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SMALL NEWS IS BIG NEWS

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## Putnam Explores Moving WIC Program

By Neal Rentz

Putnam County officials are considering discontinuing the operation of the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) and transferring the program to the Open Door Family Medical Center and Foundation facility in Brewster.

The possible change was questioned by county Legislator Nancy Montgomery and the head of the CSEA at the May 23 county Legislature's personnel committee meeting with several county jobs on the line. No decision was made at last week's meeting.

Putnam Health Commissioner Dr. Michael Nesheiwat told the committee last week county government began the WIC program about 15 years ago and it was time to transfer it to Open Door because "they have a full array of services," including many medical services, he said.



NEAL RENTZ PHOTO

Open Door Family Medical Center and Foundation President and CEO Lindsay Farrell addressed the Putnam County Legislature's personnel committee on May 23.

Transferring WIC to Open Door would be in the best interests of both the WIC recipients and the county's taxpayers, he said.

In 1999, the county health department stopped providing mental health services and home medical services in 2010 and contracted those services out, Nesheiwat said.

The county needs to "protect the people of Putnam County as the taxpayers and their health," Nesheiwat said.

County Fiscal Manager William Orr told the committee that last year the county lost \$125,000 on the WIC program and the county estimates it will lose \$111,000 this year. The county is the fourth year of a five-year contract with the state, he said and is receiving a state grant of \$437,739. Once the county spends more in administering the program in a year than provided by the grant the

difference is calculated as a loss, Orr said.

Between 1,100 and 1,200 Putnam County residents participate in the WIC program every year, Orr said.

The state has reevaluated the county's WIC program recently because Putnam is in the fourth year of its five year grant, Orr noted. Open Door would seek to expand WIC in Putnam, he said.

The proposal being considered by the county is to transfer WIC to Open Door on Oct. 1.

Committee Chairwoman Ginny Nacerino said transferring WIC to Open Door could be beneficial. However the transfer of the service would lead to job losses for county employees who are currently providing WIC, she said. The legislature should make decisions "based on the greater good as difficult as they

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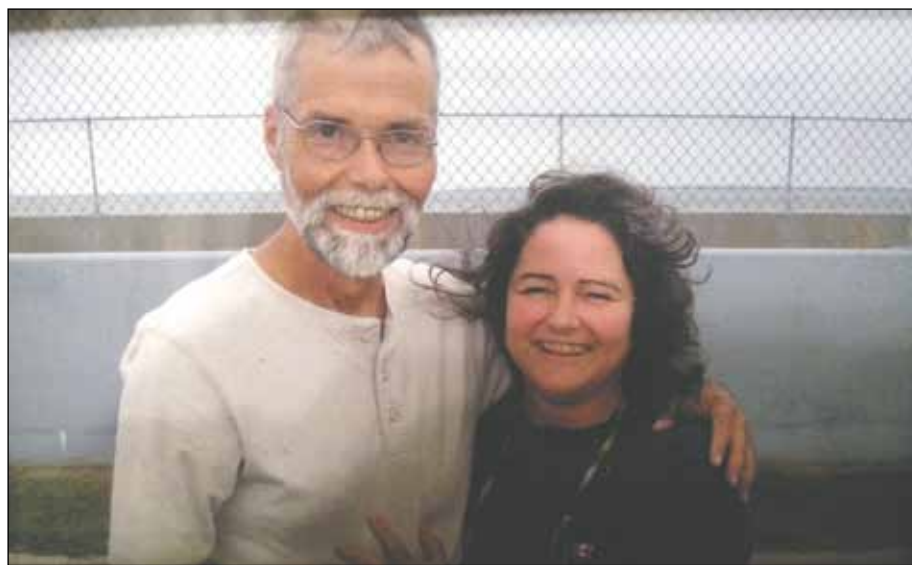
## Brewster Widow Fights for Late Husband's Benefits

By David Propper

James Lynch worked for New York State for more than two decades, but when his death was untimely, benefits that he earned over his years of service couldn't be passed down to his family.

A special piece of legislation is attempting to change that. A bill sponsored by NYS Sen. Peter Harckham aims at granting Lynch, a longtime Putnam County resident, retirement from state government and local employee's retirement system on June 10, 2016, which would allow his family to collect the pension that was expected before his passing.

Lynch worked for the state Department of Transportation for 25 years before he decided to retire at 62. As he began the process to retire, he suddenly fell ill with lung cancer and died before he



PROVIDED PHOTO

James and Judy Lynch, of Brewster, knew each other for more than 30 years before James died in 2016.

could finalize his retirement paperwork. At first, it was thought that Lynch had pneumonia, but it turned out to be more serious. He died on June 13, 2016, three days after signing what he thought was retirement paperwork in the presence of a notary. Those papers turned out to be preliminary and the actual retirement papers were never given to Lynch.

Due to state regulations, he couldn't be granted a retirement date posthumously.

Since James' death, his wife Judy Lynch said she has been like a "dog with a bone" to fight for his pension. In the beginning, she wrote to "everybody," but only received responses that weren't helpful. Elected officials would tell her the state comptroller's office told them the state could not do anything to rectify the situation.

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# Voters Green Light School Budgets Across Putnam

By David Propper

To the surprise of probably no one, every budget and proposition put forward by school systems in Putnam County passed with ease last week.

Voters in the six districts within Putnam's borders made last Tuesday rather uneventful with strong support for the spending plans put forth by local schools boards. Each budget fell below the New York State mandated tax cap, meaning the districts only needed a simple majority for its spending plans to receive approval.

In the Mahopac school system, its \$122.6 budget passed 1,170-605 while two propositions also garnered voter support. One of those bonds was to purchase buses and the other was a \$53.9 million bond that will result in sweeping upgrades to district facilities. The district pushed hard to get word about the large-scale bond out to the public, with a massive advertising campaign and details on its website of what the bond would mean to each school building if passed. The bond would be tax neutral, Mahopac school officials stated, because existing bond payments were going to end in the near future.

Superintendent of Schools Anthony DiCarlo had previously said during a facilities tour with The Putnam Examiner that every item listed in the bond is a need



DAVID PROPPER PHOTO

The Mahopac school system reminded voters driving along Route 6 to vote last Tuesday on three different propositions.

for the district.

The Haldane school system saw all three of the propositions it offered approved with the \$24.6 million budget passing 465-110, a proposition to purchase a school bus and utility equipment approved 457-116 and a capital referendum proposition that will improve facilities getting the green light 451-121.

The Brewster school system passed its \$101 million budget 857-557 and two propositions that included bus purchases and a new HVAC system at JFK Elementary School were also signed off on by voters.

The strong support for the budget comes a year after voters actually shot down an initial proposed expenditure plan that was below the tax cap following outrage from the community that believed the district office and school board were not transparent enough.

Board president Sonia Mesika, in her first year as the head of the school board, said in a statement she and her colleagues were grateful to the community for approving the budget and two other propositions.

After last year's debacle, Mesika said

the board made changes in how the budget was approached this year. An advisory committee was formed about the budget and there were several budget presentations that began earlier this year than in the past. Task force committees were formed that included parent involvement focused on the vision of the district, Mesika said.

"The intention was to make sure the process this year was as transparent and as informative as possible that allowed for the public involvement so that the Brewster community could make an informed decision when it came time to vote," Mesika stated. "We understand every year brings its own set of challenges and we plan to continue to improve on our communication, transparency and evaluation of the district's needs to ensure true representation of the community while meeting the needs for all of our students."

Just two months after a controversial bond package was passed to upgrade facilities, the Carmel school system easily passed its \$127.7 budget 1,437-1,007. The Putnam Valley school system and Garrison school system passed their budgets by comfortable margins, 648-354 and 326-98, respectively. The Putnam Valley spending plan is for \$51.2 million and the Garrison budget is for \$11 million.



## Is Your Biological Clock Ticking? The Trend toward Later Motherhood...

### Ask the Doctor

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#### Q: What's behind the trend toward later parenthood?

**A:** Women in the U.S. are waiting longer than ever to have children, according to the Centers for Disease Control and Prevention. In fact, the average age of first-time mothers is now 26, up almost two years since 2014. In the last 10 to 15 years, we've seen the average age of first-time mothers increase greatly, mainly because women are pursuing careers and education first.

#### Q: I'm turning thirty. Should I be worried about my "biological clock" ticking?

**A:** The best time for a woman to get pregnant is between the ages of 20 and 35. In this age range, you are most fertile and least likely to experience complications. Though there is a slight risk of declining fertility by the age of 35, it's only about 5 percent. Egg quality and quantity decline after age 35, and good ovulation cycles become less frequent. Eggs of poorer quality are released, making it more difficult to get pregnant.

#### Q: Will older moms-to-be face risks?

**A:** A mere twenty to thirty years ago, the maternal age of 35 was considered advanced for childbearing; it was also considered the age at which a woman became – virtually overnight and automatically – a high-risk pregnancy. Today we know that if you're a healthy 35-year-old woman

who is pregnant, you may often have the same degree of risk in pregnancy as that of a younger mom-to-be.

If you're over 35 and considering pregnancy, you may have to visit your physician more frequently to ensure that the pregnancy is proceeding smoothly. I recommend scheduling an appointment for both preconception counseling and genetic counseling. This will help your physician identify and minimize any risk factors so you can improve your chances of a healthy pregnancy. Women over 35 can deliver healthy children and have a safe pregnancy. It's all about taking care of yourself, knowing your risks and coming up with a plan that is right for you and your family.

#### Q: I'm worried that when I do decide to have children, I won't be able to. What are my options if I can't get pregnant?

**A:** Advances in technology help many women over 35 get pregnant and give birth to healthy babies. In vitro fertilization is a process by which a woman's eggs are extracted and combined with a sperm sample, creating an embryo that is transferred to the woman's uterus. In vitro fertilization now includes a procedure called pre-implantation genetic diagnosis that helps identify chromosomal and genetic abnormalities, ensuring physicians are implanting healthy embryos.



# Curzio Voted Off Carmel School Board; Other Results

By Brendan Dyer

Newly elected Carmel school board members celebrated their victories last week as incumbent John Cody, former board member Eric Mittelstadt and newcomer Matt Vanacoro each earned a seat on the seven-person board.

John Curzio, who was elected three years ago at the age of 18, was running for reelection, but lost by a narrow margin against Cody, Mittelstadt and Vanacoro, whom ran as a team. Cody led all candidates with 1,374 votes with Vanacoro securing 1,343 votes, and Mittelstadt receiving 1,319 votes. Curzio got 1,184 votes and Tim Murphy, who ran for the first time, received 646 votes.

Curzio, who is one of the youngest elected officials in New York, faced attempts from most of his colleagues on the board in 2018 to remove him from office, but to no avail. He faced heat for speaking out against an expensive school bond package that failed in 2017, though a reduced bond package eventually passed on the third try this year.

Though he remained on the board, the school board now looks to move forward without with him.

"John, Eric, and I are very excited to get to work for the kids and community of the Carmel Central School District," said Vanacoro. "The three of us feel that our combined skill set and experience resonated with the voters, and we plan to represent the needs, hopes, and wishes of the entire community."

Mittelstadt said he feels "a mixture of pride in community and personal vindication" after having been voted out three years ago. "I believe that people were



BRENDAN DYER PHOTO

Incumbent John Cody, former board member Eric Mittelstadt and newcomer Matt Vanacoro all waited for results inside Carmel High School last week. The trio were victorious and gained seats on the school board seat.

tired of the drama that the board meetings had become and wanted to get back some semblance of civility," said Mittelstadt, who also said the stories about the school board in the media were distracting from the goals of the board.

Grateful to be partnered with Vanacoro and Cody, Mittelstadt also said he had felt blindsided when losing years ago because he'd felt he was doing a good job of representing the community. He now feels that he, Vanacoro, and Cody are a "cohesive unit that represents a clear vision of what we believe Carmel Schools should be, and how we can get there."

In a concession statement, Curzio wrote that he plans to remain involved and "continue to be an outspoken advocate for balancing fiscal responsibility." Curzio's

statement thanked his supporters and congratulated his opponents on their hard fought victory. Blaming no one for his loss, Curzio wrote, "If there is any blame to go around for an unsuccessful campaign, it rests on me and me alone."

Curzio said he ran for office because he loves the community and sought to make a positive difference. "I am forever grateful to the Carmel School District community for having entrusted me with representing you on the school board

for the past three years and I am proud of what we have accomplished together," wrote Curzio.

Applause in the library of Carmel High School broke out for Cody, Vanacoro, and Mittelstadt, but also for the approval of the school budget.

Cody said the approval is "very impressive."

In other contested races, incumbents that ran were able to secure another three years in office. Haldane school board president Jennifer Daly clinched her third term as newcomer Sean McNall also won a seat over Laura O'Connell. Putnam Valley school board president Jeanine Rufo easily clinched reelection as newcomer Janette Yetter topped Thomas Sawyer for the other seat up for grabs.

The Mahopac school system elected four board members with incumbent Michael Mongon, Adam Savino and Ray McDonough earning three-year terms and incumbent Lucy Massafra taking a two-year term. (A former board member resigned leaving an additional seat open this year.) The Brewster school board will have two new members, Krista Berardi and Scott Seaman, who both ran unopposed. And in the Garrison school district, running unopposed were incumbent Jill Corson Lake and newcomer Sarah Toomey.

David Propper contributed to this report.

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# Putnam Explores Moving WIC Program

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may be," she said. The county could look for ways to assist those employees who would be fired to find work elsewhere, she said.

Nesheiwat said Open Door has agreed to interview the county employees who would lose their jobs if it took over the WIC program. In addition, the county will attempt to find work elsewhere in county government for those who would lose their jobs, he said.

Montgomery opposed moving WIC to Open Door. "I think it's an essential service," she said.

"This is a personnel issue. We have four full-time dedicated employees," Montgomery said. "I don't understand why we would do this to these employees."

Montgomery questioned why the county would discontinue WIC before its five-year contract with the state ends and why they are considering a plan would cause county employees to lose their jobs within only a few months.

The Brewster Open Door location provides several services that could be utilized by WIC recipients, Nacerino said.

"We in Putnam County cannot hire physicians and offer all the services that Open Door offers now because of



NEAL RENTZ PHOTO  
Putnam County Legislator Nancy Montgomery at the May 23 personnel committee meeting.

budgetary restraints," Nesheiwat said. "We have to look at our mission and that is what's best for people, as a whole, of Putnam County."

"We don't want to hurt employees, especially dedicated people," Nesheiwat said. "All I can tell you is in my discussion

with our Personnel Director (Paul Eldridge) they will do their best to find jobs within the county that are open."

Eldridge did not attend last week's meeting.

CSEA Unit 8150 President Janet Canaday spoke in opposition to the proposed WIC plan. Aside from the four full-time county employees who administer WIC, there are also four temporary employees and one part-time employee who provide the service, Canaday said.

"The news was devastating to all these employees," she said.

Canaday said the potential transfer of WIC has been moving quickly. "The union was blindsided," she said.

The union will be meeting with county officials for contract negotiations on June 17, Canaday said. The union asked the committee to table a decision on moving the proposal to transfer WIC to Open Door and not move on the matter until after June 17, she said.

One of the county employees who would lose their job is a nutritionist who would not be able to find a job elsewhere in county government, Canaday said.

County Attorney Jennifer Bumgarner said the state Department of Health has

expressed support for the proposal to move WIC to Open Door. The number of persons receiving WIC in Putnam has been decreasing and the amount of the state grant for the fifth year of the contract would be based in part on the number of residents who are participating this year, she said.

Open Door Family Medical Center and Foundation President and CEO Lindsay Farrell said Open Door has been operating in Brewster since 2013. "We operated the WIC program for decades" at its other locations, Farrell said.

Because Open Door works with pregnant women, it gets them enrolled in WIC if eligible at three Westchester locations, Farrell said. "That handoff is really important," she said.

Open Door provides several services including prenatal and pediatric care, Farrell said.

Montgomery told Farrell that her concerns about transferring WIC was not a criticism of Open Door, which she was impressed with when she recently visited their Brewster location for a conference. "This is a great facility," Montgomery said.

The committee voted to delay taking action on the proposal and the discussion will continue at its June meeting.

## Brewster Widow Fights for Late Husband's Benefits

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For her, the frustration grew until Harckham got involved. The bill passed the senate last week, which was a major step forward for Lynch.

Harckham said in a statement no family

should have to go through what the Lynch family has faced.

"Because of his brief, fatal illness, his family has been denied the pension he worked hard to earn and this bill will right that wrong," Harckham said in a statement. "It's outrageous that this family

had to endure this trauma on top of the death of their loved one."

Now the bill goes to the assembly, which has less than four weeks before the legislative session comes to an end. Assemblyman Kevin Byrne, who represents the district Judy resides in, said his office is doing everything it can to pass the legislation and ensure the Lynch family receives the benefits they are entitled to.

"What the Lynch family, specifically Mrs. Lynch, has gone through should be unacceptable in our state," Byrne said in a statement. "I will continue to have conversations with my fellow Assembly colleagues, as well as any other state agency representatives necessary, to help make this legislation a reality."

James, who worked on ensuring school buses were safe for the road, loved his job and was devoted to it, Judy said. When the state DOT changed some policies that James felt would possibly make school buses unsafe, it infuriated him. Another time, he found a defect in new buses that eventually resulted in them being sent back to the manufacturer before the vehicles could be put on line.

"He was all about his job," Judy said,

His supervisor at the DOT lauded James as a valuable employee and even wrote a letter in support of Judy seeking his pension after his death.

James and Judy met in 1979 and had an on-again, off-again romance for the next 30 years before they married in 2010. He lived in Lake Peekskill for most of his life and Judy was in Brewster. When they married, they lived in Brewster together.

Judy described James as "sweet, gentle man" who loved sailing. He taught himself and sailed on the Hudson River all the time. The couple planned to retire to Oriental, N.C., which is the sailing capitol of the state.

They bought a house in 2011 and every time they would go down there, Judy encouraged James to sail. He told her he would once he retired but never got a single day on the water down there.

With this legislation passing the state senate and moving toward the assembly, Judy has never been more hopeful. She would like to work with Harckham's office in the future so other families in this position don't deal with the frustration she's dealt with.

She's sure other spouses and other families have dealt with this and simply didn't have the stamina to continue fighting. But she has and now there is a chance it'll pay off.

"The hardest part about this is he worked toward his retirement," she said. "It's been a long, hard fight... nobody should have to go through this."

## Farmers Market Returns to Putnam Hospital Center

The Putnam Hospital Center Farmers Market returns this year on June 6, offering a bigger selection of fresh, affordable produce to the community. The seasonal market is open to the public from 10 a.m. to 3 p.m. every Thursday through October on the hospital campus. The market is located around the flagpole near the front entrance to the hospital. Six local vendors will sell a bounty of fruits, vegetables, meats, cheeses, breads, eggs, truffle products, home baked goods and handmade soaps. Vendors include Do Re Me Farms, West Cork Farm, General Cochran Farm, Sharamel, Nelson Truffles and Mind, Body & Bath. "We are so pleased to bring fresh produce and specialty items from the region's local farms to our community," Putnam Hospital Center President Peter Kelly said. "This is a wonderful opportunity for the residents of Putnam County and beyond to visit our campus and have access to wholesome and nutritious food." The farmers market, one of only a handful in Putnam County, is meant to encourage healthy eating habits and the prevention of chronic diseases. The farmers market will offer nutritional tips, recipes and demonstrations throughout the season. For more information, please contact Public and Community Affairs Manager Marcela Rojas at mrojas1@health-quest.org or 845-230-4773 (TTY 800-421-1220).



# Mahopac Woman to Pilgrimage in Fight Against Alzheimer's

By David Propper

With her father most certainly on her mind, Mahopac resident Karen Ganis will be hiking this June to raise awareness for a disease that strips the brain of memories and continues to affect million of families all over the world.

Ganis' father died from Alzheimer's more than 20 years ago and since then, she has made it a personal mission to help raise awareness and funds for a disease that is the most common cause of dementia. Ganis, along with a group of 15 other people, will be traveling to Sicily to walk on foot from Palermo to Agrigento, which is 115 miles. Many historians believe Agrigento was the birthplace of healthcare so Ganis and other advocates believe making the trek there to combat Alzheimer's and Parkinson's makes sense. The trip will begin June 21.

She's traveling with a group called the Temple Project, which consists of people from all over the world. She hopes to raise at least \$10,000 and plans to shoot a short video of herself on the trail in honor of different people each day.

Ganis has long been involved in the Alzheimer's Association Hudson Valley Chapter and has been an advocate for about 20 years soon after she lost her father to the insidious disease. She participates and helps plans events to raise money in hopes of finding a cure.



Mahopac resident Karen Ganis and her late father, who died from Alzheimer's Disease.

PROVIDED PHOTO

Ganis said no terminal illness is fun and each has its own heartbreaking consequences. But there is a different type of agony when a person is diagnosed with a neurological disease like Alzheimer's. Ganis said her mother died from cancer

and while that was difficult, at least the two had time to recollect and talk to each other before she passed.

"We got to say goodbye to each other and that's a beautiful gift that is completely stripped away from somebody and the

family dealing with Alzheimer's because they are gone in mind long before they are gone in body," she said.

Ganis' father died May 1999, but his personality was long gone before that. She could not talk to him about how he wanted to die and other arrangement once he had died, which Ganis called "excruciating." Several other family members of Ganis have been affected by Alzheimer's, as well, which makes her battle even more personal.

"So there was no goodbye," Ganis said, adding her father felt he was surrounded by strangers, even though it was family, near the end of his life. "That's why I do what I do."

As an advocate, Ganis said there are different ways she makes her voice heard. She'll lobby elected officials to make funding available for Alzheimer's and seek donations that would go toward research and support groups. She's also done public speaking and participates in events like the Alzheimer's Association's annual walk.

Hiking is something new for Ganis. She recently bought hiking boots and has been training before her trip abroad in a few weeks. She knows it'll be "hilly and hot" but also worth it.

"It's really becoming, if not already, an epidemic," Ganis said of Alzheimer's. "We need to do something about it."

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# Entergy Contends Two Pending Bills on Indian Pt. Could Delay Decommissioning

By Rick Pezzullo

Two bills have been introduced in the State Legislature to help ensure current union workers at Indian Point are retained after the plants close and allow spent fuel rods stored on the site to be taxed as real property.

The proposed legislation by State Senator Peter Harckham (D/New Castle) and Assemblywoman Sandy Galef (D/Ossining) was announced during a press conference last week in Peekskill at the headquarters of Local Union 21 Plumbers and Steamfitters HVACA Technicians.

"Since the day I took office in January, the Indian Point closure has been one of my top priorities. My goals are to retain jobs, protect workers, assure safety and help the local economy," Harckham said.



PROVIDED PHOTO

NYS Sen. Peter Harckham at last week's press conference concerning Indian Point.

*'Preparing for Indian Point's closure has not been easy, and we all feel the economic uncertainty that comes with it.'*

*NYS Assemblywoman  
Sandy Galef*

"The two bills we are announcing today, are designed to mitigate the significant economic impact the decommissioning will have on our local communities, small businesses and Indian Point workers. We'll continue to do everything in our power to assist the people and communities impacted."

"These two bills promise to protect the workers and taxpayers of our community," Galef said. "Preparing for Indian Point's closure has not been easy, and we all feel the economic uncertainty that comes with it. However, Senator Harckham and I are here today to make a commitment to

the residents of Cortlandt and Buchanan, and the Hendrick Hudson School District that we are here for you, and we will continue to look for innovative measures to protect this community no matter what the future holds."

In January 2017, Entergy, which purchased the Indian Point nuclear power plants in Buchanan more than 16 years ago, announced, to the complete surprise of local leaders, its plan for the early and orderly shutdown of the Indian Point Energy Center by April 30, 2021 as part of a settlement with New York State and Riverkeeper.

Approximately 1,100 workers are employed at Indian Point. The bill submitted by Harckham would prevent a decommissioning company from coming in and displacing the existing workforce and replacing them with unskilled, non-union, low-wage out-of-towners.

"It's imperative to keep Local skilled labor employed for the safe shutdown and decommissioning process," said Thomas Carey, Westchester/Putnam County Central Labor Body AFL/CIO President. "Who better than the current workforce that has all the necessary training and experience with knowledge of the daily operations. This legislation will protect the current and future workforce and make sure there will be a level playing

*'The two bills we are announcing today, are designed to mitigate the significant economic impact the decommissioning will have on our local communities, small businesses and Indian Point workers.'* - NYS Sen. Peter Harckham

field for everyone."

However, Jerry Nappi, a spokesman for Entergy, said the legislation could adversely affect the timeline and delay decommissioning at Indian Point.

"Entergy has committed to find positions for any employee who wants to stay with the company and is willing to relocate. Our employees are well-compensated with typical salaries over \$100,000. It is not clear to us that these proposals are needed or necessary," Nappi said. "The existing PILOT agreement with local governments and the school district remains in effect past the shutdown in 2021."

The second bill spearheaded by Galef would give municipalities the ability to place a tax assessment on spent fuel rods, including fuel stored in pools or dry cask storage. Since there is no place to bring the fuel rods, Buchanan Mayor Theresa Knickerbocker said the village becomes "a defacto storage facility."

"This is not all about money. This is about what's fair for the community," Knickerbocker said. "If fuel is going to stay there, we should be compensated."

Harckham and Galef said they were hopeful both bills could be approved in the Senate and Assembly before the current legislative session ends in June.

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# PV Girl Scouts Kick Off Community Garden

By Brendan Dyer

Cadettes from the Girl Scout Troop 2177 started planting a community garden in partnership with the Putnam Valley Parks and Recreation Department last week in hopes of sprucing up a newly acquired town campground.

The garden will consist of three raised garden beds themed around local and national Girl Scout history as the town begins shaping the John V. Mara property it purchased last year.

Lisa Kroohs, Director of Childcare Services, and Craig Cotone, Recreation Assistant, helped the troop decide on the type of garden beds to use. Along with help from Rebecca Ligrani, the Environmental Horticulture and Natural Resources Community Educator from the Cornell Cooperative Extension of Putnam County, the troop planned an efficient variety of plants that provide nutritional and ecological value.

The troop is most excited about a garden bed filled with plants known as the "Three Sisters."

This combination of plants, corn, beans, and squash are said to have an ecological balance and work together to grow efficiently. They're also the three main crops of various Native American groups.

Ligrani said the combination is efficient

because the beans grow around the corn stalks while the squash protects the soil and roots by shading out weeds. The girls of troop 2177 and their leader, Bethany Sposato, liked the combination because comparable to the Three Sisters crops, they're a sisterhood.

This project will contribute to the troops progression toward the Silver Award, the prestigious milestone that comes before the Gold Award. This award challenges them to make a permanent change in their community.

When they're finished planting, Troop 2177 will maintain the garden through June, then day campers at the new facility will take over in July.

The troop worked diligently leading up to planting day by building the wooden garden beds, filling them with topsoil, and enriching the soil with natural resources. Curt's Homestead Floral Designs and Plant Shop on Oregon Road in Cortlandt helped the girls pick plants and assisted in acquisition.

Sposato says she hopes the project will help work toward implementing a community garden at the new day camp facility on Brookhill Road. The 161-acre property is an area of forest along Peekskill Hollow Creek just east of Putnam Valley Town Park.

BRENDAN DYER PHOTOS



RAY GALLAGHER PHOTO

## Carmel Couple Caught Defrauding Towing Customers

By David Propper

A Carmel couple accused of scheming against car owners dealing with broken down vehicles were picked up by authorities last week as they face a slew of charges stemming from fraudulent business practices.

Frank Inzano, 47, and Shannon Inzano, 42, both of Carmel, were arrested on May 21 for attempted criminal possession of a weapon in the 2nd degree, a class C felony, grand larceny in the 3rd degree, a class D felony, offer to file a false instrument in the 1st degree, and criminal tax fraud in the 4th degree, both E felonies, according to the New York State Police. The couple were the former owners of Top Notch Towing, which, if the charges are true,

didn't live up to its namesake.

The state police, working with the Putnam County District Attorney's Office, the state Department of Transportation and the state Department of Taxation investigated Top Notch Towing, based in Mahopac, after a complaint was received regarding the Inzano's charging customers an exorbitant fee, according to state police.

The investigation revealed the Inzano's stole more than \$50,000 using fraudulent billings practices, possessed five handguns illegally and committed tax fraud, according to authorities.

The Inzano's were arraigned in Carmel Justice Court and released on their own recognizance to reappear on June 24.



# Finding Number 1500 at Sing Sing Prison in Ossining

By James Miranda

Gavin Caruthers stared at a blank Google search page on his office computer screen wondering how to find someone he'd never meet and only knew through words: the author of the book "Life in Sing Sing."

It was hard enough that the author wrote the book about Ossining's Sing Sing Correctional Facility anonymously dubbing himself as Number 1500, but it was written a century ago in 1904 and he left little identification hints. Caruthers spent most of his life in the publishing business and read the book in early 2018 while scouting for books to republish through his business HVA Press, which specializes in bringing back books that mostly haven't been in print for over 100 years in the immediate Hudson Valley and New Jersey area.

He was keen, however, to taking a shot at uncovering who Number 1500 was.

"I'm always on the hunt and always looking for the next book to publish, so [Life in] Sing Sing was just one of those books that, obviously, just the title will grab you," said Caruthers, who republished the book in February 2019. "He has chapters on things like diet, discipline, corruption, prison labor, famous prisoners and escapes, and there's a glossary of slang. It's very hard to find anything that will tell you what it was like in prison in America [back then]."

The 276-page book propagates a second agenda focusing on rehabilitation and whether or not it works. Caruthers felt it was the perfect time to republish the book due to the signing of the First Step Act on Dec. 21, 2018, which is a prison reform bill that aids newly released convicts and



PROVIDED PHOTOS

Document from the 1880 US Census (left) that confirmed White's occupation as a clerk just like how Number 1500 claimed he was. Document from the 1900 US Census shows that White changed his occupation to journalist probably because he founded the prison newspaper the Star of Hope.

prepares them to re-enter society and succeed.

But the only clues Number 1500 left behind were that he was incarcerated on Feb. 11, 1897, sentenced to 10 years but only served exactly six and half years, his previous occupation was a clerk, and launched a convict-written newspaper called the Star of Hope.

Another question for Caruthers was how to discover who the author was. He employed Bonnie Caruthers, his sister, because she's the keeper of the Caruthers family tree and was familiar with research of this kind. Gavin Caruthers had acquired a link from the Lloyd Sealy Library at John Jay College of Criminal Justice that served as a starting point for his sister.

Through multiple sources like the National Archives and Ancestry.com, Bonnie Caruthers recovered official 1880

and 1900 US Census papers and Sing Sing admissions documents that identified two men who were incarcerated on Feb. 11, 1897: Edward Rice and Henry Kirke White.

The 1880 census document revealed White's occupation was a clerk and the Sing Sing admissions book showed that he was arrested for forgery in 1897 and sentenced to 10 years in prison. His sentence, however, was commuted—when the punishment for a crime is reduced—in 1903 by three years and six months equaling a six and a half year-sentence just as Number 1500 had hinted to.

In addition, the 1990 census record, which occurred while White was in prison, also showed he changed his occupation to a journalist further supporting the hint that he was a founder of the Star of Hope.

The fact that these instances in White's

life aligned with that of the hints left behind pretty much cemented Number 1500 and White as the same person.

"Right from the beginning it just seems to make sense between the way he wrote, what he wrote, and what he did," said Bonnie Caruthers, who encountered a block with Rice to know it wasn't him. "[Gavin] got me started with the admission date and how long he was sentenced for, which was enough. All the in between was just confirming the consistency of his parents, his family, and him. We're pretty convinced it's this guy."

Both Caruthers siblings believe it's completely plausible Number 1500 is someone else, but with the evidence provided they're pretty sure. Bonnie Caruthers continued to investigate White's life going as far to discover his Wisconsin roots, parents, and his wife.

They were unable to find any living relatives of White and aren't searching currently. Bonnie Caruthers certainly thinks somewhere down the line she'll search again to really "firm up" the discovery.

"He had siblings who all had children and at some point, I may try to get a hold of one of his great nieces or nephews or whatever it would be," Bonnie Caruthers said. "I just feel like I want to find the end for [White]. Even if they don't know their great, great grandfather's story. Not really obligatory it's just interesting. You kind of build a relationship with somebody when you do this kind of research."

Life in Sing Sing: Inside New York's Most Infamous Prison 100 Years Ago is available wherever books are sold such as Barnes and Nobles and Amazon as well as through the official HVA Press website.

## Fighting Youth Hunger on Putnam Legislature's Radar

By David Propper

Putnam County legislators want to combat hunger.

To ensure children across Putnam don't go hungry when they're not in school, lawmakers discussed starting up the Backpack program last week during a health committee meeting.

The program, run by Feeding America, provides children with easy-to-prepare food so they have enough to eat over the weekends and other days off from school. Items are discreetly put into a child's backpack by volunteers so they aren't judged by other classmates. The idea is being spearheaded by Legislator Toni Addonizio, who heard about the program several years ago from her daughter, who is a teacher.

"It would be a wonderful idea for Putnam County," Addonizio said.

Cornell Cooperative Extension executive director Stefanie Hubert said with the demographics changing in

the county, the program would be an important resource for students. She said in the Brewster school system, about 30 percent of students are eligible for free or reduced lunch. Throughout all of Putnam, about 15 percent of youth deal with food insecurity as of 2017, Hubert said.

Programs like Backpack exists so students are still able to eat over vacations and weekends, Hubert said.

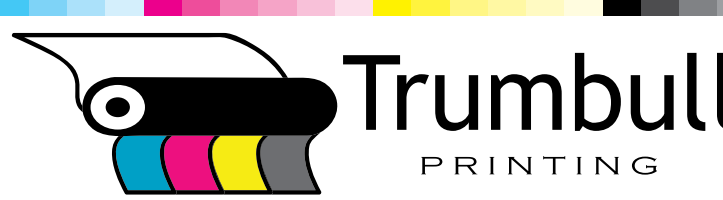
Speaking with school superintendents, Addonizio said they were receptive to the idea. Students that need to accrue volunteer hours could help pack book bags, Addonizio said the school chiefs told her. A meeting with every school superintendent will be held at a later date.

The program would not tap into taxpayer money, but instead funding would come from donations and sponsors, Addonizio said, with local food pantries involved. School districts can apply for grants, as well.

Legislator Ginny Nacerino, who works for the Brewster school system, said people in the county typically step up when others in the community are in need of help, and she'd expect the same in this case. Legislator Nancy Montgomery

said she thinks the legislature should send a letter of support that schools systems can use when grants are applied for.

"A little bit of outreach and we certainly can go a long way," Hubert said. "It is a need that needs to be addressed."



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**Business  
of the Week**

# Yorktown Assisted Living Residence Cortlandt

By Neal Rentz

The campus located on Catherine Street in Cortlandt has served local residents for many decades. A portion of the property is now the site of the Yorktown Assisted Living Residence.

Southeast resident Diana Penna, the administrator of the assisted living facility, noted last week that it is the former site of FIELDHOME and had been a FIELDHOME campus since the 1880's. Yorktown Assisted Living is housed in the building that formerly housed the Seabury at FIELDHOME, she noted. The current owners changed the name in April 2018.

There are two programs offered at the facility. "We have assisted living for people who are independent but need custodial care. They need assistance with their medication. They might need some help bathing or dressing or just maybe need some oversight," Penna said.

"We also have 40 apartments for people who have dementia, cognitive impairment, some type of cognitive illness," continued Penna, adding the memory care program is for people with special needs.

The assisted living program is like living in a condominium, Penna said. "Except if



NEAL RENTZ PHOTO  
The fireplace in the lobby of the Yorktown Assisted Living Residence in Cortlandt.

you have an issue there's a call bell in your apartment," she said. "An LPN (licensed practical nurse) or a home health aide will respond to you and get you whatever assistance you need."

The residents' monthly fee includes the cost of Internet service, Direct TV, telephone service, three meals a

day, laundry, housekeeping, and transportation for shopping and doctors' visits, Penna said. Some assisted living residents own cars.

Restaurant-style dining is provided for assisted living residents in a dining room, Penna said.

Assisted living residents have a council that decides what field trips they want to take.

Some of the past trips have included outings to the Empire City Casino in Yonkers, Lake Mahopac for lunch and Yankee Stadium. The council also advocates which recreational programs are offered in the assisted living facility itself, she said.

"Memory care is more hands-on,"

Penna said. People living in the memory care portion of the facility need help with dressing and bathing, for example, she said. "Nobody can get off the unit unescorted," she said. A wandering garden the size of a football field is on site to allow memory care residents to go in and out of.

Memory care residents have their meals served family style with staff invited to eat with them, Penna said.

Activity therapists are assigned to work with the memory care residents. "They do activities that are geared toward different levels of cognitive impairment," Penna said. Programs are offered to memory care residents usually every 45 to 60 minutes, she said. "Some people do it all. Some choose and do one or two," she said.

Penna credited the work of the staff at the assisted living and memory care sites. "We have some people who have been with us for 15 years," she said. "You have a dedicated group of people who work here who are really very, very caring and become part of the residents' family."

Yorktown Assisted Living Residence is located at 2276 Catherine St. in Cortlandt. For more information, call 914-737-2255, visit <https://yorktownal.com/> or send an e-mail to [nfo@yorktownal.com](mailto:nfo@yorktownal.com).

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## Obituaries

### Blanche L. Gagnon

Blanche L. Gagnon of Brewster, died on May 20, peacefully with her family by her side. Her journey of 101 years has touched the hearts and souls of many. Blanche will be remembered by her beauty, strength, elegance and most of all her pleasant spirit. Blanche was born on Aug. 1, 1917 in Salem, Massachusetts to Joseph and Mathilda Landry. In her teen years, her family set out for a big adventure and moved to the New York City. There in a New York State of mind, she met the love of her life Gerard (Jerry) Gagnon. They married on September 22, 1940. Gerard sadly passed away on March 12, 1975, and since that day a piece of her heart was taken to heaven. Her greatest passion in life was her family. She always found the energy to be the best teacher, nurse and nurturer. Blanche was truly an angel sent by God to bless their lives. She was the best testament to what living a life full of love and family truly means. Her unconditional love and kind spirit is what have made her family their hero. Now Blanche is at home, free and reunited with her beloved husband, parents, siblings and loved ones. She has left a lasting legacy with her family that they will forever treasure in her hearts. Life will not be the same without her presence. Blanche is survived by her 3 loving sons, Jerry, Norman, and Dennis. Her daughter in-laws Maria, Bette and Cindy. Grandchildren Paul, Debbie, Steven, Nicole, Jeffrey, Rachel, Felicia and their spouses and 15 great grandchildren and many other family members. Visiting hours will be on June 10th from 4 to 8 PM at Beecher Funeral Home, 1 Putnam Ave in Brewster. A mass will be celebrated on June 11, at St. Lawrence O'Toole Church in Brewster, at 10 a.m. The burial will follow at Holy Mount Cemetery in Eastchester. "Death leaves a heartache, no one can heal, love leaves a memory no one can steal."

### Maria Rendina

Maria Rendina, age 95 of Carmel, was called home to the Lord on May 23, after a long and blessed life. She passed peacefully in the loving embrace of her family. Born August 9, 1923 in Ateleta, Italy to the late Antonia and Felice Scullo. She would immigrate to the United States on her own before returning to Italy where she would marry the love of her life Severino Rendina and together they would come back to the United States and settle in West Harrison. Maria was a great cook and truly enjoyed feeding and taking care of her family. She was a dedicated Catholic and practiced her faith daily. She prayed the Rosary and The Divine Mercy Daily and prayed for everyone in the family as well as friends and people she would meet. She felt strongly that

her prayers could help everyone she loved as well as the world. Maria loved to sit in her favorite chair and watch Mass on ETWN and was truly devoted to God. For her devotion she was gifted a beautiful, long and blessed life. She believed all good things came from God, especially her greatest blessing and gift from God, her family. She was a patient and kind mother to her loving daughter Raffelina and son in law Joseph, whom she adored. Maria's heart was overjoyed at becoming a grandmother; she passed on her Italian heritage family recipes and a lot of love to her two beautiful granddaughters Nicole and Cara. Her family will miss her dearly but will continue to respect her faith and love her dearly. She is survived by her daughter Raffelina "Rae" Aruilio and her son in law Joseph of Carmel NY, she is also survived by her precious grandchildren her granddaughter Cara Aruilio, granddaughter Nicole Aruilio Giardina and her grandson in law Eric Giardina. She is predeceased by the love of her life Severino Rendina (2007), her loving Son Leo Rendina (1968) and her respected siblings Girardo Scullo, Edmundo Scullo, Doralda Le Donne and Elmerlinda Cercione. A visitation will be held on Thursday May 30, 2019 between the hours of 4pm to 8pm at Cargain Funeral Homes Inc. 10 Fowler Ave. Carmel, NY 10512. A Mass of Christian Burial will take place on Friday May 31, 2019 at 10:30am at St. James the Apostle Church 14 Gleneida Ave. Carmel. Following Mass Maria will be entombed at Ferncliff Mausoleum in Hartsdale.

### Ryan T. McKeown

It is with heavy hearts that the family of Ryan T. McKeown, age 26, of Mahopac, announces his unexpected passing on May 23. Ryan was born October 18, 1992 to Joyce (Cluen) and Terence McKeown. They were blessed with Ryan and his sister Kelly. Ryan was known to many for his larger than life personality. He had a wonderful heart, a fantastic sense of humor, and the spirit of a giver. In his final act of selflessness and kindness, and in keeping with his giving spirit, it was decided that Ryan would donate the gift of life, allowing his organs to restore life's promises for many families. Ryan is survived by his devoted mother, Joyce and his beloved father, Terence. As well, he is survived by his loving sister Kelly and his extended family; step mom Kimberly and his brothers Michael and T.J as well many friends. Ryan will be greatly missed by all who knew and loved him and to know Ryan, was to love him. A visitation will be held on Tuesday May 28, 2019 between the hours of 4pm to 8pm at Cargain Funeral Homes Inc. 418 Route 6 (GPS US 6) Mahopac, NY. A Funeral Service will take place

on Wednesday May 24, 2019 at First Presbyterian Church in Mahopac, NY at 10am. Following the service interment will be private. In lieu of flowers the family has asked that donations be made to LiveOnNY (a nonprofit organization committed to helping New York live on through organ and tissue donation) & Shatterproof (a national nonprofit organization dedicated to ending the devastation addiction causes families) in Ryan's honor.

### Salvatore J. Anania

Salvatore J. Anania, a longtime resident of Crompond, died on Friday, May 24, at the age of 70. He was born in New York City on January 2, 1949, the son of Salvatore and Vita (Pellorito) Anania. Salvatore was an auto mechanic and was the owner of Dyna-Hydra Service in Cortlandt Manor. After selling the business in the late 1990's, he worked as a mechanic for FDNY in Long Island City, Queens, retiring after 10 years of service. Salvatore enjoyed music, especially jazz, riding his motorcycle and day-trading in the stock market. Most of all, he enjoyed spending time with his beloved grandsons, Andrew and Adam. He is survived by his loving son, Andrew and his wife, Amy of Mahopac and their sons, Andrew and Adam, his companion, Ellie Treanor, his niece, Mary Perugini and her husband Danny and his nephew, Joseph Anania and his wife Margaret as well as his former wife, Carol Anania. He was predeceased by his brothers, Joseph and Vincent. Visiting will be held on Tuesday, May 28, from 4 p.m.-8 p.m. at Joseph J. Smith Funeral Home. A Funeral Mass will be celebrated on Wednesday, May 29 at 10 a.m. at St. John the Evangelist Church in Mahopac with interment to follow at St. Raymond's Cemetery in the Bronx. Family and friends are making donations in memory of Salvatore to Calvary Hospital, 1740 Eastchester Rd., Bronx, NY 10461.

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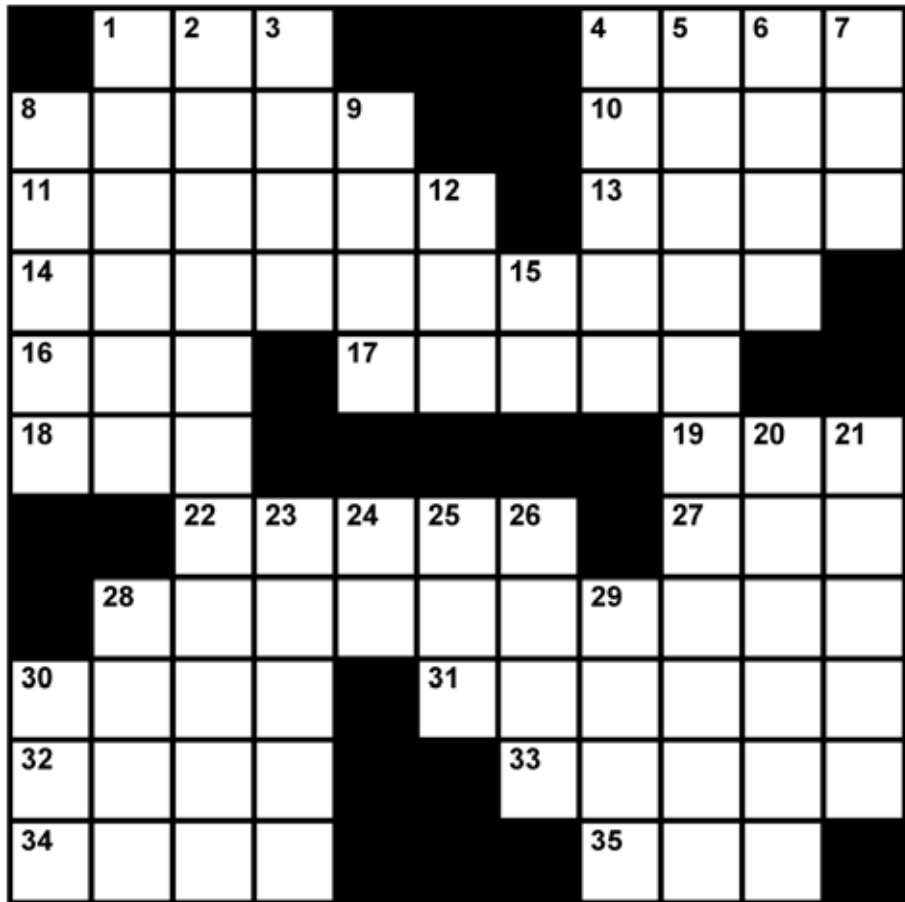
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Crossword Puzzle



Crossword by Myles Mellor

Answers on page 13

- Across
1. Lincoln, in N.Y.C.

4. Gait faster than a walk

8. 2010 Super Bowl MVP

10. Canal sites

11. Make bubbly

13. Ailing

14. Dodger catcher Roy or Mahopac fencing company

16. Evidence collectors

17. Smooth over

18. Asian capital

19. Frequently

22. Grace, of Will and Grace

27. According to .....

28. Handyman's essential

30. Salon creation

31. Summer cooler

32. Drive away

33. Long stories

34. Chinese secret society

35. Summer wear
6. Marine menace

7. "For shame!"

8. Tobacco in slang

9. A heavenly body

12. Helm heading

15. Friendly alien

20. Winter wear

21. Skater Lipinski and others

23. Dashboard control

24. Old record

25. Samuel's teacher, in the Bible

26. Derby event

28. Manhattan neighborhood

29. Part of U.S.D.A., abbr.

30. Austin time



Law Book: The Perils and Pitfalls of Owning a Co-Op

By Salvatore M. Di Costanzo

We have all heard a horror story or two about co-op ownership. These stories usually arise out of actions or inactions taken by the Board of Directors ("Board"). For instance, a Board might implement a policy requiring a percentage of the floor to be carpeted. Some Boards have reputations of rejecting applicants who desire to purchase a unit without a satisfactory explanation. Unknown to many, however, are the dire consequences that follow when a Board does not allow one to transfer their co-op to a trust.

Assume for a moment that you require long-term care, whether home care or nursing home care, and that you apply for Medicaid to cover the cost of your care. Further assume that you own a co-op as your primary residence. For Medicaid eligibility purposes, your primary residence is considered an exempt asset. That means that Medicaid cannot force you to sell your co-op or count the value of your co-op when determining eligibility. Moreover, unlike a house, which is considered real property, the law does not allow Medicaid to place a lien against your co-op. Medicaid can, however, file a claim against your estate upon your death in order to recoup any benefits paid on your behalf. But Medicaid can only file a claim against your "probate estate."

Your probate estate consists of assets



Salvatore M. Di Costanzo

in your individual name (no beneficiary or joint owner) that pass under the terms of your Last Will and Testament. By way of example, if you own a co-op in your individual name and your Last Will and Testament leaves your co-op to your children, your probate estate includes your co-op. Whoever you have nominated

to act as your Executor must probate your Will by going through a process in the Surrogate's Court. Once that process is commenced, Medicaid might file their claim, which could exceed the value of your co-op.

In recent years, Medicaid has become more aggressive in pursuing estate recoveries, thereby causing elder law attorneys to implement techniques to avoid estate recovery. A common technique is to transfer the co-op to a trust since assets in trusts do not have to go through probate. Thus, by using a trust, you avoid probate, and by avoiding probate, there is no probate estate. Thus, you have defeated any Medicaid claim.

Enter stage right – the co-op Board. If you own a co-op in the geographic area that that this article reaches, there is a 50% chance that your Board does not allow transfers to trusts. This policy is detrimental to your estate and long-term care planning because, as noted above, it could result in the loss of your co-op after your death. Sadly, many Boards who do not allow transfers to trusts simply do so out of lack of understanding. In fact, I have had the opportunity to present to several Boards at their monthly meetings and after doing so, Boards have agreed to allow such transfers.

If you already own a co-op, it is important that you implement proper

estate planning using trusts and other documents to preserve your estate if you fall ill. Prior to drafting a trust, you will need to find out if your Board allows transfers to trusts.

If you are someone who is looking to downsize and a co-op is within your sights, I hope this article brings insight into your decision-making process. You MUST find out if the Board allows transfers to trusts prior to entering into a contract to purchase the co-op. If you ignore this article, and the Board does not allow transfers, you may lose the value of your co-op.

Salvatore M. Di Costanzo is a partner with the firm of Maker, Fragale & Di Costanzo, LLP located in Rye, New York, and Yorktown Heights, New York. Mr. Di Costanzo is an attorney and accountant whose main area of practice is elder law and special needs planning. He is a member of the National Academy of Elder Law Attorneys and a frequent author and lecturer on current elder law and special needs topics. Since 2013, Mr. Di Costanzo has been selected each year by the rating service, Super Lawyers as a New York Metro leading elder law attorney. He can be reached at (914) 925-1010 or via e-mail at [smd@mfd-law.com](mailto:smd@mfd-law.com). Visit his practice specific website at [www.plantodayfortomorrow.com](http://www.plantodayfortomorrow.com).

# The Most Practical Room in the House – the Kitchen Pantry

As I opened the door to my condo's kitchen pantry to grab a quick snack, it occurred to me that I've lived in homes and apartments that didn't feature a pantry and wondered how I ever managed without one.

As a kid, I distinctly remember how happy my mother was when she and my dad were able to purchase an older home that featured a "butler's pantry" which we hadn't had before. To me, it sounded like something that only a fancy home should have.

A pantry might be as small as a shelf in a cupboard or as large as a walk-in closet. It's where we keep the foods and supplies used most often. This also is where small appliances will most likely be used such as the toaster, kettle, mixer, juicer and coffee machine. In my case, I also squeeze in a dry mop standing to one side and a small canister vacuum cleaner on the floor under the bottom shelf.

Being naturally curious about the origin of things, I also wondered how the pantry came about. The history of kitchen storage is an interesting reflection of what was going on through the ages socially,



By Bill Primavera

economically and, today, architecturally.

The word pantry comes from the French word paneterie, a form of the word pain, which means bread. In medieval times, food and supplies were stored in specific rooms. Meats were kept in a larder, alcohol stored in a buttery and bread was placed in the pantry.

In Europe, traditionally, the butler's pantry was used to store silver, serving pieces and other kitchen-related items. Because of its value, silver was kept under lock and key with the butler actually sleeping in the pantry to guard against

theft.

In America, pantries evolved from "butteries," built in a cold north corner of a home, into a variety of pantries in self-sufficient farmsteads. A cold pantry was the place to keep foods that did not necessarily need to be refrigerated. Breads, pie, cheesecakes, pastries, eggs and butter were commonly kept in a cold pantry. Vegetables could be brought up from the root cellar and stored in the cold pantry until ready to use.

Prior to World War II, America's smaller

homes did not have closets, cabinets or pantries for food and kitchen storage. To fill the need for kitchen storage, the Hoosier cabinet, made by the Hoosier Manufacturing Co. in Indiana, was created in the early 1900s to be an all-in-one pantry for the new American home.

Most Hoosier cabinets were about six feet high, four feet wide and two feet deep, making it ideal for small kitchens. The cabinet was typically sold with built-in storage bins and containers for everyday items like flour, sugar, coffee, tea and household spices.

Hoosier cabinets today are found mostly on eBay. For those that don't have a pantry, there are tall pantry-type cabinets that go from floor to near the ceiling. These cabinets can store a lot of items, particularly if they are equipped with pull-out can racks, shelving on the back of the doors and built-in bins.

Whether a home features an elaborate pantry room or just designated shelves in kitchen cabinetry, there are now so many storage gadgets and devices that can make available space go much further. The lazy Susan helps with access to items that would normally be stored in the back of a shelf. Pull-out shelves accomplish the same goal. Bins can help keep loose items together and organized.

Because pantries can store some things that can be quite small, it can be enhanced with a few smaller containers or drawers for loose items. Also, there can be mini shelves or racks for spices that can be added to the back of the pantry door. Of course, pantries are good places for bulkier items, like paper towels and plastic storage containers.

In today's homes, butler's pantries can serve as an "in between" room located between the kitchen and dining room. Typically, you will also find countertop space to be used as staging areas for serving meals, as well as storage for tableware, serving pieces, table linens, candles, wine and other dining room articles. More elaborate versions may include refrigerators, sinks or even dishwashers.

If the kitchen is regarded as the heart of the house, then certainly the pantry is its blood supply.

Bill Primavera is a Realtor® associated with William Raveis Real Estate and founder of Primavera Public Relations, Inc., the longest running public relations agency in Westchester ([www.PrimaveraPR.com](http://www.PrimaveraPR.com)). His real estate site is [www.PrimaveraRealEstate.com](http://www.PrimaveraRealEstate.com), and his blog is [www.TheHomeGuru.com](http://www.TheHomeGuru.com). To engage the services of The Home Guru to market your home for sale, call 914-522-2076.

## Inspired by the Beauty and Bounty of Nature's Synergies



By Nick Antonaccio

If it grows together, it goes together.

We're moving into the height of the growing season here in the Hudson Valley. I visited the Pleasantville Farmers Market

this past weekend and was smitten with the array of farm-fresh produce, dairy products, organic meats and other culinary components that tantalized my home-chef's palate.

The spring offerings are especially appealing to me. Yes, in several weeks, beautiful tomatoes, zucchini, cucumbers and berries will be abundant at the market. But there is a special attraction to the market as we come out of the doldrums of late winter into the vibrancy of spring.

A cornucopia of greenery, be it lettuces, peas or asparagus or highly seasonal offerings such as ramps, spring garlic and fiddlehead ferns, provide inspiration after the profusion of flowering spring shrubs I admired on my short journey to the market.

Of course, my wine-centric mind immediately segued to the wines being offered. This week Fjord

Winery was featured in a stall next to its Hudson Valley neighbor, Neversink Farms. I began to focus on a theme for a meal.

If it grows together, it goes together.

My palate began to salivate as I meandered from stall to stall, picking up fresh greens along the way, staples for a spring garden salad to pair with a Fjord Rosé.

If it grows together, it goes together.

This farm- and vineyard-to-table practice has been evolving for millennia. Early man's trial-and-error approach to farming and winemaking became intertwined with the culture and traditions of societies across the globe. Ancient Egyptians, Greeks and Romans cultivated grapes and produced wine as an accompaniment to meals prepared from indigenous crops and local cattle, hogs and lamb.

The Romans developed and refined food culture in each land they conquered.

They sought to plant grapes that were compatible with local crops. These are the symbiotic practices that are sustained today.

When I travel abroad, I'm impressed with the seeming coincidental compatibility of

### You Heard It Through the Grapevine

certain food dishes with regional wines. How many of us have marveled at how well Chianti pairs with local tomato dishes or bistecca alla fiorentina in Tuscany? Or Barolo and Barbaresco wine

with the hearty game and fowl dishes of Piedmont? Or remember enjoying a light seafood meal in Provence with a locally produced Rosé?

None of these ethereal pairings are coincidental. They evolved over centuries of experimentation and refinement.

If it grows together, it goes together.

Here in the United States, we've come full circle in the last hundred years. Until the late 20th century the farm-to-table diet was common; as global trade evolved and modern transportation methods emerged, our palates expanded well beyond the local farm. The abundance of food ingredients grew exponentially and year-round availability of produce from across the globe became the standard. Fresh berries in the dead of winter? No problem. Cargo ships and planes delivered fresh South American strawberries to our doorsteps every day.

However, over the past 25 years our focus and sensibility has changed. Now, we seek out local foodstuffs whenever possible. We are supporting local farmers and winemakers, who are gaining a foothold in the marketplace – and the

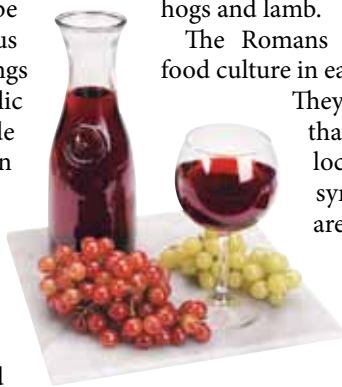
carbon footprint of their products is much smaller than that of imported food sources.

The United States is a mosaic of ethnic diversity – in our culture and our cuisine. Recently, winemakers have taken this diversity into the vineyards. Indigenous grape varieties of distant wine regions have been acclimated to the American terroir, retaining Old World charm but expressing themselves with a new freedom not found in their native lands.

Next week I'll explore this recent phenomenon as it has manifested itself in California and the American Northwest. California now grows many international food ingredients and produces wines from many international grapes. Local wines and food have become the new international standard for the farmlands of central and northern California.

In the meantime, I'll be heading to the Pleasantville Farmers Market this weekend for another experiment in pairing local food products and wine.

Nick Antonaccio is a 40-year Pleasantville resident. For over 25 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at [nantonaccio@theexaminernews.com](mailto:nantonaccio@theexaminernews.com) or on Twitter @sharingwine.





# Happenings

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Nikki Gallagher at [nikki@theexaminernews.com](mailto:nikki@theexaminernews.com)

## Thursday, May 30

**Requiem Project: Let's Talk About It:** 6 p.m. Need Help? For the final part of the Requiem Project series, Chess Cabrera will be hosting a self-help talk that will open the conversation about depression and anxiety. Ages 13 and up. For more information or to register, contact the Patterson Library at 845-878-6121 x10 or go to [www.pattersonlibrary.org](http://www.pattersonlibrary.org) and click Calendar.

**The Tri-State IBM Retirees Meeting:** United Methodist Church meeting hall, 1176 E Main St, Shrub Oak The scheduled speakers, Allison Jaffe and Alice Tseng, will cover lifestyle options for retirees to remain in their long-time home or move to a new home. Set up at 12:30 p.m.; coffee and light refreshments at 1pm; meeting begins at 1:30 p.m. Attendee count will be taken for the June 27 luncheon. Info: Peg Ryan 914-528-5916.

## Saturday, June 1

**First Burst Community Celebration Planned by Desmond-Fish Public Library:** Festivities are free and open to all and will run from 1 p.m. to 4 p.m. on Saturday, June 1. (Rain date is Sunday, June 2.) The First Burst is free and open to all. Food will be available for sale and there will be free ice cream for everyone who stops by. Enter the Library grounds at Meadow Lane and park in the field. For more information about any of the library's upcoming programs, please visit [www.desmondfishlibrary.org](http://www.desmondfishlibrary.org).

**Relay for Life of Mahopac.** Mahopac High School 421 Baldwin Place Rd. 11:30 p.m. Kickoff. [RFLofMahopac@cancer.org](mailto:RFLofMahopac@cancer.org). 845-440-2549

## Sunday, June 2

**Antique Appraisal Road Show:** 10 a.m.- 4 p.m. At the Brewster Elks Lodge, 1430 Route 22, Brewster. Astor Galleries presents an Antique Appraisal Road Show Event to benefit the Brewster Elks. Stephen Cardile long time appraiser and founder of Astor Galleries will be bringing a team

of recognized expert appraisers including Mara Dean (fine art appraiser), and Alex Salazar (fine art consultant) to Brewster. The experts will appraise all types of Antiques, Collectibles and Vintage Items. No appointments are made or necessary. Items will be appraised for just \$10 each (or \$25 for 3 items).

**Birds of Prey Day:** 10 a.m. - 4:30 p.m. Green Chimneys Brewster Campus 400 Doansburg Road, Brewster. A Day of Fun, Flight and Falconry! Celebrating 27 years of Green Chimneys' famous annual tradition dedicated to children, the environment and magnificent birds of prey. For more detailed information & to purchase tickets: <https://www.greenchimneys.org/news-events/event/birds-prey-day/>

## Tuesday, June 4

**Sybil Ludington, Patriot Hero of the Hudson Valley:** A talk by Vincent T. Daquino. 7 p.m. Mahopac Public Library The Reads at Reed Book Club: 7 p.m. "The Stars are Fire" by Anita Shreve. The meeting will be held at Reed Memorial Library, 1733 Route 6, Carmel. Contact 845-225-2439 with any questions.

## Wednesday, June 5

**The Friends of MPL Invite You to the Annual Meeting:** 6 p.m. Kindly contact Karen Kellogg at [mahopaclibraryfriends@gmail.com](mailto:mahopaclibraryfriends@gmail.com) with any questions.

## Thursday, June 6

**Koehler Center Computer Classes Genealogy/Basic Computer/Tablets/Phones:** 9:30 a.m. - 11 a.m. Registration is held at the William Koehler Senior Center, 180 Route 6 in Mahopac. In all, we offer 13 different computer classes. A free drop in session is offered every Friday afternoon from 12:30 - 2:30PM for help with phones and tablets. A description of the classes can be found at: [www.putnamrsvp.com/clc/](http://www.putnamrsvp.com/clc/) Registration must be in person. FMI, call Judy Kolt (845)-277-5422

## 2nd Annual Women's Business Conference:

WEDC (Women's Enterprise Development Center) and Putnam County SCORE are joining forces to present this full day comprised of professional development and networking designed for women at an affordable cost. The "Our New World Conference - Rise to the Challenge" 8:30 a.m. to 4 p.m., at Putnam County Golf Club 187 Hill Street, Mahopac. For registration and more information about this event, please check out our website at: [www.ONWConference.com](http://www.ONWConference.com).

## Friday, June 7

**Cold Spring First Fridays Are Blooming:** Special events to delight and entertain the community. Restaurant specials, wine and cheese tasting, gallery openings to mention a few. Come and shop Cold Spring Main Street. Look for the Orange Flags. First Friday, Cold Spring June 7- The Gift Hut will host Kat and Steven who will be performing Jazz tunes for you. Event starts at 5:30 p.m. until 7:30 p.m. Come enjoy the music. The Gift Hut 86 Main St Cold Spring.

**Hebrew Congregation of Somers Shabbat Service and Dinner:** Please join us for a Shabbat service at 6:30 p.m., followed by a potluck dinner. Hebrew Congregation of Somers is a small, informal and friendly synagogue affiliated with the Reconstructionist movement. First-year membership is free and includes High Holiday tickets. Email

[info@hebrewcongregationofsomers.org](mailto:info@hebrewcongregationofsomers.org) or call 914-248-9532 for more information

**Teen Paint Night:** 6 p.m. We'll be hosting a teen paint night event where you and your friends can come in and create your own version of a beautiful work of art! Snacks and drinks will be provided! For ages 13 to 18. For more information or to register, contact the Patterson Library at 845-878-6121 x10 or go to [www.pattersonlibrary.org](http://www.pattersonlibrary.org) and click Calendar.

## Saturday, June 8

**The Ladies Auxiliary is hosting a Nite at the Races:** Knights of Columbus, 10 Fair Street. Admission is \$10. Doors open 6 p.m. Watch the Belmont Stakes and Our Races begin at 7pm. Derby Contest. Hamburgers & Hotdogs for sale. Bring an Item for Putnam Humane Society for an Extra Door Prize Ticket. Questions email [Ladieskofc@gmail.com](mailto:Ladieskofc@gmail.com)

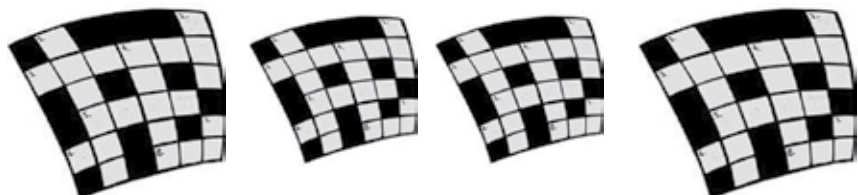
**Fine Garden Tour: Brewster Carmel Garden Club** will host a fine garden tour featuring the opportunity to visit and enjoy beautiful local gardens 10 a.m.-4 p.m. Tickets are \$20 in advance by mail to Brewster-Carmel Garden Club, PO Box 446, Brewster NY 10509 or in person at Salinger's Orchard, 230 Guinea Rd., Brewster. Day of event sales are \$25 at the Brewster Library 70 Main Street Brewster. Directories will be available for pick-up only on Saturday, June 8 at the library from 9:30 a.m. to 2 p.m.

# Crossword Answers

	1	C	2	T	3	R			4	T	5	R	6	O	7	T	
8	B	R	E	E	9	S			10	E	A	R	S				
11	A	E	R	A	T	12	E		13	S	I	C	K				
14	C	A	M	P	A	N	15	E	L	L	A						
16	C	S	I		17	R	E	T	A	R							
18	Y	E	N								19	O	20	F	21	T	
			22	A	23	D	24	L	25	E	26	R		27	A	L	A
		28	S	T	E	P	L	A	29	D	D	E	R				
30	C	O	I	F			31	I	C	E	T	E	A				
32	S	H	O	O				33	E	P	I	C	S				
34	T	O	N	G					35	T	E	E					

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### LEGAL NOTICES

**NOTICE OF FORMATION OF KESTELOO VENTURES, LLC.** Articles of Organization were filed with the SSNY on 4/5/19. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served and shall mail process to principal business address: **1501 Half Moon Bay Drive, Croton on Hudson, NY 10520. Purpose: Internet Marketing.**

**NOTICE OF FORMATION OF INSPIRED BY JESUS LLC.** Articles of Organization were filed with the SSNY on 3/19/19. Office location is Westches-

ter County. SSNY designated as agent of LLC upon whom process against it may be served and shall mail process to principal business address: **111 North Road, White Plains, NY 10603. Purpose: Any lawful purpose.**

**NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY LLC. THE NAME OF THE LLC IS MARY DARRAGH MACLEAN LLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) office on 4/16/2019. The County in which the office is to be located is Westchester. The SSNY is designated as agent of the LLC upon whom process against it may be served. The address to which the SSNY shall mail copy of any process against the LLC is: **Northwest Registered Agent 90 State Street, Ste 700 Office 40 Albany NY 12207. Purpose: any lawful purpose.**

**NOTICE OF FORMATION OF ORAINE PHOTOGRAPHY, LLC.** Articles of Organization were filed with the SSNY on 3/6/2019. Office location is

Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to **Oraine Photography, LLC, 406 Homestead Ave, Mount Vernon, NY 10553. Purpose: Any lawful act or activity.**

**FORMATION OF ELMSFORD CHICKEN, LLC** filed with the Secy. of State of NY (SSNY) on 4/10/19. Office loc.: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. The address SSNY shall mail process to **Ashish Parikh, 100 Menlo Park Mall, Ste. 500, Edison, NJ 08837. Purpose: Any lawful activity.**


**APPLICATION FOR AUTHORITY OF THE TAILORY, LLC** filed with the Secy. of State of NY (SSNY) on 3/25/19. Formed in PA 2/18/14. Office loc.: Westchester County. SSNY is designated as agent of LLC on whom process against it may be served. The address SSNY shall mail copy of process to Anthony Lopes, 3901A Main St., Ste. 203A, Philadelphia, PA 19127. The office address in PA is 1105 Tyson Ave., Philadelphia, PA 19111. Cert. of formation filed with **Kathy Boockvar, Acting Secy. of State, 302 N. Office Bldg., 401 North St., Harrisburg, PA 17120. Purpose: Any lawful activity.**

**STYLE MIXX LLC.** Articles of Organization filed with Secretary of State of New York (SSNY) on February 11th, 2019. Office in Bronx County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail process to **Nicole Hamilton-Wint, 3439 Fish Avenue, Apt 2C, Bronx, New York, 10469. Purpose- any lawful acts.**

**NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY (LLC).** The name of the LLC is: Nate The Dog Man, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) office on: 02/14/2019. The County in which the Office is to be located: Westchester. The SSNY is designated as agent of the LLC upon whom process against it may be served. The address to which the SSNY shall mail a copy of any process against the LLC is: **415 South St, Apt 4A, Peekskill, NY 10566. Purpose: any lawful activity.**

**NOTICE OF FORMATION OF UNDERPINNED LLC.** Art. Of Org. file with Sec. of State of NY (SSNY) on 1/16/19. Office location: Westchester. SSNY designated as agent of LLC upon who process may be served. SSNY shall mail process

continued on next page



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to 118. N. Bedford Rd., Suite 100, Mt. Kisco, NY 10549. Purpose: Any Lawful Purpose.

**NOTICE OF FORMATION OF QUILTSTONES, LLC.** filed with SSNY on 4/25/18. Office in Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 126 Kelbourne Ave, Sleepy Hollow, NY Purpose: Any lawful purpose.

**NOTICE OF FORMATION OF TIG & PEACH LLC.** Arts. of Org. filed with the SSNY on 4/2/2019. Office: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 545 Fowler Avenue, Pelham, NY 10803. Purpose: Any lawful purpose.

**NOTICE OF FORMATION OF LIT SPORTS LOUNGE & GRILL LLC** Art.

of Org. filed with Sec. of State 04/11/2019. Off. loc.in Westchester CO. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process **Tracy Arce and Carlos Reyes, 234 North Ave New Rochelle, NY 10801. PURPOSE: Any lawful business.**

**PUBLIC NOTICE: NOTICE IS HEREBY GIVEN** that the Village Treasurer of the Village of Pleasantville has received the Tax Roll and Warrant for the collection of taxes for the fiscal year 2019-2020. Payments will be accepted in the Finance Department on the Third Floor of Village Hall, 80 Wheeler Avenue, in said Village from 8:00 a.m. until 4:00 p.m. excluding Saturdays, Sundays, and holidays as follows: Taxes and other assessments, if any, become due and payable June 1, 2019, but may be paid in two installments without penalty. The first installment may be paid without penalty from June 1, 2019 to and including July 1, 2019. The second installment may be paid without penalty from June 1, 2019 to and including December 31, 2019. To all first installment taxes remaining unpaid after July 1, 2019, five percent (5%) will be added for the month of July, and an additional one percent (1%) for each month or fraction thereof until paid. To all second installment taxes remaining unpaid after December 31, 2019, five percent (5%) will be added for the month of January, and an additional one percent (1%) for each month or fraction thereof until paid. On or before February 1, 2020 a delinquent list will be published.

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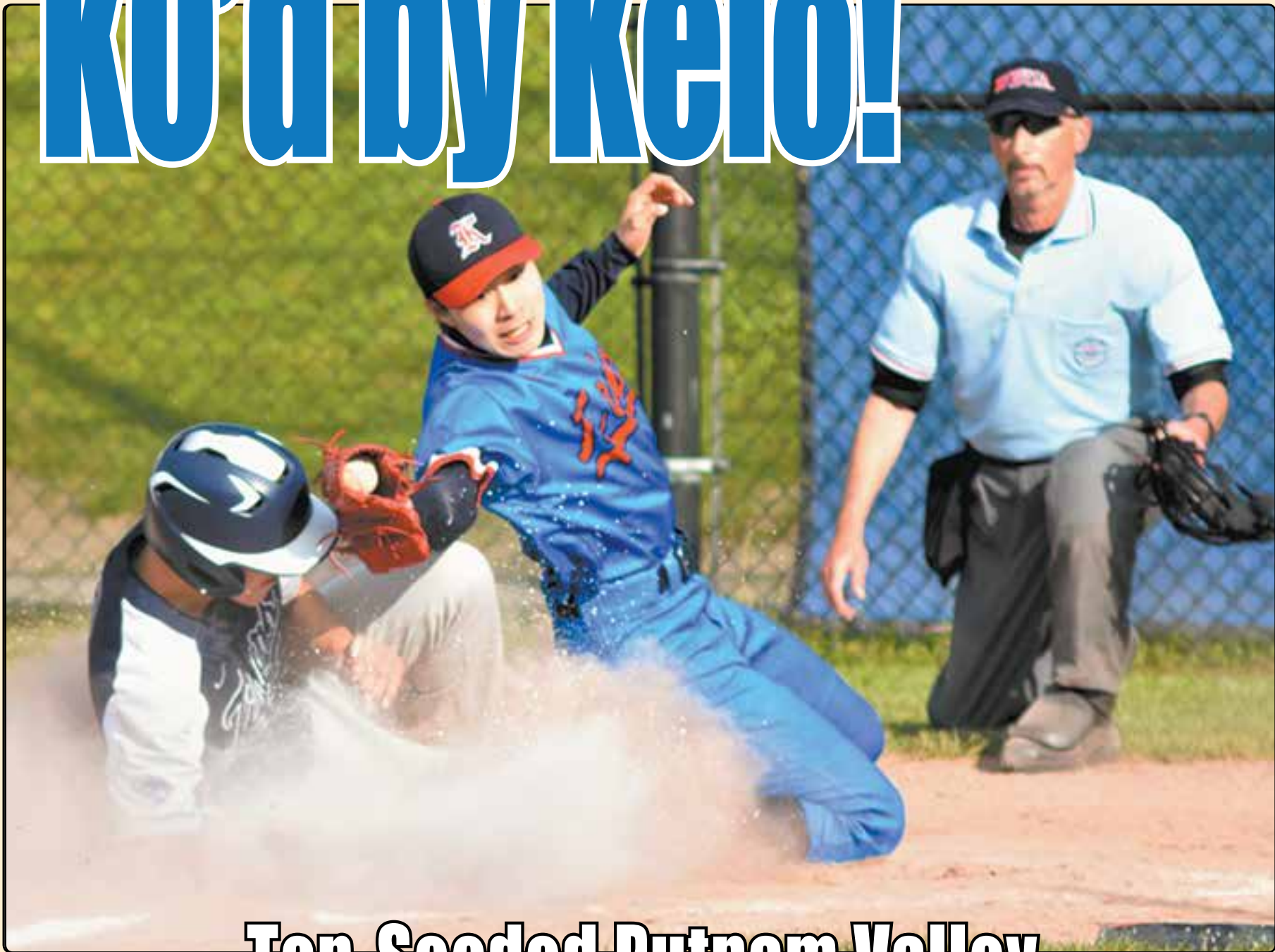
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*Covering Putnam County and Northern Westchester Sports*

**KO'd by Keio!**



RAY GALLAGHER PHOTO

**Top-Seeded Putnam Valley  
Knocked Out by No.8 Unicorns**

Putnam Valley IF Matt Carlsen takes a glove to the head from Keio P Yuki Nakagawa but slides in safely with a run in the top-seeded Tigers' 4-3 Section 1 Class B quarterfinal loss to No.8 Keio last Thursday... see Baseball Notebook



## Sports

## Boys' LAX Notebook

# Yorktown, Lakeland/Panas Tripped up in Tourney Finals

## Huskers Fall, 7-6, in Thriller to Jay; Rebels Fade in 10-4 Loss to Mamo'

By Ray Gallagher  
Examiner Sports Editor  
@Directrays

Well, history was made last week on the Section 1 lax circuit, and not the kind of history the folks in Class B Yorktown High and Class A Lakeland/Panas are accustomed to or prone to liking.

Yorktown suffered consecutive championship setbacks for the first time since 1976 (losses to Walter Panas & White Plains) when Alex DeBenedictis' lefty crank from 15 yards out slipped past the keeper but chimed the pipes with less than 10 seconds left, and by the time the top-seeded Huskers chased down the loose ball near midfield, the second-seeded Indians were spilling out onto the field, celebrating Jay's nerve-wracking 7-6 title triumph in the Section 1 Class



RAY GALLAGHER PHOTOS

Yorktown's Shane Dahlke celebrates goal in Huskers' 7-6 Section 1 Class B title loss to John Jay Friday.



Yorktown's Keith Boyer played at an extremely high level but it wasn't enough to offset a 2nd-straight championship loss to the Huskers.



Yorktown's Shane Dahlke and Alex DeBenedictis congratulate Reese Andrews (22) on his goal in the Huskers' 7-6 Section 1 Class B title loss to Jay Friday.



Yorktown M Keegan Doller sets up one of three goals he would net in the Huskers' 7-6 Section 1 Class B title loss to John Jay Friday.

B championship last Friday night at Lakeland High School.

The night before, it was host Lakeland/Panas who failed to score a single second-half goal in the 7th-seeded Rebels' 10-4 Class A title loss to top-seeded Mamaroneck. Neither the Huskers or Rebels were on top of things in the second half of each loss, both allowing their opponents to have their way.

### CLASS B

Flags were flying at half-mast in some portions of Yorktown over the Memorial Day weekend, which the Cornhusker lacrosse family would rather forget. The state-ranked (No.3) Huskers (13-6) were rolling along with a 5-2 lead on (No.5) John Jay (17-2) shortly before the half when Reese Andrews extended the lead to three goals with 35 seconds left in the half, but Jay M Bryce Ford scored in transition just before the buzzer to give the Indians a lift at the break. Jay Coach Tim Schurr told his boys to play fast and loose, which they did right up until Tyler Wishart scored two of the game's last four goals, including the game winner. Wishart, one of the top lax/ice hockey prospects in the state, brought the Indians within a goal, turning a Tommy Feinstein outlet into a goal with 6:45 to go in the third quarter. Jay M Dean Ford, who sat out the first matchup between the two juggernauts (a five-goal Yorktown win), set up Max Kesicki, for a 5-5 tie to open the fourth-quarter scoring. Husker

M Keegan Doller (1A) answered with his third of the game, but Jay M Charlie Murphy tied the game at 6-all with 4:22 to play. Just 24 seconds later Luke Mercer (2G, 2A) found Wishart for the game-winner.

Yorktown's Shane Dahlke had one goal and one assist while Tim O'Callaghan and Reese Andrews each scored once. Husker G Dan O'Meara made nine saves and was under constant pressure in the second half with the Huskers failing to take care of the ball in a manner few had ever seen before.

"We have a small team but we've had fun all year and we didn't want it to end and to beat the best program in the history of Section 1 is just great," Coach Schurr said. "We don't have one defender on this team who will play college ball, but you see what they do together, because they're a team. It's spectacular."

"We do like to ride hard," he added. "I don't know how we forced so many turnovers but we got some. Normally they clear better against us, but our guys were putting a lot of pressure on the ball. We just put together a hell of a second half."

It was a confounding second half; one that had the local sports media wondering what the heck they were witnessing as the Huskers uncharacteristically coughed the ball up time and time again.



Lakeland-Panas players celebrate a Mark Cummins goal in the Rebels' 10-4 Class A title loss to Mamaroneck.

"We definitely were careless with the ball," Yorktown Coach Sean Carney said. "Too many unforced turnovers hurt us in the second half. There was a spurt there where we could have clamped down and taken control for good but the game became too frantic and turnover heavy for both teams."

"Their seniors really grabbed the game late," Carney added. "Misplays on our defensive end hurt, and we hit three or four pipes as well, which never helps. Listen: We had our opportunity to win the game. I'll take that on me for not helping my boys get that win. They are a great group of kids who put so much time in during the season and all winter and summer. I'm sad for my boys beyond what I can put into words. I watched a lot

*continued on next page*



# Sports

*continued from previous page*

of these guys grow into young men and wanted to see them go further.”

Instead, John Jay will advance for the second year in a row and third time since 2010, 10th time overall.

“This feels amazing to share this championship with my brother and my teammates,” said Dean Ford, who suffered a season-ending knee injury during Jay’s Section 1 Class A football championship last fall but rehabbed incessantly to return for lax. “We sat together on the bus ride over and we talked about how the year’s been. He told me ‘It’s been eight months and it’s not just our time, it’s time for you to show everyone what you got’. My knee got in my head a little bit, but today I came out on top against a great team over there in Yorktown. Our coaches told us the only way we’d beat this team was if we were willing to put in the work. That one last sprint when you can’t feel your legs, you have to do it because in the fourth quarter against these guys, and your down two goals that hard work will pay off and it did with two of the last three goals and a defensive stand to win the game. This is unexplainable.”

Unacceptable is the word being tossed around Yorktown...

## CLASS A

It was only nine years ago when Mamaroneck lacrosse wasn’t even considered a contender for the Section 1 Class A boys’ title, but after the Tigers ran their winning streak to 18 games with a 10-4 win over Lakeland/Panas in the Section 1 Class A championship game to repeat as Section 1 champs, it’s safe to say there’s a new sheriff in town.

Mamaroneck’s badge of honor now lays claim to five of the last eight Section 1 Class A championships, outright domination. The two-time reigning champion Tigers were only briefly threatened by an undermanned Rebel team that was playing without its key component,



Rebels Mark Cummins and Phil Dellamonica (9) endure a Mamaroneck celebration in L-P’s 10-4 Class A title loss to Tigers Thursday.

Dartmouth-bound middle TJ Bryan, plus high-scoring M Matt Makar. With Bryan on the field, Lakeland/Panas might have had a puncher’s chance at staging a Buster Douglas-like upset. Without him, the Rebs would struggle for possession all night, including the game’s first five possessions when the Tigers built a 5-0 lead. However, Lakeland/Panas rallied for four of the next five goals, cutting the deficit to 6-4 at the half. Reed Thompson (1A) scored first for the Rebs off a hard charge at the cage and Mikey Walsh (1A) added another choice tally to make it 6-4. In between, Mark Cummins and Mason Nocito chipped in with a goal apiece and the Rebel sideline erupted in a combination of relief and belief. But was short-lived as Mamaroneck resumed its pelting of Rebel goalie J.P. Walsh (seven saves).

“To be honest, I’m just happy we had a

chance to play for that long,” Walsh admitted. “Without T.J. and Matt Makar it’s hard to win that game, but everyone gave it their all and as a team we couldn’t ask for anything else.”

Mamaroneck M Shane Smith won 15 of 19 faceoffs and controlled the game from the get, using a combination of technique and muscle to beat three different FOGOs Rebel Coach Jim Lindsay would throw at him in Bryant’s absence.

“We went 3 for 18 on face-offs and only took 19 shots,” Lindsay said. “I’m not sure we would have beaten their JV with those



Rebel Mason Nocito gets a five from Mikey Walsh after his nifty goal fued hope for L-P in 10-4 loss to Mamo’.



Lakeland-Panas Reed Thompson cranks goal in Rebels’ 10-4 Class A title loss to Mamaroneck last Thursday.

stat lines. Kids played hard, they adjusted well and fought as well as they could after going down 5-1 to start the game. It was going to be a tough test, but without TJ and Makar we were really outmatched, and the stats show it. That being said they’re very talented, deep, and senior laden, and they played like it. Proud of my kids for responding the way they did at the end of the year, especially losing key guys at a critical point. It would have been nice to have been healthy Thursday night, but that’s part of the game.”

**LAX NOTES** – If you don’t feel good for Briarcliff Coach Alfredo Meola winning the Class D title in overtime against Pleasantville, then you don’t have a moral compass. There’s simply no better dude on the Section 1 lax circuit than Meola, the former Lakeland All-American, who, ironically, won his first sectional championship ever as a player or coach on the field where he once wrecked dudes regularly. When ‘Fredo was doing his thing at Lakeland, though, Mahopac ruled the Class A roost, denying Meola several titles in the wee ‘90s. It was something else to see him take a Briarcliff program that was once a rag-tag, doormat of an outfit to

*continued on page 23*



L-P goalie JP Walsh clears zone in Rebels’ 10-4 Class A title loss to Mamaroneck last Thursday.



L-P long pole Mark Cummins lets out a howl after scoring in Rebels’ 10-4 Class A title loss to Mamaroneck.



## Sports

## Softball Notebook

# Mahopac, Lakeland, Panas, Put Valley All Reach Final 4

By Tony Pinciario & Ray Gallagher

**WALTER PANAS** is proving to be a dangerous No. 10 seed in the Section 1 Class A Championships. The Panthers entered the tournament with an 11-9 record, but they quickly dispatched No. 7 Nanuet, 6-0, in the first round, and then upset No. 2 **HEN HUD**, 4-1, in a quarterfinal game.

Panas will look to make it three-straight when it plays at No. 3 Pearl River in a

semifinal, Wednesday. The other semifinal has No. 5 Tappan Zee playing at No. 1 and undefeated **LAKELAND**.

Ironically, Panas and Lakeland play in the same league while Tappan Zee and Pearl River also reside in the same league.

Panas sophomore windmill pitcher Olivia Bordenaro has been next to unhittable through two sectional games, allowing six hits and striking out 19, including 13 against state-ranked (No.20) Hen Hud (20-1).

"We were really excited to have the shutout against Nanuet because we hadn't had one in a while," Bordenaro said. "Overall, we hit really good and our defense was tight."

Panas scrimmaged Hen Hud prior to the season to Bordenaro did her homework based on that game.

"I knew the big hitters because some of them play on my tournament team," Bordenaro said. "I knew how to pitch to each hitter. We had also scrimmaged Hen Hud last year. We went into the game knowing how we wanted to play which was play tight defense and hit the ball."

Panas led 2-1 after six when Sam Kayo drilled a two-run homer in the seventh to seal the deal.

Even though Panas (13-9) entered sectionals with an 11-9 record, Bordenaro and her teammates feel it is deceiving. Panas plays in the same league as Lakeland, Yorktown, Brewster and Somers. The depth and quality of this league prepared Panas for sectionals.

Panas will prepare itself for state-ranked (No.14) Pearl River, a perennial Section 1 Class A power. The Pirates are regulars in the



Mahopac's Carolyn Galizia has had a monster playoff run, including game-winning RBI in 1-0 extra-inning win over Suffern.



Lakeland hurler Claire Fon delivered another impressive performance en route to Class A semis.



BILL KENNEDY/RICK KUPERBERG/JACK ATTINELY PHOTOS

Hen Hud's Jillian Attinelly, who crushed a run-scoring 2B, and Panas' SS Julia Petrovitch shined in Sailors' 4-1 Class A playoff loss to Panthers Saturday.



Panas chucker Olivia Bordenaro twirled gem in 4-1 quarterfinal win over Hen Hud Saturday.



Mahopac P Shannon Becker whiffed 18 batters in 1-0 nine-inning quarterfinal win over Suffern Saturday.

*continued on next page*



Put Valley is set to challenge Rye Neck in Section 1 Class B semis Wednesday after stomping out Pawling Saturday.



# Sports

## Girls' LAX Notebook

# Yorktown Ousted in Overtime by Suffern in Section Finals

By Tony Pinciario

Four girls' lacrosse teams from the Northern Westchester/Putnam Examiner coverage area had excellent 2019 season with three semifinalists and a finalist.

**YORKTOWN** defeated Fox Lane in a Section 1 Class B semifinal, advancing to the championship game against fellow perennial sectional power, Suffern.



Yorktown goalie Sophia Altimari faces a shot in net in Huskers' 7-6 overtime championship loss to Suffern Thursday.

Suffern, which had always competed in Class A, was in Class B this season and it beat Yorktown in overtime, 7-6. Kelsey McDonnell scored three times, including the game-tying goal to force overtime, and Alexa Borges, Sophia Spallone and Jesse Barer each added a goal.

**CARMEL** had its finest season, perhaps ever, as the Rams advanced to the Section 1 Class B semifinals, where they lost, 18-10 to eventual champion Suffern.

Margaret Flocco registered a team-leading four goals and Katie Taranto had a hat trick for the Rams, who finished with a 10-8 record.

A young **LAKELAND/PANAS** team, led by senior Emily Kness, advanced to the

Section 1 Class A semifinals only to fall to eventual champion, North Rockland. It was the second time this season that North Rockland beat the Rebels.

The Rebels finished 9-9 and even though it is .500, Kness feels this team made huge strides beginning with the first winter workout in January.

"We had been working really hard from January to the when the season started and throughout the season," said Kness, who will attend Colgate University this fall and play field hockey. "We had practices indoors and when we were able to get outside. We had a lot of talent, so we just had to put it together and learn to play with each other."

The Rebels opened the season with an overtime win over 2018 Section 1 Class C champion and state semifinalist, Brewster. The win gave Kness and her teammates a good feeling of what they could achieve.

"We knew that Brewster was a really strong team," said Kness, who led Lakeland in scoring with 59 goals and 14 assists. "It was a tough game and winning in overtime made us excited about that."

Lakeland/Panas experienced some peaks and valleys, which is to be expected with a young team, but one thing the Rebels had was a good work ethic. And it began in January.

"Our younger players are really dedicated," Kness said. "They came to everything, proving themselves to be a part of a really good program."

"They showed that they wanted to work hard. Even the JV girls were coming, which was impressive. It gave us a good mentality, showing everyone wanted to be there and work hard."



ROB DIANTONIO PHOTOS

Expressions of agony were evident in Yorktown's 7-6 Section 1 Class B overtime title loss at the hands of top-seeded Suffern last Thursday.

Lakeland/Panas finished second in its league, to Mahopac, and opened sectionals with a 12-9 win over White Plains, which had beaten the Rebels, 9-8, in the regular season.

Kness, along with fellow seniors – Julia Araujo (20 goals, 5 assists), Gianna Scialdone, Samantha Cerrato and Cara O'Shea, graduate. However, coach Rebecca DiSisto-Leslie has a core group returning in 2020 led by Keirra Ettere (42 goals), Megan Mucci (27 goals), Katelyn Cerrato (16 goals) and Raquel Nieves (10 goals).

"I'm really excited," said Kness of the program's future. "They're a really talented bunch of girls who will be really successful in the future."

**HEN HUD** had another successful season, advancing to the Section 1 Class C semifinals.

The Sailors were defeated by eventual champion, John Jay-Cross River, 10-9. It was Hen Hud's second one-goal loss to the Indians this season. John Jay overcame Hen Hud, in overtime in a regular-season game.

During the season, Hen Hud registered wins over Suffern, the Section 1 Class B champion, Rye, a Section 1 Class C finalist, Lakeland/Panas and, following a regular-season loss to Brewster, beat the Bears in a sectional game.

Sophomore Kira Varada led Hen Hud with 88 goals and 18 assists and classmate Fiona McGovern was next with 62 goals and 29 assists.

Hen Hud will among the Section 1 elite next year with everyone returning except one – senior and captain Haley Merchant. Merchant's leadership and field presence will be sorely missed.

## Mahopac, Lakeland, Panas, Put Valley All Reach Final 4

sectional semis or sectional final.

"I know Pearl River is a good team and they have a strong pitcher," Bordenaro said. "Our whole team feels good because we're playing like we know we should play."

**LAKELAND** received a huge scare from Pelham in a Section 1 Class A Championship quarterfinal, but Ava Knopf delivered in a memorable way.

The sophomore crushed a two-run homer in the bottom of the eighth inning, sending the top-seeded and undefeated Hornets to a 3-1 win.

Lakeland will host No. 5 Tappan Zee in a semifinal, Wednesday, 4:30. Claire Fon tossed a two-hit shutout over Tappan Zee, 2-0, on May 11.

Prior to Knopf's walk-off home run,

she had two fly outs and a sacrifice bunt. Knopf made the adjustment against Pelham's pitcher.

"She was staying on the left side of the plate, which is inside for me so I knew I had to open up and turn on it," Knopf said.

Knopf said it was a 2-2 count and the pitch was an inside, high fastball.

"I knew it was a far shot off the bat and quickly realized it was over," Knopf said. "Hitting any type of walk off is a great feeling but hitting a walk-off home run in the sectional tournament, in extra innings, was something really special."

Fon and her teammates were able to maintain their composure and focus and not allow the stressful situation to affect them.

"We were all really excited and pumped up for this game," said Fon, who finished with a five-hitter and eight strikeouts against Pelham. "It was really nerve-wracking, but, as a team, we knew we had to step it up and keep our heads in the game the whole time."

"Personally, I knew I had to keep my cool and do my absolute best. But I knew that my team had my back which is very important and the best feeling."

Lakeland's regular-season victory over Tappan Zee came on a Krystal Badillo two-run homer. The Hornets expect Tappan Zee to be psyched for a rematch.

"Being that we are undefeated I expect every team wants to come after us and beat us because we have a target on our back," Knopf said. "Knowing this psyches

our team up and drives us to want to win even more."

State-ranked (No.4) Lakeland (21-0) opened the Section 1 Class A Championship with a 7-2 victory over rival Brewster.

The Hornets rang up four runs in the second inning to take control. Fon finished with a four-hitter and five strikeouts.

Hannah Matusiak and Shannon Scotto each had two hits, two RBI and two runs scored. Krystal Badillo collected two hits and two RBI.

State-ranked (No.17) **PUTNAM VALLEY** (15-7) advanced to the Section 1 Class B Championship semifinal with a first-round win over Croton (15-0) and quarterfinal victory over rival Pawling, 8-3.

*continued on page 23*



# State-Ranked No.1 Lakeland Tops Harrison, Nyack

## Vetrano Named NYS Player of Year; No.1 Seeded PV Ousted by No.8 Keio

By Ray Gallagher  
Examiner Sports Editor  
@Directrays

And just like that we're down to one team standing. Of course, that one team is the No.1 ranked team in NYS Class A, the **LAKELAND** Hornets (21-1), which advanced to the second round of the Section 1 semifinals after Saturday's 3-0 victory over No.4 Nyack at the Granite Knolls Complex. Lakeland reached the semis by virtue of a 7-5 win over No.9 Harrison in last Wednesday's quarterfinal. The 2018 NYS runner-up Hornets were set to face No. 2 Rye yesterday with a berth to the finals on the line. The championship round is set to being on June 1st at Pace University.

Against Nyack (16-6-1), Lakeland ace Joe Vetrano needed just 79 pitches to improve to 9-0 while lowering his ERA to a section-best 0.39 this season; additional testimony for his recent NYS Gatorade Player of the Year honor. Vetrano joins Jonathan de Marte (circa 2011), a two-time winner, as Lakeland's only Gatorade winners.

"It's a well-deserved honor," Lakeland Coach Bill Casey said. "He helps this team every game one way or another, either with the bat or on the mound, and oftentimes both. And he's just a great kid."

The 34th-annual Gatorade award, which has gone to players like Derek Jeter in the past, honors a combination of athletic excellence, academic achievement and character demonstrated on and off the field, acknowledges Vetrano as the top student athlete in the state.

"Joey plays the game the way it was intended," Casey said. "Joe treats everyone, teammates and opponents alike, with respect. He is the ultimate teammate."

The 6'3" 210-pound lanky lefty allowed just one hit and whiffed seven batters,



RAY GALLAGHER PHOTOS  
Lakeland OF Andrew Croce lets the boys know it's all good after doubling in Hornets' 7-5 playoff win over Harrison.

eliminating 18-straight to conclude the game while facing one batter over than the minimum (21). The Boston College-bound Vetrano has not allowed a run in his last four outings, including a pair of no-hitters against Yorktown, and has allowed just one earned run since the season opener on March 26.

"My catcher Zach Lerman called a fantastic game," Vetrano said. "He mixed all the pitches up great. Our defense was spectacular. Leo Cummings and Zach Cohen made

great plays behind me."

Vetrano didn't get a ton of support offensively but got all the help he would need when IF Zach Cohen stroked an RBI single to left to precede Andrew Croce fielder's choice RBI. Jason Green singled and scored in the three-run third.

Against Harrison, Lakeland P Evan Berta was the unquestioned star. The junior pitched six scoreless innings, fanning seven for the win. He took matters into his own hands at the plate, going 2 for 3 with a home run, a triple and five RBI. Lakeland needed every single run as the relief core imploded in the seventh, allowing the tying run to reach second.

### CLASS A

Last Wednesday, turned out to be a bleak quarterfinal day for teams not named Lakeland, including No.7 **BREWSTER**, a 12-2 loser to No.2 Rye, and No.5 **HEN HUD**, which suffered a 5-0 setback to No.4 Nyack. **YORKTOWN** Coach Sean Kennedy's final game after 20+ years

with the program ended with a 10-6 quarterfinal setback to No.3 Byram Hills. The 11th-seeded Huskers (13-8) got a big effort from C Luan Biberaj, who went 3 for 4 with a double and three RBI.

On the heels of junior P Bobby McBride's one-hit, 2-0, shutout of No.10 Nanuet on Tuesday, Brewster met its match in a Garnet club hell-bent on revenge after falling to the 16th-seeded Bears a year ago as the No.1 seed in the 2018 tournament. Rye took no chances with the Bears (12-7-1), lining up ace



DAVID ZAZLAW PHOTO

Yorktown Coach Sean Kennedy, who will retire after 20-plus seasons with the program, takes in one last hug in Huskers' season-ending Section 1 Class A playoff loss to Byram Hills Wednesday.

Declan Lavelle against the Bears, who struck out 10 times and scratched out five hits. The Garnets broke open a 3-1 game with six in the fourth.

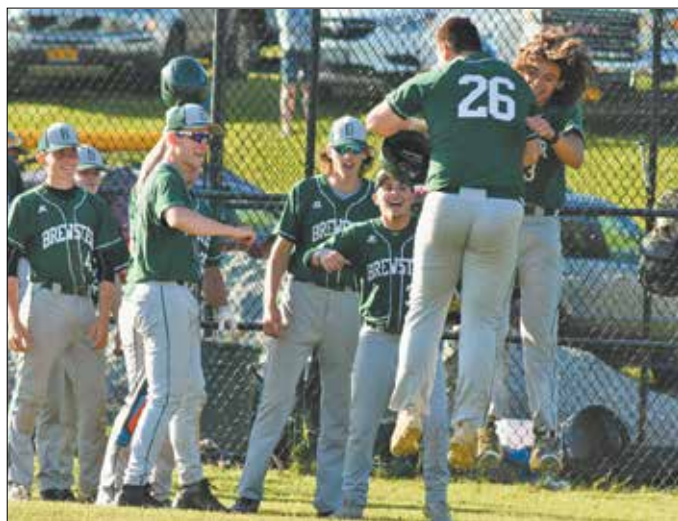
Against Nanuet, McBride whiffed a season-high 14 batters and carried a no-hitter into the sixth before the Golden Knights broke through with a harmless single.

Hen Hud took a 2-1 opening round win over No.12 Pearl River into the quarters, doing so behind a great effort from ace Nick Hiltzley, who also stroked a walk-off single with the bases loaded in the bottom of the seventh.

Against Nyack, Johnny Glashoff and David Buscetto each went 2 for 3 for Hen Hud (14-6-1), which left 10 runners on base and failed to get the clutch hit they needed.

### CLASS B

**PUTNAM VALLEY** Coach Joe Natalie was beside himself in frustration after last Wednesday's quarterfinals when the top-seeded Tigers (16-4) committed five errors and lost, 4-3, to No.8 Keio. Yoichiro Ohashi squeezed home the winning run for the Unicorns (12-8-1), who were eliminated



Brewster's Bobby McBride has big ups for teammate Nick Girard who hit a NYS Gatorade Player of the Year Joe Vetrano round 2B in Hornets' 7-5 win over Harrison last Wednesday.



continued on next page



*State-Ranked No.1 Lakeland Tops Harrison, Nyack* continued from previous page



Put Valley's Matt Carlsen gets pat on back from Bobby Kroboth after plating run in Tigers' 4-3 season-ending playoff loss to Keio.



Putnam Valley P T.J. Brescia whiffed 11 and allowed one earned run in Tigers' 4-3 Class B playoff loss to Keio.



Without a healthy John Millicker in the playoffs, the Tigers were lacking a presence they sorely needed.

by Westlake in the semis. Tiger senior ace T.J. Brescia went the route for Putnam Valley, allowing just one earned run on four hits while striking out 11 in a solid

performance. The Unicorns snapped the Tigers' 14-game winning streak, leaving many to wonder about the future of Coach Nats, who has legitimate family concerns

with two young ones and nearly 15 years on the Tiger sideline. It entirely possible that PV is in the market for a new coach next season. If so, the soft-spoken coach has left the program in a good, respected position, but just like the basketball

team did as a No.1 seed, the Tigers were reverse bracket-busters, which is never a good thing.

### *Mahopac, Lakeland, Panas, Put Valley All Reach Final 4* continued from page 21

The Tigers, seeded third, will play at No. 2 Rye Neck, Wednesday. Rye Neck bat Putnam Valley, 5-4, the last week of the regular season.

Going into the Pawling game, Putnam Valley was aware of the revenge motive because the Tigers swept Pawling during the regular season.

"We knew we had a target on our back going into the game because they previously had an upset in their first-round game," said Emily McKenna, who allowed five hits and struck out seven. "We had a tough battle last time against them, so we knew we had to take it to them from beginning to end."

Tiger SS 'Fearless Frankie' Reyes doubled, tripled, homered and drove in four runs against Pawling as she continues

to wield a hot bat. Sonya Garcia added two hits and two RBI and Alex Waters and McKenna each drove in a run.

McKenna finished with a three-hitter and nine strikeouts against Croton. Gianna D'Addona and Reyes each had three hits and four RBI each. Alex Waters and McKenna had two hits, three runs and an RBI apiece and Sophia Lord had two RBI and scored twice.

The final score of Putnam Valley's regular-season game against Rye Neck was indicative of how close it was.

"It was a very close and could have been anyone's game," said McKenna of Rye Neck. "This time we have to win every inning, put the ball in play and keep the pressure on their defense."

Mahopac, like Lakeland, walked

off to victory in Section 1 Class AA Championship quarterfinal round – 1-0 over Suffern in nine innings.

Carolyn Galizia singled in Ela Riccobono, who doubled, with the winning run.

State-ranked (No.17) **MAHOPAC** (19-3) will play John Jay-East Fishkill, Wednesday, in a semifinal. Second-seeded John Jay swept the regular-season set against the third-seeded Indians.

Mahopac P Shannon Becker rang up 18 strikeouts and limited Suffern to three hits in a 1-0 extra-inning quarterfinal win over the visiting Mounties. Becker now has 364 strikeouts on the season. Indian Ela Riccobono's lead-off double in the ninth was followed by Carolyn Galizia's walk-off RBI single.

"Right before Ela's at-bat we were all talking to them and I said to them, 'We've worked so hard for this. Ela, I believe in you. You just need to believe in yourself,'" Mahopac coach Cristina Giansante said. "And Danielle was like, 'I believe.' Then, they all started yelling and I was like, 'We are gonna win.' It was like that scene in A League of Their Own when Tom Hanks starts yelling, 'We're gonna win.'"

Mahopac opened sectionals with a 7-1 win over Carmel as Becker allowed three hits and struck out 14.

Michelle Dellamura and Riccobono each had two hits and an RBI. Kelly Zecca and Becker had a hit and RBI apiece and Danielle Sabia had two hits and a run scored.

### *Yorktown, Lakeland/Panas Tripped up in Tourney Finals* continued from page 19

its first championship triumph.

"This is surreal," Meola said. "To win my first championship as a player or coach on the field I learned the game on is an incredible feeling right now. We're here to stay, though." Well, done, my longtime chum...

With dismay/panic teeming the streets of Yorktown Saturday, I got note from a former player stating that the Husker alumni wants someone's head on a spike after consecutive title losses. What I tried to diplomatically explain is that all things being cyclical Yorktown – despite being

very talented in 2018, simply ran into a better John Jay team last year, and that this 2019 team – which has quality pieces and a stud All-American-in-waiting Keith Boyer on the back line -- lacked a pure finisher and didn't have that guy they've had in many championship seasons who could back dudes down with lower-body strength and power. While it's totally understandable for the Yorktown alumni to rage into full panic mode upon failing to procure a 41st and 42nd sectional title the past two years, I hope they recognize the cream will rise again. I'm not ready

to put this on Carney just yet, so put the spikes away, folks...

P.S. Boyer was the best player I saw in the entire tournament, no matter the classification: That kid is a combination of every former great Husker long pole. I see some Chris Watson in him, some Brett Makar, some Stephen McElduff, some Rob Doerr, some Brian Kuczma and even some of his brother Jose Boyer. This kid should emerge as the second player in Yorktown history to be a three-time A-A (Watson, the other)...

Gotta get this off my chest: Absolutely

hate fact that the new @NYSPHSAA LAX classifications will abort the Yorktown vs. John Jay playoff rivalry starting next season with the Indians moving down to Class C next year. Best playoff rivalry we've had since 2006 may be done forever, depending on year-to-year BED numbers. Not only has the mandated extra classification watered down the playoff pool by foolishly going to four classes (A, B, C & D), now it's gone ahead and destroyed what might be the finest Section 1 playoff rivalry we've had for most of two decades #ThisBlows.



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**No.3 Mahopac  
Advances to  
Class AA Final  
4, Face No.2  
John Jay EF  
in Semis**

Mahopac's Danielle Sabia slides home safely with a run as Carmel C Meghan Connors awaits throw in third-seeded Indians' 7-0 Section 1 Class AA playoff win over visiting No.14 Rams last Wednesday when Mahopac advanced to Saturday's quarterfinals where Kailey Zecca (inset) and the Indians flexed some more muscle in a 1-0 extra-inning win over visiting No.6 Suffern on a Carolyn Galizia walk-off and Shannon Becker shutout, which led to this terrific post-game celly shot captured by Noreen Sabia (thx for sharing!)... see Softball Notebook