

# The Examiner

twitter.com/ExaminerMedia

**Quakers  
Capture  
Lakeland  
Tourney**  
See Sports



**FREE**

Serving Mount Kisco, Pleasantville, Chappaqua/Millwood/New Castle, Mount Pleasant, Armonk/North Castle & Briarcliff

December 6 - December 12, 2016

SMALL NEWS IS BIG NEWS

Volume 10, Issue 483

## P'ville ZBA Weighs Mixed-Use Building for Washington Avenue

By Anna Young

A group of Pleasantville residents last week objected to a new mixed-use building proposed for the property that included the old Try & Buy toy store on Washington Avenue in the village's downtown.

The project, named Washington Avenue Lofts, at 39-51 Washington Ave., calls for construction of a three-story building consisting of five retail spaces on the ground floor, 11 apartments on the second floor, 12 apartments on the third floor and two levels of parking in the rear of the parcel. Due to the substantial slope of the property in the back and planned excavation, most of the parking structure would be below the grade of the neighboring residential district.

Property owner Warren Schloat of Schloat Properties and project architect Michael Gallin appeared at the Dec. 1 Zoning Board of Appeals (ZBA) meeting to go over details of the proposal.

The applicant needs a variance for insufficient setback because the 66-space parking structure at its closest point would be within eight feet of the residential district in the northeast corner of the property. The parking structure would push building coverage to 89.7 percent, exceeding the 80 percent maximum allowable coverage at the site.

Furthermore, the developer has outlined a possible lot line adjustment with the Pleasantville Volunteer Fire Department to create four feet of separation between the Scholat property and the fire department's property instead of six feet, requiring another variance.

Gallin said Schloat Properties will need to demolish about 17,000 square feet of structures at 27-45 Washington Ave. to make room for the proposed 35,766-square-foot mixed-use building, plus basement and

*continued on page 2*

## Armonk Residents Lambast Treatment Center in Tense Meeting

By Martin Wilbur

A full auditorium of Armonk residents demanded last Wednesday that the North Castle Town Board oppose a plan by a California-based residential treatment program to launch operations in an eight-bedroom house on Cole Drive.

During a marathon discussion that lasted past 1 a.m. and grew increasingly tense as the night wore on, residents implored the board to lodge an objection with the state Office of Mental Health (OMH) against Paradigm Treatment Centers' proposed residence.

They repeatedly criticized Paradigm representatives at the Nov. 30 meeting for trying to pass off their company as a community residence for teens suffering from mental illness and emotionally

fragile adolescents when their website and marketing materials have identified their service as a drug treatment facility for teens.

Joshua Grauer, an attorney representing some of the residents and an entity called the Davis Pond Conservancy, said his clients also feared that traffic, septic capacity, community safety and neighborhood character would be jeopardized if Paradigm is allowed to move in.

"We urge you to object emphatically on very reasonable grounds because it should be decided at a commissioner's hearing at the commissioner's level to see if there's a need for this type of facility," Grauer told the board.

Under state law, OMH has jurisdiction over the approval of community residences for the disabled. Municipalities can support

*continued on page 6*

## We Have a Winner!

The winner in this year's Mount Kisco Scarecrow Contest held during the week of Halloween was Michael's Garden Gate Nursery on North Bedford Road. Pictured in the photo are Mount Kisco Recreation Supervisor Allison Eckhart and Gina Picinch and Eileen Polese, from the Mount Kisco Chamber of Commerce presents plaque to Michele Terlizzi-Cosentino and Samantha Miller of Michaels Garden Gate Nursery.



## Greeley Ass't Principal Files Racial Discrimination Suit Against District

By Martin Wilbur

One of Horace Greeley High School's three assistant principals has filed a racial discrimination lawsuit in federal district court in White Plains against the Chappaqua School District, recently resigned superintendent Dr. Lyn McKay and Principal Robert Rhodes.

Michael Taylor, who has been an assistant principal at the school since 2004 and is the district's only African-American administrator, charged in the suit that he was unfairly subjected to discipline following a 2013 incident and has been targeted for harassment and retaliation by his superiors. The high school was also named as a defendant.

Taylor seeks a jury trial and compensatory damages for "emotional

distress, humiliation, loss of enjoyment of life and other pain and suffering." He also is pursuing special damages and punitive damages.

According to the litigation that was filed on Nov. 22, the incident that triggered Taylor's alleged mistreatment occurred on Aug. 6, 2013, when he brought his nine-year-old daughter to work with him. During that day, Taylor had to travel to the Bronx on a personal matter that he thought would take a short amount of time, leaving his daughter unsupervised in his office, the complaint stated. Before he left the school, he notified a school secretary that he needed to run an errand and that the child would be in the office.

Taylor's suit mentioned that other faculty and staff members have often

*continued on page 4*



**D'Errico**  
JEWELRY

Scarsdale | Mount Kisco

DERRICOJEWELRY.com 914-864-2688

This Holiday, Make Her Happy... The D'Errico Rainbow Ring Tsavorite and Amethyst Gems Surrounded by Brilliant Diamonds, Set in Gold

# P'ville ZBA Weighs Mixed-Use Building for Washington Avenue

*continued from page 1*

parking. In addition to the five ground-floor retail shops, there will be two 428-square-foot studio apartments, 10 one-bedroom apartments and 11 two-bedroom units.

Additionally, improvements are proposed to the parking lot behind 17-23 Washington

Ave. to make it safer and more functional. There would be an additional 26 spaces in that lot.

The plan is to develop the project so it's less intrusive to Grove Street residents and to create an underground bunker for dumpsters to keep them out of sight and

create a more attractive landscape buffer between properties.

Despite the project's features, Grove Street residents argued last week that the development would have to negative effects on the neighborhood.

Resident Tim Kelly said the project would

generate an increase in traffic volume and more congestion for the neighborhood.

"Our block is becoming a circle for the village," Kelly said. "I can't park in front of my house most nights and I recently had an incident where I couldn't get out of my driveway."

Gallin suggested street parking shouldn't be affected because retail shoppers and the building's residents would use the on-site parking spaces.

ZBA member Erika Krieger appeared skeptical of the parking plan.

"We always hope someone plans for more parking," Krieger said. "Now someone is providing more parking than it needs in their development and it's causing more problems with the community."

Sean Palmer, an attorney from James G. Dibbini & Associates representing Grove Street resident Janine Fischer, said that garbage trucks could cause significant noise and odors that would attract rodents and bring disease into the neighborhood.

Residents Rodger Pollack and Greg Doren agreed with that assertion, adding that the current noise, smell and rodent issue is difficult to tolerate.

Schloat said garbage pickup is Tuesday and Saturday after 7:30 a.m. to avoid disrupting the neighborhood. Dumpster placement will be discussed before the planning commission, which must grant

*continued on page 6*

## P'ville Ponders Assisted Living in Master Plan Update

**By Anna Young**

Pleasantville officials last week discussed whether language associated with any future development of an assisted living facility at two potential sites in the village needs to be changed in the current draft Master Plan update.

Following the well-attended Nov. 21 public hearing, BFJ Principal Susan Favate told the Pleasantville Village Board that she would revisit whether the United Methodist Church property at 70 Bedford Rd. and the JCCA site at 1075 Broadway should be specifically mentioned as possible locations.

Residents Eileen West and Bill Stoller, opponents of a previous application at the church property, objected to the language in the current draft Master Plan that would allow development of an assisted living facility on that parcel, a residential zone. They said it would be hazardous for the community.

Village Trustee Colleen Griffin-Wagner,

however, recommended the board refrain from reacting to single comments people make and take a larger view. She said for 18 months, opponents argued the village couldn't allow assisted living at the Methodist because it wasn't in the Master Plan."

"There are thousands of people who live in the village and only six or seven have an issue with the language," said Griffin-Wagner, who had supported the Benchmark Senior Living proposal at the church several years ago, which narrowly failed to gain a required rezoning.

Trustee Mindy Berard said assisted living should be given greater consideration because it's in line with the church's mission. The church would have sold property at its site to Benchmark had the developer received all of its required approvals.

Mayor Peter Scherer suggested making the Master Plan language more precise to recognize that the Methodist Church

and JCCA properties were proposed by developers for assisted living.

However, Berard said she doesn't see anything wrong with the current draft's language, adding that BFJ simply included options for the village to consider assisted living in different areas.

"The legitimate issue is that it can go there," Griffin-Wagner said. "It doesn't have to and it might not, but that's the reality right now."

"What people are objecting to is the suggestion that we are promoting this instead of just being open to it," countered Trustee Joseph Stargiotti said. "Our mission is to plan for good, healthy continuing growth in our community."

Assisted living is under consideration for the Residential-Professional Office (R-PO) zone with a special permit. The proposed Master Plan also calls for its inclusion in business peripheral zones, just outside but within walking distance of the village's downtown.



## Killer Cramps Aren't Normal

What you need to know about Endometriosis...

### Ask the doctor

**F. Michael Shaw, MD**

Director, Division of Gynecology  
Institute for Robotic & Minimally  
Invasive Surgery  
Northern Westchester Hospital

[nwhroboticsurgery.org/DrShaw](http://nwhroboticsurgery.org/DrShaw)

Watch Dr. Shaw discuss da Vinci  
robot-assisted surgery and  
gynecologic surgery at  
[www.nwhroboticsurgery.org/DrShaw](http://www.nwhroboticsurgery.org/DrShaw)



**Northern Westchester  
Hospital**  
Northwell Health™

400 East Main Street | Mount Kisco, NY 10549  
914.666.1200 | [www.nwhc.net](http://www.nwhc.net)

### Q: What can cause excessive pain before, during, and after my period?

**A:** A potential cause is endometriosis. Endometrial cells released by the endometrium – the tissue that lines a woman's uterus – latch onto the ovaries, bowel, or elsewhere in the pelvis. The new tissue behaves the same as it does in the uterus: It thickens, breaks down, and bleeds with each menstrual cycle. This can irritate the surrounding tissue, leading to pain and excessive bleeding.

### Q: How can I tell if I have endometriosis?

**A:** Symptoms can include painful periods; pain during intercourse; pain during bowel movements or urination, especially during your period; excessive bleeding and infertility. In fact, endometriosis is often first diagnosed when a woman is seeking infertility treatment. It can also be mistaken for other conditions that cause pelvic pain which is why it is important to tell your OB/GYN if you experience any of these symptoms.

You may get a pelvic exam to check for possible cysts or scarring. Ultrasound can also reveal the presence of cysts or scarring, but the only way to accurately diagnose endometriosis is with a procedure called

laparoscopy. A surgeon makes a tiny incision near the naval and inserts a small camera called a laparoscope to look for endometrial growths.

### Q: Can endometriosis be treated?

**A:** Yes. Treatment starts with over-the-counter pain medications such as ibuprofen (Advil, Motrin) or naproxen (Aleve). If that doesn't ease the pain, many women benefit from hormone treatment, such as birth control pills or other hormone-blocking drugs that help shrink the endometrial growths. If symptoms persist, surgery may offer a solution. A hysterectomy can give relief for women who are not planning to have children; for women hoping to preserve fertility, a more conservative surgical procedure called resection can target and remove endometrial growths. Don't assume that agonizing, lengthy periods are normal. Get yearly exams and be sure to discuss any symptoms you find bothersome.

### Did you know?

Women who have a mother or sister with endometriosis are six times more likely to develop the condition.\*

\*National Institutes of Health

# DODD'S HOLIDAY WINE & LIQUOR SALE - SALE ENDS DECEMBER 31, 2016

**CAVIT PINOT GRIGIO** \$11.99 50.7 oz.

**YELLOW TAIL SHIRAZ CHARDONNAY** \$10.99 50.7 oz.

**DEWAR'S SCOTCH or Johnnie Walker Red** \$32.99 1.75 Ltr.

**JACK DANIEL'S** \$47.99 1.75 Ltr.

**JIM BEAM** \$29.99 1.75 Ltr.

**MAKER'S MARK** \$49.99 1.75 Ltr.

**CANADIAN CLUB** \$23.99 1.75 Ltr.

**NEW LOW PRICE!!**  
**ABSOLUT VODKA** 1.75 ltr. \$27.99  
**KETEL ONE VODKA** 1.75 ltr. \$39.99



230 SAW MILL RIVER ROAD • MILLWOOD  
MILLWOOD SHOPPING CENTER Off Taconic Pky  
**LIQUOR CITY • 762-5511**  
www.doddswineshop.com



**OPEN SUNDAYS**  
12:00 - 5:00 pm

**SVEDKA VODKA** 1.75 ltr. \$19.99  
**Stolichnaya VODKA** 1.75 ltr. \$35.99  
**Belvedere VODKA** 1.75 ltr. \$46.99  
**Smirnoff VODKA** 1.75 ltr. \$20.99

**MALT SCOTCH SALE**  
• LAPHROAIG Select .....39.99  
• GLENMORANGIE .....39.99  
• MACALLAN .....57.99  
• GLENLIVET Full Liter .....59.99  
• BALVENIE 12 Year Double Wood .....59.99  
• LAGAVULIN .....69.99

**LARGE SIZE GIN SALE!**  
• FLEISCHMANN'S .....15.99  
• GORDON'S .....19.99  
• BEEFEATER All 1.75L .....35.99  
• TANQUERAY .....39.99  
• BOMBAY SAPPHIRE .....39.99

• Johnnie Walker Blue... \$169.99

**CORDIAL SALE**  
• KAHLUA All 750ml .....20.99  
• BAILEY'S IRISH CREAM .....23.99  
• AMARETTO DI SARONNO .....24.99  
• SAMBUCA ROMANA .....25.99

## ZINFANDEL SALE FOR THE HOLIDAYS!

• Ravenswood • Rosenblum \$7.99  
• Cline • Dancing Bull YOUR CHOICE \$7.99  
• Murphy Goode "Liar's Dice" Rated 90 WS .....18.99  
• Seghesio Rated 93 WS .....19.99  
• Ridge 2013 "Three Valleys" Rated 91 WA .....25.99  
• Ridge 2013 "Lytton Springs" Rated 95 .....29.99

## DODD'S STANDARD BRAND SALE

• **MEZZACORONA PINOT GRIGIO** 50.7 oz. ....11.99  
• ROBERT MONDAVI WOODBRIDGE CHARD OR CAB 50.7 oz. ....11.99 \$18 Mfr. Mail-in Rebate Per Case  
• BAREFOOT (Chardonnay, Cabernet, Pinot Grigio) 50.7 oz. Large Size .....11.99  
• BOLLA (Soave, Valpolicella, Bardolino) 50.7 oz. Large Size .....11.99  
• RUFFINO CHIANTI 50.7 oz. Large Size .....12.99 750 ml. ....7.99 \$18 Mfr. Mail-in Rebate Per Case  
• CITRA RED OR WHITE 50.7 oz. Large Size .....8.99 • LINDEMAN'S CHARD .....5.59  
• HARVEYS CREAM SHERRY .....13.99 • DRY SACK .....14.99 • LILLET .....17.99  
• LINDEMAN'S CHARDONNAY, MERLOT, SHIRAZ 1.5 Ltr. ....9.99

**TURNING LEAF**  
• CHARDONNAY \$5.99  
• MERLOT  
• CABERNET SAUVIGNON

**BERINGER CALIFORNIA COLLECTION**  
• CHARDONNAY \$5.99  
• MERLOT  
• CABERNET SAUVIGNON

**LOUIS JADOT**  
• BEAUJOLAIS VILLAGES .....9.99  
• MACON BLANC .....10.99

**SANTA MARGHERITA PINOT GRIGIO** \$19.99

**SAUVIGNON BLANC SALE**  
• BOGLE .....8.99  
• VILLA MARIA Rated 90 WS .....9.99  
• BABICH Great Price .....11.99  
• KIM CRAWFORD .....12.99 \$36 Mfr. Mail-in Rebate Per Case

**CALIFORNIA MERLOT SALE**  
• BLACKSTONE .....7.99 \$24 Mfr. Mail-in Rebate Per Case  
• BOGLE .....7.99  
• COLUMBIA CREST "Grand Estate" .....8.99  
• CLOS DU BOIS .....12.99 \$24 Mfr. Mail-in Rebate Per Case  
• KENDALL JACKSON .....15.99  
• DUCKHORN .....44.99

## DODD'S CABERNET SAUVIGNON SALE

• Clos Du Bois .....9.99 \$24 Manufacturer's Mail-in Rebate Per Case \$48  
• Estancia .....9.99  
• Columbia Crest .....7.99  
• Ravenswood .....8.99  
• J. Lohr .....14.99  
• Coppola .....15.99  
• Benziger .....17.99  
• Kendall Jackson ...17.99  
• Jordan .....49.99  
• Stag's Leap .....49.99  
• Caymus .....79.99  
• Simi .....18.99  
• Franciscan .....22.99  
• Robert Mondavi ...23.99  
• Silver Oak .....79.99  
• Opus I .....INQUIRE

## DODD'S CONNOISSEUR'S WINE SELECTION

• WARRE'S PORT 2003 Rated 93 WA .....59.99  
• IL POGGIONE BRUNELLO DI MONTALCINO 2010 Rated 98 WA .....69.99  
• CH. de BEAUCASTEL "Chateaufneuf Du Pape" 2012 Rated 96 WA .....89.99  
• SASSICAIA 2012 Rated 99 Wine Enthusiast .....159.99  
• CH. D'YQUEM 2003 375 ml, Rated 98 WS .....199.99  
• SIMI CABERNET SAUVIGNON 2012 6 Liter Big Bottle .....249.99

**LAYER CAKE**  
Your Choice! \$12.99  
• Shiraz  
• Malbec

**ZACCAGNINI**  
Montepulciano D'Abruzzo \$12.99

**APOTHIC RED** \$8.99

**DODD'S CHAMPAGNE SALE**  
• KORBEL Brut .....11.99  
• COOK'S Brut .....7.99 • FREIXENET Cordon Negro .....8.99 • CINZANO .....8.99  
• HENKELL TROCKEN .....8.99 • MARTINI & ROSSI Asti Spumante .....12.99 • PIPER SONOMA Brut .....15.99  
• CHANDON Brut .....14.99 • PIPER HEIDSIECK Brut .....34.99 • MOET Imperial .....38.99  
• PERRIER JOUET .....39.99 • LOUIS ROEDERER Brut .....39.99  
• VEUVE CLICQUOT Brut "Yellow Label" .....39.99  
• TAITTINGER .....39.99 • DOM PERIGNON .....149.99 • LOUIS ROEDERER "Cristal" .....199.99

**DODD'S HOLIDAY SPECIAL WINE BUY!**  
**COLUMBIA CREST** 2014 Grand Estate CABERNET SAUVIGNON \$7.99 Was \$12.99  
Rated 91 Wine Spectator

**MEIOMI**  
PINOT NOIR .....17.99

2016 Georges DuBoeuf BEAUJOLAIS NOUVEAU \$8.99

## DODD'S POPULAR WINE BRAND SALE

**KRIS PINOT GRIGIO** .....\$10.99  
• EXCELSIOR Cabernet Sauvignon .....6.99  
• LOS VASCOS Cabernet Sauvignon .....7.99  
• 14 HANDS Cabernet Sauvignon .....7.99  
• OYSTER BAY Sauvignon Blanc .....10.99  
• CANNONBALL Cabernet Sauvignon .....10.99  
• PINE RIDGE Chenin Blanc/Viognier Rated 90 WA .....10.99  
• GUIGAL Cotes Du Rhone .....11.99  
• FERRARI CARANO Fume Blanc Rated 90 WA .....11.99  
• BUTTER Chardonnay .....13.99  
• A to Z Pinot Noir .....15.99  
• DECOY "Duckhorn" Cabernet Sauvignon .....17.99  
• CLOUDY BAY Sauvignon Blanc Rated 93 WS .....25.99

**CALIFORNIA PINOT NOIR SALE**  
MARK WEST \$8.99 \$36 Mfr. Mail-in Rebate Per Case  
CASTLE ROCK \$6.99  
PINOT PROJECT \$9.99

## SPANISH RED WINES RATED 90+ BY PARKER

• ALVAREZ TOLEDO Mencia Roble 2009 Rated 91 .....  
• SA RA DA Seleccion Garnacha 2009 Rated 90 .....  
• SABOR REAL Joven 2008 Rated 90 .....  
• LA TRIBU 2010 Grenache, Syrah, Monastrell Rated 90 .....  
• TARIMA MONASTRELL 2015 Rated 91 .....  
• ODIPUS OLD VINES Grenache 2008 Rated 91 .....  
**Your Choice! \$7.99**

• CARMINE Monastrell 2009 Rated 90+ .....  
• ANGOSTO Tinto Malbec, Grenache 2009 Rated 91 .....  
• ENRIQUE MENDOZA MONASTRELL 2014 Rated 92 .....  
• RAFAEL REVERTE Cistum 2009 Rated 92 .....  
• ALAVIANA Grenache, Syrah 2012 Rated 90+ .....  
• PASION DE BOBAL 2012 Rated 90 .....  
CASE PRICE \$105.88  
**Your Choice! \$9.99**

## HIGHLY RATED ITALIAN WINES

• ANTINORI SANTA CRISTINA .....7.99  
• MONTE ANTICO 2010 Rated 91 Suckling .....9.99  
• ANTINORI TOSCANA ROSSO .....15.99  
• ALLEGRINI Palazzo Della Torre Rated 92 Suckling .....16.99  
• RUFFINO RISERVA DUCALE CHIANTI .....19.99  
• RUFFINO RISERVA DUCALE Gold Label .....29.99  
• TIGNANELLO .....89.99  
\$24 Mfr.'s Mail-in Rebate Per Case

## DODD'S CALIFORNIA CHARDONNAY SALE

• KENDALL JACKSON .....10.99  
• CLOS DU BOIS \$24 Mfr. Mail-in Rebate Per Case  
• ESTANCIA  
• TOASTED HEAD \$36 Mfr. Mail-in Rebate Per Case  
• CH. ST. JEAN or HESS  
• COPPOLA  
• COLUMBIA CREST "Grand Estate"  
• CHATEAU ST. MICHELLE  
**Your Choice! \$9.99**

• MERIDIAN .....9.99 • J. LOHR .....11.99 • STERLING .....13.99  
• SIMI .....12.99 \$36 Manufacturer's Mail-in Rebate Per Case  
• ROBERT MONDAVI "NAPA" .....13.99  
• LA CREMA "Monterey" .....15.99 • SONOMA CUTRER .....23.99 • CAKEBREAD .....45.99

WE RESERVE THE RIGHT TO LIMIT ITEMS. AVAILABLE WHILE THEY LAST. SALE ENDS DECEMBER 31, 2016. ALL 750ml UNLESS OTHERWISE INDICATED. IN EVENT OF TYPOGRAPHICAL ERROR, LISTED PRICES WILL PREVAIL. IN ORDER TO KEEP OUR SALE PRICES SUPER LOW, CASH AND CARRY ON ALL SALE ITEMS.

# Chappaqua Board of Education Appoints Interim Superintendent

By Martin Wilbur

The Chappaqua Board of Education was expected to appoint former Hendrick Hudson schools chief Dr. Daniel McCann as interim superintendent Monday night to fill the vacancy created by the recent resignation of Dr. Lyn McKay.



Dr. Daniel McCann was expected to become the Chappaqua School District's interim superintendent.

Pleasantville High School.

He has also provided consulting services to school districts in the areas of strategic planning, program design and evaluation and survey development.

The announcement of McCann's arrival in Chappaqua is the next step for the district since McKay's departure. At the time of her resignation, the board stated Chappaqua would be conducting a nationwide search to locate its next permanent superintendent.

McKay resigned following intense public pressure stemming from revelations regarding Christopher Schraufnagel, the former Horace Greeley High School drama teacher, who pleaded guilty last summer to having inappropriate contact with students between 2011 and 2015.

There have been frequent large turnouts for board meetings this school year, with some residents also calling for Gardner to step down. Segments of the community have been skeptical that the existing leadership would be able to make needed changes to prevent a similar incident from reoccurring in the future.

In a letter posted over the weekend by Board President Alyson Gardner on the Chappaqua School District's website, McCann's appointment becomes effective today (Tuesday). He takes over from Assistant Superintendent for Curriculum and Instruction Eric Byrne, who has served as acting interim superintendent since Nov. 1, the day after McKay resigned.

"Over his 40-year career in education, Dr. McCann has provided strong, thoughtful leadership and a steady hand in all of his roles," Gardner's message stated.

Since retiring from Hendrick Hudson in 2012 after six years at the helm, McCann has served in various roles, including interim administrative capacities in districts throughout the county. Last school year, he was interim superintendent in Tarrytown. In 2013-14, he was interim principal at

# Greeley Ass't Principal Files Racial Discrimination Suit Against District

continued from page 1

brought their children to work, since there is no official district policy regulating that practice.

However, the complaint stated that Taylor, who received tenure in 2007, was brought up on disciplinary charges by McKay for leaving his child unattended in his office and faced a 3020a hearing the following March. He was charged with misconduct, conduct unbecoming of an administrator and neglect of duty.

"Plaintiff was treated differently and more severely than other employees of Defendant CCSD and/or Defendant HGHS," the lawsuit stated. "Other non-minority (or non-African-American) employees who brought their children to work and left them unattended were never admonished or brought up on disciplinary charges."

The 3020a hearing officer, who is white, told Taylor that he should accept any settlement offer from the district, Taylor claimed in the complaint. He was forced to accept an "unduly punitive settlement," the suit stated.

The lawsuit also mentioned that Taylor was not provided secretarial support similar to his Caucasian colleagues, and it charges that following the hearing his education-related ideas were increasingly

dismissed by his superiors.

Following the filing of a notice of claim against McKay, Rhodes, the school and the district in June 2014, Taylor contended that he was the victim of retaliatory behavior, with his superiors sharply increasing his workload in addition to his regular duties.

"The burden of Plaintiff's additional work, combined with his original workload, was designed to set him up for failure," his lawsuit stated. "Defendant CCSD's hired investigator observed that Plaintiff might quit under the workload."

Taylor also claimed he was given inadequate office space, was disciplined for hanging his undergarments after he was soaked by "an exploding toilet" in January 2016, was given a critical evaluation last February for failing to retain a long-term substitute math teacher and transmitting transcripts and was denied leave request despite having accumulated 81 days to use.

The suit is the latest controversy that has ensnared the school district. Former Greeley drama teacher Christopher Schraufnagel pleaded guilty to charges over the summer that he engaged in inappropriate activity with several students. McKay resigned as superintendent on Oct. 31 after public pressure was applied.

*To All Our Friends and Patrons:  
We Wish You and Your Families a Very  
Happy & Healthy Holiday Season From  
All Of Us at Broadway North Pizza*

**Broadway North  
Pizzeria Restaurant**  
393 Main Street, Armonk, New York  
(914) 273-2231 • (914) 273-2234  
All Major Credit Cards Accepted  
Open Daily from 11am  
We Deliver!  
Visit our new Website [www.broadwaynorthpizza.com](http://www.broadwaynorthpizza.com)

Prices in Effect until Dec. 24

**Katonah Nursery, Inc.**

**Christmas Trees**  
Fraiser Fir • Norway Spruce • Alberta Spruce

**Fresh Wreaths 20"**  
(Handmade on Premises)

Plain..... \$20  
Decorated ..... \$35

**Poinsettias**  
(4 1/2' - 10" Pot)  
All Colors \$5.95 & up

**(914) 232-3570**  
**Route 100 Somers**  
(Between IBM & Pepsico • 1 1/2 miles north of Rt. 35 Junction)  
Store Hours:  
Mon-Sat 8-6 • Sun 8-5

Fresh White Pine Roping Available

# RFP Sought for Airport Deal; Budget to Use \$15M From Reserves

By Martin Wilbur and Neal Rentz

The Board of Legislators informed County Executive Rob Astorino on Monday it would not approve the 40-year, \$140 million lease for Oaktree Capital Management to operate the county airport next year.

Chairman Michael Kaplowitz (D-Somers) said late Monday that the deal did not have the required supermajority support of 12 lawmakers without the county putting the item out for a Request for Proposal (RFP).

"We just want to make sure it was the best deal and it was good for Westchester taxpayers," Kaplowitz said of the desire for an RFP.

While no target date for the RFP was mentioned, the board is replacing the anticipated \$15 million in revenue from the airport deal in the \$1.81B budget for 2017 with money from the reserve fund, he said.

Astorino raised eyebrows in early November when he announced that he had reached an agreement with Oaktree but wasn't required to go out to bid.

Other budgetary changes on Monday included adding \$700,000 for public safety to hire three to five additional county police officers and additional hires for the county DPW, Kaplowitz said.

There will be no reduction in funding next year for any of the nonprofit



NEAL RENTZ PHOTO

Dozens of Westchester residents came to H.C. Crittenden Middle School in Armonk on Nov. 30 to urge county legislators to provide adequate funding in the 2017 budget for nonprofit agencies that serve children.

organizations. Taxes will remain steady for the seventh consecutive year.

Last Wednesday, dozens of speakers urged the Board of Legislators to maintain the funding to benefit children and families during the second of three budget public hearings.

Many in attendance at Armonk's H.C. Crittenden Middle School on Nov. 30 held signs saying "Day Care Not Welfare" and "Keep Parents Earning, Keep Children Learning."

Some speakers called on lawmakers to increase appropriations by 5 percent next year for certain organizations while others

wanted to ensure the county doesn't slash funding.

Neil Sandler, president of the board of directors of Westchester Jewish Community Services (WJCS), thanked the county executive for maintaining funding for WJCS services at the same level as last year while holding the other nonprofits harmless. Some of WJCS' programs include mental health services and home care and youth programs.

He said the organizations and the populations they serve rely on county funding.

"We respectfully ask that you keep the funding for WJCS services in the budget whole - including funding for child victims of sexual abuse, vocational services for people with disabilities and after school programming for youth and early literacy services for families," Sandler said.

Pleasantville resident Janice Lubin Kirschner said WJCS assisted 8,000 students last year through its afterschool program.

Noelle Damico, co-chair of the Westchester Women's Agenda, was one of the speakers who appealed to lawmakers to increase spending for nonprofits by 5 percent next year. One of the organization's tasks is providing safe and affordable child care, which helps to keep parents working and boosts the local economy, she said.

Most residents pressed lawmakers for funding for child care programs, such as the Mount Kisco Child Care Center (MKCCC). Parent David Grief said the center allowed him and his wife to commute to New York City each day knowing their child was being well cared for. Effective child care provides parents with a sense of security, he said.

Dr. Hillary Harrison, a member of MKCCC's board of directors, said child care is important for the development of young children.

"The children of today are the adults of the future," she said.

Dawn Meyerski, the center's executive director, urged legislators to provide the funding that would allow parents to keep their children in day care.

"Child care is expensive," she said.

The Board of Legislators is scheduled to hold its third and final public hearing tomorrow (Wednesday) evening at 7 p.m. at the county office building in White Plains. A final budget must be adopted by Dec. 27.



**Free Pickup & Delivery Service Center**  
**Best Prices in Town**

Shirts: ..... \$1.60 Each  
Pants: ..... \$5.50 Each  
Suit ..... \$11.00 Each  
Sweater ..... \$5.50 Each  
Blouse ..... \$5.50 Each

*Best Qualites in Town:  
Eco Dry clean ( By Hydro Carbon Solvent)  
More then 50% Cleaning Done by Aqua*

*Official Cleaners for Trump Buildings • Specializes in Tough Stains*

**50% OFF ON DRY CLEANING**  
Exp. 12/31/16 • New Customers Only

49 Wheeler Ave. • Pleasantville, NY 10570  
914-769-5143

**Celebrating our 2nd Anniversary**  
**Dollar Shoppe and More**

**10% OFF on \$15 Purchase**  
Expires 12-31-16

**20% OFF on \$30 Purchase**  
Expires 12-31-16

*Large Selection Of Holiday Items  
Gifts, Housewares, Balloons And More!*

**720 North Bedford Road • Bedford Hills NY**  
(next to Bedford Bagels, across from Shoprite)  
**914 864-0638**

*Creating the New Look*

John Armak can create a new look with your existing jewelry or any imagination you have in mind.

Exceptional discounts on pre-owned luxury watches (Rolex-Cartier-Ebel)

**Jewelry Designer John Armak**

**15% Off Jewelry Purchase**  
With this coupon. Not valid with any other offers.

**\$5 Battery Replacement**  
With this coupon. On most watches. Not valid with any other offer. CASH ONLY

**\$5 OFF**  
Any Repair of \$35 or more. With this coupon. Not valid with any other offers.


**Thornwood Jewelers**  
*A Perfect Piece for Every Occasion*

968 Broadway Thornwood (ShopRite/CVS Shopping Center) • 914 741 1920

# Armonk Residents Lambast Treatment Center in Tense Meeting

*continued from page 1*

the plan or object based mainly on an overconcentration of similar facilities in the area.

If the host community objects, the sponsoring agency's request goes to a hearing before the state commissioner of mental health who decides on the proposal. However, in that scenario, the municipality can introduce issues such as traffic, water, septic and quality of life, Grauer said.

A municipality must make a decision whether to support or oppose a sponsoring agency's plan within 40 days. Hours before last Wednesday's meeting, Paradigm sent North Castle officials a revised notification with additional information, which reset the clock.

The town board announced that it would be holding a special meeting on the 40th day, Monday, Jan. 9. An extension of that deadline may also be sought.

Paradigm's representatives said it was a mistake that content from the entity's program in Malibu, which specializes in teen drug and substance abuse, was posted on the website for the proposed New York program at 14-16 Cole Drive.

Jerri Anna Phenix, the director of education and outreach, said teens who would come to the Armonk location would primarily be suffering from depression, anxiety, grief and trauma. While a portion of that population may have a secondary co-occurring drug or alcohol abuse problem,

Paradigm is not seeking state licensure as a drug or substance abuse facility, she said.

Up to eight youngsters between the ages of 12 and 17 would be housed at one time. A typical stay is 30 to 45 days, but there would be strict guidelines for inclusion, such as no criminal record and that drug and substance abuse is not the primary cause for treatment.

"The New York program is going to be very different from what we have in California in terms of who we're serving," Phenix said.

She said that many of the teenagers are high-achieving students who have had problems dealing with increasing pressure to perform in school.

There would be no more than 10 employees working any shift, but there would be three separate eight-hour shifts.

Dr. Karen Klementowski, a clinical psychiatrist from near Buffalo whose daughter went to Paradigm's Malibu program, said her daughter was a conscientious student. But when she was about 15, both Klementowski and her husband were diagnosed with cancer. Her daughter was unable to handle the difficult situation.

"You never know when you're going to have a mental health problem," she said.

However, several speakers, some of whom work in the medical field, said it didn't make sense that a program that has experience as

a drug treatment facility would attempt to make such a distinction.

One resident, Dr. Mitchell Roslin, a bariatric surgeon and the head of Northern Westchester Hospital's Surgical Weight Loss Program, said it's been his experience that various disorders co-occur with substance abuse issues.

"This whole thing is a charade for a drug treatment center," said Roslin.

Others questioned whether the 1978 Padavan Law, which deinstitutionalized care for the mentally disabled and helped create the group home concept, would apply to a transient facility.

Resident Terrence McLaughlin, an attorney, urged Paradigm to withdraw their notice until it completed more research on the traffic, septic and other issues at the location.

Michele Masucci, one of two attorneys who attended the meeting on Paradigm's behalf, said some of the information is not yet known because it's early in the process.

"There is a process here that we're following, that we have to adhere to," Masucci said. "That is not something we don't take seriously. We take this very seriously."

One resident told Paradigm representatives to "look and listen to what is going on. You're not welcome. There are other places not on a cul-de-sac with one way in and out."

Davis Drive resident Hope Taitz vowed that she and her neighbors would fight to keep Paradigm out of their neighborhood.

"If it gets anywhere past here, this is going to be in litigation for years," she said.

The town gave Paradigm until Monday, Dec. 12 to answer the town's and residents' questions regarding various aspects of the proposal.

## P'ville ZBA Weighs Mixed-Use Building for Washington Avenue

*continued from page 2*  
site plan approval.

Despite negative feedback from some of the project's closest neighbors, one Manville Road resident said the proposal seems like an excellent idea, one that would benefit the village.

The board reached consensus that the project would be favorable for Pleasantville. ZBA Chairman Austin Campriello said he expects a vote on the variances will be taken at the board's next meeting on Dec. 29.

However, in hopes of avoiding potential litigation, Campriello said he wanted the village to write a formal order to assure that the language for the resolution is precise.

"We're doing this because if we grant the variances, we want it to be as bulletproof as possible in case someone wants to sue," Campriello said.



## Travelers Rest

### Brunch with Santa

**December 18th, 2016 • 12:00 - 3:00**

**Come in and enjoy brunch buffet  
and have your picture taken with Santa!**

**Adults: \$32.95 includes unlimited Mimosas & Bloody Marys**  
**Children 12 & under \$14.95 (Prices exclude gratuity & tax)**

*Please call for reservations*

---

December  
Dinner  
Specials

Wednesday's and  
Thursday's  
**3 COURSE  
DINNER MENU**  
**\$29<sup>95</sup>**



**Route 100, Yorktown, NY 10562 • 914 941-7744**

[TheTravelersRest.com](http://TheTravelersRest.com)

Join us for our **47th** holiday season!

*Mt. Kisco's Oldest Jewelry Store*

IF YOU'RE  
LOOKING FOR  
SOMETHING  
MODERATELY  
PRICED, OR  
MAYBE A  
LITTLE MORE  
LAVISH AND  
UNIQUE



AT LIMITED  
UNLIMITED  
JEWELERS,  
YOU CAN  
ALWAYS EXPECT  
TO FIND WHAT  
YOU SEEK.  
AFTERALL, WE'VE  
BEEN AT THIS  
FOR A WHILE.

**8A South Moger Avenue, Mt. Kisco, NY 10549 • (914) 241-2232**  
Open till 7PM 12/19 to 12/23. Open Christmas Eve 10-4 & Sundays 12/11 & 18, 12-5.

**PUT YOUR  
BUSINESS  
ON THE (( (MAP) ))**

Media Access Pleasantville can help you grow.

WE OFFER AN ARRAY OF SERVICES TO HELP YOU  
PRODUCE A PROFESSIONAL VIDEO FOR:

Interviews  
President or CEO Message  
Events & Exhibitions  
Not-For-Profit & Fundraising  
Testimonials

Live Steaming Events  
Webisodes  
Commercials  
Music Videos  
Sports Events

CONTACT US AT:  
**(914) 747-4411**  
**MAP@pctv76.org**

# Cuomo Signs Bill to Trigger DOT Study of All Grade Crossings

By Martin Wilbur

Three local state legislators announced last Thursday that Gov. Andrew Cuomo has signed a bill mandating the state Department of Transportation (DOT) study all 5,300 railroad grade crossings in New York and recommend safety improvements.

State senators David Carlucci (D-Clarkstown) and Terrence Murphy (R-Yorktown) and Assemblyman Thomas Abinanti (D-Pleasantville) gathered at the Commerce Street crossing in Valhalla, the site of the deadliest crash in Metro-North history in February 2015, to publicize the Railroad Crossing Safety Bill. The lawmakers were joined by Mount Pleasant Supervisor Carl Fulgenzi and Alan Brody, husband of Ellen Brody, the SUV driver whose vehicle was struck by a northbound Metro-North train, which killed her and five passengers aboard the train.

Carlucci said while statistics show car-train grade crossing accidents declining in most other states, in New York that number is trending upward, in large part because the state has been slow to make common-sense safety improvements and greater use of the latest technology.

"New York, for some reason, has lagged behind the rest of the nation," said Carlucci, who sponsored the bill in the Senate. "That's why this sense of urgency is extremely important. This trend that



MARTIN WILBUR PHOTO

State Sen. Terrance Murphy, joined by other elected officials, talks about the Railroad Crossing Safety Bill that force the state Department of Transportation to study all of New York's 5,300 railroad grade crossings and propose safety improvements.

we've seen accelerating in New York has to stop. That's why we're saying this is urgent."

The bill calls for the DOT to submit its findings to the legislature and the governor's office no later than Apr. 1, he said.

Murphy, the Senate co-sponsor, said there are several key areas that the bill addresses. The DOT will examine the design and safety of crossings; whether traffic lights near a grade crossing are

properly coordinated with pedestrian and railroad crossing signals; and the feasibility of equipping trains with any available technology to improve safety.

The DOT study will also prioritize safety improvement projects for crossings that need them, which would serve as a plan to pursue federal funds, Abinanti said. Carlucci added that the Federal Railroad Administration has indicated that money is available to help make rail crossings safer.

The legislators said that when many of these crossings were established, in some cases as far back as 150 years ago, the presence of vehicular traffic and the growth of these communities could not have been foreseen.

"Much has happened since these railroad crossings were established in farmland," said Abinanti, who sponsored the Assembly bill. "They are now in the middle of busy suburban areas and we have all kinds of modern techniques and technologies that (other) states have employed. Hopefully, this will bring DOT down to talk to the public."

Alan Brody, who has become an outspoken advocate for increasing grade crossing safety since the accident, said the

measure was a good first step toward more effectively protecting the public. However, the public must continue to press for more to be done, including improvements that can be achieved through better signage and technology, he said.

Since the accident, the Town of Mount Pleasant has also made suggestions to DOT about enhancing safety at the Cleveland Street crossing, just south of Commerce Street, but there has been no response.

Fulgenzi said the legislation was needed to force railroads and the DOT to seriously consider following through on the improvements that need to be made.

"I'm here all my life. I've been crossing these crossings for 62 years," Fulgenzi said. "Nothing has changed, and it needs to change."

On Feb. 3, 2015, rush hour traffic, the short distance between the parkway and the crossing and unfamiliarity of the area by the driver may have played a role in the accident at Commerce Street.

Assemblyman David Buchwald (D-White Plains) didn't attend the announcement last week but fully supported the legislation as well. It received no opposition votes in either the Assembly or the Senate, he said.

"I've spoken to many residents that have driven through a grade crossing and they don't feel safe because of prior malfunctions," Buchwald said.

## Church of the Magdalene

A Roman Catholic Faith Community

525 Bedford Road  
Pocantico Hills,  
New York 10591

Worship With Us

Saturday Vigil Mass – 5:00 PM

Sunday Masses – 9:00 AM & 11:00 AM

churchofthemagdalene.org

Ask About Our Move-In Special  
- Third Month Is Free! -

**Affordable  
Senior Housing  
Is Closer  
Than You Think!**

**The Springvale Inn**  
Assisted Living Residence  
*All the support one needs  
at an affordable price*

**The Pines at Narragansett**  
Enhanced, Independent Senior Living  
*Apartments starting at \$1000*

**Call  
914-739-6700 x1250**



*Bethel*

At the Heart of Senior Living

Ossining & Croton-on Hudson  
bethelwell.org

ACCESS TO A FULL CONTINUUM OF CARE :  
ADULT DAY SERVICES – REHABILITATION—SKILLED NURSING – RESPITE

## Obituaries

### John Teasdale

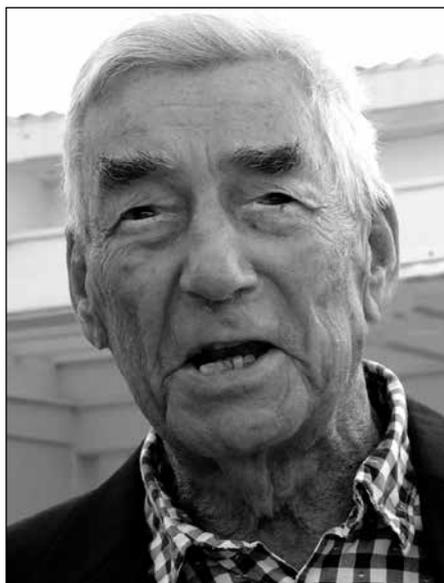
John Arnold (Arnie) Teasdale, a former longtime Chappaqua resident, died peacefully on Thanksgiving Day in Nantucket Cottage Hospital surrounded by family.

He was 91.

Teasdale was born to John and Mary Teasdale on Nov. 15, 1925, in Vancouver, B.C. Growing up in Vancouver, he developed a lifelong love of sports, especially favoring rugby at Lord Bing High School and skiing at Grouse Mountain. He loved to tell tales of sledding hills and taking the ferry across the harbor to hike up Grouse. At 17, he joined the Royal Canadian Air Force and trained as a pilot. Flying and skiing (and later golf) remained his lifelong passions.

After the war, he graduated from the University of British Columbia where he joined the ski team and met his life mentor in ski coach Peter Vajda, developing multi-generational friendships for the ski team members' families. The team raced against teams in the US and Canada – pioneers in the sport which was then combined alpine and jumping. Teasdale wrote about the sport for Vancouver papers, and appeared on television giving ski reports.

He met his beloved wife of 63 years, Maxine Shepherd, in Banff, Alb. and



they were married Sept. 24, 1949.

Teasdale began his career at MacMillian Blodell and Powell River. After a three-year hiatus with another company in Kelowna B.C., he returned to MacMillian and was transferred to the eastern U.S. in 1961 with Maxine and five children in tow.

He ultimately ended up in Chappaqua, where he and Maxine began the Chappaqua Building Corp. and were known for "Teasdale built beauties," award-winning homes and ultimately townhouses and various

high-end homes, including The Springs of Purchase. He continued his homebuilding career in Nantucket, one of which he retired to in 1996, his primary residence for the last 20 years.

Teasdale was an avid golfer and had an active group at Sankaty Golf Club – the Nantucketeers – until recently. He continued to play golf, undaunted by macular degeneration. He was a devout member of St. Mary's Parish, focusing his attention on the Union Chapel in the summer season. He was a regular at the Sankaty pool, determinedly swimming four laps at a slow crawl, and he rode his beloved bike around Sconset until two weeks ago.

Teasdale was a devoted father. He is survived by five children: Paula Dukehart (Mort) of Long Beach, Calif., Colleen Teasdale Filler (Nick) of Conway Mass., Joan Teasdale (Burke St. John) of New York City, Peter Teasdale (Donna) of Williston Vt. and Annie Teasdale of Nantucket Mass.; 13 grandchildren, Sara Taylor (Chris) Kimble, Mike Taylor (Angilina), Kyra Taylor, Alex, Rose, Caroline Filler, Jacqueline and Sasha Krivokapic, Julie

Mills, John, Sam and Ben Teasdale and Justine and Sophie Timms; three great-grandchildren, Kaitlyn and Rory Kimble and Huck Taylor; his sister, Dione MacLeod, of Vancouver, B.C. and her husband Don; nephew Michael MacLeod (Niki Garson) and their two children Ben and Madeline; and niece Tammy (John) and their two children Matthew and Tia.

The family is grateful to Cecilia Mendiola for four years of devoted care, to Kathy Cuddy for bringing Arnie back to life and love after the loss of his wife and to the Nantucket community which made his years here such meaningful ones. Special gratitude to the Nantucket Cottage Hospital, Alice Daniels, Bonnie Fitzgibbon and Dr. Lawrason.

Service will be held at St. Mary's Church, Nantucket, at 2 p.m. on Saturday, Dec. 17,

with a gathering at 36 Low Beach Rd. in Siasconset to follow.

Memorial contributions in Teasdale's name would be welcome at the Nantucket Cottage Hospital or St Mary's Church, Nantucket.

### Susan Calabro

Susan A. Calabro of Hawthorne died on Dec. 4.

She was 57.

Calabro was born on Aug. 2, 1959, to Robert and Joan (nee Gazzola) Mazzari in the Bronx. She is survived by her mother, Joan Mazzari, of Scarsdale; her devoted husband, Ronald Calabro, of Hawthorne; her loving children, Stephen Calabro, of Hawthorne and Jennifer (Michael) Ewen of Pleasantville; one brother, Robert (Jeani) Mazzari, of Brookfield, Conn.; one sister, Lisa

(Scott) Munz, of Croton-on-Hudson; and by her two cherished grandchildren, Jason and Ellie Ewen.

Visitation will be at Hawthorne Funeral Home today (Tuesday) from 2 to 4 p.m. and 7 to 9 p.m. A funeral Mass will be held at Holy Name of Jesus Church in Valhalla on Dec. 7 at 10 a.m. followed by interment at Gate of Heaven Cemetery in Hawthorne.

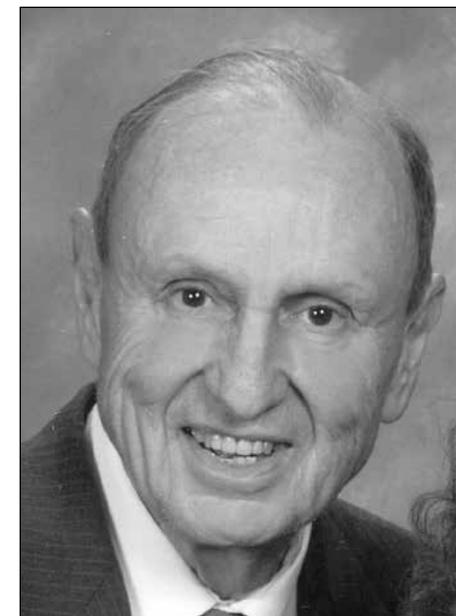
In lieu of flowers, donations to Susan G. Komen for the Cure at ww5.komen.org would be appreciated.

### Robert Sommer

Robert Sommer of Pleasantville passed away at the age of 82 on Nov. 27. He was born to Alinda and Gerhard Sommer on Aug. 29, 1934. He is survived by his wife, Lois; his daughter, Karen Proctor, and her husband, George; and their children Kevin and Kayla.

Sommer worked for Westchester County for over 30 years and was a lifelong member of the Pleasantville United Methodist Church. He was very active in the American Legion, the Pleasantville Senior Center and numerous other Pleasantville community programs.

The family received friends on Dec. 1 at Beecher Flocks Funeral Home in Pleasantville. A service was held on Dec. 2 at the United Methodist Church in Pleasantville. Burial followed at Kensico Cemetery.



### Raymond Karaman

Raymond A. Karaman of Hawthorne died on Nov. 28.

He was 85.

Karaman was born on Apr. 16, 1931, to the late Rustim and Elsie Karaman in Yonkers. He worked for Otis Elevator in Yonkers.

Karaman is survived by his devoted wife, Collette (nee Nowak) Karaman, of Hawthorne; his loving children, Raymond A. Jr. (Michele) Karaman, of Ossining and Jennifer Karaman of

Wilmington, N.C.; one brother, William Karaman, of Yonkers and sister-in-law Antoinette Karaman of Yonkers; and by his many nieces and nephews. He was predeceased by his brother, George Karaman, and sister Agnes Yonan.

A memorial service was held at St. John's Episcopal Church in Yonkers on Dec. 5. In lieu of flowers, donations to St. John's Episcopal Church would be appreciated.




Locally Owned & Operated  
Serving all Faiths

## Hawthorne Funeral Home

**21 West Stevens Ave.  
Hawthorne, NY 10532**

Ernest J. Carpentieri ~ Douglas A. Daniels

**Tel: 914-769-4404  
Fax: 914-769-5306**

---

www.hawthornefuneralhome.com  
Serving all faiths ~ Independently owned  
*Conveniently located on the Taconic State Parkway*

# Little Cubs to Soaring Eagles: P'ville Celebrates Four New Eagle Scouts

By Erin Maher

There may be no better way to celebrate a special milestone than to share the occasion with family and three longtime friends at your side.

Friends, families and local residents gathered on Sunday afternoon at the Pleasantville Presbyterian Church to celebrate the induction of four new Eagle Scouts from the community.

Teens Joseph Trudo, John Geier, Gregory Hunter and Jon Paul Watts of Pleasantville Boy Scout Troop 12 all achieved Eagle Scout. An estimated 5 percent of all scouts reach scouting's highest rank.

The four inductees started their journey together as Cub Scouts in Den 4 as third-graders. Since then, they have risen through the ranks together, collaborating on projects, supporting one another and sharing years of memories.

"It's one thing to be getting an Eagle Scout award. It's another to be getting an Eagle Scout Award with your three best friends," Trudo said.

Local clergy members Rev. Debra Bronkema of the Pleasantville Presbyterian Church and Fr. Hugh Burns of Holy Innocents Church shared their blessings at the ceremony. Gregg Fonde, assistant principal at Pleasantville High School, came to support the students, who are all seniors at the school this year.

County Legislator Margaret Cunzio



ERIN MAHER PHOTO

Left to right: Scoutmaster Emeritus Nick Stolatis, Eagle Scout inductees Jon Paul Watts, Gregory Hunter and John Geier, Scoutmaster Ira Promisel, Eagle Scout Joseph Trudo and Assistant Scout Master Ed Elliott at Sunday afternoon's ceremony in Pleasantville.

congratulated the inductees and presented each with a proclamation and his own day of tribute on behalf of Westchester County.

In order to reach the prestigious rank, a Boy Scout must fulfill requirements in the areas of leadership, service and outdoor skills. In addition, a scout must earn at least 21 merit badges and demonstrate the core goals of citizenship, character and

fitness throughout their entire scouting career.

Finally, each Eagle Scout must complete a challenging Leadership Service Project.

All four scouts worked on projects that benefited the community. Hunter, 18, used his love of music to organize and produce a concert that featured local student musicians. The funds raised at the concert paid for the materials to build two

outdoor benches that convert into picnic tables for the Bedford Road School quad. The 17-year-old Trudo, who volunteers as an assistant catechist at Holy Innocents Church, constructed two shelves and a display case for the parish.

Geier, 18, began planning his Leadership Project in ninth grade and completed it as a junior.

"These challenges have taught me to finish something once you start it," said Geier, adding that it took great perseverance to complete the task.

He developed an outdoor classroom for special needs students at Green Chimneys school, clearing brush, laying down woodchips, building a whiteboard stand and creating benches from trees.

While there was respect for each other's accomplishments, there was also friendly banter between the four scouts throughout the ceremony. Watts, 18, took to the podium to address the audience, but not without commenting on how fellow inductees all read their speeches from paper.

"I have my speech on my phone, because I use technology, unlike my peers," he said.

For his project, Watts installed a hand railing for the exterior walkway at Pleasantville Presbyterian Church.

"Becoming an Eagle Scout is without a doubt the greatest accomplishment of my life," he said.

**BREW & CO.**  
craft beer  
artisanal snacks  
Bedford Hills, NY

★ 2ND ANNUAL ★  
**Anniversary Party**  
Saturday, December 10th  
**2-6 PM**

Draft Beers from:

Free tastings from: **ICONYC** BREWING COMPANY  
HILL FARMSTEAD BREWERY  
GRIMM  
LHBC  
JWB  
EQUILIBRIUM  
HARDSCRABBLE CIDER \*Fresh gravity cask of ICONYC Vexed!

Food provided by: **NORTHERN** AMUSE

Six oz. Pours of: **CANTILLON**  
CANTILLON  
CANTILLON  
CANTILLON

**HAIRCUTS \$19** **NO APPOINTMENTS**  
Includes Punch on "Free Haircut Card"

**Barber Pole**  
BARBER SHOP

**HAIRCUT SPECIALS**

**MONDAYS**  
**Buzz Cuts \$15**  
With #1, #2, or #3 Blade

**TUES. & WEDS.**  
**Children \$15**  
(up to 10 years old)

**Seniors \$15**  
(over 65 years old)

**THURSDAYS**  
**All Haircuts \$17**

Cannot be combined with any other discounts or promotion. \*No card punches with specials

**9 Kirby Plaza • Mt.Kisco • 242-3650**  
**9 N Broadway • Tarrytown • 332-8093**  
**OPEN 7 DAYS**  
**Mon-Fri 9-7 • Sat 9-4:30 • Sun 11-5**

# Police Blotter

## County Police/Mount Kisco

**Nov. 29:** Sparks were observed coming from a light pole on Grove Street at 9:20 p.m. Con Edison was notified and repairs were made.

**Nov. 30:** Police assisted an elderly woman who was having difficulty breathing at a business on East Main Street at 1:39 p.m. She was taken by the Mount Kisco Volunteer Ambulance Corps to Northern Westchester Hospital.

**Dec. 1:** A motorist reported at 9:23 a.m. that his car was sideswiped by another vehicle as he drove south on the Saw Mill Parkway near Route 133. The suspected vehicle exited the parkway at Route 133 and fled the area. The victim was able to get a license plate number; detectives are investigating.

**Dec. 2:** Police responded to CVS on South Bedford Road at 12:25 p.m. after an employee received a call from a man who claimed that two people with automatic weapons and a bomb were in the store parking lot. The incident was determined to be a hoax. Officers turned the matter over to detectives for further investigation.

**Dec. 3:** Police, firefighters and Con Edison responded to the Brookside condominiums on Park Drive at 1:25 p.m. on a report of an odor of gas. Con Edison was able to correct the issue.

**Dec. 3:** Report of a dispute among some customers at Burger King on North Bedford Road at 8:52 p.m. The matter was resolved and all parties went their separate ways.

**Dec. 3:** Police responded to South

Moger Avenue at 9:27 p.m. on a report of an intoxicated man in front of a store. The man was transported to Northern Westchester Hospital for evaluation.

**Dec. 4:** A 17-year-old boy was arrested at a Maple Avenue residence at 10:46 a.m. after he allegedly struck another person with a baseball bat during a domestic dispute. The youth was charged with third-degree assault.

## North Castle Police Department

**Nov. 25:** An officer on patrol observed graffiti on the green Con Edison voltage station between Reservoir Road and the parking lot at 670 N. Broadway at 10:40 a.m. It was the first of four incidents of graffiti observed this date. A building owned by Metro-North at 95 Virginia Rd. also had graffiti discovered at 10:49 a.m. as well as beige-colored Verizon utility boxes near 1 Lafayette Ave. at 10:53 a.m. and on Church Street at 11:26 a.m.

**Nov. 25:** A complainant informed police of possible vandalism in front of the North Castle Public Library on Whipoorwill Road East at 12:12 p.m.

**Nov. 26:** Report of a suspicious incident at a Cider Mill Circle residence at 2:40 p.m. The complainant stated that someone may have tried to force in his

front door while he was away. The caller said he has been through the house and there does not appear to be anything missing. The responding officer reported minor damage to a bottom panel of the front door. Photos and depositions were obtained at the scene and the detective division was advised.

**Nov. 28:** Party arrived at headquarters on Bedford Road at 7:34 p.m. to report receiving a threatening text message from a party that is known to him.

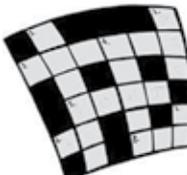
**Nov. 29:** Caller reported that a female wearing an orange Mets shirt walked up to her vehicle on Park Drive at 7:04 p.m. and was crying, saying that she was assaulted and dropped off at the location. The female requested that the complainant notify police because her cell phone was dead. The responding officers located the female subject.

## Pleasantville Police Department

**Dec. 2:** A 19-year-old Howard Beach, Queens man was arrested at 2:06 a.m. outside Jean-Jacques Culinary Creation on Bedford Road for exposure.

**Dec 2:** A 41-year-old Pleasantville woman was arrested for a suspected larceny at the 7-Eleven on Bedford Road at 11:51 p.m.

.....

 **Visit**  
**TheExaminerNews.com**  
**and click on Puzzles**   
**at the top of the homepage**  
**to play today's crossword!**

.....

*B.F.*

**BEECHER FLOOKS FUNERAL HOME, INC.**

*"The place to turn in your time of need!"*

**Personally Owned and Supervised By**

**William F Flooks, Jr. & William J Flooks**  
Proprietor                      Licensed Funeral Director

*Caring for our community since 1928*  
*Personal and Complete Funeral Service*

418 Bedford Road...Pleasantville, NY 10570...769-0001

[www.beecherflooksfh.com](http://www.beecherflooksfh.com)

**Glass Onion**  
ORIGINALS

Specializing in Fine  
American Craft

Fine Art • Sculpture  
• Unique Gifts • Furniture  
Home Accessories • Antiques  
• Exquisite Jewelry • & more...

4 Washington Avenue,  
Pleasantville 914-741-6294  
Open 7 Days —  
Friday and Saturday until 8pm

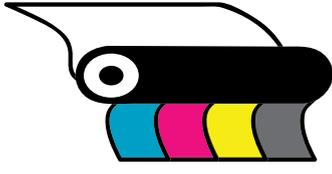


**DAN MAGUIRE  
NUISANCE  
WILDLIFE SERVICE**

Humane Removal & Relocation  
Specializing in Coyote Removal

*N.Y.S.D.E.C. Certified & Licensed  
N.W.C.O. Insured*

**(914) 271-4680**  
Cell: (914) 610-1025  
[www.TraprDan.com](http://www.TraprDan.com)

 **Trumbull**  
PRINTING

Newspapers • Publications • Shoppers • Catalogs • Magazines  
Directories • Coupon Books • College Course Catalogs  
Business and Financial Periodicals  
Free Standing Inserts • Advertising Supplements

**205 Spring Hill Road, Trumbull, CT 06611 • 203.261.2548**  
[www.trumbullprinting.com](http://www.trumbullprinting.com)

# U.S. Attorney Bharara Part of White Plains Drug Forum

By David Propper

Sitting side by side during a forum in White Plains last week were Drug Crisis in Our Backyard co-founder Steve Salomone and U.S. Attorney for the Southern District of New York Preet Bharara.

Salomone said while he never expected to sit next to someone of Bharara's stature, he's glad the push to raise awareness and solutions to combat the drug scourge has gotten the attention of the federal government.

"We've been working on a local level for a long time and to have the support of the U.S. attorney has been terrific," said Salomone, a Mahopac resident. "It's been helpful."

Salomone and Bharara were joined by a drug addiction doctor and drug enforcement agent at Pace Law School in White Plains last Thursday to discuss the seriousness of the area's drug problem and what can be done to stop it. Each speaker offered a different perspective, with Salomone providing the most emotional and personal one.

The Carmel-based Drug Crisis in Our Backyard was founded by 2012 by Salomone and the Christiansen family of Somers after each lost a son to a drug overdose.

Bharara said people across the country are dying from opioid abuse every day and each one of those deaths has devastated

a family and a community, "and it's only getting worse."

Since 1999, opioid deaths have nearly quadrupled, according to the Centers for Disease Control. Overdoses are now the top cause of accidental deaths in America, Bharara noted.

He said the drug problem is at the top of his office's agenda, which is working to shut down unlawful distribution of prescription pills and hard drugs. That includes prosecuting doctors, pharmacists and dealers, Bharara said.

The federal office is also coordinating with local police departments after every overdose death in a community in hopes of discovering the dealer that contributed to that fatality. Every overdose death should be treated as a potential crime scene, he added.

"If you are a coldhearted dealer, not an addict, but a dealer who peddles poison to people after learning about overdoses from your drugs, we're going to come after you, hard."

During Salomone's remarks, he talked about his late son Justin and his struggle with drugs that led to his death in 2012. Salomone said even though Justin was a drug addict, he had many other positive qualities. Salomone also said his family thought they were doing all the right things, but noted Justin had challenges. While a loving kid, Justin had issues



DAVID PROPPER PHOTO

Steve Salomone, co-founder of Drug Crisis in Our Backyard, spoke at a drug forum in White Plains last week that also featured U.S. Attorney Preet Bharara.

adapting to social situations from a young age and handling pressure.

When Salomone first discovered he was using marijuana at 16, he acknowledged that he and his wife should have come down harder. From there, his son's drug use escalated to harder drugs, including cocaine, Percocet and Oxycontin.

Enrolled at Marist College, Justin's addiction grew worse. Salomone said he tried to mentor his son, even bringing him into the company he was working for because he thought Justin needed to be on a "straight arrow path."

He realizes now that he and his wife

didn't approach it the right way.

"I wish I realize now that my son was ill and that I could have helped him," Salomone said.

Even when Justin entered drug rehab programs, he would later relapse despite wanting to be clean, Salomone said.

Once Justin received a job promotion, he couldn't handle it and overdosed at home, Salomone said. It left him debilitated, and he had to enter physical therapy. Once he moved into another home with 12-hour supervision, he died of his second overdose weeks later.

Salomone hopes that his family's story helps others recognize patterns seen in a drug addict. He stressed that drug addiction shouldn't have stigma attached to it.

"Most people will admit that there is a problem in their community," he said. "Most parents will not admit that this problem may be in their own home."

Other speakers were Dr. Abigail Herron, a psychiatrist that specializes in helping drug addicts, and James Hunt, the special agent in charge of the New York field division for the Drug Enforcement Agency.

Herron said drug addicts are able to change behavior with the right help. She said drug addiction is a disease.

"Recovery means living a productive life," Herron said. "And not using illicit opioids with or without ongoing medication."

AMAZING  
THINGS  
ARE  
HAPPENING  
HERE

## WORLD-CLASS CANCER CARE WHERE YOU NEED IT. CLOSE TO HOME.

*NewYork-Presbyterian Hudson Valley Hospital*

At our comprehensive cancer center, we offer the same high standard of care you've come to expect from New York's #1 hospital. With top oncologists and surgeons, including ColumbiaDoctors and NewYork-Presbyterian Medical Group specialists, we're advancing cancer treatment right here in your backyard.

To learn more or to make an appointment, visit [nyp.org/hudsonvalley](http://nyp.org/hudsonvalley) or call 800-482-4842.

IN COLLABORATION WITH  
 ColumbiaDoctors

 NewYork-Presbyterian

To advertise in The Examiner,  
call 914-864-0878

or e-mail

advertising@theexaminernews.com

## The Examiner

**Adam Stone**

astone@theexaminernews.com

**Publisher**

**Martin Wilbur**

mwilbur@theexaminernews.com

**Editor-in-Chief**

**Examiner**  
MEDIA

also publishes

The NORTHERN WESTCHESTER  
**Examiner**

The WHITE PLAINS  
**Examiner**

The PUTNAM  
**Examiner**

To inquire about paid  
subscriptions, email

subscriptions@theexaminernews.com

for pricing and other details.

**PO Box 611**

**Mount Kisco**

**NY 10549**

**914-864-0878**

**www.TheExaminerNews.com**

## Letters Policy

We invite readers to share their thoughts by sending letters to the editor. Please limit comments to 250 words. We will do our best to print all letters, but are limited by space constraints. Letters are subject to editing and may be withheld from publication on the discretion of the editor. Please refrain from personal attacks. Email letters to mwilbur@theexaminernews.com. The Examiner requires that all letter writers provide their name, address and contact information.

Member of

NEW YORK PRESS ASSOCIATION  
**NYPA**

## Editorial

### Money Stands Between Status Quo and Grade Crossing Upgrades

It took less than two years since Metro-North's deadliest accident for lawmakers to take a substantive step.

Last week's announcement that Gov. Andrew Cuomo signed the Railroad Crossing Safety Bill to study all 5,300 grade crossings will hopefully result in real improvements at dangerous locations. The state legislature and the governor should be applauded by anyone who regularly drives over these crossings.

For government, that's moving at a swift clip, and it's smart for the legislature to have placed an ambitious Apr. 1 deadline on the state Department of Transportation (DOT) to submit its study.

These trouble spots are well-documented. The announcement by state senators Terrence Murphy and David Carlucci and Assemblyman Thomas Abinanti at the Commerce

Street crossing last Thursday drove home the point that under certain conditions it is a treacherous location. That is where Ellen Brody on Feb. 3, 2015, crossed into the path of an oncoming train, which killed her and five train passengers.

On one side, there is room for only about three cars between the gate and the Taconic Parkway; maybe four if they happen to all be compact cars and drivers close the gap between themselves.

On the other side by the cemetery there is a sharp curve leading up to the crossing. It's amazing there haven't been more incidents and accidents at that location.

Farther south, the Cleveland Street crossing isn't much better.

At Chappaqua's Roaring Brook Road crossing, the combination of heavy volume, young drivers traveling to and from Horace Greeley High School and the eventual opening of Chappaqua Crossing will make the situation

untenable despite the MTA's pending signal pre-emption. New Castle officials have smartly begun looking into the possibility of tapping into federal funds for an estimated \$50 million bridge over the tracks and parkway.

For anyone who has used the Green Lane exit off the Saw Mill Parkway in Bedford, that is another danger zone.

The question will be whether there is the fortitude for local officials and representatives at all levels of government to keep up the full-court press for state and federal funds for any improvements the DOT recommends. After all, what good would this pending study do if improvements can't be implemented?

Money is always tight, especially as different communities may be competing against each other. But it will be the one opportunity in the foreseeable future to make these crossings safer and save lives.

## Letters to the Editor

### State Senate Challenger Has No Regrets in Bid for 37th District Seat

It was an enormous privilege running for state Senate in New York's 37th District this year. Thank you to the many readers whom I had the opportunity to meet along the trail. Your willingness to share concerns, ideas and even disagreements was invaluable.

I did not prevail on Election Day; it was a tough year to run as a Republican in Westchester. I am enormously proud of my team's campaign for a more

responsive government in Albany. I congratulate Sen. George Latimer on another successful re-election effort.

It is my hope that issues raised by my campaign – fair funding for Westchester schools, enacting term limits, repealing arcane rules that make it so expensive to do business in New York and unfunded mandates that drive property taxes higher, targeted digital drug education and changing state rules that hurt our

developmentally disabled community – served in some small way to elevate the discourse in and about state government. Belief that it did makes every door knock, phone call and chilly 6 a.m. train platform visit well worth it.

Thank you again. Best wishes for a wonderful 2017.

**Julie Killian**  
Rye

### Does Pleasantville Really Need to Be Cleaned Up in Master Plan?

The Examiner quoted Susan Lavate, principle of the planning firm BFJ Planning, retained by the village to guide Pleasantville's Master Plan update, during the Nov. 21 public hearing at the Village Hall, as stating, "We want to clean up the town but keep that character that is Pleasantville."

As a longtime resident of

Pleasantville, I was surprised to read that a professional planner, a principal of a planning firm no less, referred to Pleasantville as a town that needed to be cleaned up. The images that come to mind are serious problems, such as urban blight, abandoned, unsafe buildings, neighborhoods with high crime rates or streets strewn with

garbage and litter.

Do those conditions exist here in Pleasantville or did Ms. Lavate's make an off-the-cuff comment unsupported by facts?

**Howard Zane**  
Pleasantville

### Adopt a Shelter Puppy This Holiday Season

Now that the holiday season is upon us, many people think a puppy would make a good gift. What most forget is that puppies require a lot of time, energy and money and many pet store puppies come from sick and neglected puppy mills.

Nearly eight million companion animals enter U.S. shelters each year, half of which are killed. This is a staggering number of innocent lives lost, with millions more spending many years, if not their entire lives in a small

cage hoping to be adopted.

Instead of buying an expensive and high maintenance puppy as a gift, visit your local animal shelter in order to find one. These loving dogs have already been spayed/neutered, are up to date on vaccinations and microchipped.

We are fortunate in Westchester and Putnam counties to have terrific animal shelters. One of which is the Putnam Humane Society in Carmel, where the most intelligent, friendly and loving dogs I have ever met were adopted.

Shelter pets want nothing more than to be in a loving home, where they will be a terrific new family member.

So, instead of buying a puppy this holiday season, please share your love and home with a dog that desperately needs it. Visit your local shelter, volunteer to walk a dog and always choose to adopt.

**Steve Reid**  
Professional Dog Trainer  
Somers

Entergy brings you...

## know your **Neighbor**

### Jody Finglas Painting Company Owner, Ossining

By Martin Wilbur

In 1990, Jody Finglas planned to pass through New York, a temporary stop between his native Ireland and Australia.

More than 25 years later he is still here and has no intention of leaving.

Finglas is the owner of Finglas Painting, Inc., a business he bought from his former boss in 1999 and renamed when he took it over.

He first learned the trade from a pair of brothers, Michael and James Duff, who also hailed from Ireland. They hired Finglas shortly after he came to the United States. There was so much work in New York in the early '90s, it turned out there was no reason to leave.

"I got a job with this small, small company, Irish guys, painters and was just working as a helper," recalled Finglas, who arrived with his girlfriend at the time from his former home outside of Dublin. "I wound up staying with them for six years and then moved on to another company in Westchester, and eventually when my boss decided to retire, I bought the business

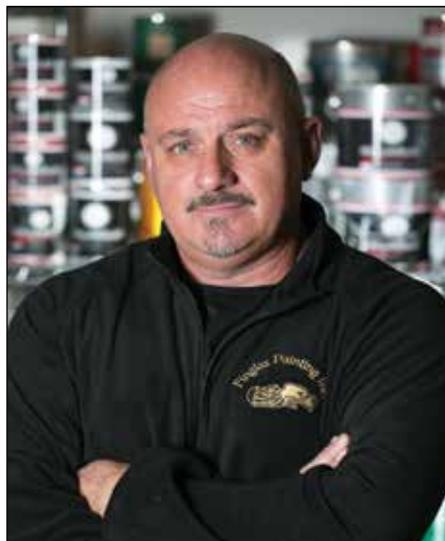
from him."

The nearly decade-long apprenticeship helped Finglas, an Ossining resident, learn how to paint and become a strong businessman. Today, he maintains six full-time employees, which helps keep operations manageable.

He said he finds that one of the most important qualities in his business is working closely with clients to arrange a schedule and cater to their needs.

"I come from a military background. In a lot of ways, it helps me," said Finglas, who spent nine years in the Irish army. "There are a lot of good painters out there but the problem we have found is that there are not a lot of great organizations. So, what ends up happening is it's one thing to have great painters for the work but if they can't organize themselves, schedule the projects, then ultimately at the end of the day it doesn't matter what you finish."

What Finglas says sets him apart from other companies is that he can do the high-end project or a small job. Regardless of the size, he remains personally accessible



to his customers, often visiting the sites. He attracts clients in all types of residences throughout the tristate area, including old Victorian houses.

"If you would pigeonhole yourself for the high-end work, you're going to be waiting for a long time to get your second job," Finglas said. "We cater to everybody."

The main part of Finglas's business, of course, is painting. While the use of latex paint is most popular, it often doesn't provide the quality or durability that oil paint offers. Today, Finglas uses Fine Paints of Europe, where he enjoys mixing and matching colors.

"We're one of the few companies left that uses oil paint," he said. "Everybody has been forced over to the latex. Why latex?

It's quicker. You can get two coats on in the same day, and so it's quicker and you can make a little more money. It just doesn't suit me."

Finglas Painting also hangs high-quality wallpaper and works with interior designers that can remake the inside of a home. In the warm weather, his company works with contractors to do exterior work. In fact, Finglas estimates that as much as 40 percent of his

Leading up to the holidays, homeowners are scrambling to get their houses looking their best, which will keep him busy through the end of the year.

While Finglas could easily expand his operations and hire at least another 10 painters, he prefers to train his staff in the same type of apprenticeship style that made him successful, and most of all, keeps his customers satisfied.

"It's very simple and the lessons I learned in the military seem to translate to business, especially blue collar jobs, very well," Finglas said. "I'm very fair. I'm very accessible. I don't micromanage, but I do expect a lot. I do expect a lot from people who work for me."

Having been able to buy a house and raise his family in Westchester, Finglas said his decision to stay in New York a quarter-century ago was a fortuitous one.

"I was very happy to have been here at that time," Finglas said. "We were kind of the last big push of Irish immigrants who came here in the '90s."

## NEW YORK IS STRONGER WITH INDIAN POINT ON

AS WE DEBATE OUR ENERGY VISION FOR TOMORROW,  
WE SHOULD BE AWARE OF THE BENEFITS OF  
THOSE PLANTS SUPPORTING US TODAY.

Indian Point generates about **25% of the electricity** we use in the City and Westchester. The facility also contributes **\$1.6 billion in economic benefits** each year, and a **total tax benefit of \$340 million** to local, state and federal governments.

Indian Point generates all this power with virtually no greenhouse gas emissions, and is **the largest single source of clean energy** in our region. If we want to achieve our state's ambitious climate goals, our plans must start with Indian Point.

The more you know about the facts, the more you'll agree that New York is stronger with Indian Point on.

Learn more at [www.RightForNewYork.com/StrongerOn](http://www.RightForNewYork.com/StrongerOn)

Indian Point Energy Center  
STRONGER ON





JACKPOT NOW OVER  
**\$1 MILLION\***

YOU COULD BE OUR NEXT  
**BIG WINNER**

**EMPIRE CITY®**  
**CASINO**

 © 2016 Califon Productions, Inc. "Wheel of Fortune" is a registered trademark of Califon Productions, Inc. All Rights Reserved.

\*Current \$10 Wheel of Fortune progressive jackpot as of 11/28/16.



Must be 18 years of age or older to play New York Lottery games or wager on horses. Please play responsibly.

# Happy Holidays!



**SILVIO'S**  
RESTAURANT & PIZZERIA

**Holiday Hours:**  
**Monday Dec. 19th Open 10:00-9:00**  
 Christmas Eve -10:00 -5:00  
 Christmas Day - CLOSED  
 New Year's Eve -10:00 - 10:00  
 New Year's Day - 3:00 - 10:00

**914.769.6077**

Rose Hill Shopping Center  
 628 Columbus Avenue • Thornwood, New York 10594  
[www.silviosrestaurant.com](http://www.silviosrestaurant.com)  
 CLOSED MONDAYS

*Is Your Lighting Ready for the Holidays?*



**10% OFF Showroom**  
With mention of ad

Gift Certificates Available




**Mid-County**  
LIGHTING SHOWROOM  
ELECTRICAL SUPPLIES  
P.O. Box 894, 240 Rte 6, Mahopac, New York 10541  
845-628-9106 [sales@midcountylighting.com](mailto:sales@midcountylighting.com)

**Follow us on Facebook at Fred's Hair Salon**



**Fred's Hair Salon**  
"Bringing your Hair to Life Since 1982"

Katonah Shopping Center • 270 Katonah Ave. Katonah.  
**(914) 232-5201**  
[www.fredshairsalon.com](http://www.fredshairsalon.com)  
 Tues. -Wed. - Fri. 9-6 Thurs. 9-7, Sat. 8-5

Walk-ins Welcome

**Simply the Best Bagels You'll Find!**



*WE HAVE THE FINEST HAND SLICED NOVA!*

**BUY 1 DOZ. BAGELS GET 6 FREE**

*With this coupon • Limit one per customer • Not to be combined with other offers. Expires 12/31/16  
 Mt. Kisco Bagel Co. • Mt. Kisco • 241-0606*

**480 East Main Street  
 Mt. Kisco • 241-0606**



**Sponsor a Local Family this Winter Holiday Season**  
 All recipients are from Westchester & Lower Putnam County

To sponsor a family visit us at:  
 Hidden Treasures & Donation Center  
 1736 Front Street, Yorktown Hts. NY 10598  
 Or Call Donna at: 914-490-3966

Email Address:  
[yorktownloveinaction@gmail.com](mailto:yorktownloveinaction@gmail.com)



# Housing Study, 50 Years Old, Shows Changes in Preferences

The most interesting aspect of my recent move to a new residence was the discovery of an old footlocker in the attic that had been locked for 45 years and never opened. I had lost the key and had to ask a locksmith to open it.

Its contents, which I had forgotten over the years, were the magazine and newspaper clippings where I had achieved public relations placements in my early career. Most fascinating among those findings were clippings about a major housing study that I was assigned to promote. (Who knew that I was involved in real estate all those years before I became a realtor?)

The study was conducted by the design firm founded by that greatest of all industrial designers, Raymond Loewy. Its objective was to determine the preferences of men and women in choosing housing and the differences between the sexes in what they sought in a home. It was sponsored by a consortium of housing material manufacturers.

The study seems to have had enough impact to warrant significant attention by both The New York Times and Time magazine. In combing through the information provided, I found that much has changed in the last half-century, but



By Bill Primavera

some things remained constant.

One of the most comprehensive studies of its type at the time, the national survey involved 2,500 respondents in their homes. For new home prospects, the interviews were conducted before, during and after visits to different types of properties and model homes.

It was the first major study to analyze the difference between men and women in the way they regard homes and housing. It found model homes failed to fulfill the expectations and desires of would-be purchasers, but for different

reasons. Women registered greater general disappointment than men, worried that the home would fail to meet their standards in raising children.

Remember, this was 50 years ago, before we had open floor plans. In those days, kitchens were walled off almost as though they were undesirable places. In the ensuing years, kitchens have opened to dining rooms, family rooms and/or playrooms where mothers and children can interact easily.

Men, on the other hand, saw the new dwelling as failing to serve the major masculine needs, identified at that time as ways to express individuality, protection of personal privacy and the display of possessions and the family. Discontent among women was directed at particular

rooms and functions – the kitchen, entrance and recreation room – while men reacted to specific features and were more permissive of many general faults.

The findings showed the point of greatest husband-wife agreement occurred at the earliest stages of married life and family formation, while agreement waned significantly as the family matured.

Divergent as their motivations may have been when considering such factors as children, individuality, use of time, investment, possessions and socializing, it was concluded that to buy housing, husbands and wives must come to reasonable agreement about what they want. This agreement, it was found, gave greatest weight to children, privacy and convenience. The concern for children, their health, security, social and educational opportunities, came first with both genders until the children had grown and left home.

Probably the biggest change since the study is the psychology of home buying. At that time, it was believed that women were more practical about housing, while males envisioned a dwelling that may have been less satisfactory than they imagined.

Another area that may have changed was the selection of favorite rooms. Fifty years ago, men were more favorably impressed by the foyer and kitchen, while women were not. At the time, men found that the entrance foyer would transfer a favorable

impression as host and homeowner.

There was general agreement between the sexes, however, in the living room and master bedroom/bath combination.

At the time, women associated the kitchen with being more isolated and detached from family and guests, a sort of Siberia, while their preference for the master bedroom was a symbol of marriage security where they could retreat when they wanted to be alone. It was also the room where they saw themselves as “pampered and desirable.”

One of the not-so-startling conclusions of the study was that the purchase of a house was seen as a matriarchal move. When the husband decided to buy a house, the study noted, it was probably for the sake of his wife and children.

Probably the biggest change has been favorite rooms. Surely, the kitchen many times “sells” today’s home, particularly for women. As for men, they have fared pretty well in having their own space for individuality when you consider that the term “man cave” wasn’t in the discussion a half-century ago.

*Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. (www.PrimaveraPR.com). His real estate site is www.PrimaveraRealEstate.com, and his blog is www.TheHomeGuru.com. To engage the services of The Home Guru to market your home for sale, call 914-522-2076.*

**★ ROOFING ✂ WINDOWS ✂ SIDING ✂ DOORS ★**

★ ROOFING ✂ DECKS ✂ DOORS ✂ SIDING ✂ WINDOWS ✂ SIDING ✂ DOORS ✂ DECKS ✂ ROOFING



**DON'T BE THAT HOME OWNER WHO WAITS UNTIL THE LAST MINUTE TO BUTTON UP YOUR HOME BEFORE WINTER IS HERE. CALL NOW FOR YOUR FREE ESTIMATE BEFORE YOUR HOME CATCHES A COLD!**



**MIRACLE HOME IMPROVEMENTS**  
**NO \$ DOWN!!!**  
Under \$20,000

**914 ★ 271 ★ 9119**  
Family Run, Owner Supervision on all Jobs...  
Exceptional Quality & Service @ AFFORDABLE Prices...

**ROOFING ★ WINDOWS ★ SIDING ★ DOORS**  
**DECKS ★ LEADERS ★ SEAMLESS GUTTERS**

Visit our office & showroom to see the variety of products on display, or we will bring our showroom to you.

**2010 Albany Post Road • Croton-on-Hudson, NY**  
[www.miraclehomeimprovements.com](http://www.miraclehomeimprovements.com)  
Robert & Mary Sniffen, Owners

Lic# WC 10415H99  
PC 1817-A  
YNK#3807 #-H-12519-07-23-00

★ ROOFING ✂ DECKS ✂ DOORS ✂ SIDING ✂ WINDOWS ✂ SIDING ✂ DOORS ✂ DECKS ✂ ROOFING

**★ SEAMLESS GUTTERS ✂ LEADERS ✂ REPAIRS ★**





**GOT STUFF? WE GOT SOLUTIONS**  
[www.safehavenselfstorage.com](http://www.safehavenselfstorage.com)

- WE SELL BOXES, CARTONS, LOCKS
- SAFE AND SECURE
- FULL INSIDE LOADING DOCK
- ACCESS TO YOUR UNIT 7 DAYS A WEEK
- CLIMATE CONTROLLED ENVIRONMENT

NEW CUSTOMERS

50% OFF

FIRST 3 MONTHS\*

ELMSFORD 444 SAW MILL RIVER ROAD (9A) | 914-592-1000  
MOUNT KISCO 333 NORTH BEDFORD ROAD | 914-666-7233

\*RESTRICTIONS APPLY

# Harlem Wizards Thrill Crowd at Fox Lane for a Great Cause

By Anna Young

The Bedford Central School District hosted its third annual Basketball Bash inviting the Harlem Wizards to a hoops showdown against several teachers and administrators Sunday afternoon.

Families packed the Fox Lane High School gym to support their favorite teachers and cheer on the Wizards, who thrilled the audience with slam dunks and trick shots while entertaining the crowd to raise money for district programs.

"Typically, all money goes into kids programming and supplementing enrichment programs, field trips, books, etc.," said Annie Bai, the event's co-chair. "Everything is 100 percent for the kids."

About \$7,000 was raised for the district, which will be apportioned among all of the



Families packed the Fox Lane High School gym on Sunday to be entertained. Children from the district were part of the show that raised about \$7,000 for district programs.

district's elementary school PTAs based upon each school's ticket sales, Bai said.

The Harlem Wizards travel around the country participating in charity events to provide an enthusiastic community-

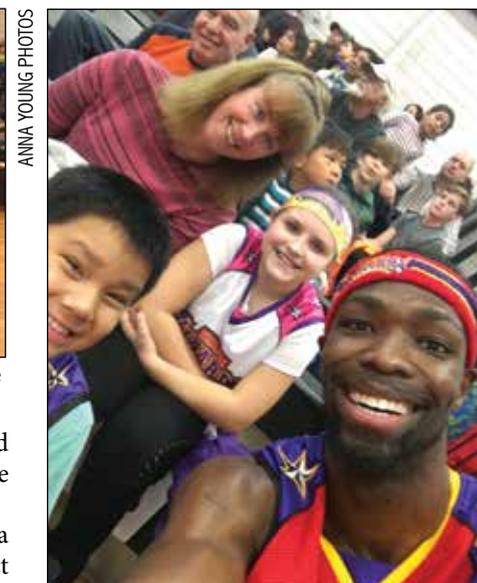
building event to help fundraisers exceed their expectations by "spreading the love through basketball."

Prior to the event, the Wizards held a free assembly at each school in the district discussing their experiences as athletes and promoting health, wellness and hard work.

"This is our second time attending this event," said parent Joe Ramio, who was accompanied by his son, Jake. "He enjoys seeing his teachers participate and it gives him people to look up to."

Prior to the game, several students warmed up with the team and were made honorary members of the Harlem Wizards, wearing jerseys signed by the players.

Between quarters, Wizards players engaged the audience, dancing with kids in the stands and the faculty on the court, taking photos and signing autographs. They also brought children onto the court



The Harlem Wizards' Showtime takes a selfie with young fans.

for a chance to win prizes.

Despite the faculty's obvious matchup disadvantage, they did hold their own, making sure to put on a good show for students and their families. With every basket, the faculty received loud cheers and applause from the community.

"This is a great fundraiser for the whole district," said Kweon Stambaugh, the principal at Mount Kisco Elementary School. "This is my second time participating and I love partaking in a family-fun community-building event."



Showtime is all smiles during an afternoon of fun.



A-Train and a fan

**Phelps Hospital**  
**Northwell Health**

## Ask the Doctor

### Q&A on Alzheimer's disease

#### Q. What is Alzheimer's disease?

A. Alzheimer's disease is a neurodegenerative disorder commonly seen in older age. It is associated with an abnormal protein accumulation in the brain that damages brain cells, leading to cognitive symptoms including memory loss, difficulty with mental processing and skill-related tasks. Alzheimer's is a gradual and progressive process and is the most common neurodegenerative disorder in the United States. Although Alzheimer's rarely happens in the young, it increases with age, doubling in prevalence every 5 years after age 65.

#### Q. What is the difference between Alzheimer's disease and senile dementia?

A. Senile dementia is an outdated term used when associating aging with memory loss. It is a broad term that encompasses various types of dementia leading to memory loss, which include Alzheimer's disease and a variety of brain disorders such as stroke, trauma and Parkinson's disease.

It is important to distinguish normal aging from dementia. In normal aging,

there is a slowing down of mental and bodily functions, but it's not significant enough to cause functional impairment. You may occasionally forget where you put the keys, where you parked the car, and other people's names, but this memory loss is not severe enough to affect your ability to perform activities of daily living. Alzheimer's disease causes impairment of memory, as well, but it also affects the areas of the brain involving executive function (ability to plan or solve problems), visuospatial skills (ability to navigate, locate the position of objects), and, in its more advanced stages, language and behavior.

#### Q. Does Alzheimer's run in the family?

A. Alzheimer's disease does run in some families, particularly in early onset dementia (less than 65 years of age), which represent 1 to 2% of all cases. For late onset dementia, there is a slight increase in risk if a relative was diagnosed past 65 years of age. Alzheimer's is more common in women than in men, which can be explained by longer lifespan and other genetic, hormonal and societal factors.



#### Q. Is there a cure for Alzheimer's?

A. There is no cure to date. Alzheimer's medications such as donepezil, namenda, rivastigmine, or galantamine do not prevent, modify, or reverse the process but may help improve cognition, behavior, and the ability to perform daily tasks.

#### Q. Are there any activities or lifestyle changes that are helpful for someone with Alzheimer's disease?

A. Patients with Alzheimer's and other types of dementia should be encouraged to increase their mental, physical and social activities. Lifestyle modification, following a healthy diet (e.g., Mediterranean diet), and regular physician care to lower cardiovascular risk may be beneficial. Safety issues, such as driving ability and conditions in the home, should be evaluated and modified, if necessary, to prevent injury.

#### Q. Where is the best place for someone with Alzheimer's to live?

A. If it's safe and possible, which depends on the person's level of function and the availability of support, the best place for a person with Alzheimer's to live is in a

familiar environment such as their own home. It is important to keep everything constant to lessen the occurrence of disorientation and neurobehavioral problems such as agitation, psychosis and combativeness. The patient and his/her family are encouraged to discuss advance care planning with the patient's primary care provider.



**Paul Lleva, MD**  
Dr. Paul Lleva, a neurologist, is a Phelps Medical Associates physician and an assistant professor of neurology at New York Medical College. He is board certified in internal medicine, neurology and vascular neurology. For an appointment with Dr. Lleva, please call 914-366-5330.

# Fire Extinguisher Goes Off in Mt. Pleasant School Bus, No Injuries

By Neal Rentz

A fire extinguisher went off in a school bus carrying students from Columbus Elementary School to Hawthorne Elementary School on Nov. 29, but none of the pupils were injured.

Superintendent of Schools Dr. Susan Guiney informed Mount Pleasant School District residents in an e-mail blast that evening of the incident.

"All students on the bus were checked by school nurses and no serious injuries were reported," Guiney stated in her newsLINK Superintendent e-mail. "Mount Pleasant police, along with local EMS, were called and available to

students and parents as needed. Parents were advised to contact their family pediatrician if needed."

Guiney said school officials and Royal Coach Lines, which provides the district's school bus service, are investigating the extinguisher discharge.

"No foul play is suspected," Guiney stated.

Director of Business Administration Andrew Lennon said last Wednesday phone calls were made by the district to the parents of students on the school bus. All parents had spoken to a school nurse and/or district administrator by the time they picked up their children,

he said. No student required medical attention.

"Last year we had a similar incident take place. The results of that investigation found that the safety pin on the extinguisher had become dislodged but the exact cause of (this) discharge was undetermined," Lennon said.

A joint statement Monday from Lennon and Columbus Elementary School Principal Michael Cunzio said extra precautions are being taken to prevent another incident.

"The District's investigation has revealed that all DOT safety measures

were in place at the time and the incident did not occur due to the action of any individual on the bus," the statement read. "The District has met with Royal Coach to address this situation, as this is the second such incident to occur. To avoid any more occurrences, extra precautions are being taken by Royal Coach including utilizing plastic safety ties on the extinguishers and relocating them to another location in the bus."

Residents with any questions related to the incident can send an e-mail to Lennon at [alennon@mtplcsd.org](mailto:alennon@mtplcsd.org).

## 'Are You What You Eat?' Series Begins This Week at Mt. Pleasant Library

Thanksgiving is over and you did your part. Have you had enough free range turkey? Pumpkin pie made from fresh squash?

The farm-to-table and local food sourcing movements and how they translate into better health are trending topics. "Are You What You Eat?" is a free three-part lecture series at the Mount Pleasant Public Library designed to help answer questions about the best options for your kitchen table.

The series, developed by library administration, trustees and concerned community members, features local specialists on the topics of food production, food and health research and alternative food sources.

The series debuts this Wednesday, Dec. 7 at 7 p.m., and continues on Jan. 11 and Feb. 8.

The series begins with "A Consumer's Guide to Food Production." Dr. Urvashi Rangan, a food safety and sustainability consultant, will discuss how to navigate today's food marketplace. Which claims are credible and which are just green noise?

Over the past 20 years, consumers have wanted to learn more about how their food is produced and are increasingly demanding better and more sustainable production. Learn what you need to know to make meaningful choices. Hear about specific investigations on ground beef, shrimp and pesticides that highlight the problems and solutions in food production. The talk also will include a discussion of regulatory oversight and where consumers can press for change.

All lectures are free and begin at 7 p.m. at the Mount Pleasant Public Library, located at 350 Bedford Rd. in Pleasantville. For more information about library programs, call 914-769-0548 or visit [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).



*Seasonz Greetings*

Visit our *Olive Oil & Vinegar Tasting Room* with over 25 flavors to choose from

*Custom Oil & Vinegar Gift Baskets*

*Holiday Memories with Fraiser Fir*

*Holiday giving made easy with complimentary gift wrapping*

**53 South Moger Avenue, Mount Kisco, NY 10549**  
**914-666-4438**

**Business of the Week**

## The Center for Health and Healing Mt. Kisco

**By Colette Connolly**

In a fast-paced, overscheduled culture, Melanie Ryan and Andy Steigmeier provide solace away from it all. At The Center for Health and Healing in Mount Kisco, there's the opportunity to meditate and to heal the mind and body thanks to a holistic approach that tackles a variety of common ailments.

The 3,300-square-foot facility is a place where people are "encouraged to go within," Ryan said. Its central point is a large room for meditation, where clients leave their cell phones behind and soak up the energy that supports healing, she said.

There are several modestly decorated offices, providing what Ryan described as a "very quiet and peaceful" atmosphere. It's where Ryan, a holistic psychotherapist, meditation teacher and Shamanic Reiki energy master, said clients can avail themselves of the unique healing that she and her husband provide.

"To be holistic means that our training and philosophical approach address the whole being of humans, that is, the interconnected relationship between the

mind, body and energy system of each individual," she said.

The center offer four types of services for individuals, families and groups, including body massage and therapies, energy and soul healing, health and wellness and mental health services.

In a society that is too often reliant on prescription medicines, Ryan said the center uses naturopathic and homeopathic solutions instead. Chinese herbs and other supplements are available for patients whose bodies have been adversely affected by diet. Migraine headaches, for example, are greatly reduced through craniosacral therapy and hypnotherapy sessions are available for patients looking to quit smoking, lose weight or cope with fears and phobias.

Patients suffering with chronic pain from sports injuries, fibromyalgia and pre- and post-surgery discomfort find much relief from Steigmeier's positional therapy treatments, a gentle technique that addresses neuromuscular and muscular-skeletal disorder.

"In a series of sessions, we can greatly



Melanie Ryan and Andy Steigmeier, co-founders of The Center for Health and Healing in Mount Kisco.

reduce or eliminate pain," said Steigmeier, who is also a meditation teacher.

He explained that this "very gentle practice" addresses the pain's root cause.

Central to the healing process is the practice of Reiki, a hands-on Japanese relaxation and healing technique that works with the body's energy system to reduce stress and promote well-being.

Ryan said Reiki energy healing is suitable for children and adults, and has been successful in addressing ADHD and other learning disabilities in youngsters.

Other classes for children include Holistic Literacy and Mommy and Me

meditation, with more scheduled for the upcoming months.

The center's practitioners, including Ryan, use a variety of healing methods to promote wellness, such as Crystal Reiki and Shamanic Reiki, Chakra clearing, past-life regression, intuitive tarot and energy reading and Akashic records reading.

Ryan said all of the center's practitioners are trained as energy healers in addition to their own specialties.

"Our practitioners have multiple gifts," she said. "We wear many hats."

The Center for Health and Healing is as much a learning and training facility as it is a place where patients can de-stress and find natural solutions to health issues. Workshops, classes and professional training sessions are provided by world-renowned master teachers and authors. The facility also collaborates with the Rhinebeck-based Westchester Buddhist Center to provide meditation sitting groups.

"A lot of our work involves educating and empowering people, giving them all the options from modern methods to ancient healing," said Ryan.

The Center for Health and Healing is celebrating its first anniversary on Sunday, Feb. 12 with a free event from 11 a.m. to 4 p.m. For more information on this and other events and programs, call 914-864-0462 or visit [www.Center4Healing.net](http://www.Center4Healing.net). It is located on the second floor at 4 Smith Ave. in Mount Kisco.

**Select Books**  
Distinctive Cards  
**Unique Gifts**  
Children's Books  
**Special Orders**  
Free Gift Wrapping  
Agate Book Ends  
Journals  
Book Group Discounts  
School Orders  
Gift Certificates  
Bookmarks  
Out-of-Print Searches  
Reference Books  
Cookbooks  
...and more!

**The Village Bookstore**

Ten Washington Ave.  
Pleasantville, NY  
Across from the Burns Film Center

914.769.8322  
[staff@pleasantvillebooks.com](mailto:staff@pleasantvillebooks.com)

**Aardvark Pet Supplies, Inc.**

Not your Average pet store

**For all your pet needs**

Visit us at:  
**58 Washington Avenue,  
Pleasantville**

**(914) 747-4848**  
E-mail: [aarvarkpet@verizon.net](mailto:aarvarkpet@verizon.net)

**Virginia Marx Children's Center**  
at Westchester Community College

**silkstudiokids**

child and family  
lifestyle photography

portraits · events  
westchester · nyc

[www.silkstudiokids.com](http://www.silkstudiokids.com)  
gift certificates available

**HAPPY, HEALTHY AND READY FOR KINDERGARTEN**

- Learning through play, discussion, art, music and more
- Enrichment programs in music and movement, nature, science, yoga
- Well-rounded emotional, social, physical and academic development

Openings available now for preschoolers (3-5 yrs); limited availability for infants and toddlers.

Center hours: Monday-Friday, 7:00 AM to 6:00 PM

**CALL TODAY TO SCHEDULE A TOUR: (914) 606-6644**

Virginia Marx Children's Center at Westchester Community College  
75 Grasslands Road, Valhalla NY 10595  
(914) 606-6644 ■ [vmcc@sunywcc.edu](mailto:vmcc@sunywcc.edu)  
[www.sunywcc.edu/student-services/childrenscenter](http://www.sunywcc.edu/student-services/childrenscenter)

# Happenings

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Martin Wilbur at [mwilbur@theexaminernews.com](mailto:mwilbur@theexaminernews.com).

## Tuesday, Dec. 6

**Bereavement Support Group.** For adults dealing with the loss of a loved one. Led by Bereavement Coordinator Bess Steiger. Phelps Hospital, Room 235, 755 N. Broadway, Sleepy Hollow. 2 to 3:30 p.m. Free. Also Dec. 20. Pre-registration required. Info and pre-registration: 914-366-3325 or e-mail [bsteiger@pmhc.us](mailto:bsteiger@pmhc.us).

**Drop-in Tech Help.** Drop in for help with any of your technology devices. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 6 p.m. Free. Every Tuesday. Info: 914-666-8041 or [www.mountkisco.org](http://www.mountkisco.org).

**Plan Today for Tomorrow.** Elder law attorneys Salvatore M. Di Costanzo and Jennifer L. Bienenstock will field questions, listen and share tips on elder law and estate planning topics. Learn about specific documents every person should have, plus strategies on protecting your assets in consideration of future long-term care. 6 to 7:30 p.m. Free. Location of event will be made known to registrants. Limited to 15 attendees on a first-come, first-served basis. Info and registration: 914-245-2440 or e-mail [mharrison@mfd-law.com](mailto:mharrison@mfd-law.com).

## Wednesday, Dec. 7

**Master Networker Meeting.** Join this high-energy interactive membership network of learning-based, service-oriented entrepreneurs and business leaders. Come be a guest any Wednesday to learn more about this world-class business training and referral program. Mount Kisco Coach Diner, 252 E. Main St., Mount. 7:30 to 8:30 a.m. Free. Every Wednesday. RSVP suggested. Info and RSVP: Contact Julie Genovesi at 303-929-7203 or e-mail [julie@eurobella.net](mailto:julie@eurobella.net) or just drop in.

**Zumba Fitness.** Achieve long-term benefits while having a blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life. For all fitness levels. Dance Emotions, 75 S. Greeley Ave., Chappaqua. Every Monday and Wednesday at 9 a.m. and Saturdays at 10 a.m. Drop in or weekly discount rates available. Info: Contact Peggy at 914 960-4097.

**Baby Time.** A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10 to 10:30 a.m. Free. Every Monday and Wednesday. Info: 914-769-0548 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Pound Fitness Program.** A 45-minute full-body jam session that combines cardio, Pilates, plyometrics and isometric movements and poses with the excitement and euphoria of drumming. Using lightly weighted drumsticks called Ripstix, you'll

rock your entire body into beautiful shape while torching calories, isolating core muscles and strengthening coordination and balance. Dance Emotions, 75 S. Greeley Ave., Chappaqua. 10:15 a.m. \$20. Every Wednesday. Also Saturdays at 11:15 a.m. RSVP required. Info and registration: Contact Peggy at 914-960-4097.

**New Mommy Meet-up.** Whether you just gave birth to your first or fourth child, join us and enjoy time to meet and chat with other new moms in the Rompereer Indoor Playground. This is not a structured class, but rather an opportunity to hang out with your new baby. We also invite guest speakers to come and share their expertise about various topics that interest parents of new babies. World Cup Schools, 160 Hunts Lane, Chappaqua. 10:15 to 11 a.m. Free. Every Wednesday through June 21, 2017. Info: 914-238-9267.

**Adult Coloring Club.** It's a relaxing, analog stress-reducer that can give you a sense of accomplishment. Coloring also provides a creative outlet to people who may not be trained artists. The library provides colored pencils and intricate mandala patterns, just bring your creativity. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 10:30 a.m. Free. Every Wednesday. Info: 914-273-3887 or [www.northcastlelibrary.org](http://www.northcastlelibrary.org).

**Toddler Storytime.** Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10:30 to 11 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Senior Benefits Information Center.** Counselors offer older adults one-on-one counseling covering a broad range of topics including Medicare health and prescription plans, food stamps, HEAP, EPIC, weatherization, minor home repair and tax relief programs. Mount Kisco Public Library, 100 Main St., Mount Kisco. 10:30 a.m. to 1:30 p.m. Free. Every Wednesday. Info: 914-231-3260.

**Preschool Storytime.** This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 11 to 11:30 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Storytime.** For children 18 months to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Wednesday and Thursday. Info: Visit 914-666-8041 or [www.mountkisco.org](http://www.mountkisco.org).

[mountkisco.org](http://www.mountkisco.org).

**Destination Latin America Gallery Talk.** Join scholar Marianelly Neumann as she examines this exhibit's sections on African legacy, totems and magical realism in Latin America. Neuberger Museum of Art, 735 Anderson Hill Rd., Purchase. 12:30 to 1:30 p.m. \$10. Purchase College students, staff and faculty and museum Art Circle Level members: Free. Info: 914-251-6100 or visit [www.neuberger.com](http://www.neuberger.com).

**Mind Games.** Fun exercises and tips for seniors to help stimulate the mind. Phelps Hospital boardroom, 701 N. Broadway, Sleepy Hollow. 2 to 3:30 p.m. Free. Registration required. Info and registration: 914-366-3937.

**The Explorers Club.** A new literacy/activity program this fall. Join Miss Debbie to explore a new theme each week (science, art and more) through literacy and hands-on activities. Come read, discover and create. For children five to seven years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 3:30 to 4:15 p.m. Free. Every Wednesday. Registration required. Info and registration: [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Knitting at the Library.** Knitters and crocheters of all skill levels. For ages 10 and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 p.m. Free. Every Wednesday. Info: 914-864-8041 or [www.mountkisco.org](http://www.mountkisco.org).

**Breast, Ovarian and Gynecological Cancer Support Group.** Northern Westchester Hospital at Chappaqua Crossing, 480 Bedford Rd., Chappaqua. 7 p.m. Free. Meets the first Wednesday of every month. Registration required. Info and registration: 914-962-6402 or 800-532-4290.

**Separation/Divorce Support Group.** A new group for men and women separated, in the process of separating or post-divorce. Establishes a safe place where attendees can deal with the pain and loneliness brought about by the ending of a significant relationship. This nondenominational group will use the 12 Steps to focus on its members and the choices made to cope and adjust. Lutheran Church of the Resurrection, 15 S. Bedford Rd., Mount Kisco. \$10. Every Wednesday. 7 to 8:30 p.m. Info: Contact Ilene Amiel at 914-980-0898 or e-mail [12stepdivorcegroup@gmail.com](mailto:12stepdivorcegroup@gmail.com) or visit [www.meetup.com/Mount-Kisco-12-step-Separation-Divorce-Support-Meetup](http://www.meetup.com/Mount-Kisco-12-step-Separation-Divorce-Support-Meetup).

**"A Consumer's Guide to Food Production."** Dr. Urvashi Rangan, a food safety and sustainability consultant, will discuss how to navigate today's food marketplace. Which claims are credible and which are just green noise? Over the past 20 years, consumers have wanted to learn more about how their food is produced and are increasingly demanding better and

more sustainable production. Learn what you need to know to make meaningful choices. The first of three monthly programs that form the Are You What You Eat? series. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 7 p.m. Free. Info: 914-769-0548 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

## Thursday, Dec. 8

**"Substance Abuse Treatment: Widening the Circle."** The Westchester Jewish Community Services' annual Kurz Conference will feature this discussion. The conference will also address family members helping substance abusers, smoking cessation and cannabis' effect on the young brain. Dr. Jeff Foote, co-founder of the Center for Motivation and Change, will be the featured speaker. Westchester County Center, 198 Central Park Ave., White Plains. 8:30 a.m. to noon. \$60. Registration required. Visit [www.wjcs.com](http://www.wjcs.com). Info: Contact John Alterman at 914-949-7699 or e-mail [edinstute@wjcs.com](mailto:edinstute@wjcs.com).

**Knitting Circle.** This group is open to everyone who has an interest in knitting. Live, love, laugh, learn and have fun together during these creative journeys. Come share patterns and ideas and celebrate creative spirits together while enjoying the ancient art of knitting. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 10 a.m. to 12:30 p.m. Free. Every Monday and Thursday. Info: 914-273-3887.

**Toddler Storytime.** Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10:30 to 11 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Preschool Storytime.** This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 11 to 11:30 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Osteoporosis Support and Education.** For individuals with osteoporosis. This program provides education on nutrition, exercise (weight-bearing, strengthening and balance) and activities of daily living. A physical therapist will be the guest speaker. Phelps Hospital boardroom (C Level), 701 N. Broadway, Sleepy Hollow. 11 a.m. to 12:30 p.m. Free. Registration required. Info and registration: 914-366-2270.

**Mahjongg Club.** Intermediate players welcome. Participants must bring their own

*continued on page 24*

# The Joys of Seasonal Eating

*“Adopt the pace of nature: her secret is patience.”*

– Ralph Waldo Emerson

A friend of mine has the above quote displayed on a stone plaque at the entrance to her backyard garden. It is a reminder of the importance of slowing down and appreciating nature. I

notice how simply entering the garden space and getting my hands in the soil calms my breathing.

Recently, I led a workshop about gardening for promoting well-being, and found it fascinating how the participants talked about their gardens, their frustrations with tedious weeding or vegetables that didn't flower, but overwhelmingly felt it was all worth it when they reduced stress by realizing the feeling of cultivating something, of seeing the vegetables in their different growth



By Joanne Witmyer

stages during the season. Being patient with that process and feeling grateful to be outdoors in nature is a comfort, especially when there is change going on all around us.

Part of the delight of seeing vegetables thrive in our gardens is feeling in sync with the seasons. Buying foods in season can also be more economical, and the nutrients are higher in local, seasonal vegetables.

Transitions in nature are important signals to tune into. When we are able to find ways to do that, studies have shown that we find ourselves in a more balanced state. For example, this time of year in our local area we are gathering harvests, adding firewood to our homes and starting to crave more comfort foods, as the temperatures become cooler.

Tune into these cravings. For instance, if you find yourself yearning for sugar, look for carrots or beets as natural ways to satisfy those needs.

Try these simple, seasonal recipes and let me know how you feel after enjoying them.

## Carrot Soup (Serves 6)

### Ingredients

- 3 pounds carrots
- 6 cups water
- 1 teaspoon cayenne
- 1 teaspoon ground ginger
- 1 teaspoon turmeric
- Sea salt and freshly ground black pepper, to taste

### Instructions

Peel and chop carrots, place in a large pot, add water and all spices. Cook over medium heat about 30 minutes or until carrots are tender. Allow to cool, then puree with a hand-held blender until soup is smooth. Serve the soup warm.

## Raw Beet Salad (Serves 4)

### Ingredients

- 1 pound beets
- 1 medium shallot
- 1 tablespoon extra-virgin olive oil

1 tablespoon freshly squeezed orange juice

- 1 teaspoon orange zest
- 1 teaspoon dry tarragon

Sea salt and freshly ground black pepper, to taste

### Instructions

Peel the beets and shallot, place into a food processor and shred. Put the mixture into a large bowl, add the remaining ingredients, stir and serve.



*Joanne Witmyer is the founder of Indigo Health and Wellness, based in Briarcliff Manor. She teaches group workshops, offers consulting to companies and helps individuals achieve their wellness goals – particularly during times of change and transition. Do you*

*have feedback relating to topics you would like to read about in future columns? Contact Joanne at [Joanne@IndigoHW.com](mailto:Joanne@IndigoHW.com).*

**Follow us on**



**twitter**

[twitter.com/ExaminerMedia](https://twitter.com/ExaminerMedia)



**Find us on Facebook**

Search for **EXAMINER MEDIA**

**914-864-0878**

[advertising@theexaminernews.com](mailto:advertising@theexaminernews.com)

[www.theexaminernews.com](http://www.theexaminernews.com)

**FISHLIN & FISHLIN, PLLC - ATTORNEYS AT LAW**  
 WESTCHESTER, ROCKLAND AND NEW YORK CITY

**Probate | Administration | Wills | Trusts**  
**Estate Litigation | Guardianship**  
**Commercial Litigation | Real Estate**



**TODD FISHLIN | LEWIS FISHLIN**

**WESTCHESTER OFFICE**    **NEW YORK CITY OFFICE**  
 100 SOUTH BEDFORD RD.    60 EAST 42ND STREET  
 SUITE 340    SUITE 4600  
 MT. KISCO, NY 10549    NEW YORK, NY 10165

FOR ALL APPOINTMENTS CALL OR EMAIL  
**(212) 736-8000 | [WWW.FISHLINLAW.COM](http://WWW.FISHLINLAW.COM)**

ATTORNEY ADVERTISING

# EXAMINER MEDIA Classifieds

120616

## AUTO DONATIONS

**Donate your car to Wheels For Wishes,** benefiting Make-A-Wish. We offer free towing and your donation is 100% tax deductible. Call 914-468-4999 Today!

**Donate your car to Wheels For Wishes,** benefiting Make-A-Wish. We offer free towing and your donation is 100% tax deductible. Call 315-400-0797 Today!

## COLLECTIBLES

**TOP CASH PAID INSTANTLY FOR COLLECTIBLES!** -WE BUY Baseball Cards, Autographs, Records, Silver Coins, Golf Items, Art, Jewelry, Comics Etc., Call Joe Today @ 914-310-5153

## FARMING

**Our Hunters will Pay Top \$\$\$ To hunt your land.** Call for a Free Base Camp Leasing info packet & Quote. 1-866-309-1507  
www.BaseCampLeasing.com

## FOR RENT

**4BR, 2.5BTH House in Chappaqua Schools.** Fully renovated with new kitchen, appliances, bathrooms. - \$3200. Also fully renovated 3 BR Apartment in Chappaqua Schools - \$2,500. 4 Car GARAGES, open bays - \$1,000 (or \$250 each). - 917-328-2420

## HEALTH

**IF YOU USED THE BLOOD THINNER XARELTO** and suffered internal bleeding, hemorrhaging, required hospitalization or a loved one died while taking Xarelto between 2011 and the present

time, you may be entitled to compensation. Call Attorney Charles H. Johnson 1-800-535-5727

## HELP WANTED

**STYLIST WANTED, MAN OR WOMAN,** Following preferred, for a growing salon in **Katonah.** 914-232-5201

## HUNTING

**OUR HUNTERS WILL PAY TOP \$\$\$** to hunt your land. Call for a free Base Camp Leasing info packet and quote. 866-309-1507. www.basecampleasing.com

## LEGAL NOTICES

**NOTICE OF FORMATION OF SMOOSHYTECH, LLC** Articles of Organization filed with Secretary of State of New York (SSNY) on September 27, 2016. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **States Corporation Agents, Inc., 7014 13th Avenue, Suite 202, Brooklyn, NY 11228.** Purpose: Any lawful purpose.

**NOTICE OF FORMATION OF MELODY REALTY GROUP LLC,** a domestic Limited Liability Company (LLC). Articles of Organization filed with the NY State Secretary of State on 08/10/2016. NY office location: Westchester County. The Secretary of State is designated as agent upon whom process against the LLC may be served. The Secretary of State shall mail a copy of any such process against the LLC to 315

**7th Ave., Pelham, NY 10803. Purpose: Real Estate Rental and Management.**

**NOTICE OF FORMATION OF VAULTED GOLD SERVICES LLC.** Articles of Organization filed with the Secretary of State of New York (SSNY) on 10/26/2016. Location: Westchester. SSNY designated as agent for service of process on LLC. SSNY shall mail a copy of process to: **VAULTED GOLD SERVICES LLC, PO BOX 8542, PELHAM, NY 10803.** Purpose: Any lawful purpose.

**NOTICE OF FORMATION OF EXECUCARE SOLUTIONS, LLC.** Arts of Org filed with the Secy of State of NY (SSNY) on 10/14/2016. Office loc: Westchester. SSNY designated as agent upon whom process may be served. SSNY shall mail a copy of any process against the LLC to: **LEGALINC CORPORATE SERVICES INC., 1967 Wehrl Drive, Suite 1-086, Buffalo, NY 14221.** Purpose: Any lawful act.

**NOTICE OF FORMATION OF PETER SONNENBERG, LLC.** Arts. of Org. filed with SSNY on 08/08/16. Office location: Westchester County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to: **Peter Sonnenberg 1133 Pleasantville Road Briarcliff Manor NY 10510.** Purpose: any lawful act or activity.

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC). NAME: THERAQUEST LLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/25/2016. Office location: Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of the process to: **The LLC, 444 E Boston Post Road, Mamaroneck, New York 10543, principle business location of the LLC.** Purpose: any lawful business activity.

**NOTICE OF FORMATION OF DIABETIC SWEETS OR SYDELLES SWEETS.** Articles of Organization filed with the Secretary of State of New York (SSNY) on October 24, 2016. Office location: Westchester County. SSNY designated as agent upon whom process may be served and shall mail process to: **16 Scenic Drive, South Salem, NY 10590.** Purpose: Any lawful acts.

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC). NAME: SKYHOOK PRODUCTIONS LLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 11/01/2016. Office location: Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to: **The LLC, 215 Loring Avenue, Pelham, New York 10803, principal business location of the LLC.** Purpose: any lawful business activity.

**NOTICE OF FORMATION OF BUSINESS CONCIERGE UNLIMITED, LLC.** Articles of Organization filed with Secretary of State of New York (SSNY) on October 21, 2016. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **600 Mamaroneck Avenue, Harrison, NY 10528.** Purpose: Any lawful purpose.

**NOTICE OF FORMATION OF MOST AND CO PRODUCTIONS LLC.** Arts of Org. filed with SSNY on 11/17/16. Office location: Westchester County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to principal business address: **Michael Wong, 2 Pell Place, Pelham, New York 10803.** Purpose: any lawful purpose.

**NOTICE OF FORMATION OF T.C. INVESTIGATIONS, LLC,** Articles of Organization filed with the SSNY on October 17, 2016. Office location: Westches-

## Your First Step Toward a Secure Future

WRITTEN TEST TO BE HELD FEBRUARY 11 • FILING DEADLINE DECEMBER 20

### Correction Officer Trainee

- \$40,590 hiring rate
- \$42,695 after 6 months
- \$48,889 after 1 year
- PAID time off
- GREAT benefits
- Retire after 25 years  
AT ANY AGE

Apply on-line today or download exam information and applications at: [www.cs.ny.gov/exams](http://www.cs.ny.gov/exams)

Additional information about the position of correction officer is available on our website at [www.doccs.ny.gov](http://www.doccs.ny.gov)



**Corrections and  
Community Supervision**

ANDREW M. CUOMO, GOVERNOR • ANTHONY J. ANNUCCI, ACTING COMMISSIONER

An Equal Opportunity Employer



## DONATE YOUR CAR

*Wheels For Wishes* Benefiting

**Make-A-Wish®  
Hudson Valley**

**WheelsForWishes.org**  
**Call: (914) 468-4999**

- \*Free Vehicle/Boat Pickup ANYWHERE
- \*We Accept All Vehicles Running or Not
- \*Fully Tax Deductible

\* Car Donation Foundation d/b/a Wheels For Wishes. To learn more about our programs or financial information, visit [www.wheelsforwishes.org](http://www.wheelsforwishes.org).

continued on next page

# Nonprofit Provides Volunteer Departments With \$30G in Equipment

By Martin Wilbur

Christy Saltstein and Michele Berliner know better than anyone the value that volunteer first responders bring to a community.

Their husbands were severely injured near their Armonk homes on Oct. 29, 2012, the night Superstorm Sandy devastated the area. Volunteer firefighters teamed up with the North Castle highway and police departments, spending about three hours dodging downed trees and power lines to reach the men and bring them to Northern Westchester Hospital in Mount Kisco.

Last week, Stayin' Alive, the nonprofit organization Saltstein and Berliner co-founded shortly afterward to raise money for equipment that local volunteer agencies would find difficult to pay for on their own, awarded grants to seven volunteer fire departments and ambulance corps in northern Westchester. It was their way to thank the volunteers for helping to save their husbands' lives.

"Stayin' Alive shares the same commitment in supporting first responders as Northern Westchester Hospital and we're delighted to partner with them today," Saltstein said during a ceremony and reception hosted by the

hospital last Tuesday night where the awards were announced.

A combined \$30,000 in grants were given to The Armonk Independent Fire Company, the Banksville Independent Fire Company, the Independent Fire Company of Mount Kisco, the North White Plains Fire Department, the Thornwood Fire Department, the Lewisboro Volunteer Ambulance Corps and the South Salem Volunteer Fire Department. Each entity submitted a grant application by the organization's deadline to be considered for the funding.

"It's such a great way to help us get things we couldn't otherwise obtain," said Walter Watson, chief of the Banksville Independent Fire Company. "It helps protect the community and it helps the firefighters."

This year, the second time that the Banksville company has received funding from Stayin' Alive, will use its grant to buy a thermal imaging camera, which helps detect heat in a particular area to locate a fire or a trapped person, a multi-gas detector and a hydrogen cyanide detector.

Any volunteer fire department, EMS or EMT in northern Westchester can apply for a Stayin' Alive grant, which are

capped at \$5,000 each. The organization's board reviews the applications, evaluating impact on the community and the longevity of the equipment being requested.

Since its launch, Stayin' Alive holds its annual 5K race each spring in Windmill Farm where the two families live, its largest fundraising event of the year.

Armonk Independent Fire Company Chief Carlos Cano, whose department received four thermal imaging cameras, said first responders often don't hear again from the people they help. On occasion, someone will pay a visit to give their thanks personally.

"But what Michele and Christy have done is such a tremendous help, not just for Armonk but for any fire department or ambulance, (for) stuff the department doesn't cover, but were not able to get," Cano said.

For the Lewisboro Volunteer Ambulance Corps, the grant for the Lifepak 12 to help victims in cardiac arrest is critical, said Capt. Lucian Lipinsky. The corps depends entirely on donations and fundraisers to keep its operation afloat, he said.

Northern Westchester Hospital President Joel Seligman said the night of Hurricane Sandy and its aftermath



MARTIN WILBUR PHOTO

Stayin' Alive co-founders Michele Berliner, far left, and Christy Saltstein, far right, present, left to right, Sue Macellaro, Tommy MacInnes and Chief Carlos Cano of the Armonk Independent Fire Company with one of seven grants the organization awarded to local volunteer departments last week.

was a tremendous test for the hospital. By helping local fire departments and ambulance corps do their jobs better, the doctors and medical staff can treat patients more effectively.

"These things will happen again, they will, and we want to be prepared," Seligman said. "I want to thank you for what you're doing to help with that."

## EXAMINER MEDIA Classifieds . . . . . 120616

continued from previous page

ter County, New York. The SSNY is designated as agent of the LLC upon whom process against it may be served. The SSNY shall mail a copy of any process accepted on behalf of the LLC served upon him or her to: 103 Skyview Lane, New Rochelle, N.Y. 10804. Purpose: Any lawful purpose.

**UNDERSTORY BREWING LLC** filed Arts. of Org. with Secretary of State of NY (SSNY) on November 22, 2016, pursuant to Sec. 203 of the NY LLC Law. Office Location: Westchester County. Principal Business Location: Understory Brewing LLC, 13 Rick Lane, Cortlandt Manor, NY 10567. Secretary of State is designated as agent of the LLC upon whom process may be served and the SSNY shall forward process to **Understory Brewing LLC, c/o Corporate Filings of New York, 90 State**

**Street, Suite 700, Office 40, Albany, NY 12207. Purpose: any lawful business purpose for which LLCs may be organized under the law.**

**NOTICE OF FORMATION OF PEEK-SKILL HOLDINGS LLC.** Articles of Organization filed with Secretary of State of New York (SSNY) on July 26, 2016. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **Brendon Fitzgerald, 741 Shenandoah Ave., Peekskill, NY 10566. Purpose: Any lawful acts.**

**NOTICE OF FORMATION OF LEONE ONE LLC.** Art. of Org. filed with NY Secy of State (SSNY) on 11/30/16. Office location : Westchester County. SSNY is design-

ated as agent of LLC upon whom process against it may be served. SSNY shall mail process to : **9 Cedar St. Tuckahoe, NY 10707. Purpose: any lawful activity.**

### MISCELLANEOUS

**SAWMILLS from only \$4397.00-MAKE & SAVE MONEY** with your own bandmill- Cut lumber any dimension. In stock ready to ship! FREE Info/DVD: [www.NorwoodSawmills.com](http://www.NorwoodSawmills.com) 1-800-578-1363 Ext.300N

**ACTIVE ADULTS (AGES 55+):** Tired of living alone? Want to share your house (or someone else's) in upper Westchester? **Join the Cohousing Exchange: [www.cohousingexchange.com](http://www.cohousingexchange.com).** Homeowners and housemates welcome. Credit & background checks req'd.

### REAL ESTATE

**ABANDONED FARM!** 26 acresñ \$49,900 Gorgeous acreage with views, nice pond, in a Perfect country setting! Quiet town road with utilities! EZ terms! 888-905-8847

**LENDER ORDERED SALE!** 39 acresñ assessed value- \$95,700 Available now for \$89,900! Catskill Mountain views, woods, fields, apple trees, great hunting! 3 hrs NY City! Owner terms! 888-479-3394

### SCHOOLS/TRAINING

**O.S.H.A. 10 Hr. Outreach COMPLIANCE SAFETY TRAINING CONSTRUCTION (IN ENGLISH) HELD AT THE ELKS LODGE #2101 RT. 22 Brewster or company facility's Putnam, Westchester, Dutchess, CT** Must pre- Register 845-743-5324 EMAIL-[macarcich@gmail.com](mailto:macarcich@gmail.com) Authorized Outreached trainer #1285-C0100219

### TUTORING

**WHY HIRE TWO TUTORS?** Algebra, Chem., Bio, Earth Science. 15 years of experience in multi schools req. Westchester Community College Senior Tutor. **Your home or mine (914) 525-8966.**

### WANTED TO BUY

**MOST CASH PAID FOR** paintings, antiques, furniture, silver, sculpture, jewelry books, cameras, records, instruments, coins, watches, gold, comics, sports cards, etc. **PLEASE CALL AARON AT 914-654-1683**

To Place a Classified Ad Call 914-864-0878 or e-mail [classifieds@theexaminernews.com](mailto:classifieds@theexaminernews.com)  
**Classified Ad Deadline is Thursdays at 5pm for the next week's publication**

# WE'RE HIRING!

**Tuition Assistance • Jobs • Training**

NEW YORK  
**NATIONAL GUARD**

**1-800-GO-GUARD • NATIONALGUARD.com**

# Happenings

continued from page 20

set. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 p.m. Free. Every Thursday. Info: 914-666-8041 or [www.mountkiscoliberalry.org](http://www.mountkiscoliberalry.org).

**Storytime Playgroup.** Come hear a story and music and join in on playtime with toys and books. Children, parents and caregivers will make new friends and share time together. For children one to four years old; with a caregiver. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 2 to 2:45 p.m. Free. Every Thursday. Info: 914-769-0548 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Gaming Old School.** Join old school gaming enthusiasts to play board games like a kid again. Open to all ages. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 5:30 p.m. Free. Every Thursday. Info: 914-666-8041 or [www.mountkiscoliberalry.org](http://www.mountkiscoliberalry.org).

**Read to Rover.** Dogs love listening to stories. Come meet Rover and read your favorite story. For children five years old and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Every Thursday. Info: 914-666-8041 or [www.mountkiscoliberalry.org](http://www.mountkiscoliberalry.org).

**Westchester's Winter Wonderland.** A gala celebration of the season with a spectacular light show, visits with Santa, rides, vendors, food and ice skating. Kensico Dam Plaza, Valhalla. 5 to 9 p.m. \$15 per person. Children (2 and under): Free. Also Dec. 9, 10, 16 and 17 from 5 to 10 p.m. and Dec. 11, 15, and 18 from 5 to 9 p.m. Info: 914-231-4033.

**The Wizards of Winter.** Featuring former members of the Trans-Siberian Orchestra and some of the mid-Atlantic's finest rock and progressive musicians, The Wizards of Winter returns this holiday season bringing their musical intensity, stage theatrics and holiday fun. Journey with them aboard "The Arctic Flyer" as they go searching for the true meaning of Christmas. Performing some of the Trans-Siberian Orchestra's classic hits plus lots of their own original music that audiences nationwide have come to treasure. Tarrytown Music Hall, 13 Main St., Tarrytown. 8 p.m. \$38, \$43 and \$48. Info and tickets: Visit [www.tarrytownmusichall.org](http://www.tarrytownmusichall.org).

## Friday, Dec. 9

**Alzheimer's Caregivers Support Group.** Caregiving for a loved one with Alzheimer's disease doesn't mean you have to go it alone. Receive the emotional, educational and social support needed to successfully care for someone with dementia. Phelps Hospital, Room 545, 755 N. Broadway, Sleepy Hollow. 10 to 11:30 a.m. Free. Registration required. Info and registration: 914-366-3937.

**Zumba. Low-impact Zumba with Amy.** A great dance fitness workout for those who like to sweat, sizzle and tone while moving

to the beat of exhilarating rhythms with a low impact/high intensity approach. A perfect class for those who need to protect vulnerable body parts such as knees, shoulders and back. Try a free trial class. Addie-tude Dance Center, 42 Memorial Plaza (lower level), Pleasantville. 11 a.m. to noon. Drop-in rate: \$12. Every Friday. Also Tuesdays from 10 to 11 a.m. Info: Call or text the instructor at 914-643-6162.

**League of Women Voters Luncheon.** The Hon. Jonathan Lippman, recently retired as chief judge of New York State and chief judge of the New York State Court of Appeals, will be the speaker at the annual holiday luncheon of the League of Women Voters of Westchester. Lippman's discussion topic will be "Fairness in the Criminal and Civil Justice Systems." Scarsdale Woman's Club, 37 Drake Rd., Scarsdale. 1 p.m. League of Women Voters members: \$75. Non-members: \$100. Info: 914-450-2684. Reservations: Visit [www.LWVW.org](http://www.LWVW.org).

**Christmas Tree Sale.** The North White Plains Fire Company No. 1 will again be selling Christmas trees this holiday season. Trees are priced according to size and type. Proceeds to benefit the North White Plains Fire Co. No. 1. North White Plains Firehouse, 621 N. Broadway, North White Plains. 4 to 8 p.m. Free parking. Every Friday from 4 to 8 p.m. and every Saturday and Sunday 9 a.m. to 8 p.m. through Dec. 24 (unless sold out). Info: 914-949-3575 or e-mail [ncsf1@optonline.net](mailto:ncsf1@optonline.net).

**The Song is You: An Introduction to Vocal Jazz.** Jazz lovers of all ages are welcome to observe in the first of three workshops. Topics will include what is the jazz vocal repertoire; where jazz came from; the listener's most important musical asset; the basics of scat singing; how and why to write a "neat sheet;" earning your place as a musician; and how to dig into practicing jazz. Hoff-Barthelson Music School, 25 School Lane, Scarsdale. 7 p.m. Free. Also Dec. 16. Reservations required. Info and reservations: 914-723-1169 or e-mail [hb@hbms.org](mailto:hb@hbms.org).

**"This Wonderful Life."** A one-man play beautifully acted by Jeremy Kendall. Based on the iconic holiday favorite film, "It's a Wonderful Life," the production brings to life over 32 familiar people in an amazing display of physical and verbal virtuosity. Kendall portrays the Jimmy Stewart-inspired George Bailey, and the whole cast of loveable characters from Bedford Falls, including Clarence the Angel, Mary, Zuzu and all the townsfolk who rely on him to save them from the greedy Mr. Potter. Paramount Hudson Valley, 1008 Brown St., Peekskill. 8 p.m. \$27.50 and \$35. Info and tickets: 914-739-0039 or visit [www.paramounthudsonvalley.com](http://www.paramounthudsonvalley.com).

## Saturday, Dec. 10

**Pleasantville Farmers Market.** With over 40 vendors participating in the indoor

market (including special seasonal vendors in December), the delicious good time continues. The largest, year-round farmers market in Westchester and the one voted "Best of Westchester" in 2014, 2015 and 2016 by the readers of Westchester Magazine. Pleasantville Middle School, 40 Romer Ave., Pleasantville. 9 a.m. to 1 p.m. Every Saturday through Mar. 25 (except Dec. 24). Info: Visit [www.pleasantvillefarmersmarket.org](http://www.pleasantvillefarmersmarket.org).

**Christmas Tree Sale.** Wreaths and roping will also be available. First Congregational Church of Chappaqua, 210 Orchard Ridge Rd., Chappaqua. 10 a.m. to 4 p.m. Every Saturday and Sunday until Christmas. Saturdays from 10 a.m. to 4 p.m. Sundays from 11 a.m. to 4 p.m. Info: 914-238-4411 or visit [www.fcc-chappaqua.org](http://www.fcc-chappaqua.org).

**Christmas Tree Sale.** All Saints' Church will hold its annual Christmas tree sale featuring a large selection of fresh-cut trees, from small to large, at competitive prices. The trees will include Fraser and Douglas firs. Wreaths (16 inches) will also be available. All Saints' Episcopal Church, 201 Scarborough Rd., Briarcliff Manor. 10 a.m. to 6 p.m. Every Saturday and Sunday through Dec. 18. Saturdays 10 a.m. to 6 p.m. Sundays 12 to 6 p.m. Info: 914-941-6955 or visit [www.allsaintsbriarcliff.org](http://www.allsaintsbriarcliff.org) or [www.facebook.com/AllSaintsBriarcliff](http://www.facebook.com/AllSaintsBriarcliff).

**Meditation Workshop.** Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 10:30 a.m. to noon. Free. Also Dec. 17.

**Adult Salsa Class.** Addie-Tude Performing Arts Center, 42 Memorial Plaza (lower level), Pleasantville. 11 a.m. to noon. Free. \$12. Every Saturday. Also Wednesdays from 6:30 to 7:30 p.m. Info: 917-215-1720 or visit [www.addie-tude.com](http://www.addie-tude.com).

**Teaching Trails: A Community Path for Environmental Education.** Join guided trail experience through the woodland forest. Discover who left that track, which tree makes the best animal home or which plant makes its own heat. Program runs about 30 minutes. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 11:30 a.m. Free. Every Saturday and Sunday through Dec. 18. Info: 914-723-3470 or visit [www.greenburghnaturecenter.org](http://www.greenburghnaturecenter.org).

**Saddle Up Saturdays With Jonathan Demme: "Rancho Notorious."** This series returns to try and recapture the heady thrill of settling into the theater for the delicious ritual of getting immersed in a full-tilt Saturday Western matinee. Demme will appear at select screenings. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. Noon. Members: \$8. Non-members: \$13. Most Saturdays through March 25, 2017. Info and tickets: Visit [www.burnsfilmcenter.org](http://www.burnsfilmcenter.org).

**Financial Planning Workshop.** Vincent Del Rosso, a financial services representative from Barnum Financial Group of Elmsford, will point you in the right direction. Mount Kisco Public Library, 100 E. Main St., Mount

Kisco. 1 p.m. Free. Info: 914-666-8041 or [www.mountkiscoliberalry.org](http://www.mountkiscoliberalry.org).

**Yin/Vinyasa.** This combination of practices harnesses the power of stillness to maximize inherent mobility. Led by Corina Benner, director of Wake Up Yoga. Hosted by the Yoga Teachers Association. Please bring a yoga mat. Yoga Studio at Club Fit, 584 N. State Rd., Briarcliff Manor. 1:30 to 4:30 p.m. Advance registration: YTA members--\$45. Non-members--\$65. At the door: YTA members--\$55. Non-members--\$75. Advance registration: Info and registration: 914-582-7816 or visit [www.YTAyoga.com](http://www.YTAyoga.com).

**Winter Stroll.** A walk to observe the changing season at the preserve. Cranberry Lake Preserve, Old Orchard Street, North White Plains. 2 to 3:30 p.m. Free. Info: 914-428-1005.

**"Messiah-Sing."** The Reformed Church will host this annual event accompanied by professional soloists and a string quartet conducted by Dr. Sándor Szabó. Join in and sing Handel's great Oratorio and be a part of this wonderful family tradition of fellowship and music. Scores will be provided. Followed by a reception. The Reformed Church, 180 Pondfield Rd., Bronxville. 4 p.m. Free Info: 914-337-6776.

**"A Christmas Carol."** Dramatic performances of this Charles Dickens classic with musical accompaniment. Master storyteller Jonathan Kruk brings to life the story of Ebenezer Scrooge and the ghosts of Christmas Past, Present and Future in this Historic Hudson Valley production. Reformed Church of the Tarrytowns, 42 N. Broadway (Route 9), Tarrytown. 4, 5:15 and 6:30 p.m. Adults: \$25, Children (under 18): \$20. Historic Hudson Valley members receive a \$5 per ticket discount. Also Dec. 11, 17 and 18. Info and tickets: 914-366-6900 or visit [www.hudsonvalley.org](http://www.hudsonvalley.org).

**Charity Shopping Cocktail Event.** Bring your furry friends and your holiday gift list, and while you are shopping for jewelry, enjoy cocktails and small bits. to benefit the SPCA of Westchester. A portion of the proceeds from sales will be donated to help animals in need at the SPCA of Westchester. Desires by Mikolay, 55 King St., Chappaqua. 4 to 8 p.m. Info: e-mail [info@desiresbymikolay.com](mailto:info@desiresbymikolay.com) or follow on social media.

**Faith, Food and Friends.** A weekly gathering that includes prayer, song, discussion and dinner for all. Emanuel Evangelical Lutheran Church, 197 Manville Rd., Pleasantville. 5 p.m. Free. Every Saturday. Info: Visit [www.emanuelc.org](http://www.emanuelc.org).

**Wine and Cheese Holiday Mixer for Interfaith Couples.** Taste a variety of fine wines paired with artisanal cheeses while chatting with other interfaith couples and learn about the real meaning of Hanukkah and engage in some thoughtful conversation surrounding the challenges of celebrating Hanukkah and Christmas in one home. All

continued on page 26

## The Restaurant Examiner

# Armonk's Broadway North Pizzeria Offers More Than Just Pizza

By Jerry Eimbinder

What's popular at Broadway North Pizzeria in Armonk?

"Among the pizzas are the Margherita square pizza (a thin Sicilian-style pie with fresh basil, marinara sauce and fresh mozzarella) and the buffalo chicken pizza," owner Mike Silano said.

Popular entrées at the Main Street shop are Chicken Sabrina (with artichokes and sun-dried tomatoes in a light cream sauce) and Shrimp Oreganata (butterfly shrimp stuffed with breadcrumbs, parsley, garlic and olive oil and served with lemon and broccoli). A best-selling appetizer is fried

calamari.

Silano said when customers arrive they congregate in front of a three-deck display showing 20 different types of pizza slices that are available all day.

An impressive variety of entrées consisting of chicken, veal or eggplant is offered, including dishes not commonly found in local pizzerias. There is the Chicken Daniela (diced chicken and sausage with hot or mild peppers in a light tomato sauce) at \$10.95 and chicken stuffed with eggplant or spinach for \$11.95.

Most entrées on the menu are priced from \$10.95 to \$14.95. There are the staples



Broadway North Pizzeria in Armonk offers 20 different types of slices.

of chicken parmigiana (\$10.95), eggplant parmigiana (\$10.95), veal parmigiana (\$13.95) and shrimp parmigiana (\$14.95). Pasta and salad can be added to any entrée at nominal extra cost.

Seafood pasta and lobster ravioli, although not on the menu, are currently available as specials.

The children's menu contains spaghetti with meatball or sausage, ravioli, tortellini, baked ziti and chicken fingers with French fries. Most of those items are \$6.95.

Desserts, priced at \$5.95, include cannoli, Nutella crepes and ice cream truffle.

Special lunch deals are offered for \$7 Monday through Thursday from 11 a.m. to 4 p.m., including a whole-wheat personal pizza with one topping, a small plate of plain baked ziti or with meatball, a mini wedge with a side salad or French fries or

a small salad and soup. Two pizza slices without toppings and a can of soda is \$5.

Beer selections include Corona, Heineken, Budweiser, Coors Light and Stella Artois. Wine is also available.

An extensive catering menu features small trays for 8 to 10 people (\$35 for Fettuccine Alfredo, for example) and large trays (\$60 for baked ziti) that can accommodate 18 to 20 guests. All hot trays come with bread. There are also two- to six-foot cold wedges.

Broadway North Pizza will deliver orders priced at \$15 or more within a five-mile radius for a \$2.50 delivery charge.

Broadway North Pizzeria opened in 1985 and was purchased by Silano in 1989. It opens at 11 a.m. seven days a week and is located at 393 Main St. in Armonk. For more information, call 914-273-2231 or visit [www.broadwaynorthpizza.com](http://www.broadwaynorthpizza.com).

## Hot Chocolate is a Favorite Drink for City Limits' Chef to Prepare

By Jerry Eimbinder

A favorite beverage of Executive Chef Juan Rodriguez, especially this time of year, is City Limits Diner's hot chocolate.

Rodriguez, a native of El Salvador, joined Livanos Restaurant in White Plains in 1985 and was a member of the Livanos team that founded Oceana in Manhattan in 1992. He returned to Livanos in 1994 when it became City Limits Diner.

Below are the recipe and instructions for Rodriguez's hot chocolate and its house-made marshmallow.

### Marshmallow ingredients

2 tablespoons canola oil  
One-half cup cold water  
4½ tablespoons unflavored powdered gelatin

¾ cup 10x confectioner's sugar

¾ cup granulated sugar

¾ cup light corn syrup

1/8 tablespoon fine salt

1 vanilla bean (halved, seeds scraped)

### Marshmallow directions

Line a cake or sheet pan (about 9 inches by 9 inches) with parchment paper. Cut another piece of parchment paper with the same dimensions as the pan. Brush both pieces of paper with oil.

Brush/coat the utensils with oil. Combine cold water with the gelatin, stir and allow to soften. Place the rest of the ingredients in a stainless-steel sauce pan, wiping the sides of the pot clean with a little water so there are no sugar crystals sticking to the sides. Heat on high until the mixture reaches 245 degrees.

While the sugar is cooking, heat the gelatin to dissolve it and pour into the bowl of an electric kitchen mixer with a whip attachment. When the sugar comes to temperature, slowly and carefully pour down the side of the bowl while mixing at a moderately high speed.

Continue to whip until the mixture achieves maximum volume and is light and fluffy. Immediately pour the mix into the prepared pan and spread evenly with a



City Limits Diner's hot chocolate is a delectable treat, especially in cold weather.

metal spatula.

Cover with parchment paper oil side down, then set aside to cool and set for several hours. Once firm, peel off the parchment paper and run the knife around the sides to loosen.

Sift half of the 10x sugar over the coated pan and then peel off the other layer of paper. Sift the top with the remaining confectioner's sugar.

Cut into squares. Clean the knife and/or brush with more oil if it becomes sticky. Store at room temperature.

### Hot chocolate ingredients

8 ounces heavy cream

5 ounces milk

1 tablespoon sugar

2.5 ounces Valrhona chocolate

Half a small cinnamon stick

One-quarter vanilla bean

### Hot chocolate directions

Bring all of the ingredients to a simmer except the chocolate. Pour the hot mixture over the chocolate and mix with a whip. Strain into two warmed mugs, top with marshmallows and serve immediately.

City Limits Diner opens daily at 7:30 a.m. It is located at 200 Central Ave. in White Plains. Parking is free. For more information, call 914-686-9000.

**GRAND PRIX**  
GPNY.COM NEW YORK

**SPINS**  
BOWL

BIRTHDAY PARTIES | CORPORATE EVENTS

BAR / BAT MITZVAHS | FUNDRAISERS

333 North Bedford Road | Mount Kisco, New York

[www.gpny.com](http://www.gpny.com) | [info@gpny.com](mailto:info@gpny.com) | 914-241-3131

# Happenings

continued from page 24

guests will leave with a unique Hanukkah goody bag and hear about upcoming programs. Moderne Barn Wines & Spirits, 430 Bedford Rd., Armonk. 5:30 to 7 p.m. \$15 per couple. RSVP required. Info and RSVP: E-mail connectandengage.com.

**Life and Nature: The Best of Czech Music.** The Hoff-Barthelson Music School Festival Orchestra performs its winter concert. Jun Nakabayashi, the orchestra's music director, will conduct a program of Bedřich Smetana's symphonic poem "The Moldau;" Bohuslav Martinů's "Oboe Concerto H.353," featuring Mr. Reuter; and "In Nature's Realm, Op. 91" (Nature) and the "Carnival Overture, Op. 92" (Life), two concert overtures from Antonín Dvořák's, trilogy of overtures "Nature, Life and Love." Oboist Gerard Reuter will be the Orchestra's guest artist. Community Unitarian Universalist Congregation, 468 Rosedale Ave., White Plains. 7 p.m. Suggested admission for adults: \$18. Students may attend for free. Info: 914-723-1169, visit [www.hbms.org](http://www.hbms.org) or e-mail [hb@hbms.org](mailto:hb@hbms.org).

**"In Dulci Jubilo."** The Westfair Singers present this Christmas celebration under the direction of Mary Jane Newman. The program features the introduction of Paige Edmonds, a soprano at Greenwich High School and a 2016 prize winner in Westfair's

Annual Scholarship Competition honoring exceptional female musicians from Fairfield and Westchester counties. The women's choral ensemble will sing celestial music by Handel and Britten and Anthony Newman, along with beloved Christmas carols arranged by John Rutter and David Willcocks. South Salem Presbyterian Church, 111 Spring St., South Salem. 7:30 p.m. In advance: \$20. At the door: \$25. Info and tickets: 703-598-7950 or visit [www.westfair.org](http://www.westfair.org).

**Andrew Bird in Concert.** With his new album, "Are You Serious," this singer, songwriter and multi-instrumentalist receives key contributions from Fiona Apple and Blake Mills. His album attains a level of expression that's a personal, evolutionary leap. Tarrytown Music Hall, 13 Main St., Tarrytown. 8 p.m. \$45, \$50 and \$55. Info and tickets: Visit [www.tarrytownmusichall.org](http://www.tarrytownmusichall.org).

## Sunday, Dec. 11

**Yoga for Beginners.** A perfect way to refresh your body and mind. Move, stretch, breathe and renew. All bodies and minds are welcome in this class. Expect Natural, 774 Bedford Rd., Bedford Hills. 8:30 to 10 a.m. \$15 per class. Every Sunday (except Dec. 25 and Jan. 1). Pre-registration required. Info and pre-registration: Contact Marta at 914-

242-4685.

**Annual Holiday Reception.** A festive holiday party with a DJ, refreshments and opportunity to view the Neuberger Museum of Art's current exhibits – "Ray Spillenger: Rediscovery of a Black Mountain Painter," "Post No Bills: Public Walls as Studio and Source," "Destination: Latin America" and "POP! Prints from the Permanent Collection." Neuberger Museum of Art, 735 Anderson Hill Rd., Purchase. 1 p.m. \$5 Seniors: \$3. Info: 914-251-6100 or visit [www.neuberger.org](http://www.neuberger.org).

**Historic Mansion "Bling" Tour.** Take a tour of this historic mansion built in 1907, then make a "bling" stretchy bracelet. Merestead Estate, 455 Byram Lake Rd., Mount Kisco. 1 to 3 p.m. Free. Reservations required. Info and reservations: 914-447-7497.

**Cabaret on the Hudson.** This installment of the popular series is planned as a holiday cabaret, offering a unique experience where the audience and the performer engage in a musical conversation. Hosted by multi-nominated Cabaret singer and host of the Music at the Mansion series, Corinna Sowers Adler. She will bring outstanding cabaret performers where they present a sampling of their New York City Cabaret shows. Irvington Town Hall Theater, 85 Main St., Irvington. 3 p.m. \$20 in advance. \$23 at the door. Info and advance tickets: Visit [www.irvingtontheater.com](http://www.irvingtontheater.com).

**Hoff-Barthelson Music School Recital Series: Violist Chi-Chi Lin Bestmann and The Solace Ensemble.** The Solace Ensemble, comprised of Bestmann and fellow faculty members April Johnson, violin, Peter Seidenberg, cello, and Tomoko Uchino, piano, will perform Beethoven's "Piano Quartet in E flat Major, Op. 16" and Dvořák's expressive "Piano Quartet No. 1 in D Major, Op. 23." Program subject to change. Greenville Community Church, 270 Ardsley Rd., Scarsdale. 5 p.m. \$18. Seniors (65 and up): \$15. Students (18 and under): Free. Tickets also available at the door. Info and tickets: 914-723-1169 or e-mail [hb@hbms.org](mailto:hb@hbms.org).

## Monday, Dec. 12

**Bird Walk.** Rockefeller State Park Preserve, 125 Phelps Way (Route 117), Pleasantville. 8:30 a.m. Free. Meets the second Monday of each month. Info: 914-666-6503 or visit [www.sawmillriveraudubon.org](http://www.sawmillriveraudubon.org).

**Student Art Exhibit.** An end-of-term celebration of student talent and creativity will reflect both student accomplishments and faculty dedication. Westchester Community College's Academic Arts building, third floor, 75 Grasslands Rd., Valhalla. 10 a.m. to 3 p.m. Free. Continues through Dec. 17. Gallery hours 10 a.m. to 3 p.m. daily plus Thursday from 4 to 6 p.m. Info: 914-606-7867 or visit [www.sunywcc.edu/gallery](http://www.sunywcc.edu/gallery).

**Young Explorers Story Time.** Nature

discovery for youngsters. Enjoy a nature-themed story and discover the wonders of nature while exploring fields, forests or landscaped grounds. Dress for outdoor activity. Except in extreme weather conditions, a portion of each class is spent outdoors. For children three to five years old; with a parent or caregiver. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 1 to 2 p.m. Members: \$9 per child. Non-member: \$12 per child. Every Monday (through Dec. 19). Info: 914-723-3470 or visit [www.greenburghnaturecenter.org](http://www.greenburghnaturecenter.org).

**Forever Motown Holiday Edition.** A non-stop, high-energy trip down memory lane. Includes some of the most memorable Motown music. Westchester Broadway Theatre, 1 Broadway Plaza, Elmsford. Dinner at 6:15 p.m. Show at 8 p.m. \$84 per person (plus tax). Show only: \$50 per person (plus tax). Info and tickets: 914-592-2222 or visit [www.broadwaytheatre.com](http://www.broadwaytheatre.com).

**"Tower."** A tour de force of documentary filmmaking that combines history and animation into a package of extraordinary tension and power. On Aug. 1, 1966, a sniper rode to the top floor of the iconic University of Texas tower and opened fire, holding the campus hostage for 96 minutes in what was a previously unimaginable event—a mass shooting on a school campus. Director Keith Maitland combines archival footage with rotoscopic animation recreations, based entirely on first-person testimonies from witnesses, heroes and survivors, to form a seamless and suspenseful retelling of the unfolding tragedy. Part of the Global Watch: Crisis, Culture & Human Rights series. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7:30 p.m. Members: \$8. Non-members: \$13. Info and tickets: Visit [www.burnsfilmcenter.org](http://www.burnsfilmcenter.org).

## Tuesday, Dec. 13

**Baby Time.** A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10 to 10:30 a.m. Free. Every Tuesday. Info: 914-741-0276 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Cohousing for Active Adults.** A discussion on the whys and hows of cohousing, led by cohousing specialist Vicki Jimpson-Fludd; legal considerations of sharing your home by elder law attorney Robert Boydston; and how to prepare your house for shared living by senior move managers Linda Potash and Michelle Rosenman. John C. Hart Memorial Library, 1130 E. Main St., Shrub Oak. 11 a.m. to 1 p.m. Free. Reservations required. Reservations: 914-245-5262. Info: Visit [www.cohousingexchange.com](http://www.cohousingexchange.com).



## WINTER IS COMING

### And so is your holiday shopping list

Allow us to source, wrap and even ship your holiday wines.

Free local delivery.

Corporate gifts with your custom logo available.



741 Bedford Road, Bedford Hills, NY 10507 | 914.666.7272 | [vineandcompany.com](http://vineandcompany.com)

# Descriptive Terms Used in Describing a Sensory Wine Experience



By Nick Antonaccio

“This is a hedonistic wine that is full-bodied, with aromas of forest floor, black fruit and a hint of vanilla. It’s assertive, but a bit flabby. Chocolate, and a touch of barnyard, accent the supple tannins, which contribute to a long finish.”

Is this a precise and concise description of a particular wine or a pretentious, overwrought exaggeration ascribed to wine snobs? I believe it is a bit of both: an attempt to convey the unique characteristics of a particular wine by employing vibrant adjectival terms. Many of you are exposed to these “descriptive” terms when considering the purchase of a bottle of wine.

Whether in a critic’s written review, from the mouth of a sommelier at a restaurant, or printed on a shelf-talker at your local wine shop, the terms used by these cognoscente typically run the gamut of terms not otherwise associated with agricultural products. However, wine has a tendency to bring out the best, and sometimes the most creative, subjective descriptive terms one can imagine.

This week we’re going to explore the

*‘elaborative or bombastic, expressive or trite, they are firmly embedded in the wine lexicon.’*

world of wine-tasting terms frequently encountered by consumers. Whether viewed as elaborative or bombastic, expressive or trite, they are now firmly embedded in the wine lexicon.

Allow me to expound. Wine is a sensory expression of smell and taste; each of us has varying impressions as we experience it. My interpretation of the 10,000 senses of smell and five senses of taste that are built into my DNA are not the same as yours.

My pungent, earthy perception of a wine from the southern Rhone may be an off-putting barnyard aroma to you. Nonetheless, wine terms serve a valid purpose: they differentiate one grape from the next, one region from the next, one regional winemaker from the next.

Let’s explore a few of the terms that seem to pervade the wine world. For ease of context, I’ve arbitrarily aggregated them into three broad descriptive categories: found in Mother Nature, human traits and human physiology.

1. Found in Mother Nature. Wine is a fruit, so you would expect grapes to

have a varied fruit aroma and flavor profile. Adjectives for whites run the gamut, from peach and pear to apple and lemon; for reds, chocolate (cocoa), black berries, cherries and blueberries seem to proliferate. But there are a few terms that push the envelope. Saddle leather, tobacco, wet dog, tar, #2 pencil and barnyard are aromas that exist in nature, but do I really want them in my wine? Yet, to my nose they are quite evident in some wines.

More abstract terms like tannic (a dry mouth feel) and acidic (pucker effect) are based on the organic chemistry of wines, but there are several seemingly contradictory adverbs that modify these adjectives. Can wine have silky tannins or balanced acid?

2. Human Traits. Certain wine qualities have no context in natural wine terms, so abstract terms are employed. The wine lexicon has embraced human traits to explain wine’s finer attributes. Examples: approachable, someone who is accessible. In wine, one that is ready to be drunk now; hedonistic, a pleasure

of the senses. In wine, one that is meant to be enjoyed without pretext – not to be analyzed or deconstructed; assertive, bold, aggressively self-assured. In wine, one that is in-your-face with bold flavors and/or tannins.

3. Human Physiology. Here I may be treading on slippery grape skins. Certain terms historically used to describe our physical characteristics have found their way into the wine descriptor lexicon. Some are complimentary, others pejorative: full-bodied, round, great nose, supple, flabby, leggy. I’ll leave it to your imagination to draw these comparisons between humans and wines.

As I tell anyone who asks for advice on selecting wines: “Experiment. When you find one that intrigues you, that tantalizes your senses, asserts its suppleness without being too flabby...”

Oops, I slipped. Rather: “Do you like the aroma and taste of a particular wine? After all, it’s a beverage to be enjoyed, not analyzed.”

Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted wine tastings and lectures. He also offers personalized wine tastings and wine travel services. Nick’s credo: continuous experimenting results in instinctive behavior. You can reach him at [nantonaccio@theexaminernews.com](mailto:nantonaccio@theexaminernews.com) or on Twitter @sharingwine.

*You Heard It Through the Grapevine*

**Great Rate and a Bonus on Each 1-Year Anniversary -- with Your Choice of Passbook or Statement Savings!**

**BONUS Savings Account**

**0.75%**  
APY\*

\$25,000 minimum to earn stated rate

**PLUS**

**BONUS\*\***

**0.25%**

On each 1-year anniversary of account opening



**Marianne Volpi**  
Assistant Vice President, Branch Manager  
Rose Hill Shopping Center, Thornwood  
914-769-8400

**Visit us today!**

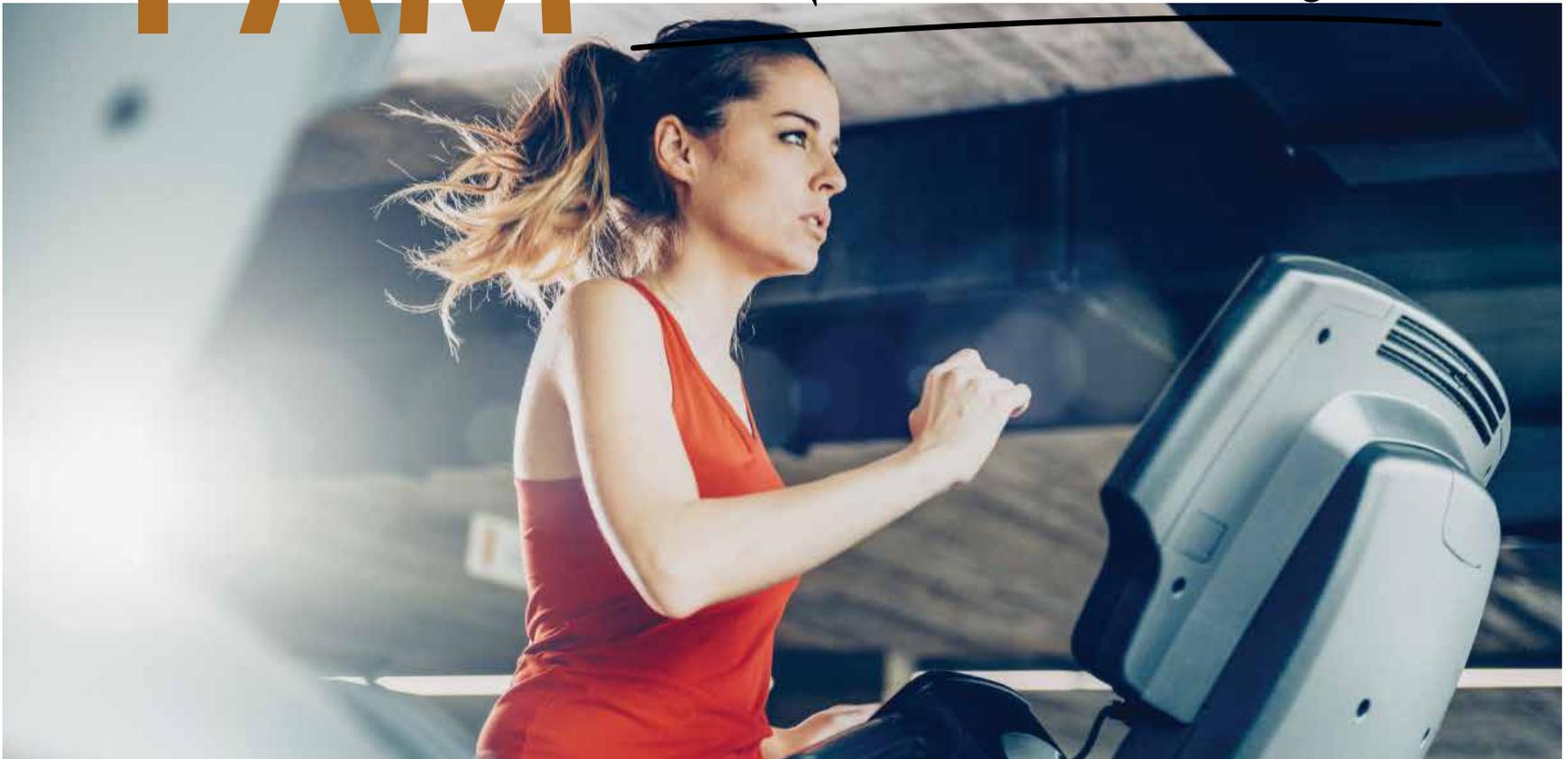
**Apple Bank** 

Established 1863 · Member FDIC

[www.applebank.com](http://www.applebank.com)

\*For the Apple Bank BONUS Savings account, interest earned on daily balances of \$2,500 or more at these tiers: \$2,500-\$24,999: .10% Annual Percentage Yield (APY), \$25,000 and up: .75% APY. There is no interest paid on balances of \$0-\$2,499. APYs disclosed effective as of September 6, 2016. APYs may be changed at any time at the Bank’s discretion. There is a minimum of \$2,500 required to open the Apple Bank BONUS Savings account. \$2,500 minimum daily balance is required to avoid \$10 monthly maintenance fee. Fees may reduce earnings. Funds used to open this account cannot be from an existing Apple Bank account. Maximum deposit amount is \$3,000,000 per household. \*\*Special bonus feature: A .25% simple interest rate bonus will be paid on each anniversary date of account opening on the lowest balance for that year (anniversary date to anniversary date). No bonus is paid if the account balance is less than \$2,500 on the anniversary date. Additional deposits during a given anniversary period do not affect the bonus interest payment. Deposits made to the account on any anniversary date will be used to calculate the lowest account balance for the next anniversary period. The bonus interest is calculated on the lowest balance on deposit from one anniversary date to the next anniversary date. Simple interest rate bonus is subject to change at any time after first anniversary date of account opening. **Hypothetical example of how bonus works:** Assume an account is opened on January 12, 2016 for \$50,000. A \$10,000 withdrawal is made on July 12, 2016. No other withdrawals are made prior to the January 12, 2017 anniversary date. The low balance is now \$40,000, so \$100 in bonus interest will be paid on January 12, 2017.

# I AM *a dream chaser*



**Life is not a dress rehearsal.** You get one shot to get it right and one body to live it in. That's why you run. One foot in front of the other, at a steady pace, looking ahead toward your best self and whichever dream you're chasing. Never look back. We're with you every step of the way.



## SAW MILL CLUB

Chase your dreams with us.

**75% off enrollment**

**Saw Mill Club**  
77 Kensico Drive  
Mount Kisco, NY 10549  
914-241-0797

**Saw Mill Club East**  
333 N Bedford Rd  
Mount Kisco, NY 10549  
914-242-9760

[www.SawMillClub.com](http://www.SawMillClub.com)



@SawMillClub #WideWorldOfSawMillClub

