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SMALL NEWS IS BIG NEWS

Volume 10, Issue 476

## Local Women Officials Rally for Clinton in Mount Kisco

By Rick Pezzullo

There's no place like home, especially for Democratic presidential candidate Hillary Rodham Clinton.

Chappaqua's most famous woman was reportedly at home, three miles down the road from Mount Kisco Village Hall last Saturday preparing for the third and final head-to-head debate with Republican rival Donald Trump tomorrow (Wednesday) night.

But she was certainly there in spirit (at least as a cardboard cutout) when representatives from several local Democratic committees and elected officials gathered for a rally to get out the vote on Nov. 8.

The event was also billed as a rally for women in Westchester, but the focus was clearly on Clinton and her rapidly rising chances to become the first woman president of the United States.

"Hillary Clinton is a fabulous

candidate, not just an average candidate," said state Assemblywoman Amy Paulin (D-Scarsdale). "She has the qualities that will make her one of the best presidents ever. It's very exciting. It's an historic moment."

Paulin and Assemblywoman Sandy Galef (D-Ossining) witnessed when Clinton took her first historic step toward the White House. They attended the Democratic National Convention in Philadelphia in July when Clinton became the first woman to be nominated by one of the two major parties to run for the nation's highest seat.

"I can't believe it took so long," said Galef, who first entered the political circle in 1979. "It's about time. She certainly has the talent, intellect and experience that far exceeds many candidates who have run in the past. It's just been harder for women all the way through."

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RICK PEZZULLO PHOTO

Democratic women from throughout northern Westchester gathered outside Village Hall in Mount Kisco last Saturday for a rally and get-out-the-vote drive.

## Astorino Unveils Ice Skating Facility Plan at Kensico Dam Plaza

By Martin Wilbur

Kensico Dam Plaza's Winter Wonderland has been a major success during the past two holiday seasons. Now there's a plan to attract crowds to the Valhalla park throughout the winter.

Last week County Executive Rob Astorino unveiled a proposal for a unique ice skating facility that would feature a regulation-size hockey rink located near the center of the currently empty reflecting pool next to Kensico Dam. The project also calls for two circular rinks toward each end of the pool connected by a one-third of a mile straightaway with a 15-foot-wide lane in each direction.

The proposal is part of Astorino's \$303 million capital projects budget for 2017

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MARTIN WILBUR PHOTO

County Executive Rob Astorino, with members of the Stepinac High School hockey team, announces plans last week for a unique ice skating facility at Kensico Dam Plaza in Valhalla.

## SoulCycle Proposes Move Into Armonk Nursery and Greenhouse

By Martin Wilbur

A popular boutique indoor cycling chain has proposed to move into the space of an existing business in downtown Armonk but a zoning text amendment and special use permit will be required to accommodate the request.

The rapidly growing SoulCycle has proposed a 56-bike studio with a locker room, changing room, showers and bathrooms and a small shop to sell apparel in a roughly 3,400-square-foot portion of Mariani Gardens, a Bedford Road nursery and greenhouse.

"We think SoulCycle will be a great contributor not only for the town but the Mariani site," said attorney P. Daniel Hollis, who is representing the applicant. "There's tremendous excitement by

virtue of the fact that word's gotten out we're trying to have this amendment passed."

SoulCycle, which caters to an upscale clientele in 15 locations in New York, including New Rochelle and Scarsdale, as well as Greenwich, Conn., would need a zoning amendment to allow for recreational uses in the Nursery Business (NB) zone. It must also obtain a special use permit for the specific types of activities it is seeking.

Hollis said that while SoulCycle is a highly successful operation, Mariani Gardens is looking to include other activities offered by recreational proprietors such as Pilates, yoga and small-group fitness instruction and its ancillary uses to protect itself should

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# SoulCycle Proposes Move Into Armonk Nursery and Greenhouse

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the cycling company leave or go out of business.

Classes are 45 minutes long and are typically offered from 6 a.m. until about 7 p.m., said Paul Fusco, senior manager of entitlements at SoulCycle. The classes at most sites are offered in the morning and resume in late afternoon as people leave work, he said. There is

usually about 15 minutes between the end of one class and the start of the following session, although that gap can be elongated if there are concerns about congestion or other difficulties, Fusco added.

Chief concerns raised by the North Castle Town Board at its Oct. 13 work session were potential noise generated by the operation and making sure

there is ample on-site parking to avoid disturbing the community or inundating downtown Armonk with more vehicles. In addition to the noise of up to 56 cycles in use at once, sessions often feature loud music.

Rob Aiello, a project engineer and planner at John Meyer Consulting that is representing SoulCycle, said the company builds an acoustically sealed room for its classes to prevent noise from escaping. SoulCycle frequently rents in venues where it shares space with other uses, so it is sensitive to the noise issue, he said.

Under North Castle's zoning, there would be 168 parking spaces needed to meet the requirement for all uses at the Mariani Gardens site once SoulCycle moves in, Aiello said. In addition to the nursery and greenhouse and offices, there is a market selling various women's lifestyle items and a wine bar and café that is currently not operational. There are now 129 spaces on the grounds.

Aiello said the proposal is to place 21 spaces toward the front of the lot into a land bank. Along with another 18 spaces that have already been land banked in the back of the lot, the required spaces could be built in the future if the town or owner conclude that more parking is needed.

Officials said they don't want to negatively impact other operations with inadequate parking. Hollis responded that SoulCycle has the same concern because it doesn't want to risk frustrating patrons who might not return if the parking situation is poor.

Fusco, who said SoulCycle hopes to move into the space sometime next year, said working with the community is a company priority.

"Our whole mantra at SoulCycle is we prefer this location because we want to be part of the community," Fusco said. "We think this is good, obviously, for business, but it's good for a community to structure around what we do. We want to engage in the community, always in a positive way."

Supervisor Michael Schiliro said he found the proposal interesting and would like to further explore the application. He hopes to visit one of the nearby SoulCycle locations.

"I'd like to think about this more before we pass it on to the board, and if we feel comfortable about that we can do it," Schiliro said. "I just need to do some research on how it works."

If the reaction is favorable, the town board could eventually consider the zoning change and special use permit and refer the application to the planning board.

## Local Women Officials Rally for Clinton in Mount Kisco

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Westchester County Legislator and Board of Legislators Majority Leader Catherine Borgia (D-Ossining) said many former and current female elected officials in Westchester have already demonstrated how capable they are as public servants.

"There are a lot of places in Westchester where female leadership has proven to be very effective," Borgia said. "It's a real opportunity to look at our society and all the ways women are being educated. It's our job every single day to work for justice and work for equality and make sure we're moving forward."

Also in attendance was Dawn Greenberg, founder of Chappaqua Friends

of Hill, who noted her initially small group has grown to about 1,000 members.

Ali Boak, who is challenging incumbent Republican state Sen. Terrence Murphy in the 40th District, addressed the small crowd as did Mount Kisco Democratic Committee Chairman Bill Serratore, who urged everyone to back the party's candidates.

"Voting is like driving a car, if you want to go backwards, you put the car in 'R.' If you want to go forward, you put the car in 'D,'" he said.

Democratic committee leaders from Pound Ridge, Cortlandt and Peekskill also were on hand. A similar rally has been planned in Peekskill by the Cortlandt Democrats for Nov. 4.



## Breast Cancer Screening

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**A:** Early detection with a screening mammogram can catch cancer years before it becomes discernible by touch. It is important to catch cancer earlier, because the size of the tumor and its stage influence treatment and prognosis.

#### Q: During what ages should I have annual mammograms?

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#### Q: Should women with dense breast tissue receive special screenings?

**A:** About 40 to 50 percent of women have dense breast tissue. There are two components of breast tissue: fatty tissue and fibroglandular tissue. Fibroglandular tissue appears white on a standard mammogram, as do tumors, so tumors can be obscured. If you have dense breasts, ask about supplemental screening with a breast ultrasound. This technology increases detection by a rate of approximately four cancers per 1,000 screenings over that achieved by a standard mammogram.

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# Astorino Unveils Ice Skating Facility Plan at Kensico Dam Plaza

*continued from page 1*

that was sent to the Board of Legislators last Thursday, which included \$110 million for upgrades at many of the county's 50 parks. Calling the project "a once-in-a-lifetime opportunity," Astorino said it would be one of the largest refrigerated outdoor ice surfaces in the United States.

"I'm just picturing the day when we see families enjoying the rink together, where we have people getting engaged on this ice rink and where we have pictures taken and posted around the world with the beautiful lighting of the dam and the rink here," Astorino said last Tuesday in the pit of the reflecting pool while accompanied by former New York Ranger Adam Graves, current Rangers Michael Grabner and Nick Holden and the Stepinac High School hockey team.

"I think this is not just going to be a memory maker but it's going to be something that all of Westchester can be proud of and will attract new dollars to the county from people from all over the region to come spend time here," he added.

If construction were to begin by late winter or early spring, the facility would open next November, in time to coincide with the 100th anniversary of Kensico Dam's construction, Astorino said.

The 200- by 85-foot hockey rink

would be used for games involving youth leagues and area high schools and for figure skating while the outside rinks could host lessons and free skates, he said.

Last year the Board of Legislators approved \$4 million to rebuild the reflecting pool with nine cascading fountains that can shoot water 30 feet high. The 720-foot by 135-foot space has been inoperative since 2007. Under the plan, the pool and fountains would be reintroduced and operate in the same space as the rink from spring to early fall.

Another \$11 million would need to be approved by the Board of Legislators this year to pay for the project - \$2.5 million more to complete the refurbishment of the reflecting pool, \$4.2 million for the skating facility and \$4 million for a maintenance facility to house park employees, the refrigeration system and two Zambonis, according to Astorino.

Anthony Catalano, senior principal at Woodard & Curran Engineering, the firm that has designed the proposed project, said it makes sense for the county to consider using the same space for the ice rinks and the reflecting pool and fountains. Since the area is being disturbed to include the piping for the fountain system, pipes for the



MARTIN WILBUR PHOTO

An artist's rendering of the proposed ice skating facility at Kensico Dam Plaza.

refrigeration could be incorporated as well.

"At the end of the day we feel like we landed in the right spot," Catalano said. "I have to say this fits, this really fits where we are today."

If the weather is cold enough the refrigeration can be turned off. There would also be LED lighting and energy-efficient chillers, he said. The facility would be ADA compliant.

County Legislator Francis Corcoran (R-Bedford) said last week he wasn't certain of the reaction toward the project from the full Board of Legislators. However, he said he's optimistic most lawmakers will find it a worthwhile

project to pursue in light of the success of Winter Wonderland, a holiday-themed event that features music, performers, food and a temporary ice rink at the park that has attracted more than 50,000 visitors during its first two years.

"If you can find a way to extend that and make that into a bigger thing, it's going to be great," Corcoran said. "Interest rates are low and these are the kinds of projects you should be doing to get people to come to Westchester."

Board Chairman Michael Kaplowitz (D-Somers) said the plans sound promising, but the full board will have to weigh in on the capital projects budget. The key will be whether enough legislators will share Astorino's vision to approve bonding, he said. A majority is needed to approve the capital projects budget but a 12-vote supermajority is required for bonding, Kaplowitz said.

Astorino said Kensico Dam Plaza is conveniently located off major highways and is within walking distance of the Valhalla Metro-North station.

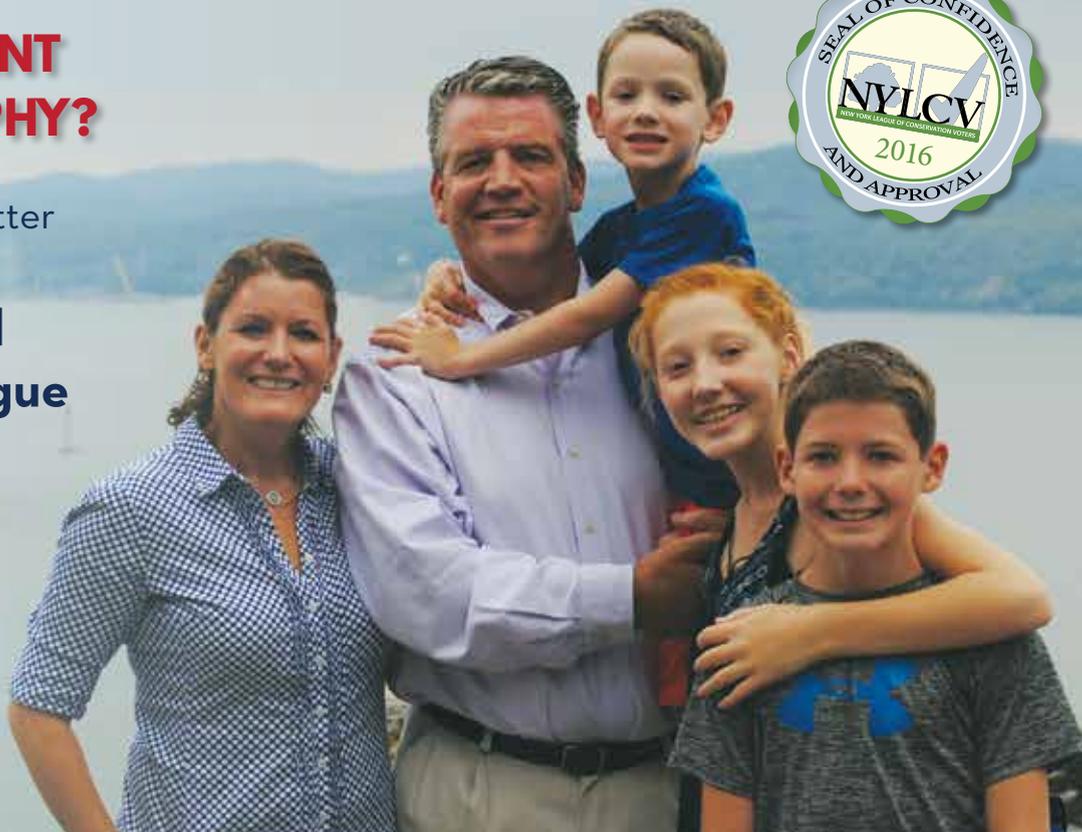
The New York Rangers, who have their practice facility in Greenburgh, have also agreed to hold clinics at the rink, similar to what the team has done at Winter Wonderland.

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# Fareri Returns to Press North Castle on Moving Affordable Units

By Martin Wilbur

Developer Michael Fareri last week returned to the North Castle Town Board last week urging officials to consider his plan to construct 16 affordable units at a property he owns in downtown Armonk.

Fareri, who addressed the board for the first time since walking out of the Sept. 28 work session, said his plan to transfer the six affordable units he is required to build in connection with his 30-unit condominium project at the former lumberyard property to 470 Main St. would be advantageous to the town.

He would also land bank an additional 10 units for future development and build 1,400 square feet of retail space at the Main Street site.

It would generate additional revenue – more than \$242,000 combined, according to Fareri – for the various taxing jurisdictions and increase the supply of condominiums and affordable residences in Armonk. The 30 market-rate project with six affordable units, which has been approved by the town, would yield about \$181,000, he said.

“This is best for the town,” Fareri told the board at its Oct. 13 work session. “It takes away so many potential problems, it provides 16 fair and affordable units, it provides 30 market-rate units, it



Michael Fareri

makes people on the street happy.”

Fareri and his attorney Alan Singer reiterated comments that mixing affordable housing with market-rate units would be problematic. Not only would the affordable units devalue the market-rate condos but there could be divisions among residents when upkeep and maintenance expenses are discussed, Singer said.

“When it comes time to make decisions about improving the property or addressing the property, you have a built-in conflict between those that can afford the improvements and those who can’t,” Singer said. “And that built-in conflict is not healthy for either the affordable units or the market-rate

units.”

Fareri said he would not build the lumberyard project with the six affordable units. He estimated that the market-rate units would sell for \$800,000 while the affordable condo units would have to be sold for about \$200,000 each.

Fareri is also before the planning board for a 48-unit all-affordable housing proposal for the lumberyard and has been in discussions to sell the land to Westchester County for a 36-unit affordable housing project.

At last Thursday’s work session, Fareri said he needed to know if the town board wanted him to pursue the Main Street proposal so he could make a decision.

“If I can’t get something approved that makes economic sense for me, I’m going to sell the lumberyard property,” he said.

Supervisor Michael Schiliro said the board wasn’t ready to give direction last week, but would do so shortly.

“If you’re giving us an ultimatum after all this time, that’s your choice, Michael. That’s your choice,” Schiliro said.

Singer said Monday that Fareri has made no decision since Thursday’s meeting, but at some point soon the county will need to know whether it can count on the units to meet its Dec.

31 affordable housing deadline. An unsigned contract sits on his desk.

“The county is not going to wait forever to see what will happen, so at some point it’s going to pull the contract,” he said.

Before the start of his presentation, Fareri apologized to Director of Water and Sewer Sal Misiti for his comments at a planning board meeting three weeks ago. His refusal to heed Schiliro’s demands for an apology triggered Fareri to leave the previous town board work session.

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# Elevated Lead Levels Detected at Hawthorne Elementary School

By Neal Rentz

Elevated levels of lead have been discovered in the water coming out of five sinks and two exterior hose spigots at Hawthorne Elementary School.

Results from recent test samples were received by Mount Pleasant School District officials last Friday morning and were outlined in an e-mail blast sent out that evening by Superintendent of Schools Dr. Susan Guiney.

Guiney stated that of the 113 samples

taken, no water fountains or drinking sources were found to have elevated lead levels. The sinks found to have high readings were in classrooms 203, 205 and 211, the girls' bathroom near Room 200 and a PTA storage room in the basement. The exterior spigots in question are in the courtyard outside the cafeteria and on Brighton Avenue near the circle.

"The water supply was immediately shut off to these fixtures and steps are being taken to replace the fixtures," Guiney's said

in the e-mail. "The sites will be re-tested before the sinks are put back into use."

The district conducted districtwide testing last spring and found three samples exceeded acceptable levels, including an office sink at Columbus Elementary School and a sink in the girls' locker room at Westlake Middle School. Fixtures, fittings and plumbing were replaced to address the excessive levels at those locations and subsequent testing showed clean results, Guiney said.

State regulations were updated this fall with more stringent standards and the district re-tested every possible potable water site, she said.

Results from the additional testing at the Westlake Middle School/High School campus have not been received, Guiney noted.

"We will release the reports as soon as they are available and follow the recommended guidelines to remediate any affected areas," she said.

For a full copy of the reports, residents can visit the facilities page of the school district's website at [www.mtplcsd.org](http://www.mtplcsd.org). Residents with questions are asked to call Director of Facilities Eric Strack at 914-769-5500 ext. 5910.

## Bedford School Board Issues Statement on Contract Impasse

By Andrew Vitelli

Four months after the Bedford School District's Board of Education and the Bedford Teacher's Association (BTA) announced an impasse in negotiations for a new contract, the board recently released a statement detailing its principles for the negotiation.

The statement, issued because a new board has taken office, stressed the district's constraints after voters last May rejected a spending plan that would have overridden the state-imposed tax cap.

"We respect the decision of our voters not to support a budget that exceeds the tax cap imposed by New York State law," the Sept. 28 statement read. "Any contract that we negotiate with BTA must permit the District to live within its financial means. This is a challenge, because the current BTA

contract provides that most teachers receive automatic annual increases that exceed the tax cap."

On Sept. 2, the Public Employment Relations Board appointed mediator Lori Matles to help find a solution to the impasse.

"We have instructed our negotiating team to work hard with BTA and Ms. Matles to reach an agreement that will enable us to continue to attract and retain the very best teachers, while still living within our financial means," the board stated. "The Bedford Central School District is blessed with an extraordinary staff of talented, dedicated, and hardworking teachers. We want to negotiate a contract that will permit us to continue to attract and retain the very best teaching professionals."

The school board originally proposed a \$129.7 million budget, which would have

raised the tax levy by 3.8 percent. When that proposal narrowly failed – it needed 60 percent approval to override the tax cap – the district returned with a \$126.8 million budget with a 1.31 percent levy increase. The second budget passed easily, but with 52 full-time positions cut.

"It is our sincere wish to avoid further layoffs of teachers and support staff," the district's statement read. "However, when expenditures significantly exceed revenues, as occurred last year, layoffs are one of our only options to reduce costs. This is because personnel costs, including salaries, health benefits, and pension contributions, comprise the largest portion of the District's budget."

Messages left for the BTA were not returned last week.

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## Obituaries

### Elena Braia

Elena Braia (nee Morea) passed away on Oct. 11 at the age of 48 after a valiant battle with cancer.

She was a loving and devoted mother to Briana and James. She is survived by her parents, Janet and Frank Morea; her brother and sister-in-law, Christopher and Cara Morea; and her niece and nephews, Anna, Frankie and Johnny.



Braia was a dedicated teacher at Jefferson Elementary School in New Rochelle for over 20 years. She was loved by her many friends.

Visitation was at Beecher-Flooks Funeral Home in Pleasantville on Oct. 13 from 2 to 4 p.m. and 7 to 9 p.m. A Mass of

Christian Burial was held on Oct. 14 at Holy Innocents Church in Pleasantville. Interment was private.

### James Lawrence

James H. Lawrence of Thornwood died on Oct. 11.

He was 75.

Lawrence was born on Apr. 4, 1941, to the late Floyd and Catherine (nee Dodd) Lawrence in Mount Vernon. He proudly served in the U.S. Navy from 1960 to 1964. He retired from the New York Telephone Co. in White Plains. Lawrence also served as a proud 39-year member and ex-chief of the Thornwood Fire Department.

He is survived by his devoted wife of 51 years, Elizabeth (nee Duryea) Lawrence, of Thornwood; his loving children, Christopher (Tina) Lawrence and

Alexandra (Sandi) (Peter) Gallo, both of Cortlandt Manor; two sisters, Lucille (Fred) Detscher of Pearl River, N.Y. and Kay McGiver of Spring Hill, Fla.; and his four cherished grandchildren, Peter Vincent, Amanda, Gabriella and Christopher Joseph. He was predeceased by his brother, Floyd Lawrence, Jr., and by his sisters, Patricia and Ellen.

Visitation was at Hawthorne Funeral Home on Oct 16. A funeral Mass was held at Holy Rosary Church in Hawthorne on Oct. 17 followed by interment at Kensico Cemetery in Valhalla.

In lieu of flowers, donations to the Thornwood Fire Department, 770 Commerce St., Thornwood, N.Y. 10594 would be appreciated.

### Joseph Reda

Joseph C. Reda of Valhalla died on Oct. 11.

He was 92.

Reda was born on May 24, 1924, to the late Peter and Josephine Reda in New York City. He proudly served in the U.S. Air Force during World War II. Reda was a retired postal worker in the Bronx.

He was predeceased by his devoted wife, Grace (nee DeLuca) Reda, in 2009; by his beloved daughter, Barbara Reda, in 1976; and by his two brothers, John and Ralph Reda. Reda is survived by his loving daughters, Josephine Reda, of Staten Island, April Reda of Valhalla,

Elvira (Ellie) Reda of Putnam Valley and Patricia (Pip) Reda of Valhalla; his two cherished granddaughters, Barbara (Michael) Condon and Catherine (Robert) Naclerio; and his eight great-grandchildren, Michael, Jr., Michelle and Matthew Condon and Anthony, Angelina, Samantha, Christopher and Salvatore Naclerio.

Visitation was at Hawthorne Funeral Home on Oct. 14. A funeral Mass was held at Holy Name of Jesus Church in Valhalla on Oct. 15 followed by interment at Gate of Heaven Cemetery in Hawthorne.

In lieu of flowers, donations to Calvary Hospital in the Bronx would be appreciated.

### Bartholomew Hickey

Bartholomew (Bart) J. Hickey of Hawthorne died on Oct. 13.

He was 77.

Hickey was born on Oct. 20, 1938, to the late Timothy and Margaret Hickey in New York City. He proudly served in the U.S. Army from 1961 to 1967. Hickey worked for the New York City Transit Authority.

Hickey is survived by his devoted wife, Edwina Hickey, of Hawthorne; his loving daughter, Colleen Hickey,

of Hawthorne; his cherished grandson, Christopher Hickey; one brother, Eugene (MaryAnn) Hickey, of Congers; and several nieces and nephews. He was predeceased by his two brothers, Timothy and Patrick, and sister Jeanette Ford.

Visitation is at Hawthorne Funeral Home today (Tuesday) from 4 to 9 p.m. A funeral Mass will be held at Holy Rosary Church in Hawthorne on Wednesday, Oct. 19 at 10 a.m. followed by interment at Gate of Heaven Cemetery.

*B.F.*

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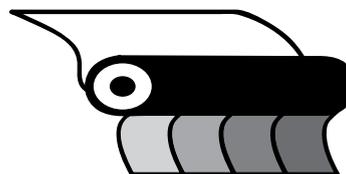
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# Developer: Thornwood Housing Proposal Would Meet Swelling Demand

By Neal Rentz

The developer of the proposed 116-house subdivision in Thornwood said his project would provide much-needed new housing in the area without burdening the Mount Pleasant School District or adding significant traffic.

Christopher Baker, president of Baker Residential in Harrison, is seeking to cluster the detached single-family homes at 582-590 Columbus Ave. on about 46 acres of the 168-acre southern portion of the parcel that is owned by the Legion of Christ. To the north of the proposed development is EF Academy, a boarding school for high school students.

The developer is in contract to buy the property but has not made the purchase until the outcome of the application is determined.

Baker said additional homes are needed in the area due to commercial development pressures in the area, such as the North 60 biotech proposal near Westchester Medical Center in Valhalla.

"There's good job formation both in Mount Pleasant and in Greenburgh," Baker said. "There's clearly a demand for new, high quality housing like what we're proposing."

The planning board closed the public hearing on the Draft Environmental Impact Statement on Sept. 19, but is accepting written comments through

Oct. 31. Comments and questions from the public will be addressed in the Final Environmental Impact Statement.

Baker said his company is considering clustering the homes on the eastern side of the parcel.

"By clustering the development we're able to create some open space opportunities," he said.

A roughly 18-acre piece on the eastern portion of the site adjacent to the Mount Pleasant Public Library branch, pool complex and community center would be donated to the town for parkland, Baker said. On the western portion, 78 acres would be kept as open space for passive recreation.

Access to the site has been proposed from East Stevens Avenue and Westlake Drive. The planning board has asked the developer to consider having a new access point off Lozza Drive, which already connects to Columbus Avenue, Baker said.

"From a traffic perspective there would be a benefit to crossing this open space" on the western side, Baker said.

Access off Lozza Drive would mean the development would cross a small wetland and have some of the homes built on a section of the site that was originally earmarked for open space, Baker said. Under the reconfigured plan, a total of 88.5 acres would remain undeveloped.

There has been no determination



An artist's rendering of Baker Residential's proposed 116-home subdivision for Columbus Avenue in Thornwood.

regarding which plan is preferable.

"Both plans, in our opinion, are viable," Baker said.

He anticipates the houses would sell for between \$800,000 and \$950,000.

At the Sept. 19 hearing, neighboring residents listed a series of concerns about the project.

Ronald Prezner Sr. said last week his main concern was to relocate the entrances, which should be moved from Westlake Drive to Lozza Drive. Prezner said the traffic light on Lozza Drive and Columbus Avenue would allow traffic exiting the property to safely enter Columbus Avenue northbound and southbound.

Prezner also said exiting the property on Lozza Drive would allow for safer entry to Stevens Avenue.

"Stevens Avenue at the junction with Columbus Avenue south is (a) very

dangerous intersection at present," he said. "There is very little sight distance for spotting cars on Stevens Avenue traveling in the eastward direction."

Another key issue raised is the potential impact on the Mount Pleasant School District. Board of Education Vice President Thomas McCabe said he was skeptical about the developer's claim that the project wouldn't trigger spiraling school district spending.

McCabe, who stressed he was speaking on his own behalf and not for the district, said families moving into the proposed development would be paying at least \$800,000, and he doubted there would be empty nesters.

"If the new homes average two students per home that would place financial pressure on the school district and would

*continued on page 10*

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## Police Blotter

### County Police/Mount Kisco

**Oct. 10:** Westchester County Police issued a summons to a 49-year-old man at 12:35 a.m. after he was observed urinating in a South Moger Avenue parking lot. The subject is due to appear in Mount Kisco Justice Court on Dec. 8.

**Oct. 11:** Report of a disturbance between two females on Radio Circle at 12:04 p.m. The dispute was determined to be only verbal in nature and the two parties were advised to go their separate ways.

**Oct. 11:** A woman arrived at the precinct on Green Street at 1:13 p.m. to report that she had lost her wallet while vacationing in Paris. The woman, who had already canceled her credit cards, was

seeking information on how to replace her driver's license. She was provided with a DMV form.

**Oct. 12:** At 1:21 p.m., police assisted an elderly woman who was having difficulty breathing at the Caremount Medical Group offices on South Bedford Road at 1:21 p.m. She was taken by ambulance to Northern Westchester Hospital.

**Oct. 12:** Report of disorderly woman at South Moger Avenue bank at 3:18 p.m. She became disorderly after the bank refused to cash a check she had presented to a teller. The woman agreed to leave the bank when an officer arrived and to pursue the matter with the company that had issued her the check.

**Oct. 12:** Police served a temporary Order

of Protection to a Hyatt Avenue resident at 7:22 p.m. that prohibits him from having any contact with the person named in the Family Court-issued order. The man was also issued a court order requiring him to appear in Westchester Family Court at a future date.

**Oct. 13:** Family members who were cleaning out a deceased relative's apartment on Spring Street contacted county police at 5:30 p.m. after they discovered two handguns in the residence. The weapons were turned over to police.

**Oct. 14:** Police responded to a store on South Moger Avenue at 5:08 p.m. after employees reported that a customer's behavior was making them uncomfortable. The customer, who had been in the store for 30 minutes before police were called, left the store after officers spoke with him about the employees' concerns.

### North Castle Police Department

**Oct. 7:** A traffic stop on Bedford Road at 2:35 a.m. revealed the driver was operating a vehicle with a suspended New York State driver's license. The party was arrested and charged with aggravated unlicensed operation of a motor vehicle.

**Oct. 7:** Report of a burglary on North Broadway at 11:50 a.m. An employee at Admiral Wine & Liquors told police that there was a break-in at the location

sometime overnight and a safe was removed from the store.

**Oct. 7:** A caller reported at 5:58 p.m. that her friend's vehicle, which was parked in her driveway on School Street this afternoon, has a broken window.

**Oct. 11:** A complainant reported at police headquarters at 3:38 p.m. with her husband to report that her purse had gone missing from her vehicle.

**Oct. 12:** A party arrived at police headquarters at 12:44 p.m. stating that she found a German shepherd in the vicinity of Nannyhagen Road and Route 120. The animal control officer canvassed the area and found the dog. The canine was secured and brought to the North Castle Police Department kennel.

### Pleasantville Police Department

**Oct. 9:** At 3:08 p.m., a Pleasantville woman reported that she lost her wallet in the area of 580 Bedford Rd. An unauthorized charge was found on the woman's credit card. An investigation is ongoing.

**Oct. 11:** A 25-year-old White Plains man was arrested at 1:46 a.m. on an outstanding warrant from the City of White Plains following a traffic stop.

**Oct. 11:** At 7:22 p.m., a Pleasantville resident reported that a case of wine was stolen from his garage. An investigation is ongoing.

## Developer: Thornwood Housing Proposal Would Meet Swelling Demand

*continued from page 9*

make it difficult to meet the state-mandated property tax cap and could mean program reductions and higher class sizes," McCabe said.

Additional property taxes generated by the housing development would not offset the increased expenditures to accommodate the new students, he said.

Baker countered that according to the fiscal impact analysis, 76 additional school-age children would be generated.

Therefore, the district would see no large cost increase because any additional expenses would be offset by the new property tax revenues, Baker said.

Written comments on the DEIS can be provided through the Mount Pleasant Planning & Zoning Department in person on weekdays from 8:30 a.m. to 4:30 p.m., via e-mail to [csaracino@mtpleasantny.com](mailto:csaracino@mtpleasantny.com) or by mail to Town of Mount Pleasant, 1 Town Hall Plaza, Valhalla, N.Y. 10595, Attn: Planning & Zoning.

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# W'chester Libraries Help Seniors Receive Medicare Enrollment Info

By Martin Wilbur

Decisions regarding Medicare and health care coverage for seniors can be a daunting challenge. Complex rules and myriad choices could overwhelm even the most conscientious and studious citizen.

Fortunately in Westchester, there is a free resource where people can turn for help.

Westchester Seniors Out Speaking (WSOS), a volunteer group of the Westchester Library System, offers several kinds of programs to help people understand how their health insurance works.

Once again this fall, WSOS has been hosting a series of workshops called Demystifying Medicare, roughly two-and-a-half hour sessions throughout the county that coincide with the 2016 Medicare Open Enrollment period, Oct. 15 through Dec. 7, when people can make changes to healthcare coverage. This week's sessions are Thursday, Oct. 20 at the Ossining Public Library from 6 to 9 p.m. and on Saturday, Oct. 22 at the Hendrick Hudson Free Library in Montrose from 10 a.m. to 1 p.m.

The seminars tackle topics such as original Medicare, Medicare Advantage, prescription drug plans (Medicare Part D), supplemental coverage plans and various cost-saving programs such as EPIC.

For individual counseling to address questions, WSOS volunteers also run Senior Benefits Information Centers at 10 different libraries across the county, typically once a

week, including at the Mount Kisco Public Library, on Wednesdays from 10:30 a.m. to 1:30 p.m.

Julie Woodward, who leads the Demystifying Medicare seminars, said that for most seniors there is no need to act during the Medicare enrollment period. But some may be dissatisfied with their coverage, or if there has been a change in their medical situation that cannot be addressed during a special enrollment period.

Seniors who are prepared to retire or who are contemplating retirement may also need help understanding the basics of Medicare and how it interacts with other healthcare insurance, particularly if they don't have access to a union or retiree plan from their employer, Woodward said.

If either or both spouses are working and still have coverage through an employer plan, it is important to understand how the plan works with Medicare when one of them turns 65. WSOS strongly recommends people to consult with their human resources department on whether to enroll in Part B, as in some cases it may not be necessary.

"Another reason they may seek counseling is because they don't understand why the costs have jumped higher all of a sudden, which sometimes is a billing error because of coding," Woodward said.

She urges seniors to get reliable information on health plans through



The Westchester Library System's Demystifying Medicare seminars have been popular among seniors and those approaching retirement, helping the public to understand the complicated choices available for senior healthcare coverage. There are six more seminars scheduled between this week and Nov. 19 throughout the county.

the Senior Benefits Information Center counselors and websites such as [www.medicareinteractive.org](http://www.medicareinteractive.org) and avoid relying solely on advertisements, which can be misleading if you don't fully understand how Medicare is delivered.

"If you're not covering yourself with the deductibles and the 20 percent that Medicare doesn't pay for, you will need that supplement," Woodward said. "Or you can enroll in an Advantage Plan, which delivers Parts A, B, and D all in one."

Additional Demystifying Medicare seminars are scheduled for Oct. 27 at the Harrison Public Library, Oct. 29 at the Scarsdale Public Library; Nov. 7 at the Town of Pelham Public Library; and Nov. 19 at the Croton-on-Hudson Municipal Building. Walk-ins are welcome, but pre-registration is requested by calling 914-231-3236.

You can contact WSOS and the Senior Benefits Information Centers for counseling at 914-231-3260 or e-mail them at [wbic@wlsmail.org](mailto:wbic@wlsmail.org).



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## Editorial

### Nagging Concerns Call New Castle Firehouse Expansion Into Question

Every resident in a municipality that relies on volunteer fire departments and ambulance corps owes a large debt of gratitude to the service of emergency responders.

They provide critical, life-saving work, placing themselves in peril. The service would cost taxpayers tens of millions of dollars to replace. In fact, many new residents to the area, particularly those from New York City, are sometimes astonished to learn that fire and ambulance services in many communities are provided by volunteers. The situation is no different in Chappaqua.

Next Tuesday there is a critical two-proposition referendum for \$15.37 million that the board of commissioners of New Castle Fire District No. 1 has asked the public to consider. Passage of both propositions would enable the existing firehouse at 491 King St. to more than double in size.

The first proposition, for about \$2.6 million, would buy the adjacent parcel, the home of the old Chappaqua Animal Hospital, to acquire the space for the expansion, demolish the existing structure and mitigate contaminants at the site.

The second proposition asks to appropriate up to \$12.7 million to add about 16,500 square feet of space to the existing firehouse. Highlights include the addition of three large drive-through bays that would accommodate the modern

fire trucks that are the most frequently used, providing more space for volunteers which would increase safety; the ability to decontaminate firefighters' equipment after battling a blaze; equipment storage; and a firefighter's training area.

Two antique fire trucks, kept now at the 92-year-old Senter Street firehouse, would be stored in the original building. The district then hopes to sell the Center Street property to help defray some of the project's costs.

The project would also include a bunk area for volunteers when they are called for standby duty in preparation for storms and office and meeting space. The facility would also be ADA compliant.

Who wouldn't want their local firefighters, professional or volunteer, to have the best equipment and facilities to protect district residents and themselves?

But is it all necessary? Some of the work sounds critically important, particularly being able to fit the modern apparatus indoors and to decontaminate equipment, both of which would provide greater safety.

Everything, however, comes at a price, and in a post-recession world it is not clear the board of commissioners has justified every expense. Estimated costs released last month has the average district homeowner paying an additional \$215 annually for 16 years, followed by about \$40 less a year for the final decade.

That is a lot of money for any community, including Chappaqua.

There also has been little explanation about how the firefighters are managing today under current conditions and whether a smaller but less costly expansion would still increase safety and efficiency. District officials have talked about building a firehouse for the next hundred years, but is that realistic when the latest configuration hasn't lasted 40?

Two informational meetings were held during the past month but it seems an alarming number of residents have little to no knowledge of the vote. Sure, it's the public's responsibility to educate itself, but it's also the responsibility of the district to execute more effective outreach.

Next week, the public has one easy decision to make: approve the first proposition to buy the adjacent land. It's a no-brainer. That will keep open the option for a firehouse expansion now or in the future.

For the second proposition it's hard to say no to dedicated volunteers but there are too many questions to justify such an expense at this time.

Regardless of where you stand, every registered voter in New Castle Fire District No. 1 should go to the polls on Oct. 25. Voting is open for three hours, 6 to 9 p.m., at the firehouse.

## Letter to the Editor

### Mt. Pleasant Residents Cannot Afford to See School Bond Referendum Fail

The Examiner's Oct. 11 editorial, "Time for Mt. Pleasant School Voters to Step Up for Their District," summarizes what's at stake regarding the facilities bond referendum on Tuesday, Oct. 18 for the Mount Pleasant Central School District. The editorial correctly asserts the \$39.6 million facility bond has "no fluff that could be considered a luxury item - unless your idea of luxury is having boilers, HVAC systems and fire alarms that work, roofs that don't leak and parking lots and walkways that aren't riddled with potholes." Your editorial also mentions the importance of maintaining a proper and comfortable environment conducive to learning, which will cost the average homeowner approximately \$30 a month.

I would like to add that the residents within the district cannot afford this bond to fail and need this bond to pass successfully! This bond proposal only addresses work classified for infrastructure, health and safety needs - with no building additions or modifications. The alternative to a failed proposal could potentially mean a failed boiler during winter, inadequate security

systems, malfunctioning fire alarm systems, structural damage/roof collapse, building sickness syndrome...to name just a few. These alternatives would not only cost each taxpayer much, much more to remediate under an emergency budget situation, but how could one evaluate the cost of potential injury or sickness to a child or staff member within our community's schools?

In addition to the much-needed repairs and upgrades, these buildings do not meet the current state Education Department regulations for proper ventilation, heating and standards of required oxygen changes and cubic feet per minute of air for school buildings. We would not accept or allow a similar environment for ourselves, our parents or our grandparents and we shouldn't allow these conditions to exist any longer within our children's schools. Maintaining a safe and healthy environment for this generation of students is not only this community's moral obligation, but is also a fiscally sound one. A Yes vote will benefit each and every homeowner by ensuring their home - usually their greatest investment and asset - appreciates proportionately

within an exceptional school district!

I believe I have gained many insights volunteering and serving this wonderful community as chairman and member of several community advisory boards, as a former planning board member, as your current councilman and by also recently serving on the district's Citizens Budget Advisory Board, along with many respected members of our community. I invite you to reach out to these members, who I'm sure will reiterate the sound financial management of our schools and the long overdue infrastructure needs, which would be addressed within this bond referendum: Edward Carey, Anthony Catalano, John Edwards, Vincent D'Ambrosio, Joseph DelPozzo, Emile Last, Avery Putter and Lorena Ruggiero.

On Tuesday, Oct. 18, vote YES for the bond referendum, for the children are our future!

**Denis McCarthy**  
Councilman, Town of Mount Pleasant  
Co-chair, 2016 Mount Pleasant School  
District Budget Advisory Committee

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## know your Neighbor

### Frances Bordoni White Plains Hospital Vice President Armonk

By Martin Wilbur

It isn't entirely coincidence that White Plains Hospital opened its newest outpatient medical facility in Armonk last year.

Frances Bordoni, the hospital's vice president for ambulatory and physician services and business development, noticed the vacancy at 99 Business Park Drive when heading to her workouts at Equinox gym, a short drive from where she and her family live.

"Living in the community, living in Westchester you do get to meet quite a lot of people and you do know where the real estate is and what the locations you really need to be in," Bordoni said.

Along with the hospital's president and CEO Susan Fox, Bordoni worked with the hospital's board, the architect, town officials and staff to get the facility up and running. Today, she oversees its operations.

It wasn't just personal convenience for Bordoni, since she works most of the time out of the hospital's main location in White Plains. However, the evolving focus

of medicine, where the public expects to receive top-notch healthcare without having to travel to Manhattan, has forced providers to bring medical services closer to the communities that it serves.

White Plains Hospital tracks where its patients live and has discovered that an increasing number of people using its services come from northern Westchester.

"I think that's a big part of it, finding healthcare as close to home as possible and everybody loves convenience," said Bordoni. "If you don't have to go into New York City, why would you want to?"

In Armonk, the outpatient facility includes urgent care, a full-service imaging center and pediatrics. Its hours, until 11 p.m. on weekdays and 9 a.m. to 5 p.m. on weekends, have been arranged to make sure that it's open when standard doctors' offices are typically closed.

Finding new locations for White Plains Hospital – it has 13 off-site locations around the county – to bring its services closer to where its patients live is one part of Bordoni's

job. Her responsibilities also include recruitment of physicians, working with the community and setting up programs.

It's a job that requires varied expertise. Bordoni, 46, a Bronx native, majored in finance and received her master's in public health, earning both degrees at NYU.

Her first job was as a budget analyst at Jacobi Hospital, before moving on to Albert Einstein Medical Center. At Montefiore Medical Center, she served as the director of business and clinical affairs for the urology, orthopedic surgery and plastic and reconstructive surgery.

Bordoni's most recent position before landing at White Plains was as administrator of the Department of Pediatrics at NYU Langone Medical Center. Her ability to relate to the medical staff and understand the challenges doctors face today along with her financial background makes Bordoni a perfect fit for the job. White Plains Hospital employs about 230 physicians and has close to 1,000 medical staff members.

"Having that ability to work closely with physicians and having them know that you know their language is an immediate trust, as well as understanding what they've done and how healthcare has evolved for them, has changed," said Bordoni, who moved to Armonk four years ago with her husband,



David, and their son and daughter. "It's not so easy for physicians as it was 25 years ago."

Physician recruitment is a key role for Bordoni. As a veteran hospital administrator, some doctors from previous jobs reach out to her while Bordoni sometimes does the same. The hospital also advertises in medical journals and there's a

strong networking component in healthcare through word of mouth.

For Bordoni, the brief commute from White Plains and sometimes from the Armonk facility provides her the best of both worlds for a busy administrator and mother of a nine- and three-year-old.

"It's great. As a working mother it works out really well," she said. "If I need to run on a school trip, I'm able to run to that and be in the office by noon. That's so important for me and it's great for my kids, obviously."

Bordoni said White Plains Hospital will continue to grow in the years ago. What has impressed her is the level of concern that is sometimes absent in the larger health institutions.

"There is such a level of caring that I really had not seen in larger places," Bordoni said. "When you're in a place with 30,000 people it's much harder to do that."

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# New Mt. Kisco Arts Council Planning Downtown Pop-Up Art Spaces

By Neal Rentz

A group of volunteers has taken a major step toward promoting the arts in Mount Kisco with the formation of a new organization that is looking to find temporary art spaces downtown.

Volunteers associated with the new Mount Kisco Arts Council (MKAC) are planning the creation of “pop-up” spaces in the village to showcase artwork while fine tuning the council’s mission statement that will help guide the organization’s direction.

“The MKAC will be a voice for the arts in Mount Kisco, supporting artists and the community through the arts, with collaboration and innovation as driving forces and foster creativity in our community,” said Lisa Abzun, a village resident and one of the volunteer organizers. “It is my personal vision that MKAC will support community dialogue, collaboration and innovation through many art forms and by a diverse group of artists.”

Planned pop-up spaces would be short-term exhibits running for no more than two months featuring works from amateur and professional artists, said Abzun, a painter and printmaker.

She said the council hopes to collaborate with landlords and property managers to develop art spaces in different vacant storefronts. The spaces



Painter and printmaker Lisa Abzun is one of several volunteers who is organizing the Mount Kisco Arts Council.

will help introduce the reconstituted arts council to the community and serve to fill a few of the unsightly storefronts while landlords search for permanent tenants, Abzun said.

“In my mind, it is important to have an art presence directly on the sidewalk level of our community,” Abzun said. “The experience MKAC will offer with this pop-up project is totally different than most other storefront properties insofar as the gallery/art space is not money driven space.”

Through the pop-up galleries, artists will have the chance to sell their work if

they choose, although transactions may be negotiated between the artist and the patron, Abzun said.

Next month’s targeted launch of the pop-up galleries is not necessarily to coincide with the approaching holiday season.

“While, of course, most people think of the winter holidays, this pop-up project is not driven by any holiday or commercial enterprise,” Abzun said. “It is dedicated solely to the arts.”

Abzun said the MKAC would like to have a permanent space one day in the village where the community could enjoy lectures, workshops and performances.

“I truly believe that you need to be the change you want to see,” she said. “I’ve

been hoping for a thriving art space in our community for years. Many people think that the arts are superfluous – and those people are sadly uninformed. I’m a printmaker and painter and have found that working in the arts really supports my insight and thought processes and helps me in my everyday problem solving.”

A few years ago a similar attempt was made to create an arts council but the group soon went out of existence. Abzun said MKAC intends for its initial projects to be executed on a small scale, particularly early on, so it can reach achievable goals.

Lisa Abzun can be reached at [lisaabzun@optonline.net](mailto:lisaabzun@optonline.net).

## Enjoy Adult Paint Nights With Nando in Mount Kisco

Attendees of any skill level will be able to recreate beautiful paintings by following guided, step-by-step instructions from artist Nanco Amico. From beginner to advanced artists, this is sure to be a great night out.

The sessions will be held on Friday, Oct. 21 and Friday, Jan. 27, 2017, at the American Legion Hall, located at

1 Legion Way in Mount Kisco from 6:30 to 9:30 p.m. The fee for Mount Kisco residents is \$30 per session and \$35 for non-residents. All materials will be provided.

Space is limited, so register early. For information about registering, e-mail Allison Eckhart at [aekchart@mountkisco.org](mailto:aekchart@mountkisco.org).

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## Fall Tips for Your Dog: Halloween Safety and Daylight Savings

By Steve Reid

Halloween is enjoyed by children and adults alike, but it can be scary and dangerous for your dog. Here are a few proactive Halloween safety tips for your dog.

-Do NOT leave your pet in the yard alone on Halloween. Dogs should be kept indoors on Halloween and only taken out on a leash to go to the bathroom. Unfortunately there are many horrible stories of animals being teased, injured and stolen on Halloween night.

-Dog costumes can be an

unnecessary stressor and are NOT for every dog. Only dress your dog in an appropriately fitted costume if they are completely comfortable with it. A too restrictive costume that obstructs their view can cause even the nicest dog to snap, growl, or show aggression if they can't clearly see what is going on.

-Most people open their door frequently on Halloween night to greet trick-or-treaters. Each time you open your door, it is one more chance for your dog to escape. Help prevent your dog

from running away by placing them in another room that is safe to stay in for the evening.

Halloween is a fun and exciting evening for humans, but let's make sure we keep our dogs happy and safe this October 31.

Daylight savings on November 6th will not only be an adjustment for you, but it will affect your dog as well. Make this transition easier by gradually adjusting your dog's schedule a week before the time change. Move these aspects of your dog's routine back 10

minutes each day: feeding times, daily walks, play time, sleep schedule, and your arrival/departure times for work (if possible).

Slow and gradual adjustments will make daylight savings easier and less stressful for you and your dog.

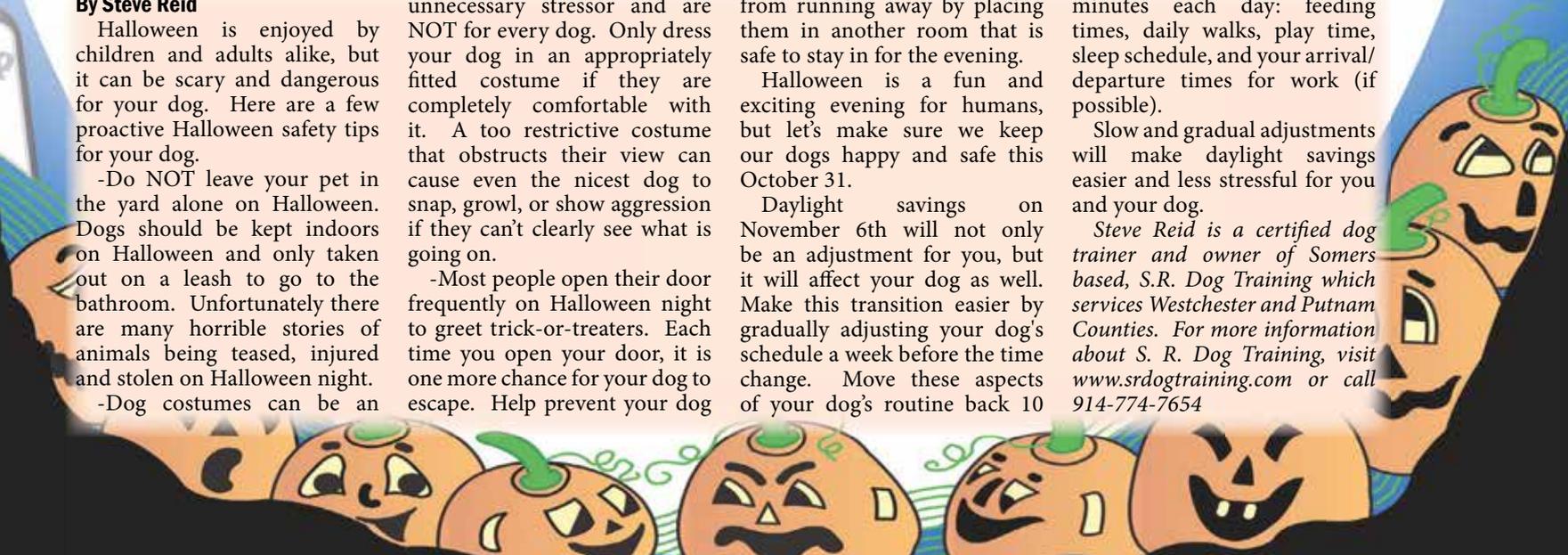
Steve Reid is a certified dog trainer and owner of Somers based, S.R. Dog Training which services Westchester and Putnam Counties. For more information about S. R. Dog Training, visit [www.srdogtraining.com](http://www.srdogtraining.com) or call 914-774-7654



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## How to Avoid Burst Water Pipes When the Weather Turns Cold

As I write this in mid-October, I have a quick question: Do you have a water hose still connected to a spigot outside your home?

Other than a fire or tornado, the most damaging event a house can suffer is flooding from a burst water pipe. Yet most people have just cursory knowledge of how to avoid this potential disaster.

One of my most memorable mishaps with burst pipes involved a young couple, buyer clients who had found their dream house and wanted to close as quickly as possible because the lease on their rental was about to expire. But their dream was dashed, at least temporarily, by a discovery we made when we arrived at the house for the engineering inspection.

We were greeted by an ominous sound of water leaking and discovered in the family room that water was spraying through the seams of the plasterboard walls and half of the ceiling had collapsed. The engineer quickly shut off the water main, but it was too late to prevent the extensive damage to the walls, ceiling, built-in cabinetry and flooring.



By Bill Primavera

As an estate sale, the house was empty, but the selling agent had been very careful to monitor the heating system so that the pipes wouldn't freeze. She couldn't understand what went wrong. The engineer looked around and found that, outside, the garden hose had not been disconnected from the outside spigot. He explained that water in the hose had frozen and backed up into the pipe that traveled through the unheated garage to the family room on the other side of the garage wall, causing the

pipes to burst. When the ice melted, the room flooded.

When water freezes, it has the force of 2,200 pounds of pressure per square inch, said Dave Goldberg, founder of Dave Goldberg Plumbing & Heating, serving Westchester and Putnam counties.

"One of the most common causes of burst pipes is when people forget to detach their hoses for the winter. It should always be done by mid-October," he said.

"But there are many reasons pipes can

burst," he continued. "It can be a mere draft through a tiny crack in a wall, and if it is cold enough outside, the wind chill factor can cause a pipe to freeze, and it can be anywhere in the house, even over the living room."

Goldberg also noted that even if a house is winterized, it can be done incorrectly. "When people had summer houses up here and would close them for the winter, it was easier to drain the pipes because the plumbing was designed for that," Goldberg said. "Now, with modern construction, pipes wind around beams and go up and down, and there are many elbows that can trap water. If just a drop of water is left in the elbow and it freezes, the pipe can burst."

He added that the best way to avoid this is to have the pipes blown out with an air compressor.

"Things can go wrong even if a house isn't abandoned," he said. "If a family takes a winter vacation, for instance, it's not enough precaution just to leave the heat on. Suppose there is a power failure or the supply of fuel runs out?"

Goldberg cited the popular use of wood and gas-burning stoves as another cause of burst pipes.

"They give you a false sense of warmth," he said. "It can be 70 degrees inside, but that heat may not get to the outside walls where the water pipes are located."

As a safeguard, Goldberg recommends that non-toxic antifreeze be added to the heating system so that if the power goes off, the water won't freeze.

"It's like putting antifreeze in a car," he said, "and, it should be checked annually to see that it's still at an effective level."

For insulating pipes in the basement or crawl space, he suggests using a heating strip that turns on automatically like a thermostat, and then to wrap the pipe and heating strip with insulation.

Another safeguard in frigid weather is to keep water running from the hot and cold taps if the pipes are against an outside wall, Goldberg said.

If you agree that safeguarding your plumbing from freezing is a good idea, Dave Goldberg Plumbing & Heating offers expert advice and service. Goldberg, who has been my plumber for more than four decades, is now retired, but his son-in-law Doug Maar, will be happy to help. He can be reached at 914-962-3498.

Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. ([www.PrimaveraPR.com](http://www.PrimaveraPR.com)). His real estate site is [www.PrimaveraRealEstate.com](http://www.PrimaveraRealEstate.com), and his blog is [www.TheHomeGuru.com](http://www.TheHomeGuru.com). To engage the services of The Home Guru to market your home for sale, call 914-522-2076.

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# Byram Hills to Host Third Annual No Man Down Fall Lax Classic

Byram Hills will host its third annual No Man Down Lacrosse Classic tournament at Byram Hills High School in Armonk on Sunday, Nov. 6. The tournament is held close to Veterans Day to raise money to benefit service-related charities. All of the proceeds from this year's tournament will go to Building for America's Bravest, a Tunnel to Towers Foundation program.

This year's tournament will include more than 50 local boys' and girls' high school and youth teams featuring about 800 players with nearly 1,500 spectators expected. Funds are raised from team fees, concession sales and donations from local sponsors as well as Lax.com.

"At the Tunnel to Towers Foundation, we hold those who carry out fundraising events for us in very high regard," said Andrew McClure, director of marketing and development for the Stephen Siller Tunnel to Towers Foundation. "Events like the No Man Down Tournament are the lifeblood of the foundation. We'd be unable to carry out our mission without this remarkable level of support. The proceeds from this event will enable us to move a little closer to welcoming Cpl. Chris Levi into the smart home that he badly needs and deserves. We're very



More than 50 boys' and girls' high school lacrosse teams are expected to participate in this year's No Man Down lacrosse tournament scheduled for Sunday, Nov. 6 at Byram Hills High School. This year the event will benefit the Tunnels to Towers Foundation.

appreciative."

"Entering our third year, we could not be happier with the level of support we've received from the Byram Hills community and the greater lacrosse

community," said Tom Grotta of Byram Hills Youth Lacrosse. "Having just memorialized the 15th anniversary of 9/11, we are proud to continue to support programs such as Building for America's

Bravest and the great work that they do for veterans."

Building for America's Bravest is a program of the Stephen Siller Tunnel to Towers Foundation that builds Smart Homes for the most catastrophically injured service members who return home. Each home is custom designed to address the unique needs of each individual. Energy efficient, automated and easily accessible, these homes use adaptive technology to help the most severely injured heroes live better, more independent lives. Levi is this year's recipient of the home built with No Man Down proceeds.

In 2015, the Westchester County Board of Legislators formally recognized the work that Byram Hills High School's student volunteers and players and Byram Hills Youth Lacrosse have done in creating and growing the No Man Down Tournament. In a proclamation that declared Dec. 21, 2015, The Byram Hills No Man Down Lacrosse Classic Day in Westchester County, the board acknowledged the significant achievement of the tournament in raising more than \$125,000 for various veterans' organizations.

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**Business of the Week**

## Saw Mill Club Café By Myong Gourmet Mt. Kisco

**By Colette Connolly**

Self-taught executive chef and entrepreneur Myong Feiner has taken her talents to the Saw Mill Club, offering an array of healthy snacks as well as lunch and breakfast specials for gym patrons and other visitors to the popular health and fitness facility.

The versatile businesswoman, who previously operated Myong Gourmet on Mount Kisco's East Main Street with her late husband Rob Feiner, made the transition to open the Saw Mill Club Café last month.

Visitors to the second-floor eatery can expect more of what Feiner created in her former restaurant, including an array of vibrant dishes you won't find at other gym cafes.

While she is still in the process of refining the menu, Feiner is working hard to add to the delectable fare already available.

"I already have a lot of followers," said Feiner, referring to the many club members who have been her customers over the years.

Feiner, a native of South Korea, made a

name for herself as a food connoisseur in the early 2000s when she created a line of soups and sauces. From there, she began teaching others how to cook. She has won several Best of Westchester awards as well as earning a reputation for her eclectic style based on her heritage and her love for natural ingredients.

Popular items at the Saw Mill Club Café include a variety of healthy muffins, which she bakes on the premises each day. They include blueberry and banana chocolate chip, among other delicious flavors. Her protein and energy bars are also big sellers.

"I've been making them from the very beginning," added the hard-working mother of two grown children. "I've just improved the recipe as I've gone along."

Feiner's energy bars include prunes and rice flour, among other ingredients. Her protein bars contain a mix of soy protein, flax seeds, almonds, honey, dates, eggs, sunflower seeds and whey.

Some of her delicious weekly specials are the popular breakfast burrito, spinach and poached eggs, chopped baked salmon with kale and quinoa, cold sesame soba noodle



COLETTE CONNOLLY PHOTO

Myong Feiner, who opened the Saw Mill Club Café last month, with a display of some of her healthy food items.

with chicken and a Santa Fe hot wrap with salsa, cheddar and sesame sauce.

Every Tuesday and Wednesday customers can order a full meal for \$31 through a new service called the Chicken Club. The meal for four includes an organic chicken with either black or brown rice, roasted or baked potato and sautéed seasonal vegetables.

The meal must be ordered during the day and picked up after 4 p.m., Feiner said. The wholesome dinner to go is geared toward busy families who don't always have the time to cook quality food at home, she said.

Despite her grueling seven-day-a-week schedule that starts in early morning and lasts until 8 p.m. on weeknights, Feiner

is a fountain of ideas. She is planning on holding regular cooking demonstrations and is eager to ramp up her catering business as the holidays draw close. Feiner said she will be working with the club's event planner and hopes to coordinate with the club on future parties and special events.

"This is a really good fit for me," Feiner said.

The Saw Mill Club Café by Myong Gourmet is open Monday through Friday from 8 a.m. to 8 p.m. and on weekends from 8 a.m. to 5 p.m. Saw Mill Club is located at 77 Kenisco Drive in Mount Kisco. Call 914-241-0797 to order a meal from the Chicken Club or to learn more about Feiner's catering service.

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# Happenings

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Martin Wilbur at [mwilbur@theexaminernews.com](mailto:mwilbur@theexaminernews.com).

## Tuesday, Oct. 18

**Bereavement Support Group.** For adults dealing with the loss of a loved one. Led by Bereavement Coordinator Bess Steiger. Phelps Hospital, Room 235, 755 N. Broadway, Sleepy Hollow. 2 to 3:30 p.m. Free. Pre-registration required. Info and pre-registration: 914-366-3325 or e-mail [bsteiger@pmhc.us](mailto:bsteiger@pmhc.us).

**Drop-in Tech Help.** Drop in for help with any of your technology devices. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 6 p.m. Free. Every Tuesday. Info: 914-666-8041 or [www.mountkiscolibrry.org](http://www.mountkiscolibrry.org).

**Harvest Wine and Food Festival.** Relish an array of international dishes in one location and enjoy small plate tastes of local chef's specialties. Sample food, desserts and wine. Proceeds go to A-Home, which helps provide supportive housing for seniors, adults with disabilities and single-parent families. St. Mark's Church, 85 E. Main St., Mount Kisco. 6 to 9 p.m. Advance tickets: \$50 per person or \$75 for two. At the door: \$55 per person or \$100 for two. Info and tickets: Contact Barbara at 914-741-0740 ext. 322 or visit [www.a-homehousing.org](http://www.a-homehousing.org).

**Italian Language and Culture.** Mara De Matteo, born and raised in Italy and passionate about her native language, combines lively conversation with grammatical instruction in her classes. She creates interactive lessons on the richness of Italian culture, past and present, through real-life anecdotes, literature, personal memoirs, films and even photography. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 6:30 p.m. Free. Also Oct. 25. Info: 914-273-3887

**The Piano Men.** Jeff Scott and Jeff Brewer star in this stunning live concert performance featuring the hits of Billy Joel and Elton John. The ultimate dueling pianos show. Westchester Broadway Theatre, 1 Broadway Plaza, Elmsford. Dinner at 6:15 p.m. Show at 8 p.m. \$84 per person (plus tax). Show only: \$50 per person (plus tax). Info and tickets: 914-592-2222 or visit [www.broadwaytheatre.com](http://www.broadwaytheatre.com).

**Chappaqua Library Board of Trustees Meeting.** Chappaqua Public Library, 195 S. Greeley Ave, Chappaqua. 7:45 p.m. Free. Info: 914-238-4779.

## Wednesday, Oct. 19

**Master Networker Meeting.** Join this high-energy interactive membership network of learning-based, service-oriented entrepreneurs and business leaders. Come be a guest any Wednesday to learn more about this world-class business training and referral program. Mount Kisco Coach Diner, 252 E. Main St., Mount. 7:30 to 8:30 a.m. Free. Every Wednesday. RSVP suggested. Info and RSVP: Contact Julie Genovesi at 303-929-

7203 or e-mail [julie@eurobella.net](mailto:julie@eurobella.net) or just drop in.

**Zumba Fitness.** Achieve long-term benefits while having a blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life. For all fitness levels. Dance Emotions, 75 S. Greeley Ave., Chappaqua. Every Monday and Wednesday at 9 a.m. and Saturdays at 10 a.m. Drop in or weekly discount rates available. Info: Contact Peggy at 914 960-4097.

**Baby Time.** A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10 to 10:30 a.m. Free. Every Monday and Wednesday. Info: 914-769-0548 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Pound Fitness Program.** A 45-minute full-body jam session that combines cardio, Pilates, plyometrics and isometric movements and poses with the excitement and euphoria of drumming. Using lightly weighted drumsticks called Ripstix, you'll rock your entire body into beautiful shape while torching calories, isolating core muscles and strengthening coordination and balance. Dance Emotions, 75 S. Greeley Ave., Chappaqua. 10:15 a.m. \$20. Every Wednesday. Also Saturdays at 11:15 a.m. RSVP required. Info and registration: Contact Peggy at 914-960-4097.

**Adult Coloring Club.** A relaxing, analog stress-reducer that can offer a sense of accomplishment. Coloring also provides a creative outlet to people who may not be trained artists. Colored pencils and intricate mandala patterns provided, just bring your creativity. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 10:30 a.m. Free. Also Oct. 26. Info: 914-273-3887 or [www.northcastlelibrary.org](http://www.northcastlelibrary.org).

**Toddler Storytime.** Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10:30 to 11 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Senior Benefits Information Center.** Counselors offer older adults one-on-one counseling covering a broad range of topics including Medicare health and prescription plans, food stamps, HEAP, EPIC, weatherization, minor home repair and tax relief programs. Mount Kisco Public Library, 100 Main St., Mount Kisco. 10:30 a.m. to 1:30 p.m. Free. Every Wednesday. Info: 914-231-3260.

**Preschool Storytime.** This interactive

story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 11 to 11:30 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Storytime.** For children 18 months to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Wednesday and Thursday. Info: Visit 914-666-8041 or [www.mountkiscolibrry.org](http://www.mountkiscolibrry.org).

**Meditation Series: Mid-day Mind Break.** Benefits of meditation include increase focus and memory; increased health; reduced stress, anxiety and pain; and increased productivity and happiness. Led by Alka Kaminer. North Castle Public Library, 19 Whipoorwill Rd., East, Armonk. 12:15 p.m. Free. Also Oct. 26. Info: 914-273-3887 or [www.northcastlelibrary.com](http://www.northcastlelibrary.com).

**Chair Yoga With Alka Kaminer.** Experience greater flexibility, cardiovascular endurance and improved balance, strengthening and toning of muscles, better digestion, stress reduction, mental clarity, improved breathing, relaxation and an overall sense of well-being. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 1 p.m. Free. Also Oct. 26. Info: 914-273-3887.

**The Explorers Club.** A new literacy/activity program this fall. Join Miss Debbie to explore a new theme each week (science, art and more) through literacy and hands-on activities. Come read, discover and create. For children five to seven years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 3:30 to 4:15 p.m. Free. Every Wednesday. Registration required. Info and registration: [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Knitting at the Library.** Knitters and crocheters of all skill levels. For ages 10 and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 p.m. Free. Every Wednesday. Info: 914-864-8041 or [www.mountkiscolibrry.org](http://www.mountkiscolibrry.org).

**Zumba Toning With Amy.** Sculpt and tone muscle groups while dancing and shaking toning sticks to the sassy sizzling rhythms of the Zumba. Toning sticks provided. PFX Fitness, 10 Castleton Rd., Pleasantville. 6:30 to 7:30 p.m. Drop-in fee: \$12. Every Wednesday Info: E-mail [olin.amyj@gmail.com](mailto:olin.amyj@gmail.com).

**"Ending Police Abuse and Discriminatory Policy."** Criminal justice and law enforcement expert Robert Gangi will lead this lecture. Gangi, a longtime activist, community organizer and public policy advocate, founded the Police Reform Organizing Project in April 2011 and also served for nearly 30 years as director of the

Correctional Association of New York, an organization focused on prison reform. Reid Castle at Manhattanville College, 2900 Purchase St., Purchase. 7 p.m. Free. Info: 914-997-7479.

**Art Series: Sofonisba Anguissola.** An Italian noblewoman, born in Cremona in 1532, was an anomaly in the Renaissance art world. Not born to a family of painters, her father considered it vital for all of his children, male and female, to have a proper, in-depth education. He encouraged and supported Sofonisba's remarkable talent. Discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887.

**The Great Jack O'Lantern Blaze.** See more than 7,000 individually hand-carved, illuminated jack o' lanterns in this elaborate walk-through experience. Meander through an historic 18th-century riverside landscape and discover a breathtaking display. Van Cortlandt Manor, 525 S. Riverside Ave., Croton-on-Hudson. First entry at 7 p.m. Adults (Saturdays): \$25; Adults (all other days): \$20. Children (3-17): \$16. Children (under 3) and Historic Hudson Valley members: Free. Daily through Oct. 31 and continues Nov. 3-6 and Nov. 10-13. Info and tickets: 914-366-6900 or visit [www.hudsonvalley.org](http://www.hudsonvalley.org).

**Social Security Educational Workshop.** This workshop will cover Social Security planning tips for single, married, divorced and widowed individuals. Presented by Paul Petrone, an independent Social Security and retirement income specialist, certified financial planner and CPA. Dobbs Ferry Public Library, 55 Main St., Dobbs Ferry. 7 to 8 p.m. Free. Also Oct. 22 from 10:30 to 11:30 a.m. Registration required. Info and registration: 914-693-6614 or e-mail Sara Rodgers at [srodgers@wlsmail.org](mailto:srodgers@wlsmail.org).

**Bedford Chamber Concert Series.** An all-Bach concert - featuring the Trio Sonata in C, the "Coffee Cantata" and the Triple Concerto in D for Three Violins - will be performed by the Bedford Chamber Orchestra in the opening concert of the 2016-17 series. German coffee house-style refreshments will be served at intermission, including European coffees, croissants and Linzer cookies. St. Matthew's Church, Fellowship Hall, 382 Cantitoe St. (Route 22), Bedford. 8 p.m. \$40. \$210 for the series six-concert series. Info and tickets: 914-522-5150 or visit [www.bedfordchamberconcerts.org](http://www.bedfordchamberconcerts.org).

## Thursday, Oct. 20

**Knitting Circle.** This group is open to everyone who has an interest in knitting. Live, love, laugh, learn and have fun together during these creative journeys. Come share patterns and ideas and *continued on page 24*

## The Restaurant Examiner

### Tarrytown's Ruth's Chris Steak House to Host Comedy Dinner

By Jerry Eimbinder

Three comedians will entertain at Ruth's Chris Steak House at the Westchester Marriott in Tarrytown as part of a wine-paired dinner program on Thursday, Oct. 27.

Ruth's Sizzling Comedy Dinner begins at 6:30 p.m. and includes a reception and a three-course, prix fixe dinner. It costs \$125 per person, including tax, gratuity and house wine.

Chris Monty, Rich Shultis and Joel Richardson are the comedians scheduled to perform.

At the reception, sparkling wine will be accompanied by spicy shrimp and to-mato bruschetta.

Dinner begins with butternut squash soup followed by three choices for the main course: salmon with Thai chili sauce; stuffed chicken with garlic herbed cheese; and a combination plate of a six-ounce filet mignon and a lobster tail. The side dishes are corn pudding and grilled asparagus.

Dessert, chocolate covered strawberry cheese cake, is followed by the show. During each of the three dinner courses, diners can choose between Ruth's Se-lect red or white wine.

In addition to standup, Monty has appeared in various movies, including "Paul Blart: Mall Cop 2," and he is a cast member of HBO's "Vinyl" and Net-flix's "Orange is the New Black." He has opened for Joan Rivers, B.B. King and The Duprees.

Shultis is the co-founder of a comedy



Comedian Chris Monty is one of three comics who will appear at a comedy night dinner at Ruth's Chris Steak House in Tarrytown on Oct. 27.

tour called Mayhem and Madness. He appears on The Morning Show on WPDH Radio (101.5-FM) in Poughkeepsie and has been the opening act for Bobcat Goldthwait, Jackie "The Joke Man" Martling and Ralphie May.

Richardson can be heard at SiriusXM satellite radio.

For more information about Ruth's Sizzling Comedy Dinner, contact

Sales and Catering Manager Jennifer D'Errico at 914-631-3311.

The Westchester Marriott is located is at 670 White Plains Rd. in Tarrytown.

### Sam's of Gedney Way Unveils Fall Brunch Menu

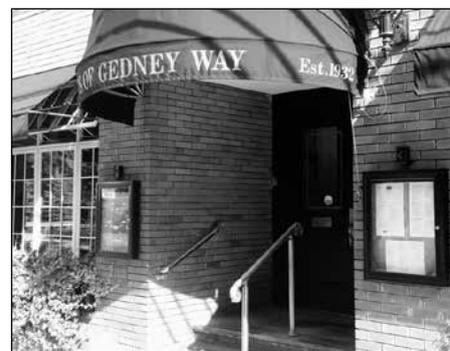
By Jerry Eimbinder

The new fall brunch menu at Sam's of Gedney Way in White Plains offers a free beverage with an entrée.

Available on Saturday and Sunday from 11:30 a.m. to 3 p.m., the fall brunch, which replaces the weekend summer offering, comes with a free Bloody Mary, mimosa or glass of champagne. Customers can opt for unlimited drink for two hours for an additional \$8.

The brunch includes four new gluten-free selections from executive chef Jo-seph Sasso's kitchen: goat cheese with roasted beets, goat cheese mousse, pis-tachio and orange dressing and mint mousse (\$13); pan-seared branzino accompanied by root vegetable hash, butternut squash puree and lem-on/asparagus sauce (\$26); slow braised, herb-cruste sustainable salmon with butternut squash, black rice pilaf and dill sauce (\$26); and pan seared sea scal-lops with whipped potatoes, shaved asparagus, wasabi and saffron sauce (\$30).

Also on the updated brunch menu are bacon-wrapped meatloaf plus green beans, cremini mushroom and fingerling potato



JERRY EIMBINDER PHOTO

Sam's of Gedney Way now offers its fall brunch menu.

casserole with southern gravy and frizzled onions (\$24); pecan chicken with waffles (\$24); and harvest salad (\$13).

In addition to the brunch menu, Sasso said there are two special appetizers and entrées available for dinner through Oct. 30. The special appetizers are Tuscan kale Caesar salad with a multitude of vegetables and roasted spaghetti squash Marinara with fresh basil with grated Romano cheese, filled with sau-sage and peppers.

The special entrées are Paella Valencia with seafood, sausage and chicken

### Irvington's Red Hat on the River Introduces Fall Brunch Menu

By Jerry Eimbinder

You can't go wrong if you look no further than Eggs Benedict on the new brunch menu at Red Hat on the River in Irvington.

Eggs Benedict is the first entrée on this fall's Sunday brunch menu, which re-turned to the popular waterfront restaurant earlier this month.

The dish is perfectly prepared and delightfully delicious. If ordered with Os-car's Adirondack Smokehouse Canadian bacon, it's called Florentine Eggs Benedict. It can also be ordered as Norwegian Eggs Benedict, which is identical to the Florentine version except that the bacon is replaced by smoked salm-on. The salmon and hollandaise sauce blend for an incredible taste.

Both versions are priced at \$18 and include two poached eggs and hollandaise sauce, focaccia toast, breakfast potatoes and fruit compote.

Brunch entrées also include brioche French toast; an Italian bacon, egg and cheese sandwich; an Irish cheddar cheese omelet with a

choice of salad, frites or breakfast potatoes; and a Norwegian smoked salmon sandwich with naturally cured smoked

bacon, Bibb lettuce, tomato, red onion, horserad-ish aioli, toasted Balthazar rye and a choice of bistro salad, frites

simmered in a shellfish broth with saffron and tomatoes, and a tomahawk steak, which the chef describes as a "Fred Flintstone beef on the bone."

Sam's of Gedney Way is located at 50 Gedney Way in White Plains. For more information, call 914-949-0978 or visit [www.samsogedneyway.com](http://www.samsogedneyway.com).



JERRY EIMBINDER PHOTO

Eggs Benedict at Red Hat on the River in Irvington.

or breakfast potatoes. All entrees are priced at \$18.

Brunch starters begin at \$10 and include soup, salads, pan-fried crab cake and a French duck and heirloom pork confit.

Brunch runs from 11:30 a.m. to 3 p.m.

The restaurant has two dining levels, patio seating close to the water's edge and a rooftop cocktail lounge.

Red Hat on the River opened in October 2007 after 10 months of extensive renovation of the space. The brick structure, built more than 100 years ago and on the National Register of Historic Places, once housed the boiler room for Lord & Burnham, a prominent builder of greenhouses and public conservato-ries.

Red Hat on the River is located at 1 Bridge St. in Irvington. For more information, call 914-591-5888 or visit [www.redhatontheriver.com](http://www.redhatontheriver.com).

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01/13/2016. Office loc: Westchester. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **221 Hunter Ave., Sleepy Hollow, NY 10591. Purpose: any lawful acts.**

**NOTICE OF FORMATION OF PEARL OF ANTILLES, LLC.** Arts. of Org. filed with the Secretary of State of NY (SSNY) on 08/25/2016. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to **630 East Lincoln Ave., Apt. 2H, Mount Vernon, NY, 10552. Purpose: Any lawful act or activity.**

**NOTICE OF FORMATION OF CRAFT HOSPITALITY GROUP, LLC.** Arts. of Org. filed with the Secretary of State of NY (SSNY) on 08/30/2016. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to **630 East Lincoln Ave., Apt. 2H, Mount Vernon, NY, 10552. Purpose: Any lawful act or activity.**

**NOTICE OF FORMATION OF Ben Gelinas Design, LLC** Articles of Organization filed with the Secretary of State of NY (SSNY) on 9/01/2016. Office location: Westchester County. SSNY has been designated as agent upon whom process against it may be served. The Post Office address to which the SSNY shall mail a copy of any process against the LLC served upon him/her is: **18 Orchard Street, Pleasantville, NY 10570. Purpose: any lawful act or activity**

**NOTICE OF FORMATION OF OLI PLUS LLC,** Articles of Organization filed with Secretary of State of New York (SSNY) on 06/10/2016. Office in Westchester County SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to **Beverly Walker, 16 N Broadway 3f White Plains, NY 10601. Purpose: any lawful act or activity.**

**NOTICE OF FORMATION OF ROAD G CONSULTING, LLC.** Articles of Orga-

continued on next page

## ABSOLUTE AUCTION

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## LEGAL NOTICES

**NOTICE OF FORMATION of WADSWORTH GLOBAL LLC.** Art. of Org. filed with the Secy of State of NY (SSNY) on January 24, 2016. Off. Loc.: 134 Alta Avenue, Yonkers, NY, Westchester County. SSNY has been designated as agent upon whom process against it may be served. The address to which the SSNY shall mail a copy to is: **WADSWORTH GLOBAL LLC, 134 ALTA AVENUE, YONKERS, NY 10701. Purpose: Any lawful act.**

**NOTICE OF FORMATION OF: TECH-FINANCE VENTURES LLC.** Articles of Organization filed with NYS Dept. of State on 08/03/2016. Office location: Westchester County. Secretary of State designated as agent upon whom process may be served and shall mail process to the principal business address: **14 Harwood Ct, Suite 220, Scarsdale, NY 10583. Purpose: Any lawful purpose.**

**NOTICE OF FORMATION OF GHOST PAPER GOODS, LLC.** Arts of Org filed with Secy of State of NY (SSNY) on 07/25/2016. Office loc: Westchester. SSNY designated as agent upon whom process may be served and shall mail process to the principal business address: **209 RIVERDALE AVE 2ND FLOOR, YONKERS, NY 10705. Purpose: any lawful acts.**

**NOTICE OF FORMATION OF WALKSPAN, LLC.** Articles of Organization filed with Secretary of State of NY (SSNY) on

# Make-A-Wish® Walk/5K Run for Wishes Set for Oct. 30

The race is on for president and thousands of runners from around the world are training for the New York Marathon, two events that will capture headlines in the first week of November.

But there is a third and very important finish line that will be crossed sooner at FDR State Park in Yorktown on Sunday, Oct. 30.

That is when supporters hope to make great strides in Make-A-Wish® Hudson Valley's 11th annual 5K Walk/Run for Wishes by raising \$100,000. In so doing, they will bring to a dramatic conclusion the chapter's 30th anniversary celebration and goal granting the pending wishes of more than 160 local kids who are battling cancer, sickle cell disease, Hodgkin's disease, acute leukemia and other life-threatening medical conditions

As in the past, the life-affirming and inspiring grassroots fundraiser will draw a wide range of supporters from throughout the region including Wish kids, families, local businesses, organizations, community leaders, schools and individuals in a day of camaraderie and hope.

Registration for the rain or shine event will start at 8:30 a.m., continue with the



Make-A-Wish Hudson Valley's 11th annual walk and 5K run will step off once again on Sunday, Oct. 30 at FDR State Park in Yorktown. Funds raised will go toward granting the wishes of local children battling life-threatening diseases.

Walk/Run at 10 a.m. and conclude about 12:30 p.m. with an awards ceremony. The awards will be presented by special guest and Celebrity Event Chairman Mike Bennett of WHUD's "Mike and Kacey in the Morning," who will emcee the day's event.

"This will be the grand finale to what has been a highly successful 30th anniversary campaign year," said

Thomas J. Conklin, president and CEO of Make-A-Wish® Hudson Valley. "We are confident that the tremendous generosity by our family of loyal and new supporters will help raise the funds necessary to ensure a wish for every eligible child."

The chapter serves eight counties: Delaware, Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster and

Westchester. Since it was established in 1986, Make-A-Wish Hudson Valley has helped bring hope, strength and joy to more than 2,500 children ranging from two and a half to 18 years old and their families, Conklin said.

"The average cash cost of granting a wish ranges from \$7,500 to \$10,000, which is why this campaign is so vitally important," Conklin said. "It's the collective generosity - from individuals to corporate sponsors - that make it possible for us to fulfill our mission."

Participants can register online in advance and also make a donation to a team or other participant by visiting [www.hudson.wish.org/walk](http://www.hudson.wish.org/walk). The chapter also offers sponsorship opportunities ranging from \$250 to \$3,000.

For more information about how to become a sponsor and the benefits of supporting one of the most highly regarded causes, contact Tara Thorne at 914-478-9474 or e-mail [tthorne@hudson.wish.org](mailto:tthorne@hudson.wish.org).

The 5K Walk/Run for Wishes is appropriate for all ages and fitness levels. Food and beverages will be provided throughout the event.

## EXAMINER MEDIA Classifieds . . . . . 101816

*continued from previous page*  
nization filed with NY Secy of State (SSNY) on 08/01/2016. Office location: Westchester County. SSNY is designated as agent of LLC upon whom process against it may be served. **SSNY shall mail process to: 8 Park Hill Lane, Larchmont, NY 10538. Purpose: any lawful activity.**

**NOTICE OF FORMATION OF FOUR STALEYS HOLDING LLC. ARTS OF ORG** Filed with Sec'y of State of NY (SSNY) on 7/20/2016. Office loc: Westchester. SSNY designated as agent upon whom process may be served and shall mail process to the principal business

address: **65 Longdale Avenue, White Plains, NY 10607. Purpose: any lawful acts.**

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### MISCELLANEOUS

**VENDORS NEEDED** Christmas Holiday Boutique, December 3, 2016 at Montrose

Fire House. \$45/table. Contact Lynn Meyer at Reformed Church of Cortlandtown **914-737-6482 or [refchcort@yahoo.com](mailto:refchcort@yahoo.com)**

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# Happenings

continued from page 20

celebrate creative spirits together while enjoying the ancient art of knitting. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 10 a.m. to 12:30 p.m. Free. Every Monday and Thursday. Info: 914-273-3887.

**Toddler Storytime.** Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10:30 to 11 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Preschool Storytime.** This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 11 to 11:30 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**Mahjongg Club.** Intermediate players welcome. Participants must bring their own set. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 p.m. Free. Every Thursday. Info: 914-666-8041 or [www.mountkisco.library.org](http://www.mountkisco.library.org).

**Storytime Playgroup.** Come hear a story and music and join in on playtime with toys and books. Children, parents and caregivers will make new friends and share time together. For children one to four years old; with a caregiver. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 2 to 2:45 p.m. Free. Every Thursday. Info: 914-769-0548 or [www.mountpleasantlibrary.org](http://www.mountpleasantlibrary.org).

**"Cinema Paradiso."** A famous Italian filmmaker, haunted by the memories of his first love, returns to his hometown after a 30-year absence. He reconnects with community and remembers the events that shaped his life and inspired him to follow his dream of becoming a filmmaker. Westchester Community College's Gateway Building, Davis Auditorium, 75 Grasslands Rd., Valhalla. 4 p.m. Free. 914-606-6790.

**Gaming Old School.** Join old school gaming enthusiasts to play board games like a kid again. Open to all ages. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 5:30 p.m. Free. Every Thursday. Info: 914-666-8041 or [www.mountkisco.library.org](http://www.mountkisco.library.org).

**Read to Rover.** Dogs love listening to stories. Come meet Rover and read your favorite story. For children five years old and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 5:30 p.m. Free. Every Thursday. Info: 914-666-8041 or [www.mountkisco.library.org](http://www.mountkisco.library.org).

**2016 Youth Athlete Symposium.**

Parents, coaches and athletes join Northern Westchester Hospital and Athletes Warehouse for a symposium on the youth athlete. Presenters include the University of Alabama's head softball coach Patrick Murphy and experts from the hospital and Athletes Warehouse. They will discuss a variety of topics, including dealing with the pressures of sports to injury prevention, treatment of injury and the importance of play, rest and movement diversity. Athletes Warehouse, 220 Tompkins Ave., Pleasantville. 5:30 to 8:30 p.m. Free. Registration required. Info 914-666-1383. Registration: Visit [www.nwhconnect.org/2016aw](http://www.nwhconnect.org/2016aw).

**"Salvador."** A special screening and discussion of Oliver Stone's 1986 film. Followed by a post-screening discussion with film critic, bestselling author and Oliver Stone expert Matt Zoller Seist with critic-in-residence Marshall Fine. The Picture House, 175 Wolfs Lane, Pelham. 7:30 p.m. \$15. Seniors, students and members: \$12. Info and tickets: Visit [www.thepicturehouse.org](http://www.thepicturehouse.org).

**"Saving Jamaica Bay."** For many of us, Jamaica Bay is the anonymous body of water we fly over near JFK Airport. But it's New York City's largest open space, a surprisingly rich ecosystem that provides vital habitat for hundreds of migratory bird species and countless other flora and fauna, and an irreplaceable recreation site for many of the surrounding communities. It is also the epicenter for the local conversation about the long-term implications of global climate change and environmental mismanagement. Local residents in Queens and Brooklyn have been transformed into urban environmentalists now struggling to preserve this priceless resource – and their way of life. Followed by a Q&A led by Programmer Karen Sloe Goodman. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7:30 p.m. Members: \$8. Non-members: \$13. Info and tickets: Visit [www.burnsfilmcenter.org](http://www.burnsfilmcenter.org).

**Comedy Night Fundraiser.** Come out and laugh with some of New York's funniest comics to raise money for FosterKidsUnite, Inc., a nonprofit organization that helps foster children transition into adulthood. Comics include Rhonda Hansome, Angela Cobb, Kaitlyn Murphy, James Murphy, Bill Cannon, Johnny Figaro, Kevin Magee and Debbie Bazza. Lucy's Bar & Kitchen, 446 Bedford Rd., Pleasantville. 7:30 to 9:30 p.m. Suggested donation: \$10.

## Friday, Oct. 21

**Birds, Bugs and Bushes: The Effects of Climate Change.** Come learn how climate change is likely to affect local flora and fauna and some simple action steps to help mitigate these effects. Speakers include Eric Lind of the Constitution Marsh Audubon Center and Sanctuary,

Louis Sorkin, from the American Museum of Natural History and Angelica Patterson of Columbia University. Organized by the Federated Conservationists of Westchester County and co-sponsored by Saw Mill River Audubon, Bedford Audubon and other local organizations. Tarrytown Senior Center, 238 W. Main St., Tarrytown. 9 to 11 a.m. Members of the affiliated organizations: \$5. Non-members: \$8. Reservations required. Info and reservations: 914-422-4053 or visit <https://www.eventbrite.com/e/birds-bugs-and-bushes-tickets-27920482916>.

**First Congregational Church Tag Sale.** New and gently used merchandise available in the church's eighth annual sale. First Congregational Church of Chappaqua, 210 Orchard Ridge Rd., Chappaqua. 10 a.m. to 8 p.m. Also Oct. 22 from 9 a.m. to noon. Open Oct. 22 from 2 to 3 p.m. where remaining items are free. Info: 914-238-4411.

**Zumba.** Low-impact Zumba with Amy. A great dance fitness workout for those who like to sweat, sizzle and tone while moving to the beat of exhilarating rhythms with a low impact/high intensity approach. A perfect class for those who need to protect vulnerable body parts such as knees, shoulders and back. Try a free trial class. Addie-tude Dance Center, 42 Memorial Plaza (lower level), Pleasantville. 11 a.m. to noon. Drop-in rate: \$12. Every Friday. Also Tuesdays from 10 to 11 a.m. Info: Call or text the instructor at 914-643-6162.

**Co-housing in the Suburbs.** A seminar for adults 55 years old and up which discusses a new housing option for active adults. Scheduled speakers are Vicki Jimpson-Fludd, a co-housing specialist; elder law attorney Robert Boydston focusing on the legal aspects of sharing your home; and Linda Potash and Michelle Rosenman on how to prepare your house for shared living. Pound Ridge Library, 271 Westchester Ave., Pound Ridge. 1 to 3 p.m. Free. RSVP required. Info and RSVP: E-mail [cohousingexchange@gmail.com](mailto:cohousingexchange@gmail.com). For more information, visit [www.cohousingexchange.com](http://www.cohousingexchange.com) or The Cohousing Exchange for Active Adults on Facebook.

**St. John's Pumpkin Patch.** Pumpkins of all sizes for sale. St. John's Episcopal Church, 8 Sunnyside Ave., Pleasantville. 6 to 9 p.m. Sale continues until Halloween on Fridays from 6 to 9 p.m., Saturdays 10 a.m. to 6 p.m. and Sundays 12 to 6 p.m. Info: 914-769-0053.

**Friday Night Cinema: "Welcome to the North."** The 2012 follow-up to the Italian comedy "Welcome to the South" was directed by Luca Miniero. The film takes Mattio, the local postal worker, as he must follow his friend Alberto to Milan, to move his career forward. How much of the stereotypes of the emotionally cold northerners compared to the hot-

blooded Southerner is true? This film explores the answers to hysterical results. In Italian. English subtitles. Post-screening discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whipoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887.

**WCC Friday Night Film Series: "Phoenix."** A disfigured concentration camp survivor, unrecognizable after facial reconstruction surgery, searches ravaged postwar Berlin for the husband who might have betrayed her to the Nazis. The third in a series of six contemporary films. Westchester Community College's Gateway Center, Davis Auditorium, 75 Grasslands Rd., Valhalla. Refreshments at 7:20 p.m. Screening at 7:45 p.m. \$11. Seniors: \$10. Info and tickets: 914-723-3186.

**Squaring the Circle: A Creative Arts Therapist and Photographer at Play With Circles.** A presentation by Professor Robert Landy, photographer and professor of educational Theater and applied psychology at NYU. As a researcher and writer, Landy has produced many books, articles, films and plays in the fields of drama, drama therapy and musical theater. His photographic and computer graphic work has focused on circles, squares and spheres. His talk will include a discussion of the meaning of circles and the search for wholeness through art-making. For adults 18 years old and up. Westchester Community College's Technology Building, Room 107 (use Parking Lot 11), 75 Grasslands Rd., Valhalla. 8 p.m. Free. Info: 914-827-5353 or visit [www.wpsphoto.org](http://www.wpsphoto.org).

**"You Will Remember Me."** Hudson Stage Company's newest production. Edouard's world is slowly changing. The highly respected professor, political figure and ladies' man can recite famous historical dates but can't remember what he ate for breakfast. When a suppressed memory springs to life in the form of a cell phone-obsessed young girl he confuses for a lost family member, he gets a chance to reinvent the past and heal old wounds. A touching and refreshingly funny story about family, memory and connection. Whipoorwill Hall, 19 Whipoorwill Rd. East, Armonk. 8 p.m. \$40 (plus service fee). Seniors (65 and up) and students: \$35 (plus service fee). Also Oct. 22, 28 and 29 at 8 p.m. and Oct. 23 and 29 at 3 p.m. Info and tickets: Visit [www.hudsonstage.com](http://www.hudsonstage.com).

**Halloween Movie Marathon.** Get ready to stay up all night for this third annual event. Hosted by Jacob Burns Film Center Senior Programmer Andrew Jupin, this year's marathon will feature eight films, including the new 4k restoration of Don Coscarelli's "Phantasm," the return of the We Hate Movies comedy podcast doing a live commentary over the ridiculous 1989 cult classic "Death Spa," the over-

continued on page 26

# The World of Dance Explored at Renewal of Jacob Burns Film Series

By Neal Rentz

New experiences and perspectives in dance will be presented when this year's Jacob Burns Film Center's annual Dance on Film series gets underway this week.

Programmer Kathryn Bonomi said the popular series, which opens today (Tuesday) and runs through Oct. 26, has been a staple since the early days of the film center, which opened 15 years ago.

This year's series includes six documentary features and a shorts program that feature several different dance forms, Bonomi said.

She called it "a rare opportunity" to see films that will not be played at local or regional multiplexes, including some that have a limited New York City release.

The series opens tonight with "Rare Birds" directed by T.M. Rives. Bonomi said the film traces choreographer Alexander Ekman's preparation of "Swan Lake" that was performed by the Norwegian National Ballet at the Oslo Opera House. What made the production unique is that it was danced in water, she said.

"Rare Birds" ends just as ballet company's opening night performance is about to begin, Bonomi said. Those wanting to view the Norwegian National Ballet's production can do so on Oct. 21



JACOB BURNS FILM CENTER PHOTO

"Rare Birds," a documentary directed by T.M. Rives, is the opening night feature in this year's Dance on Film series at the Jacob Burns Film Center.

when "A Swan Lake," directed by Jeff Tudor, will be screened.

"Enter the Faun," directed by Tamar Rogoff and Daisy Wright, features the story of Gregg Mozgala, an actor with cerebral palsy. Rogoff, a choreographer, is shown in the film training the actor for the central character in Nijinsky's "Afternoon of a Faun." It will be screened

on Oct. 23 and Oct. 26.

Following the Oct. 26 screening, a question-and-answer session will include Mozgala, who is also the artistic director of The Apothetae, a theater company dedicated to the production of works that explore issues around the experiences of the disabled. Others who will be part of the panel are Kitty

Lunn, a paraplegic who works on behalf of performing artists with disabilities; Kathleen Fitzgerald, production manager for the Copland House at Merestead in Mount Kisco; and Mount Kisco resident Peter Pucci, a teacher at the Joffrey Ballet School in New York City who has hosted or has been a guest speaker for Dance on Film series programs since 2009.

"Stepping Out on Screen," a shorts program curated by Pucci, will be presented on Oct. 24. Following the screening, he will moderate a Q&A session with Chisa Hidaka, a performer who also directs the Dolphin Dance Project, which brings together wild dolphins and trained humans to create underwater dances in the open ocean.

Also part of the series are "Our Last Tango," about octogenarian dance couple Maria Nieves Rego and Juan Carlos Copes (Oct. 22-23); "Alive and Kicking," about today's swing dancers (Oct. 22-23); and "Feelings are Facts: The Life of Yvonne Rainer," who revolutionized modern dance (Oct. 25-26).

The Jacob Burns Film Center is located at 364 Manville Rd. in Pleasantville. Call 914-747-5555 or visit [www.burnsfilmcenter.org](http://www.burnsfilmcenter.org) for more information, including ticket prices and the full schedule.

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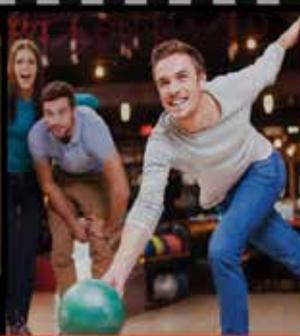
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# Happenings

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the-top trip to Hell that is "Jigoku" and a very special preview of a much-buzzed about film hot off the festival circuit. There will be a costume contest and activities in the gallery. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. Check-in at 8:30 p.m. Movies begin at 9:30 p.m. Members and students: \$40. Non-members: \$50. Info and tickets: Visit [www.burnsfilmcenter.org](http://www.burnsfilmcenter.org).

## Saturday, Oct. 22

**Pleasantville Farmers Market.** Experience the largest, year-round farmers market in Westchester, and the one voted "Best of Westchester" in 2014, 2015 and 2016 by the readers of Westchester Magazine. With 56 vendors and seven nearby parking lots, the market is a delicious good time. This week, energetic guitar duo Gimagua performs, Kiwi Country Day Camp hosts the kids' event with fun family activities and the Let's Talk Series discusses Food Day. Rain or shine. The market is a dog-free environment. Memorial Plaza, Pleasantville. 8:30 a.m. to 1 p.m. Every Saturday. Info: Visit [www.pleasantvillefarmersmarket.org](http://www.pleasantvillefarmersmarket.org).

**Chappaqua Farmers Market.** Bringing locally-raised and produced food to the community in a weekly market, creating

a connection between shoppers and small-scale food producers in the region. Chappaqua train station. Chappaqua. 9 a.m. to 1 p.m. Every Saturday. Info: Visit [www.chappaquafarmersmarket.org](http://www.chappaquafarmersmarket.org).

**Prescription Take-Back Day.** The Mount Kisco Drug Council will again participate in this national program which aims to provide a safe, convenient and responsible means of disposing expired, outdated or no longer needed prescription drugs while educating the public about the potential abuse of medications. Green Street Precinct, 40 Green St., Mount Kisco. 10 a.m. to 2 p.m. Info: Contact Mel Berger at 914-666-0614.

**"Irving the Theater Nut!"** Irvington Town Hall Theater manager Gregory Allen will celebrate his new children's book as part of a new author series at the theater. The story, inspired by a squirrel that got inside the theater, Allen will discuss his book, read it aloud and engage children in a sing-a-long. Signed books available for purchase. Irvington Town Hall Theater, 85 Main St., Irvington. 10:30 a.m. Free. Info: 914-591-5434 or email [gallen@irvingtonny.gov](mailto:gallen@irvingtonny.gov).

**Practice Tai Chi With Larry Atille.** Learn specific feldenkrais and chi kung breathing techniques for deep relaxation and apply them to tai chi movement. This

is a hands-on class that will be geared to the level of experience of the class and challenge all participants. Wear comfortable clothes and bring a floor mat or towel. North Castle Public Library, 19 Whipoorwill Rd. East. Armonk. 10:30 a.m. Free. Also Oct. 29. Info: 914-273-3887.

**Creative Coloring for Adults.** If you're an adult looking for a relaxing, fresh and new activity that will help bring stress relief to your busy life, try this new coloring class. Drop in anytime. Materials provided. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 10:30 a.m. to 12:30 p.m. Free. Every Saturday. Info: 914-666-8041 or [www.mountkiscoliberalry.org](http://www.mountkiscoliberalry.org).

**Pack Chat for Kids.** Children will learn about the mythology surrounding wolves and the important role of wolves in the natural world. Guests will visit ambassador wolves Atka, Alawa, Nikai and Zephyr and the center's critically endangered red wolves and Mexican gray wolves. Wolf Conservation Center, South Salem. 11 a.m. Adults: \$14. Children (under 12): \$11. Also Oct. 23 and 29 at 2 p.m. Pre-registration required. Info and pre-registration: Visit [www.nywolf.org](http://www.nywolf.org).

**Adult Salsa Class.** Addie-Tude Performing Arts Center, 42 Memorial Plaza (lower level), Pleasantville. 11 a.m. to noon. Free. \$12. Every Saturday. Also Wednesdays from 6:30 to 7:30 p.m. Info: 917-215-1720 or visit [www.addie-tude.com](http://www.addie-tude.com).

**Teaching Trails: A Community Path for Environmental Education.** Join guided trail experience through the woodland forest. Discover who left that track, which tree makes the best animal home or which plant makes its own heat. Program runs about 30 minutes. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 11:30 a.m. Free. Every Saturday and Sunday (except Oct. 29 and 30). Info: 914-723-3470 or visit [www.greenburghnaturecenter.org](http://www.greenburghnaturecenter.org).

**Wolves of North America.** Learn about the mythology, biology and ecology of wolf families and discover why it's a special time for packs in North America. Whether the wolves are living on the Arctic tundra or the high desert of the southwest, wolf families are out searching for prey as their pups prepare for their first winter season. Includes a visit to ambassador wolves Atka, Alawa, Nikai and Zephyr and the critically endangered red wolves and Mexican gray wolves. Wolf Conservation Center, South Salem. 2 p.m. Adults: \$14 Children (under 12): \$11. Also Oct. 23 and 29 at 11 a.m. Pre-registration required. Info and pre-registration: Visit [www.nywolf.org](http://www.nywolf.org).

**"Spooky, Ghostly and Eerie Stories About Westchester County Parks."** Curator Gigi Carnes and naturalist Jenny Tkacz will lead a pictorial tour of the settings of various spooky and eerie tales that have arisen throughout the park system. Cranberry Lake Preserve, Old

Orchard Street, North White Plains. 1 p.m. Free. Info: Visit [www.parks.westchestergov.com](http://www.parks.westchestergov.com).

**Fall Foliage Hike.** A hike to enjoy the panorama of fall color at the preserve. Cranberry Lake Preserve, Old Orchard Street, North White Plains. 2 to 3:30 p.m. Free. Info: 914-428-1005.

**Faith, Food and Friends.** A weekly gathering that includes prayer, song, discussion and dinner for all. Emanuel Evangelical Lutheran Church, 197 Manville Rd., Pleasantville. 5 p.m. Free. Every Saturday. Info: Visit [www.emanuelc.org](http://www.emanuelc.org).

**"The Giver."** The National Players will present this story of a utopian future of sameness, where young Jonas inherits an unusual career: to receive and keep the memories of his community's past. Throughout lessons with his elder predecessor, he is instructed on themes of love, war and all of life's joys and pains. As his oppressive world continues unchanged, Jonas must decide whether to keep these secrets or upend his community. Westchester Community College's Academic Arts Theatre, 75 Grasslands Rd., Valhalla. 8 p.m. \$22. Seniors and students: \$20. Children (under 13): \$16. Info and tickets: 914-606-6262 or visit [www.sunywcc.edu/smartarts](http://www.sunywcc.edu/smartarts) or the box office 30 minutes before show time.

**Yesterday: A Beatles Tribute.** Founded by John Lennon performer Don Bellezzo, this Beatles tribute has performed on five continents, including at the Tropicana Las Vegas Resort Casino and a three-year residency at the Tropicana Hotel and Casino in Atlantic City, the longest running show in Atlantic City history. This tribute act has wowed Beatles fans far and wide. Paramount Hudson Valley, 1008 Brown St., Peekskill. 8 p.m. \$35 and \$40. Info and tickets: 914-739-0039 or visit [www.paramounthudsonvalley.com](http://www.paramounthudsonvalley.com).

**Saturday Night Jazz at Chappaqua Station: Daniel Lauter Quartet.** Chappaqua Station welcomes local and international musicians to the historic train station. Think intimate lounge setting, warm bourbon glow, farm fresh cuisine and an inclusive spirit of Westchester's vibrant culture. Chappaqua Station, 1 Station Plaza, Chappaqua. 8 to 11 p.m. \$10 per person for table reservation. First come, first served at bar with no cover charge. Every Saturday. Tickets available through Eventbrite. Info: 914-861-8001 or visit [www.chappaquistation.com](http://www.chappaquistation.com).

## Sunday, Oct. 23

**Yoga for Beginners.** A perfect way to refresh your body and mind. Move, stretch, breathe and renew. All bodies and minds are welcome in this class. Expect Natural, 774 Bedford Rd., Bedford Hills. 8:30 to 10 a.m. \$15 per class. Every Sunday. Pre-registration required. Info and pre-registration: Contact Marta at 914-242-4685.

## THERE'S A WORD FOR IT

### A vocabulary-building quiz

By Edward Goralski

**Seeing Double.** Let's double back for a moment to April 2015. In that month this space featured a word quiz of double letter words. Now let's double time it back to the present where this week's quiz is a collection of more words containing double letters. This week you will once again get a chance to double your fun

1. **raffish (adj.)**  
A) unkempt                      B) lustful                      C) dapper
2. **rill (n.)**  
A) a witty comment            B) a small stream            C) a clear space
3. **feckless (adj.)**  
A) without friends            B) generally incompetent    C) very well suited
4. **commissariat (n.)**  
A) a supply of foods            B) a party official            C) proper respect
5. **fossick (v.)**  
A) to linger                      B) make strong                C) search
6. **camarilla (n.)**  
A) a group of advisors        B) a spirit of friendship      C) a cotton fabric
7. **barrack (v.)**  
A) to set aside                 B) shout loudly                C) settle in
8. **boffin (n.)**  
A) a hearty laugh              B) an object of fear            C) a scientific expert

ANSWERS:

1. C. Marked by smartness in dress and manners; jaunty; natty; dapper; dashing  
2. B. A small stream or brook; rivulet  
3. B. Generally incompetent and ineffectual; inept  
4. A. A stock or supply of foods; provisions  
5. C. To rummage or search, especially for possible  
6. A. A group of confidential, often scheming, advisors  
7. B. To shout loudly in order to interrupt someone  
8. C. A scientific expert especially one involved in technological research

# When You Should Have a Glass of Chilled Red Wine



By Nick Antonaccio

Wine, as a living, breathing organism, responds and reacts to its environment. Not only in the vineyard (microclimate, proximity to a body of water, sun exposure) but, just as importantly, in

the environment in which it is ultimately consumed.

I have found that my experience, my interaction, with wine is significantly impacted by that moment when a wine passes my pursed lips. Of course, my opinion of a wine is influenced by its aromas and taste, but at times these can be pale in comparison to its temperature.

This may sound trivial, or worse, misdirected. However, a conflicting temperature of a wine will invariably influence our opinion of it. Red wines served too warm, will taste flabby and muted; too cold, they are bereft of their aromas and taste. White wines are similarly affected.

Historically, red wines have been served at room temperature. Until the 20th century, this was consistent. The invention of controlled heating and cooling has altered our interaction with red wine. Historically, red wine was

*‘Historically, they have been served at room temperature.’*

served throughout Europe at 55 to 60 degrees, which was coincidental with the naturally cooled wine storage cellars of wineries and the ambient temperature of thick, stone-insulated walls of homes.

Today, a red wine ordered in a restaurant may arrive directly from a storage room lacking temperature control, under a bar or from a wall display in the main dining area. These wines tend to suffer from warm temperatures that affect our experience of the wine. In my opinion, this is unforgivable. When presented with this dilemma, I (sometimes) request that the bottle be placed in a tableside ice bucket for a few minutes to bring the wine closer to the ideal 55- to 60-degree range. My fellow diners were initially appalled at this behavior, but have now endorsed, but rarely practice, my proclivity.

I'm more obsessive at home, where I practice my 20/20 rule for red and white wines. Before serving a room temperature red wine, I place it in the refrigerator for

20 minutes before opening and serving. For white wines, I store them in the refrigerator in anticipation of serving them. I remove a bottle 20 minutes before opening and serving, bringing the temperature closer to my goal of 45 degrees.

Just as in every aspect of life, there are exceptions to the rules. Here's one: I enjoy certain red wines chilled beyond the norm of 55 to 60 degrees.

While the rule of thumb holds for the overwhelming majority of red wines, there are a number of lighter style red wines. These best express their characteristics at temperatures closer to that of white wines, 48 to 52 degrees.

Blasphemy? Heretical? Snobbery? Hear me out.

A red wine that is light-bodied tends to be less complex than its more robust counterparts. It will typically have lower tannins, higher acidity and be a bit fruit forward. An axiom to follow: cool the wines from cool climates. The skins are thinner and they tend to be more acidic

and floral. Chilling them allows their best qualities to shine, not sublimated or masked by relatively warm temperatures.

Which red wines? Here is my short list of wines I believe are enhanced by chilling: Beaujolais (France), Valpolicella (Veneto region of Italy), Zweiglet (Austria), Frappato (Sicily), Cabernet Franc (Loire Valley), Xinomavro (Greece) and a few Pinot Noir wines.

When it comes to Pinot Noir, it becomes a bit dicey. Lighter styles will benefit from chilling, but more complex styles will become muted and one-dimensional. The allure of many Pinot Noirs is precisely their complexity and subtleness. Seek out higher acid examples from Oregon or several Burgundy subregions.

From the effects of global warming on our lives to the warming effect of red wines on our palates, the impact of one is minor compared to the impact of the other. Unless you're living in a moment of isolated sensory pleasure.

Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted wine tastings and lectures. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at [nantonaccio@theexaminernews.com](mailto:nantonaccio@theexaminernews.com) or on Twitter @sharingwine.

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