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August 21 - August 27, 2018

SMALL NEWS IS BIG NEWS

Volume 10, Issue 491

## Route 164 Site Likely for Proposed Patterson Cell Tower

By Neal Rentz

It appears more likely that the MTA will construct a 170-foot-high cell tower near a residential neighborhood on Route 164, which it owns in Patterson.

During a special town board meeting held on Aug. 15, Supervisor Richard Williams said he learned about the MTA plan for its cell tower during a recent conference call, which included Putnam County Legislator Ginny Nacerino.

Williams asked the MTA if it would consider constructing its tower on a portion of the 145 acre parcel owned by LAPCORS, LLC at 629 Route 311, which has an application for a paintball and recreation center that is being reviewed by the planning board. Williams also asked the MTA if the LAPCORS property could be the site "if we demonstrated to them that could meet their timeframes. They've announced pretty aggressive timeframes to have certain approvals at least started if



NEAL RENTZ PHOTO

The Patterson town board held a special meeting last Wednesday in which they again discussed a cell tower the MTA wants to construct in town that has left many residents concerned.

not fully complied with."

"The MTA said they were not willing to place the tower on the LAPCORS site because they wanted all of the approvals including the design of the site," Williams said. "They had their doubts about whether we could do that for (the town's) recycling center site. I would tend to agree with them."

The Route 164 location would be located on MTA property, making it easy for the organization to construct a tower without town oversight. Many neighbors near that location, including Legislator Nacerino, have been rankled by the possible placement.

Williams said he also asked the MTA if it would provide its assurance that it would utilize a cell tower that would be constructed by Wireless Edge on the town's recycling center site

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## Owens Proudly Assumes Reins of Kent Police Department

By David Propper

When he began his career with the Kent police department more than two decades ago, Kevin Owens never had a fleeting thought about one day leading the department.

But last week, the town board named Owens the acting chief of police in the Town of Kent as the department lifer has assumed the role he never dreamed of. Taking over for former chief Alex DiVernieri, Owens wants to continue the department's positive role in the community.

"When I started out that wasn't like a thought in my head," Owens said of one day becoming chief. "I was just happy to have a job and feed my family and do something that I liked."

Owens started out as a patrol officer in



DAVID PROPPER PHOTO

New chief of police in the Town of Kent Kevin Owens

1995 and steadily rose through the ranks. He became a detective in 2001, was then promoted to sergeant in 2012 and in 2015 he became a lieutenant.

"Now, I'm lucky enough to be chief," Owens said, noting he's been with only the Kent department his entire law enforcement career. "I feel lucky to go up through the ranks."

Working in a small town like Kent has been a joy for Owens, because he feels like he can make a difference. He was a youth officer in the local schools for several years and now he sees students he assisted grown up and living in the community. Some of have even become police officers.

"You know the people and you can actually help people," Owens, who was in the Army for three years before becoming a police officer, said.

Owens said he learned much from previous leaders of the department and is proud to continue a legacy of community service. Talking about former chief DiVernieri, Owens said the he stressed "community policing," a tradition Owens knows is important to continue.

While the department will handle major problems like drug use and property crime, they will also respond to an intruding bat in someone's house or a dog on the loose and try to help the best they can, Owens said. Owens said there is a certain joy in helping people that you see around town, whether it is at the grocery store and in the local diner or at a school function and church service.

"It's not just a police department where you're looking to give out tickets and

*continued on page 4*

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# Drug Crisis in Our Backyard Receives State Grant

At the Carmel Shed the Meds program held on August 14 at the Carmel Police Station, Senator Terrence Murphy presented a check for \$10,000 for Drug Crisis in Our Backyard, given to Executive Director and Co-Founder Susan Salomone.

"Drug Crisis in Our Backyard has been instrumental in helping raise awareness concerning the dangers of drugs and drug addiction. Susan and her husband, Steve, paid the ultimate price, losing their son to an overdose," Murphy said. "Her program is a giveback to the community and has rescued many

lives from the grip of addiction. Drug Crisis in Our Backyard is a grassroots organization that is making a difference."

Drug Crisis in Our Backyard and CoveCare Center have initiated the Family Support Navigator Program designed to assist families and individuals residing in Westchester and Putnam Counties who are struggling with substance abuse disorder by providing information on available resources that are vital to recovery. The program provides free services at the individuals or family's choice of location. For more information, contact Susan Salomone,

CASAC, Resource Manager at 845-225-2700, Ext. 245 or by e-mail at SSalomone@CoveCareCenter.org.

Murphy's Shed the Meds in Carmel was held in conjunction with Assemblyman Byrne, the Town of Carmel, the Carmel Police Department, and Drug Crisis in Our Backyard. County Executive MaryEllen Odell and Carmel Supervisor Kenny Schmitt were also on hand.



# Support Connection Announces Free Walk Kickoff Breakfast

Support Connection, Inc. announced a Kickoff Breakfast for their Annual Support-A-Walk for Breast and Ovarian Cancer. The celebration, hosted by NewYork-Presbyterian/Hudson Valley Hospital, will take place on Wednesday, Aug. 22, from 8 a.m. - 9 a.m., at 1980 Crompond Rd., Cortlandt Manor, in the main lobby of the NYP HVH Cheryl R. Lindenbaum Comprehensive Cancer Center. The Kickoff Breakfast is free and open to everyone. There will be breakfast, networking, door prize drawings. It's also a chance to learn everything you need to know about the Support-A-Walk.

Support Connection staff and volunteers will be on hand to answer questions and assist anyone who wants to participate in the Walk. Brochures, flyers and other materials will be available, along with info on donating, fundraising, forming teams, and ways to participate even if you can't attend the Walk. For more info on the Kickoff Celebration Breakfast, contact Support Connection: 914-962-6402 or walk@supportconnection.org.

The Support-A-Walk for Breast and Ovarian Cancer will take place on Sun., Oct. 7, 2018 (rain or shine) at FDR Park, Route 202, Yorktown Heights.



(L-R) Support Connection volunteers Valerie Peyronnet and Jane Crossley, with NY-P/HVH Chef Emilie Berner (center) at last year's Support-A-Walk Kickoff Breakfast.

With colon cancer so close to her unborn child, other hospitals couldn't help them both. But thanks to the precision of robotic surgery and the expertise of her obstetricians, Gina's care team saved two lives at once.

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Gina's miracle wasn't beating colon cancer. It was having a baby at the same time.



# County Leg. to Vote on T-21 Proposal Next Month

By David Propper

After months of the legislation lingering at the committee level, the Putnam County Legislature will vote in September whether or not to raise the age a person can buy tobacco and vaping products within county borders.

The legislature's health committee voted unanimously last week to require a person to be 21 years or older to buy tobacco and vaping products, but in order for the legislation to be enacted, a supermajority of lawmakers (six) need to approve the measure at their full meeting next month. The current age to buy tobacco and vaping products is 18.

The legislation proposed would bump up the age to buy tobacco and vaping products and require stores that sell tobacco and vaping items to register for a license so the county is aware of which stores sell these products. Punishment for selling tobacco or vaping products to residents under 21 could result in fines.

Youths under 21 caught with tobacco or vaping products would not be criminalized. The push to raise the age has been commonly referred to as T-21.

Legislator Barbara Scuccimarra said during meeting that tobacco use remains the single most preventable cause of death in the United States. About \$3 billion is spent each year on medical costs related to tobacco. She also discussed

how widespread tobacco and e-cigarette use can be among youths with it very hard to reverse the effects of tobacco once young people begin.

Carmel resident Tracey Walsh, representing the American Cancer Society, said tobacco corporations have targeted youths for far too long and now e-cigarettes are making it harder to slow down youngsters from smoking. Teenagers that have never smoked a cigarette are now using up e-cigarettes, Walsh noted. She said raising the age to purchase tobacco is not overregulation, but a fiscally responsible step due to the high health costs associated with tobacco.

While Walsh acknowledged that this law would not eliminate all tobacco use, it would sharply reduce the amount of smoking among teenagers.

"Tobacco-21 is proactive," Walsh said.

Social services deputy commissioner Joe DeMarzo said the adolescent brain continues to develop from 21 to 25 years and anything that young adults use, including tobacco can affect frontal cortex of the brain, which include reasoning, planning and motor skills. Vaping products and tobacco can be gateways to more dangerous drugs like marijuana, which can lead to harder drugs.

Anthony DiCarlo, the Mahopac superintendent and schools, said schools

need to adjust to the "social forces of the time" and it's important to be proactive. Vaping is "toxic liquids," DiCarlo said that could have lifelong effects. Other school chiefs support this legislation, he noted.

Southeast Councilwoman Lynne Eckardt said the majority of the Southeast town board supports the county raising the age to buy tobacco or vaping products. (The vote on the town was board was 3-2.) Raising the age to purchase alcohol has saved thousands of lives and the town board believes raising the age to buy tobacco will have a similar result, she said.

"We would like to see Putnam County take the lead in protecting our youth," Eckardt said.

Several other stakeholders interested in seeing the age bumped out spoke up, citing statistics about the widespread nature of tobacco and vaping among youths.

Health commissioner Michael Nesheiwat said if the legislation saves one life, the county Legislature should be "compelled" to move the measure forward. Social services commissioner Michael Piazza said the chances of becoming addicted to tobacco is greatly reduced if they aren't able to smoke until 21.

The lone voice of dissent from the

audience was Cheryl Richter, who is the executive director of the New York State Vaping Association. She didn't want tobacco to be conflated with vaping, which she thinks should not be included in this legislation.

She argued that vaping is a way to stop people from using tobacco and is a better alternative. Her own son used to be addicted to tobacco for three years, but was able to stop when he turned to vaping.

Two other lawmakers that support the proposal are Carl Albano and Amy Sayegh.

"This is very common sense direction we're going in," Albano said.

Legislator Bill Gouldman, who has shown opposition to the proposal, asked if the services in the county, including school systems, were prepared to help young people that could be withdrawing from the tobacco or e-cigarettes they no longer have access to. Several of the stakeholders supporting the legislation stressed the resources were available.

Most lawmakers are on not board with the proposed law and most lawmakers that would need to change their minds in order for the law to pass weren't even at the health committee meeting.

"I'm just a little disappointed that the rest of my legislators weren't here," Scuccimarra said.

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# Route 164 Site Likely for Proposed Patterson Cell Tower

continued from page 1

"Their response was pretty much an absolute no," Williams said. The MTA also said it would not be willing to pay rent for being on the recycling center site, because "they don't pay to use cell towers on government property," he said. "For me that was a bit of a game changer."

After hearing the comments from the MTA Police on the conference call, Wireless Edge has come up with a new lease agreement proposal, Williams said, adding that fellow town board members asked for the special meeting to discuss the proposal.

Deputy Supervisor Charles Cook said he reviewed Wireless Edge's new proposed lease agreement to construct a 166-foot-tall cell tower on the recycling center site on Cornwall Hill Road without the MTA Police. Cook asked Jordan Fry, an attorney representing Wireless Edge, if the lease would be for 10 years with the option for four 10-year lease extensions. Fry said Cook was correct.

Councilman Shawn Rogan said he was concerned that the MTA could seek to place a cell tower wherever it wanted in town if other proposed sites did not fit the MTA's criteria.

Fry said in the conference call he believed the MTA told the town and



NEAL RENTZ PHOTO

Jordan Fry, an attorney representing Wireless Edge, addressed the Patterson town board on Aug. 15.

Wireless Edge "you can use your best efforts to do what you've got to do, we're not giving you anything in writing but if you try maybe we'll reconsider (the

recycling center site)."

The town and Wireless Edge need to decide if they can agree on a lease agreement to construct a cell tower on the recycling center property and if the MTA may consider substituting the recycling center property for the Rote 164 site if a lease agreement is reached between his client and the town, Fry said.

The proposed lease would need to be reviewed by Wireless Edge's investors, Fry said.

Cook said if the cell tower were

constructed at the recycling center without an agreement from the MTA police to use the tower, the town would not know when there would be a use for that tower.

The town board did not make a decision at last week's meeting on the proposed lease with Wireless Edge.

No public comments were taken at last week's special meeting, but Williams said the public could speak at the next regular meeting, which is scheduled for Aug. 22 at 7 p.m.

## Owens Proudly Assumes Reins of Kent Police Department

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arrest people, but you're looking to solve problems with the citizens," Owens said. "Everybody working together to make the community a better place to live."

Residing in Holmes, Owens is a short distance from department headquarters and his children went through the Carmel school system.

So far, Owens, who still dons his lieutenant pin until his chief pin arrives, has led the department for most of

July and now into August. With a good group of men and women working in the department, everyone has chipped in through the transition period and gone the "extra mile," Owens said.

Recently, Owens said the department hired two new members to join the patrol ranks. As they were being sworn in, he wondered what those two new members were thinking, particularly about their future with the department.

"Someday maybe one of them will be chief," Owens said.



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# YOUR VOTE MATTERS ON AUGUST 21<sup>st</sup>!

Shall the Town of Putnam Valley lease 3112 square feet of space adjacent to the Town Highway Garage to HOMELAND TOWERS, LLC for the purpose of installing a telecommunications tower and ancillary equipment to provide cellular telephone service to areas without service?

## VOTE YES!

The proposed tower location at the Town Highway Garage:

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There is a confirmed need for reliable wireless service in the area surrounding the site.
2. is needed in order provide reliable service to the area  
If the site is not at the Town Highway Garage, a new tower will still be needed and would **be located on private property that is potentially closer to more homes or nearby schools.**
3. will provide a revenue stream to the Town of Putnam Valley  
If the tower is located on private property the Town will not benefit from the revenue stream
4. will allow the Town of Putnam Valley to more thoroughly control the site  
If approved the Town of Putnam Valley will not only control the permitting process but have increased control of the site as the owner of the property.
5. will be available for use by Emergency Responders  
Space will be reserved on the tower for use by public safety and emergency responders with no recurring cost to the Town.

VOTE **TODAY, AUGUST 21, 2018.** Polls are open from 12 noon to 8:00 PM.

PLEASE NOTE FOR THIS ELECTION ONLY –

The TOWN OF PUTNAM VALLEY has been TEMPORARILY consolidated into one polling place. THE PUTNAM VALLEY TOWN HALL COURT ROOM, 265 Oscawana Lake Road, Putnam Valley, NY 10579 will be the only polling place open for voting in Putnam Valley.



# Maloney in Clear to Currently Run for Two Seats

By David Propper

After facing a legal challenge, Congressman Sean Patrick Maloney is in the clear to run for New York State attorney general, an Albany County Supreme Court justice determined Aug. 9.

Maloney is running simultaneously for both attorney general and his 18th congressional seat going into a Democratic primary for AG in September. If he wins the Democratic nomination for AG, then he will continue to run for the law enforcement position. If not, he will run again for his congressional seat.

A group of residents in the 18th district sued Maloney last month in hopes of knocking him off the ballot in both contests, but Justice Denise

Hartman ruled Maloney could decline his nomination for Congress if he wins the primary for AG. Local Democratic Party committee members would then select his replacement on the ballot to face Republican challenger Jimmy O'Donnell in a district that encompasses all of Putnam and Orange counties and slices of Dutchess and Westchester counties.

The attorney for the plaintiffs, John Ciampoli, argued that Maloney couldn't run for both offices because they are incompatible and he can't serve in both positions, according to the New York Law Journal, which first reported the news. That argument didn't persuade Judge Hartman, who said Maloney is not yet the Democratic nominee for two offices.

"If Mr. Maloney obtains the Democratic nomination for New York attorney general, the statute on its face would allow him to decline the earlier nominations for

Congress," Hartman wrote. "But here, Mr. Maloney has not received the nomination that would place him on the same ballot for two incompatible offices."

## Obituaries

### Robert D. Ferris

It is with heavy hearts that the Ferris Family announce the passing of Robert D. Ferris, age 54, a lifelong resident of Mahopac. Robert had been battling multiple myeloma, a form of cancer, for over 22 months. He fought this disease like a warrior with courage, strength, and perseverance. Robert died on August 11 at NY Presbyterian / Cornell Hospital. Rob, as he was known to many, was born on January 5, 1964 to the late Arthur and Elizabeth Ferris at Northern Westchester Hospital in Mt. Kisco, NY. Rob graduated from Mahopac High School in 1982 and was a member of St. John's the Evangelist Church. On April 26, 1997, he married Carole Moccio, the love of his life, at St. Joseph's Church in Croton Falls. Together they were blessed with two beautiful children; Robby and Amanda whom he adored. For over 27 years Rob was employed by Carl Zeiss, working his way into management as technical support specialist. He was a very dedicated employee who enjoyed what he did each day. Rob called many of his colleagues his "Zeiss Family." Rob also coached MSA basketball, football and baseball for many years. He made many life long friends along the way. Rob was an avid runner; running in four NYC Marathons and a skilled fisherman. He was also fortunate to participated in the Macy's Thanksgiving Day Parade for the past 17 years. Rob had a passion for collecting Star Wars and G.I. Joe memorabilia. He was also a big fan of Jethro Tull and The Moody Blues. In his earlier years, Rob played one year of semi-pro football with WCC and was a "Weekend Warrior" working in the pits for the NASCAR Winston Cup Series, Car #52, Jimmy Means. Rob was a pillar of strength and admired by all. He was truly the best husband, father and friend. Rob's

legacy of love and devotion will continue to grow in the hearts of all who knew and loved him. His dependability, compassion and kindness will be missed by all.

### Richard Tarracciano

Richard Tarracciano died at home in Brewster on August 11, at the age of 69 after a prolonged period of declining health. Richard was born on October 27, 1948 in Mount Kisco, and was predeceased by his parents, Anthony and Josephine Tarracciano. Richie is survived by his daughter Lisa Houle (Jamie) of Raymond, NH and brothers Tom (Kathy) of Williston, VT, John of Pawling, NY, Dan (Lisa) of Williston, VT and Dave (Maureen) of Suffield, CT. He is also survived by many loving nieces, nephews and cousins. Richie was a 1966 graduate of Fox Lane High School in Bedford, NY and was an accomplished cook, and happily shared his culinary talents with friends and family alike. He had a lifelong passion for music, having played the saxophone and singing in a band in high school. Richie had an extensive collection of all genres of music and attended countless concerts over the years. Richie was also a lifelong Dodgers fan, especially centerfielder Duke Snider, following them from their days in Brooklyn to Los Angeles. He also took pride in performing amateur magic tricks for his nieces and nephews. A graveside service will be held on Saturday, August 25, at St. Francis Cemetery in Mount Kisco, NY at 11 a.m. Beecher Funeral Home, 1 Putnam Avenue, Brewster, assisted the family with arrangements. We would like to express our sincere gratitude to the many family and friends who cared for Richie over the last few years. In honor of Richie, his family only asks that you eat the good

*continued on page 8*

## Local Vet. Advocate Charged with Bingo Fraud in Yorktown

By Rick Pezzullo

A Vietnam veteran was charged earlier this month with felony Gaming Fraud by allegedly changing the outcomes of weekly Bingo games at the Yorktown Jewish Center on Route 202.

Neil Gross, 71, of Mohegan Lake, was arrested by Yorktown Police following an investigation in conjunction with the New York State Gaming Commission. He was processed and released on his own recognizance. He is due in Yorktown Town Court on September 11 to answer the charges.

Examiner Media has learned Gaming Commission investigators were notified of Gross' possible misdeeds as a Bingo inspector in May by a Cortlandt man who made a complaint after attending a Bingo session in late April and videotaped Gross' actions.

The tape was turned over to investigators, who later attended some Bingo games to witness first-hand how Gross calls games.


According to Yorktown Police, Gross, a longtime Bingo ball caller at the Jewish



Center, violated the rules of casino gaming of multiple Bingo games. Gross, a Purple Heart recipient, co-chairs Chapter 21 of the Military Order of the Purple Heart and has lobbied many elected officials in Westchester and Putnam counties to designate their municipalities with a Purple Heart tag.

Center, violated the rules of casino gaming of multiple Bingo games.

Gross, a Purple Heart recipient, co-chairs Chapter 21 of the Military Order of the Purple Heart and has lobbied many elected officials in Westchester and Putnam counties to designate their municipalities with a Purple Heart tag.



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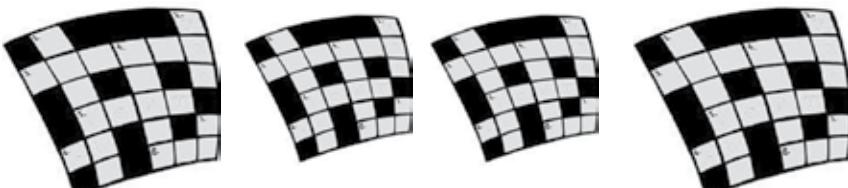
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Will Northeast Logistics be Good for Southeast? Do the math:	
<b>Plus:</b>  665 Jobs          \$1 Million in School Taxes	<b>Minus:</b>  Primarily warehouse jobs that pay between \$15 and \$17 an Hour Not a living wage in Putnam County  A PILOT Program ensures that the project will not pay this full amount for the first ten years. The same applies to Town, County and even Fire District taxes  Traffic: The project will generate over 510 truck trips a day and over 1000 private vehicle trips. A Roundabout (with traffic lights) will be added to Route 312. Peak season traffic could be higher.  Noise: 510 truck trips a day, 212 loading docks  Air Pollution from additional traffic congestion  Visual Pollution: Built on hilltops seen throughout Southeast and Carmel. Light pollution at night.

LEARN MORE: To hear questions and comments by the Southeast Planning Board attend their next meeting on Monday, August 27th at 7:30 PM. The meeting will be held at 1360 Route 22, Brewster. This is not a Public Hearing so the public may not speak, but comments and questions can be sent to the Planning Board.

Town of Southeast Planning Board  
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[planning@southeast-ny.gov](mailto:planning@southeast-ny.gov)

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## Letters to the Editor

### Sen. Murphy Fights for Families, Business Owners on Host of Issues

I wanted to give credit where it's due, even if it's a little late. They say all politics is local, and when it comes to my family's quality of life, nothing could be truer. Very few public servants have had a positive impact on life in my town as Terrence Murphy, our state senator. I know that he is always out there fighting against the heroin epidemic, and he always has

the back of working families and small business owners alike.

On a recent Saturday morning, I was driving around knocking things off my "honey do" list, when I realized how smooth the ride was. It was only a few weeks ago that nearly every road in a five-mile radius of my home was pockmarked with potholes and craters, making my

routine downright unsafe. To constantly detour around my own neighborhood just to get home is nothing one should have to get used to and is inexcusable.

I only just came to understand that Sen. Murphy was responsible for getting hundreds of thousands of dollars (OUR tax dollars) right back here where it belongs to repair the roads from all the

winter plowing.

Imagine that, a politician actually looking out for us! That's all I ask for. I know he's working for my family. I trust him, and that's why I'll be voting for Terrence Murphy in November.

Michael McDonald  
Carmel

### Kesten is Best Hope to Try to Put Brakes on Albany Corruption

It's no secret that corruption is rampant in Albany. And it's not exclusive to either party. Just in the past few months, former Republican Senate Leader Dean Skelos and erstwhile Democratic Assembly Speaker, Sheldon Silver were both convicted of corruption. They were joined by two of Gov. Cuomo's closest aides. And the list goes on and on.

Each election cycle, politicians promise that they will fix the problem. But once the election is over, nothing significant is

done. It seems that they prefer the status quo. Our incumbent, state Sen. Terrence Murphy, has been in office for nearly four years, but he has done absolutely nothing to remedy the situation.

The only answer is to replace our current representatives in Albany with fresh faces. Those who are not part of the Albany establishment and are not beholden to party bosses or entrenched officeholders. Such an individual is Robert Kesten, candidate for the Democratic nomination

for state Senate in the 40th District.

Kesten is not a career politician. He entered the race a year ago as an independent, grassroots candidate and subsequently earned the endorsement of numerous progressive organizations and Democratic town committees throughout the district. He owes nothing to those that have resisted ethics reform for so many years. His only obligation is to you, the citizens of the 40th District.

If you really want to eliminate the

venality in Albany, your first step is to vote for Robert Kesten in the Democratic primary on Sept. 13. He won't be able to do it alone, but with your support he can begin the arduous process of restoring honest and open government to the citizens of New York.

Joel E. Gingold  
Croton-on-Hudson

## Obituaries

food, laugh at the good jokes, listen to the good music and tell the good people around you that you love them

### Anita Cecilia Grant

Anita Cecilia Grant, 64, of Mahopac, and formerly of Brooklyn died unexpectedly on Sunday, August 12, at Putnam Hospital. Born of December 15 1953 in Kingstown, ST. Vincent and the Grenadines, Anita is predeceased by her parents Walter Danzine and Irish Small-Jack of Lowmans Hill, St. Vincent and the Grenadines. In 1988, Anita migrated to the United States with her husband of 47 years, Alston Grant and her three children; Naushod Grant, Isadore Grant and Keisha-Grant-Cavanna respectively. Anita attended the Roman Catholic School, St. Vincent Technical College and Medgar Evers Cuny, where

she excelled, being placed on the Dean's list and graduated with a Bachelors degree in Public Administration. Before retiring Anita was a dedicated substitute teacher within the New York City public school system. As a dedicated educator, she touched many lives and gave back so many enrichments to those lucky enough to be taught by her. She went above and beyond her duties as an educator, ensuring that each and every one of her students had a chance to succeed. Although helping kids succeed was one of her most treasured accomplishments, her family was really her pride and joy. Even after retirement, Anita was still very productive and never grew tired of living a busy, fulfilling life. She enjoyed her grandchildren, going in family vacations, gardening, cooking, baking and was an avid fan of the New York Mets, Knicks and wrestling. Anita was a loving mother, grandmother, sister, aunt, wife, daughter, step-daughter, niece, cousin and friend to all who knew her. She leaves behind a legacy of love and devotion to her family, friends and community. She will forever be in our hearts and in our memories. She is survived by her husband Alton Grant, her three loving children and son in law Naushod, Isadore and Keisha (Nathan) Cavanna, her three cherished grandchildren; Diamond, Connor and Erin all of whom she adored and held a special place in her heart. Her siblings Agnes, Kathy, Dave, Melvin, Joseph, Candy, Sylvon, Gideon and Richard and her step-father Carlton Jack, her nieces and nephews, too numerous to mention, and many cherished lifelong friends.

### Bill Gunther

Bill Gunther died peacefully on August 14. He was proud of reaching 101 years of age. William Francis Gunther was born on January 5, 1917 in New Haven, Ct., to Charles and Catherine (Flood) Gunther. Bill attended local schools, graduating Hillhouse High School in 1934 and Quinnipiac University. Bill served three years in the US Navy from 1942-1945 and participated in seven invasions of Japanese held islands in the Pacific. Bill joined the US Naval Reserve and was recalled in the Korean War period. Bill worked as a Life Insurance Salesman for 40 years for the Penn Mutual Life Ins. Co. He was active in this industry serving as President of the New Haven Life Underwriters Association and President of the Southern Connecticut Chartered Life Underwriters Association. Bill moved to The Villages in

Florida from Milford, Ct., in 1993. He was a member of St. Timothy Roman Catholic Church, American Legion Post 347, the Off Broadway Players, Wyler Carroll Billard Club, and Lady Lake POA. Bill is survived by his wife, Marylou Gunther and four sons; William F. Gunther, Jr. (Daphne) of the Villages, Marc W. Gunther (Barbara) of Junction City, Oregon, Paul T. Gunther of Charlotte, N.C. and Michael Gunther of Michigan. Bill also has two step-daughters; Karen (Richard) Mahon of Carmel, Lonna Kelly (John) of Pawling, and two step-sons; Timothy (Margaret) of Lake Peekskill, Brian (Dana) of Brookfield, Ct. He also leaves behind 14 grandchildren and nine great-grandchildren. He is preceded in death by his four siblings; John Gunther, Charles Gunther, Mary McDonald and Carolyn Bruning.



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Adam Stone  
astone@theexaminernews.com  
**Publisher**

David Propper  
dpropper@theexaminernews.com  
**Editor-in-Chief**

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Business  
of the Week

# Empire Bagels

## Brewster

By David Propper

Well known throughout the tri-state area, Empire Bagels has now made the trip up north setting up shop in Brewster. Offering a wide array of breakfast foods, the tandem of owner Jay D'Angelo and store manger John Sozio is ready to offer authentic New York bagels that the business has become famous for.

Open for a little more than a week along Route 22, Empire Bagels now has three stores in New York: its original one in the Bronx, another one in Cross River in Westchester County and now in Brewster.

The bagel store in the Bronx opened 25 years ago and offers a simple but delicious collection of food; only bagels with either cream cheese or butter and muffins. Customers also order at the window since there is not eat-in area. D'Angelo's father ran the Bronx location for years with his son taking the reins and even expanding.

Three years ago, he opened up the Cross River spot and is thrilled to be in Putnam where he resides. D'Angelo, a Carmel resident, said he decided on the Brewster location the moment the prime spot became available. He called the shopping center along Route 22 a "great area" to open a business.

Empire Bagels offers different breakfast



DAVID PROPPER PHOTO  
Jay D'Angelo (right) and John Sozio stand proudly inside Empire Bagels in Brewster, where they opened a week ago.

cuisine outside of bagels, as well as shakes and vegan options.

When asked what makes their bagels so irresistible, D'Angelo has no clue.

"I don't know, I don't know what everyone else does wrong," D'Angelo said with a lighthearted laugh. "I just do it."

D'Angelo and Sozio work together with Sozio running the general operations of the store. Sozio's niece is D'Angelo's wife

and they've known each other for about two decades. Sozio isn't new to the bagel business, working for other companies for a long time.

"Now we come together and open this awesome place," D'Angelo said.

The inside of the store is flawlessly put together, with a cozy, rustic feel to it. D'Angelo said this style is what he likes and it's even the style he decorated his

own house with. The renovations took about two months without the help of a contractor.

So far, Sozio said the customer response has been "amazing." Sozio said even after just a few days, the store has regulars that have come each day.

With the help of an energetic staff, Sozio said the shop has been smoothly run.

"It's all about taking care of the customers," Sozio said. "We have a great bagel, that's what it starts with. You got to have a great product before customers come in and you got to keep the customers. You have to 'wow them' and I think we're doing that so far."

Growing up, D'Angelo's father taught him the ropes and took him under his wing. It was only natural that he would one day follow in his footsteps. But that doesn't mean the work is any less labor intensive. Last Wednesday, D'Angelo started out his day in the Bronx, then went up to Cross River and then finally hit up Brewster to round out his day.

"I like keeping busy, it keeps me running all day long," D'Angelo said.

*Empire Bagels is located at 851 Route 22 in Brewster and its phone number is (845) 363-1647.*

# Crossword Puzzle

1	2	3		4	5	6		7	8	9
10				11				12		
13				14			15			
16				17						
18			19							
20							21	22	23	24
			25	26	27	28				
	29	30						31		
32								33		
34				35				36		
37				38				39		

- Across**
- 1. Musical notes
  - 4. Alias
  - 7. Prime example of stubbornness
  - 10. Accommodating place
  - 11. Trim off
  - 12. Bout enders, for short
  - 13. Int'l aid overseer, often
  - 14. High-spirited horse
  - 16. Small GM car
  - 17. The Dick Van Dyke show, et al.
  - 18. The epitome of fender unbenders in Peekskill, \_\_\_\_ Collision Center
  - 20. Executive helper: Abbr.
  - 21. Notorious fiddler
  - 25. Entranced
  - 29. Big name in fashion
  - 31. "Cool!" in the 80s
  - 32. Open up, as a flower
  - 33. "I am the greatest" boxer
  - 34. "When \_\_\_\_ good time?"
  - 35. Cavity filler's org.
  - 36. Trademarks, abbr.
  - 37. Negative joiner
  - 38. Guitarist Paul
  - 39. Hair color

- Down**
- 1. Tongue
  - 2. Charlie's group
  - 3. High-hats
  - 4. Auto security feature
  - 5. Divided land

- 6. In different locations
- 7. Like
- 8. In order (to)
- 9. Tax form ID abbr.
- 15. Good, in Guadalajara
- 19. Agenda details
- 22. Publisher's addenda
- 23. Spheres
- 24. Strange
- 26. Like some sprays
- 27. Cell terminal
- 28. Belonging to an Italian grandmother, or new Yorktown Pizzeria
- 29. Too
- 30. Guffaw
- 32. Recycling container

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# Back to School Guide

## How Ready is Your Child for the New School Year?

Backpack and supplies -- check! So, what's left to do before going back to school? How about finding out how well your child has learned foundational skills that they need to succeed in the next grade?

Ninety percent of K-8 parents believe their child performs at or above grade-level in reading and math, according to Learning Heroes' research. However, the National Assessment of Educational Progress finds that only a little more than a third of students are achieving at that level. What's more, the "summer slide" puts students at risk of losing up to two months of reading skills and two and a half months of math skills over a single summer.

To get a better feel for how prepared your child is for the next grade and how to support their learning at home, check out these tips from Learning Heroes' "Super 5 Back-to-School Power Moves."

**1. Get a gut check:** Use the Readiness Check to see how prepared your child is for their new grade. Designed by leading experts in reading and math, the Readiness Check instantly provides important information about your child's grade-level progress with reading and math skills after your child answers just three to five questions in each of the



Work with your child to find out if they have learned the foundational skills necessary to succeed in the next grade. Source: Copyright Jennifer/ stock.Adobe.com

two subject areas. The free tool, which is available in both English and Spanish, also connects you to information, videos and activities to help build grade-level skills at home. To access this tool and other resources, visit [belearninghero.org](http://belearninghero.org). Other ways to assess how ready your child is for the new grade include paying attention to how easy or hard it is for them to do grade-level tasks and looking

at their annual state test results from last year. If you haven't received the results yet, ask your child's teacher.

**2. Partner up:** At your first teacher meeting, bring your child's state test results and ask what they mean for this year. Find out what's expected of your child and how you can provide support at home. Help the teacher get to know your child by sharing their interests and

strengths as well. You can also share what you learned from the Readiness Check.

**3. Make learning fun:** You are the expert on your child and can make learning exciting. Read together, choosing topics that interest your child. Find math in everyday life and turn it into a game. These small learning moments add up to a lot.

**4. Celebrate effort:** Help your child see that hard work is what leads to success. Focus on effort and what your child is learning. This will help your child feel less nervous about new tasks or subjects.

**5. Support life skills:** Strengths such as communication, problem solving, and confidence will help your child in school and life. Talk openly with your child about how they feel and handle situations, especially tough ones.

"Learning happens everywhere -- at home, in the community and in the classroom," says Bibb Hubbard, founder and president of Learning Heroes. "The Super 5 Back-to-School Power Moves can help you use the summer and beginning of the school year to get a more complete picture of where your child is on track, and where more attention and focus may be needed."

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# Back to School Guide



## Help Students Get Organized for a Strong Start to the School Year

School-related stress is common among multi-tasking students. But smart organization can make it easier to dash from class to study hall to afterschool activities. It all starts with the right supplies. Gear up for a successful, low-stress school year with these handy tips.

### Consult the List

Give your students the tools they'll need to hit the ground running, and alleviate their stress of being unprepared, by referencing the supply list the school sends home. Then spend some time before the first day of school doing something fun together that's also educational, like visiting a museum or reading books. This will get brains active and alert before the first bell rings, ensuring a smooth transition to classroom learning.

### Work Smarter

A lot of information is thrown at students during a lesson, but even the quickest notetaker can run into trouble sorting it all out when it comes time to study. The right school supplies will allow students to learn in a meaningful way.

New alternatives to traditional notetaking can make finding relevant information a cinch during study sessions. For example, the Five Star College Ruled Interactive Notebook includes a table of contents with a spot for the date, topic



descriptions and page numbers to help students quickly find specific information. Side margins and page number blocks allow for page customization and organization, while the grid-ruled quick reference guide is a handy tool for periodic tables, multiplication tables and a glossary of terms. Students can stress less with organizational tools such as these.

Likewise, the Five Star Flex Hybrid NoteBinder, which acts like a notebook and works like a binder, is adaptable to meet the needs of all types of learners. On the inside, pocket dividers provide

built-in organization and paper storage to which students can add paper and dividers as needed.

### Reduce Your Haul

It's practical to maintain two sets of certain school supplies – one for a student's home workstation and the other in his or her locker. Pens, pencils, erasers, highlighters, extra paper, sticky notes and rulers are great examples of supplies to store in both places. Doing so will save students the stress of remembering everything before leaving for school or home and can also reduce some weight in heavy backpacks.

### Seek Durability

Stuffed into backpacks, stored at the bottom of lockers and shuttled between school and home, school supplies take a beating. This can mean ripping and even losing important papers. Seek out items durable enough to store materials for multiple classrooms and functional enough to withstand multiple locker visits, such as the Five Star 3-Inch Binder with Removable Padded Case. It comes with an expanding file for quick access to papers and a padded pouch for storing tech gear. Double the strength of competition, Five Star College Ruled Reinforced Filler Paper is a must-have for schoolwork and pairs well with binders.

Five Star aims to be an ally and champion for students looking for creative and expressive ways to manage the stress of their daily routines. More tips to reduce school-related stress can be found at [www.strengthenotstress.com](http://www.strengthenotstress.com) or join the conversation using #StrengthNotStress.

"Stress is a common challenge for students," said Jessica Hodges, vice president of marketing at ACCO Brands, which builds school supplies based on evolving student needs. "Knowing you can channel stress into something more positive is empowering."

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# Doc's Note: The Do's and Don'ts if You're Pregnant

By Dr. Navid Mootabar

When it comes to pregnancy, sometimes it's hard to know what's true and which commonly accepted "facts" are outdated, incorrect or even harmful.

While much traditional wisdom gets handed down within a family, there are facts about fertility, pregnancy and birth that every expecting mother should know. Read on to learn about the latest pregnancy do's and don'ts for healthy weight gain, skin care, and more.

**1. Do take a prenatal vitamin.** While it's uncertain whether women who consume a well-balanced diet need prenatal vitamins, they can be beneficial. Look for a prenatal vitamin with the proper folic acid intake of 400 to 800 micrograms, an iron content of 30 milligrams, 600 IU of vitamin D and 1,000 milligrams of calcium.

**2. Don't overeat.** While it's important to eat a well-balanced diet, the expression "eating for two" is misleading. In fact, you only need to increase your calorie intake by 350 to 450 calories a day.

The recommended weight gain for pregnancy is 25 to 35 pounds (and 15 to 20 pounds for overweight women). A healthy diet should include two servings of fish weekly. Choose fish high in



Dr. Navid Mootabar

DHA and low in mercury. Avoid shark, swordfish, mackerel and tilefish. Good news for sushi lovers: While pregnant women should avoid raw fish, there's no evidence to suggest that sushi prepared in a clean, reputable place poses a risk. So enjoy your tempura and California rolls!

**3. Do avoid alcohol.** While some studies suggest that a small amount of alcohol may be safe, speak with your physician first.

**4. Don't abstain from having sex**

**if you're in the mood.** If you feel comfortable having sex while pregnant, there's no reason to wait until after baby arrives. Intercourse won't harm the baby or cause pre-term labor. Can sex induce labor at the end of a pregnancy? While some studies suggest semen contains prostaglandins that can stimulate labor, there's no clear-cut evidence for this old wives' tale.

**5. Do hit the water.** Swimming pools are fine for pregnant women as long as the water is below body temperature. However, avoid hot tubs.

**6. Don't give up your beauty routine.** Nail polish and cosmetics are generally safe during pregnancy. Topical creams containing salicylic acid are unlikely to pose a risk when used sparingly, as very little is absorbed through the skin. As for hair dyes, the amount of dye material that enters the body is small, so hair dye is presumed safe in pregnancy.

**7. Do take care of your smile.** Poor oral hygiene can lead to pre-term labor, so get a dental cleaning during pregnancy. Pregnant women should continue their routine dental procedures, such as root canals and fillings, and can even undergo X-rays as long as the abdomen and thyroid are shielded.

**8. Don't give up your daily coffee – but do cut back to safe amounts.** Small amounts of caffeine are fine for pregnant women, but limit yourself to two cups a day. There's no evidence that artificial sweeteners increase the risk of birth defects, with the possible exception of saccharin. While there's conflicting data, some research suggests this sweetener may increase the risk of bladder cancer in babies.

**9. Don't become easy mosquito prey.** Insect repellents such as DEET are safe in pregnancy and should be used in areas at high risk for the Zika virus, which spreads through infected mosquitoes and can cause birth defects. Take precautions against the virus when traveling.

**10. Do break that cigarette habit.** Smoking can cause pregnancy loss, low birth weight and stillbirth, among other serious problems. What about vaping? Long-term effects of vaping are unknown but no research suggests it's safe during pregnancy. Bottom line: no smoking, vaping, marijuana or nicotine.

*Dr. Navid Mootabar is chairman of the Department of Obstetrics & Gynecology, and director at large of the Institute of Robotic & Minimally Invasive Surgery at Northern Westchester Hospital.*

## Law Book: Identifying and Preventing Elder Abuse of an Elderly Parent

By Salvatore M. Di Costanzo

The elderly are vulnerable and as a result are often soft targets for non-physical abuse.

I refer to them as "silent abuses" because they are often difficult to identify, or worse, prove. Examples include undue influence, duress, coercion, mental abuse and financial exploitation. Generally, a common predicate for most cases begins with a close, confidential relationship with another person, who is usually a relative or friend.

Consider a situation where an elderly parent lives with a child. The two might be living in the family home or perhaps the parent has moved into the household of a child after the death of their spouse. These living arrangements are usually referred to as mother-daughter households.

A great deal of reliance is placed on the child by the parent to assist with everyday needs such as shopping, doctor's appointments and visits to the bank. The child becomes the caretaker for the parent and, naturally, the parent's affection for that child might increase as times goes on.

When the parent tends to the preparation of estate planning documents, the parent might designate that all children are to share equally. The caretaker child, however, is usually made the primary agent under a power of attorney and healthcare proxy since they are closest emotionally and physically.

Once the relationship described above is formed, the type of abuse that

can occur depends on specific circumstances. Suppose the child is having financial difficulty while also having access to the parent's accounts. The child might exploit the love and affection of the parent by asking for money. The parent usually agrees. Having access to the parent's financial accounts, the child might begin to take money without permission. When confronted, they may respond that the parent made a loan or intended to gift money.

Other abuses occur by virtue of evil intentions. Again, exploiting the close relationship, the child begins to brainwash the parent into thinking that the other children have their own lives and don't care about them. Vulnerable, the parent concurs and begins to disinherit the others, leaving the caretaker child as the sole beneficiary.

There are many more examples, but ultimately the advice is to be proactive. Ask questions. While you may not receive the answers you seek, pay close attention to the responses you are given. If it smells rotten, it's usually rotten. Look for changes in your parent's lifestyle and behavior. It speaks volumes. I cannot identify all the ways in which you might discover signs of abuse, but if you are perceptive, you'll



Salvatore M. Di Costanzo

find it.

If you suspect that someone is living in squalor or is being neglected physically or mentally, you might consider contacting Adult Protective Services. They take these matters seriously and respond accordingly. Otherwise, we can assist by commencing a guardianship proceeding in court.

In a guardianship proceeding, you will have the opportunity to present your case to a court, and if successful, a guardian will be appointed to handle the financial

and/or personal affairs of the individual.

A guardian can be another family member but if the matter is contentious, an independent party might be appointed. Once a guardian is appointed, the assets of the individual can no longer be exploited, thereby ensuring that the individual is protected financially. If the individual has been neglected, she will be protected personally as well.

*Salvatore M. Di Costanzo is a partner with Maker, Fragale & Di Costanzo, LLP in Rye and Yorktown Heights. He is an attorney and accountant whose main area of practice is elder law and special needs planning. Di Costanzo can be reached at 914-925-1010 or at [smd@mfd-law.com](mailto:smd@mfd-law.com). Also visit [www.plantodayfortomorrow.com](http://www.plantodayfortomorrow.com).*



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# When Decorating Our Homes, Who Are We Doing it for?

Borrowing from the age-old question of whether women dress for themselves, for men or other women (it seems that other women is their primary focus), I pose the question: Do we decorate our homes for ourselves or for others?

I remember when I was single I visited a work associate's apartment and found that except for a sofa, a bed and a kitchen table, his living space was totally devoid of any decoration whatsoever. I asked him if he had just moved in and found that he had been living there for a couple of years.

"Do you intend to get around to decorating?" I asked.

He looked at me puzzlingly and said, "Why do I want to bother with things to just look at?" I was astonished.

For my wife and me, the question of whether we decorate for ourselves or others is easily answered by the fact that after more than three years from the time we moved into our new home and decorated, we had invited very few



By Bill Primavera

visitors to our home. You might think we had become a cloistered society of some sort, but whatever the social or psychological associations may be, it's just the way things worked out.

Last week, we had visitors to our home who are work associates. But more than that, they are fond friends.

As they toured our home, we were asked who our decorator was, which we found very flattering. But the fact is we take great pride and satisfaction in the fact that we have always done our own decorating.

After our friends' visit, I thought about why most people spend so much time and attention decorating their homes. Indeed, is it more for others? Or is it more for their own enjoyment?

Home decoration dates back more than 35,000 years to the cavemen who decorated their homes with drawings of animals, which were important to them for their survival. It was a way for them to express themselves as well, and some of the paintings included human figures,

documenting their day-to-day activities. Certainly, this first expression in home décor was for self-satisfaction.

Through the ages, it seems that each society has been driven naturally to the decorative arts – the Egyptians, the Greeks and the Romans all expressed what they saw around them and incorporated these images into their living environment.

The Renaissance saw great refinement in the decorative arts in Europe. In early America, itinerant artists, devoid of any classical training, stenciled walls for decoration (a substitution for expensive wallpaper) and painted those great landscapes and wonderful family portraits that preceded photography. Today we consider interior design a way to surround ourselves with things we find either beautiful or nostalgic, while factoring in comfort as well.

My research shows that probably for the majority of us the aspect of how our home looks to other people is more important. We want to make a home inviting for guests, that we can feel proud of and at the same time make them feel comfortable.

Also, decorating is a creative outlet for many people, especially when so many of us are compelled to spend significant

*'The living room of The Home Guru and the missus, whose decoration features custom cabinetry, allowing display of books and collectibles.'*

time away from home. When we can relax in our own homes, we want it to be as pleasant and comfortable as possible. Interior design helps us accomplish that goal.

Bill Primavera, while a publicist and journalist, is also a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. ([www.PrimaveraPR.com](http://www.PrimaveraPR.com)). To engage the services of The Home Guru to market your home for sale, call 914-522-2076.

## The Continuing Evolution of an Omnivore's Diet



By Nick Antonaccio

I've been trying to be more conscious about a healthy diet. I've cut back on red meat protein, highly processed foods and bleached-flour based breads. I'm evolving toward a vegetarian diet,

although I still have a chicken recipe on my plate weekly and I can't resist a Friday night sausage and broccoli rabe pizza.

Animal fat and processed flour seem to be in my DNA – or at least in my sensory memory from childhood. But I'm finding it easier to satisfy these cravings by tricking my senses of smell and taste.

Recently, I've had dining experiences that convinced me sustaining a healthy diet – and enjoying it – can be readily achieved. With the insights and guidance of a chef or cookbook that seeks out and experiments with unique combinations of ingredients, not only are palate-pleasing dishes possible for an omnivore, but they may even reach one of the healthiest of diets – vegetarian. And dare I mention the other "v" word diet – vegan?

In the hands of the right chef, provocative can be evocative and nutritious can be delicious.

Many restaurants have modified their menus to accommodate the farm-to-table trend taking hold of diets. Many new restaurants have taken traditional menus and overhauled them, satisfying palates across the entire spectrum of taste and dietary preferences.

Have you noticed this also? I've ordered modified menu items such as spaghetti and meatballs or empanadas with a side of fries. With no meat, dairy or even gluten. The alchemy skills of today's chefs provide flavors that tantalize my taste buds and satiate my omnivore appetite. They have reached new heights of dining pleasure for those contemplating the culinary plunge to "v-ism." And they've done it with such finesse as to make the transition seamless.

A bit of backdrop:

The nearly eight million vegetarians in the United States have sworn off meat, fowl and fish, but not eggs or dairy products. The approximately 1 million vegans have taken

*You Heard It Through the Grapevine*

vegetarianism several steps further. Theirs is not only a dietary difference but also a lifestyle choice. They have sworn off all animal products as well as animal byproducts. For them, slaughtering animals is interrupting our symbiotic relationship and peaceful coexistence with nature. You will not see a vegan consuming eggs or wearing leather, drinking milk or eating honey.

A balanced vegan diet consists of four food groups: legumes, nuts and seeds; grains; vegetables; and fruits. Sound familiar? Check the FDA's dietary guidelines, which are focused increasingly on these foods. Simply because it is focused on plant-based products, a vegan diet helps reduce the risk of heart disease, cancer, obesity and diabetes.

How do vegans feel about a glass of wine? The same as any environmentally conscientious omnivore might feel about organic wine. An organic wine is a sustainable product, one produced in a manner to perpetuate the environment, not deplete or corrupt it. Organic vineyards exist in harmony with nature: no chemical additives in the soil, vines or wines – and no scientific meddling with genetics. However, vegans must be diligent in their quest for vegan wines. A number of organic vineyards fertilize with animal products (bone meal and dried blood) and organic wines may be

*'Many restaurants have modified their menus'*

processed with animal byproducts (egg whites and dried blood) to filter or "fine" any sediment that may be suspended in a wine barrel during the aging process. Check online for clarification on specific wines.

Vegans are vegetarians, but not vice versa. Vegan wines are organic wines but not vice versa. Confused? Just leave your decisions in the hands of committed chefs and sommeliers.

My diet continues to evolve. It's better for me. It's better for the environment – and it's fun. I raise my glass of organic wine to the good life.

Nick Antonaccio is a 40-year Pleasantville resident. For over 25 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at [nantonaccio@theexaminernews.com](mailto:nantonaccio@theexaminernews.com) or on Twitter @sharingwine.



# Happenings

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Nikki Gallagher at [nikki@theexaminernews.com](mailto:nikki@theexaminernews.com)

**Movie Time:** Watch the films based on selections from the Mahopac High School summer reading lists. No registration needed; popcorn provided. Drop-in to watch these noteworthy films: August 21: 3 p.m. - The Five People You Meet in Heaven 6 p.m. - The Grapes of Wrath August 22: 3 p.m. - Go Tell it on the Mountain Additional summer reading films available with your Mahopac Library card on Kanopy: Lord of the Flies, Silent Spring. A Tale of Two Cities Find the link to Kanopy, a streaming film resource, on the home page of the Library's website, or click here. For information call 845-628-2009, ext 100, or visit [www.mahopaclibrary.org](http://www.mahopaclibrary.org).

**Book Sale: Desmond-Fish Library Book and Media Sale this year!** The sale runs August 18 - 27 with a special Friends Members' Opening Night preview this coming Friday, August 17th from 6 p.m.-8:30 p.m. For more info, please visit the library's website at [desmondfishlibrary.org](http://desmondfishlibrary.org).

## Ongoing: Wednesdays:

**History Exchange:** Calling all history enthusiasts! Join the Southeast Museum and Brewster Public Library for - History Exchange. Do you want to learn more about our local history? Join like-minded people to discuss local history and research unique archives. History Exchange meets the second Wednesday of every month from 6 p.m. to 7 p.m. at the Brewster Public Library and will be facilitated by Amy Campanaro, Director of the Southeast Museum. The first meeting is Wednesday June 13. To register please click call the Library at 279-6421.

## Saturdays:

**Every Saturday in 2018, admission to Boscobel's grounds is pay-what-you-wish.** At any donation level that is comfortable, visitors are welcome to explore 68 acres of Boscobel's property, including lush gardens and a woodland trail. Cold Spring Farmers' Market: Boscobel. Find fresh, local produce, meats, and honey as well as high quality handcrafts. Supporting local, regional, and sustainable farms by providing an outlet for direct sales of agricultural products, the Cold Spring Farmers' Market's vendors are either farmers, farm employees, or food artisans selling fresh products with ingredients sourced from regional farms. 8:30 a.m. - 1:30 p.m. Every Saturday through October. Admission is free.

## Fridays:

**Putnam Valley Residents Coalition's Farmers Market:** Tompkins Corners Cultural Center at 729 Peekskill Hollow Road, Putnam Valley. The Market is outdoors, on the lawn and will run each Friday from 3 pm to 6:30 p.m. starting

on June 29 and going to August 31. TCCC will be offering music and other events following the close of many markets. Our vendors offer a variety of fresh, locally grown produce, beverages, baked goods and many crafts. Vendor inquiries are welcome. Contact us at [putnamvalleyresidentscoalition@yahoo.com](mailto:putnamvalleyresidentscoalition@yahoo.com) or call 845-528-0066.

**Music Appreciation with Dorothy Killackey.** Please gather with us for soothing piano sounds and melodies of Music Appreciation every Friday at 10 a.m. beginning September 7th. Sessions will be held at the William Koehler Senior Center, 180 Route 6, Mahopac. If you have any questions, please call Mary White at 845-808-1734.

**Save the Date: Annual Tag Sale Sponsored by the Catholic Daughters Of The Americas Chapter 1921.** St John The Evangelist Church, Social Hall, 221 East Lake Blvd, Mahopac NN Saturday, Sept. 22, 2018, 8 a.m. To 7 p.m. & Sunday, Sept. 23, 8 a.m. - 2 p.m. Proceeds To Assist Our Church And Other Needy Charities.

## Tuesday, August 21

**Soul Painting for Teens:** Reed Library Also August 28, 10:30 a.m. to noon. Registration is required, please call the library to register 845-225-2439

## Wednesday, August 22

**Babysitting Class:** Reed Library. 10:30 a.m. to 12:30 p.m. Learn babysitting basics in this interactive class for children ages 10 and up. Registration is required, please call the library to register 845-225-2439.

**The Brewster/Carmel chapter of Master Networks** is hosting a multi-chapter mixer. 6 p.m. -8 p.m. at The Centennial Golf Club 185 John Simpson Rd., Carmel. Come join us to network with fellow business professionals. All are welcome in the Ryder Cup Room and patio area. Beverages, food and a \$5 bucket o' balls will be available for purchase. Learn how Master Networks can grow your business through building relationships and enjoy a great evening of conversation and connection. Contact Laurie Spens for more information at [LSpens@comcast.net](mailto:LSpens@comcast.net).

## Thursday, August 23

**Open Call Auditions For Fall Musical:** "I Love You You're Perfect Now Change" At Brewster's Cultural Arts Coalition. The Cultural Arts Coalition in Brewster will be holding an open call for their Fall 2018 Production of "I Love You, You're Perfect, Now Change" with book and lyrics by Joe DiPietro and Music by Jimmy Roberts which will be directed by Christine DiTota and musical direction by Michael Roth. 7:30 p.m. -9:30 p.m. Please text 914-557-9547 for an appointment time slot. The Studio Around the Corner 67 Main Street Brewster NY \*Back entrance

of building AUDITION DETAIL: If you are unable to attend open call please email: [info@culturalartsco.com](mailto:info@culturalartsco.com) for other audition arrangements.

**Beaded Earring Workshop:** Reed Library. 1 p.m. - 3 p.m. Learn to make beautiful beaded earrings. For every pair you make for yourself, make a pair to donate to a local women's shelter. Great community service opportunity. Registration is required, please call the library to register 845-225-2439.

## Friday, August 24

**"Put Life Back in Your Life":** Consider Attending a free Senior "Living Well" Workshop sponsored by The Putnam County Partnership for Evidence-Based Programs If you have an ongoing health condition, this FREE educational series will give you valuable information and tools for techniques on better managing your symptoms. You will discover better nutrition and exercise choices while meeting personal health goals. A companion book for the course and lunch will be provided for the workshop. Fridays until September 28. 10:30 a.m. - 1 p.m. William Koehler Senior Center. 180 Route 6. Mahopac/ Please call Mary White at 845-808-1734

## Sunday, August 26

**Clearpool Model Forest Workshop:** Hemlock Conservation: 10 a.m. - noon. Green Chimneys - Clearpool Campus 33 Clearpool Road Carmel. In this training, join an experienced field technician from the New York State Hemlock Initiative (NYSHI) as they guide you through the annual phenology of Hemlock Woolly Adelgid(HWA). Learn how to identify HWA in the field during all times of year and how you can gather data to improve biocontrol research in New York. The training will begin with a short indoor presentation at Green Chimneys' Clearpool Campus Learning Center and take us outside to learn how to identify

this insect in the field. Please Note: The outdoor component includes a 20-minute hike over moderately difficult terrain; appropriate footwear is encouraged. Please be mindful of physical limitations before registering for this workshop. No prior experience monitoring species is necessary to participate. Registration: This hemlock workshop is Free /Advance Registration is Required. For more details or to register: [www.greenchimneys.org](http://www.greenchimneys.org) Questions? Contact Matt Smetana, Model Forest Facilitator at [mmsmetana@greenchimneys.org](mailto:mmsmetana@greenchimneys.org) or 845.216.0239

## Experience Living History At Boscobel

**Military Reenactment Day** - Honoring its rich ties to American history, Boscobel House and Gardens— in partnership with The Living History Education Foundation—proudly presents Military Reenactment Day. On the grounds of Boscobel House and Gardens, directly overlooking the Hudson River and the U.S. Military Academy at West Point, history comes alive as military reenactors set up encampments from the American Revolution, War of 1812, Civil War, and World Wars. They demonstrate camp life with inspections, formations, musket firings, artillery demonstrations, and drills. (rain or shine) 11:00 a.m., - 4 p.m. Member Tickets: Adults \$13, Children \$5, Under 5 years of age free. Not Yet Member Tickets: Adults \$17, Children \$8, Under 5 years of age free. Discounted Family of Four packages. Members who join or renew between now and August 25 (at the Federalist level or above) receive four complimentary tickets to Military Reenactment Day. Food and beverages will be available for purchase from the Farmers & Chefs food truck, known for Hudson Valley farm-fresh food. Military Re-Enactment Day is proudly presented in partnership with the Living History Education Foundation.

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## LEGAL NOTICES

**NOTICE OF FORMATION OF PRINCE CONSULTING, LLC.** Articles of Organization filed with Secretary of State of New York (SSNY) on May 02, 2018. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **Prince Consulting LLC, 184 Willowbrook Ave., Stamford, CT 06922. Purpose: Any lawful purpose.**

**NOTICE OF FORMATION OF PREFERRED CHOICE HOME INSPECTIONS LLC.** Articles of Organization were filed with the SSNY on 6/29/18. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to **PREFERRED CHOICE HOME INSPECTIONS LLC 117A E Main Street Suite 378 New Rochelle NY 10801. Purpose: Any lawful act or activity.**

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC).** NAME: **SUPERIOR TECHNOLOGY GROUP LLC.** Articles of Organization filed with Secretary of State of New York (SSNY) on 6/19/2018. Office location: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: **c/o Ziad Mansouri, 1 Azalea Ct, Scarsdale, NY 10583. Purpose: Any lawful act or activity.**

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC).** NAME: **EBONI FANDANGLES LLC.** Articles of Organization filed with Secretary of State of New York (SSNY) on 07/01/2018. Office location: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: **2 Fisher Drive, Suite 421, Mount Vernon, NY 10552. Purpose: Any lawful act or activity.**

continued on next page



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continued from previous page

**NOTICE OF FORMATION OF CAMBI Saldana LLC.** Arts. of Org. filed with SSNY on 07/18/2018. Office location: Queens County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to **11101 39th Avenue Apt 2, Corona, NY 11368.** Purpose: any lawful act or activity.

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC). NAME KS4INSPIRATION LLC.** Articles of Organization filed with Secretary of State of New York (SSNY) on 07/18/2018. Office location: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to **1841 Central Park Ave., Apt. 8D, Yonkers, NY 10710.** Purpose: Any lawful act or activity.

**NOTICE OF FORMATION OF Madeline M. Johnson, LLC.** Articles of Organization filed with the Secretary of State of NY (SSNY) on June 5, 2018. Office location: WESTCHESTER County. SSNY has been designated as agent upon whom process against it may be served. The Post Office address to which the SSNY shall mail a copy of any process against the LLC served upon him/her is: United States Corporation Agents, Inc., 7014 13th Ave, Suite 202, Brooklyn, NY 11228. The principal business address of the LLC is: **336 Old Colony Road, Hartsdale, NY 10530.** Purpose: any lawful act or activity.

**NOTICE OF FORMATION OF I AM MY SISTER (WOMEN HELPING WOMEN) LLC,** Filed with SSNY on June 29, 2018. Office: Westchester County. SSNY is designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of any process against the LLC: **I Am My Sister (Women helping Women) POB 2593, Peekskill, NY 10566.** Purpose: any lawful act or activity.

**NOTICE OF FORMATION OF DS EQUITY CONSULTING, LLC. ARTS. OF ORG.** filed with SSNY on 06/29/2018. Office location: Westchester County. SSNY shall mail process to **DS Equity Consulting, LLC 1064 Saw Mill River Rd, Yonkers, NY 10710.** Purpose: any lawful act or activity.

**NOTICE OF FORMATION OF THE DESIGNER REALTY GROUP, LLC.** Arts. of Org. filed with SSNY on 6/1/16. Office location: Westchester County. SSNY designated as agent of LLC upon whom process against may be served. SSNY shall mail process to **760 White Plains Rd, Scarsdale, NY 10583.** Purpose: Any lawful purpose.

**NOTICE OF FORMATION OF BRONX BASKETBALL, LLC.** Arts. of Org. filed with the Secy of State of NY (SSNY) on April 13, 2018. Office Loc.: Westchester County. SSNY has been designated as agent upon whom process against it may be served. The address to which the SSNY shall mail a copy to is: **The LLC, 43 Seacord Rd, New Rochelle, NY 10804.** Purpose: Any lawful act.

**PUBLIC NOTICE: WEC-NY-25** - Patterson Wireless Edge is proposing to construct a 186-foot monopole telecommunications tower at 281 Cornwall Hall Road, Patterson, Putnam County, NY. Public comments regarding the potential effects from this site on historic properties may be submitted within 30-days from the date of this publication to: **Courtney Gaskill - CBRE, 70 West Red Oak Lane, White Plains, NY 10604, whiteplainsculturalresources@cbre.com or (914) 694-9600.**

**PUBLIC NOTICE - NY09226A** T-Mobile Northeast, LLC is proposing to collocate antennas on a 86-foot building at 117 South Highland Ave, Ossining, Westchester County, NY. Public comments regarding the potential effects from this site on historic properties may be submitted within 30-days from the date of this publication to: **Laura Mancuso - CBRE, 70 West Red Oak Lane, White Plains, NY 10604, whiteplainsculturalresources@cbre.com or (914) 694-9600**

**CELLCO PARTNERSHIP** and its controlled affiliates doing business as Verizon Wireless (Verizon Wireless) proposes to collocate wireless communications antennas at one location. Antennas will be installed at a top height of 37 feet on a building with an overall top height of 44 feet at the approx. vicinity of 946-954 S Lake Blvd, Mahopac, Putnam County, NY 10541. Public comments regarding potential effects from this site on historic properties may be submitted within 30 days from the date of this publication to: **Trileaf Corp, Alison, a.cusack@trileaf.com, 10845 Olive Blvd, Suite 260, St. Louis, MO 63141, 314-997-6111.**

**NOTICE IS HEREBY GIVEN** that the Board of Education of the Chappaqua Central School District shall hold a public hearing on the 28th day of August, 2018, at 5:00 P.M., at the Education Center, 66 Roaring Brook Road Chappaqua, New York, for the purpose of reviewing the proposed changes to the District Code of Conduct. The Code of Conduct with the proposed changes are posted on the District website at **https://www.ccsd.ws/board-of-ed/policies-and-regulations/policies-and-regulations-5000-students/policy-5030-student-code-of-conduct** DATED: August 16, 2018

**NOTICE OF FORMATION of MAR Sweet Homes LLC.** Articles of Organization filed with the Secretary of State of New York (SSNY) on 8/6/18. Location: Westchester County. SSNY designated as agent for service of process on LLC. SSNY shall mail a copy of process to **United States Corporation Agents, INC, 7014 13th Avenue, Suite 202, Brooklyn NY 11228.** Purpose: Any lawful purpose.

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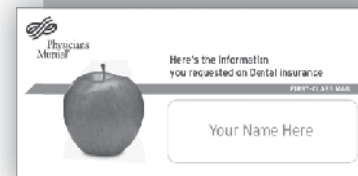
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# The Putnam Examiner Sports

Covering Putnam County and Northern Westchester Sports



## Bomber Nation Goes Boom, Wins New York Elite Baseball 16U Title

Members of the Bombers Baseball Club 16U team proudly display their 2018 New York Elite Baseball championship banner after beating the Minisink Falcons for the title and finishing the summer season with just one loss. The top-seeded Bombers won the championship when pitchers Michael Scotto and Jason Green led the way on the mound, combining for 11 strikeouts while Andrew Croce (2 hits, 3 RBI), Michael Hardy (2 hits, 2 RBI), Diego Uretta (2 hits, 2 RBI) and Scotto (3 hits, 1 RBI) led the Bombers' attack. In the semis, the Bombers knocked off the Pacoy Dragons (last years NYEB champs) when Jimmy Murphy pitched a complete game in the 9-2 win. He was supported at the plate by the bats of Michael Hardy, Jason Green, Josh Borowicz (3 RBI), and Sal Ferraro (2 RBI). Members of the championship team include Steven Gerrish (Panas), Diego Uretta (Panas), Andrew Croce (Lakeland), Jason Green (Lakeland), Michael Scotto (Lakeland), Nick Hiltzley (Hendrick Hudson), John Glashoff (Hendrick Hudson), Michael Hardy (Briarcliff), Andrew Russian (O'Neil), Josh Borowicz (O'Neil), Jack Aprilante (O'Neil), Sal Ferraro (Washington), Jimmy Murphy (Valley Central) & Anthony Sodano (Carmel).



# *focus on* **NEW YORK-PENN LEAGUE** **Hudson Valley Renegades** **vs. Staten Island Yankees**



Renegades starter pitcher Joe Ryan rears back to fire a pitch in Thursday night's game at Dutchess Stadium.



Hudson Valley Renegades players watch from the dugout steps during last Thursday's 3-2 extra-inning loss to the Staten Island Yankees at Dutchess Stadium.



Hudson Valley's Tyler Frank is caught stealing in the first inning against the Staten Island Yankees.



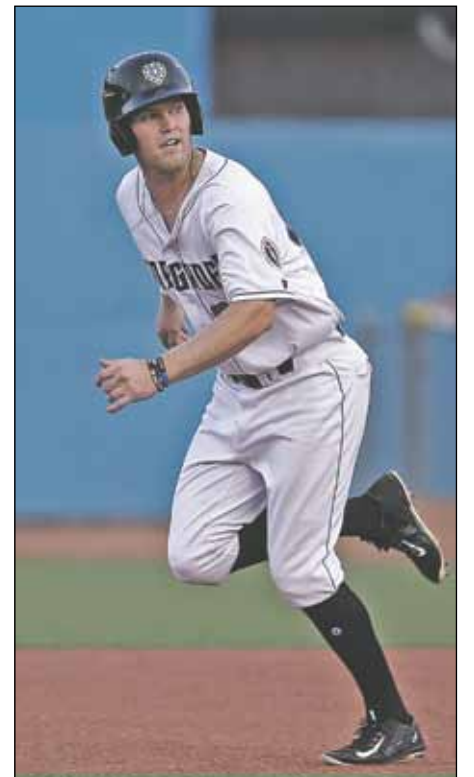
Tanner Dodson of the Renegades tries to beat out a ground ball in the sixth inning of Thursday's game.



Staten Island third baseman Andres Chaparro watches a hard ground ball go foul down the line in last Thursday night's 3-2 Yankee win over the host Renegades.



Southpaw Nick Sprengel pitches in relief for the Renegades during Thursday evening's game at Dutchess Stadium.



Jackson McGowan is on the move toward second base during the Hudson Valley Renegades' home game on Thursday.



Staten Island's Alex Junior sends a fly ball to left field in the sixth inning of the Yankees' 3-2 win over the Hudson Valley Renegades.



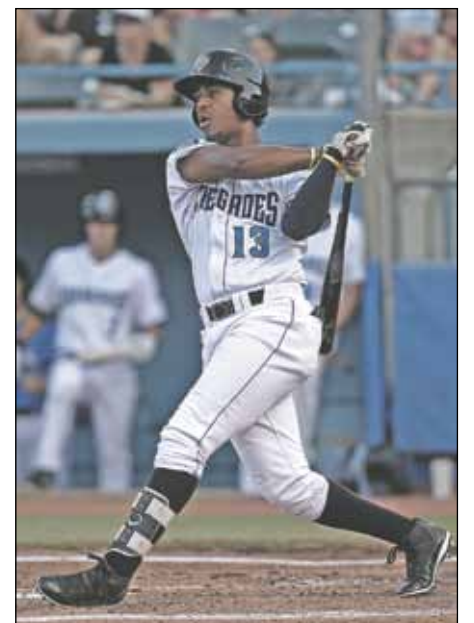
Yankees starting pitcher Harold Cortijo struck out six and walked just one in his five innings of work against the Renegades on Thursday night.



Eric Wagaman of the Staten Island Yankees swings for the fences as he leads off the top of the fifth inning against the Renegades last week.



Staten Island Yankee shortstop Eduardo Torrealba dashes to his right to field a grounder during Thursday's game vs. Hudson Valley at Dutchess Stadium.



Hudson Valley third baseman Adrian Rondon swings through a pitch in the bottom of the fifth inning vs. the visiting Staten Island Yankees.



## Sports

# As Camps Open, Championship Hopes Are as High as Ever



By Ray Gallagher  
Examiner Sports  
Editor

Camps got underway in all major varsity sports last week, bringing us just two weeks away from the start of the regular season in football, soccer, volleyball and field hockey. Thirty years later, I still get giddy for the start of a new season; just as I did when I covered my first game for the now-defunct North County News back in December of 1989 (Kennedy hoops vs. Carmel).

While that game lacked the luster of a sectional championship, something tells me the local student athletes from the Northern Westchester/Putnam County

'Sars' has won more Section 1 titles than she's lost. Think about that: Most coaches are happy to admit they've won more regular season games than they've lost, let alone Section 1 championships.

"We win together and we lose together," Sarsen says, though Lakeland's second win this season will be the 1,000th of her coaching career (field hockey and girls lax combined). That should come on September 4th at home against Arlington. I reckon I should clear my schedule...

**Likewise, something tells me I'll be** sniffing around the Somers soccer trail as the 2016 NYS Class A champion Tuskers

## Direct Rays

club storm the field this fall, beginning on Friday the 31st at scrappy Sleepy Hollow. Then, in the Yorktown Tournament the following week, the potential exists for an explosive Somers vs. Yorktown tourney championship, pitting the 2016 state champion Tuskers against the 2017 NYS Class AA runner-up Huskers, who drop down to Class A this season and return a slew of talent that hopes to be at Middletown High on November 10th (home of the state finals).

Yorktown returns dudes like CM Timmy O'Callahan, F Sergio Spiniello and G James Dalesio, who takes over in goal for departed Section 1 Player of the Year Mauricio Arango, so it's easy to see why the Huskers would be stoked to repeat as champs.

Boys' soccer is as competitive as we've ever seen in the NWE/Putnam region, and the hope is that we can sustain a run similar to what they've had over at Byram Hills, one of the state's premier programs. There are 29 Class A teams vying for one

crown. That could be the most in Section 1 history, and it's going to make for a lot of unhappy coaches/players in late October as the best of the best pluck each other off from the opening round on down. There are easily 10 teams in serious contention, including Somers, Tappan Zee, Nyack, Byram Hills, Horace Greeley, Pearl River, Yorktown, Beacon, Keio and, get this, Brewster! The Bears are said to be legit, what with CM Anthony Fernandinho leading the charge.

"There are a lot of good teams in our class we have to play every game like it's our last, but I think if we stay healthy we can make a deep run into sectionals," Fecci said of the Tuskers. "Not gonna, though lie: We all want another ring."

**#CuriousToSee:** If the Mahopac girls' soccer program can take the next step, what with all the Indians (11-6-1 last year) return and last year's run to the Section 1 Class AA semis where they were shutout by Clarkstown South, the eventual runner-up to Arlington...

The situation on the Carmel gridiron, which is very interesting given the family dynamic between Coach Todd Cayea and senior QB Peyton Cayea, the coach's son and third-year signal caller for the Rams... Dan Ricci's last season as Ossining football coach after three decades as a player and coach for the Indians/Pride; yeah, Ossining used to be the Indians during their football heyday... Yorktown's transition into the post-Brett Makar era as life goes on for the Cornhuskers minus one of the greatest student athletes in Yorktown history (good news is there's another Makar en route in sophomore Evan)... If Hen Hud's front line can get the job done for the compilation of skill players Sailors' grid Coach Mike Lynch has at his disposal... How two-time reigning NYS champion Walter Panas reacts to life after Yvette Burcescu, the two-time All-American volleyball star and driving force behind the Panthers' only two state championships in school history (any and all sports).

Lot's more to touch on in the days ahead, good luck, y'all!



RAY GALLAGHER PHOTOS

Lakeland senior captain Julianna Cappello and the Hornets will reload and hope to continue current tear of 169-2-3 since 2010.

region will have their hands on several championship plaques later this fall.

There are several strong favorites among the clubs along the local circuit, none stronger than the Lakeland field hockey dynasty, which is seeking a 10th consecutive Section 1 and NYS Class B title; totally unprecedented stuff. Like it did for the 2000 NY Yankees, the 1966 Boston Celtics and the 1983 NY Islanders, all dynasties must eventually end at some point in time, but unless Rye or John Jay CR has something up its sleeve, one would expect to see Coach Sharon Sarsen's Hornets hoisting the 19th Section 1 title in school history and giving chase to its 13th NYS title overall this November. In her record-setting 37th season at the helm,

embark on their 2nd Section 1 boys' title in three years with a marquee lineup that includes four of the best players in the section: F Lucas Fecci, F Andrew Lasher and middies Jon Riina and Alex Maher. After losing to Nyack on PKs and having their reign as state champs come to a crashing halt in last year's sectional quarterfinals, Somers has embraced the notion of that upset and uses it as motivation for the upcoming season. A day doesn't go by when they don't remind one another of the painful sting of that setback.

Somers Coach Brian Lanzetta enter his third season with a bullseye on the back of his Tuskers because everyone knows that the loss to Nyack was unexpected. One would suspect to see a motivated Somers



It'll be interesting to see how Yorktown QB Tommy Weaver and reigning Section 1 champion Huskers handle the post-Brett Makar era.



Somers M Jon Riina will have something to say about the 29 teams competing for the Section 1 Class A title this fall.



# Special Cayea!

**NWE/Putnam  
County 2018  
Grid Previews  
out Next Week**



RAY GALLAGHER PHOTOS

## Carmel Coach, QB Son to Lead Rams on Gridiron

Carmel Coach Todd Cayea, entering his 24th season with the Rams, and third-year senior signal caller Peyton Cayea, the son of the coach, will be just two of a slew of terrific football players featured next week in the Northern Westchester/Putnam Examiner 2018 Gridiron Preview edition, which will hit newsstands next Tuesday afternoon and highlight Section 1 teams from Yorktown, Somers, Ossining, Lakeland, Panas, Croton-Harmon and Hen Hud, in addition to the five Putnam-based schools, including Brewster, Carmel, Haldane, Mahopac and Putnam Valley. All coaches have been notified of deadline well in advance, and their respective teams will appear accordingly.