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August 28 - September 3, 2018

SMALL NEWS IS BIG NEWS

Volume 10, Issue 492

Floated Logistics Center Becomes County Exec. Campaign Issue

By David Propper

A large-scale logistics center proposed in Southeast has been a red-hot topic of discussion this summer and now it's become a campaign issue in the race for Putnam County executive.

Democratic candidate for county executive, Kent Supervisor Maureen Fleming, called on incumbent Republican MaryEllen Odell to take more interest in the problems the project could cause, arguing she "isn't standing with those who will be most affected by the development." The project, brought forward by Northeast Logistics, would result in a distribution center off Puglsey Road that has led to an outcry in town. If the project is signed off on, the county could receive a five-acre donation near Tilly Foster Farm for the Center for Discovery Autism Center, if the organization decides to partner with the county.

In a letter to the editor sent to news outlets, Fleming, while acknowledging the decision regarding Northeast Logistics rests solely with Southeast municipal boards, panned the project because it's "very real noise, traffic, and air pollution impacts."

"Critical elements of the proposal's economics seem to be receiving too little attention from the County Executive and Legislators," Fleming wrote. "A family's home is often their single largest investment, and their most valuable asset."

The logistics center has become the most magnified project in Putnam this year, with enough residents coming out to planning board meetings that there is standing room only. The vast majority of citizens at those meetings have spoken out against the project.

Fleming said she's been contacted by residents about the project that are upset about the county's role in the project and wanted her to take a stance on it. She argued because the county has a "stake"



DAVID PROPPER PHOTO

A proposed logistics project off of Route 312 and Puglsey Road in Southeast has become a hot button issue, with even the two candidates for Putnam County executive going back and forth about it.

Patterson Town Board Approves Recycling Center Cell Tower

continued on page 2

By Neal Rentz

In an effort to lure the MTA Police away from a residential site, the Patterson Town Board voted 4-1 on Aug. 22 to enter into a lease of up to 50 years with Wireless Edge to construct a cell tower on the recycling center property.

Even with the new lease there is no guarantee that the MTA will utilize the tower. Supervisor Richard Williams said the MTA wanted all approvals in place by Sept. 1. If the MTA does not agree to use the recycling center cell tower it will have one built on property it owns on Route 164, close to houses in the residential area.

At a meeting the previous week, the Patterson town board indicated that the MTA was likely going to build its cell tower at the embattled Route 164 site, but there was still hope it might choose the



NEAL RENTZ PHOTO

The Patterson Town Board voted 4-1 on Aug. 22 to approve a lease with Wireless Edge to have the company construct a cell tower on the town Recycling Center property.

recycling center site.

Deputy Supervisor Charles Cook, who had several questions about the lease, voted no.

Jordan Fry, an attorney representing Wireless Edge, outlined terms of the lease. The lease will initially be for 10 years with options for four additional 10 year options to extend the contract, he said

Fry said the MTA said it would not pay for its possible use of the recycling center.

The town would receive \$1,500 a month from Wireless Edge for the first year, with 2 percent increases for each subsequent year of the lease after a company agrees to utilize the tower, Fry said. Wireless Edge will not begin payments until after it recoups its \$500,000 in capital costs or no more than five years after the lease is

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Floated Logistics Center Becomes Campaign Issue

continued from page 1

in the project with the five possible acres of land, Odell "owes it" to residents to explain her position and why the county would get a land gift.

Because of the possible land deal, Fleming questioned if Odell was offering a "tacit endorsement" of the project.

"I don't think there's been transparency in this," Fleming said, adding, "At the very least, (Odell) has created the perception of questionable deal-making.

Odell rebutted Fleming's criticism and then went on the offensive over a controversial business the Kent supervisor has dealt with in her town. Odell noted county government has no jurisdiction over the logistics project and the developer needs approvals from the Southeast boards, NYS Department of Transportation and NYS Department of Environmental Conservation.

"Once again in this race for county executive, my opponent is making accusations that are based on opinions—not fact," Odell stated.

Odell, in an interview, noted Northeast Logistics reached out to county government seeking a negligible amount of county land for a possible roundabout more than a year ago. In return, the county would get five acres of land back that is more valuable and could lead to a private-public partnership.

Odell then slammed Fleming for not doing more to fight a concrete plant, Titan Concrete, which has been operating in Kent despite intense opposition from many residents near the Route 52 location. The business has received backlash because of air pollution, additional traffic and noise.

"My opponent's actions do not correlate with her statement, 'A family's home is often their single largest investment, and their most valuable asset," Odell stated.

Fleming shot back that Kent's Zoning Board of Appeals made the decision that gave Titan Concrete the ability to operate and the town board has no control over another board's decisions. Fleming also had to recuse herself from a vote outlawing concrete plants in most of town because she is part of a homeowner's association, Hill and Dale, which filed a lawsuit against the ZBA for its decision. (That lawsuit was tossed out.)

Legislator Paul Jonke, who represents the district affected by the logistics center, said for Fleming to "politicize the process is really unfair to both sides."

"If she wants to weigh in, she should weigh in at a public hearing, not in the press," Jonke said.

Jonke was a Southeast planning board member for two years before he became a county lawmaker. If he were on the planning board presently, he'd think Fleming doesn't understand what the process is and would wonder how she would feel if elected officials outside of Kent offered opinions on projects in her town

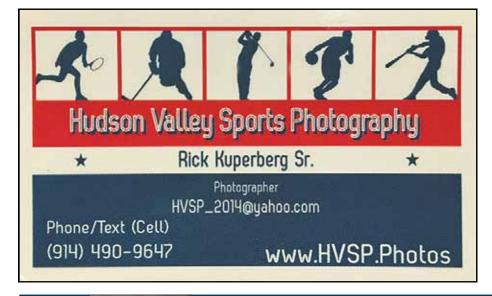
"I don't think she'd be very receptive to people weighing in," Jonke said. "This a home rule issue. We have good, intelligent people on the planning board and they have job to do and it's a difficult job to do because the issues raised by the residents are valid and concerning issues."

Generally speaking, Fleming said there needs to be a better flow of information between the towns and the county because right now that communication is "totally missing." When asked if she's setting a bad precedent if she were elected county executive by speaking out about this project, Fleming said there is difference between pushing for a projects like the county has previously done and simply stating that residents should be listened to.

In the past, county officials have inserted themselves into projects like the Butterfield redevelopment in Cold Spring, the Crossroads 312 project in Southeast and the Patterson Crossing project in Patterson.

"I'm going be an involved county executive, but I'm not going to be the one that dictates projects necessarily and I'm certainly not going to push for projects," Fleming said. "So no, I wouldn't directly insert myself."

Editor's Note: Two letters to the editor from Kent Supervisor Maureen Fleming and County Executive MaryEllen Odell, one from each, about the logistics center is on page 8.



Have You Been Diagnosed With Skin Cancer?

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Ask the Doctor

Alfred Tinger, MD, FACRO
Chief, Radiation Oncology
Northern Westchester Hospital

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Q: What are the benefits of using radiation therapy to treat skin cancer?

A: Radiation therapy can cure skin cancer without leaving a scar — making it an excellent option for patients with skin cancer near the lips, nose, eyes, or other areas where a patient wouldn't want a scar for aesthetic reasons. It can also be a good choice for elderly patients who might not be able to tolerate surgery due to health reasons. I treated a 90-year-old patient with a large basal cell carcinoma on her cheek and ear. Because of her age, anesthesia and post-surgical healing may have been difficult. I was able to cure the tumor with a few weeks of radiation treatment, and she had a very smooth recovery.

Q: How does radiation therapy work?

A: Used primarily on basal or squamous cell skin cancers, the therapy relies on electron beam radiation to kill cancer cells. Radiation oncology has a long history of use and tends to work exceptionally well for skin cancer – the success rate is over 90%. Cancer cells respond to treatment by dying and falling off – which is why side effects may include redness, dry skin, itchiness, or peeling skin. Within a few weeks, healthy skin cells grow and usually leave no trace of treatment.

Q: I'm a little worried about exposing myself to radiation – is the therapy safe?

A: It's very safe: Radiation therapy precisely targets the cancer, resulting in minimal side effects and little or no damage to the surrounding tissue. Surrounding tissue, such as the eyes or sinuses can be protected by lead shields during the brief radiation treatments.

Q: What's the best way to find a good radiation oncologist?

A: Ask your dermatologist for a recommendation. Ideally, you'll get an oncologist who works closely with your dermatologist and, if necessary, a plastic surgeon. At Northern Westchester Hospital all medical professionals involved in your care consult together to develop an individualized treatment plan for your diagnosis. Be sure to check that the oncologist has experience using radiation therapy for skin cancer and remember that, if at any time you don't feel comfortable with your choice, you may seek another opinion.

Did you know?

Radiation oncology tends to work exceptionally well for **skin cancer** – the **success** rate is **over 90%**.

Mahopac Students Won't Be Picked Up Along Busy Roadway

By David Propper

With the start of school throughout Putnam County one week away, the Carmel town board took action to rectify a bus stop situation many parents have described as hazardous.

During last week's meeting, the town board voted unanimously to publicly designate Grand Meadows Drive and Noble Court in the Baldwin Meadows subdivision in Mahopac. Last year, Mahopac school buses picked students up along the busy Baldwin Place Road, which concerned parents believed was unsafe. Now that the two roads are public, the school buses can enter the subdivision for a safer pickup and drop-off of students starting Sep. 5.

Originally, town board members Jonathan Schneider and Suzi McDonough wanted to table the motion to the next meeting in order to collect more information. McDonough said since 2017, the developer, Ben Cozzi, has known the town required certain paperwork, which it still hasn't received. One homeowner in the subdivision is also holding out to sign paperwork for the public dedication, McDonough said.

But Councilman Mike Barile wanted to push ahead, noting that the point of dedicating the two roads was to get Mahopac school buses down those

PattersonAutoBody.com



DAVID PROPPER PHOTO

A Mahopac school bus used to stop at the intersection of Baldwin Place Road and Grand Meadows Drive every day to the chagrin and concern of parents with young students.

roads to pick up and drop off school children safely. There is no liability for the town and it would put pressure on the developer to submit the remaining necessary paperwork, Barile said.

Supervisor Kenny Schmitt agreed, adding town counsel Greg Folchetti drew up the resolution and believes the measure can be voted on.

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"There's no negative exposure for the town," Schmitt said.

Barile said the current developer, Cozzi, who took over the property a year ago, has tried to work things out, but the one homeowner holdout is actually the former developer of the property. He called the prolong discussion about the public designation measure "ridiculous." 'I just want to
do what's right
for the town and
what's right for
the school.' - town
board member Suzi
McDonough

"All we're doing tonight is stopping a school bus on September 5 from going down that block," Barile said. "With no liability, I don't understand it."

Ultimately, the board agreed that if the one homeowner holding out doesn't sign paperwork within six months, a variety of actions could be taken

McDonough said the developer, not the town board, was holding up allowing buses to travel into the Grand Meadows. Schneider also argued the school district could change its policy to allow buses into the development.

"I just want to do what's right for the town and what's right for the school," McDonough said. "And especially for the students."





Patterson Town Board Approves Recycling Center Cell Tower

continued from page 1

signed, Fry said. The town would also receive an additional 20 percent of the rental payments from the second and subsequent users of the tower through payments by Wireless Edge, he said.

In response to a question from Cook, Fry said the tower would be a monopole.

Fry said if the MTA does not submit a formal request to go on the recycling center tower the town would have the option to terminate the lease.

Cook asked if the MTA would agree to come to the recycling center tower. "The town and Wireless Edge have worked very hard to meet the deadlines that the MTA has requested," Fry replied, adding his client was willing to allow the MTA to not be required to make payments. Fry said his client and the town would continue to lobby the MTA to come to their site.

"I can't tell you what the MTA's going to do," Fry said.

Fry said if the recycling center tower is built it could encourage carriers to use it.

Cook asked if there was a possibility that the town could not receive any revenue for the first five years if no carriers came to the recycling center tower. That would be possible, Fry said. If a carrier came to the tower in the sixth year, the town would start to receive payments from Wireless Edge even if the company had not gotten any previous commercial leases, Fry said.



NEAL RENTZ PHOTO

Jordan Fry, an attorney representing Wireless Edge, addressed the Patterson Town Board on Aug. 22.

John Arthur, president and CEO of Wireless Edge, agreed to a request from Williams to reduce the height of the cell tower from the originally proposed 166 feet to 140 feet, if the MTA agreed to the lower height. Williams said the shorter height would reduce the negative visual impact of the tower.

Arthur told Councilwoman Mary Smith that his company would pay to take down the tower when it was no longer needed.

Councilman Shawn Rogan said the recycling center site was preferable to Route 164, but both sites would have negative visual impacts. "This stinks

either way," he said, adding potential revenue the tower would generate was not a consideration in his decision. Williams said 20 houses are located within 1,000 feet of the Route 164 site, while 10 houses would be within 1,500 feet of the Recycling Center property.

Cook said he was concerned the town could wait five years without receiving revenue from Wireless Edge.

County Legislator Ginny Nacerino said, "This whole process was driven by the MTA." Nacerino said she supported the reduction of the height of the tower to 140 feet and the recycling center site.

Three residents who spoke at last week's

meeting said they opposed the lease with Wireless Edge.

Resident Bruce Major said, "We got a lot of information" on the lease and that was positive, but he still was concerned with the lease that would allow the placement of the tower at the recycling center. The MTA should pay for the use of a cell tower on town property, he said.

Arthur confirmed in response to a question from Major that Wireless Edge was considering another cell tower on the firehouse in town.

Arthur told Major a second tower was needed for coverage for wireless carriers and the two sites would overlap. The firehouse tower would be between approximately 125 to 130 feet in height and there are carriers interested in using the firehouse site, he said. The MTA is not interested in using the firehouse site, he noted.

Resident Margaret Kessman said a cell tower at the recycling center would reduce the value of her property.

Resident Chris DiGiacinto said he opposed the placement of the cell tower near his home because he can see the recycling center from his house. He said he was concerned that the MTA will not provide payments to the town.

"There's a real possibility the town will not make a dime," he said.



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NEAL RENTZ PHOTO

Resident Bruce Major discussed the lease with Wireless Edge to construct a cell tower on the town Recycling Center property at the Aug. 22 Town Board meeting.



Cuomo Signs Bill to Create Prosecutorial Misconduct Panel

By David Propper

A new piece of legislation signed into law last week by Gov. Andrew Cuomo concerning prosecutorial misconduct has district attorney offices and the exonerated community split over the effectiveness of the first-in-the-nation proposal.

Cuomo signed the law, which would establish a panel to probe accusations of wrongdoing by district attorney offices, after legislative sponsors of it agreed to pass an amendment next year to address legal issues with the measure.

The State Commission of Prosecutorial Conduct will review and investigate conduct by DA's offices to address allegations of misdeeds that could lead to malicious prosecutions and wrongful convictions.

Cuomo said the panel would root out any potential abuses of power by prosecutors.

"Our criminal justice system must fairly convict the guilty and exonerate the innocent," Cuomo said. "When any prosecutor consciously disregards that fundamental duty, communities suffer and lose faith in the system, and they must have a forum to be heard and seek justice. This first-in-the-nation Commission will serve to give New Yorkers comfort that there is a system of checks and balances in the criminal justice system."

Jeffrey Deskovic, who was exonerated after spending 16 years in jail for a rape and murder he did not commit in Peekskill, advocated tirelessly for the bill to pass through the senate and assembly. Also fighting for bill's passage was Anthony DiPippo, who was convicted twice of rape and murder in Putnam, but was freed after he was found not guilty at his third trial.

'When any
prosecutor
consciously
disregards that
fundamental duty,
communities suffer
and lose faith in
the system, and
they must have a
forum to be heard
and seek justice.'New York Gov.
Andrew Cuomo

Deskovic, who is in his third year of law school, said it took six years to finally get the bill approved and signed by Cuomo. He met with multiple lawmakers, held rallies and press conferences, and did countless media interviews.

"It's gratifying to see it got passed," Deskovic said.

He's hopeful the legislation will do a lot to prevent prosecutorial misconduct and can act as a deterrent. Those people that believe they have faced wrongdoing from prosecutors now have more power to submit a complaint, he added.

The current grievance committee set

up is "totally ineffective," Deskovic said. Because of the number of misconduct examples from DA's offices in the state, it's clear the grievance committee wasn't working.

"This is a watershed moment," Deskovic said of the new panel. "I hope other states follow suit."

But district attorney offices don't agree and vow to fight the law in court.

"Sadly, today the Governor, who previously served as the Attorney General of the State, after requesting and receiving an opinion from the current Attorney General that stated that the legislation is flagrantly unconstitutional, chose to ignore all of these concerns and signed the bill into law," wrote DAASNY President Albany County District Attorney David

Putnam County District Attorney Robert Tendy said the panel is unnecessary, a waste of money, and most likely unconstitutional. Tendy stated the state already has grievance committees empowered to do exactly what the new legislation has put forward. The cost for the panel in the first year would be more than \$5 million.

"Only in New York—where corruption seemingly annually oozes out of the governor's office, the senate, the assembly, and most recently the Attorney General's office—would our elected representatives create a committee to do the exact same work as another existing committee," Tendy stated in an email.

Two local state assembly members differed on the legislation.

Assemblyman Kevin Byrne, a Republican who voted against the proposal, called the new commission "more costly government bureaucracy into our criminal justice system."

After speaking with the Putnam and Westchester DA's offices, law enforcement officials, civil rights activists, and local defense attorneys, Byrne said the approach would increase the number of false complaints from convicted criminals against their prosecutors. He argued it would also hinder law enforcement's ability to do its job effectively.

"This seems to be part of a broader initiative that seeks to blame law enforcement and not criminals for their actions," Byrne said in statement.

Assemblywoman Sandy Galef, a Democrat who supported the bill, said there would need to be amendments to legislation. While there are levels of oversight already established like the bar association, Galef said she wants to ensure district attorneys are conducting themselves properly.

"I want to be sure there is fair justice," Galef said. "Making sure innocent people don't go to jail."







PV Cell Tower Lease Approved By Voters

By Kristen McNerney

After months of debate, a vote overwhelmingly confirmed a lease deal that could lead to a cell tower at Putnam Valley Town Hall last Tuesday.

The vote toward approval of the lease deal between the town and Homeland Towers was a margin of 612-234. The deal could bring in \$24,000 for the town annually if the more than 100-foot tower

is buil

Supervisor Sam Oliverio said he was thrilled with the outcome, calling it the "best option" as opposed to a site decided by Homeland Towers which would likely be much closer to the local elementary school or senior center.

Critics have made many claims against Oliverio and the town board by arguing that they are not acting in the town's best interests and haven't actively done enough research to prove the credibility of their position. Oliverio called the critics' arguments "untenable" but understood they were coming from a "not in my backyard" mentality.

Oliverio has promised to fix cell service for Putnam Valley during storms, which became an increasingly important issue after this year's blizzard and tornado, in March and May respectively.

To those who are worried about the negative impact of the cell tower being placed at town hall, Oliverio reminded them that there already is another cell tower out front that people pass every day without paying close attention to.

Approvals from the planning board and zoning board of appeals are the next steps for the construction of the tower.

Ex-Putnam Legislator Arrested for Drug Possession

By David Propper

A former Putnam County legislator, who once served as chairman of the board, was arrested earlier this month after he was allegedly found with crack cocaine in the Jefferson Valley Mall parking lot.

Robert McGuigan, who served on the lawmaking body for 12 years, was charged with 5th degree criminal possession of a controlled substance, a class D felony, according to Yorktown Police.

McGuigan, 60, was sitting in a

"suspicious vehicle" in the parking lot of JV Mall, according to authorities, and was spotted by a plainclothes officer at about 2:20 p.m. When the officer approached the vehicle, he found the person in the car smoking crack cocaine, police said.

McGuigain was arraigned by Judge Gary Raniolo of Yorktown and was released on his recognizance. When he returned to court last week, the case was adjourned until September, according to The Journal News.

Obituaries

William J. Dwyer Jr.

William J. Dwyer, Jr. a lifelong resident of Brewster, died on August 17, at Putnam Hospital Center. He was 92 years old. Born on February 6, 1926 in Danbury, CT, son of William J. and Edna (Sheridan) Dwyer. Bill graduated in 1943 from Brewster High School. He honorably served in the U.S. Navy from 1943-1946. Following his service in the Navy he worked for NYSEG becoming a chief Lineman, before retiring in 1986 after 40 years. On August 21, 1960 he married the love of his life Barbara Ferris in Brewster, NY. Bill was an active

parishioner and usher of St. Lawrence O' Toole Church in Brewster, NY. He enjoyed golfing, attending football at West Point and spending time at Mohegan Sun. Bill was also a past member of the Brewster BPOElks and an avid Yankees fan. Mr. Dwyer is not only survived by his loving wife Barbara of 58 years, but also his two daughters; Karen Visca of Newtown, CT and Tony Visca of Milford, CT and Kim Kunkle and her husband Randy of Wilmington, DE, and his five grandchildren; Jenna and Jessica Visca and Alyson, John and Sarah Kunkle.

Putnam County Land Trust Earns National Recognition

One thing that unites us as a nation is land: Americans strongly support saving the open spaces they love. Since 1969, The Putnam County Land Trust, has been doing just that for the people of eastern Putnam County. Now Putnam County Land Trusts announces it has achieved national recognition – joining a network of over 400 accredited land trusts across the nation that have demonstrated their commitment to professional excellence and to maintaining the public's trust in their work.

"Accreditation demonstrates Putnam County Land Trust's commitment to permanent land conservation in eastern Putnam County," said Judith Terlizzi, Board President. "We are a stronger organization for having gone through the rigorous accreditation program. Our strength means special places – such as the Ice Pond basin and the Cornwall Hill Ridge – will be protected forever, helping to make Putnam County an even greater place for us and our children."

Putnam County Land Trust provided extensive documentation and was subject to a comprehensive third-party evaluation prior to achieving this distinction. The Land Trust Accreditation Commission awarded accreditation, signifying its confidence that its lands will be protected forever. Accredited land trusts steward almost 20 million acres of land – the size of Denali, Yellowstone, Grand Canyon, Glacier, Everglades and Yosemite National Parks combined

"It is exciting to recognize Putnam County Land Trust with this national mark



PROVIDED PHOTO

of distinction," said Tammara Van Ryn, executive director of the Commission. "Donors and partners can trust the more than 400 accredited land trusts across the country are united behind strong standards and have demonstrated sound finances, ethical conduct, responsible governance, and lasting stewardship."

PCLT is one of 1,363 land trusts across the United States according to the Land Trust Alliance's most recent National Land Trust Census. A complete list of accredited land trusts and more information about the process and benefits can be found at www.landtrustaccreditation.org.

About the Putnam County Land Trust

For 49 years, the Putnam County Land Trust (PCLT), a non-governmental, independent non-profit organization, has been dedicated to preserving and protecting natural resources in Putnam County. Today, PCLT cares for over 10 miles of marked and publicly accessible trails on 3 conservation areas and 18 preserves and natural areas covering over 1,050 acres of land in Putnam County. Our lands contain unique natural and scenic qualities. They also include resources significant to the protection of the environment, wildlife and drinking water sources for residents across the region.

Our mission is dedicated to the protection of forests and wetlands, wildlife habitats and important water resources in and around Putnam County, New York.

We envision a healthy future for all, including access to safe drinking water, clean air and opportunities to engage with nature and one another. We envision a future where the benefits of land conservation are valued as an important part of our communities and our land is permanently protected for future generations.

About the Land Trust Accreditation Commission

Trust Land The Accreditation Commission inspires excellence, promotes public trust and ensures permanence in the conservation of open lands by recognizing organizations that meet rigorous quality standards and strive for continuous improvement. The Commission, established in 2006 as an independent program of the Land Trust Alliance, is governed by a volunteer board of diverse land conservation and nonprofit management experts. For more, visit www.landtrustaccreditation.org.

About the Land Trust Alliance

Founded in 1982, the Land Trust Alliance is a national land conservation organization that works to save the places people need and love by strengthening land conservation across America. The Alliance represents 1,000 member land trusts supported by more than 200,000 volunteers and 4.6 million members nationwide. The Alliance is based in Washington, D.C., and operates several regional offices.

The Alliance's leadership serves the entire land trust community—our work in the nation's capital represents the policy priorities of land conservationists from every state; our education programs improve and empower land trusts from Maine to Alaska; and our comprehensive vision for the future of land conservation includes new partners, new programs and new priorities. Connect with us online at www.landtrustalliance.org.

Croton Fire Dept. Makes Changes After Ex-Chief Stole Funds

By Rick Pezzullo

The Croton Volunteer Fire Department has announced sweeping changes in the way it conducts business after a former chief was charged in June with stealing more than \$300,000 from the department over a seven-year period.

"Earlier this year, our Fire Council Audit Committee discovered some inconsistencies within our Council's finances. Once we became aware of these issues, we notified the Village Manager, Mayor and Deputy Mayor who then notified the proper authorities. As you can imagine, what has ensued has been rough on us and many of us have felt saddened, angered and left with many questions," Fire Department officials stated in a release Aug. 17.

"Needless to say, it has been a busy several months of us putting together a plan to prevent this type of occurrence from ever happening again. Working with the Village administration, our Chiefs, the Fire Council and our attorney, we have implemented a number of changes," they added.

In February 2018, members of the Fire Department's internal Audit Committee discovered that Gerald Munson, 64, who most recently had served as the Fire Department's treasurer, had provided them with false 2017 bank statements. When confronted by the Audit Committee, Munson, according to State Comptroller Thomas DiNapoli, admitted he had created the false statements on his home computer, stolen money from the Department's account for his own personal use, and used the Fire Department's debit card as if it were his own.

Further investigation and analysis conducted jointly by the Village of



PROVIDED PHOTO

The Croton Volunteer Fire Department announced changes after a former chief was charged in June with stealing more than \$300,000 from the department

Croton-on Hudson Police Department, the Westchester County District Attorney's Office and the New York State Comptroller's Office confirmed that between on or about January 2011 and on or about February 2018, Munson stole approximately \$312,925 from the Fire Department. This joint investigation lead to Munson's arrest and felony charges.

Some of the changes made by the department include the appointment of a new treasurer by the Fire Council; the termination of all debit and credit cards previously utilized; the elimination of an older savings account, and rolling that

balance over to its checking account; the requirement of two signatures on all checks; the Fire Council has hired an external CPA to perform an annual audit of finances; and a detailed, written, Treasurer's Report is now presented each month to the Fire Council, including a copy of the monthly bank statement.

"As we move forward and learn from this unexpected and dismal event, we can only hope that our loyal supporters know we will always do what we can to provide you with the most open and honest level of dialect that we can - and that you deserve," fire officials stated. "We appreciate the support that we have 'None of this would have been possible without the support and commitment of our incredible membership...'Croton Fire Officials

received during this time from all of you, and we hope that you all understand that this was not something we ever could have envisioned, and we have been working diligently to improve our policies and procedures when it comes to our finances."

"Last, and certainly not least, we must point out that none of this would have been possible without the support and commitment of our incredible membership, whom have weathered this storm and continued to serve without deviation. For this, we are extremely grateful and proud and can take confidence in knowing that we are as strong as we've ever been as your Croton-on-Hudson Volunteer Fire Department," they concluded.

Munson, a former police officer, could face a maximum of 25 years in prison if convicted of the Class B felony of Grand Larceny in the Second Degree as a Crime of Public Corruption. He is next due in court on September 12.

The Croton Fire Department covers slices of Carmel and Southeast and submit their budget to both town boards, according to its website.

Carmel Native Joins HQMP Division of Primary Care

Dr. Christina Mezzone, a pediatrician, has joined Health Quest Medical Practice in its Division of Primary Care and will work in both the Fishkill and Carmel offices.

A 2003 Carmel High School graduate in the top 10 of her class, Mezzone returns to the area after fulfilling her dream of becoming a pediatrician.

"There is truly no place like home," Mezzone said. "I am excited to return to the Hudson Valley to help care for children in the area. I look forward to educating patients and their families to help them lead healthier lifestyles."

Prior to joining Health Quest Medical Practice, Mezzone completed her residency at Maria Fareri Children's Hospital in Valhalla, where she additionally held the position of chief

She received her doctor of osteopathic



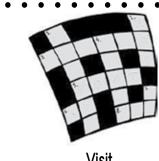
Dr. Christina Mezzone

medicine degree at the New York Institute of Technology College of Osteopathic Medicine, as well as a master's in neuromuscular medicine from there. Mezzone holds a bachelor's in biomedical engineering from Worcester Polytechnic Institute in Worcester, Mass.

Mezzone splits her time between Stormville and Manhattan as her husband completes his ophthalmology fellowship. In her spare time, she enjoys cooking, baking, running and traveling.

The Health Quest Medical Practice Fishkill office is located at 200 Westage Business Center Drive, Suite 240, and the Carmel office is at 150 Route 52. For more information on Health Quest Medical Practice's primary care services, visit:

https://patients.healthquest.org/locations/?types=health-quest-medical-practice&specialty=primary-care.



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Letters to the Editor

Concerns Mount Over Logistics Center There has been much written about night. There are barely shoulders on that The desire to increase jobs and hold be employed.

There has been much written about the Logistics Distribution Center plans for Pugsley Road in Southeast. I've read and researched trying to keep an open mind, but confess that I continue to find the proposal overwhelming for the site and the community. A million square foot warehouse space located on a lush, bucolic hillside of Southeast, touching closely on neighborhoods, it's just too much for the people who live here. Construction and implementation will be on a massive scale: noisy, disruptive and unhealthy. I can't fathom 500-plus tractor-trailers using that 2-lane road to and from I-84 at all hours of day and

night. There are barely shoulders on that section of 312, and the expectation that a roundabout would smooth the flow of 53' tractor trailers merging with cars and trucks seems wishful thinking at best.

I already try to avoid Route 312 at certain times of the day because of traffic. The anticipated level of congestion and intimidating presence of so many dieselfume emitting tractor trailers would keep me away as much as possible. I love shopping at Deciccos in The Highlands, but this plan would change that preference to Trader Joe's and Whole Foods in Danbury. Those stores are farther away but would be safer and easier to get to.

The desire to increase jobs and hold down taxes is definitely laudable, but I don't think it should be done at any cost. What are the true benefits to our town? Already a sizable tax break is being requested for the center. The projected (not even assured) jobs aren't particularly well paying. Will those projected jobs be full-time, provide vacation pay and health benefits? Will qualified Southeast residents get priority?

Distribution centers are using robotics more and more, has there been an analysis of the expected decline of human employment for this reason? Has anyone looked at the possibility that drones could be employed to ferry goods in and out of the distribution center? Amazon is already using this technology. What are the repercussions of that?

Many of us moved up here to get away from urban living and this sounds like it will create the worst of urban environmental issues. I hope our public officials think long and hard before giving this project the green light. It will undoubtedly change the very core of our community.

Helen Evers Southeast

County Officials Should Weigh in On Logistics Center

Because I am a candidate for Putnam County Executive, concerned residents of Southeast have been contacting me regarding the Northeast Logistics Center proposal off Pugsley Road. I share many of their concerns.

The quality of life impacts on surrounding residential neighborhoods will be significant, as will the health and environmental impacts of the project. The purported economic benefits—including an apparent donation of land (five acres) to the County—in my view do not outweigh the project's very real noise, traffic, and

air pollution impacts. Critical elements of the proposal's economics seem to be receiving too little attention from the County Executive and Legislators. A family's home is often their single largest investment, and their most valuable asset. Development that negatively impacts property values is bad for families' long-term economic well-being. Ultimately, residential neighborhoods blighted by poorly-considered developments are not neighborhoods where folks want to live, and they're not places with rising property values. That's bad for Southeast and it's

bad for the County. The County Executive should be weighing any benefits of the proposed Northeast Logistics Center against negative impacts on residents' quality of life and fiscal stability. Odell isn't standing with those who will be most affected by the development, and that is a disservice to constituents across Putnam.

At the end of the day, New York is a home rule state, and the decision to approve the Northeast Logistics project rests solely with the people of Southeast. But if I were County Executive, I would be listening carefully to residents and asking tough questions. It's time that Putnam County pursues and supports development projects that not only create economic opportunity, but also preserve our quality of life, the character of our communities and the value of our environmental assets.

Maureen Fleming Kent Supervisor Candidate for County Executive

Fleming Off the Mark Over Logistics Center Criticism

Once again in this race for county executive, my opponent is making accusations that are based on opinions—not facts. Her statements even contradict her own actions.

Approval Process for the Northeast Logistics Center

- The Northeast Logistics Center proposal is not a county project.
- Neither Putnam County Government, as an entity, nor I, as County Executive, have any jurisdiction with the project.
- The private developer is seeking approval from the Town of Southeast to build the facility on Pugsley Road.
- The private developer also needs approval from the NYS Department of Transportation for changes to Route 312 and I-84, NYS Department of Environmental Conservation for the environmental impacts.
- The proposed five-acre land donation would be for the Center for Discovery Autism Center to provide essential services for child and adults with special needs, should they wish to partner with Putnam County.

Titan Concrete

My opponent claims to care about the effects of noise, traffic, and air pollution on residents, but the Town of Kent, for

which she is the town supervisor, allows Titan Concrete to operate a concretemixing plant which abuts residential homes on Minello Drive and is directly across from residential homes in the Hill and Dale Community.

- The Hill and Dale Property Owners Corp. are suing the Town of Kent because of Titan Concrete.
- The concrete plant emits carcinogenic materials into the air and ground water through its manufacturing process and the cleaning of the trucks.
- Titian Concrete's cement-mixer trucks increase traffic on Route 52, damage our roadways and expel fumes into a residential community.
- The manufacturing process and the constant truck traffic cause noise pollution and disrupt the home life of families living on Minello Drive.

My opponent's actions do not correlate with her statement, "A family's home is often their single largest investment, and their most valuable asset."

I have been a Putnam County resident for over 50 years. I was raised in Putnam County, I raised my children in Putnam County and I continue to live and work in Putnam County. I value our quality of life and understand that it is the reason that so many people have made Putnam County their home.

As County Executive, I have strived to maintain or enhance the quality of life for all our residents. I love Putnam County and I am proud of our record. We have worked hard to keep Putnam County's finances fiscally sound while maintaining our fiduciary responsibility to the taxpayers and balancing our social responsibility to the residents. There is more work to be done and I would like

to serve you for another four years, so we can continue to move Putnam in a positive focused direction. I appreciate the backing of the Republican, Independence and Conservative parties, which agree that I am the best candidate for Putnam County Executive.

MaryEllen Odell Putnam County Executive



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Pappous Greek Kitchen

Yorktown

By Neal Rentz

Yorktown resident Rui Cunha explained last week Pappous is the Greek word for grandfather and said family has been an important part not just of his personal life but of his professional life.

"My wife's father (Konstantino Giannopoulos) has been a big influence and I look up to him a lot," Cunha said. "He's just a good all-around gentleman."

Cunha's wife, Vasiliki, who is of Greek descent, does most of the cooking in the new eatery and their oldest son, Andrew, is working as a cook and he will be the restaurant's maître d' in about a month. Cunha and his oldest son and his father, Mario, did the renovations on the former Friendly's restaurant, which he described as "one of the most rewarding experiences" or his life.

Cunha said his wife's father owned a coffee shop with a Greek influence in Manhattan for many years. "She was there when she was a little girl. And she honed all her skills. And she'd be right next to him watching him," Cunha said.

Cunha has worked in the restaurant business since he was 14.

Owning a restaurant is nothing new for Cunha; he previously owned eateries in Bronxville and Hartsdale. "Yorktown



NEAL RENIZ PHOIC

Pappous Greek Kitchen opened in Yorktown about five weeks ago. Shown above are restaurant owner Rui Cunha and his oldest son, Andrew of Yorktown.

was the normal progression," he said. "I live in Yorktown and I felt there was a need for Greek restaurant in Yorktown."

eed for Greek restaurant in Yorktown."
Cunha, who is of Portuguese descent,

said the first restaurant he owned in Hartsdale served the food of Portugal. But while the Portuguese food he served was very popular, it did not have the balance of Greek food, he said. "There's a romance to Greek cuisine," he said. "Everything originates from Greek."

Pappous is an establishment that has both dine-in service and "we do a phenomenal take-out here," Cunha said.

The new restaurant offers traditional Greek specialties. "Because Yorktown was a new market for us we went with a limited menu to see what would work out," Cunha said. "People are very happy with the menu. We're going to be adding on to it. We're going to be adding some of the classics."

Additional classics like spinach pie and lamb and chicken kabobs will be added to the menu and the restaurant will also serve specials like lamb stew, he said

Cunha explained why he enjoys owning restaurants. "I'm a hard worker and I like to set my own hours. Nine to five just wasn't for me," he said. "I love the restaurant business."

Pappous Greek Kitchen is located at 1983 Commerce St. in Yorktown. For more information, call 914-455-2111or visit https://pappousgreekkitchen.com. The restaurant is open daily, except Monday, from 11:30 a.m. to 9:30 p.m.

Crossword Puzzle

1	2	3		4	5	6		7	8	9
10				11				12		
13				14				15		
16			17				18			
			19				20			
	21	22				23				
	24				25					
	26			27				28	29	30
31				32				33		
34				35				36		
37				38				39		

Across

- 1. Thriller prop
- 4. Home of "Boardwalk Empire"
- 7. 1 or 66, e.g.
- 10. Waist sash
- 11. Bond creator, Fleming
- 12. Codgers' replies
- 13. Spy novelist, Deighton
- 14. French vineyard
- 15. Came across
- 16. Shrub Oak pizzeria, ____
- 19. Hung. neighbor
- 20. DiFranco of folk
- 21. Government take over
- 23. Rescues
- 24. Following Mar.
- 25. Photocopier abbr.
- 26. Play rowdily
- 31. Community bldg.
- 32. "Another rainy day" singer from the UK
- 33. Expanse
- 34. Snoopy, to Charlie
- 35. Admiral's org.
- 36. A.Nobel invention
- 37. Treasure of the Sierra Madre
- 38. What Eng. majors get

39. Billboard features

Down

- 1. Game with traps and bunkers
- 2. Global car company
- 3. Mexican child
- 4. Setback
- 5. Discloses
- 6. Blame or responsibility
- 7. Hold without bail
- 8. Doctoral paper, perhaps
- 9. Guinness book suffix
- 17. Pacific island republic under Australia
- 18. "The City of a Thousand Minarets"
- 21. 39th President or Montrose funeral home
- 22. Wine capital of Portugal
- 23. 2004 Olympics site
- 25. Asian capital
- 27. Meal, informally
- 28. Court grp.
- 29. Fire off
- 30. Chow
- 31. U.S.N. rank

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Putnam Wine & Food Fest =









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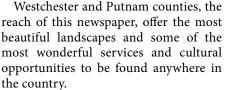


www.TheExaminerNews.com August 28 - September 3, 2018

How Lucky We Are to Live in This Area

As you read this column, my wife and I are away on vacation, but we come home each night to sleep in our own bed. The reason: We are taking a week to enjoy some of the great destination locations in our region.

In real estate, when we talk about location, normally we are referring to the town, neighborhood and street address of a property. We should also consider how the natural and cultural resources of the region influence and enhance our lifestyles, not to mention the value of our homes.



This is a somewhat arbitrary, even personally biased, list of attractions and activities which I feel make our regional location exceptional. It is far from complete – space would not allow it – but it can serve as a starter kit for bragging points about the benefits of living here when we consider selling our houses or as a gratitude list for the simple pleasures we have available to us on a day-to-day



By Bill Primavera

basis

With the exceptions of Alaska and the Dakotas, my second career as a public relations practitioner has taken me to all the states. Nowhere have I found natural beauty that surpasses the majesty of our region, from the Hudson River, to the mountainous topography, to the lakes, streams and reservoirs.

Whenever I'm introducing new real estate clients to the region from the city or another part of the country, I like to have them ride in my car so that I can extol the wonders

of these two counties, particularly the areas in which I specialize. In upper Westchester, one of my favorite areas to point out is the Croton Reservoir Bridge on the Taconic. While crossing the bridge, with the great views of water and imposing, wooded mountains, I always say, "Couldn't you mistake this for Vermont? And here you are, less than an hour from New York City!"

For business commuting we are situated favorably in relation to the major airports, train lines and parkways. We are also beneficiaries of the engineering feats of the reservoirs, the Croton Dam and the aqueduct, all providing great

water views and additional, undisturbed space.

We have facilities for swimming in the summer and cross-country skiing and skating in the winter. There are many trails for hikers and bikers, crowned by the North County Trailway, constructed on the former route of the old Putnam railroad line. Another long stretch of walking and biking is offered by the Old Croton Aqueduct Trailway, with some sections suitable for horseback riding.

Golf enthusiasts tell me that our courses, both public and private, cheap and very expensive, are among the best. I do appreciate Donald Trump's donation of 436 acres straddling the two counties, formerly planned for development, as passive parkland.

There is history at every turn. On a recent hike along the Appalachian Trail in northern Putnam Valley, I found the remains of old churches and homes from a lost community built for our former iron ore industry, which supported the Union's effort in the Civil War.

The stone walls rambling all over both counties, built for the practical measures of clearing the land for farming and containing livestock, fascinate me.

Forentertainment, we have Westchester Broadway Theatre in Elmsford and the Emelin in Mamaroneck and truly unique resources such as the Jacob Burns Film Center in Pleasantville, the Paramount in Peekskill, the Performing Arts Center at SUNY Purchase and the summer Shakespeare program at Boscobel in Garrison.

There seem to be more museums and art galleries, both public and private, than any other suburban region. Venues to enjoy music range from jazz in restaurants and cafes to the magnificent Caramoor Center for Music and the Arts.

What I like best about our region is the diversity of people and housing opportunities. Distinctive small cottages and sprawling mansions can be found in the same communities as capes, raised ranches and split-levels, nicely tucked in together, each vying for its own unique value proposition. If things get a little too tight, we are surrounded by a great wealth of facilities to stretch out physically, aesthetically and intellectually.

If you know anyone in the city looking for a lifestyle change without giving up the excitement of the Big Apple, tell them about our nearby regional paradise on earth. And give them my telephone number. I'll be happy to provide an annotated tour.

Bill Primavera is a Realtor* associated with William Raveis Real Estate. His site is www.PrimaveraRealEstate.com and his blog is www.TheHomeGuru.com. To engage the services of The Home Guru and his team to market your home for sale, call 914-522-2076.

Suggestions for Pairing Movies With Food and/or Wine Themes



By Nick Antonaccio

Friday Night at the Movies.

Two columns ago, I regaled you with this favorite activity of my family. My wife and I enjoy sitting in front of the television watching a movie with a

pizza and bottle of wine in front of us. I offered my thoughts on the styles of pizza and Italian wines that we have grown accustomed to over the years – and continue to enjoy.

As for the choice of a movie, I left that to the readers' discretion. Then I began mulling over appropriate themes for Friday Night at the Movies. Would certain themes pair better with food and wine than others? Could there be a theme that enhanced the meal before us, rather than merely accompanied it?

This week I culled food-themed movies for your consideration from the hundreds of genres in the moviesphere. The list I came up with is in no particular order or ranking. I likely missed one (or more) of your favorites. Let me know.

The list

Babette's Feast, Big Night, Woman on

Top, Bread and Tulips, Eat Drink Man Woman, Moonstruck, Like Water for Chocolate, No Reservations, Chocolat, I Love You to Death, Who's Killing the Great Chefs of Europe, Waitress,

Ratatouille, Julie and Julia, Mystic Pizza, Chef, The Hundred Foot Journey, Burnt.

Reviewing the list, I selected three movies to elaborate on with plot synopses. Note that these summaries have been blatantly lifted from those I found on the IMDb website.

1. Big Night (1996)

Starring Stanley Tucci, Tony Shalhoub, Minnie Driver and Isabella Rossellini.

Primo and Secondo are two brothers who have emigrated from Italy to open an Italian restaurant in America. Primo is the irascible and gifted chef, brilliant in his culinary genius but determined not to squander his talent on making the routine dishes that customers expect. Secondo is the smooth front man, trying to keep the restaurant afloat financially. The owner of the nearby Pascal's restaurant, enormously successful (despite its mediocre fare), offers a solution - he will call his friend, a bigtime jazz musician, to play a special

You Heard It Through the Grapevine

benefit at their restaurant. Primo begins to prepare his masterpiece, a feast of a lifetime, for the brothers' big night.

Two of my favorite lines:
1. Pascal: "Give people

what they want, then later you can give them what you want."

you can give them what you want."

2. Secondo: "Sometimes the spaghetti

2. I Love You to Death (1990)

likes to be alone."

Starring Kevin Kline, Tracy Ullman, Joan Plowright, William Hurt, River Phoenix and Keanu Reeves.

Joey Boca works with wife Rosalie in their pizza parlor. She is convinced that he works all of the time for them and her world dissolves when she finds that he has been fooling around for years. Being Catholic, divorce is out of the question, so she and her mother and her best friend decide to kill him. Hopelessly incompetent as killers, they hire incompetent professionals as they beat, poison and shoot Joey who remains oblivious to their attempts.

One of my favorite lines:

Joey: "When somebody shoot you in the head it make you think."

3. Mystic Pizza (1988)

Starring Julia Roberts, Annabeth Gish and Lili Taylor.

Sisters Kat and Daisy work along with Jojo at the pizza parlor in Mystic, Conn. Kat, shortly off to Yale, finds herself drawn to a local architect she is babysitting for while her more tearaway sister starts dating a guy from the money side of the tracks. Jojo leaves her man at the altar; she loves him but shies away from commitment. Meanwhile. the fame of the pizza continues to spread; it seems to contain something almost mystic.

One of my favorite lines: Jojo: "You know what I wonder?"

Katherine: "What?"

Jojo: "What the hell do you think
Leona really puts in that pizza?"

Each Friday night my wife and I search for the latest and greatest food/wine themed movie. I hope there will be one coming to your (home) theater soon.

Nick Antonaccio is a 40-year Pleasantville resident. For over 25 years, he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.

ABCODEFOGHIOSKLOM Back to School Guide NOOPOORSTOUNNOXYZ

Tips for Helping Your Child Deal With the Anxiety of Returning to School

By Lata K. McGinn

Returning to school in the fall can bring excitement as well as stress and anxiety for many children. There are several things parents can do to help their children ease back into school and deal with the anxiety that often accompanies that first day and even those first few weeks.

- 1. Help your child know that feeling anxious about going back to school is normal and don't minimize how they feel. Don't say, "Don't worry, it will be fine." Say, "it is normal to feel some anxiety about going back to school. Everyone feels it to some extent. Anxiety is a protective emotion and it will help you prepare and get ready for school, and it will pass when you go back and adjust to being back at school."
- 2. Help your child understand what the purpose of anxiety is and to listen to it rather than push the anxiety away. Say "anxiety is like an unpleasant but helpful alarm, so the alarm will keep on ringing and get louder and louder until you figure out what it is alarming you to do and you do it"
- 3. Help them figure out what is making them concerned or anxious so they can talk to themselves in a way that will help them to cope. Ask them to pay attention to what is going through their minds when they get anxious and come up with



helpful things to say to themselves.

If the anxiety is saying, "I am starting high school and I will not do well and won't get into a good college," help them to say something like, "I am understandably anxious about starting high school and am worried that I won't do well but that doesn't mean I actually won't do well. I just need to make sure I prepare in advance, organize my work, make sure I have enough time to study, take away all distractions when I study and get support

as and when I need it."

4. Help children gradually approach all the things that are making them anxious rather than avoiding what is making them anxious about school. If seeing their friends is making them anxious and they are avoiding seeing them or thinking about meeting them at school, help them to create a fear ladder and slowly climb it. Say, "how about you call Matt to see if he can meet up before school, and then after that, you could meet again and include

Jack and Alex, too."

- 5. Do something academic to prepare because the brain drain is real over the summer. If they are weak on a subject, get a tutor or use online forums like the Khan Academy or Crash course (a YouTube channel led by "Fault in Our Stars" author John Green and his brother Hank Green) to help them prepare. It will help them get a refresher and build their confidence.
- 6. Help them to focus on positive things about going back to school as well. Ask them if they are looking forward to any aspect of going back to school. If seeing their friends is something they feel good about, say things like "it will be nice to catch up with Jane. You have so much to tell her." Of course, if seeing their classmates is anxiety provoking, pick something else.

Dr. Lata K. McGinn is a licensed clinical psychologist and co-founder of Cognitive Behavioral Consultants in White Plains and New York City. She is also a tenured professor of psychology, director of the Doctoral Clinical Program and director of the university-based Cognitive Behavior Therapy Training Program for Anxiety and Depressive Disorders at the Ferkauf Graduate School of Psychology, Yeshiva University/Albert Einstein College of Medicine.





ABCODEFOGHIOSKLOM Back to School Guide NOOPOORSTOUNNONZ

Touro Dental Health Provides Free Kids' Back-to-School Services

Just in time for school, Touro Dental Health, Touro College of Dental Medicine's (TCDM) new 81-chair clinical training facility and full-service dental practice in Hawthorne, is offering kids of all ages a free comprehensive exam and cleaning on their first visit.

New patients, babies through the age of 17, are eligible for the back-to-school special until Oct. 1.

"While regular dental visits are important year-round, seeing a dental professional during the back-to-school season is vital in helping to address one of children's most common chronic infections – tooth decay," said Dr. Melissa Levine, director of pediatric dentistry at TCDM. "If left untreated, cavities can lead to pain, trouble eating, difficulty concentrating and, potentially, school absences. Our new program helps ensure that every child has the opportunity to have a checkup and start the school year off right."

Touro Dental Health is a 32,000-square-foot dental training facility located on the campus of New York Medical College designed to deliver an advanced educational experience as well as provide affordable,

accessible dental care to residents throughout the Hudson Valley.

The practice provides a full range of dental care for children and adults. It is open Monday through Thursday, from 9 a.m. to 5 p.m. and Fridays from 9 a.m. to 3 p.m., except during school closures. To make an appointment, call 914-594-2700 or e-mail dentalhealth@touro.edu.

Dental Health Tips for Children

Back-to-school season is the perfect time to incorporate smarter dental habits into a kid's routine. In addition to scheduling a checkup and cleaning before the busy school season begins, here are some tips for a happy and healthy school year.

- When packing your children's lunch, avoid anything sticky. While raisins and "fruit snacks" might seem like a healthy option, these sugary foods will stay stuck to the teeth for unnecessarily long periods of time and can lead to cavities.
- When drinking fruit juice or soda, encourage the use of a straw. This minimizes sugary or acidic liquid coming in contact with teeth.
- When it comes to snacking, it's not

just about the kind of snack, but the frequency. One large snack is preferable to multiple small snacks throughout the day because it limits instances of acidic erosion.

- If your kids are on the baseball or soccer team, make sure you invest in a mouth guard to help prevent oral injuries. While a custom fitting mouthguard is ideal and can be made by some dentists, a store-bought
- mouth guard is better than nothing especially for elementary and middle school kids whose teeth may still be changing.
- Brushing twice a day, morning and night. is always recommended. Parents of children under seven years old should help their children brush as they have not yet developed the dexterity to adequately brush themselves.









appei

Contact Stephanie Nocera at 845 808-Book Sale: Desmond-Fish Library Book and Media Sale this year! The sale runs August 18th - 27th with a special putnamcountyny.gov Friends Members' Opening Night preview this coming Friday, August 17th from 6 -

Ongoing:

Mondays:

September Ongoing: Mondays: Junior Geniuses Beginning week of September 24 Mondays 11:15 a.m. - noon also Thursdays, 11:15 a.m.- noon With longer stories and more involved crafts and activities, this class aims to increase your child's attention span and improve fine motor skills. We'll be singing, playing games, and doing crafts. This is a dropoff program. For ages 3-5. For more information or to register contact the Patterson Library at 845-878-6121 x10 or go to www.pattersonlibrary.org and click Calendar.

8:30pm! For more info, please visit the

library's website at desmondfishlibrary.

Tuesdays:

LCFD Ladies Auxiliary Meeting: Second Tuesday Of Each Month. 8 p.m. at Firehouse. Bring A Friend. Be Part Of Our Family.

Wednesdays:

Mental Health Association Peer Café: A safe and open space to talk about life. For ages 18-26. Coffee, tea and smoothies. Wednesdays from 3:30 p.m.-4:30 p.m. at Mental Health Association. Contact Amanda Boccardi at 845 279-7600, ext. 205 or aboccardi@mhaputnam.org

History Exchange: Calling all history enthusiasts! Join the Southeast Museum and Brewster Public Library for - History Exchange. Do you want to learn more about our local history? Join likeminded people to discuss local history and research unique archives. History Exchange meets the second Wednesday of every month from 6 p.m. to 7 p.m. at the Brewster Public Library and will be facilitated by Amy Campanaro, Director of the Southeast Museum. The first meeting is Wednesday June 13. To register please click call the Library at 279-6421.

Thursdays:

Putnam County Youth Bureau Pegasus Program: Held on Thursdays from 6 p.m.-7:30 p.m. at the Putnam County Youth Bureau, beginning October 11. Children and their adult caregivers will have fun in an engaging and supportive environment. A free confidential program for children ages 6-12 who have a parent or family member suffering from alcoholism or other drug dependencies. Pre-registration required.

1600, ext. 46126 or Stephanie.Nocera@

Fridays:

Music Appreciation with Dorothy Killackey. Please gather with us for soothing piano sounds and melodies of Music Appreciation every Friday at 10 a.m. beginning September 7th. Sessions will be held at the William Koehler Senior Center, 180 Route 6, Mahopac. If you have any questions, please call Mary White at 845-808-1734.

Save the Date: Annual Tag Sale Sponsored By The Catholic Daughters Of The Americas Chapter 1921. St John The Evangelist Church, Social Hall, 221 East Lake Blvd, Mahopac Saturday, Sept. 22, 2018, 8 a.m.. To 7 p.m. & Sunday, Sept. 23, 8 a.m. to 2 p.m. Proceeds To Assist Our Church And Other Needy Charities.

Tuesday, September 4

The Reads at Reed Book Club: 7 p.m. to discuss the book "Behind Closed Doors" by B.A. Paris. The meeting will be held at Reed Memorial Library, 1733 Route 6, Carmel. Contact 845-225-2439 with any questions.

Friday, September 7

Chair Yoga at Reed Library: 10:30 a.m. Come for a delightful hour of chair yoga. Learn breathing techniques to calm, relax and increase your energy. Everyone is welcome, no need to be fit, flexible or have prior yoga experience. Please call the library to register, 845-225-2439.

"Hidden Beauty" - Art by the Friends of the Great Swamp: The board members of Friends of the Great Swamp (FrOGS) and select dedicated volunteers exhibit their photographs, paintings, drawings and quilting that reflect and express the beauty of the Great Swamp. The Great Swamp is one of our most important and beautiful natural resources. The Friends of the Great Swamp (FrOGS) have been working to protect and promote this ecological wonder since 1990. The Great Swamp and its surrounding 60,000 acre watershed is home to a diverse array of inspiring waterways, vistas, fields and forests. "Hidden Beauty" showcases the art work of board members and selected dedicated volunteers that has been inspired by this place that surrounds us Where: Studio Around The Corner, 67 Main St, Suite 101, Brewster, Cost: Free. RSVP or Questions, email: info@frogs-ny.

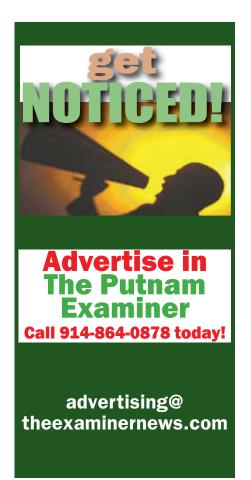
Wednesday, September 8

Las Vegas Style, Poker Tournament Charity "United for the Troops" Italian American Club of Mahopac 141 Buckshollow Rd, P.O.931 Mahopac

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Nikki Gallagher at nikki@theexaminernews.com

Dinner 7 p.m. & Game 7:30 p.m. Great homemade Italian Food (Beverages not included) "21 years and older please" \$100 admission Help Us Fundraise For Our 2018 Charity "United for the Troops" Rebuys for the first 5 rounds Preregister at www.italianamericanclubofmahopac.org for 1,000 extra chips Click on web Store, then poker For additional information call Frank @ 914-245-7607 or cell 914-400-6751 Or Tom @845 628-5909

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NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC). NAME: SUPERIOR TECHNOLOGY GROUP LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 6/19/2018. Office location: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Ziad Mansouri, 1 Azalea Ct, Scarsdale, NY 10583. Purpose: Any lawful act or activity.

NOTICE OF FORMATION OF LIM-ITED LIABILITY COMPANY (LLC). NAME: EBONI FANDANGLES LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 07/01/2018. Office location: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: 2 Fisher Drive, Suite 421, Mount Vernon, NY 10552. Purpose: Any lawful act or activity.

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NOTICE OF FORMATION OF LIM-ITED LIABILITY COMPANY (LLC). NAME KS4INSPIRATION LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 07/18/2018. Office location: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 1841 Central Park Ave., Apt. 8D, Yonkers, NY 10710. Purpose: Any lawful act or activity.

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NOTICE OF FORMATION OF I AM MY SISTER (WOMEN HELPING WOMEN) LLC, Filed with SSNY on June 29, 2018. Office: Westchester County. SSNY is designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of any process against the LLC: I Am My Sister (Women helping Women) POB 2593, Peekskill, NY 10566. Purpose: any lawful act or activity.

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is that repeating as champions or winning one has never been tougher with 25 Class A teams set to battle for bragging rights, three-time defending champ New Rochelle owning Class AA and reigning NYS champion Pleasantville eyeing a third-straight title in Class B... see Grid Preview inside

Grid Preview Notebook

Sectional Titles could be Tougher to Come By in 2018

By Ray Gallagher **Examiner Sports Editor** @Directrays

My 30th year of covering the Section 1 football circuit should be a doozy, what with the significant shifting and reshaping among the five classifications (AA, A, B, C & D), coupled with the upside-talent on the grid itself. It all makes for what should be a very intriguing 2018 season. There are many reasons to be excited, including the returning stars and the breakout talent that exists throughout the Northern Westchester/Putnam County region.

Here's just a sliver of what you need to know heading in to the campaign.

LEAGUE AA-NORTH/WEST

Both Carmel and Mahopac are coming off excellent seasons, in which each qualified for the playoffs but neither made that next-level jump they were shooting for, which entails challenging three-time reigning champion New Rochelle for all the marbles. The Class AA leagues have been shuffled some, combining the former North Division ('Pac, Carmel, Arlington and John Jay EF) with the West, linking several Rockland County powers, including North Rockland, Suffern and Ramapo, along with former North foe RCK. So, eight teams now form the ranks of the division, which makes winning a league title all the more difficult with seven league games leading up to playoffs. The top eight teams in Class AA will



RAY GALLAGHER PHOTOS

Carmel RB Sam Duke will light up gridirons this season with an electric style.

qualify for the playoffs based on a point's on Friday, October 12th (7:00 p.m.) in the formula.

Host Carmel and Mahopac will meet

final week of the regular season, setting up what could be a whale of a finale. Carmel

Coach Todd Cayea, entering his 25th season on the Ram sideline, dubbed the league title a "toss-up", claiming a number of teams could win it.

CARMEL

Coach: Todd Cayea, (24th year with

Last Season: 7-2 lost in quarterfinals to Clarkstown South

Offensive Starters Returning: senior QB Peyton Cayea (6-4, 175), senior RB Sam Duke (5-8, 175), TE/DE Brian McCabe (6-1, 196), junior Gianluca Piccolino, senior WR Joe Mascetta (6,

Defensive Starters Returning: Andy Parisi, Brian McCabe, Sam Duke, junior DB Alex Beauchesne

Key Veterans Assuming Roles: OL Nick Telesco (6, 160)

Key Rookies: junior RB Andrew Bumgardner (5-9, 165), junior OL/DL Matt Massi (5-8, 190), senior WR/RB Matt Murphy (5-9, 145), junior OL/DL Noah Wahl (6-4, 230), junior WR Ryan McCarthy (5-9, 158)

Captains: Brian McCabe/Andy Parisi

Coach's Quote: We have some experience at the skill positions, but are very young up front. We need to focus on taking it one day at a time and trusting the process.

League Favorite: Toss-up. Sectional Favorite: New Rochelle



Mahopac senior RB Tim Cegielski will rip off yards in chunks for the Indians this season.



Expect a monster year from 6-foot 4-inch Carmel QB Peyton Cayea as he enters his senior campaign.

continued from previous page

Social: @CarmelRams

Outlook: Duke and Mascetta provide Cayea with superlative options with which to run and pass, respectively, and Cayea, himself, is a desirable alternative. With this trio healthy, the Rams are going to score points; don't think otherwise, and competent backup QB Andrew Nunez could allow for some wrinkles with Cayea split wide. Coach Cayea is an exquisite play caller, who tends to think outside the box and spread the field. Defending this unit will be difficult, especially if the young grunts can come of age up front. Going in to the season, the goal should be to win the league title and go from there in the playoffs where the Rams could be a legit contender to New Ro'.

The fact that several teams dropped

(6'4", 200); senior OL/DL Anthony Pericone (6', 260); senior OL/DL Tom Vellek (5'11, 205); senior OL/DL John Nickisher

Key Veterans Assuming Starting Role: senior QB Anthony Corrado

Key Rookies:

Captains: Cegielski, Corrado, Dan O'Neill, Perricone, Vellek & Randy Ferrieri.

Coach's Quote: It's amazing how far we've come as a football program in such a short period of time. Corrado is a diamond in the rough, so we think he'll develop into a solid replacement from Dugan. Timmy runs the ball hard and Rheal is a legit down-field threat.

Social: @MahopacFB

Outlook: More often than not, the vast



Mahopac WR Rheal Allen, a legit next-level prospect, can go up and get it with the best of them in Section 1.

down to Class A opens things up in Class AA where the potential exists for the New Rochelle dynasty to win a fourth-straight title, and 11th in the last 15 years. Whether or not Carmel can alter the Class AA landscape remains to be seen, but the Rams fully expect to be one of the last two teams standing on November 2nd/3rd as Mahopac plays host to the Section 1 championships.

MAHOPAC

Coach: Dominick DeMatteo (2nd year at Mahopac)

Record Last Year: 6-3, lost to North Rockland in opening round

Returning Starters: senior RB Tim Cegielski; senior WR/DB Rheal Allen

majority of Class AA teams are playing for second fiddle, given New Rochelle's dominance (12 titles since 2000), but that won't stop Coach DeMatteo from planting the seeds to sow a bright future. The schedule is tough right out of the gate with John Jay EF and North Rockland to open up, and the back end will be equally tough with trips to Arlington and Carmel in Week 6-7. Throw in a potential Week 8 playoff game and one begins to see the make-or-break stretch the Indians will face.

In Cegielski and Allen, Coach DeMatteo has two special weapons. Expect him to feed the duo early and often as Corrado, a legit diamond in the rough, develops into



Grid Preview Notebook

Speedy senior Hen Hud RB Jordan Grullon could develop into one of the Sailors' best backs in recent history if he works it.

a quality signal caller. Mahopac's success, or lack thereof, lies in the development of its front line on both sides of the ball, led by Perricone.

CLASS A

Yorktown enters the scrum as defending Section 1 champions for the first time since 1998, having reached the state finals last year for the first time since repeating as NYS champions in 1993-94. Repeating in Class A this season will be extraordinarily tough, tougher than it may have ever been, given the 25-team field and the host of serious contenders in a deep field.

"It's as deep a class as I've ever seen," Yorktown Coach Mike Rescigno said. "It's unreal!"

Many coaches are touting Clarkstown South as the team to beat, but there are as many as seven to eight legit title contenders. Seven new teams have entered into Class A this year, including last year's Class AA runner-up and perennial power Clarkstown South. The Vikings are one of five schools to drop down to Class A from Class AA, along with rival Clarkstown North, much-improved Fox Lane, Horace Greeley and an explosive Spring Valley club. Peekskill and Pelham also return to Class A from the recent futility of the nowdefunct Yonkers/Hudson River Football League. Rye, Clarkstown North, Spring Valley, Yorktown, Hen Hud and Lourdes are formidable Class A contenders.

The top 16 teams will make the qualifying round of the playoffs.

YORKTOWN

Coach: Mike Rescigno (14th season, 85-34)

Record last year: 12-1 lost in NYS finals: Huskers are 21-2 over the last two seasons, nearly matching the 1993-94 NYS champs, among the finest two-year periods in school history.

Returning Starters: QB /CB Tommy Weaver (Sr.) All-Section; TE Naim Sinanaj (Sr.):

LT/DT Matteo Cermel (Jr.); RG/ LB Eddie Capone (Jr.); FS Nick Campanaoro; SS Dylan Smith

Key Veterans assuming a new starting role: Dylan Smith (Jr.) RB; Nick Campanaro RB; Ed Capone OLB; Sean Finnegan OT; WR's Sean Vogel, Joe Atherall, Nick Gibson; Andrew Lasala DT

Key Rookies: Trevvon Johnson (Jr.) RB/WR/DB; Keith Boyer (So.) RB/DB; Ben Robinson (Jr.) LB/ TE; Evan Makar (So.) LB; Jack Tinari (Jr.) LB/OG; John Bowen (Jr.) C/ DT

Captains: Tommy Weaver, Nick Campanaro, Naim Sinanaj

Coach's Quote: The bar has been set over the past few years and players have bought in to the fact that being a part of a program means that you have a responsibility to continue to build on the tradition that has been cultivated. We are

continued from previous page

a young group, however, I cannot think of the last time that we were able to put so much on our kids in such a short amount of time (the preseason). We are counting on many young guys to take a role. Our team has already shown that they are loyal to one another and willing to work for one another. This brotherhood has been, and will continue to be, at the core of our success. This group is coachable and relentless. Those two qualities have inspired our team and coaches alike. While last year was the experience of a lifetime, we have hit the reset button. The only thing that the past can do for you is set the bar and enable you to reflect on how to get better. The last game we played is a vivid reminder that every week has a winner and a loser. You cannot simply expect to win the 13th game. It is for that reason that our goal right now is to handle getting better every single day and concentrate on the first week against Panas. This year's game plan won't be much different than any other: Mandatory improvement every day; out work our opponents every day; play for each other and those that came

Outlook: The Huskers have only repeated as Section 1 champions once, doing so during the 1993-94 NYS championship campaigns, and doing so in 2018 will be a tall order. With so many quality programs dropping down from AA to A this season, it really tightens

before you.

things up in Class A where reigning champion and state runner-up Yorktown will find it much tougher to repeat than perhaps any team in the history of Section 1 ever has when you factor in the number of additional legitimate competitors and the loss of first team All-NYS RB/LB Brett Makar, possibly the finest two-way player in the history of the Cornhusker program.

The Huskers should come out of the gate like gangbusters, opening against Panas and Lakeland, but a series of truly brutal run-ins come in Week 3 (Hen Hud), Week 4 (Somers), Week 5 (Lourdes) and Week 6 (Clarkstown South). Few coaches in Section 1 can rally the troops like "House" Rescigno, so once the Huskers establish their roles and build confidence, one would expect to see them remain in contention while challenging Lourdes for the league title.

SOMERS

Coach: Tony DeMatteo (19th season at Somers, 50th overall)

Last Season: 7-3 (lost in Section final to

Returning Starters: John Squitieri, Sr. OL 6'4" 300, an absolute monster who started on the O-line last year; Dom Cheek, Jr., DL/C, started at DT last year and will most likely see significant time on both sides of the line this year; Matt Soden, Sr. DE/TE, started last year before suffering a torn ACL but is the most physical player on the team and, if healthy,



Grid Preview Notebook

Yorktown senior QB Tommy Weaver will hope to replicate last year's magic with a new cast of characters.

will have a huge impact on both sides of level. the ball.

Key Veterans Assuming New Starting Roles: Nick Maestri, Sr. QB, served backup to Kevin Olifiers last year and is ready to prove he can step up and play; Conor Jaykus RB/DB, saw time last year on defense and ready to take the starting

> role at RB this year; Charlie Balancia, junior RB, should surprise; FB Charlie Grinrod packs a legit

Key Rookies: soph. QB Jackson Kossow is pushing for a starting gig; soph; FB Jack Kaiser

Captains: Conor Jaykus, Matt Soden, John Squitieri, Steven Lawrence.

Social: Somersfootball

Coach's Quote: We're young and inexperienced and we face a brutal schedule. We may take some lumps early on, but if we can stay healthy and trust the system we can make some noise in the playoffs. We have a lot of numbers but we don't know how many can play the game at this

Outlook: It's tough to say that the most consistent program in Class A over the last decade is rebuilding, but when a program loses 90% of its starting unit it's not that far-fetched to suggest it. That said, Somers is one of those programs that "pays the piper" and lives by the "next man up" theory, so one would expect the Tuskers will just lock and reload like they have in season's past. However, Somers, which has won three of the last six titles, is up against it this year if the perennial powers that be remain strong because Somers will face three of them to open the first four weeks of the season, including John Jay CR, Rye and Yorktown. Fox Lane, which has one of the best RBs in the section in Andrew Brown, will host the Tuskers in Week 3. There's not an obvious slouch among the quartet, so we'll know if Somers is a true contender or in rebuild after the first four weeks. The coaching staff remains among the best in the section and the players continue to buy into the legendary coach's system. Truth be told, though, Somers, which has been the elite program in Class A since 2012, may come back to the pack this season.

HEN HUD

Coach: Mike Lynch (7th year, 29-33) Last season: 5-4 (lost to Somers in 1st round)

Returning Offensive Starters: Senior QB Manny Carbone (All- Conference and All-League selection in 2017, Passing: 113/180, 1,479 yards 20 TDs; Rushing: 111 carries 522 yards 7 TDs); Senior TE/



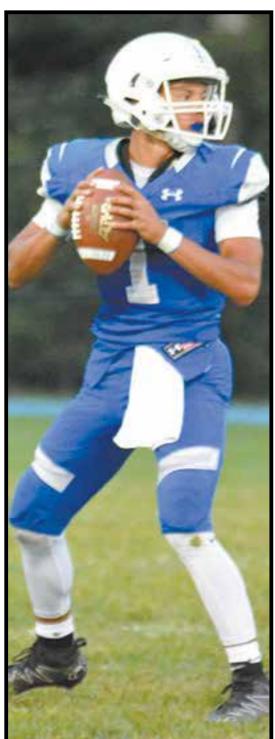
Ossining RB Izaiah Steen is a bruising RB who should spout yards up the gut this season.

continued from previous page

DE Mike Fasolino; Senior RB/SS Jordan Grullon (Two-time All-League performer and All-Conference Selection in 2016); Senior RB/WR Donte White:

Returning Defensive Starters: Junior OLB Mike Tosi (led the team in tackles as a sophomore with 72) and is said to be the hardest working, most dedicated player in the program; Senior DE Ardrit Qelaj (52 tackles and 3 sacks), tough kid, never shy's away from contact and loves to compete.

Key Veterans Assuming New Starting Roles: Senior G/MLB Matt Ptashnik (moves from fullback to guard and has also earned the job of starting MLB). His athleticism, speed and power are key to the O-line's development, which will make or break the Sailors.



Hen Hud senior QB Manny Carbone is as legit a dual-threat QB as the Sailors have ever had.

Key Rookies: Soph. RB/CB Rafael Fasolino (expected to start at CB and be involved in the return game); soph. RB/DT Dylan Strothers (extremely physical player expected to start at DT).

Captains: Senior Mike Fasolino, Junior Mike Tosi

Coach's Quote: This team has plenty of talent and experience at all of our skill positions on offense. The biggest question mark is our offensive line. If the O-line continues to work hard and improve, we will be able to play with anyone in Class A. I expect our defense to be much improved from last season. The defense is the most athletic unit we have had in our seven years here and it is anchored by our defensive line, which has a unique blend of speed and power.

League Favorite: Lynch likes Yorktown

Section Favorite: Clarkstown South

Social: @henhudfootball

Outlook: The Sailors are easy to hype, given the vast collection of skill players, including Carbone, who is the very definition of a dual-threat quarterback. He led the section in TD passes after nine games last year and is said to have a much better grasp and command of the offense this season. Fasolino is a twotime All-League performer and All-Conference Selection in 2016. His 31 receptions, 523 yards and 8 TDs last season led all tight ends in yards and TDs. Gronk-like, Fasolino is Carbone's favorite target. The two have shared a unique rapport since they were in 8th grade and should flourish this season. Grullon is extremely versatile coming out of the backfield; even Le'Veon Bell-like. He rushed for nearly 500 yards in 2017 and caught the ball 31 times for 304 yards, scoring a total of seven TDs in 2017. White is incredibly dangerous in space and can stretch the field. He has the ability to take a 2-yard bubble and go 80 yards for a TD. Last season's 13 receptions for 119 yards and 4 TDs should pale in comparison to this season as his role in the offense will certainly expand. The Sailors should score the ball often, but will they be nasty enough on defense to contend with Lourdes and Yorktown, two of the top teams in League B. If they can't block and tackle (tackling has been suspect in recent seasons),

the Sailors won't contend. If they can, this can be a special season. It's Final 4 or bust, really.

WALTER PANAS

Coach: Dan Patronik (9th year)

Lat year's record: 6-3, beat Sleepy Hollow in qualifier, lost to Rye

Top Returners: Evan Trapanese Sr .S/WR 2 year starter, backbone and leader of our defense; Davis Louis Sr. RB/LB 3-year starter and D-1 recruit, talented, quick and tough kid; Sean Laukatis Sr. RB/LB 3-year starter, quick explosive;

Anthony Mastraccio Sr. OG/DT, 3-year starter, anchor of the line; Joe Cavallo Sr. OG/DE 2-year starter

Key Newcomers: Robert Ennis Jr. WR/LB great hands, tough kid; Dean Ragone- FB/LB soph. transfer from Stepinac, two-way starter; Lucas Feliciano Sr. QB, transfer from Kennedy; Jason Keefe Jr. OL/DL, big tough kid

Captains: Trapanese, Laukatis, Mastraccio, Ennis

Offensive strengths:
Team speed and size upfront will be relied upon for success. David Louis and Sean Laukitis should

provide stability in the backfield with newcomer Dean Ragone at fullback. The line is stable in the middle and has looked solid in camp. Robert Ennis has looked good at the wideout and should provide a consistent pass option. Newcomer Lucas Feliciano is a transfer from Kennedy and has progressed nicely at QB. We are young and will probably endure some growing pains but have shown some promise.

Defensive strengths: Evan Trapanese will lead the defense in an aggressive scheme that will benefit from collective team speed. The line will be led by Anthony Mastraccio and Joe Cavallo along with newcomer Robert Ennis. Size, up front, should provide stability for LB's David Louis and Dean Ragone. Consistency and toughness will determine how good we can be on this side of the ball.

Coach's Quote: We are a young team that lost 19 seniors, many 2- and 3-year starters. We are working hard to become a team. If the young kids can learn the



Grid Preview Notebook

Panas senior RB-DB Sean Laukaitis is a legit two-way threat for the Panthers.

scheme and contribute with the senior class, we will compete in the section. Team speed and size up front should give us a shot, and our toughness will determine our success.

Outlook: Panas lost 19 seniors, including QB Brandon Hodge, RB Jacob Liebert, and Justin Walker, so replacing that trio will be tough to do. With Yorktown up in Week 1, the Panthers will get an early indication of where they stand, and by Week 4 (vs. Lourdes) we will know even more.

BREWSTER

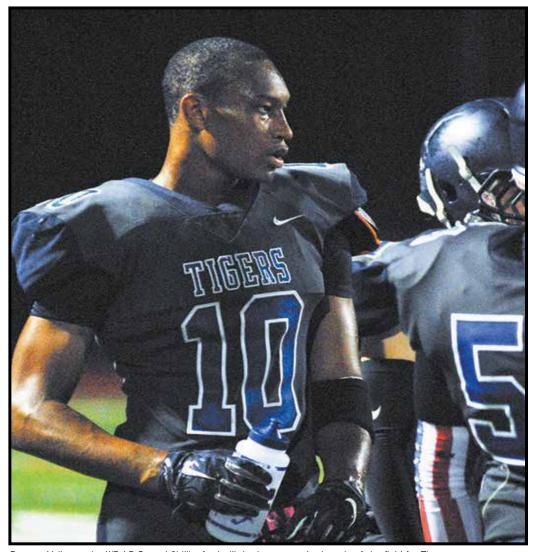
Coach: Ed Mulvihill (33rd season coaching, 7th as head coach, 33-21)

Last Year: 3-6, lost in first round of playoffs

Top Returning Players: Nick Girard - 6' 3" 260 Jr. OL/DL and Mark Delgado - 5' 10" 215 , Sr. OL/DL (duo will anchor the left side of the offensive line. Both players are sound blockers and work well together); Franco Milano 6' 2" 225 So., Nick Gonch

Grid Preview Notebook

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Putnam Valley senior WR-LB Darnel Shillingford will do damage on both ends of the field for Tigers.

6' 215 Sr., Dylan Simon 5' 9" 205 Jr., Austin Beal 5' 9" 185 Jr. will all be vying for a spot on the offensive line.

Mike Martinez - Jr. and Tom Cosolato - Jr. look to be set at RB with Dom Bartolomeo - Jr. Danny Buonadonna - Jr. and Jack Gussler - Jr. helping at slot back and TE.

Paul Catalano - Jr. WR/DB and Bobby McBride - Jr. WR/DB and Charlie Russell -Sr - will be the receiving corps. Brendan Fox - Sr. QB/DB will be in the mix at QB as a dual threat QB with Joe Dominguez -Jr., who can sling it pretty well. Henry Gonzalez 5' 10" 235 Sr. and Nico Slater 5' 10" 250 will anchor the interior line on defense with Franco Milano and Omar Elabdouni 6' 210 Sr. ahead for the defensive end positions. Jason Cardone -So., Aidan Sheil - So., Anthony Capone -Jr. and Joe Dominguez look to have the lead in the linebacking corp. Justin Niles Jr., Tom Consolato - Jr., Paul Catalano - Jr., Brendan Fox - Sr., Charlie Russell - Sr., Nico Surace - Jr. are all in the mix for DB.

Coach's Quote: We are very young and inexperienced in many positions but we like the attitude of our players. They are very coachable and willing to work hard. We play in a tough league but I feel

we will be competitive in all games. They have been a pleasure to coach this preseason. We are looking to become a more consistent team this year. Last year we made too many mistakes on both sides of the ball. We have done a better job this season on the little details. We are excited and looking forward to the season.

League Favorite: John Jay and Somers are perennial favorites. With Greeley and Fox Lane coming down from AA Mulvihill believe the Bears are looking up to the lot of them. "We will need to be ready to give our best each and every week," he said.

Class Favorite - Coach Mulvihill believes the Clarkstown teams have to be considered the favorites in Class A this year but won't count out former Brewster Coach Brian Walsh up at Lourdes. "I think he could also have a shot to be there at the end," Mulvihill said.

Social : @The Brewster Bear

Outlook: The Bears are still reeling from the loss of the 2016 senior class and until they can find that kind of size and athleticism the Bears will find the sledding tough, particularly after the first three weeks when Brewster opens up with Sleepy Hollow, Greeley and Lakeland. If the Bears don't get off to a good start there,

things will only be tougher over the final half of the season with John Jay CR, Somers and Fox Lane on tap.

LAKELAND

Coach: Mike Meadows (2nd season, 10th overall)

Last season: 2-7 (lost in qualifying round to Yorktown)

Returning Offensive Starters: OG- Jorge Duque (5-9, 215, Jr.), one of our leaders on the team and plays physical; OG- Josh Hirsch (5-9, 205, Sr), the guy with the most experience at the varsity level (3rd year on varsity); WR-David Kollbeck (5-7, 165, Sr.), brings speed and athleticism on the outside; WR- Phil Dellamonica (5-9, 170, Sr.), good athlete; OT- Nick Verrino (5-9, 215 Sr.), smart intelligent lineman

Returning Defensive Starters: DE Hirsch; OLB-Chris Kenney (5-7, 165 Sr.), small but most aggressive player on the team; S- Robert Hart (5-8, 170, Sr.), great all around football player and an old-school guy; S- Lucas Kowalski (5-8, 170, Sr.), plays angry; LB- Dan Ciraco (5-9, 185, Sr.), great athlete and smart football player

Key Veterans Assuming New Starting Roles: QB- Mason Nocito (5-8, 160, Sr.), will be starting QB after being the backup last year; OL/DL- Zac Pedretti (5'10, 235, Sr.), first time starter who worked hard in the off-season; OL/DL- Mike Cianci (5-10, 250, Sr.)

Key Rookies: RB/DB- Matt Makar (5-6, 155, Jr), younger brother to former Lakeland grad Sean Makar, who brings speed to the team; OL/DL- Jason Green (6'2, 235, Jr.), great all around lineman, who will be focal point on the line for us; RB/DB- Mike Castelli (5-6, 150, Jr.), great athlete; WR/OLB- Mark Cummings (5'11, 165, So.), young guy who will start both ways on varsity as a sophomore.

Captains: Mason Nocito, Lucas Kowalski, Josh Hirsch, Pat Fahey

Coach's Quote: In my second year as head coach we hope to take the next step as a program. We worked extremely hard in the off-season to improve on the things we struggled with last year. Improving our offense was a major focus as well as hitting the weight room. We improved our overall team strength and conditioning. The weight room has been our best friend and we hope to be physical in all phases of the game. We have an extremely difficult schedule however; but we are not using

it as an excuse. Rather, we see it as a challenge and expect to be competitive. We expect a lot from our captains and senior leaders since many guys will be starting for the first time at the varsity level.

League Favorite: Meadows likes Yorktown

Section Favorite: Lourdes

Social: MaxPreps, Instgram @ lakelandhornetsfb

Outlook: Winning football games has never been easy at Lakeland. For whatever reason, sustained success on the gridiron has been inconsistent for portions of the last two decades. That probably won't change this season, given the youth on the roster and the difficult schedule. Reaching the field of eight Class A playoffs teams will be extremely difficult, and few teams have a tougher first two weeks than Lakeland does (the Hornets host Lourdes & Yorktown). Let's say they start 0-2, Lakeland will face a must-win game against Brewster in Week 3 before they visit Hen Hud in Week 4. Unless they win both those game, Lakeland would be 1-3 (at best) before facing rival Walter Panas in Week 5, which would be a must-win scenario if the Hornets are going to qualify for the playoffs as a top 16 team. Coach Meadows, a former Hornet great himself, has done everything possible to change the culture, but that doesn't happen overnight. If Lakeland can manage three/ four wins this season, it will be a step in the right direction.

CLASS B

It's been all Pleasantville in three of the last five years, including the last two, and the Panthers enter the 2018 campaign as the team to beat in a revamped Class B field. Just seven teams will compete in Class B this season, including reigning champ Pleasantville, remains the favorite to represent in the state tournament this November. The Panthers will be joined by Ardsley, Bronxville, Nanuet, Putnam Valley and Westlake, plus last year's Class C champ, Albertus Magnus, so there won't be an easy game on anyone's schedule, outside of a potential crossover with a Class C or independent program.

PUTNAM VALLEY

Coach: Ryan Elsasser (6th season at Putnam Valley, 3rd as Head Coach)

Last season: 4-5 (lost in first round sectionals)

Returning Starters: Sr. Darnel Shillingford LB/WR 6'3", 205 lbs; Sr. John Listwan LB/HB 5' 10", 215 lbs; Jr. Matthew Carravone C/DE 5'10", 220 lbs

Key Veterans Assuming New Starting Roles: Sr. Quinn Strang QB; Sr. Daniel
Tavares HB/LB; Jr. Kaiden Patterson

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Haldane OL Will Westerhuis will lead the way for rugged senior RB Sammy 'The Bull' Giachinta (25).



Putnam Valley FB-LB John Listwan packs a load on both sides of ball.

DB/HB; Jr. Joseph Cioffi DB/WR; Sr. Christopher Cottrell OT/DE

Key Rookies: Sr. Jeremy Aviles WR/ DB; Jr. Michael Reichardt WR/DB; Jr. A.J. Keogh LB

Captains: Shillingford/Listwan **Section Favorite:** Up for grabs

Social: (for weekly stats) & amp; Twitter Handle: @CoachElsasser

Coach's Quote: We have some amazing D1AA/DII quality captains leading the surge this season in Darnel Shillingford and John Listwan. Class B is going to a very competitive class without a break in the schedule. We will need to come out at our best each week in order to be successful this year. We have a lot of talent returning and I am expecting some good things from the players joining the roster from the JV team, who had a successful 4-2 season last year. We will be throwing a lot at this group the next two weeks and will see who steps up and shines. It will be a very competitive atmosphere with players looking to win starting spots each week.

Outlook: With Magnus on tap in Week 1, the Tigers will get an early glimpse into their potential. The preseason pecking order has the Falcons high up on the list, so the Tigers will

> know where they stand quickly. Listwan works as hard as anyone and is an absolute beast, who should get the bulk of the workload in the running game, along with Taveras, Shillingford and Patterson. Shillingford is one of the best players in Class B, so expect Elsasser to figure out ways to get him the ball in space or over the top. The key, however, will be the development of QB Strtang and the progress of the linemen. Carravone is stout but the rest of the line is relatively green to varsity experience, which may prohibit the Tigers from making the necessary jump in status to qualify as a legit contender. That said, Class B is there for the taking this season.

CLASS D

Like it does every year, it comes down to Haldane and Tuckahoe as the lone legit Class D title contenders. The Blue Devils have copped just three titles since 2007 but appear poised to challenge in 2018 with

handful of kev veterans back in the fold.

Grid Preview Notebook

HALDANE

Coach: Ryan McConville (5th year) Last season: 6-3 lost in Sectional Finals

Returning starters: Nate Allen WR/ DB, Brad Dowd RB/LB, Craig Dowd OL/DL, Sam Giachinta RB/LB, Adam Hotlang OL/DL, John Hankel OL/DL, Matt Ortiz OL/DL, Thomas Percacciolo WR/DB, Will Westerhuis OL/DL, Matt Champlin WR/DB, Darrin Santos RB/DL

Key Rookies: Daniel Santos QB/ DB Andrew Aiston OL/LB Christian Pezzullo OL/LB

Coach's Quote: We have a great group of returning players who have a ton of experience and understand what it will take to play for and win a sectional title. Our young guys got a lot of work at camp over the summer and the coaches and I are hopeful that can translate to making some big plays once the season starts. Coaches and I are excited to start the season and see what our team is capable of doing. Obviously, a lot of attention will be paid to Giachinta to have over 1,300 yards last season, and we need to have guys like Percacciolo, Santos, and Champlin make plays and score TD's. We have a competitive schedule and are looking forward to renewing some old rivalries throughout the season.

League Favorite: McConville likes Tuckahoe

Section Favorite: Tuckahoe Social: @CoachMcConville

Outlook: Haldane's discipline and attention to detail is what keeps the Blue Devils as the thorn in Tuckahoe's side. The Tigers are usually the more athletic team, but the Blue Devils are well coached and have, in 5'9" 180-pound Giachinta, one of the best backs among all small schools. Santos will be the key, however, as he takes over for Brandon Twoguns, a three-year staple under center. The 6'3" 185-pound Champlin gives Santos a legit red-zone target and gifted set of hands, and at 6'3" 245 pounds Westerhuis will have his blind side covered. The Blue Devils will know where they stand right out of the gate as they open the season on September 6th against visiting two-time NYS champion Tuckahoe, winners of 12 of the last 15 Class D crowns.



TIME TO PUT YOUR BEGINS ON Pais On Pai



RAY GALLAGHER PHOTO

2018 Season Kicks Off Friday, Grid Previews on Tap

Mahopac junior DL Billy Reilly (L) and the vast majority of football players throughout Section 1 had their final dress rehearsals last weekend for the upcoming season, which kicks off this Friday at a field near you. The bustling local Week 1 schedule for the Northern Westchester/Putnam County region includes nine 7:00 p.m. games this Friday evening: John Jay EF at Mahopac; Suffern at Carmel; Yonkers Force at Ossining; Sleepy Hollow at Brewster; Spring Valley at Hen Hud; John Jay CR at Somers; Walter Panas at Yorktown; Lourdes at Lakeland and Albertus Magnus at Putnam Valley... see Grid Previews inside.