Examiner Sports Cayea0'd!

Carmel Drops Arlington, 38-14, Rams Snag 1st Section 1 Class AA Title Since 1998



Volleyball Notebook

Walter Panas, Hendrick Hudson Advance to NYS Final 4's

By Tony Pinciaro

Following the third game of its Class A state regional volleyball final, WALTER PANAS was down, 2-1, against Section 9 champion, Cornwall.

The Panthers were facing a premature conclusion to their outstanding 2021 season. However, a little pep talk between games three and four is just what Panas needed.

'We all came into the huddle a little down on ourselves," said senior and captain Tristan Demas. "However, we all took a collective deep breath and refocused ourselves. We knew what we had to do and that was play our brand of volleyball. We were hungry for that win and that set came down to who wanted it more, and it was us."

Panas took the court for game four, evened the match at 2-2 then overcame an early deficit to take the decisive game for a 25-20, 19-25, 22-25, 25-23, 25-23 victory over the Dragons at Millbrook High School.

Panas returns to the state final four, for the first time since 2018, at Cool Insuring Arena (formerly the Glens Falls Civic Center) in Glens Falls, Saturday-Sunday, Nov. 20-21.

Panas, now 19-1, is joined by Burnt Hills-Ballston Lake (Section 2), Niagara Wheatfield (Section 6) and Wantagh (Section 8). The teams will compete in pool play, beginning 8:30 a.m., Saturday. The teams will play six games apiece. The two teams with the best records will play for the Class A state title, noon, Sunday.

Panas only faced a 2-1 deficit once this season, to undefeated Class B champion HENDRICK HUDSON, and battled back to force a fifth game. Demas pointed out the team did recall that experience and how well it played, despite the final result.

And in the Section 1 Class A final, Panas was in the opposite position, leading Nyack, 2-1 after three games, before the RedHawks stormed back to force a fifth game.

"The last two games were a 'now or never' kind of scenario," Demas said. "We all knew this was the last game before states and we had to push through. We had made it this far and to lose right before our destination was



Walter Panas volleyball players pose with Region 1 title plaque after thrilling 5-set win (25-20, 19-25, 22-25, 25-23, 25-23) over Cornwall Saturday.

not an option. I saw relentlessness and heart in every single one of my teammates like I've never seen before. It was a team win."

Even after evening the score at 2-2, Cornwall got a fast start in game five and was in control, leadin, 21-17, before Panas seized the momentum.

"We played like we had nothing to lose and stayed loose," Demas said. "Before the fifth game started our mentality was just, 'Win or lose, this is the last set. We want to leave everything on the court,' and that's exactly what we did.

"During the fifth game we were down by a good difference of points, but as a team, we were able to pick each other up and rose to the occasion.'

Panas opened state play with a four-set victory over Section 4 champion Vestal.

Mackenzie Calhoun was a sophomore on the HEN HUD team that won the Section 1 Class B title and would play in the state final four. However, it did not go the way Clahoun and her teammates would have liked.

"I remember it being bigger than life," Calhoun recalled. "It was the biggest venue that my teammates and I ever played in. We didn't play our game."

Hen Hud lost in pool play, but it was an experience Calhoun won't forget. Calhoun knows she and her teammates will not allow that to happen this year as the Sailors are Falls after sweeping Section 4 champion Owego in a regional

semifinal, at Hen Hud, and eliminating Section 9 titleist New Paltz in three games in a regional final at Millbrook High School.

Undefeated Hen Hud, 25-0, will face Broadalbin-Perth (Section 4), Marcellus (Section 3) and John Glenn (Section 11) in Class B pool play, beginning 8:30 a.m Saturday at Glens Falls. The teams will play six games apiece and the two teams with the best records will play for the Class B state title, noon, Sunday.

Following the regional-final win over New Paltz, Hen Hud did discuss the final four.

"We had a little talk about it after the match," Calhoun said.. "I wanted to let them know it's really big and can be intimidating and we can't let it get to us. I think that's what happened to us in 2019. Basically, everyone is excited we're all going now and we are preparing with the knowledge that we have to do our best when we go.'

Hen Hud had a long wait before taking the court against New Paltz at 4 p.m. The Class B regional final was the conclusion of the quadruple header at Millbrook. Calhoun said the team arrived three hours early, but put that time to good use.

"They gave us a classroom, so we talked about the game and went through our lineups," Calhoun explained. "We played



returning to Glens Members of the Hen Hud volleyball team pose with NYS Region 1 title plaque after sweeping New Paltz and advancing to the NYSPHSAA Final 4 this weekend.

our fun games. We did a lot of running in the halls and little exercises to keep our blood flowing and pumping."

Once Hen Hud began pre-match warmups, Calhoun sensed the team was on point.

"Everyone was locked in," Calhoun said. 'We knew this was it and we knew the importance of every game, now, and we went into the match with a different mindset than during the regular season.'

Hen Hud came into the match prepared for New Paltz's strong service game. The Section 9 champion's strength was negated by Hen Hud's back-row defense, led by libero, junior Camille Gibson.

"We put some new people in the back row and they did a great job and I'm really proud of them," Calhoun said. "We were able to finish what they started."

Hen Hud received an added bonus in its first-round state regional against Vestal as the Sailors played one more match on their home court. As a result, Hen Hud fed off the energy from its enthusiastic, jam-packed crowd.

"That was amazing," Calhoun said. "We were so lucky to have them. I don't think we ever played for a crowd that big. Everyone was there and supporting us. They were a huge energy booster."

Local Harriers Medal at NYS X-C Meet



Brewster's Patrick Ford poses with coach Joe Scelia after Ford medaled at NYS Cross Country Meet in Binghamton Saturday.



Somers' Gabriella Parisi came up strong at NYS Cross Country meet (26th, 20.05.2) in Binghamton Saturday.



Putnam Valley's Bronagh Cassidy (20.41.2) and Gabrielle Randazzo 29th (20.47.3) competed at the NYSPHSAA meet in Binghamton Saturday.



Peekskill's Brianna Carter (23rd, 19.58) in action at NYS X-C meet in Binghamton.



Svdney Leitner of Yorktown ran to an All-NYS finish at NYS meet Saturday in Binghamton.

NWE/Putnam Class AA Grid Notebook

Carmel Cruises to 1st Section 1 Class AA Title Since 1998

Massi Scores 2 TDs, Plows for 131; Rams Face CBA in Saturday's State Tourney Tilt

By Ray Gallagher Examiner Sports Editor @Directrays

When every phase of football is clicking, and the execution syncs with talent, the end result is a beautiful thing, and the state-ranked (No.7) Carmel Rams (10-0) were as pretty as could be in Saturday's 38-14 throttling of host Arlington in the Section 1 Class AA finals. In 27-year veteran Coach Todd Cayea's sixth championship appearance, the top-seeded Rams won their second sectional title, first since 1998. Behind a stingy defense -- which allowed 181 yards for the night (much with subs in place), and just 19 in the first half -- plus a masterful rushing effort from senior MVP Josh Massi, who went for 131 yards on 20 carries, including a pair of TD jaunts, there was little doubt about the outcome.

"A lot of emotions right now," said Massi, who doubles as a linebacker. "We really worked hard for this, and it paid off with a trip to states. We know Coach Cayea really deserved this. We just stuck to his game plan as brothers and this happened. We got a lot more left in the tank. We'll go week to

week and see what happens."

The Rams, who have now outscored their opponents 374-49, will play host to Section 2 champion CBA-Albany in Saturday's (3 p.m.) opening round of the NYSPHSAA tournament at Mahopac High. Arlington (7-3) received Section 1'sat-large berth and will travel to Middletown High School to face Section 9's Newburgh.

"That's the best team I've seen come out of Section 1 in probably the last decade," Admirals coach Mike Morano said, nodding to the Rams.

There's been no doubting that since Week 1. There's not a phase of football the Rams haven't dominated. Ram fans far and wide are calling the 2021 team the best in Carmel history.

"We're a very balanced team," Cayea said. "We can throw the ball, we can run the ball. We play really good defense and we have some good special teams and most importantly we have great character kids. They work hard. They're very coachable, and it's just been a joy to coach them. It's been a great year for us.

"It's been a long time," he added, "been

the bridesmaid a lot. This is the sixth time that I've been here so we had opportunities. We've been close if you backtrack the history of Carmel, but it's always been tough to finish, so it was nice to come out here and get it done again, partly for all those guys before them."

Carmel QB Kevin Dall hit on 6 of 9 passes for 75 yards and added a rushing score. Ram WR Andrew Fiore (3 grabs, 56 yards) posed problems throughout the night. His 38-yard touchdown catch on play-action from Dall



Carmel Coach Todd Cayea gets dunked after winning first Section 1 Class AA title since 1998.

was quite the effort by the senior, who served as a weapon on both punt and kick returns. K Nick Sodano booted a 28-yard field goal and provided Carmel with adequate field position despite the chilly temps. Carmel senior Dominick Telesco was awarded as the game's Most Outstanding Lineman honor for his two-way play in the trenches.

"This was a big atmosphere and I just knew we could not take this moment for granted," said junior RB/LB Nick Rosaforte (3 rushes for 43 yards), who served pancake blocks all night and wrecked others on defense. "We just came out here and played with attitude. We weren't coming home without a win. It's an honor to play for Coach Cayea and win it for him. It's crazy. We're ready to keep this going."

Driven and motivated by Coach Cayea, his players wanted to get this done for him after the tumultuous issues of the 2019 off-season when Cayea was released by the district but rehired after the community rallied in support.

"I really don't concern myself with that stuff," Cayea said, "I'm just glad to be back, but yeah, this is special. I've been coaching these kids since they were in fourth grade. I've known them for a long time, and there's a special connection amongst the staff with them, which is evident when you see us play."



Carmel Coach Todd Cayea and the Rams hoist first Section 1 gold ball since 1998 after thumping Arlington 38-14 for Class AA title Saturday.



Carmel WR Andrew Fiore gets some ups with TE TJ Fusco after blowing open Section 1 Class AA title game over Arlington with TD grab.



Carmel junior RB Thomas Keating snaps off TD jaunt in Rams' 38-14 Section 1 Class AA title win over Arlington.



Carmel junior RB Nick Rosaforte picks up block from big Owen Boland in Rams' 38-14 Class AA title win over Arlington Saturday.



'Great Scott' Danvin blows up one of many running plays he would thwart in Rams' 38-14 Section 1 Class AA title win over Arlington.

NWE/Putnam Class A/D Grid Notebook

Somers Delivers Final Blow, Shakes off Rye for Class A Title;

State-ranked (No.10) Tuskers, Class D Haldane to Rep in State Tourney

By Ray Gallagher Examiner Sports Editor @Directrays

History will recall Rye vs. Somers for the 2021 Section 1 Class A title as one of the all-time greats between two of the all-time greats. This was Ali/Frazier if the 'Thrilla in Manila' had had a thick, dense fog, six lead changes and an 82-yard knockout blow by Somers senior kick returner Matt Kapika, who emerged from the fog with 11 Garnets in chase before providing the state-ranked (No.10) Tuskers (10-0) with the 26-23 title triumph over No.6 Rye (10-1).

No.1 North seeded Somers and No.1 South Rye, after an epic Class A championship game between two programs that hadn't lost in two years, each advanced to this weekend's NYSPHSAA regional semifinals as Section 1 is granted two entries into the tournament this year #MightWeMeetAgain.

Somers will host Section 2 champion Burnt Hills-Ballston Lake (9-1), ranked No.8 in NYS, in Friday's opening round at Mahopac High (6 p.m.) while Rye visits Section 9 champion Minisink Valley, an upset victor over two-time reigning state champion Cornwall.

The Garnets scored two TDs in the third quarter to take a 16-6 lead, marking the first time Somers had trailed in the second half all season. If there was a panic button on the Tusker sideline, nobody touched it, but the mood swings were evident.

"I wouldn't say panic, but we brought all this up in the film room in regards to not having faced much adversity this season, not since Mahopac in the first week of the season," first-year head Coach Anthony DeMatteo Jr. said. "We played a lot of good football this season, but did not get punched in the mouth. We expected to get punched tonight, but just because you expect to doesn't make you able to handle it and prepare you how to react to it. Rye is a great football program with a rich tradition and

tough kids. They punched us in the mouth and it was a heavyweight fight. They hit us, we hit back and it just kept going back and forth. We're very fortunate to have come out on top.

"It was a tremendous football game, an absolute war," said DeMatteo, who assumed the Tusker reins from his dad, legendary grid Coach Tony DeMatteo, after the Tusker were crowned Section 1 North.West./ Putnam regional champs last spring due to COVID. "For the fans it was great to watch. As a coach it was nerve-racking and exciting. I'm thrilled for my guys and happy for this community that we brought the title back to Somers. Football is the greatest teacher in life. It teaches young men how to be able to deal with things that don't go their way sometimes. We preach that since day one so to see them fight back when things weren't going their way and things we at the toughest they been all season makes me more proud than anything."

Kapica (5 rushes, 46 yards), who also wheeled his way home for a scintillating 37-yard second-quarter score and a 6-2 lead, delivered the game-breaking gut punch. Somers senior WR Trey Mancuso, the game's MVP, delivered several crucial blows as well, including a 55-yard touchdown catch in the third quarter from QB Matt Fitzsimons, who also found Mancuso for a critical 30-yard snatch to set up a Luke Savino (16 rushes, 87 yards) seven-yard touchdown rush in the fourth for a short-lived 19-16 lead. Mancuso added a sack, five tackles and handful passes defended at safety.

"We put in so much work over the course of the season for this great feeling right now," Kapika said. "We're the only team in Section 1 still doing triples and it really showed off today because we've been preparing for this since the summer. We showed we can be a fourth quarter team with all the eyes on us. We expect the big plays to come. We're such a tight family and we know someone will continued on next page



Somers RB Derek Marcus (33) tries to get the edge on Rye defender in Tuskers' 26-23 Section 1 Class A title win over Garnets Friday.



Somers QB Matt Fitzsimons fires pass in front of RB Derek Marcus in Tuskers' Section 1 Class A title win over Rye Friday.

come through.We love each other so much and we'll do anything for each other so, yeah, I scored and Trey scored and Savino scored but it takes all 11 guys on the field to make that happen and all 11 guys came through on those big plays."

As he had all season, Somers senior DL Dylan Faller led the defense with six tackles, two for a loss. That said, Rye's crossing routes gave Somers fits all night, and when versatile Garnet Jack McRedmond (153 receiving yards, 2 TDs) took one 86 yards to the house for a 23-19 lead. But the Tuskers took that particular groin shot with a grin when Kapika answered on the ensuing kick.

"This was crazy, like nothing I've ever seen," said Faller, the game's Most Outstanding Lineman. "This game meant so much to us. We came out here, we didn't know what to expect and hats off to Rye. They were definitely a great opponent. We never quit, even when things weren't going our way and we found a way to win in the end. Shout out to my fellow seniors and everyone on the team for coming through.



Somers WR Trey Mancuso (R) hauls in pivotal catch to keep a key scoring drive alive in 26-23 win over Rye.

We'll fix our mistakes up and be ready for whoever is next."

With both teams in the NYSPHSAA state tournament, they could meet again in two weeks should they survive and advance the first round.

"We're not looking ahead to that. We're looking at whoever comes out of Section 2," said DeMatteo, who won his first Section 1 title as a head coach and fifth overall, including one as a Somers player. "I think this current playoff system is great. Instead of having a bye, we're getting two teams that are clearly deserving of playing in the state playoffs."

CLASS D

HALDANE (6-3) got off the carpet on multiple occasions but rival Tuckahoe saw RB Michael Meyers fillet and carve the Blue Devils' defense for 342 yards of earth and three TDs on 40 carries.



Somers' Most Outstanding DL-OL Dylan Faller takes moment to give thanks after winning Section 1 Class A title Friday.

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The Blue Devils had answers in the form of Ryan Irwin's 23- and 24-yard TD grabs from QB Ryan Van Tassel; three TDs by Giancarlo Carone in three phases, including a 75-yard kickoff return, a one-yard rush and a 74-yard pick-six; and a 71-yard INT return by Evan Giachinta.

The kids really rallied around each other," Haldane Coach Ryan McConville said. "We were down three scores in the middle of the third and Carone, Irwin, Giachinta, made big play after big play to tighten the game and claw our way back. Ultimately, we came up on the short end, but those guys kept competing, they kept believing in each other and attacked until the end."

The two rivals could square off again in the second round of the state tournament if both win their respective openers. Haldane will visit state-ranked (No.9) Section 7 champion Moriah Friday (7 p.m.) at AuSable Valley High School in way upstate Keeseville, NY.





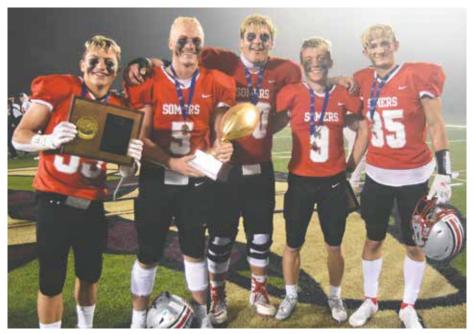
Haldane WR Thomas Tucker looks in (left), then grabs a monster catch in Blue Devils' 48-40 Section 1 Class D title loss to Tuckahoe Friday at Arlington.

SMALL NEWS IS BIG NEWS





Haldane senior Giancarlo Carone gets some love from mates Thomas Tucker and Ryan Merritt after Carone's big fourth-quarter TD in 48-40 loss to Tuckahoe Friday.



Somers captains Derek Marcus, Ethan Krauss, Jake Polito, TJ Olifers and Trey Mancuso display Section 1 Class A championship hardware after edging Rye 26-23 in come-from-behind fashion.



Haldane senior Julian Forcello chugs for big gain in Blue Devils' 48-40 Section 1 Class D title loss to Tuckahoe Friday.

Boys Soccer Notebook

Somers Takes 2nd State Title in 6 Years, Outclasses Field Tuskers Outscore Foes 17-3 in NYS Tourney, 12-3 at Final 4

By Ray Gallagher Examiner Sports Editor @Directrays

Front start to finish: It was like top-ranked Somers (22-1) was in a class all by itself in the 2021 NYSPHSAA Class A boys' soccer tournament. From the depths of Amityville, Long Island, to the far-western reaches of Williamsville South, Coach Brian Lanzetta's Tuskers outclassed the field en route to Somers' second NYS title last Sunday at Middletown High's Faller Field where the Tuskers were all business, with pleasure sprinkled in when necessary.

"Dude, they were like soldiers up there," Lanzetta said. "Meetings, film study, curfews... just like Somers football. Both programs game plan and prepare like nobody and the kids are all in. The leadership our seniors showed was second to none. These kids were incredible leaders all season, and even more so in the postseason."

The Tuskers, who last won it all in 2016, romped through the state tournament, outsourcing their four opponents 17-3, including Sunday's 7-2 triumph of Section 11 champion Amityville in the NYSPHSAA finals. The Tuskers made short work of Section 6 titlist Williamsville South in Saturday's 5-1 semifinal win, which could have been 10-0 had Coach Lanz not dumped his bench 30 minutes in.

"I don't think anybody there could believe what was happening up there, not just our team, but everyone in the place was shaking their heads in awe," Lanzetta said.

Against Amityville (18-2-1), which Somers defeated in the 2016 state semis and lost to in the 2018 state finals, nobody panicked when Somers fell behind early.

The Tuskers responded in kind when All-Section senior F Bennett Leitner provided the Tuskers a 2-1 lead at 24:55 of the first half, taking a through ball from his kid brother Brady Leitner, shortly after Bennett Leitner rushed the left sideline and crossed to All-Section senior M Daniel D'Ippolito for the 1-1 equalizer. It was vintage Leitner, the kind of stuff he's done for four years while netting 55 career goals and securing an All-Tournament nod.

Somers senior G Anthony Tucci (8 saves) made a lunging save at 12:20 of the first half to keep Somers ahead, 2-1, and it didn't take long for Somers to counter with Jacques Verard heading home a cross from senior D Jake Riina with 10:13 left to play in the half for a two-goal cushion.

That became a three-goal lead when Leitner deposited a crossing feed from D'Ippolito with 28:33 left in the second half for a 4-1 lead, and perhaps the easiest of his 55 goals. Amityville answered in kind to cut the deficit in half, but D'Ippolito initiated a PK and sent home his own rebound for a 5-2 lead with 19:12 remaining in regulation for his seventh goal in the NYS Final 4. The underrated Verard added his second goal of the game for a 6-2 edge with 8:11 to go and the rout was on, yet again. The Big Dipper tacked on one final goal, his fourth of the night and eighth of the Final 4 for the final margin. It was the 52nd and final goal of D'Ippolito's awe-inspiring high school career. Senior Noah Saks was a menace throughout the Final 4. Senior backs Aedan Hopper and Michael Micceri may not get the headlines some of the others do, but they were transitional magicians.

"Noah Saks peaked during this



ROMAN CATALINO PHOTO

Members of the Somers soccer team pose with second NYSPHSAA title plaque in school history (2016) after running through tournament with a combined 17-2 edge, including Sunday's 7-2 win over Amityville.

tournament," said sixth-year Coach Lanzetta after winning the 100th game of his career in grand fashion. "Verard was insane. I just looked at him at one point and said 'Dude, who are you right now', and Hopper and Micceri were ridiculous. Without them, and Jake Riina, who gets the ball up top to Dip and Bennett? They get things going with transitional countering. They set things up

for Dip to put three guys on skates, and for Bennet to be the athlete he is.

"Listen, we have the utmost respect for Amityville, but we were just on another level up there," the coach added. "Our defense was young at the start of the season but they got better with each game. Tucci had some huge sayes."

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The lethal 1-2 punch of Tuskers Bennett Leitner and Daniel D'Ippolito exposed opposing defenders for what they were, absolutely helpless, in NYS Final 4.



Somers G Matthew D'Ippolito, with help from Jack Van Tassell, slaps save in Tuskers' 5-1 win over Williamsville South in NYS Final 4.

Boys Soccer Notebook

Sports



Somers sophomore D Andrew Fassone makes rush in Tuskers' 5-1 NYS Class A semifinal win over Williamsville South Saturday.

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Against Williamsville South, D'Ippolito scored four goals before halftime and might have had eight had he not taken a seat at the 30-minute mark of the first half. Dip opened the scoring just three minutes into the match and never ceased. The All-NYSin-waiting middie drew a foul just outside the box and whipped home a free kick. Leitner then found leverage on the Billies defense nine minutes in to make it 2-0; a choice dance move with Verard and Hopper followed. Three more tallies by D'Ippolito was more than enough to put a bench under the starters and rest up for the big match less than 24 hours later.

"I'd never seen anything like Dip's

performance in a game of that level, in that setting" Lanzetta said.

The D'Ippolito/Leitner duo will go down in history with the Lucas Fecci/Jon Rinna connection as the most lethal pairing in Somers history, according to Lanzetta.

"They're right there with each other," Lanzetta said. "No doubt about it. Bennett really matured over his career and developed into a leader and a lethal scoring threat. Dip is up for All-American, and for good reason, but Bennett should be, too. They held kids accountable and were leaders by example."

The only thing that stood between Somers and a perfect season was a late, regular-season overtime loss to league rival Yorktown. Outside of that, Somers played



Somers junior M Edmund Cleary (26) gets some run in Tuskers' 5-1 NYS Class A semifinal win over Williamsville South Saturday.

level or with the lead for nearly 95% of its

"Amityville deserved to be nationally ranked and to watch Somers put on this offensive show tells me that they are not only tops in the state but perhaps tops in the country," said Byram Hills Coach Matty Allen, president of the Section 1 Coach's Association. "Teams shouldn't be able to do that to other teams; at any level, let alone a state title game. The most impressive part

of the run was how Somers' defense and keeper play improved from the start of the season. They completely ramped up and were a different team than on September 1st. I was just as impressed as well with the changes after the Eastchester game on how they systematically fixed their defense. That's a really impressive coaching effort."

That's a program that should garner national recognition, no ifs, ands or buts!



Somers senior M Noah Saks applies pressure in Tuskers' 5-1 state semifinal win Saturday.



Bus ride home was pretty chill for state champion Tuskers Sunday night.

Examiner Sports

Gore & Awe, Tuskers Roart



Somers Kaps Arlington for Section 1 Grid Title; Leits Up Amityville for NYS Soccer Crown

RAY GALLAGHER PHOTOS

Leaping Somers senior RB Matt Kapika (10) and pitch classmates Bennett Leitner (18) and Daniel D'Ippolito (13) were instrumental in helping their respective teams -- football and soccer -- get the job done last weekend. Kapika scored two TDs, including the game-sealing 82-yard kick return (pictured) as the state-ranked (No.10) Tuskers nudged their way past Rye, 26-23, for the Tuskers' fourth Section 1 Class A grid title since 2012 last Saturday at Arlington High while the celebratory Dip and Leitner (pictured with Aedan Hopper and Jaques Verard) led state-ranked (No.1) Somers to its second NYSPHSAA Class A boys' soccer championship Sunday afternoon at Middletown High School where Coach Brian Lanzetta secured his 100th career win since 2016... see Grid & Soccer Notebooks