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SMALL NEWS IS BIG NEWS

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Carmel GOP Voters: Time for Change

By David Propper

Over the past couple weeks, it was nearly impossible for residents in the Hamlets of Mahopac and Carmel to turn a corner and not see a "Change is Needed" sign in blue and yellow from Republican candidate for Carmel town board Michael Barile.

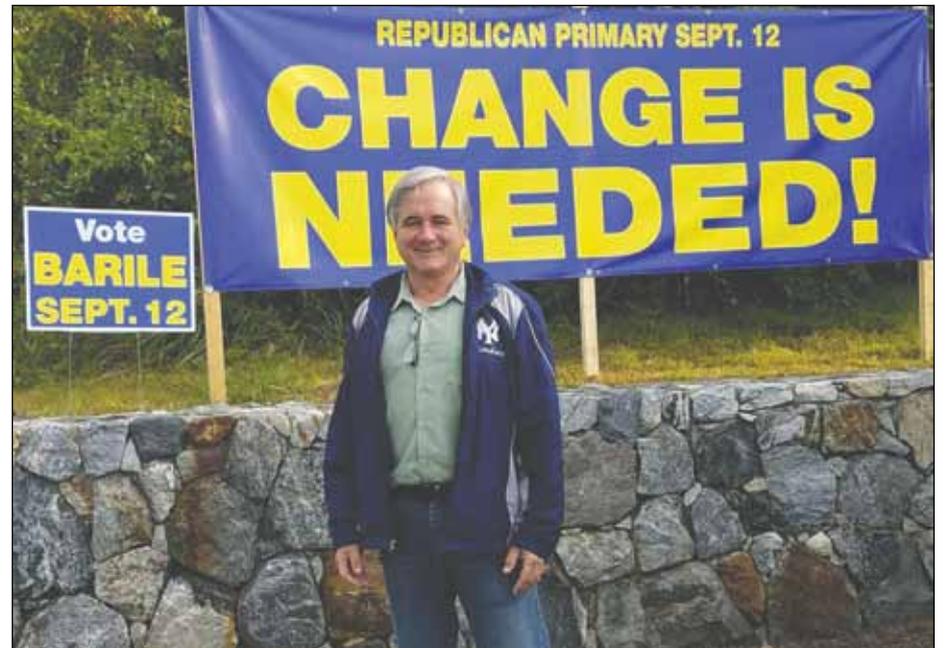
But that straightforward message saturated throughout town proved to be effective. Barile, a longtime resident and first time candidate, was the top vote getter in last Tuesday's GOP primary to cement a spot on the ballot in November.

Also, representing the Republican slate is Councilwoman Suzi McDonough who topped Councilman Frank Lombardi in the three-way race.

Barile garnered almost 40 percent of the vote (1,209 votes) and McDonough grabbed 31 percent of the vote (949) while Lombardi got about 29 percent (881) ending his run of service.

"It was exactly the result I was expecting," Barile said. "I would have liked more people to show up and a wider margin but people basically sent

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COURTESY OF FACEBOOK

GOP candidate Michael Barile was the top vote getter in last week's primary contest.

Carmel Wins Higgins Trophy Game, Retains Bragging Rights



RAY GALLAGHER PHOTO

Carmel captains Nick Heis (33) and Dylan Seals hoist the coveted Bryan Higgins Memorial Trophy after the Rams defeated Mahopac, 15-14, last Friday, claiming bragging rights for a third year in a row and improving to 16-8 against Mahopac since 1995... see Sports

Sayegh Swipes Leg. 8 Seat from LoBue

By David Propper

Residents in District 8 of the Putnam County Legislature will have a new representative starting next year.

Mahopac resident Amy Sayegh toppled incumbent lawmaker Dini LoBue last Tuesday during a GOP primary and also secured the Conservative Party and Independence Party lines to effectively and stunningly end the race. Sayegh found a path to victory after losing to LoBue three years ago in a GOP competition for the seat.

Sayegh, who was the endorsed candidate, collected 57 percent of the

Republican vote (364) while LoBue only got 42 percent of the vote (271). The seat represents part of Mahopac.

"I'm humbled, honored and thankful," Sayegh said shortly after results rolled in at Patrick's Pub in Mahopac. "I'm excited to get to work now."

Sayegh said she learned from her mistakes three years ago when she lost to LoBue and was more focused this time around. Sayegh said she learned in order to win she had to really want it and picture having success. The only days Sayegh said she took off were on days it

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Sheehy to Retire from County Senior Resources Office

By David Propper

More transitioning is expected for Putnam County government after the director for the Office for Senior Resources, Patricia Sheehy, announced her intention to retire this week.

Sheehy, who worked for the county for about seven years, plans to retire at the end of October. Expected to fill her shoes is Michael Cunningham, a county employee working for another department. Sheehy is the latest department head to retire after Bureau for Emergency Services commissioner Tony Sutton stepped down earlier this month.

During Sheehy's seven years as director of the Office for Senior Resources, she said she couldn't pin down just one moment she'll remember more than the others. But she will remember the people she worked with and the senior population she worked for.

Sheehy said the seniors she helped serve have always been grateful for the work her office does. It's made going work enjoyable for Sheehy. During her career, her department went from the Office for the Aging to the Office for Senior Resources to signify a more vibrant name to match the senior citizens in Putnam.

"And the county has always been so generous to the seniors so it's not just one person who's done it," Sheehy said. "It's a whole team of people, too."



DAVID PROPPER PHOTO

Pat Sheehy is retiring from the Office for Senior Resources at the end of October.

One of the most controversial and strenuous undertakings Sheehy dealt with was getting a new and improved senior center on the west side of the county. On her first day on the job, Sheehy recalled a senior telling her a state of the art senior center would never happen in Cold Spring. The controversial project for the senior center at the Butterfield campus

'And the county has always been so generous to the seniors so it's not just one person who's done it.' - retiring senior resources director Pat Sheehy

was voted through despite raucous meetings and passionate opposition.

"It's going to be nice to know it's going to be happening," Sheehy said.

Lawmakers at a personnel committee meeting last week commended Sheehy for the job she's done. Legislature Chairwoman Ginny Nacerino said Sheehy did a "stellar job" during her tenure and was able to navigate through difficult times.

When discussing the incoming director, Nacerino said Cunningham would be a "perfect match" for the leadership post.

"He's someone that has the skillset, but also has the demeanor and ability to work

with this population in a very cohesive manner," Nacerino said.

Personnel director Paul Eldridge said Cunningham had a good approach and was a very intelligent man. Sheehy said she'll help Cunningham with the transition and noted he's asked her all the right questions so far.

Sheehy said a couple factors motivated her to retire including wanting to have more free time with her husband and more time with her granddaughter who is 15-months-old. Sheehy also wanted to retire when she still had time to be spontaneous and drive cross-country.

Sheehy actually retired once before after she worked for New York State for many years. When County Executive MaryEllen Odell was elected though, she came out of retirement to serve. Instead of calling this farewell a retirement, she joked she was "dismounting" and vowed she wasn't coming out of retirement anymore.

"This is it," Sheehy said with an emphasis. "I'm finished."

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Q: Did I simply twist my ankle, or is it a sprain?

A: Confusion over what constitutes a sprained ankle is common. A sprain is defined as a stretched or torn ligament – the tough, fibrous tissue that connects one bone to another and supports your joints. By far the most common type of sprain is in the ankle. Ankle sprains happen when the foot twists, rolls or turns in a manner that causes the ligaments to stretch beyond their normal length. While the intensity varies, pain, bruising, swelling, and inflammation are common to all sprains.

Q: If my ankle is swollen and tender, what should I do?

A: Be sure to practice RICE immediately: Rest, Ice, Compress and Elevate. Sit or lie down, put your ankle up on some pillows, wrap it with an ace bandage, and ice it for 20 to 30 minutes several times a day.

If you can't put weight on the joint, you should see a doctor immediately. After the ankle is evaluated and other injuries such as fractures or tendon damage are ruled out, and depending on the severity of the sprain, you may be able to start rehabilitating your ankle.

Q: What can I expect from rehab?

A: With a severe sprain, I often put a boot on the patient for two weeks or so and start physical therapy to strengthen the ankle as soon as possible. One exercise patients can try is writing the alphabet in the air with their big toe. Another is standing on one foot with your eyes closed. The goal is to work up to a minute. This improves your balance and strengthens the muscles that stabilize your joint.

Following through on rehab is key. The single highest risk factor for ankle sprain is having a history of sprain. Completing an appropriate rehabilitation program and utilizing at least short-term bracing will decrease future risk of an ankle sprain.

Did you know?

Approximately **25,000** people suffer from a sprained ankle each day.*

* American Academy of Orthopaedic Surgeons

Newcomer, Incumbent Win Patterson Town Board Primary

By David Propper

A newcomer to the political scene in the Town of Patterson and a one-term incumbent came out on top during last Tuesday's Republican primary that determined the town board for next year.

Mary Smith, a longtime resident but first time candidate, and current Councilman Peter Dandreano were the two top vote getters in the GOP contest with former councilman Joe Capasso falling short of getting back on the board. With no Democrats running, Smith and Dandreano are expected to take councilperson seats on Jan 1, 2018.

Smith, who is a transportation supervisor for the Brewster school system, received the most votes with almost 40 percent of Republicans selecting her (165). Dandreano, who has served for four years, got almost 36 percent of the vote (142) and Capasso followed up in the rear with 26 percent of the vote (110).

While this is the first time Smith ran for a town board seat, she previously tried to earn a seat on the Carmel Board of Education. She ran for the school board in May, but came in third place

out of the four candidates that ran.

Smith said when she met with voters, they told her they wanted change and a town board member more active in the community. Her campaign consisted of her and a few friends, she said, but she was proud to make a strong impression on residents.

She believes her openness and sincerity was a draw to voters.

"I was pretty confident but coming out on top was really a surprise to me," Smith said. "Because I just felt these two (candidates) were in this game for a long time and here I just come out of left field."

She'll be the first Patterson female councilperson since Ginny Nacerino, who is now the chairwoman of the Putnam County Legislature.

Dandreano thanked supporters for voting him back in and said he was excited to get back to work. With so much time dedicated to campaigning, he said he was now looking forward to working on programs that have already started on his watch.

When asked about Smith--a first time candidate--earning the most votes, Dandreano gave her credit for her

Three-way Election Set for Kent Judicial Candidates

By David Propper

After a trio of judicial candidates in the Town of Kent vied for multiple lines in last week's primary election, the contested fight for two town justice seats will roll into November.

Republican incumbent Judge Kevin Douchkoff earned both the Democratic and Republican lines during Tuesday's primary, bolstering his chances of serving a third term. Republican Tim Curtiss was able to hold on to the GOP line against a challenge from Democrat Pamela Richardson and Richardson was able to secure the Democratic line from Curtiss who made a play for it. Douchkoff has served for eight years while Curtiss and Richardson are vying for retiring Judge

Peter Collins' seat.

One additional line Douchkoff and Curtiss were able to obtain was the Independence Party line with each getting 13 votes against Richardson's seven votes.

Douchkoff, a former Kent police officer, led all candidates on the GOP line with 46 percent of the vote (355) and Curtiss followed up with 35 percent of the vote (272). Richardson only got 18 percent of the vote (138). But she fared better at protecting her Democratic line getting almost 50 percent of the vote (248) while Douchkoff also grabbed the Democratic line with 30 percent of the vote (151). Curtiss received about 20 percent of the vote (98).

arduous work ethic. He admits it can be tough to run a campaign without the local GOP committee's endorsement. (Dandreano and Capasso were the GOP endorsed candidates.)

"She knocked on doors, put up signs and met with people," he said. "So that's the key to winning people over."

For Capasso, this was his third straight GOP primary where he was the odd man out. He ran against former supervisor Michael Griffin in 2011

with former state lawmaker Greg Ball backing him and lost by three votes. Then he ran against current Supervisor Rich Williams in 2015, but was beaten and then he missed out on a town board seat this year.

Capasso, who is the owner of Beaver Creek Farm, was hoping to bring more businesses to the town. When he ran in 2015 against Williams, he said he wanted to "make things happen like Donald Trump, but on a smaller scale."

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Legislature Grapples with Proposed IT Policy Again

By David Propper

An information technology policy that's stalled for more than a year came back to the forefront last week when some Putnam County legislators signaled their hope to pass a revised version, although a local civil liberties group has stated opposition to parts of it.

The wide-ranging policy would dictate how employees are supposed to use county equipment and systems while at work. Some of the policy requires employees to post honest and accurate information related to county business and prohibits personal devices to log on to county networks. The policy states employees shouldn't expect privacy when using county data and regulates other issues connected to workers using county software.

Part of the proposed policy also delves into personal electronic use and speech for county employees.

The first sentence of the policy states all communications that relate in any way to the county, verbal or electronic, and made on or off duty, must comply with the county's "values and expectations." The first section of the policy states because each employee is an "ambassador of the county and its image and reputation" the county must

ensure all electronic communications are appropriate when the county is identified.

"On personal time, employees may use their own electronic communications and conduct web posting freely provided that the communication is in compliance with this policy and all other county policies," part of the policy proposes.

Shannon Brady of the county law department and Thomas Lannon of the IT department appeared in front of the legislature's rules committee last Thursday. The latest proposal hopes to rectify previous concerns and questions surrounding the policy, Brady said. Brady said something like county email or county social media pages would apply during work and personal hours as long as the county data and system is being used.

Lannon said there could be a pop-up browser on county equipment to remind employees that they must conform to the county's IT policy.

For the most part, lawmakers were receptive to passing the policy because they said it was long overdue.

Legislature Chairwoman Ginny Nacerino said the policy would address the ongoing changing landscape with technology and some county workers don't realize they shouldn't go on

websites for personal use. She stressed this policy wasn't for "snooping" or "Big Brother watching."

"I believe this is really, really important to seal this up," Nacerino said.

Legislator Carl Albano said it was important to have "ground rules" for county employees using county equipment and Internet. He said he would have pushed an IT policy forward a year ago, but there weren't enough votes.

Legislator Dini LoBue, who was more skeptical, asked who would be in charge of making sure employees are using the county equipment appropriately, with the answer being the IT department and possibly a county department head depending on the situation.

She said the policy needs to be clearly defined because the county could be sued.

A similar IT policy was brought forward more than a year ago, but was put on pause after criticism from a few lawmakers and clear opposition from a Lower Hudson Valley civil rights organization. Lawmakers in Dec. 2015 complained the propose policy was ambiguous and that it possibly considered elected legislators on the same footing as county employees. Former legislator Kevin Wright called

the proposal "asinine" during that Dec. 2015 committee meeting.

Last week, the NYCLU again came out opposed to parts of the IT policy because the adoption of this policy would result "in a chilling effect on its employees' First Amendment-protected speech."

Chapter director Shannon Wong wrote while the county has to grapple with social media magnifying speech, the county's concern for its "image and brand" do not provide license for a government employer to exercise such far-reaching control over its employees' private, personal communications.

"Please note that it has never been acceptable for an employer to go to an employee's home, read his or her mail, peruse a personal diary or listen to an employee's home phone call in order to monitor the contents of the communications that take place therein," Wong wrote. "The same considerations should apply to electronic communication. A public social media post may be more easily accessible to an employer, but the core principle remains that government employers should not be in the business of actively policing the contents of its employees' personal, off-hours communications."

The next draft will be discussed at the November's rules committee meeting.

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October 24 | 6-8pm

Clock Tower Grill

512 Clock Tower Commons Drive, Brewster

A team of cardiologists from The Heart Center, a Health Quest affiliate, will speak on coronary care. Hear from Lawrence Solomon, MD on screening for coronary heart disease, Anthony Messina, MD on the good and the bad of statins and Aarti Campo, MD on tips and tricks for blood pressure treatment. These three physicians are now seeing patients in the Carmel Health Quest Medical Practice offices. The Heart Center is a division of the Hudson Valley Cardiovascular Practice, P.C.

The Robot Will See You Now: Surgical Advancements and Options

October 10 | 6-8pm

Centennial Grille at Centennial Golf Club

185 John Simpson Road, Carmel

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When Diets Don't Work: A Look at Weight-Loss Surgery

October 25 | 6-8pm

Dish Bistro & Wine Bar

947 S Lake Boulevard, Mahopac

Learn information that can help you or your loved one make an educated decision about minimally invasive, weight-loss surgery. Dine on a nutritious meal and hear from bariatric surgeons Anthony Maffei, MD*, Thomas Cerabona, MD*, Ashutosh Kaul, MD* and Jonathan Giannone, MD*. These physicians from Advanced Surgeons are on the medical staff of Putnam Hospital Center, where they have performed hundreds of surgeries. They will give an overview of the hospital program and its comprehensive offerings.

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Carmel GOP Voters: Time for Change

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a message to the (Republican) party; they're in charge of the election, not the Republican Party."

Barile said voters were tired of the current direction the town was going.

"They just want change, how else can I put it," he said. "The word just worked perfectly."

McDonough, who was not endorsed by the local Republican Party, said she was thrilled that voters selected her and it shows a "true grassroots campaign trumps anything else."

"I'm looking forward to four years of moving forward," she said.

McDonough said the entire town board has worked well together and while she's happy she won, she'll be sad to see Lombardi go.

"I've lived here my entire life and I'm always involved in the community," McDonough said. "Always have been, always will be. This is my home."

Barile said he was "110 percent" happy that McDonough won over Lombardi, even though Barile and Lombardi were the two endorsed candidates by the local GOP committee. He said McDonough's win sent a strong message to "powerbrokers in Putnam County" that they can't control the candidates anymore.

On the Democratic side, resident and



DAVID PROPPER PHOTO
Councilman Frank Lombardi after his election loss.

first time candidate Judie Mirra will face the two Republicans in the general election. She congratulated both and noted the primary indicates residents are willing to elect newcomers to office.

"From what I have heard around the district, voters don't think the Town Board is even listening to them, let alone hearing them," Mirra said in a statement.

As for the odd man out, Lombardi said



DAVID PROPPER PHOTO
Barile's signs were everywhere in town.

all three Republicans that ran were great candidates, but noted Barile spent a lot of money on this campaign. Lombardi also referred to himself as the "outsider" in the race, even though he was on the town board for eight years and endorsed candidate.

"It was going to be a tough race from the beginning, but I'm proud of the race that we ran," Lombardi said. "You never know what the future holds."

Lombardi said he hopes residents remember the promises Barile made during the campaign and was skeptical what change he could enact on the town board if elected in November. He argued the town has taken positive steps in recent years.

"I don't really know what the change would be, but we'll see what change is coming and we'll evaluate it from there," Lombardi said.

When asked to respond to Lombardi's comments, Barile quipped, "I think he should pay attention to the next two years and see what real change is."

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Sayegh Swipes Leg. 8 Seat from LoBue

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rained and she couldn't go door-to-door talking to voters.

"I just worked my tail off, I didn't stop," Sayegh said. "Non-stop."

She vowed to constituents, "As hard as I worked for this win, is as hard as I'll work for our district."

LoBue has been the longest active serving county legislator on the lawmaking body.

LoBue said during her tenure on the county Legislature, she went against the grain to protect taxpayers. She slammed her opponents for waging a campaign that was "mean spirited" filled with viscous personal attacks.

"To distort, twist my record and call me a fraud is unacceptable and unbecoming of our Republican Party," LoBue said. "Unfortunately, this is the direction politics in the county is heading and the tone being set by the County Executive and our political leaders."

LoBue over the past several years was a permanent thorn in the side of the county executive's administration and battled many of her colleagues over policies and spending. Many times she was the sole voice of dissent that frustrated fellow lawmakers.

She fears once she leaves the board at the end of the year, spending will only



DAVID PROPPER PHOTO
Amy Sayegh addressing supporters at Patrick's Pub last Tuesday after her big GOP win.

increase.

"The voters did not realize what they have done to themselves as taxpayers," LoBue said. "Now there will be no constraints on spending, safeguards, or even inquiries into county government proceedings."

On hand supporting Sayegh included legislators Carl Albano, Joe Castellano, Paul Jonke and Bill Gouldman. Sheriff Don Smith and state Assemblyman Kevin Byrne were also on hand.

Albano, who has battled many times

with LoBue, called Sayegh an amazing person who has a lot of energy and will be a positive addition to the legislature. He said if LoBue won, it would have been her final term because of term limits.

"She was in her third term so it was close to a time when things were going to change inevitably anyway so this is a little early and that's the way politics are," Albano said

Putnam GOP committee chairman Tony Scannapieco appeared later on to congratulate Sayegh. In an interview,



DAVID PROPPER PHOTO
GOP chairman Tony Scannapieco with Amy Sayegh (left) and Suzi McDonough (right).

Scannapieco said he believes the GOP endorsement for Sayegh was one of the reasons she was able to beat an entrenched incumbent.

Scannapieco said he's spoken with LoBue in the past about being more cordial with other legislators regardless of how she voted, but she didn't listen. He chided her for claiming in advertisements that she was the Republican endorsed candidate.

"That was a total lie," Scannapieco said. "I don't like that, I don't like that at all."

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New 9-11 Memorial Dedicated in Putnam

By Neal Rentz

Putnam County's annual 9-11 Candlelight Vigil held a special significance last week when a new memorial to honor Putnam County residents who died as a result of their actions in the aftermath of the horrific terrorist attacks was dedicated.

A large crowd of local residents participated in the ceremony at the Putnam Heroes Memorial located at the Spain Cornerstone Park in Carmel.

Along with the eight Putnam heroes who died on September 11th, six other citizens were recognized: Firefighter Edward Tietjen of the FDNY and Battalion Chief John Vaughan of the FDNY, both formally of Mahopac. Battalion Chief Thomas Van Doran of the FDNY and Firefighter Glenn Bisogno of the Brewster Fire Department, both formerly of Brewster; Firefighter Thomas Kelly of the FDNY and Firefighter Charles Flickinger of the Lake Carmel Fire Department, both formerly of the Town of Kent

At last week's ceremony the Rev. Adolphus Muoghalu, from St. James the Apostle Church in Carmel and a captain in the US Army Reserves blessed the new monument.

"May all of us remember with love and compassion this day, Sep. 11, 2001. May we grieve with those who still mourn and



NEAL RENTZ PHOTOS

A large crowd participated in the Putnam County 9-11 ceremony in Carmel last week.

share memories with those who cannot forget," he said. "May we draw strength from those who bravely responded and gave their lives to save others. May we stand with strangers who became neighbors that very day and remember

their generosity and hospitality. May we understand one another to create world peace"

Muoghalu dedicated the monument "to the blessed memories of these, our heroes, realizing that their remains lie

not only on the ground but in every heart of the lives they touched."

Putnam County Sheriff Don Smith said the county was honoring those who not only died as a result of the attacks at the World Trade Center, but also those county residents who died of subsequent illnesses. Smith said when county residents recite the Pledge of Allegiance, "We always remember our military that keep us free and realize that freedom isn't free. We remember our police officers, our firefighters, (and) our emergency medical first responders who keep us safe right here at home."

Pet Of The Week



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Rosh Hashanah:	Wednesday, September 20	8:00 pm
	Thursday, September 21	10:00 am
	Children's Program	10:45 am – 12:15 pm
	Tashlich	1:00 pm
Shabbat Shuvah	Friday, September 22	8:00 pm
Yom Kippur:	Friday, September 29 Kol Nidre	8:00 pm
	Saturday, September 30 Morning Service	9:30 am
	Children's Program	10:45 am – 12:15 pm
	Teen Discussion Group	11:15 am – 12:30 pm
	Afternoon Service	3:30 pm
	Yizkor	5:30 pm

Followed by: Concluding Service, Blowing of the Shofar, Havdalah and Break Fast

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Guchi Dog Grooming Carmel

By Neal Rentz

Lifelong Carmel resident Christopher Cubic is continuing a decades long family business in town.

Guchi Dog Grooming has been in operation for 32 years, he said last week. But the facility has moved slightly from its original Route 52 location. It had operated out of the family home, but the house was destroyed by fire. It now operates out of a converted garage on the property

Cubic's house burned down about two years ago and he needed to work at other grooming facilities. The new location at the home's former garage opened in August. It took about two months to renovate his home and the former garage, Cubic noted.

Cubic said the name is not a play on the Guchi company. The facility was named after his mother's dog, Guchi.

Four years ago Cubic's mother, Susan, died. Cubic said his mother's work influenced his career choice. "My mother had a good business for many years. So I grew up in it," he said. "I was good at it. I just had a knack. I worked for my mother over the summers, always helped her out. I just found it easy."

The business' services include nail clipping, dog baths, haircuts and ear



NEAL RENTZ PHOTO
Lifelong Carmel resident Christopher Cubic is the owner of Guchi Dog Grooming on Route 52.

cleanings that are all performed by Cubic. "I do it all myself," he said

A dog groomer is not required to earn a degree, Cubic said. However, Cubic said he became certified from the New York School of Dog Grooming in Manhattan.

Cubic said most of his clients come from Putnam County.

Cubic, who described himself as a dog lover who currently owns two canines, said he only works with dogs. He said, "It's hard to handle a cat. I just never had the knack for a cat."

Cubic said there are a series of keys to successfully groom dogs. A groomer needs patience and needs to deal with a dog like you would with a child. "It's kind of like a game," he said. "You kind of outsmart them in their own game." Cubic said he will speak, try to distract or comfort uncooperative dogs.

"I've been around it all my life," Cubic

said of dog grooming. "To me it's like second nature."

Cubic said some of his former clients have begun seeking his services again after learning his new location was up and running. Cubic said his goals for his business was "hopefully get all my clientele back" and work in the business for decades, as his late mother did.

Guchi Dog Grooming is located at 114 Gleneida Ave. (Route 52) in Carmel. For more information call 845-225-7401 or visit its Facebook page.

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Obituaries

Lorraine C. Walzer

Lorraine C. Walzer, 85, of Carmel, died on September 9, at Somers Manor Nursing Home. Mrs. Walzer was born on March 27, 1932 to Arthur and Clara (Durrenberger) Niemeyer in the Bronx. Before she retired Lorraine was an Administrative Representative for NY Telephone in the Bronx. She was also a longtime member of Trinity Lutheran Church. Lorraine is survived by her loving cousin who was raised as a sister; Lillian Wozarik and her sons; Paul and Neil. She is predeceased by her beloved husband, Walter who died in 2005.

Barbara Louderback

Barbara A. Louderback, 77, of Carmel, died on September 10, at Yale New Haven Hospital. Mrs. Louderback was born on April 4, 1940 to Gerald and Catherine (Neuberger) Fleming in the Bronx. On November 24, 1962 she married the love of her life, Richard Louderback at Sacred Heart R.C., in the Bronx and they were blessed with their child Lauren. Barbara retired as a bank teller and dedicated her entire life to her family. She was a devoted wife, a loving mother, grandmother, sister and a friend to many. Her love and devotion to family and friends will continue to grow in our hearts.

Barbara is survived by her devoted husband of 54 years, Richard, her beloved daughter Lauren Loudeback and two cherished grandchildren; Taylor and Adrianna DeSalvo whom she adored and each child held a special place in her heart.

Patricia Chiacchia

Patricia Chiacchia of Mahopac, died on September 11, at the age of 78 surrounded by her loving family. She was born on October 20, 1938 in Bedford Hills, to Clare and Genevieve (Cutler) Daly. She graduated high school from St. Mary's in Katonah. She married the love of her love William Chiacchia on May 25, 1958 in Mt. Kisco. She was a long time member of Faith Lutheran Church in Briarcliff Manor.

Patricia worked for many years at Atlantic Express Bus Company as a Manager in Somers. Patricia is survived by her four loving children Patricia Lataheru, Donna Aceto (Gennaro), William Chiacchia, and Jeffrey Chiacchia (Jeanne); Eight adoring Grandchildren Jessica, Keith, Jacquelyn, Jaime, Billy, Kelly, Teresa, and Nicole. She is also survived by seven cherishing Great Grandchildren Victoria, Cianna, Anaya, Michael, Jayson, Kaiden, Jahzlyne and two brothers Dennis (Gail) Daly and Michael (Linda) Daly.

Carmelina Cavarretta

Carmelina Cavarretta of Mahopac, died on Monday September 11, at the age of 63 with her family by her side. She was born in San Benedetto Ullano, Cosenza, Italy on July 23, 1954, the daughter of Antonio and Ernestina Arturi Pastura. Carmelina was educated in Italy. She married Joseph Cavarretta in Italy on October 17, 1971 and together they emigrated to the United States and settled in Mt. Vernon, before moving to Mahopac in 1982. Carmelina worked for Macy's in the Jefferson Valley Mall for 25 years in fine jewelry sales. She loved shopping, gardening, flowers and flower arranging, but most of all loved spending time with her family, especially with her grandchildren and also her friends. She is survived by her husband Joseph, her children Gino and wife Maria of Yorktown Heights, Anthony and wife Angela of Stormville, Angelina Szabo and husband Michael of the Town of Poughkeepsie, and Joseph Jr. and fiancée Rachel Courtney of Mahopac. She is also survived by her brothers, Peppino, Carletto and Mario Pastura, all of Italy; her sisters Teresa Caracciolo and Maria Gentile of Italy, Gina Musacchio of Switzerland, her twin sister, Franca Schiavone of Italy and Lisa Marchese of Germany and her seven grandchildren, Alyssa, Christopher and Nicholas Cavarretta, Vincent and Juliana Cavarretta and Robert and Paul Szabo. She is also survived by many nieces and nephews.

Victor J. Cancellieri

Victor J. Cancellieri of Mahopac, died on September 11, at the age of 68. He was born in the Bronx on February 8, 1949, the son of Victor and Eileen (Nolan) Cancellieri. Victor worked for the State of New York for the past 25 years as an Automotive Facilities Inspector. He enjoyed the outdoors, traveling and enjoying time with his family and friends. He was a car enthusiast who loved working on cars. Victor is survived by his life long partner Clementine Della Donna, stepson Alexander Della Donna and his wife Alexandra, and his granddaughter Francesca.

Rose Patricia Verbasco

Rose Patricia Verbasco "Patricia", of Patterson, died with her family by her

side on September 13, at Westchester Medical Center. She was 80 years old. Patricia was born on April 22, 1937 in Mt. Kisco, daughter of the late Walter and Rose (Dunn) Hansen. She was a high school graduate of Brewster High School, Brewster. In 1957 she married the love of her life Richard P. Verbasco. Since 1998 they created a family home in Patterson. Mr. Verbasco predeceased his wife on October 28, 2006. Mrs. Verbasco was a Teacher's Aid for disabled children with Education Connection in Danbury, CT of 20 years before retiring in 2002. After retiring she loved spending time with her grandchildren and great grandchildren. Patricia is a member of the Brewster Elks Lodge and also a parishioner at St. Lawrence O' Toole Church. Mrs. Verbasco is survived by her sons; Richard Verbasco, Jr. of Ridgefield, CT and Michael Verbasco of Patterson, her siblings; Alice Schultz of Southbury, CT, Sophia Stokes of Danbury, CT and Conrad Hansen of Beacon, his 2 grandchildren and 2 great grandchildren. She was not only predeceased by her husband but also her son Brian in 1993. A Mass of Christian Burial will be celebrated on Wednesday September 20, at 10 a.m. at St. Lawrence O' Toole Church. Interment of her ashes will follow at St. Lawrence O' Toole Cemetery.

In lieu of flowers contributions in Patricia's memory may be made to the American Cancer Society.

Edward O'Brien

Edward O'Brien of Mahopac, died on Tuesday September 12, at the age of 81 with his family by his side. He was born in Co. Clare, Ireland on July 15, 1936, the son of Edward and Mary Kane O'Brien. Edward emigrated to the United States in 1956. He was the retired owner of The Corner Deli in White Plains. He was a parishioner of St. John the Evangelist Church in Mahopac and among his hobbies, he enjoyed the game of golf. In 1960 he married Ethna Feeley in New York City. In addition to Ethna, he is survived by his son Edward and wife

Carla of Mahopac, his daughters, Helen O'Brien and husband Aidan Gibbons and Anne O'Brien and husband John Lynch, all of Pearl River; his grandchildren, Gabrielle, Olivia and Edward O'Brien, Ava Morgan and Pearse Gibbons and Grace, Catherine, Peyton and Madelyn Lynch; his brother Michael and wife Mary of Ireland, his sisters, Margaret Conlon and Susan Fogerty of Long Island and Teresa O'Rourke of Ireland.

Julianne Benfield

Julianne (Yusi) Benfield, of Brewster, died peacefully on Sep. 14 after a courageous battle with cancer. She was 52 years old. Mrs. Benfield was born on January 23, 1965 in Boston, MA, daughter to Ramon and Joyce (Govaars) Yusi. Julianne was a graduate of Dover-Sherborn High School in Sherborn, MA and continued her education at the University of Massachusetts receiving her bachelor's degree in Hotel and Restaurant Management. After obtaining her bachelor's degree in management she later continued her education at Cochran School of Nursing to become a registered nurse. Julianne was a registered nurse in neonatology at St. John's Riverside Hospital in Yonkers for 20 years before taking leave due to her illness. On April 17, 2012 she married Peter Benfield in Brewster, uniting their two families. Julianne was an active parishioner at St. Lawrence O'Toole Church. Her faith in Christ and support from friends and family assisted her through her battle with cancer. Mrs. Benfield was always active, she enjoyed swimming and skiing. She loved to be at the ocean. Julianne's greatest passion in life was her family. She lived life to the fullest and never gave up. Mrs. Benfield is not only survived by her parents and her husband but also her 5 children; Ciaran Conway and Caitriona Conway both of Brewster, Heather Benfield of Pittsfield, NH, Connor Benfield of Ithaca and Owen Benfield of Brooklyn, and her brother Michael Yusi of East Hampton.



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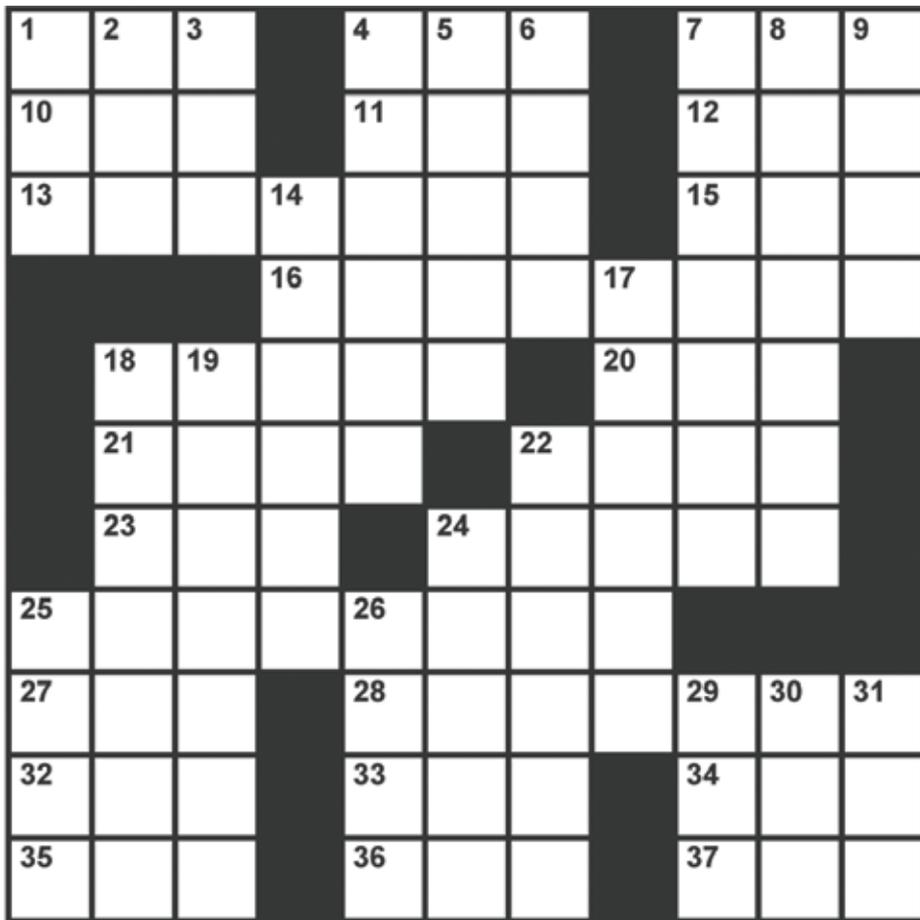
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Crossword Puzzle



Crossword by Myles Mellor

Answers on page 14

Across

1. Seemingly forever
4. Fig. in identity theft
7. Elvis Presley "Viva ___ Vegas"
10. Montreal street
11. Corp. exec.
12. "___ bin ein Berliner"
13. "H's"
15. Prefix meaning "green"
16. Kind of soup
18. Multiplied by
20. British "Z"
21. Getting in shape is a ___ at this Cortland Manor fitness center
22. Lightly cooked
23. Ukraine, for short
24. Sheds
25. Start something new
27. Eastern way
28. Belonging to actor Whitman or Granite Springs fruit farm
32. CPR specialist
33. BBC rival
34. "Solved it!"

35. Wrong beginning
36. Deleted
37. Group of seals

Down

1. Notable time
2. Opposite of 'non'
3. Cyberspace
4. Drag
5. Measures
6. Nibble
7. German guitarist, Ottmar
8. Agrees to
9. Mixologist's measure
14. Sporty Chevy
17. Flowering shrub
18. Rogue wave
19. Tied up
22. Plump
24. Certain print
25. Newsy tidbit
26. Powerful auto engine
29. "Gangsta" genre
30. However, for short
31. Blue

PARC Hosts 25th Annual Cablethon

Putnam ARC, the area's leading provider of services for people with disabilities, will host its 25th Annual Cablethon on Tuesday, September 19, from 6 p.m.-8 p.m. live on Comcast Cable Channel 8.

Hosted by PARC's Executive Director Susan Limongello and longtime supporter Kacey Morabito Grea of WHUD Radio, this two-hour broadcast is PARC's opportunity to celebrate its commitment to empowering individuals to achieve their highest quality of life and applaud the agency's many accomplishments. The event, which first broadcast in 1992, has been PARC's single largest fundraiser each year for the past 24 years.

This year's live broadcast will include discussion of current issues in the area of developmental disabilities, guest interviews, visits from local leaders and members of the business community, and PARC participants and family members.

Recognized as a 501 c (3) in 1954, PARC provides programming and advocacy for over 650 children and adults with developmental disabilities within Putnam County and in southern Dutchess and northern Westchester counties. Money raised at PARC's fundraising events, including the annual

Cablethon, directly benefit and impact people with disabilities.

Pledges and donations may be made in several ways for this year's PARC Cablethon:

1. Send your tax-deductible donation directly to PARC, 31 International Blvd., Brewster, NY 10509. Make checks payable to Putnam ARC.

2. Make a secure, online pledge at www.putnamarc.org/giving-to-parc.html

3. Call in your donation, in advance, to PARC by calling 845-278-PARC, ext. 2287. All major credit cards are accepted.

4. Watch the Cablethon live on Comcast Channel 8 on September 19, 2017 and call in your pledge to (845) 225-5650.

PARC is at the forefront in providing advocacy, programs and services for children and adults with developmental disabilities in Putnam County along with Northern Westchester and Southern Dutchess counties. A top employer and the leader in human services in Putnam County, PARC has been a part of the community since 1954.

To learn more about PARC and the services and advocacy provided, call 845-278-PARC or log onto www.PutnamARC.org.

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Arts on the Lake Celebrates Hoagy Carmichael

On Saturday, September 23, beginning at 5 p.m., Arts on the Lake will host Stardust: A Musical Tribute to Hoagy Carmichael, the renowned American songwriter. This annual AotL Fall Fundraiser party will be held at the Sedgewood Boathouse, 1026 Barrett Circle West, Kent, where Carmichael performed 80 years ago.

His son, Hoagy Bix Carmichael will join the festivities providing memories, insight and stories about his father and the music that has become a legendary part of the Great American Songbook. Carmichael, a composer, pianist, singer, actor and band leader, wrote four of the most recorded American songs of all time including "Stardust," "Georgia on my Mind," "The Nearness of You," and "Heart and Soul." He was an Academy Award winner for best original song in 1951,



Hoagy Carmichael

appeared as a character actor and musical performer in 14 motion pictures, hosted three musical-variety radio programs, performed on television, and wrote two autobiographies.

"I wore my hat on the back of my head and no tie, with a cigarette drooping from my lips, and I lazied through the entire performance," Hoagy said, describing his historic, record-breaking performance at the London Palladium in 1951. Talking about his father, his son said, "That was the image Hoagy created and the world embraced. Behind it, invisible, was someone else--the passionate and poetic

young man he'd once been, the poor kid from Indiana with a fierce ache to succeed."

The doors open at 5 p.m. with wine and browsing of the items available for AotL's popular Silent Auction. Dinner, recollections and the musical tribute will follow. The music will be led by Tim Ouimette with members of the Arts on the Lake Jazz Ensemble and special guest vocalists, Darryl Tookes and Kati Mac. Tickets are available at the Arts on the Lake's web site, www.artsonthelake.org. For information please email office@artsonthelake.org or call 845-228-2686.

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Brewster VFW Auxiliary Seeks New Members

Help support local Veterans! The Brewster VFW Post 672 Auxiliary is looking to expand its membership roster.

Eligible applicants must be citizens of the United States or a United States National, and at least 16-years-old. Those eligible include husbands and wives, widows and widowers, fathers, mothers, grandparents, grandchildren, son, daughters, brothers and sisters of persons who were or are eligible for membership in the Veterans of Foreign Wars of the United States. (Step- and adopted parents, children, siblings and half-siblings, grandparents and grandchildren are considered the same as biological parents, children, siblings, grandparents and grandchildren and may join the VFW Auxiliary under their VFW-eligible veteran.)

Those eligible for membership in the VFW are those that have received a campaign medal for overseas service; have served 30 consecutive or 60 non-

consecutive days in Korea; or have ever received hostile fire or imminent danger pay. Proof of service is required for eligibility and must be obtained by the applicant.

When you join the VFW Auxiliary, you'll have the opportunity to support Veterans, Active-Duty Military and their families. The VFW Auxiliary offers numerous avenues for service, such as hospital volunteering, the adoption of military units and promoting patriotism. Anyone with a heart for veterans can count their membership as an important way to stand with veterans and the military community on Capitol Hill and in local legislative battles affecting them. The VFW Auxiliary offers numerous ways for members to acquire and utilize skills such as leadership, public speaking, fundraising, event planning and community outreach. Through local and national events, members have the chance to meet people from all walks of life and

many career backgrounds, creating a vast network of people who are passionate about veterans, active-duty military, and their families.

The VFW Auxiliary is pleased to offer members access to one of the nation's largest networks of money-saving products and services in the insurance and benefits industry. Discounted policies

for life, health, accident, long-term care and dental insurance, along with many other benefit plans - including local offers! Credit cards and certain financial services are available through USAA.

For more info about joining the Brewster VFW Auxiliary, email the Post at HQ@vwfpost672.org or call them at 845-279-6969 after 3 p.m.



PROVIDED PHOTO

The Brewster VFW headquarters.

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Brewster Burglar Gets State Prison Time

The Putnam County District Attorney's Office announced last week the conviction of William J. Gambichler, 24, of Southeast, of Burglary in the Third Degree, a class D felony. The defendant pleaded guilty on June 13, and was sentenced by the Honorable James Reitz on September 5, to a term of 2-4 years in state prison.

At approximately 9:50 a.m. on March 18, an alert employee at a nearby business observed a vehicle drive up to the closed Brady Stannard car dealership located at 1015 Route 22 in Southeast. The witness observed the defendant exit the vehicle, walk behind the dealership, and return a few minutes later carrying a plastic bag. Knowing that the dealership was closed, the witness immediately called the police.

Gambichler, a previously convicted felon, confessed to members of the Putnam County Sheriff's Office that he had in fact broken into the dealership. A search of the immediate area resulted in the recovery of the stolen cash register. Forensic analysis later revealed Gambichler's fingerprints on the cash register.

District Attorney Robert Tendy would like to thank the diligent eyewitness



William J. Gambichler

who called the police after observing the suspicious activity. "If you see something, say something, so together we can continue to keep Putnam County Safe".

The case was prosecuted by Assistant District Attorney Larry Glasser.

Crossword Answers

1	E	2	O	3	N	4	S	5	S	6	N	7	L	8	A	9	S
10	R	U	E			11	C	T	O			12	I	C	H		
13	A	I	T	14	C	H	E	S				15	E	C	O		
				16	A	L	P	H	17	A	B	E	T				
		18	T	19	I	M	E	S		20	Z	E	D				
		21	S	N	A	P			22	R	A	R	E				
		23	U	K	R			24	M	O	L	T	S				
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Mahopac Falls FD Holds Open House

Earlier this month on Sep. 10 turned out to be a beautiful day and a great one to go down to the Mahopac Falls headquarters for their Open House. The fire department opened their doors and put everything on display. New purchases of turnout gear, a new truck and Dive Team equipment were out for all to see. Joining the fire fighters, Sheriff Don Smith brought down Deputy Dalo and new K-9 Lex, the Lake Patrol unit, the Putnam County Emergency Response Team vehicle and two deputies that helped parents with the woes of installing car seats. Lunch was put out for those who came to visit between the many "circuits" of firefighter and EMS life. Many of the children got the thrill of seeing BBQ fires and sitting in real fire trucks and some parents found out what Firehouse life is and what we do for our neighbors and community.

PROVIDED PHOTOS



Lunch is served.



Deputy Dalo with Lex (a real crowd pleaser).



Future Firefighter/Paramedic Sam showed up "ready to roll" with the big boys.



Sheriff Don Smith presents future Eagle Scout and Firefighter Kevin Behrent a Sheriff's pin.



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The Rise and Fall of Antiques Collecting

"Sorry, but nobody's interested in antiques anymore," the antiques dealer told me as he declined my request to buy back some of the many items I had purchased from him over a 25-year period.

What? Aren't there hordes of people out there who would want my precious collectibles now that I was downsizing?

"Apparently not, not anymore," he said.

I'm of an age where I can clearly remember the fervor with which we celebrated the 200th anniversary of our country, and Americans were very much into their history, including how they lived at home. Historic houses held a special charm for buyers and everyone seemed to be into antiques collecting, including my wife and me. Why, suddenly, is the interest in antiques dead?

Having originally studied to be a museum curator specializing in American furnishings, I came to my interest in antiques both by education and inclination. The greatest influence surely was having attended The College of William & Mary in Williamsburg,



By Bill Primavera

Va. I felt a real affinity to my surroundings there and all the decorative objects that to me seemed infused with the hopes and dreams of those Americans who came before me.

Or maybe my interest stems from the fact that I'm a first-generation American with no family heritage here, and I wanted to purloin that of others. I started collecting old things as a bachelor and was fortunate to find a wife who developed the same interest.

The real explosion in our collecting came when we moved from the city to Westchester more than 40 years ago. In the city, we lived in the first two floors of our historic home (circa 1826), comprising 2,000 square feet and only two bedrooms. There was only so much room for collectibles.

Our move to the country was to a home that was twice as large, affording us plenty of room to spread out and add to our already considerable collection of antique furniture and other items that decked the walls and tabletops. There seemed to be no quenching our thirst for finding special, precious things to

add to our collection. It was our hobby to the point of obsession, with many weekends designated for trips to local antique shops that existed at the time and further north to roadside dealers.

When it came time a couple of years ago to downsize, I thought it would be an easy chore to pass on many of our treasures, big and small, to other proud owners. I was wrong. After my first rejection mentioned above, I called a second shop where I had bought many items in the more recent past. In fact, one year, the owner gifted my wife and me with a Christmas present for being her top customers of the year. My messages were not returned.

A third inquiry to a dealer yielded the suggestion that I call an auction house to come pick everything up "if you can get them to come."

I then ventured into all my marketing techniques and held an open house for collectors and managed to unload some things, but at bargain basement prices. The one antiques dealer that did come by selected only a few items.

So why is the interest in antique collecting dead? One blogger, a former antiques dealer, seems to have summed it up very well.

"There's a whole new mindset taking over. The up-and-coming

generations are embracing things such as minimalism and living off the grid. Many of the younger generation are devoted to economies, going green and living simply. The prevailing thought is that less is more; get rid of those vintage, fancy objects. Out with the old."

However, I hold the hope that perhaps someday millennials may notice that the 19th century oak kitchen table with claw feet like the one I left in the kitchen of the house I just sold will last a lot longer than some of the pressed-wood furnishings one is likely to find today. When that day comes, maybe people will get excited about antiques once more.

As a footnote to my troubles with unloading the extra furnishings and antiques I had collected, I would advise others to consider the service Maxsold that I have since discovered. It's a service that guarantees it will do the job for you. To learn more, call 1-888-672-3677.

Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. (www.PrimaveraPR.com). His real estate site is www.PrimaveraRealEstate.com, and his blog is www.TheHomeGuru.com. To engage the services of The Home Guru to market your home for sale, call 914-522-2076.

My Go-to Wine to Pair With A Wide Range of Dishes



By Nick Antonaccio

My wife and I enjoy many cuisines. And of course, we enjoy pairing our favorite foods with complementary wines.

Regardless of the venue, we invariably dedicate a fair amount of time to selecting that perfect bottle of wine that will bring out the essence of the dish at hand. More often than not, this continuous experimentation results in a meal that is satiating and satisfying. Whether the foundation of the meal is a family recipe, a first-time effort from an enticing online recipe or simply a selection from one of the multiple takeout menus buried in a kitchen drawer, we invariably expend an inordinate amount of time with our wine selections.

As much as we enjoy this exercise, over time we've selected go-to styles of wines for specific meals. Pasta dishes? Chianti Classico is a reliable choice. A light seafood dish? Sancerre rarely disappoints. American farm to table, vegetable dominant dishes? Italian Vernaccia satisfies a broad palate of flavors. Asian spicy dishes? This is the one cuisine

with which we have the most difficulty.

The spices in many Chinese, Thai, Vietnamese and Indian dishes conflict with the acid and fruit balances of many wines. Likewise,

the inherent heat of a number of these dishes can easily overpower all but the most acidic – or sweet – wines.

The one wine we find ourselves gravitating toward when enjoying an Asian meal redolent of exotic coriander or turmeric spices, layered with hot Ghost peppers, Thai chiles or Szechuan peppers and simmered in hot oil, is sparkling wine.

The slight acidity and the complex bouquet of a number of sparkling wines complement multiple Asian sauces while the bubbles cut the spice and oils in the dish, acting as a palette cleanser with each sip.



Sparkling wines are one of the most versatile wines. They are equally suited for food extremes such as guacamole dip with blue corn chips, or a blueberry tart or French blue cheese. Their acidity and crispness highlight the acidity or the

You Heard It Through the Grapevine

creaminess of many foods; the effervescence cuts through the fattiest of foods.

The consternation consumers face in selecting a sparkler is the broad and deep offerings

of these wines, which are produced in numerous wine regions across the world.

To fully understand the vast array of sparkling wines available in the marketplace, a brief primer is in order.

France dominates the market for fine sparkling wines – in reputation and in high price points.

Sparklers produced in French geographic regions other than Champagne are designated as Cremant, notably from the Burgundy and Loire Valley regions. In Italy, these wines are Prosecco; in Spain, Cava; in Germany, Sekt. In the United States and most of the remaining wine regions, the designation is simple and easy to understand: sparkling wine.

There are three common methods of producing sparkling wines that essentially dictate the style of the end product. The most common method is to introduce natural yeasts in individual bottles, commonly referred to as "Méthode Champenoise." This method results in the most complex and refined wines of France, Spain and much of the United States.

Next is the "Charmat" method, in which natural yeasts are introduced in tanks rather than individual bottles. Prosecco is produced in this manner. These wines tend to be a bit lighter and creamier. Third and least desirable is the direct injection of carbon dioxide into tanks of wine (think carbonated soft drinks).

In my opinion, French sparkling wines are the epitome of this category – and the best pairing for a diverse range of food. But there is a rather high price to be paid, typically beginning at \$50. As a price-competitive wine of excellent quality and food compatibility, I prefer the Cavas of Spain, the majority of which are under \$20. Proseccos, also under \$20, tend to be more of a quaffing sparkler than food compatible.

I encourage you to experiment with sparkling wines when planning a meal. Striving for balance in flavors and aromas will result in an overall dining experience that exceeds the sum of its parts.

Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.

Happenings

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Nikki Gallagher at nikki@theexaminernews.com

Tuesdays:

Spotlight Family Support Group, Mahopac Library, Periodical Room 6:45 p.m.-8 p.m. Meets every other Tuesday starting Oct 10, Oct 24, Nov 7, Nov 21, Dec. 5 & Dec. 19. This is a guided recurring support group for family and friends suffering with the effects of a loved one that has a problem with drugs or alcohol. For more information contact Drug Crisis in our Backyard 845-842-1212. No registration is required.

Spanish Class: Are you interested in learning one of the most romantic and widely spoken languages in the world? Mahopac Public Library is offering a 10-week Beginning Spanish Class for adults, led by Marcos Fernandez, starting on Tuesday, September 19. In this one-hour class, which is held from 6:30-7:30 p.m., students will learn to speak and read Spanish in a useful, fun, and interesting way. If you are traveling to a Spanish speaking country, or just want to brush up on your language skills, this class will give you the confidence to ask questions, shop for food or other items, make future travel plans, order meals in a restaurant, and much more. The class fee is \$40 per person; registration with payment is required. Cash, check, or credit card is accepted; stop in and register at the Library's Information Desk.

Thursdays:

Spanish Story Time programs for Children – La hora del cuento – begin at Mahopac Library on. At 10 a.m., the Library will offer story time for young children under 2 years old accompanied by an adult caregiver. Enjoy this exciting program of Spanish stories and music; this drop-in program continues through November 16 – no registration required. Story Time: On Thursdays at 11 a.m., children 2-5 years old can participate in a Spanish story time – no registration needed. (La hora del cuento para niños de 2 a 5 años (sin registro previo). For more information about these new

Spanish story time programs, visit www.mahopaclibrary.org, or call 845-628-2009, ext 139.

Flu Clinics:

Three public flu clinics are scheduled for the fall. Hosted by the Putnam County Department of Health (PCDOH), the first clinic is Monday, September 25, at the Carmel Fire Department, Route 52 and Vink Drive in Carmel. The second is on Wednesday, October 18, at the Garrison Fire Department, 1616 Route 9; the third is Monday, October 23, at Carmel Fire Department again. The health department's skilled and experienced public health nurses will be giving flu shots at each site from 2 to 6:30 p.m. For more information, please visit our County website at www.putnamcountyny.com; or visit our social media sites on Facebook at www.facebook.com/putnamhealth and Twitter @PutnamHealthNY.

Tuesday, September 19

Adult Spanish Class: Are you interested in learning one of the most romantic and widely spoken languages in the world? Mahopac Public Library is offering a 10-week Beginning Spanish Class for adults, led by Marcos Fernandez, starting on Tuesday, September 19. In this one-hour class, which is held from 6:30 p.m.-7:30 p.m., students will learn to speak and read Spanish in a useful, fun, and interesting way. If you are traveling to a Spanish speaking country, or just want to brush up on your language skills, this class will give you the confidence to ask questions, shop for food or other items, make future travel plans, order meals in a restaurant, and much more. The class fee is \$40 per person; registration with payment is required. Cash, check, or credit card is accepted; stop in and register at the Library's Information Desk.

Saturday, September 23

Catholic Daughters Tag Sale: Also September 24 at St. John's Church after all masses, 221 East Lake Blvd., Mahopac. 845-628-2006

Oils in your Life: Come to the Kent

Library from 11 a.m.-1 p.m. and learn how to use essential oils in your daily life could help you make this the best school year yet! Can it help boost your immune system? Help with stress, anxiety and sleep? Come find out!! Class is presented by Gloria "CoachGlo" Favreau and Isabel Chase. Program is for adults. Registration is required. You may register for the program by going to www.kentlibrary.org or calling the Kent Public Library at 845-225-8585. The library is located at 17 Sybil's Crossing, Kent Lakes.

How to Get Published: 1 p.m., Literary Agent Jan Kardys shares her years of publishing experience in this comprehensive workshop. Learn what you need to know to get your work onto the bookstore shelves. This program is open to adults and teens age 16 and over. For more information or to register, contact the Patterson Library at 845-878-6121 x10 or go to www.pattersonlibrary.org and click Calendar.

The Brewster Public Library is offering a Defensive Driving class: 9 a.m.-3 p.m. Receive a discount on your motor vehicle collision and liability insurance premium as well as point reduction on your driving record. Cost is \$40 with a portion of the proceeds benefiting the library. The class is being conducted by DigitalDefensiveDriving.com. Advance registration is required. Please note: This class will be held at the Southeast Museum, 67 Main Street, next door to the library. For more information call 845-279-6421 or visit <http://tinyurl.com/y8x3nolw>.

Sunday, September 24

Music: 4 p.m. Trio Kisosen. David Colwell, violin, An-Lin Bardin, cello, Naomi Niskala, piano. Brahms, Mendelssohn, and Schubert. Admission is free, contributions are welcome. The Chapel Restoration, 45 Market Street, Cold Spring www.chapelrestoration.org 845-265-5537.

Henry Louis "Buster" Gehrig played 17 seasons in Major League Baseball for the New York Yankees, from 1923 through 1939. Voted the greatest first baseman of all time by the Baseball Writers' Association in 1969, the Lou Gehrig Memorial Award is given annually to the MLB player best exhibiting his incredible integrity and character. Carol Birch, a master story teller, brings Gehrig's story to Mahopac Public Library. 2 p.m., This storytelling event is part of the BMM10 (books, art, music in Mahopac) Concert Series which is funded by Tompkins

Mahopac Bank, PCSB Bank, and the Sylvia B. Henschel Fund, a bequest to Mahopac Public Library. Additional funding has been provided, in part, through the Putnam Arts Council's Arts Link Program with public funds provided through the NYS Council on the Arts with support from Governor Andrew Cuomo and the NYS Legislature and with public funds from Putnam County. Public and local business support enables the Library to present the BMM concerts with no admission charge. Instead, concert attendees are invited to participate in the BMM Lends a Hand Project by bringing non-perishable food items to donate to a local food pantry to help our community members in need. For information about the BMM concert series, or to register for this concert, please call 845-628-2009, ext. 100.

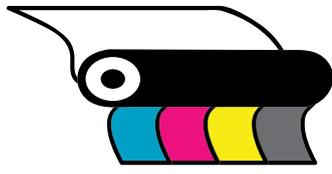
Music Sunday, September 24 at 4 p.m. Trio Kisosen. David Colwell, violin, An-Lin Bardin, cello, Naomi Niskala, piano. Brahms, Mendelssohn, and Schubert. Admission is free, contributions are welcome. The Chapel Restoration, 45 Market Street, Cold Spring. www.chapelrestoration.org 845-265-5537.

Monday, September 25

The League of Women Voters of Putnam County, in cooperation with Mahopac Public Library, will hold a Panel Discussion: 6 p.m.-8:45 p.m., at the Library. The panelists will review the history and process of the constitutional convention, discuss some possible issues that might be addressed by the convention delegates, and the pros and cons thereof. Questions from the audience will be read by the Moderator, and addressed by the panelists. Registration for this program is requested; walk-ins are welcome. To register visit www.mahopaclibrary.org, or call 845-628-2009, ext. 100. Students are encouraged to attend this event.

The New York State Constitutional Convention.

Every 20 years New Yorkers have the chance to vote on whether they want to hold a constitutional convention to amend, tweak or improve the founding document of the state. 6 p.m., Learn about the history and process of holding a convention, and the potential issues that may be addressed. The talk is presented by the League of Women Voters in partnership with Mahopac Public Library. Registration is requested; register online at www.mahopaclibrary.org, or call 845-628-2009, ext. 100.



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NOTICE OF FORMATION OF CHARLES RHEIN PROJECTS, LLC. Arts of Org filed with Secy of State of NY (SSNY) on 06/26/2017. Office loc: Westchester. SSNY designated as agent upon whom process against it may be served and shall mail process to the principal business address: **613 Viewpoint Terrace, Peekskill, NY 10566.** Purpose: any lawful act or activity.

NOTICE OF FORMATION OF CIROCCO DEVELOPMENT LLC. Arts of Org filed with Secy of State of NY (SSNY) on 08/03/2017. Office loc: Westchester. SSNY

designated as agent upon whom process against it may be served and shall mail process to the principal business address: **543 Main Street, Apt. 610, New Rochelle, NY 10801.** Purpose: any lawful act or activity.

NOTICE OF FORMATION OF DARK ABYSS, LLC. Arts of Org. filed with SSNY on 07/31/2017. Office Location: Westchester County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to **135 Clarence Road, Scarsdale, NY 10583.** Purpose: any lawful act or activity.

NOTICE OF FORMATION FOR A DOMESTIC COMPANY OF SMALL BOOK CLUB, LLC. Articles of Org. were filed with the NY Secretary of State (NS) on 7/25/2017, with an office location in Westchester County at 75 Virginia Road, R1, White Plains, NY 10603 and Marco Vitolo is designated as agent upon whom process may be served for any lawful purpose. It's main purpose, but not limited to, is membership and advertising.

NOTICE OF FORMATION OF CLIMATE SHIELD HEATING AND COOLING LLC, Articles of Organization filed with the Secretary of State of New York (SSNY) on 07/27/17. Office location: Westchester County. SSNY has been designated as agent upon whom process against it may be served and shall mail a copy of process to: **Climate Shield Heating and Cooling LLC, 195 Washington Ave, New Rochelle, 10801.** Purpose: Any Lawful Act or Activity.

NOTICE OF FORMATION OF PURPLE HEART PRODUCTIONS, LLC. filed with the Secy of State of NY (SSNY) on 08/16/2017. Office loc: Westchester. SSNY designated as agent upon whom process may be served and shall mail process to the principal business address: **5 South 16th Ave. Apt.39, Mount Vernon, NY 10550.** Purpose: any lawful acts.

NOTICE OF FORMATION OF PIONEER INTERCOM SERVICES, LLC. Arts of Org. filed with Sect'y of State of NY (SSNY) on 05/16/2017. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **2 Sunnyside Dr., Suite 4B, Yonkers NY, 10705.** Purpose: Any lawful activity.

NOTICE OF FORMATION OF C. WILLIAMS LLC. Arts of Org. filed with Sect'y of State of NY (SSNY) on 08/29/2017. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **464 S. 10th Avenue, Mount Vernon, NY 10550.** Purpose: Any lawful activity.

NOTICE OF FORMATION OF NEW SOFTWARE SOURCE, LLC. Art. of Org. filed with the SSNY on 8/9/2017. Office: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to: **United States Corporation Agents, Inc., 7014 13th Ave, Ste 202, Brooklyn, NY 11228.** Purpose: Any lawful purpose.

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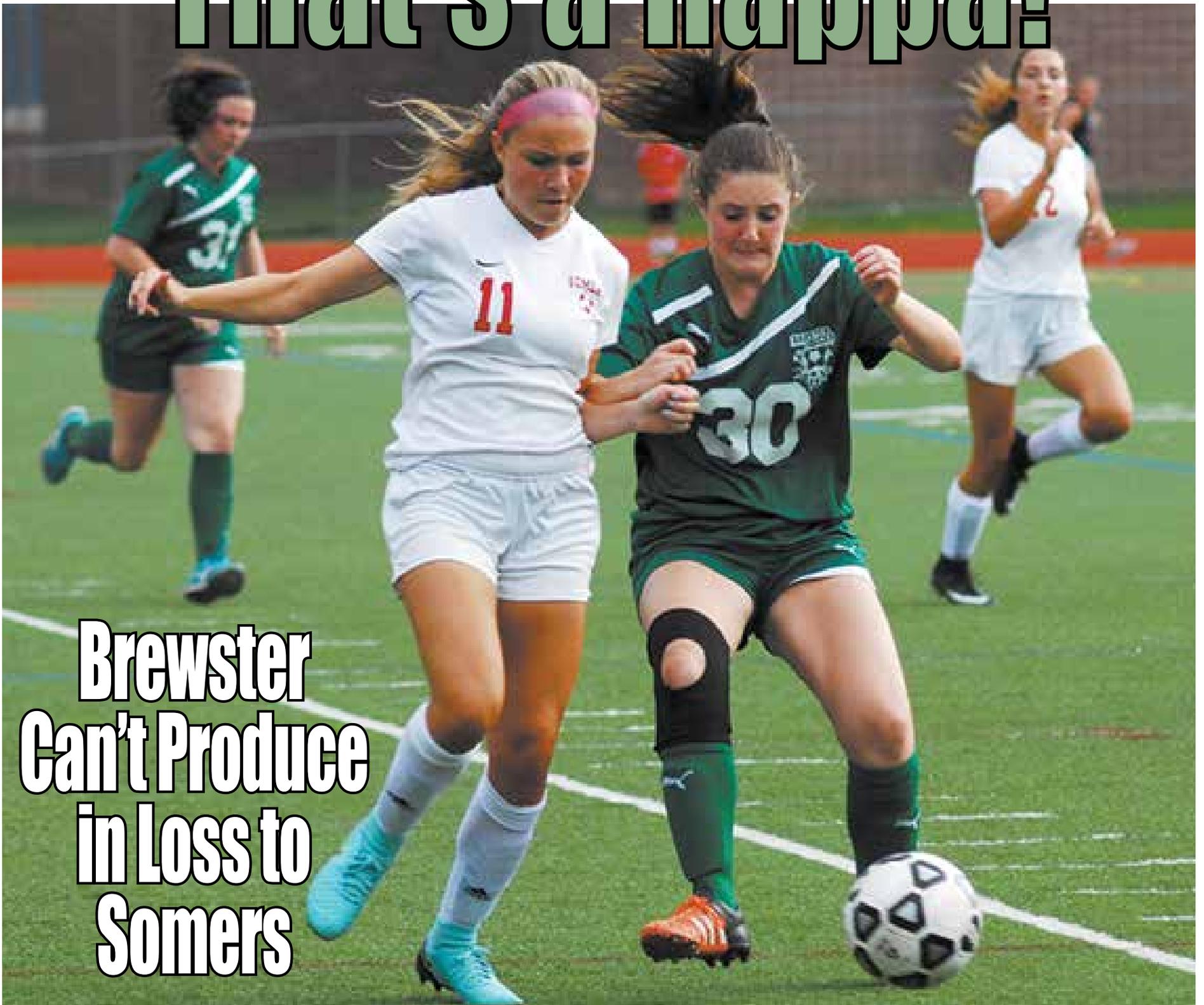
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That's a Rappa!



**Brewster
Can't Produce
in Loss to
Somers**

RAY GALLAGHER PHOTO

Brewster's Angelina Rappa (30) and the Bears' defense were forced to work overtime in their 5-0 loss to Ella Beresford and the Somers Tuskers last Thursday... see Soccer Notebook

Carmel Three-Peats, Defeats Mahopac, 15-14, for Higgins Trophy

Class A No.1-Ranked Somers, No.3 Yorktown Remain Undefeated

By Ray Gallagher
Examiner Sports Editor
@Directrays

Visiting Carmel won the game, 15-14, over League AA-North rival Mahopac last Friday night before a spectacular SRO crowd, but Putnam County was the biggest winner in the 30th renewal of the Bryan Higgins Memorial Trophy game, which the Rams retained the rights to for a third-straight year.

Carmel (3-0) RB Nick Heis, the hammer-wielding senior, ran for 106 yards on 20 carries, setting up a pair of one-yard paydirt plunges from junior QB Peyton Cayea (5 for 10, 109 yards in the air). Pearce Millard's short, first-quarter field goal opened the scoring and proved to be the difference in a back-and-forth affair.

"We showed perseverance," Cayea said. "And our defense just locked up on their



RAY GALLAGHER/RICK KUPERBERG PHOTOS

Carmel players pose with the coveted Higgins hardware after defeating Mahopac for 3rd straight year last Friday.

John Jay EF this Friday (7 pm). "Tonight, was just a tale of mistakes, too many mistakes in the first half. The rivalry game and the emotional dynamic certainly played into it. At the end of the day, Carmel made less mistakes than we did and walked away with the win. We have to learn from this and I think we will."

Carmel Coach Todd Cayea agreed that Mahopac put on a great show and Putnam County's greatest rivalry got its juice back.

"I didn't know what to expect because Mahopac looked so much better on film from Week 1 to Week 2 and Dom has them believing in themselves," Rams Coach

Todd Cayea said. "The way we came out physically in the first half I felt like we were handling them and I thought we were going to be fine, but we made so many mental mistakes. I was concerned because we hadn't built a big enough lead and they changed the momentum behind Cegielski, he's a great player. My hats off to that team because they never gave up,

continued on next page



Carmel junior Joe Mascetta eludes tackle of Mahopac senior John Dingam in Rams' 15-14 win over Indians last Friday.



Carmel Coach Todd Cayea improved to 16-8 against Mahopac since 1995.

but strutted its stuff in the second half under first-year Coach Dominick DeMatteo, taking a 14-9 lead and providing the Mahopac Maniacs with the spectacle of their young lives, including pre-game and halftime fireworks and dudes dropping in from planes with an American flag. It was majestic stuff,

the kind of stuff that makes communities come together.

Mahopac QB Ryan Dugan connected on 11 of 18 passes for 85 yards, including a 14-yard TD strike to WR Rheel Allen

on a fourth-and-1 play with 8:42 left in the third. Cegielski had 16 carries for 76 yards, including a 30-yard TD dart up the gut for a brief fourth-quarter lead.

As the dust cleared from the end zone fireworks, though, Carmel answered in the form of Heis. His punishing style was the perfect complement to Sam Duke's jukes. And with 7:40 to go, Cayea gave the Rams a 15-14 lead before the two-point PAT try failed, setting off the raucous, black-clad Carmel

Crazies. "It was completely my offensive line," Heis said. "All I did was see the holes. Our last scoring drive, they made the best blocks possible. I couldn't ask for a better line to run behind. It feels great, it's a night I'll remember forever. Mahopac's a great rival and they gave us a tough game."

Mahopac has come a long way quickly, upsetting Arlington in Week 2 and playing Carmel to the bitter end, but mental miscues and penalties cost the Indians and the game was costly in terms of injuries, too.

"We established the fact that we have very, very good team character," DeMatteo said of his Indians, who will face host



Carmel RB Nick Heis trucked dudes all night long en route to a 100-yard rushing game in 15-14 win over Mahopac.



Mahopac junior RB Tim Cegielski scored a TD and kept Indians within striking distance in 15-14 loss to Carmel last Friday.

final drives, and shout-out to our O-line for getting yards every time we needed to. Nick Heis and Sam Duke ran it hard all night behind them guys."

Mahopac (2-1) trailed 9-0 at the half

continued from previous page



Yorktown RB Brandon Meyreles outraces Hen Hud's Jon Basler in Huskers' 28-14 win over Sailors last Friday.

but I was very proud of our response after we went down. The game had some juice, though, and the place was packed. It was just great to see the rivalry get going again. It has lost some steam the last couple of years but it came back big time tonight



Hen Hud's Alan Porter-Jackson (28) and Yorktown's Nick Campanaro soar for ball A-P-J would come down with in Huskers' 28-14 win over Sailors last Friday.

and tonight was Heis' night. We just kept giving him the rock because he was running extremely hard."

Carmel vs. Mahopac notes: without the internet to provide info before the turn of the century, the following nuggets are fairly accurate but not 100%

guaranteed: Carmel holds a 25-20 edge over Mahopac since 1974; Carmel won 10 of 11 Higgins games from 1997-2008; the first Higgins trophy game was 1988, won by Mahopac with a 9-0 regular season; since 1988 Carmel holds a 19-11 edge for Higgins trophy rights; Peyton Cayea joined his uncles Frank and Eric Heitman as QBs in the same family, combining to go 4-1 as starters under

center against Mahopac in Higgins games; Carmel has gone 16-8 since Coach Cayea took over in 1995.

In **OSSINING's** 21-20 win over Ketcham, Pride QB Jahseem Gray threw a touchdown to Z'air Field with 11.5 seconds left and QB Isaiah Beltran then found Josh Manning for a game-winning two-point conversion. Field shined on defense as well, returning a fumble 80 yards for a score as the Pride erased a 14-0 deficit; in part due to Coach "Riverboat Dan" Ricci's outside-the-box thinking.

CLASS A

YORKTOWN RB/LB Brett Makar continued his case for Player of the Year honors. Makar routinely makes incredible plays on both sides of the ball, and Hen Hud had no answer for him on either end in the undefeated Huskers' 28-14 come-from-behind win.

The Sailors (1-2) looked every bit the part of a contender, leading 14-7, until Makar assumed total control of the game, along with fellow senior and close chum Brandon Meyreles. The duo rushed for nearly 400 yards and all four Yorktown TDs as the Huskers scored the last 21 points to remain unbeaten.

Makar finished with 16 carries for 215 yards and two touchdowns, adding eight tackles, an interception, a sack and a fumble recovery on defense. RB/DB Meyreles carried 10 times for 150 yards and two scores, adding a pick on defense. Dylan Smith and Justin Comeford also had interceptions for Yorktown (3-0), who looked the part of the third-ranked team in NYS in the second half. Hen



Carmel player storm field after defeating Mahopac 15-14 last Friday.

Hud QB Manny Carbone fired first-half touchdown passes to Donte White and Alan Porter-Jackson.

State-ranked No.1 **SOMERS** made short work of visiting **BREWSTER** in a 41-0 rout. Somers (3-0) QB Kevin Olifiers did get some major work in this week when he hit on 7 of 12 passes for 130 yards and three touchdowns and also rushed for a touchdown. Tusker TE Jack Gilroy and RB Antonio Vieira each snared a pair of TD catches. The Somers defense, which has been tough to run or pass against, had eight tackles for a loss and ball-hawking DB Ryan Elliott recorded his seventh interception of the season. DB Vincent Cartelli had another for the Tuskers, who should get a serious test this Saturday against unbeaten Our Lady of Lourdes in what translates into the game of the week.



Mahopac QB Ryan Dugan eludes Carmel senior Michael Hassan in Indians' 15-14 loss to Rams.

"All is looking good and we are ready for our senior game this week," Olifiers said. "The O-line is getting better by the day, soon they'll be a force to be reckoned with."

Ranked No.1 and No.3 in NYS, respectively, Somers and Yorktown could be on that championship collision course again.

QB Brandon Hodge and RB Jacob Liebert led the Panthers to a 21-20 win over Tappan Zees. The duo connected on two second-half TD strikes. Hodge threw for a career-best three touchdowns and ran for 100 yards. Liebert churned out 114 yards and caught three passes, two for scores, including the game-winner.

LAKELAND (1-2) posted a 35-0 win over Peekskill, scoring all 35 before the half. **CLASS B/D**

PUTNAM VALLEY improved to 2-1 courtesy of a forfeit by Croton-Harmon, which has a combination of injuries and off-field issues currently killing this once-prideful program. PV will visit Hastings Saturday...

HALDANE is looking pretty sweet at 2-1 after its 40-18 win over Onteora, this

on the heels of its loss to state-ranked Woodlands in Week 2. Blue Devils QB Brandon Twoguns was a man on a mission, rushing for a career-best 143 yards and three TDs on just 13 carries. Haldane RB Sam Giachinta was another legit option, adding 125 yards and a score on just 14 totes. Twoguns was slinging it, too, hitting on 3 of 4 passes for 90 yards, including a 60-yard TD strike to sophomore WR Matt Champlin, who has added another major dimension to the Blue Devils.

NWE/Putnam Examiner Grid Poll

No.1 SOMERS – There are two huge games in Class A this week that could determine who will be among the top seeds come playoffs: Lourdes vs. Somers is one of them. Winner gets the inside track toward a potential No.1 seed. Can't see Somers losing, though.

No.2 YORKTOWN – With state-ranked Rye coming to Yorktown this week, the Huskers will know if they have what it takes to run with the upper crust of Class A this year. This game is huge on many levels.

No.3 CARMEL – At 3-0, the Rams are sitting pretty atop League AA-North (2-0), and they face a streaky Arlington team that comes in fresh off its monstrous win

over John Jay EF, who many considered the pre-season favorites in the league.

No.4 MAHOPAC – Indians are nicked up and will be short-handed against a unforgiving John Jay EF team this Friday on the road; not at all an envious situation.

No.5 HEN HUD – The Sailors, the best 1-win team around, get the five-spot by default and will face Lakeland Saturday with a chance to get their season back on track, but a loss to the one-win Hornets would be devastating. The Hornets (1-2) shut out Peekskill (1-2) for their first win and the Hornets believe they can play with the Sailors; this much I know #WeShallSee about that.

Somers, Mahopac Kicking Up Storm on Girls' Circuit

Lakeland Defeats Somers Boys, 1-0; Don't Sleep on Brewster

By Ray Gallagher
Examiner Sports Editor
@Directrays

SOMERS girls' soccer Coach Paul Saia knows a good thing when he sees one, so he went ahead and moved senior captain Clair Mensi from defense to midfield, and the results have been fruitful, including the two goals she netted in the Tuskers' 5-0 win over Brewster last Thursday.

Mensi and Sarah DiRubbo each scored two goals and added one assist for the Class A Tuskers, who may be in a slight rebuilding mode, but it's "next girl up!" for Somers where they have done nothing but dominate for years. Megan Dineen also scored in the win against the Bears,



Somers senior Clair Mensi looked like one of the best players in the section, scoring twice in 5-0 win over Brewster.

who kept it close for a half. Danielle Cucchiarella, Karlene Kurtz, and Dahlia Pepe added assists for the Tuskers.

MAHOPAC served serious notice to Class AA with its 3-1 win over Mamaroneck last Thursday. Carly Steinberg, a sophomore with a booming foot, had one goal and an assist for the surging Indians (4-1). Ailis Martin added another for the Indians while Samantha Colatruiglio notched two assists. The Indians got back to their possession game against Carmel, too, posting a 7-0 win behind a hat trick from Steinberg, who also set up three more tallies. The Indians' lone loss against Greeley may have served as a wake-up call as they got back to their possession game rather than kick and chase last week.

YORKTOWN posted an impressive 2-1 win over John Jay EF behind goals from



RAY GALLAGHER PHOTOS

Brewster G Jessica Miele makes save in 5-0 loss to Somers.

Emily Metz and Ariana Pjetri.

PUTNAM VALLEY could be a force in Class B this season, what with the Tigers off and running at 5-0. Putnam Valley shut out Pawling, 2-0, when Maddy Deegan scored both goals, and the Tigers followed that up with a 2-1 win over North Salem with Lindsey Cohen dropping both goals for PV. The Tigers are off to the best start in school history.

BOYS SOCCER

Don't sleep on **BREWSTER** and **LAKELAND** may have reigning NYS champion number; those were just some of the things to come out of the Class A soccer circuit last week. Brewster's 2-1 win over Lakeland served serious notice that the Bears mean business.

Bear M Edwin Lopez scored from Brian McKee in the 30th minutes by Lakeland answered in the form of Carlos Del Monte



Brewster's Sadie-Mae Fischer-Diotte cranks shot as Somers' Danielle Cucchiarella defends in Tuskers' 5-0 win over Bears.

(from Kyle McHale) five minutes. Brewster's Marko Poljak scored the game-winner from Daniel Hasa in the 73rd minute and Charbonneau (10 saves) held down the fort.

"We are excited about what is possible with our team this season," Brewster Coach Scott Potusek said. "We feel like we have the opportunity to do something special if we stay focused, find ways to improve every day and focus on the task at hand. I think we have the ability to play really well, and we haven't had our best game yet. We have a tough league, so the first time around that schedule and then back is going to be difficult each and every game. We are looking forward to it and to having fun along the way, too."

Bears G Mike Charbonneau then added a 3-0 shutout over Panas to the list of big doings, including a rare save on a PK. Potent Brewster M Edwin Lopez scored twice for the Bears (5-2) and Marko Poljak added another.

In Lakeland's 1-0 shutout of Somers, Kyle McHale's free kick with 21 minutes left in game decided the outcome. Lakeland keeper Andres Lopez made seven saves



Brewster's Katie Delfay heads one forward in 5-0 loss to Somers last Thursday.

to blank the proficient Tuskers. The state-ranked (No.5) Hornets improved to 5-1-1, 3-1 in league play.

Somers Coach Brian Lanzetta called it a "wake-up call" for the state-ranked (No.13) Tuskers. Lucas Fecci, Somers' talented junior forward, admitted the Tuskers didn't play with enough vim and vigor against a Lakeland team that defeated Somers last year, too.

"We came out way too flat and the energy just wasn't there from the beginning," said Fecci, who scored twice within the final 10 minutes in a 3-2 come-from-behind win



Somers' Sloan Ramsey (16) and Brewster's Gabriella Jakobsen battle for 50-50 ball in Tuskers' 5-0 win over Bears.

over Mahopac. "They just wanted it more, but it was the best thing that could have happened to us."

Lakeland Coach Tim Hourahan relished the opportunity to face Somers, hoping it would bring out the best in his Hornets, which it did.

"It was a massive win for us," Hourahan said. "Somers is the defending state champions and we went on a bus to a jacked-up campus and environment

on a Friday at Somers on Homecoming weekend and we found a way to win a game 1-0. We will not play in a tougher environment all year, so I was very proud of the effort my team put forward. It is a basic non-negotiable deal that our effort will be there, and it was on full display against a high-powered offense in Somers.

You watch the rest of this season and you let me know how many times they get shut out this year, especially at home. Nobody does a better job than Coach Lanzetta and I let him know that after the game. He should be proud of what he is doing there

and I personally love the chess match it brings out when Lakeland and Somers play on the highest level in our respective communities. We both already have spoken about round two back at Lakeland under the lights on October 5th."

MAHOPAC cruised past **CARMEL** when Niko DeCola (1A) scored twice and Augie Djerdjaj made it 2-0. James O'Brien added Mahopac's fourth and final tally.

ALL Soccer coaches are encouraged to send results and comments to

Raygallaghersports@gmail.com

Another Milestone at Lakeland: Sarsen's 600th Win

By Tony Pinciario

Kelsey McCrudden and fellow captains, Caroline Cahill, Jess Ascencao, Julia Papanicolaou and Cassie Halpin, were sitting on the bench with huge smiles as four minutes remained in Lakeland's game with Nyack.

"She looked at us and warned us, 'Do not dump water on me!'" said McCrudden of Lakeland coach Sharon Sarsen.

The Hornets were minutes away from adding another milestone to Sarsen's illustrious coaching career - her 600th win.

The team did not douse Sarsen with water because they knew better, said McCrudden laughing. Instead, as the final seconds ticked away in a 9-0 victory over Nyack, the players ceased playing and all ran over to hug and congratulate their legendary coach.

"She was enjoying the moment but



Lakeland's Emily Kness pushes up field in 9-0 win over Nyack Saturday.

when we were all hugging her, she did say, 'This is awful,'" said McCrudden, laughing.

One year after becoming New York State's winningest coach with 579 victories, Sarsen hit the six-century mark in front of Lakeland fans and numerous Lakeland field hockey alumni.

"We were really excited about it, but we didn't talk about it with Sars because she doesn't like the spotlight on her and she wouldn't let us do anything for her," McCrudden said. "We told everybody not to say anything to Sars because we



Lakeland senior Caroline Cahill gets in position to score in 9-0 win over Nyack Saturday.



RICK KUPERBERG PHOTOS

Current and former Lakeland players and family members pose with Hornet Coach Sharon Sarsen after her 600th career victory last Saturday.

didn't want her to know anything was happening. And we told the alumni, who were coming to the game, don't tell Sars you're coming. They all came to the game and surprised her."

Following the game, McCrudden said the team and the Lakeland fans convened in the cafeteria for a 'big celebration' for Sarsen.

Sarsen, who has guided Lakeland to an unprecedented eight consecutive New York State Class B championships, was her usual humble self, deferring to her players, present and past.

"I have enjoyed every single player and every single practice I have had the honor to coach," Sarsen said. "I am so proud of all the alumni and where they are in life. Lakeland Field Hockey is a proud sorority of so many young women doing so many amazing things. The crossroads and connections are endless. Six hundred wins is one more opportunity to celebrate Lakeland field hockey and what we have accomplished."

Seeing the large field hockey alumni turnout at the game made McCrudden and her teammates realize just how special Lakeland field hockey is.

"It's something Sars instills in us, that we are a family-related program," McCrudden said. "Starting when we were young, all the high school players would coach in the SOAC youth field hockey program and you build relationships with the younger girls."

Now McCrudden is one of the coaches in the SOAC.

Lakeland opened its week with a 4-0 victory over Pearl River as McCrudden scored twice. Sarah Bussell and Cahill added goals and Papanicolaou collected two assists.

Emily Kness had a hat trick and Ascencao and Cahill each had two goals and two assists in the Nyack game. McCrudden contributed a goal and two assists and Julianna Cappello had a goal.

Lakeland, which has not allowed a goal this season, is receiving contributions

from its pivotal players. Now, McCrudden noted the younger players are raising their level of play. One of these youngsters in McCrudden's sister, Jenna, a sophomore, who is starting at forward.

"The sophomores were timid and shy in the beginning, but now we feel our whole team is jelling and the younger players are stepping up," said McCrudden, who has verbally committed to attend Albany and play field hockey. "She worked so hard all summer and for her to get the opportunity to start is great. And it's special to play my last year with her."

CARMEL had a busy week, playing four games. Carmel defeated rival MAHOPAC, 2-1, played Ossining to a 2-2 draw and lost to North Rockland and North Salem.

Carmel, currently 4-2-1, has surpassed last year's win total.

"We had a very busy week, but the girls worked really hard ever step of the way," Carmel coach Aislinn Breslin said. "Their heart and hustle is evident every time they step on the field. This week brings some much-needed rest."

Courtney Shields and Caitlin Tully scored in the Mahopac game, which gave the Rams an opening four-game winning streak. Maryrose Murphy and Tully had goals against Ossining with

Gabby Erickson and Tori Pixley assisting. Erickson finished off a Pixley pass for Carmel's goal against North Rockland.

PUTNAM VALLEY, like Carmel, had a hectic week with four games in six days. Even though North Salem, Pawling, Yorktown (in overtime) and Albertus Magnus beat the Tigers, coach Rebecca Gherardi was pleased by the team's play.

"Sophomores Cyera Daughtry, Sydney Goldberg and Angelica Ordonez, along with junior Danielle Cunningham, played an incredible game against Pawling," Gherardi said.

Putnam Valley faced Yorktown in the opening round of the Yorktown Tournament and led 1-0 at halftime on an Antonia DiBillo goal. Yorktown countered in the second half as Caitlin O'Donnell scored. The game went to a second 10-minute, 7 v. 7 overtime and Yorktown prevailed.

Albertus Magnus posted a 2-0 victory over Putnam Valley in the consolation game.

"I was so proud of my team against Yorktown," Gherardi said. "They played their hearts out and left it all on the turf at Yorktown."

Putnam Valley will host Rye Neck and Panas, this week.

Field hockey coaches are encouraged to email results and comments to tony Pinciario at tfinch23@optonline.net



Lakeland players swarm coach Sharon Sarsen after her 600th career win Saturday.

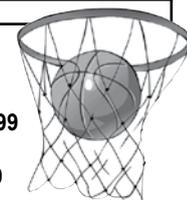
SHRUB OAK ATHLETIC CLUB 2017-2018 Basketball Registration

Sat. Sept. 23, 2017 9am-2pm • Wed. Sept. 27, 2017 7pm-9pm
at Copper Beach Middle School Cafeteria • Boys Ages 6-17 • Girls Ages 6-17

SOAC Basketball is offered to boys and girls ages 6-17. Playing age is as of December 31, 2017 for all divisions. Varsity and Junior Varsity boys and girls are welcome to play as long as they meet the age requirement stated. To the right are the proposed age level breakdowns or Saturday games. Please remember the AGE BRACKETS ARE TENTATIVE and are subject to change based on the results of the registration. Note that the instructional level meets only on Saturdays, while all other divisions will have a game on Saturday and practice one weeknight. Fee is \$140 for everybody. Register early-limited room. All returned checks will be charged \$25. After Sept. 27th any remaining space available will be offered with a late registration fee of \$20.

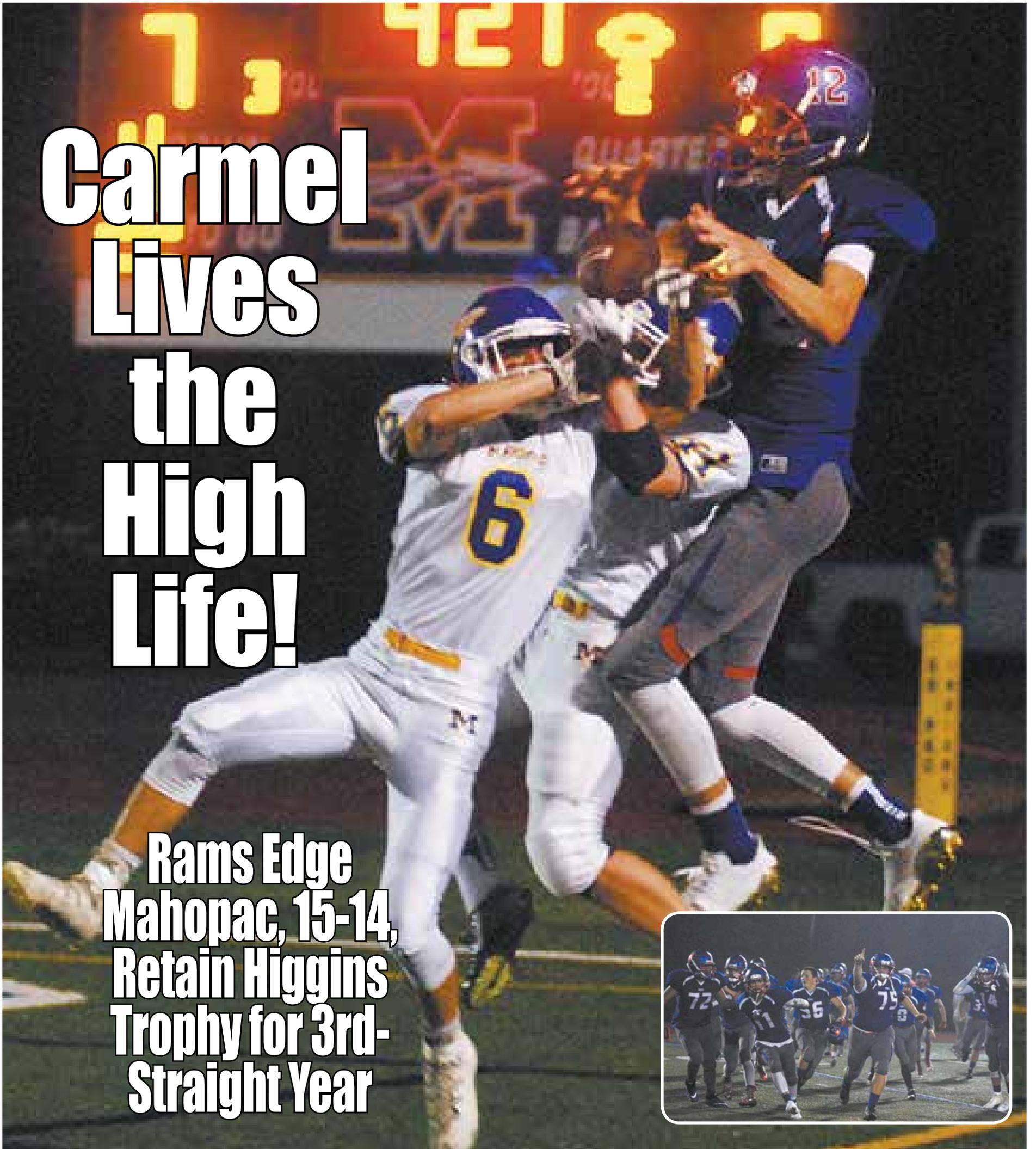
BOYS		GIRLS	
6-7	Instructional	6-7	Instructional
8-9	Bantam	8-9	Bantam
10-11	Freshman	10-11	Sophomore
12-13	Sophomore	12-13	Junior
14-15	Junior	14-17	Senior
16-17	Senior		

Coaches Needed at All Ages - Sponsors Also Needed
Any Questions, call
BOYS - STEVE ROSEN 962-7099
BILL CASEY
GIRLS - MIKE DALY 962-7099



Carmel Lives the High Life!

Rams Edge Mahopac, 15-14, Retain Higgins Trophy for 3rd- Straight Year



RAY GALLAGHER PHOTOS

Carmel's Peyton Cayea (R) soars high for would-be TD grab but is denied by terrific defense from Mahopac's Mark Carey (6) and John Dingam in the Rams' 15-14 win over the Indians in the 30th annual Bryan Higgins Memorial Trophy game, which the celebratory Rams (inset) won for the third year in a row and now hold a 16-8 edge in Higgins games since coach Todd Cayea took over in 1995. Peyton Cayea scored both Carmel TDs... See Grid Notebook