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February 19 - February 25, 2019

SMALL NEWS IS BIG NEWS

Volume 13, Issue 598

Consultant Suggests Changes to Enhance P'ville Downtown Parking

By Jade Perez

The Pleasantville Village Board was presented with ideas to address downtown parking demand as the village faces the potential loss of more than 40 parking spaces as a result of the proposed Memorial Plaza redesign.

Last Monday, BFJ Planning partner and transit planner Georges Jacquemart presented the results of a parking occupancy study he recently conducted regarding all on-street and off-street parking in Pleasantville's downtown. The study took place on Wednesday, Jan. 16, between 10 a.m. and 4 p.m., Jacquemart said, and was divided into three sub-areas based on proximity to the center of the downtown.

Data revealed that on-street parking near Memorial Plaza, Manville Road and Cooley Street, combined with the Memorial Plaza and Cooley Street permit

parking lots, had 85 percent average occupancy, the highest of the three areas during the six-hour period. There was a peak occupancy of 87 percent after noon and 3 p.m.

Parking on Pleasantville Road and Marble Avenue, as well as in the Hopper Street lot and Wheeler Avenue lot, had an average occupancy rate of 67 percent. The Hopper Street lot consists of permit parking and 12-hour meters while the Wheeler Avenue lot is permit-only parking.

Of the 330 parking spaces, the sub-area comprised of Washington Avenue, the Rebecca Lane and Village permit lots and the three-hour metered spaces for Manville and Bedford roads saw a 53 percent average occupancy rate.

Overall, downtown parking occupancy averaged 67 percent, peaking at 71 percent

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North Castle's D'Angelo Won't Seek Third Term on Town Board

By Martin Wilbur

North Castle Councilman Stephen D'Angelo is the latest local elected official to decide against running for another term, announcing last week that he will not seek re-election in November.

D'Angelo, who is in the final year of his second term on the Town Board and currently serves as the deputy supervisor, disclosed his plans just before the conclusion of last Wednesday night's board meeting. He said family considerations will prevent him from continuing his service.

"It's been a great run the last seven years," said D'Angelo. "It's been fantastic working with the four of you here."

Although D'Angelo mentioned that he would have loved to have continued serving, he said circumstances in his life

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Councilman Stephen D'Angelo, elected to the first of two terms in 2011, will be stepping aside when his term expires at the end of the year.

Orange You Glad They're Here?



MARTIN WILBUR PHOTO

The Town of Mount Pleasant welcomed the latest branch of Orange Bank & Trust to Thornwood last week during the branch's grand opening. Town officials and the bank's representatives gathered on Feb. 13 for the ribbon-cutting ceremony. Orange Bank & Trust is located at 859 Franklin Ave.

Neighbors Accuse Sunshine Children's Home of Site Work Violations

By Martin Wilbur

The attorney for an opponent of the Sunshine Children's Home expansion project urged New Castle officials to issue a stop work order last Friday amid allegations that the applicant has violated conditions of its permit.

Adam Stolorow, who represents Glendale Road resident Cynthia Manocherian, said Sunshine was supposed to limit work to its access driveway leading to the Spring Valley Road facility before moving onto additional site work. Neighbors charged late last week that tree removal was underway throughout the site before the required completion of the driveway improvements.

Even if the driveway work is complete, Stolorow said Sunshine is running afoul of



Neighbors of the Sunshine Children's Home are pressing New Castle officials to issue a stop work order after they alleged that hundreds of trees were cleared in violation of its permit and the project's Stormwater Pollution Prevention Plan.

the Stormwater Pollution Prevention Plan. He argued that soil disturbance must be

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Q: Why is it important to have routine screening mammograms?

A: Early detection with a screening mammogram can catch cancer years before it becomes discernible by touch. It is important to catch cancer earlier, because the size of the tumor and its stage influence treatment and prognosis.

Q: During what ages should I have annual mammograms?

A: Starting at age 40, this screening tool saves the most lives. There is no defined upper age limit to stop mammography. The incidence of breast cancer increases with age: 30 percent of invasive breast cancers occur in women over the age of 70. We recommend that annual screenings continue as long as the patient is in otherwise good health and willing to undertake additional testing if an abnormality is detected.

Q: How do I benefit from advanced breast cancer screening technologies?

A: The latest mammogram screening technology is the **3-D mammogram** (digital mammogram with tomosynthesis), which lets us see through tissue and find more cancers than does a standard digital

mammogram. Another newer technology is the **supplemental screening ultrasound** for dense breasts, which helps us evaluate dense breast tissue and masses seen on the mammogram by letting us distinguish between solid and cystic tissue. The **breast MRI** can be used to screen women at high risk for breast cancer due to genetic factors, family history or previous high-risk findings, or used as an additional tool to look for further abnormalities in women recently diagnosed with cancer. Advanced imaging technologies are offered at Northern Westchester Hospital's women's imaging sites in Mt. Kisco and Yorktown.

Q: Should women with dense breast tissue receive special screenings?

A: About 40 to 50 percent of women have dense breast tissue. There are two components of breast tissue: fatty tissue and fibroglandular tissue. Fibroglandular tissue appears white on a standard mammogram, as do tumors, so tumors can be obscured. If you have dense breasts, ask about supplemental screening with a breast ultrasound. This technology increases detection by a rate of approximately four cancers per 1,000 screenings over that achieved by a standard mammogram.

Latimer Proposes 1% Sales Tax Hike to Help County Finances

By Martin Wilbur

County Executive George Latimer unveiled a proposal last Thursday to hike the county sales tax by 1 percent, cautioning that Westchester would face dire financial consequences unless it raises more revenue.

The pitch to increase the tax to 8-3/8 percent would stabilize Westchester's finances and help municipal and school district coffers through a share-back plan, Latimer said.

In exchange for the additional sales tax, which the administration estimated would raise about \$140 million a year, Latimer pledged to freeze county property taxes for 2020 and 2021. A higher sales tax would allow the county to remove the controversial proposal to lease the County Center parking lot from consideration, along with other "one-shot" deals, while largely eliminating the need to borrow to fund pension costs and tax certioraris, he said.

It has been estimated that leasing the County Center lot to an economic development corporation would raise about \$23 million this year to help balance the 2019 county budget.

A sales tax increase would require approval by the state legislature followed by implementation legislation by the Board of Legislators. An Assembly bill (A.4343) has already been filed on the county's behalf,

Latimer said.

The county executive was surrounded by a bipartisan group of about a dozen Westchester mayors and supervisors at the county office building in White Plains who support the plan. He said the move is needed because the county's "financial picture is in a crisis situation and will only get worse if we don't take bold action."

"If we do not get additional steady forms of revenue outside of property tax revenue this county government will go under in due time and so will the municipal governments," Latimer warned.

The announcement comes several months after the county's bond rating was downgraded from AAA to AA1. Last fall, Latimer and the Board of Legislators were forced to close a \$70 million budget gap. Westchester's depleted fund balance has sunk to about \$70 million, down from about \$170 million, which played a significant factor in the financial agencies' ratings, he said.

Under the plan, the county's municipalities would share 20 percent of the additional revenue raised by the increase while school districts would receive 10 percent. The shares would be based on the population of each municipality. A similar formula would likely be devised for the school districts, Latimer said.

Should the county hit its estimate of



MARTIN WILBUR PHOTO

County Executive George Latimer was joined by mayors and town supervisors from around Westchester last week who support an increase in the county sales tax to 8-3/8 percent to raise revenue for the county and hold the line on property taxes.

raising an additional \$140 million, that would leave about \$98 million extra for the county each year. Of that, \$15 million would be placed into fund balance to start replenishing the reserve fund, Latimer said. Money would also be set aside to pay for capital projects, constantly escalating health care expenses as well as paying for pension obligations and tax certioraris rather than borrowing.

Latimer said Westchester has failed to take in enough revenue with years of flat tax rates before he came into office, putting the county into a precarious fiscal situation. Closing a \$70 million budget gap, as Westchester faced last fall, could be offset

by a 0.5 percent sales tax increase alone. To raise that money would be the equivalent of a 12 percent property tax hike for the already overburdened property owner.

"We are saying that that transaction, the sales transaction, is a more fair way to fund the programs of the government then to go back to the property taxpayers and generate more money through property taxes," Latimer said.

The county executive disputed any notion that the consumption tax would hurt poor residents. Latimer said Westchester's four largest cities, Yonkers, White Plains, Mount Vernon and New Rochelle, which have among the largest concentration of poorer residents, already have a sales tax of at least 8-3/8 percent, which would remain in place. (The sales tax for Yonkers is 8-5/8 percent.) Cities have the authority to set their own sales tax.

"When you look at the wealthier communities, they are the ones paying a less amount of sales tax as residents," Latimer said.

The local officials on hand shared the county executive's enthusiasm for the plan. Mount Kisco Mayor Gina Picinich said it would not only help the county but municipalities and school districts would receive an infusion of fresh revenue.

"For us, to get the recurring revenue, we can work to hold the line on property

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Consultant Suggests Changes to Enhance P'ville Downtown Parking

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after 1 p.m. and 72 percent over the following two hours.

However, there were still a minimum of 208 vacant spaces out of 746 available spots in the three areas, Jacquemart said.

"So there is vacant parking," he said. "I know people don't see it that way because they tend to go to the center, but the reality is that there is a fair amount of parking spaces, just not where everybody would like to see it."

To compensate for the likely future elimination of 43 parking spaces should the Memorial Plaza redesign move forward, Jacquemart suggested that the board introduce pricing incentives that would shift some of the demand away from the downtown's core and toward the surrounding areas that currently have higher vacancies. He said the village should raise permit fees by 10 to 20 percent for the higher occupancy Memorial Plaza, Wheeler Avenue and Cooley Street lots and lower the

fees for the Rebecca Lane and Hopper Street lots.

He also noted that after 3 p.m. the occupancy in the three high-demand lots increases because parking is free. As a result, there aren't many spots available after 5 or 6 p.m. when people come to Pleasantville for dinner.

"Therefore, the village should implement paid hourly parking after 3 p.m. and on Saturdays primarily in those high-occupancy lots to free up parking spaces

and create turnover during those time periods," Jacquemart said.

Other recommendations included changing the under-utilized one-hour parking on Washington Avenue to two- or three-hour parking and shifting free village employee parking from the Memorial Plaza lot to the Rebecca Lane or Hopper Street lots.

Although it would lead to an increase in meter fees, Jacquemart said upgrading the parking payment and enforcement system should be explored, including the possibility of pay stations. He also suggested alternate payment methods.

"Whether it's paying with an app on your cellphone or credit card, these systems tend to be very user-friendly and you don't have to have a pocket full of quarters," he said.

While turnout was sparse for last week's presentation, a few residents commented. Resident Tom Shingler said increasing permit fees to mitigate commuter demand and dissuading the public from parking in the main lots didn't make sense.

"When you're trying to push people outside of the core, you're talking about people that are already commuting an hour on the train, plus getting to the train, plus what they have to do once they get to the city," Shingler said.

Discussion regarding parking and the Manville Road and civic space projects will continue next Monday, Feb. 25.

North Castle's D'Angelo Won't Seek Third Term on Town Board

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are changing and didn't think it would be appropriate to run again. D'Angelo, 61, a certified public accountant, said he and his wife bought a house in Florida and hope to spend more time there, particularly in winter. It wouldn't be practical or fair to North Castle residents if he was out of town for part of the year.

"Maybe you can do both. I just don't think it's the right thing to do," D'Angelo said.

In the final 10 months of his service, D'Angelo hopes he and the board can resolve a few pressing issues, such as starting the community center renovations in North White Plains and deciding whether to grant Brynwood Golf & Country Club condominium taxation for the 73 units

it hopes to build at its 156-acre site after requiring the residences to be fee simple in 2015. That project has stalled because the developer has had difficulty obtaining financing for the project.

While the vote to approve Armonk Square was taken before he came on the board, D'Angelo said its opening has been a major catalyst for downtown Armonk's resurgence.

"I know in the last five years this Town Board has worked very hard to make North Castle a much better place to live," D'Angelo said. "We've tried to do some very good development in town taking into account the needs of the town and the desires of the residents."

D'Angelo, a Republican, last week received

praise from Supervisor Michael Schiliro. Despite having different party affiliations, Schiliro said he and his colleagues along with the town will miss D'Angelo's contributions.

"It's been an incredible pleasure to work with him and he's such an asset to the town and everything that he touches," Schiliro said.

Schiliro and Councilman Jose Berra said they plan to run for re-election on the Democratic line later this year.

D'Angelo said the revised state election law passed in Albany last month moved up the petitioning process to get on the ballot, forcing him to make his decision earlier, although it did not change the outcome. Candidates across the state begin the five-week petition period Feb. 26.



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No. Castle Passes Vape Sale Restrictions; Holds Off on Marijuana

By Martin Wilbur

New regulations pertaining to the sale of e-cigarettes and vaping products were unanimously approved last week by the North Castle Town Board in hopes of limiting potential negative impacts of the products on the community.

At the same Feb. 13 meeting, the board also opened and adjourned a public hearing regarding similar regulations for the sale of recreational marijuana. The board, under the advice of Town Attorney Roland Baroni, decided it will not take a vote on that proposed law until more is known about any state legislation to legalize retail marijuana sales.

Councilwoman Barbara DiGiacinto, who has been the most outspoken proponent of the regulations on the board, said devising restrictions for e-cigarettes and nicotine delivery products is essential.

“I have received comments form residents and they were really very pleased that we are considering this legislation as well as being proactive with the recreational marijuana,” DiGiacinto said before the board’s unanimous approval. “They were supportive of all of this.”

One key change made to the regulation that will be incorporated into Chapter 140 of the town code was doubling the distance, from 500 to 1,000 feet, that a business selling nicotine delivery products could operate from a district that permits residential use



The North Castle Town Board approved tighter restrictions last week for the sale of vape products.

or another business selling the product, said the town’s Director of Planning Adam Kaufman.

The 1,000-foot requirement is also in effect from any church, community center, funeral home, school, day care center, hospital, alcoholism center or drug treatment center, counseling or psychiatric treatment facility or public park. The distance is measured from lot line to lot line, Kaufman said.

Any business that sells the products is restricted from operating between 7 p.m. to 9 a.m., according to the local law.

Businesses that already sell e-cigarettes and vaping products at the time of last week’s vote are exempt from the restrictions. Supervisor Michael Schiliro and other board members called for the town’s code enforcement officer to create a list of establishments that sell the products so it is known which establishments are

grandfathered in. “We’ll figure out the prudent way to do it that would be legal and acceptable and not incur any kind of interruption for those businesses, but we should probably establish a baseline,” Schiliro said.

While there is only one vape shop in town, located at Sir John’s Plaza in North White Plains, other businesses such as convenience stores and gas station markets that might sell nicotine delivery products would be subject to the law as well.

A business that already sells the products would still be required to obtain a permit from the town, Schiliro said.

Councilman Stephen D’Angelo said he was pleased by passage of the tighter restrictions.

“I think it’s a good idea that we’re getting ahead of the curve on this,” D’Angelo said.

The measure’s legislative finding stated that “the Town Board hereby finds that

certain e-cigarette sales activities, by their nature, have serious objectionable operation characteristics which can lead to a significant impact on the surrounding community.” It also stated that the board “further finds that the unrestrained proliferation of such businesses is inconsistent with existing development and future plans for the Town of North Castle” since it could promote unsavory behavior.

“The spirit, I think, of this law is to discourage this type of business, whether it’s a standalone business or it’s part of a gas station,” DiGiacinto said. “I think the introduction sort of makes that clear.”

Marijuana Legislation

After opening the hearing on restricting marijuana sales, the board decided to refrain from taking any action until state legislation is closer to passage.

There is growing concern from communities across the state on legalization. There has also been outcry from smaller communities for an opt-out provision.

“I don’t think you should adopt anything until the state adopts something,” Baroni counseled the board.

He said an article last week in the New York Law Journal stated that legislation legalizing recreational marijuana is likely not to be included as part of the budget by Apr. 1. Even if a law is approved later in the session, it is unlikely to take effect before 2020, Baroni added.

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Neighbors Accuse Sunshine Children’s Home of Site Work Violations

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limited to less than five acres at any time but the disturbance has been taking place on more than eight acres.

On Feb. 15, he fired off a letter to town Building Inspector Thomas DePole and copied other town officials regarding the requirement for completion of the driveway before additional work starts. In the letter, Stolorow stated that last week “Sunshine commenced clearcutting hundreds of trees through its property.”

“Sunshine has submitted a plan that splits up the project into phases,” Stolorow said. “So after the driveway, they’re supposed to do Phase 1, which is not in the area where they are cutting trees. So they’re cutting trees in an area that’s not part of Phase 1 and we think that’s a violation of the Clean Water Act.”

Sunshine is prepping for construction that will expand the facility from under 19,000 square feet to about 143,000

square feet.

No action was taken heading into Presidents Weekend. Eric Gordon, the town attorney most familiar with the project, said Friday that the proper sequencing has been followed. He said it was his understanding from the building inspector that driveway work, which is to make access to the property safe, has been completed. That allows Sunshine to progress with work elsewhere on the property, Gordon said.

A call from The Examiner on Friday to DePole was referred to the town administrator’s office but was not returned.

Project opponents near the site said that Director of Planning Sabrina Charney Hull responded to their inquiry, stating that the building department is currently investigating the complaint and thanked the residents for bringing the matter to the town’s attention.

Manocherian argued that the town has handed over responsibility of oversight of the project to Sunshine which has allowed it to run amok.

“Because they’re hidden in the woods nobody noticed that they completely went after all these trees and that’s what they’re going to do, with the way they operate, with the way they take care of the needs of the staff and the kids while they’re doing their construction,” Manocherian said. “They don’t care. They’re just after the money.”

Stolorow said there are two possible scenarios this week. He is hoping town officials acknowledge that Sunshine has violated its permit and that a stop work order is issued.

“If the town issues a stop work order, then we can seek a preliminary injunction from (state Supreme Court) Judge (Gretchen) Walsh, who is hearing our

most recent Article 78 about the well work,” Stolorow said. “If the town does not issue a stop work order – and I can’t fathom how that would happen – then we’ll seek a temporary restraining order.”

Latimer Proposes 1% Sales Tax Hike to Help County Finances

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taxes,” Picinich said. “This is real important. We all know that. We all live here in Westchester County.”

North Salem Supervisor Warren Lucas said while neither he nor any of his colleagues like to raise taxes, municipalities must provide certain services that cost money.

“We’re not talking about grandiose things,” Lucas said. “We’re talking about very, very basic things that we need on a day-to-day basis, whether it’s running a sewer system or taking out the garbage.”

Latimer is hopeful that the state legislature can consider the measure in time for the Mar. 31 budget passage so the county could receive the additional revenue for the second half of the year. If it gets pushed to later in the session, the higher sales tax would likely go into effect for the year’s final quarter.

‘Birth of a Movement’ Author to Speak in Chappaqua Feb. 25

A year after the shooting at Parkland’s Marjory Stoneman Douglas High School, Dave Cullen, The New York Times bestselling author of “Columbine,” offers an intimate, deeply moving account of the extraordinary teenage

survivors who became activists and pushed back against the NRA and congressional leaders.

On Monday, Feb. 25, Cullen will speak about his new book, “Parkland: Birth of a Movement” followed by a panel discussion and a Q&A. Panel

members will include representatives from some of the local co-sponsoring organizations.

The event will be at 7 p.m. at the Chappaqua Performing Arts Center, located at 480 Bedford Rd. Free tickets are available on Eventbrite.

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Chappaqua Man Pleads Guilty to Disorderly Conduct in Meeting Fracas

By Martin Wilbur

The Chappaqua man arrested last year outside a New Castle Planning Board meeting after he shouted an obscenity during a public hearing ended his battle with the district attorney's office last week by pleading guilty to disorderly conduct.

Will Wedge entered the plea before New Castle Town Justice Noah Sorkin last Thursday in exchange for all other charges being dropped. He had also been charged with two counts of second-degree harassment, obstruction of governmental administration and resisting arrest.

He agreed to pay a \$250 fine plus a \$150 surcharge, according to the New Castle Justice Court.

Wedge said that he pleaded guilty to disorderly conduct, a violation, because it disposed of the other charges for which he contended he was "falsely arrested."

"The end result of pleading guilty to disorderly conduct is the same thing," he said.

Wedge said that the Temporary Order of Protection, which had been in effect since shortly after his Jan. 16, 2018, arrest has been lifted and all restrictions placed on him regarding Town Hall visits no longer apply. The order barred Wedge from the top floor of Town Hall where virtually all municipal meetings are held.

Resolution of the criminal charges came after multiple appearances over 13



Chappaqua resident Will Wedge getting handcuffed during his arrest on Jan. 16, 2018. He pleaded guilty last week to disorderly conduct.

months before Sorkin and an application for a change of venue should the case have gone to trial. According to Wedge, the district attorney's office took about four months to turn over surveillance video to him and his attorney. He also asked for a change of venue, which also took about four months before the request was rejected.

The incident occurred during a Planning Board hearing on the controversial Sunshine Children's Home

project, less than two months after the applicant was found to have engaged in unauthorized work at its Spring Valley Road site. Sunshine demolished a shed housing one of three wells on its land without permits as it sought to make improvements to the well.

During that hearing, Wedge, a project opponent, blasted town officials for failing to penalize Sunshine and allowing its representatives to retroactively apply for and obtain the necessary permits for

the work.

Following his comments, Jennifer Gray, the town attorney representing the Planning Board that night, responded that an exhaustive review of the matter was completed. However, no action was necessary because the incident did not affect Sunshine's existing permits at the time.

That's when Wedge from his seat yelled out "bull----."

Planning Board Chairman Robert Kirkwood immediately ordered Wedge to leave the room. He initially refused, apologizing as he remained seated. However, Kirkwood directed Town Engineer Robert Cioli to summon New Castle police from their downstairs headquarters.

Moments later, Sgt. Kelly Close and Officer Mary Hansen escorted Wedge out of the meeting room to talk to him. After a brief discussion, they ushered him down the flight of stairs to the downstairs lobby at Town Hall, where Wedge suddenly began screaming.

The officers had Wedge on the ground on his stomach just outside the door at Town Hall trying to handcuff him.

Following his court appearance, two nights later, Wedge had a bandage on his hand, stating that he had suffered a broken thumb and a torn rotator cuff in the rhubarb.

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Obituary

Elaine Behling

Elaine Ceccarelli Behling, a lifelong Ossining resident, was sent to Heaven on St. Valentine's Day.

She was 81.

Behling was born Oct. 11, 1937, to the late Adeline and Silverio Ceccarelli at Ossining Hospital. She attended Ossining High School, Mary Washington University and the women's college of the University of Virginia, followed by studies at the American Academy of Dramatic Arts in New York City.

She was foremost a mother, not only to her three daughters but also to countless others who became a part of the family. No task was too great, no challenge too vast, no request too daunting for Behling to conquer. She was fiercely loyal, loving and competitive (for all the right reasons) and a friend anyone would wish for. She was a mother to all, a testament to her ever-loving spirit and inclusive nature.

A baker extraordinaire, Behling was known for her unbelievable repertoire of amazing desserts, especially her contest-winning cakes and brownies. The Behling pantry was a destination for every kid on the block, full of unimaginable treats.

An avid car enthusiast, she will forever be remembered for driving with the top down in her '58 190 SL. Her other great

passions were her love for her many dogs throughout the years and her love of tennis.

Married to her husband, George, for 57 years, whom she met on a blind date, theirs was a love everlasting. They had an instant bond, as they both owned classic MGs, hers a '52 and his a '58. They opened the iconic Say Cheese in Ossining in 1976, an innovative cheese and gourmet shop, which introduced frozen yogurt to Westchester County and is fondly remembered by many to this day.

Behling was preceded in death by her parents and her sisters, Jovanna and Yolanda. She is survived by her husband, George; daughters Heather, Tiffany (Ian) and Tara (Eric); her five grandchildren, Trevor, Tristan, Carson, Ainsley and Maren; her great-grandchild Elowen; her brother, Sam (Joel); and her nieces, Sheri and Alisa.

Visitation will be Friday, Feb. 22 from 5 to 8 p.m. at Beecher Flooks Funeral Home in Pleasantville. A Mass of Christian Burial will be celebrated on Saturday, Feb. 23 at 10 a.m. at St. Theresa's Church in Briarcliff Manor. Interment will follow at Dale Cemetery in Ossining.

An appropriate day of passing for a lady with such a loving heart, to be called to the angels on St. Valentine's Day.

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Police Blotter

County Police/Mount Kisco

Feb. 11: A 27-year-old Manhattan man was seriously injured when the moped he was driving collided with an SUV at Main Street and South Bedford Road at 9:30 p.m. The victim was traveling northbound on Main Street when he struck a Toyota SUV that was turning left from southbound Main Street onto South Bedford Road. Neither the vehicle's driver nor a passenger was injured. Westchester EMS and the Mount Kisco Volunteer Ambulance Corps responded and transported the victim to Westchester Medical Center, where he was admitted. An investigation is continuing by the county police's Accident Investigation Team.

Feb. 12: Police responded to Amuso Drive at 3:47 a.m. on a report that a woman was in extreme pain. She was taken by ambulance to Northern Westchester Hospital.

Feb. 13: Officers assisted a motorist whose vehicle was stuck on ice on Foxwood Drive at 2:59 a.m. The Mount Kisco Highway Department was notified and responded to put more sand and salt down in the area.

Feb. 13: Summonses were issued to two men in the Blackeby parking lot at 4:20 p.m. after they were observed with open containers of alcohol.

Feb. 15: A man telephoned police at 3:25 p.m. to report that he had accidentally pressed the emergency alarm button in an elevator at a Stewart Place building. Officers responded to verify that the elevator was unoccupied and in working order.

North Castle Police Department

Feb. 8: Report of a vehicle running unoccupied in the Fisher Lane parking lot for the past hour. The officer who observed the vehicle at 12:21 p.m. stated that it has a town parking permit and was apparently parked there by a commuter. The registered owner was contacted and advised of the vehicle's condition.

Feb. 9: An officer reported being approached by a complainant on North Broadway at 8:18 a.m. regarding a past dispute at North Castle Deli in Sir John's Plaza.

Feb. 9: A party arrived at police headquarters at 3:16 p.m. to drop off banking paperwork found at the Wells Fargo branch in Armonk. The owner was contacted and responded to headquarters to pick up the material.

Feb. 11: A subject was arrested at 12:03 a.m. and charged with aggravated unlicensed operation of a motor vehicle following a stop on Windmill Road. A license check of the operator revealed four suspensions on one day out of the City of Peekskill.

Feb. 11: A complaint reported at 1:06 p.m. that she has been receiving multiple calls from an "H Baynard" daily for a couple of weeks. She stated that when she answers the phone, all that is heard is loud breathing and no response from the calling party. She also stated that it has happened multiple times throughout the night. The complainant does not recognize the number, name or address of the party and wishes to file a report.

Homeless Man Charged in Mt. Kisco Residential Burglary

A 22-year-old homeless man was arrested last week on a burglary felony charge after he was found fleeing a home on Main Street in Mount Kisco and stole commemorative coins.

The suspect, Alfredo Arteaga, was also charged with possession of burglar tools, fifth degree criminal possession of stolen property, petty larceny and criminal mischief for breaking into the home on Feb. 10 at about 11 a.m. The additional charges are all misdemeanors.

Officers Michael Mignone and Eric Berg found Arteaga trying to flee by climbing out a second-floor window and took him into custody. They had responded to the house

after the homeowner reported he had come home and discovered someone was inside.

Arteaga was found in possession of several commemorative coins in plastic sleeves that were part of the homeowner's coin collection. He was also found with several small screwdrivers, a flashlight and gloves.

A rear door to the residence was found to have been pried open to force entry.

The suspect was arraigned in Mount Kisco Justice Court and was held in lieu of \$3,000 bail at the Westchester County Jail in Valhalla.

--Martin Wilbur

SMALL NEWS IS BIG NEWS

Depew Street Plan Triggers Congestion Worries for P'ville Planners

By Sean Browne

Members of the Pleasantville Planning Commission questioned whether a proposed mixed-use project that would include 73 apartments on Depew Street near the Saw Mill Parkway would worsen congestion near the site.

Lighthouse Enterprises, a real estate development company based in White Plains that has focused on multifamily projects throughout Westchester, submitted a new application to the commission for the redevelopment of the parcel that had been home to LaDuca Auto Service through the end of last year. The developer has also proposed merging the Depew Street property with the 1 Vanderbilt Ave. parcel to accommodate the project.

Lighthouse Enterprises has proposed a three-story building that would consist of 11 studio apartments, 49 one-bedroom and 13 two-bedroom units upstairs. There would also be 4,500 square feet of commercial space on the first floor. The roof would be used recreational space for residential tenants.

"This is an application for a site plan approval and a lot merger to be developed, two parcels owned by the applicant restoring mixed-use office (and) residential projects," said David Cooper, the attorney representing the developer. "We are here tonight to kick off the

application review process."

Commission member Scott Blasdel expressed concerns that the area is too close to the Saw Mill Parkway and raised the idea of shifting the proposed building away from the highway to reduce the likelihood of congestion.

Project architect Phil Fruchter explained that moving the proposed site of the building would compromise the structure.

"The property line is in the front so if we pull the building area back, we would be losing units," Fruchter said. "In the single-loading corridor serving dueling units, if we pushed it back, we would be losing a wing."

Commission member Russell Klein questioned whether the project would have a negative impact on traffic in the immediate area. Grant Street from Manville Road to the Saw Mill Parkway could become even more congested, he said.

"At peak times all of us have seen that Grant Street could fill from corner to corner waiting for the light to change," Klein said. "And that that is your primary access point. This could even cause a backup on the Saw Mill River Parkway."

There would be 109 parking spaces, 42 of them part of an automated parking system that moves vehicles that are parked in a container to maximize the number of

spots and minimize land usage.

Depew Street would also be widened by 26 feet to create a drop-off loading area in front of the building.

The commission announced it would serve as lead agency for the project's review.

Minor Changes for Proposed Memorial Plaza Development; Hearing Set

By Sean Browne

Small changes were introduced last week for the proposed mixed-use development project at 70 Memorial Several in Pleasantville.

The Pleasantville Planning Commission listened to an update of the plan from representatives of Pleasantville Lofts, LLC at its Feb. 13 meeting for its four-story development.

It also scheduled to open the public hearing at the board's next meeting on Feb. 27.

"There is some new information that we submitted that we would like to talk to you about in detail," said project architect Michael Gallin, who appeared on behalf of developer Pleasantville Lofts. "Then we want to talk about some of the next steps."

The size of the proposed project hasn't changed in terms of square footage;

The next step is for the commission to review a full Environmental Assessment Form from Lighthouse Enterprises, which is expected within 30 days.

however, the total number of units has.

Gallin said Pleasantville Lofts' originally proposed 82-unit apartment complex has now been reduced to 78. The latest plan calls for turning four of the one- and two-bedroom units into three-bedroom units, he said.

As a result, there would be four three-bedroom units, 43 two-bedroom units, 27 one-bedroom units and four studio apartments, Gallin said.

Parking was also increased slightly from 137 to 140 spaces. Gallin attributed the tweak to reshuffling and reorganization.

The commission raised concerns that since the complex would be so close to the Pleasantville train station some residents may try to park at the complex rather than paying to park on the street.

Commission members and Gallin

continued on page 11

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SMALL NEWS IS BIG NEWS

Pace Athletics Receives \$1M Gift From Late AD's Family

Pace University Athletics last week received a \$1 million gift from B.J. Finnerty, the wife of the late Peter X. Finnerty, to support the program and honor the legacy of her late husband who was a coach and the father of the university's athletics.

A portion of the gift will be used to establish the Athletics Fund, which will provide for the ongoing care, maintenance and improvement of Peter X. Finnerty Field, which serves as the home for the Pace baseball and field hockey teams, the Setters. It is also used for other activities

such as intramural sports for Pace students.

The remainder of the gift will enhance an existing endowed scholarship fund in honor of Finnerty. The scholarship is awarded to Pace student-athletes who demonstrate financial need and meet certain academic requirements.

"I am thrilled to be able to announce such an impactful gift to support Pace student-athletes and our community," said Director of Athletics Mark Brown. "Private support is integral to the continued success of Pace Athletics and we thank Mrs. Finnerty for her incredible generosity."

Finnerty was director of athletics, director of alumni relations, athlete, professor, coach and an inductee of the Pace University Hall of Fame. He established the Athletics and Recreation Program at Pace University in 1947 and served the university and its students for more than 40 years. He was the director



The late Peter X. Finnerty, considered the father of the Pace University athletics program. His family donated \$1 million to the university last week.

ShopRite Launches Campaign to Benefit Maria Fareri Children's Hospital

ShopRite is now holding its latest campaign to benefit Maria Fareri Children's Hospital in Valhalla.

The supermarket is raising funds in support of the hospital's commitment to provide lifesaving care to thousands of sick infants, children and teens in the Hudson Valley each year, with ShopRite stores throughout Dutchess, Orange, Putnam, Sullivan, Ulster and Westchester counties in New York, and Sussex County in New Jersey, participating.

There are 27 participating ShopRite stores collecting donations at checkout from now through Mar. 2. Stores are hosting in-store events and activities to raise additional funds. The money raised will help provide advanced pediatric care and needed support services to thousands of local children throughout the Hudson Valley and beyond, including those in need of open-heart surgery, brain surgery, cancer treatments, trauma and burn care, organ transplants and more.

To date, ShopRite has raised more than \$1 million to benefit Maria Fareri Children's Hospital and its efforts.

"We are grateful to ShopRite for its continued generosity and support of Maria Fareri Children's Hospital," said Dr. Michael Gewitz, the William Russell McCurdy physician-in-chief of Maria Fareri Children's Hospital. "The contributions from ShopRite and its customers help make it possible for us to provide the most advanced care possible for our patients and their families who come to us from throughout the Hudson Valley."

of athletics from 1947 to 1988 and served as the basketball coach from 1948 to 1960 and baseball coach from 1948 to 1964.

Brown said that Finnerty personified the values of discipline and hard work. In keeping with the university motto "Opportunitas," he was committed to helping students realize their potential, Brown said.

"To be able to honor his legacy in this way reminds us of the proud history and traditions that he established, which laid the foundation for today's students and future Setters who will benefit for many years to come."

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THERE'S A WORD FOR IT

A vocabulary-building quiz By Edward Goralski

Go With the Flow. Rivers have a life just like any living thing. A river is born at its headwaters and completes its journey at its mouth. Come along for the trip as the quiz this week tests your knowledge of rivers near and far. Hopefully, the correct answers will flow right out of you.

1. Which of these local rivers is the longest?
A) Saw Mill River B) Bronx River C) Hutchinson River

2. Through how many national capitals does the Danube River flow before entering the Black Sea?
A) 3 B) 4 C) 5

3. The source of the Amazon River is in which South American country?
A) Ecuador B) Brazil C) Peru

4. The Seine, which flows through Paris, France, empties into what body of water?
A) English Channel B) Bay of Biscay C) North Sea

5. The Dutch in New Amsterdam, now New York City, called the Hudson River by what name?
A) West River B) Manhattan River C) North River

6. What is the longest river in the world to flow entirely within one country?
A) Yangtze River B) Missouri River C) Volga River

7. What river flows through Tokyo, the capital of Japan?
A) Shinano River B) Sumida River C) Tone River

8. Approximately how many countries in the world do not have a river?
A) 6 B) 12 C) 18

ANSWERS:

1. B. The Bronx River is about 24 miles long, the Saw Mill 23.5, and the Hutch 10 miles in length
2. B. The Danube also flows through 10 countries over the course of its 1,770 mile length
3. C. Over the years, at least five different tributaries have been designated as the source of the Amazon
4. A. A spot called Source-Seine near the city of Dijon is where the river starts its journey
5. C. The Dutch called the Delaware River the South River
6. A. At over 3,900 miles in length, the Yangtze is the 3rd longest river in the world
7. B. No less than 26 bridges cross the river as it flows through Tokyo
8. C. Various sources put the number at either 17, 18, or 19

County Groups Concerned About Fizzled Amazon Deal

By Pat Casey

The decision last week by Amazon to pull out of a deal to build a second headquarters in Long Island City, Queens generated concern across the region from local business organizations and government officials.

The debate took on political overtones as Gov. Andrew Cuomo and New York City Mayor Bill DeBlasio had offered the corporate giant \$3 billion in tax incentives and rebates to attract them to New York. According to CNN Business, the deal included the company creating 25,000 new jobs with an average salary of \$150,000.

White Plains Mayor Tom Roach said last Friday that the corporation's decision to walk away represents a significant economic loss to the region.

"It is difficult to imagine a scenario in which the tens of thousands of jobs created by Amazon directly and through the halo effect of their investment can be replicated in the near term," Roach said. "We have worked hard in White

Plains to bring quality jobs to our city by creating an environment that attracts the talent pool sought by employers large and small, and we are seeing great results. We will continue to do that work despite today's setback."

He said that while White Plains has its own economy, there is a positive effect having an employer that large in the region.

"We have our own atmosphere, but we are impacted by what happens there; the entire region is," Roach said.

Roach noted that White Plains remains focused on attracting

businesses of appropriate size to its community, which has been working out well for the city.

William Mooney, Jr., president and CEO of the Westchester County Association, lamented the loss of Amazon.

"It is unfortunate that short-sighted politicians could not understand the long-term benefits and the performance-based nature of the incentives offered to Amazon," Mooney said. "The lost opportunities for economic growth and new revenues in New York, including Westchester County and the Hudson

Valley, will further impact our ability to be competitive."

Hudson Valley Economic Development Corporation President and CEO Mike Oates compared the turn of events to "fumbling the football on the one-yard line in the Super Bowl."

"This will have far-reaching effects in New York, including Westchester County and the Hudson Valley," he said. "New York will have to work even harder in the future to offset this negative outcome. As New Yorkers, we need to come together to embrace opportunities in the future."

Minor Changes for Proposed Memorial Plaza Development; Hearing Set

Continued from page 9

agreed that installing a gate for the parking lot might solve that problem.

The commission also recommended that a sign be posted at the entrance of the building to inform visitors that the complex is open to the public.

"Since it is a private development, and it's just to make sure that people know it's open to the public," said Planning Commission Chairman Russell Klein. "Something like a brass plaque would do just fine."

Gallin had not objection to the commission's suggestion for a sign.

Recently, the commission agreed to become lead agency for the project.

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Guest Columns

The Reasons Behind My Support for a Green New Deal

By Rep. Nita Lowey

It's time to move past questioning the existence of climate change and begin debating the best way to combat the drastic and well-documented change in the world's climatic patterns. That is why I am a co-sponsor of the Green New Deal Resolution.

The resolution, introduced in Congress earlier this month, acknowledges two major crises related to rising greenhouse gas emissions: a climate crisis and an economic crisis of income inequality, socioeconomic immobility and wage stagnation. At the same time, climate change threatens U.S. national security and undermines environmental, social and economic stability around the world.

The resolution proposes bold, common-sense goals, including investing in infrastructure, upgrading power grids, expanding clean manufacturing, overhauling transportation systems and restoring ecosystems. Implemented in

partnership with local communities, businesses, workers and experts, the Green New Deal would transition the U.S. to a sustainable economy that expands financial security for all Americans, especially the most vulnerable among us, and promotes the health and safety of all communities.

The recent National Climate Assessment presented a grim picture of the future we will face if the United States continues on its current path. According to the report, "Without substantial and sustained global mitigation and regional adaptation efforts, climate change is expected to cause growing losses to American infrastructure and property and impede the rate of economic growth over this century." Even with the expansion of adaptation efforts in recent years, "they do not yet approach the scale considered necessary to avoid substantial damages to the economy, environment and human health over the

coming decades."

Already we are seeing the consequences of inadequate action: more frequent billion-dollar disaster events, deteriorating infrastructure, increasing food and water insecurity and displaced wildlife. According to NASA, 2018 was the fourth-warmest year ever recorded; 18 of the 19 warmest years on record have occurred since 2001.

We have not only the opportunity but also the responsibility to match the scope and scale of the climate change crisis and to avoid irreparable harm to the environment, economy and public health. The federal government must use every available tool to combat climate change to protect the environment and public health for Americans and future generations.

Rep. Nita Lowey represents New York's 17th Congressional District and is the chairwoman of the House Appropriations Committee.

Great Balls of Fire, Shaking Your Booty to Tutti Fruti

By Richard Cirulli

The wise and enlightened often refer to the adage "harmony is the analogy of opposites" when confronted with divisive issues. The author will apply this adage to this column in a tongue-in-cheek manner in an attempt to bring harmony and a smile of nostalgia into the reader's life.

Regretfully, a number of Americans today have reduced the memory of the '60s to simply the era of sex, drugs and rock 'n' roll – the devil's trilateral commission. Thus, the decade that was marked with rapid social change and conflict is reduced to a marketable cliché that fails the discourse and harmony tests.

To begin, it would be fair to state that the genesis of the sexual revolution should go to Adam and Eve. Maybe they just got bored living for all eternity together naked in paradise with nothing to complain about – no friends, no apps, just living in bliss. Well, maybe a little taste of the forbidden fruit from the tutti futti tree would help.

Correction

In last week's article regarding the Feb. 8 hearing on the New York State executive hearing hosted by Westchester's state senators, Elizabeth Hamlin-Berninger, the director of advocacy for the American Lung Association in New York, was incorrectly quoted regarding recommended funding for the New York Tobacco Control program. Hamlin-Berninger said the Centers for Disease Control recommends that the New York program be funded at \$203 million and current state funding is only \$39,000. The Examiner regrets the error.

What followed is history.

As we fast forward from "the fall" and turn to the pages of history of the 1950s to the genesis of rock, we find the likes of Little Richard, Elvis Presley, Jerry Lee Lewis, Carl Perkins and Johnny Cash, really shaking things up to get us back to the garden. Well thank the Lord, great balls of fire, there was a whole lot of shaking going on.

Taking a harmonic view of these events, as the nation divided itself in the 1950s between conservatism and liberalism, whites and blacks found themselves united, attending music concerts freed from the race line of segregation. The wall of racism was rocked to its foundation, with merely a few notes of the trumpeter's call.

In the months that followed Woodstock, America was ripe with Christian Hippies (euphemism for the long-haired) who embraced Godstock. This was also the time when even Billy Graham made peace with rock 'n' roll. Praise the Lord, there is a rock 'n' roll heaven for righteous brothers. By the early 1970s, there were scores of Christian rock and folk bands.

Now that we have removed the fig leaf that concealed the lies as to who really started the sexual revolution, we should also expose another '60s myth regarding the origins of rock 'n' roll. Thou shall not bear false witness against thy neighbor.

The credit should go to Sister Rosetta Tharpe (Mar. 20, 1915- Oct. 9, 1973), known as the godmother of rock 'n' roll, the gospel-singing electric guitarist who was the first to use heavy distortion. Her first recording was "Rock Me" in 1938, followed by her 1939 hit "This Train."

Tharpe's style has influenced such notable guitarists as Eric Clapton, Jeff

Beck and Keith Richards. Why even Elvis learned to rock while attending Pentecostal church services.

Wow, holy Armageddon!

In 1972, the Godstock concert drew 200,000 believers in Dallas. By the end of the 1970s, Bob Dylan's conversion resulted in the release of his "Slow Train Coming" album, the first of a trilogy of Christian albums. By the late 1980s, America was rocked by Stryper, a heavy metal Christian group, achieving success with their "To Hell with the Devil" album.

Holy oxymoron!

The influence of Godstock can still be found today in such established bands and artists as U2, Amy Grant, Michael W. Smith and Jars of Clay.

I will admit I had some fun debunking a few of the '60s myths, especially as a guitar-toting, card-carrying AARP member. Well, what more needs to be said?

Whop bop b-luma b-bop bam bom
Tutti frutti, ask Rudy
Boomers still can shake their booty
Is Rockin their divine duty
They ache even at rest
Hiding wrinkles, they do best
Still seeking a love fest

Great balls of fire
There is a whole lotta shakin goin on
And thank God
I have the drugs (meds) that keep me rockin on.

Dr. Richard Cirulli is a retired professor, columnist, playwright, songwriter and author of "The Songs of Roland." You can view his website at Demitasseplayers.com. He looks forward to your comments at profcirulli@optonline.net.

Jewelry, Home Accessory Store to Open at Chappaqua Crossing

By Martin Wilbur

The owner of an Armonk jewelry store will open a second location and expand the selection of merchandise when the business comes to Chappaqua Crossing this spring.

Tanya Tochner, owner of ROCKS on Main Street in downtown Armonk, said last week that the Chappaqua store will sell fine and fashion jewelry along with providing custom work and jewelry repairs that the business has been known. However, it will also include modern home décor and gift accessories.

"Expanding into home and gift accessories has always been in the plan for ROCKS, we just couldn't do it in our small Armonk store," Tochner said. "The vision for the new store is to continue to offer modern jewelry that's special and unique, as well as home décor and accessories to our customers at great prices."

The Armonk store, which also sells some seasonal gift items, is 500 square



MARTIN WILBUR PHOTO

ROCKS in Armonk will be opening a second location at Chappaqua Crossing later this spring.

feet. The space at Chappaqua Crossing will measure about 1,650 square feet, she said.

Offering jewelry at both locations

should help the business, said Tochner an 18-year Chappaqua resident. Merchandise will include pieces created by local designers.

"It's important to be consistent with merchandise, so there will be the tried and true favorites, as well as a lot of new and different merchandise," she said.

Tochner said that she expects to open the Chappaqua ROCKS in May.

Two weeks ago, Chappaqua Crossing developer Summit/Greenfield was able to obtain a revised Temporary Certificate of Occupancy from the Town of New Castle. That allows up to 91,500 square feet of retail space to operate until the required road improvements around the campus is completed, which is expected before the end of May. When fully occupied, there will be 120,000 square feet of retail.

The two prime tenants, Whole Foods, which opened Dec. 15, and Life Time fitness, which debuted Feb. 8, are 40,000 square feet each. They are joined by Chase Bank and Pet Valu at about 3,000 square feet each and Fidelity Investments, which will measure 5,250 square feet.

Tech Savvy Teens Compete at Pace's Robotics Competition

Twenty-seven middle school and high school teams from across the Hudson Valley, Capital Region and the Adirondacks competed head to head in the 10th annual FIRST Tech Challenge robotics competition Sunday, Feb. 10 at Pace University's Pleasantville campus.

Widely known for its computer science and technology programs at the Seidenberg School of Computer Science and Information Systems, Pace has been a partner with FIRST, providing exciting and effective STEM programs for children since 2003.

Dr. Rick Kline, associate professor at the Seidenberg School who coordinates the competition, said his students played an integral role in the event, assisting teams and running challenges.

More than 40 Pace students and about a dozen alumni, staff and faculty were among the roughly 100 volunteers who ran the event under the guidance of volunteer coordinator and Seidenberg School staff member Jill Olimpieri. Students helped with the setup and

logistics and served as referees, judges, inspectors and robot technical advisers.

"FIRST is an international, K-12 not-for-profit organization founded to inspire young people's interest and participation in science and technology," Kline said. Having a competition like FIRST here at Pace is in keeping with our mission to train the next generation of STEM, computer and technology experts.

Students in grades 7-12 competed in this year's space-themed game Rover Ruckus with robots they have been designing, building and programming since the start of the school year. The 27 teams had advanced from a field of 60 teams that participated in other competitions.

Last week's top three winners were the Roboraiders from Red Hook High School, in Red Hook, N.Y.; Suffern Robotics from Suffern Senior High School; and Beta, CCE Clinton County 4-H in Plattsburgh. The teams will advance to the world championship in Detroit in April.



There were 27 teams from across the Hudson Valley, Capital Region and Adirondacks that competed in the 10th annual FIRST Tech Challenge Robotics Competition at Pace University on Feb. 10.

Local students who competed attend Blind Brook High School, John Jay High School, Mamaroneck High School; Peekskill High School, Riverside Computer Design High School in Yonkers and Girl Scouts Heart of the Hudson in Pleasantville.

"I have been volunteering for the FTC event at Pace since I was a freshman," said graduate student Joel Thomas. "I am always impressed by the innovation and creativity that each team brings to the field."



The building at 14 S. Greeley Ave. was sold recently.

Former Hall of Scoops Building Sold in Downtown Chappaqua

Admiral Real Estate Services Corp. announced last week that it recently sold the one-story retail building at 14 S. Greeley Ave. in Chappaqua.

The 1,800-square-foot building was previously occupied by the ice cream and frozen yogurt business Hall of Scoops in the heart of Chappaqua's downtown.

Jonathan Gordon, a broker for the Bronxville-based Admiral Real Estate, did not reveal the identity of the buyer

or the sale price. That information will eventually be a matter of public record in the Town of New Castle's assessor's office.

Gordon said the space will most likely be used for a commercial business.

While the town is undergoing a streetscape beautification project later this year, there are currently no formal plans in place to renovate the newly sold building, he said.

—Jade Perez

Burns' Screenings of 'Chi-Town' Brings Home a Story of Resilience

By Jade Perez

Hundreds of high school students will attend the last two screenings this week of Full Court Film's documentary "Chi-Town" in Pleasantville and White Plains.

The documentary follows the life of Keifer Sykes, now 25, who grew up on the west side of Chicago, overcomes tragedy, personal loss and debilitating injury to pursue an NBA career.

The screenings, scheduled for the Jacob Burns Film Center on Thursday at 7 p.m. and the Theodore D. Young Community Center in the afternoon, materialized when the film's social impact producer, Christine Wexler, and its director and producer Nick Budabin approached Westchester County's Department of Community Mental Health to offer local screenings and panel discussions.

The county is collaborating with local schools, advocacy groups and community partners such as the Theodore D. Young Community Center and My Brother's Keeper. My Brother's Keeper ensures that all youths, including boys and young men of color, have opportunities to improve their life's outcome and overcome barriers to

success.

Michael Orth, commissioner of the county's Department of Community Mental Health, said he is thrilled about the recently forged partnership.

"Nick Budabin captures the true meaning of overcoming life's adversities through both personal and community resilience," he said.

Westchester County Executive George Latimer added that the screening will give students the chance to participate in an open discussion "that challenges perception and celebrates the importance of our community partners and support groups."

As part of the Jacob Burns' Classroom to Screening Room program that presents films to students in grades 3-12 to explore connections to social, economic and cultural issues, the first screening of "Chi-Town" was hosted by the film center on Jan. 30. The audience consisted of 120 high school students from the Mount Vernon and Greenburgh school districts.

Last month, the students participated in a panel discussion with Budabin, Executive Producer Terry Minogue, My Brother's Keeper Program Director of Greenburgh Anthony Gaines and Sykes,



JACOB BURNS FILM CENTER/IMANI HUMPHRIES PHOTO

Last month's screening of "Chi-Town" at the Jacob Burns Film Center, followed by a panel discussion, was attended by about 120 high school students. It will be shown again this Thursday evening at the film center and earlier in the day at the Theodore D. Young Community Center in White Plains.

via Skype. On Thursday evening, the Q&A will feature Budabin, Minogue and community leader Patrick Moore.

The screening at the Jacob Burns Film Center is also open to the general

public. Tickets are \$10 for members and \$15 for non-members. For tickets and more information, visit www.burnsfilmcenter.org.

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North, South, East, West, Which is the Best Way to Face?

The orientation of a home – which way it faces – is something to be considered when house hunting. My home-buying history involves three purchases. The first was a wonderful townhome in historic Brooklyn Heights. The second was a large historic home in upper Westchester and the third, most recently, a condominium.

In my first two purchases, I confess that I never considered the orientation of the front of the house. In my case, I just fell in love with both homes and wanted them, no matter which way they faced.

As I think about it, both my home in Brooklyn Heights and my first purchase in Westchester faced south, while my current residence faces east. In my last purchase, I considered orientation, and being in a large building, I had only two choices – east or west. I chose east, preferring to have the morning sun and the afternoon shade. More importantly, I liked the views of the woods offered by windows facing east.

The orientation of a home may not necessarily register with buyers as something of importance when buying or building a home; however, it is important to maximizing energy efficiency. As a realtor, I've learned that it can be much

more than that.

My very first buyer client insisted that I show him only homes that faced east. That involved some extra research on my part. I just did as requested but never considered the reasons why until recently. My research identified the pros and cons of facing east.

Pros: Beautiful sunrises, lots of morning and early afternoon sunshine, rooms facing east in the winter mornings will be warmer and windows facing west in the evening will have beautiful sunsets.

Cons: Waking up early to sunlight if your bedroom faces that way, a lot of heat in summertime, rooms facing east will be darker in the late afternoon and evening so there would be a greater use of electricity.

If I were house shopping today, I would look for a home with a lot of windows in all directions, so I would be guaranteed good light and excellent cross circulation when windows are open.

As I think about it now, when I was searching for a property in the country, I saw some homes that seemed dark inside, even with the lights on. Probably subconsciously, I automatically rejected those homes. Now I know that orientation

can impact energy use and heating and electric bills.

As a realtor, I understand that a poorly designed and orientated house will have key living areas shrouded in darkness, increasing the cost of running the place with lights having to stay on longer during the day and it will cost more to keep it warm in cold weather.

At the same time, a well-designed home will have lower energy costs by using as much natural light as possible. In other words, using Mother Nature to her full advantage.

You can utilize the amount of natural light which comes into your property through skylights and windows. All of which makes it is a very good idea to have double-glazed windows to help reduce heat loss.

Something else to consider if designing a two-story house is to have the stairs located on the northern side and large windows on the other sides of the house to capture as much of the sun's natural heat.

When buying or designing a new home, always consider orientation and you will save on energy bills, increase lifestyle comfort and add value to your property.

Here are some other considerations.

- Some people prefer front doors that face east or west so the north wind doesn't directly hit the front or

back door.

- If you want to wake up with the sunrise, you'd want your bedroom window facing east.
- If you sleep in (because you can or because you work nights), you'll want your bedroom windows facing west or you'll want to install blackout curtains.
- Some people prefer homes that face east so their backyard faces west and can be used later into the evening.
- Others prefer the opposite, having the house face west so the backyard is facing east and benefits from the shade on a hot summer afternoon.
- You might prefer a house that faces an ordinal direction (northeast, southeast, northwest or southwest) to avoid direct sunshine onto the front or back of the home.
- A tree line or berm can help relieve the effects of direct sun or wind.

There are pros and cons about any direction a house may face but each can be enjoyed or mitigated.

Bill Primavera, while a publicist and journalist, is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. (www.PrimaveraPR.com). To take advantage of these dual areas of expertise, you can engage the services of The Home Guru to market your home for sale. Just call 914-522-2076.



By Bill Primavera

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The Weekly Feature from Entergy

Chappaqua Home to Once-in-a-Life Time Health and Fitness Club

By Martin Wilbur

In the nearly two weeks since Life Time opened at Chappaqua Crossing, General Manager Michael Spiegel has been upbeat.

A first-rate team of about 170 part-time and full-time employees in a facility featuring the latest approaches and equipment in the health and fitness industry, there have been about 900 memberships covering some 1,400 people. That has exceeded expectations by close to 200 memberships, Spiegel said.

"We always knew it would be a good place for us to have business in Chappaqua," Spiegel said. "Obviously, it's an affluent area. When you look at where Life Time wants to go, it's where people have a passion for living a healthy way of life, and the people in New Castle in general, are healthy people."

The extra time leading up to Life Time's opening provided management more time to attract members and an introductory rate of \$179 a month also helped. But presenting people with a first-rate club with amenities and some of the latest in fitness programming has been the key for members joining the 40,000-square-foot facility.

The main exercise floor provides a regimen to help anyone achieve their fitness goals. For those on weightlifting programs there are flat, inclined and military bench presses along free weights. Life Time features Technogym equipment, considered the top-end for machines such as stationary bikes, treadmills and ellipticals, Spiegel said. The demanding Jacob's ladder that simulates a grueling ladder climb, there is a tire flip machine and many other pieces.

"I've never seen anything like the technology that we have here, the programs, the spaces themselves," said Spiegel, who has been in the health and fitness industry for 10 years.

He said everyone who signs up receives movement and physical assessments from a trainer to discuss goals and motivation and to take into account a person's age,

medications and condition.

About 90 percent of people who join a health club do so to lose weight, Spiegel said. Life Time has a nutrition program coordinator, Stacey Edenbaum, who is also a registered dietician, and she advises members on a nutritional plan that works for them.

Traditional workout equipment is a key component of what Life Time provides, but Spiegel said the company is more than a gym or a health club. Management identifies their facilities as an athletic resort or a health way-of-life destination.

To that end, there is a wide assortment of programs, from the company's three signature cycling classes, yoga, including the increasingly popular hot yoga, Pilates and barre classes, which combines elements of ballet, yoga and Pilates. Most classes run for an hour, with some of the express classes lasting about 45 minutes.

Some sessions are included in membership while others are extra, Spiegel said.

The response in the early going has been outstanding, said Veronica Ramos, the studio manager where most of the classes are held. Ramos, who transferred from Life Time's West Harrison location, said the most popular classes have been barre, Zumba and the Edge cycling class.

"We're so excited to have been able to open the doors to the community," she said. "Michael is such a wonderful GM and we definitely look forward to continuing the process."

Another attraction within Life Time is the Life Spa, where you can treat yourself to hair care and manicures and pedicures or take in the "relaxation area" for a facial or massage treatments while enjoying a serving of hibiscus tea or cucumber water, said spa manager Melissa Iarocci. Treatments are extra but you don't have to be a member to enjoy the services, she said.

"One of the great things about the Life Spa is both members and non-members are welcome to use and enjoy our spa



The floor where much of the exercise equipment is located at Life Time at Chappaqua Crossing.



Life Time offers a relaxation area where visitors can receive various treatments, massages and facials.

services," Iarocci said.

A popular destination has been the Life Time Café. You can sit and enjoy everything from shakes and smoothies, to build-your-own bowls that consist of vegetables, a carbohydrate base, such as brown rice or pasta, and a protein, including grilled chicken or steak, Spiegel said. If time is short, members can take a packaged meal to go.

There are non-dairy and gluten-free options as well, he said.

"It's here it's healthy but people have different dietary needs and we cater to all of those," said Spiegel.

Life Time Senior Area Director Ryan Brister, who oversees the clubs in New York, Connecticut and Massachusetts, said the company has seen large growth in the region. Boston, for example, has had a club added each of the last four years with a fifth location to open next year.

Brister said what helps differentiate Life Time from other clubs is that it's "a place you want to be, not a place where you're forcing yourself to be."

"I think there's a megatrend of health and fitness we're definitely riding," he said. "There's also demand for our product and services. People appreciate what Life Time is all about. There are an assortment of programs and people and you put them in a beautiful place like this and, yeah, people like it."

Spiegel said the Kids Academy where members can bring their children from three months to 11 years old and have them supervised with age-appropriate



Members of the Life Time team at Chappaqua Crossing.

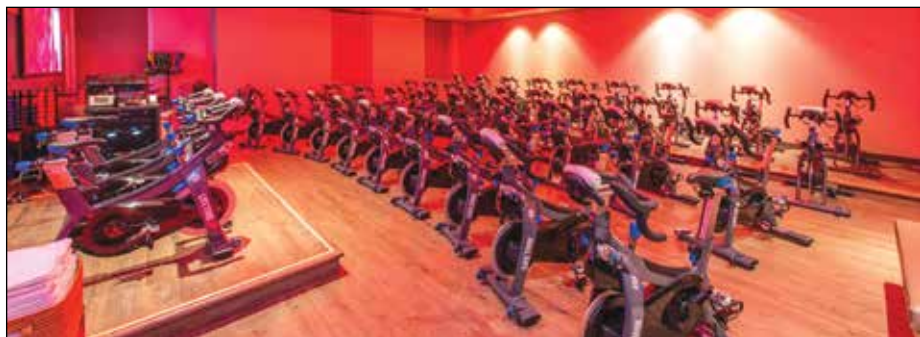
activities promises to be advantageous. A reservation 72 hours in advance must be made for infants, from three months to a year old, but none are needed for children older than that. There is certified staff on hand to oversee, engage and even provide homework assistance, if necessary, he said.

Then there are the niceties that also set Life Time apart from other clubs, Spiegel said. Large touch-screen electronic screens providing class schedules and other information are scattered throughout the facility and complementary shaving cream, razors, deodorant, toothpaste and Q-tips are available in the locker rooms. Each locker is a full-length executive with a walnut finish.

Life Time stresses family involvement, not just a place that caters to singles.

"Were we have primarily families, primarily situations where everybody can be stimulated in some way and we aim to do that," Spiegel said.

Life Time is open weekdays from 5 a.m. to 11 p.m. and 6:30 a.m. to 11 p.m. on weekends. For more information, call 800-741-4109 or visit www.lifetime.life.



The Cycle Studio offers three different types of classes with intriguing music, lighting and screens to display each participant's metrics.

Happenings

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Martin Wilbur at mwilbur@theexaminernews.com.

Tuesday, Feb. 19

Drop in for Tech Help. Receive help with any of your technology devices. PC, Google and Microsoft savvy volunteers will help with troubleshooting, downloading, Overdrive, Freegal, Hoopla or any other online service. First-come, first-served. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 3 to 4:30 p.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkisco.org.

Reading With Tobie and Karen. A program for school-age children. Tobie and Karen are with The Good Dog Foundation. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 p.m. Free. Every Tuesday. Info: 914-273-3887 or www.northcastlelibrary.org.

Library Afternoon Coffee. Meet with Director Edie Martimucci. Each month some of the new offerings will be highlighted at the North Castle Public Library. There will then be an open discussion of ways to improve and new ideas for programs. Make suggestions and volunteer ways to help. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 to 5 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Earring Making. Learn to make earrings while helping a good cause. For every pair you make, make another pair that will be donated to a battered women's shelter. For all ages. Led by Joan Lloyd. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 5:30 p.m. Free. Info: 914-666-8041 or www.mountkisco.org.

English Conversations. For speakers of other languages seeking to improve their English. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkisco.org.

Italian Language and Culture. Mara De Matteo, born and raised in Italy and passionate about her native language, combines lively conversation with grammatical instruction in her classes. She creates interactive lessons on the richness of Italian culture, past and present. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6:30 p.m. Every Tuesday. Info: 914-273-3887 or

Mount Kisco Public Library Board of Trustees Meeting. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 6:30 p.m. Free. Info: 914-666-8041 or www.mountkisco.org.

Armonk Book Readers Club. "An American Marriage" by Tayari Jones will be discussed. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6:45 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Legendary Tuesday Night Jam. This jam has fostered many great musicians over the years. Some have gone on to tour, win Grammy Awards and achieve celebrity status. You never know who you'll hear.

Come on down, play or listen, dance, drink and enjoy. All levels of musical talent are welcome. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 8 p.m. No cover charge. Every Tuesday. Info: 914-747-4740.

Wednesday, Feb. 20

Functional Medicine: An individual Approach to Health. Phelps' Functional Medicine Program will host monthly lectures to discuss the many intricate topics along a continuum of health that affect overall functionality. There will be a physician lecture followed by exercise or meditation. Phelps Hospital, 755 N. Broadway, fourth floor. 9 a.m. Free. Info: Contact Ellen Woods at 914-366-3937 or e-mail ewoods3@northwell.edu.

Zumba Fitness. Achieve long-term benefits while having a blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life. For all fitness levels. Dance Emotions, 75 S. Greeley Ave., Chappaqua. 9 a.m. Every Monday and Wednesday at 9 a.m. and Saturdays at 10 a.m. Drop in or weekly discount rates available. Info: Contact Peggy at 914 960-4097.

New Mommy and Daddy Meet-Up. Whether it's your first child or your fifth, this is a great way to get out of the house, meet new friends and enjoy time with your baby. World Cup Nursery School, 160 Hunts Lane, Chappaqua. 10:25 to 11:10 a.m. Free. Every Wednesday. Info: 914-238-9267 ext. 20.

Senior Benefits Information Center. Counselors offer older adults one-on-one counseling covering a broad range of topics including Medicare health and prescription plans, food stamps, HEAP, EPIC, weatherization, minor home repair and tax relief programs. Mount Kisco Public Library, 100 Main St., Mount Kisco. 10:30 a.m. to 1:30 p.m. Free. Every Wednesday. Info: 914-231-3260.

Bilingual Storytime. Sing songs and read picture books in English and Spanish. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Wednesday. Info: Visit 914-666-8041 or www.mountkisco.org.

Book Group Discussion. "The Friend" by Sigrid Nunez, winner of the National Book Award 2018, will be discussed. Led by Martha Iwan. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1:30 to 2:30 p.m. Free. Info: 914-666-8041 or www.mountkisco.org.

Affordable Care Act Navigator. A trained navigator provided by the county Department of Health will be available to help people with choosing and signing up for health insurance under the Affordable Care Act and the state health marketplace. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 2:30 to 7 p.m. Free. Every Wednesday. Also Thursdays from

1 to 6 p.m. and Saturdays from 10 a.m. to 2 p.m. Appointment required. Info and appointment for Wednesday sessions: 914-336-6026. Info and appointment for Thursday and Saturday sessions: 914-813-5192.

"Frozen" Singalong. Experience "Frozen," the hit musical comedy from Walt Disney Animation Studios, like never before in an all-new, full-length Singalong edition. Follow the lyrics with a bouncing snowflake. Join Anna as she sets off on an epic journey – teaming up with rugged mountain man Kristoff and a snowman named Olaf – to find her sister Elsa, whose icy powers have trapped the kingdom of Arendelle in eternal winter. For the entire family. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 2 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Science Lab. Become junior scientists and learn about different science topics through stories, crafts and experiments. There's a new topic every week. For children four to six years old. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 to 5 p.m. Free. Every Wednesday. Info: 914-273-3887 or www.northcastlelibrary.org.

Knitting at the Library. Knitters and crocheters of all skill levels. For ages 10 and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 5:30 p.m. Free. Every Wednesday. Info: 914-864-8041 or www.mountkisco.org.

"Chisholm '72: Unbought & Unbossed." Majority Leader Andrea Stewart-Cousins and state Sen. Shelley Mayer will co-host a Black History Month celebration with a screening of this documentary about the late New York congresswoman Shirley Chisholm, the first black woman elected to Congress and to seek a major party nomination for president. Presented in partnership with the Port Chester/Rye NAACP, White Plains/Greenburgh NAACP, New Rochelle NAACP, and the YWCA of White Plains & Central Westchester. White Plains Public Library, 100 Martine Ave., White Plains. 6 p.m. Free. RSVP suggested. Info and RSVP: www.eventbrite.com/e/free-screening-of-chisholm-72-unbought-unbossed-tickets-55979011731.

Art Series: Edward Mitchell Bannister. Our celebration of African American artists during Black History month continues with an analysis of Bannister's work. Born in New Brunswick, Canada around 1828, Bannister was a tremendously talented Tonalist painter who was inspired by Millet and created mostly pastoral subject matter. Discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Oscar Talk 2019. Join Jacob Burns

Film Center Board President Janet Maslin and the uncannily knowledgeable "Oscarologist" and noted film writer Mark Harris – also Burns board member – for what's always a lively and illuminating discussion. The major films a reflect a year of change and the wide range of cultural shifts they've inspired. This awards season has been divisive, full of surprises, exciting as ever and sure to make for a vibrant conversation. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7 p.m. Members: \$12. Non-members: \$17. Info and tickets: Visit www.burnsfilmcenter.org.

Westchester Wednesday Dance. French-American choreographer Carole Alexis and her Ballet des Amériques dance company bring a rich and sprawling repertoire to audiences in this three-performance series. These weekday evenings of dance offer audiences a break in the workday routine and a chance to witness the original work of the Tarrytown Music Hall's company-in-residence. Tarrytown Music Hall, 13 Main St., Tarrytown. 7 p.m. \$20 and \$35. Info and tickets: Visit www.tarrytownmusichall.org.

"The Guilty." It's surely one of life's great pleasures to turn yourself over to a master of suspense. This gripping film is set entirely inside the emergency dispatch room of a Copenhagen police station, where Officer Asger Holm answers a call from a kidnap victim – and is abruptly cut off. Through a brilliant use of soundscape and screen images, director Gustav Möller takes the viewer inside Holm's heightened senses as he searches for the victim without being able to leave his desk. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7:30 p.m. Members: \$9. Non-members: \$14. Info and tickets: Visit www.burnsfilmcenter.org.

The Business of Comedy Seminar. Booking agent, manager, writer, producer, director and performer Carole Montgomery will give a seminar about the business of comedy. The perfect event for the newer comedian or prospective performer. Lucy's Laugh Lounge, 446 Bedford Rd., Pleasantville. 7:30 p.m. \$20. Info and advance tickets: Visit www.lucyslaughs.com. Type in the promo code Examiner at the prompt when buying tickets online.

Thursday, Feb. 21

Third Thursdays Bird Walk. Join naturalist Tait Johansson at this local migration hotspot for the second in a new series of bird walks. A great way to hone your birding skills and mark the passing of the seasons and birds. Maple Avenue, Katonah. 7:30 to 9:30 a.m. Free. Registration required. Info and registration: Contact Susan at 914-302-9713 or e-mail info@bedfordaudubon.org.

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Local Resident Sees Breakthrough With Intermittent Fasting

By Martin Wilbur

For many years Ralph Milton cared about eating well and staying fit but like millions of people he struggled with his diet and maintaining an optimum weight.

One day in 2015, a customer came into his father's auto repair shop in Millwood, where he worked for 17 years, and started talking about the benefits and effectiveness of intermittent fasting.

It piqued Milton's interest, and a week or two later, he started researching to learn more. The simplest explanation is intermittent fasting allows for food intake for roughly an eight-hour window during the day.

"I started researching the science behind it, how it works on the body," said Milton, 43, now a chiseled, 200-pound Yorktown resident with 4 percent body fat. "I was blown away. This is going to be tremendous."

Today, it would be hard to find a bigger proponent for the increasingly popular approach. Milton, who now works at a Croton-on-Hudson car dealership, said that by limiting your meals to between 11 a.m. and 7 p.m. or noon and 8 p.m., roughly taking in the traditional lunch hour and dinner time, it helps the body use its fat as the primary energy source.

Furthermore, many health care professionals have agreed that the eating pattern is more effective at stabilizing a person's blood sugar by increasing

insulin levels, reduces inflammation and increases natural growth hormone, he said. That results in higher energy and more sustainable weight loss.

Now, Milton has developed his own plant- and amino-based dietary supplement, called Fit Body Fasting Fuel, a powder that is mixed with cold or hot water and resembles green tea. It is taken in place of breakfast to take the edge off any morning hunger until lunch. He has a patent pending on the supplement.

"So what I've done is basically create a product that not only makes it sustainable and comfortable to fast, but also enhances biologically what's going on in the body," Milton said.

But Milton takes it another step – actually a few steps. He has developed three phases that slightly modifies the fasting routine as one begins to drop weight. Phase 1 begins with 16 hours of daily fasting that starts at 7 or 8 p.m. before the first day. Assuming the scheduled started on a Monday, that continues for 12 consecutive days. The second Saturday is a "refeed day" where you can eat what and when you want.

Following dinner on the refeed day, the 16-hour fast begins but each week should be extended to prepare for the next phase.

After about four to six weeks, Milton said most people are ready for Phase 2, where exercise should be incorporated into the schedule three to five days a week for 30



Yorktown resident Ralph Milton, an advocate of intermittent fasting, with his new product, Fit Body Fasting Fuel, a supplement that helps get him through the fasting periods.

minutes to an hour. Phase 2 is similar to Phase 1 for the first six days of the week, but there is the start of a 24-hour fast early in the evening on the sixth day of the week.

Following the 24-hour fast, there should be no carbohydrates consumed with dinner except those found in vegetables.

During all fasts people are encouraged to drink water, tea or black coffee, Milton said. He also uses his Fit Body Fasting Fuel up to three times on 24-hour fast days.

Phase 3 would be similar to Phase 2,

with the introduction of two days of no carbohydrates in addition to the 24-hour fast day. This phase should remain in place until the weight loss goal has been attained.

The Maintenance Phase is designed to keep the goal weight. A 16-hour fast is done Monday through Friday with Saturday and Sunday regular food days with three meals each day.

Milton said what sets intermittent fasting apart is its impact on the body's hormones. He described it not as a diet or an eating regimen but "a lifestyle."

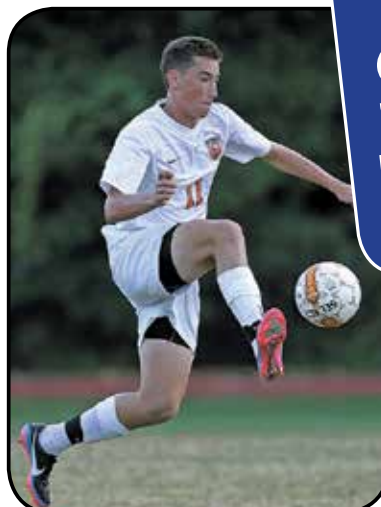
"The beauty of the lifestyle is that it's conducive and it's realistic to sustain for the rest of your life," Milton said.

The longer a person practices intermittent fasting, typically the less hungry they are, he said. He encourages it for adults who have been through the cycle of multiple diets and failed weight-loss plans.

For anyone with certain conditions or questions, Milton strongly advised speaking to their doctor.

"For anybody over the age of 25 to get in shape, to lose fat, lose stomach fat with a traditional pattern of eating, it's really a hard task," Milton said. "With this lifestyle, what it does to your hormones, what it does to the simplifying factor of whether you can sustain it, you can't compare it."

For more information on Milton's supplement and his approach to intermittent fasting, visit www.if4life.com.



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Happenings

continued from page 18

Lifeline Theater Music Program.

An outlet for unlocking the potential of children and adults with special needs through integrated arts and life skills programs. Drop in anytime and join founder Billy Ayres as he uses singing, dancing, creating plays, artwork and gardening to help participants realize their strengths and potential contributions to their communities. Ayres has created a technique called improvisational integrated music/drama. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 10 a.m. to 5 p.m. Free. Every Thursday from 10 a.m. to 5 p.m. and Fridays from 10 a.m. to 2 p.m. Info: Visit www.lifelinetheaterinc.org/index.html.

Storytime. For children 18 months to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Thursday. Info: Visit 914-666-8041 or www.mountkiscoliberalry.org.

Mahjongg Club. Intermediate players welcome. Participants must bring their own set. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 p.m. Free. Every Thursday. Info: 914-666-8041 or www.mountkiscoliberalry.org.

Royal Opera House Live: "La Traviata."

Richard Eyre's stunning production of one of Verdi's greatest and most popular operas features star soprano Ermonela Jaho (Violetta), Alfredo Germont (Charles Castronovo) and Plácido Domingo (Giorgio Germont). This beautiful presentation of the tale of a courtesan who sacrifices all for love in 19th century Paris is full of drama, passion, tragedy and, of course, unforgettable music. Includes two intermissions. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 2 p.m. Members: \$20. Non-members: \$30. Info and tickets: Visit www.burnsfilmcenter.org.

"Smallfoot." Migo is a friendly Yeti whose world gets turned upside down when he discovers something that he didn't know existed – a human. He soon faces banishment from his snowy home when the rest of the villagers refuse to believe his fantastic tale. Hoping to prove them wrong, Migo embarks on an epic journey to find the mysterious creature that can put him back in good graces with his simple community. For the entire family. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 2 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

"Iyengar: The Man, Yoga and the Student's Journey." For many yoga devotees, the name B.K.S. Iyengar is synonymous with the practice itself. Asking deeply practical questions like and injecting an innovative approach to physical poses – he pioneered the use of props such as blankets, straps and blocks – Iyengar made yoga accessible to millions around the world. In this illuminating

documentary, we see him teaching, lecturing and effortlessly demonstrating the pretzel-like poses he's known for. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 2:05 and 7 p.m. Members: \$9. Non-members: \$14. Info and tickets: Visit www.burnsfilmcenter.org.

Balloon Power vs. Motor-Powered Cars. Discover your "inner engineer" and learn how to build simple balloon- and motor-powered cars using large craft sticks, axels and wheels. Then compare how they compare to an AA battery and a small motor. Also, learn about the transformation of energy: balloon versus battery to mechanical. For children 10 to 13 years old. Presented by the Cornell Cooperative Extension and 4H Youth Development. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 3 to 4 p.m. Free. Space limited; registration required. Info and registration: 914-864-0130.

Pre-K Storytime With Craft. Stories, songs and a take-home craft. For children three to five years old. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 to 4:30 p.m. Free. Every Thursday. Info: 914-273-3887 or www.northcastlelibrary.org.

Read to Rover. Dogs love listening to stories. Come meet Rover and read your favorite story. For children five years old and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 5 to 6 p.m. Free. Every Thursday. Info: 914-666-8041 or www.mountkiscoliberalry.org.

"The Women's Hour: The Great Fight to Win the Vote." Author Elaine Weiss will talk about her new books that tells the gripping story of the climax of the fight to ratify the 19th Amendment, replete with heroism, skullduggery and suspense. Weiss is also the author of "Fruits of Victory: The Woman's Land Army of America in the Great War." Part of the John Jay Homestead Scholars Lecture Series. John Jay Homestead Historic State Historic Site, 400 Jay St. (Route 22), Katonah. Registration and light refreshments at 6:30 p.m. Program at 7 p.m. Members: \$20. Non-members: \$25. Reservations recommended. Info and reservations: 914-232-8119, visit www.johnjayhomestead.org, or e-mail friends@johnjayhomestead.org.

ABCs of Baby Care. This class for expectant parents is to help prepare for a new baby's arrival. Topics include how to diaper and bathe a baby, equipment needed such as a car seat, crib safety, guidelines for safe sleep, newborn characteristics and appearance, general baby care and more. Phelps Hospital, 701 N. Broadway, Sleepy Hollow. 7 p.m. \$50 per couple. Info and registration: 914-366-3382 or e-mail igclaberry@northwell.edu.

"Chi-Town." This film follows Keifer Sykes on his meteoric rise from Marshall High School on Chicago's West Side to his improbable shot at the NBA. This

exhilarating multiyear journey of the explosive point guard's ascent is punctuated by personal loss, debilitating injury and tragic violence. Set against the backdrop of the South and West side neighborhoods, "Chi-Town" paints a portrait of a community finding alternatives to violence and coming together over the game that makes them strong. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7 p.m. Members: \$10. Non-members: \$15. Info and tickets: Visit www.burnsfilmcenter.org.

Friday, Feb. 22

ZUMBA® With Amy. Fun cardio dance fitness workout, low-impact approach, easy learning environment. This feel-good workout is exercise in disguise. Free trial class available. Addie-Tude Dance Center, 42 Memorial Plaza, lower level, Pleasantville. 11 a.m. to noon. \$14 drop-in fee. Every Friday. Also Tuesdays from 10 to 11 a.m. Walk-ins welcome. Info: Call or text the instructor at 914-643-6162 or visit www.amyolin.zumba.com.

"How to Train Your Dragon 2." From the Academy Award-nominated film "How to Train Your Dragon," comes the next chapter in the epic trilogy. When Hiccup and Toothless discover a secret ice cave filled with hundreds of wild dragons and a mysterious Dragon Rider, the two friends find themselves at the center of an epic battle to save the future of men and dragons. For the entire family. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 2 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

WeDo Robots. Participants will work in pairs to build and run motors using the LEGO Education WeDo 2.0 Core Set. The set offers endless possibilities for making abstract concepts concrete by using tangible elements students can manipulate with their hands. Designed with collaboration in mind, each set supports two students, introducing them to science, computational thinking and engineering principles in a fun and engaging way. For children six to nine years old. Presented by the Cornell Cooperative Extension and 4H Youth Development. Kits will be provided. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 3 to 4 p.m. Free. Space limited; registration required. Info and registration: 914-864-0130.

Explore Osmo. Children explore, learn, create and interact with digital games in a whole new way. For children in grades 3-5. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 to 4:30 p.m. Free. Every Friday. Info: 914-273-3887 or www.northcastlelibrary.org.

It's Good to Be the King: Mel Brooks. Film clips and a discussion with Philip Harwood. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 7 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

chappaqualibrary.org.

Friday Night Film Series: "Hell or High Water." Starring Chris Pine and Jeff Bridges, this 2016 feature follows a divorced west Texas dad and his ex-con brother as they take to a last-resort money-making scheme in order to save their family's farm from foreclosure. Post-screening discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

"Lift the Lamp: Immigrant Stories." The Irvington Town Hall Theater Commission, which oversees the historic 117-year-old facility, will feature four immigrant speakers in a discussion moderated by Rev. Peggy Clarke, minister of the First Unitarian Society of Westchester in Hastings-on-Hudson. The second in a series of three diversity-related events. Irvington Town Hall Theater, 85 Main St., Irvington. 7:30 p.m. Free. Info: Visit www.irvingtontheater.com.

An Evening With Lyle Lovett and John Hiatt. Both artists will perform side by side, alternating songs from their respective careers. Utilizing their dynamic chemistry to swap stories and songs, fans can expect a rare "unplugged" evening of entertainment. Lovett, a four-time Grammy Award-winner, has broadened the definition of American music in a career that spans 14 albums over three decades. Coupled with his unique gift for storytelling, the Texas-based musician fuses elements of Americana, swing, jazz, folk, gospel and blues in a convention-defying manner. Hiatt, a master lyricist and satirical storyteller, weaves hidden plot twists into fictional tales ranging in topics including redemption, relationships, growing older and surrendering on his terms. Tarrytown Music Hall, 13 Main St., Tarrytown. 8 p.m. \$98, \$118 and \$138. Info and tickets: Visit www.tarrytownmusichall.org.

Saturday, Feb. 23

Pleasantville Farmers Market. Experience the largest, year-round farmers market in Westchester, voted "Best of Westchester" from 2014 to 2018. With nearly 40 vendors participating in the Indoor Market, the delicious good time continues each week. The farmers market is a dog-free environment. There will be seasonal vendors throughout December. Pleasantville Middle School cafeteria, 40 Romer Ave., Pleasantville. 8:30 a.m. to 1 p.m. Saturdays through Mar. 30. Info: Visit www.pleasantvillefarmersmarket.org.

Practice Tai Chi With Larry Atille. Learn specific feldenkrais and chi kung breathing techniques for deep relaxation and apply them to tai chi movement. This is a hands-on class that will be geared to the level of experience of the class and challenge all participants. Wear comfortable clothes

continued on page 26

Do's and Don'ts if the Flu Should Invade Your House

Fever. Body aches. Chills. When the flu hits, it zaps you of energy.

Flu season starts as early as October and runs as late as April; the virus thrives in cold dry weather. To minimize your exposure, follow this short list of do's and don'ts.

DO:

Take positive precautions. The best way to prevent the flu? Wash your hands with soap and water. Start washing from your wrist down and sing "Happy Birthday" in your head three times. The next best way is to get



By Dr. Debra Spicehandler

the seasonal flu vaccine. Washing hands prevents all infections from spreading. But if someone who has the flu sneezes in your face, there's not a lot you can do. That's why the vaccine is important.

Get a flu shot. During 2016 and 2017, the flu vaccination prevented

an estimated 5.3 million flu illnesses and 85,000 flu-associated hospitalizations. It's never too late to get the vaccine. If you don't get your flu shot, there's a possibility that you'll spread the flu to others,

including those who are at high risk for complications, such as grandma and grandpa, your baby nephew, your pregnant sister and those with chronic health conditions.

Disinfect your home. Influenza can be transmitted when someone sneezes, coughs or even talks or if you touch an object that someone with the virus has just handled, such as a computer mouse or doorknob. Wear disposable gloves when cleaning surfaces, throwing away used tissues or handling other items, such as laundry, that a sick person has touched or worn.

DON'T:

Go to work or school with the flu. Even if you think the flu has come and gone, play it safe. Stay home for 48 hours after you stop sneezing and coughing and only return to work or school when you've been fever-free for 24 hours.

Rush to the hospital. Call your

doctor before heading to the emergency room. Hospitals get overwhelmed during flu season and usually they can't eliminate your flu. Seek immediate medical attention if you have severe symptoms such as a fever that won't break with medicine or an inability to hold down fluids – or if you have an underlying condition such as cancer or an autoimmune disease.

Drink alcohol. While your grandmother may have sworn by the hot toddy, alcohol may cause dehydration that can worsen flu symptoms.

For more information about the flu, visit the Centers for Disease Control and Prevention website at www.cdc.gov/flu

Dr. Debra Spicehandler is co-chief of infectious diseases at Northern Westchester Hospital.

SMALL NEWS IS BIG NEWS * 914-864-0878

SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF WESTCHESTER CitiMortgage, Inc., Plaintiff, -against-

Shawnequa Alleyne, as Administratrix and Heir to the Estate of Gloria D. Albert a/k/a Gloria Downs Albert a/k/a Gloria Albert a/k/a Gloria Elizabeth Downs Albert, Dominique Albert a/k/a Dominique T. Albert, as Heir to the Estate of Gloria D. Albert a/k/a Gloria Downs Albert a/k/a Gloria Albert a/k/a Gloria Elizabeth Downs Albert, Lamont Albert, as Heir to the Estate of Gloria D. Albert a/k/a Gloria Downs Albert a/k/a Gloria Albert a/k/a Gloria Elizabeth Downs Albert, Anton Albert, Jr., as Heir to the Estate of Gloria D. Albert a/k/a Gloria Downs Albert a/k/a Gloria Albert a/k/a Gloria Elizabeth Downs Albert, David Albert, as Heir to the Estate of Gloria D. Albert a/k/a Gloria Downs Albert a/k/a Gloria Albert a/k/a Gloria Elizabeth Downs Albert if living and if any be dead, any and all persons who are spouses, widows, grantees, mortgagees, lienor, heirs, devisees, distributees, or successors in interest of such of the above as may be dead, and

their spouses, heirs, devisees, distributees and successors in interest, all of whom and whose names and places of residences are unknown to Plaintiff, United States of America, New York State Department of Taxation and Finance, New York State Tax Commission, Diane P. Servello, Freddy Albert,

Defendants.

Index No.: 59337/2018

Filed: 2/8/2019

SUPPLEMENTAL SUMMONS

Plaintiff designates Westchester County as the place of trial. Venue is based upon the County in which the mortgaged premises is situated.

TO THE ABOVE NAMED DEFENDANT(S): YOU ARE HEREBY SUMMONED to answer the Complaint in this action and to serve a copy of your Answer or, if the Complaint is not served with this Summons, to serve a Notice of Appearance on the attorneys for the plaintiff within twenty (20) days after service of this Summons, exclusive of the day of service; or within thirty (30) days after service is complete if this Summons is not personally deliv-

ered to you within the State of New York; or within sixty (60) days if it is the United States of America. In case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the Complaint.

NOTICE OF NATURE OF ACTION AND RELIEF SOUGHT

THE OBJECT of the above captioned action is to foreclose a Mortgage to secure \$73,000.00 and interest, recorded in the office of the clerk of the County of Westchester on April 12, 1999 in Liber 25465, Page 318 covering premises known as 187 Church Street, White Plains, NY 10601.

The relief sought in the within action is a final judgment directing the sale of the premises described above to satisfy the debt secured by the Mortgage described above.

NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME

If you do not respond to this summons and complaint by serving a copy of the answer on the attorney for the mortgage company who filed

this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home.

Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property.

Sending a payment to your mortgage company will not stop this foreclosure action.

YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT.

Dated: **Bay Shore, New York, February 5, 2019, Frenkel, Lambert, Weiss, Weisman & Gordon, LLP**

BY: **Linda P. Manfredi**
Attorneys for Plaintiff

53 Gibson Street
Bay Shore, New York 11706
(631) 969-3100

Our File No.: 01-088099-F00

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JOB OPPORTUNITY: \$17 P/H NYC - \$14.50 P/H LI If you currently care for your relatives or friends who have Medicaid or Medicare, you may be eligible to start working for them as a personal assistant. No Certificates needed. (347)462-2610 (347)565-6200

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LEGAL NOTICES

DB PRINTING & PROMOTIONAL PRODUCTS LLC, Arts. Of Org. filed with SSNY 9/26/2018. Office loc: Westchester County. SSNY has been designated as agent upon whom process against LLC may be served. SSNY shall mail process to: LLC: **United States Corporation Agents, Inc., 7014 13th Avenue, Suite 202, Brooklyn, NY 11228. Purpose: Any lawful purpose.**

NOTICE OF FORMATION OF CASA CORDOVA, LLC. Arts. of Org. filed with SSNY on 1/16/19. Office location: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to **1251 Wilson Road, Yorktown Heights, NY 10598. Purpose: any lawful act or activity.**

NOTICE OF SALE SUPREME COURT OF THE STATE OF NEW YORK: COUNTY OF WESTCHESTER. CONQUISTADOR JY L.P., Pltf v. F & B FUEL OIL CO., INC. et al., Defts. Index No. 64165/2017. pursuant to the Judgment of Foreclosure and Sale dated November 26, 2018 and entered on January 15, 2019, I will sell at public auction at the Westchester County Courthouse, 111 Dr. Martin Luther King Jr. Blvd, White Plains, New York 10601, on February 26, 2019 at 10:00 a.m., prem. k/a 12 a/k/a 10 Ludlow Street, Yonkers, N.Y. 10705 (Section 1, Block 161, Lot 9) Approx. amt of judgment is \$427,401.90 plus costs, attorneys' fees and interest. Sold subject to terms and conditions of filed judgment and terms of sale. Barbara Lerman, Esq., Referee. JACOBOWITZ NEWMAN TVERSKY, LLP, Attys. for Plaintiff, 377 Pearsall Ave., Ste

C, Cedarhurst, NY.

NOTICE OF FORMATION OF NEW-CASTLE BUILDING INSPECTORS, LLC. Arts. of Org. filed with Secretary of State of NY (SSNY) on 1/7/2019. Office Location: Westchester. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC at: **P.O. Box 99 Dobbs Ferry, New York 10522. Purpose: Any lawful act or activity.**

NOTICE OF FORMATION OF THUMBS UP! ENTERPRISES, LLC. Articles of Organization were filed with the SSNY on 1/24/19. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served and shall mail process to principal business address: **420 South Riverside Ave, Croton on Hudson, NY 10520. Purpose: Youtube Channel.**

FORMATION OF ETNA CAPITAL ADVISORS LLC FILED WITH THE SECY. OF STATE OF NY (SSNY) ON 1/25/19. Office loc.: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. The address SSNY shall mail process to **Richard Imprescia, 1821 Casey Ct., Mohegan Lake, NY 10547. Purpose: Any lawful activity.**

NOTICE OF PUBLIC HEARING The Board of Trustees of the Village of Pleasantville will hold a Public Hearing on Monday February 25, 2019, 8:00pm, prevailing time, 80 Wheeler Avenue, Pleasantville, New York to hear comments as it pertains to Local Law Introductory No. 1 of 2019 to amend Chapter 185 Article I, Section 3, Subsection B and create Chapter 185, Article IX, Section 45 of the Code of the Village of Pleasantville prohibiting the retail sale of marijuana in the Village of Pleasantville. *Eric Morrissey, Administrator/Village Clerk, Village of Pleasantville*

NOTICE OF PUBLIC HEARING The Board of Trustees of the Village of Pleasantville will hold a Public Hearing on Monday February 25, 2019 at 8:00pm to accept comments on the Manville Road Corridor Improvement Project and Memorial Plaza Civic Space Project. Information about the projects is available on the Village's website www.pleasantville-ny.gov. *Noreen Regan, Deputy Village Clerk, Village of Pleasantville*

NOTICE OF FORMATION OF DISTINGUISHED DESTINATIONS LLC Filed with SSNY on 9/12/2018, Office: Westchester County, SSNY Designated as agent upon whom process against it may be served. SSNY shall mail process to: **c/o Elli Travel Group, 1967 Palmer Avenue,**

continued on next page

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Bruges: One of Belgium's and Europe's Fairytale Cities

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You could only be imagining one place – the romantic, fairytale city of Bruges, the crown jewel of Belgium.

We took the train from Brussels and the pastoral Belgium countryside drifted by as if in slow motion. When we arrived in Bruges, it was like going back 1,000 years in just over an hour.

Bruges, called “The Venice of the North,” is one of the most enchanting and romantic cities in all of Europe. On your first day, wander aimlessly down the narrow, winding streets or take a romantic boat ride along one of the canals to decompress and capture the essence of where you are. After dinner, a horse and buggy ride around the city is another must.

For an energetic workout, climb the 366 steps to the top of the 13th century

Belfry tower (the Belfry of Bruges) for panoramic vistas. Bike rentals, even for just a few hours, are a great way to see Bruges as well as getting out to the countryside.

Spend a fun hour at one of Bruges' most fascinating attractions, the Sound Factory, an interactive museum inside a contemporary building where you compose a symphony using a touch screen and the chimes from the city's church bells.

Devour some amazing friets with a glob of seasoned mayo from a frite truck. Bring back some famous Belgium chocolate and lace for yourself or as great gifts. Bruges is a chocoholics dream come true. Stop by The Chocolate Line with its unique flavors such as bitter grenache with a touch of vodka and “passion fruit and lime.”

Belgians are more fanatical than the French about the art of dining and foraging for quality ingredients. They're proud of their plump, North Sea mussels prepared myriad delicious ways.

Stay in the Relais Bourgondisch

Cruyce, a boutique hotel, beautifully decorated with antiques, exclusive objects d'art. This extraordinary hotel with its half-timbered façade and stained-glass windows is situated in the historic center of Bruges at the intersection of two canals. Reserve a room overlooking the medieval canals. Quaint Bruges even has a three-star Michelin restaurant – Hertog Jan.

When you leave Bruges be prepared for a dose of culture shock as you're thrust back in the real world of bustling Brussels. Stay in the old-world Hotel Amigo next to the Grand Place. You'll be awed by its ornate baroque and gothic guild houses, built in the 13th century.

Look for Rue de Butchers, a narrow street off the Grand Place and its small, charming restaurants. My favorite is Chez Leon, which serves mussels in a huge pot. Like the locals, pick them out of the pot. Order the traditional Belgium dish – “Waterzooi” – a soup-like chicken vegetable, potato stew in a creamy sauce



By Richard Levy

and start with shrimp croquettes (croquettes aux crevettes grises).

Take a selfie next to the Manneken Pis, the famous statue of a little boy urinating into a fountain on the corner of Rue de L'Etuve and Stoofstraat that was built by 1619.

So, start your vacation in fairytale Bruges, turn off your engines and lose yourself for three or four days. Within an hour you can be back in bustling

Brussels for two or three more days for a memorable week's vacation.

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Hastings-on-Hudson resident Richard Levy is a former advertising “Mad Man” creative director and now prolific travel writer. He's also an inventor of innovative new products and is writing and illustrating a new children's book. You can contact him at RichardLevyTravelWriter@gmail.com.

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continued from previous page

Larchmont, NY 10538. Purpose: any lawful purpose.

Invitation for Bids for supplying Open Top Containers for the disposal of Bulk Items, White Goods, and Metals for The Town of Putnam Valley. The Town of Putnam Valley will be accepting sealed proposals for performing the work and furnishing the equipment required for the disposal of Bulk Items, White Goods and Metals for The Town of Putnam Valley in accordance with the specifications and related documents which may be examined. Copies of the Bid Proposal can be obtained at the Office of The Town Clerk, Putnam Valley Town Hall, 265 Oscawana Lake Road, Putnam Valley, New York 10579. The Bids will be received by the Town Clerk, Sherry Howard until March 11, 2019 at 2 P.M., at the Putnam Valley Town Hall, 265 Oscawana Lake Road, Putnam Valley, New York 10579. At this time, the Bids received will be publicly opened and read aloud at 2:00 P.M. on March 11, 2019.

NOTICE 2a/2019 Please be advised that the next meeting of the Planning Board will be held at Town Hall, 265 Oscawana Lake Road on Monday **February 25, 2019** for the purpose of considering the following applications: **Regular Meeting Start Time: 6:00pm** **AGENDA REVIEW1.**

Filho Residence, - 135 Bell Hollow Road(TM# 51.-1-4/File: 2019-0190)

The subject property consists of + 19.2acres of land and is located on 135 Bell Hollow Road and within the R-3 Zoning District. The applicant is proposing to construct a swimming pool, terrace and outdoor kitchen. A Site Development Plan, Major Grading and Wetland Permit is required. **APPROVAL OF MINUTES 2.Approve Minutes of February 11, 2019**

TOWN BOARD MEETING TOWN OF PUTNAM VALLEY FEBRUARY 20, 2019 6 PM 1. **Pledge** of Allegiance 2. **Departmental Reports** 3. **Supervisor's Opening Comments** 4. **Three proclamations:** Zach Kuttruff, a resident, and a fire fighter. 5. **Legislators' Report** 6. **School Report** 7. **Approve minutes** 8. **Discussion** re: live streaming 9. **Discussion:** Appointment of Assessor 10. **Approve NYSEG replacement of all Town-owned street lights with LED bulbs.** 11. **Continued discussion** of de-icers. 12. **Continued discussion** of Airbnb Districts 13. **District property grass cutting bid.** 13A. Move to authorize the Supervisor to sign the Watershed and CSLAP Proposal contract for Roaring Brook Lake. **Highway** 14. **Appoint** snow plow riders. **Building Department** 15. **Daily fee report** for January, 2019. **Parks and Recreation** 16. **Refunds** 17. **Budget Transfers** 18. **Public Comment** 19. **Audit of Monthly Bills**

NOTICE OF PUBLIC HEARING PLEASE TAKE NOTICE, the Putnam Valley Town Board will conduct a public hearing on Wednesday, March 13, 2019 at 6:00 pm. to hear comments on a proposed local law to adopt the Natural Resources Inventory thereby enabling management and use of natural resources for present and future residents. **IMMEDIATELY FOLLOWING** the Putnam Valley Town Board will be conducting the regular work session Town Board Meeting. **BY ORDER OF THE TOWN BOARD** Sherry Howard Town Clerk Dated: 02-14-2019

NOTICE IS HEREBY GIVEN to interested parties that a Public Hearing will be held by the Putnam Valley Zoning Board of Appeals on Thursday February 28, 2019 at 6:30 at Town Hall, 265 Oscawana Lake Road for the purpose of considering the following petitions and requests together with all other matters that may properly come before the Board at this time. **AGENDA Held Over** 1. **Correia, Carlos, 1135 Williams Street-84.-2-48;** CD Request front yard setback variance and 280A variance for two lot subdivision. New Application 2. **Lash, Alan, 33 Chip-pewa Road- 51.73-1-7;** R-3 Request side yard and rear lakefront variance for steps, retaining wall and air conditioning unit. 3. **Bracken, William, 75 Floradan Road, - 84.9-1-28;** R-1 Request side, rear and lot coverage variance for proposed shed. 4. **Spinola, Anthony, 16 Hanson Street,**

91.26-1-40; LP Request variance under Section 165-27 I 2 of the Zoning Code for fence. 5. **Levy, Noah, 280 West Shore Drive- 62.6-1-3;** R-3 Request front yard variance for proposed generator and propane tank. 6. **Dosreis, John, 7 Geenhaven Road,-84.19-1-7;** R-1 Request side yard setback variance for generator and propane tank. 7. **Homeland Towers, LLC, 265-273 Oscawana Lake Rd.-72.16-1-23;** CNRequest variance under Section 165-61 I 1 setback from the property line 210 ft. Request variance under Section 165-61 I 12a2 setback 750 ft. from a dwelling and public assembly. **BY ORDER OF THE TOWN OF PUTNAM VALLEY ZONING BOARD OF APPEALS WILLIAM MASKIELL CHAIRMAN**

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Hands-on Ways Children Can Get Creative at Home

Want to take play time up a notch at your house? Consider offering your children opportunities to explore their creativity, support STEM learning and pick up important skills through hands-on experiences.

"There are many ways to foster excitement in children to learn, while encouraging them to explore and experiment with their creativity," said Evan Buzzerio, chief marketing officer of Horizon Group USA, a leader in the creative DIY marketplace.

Here are some fun ideas to get

started:

- **Chemistry Lab.** For a fun, fizzing and slimy reaction, check out FIZZYGLOOP, a DIY kit available in unicorn, confetti, holographic and other fun themes that includes all the ingredients needed to create a foaming, slimy goo.

Or, transform your play space into a scientific laboratory. Create oozing, slimy spheres that kids can pop and squish to reveal gooey centers, with a new DIY kit just for kids called OOZ-O's, which are available in themes

like Mermaid, Unicorn, Galaxy and Monster and help introduce basic chemistry principles.

- **Tactile Fun.** Whether it's making and playing with slime or using a stress ball, tactile fun can build strength in arms, hands and wrists and improve motor skills in fun, mess-free ways.

- **Crafty Science.** Children can learn the science of soapmaking with YOU*NIVERSE Sparkling Squishy Soap kits, by creating colorful soaps that are squishy to the touch in fun, moldable shapes like pizza, a smiley face and donuts.

- **Kitchen Help.** Get kids involved in the kitchen. From shelling peas to kneading dough, there are lots of tasks children can do that help build motor skills. Plus, it's a great opportunity to teach kids cooking basics and facts about nutrition.

- **Rock Science.** Inspire a love of



geology and the scientific process with a home geology set, such as the Discovery Galactic Fizzing Dig kit, which allows children to create fizzing, bubbling reactions to unearth and study six real gemstones using a mallet, chisel and magnifying glass.

Helping children explore the world around them can start right at home. Luckily, hands-on, creative play is one of the best ways to learn.

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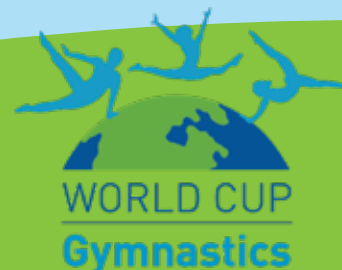
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The Ultimate Packing List for Summer Camp

Preparing a packing list for when you send your child off to summer camp is an extremely important part of going to camp. For parents who are sending their child to summer camp for the first time, it can even be a little overwhelming. The last thing a parent wants is to send their child to camp and worry about if they forgot to pack something important.

Fortunately, preparing a packing list is a great way to give you peace of mind. The best way to organize your packing list is to break it up into six different sections: headgear, clothing, bedding, footwear, toiletries and miscellaneous items.

Headgear

Headbands, bandannas and hair ties are all good items to pack because they will keep your child's hair and sweat out of their face. Hats should be packed because they will keep sun out of your child's face as well as protect their skin from UV rays. Naturally, packing their prescription glasses or contact lenses is a given. Other headgear items include

sunglasses, swimming goggles and headlamps for nighttime activities.

Clothing

The clothing you should pack should include a jacket, jeans, sweatshirt, sweatpants, raincoat, a swim suit, t-shirts, tank tops and underwear. Pack for comfort and the climate of the camp. Remember, camp can be a grungy place, so things that don't show dirt/stains are a good choice.

Bedding

You are going to want to read the information packet about in order to learn what kind of bedding items you should pack for your child. This could include a bedroll, blanket, mattress pad, pillows, pillow cases, sheets and/or a sleeping bag. The



packet from your camp should tell you what your child needs and what they do not need.

Footwear

The footwear you pack may include

boots, water shoes, crocs, sandals (or flip-flops) sneakers and socks. Make sure you pack a few extra socks. It is better for your child to have too many than to run out.

Toiletries

It is important to make sure you pack plenty of towels as well as plenty of insect repellent. Other toiletry items include baby powder, a comb (or brush), deodorant, feminine hygiene items, lip balm, shampoo, body wash and lots of sunscreen. Check your camp checklist for recommendations.

Miscellaneous Items

Items that do not really fit in a category but should also be packed for your child include books, magazines, a camera (disposable ones are the best option), a fishing pole, a flashlight with extra batteries, a laundry bag, playing cards, a water canteen and writing paper (with envelopes and stamps). If your camp allows electronic devices like phones or digital cameras, be sure to pack the charging cable and maybe extra SD cards to save more pictures.

Most parents are a little overwhelmed by the number of items that should be packed when their child goes away to summer camp. This leads them to wonder if they are packing too much. Generally, the camping information packet from your camp will make suggestions regarding what your child needs. However, it is always better for your child to have too much than for them to discover they need something that you did not pack.



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Happenings

continued from page 20

and bring a floor mat or towel. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 10:30 a.m. Free. Every Saturday. Info: 914-273-3887.

Winter Wolves. Winter offers families a unique opportunity to visit the wolves during their favorite time of year. Learn about the mythology, biology and ecology of wolf families and discover why this season is such a magical time for packs in North America. Whether the wolves are living on the Arctic tundra or the woodlands of the southwest, wolf families are out searching for prey as their maturing pups experience their first winter season. Guests will visit ambassador wolves Alawa, Nikai and Zephyr and potentially behold the critically endangered red wolves and Mexican gray wolves. Guests will enjoy hot beverages in the woodstove-heated classroom. Dress for cold weather. Wolf Conservation Center, South Salem. 11 a.m. Adults: \$15. Children (under 12): \$12. Also Feb. 24. Pre-registration required. Info and pre-registration: Visit www.nywolf.org.

Meet the Nature Center Animals. Get up close and personal with the residents as you learn all about these fascinating creatures. Cranberry Lake Preserve, Old Orchard Street, North White Plains. 11 a.m. to noon. Free. Info: 914-428-1005.

Adult Salsa Class. Addie-Tude Performing Arts Center, 42 Memorial Plaza (lower level), Pleasantville. 11:30 a.m. to 12:30 p.m. Free. \$12. Every Saturday. Info: 917-215-1720 or visit www.addie-tude.com. Call or visit website because classes are subject to change.

Family Drumming Circle. Learn to use different timbal instruments (djembe drum, shaker, bell, etc.) in a circle of rhythm and soul. For adults and children five years old and up. Whipoorwill Hall, 19 Whipoorwill Rd. East, Armonk. 2 p.m. Free. Registration required. Info and registration: 914-273-3887 ext. 5.

Winter Wolves for Kids. This is the best introduction to wolves for families with young children. Children will learn about the mythology surrounding wolves and the important role of wolves in the natural world. This is an exciting time for wolves; they're out searching for prey as their growing pups experience their first winter season. Guests will visit ambassador wolves Alawa, Nikai and Zephyr and potentially behold the critically endangered red wolves and Mexican gray wolves. Guests will enjoy hot beverages in the woodstove-heated classroom. Dress for cold weather. Wolf Conservation Center, South Salem. 2 p.m. Adults: \$15. Children (under 12): \$12. Pre-registration required. Info and pre-registration: Visit www.nywolf.org.

Casino Night. Prizes, raffles, libations, hors d'oeuvres and more to benefit the Ruth Keeler Memorial Library. Salem Golf Club, 18 Bloomer Rd., North Salem.

7 to 11 p.m. \$175. Info and tickets: www.ruthkeelermemoriallibrary.org/news/casino-night.

Kenny White in Concert. White comes to the world of the touring singer-songwriter following a long and successful musical journey. "Long List of Priors," his aptly named new album, is the latest collection of original songs; indelible snapshots of the human condition, from heart-wrenching to hilarious and observed with the precision of a diamond cutter. As on his past recordings, White's work in the studio enabled him to assemble a who's who of musicians and guest artists, including David Crosby, Peter Wolf, Larry Campbell, Amy Helm and Catherine Russell, along with his regular band featuring the dexterous Duke Levine on guitar, shape-shifting Shawn Pelton (Saturday Night Live) on drums and the masterful Marty Ballou on bass. First Unitarian Society of Westchester, 25 Old Jackson Ave., Hastings-on-Hudson. 7:30 p.m. In advance: \$20. At the door: \$25. Front row: In advance--\$25. At the door: \$30. Info and tickets: Visit www.commongroundconcerts.com.

The Wailers in Concert. Celebrating the music of Bob Marley and The Wailers, the legendary band its revolutionary sound and message to loyal fans around the world. Steered by famed bassist and founder Aston "Familyman" Barrett, and joined in solidarity with original band members, The Wailers are on the brink of musical history. They promise to deliver music and talent perfected over numerous decades. Tarrytown Music Hall, 13 Main St., Tarrytown. 8 p.m. \$38, \$48 and \$58. Info and tickets: Visit www.tarrytownmusicall.org.

Sunday, Feb. 24

Ballroom Dancing and Dinner. Dancing followed by a complete dinner. All proceeds to go to the scholarship fund at Fox Lane High School and New York Boys' State. Moses Taylor American Legion Post 136, 1 Legion Way, Mount Kisco. 2:30 to 6:30 p.m. \$18 per person. Fourth Sunday of every month. Info: 914-241-0136 or contact Commander John A. Graziano at 914-248-7134.

History and Biography Book Club. "Walls: A History of Civilization in Blood and Brick" by David Frye will be discussed. Frye will be selling and signing copies of the book. Drop-ins are welcome. Ruth Keeler Memorial Library, 276 Titicus Rd., North Salem. 3 p.m. Free. Additional meeting will be held the second Tuesday of each month through May. Info: 914-669-5161 or www.keelerlibrary.org.

The Milk Carton Kids. The band celebrates the release of a new album, "All the Things That I Did and All the Things That I Didn't Do." Kenneth Pattengale and Joey Ryan are a duo hailing from Eagle

Rock, Calif. that formed in 2011. The band has released three albums of delicate, close harmony Americana and has toured with everyone from The Lumineers to Old Crow Medicine Show. Tarrytown Music Hall, 13 Main St., Tarrytown. 7 p.m. \$38, \$40 and \$48. Info and tickets: Visit www.tarrytownmusicall.org.

Monday, Feb. 25

Master Networker Meeting. Join this high-energy interactive membership network of learning-based, service-oriented entrepreneurs and business leaders. Come be a guest any Wednesday to learn more about this world-class business training and referral program. 719 Bedford Rd., Bedford Hills (next to ShopRite). 7:30 to 8:30 a.m. Free. Every Monday. RSVP suggested. Info and RSVP: Contact Tina Campbell at 914-441-1383 or e-mail tinacampbell@masternetworks.net or drop in.

Author Talk. Mary T. Prenon, director of communications for the Hudson Gateway Association of REALTORS® (HGAR) and author of "I'm Lazy and I Love to Eat," will be speaking at this even, the Women's Council of REALTORS® breakfast. Prenon's presentation will be part of the Women's Council of REALTORS® "Healthy Heart is Good for Business." She will be joined by Debbie Martin, an LPN in cardiology and a fitness trainer, who will demonstrate easy, fun workouts you can do in your office. Includes breakfast. Holiday Inn, 1 Holiday Inn Drive, Mount Kisco. 9:15 a.m. HGAR members: \$35. Non-members: \$40. Info and registration: Visit www.HGAR.com.

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10 to 10:30 a.m. Free. Every Monday and Wednesday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Knitting Circle. This group is open to everyone who has an interest in knitting. Live, love, laugh, learn and have fun together during these creative journeys. Come share patterns and ideas and celebrate creative spirits together while enjoying the ancient art of knitting. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 10 a.m. to 12:30 p.m. Free. Every Monday and Thursday. Info: 914-273-3887.

Toddler Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10:30 to 11 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548

or www.mountpleasantlibrary.org.

Preschool Storytime. This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 11 to 11:30 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Here We Are Together: Story Time for Children. From newborns to school-age children, with a parent or caregiver. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Monday. Info: 914-666-8041 or www.mountkisco.library.org.

Foreign Policy Discussion Group: How Americans Got Left Behind in the Global Economy. Guest speaker Edward Alden (via Skype) is the Bernard L. Schwartz senior fellow at the Council on Foreign Relations, specializing in U.S. economic competitiveness, trade and immigration policy. He is the author of the book "Failure to Adjust: How Americans Got Left Behind in the Global Economy," which focuses on the federal government's failure to respond effectively to competitive challenges. His first book, "The Closing of the American Border: Terrorism, Immigration and Security Since 9/11," was a finalist for the J. Anthony Lukas book prize. Facilitated by Richard Dye. Chappaqua Performing Arts Center, 480 Bedford Rd., Chappaqua. Noon. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Robert the Guitar Guy. For children four to eight years old. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 4 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Explore Creative Writing. Do you like to write? Do you have fun creating with words? Come and write for fun. No pressure, no testing, no stress. Just relax and write. For children seven to 10 years old. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 4 to 4:45 p.m. Free. Every Monday. Info: 914-273-3887 or www.northcastlelibrary.org.

DIY Bear Caves. It's hibernation time so create a bear cave to take home. For children five to 10 years old. Materials will be supplied. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Space limited; registration required. Info and registration: 914-864-0130.

"Parkland: Birth of a Movement." A year after the shooting at Marjory Stoneman Douglas High School, Dave Cullen, The New York Times bestselling author of "Columbine," offers an intimate, moving account of the teenage survivors who became activists and pushed back against congressional leaders and the

continued on next page

Comparing Best Picture Nominees to Representative Wines



By Nick Antonaccio

The 91st Academy Awards show airs this Sunday. This is my 12th year of presenting the Best Picture nominees, suggesting wine pairings with the top contenders.

Due to space constraints, I've distilled my list to four of the eight nominees.

Roma. I appreciate artistic movies as a counterpoint to all of the titillating action movies that dominate the landscape these days. But I just don't get this movie – or the hype surrounding it. It presents a storyline that portrays the youth of its director, Alfonso Cuarón, in 1971 in the Mexican city of Roma, through the life of Cleo, a local family's maid. The film's primary focus is the end of innocence, adorned with cinematic imagery, as experienced by young and old alike.

I sometimes find myself in a similar quandary with obscure wines I encounter. Although well-made, they don't appeal to my personal sensibility of a balanced wine that lives up to the hype and accolades

of the self-proclaimed cognoscenti. I've sampled orange wines, young Tannat and a number of Central European wines. But appreciate them as alternatives to other expressive fine wines? Not for me.

Bohemian Rhapsody. Another biopic of the behind-the-scenes life of the famous, but with a vitality and insight I haven't experienced often. This Hollywood version of the band Queen's ebb and flow of family ties, sexual orientation and conflicting egos was compelling. Freddie Mercury is the natural center of attention but is loyal to his bandmates, until he succumbs to the lure of solo fame and fortune. In the end he is conflicted over his loyalties and sexuality, yet finds comfort in the broader relationship with his bandmates.

I find Zinfandel to have a similar arc over the last three decades. At its height of popularity, it was appreciated alternatively as an in-your-face fruit bomb and a sophisticated, thought-provoking star. At times misunderstood, at other times irrepressible but always enticing and never disappointing. And then it changed its role. It subsumed itself as a blending grape, bolstering the popular red blends coming out of California.

Green Book. What do a white New York racist Goomba and a classically trained, world acclaimed black pianist have in common? Very little, at the outset of this "buddy road trip" movie.

It's 1962 and Dr. Don Shirley has decided to pursue his own brand of improving race relations in the Deep South. Ever the pragmatist, he hires Tony "Lip" Vallelonga as his driver-bodyguard on a concert tour of wealthy Southern enclaves. Based on a true story, it caroms from situations of expected racism to unexpected friendship building. Each of them is impacted by the other's morals and foibles.

Is there a wine that finds itself conflicted and the object of derision? In my opinion, Rieslings fit this profile. Although having similar DNA, each bottle is a unique expression of its environment; each is influenced by its surroundings. Rieslings can be simple or sophisticated, obliging to the palate or replete with conflicting aromas and flavors. One may be more acidic than sweet, another completely opposite – and each may change over time, revealing nuances we hadn't foreseen.

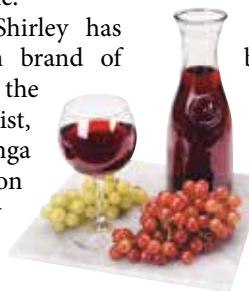
BlacKkKlansman. Only Spike Lee could create a story of overt racism in early 1970s Middle America and present it through such a unique prism

of entanglement and violence. A black police officer undertakes an undercover investigation of the local Ku Klux Klan chapter, enlisting a white Jewish detective as his "black" foil. Lee uses this movie about racism to shine bright lights on what we already know in 2019: racism continues to be a divisive social issue.

Which wine is emblematic of the twists and turns in life that result in an outcome that reconfirms the worst and best of 21st century America? California Pinot Noir. In the last quarter-century it has gone through numerous transformations, from insipid and backward to bold and fruit-forward to sophisticated and complex, and all the way back again in the hands of those seeking its true expression.

Which film will win the coveted Oscar? Tune in with a glass of your favorite wine and watch the drama unfold.

Nick Antonaccio is a 40-year Pleasantville resident. For over 25 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.



You Heard It
Through the
Grapevine

Happenings

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NRA. A Q&A to follow with a panel from sponsoring organizations The Friends of the Chappaqua Library, Chappaqua Interfaith Council, Chappaqua PTA, the Town of New Castle and the Horace Greeley High School Political Awareness Club. Chappaqua Performing Arts Center, 480 Bedford Rd., Chappaqua. 7 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org. Tickets: Visit Eventbrite.

"Hale County This Morning, This Evening." Nominated for best documentary, this is an unconventional lyrical portrait of two African-American men in rural Alabama. Photographer/filmmaker RaMell Ross poetically interweaves images of the mundane and monumental, communicating the region's culture and offering glimpses into the complex ways the African-American community's collective image is integrated into the nation's visual imagination. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7 p.m. Members: \$10. Non-members: \$15. Info and tickets: Visit www.burnsfilmcenter.org.

Belly Dancing. Learn this captivating Middle Eastern dance and enrich your cultural knowledge. Whether you want to dance professionally or just have fun and get in shape, this is the place to start.

Josie's International School of Dance, 42 Memorial Plaza, Level B, Pleasantville. 7 p.m. \$20. Every Monday. Info: 914-332-8670 or visit www.josiedance.com.

Lucy's Laugh Lounge Open Comedy Mic. This is where the comedians come out to work on new jokes, change old jokes or experiment with words that they just learned. The performers can say and do whatever they want where they can be bold, creative, daring, insulting, and controversial if they so choose. Lucy's Lounge, 446 Bedford Rd., Pleasantville. Sign up at 7 p.m. Show at 7:30 p.m. Free. Every Monday. Info and tickets: Visit www.nomacomedy.com.

Tuesday, Feb. 26

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10 to 10:30 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

Toddler Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking

skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10:30 to 11 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

1, 2, 3 Sing With Nancy. For children six months to four years old. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 11 a.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Music & Movement. Shake, shimmy and dance. For children two to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkisco library.org.

Joni 75: A Birthday Celebration. Join an incredible array of singers and musicians who came together to honor one of the world's most remarkable artists, Joni Mitchell, on her 75th birthday. The hand-selected group of peers and protégés including Brandi Carlile, Glen Hansard, Emmylou Harris, Norah Jones, Chaka Khan, Diana Krall, Kris Kristofferson, Los Lobos with La Marisoul, Cesar Castro and Xochi Flores, Graham Nash, Seal, James Taylor, Rufus Wainwright and many others who paid tribute to the iconic artist, performing songs from all stages of Mitchell's life and career, across

her entire catalog of 19 studio albums. The concert was captured over two nights in November 2018 by The Music Center at the Dorothy Chandler Pavilion in Los Angeles, along with special behind-the-scenes interviews with the artists. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 2 and 7:35 p.m. Members: \$20. Non-members: \$25. Info and tickets: Visit www.burnsfilmcenter.org.

DIY Marshmallow Igloo. Discover how Inuits and Eskimos live in igloos in the Arctic and create your own small igloo out of apples, marshmallows, honey or peanut butter. For children five to 11 years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Space limited; registration required. Info and registration: 914-864-0130.

Poetry Open Mic Night. Come with one of your own poems to read, a poem you love or just come to hear some great poetry. Poetry based on Martin Luther King, African-Americans, peace, nonviolence or related topics is preferred. Hosted by Quantah Moor, with music by DJ Gatsby. Special guest poets Lynn and Judy Beville are accompanied by Lester Harper on bass and Art Bennett on flute. Thomas H. Slater Center, 2 Fisher Court, White Plains. 6:30 p.m. Free. Info or to participate: 914-483-9496 or e-mail library@mlkwestchester.org.

DAKOTA DRIVE



Pleasantville Freshman Dakota Corey
Dribbles Past Briarcliff's Julia Barbalato
in Wednesday's Surprisingly Close Game

ANDY JACOBS PHOTO



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