

August 14 - August 20, 2018

SMALL NEWS IS BIG NEWS

Volume 10, Issue 490

Guilty Plea Entered in Assault on Sheriff Case

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By David Propper

The case against the man accused of assaulting Sheriff Robert Langley was pleaded out last week, with defendant Brant Carter admitting guilt to lesser charges.

Last Wednesday, Carter pleaded guilty to two charges, misdemeanor assault and driving while intoxicated, also a misdemeanor, and will be sentenced in

October when it's expected he'll get three years of probation. Carter is accused of assaulting Langley in May after he drove onto the sheriff's home property in Garrison, resulting in a wild pursuit down Route 9 to the Appalachian Market where the alleged assault took place.

Chief Assistant District Attorney Chana Krauss is handling the case for

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Cell Tower Proposal Hotly Debated in Patterson

By Neal Rentz

A proposal from the Metropolitan Transit Authority to construct a cell tower on the site of the Patterson Recycling Center on Cornwall Hill Road sparked heated debate at the Aug. 8 Town Board meeting.

Supervisor Richard Williams said last week the MTA has been considering sites in town for a cell tower to improve its "critical public communication."

The MTA had considered placing a 170-foot-tall cell tower on Route 164, Williams said. But Williams said he and Putnam County Legislator Ginny Nacerino opposed the project because it would have been located in a residential neighborhood. The MTA would not agree to a proposal from Nacerino and himself to move the location of the tower further back on Route 164 to reduce the impact on neighboring homeowners, Williams

Williams said he and Nacerino subsequently proposed that the MTA construct multiple towers at lower heights off Route 312 in Southeast or at two sites on the Patterson Recycling Center property.

Williams said he wanted no additional cell tower in town. "If we had our way there wouldn't be anymore cell towers in the Town of Patterson," he said. "Many of us feel that they are blight on the landscape, myself included."

But more towers are needed because of "the technology everybody is using today," Williams said. Additional cell tower applications will be submitted for cell towers in the near future, he predicted.

The tower would be operated by Wireless Edge. John Arthur, president and CEO of Wireless Edge, told the town board the height of the proposed cell

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Military Heroes

Honoring heroes across the country, Putnam County was one of the thousands of communities to observe Purple Heart Day last week, meant to commemorate the soldiers that earned a Purple Heart in the line of duty. Several local dignitaries were on hand for the ceremony at Veterans Memorial Park in Kent last Tuesday, along with community organizations like the New York Riders. The Purple Heart medal is awarded to those who were wounded or killed while serving the United States military. For more coverage of the event, please go to page 13.



NEAL RENTZ PHOTO

Patterson Supervisor Richard Williams at the Aug. 8 Town Board meeting.



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Carmel Town Board to Impose Moratorium on Vape Shops

By David Propper

The stand against vaping in Putnam County continued last week when the Town of Carmel signaled it would likely vote through a moratorium that would prevent any new vape shops from coming into town for at least six months.

During last Wednesday's work session, Councilwoman Suzi McDonough brought the proposal forward, citing the town is currently working on its Master Plan and vaping stores should be discussed as part of it. The local push comes as the county Legislature explores raising the age to buy tobacco and vaping products to 21.

McDonough said she's been receiving calls from residents concerned about the number of vape shops that are open in town; so far at least five are in business.

Vaping has increased 900 percent from 2011 to 2015, McDonough said.

"I'm not trying to impose on anybody's

rights to or not to smoke, but I do think it's imperative in the Town of Carmel that we send the right message to the children here and sometimes there's just too much of them popping up," McDonough said.

Other town board members agreed, pointing out there were several vape shops in town already. Current vape businesses would not be affected.

Town attorney Greg Folchetti said there is not a strict time frame a moratorium

must be placed, but he recommended no more than a six-month pause before any new applications can come forward. The moratorium can be extended if necessary, Folchetti said.

"You need to make finding as to why you're doing it and why it's in the best interest of the health, safety, and welfare of the residents in the Town of Carmel to enact it," Folchetti said.

Local Congressional Reps Chastise Trump for Newsprint Tariffs

Area congressional representatives are joining a bipartisan chorus of critics who are chastising the Trump administration for imposing tariffs on Canadian newsprint.

Congressman Sean Patrick Maloney from the 18th District is a cosponsor of a bill introduced in June by Congresswoman Kristi Noem, a South Dakota Republican. The legislation, known as the PRINT Act, would place a temporary hold on the newsprint tariffs while the Commerce Department investigates the adverse impact on the industry.

"Millions of Americans rely on their local papers for the latest news on what's happening in their corner of the world," Maloney, a Democrat, said. "New digital platforms are great, but they're not reporting on what's happening in your own backyard. The last thing we should be doing is taxing our local free press. This is an issue that Democrats and Republicans are both up in arms against – and we're fighting to rollback these tariffs to protect thousands of jobs and local papers."

In January, tariffs were implemented after the Commerce Department sided with North Pacific Paper Company, a paper mill based in Washington State. The paper company had alleged that Canadian manufacturers were selling newsprint at artificially low prices. On August 2, publishers received mildly helpful news, when the department issued tariffs that were lower than industry watchers originally anticipated. The tariffs range from 3.38 percent to 20 percent but, on

top of that, newsprint prices are projected to increase by about 30 percent over the next year or two, remarked Michelle K. Rea, executive director of the New York Press Association.

Most publishers have seen the price per metric ton increase by \$200 or more over the past 10 months, Rea noted.

"The newsprint tariffs are putting enormous pressure on an already challenged industry," she said.

Congresswoman Nita Lowey, for her part, said "President Trump's arbitrary decision to get the United States into a trade war is hurting many aspects of the economy, and I'm deeply concerned about the impact of resulting tariffs on local newspapers."

"Current, local news is fundamental

to holding elected officials accountable and to addressing the information needs of our communities, from emergencies to community events, and it plays an indispensable role in contextualizing important national issues," the District 17 Democrat added. "We simply cannot afford for local newspapers to be priced out of business because of President Trump's careless policies."

The White House did not respond to a request for comment.

Rea, the press association executive director, is continuing her efforts to lobby for ending the tariffs.

"The fight continues and we hope to convince the department to eliminate the tariffs after a hearing to be conducted later this month," Rea concluded.



Ask the Doctor

John Abrahams, MD, FAANS

Chief, Neurosurgery Co-Director, Spine Surgery, Orthopedic & Spine Institute Northern Westchester Hospital

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Pain Shooting Down One Leg?

What you need to know about symptoms and treatment of sciatica...

Q: Do I have sciatica?

A: You probably do if you feel a sudden and severe pain, along with numbness and weakness, radiating from the buttocks down the back of one leg to the foot. The pain can be crippling. It is usually intense when you walk, diminishing when you lie down.

Q: What causes sciatica?

A: The *sciatic nerve* branches from the spine in the lower back through the hips and buttocks and runs down the back of each leg to the foot. Sciatica occurs when this nerve is pinched in the lower back by spinal disc herniation — protruding disc material — or by a larger fragment of disc material. Disc herniation usually occurs during normal activities, such as rising from bed.

Q: Am I at risk for sciatica?

A: Sciatica is common. More than three million Americans are diagnosed with the condition annually.* Apart from the fact that 10 to 15 percent of patients have a family history of back problems, there are no risk factors. No behavior predisposes you to it.

Q: What are my treatment options?

A: If you have sciatica and it is not severe, you will typically receive oral steroids (anti-inflammatories) for seven days. Once you're more mobile, you will engage in physical therapy for a period of time and then be

re-evaluated. If your symptoms persist, you may receive an injection of steroids at the nerve root to reduce pain. If this regimen fails, physicians will offer surgery. However, if a patient comes in unable to stand – basically bed-bound – we advise surgery sooner. It is important to know that 80 to 90 percent of patients get better without surgery.

Q: What can I expect from surgery for sciatica?

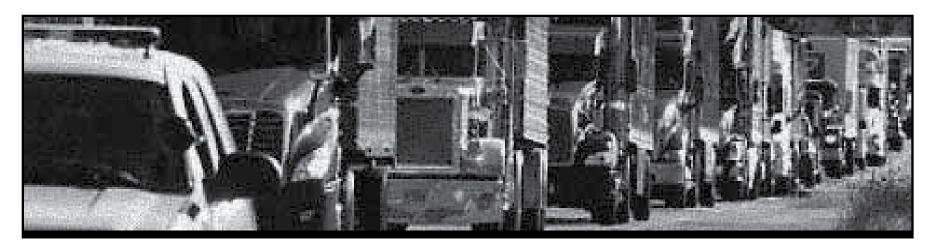
A: This minimally invasive procedure takes under an hour, and consists of removing the disc material pressing on the nerve. Most patients are pain-free following surgery. We have seen patients who arrived unable to stand or walk for more than a few minutes, walk out the same day after surgery, completely asymptomatic. Sciatica recurs in ten percent of people, who may suffer recurrent bouts of the condition throughout their life.

Did you know?

80 to **90** percent of patients with sciatica get better **without** surgery.

* http://umm.edu/health/medical/reports/articles/ back-pain-and-sciatica www.TheExaminerNews.com August 14 - August 20, 2018

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- 10-YEAR DEFERMENT ON TAXES THAT THIS PARCEL SHOULD GENERATE AND WON'T, ONLY OFFERING LOW-PAYING JOBS WITH FEW BENEFITS KEEPING WITH THE LOGISTICS INDUSTRY RECORD.
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https://www.change.org/p/southeast-planning-board-let-s-retain-the-rural-character-of-our-community

Paid for by PC Committee for Responsible Development

With PV Tower Vote Nearing, Homeland Sends Warning Shot

By David Propper

With a voter referendum less than one week away to determine if a cell tower should be placed behind Putnam Valley town hall, Homeland Towers warned if this site is shot down, alternative sites could be closer to the local elementary school.

In an email to Supervisor Sam Oliverio, Vincent Xavier of Homeland Towers told Oliverio the tower would "likely" be closer to Putnam Valley Elementary School. The two other alternative sites Xavier mentioned were the senior center property where the town park is or on the ambulance corp. property. Some critics against the tower at town hall have complained it would be too close to school children, posing health risks.

"Based on my review, it appears likely that any alternative will be closer to the school," Xavier wrote.

The tower at town hall would be one mile from the school.

The town-wide vote will take Tuesday, Aug. 21 from noon - 8 p.m. A couple of months ago, the majority of the town board approved leasing Homeland Towers land on the town hall property to build a more than 100-foot cell tower to the chagrin of nearby residents. (Residents in turn collected enough signatures to force a referendum on the matter.) The tower would still need approvals from the



DAVID PROPPER PHOTO

Supervisor Sam Oliverio points to where a cell tower could go near the senior center if the proposed location at town hall is voted down.

planning board and the zoning board of appeals and if it were signed off, the town would receive about \$24,000 yearly from the tower company.

Oliverio, who has been a proponent of placing the tower at town hall, made a final pitch to voters last week in an interview. He called the proposed tower "essential" to limit dead zones in the town.

Oliverio said he was encouraged by Homeland Towers to share the letter the company sent him with the public "because they have a right to know" in the spirit of transparency. After some consideration, Oliverio believes residents should know what other possible sites could be.

"(Homeland Towers) is only stating what I've said 100 times: you vote this down, we still need the tower and we're going to put it at either one of these sites," Oliverio said. "So I think it's a good thing that they did that, it's an honest thing. People really need to know what the

situation is when they go into vote."

Concerned residents, including Dorothy France, who would live near the proposed tower, expressed skepticism whether Homeland's warning of a closer site to the elementary school was a political ploy or not.

In an interview, France said she doesn't think the threat of placing the tower in two locations closer to the school is real and doesn't want Homeland to dictate where the tower should go. She called Homeland's email to Oliverio a "bullying tactic" and said the tower would be a "really ugly thing."

France, who teaches at the elementary school, said she would not want the tower at any of the three locations mentioned.

"I don't think anybody has taken the time to explore what Putnam Valley really needs in terms of cell service," she said. "Nobody's investigated."

If the town does more research, France argued a better spot could be pinpointed.

Oliverio hopes that residents understand the cell tower is a necessary utility that would also help emergency services. People opposed, Oliverio said are being "dichotomous" since most, if not all them, use cell phones, which require towers.

"Either way, I believe it's going to be a close vote," Oliverio said.

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Lake Casse	Lake Casse	Carmel	7/26
Beach 2	Lake Cannol	Kent	7/27
Beach 3	Lake Carmel	Kent	7/27
Beach 4	Lak Carme	Kent	7/27
Beach 7	.ak Carm	Ke t	7/2
Jackson	Putnam La	P .terso	7/3)
Warrren	Putnam Lake	Patterson	7/10
Singers	Lake Peekskiii	Putnam Valley	or∠ (originally 7/26)
Carraras	Lake Peekskill	Putnam valley	7 27
North	Lake Peekskill	Putnam Valley	8/3
Spur	Roaring Brook Lake	Putnam Valley	7/28

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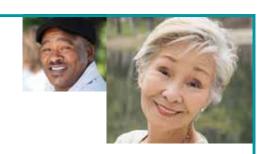
If your town beach is closed, Putnam County will waive your daily fee to Veterans Memorial Park, 201 Gipsy Trail Rd., Kent For more information, visit PutnamCountyNY.com



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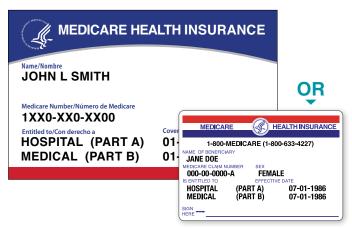




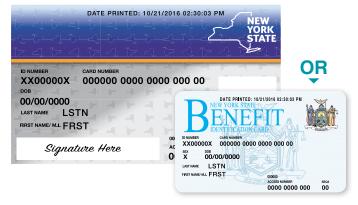


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Assemblymen Push to Get Positive Train Control Enacted

By David Propper

A delegation of state representatives from the Lower Hudson Valley demanded the Metropolitan Transportation Authority get up to speed implementing positive train control safety technology with a deadline for the MTA quickly approaching.

In a letter to MTA chairman Joe Lhota from assemblymen Kevin Byrne and David Buchwald, a Republican and Democrat, respectively, it stated commuters deserve assurances that "everything humanely possible" is being done to implement positive train control.

Starting in 2008, the federal government mandated positive train control, but an extension was granted until the end of 2018, along with \$1 billion loan from the federal government to the MTA.

"I appears that this expected timeline is no longer a reality," the letter stated.

Missing the deadline, Byrne and Buchwald wrote, is contrary to what MTA managing director Veronique Hakim told lawmakers six months ago at a hearing when she stated the MTA was "on track" to complete the project on time.

"The MTA's recent attempt to move the goal posts and assert that it is sufficient to

qualify for an extension of the deadline is simply unacceptable," the letter stated. "The deadline is as much set by public expectation and we know of no waive process for the commitment the MTA has effectively made to our constituents."

Byrne and Buchwald wrote they find it "extremely troubling" that broken promises continue to come from the MTA.

In an interview, Byrne said many lawmakers have fought to get the safety technology completed by the end of the year and it's an issue that's been in the forefront of many elected officials' minds. The public expectation is not in line with what the MTA is doing, he added.

"(The MTA) is using the word alternative schedule rather than the word extension," Byrne said.

Overall, nine other assembly members signed the letter to express support, including Sandy Galef, Thomas Abinanti, and Steven Otis, whom all represent residents in either Westchester and Putnam.

United States Senator Charles Schumer held a press conference in New Rochelle blasting the MTA earlier this summer. In July, the MTA stated it would hit certain thresholds and request a deadline extension before the end of the year.

"Metro-North expects to be in full compliance with the federal PTC



Assembleyman Kevin Byrne

regulations. The railroad is maintaining complete transparency, updating the public every month with detailed reports highlighting project status, progress and risks," the MTA told The Journal News. "We are working hard to get this done, and have used every possible tool available to expedite PTC implementation."

The letter from Byrne and Buchwald ended by stating the two lawmakers look forward to hearing from the MTA.

"If the MTA could only demonstrate its commitment towards meeting its goals for project completion rather than just project extension, our worries and the worries of our constituents could be put to ease," Byrne and Buchwald wrote.

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Cell Tower Proposal Hotly Debated in Patterson

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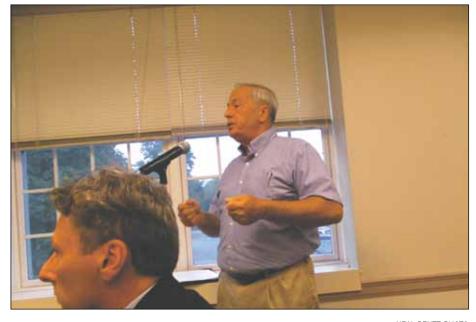
tower would be 166 feet, Verizon, which had previously been seeking to operate the tower, had considered a height of 160 feet, Arthur said. Wireless Edge wants the tower to be 166 feet high because the additional six feet would allow for additional antennas to be placed on the tower, he said.

Because the MTA is a state authority they can bypass local zoning, Jordan Fry, an attorney working on the project, told the town board. "It's the MTA who can really drive where things can go," he said. Wireless Edge is proving the infrastructure for the cell tower, Fry said in response to a question from Deputy Supervisor Charles Cook.

If the MTA did not seek to place the cell tower on the recycling center site it would be constructed on Route 164, Arthur said.

Nacerino told the town board she and Williams have been working with the MTA for the past few years on where to locate their proposed cell tower. A potential site she and the town had asked the MTA to consider is the 145 acre parcel owned by LAPCORS, LLC at 629 Route 311, which has an application for a paintball and recreation center that is being reviewed by the planning board. The MTA instead has chosen the recycling center site, she said.

The MTA needs a cell tower to improve communications, including responding to 911 calls, Nacerino said. The Route 164 location would not be appropriate because it would "literally be at someone's front door" and destroy the homeowner's equity in the property, as well as that of neighboring homeowners, she said. Nacerino she understands that no one in Patterson wants another cell tower in town.



NEAL RENTZ PHOTO

Patterson resident Bruce Major spoke in opposition to a proposal for the MTA to place a cell tower on the recycling center site during the Aug. 8 Town Board meeting.

A resident, who said she was a member of the Friends of the Great Swamp, said she supported the placement of the new cell tower at the recycling center property. Her organization has been monitoring the fall migrations near the trestle bridge near the train tacks off Route 164 for the past seven years, she said. Up to 3,000 ducks have migrated by the bridge every fall and Friends of the Great Swamp does not want the cell tower to be placed on Route 164 as had been previously considered by Metro-North. Having a single cell tower on the recycling center property was preferable, she said.

While support was expressed for placing a new cell tower on the recycling center site, the proposal was sharply criticized by resident Bruce Major. "I've

speaking on this issue for over two years," Major said. A more appropriate location for the cell tower would be the LAPCORS site, he said.

Williams told Major that the LAPCORS was not a viable alternative to the recycling center location. "The town board doesn't have the authority right now to approve a site plan for a cell tower, nor, under

our zoning code, do we have the ability to approve variances that will allow that tower to go in at LAPCORS," Williams said.

Williams said he did not want the town board to change zoning code to allow cell towers to be built on any location in town.

Major said he was frustrated with the process for the MTA to obtain approval for the site of its proposed new cell tower. "Government can do what government wants to do, but we the folks can't do necessarily what we want to do," he said.

Major said if the MTA was made aware that the town board wanted the cell tower to be placed at the LAPCORS property the agency could be convinced that was the right site.

MTA responds

An MTA official, who did want to be identified, said last week the decision on whether to approve or not approve the site of the cell tower at the recycling center was up to the town board because it would be located on town property.

The new cell tower was needed for the communications system used by the MTA's Police Department for the maintenance of the safety and security of the area, the source said, adding the MTA has been in discussions with the town about a new safety system for more than three years.

Guilty Plea Entered in Assault on Sheriff Case

 $continued\ from\ page\ 1$

the prosecution. She confirmed a plea deal was entered, but could not further comment on the case at this time.

Carter was hit with multiple charges when first arrested, including 2nd degree assault, a felony, reckless endangerment in the 2nd degree, resisting arrest, DWI, obstruction of governmental administration in the 2nd degree, criminal possession of a controlled substance in the 7th degree, trespassing, unlawful possession of marijuana, disorderly conduct, failure to obey a police officer, and drinking alcohol in a motor vehicle on a highway.

Since Carter's arrest, his defense attorney Edward McCormack has pushed for a plea deal for his client that would require no jail time and allow him to live in his native Oklahoma without making the trek to New York. Carter was in the area in May on a subcontracting job.

When asked if he and his client are content with the deal, McCormack said they were "complacent." McCormack said if the case went to trial, Carter would have availed himself to every possible defense, but because Carter lived out of state, he didn't have the time or resources to spend an extended period of time in New York.

"I don't go with contentment on these indictments," McCormack said. "He certainly could've availed himself to trial and gone further with it but in the long run, he's an out-of-state resident, he really couldn't spend the time in court with this case."

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Letter to the Editor

Possible Training Op. Center Wrong for Southeast

There has been a guiding hand to most of the transformative development in Putnam County. No, not the bombastic, braggart, Paul Camarda, but the urbane, impeccably dressed, self-effacing, quiet spoken, Harold Lepler. And Mr. Lepler, not finished with introducing his start-up from Romania, Alexandrion Distilliary,

has now embarked on another venture. You see, the Paladin Center has been evicted from their Guidepost home but not without provision from the generous, considerate landlord for another location. Mr. Lepler have donated to the county 135 pristine wooded acres off scenic John Simpson Rd, adjacent to the Middle

Branch stream and reservoir. Never mind the inconvenience of possible town official involvement. Let alone God forbid, resident knowledge and input. There will be none. County Executive MaryEllen Odell and Lepler have seen to that. Between the devastating logistics center and now the proposed Paladin Center,

we will see the completion of Southeast's descent into a cartoon of its former self.

Ann Fanizzi Carmel

Obituaries

Michael Brennan

Michael Brennan, age 90, of Mahopac died peacefully at home, surrounded by his loving family on August 4. Born in Ireland, to the late Joseph and Mary-Kate (Quinn) Brennan on December 29, 1927. He was the oldest of a family of 13: Joe, Jimmy, Maura, Tommy, Gerald, Vincent, Pearlie, Lois, John, Betty, Genevieve & Berna. Michael spent the early years of his life in Ireland before he moved to the United States, bringing with him the luck of Irish especially on April 6, 1953, the day he married Helen (Beirne). Having been born into a big Irish family Michael and Helen were blessed with six adoring children: Maureen, Kevin, Kathleen, Eileen, John and Michael. Although forever proud of his Irish heritage Michael was equally as proud to be an American. He proudly fought during the Korean War with the United States Army and advocated strongly for all men and women in the service. He kept ties to his Irish heritage by keeping up to date with any Irish news; Michael was an avid reader which helped keep his mind forever young. He was good to life and life was good to him. He believed strongly in family and made sure to keep in touch with everyone in the family whether local, across the States or back in Ireland. Michael was the glue that held his family together and a pillar of strength admired by all. He was truly the very best husband, father, grandfather, brother, uncle, cousin and friend and will be greatly missed by all who knew and loved him. Michael is survived by his Loving wife of 65 years, Helen, his six Beloved children & their Spouses/Partners: Maureen & Sean, Kevin & Maura, Kathleen, Eileen & Dave, John & Patricia and Michael & Serena. Michael is also survived by his eight grandchildren: Christopher, Elizabeth, Amanda, Michael, Shannon, Sean, Matthew and Logan who each had their own special place in his heart. Michael leaves a legacy of love and devotion to his family including Mary Vaughan & her family.

Henry P. Zemsky Jr.

Henry P. Zemsky Jr., age 45 died at his home in Putnam Lake, on August 4. He was born on October 1, 1972 to Henry P. and Kathleen (Moir) Zemsky.

He grew up In Putnam Lake and lived there for most of his life. He attended and graduated from Brewster High School. His career path took him on many different journeys, but over the past two years he found a home at Icons Sports Bar and Grill in New Fairfield, CT., as a Beer Specialist/ Manager. Henry grew up playing baseball and in later years he continued, playing softball in his adult years. He loved surrounding himself with his neighborhood friends. He also participated in many fantasy football and baseball leagues. He also enjoyed singing Karaoke any chance he got. His biggest love of all was his daughter Hannah. Henry is survived by his daughter Hannah, two sisters; Jessica and Genesis, and father Henry Sr., as well as cousins, nieces and nephews. He is predeceased by his mother Kathleen and his brother Michael.

Thomas D. Welch

Thomas D. Welch, a lifelong area resident, died on Sunday, August 5, at the age of 70. He was born in Peekskill, on April 1, 1948, the son of Thomas D. Welch Jr. and C. Phoebe Huestis Welch. Tom attended Lakeland High School and proudly served our country as a member of the US Army in Vietnam. He was a longtime gas serviceman, most recently with Synergy in Cold Spring. Tom enjoyed deep sea fishing and crabbing in his spare time. On December 10, 1967 he married Linda Head at the First Presbyterian Church in Mahopac Falls, NY. In addition to his wife Linda, of Mahopac, he is survived by his daughter, Kelly, also of Mahopac and his sisters, Mary Lee Rizzo of Peekskill and Patricia Branan of Portland, OR. He was predeceased by his sister, Margaret Ann Manderville. In addition, he will be greatly missed by his sister-in-law Pamela Burke, his nephews PJ and Matt, as well as his great niece and nephew, Emma and Patrick and close friend Rupert.

Mary P. Daniels

Mary P. Daniels of Mahopac, died peacefully on Monday, August 6, at the age of 95. She was born in Brooklyn on March 3, 1923, the daughter of Joseph and Celia Sutera Guardino. Mary spent her early years living in White Plains. On

September 1, 1946 she married Frank A. Daniels at St. Bernard's Church in White Plains. Eventually they moved to Mahopac to raise their large family. Upon retirement, they moved to the Pocanos in Pennsylvania where they lived for 17 years. They moved back to Mahopac several years ago to be closer to their family. Mary loved her family and enjoyed making big, Sunday meals for them. She was an outstanding cook and even made homemade pizza for all to enjoy. She is survived by her sons, Richard of Valhalla, Frank and his wife, Lydia and Bryan and his wife, Bernadette of Peekskill and Joseph of the Pocanos; her daughters, Barbara Holmes, Maureen Krauss and Lenora Butironi, all of Mahopac; 14 grandchildren and 12 great grandchildren, all of whom she cherished. She was predeceased by her husband, Frank and her grandchildren, Bryan Krauss and Maura Holmes.

Lillian Meyer Picciano

Lillian Emma Meyer Picciano died August 7, at the age of 89, after a long battle with vascular dementia. Lillian was a long time resident of Mahopac, New York. Lillian was born in 1929, to Emma Lucille Strauss Meyer and Laurtiz Vigdor Meyer in Manhattan, New York. She was previously deceased by her loving husband Eugene Anthony Picciano in 1988. Lillian is survived by sister, Doris Yaciuck, her three daughters, son in law and two grandchildren: Mary Jean Picciano, Margi Picciano, Marilyn

Perlberg and husband: Jim Perlberg, Jason and Kate Perlberg. Lillian lived a life of endless caring for others. She was honored with her name on two plaques at Putnam Hospital Center for 7,500 hour of volunteer work. She was instrumental in the formation of the breeding program for Guiding Eyes for the Blind. Lillian worked many years at the St. John's food pantry. Lillian was an avid fighter for the para-transit in Putnam County. She was an honored member of the Retired Senior Volunteer Program, a member of the Lions Club of Mahopac, and Hospice Volunteer. There will be a Celebration of Life and Memory Sharing at Joseph J. Smith Funeral Home in Mahopac on Saturday August 18, 2018 from 1 p.m.-3 p.m. with light refreshments at the family home between 3:30 p.m.-5:30 p.m. In Lieu of Flowers we request that you make a donation in her name to one of the following: The Alzheimer's Association, www.alz.org, or The Parkinson's Foundation, www.parkison.org.

Theresa Mary DelDin

Theresa Mary DelDin, age 74, former resident of Carmel, died August 8 peacefully at home with her loving family by her side. Theresa was born February 1, 1944 to the late Thomas and Margaret (Schnaudigel) Green. She went on to marry the love of her life Robert C. DelDin and together they were blessed with two adoring daughters Danielle Deanne and Danica Daryl. Theresa began her nursing

continued on page 12



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Cold Spring Cheese Shop

Cold Spring

By David Propper

Working in theater for many years, Timothy Haskell wanted to do something drastically different. Along with his wife Rebeca Ramirez, the two decided on none other than a cheese shop.

The Cold Spring Cheese Shop opened July 21 right in the middle of Main Street. When the couple saw the prime spot become vacant, there was no doubt they wanted to move in and begin a new chapter of their lives.

For Haskell, opening a cheese shop is a "complete departure" from anything else he's ever done. Besides the cheese shop, there have been four or five other ideas the couple would dream about pursuing one day, but the cheese shop was at the top of the list. (Some of the contenders and possible future endeavors would be a small movie theater and a mini golf course.)

Haskell and Ramirez hope the cheese shop becomes a cool place for locals to gather. In the back of the shop, the idea is to be able to have intimate events like cheese tasting and pairing offerings like wine and cheese.

"Just sort of make it a fun place to be on a Wednesday night," Haskell said.

For example, on Aug. 29, the shop



Timothy Haskell and Rebeca Ramirez are the owners of Cold Spring Cheese Shop, perfectly placed along Main Street in the village.

will have a cheese farmer come in to talk about cheese making and allow customers to taste different cheeses from his farm at

The couple split time between Cold Spring and Brooklyn the last year, and now live in Cold Spring full-time. The business has an emphasis on local products and when they can't do local, they focus on New York State, and then look to other



PROVIDED PHOTOS

The exterior of the cheese shop, which the owners hope will become a gathering place for locals.

products sold in the United States. Some of the local farms make award-winning cheeses, the two stressed.

Ramirez said Haskell's passion for cheese comes from his desire to create experiences for other people, whether it is in theater or at a haunted house. Now, he's bringing a hyper local food experience to residents and visitors of the area. Another motivating factor Haskell said, is cheese

simply delicious.

Haskell said cheese shops are more than just about the cheese. The cheeses offered can be more gourmet style and are hard to get at a supermarket or deli. Additionally, customers can talk about the different cheeses offered and have a dialogue with Haskell.

Ramirez, who has an economic development background, focuses on how to serve the needs of community members, while Haskell is more focused on the food.

"The idea is cheese is great and everybody wants it," she said. "How do we continue to enrich that."

Philipstown residents get 10 percent off Monday-Friday. Customers can also pick up pasta sauce in case they want to cook up something quick for dinner at home.

When asked what their favorite cheese is, Ramirez said Sprout Creek Farm's Toussaint and Haskell said St. Stephen's cheese by Four Fat Fowl. Both are local products from the Hudson Valley, proving you don't have to travel to France or Italy for a quality piece of cheese.

Cold Spring Cheese Shop is located at 104 Main Street in Cold Spring and its phone number is (845) 666-7373.



ABCODEFOGHIOJKLOM Back to School Guide NOOPRONESTOUNNOWYZ

Tips for Creating a Successful Back-to-School Carpool

It's time to get back into the school mindset, which for parents means school supplies, packing lunches and carpools.

A carpool arrangement can be the school year's greatest gift, but the key to a seamless schedule is good communication and a solid set of rules. With these best practices, parents can help ensure a safe and smooth ride for all the carpool passengers throughout the school year:

Develop a contact list: Compile a contact list that includes the names of every child and adult involved in the carpool, along with addresses and phone numbers. Print several copies of the list. Keep one copy in the car and share the remaining copies with the other families participating in the carpool.

Create a calendar: Discuss scheduling needs and clearly outline who goes where and when each day of the week. This calendar may change over time, so consider sharing a document electronically for easy updates and to keep everyone on the same page.

Prioritize safety: New car seat options are making it easier to ensure every child is protected in the back seat. For example, the Graco TurboBooster TakeAlong Highback Booster and Backless Booster provide safety on-



Keep safety and portability top-of-mind when organizing school carpools.

the-go and are designed for ultimate portability. In both highback booster mode and backless booster mode, big kids from 40 to 100 lb. can be safely transported. In highback mode, the seat back nests inside the seat bottom, making it simple to transport the booster from car to car. In backless mode, the seat folds to become 50 percent smaller and

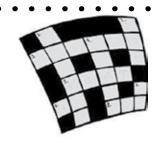
comes with a carry bag for additional portability. To learn more about these booster seats, visit gracobaby.com.

Minimize distractions: Carpool lanes are often busy, so it's important to stay focused. Don't listen to a podcast or look at your phone. Instead, concentrate on the task at hand -- getting children safely where they need to go.

Provide snacks: After school, kids are typically hungry and will want a snack during the car ride home. Talk to the other parents about what food you plan to provide for their children. Be mindful, many children have allergies or dietary restrictions, so factor this in before snack time.

A well-run carpool is a blessing for any busy parent. With these tips, you'll be able to start the new school year off on the right foot and ensure the carpool runs smoothly and safely.

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Social Worker Helps Immigrant Students Cope with Trauma

Desahogarse. It means to unburden. And it is the word most often used by Central American teens to describe the benefit of telling someone about the trauma they experienced in their homeland before coming to the United

Stephanie Carnes, a bilingual social worker at the Career and Technical Education Center at Putnam | Northern Westchester BOCES, presented her findings on the value of Desahogarse at the North American Refugee Health Conference in Portland, Oregon, in June.

In her work at the Tech Center, Carnes said she regularly encounters immigrant students who have experienced trauma in their country of origin. Some have witnessed murders, or encountered dead bodies in the streets or been subjected to physical or sexual abuse.

"These are everyday happenings in countries like El Salvador, Honduras and Guatemala, so the students think that there is something wrong with them when they cannot erase these memories from their minds," she said.

In an ideal world, these students would have access to intensive psychological counseling to help them overcome the trauma they have experienced. But more often, they not only cannot afford therapy,



PROVIDED PHOTO

Stephanie Carnes, a bilingual social worker at the Career and Technical Education Center at Putnam | Northern Westchester BOCES, presented at the North American Refugee Health Conference.

they do not even have the support of a parent or other caring adult because many have come to the United States on their own.

For her part, Carnes encourages the students to speak to her about what they have gone through and how they are feeling. To her surprise, simply talking about the events appears to help students recover from trauma.

When she asked students to describe what was helpful about talking to her, they all said the same thing: desagoharse, or the unburdening. Telling someone about traumatic events, even in a short-term counseling setting, has several effects.

First, it de-normalizes the event. Students come to realize that what they have experienced or witnessed is not normal. Children should not have to see what you saw.

Second, it educates the student about the effects of trauma. Third, it serves to honor the suffering they have experienced just by saying something like, "What an incredibly painful experience that

must have been." Finally, unburdening allows the student to celebrate his or her strength.

Carnes gathered data on 70 newly arrived Central American students, with an eye toward developing a clinical approach that could be used in different settings as a "stop-gap" measure until resources become available for long-term trauma treatment.

The students, all of whom came from El Salvador, Honduras or Guatemala, were surveyed about their exposure to traumatic events and the symptoms they were currently experiencing such as depression, recurrent memories, insomnia and nightmares.

Out of the 65 students who responded to the survey, 93 percent had exposure to at least one traumatic event. Sixty-three percent had been exposed to two or more traumatic events. Of the 38 students who had met with a social worker, all but two said it was helpful with their symptoms.

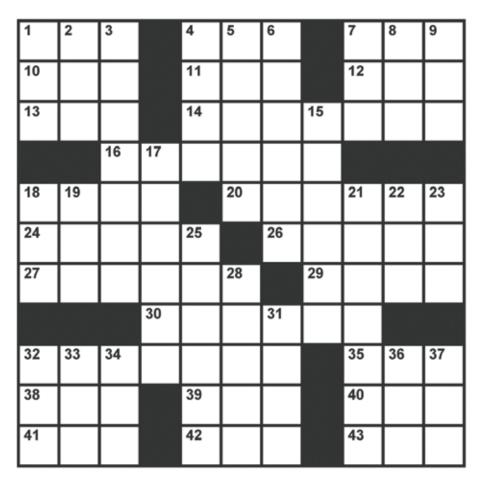
In the new school year, Carnes said she hopes to fine-tune the approach to help even more students, always being mindful not to push students to disclose anything they do not wish to discuss. "It is a 100 percent client-driven process. That's a basic tenet of trauma-informed care," Carnes said.







Crossword Puzzle



Crossword by Myles Mellor

Answers on page 14

Senator Serino Visits Kent Library

Several representatives of the Kent Public Library, including Otto Romanino, Flo Ratti, Jane Fowler and Carol Donick were pleased to welcome State Senator Sue Serino when she visited the Kent Library on July 27. Serino had sponsored the Kent Public Library for \$9,000 in state grants-in-aid for the library. She was able to see the enlarged area for DVD's and the new computers purchased through this funding. The state aid also paid for eBooks, downloadable audiobooks, music and movies available to library

patrons through Overdrive, Kanopy and Hoopla. Senator Serino also read a book about race cars to a young library patron, Tristin Lamb. "We are very grateful to Senator Serino for this state funding, which helps the library stay current with technology, eBooks and other newer media which our patrons are looking for," said Donick, Library Director. "We want to continue to offer great old fashioned library services, like children's story hours, and well as new possibilities which improve the lives of our patrons."



Across

- 1. "Evil Woman" rock band
- 4. Show grief
- 7. Military rank, abbr.
- 10. Presidential nickname
- 11. French island
- 12. It may be high in the afternoon
- 13. Brewpub offering
- 14. Cracked up
- 16. Parent's dream or Examiner special sections, Back to ____
- 18. High, prefix
- 20. Busybodies
- 24. Cortlandt Manor dance studio, Street
- 26. Explode
- 27. Commercial cat
- 29. Tiny, informally
- 30. "Rigoletto" and "La Boheme"
- 32. Becomes accessible
- 35. Cheer for a bullfighter
- 38. Seating arrangement
- 39. Mil. branch
- 40. Mauna ____ volcano
- 41. Salmon eggs
- 42. 2nd letter addendum
- 43. One of three in Fiji

Down

- 1. Time
- 2. Internet laughter symbol
- 3. Like a brigadier general, 2 words
- 4. Breathe out
- 5. Meat and vegetable stews
- 6. Off with you!
- 7. Letters on a Cardinal's hat
- 8. "Fancy that!"
- 9. Child
- 15. Singer Estefan
- 17. Yellow
- 18. 1972 treaty subi.
- 19. Zodiac sign
- 21. Turned over more than another brand
- 22. Letter abbr.
- 23. Hog haven
- 25. Closes, as a jacket
- 28. Children's doctor
- 31. Tach readings
- 32. Former hockey great
- 33. Nanki- of "The Mikado"
- 34. Mrs. sheep
- 36. Brit's bathroom
- 37. Wolf down

Obituaries

continued from page 8

career as an LPN in several local Nursing Homes and retired most recently as a pediatric triage nurse for CareMount Medical formerly Mount Kisco Medical group. She had a special love of children which was shown in her job and in her life as a mother and beloved grandmother. When Theresa was not spoiling her grandchildren with her love and attention, she could be found scratching Bingo scratch offs which was her second favorite thing to do, her first was spending time with her loving family. She was a lifelong resident of the area, growing up and living in Carmel until the last few years when she moved to Wingdale. Theresa was a devoted wife, cherished mother, adored grandmother and treasured sister. She

leaves a legacy of love and devotion to her friends and family. Theresa is survived by her two beloved daughters Danielle, and Rick Droesch of Patterson and Danica, and Kevin Harris of Wingdale . She is also survived by her three cherished grandchildren who were the light of her life Sean, Tatianna and MaryAnn, her nieces and nephews, Nannette, Lisa, Jennifer, Kristen, Colleen, Craig, Andrea, Aubrey, Ashley, Alexander and their children too, as well as being survived by her treasured sister Rebecca and her husband Thomas of NJ, her brother Thomas his wife Debra of Florida, and her sister-in-law Marie and brother-inlaw Andrew and his wife Diana, of Lake George. Theresa is predeceased by her loving husband Robert.



PROVIDED PHOTOS

Jane Fowler, Flo Ratti, Senator Sue Serino, Carol Donick, and Otto Romanino.

Putnam Observes Purple Heart Day

Last Tuesday, rain soaked officials and residents gathered alongside the New York Riders at the Putnam County Veteran's Memorial Park to honor National Purple Heart Day. Braving the stormy weather those who gathered heard from Vietnam veteran and NY Rider Robert Ferguson as he led us in the Pledge of Allegiance and in the ceremony. Ferguson started with "This evening we gather here at the Purple Heart Monument to honor and remember the sacrifices and physical wounds that out servicemen and women endured while fighting for our country to preserve our freedom." The ceremony then moved on to a Senate Proclamation presented by Laurie Noel on behalf of Senator Terrance Murphy. Kent Town Supervisor, Maureen Fleming, also presented a proclamation. Guests of Honors, Purple Heart Recipients Lawrence Miller,



PROVIDED PHOTOS

Franklin Turner, Joseph Ferguson and Jerry Hillis then placed a wreath at the Purple Heart Monument. A moment of silence was observed to reflect on the sacrifices that have been made for us, to remember all those who did not return home. Karl Rhode, Director of Veteran Services in Putnam, spoke on Post Traumatic Stress Disorder and veterans that end their life by suicide. There are scars we can not see, and that too must be remembered. Art Hanley, Assistant director of the Veteran Services of Putnam, spoke as well, followed by County Executive Mary Ellen Odell, reminding us that Putnam County is the first Purple Heart County in the state. She also reminded us that the Putnam County Courthouse will be lit purple for the week to honor Purple Heart Recipients. The Ceremony closed with TAPS and inviting all guests to place a purple or gold flower at the monument.





Homes That Best Lend Themselves to 'Staycations'

The first time I heard the word "staycation," immediately identified with it, especially from the time I built a luxury pool and entertainment patio at my home. Whenever my wife and I would jump into the pool, which represented the most expensive upgrade to our property over a 40-year period, we'd say to each other, "worth every penny!" Not ones to like the stress of travel, my wife and I spent most of our summer vacation times at our own home, lolling about the pool, cooking on the outdoor grill and enjoying the woods on our property.

To this day, when we now live in a luxury condo with the Trump name attached, I feel that we are constantly on a staycation, considering all of the amenities it offers. These include an indoor and outdoor pool, a well-equipped gym, walking paths and a running track. I can't say that I take advantage of these amenities as I should, especially the gym, but just knowing that they are there allows me the illusion of being on vacation every day. And what really drives that illusion home is the fact that I don't have to worry about the roof leaking or mowing the lawn.



By Bill Primavera

Some homes lend themselves better to staycations that others. I was reminded of this just this week when Cindy Haas, a colleague of mine at William Raveis Real Estate, used the term "staycation house" on one of her current listings at 290 Barrett Hill Road in Mahopac. I couldn't resist calling her to ask what "staycation" meant to her and she responded, "Simply a place you don't want to leave."

She elaborated on other "vacation-ish" features offered by the house: "It has privacy, which is very important, being carved into a hill and

contiguous to a conservation property. The house is surrounded by a huge deck and a pool with a waterfall. The pool cabana features both a wet and dry sauna and an entertainment center, complete with a kitchen, a fireplace which is open on both sides and a huge fire pit.

"I call the property 'rustic luxury," Cindy added.

The illusion of a vacation is enhanced with well landscaped grounds that abut the conservation land.

According to my research, staycations achieved popularity in the U.S. during the

financial crisis of 2007 to 2010.

The word became widely used in the United States during May 2008 as the summer travel season began with gas prices reaching record highs, leading many people to cut back on expenses, including travel. The term was even added to the 2009 version of the Merriam-Webster's Collegiate Dictionary.

Those lucky enough to have staycation equipped homes avoid the stress associated with travel - jet lag, packing, long drives, or waits at airports.

Anyone interested in this particular

staycation house in Mahopac may call the listing agent Cindy Haas of William Raveis Real estate at 914-646-1569. For real estate service from Bill Primavera, The Home Guru, also at William Raveis, call 914-522-2076.

Bill Primavera, while a publicist and journalist, is also a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. (www. PrimaveraPR.com). To engage the services of The Home Guru to market your home for sale, call (914)522-2076.



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Happenin8s

Movie Time: Watch the films based on selections from the Mahopac High School summer reading lists. No registration needed; popcorn provided. Drop-in to watch these noteworthy films: August 16: 3 pm - Every Day 6 p.m. - Pride and Prejudice. August 21: 3 p.m. - The Five People You Meet in Heaven 6 p.m. - The Grapes of Wrath August 22: 3 p.m. -Go Tell it on the Mountain Additional summer reading films available with your Mahopac Library card on Kanopy: Lord of the Flies, Silent Spring. A Tale of Two Cities Find the link to Kanopy, a streaming film resource, on the home page of the Library's website, or click here. For information call 845-628-2009, ext. 100, or visit www.mahopaclibrary. org. ANNUAL TAG SALE

2018 will mark the 13th anniversary of the Putnam Valley Residents Coalition's Farmers Market. Our market is located at Tompkins Corners Cultural Center at 729 Peekskill Hollow Road, Putnam Valley. The Market is outdoors, on the lawn and will run each Friday from 3 p.m. to 6:30 p.m. starting on June 29th and going to August 31st. TCCC will be offering music and other events following the close of many markets. Our vendors offer a variety of fresh, locally grown produce, beverages, baked goods and many crafts. Vendor inquiries are welcome. Contact us at putnamvalleyresidentscoalition@ yahoo.com or call 845-528-0066.

Ongoing:

Wednesdays:

History Exchange: Calling all history enthusiasts! Join the Southeast Museum and Brewster Public Library for - History Exchange. Do you want to learn more about our local history? Join likeminded people to discuss local history and research unique archives. History Exchange meets the second Wednesday of every month from 6 p.m. to 7 p.m. at the Brewster Public Library and will be facilitated by Amy Campanaro, Director of the Southeast Museum. The first meeting is Wednesday June 13. To register please click call the Library at 279-6421.

Saturdays: Every Saturday in 2018, admission to Boscobel's grounds is paywhat-you-wish. At any donation level that is comfortable, visitors are welcome to explore 68 acres of Boscobel's property, including lush gardens and a woodland trail. COLD SPRING FARMERS' MARKET: Boscobel. Find fresh, local produce, meats, and honey as well as high quality handcrafts. Supporting local, regional, and sustainable farms by providing an outlet for direct sales of agricultural products, the Cold Spring Farmers' Market's vendors are either farmers, farm employees, or food artisans selling fresh products with ingredients sourced from regional farms. 8:30am -

1:30pm. Every Saturday through October. Admission is free.

Save the Date: Annual Tag Sale sponsored by the Catholic Daughters Of The Americas Chapter 1921. St John the Evangelist Church, Social Hall, 221 East Lake Blvd, Mahopac NY Saturday, Sept. 22, 8 a.m. To 7 p.m. & Sunday, Sept. 23, 8 a.m. To 2 p.m. Proceeds To Assist Our Church And Other Needy Charities.

Tuesday, August 14

Percy Jackson Book Club is starting again on Tuesday, August 14 at 2 p.m. at the Kent Library. Live the adventures of Greek mythology in modern times with trivia questions, game show buzzers with funky noises, and a fun craft. Join your cabin and compete against the others! In this meeting, the group will discuss the first book in the series, The Lightning

Abstract Art II at Reed Library: 10 a.m. to 1 p.m. Discussion of the history, rules and freedom of Abstract Art and an opportunity to create a unique abstract painting on canvas. Registration required. Please call the library to register, 845-225-2439.

Wednesday, August 15

Open House At Mahopac Falls Nursery School: The New Mahopac Falls Nursery School, located at 411 Route 6N in Mahopac on the grounds of First Presbyterian Church, will be holding an open house 5 p.m., - 7 p.m. They are currently registering children for the 2018-2019 school year. The nursery school has been in business since 1970, and offers a wonderful learning experience for 3 and 4 year olds. Classes are held from 9 a.m.-11:30 a.m. and children can attend between 2 -5 days per week. The 3-year-old class focuses on social skills, colors, numbers, and an intro to letters. The 4-year-old class follows the Common Core Curriculum, which provides the solid foundation needed for kindergarten. In addition to Academics, we provide indoor and outdoor play areas, music, crafts, story time, snack time, and holiday celebrations. Please call Michelle Armstrong, Director, at 845-803-0701 or e-mail MahopacFallsNurserySchool@ gmail.com for more information and to set up a tour. Check out all the fun on their Facebook and Instagram pages- The Mahopac Falls Nursery School.

Friday, August 17

The Greatest Showman will play at the Kent Public Library: 2 p.m. This film celebrates the birth of show business, and tells the story of P. T. Barnum, a visionary who rose from nothing to create a spectacle that became a worldwide sensation. Stars Hugh Jackman, Zac Efron, and Zendaya. Rated PG. Registration is required. The Kent Library is located at 17 Sybil's Crossing off Route 52, and can be reached

at (845) 225-8585 or www.kentlibrary.org. **Saturday, August 18**

Free Movie Night at Sacred Heart Church: All are Welcome. 5 p.m. (Join us at our 4 p.m. Vigil Mass just prior to film) "Power in My Hands" uncovers the beauty, timelessness and power of the rosary to help viewers understand the power to revitalize America—a society in spiritual crisis. Hosted by the Sacred Heart Rosary Group. Admission is free but... Please RSVP for us to accommodate seating & refreshments. RSVP: Judy McDermott 914-482-8741 or Maureen Lerner 845-279-3376 Sacred Heart Roman Catholic Church 414 Haviland Dr., Patterson.

Exterminate the emptiness in your life that the end of every season of Doctor Who. 11:00 a.m., Celebrate your love of Time Lords and Daleks and get ready for Series 11 and the rise of the Thirteenth Doctor. Brush up on your Doctor Who trivia, make a craft, and learn to write in Gallifreyan! with a trivia game and craft! This is a family program for Whovians aged 7 through adult. Registration is required. The Kent Library is located at 17 Sybil's Crossing off Route 52, and can be reached at (845) 225-8585 or www. kentlibrary.org.

18th Annual Daniel Nimham Intertribal Pow Wow: August 18 & 19 10 a.m. – 5 p.m. ~ Free Admission/ Parking Putnam County Veteran's Memorial Park – Nimham Fields 201 Gipsy Trail Road, Carmel. The 18th Annual Daniel Nimham Intertribal Pow Wow is coming! Grand Entry begins at 12 noon; the gates open at 10 a.m. Drum performances include the Nimham

Mountain Singers, Red Storm Drum & Dance Troupe, and Grey Cloud. There will be Native American drumming, dancing, storytelling, teepee, food vendors, arts & crafts vendors, pony rides (Saturday), Skyhunters in Flight birds of prey show and Donna Gentile on acoustic guitar! 100.7 WHUD DJ Mike Bennett will be at the Pow Wow with the Prize Wheel Sunday noon – 2 p.m. Donations are welcome: all proceeds go to non-profit organizations that help US Veterans. For more information, visit www.nimham.

com or https://www.facebook.com/

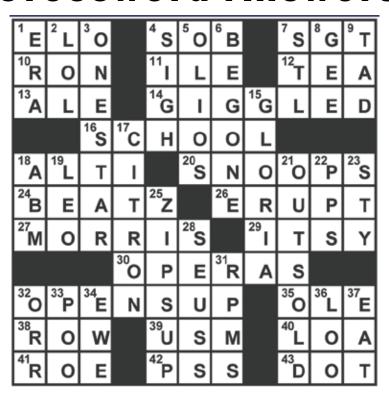
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Nikki Gallagher at nikki@theexaminernews.com

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to

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zation filed with Secretary of State of New York (SSNY) on May 02, 2018. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **Prince Consulting LLC**, 184 Willowbrook Ave., Stamford, CT 06922. Purpose: Any lawful purpose.

NOTICE OF FORMATION OF PREFERRED CHOICE HOME INSPECTIONS LLC. Articles of Organization were filed with the SSNY on 6/29/18. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to PREFERRED CHOICE HOME INSPECTIONS LLC 117A E Main Street Suite 378 New Rochelle NY 10801. Purpose: Any lawful act or activity.

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NOTICE OF FORMATION OF DS EQ-UITY CONSULTING, LLC. ARTS. OF ORG. filed with SSNY on 06/29/2018. Office location: Westchester County. SSNY shall mail process to DS Equity Consulting, LLC 1064 Saw Mill River Rd, Yonkers, NY 10710. Purpose: any lawful act or activity. NOTICE OF FORMATION OF THE DESIGNER REALTY GROUP, LLC. Arts. of Org. filed with SSNY on 6/1/16. Office location: Westchester County. SSNY designated as agent of LLC upon whom process against may be served. SSNY shall mail process to 760 White Plains Rd, Scarsdale, NY 10583. Purpose: Any lawful purpose.

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A Suggestion Based on Decades of Experience



By Nick Antonaccio

Friday Night at the Movies.

Over the years my wife and family have always set aside Friday night as the one element in our lives that was consistent from week to week. It was the night to sit

back, de-stress and enjoy time together with no distractions.

And we have a theme.

What could be more relaxing than comfort food – our choice is pizza - paired with wine and a movie?

But it can be a challenge to pair pizza, wine and a movie. Learn from our

stumbles: 1) Blood and gore on the screen do not pair well with pizza and wine - no Quentin Tarantino movies, especially Kill Bill; 2) No foreign movies with subtitles; it's much too sloppy trying to read and eat at the same time.

We've now reached consensus in our choices. The pizza topping is a constant, the wine is always Italian red and the movie – well, two

nt at out of three ain't bad.

Here are my suggestions for the wine component. Since most pizzas have tomatoes as a base ingredient, red wines generally pair better than whites. And since pizza

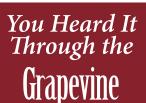
is an Italian fast food, I like to consider Italian reds before others. There are several that I prefer, each of which complement the acidity of the tomatoes and balance the fat content of the cheese in a basic Neopolitan pizza.

My guidelines for good matches are wines that are not heavily oaked and have a bit of acidity and a bit of fruit. No high alcohol levels that will bring on sleep at the pivotal moment of your movie. Here are three wines that fit this profile:

1) Since our youth my wife and I have had an affinity for Chianti with our pizza. The mild flavor and medium body

pair well with Neapolitan "pizza pie." Chianti has undergone a renaissance in style over the last ten years. The wines are much more finessed and even more food friendly than in

the past, while retaining their balance of acid



and fruit. The tannins are softer, almost velvety, and the alcohol is manageable.

2) We've also gravitated to the wines of the Piedmont region particularly Barbera from the Alba and Asti sub

regions. They are produced to be drunk young. They are not oaked and have mild aromas of earthiness and black cherries. Most importantly, they lack strong tannins and have the bright acidity that pairs well with pizza. They have become increasingly popular in wine shops across the Examiner's readership area and reasonably priced, several under \$20.

3) Valpolicella from the Veneto region is another favorite. These wines are a bit more lively and well balanced between acidity and fruit than the Tuscan and Piedmont wines. Try the Classico and Classico Superiore designated wines, which are young with moderate alcohol. The Ripasso style is more fruit forward. The dried cherry flavor and earthiness of these wines bring the tomato, basil and cheese flavors to the forefront of the palate.

As I mentioned at the outset, our pizza has been our one constant. I won't attempt to persuade you to try our favorite. Pizza is a very individual choice, whether you prefer traditional, thick or thin crust; medium cooked crust or darker, well-done crust; brick, wood-fired or coal-fired oven.

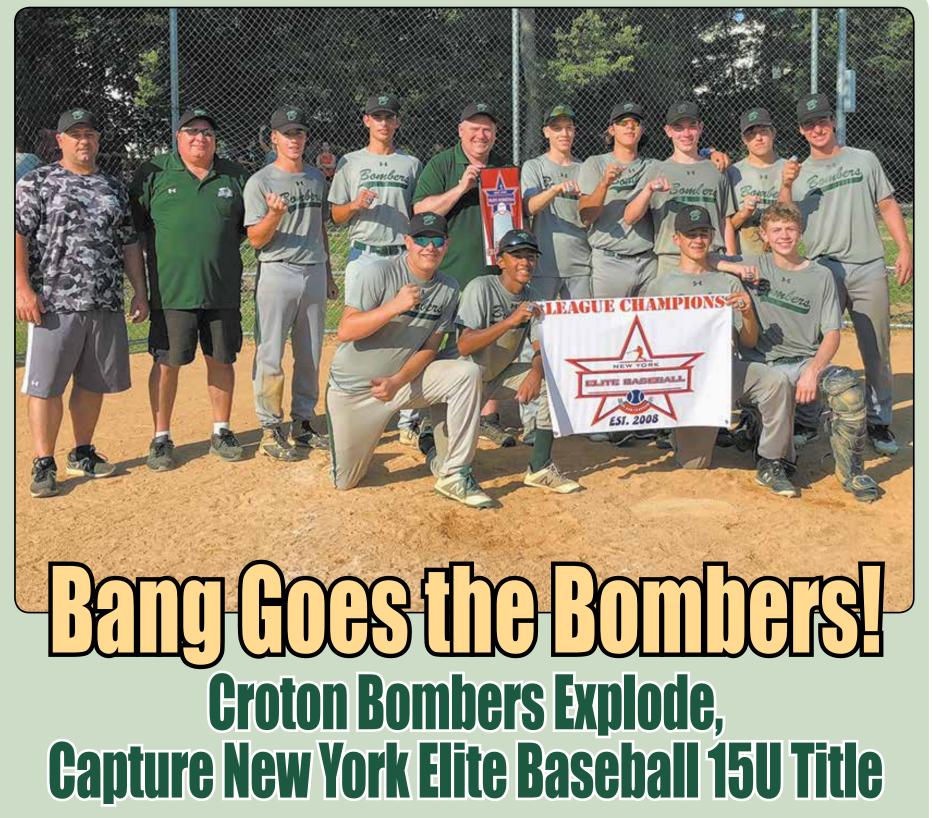
Similarly, toppings are an individual preference. A simple Margarita pizza is the epitome of the Roman style in Naples. The more exotic toppings are Americanbased. I still haven't succumbed to ham and pineapple pizza, but I have enjoyed caramelized onions and crumbled blue cheese pizza.

Our go-to pizza? Wood-fired with slightly burned edges, topped with crumbled sausage and broccoli rabe. I sprinkle a few red pepper flakes on my slice for an added punch.

The movie? Totally subjective. E-mail me your favorite movie to watch with pizza and wine. I'll select my favorite entry and reward the winner with a cash gift certificate.

Nick Antonaccio is a 30-year Pleasantville resident. For nearly ten years he has conducted numerous wine tastings and lectures. He is co-host of Glass Up, Glass Down, a local cable television series on wine and food that is also accessible on the internet at www. PCTV76.org and offers personalized wine tastings and wine travel services at www. WineAdventuresLLC.com. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com.





Members of the Croton Bombers 15U baseball club pose with their championship banner after defeating the CT Rangers, 6-2, on August 5th to secure the New York Elite Baseball title behind the complete-game victory from P Sean Cregan, which was preceded by P Matthew Calise's three-hit 9-0 complete-game semifinal victory over the OC Bombers. Joshua Gillison led the Bombers with a .667 batting average and five RBI in the playoffs. Members of the team include: (Front L-R) Joey Phillips, Jaison Mock, Michael Casale and Colin Kelly; (Back L-R) Coach Michael Casale, Manager Rob Gordian, Zach Cohen, Matthew Calise, Coach Patrick Kelly, Joshua Gillison, Nick Torres, Sean Cregan, Nick Serrao and Eddie Scutari.

Sports

Shrub Oak Storm Punctuate Spectacular Season with GHVBL Title

By Ray Gallagher Examiner Sports Editor

On Wednesday, August 1st, Shrub Oak Storm 10U Coach Lou Vernagallo received one of those phone calls from one of his team mom's that no coach ever wants to get in the throes of a playoff run: Super-rookie Jake "The Rake" Bruno had just broken his right pinkie finger at basketball camp and would be out for the remainder of the Greater Hudson Valley League playoffs. The news only got worse when one day before the championship game the following Saturday Coach Vernagallo's own son, Louie, accidentally



SOAC P Nicholas Santobello delivers pitch in 10U GHVBL championship win.

caught his pitching hand in a screen door at home, causing a deep laceration that would require immediate attention.

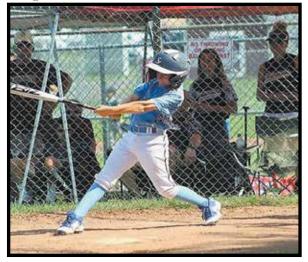
The Storm were already up against it, with the top-seeded and undefeated Dutchess/Columbia Wolverines (20-0) on tap, and Vernagallo entered the game with an ominous feeling in the pit of his gut.

The Storm headed up to Rogers Park in Danbury CT on August 5th, nonetheless, in an attempt to secure their sixth consecutive GHVBL title. Second-seeded Shrub Oak responded in kind, battling six frames in a thrilling back-and-forth

affair with Storm starter Stef Cross keeping the Storm in the game by delivering three strong innings and striking out six. Cross exited the game with the Storm trailing, 5-4, but the Storm bats then came alive in the top of a five-run, game-sealing fifth inning, effectively putting the game away.

Storm P Nicholas Santobello was dealing over the final three innings, surrendering just two hits and one run, holding down a potent Wolverines lineup. Santobello recorded the final out of the game on a grounder back to the mound, touching off a mad-cap celebration in front of a packed crowd.

The Storm offense was led by catcher Grady McGee (4-for-4), who also brilliantly caught all six innings in the stifling heat. Michael Zumatto, who



Shrub Oak Storm 1B Vincent Lugo crushes pitch in GHVBL 10U championship win.

provided a consistent, hot bat down the stretch for the Storm, contributed two RBI. Louie Vernagallo, playing with a bandaged hand, also added two RBI. Excellent atbats by Joseph LaPeruta, Vincent Lugo and Stef Cross in the fifth inning also helped secure the win. Excellent defensive plays by Cross and Kevin Gordon thwarted potential Wolverine rallies late in the game.

With the GHVBL 10B summer championship in hand, the Storm have now won six consecutive GHVBL titles with a record of 121-8 during the run. The team, consisting of mostly nine-year-olds, has been playing up in division against older players. The Storm will take a quick break and return to GHVBL Fall action in early September.

"They've earned a break," the coach said.



Shrub Oak Storm OF Michael Zumatto scores in passed ball in 10U GHVBL championship win.

"This team never ceases to amaze me. It's been an incredible run, the future is bright and now we get ready for the fall season."

Team members include: Kevin Gordon, Grady McGee, Nicholas Santobello, Stef Cross, Matthew Clyman, Michael Zumatto, Louie Vernagallo, CJ Simone, Jake Bruno, Joseph LaPeruta, Vincent Lugo and Michael Lucia, plus Coaches Lou Vernagallo, Anthony LaPeruta, Joe Lucia, Ron Santobello, Carlo Tucci and Max Selinger.

Liberty Raising Breast Health Awareness Despite Tough Season

By Danny Lopriore

WHITE PLAINS -- Katie Smith took over as New York Liberty head coach this spring and has suffered along with her players to find wins and bright spots in a season of tough losses.

The Liberty lost their eighth straight game last Wednesday evening in front of a supportive home crowd at the Westchester County Center. The heartbreaking 82-81 loss to the playoff-bound Los Angeles Sparks (18-11) left the team at 7-23 and looking for positives with only five games left in a season that will not include postseason playoffs for the first time in four years.

New York guard Sugar Rodgers hit two acrobatic 3-pointers in the game's final 10 seconds with the Liberty trailing, but her late heroics weren't quite enough to overcome the Sparks' lead down the stretch.

"We have had problems finishing games, but I saw a lot of good things tonight with how we stayed focused through the game,"



ANDY JACOBS PHOTO

Liberty G Bria Hartley drives lane on LA Sparks star Candace Parker in New York's 82-81 loss to Sparks at Westchester County Center last Wednesday.

said Smith, who was an assistant coach with the Liberty for four playoff seasons before taking the head job this year. "There were some little things to close the game I could have done a little better but, overall, we locked into the game plan and played really, really hard."

The Liberty led 66-61 after three quarters and looked poised to snap their losing streak before the Sparks took over and ran off a 21-15 fourth-quarter advantage to steal the win.

Liberty star forward Tina Charles led all scorers with 27 points, working hard inside and tossing in several short hook shots to help open a five-point lead with five minutes to play. Charles, a veteran team leader and WNBA All-Star and league MVP in 2012, talked about finishing the season on a high note after recent late-game losses.

"The effort we have been playing with is what we need to bring all the time," Charles said. "We do need to get better continued on next page

www.TheExaminerNews.com August 14- August 20, 2018

Sports

Put Valley Hoopers Doing Work, Take East Coast Panthers Title



By Ray Gallagher Examiner Sports Editor

So, having been parked on a beach for the last seven days in gorgeous LBI, I may or may not have checked in with the real world for quite some time. Folks were still hitting me up with information, and I did some light "Twittering" while on the beach in an effort to make sure Antifa and like-minded menaces

were clear of the Jersey Shore.

Perhaps the most impressive thing I had heard about from a local sports perspective while I was away was the outstanding job done by the Putnam Valley varsity basketball team in the 27-team summer league run by the East Coast Panthers AAU club at the Masters School in Dobbs Ferry.

Coach Mike McDonnell's Class B Tigers, who also impressed the keen eye of sagacious hoops guru Lou DeMello, went 7-0 in the regular season and then ran roughshod through the playoffs, beating Class AA White Plains, Class AA Suffern and Class A Lakeland, convincingly, en route to the varsity title, running their summer league record to 33-1 overall (playing teams from NY, NJ, MA, PA, both publics and Catholics).

"It truly was fun to push these boys all summer, to laugh with the boys and laugh at myself," Coach McDonnell said. "Truly, a most special group, who, with the help of A.D. Brian Burrow, has what looks like a very exciting schedule for us this upcoming winter."

I've seen this group hard at work at 6 a.m. many days in the PV Town Park and it has done so with one likeminded purpose: To hoist the Valley's first gold ball in March of 2019. This was a great start for a program that has been to five Final 4's in six years but is yet to win the big one. Just getting to the County Center (or the Goldstein Center at Pace) won't satisfy the yearn this town has to win a basketball championship, and I know that's a lot of pressure to put on high school seniors, but this group - led by Darnel Shillingford and TJ Brescia - has big shoulders and can carry that kind of load. Plus, they've been preparing for this since CYO and rec. ball.

As close as I am to this program, I'm not sure I can handle another semifinal (three times) or championship setback (twice), so keep grinding, young men, your gold ball awaits!...

Perhaps the only local basketball team performing at a higher level this summer is Coach Dan Ricci's Ossining girls' team, but, then again, the eighttime reigning Section 1 Class AA Pride pretty much outperform every public

school in NYS over the course of the last decade. P.S. this will be coach Ricci's final year as Pride football coach after serving the program in some capacity for some 30 years as former QB, assistant coach and head coach. Might be time to mold a statue in his Mr. Ossining's honor...

Equally impressive was the job done by local youngsters in the Greater Hudson Valley Baseball League championships (primarily held in Danbury, CT.) We had a slew of champions and runnerups in a highly competitive field with hundreds of teams in contention, which leads one to believe that the future of baseball is quite bright in and about the Northern Westchester/Putnam region. The list of teams to win titles and/or compete for them is vast, including: Yorktown 8U A-League runnerups; Putnam Valley Miners 8U B-League runnerups; Yorktown 9U A-League runnerups; Putnam Valley 9U B-League champions; Yorktown 10U Elite League runnerups; Shrub Oak Athletic Club 10U B-League champions; Ossining 11U B-League runnerups; Mahopac Indians 12U B-League champions; Patterson 13U B-League runnerups; Patterson Pirates 14U A-League champions; East Coast Mavs 14U B-League champions; Mahopac Indians 15U A-League champions; Patterson 15U B-League champions; Cortlandt Panthers 15U B-League runnerups.

That is one impressive grouping, considering the local clubs represented in every division from 8U to 15U, which means we could be looking at a very bright baseball future when these here hifalutin youngins join the varsity ranks. Can't wait...

Sent out my annual preview note/

request for info last Saturday to local gridiron coaches as I embark on my 30th year of covering Section 1 varsity football this fall, and I'm truly stoked to get it going. Expect to see our preview edition

on newsstands on August 28th with the season set to kick off on August 31st (the earliest I can ever remember).

We've got so many great players to preview, including returning veterans with something

to prove and key newcomers ready to crash the party. I'm hoping that captains – of all teams, not just football – can give me a follow on Twitter (@Directrays), so we can rap sports and get the player's perspective from start to finish for what

we hope will be memorable campaigns for the hard-working student athletes in about the Northern Westchester/Putnam County region. Don't worry, there's no Fake News spewed here...

If you want to save this state/country as badly as I do, you better get off your butts and vote in November, or we're going to hell in a handbag with the current NYS governor and some of the policies being pushed by this administration...

I'm at the point where I don't care what the NFL does about the current national anthem issue, which is only adding to social divisiveness and civil unrest nationwide: Stand, kneel or take a seat. I've tuned the kneelers out and will always be the first one standing hand over heart. That's who I am, will always be, and so, too, will my children be.



PV Tigers Ryan Soto, TJ Brescia, Darnel Shillingford, Brandon Guerra and Ivan Caposito gather for a recent 6 a.m. hoops workout at PV Town Park.



The Patterson Pirates 14U team ran roughshod over the Greater Hudson Valley Baseball League A-Division en route to title.

continued from previous page

at closing out games though. Down the stretch, we seem to fall apart a little bit and that's how we end up losing. It's a mental thing. We must make sure the ball is going to the right people at the right times. We must call out plays, defend as a team, rebound the ball, and just bear down. We have to finish strong."

The Liberty celebrated "Breast Health

Awareness" night, with the players each wearing pink. WNBA President Lisa Borders, NBA Commissioner Adam Silver and New York Knicks guard Tim Hardaway Jr. were at courtside to help support the event.

Charles reflected on the evening and its importance.

"It is special and personal to me," she

said. "My grandmother had breast cancer. I lost a good friend to breast cancer in April. It is great that the WNBA highlights such an amazing campaign."

Rebecca Allen and Amanda Zahui B both gave strong efforts for New York, which finishes its season with four games on the road. They scored 13 points apiece, with the 6-foot-5 center Zahui B grabbing

nine rebounds and playing strong defense.

"Amanda came into the season with her head on straight and a great attitude," Smith said of Zahui B. "She has played with confidence, and getting a scoring, offensive big is a plus. Amanda has improved on defense and we played well as a team. We're trying to get some wins as we finish the season."

SIN FUIGS!



With its 9-6 win over top-seeded Dutchess County Wolverines on August 5th, the second seeded Shrub Oak Storm snagged the Greater Hudson Valley Baseball League 10U B-League summer championship, giving the Storm its sixth consecutive GHVBL championships and a record of 121-8 during a spectacular run from a team consisting of mostly nine-year-olds playing up in division against older players. Jubilant team members include Kevin Gordon, Grady McGee, Nicholas Santobello, Stef Cross, Matthew Clyman, Michael Zumatto, Louie Vernagallo, CJ Simone, Jake Bruno, Joseph LaPeruta, Vincent Lugo and Michael Lucia with Coaches Lou Vernagallo, Anthony LaPeruta, Joe Lucia and Ron Santobello. Pitchers Stef Cross, Nicholas Santobello & Catcher Grady McGee (inset) were instrumental battery-mates down the stretch.