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SMALL NEWS IS BIG NEWS

Volume 8, Issue 373

Locals Praise Astorino's Concern for Community

Political Success, Gubernatorial Run Hasn't Changed County Exec

By Janine Bowen

County Executive Rob Astorino may be behind in the polls in next week's gubernatorial race, but local residents who know him best and have followed his political career since high school aren't counting him out yet.

Growing up in Thornwood, Astorino attended Westlake High School, where he was involved in student government and frequently sought out leadership roles, according to former superintendent John Whearty. It came as no surprise to him when Astorino was elected to a seat on the Mount Pleasant Board of Education

while he was still a student at Fordham University.

As the youngest board member in the state at that time, Whearty said Astorino was a highly effective trustee, always financially responsible while working for what was best for students. Whearty recalled Astorino as someone who could tackle tough issues delicately and appreciated straight, honest answers.

"He certainly is not one that wants to hurt anybody, but he also knows that in this area it's pretty hard to keep living here if the expenses override you," Whearty said. "I think he's really a caring person."

Concern over the financial well-being of town residents is something that Astorino brought with him to the Mount Pleasant Town Board starting in 1992.

Former supervisor Joan Maybury, who ran alongside Astorino that year for

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County Champs!



Members of the Pleasantville High School boys' varsity cross country team captured the county championship last Saturday at Woodlands High School, the first time in school history the team won the title. Pictured, left to right, are Rebecca Demetropoulos, assistant coach, Head Coach Tom Patterson, Patrick Watts, Aidan McDermott, Eli Waxler, Eamon Coburn, Declan McDermott, JC Yahia, Drew Dorflinger and Assistant Coach Brett Alcantara.



County Executive Rob Astorino has long had the personal touch that has allowed him to connect well with others.

New Castle Considers Basketball Court in Town Hall Parking Lot

By Martin Wilbur

New Castle Supervisor Robert Greenstein is planning on earmarking money in the town's 2015 capital projects budget to convert the back corner of the Town Hall parking lot into a full-length outdoor basketball court.

Greenstein said that the issue was discussed most recently during budget meetings involving the town board and department heads earlier this month. Last summer, Recreation and Parks Superintendent Robert Snyder and a couple of residents also spoke at a board work session trying to come up with a way to make the plan a reality.

"Our town doesn't have a basketball court," Greenstein said. "A lot of people have tried to move this project along. We're hoping to be the first to get it done."

The only basketball courts in New Castle are contained within the Chappaqua schools. There are also outdoor hoops in the Robert E. Bell Middle School parking lot but those are for half-court games, Snyder said. Those courts also aren't conducive to competitive action because there are dips in the pavement caused by cars that are parked on the surface in warm weather, he said.

Snyder said there has been a lot of interest expressed by town residents who want to see a basketball court somewhere in town. The facility would be a big draw on weekends and in the evenings, particularly if the town also installs some lighting.

"I know the courts will get play," Snyder remarked. "I know if we build

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New Castle Considers Basketball Court in Town Hall Parking Lot

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it they will come out. This is a perfect example of that. It will be utilized."

A still undetermined number of spaces will be lost in the corner of the lot that is farthest from Town Hall and closest to the commuter lot, Greenstein said. Generally, parking is not an issue at Town Hall, especially during the times that the court will most likely be used, he said.

An issue could arise when there's a well-attended public hearing at Town Hall or some other function; however,

in those instances people could utilize the commuter lot that has a pedestrian path which connects with the Town Hall lot, Greenstein said.

While cost estimates are preliminary, Snyder said an 84-foot by 50-foot court that was recently installed in Bedford, the same dimensions of the proposed facility in New Castle, ran about \$105,000.

Greenstein said while the board

would have to approve the expenditure, the project will be proposed for next year's capital projects line for 2015 when the tentative budget is officially released later this week.

However, town officials have to decide what amenities they might want to add or delete, which would impact costs, Snyder said. For example, along with lighting, the town could consider a fence, benches and a water fountain,

he said.

The proposal is the latest recreation-related project that is being pitched by the town. About two weeks ago, the board heard a presentation from Dan Googel, a Master Plan commercial work group member, about the possibility of the town creating a bike and pedestrian path connecting Roaring Brook Road and downtown Chappaqua.

Mt. Pleasant Mulls Hiking Train Station Parking Fees

By Neal Rentz

The Mount Pleasant Town Board is considering raising fees at the town's train station parking lots to similar levels charged in other municipalities.

Town Clerk Patricia Scova requested a hike in the parking fees at the Hawthorne and Valhalla lots in a letter to the board earlier this month, which would also help the town maintain the lots. Scova said the town has seen an increase in parking at its commuter lots and is receiving complaints from commuters who are having difficulty finding spaces.

The town sold 946 annual parking passes for 2014, 36 of which were obtained by nonresidents.

Scova has asked the town board to hike the annual parking fee from \$215 to \$235

for residents next year. Parking pass costs have not been raised since January 2013.

Currently, nonresidents are charged \$500 for a yearly pass. Some nonresidents commute from New York City to work in Mount Pleasant, said Scova, who also recommended ending the sale of passes to nonresidents.

"We have always oversold, but not everyone goes to work every day," Scova said. "This past Tuesday there was not one space in the Valhalla commuter lot; usually there are 20 to 30 spaces that are open."

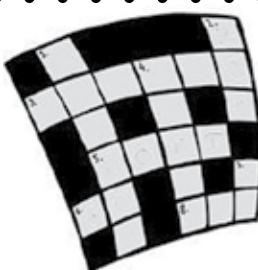
Scova submitted a list of parking fees, which indicated Mount Pleasant has the lowest rates among several communities in the area. For example, New Castle's annual parking fee for residents is \$425 and \$900 for nonresidents, she said.

Town board members said they should consider raising the parking fees even higher than Scova proposed. Councilwoman Laurie Smalley said the fee should be adequate to cover the town's costs of maintaining the train station parking lots.

Councilman Mark Rubeo said the board should consider raising the annual rate to \$250 for residents and \$650 for nonresidents. Under the current rates there are not enough open spaces in the lots, he said.

"The priority has to be residents," Rubeo said.

The board did not make a final decision on the issue at last week's meeting. No date was announced to continue the discussion.



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Locals Praise Astorino's Concern for Community

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another vacant council seat, remembered being impressed by how he worked with people to get them to understand difficult issues. She recalled his enthusiasm and energy on the board, where he served as deputy supervisor for six years, and said he was always well respected in the community.

Although Astorino, a Hawthorne resident, is often busy serving as county executive and more recently while campaigning for governor, it's not uncommon to see him throughout Mount Pleasant.

Michael Aerakis, owner of the Thornwood Coach Diner, said Astorino has been a regular customer for more than 20 years and still visits a few times a month, often with his family. Whenever he visits, Astorino always takes time to speak with residents about issues and their personal lives, Aerakis said.

"He's the best person in the town," exclaimed Aerakis, who said he would love to see Astorino elected governor.

Resident Margaret Gelardo, who has also known Astorino for more than two decades, described him as an honest and personable man who has always made

time to speak with people and address their concerns.

"He just is very down to earth and very in tune with the residents and with the community," Gelardo said.

Whearty said he has kept in touch with Astorino and is impressed that he's remained active in the community, even keeping his membership in the Mount Pleasant Rotary Club.

Whearty, a founding member of the organization, explained that even though Astorino no longer has the time to attend the club's weekly meetings, he always makes himself available for special events.

"We're very proud of the fact that Rob is a member and has kept his membership," Whearty said. "He knows so many of the people and they're so happy to see him, so just having him there makes a difference."

Whearty said he introduced Astorino, while he was president of his senior class, to Kevin Plunkett in the halls of Westlake High School. Plunkett, then an attorney for the school district, lead a leadership workshop with students, including Astorino. For the past five years, Plunkett has served as deputy county executive under Astorino.

Astorino is frequently described by those who know him as a family man. Gelardo said she frequently runs into the county executive at the supermarket or at church with his children.

She said he wants to make sure his family's life is as normal as possible, despite a highly visible position in the county and this high-profile campaign, but she believes that the transition from elected official to community member is seamless for him because he feels most comfortable when mingling with neighbors.

Although Astorino is the cousin of one of Gelardo's best friends, she didn't know him until he joined the town board while she was working as an administrative assistant to former supervisor Robert Meehan. At the time, she was impressed that somebody his age was able to be so polished. She said she isn't surprised Astorino is running for high office because he was always able to handle himself in the public eye so well.

While Astorino has achieved political success since she first met him in the 1990s, he hasn't changed much, which to Gelardo is the most important factor in his continuing popularity in the town.

"I've known him for so many years and I've seen him in different positions ... different circumstances, and he's always Rob and I think that that goes a long way," she said. "That's what makes him the person that he is, because I don't think that he's going to let any of this really change him."

Voting and Registration Information for North Castle Ward Vote

The Town of North Castle will be holding a special election on Thursday, Nov. 13 from 6 a.m. to 9 p.m. featuring two propositions: asking voters whether or not to establish a ward system and to increase the number of town board seats from four to six members.

The vote will take place in three locations. All Armonk voters will vote at the Armonk Fire House, Banksville voters will vote at the Banksville Fire House and North White Plains residents will vote at the North Castle Community Center.

All registered voters who are residents

are eligible to vote. For those residents who aren't registered, but would like to vote, there will be a personal registration day on Monday, Nov. 3 from 3 to 8 p.m. at the same polling places where the vote is being held.

Applications for special election absentee ballots are available at the town clerk's office in Town Hall or on the town's website at www.northcasatleny.com. Absentee ballots will be accepted by mail postmarked no later than Nov. 6, 2014 and in person no later than Nov. 12.

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'Tough' and 'Impatient' Cuomo Looks to Win Second Term

By Martin Wilbur

Watch Gov. Andrew Cuomo give a speech on television or hold a press conference in person, it's hard not to be impressed. There's a command and a presence that many don't have even at the highest levels of government.

However, in cynical times, especially when it comes to politicians, it's easy to wonder how much of what a seasoned elected official lets the public see is authentic.

For some of the people who have watched Cuomo, who looks to win re-election next week against Westchester County Executive Rob Astorino, and interacted with him on the campaign trail or in state government, that enthusiasm for public service and the positions he believes in are real.

"He's extremely passionate about the issues that he's advocating," Kathy Hochul, Cuomo's running mate for lieutenant governor, said during a recent visit to Mount Kisco. "I see it in his face. I hear it in his tone. He brings it out into the open because he is a person who cares so deeply about the residents of the state of New York."

While Cuomo, a New Castle resident, may not be referred to as "the steamroller" as former governor Eliot Spitzer was once ungraciously called, make no mistake that he is tough and smart. State

Sen. George Latimer (D-Rye) said it's no surprise given Cuomo's background in public life, from managing his father's campaigns to becoming a prosecutor, then as the head of the Department of Housing and Urban Development, state attorney general and now governor, that he has been able to get things done.

"I haven't interacted with him often but when I did have a few moments with him and we discussed some of the issues, he's not afraid to say 'I think you're wrong,'" Latimer said.

During the past four years, there have been issues that his predecessors were unable to advance or observers said couldn't be done, said outgoing Republican state Sen. Greg Ball, who has been Cuomo's representative the past two years. The tax cap, the Marriage Equality Act and getting the stalled Tappan Zee Bridge replacement project moving were all impressive achievements given the state's history of inertia, he said.

"In the first couple of years he was Spitzer without the hookers," Ball said. "I found him to be extremely capable, and being able to make the tough choices, and his honesty and being able to reach across the aisle in the Senate was refreshing."

However, in the past two years, there has been a shift to more partisan politics, Ball lamented, pushing agenda items



Gov. Andrew Cuomo, shown here in a 2011 visit to Pleasantville to sign the bill that enacted the state's 2 percent tax cap, is impressive in his knowledge of issues and his ability to navigate Albany, observers say.

But his resilience and his determination to see things through is evident. In one passage, he recalls how former governor George Pataki had announced that he was going to replace the Tappan Zee in 1999 but after 430 meetings and \$88 million spent, there was no concrete plan.

"My belief is that if we could build it in 1955, it can be built again in 2011," he said after taking office. "If you think we can't do this, excuse yourself. I don't want you involved. I'm not here to continue the state's culture of failure. I'm not interested in why things can't be done. I don't buy the same old, same old reasons for not trying.

That thinking ends now."

Hochul said it is that attitude and blunt approach that may rub some people the wrong way, but there's a reason for it.

"He's very impatient," she said. "He wants it done yesterday and we all understand time in public life is something that we both treasure and look at as a privilege, and while you're in office you have to use every single day to continue to have the faith of the voters."

that the state's Democratic leadership wants. He hopes that once the election is over, should he be re-elected, the Cuomo of 2011 and 2012 can return.

In his recently published memoir "All Things Possible: Setbacks and Success in Politics and Life," Cuomo outlines his initial rise to prominence, his crushing setback when he bungled his own primary campaign for governor against Carl McCall in 2002, and his triumphant return to public life.

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Mt. Kisco Residents Support Green Energy Initiative at Hearing

By Neal Rentz

Several speakers told the Mount Kisco Village Board last week that they supported the municipality enrolling in a program that would provide loans to commercial property owners for green energy projects.

Commercial building owners and others who spoke during the Oct. 20 public hearing said the village should

participate in the Energize New York program. The program offers incentives to make the commercial structures more energy efficient.

New lighting, boiler conversions and HVAC upgrades are among the clean energy improvements covered by loans obtained through Energize New York. Renewable energy projects include installation of solar panels, geothermal

and wind power.

To participate, municipalities must approve legislation to join a nonprofit energy improvement corporation. Loan payments would be part of the village's tax bill.

If a property owner fails to pay the charges, the village would be repaid through Energize New York. Municipalities would also be able to charge penalties and interest to delinquent owners. There are no fees for municipalities to become members.

Kent Thuesen, owner of the Mount Kisco-based CoGen, said Energize New York would provide commercial building owners the chance to make improvements that would significantly reduce energy costs.

Dawn Meyerski, executive director of the Mount Kisco Child Care Center (MKCCC), said the facility's Con Edison bill is currently between \$9,000 and \$11,000 per month. If the village participated, MKCCC could increase its energy efficiency, she said.

"We don't have upfront capital" to install green energy technology, Meyerski said.

Mark Thielking, executive director of Energize New York, said about two-thirds of participants are owners of co-ops and apartment buildings. The remaining owners have commercial and



NEAL RENTZ PHOTO

Kent Thuesen, owner of CoGen, expressed support last week for Mount Kisco's participation in the Energize New York program.

Mount Kisco Homeowner Interrupts Burglary; Detains Suspect for Police

A Bedford Hills man was arrested last Wednesday morning after a Lexington Avenue resident caught the suspect burglarizing his home and detained him for police.

Savino Avila-Jacinto, 34, of Buxton Road was charged with second-degree burglary, a Class C felony, at about 7 a.m. on Oct. 22. A second suspect fled the scene and was still at large.

Mount Kisco police said they received a call from the 48-year-old homeowner who was on the second floor of the residence with his wife and nine-year-old daughter and went downstairs to check out why the family dog was barking excessively. While doing that the homeowner confronted two men rummaging through the family's personal possessions, police said.

The two men tried to flee the home but the homeowner forcibly detained Avila-Jacinto and held him until police arrived. The second suspect, described as a short male Hispanic male with black hair and wearing a black shirt, escaped.

An undisclosed amount of cash was reported as missing from the residence and has not been recovered, police said.

Avila-Jacinto was arraigned before Village Justice John Donohue who set bail at \$2,000. Avila-Jacinto posted bail and was released from custody the same day.

Anyone with additional information regarding this incident, is asked to call the Mount Kisco Detective Division at 914-666-3855.

—Martin Wilbur

LIKE MIKE

Mike is a life-long resident of Westchester County. He grew up in White Plains and attended St. John the Evangelist School on Hamilton Avenue and Archbishop Stepinac High School. He graduated from the City University of New York, John Jay College of Criminal Justice with a B.S. in Criminal Justice.

He joined the White Plains Police Department, and was a member of the Patrol and Detective Divisions, being assigned to the Street Crime Unit and Vice Control Unit. He is the recipient of 33 awards for meritorious police work, including lifesaving. He then became a member of the Investigators Squad of the Westchester County District Attorney's Office as a Criminal Investigator, and was promoted to the ranks of Senior Investigator and Chief Investigator. While employed at the DA's office, Mike investigated and supervised investigations concerning organized crime, financial crimes, public integrity investigations, among many other types of investigations. He attended law school at night and received his Juris Doctor degree from Pace University School of Law.

After retiring from the DA's office in 2004, Mike went to work as an associate attorney in a White Plains law firm. In 2006, Mike began a solo practice in White Plains, focusing mainly on criminal defense and general litigation. He is a pro bono arbitrator for the City Court of White Plains. He is admitted in the states of New York and Connecticut, the Southern District of New York, and United States Supreme Court. He was recently a board member with the United States Department of Justice,

Operation Safe Streets, and is a Hearing Officer for the County of Westchester.

Mike serves as a member of the Town of Mount Pleasant Industrial Development Agency, which recently was instrumental in having Regeneron greatly expand their facilities in the town, which will provide jobs and will help support local businesses. He is also a district leader for the town's 28th election district, an elected position.

Mike is a member of the Friendly Sons of St. Patrick of Westchester County and is currently president of the Brethon Law Society of Westchester County, an Irish-American attorney association. Mike is an active alumnus of Stepinac and speaks annually at the school's career day.

Mike is an ardent supporter of law enforcement and is a proponent of fiscal responsibility. He has the ability to work well with colleagues on both sides of the aisle in order to get tasks accomplished.

Mike is a 22 year resident of the Town of Mount Pleasant, residing in Valhalla with his wife Betsy, administrator at The Windward School. They have 2 children Michael Matthew and Ryan Eileen, and their dog Reagan.

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P'ville Board of Ed Continues Spat With NYSSBA, Rejects Resolutions

By Janine Bowen

After recently agreeing to withhold dues to the New York State School Boards Association (NYSSBA), Pleasantville school officials last week took issue with some of the resolutions proposed by the organization for its upcoming conference.

Of the 13 resolutions that the board had the opportunity to review prior to sending a representative to vote at Sunday's conference, board members said several of them highlighted how NYSSBA is out of touch with its member districts.

One resolution unanimously opposed by the board suggested that the certification tests for future educators should be aligned with the Common Core Standards. In addition, they also opposed a resolution that suggested Annual Professional Performance Review (APPR) scores should be tied to student performance on state tests.

Board members have expressed concerns that NYSSBA is supporting the state's agenda rather than local districts.

"How could they propose something that is so out of the mainstream in terms of boards, certainly in this region, in our thinking," said Board of Education President Shane McGaffey.

In the resolution passed earlier this month, Pleasantville school trustees indicated they were concerned that

NYSSBA is accepting money from the state, and demanded that the organization provide full financial disclosure. As a result, they unanimously opposed a NYSSBA resolution stating, in part, that membership dues could potentially be increased by 4 percent. The board concluded it was wrong that the organization does not have to abide by the 2 percent tax cap as school districts must.

Another NYSSBA resolution proposed that member districts would no longer need to hold votes on school budgets that comply with the cap. It was unanimously opposed by the board.

"This is the one thing that people can vote on and taking away the public's power...did not seem like the right thing to do," said McGaffey.

Board members also opposed a proposal to provide increased funding for preschool education, which would only benefit New York City, where preschool is mandatory. Trustee Angela Vella said it is worrisome that the state is talking about preschool funding when full-day kindergarten still isn't mandatory. State funding would be better allocated to special education as opposed to preschool, trustees added.

On Nov. 18, NYSSBA Executive Director Tim Kramer will attend a Pleasantville Board of Education meeting to address trustees' concerns. NYSSBA Director of

Communications David Albert said the organization is aware of the issues raised by the district and is doing its best to be an organization that can accommodate all of its members.

"We never want to lose a member," Albert said.

He explained that the organization adopts its official positions based on votes from delegates sent by member districts to conferences. Albert acknowledged that the implementation of the Common Core and teacher evaluations are sensitive subjects, and said the position NYSSBA takes on these issues can change as members see fit.

As for financial disclosure, Albert said the organization releases a comprehensive report each year in its publication, On Board, which is distributed to all members. NYSSBA undergoes an annual audit and its treasurer delivers a financial report at its annual business meeting.

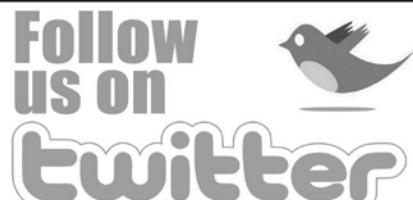
"There is a great deal of transparency," Albert said.

NYSSBA accepted \$250,000 through a one-time state grant that was earmarked for professional development, he said. The money was used to offer seven free workshops throughout the state to teach school board members about Common Core.

However, further highlighting the disconnect, Pleasantville trustees

supported two of the three resolutions submitted by member districts that NYSSBA recommended voting against. Both dealt with employee health care and the way districts fund and reimburse current and retired employees.

The board abstained from voting on a resolution that demanded greater diversity for those of different backgrounds. Although they agreed that diversity should be encouraged, they concluded the resolution is redundant because federal law and the Dignity for All Students Act already protect employees from discrimination.



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Police Blotter

Mount Kisco Police Department

Oct. 18: Report of an assault at a high school reunion party at the American Legion Hall at 11:04 p.m. One woman pushed another woman causing her to fall and hit her head on the concrete staircase. A 44-year-old Mount Kisco woman was arrested and charged with third-degree assault, a misdemeanor. The victim, a 48-year-old Venice, Fla. woman, was attended to by emergency medical personnel but did not go to the hospital.

Oct. 19: Report of criminal mischief at the

Bethel Baptist Church on Maple Avenue at 8:58 a.m. Sometime overnight an unknown individual threw a large rock that damaged a Plexiglas window, forcing the window in. There are no suspects at this time.

Oct. 20: A village resident reported at 2:03 p.m. that someone stole a tarp covering a backhoe in the back of his Dakin Avenue property.

Oct. 20: An officer responded to a report of an unconscious male in a tan Mercedes parked in a Green Street lot at 4:11 p.m. The officer discovered the man was taking a nap.

Oct. 20: Report of a larceny of three

handbags from T.J. Maxx on Main Street at 4:11 p.m. Witnesses reported seeing a black female fleeing the scene with the merchandise and remains at large. The value of the items was \$644.22.

Oct. 25: Report of an assault on Carpenter Avenue at 4:28 a.m. An 18-year-old male stated that he was assaulted by a 17-year-old male near his home. The alleged victim also stated that he was jumped by two to three males on Hillview Circle. However, both subjects appeared to be intoxicated when the responding officer arrived and were uncooperative.

Pleasantville Police Department

Oct. 18: A complainant reported at headquarters at 1:17 p.m. that on Oct. 15 an unknown male attempted to withdraw \$2,500 from his bank account at the Chase branch on Bedford Road at about 2 p.m. The transaction was not approved by bank personnel.

Oct. 19: A 28-year-old Pleasantville man was arrested at 5:11 p.m. and charged with exposing himself after he was seen urinating on Bedford Road. The suspect was charged with that offense because the village does not have an offense on the books for urinating in public, police said.

Oct. 20: A Manville Road resident reported at 1:07 p.m. that Halloween decorations were stolen from the front yard. The estimated value of the items was about \$220.

North Castle Police Department

Oct. 18: Armonk Ambulance dispatched to a Pheasant Drive residence at 3:25 p.m. for a child birth. Parties were transported to Northern Westchester Hospital.

Oct. 19: Caller reported at 11:13 a.m. a hit-and-run auto accident in the DeCicco Family Markets parking lot.

Oct. 20: Complainant reported at headquarters at 4:47 p.m. that someone cashed a fraudulent check against her account.



Obituary

Jane Dugan

Jane Ann Dugan, of Bethlehem, Pa. and formerly of Ossining, passed away peacefully on Oct. 18.

She was 91.

Dugan was the beloved wife of Patrick Dugan Sr. Last December they celebrated 67 years of marriage.

Born in Chappaqua, she was a daughter of the late William and Margaret McCormick. Dugan was a graduate of Pleasantville High School and received a bachelor's degree from Marymount College in Tarrytown. She was the director of career development and financial aid for Marymount College and the head of weekend college for Fordham

University concurrently for more than 30 years. Dugan was a member of Assumption Blessed Virgin Mary Catholic Church in Bethlehem (Colesville), Pa. She was a talented watercolor artist and exhibited in many galleries.

Surviving with her husband are her six children, Rosemary, wife of Robert Gay, of Wilton, Conn., Patrick Jr. and his wife, Betsy, of Pittsford, N.Y., Joan, wife of William Francy, of New Hope, Pa., Martin Dugan and his wife, Laurie, of Malibu, Calif., Karen, wife of Paul Willman, of Carmel, N.Y. and Barbara Wirick of Bethlehem, Pa.;

16 grandchildren; six great-grandchildren; and a sister, Margaret Kreg, of Virginia. She was predeceased by a brother, Michael McCormick.

A Memorial Mass will be held on Saturday, Nov. 1 at 11 a.m. at Our Lady of Pompeii Roman Catholic Church on Saratoga Avenue in Pleasantville. Burial will follow at All Souls Cemetery, located at 175 Marble Ave. in Pleasantville.

Donations may be made in her memory to the Parkinson's Disease Foundation, 1359 Broadway, Suite 1509, New York, N.Y. 10018. Visit her Book of Memories at www.falkfuneralhomes.com.

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Wildlife Experts Help New Castle Residents Understand Coyote Explosion

By Janine Bowen

With coyotes providing the Town of New Castle with an ongoing challenge, residents are taking steps to understand the animals and their presence.

On Wednesday evening, dozens of residents packed Town Hall for a presentation called "Wild Suburbia," a program sponsored by the newly formed Coyote Awareness and Safety Advisory Committee featuring three experts.

Dr. Chris Nagy, who runs the Wild Suburbia project with the Mianus River Gorge, explained that coyotes have called New York home since the 1920s due to the ideal conditions of fairly new forest growth. The animals are a common sight in towns and even cities across the country.

"Coyotes, going from the prairie out west, have colonized all of North America except for the high arctic and Long Island," Nagy said.

With the exception of roads, the suburbs provide the perfect habitat for coyotes because of forest land, a low number of predators, and food and water sources that are unintentionally provided by humans, he said.

Although most people are afraid of coyotes, they will generally ignore humans as long as they don't feel threatened. Statistically, humans are more likely to be harmed by a dog, Nagy said. Each year, an average of 4.5 million dog bites

are reported in the United States and 34 people are killed in dog attacks, compared to 142 total coyote attacks in the past 45 years and only two reported deaths.

Although coyotes aren't naturally fearful of humans, experts noted that it is harmful to allow them to become too comfortable. Coyotes are adaptive animals and can easily acclimate to their environment. Therefore, they will continually return to areas where they receive positive reinforcement.

Reinforcement, while usually unintentional, can come in the form of food or even dog toys that are left in a yard, which attracts the naturally curious coyote. Experts advise against feeding pets outside or leaving animals and children outside unattended. Keeping a lid on all garbage cans and using bird feeders that prevent seeds from dropping to the ground are also recommended.

Mary Paglieri, a behavioral ecologist and human-animal conflict consultant from California who participated in the event via phone, explained that coyotes will not actively seek out compost or small animals as a source of food, but are opportunistic and will utilize those food sources that are presented to them, especially if their natural food supply has dwindled. She noted that coyotes will respond to the changes that humans cause, but stressed that residents follow the guidelines to keep the animals at bay.



JANINE BOWEN PHOTO

Dr. Charles Nagy, one of the experts who spoke in New Castle last Wednesday night about how residents can protect themselves from coyotes.

"Something like this needs community cooperation," Paglieri said. "If you remove the source that may be attracting the coyotes ... the population will disperse, they'll look for greener pastures elsewhere. But one needs to be patient and it needs to be coordinated on a community level."

If a coyote is repeatedly seen on a property, Paglieri recommended using novel stimuli to deter the animal. It could be a large object, a sprinkler or light with a motion sensor. Although effective, residents must move the object every five to seven days so that the coyote doesn't adapt and find a way around it.

The experts also recommend hazing -- making loud noises to scare the animal. When hiking, it is recommended to stick to established trails to avoid encountering a den.

Nagy noted that residents ought to be mindful in the summer when coyotes have pups. If a person encounters a coyote in the wild that will not back down or move from its position between April and June, it is likely protecting cubs and the person should leave the area, he said.

Trapping or killing coyotes is a largely ineffective method of controlling the coyote population, which has grown over the years, because of the elimination of wolves that provided competition in the wild. Dr. Jonathan Way, a coywolf/eastern coyote researcher from Massachusetts, explained via phone that trapping is an "eye-for-an-eye approach" and doesn't guarantee a specific coyote being caught that may be posing problems.

In addition, it is easy for other animals, including pets, to get caught in the traps. Setting traps will also not deter coyotes because they are incapable of associating them with humans, Paglieri said.

Although there is a coyote hunting season in Westchester, Nagy explained that killing them can cause a population increase due to decreased competition which results in more mating. In addition, given New Castle's dense population, hunting would be nearly impossible.

"There is a season in New York for coyotes, and people are welcome to take advantage of it ... but it's going to be tough to hunt in the middle of town," Nagy said.

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Editorial

Murphy's Experience Key in Nasty Senate Race to Replace Ball

Neither Republican Terrence Murphy nor Democrat Justin Wagner have distinguished themselves in one of the nastiest campaigns in recent memory where issues have been overshadowed by juvenile jabs and a barrage of pointless media attacks that reinforce why so many people are disgusted and turned off by politicians.

Both candidates have a tough act to follow in the 40th Senate District trying to replace Sen. Greg Ball, who made an infamous name for himself with some zany antics, and both have made it difficult with their unscrupulous tactics to cut through the minutia and find some substance in what they're attempting to relay to voters who have been subjected to these follies for nearly two months now.

To highlight the hysteria generated through their campaign by sound bite, the last point in the proposed Women's Equality Act, which would allow for late-term abortions if the mother's health was at stake, has been so exaggerated by both sides for political gain it's a sad commentary on the two candidates.

The problem is this race carries great significance in the balance of power in the state Senate and thus can't be taken lightly, which is why so much money

has been pumped into both candidates' campaigns by political action committees. What voters have to decide on their own is which candidate has the experience and strength of his convictions to be an effective representative for his constituents.

Based on those factors, with five years on the Yorktown Town Board under his belt, as compared to no public service by his opponent, it is recommended that Murphy be given the nod for the two-year Senate seat.

During his time as a councilman, Murphy has been staunchly "pro-business" and tackled head-on the drug problem in the region before it was garnering headlines.

Wagner, rightfully so, has taken Murphy to task for not being in the forefront of opposing the planned natural gas pipeline expansion in northern Westchester, but, at the same time, Wagner has distorted Murphy's record on the issue. Murphy, and the other three members of the town board, voted to ask the state legislature for permission to possibly alienate parkland for the pipeline. It was a vote to justify the process.

Meanwhile, Murphy did vote to support a resolution calling for strict health and

safety conditions be imposed on Spectra Energy if the federal government okays the pipeline. The anti-"Murphy Pipeline" effort has really just been misguided hype.

On the issue of hydraulic fracturing, Murphy has been clear in his opposition, yet Wagner, who said he would vote to support a moratorium bill and a ban on fracking, also remarked "if there's a way to do it safely and create jobs, let's do it."

It's not the first time that Murphy has sought higher office, having come up short twice for county legislator, while Wagner put a major scare in Ball two years ago when he lost by only a few percentage points.

In a race that's tough to call, and with a lot at stake, having someone like Murphy in Albany who won't have to start from square one in learning the ropes, as a novice like Wagner would, could be more beneficial to constituents in the district in terms of getting necessary funding that communities have grown accustomed to expect with Ball.

Wagner seems to have good intentions in running for office, even stating he would quit his job with a top law firm to serve in the Senate. However, his inexperience in government is glaring and impossible to overlook.

Latimer's Steady Approach Benefits Albany, 37th Senate District

He may not often make headlines, but when it comes time for a reassuring voice and a levelheaded approach to legislating, the 37th Senate District benefits from Democratic Sen. George Latimer.

Latimer, who has more than 25 years of experience serving constituents since he was first elected to the Rye City Council, has shown his maturity during the past two election cycles for refusing to engage in gutter politics, particularly in 2012.

In an era where the slogan or sound bite is king, Latimer is able to successfully articulate points that are sometimes more nuanced than can fit on a palm card or home mailer. His attempts at explaining his reasoning, even if flawed, is greatly appreciated when too many candidates blindly follow the party script.

For example, as a member of the Assembly in 2011, Latimer voted against the tax cap because he correctly concluded that it failed to deliver the necessary mandate relief that was an essential but now ignored component that seemed sure to follow. It would have been politically expedient for him to vote for the cap to burnish his low-tax credentials and complain about the failure of the governor and the legislature to do anything about mandates.

Latimer voted in favor of the SAFE Act in the opening week of his first term in the Senate in January 2013, and stands by that vote, believing that on balance it makes the state safer. For certain, there were problems with portions of it, but the entire bill shouldn't be thrown out.

When there is a rush to either repeal or laud Common Core, Latimer agrees that it could help raise standards for districts that need to be pulled up but recognizes the one-size-fits-all approach is hurting other districts. School districts in the

37th Senate District are as diverse as the Yonkers city school system, which could benefit from improvements outlined in Common Core, and Byram Hills and Bedford, which have typically exceeded what the standards call for.

Along with many school officials, Latimer is also uncomfortable with the data collection piece.

Latimer's opponent, Republican Joseph Dillon, who joined the race late, has run an earnest campaign. While there are sharp differences that contrast the two candidates, and certainly many truths to Dillon's criticisms of Albany's ethics failures and clubhouse politics, too many times he falls into a pattern of pat answers, making it appear that solutions are simpler than they really are.

Who wouldn't want across-the-board tax cuts? But lower taxes aren't necessarily going to retain and attract residents and businesses to the state.

Even with its myriad problems, all-out repeals of the SAFE Act and Common Core may be popular in some precincts but what about losing some of the redeeming features of those laws?

While Dillon has an impressive personal resume, having worked in the private and public sectors, Latimer's experience and grasp of all sides of an issue makes him deserving of another term in the Senate.

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Editorial

Lowey Still a Solid Choice for Congress After All These Years

It's usually pretty easy to make an argument why an elected official should be turned out after serving for a certain length of time.

Perhaps certain representatives have become complacent or if they are older and suffering from a serious health malady they may not have the ability to serve as effectively as they once had.

On occasion, change for the sake of change can breathe new life into a district. Then there are the proponents of term limits who believe that regular turnover is healthy for the democratic process and prevents corruption.

Sometimes any of those arguments can be true, although in most fields, when you need an important job done, typically a person with the most experience and best track record is sought.

In the case of Rep. Nita Lowey, a 26-year veteran in the House of Representatives who has spent the last third of her life in Congress, she is clearly the candidate with the most experience and best track record for the

17th Congressional District in 2014.

Perhaps you can take issue with Lowey on any particular issue, but not her drive and passion for the job. Moreover, she has been a tireless representative for the people of Westchester and Rockland, not only concentrating on the large issues, but also on constituents' services that might involve helping an individual, such as a veteran, wade through a problem with benefits or the VA, or trying to get legislation passed where college students could save some money if they were allowed to refinance their loans.

As the ranking Democrat on the critical Appropriations Committee, she is a valuable resource for the district, even as the country endures a Congress that is as polarized as any time in the nation's history. While perhaps her ability to get things done has been hampered since the Republicans took over following the 2010 elections, her willingness to work with moderate Republicans is a hopeful sign.

At this point, with a war weary U.S. having been embroiled in combat for much of the last 13 years, it is prudent for her to view sending ground troops to Iraq to fight ISIS as a last resort.

And while the economic recovery has at times been at a snail's pace, there has been steady progress. If re-elected, it would be nice to hear her more ideas from Lowey on how to better address income inequality and prepare our upcoming workforce for the high-skilled jobs that are unfilled.

Chris Day is a new and refreshing voice who has put thought, time and effort into various proposals, particularly how to stimulate the economy and create jobs.

As much as Lowey's age--78--shouldn't be held against her, the same is true for Day, who at 29 years old has impressive credentials. He earned a bachelor's degree from Yale in political science, was a former U.S. infantry officer who served for 14 months in Iraq and Afghanistan and works for

a venture capital firm that invests in Israeli tech startups.

Unlike parroting many other Republicans who call for knee-jerk tax cuts as the answer for most economic ills, Day has a complicated but intriguing plan to provide tax incentives to corporations if they lift stagnant wages, prevent outsourcing overseas and place controls on executive compensation. If certain criteria is reached they receive a sizeable tax break, a rate of about 13 percent. If not, the current 35 percent rate remains in effect.

However, at this time the U.S. shouldn't be racing to put troops again into Iraq until there is greater urgency. Furthermore, criticizing Lowey for the FAA's brief interruption of flights to Tel Aviv when unrest surfaced there last summer when Lowey is one of the staunchest pro-Israel representatives lacked credibility.

For voters the choice should be clear on Nov. 4: Lowey has earned a 14th term in Washington.

In Race of Two Strong Candidates, Mezzancello Gets Nod in North Castle

In off-year elections, it would be easy for a political party or a potential candidate to wait until a full term is at stake before deciding to run.

That's especially true when winning an election would get the victorious candidate only a single year on the town board--and another election in 2015, if he would like to go through the trouble again.

Next Tuesday in North Castle, voters will decide who will serve the unexpired term of Supervisor Michael Schiliro's old town board seat following his victory last November.

In next week's race, voters have a choice between two strong contenders who each merit careful consideration for the Town Board. There is the current councilman, José Berra, who finished third in the 2013 town election and was appointed in January to fill Schiliro's empty council seat.

Squaring off against him is planning board member Guy Mezzancello, who also has one previous unsuccessful run to his record. In 2009, he challenged Christopher Carthy, also now on the planning board, and the late Becky Kittredge for the Democratic nomination for supervisor.

Last spring, Mezzancello was approached by the town's Republican Committee and has since registered

with the GOP. Berra, formerly an independent, has now registered as a Democrat.

Regardless of party labels, trying to figure out who is more capable or who would be the better choice for the town is a tricky and difficult challenge. Once Berra was seated he required virtually no learning curve, quickly understanding most issues and asking good questions when he didn't.

Mezzancello is equally versed on most matters, particularly pertaining to zoning and planning.

Furthermore, both have extensive experience as community volunteers.

Based on his three years of experience on the planning board and the fact that the town is in the early stages of updating its Comprehensive Plan and may have a few other important zoning and planning-related issues on its plate, Mezzancello merits the slightest of edges in the upcoming race.

Furthermore, Mezzancello has provided a couple of ideas that should be explored. First, regarding the stalled Brynwood Golf & Country Club application, he is the first candidate to suggest a compromise. While preferring the number of residential units be limited to what is permitted in the current zoning, Mezzancello holds open the possibility of perhaps 60 to 65 units

instead of the currently proposed 88 if that is the difference between losing and saving the open space of the golf course.

Second, in considering additional locations for affordable housing, he suggested a property on Washington Avenue in North White Plains, the former United Rental parcel, that could at least be explored for more units.

Mezzancello also would like to more aggressively seek out additional parking for downtown Armonk beyond what is planned behind the Hergenhan Recreation Center because he believes that will not keep up with demand.

If Berra were to retain his seat next week, there would be no drop off in service to the residents of North Castle. The only minor quarrel with his voting record was his lack of support

of developer Michael Fareri's changes at the old lumberyard, because there wasn't a guarantee that the smaller building of 14 units would be entirely affordable.

One issue next week's candidates should reconsider is their hard-line stance on the issue of condo taxation. Both are against Brynwood or any other developer benefiting from selling condominiums and having the buyers receive the lower taxation. For the past 50 years, the state has allowed for that disparity, presumably to encourage varied types of housing.

North Castle, particularly Armonk, doesn't have a great diversity of housing. Much of that is due to its infrastructure and the lack of much public water and sewer. Not budging on the taxation issue could also be a contributing factor.

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Editorial

Abinanti Deserves More Time to Make Policy Moves in 92nd Assembly District

At a time when government is in transition and corporate models are being proposed as solutions, the experience of a sage politician who has seen time on both the local and now state levels is beneficial.

This is especially true when there is contention about who has what responsibility for different services and where the money to fund those services will come from.

Tom Abinanti has been working for constituents for over 20 years, but it is those years of experience that are giving him the perspective that the tough decisions before the state legislature requires.

Besides, if term limits is what the Republican caucus is asking for because it wants to find a way to get the Democrats

out, then Abinanti should still be given the chance to seek re-election to a seat he has held for only one term.

Mike Duffy is trying to make a major leap from the ranks of district leader to state assemblyman. He claims the seat is owned by the people and that he would make decisions based on what the people want, not what he wants.

It is difficult to know what that means exactly.

When it comes to energy policy, Duffy thinks nuclear power plants are fairly safe and he generally approves of hydrofracking, but he doesn't want to hurt the environment. Nice try, but that generally is no position at all.

The same things goes for his position on Common Core Curriculum, Duffy is

pretty sure he doesn't like it but he needs more information as to why.

He also seems not to be unaware of what bus rapid transit is, favoring light rail transit because "the buses would get stuck in the traffic."

Duffy would have to spend a lot of time catching up on the issues. He's got the good intentions, but there really isn't the time, and the risk is too great.

Abinanti, on the other hand, is very clear about the fact that he is in Albany to make policy decisions and he's being smart about it.

Abinanti's is big-picture thinking with a view to how the inner clockworks can run smoothly.

He's also not afraid to take on his own party and step up with an alternative

view, no matter what the going trend and pressure from Gov. Cuomo's camp. He's also ready to stop the clockworks when they are obviously broken and call to task the administrators making mistakes as he did in calling for the Commissioner of Education to step down because he had leapt out of the box on Common Core without asking anyone who would be involved in the process.

Abinanti will advocate for the good causes, a small voice trying to get funding for people with disabilities and he's continuing the fight when no one else seems to want to step forward.

Abinanti is not a risk, he is a solidly good choice and a legislator who deserves to continue to work for the 92nd District.

Column

Voters Should Support Redistricting Reform, Paperless Bills Propositions

By Sandy Galef

This Election Day there will be two proposals on our ballots to amend our state Constitution.

Proposition 1 calls for reforming the legislative redistricting process. Proposition 2 streamlines the state

legislature to allow the use of technology and create a paperless legislature. I ask that you vote "yes" on both of these changes.

Proposition 2 is straightforward. When our constitution was written it required that all bills introduced, of which there were approximately 18,000 this year, be

printed on paper on legislators' desks for at least three days prior to being voted on.

This amendment would change our constitution to eliminate the paper requirement and allow for the use of electronic or digital review, saving us money and eliminating the need for printing and recycling of huge numbers of paper bills, simultaneously protecting our environment. The three-day rule of review would still apply, but tablets, laptops or the latest technology available could be used. Paper copies of bills would be available upon request, but no longer be mandatory.

Proposition 1 is much more complicated. Right now, every 10 years after the U.S. Census is completed, the state legislature creates new districts for the Assembly, Senate and United States Congress, based on changes in population. The political parties that control each house make the decision for that house. The minority parties have virtually no role in the decision-making process.

This amendment would change this to require a Redistricting Commission comprised of 10 individuals— eight equally representing each of the major and minority parties in each house and two selected by those eight commission members. Those two cannot be registered for the past five years in either the Democratic or Republican Party. There are other restrictions for the commission members such as not being a state or congressional elected official for the past three years, not being a lobbyist, or

employed by the executive or legislative branch or a political party chair.

The new Redistricting Commission will conduct 12 statewide public hearings and then develop a redistricting plan based on specific criteria including an equal number of people required in each district; communities of interest would be protected; minority voting rights would be guaranteed; and boundaries would be kept contiguous and compact. This plan will be submitted to the legislature for approval. If it is not approved, it will be revised and submitted again for approval. If it fails to get approval again, the legislature will have to create a plan following the same guidelines--now written in the state constitution.

This proposal may not be perfect, but it is certainly better than what we have today with only the legislators in the majority parties creating their own districts to protect their majority status. This proposal gives us the best possibility of having an independent process for reforming the legislative redistricting procedure. It was difficult to get legislators to even vote for this modest proposal, so I believe it would be nearly impossible to achieve what may be better options proposed by other groups. Without your "yes" vote it may be our last opportunity for decades to try to accomplish this very important goal.

Assemblywoman Sandy Galef (D-Ossining) represents the 95th Assembly District.

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Rebecca Cohen, Author Pleasantville

By Janine Bowen

The shelves at The Village Bookstore in Pleasantville are now home to the latest novel by a local author.

Rebecca Cohen recently released her newest book, "Into the Light," a young adult fantasy that will serve as the first installment of a three-book series. "The Fallen Shadow" series focuses on a war between angels and fallen angels, and the part-human girl who gets caught in the crossfire of the conflict.

Although the novel focuses on heaven and purgatory, Cohen said she is not a particularly religious person. She does believe in angels and has always been fascinated with the idea of the creatures.

"I've just always had my own beliefs about it and I have a very vivid imagination, so I always like to take things to the next level," she said. "I believe that angels exist; I don't necessarily believe they have the white wings as people have always imagined them, but I've always been open to the concept."

The book, which debuted Sept. 19, is the third to be published by the Pleasantville author. Cohen has previously released the

two-book "Midnight to Sunrise" series, a vampire tale that she originally intended to release as a trilogy before deciding that she didn't want to push the story too far.

Cohen said she has always expressed an interest in vampires, but didn't care for the 'Twilight' series, which was popular at the time.

"I always loved the vampire genre but I wasn't a big fan of 'Twilight,' so I decided to do something on my own ... putting a spin on the whole vampire genre," she said.

Cohen, who currently works for the Dudley Media Group as an entertainment reporter for its online magazine, said that she has known she wanted to write professionally since she was eight years old. Growing up in New Rochelle, Cohen recalls visiting her grandmother's house and having fun writing short stories on an old typewriter. She said her love of storytelling was sparked by an elementary school teacher who had students keep a weekly journal.

"I think I've always known this is what I wanted to do, I just never was able to finish a story until the first book that I



put out, [which] was actually the first full book I ever finished," Cohen explained.

Cohen said that it took her so long to complete a novel because she struggles to stick with one idea. She said that she would often get 50 pages into a story when a sentence or phrase would spark another idea that would shift her focus to another potential book.

Cohen, 32, said that she prefers to release her stories in multiple installments so that readers can sit down and enjoy the book in one sitting if they choose. It also allows the reader to take a break from the installments and gives them time to crave more.

Just one month after the debut of "Into the Light," Cohen is already fielding

questions from readers as to when the second installment of the series will be released, saying they are excited to learn the fates of the characters. An avid fan of fantasy shows like "Supernatural" and "Battlestar Galactica," she was thrilled when she received feedback from actor Rick Worthy, whom she has always admired, saying that he enjoyed the book.

The writing of the second installment of "The Fallen Shadow" series is underway, with Cohen trying to decide which direction she wants the narrative to take. In the meantime, she celebrated the release of the first novel with a signing at The Village Bookstore earlier this month, which she said was a great experience that allowed her to speak with readers about the book.

Cohen has called Pleasantville home for the last two years, after she moved there with her husband, David Schwartz. They are currently living on the same street where Schwartz grew up. After spending years in New Rochelle, she loves the small-town feel of the village.

"New Rochelle isn't a small town and I love that small town feel," Cohen said. "I always find it really entertaining when I go out ... and we're stopping every few minutes so we can say hello, and I don't get that in New Rochelle."

Cohen will have another book signing Nov. 7 from 7 to 9 p.m. at Coffee Labs Roasters, located at 7 Main St. in Tarrytown.

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Mrs. Green's Looks to Move Forward; Eyes Expansion Plans

By Martin Wilbur

During the first six months of 2014, mention the name Mrs. Green's Natural Markets to anyone in Mount Kisco and the surrounding area and chances are the image of picketing workers comes to mind.

Before Pat Brown came aboard as CEO of Natural Markets Food Group in July, the parent company that operates Mrs. Green's in the United States and Planet Organic Markets in Canada, he was determined to change that image.

In the first two weeks of Brown's tenure at the Irvington-based corporation, the decision was made to bring the eight employees who were fired last winter back to work, he said.

After they were let go, representatives of the United Food and Commercial Workers Local 1500 said the company's actions were retribution for the employees attempting to organize.

Brown said it was important for the company to show the public that Mrs. Green's takes its commitment to its roughly 700 workers seriously.

"As a business, if we are as focused on our people as we are on our customers, generally a high level for both of them, the business is going to be successful and you're going to have a business that everybody is very attracted to, both

customers and (workers)," said Brown, who declined to comment on whether his hiring was directly related to the labor strife.

"There's nothing I can do about the past but I can be really purposeful and focused on how we treat people going into future," he added. "That's where my attention is."

Messages left for Joseph Fedele, director of new media and research at Local 1500, were not returned.

Mount Kisco Mayor Michael Cindrich said he was adamant about bringing the two sides to the table to find a resolution after about six months of demonstrations outside the Lexington Avenue store. Anytime there are long-term protests at a location it isn't good for business, Cindrich said.

"It's a very noticeable location whether you're coming from Armonk or from New Castle," he said. "The area is the gateway into the village and you don't want to see that driving into the village."

Putting the Mount Kisco labor episode in the past is important because the company can focus on the explosion of the natural/organic movement and the emphasis on farm-to-table products.

Mrs. Green's opened its first stores in 1991, with Mount Kisco being its fifth location, he said. Currently, there are 16



MARTIN WILBUR PHOTO

Pat Brown, center, CEO of Natural Markets Food Group, the parent company of Mrs. Green's Natural Markets surrounds himself with staff at the firm's headquarters in Irvington.

Mrs. Green's in the U.S., with all but the Chicago store in the tri-state area. One of Brown's top tasks is to help the company formulate its strategy to determine which markets to expand into next. By the end of the year, he expects that the expansion plans will be in place.

"We want to be in neighborhoods where people don't necessarily have the ability to (buy), or the access to, healthy products," said Brown, 55, a native Iowan who left his position as chief operating officer at New Seasons Market, a natural food retailer in Oregon to come to Westchester. "We want to be in these

neighborhoods. We want to be focused on health."

The natural/organic movement and taking greater interest in where your food comes from is partly the reason for the popularity of farmers markets locally, he said. Even though the markets could temporarily impact a Mrs. Green's on a Saturday, it actually promotes what the store sells, Brown contended.

"The more people are exposed to it the better, because when the farmers markets aren't there, where can they go to get that stuff? It's us," Brown said.

Over time, Mrs. Green's also hopes to become more involved in very local farms and growers in the communities they serve, he said.

Brown acknowledged that the prices are more expensive, but he quickly pointed out that because what's sold is fresher than preservative-laden product at a conventional supermarket, it will last longer.

Being committed to customers as well as employees, some of whom have been with the company for 15 to 20 years, will be a permanent goal moving forward, Brown vowed.

"We want to build stores that feel like home to our customers and if you do that, then it feels like home to people that work here," he said.

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Food Bank Launches Turkey Drive to Help Needy at Thanksgiving

By Janine Bowen

With the holiday season rapidly approaching, many people are preparing to sit down with their families for a Thanksgiving feast. But for many local families, a holiday meal wouldn't be possible without the Food Bank for Westchester.

There are more than 200,000 Westchester residents who are hungry or at risk of being hungry, and the demand for meals increases around the holidays, said Ellen Lynch, the Food Bank's executive director. To help address this issue, the Food Bank in Elmsford launched its second annual Thanksgiving Turkey Drive on Oct. 22.

"As the holidays are coming, and Thanksgiving in particular, food has an even more important, heartfelt place for everyone and it sort of speaks to the connection to family and celebration and gratitude," Lynch said.

With a donation of \$25, Food Bank for Westchester is able to purchase two turkeys that will be given to residents in need. People can donate through the organization's website as well as via text message by texting "FB4W" to the number 88500. In 2013, the organization received more than \$20,000 from text donations.

Last year, the drive was able to raise enough money to provide more



JANINE BOWEN PHOTO

Deputy County Executive Kevin Plunkett, left, and County Legislator Michael Smith, right, flank representatives of the Food Bank for Westchester and Stop & Shop last Wednesday as they announced the second annual Thanksgiving Turkey Drive to provide meals at next month's holiday for needy families.

than 4,000 turkeys. This year, the organization has set its goal at 5,000. Lynch explained that the call for more turkeys isn't due to increased need, but rather because of new partnerships with member agencies that will help distribute the food to more families.

Wilma Joseph Dolcy, community service director for Beulah Church in Mount Vernon, said that her organization provides meals for community members, many of whom are unemployed or homeless, two times per week. This is the first year that the

church has partnered with the Food Bank and more than 300 residents have already pre-registered to receive a turkey when they are delivered next month.

"It will help them a lot this year because last year we were getting a lot of people who were calling, asking if we were giving out turkeys, and we could not do it last year so it's a godsend this year," she explained.

Supermarket chain Stop & Shop has also partnered with Food Bank for Westchester with its Charity Hunger Box program. Beginning Nov. 14, shoppers at any local Stop & Shop can purchase a decorated box filled with store brand trimmings such as stuffing and cranberry sauce to donate to the Food Bank. Arlene Puttermann, Stop & Shop's director of public and community relations, said that more than 23,000 of the boxes were delivered to food banks across the tri-state area last year. At \$10 per box, she said that the ability for a customer to see the items that are going to families is what drives donations.

"The important part of this is that it's something tangible that a customer is buying...they know that this is food that is going to be given to a local food pantry. They see it, they feel it, they touch it," Puttermann said.

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Veatch Documentary at Jacob Burns Highlights Teen Substance Abuse

By Neal Rentz

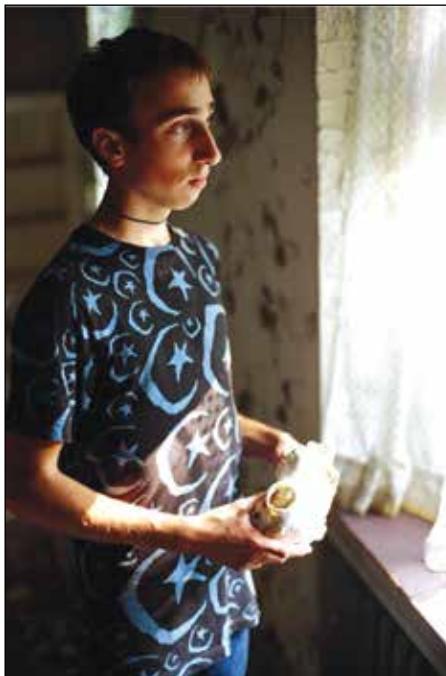
"Whispering Spirits" is a title with great significance for Jeffrey Veatch. It is one of the songs written and performed by his late son, Justin, an immensely talented musician who died from a drug overdose in 2008 as he was starting his senior year at Yorktown High School.

"Whispering Spirits" is also the name of the documentary that will be presented Nov. 2 at 7:30 p.m. at the Jacob Burns Film Center in Pleasantville. The 27-minute film shows how the Veatch family struggles with Justin's death and how they reconnect with him through the music he recorded and left behind.

The event is being presented in partnership with Pleasantville STRONG (Safe Teens, Real Opportunities, New Goals), a newly formed community coalition dedicated to creating and supporting teen substance abuse prevention strategies.

Music from the CD "Permagrin: The Music of Justin Veatch," originally released by Polyvinyl Records, is also featured in the film as well as other original music that had never been released. The CD is a combination of songs recorded by Justin and other bands performing his music.

The film took two years to make and is a collaboration by Westchester natives Sean Gallagher, the documentary's director and editor, and director of photography Justin



JEFFREY VEATCH PHOTO

The life and music of the late Justin Veatch is featured in the documentary "Whispering Spirits," which will be screened Nov. 2 at the Jacob Burns Film Center in Pleasantville.

Drobinski. Following the free screening, a panel discussion about underage substance abuse in Westchester will be held.

The family, which also includes Jeffrey Veatch's wife Marina and daughter Elena,

agreed to participate in the documentary "to honor Justin's legacy," Veatch said.

"It was very emotional for us," said Veatch, who was pleased with the documentary after he watched it for the first time recently in a screening room at the film center.

Justin Veatch died in his bedroom at the family's Yorktown home on Sept. 8, 2008. Justin, just 17, had been experimenting with drugs and died after taking a small amount of heroin, Veatch said.

The family has been seeking to educate parents about noticing warning signs of drug use through the nonprofit Justin Veatch Fund, which they created in 2009. The fund awards scholarships to talented teen musicians each year and offers emerging talent the chance to collaborate musically with their peers while guided by professionals. It also co-sponsors monthly open mic nights in Yorktown.

Sunday's post-screening panel will include John Mueller, a Yonkers police captain and member of Pleasantville STRONG; Ellen Morehouse, executive director of Student Assistance Services Corp.; Lilly Neuman, community outreach and education coordinator for St. Vincent's Hospital; and Jacob Burns Film Center Executive Director Edie Demas.

Pleasantville STRONG member and village Trustee Colleen Griffin-Wagner said the organization believed the film

and panel discussion was a logical and potentially powerful combination, along with a way to attract youths to the event.

The organization, a coalition of police, parents, teachers and other community stakeholders, is looking for new ideas to prevent youths from engaging in alcohol and drug use, Griffin-Wagner said.

She also said the film center's involvement was sought because it had helped the school district's Special Education PTA.

"Our hope is parents and children will see the film together," Griffin-Wagner said.

Veatch is the creator of "A Message from Justin," a 40-minute multimedia presentation that he has shown to nearly 20,000 students, primarily between the ages of 13 and 16, in the tristate area as part of talks he delivers to youngsters about how they can take care of themselves and overcome adversity.

Because seating is limited, reservations are requested. To obtain free tickets, RSVP by e-mailing Lori Zakalik at lzakalik@burnsfilmcenter.org with the subject line "Pleasantville Event." A trailer of the film being shown can be seen by visiting www.whispering-spirits.com.

For more information, call 914-747-5555 or visit burnsfilmcenter.org.

For more information about the Justin Veatch Fund, visit thejustinveatchfund.org.

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Mt. Kisco Halloween Window Painting Still a Hit

Decorating store windows for Halloween has a long tradition in Mount Kisco.

Last Friday, students in grades 2-5 from Mount Kisco and West Patent elementary schools used their artistic talents to create Halloween scenes filled with pumpkins, ghosts and witches. The Mount Kisco Chamber of Commerce provided the funding for the pieces of acetate that were used for the drawings.

Almost 20 merchants on Main Street and South Moger Avenue graciously



Mount Kisco Brownies above and left, help decorate the windows of downtown stores for Halloween last Friday.

offered their windows to the children.

"More than 50 years ago I painted on these windows," said Recreation Commissioner Linda Cindrich. "I have very fond memories of it."

More than 40 children signed up to be part of this annual event sponsored by the Mount Kisco Recreation Department. This year the recently formed Mount Kisco Council for the Arts got involved as well.

"We are thrilled to be able to collaborate with the Mount Kisco Recreation Department on this wonderful Halloween tradition," said Judy Simon, who was instrumental in creating the Council for the Arts. "Going forward, we are hoping to support and bring more arts programming to our community for everyone to enjoy."

The drawings will be on display for viewing until Sunday, Nov. 2.

New Castle to Host Downtown Chappaqua Halloween Friday Afternoon

Calling all ghosts and goblins, pirates and princesses! The Town of New Castle and Kiwi Country Day Camp will present Downtown Chappaqua Halloween this Friday, Oct. 31 from 1 to 5 p.m. Residents are invited to trick-or-treat at their favorite local BOO-tiques.



This fun family event will feature lots of candy, a photo booth, fun characters and giveaways.

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For more information contact Supervisor Rob Greenstein at RGreenstein@MyNewCastle.org.

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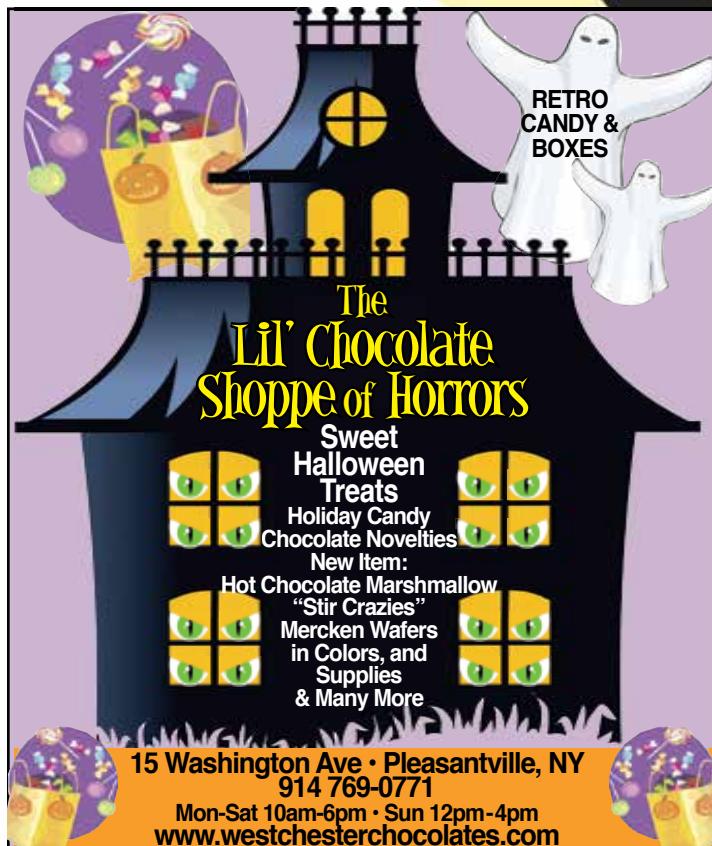
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When it's Tough for Retirees Scaling Back and Moving On

Like many people at my stage of life, I'm planning projects for not just one house but for two, as I prepare to move from an oversized house to a brand new smaller one, a beautiful new condo with many nice amenities.

I'm organizing what needs to be done with my current historic property, not to sell it as most people would do when they move on (I'm leasing it to my PR business and for a satellite office for my real estate company), and what things my wife and I will do to decorate our new digs.

The double-duty job has my wife and me down to our last nerve, as I used to hear people say in the south as a child, especially "the wife."

Through the years, I have worked with many clients in the same boat: people of retirement age who are moving on with their living arrangements, even if they're not fully retiring.

In some cases, it's a joyous occasion, a time to prepare for enjoyment of the golden years but, depending on circumstances, it can be the most stressful. From personal experience and an article I read earlier this year in The Wall Street Journal, I learned more about how to advise clients to better prepare for retirement when it comes to housing options.



By Bill Primavera

It's odd, considering that for most people, their house is their biggest asset--and their biggest expense. But when it comes to retirement planning, their house most often falls to the bottom of the list involving changes in later life.

There are many reasons for not wanting to face the music about moving on. Our homes are filled with memories for all of us and emotionally it's hard to let go of them. Also, let's face it, moving is a hassle at any age, and downsizing to a smaller home isn't always the cash cow it's made out to be. That was the sad case for many who got

caught up in the Great Recession.

But experience shows that while most wait until well into retirement before moving to a smaller house or condo, it's much smarter to downsize sooner rather than later.

The financial benefits may not seem significant at first, but over time they can make a meaningful difference in extending the life of a nest egg. Also, there are lifestyle considerations, such as being in a community with others of similar age. Most importantly, making a move before one spouse dies can ensure that the surviving spouse or the couple's children won't have

to deal with the stress of emptying and selling a big house.

Some financial planners say that the reluctance stems from the idea that trading a house with a paid-off mortgage for a rental or a condo with maintenance fees will involve higher monthly costs, but that's a false impression. Actually, a home's hidden expenses, such as maintenance for a roof, a boiler, heating and landscaping can far exceed condo fees or monthly rental costs.

Also, retirees might have a desire to hold on to a house where their children were raised so that they and their grandchildren can visit, when actually it's far cheaper to put them up in a hotel room rather than clinging to a four-bedroom home.

Property taxes are also a growing burden, especially in our region. Who needs a good school district and the high taxes it demands when the children are long gone?

The aging process itself makes it harder to move. It is physically and mentally exhausting, even at a young age, and it's much more daunting for older adults. And once a spouse dies, it's even harder to move from a home that a wife and husband shared for decades. In such cases, the responsibility for helping take care of a house, and ultimately selling it, often falls to the children.

According to The Wall Street Journal article, downsizing can have a big impact

on a retiree's financial plan. Even with the mortgage paid off, housing often accounts for 30 percent of retirement expenses. For those trying to assess the financial benefit of downsizing, the Boston College Retirement Center has a new online tool. It's available at squaredaway.bc.edu and can be found by clicking the "Housing" link at the bottom of the page.

It's about more than just money. I was in New York City last week to attend the Cabaret Convention, and the couple sitting next to me with whom I struck up a conversation had sold a large home in the suburbs to buy a small apartment in the city, specifically to attend cultural and theatrical events in Manhattan.

This is how we wanted to spend our retirement, and we are loving it," the woman said. "'We're using our nest egg from the sale of our home, having a doorman and security, enjoying restaurants and a very active cultural life."

Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc., the longest running public relations agency in Westchester (www.PrimaveraPR.com), specializing in lifestyles, real estate and development. His real estate site is: www.PrimaveraRealEstate.com and his blog is: www.TheHomeGuru.com. To engage the services of The Home Guru and his team to market your home for sale, call 914-522-2076.

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Visit The Great Jack O'Lantern Blaze and Some Great Dining

By Jerry Eimbinder

Croton-on-Hudson offers many nearby dining options for The Great Jack O'Lantern Blaze attendees or summertime manor-house tour takers.

Blaze is held annually at the Van Cortlandt Manor on South Riverside Avenue by Historic Hudson Valley, a nonprofit organization formed to preserve the history, culture and traditions of the Hudson Valley region.

A truly one-of-a-kind experience, Blaze provides awesome displays of bright, glowing jack o' lanterns arranged in massive ensembles of Halloween-inspired spooky scenes. Erie music and sound effects add to the fun. In its 10th year, the event concludes on Nov. 16.

Although scary at times, Blaze is largely a strolling event and is recommended for children of all ages. Hand holding is suggested for small children as traversing the grounds often requires walking among large crowds through wooded paths and dark areas.

Admission to all performances is by advance ticket purchase. For available dates or to purchase tickets, visit website www.hudsonvalley.org.

Nearby Dining Choice

Anton Restaurant. Mariscada (mussels, clams, shrimp, calamari and tilapia), salmon, garlic shrimp, filet mignon, Peruvian rib-eye steak, strip steak, chicken breast, crab

cakes. Opened in 2011 by Belarmino and Virginia Anton. 337 S. Riverside Ave., 914-862-4811.

Croton Colonial Diner. Burgers, steaks, chicken sandwiches, baked stuffed seafood, Greek dishes, including spanakopita (spinach pie), baked eggplant moussaka, souvlaki and gyro. Opened in 1970. 221 S. Riverside Ave., 914-271-8868.

Fino. Veal chop, steak, broiled filet mignon, rack of Colorado lamb, pork chop, scaloppini, breast of chicken, Atlantic salmon, Florida red snapper, Ahi tuna, calamari, clams, jumbo shrimp, crab cakes and pasta. Founded by Paul Vuli. 1 Baltic Place, 914-271-2600.

Justin Thyme Café. Maryland crab cakes, shell steak, beer-batter fish & chips, Tilapia Provencal, Cod Oreganato, Thai salmon, jumbo shrimp scampi, crisp fried calamari, meatloaf, burgers, baby back ribs. Opened in 2002. Chef/owner Scott Labis. 171 Grant St., 914-271-0022.

Hopscotch. Hot or cold skate, black bass, mussels, eggplant, strip, bay scallops, sausage, tortellini, Gazpacho, black beans, tofu. Chef Kenyon Hart works out of an open kitchen. Opened by Marko Rudovic this month. 8 Old Post Rd. South, 914-271-1100.

Memphis Mae's BBQ Bistro. Memphis ribs (half or full rack), chicken fried steak, brisket, pulled pork, hog wings, fried BBQ-rubbed calamari, fried oysters, smoked

Hudson Valley sausage, catfish, corn fritters. 173 S. Riverside Ave., 914-271-0125.

Ocean House. Maine lobster roll, crab cakes, rainbow trout, oysters, shrimp stew, branzino, skate wing, salmon, yellowfin tuna, calamari, strip steak. Opened in 2004 by Brian and Paula Galvin who bought the Little Red Diner. 49 N. Riverside Ave., 914-271-0722.

Pronto Brick Oven Pizzeria

and Restaurant. Pizza, pasta, shrimp, sole, salmon, red snapper, veal, eggplant, chicken and shrimp parmigiana, linguini, ravioli, gluten-free pizza and pasta. 440 S. Riverside Ave., 914-271-2820.

Samurai Japanese Sushi Hibachi Steak House. Asian Fusion and Thai cuisine. Hibachi dinners including Samural Supreme for two (chicken, filet mignon, shrimp, scallops and lobster), teriyaki, tempura, sesame chicken. 352 S. Riverside Ave., 914-271-8988.

Tagine. Moroccan chicken, fish stew, lamb, steak frites, sole, day boat scallops, burgers, horseshoe-shaped bar. Founded by Jonathan Pratt and Craig Purdy, owners of Peter Pratt's Inn in Yorktown and Umami Café. 120 Grant St., 914-827-9393.

Tavern at Croton Landing. Burger with sunny-side egg, wings, thin-crust pizza, steak sandwich, corned beef Reuben,



JERRY EIMBINDER PHOTO
Tyrannosaurus Rex constructed from Jack O' Lanterns at The Great Jack O' Lantern Blaze now through Nov. 16.

seafood stew, mussels, Greek calamari salad. Opened in 2004 by Lynn Panessa. Replaced Honey's. 41 N. Riverside Ave., 914-271-5555.

Umami Café. Salmon, Ahi tuna, hanger steak, St. Louis honey BBQ baby back ribs, Peking Duck quesadilla, Phillipine-style BBQ chicken, marinated shrimp, burgers. Opened in January 2002 by Jonathan Pratt and Craig Purdy. 325 S. Riverside Ave., 914-271-5555

Jessica Labis, the manager at Justin Thyme Café, said one noticeable difference during Blaze evenings is that large groups need to be accommodated. Melina, a waitress at Pronto agreed.

"Groups of 20 or more are not unusual — we move tables and chairs back and forth to seat them," she said. "We are packed at 5 p.m. on Blaze evenings and stay busy until 8:30 or 9 p.m."

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Pleasantville's 'Spooktacular' Costume Swap a Big Hit

Pleasantville residents decided to go green this Halloween, reducing waste, saving on transportation and cleaning out clutter. And they got great costumes for FREE as well.

PleasantvilleRecycles' third annual costume swap was its most successful yet. Volunteers were stationed at the gazebo in Memorial Plaza for the first three Saturday mornings in October. They collected and sorted costumes and decorations as donors brought them in—and then helped other people take

them away.

"Some people brought bags full of new costumes and paraphernalia, so we had a really good selection," said organizer Christin Simon Ogryzlo. "And it was not unusual to receive a costume and see someone scoop it up only minutes later."

Children enjoyed trying costumes on and going home with new costumes on every theme imaginable. The political masks—from the Clintons to the Bushes to the Obamas—were especially

popular among adults. Even dogs got a new look for the holiday.

"Participating in a swap sends a positive message to the community about the importance of reusing and recycling materials," said PleasantvilleRecycles Chairman Dan Turner. "We hope to expand the swap next year so that even more costumes are reused."

PleasantvilleRecycles would like to thank the following for helping to make the event such a success: the recreation center, the village board, Patti Dwyer, the DPW, Mount Pleasant Public Library, Pleasantville Middle School teachers and students, the Pleasantville Farmers Market, PCTV, Pleasantville shops and everyone who helped spread the word and participated.

Leftover costumes were donated to Blythedale Children's Hospital, Hope's Door and A-Home.

PleasantvilleRecycles is a village committee helping residents reuse and recycle more through education and community events, including a sports equipment swap in the spring. Visit us at www.PleasantvilleRecycles.org, like us on Facebook and sign up for our newsletters to learn more.



Jacob Burns to Host Overnight Halloween Horror Marathon

The Jacob Burns Film Center will host the After Dark Halloween Marathon, 12 straight hours of horror films, on Friday, Oct. 31 starting at 10 p.m. There will be two advanced previews hot off the festival circuit, two gorgeously restored classics (one in 3D), one rarely screened classic (on 35mm), two contemporary favorites and a cult classic with live commentary by the We Hate Movies podcast hosts. The film center will provide some treats, including DVD giveaways. Food will be available for purchase.

Stay for all eight films and receive a free pass to all After Dark screenings in 2015, as well as a chance to win a free pass to all regular screenings next year.

Tickets are \$25 for members and \$35 for nonmembers. For more information, call 914-773-7663 or visit www.burnsfilmcenter.org.

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Do You Know What's Behind the Label on a Bottle of Wine?



By Nick Antonaccio

When shopping for the produce and/or meats necessary to prepare an at-home meal, consumers are increasingly aware of the nutritional and health values of unprocessed ingredients. Many products contain nutrition and ingredient information on government-mandated food labels.

But what of the produce and meats in supermarkets? Current regulations are not always effective in food labelling. Increasing numbers of consumers are seeking out products grown, raised or prepared as they were for centuries before the industrialization of food products, before the era of chemical fertilizers, herbicides and pesticides, before GMO products and Monsanto corn.

Conscientious consumers have more food information available today than ever before. However, the availability of nutritional and health information still has a few wide gaps.

When consumers prepare a meal of the most healthful foods in the marketplace, they sit at the table proud of their accomplishment. Typically they will celebrate their meal with a glass of wine. Herein lies the rub. That bottle of wine

'Does nice to know trump need to know?'

may be "industrialized" with man-made additives.

But how is a discerning consumer able to make an informed decision on the quality of the wines they purchase? No government regulations exist that require a nutrition or ingredients label on a bottle of wine.

Last week I addressed the nutrition contents of wine in the absence of mandated labels. This week I move on to the ingredients in wine.

Ironically, there is no lack of verbiage on wine labels today: where the grapes are grown, which grapes were blended together, flowery adjectives describing the bouquet, aroma and flavor and even suggestions for food pairing. All with the implied intent of making a consumer's decision-making process easier. The more information the better, right?

Maybe. Does nice to know trump need to know?

In the face of this lack of mandatory ingredients labelling, many consumers might question the need for any disclosure. To them, wine is simply fermented grape juice that "contains sulfites." The reality is that many wines contain additives

introduced during the winemaking process, including several that remain present in the final product.

In varying degrees and in varying winemakers' end products, numerous man-made enzymes may be added to enhance the color or balance the flavors or aromas. Sugar may be added to control alcohol levels; powdered tannins to influence overall quality. Many of these additives have not (yet) been shown to be harmful. However, otherwise natural wines are being adulterated in a significant amount of the wine Americans unwittingly consume.

The industry has successfully resisted any form of disclosure. However, several pioneering American winemakers have taken the bold step of voluntary disclosure. As one might suspect, these

virtuous winemakers have nothing to hide, although several of their specific disclosures might turn heads amongst uninitiated or naïve wine consumers.

Ridge Vineyards, one of California's most respected wineries, has begun to add a list of ingredients to the back label of several of their wines. Here's the highly lauded language for the Ridge 2011 Paso Robles

Zinfandel: "Hand harvested, sustainably grown grapes, indigenous yeasts, naturally occurring malolactic bacteria, 1.4% water addition, minimum effective SO2." This is a very straightforward presentation, with an ideal list of ingredients I wouldn't mind ingesting into my physiology.

However, several of these terms may startle consumers. Bacteria? Water? These are natural ingredients many winemakers add to their wines to improve their quality. The harmless bacteria are naturally produced during the fermentation process; a portion may remain in the wine upon bottling. "Jesus units" (a term for water, referencing his miracle of transforming water into wine at the marriage in Cana) may be added to a wine during its aging process to compensate for overly ripe grapes or to reduce high levels of alcohol.

Informed consumers spend considerable time -- and money -- seeking out food products that conform to their lifestyle choices. Shouldn't wines be able to be scrutinized in a similar fashion?

Nick Antonaccio is a 35-year Pleasantville resident. For over 15 years he has conducted wine tastings and lectures. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.

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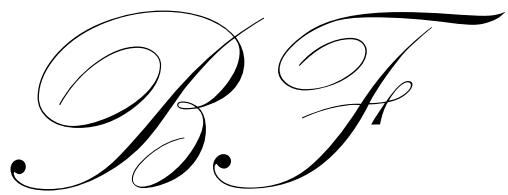
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Learn About Citizen Science at Conservation Café November 7

Learn how you can participate in scientific research happening in your own backyard and help make a positive impact on the environment during People Power: How Citizen Science Is Changing the Way Scientists Work, to be presented during the Conservation Café on Friday, Nov. 7 from 8:30 a.m. to

10:30 a.m. at the Westchester County Center in White Plains.

Citizen science is professionally-led research conducted in tandem with community-based volunteers. Citizen scientists learn valuable skills in order to collect and submit data, share experiences and spread essential information, all while observing nature with a critical lens. In turn, these large, open volunteer networks often allow researchers to accomplish tasks that would be too expensive or time-consuming to accomplish through other means.

Speakers for the program include:

- Dr. John Rowden, research and grants manager at National Audubon Society, who will discuss the large-scale citizen science projects with which he has been involved;
- Dr. Chris Nagy, director of research and land management at Mianus River Gorge, who will share how local citizen science initiatives help maintain and restore native communities and ecosystem

function across the region;

- Dr. Linda Rohleder, director of land stewardship at New York-New Jersey Trails Conference, will speak about her recent efforts leading the citizen science-driven Invasive Strike Force.

A panel discussion with a question-and-answer session will follow the formal presentations. Additionally, a printed listing of local and regional citizen science projects will be distributed.

Registration begins at 8:30 a.m. The program runs from 8:45 to 10:30 a.m. Admission is free.

To receive free parking at the County Center lot, you must pre-register for the program by 5 p.m. on Nov. 6 at <https://coccitizenscience.eventbrite.com>; or evelyn@westchesterlandtrust.org; or call 914-234-6992 ext. 22.

Conservation Café provides a forum for dialogue about current environmental issues. Sponsors are Westchester County Parks, Friends of Westchester County Parks, Pace University, Grassroots Environmental Education, Teatown Lake Reservation, the Greenburgh Nature Center, Federated Conservationists of Westchester County, Mianus River Gorge and Westchester Land Trust.

The Westchester County Center is located at 198 Central Ave. in White Plains.

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Getting Right to the 'Pointe' on Dance Related Injuries

As a physical therapist specializing in dance medicine as well as being semiprofessional dancer, I know what it takes to maintain a healthy body. Dance performance requires a combination of balance, strength, flexibility and endurance. The greatest risk for injury occurs during the growth-spurt years: 8 to 12 for girls and 10 to 14 for boys.

Although acute injuries may take place, injuries due to overuse tend to be most common. The injuries I often treat include tendinitis, sprains, stress fractures and strains. These can occur throughout the body, but are primarily seen at the foot, knee and ankle. Mainly these injuries are a result of repetitive movements that lead to increased inflammation.

Tendinitis is inflammation of the tendon where the muscle attaches to the bone; overuse of a muscle in an area of increased tightness or weakness often causes tendinitis. Dancers are required to be flexible, yet strong. For that reason, in striving to perfect their positioning and movements, they are repeatedly strengthening specific muscles while overstretching others, commonly leading to tendinitis.



By Dr. Marissa Chapnick

Sprains (tearing or stretching of a ligament, which connects bone to surrounding bone) are often seen throughout the ankles and feet. They may happen as a result of trauma, such as a "rolling" or "twisting" motion, but may also be due to instability in a joint. Dancing requires increased ankle mobility in order to display a performer's

beautifully pointed foot, but this places the ankle at increased risk for sprains. Strengthening the surrounding muscles and improving foot posture can decrease this risk.

Dancers sometimes experience patella-femoral pain (pain in the front of the knee) due to extreme positioning from what is known as the "turn-out" position. This can be avoided by improving posture and stretching the appropriate muscles while strengthening weak areas.

Plantar fasciitis is a common injury for the general population and is often seen in dancers. This condition is another overuse injury that affects the sole of the foot. The fascia is a band of tissue that connects the heel bone to the base of the toes that may become painful following weight-bearing

activity. Injury to this area can be a result of tightness throughout the foot and calf, poor footwear and/or dancing on hard surfaces.

At some point during their career, dancers commonly complain of pain at the ball of their foot; this is known as metatarsalgia, often the result of joint instability and constant impact to the toes. It can be resolved through physical therapy interventions.

Stress fractures, shin splints and stress reactions are other injuries resulting from overuse. Stress fractures are small cracks in the bone that come from repeated loading of the bone when the muscle is fatigued.

One of the most common fractures in dancers is known as "dancer's fracture." This strikes at the base of the fifth metatarsal (pinky toe) and usually results from landing a jump in a poor, "turned-in" position.

Shin splints are felt in the front of the shin and are caused by irritation of the periosteum (the lining of the tibia, or shin bone) or the tendons surrounding the area. A stress reaction is described as enhanced remodeling of the bone. Shin splints and stress reactions can progress to stress fractures, and eventually to full fractures if left untreated.

The most common dancer injuries are from overuse and imbalances

throughout the body. There is a very high probability of preventing these injuries from happening and/or healing them through specifically designed physical therapy programs. Manual therapy can be used to lengthen tight tissues as well as promote healing and improved alignment and mobility throughout the body.

Specialized exercise programs can be provided to strengthen areas of weakness and stretch tight muscles, while maintaining the structure each individual dancer needs to perform their style of dance. Shoe assessments are also important to ensure proper fit for each dancer.

Nutrition also plays a major role in the healing process; therefore, a dancer must ensure that they maintain a healthy and balanced diet.

Dance is a beautiful art, but it takes a toll on the body. Educating yourself about ways to prevent injury before it starts or progresses is key to pointing you on the way to a healthy, enjoyable and successful path, whether dancing for enjoyment or preparing for a professional career.

Dr. Marissa Chapnick is the lead physical therapist at ProClinix Sports Physical Therapy & Chiropractic in Pleasantville. For more information, visit www.proclinix.com.

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Martin Wilbur at mwilbur@theexaminernews.com.

Happenings

Tuesday, Oct. 28

English Conversation Mini Course. For speakers of other languages who are looking to improve their English. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 2 p.m. Free. Tuesdays through Nov. 25. Info: 914-864-0038.

Italian Language and Culture With Mara De Matteo. De Matteo, born and raised in Italy, combines lively conversation with grammatical instruction in her classes, creating interactive lessons on the richness of Italian culture, past and present, through real-life anecdotes, literature, personal memoirs, films and photography. North Castle Public Library, 195 S. Greeley Ave., Chappaqua. Beginners from 6:30 to 7:15 p.m. Advanced Italian speakers from 7:15 to 8 p.m. Free. Meets every Tuesday. Info: 914-273-3887.

Halloween Horror. A traditional storytelling and mummy-wrapping extravaganza. For children in kindergarten and up; with an adult. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 7 p.m. Free. Registration required. Info and registration: 914-238-4779.

Wednesday, Oct. 29

Senior Law Day. Featuring 17 workshops

on elder law topics, plus free 15-minute, one-on-one consultations with some of the county's leading legal, financial and geriatric care experts. County Center, 198 Central Ave., White Plains. 8:30 a.m. to 2 p.m. Free (including parking). Registration encouraged; walk-ins are welcome. Info and registration: 914-813-6300 or visit www.westchestergov.com/seniors.

Zumba Fitness. Achieve long-term benefits while having a blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life. For all fitness levels. Dance Emotions, 75 S. Greeley Ave., Chappaqua. Every Monday and Wednesday at 9 a.m. and Saturdays at 10 a.m. Drop in or weekly discount rates available. Info: Contact Peggy at 914-960-4097.

Baby Time. A fun interactive lap sit story time. Includes songs, rhymes and a few very short stories to give babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10 to 10:20 a.m. Free. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Mommy Meet Up. Whether it's your

first child or your fifth, this program is a great way to get out of the house, meet new friends and enjoy time with your baby. For newborns birth to eight months old and their moms. Romperee Indoor Playground at World Cup Nursery School & Kindergarten 160 Hunts Lane, Chappaqua, 10:15 to 11 a.m. Free. Every Wednesday (except holidays). Info: 914-238-9267 ext. 20.

Toddler Time. Uses finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening skills, learning and speaking skills. Recommended for children one to two and a half years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10:30 to 11 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Senior Benefits Information Center. Counselors offer older adults one-on-one counseling covering a broad range of topics including Medicare health and prescription plans, food stamps, HEAP, EPIC, weatherization, minor home repair and tax relief programs. Mount Kisco Public Library, 100 Main St., Mount Kisco. 10:30 a.m. to 1:30 p.m. Free. Every

Wednesday. Info: 914-231-3260.

Preschool Story Time. An interactive story time using picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two and a half to five years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 11 to 11:30 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0276 or www.mountpleasantlibrary.org.

Briarcliff Manor Garden Club Fall Fundraiser. Featuring a boutique with more than 20 vendors, a fashion show featuring MARCH Boutique, raffles, a silent auction and a luncheon along with Nick Oliva on the piano. Sleepy Hollow Country Club, 777 Albany Post Rd., Scarborough. 11 a.m. to 3 p.m. \$48 (includes gratuities). Info and RSVP: 914-741-6225.

Cool Stories for the School-Aged Crowd. A story plus a related activity based on a theme. Led by the library's Miss Debbie. For children five to seven years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 3:30 to 4:15 p.m. Free. Every Wednesday. Info: 914-

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Happenings

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769-0548.

Library Lab. Explore with our library science experts. For children in grades K-2. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 4 p.m. Free. Also Oct. 29. Registration required. Info and registration: 914-238-4779.

Knitting Club. Come learn to knit, or if you already know how, bring your current project and enjoy a visit with other knitters and crocheters. Beginners should bring a pair off size 8 or 10 straight knitting needles and skein or worsted weight yarn. Open to knitters and crocheters 10 years old and up. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 5:30 p.m. Free. Meets every Wednesday. Info: 914-666-8041.

Wednesday Night Bingo. Regular bingo tickets and specials available for sale. Includes coffee, tea and hot chocolate. Hot dogs and soda for sale. Holy Rosary School, 180 Bradhurst Ave., Hawthorne. Doors open at 6 p.m. Games start at 7:20 p.m. \$2 (for one card). Extra game cards may be purchased for \$2 or \$3 each along with a few specialty games. Every Wednesday.

Art Series: From Medieval Italy to America and Europe in the Last Century. "Giorgione" will be discussed. Led by Professor Valerie Franco. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887 or www.northcastlelibrary.org.

Bedford Chamber Concert Series: II Giardino d'Amore. This Vienna-based early-music ensemble will open the series 14th season by performing "Autumn" from Vivaldi's Four Seasons, followed by two Bach pieces—the Concerto in D minor for harpsichord and strings and the Concerto in E major for violin and strings. The group will also perform Handel's "Armida Abbandonata," a dramatic cantata for soprano and strings about a Greek myth. Fellowship Room at St. Matthew's Church, 382 Cantitoe St., Bedford. 8 p.m. \$35. (Includes refreshments at intermission.) Info and tickets: 914-522-5150 or visit www.bedfordchamberconcerts.org.

Thursday, Oct. 30

Musical Munchkins. Early childhood mommy-n-me music, age specific classes for babies and one- to four-year-olds. Take a free class. Thursdays through Dec. 3. Emanuel Lutheran Church, 197 Manville Rd., Pleasantville. Check website or call for details. Info: 914-771-7000 or visit www.musicalmunchkins.com.

Let Your Yoga Dance Classes. The popular Kripalu noon dance class is now in Chappaqua! Combines easy dance, gentle yoga and great music. Come join this noncompetitive, heart pumping and joyful experience. Drop-ins welcome. Dance Emotions, 75 S. Greeley Ave., Chappaqua. 10 a.m. \$20 per 75-minute

class. Every Tuesday and Thursday. Info: 914-238-8974 or email claudiayogadance@gmail.com.

Poets and Writers Series. Nicholas Powers, an assistant professor of English at SUNY Old Westbury, discusses and reads from his poetry collection. His latest book, "The Ground Below Zero," offers his personal, on-the-ground journalism that sent him to hot spots like Haiti, Occupy Wall Street, Burning Man and New Orleans. Westchester Community College's Gateway Center, Davis Auditorium, 75 Grasslands Rd., Valhalla. 10 a.m. and 2 p.m. Free. Info: 914-606-6900.

Toddler Time. Uses finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening skills, learning and speaking skills. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10:30 to 11 a.m. Free. Recommended for children one to two and a half years old. Every Tuesday and Thursday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

Preschool Story Time. An interactive story time using picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Mount Pleasant Public Library, 125 Lozza Drive., Valhalla 11 to 11:30 a.m. Free. Recommended for children two and a half to five years old. Every Tuesday and Thursday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

Multilingual Mother Goose. Learn and share songs and rhymes in other languages. For children from birth to five years old; with an adult. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 2:30 p.m. Free. Meets every Thursday. Registration required. Info and registration: 914-238-4779.

Halloween Fun. Stories and songs for Halloween. Costumes welcome but not required. For children four to six years old. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 4 p.m. Free. Registration required. Info and registration: 914-238-4779.

Healing Through Writing. A writing workshop for people touched by illness. Patients, survivors, friends and family welcome. No writing experience necessary. All welcome. Ruth Keeler Memorial Library, 276 Titicus Rd., North Salem. 5:30 p.m. Free. Registration preferred but drop-ins are welcome. Info and registration: 914-669-5161.

Zumba Fitness Class. Addie-Tude Performing Arts Center, 42 Memorial Plaza (lower level), Pleasantville. 7 to 8 p.m. \$15 a class. \$29 for four classes. \$55 for eight classes. Meets every Thursday. Also Saturdays from 8:30 to 9:30 a.m. Info: 917-215-1720, e-mail AddietudeDance@gmail.com or visit www.Addie-tude.com.

Friday, Oct. 31

Zumba Gold. Try this low-impact approach to Zumba for the older active adult and baby boomer with the same sassy, sweaty, fun-filled cardio workout in an easy learning environment. Ongoing classes; drop-ins welcome. Addie-tude Performing Arts Center, 42 Memorial Plaza, Pleasantville. 11 a.m. to noon. \$12. Four- and eight-week cards available. Meets every Friday. Info: 914-747-0808 or email instructor at olin.amy@gmail.com.

Halloween Hangout. Drop in, hang out and make a "boo-ton." Costumes welcome. Chappaqua Public Library, 195 S. Greeley Ave., Chappaqua. 3:30 to 4:30 p.m. Free. Info: 914-238-4779 or www.chappaqualibrary.org.

Halloween Organ Spooktacular. Dr. Sandor Szabo, minister of music and organist at the Reformed Church of Bronxville, will perform a short organ concert featuring a spooky selection of including "Toccata and Fugue" by Bach, "Dance Macabre" by Saint-Seans, "Ride of Valkyrie" by Wagner, "Toccata" and other musical treats played on a magnificent four-manual organ with over 4,000 pipes. Reformed Church of Bronxville, 180 Pondfield Rd., Bronxville. 5 p.m. Free. Info: 914-337-6776 or e-mail www.reformedchurch.org.

Friday Night Film Series: "In the House." A 16-year-old boy puts himself into the house of a fellow student and writes about it for his French teacher. The teacher enthusiastically encourages the boy to continue his writings, but the student's intrusion unleashes a series of uncontrollable events. Westchester Community College's Gateway Center, 75 Grasslands Rd., Valhalla. Doors open at 7:10 p.m. Refreshments at 7:30 p.m. Screening at 7:50 p.m. \$11. Seniors: \$10. Info and tickets: Contact Bob Bruckenthal at 914-723-3186.

"Freud's Last Session." Mark St. Germain's play is an imagined meeting between Sigmund Freud and C.S. Lewis in Freud's London office just days before the start of World War II. Schoolhouse Theater, 3 Owens Rd., Croton Falls. 8 p.m. \$38. Seniors: \$35. Students: \$20. Info and tickets: 914-277-8477 or visit www.schoolhousetheater.org.

After Dark Halloween Marathon. Twelve straight hours of horror films—two advanced previews hot off the festival circuit, two restored classics (one in 3D), one rarely screened classic (on 35mm), two contemporary favorites and a cult classic with live commentary by the We Hate Movies podcast hosts. Treats, including DVD giveaways, and food will be available for purchase. Stay for all eight films and receive a free pass to all After Dark screenings for 2015 and a chance to win a free pass to all regular screenings for 2015.

Jacob Burns Film Center, 405 Manville Rd., Pleasantville. 10 p.m. Members: \$25. Non-members: \$35. Info: 914-773-7663 or visit www.jacobburnsfilmcenter.org.

visit www.burnsfilmcenter.org.

Saturday, Nov. 1

Pleasantville Farmers Market. Come experience the farmers market voted by Westchester Magazine readers as the Best of Westchester in 2014. With over 50 vendors, seven nearby parking lots and weekly programming, it is a delicious good time. Memorial Plaza, Pleasantville. 8:30 a.m. to 1 p.m. Info: Visit www.pleasantvillefarmersmarket.org.

Chappaqua Farmers Market. Chappaqua train station, Chappaqua. 8:30 a.m. to 1 p.m. Every Saturday. Info: Visit www.chappaquafarmersmarket.org.

2014 NephCure Walk. Participate in this event to raise money to save kidneys. FDR Park, Yorktown Heights. Registration at 9:30 a.m. Walk begins at 10 a.m. Info: http://tnf.convio.net/site/TR/Walk/General?team_id=1940&pg=team&fr_id=1200

Sahaja Meditation. Peter Simone leads this session to help participants reduce stress, increase wellness and become better centered and more balanced in their lives. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 10 to 11 a.m. Free. Every Saturday. Info: 914-666-8041.

Holly Harvest Fair. Christmas items and crafts, books, tag sale, bake sale, boutique, food, linens, jewelry, silent auction, raffles, 50/50 and more. The Reformed Church, 65 Broadway, Hawthorne. 10 a.m. to 4 p.m. Info: 914-769-2920.

Down-sizing Workshop: Selling Your House in Three Easy Sessions. Local experts discuss what homeowners want – and need – to know. Panel discussion followed by a Q&A. For baby-boomers, empty-nesters, active adults and snow birds. Marmaduke Forster House, 415 Bedford Rd., Pleasantville. 10 a.m. to noon. Free. Also Nov. 8 and 15. Pre-registration suggested. Info and pre-registration: Visit www.TimeIsMoney-NY.com.

Chappaqua Antiques Show. One of the most anticipated antiques events in the Northeast, the show returns for the 46th year featuring merchandise from more than 50 quality dealers. There will also be an appraiser, a design consultant, a gourmet cafe, homemade desserts and a multiple raffle drawing of goods and services. Proceeds benefit the New Castle Historical Society. Westorchard Elementary School, 25 Granite Rd., Chappaqua. 10 a.m. to 5 p.m. \$8 (\$7 with discount coupon on website). Also Nov. 2. Info: 914-238-4666 or visit www.newcastlehs.org.

Gan Shabbat. A monthly program of children's Sabbath services for nursery school-age students and their families featuring an interactive introduction to Shabbat songs, stories and prayers. A kid-friendly Kiddush of refreshments follows each service. Bet Torah, 60 Smith Ave.,

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EXAMINER MEDIA Classifieds 102814

ADOPTION

A childless young married couple (she-30/he-37) seeks to adopt. Will be hands-on mom/devoted dad. Financial security. Expenses paid. Call/text. Mary & Adam. 1-800-790-5260.

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CAREER TRAINING

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AFFORDABLE CATERING AT YOUR HOME, OFFICE OR LOCATION OF

YOUR CHOICE. Featuring The Crystal Room (somerscc.com) in Somers for Sweet Sixteens, showers, scouts, sports fund raisers and communions. Mansions available for weddings in Scarsdale, Bronxville, Ridgefield and Brewster. Call **Vinny or Mary at Celebration Caterers** (914) 557-7600 or (914) 557-7602

FOR RENT

Office and warehouse -1650 SF. \$18.00 SF available November 1, 2014. Loading dock, Block from Train, Bus, center of village. Minutes to major highways 418.00 sf - Call **914-749-9318**

2 Bedroom Apartment For rent: \$2,000.00 LR, eik, bath, laundry/office, walk to train, bus, shopping, Burns Film Center (914) 749-9318

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FACILITY/BUILDING MANAGER Currently searching for an experienced Janitorial Facility/Building Manager to manage all janitorial responsibilities of a large building in White Plains, NY. Requirements - YOU MUST MEET ALL REQUIREMENTS: -5+ years janitorial management, managing one facility at least 250,000 square foot or more, managing 15+ employees, project work scheduling, hiring employees, employee discipline, managing inventory, training janitorial employees, computer skills, good organizational skills, etc. Salary

starts at \$48,000 To apply call 612-208-3441 or 612-331-1165 and send your resume to jobs@alliedns.com

GROWING JANITORIAL COMPANY IS SEARCHING FOR EXPERIENCED, RELIABLE PART-TIME JANITOR / CLEANER NEEDED IN WHITE PLAINS, NY. Two years previous janitorial experience required. Strip and wax experience as well as carpet cleaning experience a plus. Starting Wage at \$22.00 per hour, with full benefits and vacation available**Must be extremely reliable with own car and valid driver's license. Candidates must be prepared to pass E-Verify and criminal background check.**To apply please call **612-208-3341**. Send resume to jobs@alliedns.com

NYS LICENSED SECURITY GUARDS NEEDED FOR CONSTRUCTION SITE IN PORT CHESTER, NY. MUST be flexible and available WEEKENDS. Day and over night shifts available. Looking for mature, responsible individuals. Should live in surrounding areas of Port Chester. Other work may become available if desired. Must have car and driver's license. Please call **1-800-544-3949** to schedule an interview. **\$9.00 per hour.**

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LEGAL NOTICE

RESOLUTION DATED SEPTEMBER 17, 2014 OF THE BOARD OF EDUCATION OF THE MOUNT PLEASANT CENTRAL SCHOOL DISTRICT AUTHORIZING A PROPOSITION TO BE PRESENTED TO THE VOTERS AT A SPECIAL DISTRICT MEETING.

BE IT RESOLVED BY THE BOARD OF EDUCATION OF THE MOUNT PLEASANT CENTRAL SCHOOL DISTRICT (the "School District") that a special meeting of the qualified voters of the School District be and the same is hereby called to be held at the Westlake High School Gymnasium, 825 Westlake Drive, Thornwood, New York on November 15, 2014 from 7:00 a.m. until 9:00 p.m. prevailing time for the purpose of voting on the following proposition: Shall the Board of Education of the Mount Pleasant Central School District be authorized to (1) construct additions to and reconstruct various school district buildings, including site work, and acquire original furnishings, equipment, machinery or apparatus required for the purpose for which additions and reconstructed buildings are to be used, at a maximum cost of \$55,855,000, (2) expend such sum for such purpose, (3) levy the necessary tax therefore, to be levied and collected in annual installments in such years and in such amounts as may be determined by the Board of Education taking into account state aid; and (4) in anticipation of the collection of such tax, issue bonds and notes of the School District at one time or from time to time in the principal amount not to exceed \$55,855,000, and

the levy of a tax to pay the interest on said obligations when due? The vote upon such proposition shall be by machine or absentee ballot. The hours during which the polls shall be kept open shall be from 7:00 a.m. to 9:00 p.m. prevailing time or for as long thereafter as necessary to enable qualified voters who are in the polling place at 9:00 p.m. to cast their ballots. Personal registration of voters is required, and no person shall vote whose name does not appear on the register of the School District. If a voter has heretofore registered pursuant to Section 2014 of the Education Law and has voted at an annual or special district meeting within the last four (4) calendar years, he or she is eligible to vote at this meeting. If a voter is registered and eligible to vote under Article 5 of the Election Law, he or she is also eligible to vote at this meeting. All other persons who wish to vote must register. Any person may register to vote not less than five (5) days preceding the vote during the hours between 10 a.m. and 3 p.m. at the office of the District Clerk, 825 West Lake Drive, Thornwood, New York, or at any school building. The register prepared by the Board of Registration shall be filed in the office of the District Clerk, 825 West Lake Drive, Thornwood, New York and will be open for inspection immediately upon its completion by any qualified voter of the School District from during regular school hours on each of the five days prior to the vote. Absentee ballots may be applied for at the office of the District Clerk. Applications for absentee ballots must be received by the District Clerk at least seven days prior to the vote if the ballot is to be mailed to the voter, or on or prior to November 13, 2014, if the ballot

is to be delivered personally to the voter. Absentee ballots must be received by the District Clerk not later than 5:00 p.m. on November 15, 2014. A list of all persons to whom absentee ballots shall have been issued will be available in the office of the District Clerk on each business day during school hours until the date of the vote. Any qualified voter may challenge the acceptance of the ballot of any person on such list, by making his challenge and reasons therefor known to the Inspector of Election before the close of the polls. **BE IT FURTHER RESOLVED**, that the District Clerk is hereby authorized and directed to publish a notice of such meeting in two newspapers of general circulation within the School District, four (4) times within the seven (7) weeks next preceding such School District meeting, the first publication to be at least forty-five (45) days prior to the date of the meeting. **BE IT FURTHER RESOLVED**, that this resolution takes effect immediately upon its adoption.

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46th Chappaqua Antiques Show Set for This Weekend

The first weekend of November brings the Chappaqua Antiques Show to Westchester for the 46th year. It is one of the most highly anticipated events of the fall in the local area. Extraordinary merchandise from more than 50 quality dealers will be featured along with an appraiser, a design consultant, a gourmet cafe, homemade luscious desserts and a multiple raffle drawing of luxe goods and services.

A dedicated team of 150 energetic volunteers will make this show come to life and sparkle.

"The 46th annual Chappaqua Antiques Show will have something for everyone," said Buffy Haas, the dealer chair. "Silver, fine jewelry, decorative posters,

elaborate quilts, mid-century furnishings, rare maps and books, folk art, and unique collectibles will entertain and tempt show-goers. And the Society's Gold in Your Attic booth has treasures from Westchester's finest attics."

Appraisers Jay Grutman of Rhinebeck Antique Emporium and Charles Glasner will be on the stage to provide verbal appraisals of your treasures for a nominal charge. Interior designer Cami Weinstein will be available for design advice for those unsure how to mesh antique and modern elements in their rooms to add depth and interest to living spaces.

Sponsored by the New Castle Historical Society, this event raises important funds to support

the Horace Greeley House Museum and its rich calendar of activities for students, adults and researchers.

A perennial favorite in the Hudson Valley, the Chappaqua Antiques Show has something for everyone.

The show will be held this Saturday, Nov. 1 and Sunday, Nov. 2 at Westorchard Elementary School, located at 25 Granite Rd. in Chappaqua from 10 a.m. to 5 p.m. Admission is \$8 (\$7 with discount coupon on website).

For more information, call 914-238-4666 or visit www.newcastlehs.org.

Happenings

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Mount Kisco. 10:30 a.m. Free. Info: 914-666-7595.

All About Owls. Learn about owls and dissect a pellet. Cranberry Lake Preserve, 1609 Old Orchard St., North White Plains. 11 a.m. \$3. Pre-registration required. Info and pre-registration: 914-428-1005.

Westchester Light The Night Walk. This annual walk furthers the cause by raising funds for blood cancer research and awareness across North America with nearly 200 walks occurring each autumn. Playland Amusement Park, 100 Playland Parkway, Rye. 12 to 8 p.m. Info: Contact Brooke Emmett at 914-821-8990 or e-mail brooke.emmett@lls.org.

World Cup Fall Festival. An open house filled with lots of free, fun-filled fall activities. Gymnastics, tattoos, balloon twisting, puppet making, hay rides, arts and crafts, games and food and snacks. Donations of non-perishable food items for the Food Bank for Westchester will also be accepted. World Cup Gymnastics, 160 Hunts Lane, Chappaqua. 12:30 to 2:30 p.m. Free. Info: 914-238-9267 or visit www.worldcupgymnastics.com.

The Great American Ghost Story. In this presentation, documentary filmmaker Jim Ormond will outline Washington Irving's life up to the publication of "The Legend of Sleepy Hollow" and will discuss the context of the story. Afterwards, Ormond will show his new half-hour adaptation of Irving's classic, which is airing on PBS stations this fall. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 to 3:30 p.m. Free.

Fairy Tea Party. Explore the center's magical forest trails and have a tea party in our enchanted fairy circle. Make your own nature-inspired fairy wand to take home. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 2 p.m. Members: \$5. Non-members: \$8. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

Choreography Showcase and Master Class. Gierre Godley will produce the showcase featuring the work of established

and emerging choreographers and will premiere a new work as well. Westchester choreographer Jessica DiMauro will also premiere a work created for the Steffi Nossen Dance Company, which is presenting this program. SUNY Purchase Dance Theater Laboratory's Dance Building, 735 Anderson Hill Rd., Purchase. 3 p.m. Adults: \$15. Seniors and students: \$10. Info and tickets: 914-328-1900 or visit <https://choreographyshowcase2014.eventbrite.com> or www.steffinossen.org.

Antics Dance Troupe. This Los Angeles-based troupe presents a hip-hop theatrical version of an ancient Mesopotamian myth. Antics performs multimedia urban dance performances that incorporate break dancing, krumping, locking, popping, Capoeira, DJs, spoken word, theater and film into hand-clapping, foot-stomping "happenings." Westchester Community College's Academic Arts Theatre, 75 Grasslands Rd., Valhalla. 8 p.m. \$24. Seniors and students: \$22. Children (under 13): \$18. Info and tickets: 914-785-6262 or visit www.sunywcc.edu/smartsarts. Tickets also available at the box office 30 minutes before show time.

Vermeer: Music Life & Illusion. Ars Antiqua presents this program that will bring to life rarely heard music of the 17th century. Songs and chamber music from the time of Dutch painter Johannes Vermeer will be presented within the context of the artist's work and life. Featuring soprano Ilana Davidson. With Krista Feeney and Rachel Evans on Baroque violin, Michael Sponseller on harpsichord and Mark Kramer on Viola da gamba. Church of St. Mary the Virgin, 191 S. Greeley Ave., Chappaqua. 8 p.m. \$35. (available at the door) Info: Visit www.ars-antiqua.com or contact Mark Kramer at 914-238-8015 or e-mail mark@susanlawrence.com.

The Django Festival All-Stars. The All-Stars carry on the legacy of the brilliant gypsy guitarist Django Reinhardt who was part of one of the most famous musical partnerships in European history with virtuoso jazz violinist Stephane Grappelli.

Paramount Hudson Valley, 1008 Brown St., Peekskill. 8 p.m. \$29 and \$39. Info and tickets: 914-739-0039 or visit www.paramounthudsonvalley.com/events/event/django-festival.

Lise de la Salle in Concert. Friends of Music Concerts, Inc. presents this French pianist perform works by Brahms, Debussy and Ravel. Sleepy Hollow High School's Kusel Auditorium, 210 N. Broadway (Route 9), Sleepy Hollow. 8 p.m. \$30. Students (18 and under): Free. Info and tickets: 914-861-5080 or visit www.friendsofmusicconcerts.org.

Sunday, Nov. 2

Teaching Trails: A Community Path for Environmental Education. Join guided trail experience through the woodland forest. Discover who left that track, which tree makes the best animal home or which plant makes its own heat to help melt through the late winter ice. Program runs about 30 minutes. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 11:30 a.m. Free. Also Nov. 9, 23 and 30. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

Artist Spotlight Competition. MTK Tavern and Maxim Records will host the eight finalists performing in this first semiannual music competition where the winner will receive a \$250 prize and a spot in the Maxim Records Holiday Show at Tarrytown Music Hall on Dec. 13. MTK Tavern, 30 E. Main St., Mount Kisco. 1 p.m. No cover charge. Info: www.mtktavern.com/index.html.

Fall Rummage Sale. Find fabulous deals on new and used items, including women's, men's and children's clothing, house wares, linens, purses, furniture, electronics, toys, books, CDs, DVDs, baby equipment, sports equipment and many other items. Bet Torah Synagogue, 60 Smith Ave., Mount Kisco. 1 to 5 p.m. A special blowout bag sale for \$5, \$10 and \$20. on Nov. 3 from 10 to 1 a.m. to 2 p.m. Info: 914-666-7595.

Bear-Foot Story Time. This hour-long program includes a story, live animals and a nature-themed activity. Based on

the center's popular Wild Encounters Story Time held on Monday afternoons. Recommended for children two to six years old. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 2 p.m. Members: \$5. Non-members: \$8. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

NOSH! The Biggest Jewish Food Festival East of the Hudson. The Brotherhood of Temple Israel of Northern Westchester and an esteemed team of judges invite you to taste the most delectable Jewish food from restaurants and caterers throughout Westchester. Come hungry and bring the family. Temple Israel of Northern Westchester, 31 Glengary Rd., Croton-on-Hudson. 2 to 5 p.m. Adults: \$15. Children: \$10. Family: \$40. Info and tickets: 914-271-4705 or visit www.tinw.org/foodfestival.

Argentine Tango Dances. Great music and dancing on a 3,500-square-foot dance floor. Enjoy a pleasant time with friends. Refreshments served. Broadway 26 Dance, 26 Broadway, Hawthorne. 3 to 6 p.m. \$12. Also the third Saturday of each month from 8 p.m. to midnight. \$16. Info: 914-725-3023 or 914-484-5101 or e-mail sampelayo@optonline.net.

Project Gaia Benefit Concert. A chamber music concert to raise awareness of sustainability initiatives in the developing world. Project Gaia is a U.S. based nonprofit organization that promotes clean, safe and efficient stoves that use alcohol fuels wherever people struggle to cook their meals. First Baptist Church of White Plains, 456 North St., White Plains. 5 p.m. Suggested donation: \$15. Info: 914-949-5207 or visit www.firstbaptistwhiteplains.org.

Monday, Nov. 3

Knitting Group. Hats for our servicemen and women overseas and other ongoing projects for care centers and hospitals. Clinton Street Center, 1A Clinton St., Pleasantville. 9:30 to 11:30 a.m. Free. Meets every Monday. Info: 914-769-2021.

ExaminerSports

Valhalla Hangs On to Defeat the Panthers in Playoff Opener

By Monica D'Ippolito

The first round of Class B sectionals pitted ninth-seeded Pleasantville against eighth-seeded Valhalla on Friday evening. An even matchup, it was the Vikings who exploited more scoring chances and ultimately came out with the 2-1 victory.

"I told them I was very proud," Panthers coach Savvas Kyriakidis said afterwards. "We knew it was going to be a close game and I thought we took it to them, we dominated at points, (but) we gave up too many opportunities that they capitalized on."

The start of the match was mostly played in the middle of the field, as neither team had any dangerous shots on goal. It wasn't until the 20th minute when the Vikings were given their first scoring opportunity that the game opened up a bit.

Kaio Dasilva took the ball down the right sideline and had a one-on-one with Pleasantville keeper Mike Nuccio, who aggressively came out and made the initial save. But the ball took an awkward bounce and deflected off a Panther defenseman's arm.

The referee provided the Vikings with a penalty kick, which Dasilva finished with ease, giving Valhalla the 1-0 lead.

"The penalty kick might have been



Pleasantville's Patrick McPhee sends a shot on goal during the opening-round playoff game vs. host Valhalla.

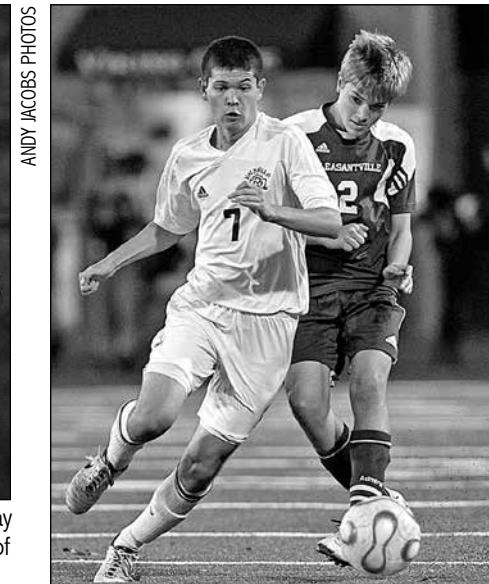
questionable from where I was standing," Kyriakidis said. "But I don't think that killed us, we still stayed in the game and made it interesting and we still had opportunities to win it down the stretch. Just didn't finish."

The goal seemed to ignite the Vikings' offense, which suddenly had more chances around the net than in the first 20 minutes. The midfield kept playing through balls to strikers who were able to slip behind the defense.

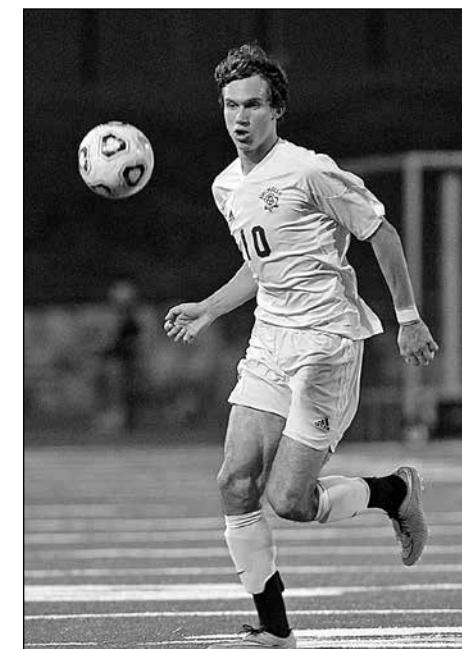
"We just wanted to match up with their intensity the first 10 minutes and we knew if we can do that, eventually they would tire



Pleasantville's Chris Maloney heads the ball away from Valhalla's Kaio Dasilva in the second half of Friday's sectional playoff game.



Yuto Tobin (left) of Valhalla tries to move the ball past Pleasantville's Nolan McAndrew in Friday night's playoff game, won by the Vikings.



Valhalla Kaio Dasilva sets his sights on the ball in Friday evening's playoff win over Pleasantville.

Quakers Lose a Tough Playoff Game to New Rochelle

By Cutler Klein

Last season, the Horace Greeley boys' soccer team completed upset after upset on its way to a Section 1 finals berth. But that won't be happening this time around.

The Quakers fell to the New Rochelle Huguenots 2-1 in the first round of the Class AA playoffs. Brian Barrenechea scored the game-winning goal for the Huguenots in the 79th minute with a booming free kick that just snuck under the crossbar.

Despite the loss, Greeley coach Bobby Herodes was satisfied with his team's play.

"The boys played great," Herodes said. "They played an amazing game. Our team did everything right."

Greeley found itself on the defensive early in the game. New Rochelle kept the pressure on for the first 20 minutes, but couldn't generate many shots on net. When the Huguenots did, Jason Re made some solid saves for the Quakers, who picked up the pace in the final 10 minutes of the half, keeping the ball in the opposite end and firing many shots on net.

The game remained scoreless through the first half, but the Quakers got on the board early in the second half when Alex Wiseman buried a rebound between the legs of Huguenots goaltender Hugo Arriaga. Greeley's Adam Siff took the initial shot, a bicycle kick that rang off the post.

After New Rochelle's Benni La Rosa tied the game, the Quakers had a golden chance to take the lead. Michael Adler got behind the goaltender and had plenty of space, but his shot went off the right post. Herodes comforted Adler by sharing a story from his past.

"Back in 1981, I missed a penalty kick in a championship game that we lost," he said. "I had to tell him that it's part of life, and if he holds on to it he's going to suffer."

Following the Barrenechea goal, the game got ugly. Greeley's Drew Goldberg received a red card in the final few minutes, and after the final whistle blew more red cards were given out to Matt Neuberger and Ben Goldenberg. As the New Rochelle players celebrated, Greeley's coaches were on the field trying to control their players and confronting the officials.

"New Rochelle players were throwing elbows right and left," Herodes said. "They were grabbing and pulling shirts, punching, and doing everything they could to incite us and, unfortunately, we reacted to it. That's the bottom line."

Despite the unfortunate finish, Greeley challenged New Rochelle right up until the very end. Herodes had a long chat with his team and then, as he watched his players embracing one another one last time, said he was proud of his squad.

"They're great guys," he added. "I wouldn't trade them in for the world."

"I saw Yuto make the pass to Steve and it was going out of bounds, so I was going near-post to see if he could play a low, hard cross," Thomas recalled. "It hit the goalie, deflected, and I was just right there to tap it in."

In the second half, the Panthers played more aggressively and pressured Valhalla's defense. Within the first 10 minutes, they too got on the board. Chris Maloney dribbled down the left side, taking the ball to the end line, then centered a cross to the middle of the box to an open Jon Kyriakidis, who hit it home, cutting the Valhalla lead to 2-1.

"I told them they didn't do everything they wanted to do, if we just played our game and stick to our game plan that we can take over the game," Savvas Kyriakidis said of his halftime speech. "We scored within the first 15 minutes that just totally stole the momentum and then continued it."

Valhalla had scoring chances in the second half, but stellar play in net by Nuccio kept the game within reach for the Panthers. The Vikings outshot Pleasantville 11-5, but Nuccio tallied 11 saves in the match.

"He was outstanding tonight," Prosperino said of Nuccio. "Everyone on the field for Pleasantville was outstanding, but their goalie definitely stepped up today."

Along with Nuccio, Savvas Kyriakidis also credited his sweeper, Jeff Wang, for having a "heck of a game" and sophomore Jon Kyriakidis, who he thought "was very energetic."

In the end, the Panthers were unable

to get the equalizer. But despite the loss, their coach was proud of the way his team performed.

"It was a total team effort, we needed everybody to play well and for the most part they did," Kyriakidis said. "For a lot of these guys, it's their first sectional, whereas (the Vikings) have a bunch of sectional experience... So the fact that we're here and it was that close, it was a credit to these guys."

"I really think our strength is our defense," Thomas said about the Vikings, who went on to stun top-seeded Irvington 2-0 in the next round a couple of days later. "We've got Kaio Dasilva, an All-State player, so we feel comfortable with him. We have a good goalie in Michael Perna and we just have an all-around balanced team."

Quakers Fall in the Quarterfinals to Top-Seeded John Jay

By Andy Jacobs

With two of the most talented quarterbacks in all of Section One taking turns calling signals on Saturday evening, the Class AA quarterfinal playoff game between Horace Greeley and host John Jay figured to produce plenty of fireworks. And it did.

By the time the smoke cleared, Ryan Schumacher and the rest of his top-seeded Patriot teammates had emerged with a wild 48-28 victory over the upset-minded Quakers. Despite over 200 yards passing and another 100 on the ground from Cameron Ciero, Greeley saw its title hopes come to an end under the lights up in East Fishkill.

"It's tough to match up physically with a team like that," said Quakers coach Tim Sullivan afterwards. "They're so sound. Tommy (O'Hare, the Jay coach) does such a great job with them. He's a great leader and hats off to them. They were the better team today."

For a while, though, it seemed Ciero and the Quakers just might have what it takes to keep up with the now 7-1 Patriots, who went 56 yards in just four plays on their first possession of the night to jump out to a 7-0 lead three and a half minutes into the game.

Greeley responded late in the quarter when Ivan Corso returned a punt 54 yards to the John Jay 8-yard line. One play later, Bo Phillips broke a tackle and scooted into the end zone. The PAT from Jack Dowd tied the game with 1:50 left in the period. But the Patriots regained the lead on the second play of the second quarter as Schumacher capped a six-play, 80-yard drive with a 19-yard touchdown pass to his brother, Rob.

It only took the Quakers five plays to get even again. Ciero, who finished the game with 16 completions for 217 yards and two

TDs, delivered a strike to Jonathan Kratz along the left sideline for a 60-yard touchdown. The extra point by Dowd tied the game 14-14 with 9:23 left in the second quarter.

But by halftime, the Quakers found themselves trailing by 14 points. John Jay scored on a 34-yard TD pass from Schumacher to Shawn Casey with 5:53 remaining and a 5-yard run by Brad Belotti just over two minutes later. Late in the half, Ciero completed long passes to Corso and Kratz, advancing the ball to the Patriot 10-yard line. But on fourth-and-long, Ciero's pass under pressure to Corso was underthrown, ending the Greeley threat.

Still, Sullivan, for one, had confidence his Quakers could mount a challenge in the second half.

"We played from behind a couple games this season," he said. "So there's no quit in these guys. Playing from behind, I'm never worried because I feel we have a good chance of scoring. You look to Cam (Ciero), you look in his eyes, there's no fear. He's ready for the next play, and when you have a guy like that you've always got a chance."

The second half began with John Jay quickly marching 64 yards on six plays in a three-and-a-half-minute drive concluded by Belotti's 20-yard TD run that stretched the Patriot lead to 35-14. The Quakers quickly responded with their own 67-yard, five-play drive highlighted by a 36-yard pass to Kratz and Ciero's 6-yard TD run around right end with 5:21 to go in the period.

The fourth quarter began with Greeley still behind by 14 points but starting a possession at its own 44-yard line. A third-and-six bit of razzle dazzle with Jake Cohen hitting Ciero on an option pass for a 30-yard gain moved the ball to the Patriots' 20-yard line. One play later, Ciero connected with Phillips in the right side of the end zone and Dowd added the extra point to narrow the John Jay lead to 35-28.



Greeley quarterback Cameron Ciero eludes John Jay's Shawn Casey during Saturday's Class AA playoff game.



Bo Phillips of Greeley tries to break a tackle during Saturday night's playoff game vs. host John Jay.



Greeley's Chris Hoffman tackles John Jay quarterback Ryan Schumacher in Saturday's playoff game up in East Fishkill.



Horace Greeley wide receiver Jonathan Kratz, who caught nine passes vs. John Jay, runs with the football.



The Quakers' Ivan Corso returns a kick in Saturday's Section 1, Class AA quarterfinal playoff game.

returned to midfield. Soon Schumacher was scampering 12 yards for the Patriots' final touchdown and Sullivan was delivering his postgame chat to the disappointed Quakers, who conclude their season with a consolation game against Scarsdale on Saturday.

"So proud of these guys," he said. "We never quit. That's what we've been saying since August. Never quit, never quit on your teammates, never quit on a play. And this is such a great group. There is no quit in them. Yeah, I thought we did a great job making a comeback and came up a little short."

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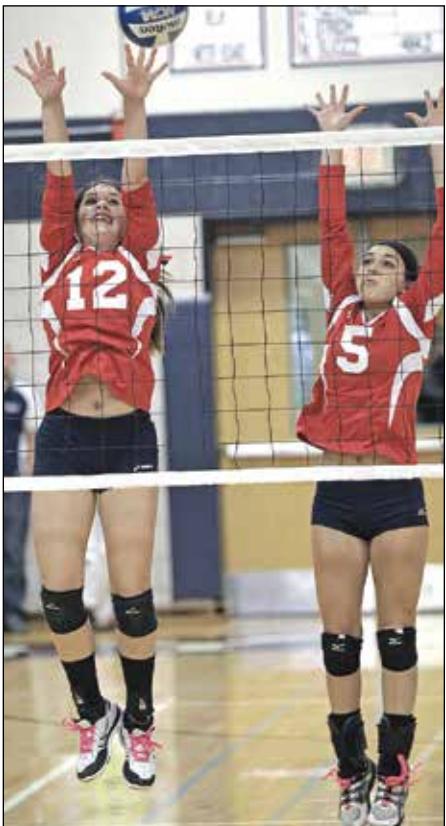
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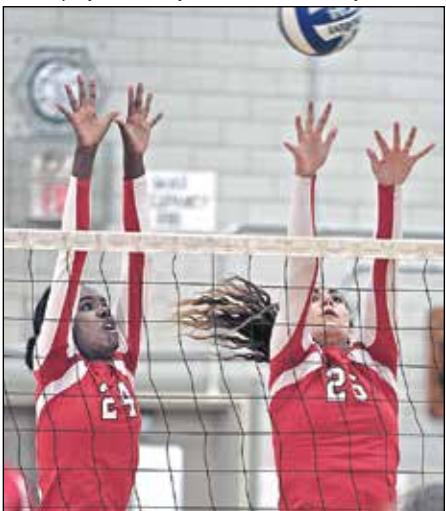
Sarah Rose of Byram Hills hits the floor to dig the ball in Friday's playoff match vs. visiting Putnam Valley.



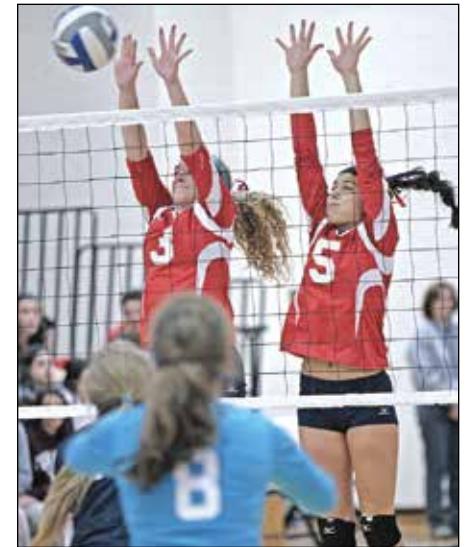
Emily Tomlinson of Fox Lane gets set to bump the ball during Friday's home playoff match.



Taylor Kirkwood (left) and Emma Schiliro of Byram Hills try to block the ball in Friday's first-round playoff victory over Putnam Valley.



Fox Lane's Savina Carr (left) and Maria Violante elevate to block the ball vs. New Rochelle in Friday's playoff match.



Byram Hills players Lucy Greenwald (left) and Emma Schiliro smother the net for the Bobcats during the playoff win over Putnam Valley.

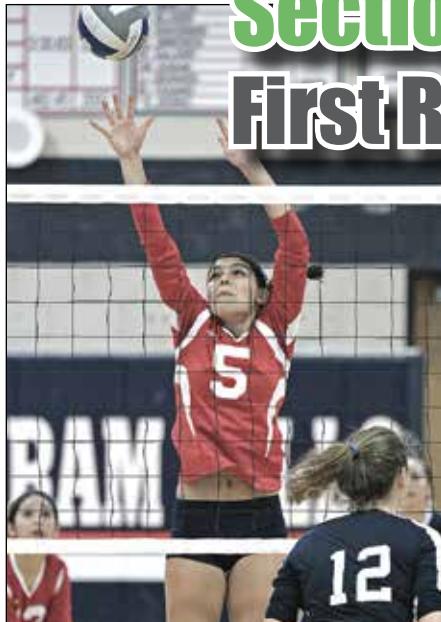
ANDY JACOBS PHOTOS



Venessa Rugova of Fox Lane concentrates as she returns the ball during Friday's playoff matchup with visiting New Rochelle.



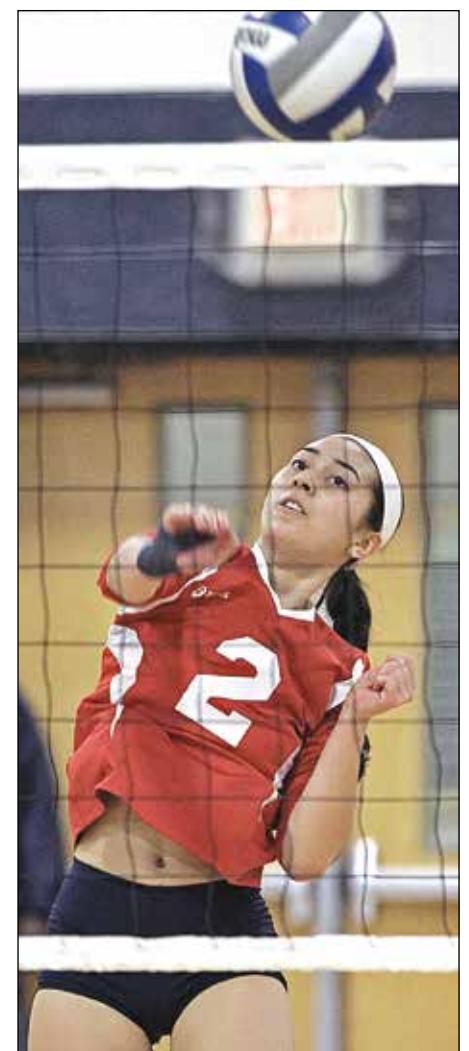
Fox Lane's Katie Alexander powers the ball back over the net vs. the visiting Huguenots.

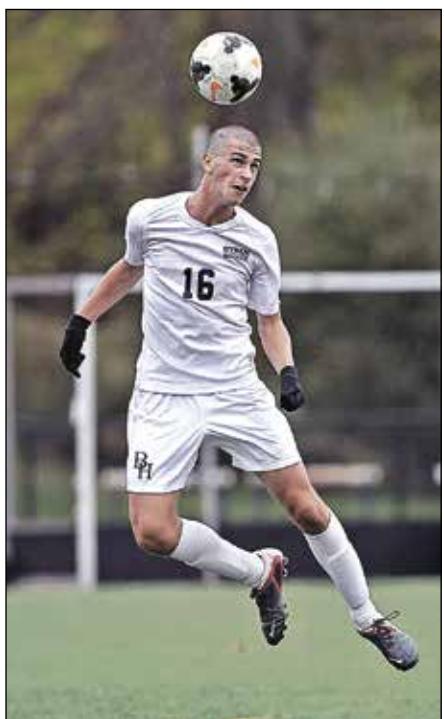


The Bobcats' Emma Schiliro rises in the air in an attempt to reach the ball during Friday's playoff match vs. Putnam Valley.



Above: Fox Lane's Kate Muller bumps the ball in Friday's playoff match vs. visiting New Rochelle. Right: Byram Hills' Guin Mesh sends the ball over the net in Friday's playoff opener. Left: Andie Simon of Byram Hills rises to tap the ball over the net in the Bobcats' playoff win vs. Putnam Valley.

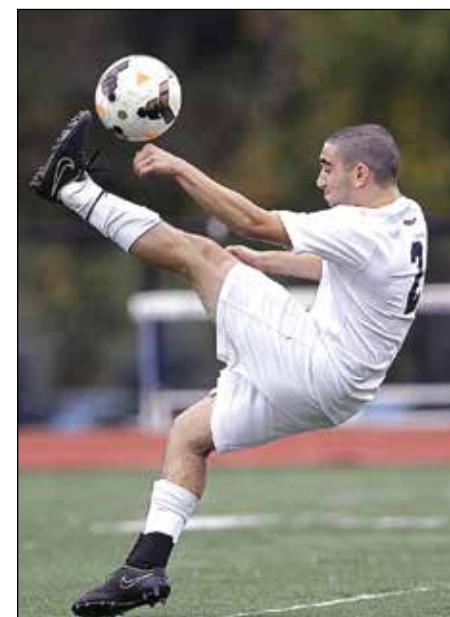




Ryan Starker of Byram Hills heads the ball during the second half of Friday's 4-0 playoff win.



Fox Lane's Shawn Walsh moves past a pair of Saunders defenders in Friday's easy playoff victory.



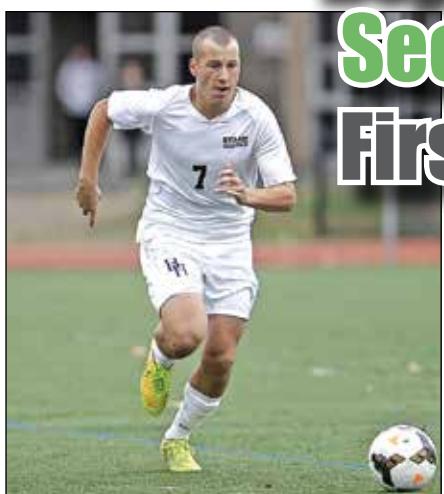
Bennett Kramer of Byram Hills attempts a bicycle kick in Friday's 4-0 Bobcat playoff win over Nyack.



Byram Hills' Ben Weinstein gets set to settle the ball during the first round of the playoffs vs. Nyack on Friday afternoon.



The Bobcats' Ryan Blum prepares to blast a shot on goal vs. visiting Nyack in the opening round of the sectional playoffs.



Above: Byram Hills' Payton Levine moves toward the Nyack goal in the Bobcats' Class A playoff victory.

Right: Owen Azrak of Fox Lane takes the ball along the left sideline on his way to scoring one of the Foxes' seven goals vs. Saunders.

Boys' Soccer Sectionals First Round



Fox Lane's Pedro Da Silva Perez has his sights set on the ball near midfield in Friday's lopsided playoff win over Saunders.



Fox Lane's Matt Harrison (22) celebrates in midair with teammate Anthony Giron after scoring a goal in Friday's home playoff win.

Briarcliff Romps to an Easy Win Over Croton in Playoff Opener

By Monica D'Ippolito

The Briarcliff girls' soccer team started its much anticipated playoff run early Saturday and certainly seemed up to the task, overpowering 15th-seeded Croton-Harmon 7-0 to convincingly move on to the next round of the Class B sectionals.

"I mean, obviously to get a win under your belt is important," Bears coach Owen Scully said. "I think for us is to put the focus now on starting a little quicker, (but) fair play to Croton, they came out from the start and they wanted to give us a game."

The first half was mainly played in the Tigers' defensive third of the field. The second-seeded Bears did an excellent job of putting heavy pressure on the Tiger backline and after a few missed opportunities and key defensive clears, Briarcliff finally struck in the 16th minute.

After a scrum in the middle of the box, Carly Fanelli found the ball at her feet in front of the net and calmly knocked in the first goal of the game.

Fanelli scored two more times, in the 27th and 29th minute.

Her second goal was set up by teammate Kelsey Simpson taking the ball toward the end line and centering a pass to an open Fanelli, who then one-timed her shot past Croton keeper Meaghan Walsh.



Carly Fanelli, who had a hat trick in the first half, storms toward the goal in Briarcliff's easy opening-round playoff win vs. Croton.

"I was just able to read the passes and Kelsey was just passing great," Fanelli said. "She was just doing really well."

Two minutes later, Lexi Grasso played

ANDY JACOBS PHOTOS



Lexi Grasso of Briarcliff tries to send a shot past Gabi Miller of Croton in the sectional playoffs this past weekend.



Briarcliff's Kaho Maeda charges down the right sideline during Saturday's 7-0 playoff win over Croton-Harmon.



Briarcliff's Amelia Leahy (left) tries to take the ball down the sideline past Croton's Katie Dorn in Saturday's playoff game.



Elizabeth Kreppel of Briarcliff pursues the ball in the second half of Saturday's rout of visiting Croton.

a ball to Fanelli, who then steadily handled the pass and booted home her third goal of the game.

"They were playing a high line and our midfielders and our other forwards were just great," the sophomore forward added. "They always help me and everything, so I just have to give the credit to them."

Briarcliff added two more goals before the first 40 minutes concluded. The first came from Amelia Leahy, who, off a corner, found a loose ball around the box and knocked in her team's fourth goal and the next one was provided by Grasso a minute later, giving the Bears a commanding 5-0 lead heading into halftime.

"Very pleased," Scully said about the win. "(We'll try to) stay injury-free and keep moving forward. Expectations are high and I hope we can really put the best foot forward."

Julia Duffy and Elizabeth Kreppel added goals in the 69th and 75th minute, respectively, to put the finishing touches on the 7-0 victory.

Briarcliff outshot the Tigers 25-3 and, though the score indicated otherwise, didn't really capitalize on a number of scoring chances. The Bears were given 14 corners and three separate chances on indirect kicks within 30 yards.

"Again, fair play to Croton, they defended very well against the set pieces," said Scully. "But it's something you've got to take back to the practice field and address. We've got to do better on corner kicks, no question. I think just to be a little more fluid on the ball, a little quicker, being able to open up defenses and to be able to finish a little bit better. Things that teams work on all the time, but there were a lot of opportunities today early that we didn't take, so got to work on it."

The high playoff expectations for the Bears will continue to grow as they move on to the next round. Their next test comes against 10th-seeded Ardsley.

"We just work as a team, we have such a great bond that it's easy to play together and I just love the team," Fanelli said. "I think we're going to do well. We hope for the best, obviously, (but) we have a lot riding on us and I think we can do it. We're a great team."

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Panthers' Reign as Sectional Champs Comes to a Bitter End

By Andy Jacobs

John Tucci stood with his Pleasantville teammates near the line of scrimmage on Saturday afternoon, dejectedly awaiting one of the final snaps of the Section 1, Class B semifinal playoff game at Nanuet High School. The Panthers' big defensive tackle had an anguished look on his face, a uniform completely covered in mud and the growing realization that his team's reign as sectional champions was just about over.

The host Golden Knights scored a touchdown less than five minutes into the contest and made it stand up the rest of the way, winning 10-0 on a spectacular fall day and advancing to face Our Lady of Lourdes in the championship game at Mahopac this coming Saturday. The defending champion Panthers will have to settle for the consolation final against Ardsley after being blanked by Nanuet for the second time this month.

"We got all the accolades coming into the season only because of what happened in the past," said disappointed Panthers coach Tony Becerra shortly after time had run out on his team's pursuit of a third-straight appearance in the finals. "It means nothing until you prove yourself on the field. You know, it wasn't pretty, but we were one of the four teams that had an opportunity in the playoffs and that's all we could ask for at this point."

But the Panthers got their first hint that they weren't going to avenge a 6-0 home loss to the Golden Knights just two weeks earlier barely five seconds after the opening kickoff. Their two returners, Brandon Castro and Javaun

Smith, bumped into each other and the Panthers were forced to start from just their own 12-yard line.

"These past two contests against them, field position has been key given the type of offenses that are run," said Becerra. "It's all about field position. I mean, it hurt, but it was early enough where I don't think it necessarily was a difference maker. But it certainly didn't help us."

The Golden Knights, aided by a third-down flag on the Panthers, quickly forced a three-and-out and took possession for the first time at the Pleasantville 39-yard line. Six plays later, quarterback Matt Carney hit Nick D'Allara in stride along the right sideline for a 26-yard scoring pass that enabled Nanuet to grab an early 7-0 advantage the Panthers were never able to overcome.

"They're successful running the ball," said Becerra. "They lulled us to sleep and they go over the top. It was a good play. I would've done the same."

The Nanuet defense, which has now held opponents scoreless in five games this season, forced the Panthers to punt twice more in the opening quarter. As the second period began, the Golden Knights were in the midst of a drive that began at midfield and advanced down to the P'ville 16-yard line. But a Nanuet holding penalty soon brought a Knight punt and neither team mounted much of a threat over the final seven minutes of the half.

Pleasantville, without a point against the Golden Knights in six quarters, retreated to a far corner of the field for halftime and Becerra tried to implore his players to step it up when play resumed.

"Down by a score with two quarters left, we're just trying to establish something and get momentum back on our side," he said. "I think had we done that, things would've been different. We just weren't able to do it."

The momentum stayed with Nanuet in the third quarter because the Golden Knights managed to convert on daunting third downs three times on the opening possession of the second half, twice getting impressive runs from quarterback Carney that helped them chew up a good chunk of the clock.

"That ate up more than half of the third quarter," sighed Becerra. "That was deadly."

When the Golden Knights were finally forced to punt, the Panthers' Castro lost the ball on the return, though Becerra



Michael Hammond of Pleasantville is determined to bring down Nanuet's Brian McGreevey in Saturday's Class B semifinal, won by the Golden Knights.



The Panthers' Logan Schneeweiss carries the ball during the Class B playoff game vs. host Nanuet.



Quarterback Jeff Barile drops back to pass during Pleasantville's Class B playoff game at Nanuet.



Pleasantville running back Brandon Castro tries to fend off a tackle by Nanuet's Brian McGreevey in Saturday's playoff game.



Pleasantville freshman Jack Minerva runs with the football in the Panthers' 10-0 playoff loss on Saturday afternoon.



The Pleasantville defense gangs up to stop Nanuet running back Connor Breit in the semifinal playoff game Saturday.

and his coaching staff argued vehemently that the fumble came after the whistle. Nanuet took over at the P'ville 7-yard line and, despite a big effort from the Panther defense, tacked on another three points with a 22-yard field goal with 3:17 left in the quarter.

Early in the final period, Castro returned a punt 34 yards to the Panther 44-yard line. Quarterback Jeff Barile then connected on a short pass to Logan Schneeweiss, who finished the day with seven receptions. One play later, though, a Barile pass was picked off and Nanuet took over at its own 31 with 7:42 remaining.

"Yeah, our guy was bumped while running his pattern and the quarterback threw where he thought he was gonna be and he wasn't because he was bumped," said Becerra, whose protest to the officials was ignored. "Their word against ours, you're never gonna win that one."

Any chance for a Panther comeback completely disappeared in the final minutes with three more turnovers, two of them interceptions and the last one a fumble with just over a minute remaining when Schneeweiss tried to quickly tip the ball to a teammate after making a catch.

"It's been our M.O.," said Becerra about his team's inability to sustain drives. "Once we get something going, we shoot ourselves in the foot via a penalty or a turnover. And that's something that's got to be fixed."

Whether that happens in time for the season finale at Ardsley in a few days remains to be seen. But Becerra is hoping all his players can put the semifinal loss behind them and accept the challenge of finishing their season above .500.

"I told 'em it's not easy," he said about his postgame chat with his crestfallen team. "You lost a game that you worked hard for, but it's part of the growing-up process and hopefully the guys returning will learn from it. And I told the seniors, even though it may not be meaningful, they still have one more game left in their

high school career and a chance to finish with a winning record."

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AN OPEN LETTER TO ALL VOTERS

Dear Folks:

In this age of often petty partisan politics, too many of us go into the voting booth and blindly select judicial candidates without knowing anything about them. This is often an ill-advised way to vote, especially when selecting judges who will sit in our courthouses and make decisions affecting our lives and those of our families. Ask any working attorney that you know, and they will confirm this for you. If that is the way you vote, then all you need to know about me is that **I am a non-affiliated independent voter, who has been nominated by the Republican and Conservative Parties for a position on the New York State Supreme Court.**

I write to you now to appeal to you as human beings, who are vastly more difficult to define than by any party affiliation. A Judge on your New York State Supreme Court will sit on a bench that hears serious civil cases, involving all manner of incidents in which people have been hurt, defrauded or otherwise taken advantage of. That Judge will act as a gatekeeper, ensuring that average citizens like us have equal access to justice and are treated fairly.

As a **United States Marine**, I took an oath to protect and defend our country, its interests and its Constitution. I did so faithfully and continue to do so. As a **Police Officer in the South Bronx**, I took an oath to enforce the law and bring violent felons to justice. A veteran of over 1,000 arrests, I took scores of illegal guns off of the New York City streets. Very few candidates for this Court have ever had that type of practical experience. 30 years later, my reputation as an outstanding police officer remains intact as is clearly evidenced by the numerous endorsements I have received from the law enforcement community. In fact, I am **THE ONLY candidate for Supreme Court in this election, that is endorsed by the New York State Supreme Court Officers Association**. I am very proud of that, because these are men and women that know me, that have seen me at work in the courthouses and appreciate me as a professional.

As a **Trial Attorney**, I took an oath to uphold the law and to use it ethically to represent my many clients over the years, to speak for them as an advocate and a champion, sometimes against incredible odds. For the past 16 years, I have put my resources and my reputation on the line again and again, to get justice for my clients. In the course of doing so, I have gained a wealth of experience in the actual practice of law, know how trials are to be conducted and how a courtroom should be run. I am proud to have gained the affection, respect and admiration of both my clients and my colleagues, both at the bar and on the bench, and a sense of satisfaction in knowing that I have changed the lives of many people for the better.

If you elect me as your next New York State Supreme Court Judge, I will take an oath to administer the law, and like every other oath I have taken, I will abide by it and do my best on your behalf as an attorney, an objective jurist and a gatekeeper.

When politics are put aside, we realize that a judge is, and should be, a non-political being who acts out of an understanding of the law and his/her responsibility to be guided by the law in making decisions.

If you are more interested in placing a lifelong public servant on the bench, than you are in petty, partisan politics, then I want, and submit to you that I deserve, your vote!

I ask only your measured consideration and I appreciate the mere possibility of getting that from you.

I promise that I will do my very best to be a Judge that ALL VOTERS can be proud of.

Very truly yours,

Monty Delaney

Father, Marine, Cop, Attorney

**MONTY DELANEY HAS BEEN ENDORSED BY NYS SUPREME COURT OFFICERS ASSOCIATION • NYC LIEUTENANTS
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