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September 10 - September 16, 2019

SMALL NEWS IS BIG NEWS

Volume 13, Issue 627

Mount Kisco Approves Bond Resolutions for Water, Sewer Upgrades

By Martin Wilbur

The Mount Kisco Village Board last week approved bond resolutions for sewer and water projects that will enable the municipality to pursue state funding to help pay for the upgrades.

In a series of actions at last Thursday's Village Board meeting, officials supported borrowing up to \$7 million for water system improvements and as much as \$9.5 million for sewer system upgrades.

The water improvements consist of water main replacements for Woodland Street, the mains connecting to the water treatment plant on Byram Lake Road, which are about 115 years old, as well as last year's work on North Bedford Road. Those projects are part of the village's long-term \$20 million water infrastructure capital plan.

One potential sewer project that is being looked at closely is replacing a 100-year-old wood sewer main that crosses Branch Brook and connects the system to the Saw Mill River Sewer Pump Station. It was lined about 20 to 25 years ago, but Village Manager Edward Brancati said last week there is the threat of a break that could potentially release sewage into the Croton Reservoir system, which would likely trigger a multimillion-dollar cleanup.

Another sewer project includes possible upgrades to the pump station, but Mayor Gina Picinich said that project is not as urgent as replacing the century-old main.

Picinich stressed that last week's approvals do not commit Mount Kisco to borrowing and spending the money for the projects, but puts the village in a position

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New Castle Seeks Estimates for Rec Upgrades to Obtain Grant

By Martin Wilbur

New Castle officials hope to provide ballpark estimates this week for potential improvement projects at Millwood Park so they can inform state Sen. Peter Harkham's office how they would like to use a state grant.

Last month, the town learned that Harkham had secured a \$250,000 State and Municipal facilities (SAM) grant for the town to use toward a recreation project. However, several weeks ago at a Town Board work session that was attended by Recreation and Parks Commission members, there was uncertainty regarding which items the money should be applied to.

Initially, Supervisor Robrt Greenstein recommended that the town use the funds

toward building the basketball court and interactive playground behind Town Hall, but council members Jeremy Saland and Ivy Pool supported it being used for Millwood Park.

Town Administrator Jill Shapiro said that the senator's office had requested that town officials let them know by this week what the money will be used for so the grant can be executed.

Shapiro said that the Recreation and Parks Commission support consideration for lights at the Millwood Park baseball field and possibly the tennis courts, resurfacing the tennis courts and baseball field improvements. There could also be an upgrade to the playground but that would require ADA-related enhancements, she said.

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Memorial Plaza Survey Distributed By Former P'ville Village Trustee



The most recent artist's rendering of the proposed Memorial Plaza civic space project. A former village trustee has released an online survey hoping to gauge community sentiment regarding the proposal.

By Abby Luby

A former Pleasantville village trustee has created an online survey regarding the proposed new civic space and park planned for the northern end of Memorial Plaza.

The three-question survey was created by Jonathan Cunningham with the help of a marketing professional.

"I felt people weren't as informed as perhaps the [village] board thought they were and there were reasons to test public sentiment. This is a big project that will remake downtown Pleasantville and involves quite a bit of money," said Cunningham, who served on the Village Board for 12 years. "Businesses and commuters will be impacted. The proposed scope really needs to be tested and understood."

Cunningham's survey is only available online and will not be distributed by postal mail. He hopes to receive 200 to 300 responses over the next few weeks, then share the results with the board.

Cunningham, who said he is not opposed to the project but had conveyed skepticism toward the project at a public hearing earlier

this year, shared a draft of the survey with the Village Board in May.

"I invited them to partner on this but they felt the survey was biased," he said. "When I asked for ways to improve the survey, they said they had ideas, but ultimately never shared them with me."

Since then, Cunningham has revamped the survey with the goal of making sure it is viewed as credible.

Pleasantville Mayor Peter Scherer, who has seen Cunningham's online survey, said he felt the Memorial Plaza project had been fully vetted and approved by the public. Scherer said the village had no plans to distribute a village-wide survey.

"We have built on work the village has done for 15 years or more and in the last two years the process has been very public with much participation," Scherer said.

Cunningham acknowledged that he would have received a more robust response if he was able to mail the survey as well.

"The village is spending about \$2.5 million on part of this project and if they could get behind this (survey) and spend a couple of thousand dollars on a village-wide

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Mt. Kisco Approves Bond Resolutions for Water, Sewer Upgrades

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to acquire state funding and the ability to go out to bid. Should the bids come back higher than expected or different needs arise, officials do not have to follow through borrowing the money or they can adjust the length of the bond to make the costs more palatable for taxpayers.

"When you bundle these things together it makes our application more viable," Picinich said. "We want to be as viable as possible and with the maximum amount of funding as possible."

While the votes were unanimous to recognize the water main work as a Type

II action to upgrade existing facilities under the state Environmental Quality Review (SEQR) process, Trustee Karen Schleimer objected to the bond resolutions. She described the process as rushed with little to no discussion on a critical issue facing the village.

Schleimer said that with the potential for prohibitively expensive projects, there should have been dialogue among board members sooner. The board needed to approve the bond resolutions before Sept. 13 to remain eligible for state funding, she said.

"I can't understand for the life of me that when we're looking at reports from January

and April, we're sitting here on a timeline of five days to evaluate a major project, and I am really concerned and I have read this stuff and I have a lot of concerns and I am not comfortable going ahead with this without further information," Schleimer said.

One of her concerns centered about the potential increase of the three-day average flow to the sewer pump station, which stands at 1.5 million gallons per day (mgd). While the plant currently has a 2.9 mgd capacity, there had been consideration of expanding to 6.5 mgd and also about possibly bringing in the two New Castle communities of Riverwoods and Yeshiva,

which have failing septic systems.

However, Picinich said the New Castle issue is not part of what the Village Board was considering last week.

"That's not on the table right now," Picinich said. "That's a consideration in which I completely agree, there needs to be a lot more conversation and a lot more due diligence. What we are doing right now and considering is do we want to apply for a grant which could be available to us."

She added that there are several safeguards in place because money cannot be borrowed until the village goes out to bid, the bid is received and the work is started.

New Castle Seeks Estimates for Rec Upgrades to Obtain Grant

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The initial estimate for the lights was \$400,000, much higher than expected, according to Shapiro. She said Recreation and Parks Superintendent Ike Kuzio has indicated that there are other vendors that would be less expensive, perhaps by as much as 50 percent.

With estimates for the potential projects unknown last week, board members were unable to make a decision on what Shapiro should tell Harckham's office.

"Before we say we're spending it on lights, which is more than what this grant

is, maybe there's something else that we should be spending the money on, even if it's in Millwood Park," said Councilwoman Lisa Katz.

Shapiro mentioned that the lights would create another expense. There would likely be some lighting needed for the parking lot because it currently isn't suitable to be used after dark, she said.

She suggested that the town list the possibilities that had been discussed by the Recreation and Parks Commission.

However, Pool said Harckham needed

more specific details.

"Senator Harckham's office did not push out a blank proposal for the SAM grant," Pool said. "They asked for the Millwood Park proposal."

Shapiro said she expects estimates for the work by this week's work session on Tuesday night, which should give the board a better idea regarding the potential expenses they are looking at.

The town would need to contribute at least 30 percent of the cost for any project that the SAM grant is used for, she said.



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County Tackles Suicide Prevention, Mental Health in New Effort

By Martin Wilbur

As suicide rates across the United States rise, Westchester County has launched a multi-strategy effort to educate the public on recognizing the warning signs for people at risk and where to turn for help.

Last Tuesday, county officials kicked off September, which is Suicide Prevention Awareness Month, with a new messaging campaign that will also target segments

of the population that are statistically at a higher risk of suffering from mental health issues and suicide.

"Mental health, substance use, suicide is a public health issue," said Michael Orth, commissioner of the county's Department of Community Mental Health. "We want to put it out there as a public health issue, so by educating our community, our workforce, we feel we can make a difference in our county, not only for all to achieve mental wellness

but also saving lives."

The campaign includes a series of public service announcements that are being rolled out that address children and teenagers, law enforcement, veterans, seniors and the business community.

Creation of the hashtag #BeTheLink, the educational campaign addresses how to recognize the potential warning signs of a mental health condition, how to best help someone who may be struggling with mental health issues and how to connect those in need with Westchester County services and supports.

A Westchester County Suicide Prevention Awareness Task Force, consisting of mental health experts and various stakeholders, will be re-energized. The task force is focused on increasing awareness, decreasing stigma and implementing evidence-based training and practices toward the goal of reducing suicide, Orth said.

Also, Westchester is now just one of four counties in the state to be part of a new Suicide Fatality Review Committee. Orth said the county will be working with the state and also Washington County, Ore., which created a fatality committee about seven or eight years ago. The committee will include representatives from law enforcement, the medical examiner's office, mental health experts and family members of suicide victims to collect accurate data to reveal the causes of suicide and help those in need before suicide is attempted, he said.

For example, in Washington County,



MARTIN WILBUR PHOTO

County Executive George Latimer introduces officials and community members for last week's announcement of strategies that stress mental health and suicide prevention.

the data showed that eviction is a stressor that has led to mental health problems and suicide, Orth said.

"As the numbers are rising throughout our country, their numbers of suicide have gone down significantly," he said.

County Health Commissioner Dr. Sherlita Amler said parents must think of mental health as urgently as their children having diabetes or another disease. Amler and Orth mentioned that because of either stigma or a lack of understanding, there may not be the same sense of urgency for some parents to seek treatment for their child as if they had a physical ailment.

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Break the Hold's Suicide Prevention Fundraiser This Saturday

The Break the Hold Foundation (BTH), a nonprofit organization providing youth emotional wellness and suicide prevention programs in local high schools, will be holding a youth suicide prevention fundraiser this Saturday, Sept. 14 at Knollwood Country Club in Elmsford.

Registration and lunch begin at 11:30 a.m. followed by golf at 1 p.m., tennis at 3 p.m., a cocktail and silent auction at 6:30 p.m. and dinner and silent auction at 7:30 p.m. Donations for golf and dinner are \$250, tennis and dinner costs \$200, golf only is \$150, a tennis-only donation is \$80 and dinner is \$125. There are also opportunities for groups or individuals to contribute as sponsors.

All proceeds from the event will be

donated to BTH, which was established by the parents of Pleasantville resident Brian T. Halloran. Halloran suffered from depression and died from suicide in January 2018 shortly after he started his second semester at college.

For more information, to donate or make a reservation, contact the Knollwood Country Club at 914-592-7411 or e-mail reception@knollwoodcc.com. All checks, which can be paid in advance at www.BTHbreakthehold.org or when arriving the day of the event, should be made out to MHA c/o Break the Hold.

Knollwood Country Club is located at 200 Knollwood Rd. Extension in Elmsford.

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Memorial Plaza Survey Distributed By Former P'ville Village Trustee

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mailing, we could make sure we gauge the community sentiment correctly," he said.

The survey asks respondents to what degree they support the Memorial Plaza civic space project; the elements of the project that are most appealing to them; and which elements are most concerning.

It also asks for individual names and addresses to verify residency and accuracy.

"Individual responses will not be shared," Cunningham said. "We geared the survey to village residents but the project will impact those living outside the village. There is a tax aspect to this project and if you're not in the village you don't have to pay for it.

There are serious concerns for the project's costs."

Scherer said the village has taken steps to clarify the scope of the project by improving its website. He said the village has hired a part-time communications specialist to keep the website's content new and fresh and to better respond to residents' concerns, not only for the Memorial Plaza project but for many other issues as well.

"Even though Jonathan's survey is not something the village has been involved with, I think the feedback he generates will be interesting," Scherer said.

But Cunningham said the village should be proceeding with the project more carefully.

"I'm not against this project; I just think that if we go slower and not faster, it will provide a scope and range where we could better address the impacts all around," he said.

Transforming a portion of Memorial Plaza into a civic space will require work that is

part of the Manville Road streetscape and the removal of the slip lane from Memorial Plaza. As part of the streetscape, a median is planned along Manville Road from Grant Street to Vanderbilt Avenue, lanes will be widened to 15 feet, curb lines will be pulled back to increase sidewalk width and a right-turn lane will be constructed at the intersection of Memorial Plaza and Manville Road.

The plan also includes additional crosswalks at Vanderbilt Avenue and Manville Road. Crosswalks on Manville Road, Washington Avenue, Wheeler Avenue and Tompkins Avenue will be shortened to create a series of curbed peninsulas.

Work on the streetscape is planned to begin next spring or summer with construction starting on the civic space the following year.

The link to the survey is <https://www.surveymonkey.com/r/SK6Z8NN>.

County Tackles Suicide Prevention, Mental Health in New Effort

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"You can end up with a child that is a totally productive individual and lives a happy and long life and that's what we want for any of our children," Amler said,

"to live a happy, long life, and that is possible with the right treatment, with the right assistance, the right support, so we just have to be willing to put this in the open."

While suicide rates in Westchester have remained nearly constant over the past five or six years, staying between 66 and 75 confirmed deaths annually in that timespan, that has not been the case elsewhere, Orth said.

He said over the past 10 years, incidents of suicide nationally have grown 27.5 percent and suicide is now the second leading cause of death for those 15 to 24 years old. More than 47,000 Americans die each year from suicide and about 1.4 million people in the United States have serious suicidal thoughts, Orth said.

Other efforts include the establishment of the Mind, Body and Spirit Community Coalition, which will focus on many health issues, said Hassan Bilal, a coalition member. Its first task is to tackle the mental health crisis, he said.

"We aim to do as much as we can, in everything we can, to make sure this situation does not happen to someone else," Bilal said. "The only way to do that is to work to get the word out, to let people know that there are agencies, individuals and community groups that are there to help them."

The county has also been holding a suicide prevention workshop for a schools' regional leadership meeting led by Dr. Lynn Allen, assistant superintendent at Putnam Northern Westchester BOCES.

For more information and a complete list of resources and services, call the Department of Community Mental Health at 914-995-5220 or visit www.mentalhealth.westchestergov.com.

Mt. Kisco Library Sunday Hours Start This Weekend

The Village of Mount Kisco announced last week that the Mount Kisco Public Library will now be open on Sundays from 12 to 4 p.m. starting Sept. 15.

This is the first time in several years that the library will have hours on Sunday.

The library will continue to be open on Mondays and Tuesdays from 10 a.m. to 6 p.m.; Wednesdays and Thursdays from 10 a.m. until 7 p.m., Fridays from 10 a.m. to 5 p.m. and Saturdays 10 a.m. to 4 p.m.



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Armonk Bagel Shop Reopens Following Devastating Fire

By Martin Wilbur

A significant missing piece to Armonk's downtown has returned.

The Bagel Emporium, which was forced to close in late March after a fire heavily damaged the store at 391 Main St., was back in business on Aug. 28, with the owners, the Rozins family, along with their employees doing what they do best – making their bagels and serving coffee and a variety of breakfast sandwiches and lunch specialties.

For the family, who operates the Armonk store and four other locations in Westchester, it had been a long five months since the Mar. 30 fire shut them down. But they credited the community and town officials with making sure they were back up and running as quickly as possible.

"It was difficult. It wasn't the same thing as building a new store," said Ryan Rozins, one of the family members who helps run the stores. "You had to deal with insurance companies and what not. We also wanted to open up as soon as we could. We wanted to make sure we opened up before the Jewish holidays and we did everything in our power to do that."

While the community will recognize the variety of bagels, sandwiches and baked goods along with the coffee, tea and other drinks offered at The Bagel Emporium, there were, of course, some significant changes to the interior. The décor features new tiles and a new floor and the layout of the store is different. Rozins said he wanted



MARTIN WILBUR PHOTO

The Bagel Emporium, which was shuttered for five months following a fire in late March, has returned as customers line up for the store's tasty bagels and other products.

to present the open kitchen concept with the bagel oven in the public's view.

A requirement to install a handicapped accessible bathroom took up some space, so Rozins said they decided to place the counter on the right side of the store as patrons walk in from outside to maximize the space.

New accordion windows are part of the storefront and are open on nice days to allow the public to see the bagels being made, he

said. It also allows those who are inside to feel as though they are outside.

There are still several outdoor seats and tables that can be used in good weather as well as a counter with a limited number of seats inside.

During the closure, the Rozins and their staff gave out free bagels from a truck on weekends outside the store. Rozins' father, Michael, opened the Armonk store more

than 25 years and has been in business for 37 years. It was important for them to keep the connection to The Bagel Emporium's many customers in town until they reopened.

"There is an emotional connection with Armonk," Ryan Rozins said. "That's where I grew up and that's where we moved to when I was a kid. We know a lot of people in town. We feel very much a part of the community and it's a very important store for us."

They also operate shops in Chappaqua, Yorktown, Tarrytown and Port Chester.

The next order of business for the town is to see Broadway North Pizza open next door. That space suffered damage when firefighters needed to open walls and ceilings to make sure the fire didn't spread.

Town Administrator Kevin Hay said the Building Department has estimated the pizzeria should reopen before the end of this month.

Rozins said having the town work with them to help expedite the rebuilding process was a big help and helped them reach their goal of opening before the end of summer.

"The people that worked in town, everyone on the Town Board and the Building Department, especially (Supervisor) Mike Schiliro and (Building Inspector) Robert Melillo, were instrumental in re-opening the store," he said.

Michael Rozins said he feels proud to be a member of the community.

"We really felt appreciated that people rallied around us," Ryan Rozins said.

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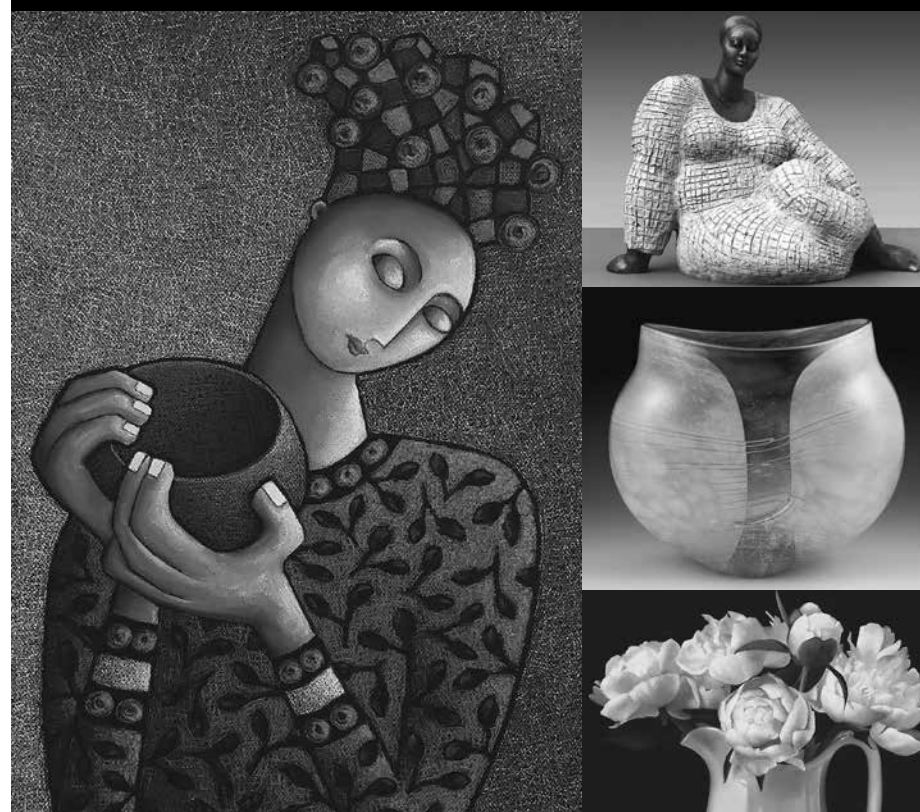
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This Saturday is Hillside Food Donation Day at P'ville Farmers Market

On Saturday, Sept. 14, shoppers visiting the Pleasantville Farmers Market can help Hillside Food Outreach ease food insecurity in Westchester by purchasing extra items of produce and allocating those items to go to Hillside.

Farmers (and bakers too) will have collection bins at their checkout stations. Items can also be donated at a tent staffed by representatives from both the

Pleasantville Community Garden and Hillside Food Outreach, including Kathy Purdy, the executive director and founder of this Pleasantville-based charity which provides meals for thousands of Westchester residents each year.

Every week volunteers from the Pleasantville Community Garden grow produce in local gardens and collect donations from the market's generous farmers, with

more than 10,000 pounds of fresh vegetables and fruit collected to date this year.

"Donations by shoppers on Sept. 14 will help us celebrate the weekly generosity of our farmers and food artisans, who have really partnered with us in this cause," said Steven Bates, executive director of market operations for the Pleasantville Farmers Market.

"The Pleasantville Farmers Market program has been an essential part of our organization and the amazing generosity of the farmers every weekend has allowed us to greatly expand and donate thousands of pounds of incredibly fresh vegetables," added Devin Juros, who created the Pleasantville Community Garden.

Held twice a year to highlight an opportunity for shoppers to contribute, the donation totals can be inspiring. At last spring's Hillside Donation Day, shoppers purchased and donated 271 pounds of fresh fruit and produce. Another 440 pounds of fruit and vegetables was contributed by farmers and vendors at the end of the market. More than 700 pounds of food was immediately donated to Hillside Food Outreach and other local pantries.

Hillside Food Outreach home delivers groceries to those in need of food assistance and who are unable, for whatever reason, to access local pantries. They have a team of over 250 volunteers that deliver to some 1,600 men, women and children throughout Westchester County.

Hillside Food Outreach also has branches in Putnam County and Fairfield County. For further information, call 914-747-0095 or visit www.hillsidefoodoutreach.org.

The Pleasantville Community Garden, the brainchild of Juros in 2013 when he was 12 years old, grows and gathers food for donation to local organizations distributing food across Westchester. The garden is run completely by local volunteers who give their time to tend the gardens, gather from the Pleasantville Farmers Market and distribute to the organizations who distribute the food.

Since its inception in 2014, more than 71,000 pounds of food has been grown and gathered for distribution thanks to the hard work of the volunteers. To learn more about the Pleasantville Community Garden programs and find out how you can help, visit www.pvillegarden.org.

Arrest Made in Armonk Hit-and-Run Incident With Pedestrian

By Martin Wilbur

The North Castle Police Department arrested an Armonk man Sunday afternoon in connection with a hit-and-run accident last week that saw a 49-year-old man seriously injured while walking on School Street.

John M. Cozza, 45, was charged with leaving the scene of an incident without reporting, a Class A misdemeanor.

Police said that at about 8:55 p.m. on Sept. 4, the victim, a Glendale Avenue resident was walking along the eastbound lane of School Street and was hit from behind by a vehicle that was identified as a Dodge Ram pickup truck with towing mirrors.

The vehicle fled the scene without stopping and headed in the direction of Cox Avenue toward Route 22, according to police.

The investigation, conducted by North

Castle Police Department detectives, led to a suspect vehicle and a conversation with the vehicle's owner. Cozza was subsequently arrested.

Responding officers and Armonk Ambulance personnel who arrived at the scene found the victim, who police did not identify, on the ground and unconscious in front of 23 School St. They began administering aid to him.

The man was initially rushed to Northern Westchester Hospital by Armonk Ambulance and arrived in serious condition. Police said he was later transferred to Westchester Medical Center and was last reported in stable condition.

Cozza was released on his own recognizance and was given an appearance ticket for a Sept. 24 date in North Castle Town Justice Court.

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ATTORNEY ADVERTISING

Fall Medicare Workshops to Start This Weekend at County Libraries

By Martin Wilbur

For nearly anyone who is approaching their 65th birthday, the dizzying and confusing health insurance coverage options is not just a major puzzle to solve but can cost unsuspecting senior citizens thousands of dollars.

There is, however, a resource that local residents who have reached or are approaching retirement can count on for straightforward information to help them make their decisions.

Starting this weekend, the Westchester Library System and Westchester Seniors Out Speaking will offer 15 free three-hour Demystifying Medicare workshops across the county to help people understand their coverage options. The presentations, which are provided by volunteers knowledgeable on the ins and outs of Medicare, continue through October. The sessions overlap with Medicare's annual open enrollment period, which runs from Oct. 15 to Dec. 7.

The first local library to host a Demystifying Medicare presentation is the Mount Pleasantville Public Library in Pleasantville this Sunday from 1:30 to 4:30 p.m.

"We're basically working with people who are stuck without a retiree (health) plan," said Julie Woodward, a volunteer with Westchester Seniors Speak Out. "We need to have as many options available."

Woodward said unraveling the options for seniors can often depend on what health care services they need, including whether they need to see multiple specialists, and the

prescription medications they use. If a senior is still working full-time, they must also check in with their human resources department to see whether their employer will change their coverage when they turn 65.

For starters, Woodward said several months before a person turns 65, they should sign up for Medicare, so that they are eligible for Medicare Part A and/or B. Most people receive Part A without charge if they have worked long enough while they pay a monthly premium for Part B.

After that is where things can get complicated, Woodward said. Seniors can choose a Medicare Advantage plan (Medicare Part C), which can be a lower cost than the array of 10 options under the Medicare Supplemental Insurance, also referred to as Medigap, but might not offer the coverage some people need. But costs can vary widely within the supplemental insurance plans.

Woodward said it may not be worthwhile for people to invest in the more expensive plans, but it could depend on the health care needs of each person.

"Purchase one of these (supplemental) plans it will cover a certain amount of your medical extras," Woodward said. "The most expensive, you'll never see a bill at all – ever."

Then there's Medicare Part D, which is the drug plan. Woodward said that there's a risk for people who initially don't need the plan, because when they do, they will be paying a 10 percent annual penalty for every year that they delayed signing up.

Woodward said spouses may also need to sign up for different supplemental plans

depending on their needs.

"A spouse can have a health need and a need for drugs that's very different from your situation," she said. "If you have a retirement plan that doesn't cover both (spouses), you many want to go in separate directions."

For more information on various Medicare plans, visit the plan finder at <https://www.medicare.gov/plan-compare/#/?year=2019>. Other information can also be obtained by reading the Medicare and You booklet, the

government's official Medicare handbook, at <https://www.medicare.gov/sites/default/files/2018-09/10050-medicare-and-you.pdf>.

For the full schedule of Demystifying Medicare workshops, visit <https://www.westchesterlibraries.org/westchester-seniors-out-speaking>. For individualized sessions held weekly at 10 libraries throughout the county, visit <https://www.westchesterlibraries.org/senior-benefits-information-centers>.

Continue the Saga



"Downton Abbey" returns Sept. 20 as a major motion picture event, and tickets are now on sale for the first week of screenings at the Jacob Burns Film Center in Pleasantville. For more information and for tickets, visit www.burnsfilmcenter.org.

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Police Blotter

North Castle Police Department

Aug. 31: A Northern Westchester Hospital emergency nurse contacted this department at 11:32 a.m. to report that a bicyclist, who had been participating in today's triathlon event, was apparently involved in a collision with a vehicle. An officer responded to the hospital to speak with medical staff and bicyclist about the incident. A report to follow.

Sept. 1: An officer reported observing a loose dog running on Evergreen Row at 3:26 p.m. The dog was described as a brown Labrador retriever mix. The officer stated that he was able to usher the dog back onto the owner's property since the

homeowner did not appear to be home at that time.

Sept. 1: A complainant reported at 8:58 p.m. that loud music was coming from a Brett Lane residence, which has been an ongoing issue. The responding officer reported that he spoke to the homeowner's son who agreed to lower the music without further issue.

Sept. 4: A School Street resident reported at 7:54 a.m. that for the past two mornings she observed multiple cars speeding on the street between 7 and 8 p.m. The information was forwarded to patrol for attention.

Pleasantville Police Department

Sept. 2: A 911 caller reported a disturbance at his Pleasantville Road residence at 7:17 p.m. The caller stated that a former tenant arrived at the residence in a white vehicle, got out of the car and shouted at his mother who only speaks Italian. The former tenant told the responding officer that he came to the house to pick up some items, but that he received a text from his mother who communicated that all of his possessions were accounted for. He also stated he never got out of his car. He was told by the officer that if he returns to the property again the landlord will press charges for trespassing. The former tenant said he understood and

would not return.

Sept. 5: At 10:50 a.m., a complainant reported a past crime. A resident at the Clinton Street senior apartments stated that \$30 was removed from the residence. An investigation is ongoing.

Sept. 5: Report of criminal mischief on Manville Road at 4:47 p.m. A Poughkeepsie man who is a subcontractor was on site to do some work and stated that he parked his vehicle in the lot at about 6:30 a.m. this date. However, when he returned there was the residue of glue from stickers on this car. The man was told that with no further investigative leads, the probability of solving the matter is low. He filled out a report to take to his insurance company.

Obituaries

Peter Reagan

Peter Joseph Reagan of Lake Carmel and formerly of Hawthorne passed away on Sept 7. He was 51.

Reagan was born Apr. 16, 1968, to the late Peter and Anne (nee Bittner) Reagan in White Plains. He was an auto mechanic at Prestige Volkswagen in Pleasantville.

Reagan is survived by his son, Peter Jr., of Lake Carmel; his sister, Jodi (Doug) Margolis, of Hawthorne; his niece and

nephew, Brianna and Joseph Margolis, of Hawthorne; and his mother and father-in-law, Christine and Joseph Paravati, of LaGrange, N.Y.

Visitation will be at Hawthorne Funeral Home on Wednesday, Sept. 11 from 4 to 8 p.m. A funeral Mass is scheduled for Our Lady Queen of Peace Chapel in Gate of Heaven Cemetery on Thursday, Sept. 12 at 10 a.m. followed by interment.

Deborah Ann Yvars

Deborah (Debbie) Ann Yvars passed away peacefully at home on Aug. 31 surrounded by her loving family. She was 68.

A lifelong Mount Pleasant resident, Yvars graduated from the Grasslands School of Nursing in Valhalla and was a devoted and caring professional in the nursing field at The New York School for the Deaf. Her interpersonal skills extended into a second career in finance where she formed many connections with clients. She enjoyed needlepoint, crochet, gardening, decorating, fashion and shopping. In addition to all of her hobbies, she loved to entertain her family and friends.

Her greatest joy was her family. Yvars is predeceased by her parents, Salvador and Antoinette Yvars. She is survived by her devoted children, daughter Lisa Gambino and son Joseph Gambino; her



Deborah Ann Yvars

adored grandchildren, Noelle, Gianna and Joseph Scaplehorn; her cherished twin sister, Donna (John) Saldi, of Valhalla; her loving sister, Diane Yvars, of Carmel; and her adoring brother, David (Bianca) Yvars, of Croton-on-Hudson. Many nieces, nephews, aunts, uncles, cousins and numerous friends will remember her compassion and unselfish, giving spirit that came so naturally.

Visitation was at Pleasant Manor Funeral Home in Thornwood on Sept. 3. A Mass of Christian Burial was celebrated at Holy Rosary Church on Sept. 4 at 10 a.m. Yvars was laid to rest following the funeral mass at Gate of Heaven Cemetery in Hawthorne.

In lieu of flowers, the family asks that you please consider donations to Memorial Sloan Kettering Cancer Center in Debbie's memory.

Frances French

Frances R. French (nee Nusbaum) of Armonk, devoted mother, grandmother, sister and friend, passed away Aug. 30 after a three-year battle with lung cancer. She was 81.

French was born Sept. 25, 1937, in the Bronx to Benjamin and Miriam (Mary) Nusbaum. A 1955 graduate of New Rochelle High School, she trained at the Albany Medical Center School of Nursing and was assistant head nurse for pediatrics at Lenox Hill Hospital in New York before returning to Albany as supervisor of nursing students. In 1975, she moved to Armonk where she would live for the remainder of her life.


French dedicated countless hours to her community, serving in leadership positions in the Byram Hills Parent Teacher Association, the Armonk Lions Club (of which she was at one time president), North Castle Cares and the community volunteer emergency response group NC4. She also founded one of the first support groups for parents in Westchester County.

Returning to her nursing career after her children were older, French continued her lifelong commitment to working with children in the Byram Hills, Blind Brook and Chappaqua school districts.

She was preceded in death by her husband, Benjamin I. French, Jr., and her beloved parents. She is survived by her loving children, Peter Roff of Alexandria, Va. and Debbie Falcone (Pete) of Palm Beach Gardens, Fla.; her grandchildren, Alex, Miriam, Thatcher and Samuel Roff and Nicholas and Lucas Falcone; her sister, Amy Schoen (Manfred), of Rye Brook; numerous cousins, nieces and nephews across generations; and her steadfast friend and companion Jim Northrup.

French was interred at a graveside service at Kensico Cemetery in Valhalla on Sept. 8.

In lieu of flowers or charitable contributions, the family asks those who wish to honor her memory to do something nice for another person, perhaps a stranger, specifically with Fran in mind. She was a very giving person and it would please her very much.



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Armonk Ready to Usher in Fall With Cider and Donut Festival

By Martin Wilbur

You know fall has practically arrived when it's time for the Cider and Donut Festival at Armonk's Wampus Brook Park.

The Armonk Chamber of Commerce is once again hosting the annual festival this Sunday, an event that also includes the 5K Run for Love and the Byram Hills Preschool Association Carnival. The festivities begin at 9:15 a.m. with the Donut Dash, a run for children two to eight years old, followed 10 minutes later by the McIntosh Mile for children of all ages.

At 9:45 a.m., competitors line up for the Run for Love, in memory of the late Byram Hills High School graduate and Armonk resident Jamie Love, who was a collegiate runner at the University of Vermont when he unexpectedly passed away in 2013.

Stacy Wilder, the outgoing director for the Armonk Chamber of Commerce, said the day has become even more popular when the festival was scheduled to coincide with the runs and the carnival. Not only is it a favorite day for the chamber's members, many of whom take tables to offer child-friendly activities and giveaways, but for the larger community as well, she said.

"It's become an anticipated event that people get excited about," Wilder said. "It kicks off the fall season as far as events go in town."

As part of the festival and carnival, which runs from 10 a.m. to 2 p.m., there is plenty of food for visitors to sample. Fortina will have its pizza truck near the grounds and Taylored Menus will prepare breakfast sandwiches,

barbecue and salads. For those who enjoy ice cream, there will be an ice cream truck.

Then, of course, what would a cider and donut festival be without apple cider and apple donuts, both of which will come from Beascakes bakery in Armonk.

There is a long history in the hamlet for both products, dating back to the old Cider Mill, which was run by the Schultz family for about 50 years, starting in 1951. In the 1960s, they added donuts to their repertoire and the tradition was born.

Longtime residents might notice on Sunday that the apple cider donuts will have a very familiar taste.

"Beascakes has the Schultz's recipe, so it really is carrying on the tradition," Wilder said.

The festival was originally run by the Friends of the North Castle Public Library, which is the beneficiary of the Armonk Outdoor Art Show. The chamber took over organizing and running the event following the art show's 50th anniversary eight years ago, Wilder said.

It later established the Run for Love and more recently asked Byram Hills Preschool Association representatives if they wanted to move their annual carnival from IBM Park to Wampus Brook Park to be part of the festivities. It brings larger crowds to one venue and helps all of the organizations involved, she said.

"We're really drawing the same type of crowd – families with kids," Wilder said. "So we were stealing people from them and they were stealing people from us – in a nice way. We kind of decided, why are we not doing this together? They were happy to team up with us



There will be thousands of apple cider donuts, along with other delicious food, this Sunday at the Armonk Chamber of Commerce's Cider and Donut Festival. Inset: The 5K Run for Love precedes the festival's opening.

and we've been doing it together ever since."

There is no charge to attend the festival. The food is for sale and there is a charge for the kids' rides for those who are not Byram Hills Preschool Association members. The race is a rain-or-shine event.

Net proceeds will benefit children's programs at the North Castle Public Library

and the Byram Hills Pre-School Association and the Armonk Chamber of Commerce.

For more information on the event, including registration for the 5K Run for Love, visit www.armonkchamberofcommerce.com. Wampus Brook Park is located on Maple Avenue in Armonk.

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Letters to the Editor

Politicians, Don't Forget the Moderates on the Campaign Stump

In this heated and endless presidential season that's upon us, it seems that politicians all over the spectrum have forgotten about that old dictum – moderation in all things.

We hear a lot of prominent Democratic presidential candidates promise Medicare for All. Isn't it possible that we can improve and extend the Affordable Care Act, originally a Republican idea, for more people who don't have health insurance, without creating a Medicare for All program that the national budget cannot possibly afford?

On another front, is it really so radical to believe that climate change is real and that we need to do serious things to address it and reduce its worst effects?

The scientific consensus has established that climate change is happening. Glaciers from Greenland to the Himalayas are melting fast. In the United States, we have experienced record floods and heat this summer. Droughts have harmed wheat and corn production in our Midwestern

breadbasket.

Climate change is already shrinking food supplies, the University of Minnesota's Institute on the Environment has found. (<https://allianceforscience.cornell.edu/blog/2019/07/climate-change-affecting-crop-yields-reducing-global-food-supplies/>)

In other words, climate change is not a hoax invented by the Chinese to harm American manufacturing, as certain extremely conservative politicians have claimed.

Moving to education, when Democratic candidates talk about erasing all student debt, that sounds like a radical proposal. Why don't we figure out whether some of these people can actually pay off the loans they have taken out? Again, this is a question of what the national budget can afford. The federal government can help people, but there are financial limits to what it can do.

On the other side of the coin, it also seems reasonable to expand educational opportunity so more people can enjoy the

fruits of American prosperity.

In terms of guns, why can't we agree that you have a right to own a gun, but you ought to apply for a license to obtain it, just like a car? Gun owners have rights, but also great responsibilities. Having a license helps ensure that the owner will be responsible and sensible when using their firearm. And why does any civilian need an AR-15 assault rifle?

Finally, no political party has a monopoly on patriotism. Our political discourse has dangerously degenerated. Personal attacks on another politician do nothing to help us solve our many problems.

Now, more than ever, we need leaders who offer a positive vision of hope for our collective future, something we can all grab hold of as a national community. We need to see a road that our children can safely travel over the decades to come. I know that road is out there. Our politicians need to find it.

Michael Gold
Pleasantville

Common-Sense Tips to Avoid the Plague of Scam Phone Calls

For a number of years now, reports of phone scams have been on the rise. Scammers are known to target seniors in particular, but anyone is susceptible. By following a few basic tips, you can better recognize and avoid scams.

The best and often easiest way to circumvent a scam is to not answer the phone to any strange number. Con artists often disguise their number to look like a local one. Just because the area code is local does not mean you know the person calling. A good rule of thumb is that if a caller really wanted to reach you, they will leave a

message on your answering machine.

If you do pick up the phone to a strange number, it is good to be familiar with common scams so you are less likely to be taken advantage of. Scammers will often claim to represent the IRS, Social Security, insurance companies or family members. It is important to know that if the IRS or Social Security wants to contact you, they will never do so over the phone. As a precaution, it is best to treat anyone requesting money over the phone as if they were a con artist until you can prove the validity of their claims by contacting

the person or organization they profess to represent.

If you receive repeated calls from an unknown caller on your cell phone, you can go into your phone's settings and block calls from that number. You can also register with the National Do Not Call Registry by calling 888-382-1222. While this is not a perfect solution, this should reduce the amount of robocalls you receive.

Assemblywoman Sandy Galef
95th Assembly District

Pleasantville Police Shine at Helping the Village's Senior Citizens

As senior citizens, each day is an adventure as we awaken with myriad pains. We get up and go about our business, grateful that we are blessed with yet another day.

Unfortunately, the populace has equated old age with senility, worthlessness and feeble-mindedness, and we are abused on a daily basis. Regardless of whom we meet, individuals pretend to listen to our concerns, but rarely act on them. We have become invisible and are placated with false

promises.

If one were to take a few minutes to speak to a senior, one would discover that seniors possess a plethora of talents, life experiences, knowledge and kindness, which is so sorely lacking in today's world.

Thank God for the Pleasantville Police Department. They stand proud and tall. One phone call and they are promptly at our door. Whether it is for medical assistance, to help us off the floor after a fall, to rescue someone trapped in an elevator or even

open the door when we've been locked out, they are not only attentive to our needs but treat us with the utmost respect and dignity.

I would just like to offer a heartfelt thank you to the Pleasantville Police Department not only for the security they provide us, but for making us seniors feel like valuable citizens.

Sylvia Anna Nomikos
Pleasantville

Charity Store in Chappaqua Celebrates Fall With Special Event

Fantastic Finds, an upscale resale shop at 400 King St. in Chappaqua, will celebrate the season with a special Fall Fling this Saturday, Sept. 14 from 10 a.m. to 4 p.m.

There will be free refreshments and basket drawings, pop-up sales and more. With a purchase, receive a discount coupon to use another day. Merchandise includes

gorgeous clothing, jewelry and accessories for men and women. Shoppers will also find many beautiful items perfect for gift-giving, such as a large selection of glassware, artwork, housewares, china, home decor, bric a brac and more.

Store hours are Monday through Saturday from 10 a.m. to 4:30 p.m.

For more information, visit supportconnection.org/fantastic-finds, e-mail fantastic.finds@supportconnection.org or call Fantastic Finds at 914-238-9200 or Support Connection at 914-962-6402. You can also connect on Facebook at [FantasticFindsSC](https://www.facebook.com/FantasticFindsSC) or on Instagram @ [FantasticFindsSC](https://www.instagram.com/FantasticFindsSC).

Local Assembly Members Call for Statewide Universal Pre-K

By Pat Casey

Local state representatives held back to school press events last week to emphasize the importance of universal pre-K and called on Gov. Andrew Cuomo to make funding a priority in communities outside of New York City.

The events included tours of local pre-K facilities, including the Eastview campus of White Plains Middle School, which contains a dedicated pre-K center.

A recent statewide survey conducted by the New York State Council of School Superintendents found that more than half of the superintendents who responded believed insufficient state funding was the single largest barrier to implementing full-time early childhood programs in their districts.

The survey also found that 13 percent of responding superintendents did not have a full-day pre-K program, but would establish one if adequate state funding was available. Another 40 percent of superintendents said they would expand their existing half-day programs if provided sufficient state funding.

"Pre-K teaches kids, at a very young age, the basics of social skills and how to learn – tools that they will need in school and for the rest of their lives," said Assemblyman Tom Abinanti (D-Pleasantville). "All kids in New York State, not just those in New York City, deserve the benefits of universal pre-K."

"New York State is investing \$300 million in New York City pre-K programs, but a woefully inadequate \$40 million for the rest of the state," said Assemblyman David Buchwald (D-White Plains). "It is time to invest in all of our children's futures."

Assemblywoman Amy Paulin (D-Scarsdale) said studies have repeatedly found that the benefits of pre-K far exceed the costs, and that the positive gains on lifetime earnings, academic achievement and the social impact of more diverse classrooms are substantial for low- and middle-income children.

"School superintendents across the state have made it clear they are willing to create new pre-K programs or expand their existing half-day pre-K programs, but simply lack the funding," Paulin said. "The time has come for the state to deliver on the promise of truly universal Pre-K by providing adequate state funding for all of New York's children."

A letter signed by 43 Assembly members representing districts outside New York City was sent to Cuomo, calling for him to fully fund Universal Full-day Pre-K for the entire

state in his 2020-21 executive budget.

"As you know, New York City has a very robust and successful program," the letter stated. "School districts in the rest of the state deserve the same."

"Many districts outside of New York City want to participate in this program, but are unable to do so due to the lack of funding," the letter continued. "In the first round of grant applications in 2015, 30 districts applied and did not receive funding, many of which were highly rated and eligible. There were also several districts that never even applied due to the lack of available funding."

The Eastview Middle School campus in White Plains contains a dedicated pre-K center.



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Schedule of Events

Friday, September 13th, 2019

- 5pm-11pm: Full Blown Carnival with Rides & Amusements!
6pm: Dance Demonstration by Fred Astaire Dance Studio
5pm-10pm: Food Truck Round Up & Beer Garden
Crafty Cue BBQ, Mt Kisco Seafood's Big Fish, Chef Rob on Wheels, Salsa Fresca, Waffle Box, Mobile Pie Pizza, Exit 4 Food Hall, Leonard Park Wines & Spirits plus carnival favorites
7pm-10pm: Outdoor High Energy DJ Dance Party presented by D'Errico Jewelry, DJ Entertainment by Rigo Entertainment

Saturday, September 14th, 2019

- 10am-6pm: Street Fair with Sidewalk Sales on South Moger Ave. & Main Street plus featured PopUp Tent Area
Presenting Sponsor SAW MILL CLUB Kids Tennis Challenge
11am-11pm: Full Blown Carnival Rides and Amusements
Food Truck Round Up & Beer Garden
11am: Family Bingo at the Food Court presented by Fidelis Care NY
Antique Cars
12pm: Mayor Gina reads with Clifford the Dog
2:30pm: Martial Arts Demo by Modern Martial Arts
3:30-5:30: WHUD Radio 100.7 Street Team LIVE!
Featuring Giveaways, Prizes and a few surprises!
Followed by Live Acoustic Music by Talented Local Musicians
7-10:pm: Live Party Rock Band "Frankenstein's Baby" presented by Holiday Inn Mt. Kisco

Sunday, September 15th, 2019

- 8:30 am: Kisco 5k Run
11am-4pm: Street Fair with Sidewalk Sales
11am-7pm: Full Blown Carnival Rides & Amusements, Food Truck Round Up & Beer Garden
11am: Free Open Air Exercise Class by Pure Barre & Stretch Lab at Fountain Park on Village Green
Presenting Sponsor SAW MILL CLUB Kids Tennis Challenge
Live Acoustic Music by Talented Local Musicians
1:00pm: Demonstration by Ahn's Taekwondo
2:00-4pm: Amor Radio 93.1 Street Team - Musica y Premios & Much More.

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About That Most Practical Room – the Kitchen Pantry

As a realtor, I always look for special features a home might offer in attracting a buyer and I'm sure to include them in the listing's descriptive remarks.

As I opened the door to my kitchen pantry to grab a quick snack, I was reminded how a food pantry can enhance a kitchen and a home overall. The thought occurred to me that I've lived in homes and apartments that didn't feature a pantry and I wondered what my wife and I ever did without one.

As a kid, I distinctly remember how happy my mother was when she and my dad were able to purchase an older home that featured a butler's pantry, which we hadn't had before. To me, it sounded like something that only a fancy home would have.

A pantry might be as small as a shelf in a cupboard or as large as a walk-in closet. It is where we keep the foods and supplies used most often. This also is where small appliances will most likely be used such as the toaster, kettle, mixer, juicer and coffee machine. In my case, I also squeeze in a dry mop standing to one side and a small canister vacuum cleaner on the floor under the bottom shelf.



By Bill Primavera

Being naturally curious about the origin of things, I also wondered how the pantry came about. The history of kitchen storage is an interesting reflection of what was going on through the ages socially, economically and, today, architecturally.

The word pantry comes from the French word "paneterie," derived from "pain," the French word for bread. In medieval times, food and supplies were stored in a number of specific rooms. Meats were kept in a larder, alcohol stored in a buttery and bread was stored in the pantry.

In Europe, traditionally, the butler's pantry was used to store silver, serving pieces and other kitchen-related items. Because of its value, silver was kept under lock and key with the butler actually sleeping in the pantry to guard against thievery.

In America, pantries evolved from early American "butteries," built in a cold north corner of a home, into a variety of pantries in self-sufficient farmsteads. A cold pantry was the place to keep foods that did not necessarily need to be kept refrigerated. Breads, pie, cheesecakes, pastries, eggs

and butter were common foods kept in a cold pantry. Vegetables could be brought up from the root cellar and stored in the cold pantry until ready to use.

Before World War II, America's smaller homes did not have closets, cabinets or pantries for food and kitchen storage. To fill the need for kitchen storage, in the early 1900s, the Hoosier Cabinet, made by the Hoosier Manufacturing Company in Indiana, was created to be an all-in-one pantry for the new American home. Most Hoosier Cabinets were about six feet high, four feet wide and two feet deep, making it ideal for small kitchens. The cabinet was typically sold with built-in storage bins and containers for everyday items such as flour, sugar, coffee, tea and household spices.

Hoosier Cabinets today are found mostly on eBay, but for those that don't have a pantry, there are tall pantry-type cabinets that go from the floor to near the ceiling. These cabinets can store numerous items, particularly if they are equipped with pull-out can racks, shelving on the back of the doors and built-in bins.

Whether a home features an elaborate pantry room or just designated shelves in kitchen cabinetry, there are now so many storage gadgets and devices that can make available space go much further. Lazy Susans help with access to items that

would normally be stored in the back of a shelf. Pull-out shelves accomplish the same goal. Bins can help keep loose items together and organized.

Because some things stored in pantries can be quite small, a pantry can be enhanced with a few smaller containers or drawers for loose items. Also, there can be mini shelves or racks for spices that can be added to the back of the pantry door. Of course, pantries are good places to store bulkier items, like paper towels and plastic storage containers.

In today's homes, a butler's pantry can serve as an "in between room" located between the kitchen and formal dining room. Typically, you will also find countertop space to be used as staging areas for serving meals, as well as storage for tableware, serving pieces, table linens, candles, wine and other dining room articles. More elaborate versions may include refrigerators, sinks or even dishwashers.

If the kitchen is regarded as the heart of the house, then certainly the pantry is its blood supply.

Bill Primavera is a Realtor® associated with William Raveis Real Estate. To engage the services of The Home Guru to market your home for sale, call him directly at 914-522-2076. He'll be happy to show you homes featuring pantries.

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Conservationist, Author to Speak in Chappaqua on Tigers' Survival

By Martin Wilbur

Conservationist Paul Rosalie understands better than anyone the challenges facing tigers.

Around the turn of the 20th century, there were an estimated 100,000 tigers worldwide, but in the ensuing decades many were killed for sport as tiger-hunting vacations were common in India, Rosalie said. Later, years of deforestation in their native lands has further contributed to their demise.

Today, there are about 3,000 tigers that survive, with India having the largest contingent. Some species of tigers are now extinct and several of the 11 remaining countries that have documented sightings literally have no more than a handful remaining, Rosalie said.

Their dwindling numbers are an ominous sign for the ecosystem, according to Rosalie.

"We call tigers umbrella species because if you protect the top of the food chain everything else can survive," Rosalie said. "If there are tigers, there has to be deer for tigers to eat and there has to be forests and with that there has to be everything else."

Rosalie's experiences tracking herds of elephants in India and

tigers throughout Asia and South America prompted him to write his first novel, "The Girl and the Tiger." The idea for the book, which will be released next week by Owl Hollow Press, originated when a 14-year-old girl urgently came to Rosalie's research station in the Amazon to tell him that there were two abandoned tiger cubs in her grandmother's village and the tigress was nowhere to be found.

Instead of writing what could be a dry non-fiction account of his experiences, which include coming face to face with elephants and tigers in the wild, Rosalie said that authoring a fictionalized story of the tiger as a refugee in their ever-shrinking habitat was the best way to convey his story. He called it a "kind of a take on Kipling's 'Jungle Book.'"

"So this book is really the result of a lot of things I experienced and this is the way it came out of me," Rosalie said.

Next Wednesday, Sept. 18, Rosalie will be at the Chappaqua Performing Arts Center to make a presentation about his book and his conservation work around the world. Rosalie has written for National Geographic, The Huffington Post and The Guardian. He has also spoken at the United



Conservationist and author Paul Rosalie gets up close and personal with a tiger during one of his many trips around the world. Rosalie will be speaking about his conservation efforts and about his new book at the Chappaqua Performing Arts Center on Sept. 18.

Nations when he was recognized for his short film on Amazonian wildlife, "An Unseen World."

This summer he was kept busy by some of the cable networks as one of the go-to experts on the Amazon when news of the spreading wildfires in the rainforest broke.

Rosalie said that although rainforests cover just 6 percent of the earth's surface, it accounts for

nearly half of the world's species.

For tigers and elephants who depend on the forests to survive, he said their future is in doubt unless the forests are saved.

"So many forests have been cut into very small chunks, so the remaining tigers and elephants have nowhere to go," Rosalie said. "They want to navigate, which is what they naturally do, they move through farms and villages, and

so I started hearing about these refugee tigers that travel by night and try to survive off of goats and dogs. It's just incredible."

While "The Girl and the Tiger" may sound like a children's story, Rosalie said it most definitely is not. The book describes in sometimes graphic detail the struggles and the horrors facing tigers.

Rosalie said that he hopes to continue to bring attention to the acute challenges they face. While many people are aware of the dangers to the planet if tigers become extinct, most are overburdened with daily life. Fortunately, India has committed its efforts to saving the tigers in its country, he said.

"I think because most of us live in cities globally and most of us get so involved in jobs and relationships and our families and surviving the modern economy, it almost seems like a fairy tale or something," Rosalie said. "That's why I feel like the power of a story is a way to reconnect this to people."

Rosalie's presentation at the Chappaqua Performing Arts Center, located at 480 Bedford Rd. within Chappaqua Crossing, is at 7 p.m. There is no charge to attend.



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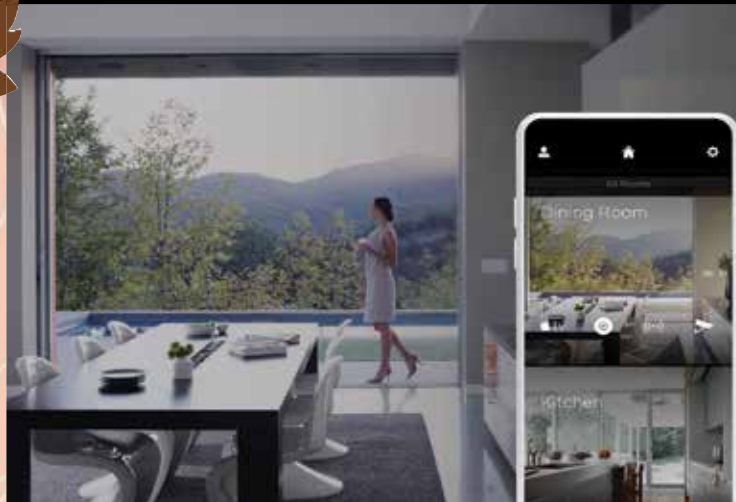
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Celebrating the Vulture: Carry on, Carrion Eaters

By Brian Kluepfel

In 1975, Robert Redford and Faye Dunaway starred in a spy thriller called "Three Days of the Condor," which was based on James Grady's novel "Six Days of the Condor." In South America, as far as we know, there are only two days of the condor. Let's hope there are many more to come.

This past Saturday was International Vulture Awareness Day (IVAD, to those in the know). The first Saturday in September various ecological groups recognize the vulture's crucial role in cleaning our ecosystems (www.vultureday.org). You call it carrion? The vulture calls it carry-out – or take-away, to be British about it. They clean up the stuff that nobody else wants.

Down south a bit in Ecuador, July 7 was indeed the National Day of the Andean condor. When I overcame my flash of anger at not being invited back for the celebration, I undertook some research and discovered that this celebration has been happening since 1991.

Not only that, but neighboring Colombia celebrates their Day of the Condor on Aug. 7. Man, I'm missing out.

But this news made me realize the large gap between public celebration and private concern; for as heavy as the condor is in Ecuadorian mythology, there are only about 100 left in the entire country.

They're in an even deeper crisis than we were in the 1960s when our national bird, the bald eagle, was in grave danger in the wild. (Our own North American vulture, the California condor, was briefly extinct in



the wild, until reintroduction efforts in the late 1980s brought back small populations in Utah, Arizona and parts of California.)

Imagine if your national symbol disappeared forever. What would you do, take the bird off the flag?

Some ignorance of the bird's role as ecosystem

cleaners – they eat carrion, but are thought by some farmers to prey on livestock – plays a role in their depredation. They actually don't have the capacity to kill; their talons aren't made for it. Recent legal cases, including one in Ecuador where a villager near Cuenca who killed a condor was jailed for six months, give hope.

A similar case near Mendoza, Argentina resulted in an arrest. The property owners were using a banned poison on their crops. This resulted in 34 dead condors in one fell swoop, as it were; there have been 66 such deaths in Argentina alone in the past year. A video showed this result in human terms: if this percentage of people were killed worldwide, it would equal the combined population of Argentina and Chile.

The Andean condor is the largest flying bird in the world, with a wingspan of nearly 11 feet. The Inca considered it the messenger between the worlds of the living and the dead. Can it be saved from the realm of the dead (i.e. extinction)?

Many fine groups, including my friends at the Jocotoco Foundation in Ecuador are working to save these awe-inspiring creatures.

I have condor bookmarks and condor liquor bottles, among other international bird bling. The Andean condor is a magnificent symbol, but are we approaching the day when it will be only that?

Brian Kluepfel is a travel and nature writer for the Lonely Planet guidebook series and editor for the Saw Mill River Audubon's quarterly newsletter. Parts of the above article appeared in his brianbirdwatching.wordpress.com blog. He lives in Ossining.

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Visit www.sawmillriveraudubon.org for details & more events and to learn about our eight local wildlife sanctuaries.

Happenings

Tuesday, Sept. 10

Reading With Tobie and Karen. For school age children. First-come, first-served. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 4 p.m. Free. Every Tuesday. Info: 914-273-3887 or www.northcastlelibrary.org.

Back to School Slime. Make some fun slime using glue, baking soda and other safe ingredients. For children four to 11 years old. (Children under five must be accompanied by a parent or caregiver.) Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Registration required. Info and registration: 914-864-0130.

Current Affairs Book Club. "The Mueller Report: Presented With Related Materials By The Washington Post Part I" will be discussed. Led by Daniel Vock. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 6:30 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Italian Language and Culture. Mara De Matteo, born and raised in Italy and passionate about her native language, combines lively conversation with grammatical instruction in her classes. She creates interactive lessons on the richness of Italian culture, past and present. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 6:30 p.m. Every Tuesday. Info: 914-273-3887 or www.northcastlelibrary.org.

Pajama Storytime. Join Miss Debbie for an evening that includes stories, songs and fun. Pajamas and stuffed animals are welcome. For children two to five years old and their families. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 6:30 to 7 p.m. Free. Every Tuesday (except Oct. 8). Info: 914-769-0548 or www.mountpleasantlibrary.org.

Open Book Club. "The Overstory" by Richard Powers will be discussed. New Castle Town Hall's Conference Room C, 200 S. Greeley Ave., Chappaqua. 7 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

"Black Orpheus." With its samba-heavy score by Luis Bonfá and Antônio Carlos Jobim, this tragic romance transposes the Greek myth to the modern context of a favela in Rio de Janeiro during Carnival. It won the Palme d'Or at Cannes and the Academy Award, the Golden Globe and the BAFTA Award for best foreign language film. Part of the Caramoor at the Burns: Movies Musicians Love series. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7 p.m. Members: \$10. Non-members: \$15. Info and tickets: Visit www.burnsfilmcenter.org.

"Shtisel: Behind the Scenes of the Unorthodox Orthodox Drama." Fans of the international sensation "Shtisel" are invited to join cast members of the hit drama including Doval'e Glickman, Neta Riskin and Ayelet Zurer along with writer and co-creator Ori Elon. They will host an insider's panel discussion that will include showing clips from the Israeli series. "Shtisel," which airs on Netflix, is a sensitive, loving portrayal of a multigenerational family living in Jerusalem that lifts the veil on family life in the Orthodox community, long hidden by its insularity. Westchester Reform Temple, 255 Mamaroneck Rd., Scarsdale. 7 to 8:30 p.m.

Tickets start at \$50. Info and tickets: Visit www.ujafedny.org/shtisel-westchester.

History and Biography Book Club. "Killer Angels" by Michael Shaara will be discussed. Ruth Keeler Memorial Library, 276 Titicus Rd., North Salem. 7:30 p.m. Free. Info: 914-669-5161 or www.ruthkeelermemoriallibrary.org.

Women Reading Women Book Club. "Rules for Visiting" by Jessica Francis Kane will be discussed. Copies of the book available at the circulation desk. New members welcome. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 7:30 to 8:30 p.m. Free. Info: E-mail denisedauriasommer@hotmail.com.

Legendary Tuesday Night Jam. This jam has fostered many great musicians over the years. Some have gone on to tour, win Grammy Awards and achieve celebrity status. You never know who you'll hear. Come on down, play or listen, dance, drink and enjoy. All levels of musical talent are welcome. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 8 p.m. No cover charge. Every Tuesday. Info: 914-747-4740.

Wednesday, Sept. 11

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10 to 10:30 a.m. Free. Every Monday and Wednesday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

New Mommy and Daddy Meet-Up. Whether it's your first child or your fifth, this is a great way to get out of the house, meet new friends and enjoy time with your baby. World Cup Nursery School, 160 Hunts Lane, Chappaqua. 10:25 to 11:10 a.m. Free. Every Wednesday. Info: 914-238-9267 ext. 20.

Toddler Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10:30 to 11 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Preschool Storytime. This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 11 to 11:30 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Mother Goose. Listen to stories and sing along with the librarian for a fun morning. The session incorporates picture books that focus on colors, shapes, letters and more. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 11 to 11:30 a.m. Free. Every Wednesday. Info: 914-273-3887 or www.northcastlelibrary.org.

Meditation. A session that helps to

remove stress and replace it with a dose of inner peace. It's one of the best tools to balance emotions, deal with physical and psychological distress and promote the peace of the present moment. Phelps Hospital, fourth floor, 755 N. Broadway, Sleepy Hollow 11 a.m. to noon. Free. Also Sept. 25 from 5 to 6 p.m. Info: 914-366-3937 or e-mail Vitality@northwell.edu.

Bilingual Storytime. Sing songs and read picture books in English and Spanish. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Wednesday. Info: Visit 914-666-8041 or www.mountkiscoliberalry.org.

Meditation Series: Midday Mind Break. Benefits of meditation include increasing focus and memory; increased health; reduced stress, anxiety and pain; and increased productivity and happiness. Led by Alka Kaminer. North Castle Public Library, 19 Whipoorwill Rd., East, Armonk. 12:15 p.m. Free. Also Sept. 18. Info: 914-273-3887 or www.northcastlelibrary.org.

Chair Yoga With Alka Kaminer. Experience greater flexibility, cardiovascular endurance and improved balance, strengthening and toning of muscles, better digestion, stress reduction, mental clarity, improved breathing, relaxation and an overall sense of well-being. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 1 p.m. Free. Also Sept. 18. Info: 914-273-3887 or www.northcastlelibrary.org.

"In a Lonely Place." Out-of-work screenwriter Dixon Steele (Humphrey Bogart) is the prime suspect in a horrifying Hollywood murder, and the only person who can provide a solid alibi is Laurel Gray (Gloria Grahame), a neighbor with a complicated and troubled past. Nicholas Ray's emotionally-charged adaptation is a wild mix of white-knuckle noir and devastating melodrama led by rock solid acting performances. Part of the Adapted: Page to Screen Film Club series. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 1 p.m. Members: \$18. Non-members: \$23. Info and tickets: Visit www.burnsfilmcenter.org.

People Love Yarn. Share your knowledge or learn from the group. All skill levels welcome. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 1 to 3:30 p.m. Free. Every Wednesday. Info: Contact Louann Rooney at rooneylm@optonline.net.

Affordable Care Act Navigator. A trained navigator provided by the county Department of Health will be available to help people with choosing and signing up for health insurance under the Affordable Care Act and the state health marketplace. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 2:30 to 7 p.m. Free. Every Wednesday. Also Thursdays from 1 to 6 p.m. and Saturdays from 10 a.m. to 2 p.m. Appointment required. English only on Wednesdays. Appointments available in Spanish on Thursdays and Saturdays. Info and Wednesday appointments: 914-336-6026. Info and Thursday and Saturday appointments: 914-336-6935.

Science Lab. Become junior scientists and learn about different science topics through stories, crafts and experiments. For children four to six years old. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk.

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Martin Wilbur at mwilbur@theexaminernews.com.com.

4 to 5 p.m. Free. Every Wednesday. Info: 914-273-3887 or www.northcastlelibrary.org.

Knitting at the Library. Knitters and crocheters of all skill levels. For ages 10 and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 5:30 p.m. Free. Also Sept. 18. Info: 914-864-8041 or www.mountkiscoliberalry.org.

LEGO Club. We provide the LEGOs, you bring your imagination. A fun-building club for students in grades 2-6. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 6 p.m. Free. Meets the second Wednesday of each month. Registration required. Info and registration: 914-864-8041.

Taconic Opera's 22nd Anniversary Gala: Opera Goes to Sea. Taconic Opera, now in its 22nd season and past recipient of the Arts Organization of the Year Award in Westchester County, will hold its annual fundraiser gala. Guests will dine on sumptuous cuisine and honor important supporters of the arts while being treated to a variety of arias, duets and ensembles from opera's collection of songs related to the sea and those who sail them. Several of the company's most favored singers will take you on a journey on the high seas and the high Cs, an evening that the listener won't forget for a long time. All proceeds support Taconic Opera's exciting 2019-20 season. C.V. Rich Mansion, 305 Ridgeway, White Plains. 7 p.m. \$150, \$200 and \$250. Discounts available for groups of two or more and tables of eight. Info and tickets: 855-866-7372 or visit www.taconicopera.org.

Art Series: Up in Smoke, Notre Dame Cathedral, Part I. A brief introduction to the history, art and architecture that is Notre Dame Cathedral. Discussion will focus on the fire that devastated this world cultural site as well the plans for rebuilding. Discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Thursday, Sept. 12

Breakfast Club. Designed especially for seniors. Each program includes breakfast, a presentation on healthy lifestyles topic and a light exercise program to improve strength and balance. Also a great opportunity for older adults to socialize with their peers. Phelps Hospital cafeteria, 701 N. Broadway, Sleepy Hollow. 10 a.m. Free. Registration required. Info and registration: 914-366-3937 or e-mail vitality@northwell.edu.

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10 to 10:30 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

Knitting Circle. This group is open to everyone who has an interest in knitting. Live, love, laugh, learn and have fun together during these creative journeys. Come share patterns and ideas and celebrate creative

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Suggestions for Those Contemplating Pairing Wine With Sushi



By Nick Antonaccio

The ever-growing popularity of sushi can be a challenge for wine lovers. Each sushi offering has its own unique characteristics, which pairs differently with alcoholic beverages. Matching wine with sushi is becoming more common with the proliferation of sushi bars and restaurants. It seems to me that in a number of neighborhoods in New York City, there are as many sushi establishments as there are pizzerias or Asian-themed take-outs.

Add to this the growing number of traditional (non-sushi) restaurants that now offer sushi as a separate section of their menu and the number of food halls springing up all over the New York metropolitan area and it's clear that sushi as a cuisine is now mainstream.

The traditional beverage match-ups still hold up well, but, true to the goal of this column, let's explore alternatives that you might not otherwise consider.

First, the traditional match-ups, beer and Rieslings. I must admit that a glass of Sapporo or other Japanese imported beers

seem to be the perfect foil to nearly all types of sushi. The frothy, slightly bitter taste of these beers offsets the oiliness of fish, the tanginess of pickled ginger, the saltiness of soy and the heat of wasabi.

Riesling, on the other hand, has a balance of sweetness and acidity that matches well with the fatty flavor of fish and the saltiness of soy. Keeping these complementary combinations in mind, let's consider alternatives.

First, and foremost in my mind, is sparkling wine. It is perfect for cutting the oiliness of certain raw fish and complementing the salt and fire of a number of dishes. The bubbles seem to wash away the aftertastes, clear the palate and set it up for the next bite. The steely, yeasty notes contrast with the textures and flavors of sushi. In today's market there is a proliferation of fine sparklers under \$25.

Specific types of sushi have distinct tastes and characteristics that pair better with specific wines. For example, let's examine the two major categories of tuna.

First, maguro, the bluefin variety, which in appearance (red) and texture is very similar to raw beef. As with beef, a pinot noir's versatile combination of soft texture, low tannin, zest and complex flavors is a nice match. The medium-bodied fruit components complement but don't compete

with the oiliness of the fish while the subtle structure and flavor profile tame the wasabi and pickled ginger. Oregon pinot noirs offer a nice cross between French Burgundies and those from the northern California coast.

The second category of tuna is ahi, the yellowfin variety, which is white and milder in flavor than the maguro. It calls for a lighter style of wine. A perfect match is a well-balanced chardonnay. The natural fruit and minerality of the chardonnay complement the oil in the tuna and the crispness offsets the zest of the wasabi. Try a Chablis version from Burgundy.

What works with the most popular types of handrolls such as salmon, eel, octopus, crab and/or avocado, cucumber or seaweed? Try a Beaujolais or a New Zealand Sauvignon Blanc. The earthy, fruity characteristics of Beaujolais pair well with the mildness of handrolls. In particular, a Moulin-a-Vent from Burgundy is light and crisp and brings out the subtleties in most hand or maki rolls.

Conversely, a crisp Sauvignon Blanc with a hint of melon or lemon grass will also pair

well; the minerality offsets the oiliness of the milder fish and the slight fruitiness or grassiness brings out the subtle flavors in the rolls.

If you are a sushi purist, you likely enjoy one type of sushi at a sitting. You can easily pair a specific wine with your meal. If you are like me, the most enjoyable aspect of ordering sushi is mixing and matching. This makes wine pairing a bit more challenging, but, in my opinion, sparkling wine bridges these profiles best.

In the end, it's all about experimenting and departing from the norm. I'm sure you're up for the challenge.

Nick Antonaccio is a 40-year Pleasantville resident.

For over 25 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.

You Heard It Through the Grapevine

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spirits together while enjoying the ancient art of knitting. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 10 a.m. to 12:30 p.m. Free. Every Monday and Thursday. Info: 914-273-3887 or www.northcastlelibrary.org.

Lifeline Theater Music Program. An outlet for unlocking the potential of children and adults with special needs through integrated arts and life skills programs. Drop in anytime and join founder Billy Ayres as he uses singing, dancing, creating plays, artwork and gardening to help participants realize their strengths and potential contributions to their communities. Ayres has created a technique called improvisational integrated music/drama. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 10 a.m. to 5 p.m. Free. Every Thursday from 10 a.m. to 5 p.m. and every Friday from 10 a.m. to 2 p.m. Info: Visit www.lifelinetheaterinc.org/index.html.

Toddler Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10:30 to 11 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

Osteoporosis Program. For people concerned about bone loss and fractures. Physicians, therapists and dietitians meet to discuss risk factors, causes, proper body mechanics and medication options. Phelps Hospital Boardroom, C Level,

701 N. Broadway, Sleepy Hollow. 10:30 to 11:30 a.m. Free. Registration required. Info and registration: 914-366-3937 or e-mail vitality@northwell.edu.

Storytime. This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 11 to 11:30 a.m. Free. Every Tuesday and Thursday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Bounce the Baby. Enjoy simple stories, fingerplays and lap-sit songs for early literacy skills. Incorporates board books that focus on singing to, moving with and playing alongside your babies as instructed by the librarian. For children three to 18 months old. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 11 to 11:30 a.m. Free. Every Thursday. Info: 914-273-3887 or www.northcastlelibrary.org.

Storytime. For children 18 months to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Thursday. Info: Visit 914-666-8041 or www.mountkisco.org.

Book Lovers. "Less" by Sean Greer will be discussed. Led by Barbara Bernstein. New Castle Town Hall Conference Rooms A and B, 200 S. Greeley Ave., Chappaqua. 1 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Mahjongg Club. Intermediate players welcome. Participants must bring their own set. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 p.m. Free. Every

Thursday. Info: 914-666-8041 or www.mountkisco.org.

National Theatre Live: "Fleabag." See the hilarious, award-winning one-woman show that inspired the Amazon/BBC hit TV series "Fleabag," broadcast live to cinemas from London's West End. Written and performed by Phoebe Waller-Bridge and directed by Vicky Jones, it is a rip-roaring look at some sort of woman living her sort of life. "Fleabag" may seem oversexed, emotionally unfiltered and self-obsessed, but that's just the tip of the iceberg. With family and friendships under strain and a guinea pig café struggling to keep afloat, "Fleabag" suddenly finds herself with nothing to lose. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 2:30 p.m. Members: \$25. Non-members: \$35. Info and tickets: Visit www.burnsfilmcenter.org.

Pre-K Storytime With Craft. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 p.m. Free. Every Thursday. Info: 914-273-3887 or www.northcastlelibrary.org.

DIY Magnetic Homework Holder. Get organized this school year with this handy homework holder that is perfect for lockers. For students nine to 15 years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Registration required. Info and registration: 914-864-0130.

Where Do I Go From Here? An evening of resources to assist you with the next chapter of your life featuring information regarding real estate services, moving/storage/logistics company, will and estate attorneys, financial planners, organizers, assisted living and 55 and up communities.

Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 6:30 p.m. Free. Info: 914-666-8041 or www.mountkisco.org.

Read to Rover. Dogs love listening to stories. Come meet Rover and read your favorite story. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 5 to 6 p.m. Free. Every Thursday from 5 to 6 p.m. and Saturdays 11 a.m. to noon. Info: 914-666-8041 or www.mountkisco.org.

"The Lowdown on Thyroid Slowdown." Dr. Stacie Kahan and Dr. Kay Lovig, two endocrine experts, will discuss common symptoms relating to thyroid disorders and how to take the first step toward diagnosis and treatment. Part of White Plains Hospital's Well Aware interactive lecture and dinner series. White Plains Center for Cancer Care, 2 Longview Ave., White Plains. 6 p.m. Free. RSVP required. Info and RSVP: E-mail Aisling Feighery.

"Downton Abbey." A special preview screening based on the television series followed the lives of the Crawley family and the servants who worked for them at the turn of the 20th century in an Edwardian English country house. Over its six seasons, the series garnered three Golden Globe Awards, 15 Primetime Emmy Awards and 69 Emmy nominations, making it the most nominated non-U.S. television show in the history of the Emmys, and earning a special BAFTA award and a Guinness World Record for the highest critically rated TV show. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7 p.m. Members: \$10. Non-members: \$15. Info and tickets: Visit www.burnsfilmcenter.org.

"No Small Matter." Designed to

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kickstart the public conversation about early childhood care and education, this is the first feature documentary to tackle this topic. This multifaceted project unveils how the United States raises its youngest citizens, exploring why making the most of this time of their lives is so crucial, and most importantly, what can be done to change the perception of when learning begins. Through poignant, inspiring stories and surprising humor, the film lays out the overwhelming evidence for the importance of the first five years, revealing how our failure to act has resulted in an everyday crisis for American families and a slow-motion catastrophe for the country. Followed by a Q&A with leaders in childhood development. Presented in partnership with the Ossining Children's Center. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7:10 p.m. Members: \$12. Non-members: \$17. Info and tickets: Visit www.burnsfilmcenter.org.

Friday, Sept. 13

Alzheimer's Caregivers Support Group. Alzheimer's is life-changing for both those who are diagnosed and those close to the victim. This group provides a safe place for caregivers, family and friends of those with dementia to meet and develop a mutual support system. Phelps Hospital, Room 545, 755 N. Broadway, Sleepy Hollow. 10 a.m. Free. Registration required. Info and registration: E-mail vitality@northwell.edu.

ZUMBA® With Amy. Fun cardio dance fitness workout, low-impact approach, easy learning environment. This feel-good workout is exercise in disguise. Free trial class available. Addie-Tude Dance Center, 42 Memorial Plaza, lower level, Pleasantville. 11 a.m. to noon. \$14 drop-in fee. Every Friday. Also Tuesdays from 10 to 11 a.m. Walk-ins welcome. Info: Call or text the instructor at 914-643-6162 or visit www.amyolin.zumba.com.

Music With Miss Laura. Stories, songs, finger plays and movement activities. For children from 18 to 36 months. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 11:30 to noon. Free. Every Friday. Info: 914-273-3887 or www.northcastlelibrary.org.

Full Moon Wolf Walk. Celebrate the September full moon with more than 50 moon-loving wolves. While enjoying nature's summer chatter by the outdoor fire pit, guests will enjoy seasonal treats and the symphony of howls. Guests will learn about the history of wolves in the United States, their importance in a healthy ecosystem and the efforts to save these magnificent creatures for future generations. Guests will also take a short moonlit walk to visit ambassador wolves Alawa, Zephyr and Nikai. Please bring flashlights. Wolf Conservation Center, South Salem. 6 p.m. \$20. Pre-registration required. Info and pre-registration: Visit www.nywolf.org.

Teen Movie and Pizza. "A Dog's Journey" will be screened. Snacks, beverages and pizza will be provided. For children 10 years old and up. Families are also welcome. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 6 to 8:30 p.m. Free.

Registration suggested. Info and registration: E-mail CPaulsen@wlsmail.org.

Opening Reception for "Duende." This exhibition features work by contemporary artists Susan English and Elizabeth Gourlay. Kenise Barnes Fine Art, 1947 Palmer Ave., Larchmont. 6:30 to 8 p.m. Free. Exhibit continues through Nov. 2. Gallery hours are Tuesday through Saturday 10 a.m. to 5:30 p.m. and by appointment. Info: 914-834-8077 or visit www.kbfa.com.

Clearwater Walkabout Chorus. Founded by Pete Seeger, this choral group promotes his vision of fostering social, environmental and historical awareness through folk music. Chappaqua Performing Arts Center, 480 Bedford Rd., Chappaqua. 7 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Friday Night Film Series: "In a Better World." This Oscar-winning Danish drama looks at the two lives of Anton: his complicated life as it falls apart in Denmark and his even more complicated work as a doctor in a refugee camp in Africa. Bullying at home is echoed by a warlord's dangerous control in Africa, and in both places, decisions must be made about how to live life while doing the right thing. An incredibly compelling, beautifully shot film. In Danish, Swedish and some Arabic and English with English subtitles. Post-screening discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Westchester Photographic Society. Members compete in digital competitions of color and "open mind." Critiqued by a professional judge. Must be at least 18 years old to attend. Westchester Community College's Technology Building, Room 107, 75 Grasslands Rd., Valhalla. 8 p.m. Free. Info: 914-827-5333 or visit www.wpsphoto.org.

Saturday, Sept. 14

Pleasantville Farmers Market. Experience the largest, year-round farmers market in Westchester, voted "Best of Westchester" six years in a row from 2014 to 2019, with over 50 vendors and eight nearby parking lots. This week, there will be yoga with Jeanine Gayeski from 9:30 to 11 a.m., the music series will feature old-time music by the Shovel Ready String Band from 10 a.m. to noon, PleasantvilleRecycles will visit from (8:30 a.m. to 12:30 p.m. Also, today is Hillside Donation Day. Memorial Plaza, Pleasantville. 8:30 a.m. to 1 p.m. Rain or shine. Please note the market is a dog-free environment. Saturdays through Nov. 23. Info: Visit www.pleasantvillefarmersmarket.org.

Chappaqua Farmers Market. Locally-raised and produced food to the community creating a connection between shoppers and small-scale food producers in the region. Chappaqua train station, Chappaqua. 8:30 a.m. to 1 p.m. Saturdays through November. Info: Visit www.chappaquafarmersmarket.org.

Zumba Fitness. Achieve long-term benefits while having a blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life. For all fitness levels.

Dance Emotions, 75 S. Greeley Ave., Chappaqua. 10 a.m. Every Monday and Wednesday at 9 a.m. and Saturdays at 10 a.m. Drop in or weekly discount rates available. Info: Contact Peggy at 914 960-4097.

Library Board of Trustees Book Sale. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 10 a.m. to 3 p.m. Info: 914-666-8041 or www.mountkisco.org.

Repair Café. Do you have appliances, bikes, electronics, toys, jewelry, clothing and textiles and items made of wood you would like to fix? Bring them to this café manned by local volunteers who try to fix anything. Refreshments available. St. John's Episcopal Church, 8 Sunnyside Ave., Pleasantville. 10 a.m. to 3 p.m. Free. (A donation to the Hillside Food Outreach is requested.) Info: Visit Pleasantville Repair Café on Facebook or on Instagram @pvillerepaircafe.

Practice Tai Chi With Larry Atille. Learn specific feldenkrais and chi kung breathing techniques for deep relaxation and apply them to tai chi movement. This is a hands-on class that will be geared to the level of experience of the class and challenge all participants. Wear comfortable clothes and bring a floor mat or towel. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 10:30 a.m. Free. Every Saturday. Info: 914-273-3887 or www.northcastlelibrary.org.

Adult Salsa Class. Addie-Tude Performing Arts Center, 42 Memorial Plaza (lower level), Pleasantville. 11:30 a.m. to 12:30 p.m. Free. \$12. Every Saturday. Info: 917-215-1720 or visit www.addie-tude.com. Call or visit website because classes are subject to change.

"Harry Potter and the Chamber of Secrets." Harry Potter, Ron and Hermione return for a second year at Hogwarts, where they quickly learn something is amiss: students are being petrified like statues, threats are written in blood on the walls and a deadly monster is on the loose. It seems that someone has opened the mysterious Chamber of Secrets. As Harry, Ron and Hermione set out to discover who opened the chamber, speculation is rife that the culprit may be fellow student Draco Malfoy. Part of the JBFC Potter-thon. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. Noon. Members: \$9. Non-members: \$13.50. Children (13 and under): \$7.25. Info and tickets: Visit www.burnsfilmcenter.org.

Bugging Out. Learn about Earth's forgotten heroes – bugs. In this program, meet some interesting insects and hear about the important jobs they do for our ecosystems such as pollination and decomposition. Explore local wildlife on a bug hunt and complete a craft that will help make the community an oasis for these cool creatures. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 1 to 2 p.m. Members: \$5. Non-members: \$8. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

Drop in for Tech Help. Receive assistance with any of your technology devices. PC, Google, Microsoft savvy volunteers help with troubleshooting, downloading, Overdrive, Freegal, Hoopla or any other online service. First-come, first-served. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 to 2:30 p.m. Free. Every Saturdays from 1 to 2:30 p.m. and every Tuesday from 3

to 4:30 p.m. Info: 914-666-8041 or www.mountkisco.org.

Wolves of North America. Learn about the mythology, biology and ecology of wolf families and discover why it's a special time for packs in North America. Whether the wolves are living on the Arctic tundra or the woodlands of the southwest, wolf families are out searching for prey as they celebrate the birth of pups. Guests will visit ambassador wolves Alawa, Nikai and Zephyr and possibly the critically endangered red wolves and Mexican gray wolves as well. Wolf Conservation Center, South Salem. 2 p.m. Adults: \$14. Children (under 12): \$11. Also Sept. 21 and 28 at 11 a.m. and Sept. 22 at 1 p.m. Pre-registration required. Info and pre-registration: Visit www.nywolf.org.

Open Mic at the Library Café. Come and perform in the intimate setting of the Library Cafe. If you're better at spotting talent in others, the sit back and enjoy a cool glass of iced tea while others show off their vocal stylings, comedic timing, instrumentation, poetic creations and/or dramatic interpretations. All ages welcome. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 4 to 5 p.m. Free. Registration required to perform. Info and registration: 914-273-3887 ext. 3.

Block Party: Mark Morganelli & The Jazz All-Stars. Trumpeter and flugelhornist Mark Morganelli leads his group, which includes Abelita Mateus, Steinway & Sons piano, fender rhodes, vocals; Eddie Monteiro, mini-accordion, vocals; Monika Oliveira, vocals; Nilson Matta, bass; Adriano Santos, drums; Nanny Assis, percussion, guitar, vocals; and Carlos Barbosa-Lima, guitar. Includes complementary soft drinks, craft beer, wine and specialty cocktails along with light refreshments. Rain or shine. Katonah Museum of Art, 134 Jay St., Katonah. 6 to 8 p.m. Members: \$20. Non-members: \$25. Children (under 18): Free. Info and tickets: Visit www.katonahmuseum.org.

Showtime's Funny Women of a Certain Age. Direct from Showtime, this is a show straight from the unfettered mouths and uninhibited minds of the funniest, most daring, most experienced people in comedy – the women that have seen it all. They've raised children both on and off the road with big hairy club bouncers cradling their babies while onstage. These women have stayed in comedy condos where you don't want to use a blacklight on anything. They've been told women aren't funny and asked to trade sexual favors for work. They have a lot to say, and they say it hysterically. Featuring a rotating cast of female headliners over 50 years old. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 8 p.m. \$20. Info and tickets: Visit www.lucyslounge.com.

Emmett Cohen Quartet. George Coleman and Jimmy Cobb. Recognized as a prodigy who began playing at three years old, multifaceted American jazz pianist and composer Emmet Cohen has emerged as one of his generation's most pivotal figures in music. With George Coleman and Jimmy Cobb. White Plains Performing Arts Center, 11 City Place, White Plains. 8 p.m. \$29 to \$44. Info and tickets: 914-328-1600 or visit www.wppac.com.

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Theater Education, Performance for All Ages at P'ville's Arc Stages

By Abby Luby

The wonder of creative energy and how it is expressed can be a mystery. Unraveling that mystery are artists, performers and teachers, adept at showing us how to access our creative imaginations.

In Pleasantville, beyond the industrial façade of a warehouse at the end of Wheeler Street, a wealth of innovative, creative expression is alive and well. That place is Arc Stages.

The reach of Arc Stages is wide and multidimensional and offers a diverse number of community and educational programs for all ages. Every aspect of performance is taught – from original productions staged by students to full-fledged professional shows throughout the year.

At the helm of the facility is the husband-and-wife team of Adam Cohen and Stephanie Kovacs. Cohen is the artistic director and composes music for many of the productions while Kovacs is artistic director of the Educational Stage. Galit Sperling is the director of education and a teaching artist. Joining them throughout the year is an ancillary teaching and performance staff working on an as-needed basis.

"We have a small, core staff who are always here in the trenches," Kovacs said. "But for classes and performances, when you start adding teachers and musical directors, the staff expands exponentially."

Arc Stages has many educational components.

"We really see theater as a tool for

unleashing creativity, for building self-confidence," Sperling explained. "We are a safe haven for actors of any age, where they can let their imagination run wild and feel empowered to explore themselves, try on different roles to discover different aspects of themselves."

Riley Bates, 17, began classes at Arc Stages when she was in fourth grade and has acted in every fall and spring educational production since.

"Arc is a place where everyone can come and be themselves," Bates said. "It doesn't matter what the show is, it's more about the bonding experience between cast members. That's the most important part."

Her favorite show was last year's production of "Urinetown." Her character was the evil business executive Caldwell B. Clodwell.

"It got me out of my comfort zone," Bates recalled. "Arc is very good about using different characters as a learning experience. It's a chance to be someone besides yourself."

Paige Sauter, 16, has been taking classes at Arc Stages since she was about 12. Her favorite character was in the same production of "Urinetown," when she played Mrs. McQueen, Clodwell's secretary.

"Although I was one of the main characters, it wasn't super intensive," Sauter said. "I was comfortable and felt I could live up to the role."

Arc Stages' fall educational sessions start the week of Sept. 23 with classes and workshops for children from preschool to



ABBY LUBY PHOTO

Left to right, Galit Sperling, director of education at Arc Stages; students Paige Sauter and Riley Bates; Stephanie Kovacs, artistic director of the Educational Stage; and Zeke Cohen, Kovacs' and Cohen's nine-year-old son, outside the Pleasantville theater.

high school. New to their impressive roster of classes is "Little Arcs" for children 10 months to two years old.

Teaching the youngest students is Stacey Bone-Gleason, a new mom and an actor with degrees in childhood educational and theater, Kovacs said. Each class will offer a different theme with singing, movement, instruments and puppets.

"We wanted this new class to be educational and fun," said Kovacs.

For the last five years, Arc Stages has created a vital partnership with local schools to inspire youngsters to understand and partake in the full spectrum of the performance arena. The Bedford Road School, Bedford Hills Elementary, Pocantico

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Happenings

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Sunday, Sept. 15

Pack Chat for Kids. This is the best introduction to wolves for families with young children. Kids will learn about the mythology surrounding wolves and the important role they play in the natural world. This is an exciting time for wolves as they are out searching for prey as they prepare for the birth of this year's pups. Guests will visit ambassador wolves Alawa, Nikai and Zephyr and possibly the critically endangered red wolves and Mexican gray wolves. Wolf Conservation Center, South Salem. 11 a.m. Also Sept. 29 at 11 a.m. and Sept. 21 at 2 p.m. Adults: \$14. Children (under 12): \$11. Pre-registration required. Info and pre-registration: 914-763-2373 or visit www.nywolf.org.

Demystifying Medicare and Healthcare Coverage for Seniors. This engaging, interactive program of the library system's Westchester Seniors Out Speaking is perfect for anyone trying to navigate the complicated healthcare system for older adults. It will help those who already have Medicare, as well as people soon to be 65, planning their retirement or assisting relatives and friends with their medical decisions. The workshop outlines the various parts of Medicare and lays out the costs associated with health insurance provided by the government and private companies. Topics include original Medicare, Advantage Plans, prescription drug plans (Part D), Medigaps (supplemental plans) and various cost-saving programs (MSPs, Extra Help, EPIC, etc.). Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 1:30 to 4:30 p.m. Free. Walk-ins welcome; pre-registration preferred. Pre-registration: 914-231-3236. Info: Visit www.westchesterlibraries.org/westchester-seniors-speaking-out.

Southeastern Howls. The Wolf Conservation Center participates in the Species Survival Plan (SSP) and Recovery Plan for the critically endangered red wolf. But what does this mean? Learn what it takes to help save a species from the brink of extinction. Guests will get an inside look at the challenges currently facing the red wolf population both in the wild and captivity and what these challenges mean for the future of this species. Guests will visit the ambassador wolves and potentially behold the critically endangered red wolves and Mexican gray wolves. Wolf Conservation Center, South Salem. 2 p.m. Adults: \$14. Children (under 12): \$11. Pre-registration required. Info and pre-registration: Visit www.nywolf.org.

Camerata's 36th Anniversary Concert. The troupe will pay tribute to Mozart's best with works from 1770 to 1775. Enjoy this musical celebration commemorating 36 years of Camerata. Westchester Community College's Classroom Building, Room 200, 75 Grasslands Rd., Valhalla. 3 p.m. \$24. Seniors: \$22. Students: \$16. This show and the Feb. 2 show: \$42. Info and tickets: 914-606-6262 or visit www.sunywcc.edu.

It's De-Lovely: A Tribute to Cole Porter. New Rochelle Opera will present this

full musical theater concert. The concert will feature selections by Cole Porter to celebrate the 85th anniversary of the ever-popular musical, "Anything Goes." Includes artists Roseanne Ackerley (soprano), Anna Tonna (mezzo-soprano), Zachary Sebek (tenor) and Wayne Hu (baritone), with accompaniment by Georgianna Pappas, and narration by company co-founder and artistic director Camille Coppola. Iona College's Christopher Murphy Auditorium, 715 North Ave., New Rochelle. 3 p.m. \$28. Seniors: \$25. Non-Iona students: \$15. Iona students and staff: Free. Info and tickets: 800-838-3006 ext. 1 or visit www.nropera.org.

Sunset Yoga in the Park. Meet some of the instructors from Tovami Yoga and fellow yogis. Bring your own mat or towel. All levels welcome. Kensico Dam Plaza, 1 Bronx River Parkway, Valhalla. 4 to 5:15 p.m. Free. Registration required. Info and registration: Visit www.thewpf.org/events.

2nd Annual Jazz-Era Picnic in the Park. The New Castle Historical Society will again host a Jazz-era picnic in the park. Michael Arenella and his Dreamland Orchestra will grace the ears and electrify the dancing feet of all those attending the historical society's annual fall benefit. Guests are encouraged to picnic, eat, drink and dance while sporting 1920s-themed garb. Event supporters and table sponsorships are also available and include a family-style gourmet picnic by Crabtree's Kittle House, wine, commemorative Jazz-Era Picnic in the Park tote bags and a premium orchestra view. Chappaqua train station lawn, Chappaqua. 5 p.m. Members: \$30. Non-members: \$35. Children: \$15. Info and tickets: Visit www.newcastlehs.org or www.eventbrite.com.

Monday, Sept. 16

Master Networker Meeting. Join this high-energy interactive membership network of learning-based, service-oriented entrepreneurs and business leaders. Come be a guest any Wednesday to learn more about this world-class business training and referral program. 719 Bedford Rd., Bedford Hills (next to ShopRite). 7:30 to 8:30 a.m. Free. Every Monday. RSVP suggested. Info and RSVP: Contact Tina Campbell at 914-441-1383 or e-mail tinacampbell@masternetworks.net or drop in.

Morning Bird Walk. Go birding with the Saw Mill River Audubon. Beginners welcome. Rain or shine. Rockefeller State Park Preserve. (Use Sleepy Hollow Road entrance.) 7:30 a.m. Free. Meets the third Monday of each month. Info: Visit www.sawmillriveraudubon.org.

Foreign Policy Discussion Group: China's Foreign Policy and Military Profile. The guest speaker will be Malia Du Mont, chief of staff, Bard College and former director of strategy, for the office of the secretary of defense. Facilitated by Richard Dye. Chappaqua Performing Arts Center, 480 Bedford Rd., Chappaqua. 10 a.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Robert the Guitar Guy. Play along with some of your favorite songs. Everyone is a musician here. For children four to eight years old. North Castle Public Library, 19

Whippoorwill Rd. East, Armonk. 4 to 4:30 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Make a "Forky" or Two. A forky is a white spork outfitted with a pair of google eyes, a mouth made out of blue clay dough, two halves of a tongue depressor for a pair of feet and both arms and eyebrows made out of red bendy yarn. For children five years old and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Registration required. Info and registration: 914-864-0130.

Pressed Flowers Box. Summer may be ending but you can preserve your warm weather memories with a beautiful pressed flower craft. Create a keepsake box perfect for storing jewelry, stationary or trinkets. Requires some fine motor skills. All supplies provided. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6 to 7 p.m. Free. Registration required. Info and registration: 914-273-3887 ext. 3.

Belly Dancing. Learn this captivating Middle Eastern dance and enrich your cultural knowledge. Whether you want to dance professionally or just have fun and get in shape, this is the place to start. Josie's International School of Dance, 42 Memorial Plaza, Level B, Pleasantville. 7 p.m. \$20. Every Monday. Info: 914-332-8670 or visit www.josiedance.com.

Tuesday, Sept. 17

Music & Movement. Shake, shimmy and dance. For children two to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkiscoliberal.org.

Sign and Play With Chloe. A fun, musical early-communication program for children and caregivers to enjoy together. Based on the award-winning Baby Signing Time series, this class uses songs and games to help families learn to communicate using real signs from American Sign Language. Taught by certified instructor and professional children's entertainer, Chloe from Chloe's Kids. For children up to three years old. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 11:30 a.m. to 12:30 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Bridge for Advanced Beginners and Intermediate Players. Learn what it takes to become a better bridge player and have fun doing it. Classes offer a mini-lesson and in-class hands to bid and play. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 1 to 3 p.m. Free. Every Tuesday. Info: 914-273-3887 or www.northcastlelibrary.org.

Happy Tea Hour. Now's your chance to enjoy a full cup of loose-leaf tea. Enjoy a full cup of freshly brewed tea using the leaves left over from previous tea programs. This is a great way to savor the flavor a bit longer, explore the preferences of your palate and enjoy conversation centered around tea, without a formal program. Bring your own mug or use the paper ones. Bring your own snack. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 2 p.m. Free. Every Tuesday. Sign-up required. Info and

sign-up: 914-273-3887 ext. 3.

Earring Making. Learn to make earrings while helping a good cause. For every pair of earrings you make, make another pair that will be donated to a battered women's shelter. Led by Joan Lloyd. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 5:30 p.m. Free. Info: 914-666-8041 or www.mountkiscoliberal.org.

DIY Pirate Telescope. Every pirate needs a telescope to spy on the enemy. Make yours from a paper cup and toilet roll. For children three to 11 years old. (Children under five must be accompanied by a caregiver.) Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Registration required. Info and registration: 914-864-0130.

Mount Kisco Public Library Board of Trustees Meeting. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 6:30 to 8:30 p.m. Info: 914-666-8041 or www.mountkiscoliberal.org.

Armonk Readers Book Club. Author Mary Beth Keane will be on hand to discuss her new novel "Ask Again, Yes," a profoundly moving story about two neighboring families in a suburban town, the bond between their children, a tragedy that reverberates over four decades, the daily intimacies of marriage and the power of forgiveness. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6:45 p.m. Free. Registration requested. Info and registration: 914-273-3887 ext. 3.

"Angels are Made of Light." From Academy Award-nominated director James Longley, this stirring and beautiful documentary traces the lives of young students and their teachers at a school in the old city of Kabul. Interweaving the modern history of Afghanistan with present-day portraits, this film offers an intimate, gorgeously presented vision of a society living in the shadow of war. Part of the Global Watch: Crisis & Social Action series. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7 p.m. Members: \$10. Non-members: \$15. Info and tickets: Visit www.burnsfilmcenter.org.

Saw Mill River Audubon Nature Book Club. "American Eden" by Victorian Johnson will be discussed. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 7 to 8:30 p.m. Free. Info: E-mail office@sawmillriveraudubon.org.

Wednesday, Sept. 18

Livable Communities Celebrate Aging Village Fair. This seventh annual event for seniors and their families will include StepWise Balance Fitness for an upbeat approach to fall prevention, which includes Tai Chi and Line Dancing. Also, experience, the county's Telehealth Intervention Program for Seniors (TIPS) where seniors can have their vital signs monitored for free and receive a packet on Department of Senior Programs and Services programming. The Lois Colombo Trio will perform live jazz. Mount Pleasant Community Center, 125 Lozza Drive, Valhalla. 10 a.m. to 2 p.m. Free. Registration required for lunch. Info and lunch registration: Contact Jennifer Crawford at 914-813-6263 or jqsu@westchestergov.com.

Theater Education, Performance for All Ages at P'ville's Arc Stages

continued from page 27

Hills, Pleasantville Middle School, Yonkers' Thomas Cornell Academy and Temple Beth El in Chappaqua have students taking a three-part playwriting program. Students see short plays written by youngsters and acted by adults.

"They get a taste of what will happen down the road," Kovacs said. "We pause throughout the performance and highlight aspects of the play such as story structure, character, conflict, plot and setting – all of which align with the schools' ELA curriculum."

After the performances, teachers take a group of students and play games that focus on key theater and writing components.

Adult classes include an eight-week improv comedy class led by Jonathan Evan Goldberg, the president and co-founder of Cherub Improv. This year, a new Joanna Gleason workshop, "For A Song," offers participants an opportunity to work on songs in their repertoire with Gleason, a Tony Award-winning actor, teacher and director.

Another adult group is The Community Stage, a community-based theater company for actors, singers and technicians with varied backgrounds who perform American musicals and dramas. An upcoming show is "Hedwig and the Angry Inch," a rock musical that has a three-week engagement starting Sept. 27, is a production of Arc

Stages' The Next Stage, a professional theater company presenting contemporary productions.

The success of Arc Stages comes from a fluidity that allows for building programs based on who is involved.

"Overall, there is an ebb and flow to what we program," Cohen said. "Some programs depend on who is participating and their particular talents. Sometimes we have to pull back on some productions, other times we run with it."

Arc Stages is a nonprofit organization that receives support from myriad sources including ArtsWestchester, corporate grants, foundations and individual contributions. Revenue also comes from ticket sales and tuition-based programs.

In the hall outside of Arc Stages' 99-seat theater is a blueprint of a larger building where the current space will eventually be expanded to accommodate larger audiences and more storage for sets and props.

Kovacs, Cohen and Sperling said they're always looking to the future and hope they can become a go-to place for live entertainment.

"I'd like to have an improv night, a cabaret night or an open mic night on a regular basis," Kovacs said. "If we can do that, the community will know and trust the event is happening."

For more information about Arc Stages, call 914-747-6206 or visit www.arcstages.org.

Broadway Artists to Hold Workshop for Aspiring High School Performers

Two Worlds Entertainment, LLC., a 21st century think-tank committed to providing the local community with theater-based educational initiatives, will host Casted: An Audition Workshop with award-winning Broadway artists and directors this Saturday for all high-school aged students at the Chappaqua Performing Arts Center.

A workshop centered in providing aspiring performers with the tools to audition and brand themselves successfully, the panel of guest artists will include Tony Award nominee Tony Yazbeck ("On the Town," "Prince of Broadway"), Madeline Trumble ("Newsies," Mary Poppins National Tour) and award-winning director and choreographer Barry Ivan.

"We want local high school talent to not feel like they have to take the costly trip to New York City every time they want to perfect their singing, acting and dancing skills or work on developing their brand," said Jeff Malone, co-founder and executive director of Two Worlds Entertainment.

Students at the workshop will work

in large and small group settings throughout the six-hour day to receive individualized attention from each guest artist. Students will be invited to perform and showcase song selections, monologues, movement skills and review head shots and resumes for constructive feedback and critique.

"An audition, whether local or professional, is the one and only chance a performer gets and it's important to not let those nerves rattle you," said Richard Grasso, co-founder and artistic director of Two Worlds Entertainment. "This workshop isn't just a meet-and-greet. It is a chance for students to work on strengthening and perfecting their audition skills."

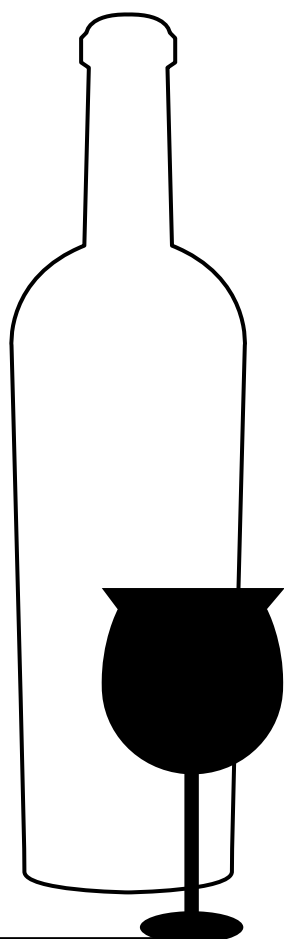
CASTED: An Audition Workshop will be held from 10 a.m. to 4 p.m. at the Chappaqua Performing Arts Center, located at 480 Bedford Rd. in Chappaqua. Pre-registration is strongly encouraged online at www.twoworldsentertainmentllc.com. The workshop fee is \$195, and lunch will be served.

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LEGALS

PLEASE TAKE NOTICE that the **Town of Putnam Valley 2020 Preliminary Budget Meetings** dates are: **September 20, 2019** Budget will be filed with the Town Clerk and available for review by the public. **October 2, 2019** at 5:00 p.m. Present budget to Board **October 16, 2019** at 6:00 p.m. Set Public Hearing date **October 23, 2019** at 6:00 p.m. budget discussion (If needed) **November 6, 2019** at 6:00 p.m. Public Hearing Fire Dept. and Town Budget **November 13, 2019** adopt the 2020 budget Sherry Howard, Town Clerk

Town of Putnam Valley Work Session September 11, 2019 5 P.M. 1. Pledge of Allegiance 2. Set public hearing for bubbler law 3. Set public hearing for extension of septic pump-out area in the Lake Oscawana District 4. Authorize supervisor to sign broker service agreement with Spain Agency. 5. Resolved, that Fred Finger has completed the requirements of a Basic Code Enforcement Training Program and is now qualified as a Code Enforcement Official.

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