

Mt. Kisco Immigrant Detained for Three Months Has Path Forward

By Martin Wilbur

An undocumented Guatemalan immigrant who was taken into custody by U.S. Immigration and Customs Enforcement (ICE) agents in April was released from custody last Monday after being detained for nearly three months.

Enrique Lopez Perez, 42, was standing on a Mount Kisco street outside a friend's house on the morning of Apr. 14 when ICE agents approached him and another man waiting to be picked up by their employer, said immigration attorney Karin Anderson Ponzer, director of Neighbors Link Community Law Practice, who has represented Perez.

Anderson Ponzer said that the two men were told by ICE agents that they were looking for other parties and had had nothing to fear. After the agents, checked the house, they returned to

fingerprint Perez and his friend before taking them into custody.

"My client had no previous interaction with the immigration court, he hadn't been in front of an immigration judge, nothing," she said. "So he had no idea what had happened. He wasn't expecting it."

Perez, who has lived in Mount Kisco with extended family members since arriving in the United States in 2011, was detained in the Orange County Jail, languishing for six weeks before receiving a court notice, Anderson Ponzer said. Unlike his friend, who had a previous history with the immigration court, Perez was neither charged with a crime nor had any criminal record in the United States or Guatemala.

She said Perez, a construction worker and landscaper, is one of the thousands

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Former New Castle Cop Saves Motorist's Life on Busy Highway

By Martin Wilbur

It had been less than two weeks since Chad Golanec moved into the ranks of retired police officers but that didn't prevent him from saving someone's life last Wednesday on the Cross Westchester Expressway.

The former New Castle police officer, who retired from the department on June 30, rushed to the aid of another motorist who was stricken with an apparent heart attack on July 11 after he saw the vehicle veer from the right lane, hit the Jersey barrier on the left side of the parkway and come back across the four-lane highway before hitting the right guardrail on I-287.

The car, a 2013 Audi driven by 49-year-old Alan Merend of Peekskill,

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Paramedics and other emergency personnel tend to a motorist who went into cardiac arrest while driving on I-287 last Wednesday. Recently retired New Castle police officer Chad Golanec, who was driving behind the stricken driver, immediately administered first aid, helping to save the man's life.

Jam Time



MICHAEL LOEB-PECCI PHOTO

Guitarist Tim Butler of The Psychedelic Furs, the headliner at this year's Pleasantville Music Festival, performs early in the band's set on the Main Stage during the 14th annual event. For more coverage see pages 16-17.

Pleasantville Narrowly Approves Single-Use Plastic Bag Ban

By Anna Young

Pleasantville residents will have to grow accustomed to bringing reusable bags to shop after officials voted last week to eliminate single-use plastic bags in most businesses throughout the village.

Following a two-hour public hearing at Village Hall on July 9, trustees approved the Reusable Bag Initiative by a 3-2 vote. The law prohibits plastic bags from being used and distributed.

The new law, recommended by the volunteer organization PleasantvilleRecycles, calls for certain stores, such as groceries and food markets, pharmacies and convenience stores, to charge customers a 10-cent fee for each paper and plastic bag used to carry out merchandise. The fee will be charged for six

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ANNA YOUNG PHOTO

Richard Grobman, owner of Key Food Marketplace in Pleasantville, accompanied by Jay Peltz, general counsel and senior vice president of government relations with the Food Industry Alliance of New York State, argues against the law to ban single-use plastic bags.

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Pleasantville Narrowly Approves Single-Use Plastic Bag Ban

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months before the full-scale ban on single-use plastic bags goes into effect.

A 10-cent fee for paper bags will remain indefinitely.

While the board unanimously agreed they want to reduce waste and increase the use of reusable bags, Mayor Peter Scherer and Trustee Steven Lord voted against the law. They expressed some trepidation in approving a law that would endorse an automatic ban on plastic bags without first

considering the effects of a fee.

Scherer suggested the board move forward with a fee for plastic and paper and revisit the law if the village didn't see a 75 percent reduction in plastic bag use. He said the board would then be forced to consider either strengthening the law, increasing the fee or enacting a ban on plastic bags.

"I am completely horrified by the state of our throwaway economy and I want in the worst way, as all of you, to see those behaviors changed and I feel, speaking

personally, we have a better chance of achieving that through the two-step process I suggested," Scherer said.

While Lord agreed the board would be better equipped to propose a ban when they have data resulting from the initial fee, trustees Nicole Asquith, David Vinjamuri and Joseph Stargiotti concluded that enacting the law would send a message and initiate change.

"The bag ban is a statement," Stargiotti said. "I think there are a lot of people who are just not as thoughtful about this issue, but if it's in their face they'll start bringing bags and realize that reusable bags are easier to handle and they're better than plastic bags and paper bags."

Scherer said he also wanted to address the concerns of Key Food Marketplace owner Richard Grobman, who spoke for nearly 40 minutes during the hearing to denounce the ban. Similar comments from Grobman earlier this year forced the board to modify the law.

He said he was in favor of the fee but stressed that a ban would entice customers to shop outside the village.

"I'm fine with the fee but not a ban," Grobman said last week. "I don't understand why your acknowledged forward-thinking environmental residents need to be told they can't use plastic bags in a year."

Asquith, Vinjamuri and Stargiotti said Key Food wouldn't be negatively impacted

by the law.

"I am concerned about keeping Key Food as part of the community and I see that as an important piece and the larger environmental issue that we're discussing; however, I'm not convinced – granted I don't have all the data we would theoretically have – this will dramatically impact Key Food," Asquith said. "I see it potentially as an opportunity that could even benefit them if the community as a whole were to engage Key Food and Key Food were to participate in embracing a law like this."

Vinjamuri suggested the board revisit the law if there are unintended consequences after the ban kicks in.

Paper bags provided by retail stores must contain at least 40 percent post-consumer recycled content and be conspicuously labeled with the amount of content.

Any business that violates the law would receive a \$100 fine. A second offense would trigger a \$200 fine and then a \$500 penalty for each subsequent violation. Each violation, and each day that a violation continues, will be subject to a separate penalty.

About a half-dozen other communities in Westchester have previously approved similar laws, including New Castle, whose measure went into effect on Jan. 1, 2017. This spring, the county also passed a law prohibiting single-use plastic bags.

Toddler Separation Program Begins at Bet Torah Nursery School

Registration is now open for Kitah Katan, Bet Torah Nursery School's Toddler drop-off separation program which begins Sept. 6. Children 18 months and older are eligible to attend. Families enrolling by Aug. 3 will also be able to attend a new musical Monday program from 9:30 to 10:10 a.m. in the fall at no charge for the caregiver/parent and child.

Kitah Katan is a yearlong program that begins the gentle separation and learning through play on Tuesday and Thursday mornings from 9:30 to 11:45 a.m. Each morning is filled with mu-

sic, art, movement, indoor and outdoor play. Library and literacy, science and animal programs, specials with our music educator and our movement educator round out each day. Healthy snacks are provided daily. The program begins in September with family visits and shortened sessions until all students are comfortable and ready to separate, socialize and share by month's end.

For information on registration or to inquire about registration for 2s, 3s and 4s classes and to arrange a tour of Bet Torah Nursery School, call 914 666-7595 ext. 110.



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Q: What is a hernia?

A: A hernia is an opening within muscles or connective tissue, called fascia, through which intestines or fat protrudes. Hernias tend to occur in the belly through previous incisions, or most commonly in the groin, which is known as an inguinal hernia. They can develop at any age, from birth onward. Hernias may grow over time or they can come on suddenly; they may result from strenuous activity, heavy lifting, during pregnancy, or even from a fit of coughing.

Q: What should I do if I think I have a hernia?

A: It's important to seek medical attention right away if you think you have a hernia. Aside from resting and taking ibuprofen for pain, unfortunately there isn't a lot that people can do on their own when it comes to treating a hernia. The only definitive treatment is surgery. Hernias, if left untreated, can continue to enlarge, putting you at risk for potentially dangerous complications, like lack of blood supply or strangulation to the intestines.

Q: What are the surgical options for treating a hernia?

A: Hernias are treated either by open repair, or minimally invasive surgery, which includes laparoscopy or robot-assisted surgery. At Northern Westchester Hospital all methods are available and selected based on the size and location of the hernia. Inguinal hernias, or hernias in the groin, require a synthetic mesh to repair and cover the defect, or hole. Other methods, like Laparoscopy and robotic hernia repair, allow the surgeon to make smaller incisions with smaller operating tools. In both types of surgery, the risk of complications is minimal – about the same as any surgical operation. Hernia repairs are ambulatory procedures and you'll be able to go home the same day. The risk of recurrence is slim: There's about a 5 percent chance that a person will experience another hernia in the same spot or elsewhere.

Q: How long is the recovery period?

A: I generally recommend patients take a week off from work and that they do not lift anything heavier than 25 pounds for at least six weeks. I typically don't restrict cardiovascular exercise with my patients and most patients are able to return to regular activities without pain after a few weeks.

North Castle Officials Decide Against Land Sale to Ralph's Ices

By Martin Wilbur

The North Castle Town Board scrapped its sale of a nearly half-acre municipal-owned parcel adjacent to Ralph's Ices in North White Plains two weeks after neighbors detailed a litany of troubles at the site.

Supervisor Michael Schiliro made the announcement before the start of discussion at the July 11 Town Board meeting where officials reviewed the steps that owner Scott Rosenberg must still take to comply with the site plan for his North Broadway business.

A contract for the sale of the land, which the town acquired within the past two years after the previous owner was delinquent on taxes, was expected to be prepared in time for the meeting before officials had an apparent change of heart.

Schiliro said that when the board weighed all factors it was the right decision to make.

"After careful thought of everything involved, including the concerns of the residents in all of the town and specifically in that neighborhood, we came to the determination that we're not going to move forward with the sale of the property," Schiliro said.

Rosenberg, reached late last week, said he was surprised by the board's decision and that it would do nothing to improve "a difficult parking situation that could have been solved." He was hoping to nearly

double the number of spaces from about 18 spots if he could have bought the land.

"Do you think it's fair to all parties, myself and the neighbors, to at least have a plan before you guys make any decision?" Rosenberg asked the board last week. "I went through all the expenses of making a plan and all, doing all the stuff like I've been asked to do and then it gets shot down before I was even able to present it."

On June 27, neighbors, primarily residents from Nethermont Avenue, strongly opposed the town helping Rosenberg add to his acreage with the number of unresolved problems at the site. A key matter for some residents was the potential loss of a walking path that the public uses on what is now the town-owned parcel.

Another major problem has been debris falling from the cliff behind the business that is likely from erosion, which some residents charged worsened because Rosenberg cut too deeply into the rock.

They also pointed to the noise, smells, traffic safety issues in the area of the busy North Broadway thoroughfare and the proliferation of rodents since site work was done.

Nethermont Avenue residents said they were grateful that the board took their concerns into consideration.

"I appreciate all you have done to listen to all of us from Nethermont Avenue and from Kensico Knolls and Roberta Place



The North Castle Town Board decided against selling a half-acre of town-owned property last week to the owner of Ralph's Ices to expand his parking lot.

and from other areas of North White Plains, that we really appreciate that you're not going to sell the property," said resident Nora Kans Manuele.

Last week, board members called on Rosenberg to comply with all the outstanding conditions at the site within the next four weeks except for the installation of a protective mesh to prevent rock and other debris from falling into the parking lot.

Rosenberg pledged that by the time of the board's Aug. 8 meeting, directional signs for the parking lot and landscaping on the northern side of the property near the dumpster will be finished. He said last week that striping and painted directions on the parking lot ground have been completed.

There is potential disagreement between

Rosenberg and the town's engineering consultants, Kellard Sessions, regarding the mesh netting to catch debris. The town's engineers said the mesh is needed but Rosenberg countered with a report from his engineer that most of the rock is stable and the netting isn't necessary.

Officials hope to come to an agreement on that issue by next week's meeting.

However, Town Board members expressed some frustration at the halting pace with which Rosenberg has addressed the required conditions.

"I'm willing to give you four weeks, but we need to get this done, finished in four weeks," said Councilman Stephen D'Angelo. "Otherwise, it goes through the process of what you have to go through when you don't comply with the site plan."



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Former New Castle Cop Saves Motorist's Life on Busy Highway

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came to a rest in the right shoulder in the vicinity of Exit 5 at 12:21 p.m., according to state police.

Golanec said he was traveling westbound on the highway about four or five car lengths behind Merend when he noticed the out-of-control car. He immediately put his hazard lights on, which signaled to drivers behind him to slow down.

"While all that was going on, in my mind because of (my) experience and

being in the police business, I realized that there was no way the person could have been conscious because there was no corrective action being taken while the vehicle was out of control," said Golanec, who was on his way home from a doctor's appointment in White Plains at the time.

Golanec, a Cortlandt resident who spent 16 of his 21 years in law enforcement in New Castle, pulled up behind Merend's car, jumped out and saw that he was unconscious behind

the wheel. He called 911 and began administering CPR. Golanec remarked that the stricken motorist's color wasn't good and his heartbeat and pulse were rapid before disappearing.

He pulled Merend out from behind the steering wheel and placed him on the pavement behind the car when he noticed Merend appeared to have had a pacemaker implanted.

"That first set of compressions, I did like 30 compressions, I would say," Golanec said. "I heard and saw he was

like gasping and then I just continued to do compressions until the Greenburgh police paramedics came."

While Golanec was tending to the stricken motorist, a woman had also pulled over asking what she could do. He instructed her to once again call 911 to provide first-responders with updates.

Once the paramedics arrived, they took over first aid before transporting Merend to Westchester Medical Center, police said. As of Saturday, he was still hospitalized. His condition was unknown, police said.

Golanec, who will spend time at home this summer with his young son before deciding on his next career move, said that during his law enforcement career he was called on many times to perform CPR and had also delivered a baby but this was the first time he was at the scene when someone had a medical emergency.

He said he doesn't think of himself as a hero, just someone who was able to put his years of training and experience to good use to help a fellow citizen.

"I'm glad I was at the right place at the right time with the right training and I would hope that anyone in my situation with the training that I had would do the same thing," Golanec said.

Mt. Kisco Immigrant Detained for Three Months Has Path Forward

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of people who flee their native country fearing for their lives but who aren't aware of the legal channels that are available to them. Neighbors Link learned of his situation because one of its clients reached out to staff which was able to advocate on his behalf. Furthermore, a Good Samaritan had videotaped the interaction Perez had with ICE agents.

"He was just safe in the United States, functioning in the United States until this happened," Anderson Ponzer said. "What's important to know is that as soon as he got access to an attorney, we reviewed his case and saw that he had a

possible claim and the judge agreed that it might be viable, so that's why he was released."

Anderson Ponzer said she understands that many American citizens are concerned with immigration laws being enforced. However, many undocumented immigrants haven't had access to an attorney or gone through the immigration court process, which would help determine if they have a credible claim. She said no one is terminally illegal until they've had their court date.

"My client is definitely willing to be subject to the court," Anderson Ponzer said. "He's filed papers, he's represented

by me. The problem here is that the detention went on so long, a big part of the reason why so many people are in this limbo state."

Another obstacle for individuals taken into custody is that actions by ICE have become so broad and expansive that there is a rapidly increasing backlog of cases, she said.

Anderson Ponzer said considering he was detained in jail Perez is doing well. He is due to appear in immigration court on Aug. 2, she said.

"I think he's feeling better now because he knows there's a path forward," Anderson Ponzer said.

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Buchwald Has Opponent for Re-election Bid; Abinanti, Mayer Unopposed

By Martin Wilbur

Three area Democratic state legislators filed their petitions with the Westchester County Board of Elections last week to run for re-election in November but only one of those lawmakers will have an opponent.

Assembly members Thomas Abinanti (D-Pleasantville) and David Buchwald (D-White Plains) made their re-election bids official in the 92nd and 93rd Assembly Districts, respectively.

Meanwhile, state Sen. Shelley Mayer (D-Yonkers), who won a special election in April for the 37th Senate District seat, will run again in November but with no opposition.

The deadline for candidates filing petitions was last Thursday. However, petitions may still arrive by mail as long as it is postmarked no later than July 12, according to the Board of Elections.

The Board of Elections reported last Friday afternoon that John Nucolovic of Bedford filed a petition for the Republican and Conservative lines. Attempts to reach Nucolovic on Monday were unsuccessful.

Buchwald said his legislative priorities include fighting to protect and preserve the environment, strengthening the public education system, championing sensible gun safety laws, protecting women's reproductive health rights

and the civil rights of all New Yorkers, cleaning up Albany and securing electoral reform.

"And now, more than ever, it is critical to protect our shared values, as they are under assault from Washington," said Buchwald, first elected to the Assembly in 2012. "I would consider it a great honor to continue to stand up for my constituents and to represent Westchester in the State Assembly."

Buchwald authored the constitutional amendment allowing the forfeiture of corrupt public officials' taxpayer-funded pensions.

Campaign spokesman Jake Dilemani said while not surprised that the assemblyman has an opponent, he questioned how serious Nucolovic is in his candidacy. As of Monday, there was no campaign committee established, he said. A candidate is unable to raise funds without an official committee.

Buchwald will also appear on the Independence, Reform, Women's Equality and Working Families parties.

Abinanti, who is seeking election to a fifth term in the Assembly, vowed to be a strong advocate for suburban constituents, including addressing issues related to education, generating additional non-property tax revenues and protecting the environments.

"Going forward, my priorities will

remain the same," Abinanti said. "I will continue to stand up for what's right and try to make a real difference for the communities I represent and for New York."

He also pledged to work to repair deteriorated state roads and mass transit systems and enact better ethics laws for all of state government.

Abinanti said he will continue to be a

strong pro-choice voice, an advocate for common-sense measures to reduce gun violence and a leader in efforts to ensure that people with special needs are treated fairly and get the services they need.

In addition to the Democratic line, Abinanti intends to appear on the Working Families and Reform party lines.



ANNA YOUNG PHOTO

First Resident

Former President and Chappaqua resident Bill Clinton and renowned author James Patterson held a special signing of their new book, "The President is Missing" at the Chappaqua Public Library early Monday evening. The thriller takes place over a three-day period and confronts a national threat so massive that the President disappears when he becomes a suspect.

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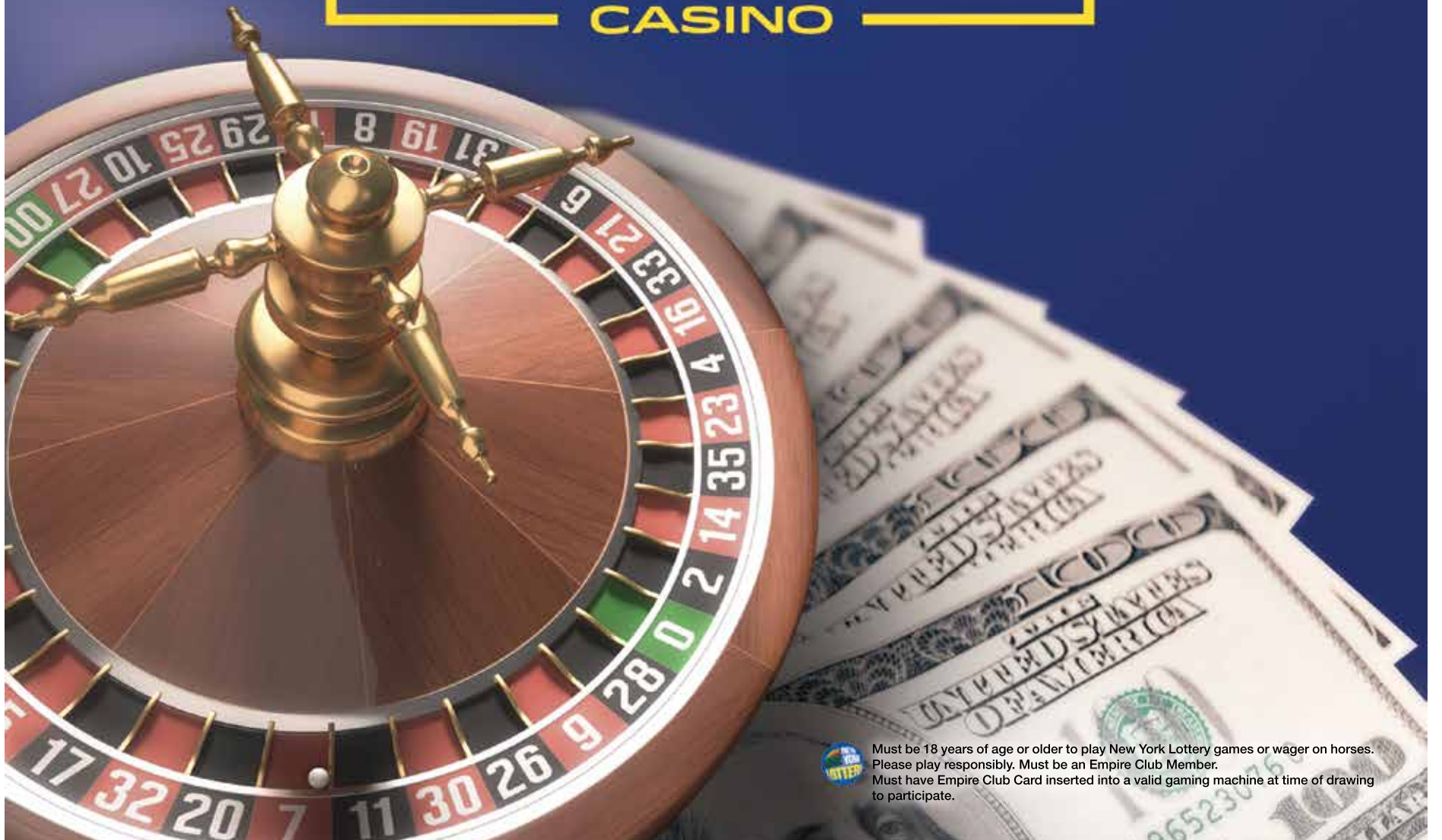
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Automated Parking Facility Near County Airport Nears Approval

By Martin Wilbur

A new automated parking facility proposed for a North Castle industrial zone near Westchester County Airport appears to be on the verge of approval nearly a decade after it was first proposed.

Representatives for the applicant, 11 New King Street, LLC, appeared before the Town Board and Planning Board last week seeking special permit and site plan approval, respectively, to operate the 850-vehicle facility.

On July 11, the Town Board held the public hearing open on the special permit to allow the town's Conservation Board to hold a work session last Friday and a regular meeting this Tuesday night to make its recommendation regarding the proposed wetlands mitigation plan. If no objections arise, the Town Board could vote on granting the special permit at its next meeting on July 25 followed by site plan approval from the Planning Board on July 30.

The project, which is called Park Place, was originally proposed in 2009 with a 1,450-vehicle capacity at 11 New King St. and has been thoroughly examined under the state Environmental Quality Review Act (SEQRA), said attorney William Null, who represents the applicant. The

proposal includes an adjacent 1.2-acre parcel which will be used to execute the stormwater management plan for the applicant's 2.47-acre property. No plan has previously existed, he said.

Currently, a 9,700-square foot office building with an accompanying parking lot is at the site.

"In the nine years of review and extensive study, we think we've amply proven compliance with the standards of the special permit," Null said.

Last week, town officials grappled with how best to schedule the approvals process for the town and planning boards while allowing the Conservation Board to comment. The July 30 Planning Board meeting is its last until September and the special permit must be granted first, which will force the Town Board to vote at its next meeting if the application is to be resolved this summer.

Null said that his client's proposal was consistent with the town's Comprehensive Plan in the industrial zone, adds economic vitality, provides additional long-term parking for the airport and has no negative impacts on residents.

"The project will be built in an area dominated by offices and transportation uses and would, therefore, be a

compatible land use," he said. "It will be separated from residential areas, thereby bringing minimal adverse impact on the environmental character of the town."

Null explained that the automated parking will be environmentally beneficial because car owners will pull their car into a container, which will be moved to different levels remotely. No vehicles will have to be started except when the patron returns.

There will be shuttle bus service to and from the airport terminal, which is about a three-minute drive, he added.

Although the county Planning Board concluded the extra parking isn't needed near the airport, Null said the transportation hub's Master Plan contradicts that position.

Only one resident spoke at last week's hearing. Half Mile Road resident Katherine Parker urged the board to make a statement against the threat of overexpansion of the airport by rejecting the permit.

It's come at a time when residents in portions of Armonk and neighboring communities have argued that their quality of life has been degraded by increasing noise levels from aircraft landing at the airport.

"This is a chance for our town to send

a really strong message to them and to the young people that are smart who are looking for a place to come and buy into, that we take the problems of the airport very, very seriously," Parker said.

Town Board members didn't address that comment and instead appeared ready to vote on the permit next week.

"In the six-plus years I've been on the board, I've been working on this with you and it's finally nice seeing it coming to a resolution," Councilman Stephen D'Angelo said to Null. "That's satisfying to everybody."

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SMALL NEWS IS BIG NEWS

BARD - Virginia Carol, of Hanover NH, age 85. Born in Godalming, England to Captain Grenadier Guard, Geoffrey Howard Bull and Genevieve Marie Lindsay-Watson, died Thursday July 6, 2018 at Wheelock Terrace in Hanover, NH. She was the beloved wife of the late Peter Alexander Bard, beloved mother of Jessica Garcia (Roberto), Lindsay Parsons (Donald), and Alex Bard (Alison). Dearest Grandmother of Anthony, Nicholas, Ian, Jordan, Ethan, Alexandra and Dylan. Great Grandmother of Isabella, Layne and Mason. Dear sister of Roland Bull and step sister of Peter Ranney.

After her father's death at the battle of Dunkirk, Gina came to the US at age 10 and was adopted by the American Illustrator Robert Fawcett and his wife Nancy Ranney. Gina attended boarding school in Putney, VT, and went on to live and work in NYC. Known to many as "Gina B" she was a devoted friend and neighbor. Gina was compassionate, caring, had a love of reading, tennis, scrabble and the New York Times crossword section. She was most comfortable around her friends and helping others. Gina will always be remembered for her sense of humor, and sharp wit. One was always greeted by her warm contagious smile. An active member of the St. Stephen's Episcopal church choir and community in Armonk NY, Gina will be forever missed for her gentle spirit and her giving nature. In lieu of flowers the family requests donations to St. Stephen's acolyte scholarship, a scholarship started by Gina herself.



A service will be held on **Saturday July 21st, at 3:00pm in Armonk, New York at St. Stephen's Episcopal Church**. Ricker Funeral Homes & Crematory of Lebanon and Enfield assisted the family with arrangements.

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Thrill of a Lifetime as Local Figure Skaters Train With Olympians

By Anna Young

Young figure skaters at Westchester Skating Academy lived out their dream as they spent the week ice skating with a group of Olympic and national championship competitors.

Olympians Mirai Nagasu, Karen Chen and Jeremy Abbott, along with national champions Starr Andrews and Alysia Liu and Olympic choreographer Rohene Ward trained more than 70 girls from the summer figure skating camp at the Elmsford rink, offering advice on technique and skill to the next generation of skaters.

"It's always nice to be able to skate with the kids and really connect with them," said Nagasu, who made history in February in PyeongChang, South Korea when she became the first American woman to land a triple axel at the Olympics. "It's nice to be a role model for them and talking to them directly has more meaning, and for me, it's always inspirational and motivational to meet with kids because I'm reminded of when I was a child and enjoyed skating for the passion of it."

While 12-year-old national champion Liu enjoyed her time with campers offering advice on technique, Ward reminded skaters of the importance of being themselves.

"It's very important to stay true to yourself and that's why I try to be as true to myself when I come in here with these kids," Ward said. "I want to let them know it's okay not to be the norm and



ANNA YOUNG PHOTO

Star figure skaters pose with a group of youngsters from last week's camp at the Westchester Skating Academy in Elmsford.

to just be you and accept and embrace difference. That's what we're here for, is to pass that knowledge down to the next generation."

Campers ranging from three to 15 years old spent the week asking questions, taking pictures and gaining first-hand experience from world-class athletes. After the end of last week, the youngsters put their knowledge to use as they hit the ice with the star athletes in a special one-hour performance last Friday night that was attended by more than 400 parents and community members.

Pleasantville camper Caitriona Curry, 14, said being on the ice with from professional skaters and learning directly from them was an incredible experience. While she learned new skills to improve her skating, Curry was elated to connect

with her idol.

"I've always loved Mirai Nagasu and she watched me spin and gave me tips on my spins to make them better," she said. "I felt like I connected with her on a personal note."

Briarcliff resident Morgan Eaton, 9, said she was so nervous to work with the star skaters until she realized how friendly they are.

"It's been amazing," Eaton said. "They taught me how to do expressions, spins and new tricks."

For the last two years, skating directors had Olympic bronze medalist Gracie Gold spend a day with the campers. But after Gold took a hiatus last year, skating directors Haley Ruotolo and Stacey Isenberg wanted to improve the program and provide campers with a once-in-a-



Pictured, left to right, are Starr Andrews, Mirai Nagasu, Rohene Ward, Jeremy Abbott, Karen Chen and Alysia Liu, all of whom are either Olympic or national champion skaters.

lifetime experience.

After the 2018 Winter Olympics, Isenberg said her goal was to organize an Olympic week for skaters by having an elite figure skater teach campers for a few hours each day for a week leading up to Friday evening's show. While it was a monumental endeavor, she said the campers have gained incredible knowledge and have irreplaceable memories.

"It's been the most amazing experience for our kids because the kids literally want to be them and now they're meeting their idols," Isenberg said. "We wanted to do something special for our campers and we wanted to do something different and this is literally the experience of a lifetime."

Third Suspect Arrested in Series of County-Wide Auto Thefts

By Martin Wilbur

A Westchester woman became the third suspect arrested in a series of auto thefts throughout the county, including two at Mount Kisco car dealerships.

Shamakia Walker, 30, turned herself over to county police in Mount Kisco on Sunday and was arraigned in the village's justice court, said Westchester County District Attorney Anthony Scarpino. Walker was charged with second-degree grand larceny and first-degree identity theft, both felonies.

According to the criminal complaint, Walker went to Rivera Toyota on North Bedford Road on Jan. 15, where she assumed the identity of another person. She then used the victim's personal identifying information to secure a car loan for \$52,000 to purchase a new black 2017 Toyota 4 Runner SUV, authorities said.

Walker then allegedly produced a fraudulent New Jersey state driver's license bearing the victim's pedigree and had extensive knowledge of the victim's employment history.

Walker took possession of the Toyota the same day. The stolen vehicle has not been recovered, police said.

The case is one of a string of related auto thefts that occurred at six dealerships throughout Westchester from October 2017 to February 2018. In addition to the theft at Rivera Toyota, other dealerships that had been targeted were Lexus of Mount Kisco on Jan. 24; Ray Catena Lexus of Larchmont, which reported a stolen vehicle last Oct. 20; Land Rover of New Rochelle last Nov. 20; Croton AutoPark on Feb. 8; and Mercedes-Benz in Goldens Bridge on Feb. 15.

In each case, a new victim's identity was used for each auto "purchase," the district attorney's office said. Because the stolen vehicles were sourced from several dealerships and locations, the investigation is continuing and more arrests are pending.

Bail for Walker was set at \$2,500 cash or \$5,000 bond. She is expected back in Mount Kisco Justice Court this Thursday.

Two other suspects were arrested last month in connection with the attempted purchase on Jan. 24 of a vehicle at Lexus of Mount Kisco. Jankely Hidalgo, 29, and Jonathan Sevilla, 34, both from the Bronx, were charged with first-degree identity theft for assuming another person's identity, and second-degree attempted grand larceny, both felonies. Bail was set at

\$500,000 bond or \$200,000 cash.

Previously, Hidalgo and Jankely were arraigned on June 21 in North Castle Justice Court on the same two charges for allegedly stealing a Lexus from Ray Catena Lexus of Larchmont. Bail was set at \$750,000 each. Both suspects also surrendered their passports.

Prosecutors have alleged that Hidalgo supplied others involved in the scheme with forged drivers' licenses and victims' personal identifying information, including Social Security numbers, to present themselves as legitimate buyers who wanted financing for expensive vehicles.

New Faces

The Mount Pleasant Police Department added two new faces to their force last week after town officials unanimously approved their appointments. Former Greenwich, Conn. officer and Hawthorne resident Samantha Petfield and part-time police dispatcher Francis Brescia, left, took their oaths during last Tuesday's Town Board meeting and will begin working on July 25.



ANNA YOUNG PHOTO

Chappaqua Friends Part of Record-Setting Rocket Launch Attempt

By Martin Wilbur

This has been an exhilarating summer for Adam Katz and Keith Corso.

The two friends from Chappaqua and Horace Greeley High School graduates are members of a team called Operation Space, a group of about 45 college students from 30 colleges and universities who hope to break the world record for altitude reached by a student-launched rocket.

Since late May, Katz and Corso have been working with aerospace and mechanical engineering students who are working alongside business, marketing and development majors to finance, build and launch an 11-foot, two-stage rocket to reach 150,000 feet. The previous student rocket record was 144,000 feet.

Katz said he is part of the services development team, which is responsible for reaching out to companies and organizations for financial support, sponsorships and partnerships to meet the fundraising goal of about \$20,000 to fund the project.

Before the end of next month when the students return to school, Operation Space members will need to complete the project.

"What makes our project unique is that the timeline is around three months, so the work on this project is being done remotely so it's done with a huge amount of collaboration," said Katz, who is entering his sophomore year as a business analytics

student at MIT.

"The other thing is we're not backed by a specific institution," he added. "There's a lot of things going against us in this project and really if we're going to be successful we're going to be beating the odds that we can put a group of 40 students from across the country together, have one vision, one goal in mind to achieve that goal with hard work."

Since the students involved in Operation Space are scattered and work remotely, connected by the team messaging platform Slack, they will meet for one week starting Aug. 1 at Vanderbilt University in Nashville for the rocket build, said Corso, a rising sophomore who is attending Northeastern University and is also part of the project's business team.

While there are plenty of logistical challenges, a major advantage is that each student has resources at the college or universities at their disposal, Corso said. Furthermore, there are aerospace companies and organizations that have been contacted and enjoy helping the next generation of explorers and entrepreneurs.

"It's pretty neat having these institutions like SpaceX, like NASA, and the small businesses, delis, pizzerias that are pitching in to give us opportunities," Corso said. "We're getting help from all these different organizations and it's really neat."

What was also unexpected was having



Chappaqua residents and friends Keith Corso, left, and Adam Katz are part of a team of more than 40 college students who are working this summer to have a student-launched rocket reach an altitude of 150,000 feet.

already been acquainted with some of the Operation Space project members. About 10 of the students attended an undergraduate tech summit in Silicon Valley earlier this year, he said.

Katz said a key component that the students still had to decide is a place for the rocket launch. One possibility is Spaceport

America, an FAA-licensed spaceport in the desert of Sierra County, N.M. Another possibility is an offshore carrier, he said. A launch is anticipated around Aug. 15.

Katz and Corso said they've been excited to contribute in a tangible way to a project that is outside their course of study and collaborate with some of their brightest and most capable peers.

"For me, it's something that's pretty different, it's to collaborate with people who are very different, who have very different communications, etc.," Corso said.

"Diving into teams like this allows me to really hone in on my skills on a personal level."

The project has also helped with time management skills, Katz said. Virtually all the students involved have full-time summer jobs and/or internships during the working day. They each carve out time in the evenings and weekends to communicate and work with their team members.

Katz said he is looking forward to meeting all the other students from Operation Space at Vanderbilt.

"Everyone is unique in their own way and we'll have that extra special interest and watching all of us work together with this one goal and one vision, I'm really excited for this outcome and to watch all of our hard work be put in place," he said.

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Police Blotter

County Police/Mount Kisco

July 9: A Grove Street resident who suffered a flat tire reported at 8:44 a.m. that she found a screw in the side wall of the tire. She said she believes the screw was placed there purposely and asked for a report to document her concern.

July 10: A 33-year-old Mount Kisco man was arrested at 6:28 a.m. after he was found at home on Maple Avenue with a person who has an order of protection against him. He was charged with second-degree criminal contempt, a misdemeanor, for violating the court order. After his arraignment in Mount Kisco Justice Court, he was turned over to deputies from the Ulster County Sheriff's Department, which had a warrant for his arrest on an unspecified charge out of Ulster County Family Court.

July 10: The owner of a building on the 300 block of East Main Street reported at 11:59 a.m. that someone placed a ladder against the back of the building and used it to climb inside. It did not appear that anything was missing.

July 10: Report of graffiti in the children's playground at Leonard Park at 3:28 p.m. An investigation is ongoing.

July 10: Report of a possible domestic dispute on Manchester Drive at 9:13

p.m. Officers located two women who reported that they were arguing about a refrigerator and that the dispute had been verbal in nature.

July 11: Police responded to a parking area at Northern Westchester Hospital at 10:43 a.m. on a report that a 24-year-old woman was brought to the hospital by her father but did not want to go inside. The woman told officers that she was feeling tired and did not need to see a doctor. The woman told officers she was refusing medical attention and her father agreed to take her home.

July 11: Police responded to Diplomat Drive at 12:04 p.m. on a report that a resident had activated a medical alert device. A relative of the resident reported that she had activated the device in error and there was no emergency.

July 11: A village resident who sold her car to a Queens man reported at 12:06 p.m. that she had neglected to remove the license plates and has been unable to contact the man to get them back. Officers made a blotter notation about the plates and advised her how to report them as lost to the Department of Motor Vehicles.

North Castle Police Department

July 6: Report of an apparent verbal

dispute between a former home health aide and a Brett Lane homeowner. The Bedford Police Department sent a unit on location and a North Castle officer responded. The officer spoke with the complainant and reported that the home health aide has since left the residence. The incident is apparently a civil matter.

July 7: A caller reported at 1:23 p.m. that a black bear was just on his property on Cox Avenue. An additional caller reported the bear was in the rear yard next door. Two officers responded.

July 8: A complainant reported at headquarters at 12:20 p.m. that trees are being taken down on Byram Hill Road and is uncertain if the property owner has the proper permits. The responding officers stated that the bulk of the tree work had already been completed upon

their arrival and that the homeowner is not home. One of the officers spoke with the workers who were unable to provide a permit for the work being done and were uncertain if one exists. The workers were advised they would have to cease all work and produce or obtain a permit from the North Castle Building Department.

July 8: At 4:28 p.m., there was a report of a bear having taken down a Seymour Place West resident's bird feeder in her yard a few hours earlier. She requested an officer check the area for the bear. The responding officers reported the area is clear.

July 11: A Spruce Hill Road resident arrived at headquarters at 12:16 p.m. to report she was the victim of a telephone scam.

Obituaries

Ralph Gabriele

Ralph W. Gabriele of Valhalla died on July 15.

He was 84.

Gabriele was born on May 4, 1934, to the late Anthony and Margaret (nee Ianiello) Gabriele in Mount Vernon. He proudly served in the U.S. Army from 1954 to 1956. He was a retired produce manager with A&P supermarkets in Yonkers and later performed volunteer work at Mercy College in Dobbs Ferry.

Gabriele was predeceased by his devoted wife, Joanna (nee Drahorad) Gabriele, in 2003. He is survived by his loving daughters, Debra (Victor)

Gabriele-Garcia of Valhalla, Rosemarie (Paul) Jones of Armonk, Denise (James) Gabriele-Poulin of Mohegan Lake and Margaret D'Agostino of Shrub Oak; two sisters, AnnMarie (Alphonse) Apicella and Gerry Campo, both of Deposit, N.Y.; nine cherished grandchildren; and four great-grandchildren.

Gabriele will be reposing at Hawthorne Funeral Home on Wednesday, July 18 from 10 a.m. to noon, where funeral services will be held immediately following visitation. Interment will follow at Kensico Cemetery in Valhalla.

Ellen Doyle

Ellen T. Doyle of Hawthorne died on July 13, 2018, at her residence.

She was 82.

Doyle was born on Sept. 29, 1935, to the late James and Catherine (nee Sweeney) Boles in Sligo, Ireland. She is survived by her devoted husband, Oliver Doyle, of Hawthorne; her loving children, John (Donna) Doyle of Carmel, Brendan Doyle (Cathy) of Wappingers Falls, Kevin (Lisa) Doyle of Thornwood, Maureen (Mark) Cassidy of Wappingers Falls, Ellen

(John) Vignola of Fishkill and Dympna (Chris) Cuccia of Hawthorne; her 12 cherished grandchildren; two great-grandchildren; and several beloved nieces and nephews. Doyle was also predeceased by her brothers and sisters.

Visitation is at Hawthorne Funeral Home on Tuesday, July 17 from 3 to 8 p.m. A funeral Mass will be held at Holy Rosary Church in Hawthorne on Wednesday, July 18 at 10 a.m. followed by interment at St. Francis Cemetery in Mount Kisco.



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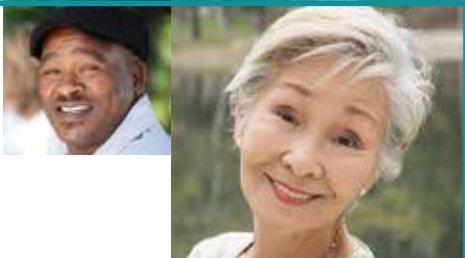
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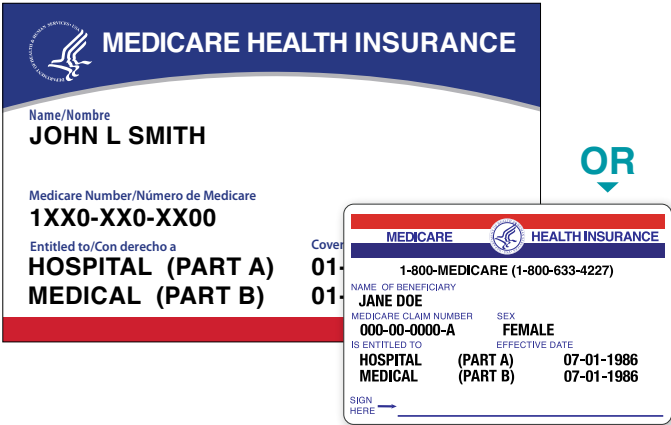
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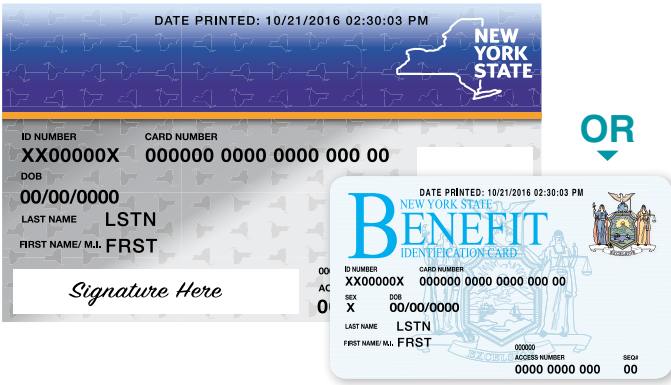
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Cuomo's Democratic Challenger Calls for Shutdown of Pipeline Project

By Anna Young

Gubernatorial candidate Cynthia Nixon visited Peekskill last Friday calling for the controversial Spectra/Enbridge AIM pipeline be shut down because of potential dangers running adjacent to Indian Point nuclear power plant.

Following the release of its long-awaited risk assessment of the pipeline, local activists called on Nixon to urge Gov. Andrew Cuomo to shut down the 42-inch Algonquin pipeline project located within 105 feet of the Indian Point nuclear power plant in Buchanan.

The report, which was released last month about a year and a half behind schedule, confirmed that the Federal Energy Regulatory Commission (FERC) did not sufficiently consider the risks before allowing the pipeline's expansion near the power plant.

During the July 13 press conference, Nixon, who is running a Democratic primary challenge in September against Cuomo, blasted the governor for putting the lives of nearly 20 million people in jeopardy by endorsing the buildout of the massive high-pressure pipeline. With the results of the risk assessment released, she said Cuomo has an obligation to ensure public safety immediately.

"(The risk assessment) said exactly what the experts and the people in this community have been saying all along –

it is unsafe, it is unjust and it is just plain wrong," Nixon said. "It shouldn't have taken four state agencies, \$250,000 and two years to know that it's dangerous to put a high-pressure fracked gas pipeline under a nuclear plant 35 miles north of Manhattan."

Nixon added that the pipeline needs to be shut down until public safety is assured and any outstanding concerns are addressed to the surrounding community's satisfaction.

Peekskill Councilman Colin Smith agreed, stating that elected officials must protect the safety of the community and the environment. In March, the Peekskill Common Council passed a resolution calling on Cuomo to release the risk assessment citing concerns about the potential dangers of having the pipeline near the nuclear power plant.

Smith said the risk assessment has provided the necessary information to make more informed decisions on how to protect the community when the plant closes in 2021 and is decommissioned.

Cuomo's press office issued a statement dismissing Nixon's complaints, pointing out that the governor helped arrange Indian Point's pending closure in 2021.

"It was Gov. Cuomo who delivered an independent risk assessment on the Algonquin Pipeline and accomplished what others have only talked about for



ANNA YOUNG PHOTO

Cynthia Nixon, Gov. Andrew Cuomo's challenger in September's Democratic primary, blasted the governor for allowing the Spectra pipeline project to move forward despite its proximity to Indian Point.

decades – shutting down the dangerous Indian Point nuclear plant," the statement read. "The existing interstate pipeline is federally controlled, and it's embarrassing that a candidate running for the highest office in the state wouldn't know that."

During her visit, community members led Nixon on a tour of the pipeline's path outlining its proximity to the power plant, schools and homes. Nixon later held a roundtable discussion at the BeanRunner Café where residents shared their concerns.

"We need leadership in Albany that appreciates that we are in a time of crisis and Gov. Cuomo has failed us," said

Courtney Williams, a Peekskill resident and cancer researcher who has battled Spectra Energy for several years. "He has allowed this project to be built, he's ordered his agencies to rubber stamp it and we are here today to say that's unacceptable and we need a person in Albany who will stop the flow of gas and the buildout of fracked gas infrastructure."

Croton-on-Hudson resident Gary Shaw said that Indian Point has released toxins, oils and noxious gases into the air and water for several years. He stressed the importance of the state legislature to enact a citizens' oversight board to oversee the Indian Point decommissioning process.

"We need our governor to promote and pass this legislation," Shaw said. "Indian Point is a real threat and we need somebody who can understand that this is about public health and safety and not about money."

If elected, Nixon said she would create a community oversight board to ensure the public is protected.

Nixon added that she plans to halt all fossil fuel expansion and transfer the state to 100 percent renewable energy.

"When I am elected governor in November, I will address this problem head on," Nixon said. "We cannot allow communities in New York to be conduits or dumping sites for dangerous fracked gas."

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Veterans Gearing Up for State's First Official Medal of Honor Parade

By Martin Wilbur

Veterans from every branch of the nation's military will gather in Carmel this weekend for a historic event that will pay tribute to those who have earned the service's highest honor.

New York State's first official Medal of Honor Parade will be held on Saturday, July 21, a large-scale celebration that will formally recognize the brave recipients and feature speeches from distinguished guests at a ceremony following the parade.

The .8-mile route begins on Seminary Hill Road in Carmel at 1 p.m. before turning onto Route 6 and heading to the Putnam County Courthouse. During the day, New York State's five surviving Medal of Honor winners will be recognized and four of them are expected to be in attendance.

"If we don't push the highest medal the country has, what good is it?" asked Peter Fiumefreddo, president of the New York State Medal of Honor Committee and commander of American Legion Post 112 in Hawthorne.

Fiumefreddo said while American Legion posts and other veterans' organizations have recognized the nation's annual Medal of Honor Day on Mar. 25 with ceremonies and parades over the years, the push to have legislation passed came to fruition earlier this year. The state legislature passed a measure that has been signed into law officially establishing the parade, he said.

Last year, there was an official Westchester County recognition at Kensico Dam Plaza in Valhalla.

During the past decade, veterans in Mount Pleasant and around the state have regularly held ceremonies commemorating Medal of Honor Day and its recipients. Several years ago, the state Medal of Honor Committee dedicated a monument at Mount Pleasant Town Hall and has a display of four medals inside the building, Fiumefreddo said.

"There are 666 Medals of Honor accredited to New York and our committee works to make sure that those recipients are remembered," he said. "Holding this parade is a great way to celebrate their achievements."

Three of the surviving Medal of

Honor recipients have been named to serve as the inaugural parades' grand marshals – Gary Biekrich, Paul Bucha and Robert O'Malley. They are all Vietnam veterans.

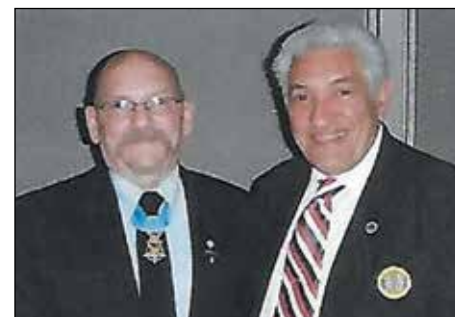
Putnam County Executive MaryEllen Odell said she is honored that her county was selected as the site of the first official parade.

"This is a wonderful opportunity to bring veterans from all over New York together and allow the public to show their appreciation for the sacrifices these men and women who served in the U.S. Armed Forces made to defend our way of life," Odell said.

Fiumefreddo said the parade is expected to be held annually in July with a different host site each year. For 2019, it is anticipated that Mount Pleasant will be the host, he said.

Following the parade and ceremony, the fun will just be ready to begin. Part of the event includes a festival that will feature vendors, a barbecue, music and historical displays. It will also give the public a chance to meet and greet the Medal of Honor recipients as well as other veterans in attendance.

For more information on this Saturday's event, visit www.pcjvc.org/mohd/#info.



Gary Biekrich, left, one of New York State's surviving Medal of Honor recipients, pictured with state Medal of Honor Committee President Peter Fiumefreddo, will be one of the veterans honored at Saturday's inaugural Medal of Honor Parade in Carmel.

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Guest Column

The Hidden and Rarely Spoken Epidemic of Veteran Suicides

By Megan Castellano

I have read with great interest over the past few weeks the many articles raising awareness about suicide. I applaud those media outlets that have included prevention resources as part of coverage of the recent high-profile suicides of Kate Spade and Anthony Bourdain.

Through my work, I am keenly aware that celebrity or high-profile suicides receive more media attention. This can be painful for others who have lost loved ones to suicide and feel that they are alone in their suffering and grief not only as a result of the loss of their loved one but also because of the stigma that still surrounds suicide.

Conversely, I am certain there is tremendous suffering for the families and loved ones impacted by high profile suicides as they wish they could have more privacy to cope with their grief. I am sympathetic to each scenario.

For the past few years, I have had the privilege of working with veterans through the Private First Class Joseph P. Dwyer Vet2Vet program. My colleagues and I recently had a conversation about the fact that statistically speaking, 20 veterans die each day by suicide, a far greater number than those who die in combat. In doing the math, that is 7,300 veterans each year.

The purpose of this article is not to place a higher value on anyone's life because every life matters. One suicide

is too many and the goal is zero. Rather, its purpose is to take advantage of this moment to raise awareness about the veteran suicide epidemic. It is my hope that people reading this, both veterans and those that love them, will know that they are not alone and that help and hope are a phone call away.

The National Suicide Prevention Lifeline, 1-800-273-TALK (8255) – press 1 for veterans – offers help 24/7. Additionally, the PFC Joseph P. Dwyer Program is another support and resource.

Dwyer was a combat medic who served in Iraq. Like many veterans, after returning home, he suffered with post-traumatic stress. In 2008, Dwyer died of an accidental overdose, finally succumbing to the demons he battled. This is all too common for many veterans.

After Dwyer's death, state senator and fellow Iraq veteran Lee Zeldin secured funding for the first peer-to-peer program in Dwyer's name, called Vet2Vet, where veterans could support other veterans. According to those who knew Dwyer best, the one thing that seemed to help him was peer counseling from a fellow veteran.

While the Dwyer program began in Suffolk County, funding for Vet2Vet programs has expanded and enabled counties across the state to develop programs that meet the needs of local veterans and their families. Today, there

are 16 Dwyer programs throughout the state, including in Putnam, Westchester, Orange, Rockland and Dutchess counties. Although not a crisis hotline, all have staff ready to support either directly or by making "warm hand-off" referrals based on an individual's or family's needs.

The strong bonds that are formed in the program provide support that reaches beyond a chair in a psychiatrist's office, beyond a weekly therapy appointment and is not dictated by insurance coverage. All of the services are free and independent of the VA and the "system," often a barrier to care.

The teachable moment is this: let's move 20 to zero, zero veteran suicides, zero suicides. It would be my hope that anyone reading this who is suicidal, or has felt suicidal, would reach out to the 24-hour talk line. If you are a veteran, press 1. If you are a veteran or a family member and you feel like you and/or your loved one are struggling, reach out to your local Dwyer Vet2Vet program to learn what is offered.

Thank you for your service and remember that you are not alone!

To connect with Vet2Vet programs in our area, visit www.dwyervet2vetputnam.org.

Megan Castellano is the executive director of the Mental Health Association in Putnam County and is co-chair of the Putnam County Suicide Prevention Task Force.

Letter to the Editor

Campbell's Claim Does Grave Disservice to Women

In an article that appeared in last week's Examiner ("Democrat Enters Fray for Mount Pleasant Town Board Race"), Mount Pleasant Democratic Committee Vice Chair Bruce Campbell appears to suggest that his committee's selection of a Pleasantville woman for Town Board is meant to align with a "changing electorate" particularly with women voters. Mr. Campbell's claim does a grave disservice to such women.

I don't believe that women will vote for a candidate simply because they share the same anatomy or political party affiliation, but rather based upon a candidate's proven record and vision for

the office he or she seeks.

The women (and men) I've met across Mount Pleasant have been more interested in discussing nonpartisan local issues relating to property taxes, development and public safety. I've spoken with them about my time on the Valhalla Board of Education, the Mount Pleasant Architectural Review Board and the Westchester County Parks Board, as well as my vision as a member of the Town Board.

They have been quite receptive to having a new, independent and younger yet experienced voice on the Town Board who will look at issues from the

perspective of someone who was raised in town and wants to stay in Mount Pleasant for years to come.

And they have told me that they don't want to see their local elected officials engaged in the partisan bickering that has consumed Washington, D.C.

My campaign certainly won't divide our community by gender or other means for political gain. We should all be above that. Women deserve more credit than Mr. Campbell is giving them.

Anthony Amiano

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John Morgan
Teacher/Film Editor and Producer
Mt. Kisco

By Martin Wilbur

Through the magic of film, John Morgan is getting to relive a piece of his childhood.

Actually, it's from the time from when he was about 12 years old and his best friend, Rob Hampton, received a Super 8 motion picture camera for Christmas.

"We loved movies. Before we got a camera, we used to take these stories, we also would play in the backyard, and when we got the camera, I said 'You can do that, we can do that?'" Morgan recalled. "That started my love for moviemaking. Up until then we were fooling around."

All these years later, Morgan, who turns 54 next week, and Hampton have collaborated to direct and produce the 14-minute documentary "Super 8 Daze." They recount some of the fun and zany adventures making films with 8mm film in their backyards or in their neighborhood where they spent a chunk of their childhood in Riverside, Conn.

Back in the 1970s, the tape for those cameras would last for only three minutes,

so nothing terribly sophisticated was produced. It usually provided just enough time for the two friends to kill someone off, Morgan joked.

But through various online platforms, homemade films shot with Super 8 cameras have caught the eye of people reminiscing about the old days or intrigued others not yet born during its heyday.

Now "Super 8 Daze," which had scenes shot around the area, including Mount Kisco where Morgan and his family have lived for the past 16 years, has been on the film festival circuit this year. It has been screened in Austin and throughout New England, including the Boston Short Film Festival. On July 27, it will be shown on opening night of the Peekskill Film Festival at The Paramount.

"It does harken back to a simpler time and a lot of the crowd does enjoy that," Morgan said of the film.

Their production was originally to be for their children but developed into an exciting project. Morgan has two sons, one entering

high school and another in middle school.

Morgan worked roughly the first half of his post-college years as a film editor before becoming a teacher in the Bedford Central School District 14 years ago at about the time his oldest son was born. He is currently a tiered support teacher at Pound Ridge Elementary School, working with students who need assistance in English and math.

He has also been spending summers during the past decade teaching a course on filmmaking for middle school and high school students at Purchase College. Morgan laughs at how when he interviewed to be the instructor of a summer writing class at Purchase, he asked permission to incorporate the use of film into his curriculum. They gave him the film class to teach instead.

"It's great to work with these students now," Morgan said. "To be in a room with a bunch of kids who are really into it and to help them is fantastic."

Meanwhile, Hampton is the executive producer and creative director for Splat Pictures, a Los Angeles production company where he has written, produced and directed for broadcast and cable news networks and ad agencies.

Until eighth grade, Morgan grew up in



Connecticut but moved to New Hampshire with his family when his father had a health issue and was forced to retire.

Through high school and into college, Morgan's love for movies and filmmaking only intensified. He went to Keene State as a history major with a minor in art history but took every film class he could. He interned at a Cape Cod television station.

"My goal was to teach in college or high school," said

Morgan, who eventually worked at R/GA Digital Studios in Manhattan. "But I had my love of filmmaking so I went off in that direction."

Producing "Super 8 Daze" has allowed Morgan to work with Hampton for the first time in nearly 30 years, since they made a couple of movies together shortly after graduating college.

Now that Morgan has jumped back into the filmmaking, he said he hopes to make more short films and documentaries. He's also worked with the Peekskill Youth Bureau on a film and produced ones for the families of a teacher's aide and a student at school, both of whom passed away this past year.

"I left the business but it's great to be back in it," Morgan said.

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P'ville Music Festival Hits All the Right Notes on Sparkling Day

By Anna Young and Martin Wilbur

Blistering heat didn't discourage several thousand music lovers from flooding Parkway Field on Saturday to enjoy the 14th annual Pleasantville Music Festival.

The event, headlined this year by the iconic 1980s group The Psychedelic Furs, featured 18 bands on three different stages. The Psychedelic Furs were preceded on the Main Stage by Grammy-nominated singer-songwriter Robert Randolph & The Family Band, country-rock band Cracker, Lizzie and The Makers, and the Brooklyn-based folk group The Lone Bellow.

"One of the many impressive things we do in this town is taking place here today as we have gathered together music lovers from all over to our little festival site," said the festival's Executive Director Bruce Figler.

Whether music fans were attending for the first time or have been festival regulars, patrons arrived early to get a seat close to the Main Stage and continued to shuttle between the three stages to catch each performance.

First-time festival attendee Tom Diack said he made sure to get in by noon to see Battle of the Bands winner The Bluechips open the Main Stage. He was also excited to see The Psychedelic Furs and former congressman John Hall, a member of the 1970s band Orleans, perform an acoustic duo with bandmate Dennis "Fly" Amero.

White Plains residents Gary and Anne Stern said they attend the festival every year because they enjoy the feel of a local event. Many of the musicians have local or Hudson Valley root.

"We love the music," Anne Stern said. "Anytime you can support local music and musicians is fantastic."

Music fans streamed in throughout



Richard Butler, lead singer of The Psychedelic Furs, belts out a song during the headline performance at last Saturday's Pleasantville Music Festival.

the afternoon filling the field between the Main Stage and the bleachers. In mid-afternoon, after Cracker finished its performance, Figler said he was pleased with the turnout.

"This is the first of the name international bands with every one of them, and there's four of them, a big group will come," he said.

In addition to the music, this year there were enhanced food options with close to 20 vendors selling a wide array of treats and cuisine, from chicken waffle cones to barbecue to Indian and French food to



MARTIN WILBUR PHOTOS

Country rock band Cracker performs during its nearly hour-long set.



The guitarist for Late Night Episode, which performed at the festival's Party Stage, briefly hopped off the stage and joined the crowd.



Getting into a solo.

pizza, hot dogs, kettle corn and ice cream.

Pleasantville Mayor Peter Scherer said with an operation as involved as the music festival there are always unexpected hurdles, but each year the village manages

to pull off a rousing event. The village is helped by a small army of volunteers who transform Parkway Field into a successful professional concert ground for a single day.

Blessed with outstanding summer
continued on next page



While the Pleasantville Music Festival focused on the music, of course, but there was plenty for kids to do, including this tower climbing activity, one of the more popular attractions.



Part of the sun-splashed crowd estimated at about 5,000 that turned out for last Saturday's Pleasantville Music Festival at Parkway Field.

P'ville Music Festival Hits All the Right Notes on Sparkling Day

continued from previous page

weather throughout its history, Scherer said the festival has become one of Pleasantville's most recognizable attractions.

"This is way too big for us to do and way too good for us not to do it, but just like Pleasantville always does, we step up to the plate," Scherer said.

For the first time, organizers provided free ice cold water from oversized jugs allowing the crowd to fill up its reusable bottles and containers. It was a much sought-after amenity on Saturday, along with the large tent facing the Main Stage providing shade for those who arrived early enough to secure a spot. Mercifully, there was some cloud cover that rolled in by late afternoon to cool the crowd off.

It wasn't just music fans who connected with the vibe but many of the performers as well. Pop-rock singer-songwriter Emily Angell, who entertained the crowd for a 30-minute set on the Chill Tent Stage, said it was exhilarating to play the festival.

"It was such a great experience because the entire staff of the Pleasantville Music Festival is so hospitable and accommodating," Angell said. "The crowd in general had such great energy and it's just one of the best gigs I've ever played."

Many of the musicians included on the bill said they looked forward to performing at a well-attended festival that's close to home and where family and friends can see them perform.

Former pro baseball player Dan Zlotnick of Somers, who also performed on the Chill Tent stage, said he was thrilled to get the call from Figler that he was included in the program.

"To be here and have people appreciate the music, you can't beat it," he said.

The festival's three Battle of the Band winners got the festival off to a strong

start on the three stages.

Paul Beladino, lead singer of rock band The Bluechips, which kicked off the Main Stage performances, said he felt relieved after the band's set was done. He said he now has more confidence in their future.

"Now that it's over, we have a clean slate and it's time to get back to work," bassist Tom Davis said.

Bluechips drummer Jake Albi, who grew up in Mount Pleasant, said it was an honor for him to play a festival in the town he grew up in.

David Vogel, who opened the Chill Tent Stage and received a standing ovation after his set, said he was excited to play the festival, adding how thrilling it was to play on a stage greater than his house or coffee shop.



The festival featured plenty of Westchester and Hudson Valley artists, including Dan Zlotnick of Somers.



New York City-based Loose Buttons up on the Party Stage.



The Brooklyn-based rock band The Lone Bellow revving the crowd up while on the Main Stage.



For the finale, The Psychedelic Furs proved to be a big hit.



Grammy-nominated Robert Randolph & The Family Band's jam enlivened the festival with its fusion of rock, funk, soul and gospel.



Many music fans were introduced to the sounds of the rock/rhythm and blues/hip-hop ensemble Juice.



The all-woman trio Channele perform on the Chill Tent Stage -- happily shielded from the hot sun.



The continuous nine hours of music had music fans of all ages on their feet.



Children also had fun at the inflatable bouncy castle.

The Beauty and Buyer Preference for Hardwood Floors

When I open my new condo door in a Trump building, the first thing I see are gleaming, dark hardwood floors that give me a great feeling of clean space and quality living.

As a realtor, I always find that homebuyers are attracted to marketing copy that can claim "hardwood floors throughout." While most folks today like hardwood floors exposed, oddly enough, they went through a long period of cover up.

When I was a little boy in grade school, I remember coming home one day and finding my mother speaking in hushed tones with two of her friends. "Al and I are having wall-to-wall installed next week," she said.

"Oh, how nice," chimed in her friends.

I didn't know what "wall-to-wall" was, but I was proud that my mom seemed to be the envy of the neighborhood because she was getting it. In short order, the wall-to-wall arrived in one enormous roll and was laid out seamlessly in the living room. (We didn't have a dining room.)

The texture, as I recall, was a short



By Bill Primavera

shag, and it was chartreuse. No kidding. Mother justified the relatively expensive upgrade by telling my dad, who thought it was an extravagance, that it "warmed up" the living room and made it easier for her to keep the place clean.

But this is not about carpeting, it's about hardwood floors, the beautiful, gleaming surface that my mother buried with her up-and-coming lifestyles choice.

Today, we no longer want warming up. We want clean gleaming surfaces of natural wood that conveys open space, perhaps punctuated by smaller area rugs. If you're lucky enough to have a quality hardwood floor, here's the best way to take care of it.

Always use a soft broom when sweeping floors. Hard bristle brooms can scratch the surface. Vacuum the floor at least once a week to remove dirt. It's better to buy a lighter vacuum for hardwood floors because the wheels of heavier vacuums may scratch. It's best to use the soft brush attachment.

You won't like the way it looks, but there should always be non-slip

rugs near all entrances so that family members and visitors can brush off dirt and gravel from the bottoms of their shoes. These small carpets should also be vacuumed regularly to prevent dirt and other debris from making its way to the floor.

Are you annoyed when some hosts ask you to remove your shoes at the door? Actually, it's not a bad rule for your household to follow if you really prize your floors. Or, you can place carpet runners in heavily traveled areas. Spiked heels, and even regular heels, can be murder in denting the wood.

Furniture needs little booties, too, in the form of rubber or plastic pads below table and chair legs. And never drag furniture across a hardwood floor.

Liquid spills obviously should be cleaned up immediately. Most new floors come with a scratch and dent repair kit that should be kept in an easy-to-remember place. Save the manufacturer's instructions on how to use them.

Keeping wood floors clean is a very simple matter; use only a damp mop. Any excess water can run between the seams and cause damage.

Years ago, it was common practice to use a lot of wax on hardwood floors

but today, most are sealed well with polyurethane and should require only the damp mop process.

In fact, hardwood floors are easier to maintain than that wall-to-wall that my mother thought would be easier to keep clean. I remember how disgusted I was when I recently had carpeting pulled up and found that it was a safe harbor for years of dirt below.

A few years ago, I visited my boyhood home on a nostalgic trip to Virginia and, amazingly, the couple who bought it from my parents still lived there.

When I was escorted into the living room, the hardwood floors my mother had concealed almost a half-century earlier gleamed in the streaming sunlight from the windows with southern exposure.

"We were so surprised when we pulled up the carpeting and found these gorgeous floors," the homeowner said. "There was this green carpeting that I knew just had to go..."

Bill Primavera, while a publicist and journalist, is also a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. (www.PrimaveraPR.com). To engage the services of The Home Guru to market your home for sale, call 914-522-2076.

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Te Plus Te, Pleasantville

By Colette Connolly

Among the many stores that carry home and body care products, Te Plus Te in Pleasantville offers something different for the average consumer.

The store, owned and operated by Eiko Miyazaki, carries a range of products containing the Hinoki scent, otherwise known as the Japanese Cypress, a species native to central Japan. The store's name translates to "Hand-in-Hand."

The tree's light wood, which is known for its therapeutic value, has been used to build bathhouses, temples and palaces across Japan. The longstanding wood –

structures built with it can last over 1,000 years – is highly valued for its spiritual qualities and can emit a sense of tranquility when used in the home.

Miyazaki, a longtime Pleasantville area resident, opened the store in February. Before that she worked out of her home making all of the products that she sells in the store, including hand washes, soaps, body mists and home sprays using the Hinoki scent.

She explained that creating the products is a time-consuming process that involves the use of special essential oils she imports

from Japan. It's also something she has enjoyed over the years while serving as a wholesale provider of Hinoki products to high-end hotels and stores across the United States.

Miyazaki opened the Marble Avenue store to gain more production space and to offer her unique products to the public.

Shoppers can find her signature Hinoki products throughout the store as well as reversible fabric handbags made of high-end European textiles and various ceramics that she makes in her home studio.

But it is her line of home and body products that she is most passionate about. The organic ingredients in the products are intended to hydrate and restore the skin while also uplifting the spirit, Miyazaki explained. No petros, sulfates or other artificial additives are used, she said.

On a table that runs the length of the store, customers will find an assortment of items, including the store's newest item called Handmake, a collection of Hinoki wooden cutlery kits that can be carved into beautiful and unique pieces while breathing in the soothing aroma.

Proceeds from the sale of the kits benefit a small community in Okayama, Japan,



COLETTE CONNOLLY PHOTO

Eiko Miyazaki, owner of Te Plus Te in Pleasantville, which carries home and body care products.

where the kits are made.

Other items include the drawings and lace accessories of local artist Flora Viale.

Miyazaki has been offering workshops since she opened Te Plus Te, including moss ball making, Japanese pearl accessory classes and tastings that focus on the health benefits of the Japanese tea Matcha.

Miyazaki said she is excited to bring her Hinoki products to a wider audience and to help the public understand its benefits.

"I want people to know what the real Hinoki scent is like and how it connects to nature," she said.

Te plus Te, located at 12A Marble Ave., is open Wednesday through Friday from 12 to 6 p.m. and on Saturdays from 11 a.m. to 6 p.m. For more information or to order any of Miyazaki's products, call 914-960-6134 or visit www.tepluste.com.

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We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Martin Wilbur at mwilbur@theexaminernews.com.

Tuesday, July 17

English Conversations. For speakers of other languages seeking to improve their English. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 3 to 4 p.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkiscoliberalry.org.

Italian Language and Culture. Mara De Matteo, born and raised in Italy and passionate about her native language, combines lively conversation with grammatical instruction in her classes. She creates interactive lessons on the richness of Italian culture, past and present, through real-life anecdotes, literature, personal memoirs, films and even photography. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6:30 p.m. Every Tuesday. Info: 914-273-3887 or www.northcastlelibrary.org.

Current Affairs Book Club. "A Brief History of Time" by Stephen Hawking will be discussed. Hawking's worldwide bestseller remains a landmark volume in scientific writing. But for readers who have asked for a more accessible formulation of its key concepts – the nature of space and time, the role of God in creation and the history and future of the universe – this book is his response. Although shorter, this book is much more than a mere explanation of Hawking's earlier work. It clarifies and expands on the great subjects of the original and records the latest developments in the field. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6:30 p.m. Free. Info: Contact Marilyn Johnson at 914-273-3887 ext. 3 or e-mail mjohnson@wlsmail.org.

"Le Corbeua." Salacious accusations swirl as a series of venomous letters circulates through a small French town – all signed with the nom-de-plume "Le Corbeau." The primary target of the letters, Dr. Rémy Germain (Pierre Fresnay), struggles to deduce the identity of the anonymous rumormonger before the town destroys itself. Part of the Retro Revival series. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7 p.m. Members: \$9. Non-members: \$14. Info and tickets: Visit www.burnsfilmcenter.org.

New York Skyscrapers. Using original photographs and historic images, Kevin Woyce tells the story of New York's greatest skyscrapers, from the 1890 New York World building to the Woolworth, Chrysler and Empire State buildings. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 7 to 8 p.m. Free. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Chappaqua Library Board of Trustees Meeting. Chappaqua Public Library, 195 S. Greeley Ave, Chappaqua. 7:30 p.m. Free. Info: 914-238-4779.

Wednesday, July 18

Zumba Fitness. Achieve long-term benefits while having a blast in one exciting

hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life. For all fitness levels. Dance Emotions, 75 S. Greeley Ave., Chappaqua. 9 a.m. Every Monday and Wednesday at 9 a.m. and Saturdays at 10 a.m. Drop in or weekly discount rates available. Info: Contact Peggy at 914 960-4097.

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10 to 10:30 a.m. Free. Every Monday and Wednesday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Ambassadors for Successful Aging. Are you aware of the benefits available to you as a Westchester County senior? Information can be provided to you on housing, home care, transportation options, counseling options, memory care, nutrition, vision and dental services along with SNAP, HEAP, EPIC and STAR and other programs that can save you money and help you plan for the future. Feel free to discuss a Westchester County "ambassador." No appointment necessary. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 10 a.m. to 4 p.m. Free. Every Wednesday. Also Mondays at the North White Plains branch, 10 Clove Rd., North White Plains. Info: 914-273-3887 or 914-948-6359.

New Mommy and Daddy Meet-Up. Whether it's your first child or your fifth, this is a great way to get out of the house, meet new friends and enjoy time with your baby. World Cup Nursery School, 160 Hunts Lane, Chappaqua. 10:25 to 11:10 a.m. Free. Every Wednesday. Info: 914-238-9267 ext. 20.

Adult Coloring Club. It's a relaxing, analog stress-reducer that can give you a sense of accomplishment. Coloring also provides a creative outlet to people who may not be trained artists. The library provides colored pencils and intricate mandala patterns, just bring your creativity. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 10:30 a.m. Free. Every Wednesday. Info: 914-273-3887 or www.northcastlelibrary.org.

Toddler Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10:30 to 11 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Senior Benefits Information Center. Counselors offer older adults one-on-

one counseling covering a broad range of topics including Medicare health and prescription plans, food stamps, HEAP, EPIC, weatherization, minor home repair and tax relief programs. Mount Kisco Public Library, 100 Main St., Mount Kisco. 10:30 a.m. to 1:30 p.m. Free. Every Wednesday. Info: 914-231-3260.

Preschool Storytime. This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 11 to 11:30 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Bilingual Storytime. Sing songs and read picture books in English and Spanish. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Wednesday. Info: Visit 914-666-8041 or www.mountkiscoliberalry.org.

Meditation Series: Midday Mind Break. Benefits of meditation include increasing focus and memory; increased health; reduced stress, anxiety and pain; and increased productivity and happiness. Led by Alka Kaminer. North Castle Public Library, 19 Whippoorwill Rd., East, Armonk. 12:15 p.m. Free. Also July 25. Info: 914-273-3887 or www.northcastlelibrary.com.

Chair Yoga With Alka Kaminer. Experience greater flexibility, cardiovascular endurance and improved balance, strengthening and toning of muscles, better digestion, stress reduction, mental clarity, improved breathing, relaxation and an overall sense of well-being. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 1 p.m. Free. Also July 25. Info: 914-273-3887.

Affordable Care Act Navigator. A trained navigator provided by the county Department of Health will be available to help people with choosing and signing up for health insurance under the Affordable Care Act and the state health marketplace. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 2:30 to 7 p.m. Free. Every Wednesday. Also Thursdays from 1 to 6 p.m. and Saturdays from 10 a.m. to 2 p.m. Appointment required. Info and appointment for Wednesday sessions: 914-336-6026. Info and appointment for Thursday and Saturday sessions: 914-813-5192.

Knitting at the Library. Knitters and crocheters of all skill levels. For ages 10 and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 5:30 p.m. Free. Every Wednesday. Info: 914-864-8041 or www.mountkiscoliberalry.org.

MPPL Techies Drop-In. MPPL Techies are local teen volunteers who will be available to assist patrons for drop in-

tech help on Wednesdays. Bring your smartphone, tablet or laptop and a volunteer will help you download one of the many services available for Mount Pleasant Public Library cardholders. Be sure to bring in your fully charged device and your Apple App Store, Android Google Play or Kindle Amazon passwords. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 4:30 to 5:45 p.m. Free. Every Wednesday. Also Saturdays from 2 to 4 p.m. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Dancing at Dusk: Chinese Dance With Ling Tang. In this thrilling exploration of Chinese traditional music and dance, Ling Tang and Ba Ban Chinese Music Society will take young listeners on an interactive musical journey to China. They will showcase a collection of repertoires from the ancient Silk Road, northern grassland, southern Yangtze River region, to festive Silk and Bamboo tunes. As the sounds of dizi/xiao (bamboo flutes), pipa (4-string-lute) and other instruments fill the air, little ones will experiment with diverse movements from martial arts, Peking Opera, Inner-Mongolian, Uyghur, with dance props such as fans, handkerchiefs and ribbons. Caramoor Center for Music and the Arts, 149 Girdle Ridge Rd., Katonah. 5 p.m. Adults: \$14. Children (12 and under): \$7. Info and tickets: 914-232-1252 or visit www.caramoor.org.

"Romeo and Juliet." Muscoot Farm will present a fast-paced adaptation of Shakespeare's classic. One of the farm's hayfields will serve as the backdrop. Attendees will take a hayride to the theater where they can take out their own chairs, blankets and picnic baskets. Directed by Mary Roberts. Muscoot Farm, 51 Route 100, Katonah. Gates open at 5 p.m. Performance at 6 p.m. \$20. Also July 18, 22 and 25. Info: 914-864-7286. Tickets: Visit www.muscootsummer.brownpapertickets.com. Also available at the door.

New Castle 2018 Summer Concert Series: Tramps Like Us. A Springsteen tribute band. Bring a chair or a blanket and a picnic basket. There will be beer and wine from DeCicco & Sons, multiple food trucks and fun activities for the kids. Recreation Field, 200 S. Greeley Ave., Chappaqua. 7 p.m. Free. Info: Visit www.facebook.com/events/403881140112906.

Art Series: Antonio La Freri. La Freri wasn't just a French cartographer and engraver, he was also the publisher of one of the first collections of printed maps from around the world. Recognizing the art required to make accurate and beautiful architectural drawings and maps, La Freri took this skill to a new level. Additionally, we will look at architectural drawings and cartography from around the world. Discussion led by Professor Valerie Franco. North Castle Public Library,

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A Tropical Paradise That's Easier to Get to Than the Hamptons

Bermuda is 160 minutes and 650 miles from New York. After work you can catch a taxi to JFK Airport, get on a flight and you can be there for dinner in a romantic beachfront restaurant by 9 p.m. That's less time than it takes to drive out to the Hamptons on a summer Friday night.

In two hours, you can be on this tranquil, tropical island paradise brimming with British tradition and calypso overtones. An island decorated with pastel-colored houses and old-world colonial architecture. It's more sophisticated than any Caribbean island.

Bermuda is a tranquil, stress-free vacation spot attracting sophisticated travelers. The weather is balmy and spring-like year-round. It's like London without the rain, fog and traffic. You're surrounded by swaying palm trees, gorgeous pink beaches, balmy weather, soaring cliffs and glistening blue water.

My favorite way to enjoy Bermuda is to rent a scooter and venture out and explore this picturesque island. Stumble upon one of its many secluded beaches with even more secluded coves and spend

a very romantic afternoon. Rent bikes and explore the Railway Trail, which traverses the island, an adventure that's a safe, easy ride. Stop for traditional Bermudian high tea and mini cucumber sandwiches, baked apricot and fig scones with kumquat jam and fresh Devonshire clotted cream at Heritage Court at the Fairmont Hamilton Princess. Stop by Bermuda's famous watering hole, the Swizzle Inn or the popular North Rock Brewing Co. and kick back and relax.

For a heart-warming experience head over to Dolphin Quest in Royal Naval Dockyard and swim with amazingly affectionate dolphins. Visit Gibbs Hill Lighthouse, one of the world's first made cast iron and shipped here from England in 1840. Climb to the top for OMG! views.

Get close to sharks and zillions of tropical fish at the Bermuda Aquarium with its 140,000-gallon tank. For Bermuda's best shopping, head over to Hamilton for fashionable duty-free shops. If tennis is your passion, Bermuda has one court for every six residents, more than any country.

There are super-luxury hotels, mid-priced boutique hotels and charming guest cottages. My favorite is the spectacular beachfront Cambridge Beaches Hotel & Spa. It contains all the super-luxurious amenities you could ever wish for, even a holistic healing center.

The Fairmont Southampton has Bermuda's finest golf course. If your husband is a golfer spoil him, and while he's playing head over to their spa and spoil yourself.

The reason beaches appear to have pink sand is the fine white sand has magically blended over hundreds of years with the crushed red coral and millions of crustaceans creating a stunning pink hue to the sand. Locals say the sand is pink because the island is so beautiful, because the "beach is blushing."

For snorkeling, go to Church Bay Beach, where only 100 yards out you'll feast your eyes on blue angelfish, parrotfish and Manta rays. Go diving and you'll see many old wrecks thanks to the Bermuda Triangle.



By Richard Levy

Bermuda has outstanding restaurants featuring fish caught that day. My favorites are Port O Call on Front Street in Hamilton or Mickey's Beach Bistro at the Elbow Beach Resort. At local restaurants try the popular local dish of salt cod and potatoes and wash it down with a local beer. For dinner and dancing your meal off afterwards, visit the Café Cairo with its authentic

Middle Eastern cuisine.

What I love best about Bermuda is you can spontaneously escape for a last-minute, long weekend and turn off your engines. When you go, be sure to bring back an authentic pair of dashing Bermuda shorts to remember your trip.

Hastings-on-Hudson resident Richard Levy is a former advertising "Mad Man" creative director and now prolific travel writer. He's also an inventor of innovative new products and is writing and illustrating a new children's book. You can contact him at RichardLevyTravelWriter@gmail.com.

The Travel Maven

The Importance of Exercise for the Aging Adult

By Rachel Amarosa

As most of us know, there are countless benefits from exercising. However, did you know as we age, the benefits of physical activity can be significant and life-changing?

In fact, regular exercise can help prevent or delay chronic diseases, extend your lifespan by years, reduce your chance of injury and improve your overall physical and mental health. Some individuals have to exercise more carefully than others, so it is highly recommended to see a physician first before starting a new physical activity program. Your doctor can make sure your body is ready, provide program recommendations and list any limitations.

Below are some of the key benefits of how exercising can greatly impact the effects of an aging body.

Prevent or Delay Disease: Exercise can be an effective tool for prevention and management of several chronic conditions. Exercise can lower the risk of developing a serious condition and it can minimize symptoms after certain conditions have already developed. Studies have shown that people with heart disease, diabetes, high cholesterol, osteoporosis and arthritis can all benefit from regular

exercise.

Heart disease is one of the leading causes of death in the United States. Regular exercise can reduce blood pressure and blood-glucose levels and decrease LDL cholesterol. These specific benefits will remarkably lower risk of heart disease and the chances of having a stroke.

Exercise can also improve bone, joint and muscle health. It can be the most crucial and conservative option for arthritis management. Regular, low-impact activity helps lubricate the joints and reduce overall pain and stiffness associated with arthritis. Research has also shown that strength training and weight-bearing activities can help protect against bone loss, help rebuild bones and reduce the threat of developing osteoporosis and fractures.

Prevents Falls: Exercise will improve overall muscle strength, balance, functional reach and coordination, thereby reducing risk of falling. Reducing the chances of falling as we age can also significantly diminish the chances of fractures and other injuries that can require much time and energy to heal.

Extending Lifespan: A sedentary lifestyle is one of the leading causes of death and disability. A healthy heart

and lungs make the body run more effectively and efficiently as we age. Research has shown that the effects of regular low-level exercise can increase lifespan by three to five years.

Other Benefits: Mental health can greatly improve with physical activity. Exercise helps reduce the symptoms of anxiety, depression and developing serious conditions such as dementia. Exercise can also enhance immunity and boost gastrointestinal function. A healthy, strong body can fight off disease and infection more rapidly. Exercise can also help enhance metabolism, promote the elimination of waste and stimulate better overall digestive health.

Now that you are ready to get started, here are some professional tips. As mentioned above, see your doctor first.

Once you have consent from a medical professional, take things slowly and start safely with 15- to 20-minute intervals of low to moderate activity then gradually build from there. These activities can include walking, swimming or cycling for cardiovascular health. Then

incorporate endurance and strength training, along with stretching and flexibility exercises.

Stretching improves your circulation, flexibility and muscle tone. It also prevents injury to muscles, tendons and joints while accelerating recovery and enhancing overall performance. Stretching will give joints the range of motion required to perform more dynamic movements with the proper form and without restriction.

Finally, since our bodies can take longer to repair themselves as we age, give yourself a day or two of rest in between workouts and gradually work up to exercising four to seven times per week.

No matter your age or fitness level, start today and you will see the results for yourself. If you need further guidance or instruction, feel free to contact me.

Rachel Amarosa is a certified athletic trainer and a personal health and fitness adviser at ProClinix Sports Physical Therapy & Chiropractic. She can be reached at 914-202-0700 or at Ramarosa@proclinix.com. Feel free to visit www.ProClinix.com

ProClinix
Sports Physical Therapy - Chiropractic Wellness, PLLC

Happenings

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19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Separation/Divorce Support Group.

A new group for men and women separated, in the process of separating or post-divorce. Establishes a safe place where attendees can deal with the pain and loneliness brought about by the ending of a significant relationship. This nondenominational group will use the 12 Steps to focus on its members and the choices made to cope and adjust. Lutheran Church of the Resurrection, 15 S. Bedford Rd., Mount Kisco. \$10. Every Wednesday. 7 to 8:30 p.m. Info: Contact Ilene Amiel at 914-980-0898 or e-mail 12stepdivorcegroup@gmail.com or visit www.meetup.com/Mount-Kisco-12-step-Separation-Divorce-Support-Meetup.

Your Brand Sucks! Seminar for Social Media, Algorithms and Getting Your Name and Face Out There. Comedy booker and producer Frank Pellegrino leads this seminar to teach comedians how to direct their comedy careers. Topics include websites, head shots, Facebook pages and profiles, promoting, branded content, advertising and more. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 8 p.m. \$15. Info and tickets: Visit www.nomacomedy.com.

Thursday, July 19

Third Thursdays Bird Walk. Join naturalist Tait Johansson at this local migration hotspot for the second in a new series of bird walks. A great way to hone your birding skills and mark the passing of the seasons and birds. Maple Avenue, Katonah. 7:30 to 9:30 a.m. Free. Registration required. Info and registration: Contact Susan at 914-302-9713 or e-mail info@bedfordaudubon.org.

Knitting Circle. This group is open to everyone who has an interest in knitting. Live, love, laugh, learn and have fun together during these creative journeys. Come share patterns and ideas and celebrate creative spirits together while enjoying the ancient art of knitting. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 10 a.m. to 12:30 p.m. Free. Every Monday and Thursday. Info: 914-273-3887.

Toddler Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10:30 to 11 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

Preschool Storytime. This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and

language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 11 to 11:30 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

Storytime. For children 18 months to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Thursday. Info: Visit 914-666-8041 or www.mountkisco.library.org.

Mahjongg Club. Intermediate players welcome. Participants must bring their own set. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 p.m. Free. Every Thursday. Info: 914-666-8041 or www.mountkisco.library.org.

Bridge for Beginners/Intermediate. With Joel Goren. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 1:30 to 3:30 p.m. Meets most Thursdays. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

"Swan Lake." Tchaikovsky's first ballet score, this new production is enriched by additional choreography by artist-in-residence Liam Scarlett. A pre-recorded broadcast from London's Royal Opera House. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 2 p.m. Member: \$20. Non-members: \$30. Info and tickets: Visit www.burnsfilmcenter.org.

Storytime Playgroup. Come hear a story and music and join in on playtime with toys and books. Children, parents and caregivers will make new friends and share time together. For children one to four years old; with a caregiver. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 2 to 2:45 p.m. Free. Every Thursday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Artists Reception. The public is invited for a reception with Natalya Aikens in the new Gallery Room. Her work is architecturally inspired, thoughtfully repurposed and delicately stitched. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 4:30 to 8 p.m. Free. Exhibit continues through Aug. 10 during library hours. Info: 914-273-3887 or www.northcastlelibrary.org.

Read to Rover. Dogs love listening to stories. Come meet Rover and read your favorite story. For children five years old and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Every Thursday. Info: 914-666-8041 or www.mountkisco.library.org.

Armonk Chamber of Commerce's Third Thursdays. This month, two live bands are featured, Gilbert, the award-winning student band, and Lawless, playing classic rock, indie folk and swampy blues. There will be a car parade with a selection of classic and antique models doing several loops around downtown, before stopping at St. Stephen's Episcopal Church. Additionally, Bedford's Malcolm

Pray Achievement Center, a nonprofit that is home to one of the area's largest and finest vintage car collections and geared toward inspiring success in today's youth, will be featuring one of their own classics. Main Street, Armonk. 5 to 8:30 p.m. Car parade at 6 p.m. Free. Info: Visit www.armonkchamberofcommerce.com.

Derek Gripper in Concert. Caramoor continues its longstanding tradition of Guitar in the Garden with Derek Gripper, a South African guitarist. The program, including his captivating transcriptions of works written for the 21-string kora (harp lute) by African composers Toumani Diabaté, Ballaké Sissoko, and Madosini – alongside Brazilian Egberto Gismonti and J.S. Bach – transcends time, place and culture. Caramoor Center for Music and the Arts, 149 Girdle Ridge Rd., Katonah. 7 p.m. \$25. Info and tickets: 914-232-1252 or visit www.caramoor.org.

"Jinn." Summer is a carefree teenager whose world is turned upside down when her mother abruptly converts to Islam. Though initially resistant to the faith, Summer eventually realizes the religion is more complex and fluid than she thought. Her desire to remain untethered to any one way of being soon clashes with her mother's rigid interpretation of the faith, exacerbating a growing rift between them. Followed by a Q&A with filmmaker Nijla Mu'min. Part of the REMIX: The Black Experience in Film, Media and Art series. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7 p.m. Members: \$12. Non-members: \$17. Info and tickets: Visit www.burnsfilmcenter.org.

Transgender 101. Join Jill Celentano in a comfortable and informal presentation to learn what it means to be transgender. She will share her journey by discussing her coming-out story, the transition process and her life now as her "authentic self." A Q&A will follow. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 7 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Briarcliff Chamber of Commerce Summer Concert Series: Off the Record. This family- and pet-friendly concert series is a celebration of music and the best that Briarcliff has to offer. Grab a blanket, lawn chair and experience live music. Food and drink from 105-Ten and Mission Taqueria will be available. Law Memorial Park, 1031 Pleasantville Rd., Briarcliff Manor. 7 to 9 p.m. Free. Info: Visit www.briarcliffchamber.org.

"Eighth Grade." Thirteen-year-old Kayla (introducing Elsie Fisher) endures the tidal wave of suburban adolescence in the age of social media as she makes her way through the last week of middle school – the end of her thus far disastrous eighth-grade year – before she begins high school. A remarkably assured debut from comedian-turned-writer/director Bo Burnham. Jacob

Burns Film Center, 364 Manville Rd., Pleasantville. 8 p.m. Members: \$20. Non-members: \$25. Info and tickets: Visit www.burnsfilmcenter.org.

Summer Comedy Contest: Round 2.

Lucy's Laugh Lounge is proud to present its Summer Comedy Contest. Starring Osei Caleb and hosted by Sam Mushman. Also featuring. Josh Kincade, Jonathan Barnes, Kaitlyn Murphy, Frankie Becerra, Tim Barge and Ryan Denisco. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 8 p.m. \$20. Info and advance tickets: Visit www.lucyslaughs.com. Type in the promo code Examiner at the prompt when buying tickets online.

Friday, July 20

ZUMBA® With Amy. Fun cardio dance fitness workout, low-impact approach, easy learning environment. This feel-good workout is exercise in disguise. Free trial class available. Addie-Tude Dance Center, 42 Memorial Plaza, lower level, Pleasantville. 11 a.m. to noon. \$12 drop-in fee. Every Friday. Also Tuesdays from 10 to 11 a.m. Walk-ins welcome. Info: Call or text the instructor at 914-643-6162 or visit www.amyolin.zumba.com.

Westchester County Police K-9 Demo Program. Come meet K-9 Genny and her partner, Officer Brian Tierney, as they demonstrate and educate about the importance of Westchester County police K-9 unit. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 p.m. Free. Info: Visit www.mountkisco.library.org.

"The Tempest." LawnChair Theatre, Westchester's traveling Shakespeare company, is back for its 13th season with Shakespeare's final play. Under the auspices of the Rye Arts Center and directed by LawnChair veteran Julie Thaxter-Gourlay. Bring a picnic and your favorite lawn chair or blanket. Rain or shine. Recreation Field, 200 S. Greeley Ave., Chappaqua. 6:30 p.m. Suggested donation: Adults--\$20. Seniors and students--\$10. Info (including announcements regarding inclement weather): Visit www.lawnchairtheatre.org.

GunsMoke. The band returns to Katonah. Bring your chairs and enjoy. Food and drink available for purchase. No coolers. Rain or shine. All welcome. Katonah American Legion, 136 Jay St. (Route 22), Katonah. Doors open at 5:30 p.m. Music at 7 p.m. \$20. Info: 914-232-1575.

Ossining Waterfront Summer Concert Series: Jigsaw. This eight-piece funk and R&B local favorite hails from Ossining and New York City and will be sure to impress their hometown fans. Concessions provided by some of Westchester's best food trucks are available. Louis Engel Waterfront Park, Westerly Road, Ossining. 7 p.m. Free.

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Lawmakers Call on State to Terminate Cashless Tolling Contract

By Pat Casey

Assemblyman Thomas Abinanti (D-Pleasantville) and state Sen. David Carlucci (D-Clarkstown) urged the New York State Thruway Authority last week to cancel its \$72 million contract extension with the company operating the state's cashless tolling system.

In 2007, the Thruway Authority signed a 10-year, \$202.5 million contract with Conduent. Despite problems with the cashless tolling system, the Thruway Authority extended its contract for another three years in October 2017 for another \$72 million.

Abinanti and Carlucci cited Conduent's mismanagement leading to the 2018 state amnesty program, which cleared 281,000 Mario M. Cuomo Bridge violations worth more than \$1.4 million.

"Conduent still hasn't fixed its chaotic collection system where registrations are put at risk if people don't pay exorbitant penalties for toll bills they never received," Abinanti said. "Conduent is a private corporation that's reaching its bottom line on the backs of hardworking New Yorkers. We

need government to work for the people not against them."

"Too many people have called my office in tears not understanding how they could owe thousands of dollars in toll bills for going over the bridge only a few times," Carlucci added.

Both lawmakers have been calling for reforms to the cashless tolling system after hearing complaints from residents who were charged exorbitant penalties and fines. In some cases, people claimed they never received their initial bill while there were reports of drivers who had their vehicle registration suspended due to unpaid tolls.

Carlucci obtained the Thruway Authority's contract with Conduent through a Freedom of Information request. He said he was stunned to find the contract was largely redacted.

"What are they hiding here?" Carlucci asked. "At least 500 pages of the 1,569-page contract are largely blacked out. Parts about quality assurance, performance standards, transaction processing, toll evasion processing and image review processing are missing. We need transparency when we have



During a July 12 press conference, state Sen. David Carlucci, left, holds up a redacted page from a contract between Conduent and the state Thruway Authority. Assemblyman Thomas Abinanti holds the remainder of the 1,600-page contract.

seen this many residents complain."

According to the legislators, the Thruway Authority can withhold payments to Conduent when it does not meet certain performance standards. Documents from the Thruway Authority show Conduent was penalized \$477,272 for failing to meet customer service

standards from April 2015 to January 2017. However, the area in the contract labeled "performance standards" has been redacted.

Additionally, a joint statement issued by Abinanti and Carlucci stated that Conduent has been plagued with issues in other states across the country. In Texas and Maryland, amnesty programs had to be implemented similar to New York due to billing errors, while in California about 16,000 residents filed a class action lawsuit against the company for failing to receive their initial toll bills in the mail.

Maryland ended up canceling its contract with Conduent in 2017, and Florida is threatening to follow suit if the company fails to make improvements after its system went offline for nearly a month.

New York's contract offers a termination clause that gives the Thruway Authority the right to postpone, suspend, abandon or terminate the contract at any time for any reason if written notice is provided 45 days prior to suspension.

Happenings

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Summer Fare: "Father Figures."

Upon learning that their mother has been lying to them for years about their allegedly deceased father, two fraternal twin brothers hit the road in order to find him. A movie series taking a different look at male role models. Followed by a discussion led by author and film buff Carol Durst-Wertheim. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 7 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Friday Night Film Series: "Billy Elliot."

This uplifting English dance comedy follows 11-year-old Billy, an aspiring dancer, in a rough-and-tumble mining town, as he deals with bullying from his older brother and negative stereotyping about male dancers from his family and community. This international award-winner became a major box office hit in its incarnation as "Billy Elliot: The Musical." Post-screening discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Lucy's Laugh Lounge Comedy Night: Leah Bonnema. Bonnema (Gotham Comedy Live, VH1, IFC's Comedy Drop) is coming up to Pleasantville to headline. Hosted by Denise Simon, the night will be sure to bring some huge laughs. With Lucie Steiner, Robin Siegel Lakin and others. Lucy's Lounge, 446 Bedford Rd.,

Pleasantville. 7:30 p.m. In advance: \$15. At the door: \$20. Info and advance tickets: Visit www.lucyslaugh.com. Type in the promo code Examiner at the prompt when buying tickets online.

Brentano Quartet in Concert. Enjoying over 20 years of acclaim and a place as one of the world's top string quartets, the quartet returns with three-time Grammy-nominated clarinetist Todd Palmer. This program includes transcriptions of madrigals by Gesualdo, whose works predate the string quartet as a medium, Beethoven's magnificent Quartet Opus 18, No. 4 and Brahms' Clarinet Quintet. Caramoor Center for Music and the Arts, 149 Girdle Ridge Rd., Katonah. 8 p.m. \$25, \$35, \$45 and \$55. Info and tickets: 914-232-1252 or visit www.caramoor.org.

Saturday, July 21

Pleasantville Farmers Market. Experience the largest, year-round farmers market in Westchester, voted "Best of Westchester" from 2014 to 2017. With 55 vendors and seven nearby parking lots, it's a delicious good time. This week, Lauren Beck helps children make jewelry from 9:30 to 11 a.m. and the music series will feature jazz and Middle Eastern music by Oren Neiman Trio from 10 a.m. to noon. Rain or shine. The market is a dog-free environment. Memorial Plaza, Pleasantville. 8:30 a.m. to 1 p.m. Saturdays through Nov. 17. Info: Visit www.pleasantvillefarmersmarket.org.

Chappaqua Farmers Market.

Locally-raised and produced food to the community creating a connection between shoppers and small-scale food producers in the region. Chappaqua train station, Chappaqua. 8:30 a.m. to 1 p.m. Every Saturday. Info: Visit www.chappaquafarmersmarket.org.

Third Saturday Bird Seed Sale. The sale supports the local conservation work of the Saw Mill River Audubon. Pruyn Sanctuary, 275 Millwood Rd., Chappaqua. 9:30 a.m. to 12:30 p.m. Third Saturday of each month. Info (including bird seed descriptions and prices): Visit www.sawmillriveraudubon.org/seedsale.

Practice Tai Chi With Larry Atille. Learn specific feldenkrais and chi kung breathing techniques for deep relaxation and apply them to tai chi movement. This is a hands-on class that will be geared to the level of experience of the class and challenge all participants. Wear comfortable clothes and bring a floor mat or towel. North Castle Public Library, 19 Whippoorwill Rd. East. Armonk. 10:30 a.m. Free. Every Saturday. Info: 914-273-3887.

Social Security Educational Workshop: Solving the Retirement Income Puzzle. For people approaching or entering retirement or the recently retired. Led by social security, retirement income and tax specialist Paul Petrone. Rye Free Reading Room Library, 1061 Boston Post Rd., Rye. 10:30 to 11:30 a.m. Free. Registration

required. Info and registration: 914-231-3161 or e-mail ryelibrary.org.

Adult Salsa Class. Addie-Tude Performing Arts Center, 42 Memorial Plaza (lower level), Pleasantville. 11:30 a.m. to 12:30 p.m. Free. \$12. Every Saturday. Info: 917-215-1720 or visit www.addie-tude.com. Call or visit website because classes are subject to change.

Caramoor Jazz Festival. Now in its fourth year, in collaboration with Jazz at Lincoln Center, the festival returns with exceptional talent and music to enjoy throughout the stunning gardens and historical venues. A full day of jazz and interactive activities for children. The evening headliner is five-time Grammy winner Dianne Reeves. Caramoor Center for Music and the Arts, 149 Girdle Ridge Rd., Katonah. Noon. \$35 to \$100. Day only: Adults--\$35. Children: \$15. Info and tickets: 914-232-1252 or visit www.caramoor.org.

The Animation of Ray Harryhausen: "It Came From Beneath the Sea." The second of five Saturdays in July and August featuring giant crabs, prehistoric beasts, an oversized octopus and battling skeletons. Led by film historian and librarian Philip Harwood. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 2 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Wolves of North America. Learn about the mythology, biology and ecology of

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LEGAL NOTICES

NOTICE OF FORMATION OF HELLO METHOD, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on 02/05/2018. Office location: Westchester County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: **36 Ivy Hill Road, Chappaqua, NY 10514. Purpose: Any lawful purpose.**

NOTICE OF FORMATION OF RED DOOR BAKING COMPANY, LLC. Arts of Org filed with Secy of State of NY (SSNY) on 04/04/2018. Office location: Westchester. SSNY designated as agent of LLC upon whom process against it may be served and mailed by SSNY to: **3199 Albany Post Rd. Suite 226A, Buchanan, NY 10511. Purpose: Any lawful acts or activity.**

NOTICE OF FORMATION OF SAS CAPITAL ADVISORS, LLC. Arts of Org filed with Secy of State of NY (SSNY) on 01/17/2018. Office location: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served and mailed by SSNY to: **201 Willett Avenue #302, Port Chester, NY 10573. Purpose: Any lawful acts or activity.**

NOTICE OF FORMATION OF KFAM VENTURES LLC ARTS. of Org. filed with the SSNY on 5/25/2018. Office: Westchester County. United States Corporate Agents, Inc. designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to **United States Corporate Agents, Inc., 7014 13th Avenue, Suite 202, Brooklyn, New York 11228. Purpose: Any lawful purpose.**

NOTICE OF FORMATION OF AMEN HOMES LLC. Articles of Organization filed with the Secretary of State New York on January 31, 2018 in Westchester County. The Secretary of State is designated as agent for service of process. The Secretary of State shall mail a copy of process to: **c/o Christopher Miller, 422 South 7th Avenue, Mount Vernon, NY 10550. Purpose: Any lawful purpose.**

NOTICE OF FORMATION OF MWM BUILDING & SUPPLY SERVICES LLC. Articles of Organization filed with the Secretary of State New York (SSNY) on June 7, 2018. County: Westchester. SSNY designated as agent of the LLC upon whom process against it may be served. The Secretary of State shall mail a copy of process to: **35 Belmont Terrace, Yonkers, NY 10703. Purpose: Any lawful purpose.**

NOTICE OF FORMATION OF NORTH WHITE PLAINS AUTOBODY LLC. Arts. of Org. filed with SSNY on 6/12/18. Office location: Westchester County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to **Frank Annunziato, 43-47 Virginia Road, White Plains, New York 10603. Purpose: any lawful purpose.**

NOTICE OF FORMATION OF NOVA HARDWOOD FLOORS LLC filed with Secretary of State of New York (SSNY) on

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A Trio of Valid Reasons to Consider a Revocable Trust

By Salvatore M. Di Costanzo

A revocable trust is an efficient and effective tool that can be utilized for asset management, asset protection and estate planning purposes. It is often used as an alternative to a Last Will and Testament ("Will") for purposes of avoiding probate, but it has many other uses. Conversely, it can be overused at times and implemented for the wrong reasons.

A revocable trust is just that – revocable. Do not confuse it with the irrevocable Medicaid trust which is useful for different reasons. In a revocable trust, the person who establishes the trust is the creator and the person in control of the trust's assets is the trustee; initially, they are usually the same person. Since the trust is revocable, the creator maintains complete control over the use and enjoyment of the trust assets and can change or revoke at any time.

There are many advantages to creating a revocable trust. First, it ensures the continuous management of your assets if you become physically or mentally disabled. In essence, it replaces the need for a power of attorney for managing the assets within the trust. Even though

a power of attorney is a necessary planning document, third parties such as banks, brokers and transfer agents may have more difficulty in dealing with a power of attorney.

If you do not have a power of attorney and become incapacitated, guardianship proceedings must commence. If the court decides that you cannot make your own financial decisions, for example, it will appoint a guardian to make those decisions for you. This procedure can be time consuming and involves constant court intervention and supervision. A revocable trust can help avoid a guardianship proceeding.

A second advantage to creating a revocable trust is to avoid probate, which has many benefits. Your beneficiaries have immediate access to the assets in your estate, which enables them to receive their inheritances and move on with their lives in an efficient matter.

Furthermore, if you own property in more than one state, like a vacation home, your heirs would have to probate your will here in New York and then hire a second attorney to commence an ancillary probate proceeding in another state.

Most people do not realize this is necessary, and a revocable trust can help avoid the cost and headache of hiring multiple attorneys and commencing multiple proceedings.

Finally, and not to be confused with the asset protection advantages of a Medicaid trust, a revocable trust can be used to avoid a Medicaid estate recovery claim. Medicaid can file a claim against your probate estate to recoup benefits paid during your lifetime. The operative words here are probate estate. Since a revocable trust avoids probate, Medicaid cannot file an estate claim against the assets of a revocable trust.

If you know someone who is on Medicaid with a house, co-op or other residence in their own name, you should contact us promptly to help avoid a Medicaid estate claim.

Salvatore M. Di Costanzo is a partner with Maker, Fragale & Di Costanzo, LLP in Rye and Yorktown Heights. He is an attorney and accountant whose main area of practice is elder law and special needs planning. Di Costanzo can be reached at 914-925-1010 or at smd@mfd-law.com. Also visit www.plantodayfortomorrow.com.

Happenings

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wolf families and discover why it's a special time for packs in North America. Whether the wolves are living on the Arctic tundra or the woodlands of the southwest, wolf families are out searching for prey as they celebrate the birth of pups! Guests will visit ambassador wolves Atka, Alawa, Nikai and Zephyr as well as the critically endangered red wolves and Mexican gray wolves. Wolf Conservation Center, South Salem 2 p.m. Adults: \$14. Children (under 12): \$11. Also July 22 at 2 p.m. July 28 at 11 a.m. and July 29 at 1 p.m. Pre-registration required. Info and pre-registration: Visit www.nywolf.org.

Tell Me a Story of Pound Ridge: 50 Objects 50 Stories. The Pound Ridge Historical Society has created an exhibition and accompanying book to provide the public with an eclectic look at the town. Highlights of area history, each story in some way gives a glimpse of our distant and not-so-distant past in the hope of awakening an interest in town history in newcomers and our young folk. The 50 objects displayed will have their story told in the accompanying book available for purchase or loan. On display, antique tools, dolls and artifacts will sit alongside trains and a diorama of a Revolutionary War battle. Pound Ridge Historical Society, 255 Westchester Ave., Pound Ridge. 2 to 4 p.m. Free. Saturdays and Sundays through November. Info: 914-764-4333 or visit

www.poundridgehistorical.org.

Neil Berg's 50 Years of Rock 'n' Roll. With a cast consisting of both stars from Broadway's greatest rock musicals, as well as incredible rock 'n' roll singers, Neil Berg shares the often unknown stories from the 50-year history of the music that changed the world forever. Westchester Broadway Theatre, 1 Broadway Plaza, Elmsford. Dinner at 6:15 p.m. Show at 8 p.m. \$89 per person (plus tax). Show only: \$55 per person (plus tax). Info and tickets: 914-592-2222 or visit www.broadwaytheatre.com.

Summer Comedy Contest: Round 2. Lucy's Laugh Lounge is proud to present its Summer Comedy Contest. Starring Dan Lamorte. Hosted by Jeffrey Paul. Also featuring Bill Cannon, Samantha Bednarz, AJ Foster, Patrick Holbert, James Crowley and Alyssa Sequoia. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 7:30 p.m. \$20. Info and advance tickets: Visit www.lucyslaughs.com. Type in the promo code Examiner at the prompt when buying tickets online.

Ballroom Social. Great music and dancing on a 3,500-square-foot dance floor. Enjoy a pleasant time with friends. Includes food and snacks, plus raffle tickets. Broadway 26 Dance, 26 Broadway, Hawthorne. 7:30 to 11 p.m. \$18. Third Saturday of each month. Info: 914-579-2228 or visit www.broadway26dance.com.

Sunday, July 22

"Downtown Thunder." The Mount Kisco

Lions Club features presents its seventh annual charity motorcycle ride benefiting Guiding Eyes for the Blind. Includes a ride through the Hudson Valley led by a police escort, an all-u-can-eat barbecue, ice cold beverages, music, free raffles, merchandise, novelty vendors and Nick's ice cream truck. All bikes are welcome. Registration at 8 a.m. at Mount Kisco Village Hall, 104 E. Main St., Mount Kisco. Ride begins at 10 a.m. Returning for the barbecue at about noon to the Boys & Girls Club of Northern Westchester, 351 E. Main St., Mount Kisco. Info and pre-registration: Contact Bo Scop at 914-760-0014 or visit www.mountkisciolionsclub.org.

Pack Chat for Kids. This is the best introduction to wolves for families with young children. Kids will learn about the mythology surrounding wolves and the important role they play in the natural world. This is an exciting time for wolves who are out searching for prey as they celebrate the birth of this year's pups. Guests will visit ambassador wolves Atka, Alawa, Nikai and Zephyr as well as the critically endangered red wolves and Mexican gray wolves. Wolf Conservation Center, South Salem. 11 a.m. Adults: \$14. Children (under 12): \$11. Also July 28 at 2 p.m. Pre-registration required. Info and pre-registration: 914-763-2373 or visit www.nywolf.org.

Andy Warhol: Subject and Seriality. Warhol's works, many of which have not been seen publicly before, demonstrate

his methodology and experimentation, leading one to consider the evolution of his thought. The exhibition will feature more than 40 works that include images of Jacqueline Kennedy, Marilyn Monroe; Janet Villella (Warhol's close friend and a New York City Ballet ballerina) and artists Jasper Johns, Robert Rauschenberg and Roy Lichtenstein. The works are interesting as there are slight variations from print to print, and there can be differences between seriality and variation, even within the same print. Neuberger Museum of Art, 735 Anderson Hill Rd., Purchase. 12 to 5 p.m. \$5. Seniors (62 and up) and students: \$3. Members, children (12 and under) and Purchase College students, faculty and staff: Free. Exhibit continues through Dec. 23. Gallery hours are Wednesday to Sunday 12 to 5 p.m. and until 8 p.m. on Wednesdays. Info: 914-251-6100 or visit www.neuberger.org.

Feeding Fun. Slurp, munch, crunch and gulp. It's mealtime for the animals. Come see what's on the menu and learn how we keep our critters healthy. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 1 to 2 p.m. Members: Free. Non-members: \$8 per person. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

Italian Heritage Festival. Music and entertainment, crafts and food vendors. Kensico Dam Plaza, 1 Bronx River Parkway, Valhalla. 1 to 7 p.m. Parking and

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next week's publication

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12/20/17. Office in Westchester County. SSNY designated as agent upon whom process against it may be served. SSNY shall mail process to: **47 Boyd Place, 2nd Floor, Bronxville, NY 10708. Purpose: any lawful purpose.**

SUPREME COURT OF THE STATE OF NEW YORK: COUNTY OF WESTCHESTER DEUTSCHE BANK NATIONAL TRUST COMPANY, AS TRUSTEE FOR GSAA HOME EQUITY TRUST 2007-5, ASSET-BACKED CERTIFICATES, SERIES 2007-5, Plaintiff, -against- ANDRES A. PENA A/K/A ANDRES PENA A/K/A ANDRE PENA, CITIBANK, N.A., GREENPOINT MORTGAGE FUNDING, INC, JOSE URENA, "JOHN DOE #1" through "JOHN DOE #12," the last twelve names being fictitious and unknown to plaintiff, the persons or parties intended being the tenants, occupants, persons or corporations, if any, having or claiming an interest in or lien upon the Subject Property described in the Complaint, Defendants. Index No.: 69643/2017 Date Filed: 11/30/17 Summons Plaintiff designates Westchester County as the Place of Trial Designation of Venue is based upon the situs of the Subject Property Subject Property: 797 Hartsdale Road White Plains, New York 10607 To The Above-Named Defendants:

YOU ARE HEREBY SUMMONED to answer the Complaint in this action and to serve a copy of your answer, or, if the Complaint is not served with this Summons, to serve a notice of appearance on the Plaintiff's Attorney within twenty (20) days after the service of this Summons, exclusive of the day of service (or within thirty (30) days after the service is complete if this Summons is not personally delivered to you within the State of New York) in the event the United States of America is made a party defendant, the time to answer for the said United States of America shall not expire until sixty (60) days after service of the Summons; and in case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the Complaint. **NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME** If you do not respond to this summons and complaint by serving a copy of the answer on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home. Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property. Sending a payment to the mortgage company will not stop the foreclosure action. **YOU MUST RESPOND**

BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT. McCABE, WEISBEIG & CONWAY, LLC Dated: November 28, 2017 Melville, NY By: /s/ Sahar Ham-lani SAHAR HAMLANI, ESQ. Attorneys for Plaintiff 145 Huguenot Street, Suite 210 New Rochelle, NY 10801 914-636-8900 914-636-8901 facsimile File # 17-302991 **This is an action to foreclose on property located at 797 Hartsdale Road, White Plains, NY 10607, which has been commenced in New York State Supreme Court, Westchester County, bearing index number 69643/2017, in which JOSE URENA has been named as a defendant and is required to respond to this notice.**

NOTICE OF FORMATION OF PRINCE CONSULTING, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on May 02, 2018. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **Prince Consulting LLC, 184 Willowbrook Ave., Stamford, CT 06922. Purpose: Any lawful purpose.**

NOTICE OF FORMATION OF PREFERRED CHOICE HOME INSPECTIONS LLC. Articles of Organization were filed with the SSNY on 6/29/18. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to **PREFERRED CHOICE HOME INSPECTIONS LLC 117A E Main Street Suite 378 New Rochelle NY 10801. Purpose: Any lawful act or activity.**

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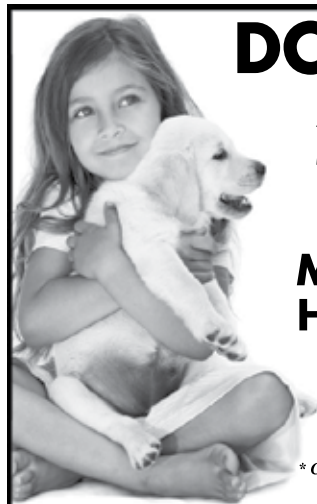
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It's Summertime and the Sparklers Are Exploding All Over



By Nick Antonaccio

It is the height of the summer celebratory season. Whether at a party or a barbecue, at the beach, a vacation house or a backyard, many Americans tend to include a bit of alcoholic refreshment in their social interactions. (It should always be in moderation and consumed responsibly.)

The natural inclination of some consumers is to gravitate to beer, but others are slaking their thirst with wine. And the choices seem endless, from whites to rosés to reds. For me, there is another wine category of which I am a strong advocate: sparkling wine.

Sparkling wines are one of the most versatile. Their fresh, bright and crisp characteristics highlight the acidity or the creaminess of many foods while the effervescence cuts through the fattiest of foods. They are equally suited for such food extremes as a lemon tart or creamy French brie.

But which sparklers to choose from? The current market reflects the growing popularity of sparkling wine. Last year, overall sales increased by 5 percent, with the highest growth, 16 percent,

'I generally favor Cava over others'

from Prosecco. Clearly, Prosecco seems to be the sparkler of choice for many Americans. Its soft style, medium carbonation and pleasant aromas all contribute to its popularity. At an average price well under \$20, it fits nicely into many consumers' budgets.

In my opinion, and to my palate, these same attributes are drawbacks to this type of sparkling wine. There are other choices that offer more favorable aromas, taste and vivacity. These include French Cremant, Italian Lambrusco, American sparkling wine and Spanish Cava.

Of all of these choices, I generally favor Cava over other sparkling wines in the under \$20 price range. My rationale? Let me first focus on the broad differences in the composition and production of sparkling wines.

First, the grapes. Pinot Noir, Chardonnay and Pinot Meunier dominate worldwide production. However, in Italy, the grape is Glera and the wine is Prosecco. In Spain, the grapes for Cava are those indigenous to the Catalonia region.

Second, there are several methods of producing sparkling wines that influence the style of the end product. The most common method is to introduce natural

yeasts in individual bottles, commonly referred to as "Méthode Champenoise." A single bottle may contain up to 50 million bubbles; hence, the frenzy of froth when poured into a glass. This method results in the most complex and refined wines. Champagne and Cava are produced in this manner.

In the "Charmat" method, natural yeasts are introduced in tanks rather than individual bottles. Prosecco is produced in this manner. These wines tend to be a bit lighter and creamier with large and significantly fewer bubbles.

Third, and least desirable, is the direct injection of carbon dioxide into tanks of wine (think carbonated soft drinks).

By adopting the same process as the French for producing their bubbly, Cava winemakers are known for the sophisticated style of their wine. What makes Cava unique among all sparkling wines is its combination of grape varieties, grown here since the 19th century: Macabeo, Parellada and Xarel-lo. Try pronouncing these names after a glass or two of Cava.

(Okay, let's try it: mah-kah-BEH-oh, Par-eh-LYAH-duh and Sah-REHL-loh.)

It is the masterful crafting and blending of these grapes that emphasize the individual characteristics of each variety and creates an end result that is greater than the sum of its parts. The Macabeo offers fragrant floral aromas, the Parellada offers a creamy mouth-feel and fruity flavors of citrus and apples and the Xarel-lo offers ripeness, full body, acid and alcohol. What comes through the bubbles are intoxicating aromas and flavors with toasty, creamy notes, sure to please discriminating palates.

When planning your next summer get-together, ask your wine merchant to recommend several Cavas. A fresh new experience awaits you.

Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted wine tastings and lectures. Nick

is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at antonaccio@theexaminernews.com or on Twitter @sharingwine.

*You Heard It
Through the
Grapevine*

Happenings

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admission are free. Info: 914-231-4033.

Arab Heritage Festival. Music and entertainment, crafts and vendors. Ridge Road Park, Ridge Road, Hartsdale. 1 to 7 p.m. Parking and admission are free. Info: 914-946-8133.

Handel's "Atalanta." Composed for a royal wedding celebration, this masterpiece is a tale full of hidden love and disguise, complete with vocal fireworks. Long dormant since its 1736 premiere, "Atalanta's" lively overtures, festive melodies and favored arioso, "Care selve," were revived in 1970 and are now the perfect accompaniment. Nicholas McGegan, whose expertise in this repertoire covers a dozen Handel oratorios and close to 20 of his operas, along with America's leading period-instrument ensemble, makes his Caramoor debut. Caramoor Center for Music and the Arts, 149 Girdle Ridge Rd., Katonah. 4 p.m. \$30, \$45, \$60, \$75, \$90 and \$110. Garden: \$10. Info and tickets: 914-232-1252 or visit www.caramoor.org.

Monday, July 23

Master Networker Meeting. Join this high-energy interactive membership network of learning-based, service-oriented entrepreneurs and business

leaders. Come be a guest any Wednesday to learn more about this world-class business training and referral program. 719 Bedford Rd., Bedford Hills (next to ShopRite). 7:30 to 8:30 a.m. Free. Every Monday. RSVP suggested. Info and RSVP: Contact Tina Campbell at 914-441-1383 or e-mail tinacampbell@masternetworks.net or drop in.

Summer Wolf Camp for Kids. Give the young animal lover in your family a chance to thrive among wolves all week long. This five-day program will include opportunities for your child to learn about nature and wildlife through woodland exploration, scavenger hunts, wilderness games, live animals and more. Children will learn about various habitats, animal communication and behavior, food chains and local wildlife. For children in grades 1-6. Wolf Conservation Center, South Salem 9 a.m. to 3 p.m. \$350 per child. Also the weeks of July 23 and 30. Pre-registration required. Info and pre-registration: Visit www.nywolf.org.

Here We Are Together: Story Time for Children. From newborns to school-age children, with a parent or caregiver. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Monday. Info: 914-666-8041 or www.mountkiscopubliclibrary.org.

Belly Dancing. Learn this captivating Middle Eastern dance and enrich your cultural knowledge. Whether you want to dance professionally or just have fun and get in shape, this is the place to start. Josie's International School of Dance, 42 Memorial Plaza, Level B, Pleasantville. 7 p.m. \$20. Every Monday. Info: 914-332-8670 or visit www.josiedance.com.

Lucy's Laugh Lounge Open Comedy Mic. Lucy's Lounge, 446 Bedford Rd., Pleasantville. Sign up at 7 p.m. Show at 7:30 p.m. Free. Every Monday. Info and tickets: Visit www.nomacomedy.com.

Tuesday, July 24

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10 to 10:30 a.m. Free. Every Tuesday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

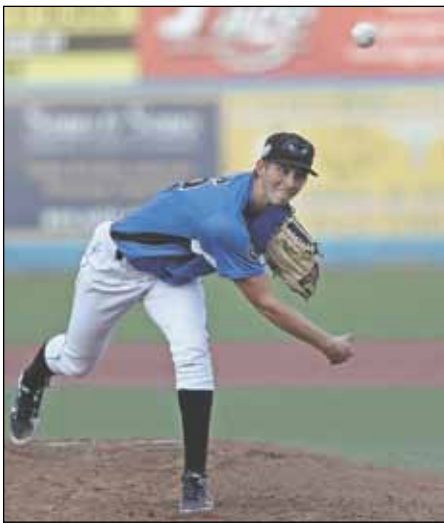
Music & Movement. Shake, shimmy and dance. For children two to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkiscopubliclibrary.org.

Holistic Pain Support Program. People suffering from chronic pain will have access to comprehensive pain management services including exercise, nutritional guidance, psychological support and complementary medicine practices. This session will feature a presentation from Dr. Huang, director of Phelps' pain management center at Phelps. Phelps Hospital, Room 545, 755 N. Broadway, Sleepy Hollow. 12 to 1 p.m. Free. Registration required. Info and registration: 914-366-3937 or e-mail ewoods3@northwell.edu.

Armonk Readers Book Club. "Stay With Me" by Ayobami Adebayo will be discussed. Led by Lisa Ragano. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 6:45 p.m. Free. Info: 914-273-3887 ext. 3.

Mindful Parenting. Dr. Kira Bartlett and social worker Lauren Safran will talk about the needs of new parents and offer practical advice for coping, such as learning how to have compassion for yourself and being aware of your strengths. Signs and symptoms of pregnancy depression and perinatal mood and anxiety disorders will also be discussed. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 7 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

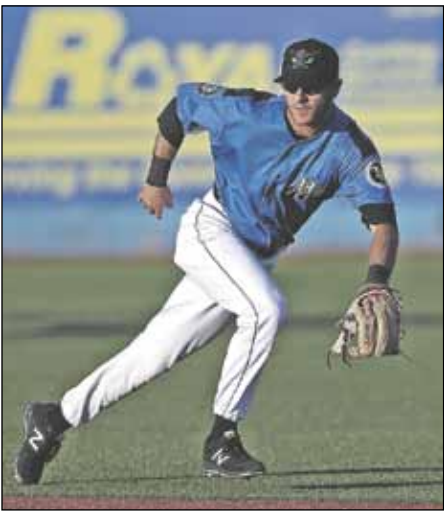
ExaminerSports



Hudson Valley starter Michael Mercado pitched five perfect innings in Thursday evening's 8-0 win over West Virginia.



Tanner Dodson of the Hudson Valley Renegades is caught in a first-inning rundown as West Virginia third baseman Mike Gretler closes in to make a tag during Thursday's game at Dutchess Stadium.



Renegades second baseman Garrett Giovannelli scampers to his left in pursuit of a groundball during the 8-0 victory over the Black Bears.



Hudson Valley's Jacson McGowan heads toward third base with an RBI triple in the bottom of the third inning of Thursday night's game.

HUDSON VALLEY RENEGADES NY-Penn League Baseball



Tyler Frank of the Renegades runs to first base after hitting a fly ball to center field in the fourth inning of Thursday's win over the Black Bears.



Adrian Rondon lines a single to left field in the fifth inning, one of a season-high 14 hits for the Hudson Valley Renegades on Thursday night.



Hudson Valley designated hitter Erik Ostberg had two hits and scored twice in the 8-0 win over visiting West Virginia.



Hudson Valley shortstop Tyler Frank makes an off-balance throw to first base for an out vs. the West Virginia Black Bears.



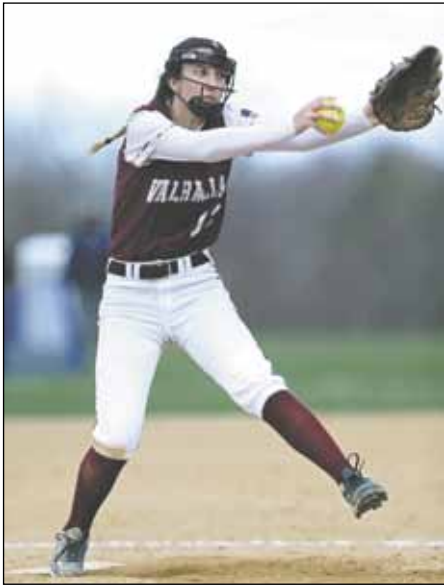
First baseman Jacson McGowan of the Renegades tosses to pitcher Michael Mercado for an out in the second inning of Thursday's game at Dutchess Stadium.



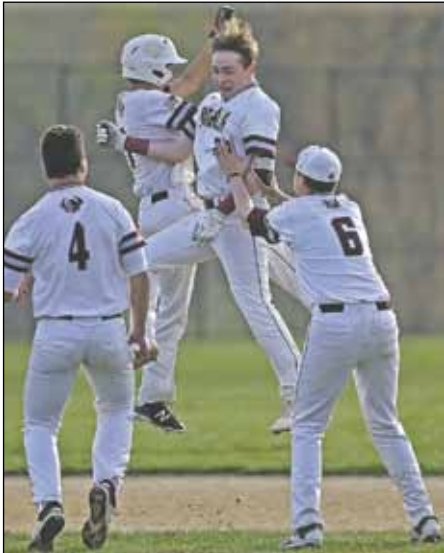
The Renegades' Tanner Dodson watches the flight of his foul ball down the right-field line as he bats in the first inning on Thursday night.



The Renegades' Chris Betts, who had three hits, races around the bases to score a run in the third inning against West Virginia.



Jillian Caldaroa delivers a pitch during a game against host Westlake.



Bryan Goodman (second from right) is met by his jubilant teammates after his game-winning double against visiting Pleasantville early in May.



Viking speedster Jasmine Grant runs in the 200.

VALHALLA

Spring 2018

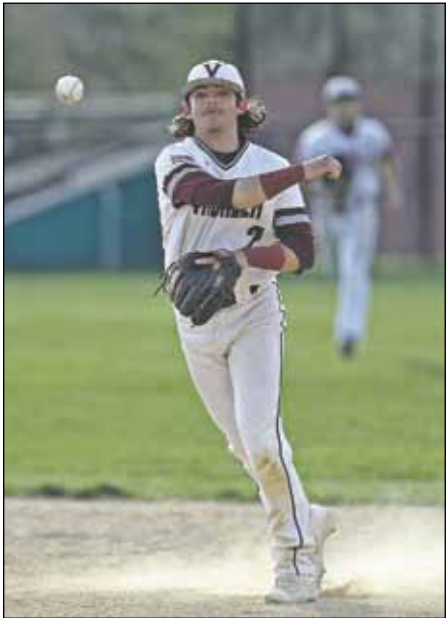
A Look Back



Marlin Wise turns the corner as he competes in the 200.



The Vikings' Marissa Serena hits the ball toward right field in a game midway through the season.



Valhalla infielder Justin Renauto throws to first base for an out.



Brad Sasso lines a pitch down the line in right field during a Viking home game.

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Senior track and field standout Sam Morillo won state federation titles in both the discus and shotput.



Valhalla first-singles player Coby Berliner hits a backhand volley during a tennis match at Pleasantville.



The Vikings' Ana Pereira applies some defensive pressure during a lacrosse game at Westlake.



Diana Santini competes in the 400 hurdles during the League 3A Championships in early May.



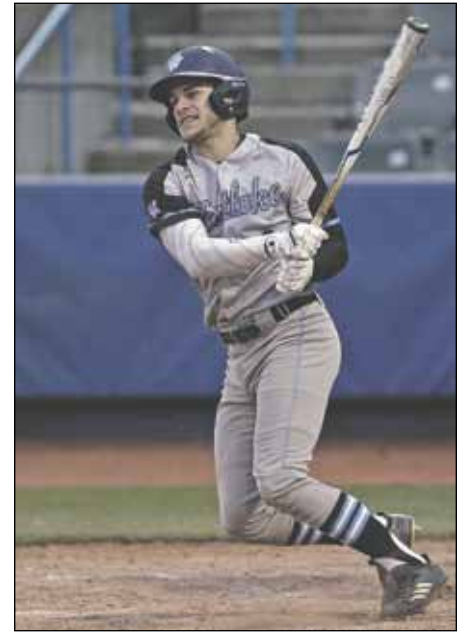
Second baseman Laine Peterson throws to first base trying for a double play in the Wildcats' victory over Rye Neck in the Section One championship game.



Nicholas Gorman races across the field with the ball in the Wildcats' win over host Ardsley early in the season.



Nicole Musial runs in the 3000 at the League 3A Championships at Briarcliff High School in early May.



Tommy Carpenter hits the ball toward left field in the Wildcats' game at Dutchess Stadium.



Viktoria Hudd races up the field with the ball during the Wildcats' game at Pleasantville late in the season.

WESTLAKE

Spring 2018

A Look Back



The Wildcats' Rob DiNota scans the field for open teammates as he controls the ball in the 18-10 playoff win over Bronxville.



Allison Brunetto pitched four consecutive playoff shutouts in Westlake's march to the Class B sectional softball title.



Senior southpaw Joe Mazzariello fires a pitch during the Wildcats' home playoff victory over Croton.



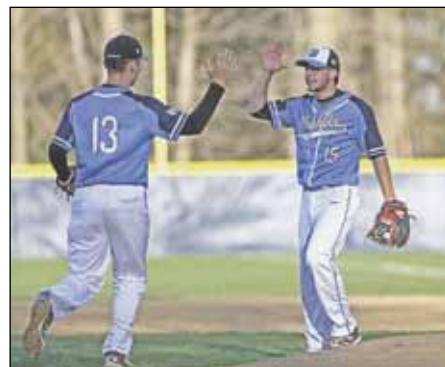
The Wildcats' Nicole Dragonetti swings for the fences in the 3-2 regional playoff win over Long Island champion Babylon.



Ryan Donney dodges his way to the cage in Westlake's semifinal victory over Bronxville in the sectional playoffs.



The Wildcats' Vanessa Lembo controls the ball behind the cage in a victory over visiting Valhalla.



Infielder James Stuetz (left) and pitcher Stephen Donato exchange a high five after the Wildcats defeated visiting Pleasantville.



Speedster Eric Nieves runs the 200 during the state-qualifier track meet at White Plains High School.

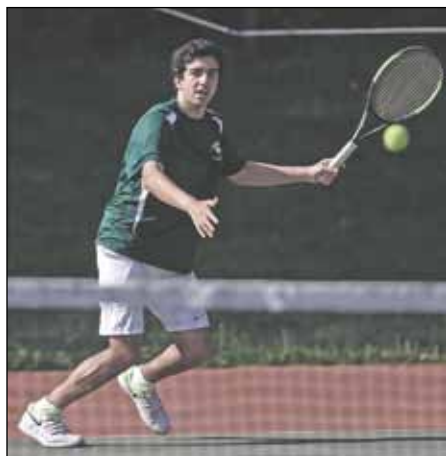
PLEASANTVILLE

Spring 2018

A Look Back



Pleasantville batter Chloe Pagnozzi follows the flight of the ball after fouling off a pitch.



Mark Indriolo moves to his left to hit a forehand return during one of his tennis matches at first singles.



Alden Iaconis clears the final hurdle during the state-qualifier meet at Arlington High School.



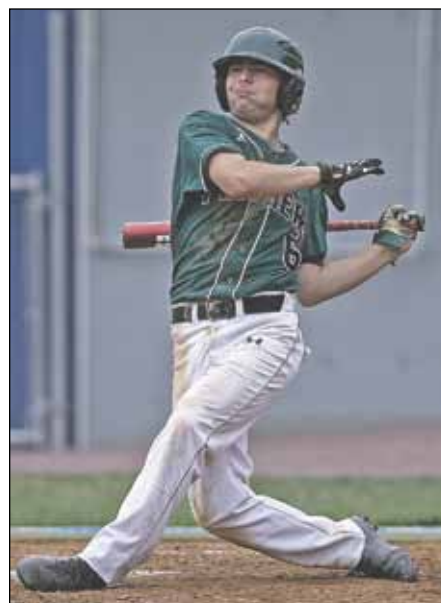
Declan McDermott, an All-American selection, helped lead the Panthers to the state title.



Adrian Rippstein runs in the 200 at the League 3A Championships at Briarcliff High School.



The Panthers' Lauren Drillock goes on attack in a victory against host Valhalla.



The Panthers' Massimo Stinziani takes a big swing during the state regional playoff game against Section 9's Marlboro.



Danny Keon runs to third base in the Panthers' game at Valhalla.



Briana Tucci delivers a pitch to the plate during a Panther home softball game.



Brendan O'Neill fires a pitch in Pleasantville's lopsided win over Briarcliff in the Class B title game at Palisades Credit Union Park.



Brian Reda, who became Section One's all-time top goal scorer, tries to slow down Westlake's Rob DiNota in the Class D sectional final.



James Daniele heads toward the cage in the Panthers' regional final rout of Long Island champ Mattituck at SUNY Albany.



Kathryn Finnegan moves the ball up the field in the Panthers' game at Brewster early in the season.



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