



FREE

Serving Mount Kisco, Pleasantville, Chappaqua/Millwood/New Castle, Mount Pleasant, Armonk/North Castle & Briarcliff

August 20 - August 26, 2019

SMALL NEWS IS BIG NEWS

Volume 13, Issue 624

Valhalla Residents Blast Proposed Medical Building Rezone Plan

By Martin Wilbur

Residents living near the Valhalla site where two three-story medical buildings have been proposed lambasted the rezoning request last week, urging Mount Pleasant officials to deny changing the zoning from residential to an office-business designation.

Neighbors of the 12-acre parcel at 140-160 Bradhurst Ave. told the Mount Pleasant Town Board and representatives for applicant Bradhurst Realty at the Aug. 13 public hearing that traffic in the area is already intolerable and that nearly 90,000 square feet of additional high-intensity use and more than 400 new parking spaces is too much for the area to handle.

With other major uses such as Westchester Medical Center, Blythedale Children's Hospital, the medical building at

19 Bradhurst Ave., which has more than 700 parking spaces, and the proposed North 60 project that is under consideration, about a dozen residents spoke unanimously against the proposal.

"I've been looking at this (property) for 17 long years," said Armand Place resident Eric Parker of the length of time he's lived on his street. "It hasn't gotten any better. Putting these two buildings and rezoning this is not going to make it better. It's going to compound it and make it exponentially worse."

Bradhurst Realty is looking to rezone more than 10 acres of the 12-acre property from half-acre residential to Office Business-6 (OB-6). Most of the site is zoned half-acre residential (R-20) except for the relatively small strip toward the back of the

continued on page 2

New Castle Officials Quarrel on How to Use \$250G State Grant

By Martin Wilbur

New Castle Town Board members squabbled last week over how to spend a \$250,000 State and Municipal Facilities (SAM) grant, with the board split over which recreation project the funds should be used for.

Councilmembers Ivy Pool and Jeremy Saland, who were recently contacted by state Sen. Peter Harcham to inform them the town is being selected for the grant, hope to see it used toward improvements at Millwood Park.

However, Supervisor Robert Greenstein said with \$584,000 already having been set aside for the basketball court and inclusive playground behind Town Hall in Chappaqua, the grant would likely help to pay for most of the balance of that expense.

Greenstein said the town could then

borrow what it needs to refurbish Millwood Park on Route 100 and use funds from a new proposed cell tower in that hamlet to repay the bond. The tower is expected to receive site plan approval later this year. The town would collect \$5,000 a month once the new tower is erected and the maximum four carriers have affixed their equipment on the structure, he said.

Those monthly payments would nearly equal the anticipated \$65,000 to \$70,000 annual cost of paying back interest and principal on a \$1 million bond, said town Comptroller Robert Deary.

"We have another source of funds for Millwood," Greenstein said. "We don't necessarily need to use this grant for Millwood because unlike Chappaqua we have a cell tower coming and we're going to use the funds from the cell tower for the betterment

continued on page 4



MARTIN WILBUR PHOTO

Enough is Enough

Well over 100 supporters of gun legislation attended a rally last Saturday at the gazebo in Chappaqua. Holding signs and listening to speakers, most vowed to continue making gun control their number one issue in the wake of the El Paso and Dayton mass shootings. For coverage of the rally, see page 3.

Pleasantville Takes Major Step Toward Manville Road Face-Lift

By Ed Perratore

The state Department of Transportation (DOT) has given Pleasantville its initial go-ahead for intended upgrades to the intersection of Manville Road and Memorial Plaza, but village officials aren't resting on their laurels.

In order to obtain the DOT's final approval, officials must next submit formal construction documents, referred to as CDs. Then, they will be ready to go.

"The DOT thinks we're going to take two months to create the CDs, but we're going to get (the submission) right back to them," said Village Administrator Eric Morrissey, who lamented that the preliminary approval, after being described to village officials as "imminent," still took two more months to arrive.

continued on page 4



ED PERRATORE PHOTO

Pleasantville Superintendent of Public Works Jeffrey Econom discusses the upcoming Manville Road/Memorial Plaza renovations during a meeting last week with the Village Board.



JOIN NOW

& FREE

FROM NOW UNTIL 2020!

*Enrollment fee applies. New memberships only. Offer expires 9/30/19.



BRIARCLIFF
584 NORTH STATE RD
(914) 762-3444
JEFFERSON VALLEY
600 BANK RD
(914) 245-4040

Valhalla Residents Blast Proposed Medical Building Rezone Plan

continued from page 1

property farthest from Bradhurst Avenue. A 52,000-square-foot building would be accompanied by 245 parking spaces while the second building would measure 37,500 square feet with 170 parking spaces.

In this spring the town's Planning Board issued a positive recommendation for the rezone, contending residential development would be inconsistent with the area's uses. The Town Board would have to approve the zoning change for the proposal to advance.

Several residents spoke of the dangerous Bradhurst Avenue-Lakeview Avenue intersection where there is a sharp curve and poor sightlines for motorists attempting to leave Lakeview. They said there would have to be major improvements made by the state to that stretch of road for the project to proceed.

"You can't get out (of) there without taking

your life into your hands," said Lakeview Avenue resident Susan Duffy. "I almost got hit because you can't see cars coming from around the bend until you're in the middle of the road. If this project is approved that has to be the Number 1 priority, to fix that before they start this building. Otherwise, these people should be sued."

Bradhurst Avenue resident Glenn Accocella, who said drunk drivers and motorists traveling too fast along the state thoroughfare have ended up in his front yard, was even more blunt.

"The traffic is terrible," he said. "Somebody's going to get killed."

Resident James Johnson, co-president of the nearby Maywood-Knollwood Civic Association, said a traffic study is sorely needed, particularly if the North 60 project advances.

"The biggest thing with the North 60

project, once you put this on top of that, it's a nightmare already," Johnson said. "I can't imagine what it's going to look like after that."

Armand Place resident Paul Palazzo said that during construction the area will have difficulty withstanding the construction period with all of the extra vehicles.

"I hope the scale of this, the totality of this, is realized before final approval," Palazzo said.

Near the end of the hearing, attorney Joel Sachs, representing Bradhurst Realty, said his client listened to the residents' concerns, which includes numerous written correspondences to the town, and will take time to digest the information presented.

"What we would like to do really is to take all these issues into account and put everything on hold for a few months and try to come up with some plan that's acceptable to the Town Board and the Planning Board and to the neighborhood," Sachs said.

Supervisor Carl Fulgenzi said after the hearing that the residents' comments were heard and that the board has a major decision to make.

"Where it's going to go from here, I don't know," Fulgenzi said. "I've asked the developer to come up with something that makes a little more sense. I don't believe what they're proposing would really work in that area."

He also reacted to several residents who voiced suspicions that the town may be looking to fast-track the application. A



MARTIN WILBUR PHOTO

Attorney Joel Sachs made a presentation last week on Bradhurst Realty's plan to build two medical buildings on what is now largely a residential parcel.

few residents argued the community has not been properly notified of developments related to the application, including the Planning Board recommendation.

"We need to give the public their due and time and we're in no way trying to move anything forward without the support of the community," Fulgenzi said.

Celebrate Grandparents Day in Pleasantville on Sept. 8

Local author and retired professor and teacher Dr. Marie Z. Amoruso presents "Grandma Takes a Nap," a tenderly illustrated family picture book with its animated DVD, of a day when Grandma babysits. The story will be told and an artist will engage the children in an intergenerational art project.

The event, which includes storytelling, a

book signing and project, will take place at 2 p.m. at

The Village Book Store, located at 10 Washington Ave. in Pleasantville.

For more information, visit www.grandmapress.com, e-mail staff@pleasantvillebooks.com or call the bookstore at 914-769-8322.



How does Obesity put Women's Health at Risk?

Know the medical conditions – and best treatments...

Ask the Doctor

Dr. Mitchell S. Roslin

Director, Bariatric Surgery Program
Northern Westchester Hospital

Learn more about

Dr. Roslin, visit
nwhsurgicalweightloss.org/DrRoslin



**Northern Westchester
Hospital**
Northwell Health®

400 East Main Street | Mount Kisco, NY 10549
(914) 666-1200 | www.nwhc.net

Q: Why do people become obese?

A: Obesity is now recognized as an energy storage disease that's hormonally based. It can develop when we eat large quantities of simple carbohydrates that break down fast to sugar, such as bread, pasta and white rice. In response, your body produces excess insulin to keep the right level of glucose in the blood – a condition called insulin resistance.

Excess insulin production is a serious problem because insulin prevents fat breakdown, so more food converts to fat, promoting fat storage. High insulin also reduces the efficiency of the brain hormone, leptin that tells your brain you should eat less. In women, there's an extensive, complex interaction between the hormonally based reproductive cycles and insulin system, so subtle hormonal changes have a greater effect on women.

Q: Are obese women at risk for certain health problems?

A: Absolutely. Most problems revolve around excessive production of insulin. Obese women have more difficulty conceiving due to problems ovulating, and are more likely to have abnormalities during pregnancy,

such as high blood pressure. Obesity is the number one cause of female infertility in the U.S.

Obesity also increases the risk of irregular or painful periods, high-birth-weight babies, gestational diabetes, and miscarriages. There's a greater risk of breast cancer, especially post-menopause. Sixty percent of cancers of the uterine lining are caused by obesity, as are a significant number of uterine fibroids. Obese women with cancer have a higher rate of mortality and recurrence because treatments, typically tested on non-obese people, may not be as effective.

Q: What are the best remedies for obesity?

A: Weight-loss (bariatric) surgery can work because it helps establish a new weight set point, which is the weight range your body is genetically programmed for and that it tries to maintain. However, you must also eat more protein and vegetables – foods that break down more slowly. FDA-approved medications help some people lose weight. We now know that the best treatment for obesity is multi-pronged. Beside surgery, I use medications, behavioral therapy, and special exercise machines that make it possible for anyone to run. Exercise greatly improves insulin resistance.

Chappaqua Rally Calls on Congress to Return for Gun Reform Votes

By Martin Wilbur

Supporters of strong national gun legislation once again gathered at the gazebo in Chappaqua Saturday morning demanding Congress return from its summer recess to consider new laws to save lives.

Organizers of the rally urging for gun reform, which drew more than people, along with about an hour's worth of speakers vowed to keep up the political pressure until action is taken to curb gun violence throughout the United States. The gazebo on South Greeley Avenue has become a familiar meeting place for vigils and rallies following many of the mass shootings that have taken place over the years.

"You have a choice and we need your help. Please fight alongside us," said Erin Fuller Brian, co-president of Brady Westchester and a survivor of the October 2017 Las Vegas shooting, who led the hour-long event. "We cannot let this conversation die once the shootings are out of the headlines. We must continue action until we see results. We must not only have safer schools and concerts, but we also must have safer streets for communities of color."

Brian and others called on members of Congress – most notably Senate Majority Leader Mitch McConnell – to return to Washington and vote to support background checks. They also want to see an assault weapons ban; a law authorizing Extreme Risk Protection Orders (ERPO), commonly referred to as the red flag bill that would temporarily take away guns if a person is



MARTIN WILBUR PHOTO

Erin Fuller Brian, right, who survived the October 2017 Las Vegas shooting, led Saturday's rally in Chappaqua to fight for effective national gun legislation.

deemed a threat; a gun buy-back program; safe storage laws; and gun-free college campuses.

Joining the adults were high school and college students who have been inspired to act with the spiraling number of mass shootings dating back to the December 2012 tragedy at Sandy Hook Elementary School in Newtown, Conn. Rachel Kern, co-vice president of Team Enough NY and a student at Briarcliff High School, said she was in third grade at the time of that shooting and recalled how she and her classmates were addressed by teachers and staff about lock-down drills.

Nearly seven years later nothing has changed on the national level, Kern said.

"The government won't protect us so we

have to protect ourselves," she said. "I'm going into my sophomore year and since Sandy Hook 2,184 mass shootings have taken place. It's been half of my life and nothing has been done."

Various elected officials from the area or their surrogates spoke passionately about the urgency to maintain momentum. Outgoing County Legislator Michael Kaplowitz (D-Somers) said his generation of officials have largely failed the country on this issue. He remained hopeful that the younger generation, which has been energized, can break the inertia.

"If we work toward change at the ballot box that will change and maybe that will get us comprehensive background checks, bans on assault rifles, safe storage laws, we may

not have to build traps in our schools and third-graders will not have to be afraid of, will not have to be scared to go to Walmart, and we will have a safer, better America," Kaplowitz said.

Despite New York State having passed gun legislation following the Sandy Hook shooting and approved additional measures earlier this year, there are too many states across the country that are contributing to the scourge of gun violence. New Castle Councilwoman Ivy Pool said New York's legislation is effective but it's just one of 50 state, some of which have far weaker laws.

Pool, one of a group of local elected officials throughout northern Westchester who attended, said she was also tired of being told that the gun violence issue is not a local matter and that she should "stay in your lane."

"Make this your single issue," she said. "I refuse to vote for someone who is supported by the NRA or their acolytes. I refuse to vote for anyone who has donated or offered support or has an A+ rating from the National Rifle Association. Don't tell me it's a local issue because as a locally elected official it is the top priority every day to protect the residents of this town, especially my children and all of your children."

While nearly everyone at the event, one Chappaqua gun owner who attended Saturday's rally criticized the overwhelming sentiment. The resident, Frank, who asked that his last name not be used, said he believed that many of the measures called

continued on page 8

The Mt. Kisco Lions Club & The Italian American Club

proudly present:



The Robert L. Scopelliti Memorial

First Annual Kisco Cruise Nite!

Relive a scene reminiscent of the malt shop days of the 1950's or the American Graffiti night before summer's end with a fun filled evening with **food trucks, vendors, music**, and a "Rolling Car Show" of vintage, classic, muscle cars, old fire trucks and hot rods... and you, the spectator will be the judge awarding **trophies** for your favorites in a number of categories.

Beginning at the Gazebo in the South Moger Ave. parking lot, this event will take place on **Saturday evening, August 24th from 6pm-10pm**. The Cruise will circle downtown Mt. Kisco for about 1- ½ hrs. while **Spectator Judging** will determine whose vehicles are the most deserving of several trophies in a wide variety of classes.

To enter a car contact Bob Scop at bigbobscop@yahoo.com

More Info: Lion Bob Scop 914-760-0014 or Italian American Club Pres. Fillipo Simone 914-420-3589



Come browse our selection of
hand-selected books,
unique cards and more!
Open seven days a week.

Ten Washington Ave., Pleasantville, NY
Across from the Burns Film Center

914.769.8322

staff@pleasantvillebooks.com

BEDFORD GRAVEL & LANDSCAPE SUPPLY

- Gravel • Mulches
- Topsoil • Unilock Pavers
- Sand • Stonedust
- Sweet Peet
- Item #4
- Flagstone
- Fieldstone
- Belgian Block • Cobblestones
- Wallstone • Fire Pits
- Stepping Stones • Soil/Fill



Norm Ave., Mt. Kisco (next to Kohl's)
www.bedfordgravel.com
914-241-3851

WE BUY

GOLD, PLATINUM, DIAMONDS

SILVER, WATCHES & SILVERWARE

Thornwood Jewelers

A Perfect Piece for Every Occasion

968 Broadway Thornwood (ShopRite/CVS Shopping Center) 914 741 1920

New Castle Officials Quarrel on How to Use \$250G State Grant

continued from page 1

of Millwood. So it seems to me that we're better off using the grant for Chappaqua."

Despite intense debate along party lines at the Aug. 13 Town Board work session and accusations by Greenstein that the board's three Democrats were looking to capitalize politically on the issue, Saland said last Friday that he believed there is consensus on the board with how to use the money. Pool is running for supervisor while Saland is up for re-election this fall.

He said it wouldn't make sense for the town to borrow as much as \$1 million when there isn't a formal plan yet to revitalize Millwood Park and without knowing how much money may be needed for that work.

The town should also refrain committing funds that would be generated by the cell tower before it is built and before officials know when they might start collecting those funds, Saland said.

"We know from Sen. Harckham that it's his intention to help New Castle the best he can

and Millwood, and more specifically, Millwood Park would be a great place to spend those dollars to benefit the community," Saland said.

Some of the items that could be part of a Millwood Park upgrade are resurfacing of the tennis courts; renovation of the infield of the softball and baseball diamond; installing lights around the field and the tennis courts; adding new playground equipment; expanding the parking lot; and making the path to the park ADA accessible.

Pool said that after Harckham's office reached out to her and Saland, they contacted Town Administrator Jill Shapiro to come up with a list of potential projects that the grant could fund including work at the Chappaqua Performing Arts Center or the potential development of the Chap Line, a proposed pedestrian route extending from near Chappaqua Crossing to downtown.

Despite the disagreement, the board and Recreation and Parks Commission, which had four members attend the work session, did agree that the basketball court and inclusive playground should move forward and that improving Millwood Park is a priority.

"When (Harckham) gives it to us and awards us with these monies, we'll be very grateful," Saland said. "It's a great problem to have."

Complicating the matter is that the lone bid the town received for the basketball court and inclusive playground near Town Hall was for about \$1.2 million, far in excess of what the town hoped to spend.

Greenstein said the town would re-bid the project but that will delay its installation until after next winter. Completion is now slated for late next spring or summer.

The delay in finishing the downtown Chappaqua streetscape work has also played a role, he said.

"Because the downtown project is delayed, they're not ready to vacate the back parking lot (at Town Hall), which is what we need for the basketball court," Greenstein said.

Pleasantville Takes Major Step Toward Manville Road Face-Lift

continued from page 1

"This is the frustration with the DOT. They don't prioritize you unless you're in threat of losing funding, and we're not, we got an extension. Until you're in that threat period, you're on the bottom of the pile."

In the meantime, Superintendent of Public Works Jeffrey Econom is prepping for some of the initial renovation of the Memorial Plaza commuter lot, he reported to the Village Board at the Aug. 12 work session. The plan, as he later told The Examiner, is to start next spring at the lot's south end, away from the earliest Manville Road work, and proceed north.

It will include new concrete for curbs and bump-outs where sidewalks meet crosswalks. The lot is also expected to be shifted closer to the train tracks to make room for the right-turn lane from Memorial Plaza at Manville Road, which replaces the slip lane.

The proposal also states that once the

slip lane at the intersection of Manville and Memorial Plaza has been removed, about 27 parking spaces will be laid out at the lot's north end for commuters to use while the construction is taking place.

"I'm trying to keep as much parking as possible, as long as we can," Econom said.

Eventually, a park-like civic space with trees and benches will take up much of that space abutting Manville Road.

Another part of last week's discussion concerned the Bee-Line and Pace University buses that travel up and down Memorial Plaza. Econom laid out the village's plans to move the southbound bus stop from just before the Bedford Road intersection to a half-block back, with the northbound stop directly across the street from the gazebo.

The bus stop's shift will tie into construction, just south of the post office, of 70 Memorial Plaza, a four-story mixed-use

building with an underground parking garage. A paved walkway between Cooley Street and Memorial Plaza will lead to a crosswalk that traverses both Memorial Plaza and the commuter lot, complete with ADA accessible parking, drop curbs and benches at the bus stops.

These enhancements should allow anyone in a wheelchair or pushing a stroller to safely reach the paved walkway behind the lot that leads to the Metro-North station.

Aside from the Manville Road/Memorial Plaza revamp, Econom noted that the village will soon repave Wheeler Avenue from Manville Road to Bedford Road. The job, which will be done over a single night, will occur late this month or in early September.

For more details on the Manville Road Improvement project, visit www.pleasantville-ny.gov and click on "Projects & Initiatives."

Fantastic Finds An upscale resale shop

New & gently used items in pristine condition.

A wide variety of top-quality merchandise at great prices!

Follow Fantastic Finds on social media.



Instagram @FantasticFindsSC



FantasticFindsSC

400 King Street, Chappaqua, NY

Former site of The Discovery Shop
In the Talbot's shopping center

914-238-9200

www.supportconnection.org/fantastic-finds

Store Hours:

Monday - Saturday • 10 am - 4:30 pm

All proceeds help fund Support Connection's free breast and ovarian cancer support services.
Support Connection is a 501 (c) (3) not-for-profit organization. supportconnection.org



Do You have a Lifetime of
Photos, Videos, Movie Film in drawers, bags & boxes?
All Work Done On-site

"We Can Help!"
Printed & Digital Photo Organizing Services
Photos/Audio/Film/Video to DVD
Digital Photo Slide Shows
Scanning Services
Large Format Printing

PHOTOWORKS
CAPTURE. TRANSFER. PRINT.

Our New Address
486 Bedford Road
Pleasantville, NY 10570
914.769.6425

www.facebook.com/photoworkspv
www.photoworkspv.com

photoworks@optonline.net



**Overwhelmed Caring
for your Loved One?
Call us today!**



**When Experience Counts
Count on Experience**

Home Care Licensed by NYS Dept. of Health
Owned and operated by registered nurses

Services Include:

Home Health Aides • Companion Care
Dementia Care • Senior Housing Options
Home Management • Medication Management
Customized programs to fit your needs



Please call for a free consult today: 914.265.4299
Visit www.ecstaffingsolutions.com for more information

County's Outreach Program Helps Veterans With Access to Services

By Martin Wilbur

There may be thousands of Westchester veterans who are entitled to a wide range of benefits and services they may not even realize exists or don't know that they are eligible to receive.

Now, Westchester County is making a push to reach out to veterans of all ages, their spouses and caretakers so they can be aware of the resources available and help them cut through the bureaucracy to receive the meaningful assistance they deserve.

Last Wednesday, the county's Veterans Service Agency kicked off its traveling outreach program at the American Legion's Moses Taylor Jr. Post 136 in Mount Kisco where two of the agency's accredited representatives were available to meet with veterans. At least six veterans who attended the outreach filed claims.

Ron Tocci, the director of the Veterans Service Agency, said with information about where to find servicemen and women difficult once they leave the military difficult to access, it is critical to bring the services to the community.

"One of the things that I know, it's almost impossible to find people who have served and those that are serving or are out of active service that need help," Tocci said.

He said while filing benefits claims is the most common service the agency provides, there are myriad other services such as education benefits, employment assistance and counseling for Post Traumatic Syndrome Disorder and other mental health issues.

This is the first time the county has participated in this program with the exception of setting up similar outreach on college campuses in Westchester for returning veterans who are furthering their education, Tocci said.

County Executive George Latimer said the program will be visiting other communities throughout Westchester on a periodic basis so veterans who may be elderly, have a disability or face transportation challenges will not have to travel to White Plains to file a claim or to ask questions.

"While veterans are always welcome to the (Veterans Service Agency) main office in White Plains, we know that logistically this may not always be possible," Latimer said. "That is why our Veterans Service Agency is committed to going out into the community to meet vets where they are."

County Legislator Kitley Covill (D-Katonah) was adamant about her district hosting the first outreach program. She said the application process for benefits can test the patience of anyone, especially for those who are older aren't familiar with the process.

"There are so many benefits that people don't know about that starting the process of an applicant can be very frustrating," Covill said. "I'm so proud that we are here helping people."

In addition to pressing for the first outreach session, Covill also has been participating in another initiative. She has worked with the Bedford Veterans Advisory Committee to reach veterans who need help



MARTIN WILBUR PHOTO

Director of Westchester's Veterans Service Agency Ron Tocci, at podium, speaks at last Wednesday's kick off to the county's veterans outreach program at the American Legion Hall in Mount Kisco as County Executive George Latimer looks on.

with their benefit applications.

Annual letters are being sent to veterans who are long-term Medicaid recipients to inform them that if they are having trouble accessing VA benefits, accredited representatives will help them, she said.

Tocci said that any community in Westchester can request a similar outreach session to what was done last week in Mount Kisco and the Veterans Service Agency will look to accommodate that request in a suitable venue, such as a local American Legion Post of Veterans of Foreign War hall.

The agency is also in the process of creating a portal that will list all the services that are available around the county for veterans, Tocci said. There are roughly 50,000 veterans living in Westchester today, ranging from those who served in World War II to those who have returned from tours in Afghanistan and Iraq, he said.

For more information about the county's Veterans Service Agency and how it can assist those who have served, call 914-995-2145 or 914-995-2146 or e-mail Veteran@westchestergov.com.

This is more than great rates

This is more savings for wherever you're going.

WELLS
FARGO

Platinum Savings Account

2.00%

Annual Percentage Yield for 12 months with new money deposits of at least \$25,000 and a minimum daily account balance of \$25,000 or more¹

Guaranteed Fixed-Rate CD

2.10%

Annual Percentage Yield for a 7-month term with new money deposits of at least \$25,000²

Enroll in a branch by August 30, 2019. Business owner? Ask about our business savings rates.

Offers available in CT, DE, FL, NJ, NY, and PA. *Portfolio by Wells Fargo*® customers are eligible to receive an additional bonus interest rate on these accounts.³

1. To qualify for the advertised APY, you must enroll your new or existing Platinum Savings account in this offer between 07/08/2019 and 08/30/2019 by speaking to a banker and requesting the special rate. Offer is subject to change at any time, without notice, and is available only to Platinum Savings customers in the following states: CT, DE, FL, NJ, NY, PA. In order to earn the Special Interest Rate of 1.98% (Special Rate), you must deposit \$25,000 in new money to the enrolled savings account and maintain a minimum daily account balance of \$25,000 throughout the promotional interest rate period. "New money" is money from sources outside of the customer's current relationship with Wells Fargo Bank, N.A. or its affiliates (which includes all deposit, brokerage and loan/credit accounts). The corresponding Annual Percentage Yield (APY) for this offer is 2.00%. The Special Rate will be applied to the enrolled savings account for a period of 12 months, starting on the date the account is enrolled in the offer. However, for any day during that 12 month period that the daily account balance is less than the \$25,000, the enrolled account will not be eligible for the Special Rate and will instead earn the applicable Standard Interest Rate for a Platinum Savings account. As of 05/31/2019, the Standard Interest Rate and APY for a Platinum Savings account in CT, FL, NJ and NY with an account balance of \$0.01 and above is 0.05% (0.05% APY); and for a Platinum Savings account in DE and PA with an account balance of \$0.01 to \$99,999.99 is 0.05% (0.05% APY) and with an account balance of \$100,000 and above is 0.10% (0.10% APY). Each tier shown reflects the current minimum daily collected balance required to obtain the applicable APY. Interest is compounded daily and paid monthly. The amount of interest earned is based on the daily collected balances in the account. Upon the expiration of the 12 month promotional period, then-current Standard Interest Rates apply. Minimum to open a Platinum Savings account is \$25. A monthly service fee of \$12 applies in any month the account falls below a \$3,500 minimum daily balance. Fees may reduce earnings. Interest rates are variable and subject to change without notice. Wells Fargo may limit the amount you deposit to a Platinum Savings account to an aggregate of \$1 million. 2. Available in-branch only; you must speak with a banker to request the special rate. Annual Percentage Yield (APY) is effective for accounts opened between 07/08/2019 and 08/30/2019 and requires a minimum of \$25,000 in new money brought to Wells Fargo. "New money" is money from sources outside of the customer's current relationship with Wells Fargo Bank, N.A. or its affiliates (which includes deposit, brokerage and loan/credit accounts). Public Funds and Wholesale accounts are not eligible for this offer. APY assumes interest remains on deposit until maturity. Interest is compounded daily. Payment of interest on CDs is based on term: For terms less than 12 months (365 days), interest may be paid monthly, quarterly, semi-annually, or at maturity (the end of the term). For terms of 12 months or more, interest may be paid monthly, quarterly, semi-annually, or annually. A penalty for early withdrawal will be imposed and could reduce earnings on this account. Special Rates are applicable to the initial term of the CD only. At maturity, the special rate CD will automatically renew for a term of 6 months, at the interest rate and APY in effect for CDs on renewal date not subject to a Special Rate, unless the Bank has notified you otherwise. 3. Due to the new money requirement, new accounts may only be opened at your local branch and you must speak to a banker to request the special rate offers for both new and existing accounts. Wells Fargo reserves the right to modify or discontinue the offer at any time without notice. Minimum new money deposit requirement of at least \$25,000 is for this offer only and cannot be transferred to another account to qualify for any other consumer deposit offer. If you wish to take advantage of another consumer deposit offer requiring a minimum new money deposit, you will be required to do so with another new money deposit as stated in the offer requirements and qualifications. Offer cannot be: • Combined with any other consumer deposit offer. • Reproduced, purchased, sold, transferred, or traded. 3. The Portfolio by Wells Fargo program has a \$30 monthly service fee, which can be avoided when you have one of the following qualifying balances: \$25,000 or more in qualifying linked bank deposit accounts (checking, savings, CDs, FDIC-insured IRAs) or \$50,000 or more in any combination of qualifying linked banking, brokerage (available through Wells Fargo Advisors, LLC) and credit balances (including 10% of mortgage balances, certain mortgages not eligible). If the Portfolio by Wells Fargo relationship is terminated, the bonus interest rate on all eligible savings accounts, and discounts or fee waivers on other products and services, will discontinue and revert to the Bank's then-current applicable standard interest rate or fee. For bonus interest rates on time accounts, this change will occur upon renewal. If the Portfolio by Wells Fargo relationship is terminated, the remaining unlinked Wells Fargo Portfolio Checking or Wells Fargo Prime Checking account will be converted to another checking product or closed. © 2019 Wells Fargo Bank, N.A. All rights reserved. Deposit products offered by Wells Fargo Bank, N.A. Member FDIC.



"BREW AFTER DARK"
EVENT PRICING

Draft beer packages we offer:

\$12/person/hour

Open bar from five of our draft lines (as chosen by our curator).

By The Glass

We keep a tally of what's consumed. All twelve draft lines are available. Additional \$200 site rental fee for this package.

\$18/person/hour

Open bar from all twelve of our draft lines.

Cash Bar

Your guests pay as they go. All twelve draft lines are available. Additional \$200 site rental fee for this package.

A MINIMUM OF 20 GUESTS. WITH ANY OF OUR BAR PACKAGES, YOU CAN ALSO CHOOSE TO SERVE WINE. OUR SISTER STORE VINE & CO. WILL ASSIST YOU IN CHOOSING THE WINE AND QUANTITY.

IF YOU HAVE ANY QUESTIONS, PLEASE FEEL FREE TO CONTACT US AT
914-666-3600 OR MIKEY@BREWANDCOMPANY.COM

532 BEDFORD ROAD, BEDFORD HILLS NY 10507

Back to School!



Get Ready For Fall!
Heating, Cooling, Tune-ups, We Do It All!

Paying Bills Gives You a Frown?
Let Sclafani Create A Budget,
We Won't Let You Down!

845 628-1330
sclafanienergy.com
Licensed, Insured & Bonded



VICTORYCUP.ORG
VIP PASSES AND BALLOON RIDES
AVAILABLE ONLINE!



VICTORY CUP
HUDSON
VALLEY

AUG. 30 - 31

THE HUDSON VALLEY'S ONLY
HOT AIR BALLOON
FESTIVAL & POLO MATCH

POLO • BALLOONS • FASHION • FUN

New Castle Ballot Fight May Be Over But War of Words Continues

By Martin Wilbur

New Castle candidates continued to trade barbs last week in the aftermath of the recent state Supreme Court decision to allow the town's Republican Committee to also appear on the independent Team New Castle line.

Democratic incumbents Councilwoman Ivy Pool, who is running for supervisor, and Councilman Jeremy Saland, who is running for re-election, defended their challenge despite the legal setback. Current Millwood Fire Commissioner Jason Lichtenthal completes the Democratic slate for Town Board.

Their opponents are Republican supervisor candidate Jim Smith and his running mates Lauren Levin and Sean Maraynes.

Pool and Saland maintained that the Board of Elections and the court allowed signatures to appear on both the Republicans' GOP nominating petition and their Team New Castle petition.

They said they accepted the finding of the court but that their opponents misguidedly framed the challenge as them trying to block ballot access when they had legitimate questions about the validity of some signatures and the double-counting of others.

"All we were trying to do is make sure the petition was valid and the process was followed, and this kind of notion that we were blocking ballot access or undermining



New Castle Councilwoman Ivy Pool, the Democrats' candidate for supervisor, and her opponent Republican Jim Smith.

the democratic process in some way is kind of a mean-spirited accusation that frankly I felt came to feel like a distraction, and they're meant to kind of hide or disguise the fact that our Republican challengers do not have much in substance to offer in terms of their leadership, their skill and experience, their involvement in the community, their knowledge of the issues," Pool said.

Saland said that 44 signatures were



allowed to appear on both petitions, giving those individuals the power of twice as many voters.

"It's certainly not lost on our opponents that without this double counting being added to the other 100-plus invalid signatures, they would not have met the nominal burden to create a second party line to join their existing Republican position on the ballot," Saland said. "As we all know, process sometimes trumps facts

even if the wrong result wins out."

Smith last week took Pool and Saland to task for their statements in reaction to the court's decision. Smith said the issue of duplicate signatures was merely an allegation by the Democrats while the bipartisan Board of Elections disagreed as did the court.

Numerous married couples living at the same address were alleged to be duplicates, when they were not, Smith said. The Democrats even challenged the signature of an almost 80-year-old man because his handwriting had changed from when he signed his registration card in 1956, he said.

"For them to say that we would not have met the nominal burden to create a second party line is their opinion, and to say it is not lost on us is an attempt to suggest we agree with them when we certainly do not," Smith said. "We believe it to be a far-fetched idea that they would ever have prevailed."

Smith contended that the divisive nature of the petition challenge and the ensuing litigation is typical with how their Democratic opponents have operated.

"The bottom line is this, the petition challenge by our opponents was symbolic of the contentious way that they choose to govern, it is obvious at every meeting and certainly in their comments on Facebook," Smith said. "And that is an issue for voters, not merely a distraction."

*When details,
service and price
matter..*



Patrick J. McNulty Jr. Daniel J. McNulty



**Trusted, Compassionate
Care for Three Generations**

Family Owned And Supervised



*Discover the difference at
Pleasant Manor
Funeral Home, Inc.*

575 Columbus Avenue, Thornwood, NY 10594

914 - 747 - 1821

www.pleasantmanorfh.com

Patrick J. McNulty Sr. • Patrick T. McNulty • Patrick J. McNulty Jr. • Daniel J. McNulty

J.P. McHale Pest Management Merges With Global Company

JP McHale Pest Management, the leading pest control and solutions company in Westchester, Rockland and throughout the Hudson Valley for almost 50 years, is expanding its market footprint and range of services to include commercial programs following a merger with global pest solutions industry leader, Anticimex. Anticimex, which launched in Europe in 1937, serves more than three million customers worldwide. “Our merger with Anticimex Group unlocks a brighter future for our business and team members,” said Jim McHale,

president of JP McHale Pest Management. “They have invested in our family-focused brand, the communities we serve and above all else, our clients.” Also included in the merger is JP McHale’s commercial service partner, RJS Pest Management Specialists, a leading provider of preventative pest management services for businesses and commercial properties in New York City. “We are excited to join the JP McHale team under the Anticimex umbrella to additionally strengthen their commercial service throughout the New York City

area, Our collective decades of experience are synergistic in delivering the ideal customer outcomes,” said Rob Seeger, vice president of operations at RJS Pest Management. McHale reported that his Buchanan-based company will now have access to new resources and solutions, as well as advanced technology and materials through new connections with other companies under the Anticimex umbrella. “We’re excited to have this opportunity to tap into new and innovative techniques and methods created by some of the best in the industry,” he said. “Our primary objective is to continuously work to improve the client experience.” McHale added that there are no planned changes regarding personnel, structure and customer service. Jim McHale Jr. will continue to serve as president of JP McHale Pest Management. “We’re now able to offer our clients a wider range of services and new technology uses for pest management, such as the proprietary technology that enables us to solve a rodent problem remotely as opposed to frequent visits examining standard rodent stations,” he said. “Ultimately, this integration increases

client satisfaction along the touchpoints of their service journey.” Mikael Vinje, regional president of Anticimex North America said the company is proud to be affiliated with JP McHale, which has a long and proud history as a high-quality pest control service. “Their strong entrepreneurial culture and relentless focus on the customer experience is very much aligned with Anticimex’s DNA and we are very excited to accelerate our growth in the greater New York area,” Vinje said. McHale said that clients can look forward to seeing new services added throughout the coming months. JP McHale’s current line of ecologically sensitive programs will continue to be a major focus, along with the company’s emphasis on clean energy and the environment. “Our personal approach and the relationships we’ve built with our clients and communities over the years will continue to grow even stronger,” Jim McHale said. “Our reputation as a premier family-owned pest control company will prevail, but further enhanced with the addition of these new global resources and advanced technologies.”

Chappaqua Rally Calls on Congress to Return for Gun Reform Votes

continued from page 3
for by gun control supporters would result in unintended consequences. For example, Frank said he knows a gun owner who was recently divorced and has his firearms confiscated under the state’s new red flag law. He said that he believes his right to own a gun is under attack. “I think if you enforce the laws that are in place right now, I think that would be much better than trying to enact new legislation,” Frank said. Brian said that she did not want to learn about more deaths or have anyone else experience the fear that she and her husband had running for their lives in Las Vegas.

“I’d like to think that the numbers of shootings that have happened in the past are what’s going to push people over the edge and I have kind of held onto that hope that this is going to be the on that changes things,” she said. “I don’t know that it will but I have to hope for that.” Brian called on advocates of stronger gun legislation to text Emergency to 877877, which will allow the public to register their comments to Sen. McConnell’s office asking for the background checks legislation to be brought forward. For more information on the efforts of the organization Brady, visit www.bradyunited.org.

 Find us on Facebook

Search for EXAMINER MEDIA

Join the Prenatal Yoga Community

@ Saw Mill Club

Sleep better
Breathe better
Birth better

Beginners Welcome!
Classes are held locally at **Saw Mill Club**
(membership is NOT required)
Child care is available.

Class are on-going.
Join anytime



SAW MILL CLUB
77 Kensico Drive
Mt Kisco, NY 10549
sawmillclub.com

For more information contact
Kathleen Goldring
kgoldring@sawmillclub.com

THERE’S A WORD FOR IT
A vocabulary-building quiz By Edward Goralski

Toni Morrison, the Nobel and Pulitzer Prize winning novelist, recently passed away at age 88. To quote Morrison, “We die. That may be the meaning of life. But we do language. That may be the measure of our lives.” In remembrance of this award-winning author, the quiz words this week come from the works of Toni Morrison.

1. perfunctory (adj.)	A) hasty and superficial	B) without fault	C) having an impact
2. guffaw (n.)	A) feeling of ill will	B) burst of laughter	C) stern in manner
3. roil (v.)	A) to weed out	B) irritate	C) carouse
4. guileless (adj.)	A) innocent	B) unconventional	C) sincere
5. foray (n.)	A) an initial attempt	B) mental strength	C) an inevitable result
6. foist (v.)	A) to bring to naught	B) force upon	C) clasp together
7. copse (n.)	A) a gathering spot	B) collection of knowledge	C) small group of trees
8. amanuensis (n.)	A) indirect ways	B) selective forgetfulness	C) a secretary

ANSWERS:

1. A. Performed merely as a routine duty; hasty and superficial

2. B. A burst of loud and hearty laughter

3. B. To disturb or disquiet; irritate; vex

4. C. Free from guile; sincere; honest; straightforward

5. A. An initial attempt or venture

6. B. To force upon or impose fraudulently or unjustifiably (usually followed by on or upon)

7. C. A small group of trees; thicket

8. C. A person employed to write what another dictates or to copy what has been written by another; secretary

Bridge Over I-287 to Be Named in Honor of Fallen Hero

NYPD Detective and Air Force Technical Sgt. Joseph G. Lemm's service to his country will be memorialized by renaming in his honor the White Plains Avenue bridge that crosses over I-287 and connects White Plains Avenue and Westchester Avenue in Harrison to North Street in White Plains.

Legislation sponsored by Assemblyman David Buchwald (D-White Plains) and

state Sen. Shelley Mayer (D-Yonkers) to rename the bridge was signed into law last week by Gov. Andrew Cuomo.

Lemm was a 15-year NYPD veteran and technical sergeant in the U.S. Air Force after having been activated from the Air Force Reserves and New York Air National Guard. He was killed in the line of duty in Afghanistan in 2015 when his convoy was attacked by a suicide bomber before

Christmas.

Lemm was posthumously awarded the Bronze Star for valor by his commanding officers for putting himself in front of the bomber to protect his comrades.

At the time of his death, Lemm was serving his third tour of duty overseas, two in Afghanistan and one in Iraq. He also worked as a first responder following 9/11.

He was known as Superman, not because of his size, but for how big his heart was. He never said no when someone asked for help.

"I am pleased to honor the commitment and sacrifice of NYPD Detective and Air Force Technical Sergeant Joseph G. Lemm by sponsoring legislation to rename a West Harrison bridge over I-287 in his honor," Mayer said. "Det./TSgt. Lemm served our community and our nation in numerous ways with pride and courage. While serving in Afghanistan, Det./TSgt. Lemm paid the ultimate price. We honor his contributions and his legacy by renaming a bridge in West Harrison, where his family still resides, in his honor."

"The legislation now signed into law honors an American hero and reminds us of his sacrifice, and that of all our men and women in uniform who are committed to protecting our freedom and security," Buchwald said. "The bridge dedication will commemorate Det./Sgt. Lemm's commitment and the strong civic bond that he had for West Harrison, the people of New York, and his country."



The White Plains Avenue bridge that crosses over I-287 will be renamed in memory and honor of NYPD Detective and Air Force Technical Sgt. Joseph G. Lemm.

Lemm's family lives in West Harrison. He is survived by his widow, a son in elementary school, a daughter in college and his mother.

"I am so happy and excited that Joe will be honored with this tribute right in our hometown, keeping his legacy and life of service alive," said his widow, Christine. "His name on the bridge will spike conversations in the future about who Joe was and remind us what service to country means."



ED PERRATORE PHOTO

Rodent Problem

The sight of an inflatable rat, standing about 12 feet high, greeted passersby last week at the corner of South Moger Avenue and Green Street where construction of a new Charles Schwab facility is in progress. Kings Capital Construction Group of Tarrytown is putting up the more than 8,000-square-foot, two-story building. But District Council 9 of the International Union of Painters and Allied Trades (IUPAT), AFL-CIO, complained that Kings Capital "has a helping hand in destroying the area standards" by hiring Prelude Painting of Port Chester, which has non-union workers, to perform some of the work.



Not your AAverage pet store

For all your pet needs

Visit us at:

58 Washington Avenue,
Pleasantville

(914) 747-4848

E-mail: aarvarkpet@verizon.net



Specializing in Fine
American Craft

Fine Art • Sculpture
• Unique Gifts • Furniture
Home Accessories • Antiques
• Exquisite Jewelry • & more...

4 Washington Avenue,
Pleasantville 914-741-6294
Open 7 Days —
Friday and Saturday until 8pm

Your Daily Examiner News Fix

Exami Blast

Visit TheExaminerNews.com to subscribe to
Examiner Media's FREE, daily e-mail newsletter

Get the latest headlines from:

The Examiner

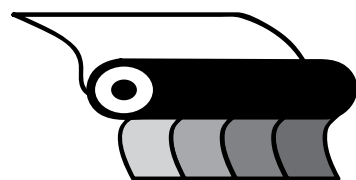
The NORTHERN WESTCHESTER
Examiner

The PUTNAM
Examiner

The WHITE PLAINS
Examiner



SMALL NEWS IS BIG NEWS



Trumbull
PRINTING

Newspapers • Publications • Shoppers • Catalogs • Magazines
Directories • Coupon Books • College Course Catalogs
Business and Financial Periodicals
Free Standing Inserts • Advertising Supplements

205 Spring Hill Road, Trumbull, CT 06611 • 203.261.2548
www.trumbullprinting.com

Obituaries

Camille Cardone

Camille Cardone of Hawthorne died on Aug. 14 at her residence. She was 84.

Cardone was born on Feb. 2, 1935, to the late Joseph and Patricia (nee Scerbo) Tricoma in Brooklyn. She worked at St. Vincent's Hospital in Harrison as an outpatient manager for the Drug and Alcohol Abuse Program. She was an active and well-beloved member of both the Mount Pleasant Seniors and the Mount Pleasant Italian American Associate. She always cherished all the lifelong friends that she made through the years. She will be loved and missed by all who knew her.

Cardone is survived by her devoted husband, Pasquale (Pat) Cardone, Jr., of

Hawthorne; her loving children, Richard (Donna) Cardone of Austin, Texas, Joseph Cardone of White Plains and Patricia (Craig) Chaitoff of Solon, Ohio; and her three cherished grandchildren, Madeline Cardone and Alexander and Victoria Chaitoff. She was predeceased by one brother, Robert Tricoma.

Visitation was at Hawthorne Funeral Home on Aug. 18. A funeral Mass was held at Holy Rosary Church in Hawthorne on Aug. 19. Interment was private.

In lieu of flowers, donations can be made to the American Cancer Society at www.cancer.org. Please send the donation acknowledgements to Patricia Chaitoff, 7374 Shelford Drive, Solon, Ohio 44139 or to chaitoff@aol.com.

Wendy Ann Duffelmeyer

Wendy Ann Duffelmeyer of Valhalla passed away unexpectedly on Aug. 14 at Westchester Medical Center.

She was 54.

Duffelmeyer was born in Flushing, Queens on Sept. 11, 1964, to Vincent Kempf and Janice Williamson. She was the loving wife of Ken Duffelmeyer for 34 years and proud mother to Christopher, Kevin and Emily Duffelmeyer. She will be greatly

missed by her loving family, friends and the numerous lives she touched along the way.

A celebration of Wendy's life took place at Pleasant Manor Funeral Home, Inc. in Thornwood on Aug. 18.

In lieu of flowers, the family asks that donations be considered in Wendy's memory to the Stephen Siller Tunnel to Towers Foundation

Sorcha Sproul

Our very dearly loved mother, sister, aunt and friend, Sorcha M. Armstrong Sproul of Valhalla, passed away at Memorial Sloan Kettering Hospital in New York City on Aug. 12. She was 55.

Deeply mourned and always missed by her daughters, Sophie, Shauna and Sinead; her sister, Annie; brother- and sister-in-law Sterling and Kathy; brother-in-law Stephen; mother-in-law Phyllis; nephews Taylor and Keith; niece-in-law Kate; and her vast circle of friends, both here and across the world.

As a tribute to her love of color and her vibrant personality, perhaps those attending would consider not wearing black for the occasion, although that would, of course, remain a personal choice.

Family and friends gathered at Pleasant Manor Funeral Home in Thornwood on Aug. 19 to celebrate Sorcha's life. A Mass of Christian Burial was celebrated at Holy Name of Jesus Church today (Tuesday) at 10 a.m. Interment with her beloved Sheldon followed at Kensico Cemetery.

Police Blotter

North Castle Police Department

Aug. 9: Report of a possible larceny at the Stop & Shop on North Broadway at 8:16 p.m. Police received a call from the store's Loss Prevention department reporting a female shoplifter inside the store was attempting to leave with unpaid merchandise. The subject was described as a Hispanic female wearing a bandana, blue t-shirt and shorts and carrying a pink handbag.

Aug. 11: An officer reported being out with a wrong-way driver on Route 120 at 3:06 a.m. Subsequently, two responding officers requested an ambulance for an intoxicated passenger who is vomiting. The desk officer notified the county Department of Emergency Services for dispatch of Armonk Ambulance. The party refused medical attention.

Aug. 11: A complainant reported at 12:42 p.m. that a homeless individual was going through the dumpster in the rear of his building on North Broadway. The responding officer reported locating a party near the dumpster. That party

checked okay and will be leaving the area.

Aug. 12: A Hammond Ridge Road resident reported at 7:16 a.m. that a large snake was inside the house. The responding officer reported that the caller is in contact with a trapper who will be at the listed location within the hour.

Aug. 12: An e-911 caller reported at 1:12 p.m. that her gardener accidentally set a tree on fire in front of her Wampus Lakes Drive residence. The responding officer reported that the Armonk Fire Department was able to correct the fire and smoke condition.

Pleasantville Police Department

Aug. 12: A male subject in his early thirties was placed under arrest at 1:11 a.m. for attacking another male the previous day on Broadway. The victim sustained a minor injury to his face.

Aug. 14: At 4 p.m. it was reported that a vehicle that was parked on Washington Avenue had its rear window damaged by an unknown object.

Taghkanic Chorale Rehearsals to Begin Sept. 3 for New Season

The Taghkanic Chorale, under the baton of maestro Jason Tramm, invites singers to kick off the 2019-20 season with its Winter Concert, which includes works by Whitacre, Thompson, Britten, Tavener and Goodall, along with favorite songs of the season.

Rehearsals will begin on Tuesday, Sept. 3 at 7:30 p.m. During the month of September rehearsals are open, with no obligation to join.

The winter concerts are scheduled this year for Friday, Dec. 7 and Saturday, Dec. 8. The spring concerts are scheduled for May 16 and 17, 2020, featuring Mozart's "Requiem,"

Beethoven's "Elegischer Gesang" and Ole Gjeilo's "Sunrise Mass."

The chorale rehearses Tuesday nights from 7:30 to 10 p.m. at the KSDA Church, located at 1243 White Hill Rd. in Yorktown Heights, off of the Route 202 exit on the Taconic Parkway. Rehearsals are fun and educational with a focus on disciplined musicianship and congeniality.

The Taghkanic Chorale is a nonprofit, nonsectarian organization that serves enthusiastic singers and concertgoers from Westchester, Putnam, Dutchess, Rockland and Orange counties. For more information, call 914-440-3596 or visit www.taghkanicchorale.org.

B.F.

BEECHER FLOOKS FUNERAL HOME, INC.

"The place to turn in your time of need!"

Personally Owned and Supervised By

William F Flooks, Jr. & William J Flooks
Proprietor Licensed Funeral Director

Caring for our community since 1928
Personal and Complete Funeral Service

418 Bedford Road...Pleasantville, NY 10570...769-0001

www.beecherflooksfh.com

Advertise in The Examiner • 914-864-0878
email.advertising@theexaminernews.com

Sisters Team Up to Open Therapy Practice and Help Families Cope

By Martin Wilbur

Throughout their youth, Dr. Nancy Millian and her sister, Melissa Millian Katz, were often the ones people sought out when they needed to confide in someone.

It should be no surprise that Millian has spent the past 35 years as a licensed clinical psychologist while Katz, who initially worked in finance in the corporate world, returned to school to become a licensed clinical social worker and psychotherapist once her own children reached high school.

A few months ago, after Katz no longer wanted to endure the daily commute to Poughkeepsie for her counseling position, she and her sister opened a practice together in Mount Kisco. Millian has counseled families, couples as well as teens while Katz enjoys helping the youngsters.

"We've always gotten along really well," said Katz, an Armonk resident. "We have similar interests and Nancy was always a wonderful big sister to me and she continues to be. It's really a joy for me to see her and to work with her and learn from her."

Millian, who lives in Connecticut, said her interest in the field was sparked by their mother, a longtime practicing psychologist in New Jersey, where Millian and Katz lived with their parents and two other sisters after spending their early years in Queens. In their short time working professionally together, there has been a near seamless transition.

They each have their own clients and referrals, but on certain occasions there will be crossover when appropriate, they said. Millian receives clients from various health professionals while Katz has seen local schools and houses of worship and other organizations that send clients her way.

"We share a language," Millian said. "We know each other very well and we can get to the heart of it pretty quickly and our clients appreciate that, too. I welcome it."

While there has likely always been a need for professional counseling, today's hectic world with increased stress placed on families has seemingly never been greater. Millian said that's true in families where parents can be high-achieving professionals and either unwittingly or consciously believe that academic success alone will determine their child's future success.

Cases of depression and anxiety are also common throughout the population.

"There's a lot of perceived demands and real demands going on, especially high school kids, to perform well and to get into the Ivy League schools," Millian said. "So we're seeing kids with a lot of stress and anxiety and they feel overscheduled."

It's also common for there to be poor communication, which can lead to larger problems between parents and their adolescent children, Katz said.

Millian explained that sometimes it's their job to help families realize that children need to have balance in their lives



MARTIN WILBUR PHOTO

Dr. Nancy Millian, left, a psychologist, and Melissa Millian Katz, a licensed clinical social worker, who have been close as sisters have opened a Mount Kisco therapy practice to help area families.

while Katz said they help the parents to understand the adolescent's perspective.

"It's really appreciating what the child's strengths are, what a child is geared toward," Millian noted. "Maybe they're more of an artistic sort who loves the arts, who loves playing trombone. That should be encouraged. They may not be the football player, the athlete or on the National Honors Society, but appreciating

each child's strengths and weaknesses are and working with them in a way that's supportive."

Katz said they employ different skills to enable parents to better understand. It helps that they each raised their own families and know the everyday pitfalls.

"It's really hard to be a student, a child, an adolescent, but it's really hard to be a parent, too, and we appreciate that because we've been there," Katz said.

Then there are the pressures from social media, which makes everyone appear to be perpetually happy and successful. That alone can create additional stress. Also, adolescents' lives become increasingly complicated once reaching middle school and high school, including questions regarding drugs and sex.

At one time summer may have brought a respite for youngsters, but Millian said that very often as soon as the school year concludes in June, there are students who are worried about September.

For Katz and Millian, speaking to as many people as they do they tell clients that they are not the only ones worried about school, their social life or their children's well-being.

"You realize how common these things are; people feel so isolated," Millian said. "I can tell people, 'You're not the only one who has said this, you're not alone,' and sometimes we'll have support groups, therapy groups so people can come together and see."

Being honored for giving excellent patient care is the best recognition a hospital can get.

Phelps Hospital:

- "GOLD PLUS" (9th year in a row)
- Honor Roll Elite Plus

Phelps Hospital
Northwell Health®

Westchester's only 4-STAR Hospital (CMS, 2019)

Awarded by the American Heart and American Stroke Associations for providing the latest evidence-based treatment for best patient care and outcomes.

Sleepy Hollow, NY
phelpshospital.org
914-366-3000

Longtime Shelter Dog Helps SPCA in Briarcliff Obtain \$10G Grant

By Martin Wilbur

The SPCA of Westchester not only helped pair dozens of dogs and cats with families looking for pets last weekend, the no-kill shelter was rewarded for its efforts in making life better for one dog in particular.

Last Thursday, two days before the annual nationwide Clear the Shelters pet adoption campaign, the SPCA of Westchester received a \$10,000 grant from Greater Good, a national nonprofit organization that supports people, pets and the environment, and iHeartDogs, a nationwide group whose mission is to find all dogs homes.

“I think this will go a long way in helping a lot of animals become adoptable,” said Shannon Laukhuf, executive director of the SPCA of Westchester. “We’re thrilled. We’re so honored.”

The Briarcliff Manor-based animal shelter was one of just three shelters across the United States to receive the grant, said Marshall Morris, co-founder of iHeartDogs, Shelters in Philadelphia and Los Angeles also received the grant, he said.

It caught iHeartDogs’ attention when Morris and others learned of the plight of Crosby, a brown American Staffordshire Terrier, who is the SPCA of Westchester’s longest resident. Laukhuf said Crosby has called the shelter home for more than



MARTIN WILBUR PHOTO

From left, Marshall Morris, co-founder of iHeartDogs, Denise Bash, representing Greater Good, and SPCA of Westchester Executive Director Shannon Laukhuf, hold an oversized \$10,000 check as volunteers and Crosby, lower left, look on. Crosby, who has lived at the shelter for more than three years, helped the SPCA get recognized and was named one of iHeartDogs’ three grant recipients this year.

three years, about half of his life.

Morris and Denise Bash of Greater Good presented Laukhuf with an oversized version of the check last week surrounded by some of the SPCA’s more than 300 volunteers. Morris, who pledged last week to get Crosby adopted, said the SPCA submitted a grant application to become

eligible for the money.

“We’ve partnered with them before and we felt that this was a great group of people, dedicated and hardworking, and we just wanted to honor them,” Morris said. “We also saw Crosby come in and we’re going to find him a home today.”

Laukhuf said the inability for Crosby

to be paired with an owner was largely because of separate anxiety issues that he had developed. Crosby had been adopted as a puppy and spent about the first three years of his life with owners who would frequently travel and leave him alone for long periods of time, she said.

To counter that, it would be preferable for his new owner to work from home or have the ability to frequently accompany him, said Laukhuf.

“That’s our hope, that all of this awareness will turn into a great home for him,” Laukhuf said. “He’s an amazing dog.”

She said the money will be used to support two of the SPCA of Westchester’s programs: the Lonely Hearts Program that helps the shelter’s longer-term residents and Mend a Friend, for animals that may need special medical procedures to be returned to good health.

The SPCA of Westchester has been a local participant in the Clear the Shelters campaign each summer for the last five years, participating locally with WNBC. The organization also receives supplies donated by the Animal Rescue Site. Clear the Shelters is spearheaded nationally by NBC and Telemundo-owned stations across the country.

Since 2015, Clear the Shelters has helped more than 250,000 animals covering all types of pets find new homes.

Advertise in The Examiner • 914-864-0878

CRU

FINE WINES & SPIRITS

NOW OPEN ACROSS FROM THE
BEDFORD HILLS TRAIN STATION

19 DEPOT PLAZA
BEDFORD HILLS | NY 10507

914-218-3355
crufinewines.com

GRAND PRIX
NEW YORK RACING & ENTERTAINMENT

SPINS BOWL

BIRTHDAY PARTIES

BAR / BAT MITZVAHS

PRIVATE LESSONS

FUNDRAISERS

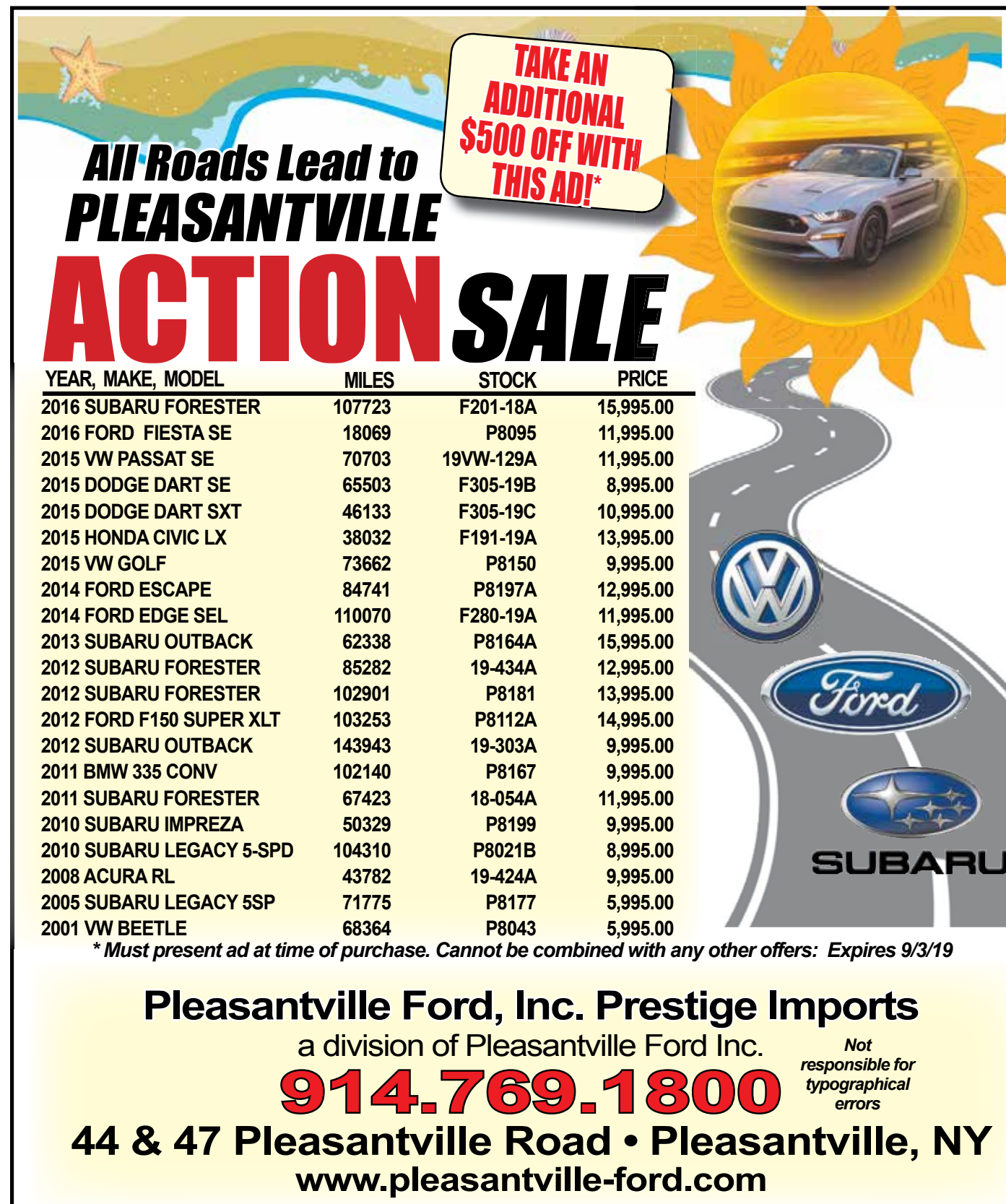
FIELD TRIPS

CORPORATE EVENTS

333 North Bedford Road | Mount Kisco, New York

gpony.com | info@gpony.com | 914-241-3131

“People think of Westchester as a wealthy enclave, but one in five of the county’s residents are food insecure, meaning they do not have access at all times to enough food for active, healthy living,” Brett said. “Sadly, many of our clients are unable to afford healthy food. We are grateful to Northern Westchester Hospital for helping fill the gap.”



To advertise in The Examiner,
call 914-864-0878

or e-mail
advertising@theexaminernews.com

The Examiner

Adam Stone
astone@theexaminernews.com
Publisher

Martin Wilbur
mwilbur@theexaminernews.com
Editor-in-Chief

Examiner
MEDIA

also publishes

The **NORTHERN WESTCHESTER**
Examiner

The **WHITE PLAINS**
Examiner

The **PUTNAM**
Examiner

To inquire about paid
subscriptions, email
subscriptions@theexaminernews.com
for pricing and other details

PO Box 611
Mount Kisco
NY 10549
914-864-0878
www.TheExaminerNews.com

Letters Policy

We invite readers to share their thoughts by sending letters to the editor. Please limit comments to 250 words. We will do our best to print all letters, but are limited by space constraints. Letters are subject to editing and may be withheld from publication on the discretion of the editor. Please refrain from personal attacks. Email letters to mwilbur@theexaminernews.com. The Examiner requires that all letter writers provide their name, address and contact information.



Member of

NEW YORK PRESS ASSOCIATION
NYPA

Guest Column

State is Committed to Helping Those With Opioid Addictions

By Peter Harckham

The opioid epidemic has touched every New Yorker either personally or through a friend, relative or community member.

With the proliferation of fentanyl, opioid drugs have become more deadly and more addictive. In 2018, more people died from drug overdoses than perished at the height of the AIDS epidemic.

While heroin addiction has been plaguing our urban communities for decades, the suburban and rural crisis has been fueled by unscrupulous pharmaceutical companies and distributors flooding the state with prescription opioid pain pills. From 2006 to 2012, New York State was inundated with nearly 3.4 billion pain pills. Westchester County was supplied with 120,521,446 prescription pain pills, enough for 18 pills per person per year; Putnam County received 14,979,750, enough for 21 pills per person per year; and Dutchess County was flooded with 59,935,295 prescription pain pills, enough for 29 pills per person per year. These numbers are shocking and unconscionable.

As chair of the New York State Senate's Committee on Alcoholism and Substance Abuse, the Senate listened to patient advocates and is taking action. This session, we doubled the minimum

number of days for inpatient substance abuse treatment, from 14 to 28, before insurance companies may conduct their concurrent review. Far too often, people seeking recovery were unable to obtain the proper treatment they needed because their insurance provider had kicked them out of treatment prematurely, often with no follow up plan. That will no longer be the case in New York State.

Further, we reduced the number of co-pays a patient could be charged for outpatient treatment to a single co-pay at the rate of a regular doctor visit. Frequently, patients were hit with multiple co-pays for each specialist they saw, in a single outpatient visit. With most patients needing multiple visits per week, outpatient Substance Use Disorder care became unaffordable.

We also mandated that Medication Assisted Treatment (MAT) be covered by all insurance plans, both public and private. We required that MAT be mandated in all correctional facilities throughout the state. Additionally, we passed legislation requiring physicians to discuss the risks associated with opioid prescriptions and possible alternatives. And we passed Stephens Law, requiring that treatment centers, at the consent of the patient, inform their support network

should they determine that a patient is in a life-endangering situation, such as a failed drug test.

But with all that has been done, we still have a long way to go in our battle against opioids. Beginning this summer, along with Sen. Gustavo Rivera, chair of the Senate Committee on Health, and Sen. David Carlucci, chair of the Senate Committee on Mental Health and Developmental Disabilities, I will be co-chairing a new statewide Joint Task Force on Opioids, Addiction & Overdose Prevention. We will travel the state and learn about the issues facing all of our communities as well as gaps that exist in the system. Most important, we will work to uncover best practices and develop solutions to address co-occurring disorders. Our ultimate goal is to prevent overdoses in people who are addicted and to find more avenues to get them into treatment.

If you would like to participate at one of the hearings or roundtables, please e-mail nysoverdosetaskforce@nysenate.gov or call my office at 914-241-4600 for more details. Together, we will continue to reverse this terrible crisis.

State Sen. Pete Harckham represents the 40th Senate District, which includes most of northern Westchester and portions of Putnam and Dutchess counties.

Letters to the Editor

Gun Violence Undermining America's Sense of Safety

Gun violence has become a scourge across America. About 36,000 Americans a year – yes, that's 100-plus deaths each day by gun – are either shot by others or take one's own life.

Across the United States people now think twice about going to school, libraries, theaters, malls, parks or just sitting on a front stoop or porch for fear of being struck by a bullet. America no longer seems like a

safe place to live.

We DO NOT have to live this way. We have the statistics that prove that common-sense laws, like requiring background checks on all gun sales and Red Flag laws that allow family members and others to petition a court to remove firearms temporarily from someone they fear might harm themselves or others (with strict due process applied) reduce gun violence and save lives.

It's time for the Senate to pass both and protect constituents over guns.

Call your senators, rally with anti-gun violence groups, make calls, write letters. Be active. Don't unintentionally be complicit with gun violence.

Naomi Marrow
Volunteer, Moms Demand Action for
Gun Sense in America

Drugs Are Contributing to the Mass Shootings in This Country

Arguably the main cause for the random shootings starting with Columbine is not the automatic weaponry used to carry out these terrible crimes per se but the psychotropic mind-altering drugs, the best known of which are the anti-depressants, that these people were likely on – or just stopped using.

All the mainstream media says when these terrible tragedies occur is that the perpetrator was mentally ill. Well, of

course. What the media should be saying is that the perpetrator probably acted violently because of anti-depressants or other mind-altering drugs that ruin lives while making big pharma many billions of dollars a year.

But the media doesn't say this because it is very dependent on the \$9.5 billion a year that it gets in big pharma advertising. Note that the media did not talk about the opioid epidemic until 2015, almost 20 years after the epidemic started, when it was much harder to deal with and when more than 40,000 Americans were dying

from these drugs each year.

I also think that people who buy a firearm should have a background check, but if background check advocates are interested in actually accomplishing something instead of endless ineffective posturing, they should consider giving assurances to gun rights advocates that after the background check is completed, no data base containing information about it would be kept.

Al Schwartz
Pleasantville

Correction

In a release printed last week regarding state Sen. Peter Harckham's upcoming Opioid Task Force hearings throughout the state, an incorrect phone number was provided for members of the public to ask questions, seek more information or to register to participate. The correct number is 914-241-4600.

Advertise in The Examiner
914-864-0878
advertising@theexaminernews

Mt. Kisco Car Wash Benefits Ghana Girls' School

By Ed Perratore

More than 150 drivers in downtown Mount Kisco on Aug. 11 got the chance to get their cars and trucks washed and make a profound difference at the same time.

The car wash, behind the Union Hook & Ladder Co. fire station on Green Street, raised more than \$2,200 for Our Lady of Mt. Carmel Girls Senior High School in Techiman, Ghana.

Father Benjamin Obour, a native of Ghana who served at Mount Kisco's St. Francis of Assisi Catholic Church for seven years, today is chaplain at Our Lady of Mt. Carmel but continues to visit St. Francis between semesters.

"The car wash will surely help my school," he said in an interview. "With this financial assistance, I'll be able to address at least some of the needs of my students. Africa is not privileged like the United States. You can tell the difference."

During Obour's visits from Ghana, he has worked to further ties and solicit as much aid as he can for his school of 600 girls from all over that African country. St. Francis is now a sister parish to Our Lady of Mt. Carmel.

Obour's efforts to help his students began at St. Francis' religious education office, where he asked Jill Carelli and assistant Lisa Reinhardt, who run that program, for help with buying school supplies such as pens, pencils and protractors, along with flashlights the students need while walking to use the facilities after nightfall. The

response, fueled mostly through the church bulletin and social media, helped pay not only for supplies but also for numbered soccer jerseys bearing the school's logo – with the help of Mt. Kisco Sports and Modell's.

The pace further picked up after Carelli spoke with longtime volunteer Sharon Hyatt-Luppino, a lifelong St. Francis parishioner and mother of four boys, about the possibility of also getting the girls calculators. Hyatt-Luppino started a gofundme page and, soon after, started working on logistics for the car wash.

"My objective in life is to get involved where it makes a difference in the life of a kid, cause the kids are the best," she said. "I put all my time and effort into it."

Logistics aside, she needed volunteers – and got them. Besides several adults, including Carelli, Reinhardt and Obour, about two dozen members of the St. Francis Youth Group, along with teen parishioners preparing for the Sacrament of Confirmation next May, handled the sponges, hoses and rags with cheer.

Hyatt-Luppino was thrilled with how smoothly the event ran, thanks to "an incredible bunch of kids." And of the community's response to the car wash, she wasn't surprised.

"You can't get a nicer, kinder, more gentle soul than smiling Father Ben," she said. "He's always in a good mood, always so pleasant. Everybody, when they hear it's for Father Ben, that's all we have to do."

Obour was no less grateful to the village



SHARON HYATT-LUPPINO PHOTO

Some of the members of the St. Francis Youth Group that washed cars on Aug. 11 to raise money for the church's sister parish, Our Lady of Mt. Carmel, in Ghana. More than \$2,200 was raised.

and everyone who made the day a success, including a St. Francis usher who missed the car wash but later handed over a \$500 check.

Still, Obour knows his challenge is great. Our Lady of Mt. Carmel receives some aid from Ghana's government, which pays for teachers' salaries, but much of everything else is up to him and volunteers across the ocean.

He hopes, for example, to complete a security wall around the school property that would help protect the female students from attack. Another goal, in a country

where malaria accounts for 40 percent of all outpatient medical attention, is to replace 28 aging or failed ceiling fans in 14 dormitories.

"We look at the fans as all-important because the students have mosquitos carrying malaria parasites biting them in the night," he said. "If we have the fans circulating the air in the room, we would be able to keep away the mosquitos away."

If you couldn't make it to the car wash but would like to contribute, visit <https://www.gofundme.com/f/calculate-your-kindnesscalculators-for-mt-carmel>.

Treasury Bill Indexed Money Market Account

1.89%

APY*

For balances of \$100,000 and up
Indexed at 100% of the 30-day US Treasury Bill**

1.70%

APY*

For balances of \$50,000-\$99,999
Indexed at 90% of the 30-day US Treasury Bill**

■ Enjoy high money market rates. ■ Fully liquid account. ■ FDIC insured money market account.

Visit our Thornwood branch today!

Rose Hill Shopping Center, Thornwood, Linda Allen, AVP/Branch Manager, 914-769-8400

www.applebank.com

Apple Bank

Established 1863 · Member FDIC

*These rates are effective through August 31, 2019. \$100,000 minimum deposit to earn the advertised 1.89% Annual Percentage Yield (APY). \$50,000 minimum deposit to earn the advertised 1.70% APY. **Treasury Bill Indexed Money Market rate is based on an index calculated by taking the rate of the closing "asked" discount basis of the 30-day Treasury Bill as quoted and published in The Wall Street Journal on the last business day of the prior month as set forth below. If there are no exact Treasury Bills with a 30-day maturity, then the "asked" rate used shall be for Treasury Bills with a maturity date closest to, but not to exceed 30 days. These new APYs will then take effect on the first calendar day of each subsequent month and will remain in effect through each subsequent month-end. Balances of \$25,000 to \$49,999 earn an APY of 1.23%, which is 65% of the indexed rate, balances of \$50,000 to \$99,999 earn an APY of 1.70%, which is 90% of the indexed rate, and balances of \$100,000 or more earn an APY of 1.89%, which is 100% of the indexed rate. There is no interest paid on deposits under \$25,000. \$10,000 minimum deposit is required to open this account. A monthly service fee of \$10.00 will be charged each month at the end of the statement cycle if the account balance falls below \$10,000 on any day of the month. Fees may reduce earnings and principal if the account balance falls below \$10,000 on any day during the statement cycle. Please see disclosure for other terms and conditions. This offer may be withdrawn without prior notice.

How to Take on the New School Year Like the Ultimate Overachiever

A new school year is a clean slate. How are you going to make your mark?

To help students everywhere gear up for a successful school year, celebrated actor, author, humanitarian and G2 Overachiever, Priyanka Chopra Jonas is sharing tips for making more happen.

Tip 1: Set specific goals. Writing down goals and aspirations can get you started on the right note. In a recent survey conducted by Pilot Pen, more than 94 percent of people stated that writing down goals makes you more likely to achieve them, whether that means getting straight As, making your favorite sports team or making a difference in your community.

Tip 2: Get involved. Find something that you are passionate about this school year, whether that means joining an existing club or taking on a totally new project. You can get inspired by Ian McKenna, winner of the 2018 G2 Overachievers Student Grant, which recognizes young scholars from 13 to 19 years old in middle or high school who are making a real difference in others' lives in and outside of the classroom.

A native of Austin, Texas, McKenna, 14, was inspired to help feed his hungry classmates during winter break and founded Ian's Giving Garden, a series of community gardens that donates 100 percent of their crops to hungry families. To-date, McKenna's charity has helped feed over 700 families by growing and

donating an estimated 18,300 pounds of fresh produce.

McKenna's inspiring story was selected by Jonas from a pool of highly qualified nominees. Together with Pilot, she'll award McKenna and his school a combined \$15,000 grant. He plans to use his \$12,500 portion for college tuition, to gain the skills needed to make an even greater impact on social issues like hunger. The remaining \$2,500 will go to his school to help continue encouraging overachievement among its students.

Do you know someone going above and beyond their daily responsibilities to better their community? Whether they're a student or adult, visit G2Overachievers.com to learn more and submit a handwritten nomination.

Tip 3: Be prepared. Overachievers of all ages know that you have to have the right tools on hand so that you're always prepared when inspiration strikes. Whether you're taking notes in class, outlining a science experiment or planning a fundraiser for an afterschool club, the right pen in your hand can make all the difference.

A preferred pen of overachievers, the G2 gel ink pen by Pilot is smooth-writing, long-lasting and the number one selling pen in America. Its smaller counterpart, the G2 Mini, offers the same smooth-writing ink and comfortable grip of full-sized G2s in 10 great color options and funds the G2



Ian McKenna, Pilot Pen 2018 G2 Overachievers Student Grant Winner.

Overachievers Student Grant.

Tip 4: Try something new. Make this the year you step outside your comfort zone and try something totally new. Audition for the school play. Join or start a new club. You never know where a hidden talent lies and there's only one way to find out.

When taking on new challenges

this school year, no matter your goals, remember that with smart planning, perseverance and the best tools, you too can be an overachiever.

This article was printed by permission of statepoint.net.



with a Great New Look!



*Walk-Ins
Welcome!*

- Hair Cuts
- Perms Color
- Keratin Treatment
- Highlights
- Chemical Straightening
- Waxing

Specializing in Kids Hair Cuts!

• Gift Cards Available • Follow us on Instagram

\$2 OFF
Men, Women or
Children's Haircuts
w/this coupon.
Exp. 8/31/19
Fred's Hair Salon

\$5 OFF
Full or Half
Head of Foil
w/this coupon.
Exp. 8/31/19
Fred's Hair Salon



*"Bringing your Hair to Life
Since 1982"*


**Katonah Shopping Center • 270 Katonah Ave, Katonah
(914) 232-5201
Tues-Wed-Fri 9-6 • Thurs 9-7, Sat 8-5**

Fall Into Dance at the Westchester Ballet Center for the Performing Arts


Classes Offered:
Pre-ballet/creative movement, Ballet,
Bollywood, Broadway, Hip Hop, Jazz,
Lyrical, Modern, Tap and More

Registration Dates:
8/23/19 & 9/6/19 from 5pm -7pm
8/24/19 & 9/7/19 from 10am-12pm

**Studio Location: 1974 Commerce St., Yorktown Heights, NY 10598
Room #121**



*Photo Credit: Brian Wolfe
Featuring Advanced Lyrical Students*



*Contemporary Dance
Featuring Luciana Alves, Age 9*

WBC is a dance school in Yorktown, NY that has provided the best training from the preschool to professional level for 35+ years. Our students are accepted into the most prestigious conservatories, and go on to lead successful careers in dance. Wherever you are in your dance journey, register today and join the WBC family!

Visit www.westchesterperformingarts.com or
call us at (914) 245-2940 for more info!

Great Reading Ideas to Try and Inspire Young Students

A new school year means new classes, new teachers and new schedules. At home, you can riff on this theme with new books to be enjoyed outside the classroom that spark interest in different subjects.

To open doors for young minds, consider the following titles:

- **Crafty coding.** For kids with a potential interest in computers and coding, consider "How to Be a Coder." Breaking down the principles of coding into bite-sized chunks, it will get them thinking like computer scientists in no time. Learn about loops by making a friendship bracelet, find out about programming by planning a scavenger hunt and discover how functions work with paper fortunetellers. Children can then use their new knowledge to code by following instructions to build programs in Scratch 3.0.
- **Inspiring true stories.** In "DK Life Stories: Jane Goodall" kids can discover Goodall's inspiring story, a pioneer of primatology whose groundbreaking work changed the way we understand animals and ourselves. When she embarked on her career, women were discouraged from conducting scientific research, especially when that work meant living side by side with wild



WAVEBREAKMEDIAMICRO PHOTO

animals. A self-taught scientist, Goodall bravely ventured into the bush of Tanzania to discover the secret world of chimpanzees. This new biography series for kids from DK goes beyond basic facts to tell true-life stories of history's most interesting people.

- **Edible science.** Cooking is chemistry, and all 20 science experiments inside "Science You Can Eat," are edible and

fun. Young minds can find out why popcorn go "pop," explore how taste is affected by smell, then discover the secret to making the perfect cookie. Examining interesting ingredients and exciting eating, as well as peeking into the future of food, kids will get a better understanding of what's happening with food and why.

- **A global celebration.** Young readers of "Celebrations Around the World"

will embark on an exciting journey through the most interesting and important festivals, celebrations and holidays enjoyed by people all over the globe. From why skeletons dance at the Day of the Dead in Mexico to how the world's biggest tomato fight – La Tomatina in Spain – gets cleaned up, stunning original illustrations and fascinating facts will inspire and inform children about cultures and religions from all over the world.

- **Medieval mania.** Spark an interest in history and architecture with "DK findout! Castles," which includes lots to learn about medieval castles, including knights, jousting, sieges, drawbridges and forts. Kids can learn about castle design, from the earliest motte and bailey styles to stone fortresses and beautiful castles in Japan and India, as well as view some of the most impressive castles in the world.

Packed with information and color, this book is part of a series introducing children to a range of topics in a fun, engaging way.

After school is the perfect time to explore topics of interest, and a treasure trove of books can make learning new things fun.

This article was printed by permission of statepoint.net.



Register Now
for
2019/2020
school year

**"Champions aren't made in gyms.
Champions are made from
something they have deep inside
them-
a desire, a dream, a vision."**

Muhammad Ali

Call 914-238-4967

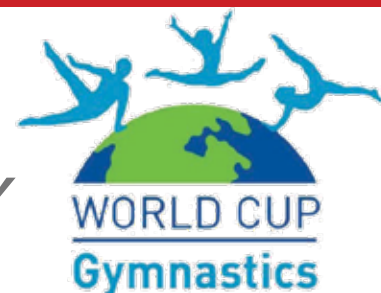
**Whether you are a beginner or
experienced gymnast, an infant or a
teenager, there is a class for you at
World Cup Gymnastics.**

Former Home Of '12 & '16 Olympian, John Orozco

**DISCOVER YOUR INNER CHAMPION!
AT WORLD CUP GYMNASTICS**

One of the top recreational and competitive gymnastics programs in NY

160 Hunts Lane · Chappaqua · NY www.worldcupgymnastics.com



How to Find the Best Back-to-School Deals

With households nationwide spending \$27.6 billion on items like clothes, accessories and supplies, back-to-school is now the second biggest shopping season of the year, according to Deloitte research.

Americans may be parting with a lot of their money, but not necessarily happily. A recent survey from online retailer Zulily finds that 71 percent of Americans think that shoppers spend too much on back-to-school shopping. It's no surprise then that over half of respondents marked budget as the most important factor in making purchases for that first day of school, over convenience and being on-trend.

But experts say you don't have to sacrifice convenience or style to stay on-budget. To help keep your wallet intact while you seek out all the coolest back-to-school gear, merchandising director at Zulily, Carmela Matthews, a retail veteran, offers these shopping tips.

- Plan in advance. Avoid stressful, pricey last-minute shopping. Get started early so you can be finished before all the good seasonal deals are gone.
- Get organized. Put together a checklist so you don't forget any of the necessities. "Take stock of what you have and what you need by cleaning out closets

prior to shopping," Matthews said. "Stay organized by sorting items into piles for donations, consignment and hand-me-downs."

- Create a budget. While summer sales can help you save, it's still important to set a realistic spending limit, as well as to look for the best deals available to stay within budget.
- Shop mobile. Apps like Zulily offer parents a wide variety of back-to-

school essentials for kids, whether they're pre-K or college age, at amazing prices. Essentials include apparel, shoes, accessories, school supplies, toys and dorm décor. Savings multiply when shoppers buy two items or more, but the great deals typically only last 72 hours. With 77 percent of Americans saying that they think school supplies are more expensive today

than during the 1990s (according to the Zulily survey) this year, the online retailer is taking a different spin on its time-limited sales and will be launching a special retro collection by debuting a six-week blast-from-the-past sale featuring iconic school season essentials from the '90s – at '90s prices. On #ThrowbackThursday, Aug. 22, shoppers will have the opportunity to shop new, curated and charmingly retro-inspired goods for the whole family with prices to match the era of Tetris and Lisa Frank.

- Stockpile favorites. When you find something your child loves and needs each year for school at a great price, be sure to buy a few extra so you can take advantage of the great deal for years to come. Purchasing for kids for several years (with the expectation that they will grow) can provide wallet relief.

When you buy multiples of the same item in larger sizes, place them in labeled bins that you can pull out upon closet clean-out the following year to avoid buying duplicates.

With some smart strategizing, you can prepare for a successful, stylish and affordable school year.

This article was printed by permission of statepoint.net.





Dreaming about my future...

Register Now
for
2019/2020
school year

preparing for it at World Cup Nursery School and Kindergarten

- Becoming 2s, 2s, 3s and 4-year old programs
- Private, full-day Kindergarten
- High teacher-to-student ratios
- Before and after school programs
- Summer camps

A love or learning starts here!

Call 914-238-9267

160 Hunts Lane · Chappaqua · NY www.worldcupschools.com



WORLD CUP
Nursery School
& Kindergarten

Ready to shop for your
Back to school clothing?

This year there is
NO reason you can't have
A wardrobe of designer clothing!

Shop at
Hidden Treasures & Donation Center
High Quality, Designer Items at a fraction of the cost.



1736 Front Street
Yorktown Heights NY 10598
914-490-3966
Web-site: www.yorktownloveinaction.com


**Irene's
Hair Salon**

It's Back to School!

\$10 OFF
COLOR
With this ad

\$2.00 OFF
Any Haircut
with this ad

914-495-3010
16 Marble Avenue,
Pleasantville, NY
OPEN: Tues-Thurs 9:30-6, Fri 9:30-7,
Saturday 9-5,
Closed Sunday & Monday



Pleasantville Community Television
914.747.4411
www.pctv76.org

PCTV is a 501(c)3 not for profit organization

**We at PCTV appreciate the long-standing support of the
many communities we serve.**

**Please consider a tax-deductible donation during our Annual
Appeal drive currently underway. Visit our website at
PCTV76.org or mail your check to
PCTV, 2 Jackson Street, Pleasantville, NY 10570.**



900 WINNERS, INCLUDING ONE WINNER OF A 2019 JEEP WRANGLER EVERY SATURDAY*!



***IN AUGUST & SEPTEMBER**

EMPIRE CITY[®]

CASINO

BY MGM RESORTS



PLEASE PLAY RESPONSIBLY
Struggling with a gambling addiction? Call the HOPEline 1-877-846-7369 or text HOPENY (467369)* You must be 18 years or older to purchase a lottery ticket.
NYLResponsiblePlay.com *Standard rates may apply. Vehicle displayed may be of larger value than awarded vehicle.

When Buyers and Sellers Want Realtors to Be Blabbermouths

You'd never know it to meet me today, but I was born with some kind of neurological condition that resulted in my reaching the age of five without speaking a word.

That was in the days before so much was known about autism spectrum disorder. Certainly, there was no treatment available for kids like me who were non-social, withdrawn and didn't verbalize.

But from what my mother told me, I recovered from whatever the condition on the final day of a novena she made at St. Donato's Roman Catholic Church in North Philadelphia. After hearing this story, I never questioned reports of miracles, because I started verbalizing at the end of the novena and haven't shut up since.

While I was able to speak, I still had to challenge myself to become more socially interactive in school. I debated and wrote for the school newspaper, then once out of college, my first job was as a newspaper reporter. After that, a public relations practitioner, all requiring verbal communication.

But only when I ventured into real estate, did I find myself talking all the time.



By Bill Primavera

From what industry pundits say, that's a good thing.

At a real estate convention I attended early in my career, one of the keynoters impressed me when he identified the chief "irk" that sellers and buyers have with realtors – and it's all about communications.

Specifically, he said that the most common real estate situation that negatively impacts realtors' clients is inadequate disclosure. He went on to paint scenarios which might convince potential homebuyers and sellers to have frequent heart-to-hearts with their realtors to learn as much as they can about

the entire process, particularly what is likely to happen next.

In defense of myself and my fellow realtors, I would say that out of self-preservation, we're way ahead of the game. I've never heard any group of people who talk as much as realtors do to inform their clients. Whenever I'm in the office, there is a cacophony of voices on the phone, all explaining to clients what is happening and what to expect.

But real estate purchases and sales is a complex process and such an all-encompassing discipline that the totally

unexpected or unknown can happen at any time. It's the realtor who can get blamed for lack of disclosure on the matter.

There are the standard disclosures which sellers and realtors sign when taking a listing: the disclosure of agency that identifies the relationship of the realtor to the seller; a lead disclosure if the house was built before 1978; and the affiliated business disclosure, so that sellers can be aware of the other businesses which the realtor's company owns.

The big disclosure that most buyers and sellers relate to is the property condition disclosure in which the seller identifies all the known defects of a house to its buyer. While it is required in many states, such as California where the code is particularly stringent, in New York, the seller may choose not to issue such a disclosure but rather pay \$500 at closing to the buyer. The overwhelming majority of sellers choose this option, rather than risk being liable for serious house defects.

Beyond these expected disclosures are those that require a simple explanation before the fact, rather than after. Nobody likes surprises when it may be too late to be informed. This is best accomplished by the realtor preparing a list of frequently asked questions, such as whether a lawyer is needed and who pays the commission?

Besides asking such questions, it is

suggested that realtors also present a list of what sellers or buyers can expect along the way. Sometimes, realtors who make appointments to show your home will sometimes be late or not show up; know that the HGTV shows are scripted; expect that the closing date will be delayed; and expect that you won't know until the last moment how much money you must bring to the closing.

The more realtors paint a realistic picture, especially accompanied by stories of personal experience, the better sellers and buyers will feel empowered to make informed decisions. That kind of clear and open communication is what helps avoid problems in the form of misunderstanding, missteps and/or unlawful acts.

Not so long ago I was in Philadelphia and happened to pass the church where my mother told me I was granted my ability to speak. It brought a lump to my throat, nudging alongside my voice box that has had a lot of practice in the years I've worked as a realtor who blabs on and on to clients about what's going on.

Bill Primavera, while a publicist and journalist, is also a Realtor® affiliated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. (www.PrimaveraPR.com). To engage the services of The Home Guru to market your home for sale, call 914-522-2076.

SMALL NEWS IS BIG NEWS

★ ROOFING
← WINDOWS
← SIDING
← DOORS ★

KIDS ARE GOING BACK TO SCHOOL.
MIRACLES DO HAPPEN!

Now You Can Take Time To Focus On
Lowering Your Heating & Cooling Bills.
Install Our Energy Efficient Siding,
Windows & Roofing!

WC. Lic. #10415H99
P.C. Lic. #1817
YNK 307
H-12519-07-23-00

CALL AND
SAVE TODAY!

Follow
us on

MIRACLE
HOME IMPROVEMENTS

NO \$ DOWN!!
Under \$20,000

FINANCING
OPTIONS FROM
GreenSky

914 ★ 271 ★ 9119

Family Run, Owner Supervision on all Jobs...
Exceptional Quality & Service @ AFFORDABLE Prices...

ROOFING ★ WINDOWS ★ SIDING ★ DOORS
DECKS ★ LEADERS ★ SEAMLESS GUTTERS

Visit our large office & showroom to see the variety of
products on display, or we will bring our showroom to you.

2010 Albany Post Road • Croton-on-Hudson, NY
www.miraclehomeimprovements.com
Robert & Mary Sniffen, Owners

SEAMLESS GUTTERS ← LEADERS

**Safe Haven
Self Storage**

Got Stuff?
We've got space.

safehavenselfstorage.com

ACCESS TO YOUR UNIT 7 DAYS A WEEK
WE SELL BOXES, CARTONS, LOCKS
FULL INSIDE LOADING DOCK
SAFE AND SECURE
CLIMATE CONTROLLED ENVIRONMENT

FIVE LOCATIONS

 NEW CUSTOMERS

50% OFF

 FIRST 3 MONTHS*

*Restrictions Apply

Delving Into Core Principles and Practices of the Wine Universe



By Nick Antonaccio

It's the dog days of August and I'm wilted from the heat we've been experiencing. I've decided for this week's column to reprise a previous nugget I wrote for you. Hope you enjoy it.

Here are random factoids, choice nuggets to elevate your game or to supplement your memory banks. Some of you will consider these to be revelatory; others may have a "tell me something I don't already know" reaction.

1. Always clear your palate before you taste a wine. Previous foods in your mouth will influence your experience with a wine. You will not enjoy a Cabernet Sauvignon if you just finished off a bag of salty chips.
2. Wine is best experienced when paired with food. In combination in your mouth, a "new" flavor is created. Remember that regional wines evolved over the centuries as accompaniments to regional foods, not

as stand-alone expressions of a grape. I have often changed my opinion of a wine once it interplays with the flavors and aromas of a food dish.

3. Aromas dominate your appreciation of a wine. Our physiology has four elements of taste and over 10,000 elements of aromas.
4. Corollary to Number 3 above: swirling the wine in your glass releases the aromas and bouquet more quickly. Always swirl. It's functional, not snobbery.
5. Sub-corollary to Number 3: Don't fill your glass more than a one-third; it allows the aromas to concentrate in the other two-thirds. Swirl a glass that has curved sides

and a rim. It funnels and therefore concentrates the aromas toward your nose as you sip the wine.

6. Don't swallow too soon. Hold the wine in your mouth for a few seconds and "chew" it. This will allow the wine to coat the sensory areas of your tongue and mouth,

enhancing your ability to appreciate the many nuances of the wine.

7. Red wine is healthier than white wine. The red grape skins that ferment with the juice contain compounds that are powerful antioxidants. One of these, resveratrol,

has been proven to be a key to our overall health.

8. All grape juice is white (with one or two minor exceptions). Red wines derive their color from the grape skins, which are fermented with the juice and thereby impart the familiar color to the wine.

Corollary: Red grapes can produce a white wine – just remove the skins before fermentation begins. A classic example is sparkling wine, which invariably is produced from some or all red grapes. Brut Champagne is part Chardonnay and part Pinot Noir and/or Pinot Meunier; Blanc de Noir (White from Black) on the label signifies only red grapes were vinified in the production of the wine; Blanc de Blanc – you've got it, only Chardonnay was vinified. Rosé Champagne signifies that the skins of the red grapes used in production were allowed to sit with the fermenting juice for a very short period – just long enough to infuse a light red/pink color to the wine.

9. Generally speaking, during the course of a meal or a wine tasting, enjoy the lighter wines first and then move to the heavier wines. Your palate will thank you and will remain fresher for a longer period of time.

Likewise, white wines should generally be enjoyed before reds; dry wines before sweet wines; and young wines before older ones.

10. Need to chill a bottle of wine quickly? Don't put it in the fridge or the freezer. Rather, place it in an ice bucket filled one-quarter with water and the remainder with ice. Fill as high as possible in order to surround the neck of the bottle. Add a hearty pinch of kosher salt, wait 10 minutes, open and pour.

Feel free to refer to these facts whenever you wish to impress friends with your wine knowledge, but most importantly to better understand the fundamental precepts and practical wisdom of wine appreciation.

Nick Antonaccio is a 40-year Pleasantville resident. For over 25 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Martin Wilbur at mwilbur@theexaminernews.com.

Happenings

Tuesday, Aug. 20

STEM Fun. Make volcanoes, bouncy balls and spinners. For children in grades K and up. Ruth Keeler Memorial Library, 276 Titicus Rd., North Salem. 4 p.m. Free. Info: 914-669-5161 or www.ruthkeelerlibrary.org.

Mount Kisco Public Library Board of Trustees Meeting. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 6:30 p.m. Free. Info: 914-666-8041 or www.mountkisco.org.

Italian Language and Culture. Mara De Matteo, born and raised in Italy and passionate about her native language, combines lively conversation with grammatical instruction in her classes. She creates interactive lessons on the richness of Italian culture, past and present. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6:30 p.m. Every Tuesday. Info: 914-273-3887 or www.northcastlelibrary.org.

Armonk Readers Book Club. "Circe" by Madeline Miller will be discussed. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6:45 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

"Cage Shuffle." The sequence of the stories is random. The sequence of the dance is not. In this abbreviated version of "Cage Shuffle," Paul Lazar speaks a series of one-minute stories by John Cage from his 1963 score "Indeterminacy" while simultaneously performing choreography by Annie-B Parson. The stories are spoken in a random order with no predetermined relationship to the dancing. Chance serves up its inevitable blend of strange and uncanny connections

between text and movement. With live tape and digital collage scored and performed by composer Lea Bertucci. Followed by a Q&A with Lazar and Parson moderated by Peter Pucci. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7 p.m. Members: \$10. Non-members: \$15. Info and tickets: Visit www.burnsfilmcenter.org.

Legendary Tuesday Night Jam. This jam has fostered many great musicians over the years. Some have gone on to tour, win Grammy Awards and achieve celebrity status. You never know who you'll hear. Come on down, play or listen, dance, drink and enjoy. All levels of musical talent are welcome. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 8 p.m. No cover charge. Every Tuesday. Info: 914-747-4740.

Wednesday, Aug. 21

New Mommy and Daddy Meet-Up. Whether it's your first child or your fifth, this is a great way to get out of the house, meet new friends and enjoy time with your baby. World Cup Nursery School, 160 Hunts Lane, Chappaqua. 10:25 to 11:10 a.m. Free. Every Wednesday. Info: 914-238-9267 ext. 20.

People Love Yarn. Share your knowledge or learn from the group. All skill levels welcome. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 1 to 3:30 p.m. Free. Every Wednesday. Info: Contact Louann Rooney at rooneylm@optonline.net.

"Deconstructing the Beatles' Abbey Road Side 2." The latest from "Beatleologist" Scott Freiman is a masterpiece filled with such classic Beatles songs as "Come

Together," "Something" and "Here Comes the Sun." Take a track-by-track journey into The Beatles' inspiration and evolution in the studio with the man who's been presenting his beloved, exhilarating multimedia deep dives into the band's work here for years. Because of the depth of the "Abbey Road" songwriting, he created two separate presentations for this album, and both have been captured live for all to enjoy. Freiman is on hand for a Q&A following the evening presentation. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 1 and 7:30 p.m. Members: \$10. Non-members: \$15. Info and tickets: Visit www.burnsfilmcenter.org.

Affordable Care Act Navigator. A trained navigator provided by the county Department of Health will be available to help people with choosing and signing up for health insurance under the Affordable Care Act and the state health marketplace. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 2:30 to 7 p.m. Free. Every Wednesday. Also Thursdays from 1 to 6 p.m. and Saturdays from 10 a.m. to 2 p.m. Appointment required. English only on Wednesdays. Appointments available in Spanish on Thursdays and Saturdays. Info and Wednesday appointments: 914-336-6026. Info and Thursday and Saturday appointments: 914-336-6935.

Mount Kisco Arts Council Summer Concert Series. Leo Genovese and Dan Blake will be performing this evening. Fountain Park at Village Hall, 104 E. Main St., Mount Kisco. 6:30 p.m. Free. Series continues every other Wednesday evening through Sept. 18. Info: Visit the Mount Kisco Arts Council's Facebook page or on

Instagram.

Support Group for Families in Recovery. Mountainside Chappaqua now offers this family support groups to those who have been impacted by a loved one's addiction. These sessions are designed to provide family members with the recovery and support services they need to heal in tandem with their addicted loved ones. For parents, spouses, children, friends and others whose loved ones have struggled with drug or alcohol misuse. Group members are encouraged to share their stories, setbacks and successes with those who have encountered similar challenges. Mountainside Chappaqua, 480 Bedford Rd., Chappaqua. 6:30 to 8 p.m. Free. Meets the third Wednesday of every month. Info: 800-762-5433.

Art Series: George Loftus Noyce. An important member of the Boston School of American Impressionism, this Canadian-born artist had a way with his nuanced palette and light brush strokes that defined his superb landscapes and still life images. Discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Thursday, Aug. 22

Knitting Circle. This group is open to everyone who has an interest in knitting. Live, love, laugh, learn and have fun together during these creative journeys. Come share patterns and ideas and celebrate creative spirits together while enjoying the ancient

continued on page 22

Happenings

continued from page 21

art of knitting. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 10 a.m. to 12:30 p.m. Free. Every Monday and Thursday. Info: 914-273-3887 or www.northcastlelibrary.org.

Lifeline Theater Music Program. An outlet for unlocking the potential of children and adults with special needs through integrated arts and life skills programs. Drop in anytime and join founder Billy Ayres as he uses singing, dancing, creating plays, artwork and gardening to help participants realize their strengths and potential contributions to their communities. Ayres has created a technique called improvisational integrated music/drama. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 10 a.m. to 5 p.m. Free. Every Thursday from 10 a.m. to 5 p.m. and every Friday from 10 a.m. to 2 p.m. Info: Visit www.lifelinetheaterinc.org/index.html.

Mahjongg Club. Intermediate players welcome. Participants must bring their own set. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 p.m. Free. Every Thursday. Info: 914-666-8041 or www.mountkiscoliberal.org.

National Theatre Live: "The Lehman Trilogy." From a cold morning in 1844 when an ambitious young man from Bavaria sets foot on a New York dock to a time 163 years later when the firm he co-founded spectacularly collapses, this critically acclaimed and five-time Olivier Award-nominated play tracks the rise and fall of Lehman Brothers. Written by Stefano Massini, it is directed by Academy Award-winner Sam Mendes, whose stage work includes "The Ferryman," for which Mendes received the Tony Award for best direction. With Simon Russell Beale, Adam Godley and Ben Miles. About three hours and 40 minutes; includes two 20-minute intermissions. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 2 and 7 p.m. Members: \$20. Non-members: \$30. Info and tickets: Visit www.burnsfilmcenter.org.

Block Party: Foxanne. This singer-guitarist carefully lilts through delicate lyrics as the band swells and intimate whispers grow to a room-shaking vibrato. Includes complementary soft drinks, craft beer, wine and specialty cocktails along with light refreshments. Rain or shine. Katonah Museum of Art, 134 Jay St., Katonah. 6 to 8 p.m. Members: \$20. Non-members: \$25. Children (under 18): Free. Info and tickets: Visit www.katonahmuseum.org.

Summer Concerts in the Park. The Town of Mount Pleasant will host the sixth of seven Thursday night concerts. Tonight, the TMP Community Band will be performing. Preceded by student opening acts. Carroll Park, James M. Carroll Park, 202 Kensico Rd., Thornwood. 7 p.m. Free. Info: Visit www.mtpleasantny.com.

Evening Howl for Adults Only. Enjoy visiting the wolves during their favorite hour – dusk. Learn about the mythology, biology and ecology of wolves in North America while enjoying a spread of wine and cheese. Guests will take a short sunset hike to howl with Ambassador wolves Atka, Alawa, Nikai and Zephyr and potentially behold the center's critically endangered red wolves and Mexican wolves, too. For adults 21 years old and up. Wolf Conservation Center, South Salem. 7

p.m. \$20. Pre-registration required. Info and pre-registration: Visit www.nywolf.org.

8th Annual VOB Film Festival Opening Night. Four short films followed by a feature film and a meet-and-greet with several of the filmmakers. Each film – "WanderLust," "Asian F," "Villager," "It's Time for Tea" and "Myth" – has been carefully selected by a juried panel over several months. Genres range from crime to animation to drama and comedy. Bedford Playhouse, 633 Old Post Rd., Bedford. 7 p.m. \$14. Info and tickets: Visit www.bedfordplayhouse.org or the box office.

"Linda Ronstadt: The Sound of My Voice." Since bursting onto the music scene in 1967, Ronstadt has been an icon. In this touching documentary from award-winning filmmakers Rob Epstein and Jeffrey Friedman, Ronstadt is the viewer's guide through her early years of singing Mexican cancones with her family, her folk days with the Stone Poneys and her reign as the "rock queen" of the '70s and early '80s. She was a pioneer for women in the male-dominated music industry and an advocate for human rights. Ultimately, her incredible, singular voice was lost to Parkinson's disease, but her music and influence remain as timeless as ever. With moving performance footage and appearances by collaborators including Dolly Parton, Emmylou Harris, Bonnie Raitt and Jackson Browne, the film celebrates an artist whose desire to share the music that made generations of fans fall in love with her. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7 p.m. Members: \$12. Non-members: \$17. Info and tickets: Visit www.burnsfilmcenter.org.

Friday, Aug. 23

Grow Your Business. A panel discussion led by the Small Business Administration (SBA) focusing on three major SBA programs that could help jumpstart and/or grow your business: How to finance your business using the various types of SBA small business loans; the 504 program, a financing option for the building where your business is located; and the 8a program for minorities and women-owned businesses related to working on government contracts. Attendees will be able to ask questions and interact with panelists after the discussion. Includes coffee, pastries and a light lunch. Ossining Public Library, 153 Croton Ave., Ossining. 9 a.m. to 12:30 p.m. Free. Registration required. Info and registration: Visit www.westchester.score.org.

Summer Sings! An event sponsored by the Katonah Women's Civic Club Singers. Includes refreshments. Katonah Memorial House, 71 Bedford Rd., Katonah. 10 a.m. to noon. Free. Info: Contact Rita Schaffer at 914-763-8149 or e-mail senorita28@aol.com.

ZUMBA® With Amy. Fun cardio dance fitness workout, low-impact approach, easy learning environment. This feel-good workout is exercise in disguise. Free trial class available. Addie-Tude Dance Center, 42 Memorial Plaza, lower level, Pleasantville. 11 a.m. to noon. \$14 drop-in fee. Every Friday. Also Tuesdays from 10 to 11 a.m. Walk-ins welcome. Info: Call or text the instructor at 914-643-6162 or visit www.amyolin.zumba.com.

Ossining Food Truck Fridays &

Concert Series: Novablue. Ossining continues its summer concert series with an evening of food trucks, craft beer, wine and cider and music. Louis Engel Waterfront Park, 25 Westerly Rd., Ossining Food trucks at 5 p.m. Music at 7 p.m. Free admission. Info: Visit www.OssiningChamber.org.

"Captain Marvel." A continuation of the film and discussion series about films directed by women. Discussion led by Carol Durst Wertheim. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 7 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Friday Night Film Series: "Kodachrome." This road movie stars Oscar winner Ed Harris as a once-famous bad-boy photojournalist who asks his son, a busy executive, to join him on a road trip from New York to Kansas to process his last rolls of Kodachrome film before the sole remaining lab closes and those captured moments are gone forever. Post-screening discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Westchester Photographic Society: "Preparing a Slide Show." Society member Charlie Koenig will demonstrate how to arrange individual pictures into a slideshow for presentation. Members show images explaining how they captured the image and the post processing techniques used. All photographers, beginner to professional, are welcome. Must be 18 years old and up. Westchester Community College's Technology Building, Room 107, 75 Grasslands Rd., Valhalla. 8 p.m. Free. Info: 914-827-5333 or visit www.wpsphoto.org.

Celebrating 50 Years: Three Days of Peace, Love and Music at Yasgur's Farm With Peter Calo and Friends. An evening of celebration in music and stories about a music festival that influenced a generation. Musical director Peter Calo and friends Lauren Fox, Jamie Mohamdien, Victor Santos Jr. and Laurel Massé (Manhattan Transfer) will perform the songs of Tim Hardin, Richie Havens, Melanie, Santana, Creedence Clearwater Revival, The Band, Sly and The Family Stone, The Who, Jefferson Airplane, Joe Cocker, Crosby, Stills and Nash, Jimi Hendrix and more. Schoolhouse Theater, 3 Owens Rd., North Salem. 8 p.m. \$25. Info and tickets: Visit www.schoolhousetheater.org.

"Transformations." Howard Meyer's Acting Program presents its 2019 Summer Performance Workshop, a collection of one-act plays performed by the program's students. A celebration of growth, risk taking, courage and the love of theater. Directed by Rachel Jones and Levi Joseph Green. St. John's Episcopal Church, 8 Sunnyside Ave., Pleasantville. 8 p.m. \$15. Also Aug. 24 at 2 and 8 p.m. and Aug. 25 at 4 p.m. Info and tickets: 914-286-7680.

Saturday, Aug. 24

Pleasantville Farmers Market. Experience the largest, year-round farmers market in Westchester, voted "Best of Westchester" six years in a row from 2014 to 2019, with over 50 vendors and eight nearby parking lots. This week, there will

be a scavenger hunt presented by the Jacob Burns Film Center from 9:30 to 11 a.m. and the music series will feature Brazilian and Caribbean sounds by Rio Novo from 10 a.m. to noon. Memorial Plaza, Pleasantville. 8:30 a.m. to 1 p.m. Rain or shine. Please note the market is a dog-free environment. Saturdays through Nov. 16. Info: Visit www.pleasantvillefarmersmarket.org.

Chappaqua Farmers Market. Locally-raised and produced food to the community creating a connection between shoppers and small-scale food producers in the region. Chappaqua train station, Chappaqua. 8:30 a.m. to 1 p.m. Saturdays through November. Info: Visit www.chappaquafarmersmarket.org.

Zumba Fitness. Achieve long-term benefits while having a blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life. For all fitness levels. Dance Emotions, 75 S. Greeley Ave., Chappaqua. 10 a.m. Every Monday and Wednesday at 9 a.m. and Saturdays at 10 a.m. Drop in or weekly discount rates available. Info: Contact Peggy at 914 960-4097.

Practice Tai Chi With Larry Atille. Learn specific feldenkrais and chi kung breathing techniques for deep relaxation and apply them to tai chi movement. This is a hands-on class that will be geared to the level of experience of the class and challenge all participants. Wear comfortable clothes and bring a floor mat or towel. North Castle Public Library, 19 Whippoorwill Rd. East. Armonk. 10:30 a.m. Free. Every Saturday. Info: 914-273-3887 or www.northcastlelibrary.org.

Wolves of North America. Learn about the mythology, biology and ecology of wolf families and discover why it's a special time for packs in North America. Whether the wolves are living on the Arctic tundra or the woodlands of the southwest, wolf families are out searching for prey as they celebrate the birth of pups. Guests will visit ambassador wolves Alawa, Nikai and Zephyr and possibly the critically endangered red wolves and Mexican gray wolves as well. Wolf Conservation Center, South Salem. 11 a.m. Adults: \$14. Children (under 12): \$11. Also Aug. 31 and Sept. 2, 21 and 28 at 11 a.m., Sept. 22 at 1 p.m. and Aug. 25 and Sept. 1, 8, 14 at 2 p.m. Pre-registration required. Info and pre-registration: Visit www.nywolf.org.

Adult Salsa Class. Addie-Tude Performing Arts Center, 42 Memorial Plaza (lower level), Pleasantville. 11:30 a.m. to 12:30 p.m. Free. \$12. Every Saturday. Info: 917-215-1720 or visit www.addie-tude.com. Call or visit website because classes are subject to change.

Painting With Alternative Media. This workshop will introduce its participants to a variety of techniques and approaches, primarily using alternative (non-artist) materials, with some traditional water-based media integrated into the process. Working on masonite boards, explore rusting agents, patinas, molding paste, texturizing agents, gold leaf, crackling agents and the drip method. Led by Jill Kiefer. For participants 15 years old and up. Pelham Art Center, 155 Fifth Ave., Pelham. 1 to 4 p.m. Members: \$59. Non-members: \$66. (Plus a \$20 material fee.)

continued on next page

Financial Advice for Veterans is a Necessary Specialty

It isn't easy being a veteran, especially a career reservist who walks a fine line between the military and civilian worlds. There may be real financial hardships resulting from regular activations that throw a monkey wrench into family finances.

Military pay may be light years ahead of where it was in the Vietnam era, but it still can't compare to civilian pay, especially when it is in lieu of a primary breadwinner's civilian salary.

It is common for military families to need the services of a skilled adviser to help keep the finances on track, especially for big-ticket items such as mortgages. But recently discharged vets, in addition to retirees, also could use some help getting their finances in order, understanding the long-term benefits of G.I. Bill benefits for college education, job training, disability pay for service-related injuries or sickness, no-down-payment mortgages and putting money aside for retirement and other needs.

It is important to understand that from a financial standpoint not all veterans are created equal. Vets who serve one or more enlistments but leave the service short of the 20 years required for retirement benefits, essentially have the same chances at financial success as their civilian

counterparts, although career-wise they may be several years behind those who did not serve.

The years that veterans spend on active duty often are used by their civilian peers to advance their education, and after that, their careers. Even for college graduates who entered the service as officers and who may be considerably ahead of their civilian counterparts in life experiences, there is a gap, even if it is just in navigating the corporate culture.

Veterans who retire after 20 years are still relatively young and can add a second career to their retirement income, giving them the best chances of becoming serious investors. Also, retired officers usually have higher salaries in the military than enlisted personnel and have a better chance at disposable income.

Perhaps the best advice for younger vets, either those on active duty or in reserve units with regular deployments, would be to take courses in managing their finances. A recent survey of military families revealed that 49 percent have less than \$5,000 in savings, and 42 percent of service members



By Kevin Peters

and 40 percent of military spouses identify military pay and benefits as among their top areas of concern.

Family incomes are generally supplemented by the non-service member as 68 percent of military spouses are employed and actively seeking work. But more than half of employed military spouses earned less than \$20,000 in 2016.

In addition to the other stresses faced by service families, uncertainty regarding deployments and whether a change will disrupt families, potentially sending them to an area with a higher cost of living, can have a negative impact.

Financial advisers can assist with military spouse employment by helping navigate government regulations that dictate life on military bases, including military housing, and regulations governing the operations of small businesses on base.

Advisers who help military personnel and veterans also can help vets and their families by providing detailed financial advice relating

to the transition to civilian life that goes deeper than the obvious big-ticket items. Three areas identified by experts in veteran financing that could help that demographic include avoiding debt, amassing savings and appropriate application of supplemental pay – such as tax-free combat zone pay – to help build a portfolio.

Advisers also can assist veterans and their families outline their income and expenditures for emergencies and other unanticipated costs and determine their ability to make long-term investments.

Veterans in all categories face challenges that the civilian population is unaware of but they still can construct a financial plan that considers both immediate and long-term needs. Whether they are retired, still serving, just discharged or have long since put the military behind them, veterans as a group encounter unique challenges and opportunities. With proper guidance they can become successful investors with solid and versatile portfolios.

Kevin Peters is a financial adviser with the Wealth Management Division of Morgan Stanley in Purchase. He can be reached at 914-225-6680.

The Prudent Portfolio

The information contained in this column is not a solicitation to purchase or sell investments. Any information presented is general in nature and not intended to provide individually tailored investment advice. Morgan Stanley Smith Barney LLC ("Morgan Stanley"), its affiliates and Morgan Stanley Financial Advisors or Private Wealth Advisors do not provide tax or legal advice. The strategies and/or investments referenced may not be suitable for all investors as the appropriateness of a particular investment or strategy will depend on an investor's individual circumstances and objectives. Investing involves risks and there is always the potential of losing money when you invest. The views expressed herein are those of the author and may not necessarily reflect the views of Morgan Stanley Wealth Management, or its affiliates. Morgan Stanley Smith Barney, LLC, member SIPC.

Happenings

continued from previous page

Registration required. Info and registration: Visit www.pelhamartcenter.org.

Pack Chat for Kids. This is the best introduction to wolves for families with young children. Kids will learn about the mythology surrounding wolves and the important role they play in the natural world. This is an exciting time for wolves as they are out searching for prey as they prepare for the birth of this year's pups. Guests will visit ambassador wolves Alawa, Nikai and Zephyr and possibly the critically endangered red wolves and Mexican gray wolves. Wolf Conservation Center, South Salem. 2 p.m. Also Aug. 25 and Sept. 1, 7, 8, 15 and 29 at 11 a.m. and Aug. 31 and Sept. 21 at 2 p.m. Adults: \$14. Children (under 12): \$11. Pre-registration required. Info and pre-registration: 914-763-2373 or visit www.nywolf.org.

Sunday, Aug. 25

Touch-a-Truck and First Responders Day. The Mount Kisco Fire Department presents this event that features a barbecue, an ice cream truck, popcorn, a bounce house and face painting. Antique fire trucks, ambulances, police units and highway trucks will also be part of the celebration. Parking lot behind 39 S. Moger Ave., Mount Kisco. 10 a.m. to 2 p.m. Free admission. Rain date Sept. 8.

Muslim Heritage Festival. Music, entertainment, crafts and food vendors. Kensico Dam Plaza, 1 Bronx River Parkway,

Valhalla. 12 to 7 p.m. Free admission. Free. Info: 914-864-PARK or visit parks.westchestergov.com.

Ballroom Dancing and Dinner. Dancing followed by a complete dinner. All proceeds to go to the scholarship fund at Fox Lane High School and New York Boys' State. Moses Taylor American Legion Post 136, 1 Legion Way, Mount Kisco. 2:30 to 6:30 p.m. \$18 per person. Fourth Sunday of every month. Info: 914-241-0136 or contact Commander John A. Graziano at 914-248-7134.

Monday, Aug. 26

Master Networker Meeting. Join this high-energy interactive membership network of learning-based, service-oriented entrepreneurs and business leaders. Come be a guest any Wednesday to learn more about this world-class business training and referral program. 719 Bedford Rd., Bedford Hills (next to ShopRite). 7:30 to 8:30 a.m. Free. Every Monday. RSVP suggested. Info and RSVP: Contact Tina Campbell at 914-441-1383 or e-mail tinacampbell@masternetworks.net or drop in.

Napkin Holder Workshop. Are you looking to spruce up your kitchen or dining room table? Don't make another trip to the mall. Make your very own decoupaged napkin holder. All supplies provided. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6 to 8 p.m. Free. Registration required. Info and registration: 914-273-3887 ext. 3.

Belly Dancing. Learn this captivating Middle Eastern dance and enrich your cultural knowledge. Whether you want to dance professionally or just have fun and get in shape, this is the place to start. Josie's International School of Dance, 42 Memorial Plaza, Level B, Pleasantville. 7 p.m. \$20. Every Monday. Info: 914-332-8670 or visit www.josiedance.com.

Open Mic Comedy. This is where the comedians come out to work on new jokes, change old jokes or just experiment with words that they just learned. This is not a traditional comedy show. The performers can say and do whatever they want, and we believe in giving the artists a space that they can be bold, creative, daring, insulting and controversial if they choose. No waiter or bar service in the showroom. Lucy's Lounge, 446 Bedford Rd., Pleasantville. Sign up at 7 p.m. Show at 7:30 p.m. Free. Every Monday. Info: Visit www.lucyslounge.com.

Telephone Support Group for Women With Metastatic Breast Cancer. This Support Connection group offers the opportunity to share information and experiences with women across the country who are living with breast cancer. Share information and experiences. Confidentially discuss concerns and gain support from others who understand from the comfort of home. Open to women nationwide living with recurrent, advanced stage or metastatic breast cancer. 8 p.m. Free. Typically, the first Monday of each month. Pre-registration required. Info and pre-registration: Contact

Support Connection at 914-962-6402 or 800-532-4290.

Wednesday, Aug. 28

Death Café Westchester. Facilitated by local volunteers, this session offers an opportunity to come to a nonjudgmental, friendly gathering to discuss end of life. When individuals gather in small groups to exchange thoughts and experiences, this shared information and exploration transform anxiety about death and dying so life can be lived more fully. (Note that this is a discussion group rather than a counseling session for those actively grieving.) Group originator and moderator Barbara Sarah, an oncology social worker and Goldens Bridge resident, has organized dozens of Death Cafés in Westchester and Ulster counties. Coffee and snacks provided. Katonah Village Library, 26 Bedford Rd., Katonah. 6:30 to 8 p.m. Free. Info: Visit www.katonahlibrary.org/events, e-mail DoulaEOL@gmail.com or visit on Facebook at [facebook.com/DeathCafeWestchester](https://www.facebook.com/DeathCafeWestchester).

Art Series: Andrew Wyeth. Think of Wyeth and you immediately envision his eponymous work, "Christina's World," but this visual artist is also one of the 20th century's most heralded painters for the tremendous realism and emotion in his work. Discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

To Place a Classified Ad
Call 914-864-0878 or e-mail
classifieds@theexaminernews.com

EXAMINER MEDIA Classifieds

Classified Ad Deadline
is Thursdays at 5pm for the
next week's publication

ANTIQUES & ART/COLLECTIBLES

MOST CASH PAID FOR paintings, antiques, furniture, silver, sculpture, jewelry books, cameras, records, instruments, coins, watches, gold, comics, sports cards, etc. **PLEASE CALL AARON AT 914-235-0302**

ATTORNEY/ LEGAL

LUNG CANCER? AND AGE 60+? You And Your Family May Be Entitled To Significant Cash Award. Call 866-951-9073 for Information. No Risk. No Money Out Of Pocket.

DIVORCE \$349 - Uncontested divorce papers prepared. Only one signature required. Poor person Application included if applicable. Separation agreements. Custody and support petitions. 518-274-0380



DONATE YOUR CAR TO WHEELS FOR WISHES, benefiting Make-A-Wish. We offer free towing and your donation is 100% tax deductible. Call 914-468-4999 Today!

BUYING/SELLING

BUYING diamonds, gold, silver, all fine jewelry and watches, coins, paintings, better furs, complete estates. We simply pay more! Call Barry 914-260-8783 or e-mail Americabuying@aol.com

GOLD / SILVER WANTED

HIGHEST PRICE\$ PAID - Visit West- chester's Top Buyer for Gold, Silver, Diamonds, Coins & Currency, Watches, Jewelry. Licensed, Professional, **No Appointment Necessary. Tuesdays-Saturdays 10am-6pm, Mt. Kisco Gold & Silver, 139E Main Street. 914-244-9500**

CABLE & SATELLITE TV

SPECTRUM TRIPLE PLAY! TV, Internet & Voice for \$29.99 ea. 60 MB per second speed. No contract or commitment. More Channels. Faster Internet. Unlimited Voice. Call 1-855-977-7198

EDUCATION/CAREER TRAINING

AIRLINE CAREERS Start Here! Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call AIM for free information 866-296-7094

FINANCE

NEED IRS RELIEF \$10K - \$125K+ Get Fresh Start or Forgiveness Call 1-877-258-1647 Monday through Friday 7AM-5PM PST

DENIED SOCIAL SECURITY DISABILITY? Appeal! If you're 50+, filed for SSD and denied, our attorneys can help get you approved! No money out of pocket! 855-478-2506

FOR SALE

Privacy Hedges -FALL BLOWOUT SALE 6ft Arborvitae Reg \$149 Now \$75 Beautiful, Nursery Grown. FREE Installation/FREE delivery, Limited Supply! **ORDER NOW: 518-536-1367 www.lowcosttreefarm.com**

HEALTH

FARMERS, LANDSCAPERS or GARDENERS, did you or a loved one use Roundup Weed Killer and were diagnosed with **NON-HODGKINS LYMPHOMA (Cancer)?** You may be entitled to compensation. Call Attorney Charles Johnson 1-800-535-5727

HEARING AIDS!! BUY ONE/ GET ONE FREE! HIGH-QUALITY RECHARGEABLE NANO HEARING AIDS PRICED 90% LESS THAN COMPETITORS. NEARLY INVISIBLE! 60-DAY MONEY BACK GUARANTEE! 855-504-5591

VIAGRA & CIALIS! 60 pills for \$99. 100 pills for \$150 FREE shipping. Money back guaranteed! Call Today: 800-404-0244



HELP WANTED

CLASS A AUTO/TRUCK MECHANIC. WANTED FULL TIME/PART TIME. Call or apply in person. Milrent at 100 Locust Ave., Cortlandt Manor, NY 10567. (914) 737-6492. Salary negotiable.

JOB OPPORTUNITY \$18.50 P/H NYC \$15 P/H LI \$14.50 P/H UPTATE NY If you currently care for your relatives or friends who have Medicaid or Medicare, you may be eligible to start working for them as a personal assistant. No Certificates needed. (347)462-2610 (347)565-6200

HOME IMPROVEMENT

BATHROOM RENOVATIONS. EASY, ONE DAY UPDATES! We specialize in safe bathing. Grab bars, no slip flooring & seated showers. Call for a free in-home consultation: 888-657-9488.

AFFORDABLE NEW SIDING! Beautify your home! Save on monthly energy bills with beautiful NEW SIDING from 1800 Remodel! Up to 18 months no interest. Restrictions apply 855-773-1675

INTERNET AND TV

Get DIRECTV! ONLY \$35/month! 155 Channels & 1000s of Shows/Movies On Demand (w/SELECT All Included Package.) PLUS Stream on Up to FIVE Screens Simultaneously at No Additional Cost. Call DIRECTV 1-888-534-6918

DISH TV \$59.99 for 190 Channels + \$14.95 High Speed Internet. Free Installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply. Call 1-800-943-0838.

SPECTRUM TRIPLE PLAY! TV, Internet & Voice for \$99.97/mo. Fastest Internet. 100 MB per second speed. Free Primetime on Demand. Unlimited Voice. NO CONTRACTS. Call 1-855977-7198

LEGAL NOTICES

NOTICE is hereby given to interested parties that a Public Hearing will be held by the **Putnam Valley Zoning Board of Appeals on Thursday August 29, 2019 at 6:30 at Town Hall, 265 Oscawana Lake Road** for the purpose of considering the following pe-

continued on next page

Discover the world's best walk-in bathtub from *American Standard*

5 Reasons American Standard Walk-In Tubs are Your Best Choice

- 1 Backed by American Standard's 140 years of experience
- 2 Ultra low entry for easy entering and exiting
- 3 Patented Quick Drain® fast water removal system
- 4 Lifetime Warranty on the bath AND installation, INCLUDING labor backed by American Standard
- 5 44 Hydrotherapy jets for an invigorating massage

\$1,500 SAVINGS

Includes FREE American Standard Right Height Toilet Limited Time Offer! Call Today!

888-609-0248

Receive a free American Standard Cadet toilet with full installation of a Liberation Walk-In Bath, Liberation Shower, or Deluxe Shower. Offer valid only while supplies last. Limit one per household. Must be first time purchaser. See www.walkintubs.americanstandard-us.com for other restrictions and for licensing, warranty and company information. CSLB 8982796, Suffolk NY 5543H, NYC HC #2022748-DCA, Safety Tubs Co. LLC does not sell in Nassau NY, Westchester NY, Putnam NY, Rockland NY.

HOMEOWNER FUNDING

Special Funding Programs For Necessary Home Improvements Are Now Available, Apply Today.

Roofing | Windows | Siding | Insulation | Walk-In Tubs

Contact us today and our highly knowledgeable team will be able to help discover the available funding programs that will best fit you and your needs.

800-736-9629

NYImprovementFund.com

MARRIOTT ALBANY

ALBANY MARRIOTT
189 Wolf Road,
Albany, NY 12205
T 518.458.8444
www.albanymarriott.com

THIS TRACK SEASON LET US HOST YOU BRILLIANTLY.

NEWLY RENOVATED GUEST ROOMS AND GREATROOM
EASY ACCESS TO SARATOGA TRACK.

To Place a Classified Ad
Call 914-864-0878 or e-mail
classifieds@theexaminernews.com

EXAMINER MEDIA Classifieds

Classified Ad Deadline
is Thursdays at 5pm for the
next week's publication

continued from previous page

community solar with **nexamp** Go Solar. Save Money.
No Rooftop Panels Required.

BENEFITS OF COMMUNITY SOLAR:



Save up to 10% on your annual electricity cost.



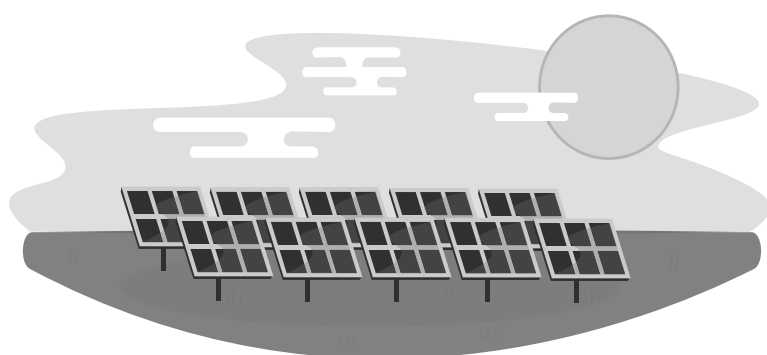
No installation of any equipment on your roof or property.



Your utility will stay the same, and you can continue using a third-party supplier.



No upfront costs or long-term contracts that lock you in for years.



visit hudson.nexamp.com to learn more or call 877-285-7973

titions and requests together with all other matters that may properly come before the Board at this time. **AGENDA New Application** 1. **Gonzalez, William, 243 Old Church Road, 73.-1-14; R-2** Request front yard setback variance for proposed shed. 2. **Swezey, Jean, 141 Oscawana Heights Road, 52.-2-12; R-3** Request a side and front yard setback variance for proposed garage. 3. **Davino, Alfonse, 7 Briar Court-73.18-1-14; R-2** Request for side and rear yard setback variance for proposed pool and deck. 4. **DiLeo, Louis, 569 Lake Shore Road,-41.10-2-32; R-3** Request side yard setback variance for new generator. 5. **Maskiell, William, 135 Barger Street, 84.-2-56; R-3** Request side and height variance under Section 165-44 A (1) of the Zoning Code for replacing second floor to existing barn. **BY ORDER OF THE TOWN OF PUTNAM VALLEY OF APPEALS WILLIAM MASKIELL, CHAIRMAN**

Town of Putnam Valley August 21, 2019 Town Board Agenda 1. Pledge of Allegiance 2. Departmental Reports 3. Supervisor's opening comments 4. Legislator's Report 5. School Report 6. Approval of minutes for June 19, July 10, and July 17, 2019. 7. Waive all permit and building fees for Fire Department projects. 8. Discuss de-icers on lakes. 9. Approve the agreement between the Town of Putnam Valley and Brookfalls Cottages, Inc. Districts 10. Authorization to go out to bid for District Garbage Pick-Up. 11. Waiver of building permit and wetland permit waiver fees associated with the demolition of the old Lake Peekskill pump house. Building Department 12. Daily Fee Report Parks and Recreation 13. Approve person-

nel additions/changes: Wacaser and Brown. 14. Approve personnel additions/changes: Call, Natri, Astrologo, Riley, Sainz and Cassidy. 15. Refunds. 16. Budget Transfers 17. Public Comment 18. Audit of monthly bills.

MISCELLANEOUS

KILL BED BUGS! Buy Harris Sprays, Traps, Kits, Mattress Covers. DETECT, KILL, PREVENT. Available: Hardware Stores, The Home Depot, homedepot.com

A PLACE FOR MOM has helped over a million families find senior living. Our trusted, local advisors help find solutions to your unique needs at no cost to you. Call: 1-800-404-8852

REAL ESTATE

Attention Sportsmen! New York/VT border, 55 acres only \$99,900. Open and wooded, trails throughout, abundant wildlife. Easy drive Bennington and Albany. Financing available 802-447-0779

To Place a Classified Ad
Call 914-864-0878
or e-mail classifieds@theexaminernews.com
Classified Ad Deadline is
Thursdays at 5pm for the
next week's publication



Saratoga County Real Estate Auction

ONLINE ONLY

Former Saratoga County Homestead on 28.61 Acres
LOCATION: 7239 Bakersville Rd., Providence, NY 12850
Bidding Ends: Wednesday, August 28, 2019 at 12:00 PM (ET)

For More Information, Call:

800-536-1401



www.AuctionsInternational.com • 1-800-536-1401

DENTAL Insurance



Physicians Mutual Insurance Company

A less expensive way to help
get the dental care you deserve!

CALL NOW! **1-855-225-1434**

- ✓ Get help paying dental bills and keep more money in your pocket
- ✓ This is real dental insurance – NOT just a discount plan
- ✓ You can get coverage before your next checkup

Don't wait! Call now and we'll rush you a FREE Information Kit with all the details.

Insurance Policy P150NY
6129

FREE
Information Kit



1-855-225-1434

Visit us online at
www.dental50plus.com/nypress

MB17-NM003Ec

Saving a Life EVERY 11 MINUTES

*I'm never
alone*

*Life Alert® is always
here for me even when
away from home.*

One touch of a button
sends help fast, 24/7.



Help at Home



Help On-the-Go

Life Alert®

Batteries Never Need Charging.



For a FREE brochure call:

1-800-404-9776

Nonprofit Westchester Welcomes Four New Members to its Rolls

Nonprofit Westchester (NPW), which strengthens the impact, capacity and visibility of the county's nonprofit sector, announced last week that four new members have joined the organization: Mercy College, Hope's Door, the harris project and SPARC, Inc.

Inclusion of these four organizations expands the membership to 166 nonprofits, spanning from health, education, human and legal services, to libraries and civic organizations.

"We're delighted to welcome these new members to NPW," said Jan Fisher, interim director, Nonprofit Westchester. "They broaden our membership base and enable NPW to represent even more segments of the nonprofit sector."

Mercy College, based in Dobbs Ferry, is an independent, coeducational college founded in 1950 that offers more than 90 undergraduate and graduate degree and certificate programs within five schools.

"Mercy College is pleased to join Nonprofit Westchester and support its advocacy efforts on behalf of

nonprofits across the county, said Laura Plunkett, director, public relations and community relations at Mercy College. "The college shares Nonprofit Westchester's commitment to developing a thriving community."

Hope's Door is an agency that seeks to end domestic violence and empower victims to achieve safety, independence and healing from the trauma of abuse.

"We want to join together with sister agencies to advance our shared missions of improving life for those we serve in Westchester," said Executive Director CarlLa Horton.

Supporting the prevention of co-occurring disorders and the development and implementation of best treatment to meet the complex needs of the individual is the harris project.

SPARC provides support and services to children, youth and adults with intellectual and developmental disabilities who live in Westchester and throughout the metropolitan area. SPARC provides a diverse selection of arts, sports, resources, social skills and wellness programs for participants.

New Castle Historical Society to Host Jazz-Era Picnic on Sept. 15

A new local tradition, Chappaqua's New Castle Historical Society (NCHS) will once again host a Jazz-Era Picnic in the Park on Sunday, Sept. 15.

Michael Arenella and his Dreamland Orchestra will grace the ears and electrify the dancing feet of all those attending the historical society's annual fall benefit. The event kicks off at 5 p.m. Guests are encouraged to picnic, eat, drink and dance while sporting 1920s-themed garb.

Under the trees of the Chappaqua Station Lawn, the Dreamland Orchestra will fill the open air with tantalizing tunes from the Roaring Twenties. The orchestra is world renowned and perhaps most famous for its annual "Jazz-Age Lawn Party" on New York's Governors Island. Arenella aims to mine the forgotten yet vital beauty of the past and bring it into the light of today – to be danced and romanced to by a new generation of flappers.

Similar to last year, the NCHS hopes to inspire its guests with the same aura of wonder and joy, rousing even the shiest of patrons to Charleston and Lindy-Hop until their feet hurt.

Though the '20s evoke an air of carefree living, the picnic is entrenched in meaning.

"Proceeds from this event helps us to maintain the preservation of the historic

Horace Greeley House, as well as to fund many of our educational and historical initiatives," said NCHS Executive Director Cassie Ward.

The event is perfect for all ages, and families are encouraged to attend. Guests are invited to bring their own picnics. Beer and wine will be available for purchase on a first-come basis.

Tickets for the event are required and are priced as follows: \$30 for members, \$35 for non-members, \$15 for children and \$50 to \$250 for event supporters. Table Sponsorships (ranging from \$1,500 to \$5,000) are also available and include a family-style gourmet picnic by Crabtree's Kittle House, wine, commemorative Jazz-Era Picnic in the Park tote bags, a premium orchestra view and more (depending on level of sponsorship).

All ticket information is available on the historical society's website at www.newcastlehs.org or at www.eventbrite.com. For more information, call 914-238-4666, visit the website or e-mail Cassie Ward at director@newcastlehs.org.

The event is sponsored by Houlihan Lawrence Chappaqua Real Estate, Douglas Elliman Real Estate, The Westchester Bank and the Nicolaysen Agency, Inc.

To Place a Classified Ad
Call 914-864-0878 or e-mail
classifieds@theexaminernews.com

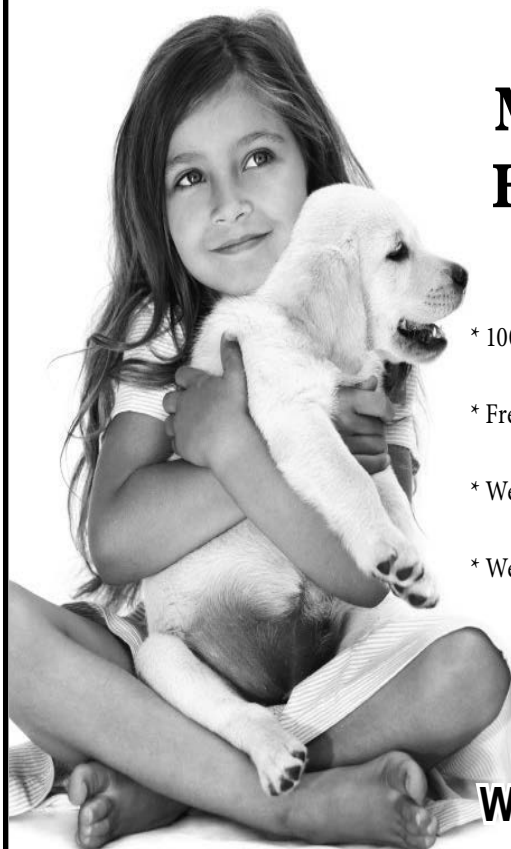
EXAMINER MEDIA Classifieds

082019
Classified Ad Deadline
is Thursdays at 5pm for the
next week's publication

Wheels For Wishes

benefiting

**Make-A-Wish®
Hudson Valley**



* 100% Tax Deductible

* Free Vehicle Pickup ANYWHERE

* We Accept Most Vehicles Running or Not

* We Also Accept Boats, Motorcycles & RVs

Call: (914) 468-4999

WheelsForWishes.org

* Car Donation Foundation d/b/a Wheels For Wishes. To learn more about our programs or financial information, call (213) 948-2000 or visit www.wheelsforwishes.org.

DEMAND JUSTICE

**Victims of sexual abuse by
Catholic clergy or by authority
figures at school have rights.**

**NEW YORK AND NEW JERSEY LAW HAVE
EXTENDED THE TIME PERIOD IN WHICH TO FILE
YOUR SEXUAL ABUSE CLAIM. ACT NOW TO GET
YOUR CLAIM TIMELY FILED.**

CLERGY ABUSE ATTORNEY HOTLINE 800-444-9112

ATTORNEY ADVERTISING

DOUGLAS & LONDON, P.C. 59 MAIDEN LN, 6TH FLOOR, NEW YORK, NY 10038
THE MATTHEWS LAW FIRM, PLLC, 244 5TH AVENUE, SUITE 2882, NY, NY 10001
MAIN OFFICE: 2905 SACKETT STREET, HOUSTON, TEXAS 77098



Boulders shortstop Marcos Almonte is too late with the tag as Jarred Mederos of Sussex County slides into second base with a leadoff double in the third inning.



Rockland Boulders starting pitcher Edgar De La Rosa struck out five and walked four in his five innings on Sunday.



The Boulders' Richie Fecteau blasted his league-leading 14th home run in Sunday afternoon's game.

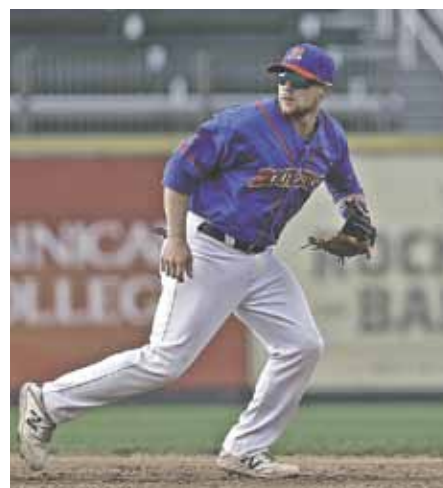


The Boulders' Geovany Henriquez tries to scamper back to first base to avoid being doubled up after Richie Fecteau's liner to center was caught in the third inning.

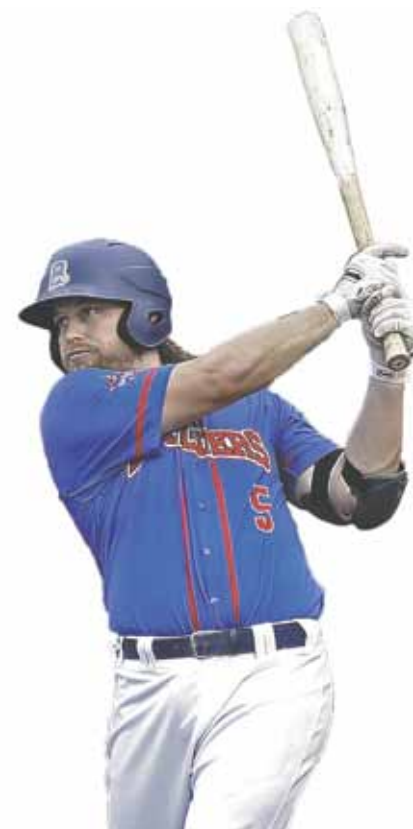
ExaminerSports



The Boulders' Collin Ferguson tries to reach the short porch in right field as he bats in the bottom of the seventh inning.



Infielder Richie Fecteau of the Boulders moves back into defensive position after trying to keep a Sussex County runner close at second base.



Matt Oberste slammed his 11th homer of the season leading off the bottom of the fourth inning to put the Boulders on the board vs. the Miners on Sunday.

focus on **ROCKLAND BOULDERS** Sunday, August 18, 2019 Palisades Credit Union Park



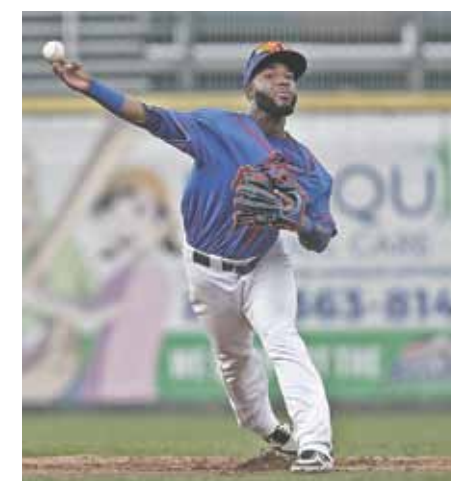
Rockland's Blake Grant-Park watches as the ball disappears over the right-field fence for a solo home run in the bottom of the fourth inning.



Adam Ehrlich of the Boulders races down the third-base line to score a run in Sunday's 8-6 loss to Sussex County.



James Mulry pitches in relief for the Boulders during the sixth inning at Palisades Credit Union Park.



Rockland shortstop Marcos Almonte fires the ball across the diamond for an out in Sunday's 8-6 home loss to the Sussex County Miners.



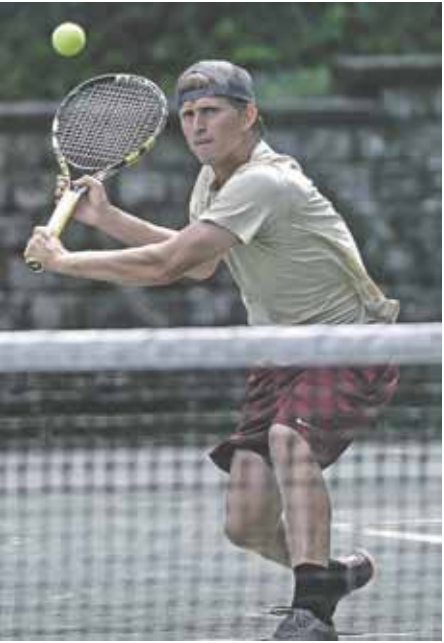
Susan Kaminsky of the Pleasantville Tennis Club follows through on a backhand return. She and playing partner Gabriel Friedrich emerged from the eight-team doubles tournament with the title.



David Factor of the Pleasantville Tennis Club watches his overhead smash clear the net.



Bob Bull of the Pleasantville Tennis Club puts away an overhead.



Chris Humphries moves to the net to put away a backhand volley.

PLEASANTVILLE TENNIS CLUB

Member/Guest Tournament Saturday, August 17, 2019



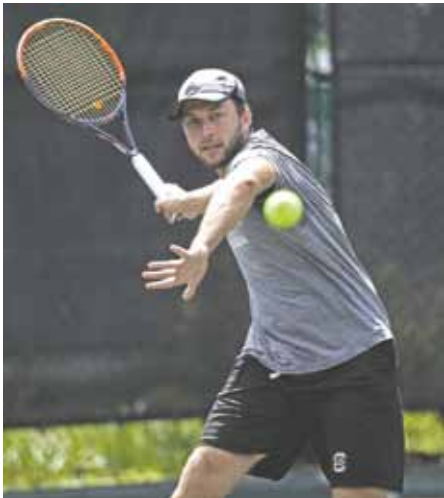
Mark Leeds follows through on a serve during one of Saturday's doubles matches.



Zach Wallis concentrates on a forehand return during one of Saturday's doubles matches at the Pleasantville Tennis Club.



Adam Marianacci, the pro at Willowbrook Swim and Tennis Club, is about to put away a forehand volley during Saturday's tournament.



Gabe Friedrich lines up a big forehand return en route to capturing the title along with doubles partner Susan Kaminsky on Saturday afternoon.



Ha Nguyen hits a forehand return from the baseline.



Kenta Togo of the Pleasantville Tennis Club makes a running backhand return. He and former Greeley teammate Zach Wallis reached the final round in Saturday's tournament.



Lewis Pena concentrates on the high-bouncing ball as he hits a backhand return.



Josh Winograd races to his right to retrieve the ball during Saturday afternoon's doubles action at the Pleasantville Tennis Club.

ANDY JACOBS PHOTOS



Renegades starting pitcher Rodolfo Sanchez delivers to the plate during Saturday evening's game at Dutchess Stadium.



In a close play at first base, Staten Island's Ezequiel Duran barely beats the throw to the Renegades' Jacson McGowan in the first inning.



The Renegades' Kevin Santiago lines out to left field in the third inning of Saturday's 4-3 loss to Staten Island.



Hudson Valley shortstop Greg Jones fires to first base to complete a seventh-inning double play Saturday night as Staten Island's David Metzgar slides into second base.



Hudson Valley catcher Jordyn Muffley circles the bases after belting a home run in the third inning.



Anderson Munoz of the Staten Island Yankees gave up just two hits and one earned run in his five innings of work against the Renegades.



Ezequiel Duran of the Yankees races toward third base in the 4-3 win over Hudson Valley.



Garrett Hiott of the Renegades watches the ball sail into the third-base stands after fouling off a pitch vs. the visiting Staten Island Yankees.



Staten Island right fielder Jacob Sanford had three hits Saturday, including a two-run double in the fifth inning that gave the Yankees the lead for good.



Yankee shortstop Josh Smith backpedals for a pop fly toward short left field in the bottom of the sixth inning at Dutchess Stadium on Saturday.



Staten Island third baseman Andres Chaparro blasts a pitch down the line in left field in Saturday evening's 4-3 win over the host Renegades.

focus on **NY-PENN LEAGUE** **Renegades vs. Staten Island** **Saturday, August 17, 2019** **Dutchess Stadium**



Fox Lane's Emily Gessler delivers a pitch during a home game in early May.



Briarcliff infielder Arianna Vizcaino throws to first base for an out late in the season.



Westlake shortstop Jamie Perfito gets ready to field a ground ball during a Wildcat home game.



Jacklyn Sicignano of Pleasantville sends a pitch to the opposite field during the Panthers' home game against Westlake.

SOFTBALL

2019

A Look Back



Charlotte Noto of Greeley stays ready as she plays defense at first base.



Maddie Nero of Byram Hills fires a pitch to the plate during a Bobcat home game.



Nicole Karaqi of Westlake heads for home after rounding third base.



Fox Lane shortstop Adrianna Piccolino gets the putout at second base just before Westlake runner Erin Nebel slides into the bag.



Kristin Pierce of Westlake delivers a pitch in a late-season home game.



Byram Hills infielder Olivia Addeo makes the tag at second base to erase a runner in a home win over Keio.



Valhalla's Jillian Caldarola fires a pitch on the Vikings' brand new home field.



Horace Greeley's Tanni Prasad does some high stepping as she pitches against host Byram Hills.



Barbie Vallejo of Briarcliff watches the ball take flight as she bats in a Bear road game.



Fox Lane second baseman Valerie Candelaria sets her sights on a pop fly.



Second baseman Mia Williams of Westlake moves to her right to field a grounder up the middle.



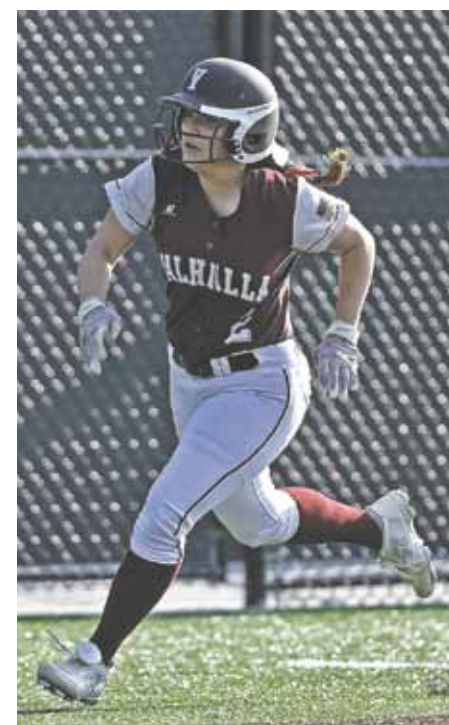
Gillian Gallo of Pleasantville gets set to start running from second base.



Greeley outfielder Emma Hart moves to her right to make a catch during a Quaker road game.



Pleasantville left fielder Avery Manna tries to make a running catch near the foul line.



Valhalla's Christina Ferrara races down the third-base line to score a run for the Vikings.



Ashley Sutton of Briarcliff concentrates on an approaching pitch in a game at Westlake.



Olivia Dillon of Valhalla smacks a pitch up the middle against visiting Ardsley.



Byram Hills batter Gina Schiliro awaits a pitch in a game against visiting Keio.



Caitlyn Ramage of Fox Lane slides home safely in the Foxes' home victory over Port Chester in early May.



To make an appointment with a physician call: 914-849-7900



Robert
Antonelle, MD
Gastroenterology



Christine
Ashour, DO
Family Medicine



Shalini Bobra, MD
Cardiology



Jared Brandoff, MD
Orthopedic Spine
Surgery



Kira Geraci-
Ciardullo, MD
Allergy &
Immunology:
Adult / Pediatric



Renee Elkin, MD
Neurology,
Multiple Sclerosis



Paul Fragner, MD
Orthopedic
Surgery; Hand
Wrist & Elbow



Alessandrina
Freitas, MD
Plastic &
Reconstructive
Surgery



Amy Hua, DO
Neurology



Jeffrey
Jacobson, MD
Plastic Surgery;
Hand Surgery



Zsolt Kulcsar, DO
Rheumatology



Ellen Lestz, MD
Pediatrics



Kay Lovig, MD
Endocrinology,
Diabetes &
Metabolism



Samantha
Lowe, MD
Pediatrics



Michael
Mortelliti, MD
Pulmonary, Critical
Care, and Sleep
Medicine



Tejas Patel, MD
Internal Medicine,
Nephrology &
Hypertension



Joshua Raff, MD
Hematology &
Oncology



Syed
Rahman, MD
Pain Management



Simi Suri, DO
Obstetrics &
Gynecology



Ute Traugott, MD
Neurology, Multiple
Sclerosis



Louis Vizioli, MD
Pulmonology,
Critical Care &
Internal Medicine



Michael
Weintraub, MD
Neurology



Michael
Zuckman, MD
Internal Medicine

OUR DOCTORS. YOUR NEIGHBORHOOD.

White Plains Hospital Medical & Wellness provides comprehensive care for the entire family, conveniently located in the heart of Armonk.

Expert physicians in Primary Care, Pediatrics, OB/GYN, and multiple specialties including Allergy & Immunology, Cardiology, Endocrinology, Neurology, Orthopedics and Rheumatology offer personalized service for patients and family members. Same-day appointments are often available.

The facility also houses a Diagnostic Imaging Center and Urgent Care center, operated by White Plains Hospital Emergency Department physicians, with extended hours and short wait times.

To make an appointment call 914-849-7900. Visit wphospital.org/armonk for more information.

White Plains Hospital Medical & Wellness
99 Business Park Drive
Armonk, NY 10504

URGENT CARE
914-849-7999
Weekdays: 3pm - 11pm
Weekends: 9am - 9pm