



March 20 - March 26, 2018

SMALL NEWS IS BIG NEWS

Volume 10, Issue 469

## Putnam Students Make Their Voices Heard

By David Propper

Putnam County students sick of school shootings with a spine to stand up made their voices heard last Wednesday when they participated in a national walkout in response to the tragic mass shooting in Florida last month.

Part of the nationwide movement called the ENOUGH National School Walkout, hundreds of local students from all five Putnam school systems got a lesson in civics when they “walked out” at 10 a.m. and stood outside or somewhere within the building for 17 minutes. Walkouts occurred throughout the entire country with national news organizations covering the mass protests.

At Carmel High School, about 200 students braved frigid weather to march outside to commemorate the 17 students and staff members that were killed last month at Stoneman Douglas High School. Many students held signs up calling for stricter gun control laws and

urged lawmakers across the board to enact policies that would prevent mass shootings from ever happening again.

Carmel students left through the library exit of the high school and stood along the sidewalk facing Fair Street. Several cars passing by honked at students, showing approval with their actions.

Senior Anne Pozner, one of the Carmel students that organized and spoke, said the point of the walkout wasn't to miss class, but to demand safer schools. Pozner also criticized the federal government for being puppets to the National Rifle Association, which has been hard press to support any gun control legislation. Not mincing words, she referred to the NRA as “an evil monster.”

“Because if it were up to us we would be focusing on passing math class, we wouldn't be focused on fixing the problems of this country,” Pozner told her classmates.

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## Odell Delivers State of the County Address

By David Propper

In an election year with one challenger already coming forward, County Executive MaryEllen Odell left no stone unturned when she gave her annual State of the County address last week inside the Putnam County Golf Course banquet hall.

During her 90-minute speech, Odell hit on a wide array of topics, including finances, county projects, different events planned, and her position on state level issues that affect Putnam. She also revealed 2018 would be the Year of the Volunteer.

Odell, a Republican, is running for a final term in office this year and so far Kent Supervisor Maureen Fleming, a Democrat, has announced her intention to face her.

In front of a packed house, Odell emphasized that school safety would remain one of her administration's top priorities, especially in light of the tragic mass shooting that occurred in Parkland, FL. last month. She said she affirmed the necessary funding for the school resource officer program a couple weeks before the shooting took place with



DAVID PROPPER PHOTO  
County Executive MaryEllen Odell presented her state of the county address last week.

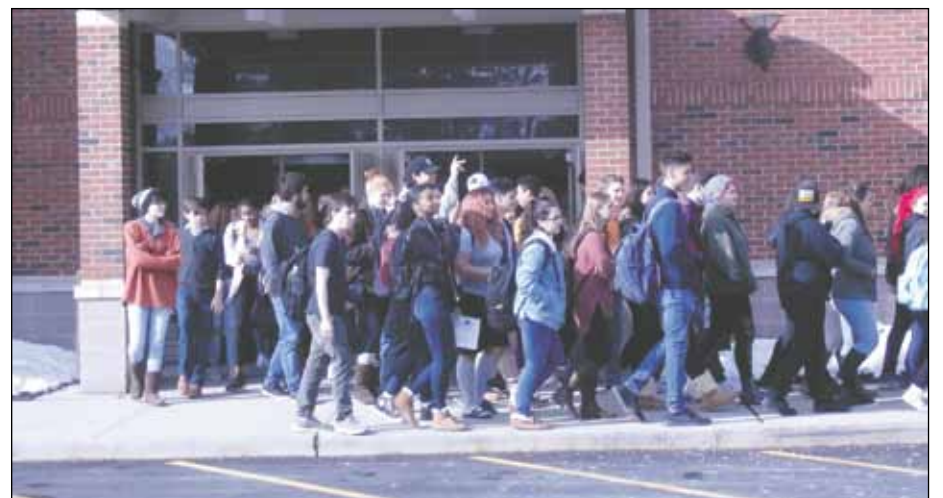
school superintendents from districts that participate in the program. Nine deputies are dedicated to school systems throughout the county, which Odell said was imperative following the tragic mass shooting at Sandy Hook Elementary School in 2012.

*continued on page 2*



DAVID PROPPER PHOTOS

Carmel High School students Taylor Smith, Kaitlyn Rosario, Anne Pozner, and Danielle Kilcawley helped lead a walkout last Wednesday in response to the school shootings that have occurred across the country.



Carmel students promptly left the high school building at 10 a.m. last week as part of a national walkout.



Not everyone saw eye-to-eye, but students in Carmel still expressed their views respectfully.

# Dem. County Exec. Candidate Criticizes Odell's Speech

By David Propper

During Putnam County Executive MaryEllen Odell's State of the County address last week, the Republican put on a presentation selling her administration and the direction of the county. But not everyone was buying it.

Kent Supervisor Maureen Fleming,

who is running against Odell this year for the top post in Putnam, panned the state of the county address and Odell's overall management of the county in a response statement she sent out over the weekend. She said, according to a press release, that Putnam deserved better

than what the Odell administration has offered and called on a sensible, disciplined plan to reduce wasteful spending and cut taxes.

"Thursday's State of the County Address lacked professionalism and vision for Putnam County," Fleming,

a Democrat, stated. "We heard about the same stalled development ideas, repackaged and rehashed. We heard about debt reduction, not because of smart money management by the administration, but because of

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## Odell Delivers State of the County Address

*continued from page 1*

The program costs \$1.35 million annually, but Odell said, "One child's life, you cannot put a price on."

Addressing the recent storms, Odell gave a play-by-play of eight busy days for emergency services and other county departments. During the March 2 storm, known as Winter Storm Riley, the county's 911 center received 1,135 calls for assistance in one day, Odell said.

She stressed those eight days displayed how people across the county stepped up to get Putnam through two powerful storms.

"They were on point, they were focused, they were targeted, they were controlling everything that was going on," Odell said of 911 center personnel. "It was very intense."

While giving county and state workers credit, Odell slammed New York State

Electric and Gas Corporation for a lax approach following the storm, where thousands of customers were without power for days. NYSEG also struggled to get crews out to evaluate if wires were still live or not at the site of downed trees, Odell said, which slowed the recovery.

Odell also called on New York State to fund the county's aging radio communication system for emergency personnel. She said the 911 fee each taxpayer pays isn't going back into public safety, but instead to the state's general fund. She requested the state legislature pass legislation to ensure that 911 funding be allocated properly.

In one rare moment, Odell said she stood with Democratic Governor Andrew Cuomo and advocated the state legislature pass the Internet Fairness Act, which would enable state governments to collect sales tax from remote retailers with no physical presence in the state.

She said approving that legislation would level the playing field for local businesses.

Financially, Odell boasted the county has kept budgets under the tax cap and has a solid rating from Moody's Investor Service. She said long-term debt has been reduced by 15 percent from when she was first elected, while the county still invested money into the county golf course and Tilly Foster Farm. She added short-term debt has been completely eradicated.

To build the county commercially, Odell again stressed sewer lines are imperative. One of the plants would be located at the Brewster-Danbury corridor and another would be along Route 6 in Mahopac. The Route 6 line would allow businesses like the Villa Barone Hilltop Manor to expand and construct a hotel, Odell said.

Lake Carmel is another possible location for a sewer plant and could

replace old septic tanks that have led to problems in local lakes, Odell said.

Odell also updated residents on different projects underway in the county and events that are being planned. The Carmel Senior Center is going to be remodeled soon and the new Cold Spring Senior Center at the Butterfield redevelopment is supposed to open by the fall, Odell said. Tilly Foster Farm will hold a "Tilly's Tea with Alice" that will include a quarter-mile trail that will tell the story of Alice in Wonderland starting May 4 and lasting a month.

The Vietnam Traveling Memorial Wall will also return in early October, which Odell said is a draw to the entire region, including veterans. The county will host a Medal of Honor Parade on July 21, which will be the first ever in New York State.

"We are honored and privileged to host some of the country's greatest heroes," Odell said.

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# Veteran Health Services Addressed in Carmel

By Neal Rentz

The Veterans Administration Hudson Valley system conducted a town hall listening session on March 14 at the Putnam County Training and Operations in Carmel addressing veteran issues.

During the meeting VA officials spelled out how they wanted to improve services for local veterans and they took comments and questions from veterans.

Dawn Schaal, Medical Center associate director, said the federal VA has "five top priorities" to seek improving care for veterans.

Priority one is greater choices for veterans' health care, Schaal said.

The second priority is to modernize the VA health care system, Schaal said. Some ways to modernize the system include making improvements to the buildings utilized by the VA and make medical services competitive with the private sector, she said. The VA is also working to allow veterans to have access to private rooms at its facility in Montrose in Westchester County, she said.

The third priority is making the system more transparent, Schaal said. The VA is working to accommodate urgent medical needs of veterans met more quickly, she noted.



Dawn Schaal, Medical Center associate director, was a panelist during the Veterans Administration Town Hall Listening Session that took place on March 14 in Carmel.

The VA's fourth priority is to improve efficiency, Schaal said. The VA is working to have better coordination with the Department of Defense and county coordinators, she said.

The fifth VA priority is suicide

prevention, Schaal said. The goal is to have no veterans take their own lives, she said. All VA employees are part of the suicide prevention efforts, she said.

VA Hudson Valley Chief of Staff Dr. Elisa Valencia-Sanchez discussed

providing a clinical services update, which included providing information on Telehealth Services. She said the program includes provisions like videoconferencing between the VA's medical centers and clinics, having nurses monitor and manage illnesses through telehealth equipment in the home or through mobile devices, the taking, storing and forwarding of patient information, remote access of radiological and sharing of nuclear medicine images.

Veteran Peter Feldman asked how transportation could be made less costly for local veterans who need to travel outside of Putnam County to receive medical care. He has to travel from Carmel to Montrose for care. Family members should receive financial reimbursement for the cost of travel from the VA, Feldman suggested. Schaal said under federal VA policy, individuals are not reimbursed for the cost of travel. Van service is provided to veterans from Putnam County to Montrose, she said.

Another resident, who did not identify himself, questioned why many veterans have to pay a portion of their health care costs, compared to members of Congress who "do nothing: receive free health care, even after they leave Washington."



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# Putnam Students Make Their Voices Heard

continued from page 1

The 17-minute walkout was entirely organized by student leaders in the high school. Teachers and administrators from the high school stood on the side allowing students to run the protest.

In an interview, Pozner said before the Florida school shooting took place, she hadn't involved herself in speaking out civically. But now with many students a year or two away from graduating and becoming adults, it's time they take responsibility for the events going on around them, she said.

"It can't continue this way and we're not ready to stay complacent like the rest of the world has been for awhile," Pozner said.

The day of the Florida school shooting, senior Kaitlyn Rosario was in class and recalled many classmates talking about how there was another school shooting. She said school shootings have sadly become "normalized" and there must be a change.

All four students organizers interviewed said they were pleasantly surprised how many students joined the walkout. Originally, about 80 students signed up, but more than double that actually came outside.

Junior Danielle Kilcawley said 96 people each day die because of gun

violence. (34 are murdered, 59 commit suicide, one is killed unintentionally, one is killed by legal intervention, and one gun death is due to an unknown intent, according to Brady Campaign to Prevent Gun Violence.)

"Where do we draw the line," Kilcawley said.

"It could have just as well have been us," she said in reference to the Parkland shooting.

While the majority of Carmel High School students outside joined together to participate in the walkout, a small group of apparent counter-protesters also stood outside. They held up a Gadsden Flag, which in recent years has been a symbol for conservative movements, including the Tea Party.

Although other school systems allowed students to protest, they didn't allow members of the media to observe it. The Putnam Examiner inquired with the Brewster and Mahopac school systems about coverage, but was turned down.

In Brewster, Superintendent of Schools Dr. Valerie Henning said because the protest was occurring during the school day, media members were not allowed on campus. Students in Brewster staged their walkout outside at the track. Mahopac Superintendent Anthony DiCarlo, who has been on the job a month, also denied media from covering event, though



DAVID PROPPER PHOTOS

Several students spoke during the walkout, imploring elected official to take action to keeps schools safe.

students that wanted to participate were kept in the building.

The Haldane school system, in a letter to the community, made it clear no visitors were allowed on campus during the walkout. Parents and other community members stood right off the school property where the students walked out to convey solidarity with the young protesters.

In Putnam Valley, the driveway to the high school was closed for the 17 minutes the students were outside. Superintendent of Schools Dr. Fran Wills said no media coverage was requested.

"We are completely in support of the sentiments of students who want to take part in a dialogue on this issue and who are eager to be active citizens," Wills said in a letter to the community. "We will not impede students from peacefully expressing their views. That goal is incorporated in the civics education that is part of the curriculum we teach."



Carmel HS senior Anne Pozner spoke passionately during the 17-minute walkout.

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# Legislators to Look Into Cameras to Catch Litterers

By David Propper

Litterbugs in Putnam County could find themselves on candid camera in the future.

During a health committee meeting last week, Legislator Bill Gouldman said he would like to explore the feasibility of placing mobile video cameras within the county in hopes of catching people that litter along roads or public properties. He said he's received a few calls from Putnam Valley residents concerned with the amount of litter in town and one

resident mentioned the idea of putting cameras up to catch law breakers. While some of the littering can be as simple as a soda can, some people even dump couches and mattresses illegally, Gouldman said.

Gouldman said the Town of Yorktown rolled out a camera program last year to combat litterers and the town has been able to catch people that have committed violations.

He said the mobile cameras could be put up along different county roads in

places where littering is a major problem. Gouldman asked legislative counsel Robert Firriolo if the camera catches a person in a car throwing garbage out the window, can they bring someone to justice even if the camera doesn't identify who exactly littered. Firriolo responded that Yorktown's law is written in a way where the owner of vehicle could be fined.

Legislator Barbara Scuccimarra said the county has littering laws in place, but Legislator Toni Addonizio noted it's

difficult to catch people.

"Littering is a problem all throughout the county," Scuccimarra said. "We all have spots in our town that are really deplorable."

Legislator Ginny Nacerino mentioned the county would need to look into home rule to see if each town would allow the county to put cameras up in their municipality.

"I think we need to find out what we can and cannot do," Nacerino said.

## Dem. County Exec. Candidate Criticizes Odell's Speech

*continued from page 2*

downgraded bonds. We saw first-hand lavish and improper spending in sectors where the County has no business spending our tax dollars. It's time for Putnam County to leave party planning, catering and landscaping to private business owners and focus on smart governance."

In an interview, Fleming questioned how much money the county should pour into properties like Tilly Foster Farm and Putnam County Golf Course, which compete against local businesses. She also noted Odell didn't offer specific numbers regarding either of those

public properties during her remarks.

Fleming also argued that because the county has the highest tax rate in the region, customers go to Westchester, Dutchess, and Orange counties, and Connecticut to spend money.

"And yet, our property taxes rise every year, making it more expensive to live here," Fleming stated.

Odell's campaign pushed back against Fleming's critiques.

"County Executive Odell is proud of Putnam County having the lowest tax rate of all 62 counties in NYS. Her administration has made it possible by reducing the county's debt by almost 30 percent and eliminating its short-

term debt; while still making key capital improvements. Investing in our veterans programs and seniors, with a new senior center in Cold Spring and refurbishing an existing one in Carmel, is not 'lavish.' Investing in sewer projects along the

Route 6 corridor is not 'improper.' These are smart investments that will improve our quality of life and our economy and continue to move Putnam County forward in the right direction," the Odell campaign stated.

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# Chappaqua Schools Chooses New Asst. Superintendent From Mahopac

By Anna Young

The Chappaqua Board of Education appointed a Mahopac educator to serve as the district's new assistant superintendent for curriculum and instruction last week.

Dr. Adam Pease was appointed during the board's Mar. 14 meeting following a six-week interview process that attracted more than 100 applicants for the position. He will begin in Chappaqua in July.

Superintendent of Schools Dr. Christine Ackerman said Pease stood is highly regarded by his colleagues who spoke enthusiastically about his

professionalism, instruction, vision and administrative potential.

Pease will fill the vacancy created by Eric Byrne, who left Chappaqua to become superintendent of the Rye City School District. Mary Ford has served as interim assistant superintendent for curriculum and instruction.

"Adam possesses a strong background in redesigning instructional spaces to foster authentic, student-centered collaboration, creation and differentiation," Ackerman said. "He also employs a professional development philosophy that supports

teacher creativity, innovation, empowerment and motivation, which makes him an excellent match to advance Chappaqua's vision and goals for teaching and learning."

Pease is currently assistant superintendent for curriculum and instruction for the Mahopac School District, a post he had held the past two years. He previously served as house principal for Mahopac High School starting in 2003 before being appointed to principal in 2008. He began his career teaching science at John Jay High School.



ANNA YOUNG PHOTO

Adam Pease will take over as the Chappaqua School District's assistant superintendent for curriculum and instruction this summer. He will be leaving the Mahopac school system at the end of the year.

Ackerman cited Pease for his commitment to a flexible learning environment and infusing technology throughout the curriculum while creating a collaborative and reflective culture that meets the needs of all students.

Throughout the search process, Pease said he remained true to his core values and beliefs and was glad to see them align with Chappaqua's. He added how schools need to be a safe, positive, welcoming and exciting place filled with educators on a mission to make students successful.

"High performing school districts don't happen by accident," Pease said. "They are the result of hardworking students, involved parents, a supportive community, dedicated faculty members, strategic district and building leaders and an entire school community working together with a purpose of doing what's best for our young people," Pease said. "I couldn't be more proud to be the newest member of the Chappaqua leadership team."

Pease, a Carmel High School graduate, lives in Brewster with his wife and two daughters.

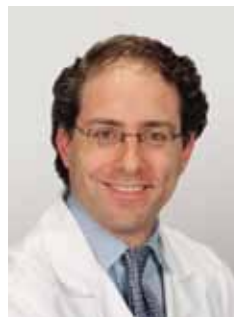
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# Coast Guard Plans to Create Anchorages on Hudson on Thin Ice

By Rick Pezzullo

Regional officials declared victory for the Hudson Valley after the United States Coast Guard announced last week it wasn't setting sail on a controversial plan to create 43 new barge anchorages in 10 sites along the Hudson River, from Yonkers to Kingston.

Two of the 10 sites that were being considered by the Coast Guard were located within the borders of the Town of Cortlandt: approximately 127 acres in the Montrose region that would accommodate as many as three vessels, and approximately 98 acres between Tomkins Cove in Rockland County and Verplanck that would also handle up to three vessels. The Coast Guard was proposing to use more than 2,000 acres of the Hudson for barges.

Last summer, after reviewing more than 10,200 comments that were received from elected officials and residents during a lengthy comment period, Rear Adm. Steven Poulin, commander of the First Coast Guard District, announced the Coast Guard was suspending "future rulemaking decisions" and directing a formal risk identification and evaluation of the Hudson River, known as a Ports and Waterways Safety Assessment (PAWSA).

The PAWSA process is designed to identify major waterway safety hazards, estimate risk levels, evaluate potential mitigation measures, and set the stage for implementation of selected measures to reduce risks.

Last week, the Coast Guard released a 77-page report, stating, "The PAWSA workshops were held in order to provide stakeholders an opportunity to assist the Coast Guard in understanding navigation safety and environmental concerns on the Hudson River."

Three immediate pursuits were described in the report, which the Coast Guard called the "most significant PAWSA workshops recommendations." Those were the creation of a Hudson River Safety Committee, (HRSC), which



State Senator Terrence Murphy and other regional officials have opposed the Coast Guard plans for the last two years.

has already held several meetings, an increase in recreational boating safety information and actions "to clarify and remove ambiguity from current regulations," regarding the anchorages, among other rules.

State Senator Terrence Murphy (R/Yorktown), who has opposed the project since it first surfaced, remarked "bon voyage and good riddance" to the Coast Guard seemingly abandoning ship on its plans.

"The Coast Guard's proposal has finally capsized and sunk under the weight of its own absurdity," Murphy said. "The possibility of having an additional 10 anchorages on the Hudson was a threat to the economic health of our shoreline communities and was an ecological and safety hazard waiting to happen."

their disapproval by signing my online petition and attending the Senate's Hudson River Barge Hearings," he continued. "The end result, a victory for everyone in the Hudson Valley, illustrates that positive results can be achieved when government listens to the concerns of the people it serves."

Riverkeeper President Paul Galla called the PAWSA result "a welcome next step toward resolving the very contentious proposal by the tug and barge industry for new anchorages on the Hudson. Whether or not a new anchorage proposal is ever put forward, it's clear that any new regulations will involve public comment. We hope that the public will remain very much engaged in speaking up for the protection of the river as the process moves forward."

There is currently only one anchorage ground for vessels along a 100-mile stretch in the Hudson River from New York City to Albany. The Coast Guard, which has noted the plan is only in an exploratory phase, has publicly stated the proposal was initiated by the Maritime Association of the Port of NY/NJ Tug and Barge Committee, the Hudson River Port Pilot's Association, and the American Waterways Operators.

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"A great deal of the success in ending this ill-advised idea is owed to the thousands of people who expressed

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# Nuclear Tragedy Anniversary Raises Concerns About Indian Point

By Anna Young

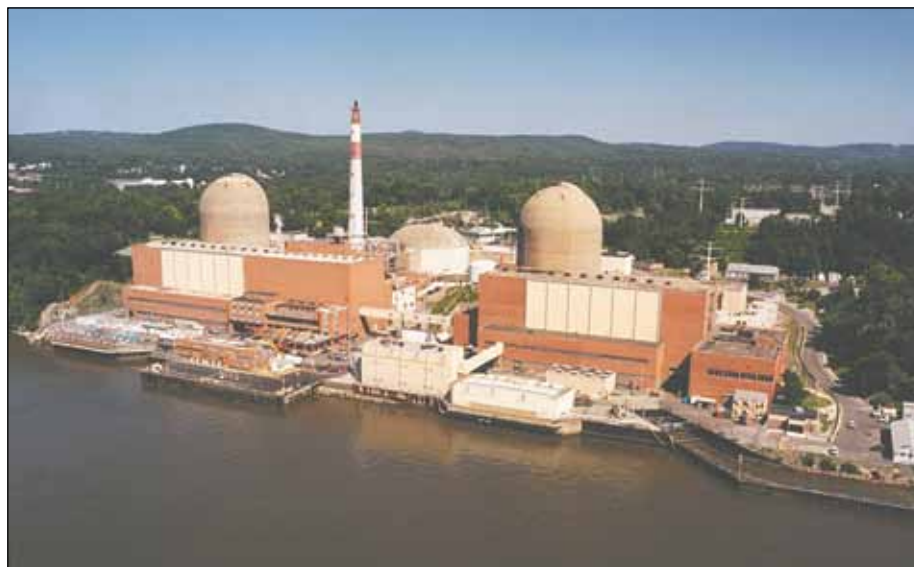
A group of environmentalists gathered in Peekskill on March 11 commemorating the seventh anniversary of the nuclear tragedy in Fukushima, Japan and cautioning if Indian Point could be next.

Throughout the five-hour ceremony, members of the Indian Point Safe Energy Coalition (IPSEC) sang songs, gathered in prayer and raised awareness to the possible effects radiation exposure could have on the more than 20 million people who live within the plant's 50-mile radius in the event of an explosion.

On March 11, 2011, a devastating tsunami and earthquake in Fukushima disabled the power supply and cooling of three reactors causing a nuclear accident that released radioactive materials into the environment.

"When people think about the chance of a nuclear accident it seems very abstract, but when those things happen it's devastating," said Peekskill resident and cancer researcher Courtney Williams. "We have a community here that has seen the worst, and this is our warning call to make sure that we seize this opportunity to address the decommissioning process and make our communities as safe as possible."

Despite the projected 2021 closing of Indian Point, activists stressed that more than 2,700 tons of irradiated fuel rods



Indian Point nuclear plants

stored indefinitely on-site is higher than the radioactive waste the was in all the fuel pools at Fukushima when the three nuclear reactors failed.

Williams added that closing Indian Point doesn't eliminate any risk because of the high-pressure transmission gas pipelines underneath the 40-years' worth of irradiated spent fuel at the Buchanan property. She stressed the importance of understanding the potential risks

the pipeline poses adding how Gov. Andrew Cuomo needs to release the risk assessment he ordered on the Enbridge/Spectra AIM pipeline two years ago.

"Shutting down the plant doesn't solve our problem, but it does give us an opportunity to make our community as safe as possible," she said. "But we need the risk assessment so that we can put that stored waste in a safer location so that spent fuel fire doesn't happen."

*'When people think about the chance of a nuclear accident it seems very abstract, but when those things happen it's devastating.' - IPSEC member Courtney Williams*

Hiroko Aihara, a Fukushima native, explained that more than 50,000 residents continue to evacuate the area due to radiation contamination. She said that Fukushima still hasn't recovered from their "severe" accident and people continue to suffer.

She added how many lost their homes and wildlife died off due to the contamination. And while her health remains intact, some of her friends were diagnosed with cancer because of the meltdown. The government isn't concerned about the radiation, but the local people really want to continue to study their health, she said.

"Radiation we couldn't see and couldn't smell. It's invisible," she said. "I want to ask the Indian Point people to please consider what happened after our nuclear plant accident. Let's prepare for the next disaster or ask them to choose renewable energy."

To ensure public safety, the IPSEC want to establish a Citizens Oversight Board to oversee the Indian Point decommissioning process. If approved and funded by the New York State legislature, the board would include members from IPSEC, Hudson River Sloop Clearwater, Stop the Algonquin Pipeline Expansion (SAPE), and other stakeholders familiar with Indian Point, with access to nuclear experts.



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**Business  
of the Week**

# Wandering Dave's Fork in the Road Brewster

By David Propper

When Dave Humphreys started Wandering Dave's Fork in the Road in 2015, he had about 10 daily customers. Two years later, his food truck is an attraction along Route 22 with about 70 dedicated customers looking for tasty food daily.

Humphreys started Fork in the Road in partnership with Clock Tower Grill (though Humphreys branched out on his own last year) and is usually stationed along Route 22, including at the Shell Gas Station in Brewster. His business has grown so quickly and steadily that he's even opening up a storefront in Brewster near the summer time where the former Subway's used to be at 1515 Route 22 next to Feed Barn. That'll allow the business to accommodate the catering side of the eatery that continues to be in demand, he said.

"I believe if your food is great, people will keep coming back," Humphreys said. "It's always that first bite, because without that you never know what's going to happen."

Humphreys, a Brewster of Commerce Chamber member, offers a wide array of sandwiches, soups, tacos, pastas, and desserts. Currently most of his clientele is in Putnam County, but he's hoping to



DAVID PROPPER PHOTO

Dave Humphreys, owner of Fork in the Road, in front of his well maintained food in Brewster.

branch out into Westchester County more and has also catered in Danbury, Ct. He plans on purchasing a food trailer to open in Somers later this year.

Humphreys offers meals that are non-GMO and are much better quality than typical fast food grub.

"We offer a healthy, sustainable product," Humphreys, of Dover Plains, said. "We also offer the indulgence for

people that are looking for that type of product."

He said over the span of 25 years, the type of food people want to eat has changed.

"Do you want to sit down and eat something that'll make you regret it the next day or do you want to eat something that'll make you come back and say 'that was really good.'" Humphreys said.

Handling the heat in the kitchen is nothing new for Humphreys. He's been cooking the last 25 years at different restaurants, eateries, and diners. He started cooking when he was in military school after taking an internship with a dining facility.

"I kind of fell in love with how food worked," he said.

And while it might seem unique to cook out of a food truck, Humphreys said the nuts of bolts of the operation are the same as in a kitchen. The only differences are less people can cook in the truck and less overhead, he said.

He pointed out that food trucks have to be specially built. First, you need to know what your menu is going to look like, and then you need to customize the truck to accommodate the type of meals you want to prepare, Humphreys said.


The truck along Route 22 has become recognizable to residents in the area and Humphreys knows with his dedication, more people will continue to stop by.

"We want to get bigger," Humphreys said.

Customers can call Wandering Dave's Fork in the Road at 845-453-5002 or go online to <http://wanderingdaves.com> to see where the truck will be on certain days.



One of the sandwiches that Fork in the Road offers customers.



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## Dem. Members of NYS Election Commissioners Assoc. Want Early Voting

The Democratic Commissioners in the 103-year-old New York State Election Commissioners Association are expressing strong support for Governor Cuomo's recent proposal to provide State funding for early voting throughout New York State. The proposal, which was included as part of the Governor's "30 Day Amendments" in budget deliberations, has received support from leaders in both houses of the New York State Legislature and would add \$7 million to aid in implementing early voting.

The Commissioners in the Democratic Caucus, who along with their dedicated staffs oversee hundreds of elections annually, were nearly unanimous in their belief that it is high time for New York to join the 37 other states that already have some form of early voting. They also noted that the number of days designated for early voting -- 12 in the Governor's proposal, eight in the early

voting bills sponsored by Assembly Elections Committee Chair Charles Lavine and Senator Brian Kavanaugh, Ranking Democratic Member on the Senate Elections Committee -- are less important than the monumental step of getting some form of early voting in place for voters in the 2019 election cycle. To that end, the Democratic Caucus has formed a working group to advise and educate state legislators as well as the Executive branch on the best way to craft legislation to make Early Voting work for all of the 62 counties throughout New York State.

Dustin Czarny, the Conference Chair, stated: "I am pleased that Governor Cuomo and Legislative leaders have determined that this is the year to propose meaningful electoral reform and expand accessibility with early voting. New York has lagged in electoral reform, preventing many citizens from meaningful participation in the Democratic process.

The proposed legislation, coupled with a State appropriation to counties and the City of New York to reduce the financial burden on our local Boards of Elections, gives New Yorkers the accessibility to the ballot box that they deserve. This is a long overdue step for the State of New York and, when passed, will relieve New Yorkers of the choice between voting and fulfilling personal, family or professional obligations."

Nassau County Democratic Commissioner David Gugerty stated: "Though some have expressed apprehension about implementation, my fellow commissioners and I are confident that our Boards of Election can and will work through the logistical challenges of launching early voting. In partnership with our State Board, our County Boards of Elections perform under pressure and difficult situations. From Superstorm Sandy and power outages to the implementation of electronic voting

itself, our professional staff is trained and ready to deal with all scenarios. Working together, we can create the policies and procedures to successfully launch early voting and increase voter participation."

Rockland County Democratic Commissioner Kristen Zebrowski Stavisky added: "It is important that officials throughout the State of New York do everything possible to increase voter participation and ensure that all eligible voters have unfettered access to the polls. We are on the front lines every election cycle and are constantly asked by voters why one of the largest, most progressive states does not yet have early voting. Voting is the foundation of a democratic society. As election commissioners, our job is to encourage and increase voter participation. We support this legislation enthusiastically and believe it is a critical step towards broadening voter participation and access."

## Health Dept. Advises About Food Safety after Power Outage

With the recent storm and continuing power outages, the Putnam County Department of Health cautions residents to check food left in refrigerators and freezers. Bacteria can easily grow in many foods at temperatures above 41 degrees Fahrenheit and make people ill. Here are some general guidelines from the NYS Department of Health:

- Foods such as eggs, milk, meats, chicken, seafood, cooked leftovers, gravies, soups, or products with these ingredients, must be discarded if temperatures exceeded 41 degrees Fahrenheit for more than 2 hours.
- Other foods such as fruits, vegetables,

juices, cheeses and condiments, may be stored above 41 degrees Fahrenheit for an extended time. Check appearance, odor, texture and color before eating.

- For frozen foods, if the freezer thermometer reads 40 degrees or below, the food is safe and may be refrozen. (If there is no thermometer in the freezer, check each package of food to determine its safety. Don't rely on appearance or odor. If the food still contains ice crystals, it is safe to refreeze or cook.) Refreezing may cause a loss in nutrition, taste or quality.
- Frozen foods that have completely

thawed and have been warmed to temperatures above 41 degrees Fahrenheit should be discarded.

- The motto to remember is: "When In Doubt, Throw It Out."

The Health Department has been making site visits to area restaurants and other food service businesses to ensure the safety of foods offered at these establishments.

Residents can visit [www.fda.gov](http://www.fda.gov) for more information about food safety following a power outage, or they can call the Health Department at 845-808-1390.

The mission of the Putnam County Department of Health, nationally

accredited by the Public Health Accreditation Board (PHAB), is to improve and protect the health of the Putnam County community, composed of nearly 100,000 residents. Core services include community health assessment, disease surveillance and control, emergency preparedness, environmental health protection, family health promotion and health education. For more information, please visit our County website at [www.putnamcountyny.com](http://www.putnamcountyny.com); or visit our social media sites on Facebook at [www.facebook.com/putnamhealth](http://www.facebook.com/putnamhealth) and Twitter @PutnamHealthNY.

## Maloney Announces 2018 Congressional Art Competition

Representative Sean Patrick Maloney (NY-18) is again inviting Hudson Valley high school artists to submit their work to his office for the 2018 Congressional Art Competition. Winning students will have their art displayed in the U.S. Capitol Complex for an entire year. Rep. Maloney's office will accept artwork until April 20, 2018. The winning candidate will be announced at an awards ceremony in the Hudson Valley this spring and also honored in Washington, D.C. in June.

"We've got a long tradition of talented artists in the Hudson Valley and I really look forward to checking out the work that local students submit," said Rep. Maloney. "I hope every young artist in the area will consider sending in their work for the competition."

All submissions of student artwork must be framed, and a Student Information and Release Form should be dropped off to Rep. Maloney's Newburgh Office located at 123 Grand Street

in Newburgh, NY. The competition is open to high school students, but exceptions may be made for schools that have grades 7th through 12th on one campus. Contestants will compete with other students from the district and the winning student will also be recognized at an awards ceremony in Washington, DC in June. The winning piece will be chosen by a panel of local judges in the Hudson Valley. Additionally, all pieces submitted will be posted on Rep. Maloney's Facebook page for a period of one week starting on April 23rd and the work with the most "likes" will receive a separate award as the social media champion. All participants will be recognized at a reception hosted by Rep. Maloney this spring. All other relevant information can be found on Rep. Maloney's website.

The grand prize winning artwork will be displayed in the Capitol for one year and the winning student, plus one guest,

will receive complimentary airfare to Washington, DC for a reception in June. You can view last year's art competition entries on Rep. Maloney's Facebook page.

All entries must be submitted by Friday, April 20, 2018. For further information, contact Maria Ingrassia by phone at 845-561-1259 or email Maria. [Ingrassia@mail.house.gov](mailto:Ingrassia@mail.house.gov).

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## School & Camp Guide

# Getting Girls Interested in STEAM Subjects

Science, art and math are becoming increasingly important school subjects to embrace. Here are five ways to ensure your girls get interested and stay interested in these critical subjects through the years.

1. Get involved early. Setting a foundation of math, science and the arts is essential to getting young children, especially girls, interested in continued learning. Encourage them from a young age to participate in hands-on science, arts and math activities and those with an interest or aptitude in these subjects will continue to pursue these paths as they learn and grow.

2. Find practical applications. Science, art and math are an integral part of everyday life. Finding the practical applications as you go about your day, demonstrates for children of all ages how important these subjects really are in life. Use the weather report as an opportunity to discuss meteorology.

Bake with your daughter and work on figuring out measurements for doubling recipes. On the road? Have your daughter calculate the distance from your current location to your destination, as well as the amount of gasoline you'll need to get there. Seeing math, science and art in the world will help keep children engaged.

3. Provide intuitive tools. Intuitive learning tools can foster a better understanding of a subject and make learning easier, encouraging students to

continue their studies with enthusiasm. For example, Casio's fx-CG50 PRIZM Graphing Calculator will support students and educators of math through middle school and high school and into college. With Natural Textbook Display and an intuitive icon-based menu, students will find the calculator easy to use. Plus, its brand new 3D Graph Drawing and improved catalog function allows for greater engagement and real-life application in the mathematics classroom.

4. Encourage group and club participation. From outdoor education clubs that focus on environmental science to math competition leagues, support

and encourage girls and young women to join special groups that focus on math, science and art – both in and out of school. For example, robotics clubs have been growing in communities across the nation and foster an understanding of key math and science functions.

5. Make it fun. Get girls interested in science, math and the arts by making it enjoyable. Children

won't even realize they are learning if they are having a good time while doing so. For example, music students can try out the LK-265 keyboard from Casio, which includes a Dance Music Mode, letting musicians create and remix electronic dance music quickly and easily. Select from 50 styles of EDM and use the lower keys to choose different variations of drum beats, bass lines and

*'Get involved early. Setting a foundation of math, science and the arts is essential to getting young children, especially girls, interested in continued learning.'*



VIACHESLAV IAKOBCHUK/STOCK.ADOBE.COM PHOTO

synth parts. Its lighted keys show you how to play your favorite songs, which users can download from MIDI files. Or connect your device's headphone output to the LK-265's audio input and explore an endless library of music.

By starting early and making it fun to

integrate these key subjects into their daily lives, you can help girls develop a lifelong love of science, art and math, which can help them in school and, later, in the workplace.

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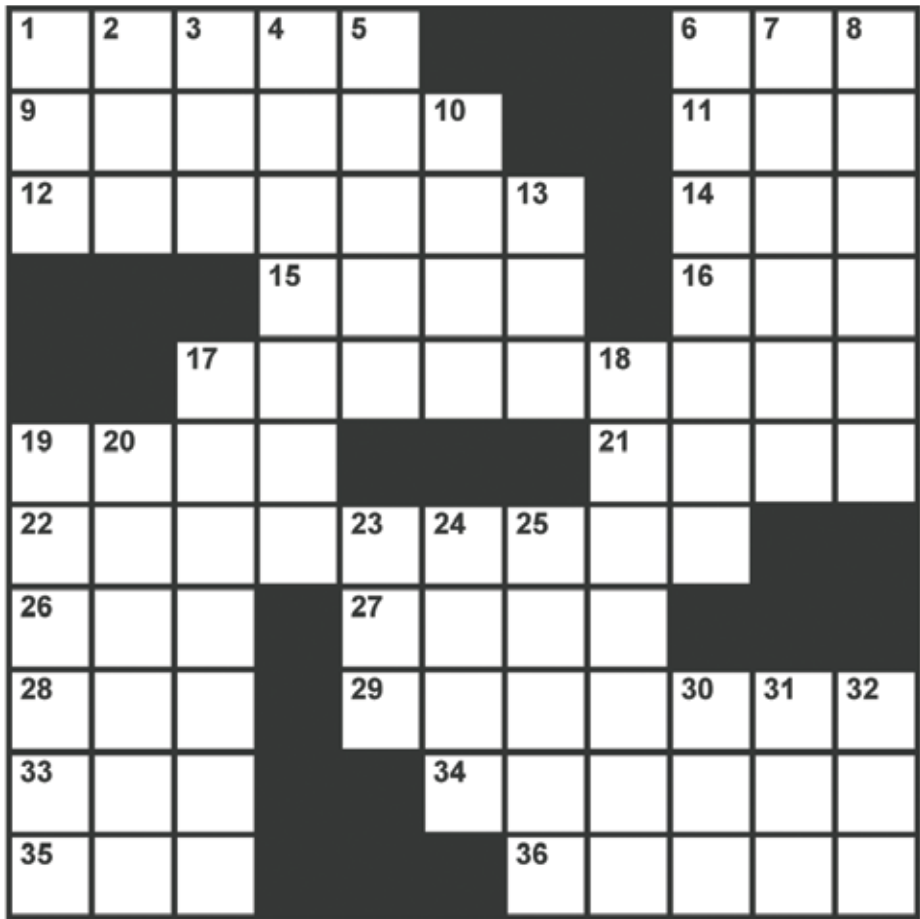
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Crossword Puzzle



Crossword by Myles Mellor

Answers on page 15

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- Across**
- 1. It doesn't hold water
  - 6. It might be found in a rush
  - 9. Thing referred to
  - 11. It often has sliding doors
  - 12. More stupid
  - 14. Letter accompanier, abbr.
  - 15. Birthright seller
  - 16. Alternative to JVC or Panasonic
  - 17. Heritage Hills pizza and pasta
  - 19. Stadium demolished in 2009
  - 21. Put on
  - 22. Working day
  - 26. Cheers choice
  - 27. Stripling
  - 28. French sea
  - 29. It's south of Georgia
  - 33. Words with pinch or pickle
  - 34. Discussion sites
  - 35. Baseballer Maglie
  - 36. Somers' cafe, rhymes with colloquial term for itinerant workers

- Down**
- 1. Rock's \_\_\_\_\_ Vicious
  - 2. Japanese figure skater Midori
  - 3. Shakespearean suffix
  - 4. Experienced
  - 5. Variation of Liz
  - 6. Superimpose

- 7. Rotten
- 8. House
- 10. Exploit
- 13. Feel bad about
- 17. Pertaining to the government
- 18. South American cowboy
- 19. Hindu religious teachers
- 20. Seat of Montana's Lewis and Clark County
- 23. Tampa airport abbreviation
- 24. Peasant who is bound to work
- 25. Brit's service discharge
- 30. Kernel
- 31. "As I see it," in an e-mail
- 32. Clod



NY Nonprofit World Loses Visionary In Children's Services

New York's human services world has lost a truly unique educator and advocate for children and animals. Dr. Samuel B. Ross, Jr. died peacefully at the home of his son on February 28, at the age of 89. Known to many by his childhood nickname, "Rollo," Dr. Ross leaves a remarkable imprint on the lives of hundreds of children and families. Ross was the founder of Green Chimneys, the nonprofit school and human services agency providing education, residential treatment, and animal-assisted and nature-based therapeutic programs for children with special needs. Inspired by his own boarding school experiences and a genuine devotion to animals, Ross established the Green Chimneys School for Little Folk in 1947 – at just 19 years old – on a small dairy farm in Brewster.

Always ready to share a story, Ross frequently spoke of how he convinced his father, grandfather and uncle to purchase the Green Chimneys property. After several months of "lobbying" to contact a realtor to locate a farm, Ross knew he found the perfect place. Wary of the condition and the complexities of operating a school, his family demanded to know what Ross knew about running one; his reply: "I've been in school all my life!" Many years later, Ross acknowledged it was not a good answer



Dr. Samuel B. Ross, Jr.

and joked, "But just as an only child knows how to do, I wore down their resistance."

Ross is widely recognized as a leader and innovator in therapeutic education and treatment for children with social, emotional and behavioral challenges. From the start, his dream was to create an environment where children and animals could live together in a farm setting. The original "farm school"

opened its doors with just 11 young students, with Ross leading a small staff to provide academics, recreation, and a loving environment for the children, with the unique experience of interacting with and caring for animals.

In the decades that followed, Ross developed Green Chimneys from a small private school into a renowned child care agency and special education school offering innovative education and therapeutic programs and services for children and adolescents. And the farm grew right along with the school, as children learned a great deal in the responsibilities of day-to-day life on a farm. His wife, Myra, was with him every step of the way, joining his vision upon their marriage in 1954. The Rosses also raised their three children at Green Chimneys; each one learning and working alongside the children enrolled.

By the mid-70s, a high proportion of Green Chimneys' children were special needs students referred by the New York State school districts. A Residential Treatment Center was also created to care for emotionally disturbed and learning disabled children referred from social services departments and public schools around New York State. The Green Chimneys farm took on new importance as the student population

evolved and animals increasingly took on the role of 'therapist'. Animal-assisted activities became central to the Green Chimneys approach to early intervention for children with emotional and mental health issues. Around this time, the farm opened to the community-at-large and later added a renowned wildlife rescue and rehabilitation program. Green Chimneys has remained a popular public organization with diverse programs serving generations in the surrounding community.

Ross' book "The Extraordinary Spirit of Green Chimneys: Connecting Children and Animals to Create Hope" is both a personal memoir and chronicle of how Green Chimneys came to be. An active Putnam County resident for decades, Dr. Ross also fulfilled roles in local politics and community affairs including two terms on the Board of Education for Brewster Central School District and as a board member of Putnam County Cooperative Extension. He was a devoted, long-time member of the Rotary Club of Brewster and a past District Governor of the organization's District 7210. He, along with close friend Israel Mike Meyer, was also one of the founding families of Temple Beth Elohim in Brewster.



## Obituaries

### Anthony A. Fahy Jr.

Anthony A. Fahy Jr., "Tony" of Mahopac, died on Saturday, March 10, at the age of 84. Tony was born in the Bronx on November 12, 1933, the son of Anthony A. Fahy Sr. of County Galway, Ireland and Rose McAnally Fahy, originally of Philadelphia, PA. Tony enlisted in the US Marine Corps at the age of 17, but his acceptance was contingent upon parental consent due to his age. He was deployed to Korea where he fought in the Korean War. Tony joined the New York City Fire department and was stationed at Engine 75 for all of his time in the department. He was extremely proud of his service in both the US Marines and FDNY. In 1970 Tony married Margaret "Peggy" McConville in St. Bernard's Church in Manhattan. They moved to the Fordham Hill Apartments in the Bronx where they lived until February 1977 when they moved to Mahopac. In addition to Peggy, he is survived by his son, Brendan of Mahopac, his daughters, Bebhinn Fahy Alvord and her husband, Ross of Brewster, and Aislinn Nagel and her husband, Jason of Westfield, NJ and his 8 grandchildren, Saoirse, Rich, Nuala, Donovan, Logan, Austin, Quinn and Declan. His daughter, Caoilíonn Siobhan Fahy predeceased him in 2012.

### Joseph R. Virgilio

Joseph R. Virgilio, 34, of Danbury, CT., formerly of Carmel, died on March 10. Joseph was born on June 18, 1983 to Robert J. and Monica (Cavalluzzi) in White Plains. Mr. Virgilio was a self-employed Pool Technician in the Putnam County area. He was a devoted father, a loving son, brother, uncle, cousin and a friend to many. In his spare time, he enjoyed hockey, was an avid fan of the NY Rangers and snowboarding, but most of he enjoyed spending time with his family and friends. He is survived by his cherished son; Joseph Henry, his companion and love of his life, Shannon Henry, his loving parents; Monica and Robert, his beloved siblings; Christina Virgilio of Danbury, CT and Daniel (Alyson) Virgilio and

his adoring nephew; Anthony. He is also survived by his grandmother Louise Cavalluzzi of Carmel, NY and his Aunt Gina and Uncle Joe Oriti of Somers, NY and his cousins Dana and Joseph. He is predeceased by his grandfather; Ignazio Cavalluzzi, his grandparents; Joseph and Gloria Virgilio and his aunt Maria Bussey. He will be dearly missed by all who had known and loved him, yet his legacy of love and devotion to his family and friends will continue to grow in our heart.

### Joseph Pietrobono

Joseph Pietrobono, 89, of Wildwood, Florida, formerly of Carmel, died on March 12, surrounded by his loving family and cherished sons. Joseph was born on December 6, 1928 to the late Vincenzo and Raffaella Pietrobono in Brooklyn. On June 6, 1953 he married the love of his life Mary Moran in Tarrytown and together they were blessed with over 50 years together and three adoring sons Joseph, Michael and Robert. Joseph joined the Army in January, 1947 and proudly served our country. He was a proud American and advocate for all service men and women of the United States. After serving in the military Mr. Pietrobono went on to work for the Metro North Railroad as an electrician until his retirement. He loved above all else being a dad, grandfather and great-grandfather. He enjoyed spending time with his family and friends and will be missed by all who knew and loved him. He is survived by his beloved sons, Joseph (Nancy), Michael (Marisha) and Robert (Sandra). Mr. Pietrobono is also survived by his sister, Francis Dring and his 6 grandchildren Jacquelyn, Joseph Jr., Jessica, Stefan, Heather and Meghan who were the light of his life. Joseph is survived by his cherished great-grandchildren Fiona and Violet who each had a special place in his heart. He is predeceased by his loving wife Mary (2013). Joseph will be dearly missed by all who had known and loved him, yet his legacy of love and devotion to family and friends will continue to grow in our hearts.

### Anton Kienle

Anton Kienle, 88, of Mahopac, died peacefully on March 13, with his loving family by his side. Mr. Kienle was born on April 19, 1929 to Anton and Anna (Danner) in Dischingen, Germany. He arrived in New York in 1954, and proudly served in Korea with the US Army from 1954-1956 while he became a US Citizen. He was proud to be an American and was a loyal member of the VFW Post in Mahopac, where he was assigned to honor guard details for our fallen heroes. He was an advocate for all service men and women and volunteered his time at the VA Library in Montrose. On June 29, 1957 he married the love of his life, Hildegard

Fetzer at Our Lady of Mercy R.C., Church in Forest Hills, NY and together they were blessed with three children; Diana, Kenneth and Gloria. Before he retired in 1996, Anton worked as a Printer for the Morgan Press Company in Dobbs Ferry. Anton was a devoted husband, father, grandfather, brother, uncle, cousin and a friend to many. He will be dearly missed by all who had known and loved him, yet his legacy of love and devotion to family, friends and country, will continue to grow in our hearts. Anton led an active lifestyle, he loved swimming, cycling and hiking with his wife. He was driven by his catholic faith and traveled on several pilgrimages across the world, his most beloved being, Our Lady of Fatima in Portugal. Anton is survived by his devoted wife, of almost 61 years; Hildegard, his three loving children; Diana Kienle Eubanks (Brian), Kenneth Anton Kienle (Deborah) and Gloria Federici (Philip), his six cherished grandchildren; ToniAnn (Mathew), Valerie (Chris), Katerina, Elise, Zachariah, and Claire. He adored them all, and each held a special place in his heart. He is also survived by his two sisters; Emmi Niemzck and Luise Abele. He is predeceased by his beloved brother Josef Kienle. In lieu of flowers the family has asked that donations be made in Anton's honor to the St. Jude Children's Hospital or the Mahopac VFW post 5491.

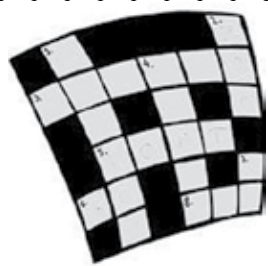
### James D. McGlasson

James D. McGlasson, 73, of Carmel, died on March 14 at Putnam Hospital Center. Mr. McGlasson was born on July 23, 1944 to the late, Stanley and Dolores (Mason) McGlasson. On December 13, 1975, he married the love of his life, Joyce Cotroneo and he was blessed with three children; James, David, and Jaime. Before he retired, James was part of the family business, McGlasson Builders in Carmel where he serviced many families in Putnam, Dutchess and Westchester counties. James led an active lifestyle; he enjoyed traveling and spending time with his family. His greatest past time of all, was when he was playing with his grandchildren or attending one of their activities. He was a devoted husband, father, grandfather, father-in-law, brother, uncle, cousin and a friend to many. He will be dearly missed by all who had known and loved him, yet his legacy of love and devotion to family and friends will continue to grow in our hearts. James is survived by his devoted wife, of 42 years; Joyce, his three loving children; James (Mary) Stanely McGlasson, David Michael McGlasson and Jaime Fallon McGlasson, his three cherished grandchildren; Italia, Jack and Lilly. He adored them all, and each held a special place in his heart. He is also survived by his two brothers; S. George (Chun) McGlasson, Richard (Ellen) McGlasson and his sister-in-law Dolores McGlasson.

He is predeceased by his beloved brother Edward "Teddy" McGlasson.

### Dominick Sacchitiello

It is with great sadness that the family of Dominick Sacchitiello age 63 of Mahopac, announces his passing on March 16, at home with his family and under the care of hospice. Dominick was born on March 3, 1955 to the late Bernard "Bernie" J. Sacchitiello and Claire (Cutrofello) Sacchitiello. Dominick married the love of his life Louann on May 10, 1985 and together they were blessed with two children Christina and Dominick. Dominick was proud to follow in his late father's footsteps becoming an electrician and taking over the family owned business, Sacchitiello Electric. He took an immense amount of pride in everything he did in life; if Dominick had a passion for something he mastered it. He was a gardener and both loved and looked forward to growing vegetables every year for his family. Dominick was second to none in the kitchen and his Sunday family's dinners were more like feasts. A Harley and Cadillac enthusiast, Dominick respected American made machines. He was "Pop-Pop" to his beloved Gracie, a yorkie. Above all else, his biggest passion and love was his family; he was the very best husband, father and grandfather. He cherished every moment with his family. Dominick is survived by his loving wife of over 30 years Louann (Curcio) Sacchitiello, his beloved daughter Christina (Sacchitiello) Cote and his son in law Bobby as well as his adoring son Dominick Sacchitiello Jr. He is also survived by his cherished grandchildren both of whom he adored and meant the world to him, Aiden and Madison. Dominick is survived by his always caring Mother Claire also his two sisters Mary Sachitiello and Olympia D'Agostino. As well as his mother in law Mary Curcio. Dominick is predeceased by his father Bernie and his father in law Tony Curcio. He will be missed by all who knew and loved him.



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# Local Animal Hospital Opens Its Doors After Devastating Storm

Brook Farm Veterinary Center of Patterson opened its doors to the community earlier this month after high winds and heavy snow left thousands without heat, running water or power.

The community-minded hospital provided hot coffee, charging stations, and dog treats a couple weekends ago. Several residents of Putnam and Dutchess counties chose to board their pets - from dogs and cats to guinea pigs and goldfish - in response to dropping temperatures. Local resident Luanne Ciacio-Czesak wrote to the practice online to express her thanks: "I love how [Brook Farm] gives back to your community. Stay safe!" One resident of Dover Plains echoed similar sentiments: "That's why we have been with [Brook Farm] for over 20 years!"

Dr. D. Evan Kanouse, Brook Farm's Medical Director and Owner, reminded pet owners that the winter can be a dangerous time for animals. "As with any living creature, regular access to food, water, and an appropriate shelter is essential." While determining how cold is "too cold" can depend on many different factors, Dr. Kanouse, who is a resident of Putnam County, encouraged all pet owners to take extra precautions to ensure the safety of their four-legged friends.



PROVIDED PHOTO

Dr. Evan Kanouse (left) with Kevin, Veterinary Technician, and Shannon, Operations Director.

- Keep antifreeze, heating oil, and gas/propane out of your pet's reach, as these can be highly toxic.
- Always ensure that pets have access to plenty of fresh unfrozen water to keep them hydrated.
- If you choose to provide your pet with clothing, never leave them unattended: pets who chew could be at risk of ingesting jackets and other materials, leading to intestinal blockage and other serious complications.

complications.

- Consider boarding your pet at a facility with a generator and that is open during nights and weekends in order to accommodate urgent requests.

If your pet is at risk, contact Brook Farm at (845) 878-4833. The hospital is open 7-days a week, Thursday through Saturday until 10 p.m. or later, and Sunday until 1 p.m.

Established in 1982, Brook Farm Veterinary Center of Patterson, New York delivers excellence in companion animal medicine by acting in the benefit of all living creatures. Dr. D. Evan Kanouse DVM, along with his wife, Pat, and their son, Evan, work together with their team to cultivate relationships of service that honor the human-animal bond and to create opportunities for those at-risk. Brook Farm's accreditation by the American Animal Hospital Association - an honor that only 15% of practices nationwide have earned - reflects over 30 years of hard work and unwavering dedication to the people and pets of the Hudson Valley. To learn more about Brook Farm and their various community programs, visit [www.brookfarmveterinarycenter.com](http://www.brookfarmveterinarycenter.com) or call (845) 878-4833.

# Freight House Café Raises \$7,600 for Women's Resource Center

On February 9, 10, and 11 the Freight House Café of Mahopac, staged three performances of Eve Ensler's "The Vagina Monologues" to benefit the Putnam/Northern Westchester Women's Resource Center (PNWWRC). Now in its 20th year, the seminal episodic play is based on dozens of interviews with women about their sexuality and the social stigmas associated with rape and abuse. The Freight House Café's 7th annual performance of "The Vagina Monologues" raised \$7,600, with a cumulative total of more than \$27,000 raised in support of PNWWRC, a non-profit that provides services and advocacy to women and children who are victims of domestic violence and abuse.

"I'm so blessed to be part of this community," said Donna Massaro, owner of the Freight House Café. I feel incredible pride and gratitude for the support that we have received in putting on this important production, and the support we have received on behalf of the Putnam/Northern Westchester Women's Resource Center. We raised \$7,600 this year - the most we've ever raised - and the largest portion of those proceeds came from sponsors, of which, 90% were male."

"It will take all of us working together to end sexual and domestic violence," said



PROVIDED PHOTO

"The Vagina Monologues" cast members with Ann Ellsworth, Executive Director, Putnam/N. Westchester Women's Resource Center (Pictured from top left: Niki Centofonti, Kim Blacklock, Ann Ellsworth, Lisa Kaslyn; bottom left: Jeanine Syska, Donna Massaro, Gina Schum, and Kathleen Tonn)

Ann Ellsworth, Executive Director of the Putnam/Northern Westchester Women's Resource Center. "Donna Massaro's production of the Vagina Monologues is

a perfect example of how each of us can have a part in that work. I'm so grateful for the support of Donna, her Freight house team, cast members, and all the

wonderful sponsors and attendees of this year's production. Thank you, thank you!"

Special thanks to the Freight House "girls", phenomenal performers, and sponsors, Lou Cardillo, Cardillo Group, Mahopac Marine, Take 2 Secure Electronics Recycling, Well Dunn Maintenance & Contracting, Cameron's Deli, The Pub, The Mahopac Inn, The Somers Pub, Law Office of Joseph Tock, Blue Remedy, Bucci Brothers Deli, Cozi's Barber Shop, Liburdi Excavating Corp, the band, Free Air, South Putnam Animal Hospital, Mental Health Association of Putnam, Dwyer Vet2Vet Program, H.G. Fairfield Arts, Mahopac News, Putnam Music Center, Xpress Printing, Professional Woman of Putnam, Whole Wellness, Yonkers Comedy Club, Lucy's Laugh Lounge, Mahopac Cards and Comics, TY Louis Campbell Foundation, Pastry Palate Cafe, Crossroads Deli, Two Guys Car Wash, Jim D'Angelo, Morrelli Provisions, Cartwright & Daughters, JP Philip Commercial Group, Ramiro's, Dish, Gino's, Bliss, Four Brothers, and Char.

If you or someone you care for is in crisis and needs help, resources or protection against domestic violence or abuse, please contact the Putnam/Northern Westchester Women's Resource Center by visiting: [www.pnwwrc.org](http://www.pnwwrc.org).



# Mahopac Falls Fire Department Handles House Fire

The Mahopac Falls Fire Dept. was dispatched earlier this month for a possible house fire on Concord Rd. off Rt. 6N. First arriving Carmel Police unit, Officer Eagan, relayed what was showing, flames climbing up the outside of the residence. CPD dispatchers relayed this info to the 911 dispatcher, where it was upgraded to a confirmed working fire. First arriving MFFD member was informed of live wires hanging low. Hose lines were hand laid to the scene several hundred feet down the road so crews could begin to attack the fire before a power company bucket truck could respond to raise the power lines allowing the fire trucks to pass underneath safely. In the mean time, calls were put out for Mahopac and Putnam Valley Fire departments to respond, along with other Carmel Police and State Police units, the County Fire Investigation Team, Battalion 19 and Mahopac Falls Fire Police to close the road. The owners of the residence were at home at the time and stayed in their car a distance away watching the fire fighters do their job. No injuries were reported.



Captain Dan Meury, leads Operations and sets up for attack.



JACK CASEY PHOTOS

Firefighters look to put out the fire.



A responding State Police trooper reports to the Command Center on Concord Rd.

## Crossword Answers

1	S	2	I	3	E	4	V	5	E			6	O	7	R	8	E
9	I	T	S	E	L	10	F					11	V	A	N		
12	D	O	T	T	I	E	13	R				14	E	N	C		
				15	E	S	A	U				16	R	C	A		
			17	F	R	A	T	E	18	L	L	I	S				
19	S	20	H	E	A					21	L	A	D	E			
22	W	E	D	N	23	E	S	D	A	Y							
26	A	L	E		27	T	E	E	N								
28	M	E	R		29	A	R	M	E	30	N	31	I	32	A		
33	I	N	A			34	F	O	R	U	M	S					
35	S	A	L				36	B	O	B	O	S					

## Harmonicas for Health

The Harmonica Honeys are warming up before their maestro arrives. The sounds – warbles, vibrato, wah-wahs, bends and barks, all created by many harmonicas – fill the room as the group practices together. When the instructor walks in, the team is ready to begin, each opening a binder of arranged music for their morning concert. A bluesy rendition of “When the Saints Go Marching in” is first on the playlist. The performance is strong and so are the groups’ lungs. Each member belongs to Northern Westchester Hospital’s (NWH) Pulmonary Rehabilitation Program at Chappaqua Crossing.

“We’re going to pulmonary rehabilitation after harmonica practice,” said Kathleen, a member of the Harmonica Honeys, who was diagnosed with Chronic Obstructive Pulmonary Disease three years ago. Playing the harmonica has helped Kathleen and other members of NWH’s Pulmonary Rehabilitation Program, strengthen their lungs and improve their breathing.

“Drawing air in and blowing it out through the lungs makes our diaphragms stronger,” said Kathleen. “I am a former professional ballerina. I didn’t perform for

a very long time and until about a year ago I thought I’d never perform again because I could barely manage a flight of stairs. I was wrong.” Recently, Kathleen returned to the stage and was able to do what she loves most – dance. “I received lots of bravos, but the best thing was being able to breathe deeply enough to perform,” said Kathleen. “My oxygen is routinely 98 to 99 percent now. Consistent rehab, including harmonica play, and the super support group of friends and therapists we have here has helped me get back on stage.”

Al, a social worker who leads a local band called The Howlin’ Hearts, volunteers his time to help members of Pulmonary Rehab learn to play the harmonica. “Not only are we making music, we’re getting great exercise for our lungs,” says Al, who has played the harmonica for over 50 years. He was approached by members of Pulmonary Rehab to lead the harmonica program about a year ago. “I’ve been volunteering every Friday since. Aside from the harmonica helping strengthen the lungs, the amount of laughter that happens in this room is sure to make anyone feel better.”

continued on page 17



# A House's Ceiling Height Has Evolved Over the Years

A visitor to our home last week commented on its luxuriously high ceilings and how "open" it made our living space.

Yes, we opted to pay more money for the top floor of our condo building, which featured ceiling heights that are two feet higher than on lower floors. Once experiencing 10-foot ceilings, it's hard to go back.

Many years ago, when my wife and I discovered our dream home, we were delighted that we could figure out a way to turn a one-and-one-half story saltbox wing with all original 18th century details into a separate apartment.

However, it came with one caveat. Whenever it was available for rent and we received inquiries from prospective tenants, the first thing my wife would ask was, "Do you mind telling me how tall you are?"

There was always a questioning pause on the other end of the line, but if the answer was 6-foot-2 or over, her response was, "Sorry, I don't think this apartment would be for you."

The reason was simple to explain. The structure was built in 1734 when



By Bill Primavera

people were shorter, and the ceilings on both floors are barely two inches more than that in height. We didn't want to waste any very tall person's time in considering a home where they might feel like Gulliver visiting Lilliput or Alice in Wonderland inside the rabbit's house.

In those days, most houses were utilitarian structures and homebuilders knew that lower ceilings meant less space to heat in winter and, therefore, less wood chopping to fit into a day already bursting with physical activity.

Greater affluence afforded ceilings with greater height. The same holds true today. While ceiling heights in Victorian times had reached an average of 13 feet, based on English city houses, heights moderated to eight feet with the advent of mass housing developments after World War II. That height, based on the standardized length of an eight-foot stud, stayed in place until the term McMansion was coined in the early 1980s, where center halls and family rooms could soar two stories high.

By the end of the 20th century, increased fuel costs put a damper on ceiling heights so that today the average

new construction had nine-foot ceilings on the first floor and eight feet on the second. That extra foot in height on the first floor, it is estimated, can increase the building cost from \$20,000 to \$30,000 for a 4,000-square-foot house, depending on the region.

To keep everything in proper scale, a higher ceiling means larger furniture, taller windows, thicker crown molding, a taller fireplace mantel and bigger light fixtures. Even artwork has to be larger to cover more wall space.

What mitigates the extra expense of taller ceilings is the cost savings that come from better insulation and other energy-saving improvements to windows and doors.

In the distant past, homes were built with what we call a "balloon frame," where studs go from grade level to roof, as opposed to the "platform frame" we use today, where each floor's studs make its own separate box and one box is placed upon the other. With a balloon frame, ceilings could be any height, but as the milling of studs was standardized to eight feet in the early 20th century, ceiling heights were almost universally that same measurement.

A comfortable ceiling height today depends on who you talk to. An architect friend told me that affluent clients are asking for a nine-foot minimum ceiling

but prefer 10- or even 12-foot ceilings. Anything less than that is unacceptable to the people who do not have to be concerned with utility costs. New zoning regulations keep even the wealthiest clients from going overboard. Building height is limited in our communities, which in turn limits the height to which we can build ceilings.

Beyond cost, another factor to consider is the psychology of it all. Pulte Homes, one of the nation's largest homebuilders, recently conducted research demonstrating that while consumers like higher ceilings to give a room a more expansive feel, it can render the space cold and austere.

Today, besides an open floor plan, we want homes that are more inviting, casual and warm. Part of achieving that is with ceilings that are appropriately scaled. So, if you're a house hunter, carefully consider the space between your head and ceiling, because it can't be changed easily, unless you partake of the magic mushrooms enjoyed by Alice in Wonderland!

While Bill Primavera, *The Home Guru*, enjoys a career as a writer and publicist, he is a Realtor® with William Raveis Real Estate, specializing in upper Westchester and Putnam Counties. To engage the services of *The Home Guru* to market your home for sale, call 914-522-2076.

## You Are What You Eat, But is That Who You Want To Be?



By Nick Antonaccio

Last week I introduced the Slow Food movement and its inevitable offshoot, Slow Wine. After penning my column, I began to think about the evolution of diets across European and Asian countries and in the United States.

From the Mediterranean diet to the American "fast food nation" dietary habits, culinary traditions have evolved, more over the past 50 years than in the previous millennia. Historically, the American diet, which as a reflection of our entrepreneurial spirit and ambition, has been focused on immediacy and efficiency as compared to the laid-back Mediterranean diet and its Asian equivalent, which have been focused on the appreciation of food and the intrinsic, interwoven role of wine and other beverages.

Yet in this era of pandemic information overload, the two dietary patterns are beginning to cross over, for better and for worse. Allow me to contextualize these dietary changes into a historical perspective. An anthropological review provides a roadmap to the evolution of

these once divergent diets.

The human body has evolved very little over the last 40,000 years. It was "designed" for a specific diet, one that was reliant on readily available products and ingredients.

Think about the diet of early homo sapiens: berries, root vegetables (each a complex – or good – carbohydrate), nuts, fermented juices, wild game and a mastodon steak once or twice a year. This diet prevailed for millennia but then, as the population grew, along came cities and the need to feed the masses. Industrialized agriculture – principally processed grains and products with pumped up sugar (bad carbohydrates) – became a primary source for food, a divergence that is not in humans' DNA.

As the Industrial Age gradually infiltrated our lives, so too did the commercial food industry, notably in the United States. Scientific applications and additives were introduced to preserve and extend the shelf life of raw food. Not coincidentally, commencing in the mid 20th century, the incidence of cancer, heart disease and obesity began to rise to near epidemic levels. Through all of these changes, wine remained a healthy, unadulterated staple.

Until recently, Americans were

### You Heard It Through the Grapevine

uniquely impacted by the rise in life-threatening diseases. The USDA has addressed these issues, and they didn't have to look far for a solution. Mediterranean-rim

countries have resisted what the Americans have succumbed to. Their diets more closely resemble a diet for which our physiology was designed: a balance of unadulterated, minimally processed proteins, fats and carbohydrates, lubricated by fermented juice.

However, there is a strange irony in this tale. Americans, introduced to the "French Paradox" 20 years ago, have begun to slowly change to a more Mediterranean focused diet. The rest of the world, however, has begun to succumb to the ubiquitous American diet. As American capitalism has expanded across the globe, there has been a rise in overly processed foods, coupled with an increase in the consumption of fatty foods (hamburgers and super-sized French fries) and sugary soft drinks. For example, historically the incidence of heart disease in Japan and France was minor compared to the United States. This all changed as American food manufacturers expanded to these countries over the last quarter century. Today, heart disease has become

a major concern in these countries as well as other globalized nations that have embraced the American diet.

There is one constant in the evolution of early man's diet. Wine has been a beverage of choice for millennia, growing in popularity to this day. This "superfood" is considered an elixir for health and a social lubricant that ameliorates modern day stress. Even the USDA agrees: "Moderate alcohol consumption also is associated with reduced risk of all-cause mortality among middle-aged and older adults and may help to keep cognitive function intact with age."

Sound diets are on the rise in the United States. We're moving in the right direction, but the road is a long and arduous one to synchronize our lifestyle with our physiology. My advice: rather than inhaling your food, take a deep breath, exhale and smell the roses – and the rosemary – in your next meal.

Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at [nantonaccio@theexaminernews.com](mailto:nantonaccio@theexaminernews.com) or on Twitter @sharingwine.



# Happenings

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Nikki Gallagher at [nikki@theexaminernews.com](mailto:nikki@theexaminernews.com)

**Patterson Veterans Memorial Park Seeks Lifeguards:** Age 15+--adults also welcome. Waterfront Certification is required, CPR Certification is required. Beach is open Memorial Day-Labor Day. Anyone who is interested or would like additional information should contact Brian Callahan at [bcallahan45@yahoo.com](mailto:bcallahan45@yahoo.com)

**Putnam County Annual Seedling Sale:** Apple and peach trees along with some other new items available. Plant material sold bare root, hand dipped in moisture gel, wrapped and bagged for your convenience. Place your order by March 28. Visit [www.putnamcountyny.com/keepputnamgreen](http://www.putnamcountyny.com/keepputnamgreen)

**Ongoing: Tuesdays:**

**LCFD Ladies Auxillary Meeting:** Second Tuesday of each month. 8 p.m. at Firehouse. Bring a friend. Be part of our family.

**Spotlight Family Support Group:** Mahopac Library, 3rd floor, 6:45 p.m.-8 p.m., March 27. This is a guided recurring support group for family and friends suffering with the effects of a loved one that has a problem with drugs or alcohol. This is open to the public. For more information contact Drug Crisis in our Backyard 814-842-1212. No registration required.

**Wednesdays:**

**Tai Chi for Arthritis/Fall Prevention:** Seniors 60 and over are invited to join Kim Cercena, at the William Koehler Senior Center, 160 Route Six, Mahopac, for Tai Chi for Arthritis/Fall Prevention. This safe, enjoyable program will meet twice a week for 8 weeks. Medical studies have shown that Tai Chi relieves pain and improves the quality of life for people living with arthritis. Participants do not need to have arthritis to participate. The program includes flexibility exercises, which reduce pain and stiffness leading to increased mobility. It helps improve muscular strength (reduces pain and protects joints). Tai Chi also helps improve relaxation, balance, posture,

and immunity. Classes will be held for one hour every Wednesday and Friday beginning Wednesday, April 11th at 10 a.m. For more information, please call Irene at 845-808-1734.

**Thursdays: Family History Through Genealogy:** If you are interested in discovering the roots of your family, you can learn all about this through a course in Genealogy. Using a free data base and search engine you will be able to trace your family history back before they came to America. You will also be able to create a family tree that will be cherished by you now and for those family members in the future. This course on Genealogy is for people 55 and over and is being held at the Koehler Center in Mahopac. The course is every Thursday at 12:30pm on the following dates: March 22, 29 and April 5, 12, 19. For more information, please contact Judy Kolt at 845-277-5422.

**Fridays: AARP Tax Help:** The AARP Foundation is providing free tax help for low to middle income taxpayers at the library every Friday by appointment only from February 9 until April 13. Appointments can be scheduled by calling 211 or the library at 845-878-6121 ext. 15. You do not have to be a member of AARP to take advantage of this service.

**Lenten Season Services at First Presbyterian Church of Mahopac:** Palm Sunday- 3/25/18- 8:30 a.m./10:30 a.m. services Maundy Thursday- 3/29/18- 7 p.m. service Good Friday- 3/30/18- 7:30 p.m. service Easter Sunday- 4/1/18- 8:30 a.m./10:30 a.m. services First Presbyterian Church is located at 411 Rt 6N (at Secor Rd) in Mahopac. For more information: [presby411@verizon.net](mailto:presby411@verizon.net) or 845-628-2365.

Save the Date: Hudson Valley Food and Wine Experience April 11 Villa Barone Hilltop Manor Presented by Putnam/Northern Westchester Woman's Resource center. To register: [www.pnwrrc.org](http://www.pnwrrc.org) call 845-628-9284 \$75 per person all contributions are tax deductible as allowed by law.

**Tuesday, March 20**

**Lotus Flower Lantern Craft Workshop:** 10:30 p.m. at Reed Memorial library. Make a lovely lotus flower lantern with members of the Korean Spirit and Culture Promotion Project. Traditional Korean refreshments will be served. Registration required, please call the library to register 845-225-2439.

**Wednesday, March 21**

**Calling all Lego® lovers!!** Come to the Kent Library. 4:45 p.m. -5:45 p.m. for our new program, Literary Legos®! Listen to a fun story and build a Lego® creation based on the story. Your Lego® creation will be put on display for the whole library to see! Program is for those ages 7-9 or grades 2nd -4th! Registration is required. You may register for the program by going to [www.kentlibrary.org](http://www.kentlibrary.org) or calling the Kent Public Library at 845-225-8585. The library is located at 17 Sybil's Crossing, Kent Lakes, NY 10512.

**American Cancer Society Relay For Life of Patterson Kickoff Party:** on Centennial Golf Club Join Us As We Celebrate 10 Years of Hope! WHAT: Cancer survivors, caregivers, volunteers, and community members will gather to kick off the American Cancer Society Relay For Life of Patterson fundraising season. Guests will hear how the community has benefited from funds raised, honor cancer survivors, and learn how to save lives from cancer. Come to the Kickoff and learn more about this community event. Leave inspired and ready to form your own Relay For Life team. Teams can register at [relayforlife.org/pattersonny](http://relayforlife.org/pattersonny) 6 p.m.-8 p.m. 185 John Simpson Rd. Carmel, NY 10512 RSVP Tracey Walsh at [tracey.walsh@cancer.org](mailto:tracey.walsh@cancer.org)

**Welcome Spring! Story Time:** 11 a.m. - 11:30 a.m. Springtime is here! Shake off winter with a bright, colorful story that will strengthen your toddler's attention span with lively songs and a stimulating craft. For ages 2-3. Caregivers must remain in program. For more information or to register contact the Patterson Library at 845-878-6121 x10 or go to [www.pattersonlibrary.org](http://www.pattersonlibrary.org) and click Calendar.

**Thursday, March 22**

**Seventy one percent of Americans are obese.** Discover the science and learn how you can overcome this epidemic. 7 p.m.-9 p.m. Sarah's House of Health - 900 South Lake Blvd. Mahopac. Free. Snacks served. Register - 845-216-7984

**American Cancer Society Relay For Life of Mahopac to Hold Kickoff Party:** Putnam County Golf Course Join Us As We Celebrate 20 Years of Hope. Teams can register at [relayforlife.org/mahopacny](http://relayforlife.org/mahopacny). 6 p.m.-8 p.m. 187 Hill Street Mahopac. RSVP Tracey Walsh at [tracey.walsh@cancer.org](mailto:tracey.walsh@cancer.org)

**Friday, March 23**

**Introduction to Proposal Writing.** 1:30 p.m. This class will provide you with an overview of how to write a standard project proposal for a foundation. It will include: the basic elements of a proposal, the "do's" and "don'ts" of writing and submitting a proposal, how to follow up whether the answer is yes or no, and a hands-on exercise to develop a proposal outline. Registration is requested; register online at [www.mahopaclibrary.org](http://www.mahopaclibrary.org), or call Mahopac Library at 845-628-2009, ext. 100.

## Harmonicas for Health

*continued from page 15*

Barbara, another member of the Harmonica Honeys is thankful for the program. "We all have similar disabilities," said Barbara. "Because we're cheering each other on in harmonica practice and in pulmonary rehabilitation, we've become friends. We support one another." Barbara was one of the first to join the Harmonica Honeys. "Aside from strengthening my lungs, this program makes me feel good. We recently had our holiday dinner and put on a small concert for our family and friends. It makes me proud."

The group has every reason to be proud. "We had no idea how to play before joining this group," Barbara recalled. "We didn't know which end of the harmonica was which!" According to maestro Al, the harmonica is not an easy instrument to master. Members of the group practice at home in order to keep up in class.

For the concert's grand finale, the

Harmonica Honeys play "Oh Susanna." "This song is always tough for me," said Barbara. "My disease makes it difficult for me to breathe in." Group members explain that, for people with lung issues, higher notes are more difficult because they require deeper "draws," or deeper breathing in. "The supportive environment always helps me get through," said Barbara. The team forces me to do it. And that strengthens my muscles and my perseverance."

If you experience shortness of breath, pulmonary rehab may help you. Pulmonary rehab lessens your sensation of shortness of breath, while helping improve activity endurance and quality of life. We can help you get a referral from your physician. Contact Northern Westchester Hospital's Pulmonary Rehab team at (914) 458-8700 to ask about a pulmonary function test.



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## LEGAL NOTICES

**NOTICE OF FORMATION OF SIMPLY SPEAKING LEP, LLC.** Arts of Org. filed with NY Secy of State (SSNY) on 1/10/18. Office location: Westchester County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: **611D Larchmont Acres East, Larchmont, NY 10538. Purpose: any lawful activity.**

**NOTICE OF QUALIFICATION OF CRYPTO CAPITAL MANAGEMENT LLC.** Authority filed with NY Secy of State (SSNY) on 2/2/18. Office location: Westchester County. LLC formed in Delaware (DE) on 1/5/18. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: **14 Kensington Rd, Ardsley, NY 10502. DE address of LLC: 919 North Market Street, Suite 950, Wilmington, DE 19801. Cert. of Formation filed with DE Secy of State, 401 Federal St, Ste 4, Dover, DE 19901. Purpose: any lawful activity.**

**NOTICE OF FORMATION OF PETE'S MEATS, LLC.** Articles of Organization filed with the Secretary of State of New York (SSNY) on (1/5/2018). Location: (Westchester). SSNY designated as agent for service of process on LLC. SSNY shall mail a copy of process to: **(United States Corporation Agents INC 7014 13th Avenue suite 202 Brooklyn NY 11228). Purpose: Any lawful purpose.**

**NOTICE OF QUALIFICATION OF CRYPTO CAPITAL PARTNERS LP.** Authority filed with NY Secy of State (SSNY) on 2/2/18. Office location: Westchester County. LP formed in Delaware (DE) on 1/5/18. SSNY is designated as agent of LP upon whom process against it may be served. SSNY shall mail process to: **14 Kensington Rd, Ardsley, NY 10502. DE address of LP: 919 North Market Street, Suite 950, Wilmington, DE 19801. List of names and addresses of all general partners available from SSNY. Cert. of Limited Partnership filed with DE Secy of State, 401 Federal St, Ste 4, Dover, DE 19901. Purpose: any lawful activity.**

**NOTICE OF FORMATION OF ART BOYKOFF, LLC** filed with SSNY on 1/25/2018 located in Westchester County. United States Corporation Agents, Inc. designated as agent of LLC. Process may be served against LLC to above agent located at **7014 13th Avenue, Suite 202, Brooklyn, New York 11228. Purpose: Recreational art instructor**

**FORMATION OF BROOKMONT MANAGEMENT, LLC** filed with the Secy. of State of NY (SSNY) on 2/9/18. Office loc.: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. The address SSNY shall mail process to **Penny Jackson, 45 Winchester Oval, New Rochelle, NY 10805. Purpose: Any lawful activity.**

**NOTICE OF FORMATION OF NEW LOOK DEVELOPERS, LLC** filed with SSNY on 1/17/18. Office loc: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **20 Van Buren Pl., White Plains, NY 10603. Purpose: Buying and renovation of homes.**

**NOTICE OF FORMATION OF DENNIS J. CAMPAGNA, ARBITRATOR, LLC** Art. of Org. filed with Sec. of State 01/16/18. Off. loc.in Westchester CO. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail a copy of process to **Dennis J Campagna, 50 Main Street, Suite 1000, White Plains, NY 10606-1900 PURPOSE: Any lawful business.**

**NOTICE OF FORMATION OF THE LAW & MEDIATION OFFICES OF LORI GREENE, PLLC.** Arts of Org filed with SSNY 1/5/18. Office location: Westchester County. SSNY designated as agent of PLLC upon whom process against it may be served. SSNY shall mail process to Law & Mediation Offices of Lori Greene, PLLC, 75 S. Broadway, Suite 400, White Plains, NY 10601. Purpose: any lawful act or activity.

**NOTICE OF FORMATION OF CADEAU FRAGRANCE, LLC** filed with the Secretary of State of NY (SSNY) on 02/13/2018. Office location: Westchester. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the principal business address: **11 Patriots Farm Place, Armonk NY 10504. Purpose: Any lawful act or activity.**

**NOTICE OF FORMATION OF MIDLAND AVE DELICATESSEN LLC** filed with the Secretary of State of NY (SSNY) on 02/12/2018. Office location: Westchester. SSNY designated as agent of LLC upon whom process against it may be served.

*continued on next page*



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# EXAMINER MEDIA Classifieds

continued from previous page

SSNY shall mail process to the principal business address: **24 Cedar Place, Rye, NY 10580. Purpose: Any lawful act or activity.**

**NOTICE OF FORMATION OF BOWIE BROWS, LLC. ART OF ORG.** filed with SSNY on 02/07/2018. Office in Westchester County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: **128 Court Street White Plains, NY 10601. Purpose: Any lawful purpose.**

**NOTICE OF FORMATION OF HAUS OF FUREY LLC. ARTS.** of Org. filed with the SSNY on 02/22/18. Office: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC at **36 Lee Avenue, Yonkers, NY 10705. Purpose: Any lawful purpose.**

**NOTICE OF FORMATION OF ALM SPEECH THERAPY, PLLC ART. OF ORG.** filed with SSNY on February 13, 2018. Office Location: Westchester County. SSNY designated as agent of the PLLC upon whom process against it may be served, SSNY shall mail pro-

cess to: **2810 Springhurst St, Yorktown Heights, NY 10598. Purpose: Any lawful purpose.**

**NOTICE OF FORMATION OF THE WEST HOLLOW GROUP LLC.** Art of organization filed with the SSNY on 1/29/18. Office location is PUTNAM County NY. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to **7 West Hollow Rd Brewster NY 10509. PURPOSE: any lawful activity.**

**NOTICE OF FORMATION OF SET IT IN STONES, LLC** Art of organization filed with the Secy of State of NY (SSNY) on 12/08/2017. Location: Westchester County. SSNY designated as agent upon whom process against it may be served and shall mail process to the principal business address: **71 Wheeler Avenue, Pleasantville, NY 10570. Purpose: Any lawful act or activity.**

**NOTICE OF FORMATION OF CG MEDICAL BILLING SERVICES, LLC** Art of organization filed with the Secy of State of NY (SSNY) on 02/22/2018. Location: Westchester County. SSNY designated as agent upon whom process against it may be served and shall mail process to

the principal business address: **168 Douglas Ave., Yonkers, NY 10703. Purpose: Any lawful act or activity.**

**NOTICE IS HEREBY GIVEN THAT A LICENSE, NUMBER "PENDING" FOR BEER, WINE AND CIDER** has been applied for by the undersigned to sell Beer, Wine and Cider at retail at a restaurant under the Alcoholic Beverage Control Law at 39 WHEELER AVENUE PLEASANTVILLE, NY 10570 for On Premises Consumption. **SMPL ENTERPRISES, INC. DBA TZATZIKI GREEK GRILL 39 WHEELER AVENUE PLEASANTVILLE, NY 10570**

**LEGAL NOTICE: PARKING LOT LICENSE AGREEMENT REQUEST FOR PROPOSALS AND QUALIFICATIONS** June 1, 2018 through May 31, 2021 The Village of Pleasantville Board of Trustees will be accepting proposals from qualified owners/operators of "for-hire" transportation companies for the exclusive right to occupy three (3) parking spaces within the Memorial Plaza parking lot, located adjacent to the Pleasantville railroad station between Bedford Road and Manville Road in Pleasantville, New York. Interested persons may obtain information, forms and instructions from the office of the Village Clerk, 80 Wheeler Avenue, Pleasantville New York. The Village of Pleasantville Board of Trustees reserves the right to accept or reject any proposal. Applications must be returned to the Village Clerk by 4:00PM on April 15, 2018. **Judith Weintraub, Village Clerk, Village of Pleasantville, Westchester County, New York**

**NOTICE OF PUBLIC HEARING** The Board of Trustees of the Village of Pleasantville will hold a Public Hearing on Monday, March 26, 2018, 8:00pm, prevailing time, 80 Wheeler Avenue, Pleasantville, New York to hear comments as it pertains to amending Chapter 166, Article IX, Section 31 of the Village Code entitled "Cold War Veterans' Real Property Tax Exemption as follows: **Section: 166-31 Grant of exemption.** A. Residential real property which qualifies under the provisions of Real Property Tax Law § 458-b shall be exempt from taxation to the extent of 15% of the assessed value of such property; provided, however, that such exemption shall not exceed \$12,000 or the product of \$12,000 multiplied by the latest state equalization rate of the assessing unit, or, in the case of a special assessing unit, the latest class ratio, whichever is less. **TO ADD: B.** The exemption provided under this article shall be effective for as long as a qualified owner of qualified residential real property remains a qualified owner thereof: without regard to the ten (10) year limitation period previously in effect. **Judith Weintraub, Village Clerk, Village of Pleasantville, Westchester County, New York**

**NOTICE** is hereby given that a license, number "Pending" has been applied for by the undersigned to sell Beer, Wine and Liquor at retail at a restaurant under the Alcoholic Beverage Control Law at 1099 NORTH DIVISION STREET BUILDING B STORES #2 AND #3 PEEKSKILL NY 10566 for On Premises Consumption. **BRIDEM, INC. AMICI'S RESTAURANT 1099 NORTH DIVISION STREET BUILDING B STORES #2 AND #3 PEEKSKILL NY 10566**

**NOTICE OF FORMATION OF RED-LINE VENTURES LLC.** Articles of Org. filed with NY Sec. of State (SSNY) on 2/21/18. Office in Westchester Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to **1045 Park Street, Parkmall, Peekskill, NY 10566, which is also the principal business location. Purpose: any lawful act or activity.**

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# The PUTNAM Examiner

## CHS Takes Part in Hudson Valley Regional FIRST® Robotics Competition

The Bad News Gears, Carmel High School's Robotics team, will be one of more than 3,600 high school teams competing worldwide in the FIRST® POWER UPSM Robotics Competition. The Gears will participate in the Hudson Valley's Regional event March 22 – 25 at Rockland Community College in Suffern, in hopes of making their way to the FIRST® Robotics World Competition, held in Detroit in April.

With the guidance of adult mentors, teams are challenged to design a team "brand," hone teamwork skills, as well as build, program and test robots to perform tasks against a field of competitors. The Gears have been competing since 2015, guided by FRC Lead Mentor and Carmel High School Technology teacher Don Saldicco. CHS has participated in FIRST Robotics FTC division since 2008, when a grant provided by PACE University powered the inaugural FIRST team.

This is the second year for the Hudson Valley event, which is attracting 41 teams from the U.S. and abroad, including the Dominican Republic, Paraguay and Quebec. The Carmel team has been mentoring and sharing resources with a team from Putnam Valley High School, who are first time participants.

The energy that currently keeps Carmel's Gears turning is provided by sponsors including; GlobalFoundries, PepsiCo, NASA, Fryer Machine Systems, Aversa Landscaping, Hipotronics, InSite Engineering, and DTQ Data Systems, who also provide mentors and engineers in addition to financial support necessary to compete.

"Aside from the tremendous hands-on learning and real-life STEM skills implementation, students learned more about collaboration and workplace professionalism on this project than they did the entire school year," says Coach Saldicco. "We've won already, as far as I'm concerned."



CHS Robotics team members prepare for their third Hudson Valley Regional competition, with their robot, Montagne, bagged and ready to be transported to the event by sponsor DTQ Data Systems.