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September 3- September 9, 2019

SMALL NEWS IS BIG NEWS

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To Kill or Keep? Geese Debated in Southeast

By Abby Luby

Large images of geese excrement flashed on a screen for the duration of Thursday night's Southeast town board work session as residents fought each other about what to do with the burgeoning geese population and their insurmountable droppings.

The contentious meeting was attended by more than 45 people, many of who were eager to air their feelings and see if the town had a viable plan going forward. For well over an hour animal protection rights advocates were pitted against those favoring shooting the waterfowl to remedy the situation.

Southeast Supervisor Tony Hay reviewed the town's practice of dealing with the geese for the last decade. He cited the town's legal permit from the New York Department of Environmental Conservation (DEC) that authorizes the killing of geese should they pose a public health threat to waterways, drinking water supplies or swimming areas that were regularly tested for bacteria. The DEC permit gives municipalities the

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ABBY LUBY PHOTO

Southeast Recreation Leader Cathy Chiudina at the Southeast Town Board Work Session, talking about health hazards threatening youngsters by goose droppings.



RAY GALLAGHER PHOTO

Ramming Home a Point

Carmel gridders, including WR/DB Alex Beauchesne, are expecting a big season this fall... see Grid Previews in sports

Putnam MTA Rep Details Plan for Train Service

By David Propper

Putnam County volunteer representative for the MTA board Neal Zuckerman believes Putnam has been "forgotten" by the transit authority, but during a legislative committee meeting last month he detailed ways he'd like to get the county's needs met.

"We are not attended to by the MTA as much as I'd like us to be," Zuckerman said.

Zuckerman, a Garrison resident, has been on the MTA board for the past three years, but this was the first time he appeared before county lawmakers which took place at an August physical services committee

meeting. He discussed the performance and progress being made by the Metro-North train service.

Zuckerman, who is a near daily train commuter himself, said safety, price, service and sustainability of the entire transit system are the highest priorities for him.

Bluntly put, Zuckerman said the MTA has had a lumpy history addressing safety in the past. One important aspect of safety for him is positive train control (PTC), which is supposed to prevent accidents when human error occurs. It has not been fully put in place and several deadlines have been missed.

Zuckerman said PTC is personal to him

because fellow Garrison resident, the late Jim Lovell, died in Dec. 2013 in the Spuyten Duyvil derailment. Three other commuters were killed that day. If PTC were implemented before Dec. 2013, Lovell would still be alive, Zuckerman said. (Legislator Nancy Montgomery was married to Lovell.)

Another deadline in 2018 was also missed, though Zuckerman said he pleaded with MTA leadership to get it complete. Another deadline is scheduled for Aug. 2020 and the progress is being made, Zuckerman said.

Fighting to get PTC in place has been a lonely fight for Zuckerman.

"It has not been a pleasant experience,"

he said.

Addressing price, Zuckerman said he's been advocating to charge customers "flat fares" where commuters in Westchester, Putnam and Dutchess counties would all pay the same amount of money. While commuters closer to the city would pay more, Zuckerman said the increase wouldn't be as dramatic as one would think.

"It's an incredible penalty for us that live up here and it's only gotten worse because the fares have risen so much over the last decade," Zuckerman said. When he first started using the train out of Garrison in

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To Kill or Keep? Geese Debated in Southeast

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right to take any number of Canadian geese between April 1 and August 31 and for Canadian geese eggs can be taken, or added, between March 1 and June 30.

"The first year I was in office, there were numerous complaints about sanitary conditions from geese droppings in our parks and ball fields," said Hay. "We tried cut-out dogs and that didn't work, then we used screamer guns and that didn't work."

Hay read a litany of facts about Canadian geese, their habitat, life span, number of yearly offspring and how many tons of feces geese deposit in their lifetime.

"The feces contain bacteria that includes E coli and salmonella to name just a few," Hay said, as a slide showed the size of a clump of goose feces compared a quarter.

The controversy spiked recently when geese on Lake Tonetta were shot and killed, alarming lake residents who were unaware the geese were being hunted down. When goose carcasses were brought to the Wolf Conservation Center in South Salem for consumption, concerns arose about the toxicity of the bullets used, though said there was misinformation about the type of bullets used.

On the screen were pictures of local ball fields and parks covered with droppings.

"Kids in sports programs use these fields and their parents were livid about the conditions having to do with geese droppings. There's only so much this town can do and we do everything we can. The

only place we can hunt is on Lake Tonetta," said Hay.

Maria Lagana, a veterinarian and resident of Lake Tonetta as well as the president of the Lake Tonetta Park Association said she represented those who were concerned with the wellbeing and care of wild life.

"Studies have shown that shooting the geese is not an effective way of keeping them off the lake because it opens up spots for more geese populations," Lagana said. "Season long deterrents include having less grassy shore lines, also the adding of eggs are more effective. Shooting geese is brutal and inhumane."

Lagana said lake residents had witnessed geese being wounded and dragged away, believing the job done was not professional.

One lake resident who saw geese being shot was Samantha Woodgate.

"I saw the gun powder coming out of the guns, the geese floundering around and it felt unsafe to have guns out in the open," Woodgate said. "There is nothing to stop the gun fire from flying. It's scary. Neighbors were wondering why there were guns are going off. If guns are being shot, we should know about it. Watching innocent geese being shot is heart breaking."

Karl Lebitch, a member of the Lake Tonetta Advisory Committee defended the use of guns to rid the area of geese.

"It wasn't done inhumanely, the geese didn't suffer," he said. "Everyone can say what they want, then they put it on the internet and it blows up and that's what's

happening right now. I urge everyone to get involved with the Tonetta Lake Advisory Committee."

Bill Ratajack, Chairman of the Board of the Lake Tonetta Heights Community Association, said he was also upset by derogatory comments [about shooting geese] made by certain neighbors.

"We undertook this process because not much else was happening. I personally help clean the beach every day," he said.

Bill Macgregor, Vice President of the Tonetta Lake Association supported the use of guns. "I'm the one out there controlling it. I pick the day and time and the people. People I trust are behind my back with a shotgun. I keep it safe and that's my main concern."

Southeast resident Ann Fanizzi offered an historical perspective of man's battle with nature, referring to newspaper

articles on past inhumane treatment of dogs by euthanizing them because their feces were considered a health risk. She did not want to see the geese killed off.

Town of Southeast Recreation Leader Cathy Chiudina, who oversees the summer swimming program at Tonetta Lake, said she filled two grocery bags with goose droppings every day.

"We have 160 kids in our swimming program and to have children running around the beach and in the grass, then fall down and have that on their hands and not taking the time to wash their hands, that's a big safety concern for me," said Chiudina.

Councilman John Lord said the town board will have a meeting in October and he invited residents to become involved.

"We'd like to work on a plan to implement by springtime," he said. "Everyone will know what we are planning."

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NY License Plate Fees Under Fire from Lawmakers

By David Propper

A plan to force New Yorkers to purchase new license plates that could cost them as much as \$45 was slammed by local state representatives last week.

Beginning in April 2020 drivers that renew their motor vehicle registration with license plates more than 10 years old will be mandated to purchase a new one to the tune of \$25, according to the state Department of Motor Vehicles and Governor Andrew Cuomo's office. If drivers want to keep their current license plate number, they will then have to fork over another \$20.

The change comes as New York will rollout a new license plate design starting next year. There are five options on the table, including two that have a variation of the Statue of Liberty, one of the Mario M. Cuomo Bridge (commonly referred to as the new Tappan Zee Bridge), and two that are of different scenery in the state.

Residents are able to vote on which plate design they'd like to see the state adopt, but money the plate would cost got sharply criticized.

Assemblyman Kevin Byrne, a Republican, said the new license plate charge is "nothing more than another cash grab to justify more wasteful spending by Albany" and is a new tax on state drivers. The new charges put in place were not approved by the state Legislature, Byrne noted.

State Sen. Sue Serino, a Republican,

called the plate exchange "a money grab plain and simple." She urged the DMV to rethink the plan before it goes into effect next year.

"Following a legislative session where one party control brought with it the passage of new taxes and fees on everything from internet purchases to paper bags, this proposal only adds insult to injury," Serino, who took a transparent shot at Democrats, said.

Dozens of state lawmakers, many Republican, have been critical of the cost. Local officials have also taken notice.

Putnam County Clerk Michael Bartolotti, a Republican, said the latest move by the state is simply a ploy to get "more money out of its already over-taxed residents."

The last mandatory plate exchange occurred in 2001 with the replacement of plates costing \$5.50, Bartolotti said.

"Drivers should be given the option to keep their old plates instead of being forced to buy new ones," Bartolotti stated. "They also shouldn't have to incur an additional fee just to keep the same plate number, which many people prefer to do since it is tied to registrations and EZ Passes. I highly support giving drivers more of a say in this process."

Cuomo, last week, defended the price for new plates, pointing out the cost was voted through by state lawmakers in 2009 before he even took office, according to the Democrat and Chronicle. Cuomo said the new plates are required because



PROVIDED PHOTO

One of the possible new license plate designs New York drivers will don on the front and back of their vehicles. The cost associated with the new plate has caused controversy.

reflective plates are supposed to have a life expectancy of 10 years by industry standards and the new plates would be optimized for the state cashless-tolling plan to the entire Thruway system next year, according to the D&R.

DMV commissioner Mark J.F. Schroeder, in a statement, echoed Cuomo's words and stated that new license plates have been \$25 for more than ten years and was put in place by state lawmakers at the time. The new plates are meant to ensure cameras will pick up the license plate number for each driver that goes through cashless

tolling or a red light.

"The legislature has not acted to change that fee, continuing the \$25 charge every year since, under both Republican and Democratic control," said Schroeder.

Schroeder said Cuomo's administration was willing to lower the existing fees in response to the backlash from legislators.

"If the legislators are sincere and want to lower the fee immediately, although they haven't in the past decade, the Governor has made clear he invites them back for a special session to do it," Schroeder said.

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FAQ's About the Transition of the Putnam's WIC Program

Question 1: What does it mean when I hear that Putnam County WIC is "ending"?

Beginning Friday September 6, WIC services will no longer be available at 121 Main Street and 1 Geneva Road in Brewster, or at St John's Church in Mahopac. These services are being relocated and will be provided by other local agencies. They will continue to be available for all eligible Putnam County residents. The program currently serves approximately 1,100 residents.

Locations where WIC services will continue to be provided are listed below:

- Hudson River Healthcare, 1037 Main St, Peekskill 914-734-8505
- Hudson River Healthcare, 6 Henry St, Beacon 845-831-7402
- Open Door, 344 East Main St, Mount Kisco 914-269-0784
- Open Door, 155 Main St, Brewster 845-279-6999 (COMING SOON)

Question 2: Is it necessary for Putnam County residents to visit a WIC Office in Putnam County?

No. Putnam County residents can visit any WIC office in New York State. For

information on other locations in New York State, please call 800-522-5006.

Question 3: I have read that WIC is not a "mandated program." How does that affect me and my services?

WIC is not a mandated service and local county governments do not need to provide this service. While Putnam County will no longer be a WIC provider, other local agencies will provide WIC services. Putnam County remains committed to supporting the health and well-being of all residents and is working to ensure the transition of

services is seamless.

Question 4: Where can current and potential WIC recipients get more information?

Call The Growing Up Healthy Hotline at 800-522-5006. Growing Up Healthy is available 24/7 and can connect families to local resources including, but not limited to:

- healthcare
- nutrition
- pregnancy
- family planning
- children's special needs

Putnam MTA Rep Details Plan for Train Service

continued from page 1

2004, the price was \$250. Presently, it's \$437.

The MTA is on track toward a bleak future with a deficit that continues to get deeper, Zuckerman said. By 2022, there could be an \$800 million deficit. The MTA has been using cash reserves to cover shortfalls, but that money is running dry.

"This is scary," Zuckerman said.

A 2020-24 capital plan is in the works, Zuckerman said, and it's important to ensure Putnam gets involved. Train stations in Putnam have not seen much work done on them with Zuckerman detailing issues the different stations in the county face, noting there were many parts of each station that

were out-of-date, dilapidated, and potentially dangerous.

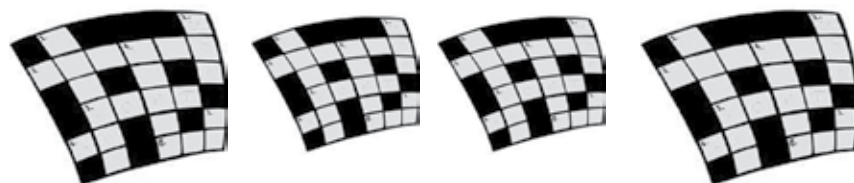
Additionally, Zuckerman would like Metro-North commuters get straight access to Penn Station and repairs to the 125 Street/Harlem viaduct, which is a bottleneck for Metro-North trains and prolongs commuting time.

"It's making Putnam County not an easy place to commute from," he said.

Zuckerman requested lawmakers write a letter to the MTA chairman expressing their support for the capital plan Zuckerman would like to see implemented, which the legislature agreed to do.

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Obituaries

Victor Congionti

Victor Congionti, aged 92, of Carmel died August 24. He was born on February 6, 1927 to the late Gaetano and Maria Luisa (Iacomini) Congionti in Tagliacozzo Italy. Victor married the love of his life Clementina (Mastroddi) on November 6, 1947 in Rome, Italy. In his spare-time, Victor enjoyed playing the accordion, the trumpet and different card games and he was always the life of the party, but most of all he enjoyed spending time with his family and friends. Victor is survived by his three loving children, daughters Gianna Scipioni and her husband Anthony of Mahopac, Maria Martino and her husband Rocco of Hopewell Junction, his son Louis Congionti and wife Silvana of Carmel; He is also survived by his ten cherished grandchildren Victor, Americo, Anthony, Paul, Robert, Victor, Mark, Dominic, Paul and Marissa as well as his 9 cherished great grandchildren, all that he adored; survived also by his brother, Evandro Congionti; his sisters, Giuseppina Tolli, Maria Venturni and Antonietta Platano. He will be most remembered for his love and devotion to his family and friends. Victor will be greatly missed, yet his legacy of love and family will continue to grow in our hearts.

George N. Bell

It is with heavy hearts that the family of George N. Bell, Jr., 69, of Stormville, died

on August 25, surrounded by his loving family. Mr. Bell was born on May 3, 1950 to the late, George N. and Margaret (Stager) Bell, Sr., in Yonkers. After graduating from St. Mary's Seminary in Garrison, he later went on to study at Pace University, where he used his skills in his professional life, in Management; while employed by New York Telephone Company in Mt. Kisco. On May 22, 1971, he married the love of his life and best friend, Linda Bondi at St. John the Evangelist Church in Mahopac, and they were blessed with two children; Sophia and Jennifer. Although George enjoyed working at NY Telephone Company where he made many lifelong friends, it was his family and God who he lived for and who gave him the most joy in his life. As a man of God, George tried to always lead his life by his faith in all aspects of his life, whether it was work, home, sporting events; he knew that our Lord always guided him well on his journey. George would always be the first one to give a helping hand, never judged anyone, always listened to you if you had any concern or if just needed some advice. George knew the day he got married how lucky he was, but his family and friends would say how lucky George was in their lives. George was a man of many talents and there was always music in his home. He loved playing his piano, strumming on his guitar and his favorite audience was his wife Linda and his two daughters; Sophia and Jennifer. In his spare-time was a member of Pioneer's Club at Verizon. George will be remembered most of all for being a devoted husband, a loving

father, son, brother, uncle and a friend to many. His legacy of love to God and family will continue to grow in our hearts. George is survived by his best friend and love of his life Linda, his two loving children; Sophia and Jennifer, his beloved siblings; Michael Bell, Brian Bell, Mary Forzano, Peggy Zodi, Eileen Doyle, Trudy Murray and Joan Nicolucci. He is also survived by his many loving nieces, nephews, great-nieces and nephews, all who held a special place in his heart, as well as, many lifelong friends.

William Schukin

William Schukin, age 83, of Carmel died in the arms of his loving family in the comforts of his home on August 27. William was born on August 13, 1936 to the late Vasely and Marion (Newhall) Schukin. During the Korean War, he proudly served our Country with US Air Force. He learned lessons he would carry with him throughout his life. He would go on to marry the love of his life Mary and together they would be blessed with over 59 years of wedded happiness and three adoring children Doris, Kathleen and Christopher. Before he retired, he worked as a Field Operator for ConEdison in Eastview, NY, where he met and made many lifelong friends. Mr. Schukin loved to travel, he believed variety was the spice of life and both he and Mary lived a life of travel, adventure, and love and were always by each other's side. William was also a huge Yankee, Giants and Ranger fan,

he enjoyed boxing, watching the Olympics. Always active in his community, he was an Associate Member M.V.F.D., and the Knights of Columbus. His greatest past time of all was spending time with his family and friends. Mr. Schukin is survived by his three beloved children; Doris Schukin, Kathleen Schukin and Christopher Schukin and daughter-in-law Susan Dwyer Schukin, two cherished grandchildren; Abygail Schukin and Elise Schukin whom he adored and each child held a very special place in his heart. He is also survived by many loving nieces and nephews. He is predeceased by his beloved wife Mary, who had passed on June 6, 2019.

Maffalda E. Clair

Maffalda E. Clair, known by most as Maffie, a lifelong resident of Brewster, died peacefully on August 28, at Putnam Ridge Nursing Home. She was 88 years old.

Born on July 18, 1931 in Brewster, daughter of the late Donato and Maria (Carpinella) Carlone. She was a graduate of Brewster High School, where she took part in sports and the band. Maffie had a strong Catholic faith in which she was an active parishioner of St. Lawrence O'Toole Church, Brewster. At St. Lawrence O'Toole she was a Eucharistic minister, a lector and enjoyed assisting the church with Mass set up. She had a heart of gold and was always looking to help others in need. She was an

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a partner with the firm Maker, Fragale & Di Costanzo, LLP

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Op-Ed:

Help New York Support Families of Stillborn Children

By Assemblyman Kevin Byrne

With our state's legislative session adjourned until next year, lawmakers throughout New York are now meeting with constituents to solicit feedback, share ideas and plan for the upcoming session. One idea I would like to advance is the expansion of the state's child tax benefit to cover mothers who have experienced the terrible loss of their child from a stillbirth pregnancy.

This past May, I traveled to the town of South Salem with family and friends to participate in the STAR Legacy Foundation's Let's Not Be Still Festival, 5K & Walk. Like many people present, I had first truly learned about how much a family suffers from stillbirth by watching a close relative live through the traumatic experience. Participating in the Let's Not Be Still event not only supported my friends and family, but also enlightened me about the various challenges that families go through when faced with the loss of their child from stillbirth.

When a family suffers such a loss, they face many of the same painful unanticipated financial obligations as a family whose

baby tragically died in his or her first year of infancy. This includes additional costs to cover services for funeral/burial, autopsy, medical testing, mental health and counseling support, as well as additional time away from work.

Stillbirth claims over 26,000 babies every year in the United States. That's 26,000 mothers, fathers, and other respective family members who are affected by this terrible loss. That equals to 1 in 160 pregnancies in the United States, or in other words 70 babies (a school bus full of children), every single day.

New York State currently offers a tax benefit to families with children. It's only fair that a tax benefit is extended to those families who experience a stillbirth during the year of their loss. This tiny bit of financial relief would do more than simply assist with the various financial costs associated with their pregnancy and loss. It would also represent that the state of New York recognizes the loss that these families were forced to endure.

At the Let's Not Be Still event, I spoke with my colleague Assemblyman David Buchwald of Bedford, who represents the

people just south of the 94th Assembly District. We briefly discussed his proposal (A.7468) to offer a special tax credit to assist these families who have suffered from a stillbirth. After further research and discussion, I signed on as one of Assemblyman Buchwald's first prime co-sponsors for A.7468. Mr. Buchwald and I belong to different political parties, but we must not allow party politics to get in the way of supporting a good idea. I wholeheartedly support Assemblyman Buchwald's effort to get his Stillbirth Tax Credit bill passed, and plan to do all I can to support him in making this special tax credit a reality here in New York state.

As we approach the upcoming legislative session in Albany, this proposal is something I will continue to fight for. In the meantime, if you would like to learn more about the challenges mothers and their families face during and after stillbirth, I encourage you to visit the STAR Legacy Foundation's website at www.StarLegacyFoundation.org.

Byrne is a member of state assembly representing New York's 94th assembly district.

Obituaries

continued from page 6

avid Yankees fan. She will be remembered for her cooking and baking; she was always feeding Brewster. She was a member of the Brewster Volunteer Fire Department Ladies Auxiliary and the Putnam County Auxiliary. Maffalda is survived by her loving children; Tina Healy-Leather and her husband Thomas of Patterson, Karen Clair Baeder and her husband Adam of Salt Point, Crystal Conrad and her husband Brian of Hopewell Junction, Katheryn Farina of Kansas City, KS and Kenneth Clair Jr. and his wife Karen of Brewster, her 11 grandchildren; Jessica, Giovanna, Michael, Cassandra, Kate, Kenneth, Erin, Kayla, Lisa, Madison, Morgan, her two great grandchildren; Aiden and Penelope and her sister Rose McQuade of Somers.

Ellen T. O'Connor

It is with heavy hearts that the family of Ellen T. O'Connor, 88, of Carmel, announces her passing on August 29, surrounded by her loving family, at Putnam Hospital Center. Mrs. O'Connor was born on January 1, 1931 to the late, Michael and Katherine (Murphy) Shevlin in New York City. She married the love of her life, Richard "Des" O'Connor on January 15, 1955 and they were blessed with five children; Rory, Mark, Rick, Brian and Ellie. Before Ellen retired she worked as a Pharmacy Technician at Putnam Hospital. She loved spending her time with her family and friends. Ellen always lit up the room with her smile and she truly enjoyed talking to everyone she met. Ellen always had a way for making you feel special while in her presence and she would do anything for you if you needed a helping hand. Ellen was a devoted wife of 55 years to her late

husband Richard "Des", a loving mother, grandmother, great-grandmother, sister, aunt, cousin and a friend to many. Ellen is survived by her four loving children; Rory (Ann), Rick (Sandy), Brian (Kerry) and Ellie, thirteen grandchildren and twelve great-grandchildren and each child held a special place in her heart. She is also survived by her sisters; Margaret "Peggy" Hanrahan, several loving nieces and nephews and many life long friends. Ellen is predeceased by her beloved husband Des, her son Mark, and sister Catherine O'Rourke. Ellen will be dearly missed and she will be well remembered for her love and devotion to her family and friends that will continue to grow in our hearts.

Kathleen E. Clemens

Kathleen E. Clemens, of Brewster, died on Thursday, August 29, at Putnam Hospital Center. She was 56 years old. Born on January 26, 1963 in the Bronx, daughter of the late Thomas R. Clemens and Kathleen V. (Cullen) Clemens of Brewster, NY. Kathy graduated from Brewster High School in 1981. She was an insurance administrator for Donnelly Insurance Center in Elmsford, NY. Kathy enjoyed traveling, especially to Ireland. She was an avid NY Rangers and NY Mets fan. She also enjoyed looking into her family history and researching her ancestry. Kathy's big heart and caring ways are what everyone will miss the most. Kathy is survived not only by her mother but also her siblings; Robert P. Clemens of Island Park, and Mary Jo Douglas of Hendersonville, NC, her one niece, 2 nephews and many cousins. A Mass of Christian Burial will be celebrated on Wednesday, September 4, at 10 a.m. at St. Lawrence O'Toole Church, 31 Prospect St,

Brewster. Interment will follow at Gate of Heaven Cemetery, Brewster. Friends and family may visit Beecher Funeral Home, 1 Putnam Avenue, Brewster, NY on Tuesday September 3, from 3 p.m. to 7 p.m. In lieu of flowers please consider making donations in memory of Kathy to the American Cancer Society.

Richard Bogholtz Jr.

Richard Bogholtz Jr., a longtime resident of Mahopac, died peacefully on Friday, August 30, at the age of 90. He was born in the Bronx on November 5, 1928, the son of Richard and Wilhelmina (Bauman) Bogholtz. Richard served in the US Army during the Korean Conflict where he earned the Purple Heart and the Bronze Star. Richard was a ham radio operator and a member of the PEARL Radio Club and the Radio League. Richard retired in 1991 from IBM Corp. in Fishkill, where he was an engineer. Following retirement, he and his wife, Ann Marie enjoyed traveling with friends and family. They especially enjoyed cruises. On April 24, 1954 he married Ann Marie Wright in Manhattan. Ann Marie passed away on July 28, 2017. He is survived by his daughter, Lois of Mahopac and his sons, Richard of Commack, and Joseph of Mahopac; his grandchildren, Kim (Charles), Shannon (Michael), Lauren and Alec and his great grandchildren, C.J., Kaeleigh and Ashlynn. Besides his wife, he was predeceased by his daughter, Barbara Jeanne in 2012. Visiting will be held on Wednesday, September 4 from 2 p.m.-5 p.m. at Joseph J. Smith Funeral Home. Funeral Services will be held on Thursday, September 5 at 10 a.m. at the funeral home with interment to follow at Rose Hills Memorial Park in Putnam Valley.



Rising Star Children's Center

Croton

By Neal Rentz

September will mark a new era for A Rising Star Children's Center.

The Center is moving from Cortlandt to 52 Scenic Drive in Croton to coincide with the start of the new school year.

Cortlandt resident Gloria Foster has owned the Center since she opened it in June 2004. "I started the business because I saw there was a shortage of what I felt was quality childcare in the area," Foster explained.

She opened the Center when she was pregnant with her daughter, Tessa Vayda. "I didn't want to just place her anywhere. I wanted an educational program where she could learn and grow," Foster said. "I didn't see that available. There were programs but ones that I felt were not at the quality that I wanted. So, I started a small program which ballooned into a much larger program."

Foster explained why she wanted to move to a new facility. "We've been looking for a building like this that was surrounded by woods, not in a parking lot or shopping center, where kids can grow up in the country," she said. "We found this building and it was the perfect fit."

The building began as a private house dating back to 1905. It was originally owned by Paul Brown, a stone mason who built the home, Foster noted. He was an original



NEAL RENTZ PHOTO

Cortlandt resident Gloria Foster is the owner of A Rising Star Children's Center, which is moving to Croton in September.

contractor that helped to build the Empire State Building.

The building later became a retreat center and then was given to the First Hebrew Congregation, which owned it for decades, Foster said. First Hebrew moved to Peekskill and rented it out, said, Foster,

adding she closed on the property in March and renovations have been taking place since April.

The Center provides programs for youths from six-weeks-old to age 12. Education is an important component to all of the Center's programs, Foster said.

"We feel every that moment is a teachable moment," she said. "We start with infants teaching them how to first build a social awareness of the people around them and then use their gross motor skills to be able to sit up, eventually stand, roll over and then eventually walk. We teach them language so that instead of screaming and pointing they can use sounds, they can use sign language to tell what they want."

The preschool program is similar to a regular school setting, Foster said. "All their classes have a structured routine," she said. "We teach them about the world around them and every month is a new theme."

"The school-aged program is designed to allow parents to drop their kids off in the morning so they can go to work," she said. Breakfast is served to the children and then after school they return to the Center where the youths have a snack, receive homework help and take part in indoor and outdoor recreation, she said.

The Center's program is not limited to academics, Foster said. "Every day we go out twice a day regardless of the weather," she said. "Learning about nature is a big component of our program."

A Rising Star Children's Center is located at 52 Scenic Dr. in Croton. For more information, call 914-788-458, send an e-mail to arsaenroll@gmail.com or visit www.arisingstarchildrenscenter.com.

Crossword Puzzle

1	2	3	4	5	6		7	8	9
10							11		
12						13	14		
				15			16		
17	18	19	20			21			22
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25						26			
	27				28				
29				30			31	32	33
35					36				
37					38				

Crossword by Myles Mellor

Answers on page 12

- Across**
 - Hudson Valley car donation center, "Wheels for ____"
 - Spanish bear
 - Play opener
 - Fraternity letter
 - Revises
 - Scooby-____ (cartoon dog)
 - It's a bore
 - This northern Westchester civic group "roars" with good deeds, Mt. Kisco ____ Club
 - Like some seals
 - Indigenous Canadian
 - Pretentious intellectual
 - One of the Reagans
 - Infield protectors
 - Reddish brown
 - BBC rival
 - Baubles
 - Actress who did movies with Tom Hanks, first name
 - Taiwan capital
 - Cries of pain
 - Operating, on a computer
- Down**
 - Card game for two
 - Frozen dessert
 - Criterion: Abbr.
 - Gp. in charge of condominiums, perhaps
 - Closing in fluid
 - Words before "precedent" or "good example"
 - Customer
- Reinforce
 - Resetting setting
 - Gotten to fall in love with, in a way
 - Discovery grp.
 - Durocher "The ____"
 - Flustered
 - Class excursions
 - Evening, informally
 - Dentist qualification
 - Clears after taxes
 - "I think," to texters
 - Uniformed troops, for short
 - Relevant
 - Little, like laddies
 - Card you might want to change out abroad



Back to School Guide

A Few Great Ways to Get Children Motivated to Move More

Getting regular physical activity helps children meet developmental milestones and promotes mental and physical wellness.

However, forming this healthy habit works best when you get started early. To motivate your kids to move more, consider the following ideas.

- Go on an outing. At least some of the time, be sure to select active outings. This way, physical activity will become a natural part of your family's lifestyle. For example, go skating or rock climbing instead of to the movies. If you're going on a picnic, hike or bike to the picnic site and bring along frisbees, balls and other toys and games that keep people moving.
- Put on your dancing shoes. It's easy to get children moving and grooving with fun dance games – especially those that incorporate innovative and interactive tech such as the new VTech Kidi Star Dance. By wearing motion-activated bands, kids can learn 20 cool dance moves step-by-step by following the animated dance instructor.

Once children learn the moves, they can put them together and dance along to the



PROVIDED PHOTO

included music. Color-changing lights flash along to the music to make kids feel like a star. Play four motion games or create music through movement by playing 14 different effects, including drums and magical fairy sounds. Give the second band to a friend and challenge them to a game or dance-off. Connect your own MP3 player or load songs using a microSD card to add more music so kids never get bored.

- Take evening walks. Instead of heading straight for the couch in the evenings, make a ritual of taking a short walk first. This is a great chance to chitchat, get some fresh air and even promote better sleep. Kids may not be able to travel too far at first, so start with a brief walk around the block. As they begin to build endurance, extend it a bit farther or consider turning the ritual into a friendly race.

Physical activity is not only great for you, but it's also a lot of fun. By incorporating games and activities into evenings and weekends, parents can play an active role in getting kids motivated to move more.

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How Much to De-Personalize When Selling Your Home

Am I terminally weird or is everybody like me in wanting to surround ourselves in our homes with highly personal things that remind, motivate and inspire us to achieve certain goals?

As a realtor, I know well that when a home is on the market and prospective buyers are invited in, sellers are advised to “neutralize” or de-personalize the décor with blah colors and to “hide” personal items so that the buyer can project their own lives into the space. Personal effects such as family photographs on the refrigerator, it is advised, can sabotage that objective.

But here’s a realtor who did not take his own advice when I sold my home a few years ago. I

tried it in just one room of my house at that time. I found that I was not at all comfortable being set adrift in a world of sterility without all the reminders that comfort and inspire me, collected over a lifetime. I wanted to experience them every single day, despite the fact that my home was on the market.

I became aware of this issue about revealing too much of ourselves to prospective buyers during my first week in the real estate business. My office received a call from a client who complained that a visiting agent



By Bill Primavera

had left her business card on the seller’s “home altar,” certainly a very private matter. When the agent was advised of the complaint, she responded, “Gee, to me it just looked like an end table. I thought the statue of the Buddha was just for decoration.”

While I do have evidence of calling upon the Divine in my own home, my main focus for motivation and inspiration – and this is highly confessional – is my daily quest for maintaining a decent body weight. Having been involved for many years in the food and restaurant field as a promoter, I was literally the kid in the candy shop, coping daily with all the products I represented. I didn’t have Medifast as a client.

As a consequence, I surrounded myself in my home with motivational tools for health and fitness. Any visitor to my home clearly knew that.

In my dressing room, for instance, was a weight bench, although it was mostly used during periods of slacking off as a pants rack. Directly over my barbell rack was a framed watercolor, painted by my daughter when she was eight, depicting me as a barbell-pumping muscleman with a photograph of my face pasted on the neck. It was just too

charming and motivational for me to hide.

Then there were the nutrition and diet books in the kitchen bookshelf, including the first book published by Weight Watchers, signed by the group’s founder, Jean Nidetch, whom I once met.

Also, I devote myself to achieving mental calm and relaxation through meditation and have tools to encourage that, including a tubular tuning chime and an extensive collection of crystals that all but made my man cave, pardon the expression, vibrate.

And I hid nothing when there was a showing.

I have found some real estate bloggers who share my point of view that there is some confusion between de-cluttering and de-personalizing. I think the former is what should be sought, rather than removing the history, love and taste bestowed on a home by its sellers. Creating clean and open spaces is a good thing. But removing distinctive colors with boring beige is not something I recommend as professional stagers sometimes do.

As for items that project our personal lives, I suspect that buyers have more than a little curiosity about them. Perhaps that lifestyle can be an attraction rather than a turn-off. Many times, I observe buyer clients looking at family photographs and, in particular, reading the titles of books on the shelf. In my case, my books may be somewhat deceiving

if I were to be judged by them.

Just when my wife and I were buying our last home, a dear friend, a generation older than we, passed away. An avid reader and book collector, she left us her extensive collection of old and interesting books, a broad representation of the world’s literary classics.

To accommodate that collection, we built an entire wall of shelves in a room off our central hall and designated it “The Library” as though we lived in a mansion. That room may suggest that we are great literati. In fact, while my wife reads practically every new novel that comes along, I confess that I’ve barely cracked any of the books in that collection.

Any visitor would have had a much better idea of my reading pursuits if they visited my special room where the walls were lined with my motivational books for business and physical fitness.

So, I welcome prospective buyers to my highly personalized home with all its revealing evidence of a life well lived and enjoyed.

A writer and publicist, Bill Primavera is first and foremost a Realtor® associated with William Raveis Real Estate. His talents and work in communications support his endeavors in real estate. To engage the services of The Home Guru to market your home for sale, call 914-522-2076.

Perspectives on the Aging Baby Boomer Generation



By Nick Antonaccio

There are nearly 80 million baby boomers in the United States, 26 percent of the total population. This age group is aging, fast. Over 10,000 boomers turn 65 every day.

This very influential group has set new standards for lifestyle preferences – and for good reason. Many of the boomers grew up in the ‘60s and ‘70s, a tumultuous period in American social and political history. As youths, they set the course for a relaxed American culture; as aging adults, they have influenced America’s economic and social values.

Older boomers are retiring and beginning to enjoy the good life, continuing to do what they’ve always done best: enjoy life. Even as they become “Social Security busters,” they defiantly continue the mantras of their youth: turn on, tune in and drop out; defy conventional wisdom; live for the moment. And they’re living longer. Americans who reach 65 are likely to live to 84 on average.

What has caused this significant increase in longevity? Boomers have seen the light and have changed the practices of previous generations. Changes in evaluating what they put in their bodies (granola rather than Big Mac); how they

treat their bodies (hard-core drugs vs. high colonics); and how they interface with nature (carbon emissions vs. carbon footprints). And, lest I digress too far from the theme of this wine column: the boomers’ growing appreciation of wine and its health benefits.

First the wine. Older boomers were intent on changing the world, but most succumbed to the very ideologies they protested. However, those aging hippies did succeed in influencing one corner of American society – our appreciation of wine. Lancer’s wine, as an expression of our oenological omniscience (and a candleholder), became passé. Boomers began to explore new frontiers – to boldly go where no wine drinkers had gone before. They savored wine as a pleasure to be explored and exploited. Just as young professionals graduated from tie-dye garb to three-piece suits, so, too, did their preferences evolve from “cheap” wine to “better” wine.

This quest created a new market in the United States and an upward surge in quality wine at affordable prices. Consumption in America has risen for over 20 consecutive years.

Second, the health benefits. A number of boomers evolved from hippies to hipsters in their appreciation of wine. As they increased their consumption, many touted the health benefits of wine as their motivation; our bodies are temples and we must

You Heard It Through the Grapevine

sustain the body and keep it whole. What better way than with a few glasses of wine each day.

Wine has been widely touted by health professionals for its antioxidant properties, its ability to control blood

pressure and heart health. Even Big Brother concurs with this self-serving maxim: the USDA condones two glasses of wine per day in their healthy diet guidelines.

Ah, but all is not well in Boomerland. Cracks are beginning to show in those suits of Botox armor.

As boomers graduated from leather wine flasks to crystal wine glasses, an increasing number of them began consuming greater quantities of wine. They are now realizing that although they have been able to deny aging, they can no longer defy it. Their “mature” metabolisms are slowing down considerably.

Increasingly, older boomers are developing alcohol abuse disorders and chronic diseases such as high blood pressure, liver disease and certain cancers, according to the National Institute on Alcohol Abuse and Alcoholism. According to one of its studies, “even if you are mostly a safe drinker, keep in mind that if you have one heavy drinking day per month, you may have a 20 percent chance of developing an alcohol-use disorder.” Note: a heavy drinking day equates to greater than two five-ounce glasses of wine.

The bottom line for aging boomers (a group in which I am reluctantly included): drink responsibly and in moderation. As Jerry Garcia sang, “Every silver lining’s got

a touch of grey.”

Hopefully, we “will get by.”

Nick Antonaccio is a 40-year Pleasantville resident. For over 25 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick’s credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.



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Common Challenges – and Tips – for Breastfeeding Mothers

By Kim McKechnie

There are few greater privileges a woman has than being a mother of a newborn baby.

Sometimes nursing your baby – an intimate, natural and wondrous act – can be a challenge at first. Overcoming these challenges often simply takes a little practice, a little patience and sometimes a little help.

The Latch

In breastfeeding parlance, a good “latch” is critical for happy baby and mother –and for effective milk transfer. If breastfeeding your baby is painful at first, it might mean your baby is sucking only on the nipple.

At the Lactation Center at Northern Westchester Hospital, we encourage breastfeeding mothers to try the “asymmetrical latch” position, where the baby is latching onto the nipple and areola in a slightly off-centered manner. This way, the baby gets more breast tissue close to his or her lower jaw and tongue, which enhances feeding and discourages sore nipples.

Engorgement

Another common problem among breastfeeding mothers is breast engorgement. A few days after giving birth, it is normal for breasts to become larger or even swollen when they begin milk production. It generally takes about two days for normal physiologic engorgement to recede.

Although engorgement is sometimes uncomfortable and slightly painful if the baby is latching well, you should continue to



PROVIDED PHOTO

exclusively breastfeed through that two-day period. Frequent feeding will help relieve the engorgement. Applying ice packs to the breast after feedings for 15 to 20 minutes often helps decrease the inflammation.

If the baby is having trouble latching because the breasts are too full, warm soaks and gentle hand expression prior to feeding can also help.

Plugged Milk Duct or Possible Infection

A plugged milk duct or an infection called

mastitis may also occur. Most common in the first few weeks of lactation, mastitis can be caused by an obstruction, infection and/or allergy. Symptoms for a plugged duct and mastitis are similar –pain, heat and swelling, but they are more intense with mastitis and are often accompanied by flu-like symptoms and a fever. If you experience these symptoms, continue breastfeeding and contact your physician. I also recommend reaching out to a lactation consultant who can provide guidance.

Am I Making Enough Milk?

That’s another concern among mothers of newborns. Many new mothers wonder if their milk production is meeting their baby’s nutritional needs. Hydration, good nutrition and adequate caloric intake will encourage good milk production. Nursing moms need about 500 additional calories per day. Regular well baby visits to the pediatrician, which always involve documenting the baby’s weight and measurements, will reassure you that your child is gaining the proper amount of weight at the right speed.

Fatigue

Let’s not overlook the issue of fatigue. No matter how you choose to feed your baby, you are sure to experience exhaustion. Sure, new babies sleep about 15 hours a day, but not consecutively, which means your baby will be having meals throughout the night when the rest of the world is sound asleep.

Expressing your milk using a breast pump is always an option. This allows someone else to feed your baby while you rest. Though you might have heard the advice to “sleep when the baby sleeps,” that’s often not a convenient option.

More realistically, consider limiting your calendar – and your expectations – when you bring a newborn baby home. Try to limit visitors early on, delegate some of your regular chores to a significant other and grab naps whenever the opportunity arises.

Resources

Support groups are great for mothers of newborns. Support, friendship and advice can encourage breastfeeding success. What better way to learn tips and tricks than from other new moms. I lead the breastfeeding support group at Northern Westchester Hospital, and any nursing mother is welcome, regardless of where your baby was delivered. Most hospitals have resources to help mothers with breastfeeding challenges as well.

We are here to help you as well, even when you’re home. Northern Westchester Hospital has a Breastfeeding Resource Center available to all our new mothers.

We are also available for breastfeeding consultation for women who are struggling with lactation issues after their hospital discharge. There is a \$100 fee for this appointment that is usually fully reimbursable through your medical insurance.

Know that you can achieve breastfeeding success, despite any challenges you might encounter.

Visit www.nwhc.net/calendar to find breastfeeding support groups, new mom support groups or childbirth preparation classes offered by Northern Westchester Hospital.

Kim McKechnie is lactation coordinator at Northern Westchester Hospital.

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Crossword Answers

1	W	2	I	3	S	4	H	5	E	6	S			7	O	8	S	9	O
10	A	C	T	O	N	E								11	R	H	O		
12	R	E	D	A	C	T				13	S			14	D	O	O		
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35	M	E	G							36	T	A	I	P	E	I			
37	O	W	S							38	S	Y	S	T	E	M			

Happenings

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Nikki Gallagher at nikki@theexaminernews.com

Wednesday, September 4

Eurogame Club: Mahopac Public Library Club meets the 1st & 4th Wednesday of the month. 6:30 p.m., -8:45 p.m., Game Schedule: September 4: Settlers of Catan September 25: Splendor October 2: Azul October 23: Pandemic A variety of games are also available at each meeting. For ages 13 through adult. Registration is requested; register here, or call 845-628-2009, ext 139

CARMEL RECREATION Fall Classes & Events: For more information on these and other programs visit www.carmelny.org/recreation or on Facebook @CarmelRecreation

Friday, September 6

Hebrew Congregation of Somers Shabbat Service and Dinner: New Rabbi, New Year, New Beginnings. Please join us for a Shabbat service at 6:30 p.m., followed by a potluck dinner. The service will be led by Rabbi Shoshana Leis and Cantor Rush Ossher. Hebrew Congregation of Somers is a small, informal and friendly synagogue affiliated with the Reconstructionist movement. First-year membership is free and includes High Holiday tickets. Email info@hebrewcongregationofsomers.org or call 914-248-9532

Saturday, September 7

Fall Concert Series: Come and enjoy great live music under the stars with family and friends! Concerts are on Saturday nights from 6pm-8pm at the Mahopac Chamber Park; bring a chair or blanket.

The Annual Antique Tractor & Gas Engine Show: Also, September 8. 10:00 a.m., - 4:00 p.m., Learning for the entire family. Tilly Foster Farm. Route 312, Brewster. Contact: Jeff 845-878-7596 for more information. Visit: www.pcama.webs.com

Join the Putnam County Land Trust (PCLT) for a 50th anniversary Celebratory Sail on the Hudson River. 4:00 p.m., 7:00 p.m., Cost is \$50 per person. Reservations are a must and are on a first come first serve basis. The trip is limited to 50 persons. You are welcome to bring your own drinks and snacks. PCLT will have some refreshments available. Send a check made out to "Putnam County Land Trust" to Putnam County Land Trust P.O. Box 36 Brewster, NY 10509 For more information or to pay by credit card, please call 914 621 8466 or email us at info@pclt.net.

Two Adult Dance Parties at First Presbyterian Church. 411 Route 6N (at Secor Road,) Mahopac, NY. \$25 Per Person Per Event Includes: Latin Dance Lesson with Frank Elia, Appetizers, Dinner & Dessert, Coffee & Tea -- Bring your own cold beverage. 7:00 p.m., to 10:30 p.m., & Saturday Oct. 19th 7:00 p.m., to 10:30 p.m., Limited seating. Reserve up to a month in advance with prepayment. Email your name and telephone # to firstpresbyterianchurchmahopac@gmail.com. You will be contacted for payment.

Reform Temple of Putnam Valley Hebrew School Open House: 9:30 a.m.

and 12:30 p.m., 362 Church Road in Putnam Valley. Participants can sit in on classes, meet the Rabbis and speak with current Hebrew school families. RTPV Hebrew School, which is taught by the Rabbis, is held on Saturday mornings throughout the school year for children ages 8 to 13. For more information, visit www.RTPV.org.

Horror Story Book Group. 10:00 a.m., This group, led by Heather Powderly, meets on the first Saturday of each month to read and discuss horror novels. The Witches of New York: A Novel by Ami McKay; pick up a copy of the book at Mahopac Library's Circulation Desk. Drop-in group; no registration needed. Visit www.mahopaclibrary.org for more information.

Sunday, September 8

Groundbreaking Ceremony at the Brewster Public Library: A groundbreaking ceremony will be held at the Brewster Public Library Sunday, September 8th at 2:00pm. The Library Board of Trustees invites everyone to attend and celebrate the commencement of the expansion project approved by the voters of the Town of Southeast. The Brewster Fall Festival is being held on the same day from 12-5pm, so come early and stay all day to join in the festivities.

Monday, September 9

PATTERSON RECREATION FALL PROGRAMS: For information on these and other programs visit www.patersonrec.org or call 845) 878-7200 or email patersonrec@gmail.com. Create a free family account in order to register for our programs. Online payment option is available, but please be aware, your space is not saved until payment is received.

Mahopac Library's Monday Evening Book Group. 7:30 p.m., This group will discuss Year of Wonders by Geraldine Brooks. Drop-in group, new members always welcome. Pick up a copy of the book at the Library's Circulation Desk. For information call 845-628-2009, ext. 100.

Tuesday, September 10

Medicare 101: 6:30 p.m., Reed Library. Basic information about Medicare, including enrolling for the first time or changing your current plan. Please call the library to register 845-225-2439.

Drawing Texture: Fruits & Vegetables, Tuesdays through October 15, 10 am to 12 noon at Reed Library. Registration is required and preference given to residents of the Reed Library District. Please call the library to register, 845-225-2439.

Wednesday, September 11

Poetry Writing Workshop @ Mahopac Library. 6:30 p.m., In this workshop, participants will create new poems to share and receive feedback from other participants. Each monthly session will feature poetry readings and discussion in a format that is aimed to be helpful to each poet in honing his/her craft. Registration is requested;

register online at www.mahopaclibrary.org, or call 845-628-2009, ext. 100.

Thursday, September 12

Chinese Brush Meets Watercolor Thursdays through October 31, 10 am to 12 noon at Reed Library. Registration is required and preference given to residents of the Reed Library District. Please call the library to register 845-225-2439.

Toddler Sensory Playtime. 10:00 a.m., Curious toddlers and their caregivers play together with a variety of sensory manipulatives to enrich language and learning. For ages 9 months through 2 ½ years of age; registration required. Register online at www.mahopaclibrary.org, or call 845-628-2009, ext 139.

Teen Library Council meeting @ Mahopac Library. 3:15 p.m., If you are a teen in grades 6 and up, join the TLC and have a say in what happens at YOUR library and community. Each month will be something different, help prepare materials for children's programs, make chocolate pops for the Women's Resource Center or organize a food drive. Bring your energy and ideas. Earn Community Service hours during the planning and double community service when working special library and community events throughout the year. For information call Gail Perillo at 845-628-2009, ext. 136.

Coloring for Adults: Re-connect with your inner child. Also 9/26 @ 7:00 pm Join us for an evening of relaxation, stress relief, focus, and fun. For ages 18 and up. Materials will be provided. Drop-in group; no registration needed. For more information visit www.mahopaclibrary.org, or call 845-628-2009, ext. 100.

Crochet Away! 4:30 – 5:30 p.m., Creative kids will love this beginner crochet class. This 4-week series will teach your kids the basics of this art form and at the end they will have a completed project! For ages 10 and up. For more information or to register, contact the Patterson Library at 845-878-6121 x10 or go to www.pattersonlibrary.org and click Calendar

Friday, September 13

Free event! If you like gardening, if you like flowers, if you like designing with plant material, this is for you. 2:00 p.m., to 4:00 p.m., and Saturday September 14 from 10:00 to 3:00 pm, the Brewster Carmel Garden Club will be hosting a flower show at Trinity Lutheran Church 2103 route 6 in Brewster. There will be flower designs, horticulture specimens and educational exhibits for the public to enjoy. We will also have homemade and plant related items to raffle.

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EVENTS

ANTIQUE LOVERS TAKE NOTE - BRIMFIELD'S Famous Outdoor Antique/ Collectibles Show, 4,000 Dealers, starts Tuesday, September 3rd. Info on 20 individual show openings - www.brimfield.com. September 3 - 8, 2019.

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PANTHER CLUB EMT / NURSE POSITION The Village of Pleasantville Recreation Department is looking for EMT or Nurse who are interested in working for our after-school program, for the 2019-2020 school year. You must be available Monday through Friday, 2:45 pm to 6:30 pm. We are looking for individuals that are certified EMT or Nurse. This person will be responsible for reviewing all medication forms and medication as well as the day to day health needs of the children in the program. Please email our resume to **Michael Newman** at

mnewman@pleasantville-ny.gov.

PANTHER CLUB STAFF JOBS The Village of Pleasantville Recreation Department is looking for adults who are interested in working as Group Leaders for our after-school program, for the 2019-2020 school year. You must be available Monday through Friday, 2:45 pm to 6:30 pm. We are looking for individuals that have experience supervising and interacting with children in a school, day care or day camp setting. Please email our resume **Michael Newman** at **mnewman@pleasantville-ny.gov.**

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LEGALS

Town of Putnam Valley September 4th Special Meeting at 5 PM is canceled.

ESTOPPEL NOTICE On July 22, 2019, the Board of Trustees of the Village of Pleasantville, Westchester County, New York (the "Village") adopted a Bond Resolution, a summary of which is published herewith, and the validity of the obligations authorized by such resolution may be hereafter contested only if such obligations were authorized for an object or purpose for which the Village is not authorized to expend money or the provisions of law which should have been complied with as of the date of publication of this notice were not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty (20) days after the date of publication of this notice, or such obligations were authorized in violation of the provisions of the New York State Constitution. **Summary of Bond Resolution 1.** Specific Objects or Purposes – the reconstruction and improvement of the Memorial Plaza parking lot, including sidewalks, curbs, gutters, drainage, landscaping, and grading or improving the rights of way, with flexible pavement of a type described in Local Finance Law Section 11(a)(20)(c), including surveys, preliminary plans and detailed plans, specifications and estimates required in connection therewith.

2. Period of Probable Usefulness – fifteen (15) years. 3. Maximum Amount of Obligations to be Issued - the maximum amount of obligations to be issued for the objects or purposes described above is \$550,000. The Bond Resolution herein summarized shall be available for public inspection during normal business hours for twenty (20) days following the date of publication of this notice at the office of the Village Clerk of the Village of Pleasantville, Westchester County, New York. Noreen Regan Deputy Village Clerk, Village of Pleasantville, Westchester County, New York

ESTOPPEL NOTICE On July 22, 2019, the Board of Trustees of the Village of Pleasantville, Westchester County, New York (the "Village") adopted a Bond Resolution, a summary of which is published herewith, and the validity of the obligations authorized by such resolution may be hereafter contested only if such obligations were authorized for an object or purpose for which the Village is not authorized to expend money or the provisions of law which should have been complied with as of the date of publication of this notice were not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty (20) days after the date of publication of this notice, or such obligations were authorized in violation of the provisions of the New York State Constitution. **Summary of Bond**

Resolution 1. Specific Objects or Purposes – the reconstruction and improvement of Manville Road, including sidewalks, curbs, gutters, drainage, landscaping and grading or improving the rights of way, with flexible pavement of a type described in Local Finance Law Section 11(a)(20)(c), including surveys, preliminary plans and detailed plans, specifications and estimates required in connection therewith. 2. Period of Probable Usefulness – fifteen (15) years. 3. Maximum Amount of Obligations to be Issued - the maximum amount of obligations to be issued for the objects or purposes described above is \$2,600,000. The Bond Resolution herein summarized shall be available for public inspection during normal business hours for twenty (20) days following the date of publication of this notice at the office of the Village Clerk of the Village of Pleasantville, Westchester County, New York. Noreen Regan Deputy Village Clerk, Village of Pleasantville, Westchester County, New York

NOTICE OF ADOPTION OF BOND RESOLUTION SUBJECT TO PERMISSIVE REFERENDUM PLEASE TAKE NOTICE that the Board of Trustees of the Village of Pleasantville, Westchester County, New York (the "Village"), at a meeting held on August 26, 2019, adopted a bond resolution, which is subject to a permissive referendum, that authorizes the issuance of \$245,476 serial

bonds of the Village to finance the purchase of a sanitation truck (the "Project") at a maximum estimated cost of \$245,476. The period of probable usefulness is fifteen (15) years and the bonds are payable from amounts to be annually levied on all the taxable real property in the Village. Pursuant to the New York State Environmental Quality Review Act and the regulations promulgated thereunder ("SEQRA"), the Village has determined that the project is a Type II Action requiring no further action under SEQRA. **Noreen Regan Deputy Village Clerk, Village of Pleasantville, Westchester County, New York**

Please be advised that the next meeting of the Planning Board will be held at Town Hall, 265 Oscawana Lake Road on **Monday September 9, 2019** for the purpose of considering the following applications: **Regular Meeting Start Time: 6:00pm**
AGENDA DISCUSSION 1. Filho Residence, - 135 Bell Hollow Road (TM# 51.-1-4/File: 2019-0190) The subject property consists of + 19.2 acres of land and is located on 135 Bell Hollow Road and within the R-3 Zoning District. The applicant is proposing to construct a swimming pool, terrace and outdoor kitchen. A Site Development Plan, Major Grading and Wetland Permit is required. **SKETCH 2. Kelly, Rick- Birch Hill**

continued on next page



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Road (TM#73.-1-89/File 2019-0197)

The subject property consists of +/- 20.9 acres of land and is located on Birch Hill Road and within the R-2 Zoning District. The applicant is proposing a single family residence with driveway, well, septic system, retaining wall and rain garden. A Site Development Plan and Major Grading Permit is required. 3. Sposato Adam- 694 Sprout Brook Road TM#72.15-1-23/File 2019-0198) The subject property consist of +/- 43.7 acres of land and is located on 694 Sprout Brook Road and within the R-1 Zoning District. The applicant is proposing an accessory apartment attached at the rear of the existing residence. A Site Development Plan and Special Use Permit is required. APPROVAL OF MINUTES 4. Approve Minutes of August 19, 2019

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The Putnam
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Covering Putnam County and Northern Westchester Sports



Somers is Jacked Up!



Tuskers Take
Aim at 4th
Section 1 Grid Title
in 8 Years

RAY GALLAGHER PHOTOS

Somers junior RB Jack Kaiser and junior QB Jackson Kossow will headline an offense that is sure to put up a ton of points this season as the Tuskers -- crowned sectional champions three times between 2012-2016 -- look to regain that championship form this fall amidst a list of at least five serious Class A title contenders. The Section 1 football season is set to open this Friday at a gridiron near you, so be there or be square... see Grid Notebook

Sports

2019 Grid Preview

PURSUIT FOR PAYDIRT

*Class A Somers Poised to Regain Supremacy;
Class A Carmel Aiming for Final 4 or More;
Class B Runner-Up Putnam Valley Has Rough Off-Season*

By Ray Gallagher
Examiner Sports Editor @Directrays

The 2019 football season has dawned upon us, bringing with it the enthusiasm and hopes for a grid campaign worthy of celebration. The 2018 Section 1 season saw just two of the local programs from the Northern Westchester/Putnam County region – Class D Haldane and Class B Putnam Valley – reach their respective sectional championships, with only Haldane emerging as champs in its two-team classification.

The usual suspects from the Northern Westchester region, they being either Class A Somers and/or Yorktown, who will square off in Week 2, were denied a sectional title appearance for just the second time since 2012. Class A went to rival John Jay CR for the first time ever, and it appears to be there for the taking this season, so let's delve in to Class A first and then maneuver around the other classifications in turn.

CLASS A SOMERS

It was anything but a typical year for the then-youthful Tuskers last season. Starting out in an atypical 0-2 hole, courtesy of facing the eventual champs (John Jay) and the section runner-up



RAY GALLAGHER/BOB CASTNER PHOTOS

Somers FB Jack Kaiser hopes to lead Tuskers to Class A promised land in 2019.

(Rye), the Tuskers rebounded in characteristic fashion with six straight wins en route to the final 4.

However, John Jay had the Tuskers' number that day and sent Somers packing. That loss hasn't sat well for 10 months, and while Rye may be looking like the pre-season favorites in Class A, Somers Coach Tony DeMatteo knows full well he has a legit contender.

"I don't know that we'll be able to beat Rye in Week 3 during the regular season," the coach said as he enters his 51st season in Section 1, "but I do think we can devise something, scheme something to beat them in the playoffs."

And, when you get right down to it, that's all that matters at Somers this season; the quest for a fourth sectional title since 2012 and fifth since 2000.

Coach: Tony DeMatteo (51st year in Section 1, 20th at Somers)

Last Season's Record & Playoff Result: (6-4, lost in semis to John Jay)

Key Starters: DeMatteo's Tuskers feature one of the best backfield tandems in the section in bruising junior FB Jack Kaiser and



Opponents will want to take caution when they see Somers senior RB/DE Charlie Grinrod headed their way.

shifty HB Charlie Balancia. Kaiser flirted with a 1,000 yard season and reached paydirt 24 times as a sophomore, so his rugged style and sturdy 6', 210 pound frame is set to push the limits of the Somers record book this season and next, barring injury (42 career TDs and 2942 rushing yards by Messiah Horne).

DeMatteo put Kaiser "in the top five" of all-time great fullbacks he's coached over the course of his 50-year career.

Balancia, a 6', 185-pound RB/DB has been the talk of the town, having chiseled his frame and upped his speed game. The two-way standout went for 1,067 all-purpose yards and scored five TDs a season ago. The dual threat figures to trigger the Tuskers' offensive scheme and erase the painful memory of a season-ending 29-7 semifinal whipping at the hands of John Jay.

"We are so ready for the season," Balancia exclaimed! "We love the 1-2 punch we have but we have a few more kids that will rotate in. Our team has put in an insane amount of time and effort over the summer. The deal is to be ready for the playoffs."

Junior QB Action Jackson Kossow (6', 155) returns for a second go under center. Senior WR Kenny McGrane (6'3") is a legit down-field threat.

Top O-linemen include technically-sound senior C/DT Dominick Cheek (5'10", 210); Jr. G Anthony Cheek (5'8", 185); Sr. OL Joe Griffith (6', 270); Jr. C Colin Smith

Defensively, senior DE/FB Charlie Grinrod (5'10", 210) was a beast last season, charging off the edge to wreak havoc. He also plays some FB and showed great burst in a recent scrimmage. OLB Nick Rossi; DB Brian Marcus; Jr. DB/RB TJ Deagan.

Key Rookies: Somers will start a chiseled freshman at RT in 6'2" 235-pound Jake Polito, who could end up being an all-time Tusker great when all is said and done.

Team Strengths: Experience at skill positions.

Goals: Section 1 title and beyond.

Coach's Quote: It may take us some time defensively to figure out who we are, but we know we'll put up enough points to keep us



Somers HB Charlie Balancia will be effective outside the tackles, providing a mean 1-2 punch with FB Jack Kaiser.

continued on next page

Sports

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2019 Grid Preview



Under watchful eye of grid Coach Tony DeMatteo, Somers junior QB Jackson Kassow is poised for breakout year.



Yorktown QB Sean Vogel has looked good in pre-season drills, practices and scrimmages.

in games until we do, and when we do, watch out. We have some concern about the O-line but it is improving. You can't throw the ball or run the ball if you're going to block anybody, but we're very skillful and the quarterback has been outstanding. We have multiple backs in the backfield and a 6'3" split end in McGrane, who can go up and catch the ball. But it all boils down to how far the line advances. Our goal is to use each game and each team to get ready for the playoffs. The goal is to try and win but just get better. We have a team of 66 kids with that mindset and I'm excited about that and the future of the Somers football program.

Class A Favorite: Rye, DeMatteo admitted as much.

Outlook: Seniors Rossi, McGrane and Grinrod and junior Deagan will make a serious impact behind Kaiser and Balancia, and the rest of the grunts will follow suit. DeMatteo believes that a very athletic Kossow is ready to take control of the offense.

"This might be one of the most skillful teams I've seen at Somers in my 20 years here," DeMatteo said. "Jackson has experience. Kaiser is back with a year of fullback under his belt. Charlie's back and better. We have a lot of kids that were JV players last year fighting for time on varsity this year."

The Tuskers open up Saturday at Greeley (1:30 p.m.), who Kaiser exploited for four TDs last season. Somers will face Rye in a Week 3 showdown that many are

predicting will be a prelude to the Class A title game.

"We are so pumped and ready for this season," Kaiser said. "We have so much motivation, and we have been preparing so much this offseason. We are gonna come firing out of the gates."

Nobody doubts that.

Final Thought: The skill players are like a pack of Starburst: Don't matter which one you bite into, each one has its own superb flavor. There are weapons all over the field on offense and more than 30 players bidding for time in the defensive backfield, so once this unit clicks, be it Week 1 or Week 4, the chip is on the line at the end

and Somers should be there.

Twitter: @Somersfootball

YORKTOWN

It's no secret that Yorktown is believed to be in a slight rebuilding mode this season based on the number of key personnel losses the past two seasons, including QB Tommy Weaver, who guided the Huskers to a state championship appearance in 2017. However, expectations are always high in the land of the of the Cornhuskers, where contending for the Class A title has become the norm. The O-line is experienced, stout, disciplined, well coached and competent, but the skill position players, outside of workhorse

HB Dylan Smith, are literally and figuratively untested at the varsity level. Yorktown's success will boil down to the development of its potential two-pronged QB system and the development of HB Dylan Smith, who showed legit glimmers of promise the past two years while scoring 12 TDs and 674 yards on the ground.

While Smith is a known commodity, QBs Trevvon Johnson and Sean Vogel are competing as seniors for the quarterback position.

"Both kids bring a different skill set to the position," Yorktown Coach Mike Rescigno said. "Both are doing a great job learning and commanding a very complicated offense. They will also contribute to the defense at corner. Sean has also presented as a great weapon at wideout; definitely nice to have options."

The TE position has been Yorktown's bread and butter in recent seasons, too, and Ben Robinson will bear that pivotal function.

Coach: Mike Rescigno, 15th season

Last Season's Record and Playoff Results: (5-4, lost in 1st round)

Returning Offensive Starters: RB Dylan Smith (Sr.) "We have a lot of guys that can be considered newcomers," Rescigno said. "Some guys are seniors that just had limited reps last year as juniors. We have a lot of these guys that we are fired up about, including senior Dylan Smith, who will be a very impactful running back for us as well as safety on the defensive side of the ball. He's a multi-sport athlete."; OG Ed Cappone (6-0 210 sr.), OG Jack Tinari (5-11 195 sr.), C Johnny Bowen (6-0 sr.), T Matteo Cermele (6-1 235 sr.), TE/RB Ben Robinson (6-0 215)

Returning Defensive Starters: LB Capone, LB Tinari, LB Ben Robinson, DB Keith Boyer (Jr.)

Key Rookies/Newcomers: RB Boyer (Jr.) "This is a kid that we are excited to have around. Closing speed on defense. Breakaway speed on offense. Multi-sport kid."; RB/DB Dean Patierno (Sr.) "He's tough as nails."; WR/DB Evan Makar (Jr.) "He will have an impact on both the offensive and defensive side as a wide out and corner. He's a fast and fluid player."; OT/DE Gerald Gentile; TE/DE Mike Benzinger; WR/DB Nick Mehta

Final Thought: There's a learning curve to overcome and a ton of new faces in new places, but Yorktown football has proven time and time again that it is in to win it, and nothing less than a Final 4 appearance is acceptable for the



Yorktown senior RB Dylan Smith should be a handful for opposing defenders this season.



Brewster LB Nick Girard has to be a two-way force for the Bears in 2019.

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Brewster QB Chris Donohue throws nice ball and could have legit impact for Bears in 2019.

former two-time NYS champions (1993-94) and 2017 NYS runner-ups. Somers will be a tough test in Week 2, but there are five very winnable games on the schedule, which should provide a Final 4 path.

BREWSTER

Brewster Coach Ed Mulvihill is thinking outside the box. The veteran mentor is toying with the idea of starting sophomore QB Chris Donohue, a 6'4" 195-pounder under center. Senior Joseph Dominguez is also a possibility. The hope is two-fold, in that, Mulvihill wants to develop Donohue for the future while utilizing the athletic Dominguez as both an OLB and backup signal caller.

"The truth is the soph throws a great ball," the coach said. "If he gets through the scrimmage and looks good, he will get the start. Dominguez is solid though and will be the starter if Donohue falls off."

After a 4-5 season and a qualifying playoff loss last year, the Bears are seeking to return to their 2015-16 form when they went a combined 14-4 and gave eventual champ Somers fits in a 42-35 semifinal setback in 2016. While 2019 may not prove to be quite as fruitful, the once-mighty Bears -- winners of three sectional titles and two state final appearances between 1996-99 -- are hoping to get above .500 and reach the field of eight Class A playoff teams. Hard to believe it's been 20 years since that glorious November when Brewster ruled the roost under former Coach Brian Walsh, now at Lourdes.



Lakeland captains Jason Green, Matt Makar, Jorge Duque, Tyler Santucci, Landon Ruggieri seek to change Hornets' recent fortunes.

It's impossible to miss two-way senior OL/DL Nick Girard in pads. Mammoth to begin with, the 6'4" 285 pounder is built to thrill on both sides of the ball, and he will serve as a primary factor in protecting whatever QB the Bears decide to go with.

Coach: Ed Mulvihill (8th season)

Last Season's Record & Playoff Result: 4-5 lost in qualifying round

Returning Offensive Starters: Girard - OG - 6'4" 285 sr.; Franco Milano OT - 6'2" 255 jr.; Paul Catalano - WR - 5'11" 185 sr.; Jack Gusler - TE - 6'2" 200 sr.; Tom Consolato - RB - 5'7" 185 sr.; Justin Niles - WR - 5'11" 190 sr.

Returning Defensive Starters: Girard - DT; Milano - DE; Catalano - DB; Joe Dominguez - LB - 6'0" 225 sr.; Tom Consolato - DB - 5'7" 185 sr.; Nico Surace - DB 5'10" 180 sr.; Jason Cardone - LB 5'7" 175 jr.; Anthony Capone - LB 6'0" 185 sr.

Key Rookies/Newcomers: Austin Beal - C - 5'10" 220 sr.; Teddy Tepper - DB - 5'6" 170 sr.; Christian Rhodes - WR/QB - 5'10" 175 jr.; Jason Borsari DE/TE - 6'3" 210 jr.; Chris Donohue - QB - 6'4" 195 so.; Dom Bartolomeo - WR - 5'9" 170 sr.

Team Strengths: Overall, team speed is better than previous years. Bears have some size on the lines but need to develop some depth. Have a number of players that can help at the skill positions.

Base Offense: Spread/Pistol

Base Defense: 4-3

Outlook: Consolato is a player to watch and if the Bears can charge hard out of the gate, they could get

the program back on track.

Coach's Quote: I'd like to think, if we stay away from injury, we will be able to compete each week. Defensively, I expect us to be better than the previous few years. Offensively, we have some question marks at key positions but we will figure them out and move on.

League Favorite: John Jay

Section Favorite: Somers

Final Thought: Brewster isn't close to the Brewster club that won three sectional titles and appeared in two state finals before the turn

of the century (1996-99), and the Bears won't likely win a title in 2019, but they should shoot for a win among the field of 16 qualifying playoff teams and advancement to the quarterfinals.

Twitter handle: @bearsbrewster
LAKELAND

When third-year Coach Mike Meadows took over from former Coach Rob Cappelli, he was stoked to do so; despite the fact that Lakeland had some growing pains over the course of this expedition. Fast forward to Year 3, and Meadows is fired up for a slew



Carmel DB Aidan Babnik (R), a lax player by trade, is hoping to make an impact on the grid this fall.

of different reasons. No, Lakeland has rarely been lumped into the 'football school' mode, but here we are in 2019 and Meadows and his coaching staff can barely contain their glee. The coaching staff has a strong belief that this particular unit can accept the challenge before them: To advance beyond the qualifying round and reach the field of eight Class A playoffs teams.

Week 1 against Brewster is pivotal, in that it will set a tone that could make or break Lakeland's season. A win over the Bears might set the Hornets up for a glorious start. A loss could establish another ho-hum start and set them up for a downward spiral.

Coach: Mike Meadows (3rd season)

Last Season's Record & Playoff Result: 2-7 - No playoffs

Returning Offensive Starters: Sr. RB Matt Makar (5'7, 160, SR) is a shifty, versatile, three-down back that excites the coaching staff; Jr. QB Tyler Santucci (6'0, 160, JR) started nine games last season and has plenty of experience in the spread offense; Jr. Slot Back Mark Cummins (6'0, 170, JR) is a three-sport freak; OL Jason Green (6-3, 240, Sr.) is a two-way beast up front; C Brandon Gu (5'10, 205, SR); RT- Jorge Duque (5'8, 220, SR)

Returning Defensive Starters: OLB- Jake Difede (6'0, 180, SR); DE Green; MLB Cummins Key Rookies/Newcomers: CB/WR Landon Ruggieri (6'0, 180, Sr.); RB/S Danny Libretti (5'10, 160, Jr.); DE/RG Michael Mulhern (6'0, 220, Jr.); DE/LG- Carl Lund (5'10, 200, So.); TE/OLB Brandon Casseese (6'1, 170, Jr.); WR/S Rob Nardelli (6'0, 150, Jr.)

Team Strengths: Overall athleticism., athletic lineman that can move in space, which makes up for a lack of size against some teams. Lakeland also has positional players that can match up with many teams with their speed and quickness.

Base Offense: zone read spread

Base Defense: Multiple 4 front

Captains: Jason Green, Matt Makar, Jorge Duque, Tyler Santucci, Landon Ruggieri

Outlook: Lakeland should be competitive and get to the next level as a program this season based on the amount of athleticism the Hornets have and the increased degree of coaching. Entering its third year, the coaching staff has developed a rapport and put in the necessary time to increase its output. The optimism is real surrounding OC Ryan Shilling's offense with Santucci, Makar and Cummins all reaching new levels. Lakeland should be much

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Sports

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2019 Grid Preview



Carmel QB Andrew Nunez ripped a few nice touch passes in recent scrimmage action.

improved and there's reason to believe the Hornets can crack the field of eight playoff teams with a possible 3-0 start against the likes of Brewster (Friday, 7 p.m.), Poughkeepsie and Beacon before facing Lourdes and John Jay in week's four and five. Week 6 brings a visit from rival Walter Panas, so a 4-2 regular season is within the realm of possibilities, provided the Hornets bring the sting.

Coach's Quotes: Being that

it's my third year as head coach, I am confident my staff and I have done everything possible to improve this off-season. The boys have also worked extremely hard and are really looking forward to making their mark on the program. The program is growing and the community support is through the roof. All that is left is to play the actual games. We want to put the hammer down!

League Favorite: John Jay CR



Carmel QB Kevin Dall, just a sophomore, will be a good one in the very near future.

Section Favorite: Rye

Final Thought: Lakeland hasn't amounted to much in recent seasons and it's tough to put a finger on why the Hornets haven't crossed into the competitive stratosphere, and, to be honest, if this current unit can't make significant strides toward a .500 season and a run to the Class A quarterfinals, this will be viewed by some as an underachieving year.

Social Media: IG-lakelandhornetsfb

HEN HUD

He's back! Former Croton-Harmon Coach John Catano is

now home, back in the yard he grew up in as a former Hen Hud assistant football coach and playing legend back in the day. Catano takes over for former Sailor boss Mike Lynch, who put the Sailors back on the Class A map in recent years. After some off-season turmoil, though, Hen Hud tabbed Catano as its next football coach, turning to the former JV head coach and varsity assistant who graduated from Hen Hud in 1976. He also served 18 years at Croton where he won three sectional titles and took to the Tigers to two state finals (2008-11) and spent the last two years at James I. O'Neill High School in Highland Falls before coming home.

"It's a dream come true," Catano said. "I couldn't pass it up."

There will be some growing pains along the way, make no mistake. Catano inherits a team that has graduated a ton of talent over the last two years, making 2019 the dreaded "rebuilding season".

Coach: John Catano (First year at Hen Hud, 19th season as head coach in Section 1)

Last Season's Record and Playoff Result: (5-4, lost in first round Class AA sectional)

Returning Offensive Starters: Marcus Lena 6'1" 180 SR RB; Corey Cotheran-Segar 5'11" 240 OL/DL SR; Frank Giodino 5'7" OL/DL JR

Returning Defensive Starters: Mike Tosi 5'8" 200 LB SR; Ryan Travis 5'10" DB JR;

Dylan Struthers 5'8" 240 DL JR; Chanse Artope 5'10" 195 LB JR

Team Strengths: Offensive Line

Base Offense: Spread

Base Defense: 3-3

Captains: Mike Tosi, Marcus Lenz

Coach's Quote: Would like to improve on last year's playoff outcome.

Final Thought: Coach Catano is an old-school cat, and the hope is that the Sailors (and their significant others) can get on board with that. If they buy in to what the 'Big Cat' is selling, the rewards could be substantial, if not this year than next.

WALTER PANAS

It's a new era in Pantherland as longtime Coach Dan Patronik makes way for rookie Coach Paul Ronga. Ronga is hoping to change

the culture of a program that has finished below .500 11 of the past 14 years. With only six returning starters, the coach, who spent five years as the Saunders varsity coach and another year as Lakeland's JV coach, it won't be easy.

Coach: Paul Ronga (7th season overall, 1st with Panas)

Last season: 2-6

Returning Offensive Starters:

TE Jason Keefe (6-7, 272, sr.); WR Evan Harkin (5-10, 160, sr.); WR Robert Ennis (6-0, 170 sr.)

Returning Defensive Starters:

DE Jonathan Feldman (6-3, 240, sr.); LB Dean Ragone (5-10, 170, jr.); NG Jack O'Brien (5-8, 202, sr.)

Key Rookies/Newcomers: LB

Ralph Arthur (5-11, 180, sr.); OG Tyler Carter (5-10, 210, jr.); WR Marco Consentino 5'11, 150, jr); QB Mark Perez (5-9, 160, Sr.)

Team Strengths: Incredible effort and work put in during the offseason

Base Offense: Multiple

Base Defense: 3-3

Captains: Jason Keefe, Robert Ennis, Evan Harkin

Outlook: Very competitive league, and tough division schedule

Coach's Quotes: Panas Football never had less than 30 players attend any offseason session; we have great pride and enthusiasm.

Section Favorite: Rye

Final Thought: Panas has had some incredible quarterback play the past 20-plus seasons, including Sean Lindsay, James Luft, Kyle Pierce, Brandon Hodge and others, so the shoes to fill are quite huge for Perez. But the Panthers will need to develop a sound rushing attack to keep opposing defenders honest, so Perez can remain upright and find a trio of talented targets. One thing is certain, Ronga will bring the passion and the Panthers will be forced to work hard, and the could result in a strong start against the likes of Hen Hud, Beacon and Poughkeepsie before a hearty back end that includes John Jay, Lourdes and rival Lakeland.

CLASS AA CARMEL

As one of the longest tenured coaches in Section 1, Rams boss Todd Cayea is among the most consistent in terms of win production (just six shy of the 150 milestone). Entering his 25th season at Carmel, Cayea has the grunts along the offensive line to make some noise this season, provided the young skill players can get things in gear behind workhorse back Andrew Bumgardner. The senior RB was third or fourth in line for totes last season, but made the most of his chances. This season, Bumgardner is the featured back in an offense that includes versatile senior WR

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Carmel senior Alex Beauchesne (2) is expected to be a jack of all trades for the rams in 2019.



CINDY GODINO PHOTO

Hen Hud RB Michael Tiso will be a primary component of the Sailor offense.

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2019 Grid Preview



Hard-charging Mahopac sophomore RB Matt Courtney is one to keep an eye on the next three years.



Mahopac RB Zach Esteves is expected to take on a major role this season.



Mahopac senior signal caller Jack Casey (14) and junior QB Vin Bastone are running neck and neck for starting job and RB Henry Botchway (20) has looked good.

Alex "Booch" Beauchesne, who should create fear in opposing defenses.

There is a healthy battle waging under center between senior QB Andrew Nunez and sophomore Kevin Dall

Coach: Todd Cayea (25th season, 144-79-1)

Last Season: 6-3, lost sectional semifinals to New Rochelle

Offensive Returning Starters: Andrew Bumgardner Sr. RB; Noah Wahl Sr. OL; Luca Piccolino Sr. OL; Matt Murphy Sr. OL; Alex Beauchesne Sr. WR; Will Boalt Sr. TE/DE

Defensive Returning Starters: Ryan McCarthy Sr. DB; Bumgardner Sr. Rover; Beauchesne Sr. FS; Picolino Sr. DT; Michael Storen Sr. LB, Matt Massi Sr. LB

Key Newcomers/Returners: Tim Hunt Sr. OL; Andrew Nunez Sr. QB; James Cox Sr. RB; Aiden Babnik Sr. DB/WR; Dall

Strengths: Offensive line returns three starters and others returnees with game experience. Beauchesne, a three-year starter will be the defensive play caller along with three-year starter Luca Picolino anchoring the D line. Boalt is a beast.

Weakness: Inexperienced skill players will need to step up early and often. The ability is there but early success will boost the confidence.

Coach's Quote: We have an experienced line. We need to get to know our new skill guys as the season goes on, but we have a core kids who want to work hard. We feel like we're going to be competitive every year. I like what I see from the defense. We've still got some work to do to get where we need to be, and, honestly, we'd rather see (Class A heavyweight) John Jay (EF) in Week 1 to see where we're at and build from it either way.

Base Offense: Multiple

Base Defense: 4-2-5

Outlook: The Rams have had Final 4 potential for the majority of Cayea's career and the 2019 will be no different if the skill players, Nunez in particular, can reach the next level. He's shown flashes in the past but he has to pay the piper. However, the junior class is rumored to be subpar to previous standards and this could be troublesome.

Final Thought: The junior class is light, and that's undeniable, so the coaching staff will rely primarily on the seniors, plus five sophomores and a freshman, which means depth is an issue. If Carmel stays healthy, and that's as big an IF as there is, the Rams will compete and challenge for league bragging

rights while bringing home a fifth-straight Bryan Higgins Memorial Trophy vs. Mahopac. If health becomes an issue, this could go south in a hurry with a lack of proven depth.

Twitter @Carmelramsfootball
MAHOPAC

Nobody said it would be easy to rebuild the once-mighty Indians, and third-year Coach Dominick DeMatteo discovered that notion in Year 2. After leading the Indians to an impressive 6-3 season in 2017, the Indians came back to earth in 2018, finishing a 3-6 season without qualifying for the playoffs. Truth be told, the Indians scored just 14 points the first two games of the season, and dug themselves a 1-3 hole, which was tough to dig out from given the back end of the schedule, which included fate-sealing losses to both Arlington (in OT) and rival Carmel.

The 2019 unit is young and relatively untested at the varsity level, and the schedule remains difficult, so it could be another year before we see the veteran DeMatteo deliver the kind of season he did in Year 1 at Mahopac, but this upcoming sophomore class should be impactful before long.

Coach: Dominick DeMatteo (13th season as a head coach, 3rd at Mahopac)

Last season's record & playoff result: 3-6 (did not qualify for Section One Playoffs)

Returning Offensive Starters: Billy Reilly OT (6'4, 255, Sr.)

Returning Defensive Starters: Zach Esteves CB (5'10, 146, Sr.); John Ryan DT (6'1 220, Sr.)

Key Rookies/Newcomers: Vincent Bastone QB/RB/LB (6'2 180, Jr.); Jack Carey QB Sr.; Zach O'Connor WR/DB (5'10 145, Jr.); Dominic Perricone OT/DT (6'4 300, Jr.); John Pranzo RB/LB (5'9 165, Jr.).

Team Strengths: Those that are WITH US are committed to OUR program. We have a core group of Seniors, Juniors & Sophomores that have attended the majority of our Winter & Spring Workouts, as well as, our Summer Events. We are seeking leadership from this group.

Base Offense: Multiple West Coast & Spread

Base Defense: Multiple 30

Captains: Team Vote, 8/28

Outlook: With only have three returning starters from the junior class, there is much to prove. The current juniors had success as a team on the JV last year (7-2), however they still have much to prove as a collective group. The sophomore class is strong (TYFL 13U Regional Champs in 2017 & Undefeated Freshmen in 2018) but obviously young

and likely a year away from making a major impact.

Coach's Quotes: With regards to wins, losses, playoffs and championships I have absolutely no idea what to expect... truly no idea. However, I am excited about the many layers and dynamics associated with our 2019 varsity team and program. There will be many challenges for us this year. However, that will provide us with the opportunity for success on many levels.

League Favorite: Arlington

Section Favorite: John Jay EF

Final Thought: From a football standpoint, the senior class isn't what they've come to expect at Mahopac. In reality, weather folks can handle it or not, the Indians are a year or two away from seriously challenging again. When the current sophomores are seniors and this ballyhooed eight-grade unit begins to mature, Mahopac could be legit Class AA challengers again.

Twitter Handle: @MahopacFB

The Indians will open at home against the Yonkers Brave this Friday (7:30 p.m.) in a game they best win if they want any hope of seriously challenging in Class AA this season.

CLASS B PUTNAM VALLEY

The 2018 season was straight off a Jekyll and Hyde-type script. The first half of Coach Ryan Elsasser's season was an abysmal disaster, the Tigers coming out of the gate at 1-6, but the second half produced the first-ever Section 1 championship appearance in school history before a season-ending loss to Ardsley in the title tilt. It was like nothing nobody had ever seen before, probably because it hadn't happened. The Tigers got hot at the right time, knocking off Nanuet and defending champ Pleasantville en route to the finals.

They were poised for some big doings again in 2019 before off-season disaster struck. The Tigers lost all-purpose RB/LB/P Garrett Leitman to a lacrosse injury and monstrous DE/OT Justin Federico to Iona Prep, leaving the team without one of its top two-way players and one of its best linemen.

There is some hope in the form of several athletic lacrosse players, who hadn't played football previously, giving it a go this season. Still, it's not ideal, the depth is necessary.

Coach: Ryan Elsasser (3rd Season)

Last season's record & playoff result: (3-7, lost in Class B sectional Championship)

Returning Offensive Starters:

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Sports

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A slew of two-sport athletes return, including Matthew Carravone C/DT Sr. (Football/Baseball); Jake Listwan HB/LB Jr. (Football/Lacrosse); David Maloney OT/DT Sr. (Football/Wrestling); Joseph Cioffi SE/DB Sr. (Football/Lacrosse); Cole Durocher SE/DB So. (Football/Basketball); also Kaiden Patterson HB/DB Sr.

Key Newcomers: Senior QB Ryan Singer; Matthew Aviles RB/LB Sr. (limited use last season); A.J. Keogh RB/LB Sr. (limited use last season); Michael Reichardt SE/DB Sr. (limited use last season); rookies Charles Broas SE/DE Sr.; Kyle Wassil HB/DE Sr.; Ethan Mounier RB/DB Jr.

continue with the momentum we developed at the end of last season and build on it. We will be mixing up our identity on both sides of the ball. I hope to see a bunch of these guys in the end zone this season. As always, senior leadership will play a huge role. Class B is going to be tough once again with the returning talent around the area as well as the addition of Byram Hills and Pearl River. I think the players had a taste of the championship and want to get back there, I know that the coaching staff definitely does.

Section Favorite: Ardsley will be the section favorite this year. With some key players returning they will be a force to take on again

The unit has a lot of little things to clean up before opening this Friday (7 pm) against newly-minted Class B foe Byram Hills, which is a tough opener for the Tigers.

Twitter: @PV_FBall

CLASS D HALDANE

The Sam Giachinta era is over, and with it goes every rushing record in the Haldane book. The All-NYS RB/LB was in a tier by himself when things came to an end for the Blue Devils in the NYS Final 4. The 2019 squad will defend its second title in three years but will do so with a ton of youth, having lost major components across the board.

Coach: Ryan McConville (6th season, 22-23)

Last year's record and result: 7-2, Sectional and Regional Title

Returning Veterans: Jr. QB Dan Santos; Jr. RB Darrin Santos; Jr. OL Andrew Aiston; Jr. OL Christian Pezzullo; Jr. WR Doug Donaghy; So. OL Will Etta; So. OL Dominic Lyons-Davis

Key Newcomers: Fr. OL Jake Mason; So. WR Soron Holmbo; Sr. WR Charles Benichoux; So. WR Jullian Forcello; So. FS Giancarlo Carone

Outlook: Haldane lost a dynamic group of seniors and gifted WR Matt Champlin has opted out this season, but the junior class is just getting started. Tuckahoe enters the year as the team to beat in Class D.

Coach's Quote: We will be a young team, but a great junior class that will lead us this season. We are looking to QB Dan Santos, RB Darrin Santos WR Doug Donaghy to be our leaders on offense and have a bunch of young players with great athleticism to make plays as well. Defensively, it's going to be important we tackle well and get a lot of hats to the ball. We want to play aggressive this season and I'm looking forward to watching our guys compete, prepare hard and grow throughout the season

Sectional Favorite: Tuckahoe

Final Thought: With very limited participation from the senior class, it could take some time for the underclassmen to fire up on all cylinders, but when they do the Blue Devils will be a force.

Twitter: @CoachMcConville



Put Valley QB Ryan Singer hopes to lead Tigers back to 2nd sectional title game in as many years.

Team Strengths: More speed all around; a senior-heavy returning line

Base Offense: Flexed Bone

Base Defense: 4-3

Captains: Kaiden Patterson and TBD

Outlook/Coach's Quote: After coming off of a big finish last year as a runner up for the Sectional Championship, we are looking to get back to Mahopac again this year. We have a large group of athletes again this year. We will need all 11 on each side of the ball to step up. Losing Darnel Shillingford (Bryant) and John Listwan (SUNY Cortland) to graduation was a big hit for us, but I feel that the players behind them are ready to follow in their footsteps. We will need to

this season. Byram Hills, down from Class A, is a darkhorse.

Final Thought: Defending champion Ardsley is in a class by itself this year, barring a major upset, which is why we play the games. There's about 90% of last year's touches up for grabs, so we'll have to wait and see who is capable of snaring them and making the most of opportunity. Expect a heavy dose of Listwan, who has great hands out of the back field, and Patterson on offense. The Tigers are one of several teams across the state with a girl on the roster in sophomore WR/DB Jessica Walsh. "She's one of the most coachable players on the roster," the coach said. "She's not afraid of anything."



Put Valley RB-LB Kaiden Patterson will assume a major increase in responsibility this season.

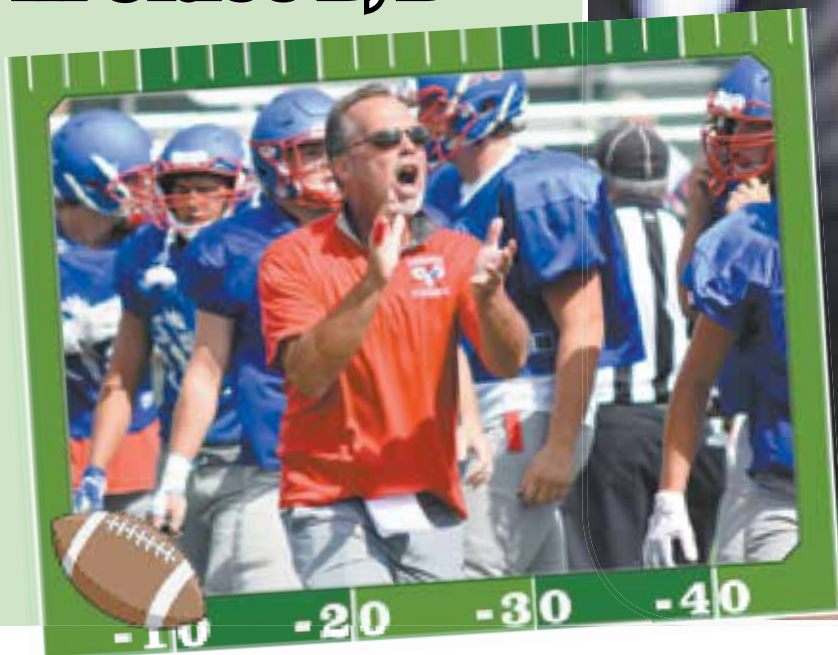
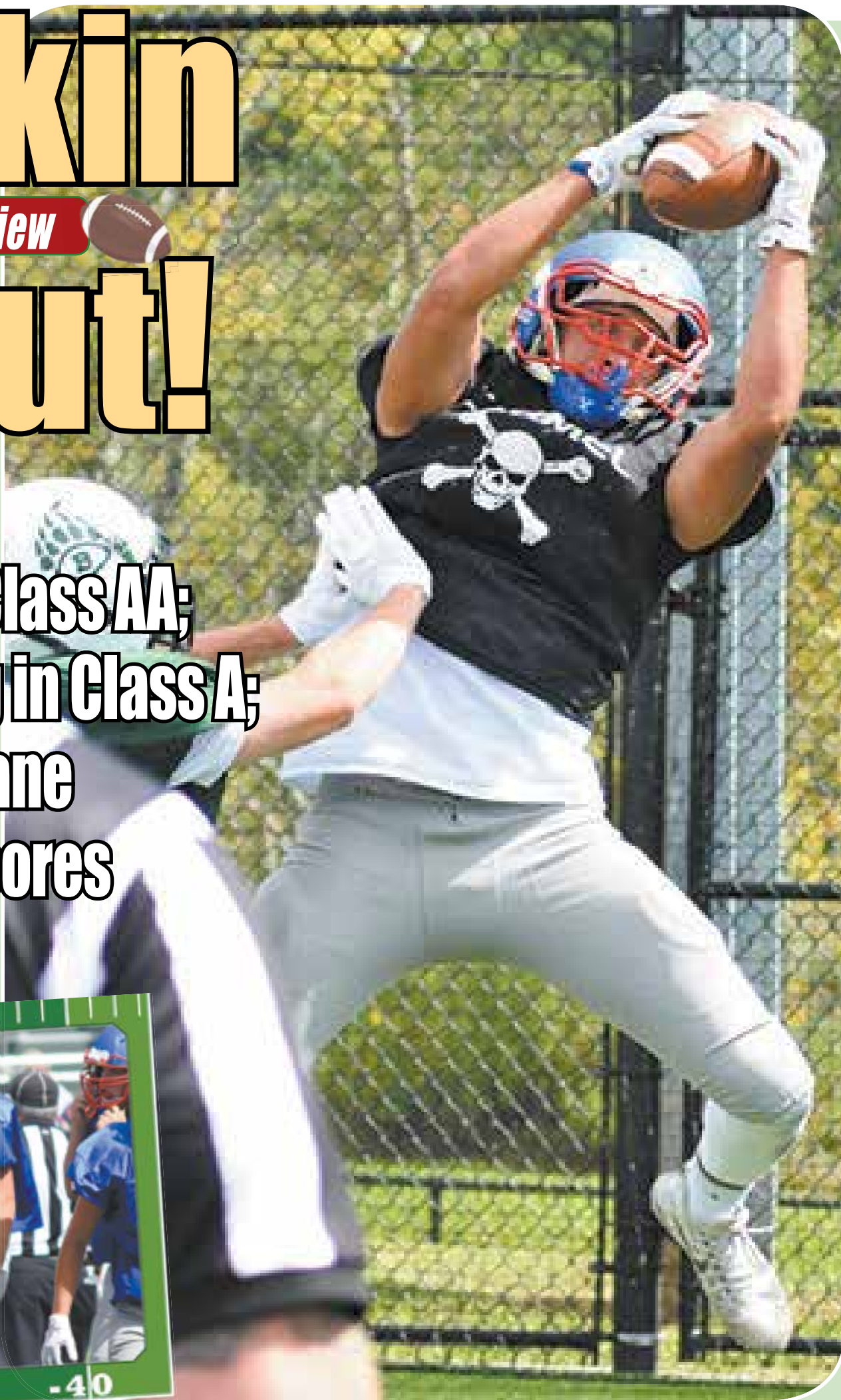


Haldane QB Daniel Santos will see a major bump in expectations this season.



Pigskin 2019 Grid Preview Pigout!

**Carmel Poised
for Damage in Class AA;
Somers Surging in Class A;
Put Valley, Haldane
Seek Strong Encores
in Class B, D**



RAY GALLAGHER PHOTOS

Carmel senior WR/DB Alex 'Booch' Beauchesne will grab a slew of these high-point passes from Ram QBs this fall as Class AA Carmel highlights the list of Putnam County contenders this season, what is the 25-year silver anniversary for Coach Todd Cayea (inset). Meanwhile, Somers leads the Northern Westchester parade of teams, looking like a legit Class A contender in Coach Tony DeMatteo's 51st season as hopes to lead the Tuskers to a fourth Section 1 title since 2012... see Grid Previews inside