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SMALL NEWS IS BIG NEWS

Volume 13, Issue 595

## P'ville Board of Ed Takes Stand Against Recreational Marijuana

By Anna Young

As Gov. Andrew Cuomo urges state lawmakers to legalize recreational marijuana, the Pleasantville Board of Education voted on a resolution last week opposing retail sales in New York.

Concerned with the health, safety and wellness of youth, trustees voted 4-1 to take a strong stand against any effort to legalize marijuana. The resolution also implored state lawmakers to conduct more rigorous studies on the potential impacts of legalized marijuana and provided several recommendations in the event it is legalized.

Board recommendations include wide ranging public awareness in schools, communities and health care settings regarding the risks of marijuana use for all ages; designation of state funds for existing substance abuse prevention and education initiatives; regulatory

prohibitions on marketing and advertising to youth; marijuana products be sold in child-proof packaging with health warning labels; sales be limited to those 25 and older; prohibition of marijuana sales in establishments where alcohol is served or sold; limitation of marijuana products to state-operated outlets; and ongoing observational, process and outcome measurement data on the impact that marijuana use has on public health.

"The research on young brains and addiction is huge. If you get a 13-year-old who starts, we know this very strongly with alcohol, that if they do get addicted, their chances of getting rid of that much later in life is less than 20 percent," Superintendent of Schools Mary Fox-Alter said. "A child only has one opportunity to be a child and then we

*continued on page 2*

## No. Castle Sets Date for Mariani Gardens Zoning Request Hearing

By Martin Wilbur

A public hearing on a proposed 50-unit housing development on the grounds of Armonk's Mariani Gardens has been tentatively scheduled for late February despite reservations by Town Board members regarding density and building mass.

Representatives for applicant Mark Mariani of 45 Bedford Road LLC have asked the Town Board for a zoning change for the roughly four-acre parcel from the current Nursery Business (NB) zone to a multifamily residential district.

While the plan has undergone several revisions since it was unveiled last June, the number of structures, their size and whether the project would be compatible with the nearby Bedford Road Historic



The Mariani Gardens property on Bedford Road in Armonk, where 50 luxury rental units have been proposed.

District has concerned Town Board members.

"I just have real issues with the density and the scale of this, recognizing that it's a very nicely done project," said

*continued on page 4*

## Fun Night



JAYADAS CHELUR PHOTO

Last Friday evening, West Patent Elementary School held its annual Family Fun Night, an enjoyable and entertaining amateur variety show where students, parents, faculty and staff were able to show off their talents. Among those who performed were fourth-grader Amoolya Menon, right, and her friend Meghana Uday, a fifth-grader.

## New Castle to Decide if Life Time Fitness Makes Feb. 1 Opening

By Martin Wilbur

New Castle officials urged representatives for Chappaqua Crossing developer Summit/Greenfield last week to provide information to help the town determine whether the additional traffic generated by Life Time Fitness and three months of road construction is manageable.

At a public hearing last Tuesday night before a joint meeting of the town and planning boards, Summit/Greenfield's traffic consultant John Collins was told to submit an updated report by last Thursday that detailed projected Life Time Fitness traffic volume. Board members also asked him to gauge the impact of weekend and extended weekday construction when there are weeklong school holidays in

February and April.

Summit/Greenfield is hoping to open the roughly 40,000-square-foot health club and the 3,000-square-foot Pet Valu this Friday, Feb. 1, but both boards must first approve a revised Temporary Certificate of Occupancy (TCO). A Fidelity Investments office would also be allowed to open under the revised TCO request but is not expected to begin operations until at least March.

A decision may be made at Tuesday night's meeting.

The two boards approved the original TCO in mid-December; however, it permitted only the opening of Whole Foods and Chase Bank despite unfinished road construction in the vicinity of Roaring Brook Road and Route 117.

*continued on page 10*

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# P'ville Board of Ed Takes Stand Against Recreational Marijuana

*continued from page 1*

spend the rest of our lives in adulthood. The younger we can keep kids, the healthier and better off they are.”

Fox-Alter worried that if marijuana is legalized teens in Pleasantville will have much greater exposure to products because of the village's small size.

Board President Angela Vella said legalization could normalize marijuana,

influencing youngsters to experiment. There is potential damage that can be done to a developing brain by drinking alcohol or ingesting mind-altering drugs, she said.

Trustee Larry Boes agreed, saying he's concerned that with mental illness and opioid use increasing throughout the state, it introduces another potentially addictive product to young people.

Trustee Shane McGaffey added that he hoped the board's resolution would force local state lawmakers to re-evaluate the issue.

“There are things in this resolution that we hope will be considered, like the ability for individual municipalities to opt out,” McGaffey said.

Currently, a proposal is for counties and municipalities with a population of at least 100,000 to have the option of opting out of retail sales. However, the specifics of any legislation are still being worked on.

Trustee Emily Persons, who cast the dissenting vote, noted that while she is against adolescents consuming alcohol and drugs, she's afraid of having an illegal product on the streets with unidentified ingredients. If marijuana is legalized, Persons said the product will be regulated, contain ingredient labels and evidence-based information and allow the consumer to make an educated decision before purchasing.

“If it's legalized, it will be controlled. If it has a label on it, you know what it is,” Persons said. “As long as it stays illegal, it is dark and that is very scary.”

In his budget address earlier this month, Cuomo touted that legalizing marijuana would fix racial injustices and bring much-needed revenue to the state. Cuomo said a study showed the benefits

of legalization outweighed the risks, adding that it would reduce crime for people of color, generate \$300 million in tax revenue and create jobs.

In 2014, Cuomo signed the Compassionate Care Act to legalize medical marijuana in the state. Patients with serious diseases and conditions, including cancer, AIDS, severe chronic pain and other ailments can receive a prescription from a health care practitioner.

New Jersey is also moving toward legalizing recreational use of marijuana. In all, 10 states and Washington, D.C. have legalized recreational marijuana.

Acknowledging state officials will likely move forward, Persons requested the board alter the wording of its resolution to say “delay” instead of “oppose.” She said she would rather see the decision delayed for further analysis.

However, the other trustees disagreed. Boes asserted that requesting state officials delay their decision is a “sign of weakness.”

“We are a board representing the best interests of the students,” Boes said.

The Pleasantville Village Board Monday night was expected to address the issue of challenges facing the community should the state legalize retail marijuana sales.

## County Accepting Seasonal Park Ranger Applications Through Feb. 15

The Westchester County Department of Public Safety is accepting applications for seasonal park rangers to patrol county parks this summer. Applications are due by Friday, Feb. 15 and are available online at [www.publicsafety.westchestergov.com](http://www.publicsafety.westchestergov.com).

Uniformed park rangers work under the supervision of county police officers to maintain a safe and enjoyable atmosphere in the county's parks. They assist park users, provide information on park rules and procedures, help in searches for lost children, perform basic first aid on occasion and make regular security checks of buildings and facilities.

First-time park rangers are paid \$14 an hour. Salaries are higher for those who

have worked previously as a county park ranger. To qualify, applicants must be a high school graduate, at least 19 years old, a U.S. citizen and have a valid New York State driver's license by the time of appointment. Preference in hiring may be shown to Westchester residents.

Accepted candidates must attend a 121-hour peace officer training program at the Westchester County Police Academy in Valhalla.

“Seasonal park rangers get practical experience and insights into the field of law enforcement by working under the supervision of police officers,” said Public Safety Commissioner Thomas A. Gleason.



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### Q: How does ERAS help women manage their pain after surgery?

**A:** Surgery is not pain free, but new pain management techniques during surgery help streamline the healing process with particular impact on pain after surgery. We give oral non-narcotic medicine, nerve blocks to directly target pain in the surgical site, and very long-acting local anesthetic that works up to 72 hours after surgery. By reducing and possibly removing potentially addictive opioids and narcotics from the equation, women have improved bowel function after surgery, little to no nausea or vomiting, and better mobility. Narcotics can cause grogginess, and an inability to move around. Now, one to two hours after surgery, we're walking with our patients in the recovery room. Mobility speeds up recovery and helps prevent blood clots and pneumonia.

### Q: How else is ERAS different from traditional protocol?

**A:** Aside from unique pain management strategies, the ERAS protocol takes a different approach when it comes to intravenous (IV) fluids. We now know that too many IV fluids can cause internal swelling and lead to improper healing during recovery. Instead, my patients are excited to learn that they can have water and Gatorade, and take nutritional supplements up until their surgery. This helps keep my patients well hydrated for surgery.



# No. Castle E-Cigarette, Marijuana Regulations to Be Separate Laws

By Martin Wilbur

The North Castle Town Board will hold a public hearing in two weeks on regulating the sale of e-cigarettes and marijuana, but will create separate legislation because of the uncertainties regarding a potential state marijuana law.

Earlier this month town officials discussed the possibility of amending Chapter 140 of the North Castle zoning code to add rules and restrictions related to retail sales of electronic cigarettes, vape products and marijuana. That chapter currently pertains to cabarets and adult entertainment.

Last week, the board set a Feb. 13 hearing date for the twin public hearings.

Supervisor Michael Schiliro said town officials want to take the initiative regarding marijuana sales because it is widely believed that recreational use will be approved by the state legislature.

"We're not sure where the (state) marijuana legislation is going to go," Schiliro said. "We just want to be prepared and proactive on it."

Town Attorney Roland Baroni recommended that the board move ahead with a hearing related to both types of products but for officials to separate the two types of products because e-cigarettes and vaping products are legal while marijuana isn't. The board could close the hearing related to e-cigarettes and act on the legislation if it chooses, but he urged



MARTIN WILBUR PHOTO

The North Castle Town Board will open hearings Feb. 13 on regulating the sale of e-cigarettes, vape products and marijuana.

officials to keep the hearing on marijuana regulations open until they have a better handle on what state legislation may look like.

"My advice for this Town Board is to go slow on this," Baroni said of enacting local marijuana regulations.

Councilman Stephen D'Angelo added that e-cigarettes and vaping shops exist and are legal so those operations should be addressed by the board as quickly as possible. Councilwoman Barbara DiGiacinto agreed.

"The FDA is just so alarmed with the number of young people that are vaping and smoking e-cigarettes and then going on to tobacco that they're really ready to just pull the plug on this industry," she said. "They're that alarmed with the increasing rates of young children and young teenagers

smoking tobacco as a result of using this as a steppingstone."

The board asked that Director of Planning Adam Kaufman and Councilwoman Barbara DiGiacinto to tweak the proposed regulations in time for the Feb. 13 hearing, although the drafts are likely to be similar.

As originally proposed, retailers must obtain a permit to sell the products and they cannot be located in a building with residences or in a residential district.

Also, a shop selling marijuana or e-cigarettes could not be within 500 feet of another retailer selling those products, a residential district or a church, community center, funeral home, school, day care center, hospital, alcoholism or drug treatment center, counseling or psychiatric treatment facility or public park.

State Sen. Shelley Mayer (D-Yonkers), who visited the board's meeting last Wednesday's night to update the town on what is being done in Albany, said she has not yet taken a position on whether to legalize recreational marijuana but has "grave concerns."

"I have heard from many people in our district, particularly I have great sensitivity to this as a parent and a grandparent, and from people whose children have died as a result of overdoses," Mayer said. "I feel if marijuana was not a gateway it was the first drug their child used other than alcohol."

While the increase in revenue is one major consideration, Mayer said there are other initiatives throughout the state that she supports that could generate additional revenue, including legalization of full gaming at Empire Casino in Yonkers.

Schiliro said his biggest concern about legalization is that once it's done the state will be so dependent on the extra revenue that it would be nearly impossible to repeal if there are problems.

"When they start down on a path of revenue, which is really what this is, there's no unwinding it because once the budget gets used to that revenue it's never going to be taken out of the budget," Schiliro said.

In the current state proposal, counties and municipalities of at least 100,000 would have the option of opting out of the law but not towns such as North Castle.

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## No. Castle Sets Date for Mariani Gardens Zoning Request Hearing

*continued from page 1*

Councilman Jose Berra, who mentioned that he couldn't support the project as currently proposed. "I just don't think it's right."

Last Wednesday, the board scheduled the hearing on the requested zoning change to open on Feb. 27 to solicit community feedback, said Supervisor Michael Schiliro. However, officials said they first want to have a joint Town Board and Planning Board site walk and work session to discuss issues related to the project before the hearing. There is also work to be done on the design and the Community Benefits Agreement between the town and the applicant, Schiliro said.

The current plan calls for five four-bedroom units located in structures closest to Bedford Road, six three-bedroom townhouses in roughly the area where the current nursery building exists and 12 one-bedroom flats. The single-story flats are mostly in a deed restricted area on the Maple Avenue side of the property.

There would also be a 27-unit apartment building toward the rear of the property closest to Route 22 that includes 19 one-bedroom units and eight two-bedroom residences.

Last week, project engineer Robert Aiello said his client has requested that the zoning allow the maximum height of

a structure on the property be 40 feet to accommodate the apartment building. All other structures on the property would be within the current 30-foot restriction, he said.

During last Wednesday evening's discussion, which featured an animated drive-by video on three sides of the property that simulated what the project would look like, Aiello said the buildings containing the four-bedroom units would be set back 80 feet from the Bedford Road curb. There are setbacks of 110 feet from the property line and 185 feet from the curb on Maple Avenue and 420 feet between the apartment building and Bedford Road.

He also superimposed what would be the footprint of the apartment building over the Boies Schiller Flexner law building at 333 Main St. to show that they would be comparable in size.

Changes to help the project blend in more effectively include adding five trees along Bedford Road, adding a break in the wall on the perimeter of the property to enhance pedestrian connectivity and installing natural stone paving inside the entrance.

Project architect John Halper proposed swapping the standing-seam metal roof on the so-called A buildings, those closest to Bedford Road, with a composite slate shingle and replacing the natural wood

siding with wood and nickel horizontal siding.

"Now it's predominantly white, these houses, with a shingle roof so we feel that's a softer feel for the location," Halper said.

Despite the changes, Councilwoman Barbara DiGiacinto was unconvinced that the revisions would help the proposal overcome its greatest challenges. She said perhaps if the project was in another area of town it would receive her support.

"I find, once again, this project, this proposed project in the historic district, to me just looks very, very stark," DiGiacinto said. "The white parts of the building just don't blend into the character of the historic district."

A few residents last week offered opinions on the project. Armonk resident Christine Eggleton said although the project's largest building is similar in size to the Boies building, the accompanying structures will make the Mariani Gardens project too large for the area.

"It is just going to overwhelm that corner," Eggleton said. "That's my concern, and as the gateway into the historic district, it's not going to work, I don't think."


However, Neal Baumann, speaking on behalf of St. Stephen's Episcopal Church, located across the street from the property, said the church supports the project after having opposed two

commercial proposals at the site. Mariani had previously explored using the venue to cater and host receptions and to have spin classes.

The congregation has concluded that a residential proposal would be more compatible with the area, Baumann said.

"We would be against this project if we didn't like the way it looked and didn't feel it wouldn't have a negative impact on the historic district, and we would be against it," he said. "But we do not feel it would have a negative impact, we do not feel it's too large and we feel it's appropriate for this site."

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# Pastor Seeks Answers on Thefts of Pride Flag, BLM Banner From Church

By Martin Wilbur

About 20 years ago, the Unitarian Universalist Fellowship of Northern Westchester hung its first rainbow flag to show support for the LGBTQ community. For the first few years, the flag was repeatedly stolen but those incidents eventually leveled off.

Since 2015, when the congregation officially took action to support the Black Lives Matter movement, there have been about seven or eight thefts of that movement's banner that has hung outside the church on Route 172 in Bedford, just over the town line from Mount Kisco, said Rev. Dr. Michael Tino.

Two of those incidents have occurred within the past month, the last time on Jan. 3 or 4, when the vandals also managed to swipe the pride flag from the property, Tino said.

Many in the diverse group of roughly 110 adult congregants are upset because the grounds of their house of worship has been continuously violated.

"It's frustrating that someone would vandalize our religious home, and the congregation when we voted to put up that banner, there was no dissent in the vote," Tino said. "We were pretty unified in understanding it was an important sentiment expressed in our community."



The Unitarian Universalist Fellowship of Northern Westchester's rainbow flag, which was stolen from its grounds earlier this month. There have also been repeated thefts of the church's Black Lives Matter banner.

The church has reported most of the incidents to the Bedford Police Department. Tino said police have been sympathetic but told them unless there are witnesses or they install a surveillance camera the chances of catching the culprits are slim to none. A camera is now something the congregation is considering installing, he said.

Whenever the pride flag or Black

Lives Matter banner is stolen, it is replaced. The thefts have happened often enough, Tino said, that the church now buys them in multiples of four, taking advantage of discounted costs.

The congregation is prepared to soon re-hang the flag and banner, Tino said. The Black Lives Matter banner had been hung on a sign closer to the road, which could easily be stolen. However, anyone would need a tall ladder to reach the rainbow flag, he said.

Their maintenance worker has been devising a way to place the flag and banner where it can be seen but harder to steal.

"I think that our whole community has seen a rise in the last couple of years of people expressing messages of intolerance and I think that stealing a sign like that or a pride flag is simply an extension of those messages of hate," Tino said.

County Legislator Kitley Covill (D-Katonah), who reported that flyers and stickers advertising a white supremacist group had been found last Tuesday affixed to Katonah's community bulletin board, along the Katonah Metro-North train station platform and on the backs of road signs, said shedding a light on incidents that hurt others is crucial.

While it's possible the Katonah

incidents or the church thefts could be mischievous teens, a spotlight needs to shine when bigotry occurs, she said. Covill reported the flyers and stickers to the county's Human Rights Commission.

"I think we have to call it out," Covill said. "I think silence is really not the way to go."

Tino said he has tried to appeal to those responsible for the thefts through social media and letters to the editor in various publications. He would like to speak to the perpetrator to understand more broadly their reasoning.

Others in the community who disagree with the congregation's positions, particularly in recent years regarding the Black Lives Matter movement, have come in to speak with Tino, something he said he appreciates. He looks forward to engaging in more constructive dialogue in the future.

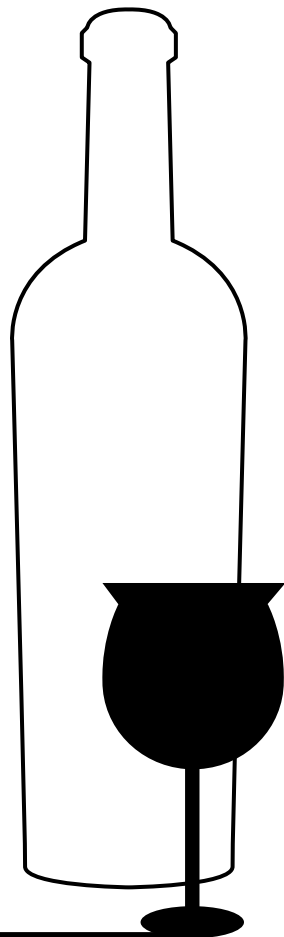
"I think the people who are willing to talk to us display a fairly fundamental misunderstanding about what that means," Tino said. "What we're trying to say is that there's an emergency in our society that black people in our society are systematically devalued in a way that other folks' lives are not. So we're trying to call attention to that."

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# Mt. Pleasant Solar Project Proposals Referred to Planning Board

By Sean Browne

The Mount Pleasant Town Board referred a proposal to the Planning Board feedback last week for feedback regarding the possibility that solar panels be installed at three municipally-owned sites as part of a community solar project.

Discussion resumed last Tuesday night on Con Edison Development's pitch to build carports for the parking lots at Town Hall and the community center and town pool complex and at the Department of Public Works garage. The panels would generate 1.4 million megawatts of power, enough to provide electricity for about 150 customers a year, said Ian Diamond, senior solar developer at Con Edison Development.

"As a long-term company based here in the town, we would like to lease some space from the town to build community solar," Diamond said. "The benefits will be available to people who subscribe to the solar."

The town would be paid \$28,000 annually for the proposed 25-year lease. Con Edison Development would be responsible for the construction and maintenance of the carports.

Diamond explained that community solar projects buy energy that is absorbed by the panels, a more cost-effective way of deriving power.

"The energy generated from the community solar goes into the grid, the utility turns that into dollar credits that are then credited against the subscriber's bill," Diamond said. "So, if you are a homeowner you will get a credit on your bill. We will then send you an invoice and it would be at a discounted rate."

Diamond estimated that subscribers would see about a 10 percent discount on their bills.

Mount Pleasant Supervisor Carl Fulgenzi asked Diamond if the town could prioritize senior citizens over

65 to give them the first chance at a subscription. That decision would be up to the town, Diamond responded. Any subscriber would also be able to cancel at any time, he added.

Diamond said that community solar would also be beneficial for residents who will not live at their current address long-term. It would be easier for those residents to subscribe to a community solar project rather than going to the expense of installing solar panels, he said.

The Town Board will schedule a vote

on whether to approve the community solar project at a future date.

In a separate but related action, the board unanimously referred the plans of Con Edison Solutions, another of the utility's subsidiaries, for a solar array at Gate of Heaven Cemetery to the Planning Board for a recommendation. Last week, representatives from Con Edison Solutions unveiled plans to install a solar farm on 37 acres at the cemetery that would provide discounted power to about 500 homes in town.

## Valhalla Group Home Hearing Scheduled for This Monday

By Martin Wilbur

A hearing that will determine whether a Manhattan-based nonprofit agency can operate a Valhalla group home has been scheduled for this Monday by the state Office of People with Developmental Disabilities (OPWDD).

The administrative site selection hearing for the establishment of a six-person residence at 5 Halsey Place came at the request of the Town of Mount Pleasant and the Young Adult Institute, Inc., said Jennifer O'Sullivan, OPWDD's director of communications. It will be conducted by an independent hearing

officer on Feb. 4 at the state agency's offices in Tarrytown at 10:30 a.m., she said.

Supervisor Carl Fulgenzi said the Town Board has opposed the planned group home that would house six young adult women with developmental disabilities based on a saturation of similar facilities in the area. Mount Pleasant is home to 26 group homes, all of which are off the tax rolls, according to the town.

Officials had asked for an additional 20 days to review the application but that request was rejected by YAI.

Shortly afterwards, the town opposed the proposal.

O'Sullivan said both parties will be presenting evidence at the hearing and will likely call witnesses to testify.

Under the section of the state Mental Hygiene Law regulating the site selection of residential facilities, a determination will be made within 30 days of the completion of the hearing.

In late December a hearing was held before the Mount Pleasant Town Board where many Valhalla residents objected to the siting of another group in town.

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## Obituary

### John McCord

John Alexander McCord (Jack) of Hawthorne passed away on Jan. 18 at the age of 87.

McCord was born on Jan. 4, 1932, in Fauldhouse, Scotland and immigrated to the United States in June 1956. He is survived by his wife of nearly 60 years, Susan, as well as his children, Cindy McKeon, Nancy Tucker, Debbie McCord and Toni Olson. His only son, Michael McCord, passed away in 2001. He was a devoted grandfather to his 13 grandchildren and his four great-grandchildren.

McCord was a devout follower of Jesus Christ and a member of Hillside Church in Armonk for many years. He was a hardworking, loving man with a love for skating, fishing and his family. They will be forever grateful for his kind heart, witty nature, generous soul and for all of life's wisdom he shared over the years.

A memorial service will be held in his honor on Saturday, Feb. 2 at 10 a.m. at Hillside Church, 448 Bedford Rd. in Armonk.

## Police Blotter

### North Castle Police Department

**Jan. 11:** The operator of a vehicle was placed under arrest at 1:46 p.m. and charged with aggravated third-degree unlicensed operation of a vehicle following a traffic stop on Glendale Avenue.

**Jan. 16:** A caller reported at 5:14 p.m. that an owl was in the middle of the roadway on Route 433. The responding officer reported that the owl flew up into a tree when he approached it. Matter adjusted.

**Jan. 22:** Report of a dispute at Byram Hills High School on Tripp Lane at 8:29 p.m. There was a dispute between patrons of the basketball game that was taking place at the listed location and police assistance was requested. The responding officers reported that the matter was adjusted.

**Jan. 23:** A caller reported a possible water main break due to excessive water leaking throughout the store on Main Street at 9:31 a.m. The responding officer stated that a leak is coming from the old Fernando's pizzeria, which is now vacant. The fire department was called and was able to stop the leak and cleared the scene.

**Jan. 23:** Report of an erratic driver on southbound Route 22 in the vicinity of Main Street at 3:50 p.m. A caller stated

that a black Nissan Altima was possibly involved in a road rage incident with another vehicle and the driver was throwing garbage out of the window at another car. The responding officer was unable to locate the Nissan.

### Pleasantville Police Department

**Jan. 18:** A 19-year-old Hawthorne man was arrested at 1:03 p.m. and charged with unlawful possession of marijuana and criminal possession of a controlled substance following a traffic stop on Bedford Road.

**Jan. 22:** A report of damaged property was filed at 12:30 p.m. at police headquarters. The operator of a Ford F-150 stated that the previous day at 5:10 p.m. while driving on Paulding Street when a large Pleasantville Volunteer Ambulance Corps sign sailed into the air from the high winds. The sign struck the vehicle's hood and door.

**Jan. 24:** Report of harassment on Center Street at 11:23 a.m. Police provided no details because the matter is under investigation.

**Jan. 25:** Report of a larceny on Sarles Lane at 11:17 a.m. The complainant stated that a woman's purse was taken from an unlocked vehicle sometime overnight from Jan. 23 into Jan. 24.

### New Castle Democratic Committee Begins Identifying 2019 Candidates

The New Castle Democratic Committee is interviewing candidates for the November 2019 election for town supervisor and two Town Board seats. According to Nominations & Candidate Development Committee Chair Jane Silverman "we have identified several potential candidates with whom we are talking, but we always are looking for new people to get involved and bring new strengths to our Town government."

If anyone is interested, they should contact Silverman at silvermanjfs@gmail.com by Jan. 31. This year's elections will be held Nov. 5. Although the Board of Elections has not fixed the dates yet, petitions for town supervisor and Town Board candidates are expected to be circulated on Feb. 26. The state is likely to change the primary date to coincide with the primary date for federal candidates.

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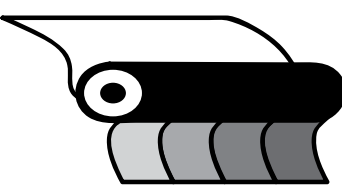
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# Residents Petition for No. White Plains Path to Remain Greenspace

By Martin Wilbur

A group of North White Plains residents submitted a petition to the North Castle Town Board last week asking that the town preserve a walking path used by generations as perpetual open space.

The petition, containing signatures of 71 people who live on Nethermont Avenue, Roberta Place and Kensico Knolls, cited concerns over the potential for erosion and compromised steep slopes after Ralph's Ices owner Scott Rosenberg removed soil and foliage while working on his site on Route 22.

Town officials had considered selling the roughly half-acre parcel last year to Rosenberg for the potential expansion of the establishment's parking lot but neighboring residents argued that the integrity of the slopes and their quality of life could be in jeopardy. Shortly afterward, the town pulled the property off the market. It had obtained through a foreclosure proceeding from a previous owner.

Nethermont Avenue resident Nora Kanze Manuele said in the months since the sale was scuttled, neighbors have mused about its future. For decades, North White Plains residents, including students, have used the path as a shortcut to reach the Metro-North train station or local schools.



MARTIN WILBUR PHOTO

North White Plains resident Nora Kanze Manuele speaks to the North Castle Town Board last week about preventing the future sale and development of a town-owned half-acre parcel that contains a walking path.

It has also served as a peaceful buffer for residents who live in the area, according to the petition.

"We thank you again for not selling the path and keeping it the way it was but we want to encourage the Town Board to turn that path into a dedicated

greenspace so that it cannot be sold and it cannot be developed and it will stay the way it is," Manuel told the board.

A few other longtime residents who signed the petition agreed with Manuele. Betty Sanchirico, a 50-year resident, said at last Wednesday evening's board meeting that while current officials decided against the sale, future boards could do otherwise unless there is an official agreement.

"I think to allow this piece of property to potentially be sold and to be further developed and cut back further into the hill would definitely be a detriment to the surrounding properties," Sanchirico said.

"This is the only way we would be assured that we'll be able to continue to enjoy the area as we all have done for so many years," she added.

Nethermont Avenue resident Ed Lobermann said a key motivation for the town to sell the parcel would be to get the money and return the land to the tax rolls. However, it would yield such an insignificant amount of revenue to the town compared to the size of its budget that "it would be a drop in the bucket."

The Town Board accepted receipt of the petition without making public statements about the request.

Town Attorney Roland Baroni said he wasn't familiar with how the town would

go about officially designating the land as dedicated greenspace. He said he would research the available options if the board decided to move in that direction.

Activity at the Ralph's Ices property and the length of time it has taken Rosenberg to fully comply with the conditions imposed on him by the town have been a source of discontent among the neighbors. Ralph's Ices, which received approvals in 2017 to open, may complete the conditions required for permanent Certificate of Occupancy within the next month.

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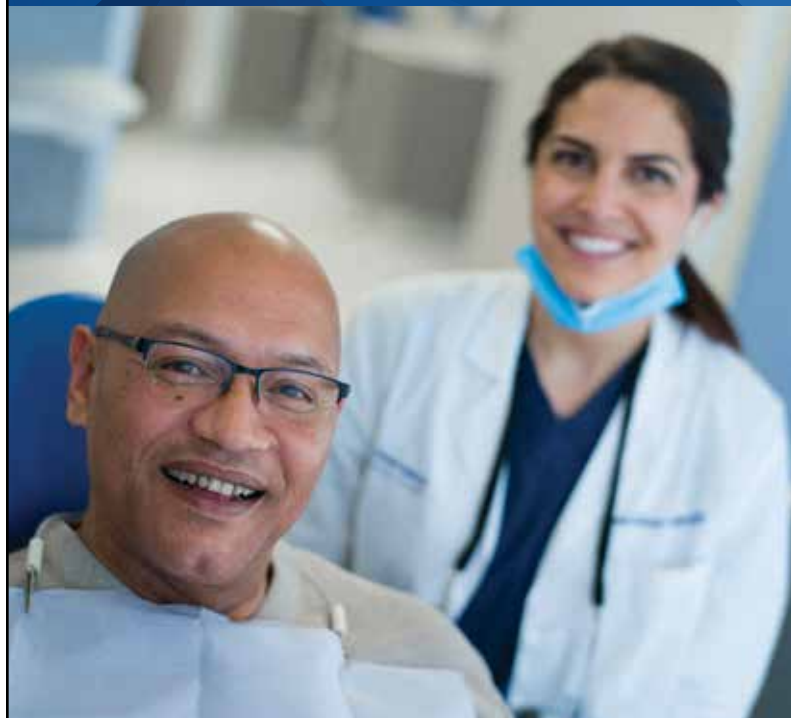
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## The Weekly Feature from Entergy

### From Slave to Entrepreneur: Author Details Life of First Black Automaker

By Sean Browne

One of Henry A. May's biggest inspirations growing up was C.R. Patterson, a former slave who founded the nation's first black-owned automobile company.

Charles Richard Patterson's story captivated and inspired May but few others knew who he was. May decided to change that.

Last Wednesday, May spoke to an audience at the Malcolm Pray Achievement Center in Banksville, which features the late local auto dealer Malcom Pray's extensive classic car collection but also serves as a facility to inspire young people to reach their potential.

May talked about his book, "First Black Autos," which details the life of Patterson, who was born a slave, escaped around the start of the Civil War and became a highly successful entrepreneur.

"Patterson was driven, he had the passion to survive as a free person but not just to make cars, but to do something constructive," said May, who published the book in 2006. "He was as successful as he could possibly be at the time."

Born on a Virginia plantation in 1833, Patterson was assigned by the plantation owner to work with a local blacksmith. Patterson had no choice

but to go; however, he made the most of his opportunity, working with the blacksmith for 16 years.

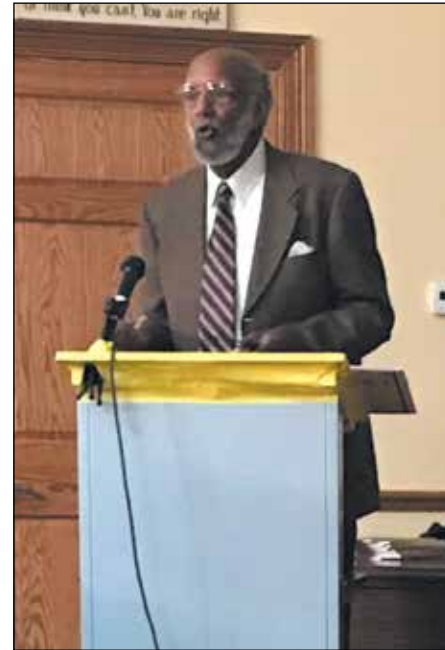
"He learned, he learned how to forge and work with metal, wood and leather," May said. "He learned how to do all of the things that a blacksmith did."

In 1861, Patterson escaped the plantation and migrated north, settling in Greenfield, Ohio, a town with strong abolitionist sentiment. He traveled on foot while eluding bounty hunters who were ordered to capture Patterson and return him. With the help of Google Maps and other modern tools, May learned that Patterson had traveled about 446 miles to reach his destination.

Patterson eventually found work at a carriage-making company where his skills did not go unnoticed. He was promoted to foreman, which May noted was very unusual at the time.

In 1873, Patterson entered a partnership with another local carriage-building business. Over the next 20 years it became highly successful, producing bicycles and an assortment of horse-powered vehicles. He bought out his partner in 1893, and renamed it C.R. Patterson and Sons Company.

Patterson died in 1910, leaving the successful carriage business to his son, Frederick, who in turn initiated



SEAN BROWNE PHOTO

Henry A. May, who in 2006 wrote the initial book on the inspirational life story of C.R. Patterson, spoke last week at the Malcolm Pray Achievement Center in Banksville.

the conversion of the company from a carriage business to an automobile and bus manufacturer. The first Patterson-Greenfield car debuted in 1915 and over the next nine years the company manufactured 150 vehicles.

May said he decided to share the Patterson family's story as the nation's first black automaker, in part because it embodies the spirit of the American dream. Patterson went from slave, to fugitive, to pioneer.

But Patterson's story is also personal for May, whose grandmother was the sister of Frederick Patterson's wife. He

first heard about Patterson through his mother as a child. May was fascinated with the story after she provided him with an old clip from an Ohio newspaper.

Through the years, May tried to tell Patterson's story to as many people as he could, including his students at the Diana Sands School in the Bronx, where he taught.

In 1979, May was called into the principal's office and asked why he lied to his students. The principal explained that he was told that May told a story about a black family that had manufactured cars. The principal grew up in Detroit and had never heard of them.

At that point, a shocked May realized that Patterson's story was virtually unknown.

"I was silent for a long time after that, I exited the school and I drove home very slowly," May said.

Years later, May decided to begin extensive research on Patterson. He visited the Schomburg Center for Research in Black Culture, part of the New York Public Library and an archive repository for information on people of African descent worldwide. The library had nothing on Patterson.

The librarian issued May a challenge and told him that he should be the one to write the book. May took up the challenge and "First Black Autos" was the first of several published works on Patterson's life story.

"This story tells you about traveling from Point A to Point B, and about slavery," May said. "This man had to come through all of that, and three generations of Pattersons were able to survive because of the work that he did."

## New Castle to Decide if Life Time Fitness Makes Feb. 1 Opening

*continued from page 1*

Donald Tone, of Sam Schwartz Engineering, the town's traffic consultant, said during last week's hearing that he did not have enough information from the applicant to recommend whether Life Time Fitness should open.

"There's only a very short window before the construction period kicks in and we're not prepared to give you an expectation of what the traffic conditions will be like during that period with or without that increment turned on," Tone said.

The construction schedule calls for work to resume on or about Feb. 15 and last until May 17, said David Walsh, director of asset management for Summit Development. Work is proposed to be done on weekdays from 9 a.m. to 2:30 p.m., Walsh said. A lane closure is expected during those hours on most days that crews are on site, he said.

Major tasks include the installation of a drainage structure near the Roaring

Brook Road-Route 117 intersection, building a retaining wall and regrading a section of Route 117 north of Roaring Brook Road, according to Walsh.

Town officials were hesitant about approving the revised TCO until the additional information can be analyzed, fearing intolerable traffic congestion near the site. They suggested Summit/Greenfield consider extending hours of construction during the weeks of Feb. 18 and Apr. 15, when Horace Greeley High School, across the street from the Chappaqua Crossing campus on Roaring Brook Road, will not be in session. They also asked the applicant to work weekends before and after those weeks as many residents leave town during school vacation periods.

While traffic flow has been surprisingly smooth near the site since Whole Foods opened Dec. 15, the town is bracing for that to end once Life Time opens and construction resumes.

"No matter what it's going to be bad," said Councilwoman Hala Makowska. "Now what is the compounding factor

of adding Life Time Fitness and Pet Valu and Fidelity?"

Collins said the information he will provide the town's traffic consultant will help determine how congestion can be managed during the construction period.

"We have to look at the estimated traffic and knowing that at some time we're going to have to close the roadway," Collins said. "So we're going to be down to one lane during construction periods and that's the analysis that Don and Sam Schwartz have to do to give the board a certain amount of comfort."

Mark Weingarten, the attorney representing Summit/Greenfield, reminded town officials that even if there can be an accelerated schedule for the drainage and retaining wall, the asphalt plants are not expected to open until mid-April. Therefore, the anticipated finish of road work cannot be pushed up from its May target date, he said.

Councilman Jeremy Saland said one of the town's objectives is to consolidate the amount of work when it is being done to

minimize inconveniences, even if it will not affect the completion date.

Supervisor Robert Greenstein added that the town didn't want the applicant to cut corners but there is an advantage to having Life Time open this week.

"I also don't want to lose sight of the fact that there is a benefit to the community of opening Life Time Fitness as well," Greenstein said. "Not everyone may see it. There's a lot of people excited about Life Time Fitness and excited to go there. Not everybody, not the whole community, that's for sure. But there are many people who are excited to use the facility, see the facility."

Last Wednesday, one of the two remaining conditions under the temporary traffic plan to allow Life Time Fitness to open – removal of a utility pole near the Roaring Brook Road-Route 117 intersection – was satisfied, Greenstein said.

Weingarten said he expected the last obligation, completion of a walking path on the east side of Route 117, to also be completed this week.



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## Letters to the Editor

### New York's Election Laws Finally Move into the 21st Century

Thank you, New York state legislators! Voting reform is happening in New York thanks to you. Both the Assembly and the Senate passed of a package of six voting reform bills on Jan. 14 and, which has been signed by the governor. Many thousands of New Yorkers will now be able to vote after they were kept from the polls by the requirements of their 21st century lives – travel for employment or tourism, needs of children or elderly/disabled in their care, students living away from home, etc.

Early voting is the key reform. New York joins many other states that offer it. But early voting needs to be part of a system of improved voter registration procedures and record keeping. These improvements include automatic voter registration, portability of registration records for those who move within New

York and secure electronic poll books. Establishing this system is not free.

State funding of early voting and related reforms is crucial. Early voting and the promise of involving more voters in our democracy could fail for lack of sufficient funding. County Boards of Elections, which must run elections – establish and staff polling places, create ballots, assure availability and security of voting machinery and certify the results – are already financially stretched to administer elections and cannot cover these additional costs. Especially in the first few years, until the system is established and running smoothly, the additional staff and equipment necessary must be funded by the state.

Governor Cuomo must stand by his many years of support for voting reform now that the legislature has passed the

bills by designating state monies to cover the costs. Your state legislators must insist that he do so. Tell your state legislators that dropping state money for voting reform during 2019 budget negotiations is unacceptable. This cannot wait.

By visiting <http://www.elections.ny.gov/district-map/district-map.html>, you can identify your state legislators. There are many groups advocating voting and election reform. Visit any of these websites to find opportunities to participate in bringing New York voting and elections into the 21st century. Three possibilities are letnyvote.org, fairelectionsny.org and citizensunion.org.

**Catherine Ray**  
**Ossining**

### Mt. Kisco Should Reject Project Labor Agreement for Firehouse Project

The critical project for renovations and additions to the Green Street firehouse will provide hundreds of construction jobs to the region. That's the good news.

The bad news? The Mount Kisco Village Board is making this taxpayer-funded project significantly more expensive by mandating a Project Labor Agreement (PLA).

A PLA is a requirement that contractors hire workers through union halls and follow old-fashioned construction work rules negotiated between government bureaucrats and union bosses. PLAs discriminate against local taxpaying construction workers and increase total construction cost. By signing onto a PLA, the Mount Kisco Village Board is throwing away hard-earned tax dollars.

There are a number of reasons why PLAs waste money. A typical PLA forces a contractor to hire three out of every four

workers from the union hall. Imagine if you owned a company and were told that in order to get a job you would have to tell three out of every four of your employees that they couldn't work on it. Not only wouldn't you do it because of loyalty to your employees, you also wouldn't do it because you have no experience working with these new employees that you've been forced to employ.

There's another reason why PLAs cost more: jurisdictional work rules. Unions collectively bargain work rules with contractors. So, masons can only do mason work. Carpenters can only do carpentry. Electricians can only do electrical work. The result is a very slow progressing construction job, which leads to cost overruns and more money out of your pockets.

If you have a worker that has expertise in masonry, carpentry and drywall, why

shouldn't her or she be able to use those skills across the project? It only makes sense. But under a PLA, that worker can only employ one of those three skills.

As a result, the diminished competition ensures that PLA projects cost up to 30 percent more than necessary. This is why the Kingston School District decided against attaching a PLA to its \$137.5 million renovation plan.

Taxpayers deserve to have their hard-earned tax dollars spent wisely and efficiently. The best way to avoid waste is to simply release the project documents and allow everyone to bid, letting the best contractor, union or non-union, win.

**Tanner Schmidt**  
**Government Affairs &**  
**Communications Program Assistant,**  
**Associated Builders and Contractors,**  
**Empire State Chapter**

### Chordsmen's Free Singing Lessons are a Life-Changing Experience

Your article last week about the Westchester Chordsmen's free singing lessons (Westchester Chordsmen Chorus Offers Free Singing Lessons for Men) showcased just one of this local chorus' several community service programs, which includes its holiday season sing-outs at senior residents and medical facilities, its autumn cappella youth music festival and its college singing scholarships.

As one who went through this free, no-obligation six-lesson Ready, Set, Sing

program last spring, I can tell you it was a life-changing experience. If nothing else, you'll sing better in the shower and at social events, but more than one-third of the students find the experience so rewarding that they wind up joining the choir.

The Westchester Chordsmen is a not-for-profit 501(c)(3) performing arts organization, and while we perform for free a number of times a year as part of our community service programs, we have a few ticketed events, which help

defray rehearsal hall rental fees and other expenses. One such concert is at 7:30 p.m. this Thursday, Jan. 31 at the Emelin Theatre in Mamaroneck. The show features some of the beautiful, contemporary cappella four-part harmony music we feature during our various community service concerts.

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# State Lawmakers Approve Bill Protecting Abortions, Dream Act

By David Propper

Wasting little time taking advantage of their full control of state government, Democratic lawmakers last week approved stringent protections for abortion laws and extended financial aid for college to immigrants regardless of status.

With Democrats controlling each branch of state government, the Reproductive Health Act was swiftly approved last Wednesday, with Gov. Andrew Cuomo signing the law into effect that evening. The Senate voted in favor 38-24, while the Assembly approved it by a 92-47 margin, mostly along party lines, to codify Roe v. Wade even if the federal law is struck down by the Supreme Court.

The law maintains that an abortion is legal within the first 24 weeks of the start of a pregnancy or anytime after that if a woman's life is at risk or if the fetus isn't viable. Abortions could also now be done by other health professionals, not just physicians.

The proposal was first put forward in 2006 by the Democratic-dominated Assembly, but was blocked at every turn by the Senate, which had been controlled nearly continuously by the GOP for decades until the start of this year.

"In the face of a federal government intent on rolling back Roe v. Wade and women's reproductive rights, I promised that we would pass this critical legislation within the first 30 days of the new session – and we got it done," Cuomo said in a statement.

"Today we are taking a giant step forward in the hard-fought battle to ensure a woman's right to make her own decisions about her own personal health, including the ability to access an abortion. With the signing of this bill, we are sending a clear message that whatever happens in Washington, women in New York will always have the fundamental right to control their own body."

Republicans decried the measure as overreaching.

"I opposed the Reproductive Health Act and debated against the legislation both on the Assembly floor and in committee," Assemblyman Kevin Byrne (R-Mahopac) said. "I found the most offensive part of this legislation

to be the seemingly generic exemption to permit late-term abortions, which would include partial birth abortion should the 2003 federal ban ever be repealed."

The state legislature also voted to give undocumented immigrants the ability to receive financial aid and scholarships to state colleges. Cuomo is expected to sign the measure into law soon. The Senate approved the measure 40-20 and the Assembly 90-37.

The law would be named after the late senator Jose Peralta, who died

unexpectedly late last year.

"As a key part of our Justice Agenda, we look forward to finally making it law for all New Yorkers this year, for Senator Peralta and the Dreamers," Cuomo said in a statement.

Republicans pushed back against the measure, including Byrne. He said that while every person deserves the chance at success, the state should prioritize law-abiding citizens and residents before illegal immigrants.

"It is frustrating to see more of New York's youth being forced to take on

mountains of student loan debt because they too want to pursue their own dream of a college degree and a better life," Byrne said in a statement. "Instead of focusing on funding free college for illegal immigrants, we should be focusing on making it easier for college graduates to pay back their debt without inflating already sky-high tuition costs. We can do this by providing tax relief, increasing job opportunities and allowing legal residents to deduct a portion of the principal on student loan payments, not just the interest."

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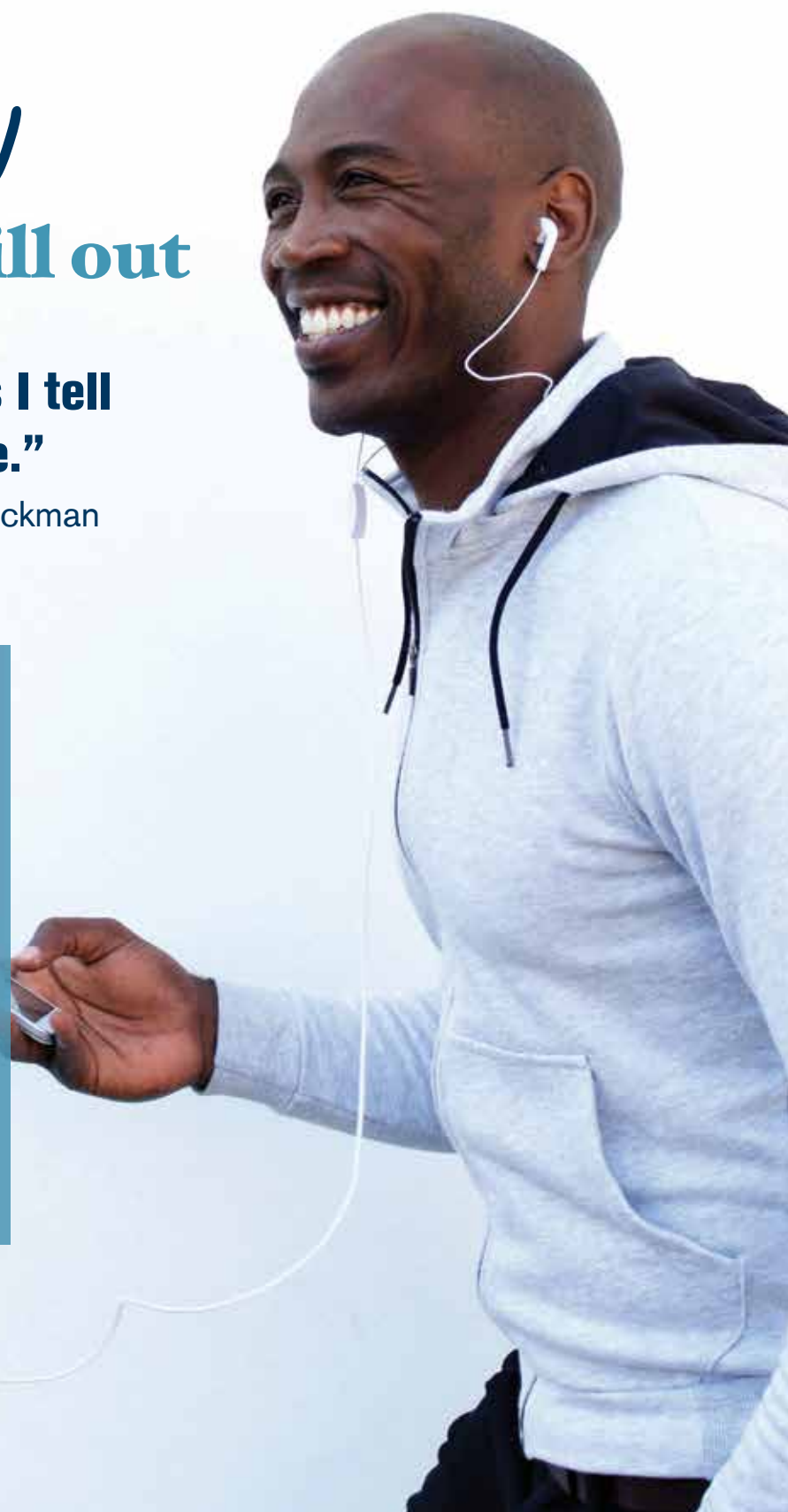
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- Dr. Michael Zuckman

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## Bathroom Oddities, Manners and Etiquette

The bathroom may not be the room you spend the most time in, but it's probably the room you visit most during the course of a day.

I've been thinking a lot about the bathroom lately, forced by an unexpected experience I had the first day I was in my new digs at Trump Park Residences in Shrub Oak. This joint is outrageous and outfitted with the finest materials and fixtures you might imagine: granite, marble and brushed steel everywhere you look.

So when it was time for me to visit the bathroom, and I started that slow descent, I realized that I wasn't reaching my destination when I usually do. I kept bending lower and lower, convinced that I would be in a full Lotus position before I would finally come to rest. Why I wondered, with all this luxury in a place originally built for the 55-plus crowd, would the builder have included such low-rise toilets?

Soon after, I visited [www.HomeAdvisor.com](http://www.HomeAdvisor.com) to find a plumber to install high-rise toilets in my three bathrooms.

The first thing I do when I go for a listing is ask for a tour of the house. I recently had a seller client with three full baths. Each time we entered one, the

wife would walk in and, seeing that the toilet seat was up, would immediately walk over, lower the seat and shut the lid. The first time she did it, she lowered them gently. In the second bathroom, she did it with less patience, and by the time we arrived at the third bathroom, she slammed down the lid in frustration, almost in meltdown mode. "Oh, these guys, why won't they ever learn to lower the seat and shut the lid!" I suspect this is her biggest frustration at home every day.

It's important to pay attention to the toilet's seat being down and the lid closed, not only so that women won't fall in but also for health reasons. According to scientists at Leeds University, when a toilet is flushed with the lid open, bacteria sprays into the air around the toilet. And some of those germs could be passed along.

But the best reason for closing the lid is that it prevents anything and everything from falling in. Haven't you had the experience of not hearing from friends for several days, only to learn that their cell phones had taken the plunge?

There are other rules that should be considered concerning bathroom etiquette and manners, and it's not only

because of airborne germs or the differences in plumbing between the sexes and actual plumbing.

Wasn't it on "Seinfeld" where Elaine talked about going to the McDonald's bathroom when in a relationship rather than fouling up the apartment john? I was quite impressed when, years ago, I first saw a bathroom where the toilet bowl was separated from the rest of the room and you could do your more private business in, well, private.

And what about something as simple as replacing the toilet paper roll when it's depleted? I am always in such a rush, I'm guilty of just grabbing a new roll and leaving it on top, rather than going to the trouble of actually inserting it on the cylinder. Shame.

For those who do go through the trouble of replacing it, there's the question of positioning the roll for "over" or "under" dispensing. A former work associate of mine told me that it must be "over" so that the last sheet can be "folded" as in a hotel.



By Bill Primavera

"You fold your last toilet paper sheet?" I asked, astounded.

"Yes," she responded, not skipping a beat. "You never know when guests are going to stop by."

Oh, my God, where did I go wrong in learning good bathroom etiquette?

One other item I know about toilets: Did you notice that some are round and, in the past couple of decades, others are oblong? Nobody mentions the obvious, but designers finally figured out that the male anatomy had to be accommodated. Thanks,

guys! I say, for guys, that's the equivalent of going from jockey shorts to boxers.

And finally, did I mention that there should always, always be some kind of automatic air freshener or a spray deodorizer in the bathroom?

Bill Primavera, while a publicist and journalist, is also a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. ([www.PrimaveraPR.com](http://www.PrimaveraPR.com)). To engage the services of The Home Guru to market your home for sale, call 914-522-2076.

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- Dr. Samantha Lowe

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To hear more from Dr. Lowe, visit [wphospital.org/family](http://wphospital.org/family)

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## Market Volatility is Here But There Are Good Investment Opportunities

Despite continued job growth, low unemployment and wage growth, uncertainty concerning overseas markets, oil prices and possibly slower growth buffeted the markets in December with the market indices plummeting.

Volatility continued in January as the Dow Jones Industrial Average opened the year at 23,433, then slid by about 400 points, then gyrated up and down through the middle of the month.

Depending on the day, and often the time of day, the uncertainty affected financials and industrials, all of which had down days. Causes ranged from rumors of changes in overseas oil production levels to questions about interest rates or interpretations of global finances that some say are forecasting a new recession.

Despite the challenges, I believe that 2019 opens interesting opportunities for investors to make sound long-term purchases, using market fluctuations to good advantage by



By Kevin Peters

practitioners of modern wealth management. With swings in the market, there will be good times to buy and opportunities to sell, although investors should stay aware of the overall state of the market.

One of the most oft-mentioned causes of market uncertainty relates to interest rates. In mid-December the Federal

Reserve announced it would raise interest rates by .25 percent to a range of 2.25 percent to 2.5 percent. It was the ninth increase of the benchmark interest rate since 2015. That announcement was accompanied by a statement from Federal Reserve Chairman Jerome Powell that due to lower than expected inflation, the Fed would be loath to continue raising rates at the pace initially considered in 2019, now projecting two increases this year.

Immediately thereafter, markets shot up, and like absent-minded shoppers who remember that on the way home they have forgotten

something important, the markets turned drastically and tanked, dropping sharply while Powell was still holding a news conference. Before the day was done, market indices recovered some of the losses, then spent the rest of the session vacillating, ending significantly lower.

It is obvious that volatility has returned, even though the Fed has backed off its hard stance of steady interest rates next year. Stocks may rebound on even a sliver of good news but drop again like a rock if there is a whisper of anything that can even remotely be construed as bad news.

This is an essential time for investors and their advisers to stay in close communication, keeping an eye on daily fluctuations and staying aware of potential opportunities or adjustments to their overall portfolios. Investors may see myriad opportunities to further bolster their holdings.

Oddly enough, while many analysts blamed fluctuating oil prices, studies of

the correlation between oil and market prices do not show a direct line. Over time, oil prices are determined by the supply and demand for petroleum-based products. During an economic expansion prices might rise as a result of increased consumption or fall because of increased production. Meanwhile, other analysts suggest that the overall stock market may increase by about 10 percent or so in 2019.

Overall, I believe there are many signs that the economy will continue to trend positively, and eventually, that can be good for the markets as well.

Of course, caution remains the watchword for investors. Re-

evaluate your risk tolerance. Check on the profitability of the companies represented in your portfolio. Make sure you still have the right mix and remain

on target to meet your goals.

*Kevin Peters is a financial adviser with the Wealth Management Division of Morgan Stanley in Purchase. He can be reached at 914-225-6680.*

### The Prudent Portfolio

The information contained in this column is not a solicitation to purchase or sell investments. Any information presented is general in nature and not intended to provide individually tailored investment advice. The strategies and/or investments referenced may not be suitable for all investors as the appropriateness of a particular investment or strategy will depend on an investor's individual circumstances and objectives. Investing involves risks and there is always the potential of losing money when you invest. The views expressed herein are those of the author and may not necessarily reflect the views of Morgan Stanley Wealth Management, or its affiliates. Morgan Stanley Smith Barney, LLC, member SIPC.

## Bag Ordinance in Effect This Week at P'ville Farmers Market

The Village of Pleasantville last year passed a carryout bag ordinance, which encourages shoppers to use reusable shopping bags in village businesses and requires them to pay a fee for the use of single-use shopping bags.

Beginning this Saturday, Feb. 2, Pleasantville Farmers Market vendors will charge 25 cents for each handled, single-use plastic bag and 50 cents for each paper shopping bag. The fee for paper bags will continue indefinitely, but on Aug. 1 the plastic bags will no longer be available.

"Single-use carryout shopping bags are used for only a few minutes, but their impact is huge," said Danielle Barry-Gass, chair of Pleasantville Recycles, which supports the measure. "Plastic shopping bags do not biodegrade. Instead, they break down into small pieces that contaminate soils and waterways and even enter our food chain. They can have a devastating effect on wildlife, and litter the land and waterways."

Steven Bates, executive director of market operations for the Pleasantville Farmers Market, said everyone can make a difference.

"When you join fellow shoppers in remembering to use reusable bags you are collectively effecting change – reducing pollution, protecting wildlife, reducing use of trees for paper bags and lessening the prevalence of plastic particles in our food chain," Bates said.

When patrons shop at the market, they directly support food producers which, when combined with the efforts of other shoppers, retains regional farms, lowers the carbon footprint and encourages the growth of foods that are unique, delicious and grown in the spirit of environmental stewardship.

Pleasantville Recycles members were at the market last Saturday to help raise awareness of the Pleasantville Carryout Bag Ordinance. They will have free reusable bags to share as well as tips on how to remember to



Nancy and Jim Manchisi and their son with their Pleasantville Farmers Market reusable bag. Starting this Saturday, the market will begin charging patrons for each single-use plastic bag and paper shopping bag.

bring them with you when you shop.

Phelps Hospital Northwell Health sponsors all health and sustainability programs at the market. They will be providing free reusable shopping bags for volunteers to hand out on Feb. 2.

If anyone wants to buy a reusable bag, visit the Manager's Table. There will be convenient, sturdy shopping bags made from 100 percent recycled plastic available every week. The market will also be setting up a donation bin where shoppers can donate clean reusable bags they're not using, so other shoppers may pick one up for free.

The Pleasantville Farmers Market is open every Saturday inside Pleasantville Middle School, located at 40 Romer Ave., through March. The outdoor market at Memorial Plaza returns on Saturday, Apr. 6.

For more information about the Pleasantville Farmers Market, visit [www.pleasantvillefarmersmarket.org](http://www.pleasantvillefarmersmarket.org).

# Local Singer-Songwriter Overcomes Hurdles to Realize Music Career

By Anna Young

Tarrytown musician Greg Jacquin has faced hardships throughout his life, but the successful release of his debut album last year ignited his determination to pursue a career in music.

Jacquin is due to release his second album, "Clocks Slow Down," on Feb. 15, nearly one year following his debut album "Hudson River." The new 11-track recording is an emotionally-driven commentary on pain, suffering, rebuilding and self-discovery, with a dash of politic satire and humor.

"I've been playing a lot of songs and exploring feelings and working through a lot of things," Jacquin said. "The last 15 years of my life have been pretty deep emotionally, so I wasn't writing about that specifically; I was writing about life experiences."

Growing up in a musical family, it was only natural that the indie-folk singer gravitated to the guitar and started writing songs at an early age with his best friend and cousin. Consumed by music, Jacquin took lessons and expanded his talents, performing shows in Sleepy Hollow and Tarrytown with his teen band during school functions.

While Jacquin was determined to play professionally, he put his dream on hold when raising a family became top



Greg Jacquin, a former police officer, beat back depression and anxiety to embark on a career as a singer-songwriter.

priority. Jacquin joined the Ossining Police Department but was forced to retire after several years following a job-related injury. His injury and loss of a career left him battling depression and anxiety, so Jacquin turned to music as a form of therapy.

"It's just a real struggle when you're depressed to get out and to do stuff," Jacquin said. "I had to force myself to get

back out there."

After reemerging on the cover band scene, Jacquin, 49, started playing gigs with several songwriters and musicians who inspired him to make his first album.

Jacquin's empowering debut album featured heavy instrumental songs that showcased his appreciation for the aesthetics of his hometown, but he also pulled from personal experience and the political climate to create his latest work.

"I'm starting to take a lighter approach and have more fun with the music," Jacquin said, citing one track titled after comedian and actor Jim Carrey. "The songs on my first album I had 10 years to sit on. These songs I wrote in the months, weeks and days following my first album."

While Jacquin enlisted an impressive crew of local musicians for the album, including Andrew Bordeaux on violin and guitar and Jim Keyes on organ and electric piano, Jacquin said his sound was elevated when he asked Pleasantville singer-songwriter Sarah Browne to provide background vocals and sing a duet with him on one track.

"Her voice is beautiful," Jacquin said. "Her voice just complemented mine."

"I am always really eager to try different things and collaborate with other people and be open to new experiences," Browne said. "It was such a collaborative

environment. I felt so inspired and it was a lot of fun to be in that creative environment."

Jacquin is eager to celebrate his album release next month at Rockwood Music Hall in New York City; however, he's stepping outside his comfort zone and leaving New York to embark on his first-ever tour in March. The two-month sojourn will take Jacquin to pubs, restaurants and bars in New York City, Maryland, Pennsylvania, Washington, D.C., Virginia, North Carolina and Georgia.

"If I hadn't had kids when I had kids in my life, I would have been on tour, but I decided to stay to be there for them," Jacquin said. "But now that they're old enough, I'm just going to do it finally and hit the road."

Despite his initial nerves, Jacquin said he doesn't want his depression holding him back from sharing his passion and hard work with people. He said he's excited to hit the road and perform his music for a new set of fans and hopefully gain more exposure outside the Hudson Valley.

"This is something I have passion in and believe in," Jacquin said. "At this point, I have a product that I need to sell to people and if I'm not playing then what the hell am I doing?"

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# Happenings

*We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Martin Wilbur at [mwilbur@theexaminernews.com](mailto:mwilbur@theexaminernews.com).*

## Tuesday, Jan. 29

**Drop in Puzzle Day.** Celebrate National Puzzle Day and have some fun with puzzles of all kinds. try one of the library's puzzles or bring in your own. Crossword and other word games for reading will also be available. For children seven years old and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 3 to 5 p.m. Free. Info: 914-666-8041 or [www.mountkiscoliberalry.org](http://www.mountkiscoliberalry.org).

**Drop in for Tech Help.** Receive help with any of your technology devices. PC, Google and Microsoft savvy volunteers will help with troubleshooting, downloading, Overdrive, Freegal, Hoopla or any other online service. First-come, first-served. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 3 to 4:30 p.m. Free. Every Tuesday. Info: 914-666-8041 or [www.mountkiscoliberalry.org](http://www.mountkiscoliberalry.org).

**Reading With Tobie and Karen.** A program for school-age children. Tobie and Karen are with The Good Dog Foundation. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 p.m. Free. Every Tuesday. Info: 914-273-3887 or [www.northcastlelibrary.org](http://www.northcastlelibrary.org).

**English Conversations.** For speakers of other languages seeking to improve their English. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Every Tuesday. Info: 914-666-8041 or [www.mountkiscoliberalry.org](http://www.mountkiscoliberalry.org).

**Italian Language and Culture.** Mara De Matteo, born and raised in Italy and passionate about her native language, combines lively conversation with grammatical instruction in her classes. She creates interactive lessons on the richness of Italian culture, past and present. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6:30 p.m. Every Tuesday. Info: 914-273-3887 or

**Getting to Know the Basics: The Essentials to Better Understanding Your Finances and Taxes.** During this financial workshop, you'll learn more about the importance of goal setting and financial planning; the basics of budgeting, managing debt and credit, investing and saving; good habits for the future; how the new tax law will affect you and your business; how to manage taxes on retirement and stock accounts; and the best way to structure a business and gifting. Sponsored and presented by Ameriprise Financial Services, Inc. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 7 to 8:30 p.m. Free. Registration required. Info and registration: Contact Brian Schmidt at 203-302-6733.

**Legendary Tuesday Night Jam.** This jam has fostered many great musicians over the years. Some have gone on to tour, win Grammy Awards and achieve celebrity status. You never know who you'll hear.

Come on down, play or listen, dance, drink and enjoy. All levels of musical talent are welcome. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 8 p.m. No cover charge. Every Tuesday. Info: 914-747-4740.

## Wednesday, Jan. 30

**Zumba Fitness.** Achieve long-term benefits while having a blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life. For all fitness levels. Dance Emotions, 75 S. Greeley Ave., Chappaqua. 9 a.m. Every Monday and Wednesday at 9 a.m. and Saturdays at 10 a.m. Drop in or weekly discount rates available. Info: Contact Peggy at 914-960-4097.

**Baby Time.** A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10 to 10:30 a.m. Free. Every Monday and Wednesday. Info: 914-769-0548 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**New Mommy and Daddy Meet-Up.** Whether it's your first child or your fifth, this is a great way to get out of the house, meet new friends and enjoy time with your baby. World Cup Nursery School, 160 Hunts Lane, Chappaqua. 10:25 to 11:10 a.m. Free. Every Wednesday. Info: 914-238-9267 ext. 20.

**Toddler Storytime.** Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10:30 to 11 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Senior Benefits Information Center.** Counselors offer older adults one-on-one counseling covering a broad range of topics including Medicare health and prescription plans, food stamps, HEAP, EPIC, weatherization, minor home repair and tax relief programs. Mount Kisco Public Library, 100 Main St., Mount Kisco. 10:30 a.m. to 1:30 p.m. Free. Every Wednesday. Info: 914-231-3260.

**Preschool Storytime.** This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 11 to 11:30 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Bilingual Storytime.** Sing songs and

read picture books in English and Spanish. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Wednesday. Info: Visit 914-666-8041 or [www.mountkiscoliberalry.org](http://www.mountkiscoliberalry.org).

**Affordable Care Act Navigator.** A trained navigator provided by the county Department of Health will be available to help people with choosing and signing up for health insurance under the Affordable Care Act and the state health marketplace. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 2:30 to 7 p.m. Free. Every Wednesday. Also Thursdays from 1 to 6 p.m. and Saturdays from 10 a.m. to 2 p.m. Appointment required. Info and appointment for Wednesday sessions: 914-336-6026. Info and appointment for Thursday and Saturday sessions: 914-813-5192.

**Science Lab.** Become junior scientists and learn about different science topics through stories, crafts and experiments. There's a new topic every week. For children four to six years old. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 to 5 p.m. Free. Every Wednesday. Info: 914-273-3887 or [www.northcastlelibrary.org](http://www.northcastlelibrary.org).

**Knitting at the Library.** Knitters and crocheters of all skill levels. For ages 10 and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 5:30 p.m. Free. Every Wednesday. Info: 914-864-8041 or [www.mountkiscoliberalry.org](http://www.mountkiscoliberalry.org).

**Ben's Chess Classes.** Learn to play or improve your game with Ben, a North Salem resident and ninth-grader, at a series of classes. Open to grades K-5 with a USCF under 900. Ruth Keeler Memorial Library, 276 Titicus Rd., North Salem. 5 to 6 p.m. Free. Wednesdays through Feb. 27 (except Feb. 6). Registration required. Info and registration: 914-669-5161.

**Art Series: Edward Hopper and Robert Indiana.** Known for his iconic images of America, Hopper was a tremendously talented realist who was skilled in oils, watercolors and printmaking. American-born Indiana, the creator of the iconic LOVE poster, stamp and sculpture, was an American pop art icon himself. Discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or [www.northcastlelibrary.org](http://www.northcastlelibrary.org).

**Wing Nite: For Men Only.** Open to men that have a spouse or partner going through breast, ovarian or gynecological cancer. Come and relax for a night out with the guys and meet other men who know what it's like to have a spouse or partner living with breast, ovarian or gynecological cancer. Travelers Rest, 25 Saw Mill River Rd., Ossining. 7 to 9 p.m. Free. Pre-registration required. Info and pre-registration: 914-962-6402 or 800-532-4290

## Thursday, Jan. 31

**Baby Time.** A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10 to 10:30 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Knitting Circle.** This group is open to everyone who has an interest in knitting. Live, love, laugh, learn and have fun together during these creative journeys. Come share patterns and ideas and celebrate creative spirits together while enjoying the ancient art of knitting. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 10 a.m. to 12:30 p.m. Free. Every Monday and Thursday (except Feb. 18). Info: 914-273-3887.

**Toddler Storytime.** Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10:30 to 11 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Storytime.** For children 18 months to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Thursday. Info: Visit 914-666-8041 or [www.mountkiscoliberalry.org](http://www.mountkiscoliberalry.org).

**Mahjongg Club.** Intermediate players welcome. Participants must bring their own set. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 p.m. Free. Every Thursday. Info: 914-666-8041 or [www.mountkiscoliberalry.org](http://www.mountkiscoliberalry.org).

**NT Live: "I'm Not Running."** An explosive new play by David Hare, who excels at writing political dramas loosely based on real events. Pauline Gibson (Sian Brooke) is a doctor who finds herself pulled into politics. When she crosses paths with her old boyfriend, a stalwart Labour Party loyalist, she's faced with an agonizing decision. The play ultimately asks if it's possible to stay true to one's moral beliefs and still make a difference. Broadcast live from London's National Theatre. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 2 p.m. Members: \$25. Non-members: \$35. Info and tickets: Visit [www.burnsfilmcenter.org](http://www.burnsfilmcenter.org).

**Pre-K Storytime With Craft.** Stories, songs and a take-home craft. For children three to five years old. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 to 4:30 p.m. Free. Every Thursday. Info: 914-273-3887 or [www.northcastlelibrary.org](http://www.northcastlelibrary.org).

**Read to Rover.** Dogs love listening to

*continued on page 24*

# W'chester Libraries Launch Online Tutoring and Test Prep Service

The Westchester Library System (WLS) launched a new program last week that offers students of all ages live, one-to-one help from professional tutors online.

Any Westchester resident with a library card can access Tutor.com's Learning Suite from any computer or mobile device connected to the Internet.

The Tutor.com Learning Suite, a service of The Princeton Review, combines on-demand, real-time tutoring with several self-study tools to create a robust, personalized learning or job search experience. The live, online tutoring and job search support is available seven days a week from 3 to 10 p.m. Many other features such as The Princeton Review's SAT/ACT Essentials Test Prep are available 24/7.

Students of all ages and job seekers can find the help they need with Tutor.com. The program includes:

- **Academic Tutoring.** Students from kindergarten through their sophomore year in college and adult learners can get help with homework, test preparation, skills and concepts they are learning in class as well as Advanced Placement® test preparation and college entrance exams. Subjects include math, science, English, Spanish, social studies, ACT®/SAT®, GED®/HiSET®, Microsoft® Office and writing.

- **Drop-Off Reviews.** Students or adults working on essays, book reports, short stories, college/scholarship application essays, résumés and cover letters or tough math problems can drop off their document or problem for an overnight review to receive detailed guidance and explanations.

- **SAT/ACT Essentials from The Princeton Review.** Use The Princeton Review's self-study modules to help prepare for the SAT or ACT.

- **Practice Quizzes.** Students preparing for an end-of-chapter test, a final exam

or standardized test can use Tutor.com's Practice Quizzes to assess their knowledge on more than 100 areas in math, science and social studies.

- **Study Resources.** The Tutor.com SkillsCenter Resource Library provides 24/7 access to thousands of educationally sound resources. Students can watch instructional videos, download practice worksheets, customize their own flashcards for studying and get test-taking tips and much more. Job seekers have access to résumé templates, job search websites

and career advice.

- **Job Search Assistance.** Work one-to-one with professional job search coaches in a supportive and encouraging environment for help with job searches, online applications, resume writing, interview preparation and much more. This service is easy to use and coaches are experienced in working with job seekers at all levels.

To access Tutor.com, visit [www.tutor.com/westchester](http://www.tutor.com/westchester) or your local Westchester library website.

## New Castle GOP Considering Candidates for Town Board Election

The New Castle Republican Committee cemented its commitment to ensuring good local government, civility and viewpoint tolerance for town residents by announcing that it will once again consider all residents – Democrats, Republicans and unaffiliated – to run on the Republican line in November's elections.

With recent New York State legislative changes to consolidate the primary calendar with the primary date for federal candidates, the time for this year's selection of town government candidates is now. Petitions for town government candidates are set to be circulated on Feb.

26, significantly earlier than in past years.

For those New Castle residents committed to putting good government, civility and New Castle above party, the time to get off the sidelines and get involved is now.

"We have worked very hard over the past several election cycles to field and successfully elect candidates for Team New Castle, candidates who, regardless of party, put local interests and civility above machine politics," said town Republican Committee Chairman Warren Gottlieb. "The divisive, toxic national political climate in the wake of the 2016 election cycle has not spared our hamlet, and we

are committed to ensuring that it does not interfere with the importance of local government. Continuing to reach across the aisle to our friends and neighbors is simply the right thing to do for the town as a whole."

The committee has already received expressions of interest from a number of candidates for November and plans on beginning the interview process shortly. New Castle residents interested in serving the town as a candidate on the Republican line, contact Warren Gottlieb at [warrengottlieb@gmail.com](mailto:warrengottlieb@gmail.com) or Judy McGrath at [judy.mcgrath1@gmail.com](mailto:judy.mcgrath1@gmail.com).

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## LEGAL NOTICES

**Articles of Organization (DOM-PROF. LLC).** Erica O'Connor PT PLLC filed with the Secy. of State of NY (SSNY) 11/6/18. Office loc.: Westchester County. SSNY is designated as agent of DOM-PROF.LLC upon whom process against it may be served. The address SSNY shall mail copy of process to c/o **Schecter, 153 W. Main St., Mount Kisco, NY 10549. Purpose: The practice of Physical Therapy.**

**NOTICE OF FORMATION OF EATON TAX SERVICE LLC.** Articles of Organization filed with the SSNY on 01/02/2019. Office: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to **Eaton Tax Service**

LLC, 142 Mt Joy Pl, New Rochelle, NY 10801. Purpose: Any lawful purpose.

**The name of the LLC is Goodbear Holdings LLC.** The Articles of Organization of the LLC were filed with the NY Secretary of State on December 20, 2018. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Westchester County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is **c/o 25 Bank St. Apt 214K, White Plains, New York 10606.**

**The name of the LLC is Goodbear Property LLC.** The Articles of Organization of the LLC were filed with the NY Secretary of State on December 20, 2018. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Westchester County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is **c/o 25 Bank St. Apt 214K, White Plains, New York 10606.**

**DB PRINTING & PROMOTIONAL PRODUCTS LLC,** Arts. Of Org. filed with SSNY 9/26/2018. Office loc: Westchester County. SSNY has been designated as agent upon whom process against LLC may be served. SSNY shall mail process to: LLC: **United States Corporation Agents, Inc., 7014 13th Avenue, Suite 202, Brooklyn, NY 11228. Purpose: Any lawful purpose.**

**NOTICE OF FORMATION OF CASA CORDOVA, LLC.** Arts. of Org. filed with SSNY on 1/16/19. Office location: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to **1251 Wilson Road, Yorktown Heights, NY 10598. Purpose: any lawful act or activity.**

**COMMUNITY MEETING FOR HOPPER STREET RESIDENTS THE BOARD OF TRUSTEES OF THE VILLAGE OF PLEASANTVILLE, NEW YORK** will hold a community meeting with the residents of Hopper Street on Wednesday, February 6, 2019 at 7:00pm, prevailing time at the Village of Pleasantville Recreation Department, 48 Marble Avenue, Pleasantville, N.Y. for the purpose of hearing comments and discussion on topics related to Hopper Street. **RSVP for the meeting and/or questions to Noreen Regan (914) 769-1975 or via email villageclerk@pleasantville-ny.gov. Noreen Regan, Deputy Village Clerk, Village of Pleasantville**

*continued on next page*



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# P'ville Fundraiser Looks to Break the Hold of Mental Illness

By Anna Young

This Saturday night you can dance your way to raise awareness about mental illness as the Break the Hold Foundation holds its inaugural Raise the Volume benefit at Club Infinity in Pleasantville.

As youngsters attempt to navigate the emotional turmoil of growing up, the Break the Hold Foundation is working with Pleasantville High School administrators to establish a comprehensive mental health high school curriculum. Proceeds from the foundation's benefit will support plans to design, develop and staff a breakthrough program that can become the standard for schools throughout the state and potentially across the country.

Brian Halloran, the foundation's co-founder, said he is focused on increasing conversation surrounding mental health in the community, so students and adults feel comfortable discussing emotional wellness and seeking help when needed.

"Mental health has always been an important and difficult issue, but the increase in teen suicide is adding a devastatingly sharp edge to that pain," Halloran said. "We are dedicated to arming parents, schools and teens with the proper tools and knowledge to better understand the importance of mental health and the importance of fostering an open dialogue around depression."

Halloran, and his wife Jolina, established their foundation after their 19-year-old son, Brian, took his own life at the University of South Carolina last Jan. 23. Since then, the Hallorans have been devoted to honoring their late son by educating the community on mental illness and advocating for those who suffer.

While state lawmakers required all schools last year to implement a mental health curriculum, Halloran said the mandate lacked direction and funding. When the Pleasantville School District wanted to establish a social and emotional learning curriculum for its high school students last September, the couple stepped up to ensure students received extra care.

Break the Hold sponsored a Dialectical Behavior Therapy Skills Training for Emotional Problem Solving for Adolescents (DBT STEPS-A) instructor for the high school, offering 16 sessions for freshman and sponsored teacher training at the Yale Center for Emotional Intelligence in New Haven, Conn.

DBT STEPS-A is a universal curriculum centered on helping youngsters during the tumultuous and often pressure-packed high school years. The curriculum teaches skills for emotion management, relationship building and decision making, with an emphasis on teaching practical skills in a classroom.



The Break the Hold Foundation, which formed last year in Pleasantville and held an early morning walk last June to raise money for mental health programs, will be hosting a dinner and dancing benefit this Saturday night. Proceeds go toward a new program at Pleasantville High School.

Halloran said the curriculum builds coping skills to better manage emotional volatility, interaction skills and mindfulness.

In addition to implementing a classroom curriculum, Break the Hold plans to develop a Parent Dialectical Behavior therapy program and a comprehensive 360-degree emotional wellness program that will include school faculty, parents, youth officers and community leaders.

While the Hallorans are focused on expanding mental health awareness into the Pleasantville classroom, they're hoping their reach can reduce the stigma of mental

illness. They also want to improve how other communities and school districts handle the topic to prevent families from experiencing the loss they've had to endure.

"This affects many, many families and it's important we get these skills out to the kids and get more instruction out to parents," Halloran said. "We're trying to develop a curriculum that can serve as a model for other communities. The benefit is increasing communication, increasing the commonplace nature of the verbiage and making it okay to talk about emotional wellness issues."

With Break the Hold hosting fundraisers, forums and other events last year, Halloran said this Saturday's fundraiser will be fun and upbeat. The event will include music, dinner, an open bar, silent auction and a motivational speaker. Attendees should wear business casual or party attire.

"We want to increase the volume of conversation and make it okay to discuss mental health conditions," Halloran said.

Break the Hold's Raise the Volume benefit will be held this Saturday, Feb. 2 from 7 to 11 p.m. at Club Infinity, located at 404 Irvington St. in Pleasantville. Tickets for young adults (21 to 25 years old) are \$75 and adults (26 and older) are \$125.

To purchase tickets or donate, visit [www.breakthehold.eventbrite.com](http://www.breakthehold.eventbrite.com).

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*continued from previous page*

**NOTICE OF SALE SUPREME COURT OF THE STATE OF NEW YORK: COUNTY OF WESTCHESTER. CONQUISTADOR JY L.P., Pltf v. F & B FUEL OIL CO., INC. et al., Defs.** Index No. 64165/2017, pursuant to the Judgment of Foreclosure and Sale dated November 26, 2018 and entered on January 15, 2019, I will sell at public auction at the Westchester County Courthouse, 111 Dr. Martin Luther King Jr. Blvd, White Plains, New York 10601, on February 26, 2019 at 10:00 a.m., prem. k/a 12 a/k/a 10 Ludlow Street, Yonkers, N.Y. 10705 (Section 1, Block 161, Lot 9) Approx. amt of judgment is \$427,401.90 plus costs, attorneys' fees and interest. Sold subject to terms and conditions of filed judgment and terms of sale. Barbara Lerman, Esq., Referee. JACOBOWITZ NEWMAN TVERSKY, LLP, Attys. for Plaintiff, 377 Pearsall Ave., Ste C, Cedarhurst, NY.

**TOWN OF PUTNAM VALLEY** February 6, 2019 Pre-Meeting is cancelled. Next meeting is February, 13th Work Session.

**PLEASE TAKE NOTICE** that the tax year 2020 Tentative Assessment Roll will be filed February 1, 2019 with the Village Clerk, 80 Wheeler Avenue, Pleasantville, New York, where it may be seen and examined by any person at all times during business hours (8:00am-4:00pm). The

Board of Trustees and the Assessor will meet for the purpose of completing such assessment roll and of hearing and determining grievances in relations thereto by any person(s) conceiving himself aggrieved thereby on Tuesday February 19, 2019, between the hours of 6:00pm to 9:00pm, at the Clinton Street Senior Center, 1A Clinton Street, Pleasantville, New York. The last filing date is February 19, 2019. **Village of Pleasantville, Pleasantville, New York 10570 Noreen Regan, Deputy Village Clerk**

**NOTICE IS HEREBY GIVEN THAT A LICENSE, NUMBER 1314249** for beer, wine, and cider has been applied for by Italicorp LLC DBA The Pizza Shop to sell beer, wine, and cider at retail in a restaurant under the Alcoholic Beverage Control Law at The Pizza Shop, 9 Mill Road, Eastchester New York, 10709, for on premises consumption. **Italicorp LLC DBA The Pizza Shop**

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# Happenings

*continued from page 20*

stories. Come meet Rover and read your favorite story. For children five years old and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 5 to 6 p.m. Free. Every Thursday. Info: 914-666-8041 or [www.mountkiscopubliclibrary.org](http://www.mountkiscopubliclibrary.org).

**Hoff-Barthelson Music School's Summer Arts Program Open House.** Attend an open house and meet Program Director Joe Piscitelli and faculty; learn about the many facets of the program; enjoy students in performance; participate in a demonstration class to experience the fun first hand; and meet and mingle with students and parents. Attendees can also take advantage of a special registration discount. For students in grades 1-10. Hoff-Barthelson Music School, 25 School Lane, Scarsdale. 7 to 9 p.m. Free. Snow date: Feb. 7. Info: 914-723-1169, visit [www.hbms.org](http://www.hbms.org) or e-mail [summerarts@hbms.org](mailto:summerarts@hbms.org).

**Westchester Chordsmen Chorus Concert.** The Chordsmen, a renowned Westchester-based a cappella group, enjoy spreading the joy and fun of singing show tunes, doo-wop, traditional, gospel and contemporary songs sung in the barbershop style of four-part harmony. Following a successful holiday concert in Ossining in December, the group will perform "The Westchester Chordsmen: Welcome to the Neighborhood" at this concert. Emelin Theater, 153 Library Lane, Mamaroneck. 7:30 p.m. Tickets start at \$20. Info and tickets: 914-698-0098 or [www.emelin.org](http://www.emelin.org).

## Friday, Feb. 1

**ZUMBA® With Amy.** Fun cardio dance fitness workout, low-impact approach, easy learning environment. This feel-good workout is exercise in disguise. Free trial class available. Addie-Tude Dance Center, 42 Memorial Plaza, lower level, Pleasantville. 11 a.m. to noon. \$14 drop-in fee. Every Friday. Also Tuesdays from 10 to 11 a.m. Walk-ins welcome. Info: Call or text the instructor at 914-643-6162 or visit [www.amyolin.zumba.com](http://www.amyolin.zumba.com).

**46th Annual Art Show: Bedford.** A blend of contemporary and traditional artwork in all media. Proceeds benefit local charities throughout Westchester. Show judges are Michel Gitlitz, executive director, Katonah Museum of Art, and Peter MacGill of the Pace/MacGill Gallery in Manhattan. St. Matthew's Church Fellowship Hall, 382 Cantitoe St., Bedford. 11 a.m. to 5 p.m. Free admission. Also Feb. 2 and 3. Info: Visit [www.artshowbedford.org](http://www.artshowbedford.org).

**Explore Osmo.** Children explore, learn, create and interact with digital games in a whole new way. For children in grades 3-5. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 to 4:30 p.m. Free. Every Friday. Info: 914-273-3887 or [www.northcastlelibrary.org](http://www.northcastlelibrary.org).

**Opening Reception for "Je T'Aime."** ("I

Love You") A solo exhibit of paintings by American artist Linda Touby, which debuts her latest series of paintings. Never before exhibited, these deeply evocative works mark an abrupt shift in Touby's artistic expression, whose visual vocabulary, primarily grounded in tenets of 20th century abstraction, has evolved subtly and continually over a 30-plus-year career. "Je T'Aime has erupted from a source much closer to home and expresses pure emotion, not intellectual interpretation. Touby is scheduled to be in attendance. Madelyn Jordon Fine Art, 37 Popham Rd., Scarsdale. 6 to 8 p.m. Free. Exhibit continues through Mar. 16. Gallery hours are Tuesday through Saturday 10 a.m. to 5:30 p.m. Info: 914-723-8738 or visit [www.madelynjordonfineart.com](http://www.madelynjordonfineart.com).

**Films Directed By Women: "The Beguiled."** Post-screening discussion led by Carol Wertheim. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 7 p.m. Free. Info: 914-238-4779 or [www.chappaqualibrary.org](http://www.chappaqualibrary.org).

**Friday Night Film Series: "Sour Grapes."** This 2016 documentary follows Rudy Kurniawan, one of the most notorious wine fraud perpetrators in modern day history. His con on the fine wine market bilked investors and wine lovers out of millions of dollars. Post-screening discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or [www.northcastlelibrary.org](http://www.northcastlelibrary.org).

**Country Line Dance.** Dancing followed by a complete dinner. All proceeds to go to the scholarship fund at Fox Lane High School and New York Boys' State. Moses Taylor American Legion Post 136, 1 Legion Way, Mount Kisco. 7 to 11 p.m. \$15 per person. First Friday of every month. Info: 914-241-0136.

**Lucy's Laugh Lounge: Tommy Gooch.** Gooch returns to headline an exciting night of comedy. Samantha Bednarz hosts with James Crowley and Shauna Lane. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 7:30 p.m. \$20. Info and advance tickets: Visit [www.lucyslaughs.com](http://www.lucyslaughs.com). Type in the promo code Examiner at the prompt when buying tickets online.

**"Rent."** The Random Farms Kids' Theater will present this play written by Jonathan Larson about how these young bohemians negotiate their dreams, loves and conflicts, providing the narrative thread to this groundbreaking musical. More than 50 local teens will perform in four different casts in eight shows over two weekends. Tarrytown Music Hall, 13 Main St., Tarrytown. 8 p.m. \$20. Premium seating: \$25. Also Feb. 2, 3, 9 and 10 at 2 and 8 p.m. and Feb. 8 at 8 p.m. Info and tickets: Visit [www.randomfarms.com](http://www.randomfarms.com). Tickets will also be available at the door.

**"Dancing Lessons."** Arc Stages

presents its next production, written by Mark St. Germain. The story centers on Ever, a young professor with Asperger's syndrome, who seeks the instruction of a dancer to learn enough about dancing to survive an awards dinner. Senga, the dancer, is recovering from an injury that may end her dancing career. As their relationship unfolds, they're both caught off-guard by the discoveries – hilarious and heartwarming – that they make about each other and themselves. Arc Stages, 147 Wheeler Ave., Pleasantville. 8 p.m. Also, Feb. 2, 8, 9, 15 and 16 at 8 p.m. and Feb. 10 at 2 p.m. \$36. Seniors and students: \$28. Info and tickets. 914-747-6206 or visit [www.arcstages.org](http://www.arcstages.org).

## Saturday, Feb. 2

**Pleasantville Farmers Market.** Experience the largest, year-round farmers market in Westchester, voted "Best of Westchester" from 2014 to 2018. With nearly 40 vendors participating in the Indoor Market, the delicious good time continues each week. The farmers market is a dog-free environment. There will be seasonal vendors throughout December. Pleasantville Middle School cafeteria, 40 Romer Ave., Pleasantville. 8:30 a.m. to 1 p.m. Saturdays through Mar. 30. Info: Visit [www.pleasantvillefarmersmarket.org](http://www.pleasantvillefarmersmarket.org).

**Chappaqua Farmers Market.** Locally-raised and produced food to the community creating a connection between shoppers and small-scale food producers in the region. First Congregational Church of Chappaqua, 210 Orchard Ridge Rd., Chappaqua. 9 a.m. to 1 p.m. First and third Saturdays of each month through March. Info: Visit [www.chappaquafarmersmarket.org](http://www.chappaquafarmersmarket.org).

**City of Science.** A larger-than-life, touring event where the wondrous properties of science, technology, engineering and math collide. The day is jam-packed with interactive demonstrations, enormous exhibitions and hands-on activities. Children can launch objects 20 feet in the air with a seismic accelerator, walk on water, create an orbiting universe at the Warped Space Gravity Simulator, explore mind-bending challenges and puzzles, bring Newton's Third Law to life with a tug-of-war on wheels and much more. County Center, 198 Central Ave., White Plains. 10 a.m. to 4 p.m. Free. RSVP required. Info: visit [www.worldsciencefestival.com/education/city-of-science](http://www.worldsciencefestival.com/education/city-of-science). RSVP: Visit [www.eventbrite.com/e/city-of-science-westchester-tickets-53744942570?aff=erelexpmlt](http://www.eventbrite.com/e/city-of-science-westchester-tickets-53744942570?aff=erelexpmlt).

**Practice Tai Chi With Larry Atille.** Learn specific feldenkrais and chi kung breathing techniques for deep relaxation and apply them to tai chi movement. This is a hands-on class that will be geared to the level of experience of the class and challenge all participants. Wear

comfortable clothes and bring a floor mat or towel. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 10:30 a.m. Free. Every Saturday. Info: 914-273-3887.

**Winter Wolves.** Winter offers families a unique opportunity to visit the wolves during their favorite time of year. Learn about the mythology, biology and ecology of wolf families and discover why this season is such a magical time for packs in North America. Whether the wolves are living on the Arctic tundra or the woodlands of the southwest, wolf families are out searching for prey as their maturing pups experience their first winter season. Guests will visit ambassador wolves Alawa, Nikai and Zephyr and potentially behold the critically endangered red wolves and Mexican gray wolves. Guests will enjoy hot beverages in the woodstove-heated classroom. Dress for cold weather. Wolf Conservation Center, South Salem. 11 a.m. Adults: \$15. Children (under 12): \$12. Also Feb. 16, 18, 23 and 24 at 11 a.m. and Feb. 3 and 17 at 2 p.m. Pre-registration required. Info and pre-registration: Visit [www.nywolf.org](http://www.nywolf.org).

**Children's Entertainer Graham Clarke.** Popular singer and children's entertainer Graham Clarke will perform songs for children two to seven years old and their families. There will be fun and laughter for everyone! Graham has released six albums and has been bringing his zaniness and his love for classic rock 'n' roll to children in the tristate area for more than 20 years. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 11 to 11:45 a.m. Free. Info: 914-769-0548 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Open Art Studio.** All supplies are provided to create your own artwork. For children four years old and up; with parent or caregiver. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11 a.m. to 1 p.m. Free. First Saturday of every month. Info: 914-666-8041 or [www.mountkiscopubliclibrary.org](http://www.mountkiscopubliclibrary.org).

**Adult Salsa Class.** Addie-Tude Performing Arts Center, 42 Memorial Plaza (lower level), Pleasantville. 11:30 a.m. to 12:30 p.m. Free. \$12. Every Saturday. Info: 917-215-1720 or visit [www.addie-tude.com](http://www.addie-tude.com). Call or visit website because classes are subject to change.

**Origami.** Join Westchester Origami Workers, a regional group of Origami, USA to share models and techniques. Open to all adults. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 to 3 p.m. Free. First Saturday of every month. Info: 914-666-8041 or [www.mountkiscopubliclibrary.org](http://www.mountkiscopubliclibrary.org).

**Winter Wolves for Kids.** This is the best introduction to wolves for families with young children. Children will learn about the mythology surrounding wolves and the important role of wolves in the natural

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# The Holy Season: Parades, Plays and Plenty More

We are around the corner from spring, and the advent of what is called in some circles "The Holy Season." The coming months offer no dearth of cultural choices for readers to sink their teeth into.

From Jan. 30 until May 25, the Irish Repertory Theatre (<https://irishrep.org>) is staging "The Sean O'Casey Season." The production, billed as "a comprehensive retrospective of the work of renowned Irish playwright Sean O'Casey," focuses on O'Casey's renowned "Dublin Trilogy" – "The Shadow of a Gunman" (1923), "Juno and the Paycock" (1924) and "The Plough and the Stars" in 1926. Involved in the production is O'Casey's daughter, Shivaun O'Casey. All three plays will run until May 25. 'Shadow' starts off on Jan 30, followed by 'Juno' on Mar. 9. 'Plough' graces the stage on Apr. 20.

O'Casey, Irish playwright and dedicated socialist, is one of the foremost dramatists Ireland has ever raised, though a few surprises may be in store regarding his background. Born in 1880 in Dublin to a family who might have been dubbed "lace curtain Irish," he was not a member of the downtrodden Irish working classes he so expertly depicts in his plays. Nor did he share their religion, being baptized and raised in the Protestant

Church of Ireland.

One of 13 children, he was only six when his father died, leaving his family in dire straits. By 14, O'Casey was in the work force, and later joined the Irish Republican Brotherhood and the Irish Citizen Army, militant groups that would play a major role in the Easter Rising of 1916.

O'Casey, however, did not play a part. He had found his niche writing. In 1923, the Abbey Theater in Dublin produced his first staged play, "The Shadow of a Gunman." "Juno and the Paycock" and "The Plough and the Stars" soon followed. With its realistic depiction of the seamier sides of Irish life, 'Plough' sparked a riot on its fourth night, after which box office sales blossomed and O'Casey quit his day job to become a full-time writer. He married Irish actress Eileen Carey Reynolds, and the couple had two sons and a daughter.

A prolific writer, O'Casey's next few plays received mixed reviews but consistently drew praise from drama notables, including American playwrights Eugene O'Neill and Sherwood Anderson. But it was for his earlier work that O'Casey is most remembered – and which continues to engage us to this day. He died

in 1964 at 84.

A year later his autobiography, "Mirror in My House," was adapted for film as "Young Cassidy," starring Rod Taylor, Maggie Smith and Julie Christie. Still a popular film, it should surface soon, as it usually does this time of year.

"Chronicles of the Great Irish Famine" plays at the Irish Arts Center Thursday through Sunday, Feb. 7-10.

Crafted by Declan O'Rourke and billed as an "empathic portrait of the forgotten and a vivid musical evocation of Ireland through the incomprehensible hardship of the Great Famine," this epic song cycle features the acclaimed singer-songwriter leading an eight-piece ensemble of top folk, traditional and classical musicians including John Sheahan of the Dubliners, Dermot Byrne of Altan and Caitriona Frost of Celtic Woman. For more information, visit [www.irishartscenter.org](http://www.irishartscenter.org).

The 258th New York City St. Patrick's Day parade – the oldest and currently largest in the world – will step off on Saturday, Mar. 16. The Saint's day is the next day, a Sunday. Grand Marshal this year is Dr. Brian J. O'Dwyer, Esq. of the famous O'Dwyer



By Brian McGowan

clan, County Mayo natives and prominent New Yorkers since the early 1900s. Visit [www.nycstpatriksparade.org](http://www.nycstpatriksparade.org).

On Apr. 6, paying tribute to Scotland, the 21st New York Tartan Day Parade steps off at 1 p.m. at 6th Avenue and 44th Street, with thousands of pipers and other marchers. Visit [www.nyctartanweek.org](http://www.nyctartanweek.org).

A word about my prior column, on "The Ferryman." My submitted headline ("The Troubles - Still Controversial") was changed by editorial staff. My apologies if the published headline seemed at all demeaning to the play, which had much more than just "redeeming features."

Pleasantville resident Brian McGowan was born and raised in the Bronx, in New York City, and is a second, third and fifth-generation Irish-American/Canadian, as his immigrant ancestors followed several paths to the New World. Reach him at [brian.m.mcgowan1952@gmail.com](mailto:brian.m.mcgowan1952@gmail.com), or on Twitter (@Bmcgowan52M). To see more of his writing on "things Irish" follow his blog "Rethinking Irish," at [www.rethinkingirish.com](http://www.rethinkingirish.com).

## Happenings

continued from previous page

world. This is an exciting time for wolves; they're out searching for prey as their growing pups experience their first winter season. Guests will visit ambassador wolves Alawa, Nikai and Zephyr and potentially behold the critically endangered red wolves and Mexican gray wolves. Guests will enjoy hot beverages in the woodstove-heated classroom. Dress for cold weather. Wolf Conservation Center, South Salem. 2 p.m. Adults: \$15. Children (under 12): \$12. Also Feb. 3 and 17 at 11 a.m. and Feb. 23 at 2 p.m. Pre-registration required. Info and pre-registration: Visit [www.nywolf.org](http://www.nywolf.org).

**Jews in Rock-n-Roll: A Talk With Bennett Muraskin.** Jews have been rocking around the clock as DJs, songwriters, producers, managers and performers. Bob Dylan, Carole King, Billy Joel, Paul Simon and many others have helped shape the genre. Muraskin has written many books on subjects such as Jewish folklore, Yiddish literature, biography and Jews in the American labor movement. Coffee, tea and light refreshments will be served. A brief humanist-style Havdalah service will follow the talk. Questions and answers are encouraged. Presented by the Westchester Community for Humanistic Judaism. Community Unitarian Congregation, 468 Rosedale Ave., White Plains. 2:30 p.m.

Members: Free. Non-members: \$10. Info: Contact Charlotte Klein at 914-218-8535 or visit [www.wchj.org](http://www.wchj.org).

**BTH (Break the Hold) Benefit: Raise the Volume.** A benefit to raise money for school and community programs that promote youth emotional wellness. Sponsored by the Mental Health Association of Westchester. Club Infinity, 404 Irvington St., Pleasantville. 7 to 11 p.m. Adults: \$125. Young adults (21-25): \$75. Registration: Visit <https://www.eventbrite.com/e/bth-benefit-raise-the-volume-dinner-dancing-cocktails-tickets-53655774867>. Info: Contact Jolina Halloran at 914-907-7314 or e-mail [bthbreakthehold@gmail.com](mailto:bthbreakthehold@gmail.com).

**The Immigrant Song Concert.** While many immigrants arrive in a new land with just the shirt on their back and a heart filled with hope, their cultural suitcase is heavy, filled with songs and tales from their homeland, the journey often adding a chorus or two. The program presents a veritable musical migration, with a variety of songs focused on the immigrant experience in different ways, from traditional Jewish songs to contemporary artists such as Paul Simon, Sting and Neil Diamond and musicals including "Westside Story." Temple of Israel of New Rochelle, 1000 Pinebrook Boulevard, New Rochelle. 7:30 p.m. Adults: \$36. Seniors

and students: \$18. Children: \$5. Children (under 6): Free. Info and tickets: 914-235-1800 or visit <http://music.tinr.org/>

**DIABOLO: Architecture in Motion.** For 25 years, Artistic Director Jacques Heim and DIAVOLO have defied traditional definitions of dance and gravity. Leaping, flying and falling, this one-of-a-kind contemporary dance company utilizes trust, teamwork and imagination in large, surreal architectural playgrounds to create metaphors of life through dance and movement. Their visceral and awe-inspiring works explore how we are affected emotionally, physically and socially by the spaces we inhabit. As company members navigate massive architectural structures, wowing audiences with explosive movement and gladiator-like strength, they overcome obstacles and display the incredible power of a connected and creative community. Purchase College's PepsiCo Theatre, 735 Anderson Hill Rd., Purchase. 8 p.m. \$30 to \$65. Info and tickets: 914-251-6200 or visit [www.artscenter.org](http://www.artscenter.org).

**Larry Campbell and Teresa Williams in Concert.** In 2015, Campbell and Williams stepped into the spotlight by releasing their eponymous debut. The equally acclaimed "Contraband Love" followed in 2017, which revisits the Americana textures of the duo's debut,

deftly channeling Memphis, Chicago, the Delta and Appalachia with equal assurance. Campbell's world-famous guitar work – scorching here, funky there, stellar always – punctuates the proceedings with riveting emotion, often like a third voice weighing in on a myriad of emotional states. Joining the show is Mark Erelli, winner of the Kerrville New Folk contest and the International Song Contest. Irvington Town Hall Theater, 85 Main St., Irvington. 8 p.m. \$30. Info and tickets: Visit [www.irvingtontheater.com](http://www.irvingtontheater.com).

**"The Thing."** Brave the frigid temperatures and (possible) snow to bask in the glory of John Carpenter's ice cold, sci-fi masterpiece. In remote Antarctica, a group of American research scientists are disturbed at their base camp by a helicopter shooting at a sled dog. When they take in the dog, it brutally attacks humans and canines in the camp and they discover that the beast can assume the shape of its victims. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 10 p.m. Member: \$9. Non-members: \$14. Info and tickets: Visit [www.burnsfilmcenter.org](http://www.burnsfilmcenter.org).

**Sunday, Feb. 3**

**Blood Drive.** The Greenburgh Hebrew Center of Dobbs Ferry is hosting its annual community blood drive. The New York

continued on page 26



# Happenings

continued from page 25

Blood Center provides blood to roughly 200 hospitals in the metropolitan area. All eligible donors, 16 years old and up weighing at least 110 pounds, are welcome to participate. Donors that are 16 require parental permission on a form at [www.nybloodcenter.org](http://www.nybloodcenter.org). Refreshments will be provided after donation. Advance appointment encouraged; walk-ins welcome. Greenburgh Hebrew Center, 515 Broadway, Dobbs Ferry. 8:30 a.m. to 1 p.m. Questions about eligibility: 800-688-0900. Appointments: E-mail [blooddrive@g-h-c.org](mailto:blooddrive@g-h-c.org) or visit [www.nybc.org](http://www.nybc.org). Additional info: 914-693-4260 or e-mail Dr. Andrew Goldstein at [blooddrive@g-h-c.org](mailto:blooddrive@g-h-c.org).

**Stronger Together Solidarity Fair.** In response to the recent attack on Tree of Life Synagogue in Pittsburgh, there is a strong desire to engage the issues of anti-Semitism and other social, racial and economic injustices. This event is to raise awareness, exchange information and foster coalition building, unity and solidarity against all forms of injustice in today's climate. Rabbi Scott Weiner, senior rabbi at Temple Israel of New Rochelle, will moderate a panel with representatives from local, Westchester grassroots organizations, the Hudson Valley Community Coalition and representatives from Planned Parenthood and from HIAS, whose worldwide mission is outreach and services to immigrants and refugees. Panelists will speak on what it means to be in solidarity and work together to achieve justice for all. Temple Israel, 1000 Pinebrook Boulevard, New Rochelle. 9:30 a.m. Panel scheduled at 10:30 a.m. Free. RSVP required. Info and RSVP: 914-235-1800 or e-mail Howard Horowitz at [howardh@horowitzresearch.com](mailto:howardh@horowitzresearch.com) or Yonat Assayag at [yonat.assayag@gmail.com](mailto:yonat.assayag@gmail.com).

**Energy Forum.** Energy expert Karl Rábago will speak about today's energy markets and the electric grid. An executive at government and academic energy and climate programs, Rábago will introduce a film set in a critically warmer world, followed by a presentation on the best sources of renewable electricity. Coffee and light lunch will be served. Sponsored by the Community Unitarian Universalist Congregation's Environmental Practices Group. Community Unitarian Universalist Congregation, 468 Rosedale Ave., White Plains. 11:30 a.m. Free. Info: 914-946-1660, visit [cucwp.org](http://cucwp.org) or e-mail [CUUCevents@gmail.com](mailto:CUUCevents@gmail.com).

**Camp Fair.** Parents and children of all ages are invited to attend the Shames Jewish Community Center's first camp fair with a flair. More than 25 local day camps, sleepaway, special needs and Jewish camps will be on hand. Each camp will have a booth and has planned a special activity. Also includes a panel discussion for parents with camping experts on how to make

the camp experience most beneficial for your child. Shames JCC, 371 S. Broadway, Tarrytown. 1 to 3 p.m. Free. Registration required. Info: Visit [www.shamesjcc.org](http://www.shamesjcc.org). Registration: 914-366-7898.

**Lunar New Year Celebration.** A celebration of the Chinese New Year for children. A red envelope giveaway for the first 100 children, followed by a performance of a lion dance and traditional Chinese dances and storytelling, hands-on activities and games and a tea ceremony to honor the elders. Chappaqua Performing Arts Center, 480 Bedford Rd., Chappaqua. 1:30 to 4 p.m. Free. Registration required. Info: 914-238-4779, [www.chappaqualibrary.org](http://www.chappaqualibrary.org). or e-mail [chadkids@gmail.com](mailto:chadkids@gmail.com). Registration: Visit <https://www.eventbrite.com/e/lunar-new-year-celebrationall-ages-feb-3-registration-53968329727>

**21+ Book Group.** "The Screwtape Letters" by C.S. Lewis will be discussed. Copies of the book will be available at the circulation desk. New members welcome. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 2:30 to 3:45 p.m. Free Info: Contact Kathy at 914-769-9018.

**Winter Interlude.** A chamber music matinee featuring Beethoven, Mozart and Schubert. Westchester Community College's Classroom Building, Room 200, 75 Grasslands Rd., Valhalla. 3 p.m. \$20. Seniors: \$18. Students: \$14. Info and tickets: 914-606-6262 or visit [www.sunywcc.edu](http://www.sunywcc.edu).

## Monday, Feb. 4

**Master Networker Meeting.** Join this high-energy interactive membership network of learning-based, service-oriented entrepreneurs and business leaders. Come be a guest any Wednesday to learn more about this world-class business training and referral program. 719 Bedford Rd., Bedford Hills (next to ShopRite). 7:30 to 8:30 a.m. Free. Every Monday. RSVP suggested. Info and RSVP: Contact Tina Campbell at 914-441-1383 or e-mail [tinacampbell@masternetworks.net](mailto:tinacampbell@masternetworks.net) or drop in.

**Here We Are Together: Story Time for Children.** From newborns to school-age children, with a parent or caregiver. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Monday (except Feb. 18). Info: 914-666-8041 or [www.mountkiscoliberalry.org](http://www.mountkiscoliberalry.org).

**Explore Creative Writing.** Do you like to write? Do you have fun creating with words? Come and write for fun. No pressure, no testing, no stress. Just relax and write. For children seven to 10 years old. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 to 4:45 p.m. Free. Every Monday (except Feb. 18). Info: 914-273-3887 or [www.northcastlelibrary.org](http://www.northcastlelibrary.org).

**DIY Chinese Dragon Puppet.** Celebrate

the Chinese New Year by creating a Chinese dragon puppet. Materials will be provided. For children six years old and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Registration required. Info and registration: 914-864-0130.

**Belly Dancing.** Learn this captivating Middle Eastern dance and enrich your cultural knowledge. Whether you want to dance professionally or just have fun and get in shape, this is the place to start. Josie's International School of Dance, 42 Memorial Plaza, Level B, Pleasantville. 7 p.m. \$20. Every Monday. Info: 914-332-8670 or visit [www.josiedance.com](http://www.josiedance.com).

**Lucy's Laugh Lounge Open Comedy Mic.** Lucy's Lounge, 446 Bedford Rd., Pleasantville. Sign up at 7 p.m. Show at 7:30 p.m. Free. Every Monday. Info and tickets: Visit [www.nomacomedy.com](http://www.nomacomedy.com).

**Telephone Support Group for Women With Metastatic Breast Cancer.** This Support Connection group offers the opportunity to share information and experiences with women across the country who are living with breast cancer. Share information and experiences. Confidentially discuss concerns and gain support from others who understand from the comfort of home. Open to women nationwide living with recurrent, advanced stage or metastatic breast cancer. 8 p.m. Free. First Monday of each month. Pre-registration required. Info and pre-registration: Contact Support Connection at 914-962-6402 or 800-532-4290.

## Tuesday, Feb. 5

**Music & Movement.** Shake, shimmy and dance. For children two to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Tuesday. Info: 914-666-8041 or [www.mountkiscoliberalry.org](http://www.mountkiscoliberalry.org).

**Senior Afternoon Cinema: "The Young Victoria."** Queen Victoria is portrayed as the young woman who preceded the formidable matron of official portraits, and whose choice of a husband was as much a matter of state as a matter of the heart. Winner of the Oscar for Best Achievement in Costume Design. Part of the Jacob Burns Film Center's Senior Afternoon Cinema series. Sponsored by The Knolls, a Bethel community. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 1 p.m. Members: \$9. Senior non-members: \$11. Non-members: \$14. Info and tickets: Visit [www.burnsfilmcenter.org](http://www.burnsfilmcenter.org).

**DIY Mailbox.** It's Thank a Mail Carrier Day. Make your own mailbox out of oatmeal containers and other materials. Bring an empty and clean oatmeal container (cylindrical) to the program if you can. For children six to 12 years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Registration required. Info and

registration: 914-864-0130.

**Winterscapes.** The first of six floral workshops held by Westmoreland Sanctuary throughout 2019 a series of highly successful Floral Workshop events. Each of the events will feature an informal evening of enjoyment, enrichment and hands-on involvement with discussions over wine and appetizers. Participating guests will create and customize their own arrangements with seasonal flowers provided to proudly take home for display. Westmoreland Sanctuary's Nature Center, 260 Chestnut Ridge Rd., Mount Kisco. 7 p.m. \$25. Advance registration suggested. Info and registration: 914-666-8448 or visit [www.WestmorelandSanctuary.org](http://www.WestmorelandSanctuary.org).

**"Tibet. The Trail of Life."** The latest documentary from Hamid Sardar, the filmmaker who brought us the breathtaking "Taiga" a couple of years ago. Just as exquisitely beautiful but very different, this film follows the wanderings of Ani Rigsang, a Tibetan nun Sardar first met 15 years ago when she began her travels with the ultimate goal of attaining the immortal "Rainbow Body." Sardar's extraordinary eye for image and place is on display in this rich and mysterious film. Followed by a Q&A with Sardar and Jacob Burns Film Center Programming Director Brian Ackerman and a reception. Part of the Meditative Life series. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7:15 p.m. Members: \$15. Non-members: \$20. Info and tickets: Visit [www.burnsfilmcenter.org](http://www.burnsfilmcenter.org).

## Wednesday, Feb. 6

**Meditation Series: Midday Mind Break.** Benefits of meditation include increasing focus and memory; increased health; reduced stress, anxiety and pain; and increased productivity and happiness. Led by Alka Kaminer. North Castle Public Library, 19 Whippoorwill Rd., East, Armonk. 12:15 p.m. Free. Every Wednesday. Info: 914-273-3887 or [www.northcastlelibrary.com](http://www.northcastlelibrary.com).

**Chair Yoga With Alka Kaminer.** Experience greater flexibility, cardiovascular endurance and improved balance, strengthening and toning of muscles, better digestion, stress reduction, mental clarity, improved breathing, relaxation and an overall sense of well-being. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 1 p.m. Free. Every Wednesday. Info: 914-273-3887.

**Mind Games.** A way for seniors to stimulate various cognitive functions memory, problem-solving and focus. If you are having trouble remembering things or feel that you are easily confused, come join the fun. Phelps Hospital Boardroom, 701 N. Broadway, Sleepy Hollow. 2 p.m. Free. Registration required. Info and registration: 914-366-3937 or e-mail [ewoods3@northwell.edu](mailto:ewoods3@northwell.edu).

# The Food and Beverage Lineup for Super (Snack) Bowl Sunday



By Nick Antonaccio

This weekend we celebrate two uniquely American traditions, both on the same day.

On Sunday we will gather with friends and family to be entertained by the most-watched sports event of the year, Super Bowl LIII.

And what better second tradition to follow than to celebrate what has, almost by default, become a feast above all feasts, National Junk Food Sunday.

While the Super Bowl contestants display their skills, strength, agility and, for the most part, trim bodies on the field, millions of Americans will be consuming food and drink that will likely detract from their athletic skills, strength and agility – and add a few pounds in the process.

Here are several food facts for Super Bowl Sunday:

48 million Americans will order takeout food. What will we be eating? According to the National Chicken Council, 1.3 billion chicken wings will be devoured. That's the equivalent of four wings for every man,

woman and child in the United States. As for beverages, Americans will spend more than \$1.3 billion on a combination of mass-market and craft beers and over \$500 million on wine.

As I have for the past few years in this column, I thought of the rivalry on the gridiron and began transposing it to the bars and living rooms across the locales of the Super Bowl opponents. Does East Coast historical experience prove to be an advantage over the perceived youthful social fabric of the West Coast?

First, the gridiron statistics:

On the field: The New England Patriots are appearing in their 11th Super Bowl (most of any team), including each of the last three, and five wins (second most).

The Rams franchise seems like America's itinerant team. Founded in 1936 in Cleveland, it has moved three times; first to Los Angeles, then to St. Louis in 1995 (winning the 2000 Super Bowl) and finally returning to Los Angeles in 2016. They will be appearing in their fourth Super Bowl.

Experience favors the Patriots, while the Rams have youth on their side. The Patriots are legendary for finding their opponent's weaknesses and exploiting them. The Rams are a well-balanced team,

with few apparent weaknesses.

**Food.** Each region has its eclectic foods. Which is superior? Centuries-old New England Clam Chowder or a 21st century Los Angeles New Wave dish of Sea Urchin with Oxtail and Congee? Boston baked beans or a Hispanic-inspired Chorizo Breakfast Burrito? A Margarita pizza from Boston's North End or a smoked salmon with caviar and chives pizza from Spago's?

The verdict? It's the 21st, not 19th, century; I give the nod to the vibrancy and youthfulness of Los Angeles over the ageless experience of refined New England dishes.

**Wine.** Both cities have reputations as wastelands for fine wine. The consensus is that it is too cool in New England, too hot in Southern California.

Massachusetts' Westport Rivery produces a worthy sparkling wine and Rhode Island's Sakonnett Vineyards offers a quaffable Cock of the Walk Red.

A pleasant surprise on the southern West Coast: the Temecula Valley wine region. Warm days, cool nights and a constant Pacific mist make for an unsung region with great potential. So, too, with the Rams' upstart defensive line, led by Aaron Donald, which may be the surprise component to defuse

the Patriots' precision offense. Look for the hard-to-find Bordeaux blends from Bailly, Callaway, Churon, Doffo and Leonesse wineries.

The verdict? Kudos to the Temecula Valley for its combination of balance and exuberance. Can this be a catalyst for a Super Bowl victory?

**Beer.** With the proliferation of small-batch craft beers across the nation, consumers have their favorite local breweries; more power to the people.

But please don't offer me your brother-in-law's kitchen-counter home brew/ You can have it all to yourself.

The verdict? To each his (or her) own.

Super (Snack) Bowl Sunday: nirvana for football enthusiasts and junk food aficionados alike. Whichever camp you fall into, just kick back and enjoy the game and the camaraderie.

Nick Antonaccio is a 40-year Pleasantville resident. For over 25 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at [nantonaccio@theexaminernews.com](mailto:nantonaccio@theexaminernews.com) or on Twitter @sharingwine.



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IF YOU HAVE ANY QUESTIONS, PLEASE FEEL FREE TO CONTACT US AT  
914-666-3600 OR [MIKEY@BREWANDCOMPANY.COM](mailto:MIKEY@BREWANDCOMPANY.COM)

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