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April 2 - April 8, 2019

SMALL NEWS IS BIG NEWS

Volume 13, Issue 604

Fire Guts Armonk Bagel Store; Pizzeria Also Forced to Close

By Martin Wilbur

Patrons of The Bagel Emporium in Armonk accustomed to starting their day with coffee and a bagel will have to make alternate plans after a fire destroyed the store's interior last Saturday and damaged a neighboring business.

The Armonk Fire Department responded to the blaze that broke out at the shop at 391 Main St. just before 1 p.m.

"The fire was pretty extensive throughout The Bagel Emporium," said Armonk Fire Chief Phil Goulet. "There was heavy smoke when we arrived and heavy fire throughout the ceiling area, so unfortunately it destroyed most of The Bagel Emporium."

While the majority of the fire was contained in that space, firefighters needed to perform an overhaul in the neighboring Broadway North Pizza, Goulet said, which includes opening



MARTIN WILBUR PHOTO

The Bagel Emporium on Main Street in Armonk has been shuttered for the foreseeable future after a fire ripped through the store early Saturday afternoon. There was also damage sustained at the neighboring Broadway North Pizza, which has also been forced to close.

walls and ceilings to ensure that the fire didn't spread. There was no fire damage in the pizzeria but Goulet said that it

will be closed for repairs.

The stores were open at the time but everyone inside was able to exit the

premises. There were no injuries to the public or to firefighters, he said.

About 100 firefighters, including many from 10 surrounding departments supplying mutual aid, responded to the scene, according to Goulet. It took about two hours to get the fire under control, he said.

Goulet said the investigation revealed that the fire started in the area of the hood above the grill and extended through the roof and partially into the pizzeria. It was ruled to be accidental.

Closure of the two businesses, located in the middle of the block in the heart of downtown Armonk, will have an impact on the hamlet, said Supervisor Michael Schiliro. He said it is a hardship for The Bagel Emporium and Broadway North Pizza but also to the town because they add to the business community's vitality.

"It's part of people's lives," Schiliro said. "It's not like other businesses in

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Revisions Made to Diamond Properties' Complex Plan in Mt. Kisco

By Ed Perratore

Mount Kisco's Planning Board responded favorably last week to an updated proposal for a new ShopRite supermarket at the Diamond Properties complex in Mount Kisco and changes to two other businesses.

The lease Diamond Properties signed would move the supermarket from its longtime home at 747 Bedford Rd. in Bedford Hills to The Park at 333 N. Bedford Rd. The 38-acre site also hosts Grand Prix New York, whose activities include go-kart racing and virtual-reality games, the fitness center Saw Mill Club East and other businesses.

Two representatives for Diamond Properties appeared before the Planning Board last Tuesday to outline changes



ED PERRATORE PHOTO

The Mount Kisco Planning Board last week listened to a presentation on the modifications proposed to Diamond Properties' proposal to move ShopRite to its complex at 333 N. Bedford Rd.

made in the proposal since January, updates that board Chairman Doug Hertz described as "fairly substantive."

The previous application had detailed

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Latest Mount Pleasant Water Readings Show Improved Results

By Sean Browne

The haloacetic acid spike in two Mount Pleasant water districts that has been an escalating concern during the past year has improved, with new test results released last week showing lower levels of the substance.

Town Engineer David Smyth said that the averages in the 2019 first-quarter readings taken in February in the Kensico and Pocantico water districts have dropped below the state and federal safety guidelines of 60 parts per billion (ppb).

At the Kensico location, the water was sampled at four different locations and the readings averaged at 59 ppb, putting the average just under the threshold. Readings ranged from a low of 53.7 ppb

at the hydrant at 600 Linda Ave. to 62.1 ppb at Hawthorne Elementary School.

In the Pocantico Water District, two locations were tested, 200 Lake Rd. and the water tank at the Pocantico Treatment Facility. Levels at the tank tested at 57.5 ppb and at 43.9 ppb at Lake Road, putting the average at 50.7.

"We are seeing most areas going down instead of going up," Smyth said. "So, it is slowly going back down to where we want it."

Last year, the last three quarterly readings in Kensico and the final two readings in Pocantico were in excess of the state and federal guidelines. The Pocantico readings last August and November were at 112.1 and 130 ppb, respectively.

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Revisions Made to Diamond Properties' Complex Plan in Mt. Kisco

continued from page 1

a significant expansion of Grand Prix New York and Safe Haven Self Storage, along with modifications to other existing space on the property.

The updated proposal scraps a proposed 37,070-square-foot expansion of Safe Haven Self Storage and most of Grand Prix's addition. Grand Prix, now at 118,096 square feet, will add just over

3,800 square feet instead of more than 50,000.

"We still have many hurdles to jump through, but at least it's a little more distilled than it was previously," said architect Michael Gallin of Gallin Beeler Design Studio in Pleasantville.

The applicant will slightly decrease the size of ShopRite by 445 square feet to 85,652 square feet. It will also decrease

the number of parking spaces by 12 to 873 spots.

Gallin said his client will need a variance from the Zoning Board of Appeals because the site requires 1,780 spaces.

There are also lot line changes, easements with adjoining properties, requests for numerous variances, and, of most interest to the Planning Board, modifications to the property's two entrances that would encourage pedestrians to walk to the site.

"I know that when you're driving to Whole Foods (at Chappaqua Crossing, the former Reader's Digest property in Chappaqua), the entrances are as green and as plush as any major site I've seen in the area," said board member Ralph Vigliotti. "I just want to make sure that the entrances, which are highly visible to the rest of the community and those that visit (Route) 117, that there's enough green that it really shows off the site."

Gallin and project engineer Stephen Spina of Armonk-based John Meyer Consulting described how the north and south entrances to the property would be widened to allow routine deliveries and fire department vehicles.

"Both of these entrances will be upgraded significantly," said Spina.

"They're the gateways to this significant property, and we definitely will have extensive landscaping, a new building façade and more."

Parking and traffic studies must still be completed, the latter being required by the state Department of Transportation before it will sign off on any construction along North Bedford Road, a state thoroughfare. Planning Board members also asked for an artist's rendering of the property, particularly its entranceways, to give them a better idea of green space.

Despite the work that needs to be done, Hertz was optimistic regarding the latest enhancements.

"I think this is a wonderful project," Hertz said. "You guys have done a really good job of taking a long-term view of the site and moving it towards something that we've all touched on for years now, and I think you're in spitting distance of accomplishing something very significant."

He added that the realignment of the property's north and south entrances are significant improvements for the community.

"I think they will help traffic up and down North Bedford Road, and that's not a trivial statement," Hertz said.

Fire Guts Armonk Bagel Store; Pizzeria Also Forced to Close

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town aren't, but it's like a lot of people may start the day there at 6 a.m. and then maybe getting something towards midnight. It's part of the fabric of the community."

Schiliro said Sunday he spoke to the owner of The Bagel Emporium and planned to do so with Broadway North Pizza owner as soon as possible. He anticipated that the bagel store space will require a full gutting, which Schiliro said could take at least three months. He is hopeful the pizzeria will reopen sometime before that.

The town will look to help both merchants any way it can, including

expediting permits to the extent that it can, the supervisor said.

Meanwhile, Schiliro commended the volunteer firefighters from Armonk and the neighboring departments who limited what could have been a devastating blow for the downtown had the fire not been contained as successfully as it was.

"When you observe them, they're all dropping whatever they have to do and come help our community, whether they live in our community or not," Schiliro said. "They're at the top of that specter of just doing the right thing, so they can't be commended enough."

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Cuomo, State Lawmakers Agree to \$175.5B Budget

By David Propper

Calling it the "broadest, most sweeping" plan during his tenure, Gov. Andrew Cuomo announced a budget agreement between the three branches of state government over the weekend as lawmakers hit the Apr. 1 deadline for a new fiscal year.

Cuomo, in a press briefing Sunday, said the budget addressed many of New York's most pressing issues with an overall spending plan of \$175.5 billion. The deal is the ninth straight year a budget has been agreed to by the deadline.

"I think this budget is the strongest, most progressive statement that we've made," Cuomo said.

The final agreement resulted in a permanent 2 percent property tax cap, a statewide ban on single-use plastic bags and publicly financed political campaigns. Additionally, parts of the Affordable Care Act were codified into state law and bail reform was approved, which will eliminate cash bail in 90 percent of cases, according to a press release from Cuomo's office.

As for education aid, \$27.9 billion was secured for districts across the state, a 3.7 percent increase from last year.

The budget also signed off on lowering the middle-class tax rate by \$300,000 as Cuomo said he is fighting to combat the loss of the state and local tax (SALT) deduction imposed by the federal government that has hurt high tax states like New York.

On Election Day, every worker will get three hours off, paid leave to vote and \$10 million will go to counties for early voting.

Affecting New York City, congestion pricing was agreed to where vehicles traveling south of 60th Street in Manhattan would be charged a toll, as revenue would go toward fixing the crumbling subway system. Each vehicle will only be charged once each day and there is no charge for drivers who remain on the West Side Highway or FDR Drive.

This is the first time since 2010 that Democrats controlled the governor's mansion, Assembly and state Senate during the budget season.

Cuomo said there were several issues that made this budget more strenuous, including the ongoing assault from the federal government, the Amazon deal that fell through resulting in lost revenue and a \$2.3 billion shortfall that was not anticipated.

One reform that didn't pass was the legalization of recreational marijuana for adults 21 and up. Supporters of legalization said it would bring in revenue to the state and prevent the disproportionate arrests of minorities. Critics have feared it would lead to more drug use by teenagers and claimed marijuana is a gateway to more dangerous drugs.

Cuomo said legislation for that issue would still be discussed going forward this year.

"The political desire is there," Cuomo said. "I believe we will get it done. It is complicated to come up with a program that does it and protects public safety and does economic empowerment for communities that have paid the price and the best way to do it was not the rush of the budget."

Municipalities throughout the state have discussed, drafted or approved regulations for the sale of recreational marijuana, and in some cases have passed laws prohibiting its retail sale.

A Special Evening

A large turnout of middle school and high school students as well as adults played an evening of continuous 3-on-3 basketball games last Friday for the inaugural March for Madness at Pleasantville High School. Money raised will be donated to the DREAM Project, which will pay to help send about 75 children to summer camp in the Dominican Republic. March for Madness was the brainchild of Lucy Diaz, the mother of former Pleasantville High School basketball star Quentin Lupo who took his own life two years ago.



DONNA MUELLER PHOTO

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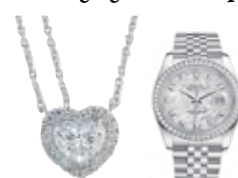
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Latest Mount Pleasant Water Readings Show Improved Results

continued from page 1

Haloacetic acids are chemicals that form when chlorine or other disinfectants react with naturally-occurring organic and inorganic matter in the water, according to the county Health Department. Despite last year's

elevated readings, there was never an emergency situation, town officials said last month.

Smyth said that different measures have been considered in order to reduce haloacetic acid levels below

the desired thresholds in both affected water districts. Last Tuesday, the town issued an advisory outlining some of the options. The list of options came following a recent meeting with Woodward & Curran Consultants, which the town retained last month.

In Kensico, the choices include cleaning of the interior walls and removal of sediment buildup throughout the water tanks, which would reduce the organics and the byproducts when mixing with chlorine disinfection. Installation of a mixer system in the tanks to disperse the chlorine concentrations more rapidly can also be tried.

Another course of action would be to reduce or remove pre-chlorine loading at the Commerce Street Pump Station and to apply chlorine at the tanks prior to release into the distribution system. That is estimated to be a three-day process.

Depending on the outcome of the first two steps, the town, in tandem with its consultants, could also consider changes regarding delivery of chlorination, reducing chlorine concentrations at the entry point and installing chlorine booster systems to increase chlorine levels as needed. The latter would reduce the time organics are exposed to higher chlorine concentration levels,

which would decrease the potential for the creation of disinfection byproducts.

Fiber Optic communication cable could also be used to assist telemetry between the pump station and the water tank treatment system.

In the Pocantico Water District, the cleaning and removal of sediment in the tank was completed in January. The town is working with its consultants to create a recommended sampling plan throughout the treatment system to determine the areas where high disinfection byproducts are created.

Other remediation steps could include relining all water mains throughout the Pocantico distribution system and using additional treatment methods, such as ozone or chlorine dioxide to help with pathogen removal to reduce the amount of chlorine that is needed.

Smyth said that the rate of chlorination can't be reduced too much because the water would then be more susceptible to pathogens, which can lead to serious diseases.

Filters for household use costing about \$800 have also been reported to remove haloacetic acid levels, Smyth said. More information about filters as well as updates to the Mount Pleasant water situation can be found on the Water Advisory Page on the town's website at www.myplesantny.com.

Chappaqua's Fantastic Finds to Host Spring Fling Event April 13

Fantastic Finds, an upscale resale shop, will celebrate the season with a special Spring Fling on Saturday, Apr. 13 from 10 a.m. to 4 p.m.

The Spring Fling will include free refreshments and basket drawings, pop-up sales and more. With your purchase, receive a discount coupon to use another day. It's a perfect time to start shopping for your spring and summer wardrobe and for all of those special family events. Merchandise includes gorgeous clothing, jewelry and accessories for men and women. Shoppers will also find many beautiful items perfect for gift-giving, including a large selection of glassware, artwork, housewares, china, home decor, bric-a-brac and more.

Fantastic Finds boasts a wide inventory of new and gently used items

in pristine condition. All proceeds from sales at the shop benefit Support Connection, Inc., a 501 (c) (3) non-profit organization that provides free, year-round breast and ovarian cancer support services. The store is staffed with volunteers who handle sales and inventory and accept donations.

Fantastic Finds is open Monday through Saturday from 10 a.m. to 4:30 p.m. It is located at 400 King St. in Chappaqua.

For more information, call Fantastic Finds at 914-238-9200 or Support Connection at 914-962-6402, visit www.supportconnection.org/fantastic-finds, e-mail fantastic.finds@supportconnection.org or visit on Facebook at [FantasticFindsSC](https://www.facebook.com/FantasticFindsSC) or on Instagram @FantasticFindsSC.

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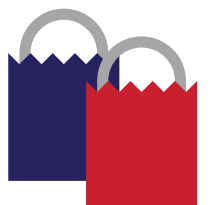
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Modest Levy, Tax Rate Increases for Chappaqua School Residents

By Sean Browne

The Chappaqua School District estimated last week that its \$126.1 million budget for next year will increase the tax levy .94 percent, well below the ceiling allowed under the state's tax cap.

During his third and final budget presentation at last Wednesday's Board of Education meeting, Assistant Superintendent for Business John Chow said there was no need for the district to increase the levy to raise more revenue, despite the formula permitting a maximum of a 3.19 percent increase for Chappaqua.

Board President Warren Messner

questioned Chow about whether next year's levy should be increased. The issue had also been raised by Trustee Victoria Tipp on Mar. 6 when the administration formally unveiled next year's proposed spending plan.

Chow explained that raising the levy would be wasteful because it would exceed what the district needs, thereby taking too much taxpayer money.

Under the currently proposed spending plan, New Castle residents, who comprise just over 90 percent of the district's tax base, will see a 0.66 percent tax rate increase next year while Mount Pleasant residents can

expect a 1.63 percent hike.

Spending is set to increase nearly \$3.6 million, or 2.93 percent, in the 2019-20 budget.

One of the largest increases for the upcoming year is debt service. The district will be paying \$8.4 million, about \$1.9 million more than the current year, a 29.7 percent increase. The increase in debt service is largely the result of payments due on the \$42.5 million bond approved by voters in June 2016.

"The year-end projection was actually much higher than the approved budget," Chow said. "It was because we borrowed

\$26.5 million in June of last year and that was before the budget was approved. So, the number did not work its way into this year's budget."

Building and state aid provided by Albany will help defray the borrowing costs bond. Total state aid for Chappaqua schools is expected to increase about 10.4 percent for 2019-20.

The Board of Education is expected to adopt the budget at its Apr. 10 meeting. It will then go to the voters for approval on May 21, the day of the statewide school board elections and budget vote.

Welcome to Town

Mount Pleasant Chamber of Commerce President Tom Milliot, right, welcomes Mario Garel, owner of the new Rose Hill Taekwondo, to Thornwood during the studio's grand opening celebration last Wednesday. Garel, a fourth-degree black belt, has been an instructor in the Bronx for the last 20 years. He decided to open his own studio, located in the Rose Hill Shopping Center, after retiring last year as a CPA. Children four years old and up, teens and adults can be registered for classes.



MARTIN WILBUR PHOTO

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Obituaries

Lena Donnelly

Lena M. Donnelly, a longtime resident of Valhalla and North White Plains, died on Mar. 25. Her family declined to divulge her age.

Donnelly was born in Valhalla to the late Michael and Anna (nee Benincasa) Mancuso. She was a retired vice president of endowments with Kensico Cemetery in Valhalla for 75 years, retiring in 2012.

She was predeceased by her devoted husband, Patrick Donnelly, in 1969 and by her sisters, Frances Nicoletti and Virginia Miller and brothers Samuel, Joseph and Louis Mancuso. Donnelly is

survived by her loving children, Michael (Karen) Donnelly of Waterloo, N.Y., Patricia (Ernest) Maoriello of Valhalla and Kathleen (Donald) Gray of Montrose; her eight cherished grandchildren; and 11 great-grandchildren.

Visitation was at Hawthorne Funeral Home on Mar. 27. A funeral Mass was held at Holy Name of Jesus Church in Valhalla on Mar. 28 followed by interment at Kensico Cemetery.

In lieu of flowers, donations to St. Jude's Children's Hospital in Memphis would be appreciated.

Walter Kowalczyk, Jr.

Walter Kowalczyk, Jr. of Valhalla died suddenly on Mar. 26.

He was 56.

Kowalczyk was born on May 8, 1962, to Walter and Zofia (nee Zurich) Kowalczyk, Sr. in Yonkers. He was a housing superintendent for New York Medical College in Valhalla. He was a hard worker and loved cooking, fishing and most of all his family.

Kowalczyk is survived by his devoted wife, Jonette (nee Cairns) Kowalczyk; his loving children, Walter Kowalczyk,

Kaydee and Zoe Kowalczyk, all of Valhalla; one brother, Fr. John (Kathy) Kowalczyk of Jermyn, Pa.; and two sisters, Anna (Bill) Bolinsky of Yonkers and Amelia (Dr. Michael) Tapytkoff of Langhorne, Pa.

Visitation will be at Hawthorne Funeral Home on Friday, Apr. 5 from 4 to 8 p.m. Interment will be private.

In lieu of flowers, donations to www.gofundme.com/kowalczyk039s-family-fundraiser would be appreciated.

Ann Marie Ragonesi

Ann Marie Ragonesi of Hawthorne died on Mar. 28.

She was 91.

Ragonesi was born on June 23, 1927, to the late Frank and Raffaelina (nee Fiorentino) Marrano in Mount Vernon. She and her husband, John P. Ragonesi, Sr., were the former owners of Clover Donuts in Mount Vernon and White Plains.

She was predeceased by her devoted husband in 1994, by one brother, Phil Marrano, and one sister, Frances Visconti. Ragonesi is survived by her loving sons, John Paul (Carol) Ragonesi, Jr. of Stamford, Conn. and Peter (MaryAnne) Ragonesi

of Valhalla; one brother, Vincent (Betty) Marrano, of Mount Vernon; her four cherished grandchildren, Paul (Tanya), Joseph (Danielle), James Silvana and Dawn DeNardo; and four great-grandchildren, Emma, Peter, Gianna and Anthony.

Visitation was at Hawthorne Funeral Home on Mar. 31. Services were held at the funeral home on Apr. 1 followed by interment at Gate of Heaven Cemetery in Hawthorne.

In lieu of flowers, donations can be made to her favorite charity, Rosary Hill Home, 600 Linda Ave., Hawthorne, N.Y. 10532 would be appreciated.

Truck Deposits Gravel, Stone on Route 22 in North White Plains

A truck driver was issued multiple vehicle- and traffic-related offenses last week after a load of large gravel and crushed stone he was hauling spilled onto the roadway on southbound Route 22 in North White Plains.

North Castle police said the incident occurred at about 3:20 a.m. on Mar. 26 when the material in the 1997 Ford dump truck littered the road from McDougal Drive until the intersection of I-287 in the City of White Plains. The roadway

needed to be closed until North Castle officers swept one lane clear to allow traffic to pass.

Crews from the state Department of Transportation subsequently responded to remove the material from the roadway, police said.

The driver, Warren P. Ebert, 54, was charged with various vehicle and traffic summonses. The truck was owned by Paganelli Construction Corp.

--Martin Wilbur

B.F.

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Armonk Woman's Future Uncertain After State Cuts Home Care Program

By Martin Wilbur

For 51 years, Armonk resident Geri Mariano has overcome immense obstacles in her life. After work was completed last weekend on the 2019-20 New York State budget, Mariano hopes she can conquer one more.

Deep cuts were made in the Consumer Directed Personal Assistance (CDPA) program, which allows chronically ill or physically disabled individuals who qualify for home care services under Medicaid the freedom to choose their own aides.

Mariano, who was born with diastrophic dysplasia, a form of dwarfism which also affects her bones and cartilage and is now confined to a wheelchair, is left to wonder whether she can continue to find the care that she needs to live independently.

"They allow New Yorkers like me to hire and manage my own personal assistants to remain in our home and in our communities that we have long ties," Mariano said.

Last Wednesday, Mariano's friends and neighbors gathered outside her apartment to support her in her call for state officials to restore the funding.

Gov. Andrew Cuomo had proposed a cut of as much as \$75 million to the program earlier this year by changing the reimbursement system for Fiscal

Intermediaries, the private entities that complete the paperwork and disburses the pay to the home care workers. Mariano, who requires a home care worker 15 hours a day, said that will likely reduce the number of workers when there is already a shortage.

While the final budget made some restorations, Bryan O'Malley, executive director of the Consumer Directed Personal Assistance Association of New York State, said cuts from one-quarter to two-thirds of funding will likely limit the number of Fiscal Intermediaries, and in turn the number of workers. Those who require more extensive care, such as Mariano, might find it more difficult to hire competent care.

O'Malley stated in a letter to advocates on Sunday that while there were some additions made by legislators, it may not be enough to prevent the loss of home care personnel.

"We are very worried about the change in reimbursement," he said. "This cannot be sugarcoated. The rates that they are discussing would generally be a 25-66 percent cut. Because it is not part of law, though, we are hopeful that we can demonstrate the impact that these rates would have and get them to change them."

However, Freeman Klopott, a spokesman for the state Division of



MARTIN WILBUR PHOTO

Geri Mariano, surrounded by friends last Wednesday outside her Armonk apartment, fought alongside advocates for the disabled to preserve a program that allows those who require home care to choose their own workers.

the Budget, said the change will not jeopardize services for those state residents who receive CDPA.

"The Executive Budget maintains the state's full commitment to the Consumer Directed Personal Assistance Program," Klopott said in a statement. "The more than 70,000 self-directing consumers who employ their own aide, including in some cases family members and friends, will continue to receive services as they do today without any reduction in care, with no change in cost, and the program

will continue to be available as it is today to new consumers."

He also said there is no specific limit on the number of Fiscal Intermediaries and allows the Department of Health to have a process to select additional organizations to meet consumer needs.

State Sen. Shelley Mayer, who sent a staff member to meet Mariano last Wednesday at her home, said she strongly supports CDPA and had pressed her colleagues to reject the governor's plan to change the payment structure for Fiscal Intermediaries.

Mariano dismissed the assurances from the state, saying the change could make the program so unworkable it could effectively end it. Being able to choose your own workers who come into your home is essential, she said. Mariano said she has had some workers who were abusive and stole from her.

If people who had been living at home can no longer receive services, many will have to be institutionalized, costing the state more money than if there had been no changes, Mariano argued.

She added that disabled individuals and their advocates don't appear to carry enough influence with politicians, allowing their programs to be threatened.

"We just don't seem to matter in the scheme of things," Mariano said.

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North Castle Approves Condo Taxation for Brynwood Project

By Martin Wilbur

Representatives of Brynwood Golf & Country Club cleared a hurdle last week when the North Castle Town Board approved a zoning text change to allow the applicant's proposed 73 units to be taxed as condominiums.

By a 4-0 vote with one abstention, the board agreed that it was more beneficial to have the project built than continue to insist upon fee-simple taxation for the units. Supervisor Michael Schiliro said the project, which would include the construction of the luxury condos and a redesign of the golf course, would generate greater tax revenue and provide the town with more than \$1 million in negotiated benefits that Brynwood has agreed to pay along with a Community Benefits Agreement.

Brynwood has also agreed that 130 of the 156 acres will either operate as a golf course or remain open space in perpetuity.

"We've been at this a long time," Schiliro said. "We've taken this project very, very seriously. This was not inexpensive for the applicant to do and it took a lot of time to review it. So I just didn't want it to be lost on people that this is sort of a willy-nilly decision on this board's part. We took it very seriously."

The Town Board approved a zoning change in June 2015 for the Bedford

Road parcel to be in a newly-created Golf Club Community Floating Overlay District. However, it required that the condominiums be taxed as fee-simple while securing \$1,050,000 in payments for various improvements in town.

However, the Brynwood partners were unable to secure financing from 38 lending institutions, said their attorney Mark Weingarten. From 2017 until January, the applicant, which still needs site plan approval from the Planning Board and a special permit from the Town Board, fell out of sight.

In exchange for the condominium taxation, Brynwood pledged that its units would sell at a rate of at least \$700 a square foot, which would ensure that the various jurisdictions would receive at least the originally projected \$2.2 million in tax revenue. If it is unable to reach that threshold for the first 36 units, the remaining 37 units would be age-restricted housing, Weingarten said.

They also have promised some of the payments will be accelerated.

Most of the remainder of the board at last Wednesday's meeting agreed with Schiliro. Councilman Barry Reiter said he's been impressed with the applicant's determination to build in town despite nearly a decade of review and debate.

"I like the commitment that you guys have kept to this," Reiter said. "I like the

project. I wish it was built already. I think it's a good thing for the community. I think it will be embraced very well."

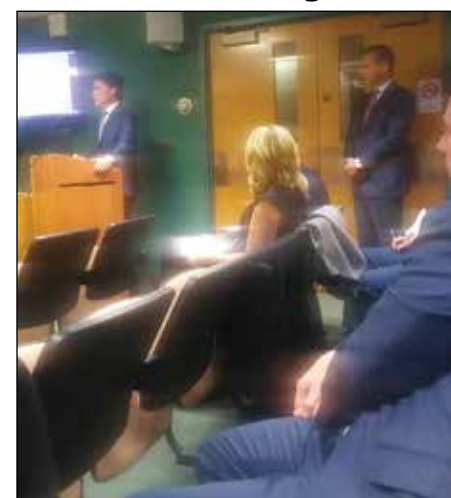
Councilwoman Barbara DiGiacinto recalled that when Brynwood first floated a golf club community it proposed 243 units, which prompted howls of protest at public meetings. That number was reduced several times until the Town Board agreed to appropriate density. The land had previously been zoned two-acre residential, which would have limited the developer to 49 single-family homes factoring in environmental constraints.

She said that the benefits, which include payments to repair nearby Windmill Farm's windmills and stone wall, improvements to the water district and contributions to the Miller House renovation, are substantial.

"We do hope that you really are going to build this project," DiGiacinto said. "It will be a wonderful project if we do know you're going to build it."

The abstention came from Councilman Jose Berra, who while similarly lauding the project, has been an opponent of condo taxation in town. Berra said he didn't believe there were enough protections for the town that the project would be built.

State law allows condominiums to pay roughly half the taxes of single-family houses of similar value.



MARTIN WILBUR PHOTO

Ed Baquero, at podium, one of the principal Brynwood partners, addresses the Town Board earlier this year.

Mariani Gardens Hearing Postponed

The Town Board last week postponed the continuation of the public hearing for the 50 proposed residential units at Armonk's Mariani Gardens. The matter, which was originally on the Mar. 27 meeting agenda, was taken off after representatives for the applicant needed more time to revise their proposal.

Two week earlier following a joint work session of the town and planning boards, officials instructed the applicant to reduce the density at the site before returning.

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Guest Columns

Westchester-made Movie Has a Mission: Mental Health Awareness

By William Dickerson

This month, my film, "No Alternative," is being released worldwide. It will be available to rent or own on all major online platforms, including iTunes and Amazon Prime Video, and later this year, on subscription streaming services.

My sincerest hope for the film's success is not for a financial windfall – but for as many people to see this film as possible.

And not for the reasons you might expect.

"No Alternative" is set in 1990s Westchester County, where I was born and raised, and during a time when teenagers idolized the grunge musicians of the day and struggled to express themselves under the harsh criticisms of the conservative adults in their lives.

The story, which is based on the novel I wrote of the same name, centers around Thomas Harrison and his little sister Bridget. Bridget rejects the world around her, instead – as a coping mechanism – takes on the musical persona of a gangster rapper named "Bri Da B." It's a controversial move and a sign of her escalating mental illness, which sends waves of concern through her family, who are inspired by my own – my sister, Briana, especially.

Westchester proved to be the ideal place to shoot and produce the film. Not only would filming here convey authenticity, but our crew enjoyed great working relationships with the City of Yonkers Mayor's Office of Film & Photography and the Westchester County film office. Both were crucial in helping us maneuver logistics. Furthermore, we were able to utilize tax breaks given by the New York State Tax Credit program for filming here.

When I began writing "No Alternative," it was a not-so-thinly veiled plea for my sister's survival. By the time I returned to Westchester to shoot the film, however, the battle was lost. Briana lost her fight with mental illness on July 1, 2014. I may be a hopeless optimist or, more likely, a man on a mission, but I don't feel we've lost the war. I've made it my goal, through the production and promotion of this film, to spread as much awareness about mental health as I possibly can.

For all pre-orders of the film on iTunes, a portion of the proceeds was donated to Emotions Matter, a non-profit organization dedicated to raising awareness for Borderline Personality Disorder (BPD), the illness my sister suffered from. BPD is one of the many

forms of mental illness pervasive today. According to the National Alliance on Mental Illness (NAMI), one in five adults in the U.S. experiences mental illness in a given year, touching nearly 44 million people nationwide.

The film's stars, Michaela Cavazos, Conor Proft, Kathryn Erbe and Harry Hamlin, have all helped to spread awareness in their own promotion of the film. Everyone involved in this film believes that in talking about the issues, the darkness that shrouds mental health is brought into the light – and that's when real healing can take place.

In your support of this Westchester-made film, you'll be supporting my greater mission: to destigmatize and bring hope to those who suffer from mental illness. For me, there's simply no alternative.

Yonkers native William Dickerson is an award-winning filmmaker and author. His filmography includes his debut feature film, "Detour," a metafictional satire, and "The Mirror." "No Alternative" will celebrate an encore screening and soundtrack listening party through YoFiFest on Apr. 18. Follow Dickerson and the film on Facebook, Twitter and Instagram: @NoAltFilm.

Multiple Questions Raise Concerns About Bedford Firehouse Vote

By Paul Thomasset

A group of Bedford residents has raised concerns regarding the advisability of spending more than \$22 million on a new firehouse. A vote for a bond of about \$17.5 million has been scheduled for Tuesday, Apr. 30 at the Bedford Village firehouse. The difference is to be provided from existing fire district funds.

We strongly support our firefighters and EMS and recognize the need for improved facilities to renovate an old and undersized firehouse located opposite the Village Green. Many in our group wish to retain, update and enlarge the existing firehouse, but this suggestion has been rebuffed as unworkable with no data or cost estimates provided by the fire department.

Renovation or reconstruction on the current site will be more cost-effective. For example, a 20,000-square-foot building at \$450 per square foot amounts to \$9 million. Add 30 percent for "soft costs" and that comes out to just under \$12 million.

Bedford Village fire commissioners maintain that the existing building cannot accommodate (or be expanded to accommodate) larger firetrucks.

Industry trends, however, indicate that smaller-sized vehicles are becoming the norm – they are faster, perform better on country roads and driveways and are less intimidating for volunteers to drive.

Vacating the existing firehouse will have a negative impact on the village – unless a new owner can be found with a viable plan and the wherewithal to execute it. Alternatives to the location and type of facility, among other solutions, have been proposed. One solution is building a separate garage; it also has been rejected as unworkable without fire officials presenting facts to substantiate their opinion.

It is agreed by all that the overwhelming problem is recruiting and retaining quality fire personnel, but nothing has been offered as evidence that a new firehouse will solve this problem. No improvement in response time is anticipated by having a new firehouse, as only more available firefighters can help with this problem. It strains credibility that Bedford residents can expect better fire protection as their current record is exemplary. There will be no reduction in residential insurance rates.

The proposed building would be located on the lot bounded by

Southbrook Road and Route 22 in a residential area, already clogged with traffic during the morning and afternoon rush hours. Traffic concerns are manifest as many activities other than firefighter training and truck storage are the norm. The addition of a new traffic light, exterior lighting, sirens and car traffic will change life for area residents and alter the character of the village with a 24,6504-square-foot behemoth of a building.

As residents, our fire taxes will be doubled with no assessment of what the operating costs of the new facility will be. The original cost of this project was \$15 million before it was discovered that the purchased land would not support the new firehouse, thus requiring an additional \$2.5 million for pilings and an engineered foundation. This oversight indicates that cost overruns are likely, resulting in "open season" on the taxpayers.

Delaying the Apr. 30 vote for one year to fully explore alternatives has been rejected out of hand by the fire district. We, therefore, request that Bedford citizens vote no on the proposed bond issue.

Paul Thomasset is a Bedford resident.

SMALL NEWS IS BIG NEWS

Business Council Calls for Airport Advisory Chairs to Resign in Latest Spat

By Martin Wilbur

The battle between the Business Council of Westchester (BCW) and two members of the county's Airport Advisory Board erupted again last week when the business group called on the board's two leaders to resign.

Citing a conflict of interest, BCW Vice President John Ravitz urged Chairman Peter Schlactus and Vice Chair Jonathan Wang to immediately step down because they have been actively leading groups that are opposed to the expansion of services at Westchester County Airport.

Ravitz read and submitted a letter from the BCW at the monthly Advisory Board meeting last Wednesday evening. Later last week he explained further his position in a statement.

"We want to emphasize that we fully recognize and support the right of citizens to express their views about the airport including criticizing its operations," Ravitz said. "What is not acceptable is using the Advisory Board as a vehicle to promote the agendas of the opposition groups. Schlactus and Wang are not even vaguely impartial. If they want to lead the opposition groups, that's their right, but they shouldn't be running the county-appointed Advisory Board that needs to look at all sides of the issues in a fair and balanced way."

In his letter, Ravitz charged that



Business Council of Westchester Vice President John Ravitz, pictured here during a December press conference, last week called for the chair and vice chair of the Airport Advisory Board to step down because of conflict of interest.

Schlactus has urged those in his community and surrounding towns to back the Coalition to Prevent the Expansion of Westchester Airport.

"The same lack of impartiality applies to Mr. Wang, who continues to play the leading role in organizing and espousing the agendas of the major airport opposition groups," Ravitz stated in his letter.

Schlactus and Wang, appointed to the Advisory Board last year, are two of its eight members. Five of the members each represent a community in close to proximity to the airport – New Castle, North Castle, Mount Pleasant, Rye and Harrison. Schlactus and Wang, represent Rye and Harrison, respectively. Some residents in each of those communities, particularly those in certain flight paths, have raised repeated complaints that air traffic headed to the airport has diminished their quality of life in the past two years.

Late last week, the two board members immediately dismissed Ravitz's comments and each said they have no intention of resigning. Schlactus said the BCW had no problems when the board under the Astorino Administration was tilted toward aviation interests, including those in favor of expansion and/or privatization of the airport.

He also said that Ravitz and the BCW misunderstand that a wide variety of stakeholders must be represented on what has become a highly controversial issue. The board, he claimed, has been solicitous of all opinions and perspectives.

"I'm unapologetic about the fact that I am an advocate for my community and my interests and I think it's ridiculous, again, to suggest that any member of the Advisory Board loses their First

Amendment rights to express themselves and have an opinion," Schlactus said. "County Executive Latimer was well aware of the advocacy of Jonathan Wang and myself."

Wang said Ravitz has stepped up the public pressure on him since he has been brining public attention to his "lies," such as when the BCW held a December press conference to discredit the escalating number of residents' complaints in towns near the airport.

He said the current Advisory Board now has representatives reflecting a variety of interest. Wang is also one of two licenses pilots serving.

Wang called Ravitz "a shill for Million Air," one of the fixed-base private carriers that some residents argue is part of the reason behind increased air traffic and noise. After building a new 50,000-square-foot hangar and a 20,000-square-foot terminal, Million Air sought to build another 100,000-square-foot hangar at the airport, but that has been stalled by the county.

"Some with no integrity and no credibility want to try and influence public policy through obvious falsehoods," said Wang, in explaining why he would not resign. "It would be the height of cowardice. I would not be fulfilling my pledge to the county when I agreed to serve."



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County Legislators Approve \$2M for Merestead Restoration

The Westchester County Board of Legislators last week appropriated \$2.05 million to repair Merestead, a county park located in Mount Kisco and Bedford.

The money will be used to protect the 1907 Georgian country mansion on the property – including building a new roof – and to move and store the contents of the house during construction that will secure the structure and its contents for future use.

The 130-acre Merestead property, including the 28-room mansion and a substantial art collection and library, was deeded to the county in 1982. The county took full possession of the property in 2002 following owner



An old Westchester County Historical Society photo of the 28-room Georgian mansion at Merestead.

Margaret Sloane Patterson's death two years earlier.

Legislator Kitley Covill (D-Katonah) thanked her colleagues, the Parks Department and County Executive

George Latimer for their role in approving the project.

"This property has so much potential. We are saving this building and I look forward to seeing Merestead used by our communities," Covill said.

Nancy Sevcenko, daughter of Dr. Robert Lee Patterson Jr. and Margaret Sloane Patterson, said she was pleased with the board's funding.

"I am just thrilled...This is truly a milestone," she said.

The house deteriorated during the past 10 years and an 1850 farmhouse on the grounds is no longer inhabitable. Roofs in multiple buildings have failed, causing internal damage and putting artwork at risk. The property also needs



Just over \$2 million in county funds was approved last week by the Board of Legislators to make extensive interior and exterior renovations of the mansion at Merestead as well as other structures on the 130-acre grounds.

Website Created to Track Progress of North 60 Review

Fareri Associates, the developer of the proposed mixed-use North 60 project near Westchester Medical Center, has launched a new website providing background and details about the \$1.2 billion development in Valhalla.

The site, www.thenorth60.com, will provided the public with updated information about the review process. It has been established ahead of the start of the public hearing on the multi-phase development. A hearing on the scoping document could be scheduled as soon as

next month.

North 60 called for the construction of three million square feet of new space, including just over two million square feet of biotech-medical technology space and research and medical offices. There will also be neighborhood-style retail space, a hotel with conference facilities, a health and wellness center and structured parking.

The project will include a first-of-its-kind Children's Living Science and Learning Center. Along with creating a dynamic educational experience focused

on influencing behavior and minimizing future health risks for both children and adults, North 60 will provide career training and job readiness programs in the bio-tech and research fields for area residents.

Should approvals be obtained, Fareri Associates projected that the first phase of construction, including essential infrastructure, could begin as soon as Fall 2020.

In January, County Executive George Latimer signed a 99-year lease for the 60-acre site, which is owned by the county.

water and waste service brought up to current code and an entrance bridge needs repairs so that the buildings can be reopened to the public.

The Pattersons had deeded portions of their original estate in 1967 and 1973, including a parcel that was given to the Nature Conservancy and another which led to the creation of the nearby Marsh Sanctuary. Potential uses for the site include artistic and educational projects and passive recreation.

Merestead is on the National Register of Historic Places.

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Stairs a Necessary Part of Many Homes – But Watch Your Step

Sometimes people do a disservice when they provide helpful information. I rue the day when a friend pointed out to me that I could be informed of my daily physical activity by hitting the heart on my iPhone.

As far as flights of stairs go, I'm hopeless. When I lived in a two-story house, I bounded up the stairs and descended countless times during the day and night. Now that I live in a one-floor condo, I have taken no flights of stairs, even though I live on the fifth floor.

As a realtor in northern Westchester and Putnam County, I am always sure to point out the issue of stairs to senior buyers who should be thinking about the years ahead when they buy a home or condo. There comes a point in all our lives where one-level living becomes an advantage.

While stairs provide a very practical function as a means of ascending or descending from one level to another, they can be dramatic architectural statements in a home, from soaring, floating staircases in a central hall to



By Bill Primavera

modern circular stairs, winding around a column to a higher floor. Did you ever wonder why circular stairs wind counterclockwise when all of us tend to do things in a clock-wise pattern? Read on to find out.

From castles to humble cottages, stairways have allowed more living space under the same roof by providing a means to get to another floor. Unless you live in a ranch-style home or a one-level apartment or condo, you climb stairs.

Some of us love the transition from one living space to another ("I can't sleep on the same floor

where I eat," one buyer client told me), while others, especially our more mature citizens, seek senior community living that boasts "no steps."

Besides their architectural and practical contributions to a home, stairs also add to incidents of accidents, and even death, in the home.

All too often, many of us take a dive down a stairway. Maybe it's because we're in a different mode of balance when we are shifting our weight up or down.

Actually, if you've noticed, it's easier to climb steps than to go down them, even if the physical effort is greater when we climb. My theory is that we achieve better balance on the balls of our feet when climbing. We seem to be uncertain about which part of our foot to place on the step going down, especially for people with feet that are larger.

I'm personally very conscious of the possibility of accidents on the stairs, perhaps because of an imprinted memory. When I was less than two, my mother tells me that I opened a door to the basement and plunged down the steep staircase, hitting my head on the concrete floor at the bottom. When I behaved oddly as a teenager, my mother had an excellent excuse to say, "That fall on your head when you were a baby must have caused some damage!"

When my daughter was at a play date with other girls at a neighbor's home, I remember the panic and fear when I received that call saying that she too had fallen down a flight of basement steps. She too is all right. Maybe it's a generational thing.

Tragically enough, more than 15,000 people die each year as a result of falls, and as many as 1,300 of those take place by falling down steps. Additionally, many people suffer injuries on stairs that

frequently go unreported, making injury statistics harder to pin down.

Interestingly, many accidents happen when there is an uneven step. Actually, this had been done intentionally in the distant past as a security measure to trip up thieves when entering or leaving a home.

Now here's the reason that circular or curved staircases are designed in a counterclockwise pattern. As we know from old Errol Flynn movies, in the Middle Ages it was critically important to safeguard the castle. With stairs intentionally designed counterclockwise, the defender of the castle, on a higher level of the stairs, could swing his sword freely in the open space to his right, but his enemy below would keep hitting the wall to his right with the same action.

The subject of stairs is very broad. I'd like to narrow down a bit with a resolution that, starting tomorrow, I'll climb the steps to my condo, rather than taking the elevator. Note that I've put it off until tomorrow.

Bill Primavera is a publicist, journalist and realtor* associated with William Raveis Real Estate and founder of Primavera Public Relations, Inc. (www.PrimaveraPR.com). You can engage the services of The Home Guru to market your home for sale by calling 914-522-2076.

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New Mount Kisco Cell Tower Proposed for Mountain Ave.

By Ed Perratore

Cellular carriers are hoping the third time's the charm in Mount Kisco as the village's Planning Board heard details last week on a new cell tower site plan application that would serve all four major carriers.

The application comes less than two months since Mount Kisco officials turned down the potential siting of a tower in one of two other locations in the village.

The new application, from Crown Castle, might succeed where the first two sites did not because it would replace an existing tower that already serves two carriers.

Visible from many points in Mount Kisco is the tower at the peak of Kisco Mountain, with an address of 1 Mountain Ave. Crown Castle's existing tower is 86 feet tall and hosts equipment for AT&T and T-Mobile.

That tower would be torn down and replaced with another that stands 114 feet; with its lightning rod it would be 129 feet.

The impetus behind the new tower, according to David J. Kenny of Snyder & Snyder LLP, attorney for Crown Castle, is not a cell carrier but the Metropolitan Transportation Authority, which needs the tower for emergency radio



ED PERRATORE PHOTO

The existing 86-foot cell tower at 1 Mountain Ave. in Mount Kisco. A proposed replacement tower would be 114 feet, plus a 15-foot lightning rod.

communications. The replacement tower would also accommodate equipment for Verizon and Sprint as well as the current carriers.

"This will provide space for all four of the major wireless carriers as well as the

MTA's equipment, reducing the need for a new facility for Verizon and Sprint in the area," Kenny said.

Mount Kisco Mayor Gina Picinich had warned residents objecting to both locations considered only weeks ago – at Leonard Park or Rolling Ridge Court – that cellular service remains weak in some parts of the village.

"We still have a problem, and we don't have a solution to that problem," she said at the time.

Planning board officials, nevertheless, had many questions for Kenny.

Board Chairman Doug Hertz queried the attorney about the taller height, which is significantly above the tree line.

"Is this the minimum height necessary to do the things you're trying to accomplish here?" he asked. Member William Polese wanted to know whether it was the MTA's needs or those of the commercial carriers that warranted the additional height.

Other board members asked if a cell tower in the style of a faux pine tree, called a monopine design, could be used in this instance.

Hertz also inquired about the option for some of the bulkier equipment to be placed lower on the tower, perhaps at the height proposed for another

carrier yet to come. Kenny replied that he would check but that he believed the carriers needed line of sight all around to maximize the equipment. The attorney added that the MTA initially wanted an even taller tower.

The village will hire a consulting engineer to review the application and weigh in on whether a less prominent tower might suffice.

Kenny agreed to speak to his client and the carriers to answer the board's questions.

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Happenings

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Martin Wilbur at mwilbur@theexaminernews.com.

Tuesday, Apr. 2

Drop in for Tech Help. Receive help with any of your technology devices. PC, Google and Microsoft savvy volunteers will help with troubleshooting, downloading, Overdrive, Freegal, Hoopla or any other online service. First-come, first-served. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 3 to 4:30 p.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkisco.org.

Reading With Tobie and Karen. A program for school-age children. Tobie and Karen are with The Good Dog Foundation. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 p.m. Free. Every Tuesday. Info: 914-273-3887 or www.northcastlelibrary.org.

English Conversations. For speakers of other languages seeking to improve their English. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkisco.org.

DIY Cork-Stamped Flower. Create some stamped flowers using cork, paint and buttons. For children three to 10 years old. Children under five must be accompanied by a caregiver. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Space limited; registration required. Info and registration: 914-864-0130.

Italian Language and Culture. Mara De Matteo, born and raised in Italy and passionate about her native language, combines lively conversation with grammatical instruction in her classes. She creates interactive lessons on the richness of Italian culture, past and present. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6:30 p.m. Every Tuesday. Info: 914-273-3887 or www.northcastlelibrary.org.

Airbnb: Everything You've Wanted to Know. Interested in becoming an Airbnb host or guest? Looking for expert tips on how to make your listing stand out? Just wondering how Airbnb works or how to become a savvy user? Lauren Traub Teton, an Airbnb mentor and Pound Ridge resident, will share her experience, offer advice and answer your questions. There will be snacks. Martin House Workspace, 69 Westchester Ave., Pound Ridge. 7 p.m. Members: Free. Non-members: \$15. Reservations suggested. Info and reservations: 914-764-3128 or visit www.martinhouseworkspace.com/events.

Anti-Semitism Again? The Misremembered Christ and the Still Troubled Christian Conscience. With the recent rise of anti-Semitism around the world, Author James Carroll, a fellow of the American Academy of Arts and Sciences, maintains that the deletion of Jesus' permanent Jewishness set in motion the racial anti-Semitism that continues to run below the

surface in western civilization. The way back from this mistake is a full Christian retrieval of Jesus' faith, a process that is underway but far from finished. Carroll is the author of "The Cloister, Christ Actually and Constantine's Sword." Part of the Br. John G. Driscoll Lecture Series in Jewish-Catholic Studies. Iona College's Spellman Hall, Thomas J. Burke Lounge, 715 North Ave., New Rochelle. 7:30 p.m. Free.

Legendary Tuesday Night Jam. This jam has fostered many great musicians over the years. Some have gone on to tour, win Grammy Awards and achieve celebrity status. You never know who you'll hear. Come on down, play or listen, dance, drink and enjoy. All levels of musical talent are welcome. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 8 p.m. No cover charge. Every Tuesday. Info: 914-747-4740.

Wednesday, Apr. 3

All Access Healthcare: Inside the Key Issues Facing New York State. Hear from experts about key issues that will impact hospitals, healthcare systems and the business community. Also, receive an update on the state budget and on some critical health policy issues and about single-payer and nurse staffing ration legislation. Double Tree Hotel, 455 S. Broadway, Tarrytown. 8 to 10 a.m. Free. Registration required. Info and registration: E-mail events@westchester.org.

Zumba Fitness. Achieve long-term benefits while having a blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life. For all fitness levels. Dance Emotions, 75 S. Greeley Ave., Chappaqua. 9 a.m. Every Monday and Wednesday at 9 a.m. and Saturdays at 10 a.m. Drop in or weekly discount rates available. Info: Contact Peggy at 914 960-4097.

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10 to 10:30 a.m. Free. Every Monday and Wednesday (except Apr. 15 and 17). Info: 914-769-0548 or www.mountpleasantlibrary.org.

Living With Cancer Support Group. Gilda's Club Westchester presents the kickoff of this support group that encourages discussion of personal experiences as well as provide ongoing exploration of emotional and social concerns while dispensing personal wisdom and practical advice. Open to anyone in active treatment. Bedford Playhouse Greenroom, 633 Old Post Rd., Bedford. 10 to 11:30 a.m. Free. Will continue the second and fourth

Wednesdays of each month. Registration required. Info and registration: Contact Debbie Vincent at 914-644-8844 ext. 133.

New Mommy and Daddy Meet-Up. Whether it's your first child or your fifth, this is a great way to get out of the house, meet new friends and enjoy time with your baby. World Cup Nursery School, 160 Hunts Lane, Chappaqua. 10:25 to 11:10 a.m. Free. Every Wednesday. Info: 914-238-9267 ext. 20.

Toddler Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10:30 to 11 a.m. Free. Every Monday, Wednesday and Friday (except Apr. 15, 17 and 19). Info: 914-769-0548 or www.mountpleasantlibrary.org.

Preschool Storytime. This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 11 to 11:30 a.m. Free. Every Monday, Wednesday and Friday (except Apr. 15, 17 and 19). Info: 914-769-0548 or www.mountpleasantlibrary.org.

Bilingual Storytime. Sing songs and read picture books in English and Spanish. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Wednesday. Info: Visit 914-666-8041 or www.mountkisco.org.

Meditation Series: Midday Mind Break. Benefits of meditation include increasing focus and memory; increased health; reduced stress, anxiety and pain; and increased productivity and happiness. Led by Alka Kaminer. North Castle Public Library, 19 Whippoorwill Rd., East, Armonk. 12:15 p.m. Free. Every Wednesday (except Apr. 17). Info: 914-273-3887 or www.northcastlelibrary.com.

Chair Yoga With Alka Kaminer. Experience greater flexibility, cardiovascular endurance and improved balance, strengthening and toning of muscles, better digestion, stress reduction, mental clarity, improved breathing, relaxation and an overall sense of well-being. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 1 p.m. Free. Every Wednesday (except Apr. 17). Info: 914-273-3887.

Affordable Care Act Navigator. A trained navigator provided by the county Department of Health will be available to help people with choosing and signing up for health insurance under the Affordable Care Act and the state health marketplace. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 2:30 to 7 p.m. Free.

Every Wednesday. Also Thursdays from 1 to 6 p.m. and Saturdays from 10 a.m. to 2 p.m. Appointment required. Info and appointment for Wednesday sessions: 914-336-6026. Info and appointment for Thursday and Saturday sessions: 914-813-5192.

Science Lab. Become junior scientists and learn about different science topics through stories, crafts and experiments. There's a new topic every week. For children four to six years old. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 to 5 p.m. Free. Every Wednesday. Info: 914-273-3887 or www.northcastlelibrary.org.

Knitting at the Library. Knitters and crocheters of all skill levels. For ages 10 and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 5:30 p.m. Free. Every Wednesday. Info: 914-864-8041 or www.mountkisco.org.

Chess Workshop for Children. Learn the game of chess with the help of guided instruction and supervised play. Included will be the study of strategy and tactics to improve your play. For children in grades 1-4. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 4:15 to 5:15 p.m. Free. Registration requested. Info and registration: 914-769-0548.

Teen Science Cafe: How Dogs Experience the World. Teen Science Cafe is a space for youth to meet and network with scientists while keeping up to date on the latest scientific developments. With Madelyn Baker of the Horowitz Dog Cognition Lab at Barnard College, Columbia University. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 6 to 7 p.m. Free. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

Mount Kisco Democratic Meeting. All Democrats are welcome. Dinner is provided. 118 N. Bedford Rd., Suite 100, Mount Kisco. 6:30 p.m. Free. Meetings are held the first Wednesday of each month.

Breast, Ovarian and Gynecological Cancer Support Group. Northern Westchester Hospital at Chappaqua Crossing, 480 Bedford Rd., Chappaqua. 7 p.m. Free. Typically meets the first Wednesday of every month. Registration required. Info and registration: 914-962-6402 or 800-532-4290.

Art Series: Raphael. April is a hotbed of artistic births and leading the month is famed Renaissance painter and architect Raphael Sanzio da Urbino, with an Apr. 6 birthday. Alive during one of the most explosive periods in Europe's history, Raphael saw the rise of the Borgias, the discovery of the New World by Columbus and was responsible for creating some of the greatest masterpieces of all time. Discussion led by Professor Valerie Franco. North Castle Public Library,

continued on page 20

The Weekly Feature from Entergy

Something for All Tastes at the Jacob Burns' Jewish Film Festival

By Martin Wilbur

You don't have to be Jewish to enjoy one of the Jacob Burns Film Center's most popular film series each year.

The Westchester Jewish Film Festival, which has been held at the film center every spring since the facility opened, returns this week with two weeks of afternoons and evenings featuring an intriguing assortment of feature films, documentaries, comedies and even two Israeli television series and a silent film. In all, 42 works will be shown starting Tuesday night and lasting through Apr. 17.

Curator Bruni Burres said much of the festival's popularity is the sheer variety of films that are shown. While each entry needs to have a Jewish-related storyline or theme or depicting Jewish culture, that creates a large pool of films to choose from.

"I really see, as I am doing the programming, there's no formula and there's no limit on what films can be

shown in the festival," said Burres, who has been responsible for the festival's selections each year since 2016. "My aim is to show great films."

Two of the more interesting selections are three programs each of two critically acclaimed Israeli television series. "The New Black (Shababniks)" is a hilarious series of 12 half-hour episodes that follows a group of yeshiva bad boys in Jerusalem. Each set of three programs will be shown twice.

"Shababniks is hysterical fun, the way to laugh together," Burres said. "It's laughing together and seeing how we are all funny in our own ways."

Then there is "Autonomies," a drama about the current-day dilemma of a divided Israel with its secular society and the Haredi Autonomy, which influences much of the ultra-Orthodox population.

Burres said a highly intriguing feature is "A Fortunate Man," a Danish film about an ambitious young man from a devout Christian family in western Denmark



JACOB BURNS FILM CENTER PHOTO

"The New Black (Shababniks)," a hilarious 12-episode Israeli television series, is divided into three separate programs during this year's Westchester Jewish Film Festival at the Jacob Burns Film Center. The festival continues now through Apr. 17.

in the 19th century. He rebels against his father, a strict clergyman, by going to Copenhagen to study engineering, then meets a wealthy Jewish family. He marries their daughter but is haunted by his childhood, plagued by fears that he will repeat his father's patriarchal behavior.

The film stars Danish Academy Award-winner Bille August.

A staple of Burns Film Center festivals has been the directors or other guests

to discuss certain topics who participate in post-screening discussions. Burres said a treat this year is director Carl Reiner, who recently celebrated his 97th birthday, who will join discussions via Skype on two occasions.

Burres said a filmmaker colleague of hers had a contact at Reiner's office and she gave a shot trying to have him participate. Reiner was thrilled to be asked to join two discussions – following this Saturday afternoon's screening of "Dead Men Don't Wear Plaid" and after the Sunday, Apr. 14 showing of "The Man With Two Brains."

The festival will also feature several other of Reiner's films, including "The Comic," "Where's Poppa?" "Oh God" and "The Jerk."

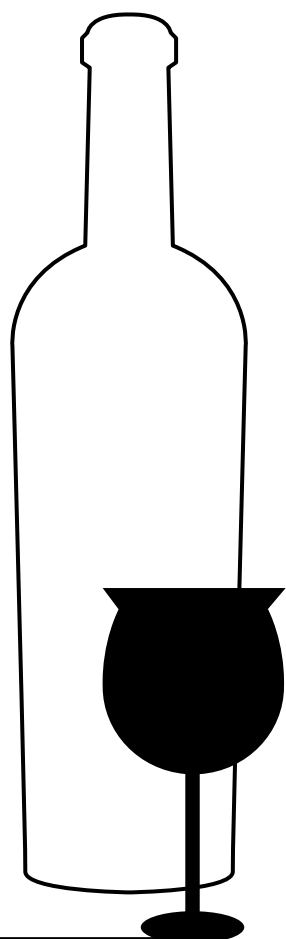
For tickets and the full schedule of films in this year's Westchester Jewish Film Festival, visit www.burnsfilmcenter.org.

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Tickets & Information: www.pawlingconcertseries.org

Happenings

continued from page 18

19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Hate in the Age of Multiculturalism: Are Thoughts and Prayers Enough? State Sen. Peter Harckham (D-Lewisboro) will be holding a community-wide roundtable discussion on this issue. Panelists include Sleepy Hollow Mayor Ken Wray, Saad Siddiqui, Westchester Human Rights Commission. Rabbi Sarah Freidson, Karin Anderson, Esq., Neighbors Link, Rev. Dr. Martha Jacobs of the First Congregational Church of Chappaqua, Valerie Eaton, president, Peekskill NAACP and Kristen Browde, president, LeGal. Everyone is welcome. Pleasantville High School auditorium, 60 Romer Ave., Pleasantville. 7 to 9 p.m.

Lucy's Laugh Lounge Waist Up Open Mic. Tanya Cooper hosts a new monthly comedy open mic where the only thing off limits is what's below your belt. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 7:30 p.m. Free. Info and tickets: Visit www.nomacomedy.com.

Women's Empowerment: Fighting Slavery and Sex Abuse. Learn how Jewish girls were trafficked as Nazi slaves during the Holocaust, how sex trafficking and slavery continues in the 21st century and how UJA, through Metropolitan Council on Jewish Poverty, is empowering women to combat this abuse. Chappaqua Performing Arts Center, 480 Bedford Rd., Chappaqua. 8 p.m. \$25. (\$5 of the ticket price will be considered a tax-deductible contribution to UJA-Federation, for which no goods or services will be provided.) Registration required. Registration: Visit <https://nyjewi.sh/2W2ihy9>. Info: Contact Shirley Green at 914-385-2125 or greens@ujafedny.org.

Thursday, Apr. 4

New York State Legislators Forum. Listen to an interactive dialogue with members of the Westchester/Putnam state legislature delegation on the most pressing issues impacting business and the community. Public input is critical. Fordham Westchester, Room 140, 400 Westchester Ave., West Harrison. 9 to 11 a.m. Westchester County Association members: \$25. Non-members: \$35. Registration required. Info and registration: Visit www.westchester.org.

Pleasantville Garden Club. The guest speaker will be Doug De Candia. For over four years, De Candia has been growing vegetables for the Food Bank for Westchester, which distributes the produce to people experience hunger. The "farm" is a collection of five gardens, about three acres, in urban and rural areas throughout the area. The work is done by hand and relies on what nature provides to fertilize the gardens and maintain

their integrity. De Candia had previously managed an organic vegetable farm in Putnam County and studied sustainable agriculture at Warren Wilson College. Presbyterian Church, 400 Bedford Rd., Pleasantville. Membership meeting at 9:15 a.m. Program at 10:30 a.m. Free. Info: Visit www.pleasantvillegardenclub.org.

Bagels & Books. "Beneath a Scarlet Sky" by Mark Sullivan will be discussed. Ruth Keeler Memorial Library, 276 Titicus Rd., North Salem. 10:30 a.m. Free. Info: 914-669-5161 or www.keelerlibrary.org.

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10 to 10:30 a.m. Free. Every Tuesday and Thursday (except Apr. 16 and 18). Info: 914-741-0276 or www.mountpleasantlibrary.org.

Knitting Circle. This group is open to everyone who has an interest in knitting. Live, love, laugh, learn and have fun together during these creative journeys. Come share patterns and ideas and celebrate creative spirits together while enjoying the ancient art of knitting. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 10 a.m. to 12:30 p.m. Free. Every Monday and Thursday. Info: 914-273-3887.

Lifeline Theater Music Program. An outlet for unlocking the potential of children and adults with special needs through integrated arts and life skills programs. Drop in anytime and join founder Billy Ayres as he uses singing, dancing, creating plays, artwork and gardening to help participants realize their strengths and potential contributions to their communities. Ayres has created a technique called improvisational integrated music/drama. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 10 a.m. to 5 p.m. Free. Every Thursday from 10 a.m. to 5 p.m. and Fridays from 10 a.m. to 2 p.m. Info: Visit www.lifelinetheaterinc.org/index.html.

Toddler Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10:30 to 11 a.m. Free. Every Tuesday and Thursday (except Apr. 16 and 18). Info: 914-741-0276 or www.mountpleasantlibrary.org.

Storytime. For children 18 months to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Thursday. Info: Visit 914-666-8041 or www.mountkiscoblibrary.org.

Mahjongg Club. Intermediate players welcome. Participants must bring their

own set. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 p.m. Free. Every Thursday. Info: 914-666-8041 or www.mountkiscoblibrary.org.

Bridge for Intermediate Players. This class is for people with some knowledge of the game. Led by Joel Goren. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 1:30 to 3:30 p.m. Free. Every Thursday. Info: 914-273-3887 or www.northcastlelibrary.org.

Pre-K Storytime With Craft. Stories, songs and a take-home craft. For children three to five years old. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 to 4:30 p.m. Free. Every Thursday. Info: 914-273-3887 or www.northcastlelibrary.org.

Read to Rover. Dogs love listening to stories. Come meet Rover and read your favorite story. For children five years old and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 5 to 6 p.m. Free. Every Thursday. Info: 914-666-8041 or www.mountkiscoblibrary.org.

Opening Reception for "Nature and Culture in Mount Kisco" Photography Exhibit. A selection of more than 50 unique views of the town's nature, events and people are on display. A slide show of more than 180 submitted photos will play all month on the library's lobby television and online. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 5 to 6:30 p.m. Free. Exhibit continues through Mount Kisco's Earth Day celebration on May 4 during library hours. Info: 914-666-8041 or www.mountkiscoblibrary.org.

"The Museum." Ran Tal's superb, lyrical new film provides an unprecedented look behind the scenes at the great Israel Museum in Jerusalem. This is not a traditional documentary about the history of a museum or its world-class collection of 500,000 objects (including the Dead Sea Scrolls). Rather, it's a poetic celebration of humanity and storytelling. Gorgeously photographed, poignant, and wry, the film artfully presents curated moments and details, introducing us to a diverse range of curators, artists, guards and visitors from around the world, each with a story to tell. Followed by a Q&A with James S. Snyder, director emeritus of the Israel Museum. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7:35 p.m. Members: \$13. Non-members: \$18. Info and tickets: Visit www.burnsfilmcenter.org.

"The Color of Light." A tender story of art, spirituality and love based on the real-life relationship between world-famous artist Henri Matisse and a young nursing student written by Jesse Kornbluth. The play explores how Matisse came to create what he called his masterpiece – the design and building of Chapelle du Rosaire in Vence, France. The simple love that develops between becomes the driving force behind his final and perhaps

greatest work. The depth of their intimate friendship raises questions of art and religion, love and mortality, all brushed in the hues, tints and shades of Matisse's colorful pallet. Directed by Bram Lewis. The Schoolhouse Theater and Arts Center, 3 Owens Rd., North Salem. 8 p.m. \$38. Seniors: \$35. Also Apr. 5, 6, 11, 12, 13, 18, 19, 20 and 25, 26 and 27 at 8 p.m. and Apr. 6, 7, 13, 14, 20, 21 and 27 and 28 at 3 p.m. Info and tickets: 914-277-8477 or visit www.schoolhousetheater.org.

Friday, Apr. 5

ZUMBA® With Amy. Fun cardio dance fitness workout, low-impact approach, easy learning environment. This feel-good workout is exercise in disguise. Free trial class available. Addie-Tude Dance Center, 42 Memorial Plaza, lower level, Pleasantville. 11 a.m. to noon. \$14 drop-in fee. Every Friday. Also Tuesdays from 10 to 11 a.m. Walk-ins welcome. Info: Call or text the instructor at 914-643-6162 or visit www.amyolin.zumba.com.

Explore Osmo. Children explore, learn, create and interact with digital games in a whole new way. For children in grades 3-5. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 to 4:30 p.m. Free. Every Friday. Info: 914-273-3887 or www.northcastlelibrary.org.

Friday Night Films: "The Joy Luck Club." Young women discover the difficulties of mother-daughter relationships. Post-screening discussion led by Carol Durst-Wertheim. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 7 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Friday Night Film Series: "Kazantzakis." This biographical film looks at the life of the Greek writer Nikos Kazantzakis, nominated nine times for the Nobel Prize in literature. A lover of life, proud of his country, complex in his beliefs, Kazantzakis wrote numerous masterpieces, including the books that would eventually become the blockbuster films "Zorba the Greek" and "The Last Temptation of Christ." In Greek with English subtitles. Post-screening discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Country Line Dance. Dancing followed by a complete dinner. All proceeds to go to the scholarship fund at Fox Lane High School and New York Boys' State. Moses Taylor American Legion Post 136, 1 Legion Way, Mount Kisco. 7 to 11 p.m. \$15 per person. First Friday of every month. Info: 914-241-0136.

Lucy's Laugh Lounge: Chrissy Mayer. Mayr is a New York City-based standup comedian, writer and on-air personality and fresh off her taping for Gotham

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The Wild Geese: The True Heroes Immortalized in Legend and Song

Recently we talked about a still controversial event, the 1607 "Flight of the Earls," and what its significance is in Irish history to the present day.

This week we focus on events closer at hand and celebrate another event, the 1691 departure to Europe of a band of Irish rebels, immortalized forever in the legend of the "Wild Geese."

Just as a refresher, the events of 1691 are celebrated in the tune "Limerick's Lamentation," the sad and plaintive notes of which will bring the stoniest of hearts to tears. If you haven't already gone off and gotten the tune ("The Chieftains Live," track 9), you really should.

The 1691 Treaty of Limerick brought an end to another of the long list of Irish rebellions

against English rule, this one in support of the deposed King James

II of England, last of the Stuart rulers and a Catholic supported by many Irish as their rightful ruler. Called "The Williamite War" because of James II's foe, the Protestant William of Orange, the war lasted from 1688 to 1691, when James' forces were finally defeated in the Battle of Aughrim.

The terms of the treaty were generous, and compelled many of the rebel leaders to give up the struggle and sign. No sooner was the ink dry, of course, then the treaty was broken by the English, giving rise to the subsequent penal laws and mass confiscations of Irish-owned land throughout the country.

One aspect of the treaty, however, was upheld, and that was the right of the armed rebels to leave Ireland as an intact force and go fight in the armies of Europe. About 14,000 of them chose this option and sailed off for the continent, most of them never again to see the land of their birth. These brave souls gave rise to the legend of the Flight of the Wild Geese. The term specifically applies to

members of the rebel Irish army who accompanied their commander, Patrick Sarsfield, to Europe following the Treaty

of Limerick.

Provisioning of soldiers from Ireland to the continent was nothing new, and had been going on from at least the 1500s. While many nations in Europe would count sizable numbers of Irish in their military ranks, none would surpass France, where Sarsfield's troops were

welcomed heartily.

The term wild geese came to apply not only to Sarsfield's band, but to any of the other thousands of expatriate Irishmen who battled under a foreign flag in the wars of 16th-, 17th- and 18th-century Europe. France was a particularly easy destination for these soldiers of fortune. A fond attachment had always existed between the two countries, given the old adage that "England's enemy is Ireland's friend."

In the Williamite War, France stepped up military and financial aid to the Jacobites, the term for supporters of James II, whose name in Latin was Jacobus. In exchange, some 6,000 Irish recruits manned the ranks of France's Irish Brigade, joined later by Sarsfield's army of 14,000, along with 6,000 women and children following their men. Wearing red coats in recognition of their allegiance to the Stuarts, they distinguished themselves in countless battles on the continent, but never realized their dream of returning to Ireland as part of an invading Franco-Irish force.



By Brian McGowan

They were the original "Wild Geese," and many a legend has been wrapped around them in the romantic veil of time. Their souls, doomed to die in a foreign land, are thought to be borne north – or west or east – depending upon where they fled; a prolific group, these, with many foreign destinations eager to court them – on the wings of geese, to be

deposited once again in the land of their birth, Ireland.

Quite the legend, and few people with more than a drop of Irish blood in their veins can see a flock of geese soaring overhead without that image coming to mind. I am certainly not immune to it.

Pleasantville resident Brian McGowan was born and raised in the Bronx, in New York City, and is a second, third and fifth-generation Irish-American/Canadian, as his immigrant ancestors followed several paths to the New World. Reach him at brian.m.mcgowan1952@gmail.com, or on Twitter (@Bmcgowan52M). To see more of his writing on "things Irish" follow his blog, "Rethinking Irish," at www.rethinkingirish.com.

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CHEMUNG COUNTY Tax Foreclosed Real Estate Auction: 100+ Lots. Wednesday, March 27, 2019. Registration: 7:00AM; Auction Start: 9:00AM. Holiday Inn Elmira-Riverview, 760 E. Water Street, Elmira, NY 14901 Pre-Auction Bidder Seminar: Thursday, March 14, 2019, at 6:00PM. For complete information, visit www.auctionsinternational.com or call 800-536-1401, Ext. 110

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LEGAL NOTICES

NOTICE OF FORMATION OF REID & LEIVA MULTISERVICES LLC Filed with SSNY on 01/14/2019, Office Westchester, SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: 506 Van Cortlandt Park Ave, Yonkers, NY 10705. Purpose: any lawful purpose.

LEGAL NOTICE: NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY: The name of the Limited Liability Company is Palmyra Holdings LLC. The Articles of Organization were filed with the New York Secretary of State on February 19, 2019. The office of the Company is located in the County of Westchester, State of New York. The New York Secretary of State is designated as the agent of the Company upon whom process in any action or proceeding against it may be served, and the address to which the Secretary of State shall mail a copy of process in any action or proceeding against the Company served upon him or her is **110 Marquand Avenue, Bronxville, New York 10708. The purpose of the business is any lawful business.**

NOTICE OF FORMATION OF LIFE GIVERS TRANSPORTATION, LLC Filed with SSNY on 1/22/19. Office: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **75 Bruce Ave., Apt. 4F, Yonkers, NY 10705. Purpose: any lawful purpose.**

NOTICE OF FORMATION OF E&L BY DESIGN, LLC. Arts. of Org. filed with NYS Dept. of State on 1/9/2019. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC, **2020 Maple Hill Street, Suite # 902, Yorktown Heights, NY 10598. Purpose: any lawful act or activity.**

NOTICE OF FORMATION OF UP-STATE STUMP GRINDING, LLC. Arts. of Org. filed with SSNY on 1/10/2019. Office location: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC: **19 Terrace Ave., Ossining, NY 10562. Purpose: any lawful act or activity.**

NOTICE OF FORMATION OF PRO-TO DOG SERVICES, LLC. Arts. of Org. filed with Secy of State of NY (SSNY) on 09/13/2010. Office loc: Westchester. SSNY designated as agent of the LLC upon whom process against it may be served and shall mail process to the principal business address: **1707 EAGLE BAY DR OSSINING, NY 10562. Purpose: any lawful act or activity.**

NOTICE OF FORMATION OF DSG HOME RENOVATIONS LLC. Articles of Organization filed with the Secy of State of NY (SSNY) on 11/08/2018. Office location is Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **6 East Sidney Avenue, Mount Vernon, NY 10550. Purpose: any lawful act or activity.**

NOTICE OF FORMATION OF KC MAKEUP, LLC. Articles of Organization filed with the Secy of State of NY (SSNY) on 09/16/2018. Office location is Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **Kasey Camacho, 2 Stanley St., Pleasantville, NY, 10570 Purpose: any lawful act.**

NOTICE OF FORMATION OF OLA SERVICES, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on February 3, 2019. Location: Westchester County. SSNY designated as agent for service of process on LLC. SSNY shall mail a copy of process to: **OLA Services, LLC, 50 Broadway, Haw-**

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Chose an Integrative and Conservative Treatment for Low Back Pain

With tens of millions of acute and chronic lower back pain and sciatica sufferers seeking relief in the U.S., it is important to educate patients on best treatment options to manage their condition.

First, let's discuss what the difference between acute and chronic conditions are. An acute lower back condition can be described as an initial traumatic, or in many cases, a non-traumatic incident occurs (i.e. tying one's shoes, sneezing or opening a window).

Acute would be described as having zero or no pain to having significant pain in a very short period of time, upwards of an 8 out of 10 or higher on a pain scale. Acute pain may or may not be due to a more serious underlying orthopedic or neurological issue, especially if trauma had occurred or significant neurological symptoms are present, such as when incontinence is present.

It is important to always see a qualified healthcare professional to properly assess your condition.

Acute pain, if musculoskeletal in nature, can be treated very efficiently by combining care of a physical therapist, chiropractor, massage therapist and acupuncturist. Initially, using ice on the lower back can help reduce inflammation. Adding various modalities, such as interferential and cold laser treatments, can significantly reduce

pain and swelling within the first 48 hours of the flareup. Occasionally, using a lumbar support brace can help stabilize the region by reducing pain with excessive movement and helps tighten the core muscles around the spinal column.

Once the acute pain has been reduced, patients will greatly benefit from continued soft tissue/myofascial release to the muscles around the spine and into the buttocks as these muscles tend to tense up during acute flareups of lower back pain. Core strengthening and stabilization work would benefit patients for the long-term and prevent a future acute episode. Most acute lower back pain should be resolved or significantly reduced almost completely within one to two weeks, if not sooner with conservative integrative treatment.

If your pain is lingering for two or three weeks, you may be in a more sub-acute or chronic stage. Chronic pain can be described as more persistent but moderate pain at a 5 out of 10 or lower on the pain scale. Chronic pain may be due to an underlying orthopedic or neurological condition in the spine such as arthritis, a disc herniation/bulge, stenosis or a muscle-related condition such as piriformis syndrome.

For pain that is not improving, it is often recommended to get an MRI of the lumbar

spine to determine if any of these conditions exist or any other condition is present in the lower spinal region. Even if diagnosed with a disc herniation or bulge, conservative treatment is still the best approach, especially if the pain is manageable and continues to improve through conservative care.

Spinal decompression and flexion distraction are two techniques that can be very effective for conditions where a spinal disc has been compromised. These advanced treatment tables and techniques, often found in physical therapy and chiropractic offices, apply a gentle, even decompressive flexion or neutral force on the lower back with the goal to reduce the size of the herniated disc bulge or protrusion through a negative pressure applied to the affected disc levels.

The ultimate goal of this treatment is to take pressure off the spinal nerve roots that are causing one's pain. It is very important to integrate physical therapy and corrective spinal exercises when undergoing spinal decompression as the muscles around the spine will become slightly weakened and lengthened during this non-invasive procedure.



By Dr. Alan Siegel

These exercises will help stabilize the core muscles around the spine and will help prevent further injury to the area. Exercises will also help strengthen and stretch out other muscle groups below the spine such as the hamstrings, psoas and gluteal muscles, which all need to be functioning well for a healthy spine.

Conservative and non-invasive to minimally invasive treatment is the best

approach to resolving more than 90 percent of acute and chronic lower back conditions. Finding an integrative practice that provides multiple conservative treatments is highly recommended. Always make sure to be evaluated by a qualified health professional. Sometimes back pain symptoms can be a sign of a more serious health problem that will not respond to conservative care.

Dr. Alan Siegel is a chiropractor and one of the partners of ProClinix Sports Physical Therapy & Chiropractic. ProClinix is a multi-faceted healthcare and fitness facility with locations in Armonk, Pleasantville and Ardsley. For more information, Dr. Siegel can be reached at 914-202-0700 or at dr.siegel@proclinix.com. You can also visit www.proclinix.com.



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thorne, NY 10532. **Purpose:** Any lawful purpose.

NOTICE OF FORMATION OF OLA ASSOCIATES, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on February 13, 2019. Location: Westchester County. SSNY designated as agent for service of process on LLC. SSNY shall mail a copy of process to: **OLA Associates, LLC, 50 Broadway, Hawthorne, NY 10532. Purpose:** Any lawful purpose.

NOTICE OF FORMATION OF DORENBAUM & BECK, LLC. Articles of Organization were filed with the SSNY on 2/28/19. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to **20 Manville Ln., Apt 4, Pleasantville, NY 10570. Purpose:** Healthcare Communications Consulting.

NOTICE OF FORMATION OF RHAK LLC. Articles of Organization were filed with the SSNY on 3/13/2019. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: **18 Belmont St., White Plains, NY 10605. Purpose:** Any lawful purpose.

NOTICE OF FORMATION OF RMSF LLC. Articles of Organization were filed with the SSNY on 3/18/2019. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: **37 Saw Mill River Rd., Suite 200, Hawthorne, NY 10532. Purpose:** Any lawful purpose or activity.

NOTICE OF FORMATION OF BEATS BY DANNY LLC. Art. of Org. filed with the SSNY on 03/01/2019. Office: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, **7014 13th Avenue, Suite 202, Brooklyn, NY 11228. Purpose:** Any lawful purpose.

NOTICE OF FORMATION OF EMPIRE AV LLC. Art. Of Org. filed with Sec. of State on 12/10/2018. Off. Loc. In Westchester Co. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail a copy of process to **3 FOREST CT, MONTROSE, NY 10548. PURPOSE:** Any lawful business.

NOTICE OF FORMATION OF FAERIE CUTE LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on 02/19/2019. Office location: Westchester County. SSNY is designated for service of process. SSNY shall mail copy of any process served against the LLC: **233 N Macquesten Pkwy, Mount Vernon, NY 10550. The business of the LLC is 233 N Macquesten Pkwy, Mount Vernon, NY 10550. Purpose:** Any Lawful Purpose.

PUBLIC HEARING 2019-20 TENTATIVE VILLAGE BUDGET PLEASE TAKE NOTICE that the Board of Trustees of the Village of Pleasantville, New York will hold a public hearing on Monday, April 8, 2019 at 8:00pm, prevailing time, Village Hall, 80 Wheeler Avenue, 2nd Floor, Pleasantville, N.Y. for the purpose of hearing comments as it pertains to the 2019-2020 Tentative Village Budget. The proposed compensation for the Mayor is \$6,000 and each Trustee \$3,500. All persons interested in speaking on this subject will be heard. A copy of the Tentative Budget is available online at www.pleasantville-ny.gov or for inspection at the Office of the Village Clerk Monday through Friday between the hours of 8:00am to 4:00pm. **Noreen Regan, Deputy Village Clerk**

PUBLIC HEARING LOCAL LAW OVERRIDING THE PROPERTY TAX CAP PLEASE TAKE NOTICE that the Board of Trustees of the Village of Pleasantville, Westchester County, New York will hold a public hearing on Monday, April 8, 2019, 8:00pm, prevailing time, Village Hall, 80 Wheeler Avenue, Pleasantville, New York to hear comments as it pertains to a Local Law pursuant to subdivision 5 of General Municipal Law Section 3-c which expressly authorizes a local

government's governing body to override the property tax cap for the coming fiscal year by the adoption of a local law approved by a vote of sixty percent of said governing body. All persons interested in speaking on this subject will be heard. **Noreen Regan, Deputy Village Clerk**

NOTICE OF FORMATION OF OH-SO EQUAL, LLC. Skateboard Magazine filed with Secy of State of NY (SSNY) on 01/02/2019. Office location: Westchester. OH-SO EQUAL designated as agent of LLC upon whom process against it may be served and mailed by OH-SO EQUAL to: **11 High Meadows Rd., Mount Kisco, NY 10549. Purpose:** Any lawful acts.

NOTICE OF FORMATION OF REVIVA BEAUTY, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on 3/12/19. Office location: Westchester County. SSNY is designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of any process to: **6 Tanglewood Rd., Pleasantville, NY 10570. Purpose:** Any Lawful Purpose.

NOTICE 4/2019 Please be advised that the next meeting of the **Planning Board will be held at Town Hall, 265 Oscawana Lake Road on Monday April 8, 2019** for the purpose of considering the following applications: **Regular Meeting Start Time: 6:00pm AGENDA PUBLIC HEARING** The following public hearings have been scheduled for April 8, 2019 at 6:00PM (or as soon thereafter as agenda conditions permit) at the Putnam Valley Town Hall, 265 Oscawana Lake Road, Putnam Valley, New York, 10579. All interested parties are invited to attend and will be heard. A copy of the application materials and plans may be inspected during normal business hours at the office of the Planning Board Clerk, Town of Putnam Valley Town Hall. **1.Homeland Towers, LLC- 265-273 Oscawana Lake Road (TM# 72.16-1-23/File: 2018-0186)** The subject property consists of + 12.1 acres of land and is located on 265-273 Oscawana Lake Road and within the CN Zoning District. The applicant is proposing to lease an area of the parcel in order to construct a 160 foot monopole with antennas, together with related equipment within a fenced compound. **REVIEW 2. Pearlroth & Posner- 125 Bell Hollow Road (TM# 51.-1-3/File: 2019-0191)** The subject property consists of + 26 acres of land and is located on 125 Bell Hollow Road and within the R-3 Zoning District. The applicant is proposing to construct a new septic system. **EXTENSION 3. Fiorentino, Annette- Wiccopee Road (TM#41.-2-14/File2017-0169)** **APPROVAL OF MINUTES 4.Approve Minutes of March 25, 2019**

Town of Putnam Valley Pre-Meeting Agenda April 3, 2019 1. Pledge of Alle-

giance 2. **Accept** turf care bid from McK-inney Landscaping Corporation 3. **Continued** discussion on Airbnb 4. **Set** public hearing for marijuana moratorium.

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Armonk Wellness Boutique Specializing in Hemp-Derived Products

A revised version of this article is being published because of misleading information in the original version printed in last week's edition of The Examiner.

By Abigail Weinberg

There's a new health and wellness trend in town. Research suggests that it can help to reduce inflammation, relieve anxiety and improve sleep. It comes in many forms including: tinctures, balms and teas.

It's CBD, short for cannabidiol, a compound derived from hemp and it's on sale in a small shop in Armonk.

Jayni Chase, Chris Singleton and Jason Provost opened The Pharm Stand at 15 Maple Ave. in Armonk on Mar. 1 with the hope that the store would educate visitors about CBD's potential health benefits.

Unlike tetrahydrocannabinol, or THC, CBD is non-psychoactive: it doesn't produce a high. However, research suggests that it contains a range of medicinal properties, and users swear by the results.

Chase, the wife of actor Chevy Chase, began using CBD to treat her rheumatoid arthritis. Adam Sandler, the store's general manager, who is unrelated to the actor of the same name, found that CBD relieved the pain he felt after three shoulder operations. And Singleton, a marathon runner, uses CBD products to relieve sore muscles.

"I can't say that it's going to work for everybody," Chase said. "But the more I was



The three co-founders of The Pharm Stand with actor and customer Chevy Chase, second from left.

being helped by CBD, the more I wanted to tell people about it."

With abundant houseplants, light music and the smell of a eucalyptus mint candle, the vibe at The Pharm Stand is hip boutique. The store welcomes skeptics. Singleton said that in the first few weeks The Pharm Stand has been open, a dozen customers have stayed for more than an hour, learning about the products in what he calls the shop's "touch-and-feel educational environment." In addition, the owners plan to host monthly educational events with healthcare professionals who use CBD in their practices.

The store's products have benefitted customers with illnesses ranging from fibromyalgia to Tourette syndrome to persistent eczema, Singleton said. Crucially, all products – gel caps, muscle rubs,



ABIGAIL WEINBERG PHOTOS

There is a hip feel to the Pharm Stand, which sells hemp derived CBD products for health and wellness.

chocolates, honey, dog treats and more – are lab-tested.

"At least you know you're getting what you think you're getting," Singleton said. "If a manufacturer can't provide us with the lab, the product doesn't get sold."

Celebrities such as Kim Kardashian, Jennifer Aniston and Emma Roberts have already jumped on the CBD bandwagon, and Chevy Chase is no exception.

"Chevy is a big CBD fan," Jayni Chase said. "He likes the Hath patch because it's very low effort."

The Pharm Stand carries what the owners maintain is some of the best hemp-derived CBD products. Because of misconceptions about CBD, the partners at The Pharm Stand are eager to educate the public.

"CBD or cannabidiol is one of many phytocannabinoids that come from a plant called Cannabis Sativa, often incorrectly, generally categorized as marijuana," Singleton stated in an e-mail. "CBD is considered one of the non-psychoactive phytocannabinoids as compared to THC, THC being the primary psychoactive phytocannabinoid in the cannabis sativa plant. Cannabis sativa can be grown high in THC or lower in THC. When cannabis sativa is grown with significant THC content, we typically refer to it as marijuana, which is not a technical term. When cannabis sativa contains less than 0.03 percent THC it is considered to be hemp for regulatory purposes in most parts of the world."

All of the products sold at The Pharm Stand are sourced from hemp, meaning they contain less than 0.03 percent THC.

"We recognize this is a concept that can be confusing to most people and will continue to provide clarity and education around it," Singleton said.

The Pharm Stand is open Monday through Wednesday from 10 a.m. to 6 p.m., Thursday and Friday 10 a.m. to 8 p.m. and Saturday 10 a.m. to 4 p.m. For more information, call 914-219-4360, visit www.thepharmstandco.com or e-mail Info@thepharmstandco.com. It can also be found on Facebook and Instagram.

Legal Notice

SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF WESTCHESTER

CIT BANK, N.A., Plaintiff, vs.
BRUCE M. LOGAN, AS HEIR AND
DISTRIBUTTEE OF THE ESTATE OF
OGRETTA K. LOGAN; MELVIN B.
LOGAN, AS HEIR AND DISTRIBUTTEE
OF THE ESTATE OF OGRETTA
K. LOGAN; UNKNOWN HEIRS OF
THE ESTATE OF OGRETTA LO-
GAN; any and all persons unknown to
plaintiff, claiming, or who may claim to
have an interest in, or general or specific
lien upon the real property described in
this action; such unknown persons being
herein generally described and intended
to be included in the following
designation, namely: the wife, widow,
husband, widower, heirs at law, next of
kin, descendants, executors, administrators,
devisees, legatees, creditors, trustees,
committees, lienors, and assignees
of such deceased, any and all persons
deriving interest in or lien upon, or title
to said real property by, through or
under them, or either of them, and their
respective wives, widows, husbands,
widowers, heirs at law, next of kin, de-
scendants, executors, administrators,
devisees, legatees, creditors, trustees,
committees, lienors and assigns, all of
whom and whose names, except as stated,
are unknown to plaintiff; SECRETARY
OF HOUSING AND URBAN
DEVELOPMENT; THE PEOPLE OF

THE STATE OF NEW YORK; UNITED STATES OF AMERICA;

"JOHN DOE #1" through "JOHN DOE
#12," the last twelve names being fic-
titious and unknown to plaintiff, the
persons or parties intended being the
tenants, occupants, persons or corpo-
rations, if any, having or claiming an
interest in or lien upon the premises,
described in the complaint, Defendants.

INDEX NO. 59094/2017

Plaintiff designates Westchester as the
place of trial situs of the real property
SUPPLEMENTAL SUMMONS
Mortgaged Premises:
34 GARIBALDI PLACE
RYEBROOK, NY 10573

Section: 141.43
Block: 1
Lot: 36

To the above named Defendants **YOU
ARE HEREBY SUMMONED** to answer
the complaint in this action and to serve
a copy of your answer, or, if the com-
plaint is not served with this summons,
to serve a notice of appearance on the
Plaintiff's Attorney within 20 days after
the service of this summons, exclusive of
the day of service (or within 30 days after
the service is complete if this summons
is not personally delivered to you within
the State of New York) in the event the

United States of America is made a party
defendant, the time to answer for the
said United States of America shall not
expire until (60) days after service of the
Summons; and in case of your failure to
appear or answer, judgment will be tak-
en against you by default for the relief
demanded in the complaint.

NOTICE OF NATURE OF ACTION AND RELIEF SOUGHT

THE OBJECT of the above caption ac-
tion is to foreclose a Mortgage to secure
the sum of \$77,757.34 and interest, re-
corded on November 1, 1994, at Liber
20066 Page 227, of the Public Records
of WESTCHESTER County, New York,
covering premises known as 34 GARIB-
ALDI PLACE RYEBROOK, NY 10573.

The relief sought in the within action is
a final judgment directing the sale of the
premises described above to satisfy the
debt secured by the Mortgage described
above.

WESTCHESTER County is designat-
ed as the place of trial because the real
property affected by this action is locat-
ed in said county.

NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME

If you do not respond to this summons
and complaint by serving a copy of the

answer on the attorney for the mortgage
company who filed this foreclosure pro-
ceeding against you and filing the an-
swer with the court, a default judgment
may be entered and you can lose your
home.

Speak to an attorney or go to the court
where your case is pending for further
information on how to answer the sum-
mons and protect your property.

Sending a payment to the mortgage
company will not stop the foreclosure
action.

**YOU MUST RESPOND BY SERVING
A COPY OF THE ANSWER ON THE
ATTORNEY FOR THE PLAINTIFF
(MORTGAGE COMPANY) AND
FILING THE ANSWER WITH THE
COURT.**

**RAS BORISKIN, LLC
Attorney for Plaintiff**

**BY: SAHAR HAMLANI, ESQ.
900 Merchants Concourse, Suite 310
Westbury, NY 11590
516-280-7675**

Happenings

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Comedy Live Virtual Reality at the Gotham Comedy Club! She has been featured on Fox's "Laughs," Fox's "Punchline," "The Chris Gethard Show" and has made over a dozen appearances and was one of the head writers for "The Wendy Williams Show." Mayer, named by CBS New York as one of the top five comedians you should know about, can be seen (or heard) regularly on Sirius XM Radio, The Anthony Cumia Network and GAS Digital. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 7:30 p.m. \$20. Info and advance tickets: Visit www.lucyslaughs.com. Type in the promo code Examiner at the prompt when buying tickets online.

Westchester Photographic Society Photo Competition. All photographers are welcome whether beginner or professional. Mutual support for the enhancement of the craft is our specialty. Compete in digital competitions: color and "open mind." Critiqued by a professional judge. Must be 18 or older. Westchester Community College's Technology Building, Room 107, (near Parking Lot 11), 75 Grasslands Rd., Valhalla. 8 p.m. Free. Info: 914-827-5353 or visit www.wpsphoto.org.

"Proof." Hudson Stage's spring mainstage production as part of its 20th anniversary season, it's the intriguing story of an enigmatic young woman, Catherine, her manipulative sister, their brilliant father and an unexpected suitor. Now, upon his death, Catherine seeks to find authorship of a landmark mathematical proof discovered among his papers. But the question remains: how much of her father's genius has she inherited and how much of his madness? Written by David Auburn and originally produced on Broadway in 2000, the play received national attention, earning the Pulitzer Prize, the Tony Award for Best Play and the Drama Desk Award. Directed by Dan Foster. Whippoorwill Hall, 19 Whippoorwill Rd. East, Armonk. 8 p.m. \$40. Seniors and students: \$35. Students: \$15. (30 minutes before the performance.) Also Apr. 6, 12 and 13 at 8 p.m. and Apr. 7 and 13 at 3 p.m. Info and tickets: 800-838-3006 or visit www.hudsonstage.com.

Saturday, Apr. 6

Pleasantville Farmers Market. Spring has sprung and Opening Day is here for the Pleasantville Farmers Market's outdoor season. The market is centrally located in Pleasantville's beautiful, historic walking village. Experience the largest, year-round farmers market in Westchester, voted "Best of Westchester" from 2014 to 2018. With more than 50 vendors and seven nearby parking lots. Memorial Plaza, Pleasantville. 8:30 a.m. to 1 p.m. Rain or shine. Please note the market is a dog-free environment. Continues Saturdays through Nov. 16. Info: Visit www.pleasantvillefarmersmarket.org.

Chappaqua Farmers Market. Locally-raised and produced food to the community creating a connection between shoppers and small-scale food producers in the region. First Congregational Church of Chappaqua, 210 Orchard Ridge Rd., Chappaqua. 9 a.m. to 1 p.m. Also Apr. 6. Info: Visit www.chappaquafarmersmarket.org.

The Figure in Watercolor. Master watercolorist Charles Reid leads this two-day workshop as Reid will demonstrate each morning and students will have the chance to work from the model in the afternoon. Reid is proficient at contour drawing and teaches how to concentrate on interconnecting shapes rather than drawing separate objects. He is a master of the medium of watercolor and his paintings are fresh and spontaneous, displaying his profound understanding of light and color. His figures are beautifully rendered, in a simple, gestural manner. Katonah Art Center, 40 Radio Circle, Mount Kisco. 9:30 a.m. to 4 p.m. \$495. Workshop continues on Apr. 7. Info and registration: 914-232-4843, visit www.katonahartcenter.come of e-mail katonahartcentermedia@gmail.com.

Halle Corners Dedication. The Pound Ridge Historical Society is proud to announce that the triangle of land where Salem Road, Westchester Avenue and Stone Hill Road meet in front of the Pound Ridge Library will be named "Halle Corners" in honor of the inventor, philanthropist and humanitarian Hiram Halle, who came to live in Pound Ridge in 1929. Halle renovated 33 vintage houses, helped create the town's fire department and elementary school and also funded the rescue of Jewish scholars from the Holocaust. Rain or shine. Intersection of Salem Road, Westchester Avenue and Stone Hill Road, Pound Ridge. 10 a.m. Info: Contact Lawrence Brotman at SLB5@aol.com.

The Expédition Particulière: The Special Expedition of the French Army in Westchester, 1781-1783. A historical presentation by Dr. Erik Weiselberg, principal historian for The Revolutionary Westchester 250 Initiative. In July 1781, the "Expédition Particulière," the code name for the special expedition of French ground forces in support of the Americans during the Revolutionary War, arrived in Westchester County, where the combined armies prepared to oust the British from New York City once and for all. At the Philipsburgh Encampment, which stretched across the width of Westchester, soldiers and residents experienced a new world of cross-cultural interactions. The combined armies repelled British ships and Generals Washington and Rochambeau, guided by Westchester scouts, undertook a "Grand Reconnaissance" of the British fortifications around New York City. The French were welcome guests, remarkable for their generosity and bonhomie,

and their experiences in Westchester contributed to American independence. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 10 a.m. to noon. Free. Info: 914-666-8041 or www.mountkisco.org.

Demystifying Medicare and Healthcare Coverage for Seniors. This engaging, interactive program of the library system's Westchester Seniors Out Speaking is perfect for anyone trying to navigate the complicated healthcare system for older adults. It will help those who already have Medicare, as well as people soon to be 65, planning their retirement or assisting relatives and friends with their medical decisions. The workshop outlines the various parts of Medicare and lays out the costs associated with health insurance provided by the government and private companies. Topics include original Medicare, Advantage Plans, prescription drug plans (Part D), Medigaps (supplemental plans) and various cost-saving programs (MSPs, Extra Help, EPIC, etc.). Katonah Village Library, 26 Bedford Rd., Katonah. 10 a.m. to 1 p.m. Free. Walk-ins welcome; pre-registration preferred. Pre-registration: 914-231-3236. Info: Visit www.westchesterlibraries.org/westchester-seniors-speaking-out.

Lyndhurst Flower & Antiques Show. Each spring, thousands of visitors take advantage of this rare opportunity to experience Lyndhurst mansion awash with flowers and to walk through the home without a guided tour. Just down the hill, visitors can shop for beautiful antiques from top dealers, including decorative art, fine garden antiques jewelry and mid-century objects presented by Barn Star. Lyndhurst, 635 S. Broadway, Tarrytown. 10 a.m. to 5 p.m. Flower show: Adults--\$25. Seniors--\$20. Youths (6-16)--\$15. Antiques show: \$10. To save \$5 on the flower show, also purchase an antiques show ticket. Info and tickets: Visit www.lyndhurst.org.

Practice Tai Chi With Larry Atille. Learn specific feldenkrais and chi kung breathing techniques for deep relaxation and apply them to tai chi movement. This is a hands-on class that will be geared to the level of experience of the class and challenge all participants. Wear comfortable clothes and bring a floor mat or towel. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 10:30 a.m. Free. Every Saturday. Info: 914-273-3887.

Open Art Studio. All supplies are provided to create your own artwork. For children four years old and up; with parent or caregiver. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11 a.m. to 1 p.m. Free. First Saturday of every month. Info: 914-666-8041 or www.mountkisco.org.

Adult Salsa Class. Addie-Tude Performing Arts Center, 42 Memorial

Plaza (lower level), Pleasantville. 11:30 a.m. to 12:30 p.m. Free. \$12. Every Saturday. Info: 917-215-1720 or visit www.addie-tude.com. Call or visit website because classes are subject to change.

Origami. Join Westchester Origami Workers, a regional group of Origami, USA to share models and techniques. Open to all adults. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 to 3 p.m. Free. First Saturday of every month. Info: 914-666-8041 or www.mountkisco.org.

Careers in the Arts Panel Discussion. Come hear from a fashion designer, product designer and graphic designer about their professional experience with art and design careers. Pelham Art Center, 155 Fifth Ave., Pelham. 2 to 4 p.m. Free. Info: 914-738-2525 or visit www.pelhamartcenter.org.

"Dead Men Don't Wear Plaid." A neo-noir comic mystery starring Steve Martin as trench coat-sporting private investigator Rigby Reardon, who's hired by Juliet Forrest (Rachel Ward) to locate her scientist father. Director Carl Reiner brilliantly includes iconic clips from about two dozen movies, which allows the film's modern actors to interact with scenes and characters from actual period thrillers. Followed by a Q&A with Reiner via Skype. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 3:30 p.m. Members: \$15. Non-members: \$20. Info and tickets: Visit www.burnsfilmcenter.org.

Can I Tell You Something? A night of standup comedy featuring Alyssa Sequoia, as she shares her experiences exploring alternative treatments on a quest to heal herself from Crohn's Disease. Also comic Debbie Bazza and impressionist Matthew Broderick will be appearing. Hudson Valley Writers Center, 300 Riverside Drive, Sleepy Hollow. 7 p.m. \$5. Info and tickets: Visit www.alysa360.com.

I Am King: The Michael Jackson Experience. Celebrate what would have been Michael Jackson's 60th birthday by experiencing the achievements of this great entertainer. This re-creation of his stage show is as close as you will get to seeing the King of Pop live in concert. Michael Firestone, as Jackson, does the moonwalk, brought out the glittering glove, did the signature spins, the shakes and fooled your mind for a while that Michael was still alive. Westchester Community College's Academic Arts Theatre, 75 Grasslands Rd., Valhalla. 8 p.m. \$24. Students: \$22. Children (under 13): \$18. Info and tickets: 914-606-6262 or visit www.sunywcc.edu/smartarts. Tickets may also be purchased at the box office 30 minutes before the performance.

Ars Antiqua Presents: Eszterháza to London. A rare opportunity to hear the music of Haydn and Beethoven in an entirely adventurous and new context....and with an

continued on next page

In the Footsteps of History, Through an Ancestral Wine Region



By Nick Antonaccio

Last week, I focused on Campania, one of the many Italian wine regions with a storied history, born of ancient times, and yet mired in the vagaries and tribulations of

economic eras.

The denizens of this region have a long history of unabashed glory and abject poverty. First came the glory days of the area's dominance in the 15th century to its decline in the 19th century. This decline devastated the economy of the Campanian outlying farmlands, contributing to the mass exodus of millions to the fabled "streets paved with gold in America" in the late 19th and early 20th century, as they fled economic and political tumult.

I am certain this history is shared by many readers with a European lineage (and many other countries) who emigrated to the United States, leaving behind a legacy of poverty, political

suppression and cultural enmity.

Fast forward to the 21st century. Many of my Italian-born relatives are deceased, leaving me with a dwindling memory of their personal history, most notably in the "old country."

I grew up with this saga of my ancestors, from 15th century prominence as architects in the courts of barons in the north of Italy to 20th century poverty and political turbulence in a village in the Apennine Mountains, east of Naples.

I am certain many readers share this loss of cultural heritage. Has your research through Ancestry.com and/or 23andMe.com still left you bereft of a personal attachment to the land and family life of your ancestors?

A few months ago, an opportunity arose that promised to reconnect me to the land and history of my family's heritage. And, true to the theme of this column, it has a wine connection.

First, the backdrop.

Wines from Campania, and in particular, from the subregion of Irpinia, have been in and out of favor for centuries. The grapes in this region were first planted and enjoyed by the ancient Greeks and Romans. From the height of

their popularity in ancient times, these grapes eventually fell from favor and into oblivion outside of the region. I'm pleased to report that a few thousand years later these wines are on the map again.

My paternal grandfather, before he immigrated to the United States, worked for a time as a horticulturist in his hometown, Buonalbergo, in the province of Benevento, 40 miles east of Naples. Family lore informed me for years that he was responsible for grafting Aglianico vines in vineyards throughout the surrounding hills.

I have sampled several superb red wines produced from the Aglianico grape produced in this precise area. Perhaps this is why I fell in love with these wines at first sip – they're in my family tree (grapevine).

Tying it all together in real time: Recently, I was offered the opportunity to walk in my grandfather's footsteps in similar vineyards in the area in which he toiled.

A centuries-old winery has been laboring under the impact of the youngest generation's decision to abandon the difficult tradition of sustaining a livelihood in the agricultural lands of Irpinia. Siblings have left to pursue careers in law and architecture, leaving

only one behind to carry on the burden of the family heritage. Enter a group of enterprising American investors. With the necessary capital resources, this group is investing in modernizing the winery and initiating a marketing program to export the wines to the United States.

Being offered the opportunity to be a (small) part of this venture, I eagerly jumped in.

My family history has now come full circle. From ancestors in the ancient cultural circles of the north to those toiling in the agrarian hills of the poverty-stricken south, a first generation Italian-American is now a financial investor in this tradition-rich region.

And yes, I plan to walk the vineyards and get dirt under my fingernails, perpetuating my heritage. Stay tuned for my report this summer on the celebration of the opening of the modernized winery.

Nick Antonaccio is a 40-year Pleasantville resident. For over 25 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.



You Heard It
Through the
Grapevine

Happenings

continued from previous page

original 1806 Broadwood fortepiano played by Silvia Berry, one of the foremost experts of the instrument. The program is inspired by Haydn's colorful dairies which recount the challenges of traveling from Eszterháza to London and the sensation that ensued upon his arrival in England in 1791. On this journey, he had met with Beethoven in Bonn and once Haydn arrived in London he was warmly welcomed as a celebrity. In an era when music for private salon concerts was very stylish, Haydn's piano trios had tremendous appeal. Although the venues might have been small, the piano writing in the trios is wide-ranging and full of virtuosity, surprises and humor. Also featuring soprano Ilana Davidson, Krista Bennion Feeney, violin, and Mark Kramer, cello. Followed by a buffet reception of English cheeses and sparkling wine. Church of St. Mary the Virgin, 191 S. Greeley Ave., Chappaqua. 8 p.m. \$35. Info: 914-238-8015 or visit www.ars-antiqua.org.

Sunday, Apr. 7

First Signs of Spring. Hibernation is over and spring is here! Explore the trails with a naturalist and identify the different signs of spring. Let's see who is awake after a long winter's nap and how they welcome spring. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 1

to 2 p.m. Members: \$5. Non-members: \$8. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

Movement Workshop. An on-land introduction to paddling techniques through movements, stretches and discussions geared toward kayakers, paddle boarders and anyone who is interested in simple body mechanics. Cranberry Lake Preserve, Old Orchard Street, North White Plains. 1 to 3 p.m. Free. Info: 914-428-1005.

Japanese Cherry Blossom Festival. The cherry trees are starting to bloom again and celebrate the eighth annual festival. Cherry blossoms are a symbolic flower of spring, celebrated in Japan as a herald of hope and a bright future, a time of renewal. And with renewal comes great energy. Includes a Japanese Taiko drum performance followed by flower arrangement and origami workshops. Open to all ages. Pelham Art Center, 155 Fifth Ave., Pelham. 1:30 to 3:30 p.m. Free. Info: 914-738-2525 or visit www.pelhamartcenter.org.

Westchester Philharmonic: All-Beethoven Season Finale. Composed at the very height of his creative powers, Beethoven's Concerto for Violin is often regarded as the king of them all. With Pamela Frank on violin, Jaime Laredo conducting and the virtuosic Westchester Philharmonic, Beethoven's powerful and

lyrical masterpiece couldn't be in better hands. Purchase College Performing Arts Center, 735 Anderson Hill Rd., Purchase. Pre-concert discussion with the artists for ticketholders at 2 p.m. Concert at 3 p.m. \$40 to \$97. Info and tickets: 914-251-6200 or www.artcenter.org.

The Story of the Kress Family. Steve Worthy will discuss the story of the Kress Family of Rock Hill in Ossining. The family created more than 260 five-and-dime stores across the country starting in 1896. With their fortune, they became major collectors of art and their collection, along with John Paul Getty's, were the nucleus of the art donated to create the National Gallery of Art in Washington D.C. Briarcliff Manor Public Library, 1 Library Rd., Briarcliff Manor. 2 p.m. Free. Info: Contact the Briarcliff Manor-Scarborough Historical Society at 914-941-4393 or e-mail to mail@briarcliffhistory.org.

Author Visit. Local Poet Lorraine McLeod will be reading from her latest collection of poetry titled "Lanterns" in celebration of National Poetry Month. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 2 to 3 p.m. Free. Info: 914-769-0548 or www.mountpleasantlibrary.org.



















The North Castle Historical Society's 47th Annual Meeting. Following reports and the election of trustees and

officers, Donald "Doc" Bayne will give a presentation titled "The Chain That Saved the Colonies." Bayne, a noted historian and educator known throughout the Hudson Valley, discovered the forge in Sterling Forest that made the Great Chain. He has worked as a park ranger for Sterling Forest State Park and as the environmental educator and historian for the park. He has planned and conducted history and nature hikes in Sterling Forest and Bear Mountain state parks and has lectured extensively about New York's iron history. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 2 to 3:30 p.m. Free. Info: Visit www.northcastlehistoricalsociety.org.

Tiempo Libre. One of the hottest Latin bands on the scene today. Classically trained at Cuba's premier conservatories, the members of three-time Grammy-nominated Tiempo Libre are true modern heirs to the rich musical tradition of their native Cuba. The Miami-based group is celebrated for its performances of timba music, an irresistible, dance-inducing mix of Latin jazz and Cuban son. They are equally at home in concert halls, jazz clubs, festival stages and dance venues, playing sophisticated tropical music. Purchase College's PepsiCo Theatre, 735 Anderson Hill Rd., Purchase. 3 p.m. \$25 to \$45. Info and tickets: 914-251-6200 or visit www.artscenter.org.



To make an appointment with a physician call: 914-849-7900

 <div>Robert Antonelle, MD Gastroenterology</div>	 <div>Christine Ashour, DO Family Medicine</div>	 <div>Shalini Bobra, MD Cardiology</div>
 <div>Jared Brandoff, MD Orthopedic Spine Surgery</div>	 <div>Kira Geraci-Ciardullo, MD Allergy & Immunology: Adult / Pediatric</div>	 <div>Renee Elkin, MD Neurology, Multiple Sclerosis</div>
 <div>Paul Fragner, MD Orthopedic Surgery; Hand Wrist & Elbow</div>	 <div>Alessandrina Freitas, MD Plastic & Reconstructive Surgery</div>	 <div>Amy Hua, DO Neurology</div>
 <div>Jeffrey Jacobson, MD Plastic Surgery; Hand Surgery</div>	 <div>Zsolt Kulcsar, DO Rheumatology</div>	 <div>Ellen Lestz, MD Pediatrics</div>
 <div>Kay Lovig, MD Endocrinology, Diabetes & Metabolism</div>	 <div>Samantha Lowe, MD Pediatrics</div>	 <div>Tejas Patel, MD Internal Medicine, Nephrology & Hypertension</div>
 <div>Joshua Raff, MD Hematology & Oncology</div>	 <div>Syed Rahman, MD Pain Management</div>	 <div>Simi Suri, DO Obstetrics & Gynecology</div>
 <div>Ute Traugott MD Neurology, Multiple Sclerosis</div>	 <div>Louis Vizioli, MD Pulmonology, Critical Care & Internal Medicine</div>	 <div>Michael Weintraub, MD Neurology</div>
 <div>Michael Zuckman, MD Internal Medicine</div>		

OUR DOCTORS. YOUR NEIGHBORHOOD.

White Plains Hospital Medical & Wellness provides comprehensive care for the entire family, conveniently located in the heart of Armonk.

Expert physicians in Primary Care, Pediatrics, OB/ GYN, and multiple specialties including Allergy & Immunology, Cardiology, Endocrinology, Neurology, Orthopedics and Rheumatology offer personalized service for patients and family members. Same-day appointments are often available.

The facility also houses a Diagnostic Imaging Center and Urgent Care center, operated by White Plains Hospital Emergency Department physicians, with extended hours and short wait times.

To make an appointment call 914-849-7900. Visit wphospital.org/armonk for more information.

White Plains Hospital Medical & Wellness
99 Business Park Drive
Armonk, NY 10504

URGENT CARE
914-849-7999
Weekdays: 3pm - 11pm
Weekends: 9am - 9pm