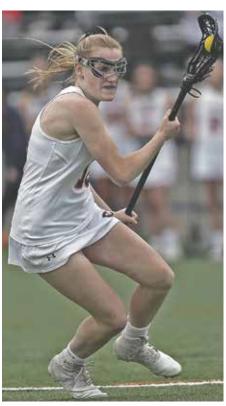
Chloe Siegle of Byram Hills turns on the speed as she moves past midfield at a Bobcat road game.



Briarcliff's Riley Hite searches for an open teammate from behind the cage.



White Plains' Chloe Ryan searches for an open teammate as she moves up the middle of the field during a game vs. the Wappingers Warriors.



Greeley's Erica Rosendorf controls the ball during the sectional semifinal vs. Somers.



Lizzy Armogida of White Plains surveys the field as she controls the ball in a Tiger road game midway through the season.



Ava Swidler of Briarcliff gets ready to fire a shot in the Bears' home game vs. Byram Hills in early April.



Bae Bounds of Greeley tries to run past Fox Lane's MaryKate Loveless in a game hosted by the Quakers.



Pleasantville's Gianna Doto passes the ball up the field during a Panther home game.



Westlake standout Gianna Eglauf fires a shot toward the cage in the Wildcats' game at Greeley back in early April.



Fox Lane's Zoe Stonecipher makes her move toward the cage in the Foxes' home playoff victory over Scarsdale.



Briarcliff's Adrianna Scanga sets her sights on the cage during a Bear home game early in the season.



Greeley goalie Tatum Walsh stays ready in front of the cage during the Quakers' home win over Westlake early in the season.



Francesca DeMartino of Westlake moves around the back of the cage with the ball during a Wildcat home game.



Pleasantville's Abby McAllister sets up the Panther offense in a road win vs. Westlake.



Fox Lane's Sophia Bueti races up the field with the ball in the Foxes' lopsided win at Brewster early in the season.



Byram Hills' Scarlett Pfistner tries to dodge her way past Pleasantville's Heather Vamossy during a game hosted by the Panthers.



Westlake's Eliana Barnett sends an 8-meter shot on goal in the sectional playoffs vs. visiting Albertus Magnus.



Valhalla's Anna Manfredi tries to get into position to score a goal from left of the cage in the Vikings' home game vs. Irvington.



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