



FREE

Serving Mount Kisco, Pleasantville, Chappaqua/Millwood/New Castle, Mount Pleasant, Armonk/North Castle & Briarcliff

March 19 - March 25, 2019

SMALL NEWS IS BIG NEWS

Volume 13, Issue 602

Mount Kisco's Picinich to Run for Re-election as a Democrat

*Mayor Joined on Ticket
by Grunthal, Squirrel*

By Martin Wilbur

Mount Kisco Mayor Gina Picinich will run for re-election in November and will appear on at least one different political line.

Picinich, who pulled off an upset of former longtime mayor Michael Cindrich in 2017, has received the backing of the Democratic Party. She will be on the ballot with incumbent Peter Grunthal and first-time candidate and former village prosecutor David Squirrel.

Two years ago, Picinich managed to win the mayor's seat by running solely on the independent 4MK line with Trustee Isi Albanese. She defeated Cindrich who appeared on five lines, receiving endorsements from both Democrats and Republicans.

Albanese said he will decide over the



Mount Kisco Mayor Gina Picinich will join longtime Trustee Peter Grunthal, center, and first-time candidate David Squirrel on the Democratic line this year.



next month whether to seek a second two-year term. However, because he would once again be an independent candidate, the petition period doesn't begin until Apr. 16, 12 days after the deadline for all major party hopefuls. The deadline for

filing independent petitions is May 28.

On Monday, Picinich confirmed that she would be on the ballot as a Democrat although she did not completely rule out another appearance on 4MK.

"I'm a Democrat, I've always been a



Democrat and I will definitely take the place on the Democratic ticket," she said.

The first 15 months of Picinich's term has been punctuated with gains large and small. In January, the Village Board

continued on page 6

Mt. Pleasant Investigating Elevated Chemical Readings in Water

By Sean Browne

A rise in the haloacetic acid levels in two of Mount Pleasant's five water systems has prompted town officials to hire a consultant to recommend treatment measures.

A pair of Feb. 27 memos released by the town stated that the haloacetic acid levels at the Kensico and Pocantico water districts averaged above the state and federal limits of 60 parts per billion (ppb) during the past year.

At Kensico, quarterly samples taken last year on Feb. 13, May 8, Aug. 8 and Nov. 8 revealed concentrations of 54.2, 70.0, 80.2 and 67.8 ppb, respectively, for an average of 68.1 ppb for 2018.

Results from the quarterly samples taken at two different locations within the

Pocantico distribution system, the water storage tank and at 200 Lake Rd., showed even more significant increases above the standards. At the water storage tank, samples taken last Feb. 16, May 10, Aug. 10 and Nov. 14 registered 35.9, 55.1, 112.1 and 130.0 ppb, respectively, for an 83.3 ppb average for last year.

At Lake Road, the total haloacetic acid concentration on those same dates were 32.8, 43.8, 66.1 and 128.5 ppb, respectively, a 67.8 ppb average for the year.

Haloacetic acids are a group of chemicals that form when chlorine or other disinfectants used to control microbial contaminants in drinking water react with naturally occurring organic and inorganic matter in the water, according to the county Health Department.

continued on page 6

Chappaqua Shows Solidarity With Local Muslims After Mass Shooting

By Abigail Weinberg

The afternoon following two mass shootings at mosques that killed 50 people in New Zealand, about 100 community members joined Muslims in solidarity during their Friday prayers at the First Congregational Church in Chappaqua.

"We were, to be honest with you, surprised by the outpouring of support that came today, in person, by all the other faiths," said Hussein Elzoghby of the Upper Westchester Muslim Society (UWMS).

Elzoghby said Friday's prayer service in Christchurch, New Zealand, where dozens were also wounded, was similar to those that are held every Friday by the UWMS locally.

"It's tragic that someone would take advantage of the gathering for Friday services, like an equivalent gathering for Christians for Sunday services, to commit such horror," he said.

The UWMS has been sharing space at the First Congregational Church of Chappaqua since November, 2017, and will continue to do so until their new mosque on Pinesbridge Road is ready, said Rev. Dr. Martha Jacobs, pastor at the Orchard Ridge Road church. They also have an office and a space that is designated as their mosque for their daily prayers and weekday evening school classes.

About 100 community members attended Friday's service, including several local elected officials or their

continued on page 4

HIT FACTORY
INTERVAL TRAINING

**NOW
OPEN**



SAW MILL CLUB • EAST

914-242-9760

www.SawMillClub.com

9th Annual **Somers MAGIC SHOW**

Friday, March 22 • Somers High School

Doors Open at 6 PM • Show Begins at 7:30 PM

Online ticketing available at www.seatyourself.biz/somerssepta

Featuring: The Extreme Magic of Eric Wilzig

Tickets: \$15 online or \$20 at the door • Kids under 2 FREE

For questions, please email: somerssepta@gmail.com

• Pizza, Drinks, Ice cream, & Souvenirs for Sale
• 50/50 Raffle

Ticket includes 50 Minute Magic/Illusion Show, Face Painting, *Game Room, *Ga-Ga Court

All proceeds to benefit Somers Special Education PTA

*Provided by: **SUMMER TRAILS**
DAY CAMP & BASEBALL CAMP



Where Great Golf Meets Great People



For 2019
Membership
Information Call
Sharon McQuillan,
PGA Professional:
914-769-2809

- Nine Hole, Double-Tee Private Course
- Courteous Professional Staff
- Readily Available Tee Times
- Active Women's Golf Program
- Expanded Greens & Practice Facilities
- Amazing place for kids to learn the game and grow!

Visit us at
www.pleasantvillecountryclub.com
110 Nannahagan Road, Pleasantville, NY 10570



Following a Mastectomy

What you should know about DIEP Flap Reconstructive Breast Surgery...

Ask the Doctor

Douglas A. Roth, MD FACS
Chief, Plastic Surgery
Northern Westchester Hospital

Learn more about
NWH, visit
nwhbreastcarecenter.org



Northern Westchester Hospital
Northwell Health®

400 East Main Street | Mount Kisco, NY 10549
(914) 666-1200 | nwhc.net

Q: After a mastectomy, what are my options for breast reconstruction?

A: There are several options divided into two main categories: breast implant (prosthetic) reconstruction or natural tissue (autogenous) reconstruction. If you'd like to use your own tissue, the most advanced technique is the DIEP (Deep Inferior Epigastric Artery Perforator) flap.

Q: What is DIEP flap breast reconstruction and why is it a good option?

A: In the DIEP flap procedure, extra skin and fat from the lower abdomen (where there is usually excess tissue) is very precisely shaped and transplanted to the chest wall to create one or two new breasts.

Many women choose the DIEP flap procedure because they want soft and natural breasts following reconstruction. These women get the added benefit of a flat belly, or tummy tuck, as part of the procedure. Many women choose to have immediate rather than delayed DIEP flap breast reconstruction, which gives them an emotional boost when they need it most. After the mastectomy is performed by the breast cancer surgeon, the plastic surgeon remains in the operating room to perform the reconstruction.

Instead of experiencing a loss, a woman wakes up feeling whole with completely natural-looking breasts created from her own tissue.

Q: Am I a candidate for the DIEP flap procedure?

A: Most women are candidates for this procedure, but many variables affect the choice of reconstructive approach. For example, if a woman has extra fat and skin on her lower abdomen, she may be a good DIEP flap candidate. If the abdominal area is not available because a woman is very thin, there are other autogenous natural tissue flaps that can be used from different areas of the body for breast reconstruction. All options will be discussed at your initial consultation with a plastic surgeon.

Q: What can I expect after surgery?

A: During a three-to-four-day hospital stay, mild to moderate abdominal pain and typically minimal breast area pain will be very well controlled. You'll have a low horizontal bikini incision scar similar to a tummy tuck scar. The breast scars are also designed to be less noticeable and often mimic the scars one might get after a breast lift. Depending on the particular case, the nipples can often be saved.

Con Edison, New Castle Officials Talk Alternatives to Natural Gas

By Martin Wilbur

Con Edison representatives visited New Castle last week to answer local officials' questions about the recently commenced natural gas moratorium in most of Westchester and to discuss available energy-efficient alternatives.

Christine Cummings, general manager, project management and customer programs for Con Edison, said the utility is aware how the change represents a drastic departure for the county with far-reaching implications.

The moratorium went into effect last Friday. Many officials and residents throughout the county believed they were blindsided in January when Con Edison made the sudden announcement that Mar. 15 would be the cut-off date to apply for new connections.

"I understand how people feel about it, I understand how people are confused and that they're concerned," Cummings told the Town Board at its Mar. 12 meeting. "This is not something we undertook lightly. I am in the business and the company is in the business of serving gas customers and gas distribution is a big part of our business. So we certainly didn't undertake this for any reason other than we had to."

She said the moratorium was made necessary because of the challenges of bringing more gas into New York State. Concerns over building new pipelines and

a spike in demand from the widespread push to convert from oil to the cleaner and relatively inexpensive natural gas, combined to force the utility to make the decision, Cummings said.

The last pipeline approved in the state was in 2013, and that services lower Manhattan.

"There is plenty of supply," Cummings said. "It is a matter of getting that supply so there's plenty of natural gas. The United States is going to be an exporter of natural gas in a fairly quick timeframe. There is plenty of gas. You cannot get the gas into New York State."

Most of Westchester is serviced by the Tennessee pipeline, which snakes its way through the center of the county. Communities largely unaffected by the moratorium are Peekskill, Cortlandt, Yorktown, Somers, Lewisboro and North Salem, which are serviced by the Algonquin pipeline.

Municipal officials across Westchester, including New Castle, have expressed concern that the moratorium, will jeopardize economic redevelopment. Last week, New Castle Town Board members expressed that same fear, especially after investing millions of dollars into the downtown Chappaqua infrastructure and streetscape project. The 91 yet-to-be-built townhouses at Chappaqua Crossing could also be affected.



MARTIN WILBUR PHOTO

Con Edison's Christine Cummings explains to the New Castle Town Board the ramifications of the recently enacted gas moratorium in Westchester.

Questions arose over whether major projects in the midst of construction will be allowed to finish. Con Edison is giving anyone who submitted an application by last Friday two years to finish building and to hook up.

Councilman Jeremy Saland said too many municipalities rely on economic development to keep taxes in check and provide the services that their constituents need.

"I can't imagine, and I hope the county has the courage and maybe it'll come from the state, to say you can't just do this, to what we rely on to keep our schools moving, to keep our communities moving forward, too," Saland said. "It's not okay. It's not acceptable."

"I understand," Cummings responded. "What I can't do is I can't buy more gas."

Christopher Raul, Con Edison's director of Utility of the Future Team, reviewed the Smart Solutions alternatives that customers should explore. Currently, key alternatives are energy-efficiency steps such as high-efficiency boilers and non-pipeline possibilities, including geothermal, air-source heat pumps or becoming fully electrified. There is funding for 10,000 heat pumps in Con Edison's non-pipeline solutions portfolio, he said.

For customers considering installation of geothermal, there is a \$6,000 to \$8,000 offer from NYSEDA and \$5,000 from Con Edison in addition to a 30 percent tax credit, Raul said.

"At the end of the day it's not going to change the need for the moratorium," he said.

Con Edison is also searching for several locations to house liquified and compressed natural gas in industrial areas near the pipelines to supplement supply.

The board asked for Con Edison to consider hardship cases and to allow for a project that had gas approved to be completed even if constructions lasts more than 24 months.

"My concern is that this is going to completely backfire and everyone is going to go to oil," said Councilwoman Lisa Katz.

Give your money a raise



Make your money work harder by earning higher interest rates. **Talk to a banker for more details. Offer expires March 22, 2019.**

Platinum Savings Account

2.10%

Annual Percentage Yield for 12 months¹

Enjoy a special interest rate for 12 months with new money deposits of at least \$25,000 and a minimum daily account balance of \$25,000 or more.

Fixed Rate CD

2.60%

Annual Percentage Yield for 11 months²

Guaranteed fixed rate with new money deposits of at least \$25,000 for an 11-month term.

Both accounts are FDIC-insured up to the maximum allowable limit. Platinum Savings offer available in CT, DC, DE, FL, GA, MD, NJ, NY, SC and VA. Fixed Rate CD offer available in AL, AZ, CT, DC, DE, FL, GA, MD, NJ, NM, NV, NY, PA, SC and VA. Portfolio by Wells Fargo® customers are eligible to receive an additional interest rate bonus on these accounts.³

1. To qualify for this offer, you must have a new or existing Platinum Savings account and enroll the account in this offer between 01/21/2019 and 03/22/2019. This offer is subject to change at any time, without notice. This offer is available only to Platinum Savings customers in the following states: CT, DC, DE, FL, GA, MD, NJ, NY, SC and VA. In order to earn the Special Interest Rate of 2.08% (Special Rate), you must deposit \$25,000 in new money (from sources outside of Wells Fargo Bank, N.A., or its affiliates) to the enrolled savings account and maintain a minimum daily account balance of \$25,000 throughout the term of this offer. The corresponding Annual Percentage Yield (APY) for this offer is 2.10%. The Special Rate will be applied to the enrolled savings account for a period of 12 months, starting on the date the account is enrolled in the offer. However, for any day during that 12 month period that the daily account balance is less than the \$25,000 minimum, the Special Rate will not apply and the interest rate will revert to the standard interest rate applicable to your Platinum Savings account. As of 12/10/2018, the standard interest rate and APY for a Platinum Savings account in CT, DC, DE, FL, GA, MD, NJ, NY, SC and VA with an account balance of \$0.01 to \$99,999.99 is 0.03% (0.03% APY) and with an account balance of \$100,000 and above is 0.05% (0.05% APY). Each tier shown reflects the current minimum daily collected balance required to obtain the applicable APY. Interest is compounded daily and paid monthly. The amount of interest earned is based on the daily collected balances in the account. Upon the expiration of the 12 month promotional period, standard interest rates apply. Minimum to open a Platinum Savings account is \$25. A monthly service fee of \$12 applies in any month the account falls below a \$3,500 minimum daily balance. Fees may reduce earnings. Interest rates are variable and subject to change without notice. Wells Fargo may limit the amount you deposit to a Platinum Savings account to an aggregate of \$1 million. Offer not available to Private Banking, Wealth, Business Banking or Wholesale customers. 2. Annual Percentage Yield (APY) is effective for accounts opened between 01/21/2019 and 03/22/2019. The 11-month New Dollar CD special requires a minimum of \$25,000 brought to Wells Fargo from sources outside of Wells Fargo Bank N.A., or its affiliates to earn the advertised APY. Public Funds and Wholesale accounts are not eligible for this offer. APY assumes interest remains on deposit until maturity. Interest is compounded daily. Payment of interest on CDs is based on term: For terms less than 12 months (365 days), interest may be paid monthly, quarterly, semi-annually, or at maturity (the end of the term). For terms of 12 months or more, interest may be paid monthly, quarterly, semi-annually, or annually. A fee for early withdrawal will be imposed and could reduce earnings on this account. Special Rates are applicable to the initial term of the CD only. At maturity, the Special Rate CD will automatically renew for a term of 6 months, at the interest rate and APY in effect for CDs on renewal date not subject to a Special Rate, unless the Bank has notified you otherwise. Due to the new money requirement, accounts may only be opened at your local branch. Wells Fargo reserves the right to modify or discontinue the offer at any time without notice. Offer cannot be combined with any other consumer deposit offer. Minimum new money deposit requirement of at least \$25,000 is for this offer only and cannot be transferred to another account to qualify for any other consumer deposit offer. If you wish to take advantage of another consumer deposit offer requiring a minimum new money deposit, you will be required to do so with another new money deposit as stated in the offer requirements and qualifications. Offer cannot be reproduced, purchased, sold, transferred, or traded. 3. The Portfolio by Wells Fargo program has a \$30 monthly service fee, which can be avoided when you have one of the following qualifying balances: \$25,000 or more in qualifying linked bank deposit accounts (checking, savings, CDs, FDIC-insured IRAs) or \$50,000 or more in any combination of qualifying linked banking, brokerage (available through Wells Fargo Advisors, LLC) and credit balances (including 10% of mortgage balances, certain mortgages not eligible). If the Portfolio by Wells Fargo relationship is terminated, the bonus interest rate on all eligible savings accounts, and discounts or fee waivers on other products and services, will discontinue and revert to the Bank's then-current applicable rate or fee. For bonus interest rates on time accounts, this change will occur upon renewal. If the Portfolio by Wells Fargo relationship is terminated, the remaining unlinked Wells Fargo Portfolio Checking or Wells Fargo Prime Checking account will be converted to another checking product or closed.

Investment and Insurance Products:		
Are not Insured by FDIC or any Federal Government Agency	May Lose Value	Are not a Deposits of or Guaranteed by a Bank

© 2019 Wells Fargo Bank, N.A. All rights reserved.
Deposit products offered by Wells Fargo Bank, N.A. Member FDIC.
NMLS ID 399801

Chappaqua Shows Solidarity With Local Muslims After Mass Shooting

continued from page 1

representatives, to voice their support. One of those was Mount Pleasant Councilwoman Francesca Hagadus-McHale, who removed her shoes and covered her head to stand with the local Muslim community.

"One of the things that struck me about the service was that hate will not

win," she said.

Nancy Fink, state Sen. Peter Harckham's director of communications, echoed the sentiment that the community's solidarity was stronger than any act of violence.

"There's a lot more love in the world than hate, and people have a lot more in common than they don't," Fink said. "When a tragedy strikes, we all come together and rail against the kind of hate that perpetrated this awful act."

Harckham condemned the shootings and expressed his solidarity with the Muslim community.

"Freedom of religion is one of our most precious beliefs," he said in a statement.

"Every person has a right to worship in peace without fear of violence. My deepest condolences go out to the Muslim community, and the victims and their families will be in my prayers."

Statements of condemnation were also issued by Westchester County's Human Rights Commission and The Holocaust & Human Rights Education, with each organization pledging to stop hate-fueled violence.

"In Westchester, we strive to build strong relationships with worshipers of all faiths as we understand that our community belongs to all of us," said Rev. Doris Dalton, chair of the Human Rights Commission. "Together, we can

overcome this wretched hatred."

County Department of Public Safety Commissioner Thomas Gleason said that in light of last Friday's shootings, last weekend the department conducted increased inspections at all houses of worship within its jurisdiction.

Elzoghby stressed the need for compassion.

"We are grieving," he said. "All we can say about this is that we grieve for the loss, and we ask mercy for those who committed it."

Police urge anyone who sees suspicious activity to call their local police agency or the New York State Toll Free Tips Line at 1-866-723-3697.

Interfaith Vigil to Be Held Wednesday Evening in Chappaqua

The First Congregational Church of Chappaqua will host the Chappaqua Interfaith Council's community-wide vigil in memory of those killed at two New Zealand mosques last Friday and in support of peace and the right of people to worship as they choose. The vigil will take place this Wednesday, Mar. 20 at 7 p.m. at First Congregational Church's Centennial Hall, located at 210 Orchard Ridge Rd. in Chappaqua. The entire community is invited.

New Castle to Present Screening of Food Waste Documentary Mar. 31

The New Castle Sustainability Advisory Board and the League of Women Voters® of New Castle are hosting a free screening of the documentary "Wasted! The Story of Food Waste" on Sunday, Mar. 31, from 2 to 5 p.m. at the Chappaqua Performing Arts Center, located at 480 Bedford Rd. in Chappaqua.

Every year 1.3 billion tons of food is thrown away, adding up to one-third of all food produced for human consumption. "Wasted! The Story of

Food Waste" aims to solve the food waste problem by changing the way people buy, cook, recycle and eat food. Through the eyes of chefs like Anthony Bourdain, Dan Barber, Massimo Bottura and Danny Bowien, audiences will see how the world's most influential chefs make the most of every kind of food and create a more sustainable food system.

Following the movie, special guest Leslie Lampert, proprietor of Ladle of Love and The Scrappy Chef, will share

her favorite techniques for avoiding food waste.

Attendees will also learn about local food scrap recycling programs now available in many Westchester towns. Food scrap recycling kits for New Castle residents can be purchased at the event for \$25.

For more information, contact visit www.newcastlesab.org or e-mail the New Castle Sustainability Advisory Board at sab@mynewcastle.org.

Hip and Knee Replacements: What You Need to Know

Thursday, March 21 | 5:30 pm
Rothman Orthopaedics Tarrytown
658 White Plains Rd
Tarrytown, NY 10591



Daniel C. Smith, M.D.
Joint Replacement Surgeon

FREE EDUCATIONAL LECTURE

Learn about the latest in **hip and knee replacements**.

A complimentary dinner will be provided along with an entry into a raffle for Broadway tickets!

RSVP: Visit RothmanOrtho.com/ortho13 or call our Events Hotline at **267-339-3739**



SUMMER CAMP

To register for camp, visit www.pnwbores.org/tech.
Discount of \$10 per camp for payments received by May 6, 2019

March Dinner Specials

WEDNESDAY & THURSDAY
WINE AND DINE
1 COMPLIMENTARY
GLASS OF WINE
WITH DINNER
10% OFF FOR VETERANS



FRIDAY -
ALL YOU CAN EAT
PRIME RIB
UNLIMITED BLACK ANGUS
PRIME RIB
\$29.95 THREE COURSE DINING

SATURDAY
NIGHTLY DINNER
SPECIALS
CHEF'S SATURDAY
NIGHT SPECIALS



SUNDAY
SEAFOOD SUNDAY
WIDE SELECTION OF
SEAFOOD ENTREES, DESIGN
YOUR OWN
SEAFOOD PLATTER

Reservations Suggested

Route 100, Yorktown, NY 10562 • 914-941-7744
travelersrestrestaurant.com

Travelers Rest



North Castle Officials Want to See Smaller Mariani Gardens Plan

By Martin Wilbur

Members of the North Castle town and planning boards last week instructed representatives for Mariani Gardens to return with a residential plan that significantly reduces density on the four-acre property.

Town officials have repeatedly expressed doubts that the current 50-unit proposal is appropriate for the site given several constraints, including portions of the parcel being located in a floodplain. Located at 45 Bedford Rd., it is situated just outside the Bedford Road Historic District.

During a joint work session last Tuesday morning, concerns were also raised that a proposed .5 floor-area ratio (FAR) would be too steep a jump from the current .18 FAR for the nursery use.

"As proposed, the design yields problems with the floodplain, the design offers awkward proximity of backyards to front yards (and) the density of the development does not allow for enough greenspace between the units," Planning Board Chairman Christopher Carthy said on behalf of his board.

Carthy also mentioned that the town's traffic consultant, Michael Galante, has suggested that no left turns be made into or out of the property.

The Planning Board wasn't opposed to amending the recently updated Comprehensive Plan, a process that



The Mariani Gardens site at 45 Bedford Rd. in Armonk.

was completed last May. Officials have mentioned that because the property is in the Nursery Business zone that any change to a residential use would require amending the Comprehensive Plan.

Councilwoman Barbara DiGiacinto, one of the officials who has repeated that the currently proposed project is too dense for the site, said other than support from St. Stephen's Episcopal Church located directly across the street from the property on Bedford Road, feedback from residents has been negative. Along with density, there is hesitancy regarding traffic and architecture, she said.

"I'm not asking you to make this project Colonial Williamsburg but it needs to blend in better and complement the existing buildings in the historic district," DiGiacinto said.

While it wasn't specifically stated how

large a density reduction would satisfy the town, there were suggestions that based on FAR and building coverage calculations, a project closer to 30 units might be acceptable.

Project engineer Rob Aiello said the applicant could seek to have the floodplain remapped and have the town apply for a waiver. If that attempt is unsuccessful, basements in the units closest to the Maple Avenue side of the property would have to be eliminated and the mechanicals would have to be moved to the first floor, he said.

Anthony Veneziano, the attorney for the applicant, told the boards that because there is so little building coverage at the site now nearly any residential plan would appear dense.

He called it "the most open site I've ever seen that's actually developed." Building coverage is currently .14 and would

rise to .23.

Veneziano said the apartment building is set far back from Bedford Road and the passerby's eye will be trained on the residences closest to the street.

"I like the look of this," Veneziano said. "I think it'll look nice and has a lot of value. I think it'll increase property values. I think there will be a lot in taxes. These people will have money to spend downtown."

As currently proposed, the units would be high-end rentals.

Supervisor Michael Schiliro said the plans for the 50-unit project "just looks and feels big." However, the right project at the site could complement the historic district very well.

"I happen to think that it can be a very nicely designed, respectful development that also gets this site developed once and for all in a way that may not make everybody ecstatic on the town side or the applicant side, but it gets this site solved once and for all," Schiliro said.

The following evening at the Town Board meeting, members advised Mariani attorney Mark Miller to return with a revised plan in time for its next meeting on Mar. 27. A public hearing that was opened will resume that night.

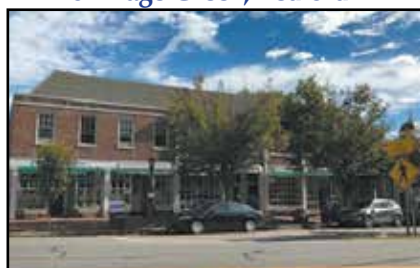
The board also scheduled a required hearing for revising the Comprehensive Plan to allow for residential at the site.

BOUTIQUE OFFICE SPACE AVAILABLE

In The Heart Of Historic Bedford Village

LEASING SPACE

AVAILABLE: 300-1,125 SQ FT
6 MONTHS FREE RENT
26 Village Green, Bedford NY



Nestled directly in the heart of the quaint town of Bedford Village lies the Empire Building. This gorgeous colonial building provides local patrons with an assortment of stores that are sure to keep this historic community thriving. It is a mixed-use commercial building that contains 5 retail stores on the ground floor, 8 office spaces on the second floor.

GARSON BROTHERS ASSET MANAGEMENT, LLC

1180 Midland Avenue, Bronxville NY 10708 Suite 1G

garsondevelopment.com

(914) 337-7173 • Email: tg@garsonproperty.com

BEDFORD GRAVEL & LANDSCAPE SUPPLY

- Gravel • Mulches
- Topsoil • Unilock Pavers
- Sand • Stonedust
- Sweet Peet
- Item #4
- Flagstone
- Fieldstone
- Belgian Block • Cobblestones
- Wallstone • Fire Pits
- Stepping Stones • Soil/Fill



Norm Ave., Mt. Kisco (next to Kohl's)
www.bedfordgravel.com
914-241 3851

THE VILLAGE BOOKSTORE

EST. 1972

Come browse our selection of
hand-selected books,
unique cards and more!
Open seven days a week.

Ten Washington Ave., Pleasantville, NY
Across from the Burns Film Center

914.769.8322

staff@pleasantvillebooks.com

Full Service Jewelers!

- Special Orders • Appraisals
- Jewelry Repairs • Engraving
- Restrings • Watch Repair

\$50 OFF Any Repair
of \$35 or More
Only with this ad.

- Diamond Settings • Polish
- Rhodium & Gold Plating

Most work done while you wait.

968 Broadway • Thornwood
(ShopRite/CVS Shopping Center)
914-741-1920

Thornwood Jewelers
A Perfect Piece for Every Occasion

Mount Kisco's Picinich to Run for Re-election as a Democrat

continued from page 1

approved an update of the Comprehensive Plan, the first time the document was revised in nearly 20 years. But there have been smaller changes, including a commitment for more community events, a greater emphasis on the local arts and sprucing up the downtown.

"I believe, most importantly, that the leadership that I've brought to this has helped to engage others and I think we're having some success," Picinich said. "I think we're having some real success as a community and we should continue on this path, and so again, it's entirely up to this community and if they feel today Mount Kisco is a great place to live and

they want it to continue and give me the honor to continue on, I'd very much like to do it."

Democratic Committee Chairman William Serratore said that Picinich reached out to the committee to inquire about the nomination. The members discussed her potential candidacy and agreed to back her, he said.

Serratore called the ticket well-balanced with each of the three candidates having broad experience professionally and in public service.

Grunthal, the longest serving Village Board member in terms of combined service, also cited the Comprehensive Plan update and some of the upcoming

plans to inject change downtown by potentially developing the South and North Moger parking lots.

"All of that is very exciting and I wanted to finish the job that I started," he said.

Grunthal was first appointed in 2003 to fill a vacancy and served until 2010. After the death of trustee George Griffin in 2014, he returned through appointment to fill the seat and has twice been re-elected.

Squirrel, a first-time candidate who in addition to a stint as village prosecutor also served as deputy village attorney, said he considered a candidacy previously but the time wasn't

right for him.

He also cited the possibility of exciting changes downtown, preserving parkland and open space and wanting to be part of a highly transparent local government as some of his top issues.

"I think we should all work to keep continuing to make Mount Kisco a destination, where people want to live here and also to own and operate a business," Squirrel said.

Other than the possibility of Albanese running as an independent, Serratore said he was currently unaware of any other potential challengers.

Mt. Pleasant Investigating Elevated Chemical Readings in Water

continued from page 1

The town has retained Woodward & Curran Consultants, a clean water infrastructure and environmental consulting firm, in hopes of finding a cause for the elevated levels and to study the two districts' infrastructure. The consultant hopes to determine if new treatment measures can be implemented to reduce the level of disinfected byproducts. The study's results are expected to be completed by June 1.

Thornwood resident Nicole Celentano

questioned why this problem is only occurring in Mount Pleasant. She is also concerned for her children.

"My son is going to want to refill his water bottle when he is at school, so have the school's water been tested?" Celentano asked. "If not, then they need to be tested."

The town memos stated there is no need to boil water or take other corrective actions. If the water is no longer safe to drink, residents will be notified within 24 hours, it stated.

Supervisor Carl Fulgenzi said residents shouldn't fear showering or using the water. While the cause of the spike remains uncertain, Fulgenzi wondered whether heavy rains may have had an effect.

The County Health Department stated that potential causes of elevated haloacetic levels include an increase in organic matter concentration in the source water, an increase in the amount of time that the chlorine and organic matter remain in contact with each

other due to a reduction in water use or an increase in the drinking water temperature in the affected areas.

The town has removed any natural biological material within the water systems which could contribute to the forming of disinfection byproducts. Samples are currently being tested. Test results are expected imminently.

The board agreed to contact all schools in its jurisdiction to recommend that water be tested.



"BREW AFTER DARK" EVENT PRICING

Draft beer packages we offer:

\$12/person/hour

Open bar from five of our draft lines (as chosen by our curator).

By The Glass

We keep a tally of what's consumed. All twelve draft lines are available. Additional \$200 site rental fee for this package.

\$18/person/hour

Open bar from all twelve of our draft lines.

Cash Bar

Your guests pay as they go. All twelve draft lines are available. Additional \$200 site rental fee for this package.

A MINIMUM OF 20 GUESTS. WITH ANY OF OUR BAR PACKAGES, YOU CAN ALSO CHOOSE TO SERVE WINE. OUR SISTER STORE VINE & CO. WILL ASSIST YOU IN CHOOSING THE WINE AND QUANTITY.

IF YOU HAVE ANY QUESTIONS, PLEASE FEEL FREE TO CONTACT US AT 914-666-3600 OR MIKEY@BREWANDCOMPANY.COM

532 BEDFORD ROAD, BEDFORD HILLS NY 10507

Safe Haven
Self Storage

Got Stuff?
We've got space.



safehavenselfstorage.com



FIVE LOCATIONS

- 1 ACCESS TO YOUR UNIT 7 DAYS A WEEK
- 1 WE SELL BOXES, CARTONS, LOCKS
- 1 FULL INSIDE LOADING DOCK
- 1 SAFE AND SECURE
- 1 CLIMATE CONTROLLED ENVIRONMENT



*Restrictions Apply

Distrust Runs Deep Throughout Sunshine Children's Home Review

This is the second part of a two-part article in the ongoing fight between the Sunshine Children's Home and surrounding neighbors.

By Martin Wilbur

When several neighboring homeowners of the Sunshine Children's Home & Rehabilitation Center woke up the day after Thanksgiving in 2017, they noticed unusual site disturbance on a portion of the 33-acre Spring Valley Road property.

Heavy equipment had been brought onto the land and from a distance there appeared to be excavation and tree clearing.

Up until then, most of the issues had largely played out during robust and often testy debate before the Zoning Board of Appeals or the Planning Board relating to environmental issues or technical zoning matters.

"They dug up a whole hillside, and the steep slope of that hillside is now all dug up and then they cut down some trees," nearby resident David Whitlinger told The Examiner shortly after the incident.

What happened, according to attorney Mark Weingarten, who has represented Sunshine during what is now a four-year process, is that maintenance was required on Well 1, one of the property's three wells, an activity that is permitted. Sunshine had hired a contractor who needed to remove the shed over the well to complete the work.

However, upon arriving at the scene, the contractor noticed a tree had grown through the shed, Weingarten said. Instead of contacting someone about how he should proceed, the tree was mistakenly removed, he said.

That controversy widened an already deep rift between the neighbors and the Sunshine Children's Home, and for some, the Town of New Castle. The town's Building Department investigated but less than two months later retroactive permits were issued, prompting some residents to question whether the town was abdicating its responsibility of properly overseeing the project.

Glendale Road resident Cynthia Manocherian, part of a group of litigants that is currently embroiled in three different court actions, said that Sunshine's lack of transparency has been evident since 2015, when the applicant first appeared before the ZBA seeking permission to expand from 54 to 122 beds. The facility will grow from under 19,000 square feet to about 143,000 square feet once the expansion is completed.

It was several months into the review before residents on the far western edge of the town and others who live on the Ossining side of the border learned what was being proposed, Manocherian said. Had it not been for the neighbors' vigilance and persistence on several issues there would have been far less scrutiny

than there has been, she maintained.

"There's a long list of moments that didn't feel right and these moments are not created by the residents," Manocherian said. "They are created by the process that Sunshine has undertaken."

During the Mar. 6 informational meeting on off-site well testing, William Canavan, the hydrogeologist hired by the town, complimented the neighbors for their diligence on the water issue.

"Before your group got involved, started scrutinizing this and you had your hydrogeologist and your attorney and before I got involved, from where they were then and where they are now is light years ahead of what they were doing and what they're required to do now," he said.

Site Work and Blasting

Tense moments have continued to surface since Sunshine's approvals last May. Three times the neighbors have filed an Article 78 in state Supreme Court contesting some aspect of the project.

This winter, temporary fencing on the property's perimeter was erected and site work commenced. The first task was to widen the driveway. Manocherian's lawyer, Adam Stolorow, charged that the phasing protocols were ignored because more than five acres cannot be disturbed during Phase I, which included driveway widening and tree clearing.

Weingarten dismissed that claim, saying only 3.8 acres were disturbed.

Suspensions were also raised that Sunshine may be trying to engage in prohibited Sunday site work. Neighbors alerted town officials early on Mar. 3 when a construction vehicle had turned into Sunshine's driveway.

Weingarten said it was an unidentified truck that entered and left the property and had nothing to do with his client.

Another issue is blasting, which is tentatively scheduled to be done in late



Battles that have turned divisive have punctuated the nearly four-year dispute between Sunshine Children's Home and some of its neighbors.

April or May. More skepticism abounded after a recent routine and required pre-blast survey was circulated to neighbors that would allow MD Drilling & Blasting, the company that will do the work, to confirm prior conditions of neighbors' homes beforehand, Weingarten said.

"There are people out there that are seriously afraid because of the things they are hearing from their neighbors," Weingarten said. "We are very sorry about that. We are sympathetic to these people. We're trying to get the facts out now, that it isn't what's being presented. These people have this agenda against this home."

Manocherian has criticized Sunshine for planning on continued operation of the facility while blasting and construction is scheduled. Last week, she also called on the town to exercise any authority it may have on the issue, saying that the children shouldn't be subjected

to the conditions at the site, putting their health and welfare at risk.

Town Attorney Nicholas Ward-Willis said the town has no jurisdiction over that matter.

Weingarten said his client has hired one of the world's largest construction firms, Turner Construction, to build the addition, ensuring a high level of sound judgment and expertise.

Litigation

In 2016, the first Article 78 was filed by a group of about eight residents challenging the negative declaration issued by the ZBA, meaning the project would cause no significant adverse environmental impacts. The Manocherians also filed suit but those two actions were later combined.

State Supreme Court Justice Paul Marx ruled that the neighbors' arguments were meritless but that is under appeal in the Appellate Division, Second Department.

Since last spring's permit approvals, two more suits have been initiated. One was against the Planning Board, which granted wetlands, steep slopes, tree removal and stormwater prevention plan permits to Sunshine. The petitioners are also appealing a decision that went against them.

Weingarten called the third Article 78 "the height of hypocrisy" on the part of the neighbors. A request to slightly shift the addition so it's not as close to Manocherian's property as well as reducing the size of the building and retaining wall, was agreed to by Planning Board and ZBA. That wasn't enough to stop more litigation.

"It's unbelievable that they've taken this position," Weingarten said. "The Zoning Board on their request made a change. I've never seen it in my lifetime. It's the height of hypocrisy because what it proves is they want to do anything they can to make Sunshine spend as much money

continued on page 15



The Thanksgiving weekend disturbance in 2017 was one turning point in the bitter feud between Sunshine Children's Home and some of its neighbors.

Police Blotter

County Police/Mount Kisco

Mar. 12: Report of several youths throwing snow and ice at people on South Moger Avenue at 6:32 p.m. Police stated that the youths fled when confronted by an adult and were gone upon an officer's arrival.

Mar. 13: Police responded to Amuso Drive at 9:08 p.m. after receiving several calls about a man walking through the complex and banging on doors. Officers determined that the man was trying to locate a relative and was in the wrong area of the complex.

Mar. 14: Police responded to a report of a man walking on the railroad tracks on Kisco Avenue in the vicinity of Hubbels Drive at 9:46 a.m. Officers located three men adjacent to the tracks and advised them to walk on the street rather than along the tracks for their

safety.

Mar. 15: Police responded to an Orchard Road residence at 7:59 a.m. after a woman was injured when a china cabinet fell on her. The woman said she was cleaning the top of the cabinet when it toppled over, striking her in the head and briefly knocking her unconscious. Westchester EMS paramedics and the Mount Kisco Volunteer Ambulance Corps also responded to aid the woman. The latter transported her to Northern Westchester Hospital.

Mar. 15: A Spring Street resident reported at 9:42 a.m. that she discovered several discarded items in her front yard, including a beer can and a long stick with a hook on one end.

Mar. 15: The owner of a Lexington Avenue business reported at 1:58 p.m. that someone entered the premises and stole an iPad valued at \$700 and a

jar containing about \$30 in coins. The owner said that he forgot to lock a rear door when he left the previous evening about 10 p.m.

North Castle Police Department

Mar. 8: Report of a one-vehicle accident with unknown injuries on Sarles Street at 5:59 p.m. The responding officer reported an air bag deployment; 60 Control was notified. The party was transported to Northern Westchester Hospital and Armonk Garage removed the vehicle.

Mar. 8: A Washington Avenue caller reported at 10:52 p.m. that she has a parasite and is bleeding profusely from the forehead. The call was transferred to 60 Control. The responding officer reported the party was being transported to White Plains Hospital emergency room.

Mar. 10: Party reported a dog on her property on Winkler Farm Road running at large at 11:21 a.m. The dog was described as a beagle. The department's animal officer responded and brought the dog to its kennel. The dog was subsequently picked up by its

owner and summonses were issued for violations of town ordinances.

Mar. 13: A caller reported at 8:48 p.m. that he has a boot on his vehicle on North Broadway. The responding officer reported that the vehicle was booted because it was parked in a spot clearly marked for Subway patrons only. The caller will be calling the tow company to resolve the issue.

Pleasantville Police Department

Mar. 10: A 37-year-old Hopper Street woman was arrested at 11:23 p.m. for assaulting her husband.

Mar. 12: Report of an assault at O'Connor's Pub on Bedford Road at 7:05 p.m. An investigation is ongoing; no further information was available.

Mar. 13: Report of harassment on Academy Street at 1:42 a.m. Fireworks were reported to be shot off outside someone's house. An investigation is ongoing.

Mar. 16: A 16-year-old was reported missing at 12:20 p.m. because the youth hadn't come home yet. No further information was available.

Obituary

Mary Jane Clifford

Mary Jane Clifford of Pleasantville passed away peacefully in her home on Mar. 10 while surrounded by loved ones. She was 97.

Clifford was born in the Bronx to John and Lucille (Perez) Collins on July 9, 1921. She married Raymond Eugene Clifford on Apr. 12, 1941. After the war, the couple moved to Croton-on-Hudson and resided there for 39 years before retiring to New Port Richey, Fla.

Clifford served as a Clerk of Courts for the Town of Cortlandt and was a longtime member of the volunteer staff at Morton Bay Hospital in New Port Richey.

She was preceded in death by her husband and her parents, sister Teresa Weber and brother Robert Collins. She is survived by her sons, John, Edward (Krys) and Raymond Jr. (Dorina); daughters Carole (Tony) Osman, Susan (Paul) Sadlon, Mary Lou (Don) Robertson and Nancy (Terry) Sherman; 10 grandchildren; and five great-



Mary Jane Clifford

grandchildren.

A Catholic Mass was held on Mar. 16 at Holy Name of Mary Roman Catholic Church in Croton-on-Hudson. A memorial reception followed.

Pleasant Manor Funeral Home, Inc. in Thornwood handled the arrangements.

THERE'S A WORD FOR IT

A vocabulary-building quiz

By Edward Goralski

What Day is It? The words contained in this week's quiz were selected from various Word of the Day websites. These Word of the Day sites are a way of building your vocabulary day by day. Another way of building your vocabulary is to do the quiz for this week. No matter how you do on the quiz, you probably do not want to quit your day job.

- | | | | |
|------------------------------|-------------------------------|-----------------------------|-------------------------|
| 1. myopic (adj.) | A) having innumerable aspects | B) unable to act prudently | C) exciting curiosity |
| 2. extrude (v.) | A) to go beyond limits | B) determine by calculation | C) squeeze out |
| 3. animus (n.) | A) a strong dislike | B) belief in spirits | C) an added stipulation |
| 4. machination (n.) | A) a sense of pride | B) a memory of youth | C) a crafty scheme |
| 5. delate (v.) | A) to entrust to another | B) denounce | C) fix the limits of |
| 6. abecedarian (adj.) | A) relating to the alphabet | B) atypical | C) of an earlier period |
| 7. temporize (v.) | A) to make stronger | B) be evasive to gain time | C) watch over |
| 8. bathetic (adj.) | A) excessively sentimental | B) ready for battle | C) lacking genuineness |

- ANSWERS:**
- | | |
|--|--|
| 1. B. Unable or unwilling to act prudently; short- | 4. C. A crafty scheme or cunning design for the |
| 2. C. To form or shape by forcing through an open- | 5. B. To accuse; denounce; report |
| 3. A. Strong dislike or enmity; hostile attitude; | 6. A. Of or relating to the alphabet; alphabetically |
| ing; squeeze out | 7. B. To be indecisive or evasive to gain time or |
| 4. C. A crafty scheme or cunning design for the | 8. A. Excessively little or sentimental |
| 5. B. To accuse; denounce; report | |
| 6. A. Of or relating to the alphabet; alphabetically | |
| 7. B. To be indecisive or evasive to gain time or | |
| 8. A. Excessively little or sentimental | |

Follow us on

twitter

twitter.com/ExaminerMedia

Find us on Facebook

Search for EXAMINER MEDIA

914-864-0878

advertising@theexaminernews.com · www.theexaminernews.com

Town, No. White Plains Property Owner in Spat Over Parking

By Martin Wilbur

A North White Plains shopping plaza owner verbally sparred with the North Castle Town Board last week hoping to convince officials to rezone landlocked parcels that he owns so he could add 30 parking spaces.

John Magnotta, owner of Broadway Plaza and Sir John's Restaurant on Route 22, pleaded with the board to allow the rezone even though he currently has adequate parking for all the storefronts on his property under the town code.

Magnotta, who's owned Broadway Plaza and the restaurant for about 40 years, filed a petition to change the zoning from residential to commercial because he is entertaining the possibility of leasing a 900-square-foot restaurant, which would require an additional six spaces at the property.

He also hopes to make his property more attractive for other renters and would like to have the additional parking ahead of time.

"What he's trying to do is to make his land more marketable, is to make his business more marketable," said Magnotta's attorney Allan Focarile.

However, board members last week

were hesitant to move the request along without knowing for sure the type of business that would move into Broadway Plaza. Unless a restaurant moves in, there is no need under the code for additional spaces, officials said.

Under the formula to calculate parking, a restaurant requires one space for every 75 square feet of gross floor area or one space for every three seats, whichever is greater, said Director of Planning Adam Kaufman. Therefore, if a 900-square-foot restaurant moved in, an estimated six additional spaces are needed. Magnotta's property currently has about 90 spots.

Board members told Magnotta they would want to see a formal commitment from a tenant to demonstrate need. However, Magnotta balked at the suggestion. He also said it wouldn't be worth the expense to only build an additional six spaces.

"This is North White Plains, it's not Armonk square. This is North White Plains," he said. "People want to see (the parking) now, ahead of time."

But Councilman Stephen D'Angelo said installing another 30 spaces could not only change the character of the



MARTIN WILBUR PHOTO

Broadway Plaza and Sir John's Restaurant owner John Magnotta tried to convince the North Castle Town Board last week to grant him a zoning change to help him create more parking.

property but impact area traffic.

"Anything can go in there without coming before us," D'Angelo said. "If you can have a 900-square-foot restaurant, you can turn that into a 3,000-square-foot restaurant because you already have the parking. That's what we're concerned with."

Shortly after, Magnotta threatened to litigate if he's denied on the basis of not having a signed lease owner.

"So when you people turn me down I have no other choice but to fight," he said.

Supervisor Michael Schiliro sought to reason with Magnotta.

"I believe that if you came back with an actual tenant this board would be very receptive to actually reviewing that and then moving the project forward," Schiliro said.

After some hesitancy, the board decided to refer the matter to the town and county planning boards for feedback. Town Attorney Roland Baroni said referring the item does not indicate the board would necessarily approve the requested zoning change.

Magnotta recently purchased the two parcels, 2 Emmalon Ave. and 3 Emmalon Ave. and another vacant parcel from Andrew Martino and Sharon Freitas and the Estate of Dominick Martino. The land, originally zoned commercial, was changed to a residential designation to accommodate the former owner.

Advertise in The Examiner • 914-864-0878 • email advertising@theexaminernews.com

From the paintings on the walls to the comfortable and tranquil property, we always consider the comfort of the families we serve first. That's why we offer a wide variety of options for both traditional burial and cremation. And it's why we have carefully decorated our facilities to offer home like warmth and ensure accessibility for everyone.

The difference in the price.

Every family's budget is different, so we offer a wide range of cost options and plans. You tell us what is meaningful to you and we'll arrange the service that fits comfortably within your budget. Whatever your wishes, we always encourage you to compare prices and ask questions. And we will take care of the details. Honest and fair pricing is our principle here at Pleasant Manor and that's what makes us the premier provider of affordable funeral services in Westchester County.



Patrick J. McNulty Jr.



Daniel J. McNulty

*Trusted,
Compassionate
Care for
Three Generations
Family Owned
And Supervised*

*It's the details
that make the
difference...
The difference
in service and
facilities.*



*Pleasant Manor
Funeral Home, Inc.*

575 Columbus Avenue, Thornwood, NY 10594

914 - 747 - 1821

www.pleasantmanorfh.com

Patrick J. McNulty Sr. • Patrick T. McNulty • Patrick J. McNulty Jr. • Daniel J. McNulty

Obituaries

Anthony Catalano

Anthony A. Catalano, Jr., formerly of White Plains and Hawthorne and most recently of Calabash, N.C., died on Mar. 15.

He was 86.

Catalano was born on June 15, 1932, to the late Antonio and Antoinetta Catalano, Sr. in Tarrytown. He proudly served in the U.S. Navy during the Korean conflict. He was a retired letter carrier with the U.S. Postal Service in White Plains.

Catalano is survived by his loving children, Anthony (Kathy) Catalano, of Hawthorne, Patrick (Mary) Catalano of Brookfield, Conn., Robert Catalano of Chappaqua and Deborah (Robert)

Catalano-Sansone of Mohegan Lake; his nine cherished grandchildren, Kassandra, Danielle, Anthony IV, Nicholas, Giana, Madelaine, Gabrielle, Daniel and David; and three great-grandchildren. He was predeceased by one brother, Chester Catalano, and one sister, Cay D'Agostino.

Visitation will be at Hawthorne Funeral Home on Mar. 22 from 4 to 8 p.m. A funeral Mass will be held at Holy Rosary Church in Hawthorne on Mar. 23 at 10 a.m. followed by interment at Mount Calvary Cemetery in Greenburgh.

In lieu of flowers, donations to the Alzheimer's Foundation would be appreciated.

Frank Spaziente

Frank Joseph Spaziente of Yorktown Heights passed away on Mar. 9.

He was 88.

Spaziente was born on July 3, 1930, in the Bronx to Frank and Angelina Spaziente (nee Santangelo). He was the beloved husband of the late Caroline P. who predeceased him on Jan. 7, 2011. He was the loving father of Frank A. Spaziente and his wife, Giovanna, of Thornwood and Rosemarie Ann Trosterud and her husband, Vincent, of Lumberton, N.C.; the devoted brother of Michael Spaziente and

his wife, Gina, of Valhalla; the cherished and beloved grandfather of Frank A. Spaziente Jr., Vincent A. Spaziente and Vincent M. Trosterud; and great-grandfather of Destiny Elizabeth, Mia Caroline, Anthony Peter and Avery Carter.

Visitation was at Pleasant Manor Funeral Home, Inc. in Thornwood on Mar. 14. A Mass of Christian Burial was celebrated at Holy Rosary Church on Mar. 15. Interment with his beloved wife Caroline followed at Gate of Heaven Cemetery in Hawthorne.

Robert Dolan

Robert (Bob) Dolan died on Mar. 14 at the age of 81.

Dolan was born in Mount Kisco on July 30, 1937, and continued to serve his community and raise his family there with his wife Kitty.

He was an active member of the Bedford Hills Fire Department for 56 years. He served as chief in 1999 and is the son of ex-chief Joseph M. Dolan.

Prior to joining the fire department, he served in the Air Force for four years as a radar technician.

He will be greatly missed as he leaves behind his wife, children and grandchildren.

In lieu of flowers, please send donations to the Bedford Hills Fire Department.

Visitation for family and friends was at Cassidy-Flynn Funeral Home, Inc. in Mount Kisco on Mar. 18. A Mass of Christian Burial took place on Tuesday,



Robert Dolan

Mar. 19 at 10 a.m. at St. Francis of Assisi Church in Mount Kisco. Burial followed at St. Francis Cemetery.

Settino Covelli

Settino Covelli of Hawthorne died on Mar. 16 at his residence.

He was 72.

Covelli was born on July 15, 1946, to the late Salvatore and Clara (nee Fiorita) Covelli in Cosenza, Calabria, Italy. He worked for Anka Tool & Die Co. in Congers, N.Y.

He is survived by his devoted wife, Francine (nee Suraci) Covelli, of Hawthorne; his loving son, Dino (Ashley) Covelli, of Ossining; his cherished grandson, Ian Alexander Covelli; brothers Domenico Covelli of Joliet, Ill., Michele (Maria) Covelli of Cold Spring

and Antonio Covelli of Ellenville, N.Y.; and his sister, Sylvia (Luigi) Rosanova, of Cold Spring. He was predeceased by one sister, Carolina Squitieri, and one brother, Antonio Covelli.

Visitation was at Hawthorne Funeral Home on Mar. 18. A funeral Mass was held at Our Lady Queen of Peace Chapel at Gate of Heaven Cemetery in Hawthorne on Tuesday, Mar. 19 at 10 a.m. followed by interment.

In lieu of flowers, donations to Rosary Hill Home, 600 Linda Ave., Hawthorne, N.Y. 10532 would be appreciated.

Patrick Tanzillo

Patrick J. Tanzillo of Hawthorne died on Mar. 11.

He was 97.

Tanzillo was born on Nov. 22, 1921, to the late Nicholas and Josephine (nee D'Angelo) Tanzillo in Tarrytown. He proudly served in the U.S. Navy from 1942 to 1945. He was a self-employed landscaper in Westchester.

Tanzillo was predeceased by his beloved wife, Kathleen (nee Carpenter) Tanzillo, in 2012; his three brothers, Nicholas, Michael and Joseph; and two sisters, Rose Reno and Louise Vespa. He is survived by

his loving children, Patrick Tanzillo, Jr. of Hawthorne, John (Michele) Tanzillo of Poughquag, N.Y., Joseph Tanzillo of Queens and Joan (Scott) Jones of Wallkill, N.Y.; his eight cherished grandchildren; and two great-grandchildren.

Visitation was at Hawthorne Funeral Home on Mar. 16 followed by a funeral Mass at Holy Rosary Church in Hawthorne. Interment took place at Mount Calvary Cemetery in Greenburgh.

In lieu of flowers, donations to Rosary Hill Home, 600 Linda Ave., Hawthorne, N.Y. 10532 would be appreciated.

Margaret Thompson

Margaret (Maggie) Leslie Thompson of Mount Kisco passed away at Rosary Hill Home in Hawthorne on Mar. 9 with her loving husband, Scott, by her side. She was 64.

Thompson was born in Orange, N.J.

on Apr. 2, 1954, to Barton F. and May Thompson (nee Watson).

Funeral arrangements were entrusted to Pleasant Manor Funeral Home in Thornwood.

B.F.

BEECHER FLOOKS FUNERAL HOME, INC.

"The place to turn in your time of need!"

Personally Owned and Supervised By

William F Flooks, Jr. & William J Flooks
Proprietor Licensed Funeral Director

Caring for our community since 1928
Personal and Complete Funeral Service

418 Bedford Road...Pleasantville, NY 10570...769-0001

www.beecherflooksfh.com

Mt. Pleasant Votes to Ban Marijuana Sales, Possession

By Sean Browne

The Mount Pleasant Town Board became the latest municipality to take a stand in the burgeoning marijuana debate last Tuesday by approving a prohibition on retail sales and possession.

Following a public hearing, the board voted 4-1 to approve the law even as they brace for the likelihood of marijuana legalization later this year.

The board heard mixed response from local residents who were concerned about the implications of legalizing marijuana as well as those who felt banning it is unnecessary.

Resident Lisa Tane said she opposed the town's measure while highlighting the benefits of legalizing marijuana.

"Abuse of drugs is a public health issue, not a criminal justice issue," Tane said. "Those who abuse drugs need help, not jail. What you gain in legalizing marijuana is the ability and the control to regulate the supply of a safer product, money to use for education about the real dangers of abusive drugs, increase accessibility with those with medical needs and generating millions of dollars in revenue."

However, Colleen Griffin Wagner, a Pleasantville resident and a mental health counselor, said legalizing marijuana would have serious

ramifications on children in the community.

"I will tell you that children should not be using (this) substance, so I am coming from what can we do to keep this away from children as far as we can," Wagner said. "Making it more available is going to make it more available."

Wagner urged the Town Board to speak with state legislators to prevent marijuana legalization from being included in the state budget.

Mount Pleasant Police Chief Paul Oliva said legal marijuana would trigger an increase in crime and driving dangers. It would also be difficult for police officers to detect impaired drivers, he said.

While residents who spoke at the Mar. 12 hearing were divided, there was little division on the board. Councilman Nicholas DePaolo's reiterated previous comments stating that he felt the governor was rushing the process.

"The issue is about the state dictating to us a law that was poorly researched, and in my opinion, is being forced down municipalities," DiPaolo said. "There is no long-term approach and no discussion about the education of this issue."

Supervisor Carl Fulgenzi said he wasn't concerned about research or education on marijuana because his

stance is that it shouldn't be allowed in the town at all.

"I have made it very clear that I am adamantly opposed to legalization of marijuana in Mount Pleasant. I am one voice and that's how I feel about it," Fulgenzi said.

He said that this will be a burden for the police and other emergency services if marijuana is legalized.

Councilwoman Francesca Hagadus-McHale, the dissenting vote, agreed with her colleagues on banning retail sales. However, she said she opposed the town law because someone shouldn't face criminal charges for possession of marijuana and the town law doesn't address that concern.

Last week, she also expressed doubt whether the town could outlaw an activity that may be legalized by the state.

Mount Pleasant joins a growing list of municipalities locally and around the state that are preemptively addressing the issue. Recently, the Village of

Pleasantville passed a law prohibiting the sale of marijuana should the state approve legalization. The towns of New Castle and North Castle have discussed tightly regulating where marijuana can be sold by including restrictions in their zoning code.

State lawmakers are considering at least two proposals. Gov. Andrew Cuomo's marijuana legalization proposal would only allow opt-out provisions for counties and for cities of at least 100,000 residents while a version in the Senate does call for municipalities to have that choice.



Not your AAverage pet store

For all your pet needs

Visit us at:

58 Washington Avenue,
Pleasantville

(914) 747-4848

E-mail: aarvarkpet@verizon.net

SMALL NEWS IS BIG NEWS

Art Show and Sale
Subliminal Journeys:

Paintings by **GABRIEL CESLOV**
www.gabrielceslovpaintings.com
March 2019 | North Castle
Armonk Public Library
19 Whipoorwill Road East,
Armonk, NY 10504 • 914-273-3887
Reception:
March 16th, 3 pm - 5 pm

Glass Onion
ORIGINALS

Specializing in Fine
American Craft

Fine Art • Sculpture
• Unique Gifts • Furniture
Home Accessories • Antiques
• Exquisite Jewelry • & more...

4 Washington Avenue,
Pleasantville 914-741-6294
Open 7 Days —
Friday and Saturday until 8pm

Medicare Questions?
Get expert answers. Free.
At a local library.

Find out where
westchesterlibraries.org/sbics
914-231-3260

Celebrating 60 Years
westchester
LIBRARY SYSTEM
Empowering libraries. Empowering communities

Your Daily Examiner Fix

Exami Blast

Visit TheExaminerNews.com
to subscribe to
Examiner Media's
FREE, daily e-mail newsletter

To get the latest headlines from

The Examiner The WHITE PLAINS Examiner
The PUTNAM Examiner The NORTHERN WESTCHESTER Examiner

as well as columns,
features and sports

SMALL NEWS IS BIG NEWS

To advertise in The Examiner,
call 914-864-0878

or e-mail

advertising@theexaminernews.com

The Examiner

Adam Stone

astone@theexaminernews.com

Publisher

Martin Wilbur

mwilbur@theexaminernews.com

Editor-in-Chief

Examiner
MEDIA

also publishes

The NORTHERN WESTCHESTER

Examiner

The

WHITE PLAINS

Examiner

The

POTNAM

Examiner

To inquire about paid

subscriptions, email

subscriptions@theexaminernews.com

for pricing and other details.

PO Box 611

Mount Kisco

NY 10549

914-864-0878

www.TheExaminerNews.com

Letters Policy

We invite readers to share their thoughts by sending letters to the editor. Please limit comments to 250 words. We will do our best to print all letters, but are limited by space constraints. Letters are subject to editing and may be withheld from publication on the discretion of the editor. Please refrain from personal attacks. Email letters to mwilbur@theexaminernews.com. The Examiner requires that all letter writers provide their name, address and contact information.

Member of

NEW YORK PRESS ASSOCIATION
NYPA

Column

Home Care Social Workers Provide Compassion, Commitment

By Chandra Wilson

March is national Social Work Month, a time to learn about and acknowledge the meaningful impact that social workers have on so many lives.

Whether it's helping individuals, families or community groups cope or navigate the obstacles they encounter in life, ready-to-listen social workers – especially in the home care field – are true heroes of our healthcare professions.

At the Visiting Nurse Service of New York (VNSNY), hundreds of social workers travel hundreds of miles and make hundreds of phone calls every single week as they advocate and care for patients throughout New York City's five boroughs and Westchester, Nassau and Suffolk counties. Rarely in the limelight, they may see their patients only a few times. Despite this short duration, the work they do can and often does have an enormous impact.

It Starts With Listening. Shana Maltzman, who works with hospice patients in Staten Island, says being a social worker is "in her blood." Her 25-year career in the field has given her a chance to work with children, adults and those at the end of life.

For nearly a decade now Maltzman's been part of a close-knit group of nurses, doctors, spiritual counselors, home health aides and other social workers caring for hospice patients and their families.

"It is not always easy to let go of strong feelings or attachments that have shaped and given meaning to our lives," Maltzman said. "As hospice social workers we always start by listening. Is someone afraid? Do they need to communicate unexpressed feelings? Are they angry or resistant to help? Are they concerned for the welfare of those they are leaving behind?"

When one of her patients wanted to see his home and family in Puerto Rico one last time, she coordinated services between his health teams in the U.S. and Puerto Rico to make sure that his oxygen and medications

were seamlessly transferred so he could make the trip.

"Returning to his family was something he wanted more than anything but was afraid to believe was possible," Maltzman said. "I knew we had to try, and because we did, he finally made it home."

Gives a Voice to the Voiceless. Christine Garcia, a social worker with VNSNY's Home-Based Crisis Intervention (HBCI) Program in Brooklyn, uses the same empathy that her colleague Shana Maltzman brings to end-of-life care by advocating for the youngest and most vulnerable among us: children in crisis.

Funded by the New York City Department of Health and Mental Hygiene (HBCI) it is available at no charge for children between 5 and 18 with acute mental health issues.

Garcia and her colleagues provide short-term, intensive treatment for children who demonstrate suicidal behaviors and ideation or severe depression. She works with her families to defuse the crisis and keep children at home when that can be safely done.

"Speaking for people who have no voice or have problems like mental illness that are so misunderstood," she said. As a social worker she navigates the complex mental health system and protocols of the Department of Education, which reaffirms daily her mission to ensure that "kids with mental health issues don't fall through the cracks."

Finds Solutions for Everyday Needs. "I like to say yes to people," said Lizzie Cogan, one of VNSNY's medical social workers

in Brooklyn, where she assists patients with major illnesses, usually upon release from the hospital, and helps them safely transition back to life at home and in the community.

"One phone call can literally change a person's life," she added

In a day's work, Cogan might find herself connecting patients with a senior center, making referrals to support organizations such as CancerCare or helping them understand and make full use of their Medicaid benefits. One patient, for example, was spending a fortune on Uber, unaware of the transportation coverage available to him under Medicaid. A couple of calls resulted in hundreds of dollars saved.

Compassion and commitment to the most vulnerable among us makes these three social workers – and their colleagues at VNSNY and elsewhere—truly remarkable.

"In a fairly limited amount of time, you can have a great impact on a patient," Cogan said. "In a one-hour visit you can identify and meet a lot of needs. What drives me is a curiosity to understand people's circumstances, hear their story and then work out how to improve their situation. I'm grateful that I have the potential to walk in the patient's door, and later to leave with the feeling that I've had an impact on that person's well-being."

To learn more about the wide array of home care services available through the Visiting Nurse Service of New York, call 1-800-675-0391 or visit www.vnsny.org.

Recycle Old Batteries to Help Protect Your Family and Home

One in five consumers store some or all of their used batteries from the past year, according to a recent Nielsen study conducted on behalf of Call2Recycle.

Whether it's electronics packed away in the attic or boxed toys in the basement, old batteries are everywhere. As part of your decluttering efforts, experts say it's worthwhile to take the time to gather used batteries and properly recycle them.

"Responsible ownership of technology products extends to end-of-life management of the batteries that power those products," said Carl Smith, CEO and president of Call2Recycle, Inc. "By properly recycling those old batteries, consumers can help protect people and property."

From old power tools to cordless telephones, cameras, e-readers, tablets and cellphones, many people don't know what to do with dead batteries inside their electronics. More than half of individuals throwing away battery-operated electronic devices leave the battery attached.

To safely and easily recycle the batteries

you find, Call2Recycle recommends the following steps:

1. Tape. Protect the ends/terminals with non-conductive electrical, duct or clear packing tape.

2. Bag. Store the taped batteries in a clear plastic bag that closes.

3. Drop. Recycle your rechargeable batteries at a convenient Call2Recycle drop-off location, including retail partners The Home Depot, Lowe's and Staples. It's an easy task to complete while running everyday errands. Eighty-six percent of the U.S. population lives within 10 miles of a Call2Recycle drop-off location.

More information about proper battery disposal can be found by visiting call2recycle.org.

To protect your family and home, take the step of recycling your used batteries. It's a simple way to make a positive impact on the environment and keep the people and property you love safe.

This article is reprinted by permission of statepoint.net.

County Legislators Press State on Criminal Justice Reforms

By Jade Perez

Last week members of the Westchester County Board of Legislators announced their support for bills pending in Albany that call for sweeping reforms to the state's criminal justice system.

County legislators, joined by representatives of legal and social service agencies, community members and advocates inside the county office building in White Plains, called for the transformation of the state laws on cash bail and criminal discovery.

Board Chairman Benjamin Boykin (D-White Plains) said the legislation will ensure that people who have been charged with a crime aren't disadvantaged because of an inability to pay bail. About 57 percent of people in the Westchester County Jail in Valhalla remain incarcerated because they can't make bail, he said.

"We have to change that situation and we have to do it now," Boykin said.

Legislator Lyndon Williams (D-Mount Vernon) acknowledged opponents may use scare tactics.

"In our system today, your guilt or innocence depends upon your ability to pay for your freedom or not pay for your freedom and that is not right," Williams said. "That is not the Constitution that we are supposed to be aware of and be respectful for."

Majority Whip MaryJane Shimsky



JADE PEREZ PHOTO

Social justice advocates gathered with county lawmakers in White Plains last week calling for reforms in New York's criminal justice system. Lawmakers and supporters urged the state legislature to make criminal discovery and the bail process more equitable.

(D-Hastings-on-Hudson) referenced the 1989 Central Park jogger case and noted how that matter and other cases can destroy individuals' lives.

"People become homeless when they get exonerated and get out of jail because they've lost their apartments while they were in pretrial detention. Sometimes they lose custody of their children," she said.

Shimsky added that many held in pretrial detention are often innocent or they have committed a crime that is far less severe than the charges leveled against them.

Clare Degnan, executive director of the Legal Aid Society of Westchester County, said New York's outdated criminal laws fail

to require a prosecutor to share information. While Degnan said some prosecutors believe that information sharing could endanger victims' lives, she countered that a substandard discovery process is compromising due process.

"Prosecutors will say they have a constitutional obligation to provide 'Brady material,' that material which is exculpatory," Degnan said. "The problem is they decide what is exculpatory and what isn't."

Rev. Emma Loftin-Woods was one of the community members who attended the Mar. 11 press conference and she shared a personal story detailing the difficult financial burden after a family

member is arrested.

She said when her grandson was 21, he had a substance abuse problem. He had stolen a chain off of a woman's neck to get money to support his habit. According to the state penal code, the offense was a violent charge even though there was no allegation of aggression.

"Although the person got her chain back and didn't want to press charges, the D.A. pursued the case," Loftin-Woods said. "My grandson's bail was \$50,000."

Bail was reduced to a \$7,500 bond, but she was still forced to use her pension and withdraw money from her retirement fund to pay the bail.

Assemblyman David Buchwald (D-White Plains) said he has previously voted in favor of improved discovery rules and bail reform. While those measures did not become law, Buchwald said his goal is to "craft legislation that promotes criminal justice and the rights of defendants, while keeping in mind the safety of the public."

State Sen. Peter Harckham (D-Lewisboro) confirmed there are several pieces of legislation that are being discussed and are in the process of being revised with input from a variety of interests. While Harckham noted the importance of getting legislation passed, he also said it's crucial to make sure any measure is effective.

He expects a package of bills to be debated in the near future.

Do You have a Lifetime of
Photos, Videos, Movie Film in drawers, bags & boxes?
All Work Done On-site

"We Can Help!"
Printed & Digital Photo Organizing Services
Photos/Audio/Film/Video to DVD
Digital Photo Slide Shows
Scanning Services
Large Format Printing

PHOTOWORKS
CAPTURE. TRANSFER. PRINT.

Our New Address
486 Bedford Road
Pleasantville, NY 10570
914.769.6425

www.facebook.com/photoworkspv
www.photoworkspv.com photoworks@optonline.net

Overwhelmed Caring for your Loved One?
Call us today!

When Experience Counts Count on Experience
Home Care Licensed by NYS Dept. of Health
Owned and operated by registered nurses

Services Include:
Home Health Aides • Companion Care
Dementia Care • Senior Housing Options
Home Management • Medication Management
Customized programs to fit your needs

Elder Care Staffing Solutions

Please call for a free consult today: 914.265.4299
Visit www.ecstaffingsolutions.com for more information

Spring Fling
SATURDAY, APRIL 13, 2019
10 AM - 4 PM

Everyone is welcome!
Free refreshments & basket drawing
Pop-up sales

With your purchase receive a discount coupon to use another day.

Fantastic Finds
An upscale resale shop
400 King Street, Chappaqua, NY
In the Talbot's shopping center
914-238-9200
www.supportconnection.org/fantastic-finds

Store Hours: Monday - Saturday • 10 am - 4:30 pm
All proceeds help fund Support Connection's free breast and ovarian cancer support services.
Support Connection is a 501 (c) (3) not-for-profit organization. supportconnection.org

Follow Fantastic Finds on social media.
Instagram @FantasticFindsSC
Facebook FantasticFindsSC

SUPPORT CONNECTION
Breast & Ovarian Cancer Support

W'chester Partners With Nassau, Suffolk to Share Police Vehicles

Westchester County Executive George Latimer was joined by his Long Island counterparts last week to announce a cooperative buying plan for police vehicles.

The announcement was made at a press conference with Latimer, Suffolk County Executive Steven Bellone and Nassau County Commissioner of Shared Services Melissa Gallucci in White Plains.

The shared services initiative allows for the three counties, along with the towns and villages in each of them, to cooperatively purchase more than 200 police vehicles. The strategy was to combine the three counties aggregate purchasing power into a single request for bids in order to leverage better pricing.

The discussions on this agreement began late last year, the bid was published by Westchester County on Jan. 25, and bids were returned on Feb. 14.

Westchester, acting as lead agency for the three counties, selected Beyer Ford from New Jersey in a bid that will allow all participating governments to share total potential savings off list pricing, including discounts off both base price of the vehicles as well as options.

About 30 local governments across the three counties, as well as the county



From left, Westchester Board of Legislators Chairman Ben Boykin, Nassau County Commissioner of Shared Services Melissa Gallucci, Westchester County Executive George Latimer and Suffolk County Executive Steven Bellone.

governments themselves acted together on a solicitation in January seeking the lowest pricing on police sedans, utilities and trucks.

"Our administration is exploring every avenue to reduce the burdens faced by Westchester County taxpayers without cutting essential services and while maintaining our most important of functions," Latimer said. "This shared buying program allows us to

do both. Thank you to my partners in government on Long Island for their work on this shared initiative – I hope this is the first of many."

The participation level among local governments may increase as others piggyback their purchases off of the contract – and every participating local government may choose its

own "options package" for vehicles, according to a statement released by the group.

This shared purchasing agreement will be for three different vehicle types:

Police Super Crew 4WD Pickup, Police Hybrid Sedan, and Police Hybrid and Gas AWD Utility SUVs.

Pleasantville Music Festival Tent City Spaces to Go on Sale March 30

The 15th annual Pleasantville Music Festival announced last week that Tent City spaces will be available for this year's festival on July 13, beginning on Saturday, Mar. 30.

This year, the tent spaces sale will kick off on the second floor of Pleasantville Village Hall, located at 80 Wheeler Ave. from 8:15 a.m. until noon. Festival tickets will also be available for purchase.

After Mar. 30, any remaining tent spaces will be sold at the Pleasantville Recreation Center, at 48 Marble Ave., from 8 a.m. to 4 p.m. All payments should be made in either cash or check (made out to the Village of

Pleasantville). Electronic payments and credit cards are not accepted.

Prices for tent spaces range from \$60 to \$85, and do not include admission to the festival. There is a maximum of two tent spaces per purchaser. Purchasers must provide their own tents, with a maximum size of 10 feet by 10 feet. Tent weights are required.

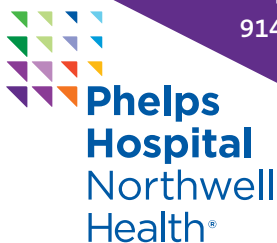
More information is available in the Tent City section of www.pleasantvillemusicfestival.com. Festival tickets are available via Ticketweb or in person at the Pleasantville Recreation Center. Online sales will incur ticketing fees.

You don't have to fight this alone . . .

Being treated for cancer close to home means your friends and family will be there when you need them the most.

At Northwell Health Cancer Institute at Phelps, specialists work side-by-side to bring you comprehensive care.

<https://phelpshospital.org/cancer-care>
914-240-2508



Powerful Innovation, Compassionate Care



Remembering P'ville's Lupo With Hoops During March Madness



The friends and family of Quentin Lupo will hold an evening of marathon half-court basketball games on Friday night, Mar. 29 at Pleasantville High School to raise money for underserved children in the Dominican Republic. Lupo took his own life two years ago next month.

Family, Friends Schedule Benefit Fundraiser

By Martin Wilbur

It is nearly two years since Pleasantville High School senior Quentin Lupo took his own life. On Friday, Mar. 29, his family and friends and community members will remember the star athlete by participating in his favorite activity while helping dozens of disadvantaged children.

That evening is the inaugural March for Madness, an evening of marathon 3-on-3 half-court basketball games at the Pleasantville High School gymnasium comprised of teams of Pleasantville students, local residents and beyond.

Funds raised from the registration fees collected from the co-ed teams that will play five-minute games and spectators' admission will go toward the DREAM Project, which pays for teachers, programs and supplies in schools throughout the Dominican Republic.

Proceeds from this effort will pay for an educational summer camp program for underserved children.

"I like the idea of helping the kids out,

the education, because he wanted to be a teacher and this is a good way to honor him and also keep his memory alive," said Lupo's mother Lucy Diaz, who is from the Dominican Republic. "I'm going to try and do it every year to try and sponsor these kids."

Diaz hopes that enough money can be raised that evening to send about 75 kids to camp.

"Most of the kids have never been out of their (home) town," she said. "We're going to take them to educational places so they're going to have fun while doing something educational."

It is also fitting that March for Madness will be held before the month ends. It was, of course, scheduled during the heart of the NCAA men's basketball tournament. Diaz said Quentin loved this time of year, when the nationally televised single-elimination tournament games captures

the imagination of hoops fans across the United States.

Doors open at 6 p.m. with the half-court games beginning at 6:30 p.m. While registration is closed for the teams, spectators are encouraged to come out for what promises to be a fun evening.

Admission is \$10 for those 13 and up. Children between 5 and 12 years old get in for \$5. Children under five are free. Donations may also be made by check and made payable to DREAMproject and sent to Quentin's DreamTeam, P.O. Box 317, Pleasantville, N.Y. 10570. To learn more, visit www.firstgiving.com/fundraiser/lucy-diaz-1/Quentin30.

"I don't want him to have died in vain," Diaz said. "He liked kids and he liked to have a good time and he wanted to be a teacher and to work with kids. He's not here to do it but we're here to do it for him."

Westchester Children's Museum Expansion Begins; May Completion Expected

By Jade Perez

The Westchester Children's Museum (WCM) upcoming expansion was celebrated last with the ceremonial start of site work last Friday that will add 16,000 square feet of operating space to the facility.

Funding for the project comes from a \$824,000 matching grant from the Mid-Hudson Regional Economic Development Council and funded through the New York State Council on the Arts/Empire State Developmental Arts & Cultural Facilities Improvement Program.

Individuals, businesses and foundations successfully raised an equal share in order to receive the funding and begin the work.

The museum's current operating space will remain open throughout the construction period, which is expected to be completed in May. The new area will include new classrooms, a gift shop and snack area and queuing space for school groups.

The Westchester Children's Museum, located at Rye Playland, is an interactive learning space providing children up to about 12 years old, families and school groups the opportunity to explore the arts and sciences, the environment, multiculturalism and the local and global communities in an educational and recreational atmosphere.



JADE PEREZ PHOTO

From left, Westchester County Executive George Latimer, Executive Director of the New York State Council on the Arts Mara Manus, President and CEO of the Westchester Business Council Marsha Gordon, Assemblyman Steve Otis and museum board member and former president Corinne Zola gather at the Westchester Children's Museum to celebrate the start of the facility's expansion last week.

To celebrate the anticipated opening of the new space, the museum will hold a fundraiser and cocktail party on Friday, May 17 from 7 to 10 p.m. The event co-honors County Executive George Latimer and museum board member and former President Corinne Zola and will raise funds to support museum operations. Tickets, journal ads and sponsorships are available at www.discoverWCM.org/spring-benefit.

Mount Kisco Fencer Brings Home Gold at Junior Olympics

Nickoloz (Nick) Lortkipanidze of Mount Kisco won a gold medal at the 2019 Junior Olympic Fencing Championships in Denver, Colo. last month.

The 16-year-old Fox Lane High School junior won gold in the Cadet event (17 and under) and placed sixth in Juniors (20 and under). The four-day tournament, from Feb. 15-18, drew more than 2,000 athletes from 44 states, making it the largest junior national fencing championship in history.

The next stop for Lortkipanidze is Torun, Poland, from Apr. 6-14, where he will compete internationally at the 2019 World Junior and Cadet Fencing Championships, representing the U.S. as a member of the U.S. National Cadet team.

Success in fencing isn't new for Lortkipanidze. He has represented the U.S. in prior Cadet World Cup events where he placed second in Germany and fifth in Austria earlier this season. He is currently ranked third in the U.S. in Cadet men's saber.

For Lortkipanidze fencing is a family affair. His father and current coach, Achiko Lortkipanidze, represented the Republic of Georgia as a saber fencer in the 1996



Nickoloz Lortkipanidze and his father, Achiko Lortkipanidze

Olympics. His brother, Guram, 18, a former national champion, is now fencing at the University of Notre Dame. He currently trains with his father at the Tim Morehouse Fencing Club in Port Chester, which is owned and operated by U.S. Olympic silver medalist Tim Morehouse. His mother, Ellen Giorgadze, a physician from the Republic of Georgia, holds down the fort and is a nurse practitioner at CareMount Urgent Care in Mount Kisco.

Lortkipanidze started fencing at eight years old and immediately loved the sport.

"I like the fast pace and the strategic mindset that's required and the fact that it's very tactical," he said.

His goals are to fence in college and to hopefully make the Olympics.

Mt. Kisco Woman Cherishes Becoming a Model for an Evening

By Martin Wilbur

Emily Garnett never envisioned herself strutting down a runway during New York Fashion Week dressed in lingerie.

Then again, close to a year-and-a-half ago Garnett never thought she'd be engaged in the fight of her life.

The 34-year-old Mount Kisco resident was one of about two dozen women fighting metastatic breast cancer – Stage 4 terminal breast cancer – who turned into models for an evening last month. The items they were promoting were from AnaOno, a line of lingerie and intimate apparel made specially for women with breast cancer.

"It was the thrill of a lifetime after I got off the runway," Garnett recalled of the evening at the Angel Orensanz Center in lower Manhattan. "I had never done anything like that. It was completely out of character for but it was one of those opportunities you couldn't pass up. So it was just absolutely phenomenal and being able to meet so many people that were living similar parts of their lives as I was cathartic."

It also was critically important that the event, the third annual #Cancerland fashion show, raised more than \$100,000 for the nonprofit organization METAvisor. The organization raises money for metastatic breast cancer research as well as bringing awareness about Stage 4 breast cancer to the general public.

AnaOno was created several years ago



Emily Garnett was one of 24 women with metastatic breast cancer who modeled during a New York Fashion Week event in Manhattan. Garnett was diagnosed nearly a year-and-a-half ago.

by Dana Donofree. A professional fashion designer, Donofree used her artistic skills and business acumen to create the line after she was diagnosed with breast cancer at 27 years old. She said there was little to nothing on the market for women who had undergone a mastectomy or a lumpectomy and wanted to feel good.

"I found that my bras no longer fit my body, I was limited to wearing sports bras and camisoles and I didn't want to live the

rest of my life like that, I didn't want to live in this box where a product didn't fit me," Donofree said. "I started designing my own bras and over time found that I wasn't the only woman who wanted something pretty to put on."

More than 500 attended the #Cancerland fashion show, and it wasn't just the family, friends and co-workers of the 24 brave women who did the modeling. Garnett said the audience was also filled with

members of the medical community – doctors, researchers and other advocates who dedicate their lives to finding advances in treatments and treating those who need care. There were even several fashion celebrities in attendance.

Garnett, an elder care attorney, was diagnosed in late 2017 at about the same time she and her husband and their now three-year-old son moved into their Mount Kisco house.

She started treatment shortly after her diagnosis, underwent hormone therapy and took the drug CDK4/6. Doctors put Garnett's body into menopause, including enduring a hysterectomy to make sure her body no longer produced estrogen. She's now part of a clinical trial that she hopes will keep her healthy.

Garnett regularly attends the Support Connection group meetings at Chappaqua Crossing.

Closing in on a year-and-a-half later, Garnett is cherishing her life and opportunities like her night of modeling. No one is a bigger advocate for helping others with the disease and working to help support others going through what she and her family have faced.

"We don't always hear about these things but there's a tremendous community around breast cancer in northern Westchester," Garnett said. "It's so important for us to continue keeping that conversation going."

We have the party. Do you have the kids?

Eliminate The Dullness.

HAVE A BIRTHDAY PARTY WHERE ALL THE KIDS MOVE!

Dates Still Available.
Reserve Your Party Now.

Contact Donna Arena at:
darena@sawmillclub.com

Or Call 241-0797

No One Does FUN FOR KIDS Like Saw Mill Club!

KIDS RULE @ SAW MILL CLUB

77 KENSICO DRIVE • MOUNT KISCO • N.Y. 10549

GRAND PRIX
NEW YORK RACING & ENTERTAINMENT

SPINS BOWL

BIRTHDAY PARTIES	FUNDRAISERS
BAR / BAT MITZVAHS	FIELD TRIPS
PRIVATE LESSONS	CORPORATE EVENTS

333 North Bedford Road | Mount Kisco, New York

gpony.com | info@gpony.com | 914-241-3131

The Weekly Feature from Entergy

Hudson Stage Provides ‘Proof’ of an Outstanding Show

By Martin Wilbur

David Auburn wrote his Pulitzer Prize- and Tony Award-winning play “Proof” 20 years ago, but in many ways the critically acclaimed work is just as relevant today as it was at the dawn of the new century.

The four-character play is a brilliantly constructed story surrounding Catherine, the brilliant but enigmatic 25-year-old daughter of Robert (John Wojda) a former college professor in Chicago who is considered a mathematical genius but is suffering from mental illness as he progresses through his 50s.

Starting Friday, Mar. 29, Hudson Stage will present its version of “Proof” for the first of nine performances at Whippoorwill Hall in Armonk.

Jenna Krasowski, who plays the lead role of Catherine and is in almost every scene, said she has seemingly gravitated to playing troubled characters. Catherine has decided to forego, for now, her own successful career to be dad’s caregiver. However, she has inherited many of her father’s tendencies – the brilliance and the torment.

“There’s always that question of are they

a genius or what part of their mind are they sacrificing for them to be that good, to see things that no one else can see,” Kraskowski said.

Wojda, a prolific repertory actor, said the role of Robert is right in his wheelhouse, a highly compelling character.

“It is always good as an actor to be playing a part that is well-written because if you did nothing but get out of the way you’d be fine,” Wojda said. “You’re part of a very carefully put-together story. I think the only mistake is to try and do something fancy with it.”

A challenge for Wojda is he said the play’s events aren’t in chronological sequence,

Joining Krasowski and Wojda on stage is the manipulative sister Claire (Cadden Jones) and the unexpected suitor, Hal (Jayson Speters), a former graduate school student of their father who appears on the scene.

Wojda said you don’t need to understand any math to appreciate the richness of the characters.

“The story is a human story so all this stuff, you don’t have to be a math geek to understand what’s going on her,” he



The cast of Hudson Stage’s upcoming spring production “Proof.” From left are John Wojda, Jayson Speters, Cadden Jones and Jenna Krasowski.

explained. “Otherwise if wouldn’t have been a Broadway hit. It’s a human story and it’s very well done on all levels.”

This is the second time that Wojda is performing with Hudson Stage, which is celebrating its 20th anniversary season. In the company’s early days at Pace University, he landed a role for the production of “Kimberly Akimo.”

Krasowski, who has done largely stage work in her young career, said Catherine is able to take a very serious and at times heavy role and sprinkle in a good sense of humor.

“So there are remnants of pain but there are moments of extreme levity on stage,” she

said.

“Proof” is performed on three successive weekends, extending from Friday, Mar. 29 through Saturday Apr. 13. Performances begin at 8 p.m. on Fridays and Saturdays and there are 3 p.m. matinees on Sunday, Mar. 31 and Apr. 7 and Saturday Apr. 13. (The final performance is an 8 p.m. performance as well.)

Tickets are \$40 each and \$35 for seniors and students. For any student who wants to take a chance on getting a ticket 30 minutes before showtime, those are \$15. Tickets can be bought in advance by calling 800-838-3006 or by visiting www.hudsonstage.com.

Treasury Bill Indexed Money Market Account

2.37%
APY*

For balances of \$100,000 and up
Indexed at 100% of the 30-day US Treasury Bill**

2.13%
APY*

For balances of \$50,000-\$99,999
Indexed at 90% of the 30-day US Treasury Bill**

- Enjoy high money market rates.
- Fully liquid account.
- FDIC insured money market account.

Visit our Thornwood branch today!

Rose Hill Shopping Center, Thornwood, Linda Allen, AVP/Branch Manager, 914-769-8400

www.applebank.com

Apple Bank

Established 1863 · Member FDIC

*These rates are effective through March 31, 2019. \$100,000 minimum deposit to earn the advertised 2.37% Annual Percentage Yield (APY). \$50,000 minimum deposit to earn the advertised 2.13% APY. **Treasury Bill Indexed Money Market rate is based on an index calculated by taking the rate of the closing “asked” discount basis of the 30-day Treasury Bill as quoted and published in The Wall Street Journal on the last business day of the prior month as set forth below. If there are no exact Treasury Bills with a 30-day maturity, then the “asked” rate used shall be for Treasury Bills with a maturity date closest to, but not to exceed 30 days. These new APYs will then take effect on the first calendar day of each subsequent month and will remain in effect through each subsequent month-end. Balances of \$25,000 to \$49,999 earn an APY of 1.53%, which is 65% of the indexed rate, balances of \$50,000 to \$99,999 earn an APY of 2.13%, which is 90% of the indexed rate, and balances of \$100,000 or more earn an APY of 2.37%, which is 100% of the indexed rate. There is no interest paid on deposits under \$25,000. \$10,000 minimum deposit is required to open this account. A monthly service fee of \$10.00 will be charged each month at the end of the statement cycle if the account balance falls below \$10,000 on any day of the month. Fees may reduce earnings and principal if the account balance falls below \$10,000 on any day during the statement cycle. Please see disclosure for other terms and conditions. This offer may be withdrawn without prior notice.

STAY & PLAY

SLOT TOURNAMENT

**Mondays, Wednesdays, & Fridays
5pm-8pm**

**Your chance to enter a
Slot Tournament and win
\$500 CASH!**

EMPIRE CITY
CASINO



Must be 18 years of age or older to play New York Lottery games or wager on horses. Please play responsibly. Visit a Promotions Booth for complete rules and details.

Spring: When Hearts Turn to Love and Elbows to Cleaning

Do you like the word association game? When you think of the word spring, does it rapidly associate with cleaning?

I must confess, for me, I have no such association. When I lived in a single-family home, spring was a time to clean up the yard and to create my planting plan for the flower and vegetable garden.

However, for most people, the winter blues are shaken away with a good and deep annual house cleaning. It can be quite a formidable task without the right plan, but it can be more manageable, even enjoyable, with a checklist.

This list offers an overview of what to do to navigate the process.

Clean the clutter to start

The essential part of spring cleaning is getting rid of any clutter – things you don't need. There is no better time to take advantage of the natural spring urge to get rid of items that are weighing you down, whether you realize it or not, and start afresh with a more streamlined lifestyle. Sort belongings into four categories –



By Bill Primavera

trash, giveaways, store for long-term or put away just for the season.

No matter where you start – from the outside in, or top to bottom – create a workable schedule and focus only on one task at a time. Furthermore, keep your goal for your finish date flexible. Some projects will be more involved, such as organizing closets, and will take more time.

The tips below outline basic techniques for cleaning all objects and surfaces of your home, leaving your home spring fresh.

Clean room by room

Whether you prefer to proceed from the attic to the basement or start outdoors and move inside, create a realistic schedule and focus on one task at a time, keeping in mind that a single weekend won't suffice. You'll need several days for more involved projects, such as organizing closets.

Approaching your house room by room is the most effective way to deep-clean your home at any time of the year, but especially in spring. Use room checklists as a springboard for deep-cleaning the areas of your home

that really need extra attention. It is all right to skip items that have recently been cleaned and to focus on the parts of your home that have been neglected for a while.

Dust, dust, dust

Use a vacuum to remove dust on all surfaces where you can. Take everything off shelves and brush them (along with the books) with a feather duster. Use the dust brush or crevice tool on a vacuum to reach tight spots.

Clean upholstered furnishings

Take cushions outside and gently beat them by hand to remove dust. If there are stains, check the pieces for care labels. Use a vacuum's upholstery and crevice tools to clean under seat cushions.

Wax wooden furniture

Wipe surfaces with a soft cloth dampened with water and mild dishwashing liquid. Apply paste wax, such as Butcher's wax, a few feet at a time with a cotton rag folded into a square pad. Let the wax dry; then buff with a clean cloth.

Wash window screens

Spring is a good time to get a clearer view of the great outdoors. Do this by

washing window screens by using warm water and a mild dishwashing liquid. Scrub the screens with a brush, then rinse thoroughly with a hose.

Wax non-wood floors

Vinyl and linoleum floors that have lost their shine should be waxed with a polish designed for these surfaces. Most stone and tile floors can be treated with either a paste or a liquid wax designed for the material.

Establish new cleaning habits

Consistency with cleaning habits makes life easier for the homeowner. While a good, thorough spring cleaning is a great time to establish new ongoing cleaning habits and it can also make the next spring cleaning a good deal easier.

Simple 15-minute cleanup routines practiced every few days, each including a series of one- to two-minute chores, can make it remarkably easy to keep your home clean and tidy all year long. All you need is the discipline to adhere to such a plan. Good luck!

Bill Primavera, while a publicist and journalist, is also a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. (www.PrimaveraPR.com). To engage the services of The Home Guru to market your home for sale, call 914-522-2076.

If We Put Our Heads Together and Think Spring... Maybe it will be Here Sooner!

Take Advantage of our PRE-SPRING SALE

MIRACLE HOME IMPROVEMENTS

NO \$ DOWN
ON JOBS UNDER \$20,000

FINANCING OPTIONS FROM **GreenSky**

914.271.9119

Due to the fire we have temporarily relocated to
1392 Albany Post Road
WC10415H99 PC-1817 YNK 3807

We'll Help You **Save Money** on your Heating & Cooling Bills

ROOFING • WINDOWS • SIDING • DOORS
DECKS • SEAMLESS GUTTERS • LEADERS

We Melt the Winter Blues!

It's Tune up Time!

Your Furnace Worked Hard All Season

Call Us for a Spring Tune Up

You'll Save Money, and We're not Teasin'

Spring tune up specials on now, book early
Generators, complete High-Efficiency Heating,
Air Conditioning & Hot Water Systems
Licensed, insured and bonded!
You work hard for your home - we will too!

845 628-1330

sclafanienergy.com

An Abridged History of America's Tumultuous Wine Industry



By Nick Antonaccio

Much has been written of the American vitality and entrepreneurial spirit that vaulted us to world supremacy over the relatively short history of our democracy. We have accomplished

much as a nation and have rarely suffered defeat in any endeavors – with, in my opinion, one notable early exception.

The growth of the wine industry in the United States has seen many fits and starts. I began to consider this as our nation has finally risen to an elite status in the ranks and esteem of the wine world. This is no minor achievement given the history of wine in the United States. Today's success overshadows the early failures of establishing a thriving national wine culture.

While the successful wine legacies of France, Italy, Germany and Spain date to the era of the dominance of the Roman Empire, the adventures of the United States wine industry are far more recent and have followed a path of mercurial highs and lows, coping with the fluctuating favor and derision of the American public.

Here is my brief perspective on the

history of commercial winemaking in the United States.

The earliest documented instance of grape-growing and wine production took place in Florida (French Huguenots) in the late 1500s. In the late 16th century and into the 17th century, small pockets of wine production sprang up along the Eastern seaboard. All were dismal failures.

America's leading proponent of fine wine in the fledgling years of the democracy was Thomas Jefferson. After traveling to France's Bordeaux and Burgundy regions (which were producing world class wines in a thriving industry) and acquiring a taste (and a portfolio) for the wines he encountered, he attempted to grow French grapevines at Monticello. Many years of experimentation ended in failure. Jefferson resorted to enjoying his wine cellar of fine French wines; fellow Americans were content with beer and whisky.

Fast forward to the great surge of immigrants from southern Europe and settlers from northern Europe commencing in the early 1800s. The Italian and German transplants planted European rootstock and hybridized American clones as they traversed the land. They enjoyed success by adapting to the American climate and avoiding its indigenous diseases.

By the mid 1800s, the first successful

commercial winery was founded in Indiana; several decades later the most successful state for producing wines was in another unlikely locale. As Italian immigrants were settling on the Eastern seaboard and slowly heading west, a number of their German counterparts were planting grapevines along the banks of the Missouri River. The hybridized grape they developed, Norton, became an instant success in Missouri. By 1880, Norton production reached two million gallons, the highest in the United States; the local Stone Hill winery was the third largest winery, in volume, in the world.

As the American Far West opened up in the mid-1800s as a land of opportunity, a mad rush took place. Aided by the first transcontinental railroad and the discovery of gold in California, European immigrants created a successful commercial wine industry. They achieved great popularity by replicating the "table wines" of their native countries. Their fellow Americans developed a palate for these pleasant, inexpensive wines.

At the same time, Protestant settlers from Northern Europe disdained the rising preference of Americans for alcohol-based beverages. Their

Puritanical beliefs became a mantra for change. They initiated the Temperance Movement, which became a political hot potato, culminating in the enactment of national Prohibition in 1920.

This dark period in American history effectively ended the wine industry in the United States.

When Prohibition was repealed a long 13 years later, the industry struggled to recover. American preferences had changed; sweet, fortified (elevated alcohol) wines became the norm, a sharp digression from earlier preferences. It took nearly a half-century to return to the robust years of quality wine.

However, the inventiveness and entrepreneurialism of

American winemakers prevailed. Today the industry enjoys the esteem and respect of the world market.

Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted wine tastings and lectures. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.

*You Heard It
Through the
Grapevine*



Pleasantville Community Television

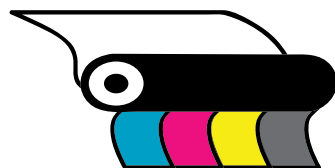
914.747.4411

www.pctv76.org

PCTV is a 501(c)(3) not for profit organization

We at PCTV appreciate the long-standing support of the many communities we serve.

Please consider a tax-deductible donation during our Annual Appeal drive currently underway. Visit our website at PCTV76.org or mail your check to PCTV, 2 Jackson Street, Pleasantville, NY 10570.



Trumbull
PRINTING

Newspapers • Publications • Shoppers • Catalogs • Magazines
Directories • Coupon Books • College Course Catalogs
Business and Financial Periodicals
Free Standing Inserts • Advertising Supplements

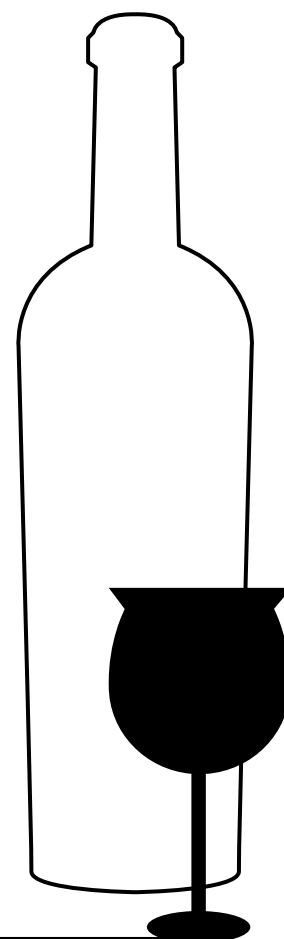
205 Spring Hill Road, Trumbull, CT 06611 • 203.261.2548
www.trumbullprinting.com

CRU FINE WINES & SPIRITS

NOW OPEN ACROSS FROM THE
BEDFORD HILLS TRAIN STATION

19 DEPOT PLAZA
BEDFORD HILLS | NY 10507

914-218-3355
crufinewines.com



Summer Tennis Camp Offered at Solaris Sports Club

The Solaris Sports Club philosophy is to give each young player the best possible chance to reach their potential at whatever level that might be – high school, regional, sectional or even national.

We know that developing potential takes a long time. This is why Solaris uses the Long-Term Player Development Program. The ages from five to 16 are critical because they set the base for the adult player.

The training program in the Solaris Sports Club tennis camp is based on a sound understanding of the principles

of child and tennis development. If we use the information, every young player stands a chance of reaching his or her potential.

The camp will consist of learning drills, technique, strategy, tactics, physical conditioning and match play, all while having a blast in the fully air-conditioned indoor courts. Camp meets weekly Monday through



Friday.

Kids Tennis Camp (Grade 2-5): Emphasizes hand-eye coordination, movement and agility. Players will learn the basics of the game in a fun, encouraging environment focusing on basic fundamentals including stroke production, ball control

and consistency.

Junior Tennis Camp (Grade 6-12):

This program is to further tennis development, which includes stroke refinement, conditioning and strategy. The program combines instruction and drills with supervised competitive match play. A challenging and intense program for advanced and high school-level players.

For more information on Solaris Sports Club tennis camps, contact Geoff Jagdfeld at 914-962-4094 or e-mail Geoff@solarisclubs.com. If signed up by Apr. 15, receive 10 percent off one week of tennis camp.



**WESTCHESTER
TABLE TENNIS CENTER**

SUMMER CAMP

6 WEEKS STARTING JULY 8

Register For The Day Or Week

All Ages And Skill Levels • Top Coaches

M-F, 10 am-3 pm Daily

175 Tompkins Ave., Pleasantville • 914-741-0738
www.westchestertabletennis.com

Katonah Art Center to Hold Spring Class, Camp Open House March 31

The Katonah Art Center (KAC) is holding a spring class and summer camp open house on Sunday, Mar. 31 from 1:30 to 3:30 p.m. The public is invited for this free arts day.

Create art, meet the instructors and check out the many art forms KAC has to offer. Try your hand at painting, drawing, pottery, sculpture, cartooning, 3D printing, fused glass and more. Those interested in the popular summer camp can meet

the instructors during a preview of the many opportunities, including several new STEAM camps. Staff will be on hand to answer any questions. KAC camps are weeklong with half-day, full-day and extended day options.

For more information, call 914-232-4843 or e-mail katonahartcentermedia@gmail.com. The Katonah Art Center is located at 40 Radio Circle in Mount Kisco.

Swimming ~ Sports ~ Arts & Crafts ~ and More...

**SUMMER
club fit®
CAMP**



July 1, 2019 ~ August 23, 2019 & the fun continues all summer long...

584 North State Road Briarcliff Manor • (914) 250-2760

www.clubfit.com



To purchase a digital file, email us at photos@theexaminernews.com.

Just include the name of the student athlete featured in the picture or pictures you're interested in buying, the Tuesday publication date in which the image or images appeared and the page number or numbers.

Photos are \$25 each.

Camp Counselor Positions Can Fire Up Your Resume

Summer may be a time for relaxing in the sun, but many students cannot live solely on student loans and ramen noodles. Students are discovering that they can earn much more than cash as a camp counselor.

There are about 1.2 million camp staff in the United States today. A camp job or internship differs from a traditional job or internship because it provides students an opportunity to gain resume-building skills or even academic credit while working with children in the great outdoors.

At 17, Adam Hotchkiss bypassed the typical summer job and instead worked as a camp counselor at Tate's Day Camp in Knoxville, Tenn. Hotchkiss continued working at the camp through college, and gained not only many skills, but also the opportunity to add the titles of administrative assistant and program director to his resume.

"Responsibility is a huge benefit, especially for someone in college who has to take care of eight to 10 kids by themselves," he said. "That's a

responsibility that looks great on a resume."

Hotchkiss said that experience seems to have paid off as he is currently a teacher at the Episcopal School of Knoxville, and he also is the director of summer camp programs at the school.

Young adults working as counselors have the opportunity to:

- master real-life problem-solving skills
- have a significant and positive influence in the lives of children
- develop greater self-understanding
- participate in experiences that enhance personal growth
- develop/expand a network of peer relations

To browse job postings or to post a resume, visit the American Camp Association (ACA) Employment Center. Be sure to also check out the job fairs, which often take place on college campuses or even in conjunction with universities.

The ACA Find a Camp feature is a searchable database of more than 2,400 ACA-accredited



camp. Those interested in a camp job can browse camps by location, specialty, special needs, gender, age ranges and other criteria. The Find a Camp search is perfect for those looking for a specific camp, such as a camp with a specialty or in a certain geographical area.

ACA is the only national organization that accredits camps. To become accredited, a camp must meet up to 300 health and safety regulations.

"If someone is considering a camp

job, I'd say 'go for it.' Even if you only do it for the summer, you gain the experience and you can learn so much from the environment," Hotchkiss said. "You'll pick up skills you'll use in the future, and you will look back 10 years later and realize how much it has benefited you."

This was reprinted from the American Camp Association website.



Kids Flip for WORLD CUP GYMNASTICS' SUMMER CAMP!

Gymnastics Camp!



Our USAG certified instructors guide campers through fun gymnastics rotations using our state of the art equipment in a fully, air-conditioned facility. This combined with traditional camp activities and weekly field trips make it the camp that children flip for!



For more information call

914-238-4967

or register online at

worldcupgymnastics.com

SUMMER CAMP

New York's Premier Gymnastics Facility

RESERVE YOUR SPOT TODAY!

Happenings

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Martin Wilbur at mwilbur@theexaminernews.com.

Tuesday, Mar. 19

Drop in for Tech Help. Receive help with any of your technology devices. PC, Google and Microsoft savvy volunteers will help with troubleshooting, downloading, Overdrive, Freegal, Hoopla or any other online service. First-come, first-served. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 3 to 4:30 p.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkiscoliberalry.org.

Reading With Tobie and Karen. A program for school-age children. Tobie and Karen are with The Good Dog Foundation. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 4 p.m. Free. Every Tuesday. Info: 914-273-3887 or www.northcastlelibrary.org.

English Conversations. For speakers of other languages seeking to improve their English. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkiscoliberalry.org.

Agriculture Literacy Week Program. To celebrate New York State Agriculture Literacy Week (Mar. 18-22), students will be read "On the Farm, At the Market" by G. Brian Karas. The book explores the community of farmers and eaters and how the food sold at the market comes together to create the meals we share. Following the story, students will take part in an activity. For children six to eight years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Space limited; registration required. Info and registration: 914-864-0130.

Italian Language and Culture. Mara De Matteo, born and raised in Italy and passionate about her native language, combines lively conversation with grammatical instruction in her classes. She creates interactive lessons on the richness of Italian culture, past and present. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 6:30 p.m. Every Tuesday. Info: 914-273-3887 or www.northcastlelibrary.org.

Mount Kisco Public Library Board of Trustees Meeting. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 6:30 p.m. Free. Info: 914-666-8041 or www.mountkiscoliberalry.org.

Armonk Readers Book Club. "The Radium Girls: The Dark Story of America's Shining Women" by Kate Moor will be discussed. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 6:45 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

"Hall of Mirrors." In this riveting documentary portrait, the great nonpartisan investigative reporter Edward Jay Epstein, still going strong at 81, takes us through his most notable articles and books, including close looks at the findings of the Warren Commission, the structure

of the diamond industry, the strange career of Armand Hammer and the inner workings of big-time journalism itself. These are interwoven with an in-progress investigation into the circumstances around Edward Snowden's 2013 leak of classified documents, resulting in Epstein's recently published, controversial book "How America Lost Its Secrets: Edward Snowden, the Man and the Theft." Followed by a Q&A with Epstein and filmmakers Ines and Ena Talakic with Jacob Burns Film Center founder Stephen Apkon. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7 p.m. Members: \$12. Non-members: \$17. Info and tickets: Visit www.burnsfilmcenter.org.

Chappaqua Library Board of Trustees Meeting. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 7:30 p.m. Free. Info: 914-238-4779.

Legendary Tuesday Night Jam. This jam has fostered many great musicians over the years. Some have gone on to tour, win Grammy Awards and achieve celebrity status. You never know who you'll hear. Come on down, play or listen, dance, drink and enjoy. All levels of musical talent are welcome. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 8 p.m. No cover charge. Every Tuesday. Info: 914-747-4740.

Wednesday, Mar. 20

Functional Medicinc. A holistic, patient-centered approach to preventing, treating and reversing chronic disease by identifying and understanding the root causes of the individual's symptoms and conditions, including genetic predispositions, environmental contributors and lifestyle factors. Using this model, Dr. Stephen Thorp will lecture on how individuals can manage and treat pain through non-medicine and non-interventional methods. Followed by an exercise or an introduction to alternative medicine affiliated with pain management. Phelps Hospital, fourth floor, 755 N. Broadway, Sleepy Hollow. 9 a.m. Free. Info: Contact Ellen Woods at 914-366-3937 or e-mail vitality@northwell.edu.

Zumba Fitness. Achieve long-term benefits while having a blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life. For all fitness levels. Dance Emotions, 75 S. Greeley Ave., Chappaqua. 9 a.m. Every Monday and Wednesday at 9 a.m. and Saturdays at 10 a.m. Drop in or weekly discount rates available. Info: Contact Peggy at 914 960-4097.

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount

Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10 to 10:30 a.m. Free. Every Monday and Wednesday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

New Mommy and Daddy Meet-Up. Whether it's your first child or your fifth, this is a great way to get out of the house, meet new friends and enjoy time with your baby. World Cup Nursery School, 160 Hunts Lane, Chappaqua. 10:25 to 11:10 a.m. Free. Every Wednesday. Info: 914-238-9267 ext. 20.

Toddler Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10:30 to 11 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Preschool Storytime. This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 11 to 11:30 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Bilingual Storytime. Sing songs and read picture books in English and Spanish. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Wednesday. Info: Visit 914-666-8041 or www.mountkiscoliberalry.org.

Meditation Series: Midday Mind Break. Benefits of meditation include increasing focus and memory; increased health; reduced stress, anxiety and pain; and increased productivity and happiness. Led by Alka Kaminer. North Castle Public Library, 19 Whipoorwill Rd., East, Armonk. 12:15 p.m. Free. Every Wednesday. Info: 914-273-3887 or www.northcastlelibrary.com.

Chair Yoga With Alka Kaminer. Experience greater flexibility, cardiovascular endurance and improved balance, strengthening and toning of muscles, better digestion, stress reduction, mental clarity, improved breathing, relaxation and an overall sense of well-being. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 1 p.m. Free. Every Wednesday. Info: 914-273-3887.

Affordable Care Act Navigator. A trained navigator provided by the county Department of Health will be available to help people with choosing and signing up for health insurance under the Affordable Care Act and the state health marketplace. Mount Kisco Public Library, 100 E. Main

St., Mount Kisco. 2:30 to 7 p.m. Free. Every Wednesday. Also Thursdays from 1 to 6 p.m. and Saturdays from 10 a.m. to 2 p.m. Appointment required. Info and appointment for Wednesday sessions: 914-336-6026. Info and appointment for Thursday and Saturday sessions: 914-813-5192.

Spring Has Sprung: Make Your Own Butterfly. Make your own butterfly out of a clothes pin, candy and decorations. For children in kindergarten and up. Ruth Keeler Memorial Library, 276 Titicus Rd., North Salem. 4 p.m. Free. Info: 914-669-5161 or www.keelerlibrary.org.

Science Lab. Become junior scientists and learn about different science topics through stories, crafts and experiments. There's a new topic every week. For children four to six years old. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 4 to 5 p.m. Free. Every Wednesday. Info: 914-273-3887 or www.northcastlelibrary.org.

Chess Workshop for Children. Learn the game of chess with the help of guided instruction and supervised play. Included will be the study of strategy and tactics to improve your play. For children in grades 1-4. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 4:15 to 5:15 p.m. Free. Registration requested. Info and registration: 914-769-0548.

DIY Rainbow Craft. Welcome spring by creating a colorful rainbow using cotton, buttons and other materials. For children four to 10 years old. Children under five must be accompanied by a caregiver. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Space limited; registration required. Info and registration: 914-864-0130.

Art Series: Suzanne Belperron. Belperron, born in Saint-Claude, France at the dawn of the 20th century, was quite influential in the jewelry design world. In addition to looking at some of her designs, various methods of jewelry design and creation as well as seminal artists will be discussed. Discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

The Experiment of Black Mountain College: 1933-1957. Manhattanville College's Department of Visual Studies & Art History will present an illustrated lecture by New York artist Steven Lane on Black Mountain College, a non-accredited progressive educational experiment, which focused on the visual arts as the center of a liberal arts education for nearly 25 years. Manhattanville College's Reid Hall, West Room, 2900 Purchase St., Purchase. 7 p.m. Free. Info: Visit www.manhattanville.edu.

Author Talk. "Dannemora: Two

continued on next page

News From the Pleasantville Volunteer Fire Department

After an eventful January, which involved two structure fires, one in Chappaqua where we acted as a mutual aid department and one in Pleasantville, February was quiet. Even the weather cooperated with no snow standbys.

While the number of calls is down, members continue to drill and hone their skills. This month, department members spent two Monday nights cutting cars by using HURST tools to extricate accident victims. One drill was spent with the Pleasantville Volunteer Ambulance Corps (PVAC).

Generally, an extrication is done under the ambulance corps' direction. We reviewed PVAC's equipment and the ambulance corps watched as we cut open a car to free a trapped victim. Joint drills each service an appreciation of the duties and difficulties of the other and a working knowledge of the other first-responder operation.

The Pleasantville Fire Department also participated in a live fire and search and rescue drill with the Chappaqua and Millwood fire departments at the Fire Training Center in Hawthorne. The center provides classroom training and numerous practice stations where realistic fire scenarios provide practical experience in extinguishing fires, ladder operations and other various fire scene operations.



Want to ride the big red trucks?

Volunteer firefighting isn't for everyone. But you don't know that unless you give it a try. The Pleasantville Volunteer Fire Department will have served the community for 125 years this December, entirely as a volunteer organization. A few good neighbors are always needed to fill the ranks.

The department is staffed by individuals from all walks of life who have joined for a variety of reasons. Some stay with us for a long time, others spend a short time and decide it isn't for them. Most, if not all, consider their service valuable and an important part of their life. It can be demanding in time and effort, but it is rewarding.

Here are why a couple of department members decided to join and what their service means to them.

Chester Onuma, new member: Like son, like father, I followed in my son's footsteps when I joined. My son started as a Junior

Corps member and has been continuously intrigued with the fire service. Since my volunteer time with club soccer teams ended when my son graduated from high school, I decided to utilize my efforts by serving in our volunteer fire department. I'm halfway through my basic training, but I find the commitment to be challenging and extremely rewarding.

My day job is somewhat related. I manage the design and construction of FDNY firehouses and EMS stations. While working with the firefighters, I can see how the relationship between members is uniquely trusting and something that would be a positive addition to my life.

John Thys, 24-year member: I joined about a year after I moved to Pleasantville because I wanted to contribute to my new community. I retired from business over a year ago; however, while still employed I worked in lower Manhattan and traveled at least 60 days a year and still had time to be a member. At times it was hard, but in the end the satisfaction gained from the camaraderie and helping others far outweighed the

difficult times. When I finally retire from the department, I will have many rich memories and countless friendships.

As an incentive for individuals to serve in New York's volunteer fire service, the Firemen's Association of the State of New York (FASNY) has developed the Higher Education Learning Plan (FASNY HELP). This program provides tuition reimbursement to student-volunteers for up to 65 credit hours attained at a New York State chartered community college or online courses taken through Empire State College. Details can be found at www.fasny.com/wp-content/uploads/2018/09/FASNY_HELP_Handbook-Sept_2018.pdf.

Anyone interested in joining the Pleasantville

Fire Department can stop by its headquarters at 75 Washington Ave. most Monday nights when there are drills and meetings and equipment maintenance. If you see someone in there, come in and someone will make time to talk to you or call 914-769-2336. (It will be a recording but someone return the call.) For more information, visit www.pleasantvillefire.org.



Happenings

continued from previous page

Escaped Killers, Three Weeks of Terror and the Largest Manhunt Ever in New York State" by Charles A. Gardner will be discussed. Gardner, a retired corrections training lieutenant served on the New York State Department of Corrections' emergency response team which played a critical role in the search for the escapees. New Castle Town Hall, 200 S. Greeley Ave., Chappaqua. 7 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Bedford Chamber Concert Series. Featuring renowned Russian-American pianist Vladimir Feltsman, whose pieces will include Bach's Partita No. 1 and Chopin's Four Nocturnes and Ballade No. 3. Refreshments will be served during intermission. St. Matthew's Church Fellowship Hall, 382 Cantitoe St. (Route 22), Bedford. 8 p.m. \$40. Info and tickets: 914-522-5150 or visit www.bedfordchamberconcerts.org.

Thursday, Mar. 21

Third Thursdays Bird Walk. Join naturalist Tait Johansson at this local migration hotspot for the second in a new series of bird walks. A great way to hone your birding skills and mark the passing of the seasons and birds. Maple Avenue, Katonah. 7:30 to 9:30 a.m.

Free. Registration required. Info and registration: Contact Susan at 914-302-9713 or e-mail info@bedfordaudubon.org.

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10 to 10:30 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

Knitting Circle. This group is open to everyone who has an interest in knitting. Live, love, laugh, learn and have fun together during these creative journeys. Come share patterns and ideas and celebrate creative spirits together while enjoying the ancient art of knitting. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 10 a.m. to 12:30 p.m. Free. Every Monday and Thursday. Info: 914-273-3887.

Lifeline Theater Music Program. An outlet for unlocking the potential of children and adults with special needs through integrated arts and life skills programs. Drop in anytime and join founder Billy Ayres as he uses singing, dancing, creating plays, artwork and gardening to help participants realize their

strengths and potential contributions to their communities. Ayres has created a technique called improvisational integrated music/drama. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 10 a.m. to 5 p.m. Free. Every Thursday from 10 a.m. to 5 p.m. and Fridays from 10 a.m. to 2 p.m. Info: Visit www.lifelinetheaterinc.org/index.html.

Toddler Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10:30 to 11 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

Storytime. For children 18 months to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Thursday. Info: Visit 914-666-8041 or www.mountkiscoliberal.org.

Mahjongg Club. Intermediate players welcome. Participants must bring their own set. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 p.m. Free. Every Thursday. Info: 914-666-8041 or www.mountkiscoliberal.org.

Bridge for Intermediate Players. This

class is for people with some knowledge of the game. Led by Joel Goren. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 1:30 to 3:30 p.m. Free. Also Mar. 28 and Apr. 4. Info: 914-273-3887 or www.northcastlelibrary.org.

The Royal Ballet: Don Quixote. Cervantes's story of the bumbling knight Don Quixote has inspired countless artistic interpretations. The brilliant dancer Carlos Acosta chose this joyful classic – with its Marius Petipa choreography – for his first Royal Ballet production. His vibrant staging brings the whole company along on Don Quixote's picaresque journey. Sunny, charming, funny and touching, this is a production full of uplifting emotion and astonishing technique. This performance is prerecorded. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 2 p.m. Members: \$20. Non-members: \$30. Info and tickets: Visit www.burnsfilmcenter.org.

Robotics Racing. Build your own Sail Car and race against your friends. Come explore robotics, gravity and mechanics with hands-on experiments using Westchester Library System physics kits. Snacks included. For students in grades 5-12. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 3:30 to 4:30

continued on page 26

Happenings

continued from page 25

p.m. Free. Registration requested; walk-ins welcome. Info and registration: 914-769-0548.

Pre-K Storytime With Craft. Stories, songs and a take-home craft. For children three to five years old. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 4 to 4:30 p.m. Free. Every Thursday. Info: 914-273-3887 or www.northcastlelibrary.org.

Read to Rover. Dogs love listening to stories. Come meet Rover and read your favorite story. For children five years old and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 5 to 6 p.m. Free. Every Thursday. Info: 914-666-8041 or www.mountkisco.org.

ABCs of Baby Care. This class for expectant parents is to help prepare you for your baby's arrival. Topics covered include how to diaper and bathe a baby; equipment needed such as a car seat; crib safety; guidelines for safe sleep; newborn characteristics and appearance; general baby care; and more. Phelps Hospital, 701 N. Broadway, Sleepy Hollow. 7 p.m. \$50 per couple. Registration required. Info and registration: 914-366-3382 or e-mail igclasherry@northwell.edu.

"The World Before Your Feet." There are 8,000 miles of roads and paths in New York City and for the past six years Matt Green has been walking them all – every street, park, cemetery, beach and bridge. It's a five-borough journey as Green amasses a surprisingly detailed knowledge of New York's history and people along the way. Green gave up his former engineering job, his apartment and most of his possessions, sustaining his endeavor through couch-surfing, cat-sitting and a \$15-per-day budget. He's not sure exactly why he's doing it, only knowing that there's no other way he'd rather spend his days. Followed by a Q&A with Green and filmmaker Jeremy Workman with senior film programmer Andrew Jupin. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7 p.m. Members: \$12. Non-members: \$17. Info and tickets: Visit www.burnsfilmcenter.org.

Friday, Mar. 22

ZUMBA® With Amy. Fun cardio dance fitness workout, low-impact approach, easy learning environment. This feel-good workout is exercise in disguise. Free trial class available. Addie-Tude Dance Center, 42 Memorial Plaza, lower level, Pleasantville. 11 a.m. to noon. \$14 drop-in fee. Every Friday. Also Tuesdays from 10 to 11 a.m. Walk-ins welcome. Info: Call or text the instructor at 914-643-6162 or visit www.amyolin.zumba.com.

Explore Osmo. Children explore, learn, create and interact with digital games in a whole new way. For children in grades 3-5. North Castle Public Library, 19

Whipoorwill Rd. East, Armonk. 4 to 4:30 p.m. Free. Every Friday. Info: 914-273-3887 or www.northcastlelibrary.org.

Friday Night Film Series: "Unbroken." Continue celebrating Women's History Month with a look at director Angelina Jolie's epic-period docudrama about Louie Zamperini's path from Olympic qualifying runner in 1936 to World War II POW survivor. Starring Jack O'Connell in a tour de force performance as Zamperini. Post-screening discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Film Clips and Discussion. Best actress Academy Award winners will be discussed. Led by Philip Harwood. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 7 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Lucy's Laugh Lounge: Stacey Prussman. Prussman is a national touring headlining standup comic, radio host, actress and public speaker. She has appeared numerous times on "The Howard Stern Radio Show." Prussman has been a guest on several popular radio shows on the Sirius XM network including "Race Wars," "The Sam Roberts Show," "The Bennington Show and John Fugelsang's show. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 7:30 p.m. \$20. Info and advance tickets: Visit www.lucyslaughs.com. Type in the promo code Examiner at the prompt when buying tickets online.

Saturday, Mar. 23

Pleasantville Farmers Market. The Pleasantville Farmers Market is the largest, year-round farmers market in Westchester, voted "Best of Westchester" five years in a row (2014-2018). A delicious good time each Saturday. Pleasantville Middle School cafeteria, 40 Romer Ave., Pleasantville. 8:30 a.m. to 1 p.m. Saturdays through Mar. 30. The outdoor market returns Apr. 6. Info: Visit www.pleasantvillefarmersmarket.org.

Practice Tai Chi With Larry Atille. Learn specific feldenkrais and chi kung breathing techniques for deep relaxation and apply them to tai chi movement. This is a hands-on class that will be geared to the level of experience of the class and challenge all participants. Wear comfortable clothes and bring a floor mat or towel. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 10:30 a.m. Free. Every Saturday. Info: 914-273-3887.

Adult Salsa Class. Addie-Tude Performing Arts Center, 42 Memorial Plaza (lower level), Pleasantville. 11:30 a.m. to 12:30 p.m. Free. \$12. Every Saturday. Info: 917-215-1720 or visit www.addie-tude.com. Call or visit website because classes are subject to change.

Author Visit. Caroline Moss is a very

successful author for adults. She now has two debut children's books – the "Work It, Girl!" series, one on Oprah Winfrey and one on JK Rowling. Moss went to John Jay high school. Suggested for children in grades 3-7. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. Noon. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Wild Animals Presentation. Join wildlife educator Anthony Cogswell to learn all about his amazing critters. Live animals will be in attendance. Cranberry Lake Preserve, Old Orchard Street, North White Plains. 1 to 2 p.m. Free. Info: 914-428-1005.

March Madness Trivia. Join fellow trivia buffs for a fun afternoon of college basketball trivia. Feel free to form a team ahead of time or come solo so we can form teams once everyone has arrived. We'll provide the questions, scorecards and keep track of scoring as we advance through each round of trivia. Let the Madness begin! Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1:30 to 3:30 p.m. Free. Info: 914-666-8041 or www.mountkisco.org.

Hoff-Barthelson Music School Master Class Series: Daniel Phillips. This violinist is a founding member of the 30-year-old Orion String Quartet, which is in residence at Mannes College of Music and performs regularly at the Chamber Music Society. A winner of the 1976 Young Concert Artists Competition, Phillips has performed as a soloist with many American orchestras and appears regularly at the Spoleto USA, Santa Fe, Chamber Music Northwest, Chesapeake and Music from Angel Fire Festivals, as well as the International Musicians Seminar in Cornwall, England. He is a Queens College professor and on faculty at Mannes College of Music, Bard College Conservatory and The Juilliard School. Hoff-Barthelson Music School, 25 School Lane, Scarsdale. 2 p.m. Free. Space limited; reservations strongly encouraged. Info: 914-723-1169 or visit www.hbms.org. Registration: E-mail hb@hbms.org.

Magillah Reading. A Humanist-style Magillah reading will be led by Rabbi Frank Tamburello of the Westchester Community for Humanistic Judaism with interactive participation of members and friends. There will also be a humorous short "Purimspiel" by members. Everyone is urged to wear a mask or costume, bring a dessert dish or fruit and also a canned or nonperishable food package as part of the holiday tradition called "Shalach Momot" for donation to a community food pantry. Community Unitarian Universalist Congregation, 468 Rosedale Ave., White Plains. 2:30 p.m. Free. (Donations welcome.) Info: Contact Dmitry at 914-713-8828 or visit www.wchj.org.

Portland Cello Project. Portland's premiere alt-classical group and a

nationally recognized performing, recording and educational group with a revolving cast of classically trained cellists, brings a huge orchestral ensemble, including brass, percussion and guest vocals by Patti King of The Shins, to perform a night in homage to Radiohead. During the first set, expect unique renditions of classical Radiohead pieces that wander from epic to breathtakingly intimate. The second set, from start to finish, will be Radiohead's seminal "OK Computer" album. This historic album that has proven over the years to yield an infinite variety of artistic inspiration to people of all walks of life with musical subtleties that hint at everything from Bach to Stravinsky. Purchase College's PepsiCo Theatre, 735 Anderson Hill Rd., Purchase. 8 p.m. \$25 to \$45. Info and tickets: 914-251-6200 or visit www.artscenter.org.

Del & Dawg. Del McCoury met David Grisman at the first show McCoury ever played (on banjo) with Bill Monroe in the spring of 1964 at NYU. Three years later McCoury and Grisman – Del & Dawg – played their first gig together in Troy, N.Y. They both celebrated the arrival of first-born sons within a month of each other. Through the years they have shared the stage at venues and festivals across the country and in 2012 released "Hardcore Bluegrass," a unique collection of bluegrass classics made at two Dawg studio jam sessions in the 1990s. Del & Dawg celebrates the nearly 50-year bluegrass friendship that these two legendary musicians have shared. Tarrytown Music Hall, 13 Main St., Tarrytown. 8 p.m. \$38, \$55 and \$65. Info and tickets: Visit www.tarrytownmusicall.org.

Sunday, Mar. 24

"Peter and the Wolf." Children's Concert and Meet the Instruments Party. Hoff-Barthelson Music School presents a special event featuring a performance of Sergei Prokofiev's enchanting classic. Performed by members of Hoff-Barthelson's faculty followed by meeting the instruments and the musicians who played them. Hoff-Barthelson Music School, 25 School Lane, Scarsdale. 1:15 and 3:15 p.m. Free. Reservations required. Info and reservations: Visit www.hbms.org.

The Musical History of the '50s. A live musical journey back to the fabulous '50s. Listen to the music and learn about the entertainers (including Dean Martin, Perry Como, Johnny Mathis, Elvis and The Duprees) from the era of music "that changed the world." Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 2 to 3:15 p.m. Free. Registration required. Info and registration: 914-769-0548.

Ballroom Dancing and Dinner. Dancing followed by a complete dinner. All

continued on next page

Great Recipes to Help 'Spring-Clean' Your Eating

By Patricia Talio

As you roll up your sleeves and rid your home of dust and clutter, try eating clean.

The health benefits are tremendous. Clean eating is about choosing foods that are in their most natural state – as close as possible to how they were grown or harvested. So you'll reduce or eliminate refined, processed foods, ones with additives and preservatives, unhealthy fats, and lots of added sugar and salt.

How to start: On the label, each ingredient should be a foodstuff, not a chemical name. So whole-grain bread and pasta, yes. Grass-

fed beef, yes. Cereal in neon pink and blue: no. Fruits and veggies: yes. Cheese: yes. Highly processed cold cuts, sausage and bacon or microwavable puff-pastry appetizers loaded with sugar and salt: no.

Your rewards? Besides great taste, you'll help reduce your and your family's risk of obesity, heart disease, diabetes and certain cancers, while possibly lowering blood pressure and cholesterol.

Kick off spring with these healthy, but delicious, recipes.

Patricia Talio is a registered dietitian at Northern Westchester Hospital.

Creamy Chocolate Date Mousse

From the American Institute for Cancer Research

Ingredients

8-10 dates, pitted
1/2 cup light coconut milk, canned + 1/4 cup water
1 ripe avocado, peeled
1/4 cup unsweetened cocoa powder
1/4 cup semi-sweet chocolate chips, melted

Nutritional information

Serves 4
Calories 288
Fat 1 gram
Saturated fat 5 grams
Fiber 7 grams



Carbohydrates 50 grams
Protein 2 grams
Sodium 3 milligrams

Directions:

1. Chop dates into small pieces.
2. In blender or food processor, blend till smooth: chopped dates, coconut milk, water.
3. Add avocado, melted chocolate chips, cocoa powder. Blend again until creamy.
4. Pour into four small ramekins or bowls.
5. Chill in fridge for 1 to 3 hours or overnight.
6. Garnish with raspberries, chopped nuts or a sprinkle of Himalayan sea salt.

Green Veggie Bowl with Chicken & Lemon-Tahini Dressing

From Eating Well Magazine

Ingredients

1/4 cup tahini
1/4 cup cold water + 2 Tbsp, divided
1/4 cup lemon juice
1/2 tsp minced garlic + 2 sliced garlic cloves, divided
1/4 tsp ground cumin
1/2 tsp kosher salt, divided
1 cup green beans
1 small broccoli crown
4 (4-ounce) chicken cutlets, trimmed
1/4 tsp ground pepper
2 Tbsp extra-virgin olive oil, divided
1/2 large red onion, sliced
4 cups thinly sliced kale
2 cups cooked brown rice
1/4 cup chopped fresh cilantro

Nutritional information

Serves 4
Calories 452
Fat 18 grams
Saturated fat 2 grams
Fiber 5 grams
Carbohydrates 42 grams
Protein 35 grams
Sugar 3 grams
Sodium 316 milligrams
*Serving size: 3 oz. chicken, 1 cup vegetables, 1/2 cup rice, 2 Tbsp. dressing



Directions

1. Whisk tahini and 1/4 cup water in small bowl until smooth. Add lemon juice, minced garlic, cumin, 1/4 teaspoon salt and whisk to combine. Set aside.
2. Trim green beans, cut in half. Break broccoli into florets. Measure 1 cup. (Reserve the rest for another use.)
3. Season chicken with remaining 1/4 tsp salt, pepper. Heat 1 Tbsp oil in large cast-iron skillet, medium heat. Add chicken, cook until 160°F for 3 to 5 minutes per side. Transfer to clean cutting board, tent with foil to keep warm.
4. Wipe out pan, add the remaining 1 Tbsp oil. Add onion and cook, stirring occasionally, 2 minutes. Add sliced garlic, cook 30 seconds; add broccoli, green beans. Cook, stirring occasionally, 2 minutes. Stir in kale, add remaining 2 Tbsp water. Cover and steam until vegetables are tender-crisp, 1 to 2 minutes.
5. To serve, divide rice and vegetables among 4 bowls, top with sliced chicken. Drizzle reserved dressing, sprinkle cilantro.

Happenings

continued from page 26

proceeds to go to the scholarship fund at Fox Lane High School and New York Boys' State. Moses Taylor American Legion Post 136, 1 Legion Way, Mount Kisco. 2:30 to 6:30 p.m. \$18 per person. Fourth Sunday of every month. Info: 914-241-0136 or contact Commander John A. Graziano at 914-248-7134.

Author Talk. Kent Patterson will discuss his book "Rails Around Westchester County" and sign copies of the book. There will also be an exhibit installed by the North Salem Historical Society of pictures, maps, trains and depots in town. Ruth Keeler Memorial Library, 276 Titicus Rd., North Salem. 3 p.m. Free. Info: 914-669-5161 or www.keelerlibrary.org.

Hudson Chorale Benefit. Soprano Jennifer Marshall and pianist David Baranowski will be teaming up to present an afternoon of music, "Rhapsody in Blue," to benefit the area's largest chorus. The program will include the music of George Gershwin, songs of Edith Piaf and more. Guests will have a musically marvelous time followed by wine, hors d'oeuvres and delectable sweets. This event will benefit the Chorale's orchestra fund that is used to hire professional orchestra members for future concerts. Church of St. Barnabas, 15

N. Broadway, Irvington. 3 p.m. \$65. Two tickets: \$120. (Tickets are tax deductible.) Info and tickets: 914-462-3212 or visit www.hudsonchorale.org.

"Lost Boundaries." Scott Carter (Mel Ferrer) is a light-skinned black man living in Chicago. A recent medical school graduate, Scott is eager to marry his fiancée, Marcia (Beatrice Pearson), and start an internship at a black hospital in Georgia. When he's turned down for the position due to the hospital's preference for "southern" applicants, Scott and Marcia reluctantly decide to pass for white in order to avoid discrimination and better their chances of a stable life. But when word of their past comes to light, their entire existence is threatened. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 5 p.m. Members: \$9. Non-members: \$14. Info and tickets: Visit www.burnsfilmcenter.org.

Business of Comedy Seminar. Booking agent, manager, writer, producer, director and performer Carole Montgomery will lead this seminar. The perfect event for the newer comedian or prospective performer to learn a bit. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 7:30 p.m. \$20. Info and advance tickets: Visit www.lucyslaughs.com. Type in the promo code Examiner at the prompt when buying tickets online.

Monday, Mar. 25

Master Networker Meeting. Join this high-energy interactive membership network of learning-based, service-oriented entrepreneurs and business leaders. Come be a guest any Wednesday to learn more about this world-class business training and referral program. 719 Bedford Rd., Bedford Hills (next to ShopRite). 7:30 to 8:30 a.m. Free. Every Monday. RSVP suggested. Info and RSVP: Contact Tina Campbell at 914-441-1383 or e-mail tinacampbell@masternetworks.net or drop in.

Foreign Policy Discussion Group: Guantanamo Weakens American National Security. As director for National Security Advocacy for Human Rights First, guest speaker Raha Wala develops and oversees the implementation of advocacy strategies to ensure that U.S. counterterrorism and national security policies are carried out consistent with human rights norms. He is a recognized expert in international human rights and humanitarian law and has worked to reform key post-9/11 counterterrorism policies, including indefinite detention and military commissions at Guantanamo; targeted killings in the U.S. drone program; "enhanced interrogation techniques" and other forms of torture

or abusive interrogations. Facilitated by Mal Nechis. Chappaqua Performing Arts Center, 480 Bedford Rd., Chappaqua. 10 a.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Here We Are Together: Story Time for Children. From newborns to school-age children, with a parent or caregiver. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Monday. Info: 914-666-8041 or www.mountkiscopubliclibrary.org.

Robert the Guitar Guy. For children four to eight years old. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 4 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Explore Creative Writing. Do you like to write? Do you have fun creating with words? Come and write for fun. No pressure, no testing, no stress. Just relax and write. For children seven to 10 years old. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 4 to 4:45 p.m. Free. Every Monday. Info: 914-273-3887 or www.northcastlelibrary.org.

Plant Some Beans. Welcome spring by planting your very own bean plant using some soil and seeds. For children five years old and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to

continued on page 29

To Place a Classified Ad
Call 914-864-0878 or e-mail
classifieds@theexaminernews.com

EXAMINER MEDIA Classifieds

Classified Ad Deadline
is Thursdays at 5pm for the
next week's publication

ANTIQUES & ART/COLLECTIBLES

MOST CASH PAID FOR paintings, antiques, furniture, silver, sculpture, jewelry books, cameras, records, instruments, coins, watches, gold, comics, sports cards, etc. **PLEASE CALL AARON AT 914-235-0302**

ATTORNEY/ LEGAL

Lung Cancer? And Age 60+? You And Your Family May Be Entitled To Significant Cash Award. Call 866-951-9073 for Information. No Risk. No Money Out Of Pocket.

DIVORCE \$349 - Uncontested divorce papers prepared. Only one signature required. Poor person Application included if applicable. Separation agreements. Custody and support petitions. 518-274-0380

AUTO DONATIONS

Donate your car to Wheels For Wishes, benefiting Make-A-Wish. We offer free towing and your donation is 100% tax deductible. Call 914-468-4999 Today!

Donate your car to Wheels For Wishes, benefiting Make-A-Wish. We offer free towing and your donation is 100% tax deductible. Call 315-400-0797 Today!

AUCTIONS

CHEMUNG COUNTY Tax Foreclosed Real Estate Auction: 100+ Lots. Wednesday, March 27, 2019. Registration: 7:00AM; Auction Start: 9:00AM. Holiday Inn Elmira-Riverview, 760 E. Water Street, Elmira, NY 14901 Pre-Auction Bidder Seminar: Thursday, March 14, 2019, at 6:00PM. For complete information, visit www.auctionsinternational.com or call 800-536-1401, Ext. 110

AUTOMOTIVE

CASH FOR CARS! We buy all cars! Junk, high-end, totaled- it doesn't matter! Get free towing and same day cash! Newer Models too! Call 1-833-839-3981.

BUSINESS OPPORTUNITY

Have an idea for an invention/new product? We help everyday inventors try to patent and submit their ideas to companies! Call InventHelp/Æ, FREE INFORMATION! 888-487-7074

BUYING/ SELLING

Buying diamonds, gold, silver, all fine jewelry and watches, coins, paintings, better furs, complete estates. We simply pay more! Call Barry 914-260-8783 or e-mail [Americabuying@aol.com](mailto:Amercabuying@aol.com)

CABLE & SATELLITE TV

Spectrum Triple Play! TV, Internet & Voice for \$29.99 ea. 60 MB per second speed. No contract or commitment. More Channels. Faster Internet. Unlimited Voice. Call 1-855-977-7198

CAREER TRAINING

AIRLINE CAREERS Start Here! Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call AIM for free information 866-296-7094

EVENTS

Watkins-Montour Rotary Club's ANTIQUE SHOW & COLLECTIBLES SUNDAY, MARCH 17, 2019 9:30am to 3:00pm Clute Park Community Center, Rt. 414, Watkins Glen 32 DEALERS

FINANCIAL

70 years old, kids are grown. Still need your life insurance? or is a big LIFE SETTLEMENT CASH PAYOUT smarter? Call Benefit Advance. 1-844-348-5810

FOR RENT

PUTNAM VALLEY/WESTCHESTER BORDER. 1200 sq ft commercial building for rent. Office/retail/contractor space. Large private parking lot. Central air/heat. Great access & visibility off a main road. Available may 1st. (914)-497-7686.

FOR SALE

BUYING DIAMONDS, GOLD, SILVER, all fine jewelry and watches, coins, paintings, better furs, complete estates. We simply pay more! Call Barry 914-260-8783 or e-mail [Americabuying@aol.com](mailto:Amercabuying@aol.com)

Privacy Hedges -SPRING BLOWOUT SALE 6ft Arborvitae Reg \$179 Now \$75 Beautiful, Nursery Grown. FREE Installation/FREE delivery, Limited Supply! ORDER NOW: 518-536-1367 www.lowcost-treefarm.com

GOLD/SILVER WANTED

HIGHEST PRICES PAID - Visit Westchester's Top Buyer for Gold, Silver, Diamonds, Coins & Currency, Watches, Jewelry. Licensed, Professional, **No Appointment Necessary.** **Tuesdays-Saturdays 10am-6pm, Mt. Kisco Gold & Silver, 139E Main Street. 914-244-9500**

HEALTH

VIAGRA & CIALIS! 60 pills for \$99. 100 pills for \$150 FREE shipping. Money back guaranteed! Call Today: 800-404-0244

Suffering from an ADDICTION to Alcohol, Opiates, Prescription Painkillers or other DRUGS? There is hope! Call Today to speak with someone who cares. Call NOW: 1-833-880-6049

HELP WANTED

JOB OPPORTUNITY: \$17 P/H NYC - \$14.50 P/H LI If you currently care for your relatives or friends who have Medicaid or Medicare, you may be eligible to start working for them as a personal assistant. No Certificates needed. (347)462-2610 (347)565-6200

P/T VALET PARKING POSITIONS; age 25+ a MUST; clean DL; Westchester/Rockland & Connecticut; **email resume to Robert@tristateparking.com**

HOME IMPROVEMENT

BATHROOM RENOVATIONS. EASY, ONE DAY updates! We specialize in safe bathing. Grab bars, no slip flooring & seated showers. Call for a free in-home consultation: 888-657-9488.

LEGAL NOTICES

FORMATION OF ETNA CAPITAL ADVISORS LLC FILED WITH THE SECY. OF STATE OF NY (SSNY) ON 1/25/19. Office loc.: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. The address SSNY shall mail process to **Richard Imprescia, 1821 Casey Ct., Mohegan Lake, NY 10547. Purpose: Any lawful activity.**

NOTICE OF FORMATION OF DISTINGUISHED DESTINATIONS LLC Filed with SSNY on 9/12/2018, Office: Westchester County, SSNY Designated as

agent upon whom process against it may be served. SSNY shall mail process to: **c/o Elli Travel Group, 1967 Palmer Avenue, Larchmont, NY 10538. Purpose: any lawful purpose.**

NOTICE OF FORMATION OF REID & LEIVA MULTISERVICES LLC Filed with SSNY on 01/14/2019, Office Westchester, SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: 506 Van Cortlandt Park Ave, Yonkers, NY 10705. Purpose: any lawful purpose.

LEGAL NOTICE: NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY: The name of the Limited Liability Company is Palmyra Holdings LLC. The Articles of Organization were filed with the New York Secretary of State on February 19, 2019. The office of the Company is located in the County of Westchester, State of New York. The New York Secretary of State is designated as the agent of the Company upon whom process in any action or proceeding against it may be served, and the address to which the Secretary of State shall mail a copy of process in any action or proceeding against the Company served upon him or her is **110 Marquand Avenue, Bronxville, New York 10708. The purpose of the business is any lawful business.**

NOTICE OF FORMATION OF LIFE GIVERS TRANSPORTATION, LLC Filed with SSNY on 1/22/19. Office: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **75 Bruce Ave., Apt. 4F, Yonkers, NY 10705. Purpose: any lawful purpose.**

NOTICE OF FORMATION OF E&L BY DESIGN, LLC. Arts. of Org. filed with NYS Dept. of State on 1/9/2019. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC, **2020 Maple Hill Street, Suite # 902, Yorktown Heights, NY 10598. Purpose: any lawful act or activity.**

NOTICE OF FORMATION OF UP-STATE STUMP GRINDING, LLC. Arts. of Org. filed with SSNY on 1/10/2019. Office location: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC: **19 Terrace Ave., Ossining, NY 10562. Purpose: any lawful act or activity.**

NOTICE OF FORMATION OF PRO-TO DOG SERVICES, LLC. Arts of Org filed with Secy of State of NY (SSNY) on 09/13/2010. Office loc: Westchester. SSNY designated as agent of the LLC upon whom process against it may be served

continued on page 30

CANADIAN RIVER CRUISING

4, 5, 6, 7 night cruises on the
St. Lawrence and Ottawa rivers
aboard the nostalgic
replica steamboat
CANADIAN EMPRESS



Quebec City, Ottawa, Kingston departures

Call now to request your 2019 brochure

www.StLawrenceCruiseLines.com **1-800-267-7868**

253 Ontario St., Suite 200 Kingston, ON K7L 2Z4

TICO #2168740

It May Be Time to Update Your Estate Plan

By Joanna C. Feldman, Esq.

Regardless of whether your estate plan is basic or complex, it is important to review the plan every few years because there can be changes in life events and laws and regulations.

Estate plans can change drastically after certain life events, which include, but certainly aren't limited to marriage and divorce; a new child or grandchild; death or incapacitation of a nominated executor or appointed trustee; moving to another state or even owning real property in another state; significant increases or decreases in the value of assets; illness, disability or death of a spouse, child or beneficiary and; changes in family dynamics.

There are things to change if you are going through a divorce, such as changing the agent under your Power of Attorney. Once finalized, your ex-spouse will be ineligible from serving as the executor under your Last Will and Testament, but that may leave only one remaining successor. If something happens to that person, be it death, disability or an unwillingness to act, complications can arise. Or perhaps your distribution plan needs modification because the inclusion of

certain ex-family members no longer matches your wishes.

Your child may marry someone who, quite frankly, you don't trust. Or maybe you realize your own child is incapable of managing finances. You may then wish to leave that child's share to a trust set up for that child's benefit, but to which they (and their spouse) have no access.

If your child gets divorced and your child's ex-spouse is named as a beneficiary of your estate, their divorce may necessitate revising your documents.

Estate plans should be reviewed with the addition of a child or grandchild. A will may be sufficient in that it provides that one's estate shall be distributed to their spouse, or if the spouse predeceases, to their children (or their children's children). In New York, however, because minor children may not personally receive property greater than \$10,000, a guardian for the minor's property may need to be appointed. This is an administrative – and possibly expensive – hassle that could be avoided if the will provides for such property to be distributed to the trustee of an underage beneficiary

trust established for the benefit of such minor child.

Owning a vacation home in another state solely in your name could lead to the need to probate in more than one state, which is another administrative and potentially expensive task that could be avoided through the use of a trust.

Establishing residency in another state may render certain documents ineffective because they do not comply with the new state's laws. Additionally, the new state's estate tax system may be completely different, requiring another distribution scheme.

People often fail to update beneficiary designations following life events. I encounter life insurance policies and other financial accounts where the beneficiary has predeceased and no contingent beneficiaries are named.

Changes in Laws, Regulations

In New York, for example, the estate tax exemption is now at over \$5.7 million. The federal exemption threshold is over \$11 million (over \$22 million for couples). These exemptions have increased significantly over time, and estate tax concerns that existed when an estate plan was crafted may

no longer be concerns. The estate plan as crafted may include options for dealing with the estate tax concerns, such as using trusts. But if not needed anymore, the use of those trusts may create administrative burdens that could have been avoided by updating the estate plan.

Estate plans can and should change periodically. The failure to have an estate plan that reflects both current laws and your evolving personal situation may lead to the distribution of your assets in conflict with your goals and invoke other burdensome issues. Speaking with a knowledgeable elder law and estate planning attorney is the first line of defense against unintended consequences.

Joanna C. Feldman is an attorney with the law firm Maker, Fragale & Di Costanzo, LLP, located in Rye and Yorktown Heights. The firm's main area of practice is elder law and special needs planning. Feldman is active in local and statewide bar associations and practice-related committees. She may be reached at 914-925-1010 or via e-mail at jcf@mfd-law.com. Also, visit www.plantodayfortomorrow.com.

Happenings

continued from page 17

5:30 p.m. Free. Space limited; registration required. Info and registration: 914-864-0130.

Just Write! A creative writing club led by published poet and librarian Mary Johnson. Come and create your writing in a friendly, encouraging environment New members and writers of all levels welcome. Open to everyone 16 and up. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6:30 to 8 p.m. Free. Info: 914-273-3887 or www.mountkiscoliberal.org.

Belly Dancing. Learn this captivating Middle Eastern dance and enrich your cultural knowledge. Whether you want to dance professionally or just have fun and get in shape, this is the place to start. Josie's International School of Dance, 42 Memorial Plaza, Level B, Pleasantville. 7 p.m. \$20. Every Monday. Info: 914-332-8670 or visit www.josiedance.com.

"Devil in a Blue Dress." Easy Rawlins (Denzel Washington), a decorated World War II hero, is trying to get by in segregated America. After losing his job, he ends up working as a detective on the trail of a missing white woman (Jennifer Beals) who is thought to be hiding somewhere in Los Angeles' black community. Before long, trouble is around every corner. This richly

atmospheric hard-boiled whodunit, which also stars a trigger-happy Don Cheadle in a scene-stealing performance, is based on Walter Mosley's novel of the same name. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7 p.m. Members: \$9. Non-members: \$14. Info and tickets: Visit www.burnsfilmcenter.org.

Lucy's Laugh Lounge Open Comedy Mic. This is where the comedians come out to work on new jokes, change old jokes or experiment with words that they just learned. The performers can say and do whatever they want where they can be bold, creative, daring, insulting, and controversial if they so choose. Lucy's Lounge, 446 Bedford Rd., Pleasantville. Sign up at 7 p.m. Show at 7:30 p.m. Free. Every Monday. Info and tickets: Visit www.nomacomedy.com.

Tuesday, Mar. 26

Investing in Westchester's Digital Future. This conference will explore the direct impact of high-speed broadband and wireless technology on economic development, workforce development, healthcare and our education system; the current state of our federal, state and local regulatory activities and steps to take to prepare for the newest technological advancements; the value of comprehensive

planning to face a number of policy, public safety, land-use and right-of-way considerations; and digital equity and strategies to eliminate barriers to broadband access and use. Speakers will include Christopher Fisher, Esq., immediate Past president of the New York State Wireless Association and a managing partner at Cuddy & Feder; industry representatives from Altice, AT&T; and Crown Castle and representatives from the Westchester Library System, Healthcare Association of New York State and Smart City Experts. IBM Learning Center, 20 Old Post Rd., Armonk. 8 to 11:30 a.m. Westchester County Association members: \$85. Non-members: \$100. Info and registration: Visit www.wca.org.

Family Storytime. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 11 a.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Music & Movement. Shake, shimmy and dance. For children two to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkiscoliberal.org.

"Shadows." Set within a community of artists, musicians and intellectuals, this film follows three African-American siblings, two of whom can pass for white, as

they pursue careers, romances and a sense of purpose in New York City. The feature directorial debut of legendary filmmaker and actor John Cassavetes, is notable for its subtle and poignant observations of race and bohemia and for performances that were largely improvised. Its 1959 premiere marked a watershed moment in the evolution of independent cinema. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7 p.m. Members: \$9. Non-members: \$14. Info and tickets: Visit www.burnsfilmcenter.org.

Wednesday, Mar. 27

Adult Art Program: Acrylics Plus. The group works in acrylics but also dabbles in other mediums. Facilitated by Nina Bertolino. Participants need to bring supplies from a list she provides. Ruth Keeler Memorial Library, 276 Titicus Rd., North Salem. 10:30 a.m. to 12:30 p.m. Free. Meets the second and fourth Wednesdays through April. Info: 914-669-5161 or www.keelerlibrary.org.

Knitting at the Library. Knitters and crocheters of all skill levels. For ages 10 and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 5:30 p.m. Free. Every Wednesday. Info: 914-864-8041 or www.mountkiscoliberal.org.

To Place a Classified Ad
Call 914-864-0878 or e-mail
classifieds@theexaminernews.com

EXAMINER MEDIA Classifieds

Classified Ad Deadline
is Thursdays at 5pm for the
next week's publication

continued from page 28

and shall mail process to the principal business address: **1707 EAGLE BAY DR OSSINING, NY 10562. Purpose: any lawful act or activity.**

NOTICE OF FORMATION OF DSG HOME RENOVATIONS LLC. Articles of Organization filed with the Secy of State of NY (SSNY) on 11/08/2018. Office location is Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **6 East Sidney Avenue, Mount Vernon, NY 10550. Purpose: any lawful act or activity.**

TOWN OF PUTNAM VALLEY TOWN BOARD MEETING AGENDA March 20, 2019 Pledge of Allegiance 1. Accept NRI maps, diagrams and comments 2. Parks and Recreation personnel changes. 3. Parks and Recreation refunds. 4. Wildwood Knolls Facilities Warrant 5. Appoint Lake Oscawana Harvester Operator 6. Building Department Daily Fee Report 7. Accept proposal from Kappus Pumps & Plumbing for grinder pumps for sewer pump station. 8. Continued discussion regarding road-divided contiguous properties. 9. Presentation by Town Assessor, Sheryl Luongo, regarding information and points of concern about Airbnbs. **Audit** of monthly bills

NOTICE OF FORMATION OF KC MAKEUP, LLC. Articles of Organization filed with the Secy of State of NY (SSNY) on 09/16/2018. Office location is Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **Kasey Camacho, 2 Stanley St., Pleasantville, NY, 10570 Purpose: any lawful act.**

NOTICE OF FORMATION OF OLA SERVICES, LLC. Articles of Organiza-

tion filed with the Secretary of State of New York (SSNY) on February 3, 2019. Location: Westchester County. SSNY designated as agent for service of process on LLC. SSNY shall mail a copy of process to: **OLA Services, LLC, 50 Broadway, Hawthorne, NY 10532. Purpose: Any lawful purpose.**

NOTICE OF FORMATION OF OLA ASSOCIATES, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on February 13, 2019. Location: Westchester County. SSNY designated as agent for service of process on LLC. SSNY shall mail a copy of process to: **OLA Associates, LLC, 50 Broadway, Hawthorne, NY 10532. Purpose: Any lawful purpose.**

NOTICE OF FORMATION OF DORENBAUM & BECK, LLC. Articles of Organization were filed with the SSNY on 2/28/19. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to **20 Manville Ln., Apt 4, Pleasantville, NY 10570. Purpose: Healthcare Communications Consulting.**

TOWN OF PUTNAM VALLEY ZONING BOARD OF APPEALS 265 OSCAWANA LAKE ROAD PUTNAM VALLEY, NEW YORK 10579 Phone: (845) 526-3740 Fax: (845) 526-3307 EMAIL: mbabnik@putnamvalley.com NOTICE: Notice is hereby given to interested parties that a Public Hearing will be held by the Putnam Valley Zoning Board of Appeals on Thursday March 28, 2019 at 6:30 at Town Hall, 265 Oscawana Lake Road for the purpose of considering the following petitions and requests together with all other matters that may properly come before the Board at this time. **AGENDA Held Over 1. Correia, Carlos, 1135 Williams Street-84-2-48; CD Request front yard setback variance and**

280A variance for two lot subdivision.

2. Spinola, Anthony, 16 Hanson Street, 91.26-1-40; LP Request variance under Section 165-27 I 2 of the Zoning Code for fence. Decision 3. Homeland Towers, LLC, 265-273 Oscawana Lake Rd.-72.16-1-23;CN Request variance under Section 165-61 I 1 setback from the property line 210 ft. Request variance under Section 165-61 I 12a2 setback 750 ft. from a dwelling and public assembly. New Application 4 Dronzek, Judith, 106 Dunderberg Road, -62.14-1-30; R-3 Request front yard and lake front setback variance for deck and hot tub. 5. Lennon, Tim, 28 White Hill Road, 51.19-1-10; R-3 Request front, rear and variance for increase in height under Section 165-44 A (1) of the Zoning Code for addition to existing house. 6. Prezioso, Robert, 55 Pembroke Court-92.-1-80; R-1 Request variance for finished basement under Section 165-19D of the Zoning Code. 7. Vasquez, Jose, 30 Finnerty Place,-85.9-1-14; R-2 Request side yard setback variance for pool and deck. 8. Wendle, Gerard, 45 Ridgecrest Road, 83.64-1-22; LP Request front and rear yard setback variance for generator and propane tanks. BY ORDER OF THE TOWN OF PUTNAM VALLEY ZONING BOARD OF APPEALS WILLIAM MASKIELL CHAIRMAN

NOTICE 3/2019 Please be advised that the next meeting of the **Planning Board** will be held at **Town Hall, 265 Oscawana Lake Road on Monday March 25, 2019** for the purpose of considering the following applications: **Regular Meeting Start Time: 6:00pm AGENDA REVIEW 1. Homeland Towers, LLC- 265-273 Oscawana Lake Road(TM# 72.16-1-23/ File: 2018-0186)** The subject property consists of + 12.1 acres of land and is located on 265-273 Oscawana Lake Road and within the CN Zoning District. The applicant is proposing to lease an area of the parcel in order to construct a 160 foot monopole with antennas, together with related equipment within a fenced compound. **APPROVAL OF MINUTES 2. Approve Minutes of February 11, 2019**

MEDICAL SUPPLIES

Attention Viagra users: Generic 100 mg blue pills or Generic 20 mg yellow pills. Get 45 plus 5 free \$99 + S/H. Guaranteed,

no prescription necessary. Call 877-845-8068.

MISCELLANEOUS

Earthlink High Speed Internet. As Low As \$14.95/ month (for the first 3 months) Reliable High Speed Fiber Optic Technology. Stream Videos, Music and More! Call Earthlink Today 1-855-970-1623 **SAWMILLS** from only \$4397.00- MAKE & SAVE MONEY with your own bandmill- Cut lumber any dimension. In stock ready to ship! FREE Info/DVD: www.NorwoodSawmills.com 800 567-0404 Ext.300

DIRECTV & AT&T. 155 Channels & 1000s of Shows/Movies On Demand (w/ SELECT Package.) AT&T Internet 99 Percent Reliability. Unlimited Texts to 120 Countries w/ AT&T Wireless. Call 4 FREE Quote - 1-888-534-6918.

A PLACE FOR MOM has helped over a million families find senior living. Our trusted, local advisors help find solutions to your unique needs at no cost to you. Call: 1-800-404-8852 Real Estate

REAL ESTATE

Sebastian, Florida (East Coast)Beach Cove is an Age Restricted Community where friends are easily made. Sebastian is an iOld Floridai fishing village with a quaint atmosphere yet excellent medical facilities, shopping and restaurants. Direct flights from Newark to Vero Beach. New manufactured homes from \$114,900. 772-581-0080; www.beach-cove.com

SERVICES

Guaranteed Life Insurance! (Ages 50 to 80). No medical exam. Affordable premiums never increase. Benefits never decrease. Policy will only be cancelled for non-payment. 855-686-5879.

COMPUTER ISSUES? FREE DIAGNOSIS by GEEKS ON SITE! Virus Removal, Data Recovery! 24/7 EMERGENCY SERVICE, In-home repair/On-line solutions \$20 OFF ANY SERVICE! 844-892-3990



HOMEOWNER FUNDING

Special Funding Programs For Necessary Home Improvements Are Now Available, Apply Today.

Roofing | Windows | Siding | Insulation | Walk-In Tubs

Contact us today and our highly knowledgeable team will be able to help discover the available funding programs that will best fit you and your needs.

800-736-9629
NYImprovementFund.com

DENTAL Insurance

Physicians Mutual Insurance Company

A less expensive way to help get the dental care you deserve!

CALL NOW! 1-855-225-1434

- Get help paying dental bills and keep more money in your pocket
- This is real dental insurance – NOT just a discount plan
- You can get coverage before your next checkup

Don't wait! Call now and we'll rush you a FREE Information Kit with all the details.

Insurance Policy P150NY 6129

FREE Information Kit

Here's the information you requested on Dental Insurance

Your Name Here

1-855-225-1434

Visit us online at **www.dental50plus.com/nypress**

MB17-NM003Ec

Local Singer-Songwriter Finds Joy in Connecting With Audiences

By Martin Wilbur

Dean Friedman probably hasn't had a commute to a gig that'll be as short as the one he'll have this Saturday night since he was in high school.

The singer-songwriter and 33-year Cortlandt resident, who scored one Top 20 hit in the United States, will give a solo performance this Saturday night at Peekskill's Dramatic Hall, a recently refurbished venue that in recent months has also hosted noted artists Daisy Jopling and Christine Lavin.

Friedman plans a mix of old and new material, including selections from his latest album "12 Songs."

"Sometimes I work with a band but this will be acoustic guitar and keyboard," Friedman said. "Just jumping between the two, telling stories and singing the songs."

Friedman, 63, has been telling stories and singing songs since growing up in Paramus, N.J. It was his quirky creation, "Ariel," a song about "a pot-smoking vegetarian Jewish girl from deep in the bosom of suburbia" that he is best known for in the States, as the single lingered on the Billboard charts for about five months in 1977.

While American audiences might

refer to him as a one-hit wonder, Friedman, who completed a 40th anniversary tour last year, would have greater success in the United Kingdom, scoring with hits "Lydia" and "Lucky Stars," the following year. The latter work reached number three on the U.K. charts.

It was a song that embroiled him in a controversy in the U.K. in 1981 that may have brought him his greatest fame – at least overseas. He wrote and recorded the song "McDonald's Girl," but since the BBC is public radio the powers that be at the time refused to give it airplay because of the reference to the fast food restaurant.

But Friedman got the most satisfaction in the long run. The song has since been covered by the Barenaked Ladies and a group called Blender, which had a #1 hit with it in Norway. In 2011, the McDonald's Corporation sought Friedman out to use the tune, so the trouble was worth it.

And while other artists might not care that other groups cover his music, Friedman loves it.

"I get a huge kick out of other people's interpretations and different versions of my songs," he said. "Songs are like little



More than 40 years after his lone charted single in the United States, Cortlandt Manor resident Dean Friedman still enjoys performing for his fans and new listeners. He can be seen this Saturday night at Peekskill's Dramatic Hall.

kids, once you write them, they have a life of their own."

When he hasn't been recording or performing, Friedman has had plenty to keep him busy over the years. He has composed and produced music soundtracks for television and film, including the music to the hit Central TV series "Boon," NBC's "Eerie Indiana," Nickelodeon's "Nick Arcade" and the indie horror classic "I Bought a

Vampire Motorcycle." He also published "The Songwriter's Handbook" on the art and craft of songwriting.

Whether it's in Europe or the United States, audiences want to hear what they know and what connects with them. There will certainly be plenty of that on Saturday night.

And next month Friedman will be heading back for another tour of the U.K., where he is scheduled to perform until mid-August.

"They like to hear the songs they're familiar with, they like to hear fan favorites that are not necessarily chart records, but as I said, are fan favorites and I guess characteristic of my writing," Friedman said of his fans. "Most of my songs have some kind of narrative that I've set to music."

For tickets to Saturday evening's show or more information about Dean Friedman's music, visit his website at www.deanfriedman.com. Tickets are \$27.50. Dramatic Hall is located inside the Peekskill Central Market at 900 Main St. For more information, call 914-287-0300 or visit <https://www.peekskillcentralmarket.com/dramatic-hall>.

Axial Theatre Celebrates 20th Anniversary With March 30 Benefit

On Saturday, March 30, at 7 p.m., Pleasantville-based Axial Theatre is celebrating its 20th anniversary with the company's annual benefit, paying tribute to its founder, award-winning playwright Howard Meyer, also the founder and ongoing director of the Howard Meyer Acting program.

The event will take place at Axial's home base at St. John's Episcopal Church, located at 8 Sunnyside Ave. in Pleasantville.

The evening will feature entertainment with past and present Axial members paying tribute to Meyer and his legacy in a variety of formats, a cornucopia of gourmet bites, savory and sweet, courtesy of Silver Spoon Catering in Mount Kisco, plus libations. There will be a silent auction with Broadway tickets and other items.

In 2015, Meyer was selected as a "50 for 50" award winner as a part of ArtsWestchester's 50th anniversary celebration. Meyer was responsible for the development and selection of 20 seasons of theater at Axial, directing numerous productions including such classics as Ibsen's "A Doll's House" and Chekhov's "The Seagull," plus numerous world premiere works. He has co-produced more than 70 theater performances, workshops and events.

Some of Meyer's best acclaimed plays include "Paint Made Flesh," a semifinalist at the O'Neill National Playwrights Conference and showcased in New



Howard Meyer, founder of Axial Theatre. The Pleasantville-based theater company will be celebrating its 20th anniversary with a Mar. 30 benefit.

York City last year; "Radiance," a two-time semifinalist at the O'Neill; and "WELCOME, This is a Neighborhood Watch Community," directed at Axial by Drama Desk Award-winner Josh Hecht. Another work, "Lost in Paradise," is under option for a motion picture. He is currently president of the Axial Theatre Board of Directors.

Last year, Meyer turned the keys of Axial Theatre over to Catherine "Cat" Banks and Linda Giuliano, now Axial's



A curtain call of cast, crew and writers from Axial Theatre's 2017 presentation of Glass Ceiling Breakers, a celebration of women in theater. Axial Theatre founder Howard Meyer is in the lower corner, far left.

co-artistic directors, and managing director/general counsel Elizabeth "Betsy" Klampert. Giuliano remains the company's literary manager.

Comprised of artists committed to creating professional theater and a vital educational experience for emerging artists, Axial Theatre is committed to producing plays, new and old, that speak to issues relevant to today's world. Productions range from original plays by local artists that emerge from

collaborative dramaturgical processes between guest and company writers to various classics.

In May, Axial will present Tracy Letts' Pulitzer Prize-winning "August: Osage County."

Tickets for the benefit are \$60 each and are available from Brown Paper Tickets (search Axial) at www.brownpapertickets.com/event/4097671.

For more information, visit www.axialtheatre.org.

ExaminerSports

GIRLS' BASKETBALL 2018-19

A Look Back



Briarcliff standout Maddie Plank fires a jump shot during her injury-shortened senior season.



Briarcliff senior guard Kacey Hamlin rises for a jump shot in the Bears' game at Westlake.



Briarcliff sophomore forward Jordan Smith gets set to shoot the ball in the Bears' road win at Irvington early in the season.



Greeley senior Brianna Gadaleta concentrates on a free throw in the Quakers' outbracket playoff game at Harrison.



Valhalla's Gabriella Miletsky shoots the ball from near the top of the key.



Fox Lane forward Melanie Matts battles for rebound position with Greeley's Safia Gecaj.



Valhalla's Shelby Sekinski searches for an open teammate as Westlake's Viktoria Hudd defends.



Pleasantville's Analese Picart corrals a rebound in a game at Briarcliff.



Byram Hills point guard Jennifer Mui drives toward the basket in a home victory against the Rye Garnets.



Pleasantville guard Tina Matica pushes the ball up the court, flanked by teammate Paige Long.



Westlake freshman forward Julie Lyden launches a jumper from the left corner.



Maggie Walsh of Byram Hills drives for the winning basket in the Bobcats' come-from-behind win at Greeley.



Jesse Harris of Greeley shoots the ball during a Quaker home game early in the season.



Alana Lombardi of Briarcliff gets inside for a basket in the Section One, Class B title game against Irvington.



Horace Greeley forward Safia Gecaj tries to score inside in a game against Byram Hills.



Freshman guard Dakota Corey of Pleasantville drives for a basket during a Panther home game.



Lauren Ally of Valhalla hauls in a rebound during a game against Westlake.



Fox Lane sharpshooter Natalie Pence dribbles the ball across midcourt.



Beth Corelli of Byram Hills drives past a pair of Rye defenders in the Bobcats' dramatic home victory late in the regular season.



Leah Figueroa of Fox Lane sets her sights on the basket in the Foxes' road game vs. Greeley.



Gabrielle Ripka of Byram Hills races across midcourt during a Bobcat home game.

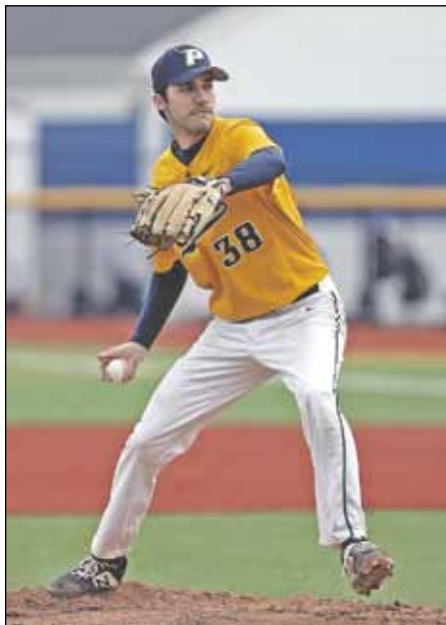


Rebecca Lovett of Westlake shoots the ball from the left baseline in the Wildcats' playoff win over Croton.



Westlake senior Emily Sardo sets up the Wildcats' offense as she dribbles just beyond the 3-point arc.

focus on **Pace**



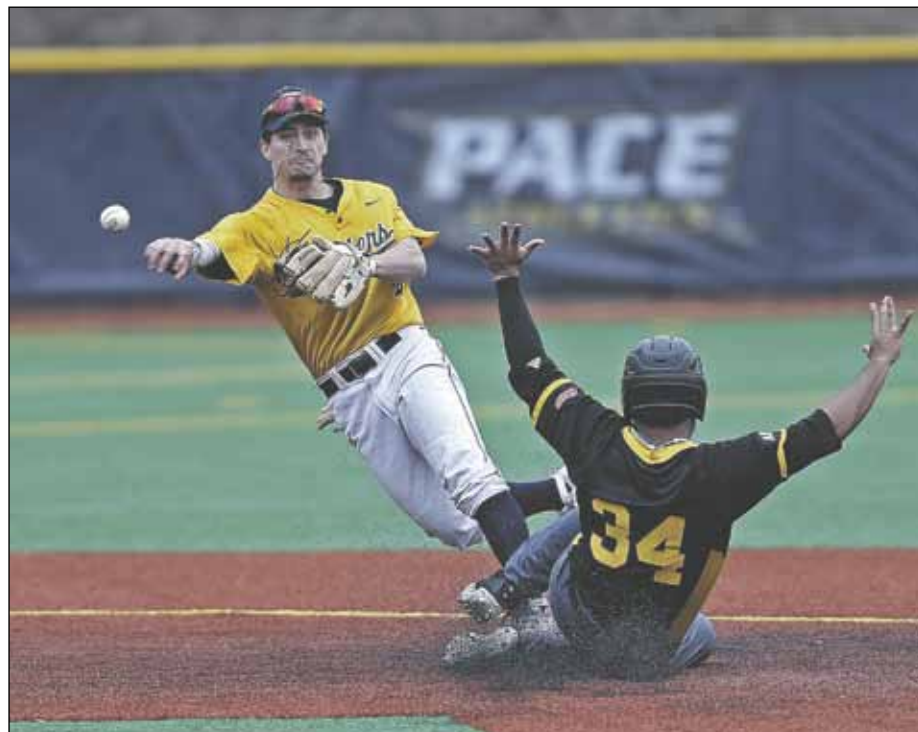
The Setters' Greg Najar delivers a pitch during last Wednesday's 1-0 extra-inning win over Bloomfield.



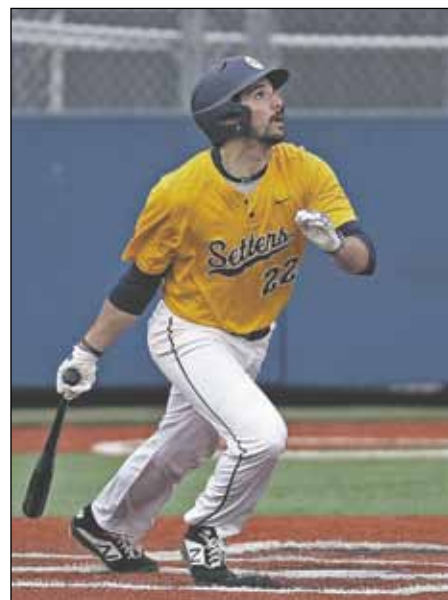
Junior infielder Noah Clement runs down the first-base line after hitting a grounder to third vs. Bloomfield.



Pace University's Wyatt Barfoot works his way toward the cage in the first half of the Setters' 12-10 home victory last Wednesday.



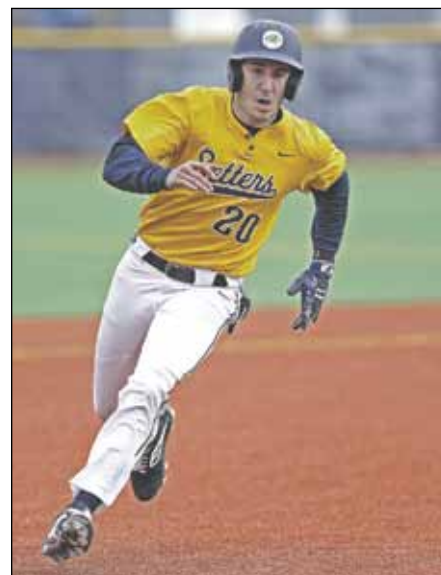
Pace second baseman Michael Salmonese tries to turn a double play as Bloomfield's Darwin Tavaréz slides toward the bag in the ninth inning.



Joseph Curcio sends a fly ball to center field in Pace's home victory over Bloomfield last week.



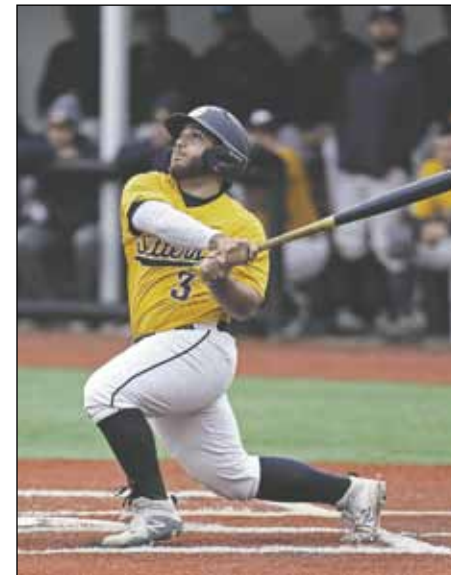
Pace senior middle Steven Weindler takes the ball up the field in the second quarter vs. the NYIT Bears.



Luke Jacobi runs toward third base in Pace's home win last Wednesday afternoon.



The Setters' Connor Vercruysse gets ready to unleash a shot in the first quarter of the 12-10 win over visiting NYIT last Wednesday afternoon.



Pace University senior Alex Pia watches the ball leave his bat in the bottom of the second inning at Finnerty Field.



Pace first baseman Brian Bohlander chases after a pop fly during Wednesday's home game.



Joseph Diggle passes the ball from behind the cage during Pace's 12-10 home win over NYIT.



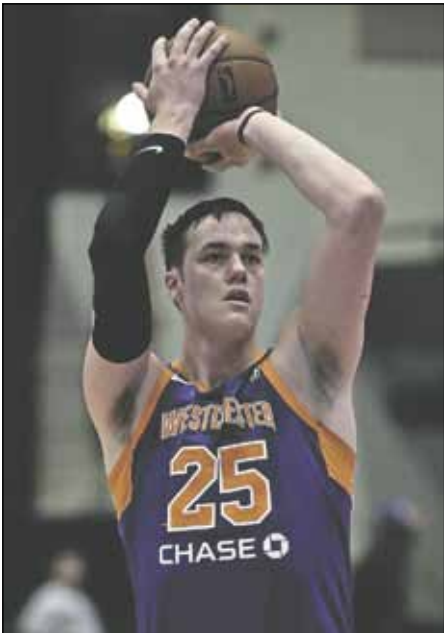
Setter sophomore Patrick Mulcahy controls the ball as he's chased by a pair of NYIT Bears in last week's game at Pace Field.



Pace senior Bradley Paterson had two goals and two assists in the home win last Wednesday.



Pace freshman goalie Louis Ragusa made 13 saves in the win over NYIT.



Westchester Knicks center Stephen Zimmerman shoots a free throw in the victory over Windy City.

focus on
**WESTCHESTER
KNICKS**



The Knicks' Billy Garrett sails to the basket for two of his 22 points in a 127-118 win over the Windy City Bulls.



Jameel Warney had 33 points and 13 rebounds in last week's win by the Westchester Knicks at the County Center.



Forward Paul Watson of the Westchester Knicks tries to shoot the ball in the lane as Windy City's Kaiser Gates defends.



Westchester head coach Mike Miller watches his team defeat the Windy City Bulls at the County Center.



Kadeem Allen, currently playing for the New York Knicks, looks to get past Windy City's Thomas Wilder in last week's G League game. He finished with a triple double.



Knicks guard Sekou Wiggs uses his left hand to score a bucket against Windy City.

ANDY JACOBS PHOTOS

NOW OPEN



HIIT FACTORY

INTERVAL TRAINING

CARDIO • STRENGTH • ENDURANCE • POWER

**Introducing Hiit Interval Training classes at
Saw Mill Club East in our new studio: Hiit FACTORY.**

Get energized with bursts of high-intensity workouts.

Powered by traditional strength training and cardio
coupled with cutting edge performance equipment
to give you maximum results in minimal time.

All classes included in membership.



SAW MILL CLUB • EAST

333 N Bedford Rd • Mount Kisco, NY 10549

914.242.9760

www.SawMillClub.com



@SawMillClub #WideWorldOfSawMillClub