There She Goes

January 22 - January 28, 2019

**SMALL NEWS IS BIG NEWS** 

Volume 13, Issue 594

## **P'ville Residents Blast Civic Space Plan, Manville Reconstruction**

By Anna Young

Pleasantville officials strenuously defended two plans they hope will help enhance the village's downtown despite a torrent of opposition from residents last week.

Throughout the nearly four-hour public hearing on Jan. 14, there was virtual unanimous resistance from community members who packed the meeting room at Village Hall to criticize transforming a portion of Memorial Plaza into a civic space.

They also shared concerns about the potential impact construction would have on traffic and business when Manville Road is reconstructed.

Mayor Peter Scherer, who opened the hearing with a roughly 30-minute summary of the village's essential assets and the benefits of improvement projects throughout the years, stressed the need for both projects to keep the village vibrant and

"I think I can speak for all of us and likely for all the members of the board who have been a party to the process that led us to this, which really began 10 years ago, we are looking to heal some wounds that were caused by various types of development," Scherer said, noting the poor design of Memorial Plaza, which is all asphalt with no green space, and how the Metro-North tracks divide the village.

"Many of us who have followed this for a long time have always held out hope that there would be a way to create a Pleasantville version of a New England village green," Scherer said. "A place that would be a magnetic center, a place that would feel softer, a place where you could have events without so much planning and logistics, and a place where folks could gather and enjoy a nice day, music or just feel like they were in a soft and well-designed place."

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## North Castle Mulls Regulating Recreational Marijuana Sales

Hundreds gathered to watch the demolition by explosives of a portion of the old Tappan Zee

Bridge last Tuesday morning as demolition and salvage experts deconstructed what remains of

the east anchor span. There were traffic delays as crews closed the new Mario M. Cuomo Bridge,

forcing many drivers to take alternate routes. The west anchor span will be taken down later this

#### **By Martin Wilbur**

North Castle officials are preparing a local law that would tightly regulate the sale of recreational marijuana should the state government pass a measure legalizing its use.

The Town Board is considering

Although currently legal in just 10 states, it accounts for more than \$10 billion in business annually in the United States,

"This is important," DiGiacinto said. "This is our town. I'm looking at all three hamlets. Banksville doesn't have much

## **Appellate Division Denies Sunshine Home Opponents Injunction**

By Martin Wilbur

Neighbors of the Sunshine Children's Home and Rehab Center looking to stop the facility's expansion were dealt a damaging blow last week when the state Supreme Court's Appellate Division denied their motion for a preliminary injunction.

The Jan. 16 decision by the Second Judicial Department removed the temporary restraining order that had been in place for the past month since an associate justice issued a halt to activity until the matter could be heard.

As a result of the court's decision, Sunshine can move forward with seeking a permit from the town to perform improvement work on the driveway at its 33-acre property on Spring Valley Road in

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western New Castle. Once driveway work is complete, tree removal may commence.

Glendale Road resident Cynthia Manocherian said while the court's decision wasn't completely unexpected it was a disappointment. If Sunshine completes its driveway work, it can then clear roughly 300 trees from the site as part of its pre-construction activity, Manocherian said.

All tree removal must be complete by Mar. 31 under town law.

"They're really going to push now to get that work in and take those trees down and once that happens the game changes a lot because the environment has been irreparably damaged," Manocherian said.

Last Friday, Manocherian's attorney filed for an expedited appeal in the state continued on page 4



## P'ville Residents Blast Civic Space Plan, Manville Reconstruction

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Village officials are aiming to redevelop a roughly half-acre parcel on the west end of Memorial Plaza as a public gathering place. That would result in the elimination of the righthand slip lane that funnels traffic from Memorial Plaza onto Manville Road and the loss of an estimated 41 parking spaces.

The village is also looking at a Manville Road streetscape to make the area more accessible to pedestrians.

While residents agreed the Memorial Plaza slip lane should be removed, several suggested using the extra space to provide additional parking. Residents also cited three pocket parks throughout the village that are barely used, including one adjacent

to the train station.

"People getting off the train want to see a parking lot," resident Matthew Brennesholtz said. "People want easy automobile access to the train station, and this will not eliminate it but certainly won't simplify it. There aren't going to be that many people that want to congregate in this park so taking it away from other uses such as parking or the farmers market, it's still a fraction of the area that's taken away."

Few residents endorsed the project, including former mayor Bernard Gordon, who said there is no desire within the village to have a public gathering space.

"I have two young kids and there are few places to meet other young families," resident Sarah Rosen said. "I think while the space is great, it's really important to have activities available or families aren't going to stay."

Along with the Memorial Plaza civic space proposal, officials also hope to reconstruct Manville Road to make the village safer and more inviting for pedestrians. Construction is expected to begin sometime next year.

Plans include making all curbs and ramps on Manville Road ADA compliant; creating a median along Manville Road between Grant Street and Vanderbilt Avenue; widening lanes to 15 feet; pulling back the curb line to increase sidewalk width; adding markings to designate the lanes; and creating a right turn lane at the intersection

of Memorial Plaza and Manville Road.

Crosswalks will also be added at Vanderbilt Avenue and Manville Road. Crosswalks on Manville Road, Washington Avenue, Wheeler Avenue and Tompkins Avenue will be shortened to create a series of curbed peninsulas.

Members of the Pleasantville Volunteer Fire Department implored the board to consider the extra space fire trucks need to negotiate a turn. They also expressed concern with the impact potential traffic congestion would have during construction, which would make getting to an emergency

Some residents also fear construction will have an adverse impact on traffic and business.

"In order to make it a great village we risk losing what already makes it a great village," Joseph Wallace said. "Something that leads into two (construction) seasons can have certain impact on a small business, an individual business that isn't very replaceable."

Some also questioned the future character of the village with proposed mixed-use apartment complexes on Memorial Plaza, Depew Street and Washington Avenue.

"What are you trying to do with this town?" resident Tom Rooney questioned. "This was a lovely village before and it's just going in a direction that residents of Pleasantville, in my opinion, don't want to see it go."

### Westchester Chordsmen Chorus Offers Free Singing Lessons for Men

Starting Monday, Feb. 4 and continuing for six Mondays, The Westchester Chordsmen Chorus will offer free singing lessons to men in and around the county as a community service.

The six-week program provides coaching and instruction to teach new singers how to sing and experienced singers how to sing better. The simple curriculum will include basic fundamentals to advanced concepts regardless of current singing ability. Five previous series were attended by more than 70 men.

Everyone sings in their own way. In church or synagogue, in the car or in

the shower. But many are unsure of their ability or singing in front of others. The Chordsmen want to help you get the most beautiful sound possible, with the confidence to perform.

Men, young and old, who have always wanted to sing or want to improve their skills are invited. No prior musical experience is needed. The program is free, a community service program from The Westchester Chordsmen Chorus. Materials will be provided.

Keith Harris, with more than 20 years of vocal teaching experience, leads the talented and equally-experienced music

team and will inspire participants with great energy and humor.

The lessons are on Monday evenings at 6:45 p.m. and run for an hour-and-a-half. Come one night or complete the full sixweek course. There will be no session on Feb. 18 (Presidents Day).

The sessions will be held at Kol Ami Synagogue, located at 252 Soundview Rd. in White Plains. Enter through the back entrance and a Chordsmen member will direct you to the rehearsal area.

For more information or to register in advance, visit www.chordsmen.org or just show up.



## Veteran County Legislator Kaplowitz to Bow Out at Year's End

#### **By Martin Wilbur**

County Legislator Michael Kaplowitz, who was elected to 11 consecutive terms to the Board of Legislators, announced last Tuesday that he will not seek re-election in November.

Kaplowitz, 59, has been a fixture on the board representing the portions of the towns of Somers and Yorktown and all of New Castle in the 4th Legislative District since 1998 and will leave office with the distinction of the second longest tenure of any legislator in the board's history. He also served as the board's chairman for four years.

He said it was time to move on after accomplishing much of what he intended to do.

"There are a couple of loose ends but basically I feel like I accomplished a lot of what I set out to do and let someone else do it," Kaplowitz explained about his decision. "You don't own these positions. My standard is hopefully I left the county a little bit better than when I came in and found it."

Kaplowitz said his decision to move on had already been made for a while. However, he pushed up his announcement after the state legislature approved election reforms last Monday that will schedule primaries throughout the state for the last Tuesday in June for the November elections. Should Gov. Andrew Cuomo sign the legislation into law, the petition process would begin in

late February, he said.

Although there were many achievements over what will be 22 years on the Board of Legislators, Kaplowitz cited a few major accomplishments. He pointed to the county complying with the affordable housing settlement with the federal government, including finishing it while he was chairman, as perhaps his most lasting contribution.

The county was able to complete its obligations, racing to build at least 750 units of new affordable housing while fending off threats of lawsuits and political pressure.

"To reach a point where we don't have to build any more housing, we weren't fined any more monies, there were no penalties, I think that was something people will never see but took years and I feel really good we wound up satisfactorily satisfying that," said Kaplowitz, a financial adviser who has worked in the industry for 35 years.

That was followed closely by the county saving Westchester Medical Center.

"I think you can really look back at that time while they were really teetering and we were literally on the verge of hiring bankruptcy counsel, to see that it saved thousands and thousands of jobs, how important their healthcare was in the Hudson Valley, the lives they saved. I feel good about that," Kaplowitz said.

He also cited the recent lease signing that will permit the North 60 project in Valhalla to move forward as an accomplishment.



Michael Kaplowitz announced last week he will not seek re-election later this year to the Board of Legislators, ending the second longest term of service on the board in its history.

The Board of Legislators originally agreed to the lease in a unanimous vote while he was still chairman.

There were also a number of frustrations during Kaplowitz's time in office. At the top of the list was the failure to bring sewers to portions of Yorktown and New Castle as water and sewage still drips into the reservoirs from failing septic systems while unspent millions in East of Hudson funds from New York City are still available.

Also, early on in his time on the board

he also warned of the need for the county to prepare for more renewable energy and address the eventual closure of Indian Point nuclear power plant. Those calls were ignored, he said.

New Castle Democratic Co-chair Jane Silverman said Kaplowitz was an outstanding public servant and was able to successfully navigate a sometimes politically difficult district. Equally important, he grasped complicated issues and was able to explain them to his constituents, she said.

"We are very sad to see him go," Silverman said. "He has been a wonderful representative for the Town of New Castle and our residents. He will be sorely missed."

Silverman said with the likelihood of a compressed schedule for potential candidates to surface and compete for the seat, there are many unknowns about who might vie to succeed Kaplowitz.

Meanwhile, Kaplowitz said he will tend to his professional practice and use his extra time working for charities and nonprofit organization. There will also be more time for family.

He also maintained that his career in elected office is over. He said he was disappointed that he lost bids for the state Senate to Vincent Leibell in 2006 and Greg Ball in 2010.

"I anticipated moving on at some point but it was not to be," Kaplowitz said.



loved ones. Salvatore M. Di Costanzo, Esq., a leading Elder Law

Attorney, and his colleague Joanna C. Feldman, Esq., will answer questions about Estate Planning, Wills, Trusts, Medicaid and

Long-Term Care planning, Specials Needs planning, Guardianships and related areas of interest.





## North Castle Mulls Regulating Recreational Marijuana Sales

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Under the proposed local law, marijuana and e-cigarette retailers must obtain a permit to sell those products and they cannot be located in a building with residences or in a residential district.

It also would establish distance requirements from other establishments, zoning districts and various types of facilities within the town. A shop selling marijuana or e-cigarettes could not be within 500 feet of another pot or electronic cigarette retailer, it must be at least 500 feet from a residential district and be at least that distance from a church, community center, funeral home, school, day care center, hospital, alcoholism or drug treatment center, counseling or psychiatric treatment facility and public park.

North Castle's draft law does not propose regulating medicinal marijuana, which requires a prescription.

Supervisor Michael Schiliro said with the likelihood that the state legislature approves the legalization of recreational marijuana sometime this session, the board would like to have their regulations in place when the state law takes effect.

"If it passes through the state, we're not writing our own law," Schiliro said. "We're

saying we at least want to regulate where distribution spots are for this."

People in the community are likely to propose additional ideas during the public hearing, he added.

Councilman Stephen D'Angelo said depending on what the final version of the state law may include, the town might need to amend its legislation.

"Let's not try to get every little detail in this law and take six months like some things," D'Angelo said. "This is a good basic start and as things go on, as the state passes laws and the county passes laws, you move forward and make the adjustments as we need."

Discussions are taking place in municipalities in the area and across the state about whether to regulate recreational marijuana sales, and if so, how to go about it. Last week, the New Castle Town Board similarly raised the possibility of incorporating recreational marijuana sale regulations into its law that places restrictions on vape shops. That measure was approved in late 2017.

However, officials said they would hold off until the state passes its legislation.

Meanwhile, in a more drastic step on Jan. 8, the Town of North Hempstead on Long Island voted to ban all marijuana sales within its borders.

## **Regulating** Appellate Division Denies Sunshine les — Home Opponents Injunction ————

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Court of Appeals in Albany. Typically, a decision on an appeal can take a year to 18 months, she said.

Even if Manocherian and her neighbors have the decision reversed, without an expedited appeal and an injunction in place, Sunshine can legally build most or even all of the project, she said.

"By the time it gets heard, they'll be well on their way," Manocherian said.

Representatives from Sunshine declined to comment regarding the latest court activity. A message left for the attorney handling the matter for the town, Eric Gordon, was not returned.

One of two Article 78 proceedings were filed in state Supreme Court by Manocherian and her husband and the other by a group of neighbors, after the New Castle Zoning Board of Appeals issued a negative declaration in 2017 because it determined the project would not cause significant adverse environmental impacts under the state Environmental Quality Review Act (SEQRA).

The two pieces of litigation, which were later combined, argued that the expansion from 54 to 122 beds and from about 19,000 square feet to 143,000 square feet merited

more study and an Environmental Impact Statement was needed. Opponents have argued that if the project is built it would threaten the area's well water supply and jeopardize wetlands and steep slopes.

Despite the setback, Manocherian said that a third Article 78 has been submitted against the ZBA and the town's Environmental Review Board related to Sunshine's unauthorized activity removing a shed over one of three wells on its property and the clearing of trees in November 2017.

Although it did not have permits to perform that work, Sunshine retroactively obtained permission.

Manocherian said she and her neighbors will continue to press on in their legal fight until every option has been exhausted. While Sunshine representatives and supporters of the project have accused the opponents of caring only about their own property, Manocherian said it's also their belief that in the event of loss of power during storms, which happens frequently in that section of town, or a fire, that the children receiving care at Sunshine would be in danger.

"We're not giving up the fight," she said. "These kids deserve better."







## Praise for Cuomo's Justice Agenda, Criticism on School Funding

**By Martin Wilbur** 

Gov. Andrew Cuomo's state of the state and budget address last week was widely hailed for its bold reforms by local state legislators but was sharply criticized for failing to provide adequate education funding for local districts.

The hour-plus speech in Albany last Tuesday highlighted nearly 20 initiatives under Cuomo's justice agenda "that is going to make history in the state of New York and is going to make history in the nation," the governor said.

"This year, we think it's the year to fully enact a justice agenda in the broadest sense of the word justice – social justice, economic justice and racial justice and this is the time to do it," Cuomo said.

During the budget portion of his talk, Cuomo touted economic development that he said has resulted in the state's highest credit rating since 1972 and the lowest middle-class tax rate since 1947.

The justice agenda touched on a wide variety of issues to be enacted in the first 100 days, from healthcare-related topics, to public safety, transportation, campaign finance reform and infrastructure investment.

Among the many plans would be to codify the Affordable Care Act to safeguard healthcare coverage for people with pre-existing conditions; codify Roe v. Wade in the state constitution; pass an



Gov. Andrew Cuomo laid out an ambitious agenda for the 2019 legislative session last week.

equal rights amendment; bolster gun laws by passing a red flag law, banning bump stocks and extending the waiting period to buy a weapon from three to 10 days; and passing the Child Victims Act.

Other reforms on the table would be to pass the Dream Act to give all New Yorkers access to higher education regardless of immigration status; legalize recreational marijuana; enact comprehensive campaign finance reform and overhauling the financing of campaigns; invest \$2.5 billion in clean water infrastructure; have the state derive all of its power from clean energy by

2040; approve sports betting at the upstate casinos; adopt the strongest pro-labor union protections in the country; provide a middle class tax cut; and present a plan carrying \$150 billion in infrastructure and mass transit improvements.

Cuomo acknowledged his agenda is highly ambitious but said now is the chance for New York to pass long-awaited legislation that will stamp itself as the nation's leader for progressive change.

"It's a lot, there's no doubt about it but there's a lot that has been bottled up for many, many years that we couldn't get done, and in many ways, I feel the state is now liberated with the Senate Democratic caucus and we can get these things done and we can get them done together," he said.

Assemblyman David Buchwald (D-White Plains) said the justice agenda, highlighted by last week's passage of the election reform package that closes the LLC loophole, early voting, starting the process of changing the state constitution to permit same-day registration and moving up the date of the primaries are "generation-level changes" that bring the state into the 21st century.

He said, however, additional reforms will be needed, particularly measures to guard against conflicts of interest.

Buchwald also liked the proposed investments on critical projects, including

clean water and the green initiatives.

"I think the governor raised a number of very important points in moving our state forward," Buchwald said. "I appreciate his willingness to invest in infrastructure, including doubling our investment in clean water initiatives that have been very successful in New York State, particularly here in Westchester."

In his budget message, Cuomo said that he would be making available nearly \$1 billion more for schools with about 70 percent of that directed to poorer schools. However, for too long, districts that have overseen the poorer schools have not provided the adequate resources to raise performance, the governor said.

He proposed about a \$338 million increase in foundation aid for districts across the state.

Like most local legislators, state Sen. Shelley Mayer (D-Yonkers) praised most of Cuomo's agenda, which she called "very exciting." However, as chair of the Senate Education Committee, she said the foundation aid falls far short of the state's obligations.

"We actually believe our districts are owed more, our students are owed more and the cost of English Language Learners and special needs students and all the demands of the districts that are trying to comply with the tax cap," Mayer said.

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# GIVE KIDS A SMILE! DAY

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## No. Castle Calls for Candidates to Apply to Administrator's Post

#### **By Martin Wilbur**

The North Castle Town Board recently approved extending Interim Town Administrator Patricia Dwyer another three months while the search for a permanent replacement is found.

Dwyer, who came aboard to help the town in the temporary post in early November, was originally retained for three months through January. She said by the time the additional three-month interim period is complete, it is expected the Town Board will have hired its next administrator.

Last week the town posted on the town administrator's page on its website the recruitment material, including job requirements, to attract candidates to the post. A call for resumes and applicants is scheduled to remain open until Feb. 15.

To be considered, candidates must have a master's degree in public or business administration and have at least four years' experience working in public administration, preferably in a management position. Permanent residency in New York State is also required.

The opening became available in September when former town administrator Joan Goldberg's contract was suddenly not extended.

The town's posting does not list a salary but the pay offered "will be based upon the knowledge, experience and abilities of the individual selected."

Candidates who are interested in applying for the post, must send an introductory letter, resume and salary requirements to Town Administrator Search, Town of North Castle, 15 Bedford Rd., Armonk, N.Y. 10504 and

send it to the attention of Mindy Berard, the supervisor's confidential secretary. Applicants may also submit the materials by e-mail at TASearch@northcastleny.com.

#### Change in Office Space

Dwyer said that the office space for the town administrator and the finance department is expected to be swapped sometime next month.

The administrator's office, which has been in the annex building behind Town Hall, will be transferred to within the Town Hall at 15 Bedford Rd. Meanwhile, the finance department is moving to the annex.

Dwyer said there will first need to be a renovation of the annex building space before the move can be permanent. She said the cost of the upgrade would be between \$10,000 and \$15,000.

The space that the finance department has been using at Town Hall will not need to be renovated.

## Praise for Cuomo's Justice Agenda, Criticism on School Funding

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"This is the time to invest the money in our greatest resource, which is our public education system, so we'll be working on that in the days ahead."

Mayer's comments were echoed by Board of Regents Chancellor Betty Rosa and state Education Commissioner Mary Elia. In a joint statement, they said Cuomo's push for equity is well-intended but it must be coupled with supporting all students in the neediest districts.

"We are extremely alarmed with the recommended funding level for New York State's schools," their statement read. "The proposed \$338 million Foundation Aid increase falls far short of what schools need to achieve equity, or even keep pace with inflation and demographic changes."

Assemblyman Thomas Abinanti (D-Pleasantville) said Cuomo's budget continues to put too large of a burden on taxpayers, particularly related to education funding.

While Abinanti said he has no objections to poor districts and schools receiving the lion's share of the increase, the state is shortchanging most other districts. For example, under Cuomo's proposal, the current formula would give Pleasantville School District an additional \$10,000 in state aid while some districts in

Greenburgh and Mount Pleasant would actually see a reduction for the next fiscal year.

"We need to substitute state money for local property taxes," he said. "We're paying too much of local property taxes to pay for education and that's because the state isn't paying its fair share."

Abinanti also said that many of the items Cuomo outlined in his justice agenda have been approved by the Democraticcontrolled Assembly but died in the Republican Senate.

"The governor is running really hard to catch up to a parade that started four years ago," the assemblyman quipped.

## SMALL NEWS IS BIG NEWS

## #1 In Real Estate Sales In Units And Dollar Volume For Detached Single-Family Homes In The Pleasantville School System 2018!

The following are my client's successes in Pleasantville since Jan 1st 2018:

121 Oak Dr. IN CONTRACT. 22 days on the market.
115 Woodland Rd. SOLD. 15 days on the market. Multiple offers.
53 Sunnyside Ave. SOLD. 35 days on the market. Multiple offers.
273 Mountain Rd. SOLD.

**25 Wilton Rd. SOLD.** 38 days on the market. Multiple offers. **35 Guion St. SOLD.** 21 days on the market. Multiple offers. **51 Cedar Ave.** Buyer controlled sale.

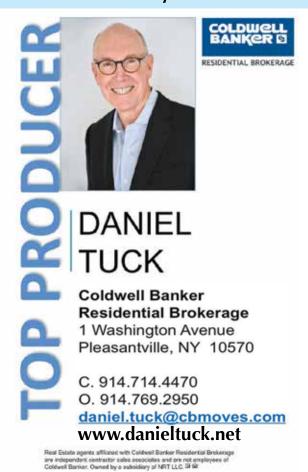
To be successful you need all the marketing tools available from a full service broker:

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When I combine these services with the right pricing strategy my clients have been able to take full advantage of today's seller's market.

If you, or anyone you know, have any real estate needs, please contact me and take advantage of my experience.

\*ranking based on HGAR MLS statistics



## **Hearing Set for Additional Chap Crossing Business Openings**

By Martin Wilbur

A public hearing will be held Tuesday night following a recent request from Chappaqua Crossing developer Summit/ Greenfield to amend its Temporary Certificate of Occupancy (TCO) to allow Life Time Fitness and other establishments to open.

The New Castle town and planning boards will entertain public discussion and will eventually decide whether the roughly 40,000-square-foot high-end health club chain and the 3,000-square-foot Pet Value may debut at the campus on Feb. 1.

Summit/Greenfield has also asked whether the TCO could be amended to include up to another 14,000 square feet of additional space, bringing the maximum space in use to 100,000 square feet while the developer finishes traffic improvements that are expected to be completed in the spring.

The original TCO allowed Whole Foods to open on Dec. 15 along with a Chase Bank branch despite the applicant being unable to finish the required road improvements. Those two operations also account for about 43,000 square feet.

In presentations before the Town Board on Jan. 8 and both boards on Jan. 15, town traffic consultant Lou Luglio said vehicles have moved well around the site at most times since the supermarket's opening. However, he said he cannot ensure that the current Maintenance and Protection of

Traffic (MPT) plan that is in place to help traffic flow near the campus could support more than the two Feb. 1 openings.

"I could not recommend, unless we can do additional analysis and that analysis tells me otherwise, to go beyond the Life Time Fitness and Pet Valu," Luglio cautioned the two boards last week. "Because just in my point of view, if the northbound (Route 117) approach had an exclusive left-turn lane that was designed for five or six vehicles, that was the ultimate permanent condition, then obviously this could be a different analysis and my opinion could be different."

Prior to the opening of Whole Foods, the town required Summit/Greenfield to install a long list of improvements in the vicinity of Roaring Brook Road and Route 117, to ensure vehicular and pedestrian safety. Until road construction is complete, Luglio had recommended against a shortened left-turn lane from northbound Route 117 onto Roaring Brook Road.

In addition to Life Time Fitness and Pet Valu, a lease has been signed for a 5,000-square-foot Fidelity Investments office, said Summit/Greenfield CEO and President Felix Charney. Charney said Fidelity is eyeing an opening sometime in March

A lease for a 2,000-square-foot space is on the verge of being signed by Northern Westchester Wellness Center, he said. No target date has been set for that opening. Last week, there was reluctance from both boards to amend the TCO for the entire 100,000 square feet without knowing the uses in the remaining spaces and the projected traffic volumes that would be triggered. Most of the board members indicated they were fine to include Fidelity, which figures to generate lower traffic volumes, but not the wellness center or the other 7,000 square feet that don't have tenants yet.

Town officials said they didn't want to see a regression in traffic flow during the construction phase.

"All of us are struggling to make sure that we're comfortable with this Phase 2 with the construction that's coming down the road," said Planning Board Chairman Robert Kirkwood. "We know it's inevitable, let's just be comfortable that we know what to do."

Road work could begin sometime next month, although the main construction to build a retaining wall and complete the turn lanes is expected to be done after the asphalt plants reopen sometime in April.

Charney said he could accept the town taking the piecemeal approach as long as it included Life Time and Pet Valu, which are ready to open.

"I just want to avoid coming back and doing this again between now and the (Certificate of Occupancy) because I managed to get Northern Westchester opened or something else," he said.

Planning Board member Tom Curley questioned why the town should feel pressure to approve any additional businesses.

But Town Board member Jeremy Saland responded that it's a temporary condition that won't be solved until roadwork is complete.

"We know ultimately the fix is going to be there and we know that there is going to be more traffic to it at some point," Saland said. "Why not allow it to move forward because there are other ancillary benefits to people in the community?"

Tuesday's public hearing is scheduled for 7 p.m. at New Castle Town Hall in Chappaqua.



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### **Obituaries**

## Former WCC President, Education 'Giant' Hankin Dies at 78

Longtime Westchester Community College (WCC) president Dr. Joseph Hankin, who was the longest serving community college president in the nation, died on Jan. 16. He was 78 years old.

"Assuming the mantle of one of the most admired community college presidents presented a unique opportunity to extend his legacy of service to students and community," said current WCC President Belinda S. Miles, as part of the college's announcement last Thursday of Hankin's passing.

"He made monumental contributions to the community college field as our institutions became increasingly important pathways to high quality and affordable higher education, and he did it with an exceptional team of faculty and staff who cared deeply about the college and surrounding community."

Hankin led WCC for 42 years when he retired in 2013.

Upon his arrival in 1971, he is credited with the near immediate transformation of the college. Following through on proposals shared during his interview process, such as opening the campus to the community, expanding academic programs and repairing infrastructure, he began a bold growth plan. Although relatively new as

president, Hankin began his four-decade mission toward a commitment to quality, accessibility, affordability and expansion.

During Hankin's final decade as president, several new extension centers were opened and he oversaw the expansion of the Harold L. Drimmer Library and Learning Resource Center, which doubled in size. The Gateway Center, a 70,000-square-foot structure to provide educational resources for thousands of students, also opened.

During the same time period, WCC expanded its online learning options, added a dozen new academic programs and instituted the Collegium, a resource for older adults interested in study and social exchange. Meanwhile, the college reached record enrollment figures for credit and non-credit study, more than doubling the numbers from 5,800 students early in his tenure.

Corresponding expansions to the college's 218-acre campus in Valhalla and numerous offsite locations and extension centers throughout Westchester increased access to education for students. Other new construction projects included the science building, Knollwood Center, administration building, children's center, bookstore and an academic arts building



Dr. Joseph Hankin, who served as Westchester Community College's president for 42 years, the longest tenure of any community college leader in the United States, died last Wednesday.

that now bears his name.

Westchester County Executive George Latimer last week called Hankin "a giant" who took over a relatively small college and grew its operations with numerous satellite locations and thousands more students.

"Joe was one of the nation's longest tenured college presidents – longest at a community college – and what made this possible was his heart," Latimer said. "Joe cared for his students, and their success, with every fiber in his being. It is a legacy that will last for generations to come."

Hankin was a first-generation college student whose interest in education led him

to teaching and scholarship. In addition to being a prolific writer and speaker with numerous published works, he served for 30 years as an adjunct professor at Teachers College, Columbia University. He inspired generations of students from across the country through teaching and serving on doctoral committees.

In 1986, a project sponsored by the Exxon Educational Foundation named Hankin one of the hundred most effective college presidents of two- and four-year colleges and universities. In 1988, the University of Texas included Hankin among the 50 best community college presidents, for which he earned the Thomas J. Peters Award for Leadership Excellence.

Westchester Community College was Hankin's second college presidency. Before serving at WCC, he was the nation's youngest college president in 1967 when leading Harford Community College in Maryland at 26 years old. He earned his bachelor of arts degree in social science from City College and his master's in history and doctorate in education from Columbia University.

Hankin is survived by his wife, Dr. Carole Hankin, three children and his grandchildren.

A spring memorial in his honor is being planned. Meanwhile, gifts in Hankin's memory may be made to the Joseph N. Hankin Endowed Scholarship Fund at the Westchester Community College Foundation, Westchester Community College, 75 Grasslands Rd., Valhalla, N.Y. 10595



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#### Barbara Mc Adorey-Morreale

Barbara Lamb Mc Adorey-Morreale, 81, a retired college professor and a former high school teacher, passed away on Jan. 12 in Stony Brook, N.Y.

She was married to Joseph C. Morreale and previously married to Neil Mc Adorey. She is survived by her three sons, Neil Jerome, Michael Damian and John David Mc Adorey; her four brothers and sisters, William, Joseph, Joyce and Patricia Lamb; and her six grandchildren, Ian, Connor, Emily, Andrew, Kelly and Molly Mc Adorey.

After graduating from Cathedral High School, she earned a bachelor's degree in history from Pace University in White Plains (previously known as Good Council College) and her master's in European history from Hunter College. She also continued post-master's graduate studies at Cornell University and SUNY Stony Brook

Her passion in life was teaching, which she pursued for 57 years. Mc Adorey-Morreale was one of the rare academics who taught at three levels of education: graduate school (Stony Brook), undergraduate (St. Joseph's College on Long Island) and at the high school level (Sachem High School, Long Island). It was calculated that she had taught more than 30,000 students over her long teaching career.

Mc Adorey-Morreale was a consultant in history and political science for the College Board, offered AP courses in history and politics and government and taught numerous National Endowment for the Humanities at summer institutes for high school teachers. For all of her efforts in American education, she was nominated and inducted into the National Women's Hall of Fame in 2009.

Mc Adorey-Morreale was a wonderful person, high in spirit, a gifted athlete (in basketball and as a New York City marathon runner) lover of music, art and dancing and an incredibly creative and gifted teacher. She will be very much missed but her legacy through her grandchildren and her students will carry on for many years.

## **Con Edison Pitches Solar Array at Gate of Heaven Cemetery**

By Sean Browne

Requests for municipalities to consider proposals for solar panel arrays continue to gain momentum last week as a new plan was introduced for Gate of Heaven Cemetery in Hawthorne.

Con Edison Solutions, a subsidiary of Consolidated Edison, Inc., the second largest owner and operator of solar projects nationwide, met with the Mount Pleasant Town Board last Tuesday regarding a proposal for a 5.8-megawatt solar farm on 37 acres in the back portion of the cemetery closest to the Saw Mill and Taconic parkways.

The array would generate enough power to provide electricity to about 500 homes, said Steven Ondishin, manager of renewable project development at Con Edison Solutions.

"This would strictly be a ground-mounted solar array or what we call a solar farm," Ondishin said. "What that means (is) the modules are seven feet off the ground."

Con Edison Solutions, which would own and operate the panels, would enter into a 25-year lease with the cemetery. The cemetery is owned the Trustees of St. Patrick's Cathedral. No other terms connected to the proposed lease were discussed.

In order to install the panels an undetermined number of trees would

need to be removed.

"Some of the trees will have to be removed, and that was a part of the cemetery's (master) plan," Ondishin said. "As the cemetery makes space for graves, they will need to cut down trees."

He said the proposal is designed to be a community solar project. The panels would capture energy that would be placed back into the grid, then could be sold to individuals looking to reduce their electric bills.

Board members said the energy derived from the panels could be available to customers in town who subscribe on a first-come, first-served basis. They also raised the possibility of giving first priority to senior citizens who live in town.

If the project receives approval, Ondishin expects a three- to fourmonth construction period to install the panels.

Supervisor Carl Fulgenzi said the town has had a good working relationship with Con Edison Solutions in the past.

"What we liked about Con Edison Solutions is that you own, operate and are in control of it," Fulgenzi said. "So, you are the people that we go to if we have a problem. That's one thing that makes it look a little better to us."

A resolution to refer the proposed



Con Edison Solutions is looking to site a solar farm on an open portion of Gate of Heaven Cemetery in Hawthorne.

zoning amendment to the Planning Board is expected to be voted on at the Town Board's meeting this week.

Last year, town officials discussed the possibility of leasing portions of townowned land, including the parking lots at Town Hall and the community center in Valhalla, for a carport to be built over portions of those lots. Con Edison would install solar panels on the roofs of the structures. There is also the possibility of using the Department of Public Works building for solar panels.

The Village of Mount Kisco is currently reviewing a proposal for the installation of a ground-mounted array on a four-acre portion at Oakwood Cemetery.

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## **Mount Kisco Approves Comprehensive Plan Findings Statement**

#### **By Sean Browne**

The Mount Kisco Village Board adopted the findings statement for the Comprehensive Plan's Final Generic Environmental Impact Statement (FGEIS) in hopes of helping to make the village more competitive.

By a 4-1 margin, the board approved

the statement with only Trustee Karen Schleimer objecting.

Simon Kates, a senior associate for BFJ Planning, the firm retained by the village to assist with the Comprehensive Plan update, provided an overview to the board and the public.

"The findings statement is a way to

conclude the process, it outlines every step that has been taken along the way," Kates said. "From kicking off the Comprehensive Plan process from over a year ago, it runs through each step and the findings statement is a conclusion from those steps."

Two topics raised last week were traffic and pedestrian safety at crosswalks at South Moger Avenue. Kates recommended that traffic signals include a Leading Pedestrian Interval (LPI) function. He said that would reduce concerns about the safety of pedestrians crossing the street by giving them a three- to seven-second head start when there is also a green signal for vehicular traffic. The pedestrian must press a button at the intersection to get the head start.

"This is a good middle ground because it's not going back to a place where the pedestrian is not favored at all, "Kates said. "It's going to be where the pedestrian is favored, we think, a reasonable amount (of time) while also balancing people's concerns for traffic."

LPI's also enhance the visibility of pedestrians in the intersection for drivers and reinforces their right-of-way over turning vehicles, especially in locations with significant volume such as South Moger Avenue.

Schleimer, however, was not convinced that the LPI would resolve her concerns

about safety.

"Having been a part of this process, the following issues of traffic, insufficient parking and the adequate availability and reliability of electricity, for these reasons I cannot vote for the adoption to these findings," she said.

Trustee Peter Grunthal countered that the amount of time and work that went into the Comprehensive Plan update indicates that it will work.

"These points have been thought through very carefully; this is not a flyby-night Comprehensive Plan that we are putting together here," Grunthal said. "This is something that has been thought through by a lot of intelligent people in this community who work hard."

Mayor Gina Picinich echoed Grunthal's comments and supported accepting the findings statement because it will help Mount Kisco adapt to changing conditions and move it forward.

"This is happening everywhere, change is going on around us and the competition is increasing for home buyers, residents, business and shoppers," Picinich said. "We have a choice, we can do nothing, but doing that is what generated vacancies in this town so we are making a bold choice to make changes."

### Closing Shop – For Now



MARTIN WILBUR PHOTO

Siegel Bros. Marketplace in Mount Kisco closed shop on Sunday after two years in business but plans to re-open at a future date at a different location, according to the store's Facebook page. The Examiner was told that one of the challenges for the shop was the lack of foot traffic. Siegel Bros. Wine & Spirits will remain open at 41 S. Moger Ave.

#### **LEGAL NOTICE**

NOTICE OF SALE SUPREME COURT OF THE STATE OF NEW YORK, WESTCHESTER COUNTY, THE BOARD OF MAN-AGERS OF FOXWOOD CONDOMINIUM, ON BEHALF OF ALL UNIT OWNERS, Plaintiff v. MICHAEL CASARELLA and CHRISTINA CASARELLA, Defendant, Index no. 54254/2018. Pursuant to a Judgment of Foreclosure and Sale dated November 20, 2018, and entered in the above-entitled action on November 27, 2018 (the "Judgment"), I the undersigned Referee in said Judgment named, will sell at public auction to the highest bidder at the Lobby of the Westchester County Courthouse, 111 Dr. Martin Luther King Jr., Blvd., White Plains, New York 10601, the premises directed by said Judgment to be sold. The premises will be offered for sale, as one parcel, on Thursday, January 31, 2019, at 10:30 a.m. The premises therein is described as being in the County of Westchester and State of New York, and designated as Tax Lot no. 2.121, Block 2, Section 69, Sheet 51 and commonly known as 121 Foxwood Circle, Mt, Kisco, New York 10549. The premises is more particularly described as follows:

#### THE land area of the Property is described as follows:

The Unit is designated as Lot 2.121, Block 2, Section 69, Sheet 51, on the Tax Map of the Town and Village of Mount Kisco and further described as follows: The unit ("UNIT") designated and described as Unit No. 121 in the Declaration (the "Declaration") establishing a plan for condominium ownership of the land (the "Land") and buildings (the "Buildings") comprising Foxwood Condominium (collectively the "Property") made by the Granter under Article 9 –

B of the New York Real Property Law, dated November 27, 1985 and recorded in the Office of the County Clerk of Westchester County on December 5, 1985, in Liber 8286 cp 59. Being further designated and shown on the floor plans certified by Jack P. Fermery, A.I.A., filed in the Office of the County Clerk of Westchester County, Division of Land Records, on December 5, 1985 as Map #22143. The Land is comprised of all that certain lot, piece or parcel of land situate, lying and being in the Village and Town of Mt. Kisco, County of Westchester, and State of New York and more particularly bounded and described in herein. Together with an undivided .8686 percent interest in the Common Elements.

The premises will be sold subject to the provisions of the filed Judgment, Index No. 54254/2018 the Terms of Sale, and an assigned mortgage held in the principal sum of \$331,550.00, with interest thereon.

The approximate amount of the Judgment, for the property referred to therein, is \$14,737.91, plus interest and costs, as provided in the Judgment. The successful bidder will be required to deposit 10% of the bid by certified or official bank check, unendorsed, made payable to the Referee in accordance with the terms of sale.

Robert A. Hufjay, Esquire, Referee. (914) 664-8400 Ansell Grimm & Aaron, P.C., Attorneys for Plaintiff, 365 Rifle Camp Road, Woodland Park, New Jersey 07424 (973) 925-7343

Attention: Stacey R. Patterson, Esq.

## Mt. Pleasant Trustees Weigh Bond for HS Athletic Field Upgrades

#### By Sean Browne

The Mount Pleasant Board of Education got an earful last week from residents who urged district officials to install artificial turf at Westlake High School because of poor field conditions.

Board of Education President Colleen Scaglione Neglia said residents have pressed the board to discuss the possibility of holding a referendum to help finance an artificial surface. Last Thursday evening during a special meeting at Westlake High School, community members aired grievances about the current condition of the district's outdoor athletic facilities.

It is unclear when a vote might occur and the estimated price of a bond because the board is still developing what would be included in the project, Neglia said.

"We don't have an idea until we hear from everybody so I would be misguided if I answer that now," she said. "Maybe everybody wants a turf field but maybe they don't want \$17 million worth of turf field so that is what we are trying to gather now."

Trustees asked the residents, who filled about two-thirds of the high school's auditorium for the forum, to assess the district's fields. Responses



ANDY JACOBS PHO

A Westlake High School football game against Ardsley last fall on Westlake's grass field. Vocal residents at a special forum last week urged district officials to switch to an artificial surface because of frequent poor field conditions.

painted a highly unflattering picture.

One resident explained the embarrassment for Westlake's athletic teams having to play in substandard conditions when visiting schools' teams visit the campus, particularly for

football and lacrosse games.

"The high school lacrosse team was in the state championship and the next year we don't get our first practice until the second game of the season because we don't have a field to practice on," said a resident. "We hosted a playoff football game but we had to go to Blind Brook because we couldn't have it here. It's embarrassing and our kids worked hard to have that home field advantage."

When Trustee Michael Griffin asked the crowd what they thought of turf fields at the Westlake campus, someone called out, "It's about time,"

Another resident related a story about the poor conditions that his sons modified lacrosse team had to endure at one of the Westlake fields.

"The team couldn't play at the varsity field because it would ruin the grass so we had to play at the fields up top, the resident said. "There is absolutely no grass, so we had to take a stick and make a circle in the dirt to indicate a lacrosse crease, and you could see the other teams laughing at us. I mean what are we doing we should have added turf along time ago."

Poor-quality fields weren't the only gripe among the residents. Some residents said they wanted there should be lights to hold events at night and a press box.

District officials plan to discuss the issue again after reviewing feedback from the community.

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We invite readers to share their thoughts by sending letters to the editor. Please limit comments to 250 words. We will do our best to print all letters, but are limited by space constraints. Letters are subject to editing and may be withheld from publication on the discretion of the editor. Please refrain from personal attacks. Email letters to mwilbur@theexaminernews.com. The Examiner requires that all letter writers provide their name, address and contact information.

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### **Editorial**

### Pushing Ahead With P'ville Civic Space May Not Be Best Path Forward

Initially the proposal for redesigning a portion of Pleasantville's Memorial Plaza into a public green space sounded like a promising idea.

As new project proposals surfaced for the village's downtown to spur development, why not carve out a piece of the downtown as a gathering space for people to sit outside, eat lunch or have a cold drink and meet with neighbors on a pleasant spring, summer or fall day?

Officials almost everywhere are trying to reimagine their downtowns, to attract people to walk and spend time outdoors in or near the business district. Typically, the public often is drawn to new attractions as long as they are practical.

For whatever reason, the civic space idea has not appeared to ignite the

passion of Pleasantville residents. Maybe because there are other destinations in the village – the coffeeshops, the restaurants, the Jacob Burns and the school sports venues. It probably has some supporters beyond those on the Village Board, but if they exist, they're certainly not banging down the doors of Village Hall to let anyone know.

Last week, the Village Board received an earful from residents who attended a packed public hearing on the civic space proposal and the Manville Road reconstruction project.

There are two things that should make officials pause about the civic space. Should the village spend about \$2 million for a project that already had to be downsized and prompted so many people to come out on a Monday night in January to strongly criticize?

Of even greater importance is a question that the Village Board has yet to adequately address: Where and how will the estimated 40 lost parking spaces be recouped? While it's open for debate whether on-street parking downtown is really insufficient or people just don't want to walk five minutes to their destination, it doesn't appear that losing parking spaces on Memorial Plaza is particularly wise.

The civic space remains a potentially encouraging plan. However, the board has to grapple with the notion that if there isn't a strong clamoring for it, is it worth spending the time and money to continue to pursue?

### Letter to the Editor

#### Let the Former Presidents Serve as Arbitration Panel to End Shutdown

President Trump and the Democrats in Congress are at an impasse over the wall. We are now in Week Five.

Meanwhile, thousands of federal employees are suffering without paychecks. American citizens are not getting the services we need from the federal government. Our airports are experiencing problems – and security screeners are not showing up at some airports. Some believe that the shutdown has hamstrung both the U.S. Secret Service and Department of Homeland Security. And people around the world can't believe that our government is so dysfunctional.

To break the impasse, I suggest that the President and members of Congress agree to an arbitration panel. The panel should consist of the former Presidents of the United States: Presidents Obama, Clinton, Bush and Carter. Each of these Presidents dealt with the immigration issue and some of the former Presidents even built walls near some of the borders. They were tough at times but also compassionate. I think they could come up with recommendations that the majority of Americans and officials would support. And, I think they would be open-minded.

The panel of Presidents should

propose to Congress a new immigration policy that will be comprehensive and fair. The government should re-open while the panel deliberates and members of Congress and the President should commit to allowing a vote on the panel's recommendations at the conclusion of the process.

The American people want a government that works. No one wins when Congress and the President only fight and get nothing accomplished.

Paul Feiner Greenburgh Town Supervisor

#### Lifting Up Westchester Essay Contest Open to Local Students

Lifting Up Westchester, a non-profit agency committed to giving individuals in need a second chance by helping them to achieve self-sufficiency, is looking for applicants for its second annual student essay contest, "Why Second Chances are Important."

All Westchester students in grades 7-12 are invited to reflect on what it means to give someone a "second chance."

The essay contest was established in 2017 in memory of Beth Massey Rubens, a lifelong teacher, tutor and mentor who had a love for language arts.

This year's essay asks students to reflect on how they have seen or experienced a second chance in action and what they learned from it. The contest also asks students to think through the complexities surrounding this issue. Can everyone change the course of his or her life? What would it take to accomplish that? Does everyone deserve a second chance? Does everyone need or deserve a champion rooting for them through good and bad times?

"By inviting high school students to reflect on the importance of second chances, we hope to cultivate empathy and respect for those in our community who are experiencing homelessness, substance abuse, incarceration or who are struggling to change their lives," said Anahaita Kotval, executive director of Lifting Up Westchester. "Challenging our high school students to seriously think about second chances can kickstart an

important conversation about the part each of us can play in helping those in need."

First-, second- and third-place cash prizes will be awarded in three grade groups – seventh- and eighth-graders; high school freshmen and sophomores; and juniors and seniors. First prize in each category is \$500, second prize is \$250 and third prize is \$100. An awards brunch will be held at Ruth's Chris Steak House in Tarrytown.

Students can enter the contest through Jan. 31. Essays must be submitted in PDF format via e-mail to luwessaycontest@gmail.com.

Students, teachers and parents can learn more about how the contest works and the judging criteria by visiting www.liftingupwestchester.org.



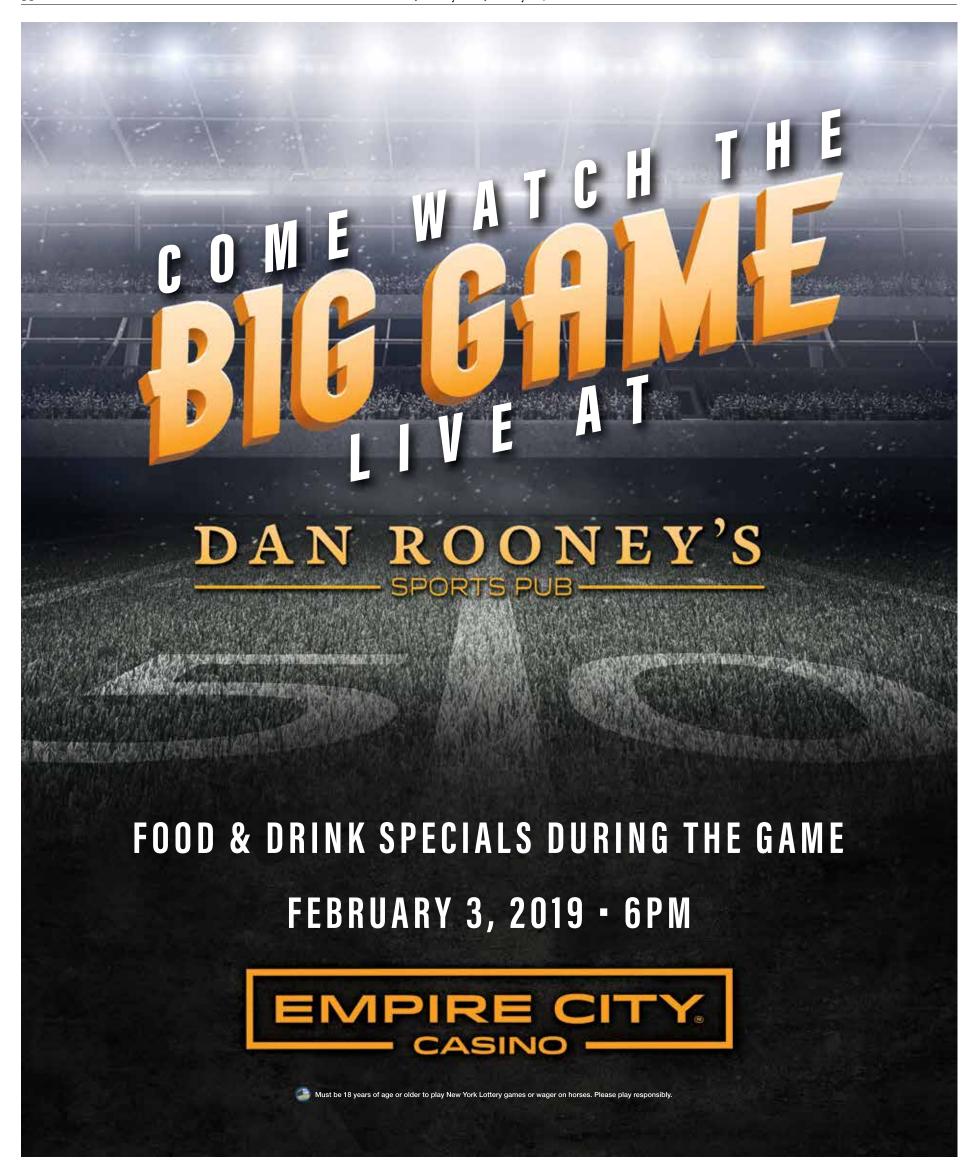
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### **County Household Material Recovery Facility Expands to Five Days a Week**

Westchester County's Household Material Recovery Facility (H-MRF), located at 15 Woods Rd. in Valhalla, is now open five days a week, Tuesday through Saturday from 10 a.m. to 3 p.m., accepting a wide array of household wastes that are not typically collected curb side.

Previously the H-MRF was only available for residents three days a week (Tuesdays, Thursdays and Saturdays).

In addition to properly labelled household chemicals and other special wastes found in a typical household, residents can bring documents for shredding and expired or unwanted medications for disposal on the first Tuesday of each month.

Generally, the following items are accepted for safe disposal or recycling at the H-MRF:

### Properly labelled household chemicals, such as:

- Household cleaning products
- Most automotive fluids (antifreeze, brake fluid and gasoline, but not motor oil)
- Flammable liquids (kerosene, butane, lighter fluid, turpentine)
- Metal, jewelry and furniture polishes and waxes, wood preservatives
- Fertilizers, pesticides, insecticides, herbicides
- Photographic and swimming pool chemicals
- Batteries (only vehicle, rechargeable or button cell
- Fluorescent light bulbs & CFLs
- Fire extinguishers
- BBQ propane tanks (up to 20 pounds)
- Mercury containing devices (thermometers and thermostats)

### 'A Stitch in Time' Exhibit Continues at New Castle Historical Society

The New Castle Historical Society's exhibit "A Stitch in Time: Needlework from Westchester, 1774 to the Present" traces the artistry and social history of Westchester girls and women through needlework, from the colonial era to modern day. The exhibit focuses on the techniques used, the skill and creativity and the different ways in which the pieces represent evolving societal expectations of women and girls.

The exhibit is at the Horace Greeley House, 100 King St. in Chappaqua, now through July 31. It is open Tuesdays, Wednesdays, Thursdays and Saturdays from 1 to 4 p.m. and by appointment.

For more information, call 914-238-4666 or visit www.newcastlehs.org.

- Electronic waste (TVs, computer monitors and towers)
- Expired or unwanted medications, both over-the-counter and prescription
- Personal documents for shredding (limit of four file-size boxes per household)
- Tires

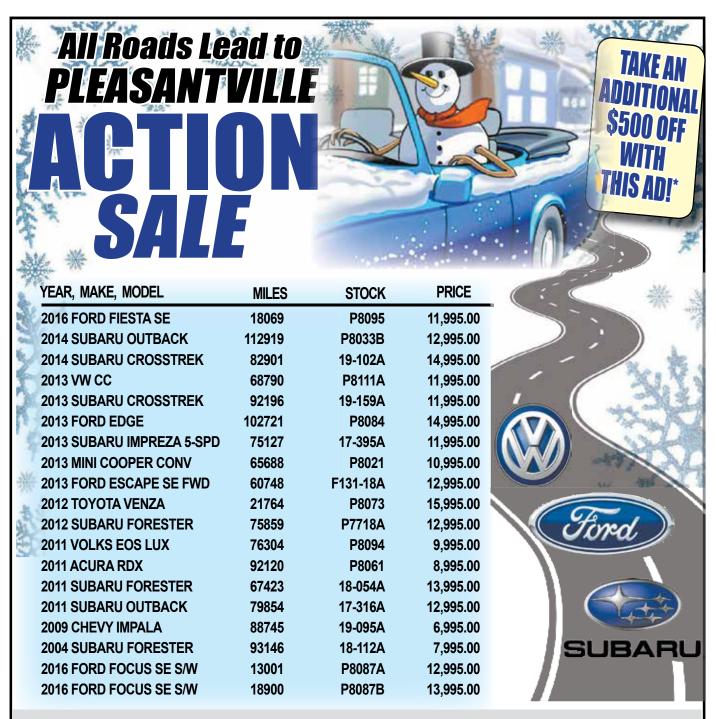
Items that will not be accepted include paint (both latex and oil), non-

rechargeable alkaline and carbon zinc batteries (they can be safely discarded in the trash), motor oil, smoke detectors, cell phones, explosives (flares, fireworks, ammunition), construction debris and hypodermic needles. Also, waste from businesses, schools or other institutions will not be accepted.

Over 8,000 households visit the H-MRF every year to dispose of household waste. In 2017, 8,202 households delivered more than 765,000

pounds of household waste to the facility Materials that can be recycled, such as E-waste, are removed from the waste stream and processed by recyclers. Other items are handled and disposed of using the most environmentally safe procedures available.

For more information on what you can bring to the H-MRF, call 914-813-5425 or visit http://environment. westchestergov.com/new-h-mrf.



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### A Realtor Assesses Homes Rigged for Child Safety

When I observe all the child safety features in today's cars, strollers and homes, I wonder how any of us over 50 years old survived this long.

It's been a long time since I've had a toddler in the house, but I knew things had changed significantly when my daughter told me that we couldn't put my grandson into her old crib or high chair because they were too dangerous.

Considering that her bed, from the time she was a toddler until her teen years, was a stenciled antique from the 1840s made with no thought of

safety at all, it's lucky that my wife and I weren't arrested for endangering the welfare of a child.

As a realtor, I once showed a home that was so heavily protected for child safety that I kept embarrassing myself by being unable to figure out the contraptions meant to stump toddlers. I wasn't immediately able to open the door to the basement or release a safety gate at the top of the stairs. I noted that there was even a safety lock on the toilet. Fortunately, my clients didn't ask to use





By Bill Primavera

Had I stumbled and fallen, I'm sure my head would have

bounced off something soft like a rubber guard along the raised fireplace hearth or spongy protection on the edge of a chest.

Today, parents of young children have a world of products that ensure their child's safety. After taking care of the safety issues, they can plan a child's room around fun, education and delightful themes.

When I was a child during the Dark Ages, my older brother

and I shared a room that had two twin beds, a chair and one chest of drawers. Not much better than a monastery cell, the room had only one decoration: a picture of two orphans from Boys Town, where an older boy is carrying a younger one on his back through the snow, and below is the quote "He ain't heavy, Father. He's my brother." I still have that picture in my room.

At one time there was a children's furniture store in Yorktown that was a fount of information regarding child

safety. However, it was forced out of business by online options.

I remember clearly the child safety issues I discussed with its owner. When I asked about which safety products are the most essential for a home with children, I was told that there's no specific thing that is more important than the other. It's a combination of everything, depending on whatever might go wrong in any room in the house.

The first safety device described to me was a strap that attaches from a wall to the back of a flat screen television or any piece that is likely to tip over. Other safeguard products were identified as doorknob covers, cabinet latches, stove guards, microwave locks, refrigerator locks, electric socket covers and guards for folding and sliding closet doors.

I found it amusing when the store owner said that with toilet seat locks. he would suggest that homeowners remember to unlock them when expecting company.

His strongest caution was that safety gates at the top of the stairs be mounted into the wall, making them more secure than pressure gates. Pressure gates have a bar across the bottom, and no matter how many times you remind yourself, you can easily trip over the bar when the gate is open.

Once the necessity of safety is addressed, there is a world of adventure in designing a child's room, starting with high-quality cribs that convert to fullsize beds, using the back as a headboard and the front as the footboard, adding sidebars and slats. Beauty can be combined with practicality with multiuse furniture. A loft bed might feature storage for clothes while providing other functions as well.

I clearly remember that when I was about five years old, I turned the knob without a safety device leading to the basement, and I tumbled down the steps, landing on my head on a concrete floor.

I survived the mishap, but whenever I acted weird, even into my teenage years, my mother would always speculate that it was that bounce of my head against the concrete that was at the root of the problem.

Bill Primavera, while a publicist and journalist, is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. (www. PrimaveraPR.com). To engage the services of The Home Guru to market your home for sale, call 914-522-2076.





## **Entries Being Accepted for Mt. Kisco Photography Exhibit**

The Mount Kisco Conservation Advisory Council (CAC), in partnership with the town's Tree Preservation Board, Historical Society and the Arts Council, has announced a call for entries to its upcoming second annual photography exhibition "The Nature, Culture, and People of Mount Kisco" to be held in the town's public library from Apr. 4-27. There will be an opening reception on Thursday, Apr. 4 from 5 to 6:30 p.m.

Anyone, from anywhere, of any age and of any level of photography experience who has taken a photograph in Mount Kisco is encouraged to participate. There is no entry fee. The deadline for submitting digital entries is Mar. 1.

"The purpose of this photography exhibition is to encourage all of us to look around, appreciate and capture our memorable experiences of Mount Kisco," said Village Board Trustee Karen Schleimer.

Schleimer said more than 100 photographs of birds, local concerts, parties, gardens, historic buildings and people in Mount Kisco were submitted for last year's inaugural exhibit.

"We want you to stroll our streets, walk our trails and see Mount Kisco from a new vantage point – then capture those images with your camera and share them with the entire community," she said.

Like last year, selected pictures will



Nature, culture and people are the entry categories for Mount Kisco's second annual Photography Exhibition. Anyone may submit entries for the exhibit, that will be held at the Mount Kisco Public Library from Apr. 4-27, featuring scenes from around the village.

be exhibited on the walls of the library. All submissions will be displayed on the wide-screen television in the library's lobby and showcased online. In addition, exceptional photographs in each of three categories (nature, culture and people) will be recognized. Special recognition in



all categories will be awarded for young photographers 18 years old and younger.

Submitted photos should be appropriate for viewing by people of all ages, must be original content and the property of the person submitting them for exhibition. The submission form will be available at www.mountkiscohistoricalsociety.org and at other local sites.

For more information or a copy of the entry form, send an e-mail to MKphoto2019@gmail.com.

## **Treasury Bill Indexed Money Market Account**

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January 22 - January 28, 2019 The Examiner

## A Busy Year for the Pleasantville Volunteer Fire Department

The Pleasantville Volunteer Fire Department responded to 505 alarms in 2018, consisting of residential fire alarms, calls about carbon monoxide, auto accidents, gas leaks, smoke investigations and mutual aid responses.

On Sunday, Jan. 13, the department received its most recent call for mutual aid. A house fire on Whippoorwill Road near Sutton Farm Drive in Chappaqua required response from Pleasantville firefighters, who joined departments from Chappaqua, Millwood, Mount Kisco and Thornwood to battle the blaze for more than two hours. Volunteer ambulance corps crews from Chappaqua and Pleasantville stood by to provide assistance in the event of injuries. Fortunately, there were none.

On Christmas Eve, Rescue 47 made the rounds through town with Santa in the officer's seat and Chief Madison Martineau driving, along with a complement of elves in the crew compartment.

Almost every month the Pleasantville Fire Department profiles one of its firefighters. This month, the spotlight is



on Dylan Curtis.

Curtis, a Pleasantville High School graduate, has been with the department for 13 years. He started in the Junior Corp before becoming a senior member with Pioneer Hook and Ladder. He quickly attained the rank of lieutenant



A Chappaqua house fire on Jan. 13 required mutual aid from multiple volunteer fire departments, including Pleasantville. There were no injuries.

Left: Lt. Dylan Curtis

and then captain. He currently serves as a lieutenant in the company.

Curtis has been with the FDNY for nine-and-a-half years, the last six years as a firefighter and before that as an EMT.

In his spare time, Curtis likes to snowboard, work on cars and motorcycles, play video games and enjoys archery. He has been a tremendous asset to the department in his leadership

roles and now brings valuable FDNY experience to his service as a Pleasantville Fire Department volunteer

#### Firefighters Hold Dorr Vigil

On Jan. 7, the department and friends gathered at the entrance of Graham Hills Park to remember Tom Dorr, who was killed in the park on that date in 1996. Rev. Paul Egensteiner, the department chaplain, led the prayers and eloquently expressed the sorrow felt by Tom's loss and the frustration that his murder has yet to be solved. Each year, the department gathers with the hope that by the next anniversary of his death, the crime will be solved and those responsible will be brought to justice.

Anyone interested in joining the Pleasantville Volunteer Fire Department can stop by headquarters almost any Monday night at 75 Washington Ave. in Pleasantville. If you see members there, come inside and someone will take the time to speak with you or call 914-769-2336. (It will be a recording but someone will return your call.) A few good neighbors are always needed in the department.

For more information, visit www. pleasantvillefire.org.

### Briarcliff HS Student Goes for Gold, Receives Highest Girl Scout Honor

Briarcliff High School senior Stephanie Vaream recently earned her Girl Scout Gold Award, the highest honor in Girl Scouts.

Vaream, who has been a Girl Scout since kindergarten, chose the topic of mental health awareness for her project. She set out to raise awareness in Westchester County and reduce the stigma involved. One in five people suffer from mental illness.

For her award, Vaream created a pamphlet that provides information on causes and symptoms as well as treatments and where to seek help. She collaborated with the Westchester Library System to provide access to the pamphlet online and to place them at local doctors' offices.

Vaream also organized a walk last year at Croton Point Park, partnering with the American Foundation for Suicide Prevention. The foundation provided information on ways to save a life, their Out of Darkness walks and their memory quilt programs.

The Life Keeper memory quilt program is a way to put a face on suicide. Loss survivors create individual memory squares, which are assembled into traditional quilts that are displayed at public events. Vaream raised enough money to buy the materials needed to make several hundred squares.

Finally, she created a screening tool that is used at offices of local pediatricians to diagnose at-risk adolescents suffering



Stephanie Vaream, who recently earned her Girl Scout Gold Award. Her project sought to raise awareness and reduce the stigma of mental illness.

from mental illness. The pamphlets and screening tools encourage discussion about mental health and provide help when needed.

"The more we discuss mental health, the lower the stigma attached to it and the more those in need will get help," Vaream said. "People talk so openly about physical health and should do the same with mental health. It has been extremely rewarding to help local adolescents and provide information on mental illnesses to residents in Westchester County."

## Bedford Resident Competes at Grand Central's Squash Tourney

A boyhood dream was realized last Wednesday night for Bedford's Chris Hanson

Playing in his first match ever on the glass-enclosed squash court in Grand Central Terminal at the J.P. Morgan Tournament of Champions, Hanson provided a determined challenge for Egyptian veteran Omar Mosaad before falling 8-11, 10-12, 8-11.

"This has been a dream for me for a very long time since I was a little kid," Hanson, 28, told the fans. "I relished the opportunity and it was great to play as well as I did."

Hanson pushed Mosaad, ranked 17th in the world, in every game in the 48-minute match. The lefthander led in the opening and final games and had a game point in the second game at 10-9. Mosaad escaped when he was awarded a stroke by the match referee and won the next two points to take the game.

"If I could have closed out that game and made it a game apiece, it could have made a big difference," said Hanson, ranked 63rd in the world.

"I want to be out there with these guys



PSA WORLD TOUR PHOTO

Chris Hanson of Bedford, foreground, competes against highly ranked Omar Mosaad of Egypt at the J.P Morgan Tournament of Champions at Grand Central Station on Jan. 16.

all the time and I think I have put in the hard work day in and day out to do that. I guess you could call this a good disappointment," he added.

**SMALL NEWS IS BIG NEWS 914-864-0878** 

### County Parks Summer Camp Registration Opens Next Month

Attention parents! Summer will be here before you know it and now is the time to plan for memorable camp experiences for your children.

With a slate that includes milking a cow to playing the saxophone or chasing down a fly ball, the very best in camp variety, convenience and value is at Westchester County Parks.

Online registration begins on Wednesday, Feb. 13 at noon for Muscoot Farm's Young Farmers camp. Registration for most other camps begins Friday, Feb. 15 at noon.

"From kindergarteners through teens, young people find the right fit at our outstanding summer camps, which take place in some of our most iconic parks," said County Executive George Latimer.

Muscoot Farm's Young Farmers for children in grades 1-8 provides a unique experience that teaches children what life on a farm was like in the early 1900s in Westchester County. There's also Wranglers Camp for four- and five-year-olds. Programs are held in one-week sessions in July and August at Muscoot Farm in Somers.

Summer Nature Camps for children in grades 1-12 focus on weekly themes about animals, insects and plants. Camps are held at Cranberry Lake Preserve in North White Plains; Lenoir Preserve in Yonkers; Trailside Nature Museum in Cross River; and Marshlands Conservancy and Edith

G. Read Wildlife Sanctuary, both in Rye. Sessions are offered in July and August.

Slam Dunk Basketball Camp, for children entering grades 3-8 in September 2019, can hit the boards at the County Center during one-week sessions in July. Players learn skills with emphasis on skill development, game knowledge and cooperative learning.

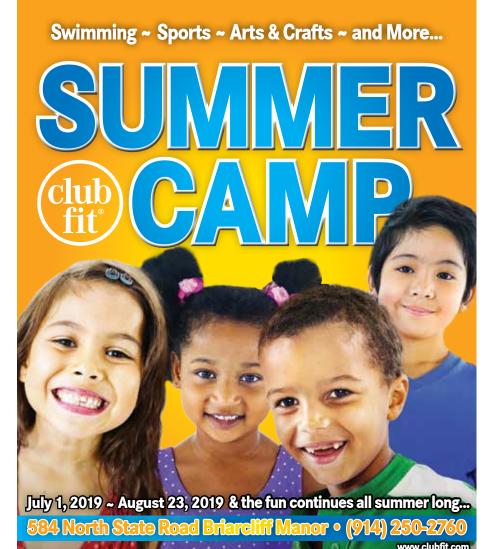
Summer Music Center, for children entering grades 4-12 next September, is conducted as a single, six-week session that runs from July 1 through Aug. 9. Participants receive instruction in band and orchestral instruments, as well as keyboard, guitar and recorder.

Perfect Pitch and Swing Baseball Camp provides children eight to 12 years old with training that uses unique and innovative methods combining traditional baseball skills with disciplines from other sports at V.E. Macy Park in Ardsley. The daily schedule includes drills, hitting, throwing/pitching and games. Camp dates will be announced.

Hole-in-One Junior Golf Camp for children 10 to 17 years old will be offered at various Golf Westchester golf courses. Camp dates will also be announced in the near future.

Updates and detailed information about dates, hours and tuition can be found at www.parks.westchestergov.com.

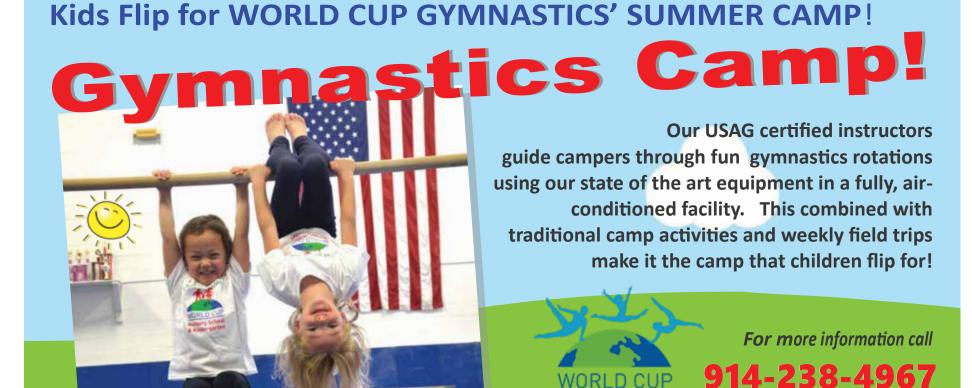
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## Happenin8s

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Martin Wilbur at mwilbur@theexaminernews.com.com.

#### Tuesday, Jan. 22

"Detour." Shot on a minuscule budget for the "Poverty Row" outfit Producers Releasing Corporation and running a mere 68 minutes, Edgar G. Ulmer's "Detour" (1945) conjures more mood and atmosphere than most big-budget Hollywood films can muster in two hours. On his way to join his girlfriend in Los Angeles, down-and-out piano player Al Roberts (Tom Neal) hitches a ride with con man Charles Haskell (Edmund MacDonald). When Haskell mysteriously dies, Al assumes his identity and runs into a new set of troubles when he picks up a hitchhiker (Ann Savage) who uses his lies against him. With limited sets and stock footage, Ulmer created a terse, bitter picture that carries film noir into the realm of existentialism. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 4:30, 6:15 and 8 p.m. Members: \$9. Nonmembers: \$14. Info and ticket: Visit www. burnsfilmcenter.org.

**Drop in for Tech Help.** Receive help with any of your technology devices. PC, Google and Microsoft savvy volunteers will help with troubleshooting, downloading, Overdrive, Freegal, Hoopla or any other online service. First-come, first-served. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 3 to 4:30 p.m. Free. Every Tuesday. Info: 914-666-8041 or www. mountkiscolibrary.org.

Reading With Tobie and Karen. A program for school-age children. Tobie and Karen are with The Good Dog Foundation. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 p.m. Free. Every Tuesday. Info: 914-273-3887 or www.northcastlelibrary.org.

English Conversations. For speakers of other languages seeking to improve their English. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkiscolibrary.org.

Comedy Night. Six popular comics for a night of great dining and outrageous comedy. For adults 18 years old and up. Westchester Broadway Theatre, 1 Broadway Plaza, Elmsford. Dinner at 6:15 p.m. Show at 8 p.m. \$89 per person (plus tax). Show only: \$55 per person (plus tax). Info and tickets: 914-592-2222 or visit www.broadwaytheatre.com.

Italian Language and Culture. Mara De Matteo, born and raised in Italy and passionate about her native language, combines lively conversation with grammatical instruction in her classes. She creates interactive lessons on the richness of Italian culture, past and present. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6:30 p.m. Every Tuesday. Info: 914-273-3887 or

**Organ Recital.** Fanxiu Shen, a professor at the Central Conservatory in Beijing

where she is a Baroque specialist, teaching harpsichord and organ will give a recital featuring works of Muffat, Bach, Pachelbel, Franck and Boëllmann. Shen is a highly-visible advocate for the pipe organ in China and gives frequent lectures and recitals to promote the instrument. Followed by a reception and lecture discussing the pipe organ in Chine. The Church of St. James the Less, 10 Church Lane, Scarsdale. 7 p.m. Free; \$20 donation suggested. Info: 914-723-6100 or visit www.stjamesscarsdale.org.

Legendary Tuesday Night Jam. This jam has fostered many great musicians over the years. Some have gone on to tour, win Grammy Awards and achieve celebrity status. You never know who you'll hear. Come on down, play or listen, dance, drink and enjoy. All levels of musical talent are welcome. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 8 p.m. No cover charge. Every Tuesday. Info: 914 -747-4740.

#### Wednesday, Jan. 23

Zumba Fitness. Achieve long-term benefits while having a blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life. For all fitness levels. Dance Emotions, 75 S. Greeley Ave., Chappaqua. 9.a.m. Every Monday and Wednesday at 9 a.m. and Saturdays at 10 a.m. Drop in or weekly discount rates available. Info: Contact Peggy at 914 960-4097

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10 to 10:30 a.m. Free. Every Monday and Wednesday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

New Mommy and Daddy Meet-Up. Whether it's your first child or your fifth, this is a great way to get out of the house, meet new friends and enjoy time with your baby. World Cup Nursery School, 160 Hunts Lane, Chappaqua. 10:25 to 11:10 a.m. Free. Every Wednesday. Info: 914-238-9267 ext. 20.

Toddler Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10:30 to 11 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Senior Benefits Information Center. Counselors offer older adults one-onone counseling covering a broad range of topics including Medicare health and prescription plans, food stamps, HEAP, EPIC, weatherization, minor home repair and tax relief programs. Mount Kisco Public Library, 100 Main St., Mount Kisco. 10:30 a.m. to 1:30 p.m. Free. Every Wednesday. Info: 914-231-3260.

**Preschool Storytime.** This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 11 to 11:30 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or www.mountpleasantlibrary. org.

**Bilingual Storytime.** Sing songs and read picture books in English and Spanish. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Wednesday. Info: Visit 914-666-8041 or www.mountkiscolibrary.org.

Meditation Series: Midday Mind Break. Benefits of meditation include increasing focus and memory; increased health; reduced stress, anxiety and pain; and increased productivity and happiness. Led by Alka Kaminer. North Castle Public Library, 19 Whippoorwill Rd., East, Armonk. 12:15 p.m. Free. Every Wednesday (except Jan. 30). Also Jan. 27. Info: 914-273-3887 or www. northcastlelibrary.com.

Chair Yoga With Alka Kaminer.
Experience greater flexibility, cardiovascular endurance and improved balance, strengthening and toning of muscles, better digestion, stress reduction, mental clarity, improved breathing, relaxation and an overall sense of wellbeing. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 1 p.m. Free. Every Wednesday (except Jan. 30). Info: 914-273-3887.

Affordable Care Act Navigator. A trained navigator provided by the county Department of Health will be available to help people with choosing and signing up for health insurance under the Affordable Care Act and the state health marketplace. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 2:30 to 7 p.m. Free. Every Wednesday. Also Thursdays from 1 to 6 p.m. and Saturdays from 10 a.m. to 2 p.m. Appointment required. Info and appointment for Wednesday sessions: 914-336-6026. Info and appointment for Thursday and Saturday sessions: 914-813-5192.

Science Lab. Become junior scientists and learn about different science topics through stories, crafts and experiments. There's a new topic every week. For children four to six years old. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 to 5 p.m. Free. Every Wednesday. Info: 914-273-3887 or www.

northcastlelibrary.org.

Knitting at the Library. Knitters and crocheters of all skill levels. For ages 10 and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 5:30 p.m. Free. Every Wednesday. Info: 914-864-8041 or www.mountkiscolibrary.org.

**DIY Tissue Paper Dinosaur.** Be a paleontologist for the day and create a dinosaur of your own imagination out of cardboard and tissue paper. Materials will be provided. For children four to 11 years old. (Children under five years old must be accompanied by a caregiver.) Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Info: 914-666-8041 or www.mountkiscolibrary.org.

Art Series: Charles Burchfield. Born in 1893, Burchfield often captured the effects of seasonal changes of the landscape near his home outside of Buffalo. Commemorated by the Whitney with a remarkable retrospective of his captivating work several years ago, his landscapes and images are worth an examination. Discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www. northcastlelibrary.org.

Creative Teen Hour. Create a cool yarn hat in a single evening. All materials will be provided. For anyone 12 years old and up. Hosted by North Salem teen Gabriella. Ruth Keeler Memorial Library, 276 Titicus Rd., North Salem. 7 p.m. Free. Info: 914-669-5161 or www.keelerlibrary.org.

Author Talk. In commemoration of Holocaust Remembrance Day, "Death March Escape: The Remarkable Story of a Man Who Twice Escaped the Nazi Holocaust" by Jack Hersch will be discussed. Hersch, intrigued by a photo of his father on a concentration camp memorial website, delves into the life of a man willing to pursue freedom at any cost. New Castle Town Hall, 200 S. Greeley Ave., Chappaqua. 7 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Horn From the Heart: The Paul Butterfield Story. A film recounting the life and career of legendary blues musician Paul Butterfield. A white teenage harmonica player from the South Side of Chicago, Butterfield learned the blues from the original black masters performing nightly in his backyard, including his lifelong friend and mentor Muddy Waters. The only artist to perform at The Newport Folk Festival in 1965, The Monterey Pop Festival in 1967 and Woodstock in 1969, Butterfield would continue to break new ground in blues and to stand up for racial equality until his untimely death at 44. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7 p.m. Members: \$9. Non-members: \$14. Info and tickets: Visit

continued on page 24

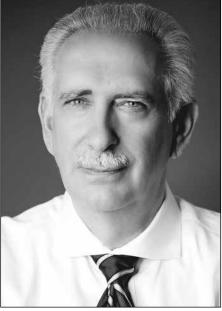
## Scarpino Implements Marijuana Prosecution Reform for Westchester

In a continuing effort to promote fairness in how crime is prosecuted, Westchester County District Attorney Anthony A. Scarpino, Jr. is implementing changes in the handling of low-level marijuana offenses in Westchester County.

Under this new policy, the possession of small amounts of marijuana (two ounces or less) will no longer result in a criminal conviction, negating the collateral damage such a conviction might impose.

The changes in prosecution took effect Jan. 14 for unlawful possession of marijuana, a violation, and fifth-degree criminal possession of marijuana, which has been a Class B misdemeanor. Specifically, the district attorney's office will no longer prosecute based on the possession of an aggregate weight of more than 25 grams, provided the person is only charged with those offenses.

Regarding the second charge, the district attorney's office will prosecute the B misdemeanor offense in Penal Law § 221.10 (1) only as a violation (under Penal Law § 221.05 for the unlawful possession of marijuana) when a person possesses, in a public place, burning or



Westchester County District Attorney Anthony Scarpino

publicly viewable marijuana, provided the person is only charged with this offense.

The district attorney's review of the prosecution of lower level marijuana offenses is ongoing. Additional changes will be announced as they are adopted.

"After a careful review of marijuana cases in Westchester, as well as discussions with police, community leaders and advocates, we have made the decision to change how we prosecute such offenses," Scarpino said. "This decision not to prosecute specific cases will allow many people to move forward with their lives without the stigma attached to criminal records of any kind, records that cause discrimination in housing, job and school applications. Much of this has burdened our minority communities and we believe it is time to rectify that."

He also said that the change is a decision based on better allocating public resources and to focus those resources on more serious crimes.

Beyond this decision, Scarpino is urging Gov. Cuomo and state legislators to create a uniform approach to prosecuting marijuana offenses and end the current disparity from county to county.

This progressive action follows bail reform, which was announced last year. The district attorney's office no longer requests bail for defendants whose cases wouldn't end in incarceration, eliminating cash bail for most misdemeanors. The office found bail on nonviolent low-level offenses where the defendant was not a flight risk weighed heavily on poorer defendants.

"These reforms in the bail process and marijuana prosecution are illustrations of our commitment to a fairer system of justice that works for every member of our community, no matter where they live, the color of their skin or the amount in their wallets," Scarpino said.

The district attorney's office reserves the right to continue to prosecute all other marijuana-related offenses.



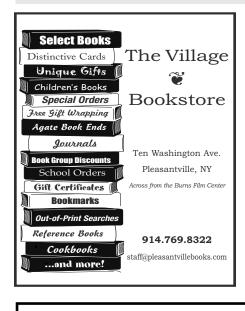
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#### **LEGAL NOTICES**

NOTICE OF FORMATION OF KABATCHNICK ENTERPRISE HOLD-INGS LLC Arts of Org filed with Secy of State of NY (SSNY) on 12/7/2018. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 18 Belmont St., White Plains, NY 10605. Purpose: Any lawful act or activity.

NOTICE OF FORMATION OF ROMANOFF ELEMENTS, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on 10/25/2018. Westchester County. SSNY designated as agent for service of process on LLC. SSNY shall mail a copy of process to Carol Romanoff 55 Byram Ridge Road, Armonk NY 10504 Purpose: Any lawful purpose.

Articles of Organization (DOM-PROF. LLC). Erica O'Connor PT PLLC filed with the Secy. of State of NY (SSNY) 11/6/18. Office loc.: Westchester County. SSNY is designated as agent of DOM-PROF.LLC upon whom process against it may be served. The address SSNY shall mail copy of process to c/o Schecter, 153 W. Main St., Mount Kisco, NY 10549. Purpose: The practice of Physical Therapy.

NOTICE OF FORMATION OF EATON TAX SERVICE LLC. Articles of Organization filed with the SSNY on 01/02/2019. Office: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to Eaton Tax Service LLC, 142 Mt Joy Pl, New Rochelle, NY 10801. Purpose: Any lawful purpose.

The name of the LLC is Goodbear Holdings LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on December 20, 2018. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Westchester County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o 25 Bank St. Apt 214K, White Plains, New York 10606.

The name of the LLC is Goodbear Property LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on December 20, 2018. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Westchester County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o 25 Bank St. Apt 214K, White Plains, New York 10606.

DB PRINTING & PROMOTIONAL PRODUCTS LLC, Arts. Of Org. filed with SSNY 9/26/2018. Office loc: West-chester County. SSNY has been designated as agent upon whom process against LLC may be served. SSNY shall mail process to: LLC: United States Corporation Agents, Inc., 7014 13th Avenue, Suite 202, Brooklyn, NY 11228. Purpose: Any lawful purpose.

NOTICE OF FORMATION OF CASA CORDOVA, LLC. Arts. of Org. filed with SSNY on 1/16/19. Office location: West-chester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to 1251 Wilson Road, Yorktown Heights, NY 10598. Purpose: any lawful act or activity.

Town of Putnam Valley 265 Oscawana Lake Road Putnam Valley, NY 10579 NOTICE WT 1/2019 January 15, 2019 Notice is hereby given that the Town of Putnam Valley has received a wetlands application from the following applicant: WT 01/19 Carolyn Rudowich 243 Lake-Shore Road TM# 41.6-1-6



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## Women: Keep Your Head Up and Avoid Mom Posture If you're a mom, you may sometimes Do your shoulders lean forward instead devices that contribute to who carry stress in their

If you're a mom, you may sometimes feel as though the weight of the world rests on your shoulders. And those shoulders – and back and neck – may be hurting!

"Mom posture" is a painful and chronic condition resulting in rounded shoulders, forward head position and a frontward pelvic tilt. While anyone can suffer from mom posture, especially heavy users of handheld electronics, women are more susceptible than men.

For busy moms, pain often occurs when lifting little ones, hunching over when nursing or changing diapers or from chauffeuring children to and from activities. Pregnancy also contributes to the problem. Aside from the heavy breasts and frequent nursing that can affect a woman's alignment, cascades of hormones during pregnancy cause a natural laxity of the ligaments, allowing muscles and joints to stretch to make room for a growing baby.

While this is helpful for baby's development, it's not so great for mom's posture. Fortunately, it's easy to treat with the following tips.

**1.Be aware of your posture.** Addressing mom posture involves recognition and modifications. First comes recognition. Look at your side view in a mirror. Are your earlobes in front of your shoulders?

Do your shoulders lean forward instead of aligning directly with your hips? Is your chin sticking out? If you find yourself answering yes to these questions, then it's time to take corrective action. Also pay attention to common physical symptoms, such as pain in the neck, back and shoulders.

2. Stretch and strengthen your muscles. A number of simple stretches can alleviate the discomfort of mom posture and bring your body back into alignment. It's important to focus on stretches that strengthen muscles in the back of your body as well as exercises that work your abdominal muscles.

My favorite? Lie on your back on a foam roller, with your head supported by the roller and your knees bent, feet flat on the floor. Move your arms out to your side, forming a "Y" or a "T" until you feel a stretch.

Another helpful exercise is a doorway stretch. Find an open doorway, raise one hand and place it on the door frame so that you form half of the letter "Y." Step through the doorway while your arm remains in position, until you feel a stretch. Switch arms and repeat the stretch.

**3. Put down your phone.** New moms should be careful of using phones and

devices that contribute to poor posture. Of course, it's hard to put down the phone when you need it for checking sports schedules, staying in touch with friends or keeping up with work e-mails. For new moms who find motherhood isolating, smartphones allow them to stay connected to family and networks of other mothers and receive a friendly word or parenting tip when needed.

For moms who don't want to disconnect, I recommend bringing your handheld device to you instead of bringing your head and shoulders to your device. This simple change can make a significant difference in your posture and benefit anyone – not just mothers.

4. Try some positive exercise. For moms who want to get out and join an exercise class or focus on fitness in the comfort of their homes, I recommend various exercises. My favorites include Pilates, which addresses the core, hips, shoulders and posture in general, and techniques that strengthen and stretch, such as yoga. These exercises can also help relieve stress, which is useful for moms



By Sarah Todd

necks and shoulders. Yoga, of course, offers other benefits, such as improved sleep, balance and focus. For women seeking to alleviate the pain of mom posture, it's a win-win.

If left untreated, mom

posture can continue to worsen and cause other pain and orthopedic issues – as if moms don't have enough to worry about! Luckily, mom

posture is 100 percent treatable with the basic lifestyle changes and fitness routines described above. And surgery is generally unnecessary, unless you're suffering from severe neurological impairments. If so, you should discuss with your physician.

So stand up straight, put down your phone and prepare to take back your body from the pain of poor posture. While motherhood involves many sacrifices, good posture doesn't have to be one of them.

Sarah Todd is manager of Northern Westchester Hospital's Outpatient Rehabilitation Program at Chappaqua Crossing.

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TOWN OF PUTNAM VALLEY ZON-ING BOARD OF APPEALS 265 OSCAWANA LAKE ROAD PUTNAM VALLEY, NEW YORK 10579 Phone (845) 526-3740 Fax: (845) 526-3307 EMAIL: mbabnik@putnamvalley.com NOTICE: Notice is hereby given to interested parties that a Public Hearing will be held by the Putnam Valley Zoning Board of Appeals on Thursday January 31, 2019 at 6:30 at Town Hall, 265 Oscawana Lake Road for the purpose of considering the following petitions and requests together with all other matters that may properly come before the Board at this time.

AGENDA: Held Over 1.Correia, Carlos, 1135 Williams Street-84.-2-48; CD Request front yard setback variance and 280A variance for two lot subdivision. New Application: 2. Mottola, Joseph, 75 Spruce Knolls- 73.5-1-21; R-3 Request side and front yard setback variances for generator and propane tank. 3. Higgins, John, 116 Lake Shore Road, - 41.10-1-22; R-3 Request side yard variance and variance under Section 165-44 A (1) of the Zoning Code for sunroom on existing garage roof. 4. Killmer, Daniel, 68 Oscawana Heights Rd.-52.-2-25; R-3 Request variance under Section 165-27 I 2 of the Zoning Code for fence. 5. Fontanez, Ferdinand, 34 Floradan Road- 83.12-2-50; R-1 Request front yard variance and variance under Section 165-44 A (1) of

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the Zoning Code for roof over existing front porch. 6. Oliver, Michael, 956 Peekskill Hollow Road-53.-3-13; R-3 Request front yard setback variance for existing generator and propane tank. BY ORDER OF THE TOWN OF PUTNAM VALLEY ZONING BOARD OF APPEALS WILLIAM MASKIELL, CHAIRMAN

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## Happenin8s

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www.burnsfilmcenter.org.

Lucy's Laugh Lounge's Roasters. Dave Sheehan returns to defending his title. Hosted by Ryan Denisco. Lucy's Laugh Lounge, 446 Bedford Rd., Pleasantville. 8 p.m. Free. Info: Visit www.lucyslaughs.com.

#### Thursday, Jan. 24

**Baby Time.** A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10 to 10:30 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

Knitting Circle. This group is open to everyone who has an interest in knitting. Live, love, laugh, learn and have fun together during these creative journeys. Come share patterns and ideas and celebrate creative spirits together while enjoying the ancient art of knitting. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 10 a.m. to 12:30 p.m. Free. Every Monday and Thursday. Info: 914-273-3887.

Toddler Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10:30 to 11 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or www. mountpleasantlibrary.org.

**Storytime.** For children 18 months to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Thursday. Info: Visit 914-666-8041 or www.mountkiscolibrary.org.

Mahjongg Club. Intermediate players welcome. Participants must bring their own set. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 p.m. Free. Every Thursday. Info: 914-666-8041 or www.mountkiscolibrary.org.

Hands-on Art Project. Join the library's Stitch Session where library patrons are invited to put finishing touches on a collaborative art piece created with reclaimed and repurposed materials during the Armonk Outdoor Art Show in September. With needle and thread, add decorative and intuitive stitches and spend some quality community time together. No embroidery experience required. Led by Natalya Khorover Aikens. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 1:30 to 3:30 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

**Pre-K Storytime With Craft.** Stories, songs and a take-home craft. For children three to five years old. North Castle Public Library, 19 Whippoorwill Rd.

East, Armonk. 4 to 4:30 p.m. Free. Every Thursday. Info: 914-273-3887 or www. northcastlelibrary.org.

**Read to Rover.** Dogs love listening to stories. Come meet Rover and read your favorite story. For children five years old and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 5 to 6 p.m. Free. Every Thursday. Info: 914-666-8041 or www.mountkiscolibrary.org.

Architects of the Bauhaus. Learn more about the Bauhaus, the innovative school that revolutionized art and design throughout the world and its architects, Walter Gropius and Mies Van der Rohe. This illustrated talk will mark the 100th anniversary of the school and subsequent movement that blended art and technology and created modern architecture. Presented by architects Dale Laurin and Anthony Romeo. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 7 p.m. Free. Info: 914-769-0548 or www. mountpleasantlibrary.org.

"Then Came You." An advanced screening of this sweet, uplifting tale that reminds us it's not how long we live but how we live the life we have that matters. The film tells the story of Skye (Maisie Williams), a spunky teenager with a terminal illness, who befriends Calvin (Asa Butterfield), a 19-year old hypochondriac who is afraid of his own shadow. Calvin helps Skye carry out her eccentric bucket list of things to do before she dies. In the process, he learns to confront and conquer his own fears, including falling in love with the beautiful, but seemingly untouchable, Izzy. Followed by a Q&A with director Peter Hutchings and critic-in-residence Marshall Fine. The Picture House Regional Film Center, 175 Wolfs Lane, Pelham. 7:30 p.m. \$15. Seniors, students and members: \$12. Info and tickets: Visit www. thepicturehouse.org.

Lucy's Laugh Lounge: Bro Down Hoe Down With Amarie and James. Amarie Castillo and James Jarrot are bringing another big night of laughs to Pleasantville. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 8 p.m. \$20. Info and advance tickets: Visit www.lucyslaughs.com. Type in the promo code Examiner at the prompt when buying tickets online.

#### Friday, Jan. 25

**ZUMBA**\* With Amy. Fun cardio dance fitness workout, low-impact approach, easy learning environment. This feel-good workout is exercise in disguise. Free trial class available. Addie-Tude Dance Center, 42 Memorial Plaza, lower level, Pleasantville. 11 a.m. to noon. \$14 drop-in fee. Every Friday. Also Tuesdays from 10 to 11 a.m. Walk-ins welcome. Info: Call or text the instructor at 914-643-6162 or visit www.amyolin.zumba.com.

**Explore Osmo.** Children explore, learn, create and interact with digital games in

a whole new way. For children in grades 3-5. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 to 4:30 p.m. Free. Every Friday. Info: 914-273-3887 or www.northcastlelibrary.org.

Owl-Centric Story Hike. Find out "whoo's" in your backyard during a familyfriendly and nighttime program. During the walk, hear the picture book classic story, "Owl Babies," by Martin Waddell, search for owl clues, find out what owls eat and learn the sounds our local owls make. Bring a flashlight and dress warmly. There will be hot chocolate to warm you up after the program. Sponsored by Westchester Land Trust and the Lewisboro Public Library. Leon Levy Preserve, 2-50 Smith Ridge Rd., Lewisboro. 6 to 7:30 p.m. Free. Rain/snow date: Feb. 8. Registration recommended. Registration: 914-875-9004 or visit lewisborolibrary. org. Info: Contact Zoraida Lopez-Diago at 914-234-6992 ext. 23 or e-mail zoraida@ westchesterlandtrust.org.

Opening Reception for "One Fine Day: Paintings By Jackie Battenfield." Battenfield's meditative painting process begins with the artist's close attention to the graceful forms of unfolding leaves and blossoms and to the twisted boughs and branches of trees. This series was inspired by time the artist spent at a rural meditation retreat where spring was slowly awakening the landscape from its winter bareness. Sitting by a window, in meditative silence, the artist was transfixed as tender buds and leaves daily transformed a gnarly elm tree. Battenfield's paintings evoke the immediacy and beauty of that experience. Kenise Barnes Fine Art, 1947 Palmer Ave., Larchmont. 6:30 to 8 p.m. Free. Exhibit continues through Feb. 23. Gallery hours are Tuesday through Saturday 10 a.m. to 5:30 p.m. and by appointment. Info: 914-834-8077 or visit www.kbfa.com.

46th Annual Art Show: Bedford Preview Party. Features a wine and champagne reception with delicious hors d'oeuvres supplied by Happiness Is. Mark Weigel's band, DogBone, will provide lively musical entertainment. Proceeds benefit local charities throughout Westchester. St. Matthew's Church Fellowship Hall, 382 Cantitoe St., Bedford. 6:30 to 9 p.m. \$125 in advance. \$150 at the door. Info and advance tickets: Visit www.artshowbedford.org.

Film Clips and Discussion: Screwball Comedy. Led by Philip Harwood. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 7 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Friday Night Film Series: "Faces Places." This unique documentary takes the viewer on a journey with French New Wave director Agnes Varda and photographer and muralist J.R. through rural France as the two form an unlikely friendship. The two travel through various towns with an impromptu photo booth

creating intriguing murals of the people and places they encounter along the way. In French with English subtitles. Post-screening discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

#### Saturday, Jan. 26

Pleasantville Farmers Market. Experience the largest, year-round farmers market in Westchester, voted "Best of Westchester" from 2014 to 2018. With nearly 40 vendors participating in the Indoor Market, the delicious good time continues each week. The farmers market is a dog-free environment. There will be seasonal vendors throughout December. Pleasantville Middle School cafeteria, 40 Romer Ave., Pleasantville. 8:30 a.m. to 1 p.m. Saturdays through Mar. 30. Info: Visit www.pleasantvillefarmersmarket.org.

Practice Tai Chi With Larry Atille. Learn specific feldenkrais and chi kung breathing techniques for deep relaxation and apply them to tai chi movement. This is a hands-on class that will be geared to the level of experience of the class and challenge all participants. Wear comfortable clothes and bring a floor mat or towel. North Castle Public Library, 19 Whippoorwill Rd. East. Armonk. 10:30 a.m. Free. Every Saturday. Info: 914-273-3887.

Winter Wolves. Winter offers families a unique opportunity to visit the wolves during their favorite time of year. Learn about the mythology, biology and ecology of wolf families and discover why this season is such a magical time for packs in North America. Whether the wolves are living on the Arctic tundra or the woodlands of the southwest, wolf families are out searching for prey as their maturing pups experience their first winter season. Guests will visit ambassador wolves Alawa, Nikai and Zephyr and potentially behold the critically endangered red wolves and Mexican gray wolves. Guests will enjoy hot beverages in the woodstove-heated classroom. Dress for cold weather. Wolf Conservation Center, South Salem. 11 a.m. Adults: \$15. Children (under 12): \$12. Also Jan. 27 at 1 p.m., Feb. 2, 16, 18, 23 and 24 at 11 a.m. and Feb. 3 and 17 at 2 p.m. Pre-registration required. Info and preregistration: Visit www.nywolf.org.

46th Annual Art Show: Bedford. A blend of contemporary and traditional artwork in all media. Proceeds benefit local charities throughout Westchester. Show judges are Michel Gitlitz, executive director, Katonah Museum of Art, and Peter MacGill of the Pace/MacGill Gallery in Manhattan. St. Matthew's Church Fellowship Hall, 382 Cantitoe St., Bedford. 11 a.m. to 5 p.m. Free admission. Also. Jan.

continued on page 26

## The Weekly Feature from Entergy

## Personal Connections Sought Through Arc Stages' 'Dancing Lessons'

#### By Martin Wilbur

The old cliché that opposites attract isn't always true. But in Arc Stages' latest production, "Dancing Lessons," which opens at the Pleasantville company's theater on Feb. 1, two unlikely characters who would likely never cross paths find critically important connections with each other.

"Dancing Lessons," written about five years ago by playwright Mark St. Germain, is the story of Ever, a young professor who is on the autism spectrum, who reaches out to a dance instructor by the name of Senga to help him learn a few steps in time for an awards dinner. Senga, who has danced on Broadway, is recovering from a serious leg injury and her career is in jeopardy.

During the course of the roughly 90-minute play, both make important discoveries about each other and themselves.

"It's so funny and it's so poignant and it's got such an incredible message

for everybody," said Stephanie Kovacs Cohen, who is directing the production. "It's all about connecting and relationships. With actors like these, it's pretty amazing."

Starring in the two-character play is Sara Brophy as Senga and Matt Baxter Luceno as Ever. This is the third time in her career that Brophy has taken on the special challenge of being part of a twoperson cast. For Luceno it's his first time.

But like the characters in the play, they have meshed from the first rehearsal on Jan.14, Cohen said.

Luceno said he has looked forward to tackling the emotions of his character in "Dancing Lessons." Adding to the atmosphere is the small, intimate Arc Stages theater, a perfect venue for this production.

"I really just like the writing because it's so true," said Luceno, a White Plains resident. "It really rings true. It comes from a really heartfelt place but it's also really funny at times and it's also pretty



Matt Baxter Luceno and Sara Brophy star in the heartwarming play "Dancing Lessons" that begins a three-weekend engagement starting Feb. 1 at Arc Stages in Pleasantville.

edgy. So for me it's like the perfect combination of drama and comedy."

Brophy, who is commuting from Manhattan for the rehearsals and upcoming performances, said the story is realistic in that it represents challenges that real people face. In fact, Brophy has a cousin with autism and understands the difficulties she and her family face. The same can be said of Senga, who faces the loss of her livelihood.

"I find this is real life and it's written really well, that people who are different have a lot in common," she said.

Since Arc Stages is consistently looking out for new works with meaning and good storylines, Cohen said a friend of hers, a theater director in Florida, told

her about "Dancing Lessons." It's turned out to be as good as advertised.

"I think what we're finding from this play is that we all connect in different ways and we're hoping that the audience can find their own connections to each other and to these characters as the play unfolds, just as these characters connect," Cohen said.

The nature of a two-character play requires that the actors learn the characters inside and out, Luceno said. Brophy added that "Dancing Lessons" also requires the actors to stay in the moment from the outset, which is usually more fulfilling.

"You don't have a second. I've been an understudy many times in my life and one of the funny things about being an understudy is you have no idea what you're doing next. When you're in a two-person (play), there's no chance. Maybe you can get a sip of water."

There will be seven performances of "Dancing Lessons" staring Friday, Feb. 1, followed by six additional evening shows on Feb. 2, 8, 9, 15 and 16. Showtime for all those dates is 8 p.m. There is one matinee on Sunday, Feb. 10 at 2 p.m. Tickets are \$36 for adults and \$28 for seniors and students. For tickets and more information, call 914-747-6206 or visit www.arcstages.org.

Arc Stages is located at 147 Wheeler Ave. in Pleasantville.

## Hudson Chorale to Hold Rehearsals for New Members Starting Jan. 28

Come sing with the Hudson Chorale, Westchester's highly acclaimed community chorus.

The group is welcoming new members in all voice parts (soprano, alto, tenor and bass) to join them for an exciting concert program that will appeal to choral singers of a wide range of musical preferences.

Singer-friendly auditions will begin on Monday, Jan. 28, by appointment, from 6 to 7 p.m. prior to the first rehearsal. Rehearsals take place on Monday evenings from 7:15 to 9:45 p.m. at the Pleasantville Presbyterian Church, located at 400 Bedford Rd. in Pleasantville.

Hudson Chorale selects its programs from a wide range of choral styles, from great oratorios to gospel. As an example, recent past concerts have featured all 20th century contemporary American composers, 19th century iconic European composers and Haydn's "Creation."

The second half of the chorus' 2018-19 season culminates on May 17 and 19 with performances of Igor Stravinsky's "Symphony of Psalms," Bela Bartok's "Four Slavic Folk Songs" and Johannes Brahms' "Quartet Op. 92" and "Liebeslieder Waltzes."

Music Director Maestro Ira Spaulding is a choral conductor, singer and master class instructor whose career spans 40 years of performance in more than 60 countries. He is currently professor of vocal and choral music at City College of New York and maintains a career abroad as a singer, teacher and conductor.

To learn more about the chorus, including complete membership information, visit www. HudsonChorale.org. To receive additional information and/or to schedule a time for an audition, contact Jeanne Wygant at 914-478-0074 or e-mail JeanneWygant@optonline.net.

## ChappPac Offers Free Musical Theater Workshops

Chappaqua Performing Arts Center (ChappPAC) is gearing up for a new season of musical theater educational programming with a trio of free children's workshops.

Led by experienced instructors, including Broadway veterans, the workshops are designed to help children seven years old and up hone their acting, singing and performance skills.

ChappPAC will offer workshops on select Saturdays from 11 a.m. to 1:30 p.m. Each session will culminate in an onstage student performance for family and friends. The workshops also feature a "talkback session" with instructors to provide participants with the opportunity to learn directly from those successful in the theater industry.

The lineup kicks off on Saturday, Feb. 2 with a musical theater comedy workshop led by Broadway vaeteran and funnyman John Treacy Egan ("My Fair Lady," "The Little Mermaid" and "The Producers"). Students will learn all about musical theater comedy, including what it takes to be funny on stage from one of the Great White Way's best.

On Saturday, Mar. 2, ChappPAC is offering another unique opportunity for blossoming theater enthusiasts with Yes You Can: Empowerment Through

Musical Theater Workshop. It is designed to encourage students to "let go of fear and doubt to get yourself on stage and in that show," said ChappPAC Manager John Fanelli. The workshop will provide a fun and encouraging environment, allowing students to take their performance skills and confidence to the next level with guidance from actor and choreographer Michael Fielder (Off Broadway and National Tours of "Carnival," "Mambo Kings" and "Havana After Dark").

The magic of the acclaimed children's film "Frozen" will come to the ChappPAC stage on Saturday, Mar. 16 with Disney's Frozen: The Musical Workshop. Instructors from Standing Ovation Studios will teach participants a song and dance combination from the hit Broadway show to be performed for family and friends at the end of the workshop.

ChappPAC workshops are presented by the Town of New Castle, Standing Ovation Studios and Soup's On Entertainment. For more information or to register, call 914-458-4143 or visit www.chappaquapac.org.

The Chappaqua Performing Arts Center is located at 480 Bedford Rd. in Chappaqua, just inside the gate of the former Reader's Digest campus. For the latest news and updates, follow ChappPAC on Facebook (ChappaquaPerformingArtsCenter).

## Happenin8s

continued from page 24

27 and Feb. 1, 2 and 3. Info: Visit www. artshowbedford.org.

Adult Salsa Class. Addie-Tude Performing Arts Center, 42 Memorial Plaza (lower level), Pleasantville. 11:30 a.m. to 12:30 p.m. Free. \$12. Every Saturday. Info: 917-215-1720 or visit www.addietude.com. Call or visit website because classes are subject to change.

**Pete the Cat Party.** In celebration of the "Pete the Cat" book series, children can participate in groovy crafts and games and enjoy snacks and more. Ruth Keeler Memorial Library, 276 Titicus Rd., North Salem. 1 to 2 p.m. Free. Info: 914-669-5161 or www.keelerlibrary.org.

Hike Around the Lake. Get out in the fresh crisp air and take a walk. Cranberry Lake Preserve, Old Orchard Street, North White Plains. 1 to 2 p.m. Free. Info: 914-428-1005.

Winter Wolves for Kids. This is the best introduction to wolves for families with young children. Children will learn about the mythology surrounding wolves and the important role of wolves in the natural world. This is an exciting time for wolves; they're out searching for prey as their growing pups experience their first winter season. Guests will visit ambassador wolves Alawa, Nikai and Zephyr and potentially behold the critically endangered red wolves and Mexican gray wolves. Guests will enjoy hot beverages in the woodstove-heated classroom. Dress for cold weather. Wolf Conservation Center, South Salem. 2 p.m. Adults: \$15. Children (under 12): \$12. Also Feb. 3 and 17 at 11 a.m. and Feb. 2 and 23 at 2 p.m. Pre-registration required. Info and pre-registration: Visit www.nywolf.org.

Hudson Chorale Concert. The area's largest mixed voice chorus will present this concert that highlights Gabriel Fauré's exquisite "Requiem" with a professional orchestra and soloists, along with a collection of motets by Mendelssohn, Bruckner and Brahms. Followed by an informal reception to meet and chat with the conductor, soloists, orchestra and chorus members while enjoying some delicious refreshments. Queen of the Apostles Chapel at Maryknoll, 55 Ryder Rd., Ossining, 3 p.m. \$25 in advance. \$30 at the door. Students: \$10. Also Jan. 27. Info and advance sales: 800-838-3006 or visit www.hudsonchorale.org.

Winter Howl for Pups of All Ages. Enjoy visiting the wolves during their favorite hour – dusk. Learn about the mythology, biology and ecology of wolf families and discover why it's a magical time for packs in North America. This time of year, wolf families are out searching for prey as their pups experience their first winter season. Guests will take a short sunset hike to howl with ambassador wolves Alawa, Nikai and Zephyr and potentially behold the critically endangered red wolves and Mexican

wolves. Guests will enjoy hot beverages in a woodstove-heated classroom. Dress for cold weather and bring flashlights. Wolf Conservation Center, South Salem. 4:30 p.m. Adults: \$16. Children (under 12): \$13. Also Feb. 16 at 5 p.m. Pre-registration required. Info and pre-registration: Visit www.nywolf.org.

Chamber Music Society of Lincoln Center: Esteemed Ensemble. After extensive American and European tours, The Chamber Music Society of Lincoln Center ensemble of close friends and colleagues reunites for a program of piano quartet classics. Purchase College's Recital Hall, 735 Anderson Hill Rd., Purchase. 5 p.m. \$35 to 62.50. Info and tickets: 914-251-6200 or visit www.artscenter.org.

Lucy's Laugh Lounge: Women of a Certain Age. With Louis CK, Bill Cosby and Al Franken out of the comedy circuit and no doubt many more balls to drop, the only funny people left are the legendary women of standup. Women of a Certain Age comedy is a show straight from the unfettered mouths and uninhibited minds of the funniest, most daring, most experienced people in comedy - the women that have seen it all. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 7:30 p.m. \$30. Info and advance tickets: Visit www. lucyslaughs.com. Type in the promo code Examiner at the prompt when buying tickets online.

**Tamburitzans** International Folk Dance Show. This two-hour global journey through the world of international music, song and dance will present numerous cultural heritage legacies along the way. "Visit" Austria, Bulgaria, Croatia, Cuba, Greece, Hungary, Mexico, Romania, Serbia, Slovakia, Slovenia and Spain. Westchester Community College's Academic Arts Theatre, 75 Grasslands Rd., Valhalla. 8 p.m. \$24. Students: \$22. Children (under 13): \$18. Info and tickets: 914-606-6262 or visit www.sunywcc.edu/ smartarts. Tickets may also be purchased at the box office 30 minutes before the performance. on the Valhalla campus at Westchester Community College.

The Maccabeats. Often traveling with little more than the shirts on their backs and the ties on their necks, the Maccabeats have entertained audiences worldwide. from Alabama to New Zealand and everywhere in between. Using nothing more than the human voice, a clean-cut presentation and a little Jewish humor, this unique group of singers is able to connect with fans of all backgrounds and ages. Originally formed in 2007 as Yeshiva University's student vocal group, the Maccabeats have recently emerged as both Jewish music and a cappella phenomenon with a large fanbase, more than 20 million views on YouTube, numerous TV appearances and proven success with four albums. White Plains Performing Arts Center, 11 City Place, White Plains. 8 p.m. \$35 to \$43. Info and tickets: 914-328-1600 or visit www.wppac.com.

#### Sunday, Jan. 27

Brazilian and American Jazz Standards. Come for an hour of Brazilian and American Jazz standards that will have you singing and dancing along. Featuring Debora Watts and John Allen Watts. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 2 p.m. Free. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Ballroom Dancing and Dinner. Dancing followed by a complete dinner. All proceeds to go to the scholarship fund at Fox Lane High School and New York Boys' State. Moses Taylor American Legion Post 136, 1 Legion Way, Mount Kisco. 2:30 to 6:30 p.m. \$18 per person. Fourth Sunday of every month. Info: 914-241-0136 or contact Commander John A. Graziano at 914-248-7134.

Sunday Cinema: "Science Fair." Hailed by critics as "immensely likeable," "brilliant and quirky" and an "ode to the teenage science geeks on whom our future depends," and the winner of the audience award at Sundance and SXSW, National Geographic Documentary Films. It follows nine high school students from around the globe as they navigate rivalries, setbacks and, of course, hormones on their journey to compete at the International Science and Engineering Fair. As 1,700 of the smartest, quirkiest teens from 78 different countries face off, only one will be named Best in Fair. The Picture House, 175 Wolfs Lane, Pelham. 8 p.m. \$12. Seniors, students and members: \$10. Info and tickets: Visit www.thepicturehouse.org.

#### Monday, Jan. 28

Master Networker Meeting. Join this high-energy interactive membership network of learning-based, service-oriented entrepreneurs and business leaders. Come be a guest any Wednesday to learn more about this world-class business training and referral program. 719 Bedford Rd., Bedford Hills (next to ShopRite). 7:30 to 8:30 a.m. Free. Every Monday. RSVP suggested. Info and RSVP: Contact Tina Campbell at 914-441-1383 or e-mail tinacampbell@masternetworks. net or drop in.

Stuffed Animal Sleepover. The animals will have fun at their sleepover in the library. Each animal will be given a nametag. We will read the animals a story, take pictures and tuck them into bed. Animals can be picked up on Jan. 29 from 11 a.m. to 5 p.m. where pictures of the sleepover can be viewed on the lobby television. For children four years old and up. One animal per child. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. Animal drop of from 11 a.m. to 4 p.m. Free. Registration required in advance

at the children's desk. Info: 914-666-8041 or www.mountkiscolibrary.org.

Here We Are Together: Story Time for Children. From newborns to schoolage children, with a parent or caregiver. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Monday. Info: 914-666-8041 or www.mountkiscolibrary.org.

**Explore Creative Writing.** Do you like to write? Do you have fun creating with words? Come and write for fun. No pressure, no testing, no stress. Just relax and write. For children seven to 10 years old. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4 to 4:45 p.m. Free. Every Monday. Info: 914-273-3887 or www.northcastlelibrary.org.

Belly Dancing. Learn this captivating Middle Eastern dance and enrich your cultural knowledge. Whether you want to dance professionally or just have fun and get in shape, this is the place to start. Josie's International School of Dance, 42 Memorial Plaza, Level B, Pleasantville. 7 p.m. \$20. Every Monday. Info: 914-332-8670 or visit www.josiedance.com.

Lucy's Laugh Lounge Open Comedy Mic. Lucy's Lounge, 446 Bedford Rd., Pleasantville. Sign up at 7 p.m. Show at 7:30 p.m. Free. Also Jan. 30 and every Monday. Info and tickets: Visit www.nomacomedy.com.

#### Tuesday, Jan. 29

**Music & Movement.** Shake, shimmy and dance. For children two to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkiscolibrary.org.

Drop in Puzzle Day. Celebrate National Puzzle Day and have some fun with puzzles of all kinds. try one of the library's puzzles or bring in your own. Crossword and other word games for reading will also be available. For children seven years old and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 3 to 5 p.m. Free. Info: 914-666-8041 or www. mountkiscolibrary.org.

Getting to Know the Basics: The **Essentials to Better Understanding Your Finances and Taxes.** During this financial workshop, you'll learn more about the importance of goal setting and financial planning; the basics of budgeting, managing debt and credit, investing and saving; good habits for the future; how the new tax law will affect you and your business; how to manage taxes on retirement and stock accounts; and the best way to structure a business and gifting. Sponsored and presented by Ameriprise Financial Services, Inc. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 7 to 8:30 p.m. Free. Registration required. Info and registration: Contact Brian Schmidt at 203-302-6733.

## Today's Landscape of the Benefits and Detriments of Wine Consumption



By Nick Antonaccio

They seem to pop up each time I'm surfing the winecentric internet: the numerous reports studies that support or refute the benefits and detriments of wine consumption. Each time I read these

- regardless of the source - I attempt to validate them through the lens of my inherent objective thought processing.

But the more I read, the more I begin to question my objectivity. This typically occurs as I'm nurturing a fine red wine, my fingers gently curled around the stem of my wine glass.

For years, I've espoused to readers the health benefits of consuming red wine in moderation. The phenolic compounds present in red grape skins have been consistently shown to prevent disease and to improve our immune system's ability to fight the ravages of cell mutation. Numerous studies conclude that the benefits of red wine outweigh the potentially negative effects of moderate alcohol consumption.

Then, last year I reported on a report published by the British Medical Society stating unequivocally that alcohol

1. anecdoche (n.)

consumption in any form is detrimental to our health. While recommending abstinence, they nevertheless issued consumption guidelines far restrictive than those published by their American counterparts.

So what's a fellow to do? In my selfcentered universe of sorting available data and reaching measured conclusions, I've rationalized that I am a moderate and responsible wine consumer.

And so it's been for the past few years. But a thought always nags me. Is my mindset mainstream or fringe? How have others filtered these reports and studies? What conclusions have they reached concerning their consumption habits?

And now I know. The wine consumption pendulum is swinging.

Have you heard of the latest trend in alcohol consumption? "Dry January" has gained popularity across the United States and the British Isles. Health conscious adults are abstaining from alcohol this month in an effort to curb their drinking habit. Anecdotal results I've gleaned are all positive. In Britain, the University of Sussex has been tracking the results of those who practiced a dry January in 2018. They report a "host of health benefits, like improved sleep, more energy, and weight

A trend of declining wine consumption,

even abstention, among millennials, albeit fledgling, is being reported. As the largest generation in United States history, they are influential in driving trends across many cultural, economic and social platforms. Their focus on leading healthier lifestyles is increasingly evident in the food on supermarket shelves, restaurant menus and even fast food kiosks. This phenomenon is crossing over to the alcoholic beverage industry.

Here are other examples of this trend, which seems to have taken a greater foothold with millennials in the United Kingdom than those in the United States.

--42 percent of British Millennials are drinking

less alcohol than they were three years ago (Eventbrite survey).

--41 percent drink zero to one alcoholic drink per week, far less than the average consumption across other generations (CLICKON Data Insights survey).

None of these studies and reports should be construed that excessive drinking is no longer a problem with younger generations. But any trend toward lower consumption is encouraging.

As one might expect, the trend toward reduced alcohol consumption and abstention has spawned a new market for wine products. Rather than no alcoholic beverages, why not no alcohol in beverages?

In a past column I presented a new technology introduced by Californiabased ConeTech, Inc. They have mastered a process that lowers the level of alcohol in wine without reducing its flavor or aroma. Their "Spinning Cone Column" process essentially removes up to 92 percent of alcohol without affecting the

> other attributes of wine. I just read that ConeTech has enhanced their technology, reducing alcohol content in wine to 0.02 percent. Now consumers can have their wine and drink it, too.

> The contradictory reports swirling around the benefits

and detriments of wine consumption will persist for many years. Today's younger generations, focused on healthy lifestyles, bring a growing sensibility to this debate.

Nick Antonaccio is a 40-year Pleasantville resident. For over 25 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.

#### THERE'S A WORD FOR IT

#### A vocabulary-building quiz By Edward Goralski

The 2019 Word List. The Wayne State Word Warriors have released their annual list of the year's words that "deserve to be used more often in conversation and prose." Now beginning its 10th year, the series from the Word Warriors "promotes words especially worthy of retrieval from the linguistic cellar." Perhaps you will find a few words to use more often in 2019 in this week's quiz based on the recently released list.

A) garrulous old age	B) an echo	C) a conversation
2. anhedonia (n.) A) inability to feel pleasure	B) extreme sadness	C) deep discord
<b>3. fubsy (adj.)</b> A) foolish meddling	B) fat and squat	C) impaired by dampness
4. lickpenny (n.) A) something that uses up money	B) a good bargain	C) a small amount
5. logorrhea (n.) A) a dispute over words	B) a word puzzle	C) incoherent wordiness
6. slonk (v.) A) to splash about	B) swallow greedily	C) creep along
7. slugabed (n.) A) a waste of time	B) a lazy person	C) a cozy spot
8. trenchant (adj.) A) deeply felt	B) exceedingly sensitive	C) incisive in style

8. C. Vigorous or incisive in expression or style 7. B. A lazy person who stays in bed late e. B. To swallow greedily 1. C. A conversation in which everyone is talking, 5. C. Excessive and often incoherent talkativeness

4. A. Something that uses up money 3. B. Fat and squat 2. A. Inability to feel pleasure Buluəisii si əuo ou ina

SH3WSNA



You Heard It

Through the

#### "BREW AFTER DARK" EVENT PRICING

Draft beer packages we offer:

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Open bar from five of our draft lines (as chosen by our curator).

By The Glass

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\$18/person/hour Open bar from all twelve of our

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**Cash Bar** 

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A MINIMUM OF 20 GUESTS. WITH ANY OF OUR BAR PACKAGES, YOU CAN ALSO CHOOSE TO SERVE WINE. OUR SISTER STORE VINE & CO. WILL ASSIST YOU IN CHOOSING THE WINE AND QUANTITY.

IF YOU HAVE ANY QUESTIONS, PLEASE FEEL FREE TO CONTACT US AT 914-666-3600 OR MIKEY@BREWANDCOMPANY.COM

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