

McKay Resigns as Chappaqua Schools Superintendent

By Andrew Vitelli

Chappaqua Superintendent of Schools Dr. Lyn McKay resigned Monday morning following months of criticism over the district's handling of the sex abuse case of former high school drama teacher Christopher Schraufnagel.

"Over the past year we have been experiencing the aftermath of the arrest of a former Greeley theater teacher," McKay said in her letter of resignation, in which she announced that she is retiring. "These times have been difficult for our students, community, staff, and Board of Education. This horrendous situation is one a district and community should never have to go through."

The board of education plans to vote on an amendment to her contract at its meeting tonight (Tuesday). Eric Byrne, the assistant superintendent for curriculum and instruction,

will be appointed acting interim superintendent until an interim superintendent is chosen.

Later, a nationwide search for the next superintendent will begin.

McKay, who has served in the position for six years, has come under increasing fire since allegations of Schraufnagel's misconduct emerged. Schraufnagel, who is due in court again Nov. 10, faces criminal charges including one felony for allegedly abusing students at Horace Greeley High School. Last month, Town Justice Douglas Kraus rejected a plea deal that would have allowed Schraufnagel to plead guilty to lesser charges in exchange for the felony count being dropped.

McKay and the district have come under intense criticism for a legal defense used in a civil case brought forward by several of Schraufnagel's alleged victims. In court papers filed by the district, it

claimed injuries suffered by students were "caused by or contributed to by reason of the carelessness, recklessness, negligence and/or assumption of the risk," leading to charges that the district was blaming the victims for their abuse. In September, parents protested outside the high school calling for McKay's resignation. At a school board meeting last month, police were called following arguments between parents and school board members.

In a press conference Monday afternoon near the administration building, Will Wedge, a Chappaqua resident and the head of a group of parents that has been critical of the school board and the administration, called McKay's decision a "necessary first step" but blamed the board of education for still failing to hold themselves accountable and called for

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Dr. Lyn McKay, shown here at Horace Greeley High School's graduation last June, resigned from her post as Chappaqua's superintendent of schools after mounting community pressure stemming from the Christopher Schraufnagel scandal.

Former Mount Kisco Mayor Henry Kensing Dead at 83

By Neal Rentz

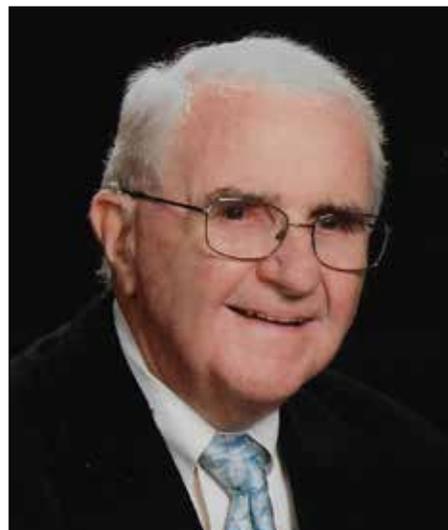
Henry Kensing's devotion to Mount Kisco extended far beyond his more than 30 years of service in elected office. He cared deeply about helping a wide variety of the village's residents and local organizations.

Kensing, a lifelong village resident, died of cancer on Oct. 24. He was 83. Affectionately known as "Hank" or "The Mayor," he died surrounded by friends and family.

Last week he was remembered fondly as a key and influential figure in Mount Kisco during the last half-century. Mayor Michael Cindrich said Kensing "was Mount Kisco's most distinguished resident."

"Hank set the bar for those in public

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Former Mount Kisco Mayor Henry Kensing died last Monday at 83.

P'ville Police Chief Love Retires; Grutzner to Head Department

By Andrew Vitelli

Erik Grutzner has taken over as Pleasantville's police chief, with former chief Richard Love having retired after five years in the position.

Love, who has been out for several months following a non-job-related injury, officially retired on Monday, Pleasantville Mayor Peter Scherer said.

"Richie has been with us a long time," Scherer said. "We're happy to see him move to whatever he decides to do, and we appreciate his service."

Grutzner, who grew up in Carmel and graduated from Carmel High School, joined the Pleasantville Police Department in 1994.

"This was my first police job," Grutzner said. He was promoted to sergeant in

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Erik Grutzner, Pleasantville's new police chief, officially takes over leading the department today (Tuesday) following the retirement of Richard Love.



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McKay Resigns as Chappaqua P'ville Police Chief Love Retires; Schools Superintendent Grutzner to Head Department

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an independent investigation.

“McKay’s administration and the elected board of education have terribly mishandled the district’s response to the systemic failures that have given rise to the abuse in the first place,” Wedge said. “They attempted to suppress information, hiding behind the smokescreen of ongoing criminal and civil litigation, have been unresponsive to the community, and have chosen to protect their own interests rather than those of our children.”

The press conference wasn’t without incident. It started on the lawn outside the district’s administrative building, but moved across the street after the police were called and asked Wedge to leave school property.

Wedge, who had New Castle police officers visit his house about a month ago and was at the Oct. 18 board meeting where the cops were called in, got into a shouting match with two responding officers.

“Listen you guys, you’re fighting the wrong battle,” Wedge told the officers. “You’re fighting against us, and we’re trying to save our kids. You’re fighting for these bad apples.”

In its statement announcing McKay’s



ANDREW VITELLI PHOTO

Will Wedge, the head of a group of Chappaqua parents critical of the school district following the abuse charges against former drama teacher Christopher Schraufnagel, held a press conference Monday outside the Chappaqua School District administration building.

resignation, the school board made no mention of Schraufnagel.

“We would like to thank Dr. McKay for her many years of service and dedication to our schools,” the board wrote. “We thank her for her unwavering commitment to the students, our children, to the community, and to family.”

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2006 and to lieutenant in 2012.

Serving as acting chief and now as the permanent chief, Grutzner said the position requires a strong presence at events in the village and beyond.

“There’s a lot more opportunity to be out in the community, to represent the department to the people in the community and in the county,” he said. “The best part of this job has always been meeting with people and dealing with people, so I’ve just had to expand my scope.”

Grutzner said he helped launch several initiatives as a lieutenant and looks forward to continuing the department’s progress as chief.

“I’ve always enjoyed dealing with

people, meeting new people,” Grutzner said. “Going forward, we will definitely look to train our officers for all the different challenges we face, whether it’s people in crisis to the world that we live in and the threat of terrorism. There’s always training and new smart practices that we have to continually incorporate for our officers.”

Scherer said he is confident the 21-member department is in good hands with Grutzner.

“He’s been functioning in this role for some months now,” the mayor noted. “He started as a patrolman. He was promoted to sergeant, then to lieutenant, and now to chief. He’s well-known to the community, and it’s a story we’re very happy about.”



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Many women aren’t aware that breast density is an issue. New York State requires doctors to notify women, in a letter, when their mammogram reveals this is the case. Do not become alarmed if you get this letter. It simply means that you should have a conversation with your doctor about your overall breast cancer risk.

Q: Why is it important to know if I have dense breasts?
A: Dense breasts can make mammograms less sensitive, and they may also contribute to cancer risk. You’ll need to speak with your doctor about your individual lifetime risk and thoroughly evaluate your risk factors. To determine your risk, your doctor will ask you about your family history of breast and ovarian cancer, your age when you had your first period, whether you have children, when you had your first child, and any history of chest irradiation, among

other potential risk factors. The good news is that for many women with dense breasts, their risk won’t be elevated enough to warrant any changes in screening.

Q: What if I’m high risk?
A: Women who are at high risk (greater than a 20-25% lifetime risk) and who have dense breast tissue should have annual screening breast magnetic resonance imaging (MRI) in addition to a mammogram. MRIs are very sensitive and can pick up some cancer missed on a mammogram.

Q: Shouldn’t all women, regardless of their breast density, get a Breast MRI?
A: There are many false positives with Breast MRI, which is why it is only recommended for women who are at high risk as they will derive the most benefit. Regardless of your breast density, make sure you get your yearly mammogram and discuss your risk factors for breast cancer with your physician.

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Chappaqua Firehouse Expansion Referendum Crushed

By Andrew Vitelli

A referendum for a proposed \$15.3 million firehouse expansion for New Castle Fire District No. 1 was resoundingly defeated last Tuesday night as hour-long lines frustrated voters, leading many to leave without casting their ballots.

The proposed expansion depended on two propositions, one to purchase the property and the second to fund the construction. Both failed, the latter by a 6-to-1 margin. Proposition 1, to borrow up to \$2,674,644 to buy the former Chappaqua Animal Hospital property adjacent to the firehouse at 491 King St., fell short by a 420-302 margin. The more controversial Proposition 2, which proposed to spend as much as \$12,703,335 for construction of the roughly 16,500-square-foot addition, was shot down overwhelmingly, 632-105.

"I support the firefighters, but I don't understand how this proposal got to this point," Fire district resident Will Fahey said while waiting in line. "It seems very extravagant. Just a blatant misuse of taxes."

Polls were open for only three hours on Oct. 25, and a line had formed by the time voting began at 6 p.m. The firehouse, where voting was held, was still packed at 9 p.m., with voters arriving just before closing time told they'd have to wait in



ANDREW VITELLI PHOTO

Long lines extended outside the firehouse on King Street and Bedford Road last Tuesday where New Castle Fire District No. 1 residents voted on a \$15.3 million expansion referendum for the facility.

line for an hour to vote, causing many to leave. By about 10:15 p.m., all votes had been cast.

Christopher Weddle, chairman of the board of fire commissioners, said that the commissioners hadn't expected such a large turnout when the vote was scheduled. They realized turnout might be higher than expected prior to the vote, but were told they could not extend the hours of the voting without reissuing a public notice and pushing back the vote.

"I'm glad to see the involvement of the

electorate," said Weddle. "But we hadn't planned for it."

Fire district representatives had said that the original firehouse at the corner of Route 117, built in 1954 and expanded in 1979, is antiquated and unable to handle modern fire trucks.

"I think that it's good for the town, and the town needs improvements," said one voter. "And this is a good place to put it."

Most voters, however, thought it was too expensive. But on Tuesday night, many of the complaints centered on how

difficult it was to vote. Fahey, who had planned to vote against the project, left after learning that there was at least a one-hour wait at 9 p.m.

"This doesn't feel like a fair election," Fahey said. "It feels offensive to our democratic process."

One voter, leaving the polling station close to 10:15 p.m., said she had tried to vote earlier in the evening, left after seeing the length of the line, then returned around 9 to wait more than an hour.

"This process is an abomination," another man said while leaving the polls without casting a ballot after waiting in line for 45 minutes. "An abomination."

The board of fire commissioners meets again Nov. 10 to discuss its next move. The contract to purchase the former animal hospital property expires on Nov. 14; if the board does not manage to prevent the property from being sold to another buyer, Weddle said, alternative options are limited.

"There's limited commercial land available in New Castle," said Weddle. "This is the most cost-effective and consistent with the safety of the community."

He added, "I think not having the property and having no option to drag ourselves into the 21st century is going to be very expensive in the future."

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Former Mount Kisco Mayor Henry Kensing Dead at 83

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service to emulate," Cindrich said. "Hank's public service spanned four decades starting in the '60s and ending in the '90s. He remained active helping those in (need) until his death."

He was also "a man of stature, dignity and compassion" who was revered for his loyalty to his family, profession, faith and the people of Mount Kisco, Cindrich said.

A highly successful corporate attorney, Kensing was best known in Mount Kisco for his lifetime of public service to his hometown. He was a village trustee from 1963 to 1967, before serving as mayor

from 1967 to 1981. He also served as a town justice from 1990 to 2005.

He concluded his corporate career as vice president and general counsel for Dynamics Corporation of America. He retired in 1998.

But Kensing was active in civic life in addition to his service in local government. Among the many organizations he volunteered for were the Knights of Columbus, the Ancient Order of Hibernians, Northern Westchester Hospital, Mount Kisco Day Care Center, A-Home, Open Door Family Medical Centers and Neighbors Link.

Following his retirement, he opened a law practice in Mount Kisco and began a second career as a local lawyer and advocate, working primarily on behalf of the underserved and disadvantaged in need of legal and social services.

Jerri Rosenfeld, a friend and frequent collaborator, called him a "one-man social services agency."

Kensing donated his time to Allied Community Enterprises (ACE), an organization that advocates for and develops affordable housing in Westchester. He was serving on its board at the time of his death.

ACE Executive Director Joan Arnold

said Kensing helped broker numerous affordable housing projects throughout the county, often doing so in the face of contentious battles with communities. But Kensing always remained calm and judicial, she said.

"He did so much for the entire community," Arnold said. "He did so much for affordable housing and in particular ACE. His offices were our offices; his opinions benefited ACE's work."

Kensing was born on June 1, 1933, to Howard and Susan Kensing. His parents were the first couple to be married in the then new St. Francis Church. He graduated from Regis High School in 1951 and Fordham University in 1955, and served in the U.S. Army from 1955 to 1957, attaining the rank of first lieutenant.

Following his honorable discharge, Kensing entered Harvard Law School and graduated cum laude in 1960. He was admitted to the New York State Bar later that year.

He married Eileen Murphy on Sept. 6, 1969.

"Eileen's devotion to him throughout his life, and in particular throughout his difficult illness, will forever stand as an

example of selfless and pure love in the minds and hearts of their children Brian, Edward ("Ned"), and Sean," his obituary stated.

Kensing was a devoted parishioner of Saint Francis Church, faithfully attending services his entire life.

Kensing is survived by his wife; his son, Ned, and daughter-in-law Nicole and son Sean and daughter-in-law Vanessa; son Brian and daughter-in-law Allis and their children Ava and Brianna; his brother, Howard ("Rub"), and sister-in-law Eileen and their son Michael; his sister, Anne; and many cousins, nephews and nieces and other extended family all over the United States and in Ireland. Kensing was predeceased by his sister, Susan Arnold, and nephew Timothy Kensing.

Afternoon and evening wakes were held at Cassidy-Flynn Funeral Home in Mount Kisco on Friday, Oct. 28. A funeral Mass took place last Saturday at St. Francis Church.

In lieu of flowers, Kensing's family requested that donations be made to the Ken Hamilton Caregivers Center at Northern Westchester Hospital or to the Northern Westchester Hospital Cancer Treatment & Wellness Center.

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No. Castle's Landmarks Chair Resigns at Gazebo Hearing

By Martin Wilbur

The chair of North Castle's Landmarks Preservation Committee suddenly resigned last week when the town board rejected including land surrounding the gazebo in Armonk's Wampus Brook Park as part of a local landmark designation.

Susan Shimer announced her resignation during the Oct. 26 public hearing after she and members of the committee failed to convince the board to also designate a 50-foot radius from the center of the gazebo. Including the land around the structure would have landmarked the Millennium Wall.

While the board unanimously agreed to landmark the gazebo, council members Barbara DiGiacinto and Stephen D'Angelo and Supervisor Michael Schiliro were hesitant to place any additional restrictions on future town officials relating to what could be done near the structure.

Wampus Brook Park is town parkland and there are already tight restrictions regarding development, they said. The three board members were concerned whether there could be hurdles for the town to overcome if a state agency, for example, needed to gain access to the nearby brook, because it is a watercourse that flows into Long Island Sound.

"Because I can't see into the future, I'm just hesitant to perhaps really tie

the hands of a future board," DiGiacinto said.

Schiliro said the board could unwittingly hamper officials at some point in the future, even though it might be difficult to foresee any problem now. It was discussed that if the town at any point wanted to include restrooms or a snack bar, as unlikely as that may seem, it could be erecting a hurdle, he said.

"We might create an impediment, another layer of government for something that is so common sense," Schiliro said.

The board arranged to have the Parks & Recreation Advisory Board and Superintendent of Recreation and Parks Matt Trainor discuss the matter with the Landmarks Preservation Committee.

Shimer, a former town justice who was appointed as chair of the volunteer committee by former supervisor Reese Berman, said any restrictions would not prevent the state from superceding the legislation. Furthermore, the use of temporary structures at events such as the annual Fol-de-Rol or the Christmas tree lighting on Frosty Day would not be prohibited.

"It's not that you can do nothing with it, and I'm sure the LPC would be happy to discuss this with Parks & Recreation," she said.

Then more than halfway through



Susan Shimer, left, resigned last week as chair of the Landmarks Preservation Committee following a disagreement with the North Castle Town Board over whether land surrounding the Wampus Brook Park gazebo should be added to the landmark designation.

the hour-long hearing, Shimer told the board that she would be stepping down.

"Since I find that my time is futile, I hereby resign," she said.

Schiliro said last week he hoped Shimer would reconsider because she has been a valuable public servant and volunteer to the town.

Reached last Friday, Shimer said she wouldn't reconsider her decision. She wrote a letter to the board on Thursday further explaining her reasons for

resigning.

Shimer said she was worried that after this episode the Landmarks Preservation Committee might have difficulty impressing upon private property owners why local landmarks are essential.

"And I'm saying, if I can't persuade you, then I actually can't persuade others, and that it seems to me my time is up and I will not reconsider," Shimer told the board.



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Public, Trustees Debate Mt. Kisco Planning Board Membership

By Neal Rentz

Most residents last week voiced support for a proposal to reduce the Mount Kisco Planning board from seven to five members during a vigorously debated public hearing.

Though most speakers backed the idea at the hour-long hearing on Oct. 24, village board members did not state how they may vote on the matter. In particular, Mayor Michael Cindrich and Trustee Jean Farber said they wanted to consider the public's comments.

The current proposal calls for two alternate members. The current planning board has seven seats, although one is now vacant. The alternate seat is also open.

Resident Gina Picinich said reducing the size of the board was needed to spur commercial development in the village. The proposal was part of 23 recommendations from a task force earlier this year that was formed to explore streamlining the commercial development process.

"The overall building approval (process) has been recognized to be broken," Picinich said.

Resident Charles Martabano, an attorney who has represented hundreds of applicants in Mount Kisco, said five members is sufficient and would make it easier to have a quorum. He said it

has been difficult at times to get four members, resulting in the cancelation of some meetings.

"It's time for a change," Martabano said.

Resident Eileen Polese said she applauded the volunteers for their service but the board should have only five members to "breathe new life" into the village and make the meetings more manageable.

Planning Board Chairman Joseph Cosentino objected to reducing the board's membership. He said the task force was formed because some developers and their attorneys are unhappy with the board.

It has been difficult at times recently to get a quorum because of members' schedules, vacations and illness. Having five members would not make it easier, he said.

Cosentino said the reasons why the trustees were considering the change has nothing to do with the quorum argument. Some merchants and property owners have criticized the planning board in recent months, citing it as a key reason why prospective business owners avoid the village.

"It's not the thing to do for people who have served for many years," Cosentino said.

Trustee Peter Grunthal, who chaired the task force, said Deputy Mayor Anthony

Markus and himself favored a reduction. Cosentino and Planning Board Vice Chairman Anthony Sturniolo, who were also task force members, opposed the proposal.

A diminishing pool of volunteers makes it difficult to attract seven members, Grunthal said. Canceled meetings cost developers thousands of dollars in consultant fees, he said.

The idea of changing the planning board's size is an "institutional change" unrelated to individual members, Grunthal added.

Cindrich said with five members the planning board would still have two alternates, which the task force proposed.

Ann Whalen was the only other resident last week who supported the current configuration. Seven members provide more diverse opinions, she said, while a smaller board doesn't make it easier to obtain quorums.

Planning Board member Ralph Vigliotti said many residents have been critical of the planning board because of how it handled the Modell's Sporting Goods application. The board's review took four months, Vigliotti said.

"It took them nine months to open," he said. "Please don't blame the planning board."

The concern over empty downtown storefronts has been an issue for decades,

Vigliotti said. He said there are many reasons for the vacancies, including greedy landlords.

Vigliotti said he did not oppose a five-member planning board, but preferred seven members, which would provide more ideas.

Trustee Karen Schleimer said a move to reduce planning board seats was "not appropriate or necessary." Schleimer said one of the reasons given were canceled meetings.

Village Manager Edward Brancati provided trustees with a survey showing that most local planning boards have five members. He did not have a list of the number of canceled meetings by those boards because of lack of quorum.

Of the 23 Mount Kisco Planning Board meetings scheduled during the past year, only three failed to have the requisite number of members, Schleimer said.

She said trustees should table the proposal until the issue of reappointing members is resolved.

Markus said a five-member planning board with two alternates was "the best way for us to go." If it doesn't work, the issue can be revisited, he said.

The village board voted unanimously to close the public hearing, but will accept written comments for 30 days.

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Fareri Plan Too Late to Count Toward Housing Settlement

By Martin Wilbur

A 16-unit affordable housing proposal for Armonk's Main Street was referred to the North Castle and county planning boards last Wednesday but the project is unlikely to count toward Westchester's year-end requirements with the federal government.

Developer Michael Fareri once again appeared before the North Castle Town Board, which also declared its intent to be lead agency for the project's review.

Fareri pressed board members for a speedy review in hopes that he could obtain building permits before Dec. 31 so the residences could be added to Westchester's inventory of new affordable units by its end-of-year deadline. Building permits must be secured for at least 750 new affordable units in order for the county to comply with the housing settlement.

The developer also sought assurances from the town board that the application has a good chance of approval in case the building permits don't come through in time. He must obtain two special use permits from the town board for the 16 affordable units at 470 Main St. to advance.

"You may not be able to give me an approval, but I need to know what your intent and your thinking may be," Fareri said.

Town Attorney Roland Baroni said the town was prohibited from pre-judging an application until it goes through the review process. The town board hasn't had a chance to examine the proposal and the required environmental review has yet to begin, he said.

There is also a required 30-day waiting period between the town board becoming lead agency and the planning board beginning site plan review, Baroni said.

"I agree with you, you're not going to get this done before the end of the year," said Baroni. "There's no way, Michael."

Fareri would build 30 market-rate units at the old lumberyard property on Bedford Road and move the required six affordable units to 470 Main St. The current proposal for the site is for 16 two-bedroom units.

Supervisor Michael Schiliro said he had difficulty understanding what Fareri was seeking.

"We're doing exactly what you're asking us to do and refer the application," Schiliro said.

But Fareri said the county has offered to buy the old lumberyard from him for the development of 36 affordable units, something he doesn't want to do but would be financially advantageous for him.

Fareri also doesn't want to build his



Michael Fareri

already approved 36-unit project at the lumberyard that would contain 30 market-rate condominiums and six affordable residences, stating that mixing the two housing types would devalue the property and cause disagreements over common charges.

"They (the county) may not be interested in purchasing this property after Dec. 31 because they're either going to be fined for not having 750 units of they're going to have the 750 units," he added. "The opportunity for me to do that is going to disappear. So I have to make a decision."

Ned McCormack, communications

director for County Executive Rob Astorino, said last week that as of Oct. 26, the county had 658 building permits in place and has a path to reaching the 750-unit threshold by the end of the year with or without Fareri's projects.

While the county would gladly accept either buying the land or seeing Fareri's already approved project built to get credit for the six affordable units, at some point soon he must make a decision, McCormack said.

He gave no specific date for when Fareri needs to make his choice.

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Armonk Man Pleads Guilty in Orchestrating Bus Company Scam

By Martin Wilbur

An Armonk man who owned a school bus company faces up to 15 years in prison pleaded guilty last Thursday to two felony charges for billing the Yonkers Board of Education for bogus bus pickups.

William Ahern, 60, of 28 High St., pleaded guilty to second-degree grand larceny and second-degree rewarding official misconduct for creating a false bus route by invoicing student bus pickups at the Nepperhan Community Center, according to the Westchester County district attorney's office.

From September 2012 to April 2014, Ahern, the owner of A Plus Transportation

on Alexander Street in Yonkers, acted in concert with Anna Sollozzo, the transportation supervisor for the Yonkers Board of Education. Authorities said that \$313,825 was stolen from the city for bus services that were never provided to the community center.

The district attorney's office said Ahern would submit invoices for the false services to Sollozzo, who knowingly approved them for payment. During the 19-month period, Ahern secretly deposited \$107,250 into Sollozzo's bank

account. From March 8, 2011 to Apr. 14, 2014, she also neglected to remit \$282,398 in state income tax.

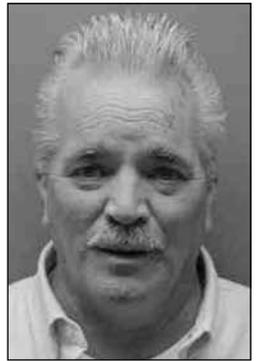
A Plus Transportation had bus service contracts with Yonkers totaling about \$2.8 million during the time in question.

Sollozzo had pleaded guilty on June 1 to one count each of second-degree grand larceny and third-degree criminal tax fraud, both felonies. She is currently serving two to six years in state prison.

Sentencing for Ahern is scheduled for Feb. 16. As part of his plea deal,

Ahern must pay \$179,203 in restitution on the day of his sentencing.

The fraud came to light as the Yonkers inspector general was investigating an unrelated complaint.



William Ahern

Elevated Lead Levels Found at Westlake Campus Sinks

By Neal Rentz

Elevated levels of lead have been found in sinks at Westlake Middle School and Westlake High School, Mount Pleasant Superintendent of Schools Dr. Susan Guiney informed the community last week.

Guiney stated via the district's e-mail blast that 192 samples taken at the two schools in early October found no water fountains or drinking water sources had high lead levels. However, the high school had 61 sinks and the middle school had 22 sinks with elevated levels, she noted.

The district heeded Westchester County Health Department recommendations to immediately shut off the water to the affected fixtures or affix Do Not Drink Water signs, Guiney reported.

Steps are being taken to replace the

fixtures or to place signs warning students and staff not to drink the water until they can be replaced.

Earlier this month it was announced there had been readings with elevated lead levels in water at five sinks and two exterior hose spigots at Hawthorne Elementary School. No water fountains or drinking sources were found to have elevated lead levels at the school.

Districtwide testing was completed last spring, which uncovered three samples that exceeded acceptable levels, including an office sink at Columbus Elementary School and a sink in the girls' locker room at Westlake Middle School. Fixtures, fittings and plumbing were replaced to correct the situation at those locations. Subsequent testing showed clean results, Guiney said.

State regulations were updated this fall with more stringent standards. The district retested every potable water site, Guiney said.

Lead can enter drinking water when pipes and fixtures that contain lead corrode, according to the county Health Department. Structures built before 1986 are most likely to have lead pipes, fixtures and solder. When water is comes in contact with these pipes and fixtures, lead can leach into the water supply.

A full copy of the Mount Pleasant School District reports can be viewed on the facilities page at www.mtplcsd.org. Anyone with questions is asked to call Director of Facilities Eric Strack at 914-769-5500 ext. 5910.

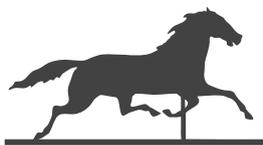
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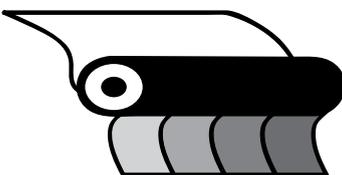
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Obituary

Robert Anderson

Robert I. Anderson, affectionately known as "Rob" and a proud resident of Armonk for 45 years, passed away peacefully on Oct. 5 surrounded by his family.

He was 74.

Born and raised in Yorktown, Anderson graduated from Yorktown High School in 1960. He was a larger than life figure to those who knew him. After serving in the Navy as a radar tech, stationed off Cuba from 1960 to 1963, he graduated from the University of Detroit and then received his master's degree from Eastern Michigan University.

Anderson is survived by his loving wife of 52 years, Kay Winkler Anderson; his loving children, Kathy and Rob; and granddaughter Madison, his pride and joy, all of Armonk. He is also survived by his sister-in-law, Barbara Winkler, and niece Robin Winkler, both of Park City, Utah; niece Amy Floyd of Washington; and his beloved Jack Russell Terrier, Lily. In addition, he leaves behind many, many loving friends who he considered and treated like family. He was predeceased by his parents, George and Emilie Anderson.

One of Anderson's many passions was

serving the community he lived in. For 42 years, he volunteered for the Armonk Fire Department as a firefighter and ambulance driver. He served as fire commissioner for 15 years. Anderson also served on the North Castle Recreation Board and was a member of American Legion Post #1097.

Along with his wife, Kay, Anderson owned Winkler's Nursery in Armonk. He loved to share his knowledge of plants with his many customers, friends and employees.

Anderson loved the outdoors and especially loved to fish in Alaska and Rhode Island. He loved to share stories of his fishing trips and adventures. He also enjoyed grilling for friends and family and was well known for his "beer in the rear" chicken.

He would talk to anyone who would listen and his famous question was "Got any news?" He was kind, caring and enjoyed helping others. He was truly a one-of-a-kind person who will be deeply missed by all.

In lieu of flowers, the family has requested donations to the Armonk Fire Department Scholarship Fund, P.O. Box 116, Armonk, N.Y. 10504.

Police Blotter

County Police/Mount Kisco

Oct. 24: A woman reported at 1:12 p.m. that she was followed into the CVS on North Bedford Road and was verbally accosted by a person she had had a traffic dispute with minutes earlier. The woman provided officers with the license plate of the other vehicle and asked that the incident be documented.

Oct. 26: A tenant in an East Main Street commercial building reported at 10:17 a.m. that someone has been sleeping in the building after hours. Couch cushions had been moved and a half-eaten sandwich was found in a common area of the building. The landlord was contacted and advised of the situation.

Oct. 26: A 15-year-old Queens boy suffered leg injuries when he ran into a moving car on Lexington Avenue near Radio Circle at 1:10 p.m. The driver of the vehicle swerved to avoid striking him and the youth collided with the rear of the car. The boy was taken to Northern Westchester Hospital for treatment.

Oct. 26: An employee of a business in the village reported at 4:18 p.m. that she has been receiving harassing phone calls from a former employee. The ex-employee was contacted by police and advised to cease making contact with his former co-worker.

Oct. 27: At 1:23 a.m., an officer on patrol observed a patron entering a bar on Lexington Avenue that is required to close by 1 a.m. under its state-issued license. The officer entered the premises and observed an employee behind the bar and 15 patrons inside. The manager was advised that a notification of the license violation will be made to the state Liquor Authority.

Oct. 28: Report of a man slumped over the wheel of his car on Leonard Street at

6:25 a.m. The motorist told officers that he was waiting for his daughter and had fallen asleep.

North Castle Police Department

Oct. 21: Report of a suspicious call received by a Washington Avenue resident at 9:22 a.m. The caller stated that an unknown male party called regarding a debt owed to him by her deceased husband. An officer responded to investigate.

Oct. 21: Report of wires burning on Mianus River Road at 11:34 a.m. The Bedford Fire Department responded and Con Edison was notified.

Oct. 23: A party was arrested at 2:25 a.m. and charged with unlawful possession of marijuana following a DWI detail stop on Route 22.

Oct. 23: Report of a grand larceny at the Townhouse Diner on North Broadway at 4:27 p.m. The complainant reported that an employee may have taken money from the cash register without authorization.

Oct. 25: A caller reported at 10:28 a.m. that an Acura MDX is in the woods across from where the lake starts while traveling north on Byram Lake Road. The responding officers stated that the vehicle was involved in an accident.

Oct. 25: A request for an ambulance at Coman Hill Elementary School on Bedford Road at 1:16 p.m. A seven-year-old boy hit his head while on the playground and was possibly having a seizure. The call was transferred to 60 Control. The responding officer reported that the child was being transported by ALS to Northern Westchester Hospital.

Oct. 25: Report of a possible disabled vehicle on Route 22 at 11:03 p.m. The operator was subsequently arrested for marijuana possession.

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Boak Slams Murphy on Ethics Pledge, Late Taxes

By Martin Wilbur

State Senate candidate Alison Boak continued pressing last week for ethics reform in Albany laying out a series of steps designed to weed out corrupt lawmakers.

Boak, the Democratic challenger in the 40th Senate District against Republican incumbent Terrence Murphy, contended she is better suited to help clean up the state capitol because her opponent's ethics are compromised, most notably for having failed to pay taxes on time on his family's Yorktown restaurant.

"I've encountered this corruption as a native New Yorker my entire life, one scandal after another, one arrest after another. Enough is enough," Boak said last Tuesday at Peekskill's Riverfront Green accompanied by Assembly members Sandy Galef (D-Ossining) and David Buchwald (D-White Plains) and former Peekskill mayor Mary Foster.

"People of the 40th District deserve a leader who will lead by example from a place of integrity and who will sign the Clean Conscience Pledge as the Assembly members of this district have done."

Boak said she supports limiting outside income, closing the LLC loophole, which allows unlimited campaign contributions to a candidate funneled through a limited liability company, and



MARTIN WILBUR PHOTO

State Senate candidate Alison Boak called for a series of ethics reforms last week in Peekskill while criticizing incumbent Terrence Murphy for his ethics record. Boak was accompanied by Assembly members Sandy Galef and David Buchwald and former Peekskill mayor Mary Foster.

disclosing the recipients and the purpose of all discretionary funds disbursed by lawmakers.

She challenged Murphy to sign the pledge, which was devised by the nonpartisan Common Cause and the New York Public Interest Research Group (NYPRIG). So far, Murphy hasn't signed the pledge.

"I'm the only candidate in this race who has agreed to limit their outside income," Boak said. "If elected I will not

have another job other than serving the people of this district full-time."

Galef called the ethically challenged state legislature "an embarrassment," particularly with the arrests of former Assembly speaker Sheldon Silver and former Senate Majority Leader Dean Skelos.

But there have been others throughout the state, including former state senator Vincent Leibell, who represented the 40th District and was sentenced to 21 months in jail for tax evasion.

Galef said the state legislature should consider a plan similar to Congress to limit outside income to no more than 15 percent above a state lawmaker's salary, which is \$79,500.

"The pledge is good and we need to get more people to sign it. She has pledged to do that," Galef said of Boak. "This is the type of person you need in the New York State Senate this year."

Buchwald said 15 percent above a legislator's salary provides sufficient leeway for lawmakers with other careers. However, anyone who is earning more than that is probably not serving their constituents, he said.

In addition to challenging Murphy to sign the Clean Conscience Pledge, Boak demanded that he pay his taxes on time, have the Senate Ethic Committee, of which Murphy is a member, convene a

meeting, something it hasn't done since 2009, and for him to disavow Republican presidential candidate Donald Trump.

Murphy dismissed some of Boak's challenges last week. He said his siblings made the unappetizing decision to delay paying taxes when the economy soured rather than laying off employees. Regardless, the taxes have been paid up in full with penalties and interest to the Town of Yorktown.

Murphy, a chiropractor, said he would not agree to outside income limits unless there are salary increases at some point and other reforms.

"I wasn't born with a silver spoon in my mouth like she was," Murphy retorted. "Her husband is a hedge fund multimillionaire, and guess what, I don't have that money. Our family's restaurant is one of the largest in the Town of Yorktown. Unfortunately, it fell on hard times and my brothers and sisters decided to make an executive decision to make sure our staff was paid and we didn't have to lay anybody off or fire anybody."

The senator said he has been put off by many of Trump's comments during the presidential campaign. However, Boak failed to make any public statements criticizing Hillary Clinton for describing Trump's supporters as a "basket of deplorables."

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Editorial

Murphy Has Served 40th Senate District Well

Listening and responding to the needs of constituents is one of the main responsibilities of being an elected state representative, and that is something state Sen. Terrence Murphy (R-Yorktown) has excelled at during his first term in office.

Murphy, whose widespread district covers three counties and about 325,000 residents, has worked tirelessly on a variety of issues, most notably being in the forefront of trying to find solutions to the heroin and opioid epidemic that has taken a stranglehold on the region.

He was appointed co-chairman of the Senate's Task Force Against Heroin & Opioid Addiction, and after absorbing hours worth of testimony from families, addicts and experts, he unveiled a comprehensive legislative package addressing all sides of the multi-faceted problem that was widely hailed.

Another issue that Murphy tackled head on was the U.S. Coast Guard plan to anchor barges in the Hudson River, which caught everyone in the region off guard. Murphy rounded up a large

group of fellow elected officials and environmentalists to raise awareness about the proposal and two weeks ago held an informal hearing to try to pressure the Coast Guard to reveal its intentions and specifics.

The former Yorktown councilman has consistently responded to requests from veterans and municipal and school officials, delivering more times than not in his friend in Albany capacity, providing the type of outreach that is often expected from state lawmakers.

But his first term hasn't been without some controversy, most notably when it was disclosed in the media that his family-owned Yorktown restaurant owed more than \$146,000 in back school and town taxes. Murphy, who has maintained his business interest in Murphy's Restaurant is minimal and primarily with the property, explained the restaurant suffered like many small businesses do from time to time, but stressed the bill has been paid in full.

His opponent, Democrat Alison Boak, unleashed some harsh criticism against

Murphy for that situation, questioning his ethics and remarking, "I wouldn't go to someone (for help) who wasn't a role model for me."

Boak has a tough hill to climb since a Democrat hasn't represented the district since 1914. Her work with child trafficking over the last 20 years is admirable and she appears to be running for the right reasons, but she has expended too much time on why Murphy shouldn't be re-elected rather than focusing on her qualities. Boak hasn't presented any compelling reason why she would serve the district more effectively than Murphy.

Much of Boak's attention has centered on ethics reform, which Murphy has also addressed. She also agrees that the first job of a state senator is to be accessible to constituents, which the incumbent has mastered.

In short, Murphy has, in many ways, exceeded expectations when he moved up the political ladder and has earned another two years to serve his district.

Latimer Deserves Chance to Continue His Work in 37th Senate District

In the race for the 37th state Senate District, Democratic incumbent George Latimer deserves a chance for a third term.

With four years in the Senate already under his belt and former positions in the state Assembly and county and local government, Latimer has used his full resume of experience to successfully serve the wide swath of diversity in his district that includes parts of Yonkers and White Plains, the Sound Shore communities, North Castle and Bedford.

Aware that trying to get policy changes through any governmental body when representing the minority party is tough, Latimer has been involved in ongoing efforts to bring about reform and is aware that relationships and knowledge of issues across the state are important to getting what he needs for his district.

Latimer has faced strong challenges at each election by Republican candidates and a state GOP that covets the seat; therefore, he has had to deal with aggressive campaign tactics thrown at him at every turn and is aware that the only way to keep working for his constituents is to keep up and increase the pace of his efforts. This, he said, he is determined to do.

Julie Killian represents a different kind of challenge to Latimer. She helped manage the campaign for a winning Democratic candidate on the Westchester County Board of Legislators and has publicly said she grew up in a Democratic family.

Spurred on to run at the state level after seeing that much of the work she was doing on the Rye City Council would go nowhere without doors opened in Albany, Killian appears to be a pragmatic candidate. She deserves credit for beginning the climb to a broader demographic from her current political roots, whether they be a Democrat or a Republican. Killian acknowledges she does not agree with everything the party does but the GOP is more in keeping with her philosophy of limited government and personal responsibility.

Claiming she decided to run when disgraced Assembly Speaker Sheldon Silver was arrested for corruption, she is passionate about ethics and campaign finance reform and wants to work across the aisle with other politicians who share

her goals.

As a woman, Killian is tired of the "old boys club" mentality of state government and would like to step in and begin to change the operational status quo – a very high ideal indeed. She argues her opponent has had enough time in office and has been unable to accomplish that critical piece of the job.

Compared with Latimer, who is impressively well-versed on virtually any policy issue, it seems the learning curve for the work to be done and done quickly might not match the task ahead.

And even though New York has a reputation for setting standards that the rest of the country will follow, Killian's approach to state affairs comes with a broad brush stroke in many ways more appropriate for general policy discussion than specific state legislation.

Latimer has a vision of where things need to go and sees a path he would like to take to get there. He would be that much further ahead to make positive change happen.



SMALL NEWS IS BIG NEWS

Editorial

Despite Steep Challenges Facing Mt. Kisco, Schleimer, Farber Solid Picks

Mount Kisco Trustee Karen Schleimer accurately and concisely described the village at a crossroad.

In her remarks, Schleimer may have been largely referring to the municipality's downtown and the uneasiness generated by the alarming number of visible vacancies.

But it could easily refer to other issues as well, as Mount Kisco struggles to define itself for something more than the home of empty storefronts, chain and box-box stores and a thriving medical hub buoyed by Northern Westchester Hospital and Mount Kisco Medical Group.

To some extent, Mount Kisco is a tale of two villages, where each strength stands in stark contrast to a very obvious flaw. Despite the heart of its downtown dotted with vacant storefronts on its busiest streets, the fiscal health of the village is strong.

There's a strong sense of civic pride but the village board is having problems attracting new people to its planning board.

For only the second time in the past 10 elections, voters have a choice this year on Election Day in selecting its representatives for the two seats that are in play on the village board. Schleimer is joined on the

Democratic ticket with fellow incumbent Jean Farber. Republican Patric Kilkenny, a retired paralegal who appears on the ballot for the first time, opposes them.

Despite the challenges and a temptation to try something new, Schleimer and Farber are two worthy candidates that possess the smarts and work ethic to help point the village in the right direction.

Schleimer, who is running for her third two-year term, has been the most impressive. On an all-Democratic board, she has been unafraid on multiple occasions to be the dissenting vote. The most recent example is Schleimer's criticisms of her colleagues for bungling the non-appointments of several planning board members. She has directly concluded that the proposed reduction from seven to five members will make no difference in attaining quorums.

Schleimer has refused to join the feeding frenzy in subtly blaming the planning board for the ills of the downtown.

She correctly has recognized that the village's Comprehensive Plans is in desperate need of an overhaul to move Mount Kisco into the 21st century and make it competitive not only with surrounding

downtowns but Internet shopping as well.

Schleimer's public service record has been impressive. Most notably she has previously served on the Zoning Board of Appeals and as the village prosecutor. Her dedication to the community is unquestioned.

Likewise, Farber, competing for her fourth term, possesses a steady hand that will continue to serve the residents well. She points out that the village's two largest vacancies, the older Borders site, which now is home to Modell's Sporting Goods, and the free-standing Friendly's building on East Main Street have new occupants. (Bareburger will take over the latter space shortly.) She is optimistic that could jumpstart a renaissance of the downtown.

Farber, along with Schleimer, have also been part of the board that unanimously opted to consolidate the village police force with the county. So far, both fiscally and in terms of the quality of policing, it has been the right move and both trustees deserve credit for supporting the effort.

It would be helpful if Farber would on occasion speak up more especially on the hot-button issues.

Kilkenny, representing the virtually

non-existent Mount Kisco Republican Party, deserves high marks for giving voters a choice. In addition, he points out some weaknesses in the village that should be addressed. Other than hiring a new building inspector, it doesn't appear the problem of illegal overcrowding in residences, mainly by the immigrant population, has been adequately addressed.

His contention that the board has potentially overused executive sessions bears closer watching.

A strong proposal from Kilkenny is to suspend meters on weekends in hopes of attracting more shoppers to downtown. It's an experiment that might be worth a shot, providing the village analyzes the proposal to make sure it doesn't potentially lose too much money.

However, his insistence that the police consolidation should have gone to a referendum is shaky at best. In recent years, other municipalities, including Ossining and Cortlandt, did some version of legal consolidation without constituents voting.

Letters

Middle Class Suburban Districts Will Suffer With Foundation Aid Change

Suburban middle class school districts, including many in Westchester and Putnam counties, will be the losers if plans to change the Foundation Aid formula are approved.

In July, the state Board of Regents recommended a series of changes to the formula that distributes \$24 billion a year to New York schools. The board presented its findings to the state legislature to consider in January. Among other things, it has urged the state to update data used to determine a school district's wealth, and devise a new formula to dictate how

Foundation Aid will be distributed. The formula was first put in place in 2007 and relies on poverty data from the outdated 2000 Census.

In addition, the New York State Association of School Business Officials Foundation Aid Task Force has recently offered a series of similar recommendations concerning the reformulation of aid distribution. Not one of the 17 school business officials on the task force represented the Lower Hudson Valley suburbs, including Westchester and Putnam counties. Only one represented

Long Island. Nearly every member of the task force was from upstate New York.

The task force proposed a plan for the redistribution of Foundation Aid that would reduce aid to middle class and wealthy districts and increase aid to districts with higher levels of poverty, lower property values and higher numbers of students in the free and reduced lunch program. Because property values are so high in Westchester, Putnam and Long Island, our districts are considered wealthy. But for many in this region, nothing could be further from the truth.

While we applaud the state's attempts to establish equity in the distribution of aid,

other cost factors – such as the number of special education students being served by a district – are not addressed in the proposals. School districts pay for a plethora of unfunded or partially funded state-mandated services that continue to increase even as the tax levy cap shrinks to nearly zero. Should the proposed changes to Foundation Aid be enacted, suburban school districts will be left with no alternative but to propose budgets that override the cap or drastically cut programs and services. And some districts may have to do both.

Pleasantville Board of Education

Latimer a Civil Servant to Be Admired and Returned to State Senate

George Latimer is a living, breathing example of a genuine bi-partisan elected official who truly represents his constituents in Albany, along with the towns and villages in which they live. George Latimer has committed his life to public service, starting in the Rye City Council, to the chairman of the county Board of Legislators, to the state Assembly and now as our state senator for over three years.

He takes the term civic duty seriously, and actually walks the talk. Let me give you just one of many examples: The past two years, through a true bipartisan effort on the Senate floor at literally all hours of the night, Sen. Latimer negotiated across the aisle to get our town's hotel occupancy tax passed, in conjunction with our Assemblyman David Buchwald. Why is this important to

North Castle? Because if signed into law, this money will be used to directly improve our infrastructure, specifically roads, and will provide an annual stream of additional revenue from our town's current and future hotels, and not from our homeowners.

Experience does matter, which George exemplifies. When I read misplaced criticism that somehow his life's work is a negative, it rings hollow. I strongly urge you to cast your vote for our experienced and committed state Sen. George Latimer, and allow him to continue his good work for the taxpayers of North Castle.

Michael J. Schiliro
Supervisor
Town of North Castle

Annual Chappaqua Spelling Bee Next Monday at Greeley HS

Join a wonderful community tradition and come out for the seventh annual Chappaqua Spelling Bee on Monday, Nov. 7 at the

Horace Greeley High School gymnasium at 7 p.m.

Support the Horace Greeley Scholarship Fund to "Bee the Difference" for so many students pursuing their dreams of attending college. This event is run by Students Have a Responsibility Everywhere (S.H.A.R.E.), with all money raised going to support the scholarship

fund.

The bee is a great family event on an evening before a no-school day. (Election Day is the following day.) It's a wonderful opportunity to support students, teachers and the entire community for a great cause.

The Horace Greeley Scholarship Fund was established in 1946 by Horace Greeley High School students and makes up the difference between the actual costs of college and other financial resources available to students and their families.

Merchants Take Part in Mount Kisco Scarecrow Contest

If you passed through downtown Mount Kisco you might have noticed a festive and seasonal look.

The village's Recreation Supervisor Allison Eckhart said she worked with the Mount Kisco Chamber of Commerce to create the Merchant Scarecrow Contest. There were 17 local merchants who agreed to participate. The scarecrows are being displayed on lampposts around the village, she said.

"I was trying to bring a sense of community to our town and help the merchants at the same time," Eckhart said.

Participating merchants each paid \$20 and the Recreation Department provided the wood and hay needed to make their creations. The department was scheduled to pick up the scarecrows on Halloween and Nov. 1 and display them on South Moger Avenue and Main Street.

Residents can vote for their favorite scarecrow and the department will announce the winner tomorrow (Wednesday). Ballot boxes are located at Village Hall and the Mount Kisco Senior Center. The winner will receive a plaque.

—Neal Rentz



Two of the creative scarecrows that have adorned lampposts in Mount Kisco for the village's inaugural Merchant Scarecrow Contest.

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Combatting Depression, Anxiety With High-Energy Drumming

By Martin Wilbur

When the subject of helping special needs children is discussed, Mike Veny knows better than anyone the challenges and pain associated with trying to overcome personal hurdles.

From a young age, Veny, a Long Island native, suffered from depression, anxiety and Obsessive Compulsive Disorder. His severe behavioral problems got him expelled from three schools and landed him for several stints in psychiatric hospitals. At 10 years old, he attempted suicide.

Although Veny had counseling and medication, there was something else he believes made the biggest difference in his life: drumming.

"I naturally gravitated toward the drums and that really turned my life around, in a sense, that it actually gave me a method of expressing myself that was healthy and didn't get me in trouble, and for whatever reason, people liked it," said Veny, who attended a performing arts high school and became a professional drummer after graduation.

As a musician he was approached to give private music lessons, which led him to some students with disabilities and mental health issues.

Over the past 15 years, Veny has become one of the most sought after mental health

speakers in the United States, combining educational and entertaining speaking and his high-energy drumming in group sessions.

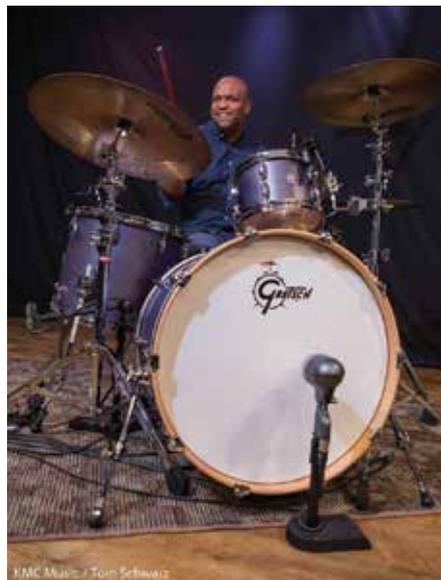
On Saturday, Veny will return to the Select Human Services' Judy Voron Life Skills Studio in Pleasantville for two 90-minute sessions for teenagers and young adults. The first session is for 13- to 17-year-olds from 10 to 11:30 a.m. followed by a second session from 1 to 2:30 p.m. for 18- to 25-year-olds. They are open to about 12 people per session.

Pleasantville resident Tara Klein, the outreach coordinator at the Life Skills Studios, said many of the parents of children who use services provided by Select Human Services, asked for more age-specific and gender-specific programming.

She said Veny had made a previous appearance at the facility for a different population and proved to be popular.

"Everybody at first thought that he had so much to offer that they opened the session to people with intellectual disabilities," Klein said. "People still talk about it, so when we had the opportunity, we brought him back."

Although Veny said that many of the groups that he visits have a wide range of disabilities, he provides many team-building sessions for all types of businesses. In fact, it is common for successful adults



As a child, Mike Veny discovered that drumming helped him cope with depression.

to have more difficulty getting along with each other than young children.

"Adults have a hard time playing together in the sandbox," said Veny, who now lives in New York City. "When I was struggling as a kid, I also struggled with friendship and a lot of people that I see are struggling with anxiety and behavior, they also struggle with friendship. So by giving people the tool of drumming it's really kind of killing two birds with one stone."

Veny brings along several African drums but the type of instrument is irrelevant. He could use pots and pans and have the same results, he said.

Veny explained that for him drumming was a physical activity and an important release after being in school all day. It also provided him with camaraderie.

"The thing with the arts is you have to work with other people, whether it be musical theater or being in a band, and something about drumming taught me to be healthy in my communication with other people," he said. "I just didn't have to get angry when I wasn't getting my way."

Despite his success, which sees Veny on the road about half of each month, it's still important for him to visit his counselor regularly. But he has seen the difference drumming has made in his own life and many others.

"That's all you need to do is let go and just be you," he said.

For more information about Mike Veny, visit www.transformingstigma.com. To learn more about Select Human Services and any potential availability for this weekend's drumming sessions, visit www.selecthumanservices.org.

The Judy Voron Life Skills Studio is located at 17-19 Marble Ave. in Pleasantville.

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STATE SENATE

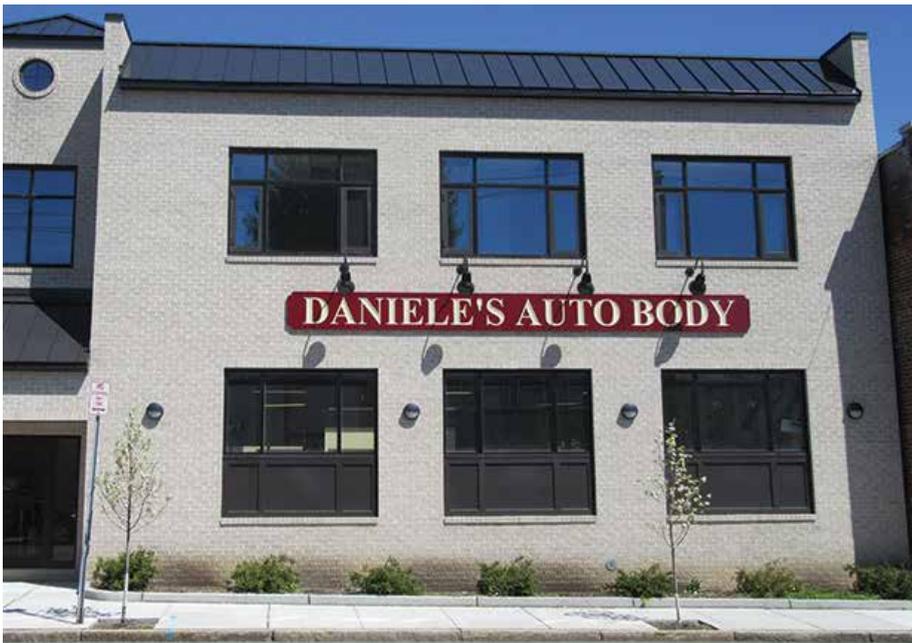
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Pamela Belmont, Foster Parent Pleasantville

By Martin Wilbur

During the past decade Pamela Belmont's Pleasantville house has been filled with children.

While Belmont has a 22-year-old son, it's been her efforts as a foster parent that has made her home a loving respite for some of Westchester's most vulnerable kids.

Since 2007, Belmont has served as a foster parent for 11 children, all of whom could not be cared for by their biological parents, at least temporarily.

Now for the first time she's in the process of adopting a four-year-old girl that she has fostered to give the child "a forever home."

"I get so much more out of it than I give," Belmont said. "It really has... given me a purpose. I know that they've given me joy. People say it but it's really true, it's better to give than to receive."

Last Thursday, Belmont was presented with a special proclamation by County Executive Rob Astorino recognizing her extraordinary efforts as a foster parent. She was honored in the Heart Gallery at the Greenburgh Public Library on Adoption

Awareness Day, which featured beautiful professional quality photographic portraits of children in the Westchester foster care system who need a permanent home.

The event precedes the county's annual Adoption Day on Nov. 18.

For Belmont, a lifelong Pleasantville resident, the joy of being a foster parent was instilled in her as a child. One of four children in her family, her mother, Donna, fostered 22 children during an 18-year period.

That might not work so well in some households, but she has fond memories of the experiences growing up.

"I just remember so much activity in the house," said Belmont, a food services director for Pepsi. "There were so many people, so much laughter, so messy, not messy, but like kind of things going on and it was just this pull."

Donna Belmont, now a Tarrytown resident who accompanied her daughter for her award last week, said her aunt was a foster mother and an adoptive parent and she urged her to follow in her footsteps.

"It's all love. It's all love," she said. "That's

what we're supposed to be doing."

While there are many unfortunate instances where the need for foster homes perpetuates itself over several generations, the same is true of foster families.

"A lot of this is generational," Belmont said, "and I looked at it, and looking at my mother, ours is generational, too, on the other side."

John Befus, deputy commissioner for the county's Department of Social Services, said when a child is placed in a foster home the goal is to reunite him or her with their biological parents. If that doesn't turn out to be feasible, then adoption may be sought.

By September, there have been 21 children adopted in Westchester this year. There are currently 15 more adoptions being processed.

Belmont said typically a child's stay is no more than 16 months. DSS tries to find permanent arrangements within that time period, she said.

While some people might look at a prolific foster parent as odd, that hasn't been the case in Pleasantville. Belmont said once she began fostering, friends and neighbors would often drop off strollers, toys, clothes and other items.

Belmont said the gratification she has received has been plentiful, but she believes her son has received the biggest benefit.

"For my son, going from an only child, to be able to learn how to share and



grow from that, it really groomed him to become a young man," Belmont said.

The experience of actually adopting a child is a new one for Belmont. She didn't have plans to take on the responsibility but the young girl needed a home.

"It's because I looked her in the eye and told her I'd take care of her and she needs to be taken care of right now, and it's time to step up and do it," Belmont said.

Presenting Belmont with her proclamation, Astorino said much can be learned by her story.

"God has blessed her and these kids," he said. "Ms. Belmont said she has learned the meaning of caring, giving and sharing because of these fond memories and the bonds that are being forged."

For more information about becoming a foster parent or adopting, visit the United Way of Westchester and Putnam at <http://uwwp.org/foster.shtml>.

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Champions of the Fall



MATT DACHIK PHOTO

The Bedford Hills Katonah 10-Year-Old Baseball team celebrates its championship of the Greater Hudson Valley Baseball League. The Knighthawks 2.0 battled the Bedford Pound Ridge Lightning as the two local teams played for Hudson Valley bragging rights on Sunday. The game saw both teams come from behind in their last at bat, with the Lightning plating two in the top of the sixth to take a 12-11 lead. The Knighthawks 2.0 weren't fazed and put together a rally to take the

championship with John Czernyk lining a game winning single. Pictured, left to right, Steven Carozo, Brady Hopkins, Milo Schonfeld, Evan Outwater, John Czernyk, James Dachik, Charlie Rivard, Derek Soto, Matthew Cambareri, Craig Holm-Jorgensen and Joshua Schwalbe in front. Remy Becker, another member of the team who played in the game, is not pictured. The coaches, left to right, are Alex Outwater, Gonzalo Carozo and John Samayoa.

Falling for a Night at the Theater

Axial Theatre in Pleasantville will open a three-weekend engagement of its new production, "Maybe Never Fell," at St. John's Episcopal Church this Friday night. The full-length play by award-winning playwright and Axial's founding artistic director Howard Meyer, looks unflinchingly and incisively at how generational burdens and atrocities – whether from our nation's wartime history or from today's war-torn world – can obstruct the possibility for lasting love. Pictured, clockwise from top left, are cast members Spencer Aste, Dominic Russo, Sara Hogrefe and David Lanson. For tickets and more information, visit www.AxialTheatre.org.



LESLYE SMITH PHOTO

Free Yoga Classes for Vets, First Responders at Mt. Kisco Studio

Peaceful Warrior Studio in Mount Kisco is proud to celebrate its first Veterans Week with three free mat yoga classes for veterans and first responders.

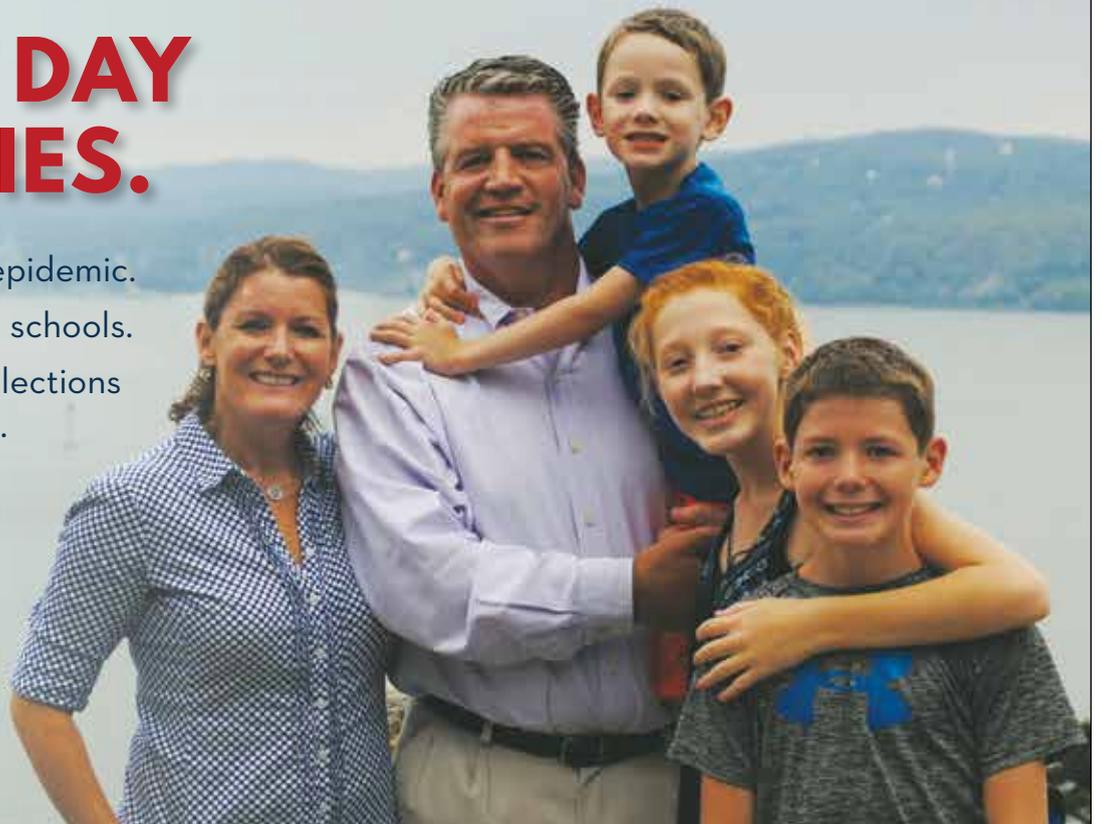
On Thursday, Nov. 10, there will be a meditation and yoga class at 10 a.m. and a Vinyasa yoga class at 6 p.m. On

Veterans Day, Friday, Nov. 11, the studio will offer an align and flow yoga class at 10 a.m.

To sign up in advance, visit www.peacefulwarrior.com. Peaceful Warrior Studios is located at 120 Kisco Ave. For more information, call 914-241-3114.

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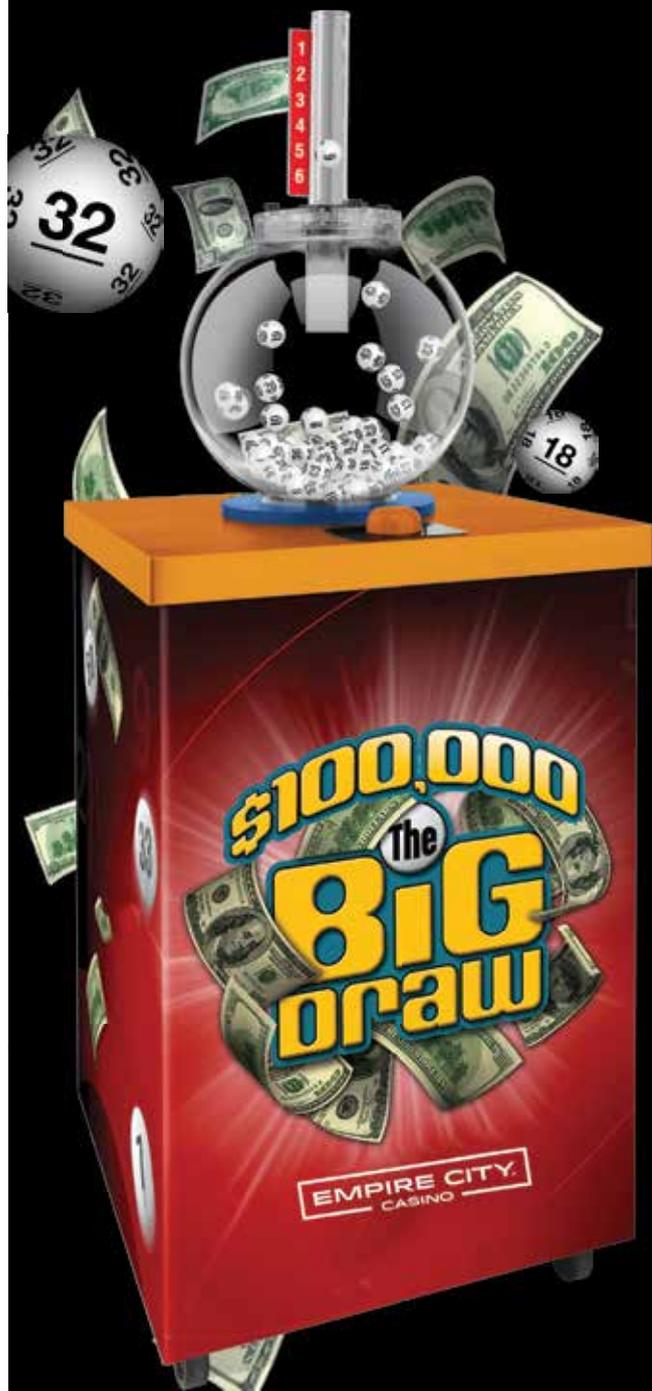
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The Artistry of Natural Stone in the Landscape

As I drive through Westchester and Putnam counties, I always enjoy the rugged beauty of stone walls harking back to our 18th century agrarian roots, but I appreciate the newly constructed versions as well.

We have plenty of stone, mostly granite, deposited in the Ice Age that formed the beautiful mountains, valleys, streams and lakes that make up today's gorgeous landscape.

For me, stonework on my property – the terraces, stone stairs, patios, paths and walls, built over three decades of joyful handiwork – form the visual interest outdoors when the leaves and flowers of summer fade and disappear.

Property enhancement with stone is a two-part process: sourcing the materials and then applying them in projects that can utilize the stone found and create some functional or visual effect within the already existing landscape.

The easy way to source material is simply to go to a garden supply center and buy a pallet or two of stone that you find most appealing. But to me, this is almost cheating, although I've succumbed to it on occasion. Most times, it's the scavenger hunt for material that I enjoyed.

This quest for sourcing stone started



By Bill Primavera

when I acquired my first home, a Brooklyn Heights Federal townhouse. The original bluestone sidewalk had long since disappeared and there was an old, cracked concrete walkway from the house façade to the street. I hired some "preservationists" who helped me acquire some bluestone slabs from another Brooklyn neighborhood that was being redeveloped for new housing.

Between the bluestone slabs and the curb, I installed Belgian block that I had taken from a downtown excavation site (first asking the foreman if I could and slipping him a few bucks). I was in creative heaven, loading down the trunk of my car with these stones that had originally served as ballast on merchant ships returning from Europe. My tailpipe dragged along the ground as I returned home. The combined effect of the cobblestone and bluestone was beautiful.

When I moved to Northern Westchester, I bought an old farmhouse on 1.5 acres that was to become my canvas for natural stone art for the next 30 years. While it originally had been very stony land as everything in upper Westchester is, the ground had been long cleared of stone to allow for farming. The stones taken

from my property had been deposited on the other side of my road in odd stone walls that had long ago collapsed into amorphous mounds of rock. I asked the lot owner if I could take loose stones, and she agreed. Stone by stone, I gathered as much material as my wheelbarrow and my back could tolerate and started plying my talent for natural stone placement.

My system was this: I used the stone exactly as found. I have no stone cutting tools, nor do I want them. I like the challenge of designing according to individual shapes, colors and textures and how they relate to each other and to the total project, without breaking them up. And, I never use mortar to fill cracks or to hold things together.

This is more fun, much like assembling a jigsaw puzzle, whether I am building a wall that needs to be steady and strong, or laying paths and patios on sand, requiring that the stones butt up against each other on all sides, creating a visually pleasing pattern of shape and color.

If the surface is to be level and "walkable" it's always best to find a stone that is flat on two sides for the top and bottom. I have laid many stones with a curved bottom, adjusting the sand and earth beneath it to the shape so that it will lie flat. I have never found a flat stone that I didn't love.

One of my most prolific sourcing

opportunities occurred when I was driving through Peekskill one day where an original bluestone sidewalk was being demolished to make way for brand new concrete. Again I talked to the foreman and gave him a few bucks to drop off the broken pieces behind my garage.

I didn't realize how big that pile would be, almost as tall as my garage. My wife definitely wasn't pleased. But what fun I had for years afterward, creating borders for my driveway and parking area and incorporating the deep blue color into the fieldstone of my walking paths and seating areas. I used the rest for solid bluestone walls, raised garden beds and terrace borders.

When the last survey of my property was done, I was thrilled to find that every patio, seating area, terrace and path had been included by the surveyor into the document. It was testament to something I had created that was actually architectural and long lasting and hopefully enjoyed by generations to come.

Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. (www.PrimaveraPR.com). His real estate site is www.PrimaveraRealEstate.com, and his blog is www.TheHomeGuru.com. To engage the services of The Home Guru to market your home for sale, call 914-522-2076.

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WCC Forum Discusses Criminal Justice, Policing for Minorities

By Andrew Vitelli

Spanning the spectrum of roles across the criminal justice system, panelists at last Friday's forum hosted by the African American Men of Westchester (AAMW) held divergent views on the issues facing police and the courts in America.

But in response to a question from one audience member, who suggested that the system is biased and that many young black men believe it's beyond repair, they were able to agree on one suggestion.

"Become part of the system," Jerome Clarke, a senior investigator at the Westchester County district attorney's office, said at the forum held at Westchester Community College. "If more young people become part, I'm not saying it's going to automatically become great, but it will make a difference."

Clarke was joined by a retired detective, a civil rights attorney, a state supreme court judge and a probation officer, as the night's discussion focused on what changes were needed and how people should interact with police and the courts.

"What we're trying to do, as part of our mission as an organization, is bring information to the community and help with the dialogue to show a positive way in which conflicts can be resolved," AAMW President Eric Eller said. "How situations can potentially be avoided, and the proper way to respond in different situations."

Mayo Bartlett, a civil rights and criminal defense attorney, said many police officers are poorly trained or not equipped to be officers.

"I'm not here to suggest to you that most police officers are bad people. I will suggest that far too many do not know their rules and regulations, do not know their protocol," said Bartlett, who represents the family of Kenneth Chamberlain, a 68-year-old man fatally shot by White Plains police in 2011. "There are people out there who have no business being law enforcement officers at all. They have no temperament whatsoever."

Daymon Yizar, a retired Greenburgh Police Department detective, acknowledged there are problems.

"If you were a punk before you got a badge, now you're a punk with a badge," Yizar said.

But he noted that the vast majority of encounters with police end without incident, and said the media has put forward a narrative of conflict with police.

Panelists also discussed how to act if approached by police, stressing that it is better to obey orders and defend yourself in court than to argue with or run from an officer.

"The last thing I want anyone in here to do, if you're ever stopped by the police, is to get into any type of verbal confrontation. It's not going to go well for you," said Yizar. "We're there to protect



ANDREW VITELLI PHOTO

State Supreme Court Justice Janet Malone, civil rights attorney Mayo Bartlett and Westchester County Probations Officer Sylvester Price III discussed criminal justice and policing at an Oct. 28 forum at Westchester Community College.

and serve, but we're not there to back off."

While the panelists agreed that there are problems within the criminal justice system, they differed to what extent the system is flawed.

"Having been in the criminal justice system for 24 years, I don't know that it's very sound. I tend to think it's not," said Bartlett, noting that the United States has the world's highest incarceration rate. "Something must either be broken with the people who live in this country or the system itself."

"Nothing is perfect," Yizar replied. "It's not a perfect world. It's what we have."

Janet Malone, a state Supreme Court justice, emphasized the need to propose reforms rather than simply identify

problems.

"It's easy to say, 'It's broken,'" Malone said. "We all know what the problems are. But how are we going to fix it? And this is the only system that we have."

Malone, formerly a Manhattan assistant district attorney and later a Family Court judge, defended the system, including the secrecy of the grand jury process, saying it allows people to come forward and testify.

"I don't think that our young citizens or people in general should believe that the law is no longer for them, that the law is against them," Malone said. "We have to have dialogue."

Clarke spoke about the challenges of prosecuting a police officer.

"What's tough about arresting police officers and prosecuting them in a lot of ways is just intent, he said. "It's hard to prove because you've got to show that that police officer went there with an intent to commit the crime, just as anybody else."

Sylvester Price III, a Westchester County Probations officer, asked the audience to push for Raise the Age legislation in New York to change the age a person can be tried as an adult from 16 to 18, in line with most other states. Price also called for young blacks and Latinos to consider careers as probation officers.

For more information about the African American Men of Westchester, visit www.AAMW.com.

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Killian Looking to Reform Albany in 37th State Senate District Race

By Martin Wilbur

Julie Killian's initiation into the political world began innocently enough. In 2009, she helped support a school board candidate in Rye during the time of a controversial teacher's contract squabble.

Killian, a mother of five children, later started helping local political campaigns, assisting candidates in both major parties that were in line with her philosophy of

limited government, including current County Legislator Virginia Perez (D-Yonkers). Her involvement led to her appointment to a vacancy on the Rye City Council in 2012, before winning the seat on her own the following year.

During her time in local politics, Killian realized how much of what was decided in Albany affects municipalities and residents, yet because of a lack of transparency, only a few know what is going on upstate.

Killian, 56, who has an MBA and has worked in finance, decided she wanted to try and reform state government. She



Julie Killian

made her decision to run for the state Senate on the day former Assembly Speaker Sheldon Silver was arrested.

Next Tuesday, she's taking on two-term Democratic incumbent George Latimer in the 37th state Senate District race.

"I got really fed up with the corruption and what was going on and really the inaction on the part of the legislature to do things that, in my opinion, really

make a difference in our lives and to be able to improve them," said Killian, who is running on the Republican, Conservative, Independence and Reform party lines.

One of the first tasks to meaningful ethics reform, Killian said, is term limits, not only for the legislature's leadership but for all officeholders. Killian, who would explore lengthening a senator's term to four state officeholders, said a maximum of 12 years in office is sufficient time.

She would also press to phase out a defined pension plan for legislators and replace it with something similar to a 401k. However, Killian opposes public

financing of political campaigns, even if there were matching funds. She said public money should not be used to help finance campaigns.

She said she would work to get rid of "transactional politics" that keeps incumbents of both parties in office.

"I cannot fundamentally accept the idea of having the taxpayers pay for the expenses of politicians," Killian said.

To help ease part of the burden on local taxpayers, Killian said she would press to change the education aid formula for lower Hudson Valley districts to have it more in line with Long Island.

"To me, that's literally taking money out of our wallets and giving it to New York City and Long Island," Killian said of the current funding formula. "That is one of the first things I'll take on. That's been out of whack for 10 years. My opponent hasn't been able to get it fixed."

She opposes the growing number of high-stakes tests in Common Core, saying it might be contributing to drug and alcohol abuse by youngsters. While there needs to be some standardized testing, that should be decided at the state and local levels.

"I'm not in favor of federal education control," Killian said.

Killian pledged to fight to repeal

burdensome mandates, not only for the schools but to help small businesses compete. Among them are the nearly century-old Wicks Law that requires separate contracts for different aspects of construction jobs over \$50,000, and the Scaffold Law, which imposes "absolute liability" on the property owner or contractor. Both laws severely drive up construction costs, she said.

There are also thousands of little-known regulations on the books that are obsolete and serve no purpose and must be repealed, Killian added.

Killian said she would support having the state assume Medicaid costs, instead of sharing it with the counties. She also would like for the state to tackle medical malpractice, which costs doctors about three times as much as their colleagues in California.

Killian, the daughter of two Democrats, said she rejects partisan party labels and plans to work with legislators on both sides of the aisle that share her ideals.

"I don't agree with everything the Republican Party says or does, but I'm in it, and I plan to stay in it and fight for the things that I believe in," she said.

Latimer Focuses on Ethics, Education in Re-election Bid

By Martin Wilbur

State Sen. George Latimer has experienced Albany as a part of the Democratic majority in the Assembly for eight years and from the minority side the past four years in the Senate.

Now he not only needs the cooperation from voters in the 37th Senate District but in other areas of the state as well.

"I want to see if I can have a stronger impact on my third term than my first two terms," said Latimer, 62, who appears on the Democratic, Working Families and Women's Equality lines in his re-election bid against Republican challenger Julie Killian.

"You can speak up, you can co-sponsor bills, you can bring things up about the way Albany works. Either you're in the majority club or you're not, and if you're not in the majority club, you can't have any significant ability to shape policy, so I'm hopeful that because of the desire for change that is generally in the air that we'll get the opportunity to have a new majority."

Latimer's top three issues that need to be addressed are familiar ones: reforming state government, education and property taxes.

While he supports term limits, Latimer said that isn't enough to stop breeding corruption. In fact, some relatively

inexperienced lawmakers have been ensnared in scandal, he said.

"The real problem is that it would just morph itself in a different way," said Latimer referring to relying on term limits to weed out corruption. "The real problem is power and money and the escalation of power of money is what led to (former Senate Majority Leader Dean) Skelos and (former Assembly Speaker Sheldon) Silver."

Term limits must be pursued in connection with restrictions on how much a candidate can receive from an individual. The state currently allows for individual donations of up to \$55,000 for a candidate for statewide office and \$11,000 for a state senator, which is excessive and more than what a congressional candidate can receive.

Latimer also supports campaign finance reform that would call for a one-to-one match between private and state funds along with limiting how much a candidate can spend on a race.

Decentralizing power for the leaders must also be considered, he said. Latimer said he has a stronger case for ethics reform in the Senate with the Republicans in control.

"(Killian) is not going to be able to take power away from John Flanagan," Latimer said. "So I'm in a much better

position as the candidate whose party is out of power to press for that type of reform."

There has been plenty of angst for many Westchester school officials who are unable to fully tap into community's resource. Forcing some of the same mandates on high-achieving districts is unnecessary, he said.

"We spend an awful lot of money (on education)," Latimer said. "Some districts are getting the results, some district's are not. Focus on the places that are not."

He wants to fight for a change in the state funding formula that puts Westchester in a different category than Long Island, but said that is unlikely to occur if Senate Republicans remaining in power.

Latimer said the standardized tests should be for fifth- and eighth-graders, students who are moving on to middle school and high school, respectively, as well as for Regents level courses, but does not believe the current exams should be given to children as young as third grade.

A major part of relieving residents of



George Latimer

the property tax burden rests in meaningful mandate relief. The biggest piece would be moving the state's half of the Medicaid funding to the state, rather than splitting it with the county, Latimer said.

However, that won't happen unless suburban and upstate legislators reach a creative agreement with the state legislature's New York City

contingent whose constituents aren't faced with the same property tax pressures, he said.

Without mandate relief, there are few additional options.

"The only (other) way to support lower taxes is going to have fewer services," Latimer said. "I'm not advocating that."

Latimer said that he's proud of his record on the environment. He supports more of a focus and investment on renewable energy with a large piece of that being solar energy. However, with solar still expensive, the state must look to invest and research other renewable sources to meet its energy needs.



Boak Looks to Clean Up Albany in 40th Senate District Race

By David Propper

The centerpiece of Alison Boak's campaign and her motivating factor to run for the 40th state Senate District is getting the widespread corruption out of state government.

Even when Boak, 46, did a college internship in the Senate, she could recall there were ongoing scandals, a trend that has continued until today. In order to halt that, Boak offers a package of ethics reforms, and is calling for an overhaul of the structure currently in state government.

"That's what inspired me to run," Boak said, bashing opponent Terrence Murphy for what she believes is his lack of ethics.

Boak, a Democrat and former Pound Ridge councilwoman, opposes convicted state lawmakers guilty of corruption keeping their pensions. She feels so strongly about that issue she wants it to be the Senate's first vote next year. Boak signed the Clean Conscience Pledge that limits outside income, closes the LLC loophole and increases transparency on the money that legislators bring back to their district. She said if elected the Senate would be her only job.

State lawmakers should be term limited, Boak said. She would like to see terms extended to four years and lawmakers allowed only two terms. Additionally,

elections should be staggered so not every state lawmaker runs at the same time, she said.

Boak also supports campaign finance reform, but didn't have a specific plan. She'd like to explore other states' reforms and examine whether they've had success.

On the environmental front, Boak backs the energy goal set by Gov. Andrew Cuomo in which 50 percent of the state's energy is from renewable sources by 2030. That could result in an economic boom, she added.

Boak is in favor of closing Indian Point because it's aging, the Spectra pipeline is nearby and there isn't a proper evacuation plan in place.

Boak noted while Murphy is against more barges on the Hudson River, he voted to decrease licensing fees for entities that transport oil in New York, resulting in a smaller spill fund.

Regarding education, Boak wants to see less reliance on standardized testing and greater emphasis on technology so students are ready for college and careers. She doesn't believe Hudson Valley school districts have gotten their fair share of state education aid.

Boak would like to explore creative ways to give seniors tax breaks so they can remain local if they choose along with more affordable housing for seniors and young adults. If the state paid 50 percent of



Alison Boak

Medicaid instead of sharing that expense with its counties, it would lower local property taxes, she noted.

Boak supports the tax cap, but wants to see more wiggle room for capital projects for municipalities.

"You got to find a way to strike that balance with the tax cap," she said.

On the Pound Ridge Town Board for four years, Boak said she had a hand in helping the business district's revitalization and was able to bring in a couple of grants. Boak also pushed for more transparency, helping to get board meetings videotaped and placed on the town's website. She also brought awareness to the troublesome wastewater

problem in Pound Ridge by launching a task force.

Boak said she wants to reduce regulations pertaining to small businesses and would like to streamline the process working with municipalities in order to cut red tape. She also backs the state encouraging minority and women-owned businesses.

Boak complimented Murphy on his fight against the heroin epidemic, but noted it is a bipartisan issue that is easy to support. She would like to employ evidence-based programs that would be more effective in deterring youths from drugs and to extend drug treatment courts and fill in gaps in treatment for those suffering from addiction.

One of Boak's most personal fights, she said, would be eliminating the statute of limitations for sex crimes committed against minors. Currently, the statute of limitations is five years. As the founder of a nonprofit organization that helps human trafficking victims, Boak said it takes a person an average of 21 years to open up about past abuse.

"We don't have statute of limitations in murder cases, we don't have statute of limitations on adult rape cases," Boak said. "Children (are) our most vulnerable group. If anyone you want to protect it's our children."

Murphy Relishes Chance to Build on First Term in Senate

By Rick Pezzullo

Before being elected two years ago to the state Senate in the 40th District, Terrence Murphy had heard about the problems with state government in Albany.

But it wasn't until he was chosen by voters to succeed Greg Ball and continue the 102-year Republican dominance in the district that he discovered how many changes needed to be made.

"It's been quite the eye-opening experience," Murphy said. "In Albany, you have professional politicians. That is a big part of the problem. You have people who have never worked a day in their life setting the table. As a freshman senator you're supposed to be seen and not heard. I believe I have represented the district well. In two years I think we have done an excellent job."

Murphy, 50, grew up next to Wilkens Fruit Farm in Yorktown. He earned a bachelor's degree in nutrition after graduating from Yorktown High School and went on for his doctorate of chiropractic from Life University College of Chiropractic. In 1999, he opened the Yorktown Health and Wellness Center on Commerce Street. He has also had a business interest in the family-owned Murphy's Restaurant in downtown Yorktown Heights.

He was elected to the Yorktown Town Board in 2009 and re-elected in 2013. His Senate district serves about 325,000 residents throughout much of northern Westchester, along with parts of Putnam and Dutchess counties.

"It has been an absolute honor and privilege. It's awesome," Murphy said of his first term. "We do a lot of constituent work, quality-of-life work that affects people on a daily basis. I will get as much money as I can for the 40th District."

Murphy stressed he was particularly proud of his efforts in trying to combat the heroin and prescription opioid crisis. The father of three was appointed co-chairman of the Senate's Task Force Against Heroin & Opioid Addiction. Murphy later introduced a legislative package that tackles the drug problem through prevention, treatment, recovery and enforcement.

"We crafted some of the most comprehensive legislation in the nation. We've done some good stuff," Murphy said. "It is an enormous step forward for New York State. It's a moving target all the time. The enforcement part is not where I want it to be."

The son of a Navy veteran of the Korean War, Murphy said he has also achieved a lot for veterans and sponsored legislation

to hold elected officials accountable for their actions. His five-point accountability plan calls for term limits (no more than three terms) and pension forfeiture.

Despite claims from his Democratic opponent, Alison Boak, that his environmental voting record hasn't been "consistent," Murphy said he has been in the forefront of the fight to prevent the U.S. Coast Guard from anchoring barges in the Hudson River, secured \$500,000 for meadow restoration at Croton Point Park and partnered with Somers and the Westchester Land Trust to get \$1.8 million to preserve Stuart's Fruit Farm in Granite Springs. He was also endorsed by the New York League of Conservation Voters.

A strong opponent of changing the Common Core standards, Murphy said he sponsored an "opt out" bill allowing parents of students to decide whether their children take state tests.

"I caught a lot of flak for that, but when you see something that's wrong you try to fix it," he said. "We all want high standards for our kids. It's how we achieve that. It wasn't about the welfare of our kids and teachers had to teach to the test."

Responding to criticism from Boak about Murphy's Restaurant owing back taxes, which escalated to more than \$146,000 before being paid off recently,



Terrence Murphy

Murphy explained the eatery fell on tough economic times and a few of his siblings that run it on a daily basis decided it was better to fall behind on paying town and school taxes instead of laying off employees.

"I wasn't born with a silver spoon in my mouth like she was," Murphy said. "My investment has been the land. I will stand by family. All of our taxes are paid. End of story."



Farber Hopes to Tackle Unfinished Business on Mt. Kisco Village Board

By Neal Rentz

Jean Farber, who is finishing her second two-year term on the Mount Kisco Village Board, is seeking re-election because she wants to accomplish more on behalf of residents.

"I feel like there's a lot of unfinished business," said Farber, who along with Trustee Karen Schleimer are running on the Democratic and Independence party lines.

Farber, 67, an associate real estate broker who also has a background in communications, said she was pleased that village officials have "started opening up a real dialogue" with local business owners and commercial landlords on addressing vacant downtown storefronts. The two public meetings in July and September on downtown redevelopment have been "extremely healthy for everybody to really talk face to face with people who are making the decisions and also those who really are interested in wanting some answers," she said.

Farber recalled discussing the importance of filling empty storefronts during her campaign in 2014. The two most prominent vacancies were the former Borders bookstore, which is now occupied by Modell's Sporting Goods, and the former Friendly's restaurant site on East Main

Street, which will be filled by a Bareburger restaurant.

"So progress is being made," Farber said.

She said Modell's is helping to jumpstart business in the heart of the downtown.

"The day of the grand opening everybody on Main Street was so excited," she said. "It really has totally recharged that part of Mount Kisco, which is so needed."

Farber said the village's Comprehensive Plan needed to be updated for the first time in many years. The village should seek grants to pay for the update.

"To do it correctly is very expensive," she said.

Trustees should discuss the possibility of building a downtown parking structure to create additional parking, Farber said. However, a structure would need to fit the neighborhood's character. There is currently plenty of parking, but motorists may not think they are located in convenient places, she said.

Farber said she has been giving much thought about reducing the size of the planning board from seven to five members, but is undecided how she would vote on the issue. Having five planning board members may make it easier to gather a quorum for a meeting, she said.

Despite the board decision against

reappointing three planning board members last year, Farber said she respected the current planning board members.

"The people that are on the planning board have given immensely to this village," she said.

Farber has acknowledged conversations regarding an infusion of "new blood" to the planning board.

However, she said the village board was wrong for keeping the status of the three members in limbo after failing to reappoint them at last December's reorganization meeting.

She lauded the current financial position of the village, with its budget consistently below the tax cap.

"Mount Kisco is in the most fortunate position," she said. "We are fiscally in a very positive position."

One reason for strong village government finances was the June 2015 consolidation of the Mount Kisco Police Department with the Westchester County Department of Public Safety, Farber said. Initial savings projections were \$500,000 a year during



Jean Farber

the five-year contract, but Farber said she expects it will ultimately exceed that figure.

"It's saved more than even we hoped for," she said.

Farber said she was pleased that several Mount Kisco police officers decided to move to the county force and continue to police the village.

"I have only heard really positive things," she said.

Farber said illegal overcrowding in village residences is a problem that must be corrected by officials.

One of the village board's major accomplishments during the past two years has been bolstering the building department to help tackle that issue. Fortifying the department includes the hiring of current Building Inspector Peter Miley, she said.

Farber said she continues to enjoy serving the village and meeting with residents to address their concerns in a variety of venues.

"To me, being a trustee is a lot more than going to meetings," Farber said.

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Kilkenny Seeks to Break Democratic Hold in Mount Kisco

By Neal Rentz

For the first time since 2010, a Republican is challenging for the village board.

Patric Kilkenny, 65, who ran as a write-in candidate for mayor two years ago, said he wants to give voters a choice and break the one-party stranglehold in village government.

"I want to bring some balance to the village," said Kilkenny, a retired paralegal.

During the campaign, Kilkenny said residents have brought various concerns to his attention, such as dealing with cumbersome village code enforcement regulations, overcrowding in residences and problems caused by day laborers. Kilkenny said overcrowded housing is a serious problem.

"I'm not sure what the answer is," he said. "It's a big issue. It's something that has to be grappled with. And this board for years and years and years has ignored it."

Kilkenny criticized village trustees for failing to directly address issues they have had with the planning board. Three members continue to serve despite having failed to be reappointed to their posts last December, while Joseph Cosentino serves as the chair although also was not reappointed to the leadership position.

Because planning board members are unpaid volunteers, trustees should be forthright with them if they want to make

changes, Kilkenny said.

"If it were up to me I'd reappoint all of them," he said.

Kilkenny said he had no objection to a proposal reducing the planning board from seven to five members, but questioned why a task force streamlining the approval process was formed.

Though he has never held elective office, Kilkenny said he has been active in the community, having volunteered for Meals on Wheels and Partners in Prevention. He described himself as "a political animal" who has volunteered in local Republican political campaigns.

Kilkenny said he ran two years ago, motivated in part on the proposed police consolidation which went into effect on June 1, 2015. Kilkenny said he signed a petition containing more than 500 signatures calling for the consolidation proposal to go to a referendum. He maintained the merger was illegal because "when you dispose of a police department it must go to a referendum."

"I wasn't necessarily against the merger," Kilkenny said. "It may have been a good thing, not necessarily for the village, but for the policemen."

Prior to the consolidation village officers hadn't received a salary increase in years, he said.

Kilkenny said he is puzzled that the village has not yet determined how much money was saved in the first year

following consolidation because information is unavailable.

Despite his skepticism, Kilkenny said he has been impressed with policing in the village since consolidation has gone into effect.

"The guys are doing a good job," he said. "Overall, I'm satisfied with the coverage."

But a downside is a lack of access to the police station to speak with officers, Kilkenny said.

He said he was concerned about what the village would do once the five-year contract with the county expires and if trustees decide to look elsewhere for police service.

"What do we do then? Start a new police department all over again?" he asked.

Kilkenny said the village was "fiscally sound," but must combat the rash of businesses fleeing Mount Kisco.

"Nobody seems to have any plan whatsoever to combat (it)," he said.

In an effort to draw additional people downtown, there should be free parking on weekends, Kilkenny said. He opposed constructing a downtown parking structure.



Patric Kilkenny

To retain businesses, officials should seek tax abatements or subsidies for them, he said.

Kilkenny refrained from criticizing his Democratic opponents, Jean Farber and Karen Schleimer. However, he said it's rare to find dissenting opinions or votes among board members.

He said he objects to the frequency with which the board meets in executive

session, discussions of certain topics that are closed to the public. Kilkenny said executive sessions are supposed to be announced ahead of time, and can only be called to discuss certain topics.

"The mayor controls the board. He has everybody in lockstep," Kilkenny charged. "That's not the way it should work."

Kilkenny said dissenting opinions are healthy and he would represent some opposing viewpoints.

"I want to be that one person up there who is going to say 'I'm looking out for you,' for those people who are dissatisfied with the way these processes have been going on for years and years and years and years," Kilkenny said.

Schleimer Hopes to Continue Making Difference on Board

By Neal Rentz

Karen Schleimer has participated in helping to make Mount Kisco better in many different capacities during her years as a village resident.

The last four years her service has been on the village board, making decisions that she hopes improves the lives and livelihoods of residents and business owners.

"The reason I do this is when people call I can answer," said Schleimer, 67, an attorney. "Hopefully, I can make things better."

Downtown revitalization has been a major concern in the village, even more so following two public forums addressing strategies to fill empty storefronts.

"The most useful thing to do is to sit down one on one with property owners and try to ascertain what their thoughts are, what we can do to encourage them to fill their spaces and how we can be part of the process in helping them find



Karen Schleimer

tenants," Schleimer said.

Saying that Mount Kisco is at a crossroad, Schleimer stressed that it is critical that the village's Comprehensive Plan be updated. Village officials are considering the introduction of transit-oriented development at the South Moger Avenue municipal lot, Schleimer said. An issue is whether the "big little town feel" is

something that should be maintained, she said.

Schleimer said she opposed her colleagues' failure to reappoint several planning board members last December. Compounding the mistake was the board neglecting to discuss the matter with the members.

"To not reappoint volunteers is a travesty," she said. "If you have a reason to not reappoint one I think it should be approached. It should be discussed."

Schleimer said reducing the size of the planning board from seven to five members will have little impact on

making it easier for the board to attain a quorum, the key reason stated for proposing the change.

New members, she said, would lack the experience of the current board.

Schleimer said consolidating the Mount Kisco Police Department with the county police, which went into effect on June 1, 2015, has saved the village more than the \$500,000, which had been the anticipated savings for the first year.

Since the merger, Schleimer said residents have mentioned to her that there is more police coverage in the village than before.

Schleimer said the village's Finance Committee has examined all of the village's bonds and has made suggestions to save on interest payments and financing when the board borrowed to pay for capital projects.

"The long-range planning has been exceptional," she said.

Future capital projects being considered include work on the DPW building and the firehouses, she said.

Upgrades in the downtown, including maintenance, repairs and improvements to sidewalks, should be addressed,

Schleimer said. The need for the work was discussed during the two forums discussing commercial vacancies.

Schleimer said there has been an increase in parking spaces for the handicapped in the village's lots, but residents also want more spaces for on-street parking, something the board should agree to create.

In an effort to end illegal residential overcrowding, the village's building department is making inspections on a building-by-building basis to end the practice, Schleimer said.

Schleimer said the village should reach out to the Hispanic community to serve on the village's volunteer boards, which would also help to get a large population more involved in the community.

Schleimer said she knew little of Patric Kilkenny's political positions. He is the lone Republican in the race for the two trustee seats.

"I'm able to accomplish things that need to be accomplished," Schleimer said of her service to the village. "It's a wonderful opportunity to be able to make things better."



Defense Attorney, Ex-Prosecutor Bendish Primed for D.A.'s Post

By Martin Wilbur

Bruce Bendish's campaign motto is "Experience Matters," and the White Plains resident is reminding voters of that in advance of next Tuesday's race for Westchester County district attorney against Democratic challenger Nicholas Scarpino.

Bendish has had two distinct parts to his career since graduating St. John's Law School more than 40 years ago. From 1973 to 1987, he was an assistant district attorney under longtime D.A. Carl Vergari, spending the last five years of his tenure as head of the Homicide Bureau.

Since leaving that position, Bendish, 70, has been a criminal defense attorney and a partner in the Elmsford law firm of Goodrich & Bendish. Both he and Scarpino are looking to succeed Janet DiFiore, who left the office earlier this year after she was appointed by Gov. Andrew Cuomo chief judge of the court of appeals.

"I think it was the right time," he said of his decision to pursue the post as Westchester's chief law enforcement officer. "It was a vacant spot. I have a lot of



Bruce Bendish

experience as a prosecutor. Westchester is at a time where we need somebody with experience."

Combating drugs, particularly the heroin epidemic, and making sure there is a healthy trust between communities and law enforcement are two of Bendish's key goals.

Bendish, running on the Republican, Independence and Reform party lines, said he will work to

have meetings involving stakeholders, including clergy, educators, local police and the district attorney's office. While he said Westchester doesn't have a serious problem between police and minority communities seen in other areas of the nation, having an open dialogue with all residents is always needed to prevent difficulties.

"I think when people understand why things are being done it's a lot easier to accept," said Bendish, who is pursuing elected office for the first time. "A lot of times the community doesn't know why things are being done. If we're having these exchanges between the community leaders, that information can get out to the community and they can understand."

Bendish said whatever the county is doing to battle the drug scourge has been unsuccessful. Holding forums with students on the dangers of drugs should start earlier, as soon as they're in middle school, he said.

There is also work to be done with parents, some of whom mistakenly believe that being in a good school district will protect their children from drugs.

"I think a lot of the issues with the school-age kids is working with the parents," Bendish said. "They're not recognizing the problem."

Bendish wants to see a sharp expansion of drug courts throughout the county, to focus on rehabilitation for the drug user. It's a stringent yearlong program that if successfully completed will result in the person having no criminal record. Currently, there are only courts in a handful of the county's largest municipalities, creating inequity depending on where an offense occurs, Bendish said.

He pledged to staff any drug court in Westchester with an assistant district attorney if a municipality launches the program.

"Drug court is not easy street," Bendish said. "Drug court is intense, really for a year where you're going to court every week, you're being tested every week, you

have to report every week what counseling sessions you've gone to."

Bendish was clear he would offer no leniency to drug dealers.

He is also an advocate of Veterans Court to help veterans who have mental health and dependency issues to receive the help they need.

Bendish, who has two grown children and six grandchildren, said he would help the county's most vulnerable population, the elderly, from fraud and identity theft through education. He also plans to create an Elder Abuse Unit to tackle not only physical abuse but financial exploitation.

A key issue among child advocates is raising the age for minors who commit certain offenses so they stay out of the criminal justice system and jail. Bendish said he has no objection to that proposal, but would not extend it for any serious or violent offenses.

He pledged jail time for anyone convicted of offenses involving illegal firearms. Bendish said he is the candidate best suited for the job. There has never been an elected district attorney in Westchester who did not serve as a prosecutor at some point, he said. Scarpino has been a judge at various levels for about 30 years.

"A Major League umpire has seen a lot of fastballs, is there anyone who thinks he can hit one?" Bendish said.

North Castle's Scarpino Bids for District Attorney's Office

By Martin Wilbur

Running for Westchester County district attorney had intrigued Anthony Scarpino for some time but there never was a chance to pursue the office.

For 12 years, beginning in 1993, Jeanine Pirro was a highly respected district attorney, immediately followed by Janet DiFiore.

That changed nearly a year ago when it was announced that DiFiore would become the state's chief judge.

Scarpino, 65, a 20-year North Castle resident, had heard the scuttlebutt and prepared himself to step down from the Westchester Surrogate Court bench in anticipation of his candidacy. He is currently a partner at the law firm of DelBello Donnellan Weingarten Wise & Wiederkehr in White Plains.

"One of the main reasons why I went into private practice, I believed there was potentially going to be a vacancy opening in the near future, that would allow me, to enable me, to run for the post," said Scarpino, who appears on the Democratic, Conservative and Women's Equality party lines. "I had a real opportunity to do it because I felt, and many people felt, I am a good candidate for it with my law enforcement background and my judicial background."

A Syracuse University School of Law graduate, Scarpino has spent most of the past 30 years as a judge in different courts, starting as a city judge in his native Mount Vernon. He was elected to county court in 1988 and to the state Supreme Court in 1993. Scarpino served as Westchester's lone Surrogate Court judge for 15 years, starting in 2000.

He was an FBI agent for four years before his tenure as a Mount Vernon city judge.

Despite the criticism from his opponent, Republican Bruce Bendish, that he lacks prosecutorial experience, Scarpino counters that he is more qualified because the judge has the most complex job in court proceedings and is the senior member in the courtroom. He also stated that one of the state's most revered district attorney's, former Manhattan D.A. Robert Morgenthau, had no assistant district attorney experience.

"I believe I have a 30-year head start over Mr. Bendish, who has been a criminal defense lawyer over the past 25 years," Scarpino said. "He's not really been involved."

Scarpino said a full plate of issues await the next district attorney. Topping the list is the drug problem, most notably the heroin epidemic. Partnering with police agencies, law enforcement must aggressively pursue

the dealers.

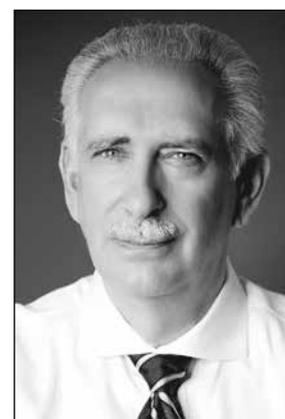
Meanwhile, Scarpino said there must also be a crackdown on prescription medication abuse along with educating the public on its dangers.

Scarpino said he is a supporter of rehabilitation efforts as opposed to jail time for those addicted to drugs. Adequately dealing with the drug problem would also help law enforcement tackle some of the gang violence and gun issues, he said.

He backs continuation of DiFiore's policy to have little tolerance for DWI and DUI offenders who are operating "unguided missiles." Scarpino disagrees with Bendish who wants to exercise greater discretion depending on circumstance.

"I don't think it's appropriate for us to treat certain people differently than other people," Scarpino said. "That concerns me when you don't have a strict policy because you go on a case-by-case basis, we can't be sure how each is being handled."

Scarpino is a strong proponent for raising the age of criminal responsibility



Anthony Scarpino

from 16 to 18 for non-violent offenders. He supports the legislation that would bring more of those cases to Family Court and reduce incidents of incarceration so younger defendants aren't indoctrinated into gangs or abused.

"That's critical because we have to direct them to Family Court and take them out of the criminal justice system," Scarpino said. "It advantageous for them."

To prevent police from engaging in racial bias, Scarpino said there should be officer sensitivity training. Law enforcement must also gain a clear understanding why such a large percentage of suspects are minorities.

Putting new programs in place to protect the elderly would be an upgrade for the district attorney's office, he said.

"I think a modern district attorney's office needs a new vision, not one steeped in the traditions of the 1960s, with a broad vision of what justice is and how it should be administered," Scarpino said.

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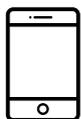
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11/09	Greenburgh Public Library-Elmsford	11:00 am-12:00 pm
11/09	Greenburgh Public Library-Elmsford-SmartFund (MSA)	12:30-1:30 pm
11/15	Grinton I. Will Public Library-Yonkers	12:30-1:30 pm
11/16	303 South Broadway, 3rd Floor-Tarrytown	12:00-1:00 pm
11/16	Jefferson Valley Mall, Community Room-Yorktown Heights	2:00-3:00 pm
11/17	Riverfront Public Library-Yonkers	1:00-2:00 pm
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LEGAL NOTICES

NOTICE OF FORMATION OF SMOOSHYTECH, LLC Articles of Organization filed with Secretary of State of New York (SSNY) on September 27, 2016. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **States Corporation Agents, Inc., 7014 13th Avenue, Suite 202, Brooklyn, NY 11228.** Purpose: Any lawful purpose.

LEGAL NOTICE - PROPOSED MASTER PLAN UPDATE The Board of Trustees of the Village of Pleasantville will hold a Public Hearing on Monday, November 21, 2016, 7:00pm, prevailing time, 80 Wheeler Avenue, Pleasantville, New York to hear comments as it pertains to the proposed Master Plan Update. **Judith Weintraub Village Clerk, Village of Pleasantville, Westchester County, New York**

NOTICE OF FORMATION OF MELODY REALTY GROUP LLC, a domestic Limited Liability Company (LLC). Articles of Organization filed with the NY State Secretary of State on 08/10/2016. NY office location: Westchester County. The Secretary of State is designated as agent upon whom process against the LLC may be served. The Secretary of

State shall mail a copy of any such process against the LLC to **315 7th Ave., Pelham, NY 10803.** Purpose: **Real Estate Rental and Management.**

NOTICE OF FORMATION of VAULTED GOLD SERVICES LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on 10/26/2016. Location: Westchester. SSNY designated as agent for service of process on LLC. SSNY shall mail a copy of process to: **VAULTED GOLD SERVICES LLC, PO BOX 8542, PELHAM, NY 10803.** Purpose: **Any lawful purpose.**

NOTICE OF FORMATION OF PEARL OF ANTILLES, LLC. Arts. of Org. filed with the Secretary of State of NY (SSNY) on 08/25/2016. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to **630 East Lincoln Ave., Apt. 2H, Mount Vernon, NY, 10552.** Purpose: **Any lawful act or activity.**

NOTICE OF FORMATION OF CRAFT HOSPITALITY GROUP, LLC. Arts. of Org. filed with the Secretary of State of NY (SSNY) on 08/30/2016. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to **630 East Lincoln Ave., Apt. 2H, Mount Vernon, NY, 10552.** Purpose: **Any lawful act or activity.**

NOTICE OF FORMATION OF Ben Gelinas Design, LLC Articles of Organization filed with the Secretary of State of NY (SSNY) on 9/01/2016. Office location: Westchester County. SSNY has been designated as agent upon whom process against it may be served. The Post Office address to which the SSNY shall mail a copy of any process against the LLC served upon him/her is: **18 Orchard Street, Pleasantville, NY 10570.** Purpose: **any lawful act or activity**

NOTICE OF FORMATION OF OLI PLUS LLC, Articles of Organization filed with Secretary of State of New York (SSNY) on 06/10/2016. Office in Westchester County SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to **Beverly Walker, 16 N Broadway 3f White Plains, NY 10601.** Purpose: **any lawful act or activity.**

NOTICE OF FORMATION OF ROAD G CONSULTING, LLC. Articles of Organization filed with NY Secy of State (SSNY) on 08/01/2016. Office location: Westchester County. SSNY is designated as agent of LLC upon whom process against it may be served. **SSNY shall mail process to: 8 Park Hill Lane, Larchmont, NY 10538.** Purpose: **any lawful activity.**



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MP Taverna Chef's Recipe for Delectable Greek Paella

By Jerry Eimbinder

One of the favorite dishes of Michael Psilakis, executive chef and owner at MP Taverna in Irvington, is Greek Paella. Its ingredients include shellfish, spicy lamb sausage and orzo. It appears on the restaurant's dinner and weekend brunch menus and costs \$25.95.

"Paella traditionally takes a long time to prepare but this version can be made fairly rapidly if you have tomato sauce and garlic purée on hand," Psilakis said.

"I call it Greek Paella because of its taste and because orzo, a quick-cooking Greek pasta, is used as a base rather than the traditional rice."

Psilakis points out that if you want to skip the Merguez sausage in preparing the dish, add to the pan a tablespoon of either spicy red rub or chipotle peppers in adobo sauce just as the sliced garlic begins to brown.

Ingredients

- 3 tablespoons, canola oil
- 1/2 cup, chopped Merguez sausage
- 4 cloves of garlic, thinly sliced
- 28 mussels, scrubbed and de-bearded, with cracked or open mussels discarded
- 20 Littleneck clams, scrubbed, any cracked or open clams discarded
- 1 cup of puréed tomato sauce (see recipe below)

- Kosher salt
- Fresh ground black pepper
- 2 cups, cooked orzo pasta
- 8 large shrimp, peeled and deveined
- 2 tablespoons, garlic purée
- 1/4 cup, chopped, mixed fresh herbs (parsley, mint, dill)
- Extra virgin olive oil, for drizzling

Directions

Heat the canola oil and the sausage in a large skillet over medium-high heat until the sausage is lightly browned and its spices visibly infuse into the oil.

Add the sliced garlic and sauté until golden. Then add the mussels and clams and toss to distribute throughout the pan. Tomato sauce and a half-cup of water comes next, then season with salt and pepper. Add the orzo and stir to blend.

When the clams and mussels begin to open, place the shrimp in the pan so that they are at the bottom, close to the heat. Add the garlic purée and herbs and stir to incorporate. Check the shrimp. When done, they should be opaque just through to the center. Discard any shellfish that have not been opened.

Drizzle some olive oil over and toss with a spoon. Transfer the paella to a rimmed plate and serve warm.

Tomato sauce

Makes about 12 cups

Ingredients

- 1/2 cup, extra virgin olive oil
- 20 small cloves of garlic, crushed
- 4 (28-ounce) cans of imported, high-quality, peeled plum tomatoes in their juice
- 15 basil leaves
- 1 tablespoon, plus 2 teaspoons of Kosher salt
- 1/4 teaspoon of fresh ground black pepper
- Red wine vinegar—to taste

Tomato sauce directions

Using a large pot, heat the oil and garlic over medium-high heat until the garlic is softened. Add the tomatoes and six cups of water, stir and bring to a boil. Reduce the heat and simmer, uncovered, until the sauce sticks to a wooden spoon (about 90 minutes).

Stir in the basil and crush the tomatoes with the back of a spoon. Season with salt and pepper, taste and add enough vinegar to achieve the desired level of acidity.

"I like a tangier sauce so I'm a bit heavy-handed with the vinegar," Psilakis said. He pointed out that the sauce can be made smooth at this point by using a blender.

"If you are going to purée the sauce, do it before you begin the cooking process for a much brighter red color," he said. "If you want to add a little kick, use the spicy red

rub. It works great on vegetables and meat."

Spicy red rub serving size

Makes about 3/4 cup. Serves three to four people

Ingredients

- 3 tablespoons, smoked paprika
- 3 tablespoons, curing seeds, toasted and ground
- 2 tablespoons, kosher salt
- 2 tablespoons, sugar
- 1 to 1.5 tablespoons, whole cloves, toasted and ground
- 1 tablespoon, cayenne
- 1 tablespoon, mustard seeds, toasted and ground

Spicy red rub directions

Combine all of the ingredients in a jar with a tight fitting lid and stir with a spoon until thoroughly mixed. Covered, the rub will keep for up to three months.

MP Taverna has sister restaurants in Roslyn, L.I., Astoria, Queens and Williamsburg, Brooklyn. Its restaurant group also operates Kefi and Fishtag, both on Manhattan's upper West Side.

MP Taverna is located at 1 Bridge St. in Irvington, and can be reached by driving across the traffic bridge over the railroad tracks. For reservations or more information, call 914-231-7854.

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continued from previous page

NOTICE OF FORMATION OF FOUR STALEYS HOLDING LLC. ARTS OF ORG Filed with Sec'y of State of NY (SSNY) on 7/20/2016. Office loc: Westchester. SSNY designated as agent upon whom process may be served and shall mail process to the principal business address: **65 Longdale Avenue, White Plains, NY 10607. Purpose: any lawful acts.**

NOTICE OF FORMATION OF WANDERER NEWS, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on 9/30/2016. Office location: Westchester County. SSNY designated agent upon whom process may be served against LLC to: **7014 13th Avenue, Ste. 202, in Brooklyn, NY, 11228. Principal business address: 255 Huguenot St., Apt. 202, in New Rochelle, NY, 10801. Purpose: any lawful act.**

NOTICE OF FORMATION OF MO-BIGRAM LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on August 17, 2016. Office in Westchester County. SSNY designated as agent upon whom process may be served and shall mail process to the principal business address: **29 Faith Lane, Ardsley, New York 10502. Purpose: any lawful acts.**

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Tuesday, Nov. 1

Drop-in Tech Help. Drop in for help with any of your technology devices. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 6 p.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkiscolibrry.org.

Glenn Miller Orchestra. One of the greatest bands of all time, under the direction of Nick Hilscher. Westchester Broadway Theatre, 1 Broadway Plaza, Elmsford. Lunch at 11:15 a.m. Show at 1 p.m. \$64 (plus tax). Show only \$50 (plus tax). Dinner at 6:15 p.m. Show at 8 p.m. \$84 (plus tax). Show only: \$50 (plus tax). Info and tickets: 914-592-2222 or visit www.broadwaytheatre.com.

Wednesday, Nov. 2

Master Networker Meeting. Join this high-energy interactive membership network of learning-based, service-oriented entrepreneurs and business leaders. Come be a guest any Wednesday to learn more about this world-class business training and referral program. Mount Kisco Coach Diner, 252 E. Main St., Mount. 7:30 to 8:30 a.m. Free. Every Wednesday. RSVP suggested. Info and RSVP: Contact Julie Genovesi at 303-929-7203 or e-mail julie@eurobella.net or just drop in.

Zumba Fitness. Achieve long-term benefits while having a blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life. For all fitness levels. Dance Emotions, 75 S. Greeley Ave., Chappaqua. Every Monday and Wednesday at 9 a.m. and Saturdays at 10 a.m. Drop in or weekly discount rates available. Info: Contact Peggy at 914 960-4097.

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10 to 10:30 a.m. Free. Every Monday and Wednesday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Pound Fitness Program. A 45-minute full-body jam session that combines cardio, Pilates, plyometrics and isometric movements and poses with the excitement and euphoria of drumming. Using lightly weighted drumsticks called Ripstix, you'll rock your entire body into beautiful shape while torching calories, isolating core muscles and strengthening coordination and balance. Dance Emotions, 75 S. Greeley Ave., Chappaqua. 10:15 a.m. \$20. Every

Wednesday. Also Saturdays at 11:15 a.m. RSVP required. Info and registration: Contact Peggy at 914-960-4097.

Toddler Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10:30 to 11 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Senior Benefits Information Center. Counselors offer older adults one-on-one counseling covering a broad range of topics including Medicare health and prescription plans, food stamps, HEAP, EPIC, weatherization, minor home repair and tax relief programs. Mount Kisco Public Library, 100 Main St., Mount Kisco. 10:30 a.m. to 1:30 p.m. Free. Every Wednesday. Info: 914-231-3260.

Preschool Storytime. This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 11 to 11:30 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Storytime. For children 18 months to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Wednesday and Thursday. Info: Visit 914-666-8041 or www.mountkiscolibrry.org.

The Explorers Club. A new literacy/activity program this fall. Join Miss Debbie to explore a new theme each week (science, art and more) through literacy and hands-on activities. Come read, discover and create. For children five to seven years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 3:30 to 4:15 p.m. Free. Every Wednesday. Registration required. Info and registration: www.mountpleasantlibrary.org.

Knitting at the Library. Knitters and crocheters of all skill levels. For ages 10 and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 p.m. Free. Every Wednesday. Info: 914-864-8041 or www.mountkiscolibrry.org.

Trespass Festival: Claiming Space Panel Discussion. As part of the campus-wide, three-day Trespass Festival, this panel will probe into issues of urbanism, vandalism, freedom of speech and the ways in which groups and individuals lay claim to public space. Neuberger Museum of Art, 735 Anderson Hill Rd., Purchase. 4:30 to 5:30 p.m. \$10. Purchase College students, staff and faculty and Neuberger Museum of Art Circle Level Members: Free. Info: 914-251-6100 or visit www.neuberger.org.

Breast, Ovarian and Gynecological Cancer Support Group. Northern Westchester Hospital at Chappaqua Crossing, 480 Bedford Rd., Chappaqua. 7 p.m. Free. Meets the first Wednesday of every month. Registration required. Info and registration: 914-962-6402 or 800-532-4290.

Thursday, Nov. 3

Knitting Circle. This group is open to everyone who has an interest in knitting. Live, love, laugh, learn and have fun together during these creative journeys. Come share patterns and ideas and celebrate creative spirits together while enjoying the ancient art of knitting. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 10 a.m. to 12:30 p.m. Free. Every Monday and Thursday (except Nov. 24). Info: 914-273-3887.

Pleasantville Garden Club. Featuring a presentation on fall and Thanksgiving flower arrangements by Michael Derouin, director of floral design at McArdle's, Connecticut's largest florist. Derouin joined the Greenwich florist in 2007, following 10 years with his family's florist. He enjoys membership in the industry's most prestigious organizations, has received numerous design awards and sits on the board of directors of the Connecticut Florist Association. All welcome. Pleasantville Presbyterian Church, 400 Bedford Rd., Pleasantville. 10:30 a.m. Free.

Toddler Storytime. Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10:30 to 11 a.m. Free. Every Tuesday and Thursday (except Nov. 24). Info: 914-741-0276 or www.mountpleasantlibrary.org.

Preschool Storytime. This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 11 to 11:30 a.m. Free. Every Tuesday and Thursday (except Nov. 24). Info: 914-741-0276 or www.mountpleasantlibrary.org.

Mahjongg Club. Intermediate players welcome. Participants must bring their own set. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 p.m. Free. Every Thursday (except Nov. 24). Info: 914-666-8041 or www.mountkiscolibrry.org.

Storytime Playgroup. Come hear a story and music and join in on playtime with toys and books. Children, parents and caregivers will make new friends and share time together. For children one to four years old; with a caregiver. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 2

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New York Medical College, MS: 1982

Internship
Lenox Hill Hospital, Internal Medicine: 1987

Residency
Lenox Hill Hospital, Internal Medicine: 1989

Fellowship
Lenox Hill Hospital, Gastroenterology: 1991

Board Certifications
American Board of Internal Medicine: 1990
Gastroenterology: 1993, 2003, 2014
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Dr. Mendelsohn will be seeing patients in the Mahopac and Putnam Hospital Center - Camarda Care Center Offices.
For more information or to schedule an appointment with Dr. Mendelsohn, please call:
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The Informed Palate: My Reality or Your Perception?



By Nick Antonaccio

How often does this happen to you?

You're at a dinner party and the host opens a bottle of wine. Everyone sips it and marvels at the aroma and flavor of such a fine wine. You sit there

quietly thinking that Mother Nature must have had a bad hair day when this wine was produced.

Conversely, you're at a restaurant and a dining mate orders a bottle of wine. You sample the wine and become flush with a rush of excitement. Ah, a new experience that you will remember even if dementia creeps up on you later in life. You look around the table and everyone else is nursing their respective glass; nary a one, not even the person who ordered the wine, is asking for more.

Is it you? Are your sensory elements out of line with the rest of society? Have your senses of smell and taste been permanently affected by those massive quantities of extra spicy chicken wings you inhaled during college? Or are you

the true connoisseur in the group?

It happens to me all the time.

As I've learned through many years of trial and error, there are no universal criteria to follow when judging the finer elements of wine. My perception of wine is just that: an individualized experience that differs from person to person, from palate to palate.

Why is this? What causes such a broad band of opinion when it comes to wine?

In my opinion, there are three reasons for the distinct elements we bring to our individual interpretation of wine, each based solely on my personal experiences and interactions with others.

1. Perception: If you read a wine expert's tasting review of a particular wine, the tendency is to accept it as

the de facto essence of the wine. It is etched in our subconscious as an ultimate assessment. However, these notes are simply one person's palate speaking. For this reason, I disdain the concept of the wine note cards often displayed

in wine shops, exclaiming the opinions of some disembodied individual who presumably shares my individual preferences, but rarely does.

On another level, when we sample a

particular wine – perhaps a Pinot Noir – we bring to that moment our perception of what a Pinot Noir should be, based on our cumulative, stored opinions. If the wine at hand doesn't fit that profile, is it better or worse than our perception of what it should be? We have these prejudicial interactions all the time; if we fall victim to them, we certainly will miss out on expanding our palate.

2. Experience: Each palate is the repository of the four senses of taste and the 10,000 senses of smell. The best way to determine the caliber of a wine is to sample it yourself, and not rely on the nuances and peculiarities of someone else's palate.

Over time our cerebral storage cells capture the subjective elements of wine and build an internal data bank. Each time we sample a new wine, these data elements come surging to the forefront of our palates and our sensory neurons. They are part aesthetic, part physiological: my unique cells "remember" the citrus aromas of Sauvignon Blanc and the blackberry flavors of ripe Cabernet Sauvignon, and apply these memories to the wine at hand.

3. Genetics: Yes, some of us have more taste buds than others, some have more

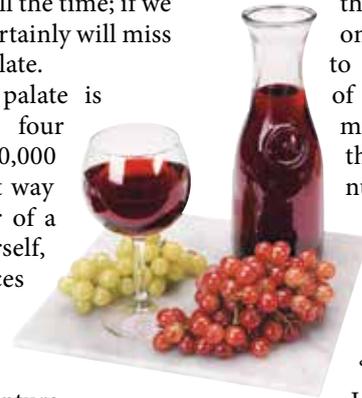
sensitive olfactory senses and some can assimilate elements of aromas and flavors better than others. It's a function of our DNA. Be it ethnic or evolutionary, some of us just have a predisposition to the finer elements of the physiological make-up of wine. If you're in

this elite group, capitalize on it. Use these innate skills to discern amongst the sea of mediocre wines in the marketplace. If you're like the rest of us, follow theory number two above, tasting and sampling your way to an educated palate.

The most difficult question posed to me by inquiring minds is "What wine should I try?"

Invariably my response is "whichever wine appeals to your senses."

Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted wine tastings and lectures. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.



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EXAMINER NEWS



Happenings

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to 2:45 p.m. Free. Every Thursday (except Nov. 24). Info: 914-769-0548 or www.mountpleasantlibrary.org.

Gaming Old School. Join old school gaming enthusiasts to play board games like a kid again. Open to all ages. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 5:30 p.m. Free. Every Thursday (except Nov. 24). Info: 914-666-8041 or www.mountkiscoliberalry.org.

Read to Rover. Dogs love listening to stories. Come meet Rover and read your favorite story. For children five years old and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Every Thursday. Info: 914-666-8041 or www.mountkiscoliberalry.org.

Great Books Forum Series. Allen Ginsberg's "Howl and Other Poems" will be discussed. Discussion led by Professor Christine Timm. Westchester Community College's Gateway Center, Room 131, 75 Grasslands Rd., Valhalla. 6 to 8:30 p.m. Free. Info: E-mail Professor James Werner at james.werner@sunywcc.edu.

The Great Jack O'Lantern Blaze. See more than 7,000 individually hand-carved, illuminated jack o' lanterns in this elaborate walk-through experience. Meander through an historic 18th-century riverside landscape and discover a breathtaking display. Van Cortlandt Manor, 525 S. Riverside Ave., Croton-on-Hudson. First entry at 7 p.m. Adults (Saturdays): \$25; Adults (all other days): \$20. Children (3-17): \$16. Children (under 3) and Historic Hudson Valley members: Free. Also Nov. 4-6 and Nov. 10-13. Info and tickets: 914-366-6900 or visit www.hudsonvalley.org.

"Gangster Apparel." A staged reading of a story by Richard Vetere of a madcap spoof of gangster movies. Two smalltime hoods are about to go out on the hit of a lifetime. But Louie tells Joey that clothes make the man and his lack of style is holding back their careers. To Louie, style is everything – suits you wear, haircut and the way you hold your gun. Presented by The Armonk Players. Whipoorwill Hall, 19 Whipoorwill Rd. East, Armonk. 8 p.m. Free (voluntary donations accepted). Info: Visit www.ArmonkPlayers.org.

Friday, Nov. 4

Zumba. Low-impact Zumba with Amy. A great dance fitness workout for those who like to sweat, sizzle and tone while moving to the beat of exhilarating rhythms with a low impact/high intensity approach. A perfect class for those who need to protect vulnerable body parts such as knees, shoulders and back. Try a free trial class. Addie-tude Dance Center, 42 Memorial Plaza (lower level), Pleasantville. 11 a.m. to noon. Drop-in rate: \$12. Every Friday. Also Tuesdays from 10 to 11 a.m. Info: Call or text the instructor at 914-643-6162.

One-Hour Wine Expert Course.

Famed wine expert Kevin Zraly, author of "Windows on the World Complete Wine Course," will deliver his course, preceded by a sparkling wine reception with hors d'oeuvres and followed by him signing copies of his book. Best Wine Purveyors of Pleasantville will be providing the evening's wines. Proceeds to benefit the Pleasantville Community Garden and the Pleasantville High School Alumni Association. Zwilling Cooking Studio, 270 Marble Ave., Pleasantville. 6 to 9 p.m. \$99. Info: E-mail cookingstudio@zwillingus.com.

Author Talk. Gary Vikan, the former director of the Walters Art Museum in Baltimore and author of the just released book "Sacred and Stolen: Confessions of a Museum Director," will speak about his work and his book. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 7 p.m. Free. Info: www.chappaqualibrary.org.

Country Line Dance. Dancing followed by a complete dinner. All proceeds to go to the scholarship fund at Fox Lane High School and New York Boys' State. Moses Taylor American Legion Post 136, 1 Legion Way, Mount Kisco. 7 to 11 p.m. \$15 per person. First Friday of every month. Info: 914-241-0136.

WCC Friday Night Film Series: "Rocket." This film delivers an excellent insight into Thailand and Laos, which are still suffering from the devastation brought about by their proximity to Vietnam. The child protagonists highlight the problems experienced in battle-scarred countries. The fifth in a series of six contemporary films. Westchester Community College's Gateway Center, Davis Auditorium, 75 Grasslands Rd., Valhalla. Refreshments at 7:20 p.m. Screening at 7:45 p.m. \$11. Seniors: \$10. Info and tickets: 914-723-3186.

Southside Johnny and the Asbury Jukes. They first achieved prominence in the mid-1970s, emerging from the same Jersey Shore music scene as his now legendary contemporary and friend Bruce Springsteen. The group's first three albums, "I Don't Want to Go Home," "This Time It's for Real" and "Hearts of Stone" were produced by band co-founder Steven Van Zandt and largely featured songs written by Van Zandt and/or Springsteen. Paramount Hudson Valley, 1008 Brown St., Peekskill. 8 p.m. \$40 and \$50. Info and tickets: 914-739-0039 or visit www.paramounthudsonvalley.com.

Hoff-Barthelson Music School Artist Recital Series. Pianist Tanya Bannister will open the 2016-17 series performing works by Bach, Schubert and Liszt. Included on the program is an arrangement for piano of Bach's "Schafe können sicher weiden" (Sheep May Safely Graze) from Cantata BWV 208; Shubert's "Sonata in C minor, D. 958" and Liszt's masterful "Venezia e Napoli," inspired by Liszt's first visit to Italy. Greenville Community Church, 270

Ardley Rd., Scarsdale. 8 p.m. \$18. Seniors (65 and up): \$15. Students (18 and under): Free. Info and tickets: 914-723-1169 or e-mail hb@hbms.org. Tickets also available at the door.

"Maybe Never Fell." Axial Theatre presents this powerful and timely new drama by award-winning playwright Howard Meyer, the company's founding artistic director. The full-length play looks unflinchingly and incisively at how generational burdens and atrocities – whether from our nation's wartime history or from today's war-torn world – can obstruct the possibility for lasting love. St. John's Episcopal Church, 8 Sunnyside Ave., Pleasantville. 8 p.m. \$27.50. Seniors and students: \$22.50. Also Nov. 5, 11, 12, 18 and 19 at 8 p.m. Nov. 5, 12 and 19 at 3 p.m. and Nov. 6, 13 and 20 at 4 p.m. Info and tickets: Visit www.AxialTheatre.org.

Saturday, Nov. 5

Pleasantville Farmers Market. Experience the largest, year-round farmers market in Westchester, and the one voted "Best of Westchester" in 2014, 2015 and 2016 by the readers of Westchester Magazine. The market has 56 vendors, many you won't find anywhere else. Seasonal vendors in November include Alpacatraz, Living Edge Designs and Harper Keehn Knife Sharpening. Rain or shine. The market is a dog-free environment. Memorial Plaza, Pleasantville. 8:30 a.m. to 1 p.m. Every Saturday through Nov. 19. The market moves indoors at Pleasantville Middle School for the winter starting Dec. 3. Info: Visit www.pleasantvillefarmersmarket.org.

Chappaqua Farmers Market. Bringing locally-raised and produced food to the community in a weekly market, creating a connection between shoppers and small-scale food producers in the region. Chappaqua train station. Chappaqua. 9 a.m. to 1 p.m. Every Saturday. Info: Visit www.chappaquafarmersmarket.org.

Taconic Opera's Virtuosi Competition for Young Artists. Taconic Opera Conductor and Music Director Maestro Jun Nakabayashi is offering an opportunity to pre-screen young instrumentalists to compete for the prize of performing a full concerto with full orchestra at the company's April 2017 Chamber Concert. The Presbyterian Church of Mount Kisco, 605 Millwood Rd., (Route 133), Mount Kisco. 10 a.m. to 5 p.m. Adults: \$27. Seniors: \$20. Students: \$15. Info and tickets: 855-886-7372 or visit www.taconicopera.org. Tickets will also be available at the door.

The Imagination Movers. Globally and critically acclaimed, the Imagination Movers have performed at countless venues in North America, Europe and Asia over the last decade. This incredibly talented group has been praised for its ingenuity and ability to please children and parents. Parents love the references to older bands while kids

love the high-energy and interactivity. Paramount Hudson Valley, 1008 Brown St., Peekskill. 11 a.m. and 1 p.m. Adults: \$26. Seniors and children: \$23. Meet and Greet passes: \$30. Info and tickets: 914-739-0039 or visit www.paramounthudsonvalley.com.

Holly Harvest Fair. Featuring Christmas crafts and decorations, jewelry, a bake sale, a tag sale, books, gift shop, snack bar lunch, silent auction, raffles and 50/50 in this annual fair. Santa will visit from noon to 1 p.m. The Reformed Church, 65 Broadway, Hawthorne. 10 a.m. to 4 p.m. Free admission. Info: 914-769-2920.

Adult Salsa Class. Addie-Tude Performing Arts Center, 42 Memorial Plaza (lower level), Pleasantville. 11 a.m. to noon. Free. \$12. Every Saturday. Also Wednesdays from 6:30 to 7:30 p.m. Info: 917-215-1720 or visit www.addie-tude.com.

Seed Collecting Workshop. Ash trees are at risk of extinction in the region due to the emerald ash borer, an insect that feeds on and kills the trees. The Mid Atlantic Regional Seed Bank has been collecting and banking the seeds in the hopes of ensuring the ashes' survival. Learn from Ash Collection Manager Molly Marquand about the emerald ash borer, the decline of ash trees and how this rapid change in forests is impacting other important native plant species. Westchester Community College's Native Plant Center, 75 Grasslands Rd., Valhalla. 11 a.m. to 1 p.m. Free. Registration required. Info and registration: 914-606-6830 or e-mail ash.marsb@gmail.com.

The 12th Annual Fall Westchester County Home Show. Offering more than the usual home show, this year's event presents innovative, high tech and imaginative products and displays, local crafts and great prizes, all with hometown flair. Over 150 companies, including builders, remodelers, contractors and basement water proofers, will be represented. County Center, 198 Central Ave., White Plains. 11 a.m. to 6 p.m. Adults: \$8. Seniors: \$7. Children (under 12): Free. Info and tickets: Visit www.jenksproductions.com/westfall.html.

Teaching Trails: A Community Path for Environmental Education. Join guided trail experience through the woodland forest. Discover who left that track, which tree makes the best animal home or which plant makes its own heat. Program runs about 30 minutes. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 11:30 a.m. Free. Every Saturday and Sunday (except Nov. 12 and 13). Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

Family Saturdays @ the Lab. Learn about green screening, explore an augmented reality sandbox and make your own claymation stop-motion film! Jacob Burns Film Center educators will be on hand to guide visitors through an

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Three Local WMCHHealth Employees to Run NYC Marathon

By Andrew Vitelli

When 50,000 runners take to the streets of New York on Sunday for the New York City Marathon, seven Westchester Medical Center Health Network employees will be in the running. Residents of Valhalla, Somers and West Harrison will be among the WMCHHealth staff traversing the 26.2-mile course through the five boroughs on Sunday.

Valhalla resident Adele Rushneck, assistant nurse manager in Westchester Medical Center's Trauma Intensive Care Unit, will be running her third New York City Marathon. She ran her first in 2013 after unexpectedly losing her son while she was training.

"Life is a marathon, and no matter what you may be facing, I believe it is important to set your sights on a goal or a path, dig deep and stay focused," Rushneck said. "It might not be easy, but you will get to that finish line or you will get on the right path."

Dr. Stephen Ferrando, director of psychiatry for WMCHHealth's Behavioral Health Center and a West Harrison resident, is also running his third New York City Marathon and has run more than 40 marathons overall.

"Behavioral health and mental health are key aspects of who we all are, but the issue is often accompanied by a



Valhalla's Adele Rushneck and Somers' Jean Lavin are two of Westchester Medical Center's seven runners participating in Sunday's New York City Marathon.

stigma," Ferrando said. "By running the TCS NYC Marathon in support of our patients, I hope to help raise awareness and minimize that stigma."

Somers resident Jean Lavin, a pediatric cardiology nurse clinician at Maria Fareri Children's Hospital, is running the race for the second straight year.

"I've had the opportunity to see and be inspired by the wonderful, lifesaving



work of our physicians and nurses, and to help patients and families understand and navigate complex and difficult cardiac diagnoses," Lavin said.

Other WMCHHealth employees who will be running include Highland resident George Prisco, executive director of Mid-Hudson Valley StaffCo at Poughkeepsie's MidHudson Regional Hospital; New City resident Ramon

Rivera, bariatric director at Good Samaritan Hospital's Weight Loss Surgical Institute; Rhinebeck resident Marie-Michele Mugnos, a physician's assistant at HealthAlliance Hospital: Broadway Campus; and Hyde Park resident Jessica Velez, a clinical nurse specialist.

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Meet with Faculty Program Directors and learn about Master's degrees and Advanced Certificates in:

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LIU Hudson focuses exclusively on graduate, professional education. Classes are scheduled in the late afternoon, early evening and weekends to meet the needs of the busy adult student. To Register go to: liu.edu/Hudson/Admissions-Events.

Happenings

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experience like no other. Jacob Burns Film Center's Media Arts Lab, 405 Manville Rd., Pleasantville. 1 to 3 p.m. Free. Meets the first Saturday of each month. Info: Visit www.burnsfilmcenter.org.

Meadow Muse: Meditation and Arts Workshop. Come for a guided meditation session and expression workshop integrating the beautiful landscape at the nature center with classical writings and nature art. A wonderful opportunity to work on your observation skills and discover your own place in nature. Feel free to bring a journal, sketch pad or other handheld tool for the workshop following the meditation session. For ages 17 and up. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 3 to 4 p.m. Free. Also Nov. 12, 19 and 26. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

Moving for a Cure Fundraiser. This nonprofit organization will be holding its sixth annual fundraiser to benefit Team Fox supporting Parkinson's research. It aims to drive critical research efforts, support the local Parkinson's disease community and educate the public about Parkinson's. Lucy's Bar & Kitchen, 446 Bedford Rd., Pleasantville. 3 to 7 p.m. Advance sales: \$30. At the door: \$35. Info and advance tickets:

Visit <http://www2.michaeljfox.org/> goto/ MFAC-Marion.

Stories in the Stones. Armonk's St. Stephen's Episcopal Church will hold a dramatized tour of its historic cemetery, which dates back to 1842. The tour includes performances about the lives of two Civil War veterans who will be honored on Veterans' Day by the U.S. Department of Veterans Affairs and the American Legion. Visitors can also view the historic sanctuary, which was recently renovated. A visual history of church artwork, artifacts and photographs along with refreshments will be provided in the Parish Hall. St. Stephen's Episcopal Church, 50 Bedford Rd., Armonk. 4 to 5:30 p.m. \$10 in advance for adults. \$5 for children. At the door: Adults--\$15. Children--\$10. Info and tickets: Visit www.ststephensarmonk.org.

Faith, Food and Friends. A weekly gathering that includes prayer, song, discussion and dinner for all. Emanuel Evangelical Lutheran Church, 197 Manville Rd., Pleasantville. 5 p.m. Free. Every Saturday. Info: Visit www.emanuelelc.org.

"Divisions: The Art of Variation & Imagination." Presented by Ars Antiqua, this program will feature harpist and early-music specialist Cheryl Ann Fulton in a program of virtuoso music for instruments of the 17th century. She will be joined by

baroque violinist Krista Benion Feeny, theorbo player Charles Weaver and Mark Kramer playing the viola da gamba. This is a rare opportunity to hear this wonderful music in an intimate and historic setting. The concert will be followed by a buffet reception of English cheeses and mulled wine. Church of St. Mary the Virgin, 191 S. Greeley Ave., Chappaqua. Doors open at 7:30 p.m. Concert at 8 p.m. \$35 (Tickets available at door). Info: 914-238-8015, visit www.ars-antiqua.org or e-mail mark@susanlawrence.com.

Doug Varone and Dancers. The group has commanded attention around the globe for its expansive vision, versatility and technical prowess. From the smallest gesture to full-throttle bursts of movement, Varone's kinetically thrilling dances mine the complexity of the human spirit. The Performing Arts Center at Purchase College, 735 Anderson Hill Rd., Purchase. 8 p.m. \$35 to \$55. Info and tickets: 914-251-6200 and <https://tickets.artscenter.org/single/PSDetail.aspx?psn=6080>.

Sunday, Nov. 6

Yoga for Beginners. A perfect way to refresh your body and mind. Move, stretch, breathe and renew. All bodies and minds are welcome in this class. Expect Natural, 774 Bedford Rd., Bedford Hills. 8:30 to 10 a.m. \$15 per class. Every Sunday. Pre-registration required. Info and pre-registration: Contact Marta at 914-242-4685.

African-American Musical Traditions. In celebration of Community Unitarian Universalist Church's commitment to Black Lives Matter, music director and acclaimed musician Adam Kent will perform solo piano works by composers of African descent and compositions inspired by African-American musical traditions by composers of diverse ethnic backgrounds. Works by R. Nathaniel Dett and Samuel Coleridge-Taylor and popular favorites by Scott Joplin, George Gershwin, Claude Debussy and others will be performed. Community Unitarian Universalist Church, 468 Rosedale Ave., White Plains. 1 p.m. Suggested contribution: \$20 per person. Seniors and students: \$10. Children: \$5. Maximum for families: \$45. Info and tickets: Visit www.cucwp.org/concert-series.

Chamber Music Concert. Chamber Music at Rye Presbyterian will open its 2016-17 season with a concert of two major works for clarinet and string quartet. Clarinetist Todd Palmer, violinists Ming-Feng Hsin, Sarah Vonsattel and Michael Roth and cellist David Heiss will perform Mozart's "Clarinet Quintet in A Major" and the "Clarinet Quintet, Opus 115" by Brahms. Rye Presbyterian Church, 882 Boston Post Rd., Rye. 2:30 p.m. \$40. Info and tickets: Contact Ronald Arron at 914-523-4646 or e-mail ronarron@optonline.net.

Argentine Tango Dances. Great music and dancing on a 3,500-square-foot dance floor. Enjoy a pleasant time with friends. Refreshments served. Broadway 26 Dance, 26 Broadway, Hawthorne. 3 to 6 p.m. \$12. Also the third Saturday of each month from 8 p.m. to midnight. \$16. Info: 914-725-3023 or 914-484-5101 or e-mail sampelayo@optonline.net.

Hoff-Barthelson Music School Artist Recital Series. Bassoonist Janice Grice performs "Tangos, Serenades and Choros," an innovative program of music by Latin American composers. Greenville Community Church, 270 Ardsley Rd., Scarsdale. 5 p.m. \$18. Seniors (65 and up): \$15. Students (18 and under): Free. Info and tickets: 914-723-1169 or e-mail hb@hbms.org. Tickets also available at the door.

Monday, Nov. 7

Young Explorers Story Time. Nature discovery for youngsters. Enjoy a nature-themed story and discover the wonders of nature while exploring fields, forests or landscaped grounds. Dress for outdoor activity. Except in extreme weather conditions, a portion of each class is spent outdoors. For children three to five years old; with a parent or caregiver. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 1 to 2 p.m. Members: \$9 per child. Non-member: \$12 per child. Every Monday. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

Telephone Support Group for Women With Metastatic Breast Cancer. This Support Connection group offers the opportunity to share information and experiences with women across the country who are living with breast cancer. Share information and experiences. Confidentially discuss concerns and gain support from others who understand from the comfort of home. Open to women nationwide living with recurrent, advanced stage or metastatic breast cancer. 8 p.m. Free. First Monday of each month. Pre-registration required. Info and pre-registration: Contact Support Connection at 914-962-6402 or 800-532-4290.

Tuesday, Nov. 8

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10 to 10:30 a.m. Free. Every Tuesday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

Music & Movement. Shake, shimmy and dance. For children two to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkisco.org.

THERE'S A WORD FOR IT

A vocabulary-building quiz

By Edward Goralski

Courage. To mark the birthday of Stephen Crane, who was born in Newark, N.J. on Nov. 1, 1871, the quiz this week is based on words from his most famous novel "The Red Badge of Courage." The 1895 novel tells the story of Henry Fleming, who as a soldier in the Civil War struggles with cowardice and bravery on the field of battle.

- | | | | |
|---------------------|---------------------------------|-------------------------------|------------------------|
| 1. reconnoiter (v.) | A) to explore | B) think long and hard | C) solve a dispute |
| 2. blanched (v.) | A) to proclaim loudly | B) be embarrassed | C) turn pale |
| 3. pacific (adj.) | A) exceptionally large and open | B) tending to lessen conflict | C) soothing to the eye |
| 4. skedaddle (v.) | A) to act irresponsibly | B) leave hastily | C) pierce something |
| 5. infernal (adj.) | A) relating to hell | B) structurally unsound | C) somewhat confusing |
| 6. philippic (n.) | A) a heroic act | B) a positive attitude | C) a verbal attack |
| 7. gamin (n.) | A) a street urchin | B) an opening move | C) a prank |
| 8. swad (n.) | A) a worthless friend | B) stolen property | C) a large number |

ANSWERS:

- | | |
|--|---|
| 1. A. To explore, often with the goal of finding something | 4. B. To leave hastily; flee |
| 2. C. To turn pale, as if in fear | 5. A. Characteristic of, or relating to hell; awful |
| 3. B. Tending to lessen conflict | 6. C. A bitter verbal attack |
| 4. B. Leave hastily | 7. A. An often homeless boy who roams about the street; an urchin |
| 5. A. Relating to hell (of people) or bunch (of grass) | 8. C. A large number (of people) or bunch (of grass) |



Love a Pet Adoption Drive!
Saturday, November 5, 2016
11:30 AM - 2 PM
Prestige Imports
44 Pleasantville Road,
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Please join us and our local Westchester Animal Shelters for our Subaru Loves Pets Adoption Day at Prestige Imports in Pleasantville. Help us find these beautiful animals FOREVER Homes!
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