



Mt. Kisco Fire Police Celebrate Former Chief's 70 Years of Service

By Martin Wilbur

When a call comes into one of the Mount Kisco fire companies, Joseph Bronzino still leaves his house and does everything he can to help his fellow volunteers.

Bronzino may not respond to the fire scene to help direct traffic and the apparatus like he had for decades for the Mount Kisco Fire Police, but that doesn't mean he isn't a towering figure to the department and the community.

"It's still interesting and if I can't fight the fires or direct traffic, I have to be down the firehouse if they need water or something," he said. "I bring it to them."

The former chief, affectionately known to most who know him as "Juts," has been answering calls for 70 years, having officially joined the Mount Kisco Fire Police on Apr. 1, 1949. Despite recently celebrating his 92nd birthday, Bronzino laments that he can no longer report to the scene to join the other members

of his company and the department on calls.

Company members, family and friends recognized his achievement last Sunday afternoon with a celebratory reception at Travelers Rest. He received proclamations from Mount Kisco Mayor Gina Picinich and Jeff Bergstrom, past president of the Hudson Valley Volunteer Firemen's Association.

Bronzino started volunteering shortly after getting out of the Navy. He said there was an ad in the Mount Kisco Times, the local newspaper at the time, asking for volunteers to join the newly-formed Fire Police because members of the other three companies no longer wanted to direct traffic.

The Fire Police has been like family, literally and figuratively.

"They wanted 35 guys, so I was one of them," Bronzino said. "My brother, my

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Harckham Panel Discussion Centers on Steps to Clamp Down on Hate

By Martin Wilbur

State Sen. Peter Harckham (D-Lewisboro) last week hosted a forum focusing on steps residents and policy makers in Westchester and New York State can take in hopes of stemming the rise of hate incidents and shootings.

The more than two-hour discussion on Apr. 3 at Pleasantville High School, "Hate in the Age of Multiculturalism: Are Thoughts and Prayers Enough?" featured an eight-member panel, nearly all of whom have experienced some form of bigotry. They included clergy, human rights advocates and representatives of various organizations.

The impetus for the forum came following Harckham's visit to a Mohgan Lake mosque shortly after the mass shooting in New Zealand last month. Its members were shaken up, unsure whether to send their children to school. One woman thanked the senator for stopping in but told him more needs to be done to

combat hate.

"What we're trying to accomplish tonight are some action items, some things by the end of this session we can all own and take responsibility, whether that's a legislative perspective, from the faith-based community, things that we can do to ease the climate of hate and intolerance and certainly violence," Harckham said.

State gun laws were strengthened earlier in the current legislative session in Albany with the passage of the Extreme Risk Protection Order (ERPO), where someone that a court finds dangerous can have their weapons temporarily confiscated, and expansion of background checks from three to 30 days, he said.

However, other remedies are needed that go beyond new laws, according to panel members. Finding venues and activities for the community at large to get to know each other is a good start.

Rev. Dr. Martha Jacobs, head minister

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Pair Charged in Alleged Scheme to Defraud Chappaqua School District

By Rick Pezzullo

A Cortlandt man was charged last week in an alleged kickback scheme that defrauded the Chappaqua Central School District.

According to Westchester County District Attorney Anthony Scarpino, Jr., Jorge Barreiros, 58, of Cortlandt, and Ricardo Jimenez, 54, of Yonkers, "engaged in a scheme constituting a systematic ongoing course of conduct with intent to defraud" the school district and thereby wrongfully obtained such property, actual services or other resources with a value in excess of \$100,000 between November 2014 and August 2017.



Jorge Barreiros, a Chappaqua School District maintenance worker, was one of two men charged last week in a kickback scheme to fleece the Chappaqua School District.

As part of the scheme, Jimenez, through his own company, RJ Summit Services, Inc., fraudulently billed the school district for work performed by Barreiros, who was employed by the district as a maintenance staff member, and other employees directed by Barreiros.

In turn, Barreiros approved Jimenez's fraudulent invoices. Then, after the school district paid the bill, Jimenez kicked a portion of the payment back to Barreiros.

The two men surrendered Apr. 3 to the Westchester County District Attorney's Office. They were placed under arrest by criminal investigators, and were arraigned in New Castle Town

Court. They were released on their own recognizance.

The suspects were each charged with two felony counts. Barreiros faces charges of corrupting the government in the first degree, a class B felony, and third-degree bribe receiving, a class D felony. Jimenez was also charged with first-degree corrupting the government, and third-degree bribery, a class D felony.

The Westchester County District Attorney's Office Investigations Division Public Integrity Bureau launched an investigation more than a year ago into the scheme after being contacted by the school district.

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Q: At what age should I begin getting mammograms?

A: Once a woman turns 40, the American Cancer Society and most recognized medical authorities recommend she start getting yearly mammograms. But mammograms aren't uniformly sensitive in all women. Between 40 and 50 percent of women have dense breasts – fibrous tissue as opposed to mostly fatty tissue – and that density can obscure potential problems.

Many women aren't aware that breast density is an issue. New York State requires doctors to notify women, in a letter, when their mammogram reveals this is the case. Do not become alarmed if you get this letter. It simply means that you should have a conversation with your doctor about your overall breast cancer risk.

Q: Why is it important to know if I have dense breasts?

A: Dense breasts can make mammograms less sensitive, and they may also contribute to cancer risk. You'll need to speak with your doctor about your individual lifetime risk and thoroughly evaluate your risk factors. To determine your risk, your doctor will ask you about your family history of breast and ovarian cancer, your age when you had your first period, whether you have children, when you had your first child, and any history of chest irradiation, among


other potential risk factors. The good news is that for many women with dense breasts, their risk won't be elevated enough to warrant any changes in screening.

Q: What if I'm high risk?

A: Women who are at high risk (greater than a 20-25% lifetime risk) and who have dense breast tissue should have annual screening breast magnetic resonance imaging (MRI) in addition to a mammogram. MRIs are very sensitive and can pick up some cancer missed on a mammogram.

Q: Shouldn't all women, regardless of their breast density, get a Breast MRI?

A: There are many false positives with Breast MRI, which is why it is only recommended for women who are at high risk as they will derive the most benefit. Regardless of your breast density, make sure you get your yearly mammogram and discuss your risk factors for breast cancer with your physician.



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MTA Makes Argument for Taller Mt. Kisco Telecommunications Tower

By Sean Browne

The Mount Kisco Village Board opened a hearing last week on the Metropolitan Transportation Authority's (MTA) request for a special permit that would allow modifications to the plan to build a taller communications tower on Mountain Avenue.

A new structure is needed by the MTA to improve emergency communications in the area. The applicant, Crown Castle, would replace the current 86-foot tower with a 114-foot tower at the same site. It would serve all four major cell phone carriers.

The village and the MTA agreed to have the larger communications tower at the site of the existing tower on Mountain Avenue rather than its originally-proposed location.

"The MTA was proposing to put a 180-foot monopole on their property right by where the Tesla (dealership) is on the side of the railroad tracks," said Mayor Gina Picinich. "How the MTA operates is much like the state, they are not bound by our rules and regulations."

John Vallarelli, an MTA Police Department captain and deputy project manager for the Metropolitan Regional Radio System, said the project is critical to MTA operations.

"Our radio system has failed, and has been cited by the New York State

Department of Labor as being unsafe for our officers," Vallarelli said. "So, with that in mind the agency has tried to do a lot to mitigate that, and that is why this radio project is so important."

It would also be useful for the village's first responders, who would benefit from the tower by having improved communications, Vallarelli said. He said he has also been in contact with Westchester County police.

David J. Kenny of Snyder & Snyder LLP, the attorney for Crown Castle, said the replacement tower would greatly expand cell service in and around the village because currently that area only carries AT&T and T-Mobile. The larger tower would also include Verizon and Sprint, he said.

With the additional cell phone coverage, Picinich described the project as a "win" for the village.

However, Trustee Karen Schleimer expressed concern that the taller tower would be an eyesore for residents. Kenny pointed out that after photo simulations of the facility, the tower is already taller than the trees in the surrounding area so adding the extra height would not make a major difference.

John Rhodes, chairman of the Mount Kisco Conservation Advisory Council (CAC), who opposed a new tower that had been discussed several months ago

at Leonard Park, said he supported this application because terrain isn't being cleared to install the tower.

Vallarelli urged the board to move quickly because the MTA needs to improve its communications as soon as possible. He said the agency hopes the new tower can be completed no later than September.

"The longer this takes, the shorter window we have," Vallarelli said.

Last week, the board adjourned the public hearing until its Apr. 29 meeting but did not close the hearing. Trustees concluded that the matter should be

returned to the Planning Board. Picinich stressed the importance of keeping the Planning Board, lead agency for the project, up-to-date on this matter.

Kenny then asked the board to enact a Monroe Balancing Test, which exempts governmental units such as the MTA from zoning in certain situations and could speed the process.

The board rejected the request because it has never been used before in the village. Picinich said she understood the urgency but the town must follow proper procedures.

A Welcome Respite

Northern Westchester Hospital recently opened its new Chesed 24/7 Kosher Hospitality Room, offering kosher food and respite for those of the Orthodox Jewish faith who are visiting a loved one. Cutting the ribbon, left to right, are hospital President and CEO Joel Seligman; Mr. Shulim Greenberg of Chesed 24/7; Rabbi Herschel Lefkowitz; and Rabbi Benjamin Sanders.



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Harkham Panel Discussion Centers on Steps to Clamp Down on Hate

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of the First Congregational Church of Chappaqua, said when the church offered space to the Upper Westchester Muslim Society until their new mosque is built, it wasn't something that seemed unnatural. The Chappaqua Interfaith Council has had functions that include a wide assortment of houses of worship in New Castle.

"We had meals together, we do a Thanksgiving feast together, Thanksgiving services together, we've done vigils together," Jacobs said. "We know each other, so it made it much easier to open our doors to our Muslim friends."

But diversity alone doesn't ensure harmony. Peekskill NAACP President Valerie Eaton said hate and intolerance is often taught in the home. Even in her home school district, which has a widely varied population, there are problems, she said.

"It's amazing to me that it still does happen because we have such a diverse school system," Eaton said. "Why is it still happening?"

Over the past couple of years, immigrants, particularly Spanish-speaking residents, have felt the sting of bigotry, said panelist Martha Lopez-Hanratty, who works in County Executive George Latimer's office. While getting a cup of coffee at a Dunkin' Donuts in White Plains one day, a man in the shop heard the workers behind the counter



MARTIN WILBUR PHOTO

State Sen. Peter Harkham moderated a panel discussion last week in Pleasantville on what practical steps can be taken to reverse the trend of intolerance throughout society.

speak Spanish, then called them "illegals" and ordered them to "speak English," she said.

"I fear for all the families who are walking down the street with their strollers, who may not speak English, who may not feel comfortable," Lopez-Hanratty said. "This is happening every single day. This is happening in Westchester."

Karin Anderson Ponzer, the director of the Mount Kisco-based Neighbors Link community law practice, said isolation often happens when people of different backgrounds don't interact.

"I think if there are ways we can sort of get to know each other, that we can remove the type of barriers, which I really think are language," Ponzer said.

"There's just social isolation, even for people of goodwill (it) can be hard. It's just differences in how people get around. There are these barriers but I think there are many ways we can connect."

Meanwhile, Sleepy Hollow Mayor Ken Wray said municipal leaders, particularly those with large immigrant populations, need to have consistent outreach.

"A big part of it is reaching out, not trying to be too smart, not trying to be too full of themselves," he said. "What can we do that's going to help?"

Another panelist, Chappaqua attorney Kristen Browde, president of LeGal, one of the nation's first bar associations of the LGBT legal community, said the state should develop LGBT competency curriculum for schools while Saad Siddiqui of the Westchester Human Rights Commission, who adopted a biracial child with his wife, suggested that New York's adoption laws should be changed since they are among the least progressive in the nation.

Some of the panelists questioned whether their efforts can make a difference, but Rabbi Sarah Freidson of Temple Beth Shalom in Mahopac said hate can never be allowed to go unchallenged.

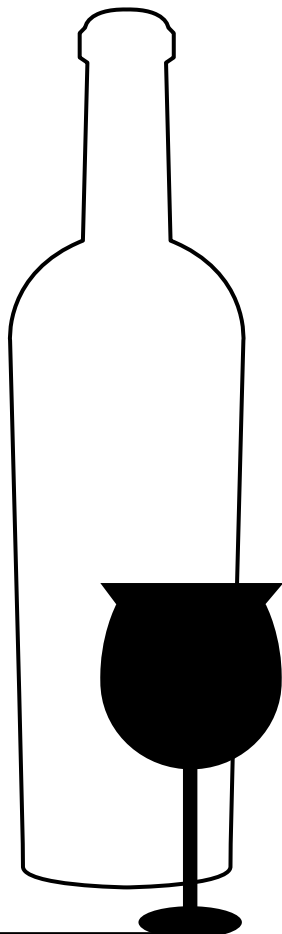
"I think we need to call out bigotry when we see it because it's wrong, not because it's going to lead to atrocities," she said.

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Gashi Kicks Off County Legislator Campaign at Democratic Rally

By Rick Pezzullo

More than 100 family, friends and supporters turned out at The Gramercy in Yorktown Saturday at a campaign kickoff rally for Westchester County Board of Legislators candidate Vedat Gashi.

Gashi, an attorney and a resident of Yorktown, is looking to follow in the footsteps of fellow Democrat and longtime representative of District 4 Michael Kaplowitz, who declined to seek re-election after 22 years, the second longest tenure of any legislator in the county's history. The district includes all of New Castle, much of Yorktown and part of Somers.

"This kickoff is a wonderful harbinger of what can happen," Kaplowitz said after receiving an extended rousing ovation from the enthusiastic crowd. "This gentleman gets it. He also has a voice and he has a resolve."

Gashi will be squaring off for the seat against former Yorktown Supervisor Michael Grace, who was endorsed by the Republican Party. Grace served six years as supervisor before being ousted in 2017.

Since being endorsed, Grace has kept a low profile and declined to respond to several media inquiries.

Westchester County Executive George Latimer and Assemblyman David Buchwald (D-White Plains) also praised Gashi, a native of Kosovo whose family came to the United States when he was



RICK PEZZULLO PHOTO

County legislator candidate for District 4, Vedat Gashi, speaks to supporters at his campaign's kickoff rally last Saturday in Yorktown.

four years old.

"He has big shoes to fill. Mike has been a consummate legislator and a consummate neighbor who has worked day in and day out for this district," Buchwald said. "Vedat is someone who will not only put his heart into this race, he will put his heart into representing Somers, Yorktown and New Castle. Vedat is a committed family man. Vedat knows what it means to give back to his family and the community."

"You just had a textbook example of

what it is to represent Westchester with vigor," Latimer said. "This is a wonderful opportunity for those of us who live in Westchester County. The decisions made at the Board of Legislators affect all of us. This campaign is about having an excellent man like Vedat running."

Gashi, a Lakeland High School graduate who was unsuccessful in his first bid for elected office last year when he lost to Assemblyman Kevin Byrne, said he was dedicating this year's campaign to

his late father. "Mike has left big shoes to fill. I'm running to continue Mike's legacy of fiscal responsibility," Gashi said. "I'm running because we need to protect women's health, not attack it. In America you can achieve whatever you put your mind to. This is going to be a long campaign. I'm confident we can do it. Let's get to work."

Gashi said other priorities he will focus on is quality-of-life issues, such as preserving open space, tackling traffic congestion and keeping water clean.

"I'm grateful for everyone who is here," Gashi said. "I've been humbled by the tremendous support I have received. It really has been amazing."

Other Races Set

With last Thursday's deadline for Democrats and Republicans filing their nominating petitions, two other local Board of Legislators races have been set. In District 2, which covers the northeaster section of the county, including Mount Kisco, incumbent Kitley Covill (D-Katonah) will face a challenge from Republican Gina Arena.

In District 3, which covers Mount Pleasant, North Castle and part of Greenburgh, Legislator Margaret Cunzio (C-Mount Pleasant) will face no major party opposition.

The deadline for any independent party petitions is May 28.

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Mt. Kisco Fire Police Celebrate Former Chief's 70 Years of Service

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uncle, we all ended up joining and it's been a good life."

He worked his way up through the ranks, serving as captain from 1957 to 1959, then sergeant, second lieutenant, first lieutenant and assistant chief before being named chief in 1970, a first at the time for the Fire Police, said Ray Honey, who served as captain under Bronzino and has been with the department for 50 years.

"He was a great chief. The best one the Fire Police ever had," said Bob Finch, who joined in 1971.

"I think at the end of the day it's leadership," Honey explained about why Bronzino has commanded such respect. "It's when you're at a call, when you have the person who's in charge knowing how to situate the apparatus, how to situate the personnel, the members, and Juts was very good at that. When we arrived at the scene, we knew what we had and he was getting it up right from the get-go. That's the key to a good chief and a good leader."

Bronzino, who worked in a variety of jobs, including at the old radium plant in town and once owned his own business, recalled the coldest call, a fire where Exit 4 Food Hall now operates on Main Street, when it was -14 degrees. The firefighters were encased in ice.

Another problematic call was the Suburban Propane fire, which was one



Joseph Bronzino with his cake during his celebration recognizing 70 years of service with the Mount Kisco Fire Police.

of the most dangerous situations the department faced.

Despite calls in the middle of the night or during the heart of the business day and considerable risk involved there was always strong response.

"When you're active and you know you have members that are active that are backing you up, we never had to worry," Bronzino said. "I never had to worry about that kind of stuff because I knew if I was late, Ray, Bobby or somebody else was there. It was covered."

It wasn't always easy for Bronzino's family. His daughters, Phyllis Ann Huff and JoAnn Diotte, recalled Thanksgiving dinners and other celebrations that were

interrupted when the fire horn sounded. It helped, though, that other family members and friends usually left at the same time.

As children, they would sometimes accompany their father on calls.

"He's really a wonderful man, as far as his community and for his family," said Huff. "His family means everything to him and he's done nothing but the best for us and that's all that matters to him."

"And just about everybody has respect for him," added Diotte. "You have a few who may not, but for the most part there's not one person who does not respect him and would not do anything for him."

Current Fire Police President Mario



Mount Kisco Mayor Gina Picinch speaks to guests assembled for the reception to honor 70-year Fire Police member Joseph Bronzino last Sunday.

Muccioli said Bronzino's dedication is unparalleled.

"He gives his heart to the company, all that he's got to the company," Muccioli said. "He's always there. He's there for all kinds of functions, could be cleanup, could be a parade, could be a funeral, could be a wake. He's always there. Even today."

Bronzino said he made sure as he was moving up the ranks and even as chief to take the time to talk to his fellow members and perform the same tasks, such as cleaning the trucks.

"They worked hard for me. I had to work just as hard for them," he said. "It always pays off."

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Mt. Pleasant's DiPaolo Takes Himself Out of Contention for November

By Martin Wilbur

Mount Pleasant Councilman Nicholas DiPaolo decided last week he will not seek re-election to a second full term ending any notion that he would stage an independent candidacy.

DiPaolo, who was appointed to fill a vacancy on the Town Board in early 2015 before winning a four-year term later that year, said he was asked by both Republicans and Democrats to consider being on their slate.

But with he and his wife expecting another child this year and the accelerated schedule under the new state election law which pushed up the nominating petition deadline to Apr. 4, DiPaolo said he was hesitant to run



Mount Pleasant Councilman Nicholas DiPaolo will leave the board when his term expires at the end of the year after deciding last week not to pursue another term.

again. Last week, he officials decided to bow out.

"I was hoping to have more time to make my decision," DiPaolo said. "Ultimately, I decided not to let the new calendar affect my decision. Like I said, the fact that while the major parties were nominating people, I also knew there was a line I could have had later on. So basically, I tried to not let the new calendar affect me because that not the reason to run or not run."

The deadline for filing petitions for an independent run is May 28, according to the Westchester County Board of Elections.

Last month, the Mount Pleasant Republican Committee Danielle Zaino and James Riina as the running mates for Supervisor Carl Fulgenzi. They will be opposed by Democrats Francesca Hagadus-McHale and Laura DiVenere.

DiPaolo, who ran as a Republican in 2015, said he wasn't certain that either major party, although generally if a committee

He said the last five years have been enjoyable and didn't rule out a run at some point in the future.

"There are parts of it that are not always enjoyable," DiPaolo said. "I think the advantages and the enjoyable times outweighed the others. It's something I've always been interested in. Quality of life is what it's about on the local level and that's what's important to me."

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New Castle Community Media Center Announces Photo Competition

The New Castle Community Media Center (NCCMC) invites photographers to enter the Digital Photo Competition for the new Town of New Castle website. This competition is open to photographers of all ages who live, work or go to school in the Town of New Castle.

The overall theme for the town's website is "Our Town." In selecting photos for the website, we will look for

images that showcase the Town of New Castle and its hamlets (Chappaqua and Millwood), from landmarks and defining features to events and celebrations. We are looking for digital images that celebrate and highlight the beauty of the Town of New Castle.

We are especially interested in colorful and unique images that showcase the following traits: essential aspects of town and hamlet life, the changing

seasons of New Castle and memorable town events and celebrations.

The competition launches on Monday, Apr. 15. Photos must be submitted in digital format to NCCMC, using the following link, by June 30: <https://www.nccmc.com/photocontest>. The winning images will appear on the Town of New Castle website. All entrants featured on the website will receive photo credit.

For questions, send an e-mail at photos@nccmc.com. We look forward to receiving your submissions.

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Police Blotter

North Castle Police Department

Mar. 30: A Nethermont Avenue resident reported at 6:29 a.m. that his roommate kicked in the front door of the house at the listed location. He further stated that he and his roommate are still on the scene and there is no apparent verbal confrontation at this time. The complainant could not provide further information. The responding officers confirmed that matters have been adjusted

at this time. Photos secured.

Mar. 30: Report of loud noise coming from a Wrights Mill Road home at 11:30 p.m. A caller stated there were numerous vehicles parked outside in possible connection with an ongoing party. The responding officer reported to the scene; photos were secured.

Mar. 31: An officer reported being out with an intoxicated male on Lafayette Avenue at 6:02 a.m. The party was lost and

transported to his home in White Plains.

Apr. 1: Report of harassment on Seneca Avenue at 12:25 a.m. A caller reported a possible altercation at the rear of his apartment coming from outside. An additional caller reported the same altercation. The responding officer spoke with the involved parties.

Apr. 2: An officer responded to the area of Finch's Country Market in Banksville at 11:25 a.m. to assist the Mount Pleasant

Police Department in looking for a 23-year-old missing endangered female believed to be with a 25-year-old male. The male is believed to live in Banksville and operating a grey 2006 Audi A4 with New York plates. The officer located that vehicle on North Street in Greenwich, Conn. Another officer responded with Mount Pleasant and Greenwich police personnel. The female was located and transported via ambulance.

Obituaries

Patricia Ann Guest

Patricia Ann (Murphy) Guest passed away peacefully surrounded by family on Apr. 4.

She was 89.

Guest was born Feb. 17, 1930, in Brooklyn to Charles Gannon Murphy and Marjorie (Delaney) Murphy. She married Wallace Calvin (Cal) Guest on Sept. 6, 1953, in Merrick, L.I. She worked at National Distillers, Washington & Lee University, Head Start in Mount Kisco, the Bedford Central School District, X-Act Copy of Mount Kisco and finally CVS Pharmacy until she retired in 2009. She was a past president of the Mount Kisco Elementary PTA and a Brownie leader for her daughters' troops.

She was predeceased by her husband,



Cal; her brothers, Charles and Peter Murphy; a sister, Marjorie (Murphy) Henery; and son-in-law Charles Williams.

Guest is survived by her four children, Brian (Barbara), Rodger (Leslie) Guest, Kerry Williams and Bonnie Guest; six

grandchildren, William (Emily) and Thomas (Anne) Guest, Kristin and Brandon Guest and Kyle and Tyler Williams; three great-grandchildren, CoraLynn, Eloise and Annabelle; her brother, James Murphy; and nine nieces and nephews.

There were no calling hours and services were private. In lieu of flowers, the family requests that donations be made in Patricia Guest's memory to the Alzheimer's Foundation of America, 322 Eighth Ave., 7th floor, New York, N.Y. 10001 or at www.alz.org. Arrangements were handled by Cassidy-Flynn Funeral Home, Inc. in Mount Kisco.

Isabella DelBove

Isabella DelBove of Valhalla died

on Mar. 31.

She was 79.

DelBove was born on Aug. 9, 1939, to the late John J. and Mable (nee Blackwood) McAlpine in Glasgow, Scotland. She was a retired nanny and worked for various families in the area as a child care/domestic.

DelBove is survived by her devoted husband, Michael DelBove, of Valhalla; her daughter, Laurie (Kevin) Kilkenny, of Williamsburg, Va.; two brothers, Thomas and Robert McAlpine, both of Baillieston, Scotland; and her two grandchildren, Brendan and Keira. She was predeceased by one brother, John McAlpine, and one sister, Elizabeth McAlpine.

Visitation was at Hawthorne Funeral Home on Apr. 3, followed by funeral services.

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DEP to Begin \$5M Upgrade of Intersections Near Kensico Dam

The New York City Department of Environmental Protection (DEP) announced that construction will begin this month on a \$5 million project to improve the flow of traffic and pedestrian safety at eight intersections near Kensico Dam.

The project is rooted in changes that happened after the terrorist attacks of 9/11, which required DEP to permanently end vehicular traffic on the roadway atop Kensico Dam. That roadway is now open only as a recreation path for walkers, joggers and cyclists.

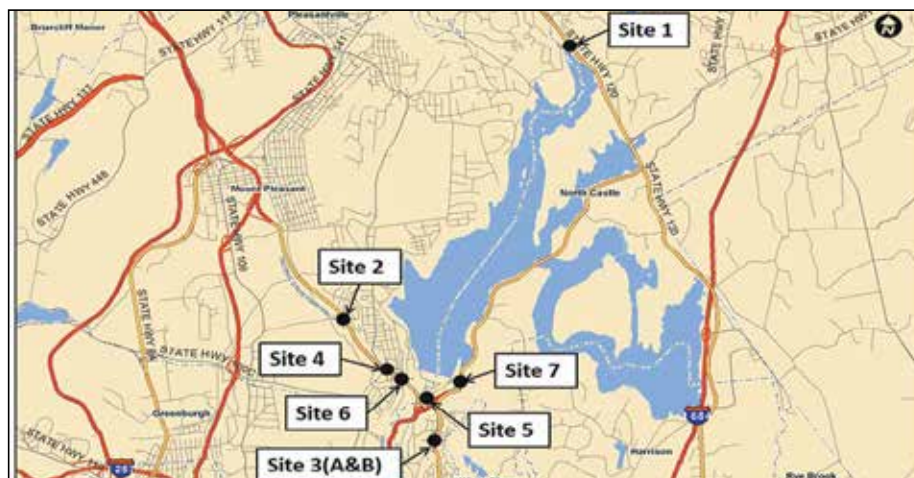
A DEP study found that closing the roadway over the dam resulted in additional cars driving through the hamlet of Valhalla and its surrounding residential neighborhoods. To mitigate that effect, DEP has worked for years with local officials to plan a number of traffic-control improvements that would help cars and pedestrians travel more safely.

The results of that planning effort is a \$5 million project that will begin this month and last about two years. The project includes myriad upgrades to highways, traffic control devices, crosswalks and more.

The following upgrades will happen at the intersections near the dam:

Site 1: Route 120 (King Street) at Nannyhagen Road

A new traffic signal will be installed.
A northbound Route 120 left-turn lane



A map of the planned intersection upgrades in the vicinity of Kensico Dam that will be done over the next two years.

will be added.

The southbound Route 120 lane will be realigned to accommodate the new turn lane.

Drainage swales will be constructed.

Site 2: Lakeview Avenue at the Taconic State Parkway

A westbound Lakeview left-turn lane will be added.

The traffic signal will be upgraded.

Roadway signs and striping will be upgraded.

Site 3A: North Broadway at Route 22

A southbound through lane will be added to North Broadway Avenue.

The traffic signal will be upgraded.

The loop detector, which detects cars waiting for the light, and signal timing will be upgraded at Sir John's Plaza.

Roadway signs and striping will be upgraded.

Site 3B: Hillandale Avenue

A sidewalk will be added to Hillandale Avenue.

Pedestrian crosswalks and signs will be added along North Broadway at Hillandale Avenue.

Pedestrian crosswalks and signal poles will be added at Hillandale Avenue and Route 22.

The traffic signal timing will be modified to include pedestrian phases.

Roadway signs and striping will be upgraded.

Site 4: Legion Drive and Columbus Avenue

A new traffic signal will be added in front of the fire station, including controls inside the station that will allow firefighters to stop traffic and get their emergency vehicles out quickly and safely.

Roadway signs and striping will be upgraded.

Site 5: Park Drive and Broadway

A new traffic signal will be installed.

A flashing "Signal Ahead" sign will be added.

Roadway signs and pavement markers will be upgraded.

Site 6: Taconic State Parkway at Cleveland Avenue

A flashing "Signal Ahead" sign will be added along the southbound Taconic State Parkway.

Site 7: Westland Drive at Route 22

Old traffic signal poles and overhead wires will be removed.

DEP will work on these intersections one at a time throughout the next two construction seasons. Those traveling through the area should expect to see flaggers, signs and intermittent lane closures that are meant to ensure the safety of construction workers. No road closures or detours are planned to accommodate the work.

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When:

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Holy Week Services

at the

First Congregational Church
in Chappaqua

Maundy Thursday

April 13 • 7:00-8:30 pm

Upper Room Meal,
Communion and
Tenebrae Service

Good Friday Meditation Service

April 14 • 7:00 pm

With readings,
music and prayers

Easter

April 16 • 7:00 am

Sunrise Service in
Bruckner Garden

10:00 am
in Sanctuary

Easter Egg Hunt

11:30 am



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All are welcome



Mt. Pleasant Democrats to Host Annual Forum on April 14

Progressive-minded Mount Pleasant residents will gather on Sunday, Apr. 14 to get updates on recently passed and pending legislation at the state, county and town levels. The forum – a reception and brunch – will take place at the Pleasantville Country Club from 11 a.m. to 1:30 p.m.

County Executive George Latimer will address the changes in county government under his administration. He will also share his perspective on a wide range of issues affecting county residents, from the Westchester Airport to the development of North 60 adjacent to the

Westchester Medical Center in Valhalla to the proposed increase in sales tax to help fund several priorities in the county budget.

Also scheduled to appear are state Sen. Peter Harckham (D-Lewisboro) and Assemblyman Thomas Abinanti (D-Pleasantville), who will discuss a host of recently passed state legislation on election reform, gun safety, the state's minimum wage and more.

Mount Pleasant Councilwoman Francesca Hagadus-McHale, who in a hotly contested race last fall was elected to fill an interim seat on the Town Board,

will be the event's honoree. She will share her early experiences on the board.

"I ran to drive transparency and engagement for all residents of the town, especially with regard to the town's priorities as reflected in its budget," Hagadus-McHale said. A board is much healthier with wide representation, and it was time to have a fresh new voice at the table."

Asked about the Mount Pleasant Democratic Committee's annual forum, Chair Wayne McPartland noted that "we are experiencing a dramatic increase in civic engagement on the part of town

residents, a reflection of growing concerns about the direction of our nation. People are determined to get off the sidelines and get directly involved in helping elect qualified candidates to public office at all levels."

Mount Pleasant Democratic Committee Vice Chair John Fisher said that registration for this year's forum has already surpassed all previous years, forcing an increase in seating capacity by 25 percent to accommodate demand.

For details about the forum and a reservation form, e-mail Fisher at tlpjohn@optonline.net.

Latimer Receives Kensing Community Builder Award

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Recognizing his commitment to building stronger communities and affordable homes throughout Westchester, County Executive George Latimer received the ACE: Henry V. Kensing Community Builder Award at the Allied Community Enterprises (ACE) 2019 Dinner Gala last Friday.

ACE is a nonprofit organization that seeks to elevate awareness of local housing needs and develop affordable housing for low- and moderate-income households.

The award is named after the late Henry Kensing, former ACE vice president, Mount Kisco mayor and town justice, and longtime activist. Kensing

understood the importance of building diverse, resilient communities, and it is in his spirit that County Executive Latimer was selected for the prestigious honor.

"When I first took office as Westchester County executive, I made a personal commitment to ensure that every resident living in Westchester had an equal opportunity to succeed," Latimer said. "Developing affordable homes for low- and moderate-income households is essential to that mission."

"Housing is an essential building block in developing strong communities," said ACE Executive Director Joan P. Arnold. "George Latimer understands this completely."

Under Latimer's leadership, Westchester County has begun construction on 336 affordable housing units throughout Westchester, with approvals pending for an additional 234 units. An additional 394 units have been proposed, totalling 964 units as of February.

Kensing died on Oct. 24, 2016, leaving behind a legacy in the affordable housing arena. Each year, the Award is given to a public servant who has proven their pledge safe and affordable housing to residents across Westchester.

SMALL NEWS IS BIG NEWS

Legal Notice

SUPREME COURT OF THE STATE OF NEW YORK

COUNTY OF WESTCHESTER

CIT BANK, N.A., Plaintiff, vs.
BRUCE M. LOGAN, AS HEIR AND
DISTRIBUTE OF THE ESTATE OF
OGRETTA K. LOGAN; MELVIN B.
LOGAN, AS HEIR AND DISTRIBU-
TEE OF THE ESTATE OF OGRETTA
K. LOGAN; UNKNOWN HEIRS OF
THE ESTATE OF OGRETTA LO-
GAN; any and all persons unknown to
plaintiff, claiming, or who may claim to
have an interest in, or general or specific
lien upon the real property described in
this action; such unknown persons be-
ing herein generally described and in-
tended to be included in the following
designation, namely: the wife, widow,
husband, widower, heirs at law, next of
kin, descendants, executors, administra-
tors, devisees, legatees, creditors, trust-
ees, committees, lienors, and assignees
of such deceased, any and all persons
deriving interest in or lien upon, or tittle
to said real property by, through or
under them, or either of them, and their
respective wives, widows, husbands,
widowers, heirs at law, next of kin, de-
scendants, executors, administrators,
devisees, legatees, creditors, trustees,
committees, lienors and assigns, all of
whom and whose names, except as stat-
ed, are unknown to plaintiff; **SECRE-
TARY OF HOUSING AND URBAN
DEVELOPMENT; THE PEOPLE OF**

THE STATE OF NEW YORK; UNIT- ED STATES OF AMERICA;

"JOHN DOE #1" through "JOHN DOE
#12," the last twelve names being fic-
titious and unknown to plaintiff, the
persons or parties intended being the
tenants, occupants, persons or corpo-
rations, if any, having or claiming an
interest in or lien upon the premises,
described in the complaint, Defendants.

INDEX NO. 59094/2017

**Plaintiff designates Westchester as the
place of trial situs of the real property**
SUPPLEMENTAL SUMMONS
Mortgaged Premises:
**34 GARIBALDI PLACE
RYEBROOK, NY 10573**

Section: 141.43
Block: 1
Lot: 36

To the above named Defendants **YOU
ARE HEREBY SUMMONED** to answer
the complaint in this action and to serve
a copy of your answer, or, if the com-
plaint is not served with this summons,
to serve a notice of appearance on the
Plaintiff's Attorney within 20 days after
the service of this summons, exclusive of
the day of service (or within 30 days after
the service is complete if this summons
is not personally delivered to you within
the State of New York) in the event the

United States of America is made a par-
ty defendant, the time to answer for the
said United States of America shall not
expire until (60) days after service of the
Summons; and in case of your failure to
appear or answer, judgment will be tak-
en against you by default for the relief
demanded in the complaint.

NOTICE OF NATURE OF ACTION AND RELIEF SOUGHT

THE OBJECT of the above caption ac-
tion is to foreclose a Mortgage to secure
the sum of \$77,757.34 and interest, re-
corded on November 1, 1994, at Liber
20066 Page 227, of the Public Records
of WESTCHESTER County, New York,
covering premises known as **34 GARIB-
ALDI PLACE RYEBROOK, NY 10573.**

The relief sought in the within action is
a final judgment directing the sale of the
premises described above to satisfy the
debt secured by the Mortgage described
above.

WESTCHESTER County is designat-
ed as the place of trial because the real
property affected by this action is locat-
ed in said county.

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answer on the attorney for the mortgage
company who filed this foreclosure pro-
ceeding against you and filing the an-
swer with the court, a default judgment
may be entered and you can lose your
home.

Speak to an attorney or go to the court
where your case is pending for further
information on how to answer the sum-
mons and protect your property.

Sending a payment to the mortgage
company will not stop the foreclosure
action.

**YOU MUST RESPOND BY SERVING
A COPY OF THE ANSWER ON THE
ATTORNEY FOR THE PLAINTIFF
(MORTGAGE COMPANY) AND
FILING THE ANSWER WITH THE
COURT.**

**RAS BORISKIN, LLC
Attorney for Plaintiff**

**BY: SAHAR HAMLANI, ESQ.
900 Merchants Concourse, Suite 310
Westbury, NY 11590
516-280-7675**

Motivational Speaker Delivers Message to Students at Holy Rosary

By Jade Perez

In an effort to bolster youngsters' self-esteem, more than 450 middle school age students from area churches listened to someone who had his life shaped by his faith.

Holy Rosary Church in Hawthorne invited Justin Fatica, a passionate speaker and co-founder of Hard as Nails Ministry, to speak to the students last Monday night. According to the organization's website, Fatica has been an itinerant speaker for 20 years, having traveled to 44 states and four countries.

The event began with a few ice-breakers and words from 19-year old Hard as Nails missionary Leia Hunt, who explained the core teaching of the ministry, "Three Minutes of Power."

"In the first minute you share about what your greatest challenge is; it could be something that happens now or even when you were younger," Hunt said. "The second minute is how God carries you through these hardships and the third one is about what you're grateful for."

She added that when one can see the good in a negative situation, he or she will "soar in honorable things."

Hunt went on to share her story. When she was two-and-a-half years old, she was diagnosed with retinoblastoma, a rare form of eye cancer. After several rounds of chemotherapy and 26 surgeries, Hunt's



JADE PEREZ PHOTO

Justin Fatica, co-founder of Hard as Nails Ministry, brings his message of hope and faith to sixth-, seventh- and eighth-graders at Holy Rosary Church in Hawthorne last week.

won her battle with cancer. However, it left her blind in her left eye. Throughout her childhood, she felt alone because there was no one at school who had an experience

similar to hers.

But through those obstacles, Hunt said that her trust in God strengthened, which ultimately taught her to love herself and inspire others.

"I am so grateful for my cancer because I love being Leia and I wouldn't want to be anybody else," she said. "God only gives us as much as we can handle and everything He gives us, there's a purpose. Now, I am able to stand up here and give you this message of hope and also help other people with cancer. But I wouldn't have been able to do that unless I fought my own battle."

In his ensuing address, Fatica joyfully instructed everyone to say, "You're amazing" to their neighbor and later stated that through the millions of people he has spoken to, many don't

believe that they're special.

"There's people that think they're not good enough or they don't measure up," Fatica said. "It's because people sometimes let you down; they say that they love and care about you and then they hurt you."

No matter what one goes through, whether it's problems with family or school related, Fatica stressed to his young audience that everyone is good and that they matter.

Instead of hurting one another, everyone should lift each other up and make a difference in the world, he said.

Fatica ended his speech with an exercise where every student had to write on a piece of paper their biggest challenge.

He then read some of the challenges to the crowd in hopes of helping to make the students realize that they're not alone and to trust they will get through any rough patches they're facing.

Last week's event concluded with everyone receiving a Bible, leaving students with a sense of positivity and love.



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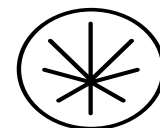
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Cell: 914-649-1157
E-Mail: Sharon.Foley@ERA.com



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Editorials

Forum on Combating Hate a Necessary Discussion in 2019

It doesn't take much to be angered, disillusioned and frustrated with what has been happening with the increase of incidents of hate.

Every mass shooting, anti-Semitic or racist act or mistreatment of immigrants, a member of the LBGT community or anyone who is different, there's outrage and calls for change, but little if anything substantive is accomplished.

Last Wednesday evening, state Sen. Peter Harckham held an important and timely forum that featured panel members talking about their own experiences and what steps can be taken by local residents and state officials to make a real difference.

As was mentioned last week, Westchester residents are somewhat insulated from the worst incidents. The county has become

increasingly diverse, part of the larger New York City metropolitan area, and many of us have semiregularly consorted with people who are different than us at least by the time college started.

But that doesn't inoculate Westchester from hate and prejudice. One of last week's panelists, Martha Lopez-Hanratty, who works in the county executive's office, related a story of a man that she saw and heard in White Plains berating workers at a Dunkin' Donuts for speaking Spanish.

So what can we do? It's easy to be cynical, to throw up one's hands and ask what one forum in Pleasantville can accomplish to reverse the trend.

That would be wrong because that's what the bigots and the perpetrators of hate want – apathy and acquiescence.

Each person has a responsibility to do what they can in their small corner of the world. It takes courage not to stand idly by or be silent when each one of us sees someone else victimized.

"I think we need to call out bigotry when we see it because it's wrong, not because it's going to lead to atrocities," said another panelist, Rabbi Sarah Freidson of Temple Beth Shalom in Mahopac.

There are the potential strategies and legislative proposals that could come out of last week's forum. But it is also an important step to recognize that we have a problem in our society and failure to address the issue is perhaps the worst option.

Volunteer Firefighters Essential to Quality of Life in Westchester

Last Sunday, the Mount Kisco Fire Police honored Joseph (Juts) Bronzino for an incredible 70 years of service to the company and the community.

You can't get any more deserving than that. Bronzino responded to thousands upon thousands of calls in that time, with little to gain personally. He will tell you, of course, that he has benefited from the friends he has made who are like brothers to him and the satisfaction he has derived.

It also is a reminder how fortunate our local communities are to have volunteer

firefighters, the men and women who donate their time and effort at considerable risk to their own well-being. At a time when ranks have been dwindling because families are busier and more stretched than ever, those who do answer the call have never been more critical.

For anyone who has ever had to call their local fire department or seen them in action, they tear themselves away from a leisurely weekend or get themselves out of bed on a freezing night.

From a purely practical standpoint,

volunteer firefighters have become more indispensable. What it would cost to replace them with a paid fire department would drive thousands out of Westchester and diminish the quality of life for many who could manage to stay.

In Mount Kisco, everyone who spoke of Bronzino had nothing but praise for his lifetime of service. The same can be said of the volunteers everywhere who help keep us safe.

Easy Steps to Take to Celebrate Earth Month

From enjoying nature to making simple changes to your routine that will have a positive impact on the environment, here are five cool ideas for marking the celebration of Earth Month.

1. Reduce and reuse. You may not realize how much waste you create each day when you use disposable containers, bags and plastic bottles. While recycling is a great thing to do, that process itself takes a lot of energy to support and, unfortunately, not everything makes it to the recycling center. A better way to reduce your waste is by ditching single-use items and opting for more eco-friendly, reusable alternatives.

2. Make smart swaps. Disposing of hazardous items such as batteries and bulbs can be tricky. Take a walk through your home and swap out items containing hazardous materials, such as bulbs with mercury, to rechargeable or

hybrid alternatives. For example, Casio's LampFree projectors have a hybrid Laser and LED light source which removes the need for hazardous bulbs.

3. Skip "fast fashion." Many of your favorite stores likely sell what is known as "fast fashion." The fast fashion concept is what brings brand new apparel to consumers on a consistent basis, but unfortunately, the mass production of these cheaply made garments takes a toll on the environment. You can secure fashionable finds in an eco-friendly way by taking a look at apps and websites that sell second-hand clothing or even by visiting a consignment or thrift shop for unique finds. Declutter your own closet and give your clothing a second life by making donations to those in need.

4. Get outdoors. Celebrate the beauty of the planet by getting outdoors. Whether you're going on a hike, kayaking or just

taking a walk, high-tech wearables can help you make the most of the adventure. For example, Casio's WSD-F30 Pro Trek Smart Outdoor Watch is durable and water-resistant, and includes apps that support outdoor activities. Such technology can help you track your activity, navigate your surroundings and even remind you when it's time to take a water break.

5. Get your veggies. Pick one day each week to eat a plant-based meal and skip the meat. You'll be doing the planet a whole lot of good, as the production of meat and animal-based products requires far more water and land use than the production of plant-based foods do. Consider also being more mindful about food waste in your own household, buying only what you need.

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Examiner Wins Press Association Honors; First-Place Award for Editorials

Examiner Media won honors for its journalism in three critical categories at the New York Press Association's annual conference last weekend in Albany, including first-place for editorials.

In addition to the award for best editorials by The Examiner's editor-in-chief, Martin Wilbur, the newspaper

edition of The Examiner.

"The photographer captured a great moment of action featuring three players," the judges stated.

The honorable mention for Young in the spot news category was for an Aug. 7, 2018 article in The Examiner headlined "Car Crashes into Pleasantville Pharmacy; Elderly Customer Hospitalized."

"Good spot news reporting," the judges concluded.

The annual New York Press Association Better Newspaper Contest awards ceremony, this year at the Albany Hilton,

is held as part of a two-day industry conference featuring expert speakers and lecturers. The keynote speaker on Apr. 5 was Margaret Sullivan, a prominent Washington Post media columnist and former New York Times public editor. Between the Apr. 5 and Apr. 6 seminars, industry leaders conducted more than 60 educational sessions.

In all, 163 newspapers from New York State submitted 2,743 entries. Newspapers are divided into multiple divisions so they are competing for awards against publications of comparable circulation.

The coveted overall Newspaper of the Year prize was awarded to The Suffolk Times.

Examiner Media publishes four weekly newspapers, The Examiner, The Northern Westchester Examiner, The White Plains Examiner and The Putnam Examiner, as well as TheExaminerNews.com, a community news website.



Martin Wilbur, The Examiner's editor-in-chief, won first place for best editorials at this past weekend's New York Press Association 2018 Better Newspaper Contest awards ceremony, held at the Albany Hilton.

group was also recognized in the news and sports categories.

The press association awarded second-place for best sports action photo to The Examiner's sports editor, Andy Jacobs, and gave an honorable mention to former reporter Anna Young in the spot news category.

"Really did a nice job informing the public, but also kept the pieces easy to read," the judges from the Wisconsin Press Association said of the editorials.

The three pieces from The Examiner submitted for the best editorials of 2018 prize were headlined "Chappaqua Schools Super's Attempt at Secrecy Benefits No One," from the Apr. 24 edition, "Newsprint Tariffs and Fake News Mantra a Threat to Democracy," from the Aug. 14 edition and "North Castle Owes Public an Explanation Over Goldberg Decision," from the Sept. 11 edition.

The award-winning action sports photo was for a football picture Jacobs took of a pair of Westlake High School defensive players breaking up a pass intended for an Ardsley receiver in the Sept. 18, 2018

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The Story of That Mirror, Mirror That's on the Wall

Normally when I look into a mirror, mostly when I'm shaving, I don't have my nearsightedness corrected with glasses. But just the other day I happened to look into my magnifying shaving mirror with my glasses on and was somewhat shocked to find that I really looked my age when, for years, I thought I had been defying it.

Oh, well. Unlike Narcissus, the mythological character who fell in love with his own reflection in a pond's surface, I don't need to reassure myself of my beauty to get through the day.

Besides offering us the opportunity to check ourselves out to make sure we are properly groomed and attired, mirrors have played an important role throughout their history. Used in technology, they've been important components in scientific instruments such as telescopes, industrial machinery, cameras and lasers.

Today, it can be a very important element in interior design as well as home staging. As a realtor, I sometimes have to advise sellers what to keep and what to eliminate from their walls. (No personal photos or wedding pictures, for example; the buyers want to visualize themselves in the house, not the sellers.) A good mirror would always be on my list of recommendations to add, both to enlarge space and reflect additional light.

When entering my home, the first thing a visitor would see on the wall of my foyer is a large antique mirror with a massive

wooden frame, coated with a tin surface, which is stamped with an elaborate pattern and painted in shimmering gold and silver. It makes quite a statement while enlarging the space and reflecting additional light.

The history of mirrors goes back to the beginning of time when people looked at their reflections in pools of water. The first man-made mirrors were from polished stone, like black volcanic glass obsidian, found in Turkey with a carbon dating of 6,000 years.

Ancient Egyptians used polished copper for mirrors, and mirrors made from polished stone were found in Central and South America from about 2000 B.C. In China, mirrors were made from metal alloys, such as a mixture of tin and copper that could be highly polished to make a reflective surface. Metal alloys or precious metals mirrors were very valuable items in ancient times, only affordable to the very wealthy.

Mirrors made of metal-backed glass were first produced in Lebanon in the first century A.D., while ancient Romans made

mirrors from blown glass with lead backings.

Glass mirrors were first produced during the third century A.D. and were quite common in Egypt, Gaul, Germany and Asia. The invention of glassblowing during the 14th century led to the production of convex mirrors.

The major component of mirrors is glass. Because glass is a poor reflector, it must be coated in order to enhance its reflectiveness with such metallic coatings as silver, gold and chrome.

During the Renaissance in Europe, mirrors were made by a method of coating glass with a tin and mercury amalgam. The mirror factory Saint-Gobain was established in France at that time, but mirrors were originally very expensive luxuries that only the wealthy could afford.

In 1835, Justus von Liebig, a German chemist, developed the silvered-glass mirror where a thin layer of metallic silver is put onto glass by the chemical reduction of silver nitrate. The invention of this process enabled mirrors to be manufactured on a much larger scale. For the first time in history ordinary people

could buy a mirror. Today's mirrors are more frequently produced by depositing aluminum by vacuum directly onto the glass.

There is a wealth of superstition surrounding mirrors. I wondered, for instance, why a broken mirror brings seven years bad luck. My research revealed an old Roman legend that the soul shatters along with the mirror and it requires seven years to regenerate.

Mirrors also have a strong connection to spirits. In earlier times, mirrors were covered when someone died because of the superstition that it can trap the soul of the deceased.

For us, however, it is best used as a major element in interior design, to visually enlarge a space and reflect light.

Bill Primavera, while a publicist and journalist, is a Realtor® associated with William Raveis Real Estate and founder of Primavera Public Relations, Inc. (www.PrimaveraPR.com). You can engage the services of The Home Guru to market your home for sale by calling 914-522-2076.



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Opportunities to Be Part of Mount Kisco's Community Garden

By AnnaKathryn Rutherford

InterGenerate has been working feverishly to create a better world by focusing on providing opportunities to grow organic produce and to make it available to everyone.

Founded in 2009, InterGenerate has successfully operated community gardens in Chappaqua, Katonah, Millwood and Mount Kisco, where produce is grown by the hands of members and volunteers. This model of gardening allows for participating families to have access to fresh and healthy food, while also providing organic produce for those in need. Projects like these simultaneously deepen ties within the community and tackle concerns of food security.

The model utilized in most InterGenerate gardens is that each member is assigned a plot of their own and additionally, members share tasks of planting and caring for a Giving Garden which is then harvested and donated to the community.

This year, InterGenerate will unveil a new model of community gardening at the Ann Manzi Center in Mount Kisco. Families will farm an entire parcel cooperatively. They will decide what to grow and will share the tasks of caring for the entire space. Each family will take what they need and the rest will be donated.

"This is a perfect model for beginning

gardeners and busy people as we will all share the experience of gardening without any one person feeling overburdened," said Mey Marple, co-director of the Mount Kisco community garden.

Additionally, in an attempt to address food insecurity in our neighboring communities, InterGenerate is in the process of assessing the needs of those who may be falling through the cracks of our system. While Westchester may be one of the most affluent counties in New York State, the food insecurity rate in this county is higher than the national average.

According to Feeding Westchester, 1 in 5 people will experience food insecurity this year locally. Food insecurity is defined as a situation in which there are a set of circumstances preventing access to food, generally leaving families hungry, oftentimes missing meals entirely. Frequently the only inexpensive meals these individuals can afford are high in calories and low in nutrients.

Examples of those affected by this range from families with working parents, living below the poverty level, who are forced to make choices between paying rent and electric bills over buying food, to older adults who may not have access to transportation or are living on fixed incomes. The result is the same – food insecurity.

This summer, InterGenerate hopes



InterGenerate's community garden at the Ann Manzi Center in Mount Kisco.

to address some of these concerns by introducing a Community Supported Agriculture (CSA) opportunity which will dovetail with their community garden projects. By utilizing harvests from all of their Giving Gardens, the communal garden at ARC, as well as produce that is donated, and at times purchased, from several surrounding farms, InterGenerate will fill bags with organic produce to be distributed at a very low cost to those in need. Any funds from this program will be paid to farmers to help fill the gaps with items not grown by InterGenerate such as corn, fruit and eggs.

With each new project there is a need for more volunteers. Anyone interested in helping to build community, feed

neighbors in need and make this world a better place is encouraged to contact InterGenerate.

Currently, InterGenerate is looking for volunteers to assist with harvesting, picking up produce from local farms, filling CSA bags and delivering produce to families once a week from June through September. The help of many will decrease the burden for all.

If you are interested in becoming a member of InterGenerate's newest garden in Mount Kisco, registration is now being processed through its website at www.intergenerate.net/mount-kisco.html. In addition to the cooperative space, there will be a limited number of individual plots available for members on a first-come, first-served basis. They will be holding their first meeting this Thursday, Apr. 11 at 6 p.m. at Mimi's Coffeehouse, located at 37 S. Moger Ave. in Mount Kisco.

Also, if you know of a family in need of food or wish to sponsor a family's low-cost CSA for the summer, reach out to InterGenerate at www.intergenerate.net/csa-program.html.

InterGenerate is a nonprofit organization and all donations are tax-deductible. Donations are always appreciated.

AnnaKathryn Rutherford, a junior at John Jay High School, is an intern at InterGenerate.

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The Weekly Feature from Entergy

Sleepy Hollow Poet to Release Collection on a Longtime Family Secret

By Martin Wilbur

Writing has been a lifelong love for Margo Taft Stever but it wasn't until her years at Harvard that she fell in love with poetry.

All these years later, Stever wouldn't exactly call herself a prolific poet, but the longtime Sleepy Hollow resident, who founded the Hudson Valley Writers Center shortly after moving to Westchester more than 35 years ago, will see the release of her fifth collection of poetry this month.

For someone who admitted that she doesn't have a lot of confidence in her writing, Stever has done quite nicely. When her children were young years ago, she would jot down some thoughts while they napped. She continues to use her notepad to create her works.

"I think having a notepad for me, writing at home, is like a symphony, you have to put it together," Stever said. "Very rarely, do I sit down and write a poem.

Maybe a few times. But for the most part, it's putting together writing, and writing about a consistent theme, a concern about a specific aspect of the world at that time, so it's not that difficult to put something together."

In her latest collection, "Cracked Pianos," Stever writes about a piece of her family's fascinating history. She addresses the sadness and isolation of her great-grandfather, Peter R. Taft, a prominent lawyer, who was institutionalized at the Cincinnati Sanitarium Private Hospital for the Insane more than 100 years ago. Taft, was a son of Alphonso Taft, who served as secretary of war and attorney general of the United States under President Ulysses Grant and was the half-brother of President William Howard Taft.

Despite that history, Stever knew little about it growing up. She was one of 15 children and stepchildren from one of three marriages, a result of the deaths of



first her father and then her stepfather. Family history was rarely discussed at home.

More than 15 years ago, one of her sons became interested after discovering a photo of Stever's great-grandfather on a trip to Asia in 1905. Then she unearthed letters from her family going back to the 19th century, including some from Peter Taft shortly after he had graduated at the top of his class at Yale.

That was the motivation behind "Cracked Pianos."

"It kind of deals with the subject of sanity and insanity and what is defined as sanity in the world, but certainly in today's world we are grappling with that on a daily basis and trying to figure out how to deal with the future when what looks like the Dark Ages in front of us," Stever said.

Stever lived in Washington, D.C. in the 1970s into the early '80s while working as a staff for former U.S. senator Ted Stevens. Her husband worked in the

Justice Department. During her time in the nation's capital, the writers' scene transformed from virtually nonexistent to a vibrant, thriving community.

When the couple moved to Westchester in 1982, Stever said there was similarly no writer's community. Shortly afterward, Stever applied for and received a \$3,000 ArtsWestchester grant, which helped establish the Hudson Valley Writers Center, first with a reading series at local libraries and other venues.

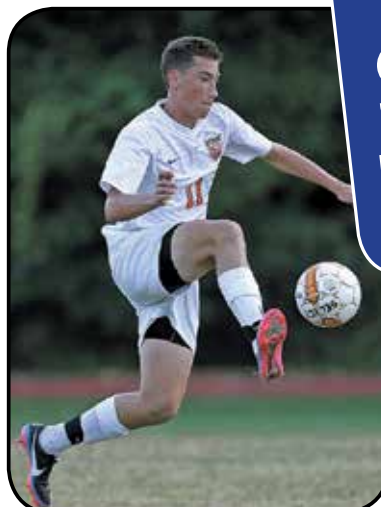
She saw the old crumbling railroad station minutes from her house and had a vision that it would eventually be the center's home.

"We set this goal of restoring the Philipse Manor railroad station, which was a total wreck," she said. "It had become a hangout for teenagers. Nothing worked except the fireplace."

Her husband helped negotiate with the MTA to obtain the property. Of course, they had to raise about \$1 million, but by 1996, the Hudson Valley Writers Center moved into the refurbished building. Today, it is a place for wide variety of writing programs, guest speakers and readings.

Stever said she will continue to write her poetry, exploring the natural world, the treatment of animals and other topics that she is passionate about.

"I think that reading poetry and writing, is for me, coming to terms with what life means and how I exist in the world," Stever said.



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Local Nonprofit to Hold Gala Benefiting Those With Disabilities

By Jade Perez

Ability Beyond has been improving the lives of the disabled for more than 60 years but it takes resources to make that happen.

Later this month, Ability Beyond, a nonprofit organization with headquarters in Chappaqua and Bethel, Conn. that provides programs and services with various disabilities, hopes to raise as much as \$700,000 at its 2019 Enchanted Forest Gala to help fund its work. The annual event is one of the organization's largest fundraisers, attracting close to 500 guests each year.

With headquarters in Bethel, Conn. and Chappaqua, Ability Beyond serves more than 3,000 people with developmental disabilities, autism, mental illness, and those who have sustained brain injuries by helping them live with independence and providing employment opportunities regardless of ability. The organization operates residential group homes and provides transportation services and community activities, helping individuals in Westchester, Putnam and Dutchess counties and Connecticut.

"The charitable contributions of everyone who attends creates opportunity, independence, socialization and joy in the lives of the people we serve," said Jane Davis, president and CEO of Ability Beyond. "Above and beyond our direct care services, Ability Beyond is an



TRACY L. CONTE PHOTOS

Comedienne Christine O'Leary will be leading the live auction at Ability Beyond's Apr. 27 gala.

innovative force for all people throughout the health and human services arena."

Since 2010, the organization has increased the number of people it serves each year from 1,200 to over 3,000, said Tracy L. Conte, Ability Beyond's vice president of development and community engagement.

Through a national consulting agency, the organization serves another thousand individuals by helping them meet their employment goals with resume building, interview preparation and application and job search assistance, among other

services.

Conte said that the organization is innovative and consistently explores how to use technology to improve their clients' living situations. The goal is to develop an app that will make routine tasks such as turning lights on and off easier for those with disabilities.

Although Ability Beyond receives state reimbursements, Conte said those funds have been diminishing in recent years. This month's fundraiser, which features comedienne Christine O'Leary, allows the organization to continue to provide

critical support and services that are taken for granted, she said.

The Ability Beyond gala will be held on Saturday, Apr. 27 from 6:30 to 11 p.m. at the Amber Room Colonnade, located at 1 Stacey Rd. in Danbury, Conn. The black-tie evening will feature silent and live auctions, raffles, dinner, dancing and awards.

To learn more about the Ability Beyond and this year's gala or to buy tickets, contact Stephanie Goncalves at 203-826-3101 or visit <https://e.givesmart.com/events/cwq>.



Ability Beyond, which has a location in Chappaqua, will be holding its annual gala on Saturday, Apr. 27 in Danbury to raise critical funds for its programs to provide people with developmental disabilities and other challenges independence, employment and socialization.

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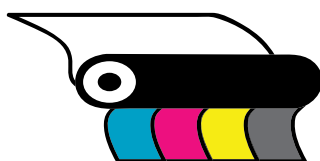
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Happenings

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Martin Wilbur at mwilbur@theexaminernews.com.

Tuesday, Apr. 9

Drop in for Tech Help. Receive help with any of your technology devices. PC, Google and Microsoft savvy volunteers will help with troubleshooting, downloading, Overdrive, Freegal, Hoopla or any other online service. First-come, first-served. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 3 to 4:30 p.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkisco.org.

Reading With Tobie and Karen. A program for school-age children. Tobie and Karen are with The Good Dog Foundation. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 p.m. Free. Every Tuesday. Info: 914-273-3887 or www.northcastlelibrary.org.

English Conversations. For speakers of other languages seeking to improve their English. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkisco.org.

DIY Unicorn Hand Puppet. For National Unicorn Day, make an adorable unicorn hand puppet out of paper, yarn and other materials. For children four years old and up. (Children under five must be present with a caregiver.) Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Space limited; registration required. Info and registration: 914-864-0130.

Italian Language and Culture. Mara De Matteo, born and raised in Italy and passionate about her native language, combines lively conversation with grammatical instruction in her classes. She creates interactive lessons on the richness of Italian culture, past and present. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6:30 p.m. Every Tuesday. Info: 914-273-3887 or www.northcastlelibrary.org.

Legendary Tuesday Night Jam. This jam has fostered many great musicians over the years. Some have gone on to tour, win Grammy Awards and achieve celebrity status. You never know who you'll hear. Come on down, play or listen, dance, drink and enjoy. All levels of musical talent are welcome. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 8 p.m. No cover charge. Every Tuesday. Info: 914-747-4740.

Current Affairs Book Club. "Cold War to Hot Peace: An American Ambassador in Putin's Russia" by Michael McFaul will be discussed. Discussion led by Daniel Vock. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6:45

p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

History and Biography Book Club. "Year Zero: A History of 1945" by Ian Burumawill be discussed. Drop-ins are welcome. Ruth Keeler Memorial Library, 276 Titicus Rd., North Salem. 7 p.m. Free. Held the second Tuesday of each month through May. Info: 914-669-5161 or www.keelerlibrary.org.

Open Book Club. "The Wife" by Meg Wolizer will be discussed. Led by Christine Bobkoff. New Castle Town Hall, 200 S. Greeley Ave., Chappaqua. 7:30 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Wednesday, Apr. 10

Zumba Fitness. Achieve long-term benefits while having a blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life. For all fitness levels. Dance Emotions, 75 S. Greeley Ave., Chappaqua. 9 a.m. Every Monday and Wednesday at 9 a.m. and Saturdays at 10 a.m. Drop in or weekly discount rates available. Info: Contact Peggy at 914 960-4097.

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10 to 10:30 a.m. Free. Every Monday and Wednesday (except Apr. 15 and 17). Info: 914-769-0548 or www.mountpleasantlibrary.org.

New Mommy and Daddy Meet-Up. Whether it's your first child or your fifth, this is a great way to get out of the house, meet new friends and enjoy time with your baby. World Cup Nursery School, 160 Hunts Lane, Chappaqua. 10:25 to 11:10 a.m. Free. Every Wednesday. Info: 914-238-9267 ext. 20.

Toddler Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10:30 to 11 a.m. Free. Every Monday, Wednesday and Friday (except Apr. 15, 17 and 19). Info: 914-769-0548 or www.mountpleasantlibrary.org.

Adult Art Program: Acrylics Plus. The group works in acrylics but also dabbles in other mediums. Facilitated by Nina

Bertolino. Participants need to bring supplies from a list she provides. Ruth Keeler Memorial Library, 276 Titicus Rd., North Salem. 10:30 a.m. to 12:30 p.m. Free. Also Apr. 24. Info: 914-669-5161 or www.keelerlibrary.org.

Preschool Storytime. This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 11 to 11:30 a.m. Free. Every Monday, Wednesday and Friday (except Apr. 15, 17 and 19). Info: 914-769-0548 or www.mountpleasantlibrary.org.

Meditation Series: Midday Mind Break. Benefits of meditation include increasing focus and memory; increased health; reduced stress, anxiety and pain; and increased productivity and happiness. Led by Alka Kaminer. North Castle Public Library, 19 Whippoorwill Rd., East, Armonk. 12:15 p.m. Free. Every Wednesday (except Apr. 17). Info: 914-273-3887 or www.northcastlelibrary.com.

Chair Yoga With Alka Kaminer. Experience greater flexibility, cardiovascular endurance and improved balance, strengthening and toning of muscles, better digestion, stress reduction, mental clarity, improved breathing, relaxation and an overall sense of well-being. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 1 p.m. Free. Every Wednesday (except Apr. 17). Info: 914-273-3887.

Science Lab. Become junior scientists and learn about different science topics through stories, crafts and experiments. There's a new topic every week. For children four to six years old. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 to 5 p.m. Free. Every Wednesday. Info: 914-273-3887 or www.northcastlelibrary.org.

Chess Workshop for Young Adults. Learn chess with the help of guided instruction and supervised play. Included will be the study of strategy and tactics to make you an even better player. For students in grades 5 and up. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 4:15 to 5:15 p.m. Free. Also Apr. 24. Registration requested. Info and registration: 914-769-0548 or www.mountpleasantlibrary.org.

Kevin Young: Poetry in Sound. This program presents a combo comprised of jazz students from Purchase College's Conservatory of Music performing

original settings of poems by Kevin Young. . Young, this year's Roy and Shirley Durst Distinguished Chair in Literature, will accompany the performance with a live reading. Purchase College's Neuberger Museum of Art, 735 Anderson Hill Rd., Purchase. 4:30 p.m. Free. Info: 914-251-6550 or visit www.purchase.edu/academics/school-of-humanities/lectures/durst-distinguished-lectures.

Meet Todd Parr. Enjoy a special afternoon of story time with this award-winning author and illustrator. Parr will read and discuss several of his family-themed books, including "The Family Book," which celebrates the love felt for our families and all the different varieties they come in. For children three to seven years old. ArtsWestchester, 31 Mamaroneck Ave., White Plains. 4:30 to 5 p.m. Free. Info: Visit www.ArtsWestchester.org.

Moses, Monotheism and the #MeToo Movement. Scott A. Shay, co-founder of Signature Bank of New York, called for the re-imposition of Glass-Steagall and breaking up the big banks at a TEDx talk at the NY Stock Exchange in 2012. Although Shay had a successful business career spanning Wall Street, private equity, venture capital and banking, he has always been a student of religion and how it ought to apply to the world outside of a church, mosque or synagogue. In addition to authoring many articles relating to the Jewish community, he has penned "In Good Faith, Questioning Religion and Atheism, and Getting Our Groove Back: How to Energize American Jewry." Part of the Br. John G. Driscoll Lecture Series in Jewish-Catholic Studies. Iona College's Spellman Hall, Thomas J. Burke Lounge, 715 North Ave., New Rochelle. 5 p.m. Free.

Community Conversations. Come for a special talk by award-winning author and illustrator Todd Parr on the subject of inclusivity and the representation of family in children's books. A Q&A with the audience will follow. For adults and young adults. ArtsWestchester, 31 Mamaroneck Ave., White Plains. 5:30 to 6:30 p.m. Free. Info: Visit www.ArtsWestchester.org.

Art Series: Granville Redmond. Born 1871, Redmond was a celebrated painter and a leading figure in American Tonalism and Impressionism. He was also a friend of Charlie Chaplin, who greatly admired his work. Discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

continued on page 24

Edwin Way Teale: A Man for All Seasons

This month's column is reprinted from Brian's January 2019 blog entry.

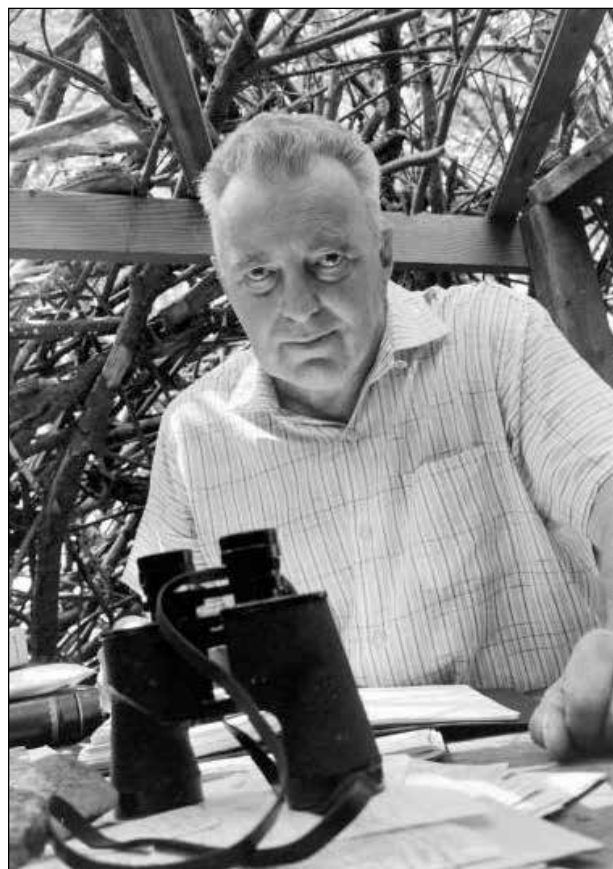
By Brian Kluepfel

Researching a book last fall about Connecticut, I stumbled upon the life of author Edwin Way Teale, who lived in the state's "Quiet Corner."

Teale's four-part series on the seasons, written between 1951 and 1965, netted him a Pulitzer Prize. I found a summation of these tomes at the local library: "The American Seasons" condenses Teale's observations into a pithy 400-plus pages.

Teale's prose is from another time; another century, you might say. He traveled thousands of miles across the entire United States and observed America's wild landscapes with wit and wonder. (Let it be said immediately that he couldn't have done it without his wife, Nellie, who was with him every step – and highway mile – of the way.)

Of course, anyone named Teale is going to write about birds, eh? So I found a chapter dedicated to his visit with legendary Texas birder Connie Hagar, in Rockport – then and now, a birder's dream destination. Edwin and Nellie visited



Rockport more than once on their crisscrossing of America. There is now a corner of Rockport, where she lived most of her life, named in her honor (Connie Hagar Wildlife Sanctuary, in Aransas, San Antonio Bay, Texas).

Completely self-taught, Connie Hagar knew the few square miles she patrolled better than the back of her hand. Abandoning a high-society life in Corsicana, Texas, the blossoming pianist instead became fascinated with another kind of music – birdsong. She discovered its plenitude on the gulf shores and never left.

She circumnavigated a four-by-seven-mile patch for decades. By the time

she met the Teales, she had driven the same route 20,000 times, and more than 100,000 miles. (For 15 of those years, her faithful bird dog, Patch, was a quiet and helpful companion.)

For The Birds

Credit to Teale for bringing Hagar's landscape to life: "each day we saw the same vermilion flycatcher perched on a duck blind before a large live oak, standing out against its dark background like a

glowing coal on a green hearth." Or this: "with the white pelicans wheeling like stately battleships and the white egrets darting about like small destroyers, they reaped an abundant harvest."

Teale's chapter concludes with a quote from Connie Hagar, in reply to his statement that Rockport certainly had enough birds.

"Are there ever enough birds?" she replied.

Brian Kluepfel is a Saw Mill River Audubon board member and contributor to the Lonely Planet travel guide series. He blogs at brianbirdwatching.wordpress.com and lives in Ossining.

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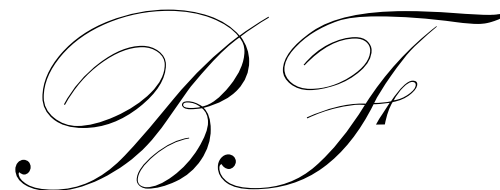
Welcome to Spring Community Potluck

All are Welcome! New Castle Community Center

Thursday, May 23, 7:00 pm

Public Program: Restoring Croton Point Grassland
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Visit www.sawmillriveraudubon.org for details & more events
and to learn about our eight local wildlife sanctuaries.



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**REPORT ON FORMATION OF THE
FEDERAL JURY LISTS**



Local Photographers Create 2nd Annual Mt. Kisco Photography Exhibit

Last Thursday, the Mount Kisco Historical Society held its opening reception for its second annual Photography Exhibition: Nature, Culture and People of Mount Kisco at the public library.

There were 51 adults and seven children from four to 16 years old who submitted 187 photos, said Shonan Noronha, one of the members of the selection committee that chose the photos for the exhibit. There were 60 photos featured in the Mount Kisco Public Library's upstairs gallery with a variety of nature shots as well as photos that captured the sights, culture and people of the village.

Six photographers had at least one photo that was unanimously chosen by all five members of the selection committee – Aviva Meyer, Brian Thompkins, Debra Wallace, Joe Giardina, Rob Yasinsac and Maria Famoso. (Famoso actually had two of her photos chosen unanimously and four photos in all, the most of any photographer.

A new category featuring young photographers was introduced this year. Four-year-old Selene Valera who took a photograph of a goose with her mother's DSLR camera. The other young photographers included James Locovare, Connor Hill, Adam Reig, Madison

Singleton, Riya Alex and Serena Norr.

The exhibit will be on display now through May 4 at the Mount Kisco Public Library's gallery during library hours.



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of New York (SSNY) on 03/05/2019. Office location: Westchester County. SSNY is designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **c/o Susan Lewkowicz, 670 White Plains Rd., Scarsdale, NY 10538, Ste 110. Purpose: Any Lawful Purpose.**

NOTICE OF FORMATION OF 395WYTHE LLC. Arts. of Org. filed with SSNY on 4/1/19. Office location: Kings County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to **395 Wythe Avenue, Brooklyn, NY 11249. Purpose: any lawful act or activity.**

TOWN OF PUTNAM VALLEY WORK SESSION April 10, 2019 6 PM 1. **Pledge of Allegiance.** 2. **Public hearing on marijuana moratorium. Public Hearing Marijuana Moratorium** Resolved that the Town of Putnam Valley will begin a 1 year moratorium on the establishment and or stocking of any store, shop, kiosk and or business structure that will sell any marijuana products and or their related paraphernalia retail and or wholesale within the Town. This moratorium will provide the Town time to study the appropriate location for this type of business due to the health concerns this product may cause based upon the psycho-emotional effects

that these products provide. The moratorium will begin immediately and end on April 17th, 2020. The possibility of an extension of this moratorium will be considered as April 17th, 2020 approaches. This Marijuana Moratorium will be all inclusive and will include stores, shops, business structures and kiosks that might also already be established within the Town. 3. **Establish** new start times for both the Town Board Special and Works Sessions beginning June 5th. 4. **Set** public discussion/informational meeting on Airbnb for May 8, 2019. 5. **Districts:** Accept lowest bid for grass cutting on Town and District properties for 2019 season. 6. **Highway:** a. **Auction** of surplus equipment. b. **Equipment** purchase. 7. **Audit** of monthly bills

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Happenings

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Decorating Your Home to Sell. Learn tips for home staging and selling from Susan Atwell, a home staging expert and president of AtWell Staged Home, and Denise Giordano, an associate real estate broker at Coldwell Banker Residential Brokerage. You will learn the top 10 tried-and-true, do-it-yourself home staging tips, what home buyers really want, the current climate of the northern Westchester real estate market and how home sellers can edge out the competition. Ruth Keeler Memorial Library, 276 Titicus Rd., North Salem. 7 to 8:30 p.m. Free. Info: 914-669-5161 or www.ruthkeelermemoriallibrary.org.

Microplastics. Jill S. Schneiderman, chair of the Department of Earth Science and Geography at Vassar College, will discuss the impact of microplastic pollution on different environments and detail her own research on the subject as it relates to the dunes of Cape Cod. This program is in partnership with the Sierra Club Lower Hudson Group. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 7 to 9 p.m. Free. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

The Real Story Behind "The Green Book." Author and television personality Alvin Hall journeyed from Tallahassee, Fla. to towns in Alabama, Mississippi and Tennessee, ending his trip in St. Louis. Along the way, he interviewed people who'd patronized the restaurants, hotels, gas stations and beauty parlors listed in The Green Book as well as visiting sites associated with the history of Jim Crow and the civil rights movement. The Rivertowns Episcopal Parishes Action on Inclusion and Race presents this program to share Hall's remarkable story and get a glimpse of a tragic period in American history and how its impact still haunts the country today. All welcome. Snacks will be served. All Saints' Church, 201 Scarborough Rd., Briarcliff Manor. 7:30 p.m. Free. Info: Visit www.repairrivertowns.org or see REPAIR on Facebook.

Bedford Chamber Concerts. Featuring Boccherini's Guitar Quintet in D, "Fandango;" arrangements of works by Bach, Mozart and Verdery for solo guitar, performed by Benjamin Verdery; Newman's Easter Quintet; and Mozart's Symphony No. 38, "Prague." Refreshments served at intermission. St. Matthew's Church Fellowship Hall, 382 Cantitoe St. (Route 22), Bedford. 8 p.m. \$40. Info and tickets: 914-522-5150 or visit www.bedfordchamberconcerts.org.

Thursday, Apr. 11

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize

and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10 to 10:30 a.m. Free. Every Tuesday and Thursday (except Apr. 16 and 18). Info: 914-741-0276 or www.mountpleasantlibrary.org.

Knitting Circle. This group is open to everyone who has an interest in knitting. Live, love, laugh, learn and have fun together during these creative journeys. Come share patterns and ideas and celebrate creative spirits together while enjoying the ancient art of knitting. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 10 a.m. to 12:30 p.m. Free. Every Monday and Thursday. Info: 914-273-3887.

Toddler Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10:30 to 11 a.m. Free. Every Tuesday and Thursday (except Apr. 16 and 18). Info: 914-741-0276 or www.mountpleasantlibrary.org.

Book Lovers. "America's First Daughter" by Stephanie Dray and Laura Kamoie will be discussed. Discussion led by Barbara Bernstein. New Castle Town Hall, 200 S. Greeley Ave., Chappaqua. 1 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Bridge for Intermediate Players. This class is for people with some knowledge of the game. Led by Joel Goren. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 1:30 to 3:30 p.m. Free. Every Thursday. Info: 914-273-3887 or www.northcastlelibrary.org.

Pre-K Storytime With Craft. Stories, songs and a take-home craft. For children three to five years old. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 to 4:30 p.m. Free. Every Thursday. Info: 914-273-3887 or www.northcastlelibrary.org.

Caring for the Caregiver in All of Us. A seminar offering practical advice to caregivers with topics such as making every day easier; meeting the ally who will never let you down; and reconnecting with the "magic" in your life. Served with wine and cheese. Presented by Kacey Morabito, co-host of WHUD-FM's "Mike and Kasey Morning Show." All welcome. Bethel Springvale Inn, 62 Springvale Rd., Croton-on-Hudson. 6 to 7:15 p.m. Free. RSVP required. Info and RSVP: Contact Patti Pelican at 914-739-4404 ext. 2204 or e-mail patricia.pelican@bethelwell.org.

Pleasantville SEPTA's Ninth Annual Spa Night. Enjoy delicious refreshments and fabulous spa services while relaxing

with friends. Special offers available for teachers. Proceeds benefit the Pleasantville Special Education PTA. Angel Tips, Inc., Rose Hill Shopping Center, 664 Columbus Ave., Thornwood. 6 to 8 p.m. Manicures: \$25. Pedicures: \$50. Mani and Pedi: \$60. Two Mani/Pedis: \$100. Discounts available for teachers. Info and reservations: Visit www.pvillesepta.com or cash and check payments accepted at door without reservation.

"Source to Sea." Jon Bowermaster's latest documentary addresses the Hudson's water quality. Following the screening, there will be a special presentation by students from the Environmental Club at Ossining High School who have been working with Riverkeeper as citizen scientists on water quality sampling at Louis Engel Waterfront Park. With support from the community, Riverkeeper hopes to see swimming safely available in the Lower Hudson. Part of the Ossining Discussion and Documentary Series. Ossining Public Library, 53 Croton Ave., Ossining. 6:30 p.m. Free. Info: Visit www.OssiningDocumentaries.org.

"The Color of Light." A tender story of art, spirituality and love based on the real-life relationship between world-famous artist Henri Matisse and a young nursing student written by Jesse Kornbluth. The play explores how Matisse came to create what he called his masterpiece – the design and building of Chapelle du Rosaire in Vence, France. The simple love that develops between becomes the driving force behind his final and perhaps greatest work. The depth of their intimate friendship raises questions of art and religion, love and mortality, all brushed in the hues, tints and shades of Matisse's colorful pallet. Directed by Bram Lewis. The Schoolhouse Theater and Arts Center, 3 Owens Rd., North Salem. 8 p.m. \$38. Seniors: \$35. Also Apr. 12, 13, 18, 19, 20 and 25, 26 and 27 at 8 p.m. and Apr. 13, 14, 20, 21 and 27 and 28 at 3 p.m. Info and tickets: 914-277-8477 or visit www.schoolhousetheater.org.

Friday, Apr. 12

ZUMBA® With Amy. Fun cardio dance fitness workout, low-impact approach, easy learning environment. This feel-good workout is exercise in disguise. Free trial class available. Addie-Tude Dance Center, 42 Memorial Plaza, lower level, Pleasantville. 11 a.m. to noon. \$14 drop-in fee. Every Friday. Also Tuesdays from 10 to 11 a.m. Walk-ins welcome. Info: Call or text the instructor at 914-643-6162 or visit www.amyolin.zumba.com.

Explore Osmo. Children explore, learn, create and interact with digital games in a whole new way. For children in grades 3-5. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 to 4:30 p.m. Free. Every Friday. Info: 914-273-3887 or www.northcastlelibrary.org.

Friday Night Film Series: "Zorba the Greek." In celebration of Greek Independence Day on Mar. 25, look at one of the most life-affirming stories to come out of Greece in decades. Starting Anthony Quinn as the happy Greek who changes the world view of a sad and aimless Englishman, played by Alan Bates. Post-screening discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Jazz at Lincoln Center: "The Abyssinian Mass." A screening of this concert featuring Wynton Marsalis' "Abyssinian Mass." The gospel and jazz worlds come together as a full gospel choir, led by master artist Damien Sneed, and the Jazz at Lincoln Center orchestra, led by Marsalis, roar through one of the most joyful, ecstatic and life-affirming pieces of music ever written. The evening also features a sermon by Rev. Calvin Butts of the Abyssinian Baptist Church in Harlem, where the piece first premiered. Chappaqua Performing Arts Center, 480 Bedford Rd., Chappaqua. 7 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Special Needs: Self-Advocate Stories. The Irvington Town Hall Theater Commission presents the last of three diversity events this season featuring speakers who will discuss in their own words what it's like to self-advocate, not only the challenges that they face, but the ways in which they are improving their own lives and the lives of others. Irvington Town Hall Theater, 85 Main St., Irvington. 7:30 p.m. Free. Info: Visit www.irvingtontheater.com.

Lucy's Laugh Lounge: Friday Night Showcase. Featuring some of the area's favorite comedians including Osei Caleb, James Murphy and Joe Cuomo. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 7:30 p.m. \$20. Info and advance tickets: Visit www.lucyslaughs.com. Type in the promo code Examiner at the prompt when buying tickets online.

Westchester Photographic Society Presents: Hazel Meredith, Topaz and Textures. All photographers are welcome whether beginner or professional. Mutual support for the enhancement of the craft is our specialty. Compete in digital competitions: color and "open mind." Critiqued by a professional judge. Must be 18 or older. Westchester Community College's Technology Building, Room 107, (near Parking Lot 11), 75 Grasslands Rd., Valhalla. 8 p.m. Free. Info: 914-827-5353 or visit www.wpsphoto.org.

Nick Lowe's Quality Rock & Roll Revue. Lowe has made his mark as a producer, songwriters of at least three

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Goals-Based Wealth Management: Goals for Every Phase of Life



By Peter Chieco

One approach to investing is to take an initial amount of capital, invest it in a portfolio of blue chip equities, then let it sit and grow until retirement, hoping that your initial investment will have grown to a nice nest egg.

Another approach is to start by asking yourself what you want to achieve with your money. Do you want a second house, a well-funded retirement or to create an impact in the social arena? As you begin to accumulate wealth, you'll want to reevaluate those goals and review your progress toward funding them.

Consider dividing your investment timeline into three main phases. In

the early stages of your life, focus on accumulating assets and diversifying your portfolio to help protect from market shifts. During the middle of your career, review your asset allocation to ensure you are comfortable with both the overall performance and the level of risk you are assuming. As you approach retirement, you may want to shift your goals to preservation of assets and generating enough income for your golden years.

While it might seem easy to stick to the plan based on which phase of life you're in, it is helpful to remember that goals change over time. Your children eventually will complete their formal education, your business may succeed

beyond expectations and no longer require your daily input and your long-awaited trip abroad will come and go.

Simply put, paying attention to your investment portfolio and making adjustments so that it is aligned with your goals can help you pay that tuition bill or fund that retirement home.

This requires regular evaluation of your portfolio as your life changes. The amount of money that would have funded a comfortable retirement a generation ago would run out long before your life does, based on today's costs. A goals-oriented plan can help put you on a solid track to achieving them.

Peter Chieco is a financial adviser with the Wealth Management Division of

Morgan Stanley in Greenwich, Conn. He can be reached at 203-625-4897.

The information contained in this interview is not a solicitation to purchase or sell investments. Any information presented is general in nature and not intended to provide individually tailored investment advice. The strategies and/or investments referenced may not be suitable for all investors as the appropriateness of a particular investment or strategy will depend on an investor's individual circumstances and objectives. Investing involves risks and there is always the potential of losing money when you invest. The views expressed herein are those of the author and may not necessarily reflect the views of Morgan Stanley Wealth Management, or its affiliates. Morgan Stanley Smith Barney, LLC, member SIPC. CRC 2357122 12/18.

Prudent Portfolio

It's the Perfect Time to Spring Into Wellness



By Joanne Witmyer

The greens of bulb flowers are peeking out of the ground, and in some areas of our community the daffodils have begun to bloom.

Wild ramps are being offered at our local farmers markets; these vegetables are coveted due to their short harvesting season and interesting flavor.

As we ease into this new season, our focus may naturally shift to different wellness considerations. Here are three areas in which simple changes can lead to noticeable results.

1. Cooking with seasonal ingredients. In the cold weather months, we gravitate

toward heartier meals such as roasted root vegetables, comfort food and stews. This spring, explore the markets to select vegetables that are available. These tend to be lighter, greener and more delicate.

Creative ways to experiment could involve selecting two different recipes featuring the same vegetable, or eating a vegetable raw then contrasting the flavor once it is cooked. Recipes need not be complicated; in fact, sometimes using less ingredients allows the taste of a vegetable to shine through. Be adventurous in the kitchen.

2. Adding different types of movement. Some individuals enjoy being outdoors

more often when it's warmer, while others don't mind the lower temperatures. We each have our own preferences. This season, consider taking a hike out in nature and observing the various buds that are beginning to form on tree branches. Or try an activity outside that combines a sense of play with movement, such as throwing a frisbee with a friend in a local park. Approaching exercise these ways can introduce a freshness that aligns with the feel of spring.

3. Declutter one space at home. The traditional approach to spring cleaning might seem daunting if it involves multiple rooms or projects. Try tackling

one space first, perhaps an area that you have been avoiding because it seems too overwhelming and cluttered, such as a closet that stores winter coats and other gear. Packing away the cold weather items to make way for lighter jackets, if approached with a sense of anticipation, just might generate momentum from the feeling of accomplishment.

I hope you find these ideas helpful!

Joanne Witmyer is the founder of Indigo Health and Wellness, based in Croton-on-Hudson. She teaches group classes, offers wellness consulting to companies and helps private clients achieve their health goals, particularly during times of change and transition. You can reach Joanne at 914-208-1022 or at Joanne@IndigoHW.com.

Nourish

Westchester Couple Brings Arena Football to County Center

After a decade-long absence, Arena Football is back in New York as the New York Streets begin their quest to win the National Arena League title.

As an expansion team, the football staff led by Head Coach Rick Marsilio and Director of Player Personnel Devale Ellis has been hard at work putting together a roster with Arena Football veterans and players from major colleges from around the country as well as some local talent.

The Streets have announced their 2019 schedule and their inaugural season in the National Arena League will kick off on Saturday, Apr. 13 on the road against the Jacksonville Sharks. On Saturday, Apr. 20, the Streets will play their first-ever home opener against the Orlando Predators at the Westchester County Center. All home games are at 7 p.m.

The owner and CEO of the New York Streets is Corey Galloway who, with his wife Tamara Galloway, the team's chief revenue officer, live in New Rochelle. Corey



DAVE KOTINSKY/GETTY IMAGES PHOTO

Tamara and Corey Galloway, chief revenue officer and the owner/CEO, respectively, of the New York Streets, the new Arena Football team that will be playing its home games at the County Center in White Plains. The Streets open their season Apr. 13 in Jacksonville followed by their home opener on Apr. 20 versus the Orlando Predators.

Galloway, the first black owner of a professional sports franchise in New York, is active in the Westchester community. He was elected as trustee of the New Rochelle Public Library in 2018 and serves as a member of Westchester Clubmen. Tamara Galloway lived for years in the Bedford area and also serves as President of Brooklyn Lifestyle Athletic Club, the largest recreational facility in Brooklyn and the practice center for the New York Streets.

"I'm a Westchester girl. I loved growing up in Westchester and proud to raise my children here," Tamara Galloway said.

"Growing up in Bedford was one of the best experiences, and it's important to me that our business decisions give back to this community that I love so much. I developed many lifelong friends who still live in the area. I am hopeful that many will come out to support the games."

Season tickets for the 2019 New York Streets inaugural season are available. For more information, including tickets, visit www.nystreetsarenafootball.com or call 1-833-697-8733 ext. 1.

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Happenings

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songs you know by heart, short-lived career as a pop star and a lengthy term as a musicians' musician. In his current second act as a silver-haired, tender-hearted but sharp-tongued singer-songwriter, he has no equal. Starting with 1995's "The Impossible Bird" through 2011's "The Old Magic," Lowe has turned out a fantastic string of albums, each one devised in his West London home. His new four-song EP "Tokyo Bay" features Los Straitjackets as backing band and will be performing at the show. The evening's special guest is Dawn Lades. Tarrytown Music Hall, 13 Main St., Tarrytown. 8 p.m. \$38, \$48 and \$60. Info and tickets: Visit www.tarrytownmusichall.org.

"Proof." Hudson Stage's spring mainstage production as part of its 20th anniversary season, it's the intriguing story of an enigmatic young woman, Catherine, her manipulative sister, their brilliant father and an unexpected suitor. Now, upon his death, Catherine seeks to find authorship of a landmark mathematical proof discovered among his papers. But the question remains: how much of her father's genius has she inherited and how much of his madness? Written by David Auburn and originally produced on Broadway in 2000, the play received national attention, earning the Pulitzer Prize, the Tony Award for Best Play and the Drama Desk Award. Directed by Dan Foster. Whippoorwill Hall, 19 Whippoorwill Rd. East, Armonk. 8 p.m. \$40. Seniors and students: \$35. Students: \$15. (30 minutes before the performance.) Also Apr. 13 at 3 and 8 p.m. Info and tickets: 800-838-3006 or visit www.hudsonstage.com.

Saturday, Apr. 13

Pleasantville Farmers Market. The market is in the heart of Westchester County and centrally located in our beautiful, historic walking village. Experience the largest, year-round farmers market in Westchester, voted "Best of Westchester" five years in a row from 2014 to 2018. With over 50 vendors and seven nearby parking lots, Memorial Plaza, Pleasantville. 8:30 a.m. to 1 p.m. Rain or shine. Please note the market is a dog-free environment. Saturdays through Nov. 16. Info: Visit www.pleasantvillefarmersmarket.org.

Fantastic Finds Spring Fling. This upscale resale will celebrate the season with refreshments and basket drawings, pop-up sales and more. With your purchase, receive a discount coupon to use another day. Start shopping for your spring and summer wardrobe and for special family events. Merchandise includes gorgeous clothing, jewelry and accessories for both men and women. Shoppers will also find beautiful items for

gift-giving, including a large selection of glassware, artwork, housewares, china, home decor, bric-a-brac and more. Fantastic Find, 400 King St., Chappaqua. 10 a.m. to 4 p.m. Free. Info: 914-238-9200 or 914-962-6402, visit supportconnection.org/fantastic-finds or e-mail finds@supportconnection.org.

Sheep-to-Shawl. Follow the process of textile creation, from the sheep's back to yarn, experiencing the entire process of turning wool into cloth, watching as sheep are shorn by hand and taking a turn dyeing and weaving the finished product – all done just like it was over 300 years ago. Stroll through the historic manor's grounds to watch as Scottish border collies demonstrate their sheep- and duck-herding savvy, get crafty in the kids free explore area, and browse local vendors and artisans selling yarn-related wares. Toes will be tapping throughout the day to the sounds of live bluegrass and folk music. Geordane's of Irvington will offer a full lunch menu, the Blue Pig of Croton-on-Hudson serve locally-sourced, homemade ice cream and Captain Lawrence Brewing Company will serve draft beers. Rain or shine. Philipsburg Manor, 381 N. Broadway (Route 9), Sleepy Hollow. 10 a.m. to 5 p.m. Adults: \$16. Seniors (65 and up) and students (18-25): \$12. Children (3-17): \$8. Children (under 3): Free. (\$2 additional for onsite and phone purchase). Also Apr. 14. Info and tickets: 914-366-6900 or visit www.hudsonvalley.org.

Practice Tai Chi With Larry Atille. Learn specific feldenkrais and chi kung breathing techniques for deep relaxation and apply them to tai chi movement. This is a hands-on class that will be geared to the level of experience of the class and challenge all participants. Wear comfortable clothes and bring a floor mat or towel. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 10:30 a.m. Free. Every Saturday. Info: 914-273-3887.

Exercise Workshop. Learn how the benefits of exercise and nutrition help to prevent chronic pain and discomfort. Led by trainer Ramat Deleon-Nwaha. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11 to 11:30 a.m. Free. Info: 914-666-8041 or www.mountkiscoliberal.org.

Adult Salsa Class. Addie-Tude Performing Arts Center, 42 Memorial Plaza (lower level), Pleasantville. 11:30 a.m. to 12:30 p.m. Free. \$12. Every Saturday. Info: 917-215-1720 or visit www.addie-tude.com. Call or visit website because classes are subject to change.

Pre-College and College Music Performances. The Smart Arts Performance Academy launches a new initiative showcasing aspiring and talented Westchester County student performers.

Enjoy an afternoon and immerse yourself in music, with an opportunity to meet and greet Westchester's young creatives. Seating on a first-come, first-served basis. Westchester Community College's Academic Arts Building, Room 104, 75 Grasslands Rd., Valhalla. 1 p.m. Free. Info: 914-606-6262 or e-mail smartarts@sunywcc.edu.

Yoga and the Luminous Body. The Yoga Teachers Association (YTA) of the Hudson Valley is thrilled to host Ray Crist for this experiential workshop that will offer a direct understanding of yoga and its healing power as well as an introduction to shamanic energy healing. This session tends to the healing and evolution of all three perceptual states: lecture for the mind, yoga asana for the body and shamanic journeys for the soul. Participants will leave with tools to heal themselves and others. Crist is founder of the Jaguar Path. He has traveled through Mexico and Peru in search of indigenous healers and is an apprentice of three shamans with a background in Chinese medicine, martial arts and Reiki. Club Fit, 584 N. State Rd., Briarcliff Manor. 1:30 to 4:30 p.m. In advance: YTA members--\$45. Non-members--\$65. Walk-ins: YTA member--\$55. Non-members: \$75. Registration: Visit www.ytayoga.com. Info: Contact Lorraine Burton at ytacommunications@gmail.com or 914-391-3389.

"Spiritual Discovery: How You Can Better the World." A talk that addresses learning how real change and healing come from new views of people, power and prayer. Led by Tom McElroy, CSB, of Boston. Sponsored by First Church of Christ, Scientist in Katonah. Katonah Village Library, 26 Bedford Rd., Katonah. 2 p.m. Free. Info: 914-232-3842 or visit www.csnyc.com.

Lucy's Laugh Lounge: Fred Rubino. He's baaack! Last time Rubino sold out, so here's another chance to see him. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 6 and 8 p.m. \$30. Info and advance tickets: Visit www.lucyslaughs.com. Type in the promo code Examiner at the prompt when buying tickets online.

Performing Families. Celebrate the bonds of music with four family ensembles as they perform and discuss the meaning of kinship, tradition and the arts. Featuring indigenous Aztec dancers Grupo Atl-Tlachinolli, Benin family band Jomion and the Uklos, South Indian classical dancers Nalni and Maya Rao Murthy and mother-daughter Korean music-dance trio Heenjung, Zena and Jaylyn Han. ArtsWestchester, 31 Mamaroneck Ave., White Plains. 7 to 9 p.m. \$10. Info: Visit www.artsw.org.

PCTV Annual Fundraiser and Social Event. Pleasantville's own public access station is teaming up with local band

Frankenstein's Baby to make a music video of the band's original song "A Simple Life" during a night of food, drink and dancing. Proceeds to benefit PCTV. Captain Lawrence Brewing Co., 444 Saw Mill River Rd., Elmsford 7 to 11 p.m. \$95 in advance. \$110 at the door. Info and tickets: Visit www.pctv76.org.

Roger McGuinn in Concert. The Grammy-winning singer/songwriter routes the world delighting audiences with the songs and stories from his long and continually productive musical career. Most notably, he was a founding member of The Byrds, which became one of the most influential bands of the 1960s. Their #1 hit, "Mr. Tambourine Man," is a timeless classic. Most recently, McGuinn has been working on his latest album, "Sweet Memories," and has been seen onstage with Chris Hillman and Marty Stuart and The Fabulous Superlatives during the sold-out Sweetheart of the Rodeo 50th Anniversary Tour. Tarrytown Music Hall, 13 Main St., Tarrytown. 8 p.m. \$30, \$35 and \$45. Info and tickets: Visit www.tarrytownmusichall.org.

David Bromberg Quintet. For Americana godfather David Bromberg, it all began with the blues. His incredible journey spans more than five decades and includes, but not limited to, adventures with Bob Dylan, George Harrison, Jerry Garcia and music and life lessons from seminal blues guitarist Reverend Gary Davis, who claimed the young Bromberg as a son. A musician's musician, Bromberg's mastery of several stringed instruments (guitar, fiddle, Dobro, mandolin) and multiple styles is legendary. Opening the evening is Grammy-nominated singer-songwriter Leslie Mendelson. Irvington Town Hall Theater, 85 Main St., Irvington. 8 p.m. \$45. Info and tickets: Visit www.irvingtontheater.com.

Sunday, Apr. 14

Palm Sunday Worship. Remember Christ's entry into Jerusalem, and the start of Holy Week. Join us for the palm parade. United Methodist Church Mount Kisco, 300 E. Main St., Mount Kisco. 10:15 a.m. Info: 914-666-5014 or visit www.mountkiscochurch.org.

Great Green Eggstravaganza. Celebrate the emergence of spring with a day of egg-themed activities, including an environmentally-friendly egg hunt. Make seasonal crafts, meet some animals on the great lawn and join a naturalist to discover signs of spring. Rain or shine. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 11 a.m. to 3 p.m. Early registration (before Apr. 14): Members--\$5. Non-members: \$10. Day of event: Members--\$8. Non-members--\$15. Info and registration: Visit www.greenburghnaturecenter.org.

Opening Reception for "Where Have All the Flowers Gone?" A series of

continued on next page

My Personal Journey in Campania's Resurrection



By Nick Antonaccio

For the last two columns I have been focusing on a subject dear to my heart, dear to my heritage and dear to my wallet: the wines of Campania.

This wine region in Southern Italy, southeast of Naples, has been cultivated for millennia for its indigenous grapes. These wines, planted by ancient Greeks and Romans, flourished for centuries, but were nearly lost over the past two millennia due to difficult economic times and a lack of interest outside the region.

In the mid-20th century a resurgence began to percolate in the undulating hills of the nearby Apennine Mountains. New vineyards were planted, creating local jobs and a budding export trade.

The recent emergence of this region as a producer of world-class wines is in part attributable to a term I introduced in my previous column that encapsulates the underlying theme that runs deep in the veins of the local winemakers – Sprezzatura, the art of effortless mastery.

The new wine economy in Campania has resurrected the inherent talent of the local winemakers as they ply their expertise, their Sprezzatura.

I believe this ancient art of effortless

mastery, inbred instinct if you will, is evident in my Italian heritage. My paternal grandfather, a horticulturist in the Benevento subregion before immigrating to the United States in the early 20th century, carried out his craft in the local vineyards. It's easy to understand why this region is dear to my heritage and dear to my heart.

The land is still an agrarian economy, but no longer an agrarian culture. The local Italians have seen the future and it is green. The green of healthier and more robust crops, a result of newly applied techniques in the vineyard. But also, the green of unencumbered capital being invested in formerly sleepy, family plots, sustaining a healthy business model not enjoyed in prior generations.

Today, as the wines of Campania become more popular, local winemakers and growers are enjoying this 21st century phenomenon, one that was non-existent for centuries before an influx of capital. Wealthy Italian industrialists, successful northern Italian winery owners and adventurous American entrepreneurs are investing in Campania.

The wines produced by these ancient, now burgeoning, wineries are perhaps the

best expressions of the local grapes ever witnessed. Accolades abound from Italy to the United States. The most popular wines are compared to wines previously considered the best in the world. The aromatic Falanghina is being lauded in the same context as world-class Chardonnays. The bold, complex Aglianico is spoken in the same breath as Barolo and Brunello.

At Cantine Ciani, 62 miles east of Naples, the winery in which I have a (small) financial interest, millions of dollars are being invested in upgrading the winery's infrastructure and technology. New stainless-steel silos for storing grape juice and finished wines are near completion. A new laboratory is a 21st century work in progress. A new tasting room and on-property boutique inn are rising from the volcanic soil cultivated for centuries.

The wines being produced? I recently hosted a Campanian-themed wine tasting event in my home. The predominance of wines were Aglianicos, from several prestigious wineries in the Taurasi subregion and from vintages ranging from 2016 to 1998. All were drinking at their peak and offered an in-depth cross section of vineyard terroirs and winery styles.

freshest example comes with the world premiere of a new work by Viet Cuong, a former Copland House resident and Cultivate Emerging Composer Fellow. The suite "Seven Picassos" by Robert Sirota was inspired by seven early paintings. The program also includes Stravinsky's "Suite Italienne," adapted from his 1919 Picasso collaboration "Pulcinella," and the Dase Espagnole from Manuel de Falla's "La Vida Breve." Merestead, 455 Byram Lake Rd., Mount Kisco. 3 p.m. \$25. Friends of Copland House: \$20. Students: (with ID): \$10. Info and tickets: 914-788-4659, visit www.coplandhouse.org, or e-mail office@coplandhouse.org.

Opening Reception for Michael Albert Exhibition. Westchester-based artist and author Michael Albert will be showing a selection of his pop art creations, which are mostly collages created by taking cereal boxes and other printed cardboard packages of famous consumer brands, cutting them up and putting them back together in a variety of ways to make his art. The exhibit will be a retrospective of his work charting a 30-year evolution from his college days at NYU where he studied business to today where he is known for colorful detailed collage work on a variety of themes. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 3 to 5 p.m. Free. Exhibit continues through May 11 during library hours. Info: 914-273-3887 or www.northcastlelibrary.org.

Salsa Social. Come and learn how to

Although Cantine Ciani wines will not be available in the United States this year, I suggest you sample similar wines produced from grapes grown in the surrounding area: Aglianico from the highly acclaimed Taurasi subregion, Aglianico-based still and sparkling rosé (rosato in Italian) from the broader Campania areas, Fiano di Avellino and Greco di Tufo.

This is why I feel so close to this winery. For me the resurrection of this traditional, generations-old family operation represents all of the elements that are dear to my heart, my heritage and my wallet.

Nick Antonaccio is a 40-year Pleasantville resident. For over 25 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.



Happenings

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paintings expressing concern with the steady destruction of the environment. The pollution of air, water and soil can lead to the destruction of ecosystems, habitats and the extinction of plants and wildlife. In the oil paintings, the plant is absent with only the memory of its color or habitat remaining. The exquisitely detailed watercolor paintings remind us of the beauty and importance of preserving our natural environment and native wildflowers. The Art Gallery at Rockefeller State Park Preserve, 125 Phelps Way, Pleasantville. 1 to 3 p.m. Free. Vehicle parking: \$6. Exhibit continues through May 5. Gallery open daily 9 a.m. to 4:30 p.m. Info: 914-631-1470 or visit www.friendsrock.org.

Demystifying Medicare and Healthcare Coverage for Seniors. This engaging, interactive program of the library system's Westchester Seniors Out Speaking is perfect for anyone trying to navigate the complicated healthcare system for older adults. It will help those who already have Medicare, as well as people soon to be 65, planning their retirement or assisting relatives and friends with their medical decisions. The workshop outlines the various parts of Medicare and lays out the costs associated with health insurance provided by the

government and private companies. Topics include original Medicare, Advantage Plans, prescription drug plans (Part D), Medigaps (supplemental plans) and various cost-saving programs (MSPs, Extra Help, EPIC, etc.). North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 1 to 4 p.m. Free. Walk-ins welcome; pre-registration preferred. Pre-registration: 914-231-3236. Info: Visit www.westchesterlibraries.org/westchester-seniors-speaking-out.

Alexandra Tharaud in Concert. This French pianist took a sabbatical to perfect his interpretation of Bach's "Goldberg Variations," a set of 30 variations on an original theme that is one of the pinnacles of the keyboard literature. His 2015 recording of this demanding and complex work received widespread acclaim and praise for his unique approach to the masterpiece. Caramoor Center for Music and the Arts, 149 Girdle Ridge Rd., Katonah. 3 p.m. \$25, \$35, \$50, \$65 and \$70. Info and tickets: 914-232-1252 or www.caramoor.org.

Crumbling Walls. Picasso's Musical Canvas. Works spanning 100 years reflect Pablo Picasso's far-reaching influence on the music world. The iconic painter collaborated on many theatrical and dance productions with his contemporaries and had an enduring impact on successive generations of composers that has lasted to our time. The

Salsa. A fun and exciting workout. Singles or couples; no partner necessary. Josie's School of Dance, 42 Memorial Plaza, Level B, Pleasantville. 5 to 9 p.m. Intro lesson at 4:30 p.m. \$10 admission. Dinner: \$6. Second Sunday of every month. Info: 914-332-8670.

Monday, Apr. 15

Master Networker Meeting. Join this high-energy interactive membership network of learning-based, service-oriented entrepreneurs and business leaders. Come be a guest any Wednesday to learn more about this world-class business training and referral program. 719 Bedford Rd., Bedford Hills (next to ShopRite). 7:30 to 8:30 a.m. Free. Every Monday. RSVP suggested. Info and RSVP: Contact Tina Campbell at 914-441-1383 or e-mail tinacampbell@masternetworks.net or drop in.

Morning Bird Walk. Go birding with the Saw Mill River Audubon. Beginners welcome. Rain or shine. Rockefeller State Park Preserve. (Use Sleepy Hollow Road entrance.) 8:30 a.m. Free. Meets the third Monday of each month. Info: Visit www.sawmillriveraudubon.org.

Morning Shorts. "A Choice of Butchers" by William Trevor will be discussed. Discussion led by Rebecca Rogan. New Castle Town Hall, 200 S. Greeley Ave., Chappaqua. 10 a.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

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