OpEd: A PILOT Intern's Perspective Working for County Government page 8



SOAC Field Hockey Camp Celebrates 30 Years





Serving All of Putnam County

August 13 - August 19, 2019

SMALL NEWS IS BIG NEWS

Volume 11, Issue 542

Harmful Algae Blooms Still Present, **But Not Prevalent**

For the past few summers, harmful algae blooms in lakes across Putnam County have caused local beaches to close, leaving residents in the heat of summer hot and bothered.

But this summer, while harmful algae blooms (HABs) have been present in some lakes, overall, Putnam has received a respite from the blue-green algae that can cause illness in people and animals if they are exposed to it.

"It's been a problem but hasn't been as big

sanitarian for the county health department Shawn Rogan said. "Yet."

Last year for the entire season, there were 529 days of lost recreation due to blue-green algae and out of the entire state Putnam had 46 percent of all beach closure days. This summer through July, about a dozen different beaches in the county have been closed for at least one day and there have been 93 days of lost recreation which is a slower pace than around the same time last year.

Currently, Lake Casse Beach, one beach continued on page 2



DAVID PROPPER PHOTO

Lake Casse in Mahopac has been closed, but other lakes in Putnam County have been in healthy shape this year compared to the last couple of summer seasons.

Harckham Secures Grant to Renovate Old Town Hall

A project to renovate Old Town Hall in Brewster has been given a major boost with a \$200,000 state grant.

The grant, which was recently obtained by NYS Sen. Peter Harckham, was celebrated by several elected officials from Putnam and others invested in the building, which is owned by the Town of Southeast.

Southeast Councilwoman Lynne Eckardt said she invited Harckham to a press conference at the building last October in the upstairs theater. "I believed strongly then, as I do now, that the Old Town Hall

of the village," Eckardt said. "Senator Harckham understands that an operational theater will bring residents and visitors to downtown Brewster and this in turn helps local business.'

The board of the Town of Southeast Coalition for the Cultural Arts has displayed for nearly a decade "unwavering dedication and perseverance to preserve and restore Old Town Hall," Eckardt said.

The grant will be used to help start the next phase of the restoration of the building, Eckardt said.

continued on page 6



Putnam County elected officials and others celebrated a \$200,000 state grant for Old Town Hall.

Odell Selects New Tourism Director to Showcase Putnam

By David Propper

With a new department of tourism recently established, Putnam County Executive MaryEllen Odell announced the hiring of its new director last Thursday.

Lifelong Carmel resident Tracey Walsh was tapped to serve as the county's tourism director with her tenure beginning in September. The new director and county tourism department come on the heels of the Putnam County Visitor's Bureau, an outside agency, disbanding and its executive director quitting, after county leadership and the visitor's bureau board butted heads over the county's desired oversight of the agency. While the visitor's bureau was a private

continued on page 6



Harmful Algae Blooms Present, Not Prevalent

continued from page 1

at Lake Carmel, Barger Pond Beach in Putnam Valley and Carraras Beach and Singer Beach at Lake Peekskill in Putnam Valley are closed because of HABs.

Putnam struggles with HABs more than other counties because there are so many lakes, Rogan said, and there aren't many sewer systems near those bodies of water. Septic runoff or fertilizer from homes get into the lakes and contribute to the blooms that pop up, he said.

To better monitor the health of county lakes, the health department started a drone program to check for HABs in bodies of water like Lake Mahopac, which is not as accessible to the department. While much of Lake Mahopac is private and the health department doesn't have the purview to close beaches around it, they can still let those private clubs know if HABs are present.

"End of the day our job is protect public health," Rogan said.

While households keeping their septic systems clean and picking up dog waste near lakes are helpful in reducing blue-green algae, Rogan said the weather is the biggest determinant whether or not HABs will appear.



DAVID PROPPER PHOTO

Lake Carmel in Kent has not closed as often this year due to algae blooms.

Town supervisors around the county who hear the brunt of complaints if and when beaches are closed are enjoying a summer where most lakes have remained in good shape.

Putnam Valley Supervisor Sam Oliverio said his town has had a sharp reduction in beach closings this summer. Last year, Lake Peekskill was only opened three days the entire summer. But this year, Lake Peekskill has been open almost everyday.

Oliverio credits the new diffuser system that was installed in the lake prior to the season. The New York State Department of Conservation even came down to see the lake with the diffuser and was impressed, Oliverio said.

As for other town's bodies of water, Lake Oscawana never has an issue and that has remained the case this year, Oliverio said, while Roaring Brook has only been closed a few days.

"Last year was terrible for all the lakes," he said.

Southeast Supervisor Tony Hay said so far Southeast has been "very successful" at avoiding beach closures and the town's lakes are in better shape this year than last.

"You would've thought because it's much warmer than previous years it'd be worse, but so far I'm knocking on wood as we speak, it's good," Hay said. "I'm not sure how Mother Nature works, but I'm happy so far."

Kent Supervisor Maureen Fleming said she doesn't see towns in Putnam having a huge HAB issue this year. While a couple beaches around Lake Carmel have been closed this year because of HABs, those beaches already aren't being used because lack of lifeguard staffing.

Fleming thinks part of the improvement in lake health this year has to do with the milder weather, but she also gave kudos to residents at doing a better job keeping their septic systems up to par and cleaning up dog feces near the lakes.

"We can't control the

temperature and humidity and those kind of outside forces, but what people can control I'm hopeful that they are because everybody wants to pull together to keep the lakes in our community healthy," Fleming said.

Carmel Supervisor Kenny Schmitt said while Lake Casse has been an ongoing headache, other lakes in Carmel have mainly been open with many beachgoers flocking to them.

"The other lakes we're not having any issues with," Schmitt said. "They're being used on a daily basis."

While this summer hasn't been as problematic, Rogan still stressed much work needs to be done to tackle HABs. More funding is needed to get sewage treatment systems in place, Rogan said, which would costs millions of dollars. Dredging lakes is another way to cut down of HABs, he noted, which the community around Putnam Lake is interested in.

"We do have a lot of work to do," Rogan said. "Just because we're slightly better this year doesn't in any way mean this is going away. I think it'll only get only worse over time."



The Healing Power of Oxygen

How we're lowering the number of diabetic-related limb amputations each year...

Ask the Doctor

Dr. Bruce MolinelliChief, Wound Care &
Hyperbaric Medicine
Northern Westchester Hospital

Learn more about Hyperbaric Oxygen Therapy, visit nwhrehab.org/ WoundCare



400 East Main Street | Mount Kisco, NY 10549 (914) 666-1200 | www.nwhc.net

Q: Why are amputations a common concern among those with diabetes?

A: Our preference for sweets dates back to our primal heritage, when ripe hanging fruits supplied us with more energy than bitter unripe ones. While "just a little sugar" may continue to delight our palates, it has negatively affected the lives of more than 29 million Americans living with diabetes. Diabetes sets the stage for devastating consequences, including amputation. Diabetes causes decreased blood and oxygen flow throughout your body. Numbness in the feet due to nerve damage makes you less aware of foot ulcers, which often form from a tiny cut. Ulcers may fail to heal. This is what leads to infection and possible amputation.

Q: How are you working to lower the number of amputation among diabetics?

A: Hyperbaric Oxygen Therapy (HBOT) is recognized as one the most effective methods of treating diabetic wounds and we've seen a significantly lower amputation rate. This is because healing wounds need oxygen. As 100 percent pure oxygen cruises its way to overtaxed, narrowed cells and tissues, it strengthens them with the energy, oxygen and nutrients needed to maximize healing of your most intractable diabetic wounds.

Q: How does Hyperbaric Oxygen Therapy work?

A: HBOT is a prescribed treatment performed on an outpatient basis under the supervision of a trained technologist. Treatment is noninvasive and typically lasts two hours. You just sit back, relax and breathe normally. HBOT for diabetic wounds typically consists of twenty to thirty treatments in a hyperbaric chamber, five days a week. However, therapy can be expanded if the wound remains resistant to healing.

Q: Do you think it will heal my diabetic wounds?

A: It's important to speak with your doctor about an evaluation and a course of treatment. At Northern Westchester Hospital we partner with you to develop a treatment plan that will improve your quality of life. We also partner with Healogics, the nation's leader in wound care management resources. These partnerships, coupled with advanced technology, give me confidence about the future of wound care for those with diabetes. With this treatment, we hope to see more and more people escaping the fate of the estimated 86,000 people each year who have lower limb amputations. This highly effective treatment can also be used for bone infections, radiation injury, compromised grafts and flaps, anemia, ischemia's and vascular disease.

Congressional Candidates Want Stronger Gun Laws

By David Propper

Two congressional candidates expected to square off against each other next year agreed that gun prevention laws should be strengthened, but emphasized different ways to bolster them.

In light of two deadly mass shootings that occurred in the span of 13 hours earlier this month, Congressman Sean Patrick Maloney, a Democrat, and his expected Republican challenger, Chele Farley, publicly supported different ways to reduce mass shootings in America. On Aug. 3, a lone gunman killed 22 people in El Paso, TX inside a Walmart and on Aug. 4, a lone gunman killed ten people in Dayton, OH inside a bar, which has led to a renewed debate over gun control measures that can be put in place to reduce these deadly incidents.

Maloney, in a statement last week, urged Senate Majority Leader Mitch McConnell to call the Senate back from August recess to pass two bills -- the Bipartisan Background Checks Act and Enhanced Background Checks Act -- that the House of Representatives voted through earlier this year.

Maloney was one of 213 House Democrats to send a letter to McConnell, a Republican, pushing him to put the measures up for a vote. The letter states that background checks save lives and stop more than 170 felons and 50 domestic abusers from getting a gun daily.

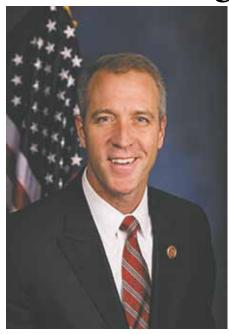
"Gun violence in our country is an



Republican challenger Chele Farley

epidemic and bold solutions are long overdue. I'm calling on Mitch McConnell and Senate Republicans to find the courage to do what's right and immediately pass our bipartisan background check bills," Maloney stated. "Anything less is negligence."

Farley, in an interview, said she would advocate for passing red flag laws that allow authorities to remove firearms from the homes of people that are mentally unwell.



Democratic Congressman Sean Patrick Maloney

The gun violence prevention law usually permits police or family members to petition a state court to order the temporary removal of firearms from a person that might present a danger to themselves or others.

Farley said she backed the measure going back to her campaign for the US Senate last year. The federal program proposed would set a national standard that states must meet in order to be eligible for federal grants.

"I'm a supporter of the 2nd amendment, but I think we need to keep guns out of the hands of people who are mentally unstable," Farley said.

New York State passed its version of a red flag bill earlier this year to the chagrin of 2nd amendment advocates that believe the law skips due process and doesn't sufficiently address mental illness. When asked about that criticism, Farley said the federal government can "learn from other states' trials and errors to make the system better."

Maloney and Farley are running to represent the 18th district in 2020, which covers all of Putnam and Orange counties and parts of Westchester and Dutchess counties.



August 17th - 24th

Sat & Sun • 10-5pm Mon/Wed/Fri • 1-5pm Tues/Thur • 1-8pm

Opening Night -Friends Members Only Friday, August 16th, 6-8:30 pm - You may join the Friends at the door -

472 Rte 403, Garrison NY 10524 (at the corner of 9D) 845-424-3020 desmondfishlibrary.org

This is more than great rates

This is more savings for wherever you're going.



Platinum Savings Account

2.00%

Annual Percentage Yield for 12 months with new money deposits of at least \$25,000 and a minimum daily account balance of \$25,000 or more¹

Guaranteed Fixed-Rate CD

2.10%

Annual Percentage Yield for a 7-month term with new money deposits of at least \$25,000²

Enroll in a branch by August 30, 2019. Business owner? Ask about our business savings rates.

Offers available in CT, DE, FL, NJ, NY, and PA. Portfolio by Wells Fargo® customers are eliqible to receive an additional bonus interest rate on these accounts.³

1. To qualify for the advertised APY, you must enroll your new or existing Platinum Savings account in this offer between 07/08/2019 and 08/30/2019 by speaking to a banker and requesting the special rate. Offer is subject to change at any time, without notice, and is available only to Platinum Savings customers in the following states: CT, DE, FL, NJ, NY, PA. In order to earn the Special Interest Rate of 1.98% (Special Rate), you must deposit \$25,000 in new money to the enrolled savings account and maintain a minimum daily account balance of \$25,000 in the promotional interest rate period. The very representative promotions of the customer's current relationship with Wells Fargo Bank, NA. or its affiliates (which includes all deposit, brokerage and loan/redit accounts). The corresponding Annual Percentage (14 (APY) for this offer is 2.00%. The Special Rate will be applied to the enrolled savings account for a period of 12 months, starting on the date the account is enrolled in the offer. However, for any day during that 12 month period that the daily account balance is less than the \$25,000, the enrolled account will not be eligible for the Special Rate and will instead earn the applicable Standard Interest Rate for a Platinum Savings account in Despois (50.01 to \$99.999) \$9.10,50% (0.00% APY); and the account balance of \$10.00,000 and above is 0.00% (0.00% APY). The amount point of the current minimum daily collected balance required to obtain the applicable APY. Interest is compounded daily and paid monthly. The amount of interest earned is based on the daily collected balances in the account. Upon the expiration of the 12 month promotional period, then-current Standard Interest Rates apply. Minimum to open a Platinum Savings account to an aggregate of 3 million and any account falls below a \$3,500 minimum daily balance. Fees may reduce earnings. Interest rates are variable and subject to a facility of the current proposition of the 12 month promotional period, then-current Standard Interest Rates apply. Mini

PV Camp for Disadvantaged City Kids Celebrates 14th Year

By Joseph Oliveri

Inside a recreation hall Wednesday night, an audience of 73 young campers, some of their loved ones, and staff gathered to watch a talent show.

Although a sudden thunderstorm had forced the performers from their outdoor stage, their enthusiasm wasn't going anywhere. Cheers of encouragement erupted from campers as their favorite counselors and peers sang songs, beat-boxed and performed dance original dance routines.

At Camp Felix's open house in Putnam Valley, the campers shared more than their love of swimming, rock climbing, and arts and crafts, and even photography and yoga. All of them are in the New York child welfare system.

Camp Felix is a free sleep-away camp that runs for four weeks; campers can visit for as many as two. The Felix Organization was founded in 2006 by hip-hop pioneer and former member of Run-DMC Darryl "DMC" McDaniels and Emmy-nominated casting director Sheila Jaffe. Both McDaniels and Jaffe were foster children themselves. Jaffe found out she was adopted when she was eleven and McDaniels at 30.



NEW YORK FOUNDLING PHOTOS

Former member of Run-DMC Darryl "DMC" McDaniels.

The Felix Organization cites growing concerns over the rates of unemployment, incarceration, teen pregnancy, and homelessness that affect New York City's nearly 14,000 children living in the foster care system. With the help of the child welfare agency, The New York Foundling, Camp Felix serves

150 to 200 hundred campers aged 8 to 13 in the foster care system that come every year. The previous week, the camp hosted 83, and a spokesperson for the camp said as many as 90 are expected for the following week. As of last summer, 1,000 foster children had been to Camp Felix.



President and CEO of the New York Foundling Bill Baccaglini said last Wednesday that Camp Felix aims to treat campers receiving services from the Foundling like any other kid, while ensuring that the their unique needs are met.

"We staff (Camp Felix) very richly," Baccaglini explained. "We tend to have counselors who are familiar with the kids prior to their arrival," but added "At the end of the day, they're children and kids are kids. You throw in some caring professionals and it makes for a good experience."

"It's challenging to put together a program like this because we are non-profit," Jane Feyder-Siegel, program director at Camp Felix said. "We want to have a variety of different things for them to do."

"A lot of them have never been outside the city, most of them have never been to a sleep-away camp,

continued on next page



PV Camp for Disadvantaged City Kids Celebrates 14th Year

continued from previous page

so they're coming to a new environment that's going to be a little hard to get used to," Feyder-Siegel said. "We need to make sure our staff is equipped to deal with them, because campers are going to have that anxiety coming into a new experience like this," she said.

Many of those counselors and counselorsin-training's first experience was coming to Camp Felix as campers themselves. Now working as a counselor, this summer marks the tenth year for Jasmine, 19 from Queens.

"I came here when I was about 9 years old. I did not want to come," Jasmine remembers, laughing. Now a psychology student in college, she noted her counselors,

these 10 years. I used to have very, very low self-esteem and they taught things about myself that made it go up. It's really fun.'

Naima, 14, a counselor-in-training, first came to Camp Felix when she was 8.

'Coming to camp changed me because I'm more open," Naima, an aspiring singer, said. "I'm not as shy as before. It's easier for me to open up to people and I'm a lot more helpful."

Wednesday marked the third year at Camp Felix for William, 11. He described his first time, saying, "I was nervous but I got used to it over the years. My favorite thing is swimming. You can do art, sports, roc climbing. You can do a lot of things around here," he said.



JOSEPH OLIVERI PHOTO



NEW YORK FOUNDLING PHOTO

I met new friends," said first-time camper Isaiah, 8, said,

Nicholas, 9, said "It's very active and very fun. It's like home, but even more fun.'

Jasmine added that she hopes Camp Felix can reverse the stigma she believes still exists around children either from or in the foster care system, like herself.

"I feel like people look at us like a statistic," Jasmine said. "I feel like we're more than that. We're just like everybody else."

The Felix Organization also has a California location, Camp Felix West, and expanded to a pilot program for teen boys and girls, Bryan's Camp Felix, and Camp Felix Teen Girls Getaway, respectively. Those interested in volunteering or sponsoring a child to go to camp can visit https://www. thefelixorganization.org/get involved.

Fall Into Dance at the Westchester Ballet Center for the Performing Arts

Classes Offered:

Pre-ballet/creative movement, Ballet, Bollywood, Broadway, Hip Hop, Jazz, Lyrical, Modern, Tap and More

Registration Dates: 8/23/19 & 9/6/19 from 5pm -7pm 8/24/19 & 9/7/19 from 10am-12pm

Studio Location: 1974 Commerce St., Yorktown Heights, NY 10598



Photo Credit: Brian Wolfe Featuring Advanced Lyrical Students



Contemporary Dance Featuring Luciana Alves, Age 9

WBC is a dance school in Yorktown, NY that has provided the best training from the preschool to professional level for 35+ years. Our students are accepted into the most prestigious conservatories, and go on to lead successful careers in dance. Wherever you are in your dance journey, register today and join the WBC family!

Visit www.westchesterperformingarts.com or

call us at (914) 245-2940 for more info!



Harckham Secures Grant to Renovate Old Town Hall

continued from page 1

Harckham thanked those who have been working to renovate the building. He said residents have an obligation to maintain and learn from local history.

"I really just bought into the vision," he said. "It really is a hallmark of economic revitalization, the arts."

"It's really the arts that have been the anchor of bringing back neighbors," Harckham added. "And it's also about public gathering spaces."

Olenna Truskett, a member of the

Cultural Arts Coalition Board of Directors, said, "We believe that making art and enjoying it is critical to the quality of life in our community."

The Coalition has been spearheading the effort to restore the building, which is a National Historic Monument built in 1896, Truskett said. The building's theater could seat 300, she said.

"It has an ideal location on Main Street," she said, adding it is within walking distance to the Brewster Metro-North station. "Our goals for the project are to preserve the

building, bring it up to code and certainly create a self-sustaining cultural arts center," she said.

The cost of the project is estimated to be between \$3 and \$4 million, she said. Once the money is raised, the renovation work could be completed within three years, she said.

Putnam County Executive MaryEllen Odell added she was looking forward to Brewster's Main Street being the hub that it once was.

"Without our main streets our economy in

Putnam County would not exist," Odell said.

Kathleen Abels, president of the Putnam County Economic Development Corporation and a member of the Coalition, said, "I think it's extremely important to keep in mind with economic development that at the end of the day it's really about enhancing the quality of life for the residents."

The building "is the gem in the crown" of the village's Main Street, Abels said.

Assemblyman Kevin Byrne said restoring the building is a "very significant investment back into our community."

New Tourism Director Selected to Showcase Putnam

continued from page 1 tourism entity, it was funded by the county and New York State.

Walsh had previously worked for The American Cancer Society (ACS) as a senior community development manager for about a decade and before that she was a volunteer for the ACS's biggest event each year, Relay For Life. She left her ACS position to take the tourism gig.

"Sometimes the perfect person is someone close to home," Odell said in a statement. "Tracey Walsh is smart, fast-thinking and goal-oriented. No one knows our communities better. We are looking forward to getting the word out about all the good things there are to see and do in Putnam



PROVIDED PHOTO

Tracey Walsh

County.

Walsh, a Syracuse University graduate, said she wants to leverage the five Metro-North stops, different shops and restaurants and active community arts groups in Putnam to bring in more day-trippers.

Walsh, in a press release, called the county a gem that she wants to showcase. She called the tourism position her "dream job."

"I'm very local and very proud," Walsh said. "Tilly Foster Farm is a jewel. The Great Swamp is a birder's paradise. Cold Spring offers a vibrant Main Street. From hiking to history, there is just so much here."

Her salary will be \$80,000.

The funding for the new

department will come from a combination of county funds and matching grants from New York State's I Love NY campaign. It's the same budget that was allotted toward the visitor's bureau, which the county Legislature unanimously transferred during its full meeting last week.

The county's tourism mechanism has faced difficulties the past several years. Former visitor's bureau director Libby Pataki faced scrutiny after it was discovered she had a second non-profit set up mirroring the bureau and was taking a salary from that additional non-profit. She later resigned. Replacing her was Bruce Conklin, who came from the Midwest, but had a rocky relationship with

county leaders and didn't attend legislative committee meetings to give updates to lawmakers. He quit his position around the same time the visitor's bureau board of directors decided to disband the agency. (The visitor's bureau board commended Conklin for his work.)

Now, the county hopes to move forward and make Putnam a draw to the surrounding region.

"We can do better at tourism and I think we will," Legislature Chairman Joe Castellano said after the vote. "It will be better to have a Putnam County employee that will be able to attend our meetings and listen to our concerns and hopefully we can point this person in the right direction for the people of Putnam County."

SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF PUTNAM INDEX NO. 244/2014 ONEWEST BANK FSR

Plaintiff designates PUTNAM as the place of trial situs of the real property SECOND SUPPLEMENTAL SUMMONS Mortgaged Premises 35 LARCHMONT RD CARMEL, NY 10512 District: Section: 33.50 Block: 1 Lot: 44

Plaintif vs. WILLIAM J. CARLIN JR. AS ADMINISTRATOR FOR THE ESTATE OF PATRICIA J. ZASSO A/K/A PATRI-CIA ZASSO; PATRICIA WHITE, AS HEIR AND DISTRIBUTEE OF THE ES-TATE OF PATRICIA J. ZASSO A/K/A PATRICIA ZASSO; MAUREEN ZASSO, AS HEIR AND DISTRIBUTEE OF THE ESTATE OF PATRICIA J. ZASSO A/K/A PATRICIA ZASSO if living, and if she/ he be dead, any and all persons unknown to plaintiff, claiming, or who may claim to have an interest in, or general or specific lien upon the real property described in this action; such unknown persons being herein generally described and intended to be included in the following designation, namely: the wife, widow, husband, widower, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors, and assignees of such deceased, any and all persons deriving interest in or lien upon, or title to said real property by, through or under them, or either of them, and their respective wives, widows, husbands, widowers, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors and assigns, all of whom and whose names, except as stated, are unknown to plaintiff; DENNIS ZASSO,

AS HEIR AND DISTRIBUTEE OF THE ESTATE OF PATRICIA J. ZASSO A/K/A PATRICIA ZASSO; BRIAN ZASSO, AS HEIR AND DISTRIBUTEE OF THE ES-TATE OF PATRICIA J. ZASSO A/K/A PATRICIA ZASSO if living, and if she/ he be dead, any and all persons unknown to plaintiff, claiming, or who may claim to have an interest in, or general or specific lien upon the real property described in this action; such unknown persons being herein generally described and intended to be included in the following designation, namely: the wife, widow, husband, widower, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors, and assignees of such deceased, any and all persons deriving interest in or lien upon, or title to said real property by, through or under them, or either of them, and their respective wives, widows, husbands, widowers, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors and assigns, all of whom and whose names, except as stated, are unknown to plaintiff; JAMES ZASSO, AS HEIR AND DISTRIBUTEE OF THE ESTATE OF PATRICIA J. ZASSO A/K/A PATRICIA ZASSO; DAWN MARIE WYERS, AS HEIR AND DISTRIBUTEE OF THE ESTATE OF PATRICIA J. ZASSO A/K/A PATRICIA ZASSO; CHRISTINE ZASSO, AS HEIR AND DISTRIBUTEE OF THE ESTATE OF PATRICIA J. ZASSO A/K/A PATRICIA ZASSO; SECRETARY OF HOUSING AND URBAN DEVEL-OPMENT; NEW YORK STATE DEPART-MENT OF TAXATION AND FINANCE; UNITED STATES OF AMERICA - IN-TERNAL SERVICE,

"JOHN DOE", "RICHARD ROE", "JANE

DOE", "CORA CORE," "DICK MOE" and "RUBY POE", the last six defendants last named in quotation marks being intended to designate tenants, or occupants in possession of the herein described premises or portions thereof, if any there be, said names being fictitious, their true name being unknown to plaintiff,

SUPPLEMENTAL SUMMONS Mortgaged Premises: 35 LARCHMONT RD CARMEL, NY 10512 District: Section: 33.50 Block: 1 Lot: 44 To the above named Defendants

YOU ARE HEREBY SUMMONED to answer the complaint in this action and to serve a copy of your answer, or, if the complaint is not served with this summons, to serve a notice of appearance on the Plaintiff's Attorney within 20 days after the service of this summons, exclusive of the day of service (or within 30 days after the service is complete if this summons is not personally delivered to you within the State of New York) in the event the United States of America is made a party defendant, the time to answer for the said United States of America shall not expire until (60) days after service of the Summons; and in case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the complaint.

NOTICE OF NATURE OF ACTION AND RELIEF SOUGHT

THE OBJECT of the above caption action is to foreclose a Mortgage to secure the sum of \$397,500.00 and interest, recorded on May 13, 2009, at Liber 5422 Page 55, of the Public Records of PUTNAM County, New York, covering premises known as 35

LARCHMONT RD CARMEL, NY 10512.

The relief sought in the within action is a final judgment directing the sale of the premises described above to satisfy the debt secured by the Mortgage described above.

PUTNAM County is designated as the place of trial because the real property affected by this action is located in said county. NO-TICE YOU ARE IN DANGER OF LOSING YOUR HOME

If you do not respond to this summons and complaint by serving a copy of the answer on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home.

Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property.

Sending a payment to the mortgage company will not stop the foreclosure action.

YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT.

RAS BORISKIN, LLC Attorney for Plaintiff BY: Glenn W. Caulfield, Esq. 900 Merchants Concourse, Suite 310 Westbury, NY 11590 516-280-7675

EPA Called on to Combat Algae Blooms in Local Lakes

By David Propper

Surrounded by local Putnam County officials, congressional candidate Chele Farley called on the federal government last week to help rectify a longstanding problem that has prevented some residents from enjoying their local lakes this summer.

Farley, a Republican who is running in the 18th district when every seat in the House of Representatives is up in 2020, stood on the shore of Lake Casse in Mahopac last Wednesday and demanded the US Environmental Protection Agency take immediate action to prevent harmful algae blooms (HABs) from striking in bodies of water. For instance, Lake Casse has been closed for the entire summer so far because of HABs.

Farley, who is running against incumbent Democrat Sean Patrick Maloney, said over the last year more than 100 beaches have been closed in New York because of HABs, hurting local businesses that depend on the summer season to survive. Local drinking water could also be affected and fishing has become more difficult as a result of the algae blooms. Farley said.

People and pets exposed to HABs can face a variety of health issues, Farley said. The EPA should provide states with scientific assistance and the funding necessary to combat HABs, she said.

If enough funding goes toward the problem, Farley said she believes it can be fixed to a certain extent.



AVID PROPPER PHOTO

Chele Farley, who is running for Congress, wants the EPA to help fight harmful algae blooms in Putnam and around New York State.

"Harmful algae blooms are a growing problem and the federal government has a responsibility to act," Farley said.

The elected officials at the press conference last week were all fellow Republicans.

County Executive MaryEllen Odell said even though Putnam is one of the smallest counties in New York, in 2018 the county dealt with 46 percent of the statewide total of beach closures due to HABs. The state has funded \$64 million to fight HABs, but that money is not enough, Odell said, demanding the federal government also assist.

"It is a very severe public health and safety issue," Odell said, adding her office and Maloney's office have not had a dialogue about this issue. "If the money is spent in the right places and research I think that it will be very helpful."

County Legislator Neal Sullivan, who represents the district where the press

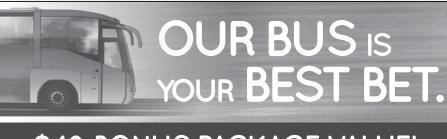


DAVID PROPPER PHOTO

Carmel Supervisor Kenny Schmitt wants every level of government to help solve the algae bloom problems the county has.

conference occurred, said it's unfortunate Lake Casse has experienced algae blooms for such a long period of time. Carmel Supervisor Kenny Schmitt said it is important to continue to bring awareness to HARS

"This is a beautiful lake behind us," Schmitt said. "We do not want to lose it. We need to attack this collectively at the federal, state and local level."



\$40 BONUS PACKAGE VALUE!

\$20 Food/Free Buffet, Retail or Free Bet and Two \$10 Free Bets

Buy one bus voucher, get one bus voucher free on Wednesdays*

Why Drive?

For Information Call: JTR Transportation 1.800.433.7444 ext. 103

www.SeeYouOnTheBus.com

Servicing
Hude Park

Hyde Park Poughkeepsie Fishkill Brewster/Carmel

Offer is for approved line run bus companies. Bus vouchers must be purchased using Momentum Dollars at the Bus Marketing Window at Mohegan Sun. Guests must show they have a valid ticket for the run they are purchasing a voucher for. Schedule and pricing are determined by the bus company that operates independently of Mohegan Sun. Bonus packages are issued to individuals 21 years of age or older. To receive a casino bonus package, passengers must have a Momentum card or be able to sign up for a Momentum card on day of travel. Proper identification required, Please visit the Bus Marketing Window for official rules. Offer subject to change without notice. mohegansun.com

Check Out Hot Summer Fun at Mohegan Sun!

mohegansun.com/HSF





BACK TO SCHOOL SAFETY SPECIAL \$24.95

*\$24.95 + tax for (synthetic blend conventional motor oil)

OFFER EXPIRES 8/31/19

Most Cars & SUVs, Up To 5 Quarts of Conventional Oil. Some Restrictions Apply. Full Synthetic Oil + \$15.00



- Oil & Filter Service
- ✓ Check All Fluid Levels & Top Off if Needed
- ✓ Check Lights, Belts, & Hoses
- ✓ Test Antifreeze Protection
- ° \$24.95
- ✓ Inspect Brakes, Steering, & Suspension
- ✓ Bumper to Bumper Visual Inspection
- ✓ Inspect Tires & Pressure
- ✓ Check Cabin Air Filter

A well tuned vehicle is a Safe Vehicle

This Special is by **APPOINTMENT ONLY**

CALL TODAY! MUST mention it's the AUGUST SPECIAL!

2597 Rt. 22 Patterson PattersonAutoBody.com

845.878.3456

To advertise in The Examiner, call 914-864-0878

or e-mail advertising@theexaminernews.com

Examiner

Adam Stone astone@theexaminernews.com Publisher

David Propper dpropper@theexaminernews.com Editor-in-Chief

Examiner

also publishes

The Examiner

**Northern Westchester **Examiner

the White Plains Examiner

To inquire about paid subscriptions, email subscriptions@theexaminernews.com for pricing and other details.

PO Box 611 Mount Kisco, NY 10549 914-864-0878 www.TheExaminerNews.com

Letters Policy

We invite readers to share their thoughts by sending letters to the editor. Please limit comments to 250 words. We will do our best to print all letters, but are limited by space constraints. Letters are subject to editing and may be withheld from publication on the discretion of the editor. Please refrain from personal attacks. Email letters to Editor David Propper at dpropper@theexaminernews.com. The Putnam Examiner requires all letter writers provide their name, address and contact information.

Member of
NEW YORK PRESS ASSOCIATION

Op-Ed:

Putnam Invests In Leaders of Tomorrow Program

By McKenzie Quinn

This summer, I was one of 45 Putnam County student residents given the opportunity to intern with local government departments. As part of the Putnam Invests in Leaders of Tomorrow (P.I.L.O.T.) Program, students were selected from a competitive and record-breaking pool of 120 applicants and placed in government departments based on their areas of study, experience and interests.

Established in 2013 by County Executive MaryEllen Odell, the program was designed to grant high school, college and graduate students opportunities to develop preprofessional experience and learn about potential career paths, all the while promoting young talent within the county.

As an upcoming senior at SUNY New Paltz, majoring in psychology with an interest in organizational behavior, I had the privilege of working with the County Executive's Office and the Personnel Department. At the County Executive's Office, I observed the responsibilities of an elected official and the requirements of managing the county; my function being to assist staff with their daily work demands. At Personnel, I witnessed the day-to-day coordination of the P.I.L.O.T program and assisted with employee onboarding. I also began working on a large collaborative project to establish legally up-to-date and accurate policy manuals and employee handbooks for the county.

Another one of the projects I worked on was alongside Grace Olivier, conducting onsite interviews with current interns, gaining insight into how the program could expand moving forward, whilst hearing what the students have gained from their experiences.



Sam Perri, senior at Harvard University, expressed her excitement for the opportunities she has been given interning with the Probation Department. Sam is writing her senior thesis on probation-the hands-on experience of home-visits, observing court proceedings, and preparing reports on probationers has been invaluable. With aspirations to go into criminal law, the ability to connect the theoretical and practical roles of a parole officer has been extremely rewarding.

Sarah Smith, junior at SUNY Binghamton, had the opportunity to apply her knowledge of election law to the day-to-day functioning of the Board of Elections. As part of her placement, Sarah spent time preparing election notices and aiding with the ongoing preparation that occurs prior to an election. Sarah also had the unique experience of attending a Naturalization Ceremony, where her purpose was to help new citizens

register to vote.

As my internship with the P.I.L.O.T program comes to a close, I am extremely grateful that I was given the opportunity to be exposed to the inner workings of local government. The goal of an internship is to provide a realistic setting to evaluate one's fit to a particular line of work, a benefit not awarded in the classroom alone. I was confronted with the reality that organizational behavior might not be the right path; however, this program has opened my eyes to many other potential career paths for exploration. A special thank you to the P.I.L.O.T program, alongside the participating departments, as students like myself are encouraged to push themselves, evolve as individuals, and pursue work that is meaningful.

Quinn is a PILOT intern working with Putnam County government this summer.

Obituaries

Deborah A. Bell

Deborah A. Bell of Mahopac, died on Sunday, August 4, at the age of 78. She was



born in Yonkers, October 1940, the daughter of Sidney V. and Marguerite (Perry) Revello. Deborah a graduate Commerce High School. On December 30. 1961 she married Alfred L. Bell at

Holy Rosary Church in Yonkers. She was predeceased by her husband, Alfred and their son, Kevin. She is survived by her daughter, Allison Bell-Bowers and her husband, Jason of Mt. Kisco, her son, Keith Bell and his wife, Nancy of Mahopac, her brother, Donald Revello of Madison, WI and her grandchildren, Kaylyn, Shannon, Aidan, Sydney and Claire. Deborah was the heart of the family, always generous with her time, affection and love. She enjoyed traveling the world, time with her grandchildren, and summers on LBI. Deborah loved to laugh and dance, good food and good shopping. She always accepted people as

they were and found joy in the life she led. Nothing epitomized her spirit more than her annual Thanksgiving feasts and Christmas celebrations. A consummate host, she reveled in the genuine bonds of family. To be in her kitchen on these days was to understand the essence of Debbie. Each life she touched was a little brighter because of her spirit. She will be missed by many.

Marie T. Nesbitt

Marie T. Nesbitt, a long time resident of Mahopac, died peacefully on August 5, at the age of 92. She was born in the Bronx on September 26, 1926, the daughter



of Anthony and Jennie Scaduto. In 1962, she moved to Mahopac and worked for Guideposts in Carmel, as a Key Input Operator. Marie was active with the Mahopac Seniors for many years and was an avid bowler in her youth. Marie is

survived by her son Michael Baer and was a loving mother to Scott, Wayne, and Steven whom she considered her own. She is also survived by her brother Richard Scaduto, 8 grandchildren, and 1 great grandson. She was predeceased by her son William in 2018.

Michael J. Mattusch

Michael J. Mattusch of Mahopac, died peacefully with his family by his side on



August 6. He was born in New York City on September 8, 1942, the son Michael and Alice (neé Brady) Mattusch. Michael 1 was a Teamster with Local 456 in Elmsford for years. On June 6, 2019 he married his partner of 29 years,

Brenda Diamond. Michael was an avid outdoorsman and enjoyed hunting, salmon fishing in Alaska, and tuna fishing in Mexico. In addition to his wife Brenda, Michael is survived by his daughter Maureen Seger, step sons John and Anthony, granddaughters Krystina and Stephanie, and great granddaughter Aurora. At the request of his family, all services for Michael will be private.



Infinite Possibilities and Universal Healing Arts Connection - Cortlandt

By Neal Rentz

Cortlandt resident Shima Chayvet was vice president of a home care company for many years.

"It was seven days a week. It never ended," Chayvet recalled last week. "I loved what I did, but I really needed a diversion."

Chayvet said a friend purchased admission for an energy healing class at Westchester Community College in Valhalla. The class changed her life because she eventually decided to take her career in a new direction.

Chayvet is the owner of Infinite Possibilities and Universal Healing Arts Connection in Cortlandt. She owns seven other offices, including one in Florida, which operates "all by word of mouth. I've never advertised," Chayvet said.

Chayvet said Infinite Possibilities focuses on holistic weight loss utilizing acupressure, reflexology and dietary changes. "I use a 2,000-year-old methodology," she said. The methods have been so effective that there have been clients who were told by their doctors to no longer take their blood pressure and diabetic medications. "Women lose 30 pounds in 30 days. Men disappear like



Infinite Possibilities and Universal Healing Arts Connection in Cortlandt is owned by town resident Shima Chayvet.

a puff of smoke," she said. A free orientation session is offered, she noted.

Several services are offered by Universal Healing Arts Connection. "Once Infinite Possibilities was established, I got into the healing arts," Chayvet said. For example, she practices Reiki.

"Reiki is an ancient art of hands on healing that was founded in the 1850s by a Japanese Christian monk whose name was Mikao Usui," Chayvet said. With his life not going well, Usui went to the top of a mountain in Japan to fast, chant and meditate for 21 days "to try to figure out what was wrong," she said. "After 21 days the story is he saw

a blinding light and there were symbols in the light. And as he was coming down the mountain he stumbled and fell and he was bleeding. And he put his hands on himself and he was healed. And he came up with this system. And what Reiki stands for is universal life-force energy."

Universal Healing Arts Connection also offers other services. Michelle Lent provides message therapy; Itsa Aravena teaches yoga, including family yoga; Qigong, which is similar to Tia Chi, is taught by Katherine McGloughlin; and Linda O'Shea provides divine energy healing,

Universal Healing also has a metaphysical shop which sells such items as crystals, sage, shells, feathers to move the sage, jewelry and books. The shop offers "everything that you would not normally find in a store,' Chayvet said.

Though she owns other offices, the Cortlandt facility is unique, Chayvet said. "This is only office that has the complete healing arts component," she said.

Infinite Possibilities and Universal Healing Arts Connection are located at 4 Crestview Ave. in Cortlandt. For more information about Infinite Possibilities, call 914-788-9355 or visit https://iploseweight.com/. For more information about Universal Healing Arts Connection call 914-737-4325 or visit https:// universalhealingarts.com/.

Submit Service Network Nominations

Award nominations are being sought for individuals and organizations that have made a difference in the lives of others through their accomplishments in human services and/or community services in Putnam County. Is there someone, a person or an organization, that has taken that extra step, given support when needed, made an impact on you or someone you know? The Putnam Community Service Network (PCSN), an educational program of Cornell Cooperative Extension of Putnam County, would like to recognize them at the PCSN's 34th Annual Awards Breakfast on Wednesday, October 16, 8:30 a.m. to 10:30 a.m., at Putnam County Golf Course, 187 Hill Street, Mahopac.

Award recipients and all of the nominees will be honored at the PCSN Awards Breakfast. This is an opportunity to express your appreciation to an individual or organization by nominating them for an

The ten categories include: Distinguished Service Award -individual and organization, Ruth Dain Volunteer Service Award, Professional Career Recognition Award, Lvn & Buzz Burr Excellence in Communications Award, Norman Vincent Peale Outstanding Service Award, Fred L. Dill Community Service Networking Award, Public Serviceindividual Award, Youth Award, and the Joe Gomez Advocacy Award. Completed applications must be received by the August 16 deadline date.

Award criteria and the Nomination Form, as well as additional information, may be obtained by calling Cornell Cooperative Extension of Putnam County at 845-278-6738 or online at putnam.cce.cornell.edu/









Mahopac HS Receives NYS Scholar Athlete School of Excellence

The New York State Public High School Athletic Association (NYSPHSAA) announced Mahopac High School as a Scholar-Athlete School of Excellence Award winner for the

"This academic recognition is a true testament of the kind of student-athletes and educators we have here at Mahopac," said Anthony DiCarlo, Superintendent of Schools. 'We are blessed with terrific athletic programs, as well as music and arts, but we instill as a community that academics come first.

The varsity high school teams that qualified for the academic recognition are: Baseball, Football, Girls Basketball, Golf, Gymnastics, Girls Lacrosse, Skiing, Boys Soccer, Girls Soccer, Softball

Swimming, Boys Tennis, Girls Tennis, Spring Track and Field, Winter Track and Field, Volleyball and Wrestling

New York schools can earn the school of excellence award with 75 percent of a varsity teams roster having a grade point average greater than or equal to 90.

The purpose of the award is to unite varsity coaches throughout New York State in supporting their teams to achieve a statewide honor. This year, 35 schools earned the school of distinction award and 135 schools earned the school of excellence Award.

3 Up 3 Down Organization Hosts All Star Game

Donations Exceed \$15,000

The 3 Up 3 Down Organization (3U3D) hosted its third annual charity baseball all-star day to benefit youth baseball and to support those with developmental disabilities at Dutchess Stadium. The All Star Game featured the best of amateur baseball in the area as the best players from the Hudson Valley and Westchester Men's Adult Baseball League competed on the diamond. There were two games played a 45 and older game where Westchester defeated Hudson Valley 13-7 and in the night-cap a 35 and older Hudson Valley Blue squad narrowly edged the Red team 12-11 via a walk off victory. These games however were the back-story as the donations, grants and fireworks highlighted the evening.

3 Up 3 Down presented eight different youth baseball leagues and four charities that support those with developmental disabilities with grants and donations exceeding \$15,000.

The eight youth league recipients went through a qualifying grant application process. Recipients included Beekman Athletic Club, Town of Wappingers Little League, Wappingers Challenger League, Brewster Little League, Hyde Park Little League, Baseball United Foundation, Town of Kent Recreation and Orange County Cal Ripken. Each league received at least \$500 but were able to earn additional amounts based upon attendance from each league. Orange County and Brewster came with the most players in attendance receiving grants totaling \$2,200 and \$2,000 respectively.

The four charitable organizations receiving donations were The Fragile X Research Foundation, The Anderson Center for Autism, Green Chimneys and Blue Path Service Dogs. Each received checks in the amount of \$1,250.

The All-Star Game pitted the Hudson Valley Men's Amateur League's (HVMSBL) 35 and older and 45 and older age division all stars. Many of the top former high school and college players participated in the game including Steve Aurigemma (Marlboro High, Florida Atlantic), Clint Boettcher (SUNY New Paltz), Jim Petrosino (Ketchum High). Honored on the evening was Greg Crouser a 25-year veteran of the league and New Paltz resident.



The Kent recreation department showed off the donation they nabbed as a result of the all-star game.



Some participants of last month's annual 3 Up 3 Down game.



PROVIDED PHOTOS

Green Chimneys received a nice check during last month's fundraiser.

About 3 Up 3 Down Organization

The mission of the 3 Up 3 Down Organization is to promote, strengthen, and foster youth baseball in and around the Greater New York and Hudson Valley areas, as well as provide additional community support for those with developmental disabilities. The Organization has a longer



term goal of building an inclusive park for those with and without disabilities. Such a park will enhance the health, physical fitness, wellness, independence, and an enhanced quality of life through inclusive fitness programs, including recreation and sports competition for people of all abilities and all ages, in community based, and accessible multi-use park(s).

About The Hudson Valley Msbl (HVMSBL)

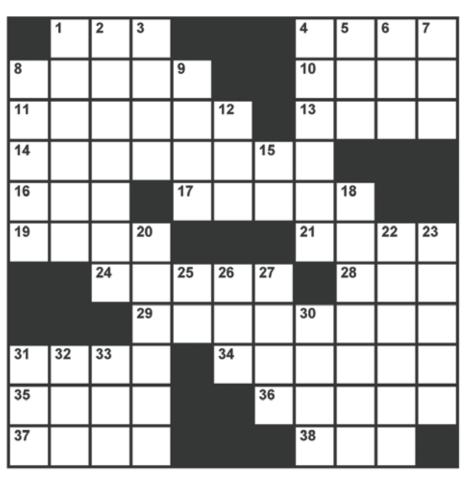
For the last 30 years, the HVMSBL is known for being the longest running competitive and only non-profit amateur adult baseball organization in tri-state area. The league currently has 26 teams in the Hudson Valley and Westchester areas midweek, Saturday and Sundays\ Though many ex-pro or college players play in the league, it also is a great place for those that may have played high school or recreational ball and want to continue playing.

For more information about our efforts, partnerships and get involved, please visit www.3u3d.org or email the Organization at hvmsbl@3u3d.org. The league may be reached at hvmsbl@gmail.com to inquire about individual or full team participation.



The Brewster Little League received a check to go toward their operations.

Crossword Puzzle



Crossword by Myles Mellor

Answers on page 13

Across

- 1. Sign of summer
- 4. Achilles' weakness
- 8. Four-time Indy 500 winner Rick
- 10. Prefix with dextrous
- 11. Came to terms
- 13. Barbecue fare
- 14. White Plains shopping center
- 16. Skater Midori ____
- 17. Rousseau was one
- 19. Baseball's "Georgia Peach"
- 21. Buccaneers star from their Super Bowl
- 24. They're in the banks along the Seine
- 28. Day-
- 29. Mohegan Lake hair salon meaning "garden orchid" in Spanish
- 31. Monday to Sunday
- 34. Penetrating
- 35. "Rowan and Martin's laugh-in" actor, Johnson
- 36. Bleating beasts
- 37. Alcatraz escape vehicle
- 38. Real estate ad abbr.

Down

- 1. Smooth, musically
- 2. Ring locale
- 3. Hurler Hershiser
- 4. Hound
- 5. Beatles label, once
- 6. Go down
- 7. Sue Grafton's "___ for Lawless" (2 words)

- 8. Wizardry
- 9. Sunflower or sesame
- 12. Dr. of rap
- 15. Second of a line of kings
- 18. Wrestling duo
- 20. Jack Nicholson and Morgan Freeman's list
- 22. Double agents
- 23. Fence poles
- 25. Egyptian Sun god
- 26. Evil warrior in "The Lord of the Rings"
- 27. Pollution mixture
- 30. Dr. Frankenstein's assistant
- 31. "___ and Peace", Tolstoy
- 32. Time period
- 33. Mutual fund abbr.



New Mahopac HS Athletic Director Returns to His Roots

Not too many people can say they've spent as much time at Mahopac High School as Frank Miele. He is entering his 40th year of working with students in the classroom and on the fields of the Mahopac High School collectively and is a 1967 graduate.

On July 18 the Board of Education appointed him to return to the high school as the new athletic director. Miele starts his new role this coming school year and is taking over from the previous director Jon Augusta, who left the position this month.

"Although Frank is new to the job, he is no stranger to Mahopac and we're pleased to have him back. As an administrator, educator and coach, I don't think there could be a better fit," said Anthony DiCarlo, Superintendent of Mahopac Schools.

Much of his career has been devoted to the Mahopac Central School District, where he served as the Director of Physical Education, Health and Athletics; House Principal; Physical Education teacher. Mr. Miele's background in athletics programs includes coaching varsity football for fifteen years and varsity baseball for twenty-two years. He also was the coach for the Western Connecticut State University baseball team for seven years which earned fifteen league titles, five sectional titles and three regional titles under his leadership.

Miele also served as the Interim Athletic



PROVIDED PHOTO

New Mahopac High School Atheletic Director Frank Miele.



Newspapers • Publications • Shoppers • Catalogs • Magazines
Directories • Coupon Books • College Course Catalogs
Business and Financial Periodicals
Free Standing Inserts • Advertising Supplements

205 Spring Hill Road, Trumbull, CT 06611 • 203.261.2548 www.trumbullprinting.com

Director in the Eastchester Union Free School District. He holds a bachelor's degree in physical education and a master's degree in guidance and counseling from Central Connecticut State University. At Southern Connecticut State University he completed a diploma program in administration and supervision.

Supporting and promoting the benefit and value of athletic programs, Miele's role involves many duties such as scheduling contests, hiring coaches, making budgets, scheduling officials.

Mr. Miele is married to his wife Jean for 47 years and has three children, Kimberly, Franco, and Kristen. He also has eight grandchildren.

"I feel like I'm coming home, and I can't wait for the new school year. The fact that I can try to give back to the community that gave my high school diploma and much of my career is special beyond words," said Miele.

Obsessing Over the Bathroom Scale

How many times, I wonder, have my wife Margaret and I targeted the next Monday to start a new diet? It would be impossible to calculate, but this time around, as I ponder all the reasons that I let my weight go, I suspect that where I live is a major contributing factor.

You see, I am happily ensconced in a luxury condo with our president's name sprawled across a sign at our entrance – although the letter "T" has been stolen several times – I can attest that, yes, where we live can affect our weight.

When I lived for nearly a half-century in a maintenanceintense single-family house, I was in much better physical

shape and didn't tax my weight scale as much as I do today. There were incalculable chores to be done inside and out – especially out – that required energy expense that I now neatly tuck in a savings account called weight gain.

My living arrangement has made everything just too easy for me, starting with a one-floor spread on the top floor of

The Home Guru



By Bill Primavera

a building with an elevator. No longer do I have to trudge down steps to the basement for tools or up to the second floor to sleep or to the attic to store things. And there is no outside yard work.

I hesitate to mention that my current residence affords a gym and indoor and outdoor swimming pools, as well as a quarter-mile track and a walking path that goes on for miles. And, I did avail myself of all these accommodations – when I first moved in. But I have sluffed off as one tends to do when an activity isn't at the top of one's list of favorite things.

While my dietary efforts for the most part have been in vain, that doesn't mean that I don't try

daily to beat the odds. Part of that process involves an almost unnatural relationship with my bathroom scale.

Every morning, I surrender myself to it just before I jump into the shower. If this simple act stopped there, it would be considered perfectly normal behavior, but there's a secret ritual that has developed over the years that may render normalcy uestionable.

The ritual kicks in when my big toe steps lightly on the scale as I wait with baited breath as digital figures start their little dance. The final number pops up in excessively large digital display, the only reading I am able to achieve without my glasses.

Typically, I don't accept the preliminary hard evidence of my imprudence. Surely the scale must need to "warm up" before it gives me an accurate reading. I step off and onto the scale again, but this time, I lower my weight slowly as I lean on a shelf nearby. The result of this little trick may actually be higher than the first reading.

As I write this, I'm thinking to myself, okay, now the reader knows I'm weird, but considering that one out of three women and one in five men in this country are on a diet, surely other people's home scales get a workout.

With our distant ancestors, not fettered by body image issues, it was the need for measurement in commerce that created the first scale. Evidence of the earliest scales in Roman times shows that they were actually balancing systems, using two plates attached to an overhead beam fixed on a central pole, much like the smaller version held by Lady Justice. The weight of any object for trade,

like gold, was measured by placing it on one plate and weight-setting stones on the other, until equilibrium was reached.

Today, bathroom scales come in many models and range from the inexpensive and simple to the more elaborate, supported by technology, where we can also know our Mass Body Index.

Through the years, I've met a few people who have told me they never get on a scale and don't have one in their homes. Their only weight monitoring system might be to cut back on dessert when they feel their pants getting a little snug. This system is so foreign, so unfathomable to me that I can only marvel at it.

But, judging from the number of bathrooms I've visited as a real estate agent, I would say that these lucky people are in the minority and that the bathroom scale is one home gadget that is here to stay.

Bill Primavera is a residential and commercial Realtor® associated with William Raveis Real Estate, as well as a publicist and journalist who writes regularly as The Home Guru. For questions about home maintenance or to engage him to help you buy or sell a home, call him at 914-522-2076.

It's a New Brave New World in American Wine Regions



By Nick Antonaccio

number of Western European countries have centuries-old thriving wine industries, established many vears before the United States was a glimmer in the eye of the Founding

Fathers. The United States is a latecomer to the cultivation and production of wine. It has only been since the 1960s that the negative effects of Prohibition were overcome and a burgeoning wine industry began to gain a worldwide reputation.

Today, United States winemakers are challenging the Western European wine establishment to rethink centuries-old rules and regulations concerning the

demographics of where grape varieties are planted. Not only is the United States a mosaic of many cultures and ethnicities, but it is also becoming a mosaic of wines rivaling the traditional sources of specific grape varieties long regulated and held in high regard in Western Europe.

There are several components of this evolution (revolution) of winemaking in the United States.

Let's focus on two of these.

1. The effects of terroir -- Many of the international grape varietals grounded in Western Europe are now grown in many other wine regions. The terroir of Burgundy is unique, producing an expression of Pinot Noir that is similarly unique in style,

aroma and taste. I have noticed that Pinot Noir is gaining popularity here in the New York area. Typically, the standby region for Americans is central California. When questioned by friends or readers for an alternative

to these wines, my typical suggestion is to continue consuming Pinot Noir – but from different American regions and terroirs, not necessarily from Burgundy. The terroir in the United States varies greatly and Pinot Noir from each region may differ significantly. A side-by-side experiment with American Pinots can be very revealing. Northern and Southern California Pinots reflect their unique terroir; likewise those from Oregon, New York and other states along the Eastern Seaboard. Styles vary from light and simple to fruit-forward and lush to complex and well balanced.

2. Regulation -- The regulatory systems in most Western European nations dictate which grape varieties may be

planted in each designated wine region. Regulatory agencies in each country further dictate the winemaking practices required to earn a particular classification. In

most countries there is a hierarchy established of which wines may bear the location designation.

In Italy, to be designated Chianti Classico, a wine produced in that demarcated area must conform to specific criteria established and monitored by a government agency. If adhered to, the wines may carry this designation on the label.

But not in the United States. While there are very broad regulations to inform

You Heard It Through the Grapevine

consumers of the core grape variety that may be displayed on a bottle, the regulations generally end there. Winemakers in any state or geographic area may grow whichever grape or blend of grapes they decide. As noted above, in Europe

the regulators dictate which grapes may be grown in Burgundy or Sancerre or Barolo in order to bear the name of that region on a bottle. In many of these wine regions, certain grapes or blends are not permitted. If produced, these wines typically must carry the equivalent wording of a base, or table, wine.

With the open approach in the United States to wine cultivation and production, there are many blended wines not available anywhere else in the world. I recently sampled an extreme example of this: a wine that was a blend of Zinfandel and Tempranillo, cultivated and produced in the Hill Country of Texas. This was a multiple first for me: these two grapes grown in Texas and blended together. I enjoyed the wine immensely, but may never encounter it

'becoming a mosaic of wines rivaling Western Europe'

again anywhere else in the United States, or the wine world.

Next week, we'll embark on a virtual tour of several American wineries producing wines from grapes not historically grown in the United States.

Nick Antonaccio is a 40-year Pleasantville resident. For over 25 years he has conducted numerous wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.



2019 Open Call to artists 18 and older for all media for a September Theme Show Imagine That! A. Eric Arctander Gallery @ the Belle Levine Art Center, Mahopac Exhibit dates: September 7-22. Additional details can be found on the gallery page of our comprehensive website @www. putnamartscouncil.com or by contacting the Arts Council at 845.803.8622 or emailing to info@putnamartscouncil.com

Introduction to Short-Story Writing -Seniors - please join author, columnist, and teacher, Dorothy Killackey, for a free, six session short-story writing workshop to help guide aspiring writers. Classes will be held every Monday (beginning Sept. 16th) from 12:30 p.m.-2 p.m. at the William Koehler Senior Center, 180 Route 6, Mahopac. Class size is limited; registration required. Please call Irene at 845-808-1734, ext. 2.

Tuesday, August 13

Stoned: A crash course in crystal and stone healing. 6:30 p.m. The history of the earth is etched on stones and crystals. Don't underestimate their healing powers! Participants will cleanse, charge, and set intentions for their stones, learn healing properties of specific stones, select a stone to take home through a divinatory meanings activity, and participate in a Rose Quartz Manifestation Ceremony. \$5/person; pay fee to instructor at class. Registration is required; register online at www. mahopaclibrary.org, or call 845-628-2009,

Declutter & Destress at Reed Library. 6:30 p.m. Get your fall and back to school season off to a good start! Registration required, please call the library to register 845-225-2439.

Thursday, August 15

Ribbon Cutting Celebration & Summer Concert: It's a special day at the Patterson Library. All are invited to our ribbon cutting celebration for our brand new grant-funded patio at 5 p.m. The patio is ADA compliant and will provide easy access to the Patterson Library Park for everyone. Following the ribbon cutting is our Summer Concert at 6 p.m. You won't have to travel to NYC to see Jerry Costanzo and his Quartet, they will be right here to entertain us with selections from the Great American Songbook, those quintessential songs that we all know and love. Bring the family, chairs & or a blanket, a picnic and enjoy a beautiful summer evening in the park.

Southeast Museum will host a local youth talent showcase entitled "Southeast Museum Rocks!" for a night of music and history. Performers between ages 8-16 are invited to register for this free talent showcase on August 15th at 6:30 p.m.-8:30 p.m. and friends and families are invited to tour the museum, especially the Tilly Foster Mine collection! All rockstars must register

ext. 100.

by emailing director@southeastmuseum.org or call 845-279-7500 for more information. The Southeast Museum is located at 67 Main Street, Brewster, NY 10509

Friday, August 16

Defensive Driving Class at Mahopac Public Library 10 a.m. - 4 p.m. The Defensive Driving Insurance Reduction Program is a course consisting of a series of films and discussions about driving attitudes and behaviors. It is designed for licensed drivers, but those with permits may attend. Completion of the course may result in a ten percent liability insurance discount to the principal operator (check with your insurance company) as well as a maximum of four points off the driver's violation record. This program is approved by the Department of Motor Vehicles. \$45 per person, \$35 for seniors 65+. Payment will be taken only on the day of the class. Cash or checks payable to Jack Coxen; charge cards not accepted. Register online at www.mahopaclibrary.org, or call 845-628-2009, ext. 100.

Saturday, August 17

Ferragosto Evening in the Piazza: The Putnam County Columbus Festivities Committee is "Bringing a Taste of Italy & Dutnam County' Come enjoy Ferragosto: E v e n i n g I n the Piazza. 4 p.m. to 9 p.m. At the Greater Mahopac Carmel Chamber Park on Rt 6 & Samp; Lake Mahopac Featuring: LIVE Classical and Contemporary Italian Music by "PRIMAVERA" and Tony Valente Kids Rides, Music, Entertainment, Refreshments (Zeppole, Pastries, Espresso), Artists, Novelties, and so much more! Sponsored by the Italian American Club of Mahopac Visit italianamericanclubofmahopac.org or call Giulio (845) 745-2655 for more info.

Book and Media Sale: August 17 24 Sat. & Sun., 10 a.m.-5 p.m. Mon/Wed/ Fri, 1 p.m.-5 p.m. Tues/Thurs 1 p.m.-8 p.m. Opening Night -Friends Members Only Friday, August 16. 6 p.m.-8:30 p.m. - You may join the Friends at the door desmondfishlibrary.org

Auditions for The Brewster Theater

Nikki Gallagher at nikki@theexaminernews.com Company's cabaret featuring one-hit music wonders will be held on 2pm - 6pm. The One-Hit Wonders Cabaret is directed by Ted Schwartz, with musical direction by Matt and Jessica Vanacoro. Auditions and performances take place at The Theater at Drew United Methodist Church, 28 Gleneida Ave, Carmel NY 10512. This cabaret features pop/rock songs by artists who only had one true "hit". It consists of group numbers, small group numbers and solos. Please prepare 16 to 32 bars from a pop/rock song of your choice and bring sheet music. A keyboard accompanist is provided. The

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar *Submission*" in your email subject line. Entries should be sent to

song need not be from a "one-hit wonder" artist. "One-Hit Wonders" performance dates are Friday, October 4 and Saturday, October 5. For rehearsal dates and additional info, please visit www.brewstertheater.org.

Sunday, August 18

Kobayashi, Violinist. Accompanied by Pianist Eric Siepkes: Chapel Restoration. Violinist Akiko Kobayashi and pianist Eric Siepkes will offer a summer afternoon program of Bach, Beethoven and Stravinsky in the serene (and cool!) Chapel Restoration on the banks of the Hudson, Cold Spring. 4 p.m. and free to all, audience contributions welcome.

Tuesday, August 20

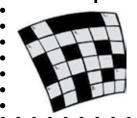
Family Photo Collage with Lavinia Wiggins: Using a personal photograph as the main focus we will create a family collage incorporating various papers and ephemera. You can make a copy of the photograph if you don't want to use the original. 6:30 p.m. Gather your items to make a memorable keepsake: fabric, lace, buttons, letters, postcards, etc. The instructor will also provide a range of photographs, craft materials and embellishments to choose from. \$5/person; pay fee to instructor at class. Registration is requested; register online at www.mahopaclibrary.org, or call 845-628-2009, ext. 100

Reed Library is a TED TALK Salon. 7 p.m. We will watch a TED talk on The Power of Vulnerability. Please call the library to register: 845-225-2439

Crossword Answers

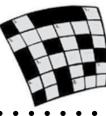


The Examiner News.com and click on Puzzles at the top of the homepage to play today's crossword!









To Place a Classified Ad Call 914-864-0878 or e-mail classifieds@theexaminernews.com

EXAMINER MEDIA Classifieds

Classified Ad Deadline is Thursdays at 5pm for the next week's publication

ANTIQUES & ART/COLLECTIBLES

MOST CASH PAID FOR paintings, antiques, furniture, silver, sculpture, jewelry books, cameras, records, instruments, coins, watches, gold, comics, sports cards, etc. PLEASE CALL AARON AT 914-235-0302

ATTORNEY/ LEGAL

LUNG CANCER? AND AGE 60+? You And Your Family May Be Entitled To Significant Cash Award. Call 866-951-9073 for Information. No Risk. No Money Out Of Pocket.

DIVORCE \$349 - Uncontested divorce papers prepared. Only one signature required. Poor person Application included if applicable. Separation agreements. Custody and support petitions. 518-274-0380

AUTO DONATIONS

DONATE YOUR CAR TO WHEELS FOR WISHES, benefiting Make-A-Wish. We offer free towing and your donation is 100% tax deductible. Call 914-468-4999 Today!

BUSINESS OPPORTUNITIES

Interested in **IN-HOME BUSINESS?**Offering businesses sales leads.
Fully automated. **Call (800) 474-5044.**

BUYING/SELLING

BUYING diamonds, gold, silver, all fine jewelry and watches, coins, paintings, better furs, complete estates. We simply pay more! Call Barry 914-260-8783 or e-mail Americabuying@aol.com

GOLD / SILVER WANTED

HIGHEST PRICE\$ PAID - Visit West-chester's Top Buyer for Gold, Silver, Diamonds, Coins & Currency, Watches, Jewelry. Licensed, Professional, No Appointment Necessary. Tuesdays-Saturdays 10am-6pm, Mt. Kisco Gold & Silver, 139E Main Street. 914-244-9500

CABLE & SATELLITE TV

SPECTRUM TRIPLE PLAY! TV, Internet & Voice for \$29.99 ea. 60 MB per second speed. No contract or commitment. More Channels. Faster Internet. Unlimited Voice. Call 1-855-977-7198

EDUCATION/CAREER TRAINING

AIRLINE CAREERS Start Here! Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call AIM for free information 866-296-7094

FINANCE

NEED IRS RELIEF \$10K - \$125K+Get Fresh Start or Forgiveness Call 1-877258-1647 Monday through Friday 7AM-5PM
PST

DENIED SOCIAL SECURITY DISABILITY? Appeal! If you're 50+, filed for SSD and denied, our attorneys can help get you approved! No money out of pocket! 855-478-2506

HEALTH

FARMERS, LANDSCAPERS or GARDENERS, did you or a loved one use Roundup Weed Killer and were diagnosed with NON-HODGKINS LYMPHOMA (Cancer)? You may be entitled to compensation. Call Attorney Charles Johnson 1-800-535-5727 VIAGRA & CIALIS! 60 pills for \$99. 100 pills for \$150 FREE shipping. Money back guaranteed! Call Today: 800-404-0244

FINALLY, AFFORDABLE HEARING AIDS!! High-quality Nano hearing aids are priced 90% less than other brands. Buy one/get one free! 60-day free trial. 866-251-2290

VIAGRA & CIALIS! 60 pills for \$99. 100 pills for \$150 FREE shipping. Money back guaranteed! Call Today: 800-404-0244

HELP WANTED

CLASS A AUTO/TRUCK MECHANIC. WANTED FULL TIME/PART TIME. Call or apply in person. Milrent at 100 Locust Ave., Cortlandt Manor, NY 10567. (914) 737-6492. Salary negotiable.

JOB OPPORTUNITY \$18.50 P/H NYC \$15 P/H LI \$14.50 P/H UPSTATE NY If you currently care for your relatives or friends who have Medicaid or Medicare, you may be eligible to start working for them as a personal assistant. No Certificates needed. (347)462-2610 (347)565-6200

HOME IMPROVEMENT

BATHROOM RENOVATIONS. EASY, ONE DAY UPDATES! We specialize in safe bathing. Grab bars, no slip flooring & seated showers. Call for a free in-home consultation: 888-657-9488.

AFFORDABLE NEW SIDING! Beautify your home! Save on monthly energy bills with beautiful NEW SIDING from 1800 Remodel! Up to 18 months no interest. Restrictions apply 855-773-1675

INTERNET AND TV

Get DIRECTV! ONLY \$35/month! 155 Channels & 1000s of Shows/Movies On Demand (w/SELECT All Included Package.) PLUS Stream on Up to FIVE Screens Simultaneously at No Additional Cost. Call DIRECTV 1-888-534-6918

DISH TV \$59.99 for 190 Channels + \$14.95 High Speed Internet. Free Installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply. Call 1-800-943-0838.

SPECTRUM TRIPLE PLAY! TV, Internet & Voice for \$99.97/mo. Fastest Internet. 100 MB per second speed. Free Primetime on Demand. Unlimited Voice. NO CONTRACTS. Call 1-855977-7198

LEGAL NOTICES

THE TOWN OF PUTNAM VALLEY is soliciting bids for the collection and disposal of residential garbage, solid waste and recyclables from various Districts within the Town. Sealed proposals must be received by the Town Clerk of the Town of Putnam Valley by 2:00 pm, September 3, 2019 at the Town Hall, 265 Oscawana Lake Road, Putnam Valley, NY 10579. Bidders may obtain information on population and number of households for the purpose of this bid. Bids must be accompanied by a certified check payable to the "Town of Putnam Valley" in the minimum amount of \$1000.00. A packet with all bid specifications and contract documents may be obtained from the office of the Town Clerk, The Town shall have the right to accept any or all of the items on each proposal form and to advertise for new proposals, if in its opinion the best interest of the Town will thereby be promoted. The transfer station will no longer be used, therefore you need to locate your own tipping facility. We also request that you bid on a one, two or three year contract. The Town reserves the right to select any option.

Town of Putnam Valley August 14, 2019 Work Session is cancelled.

MEDICAL SUPPLIES

ATTENTION VIAGRA USERS: Generic 100 mg blue pills or Generic 20 mg yellow pills. Get 45 plus 5 free \$99 + S/H. Guaranteed, no prescription necessary. Call 877-845-8068.

MISCELLANEOUS

KILL BED BUGS! Buy Harris Sprays, Traps, Kits, Mattress Covers. DETECT, KILL, PREVENT. Available: Hardware Stores, The Home Depot, homedepot.com

A PLACE FOR MOM has helped over a million families find senior living. Our trusted, local advisors help find solutions to your unique needs at no cost to you. Call: 1-800-404-8852

SERVICES

COMPUTER ISSUES? FREE DIAGNOSIS by GEEKS ON SITE! Virus Removal, Data Recovery! 24/7 EMERGENCY SERVICE, In-home repair/ On-line solutions \$20 OFF ANY SERVICE! 844-892-3990

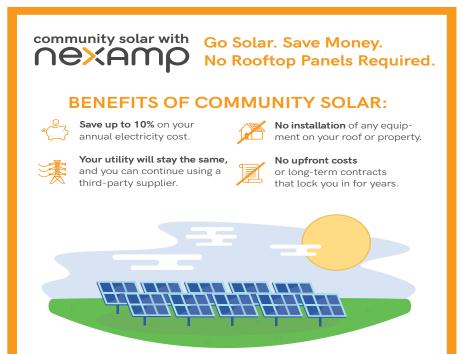
To Place a
Classified Ad Call
914-864-0878 or
e-mail classifieds
@theexaminernews.com
Classified Ad Deadline
is Thursdays at 5pm for
the next week's
publication



To Place a Classified Ad Call 914-864-0878 or e-mail classifieds@theexaminernews.com

EXAMINER MEDIA Classifieds

Classified Ad Deadline is Thursdays at 5pm for the next week's publication











Special Funding Programs For NecessaryHome Improvements Are Now Available, Apply Today.



Roofing | Windows | Siding | Insulation | Walk-In Tubs

Contact us today and our highly knowledgeable team will be able to help discover the available funding programs that will best fit you and your needs.

800-736-9629 NYImprovementFund.com





Gennaro (Jerry) Gentile
John (Klebie) Klebauskas
Donald T. Malone
Arthur Manzione
James J. McDevitt
John Meehan
Henry Mills

Edmund Netter
Jeremiah Nunan
Michael O'Herlihy
John O'Keefe
Edmond Parrakow
Edward Pipala
Patrick Quigley

If you have information regarding alleged abuse or its cover-up involving these men, **CONTACT US.**

The NY Child Victims Act may be able to help you!



JEFF ANDERSON & ASSOCIATES PA

646-493-1850

57 West 57th Street, 3rd Floor New York, NY 10019 To Place a Classified Ad Call 914-864-0878 or e-mail classifieds@theexaminernews.com

EXAMINER MEDIA Classifieds

Classified Ad Deadline is Thursdays at 5pm for the next week's publication

DEMAND JUSTICE

Victims of sexual abuse by Catholic clergy or by authority figures at school have rights.

NEW YORK AND NEW JERSEY LAW HAVE EXTENDED THE TIME PERIOD IN WHICH TO FILE YOUR SEXUAL ABUSE CLAIM. ACT NOW TO GET YOUR CLAIM TIMELY FILED.

CLERGY ABUSE ATTORNEY HOTLINE 800-444-9112

ATTORNEY ADVERTISING

DOUGLAS & LONDON, P.C. 59 MAIDEN LN, 6TH FLOOR, NEW YORK, NY 10038 THE MATTHEWS LAW FIRM, PLLC, 244 5TH AVENUE, SUITE 2882, NY, NY 10001 MAIN OFFICE: 2905 SACKETT STREET, HOUSTON, TEXAS 77098









OVERLOOKING THE HUDSON RIVER

In the center of thousands of miles of hiking & 20 klm of purpose-built singletrack.

You can float the Upper Hudson River, prospect for garnet, take a rail bike excursion, hike to NYStates highest cataract & kayak our pristine Adirondack Lakes.

Upstairs 2 bedrooms + two twins / Downstairs 1 bedroom + sleeper sofa

FULLY FURNISHED AND WIRED • FIND US ON AIR B&B

See our video and pricing at https://hudsonrivertradingco.com/vacation-rentals/

292 Main Street, North Creek, NY 12853 • 518.251.4461

Wheels For Wishes benefiting

Make-A-Wish® Hudson Valley

* 100% Tax Deductible

* Free Vehicle Pickup ANYWHERE

* We Accept Most Vehicles Running or Not

* We Also Accept Boats, Motorcycles & RVs

Call:(914)468-4999 WheelsForWishes.org

* Car Donation Foundation d/b/a Wheels For Wishes. To learn more about our programs or financial information, call (213) 948-2000 or visit www.wheelsforwishes.org.





RAY GALLAGHER PHOTO

SOAC, Sarsen Celebrate 30 Years of Field Hockey Bliss

Having helped produce scores of All-Section, All-NYS and All-American players throughout three-plus decades, Lakeland Field Hockey Coach Sharon Sarsen -- a 12-time NYS champion -- celebrated the 30th anniversary of her Shrub Oak Athletic Club-sponsored field hockey camp last week at Lakeland High School where more than a record 160 campers and 22 of the finest counselors in the state raised the stakes for four days of field hockey frolic under the watch of New York Sate's foremost coach... see Direct Rays

Sports

From Rags to Riches! Put Valley 8U Miners Crowned GHVBL Champs

After starting out their Greater Hudson Valley Baseball League season at 1-9, the 8U Putnam Valley Miners reeled off wins in 7 of the last 8 to end the season with the 8U championship at Ryders Park in Danbury, CT, on Sunday August 4th, defeating the Harrison Bombers 17-6. Members of the team include (Left to right): Julian Arneson, Joshua Rivera, Matty Rocco, James Hendershot, Brendan Caputo, Gage Morales, Joey Rocco, Jaxson Bowe, Sami Rivenburg, Luke Delfico, Ty Peverini, Kevin Cooke Jr., Connor Martin and coaches Kevin Cooke, TJ Martin, Kent Arneson.



Carmel's Palmiero Fires No-Hitter, Leads A's to Title Tilt

Carmel graduate Chris Palmiero, now playing in the Hudson Valley Collegiate League, pitched a no-hitter against the Cadets Baseball Academy in game 1 of the semifinals, leading the A's to a 3-0 victory. Palmiero, entering his senior year at RPI, had eight K's against just one walk over seven innings (complete game). The A's went on to win the HVCL championship for the second year in a row coached by Chris and Joe Salumn.





Former Yorktown All-Americans Win 35-Over Lake Placid Lax Title

The national lacrosse world -- more than an estimated 7,000 players -- descended upon Lake Placid last weekend for the 30th annual Lake Placid Summer Lax Tournament where three former Yorktown High and D-I All- Americans, including Brian 'Pickles' Carcaterra (Hopkins), Paul 'All World' Carcaterra (Syracuse) and Brian 'Kuzzy' Kuczma (Hopkins), who represented the seventime NYS champion Cornhuskers by copping the 35-and-over tournament title last Saturday. The three former Major League Lacrosse All-Stars, who arguably rank among Yorktown's top 10, had a whale of a time together, reminiscing about their 1990s heydays and catching up with old friends. "It was beyond awesome playing with my brother and my Yorktown and Hopkins teammate, Brian Kuczma," Brian Carcaterra said. "All of the players on the team are the closest of friends but PC and Kuz are my homies. Paul is my best friend and Brian is one of the greatest men you'll ever meet. They both played awesome and could easily play in the Open Division. They were catalysts on both sides of the field. But in excess of their physical talents, they made countless smart plays, which ultimately win you championships. When the money is on the line, it takes the intelligent play to win those inches in a close game. When we decided to do this, we made a commitment to each other that we were coming to Placid to win. We all decided that for that one hour we were going to play as hard as possible and stick to the plan. Four games later I feel like I was in a car accident and I'm emotionally spent. I get nervous before these games because of my position. So much of their experience depends on me playing well and I do not want to ever let these guys down. So for me, I am a wreck before and during these games.

www.TheExaminerNews.com August 13- August 19, 2019 19

Sports

Nearly 200 Campers Celebrate 30 Years of Field Hockey at SOAC Camp



Examiner Sports Editor @Directrays

Westchester County Hall of Fame field hockey Coach Sharon Sarsen, the 12-time NYS championship mentor

Lakeland High By Ray Gallagher School, slips two fingers into her mouth and toots three bellowing whistles toward

the record-setting 200 campers and counselors at her 30th annual Shrub Oak Athletic Club

field hockey camp last week.

In unison, the large unit - ranging in age from grade 2 to grade 12 and beyond pays heed to the three signals by

standing at attention while awaiting directions from the field hockey czar that is second to none in state history. The counselors, many former and current All-Americans who attended the camp while they were elementary schoolers, understand the urgency of the three toots, knowing full well that when 'Sars' whistles she means business.

"I still get chills when I hear it," said Danielle Fiore, who starred at Lakeland more than a decade and now coaches under Sarsen. "She gets your attention for sure."

Sars first got our attention back in 1990, leading Lakeland to the first of 12 NYS championships at Hartwick College in Oneonta. Since then, the goal has been two-fold: 1. Make Lakeland the best it can be; 2. Grow the game.

Around here, and perhaps anywhere in the country, nobody grows the game better.

"I love that there was so much talent coaching the game at Lakeland this week," Sarsen said. "All those coaches have lived the game, and this week everyone

> came together and created an amazing camp. I am so proud and love putting this camp on each year."

> They came from Northern across Westchester

Putnam County to engage with Sarsen and her staff, most of whom have triggered one of the greatest dynasties in state history. To further illustrate what it means to establish a record 12 NYS championships, including an astounding nine in a row between 2009-17, understand that no other program in Section 1 has more than three (Mamaroneck) and only nine Section 1 programs in total have ever hoisted the state hardware; Brewster (2), Rye (2), Rye Neck (2), John Jay EF (1), Mahopac



SOAC field hockey campers share a light moment with former All-NYS Hornet Mia Lennon (C) at the 30th rendition of Coach Sharon Sarsen's summer camp.

(1), Scarsdale (1) and Putnam Valley (1).

This well-oiled machine will be back at it next week when the 2019 fall sports campaigns kick at a school near you...

So, I run a men's fast pitch softball league in Putnam Valley, which is open to any and all former and current players (washed up or not) around the region, and the league is absolutely loaded with former greats, including former Briarcliff All-NYS P Bobby Blevins. You may think of Blevins as the former Los Angeles Dodgers draft pick back in 2007 and Independent League player for the Long Island Ducks and Rockland Boulders, who has played in places like Asia and Mexico after a minor league stint with LA, but I'll always remember him as one of the finest, if not THE finest, athlete in Briarcliff history. The point I was originally making was in regards to the Putnam Valley Parks & Recreation Softball League but I just ran with Blevins to prove it: If you're looking to play softball next season - real softball; not this arc ball they play in Somers and Mahopac -- at a fairly high level, the A-, B- or C-League in PV is right up your alley, so hit me up at rgallagher@putnamvalley.com to get connected. I'm talking directly to you former greats at places like PV, Lakeland, Panas, Hen Hud, Yorktown, Somers and Mahopac... get back in the game before you wash up on shore...

Golfers looking for 18 holes of fun-filled action can still sign up for the Mahopac Football Gold Outing on August 19th for an 8:30 a.m. check-in followed by a barbeque-style lunch at the Red Mills Pub. Hit up Indians' grid Coach Dominick DeMatteo at dematteod@mahopac.org for

I'm sitting here last Friday **night** eagerly awaiting the start of the Nationals vs. Mets game and I'm down to the nub on my fingernails in anticipation. As early as July 1st, I was certain I'd be gearing up for NY Rangers' hockey this September/October with fleeting interest in the seemingly invincible Yankees, but the Mets' fan in me has been alarmingly awakened by this resurgent spurt of baseball since the All-Star break. No matter how you slice it, NY baseball fans - Yanks and Mets -- have been energized by some of the finest young talents in the game, too many to mention in this space.

They say baseball is dying nationwide, but the great state of New York will always be the last bastion for America's pastime. The game was born here, and the game will die here.

But right now, hope springs eternal among New York baseball fans on both sides of the aisle. Yankee fans can say all they want about the Mets' current surge (wins in 16 of the last 18); things like "The Mets are beating up on scrubs,", etc. but remember these two split a four-game series when the Mets were horrible, and I think most would agree that pitching wins in the post season, so, infer from that what you will and let's hope like heck we meet again October...

Is there a better mascot in baseball than Mr. Met? I think



Lakeland field hockey Coach Sharon Sarsen (L) with former Hornets & counselors Emily Kness and Julianna Cappello at the 30th annual SOAC Field Hockey Camp last Wednesday.



Discover the Houlihan Lawrence *Difference*.

Consult with the Brewster Office experts to discuss your options.



1 Willow Island

Patterson

Willow Island, a serene and tranquil private island just 60 miles north of NYC. This picturesque and unique waterfront property has 360 degree views of lovely Putnam Lake. Accessed by boat, this island is paradise for nature lovers, fishermen and outdoor enthusiasts. Willow Island is complete with several docks overlooking the calm, non-motorized lake and is available furnished and turn-key. This four-bedroom, one-and-a-half bath home has an open layout, perfect for entertaining and enjoying the lake in every season.

Web# PE1563815 | \$850,000

4	1.1	1,922	0.66
BEDROOMS	BATHROOMS	SQUARE FEET	ACRES



225 Salmons Hollow Road 5 BEDROOMS • 4.1 BATHS • 4,744 SF • 2.74 ACRES Brewster | Web# PEI558919 | \$735,000



30 Majestic Ridge
4 BEDROOMS • 2.1 BATHS • 5,430 SF • 0.98 ACRE
Carmel | Web# PEI547041 | \$720,000



29 Settlers Hill Road 4 BEDROOMS • 2.1 BATHS • 2,140 SF • 1.79 ACRE Brewster | Web# PEI568139 | \$682,500



46 Bear Hill Road 4 BEDROOMS • 2.1 BATHS • 2,639 SF • 4.93 ACRES Patterson | Web# PEI552930 | \$550,000



45 Fenwood Drive
3 Bedrooms • 2 Baths • 1,296 sf • 1.15 Acre
Pawling | Web# PEI567018 | \$399,000



15 Rhinebeck Road
3 BEDROOMS • 2 BATHS • 1,626 SF • 0.52 ACRE
Carmel | Web# PEI546374 | \$299,999