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October 9 - October 15, 2018 SMALL NEWS IS BIG NEWS

Volume 12, Issue 579

# Mt. Kisco Weighs Revisions to Solar Power Legislation

### Ethics Question Raised Over Planning Board Chair's Role

#### **By Neal Rentz**

Debate over Mount Kisco's solar power law simmered last week as revisions were proposed to the legislation but questions arose over why a solar company owned by the Planning Board chairman has proposed a controversial installation.

The legislation places certain criteria on roof-mounted systems, which are already allowed, and draws up parameters for ground-mounted systems.

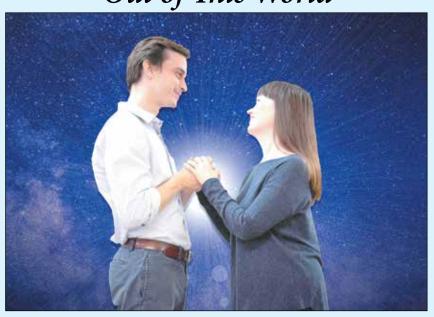
There has been opposition from several solar power supporters because the law would allow installations in the Conservation and Preservation districts, including a proposed ground-mounted array at Oaklawn Cemetery.

Mayor Gina Picinich said at the Oct. 1 public hearing that officials have revised the legislation and are now considering the elimination of the Tier Two regulations, which would give the Building Department the latitude to approve ground-mounted systems of less than 1,000 square feet.

Changes in the legislation have been proposed for Tier Three, which would cover ground-mounted systems of more than 1,000 square feet. The Planning Board would still need to grant a special permit but the placement of panels would only be allowed in the Conservation and Preservation districts if there was access to a state or county road; there is no more than 35 percent coverage in the Conservation District; limited building coverage for battery storage; and a buffer

continued on page 2

### Out of This World



Hudson Stage Company is presenting its next production, "Constellations," starting Friday, Oct. 19 for the first of nine performances at Whippoorwill Hall in Armonk. The play, written by Nick Payne, stars Faith Sandberg and Ben Williams. For more on the production, see page 20.

# **CSEA**, County Reach Agreement on Contract; Legislators Vote Next

#### By Martin Wilbur

Members of Westchester County's Civil Service Employees Association (CSEA) last Friday approved a new collective bargaining agreement nearly seven years after the last contract expired.

The more than 2,000 members of the largest union representing county employees voted to ratify the new contract via a mail ballot by a margin of 1,201-1,005. The vote was conducted and overseen by the American Arbitration Association (AAA) at its headquarters in New York City.

CSEA Westchester County Unit 9200 President Karen Pecora said in a statement that a majority of the membership approved and ratified the memorandum of agreement between the union and the county.

"We understand that there were differences of opinion amongst our members during this process, but all voices were heard, all the votes were counted and we are ready to move forward with this contract," Pecora said. "At this point, it is up to the county executive and the Board of Legislators to ratify the agreement."

According to the memorandum of agreement released by the union, the contract includes retroactive pay increases of 1 percent a year from 2014 through 2017 and 2 percent raises for this year and next. The last two years of the contract, which runs through 2021, will see members get 2.25 percent raises each year. There are no retroactive continued on page 4

# Wildlife Expert Addresses Residents' Concerns at Pleasantville Forum

#### By Anna Young

Growing concerns about increased coyote sightings in Pleasantville prompted village officials last week to schedule a forum to provide safety tips and advice to residents.

With an uptick in reported coyote sightings over the last two months, Kevin Clarke, wildlife biologist for the New York State Department of Environmental Conservation (DEC), said it is part of a trend that residents should become accustomed to.

Clarke spoke at the Clinton Street Center for an Oct. 2 forum and was blunt in his advice to residents to keep themselves and their families safe from coyotes. He noted that coyotes are found in every county within the state, continued on page 4



Kevin Clarke, wildlife biologist for the New York State Department of Environmental Conservation, told local residents last week they should continue to expect to see coyotes in the area. He provided tips to those concerned about the increasing number of sightings.



### Mt. Kisco Weighs Revisions to Solar Power Legislation

continued from page 1 of 200 to 300 feet.

For both districts, a tree mitigation plan would be required. Trees would need to be restored after a solar farm is decommissioned.

During last Monday's hearing, Henry Kensing Jr., president of the Oakwood Cemetery Board of Directors, asked the Village Board to approve the solar power legislation that would allow an array at the cemetery.

Mount Kisco resident Doug Hertz, president of the Briarcliff Manorbased Sunrise Solar Solutions who is also the Planning Board chairman, is seeking to develop the solar power system at Oakwood. The application is being reviewed by the Planning Board's remaining members.

The solar power project is being sought to generate needed revenue for the cemetery, some of which would be placed in a trust to pay for upkeep of the grounds, Kensing said.

Another resident, Jim Ward, also favored the measure because renewable energy should be encouraged to limit greenhouse gas emissions.

However, there were several residents who strongly opposed ground-mounted displays in parks and open spaces.

While Conservation Advisory Council (CAC) Chairman John Rhodes thanked

the Village Board for the proposed revisions and supports additional solar power use, he said the legislation has inadequate setbacks in the Conservation and Preservation districts. Rhodes is also concerned about the appearance of ground-mounted solar panels at Oakwood Cemetery.

Some questioned the ethics of Hertz's proposal while serving as chairman of the Planning Board, even though he has recused himself from review. Resident Brian Liebman charged that the solar power legislation is being considered to benefit Hertz.

"As far as I could tell, the conception of this idea for the zoning changes that this law allows began in a letter from Douglas Hertz to the Village Board for the Jan. 18 joint work session between the Planning Board and Village Board," Liebman said.

Picinich told Liebman that Hertz's ethics where "really not up for discussion."

A resident is allowed to conduct private business, Picinich said. Without that, individuals with expertise would be barred from serving on village boards, she said.

Later during the hearing, Trustee Karen Schleimer said she was "uncomfortable" that Hertz proposed the solar power project, even though "he's a wonderful asset to the community."

"It is the wrong place for his (company) to promote such a huge project," Schleimer



**NEAL RENTZ PHOTOS** 

Oakwood Cemetery Board of Trustees President Henry Kensing Jr. supports legislation that would allow ground-mounted solar power facilities.

said

Hertz attended last week's public hearing but did not speak. Following the meeting, he said he has complied with all laws by fully disclosing his role and recusing himself.

Last week Hertz said he asked Village Manager Edward Brancati for guidance from the Ethics Committee.

"I believe the mayor and the deputy mayor expressed it well. If we didn't allow anyone who might ever have some business in town to serve on our voluntary boards then we'd never be able to have any qualified professionals offer their time and energy," Hertz said. "This would mean attorneys, accountants, engineers, lawyers,



Solar legislation opponent Brian Liebman questioned whether village officials should be considering the Oakwood Cemetery solar project since it was proposed by the company of Planning Board Chairman Doug Hertz.

electricians, plumbers, etc. could never serve which is clearly not in the village's best interest."

Schleimer said the board was "moving very quickly" on the solar power legislation, at the same time officials are studying changes to the Comprehensive Plan. She was also concerned about the appearance of solar panels at the cemetery.

"The proposal for Oakwood is humungous," Schleimer said.

The process to consider the legislation began in January, so the process has not been rushed, Picinich responded.

The hearing will continue at the Oct. 22 Village Board meeting.



# Understanding Non-Invasive Breast Cancer What you need to know about screening and treatment options...

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#### Q: What is non-invasive breast cancer?

**A:** You may have heard of a condition called Stage 0 breast cancer. The most common type is DCIS (ductal carcinoma in situ), and involves the proliferation of abnormal cells within a woman's milk ducts. Left untreated, these cells can develop into invasive breast cancer that spreads outside the duct into surrounding tissue. DCIS is considered malignant but is non-invasive; it has not spread from where it originated. Be aware, however, that about 80 to 85 percent of invasive breast cancers initially arise within the milk ducts.

#### Q: How is DCIS detected?

**A:** It rarely presents as a lump you can feel. Typically, DCIS is detected by a screening mammogram as a cluster of calcifications (calcium deposits). If considered suspicious, a biopsy will be performed. For every 100 clusters biopsied, 22 percent will be cancerous; of that group, about 80 percent will be DCIS, and a percentage of these will develop into invasive breast cancer.

#### Q: What are my treatment options?

**A:** If a biopsy shows you have DCIS, your breast surgeon might recommend additional testing – such as an

ultrasound or MRI — before advising on surgery. Most women have a lumpectomy procedure to remove the cancerous tissue. You might also receive follow-up treatment, such as radiation or Tamoxifen hormone therapy. Outcomes for women treated for DCIS are outstanding: Ten-year data shows that their survival rate approaches 100 percent.

#### Q: What can I expect if I have this procedure?

**A:** Gather all the facts about the extent of your DCIS. Your breast surgeon will help evaluate the risk of it developing into invasive breast cancer by reviewing family history and ethnic origin, and may recommend genetic testing. Getting a second opinion is essential. At The Breast Institute at Northern Westchester Hospital, we only proceed if, after our pathology department reviews an outside biopsy report, our own pathologists agree with its findings. Above all, remember that "What if I do nothing?" is a perfectly legitimate question to ask.

### Did you know?

Ten-year data shows that the **survival rate** for women treated for DCIS **approaches 100 percent**.

## Latimer, Suffolk County Exec Join Fight Against IRS

**By Anna Young** 

Last week, Westchester County Executive George Latimer and Suffolk County Executive Steven Bellone denounced the Internal Revenue Service's (IRS) proposed regulation that would limit state and local tax (SALT) deductions to \$10,000 on federal returns.

During an Oct. 3 press conference outside the IRS building in White Plains, both county executives declared that they would challenge the agency on the issue, as it would guarantee a suburban tax increase for many residents.

"While the federal government claims only 5 percent of the nation will be impacted by the cap on SALT deductions, we know here in Westchester that is not the case," Latimer said. "This cap will hurt our county's working families, our property values and our way of life."

Latimer said roughly 185,000 Westchester taxpayers – about 38 percent of the tax roll – would be hurt by the SALT proposal, with an estimated 25 percent increase in their federal taxes.

The new federal tax code signed into law last year by President Donald Trump puts a \$10,000 cap on state and local tax deductions. State lawmakers passed legislation in March that was designed to help residents who were disadvantaged by the new federal tax law. The state legislation allows municipalities and school districts to

set up charitable reserve gift funds to which taxpayers would contribute for the benefit of local governments or school districts instead of paying their property taxes directly.

In return, they would receive taxdeductible credits equal to 95 percent of their donations.

But the IRS issued proposed regulations in August that would severely restrict homeowners from taking advantage of the deduction. Under the proposed regulations, a taxpayer who makes payments or transfers property to an entity eligible to receive tax deductible contributions must reduce their charitable deduction by the amount of any state or local tax credit the taxpayer receives or expects to receive.

Latimer and Bellone called on the IRS to amend its proposed regulations and vowed to fight on behalf of their constituents.

"The looming tax increase headed towards New York from Washington can and must be stopped before it's too late," Bellone said. "We will fight Washington's effort to hurt our homeowners and residents."

They plan to submit comments on behalf of their counties before the comment period ends on Thursday. Bellone added that he plans to testify at a public hearing in Washington on Nov. 5, where officials can present testimony in response to the proposed regulations.



ANNA YOUNG PHOT

County Executive George Latimer was joined by Suffolk County Executive Steven Bellone last week to announce that the two counties would fight the proposed IRS regulation limiting state and local tax deductions.

Bellone also created an online petition at Change.org urging Suffolk County taxpayers to call on the IRS to be fair and consistent with the application of tax laws across the nation and halt the unprecedented regulations.

Latimer added that the federal government is unfairly targeting some states and not others. He said the tax overhaul is a misguided policy directed by those who

are looking to change the national tax code and will ultimately disincentivize funding of necessary needs in several states.

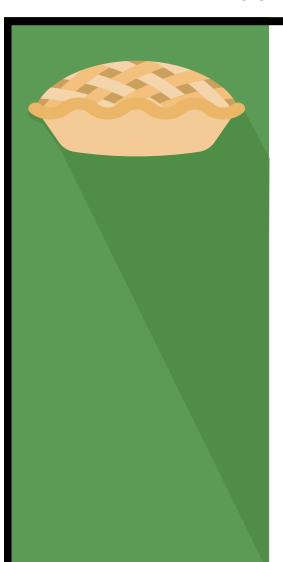
"The fact that it's a change in a policy for 100 years should make you pause. This is a radical step, it's an inappropriate step," Latimer said. "My message to the federal government is that Westchester County taxpayers do not deserve another tax increase in order to prove tax relief for others."

Assemblywoman Amy Paulin (D-Scarsdale) is also spearheading a coalition of Westchester municipalities to fight the proposed regulations. She is currently working with the law firm Baker McKenzie to file public comment with the IRS, possibly followed by a federal lawsuit if the proposed regulations become final.

Paulin's emerging coalition currently includes North Salem, New Castle, Rye, Bedford and the Pleasantville School District along with government organizations in Albany.

"We're committed individually and collectively to doing everything we can to find creative solutions to combat this plan on the cap," Latimer said. "Bottom line, this is double taxation and it's wrong. It's wrong and we're going to work very hard to make sure this policy is reversed."

Bellone said he'll likely take legal action against the federal government if the proposed regulations are approved.



## Pleasantville, start your ovens!

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- 3. Best All-From-Scratch Apple Pie By A Junior Chef (18 and Under)

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### Wildlife Expert Addresses Residents' Concerns at Pleasantville Forum

continued from page 1

including New York City's five boroughs.

"The reality is coyotes are here," Clarke said. "I want coyotes to be on your mind because it's going to dictate your behavior and minimize the likelihood of having a negative interaction while they're out there on the landscape."

With coyotes often preying on dogs under 15 pounds, Clarke advised dog owners should never leave their pets unattended in a yard and they should be walked on a short leash. He said coyotes will get locked in on a dog and go after it, especially if it's alone or on a long leash.

He recommended residents erect a six-foot fence to keep coyotes out of the yard. Coyotes are often able to jump a four-foot fence.

"The days of the electric fence, the invisible fence, they're done," Clarke said. "Letting your guard down and thinking it's okay to let the Jack Russell out in the backyard with the invisible fence, it's not okay. If you care about the dog, don't leave it outside unattended."

# CSEA, County Reach Agreement on Contract; Legislators Vote Next

continued from page 1

increases for 2012 and 2013.

The previous contract had expired at the end of 2011 but the two sides had been unable to come to an agreement. A key sticking point had been the level of contribution members would have to make toward their health insurance.

Depending on longevity, current employees will now have to pick up 5, 7.5 or 10 percent of the cost of their health insurance premiums. New employees hired on or after Jan. 1, 2019, will have to pay 10, 15 or 20 percent, the agreement stated.

County Executive George Latimer issued a statement late last Friday afternoon thanking CSEA's leadership and for negotiating in good faith. He said that he was proud of the county and its workers.

"Now, it is the prerogative of the Board of Legislators to assess the merits of this contract, and hopefully, give their assent," Latimer said. "This is one more example of our new administration resolving the open issues we inherited on Jan. 1."

It is not known when the Board of Legislators will vote on the contract.

Residents at the forum noted an increase in missing cats, with some stating they have seen cats killed by coyotes. Clarke stressed that residents should keep their cats indoors. A coyote isn't the only predator that can kill a cat, he said.

Clarke recommended residents carry an airhorn, a whistle or a stick with them when they take their dogs on walks. He said if a coyote approaches, make yourself appear to be aggressive and get the attention of the animal with a loud device to make your presence known.

While coyotes typically aren't a threat to humans, attacks have occasionally occurred, Clarke said. He reminded residents not to run away from coyotes because it'll spark their predator instinct.

Clarke noted that the DEC receives several complaints about coyotes every day from residents who want them taken away from their home. He said the most complaints in Westchester have come from New Castle, particularly Chappaqua.

While he would like to alleviate residents' concerns, Clarke said the DEC can only intervene if a coyote exhibits

threatening behavior. Only then will a permit be issued to the homeowner or municipality to remove the animal.

Clarke said residents should always contact the DEC with concerns so they can take the proper steps to resolve the problem. However, if there's an emergency, local authorities should be contacted.

Many residents in attendance expressed frustration about changing their routines to avoid a coyote sighting. Others conveyed immense fear that family members, children and pets could be at risk.

Pleasantville Mayor Peter Scherer said the board would be working on solutions to address the issue. While coyotes can't be eradicated, he said the village will try to resolve the issue quickly.

"I don't want anybody's life to be upended by something like this," Scherer said. "How we deal with this, I'm not 100 percent sure, other than to say we've got to figure that out as fast as we possibly can."

For more information, Kevin Clarke can be reached at 845-256-3088.

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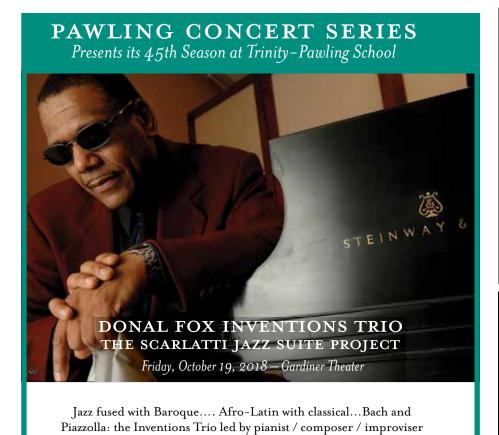
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## Draft of Mt. Pleasant Comp Plan Update Expected in Early 2019

By Neal Rentz

The process to update the Mount Pleasant Comprehensive Plan for the first time in nearly 50 years appears as though it will take longer than anticipated, the Town Board was told last week.

Town Director of Planning Pat Cleary said that while the Pace University Land Use Law Center, which was retained to help the town with the update process, is doing an outstanding job with public outreach, the entire process was only about one-third completed.

Cleary said when the town engaged Pace, a far more extensive public outreach program was proposed than originally anticipated. Since the scope of the work became more expansive, the project's timetable was pushed down a few months until sometime early next year, he said.

Cleary said he will have a better idea on timing following this week's second public visioning workshop scheduled for Tuesday evening from 7 to 9 p.m. at the community center in Valhalla. Public comment will be sought on issues related to the Valhalla, Hawthorne and Thornwood business hamlets, the focus of the update.

"The folks at Pace have done an extraordinary job of engaging the community and gathering valuable input," Cleary said.

The nine-member Comprehensive Plan Steering Committee has been assisting the



NEAL RENTZ PHO

Pat Cleary, the Mount Pleasant director of planning and principal of Cleary Consulting, spoke last week about the town's effort to update its Comprehensive Plan.

team of consultants hired by the town that also includes Sullivan Architecture and Adler Consulting.

The first public visioning workshop was conducted in May followed by an informational hearing at the town pool in August. Pace will take the public comments at this week's workshop to incorporate into an updated Comprehensive Plan.

"You have an incredibly engaged community that has been providing exciting feedback," Cleary said.

Supervisor Carl Fulgenzi said a draft of the updated plan, which he hopes will arrive by spring, will be a combination of community input and Cleary's updated zoning recommendations. After that, the town will craft suggested zoning changes, he said

"As anxious as we are to move forward with the downtown revitalization, we do not want to rush anything," Fulgenzi said.

"It is very important for the future of our community."

For more information about the Comprehensive Plan update, visit www. mtpleasant.com.

# New Businesses Announced for Mount Kisco Shopping Center

By Neal Rentz

The vacant storefronts in the Mount Kisco Square Shopping Center at 360 N. Bedford Rd. are filling up.

Three new stores have agreed to leases at the shopping center, joining burger chain Five Guys, which opened in July, said Jonathan Gordon, president and CEO of Admiral Real Estate, the agent representing the shopping center's owner.

Paulo's Atelier Hair Salon, a fixture in Bedford Hills and White Plains for years, Nonna's Brick Oven Pizza and Topps Bakery @ Bronxville, a business started 80 years ago and known for its jelly donuts and apple pie, are all expected to move in.

Representatives for those establishments are now seeking village Building Department approval. Once the approvals are granted by the village, interior renovations to each of those spaces will begin, Gordon said.

Gordon said having Five Guys open helped to rent the additional three stores.



An artist's rendering of the new-look Mount Kisco Square Shopping Center on North Bedford Road.

"That was the beginning of the activity to fill up the other vacant spaces," he said.

The businesses sought to come to the center due to Mount Kisco's vibrancy, Gordon said. Plenty of parking is also an advantage, Gordon said.

The only remaining empty storefront in the shopping center is an 1,800-square-foot space.

David Livshin of The Dagar Group Ltd. is the co-exclusive leasing agent along with Admiral Real Estate, which helped execute the leases.

—Neal Rentz



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## **Developer Pitches Depew Street Complex to P'ville Planners**

By Anna Young

A Westchester-based developer has proposed a mixed-use project on Depew Street at the site of LaDuca Auto Service but has scrapped a request to receive a 10-year tax abatement.

Representatives for David Mann of Lighthouse Enterprises in White Plains recently pitched the idea to purchase and redevelop 52 Depew St. and the adjacent 1 Vanderbilt Ave. into a 73-unit apartment complex. The complex would require site plan and possibly special permit approval. Lighthouse Enterprises is the contract vendee for the just over one-acre property.

While no formal application has been filed, the developer's attorney David Cooper said his client was seeking feedback prior to submission.

Plans include development of a threestory building that would consist of 11 studio apartments and 49 one-bedroom and 13 two-bedroom units upstairs. Tenants would have the option to access the roof for recreational use. There would also be 4,500 square feet of commercial space on the first

"We're not expecting heavy retail," project architect Phil Fruchter said at the Sept. 26 meeting.

The developer, who proposed additional tax revenue and parking for Pleasantville if the Village Board approved a 10-year tax abatement plan, will no longer be offering that option citing studies that concluded

it wasn't feasible. Parking will satisfy the requirements for the building with no surplus spaces, Fruchter said.

With the site located in an A-1 commercial district, Cooper said the project would require a special permit if the plan was changed to provide residential on the first floor. Mann, who first talked about the proposal before the Village Board in June, estimated that the studios would rent for roughly \$2,000 a month, one-bedroom apartments would range from \$2,300 to \$2,700 and two-bedroom units would cost more than \$2,700.

Fruchter said 108 underground and ground-level parking spaces would be provided, with 22 stacker spaces to be assigned to the two-bedroom units. Fruchter said the clear plexiglass lifts would be user-friendly and operated by tenants.

"It's not like a New York City stacker in a garage," he said.

Board member David Keller said he was concerned with the increased traffic that would be generated in the area and the narrowness of Depew Street. He recommended having the development pushed back on the property to allow room for more vehicles reduce traffic backups. Chairman Russell Klein echoed similar remarks about the likelihood of congestion.

"Grant Street is a very heavily used street; it's the access to the Saw Mill," Klein said. "I have to think that many of your tenants will drive to work and probably leave in the

morning and come home in the evening."

Fruchter said traffic and impact studies will be conducted but insisted the project will not cause major volume increases because the tenants are not all leaving and returning at the same time.

"At the multifamily projects, we do we find there's very little traffic generation from these kinds of developments as opposed to an office building," Fruchter said.

Keller said he would also like to see a traffic study conducted that would include Grant Street, the Saw Mill River

Parkway and Manville Road. Cooper said preliminary traffic studies would be submitted.

Klein added that density would be a key point of discussion as the proposed development is surrounded by residences. He also said the developer could face possible pushback from residents concerned about noise and lights generated by the proposed rooftop activities.

This is a big one," Klein said. "It'll take a fair amount of study and meetings to get through this, I'm sure."

### Supermarket Sweep

Representatives ShopRite recently presented a check for \$116,300 to Maria Fareri Children's Hospital in Valhalla. Twenty-seven participating stores collected donations at checkout during its annual spring fundraising campaign. The money raised will help the hospital provide advanced pediatric care and support services to thousands of



children in need. Pictured, from left, are Dr. Michael Gewitz, chief of pediatric cardiology; Sarada Bernstein, manager of community affairs and public relations at ShopRite Supermarkets; Davis Patterson, Bernstein's son; and Tom Urtz, vice president of operations with ShopRite.



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### **Police Blotter**

#### **North Castle Police Department**

**Sept. 28:** A caller reported at 10:55 a.m. that his wife sustained burns while cooking at their Fox Run residence. An officer and Armonk Fire Department Ambulance were dispatched. The party was transported to Northern Westchester Hospital.

Sept. 28: Reports of two mailboxes

damaged on Hickory Kingdom Road at 1:34 p.m., apparently as a result of having been struck by an unknown vehicle. The party wished to report the damage a matter of record.

**Sept. 28:** An officer on patrol reported stopping a white Toyota Highlander with an illegible rear registration plate on North Broadway at 1:46 p.m. A subsequent investigation revealed that the stopped

# placed onto a flatbed truck on Cider Mill ith Circle, the vehicle rolled off the back and collided with another vehicle. The responding officer stated that a report would follow.

Oct. 1: Report of a suspicious vehicle on Cox Avenue at 8:44 a.m. which has been at the location for about an hour and occupied by a male subject. The complainant stated that she asked the driver if he needed anything and that party said he was disabled. The responding officers were out with two vehicles at the entrance of Lombardi Park. The vehicle was impounded due to it being suspended and the operator was issued summonses and subsequently arrested for criminal possession of a forged instrument.

vehicle had a switched plate affixed. The

vehicle was impounded and the operator

Sept. 30: A caller reported at 5:06 p.m.

that while her mother's vehicle was being

was issued appearance tickets.

# Mt. Kisco Receives \$625K Grant to Continue Substance Abuse Efforts

Mount Kisco has received a \$625,000 federal grant that will enable the village to continue its youth substance abuse prevention efforts for at least another five years.

Congresswoman Nita Lowey's office announced last week that the money will be used for initiatives for young people through the federal Office of National Drug Control Policy Drug-Free Communities Program.

Mayor Gina Picinich said the funding will permit Partners in Prevention, a community alliance, to maintain its work with students and teachers from the Bedford School District, working with recreation and youth leaders, medical professionals, law enforcement and the business community to promote healthy choices.

"That this grant has been awarded to Mount Kisco six years after the first Drug Free Community grant was issued recognizes both the success of the village's efforts as well as the continued risks of substance abuse in our community," Picinich said.

The original grant, also for \$625,000, provided about \$125,000 of funding each year for the efforts.

"We believe that it is better to prevent than to lament, therefore we emphasize prevention to reduce the need for intervention and treatment," Domingo Maceira, said coalition coordinator for Partners in Prevention.

-Neal Rentz

#### **Pleasantville Police Department**

**Sept. 28:** A 45-year-old Mohegan Lake woman was arrested at 10:40 a.m. on Bedford Road for driving with a suspended license.

**Sept. 28:** A 21-year-old Garnerville, N.Y. woman was arrested at 4:30 p.m. on Manville Road for driving with a

suspended license.

**Oct. 2:** Police arrested a 17-year-old Pleasantville male at 6:47 p.m. on Leland Avenue for criminal mischief. He was later charged with causing a domestic dispute.

Oct. 4: A 23-year-old Thornwood mam was arrested at 1:13 a.m. and charged with DWI following a traffic stop on Marble Avenue.

Oct. 4: A 61-year-old Yorktown man was arrested at 2:11 p.m. and charged with larceny and burglary. The suspect, who's the landlord for a residence on 124 King St., entered his tenant's apartment and took medication and other items.

**Oct. 4:** Police arrested a 21-year-old Thornwood man at 10:35 p.m. for unlawful possession of marijuana following a traffic stop on Marble Avenue.

**Oct. 5:** Police arrested a 19-year-old Wilton, Conn. man at 7:52 p.m. on Memorial Plaza for unlawful possession of marijuana.

**Oct. 5:** A 20-year-old Stamford, Conn. woman was arrested at 1:01 a.m. for possession of a controlled substance and unlawful possession of marijuana following a traffic stop on Bedford Road.

**Oct. 5:** A 52-year-old Pleasantville woman was arrested at 11:57 p.m. and charged with DWI following a traffic stop on Bedford Road.

Legal Notice

SUPPLEMENTAL SUMMONS AND NOTICE OF OBJECT OF ACTION SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF WEST-CHESTER ACTION TO FORECLOSE **A MORTGAGE** Index #: 53628/2018 U.S. Bank Trust, N.A., As Trustee For LSF9 Master Participation Trust, Plaintiff, vs Troy Manning Individually And As Surviving Joint Tenant With Rights Of Survivorship Of Delores Manning If Living, And If He/She Be Dead, Any And All Persons Unknown To Plaintiff, Claiming, Or Who May Claim To Have An Interest In, Or General Or Specific Lien Upon The Real Property Described In This Action; Such Unknown Persons Being Herein Generally Described And Intended To Be Included In Wife, Widow, Husband, Widower, Heirs At Law, Next Of Kin, Descendants, Executors, Administrators, Devisees, Legatees, Creditors, Trustees, Committees, Lienors, And Assignees Of Such Deceased, Any And All Persons Deriving Interest In Or Lien Upon, Or Title To Said Real Property By, Through Or Under Them, Or Either Of Them, And Their Respective Wives, Widows, Husbands, Widowers, Heirs At Law, Next Of Kin, Descendants, Executors, Administrators, Devisees, Legatees, Creditors, Trustees, Committees, Lienors, And Assigns, All Of Whom And Whose Names, Except

As Stated, Are Unknown To Plaintiff, Hudson Valley Federal Credit Union, People Of The State Of New York, United States Of America Acting Through The IRS, John Doe (Those unknown tenants, occupants, persons or corporations or their heirs, distributees, executors, administrators, trustees, guardians, assignees, creditors or successors claiming an interest in the mortgaged premises.) Defendant(s). Mortgaged Premises: 143 North Street Cortlandt Manor, NY 10567 SBL #: 23.16 - 3 - 17 To the Above named Defendant: You are hereby summoned to answer the Complaint in this action, and to serve a copy of your answer, or, if the Complaint is not served with this Supplemental Summons, to serve a notice of appearance, on the Plaintiff(s) attorney(s) within twenty days after the service of this Supplemental Summons, exclusive of the day of service (or within 30 days after the service is complete if this Supplemental Summons is not personally delivered to you within the State of New York). In case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the Complaint. The Attorney for Plaintiff has an office for business in the County of Erie. Trial to be held in the County of Westchester. The basis of the venue designated above is the location of the Mortgaged Premises. TO Troy Man-

ning Defendant In this Action. The foregoing Supplemental Summons is served upon you by publication, pursuant to an order of HON. David F. Everett of the Supreme Court Of The State Of New York, dated the Fifth day of September, 2018 and filed with the Complaint in the Office of the Clerk of the County of Westchester, in the City of White Plains. The object of this action is to foreclose a mortgage upon the premises described below, dated September 21, 2004, executed by Delores Manning (who died on February 12, 2006, a resident of the county of Westchester, State of New York) and Troy Manning to secure the sum of \$235,000.00. The Mortgage was recorded at Instrument Number 442960978 in the Office of the Westchester County Clerk on December 30, 2004. The mortgage was subsequently assigned by an assignment executed July 26, 2011 and recorded on August 23, 2011, in the Office of the Westchester County Clerk at Instrument Number 512293200. The mortgage was subsequently assigned by an assignment executed February 18, 2014 and recorded on February 25, 2014, in the Office of the Westchester County Clerk at Instrument Number 540493428. The mortgage was subsequently modified on July 5, 2016. The mortgage was subsequently assigned by an assignment executed December 9, 2016 and record-

ed on January 30, 2017, in the Office of the Westchester County Clerk at Instrument Number 570233573. The property in question is described as follows: 143 NORTH STREET, CORTLANDT MAN-OR, NY 10567 NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME If you do not respond to this summons and complaint by serving a copy of the answer on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home. Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property. Sending a payment to your mortgage company will not stop this foreclosure action. YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT. DATED: September 10, 2018 Gross Polowy, LLC Attorney(s) For Plaintiff(s) 1775 Wehrle Drive, Suite 100 Williamsville, NY 14221 The law firm of Gross Polowy, LLC and the attorneys whom it employs are debt collectors who are attempting to collect a debt. Any information obtained by them will be used for that purpose. 57435

### Latimer Stresses County, Local Gov't Cooperation in Mt. Kisco Visit

**By Neal Rentz** 

County Executive George Latimer week emphasized building and maintaining a strong working relationship with local governments to help the municipalities best serve their constituencies.

The latest stop in his ongoing speaking tour of local governments brought Latimer to Mount Kisco last Monday evening. As a former Rye city councilman, Latimer said he has long been concerned about how county government operated and needed to listen to what local officials were saying.

Latimer said he wants to "create a different relationship between the local government and the county."

The county has developed a special relationship with Mount Kisco because of the 2015 consolidation of the village's police department with the county Department of Public Safety, he said.

Recently, his administration submitted a plan to the state under Gov. Andrew Cuomo's Shared Services Initiative that could save taxpayers more than \$7 million in its first year of implementation. Proposals include creation of an online shared services portal; digitizing electronic records management; developing a centralized contract for technology and IT services; regional management of tax assessment



Westchester County Executive George Latimer addressed the Mount Kisco Village Board last

and billing; consolidating justice courts; introducing a county-wide health consortium; offering enhanced energy efficiency programs; and sharing school resource officers.

Westchester could also consider sharing services with municipalities in areas such as the Department of Public Works and regional garbage pickup operation, Latimer said.

"There's an economy of scale if enough people want it," he said.

If the plan is approved by the state and saves Westchester money, the county will receive funding from Albany equal to the savings, which could be used to help offset property taxes.

Trustee Karen Schleimer raised the possibility of local governments and the county sharing firefighting functions as many communities are faced with the difficulty of attracting volunteers.

Latimer said the county would have to create the function because it does not have a fire department. Neighboring fire departments could work together to share services, he said. He is willing to meet with the Board of Trustees during a work session meeting to discuss the

On his second day in office, Latimer signed an executive policy that requires the county to formally contact a municipality and to receive feedback if work needs to be done or a project is proposed on county-owned land or at a facility within that community.

Under the policy, municipal officials have up to 60 days to discuss what the county is seeking to do. The local board will provide a letter stating its support, opposition or neutrality on the

proposal. The county is then required to respond to questions raised by the local board.

During his first year in office, the county executive has visiting municipal boards throughout Westchester.

Mayor Gina Picinich said Latimer has held several meetings with local governments to encourage cooperation that would benefit county residents. She said she appreciates the efforts toward having a strong working relationship with local officials.



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### **Obituaries**

### Michael Bottiglieri

Michael Vincent Bottiglieri, beloved son and brother, adored husband, treasured uncle, nephew and cousin, lost his battle with depression and addiction on Sept. 29, the feast of St. Michael. He was 29.

Born July 14, 1989, along with his twin sister, Melissa, Bottiglieri was a loving son and adoring brother and uncle. He loved all sports, but his favorite was basketball; he was an avid Knicks fan.

He graduated Iona College with honors in 2016. Bottiglieri's greatest passion was his family. He loved holidays and birthdays. He found so much joy in his nieces and nephew. Michael was in love with his wife, Jaci, since they were kids and he was devoted to her.

He will be remembered for his loving and compassionate heart. His concern and love for others has touched the lives of so many people. His charm, his beautiful eyes and smile and his contagious laughter brought us so many moments of happiness.

### William Gray

William (Billy) Gray peacefully went home to God and his loving wife on the morning of Oct. 6.

He was 87.

Gray was born in Mount Vernon on Aug. 22, 1931, to Jack and Mary Gray. He served his country proudly in the U.S. Army and married his childhood sweetheart, Carmela (Millie) nee Macri, on May 31, 1958, at Our Lady of Carmel in Mount Vernon.

Billy and Millie were the definition of soulmates, sharing a pure love most people only wish for in their lifetime. They eventually settled in Valhalla to raise four wonderful sons.

Gray is survived by his sons and their wives, William (Billy) and Beth, John and Susan, Robert and Beth and Joseph and Michele as well as his Bottiglieri leaves behind his loving parents, Maria and Bill; his devoted siblings, Billy (Samantha), Mickie (John) Ford and his twin sister, Melissa (Silverio) Pacifico; his adoring wife, Jaci; and by the light of his life, his nephew and nieces, Milo and Lily Bottiglieri and Madison Ford. Although our time was short with Michael, we hold many beautiful memories that will forever live on. In our darkest days ahead, he will be our forever light.

Family and friends were invited to visitation at Pleasant Manor Funeral Home, Inc. in Thornwood on Oct. 3. A Mass of Christian Burial was celebrated at St. Patrick's Church in Armonk on Oct. 4, followed by entombment in the family crypt at Ferncliff Cemetery in Hartsdale.

In lieu of flowers, consider a donation in Michael's memory to www.shatterproof. org/memorial/michael-bottiglieri,

the American Foundation of Suicide Prevention at www.AFSP.ORG or St. Jude's Children's Hospital.

11 adoring grandchildren, Danielle, Sean, Hunter, Joey, Kevin, Justin, Kyle, Michelle, Dominique, Dylan and Jack. Their children and grandchildren were constantly in awe of Billy and Millie's devout faith in the Catholic Church. Billy was a strong, serious, kind, gentle and loving man who brought warmth and light to anyone who had the honor to meet him. He will be missed by too many and all will take comfort in the fact he is finally at home. "Hey, whaddya say."

Visitation will be at Hawthorne Funeral Home on Wednesday, Oct. 9 from 4 to 8 p.m. The funeral Mass will take place at Holy Name of Jesus Church in Valhalla on Thursday, Oct. 10 at 10 a.m. followed by interment at Gate of Heaven Cemetery in Hawthorne.

### Ronald Rose

Ronald S. Rose of Valhalla passed away peacefully on Oct. 6 at the New York State Veterans Nursing Home in Montrose.

He was 91.

Rose was born on Dec. 24, 1926. He enjoyed the outdoors and especially the Adirondacks where he had a summer place and loved gardening and cutting grass on his John Deere tractor. Rose proudly served his country during World War II and the Korean War in the U.S. Navy. He was a member of American Legion Post 1038, the Disabled American Veterans and Veterans of Foreign War, donating his time and energy to all.

Rose is survived by his devoted spouse,

Rosemary; his two sons, Mark (Diana) and Bruce; his two granddaughters, Keli Moyik (Stephen) and Christina; and his sister, Mary Kearns. In addition to his parents, he was predeceased by his son, Stephen, and brothers Art, Reg and Bill.

Visitation was at Hawthorne Funeral Home on Oct. 8. A funeral Mass was held at Holy Name of Jesus Church in Valhalla on Tuesday at 10 a.m. Interment followed at Rose Hills Memorial Park in Putnam Valley.

In lieu of flowers, memorial contributions in Ronald's name can be made to the New York State Veterans Nursing Home, 2090 Albany Post Rd., Montrose, N.Y. 10548.

### New Castle Returns to Normal After Last Week's Storms, Tornado

#### By Martin Wilbur

Hard hit portions of New Castle returned to normal last week after a band of violent thunderstorms ripped through the town earlier and spawned a tornado, according to the National Weather Service.

There were 17 roads that had been closed immediately following the storms late on Oct. 2 and were reopened less than two days later, said town Supervisor Robert Greenstein.

Millwood was the hardest hit area of town and multiple trees were toppled at the Chappaqua Crossing campus, Greenstein said.

An EF-1 tornado was confirmed when wind speeds reached as high as 110 miles per hour shortly before 5 p.m.

At least a couple of private houses suffered significant damage from fallen trees, one on Quaker Hill Road and another in the west end, Greenstein said. There were no injuries reported.

Most of the nearly 700 customers that had lost power during the storms had

service restored by Thursday morning, he said. By later Thursday, the final 72 customers had their service return, Con Edison reported.

Greenstein said immediately after outages were reported a Con Edison liaison came to Town Hall and began coordinating with the seven available crews.

"The response was very good from Con Edison and the reason is the damage wasn't widespread," he said. "It was limited to a few communities and unfortunately we were one of the communities. But they were able to put of lot of resources in our community. We weren't fighting over resources."

The response by Con Edison and NYSEG following storms last March was harshly criticized by officials and residents throughout the region after thousands of residents were left without power for up to two weeks. The utilities were also blasted for poor communication and providing inaccurate information.





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## The Arc Westchester Creates Senior Friendly Space at Mt. Kisco Center

**By Martin Wilbur** 

It has been repeatedly documented how the population of the United States is aging. That also can be said for people with special needs.

With that in mind, The Arc Westchester, a nonprofit organization which serves those with developmental disabilities, last Thursday celebrated the completion and opening of a new multigenerational space at The Ann Manzi Center in Mount Kisco. The recently refurbished portion of the facility has been transformed to host activities for an older clientele.

Tibi Guzman, the executive director and CEO of The Arc Westchester, said the two-phase Senior Connection project of which the new space is the first step, is badly needed. About one-third of the people who use the organization's day services are now over 50 years old.

The Arc Westchester serves about 2,000 people daily over its eight day program locations throughout the county. The oldest person coming to the Mount Kisco facility is 91 years old.

"Our seniors have disabilities but they deserve exactly what the seniors have in the larger community and we provide that and more," Guzman said.

The new, brightly lit space has a small kitchen with tables and chairs while another portion has a couple of couches and seats similar to a living room that promotes socialization and relaxation. The room is also conducive to hosting health-related activities such as daily exercise, art therapy, music, culinary arts, sewing and games along with classes in tai chi, chair aerobics, yoga and pet therapy.

The space is located next to another room that has been outfitted with computers and other technology for younger adults within The Ann Manzi Center. Having the two rooms in close proximity to each other encourages interaction between the generations, Guzman said.

Avery Valins, The Arc Westchester's director of day services, said the increasing age of the people who use the organization's services to work on their life skills and goals is consistent with the larger population. That trend is likely to continue.

She said staff traveled to facilities throughout the region to get ideas for the kind of space they wanted to create and then designed it to meet the needs of the estimated 500 people who come to The Ann Manzi Center each day.

"We became very sensitive to the fact that they are aging so we repurposed this location to be senior friendly," Valins said. "It's not just seniors, but it's senior friendly. We're calling it a senior-friendly multigenerational program."



MARTIN WILBUR PHOTO

Ann Manzi, front and center, with her son and daughter-in-law is accompanied by Mount Kisco officials and The Arc Westchester representatives during the ribbon cutting of a new multigenerational space at its facility in the village.

Funding for the \$150,000 first phase of the Senior Connection project came from The Arc Westchester Foundation. Its president, Ruedi Lager, said the vision displayed by the staff and administration has been extraordinary.

"Without their help and their vision, things like this wouldn't come together and what a difference that will make years from now for the community and the people who benefit from this," Lager said

The Ann Manzi Center, which opened in 1997 after the center's namesake donated the money so her daughter

would have a place to attend for her needs, will be the site of an even more ambitious second phase. The Arc Westchester is planning on developing an outdoor patio space on one side of the building and an accessible nature walking trail that will traverse the three-acre property.

Manzi attended last week's ceremony with her son and daughter-in-law along with representatives from various organizations and service providers.

Nancy Patota, the foundation's executive director, said The Arc Westchester is well on its way to raising the \$1 million for the second phase. Recently, one of the organization's supporters donated \$250,000.

"The Senior Connection represents a sort of mini capital campaign as part of a larger campaign we've been running for the last couple of years," Patota said. "It's actually called the Arc of a Life campaign and it's a campaign for programs and services that provide the needed programs and services for people throughout the arc of a life."

Guzman said volunteers and students in the community will be encouraged to visit and work on service projects at The Ann Manzi Center.

"We're very fortunate to be in the heart of Mount Kisco," she said.

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### Legal Notice

#### SUPREME COURT OF THE STATE OF NEW YORK – COUNTY OF WESTCHESTER INDEX # 50721/2018 FILED: 08/23/2018 SUPPLEMENTAL SUMMONS AND NOTICE

designates Westchester County as the place of trial. Venue is based upon the County in which the mortgaged premises are situated. WELLS FARGO BANK, NA AS TRUSTEE FOR THE CER-TIFICATEHOLDERS OF PARK PLACE SECURTIES, INC., AS-SET-BACKED PASS-THROUGH CERTIFICATES, SERIES 2005-WCW1, Plaintiff, against GERMAN BOHORQUEZ, if he be living and if he be dead, the respective heirsat-law, next-of-kin, distributees, executors, administrators, trustees, devisees, legatees, assignees, lienors, creditors and successors in interest and generally all persons having or claiming under, by or through said defendant(s) who may be deceased, by purchase, inheritance, lien or inheritance, any right, title or interest in or to the real property described in the Complaint, ARGENT MORT-GAGE COMPANY, LLC, NEW YORK STATE DEPARTMENT OF TAXATION AND FINANCE, UNITED STATES OF AMERICA INTERNAL REVENUE SERVICE, and "JOHN DOE" and "JANE DOE", the last two names being fictitious, said parties intended being tenants or occupants, if any, having or claiming an interest in, or lien upon the premises described in the complaint, Defendant(s). TO THE ABOVE NAMED DEFENDANTS: NOTICE YOU ARE IN DAN-GER OF LOSING YOUR HOME. IF YOU DO NOT RESPOND TO THIS SUMMONS AND COM-PLAINT BY SERVING A COPY OF THE ANSWER ON THE AT-TORNEYS FOR THE MORTGAGE COMPANY WHO FILED THIS FORECLOSURE PROCEEDING AGAINST YOU AND FILING THE ANSWER WITH THE COURT, A DEFAULT JUDGMENT MAY BE ENTERED AND YOU CAN LOSE YOUR HOME. SPEAK TO AN AT-TORNEY OR GO TO THE COURT WHERE YOUR CASE IS PEND-ING FOR FURTHER INFORMA-TION ON HOW TO ANSWER THE SUMMONS AND PROTECT YOUR PROPERTY. SENDING A PAYMENT TO YOUR MORTGAGE COMPANY WILL NOT STOP

THIS FORECLOSURE ACTION. YOU MUST RESPOND BY SERV-ING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COM-PANY) AND FILING THE AN-SWER WITH THE COURT. YOU ARE HEREBY SUMMONED to answer the complaint in this action and to serve a copy of your answer, or, if the complaint is not served with this Summons, to serve a notice of appearance on the plaintiff's attorney(s) within 20 days after the service of this summons, exclusive of the day of service (or within 30 days after service is complete if this summons is not personally delivered to you within the State of New York); The United States of America, if designated as a Defendant in this action, may appear within (60) days of service thereof; and in case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the complaint. NO-TICE OF NATURE OF ACTION AND RELIEF SOUGHT: THE OB-JECT of the above captioned action is to foreclose on a mortgage in the sum of \$384,000.00 dated March 31, 2005, executed by defendant(s) GER-MAN BOHORQUEZ to ARGENT MORTGAGE COMPANY LLC recorded on May 11, 2005 in Control No. 451190556. ARGENT MORT-GAGE COMPANY LLC assigned all of its rights, title and interest in the Mortgage by way of an assignment executed July 2, 2013 to WELLS FARGO BANK, NA AS TRUSTEE FOR THE CERTIFICATEHOLD-ERS OF PARK PLACE SECU-RITIES, INC., ASSET-BACKED PASS-THROUGH CERTIFICATES, SERIES 2005-WCW1. The assignment was duly recorded on July 25, 2013, in Control No. 531913817. On July 1, 2008, for valuable consideration GERMAN BOHORQUEZ duly executed, acknowledged and delivered a loan modification agreement dated that date, whereby said defendants bound himself/herself in the new principal amount of \$367,675.28 with interest thereon in (the "LOAN MODIFICATION"), covering premises known as 9 South Kensico, MT Pleasant, NY 10595 AKA 9 South Kensico, Valhalla, NY 10595 (Section 117.19, Block 1 and Lot 86). The relief sought within action is a final judgment directing the sale of the premises described above to satisfy the debt described above. To the above named Defendants: The foregoing Summons

is served upon you by publication pursuant to an amended order of the Hon. David F. Everett, A.J.S.C., and filed along with the supporting papers in the Office of the Clerk of the County of Westchester on 08/20/2018. This is an action to foreclose on a mortgage. ALL that certain plot, piece or parcel of land, situate, lying and being in the Town of Mount Pleasant, County of Westchester and State of New York, Section 117.19, Block 1 and Lot 86, said premises known as 9 South Kensico, MT Pleasant, NY 10595 AKA 9 South Kensico, Valhalla, NY 10595. YOU ARE HEREBY PUT ON NOTICE THAT WE ARE ATTEMPTING TO COLLECT A **DEBT AND ANY INFORMATION** OBTAINED WILL BE USED FOR THAT PURPOSE. By reason of the aforesaid, there is due and owing to plaintiff the sum of \$342,772.75, with interest thereon at 5.90000% per annum from June 1, 2012. UNLESS YOU DISPUTE THE VALIDITY OF THE DEBT, OR ANY POR-TION THEREOF, WITHIN THIR-TY (30) DAYS AFTER YOUR RE-CEIPT HEREOF THAT THE DEBT, OR ANY PORTION THEREOF, IS DISPUTED, THE DEBTOR JUDGMENT AGAINST YOU AND A COPY OF SUCH VERIFICA-TION OR JUDGMENT WILL BE MAILED TO YOU BY THE HERE-IN DEBT COLLECTOR. IF APPLI-CABLE, UPON YOUR WRITTEN REQUEST, WITHIN SAID THIR-TY (30) DAY PERIOD, THE HERE-IN DEBT COLLECTOR WILL PROVIDE YOU WITH THE NAME AND ADDRESS OF THE ORIGI-NAL CREDITOR. IF YOU HAVE RECEIVED A DISCHARGE FROM THE UNITED STATES BANK-RUPTCY COURT, YOU ARE NOT PERSONALLY LIABLE FOR THE UNDERLYING INDEBTEDNESS OWED TO PLAINTIFF/CRED-ITOR AND THIS NOTICE/DIS-CLOSURE IS FOR COMPLIANCE AND INFORMATIONAL PUR-POSES ONLY. HELP FOR HOME-**OWNERS IN FORECLOSURE** New York State requires that we send you this notice about the foreclosure process. Please read it carefully. SUM-MONS AND COMPLAINT You are in danger of losing your home. If you fail to respond to this Summons and Complaint in this foreclosure action, you may lose your home. Please read the Summons and Complaint carefully. You should immediately contact an attorney or your local legal aid of-

fice to obtain advice on how to protect yourself. **SOURCES OF INFORMA-**TION AND ASSISTANCE The State encourages you to become informed about your options in foreclosure. In addition to seeking assistance from an attorney or legal aid, there are government agencies, and non-profit organizations that you may contact for information about possible options, including trying to work with your lender during this process. To locate an entity near you, you may call the toll-free helpline maintained by New York State Department of Financial Services' at 1-800-269-0990 or visit the Department's website at http:// www.dfs.ny.gov **FORECLOSURE** RESCUE SCAMS Be careful of people who approach you with offers to 'save" your home. There are individuals who watch for notices of foreclosure actions in order to unfairly profit from a homeowner's distress. You should be extremely careful about any such promises and any suggestions that you pay them a fee or sign over your deed. State law requires anyone offering such services for profit to enter into a contract which fully describes the services they will perform and fees they will charge, and which prohibits them from taking any money from you until they have completed all such promised services. Section 1303 NOTICE YOU ARE IN DAN-GER OF LOSING YOUR HOME If you do not respond to this Summons and Complaint by serving the copy of the answer on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you may lose your home. Speak to an attorney or go to the court where your case is pending for further information on how to answer the Summons and protect your property. Sending a payment to your mortgage company will not stop this foreclosure action. YOU MUST RESPOND BY SERV-ING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COM-PANY) AND FILING AN ANSWER WITH THE COURT. Aldridge Pite, LLP. Attorneys for the Plaintiff, 40 Marcus Drive, Suite 200 Melville, NY 11747 Our File 25241

### **County Legislators Approve Earned Paid Sick Time Legislation**

By Anna Young

The Westchester County Board of Legislators last Monday approved a measure that entitles workers to earned paid sick time.

Lawmakers voted 12-5 along mainly party lines in favor of the Earned Sick Leave for Certain Employees Act. Democrats who supported the measure maintained the bill addresses a public health and safety issue and will protect employees who are too sick to come to work from being penalized by their employer.

"We don't want people to come to work sick because we know that sickness obviously is contagious and people who come to work sick very frequently infect other people," Legislator Catherine Borgia (D-Ossining) said. "By passing this legislation we say loudly and proudly to workers everywhere in Westchester County your health and your well-being matters."

With about 36 percent of the Westchester workforce lacking paid sick days, the legislation ensures that businesses with five or more employees provide workers a minimum of one hour earned paid sick time for every 30 hours worked. The time can be used for either physical or mental illness and also provides sick leave to employees who

need to care for an ill family member.

Westchester joins New York City as the second jurisdiction in the state to have a sick leave law. Similar legislation was approved and enacted in Washington, D.C., Seattle and San Francisco along with seven states, including Connecticut and Massachusetts.

Borgia, who introduced the bill in 2015, acknowledged that businesses will face a cost in providing paid sick time to employees. But employers in other jurisdictions where similar laws were approved did not have negative financial repercussions but found an increase in employee productivity, Borgia said.

The bill will also prevent employers from firing workers who take their earned sick time.

"The people who are least likely to have the ability to take off when they're sick are people who deal most directly with the public," Borgia said. "Fifty-four percent of people in the service industry do not have the opportunity to take paid sick time."

At a press event last Monday ahead of the evening vote, lawmakers were joined by union members and county employees who strongly supported the law.

While every member of the Democratic Caucus co-sponsored the

act, Legislator Kitley Covill (D-Katonah) was the sole Democrat to join the board's four Republican lawmakers in voting against the bill.

Covill said that while she wanted to support the bill, small business owners in her district expressed to her how the law would be costly and burdensome. Legislator David Tubiolo (R-Yonkers) echoed similar remarks. stating how small businesses and large corporations should not have been grouped together when crafting the law.

Both legislators said they tried to negotiate for a compromise, but not enough changes were made to earn their vote

"I think that a scale system would have been something more reasonable for small businesses," Tubiolo said. "I do agree with our friends in the unions and everyone else involved that paid sick leave should be accessible but with reason to small business. I completely agree with the concept, I was just hoping for a little bit more compromise."

Legislator Michael Kaplowitz (D-Somers), who supported the law, said he was disappointed that the board's leadership didn't work effectively with Republican lawmakers. Despite his support, he admitted concern with the bill, stating how it's an assault on small



Supporters of the Earned Sick Leave for Certain Employees Act celebrate the passage of the legislation last week in White Plains.

business.

Board Chairman Ben Boykin (D-White Plains) said there is an exponentially greater cost in human and financial terms when people work when they're sick. Individuals who go to work when they shouldn't cost the economy about \$150 billion a year, Boykin said.

"We don't want individuals going to work sick because it not only affects other workers it could affect the customers in that establishment," Boykin said. "We've done something that I think is good for the workers, the families, businesses and I believe this basic level of protection is important for all people in Westchester County."

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### **Editorial**

### Mt. Kisco's Solar Panel Law Debate Isn't the Only Thorny Issue

There are a couple of key issues that have cropped up in the weeks since discussion of Mount Kisco's proposed solar power legislation.

One is the sum and substance of the legislation itself, which has stoked passion among a small and persistent group of village residents who have legitimate worries that ground-mounted solar panel arrays in the Conservation and Preservation districts could be troublesome to the environment.

There's a growing demand and market for renewable energy sources and municipalities such as Mount Kisco are rightfully exploring all avenues to promote wind, or in this case, solar.

The potential revisions discussed last week, an apparent tightening of regulations for the installation of ground-mounted systems larger than 1,000 square feet in the Conservation and Preservations districts, seem to make the law more palatable. It is important to note that if as a county, state and nation we want to rely more heavily on renewable energy sources, there are going to be instances when

solar panel arrays are installed in areas that may not always be shielded from view.

The other issue cropped up last week when village resident Brian Liebman questioned whether it is ethical for Doug Hertz, the village's Planning Board chairman and president of Sunrise Solar Solutions, to have his company propose the solar project at Oakwood Cemetery. It is the project that concerns the legislation's opponents.

Liebman contended that the impetus for the solar legislation may have been the Oakwood project.

To his credit, Hertz has been up front and transparent that Sunrise Solar Solutions is his company and recused himself from the start without hesitation.

But there's a greater issue than stepping aside from the project's review and vote. If approved, it gives the appearance that Hertz's company, and by extension himself, has profited perhaps because of familiarity with the village.

The explanation from a couple of

Village Board members and Hertz last week that many other boards have professionals such as attorneys, engineers or architects is not really a strong argument. Many professionals who serve on boards have had to recuse themselves on a project because they know or may have represented an applicant in the past. However they don't still have a chance to benefit once they aren't involved.

Furthermore, we're not talking about enlarging a deck or building an extension on one's house, applications that are extremely commonplace.

It is surprising the Village Board didn't anticipate this matter and look for an alternate solution, even if the Oakwood proposal was Hertz's or his company's idea. It's also not to impugn Hertz who has violated no law.

But in a time where citizens are sensitive to the potential of officials enriching themselves through their public service, there should have been another option explored to pursue this project.

### **Letters to the Editor**

### Doing the Right Thing is Always a Priority for DiLeo

As the familiar quote by John Wooden goes: "The true test of a man's character is what he does when no one is watching."

I believe that when evaluating a candidate and deciding who to vote for, knowing who a person truly is can only be seen while no one is watching. For that reason, I would encourage you to get to know the Gina DiLeo, a Mount Kisco trustee candidate, that I know.

While no one was watching, I had the privilege of having her help me colead a Girl Scout troop. Before she even registered to be a leader, she would be at our planning meetings, giving us ideas and insight from her Girl Scout days not because she had to but because she believed in the mission and benefit of being a Girl Scout. As a leader, she not only chaired our nut and cookie sales, she

was one of our top sellers. She impressed our girls about the importance of being proud of the uniform they wore in spite of the lack of trendiness. She encouraged the girls to be prompt, prepared and ready to do all of our activities. She played an integral role in helping us coordinate field trips, especially to the firehouse which all of our families enjoyed.

While no one was watching, I saw her taking care of her sweet mother tirelessly who suffered from Alzheimer's. That meant many late nights, navigating myriad obstacles just so she could go to work. One of the most astounding things to me was that she was (and still is) an advocate for Alzheimer's research. Each year she would organize a race team to walk in her mother's honor. Whether one or 50 attended, Gina was there, walking

to advance the research of a debilitating disease that her mother would not benefit from but others would. So she walked.

I could go on. These two small examples show Ms. DiLeo's determination, grit, tireless devotion and true love of humanity. Her service to the Mount Kisco Fire Department, the Mount Kisco 9/11 Memorial, Girl Scout Troop 1177 and her role as a 911 emergency dispatch supervisor demonstrates her love for humankind, her devotion to her hometown and her ability to handle situations even when no one is watching.

I hope you will vote for Gina DiLeo on Nov. 6 because while no one is watching, she will be 4MK!

> Jessica Cambareri Mount Kisco

### DiLeo's Dedication to Community Would Serve Mt. Kisco Well

I am happy to endorse Gina DiLeo for village trustee in Mount Kisco. I have known Gina for 39 years and know firsthand she is a dedicated individual. I've watched her become well-known throughout the community. Whether it is helping to build and maintain the 9/11 Memorial, achieving the rank of lieutenant with the fire department or

selling cookies with the Girl Scouts at the train station, she is always devoted and committed.

Gina was born and raised in Mount Kisco. She is a Westchester County 911 dispatcher, realtor, volunteer firefighter and a Woman of the Year for the Italian American Club of Northern Westchester. Gina was chosen by the independent 4MK party because of her strong work ethic. She also possesses great motivation and desire to make Mount Kisco a wonderful place to live.

Leigh Valvano Golden's Bridge

### **Guest Column**

## Tanks for the Memories: The Lessons From the Prague Spring

For us Boomers, 2018 is the year of many jubilees marking pivotal events of our era.

The 50th anniversary of the Soviet invasion of Czechoslovakia to crush the movement known as the Prague Spring was marked on Aug. 21. The Moscow-led invasion was the reaction to Alexander Dubcek, leader of Czechoslovakia's Communist Party, who initiated a project of liberalization that he believed would offer "socialism with a human face."

Under his project of liberalization, there was a rebirth of political and cultural freedom long denied by party leaders loyal to Moscow. Where the free press flourished, artists and writers spoke their minds. Dubcek challenged Moscow's hegemony by attempting to create "a free, modern and profoundly humane society."

Dubcek's Prague Spring soon ended as Soviet T-54 tanks crushed the rebellion. The numbers vary as to how many civilians died as a result of the invasion, with estimates ranging from 80 to several hundred. In the ensuing months, scores of civilians were arrested and thousands were sent for "reeducation" under the normalization program. The result was that hope was replaced with despair, fear and resignation.

While the Czechs woke up to the sound of tanks, American Baby Boomers woke up to The Rascals' hit song "People Got to Be Free" that debuted in August 1968. The Czechs did not offer any resistance, knowing well how the Soviets had responded with brutal force when other satellite Soviet states fought back in East

Germany in 1953 and Hungary in 1956.

The Czech dissidents were not alone in their protests. Across the western world students on college campuses from Berkeley to Paris were in revolt. America experienced the assassinations of Dr. Martin Luther King, Jr. and Robert F. Kennedy, the war in Vietnam raged on and there was the infamous Democratic Convention in Chicago.

In this universal solidarity of protest against "repressive governments," there was also a contradiction of sorts. The Czechs were protesting against a tyrannical and repressive form of Soviet socialism that silenced free speech, free thinkers and artists and a political system that afforded no democracy or say in electing its leaders. And, if ever challenged, discourse was never an option; the response to dissent was simply T-54 tanks and reeducation centers.

In America, the founding nation of modern democracy with its numerous freedoms, the radicals of the 1960s sought their own forms of protest in riots, sitins, bombings, demonstrations, the burning of draft cards and bras and so on. Sometimes the National Guard was called in to restore order. Ironically, the Czechs were seeking the same freedoms that were so commonplace in America.

We all chant the mantra of freedom, though often lose sight of the fact it is relative; one man's freedom is another man's bondage. A simple example just to illustrate the point is the playing of loud music of your choice in a public area without concern for all within earshot.

This is a fundamental problem for free societies. Would society be better served if everyone was allowed to conduct themselves as such? Should governments enact laws as to what music we can listen to? Should governments be the teachers of ethics, moralities and social protocols? Or should they simply enact decibel level laws?

America was in shock at the tyranny imposed by Moscow. With our saber-rattling bravado, the American establishment shouted this would never happen in America.

What short and selective memory spans we Americans have. A very sad footnote in America's history was an incident that occurred in January 1932, when President Hoover ordered Gen. Douglas MacArthur to disperse a crowd of veterans by force in Washington.

When destitute World War I veterans and their families marched on Washington to demand bonus money for having served in the military and the bonus money bill was defeated 62-18, the veterans were still camped out in Washington. President Hoover ordered the Secretary of War to disperse the veterans and families. MacArthur led an army of cavalry, infantry, tanks and machine guns to clear the destitute ranks; even the police joined in to shoot and kill a number of peaceful protesters.



By Richard Cirulli

Washington resorted to guns and bullets to quell Americans.

This is no isolated event. A similar scenario occurred in 1893 with Coxley's Rebellion. After years of economic growth, the bottom fell out of the credit market resulting in record levels of unemployment. Jacob Coxley, a successful Ohio businessman, and his supporters marched on Washington to assist

humanity in distress. Coxley's goal was to present Washington with his economic plan to have Washington hire the unemployed to work on much-needed public infrastructure.

When he arrived in Washington on May 1, 1893, his army was greeted by police who clubbed his supporters and Coxley was sent to jail. Did I hear someone whisper Tiananmen Square? Coxley was fighting for the needs of his fellow humanity.

Where do we Boomers sit? Do we see history bent on repeating itself? Can we tell which side of democracy we see our futures focused on now?

Dr. Richard Cirulli is a retired professor of business, consultant, writer, playwright, innocent bystander and critic at large. He is also the author of "The Songs of Roland." He looks forward to your comments at profcirulli@optonline.net.

### Letters to the Editor

## Murphy's Claim of Supporting Women Doesn't Include Reproductive Rights

I am writing in response to last week's Examiner article "Harckham, Women's Rights Advocates Press for Reproductive Health Act." In the article, state Sen. Terrence Murphy tries to cherry-pick legislation "as evidence that he has supported issues important to women," while trying to evade responsibility for his refusal to safeguard our access to essential reproductive health care including safe, legal abortion.

The reality is that because Sen. Murphy chose allegiance to the Senate Majority Leader rather than New York's women, the Senate was able to spend years stalling common-sense reproductive health care legislation preserving safe, legal abortion and affordable contraception. Now with the federal administration's unprecedented assault turning back the clock on our health care and rights, it's finally apparent that there are no safe spaces for women's health

care, not even in New York with our long history of progressive action for women.

Sen. Murphy likes to claim he voted for the Women's Equality Agenda, but he chooses to ignore that he refused to vote for the most important provision – safeguarding safe, legal abortion in our state. Sen. Murphy, you can't claim to support women unless you trust them with their own health care.

Unlike the women of this state, Sen. Murphy decided that he had a choice – to play politics with our health care and to refuse to grant us autonomy over our very own bodies. The one remedy we have to curb such overreach is the power to vote.

Robin Chappelle Golston Board Chair, Planned Parenthood Empire State Votes PAC

## 40th Senate District Needs Harckham in Order to Pass Reproductive Health Act

In the event Roe v. Wade is overturned by the new U.S. Supreme Court, New York State can protect women's reproductive rights with the Reproductive Health Act (RHA), a bill that has passed the state Assembly several times in recent years only to be stalled in the Senate.

State Sen. Terrence Murphy (R-Yorktown), a member of the Senate Health Committee, has been complicit in keeping the RHA from a Senate vote. He has asserted that the RHA would allow women to have abortions at will up to full term. The language of the RHA, however, states that abortion after 24 weeks can only be performed when a woman's health or life is endangered by carrying the pregnancy to term or if the fetus is not viable.

Murphy also opposes the RHA on the grounds of religion, that he is a Catholic. Understandably, his Catholic teachings might make him personally averse to abortion; however, Sen. Murphy was elected to be a public servant. He has a duty to represent his constituents (among them the 80 percent of voters who advocate for women's right to choose) and not the Catholic Church.

A vote for Pete Harckham is a vote for the RHA, which would move abortion out of an antiquated 1970 law that put it in the state penal code and place it in the public health law code where it belongs. Abortion is health care, not a crime.

> Sara Campbell Croton-on-Hudson

### Mt. Pleasant Spirit Day Raises \$23G for Childhood Cancer Research

The Mount Pleasant Wildcats Youth Football and Cheer Organization raised more than \$23,000 while hosting its fourth annual Spirit Day on Sept. 30 at Westlake High School to benefit the Ty Louis Campbell Foundation (TLC).

The foundation is a nonprofit organization created by Cindy and Lou Campbell that funds innovative research and clinical trials specifically geared toward the treatment of the most aggressive childhood cancers. Their son, Ty Louis Campbell, was less than three years old in August 2010, when a mass was found at the base of his skull. Soon after, he was diagnosed with a rhabdoid tumor, a very rare and aggressive childhood cancer. Campbell died in October 2012.

More than 350 athletes in grades 1-6 participated in the event by "Going Gold," the official color signifying support for childhood cancer. The players wore gold socks and the cheerleaders wore gold ribbons to support the cause.

Surrounding schools and local businesses had embraced the cause throughout September by contributing through t-shirt sales, sponsorships and additional fundraising activities. Students also created fundraising stands and made signs to collect money for this important cause. About 50 student



Armonk's Danny McManus, second from left, and Nate Valich, second from right, who are both battling cancer, walk out onto the field with two Armonk Warriors players during the Mount Pleasant Wildcats Youth Football and Cheer Organization's fourth annual Spirit Day.

volunteers assisted during the day.

The fun-filled day of youth football games also featured a fall festival that included a DJ, fall plants and pumpkins for sale, games, face painting, concession stands, a wood-fire pizza truck, items for auction, raffles and apparel for sale. All proceeds are being donated directly to TLC for childhood cancer research.

Cindy and Lou were on hand to thank the community and discuss their organization's mission.

"As a parent, it is hard to fathom that children are being robbed of their lives from cancer, which is why it is



iena McClure Photos

The Armonk Warriors were one of many area youth football teams that participated in a full day of football and other events during the Mount Pleasant Wildcats Youth Football and Cheer Organization's Spirit Day. The event raised money for the Ty Louis Campbell Foundation, which helps fund research for childhood cancer.

imperative that we come together as a community to help raise the much-needed funding for childhood cancer research," said Mount Pleasant resident Lori Pfeiffer, the founder and event organizer for the TLC fundraiser at Mount Pleasant Spirit Day.

Pediatric cancer is the number one cause of death by disease among children, and almost one out of five children diagnosed with cancer do not survive more than five years. For those that do survive treatment, 65 percent will suffer from serious long-term effects. TLC seeks more effective, less



Some of the faces of childhood cancer.

harmful treatment options designed for children.

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### Where and How Should Your Television(s) Be Placed?

At the expense of giving away my age, I remember when a television set was a novelty.

I clearly remember the times when, as a child, my family would gather around our console radio set listening to Fanny Brice's "Baby Snooks Show" or I would listen on Saturday mornings to the children's show Let's Pretend" or join my mother in listening to the daytime radio series "Stella Dallas." I was perfectly happy to let my imagination take over where the sound waves left off.

But one night when my older sister and I were listening to an orchestral concert that was

simulcast on early television, my sister turned to me and said, "Just think, if we had a television set now, we'd be able to see them performing." All of a sudden, I felt cheated and I obsessed about the day when my parents could afford a television, which I remember as relatively expensive for the average family.

I can also recall when the first television set was purchased by a homeowner on our block in West Philadelphia. The whole neighborhood was invited over to watch the scary, early live show "Lights Out."

One by one, each family on the block purchased its own television, proudly announcing the event when it happened. I

The Home Guru



By Bill Primavera

think we were one of the last to get one. It was placed strategically as the focal point in the living room with all chairs angled to provide the best view. Replete with a rabbit-ears antenna on top, the living room television set did little to enhance the aesthetics of the space.

Integrating a television set into the interior décor in a pleasing way has always been a challenge, but that problem was eased somewhat when home designs began featuring family rooms and dens specifically intended for the family's relaxation and entertainment. In most homes

today, there are multiple TVs. When I lived in a five-bedroom house, there was as many as five. Even in my current two-bedroom condo, I have four sets – in the living room, my office and both bedrooms.

For many people the television is still a focal point in the living room, but finding a place for it without compromising the furniture arrangement and décor can be a challenge.

First, let's consider that it should be eye level so when you're seated you don't have to strain your neck or eyes by looking up or down at the screen. Usually that is about four feet off the ground. The best viewing distance is considered to be three times the

diagonal width of the screen.

If the television is your prime focus, it is best placed in the center of the seating area. If there is another principal focus in the room, such as a picture window or a mantel, the TV might best be placed on the adjacent wall so that both points can be viewed comfortably.

For those who don't like the television to be the living room's focal point, it can be disguised in one of those inventive coverings of a painting or concealed by placing it in a cabinet or armoire. If it's in a cabinet not intended for TV use, you would have to make holes in the back for cables and wiring.

To integrate the television in my living room, I place it on the bookcase cabinetry which is four feet high, placed on the same level as a collection of oil paintings hung on the wall above the bookcases.

Decorators would say this placement is too high for comfortable viewing and I was placing a big black hole as the room's main focal point. However, it is very frequently the placement of choice in most homes. After a while, I moved it to the end of the bookcase, in a corner, and it is still too high to view comfortably, but I endure.

In bedrooms, all bets are off regarding placement. There is no optimal way to watch television when you're prone in bed, unless you copy what hospitals do and suspend it on an arm from the ceiling.



BILL PRIMAVERA PHOTO

Donna McGevna of Yorktown Heights flips up her kitchen cabinet panel to reveal a concealed television

Just recently I visited the home of my accountant, Ken McGevna, to see that his kitchen television has been mounted so that it could be concealed by flip-up cabinetry. Such camouflage can also be utilized in dens or home offices.

Surrounded by televisions in my home, I nevertheless wish I could be less addicted to my two favorite stations: MSNBC and TCM that help me escape to flights of fancy.

Bill Primavera, while a publicist and journalist, is also a Realtor\* associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. (www. PrimaveraPR.com). To engage the services of The Home Guru to market your home for sale, call 914-522-2076.





### **Greeley Students on Mission to Highlight Stories of Human Rights Victims**

By Martin Wilbur

Jason Fine and Aaron Notis recognized that they and many of their peers were not as aware of certain historical events or struggles around the world as they should be.

The two Horace Greeley High School seniors have sought to change that. Over the past couple of years, they have invited two local Holocaust survivors to speak at the Boys & Girls Club and Temple Beth El of Northern Westchester in Chappaqua and to partner with Pleasantville's Holy Innocents Church with its lecture series, which has its own ongoing monthly speaker series.

Their goal is to bring the stories of human rights abuse victims to local venues to help residents understand their plight.

"I think it's really good that kids are getting exposed to them at this age because there are not going to be a lot of Holocaust survivors left (soon)," Notis said of the effort that they call the Diversity Liaison Initiative.

It's not just for students and they are now branching out on subject matter. This Sunday evening, they will again partner with Holy Innocents to present the next speaker, Rita Wagener, who grew up in Uganda when the country was ruled by dictator Idi Amin.

Fearing for her life, Wagener, who now lives in Connecticut, sought asylum and fled to Fairbanks, Alaska in 1982.

Fine said people of all ages and backgrounds in the United States aren't cognizant of the sheer volume of abuses around the globe. It may even be more pronounced in Westchester.

"There are still a lot of civil wars going on in places like Algeria and border

### Forum on How to Break the Gridlock in Congress on Oct. 11

The Northeast Westchester League of Women Voters and No Labels New York are cosponsoring a bipartisan discussion on Thursday, Oct. 11 at the Katonah Public Library at 7:30 p.m. on how citizens can energize the effort to break the gridlock in Congress.

The forum is presented by No Labels, a nonprofit organization dedicated to creating the politics of problem solving. Learn how voters from all parties have the power to make this happen. For more information, visit www.nolabels. org.

The Katonah Public Library is located at 26 Bedford Rd. in Katonah.

disputes and I think there are a lot of issues going on that we would like to cover or make people more aware of because we're not always exposed to the news," Fine said. "We live in a bubble in Westchester most of the time."

They learned that two Holocaust survivors, Peter Somogyi and Betty Knoop, live in Pleasantville and Armonk, respectively. They found out about Wagener through the Boys & Girls Club, Notis said.

The two students also look for venues to bring the speakers where the audience

may not be as familiar about the subject matter. Notis said there is something nice about inviting a Holocaust survivor to a church where the attendees can perhaps learn something they didn't know before.

But the bottom line is to bring these speakers to the public any way they can.

"It's really just having a platform at the end of the day, whether it be a church, the Boys & Girls Club," Fine said. "It's just giving a platform for these people to speak because that's what really matters."

Notis hopes that they can bring a different program to the area once every

two or three months. One possibility is having someone who escaped violence in the Middle East, but for now Notis and Fine are constrained to have speakers who live in or near the area.

"I think our speakers do a really good job of presenting their stories and making sure that the audience can understand what they are going through," Notis said.

This Sunday evening's program with Wagener is scheduled to begin at 7:30 p.m. The event is free and open to the public. Holy Innocents Church is located at 431 Bedford Rd. in Pleasantville.



## Hudson Stage's 'Constellations' to Take Audiences on Wild Ride

### By Martin Wilbur

When you buy a ticket to a Hudson Stage Company production, chances are you have never heard of the show's title unless you're a serious theater connoisseur.

But it's almost guaranteed the audience will see a top-notch production with outstanding performances.

The company, in its 20th season and calls Whippoorwill Hall in Armonk its home theater, continues the formula of bringing lesser-known works with important or timeless themes to local audiences by presenting "Constellations" for the first of nine performances starting

The play was written by English playwright Nick Payne and premiered in London in 2012. Since then it has enjoyed exposure throughout the U.S. and the U.K.

Director Mark Shanahan, who returns to Hudson Stage after leading "The Hound of the Baskervilles," said part of producers' Denise Bessette, Dan Foster and Olivia Sklar goal is to search for, develop and present original works that will have meaning for audiences.

"I think they really were enamored with the fact that 'Constellations' is not only a play that has great depth and at times is kind of heady and is kind of full-filled with things about science and

parallel universes and things like that, but it's also a great romance and a very moving play as well," Shanahan said.

two-character production, The starring Faith Sandberg and Ben Williams as Marianne, a physicist, and Roland, a beekeeper, respectively, follows the couple at various points of their relationship throughout their lives. They meet at a party, fall in love, get married and have their ups and downs like most people, but the choices they make have repercussions.

"It's a play that I think takes most audiences on a wild trip," Shanahan said. "We see the two characters, Marianne and Roland, meet in several different alternate realities and timelines and the thought that no matter what happens there will be certain things that will always happen. They will always meet, they will always fight, they will always love, there will always be some sadness, there will always be some joy, but certain things will always happen to them. But depending on the choice they make things go very differently."

Sandberg, who has compiled an impressive list of credits in theater around the country along with roles on film and television, including appearing on the recent "Murphy Brown" pilot on CBS, said the character Marianne forces her to use all of her talents, which



Actors Ben Williams and Faith Sandberg star in Hudson Stage Company's upcoming production of "Constellations" at Whippoorwill Hall in Armonk. The first of nine performances begin on

includes some comedy, romance and drama as well as performing flashback

"It really forces me to take things to the next level, so I'm really excited about that, although doing a two-hander (a two-character play) is really very exciting for an actor," said Sandberg, who will be making her first appearance for Hudson Stage.

"I think it's a beautiful piece for right now," she continued. "I think we need a love story and the question is do we have control over our future or do we just move along to a greater design."

Shanahan said the play, which lasts about 90 minutes with no intermission, requires two savvy and adept actors. Sandberg and Williams fit that description, he said.

"Faith is one of those actors that you (say) 'Please do this next project with me," Shanahan said.

"Constellations" will be performed on Friday and Saturday evenings and Sunday afternoons from Oct. 19 through Nov. 3. Evening performances begin at 8 p.m. and matinees start at 3 p.m. The final day, Nov. 3, there will be both an afternoon and evening show. Tickets are \$40; seniors and students receive a \$5 discount. To buy tickets, call 800-838-3006 or visit https://www. brownpapertickets.com/event/3580951. For more information, visit www. hudsonstage.com.

Whipporwill Hall is located at 19 Whippoorwill Rd. East in Armonk at the North Castle Public Library.



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Dorry's Diner	468 Mamaroneck Ave., White Plains, 10605	10/17, 10/24, 10/31, 11/7, 11/14, 11/28, 12/5,	9:30 am
Seven Brothers	900 Saw Mill River Rd., Yonkers, 10701	10/18, 10/25, 11/1, 11/8, 11/15, 11/29, 12/6	9:00 am
Raceway Diner	833 Yonkers Ave., Yonkers, 10704	10/19, 10/26, 11/2, 11/9, 11/16, 11/30, 12/7,	9:30 am
City Limits	200 Central Ave., White Plains, 10604	10/16, 10/23, 10/30, 11/6, 11/13, 11/20, 11/27, 12/4	4:00 pm



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## Carlos Bernard Consultant/Businessman

#### By Martin Wilbur

Last year, Carlos Bernard was at a stage in life where others would eye retirement. Instead he sought to reinvent himself.

Bernard, a longtime co-owner of Sir Speedy printers in Pleasantville, decided to sell his share of the business after 26 years. He took a couple of months to figure out what he wanted to do, and while he wasn't looking for full-time employment, Bernard, now 71, hoped to find something that was fulfilling.

He found that in a part-time consulting role with the Institutes of Applied Human Dynamics (IAHD), a Tarrytown-based nonprofit that supports individuals with intellectual and developmental disabilities by providing programs, job training and residential options. There had been several other choices as well for Bernard but he decided to help the organization where had served as a member and later as co-chair of its Leadership Committee.

"Once I started I was hooked," he said.
"Once I saw the work that they were doing for the people that they were trying to take care of through programs and services,

it's just something that became very meaningful for me."

Bernard's role, where he supports the communications and marketing director, has been to help identify various funding sources, including grants, and to raise the profile of the organization. He recommended to IAHD's leadership to hire a professional grant writer in hopes of capturing some of the funding opportunities available to the organization.

IAHD operates 32 residences for its clients, 13 in Westchester, the remainder of them in the Bronx and runs training sessions in the arts, culinary programs, a cleaning program and other occupations to develop their skills that could lead to part-time employment and a satisfying life. The organization also provides recreation and cultural opportunities, including trips to museums, ball games and retreats upstate.

Bernard said IAHD takes care of people on the entire spectrum from highfunctioning individuals with autism to those with severe disabilities.

But there are challenges beyond financial considerations. Retaining direct support

professionals is one obstacle, since many salaries are as low as \$13.50 an hour. Also, many employers are leery of adding someone with disabilities to their staff. Part of IAHD's mission is to help to break down those barriers, Bernard said.

"I can't begin to tell you that people have a concern about hiring someone with a disability, maybe because they don't know

how a person is going to perform in some instances because they don't understand that we just don't send people out," he said. "They go with someone that's going to be working (with them) and to me doing something that's going to be a win-win situation."

For last month's Pleasantville Rotary Pancake Breakfast, Bernard recommended bringing along a young man who has dreams of becoming a chef. He helped with the cooking for the breakfast and was "the hit of the kitchen," Bernard said.

"That's part of the challenge also, to look at individuals with disabilities for who they are and for the fact that they have talents they can contribute, that they're entitled to lead meaningful lives just like everybody else is," he said.

Bernard was born and raised in Washington Heights in upper Manhattan. After graduating from Iona and earning his masters from the University of Kentucky, he initially banking indu After var in internati Bernard me

he initially went into the banking industry.

After various positions in international banking, Bernard met up with a business partner and went into the garment industry. He eventually sold his stake after about seven or eight years. Bernard was then looking for another business opportunity and found the Sir Speedy chain, figuring at the time the printing

business would have fewer peaks and valleys.

A Westchester resident since 1980 with a wife and two grown sons, Bernard loves playing tennis, spending time with family and enjoys traveling, although he and his wife have had their adventures somewhat curtailed because Bernard's 98-year-old father is living with them.

His family is planning to visit Puerto Rico this winter to visit Bernard's 96-yearold aunt.

But he receives plenty of satisfaction from helping to contribute to an organization in IAHD that he truly believes in.

"I want people to understand the importance of the work that we do and to consider getting on board in terms of a supporter and eventually a donor," Bernard said. "We're always looking to bring people on board to our Leadership Committee, to get involved in hoping to fundraise and to make my life a bit easier."



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### **Pace Unveils New Center to Help Students Realize Career Goals**

#### **By Anna Young**

Pace University held a special celebration last week showcasing a new building aimed at helping students acquire internships and advancing their careers after college.

Representatives from Pace University were joined by students, faculty and elected officials last Wednesday as they unveiled their new career center located on the Pleasantville campus. The new 3,500-square-foot space in Paton House boasts the latest technology and relaxed, private interview rooms where advisers work with students on job placement.

Phyllis Mooney, executive director of career services at Pace, said she has wanted to open this facility for seven years. With a previous career services office that was difficult for students to access, she said advisers would have to travel the campus to meet with students in various buildings.

"Now we're here in a centrally located space and that was really important," Mooney said. "We're accessible to every single student and we're just so accessible that they're with us through their entire journey at Pace and beyond."

The renovated 18th century stone barn, directly across from student housing, features bright, open spaces, soundproof glass, full-wall sliding doors and modern furnishing. The roughly 14 private rooms designed for career services contain computers, desks and virtual



ANNA YOUNG PHOTO

Executive Director of Career Services Phyllis Mooney, center, gets ready to cut the ribbon for the new career center on the Pace campus. She is surrounded by local officials and Pace administrators and

technology to be used for interviews with potential employers. The building also has conference rooms and gender-neutral bathrooms.

"We really brainstormed on what this facility should look like and we wanted it to be different," Mooney said. "We wanted a very open and transparent space with spaces in the middle where students, advisers and executive boards can collaborate. It was designed for the students with the assistance of students in mind."

While the university held a ribbon-

cutting ceremony last Wednesday, Robina Schepp, vice president of enrollment management, said the facility opened in January for student use. She said more than 1,000 students have utilized the facility in that time to meet one on one with a career counselor.

"Our best practice career services team, which includes many experienced professionals from the Westchester business community, works with Pace students from resume to job offer to prepare them for their first and future careers," Schepp said.

Last year, she said students had access to more than 8,600 employers and 2,500 jobs and internships.

Mooney said she hopes that when students are successfully placed in a career that they come back to the facility and provide future Pace graduates with job opportunities. But for now, she's proud to have been a part of advancing student services on campus.

"I'm so honored that I have the support of the Pace community to build the space in the way that we wanted," Mooney said. "It really speaks to what Pace stands for and what they prioritize, and the fact that they were so thoughtful and generous in the building of this space says a lot about what career preparation and placement means to the community and our history."

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## Fall into Birding: Bostonian Condors and Other Autumnal Musings

#### By Brian Kluepfel

Here's a conversation starter in Gotham: Why should New York birders root for the Red Sox to win it all this season?

The logic is simple: The Sawx's star pitcher is Chris "The Condor" Sale, who at 6-foot-6, resembles a massive bird when he folds his arms into that somewhat ungainly inverted-W shape and lets fly.

He's been called The Condor since his days with the Chicago White Sox and since there are no "bird" teams left in the Major League Baseball playoffs, I'm for The Condor. (I know, the Yankees have

Greg Bird, but that's kind of generic, and he didn't make the postseason roster. And may I interject, Steinbrenner was always, always a jerk.)

But when I'm not insulting Yankee fans and breaking down fences, I'm crossing rivers and county lines to make amends and new friends. Last Friday we jumped on the New York Waterway ferry in Ossining and 15 minutes later touched down in Haverstraw, Rockland County, where we gave another presentation on the Birds of Ecuador to a rapt Rockland

Audubon gathering.

The important thing as a presenter of bird-themed shows is to ensure that you say little and refrain from blocking the screen because the birds really are the stars of the show. (Me versus a plate-billed Mountain Toucan? No contest). Thanks to Rockland Audubon for having us, and to the Ossining Public Library and Saw Mill River Audubon for setting up the first event on Sept. 25. And to my lovely wife Paula, the technical wiz behind my incessant chatter.

If you can't go to Ecuador and see condors, hummingbirds and toucans, there is plenty of birding to keep you

happy right here in the Hudson Valley. It's fall migration season and hawks are flying some days by the hundreds over

Hook Mountain while warblers make their colorful way back to their Latin American wintering grounds. (Did ever wonder where the term snowbird came from?)

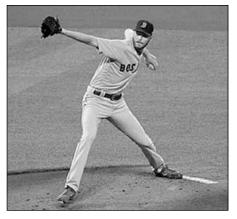
On Saturday, still riding a high from our Ecuador presentation, I visited Mariandale with a fellow Saw Mill River Audubon member. We saw dozens of



If you look closely, you may be able to notice a faint resemblance between the condor and Boston Red Sox pitcher Chris Sale.

pine warblers, yellow-rumped warblers, a handful of northern flicker and blue jays and nice one-offs like an eastern phoebe and a white-breasted nuthatch. My friend had to then rest because he had been at Croton Point earlier in the day and seen even more birds. Being a Red Sox fan, he had to get ready for Saturday night's Game 2 against the Yankees. (The Condor pitched an effective game on Friday and won the series opener in Fenway Park to the delight of Bostonians, as well as non-Bronx-born ornithologists everywhere.)

There's lots of movement out there in



the crisp fall air as we march toward the World Series, a dreary football season for New Yorkers and an expectedly poisonous election cycle. You can escape all the noise by going out and looking at the birds: they know no borders and only look for a bite to eat and a safe resting place each night for themselves and their families. We should all live so simply.

Viva el Condor!

Brian Kluepfel is a Saw Mill River Audubon board member and Lonely Planet travel correspondent. He blogs at www.brianbirdwatching.wordpress.com. Check out Saw Mill River Audubon events atwww.sawmillriveraudubon.org.

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#### **LEGAL NOTICES**

NOTICE OF FORMATION OF SHED-EZIGNS2 LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on June 14, 2018. Office location: Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to: The LLC, 11 Field Street, Peekskill, New York 10566. Purpose: For any lawful purpose.

NOTICE OF FORMATION OF FELINE VETERINARY MEDICAL CENTER, PLLC, Arts of Org filed with Sec. of State of NY (SSNY) 8/2/18. Office: Westchester County. SSNY has been designated for service of process & shall mail process to 10 Brady Lane, Somers, NY 10589. Purpose: Veterinary Medicine.

NOTICE OF FORMATION OF EVO-LUTION LOCKSMITH, LLC a domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State of NY on August 08, 2018. The office of this LLC is located in Westchester County. Secretary of state is designated as agent of the LLC upon whom process against it may be served. Secretary of State shall mail a copy of any process against the LLC to 90 Stratford Ave., White Plains, NY 10605. The purpose of the LLC is to engage in any lawful act or activity.

MARK WHALING being a natural person of at least eighteen years of age and acting as the organizer of the limited liability company formed under Section 203 of the Limited Liability Company Law of the State of New York certifies that the name of the limited liability company is Whaleshark, LLC. The Articles of Organization were filed with the State on August 31, 2018. The purpose of the limited liability company is to engage in any lawful act or activity within the purposes for which limited liability company companies may be organized pursuant to Limited Liability Company Law. The office of the limited liability company is to be located in Westchester County. The address of the limited liability company is 10 Ormond Place, Rye, NY 10580. The Secretary of State has been designated as agent of the

LLC upon whom process against it may be served.

NOTICE OF FORMATION OF SHAK-ER WAY LLC. Articles of Organization were filed with the SSNY on 9/12/18. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to SHAKER WAY LLC 4 New King Street, Suite 140, White Plains, NY 10604. Purpose: Any lawful act or activity.

NOTICE OF FORMATION OF SUM-MIT GENERAL CONSTRUCTION LLC. Art. Of Org. filed with SSNY on 9/11/2018. Office Location: Westchester County. SSNY designated as agent of the LLC upon whom process against may be served. SSNY shall mail process to 7 Arbor St, Yonkers, NY 10701. Purpose: any lawful purpose.

NOTICE OF FORMATION OF SU-PRANOWITZ CONSULTING LLC. Articles of Organization were filed with the SSNY on 9/13/18. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to 190 Lake Shore Drive Pleasantville NY 10570. Purpose: Any lawful act or activity.

NOTICE OF FORMATION OF META-CR, LLC,. Consulting Co. filed with SSNY on 9/17/2018. Office location: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Meta-CR, LLC, 591 Warburton Ave., Ste. 373, Hastings-on-Hudson, NY 10706. Purpose: any lawful act or activity.

NOTICE OF FORMATION OF QUINN AIR LLC. Articles of Organization were filed with the SSNY on 7/27/18. Office loc: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to 529 Rockland Ave., Mamaroneck, NY 10543. Purpose: Any lawful act or activity.

IN THE SUPERIOR COURT OF HEN-RY COUNTY STATE OF GEORGIA CIVIL ACTION FILE NO. 2018-CV-1751-AM REMONNE JOSEPH Plaintiff v. JOSEPH PIERRELUIS Defendant NOTICE TO: JOSEPH PIERRELUIS BY ORDER of the Court for service by publication dated September 12, 2018 you are hereby notified that on, June 18, 2018 REMONNE JOSEPH filed suit against you for divorce. You are required to file with the clerk of the Superior Court, and to serve upon Plaintiff's attorney, EM-METT J. ARNOLD, 30 Woodruff Street, McDonough, Georgia 30253 an answer

continued on next page



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## P'ville Farmers Market's Annual Apple Pie Contest This Saturday

This Saturday, Oct. 13, local home bakers will bring their finest apple pies to the Pleasantville Farmers Market. After a lively competition, champions in each of three categories will bring home a gift basket, a medal and bragging rights for the next year and market shoppers will have the chance to indulge in a variety of delicious apple desserts.

The Phelps Annual Apple Pie Contest is a highlight of the market's culinary programming. All Health & Sustainability and Culinary events – which include a corn roast, apple tasting and chef demonstrations – are made possible thanks to generous support from market's lead sponsor.

Pie bakers and pie eaters look forward to this event with great anticipation.

"We try to create something close to a state fair-type of contest, but on a smaller and friendlier scale," said local cookbook author and event committee member Suzy Scherr. "To be deemed the best by our panel of judges means you are a very good baker."

Participants must be amateur home bakers and their pie must be made entirely from scratch by the person entering the contest. Only one



The Pleasantville Farmers Market apple pie contest is one of the highlights of the outdoor market season.

submission is permitted per household. Entries are accepted until 9:45 a.m. this Saturday. Announcement of the winners is expected at 11a.m.

The three categories are Best All-from-Scratch Two-Crust Apple Pie; Best All-from-Scratch One-Crust Apple Tart, Crumb, or Crisp; and Best All-from-Scratch Apple Pie by a Junior Chef (18 and under). The entry fee is \$5

payable the day of the event.

Entries are judged on several details, including appearance, taste and evenness of baking.

"Some past entries have looked very fancy, but have lost because of areas of undercooked or burned crust – or overcooked apples," says event committee member Ali Serebin. "Our judges pay special attention to texture and baking skills."

That said, event committee member Catherine Sabol emphasized, "We celebrate everyone who puts their pie out there. Every slice is sold and enjoyed. Our participants should all be proud of their culinary skills."

Money raised from entry fees and slices sold goes to the nonprofit Pleasantville Farmers Market Scholarship Fund, which is awarded annually to a graduating Pleasantville High School student on the basis of community service in areas of environmental stewardship, education and leadership.

Each winner receives a Pleasantville Farmers Market canvas tote bag stuffed with products donated by some the market's 56 vendors.

"Whether you're a pie baker, a pie eater, or both, you'll enjoy the Phelps Annual Apple Pie Contest," said Stephen Bates, executive director of market operations. "This wonderful community event is always a great way to celebrate the harvest season."

From more information, including rules for the contest, contact bessie@ pleasantvillefarmersmarket.org. The rain date is Saturday, Oct. 20.

## MENS MENSO

## EXAMINER MEDIA Clässifieds

continued from previous page

in writing within sixty (60) days of the date of the above-referenced order. Witness the Honorable Arch W. McGarity, Chief Judge of the Henry County Superior Court, McDonough, Georgia. This 12th day of September, 2018. Barbara A. Harrison, Clerk Henry County Superior Court.

NOTICE OF FORMATION OF CTP CONSULTING LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 9/25/18. Office location: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served and shall mail copy of process against LLC to 7 Mid Place, Chappaqua, NY 10514. Purpose: Any lawful act or activity.

NOTICE OF FORMATION OF BB GRANT EDUCATORS, LLC, Filed with SSNY on September 18 2018. Office: Westchester County. SSNY is designated as agent and shall mail process to BB GRANT Educators, LLC 465 S. Lexington Ave., White Plains, NY 10606 Purposes: any lawful act or activity.

NOTICE OF FORMATION OF 255 EAST 45 STREET LLC. Articles of Organization were filed with the SSNY on 9/28/18. Office location is Westchester County. SSNY designated as agent of

LLC upon whom process against it may be served. SSNY shall mail process to 255 EAST 45 STREET LLC 4 New King Street, Suite 140, White Plains, NY 10604. Purpose: Any lawful act or activity.

NOTICE OF FORMATION OF VAST VIDEOGRAPHY, LLC. Articles of Organization were filed with the SSNY on 8/10/18. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Vast Videography, LLC, 24207 Town Green Dr., Elmsford, NY 10523. Purpose: Any lawful act or activity.

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# Happenin8s

Tuesday, Oct. 9

**DIY Paper Bag Monster Puppets.** Get ready for Halloween by creating your very own paper monster puppets. For children four years old and up. (Children younger than five must be accompanied by a caregiver.) Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Registration required. Info and registration: 914-864-0130.

English Conversations. For speakers of other languages seeking to improve their English. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkiscolibrary.org.

Italian Language and Culture. Mara De Matteo, born and raised in Italy and passionate about her native language, combines lively conversation with grammatical instruction in her classes. She creates interactive lessons on the richness of Italian culture, past and present. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6:30 p.m. Every Tuesday. Info: 914-273-3887 or www. northcastlelibrary.org.

Current Affairs Book Club. "Believe Me: The Evangelical Road to Donald Trump" by John Fea will be discussed. "Believe me" may be the most commonly used phrase in Donald Trump's lexicon. Whether about building a wall or protecting the Christian heritage, the refrain is constant. To the surprise of many, about 80 percent of white evangelicals have believed Trump - at least enough to help propel him in the White House. Fea, a historian and evangelical Christian, is not surprised and explains how we have arrived at this unprecedented moment in American politics. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6:30 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.

**Open Book Series.** "Educated" by Tara Westover will be discussed. Led by Christine Bobkoff. New Castle Town Hall Conference Room C, 200 S. Greeley Ave., Chappaqua. 7:30 p.m. Free. Info: 913-238-4779 or www.chappaqualibrary.org.

#### Wednesday, Oct. 10

Anti-Sexual Harassment Employers Training Seminar. In April, New York passed a new law, which takes effect this month affecting how sexual harassment cases are settled. Guest speaker Dawn J. Lanouette, a partner at Hinman, Howard & Kattell LLP, will share best practices for updating policies and training, address questions and concerns and will help make sure your company is prepared to comply with the law. Presented by the Westchester County Association in partnership with the Westchester County Bankers Association. 1133 Westchester Ave., Lobby Level Conference Center, White Plains. 8 to 10 a.m. WCA and WCBA members: Free.

Non-members: \$25. Info and registration: Visit www.westchesterbankers.com.

**Zumba Fitness.** Achieve long-term benefits while having a blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life. For all fitness levels. Dance Emotions, 75 S. Greeley Ave., Chappaqua. 9.a.m. Every Monday and Wednesday at 9 a.m. and Saturdays at 10 a.m. Drop in or weekly discount rates available. Info: Contact Peggy at 914 960-

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10 to 10:30 a.m. Free. Every Monday and Wednesday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

New Mommy and Daddy Meet-Up. Whether it's your first child or your fifth, this is a great way to get out of the house, meet new friends and enjoy time with your baby. World Cup Nursery School, 160 Hunts Lane, Chappaqua. 10:25 to 11:10 a.m. Free. Every Wednesday. Info: 914-238-9267 ext. 20.

Toddler Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10:30 to 11 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or www.mountpleasantlibrary. org.

Senior Benefits Information Center. Counselors offer older adults one-on-one counseling covering a broad range of topics including Medicare health and prescription plans, food stamps, HEAP, EPIC, weatherization, minor home repair and tax relief programs. Mount Kisco Public Library, 100 Main St., Mount Kisco. 10:30 a.m. to 1:30 p.m. Free. Every Wednesday. Info: 914-231-3260.

**Preschool Storytime.** This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 11 to 11:30 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or www.mountpleasantlibrary. org.

**Bilingual Storytime.** Sing songs and read picture books in English and Spanish. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Wednesday. Info: Visit 914-666-8041 or www.mountkiscolibrary.org.

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Martin Wilbur at mwilbur@theexaminernews.com.com.

Affordable Care Act Navigator. A trained navigator provided by the county Department of Health will be available to help people with choosing and signing up for health insurance under the Affordable Care Act and the state health marketplace. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 2:30 to 7 p.m. Free. Every Wednesday. Also Thursdays from 1 to 6 p.m. and Saturdays from 10 a.m. to 2 p.m. Appointment required. Info and appointment for Wednesday sessions: 914-336-6026. Info and appointment for Thursday and Saturday sessions: 914-813-5192

Knitting at the Library. Knitters and crocheters of all skill levels. For ages 10 and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 5:30 p.m. Free. Every Wednesday. Info: 914-864-8041 or www.mountkiscolibrary.org.

**Lego Club.** We provide the Legos, you bring your imagination. A fun-building club for students in grades 2-6. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 6 p.m. Free. Meets the second Wednesday of each month. Registration required. Info and registration: 914-864-8041.

Chess Workshop for Children. Come learn chess with the help of guided instruction and supervised play. Included will be the study of strategy and tactics to make you a better player. For children in grades 1-4. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 4:15 to 5:15 p.m. Free. Also Oct. 24 (at Valhalla branch). Registration requested. Info and registration: 914-769-0548 or www. mountpleasantlibrary.org.

Art Series: Leonardo da Vinci, Part II. The second part of this exploration of da Vinci's studies and preparatory works for some of his greatest masterpieces. Examine his early apprenticeship with Verrocchio as well as his drawings, paintings and sculptures for many of his various projects. Discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

From Murder to Museums: Current Controversies Over Nazi-Looted Art. Raymond Dowd, an attorney specializing in copyright litigation and Nazi art looting, will present an overview of art theft during World War II and look at how the sale of stolen works bankrolled large parts of the Nazi war machine. New Castle Town Hall Assembly Room, 200 S. Greeley Ave., Chappaqua. 7 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

"Science Fair." Hailed by critics as "brilliant and quirky" and an "ode to the teenage science geeks on who our future depends," this film follows nine high school students from around the globe as they navigate rivalries, setbacks, and, of course,

hormones, on their journey to compete at the International Science and Engineering Fair. Directed by duPont Award-winning and Emmy-nominated documentary filmmakers Cristina Constantini and Darren Foster, the film offers a front seat to the victories, defeats and motivations of an incredible group of young people who are on a path to change their lives, and the world, through science. Followed by a Q&A with film subject and teacher Dr. Serena McCalla and a reception. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7 p.m. Members: \$10. Nonmembers: \$15. Info and tickets: Visit www. burnsfilmcenter.org.

Separation/Divorce Support Group. A new group for men and women separated, in the process of separating or post-divorce. Establishes a safe place where attendees can deal with the pain and loneliness brought about by the ending of a significant relationship. This nondenominational group will use the 12 Steps to focus on its members and the choices made to cope and adjust. Lutheran Church of the Resurrection, 15 S. Bedford Rd., Mount Kisco. \$10. Every Wednesday. 7 to 8:30 p.m. Info: Contact Ilene Amiel at 914-980-0898 or e-mail 12stepdivorcegroup@gmail.com or visit www.meetup.com/Mount-Kisco-12-step-Separation-Divorce-Support-Meetup.

Candidates and the Environment. Candidates running for election at the state level will discuss environmental issues and take questions from the audience. In partnership with the Sierra Club Lower Hudson Group. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 7 to 9 p.m. Free. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

Bedford Chamber Concerts. The first concert of the 2018-19 season features the Bedford Chamber Ensemble with Music Director and keyboardist Anthony Newman performing Mozart's "Eine Kleine Nachtmusik" and "Sinfonia Concertante for Violin and Viola" and Beethoven's 5th Symphony. Refreshments will be served at intermission. St. Matthew's Church Fellowship Hall, 382 Cantitoe St. (Route 22), Bedford. 8 p.m. \$40 and \$45. Six-concert series: \$210. Info and tickets: 914-522-5150 or visit www. bedfordchamberconcerts.org.

411 Autism Talkbacks Forum. Guest speakers Robert Mascali and Rick Shonter from The Centers will discuss special needs trusts. Arc Stages, 147 Wheeler Ave., Pleasantville. 8 p.m. Free. RSVP required. Info and RSVP: E-mail marlenecanapi@arcstages.org.

Lucy's Laugh Lounge Comedy Night: Frankie and James Explain Things. Frankie Becerra and James Crowley are taking the time to explain some things to you. If you

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### Pets a Go Go Briarcliff Manor

#### **By Colette Connolly**

Doggie day care sounds like great fun. For the dogs that spend time at Pets a Go Go in Briarliff Manor, it actually is.

Established by Nicole Rigger, the facility has been the go-to service for many families in the area who are unable to care for their dogs during the day. It also helps dog owners who travel frequently and need a place for their pets to be taken care of in a safe environment.

In addition to offering daytime care for dogs, Pets a Go Go provides in-home pet sitting, private or group dog walking, running, on- or off-leash hikes and expert training, grooming and overnight care. Trained staff directly supervises at all times.

Rigger, a Chappaqua resident, opened the business in 2012. Before then, she had a dog walking service that enabled her to build a solid base of local clients. An unfortunate experience with a kennel made her realize that she could create a pet-sitting and dog-walking business of her own; one with a more personalized touch offering the kind of accountability that other pet care businesses lacked.

Six years later, Rigger is managing a thriving business that employs 30 people, including trainers, walkers and groomers. Her outfit cares for about 40 dogs a day of all sizes and many breeds.

"This is like one big pajama party for our dogs," said Rigger, referring to the playful atmosphere she provides.

Rigger gutted the building at the former stone yard and replaced it with a stateof-the-art facility that not only provides plenty of room for the dogs to play but is also equipped with natural materials, inside and out.

Open seven days a week year-round, Pets a Go Go has a philosophy that eschews cages, allowing the dogs to interact freely with each other in indoor and outdoor play areas that accommodate different size animals. The dogs in each group are supervised by a caretaker who encourages appropriate play.

The only instances you'll see a dog in a cage is when it is drying out after a



Pets a Go Go owner Nicole Rigger with one of her canine clients.

grooming session, is waiting to be picked up by an owner or if it's participating in a housebreaking training schedule.

Before a dog is admitted to the daycare facility, its temperament is tested by experienced trainers during a one-hour assessment. Vaccines must be up to date and the results of a fecal exam are also required.

Rigger, a former software designer in

the financial industry, said she often tests a newcomer by introducing an opposite gender, non-reactive dog to see how the new dog will react. If both dogs display a relaxed demeanor, then the trainer knows that the newest dog will fit in well with the group.

The dogs engage in a variety of fun activities and games.

"Our dogs exercise a lot," said Rigger. "All of our dogs need both mental and physical stimulation and that's what they get here."

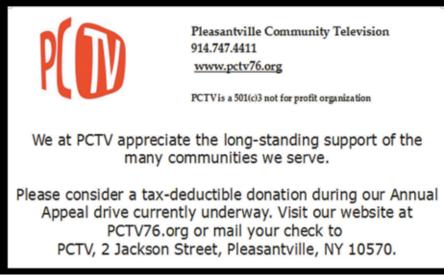
Rigger said grooming is conducted using the Thera-Clean\* Microbubble Technology, a cleaning system that gently removes trapped dirt, bacteria, yeast and allergens from a dog's skin without the use of soaps, chemicals or abrasives. All of the products that Rigger stocks at Pets a Go Go are GMO-free, U.S.-sourced and paraben and chemical-free.

Two years ago, she installed an air filtration and disinfectant system that includes ultraviolet germicidal irradiation, guaranteeing the health of each pet and suppressing the spread of infectious diseases.

Pets a Go Go is located at 589 N. State Rd. in Briarcliff Manor. Clients can drop off their dogs as early as 7 a.m. and pick them up as late as 10 p.m. For more information, call 1-888-4PETGOGO (914-473-8464) or visit www.petsagogo.com.









# Happenings

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want to laugh, learn and possibly cry; get tickets to this riotous show that features some of the best and brightest stand-up comedians working today. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 8 p.m. \$20. Info and advance tickets: Visit www. lucyslaughs.com. Type in the promo code Examiner at the prompt when buying tickets online.

#### Thursday, Oct. 11

**Breakfast Club.** A presentation on a healthy lifestyle topic and a light exercise program. Includes breakfast. Phelps Hospital's cafeteria, 701. N. Broadway, Sleepy Hollow. 8:30 to 10:30 a.m. Free. Registration required. Info and registration: 914-366-3937 or e-mail to ewoods3@nrthwell.edu.

**Baby Time.** A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10 to 10:30 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

Knitting Circle. This group is open to everyone who has an interest in knitting. Live, love, laugh, learn and have fun together during these creative journeys. Come share patterns and ideas and celebrate creative spirits together while enjoying the ancient art of knitting. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 10 a.m. to 12:30 p.m. Free. Every Monday and Thursday. Info: 914-273-3887.

Life Line Theater Music Program. An outlet for unlocking the potential of children and adults with special needs through integrated arts and life skills programs. Drop in anytime and join founder Billy Ayres as he uses singing, dancing, creating plays, artwork and gardening to help participants realize their strengths and potential contributions to their communities. Ayres has created a technique called improvisational integrated music/drama. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 10 a.m. to 5 p.m. Free. Every Thursday. Also Fridays from 10 a.m. to 2 p.m. Info: Visit www. lifelinetheaterinc.org/index.html.

Toddler Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10:30 to 11 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or www. mountpleasantlibrary.org.

**Creative Writing Workshop.** The stories of our lives bubble up from inside

us and they can take many forms. But where do we begin? This generative writing workshop will give you tools to work with memoir, poetry and/or fiction and explore a variety of techniques that will make your work vivid and compelling. For beginners and experienced writers. Le by Catherine Wald. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10:30 a.m. to noon. Free. Also Oct. 11, 18 and 25. Registration requested. Info and registration: 914-769-0548 or www. mountpleasantlibrary.org.

Osteoporosis Program. Education on nutrition, exercise, medication and activities of daily living for individuals with osteoporosis. Phelps Hospital boardroom (C Level), 701 N. Broadway, Sleepy Hollow. 10:45 to 11:30 a.m. Free. Closest parking is near the auditorium entrance; enter at the auditorium entrance and take the elevator to the C level. Registration required. Info and registration: 914-366-3937 or e-mail ewoods3@northwell.edu.

**Storytime.** For children 18 months to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Thursday. Info: Visit 914-666-8041 or www.mountkiscolibrary. org.

Mahjongg Club. Intermediate players welcome. Participants must bring their own set. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 p.m. Free. Every Thursday. Info: 914-666-8041 or www.mountkiscolibrary.org.

Book Lovers Club. "Behold the Dreamers" by Imbolo Mbue will be discussed. Led by Barbara Bernstein. Chappaqua Town Hall Conference Room A, 200 S. Greeley Ave., Chappaqua. 1 p.m. Free. Info: 914-238-4779 or www. chappaqualibrary.org.

**Bridge for Beginners/Intermediate Players.** With Joel Goren. North Castle
Public Library, 19 Whippoorwill Rd. East,
Armonk. 1:30 to 3:30 p.m. Thursdays
through Nov. 15. Free. Info: 914-273-3887
or www.northcastlelibrary.org.

The Walking Dead: The Books, the Show, the Art. Do you watch "The Walking Dead" or read the books? Interested in drawing zombies? Come for free posters, giveaways, discussions and art in honor of Teen Read Week. Led by Alex Conte, a Kubert School graduate. Snacks included. For students in grades 5-12. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 3:30 to 4:30 p.m. Free. Registration required. Info and registration: 914-769-0548 or www. mountpleasantlibrary.org.

**Read to Rover.** Dogs love listening to stories. Come meet Rover and read your favorite story. For children five years old and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 5 to 6 p.m. Free. Every Thursday. Info: 914-666-8041 or www.mountkiscolibrary.org.

Workforce Diversity Leadership Forum. A policy conversation between education, government, corporations, foundations and the community. The keynote speaker will be Randi Weingarten, president of the American Federation of Teachers. Presented by Today's Students Tomorrow's Teachers. Manhattanville College, 2900 Purchase St., Purchase. 5:30 to 8 p.m. \$125. Info and registration: Visit www.tstt.networkforgood.com.

Solving the Retirement Income Puzzle. An educational workshop for people approaching, entering retirement and the recently retired. Led by Social Security, retirement income and tax specialist. Paul Petrone. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6:30 to 7:30 p.m. Free. Registration required. Info and registration: 914-273-3887 ext. 3.

Breaking the Gridlock in Congress. The Northeast Westchester League of Women Voters and No Labels New York are co-sponsoring a bipartisan discussion on how citizens can energize the effort to break the gridlock in Congress. The rules that govern the House are changed at the beginning of each new Congress. In January, they must be changed again. The most rigid and divisive elements in both parties have too much power. Citizens need to let their representatives know that they support efforts to break the gridlock, put more bills on the floor for an up or down vote and clean up the legislative process so that their representative in Washington can do what they were elected to do - govern. No Labels is a nonprofit organization that is dedicated to activating citizens and organizing leaders around a new politics of problem solving. Katonah Public Library, 26 Bedford Rd., Katonah. 7:30 p.m. Free. Info: Visit www.nolabels.

Lucy's Laugh Lounge Comedy Night: Mike Cannon. Cannon is a New York City-based comedian and a delightful human being. He thinks being a good human being is more important, but for the purposes of this advertisement we'll keep his thoughts focused on comedy. His debut comedy album "I Think It Just Kicked In," released in September of 2017 through 800 Pound Gorilla Records, debuted at #1 on the iTunes comedy charts and #7 on Billboard comedy charts and has over a million streams on Pandora. In March 2017, he made his standup comedy television debut on AXS Gotham Comedy Live with host and standup comedy icon/first time standup performer Fran Drescher. Comedy is his life, and he is dedicated to making the majority of you laugh and the rest of you confused. Lucy's Lounge, 446 Bedford Rd., Pleasantville. 8 p.m. \$20. Info and advance tickets: Visit www.lucyslaughs.com. Type in the promo code Examiner at the prompt when buying tickets online.

#### Friday, Oct. 12

Hoff-Barthelson Music School's Great Composers Lecture Series. Acclaimed pianist and Copland House Artistic and Executive Director Michael Boriskin leads this lecture, "Magic, Mystery and Anarchy: The Music of Claude Debussy on the Centenary of his Death." It's a fascinating journey from Debussy's youthful compositions, inspired by Massenet and other Romantic masters, through his post-Wagnerian evolution, to his exquisite, epigrammatic and often enigmatic final works. Hoff-Barthelson Music School, 25 School Lane, Scarsdale. 11 a.m. \$25. Hoff-Barthelson students: Free. Space is limited; reservations strongly encouraged. Inf and reservations: Info and reservations: 914-723-1169, e-mail hb@ hbms.org or visit www.hbms.org.

**ZUMBA**\* With Amy. Fun cardio dance fitness workout, low-impact approach, easy learning environment. This feelgood workout is exercise in disguise. Free trial class available. Addie-Tude Dance Center, 42 Memorial Plaza, lower level, Pleasantville. 11 a.m. to noon. \$14 drop-in fee. Every Friday. Also Tuesdays from 10 to 11 a.m. Walk-ins welcome. Info: Call or text the instructor at 914-643-6162 or visit www.amyolin.zumba.com.

"The Unsilent Picture." An immersive theater experience through a screening of the original black and white silent film starring Tony Award winner Bill Irwin and directed by Alex Harvey. Accompanied by live musicians and a special effects "Foley artist." Historic Hudson Valley commissioned the film, which is based on the Washington Irving short story "The Adventure of the Mysterious Picture." Shot on location in Croton-on-Hudson. Recommended for children 10 years old and up. Philipsburg Manor, 381 N. Broadway (Route 9), Sleepy Hollow. 6:15, 7:15, 8:15 and 9:15 p.m. \$18. Historic Hudson Valley members receive a \$5 per ticket discount. Fridays, Saturdays and Sundays through Oct. 21 and daily from Oct. 25 to 31. Info and tickets: 914-366-6900 or visit www.hudsonvalley.org.

Friday Night Film Series: "Il Rosso e il Blue." Its Italian American History month and celebrate all that Italy has to offer. Set in a high school on the outskirts of Rome, this film looks at the variable personalities that make up the teaching staff and student body. Some are ready to change the world by teaching while others are just waiting for their pension to kick in. Will anyone change their mind about their role of guiding and shaping young minds? From acclaimed director Giuseppe Piccioni and starring Italian powerhouse actress Marguerita Buy and leading man Riccardo Scamaccio. In Italian with English subtitles. Post-screening discussion led continued on page 30

## The Interaction of Nature and Science in Creating a Glass of Wine



By Nick Antonaccio

On numerous occasions I've discussed the symbiotic relationship of wine and the external environment with which it interacts. The French term "terroir" encapsulates the

natural influences of climate, soil, sun exposure and elevation on the final wine produced and released by winemakers, even though their vineyards may be mere yards apart.

One wine may be rich and complex, the

other fruit-forward with in-your-face ripeness. One may be redolent of black fruit, the other of herbs. One may exude mineral aromatics, the other a flowery bouquet.

While a winemaker's influence may seem to play the critical role in

the final product, an old adage rings true to me each time I conduct a "compare and contrast" evaluation of wines from similar regions and the same grape: "90 percent of a wine is made in the vineyard."

The impacts on the final expression of a wine fall into varied and numerous

realms in the creation and aging of a bottle of fine wine. Even though it is nature that has the most significant influence, there are factors at work in the winery – post-harvest – that affect the ultimate drinkability and age-worthiness of wine.

Biology: The beginnings of a fine wine are influenced by the strain of yeast that grows on grape skins. When grapes are crushed in the winery, the sugars in the juice interact with these yeasts, creating alcohol and natural compounds that ultimately affect taste and longevity.

Chemistry: A winemaker has a number of sources outside the vineyard for purchasing yeast cultures. Each form of yeast will influence the characteristics of

> the final fermented juice that will be bottled and aged.

Physics: The interaction of fermented juice with oxygen in its fermentation vessel, and the duration of this interaction, will influence the levels of tannins and

phenolic compounds. Our perception of a fine wine, beyond the sensory components of the raw product nurtured in the vineyards, typically is the result of the introduction of oxygen during and after a wine's production cycle.

These immutable laws of nature and

science certainly may be manipulated during the production of fine wine. This is why one consumer may prefer a Cabernet Sauvignon from Bordeaux, while another may disdain the aromas and flavors and finish of this French wine in favor of a Cabernet Sauvignon from California or Washington or Chile.

And the final product, even when bottled and released for sale, may be influenced even further by those immutable laws. As a bottle of fine wine ages, its characteristics and profile will evolve. The cumulative impact of terroir,

fermentation and oxygen continue to exert their influence. This is why one wine loses its vitality and structure soon after it is released by a winery. And it is the reason why another wine may age for years, even decades, continually changing, maturing and improving in aroma and flavor.

Wine is a living, breathing organism and requires the presence of oxygen in order to properly mature in a bottle. The amount of oxygen present in the neck of a bottle and likewise the amount seeping into a bottle can make a wine truly memorable – or a disaster.

The seeming inconsequential role of a natural cork is critical in the aging process. More than a bottle stopper trapping winealtering oxygen in the bottle, its low-

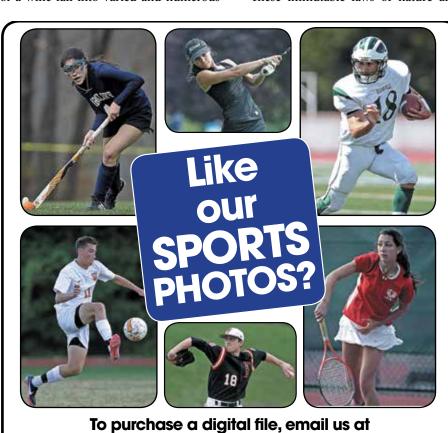
density cells contain minute amounts of oxygen, which permeate a bottle and, by the laws of physics, provide a laboratory for the evolution of wine trapped in the bottle

Each time you open a bottle of wine, young or aged, there is a message in that bottle. Savor its contents; immerse yourself in the natural and scientific elements that influence it; and enjoy the symbiotic relationship of your palate and a glass of wine.

Note: I will be hosting a fundraising wine and food pairing event, featuring little-

known Italian wines, to benefit A-Home, a provider of local affordable housing. It is scheduled for Friday, Nov. 9 at 7 p.m. at the Holy Innocents Church social hall in Pleasantville. For tickets (\$75), contact Barbara Coleman at bcoleman@a-homehousing.org or 914-741-0740.

Nick Antonaccio is a 40-year Pleasantville resident. For over 25 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.



photos@theexaminernews.com.

Just include the name of the student athlete featured in the picture or pictures you're

interested in buying, the Tuesday publication date in which the image or images appeared and the page number or numbers.

Photos are \$25 each.

You Heard It

Through the



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by Professor Valerie Franco. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Purchase Symphony and Latin Jazz Orchestras and Film Celebrate Hispanic Heritage Month. The Purchase Symphony Orchestra collaborates with the School of Film and Media Studies in presenting the landmark black and white film "Redes" (1936) along with its original score by Mexican composer Silvestre Revueltas. The Purchase Latin Jazz Orchestra closes the evening with a thrilling set of music honoring Tito Puente. Part of Purchase College's Conservatory of Music 25 Years of Jazz Studies Concert Series. Performing Arts Center at Purchase College, 735 Anderson Hill Rd., Purchase. 7 p.m. \$17.50. Seniors: \$12.50. Children: \$2.50. Info and tickets: 914-251-6200 or visit www.artscenter.og.

**"Book Club."** A screening of this film starring Diane Keaton, Jane Fonda, Candice Bergen and Mary Steenburgen. Chappaqua Public Library, 200 S. Greeley Ave., Chappaqua. 7 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Westchester Photographic Society Presents: Out of the Box. An inspiring evening as members exhibit photos with special meaning in their lives. A delightful experience for members and guests alike. The organization welcomes all photographers, whether beginner or professional. For anyone 18 years old and up. Westchester Community College's Technology Building, Room 107 (Parking Lot 11), 75 Grasslands Rd. Valhalla. 8 p.m. Free. Info: Visit www.wpsphoto.org.

Broken Arrow: A Musical Tribute to Neil Young. Broken Arrow performs Young's music featuring the rockin' electric Crazy Horse tuns and the more acoustic, pedal steel-driven country rock material. The band delivers these classic songs faithfully while taking them out on some jamming excursions and tastefully tweaking some of the arrangements. Joe Mass nails Young's vocals perfectly and the harmonies are spot on. Tarrytown Music Hall, 13 Main St. Tarrytown. 8 p.m. \$25, \$30 and \$35. Info and tickets: Visit www. tarrytownmusichall.org.

"Fun Home." A story centers around graphic novelist Alison. When her father dies unexpectedly, she dives into her past to tell the story of the volatile, brilliant, one-of-a-kind man whose temperament and secrets defined her family and her life. Leading the cast are three Broadway veterans, Robert Cuccioli, Lauren Cohn and Rita Harvey. Based on the graphic novel by Alison Bechdel. Directed by Amy Griffin with musical direction by Stephen Ferri and choreography by Lexie Fennell Frare. White Plains Performing Arts Center, 11 City Place, White Plains. 8

p.m. Starting at \$35. Also Oct. 13, 19, 20, 26 and 27 at 8 p.m. and Oct. 14, 21 and 28 at 2 p.m. Info and tickets: 914-328-1600 or visit www.wppac.com.

"Love Linda: The Life of Mrs. Cole Porter, What is This Thing Called Love?" The Schoolhouse Theater presents this celebration of the enduring legacy of the Cole Porter songbook. The one-woman tour de force, directed by Tony-Award-winning director Richard Maltby, Jr. and starring acclaimed jazz vocalist Stevie Holland, enjoyed a highly successful Off-Broadway run in 2013 and 2014 begins a very special limited engagement. The Schoolhouse Theater, 3 Owens Rd., North Salem. 8 p.m. \$38. Also Oct. 13 at 8 p.m. and Oct. 14 at 3 p.m. Info and tickets: 914-27708477 or visit www.schoolhousetheater.

org. "Forbidden Broadway." Arc Stages will present this production of Gerard Alessandrini's uproarious musical roast of Broadway featuring outrageous costumes, hilarious rewrites of the songs you know and dead-on impressions by a stellar cast. Whether you're a seasoned theatergoer or new to Broadway, it's your one-stop ticket to non-stop laughs. Arc Stages, 147 Wheeler Ave., Pleasantville. 8 p.m. \$36. Seniors and students: \$28. Also Oct. 13. Info and tickets: 914-747-6206 or visit www.arcstages.org.

#### Saturday, Oct. 13

**Farmers** Pleasantville Market. Experience the largest, year-round farmers market in Westchester, voted "Best of Westchester" from 2014 to 2018. With 56 vendors and seven nearby parking lots, it's a delicious good time. This week, learn about a variety of musical instruments with the Mike Risko School of Music from 9:30 to 11 a.m. and the music series will feature singer/songwriter Susan Kane from 10 a.m. to noon. Also, bring your pie by 9:45 a.m. for the Phelps Annual Apple Pie Contest. E-mail info@pleasantvillefarmersmarket. org for more info and to pre-register. Rain or shine. The market is a dogfree environment. Memorial Plaza, Pleasantville. 8:30 a.m. to 1 p.m. Saturdays through Nov. 17. Pre-registration required for the pie crust workshop. Pre-registration: e-mail info@pleasantvillefarmersmarket. org for more information Info: Visit www. pleasantvillefarmersmarket.org.

Chappaqua Farmers Market. Locally-raised and produced food to the community creating a connection between shoppers and small-scale food producers in the region. Chappaqua train station, Chappaqua. 8:30 a.m. to 1 p.m. Every Saturday. Info: Visit www. chappaquafarmersmarket.org.

Native Plants of Rockefeller State Park Preserve: A Walk With the Native Plant Center. Missy Fabel and Dawn Orza will lead a one-hour nature walk around the lake to show what kinds of native and invasive plants are at the preserve and some key skills on how to identify them. They will also discuss what is being done at the preserve to protect native plants and why. Fabel is a member of The Native Plant Center's Steering Committee and volunteer coordinator of the Go Native U certificate program. Orza is training to be a Cornell master naturalist, and has been working on eliminating invasives from the woodlands and replanting native plants in a private Westchester County estate. Suggested for anyone 10 years old and up. Rockefeller State Park Preserve, 125 Phelps Way, Pleasantville. (Meet in the Welcome Center courtyard.) 9 to 10 a.m. Free. Parking: \$6. Registration required. Info and registration. Contact Julia at 914-631-1470 ext. 107.

Teddy Bear Clinic and Health Fair. Doctors and nurses from Northern Westchester Hospital will offer teddy bears and stuffed animals free medical checkups and demonstrate applying casts, sutures, x-rays and fixing boo boos to help children overcome any fear of going to the doctor or the hospital. Enjoy games and healthy snacks; learn about hand hygiene and avoiding germs; receive tips on nutrition and exercise; take ambulance tours; get tips from local police; hear health and safety lessons; get a daVinci Robot demonstration; and participate in activity crafts. All children must be accompanied by an adult. Northern Westchester Hospital, 400 E. Main St., Mount Kisco. 9 a.m. to noon. Free. Registration required. Info and registration: Visit www.2018teddybear. eventbrite.com.

Seed Sale Kick-off. The Saw Mill River Audubon's 2018-19 bird seed sale begins with the opportunity to pick up orders or buy seed as a walk-in customer. New Castle Town Hall parking lot, 200 S. Greeley Ave., Chappaqua. 9 a.m. to 5 p.m. Info: 914-666-6503 or visit www.sawmillriveraudubon.

Indie Author Day. Share a cup of Joe, donut holes and casual conversation with some local authors followed by a creative writing workshop, author roundtable, breakout sessions and book sales and signings. Featuring authors Susan Berliner, Janet Garber, K. Samuel Murray and Barbara Solomon Josselsohn. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 10:30 a.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Practice Tai Chi With Larry Atille. Learn specific feldenkrais and chi kung breathing techniques for deep relaxation and apply them to tai chi movement. This is a hands-on class that will be geared to the level of experience of the class and challenge all participants. Wear comfortable clothes and bring a floor mat or towel. North Castle Public Library, 19 Whippoorwill Rd. East. Armonk. 10:30

a.m. Free. Every Saturday. Info: 914-273-3887

11th Annual Halloween Train Show and Fall Festival. The principal attraction of the event will be the miniature-railroad layout featuring Lionel Trains in Lasdon Park's Main House, and similar scale trains traveling past haunted houses, spooky scenes and whimsical dioramas. Step inside the haunted house and explore the rooms where you will find ghosts, witches and a special room with a dragon in his lair. Stroll through rainforest exhibit and meet and greet a "live" dinosaur in the Dinosaur Garden or go to the new children's maze. Also, food, music, face painting, storybook readings and selected vendors. All proceeds to benefit the Friends of Lasdon. Lasdon Park, 2610 Amawalk Rd. (Route 35), Somers. 11 a.m. to 4 p.m. Adults: \$10. Children: \$5. Every Saturday and Sunday in October. Info: 914-864-7268 or visit www.westchestergov.com/parks or www. lasdonpark.org.

Adult Salsa Class. Addie-Tude Performing Arts Center, 42 Memorial Plaza (lower level), Pleasantville. 11:30 a.m. to 12:30 p.m. Free. \$12. Every Saturday. Info: 917-215-1720 or visit www.addietude.com. Call or visit website because classes are subject to change.

Personal Training Workshop. Learn the benefits of a training program through an informal instruction on the prevention of illness and musculoskeletal injury through exercise and nutrition. Led by local trainer Ramat Deleon-Nwaha. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:30 a.m. to 1 p.m. Free. Info: 914-666-8041 or www.mountkiscolibrary.org.

Yoga Teachers Association's Workshop: Pelvic Power Yoga. In this experiential workshop, California-based instructor Christa Rypins will use movement, touch, imagery and humor to develop a picture of the anatomy of the pelvis. Participants will leave knowing the exact location of the hip joints and why it matters, how the pelvic bones move with each breath, how to improve posture instantaneously, how to relieve back pain and more. Club Fit, 584 N. State Rd., Briarcliff Manor. 1:30 to 4:30 p.m. In advance: YTA members--\$45. Non-members--\$65. Walk-ins: YTA members--\$55. Non-members--\$75. Preregistration: Visit www.ytayoga.com. Info: Contact Lorraine Burton at 914-391-3389 or e-mail ytacommunications@gmail.com.

United States Air Force Heritage Winds Quartet. The ensemble embraces the full range of the quintet repertoire while also exploring various instrument combinations, providing audiences with a unique concert experience. The quintet is a component of the U.S. Air Force Heritage of America Band. As professional airman-musicians, its members are dedicated to using the power of music to continued on page 31

## Diagnosis, Management and Treatment of Shoulder Injuries

Among orthopedic injuries, complaints about shoulder issues are some of the most common. The glenohumeral (GH) joint (the ball and socket joint in the shoulder) is the most free-moving and mobile joint in the body.

This is a great attribute when considering all of the different actions and motions that can be performed by the joint in an ordinary or athletic environment.

The caveat is that this increased mobility can make the GH joint very unstable and vulnerable to injury compared to the knee and hip, especially if all of its structures aren't working effectively and in synch.

This column is to help the public understand the different treatments and management strategies before making the leap into more invasive procedures that can potentially be painful, debilitating and expensive.

### Shoulder Impingement/Rotator Cuff Tendinopathy/Bursitis

Sub-acromial impingement is commonly referred to as shoulder or rotator cuff impingement. The tendon of the rotator cuff muscle, called the supraspinatus, runs through a small space (imagine a small tunnel) between part of your scapula (shoulder blade) and the head of your humerus, which forms the ball portion of the GH joint and is part of the long bone that runs between your shoulder and elbow.

When this tendon becomes inflamed

and swollen due to overuse or injury and becomes too big for its "tunnel," friction can occur on the bone above and cause pain and loss of function. This compression also commonly results from poor posture causing abnormal alignment of the ball inside the socket and subsequent friction on the tendon.

Over time, the repeated friction to the supraspinatus tendon can cause chronic inflammation, commonly referred to as tendonitis, or a tear in the tendon. Tears due to chronic compression are often present as micro-tears or partial rotator cuff tears, whereas full-thickness rotator cuff tears often occur due to acute trauma such as a fall with the shoulder in a compromised position, lifting a heavy object or a dislocation/subluxation episode.

#### Treatment/Management

If there is a silver lining to having this injury, it's that treatment and management could be as easy as fixing your posture. While this ailment is often seen in athletic populations who are using their shoulders for lifting weights, blocking or shooting a basketball, it is also very common in the average person, especially if they are hunched over at a desk for long periods. If this sounds like it may pertain to you, follow these simple steps and see if you notice any relief.

Start by fixing your standing and sitting posture. Sit and walk with your shoulders back, chest high and head back so your

ears are over your shoulders. Pulling your belly button back into your spine and engaging your core while walking and sitting will also help keep you upright.

Modifying your daily tasks may also be beneficial. If you are sitting at a desk, rearrange it so that everything is close to you and you don't need to reach for your keyboard, mouse or phone. Also make sure that your computer monitor is positioned directly in front

of you so you don't need to keep your head and neck turned to one side for prolonged periods. The same goes for driving. Adjust your seat and steering wheel so that you are not reaching for the wheel for long periods of time.

Management and treatment will also likely involve a professional – a medical doctor, orthopedist, physical therapist or athletic trainer. Conservative management by any of these disciplines will likely include an initial evaluation and diagnosis followed by rehabilitative exercise and activity modification.

Supervised exercises and mobility programs will serve to strengthen weak muscles in the upper back and rotator cuff and provide mechanical balance/alignment to the joint, allowing for restoration of function and reduction of pain. This



By Andrew Levine

conservative course of action can be followed for any range of previously mentioned injuries, from mild impingement to rotator cuff tears.

If conservative treatment fails, other more invasive options may be considered to ease discomfort and restore function. Different types of injections into the area have been shown to provide relief in some cases, most notably corticosteroids (or cortisone) or platelet rich

plasma (PRP).

If conservative management with therapeutic exercise and/or PRP injections fail to provide relief, surgical intervention may need to be considered. This may come in the form of a complete reattachment of the tendon to the head of the humerus or a procedure to trim and smooth out the torn section of tendon called a debridement.

Everyone's body is different and reacts differently to treatments. Please consult a physician, physical therapist or athletic trainer for further information before beginning any rehabilitation or treatment.

Andrew Levine is a certified athletic trainer at ProClinix Sports Physical Therapy & Chiropractic in Ardsley. He is also the head athletic trainer at Pleasantville High School. To contact him, call 914-202-0700 or e-mail atc.pville@proclinix.com.

# Happenings

continued from page 30

honor our veterans, inspire patriotism and communicate the Air Force story. Chappaqua Performing Arts Center, 480 Bedford Rd., Chappaqua. 2 p.m. Free. Info: 914-237-4779 or www.chappaqualibrary.

Kenn Morr Trio. A band with three-part harmony vocals, guitar bass, violin, accordion bouzouki, mandolin and harmonica. The band is comprised of Tom Hagmasi, Patrick Ryan and Bob Gaspar, who play a variety of instruments and provide vocal harmony, while Morr, with his slightly smoky baritone, is lead vocalist. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 2 to 3 p.m. Free. Info: Visit www.kennmorr.com.

Tell Me a Story of Pound Ridge: 50 Objects 50 Stories." The Pound Ridge Historical Society has created an exhibition and accompanying book to provide the public with an eclectic look at the town. Highlights of area history, each story in some way gives a glimpse of our distant and not-so-distant past in the hope of awakening an interest in town history in newcomers and our young folk. The 50 objects displayed will have their story told

in the accompanying book available for purchase or loan. On display, antique tools, dolls and artifacts will sit alongside trains and a diorama of a Revolutionary War battle. Pound Ridge Historical Society, 255 Westchester Ave., Pound Ridge. 2 to 4 p.m. Free. Saturdays and Sundays through November. Info: 914-764-4333 or visit www.poundridgehistorical.org.

Women's Civic Club of Katonah Oktoberfest. The club, in conjunction with its centennial, will celebrated with traditional fare and fun to recognize its history and its Katonah Thrift Shop. Adults only. Women's Civic Club of Katonah, 71 Bedford Rd., Katonah. 4 to 8 p.m. \$50. Info and tickets: Visit Octoberfestcc@gmail.com.

American String Quartet and Salman Rushdie. With a well-deserved reputation as one of the most adventurous and fearless string quartets, the American String Quartet, which will celebrate its 45th anniversary next year, has spent decades honing the luxurious sound for which it is famous. Distinguished Writerin-Residence at NYU Salman Rushdie has received numerous literary honors. They come together for a one-of-a-kind

collaborative performance. The quartet will perform a work by film composer Paul Cantelon built around Rushdie's novel "The Enchantress of Florence," with the author reading excerpts from the book between movements. The Performing Arts Center at Purchase College, 735 Anderson Hill Rd., Purchase. 8 p.m. \$30 to \$70. Info and tickets: 914-251-6200 or visit www.artcenter.org.

"The Crucible." Arthur Miller's timely American drama is about what can happen when truth is bent to political convenience. Inspired by the McCarthy era, this classic comes to vivid new life in the National Players' bare-knuckle staging. Come in costume and be a "witness" to an American historic event. Westchester Community College's Academic Arts Theatre, 75 Grasslands Rd., Valhalla. 8 p.m. \$24. Students: \$22. Children (under 13): \$18. Info and tickets: 914-606-6262 or visit www.sunywcc.edu/smartarts. Tickets will also be available at the box office 30 minutes before the performance.

### Sunday, Oct. 14

Pleasantville Volunteer Fire Department Open House. Live fire

service demonstrations, information booths, a smoke house for children to crawl through, giveaways, BBQ and more. The entire family is invited. Meet the local volunteers while learning about fire safety and prevention. Pleasantville Fire Department firehouse, 75 Washington Ave., Pleasantville. 10 a.m. to 2 p.m. Free.

Apple Cidering. New York is the second largest producer of apples in the country. In this mouth-watering program, children will use an old-fashioned screw press to make apple cider. Participants will also learn about the colonial experience of cider making and get a taste of fresh, tangy apple cider. For all ages. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 1 to 2 p.m. Members: \$5. Non-members: \$8. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

The Magnified Forest. Get up close and personal with the plants and animals of the preserve by using microscopes and hand lenses to observe specimens such as seeds, leaves and insects found near the nature lodge. Cranberry Lake Preserve, Old Orchard Street, North White Plains. 1:30 to 2:30 p.m. Free. Info: 914-428-1005.



## To make an appointment with a physician call: 914-849-7900



Shalini Bobra, MD Cardiology



Stephanie Casper, MS, RD Registered Dietitian



Kira Geraci-Ciardullo, MD Allergy & Immunology: Adult / Pediatric



Paul Fragner, MD Orthopedic Surgery; Hand Wrist & Elbow



Amy Hua, DO Neurology



Jeffrey Jacobson, MD Plastic Surgery; Hand Surgery



Zsolt Kulcsar, DO Rheumatology



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To make an appointment call 914-849-7900. Visit wphospital.org/armonk for more information.

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