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SMALL NEWS IS BIG NEWS

Volume 11, Issue 544

Large Scale Project in Kent Faces Skepticism, Questions

By David Propper

For countless years, Town of Kent leaders have yearned to boost economic development in the bedroom community, but mostly to no avail. Now, with a major project on the table, it appears more than a handful of residents aren't interested in what it might offer.

Kent residents are mobilizing to speak out against the project, Kent Country Square, skeptical of the proposal and how it could affect the town. The project includes two

hotels, an indoor waterpark, convention center and a truck stop, which appears to be the most bothersome to opponents.

The proposal first came forward in Oct. 2017 in front of the town board and then began appearing in front of the planning board in Feb. 2018. The development would be situated on Route 52 near Ludingtonville Road stretching into the woods.

The planning board is the lead agency for the project and would need to approve a final site plan.

continued on page 6

Tanker Truck Crash in PV Leads to Environmental Mess

By David Propper

A tanker truck that slid off a Putnam Valley road last week led to a major environmental emergency for surrounding communities as thousands of gallons of liquid asphalt spilled into a drinking water source.

Last Tuesday around 1 p.m. a tanker truck crashed into trees on the side of the road at the intersection of Tinker Hill Road and Peekskill Hollow Road in Putnam Valley. As a result, 3,300 gallons of asphalt emulsion poured out of the back of the truck into the stream that filters into Peekskill Hollow Brook, which is a source of drinking water for the City of Peekskill, according to the Putnam County Sheriff's Office.

Starting last Tuesday, Westchester County Hazmat, NYS Hazmat and the New York State ENCON Police Department were called to clean up the spill. As of last Thursday afternoon, Peekskill households

continued on page 6



MAHOPAC VOLUNTEER FIRE DEPARTMENT PHOTO

A tanker truck crashed into trees last week in Putnam Valley, resulting in asphalt emulsion pouring out into a source of drinking water.



BREWSTER FIRE DEPARTMENT PHOTOS

Truck Accident Leaves Brewster Homes in Darkness

Just after midnight early Sunday morning, the lights went out in the Lake Tonetta area after power was lost because of a single vehicle accident. According to the Brewster Volunteer Fire Department, a pick-up truck lost control and rolled over taking down a utility pole and power lines, igniting a fire at the intersection of Tonetta Lake Road and North Brewster Road. The driver was taken to Putnam Hospital Center while Brewster firefighters stayed on the scene into the morning until NYSEG was able to rectify the situation, according to the department.



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Small Private Island on Putnam Lake For Sale

By David Propper

Purchasing a private island for less than \$1 million might seem farfetched, but not if buyers are interested in a small piece of land in the middle of Putnam Lake.

Willow Island in the Town of Patterson became a hot real estate topic in the tri-state area last week when several media outlets reported a private island was for sale for less

than \$1 million. The price listing is currently \$850,000 for the island that includes a 1,922 sq. ft. four-bedroom house with 1 ½ bathrooms. Additionally, the Colonial house built in 1932 has 35 windows and multiple docks considering it is only accessible by boat.

There is also a separate 600 sq. ft. studio with vaulted ceilings and a separately deeded private driveway and garage on the mainland

for a person to park their car before they head over to the house in solar powered boat provided. (Non-motorized boats are not permitted on Putnam Lake.)

According to a 2011 report on the creation of the Putnam Lake Park District by the town, Willow Island, which is also known as Plum Island, was filed as a separate subdivision map on May 24, 1933.

The listing is being shown by Houlihan

Lawrence real estate agents Linda Finn and Regan Andrews. In an interview, Finn said last week once a couple of smaller real estate focused online publications reported on Willow Island and then the New York Post, her phone began ringing off the hook.

Finn said last Wednesday in the first 24 hours since the news about the island broke, she's received inquiries from at least 20

continued on next page



PROVIDED PHOTO

Willow Island is now for sale and for less than \$1 million.



PROVIDED PHOTO

The house that is located on Willow Island on Putnam Lake.



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Dr. Richard Catanzaro
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Do you Have a Child Starting College?

Know the signs of a mental health crisis – and best ways to help...

Q: Why do many college students develop mental health problems?

A: Students are more vulnerable to serious mental illness for many reasons. It's the added stress of a new environment and new expectations, right when they've left behind their support system. They're freer now – but less structure can be daunting. Socially and sexually, they're still figuring out who they are. And substance use is prevalent on campuses, which can trigger mental illness in someone with a predisposition.

Today, the pressures on young people are intense. Getting into college is more stressful. Social media ramps up the stress. Everyone's projecting their best self on the Internet, creating an unrealistic standard to live up to. In many teens, that badly damages self-esteem.

Q: What signs should I look for?

A: Look for changes. Has your child has been texting you every few days, then for a week... silence? Do they sound less open? Have they gained or lost a lot of weight? Stopped grooming themselves? After doing well initially, are they failing classes?

Q: What can I do to help?

A: Your relationship with your child in college will echo the one you had with them in high school. So work on that before your kid goes away. Have frank chats about your worries, even if you're doing all the talking.

Establish an understanding before they leave home. For example, agree to text every three or four days. Once they're at school, it helps to communicate with their friends, but never behind your child's back. That erodes trust – and trust is vital as you monitor how they're doing. Your gut tells you something's wrong? Be transparent with your child. Say, "You don't sound like yourself. What's going on?" If they insist they're fine and tell you not to visit, assert yourself as the parent: "I'm sorry. I'm paying for this. I'm coming up."

If you think there could be a real danger, call the campus health services and safety services. And immediately visit. The worst thing is to not be proactive.

Small Private Island on Putnam Lake For Sale

continued from previous page

interested buyers. Many people interested are from New York City (people from Manhattan and Brooklyn are shocked the island is for under a \$1 million considering how little that amount of money buys in the city), while someone from Georgia and another person from Colorado even reached out.

"It's unbelievable," Finn said, later adding. "It's in very nice condition. The current

owners did a lot of work in there so to find that under \$1 million, that's eye catching for a lot of folks."

It's been the busiest couple of days in Finn's career.

Finn said while taking a boat out to a home could be a nuance, it's only a five-minute row from the closer side of the mainland.

"It's not far, it's easy--the accessibility," Finn said.

Finn said while she has been able to sell

some antique and ultra-modern homes that have their own intrigue, she said this is the most unique home she's ever had the opportunity to sell. Most New York islands are public land where people can get a permit to camp out there, but having a private island with a house is exceedingly rare.

There have been owners of the island that have lived there part-time as a weekend getaway (like the current owner), but also families that have lived there year round

with children even taking a boat to shore every morning in order to catch the bus to Brewster schools.

Because it is an island, conventional financing is not on the table because a bank will likely not give a mortgage on this piece of property, Finn noted. She's planning on showing the property all this week.

"We're really trying to prescreen and make sure we have all cash buyers," Finn said.



PROVIDED PHOTO

More than 20 interested buyers came forward as of last week to inquire about the island.



PROVIDED PHOTO

Willow Island is only accessible by boat.

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NRC Meeting on Indian Pt to be Held in Cortlandt in October

By Rick Pezzullo

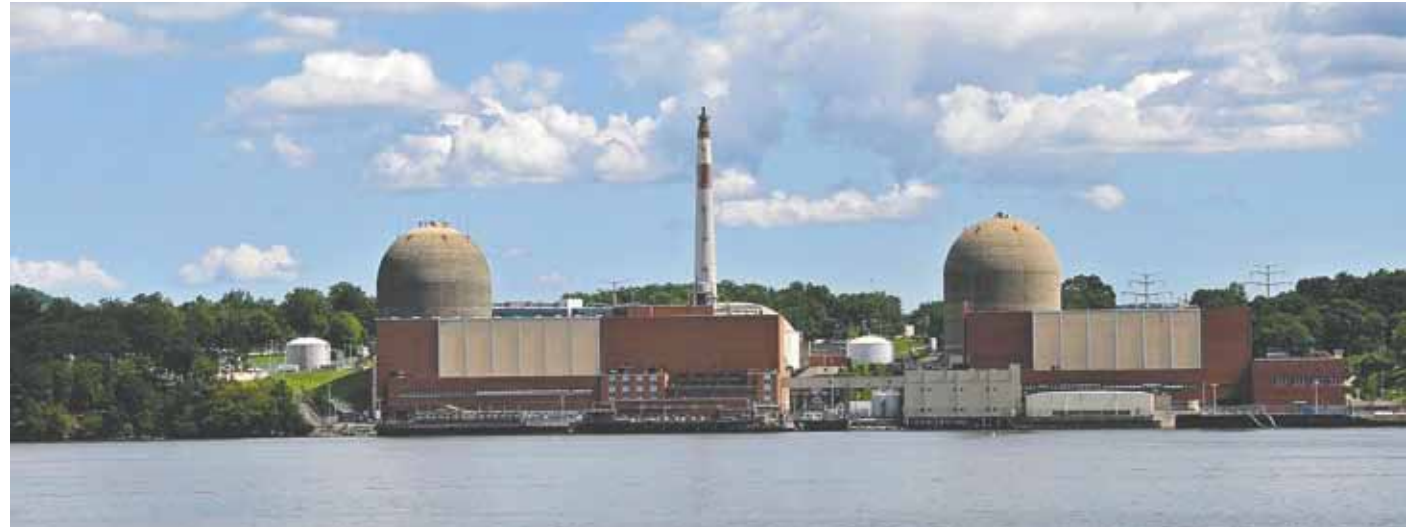
The federal Nuclear Regulatory Commission (NRC) will be holding a public meeting on the decommissioning of the Indian Point nuclear power plants in October in Cortlandt.

Congresswoman Nita Lowey (D-NY17/Rockland-Westchester) announced last week NRC officials notified her office that the meeting will be held on Wednesday, October 2 at the Muriel Morabito Community Center on Westbrook Drive from 6 to 9 p.m.

"As Indian Point is decommissioned, it is essential that federal partners do everything possible to protect the safety of the surrounding community and help mitigate the economic impact of the plants' closure," Lowey said. "This meeting will ensure that local stakeholders – from elected officials to concerned residents and neighbors – can voice their concerns and make requests for necessary assistance directly to NRC."

Earlier this year, the NRC, which oversees the operations of the nuclear facility in the Village of Buchanan, solicited public comments on potential locations for public meetings to discuss best practices for community engagement panels near nuclear power plants facing decommissioning. These meetings will be part of the NRC's process to meeting a reporting requirement to Congress which was included in the Nuclear Energy Innovation and Modernization Act, passed in December 2018 and signed into law in January 2019.

According to NRC, it will develop a report



PROVIDED PHOTO

Indian Point nuclear facility along the Hudson River.

on best practices for community engagement panels in areas surrounding nuclear power plants that have ceased operations and begun decommissioning in consultation with states, surrounding communities, and local advisory boards.

Lowey, Cortlandt Supervisor Linda Puglisi and Buchanan Mayor Theresa Knickerbocker all requested that NRC hold one of the meetings in Cortlandt based on the impact on their communities, which face the closure of the Indian Point facility in the coming years and the loss of millions of tax

revenue.

"I am pleased that the NRC heard us all and that the meeting will be in the community where the plant is located," Knickerbocker said. "I encourage residents to come out and participate in the meeting. This is your community."

"I hope everyone who has concerns about the closure of Indian Point – whether they're about safety, jobs, or redevelopment – will come tell NRC directly about what would be most helpful to our community in the coming years as Indian Point closes," Lowey

added. "With input from the public, we can put pressure on NRC to provide what we and other communities facing nuclear plant closures need to ensure our ongoing physical and economic security."

In January 2017, Entergy, which purchased the Indian Point nuclear power plants more than 16 years ago, announced, to the complete surprise of local leaders, its plan for the early and orderly shutdown of the Indian Point Energy Center by April 30, 2021 as part of a settlement with New York State and Riverkeeper.

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Large Scale Project in Kent Faces Skepticism, Questions

continued from page 1

Planning board chairman Phil Tolmach said while he's heard a rumor that most of the tax revenue from the project would go to Putnam County and not the town, that claim is inaccurate. The property is on town parcels, Tolmach stressed.

A zoning change might be necessary depending on the height of the two hotels, Tolmach said. There is a question how many floors the applicant wants the hotels to be and if the proposal does not conform to the current zoning code, the town board will need to consider a zoning change.

The planning board had a scoping session a few months prior where people from the town could state their concerns with the project and planning board members could also convey issues they had that were presented to the applicant. A 37-page scoping document was issued by the planning board recently detailing what they want to see in an environmental impact statement.

The applicant now has to address those concerns and once they present in front of the board again, a SEQRA process will get underway, Tolmach said.

"They'll give us a full application that's been executed in the way we wanted it to be and eventually I will sign it and they'll build the project one would hope," Tolmach said.

Questions raised so far include how much noise and air pollution residents would be subjected to and what increase in traffic town roads could face, Tolmach, who lives right behind where the project is proposed,

said.

Kent Supervisor Maureen Fleming said the influx of tax revenue for the town and Carmel school district if the project comes to fruition would be significant. While "mom and pop" businesses are important, they can't help keep residents' property taxes down like a major development would, she said.

"We have to look to smart development," Fleming said. "Development that doesn't negatively impact our residents' quality of life."

She thinks the proposal is a "win" for the town, noting state agencies, like the department of transportation, will help ensure that residents aren't hurt by the project.

But some residents are wary whether or not this is a true win for the town.

Kent resident and Carmel-Kent Chamber of Commerce president Henry Boyd said the chamber's board of directors doesn't think the truck stop is good for the town. He said the traffic from the truck stop would be "horrendous."

"The trucks themselves are a big no-no, plus the environment that they create around the truck stop," Boyd said.

While Boyd thinks the hotels would be worthwhile for the community, he questions whether the possible height of the structures would be a good idea because the local fire department would need a new ladder truck in the event of an emergency at one of the hotels.

Resident Eileen Civitillo said her major issues with the proposal is the mining of the land where the structures would be built and the truck stop that would include a truck wash and repair set up. She isn't against the idea of a waterpark and hotels, which she believes are needed in Putnam.

Civitillo said she doesn't think the project fits in the town's Master Plan. While tax relief from the project would be helpful to homeowners, she said the project is not worth the revenue gained.

The extensive mining that would be required is alarming to Civitillo, who questioned if well water could be negatively affected. The trucks that would gather at the stop could be harmful to the environment, Civitillo said.

Kent resident Katharine Curtiss, who has attended several planning board meetings, said she thinks it's a bad combination to have a truck stop, waterpark and hotels on the same piece of property. (There is one entrance for the truck stop and another entrance for the waterpark and hotels, Fleming noted.)

Additionally, she doesn't like that it's near two schools in the Carmel school system, is concerned about environmental impacts the site could have and is worried about the beating local roads could take.

"I'm not opposed to business," she said. "I'm opposed to this particular concept of business."

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Tanker Truck Crash in PV Leads to Environmental Mess

continued from page 1

were still using an alternate source for drinking water.

The driver of the truck, who allegedly disobeyed several traffic laws, told sheriff deputies that while he was driving on Tinker Hill Road to a job-site located off of Barge Street, he lost his air and brakes and couldn't stop the truck, according to the sheriff's office. The truck crossed over the intersection onto Peekskill Hollow Road and went through a guardrail before hitting two trees.

Further investigation revealed that the truck's weight was too heavy to drive on the road. Driver Zachary Sulton, who was treated for a possible broken foot/leg injury and transported to Westchester Medical Center, was ticketed for operating a commercial vehicle on Tinker Hill Road, operating a vehicle over the posted weight

on a public highway, failure to obey a traffic control device and failure to stop at a stop sign.

All tickets are returnable to Putnam Valley justice court.

Following the incident, town board members discussed ways to prevent future accidents on that road at a meeting last Wednesday, with Supervisor Sam Oliverio proposing making Tinker Hill Road a one-way street where cars are only allowed to go up the hill rather than down it.

Before the winter and snowy weather arrives Oliverio wants to see the law enacted.

"I don't see any other solution but to keep all vehicles from traveling down Tinker Hill, it's just too dangerous to go down hill, you have no control," Oliverio said.



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Business of the Week

By Neal Rentz

Buchanan residents Michael and Jenn Saladino explained why they named their new business Old Skool Pizza.

"In the Urban Dictionary the definition of Old Skool is old but cool when you spell it with a k," Ms. Saladino said last week, adding, "It's like a nice twist on his pizza recipe which is based on a nostalgia that he has."

"I use a starter or mother dough. So, I actually have a starter that is six or seven years old," Mr. Saladino said. "It's mainly risen from a natural starter. So, it's got a bit of a sourdough flavor to it. So, the crust has its own flavor, its own texture."

"This is the original way that pizza dough was made versus now. People sort of make it in one day. It doesn't have time to rise," Ms. Saladino said. "Because he uses the natural starter the crust itself gets a lot more flavor because he lets it rise for at least two days."

"The longer the dough gets to rise the more texture the dough gets, the more flavor it gets from the fermentation," Mr. Saladino said.

The Old Skool pizza dough becomes "light and airy with a nice crisp edge," Ms. Saladino said. Many customers have told the Saladinos that they serve the pizza "like I used to get," she said.

Old Skool Pizza, which opened about a

Old Skool Pizza Cortlandt



NEAL RENTZ PHOTO

Old Skool Pizza opened in the Cortlandt Town Center about a month ago. Shown above are the co-owners Buchanan residents Michael and Jenn Saladino. Also shown above is their daughter, Mikayla.

month ago in the Cortlandt Town Center, is the first business the Saladinos have owned. "I've been a pizza nerd for years and years and have always wanted to do it," Mr. Saladino said. "I worked in the entertainment industry. I worked as a video editor in television. I did a lot of work for

The History Channel and A&E." He was an Emmy Award-winning editor, his wife noted.

While working in the television industry for many years at home, Mr. Saladino used to make pizzas, he said. "I spent years and years in our kitchen at home" coming up with his own sauces and doughs, Mr. Saladino said.

With the backing of his wife, Mr. Saladino decided to open his own pizzeria. "I believed in the product," Ms. Saladino said.

Family members cook in and run the new eatery, Mr. Saladino said. Mr. Saladino said among the most popular pizzas are the white pies. The white pizza features ricotta, mozzarella and Pecorino cheeses as well as caramelized onions, Ms. Saladino said, "It's not a traditional white pizza," she said.

Mr. Saladino said Sicilian is another popular pizza. "It's a very light, airy Sicilian. It's not super dense," he said, adding the pie is cooked three times to allow more moisture to leave the dough.

Mr. Saladino said his favorite slice is the traditional, which can be topped with fresh basil.

Aside from pizza some of the other food options include chicken wings, wedges and calzones.

"We're trying to stay away from too many dishes because we want to stay as fresh as we can,"

Mr. Saladino said. "We don't consider ourselves an Italian restaurant. We're more of a pizzeria. It's pizza first and foremost."

Old Skool Pizza is located in the Cortlandt Town Center at 3121 E. Main St. (Route 6) in Cortlandt. For more information call 914-743-1811 or visit <https://www.oldschoolpizza.com/menu-old-skool-pizza>. The business is also on Facebook and Instagram.

SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF PUTNAM
INDEX NO. 244/2014 ONEWEST BANK
FSB,

Plaintiff designates PUTNAM as the place of trial situs of the real property SECOND SUPPLEMENTAL SUMMONS Mortgaged Premises 35 LARCHMONT RD CARMEL, NY 10512 District: Section: 33.50 Block: 1 Lot: 44

Plaintiff vs. WILLIAM J. CARLIN JR. AS ADMINISTRATOR FOR THE ESTATE OF PATRICIA J. ZASSO A/K/A PATRICIA ZASSO; PATRICIA WHITE, AS HEIR AND DISTRIBUTE OF THE ESTATE OF PATRICIA J. ZASSO A/K/A PATRICIA ZASSO; MAUREEN ZASSO, AS HEIR AND DISTRIBUTE OF THE ESTATE OF PATRICIA J. ZASSO A/K/A PATRICIA ZASSO if living, and if she/he be dead, any and all persons unknown to plaintiff, claiming, or who may claim to have an interest in, or general or specific lien upon the real property described in this action; such unknown persons being herein generally described and intended to be included in the following designation, namely: the wife, widow, husband, widower, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors, and assignees of such deceased, any and all persons deriving interest in or lien upon, or title to said real property by, through or under them, or either of them, and their respective wives, widows, husbands, widowers, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors and assigns, all of whom and whose names, except as stated, are unknown to plaintiff; DENNIS ZASSO,

AS HEIR AND DISTRIBUTE OF THE ESTATE OF PATRICIA J. ZASSO A/K/A PATRICIA ZASSO; BRIAN ZASSO, AS HEIR AND DISTRIBUTE OF THE ESTATE OF PATRICIA J. ZASSO A/K/A PATRICIA ZASSO if living, and if she/he be dead, any and all persons unknown to plaintiff, claiming, or who may claim to have an interest in, or general or specific lien upon the real property described in this action; such unknown persons being herein generally described and intended to be included in the following designation, namely: the wife, widow, husband, widower, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors, and assignees of such deceased, any and all persons deriving interest in or lien upon, or title to said real property by, through or under them, or either of them, and their respective wives, widows, husbands, widowers, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors and assigns, all of whom and whose names, except as stated, are unknown to plaintiff; JAMES ZASSO, AS HEIR AND DISTRIBUTE OF THE ESTATE OF PATRICIA J. ZASSO A/K/A PATRICIA ZASSO; DAWN MARIE WYERS, AS HEIR AND DISTRIBUTE OF THE ESTATE OF PATRICIA J. ZASSO A/K/A PATRICIA ZASSO; CHRISTINE ZASSO, AS HEIR AND DISTRIBUTE OF THE ESTATE OF PATRICIA J. ZASSO A/K/A PATRICIA ZASSO; SECRETARY OF HOUSING AND URBAN DEVELOPMENT; NEW YORK STATE DEPARTMENT OF TAXATION AND FINANCE; UNITED STATES OF AMERICA - INTERNAL SERVICE,

"JOHN DOE", "RICHARD ROE", "JANE

DOE", "CORA CORE", "DICK MOE" and "RUBY POE", the last six defendants last named in quotation marks being intended to designate tenants, or occupants in possession of the herein described premises or portions thereof, if any there be, said names being fictitious, their true name being unknown to plaintiff,

SUPPLEMENTAL SUMMONS Mortgaged Premises: 35 LARCHMONT RD CARMEL, NY 10512 District: Section: 33.50 Block: 1 Lot: 44 To the above named Defendants

YOU ARE HEREBY SUMMONED to answer the complaint in this action and to serve a copy of your answer, or, if the complaint is not served with this summons, to serve a notice of appearance on the Plaintiff's Attorney within 20 days after the service of this summons, exclusive of the day of service (or within 30 days after the service is complete if this summons is not personally delivered to you within the State of New York) in the event the United States of America is made a party defendant, the time to answer for the said United States of America shall not expire until (60) days after service of the Summons; and in case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the complaint.

NOTICE OF NATURE OF ACTION AND RELIEF SOUGHT

THE OBJECT of the above caption action is to foreclose a Mortgage to secure the sum of \$397,500.00 and interest, recorded on May 13, 2009, at Liber 5422 Page 55, of the Public Records of PUTNAM County, New York, covering premises known as 35

LARCHMONT RD CARMEL, NY 10512.

The relief sought in the within action is a final judgment directing the sale of the premises described above to satisfy the debt secured by the Mortgage described above.

PUTNAM County is designated as the place of trial because the real property affected by this action is located in said county. **NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME**

If you do not respond to this summons and complaint by serving a copy of the answer on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home.

Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property.

Sending a payment to the mortgage company will not stop the foreclosure action.

YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT.

RAS BORISKIN, LLC
Attorney for Plaintiff
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Adam Stone
astone@theexaminernews.com
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David Propper
dpropper@theexaminernews.com
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Letters to the Editor

American Legion in Mahopac Deserves Working Bathroom

For more than five years, American Legion Hall Post 1080, on Buckshollow Road, has been battling a neighboring landowner to get their sewer main repaired. For more than five years, our veterans have been without a working bathroom. And for more than five years, they have incurred both the cost of port-a-potties and the loss of venue rental income. Beginning in 2017, and many times since, I have spoken about this injustice at Carmel Town Board meetings and privately to our elected officials, urging them to remedy this situation, and suggesting avenues of resolution. I escalated my outreach to the Putnam Department

of Health and the American Legion Headquarters in Indianapolis.

I was, therefore, very encouraged by the August 21 Town Board meeting, at which the board proposed a resolution to begin litigation against the landowner who has denied our Legion Hall access for repairs to their sewer line. While I wish this sensible action had been taken sooner, I strongly commend the board for their stance on this matter.

Even more encouraging is the landowner's word to reach an agreement with the Legion Hall by August 30, thereby staving off costly litigation by the town. I urge our Town Board

to hold him to his promise. Repair of the sewer line must then commence without delay - before the blacktop supplier closes for the season and before the first frost precludes completion of the repair.

No resident of Carmel should be without proper waste removal, let alone our veterans. No more delays, no more excuses.

Jean Hopper
Carmel

Hopper is a Democrat running for the Carmel town board

Kent Residents Should Be Wary of Proposed Development

As a concerned Kent resident I respectfully submit this open letter for consideration of publication in the hopes raising awareness of an important unfolding issue in the Town of Kent.

Kent residents, Putnamites, and those from surrounding Dutchess communities who travel the Route 52 corridor should be alarmed about the impact of the proposed 137.4 acre parcel development along Route 52 east of Ludingtonville Road intersection. It calls for a 54 acre excavated (mined) area for mixed commercial use including but not limited to a truck/rest stop, truck wash, repair and service station with fueling and tire shop. The action involves a forthcoming petition for a zoning amendment to change zoning law allowing five story construction which our current fire equipment is incapable

to respond.

I urge all: become familiar with facts. Visit the Town of Kent website to access meeting minutes and videos pertaining to the largest and most drastic change ever proposed to our Town. Also posted is the full environmental assessment and identified potential impacts on Land, Surface Water, Groundwater, Air, Plants, Animals, Aesthetic Resources, Open Space & Recreation, Transportation, Energy, Noise, Odor, Light, Human Health, Inconsistencies with Community Plans and Community Character. All details can be read in the Scoping Outline for the Rt 52 Kent Country Square Amended SEQRA Positive Declaration.

It's imperative to follow the Kent Town Board and Planning proceedings closely as the developer's application was originally

submitted February 2018. Far more often than not, by the time local citizens, whether individuals or neighborhood groups, find out about a project and identify the adverse impacts, the planning decisions have already been solidified. By then protests at Town Meetings won't change the outcome because the horse has already left the barn. Attendance is crucial as the number of bodies in the seats do count. Right from the start we must make our voices heard. Demand our Town leaders establish appropriate responsible development to avoid environmental degradation and preserve the quality of life in our Town of Kent. Keep this horse in the barn!

Maureen Galway-Perotti
Kent

HHLT Achieves National Recognition

Since 1989, Hudson Highlands Land Trust (HHLT) has protected open spaces for the people of Philipstown, Putnam Valley, Cornwall and Highlands. Today HHLT announced it has renewed its land trust accreditation, proving once again that, as part of a network of over 400 accredited land trusts across the nation, it is committed to professional excellence and to maintaining the public's trust in its conservation work.

"Renewing our accreditation shows HHLT's ongoing commitment to permanent land conservation in the Hudson Highlands," said Katrina Shindledecker, HHLT's Director of Conservation. "We are a stronger organization for having gone through the rigorous accreditation renewal process. This means special places—like Granite Mountain Preserve in Putnam Valley—will be protected forever, making the Highlands an even greater place now and for future generations."

HHLT provided extensive documentation and was subject to a comprehensive third-party evaluation prior to achieving this distinction. The Land Trust Accreditation Commission awarded renewed accreditation, signifying its confidence that HHLT's lands will be protected forever. Accredited land trusts now steward nearly 20 million acres across the country.

HHLT was one of the first 39 land trusts in the United States to receive Land Trust Alliance accreditation in 2008. HHLT now owns 577 acres outright and holds

92 conservation easements, permanently preserving more than 3,000 acres of land from development. HHLT also partners with other conservation organizations and state agencies to facilitate the permanent protection of thousands more acres.

"It is exciting to recognize HHLT's continued commitment to national standards by renewing this national mark of distinction," said Tammara Van Ryn, Executive Director of the Commission. "Donors and partners can trust the more than 400 accredited land trusts across the country are united behind strong standards and have demonstrated sound finances, ethical conduct, responsible governance and lasting stewardship."

HHLT is one of 1,363 land trusts across the United States, according to the Land Trust Alliance's most recent National Land Trust Census. A complete list of accredited land trusts and more information about the accreditation process and benefits can be found at www.landtrustaccreditation.org.

About HHLT

The Hudson Highlands Land Trust is a community-based, accredited, non-profit conservation organization with a mission to protect and preserve the natural resources, rural character and scenic beauty of the Hudson Highlands.
www.hhlt.org

About Land Trust Accreditation Commission

The Land Trust Accreditation Commission

inspires excellence, promotes public trust and ensures permanence in the conservation of open lands by recognizing organizations that meet rigorous quality standards and strive for continuous improvement. The Commission, established in 2006 as an independent program of the Land Trust Alliance, is governed by a volunteer board of diverse land conservation and nonprofit management experts.

www.landtrustaccreditation.org

About The Land Trust Alliance

Founded in 1982, the Land Trust Alliance is a national land conservation organization that works to save the places people need and love by strengthening land conservation across America. The Alliance represents 1,000 member land trusts supported by more than 200,000 volunteers and 4.6 million members nationwide. The Alliance is based in Washington, D.C., and operates several regional offices.



Obituaries

William E. Dring Sr.

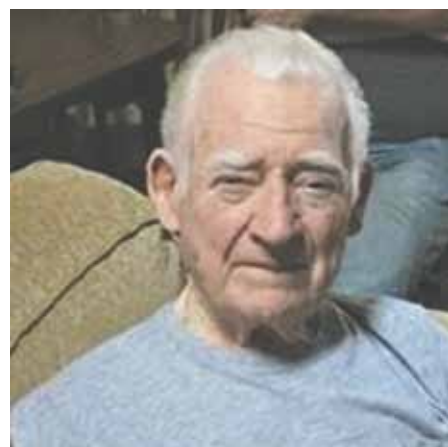
William E. Dring Sr. of Mahopac, died on Sunday, August 18, at the age of 82. He was born in Peekskill, on January 12, 1937, the son of Ernest W. and Marguerite (Finnerty) Dring. William graduated from Shrub Oak High School. Following his marriage to Louise M. Boniello they moved to Mahopac and resided in the home that they currently occupy. They were married at St. John the Evangelist Church in Mahopac on April 8, 1956. William was a loader at the Grand Union Warehouse in Mount Kisco, for 38 years prior to his retirement. He was a member of Teamsters Local 456 in Elmsford, NY



and a parishioner of St. John the Evangelist Church. He was one of the original members of the Road Knights Car Club in Peekskill. In addition to his wife, Louise, he is survived by his sons, William Jr. of Tampa, FL and Guy Dring and his wife, Ann Marie of Putnam Valley, and his daughter, Louise Rooney and her husband, Mark of Mahopac, his grandchildren, Denise, Jessica, William III, Lindsay, Stephanie, Samantha, Sydney, Sabrina, Ashley and his adopted grandson Oscar Mejia; his great grandchildren, Anthony, Eleana Rose, Alexandria, Cole and Calder. He was predeceased by his son, Timothy on May 5, 2009 at the age of 50.

Peter Gallagher

Peter Gallagher, aged 84, of Mahopac died August 19. Peter was born on October 7, 1934 to the late Michael and Catherine (nee Cullen) in the town of Dromahair, County Leitrim, Ireland. Peter was predeceased



by his loving wife Mary (nee Gannon) and their daughter Margaret Mary. Peter is survived by his son Peter and wife Fernanda of Mahopac; his son Patrick Gallagher and Shirley of Yonkers; and son Michael Gallagher of Yonkers. He is also survived by his five cherished grandchildren that he adored, Peter, Brian, Meagan, Grace and Carey. His love for his grandchildren had no boundaries. Additionally Peter is survived by two sisters, Agnes Nolan and Josephine Geenty. Also predeceased by siblings; Theresa, Eugene, Michael, Joseph, John, Margaret and Katherine. Peter will be greatly missed.

Daniel James Mannix Jr.

Daniel James Mannix, Jr., 56, of Brewster, died unexpectedly on August 20. Danny is survived by his wife of 35 years, Diana (Colangelo) Mannix and their two sons, Steven John Mannix and his fiancé Allison Donofrio of New Fairfield, CT and Daniel James Mannix, III of Brewster, NY. He is also survived by his parents Daniel Sr. and Rose Mannix of Danbury, CT and his brother Joseph Mannix of North Carolina and his sister Sandra Berlingo of Pennsylvania and nieces, nephews along with great nieces and nephews. His in-laws John and Carolyn Colangelo of Florida and his 4 sister in law's and their respective families including many nieces and nephews. Danny adored his family and doted on them cooking incredible meals and entertaining everyone with his adventures of hunting and fishing.

James M Thompson Jr.

James M Thompson Jr., of Brewster, died at his home on August 21. He was 51 years old. He was born on March 11, 1968 in Yonkers. James was a graduate of Yorktown High School. James was an over the road truck driver for Swift Transportation and he was a member of the Knights of Columbus, Fr. James T. Breen Council #7490 of Sacred



Heart in Patterson. He enjoyed working on cars, and fishing. James is survived by his father and stepmother, James M. and Karen Thompson of Pawling, NY, his son, Cody Thompson of Yonkers, and his sister, Kelly Jaconetti (Jason) of Brewster. And his neice Haley Jaconetti.

Marilyn Ford

Marilyn Ford, a 49-year resident of Brewster, died peacefully at her home with her family by her side on Wednesday, August 21. She was 90 years old. Marilyn was born on July 6, 1929 in the Bronx, daughter of the late James and Catherine (Cleary) Horn. On June 3, 1950, she married the love of her life, Kenneth T. Ford at St. Brendan's Church in the Bronx. Kenneth predeceased



his wife on June 5, 1983. Mrs. Ford was an administrative assistant with the North Salem school district for over 30 years when she retired in 2002. Marilyn is survived by her children; Kenneth Ford (Joan), Patti Ford, Susan Ford Capalbo, and Eileen O'Toole (Tim), her 7 grandchildren: James (Erin), Kenneth III (Barbara), John (Natalie), Katie, Kristofer, Sean and Kelly; her 4 great grandchildren, Olivia, James, Kenneth IV, and Mia. She was predeceased by her two siblings, Patricia Levine and James Horn. Marilyn enjoyed her life at Peach Lake from her childhood days and throughout her life. Her loving devotion to her family was well known as was her family's immense love

for her. Marilyn was a class act, known for her sense of style and impeccable dress. She would always brighten any gathering with her smile and energy. She had a great sense of humor and loved to dance, play golf, and cheer for the Yankees. She will be missed by many.

Lynn Ferretti

Lynn Ferretti, a long time resident of Mahopac, died on August 23, at the age of 83. She was born in Baltimore, MD on July 21, 1936, the daughter of Otto and Alverta (Ayers) Dailey. After moving to Mahopac in 1973, she worked in insurance services with Spain Agency and 17 years with John L. Sullivan Insurance Agency. Lynn is survived by her son Dan and his wife Debra, her son Doug and his wife Patricia, and grandchildren Daniel, Jaimie, Keira Rose, and Liam Douglas. She was predeceased by her husband Daniel in 2016 as well as her sisters Nellie and Clara Lee.



Victory Cup Coming This Weekend

The annual Victory Cup national polo tournament event will take place in Patterson on Fri. Aug. 30 and Sat. Aug. 31.

In addition to polo, there will also be live music, hot air balloons, food and drinks, as well as high fashion on display.

Organizers describe the two-day affair as a "networking and social destination drawing thousands for each event."

Celebrating its 15th year, the event features dozens of vendors and boasted more than 75,000 attendees last year.

The hot air balloons are particularly weather contingent and could be cancelled due to safety concerns so organizers stress that attendees should come prepared to enjoy all elements of the event in case Mother Nature interferes.

"Kid and pet friendly, bring the entire family," the event's website declares. "Come on out and enjoy a gorgeous day of green grass, new friends, majestic horses, heart pounding polo, dozens of food and alcohol partners, and (weather permitting) beautiful hot air balloons."

The event address is 683 Route 311 in Patterson.

For more information visit victorycup.org.



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Gymnastics City Celebrates 40 Years of Flipping

Owners and Directors Vinny and Anita Savastano founded and established Gymnastics City in August 1980, in Peekskill. They stayed four years in that location before moving to Mohegan Lake where they had a new facility built to their specifications. They stayed there for ten years, before moving to their new 15,000 sq. ft. state of the art facility.

It has been a long road to becoming one of the most successful programs in the USA. Vinny and Anita had a dream. It was to put together a highly dedicated staff committed to running a safe, well-organized, enjoyable program for toddlers on up through high school age students. They wanted to bestow the benefits of gymnastics and provide a program to meet the needs of the recreational gymnasts as well as those students who wanted to move into the competitive area. The program keeps growing by leaps and bounds.

It all began when Vinny, a graduate of New York University, began teaching for the Yorktown School District, 35 years as a physical education teacher. Vinny started the first gymnastics team at Yorktown High School and remained coaching there for the next 14 years. During that time, his teams racked up many awards and they were one of the most respected high school teams in New York State. Along with his coaching career, Vinny also was a gymnastics judge and then became certified as a Nationally rated Collegiate Judge. He judged many College and University gymnastics meets, where he judged champions such as Bart Conner and Kurt Thomas. He also had the privilege of judging the Y.M.C.A. and



PROVIDED PHOTOS

National Championships.

Anita also became involved in gymnastics at the recreational level, where she grew up on Long Island. While raising three children, she still found the time to be a High School rated gymnastics official and judged numerous high school competitions. After a few years their daughter Elena joined the staff and is now their program director, as well as a team coach. Elena, Vinny and their most highly qualified and dedicated

staff have produced many of New York State's finest gymnasts. Countless numbers of these Gymnasts have gone on to win local, state, regional and world championships.

Our philosophy is to have children feel good about themselves. This program has evolved and developed into one of the finest anywhere. Along with the obvious physical benefits; strength, agility, coordination, and flexibility, gymnastics allows the mind, body, and spirit the feeling of exhilaration. It teaches the young child to overcome obstacles; to "stick to it" and realize "you can do it."

Children then understand the benefits from the work and effort that went into learning a skill and they become proud of their accomplishment. These are life

skills; they recognize that with hard work at something they can succeed.

Through the years our Gym City staff has trained virtually thousands of youngsters to love the sport of gymnastics and prepare for life. We are a family run business celebrating our 40th Anniversary, and we continue to enjoy providing a friendly atmosphere, service with a smile and the spirit of challenging your child to gain his/or her fullest potential.

Thank you to the community and everyone who has helped us over the 40 Year's! It's been a pleasure seeing our gymnasts from little girls to doctor, nurses, teachers, lawyers, pilots, engineers, mothers and more.

Pediatrician Joins Health Quest Medical Practice in Carmel

Pediatrician Dr. Maria Lombardi has joined Health Quest Medical Practice in its Division of Primary Care. Lombardi is seeing patients in the group's Carmel office at 150 Route 52.

"I am so excited to be a pediatrician in my community," Lombardi said. "I look forward to developing relationships with my patients and families over the years."

Lombardi has been in practice for more than 14 years, having most recently worked at Boston Children's Health Physicians in Hawthorne, NY. She also served as director of the Well Baby Nursery program at Westchester Medical Center in Valhalla, NY. She was a clinical associate professor at New York Medical College, also in Valhalla.

Lombardi completed her residency in pediatrics at Maria Fareri Children's Hospital in Valhalla. She is board certified in pediatrics and osteopathic pediatrics.

Lombardi received her Doctor of Osteopathic Medicine (D.O.) degree from the New York College of Osteopathic Medicine in Old Westbury, NY. She earned her bachelor's degree from Binghamton University in Binghamton, NY.

To schedule an appointment with Lombardi, please call 845-228-2910.



Dr. Maria Lombardi

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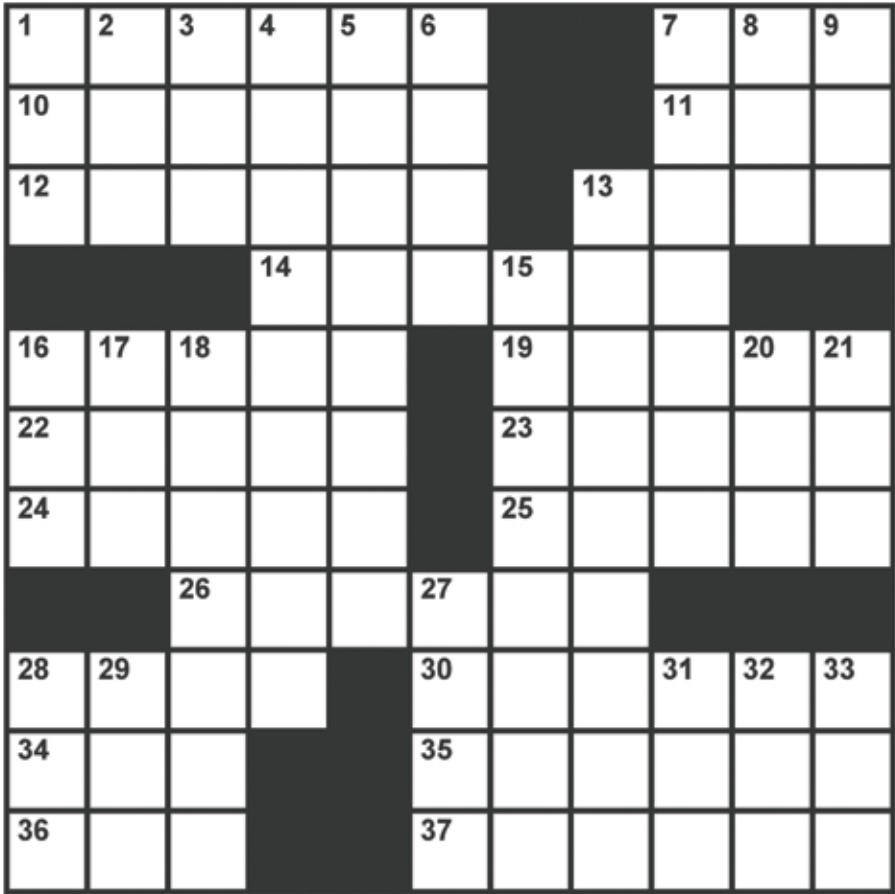
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Crossword Puzzle



Crossword by Myles Mellor

Answers on page 18

- Across
1. Yorktown would never “farm out” this annual event, ____ Fair

7. Car co. bought by Chrysler

10. Wear

11. Director Jean-____ Godard

12. Sort of

13. Annoys, slangily

14. Go this way and that

16. “The Sound of Music” family name

19. End of an iffy statement

22. Asian gambling mecca

23. A rocky mountain state

24. Stairs

25. Overflows

26. Restraint

28. Juicy fruit

30. Belonging to “Granny Clampett” actress Ryan or Pleasantville hair salon

34. Receive

35. Salt

36. Welsh rabbit ingredient

37. Absentee
8. Prison shot

9. Syringe amts.

13. Memorandum of documents

15. Laggard

16. Trademarks, abbr.

17. ____ race

18. Film material

20. Lawmaker re electrical resistance

21. Lean-____ (sheds)

27. School subj.

28. Tour org.

29. Unagi, at a sushi bar

31. Confidentiality agreement, for short

32. Many, many years

33. Military rank, abbr.

- Down
1. Phone trio

2. Fled quickly

3. “Barefoot Contessa” marquee name

4. Where many columns are found

5. Football structure

6. Celtic singer

7. Old students



Welcome to Nuvance Health: New Brand Identity Revealed

To mark the creation of Nuvance Health, and as one of many steps to transform the healthcare experience for consumers in New York’s Hudson Valley and western Connecticut, the nonprofit system today unveiled its new brand with an advertising campaign, a new system URL, nuvancehealth.org, and new social media pages.

The brand conveys Nuvance Health’s motivation to challenge assumptions and expectations in healthcare and to deliver more convenient, accessible and affordable care throughout the region.

Nuvance Health was formed April 1, when Western Connecticut Health Network and Health Quest Systems Inc. combined. The system’s seven hospitals and 2,600 doctors serve an area that encompasses about 1.5 million residents.

“Coming together to become one health system gives us a tremendous opportunity to redefine how we provide care by improving on traditional healthcare experiences and elevating our ability to connect our communities with an expanded care network,” said Dr. John Murphy, CEO of Nuvance Health.

“With our Nuvance Health brand firmly in place, we have an opportunity to create an incredible energy and culture for our new health system, for our employees and for our community,” said Robert

Friedberg, president of Nuvance Health. “Our patients have told us they value a healthcare partner who stands for something beyond what is expected.”

To deliver this, Nuvance Health is committed to living by four foundational values:

- We’re committed to being personal. We focus on how we treat people emotionally as well as clinically.
- We embrace our imagination. We always challenge the expected, inspire curiosity and never settle.
- We practice being agile. We stay open-minded and overcome barriers by embracing change.
- We stay connected. We work together, share ideas and push beyond silos. We are one team that’s there for our patients.

As part of the Nuvance Health branding, keeping the names of the hospitals was important recognition of their unique histories and devotion and connectivity to their respective communities.

In the coming year, Nuvance Health will launch new programs and services making healthcare easier for patients to navigate across the growing health system.

For more information about Nuvance Health, visit our website.

DCC Gallery to Exhibit Student Art

Artwork created by Dutchess Community College students last spring will be on display from Aug. 26 through Sept. 27 in the College’s Mildred I. Washington Art Gallery. It features photography, typography, fashion illustration, ceramics, drawings, paintings and more.

The exhibit and an opening reception on Aug. 28 at 5 p.m. are free and open to the public.

The gallery is in the Allyn J. Washington Center for Science and Art on DCC’s main Poughkeepsie campus. Gallery hours are Monday through Thursday, 10 a.m. to 9 p.m., and Friday, 10 a.m. to 5 p.m. Visitors should park in Lot D, 90 Cottage Rd., Poughkeepsie.

For more information call Gallery Director Lindsey Guile at (845) 431-8610.

Founded in 1957, Dutchess Community College has earned a reputation for providing an outstanding education at the lowest tuition in New York state. Its main campus is in Poughkeepsie, with a satellite campus in Wappingers Falls. For more information, visit www.sunydutchess.edu.



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A piece created by student Liz Phillips.

Back to School Guide

How to Take on the New School Year Like the Ultimate Overachiever

A new school year is a clean slate. How are you going to make your mark?

To help students everywhere gear up for a successful school year, celebrated actor, author, humanitarian and G2 Overachiever, Priyanka Chopra Jonas is sharing tips for making more happen.

Tip 1: Set specific goals. Writing down goals and aspirations can get you started on the right note. In a recent survey conducted by Pilot Pen, more than 94 percent of people stated that writing down goals makes you more likely to achieve them, whether that means getting straight As, making your favorite sports team or making a difference in your community.

Tip 2: Get involved. Find something that you are passionate about this school year, whether that means joining an existing club or taking on a totally new project. You can get inspired by Ian McKenna, winner of the 2018 G2 Overachievers Student Grant, which recognizes young scholars from 13 to 19 years old in middle or high school who are making a real difference in others' lives in and outside of the classroom.

A native of Austin, Texas, McKenna, 14, was inspired to help feed his hungry classmates during winter break and founded Ian's Giving Garden, a series of community gardens that donates 100 percent of their crops to hungry families. To-date, McKenna's charity has helped feed over 700 families by growing and donating an estimated 18,300 pounds of fresh produce.



PROVIDED PHOTO

Ian McKenna, Pilot Pen 2018 G2 Overachievers Student Grant Winner.

McKenna's inspiring story was selected by Jonas from a pool of highly qualified nominees. Together with Pilot, she'll award McKenna and his school a combined \$15,000

grant. He plans to use his \$12,500 portion for college tuition, to gain the skills needed to make an even greater impact on social issues like hunger. The remaining \$2,500 will go

to his school to help continue encouraging overachievement among its students.

Do you know someone going above and beyond their daily responsibilities to better their community? Whether they're a student or adult, visit G2Overachievers.com to learn more and submit a handwritten nomination.

Tip 3: Be prepared. Overachievers of all ages know that you have to have the right tools on hand so that you're always prepared when inspiration strikes. Whether you're taking notes in class, outlining a science experiment or planning a fundraiser for an afterschool club, the right pen in your hand can make all the difference.

A preferred pen of overachievers, the G2 gel ink pen by Pilot is smooth-writing, long-lasting and the number one selling pen in America. Its smaller counterpart, the G2 Mini, offers the same smooth-writing ink and comfortable grip of full-sized G2s in 10 great color options and funds the G2 Overachievers Student Grant.

Tip 4: Try something new. Make this the year you step outside your comfort zone and try something totally new. Audition for the school play. Join or start a new club. You never know where a hidden talent lies and there's only one way to find out.

When taking on new challenges this school year, no matter your goals, remember that with smart planning, perseverance and the best tools, you too can be an overachiever.

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Photo Credit: Brian Wolfe
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Visit www.westchesterperformingarts.com or

call us at (914) 245-2940 for more info!

What Will You Be Putting in Your Child's Lunchbox?

According to Gina DeVito, a registered dietitian and director of wellness initiatives at Open Door Family Medical Centers in Westchester and Putnam counties, parents can do a great deal in preventing childhood obesity by collaborating with their children when it comes to lunch and snack decisions.

"When children are younger, nutritional counseling is geared more towards the parents as far as preparing and buying foods. + + + 9 But once children are in school, they are freer to make their own decisions," DeVito said. "We try to educate parents about making foods appetizing and palatable and we teach children about different food groups, the nutritional benefits, portion control and how it all connects with doing well in school and athletic performance. It starts with learning what the child likes to eat and then making recommendations around that."

DeVito acknowledged that children, like most adults, need the occasional bag of chips or slice of pizza, but that small changes can go a long way.

"Kids will have birthday parties and be exposed to not-so-healthy foods and as a parent you can't be unrealistic," she said. "We emphasize balancing these foods with healthier options. Yes, you can have chips, but not in the lunch box and maybe only on Friday, but the rest of the week you need to eat something more nutritious. And if the parents model this behavior at home, it

can become a power message for the entire family."

DeVito recommends:

- Avoiding soft drinks with no nutritional value and replacing them with flavored infused water.
- Employing crunchy vegetables (like carrots or cucumbers) for after school snacks instead of chips or sweets.
- Choosing fat-free milk rather than chocolate milk.
- Avoiding energy drinks.
- Offering after school snacks that may include whole grain crackers with some peanut butter or almonds instead of sweets or ice cream.
- Making certain changes in the preparation of vegetables and other foods that will replace junk food. If a child has to choose between ordering French fries or blandly prepared string beans there won't be much of a choice.
- Teaching older children, who will stop at the pizzeria after school, to opt for one slice with mushrooms or peppers instead of two with highly processed meats.

"Making even minor changes can make a big difference in overall health and in preventing obesity," DeVito said. "Food can be both happy and healthy. You don't want to demonize certain foods, but rather demonstrate balance and mindful choices."

Back to School Guide

Three Reasons Preschoolers Should Play With Building Blocks

Playtime is important to a child's development. Offering many social and emotional benefits, it helps lay the foundation for children's future success and prepares them for school.

One classic toy – building blocks – should be incorporated into every child's playtime. Here are three reasons why:

Building blocks build skills. Playing with building blocks hones hand-eye coordination, while helping to strengthen hands and grip, skills that will be needed in the classroom, when playing sports and beyond. Additionally, building blocks encourage kids to be creative and to learn how to problem solve.

When working together with a friend or caregiver, they also offer opportunities for cooperation, which can foster language development and communication skills. Be sure to talk to your kids about what they are building.

Building blocks are getting smarter. Like so many household items, building blocks are getting smarter and more innovative, and this means more opportunities for both fun and learning. In fact, LeapFrog's first-ever line of smart building blocks – LeapBuilders –



PROVIDED PHOTO

was just introduced. Combining technology and interactive, curriculum-based content, these playsets feature an electronic Smart Star cube and double-sided

learning blocks that respond with fun sounds and educational songs on topics such as colors, animals, numbers, letters and more.

Among those in the new lineup

is the ABC Smart House, an interactive 61-piece house-themed block set that enhances building play with learning content for a unique, engaging experience.

A fun way to familiarize kids with their ABCs, kids can also use the learning blocks from other sets in the interactive Smart Star to unlock additional responses. Recommended for ages two and up, LeapBuilders is available at major retailers. For more information, visit www.leapfrog.com/leapbuilders.

Building blocks grow with a child. Unlike many toys that children outgrow, building blocks will grow with your child through various stages of development, and you will likely notice your children interact with building blocks differently as they acquire new skills and knowledge. For example, at a younger age, kids may use building blocks to test the concept of gravity. Later, they will use building blocks to create larger complicated structures.

Preparing a preschooler for school success can be fun, especially when you put an emphasis on playtime. When seeking out toys that help children reach developmental milestones, be sure to include building blocks, especially those that take learning a step further.

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Tuesday August 27th - 3:30-5:30
Thursday August 29th - 5:30- 7:00

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Wine in Heat. Think About the Consequences



By Nick Antonaccio

I'm away this week, squeezing in a bit of end-of-summer time with family. Below is a reprise of a "Grapevine" column from August 2011.

Here we are in the midst of the August doldrums. It may be great if you're baking yourself at the beach, but for the rest of us, each day is another opportunity to bake under blistering temperatures, without any relief of a refreshing dip in an ocean, bay or lake. As each day progresses – from the morning commuter train with the malfunctioning air conditioner, to sitting in traffic with the late day sun penetrating our brains – we feel our bodies wilting, blood boiling and skin glistening from sweat. Thank goodness, at the end of the day we can readily find relief in a glass of cold Provencal rosé or a slightly chilled Spanish garnacha.

Take a step back. Consider the environmental issues that other living organisms must endure during the heat of summer – including wine. That glass of wine you are about to pour into your wine glass may have suffered a torturous journey similar to yours before it so

lustily satiated your thirst.

Did it fare better than you did? Assuming that modern transportation and storage technology, coupled with the advanced science of temperature control, has dealt your wine a better fate than you have persevered through, you eagerly bring the wine to your lips, expecting instant relief from the travails of the day.

Aargh. The wine smells and tastes as if it was cooked for a prolonged period in a microwave. It has the aromas and flavors of stewed fruits or burnt caramel; it doesn't taste of fresh grapes. What's going on? The proper oenological term for this phenomenon is "cooked" wine. In essence, your summertime bottle of wine was not stored and/or transported under ideal temperature controls as it traversed the land and/or ocean from winery to consumer.

Wine is a living organism and is susceptible to changes in its environment. If ambient temperatures rise or drop gradually (generally within a ten degree range), it can adapt – just as you and I do. If temperatures rise or drop dramatically, for extended periods, the molecular structure of a wine is altered. The wine may expand, increasing the air pressure inside the bottle and pushing the

You Heard It Through the Grapevine

(natural) cork upward; this allows air into the bottle, causing oxidation. Your wine has been cooked.

Most, if not all, of the storage facilities that wine travels through on its way to your table have modern-day temperature control installations. However, one weak link in the chain will destroy wine. Refrigerated trucks, cargo ships, warehouses, retail shops and homes assure us of proper environments for wine. But consider this: if the truck that transports wine from a French winery to a freight dock hours away on a hot summer Provence day is not air-conditioned, the cases of rosé may cook. If a distributor's warehouse loses power for an extended period, the stored Spanish garnacha wines may cook. If UPS is delivering wine to your home on a 99 degree day, and you are the last stop, your wine is at risk (more ominous: you're not home and the process is repeated again).

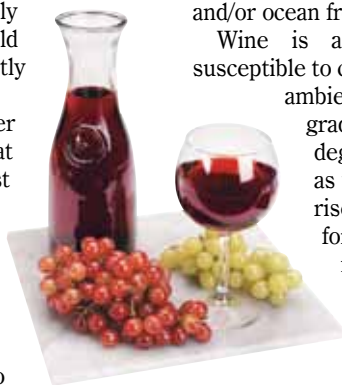
If you're drinking a wine for the first time, it may be difficult to discern if the wine has gone bad or is simply a bad wine. The safest course of action is to return the wine and ask your trusted wine merchant to make that determination.

Is there a way for consumers to detect cooked wine prior to opening a bottle? Unfortunately, no. My advice: find a reputable distributor or importer that protects its wines; be wary of retailers who receive

'wine is a living organism and is susceptible to changes in its environment'

large land-freight orders in the hot summer months; and never order wines for shipping directly to your home during beach weather. It's bad enough if you're cooked; it's worse if your wine shares the same fate.

Nick Antonaccio is a 40-year Pleasantville resident. For over 25 years he has conducted numerous wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.



Observations and Musings Courtesy of The Home Guru

From time to time, The Home Guru picks out snippets from my columns that readers tell me they enjoyed. Here is a sampling from past Home Guru articles.

Bathroom Reading

I've never understood the practice of placing reading material next to the bathroom toilet. I've always thought that if the process took long enough to scan a newspaper or take in an article from a magazine, a visit to a gastroenterologist was in order.

How I First Learned About Sex

With the pending demise of the home phone, it's sad that our children will never know the history and idiosyncrasies of the pre-cordless era. When was the last time, for instance, that you heard the term "party line?" For me, it took on meaning when my family moved to Virginia during a time of limited telephone lines, and most people had to share a line with one or more other families. At 11 years old, my neighborhood buddy, Tommy, and I would listen in secretly to that anonymous woman who was quite verbal with her boyfriend, with whom she was having an extramarital affair. It was a party line, all right. We didn't need sexting.

A Mattress for Everyone

When I was a single young man, living as

a carefree bachelor in the city, I preferred firmer mattresses that allowed greater movement. But once I got married, I preferred softer versions where one tends to sink into a spot and pretty much stay there.

St. Joseph to the Rescue

There are so many stories about St. Joseph being petitioned successfully to help sell a house, but there are also warnings about the best way to bury his statue in the yard. Usually we are told to bury the statue upside down, facing the house. One real estate blogger shared the story of how his client made a directional error in the way the statue faced, and his neighbor's home across the street sold. And, it wasn't even on the market!

The Days Before Child Safety Devices

I get so frustrated when I am showing a house and I encounter one of those child safety devices that I cannot figure out, such as those on doorknobs. Too bad they didn't exist when I was two years old. I opened the door to the basement and fell down a flight of steps, landing on my head on a concrete floor. I survived, but as I grew older and starting acting up as a teenager, my mother would say something like, "It must be from the time you fell on your head as a baby."

I soon learned to turn the tables on her

and used it as an excuse many times. When she'd say, "You forgot to take out the garbage again," I would respond, "Gee, Mom, I guess it's from the time I fell on my head."

The Attic Reveals Our Past

Functionally, the attic is the hat and umbrella of a house, but it is also the repository for the remnants of our past, and anyone who might have looked at the attic in my last home would think, wow, this guy has quite a past.

When it came time to move, I had to clean our attic out for the first time in 25 years. To save steps, we opened the attic window and threw down old clothes, books and

office records directly to the lawn to sort out there. Any passerby would have thought that someone had gone berserk inside the house. After a number of subsequent attempts to perform the ultimate job of adequate attic cleaning and organization, I have only one tip: Get help!

Fear of Heights

Clogged gutters and drains can cause terrible problems in the home such as wet basements, damaged soffits, deterioration of siding materials and soil erosion around the house. To avoid these problems, it is best to clean rain gutters at least twice a year.

continued on next page



By Bill Primavera



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Tuesday, August 27

Essential Oils Workshop: 5 p.m. -6:30 p.m. Brewster Public Library. What is CBD oil? What are essential oils? How do I use them? Why should I use them? What if I have pets? What are the safety concerns when using these oils? At this fun-filled presentation we'll take you through the basics of CBD and essential oils, so you can have a better understanding of what they are, the safety concerns and whether they are right for you and your family. To register call 845-279-6421.

Virtual Reality Middle Earth Trek: 3 p.m. Experience and control amazing landscapes with Nature Trek VR at Mahopac Library. For ages 14-18, registration and waiver required. Register online at www.mahopaclibrary.org, or call 845-628-2009, ext. 100.

Wednesday, August 28

Create a Light up Eye of Sauron: 3 p.m., See ALL with this DIY project using simple materials. For teens entering grades 6-12; registration is required. Register online at www.mahopaclibrary.org, or call 845-628-2009, ext. 139.

Wednesday, September 4

6:30 p.m.: Eurogame Club! This new Eurogame Club meets on the 1st and 4th Wednesday of the month from 6:30 p.m.-8:45 p.m. Game Schedule: September 4: Settlers of Catan, September 25: Splendor. A variety of games are available at club meetings. This group is led by Richard Fetzer; registration is requested. Register online at www.mahopaclibrary.org, or call 845-628-2009,

Friday, September 6

Hebrew Congregation of Somers Shabbat Service and Dinner: New Rabbi, New Year, New Beginnings. Please join us for a Shabbat service at 6:30 p.m. followed by a potluck dinner. The service will be led by Rabbi Shoshana Leis and Cantor Rush Ossher. Hebrew Congregation of Somers is a small, informal and friendly synagogue affiliated with the Reconstructionist movement. First-year membership is free and includes High Holiday tickets. Email info@hebrewcongregationofsomers.org or call 914-248-9532 for more information

Saturday, September 7

The Annual Antique Tractor & Gas Engine Show: Also, September 8. 10 a.m., - 4 p.m. Learning for the entire family. Tilly Foster Farm. Route 312, Brewster. Contact: Jeff 845-878-7596 for more information visit: www.pcama.webs.com

Join the Putnam County Land Trust (PCLT) for a 50th anniversary Celebratory Sail on the Hudson River. 4 p.m.-7 p.m. We have reserved the sloop Clearwater, a replica vessel modeled after the Dutch vessels that sailed the Hudson River in the 18th and 19th centuries. There will be a dockside orientation before departure. Departure and return will be from Beacon, NY. Parking is available at the Beacon Train Station, 1 Ferry Plaza & Beekman Street. Beacon. There is no parking fee on Saturdays. After parking, walk down to the pier to reach the Clearwater. Cost is \$50 per person. Reservations are a must and are on a first come first serve basis. The trip is limited to 50 persons. You are welcome to bring your own drinks and snacks. PCLT will have some refreshments available. Send a check made out to "Putnam County Land Trust" to Putnam County Land Trust P.O. Box 36 Brewster, NY 10509 For more information or to pay by credit card, please call 914 621 8466 or email us at info@pclt.net.

Two Adult Dance Parties at First Presbyterian Church 411 Route 6N (at Secor Road,) Mahopac, NY. \$25 Per Person Per Event Includes: Latin Dance Lesson with Frank Elia, Appetizers, Dinner & Dessert, Coffee & Tea -- Bring your own cold beverage. 7 p.m. to 10:30 p.m. & Saturday Oct. 19th 7 p.m. to 10:30 p.m. Limited seating. Reserve up to a month in advance with prepayment. Email your name and telephone # to firstpresbyterianchurchmahopac@gmail.com. You will be contacted for payment.

Reform Temple of Putnam Valley Hebrew School Open House: 9:30 a.m. and 12:30 p.m. at 362 Church Road in Putnam Valley. Participants can sit in on classes, meet the Rabbis and speak with current Hebrew school families. RTPV Hebrew School, which is taught by the Rabbis, is held on Saturday mornings throughout the school year for children ages 8 to 13. For more information, visit www.RTPV.org.

Horror Story Book Group. 10 a.m. This group, led by Heather Powderly, meets on the first Saturday of each month to read and

discuss horror novels. The Witches of New York: A Novel by Ami McKay; pick up a copy of the book at Mahopac Library's Circulation Desk. Drop-in group; no registration needed. Visit www.mahopaclibrary.org for more information.

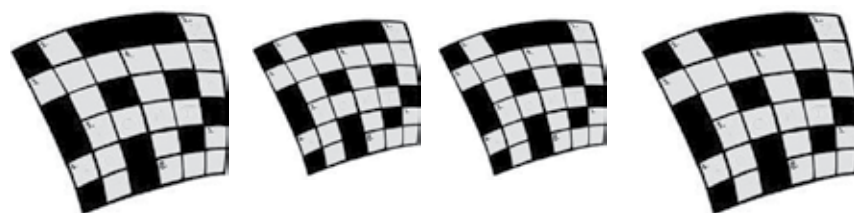
Sunday, September 22

Cash Bingo: The Ladies Auxiliary will be hosting a Cash Bingo. Knights of Columbus, 10 Fair Street in Carmel. Cost of admission is \$30 - Jackpot \$500. Doors open 1 p.m. & calling begins @ 2:00pm.

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Home guru continued

continued from previous page

You can do it yourself if you're not afraid of heights as I am. Correction: I'm not afraid of heights; I'm afraid of falling off the ladder and breaking my neck.

Does the Name of Your Street Affect Its Appeal?

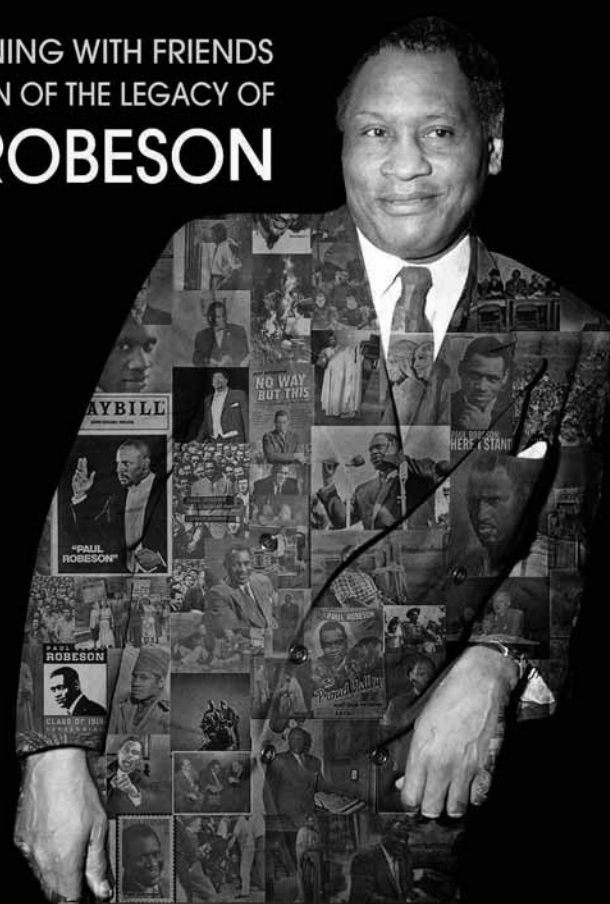
Can the name of your street influence the perception of your home and its value, positively or negatively? The thought occurred to me a while back when I read a newspaper report about a complaint among residents in a town in Putnam County

where a local motel housed a number of sex offenders in their midst. The motel's street address was listed as Sodom Road.

You just can't make this stuff up.

While a writer and publicist, Bill Primavera is also a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. (www.PrimaveraPR.com). To engage the services of The Home Guru to market your home for sale, call 914-522-2076.

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PANTHER CLUB EMT / NURSE POSITION The Village of Pleasantville Recreation Department is looking for EMT or Nurse who are interested in working for our after-school program, for the 2019-2020 school year. You must be available Monday through Friday, 2:45 pm to 6:30 pm. We are looking for individuals that are certified EMT

or Nurse. This person will be responsible for reviewing all medication forms and medication as well as the day to day health needs of the children in the program. Please email our resume to **Michael Newman at mnewman@pleasantville-ny.gov**.

PANTHER CLUB STAFF JOBS

The Village of Pleasantville Recreation Department is looking for adults who are interested in working as Group Leaders for our after-school program, for the 2019-2020 school year. You must be available Monday through Friday, 2:45 pm to 6:30 pm. We are looking for individuals that have experience supervising and interacting with children in a school, day care or day camp setting. Please email our resume **Michael Newman at mnewman@pleasantville-ny.gov**.

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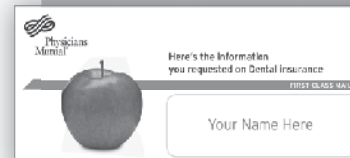
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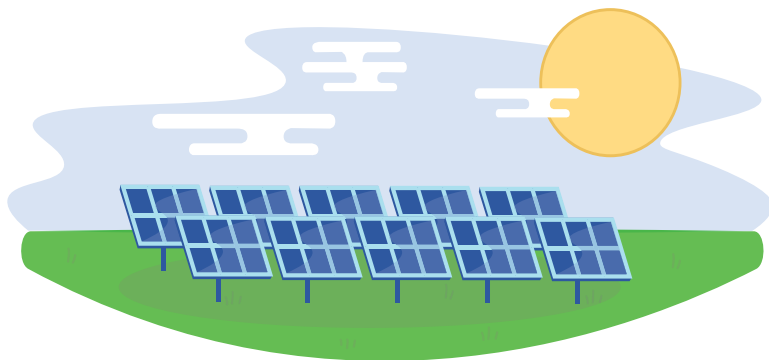
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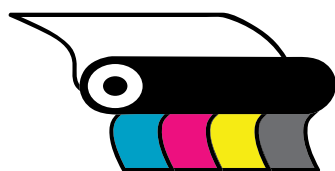
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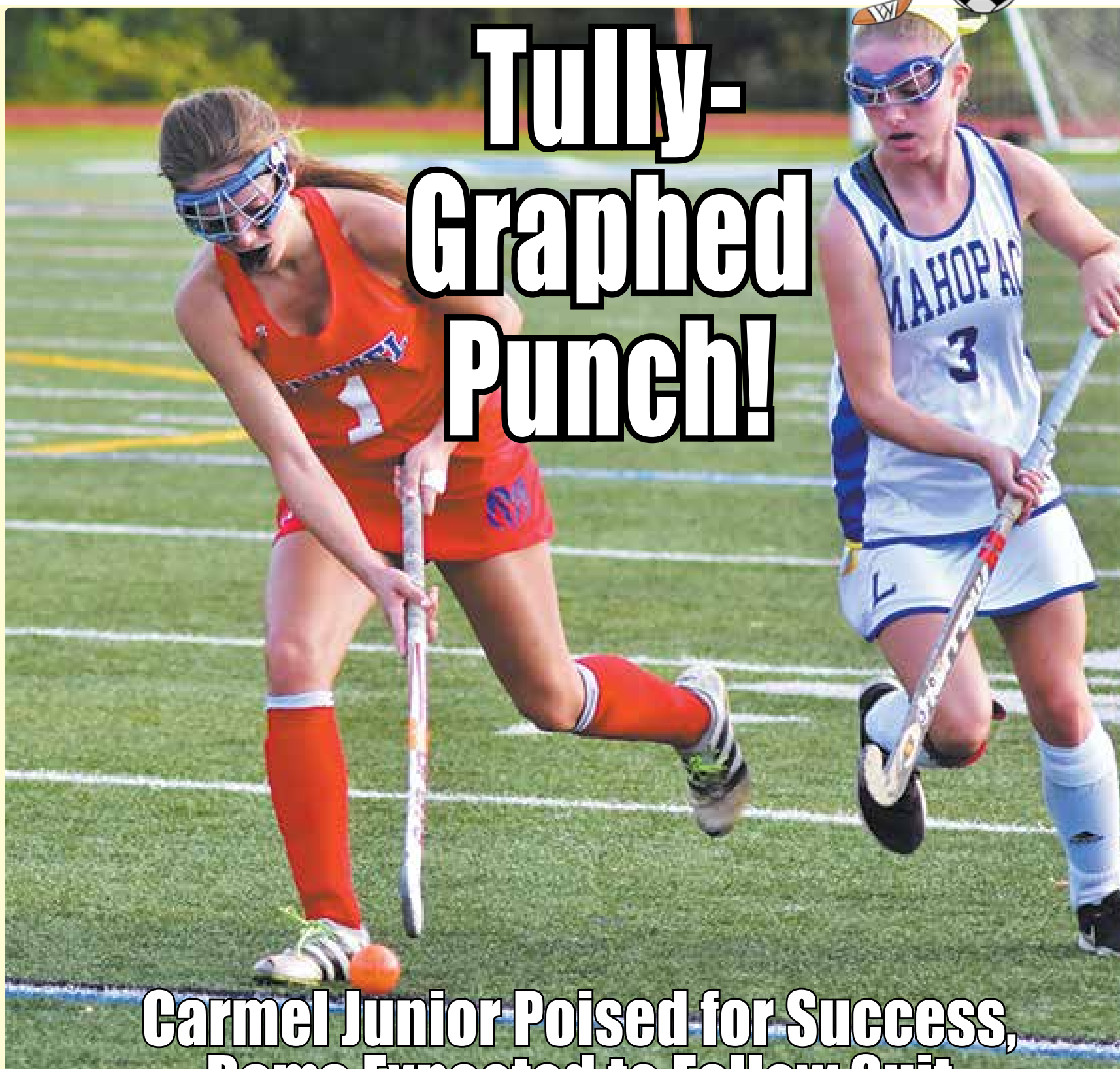
The Putnam Examiner Sports

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**2019 Field
Hockey & Boys'
Soccer Preview
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Tully- Graphed Punch!



Carmel Junior Poised for Success, Rams Expected to Follow Suit

RAY GALLAGHER PHOTO

Carmel junior Caitlin Tully (1) has already lit up the links with three-straight appearances in the NYSPHSAA golf tournament, but this fall she hopes to take her swing to the next level on Section 1 field hockey greens as she leads a vastly improved Rams program into the 2019 campaign as one of the region's most prolific scoring threats while Mahopac's Caitlyn Reilly (3) hopes to get the Indians back on track this fall...

Sports

Soccer Notebook

Somers, Yorktown Prepping for League, Sectional Prowess

By Ray Gallagher,
Examiner Sports Editor@Directrays

Section 1 Class A soccer is like the proverbial 'war zone' this season. To begin with, there are 29 teams in Class A this season, and only the top 20 teams qualify for the post season tournament. Most coaches believe there are as many as six or seven teams that can win the section title and advance to the state tournament, as NYS runner-up Somers did last season, for the second time in three years.

When the pre-season state rankings come out in mid-September, this is the potential thought process for state pollsters representing Section 1: No.1 Somers (defending champ and state finalists); No.2 Rye (lost in semifinals last year in a PK shootout and return 8 starters, and also returned two players from academy for their senior year); No.3 Pearl River (lost to Somers in section finals last year); No.4 Yorktown (if Yorktown beats Somers last year in the quarters, the Huskers might win Class A, Tim O'Callaghan is top 10 offensive threat in the entire section); No.5 Keio (disciplined unit that beat Somers 4-1 in the last game of the regular season last year); No.6 Byram Hills (best team in Section 1 Class A for over a decade).

"Without a doubt, Section 1 Class A is the deepest section in the state," Lakeland Coach Tim Hourahan said. "Somers was the No.6 seed last year and went to the state finals, so once again expect fireworks



RAY GALLAGHER PHOTOS

NYS Class A runner-up Somers hopes to reload and relive moments like these in the fall of 2019



Yorktown senior Tim O'Callaghan will be among the top scoring threats in Section 1 this season.

come October."

Those fireworks shall commence at places like Lakeland High School on November 2nd, home of the Section 1 finals, and at Middletown High School on November 17th, home of the state finals, where the locals hope to be representing. Outbracket games will kick on October 23rd at the higher seed.

SOMERS

With the graduation of All-American striker Lucas Fecci and All-NYS M Jon Riina, the heart and soul are gone but the goals remain the same; to win a sectional title. Somers (19-4) has copped two of the last three Class A crowns under third-year Coach Brian Lanzetta, not to mention a 2016 state title and 2018 state runner-up status.

As far as title contenders go, Somers, the cream of the crop in recent seasons, isn't going away. Senior M Andrew Lasher is as talented as any player in Class A, if not Section 1. A combination of speed, smarts and skill, Lasher is the go-to guy in most Tusker set pieces and transitional tries.

The senior class is looking solid, according to Lanzetta, who expects big things from Lasher, Evan Mazzola, Ethan Cukaj and Jose Giron on the attack.

"These are four seniors we've known as playmaking juniors," the coach said. "We need more of the same from them, and then some."

Somers has lost a lot on defense and are looking to strengthen it behind senior Joe Grippo and returning center back Sean Dickson.

"We call them the bash brothers,"

Lanzetta said.

They best bring the bash because Somers needs a strong back line in front of whatever goalie they decide upon.

Upcoming Derek Marques will be a new name people can expect big doings from, and Bennett Leitner, Daniel Dippolito and Michael Micceri provide a strong sophomore group.

League II-B is loaded with contenders but it has boiled down to Somers and Yorktown in recent seasons, and the two are favored to battle for bragging rights once again. Lakeland, Brewster, John Jay and Panas round out the challengers in what is usually a very competitive foray for the flag.

YORKTOWN

The Huskers (11-5) are returning a good core this year under veteran Coach Ed Polchinski and assistant Justin Huff, including captains and top playmakers are Zackary Stanik and Timmy O'Callaghan, in addition to being one of the top finishers in the section, is also a four-year player and third-year ear starter. Other seniors that will be contributing good minute are James Calidonna, Ciaran Donohoe and Mikey O'Connor, a senior striker with great size and speed. Chris Judge is a player to watch as well.

"We did lose two players to the academy system, and another sophomore who was injured during lacrosse season," Huff admitted. "We have about seven juniors who will be playing big minutes for us and a

continued on next page

Sports

Soccer Notebook

continued from previous page



Lakeland D Ryan Brannigan is part of a solid back line that provides the Hornets' best shot to win games this fall.

great competition right now for the starting goalie."

Yorktown is looking to make it back to a section final for the fourth time in six years under Polchinski. The Huskers were eliminated last year by Somers, the state runner-up, and two will tangle again this fall for league bragging rights.

"We know how many great teams there are in Class A like Rye, Somers, Pearl River, Keio and Byram, so we are just looking to get better each day and perfect our style of play," Huff said. "Our entire backline is all underclassmen, but will be a strength of our team. If we can find the back of the net we will be very dangerous."

Local soccer fans expect nothing less.

LAKELAND

Hourahan will have a young team this year, maybe the youngest Lakeland (4-12) has ever had on the varsity level, with only five seniors returning from last season, but the incoming freshman class is said to be sound.

"The freshman class is as strong as any that I may have had at Lakeland in my 15 years and the junior class is very strong as well," said Hourahan, who will rely upon legit assistance from Assistant Coach Nick Jerussi, "and with the promise of bringing our two academy kids back we are building again to the Malan, Jerussi days and the Prando, Reiche days of Lakeland soccer

being section title contenders again."

Lakeland will hope to be stingy this season, fielding a solid back line that will determine its success.

"I am really excited about our defense as we return only four starters, but all of them play in the back," Hourahan said. "We will have some really strong two- and three-sport athletes playing back there, and we are definitely way ahead on that side of the ball."

According to Hourahan, senior captains Nick Bassani (G), Ryan Brannigan (D) and Nicolas Desantis (D) will be leading this team by example in practices and games.

"We will really lean on them all season," the coach said.

Junior center back Reed Thompson, who led the team in minutes played last year, adds a strong two-way presence.

"Offensively, we will be working hard to find consistency in our game and we have a set of juniors who will be looking to lead the way, including Austin Bergen, Jason San Lucas and Steban Minchalo. All of them are more of the playmaking-style players, but we are asking them to be more aggressive in their approach and have a bit of a killer instinct."

Lakeland will keep three freshman on the team this fall, and Bryan Jamramillo (winger) was among the most impressive this summer.

"He will be a name to remember for

the next four years," Hourahan said.

Sonny Karaqi and Jack Flannery are two other freshmen that make impacts this season.

"We are really excited for all three of them," the coach said. "We have a lot of work to do, but I have been really impressed throughout the spring club ball season and summer league and camp series, so we will be working hard to make it real difficult on all the big boys in Class A."

HEN HUD

The Sailors (10-6) were solid last season under veteran Coach Chris Cassidy but they graduated 14 players and will look to rebuild with the nucleus of senior G Justin Cohen, senior D Jay Luis, junior M Jeremy Rench and junior striker Matt Torres.

League II-E features returning champion Beacon, which went 8-0 in league games last season, before falling to Somers in the sectional semis. However, the Sailors finished second at 5-3 and look to improve upon that mark with Beacon, Peekskill, Lourdes and Poughkeepsie challenging.

"We lost a lot of great players," Cassidy said. "We always want to challenge for the league title. We have a skillful team. We will have to see how it comes together with new dynamics."

BREWSTER

The Bears (9-7) have been main source of Putnam County soccer the past two years, but a coaching change and a new regime of players could stymie the progress in 2019. That's not to say the new coach can't or won't continue along the path of recent success. It's directed at the number of solid players the Bears have graduated. Brewster was hit hard by graduation and the Bears are competing in a league with Somers, Yorktown, Lakeland, John Jay CR and Panas, so wins won't be easy to come by.

Similarly, victories won't be easy in Class AA for CARMEL and MAHOPAC, as they operate out of League I-A, among the toughest in the state.

Mahopac has hired a new coach again, its third in three years. The lack of stability leads one to believe that nobody has a clue about the Indians this season, but what we do



Somers senior M Andrew Lasher will attempt to lead the Tuskers to a 3rd sectional title in 4 years.

know is that their league will be the toughest test any team in the state can expect to face on a day-in, day-out basis. What doesn't kill you makes you stronger and the likes of Dutchess powers John Jay EF, Arlington and RCK will surely put Mahopac and Carmel to the test.

Carmel's Nick Fernandes is beyond skillful and should provide the Rams with some legit scoring punch, but the rest of the unit is unproven at this level. With keeper Joe Gaeleano between the pipes, the Rams have a chance to hang tough.

OSSINING reached the Class AA finals last season during one of its most impressive campaigns in history, but the Pride lost a ton to graduation, so sustaining that level will be difficult.

Soccer coaches are encouraged to email results, either weekly (by Sunday) or game-by-game, to raygallaghersports@gmail.com or @Directrays for inclusion to our weekly soccer notebook.



Sports

Field Hockey Notebook

Lakeland Will Seek an 11th-Straight Section 1 Title

By Tony Pinciario

From 2009-2017, **LAKELAND** dominated the New York State field hockey championships, winning an unprecedented nine consecutive titles.

The Hornets were on their way to a 10th straight state title in 2018, only to be upset by Garden City, 1-0, in the Class B state final. Lakeland put everything into perspective, following the loss, and began focusing on 2019.

"It's awesome to be part of two state championships and to be a state finalist, again, is unreal," said senior and captain Jenna McCrudden. "We started working out, right away, by going to the turf and getting our stick skills better or working on our conditioning."

McCrudden (forward), along with fellow captains Erin Daly (defense), Emma Halderman (midfield) and Lauren Salazar (defense) lead a determined Lakeland team primed to repeat as sectional champs and regain the state championship.

The captains were all-league selections in 2018. Halderman and Daly were all-elite and Daly was named all-state. They're also committed to college – McCrudden (Kent State), Salazar (Bates), Halderman (New Hampshire) and Daly (UConn).

Also comprising the senior class is Sam Graap (defense), Frankie Fava (midfield) and Raquel Nieves (forward/mid). Fava committed to Pace and will play field hockey and Nieves has committed to LaSalle for lacrosse.

The Hornets also have the junior trio of Kristen O'Shea,

Emily McGovern and Keirra Ettore returning.

Veteran Lakeland Coach Sharon Sarsen welcomes a talented and young group. Four juniors -- Emma Fon (forward), Emma Ryan (forward), Nancy Pagliaroli (forward) and Daniella Hart (defense) -- headline the new varsity players.

Sophomores Mia Smith (midfield), Katie Lemma (defense), Jaden Ray (midfield/



RICK KUPERBERG/RAY GALLAGHER/ JAMES VANDEVELDE PHOTOS

Lakeland field hockey Coach Sharon Sarsen hopes to see Hornets hoist their 11th straight sectional title plaque this fall.

defense) and Gabby Alfinito (midfield/defense) and freshman Celeste Pagliaroli (goalie) complete the new varsity players.

"The first week of practice we've had a lot of the young players fitting in right away," McCrudden said. "They've been working in the offseason to be in shape and be at their best skill-wise. On the first day, everyone was enthusiastic and was excited to be there. Our team chemistry is awesome."

Sarsen is equally impressed with what she has seen through week one.

"We have a solid senior class, hard-working underclassmen and a commitment

to the sport," said Sarsen, who is 639-72-39 after 37 years. "We are excited about our opportunity this fall. We are working hard and look forward to a successful season."

McCrudden said Lakeland will travel to New Jersey to scrimmage one of the state's best. The Hornets will also play in a Pennsylvania invitational tournament against a team from Michigan and Maine.

Lakeland opens the season at Yorktown, Friday, Aug. 30. The Hornets will play at John Jay-Cross River, Sept. 24. Lakeland beat John Jay for the 2018 Section 1 Class B title.

A first-round upset of second-seeded Albertus Magnus in the 2018 Section 1 Class C Field Hockey Championships set the tone of the offseason for **PUTNAM VALLEY**.

The Tigers, who lost to eventual champion Pawling in the quarterfinal round, enter the 2019 season with a veteran team preparing to build off a solid 2018 finish.

Even though starters Danielle Cunningham and Ciara McGinty graduated, fifth-year Coach Courtney Hyndman has nine returning seniors.

The senior nucleus is led by captains -- Sydney Goldberg, Colleen Cassidy, Cyera Daughtry, all midfielders and Angelica Ordonez (defense). Ordonez will be joined on defense by classmates Lauren Seiler and Brianna Gambichler. Seniors Katie McLean, Jessica Marro and Antonia DiBullo are on the forward line.

Sophomores Shayla Lussier and Sara Lussier, both forwards, are two of the promising newcomers to varsity.

"I have already seen a massive improvement in skill and endurance since last year," Hyndman said. "They have been working hard during our first of preseason

and know that they have a competitive road ahead, but they definitely have their eyes on the postseason. I am excited to see what the girls can do this season."

Putnam Valley opens the season hosting Yorktown, Tuesday, Sept. 3.

YORKTOWN Coach Bernadette Gannon begins her fifth year with the Cornhuskers in an enviable situation.

"I have a lot of returning players with experience and the drive to improve upon last year," said Gannon, in her 26th year, overall. "I know that they were upset by not making it into playoffs last year, so that is a big goal of theirs this season. That drive will carry them through the season!"

The core returning group is highlighted by seniors Maddy Marr (defense), Kelsey McDonnell (forward) and Ellie O'Donnell (forward) and junior Addy Araneo (goalie).

Making the step up from Junior Varsity will be Natalie Muscolino (defense), Lily Taormina (defense) and Nicole Peters (goalie).

Yorktown did not catch a break from the schedule-makers as it hosts 10-time Section 1 Class B champion Lakeland, Friday, Aug. 30.

"This should be a great year for Yorktown field hockey, if the girls continue to build upon their experience on the field," said Gannon, who registered her 200th win last year. "They have a strong will to win this year, so it should be fun to see how this plays out. They have been working hard all summer and during preseason, so I can't wait to see what the games bring on!"

Yorktown will host its annual tournament, Tuesday and Thursday, Sept. 5 and 7.

continued on next page



Lakeland senior Jenna McCrudden (R) is one of many strong returnees for the Hornets this season.

Sports

Field Hockey Notebook

continued from previous page



Carmel's Caitlin Tully and Mahopac's April Heady will look to lead their respective teams this season.

Albertus Magnus, Sleepy Hollow and Putnam Valley comprise the field.

Optimism is the buzz word for **HEN HUD** as he Sailors prepare for the 2019 season.

Hen Hud concluded the season with a

berth in the Section 1 Class B Field Hockey Championships. Even though the Sailors lost, third-year Coach Melissa Locatelli was happy.

"Sectionals was a huge achievement for



Putnam Valley's Cyera Daughtry figures to be strong on the attack for Tigers this fall.

our program so we were all very proud," Locatelli said.

Hen Hud graduated one starter – Kiely Beltran – so nine seniors and sophomore Taeghan Dapson highlight the returning core. Dapson was an all-league selection and captain last year.

Locatelli's seniors are forwards Isabel Begun, Katie Doorley, Olivia Freitas and Joyce Guevara, midfielder Jillian Attinelly, goalie Olivia Doorley and defense – Abigail Lustyik, Marcella Maselli and Nyssa Notrica.

"We have a great group of girls who work well with each other and got a feel for sectionals last year," Locatelli said. "They are hungry for more and the talent keeps getting better. There is a drive to do well and a sense a teamwork that going to work in their favor."

Hen Hud will open the season, Tuesday, 9/3, against 10-time defending Section 1 Class B champion Lakeland. The Sailors then travel to Briarcliff for the Bears' tournament, Sept. 5 and 7.

SOMERS welcomed Meredith Armstrong as its new coach in 2018 and she guided the Tuskers to a 10-4-2 record, including a first-round sectional win.

The Tuskers will turn to seniors Erin Clark and Haley Dineen, both three-year starters, and junior Isabella Del Vecchio to lead the team. Clark was all-league and all-section last year and Dineen and Del Vecchio were all-league.

Somers will open the season with its tournament, Sept. 4-5.

The Tuskers have a difficult schedule with games against sectional champion Lakeland (9/26), sectional finalists North Salem (9/21), Horace Greeley (10/10) and John Jay-Cross River (10/18).

CARMEL showed great improvement last year and figures to be even better with the return of Caitlin Tully, a legit scoring threat for the Rams. **MAHOPAC** is looking to reestablish its strong Class A hockey roots after a subpar 2018 season. Senior April Heady, the unit's top two-way player, will lead the way.



Putnam Valley senior D Lauren Seiler (L) and senior M Colleen Cassidy will be relied upon heavily by the Tigers this fall.



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