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SMALL NEWS IS BIG NEWS

Volume 9, Issue 428

Tilly's Table Officially Opens at Historic Farm

By Anna Young

After years of vision and work by Putnam County officials and members of the county Highway Department to revitalize Tilly Foster Farm, more than 150 people gathered at Tilly's Table for Friday's grand opening celebration.

Tilly's Table, the county's first farm-to-table event-based dining experience, showcased their culinary talents providing samples of regional cheeses, spicy avocado, deviled organic eggs, Pineland Farms short rib sliders, tapenade polenta bites, spring zucchini fritters, New York Pine Hill lamb lollipops and spring

continued on page 2



ANNE YOUNG PHOTO

County Executive MaryEllen Odell and Highway Commissioner Fred Pena at the grand opening of Tilly's Table last week.

Vet Peer-to-Peer Program Funded for Another Year

By David Propper

On the heels of a sunny Memorial Day, state and county officials announced Wednesday that funding will be provided for Putnam County's Joseph P. Dwyer

Peer-to-Peer Service Program that helps local veterans deal with the emotional and mental battle within once they return home from military service.

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DAVID PROPPER PHOTO

Program coordinator and Mahopac resident John Bourges talks about the Peer-to-Peer program for veterans in Putnam.

Carmel High School Top 20 Students



PROVIDED PHOTO

Carmel High School Principal Louis Riolo is pleased to present the top twenty students the class of 2017 and the colleges and universities that they will attend:

James D'Angio	Rensselaer Polytechnic Institute
Anna Mederer	Worcester Polytechnic Institute
Nicholas Patino	Williams College
Megan Nestor	SUNY Binghamton
Meredith Jennings	Villanova University
Caitlin Vitro	SUNY Binghamton
Caraline McDonnell	Colgate University
Frank Peters	Rensselaer Polytechnic Institute
Sarah Stec	University of Maryland
Brian Macomber	Boston University
Nicholas Doherty	Northeastern University
Sophia Mihalatos	Hofstra University
Jared Ortega	Rochester Institute of Technology
Jillian Dewbury	SUNY Binghamton
Madison Riddle	The Ohio State University
Nicolette Livulpi	University of Delaware
Emily Boeri	Univ. of Massachusetts Amherst
Katrina Cullen	Fordham University
Brendan Cody	Clemson University
Shannon Harney	Penn State



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Tilly's Table Officially Opens at Historic Farm

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soup shooters to the large gathering in attendance. The new restaurant marks another chapter in opening the entire farm up to the public since construction took place more than a year ago.

"Tonight marks one of my proudest moments during my tenure on the legislature," said Putnam County Legislature Chairwoman Ginny Nacerino. "We know the farm is beautiful. One only needs one glance to appreciate its majestic beauty, but beyond the physical beauty, we knew we wanted to preserve the essence of the farm."

After the 200-acre farm closed in 2014, County Executive MaryEllen Odell spearheaded a project, with support from most county legislators and the Preserve Putnam board of directors, to revitalize the historic farm so the community and tourists could once again enjoy the natural beauty and rich farming heritage.

While county officials were behind the scenes pushing this project to fruition, Odell and Nacerino credited the Highway and Facilities department for its dedication in making Tilly's Table a reality.

"This wasn't just showing up and swinging a hammer, this was about being part of this whole team and their

'This was an example of people working together to make sure that we were going to leave a legacy here.'-
County Executive
MaryEllen Odell

creativity," Odell said. "This was an example of people working together to make sure that we were going to leave a legacy here."

Putnam County Highway and Facilities Commissioner Fred Pena said the finished product was a collaboration between the department's engineers, architects, professionals, local unions and tradesman to uncover, design and implement the work plan.

"We can look to the future to see what Tilly Foster Farm can bring to our community, including farming, education, water quality, recreation and so much more," Pena said. "Tilly Foster Farm can now be a leading facility for all to utilize and enjoy."

William Gaudelli, son of the caretaker of the original farm, expressed his gratitude



ANNA YOUNG PHOTO

More than 100 people were in attendance for the grand opening.

to the community for giving him an opportunity to relive his childhood while watching other families enjoy all that the farm has to offer.

Visitor's Bureau board member Elizabeth Carson-Tompkins commended county officials for providing a place that offers a myriad of things to do along with a restaurant serving fresh and eclectic food.

The historic farm also offers a culinary

arts education program, along with a nature trail, a community garden, farm animals and daily tours of the facility.

"The revitalization of Tilly Foster Farm is a true testimony to what we hold sacred here in Putnam County," Nacerino said. "Our story continues because we know the farm will absolutely prove to be the jewel of Putnam County for generations to come."



Could You Have A Kidney Stone? Learn about symptoms, treatment and prevention...

Ask the Doctor

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Co-Director, Institute for Robotic and Minimally Invasive Surgery
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Q: What are the symptoms of a kidney stone?

A: You might feel waves of severe pain in your back or side below the ribs. Pain might spread to your groin and lower abdomen. Nausea, vomiting and blood in the urine are possible. If you experience extreme pain, vomiting, or fever, go to an urgent care facility, or your hospital ER. Otherwise, have your symptoms evaluated by your primary care physician.

Q: What actually is a kidney stone?

A: A stone is rock-like material formed within the kidney. Most stones have a calcium component, and are caused by inadequate fluid intake, an overabundance of calories, and excessive salt intake. Stones with a uric acid component are caused by an excessive meat intake. When a stone passes out of the kidney and enters the ureter, the tube becomes blocked, urine backs up, the kidney swells and pain results.

Q: What are my treatment options?

A: A small stone may "pass" from your body naturally. If necessary, your physician can provide medication for pain and nausea and allow natural passage of the stone. Uric acid stones can sometimes be dissolved

with medication. A large stone blocking a kidney, or a stone associated with an infection, can be life-threatening and must be treated urgently. For stones that cannot pass on their own, a urologist may advise one of three outpatient procedures, depending on the size and location of the stone.

- External shock waves to shatter the stone, turning it to smaller stones that can then pass on their own.
- Inserting a small telescope to laser the stone into tiny fragments.
- If the stone is very large, a telescope is passed directly into the kidney through ones back to fragment and remove the stone.

Q: Can I help prevent kidney stones from forming?

A: Yes, however, once a kidney stone is removed, if a person does not change his or her diet or fluid intake, there's a 70 percent chance another will form. Help prevent calcium stones by remaining well-hydrated. Avoid consuming large amounts of dark leafy vegetables, peanuts, Vitamin C tablets and chocolate. To avoid forming a uric acid-type stone, limit meat, including red meat, chicken or fish.

Addonizio Faces Dem. Challenger in Leg. 3 Race

By David Propper

When Legislator Toni Addonizio first ran for the Putnam County Legislature three years ago, she had to get through a Republican primary against a GOP committee backed candidate and then prevail in a general election contest.

Now, Addonizio is the Republican endorsed candidate and while it doesn't appear she'll be entangled in a primary, the incumbent will have a Democratic opponent. Kent resident Phil Tolmach was nominated by the county Democratic Committee to run for the legislative 3 seat against Addonizio on May 22.

Tolmach said having an interest in local government and sitting on various boards drew him to running for the legislature. He believes right now the county Legislature "doesn't do very much and I would like to see them do more."

He's part of both the Kent planning board and conservation advisory committee.

Tolmach said he would like to see more "green businesses" enter Putnam, an initiative he's pushed for in Kent that's meant to protect the environment. He said bringing in those green businesses would keep taxes down and provide good jobs for younger adults.

Tolmach would also like tourism in the county to improve and thinks there should be better communication between the county and town governments.

When asked about Addonizio's record during her first term, Tolmach replied, "I don't know if she's done very much of anything," but conceded he hasn't read over every transcript of legislative meetings "so I could be missing a lot, but that's my impression."

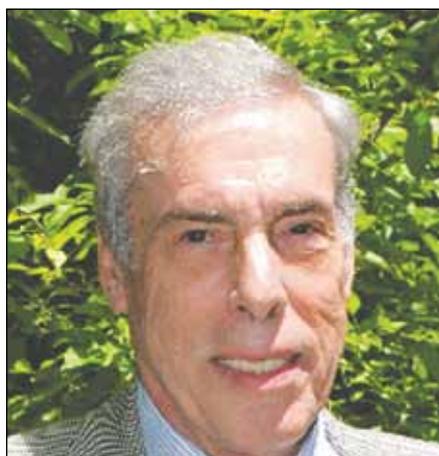
Tolmach knows he has an uphill battle against Addonizio with registration numbers slightly favoring Republicans and the incumbent easily winning her seat three years ago.

He noted he knows many Republicans in town that have told him they will support him and he hopes the stances he's advocating for resonate with more voters. "I'm a little optimistic," he said.

But so is Addonizio, who vowed to continue to acknowledge the needs of the community if reelected.

Addonizio is chairwoman of the Economic Development Committee and a member of the Health Committee and Rules Committee. She said she's addressed issues important to community members. For instance, when residents contacted her about feral cats, she set up a forum and did the same thing with the controversial Common Core learning standards. She pushed the legislature to pass a resolution voicing disapproval toward the Common Core that was sent to New York State.

"When my constituents contact me with concerns, I work diligently to find



Kent resident Phil Tolmach



Legislator Toni Addonizio

solutions," she said.

Addonizio also initiated a change to the way the county sold off foreclosed property under its control. After a year on the multiple listing service (MLS), the property will be auctioned off. Previously, the property stayed on the MLS until it was sold, which could take years. The first auction by the county will take place soon, Addonizio said.

Currently, she said she's working with the county on getting grants for water and sewer in the Lake Carmel area and plans to hold a forum on the proposed constitutional convention in New York later this year.

Pledging to be an independent voice on

the legislature, Addonizio burst onto the political scene three years ago when she ran against former Kent councilman and ex-legislator Lou Tartaro in a Republican primary. She triumphed, getting close to 70 percent of the vote. Then in the general election she easily topped Jeff Green, who was a Green Party member running on the Democratic line.

Addonizio, who was also endorsed by the county Conservative Party, said she's remained independent on the county Legislature, but has still been able to collaborate with colleagues.

"I do my research before I make any decision," Addonizio said.

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McDonough Confirms Run for Carmel Town Board

By David Propper

Despite the Republican Party hierarchy in Carmel rejecting her candidacy for town board, Councilwoman Suzi McDonough is pushing ahead without their support.

In a press release issued last week, McDonough, the two-term town board member, confirmed her intention to force a primary against the two candidates endorsed by the Carmel Republican Committee. Incumbent Councilman Frank Lombardi and longtime resident Michael Barile were both nominated by the committee with 44 votes and 34 votes, respectively while McDonough missed out by just two votes, getting 32 overall. But she is ready to “work hard in her drive for a victorious Republican primary.”

McDonough, in her press release, said she was “disheartened” that she didn’t nab the endorsement after getting the Republican committee’s support four years ago and blamed proxy and bullet votes as one of the reasons she narrowly missed out.

Touting her eight year record, she said she’s been part of multiple cost saving initiatives like the town-wide garbage district bid and adding specific line items in the town-wide budget that set aside funds to purchase items like computer hardware and town highway department



Carmel Councilwoman Suzi McDonough

equipment and vehicles. By taking those actions, it reduces the need to borrow money and avoid paying debt service costs, she said.

McDonough also said she’s been involved in the planned installation of radio read water meters with the town’s 13 water districts.

“I have proven my loyalty, trust, and work ethic for this great town,” she said in

the press release.

McDonough has been a lifelong resident of Mahopac and been part of several organization and community activities, including leading the McDonough Foundation, which helps families struggling with cancer.

Going forward, McDonough said if she serves again, she wants to maintain property taxes at an appropriate level,

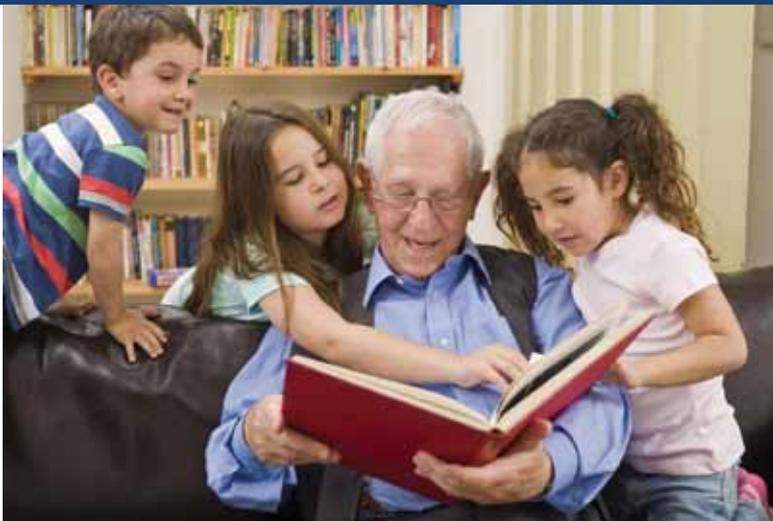
while still improving services and infrastructure. She vowed to fight New York City’s obstruction in expanding development and wastewater treatment plants. She also wants to push ahead with a community center and other town projects.

Carmel GOP Committee chairman Tony Scannapieco previously said he believes committee members didn’t give McDonough the endorsement because she told committee members last year she wasn’t going to run for the town board this year. She ran for state assembly last year and lost in a Republican primary to current state lawmaker Kevin Byrne.



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MADE FOR NEW YORK.

Ahead of Annual Relay, Two Patterson Fixtures Remembered

By David Propper

Two consistent contributors to Patterson's Relay For Life won't be in attendance this year, but both will be highly remembered for their important roles in the fight against cancer after they succumbed to the terrible disease in recent months.

Patterson Town Justice John King and Patterson resident Crissy Pagano-Hajkowski, who both died since last year's Relay due to cancer, were always major presences at Relay For Life and at this year's event on June 10 the two will be honored. Relay will again take place the Patterson Fire Department headquarters and starts at 9 a.m. with King and Pagano-Hajkowski to be honored at noon. So far, close to \$56,000 has been raised.

King was always a well-known fixture at Relay For Life in Patterson. Even before King suffered from cancer, he had family members that were stricken with the debilitating disease and died from it.

"We understood the meaning of these Relays," Geraldine King, the judge's wife, said, adding when she and her late husband first got involved with the event in Mahopac, they were moved and impressed with what they saw.

Then when Patterson started a Relay For Life, the couple became entwined with it and became a team—the Kings

Court. She called being part of the Relay family "a total inspiration."

King was a New York State Police trooper for many years and then became town justice in Patterson for three decades. When he died on Oct. 3, 2016, elected officials and residents remembered him as a fair and impartial judge.

Personally, King went through a tedious battle with cancer. A large tumor was found in his kidney and the organ was removed. Unfortunately, ten years later he developed another tumor on his adrenal gland and that was removed, but the cancer continued to spread in other places. Geraldine said her husband was "strong and brave" until the end.

"He fought a good fight, he suffered tremendously," Geraldine said. "But he never once complained."

While Geraldine said she and her family miss him greatly, she was grateful when she was told Justice King would be honored this year. She said the love and support from the community has been "remarkable."

The other honoree, Crissy Pagano-Hajkowski, adored King and vice-versa, Geraldine said.

"We will never forget this," she said. "We're going to relay hard for them."

Crissy's mother, Cheryl Comitto, said Pagano-Hajkowski really looked up to



COURTESY OF CHERYL COMMITTO
Judge John King and Crissy Pagano-Hajkowski at a past Relay For Life together.

King and had a "nice bond" with him.

"She was very much a fan of his and loved his family," Comitto said.

Comitto said being part of Relay gave Pagano-Hajkowski the energy for her own cancer fight and motivated her to

'We're going to relay hard for them.' - Geraldine King

help others. She started in 2005 at the Mahopac Relay For Life (she graduated from Mahopac High School) after her first cancer scare and eventually became part of the Patterson one when the event was held in town.

Comitto remembers her daughter as someone who could reach out to residents and get them involved in community efforts like Relay. She died on March 19 from ovarian cancer.

"She's somebody who could inspire people," Comitto said. "She was very much an outgoing person."

Comitto knows that no one can relay the way her daughter did, but she and other family and friends are going to try hard.

"I'm sure it's going to be extremely emotional for family and friends involved," Comitto said. "We'll do the best we can and try to make her proud."



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Longtime Rabbi Motivation for Brewster's First Relay

By David Propper

Each year, thousands of teams participate in Relay For Life motivated to find a cure for cancer. In Brewster this year, one team will be relaying for a fixture in the local Jewish community that affected lives positively for five decades.

Team Acrish, named after the late Rabbi Solomon Acrish of Temple Beth Elohim, has raised thousands of dollars in honor of the late religious leader and former Brewster school district psychologist who died of cancer last year around the time Relay For Life was materializing in town. Brewster will mark its first ever Relay For Life this weekend, with the event taking place Saturday at 6 p.m. at Brewster High School. So far, close to \$46,000 has been raised and team Acrish has raised close to \$9,000.

Team Acrish leader and resident Maria Braia said the American Cancer Society contacted Brewster High School about hosting a Relay For Life about the same time Rabbi Acrish became gravely ill. When Braia, who works for the school



The late Rabbi Solomon Acrish.

system, came to see Acrish in hospice care, she asked him if she could start a Relay team in his honor. He was happy to agree and excited to hear how many people were coming together.

Acrish died May 22, 2016 after being rabbi in the community for five decades.

Braia said the man her team is honoring was "just the most amazing man." He always helped everyone, from the weakest population to the brightest, she recalled.

"He was very kind and very genuine," Braia said. "Everybody loved him."

Melissa Lutz, also part of Team Acrish,

recalls when she, her mother, and daughter all went to visit Rabbi Acrish in hospice care near the end of his life. The Rabbi asked her daughter, Julia, to do him a favor and help Braia set up Relay in Brewster.

Lutz, a member of Temple Beth Elohim, said Acrish was a father figure to everyone and would always provide support through the good and bad times. The lessons he taught would last a lifetime, she added.

Lutz said Acrish was always preaching the Hebrew term "Tikkun Olam," which is to perform acts of kindness to repair

and heal the world a little bit at a time. By participating in Relay, that's what everyone involved is doing.

"I think it's going to bring a lot of awareness to cancer. It's bringing community together," Lutz said. "All really fighting for the same cause."

Braia knows whether it's rain or shine, her team will be out there. And she also knows Rabbi Acrish will be watching proudly.

"He's going to be looking down smiling at us for doing this," she said. "It helps the greater good of all people stricken with that horrible disease."





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Local Clergy Show Unity in Support of Immigrants

By Anna Young

The Coalition of Concerned Clergy stood together on May 24 at the Hudson Valley Islamic Community Center in Mohegan Lake as clergy members throughout Westchester and Putnam County presented a Declaration of Concern in support of their immigrant neighbors.

The Coalition, which is comprised of 22 churches, synagogues and mosques, expressed their support for residents who have been living in fear of being detained, deported and separated from

their families due to their religion, race, ethnicity and immigration status.

“The Bible teaches all of us to love our neighbors as we love ourselves and that means that when something bad is happening to your neighbors that you wouldn’t want to have happen to you, that you reach out and you take them by the hand,” Stephen Axxin, a religious leader from Temple Israel of Putnam Valley, said. “We want these communities to know that we have their back and they are not living in a hostile environment.”

The Declaration of Concern states the organizations promise to offer whatever lawful aid and assistance to any vulnerable community members who are being singled out and threatened. The Coalition believes regardless of someone’s status, all are children of God and it’s their responsibility to fulfill the biblical commandment to “love thy neighbor as thyself.”

“Our work is to get beyond the myth of racial difference that our culture might have taught us, to get beyond the lie of racial and ethnic differences



ANNA YOUNG PHOTO

A collection of clergy standing in support of immigrants.

and to use our hearts and minds in order to see the humanity and divine in every human being we come in contact with,” Rabbi Steven Altarescu from the Reform Temple of Putnam Valley said.

Robert Kesten, executive director of People’s Movement for Human Rights Learning, added how too many feel the need to compromise their dignity for survival and the importance of listening to others and accepting them for who they are.

“We don’t really understand other people until we walk in their shoes and it’s the fundamental understanding of what someone else has gone through that makes us better people, because until you understand where someone else has come from, you don’t understand them,” Kesten said. “It’s not about the talking, it’s often about the listening.”

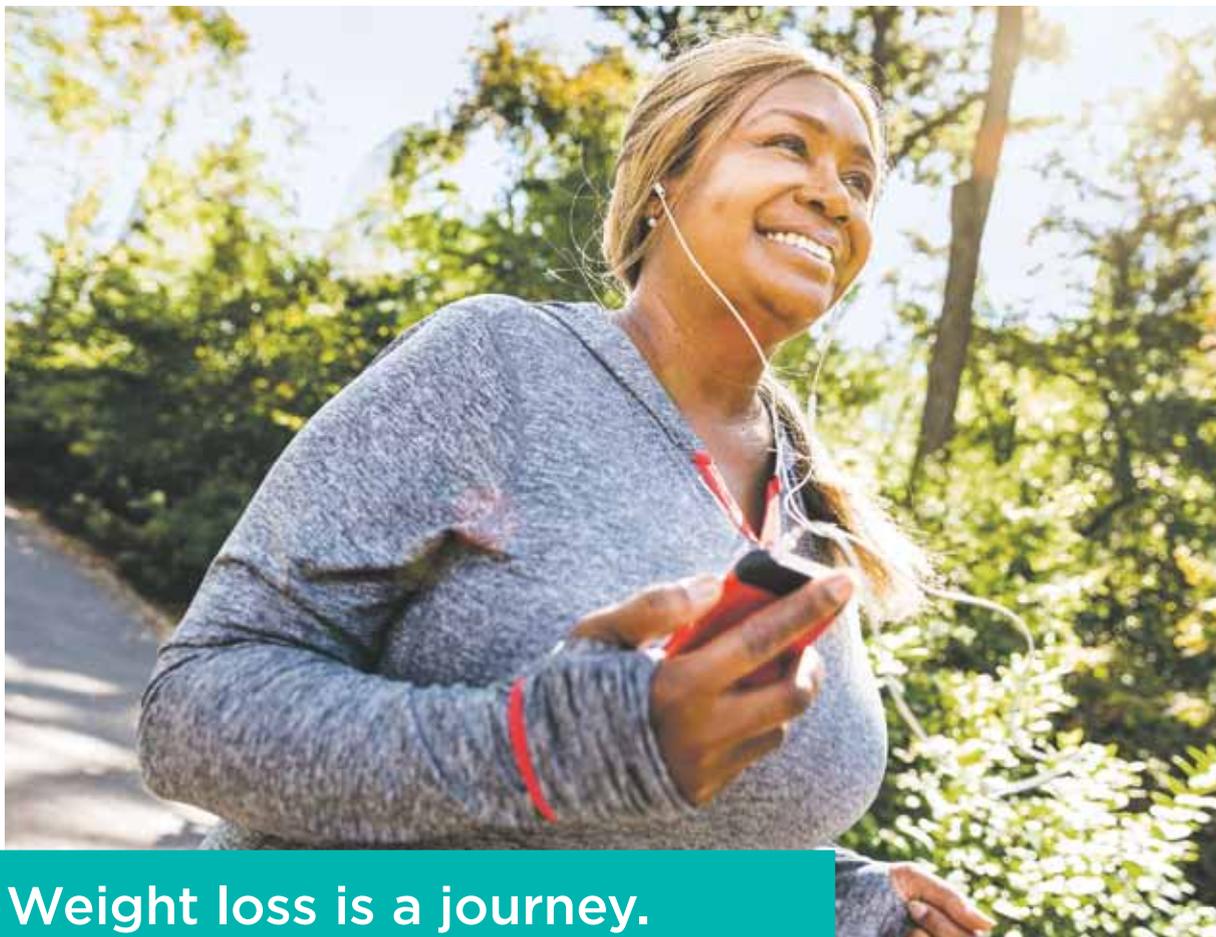
During the well-attended ceremony, the Coalition also planted an apple tree, a peaceful symbol from the Garden of Eden, to demonstrate a commitment to peace, friendship, solidarity and diversity, uniting all faiths and people together.

“It really moves me to see the community come together and support each other so we can fight against the fear and the climate that is happening around us,” Yorktown resident Marni Rabin-Marron said. “It’s important for us to make a statement that we support other people from all different walks of life and to show we have their backs.”

Sheri Gordon-Handwerker, a Yorktown resident and member of the Yorktown Jewish Center, expressed how the tree is a symbol of unity and hopes it’ll draw fruit for the children of generations of people to come.

Yorktown Chief of Police Robert Noble added that the Yorktown Police Department is proud to show their support and continue to keep the community safe.

“Everybody should be able to practice whatever faith free and at ease and safe,” Noble said.



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Eddy's Grillhouse

Yorktown

By Neal Rentz

Yorktown resident Steve Min and his family have owned and operated Edwin's Deli on Commerce Street in town for more than a decade. Recently, he filled a void left by the departure of Friendly's located just down the street.

The Min family opened Eddy's Grillhouse four months ago. Min said last week he named the new eatery after his now one-year-old son.

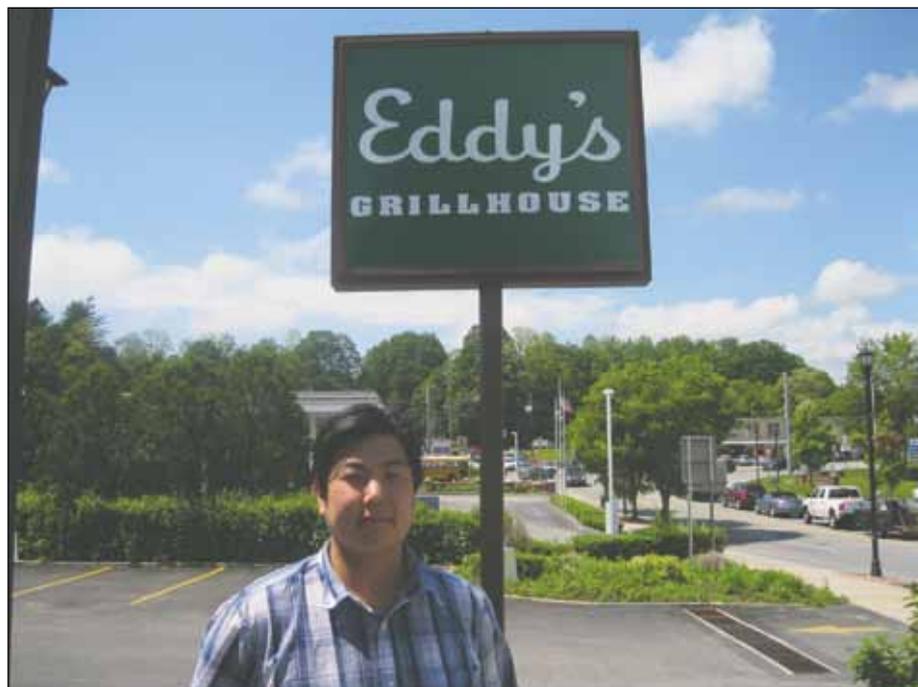
"We live in the town and we're familiar with the customers and locals from the deli. We thought we would expand to a restaurant venture," Min said.

Min said it took about six months to renovate the building, with the majority of the work being done to the interior.

Min explained his family chose the grill house format because "everybody likes grilled food."

"It's a fun concept with a lot of fresh food you can grill," Min said. The American style cuisine is prepared over an open flame, he said. Though American fare is the norm, the Grillhouse also offers a handmade pasta dish featuring grilled vegetables.

The restaurant features produce fresh from local farms and gardens, Min said, adding he will be purchasing food from



NEAL RENTZ PHOTO

Yorktown Steve Min resident and his family recently opened Eddy's Grillhouse in Yorktown.

Hilltop Hanover Farm in the near future. "We're going to incorporate that in the menu," he said.

The menu features such entrees as steaks and burgers. "The menu's evolving.

We're putting new things on the menu. We're getting feedback from customers," Min said. "This town wanted to see something new."

"Since my nationality is Korean. We

have Korean barbeque," Min said. For example, one of the dishes is ribeye steak marinated in soy sauce for a steak sandwich offering. Min said the menu encourages customers "to try something different."

Aside from his administrative duties, Min also does some of the cooking, as well as working with the chefs and cooks.

Min said success would be attracting many local customers and make the restaurant a destination in the town. "A lot of restaurants in town have come and gone," he said. "We want to be here for a long time. I named it after my son so I have a little pride in it.

So far residents have been supporting the new restaurant, Min said. "The townspeople have been very supportive," Min said. "They want to try out a new restaurant in town."

Eddy's Grillhouse is located at 1983 Commerce St. in Yorktown. For more information, call 914-302-7687 or visit eddygrillhouse.com. The restaurant also has a Facebook page.

SMALL NEWS IS BIG NEWS

Lakeland Provides More Info on Driver Failing Drug Test

By Rick Pezzullo

Lakeland Superintendent of Schools Dr. George Stone provided additional information following an exclusive story in last week's *Northern Westchester Examiner* about a district bus driver failing a random drug test after returning from a morning route transporting students.

According to Stone, who had previously declined to give specifics on the unidentified female driver, a urine test was administered by a testing company on April 25 after the driver had just concluded her assigned morning rounds that involved high school and elementary school students.

After the results were obtained by the district, the driver, one of about 98 employed by Lakeland, was "immediately taken out of service," Stone stated.

Meanwhile, Stone refuted the claims of a longtime bus driver in last week's article who contended there were times when bus drivers were notified ahead of time by a dispatcher that a random drug test was pending.

"Neither the dispatcher or any other District employee notifies drivers "in advance" of a random drug tests. On the morning of the test date, the Supervisor gives the list to the dispatcher on duty who then immediately calls in those who are to be tested. They park their vehicles,

come down to the building and go right to the back where the test is conducted. They must have their photo ID license with them. Should a driver refuse a test or not report to the Supervisor after their AM run, they are immediately taken out of service," Stone explained.

"Who is tested and when they are tested is determined by the testing company, and is completely random, the district

has absolutely no control over who, when or how often an individual is tested," he added.

Stone further cited New York State Department of Transportation and federal Motor Carrier Safety Administration rules and regulations, stating the testing company is given an updated roster of drivers every calendar year, noting the list is updated every time they are on site and whenever a new driver is added to the roster.

"Governmental regulations require all motor carriers to test 25 % of their drivers per year. The Lakeland Central School

District doubles that allowable threshold and tests 50 % of its drivers each year," Stone stated. "The testing company contacts the Supervisor of Transportation to set up a date for the next round of drug tests. The Supervisor does not choose the date. Our only input is to alert the company of days that we will not be in session. The company will then pick a date, notify the Supervisor and then late in the afternoon of the previous day sends the random list of those to be tested to the Supervisor. This is a computer generated random list given to us by the company. This list is not shared with anyone."



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Putnam Health Dept.: Rabies Concerns Rise in Spring

Rabies is a deadly disease. When an animal sick with rabies bites a person or another animal, the disease can spread through the animal's saliva. Without treatment a person infected with the rabies virus will usually not survive. When the warm, spring weather arrives, the chance of infection rises because people spend more time outdoors. Wild baby animals are born and often seen. In New York State, more than half of the rabies cases in wild animals are in raccoons, followed by bats, skunks and foxes. So far this year, three raccoons in Putnam County have been tested and found to have the rabies virus. Domesticated animals, such as cats and dogs, can also become sick with rabies. Regular pet vaccination can protect them.

"A person can become infected with the rabies virus through a bite from a sick animal," says interim Commissioner of Health Michael Nesheiwat, M.D. "Infection can occur when saliva carrying

the virus comes in contact with not only an open wound, but also an individual's eyes, nose or mouth. That is why approaching a wild or stray animal, no matter how cute, is a bad idea. An animal does not have to look sick to be infected."

Every year, well-meaning residents try to help baby animals they think may have been abandoned. Later they become worried that they might get rabies. A better plan is to leave the animal alone, or call a wildlife rehabilitator to see if the animal truly needs assistance. The only way to check for certain if any animal has rabies is to test their brain tissue.

Safety around animals should include teaching children to avoid all wild and stray animals and telling an adult about any contact with an animal, including an unfamiliar pet. Children and adults alike should resist the urge to touch or pet a wild or stray animal, including new litters of baby animals.

"While wildlife and feral cats account for

a number of required rabies treatments, the number-one reason for treatments in Putnam County remains bats," continues Dr. Nesheiwat. Bats are more likely to get into homes and are more active in spring when they return to the local area.

"If you find a bat in your home, capturing it safely is best," adds Dr. Nesheiwat. "We can test it for rabies and you can avoid the two-week series of shots if it's not infected." To safely capture a bat, watch the popular demo from the New York State Department of Health (NYSDOH), available on the Putnam County website at <http://www.putnamcountyny.com/how-to-capture-a-bat/>.

Other programs to reduce the chance of spreading rabies include the PCDOH pet vaccination clinics and the Feral Cat Task Force. Free vaccination clinics are usually held three times a year—in March, July and November. The next event will be held at Hubbard Lodge in Cold Spring on July 15 from 10 a.m. to 12 noon.

The Feral Cat Task Force has captured, neutered, vaccinated and returned 622 cats, and adopted or fostered 128 of them in Putnam County since 2012. For people interested in volunteering or making a donation in support of this program, please contact the Health Department at 845-808-1390 ext. 43160.

All animal bites or contact with wild animals should be reported promptly to the Department of Health at 845-808-1390. After hours or on weekends/holidays report the incident by calling the Environmental Health Hotline at 845-808-1390 and press "3." A Health Department representative will promptly return your call. The Health Department will test a wild animal for possible rabies after an incident involving human or pet contact. If a family pet encounters a wild animal, avoid immediate handling of your pet, or use rubber gloves and call the Health Department.

Maloney Statement on US Leaving Paris Climate Agreement

Representative Sean Patrick Maloney (NY-18) released the following statement after President Donald Trump officially withdrew the United States from the 2015 Paris Climate agreement:

"Pulling out of this agreement is lazy and it's shortsighted and it sacrifices our

role as a world leader. The rest of the world is laughing at us, because they're going to create the cutting edge technology that will be worth billions and create millions of new jobs. Climate change is a big problem – and it's going to take a big idea to solve it. America has always

been a leader in coming up with these big ideas – we went to the moon, we invented flight, we built the interstate system and invented mass production. We can't give up on solving this problem because it's a hard one. And to the people who say the agreement would cost American jobs – I

don't buy it. Anyone who believes that should talk to farmers in the Hudson Valley who've been wiped out from ever-more frequent flooding. I hope the President will reconsider the decision to go back on our promise, and think about what we're leaving our kids to deal with."

Putnam Kennel Club Annual Show Upcoming

We expect over 500 dogs at our annual AKC Putnam County Kennel Club All Breed Dog Shows: Conformation, Obedience & Rally Trials. There will be 2 days of shows, Friday & Saturday July 21 & 22 at The Putnam County Veterans Memorial Park, located at 225 Gipsy Trail Rd, Carmel. Their website is www.putnamcounty.com/parks-recreation

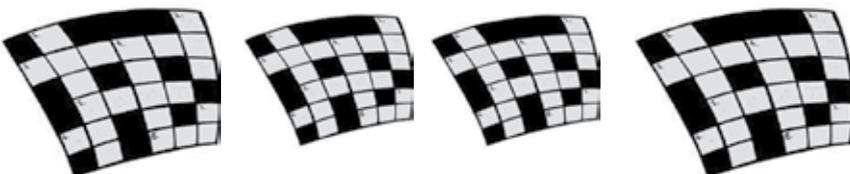
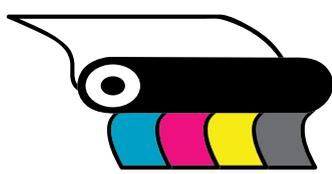
Spend the day watching dogs in conformation competition being judged against the standard for the breed. Obedience and rally trials will test dogs understanding of commands, as they maneuver hurdles & retrieve articles. If

you are interested in finding out about different breeds, there will be many exhibitors with their dogs, to help answer your questions. Wander around our beautiful show grounds, buy lunch at our food cart & enjoy the day!

Each day, the show runs from 8:30 a.m. to 4 p.m. Specific information on time & ring designation of a particular breed can be obtained a week before the show on the PKC website www.putnamkennelclub.com site link for the judging program.

There is no admission charge & plenty of good parking at the site.

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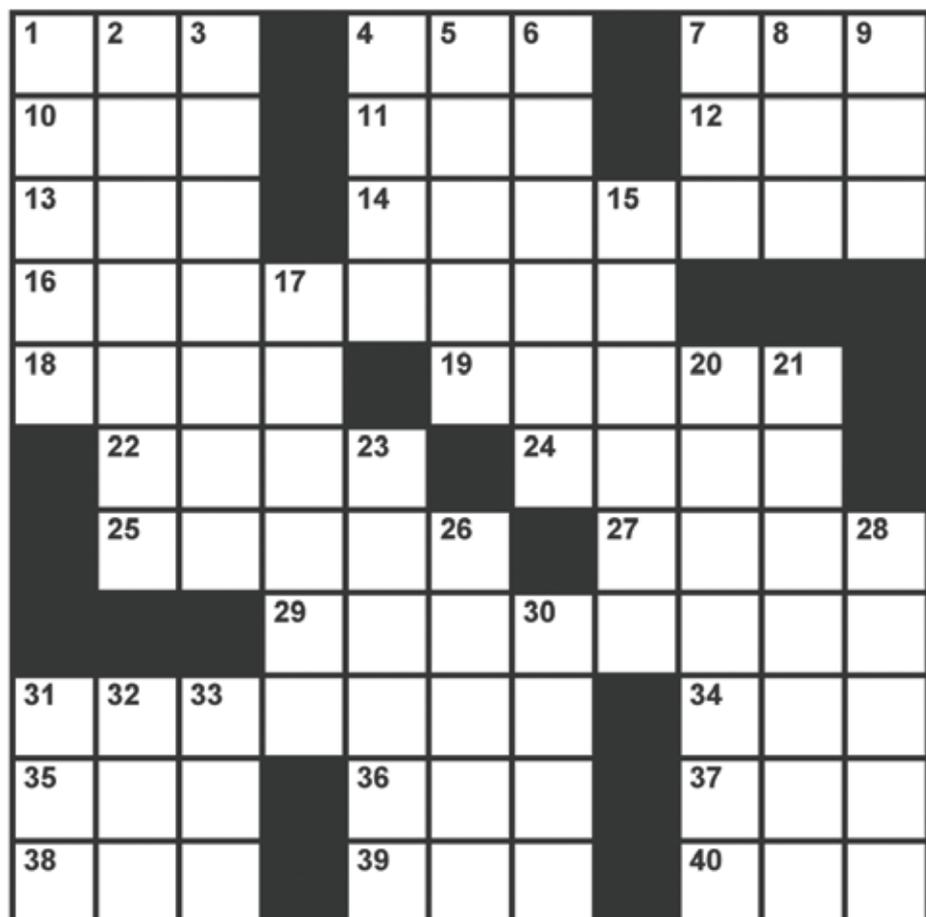
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Crossword Puzzle



Crossword by Myles Mellor

Answers on page 17

Across

1. Truck brand
4. Lobbyist's quarry, abbr.
7. Detective rank in Brit. dramas
10. Debtor's note
11. Beatle's wife
12. Surgery sites, for short
13. "Morning Edition" network
14. Goes to dinner
16. Characteristic of a bull
18. Stitcher's line
19. Large cage
22. Spare___
24. The Baldwin siblings would eat at this Mahopac pizzeria, goes with 29 across
25. Deft
27. Cause to fall
29. See 24 across
31. Shows up
34. Spell-off
35. Cow murmur
36. Vegetable
37. Outback runner
38. Dogma
39. Attention
40. Turner of TV channels

Down

1. Mahopac Trattoria
2. Cleaning workers
3. Cut short

4. Coleridge creation
5. Way to walk
6. Many
7. Scooby-___ (cartoon dog)
8. French vineyard
9. Professional suffix
15. Peanut butter choice
17. Drink
20. You can count on it
21. Boat with three tiers of oars
23. Skin
26. 1988 Olympics locale
28. Person who makes deceitful pretenses
30. Ivan or Nicholas
31. French for friend
32. Not neg.
33. Spitz dog, for short

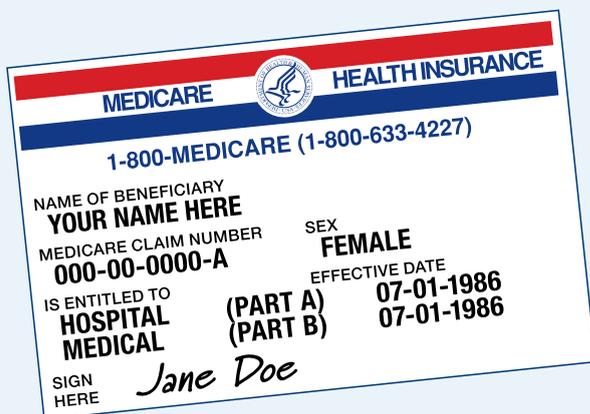
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Putnam County Hosts Spring Mentoring Day

Putnam County students and adults had another chance to work at a job that interests them as CAREERS Support Solutions (formerly CAREERS for People with Disabilities) coordinated a spring Mentoring Day on May 18. A collaboration with Putnam County Executive MaryEllen Odell, the event pairs mentors from county departments with individuals interested in learning what it takes to be successfully employed.

"Mentoring Day has been so well received, we decided to do Putnam's sixth event in the spring. This will give students another chance before graduation to see what it takes to be effective in the workplace," remarked CAREERS Executive Director Tina Cornish-Lauria. "County Executive Odell and her staff do a wonderful job making all participants feel like they are part of the team, and everyone learns from their morning working together," Cornish-Lauria said.

Participants from CAREERS, Carmel High School and Brewster High School and Putnam ARC were matched with volunteer County mentors, based on their interests. County departments participating included the IT Department, Senior Resources, Bureau of Emergency Services, Finance and Highways and Facilities, among others. Participants worked side by side with mentors for several hours learning computer, organizational and administrative skills,



Anita Gilbert from the Putnam County Finance Department spent Mentoring Day showing Carmel High School student Juliana Murilo some of the tasks performed in the department.

customer service and maintenance, as well as visiting and learning about many county facilities.

About CAREERS Support Solutions, Inc.

Since 1987, CAREERS has provided job placement and support services to



Gigi Dunne from the Probation Department and Yosselin Morales from Brewster High School receive certificates from County Executive MaryEllen Odell for their participation in Mentoring Day 2017.

people with disabilities in Westchester and Putnam Counties, and provided services to over 2,600 individuals with disabilities. CAREERS' mission is to insure that all individuals with disabilities find sustained, meaningful employment in the communities in which they live. We work one-on-one with each client and employer to facilitate ongoing success in the workplace and help those with disabilities reach their maximum level of self-support and self-reliance. All of CAREERS' services are provided

free of charge to clients and employers. For additional information about how CAREERS helps individuals with disabilities and low-income, long-term unemployed, as well as employers in need of qualified help, contact CAREERS' Valhalla office, serving central and lower Westchester at 914-741-8500, or the Carmel office, which serves northern Westchester and Putnam Counties, at 845-225-8007. For more information, please visit www.careersupportsolutions.org.

Brewster Resident Wins Pegasus Horse Show Award

Cheered on by staff, volunteers, family and friends, Edythe McCaffrey of Brewster earned her therapeutic riding class's best control of the horse award at the 35th annual Pegasus Horse Show on May 19. McCaffrey's award recognized her skill at effectively steering, managing speed and maintaining safe spacing from other horses.

Hosted at the nonprofit's main equestrian center, Pegasus Farm in Brewster, the 35th annual Pegasus Horse Show highlighted the equestrian achievements of more than 60 children and adults with special needs. This year's show was part of Transformations Weekend, which included two days of horse show classes and a celebration of the organization's past, present and future via the opening of Pegasus Farm's new Michele Arnhold Education Center. Built in loving memory of former Pegasus volunteer Shelly Arnhold, construction of the barn and education center was made possible through a generous gift from the Arnhold Foundation.

"Transformations Weekend was an opportunity for friends of Pegasus to join us in applauding our participants' success in the ring and thanking the Arnhold Foundation for making our new barn and education center possible," said



Edythe McCaffrey of Brewster shows off her class ribbon for best control of the horse at the 35th annual Pegasus Horse Show on May 19.

Pegasus program director Betsy Stein Medinger. "We deeply appreciate all of the staff members, volunteers and, of course, amazing therapeutic horses, who worked so hard to ensure this weekend was a joyful celebration for our Pegasus families."

Grouped in classes of three to six athletes, each Pegasus Horse Show participant demonstrated skills he or she practiced during weekly lessons at one of the nonprofit's three chapter locations in Fairfield and Putnam counties. In addition to McCaffrey, two other Putnam County residents won awards in their respective classes this past weekend. Kate Banfield of Brewster won a ribbon for best transitions, and Shamus Smyth of Mahopac won a ribbon for best posting.

Transformations Weekend was made possible in part through generous donations from the following event sponsors: Cusato Management Corp.; Equestrian Living magazine; Lloyd Bedford Cox, Inc.; and Masiello, Nicolosi & Associates, a private wealth advisory practice of Ameriprise Financial Services, Inc.

Founded in 1975, Pegasus Therapeutic Riding is a PATH Intl. Premier Accredited Center that provides the therapeutic benefits of horseback riding and other equine-assisted activities to people with special needs, individuals at risk, and soon military veterans. Visit pegasustr.org for further information about Pegasus' programs or to make a tax-deductible donation in support of its mission.

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Doctor's Note: Finding Relief from Acid Reflux Disease

**By Darren I. Rohan, MD, FACS,
Westchester Regional Director of Thoracic
Surgery for Northwell Health at Northern
Westchester Hospital, Mt. Kisco and
Phelps Memorial Hospital, Sleepy Hollow**

Your stomach produces acid in order to digest food. If things go properly, that acid remains in your stomach, finally passing into your intestines. However, if you have acid reflux disease, also known as gastroesophageal reflux disease or GERD, stomach acid leaks backward and upward, "refluxing" into the esophagus, the tube leading from your mouth to your stomach.

Backward movement occurs when the valve between the stomach and esophagus weakens. Called the lower esophageal sphincter, or LES, this muscle normally provides a tight seal between your food tube and stomach, permitting only one-way downward movement. But when it is weak or floppy, corrosive stomach acid can splash back into the esophagus.

What can cause your LES to weaken? Genetics can play a role. In addition, certain foods contain chemicals that can relax the LES. Culprits include coffee, chocolate and citrus fruits. Smoking may also weaken the gatekeeper valve.

A hiatal hernia can also cause acid reflux. In this case, part of the stomach enters the chest, moving the LES into the chest area from the abdomen, where it functions best. The association between hiatal hernia and acid reflux disease makes being overweight an additional risk factor for acid reflux disease, as overweight people have a higher risk of hiatal hernia.

The large spectrum of symptoms connected with acid reflux includes pain that results from acid irritating the esophagus. Heartburn is the common term for the sharp pain people feel in the chest. Or, you may feel mild pain in the chest or upper belly. These symptoms



Darren I. Rohan, MD, FACS

typically subside in a few minutes. Less common symptoms include nausea, vomiting, general upset of the gastrointestinal tract and bloating.

Severe acid reflux disease can cause respiratory symptoms. Now, people are regurgitating not only the acid, but the contents of their stomach into the throat, and sometimes into the lungs. That can cause chronic coughing, pneumonias or asthma. These extreme effects occur in five percent of those with acid reflux.

You are most likely to have symptoms when you eat or drink, and when you sleep or lie flat. Not only does eating stimulate your stomach to produce acid, but acid content in the food itself can further irritate the esophagus walls. When you lie in a facedown position, gravity no longer helps keep stomach acid down where it belongs.

In about five percent of cases, acid reflux disease leads to Barrett's disease, a pre-cancerous chronic irritation of the esophagus in which there are already tissue changes. Barrett's disease is detected through an endoscopy, a non-surgical

procedure used to examine the digestive tract. People with severe reflux should get regular surveillance with endoscopies.

Most people with acid reflux disease are treated successfully with over-the-counter medications. People might need to take medications for a few weeks at time, or more regularly. But because they can interact negatively with other medicines or reduce bone density over time, there's always concern about taking these medicines chronically. And they don't always completely resolve symptoms. It's important to understand that medications do not stop the refluxing action. All they do is reduce the amount of acid in your stomach.

Many people reduce symptoms through lifestyle changes — not drinking coffee, avoiding chocolate and losing weight — all of which help strengthen the LES. No longer eating just before bedtime can help, as can eating smaller portions, and not sleeping completely flat.

But severe acid reflux disease typically requires a surgical remedy. If you have a hiatal hernia, we fix the hernia, and then wrap a portion of the relocated stomach around the lower esophagus to create a new strong valve. If there's no hernia, we only perform the wrap. The procedure, called a nissen fundoplication, is performed at Northern Westchester Hospital using robotic surgery. The robot's highly flexible tools and superior visualization lead to better patient outcomes and a quicker recovery. The surgery involves an overnight hospital stay. Post-surgery, there is a very low chance that the LES will weaken again. Avoiding coffee, chocolate and smoking, and being at your proper weight, can help prevent acid reflux or a recurrence.

Advanced Thoracic Surgery

The new Thoracic Surgery Program offers the very latest in diagnostics, robot-assisted surgery and non-surgical medical

care for chest and stomach problems, acid reflux, hiatal hernia, lung cancer, lung disease, and other chest cancers. Residents of Westchester County and surrounding areas now have access to advanced minimally invasive, video-assisted and robotic-assisted thoracic procedures.

Editors Note: Dr. Rohan is committed to improving outcomes in thoracic surgery in the Westchester area. He is a leader in robotic surgery and was the first thoracic surgeon in the United States to use the newest da Vinci surgical system, the da Vinci Xi for chest surgery. He performed the first lung lobectomy with the da Vinci Xi system, as well as nissen fundoplication—a procedure that relieves severe acid reflux disease. Employing robotic technology enables surgeons to perform most procedures using smaller incisions with less pain, decreased risk of infection, and often a shorter recovery.

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Learn more about Dr. Rohan, visit www.nwhroboticsurgery/DrRohan.

Official Planting at Community Garden in Brewster

The official planting of the Community Garden Around the Corner was Wednesday, May 24. Right at dusk, members of the community, Cornell Cooperative Extension of Putnam County and the Community connection students gathered outside the Studio to plant potatoes, tomatoes, onions and a host of other delectable vegetables. Studio Around the Corner Director & Vice President of the Cultural Arts Coalition, Judy Marano explained, "It was truly a joint effort with all hands getting dirty."

As the garden grows, the Cultural Arts Coalition will continue with a monthly Seed to Supper lectures. The next in the series will be held on June 14, 7 p.m.-9 p.m. at the Studio Around the Corner 67 Main Street in Brewster.

For more information, visit the Cultural Arts Coalition's Garden Around the Corner's webpage at www.CulturalArtsCo.com, email toscac2010@gmail.com or call 845-363-8330.



A Quiet Place at Home to Relax, Meditate or Pray

Statistics say that more than 55 percent of us pray daily. Surprisingly, far fewer of us, only 8 percent, meditate each day.

But I would venture to say that all of us would want to seek a special place to let our minds wander into a state of relaxation that relieves the stress of everyday life.

While enjoying a wine tasting a while back with some realtor buddies, the subject came up, and we were all quite open, even enthusiastic, about how and where we “go within.”

“I prefer doing it outside, observing nature,” I remember one colleague saying, “and I do it with my eyes open,” she added, which surprised me.

While Buddha was able to meditate outside under a tree, I lack that capability, finding outdoor sounds and even the breeze distracting.

“I can focus anyplace and anywhere I happen to be in my home,” said another friend.

That talent also eludes me. A current associate says he meditates in his office, taking a few moments when



By Bill Primavera

the need arises. Years ago, when I worked a 9 to 5 job in a somewhat dysfunctional office environment, I would sometimes retreat to the men's room, perhaps two or three times a day, go into a stall and repeat the mantra, “relax, relax, relax.” This survival technique was abandoned after my boss asked me if I were having gastrointestinal problems.

At home, I suspect that many of us have a special place dedicated to making contact with our inner selves and the universe. I was reminded of this a while back when I was told of a complaint from a seller who said that a real estate agent left her business card on the homeowner's “altar,” which would seem to be a violation of sacred space. The agent, in her own defense, said, “Gee, it looked like a regular credenza to me.”

Through the years, I've engaged in any number of seemingly discordant meditative practices. These included listening to new age and gospel music, the sound of an indoor waterfall and a vibrating chime, all supported with the energies of crystal healing, a very

heavy dose of Vipassana meditation and attendance at a then-popular men's group, where we would devote part of the meeting to relaxation techniques.

When I lived in a larger home than I have now, I had the luxury of carving out an entire room as my personal meditation space. I figured that it could double as a second guest room. Then, I started collecting crystals (minerals I called them to the outside world), and I became so obsessive about it, not so much for their metaphysical qualities but for their sheer physical beauty, that at one point my quiet place looked like an outpost of The American Museum of Natural History.

Our first house guest invited to sleep in that room refused. It seems that she had taken a different path to spirituality than I had, one that would classify any association with crystals as witchcraft. To each his or her own, I say.

For those who have never experimented with meditation, a recommended formula for a space in which to do it can be quite simple. Whether an entire room or a corner of one, the space should be uncluttered and capable of being darkened even in the morning or middle of the day. There should be a system for producing soothing sounds of your choosing, and I recommend that it be

through earphones rather than ambient sound for better concentration. Also, depending on one's beliefs, there might be religious or spiritual symbols or a touchstone of some sort to set the mood.

Some can meditate on a floor mat, but some of us are not that agile, so there should be a chair that is comfortable but not too comfortable or there is the risk of falling asleep while meditating.

What serves as my launching pad as my mind jettisons into altered time is an old wingback chair that has seen better days. This chair and I have spent a lot of altered time together to the point where it's become symbolic of my spiritual growth. So how could I let it go?

The one finishing touch might be some kind of signage for the entrance to the space that reads: “Altered state of consciousness within. Please do not enter.” Then, of course, turn off your cell phone, close your eyes, observe your breath and just say “ommmmmmm.”

Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. (www.PrimaveraPR.com). His real estate site is www.PrimaveraRealEstate.com, and his blog is www.TheHomeGuru.com. To engage the services of The Home Guru to market your home for sale, call 914-522-2076.

The Perennial Struggle: Natural Selection vs. Evolving Science



By Nick Antonaccio

There is a growing interest in family genealogy. Services such as Ancestry.com and 23andMe.com are mining our interest in tracing our roots – not only our family history but, increasingly, our

genomic make-up.

We want to know more of our ancestors than strictly how they spent their lives or their contributions to society. Rather, in our nation of multiethnicities, we are increasingly seeking to determine our genetic origins. I have friends who, in the past year, spat into a tube, submitted this DNA culture to a research company and, to their surprise (chagrin?), were told they have as many as 10 ethnic or racial ancestral roots.

For several, especially those who had previously traced their ancestry to one or two ethnicities or races, this was an eye-opening experience. In the last quarter century, science has significantly expanded our understanding, and potential control, of

our DNA make-up at an astounding pace.

So, too, with wine. For centuries, grape growers have endeavored to alter the characteristics of grapevines and the ultimate treasure of vines: grapes that are superior to their ancestors. Grapes that are harder, more disease-resistant, more flavorful and more marketable have been cultivated since early Roman and Greek times. Today, man is diligently expanding his 21st century scientific enlightenment into the traditional realms of nature. Science is at a crossroads in developing super-strains of grapevines and grapes through DNA manipulation in the laboratory.

Man's efforts to improve upon nature's natural selection process has historically centered on grapevine hybridization and cloning, mainly through trial and error. Today, in a number of agricultural universities around the world, this rudimentary process is shifting from the vineyard to the research laboratory.

Examples of man's efforts in the vineyard abound. For centuries, man relied heavily on nature to create new hybrids through the forces of wind, insects and birds to pollinate

You Heard It Through the Grapevine

grapevines of different origins to create numerous hybrids.

Sometime in the 17th century the art of grafting was developed. This entailed the attachment of young grapevine shoots bearing specific desirable traits,

onto a rootstock that possessed the traits the young shoots lacked.

Thus began vineyard owners' success in altering the very core of wine's natural profile, resulting in grapevines' resistance to disease, vitality and even the flavor of its grapes.

Was grafting an aspect of natural selection? Or was man intervening and interfering with nature? The question was never asked – until 1997.

In a groundbreaking 1997 project, a team of researchers at UC-Davis was able to break down the genetic code of the Cabernet Sauvignon grape. DNA testing discovered that, through natural selection, it is the genetic child of two disparate grapes: Cabernet Franc and Sauvignon Blanc. This startled the wine world: naturally hybridized red and white grapes could produce a robust, highly revered grape? And all of man's grafting efforts to hybridize this grape were in essence incestuous?

Since the 1997 discovery, research efforts around the globe have accelerated in defining the DNA fingerprint of grapes.

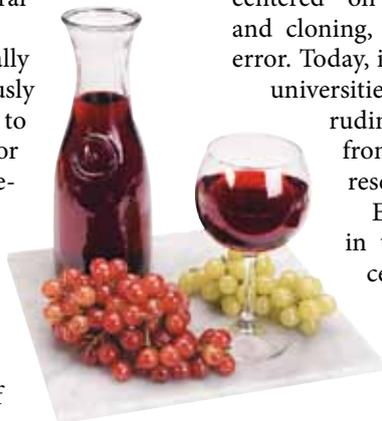
Efforts are underway to create new grape varieties in the laboratory, not in the field. New varieties that are designed, not hybridized; new varieties created from scientific method, not grafting trial and error.

The research team at UC-Davis, led by Dario Cantu, has begun a study, utilizing state-of-the-art technology, to analyze and eventually alter a grape's genetic structure.

“The new genomic information that will be generated with this new genomics approach will accelerate the development of new disease-resistant wine grape varieties that produce high-quality, flavorful grapes and are better suited to environmental changes,” Cantu said.

In this new age of scientific enlightenment, is there a difference between attempting to influence the output of nature versus altering the very essence of nature? Nature versus nurture takes on a new meaning in the 21st century vineyard.

Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted numerous wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.



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LEGAL NOTICES

EMWRE LLC Articles of Org. filed with NY Sec of State (SSNY) on 04/18/17 Office: Westchester County. SSNY designated agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to registered agent, **United States Corporation Agents, Inc. at 7014 13th Avenue Suite 202, Brooklyn NY 11228. Purpose: Any lawful purpose.**

NOTICE OF FORMATION OF ALBANI LLC. Arts of Org. filed with New York Secy of State (SSNY) on 10/27/16. Office location: Westchester County. SSNY is designated as agent of LLC upon whom process against it may be served. Mail process to: **9 Noble Avenue, Bronxville, NY 10708. Purpose: Any lawful purpose.**

NOTICE OF FORMATION OF Quick Body Solutions, LLC. Articles of Organization filed with the Secretary of State of NY (SSNY) on 03/30/2017. Office location: WESTCHESTER County. SSNY has been designated as agent upon whom process against it may be served. SSNY shall mail process to: **495 Odell Avenue, Suite 6F, Yonkers, NY 10703. Purpose: Any lawful act or activity.**

NOTICE OF FORMATION OF FAR FROM HOME PRODUCTION, LLC. Art. Of Org. filed with the Sect'y of State of NY (SSNY) on 4/7/2017. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **42 Glen Road, Eastchester, NY, 10709. Purpose: any lawful purpose.**

NOTICE OF FORMATION OF THE BLADRESS, LLC. Art. Of Org. filed with the Sect'y of State of NY (SSNY) on 01/03/17. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **8 Cedar St, Tuckahoe, NY, 10707. Purpose: any lawful purpose.**

NOTICE OF FORMATION of FREEDOM CAPITAL ENTERPRISES, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on 11/14/16, Location: Westchester County. SSNY designated as agent for service of process on LLC. SSNY shall mail a copy of process to: **405 Tarrytown Road #1437, White Plains, NY 10607. Purpose: Any lawful purpose.**

NOTICE OF FORMATION of 1352 COMMERCE AVENUE, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on 11/14/16, Location: Westchester County. SSNY designated as agent for service of process on LLC. SSNY shall mail a copy of process to: **1027 Washington Avenue Pelham Manor, NY 10803. Purpose: Any lawful purpose.**

NOTICE OF QUALIFICATION OF WK RISK MANAGEMENT, LLC. Authority filed with Secy. of State of NY (SSNY) on 3/10/2017. Office location: Westchester County. LLC formed in CT on 7/11/2016. SSNY designated agent upon whom process may be served and shall mail copy of process against LLC to: 925 Westchester Ave., Suite 400, White Plains, NY 10604. CT address of LLC: 190 Old Ridgefield Road, Wilton, CT 06897. Certificate of LLC filed with Secy. of State of CT located at: **30 Trinity St., Hartford, CT 06106. Purpose: providing assistance to insurance brokers and agents.**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC)

NAME: Mitch's Fishes, LLC Articles of Organization were filed With the Secretary of State of New York (SSNY) on 12/09/16. Office location : Westchester County. SSNY has been designated As agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of the process to : **The LLC, 22 Baltic Place Apt 2D , Croton On Hudson, NY 10520 (the LLC's principal business Location) Purpose : any lawful purpose.**

NOTICE OF FORMATION OF T.A.T.A.'S AMBROSIAL, LLC. Arts. of Org. filed with SSNY on 4/27/17. Office location: Putnam Cnty. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to **130 Reservoir Road, Brewster, NY 10509. Purpose: health and beauty product.**

NOTICE OF FORMATION OF LLT PROPERTY LLC ART. Of Org. filed with the Sect'y of State of NY (SSNY) on 3/21/17. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **Susan Lewkowitz, 670 White Plains Rd. Ste. 110, Scarsdale, NY 10583. Purpose: any lawful purpose.**

NOTICE OF FORMATION OF VAMOS LLC, Articles of Organization filed with Secretary of State (SSNY) on February 24, 2017. Office Location: Westchester County. Service may be made to SSNY, who shall mail a copy to: **C/O VAMOS LLC, 81 Pondfield Road, #200, Bronxville, NY, 10708. Purpose: To engage in any lawful act or activity.**

NOTICE OF FORMATION OF RISA'S FABULOUS CREATIONS WEDDING AND EVENT PLANNING FOR ALL OCCASIONS, LLC. Art. of Org. filed with the SSNY on 03/22/2017. Office: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to business address: **422 South 6th Ave., Mount Vernon, NY 10550. Purpose: Event planner, coordinator and decorator.**

NOTICE OF FORMATION OF CREATENET STUDIO LLC. Art. of Org. filed with SSNY on 4/29/15. Office Loc: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to the LLC, **300 S. Broadway #2J Tarrytown, NY 10591. Purpose: any lawful purpose.**

NOTICE OF FORMATION OF XLSIR, LLC. Filed with the SSNY on 03/01/2017. Office Loc: Westchester. SSNY designated as agent of LLC upon whom process against it may be served and shall mail

process to the principal business address: **United States Corporation Agents, Inc., 7014 13th Avenue, Suite 202, Brooklyn, NY 11228. Purpose: any lawful acts.**

NOTICE OF FORMATION OF GMJJ LLC Art. Of Org. filed with SSNY on April 26, 2017. Office Location: Westchester County, SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **180 Stone Hill Road, Bedford, NY 10506. Purpose: any lawful purpose.**

NOTICE OF PUBLIC HEARING PLEASE TAKE NOTICE that pursuant to Section 185-58 of the Zoning Code of the Village of Pleasantville, New York, a public hearing will be held before the Board of Trustees of the Village on the 26th day of June, 2017 at 8:00 p.m. at Village Hall, 80 Wheeler Avenue, Pleasantville, New York in regard to a proposed Local Law making certain use and dimensional changes to the properties located within the A-1 Zoning District, including modification of permitted uses and densities, creating development incentives and modifying the parking requirements within the A-1 Zoning District. Copies of the proposed local law containing all the proposed zoning text changes for the A-1 Zoning District are available for inspection in the Office of the Village Clerk during regular business hours and are also available on the Village website. All persons having an interest in this matter are invited to attend the June 26, 2017 meeting of the Board of Trustees in order to express their views. **Judith Weintraub, Village Clerk, Village of Pleasantville, Westchester County, New York**

PERFORMANCE RIGGING SOLUTIONS, LLC, Application of Authority, filed with the SSNY on 4/28/17, Office location: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, **47 Lake Place N, Danbury, CT 06810. Purpose: Any lawful purpose.**

NOTICE OF QUALIFICATION of a girl named Rian LLC. Authority filed with Secy of State of NY (SSNY) on 5/8/2017. Office location: Westchester County. LLC formed in DE on 3/27/2017. SSNY designated agent upon whom process may be served against LLC to: 3422 Old Capitol Trail, Ste. 700, Wilmington, DE 19808. Principal business address: **43 Beechwood, Irvington, NY 10533. Certificate of LLC filed with Secy of State of DE located at: 401 Federal St. #4, Dover, DE 19901. Purpose: any lawful act.**

NOTICE OF FORMATION OF UNICO NY LLC Arts of Org filed with Secy of State of NY (SSNY) on 3/10/2017. Office loc: Westchester. SSNY designated as

continued on next page

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agent upon whom process may be served and shall mail process to the principal business address: **10 Wilton Road, Pleasantville NY, 10570. Purpose: Any lawful act or activity.**

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Crossword Answers

G	M	C		P	O	L		D	C	I
I	O	U		O	N	O		O	R	S
N	P	R		E	A	T	S	O	U	T
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M	O	O		P	E	A		E	M	U
I	S	M		E	A	R		T	E	D

Frankie's to Celebrate Ten-Year Anniversary



Frankie's Waffles and Burgers will be celebrating a milestone this weekend when the Mahopac eatery celebrates its 10th anniversary. The celebration will be all day June 11 as the decade-old restaurant will be open its regular hours. The community fixture is owned by the Evangelista family, who are Mahopac residents. Frankie's has won awards for its burgers and soups. The diner is located at 565 Route 6 and its phone number is 845-621-2527.

Happenings

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Nikki Gallagher at nikki@theexaminernews.com

Vendors Wanted:

Rent-A-Space Community Tag Sale. First Presbyterian Church located at 411 Rt. 6N (at Secor Rd) in Mahopac will host a Rent-a-Space Community Tag Sale. Saturday June 17, 9 a.m.-3 p.m. Rain or Shine. Refreshments will be available. Vendors are wanted. Double parking space \$25 in Advance (by check until June 10th, cash until June 15th) \$30 per Day of Sale, Cash Only. Tables are available for rent @ \$10 each, set up starts 8 a.m. For more information please call 845-628-2365 or email presby411@verizon.net

Art on Display:

"Water is Life" at Kent Library. During the month of June Vivian Haberdorf will present Water is Life, an exhibit of acrylic on canvas paintings, at the Kent Public Library. Deeply moved by the natural landscape and gentle beauty of the Mid-Hudson Valley, Vivian began a search for a way to get closer to nature. Through that highly personal and emotional process, she discovered the artist within herself. It is a sentimental journey that continues to motivate her work as a painter.

Ongoing:

Fridays:

Dance of joy: Dance/movement therapy for people with Parkinson's disease. This ongoing group meets on Fridays at 10 a.m.-11 a.m. at the Seven Star School of Performing Arts. If you would like more information about this group, please contact Marie Carstens at 347-742-6591 or email at Mccarstens21@yahoo.com. Pre-registration is required. Registration is \$15 per session, A caregiver or loved one is encouraged to join for an additional \$5.

Saturdays:

New Family Services: Gilead Presbyterian Church. Every Third Saturday 5:30 p.m., the monthly service will feature music, a special theme for the services and refreshments. You will find a more relaxed, friendly and fun atmosphere. There is a variety of participation of many ages. The parish is part of the Presbytery Church USA and the Presbytery of the Hudson River, led by the Rev. Martin McGeachy. All are always welcome. For information and directions, visit www.gileadchurch.org or call 845 225-4586.

Tuesday, June 6

Mahopac Public Library's Budget Vote: 7 a.m. - 9 p.m. Applications for absentee ballots are now available at the Library's Information Desk.

The Reads at Reed Book Club: 7: p.m. to discuss the book "The Invention of Wings" by Sue Monk Kidd. The meeting will be held at Reed Memorial Library, 1733 Route 6, Carmel. Contact 845-225-2439 with any questions."

Wednesday, June 7

Movie Matinee: La La Land: 1 p.m., Enjoy this heartwarming comedy where an aspiring actress and dedicated jazz musician must decide between their love for each other and their dreams. Rated PG-13 for some language. For more information or to register, contact the Patterson Library at 845-878-6121 x10 or go to www.pattersonlibrary.org and click Calendar.

Saturday June 10

Community Tag Sale: Memorial Field from 9 a.m.-3 p.m. (No Early-birds). Rent a space at the field for \$15. Clean out your closets and garages, or bring new items to sell. Concession and lemonade stands will be available. To reserve your space and for more info., call Lisa at (914)469-2021. Rain date, July 8

Raising Backyard Chickens: 2 p.m. - 4 p.m., Putnam Valley Grange. 128 Mill Street (at Peekskill Hollow Rd.) Putnam Valley, \$15 Registered and Paid in advance \$20 at the door (admission fee covers one person or the whole family!) Grange Members admitted Free

Monday, June 12

Free Dance Days: June 12 - 17 at Seven Star School Experience the magic of dance class for free. Choose from our popular children's specialty classes. We have a variety of classes for ages 2-18. You can select a class that fits your child's age and your schedule! We even have a Teen and Adult Zumba! Your new dancer will love dancing to music, meeting new friends and having fun! No experience is necessary but space is limited. Reserve your spot while space is still available and receive a free treat! Seven Star School is located at 509 Route 312 in Brewster. For more information and to reserve your spot, visit them at www.SevenStarSchool.com or call 845- 278-0728.

Tuesday, June 13

Mysterious Stone Sites Talk at Reed Library: 7 p.m. If you are curious about the chambers, cairns, balanced rocks, and stone walls so prevalent in Putnam County this presentation by author Linda Zimmermann may answer some of your questions. A guided hike to Hawk Rock in Kent to see several of these formations will take place on Saturday June 17 (rain date June 24). Please call the library to register, 845-225-2439.

Mysterious Stone Sites Talk at Reed Library. 7 p.m. If you are curious about the chambers, cairns, balanced rocks, and stone walls so prevalent in Putnam County this presentation by author Linda Zimmermann may answer some of your questions. A guided hike to Hawk Rock in Kent to see several of these formations will take place on Saturday June 17 (rain date June 24). Please call the library to register, 845-225-2439.

Tick Talk : Preventative and Alternative measures against Lyme Disease at Kent Library. Dr. David Connell will be at the Kent Public Library 6 p.m.-7 p.m. to discuss the health effects of Lyme Disease and talk about some preventative and alternative measures you and your family can take. Registration is required. Space is limited. You may register for the program by going to www.kentlibrary.org or calling the Kent Public Library at 845-225-8585. The library is located at 17 Sybil's Crossing, Kent Lakes, NY 10512.

Wednesday, June 14

Flag Day at the Brewster Elks 6 p.m. arrive by 5:30 p.m. Marine Corps League to provide Rifle Detail, Detachment June Meeting to be held in conjunction with Flag Day at Elks

Thursday, June 15

Stories of my Life Workshop at Reed Library Thursdays June 15 through July 6.

Create an altered book using stories from your life, illustrated with images created using a variety of techniques. Please call the library to register, 845-225-2439.

Saturday, June 17

Fundraising Father's Day Eve Spaghetti Dinner which will take place at the Church of the Holy Communion, 1055 Route 6, Mahopac. 5 p.m. to 8 p.m. The cost will be \$10/adult and \$5/child to benefit the Buildings and Grounds Beautification Project. For more info, please contact 845-628-6144. Everyone is invited; bring your appetite!

Ookie Walk Sale: hop for a variety of home-baked cookies at our Cookie Walk Sale -- just in time for Father's Day and graduation celebrations, 9 a.m. -3 p.m. First Presbyterian Church, 6N & Secor Road, Mahopac. Rain or Shine. For more information please call 845-628-2365 or email presby411@verizon.net

Vet Peer-to-Peer Program Funded for Another Year

continued from page 1

New York State Senators Terrence Murphy and Sue Serino, along with a long list of other elected officials, announced they have secured \$185,000 for the program that has been in the county since 2013 and is administered by Putnam's mental health and veterans agencies.

The program is named after an Army private that committed suicide in 2008 and run by veterans for veterans suffering from Post Traumatic Stress Disorder and/or Traumatic Brain Injury by providing peer-to-peer counseling.

Program coordinator and Mahopac resident John Bourges said in Putnam, people are fighting for the same goal of helping veterans. While roughly 20 veterans sadly commit suicide each day nationwide, Bourges stressed even one suicide is too many. The program encourages veterans to socialize in the community through activities and reacquaint themselves with civilian life.

"We're able to say to the people we're not therapists, we're not psychiatrists, we're not psychologists--we're peers," he said. "We're just like you and walked in the same shoes, walked in the same boots."

Executive director of the Mental Health Association in Putnam, Megan Castellano, said she's excited to see what the program can do this year working with county Veteran Services director Karl Rohde and assistant director Art Hanley.

"If each day I can help one veteran, it's

been a great day," Rohde said.

Murphy said veterans are being treated for a multitude of issues, including PTSD, which there's been more awareness for. He noted state lawmakers had to fight again to ensure the funding stayed in Putnam for another year. Serino touched on the high number of veteran suicides per day and traced it back to a personal experience. She said her brother committed suicide, and while he wasn't a veteran, she understands the effect it can have on a family.

State Assemblyman Kevin Byrne, who was familiar with the peer-to-peer program before he was in office, said he's happy to see the program last as many years as it has and credited the team Putnam has in place.

County Executive MaryEllen Odell said the money the county receives is wisely utilized by Rohde, Hanley, Castellano and Bourges. Sheriff Don Smith added the physical scars of war have been known for a long time, but the mental anguish suffered was taken for granted for too long.

"PTSD is real and they're emotional scars of war," Smith, a retired brigadier general, said. "Too many of our veterans are suffering alone."

County Clerk Michael Bartolotti said Putnam cherishes its veterans and does whatever it can to help them. Kent Supervisor Maureen added the peer-to-peer program assists veterans that might not otherwise get services because they don't want to visit a therapist.

"It's really a valuable, wonderful program," Fleming said.

The Putnam
Examiner
Sports
 Covering Putnam County and Northern Westchester Sports

June 6 - June 12, 2017

SMALL NEWS IS BIG NEWS

SPORTS SECTION



**Carmel Junior Crowned
 NYS Golf Champ,**

**Leads
 Section 1
 to Team
 Title Repeat**

ANDY JACOBS PHOTO

**Peter, Peter,
 Can't Defeat Her!**

Carmel's Lauren Peter was the first-round leader at the NYSPHSAA girls' golf tournament after a stupendous 4-under 68 last Saturday at Bethpage Yellow in Farmingdale, and the Ram junior followed that up with an even-par (72) second round on Sunday to win the 2017 NYS girls' golf tournament. Peter, who held off two-time defending champ Lindsay May of Auburn, now has her first individual state title to her credit after finishing second the last two years, and her second Section 1 team title in as many years. Previously, Peter led the Rams to their first Section 1 title in program history (inset), along with Big 4 teammates Amanda and Caitlyn Tully and Teresa Crowley, who finished 13th, 37th and 42nd, respectively, at states. "This mean a lot, I'm really happy that my team also won," Peter said. "I didn't really change my game from Day 1 to Day 2. I just went out there and had fun. It's so special. I just had such a great time with these girls."

— by **RAY GALLAGHER**

Sports

Class A Boys' Lax Notebook

Janavey Triggers Rebel Comeback in Region 1 Title Win

Lakeland/Panas to Battle Ward Melville in Downstate Class A Semis

By Ray Gallagher
Examiner Sports Editor
@Directrays

Jo-Jo's circus was in full regalia last Saturday afternoon in the NYSPHSAA Region 1 championship at Mohonasen High School in Schenectady where Lakeland/Panas junior attackman JoJo Janavey scored five times, including a pair of tallies in the final minute of the Rebels' 10-9 come-from-behind win over Section 2 champion Shaker, the sixth-ranked team in the state.

"Jojo played great, especially in the second half, finding seams in their zone and finishing when he had the chance," L/P boss Jim Lindsay said.

It might sound ordinary the way the coach puts it, but Janavey simply has a nose for finding open space and snapping off quick one-touch-like snipes.

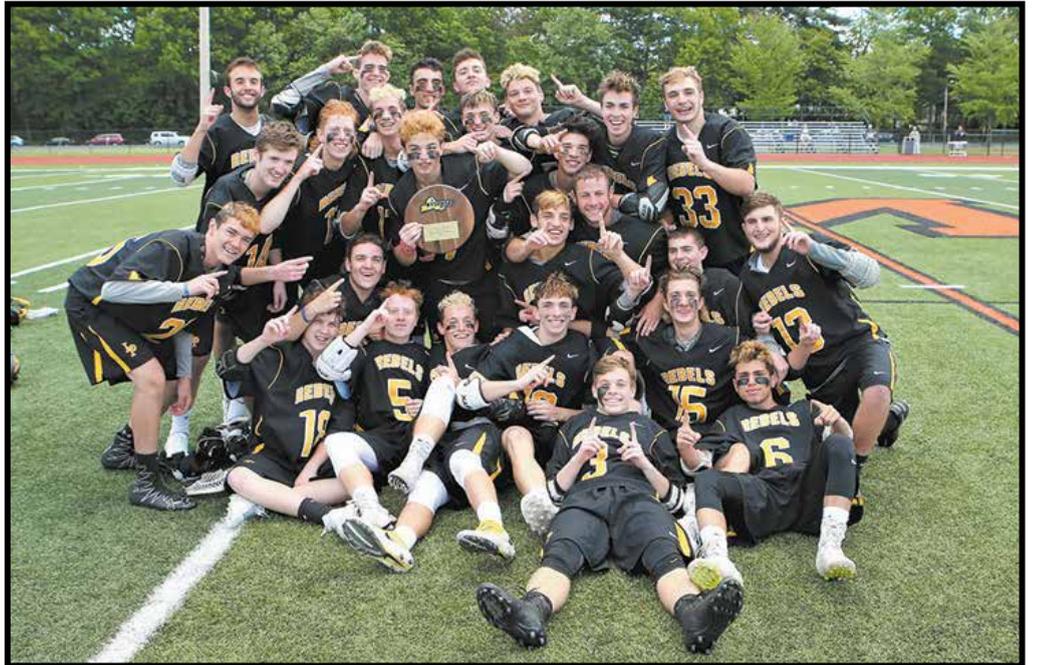
"I was able to get open on the last two goals, and my guys fed me and I finished on the last two shots," said Janavey, who has done so an astounding 127 times in his two seasons on the Rebel varsity squad (plus 41 assists). "We went down early and

fought back, and we came out on top in the end because we didn't want our season to end today."

It was a grind, according to Lindsay, but the Rebels are back in business, poised to deal with a familiar foe in Section 11 champion Ward Melville, among the most renowned programs in the world. The state-ranked (No.1) Patriots and No.11 Rebels will get after this Wednesday (4:00 p.m.) at SUNY Albany with a berth in the state championship on the line; just like last year when the Patriots put the hammer to the Rebs.

"We are trying to become the first team in school history to win the state title, and we are ready to give Melville our best shot," said Janavey, who netted the game-winning goal with 16.6 seconds left.

Shaker was rising through the state ranks in recent weeks and had been playing its best lax of



BOB CASTNER/RAY GALLAGHER PHOTOS

For a second-straight year Lakeland-Panas is headed back to NYS Class A Final 4 after hoisting Region 1 championship plaque last Saturday.

Lake/Panas' Nardelli Headed to NYS Meet



ANDY JACOBS PHOTO

Michael Nardelli of Lakeland-Panas qualifies for the NYSPHSAA meet in the 400 hurdles by clocking in at 55.97 at White Plains last weekend. Teammate Josias Luctamar qualified in the long jump and will join him on the trek north for the State Championships next Friday and Saturday at upstate Union-Endicott High School.

the season coming in to the game, but L/P's patience and balance paid off. Rebel senior Tim Fallo (two goals and four assists) was swishing and dishing with equal authority. Drew Thompson used his size and strength to ward off the Blue Bison defense for a goal and two assists. Sean Laukaitis' lone tally was huge, ending a two-goal Blue Bison run and cutting the Rebel deficit to one (9-8).

In the waning moments, Lakeland/Panas picked up a turnover and drew a penalty to go man-up and Janavey took advantage and hit the target with 42.7 seconds to go, tying the game at 9-9.

LSM Griffin Shiland also scored once for the Rebels while G Kevin Dyckman made 11 saves for Lakeland/Panas.

"The rest of the kids just kept grinding and finding ways to make plays to keep us in the game," Coach Lindsay said. "Defensively, they really did a nice job of limiting their opportunities in the second



L-P attackman Jolo Janavey scored 5 goals, including two in final minute of Rebels' thrilling 10-9 Region 1 title win over Shaker Saturday.

half, and Dyckman was fantastic all game."

An ordinary grind won't be sufficient against Ward Melville. The Rebels will need to play over their heads on both ends of the field if they are going to reach the NYS finals for the first time since 1991 when they were defeated by West Genny in Lakeland's only state title appearance.

REB-BITS – L/P senior A Sean Makar was named one of nine Section 1 All-American earlier in the week.



Rebel senior A Sean Makar was named All-American last week.

Sports

Class B LAX Notebook

Casey Goes Crazy in Yorktown's Region 1 Class B Title Win

Huskers to Face Rival Garden City in Downstate Semis Wednesday

By Ray Gallagher
Examiner Sports Editor
@Directrays

Way back in March, we put out the memo: Beware of Yorktown senior A/M Kyle Casey this season. It was in this sports section and on the world-wide web, but

12-11 NYSPHSAA Region 1 Class B championship win last Saturday at Mohonasen High School in Schenectady.

"He was special today," Yorktown Coach Sean Carney said of the recently-minted All-American he likened to former Husker All-American and current Marquette senior stud Conor Gately. "I told him at half that it was Casey time. He started going to the cage and taking the initiative, didn't defer any more. He is a pretty special player as he can shoot and has vision up there with some of our best. He's got no-looks like Gately had, and he uses his size well and his teammates kept picking to get him free."

When Casey wasn't free, he drew slides and found open teammates, specifically in the second half. The Silver Warriors held a 6-5 halftime lead and Carney's "chat" with Casey paid the kind of dividends he's returned

all season (six second-half points).

"If you are going to lose, you better lose with your best kids attempting to make plays," Carney said. "Kyle did that throughout the second half. It really was a special game for him."

Yorktown's junior twins, Jamison Embury (3G) and Hunter Embury (2G,

1A), did what they do as well as anyone in the state, scurrying about the field with elusive speed. With their speed and the combination of Casey and Justin Cavallo's power, the Huskers are tough to contain, given the depth they have, too.

"It got a little scary at the end, I'm not going to lie," Cavallo admitted. "But once we see a short stick on any one of our offensive players we tell them to go, let alone Kyle. It was almost disrespectful to him to have a shorty on him and he showed that no team should have a short stick on him."

Shane Dahlke added a goal and Husker G Louis Ragusa made six saves, including one in the waning seconds.

"Nisky was really good," Carey said. "The boys are very excited now for the next opportunity."

The next opportunity has often been the bane of Yorktown's existence: The Huskers play Section 8 champion and Long Island rival Garden City at 6:30 p.m. Wednesday at SUNY Albany in the NYSPHSAA downstate semifinal.

Garden City will throw haymakers at the Huskers. Between Finn Gibbons and Luke Keating, the Trojans have two lethal scoring threats that Yorktown All-Americans Jose Boyer and Brett Makar will have their hands full with. The duo combined for 12 goals in

the Trojans' 14-4 win over Eastport-South Manor in the one-sided LI title tilt.

Makar suspects the 2016 NYS runner-up Huskers will have enough firepower to match up with the Trojans, and expects another big game from Casey, who has been a match-up nightmare for opposing poles or fools who try to contain him with a shorty.

"Kyle's been doing that all year," Makar said. "He's truly an All-American player and leader. Coming out of half, Kyle knew if he made a play everyone would follow his lead. We're thankful we got a guy like him on our team, and I got more lacrosse left with him. We're looking forward to Wednesday for sure."

It has the makings for a classic in yet another chapter of Yorktown vs. Garden City.

Yorktown vs. Garden City Playoff Rivalry

1985 Garden City 11, Yorktown 10
1986 Garden City 7, Yorktown 4
1987 Yorktown 9, Garden City 8
1990 Yorktown 7, Garden City 6
1991 Yorktown 12, Garden City 7
1993 Yorktown 8, Garden City 5
1994 Garden City 16, Yorktown 9
2011 Garden City 11, Yorktown 9
2012 Garden City 14, Yorktown 4



RAY GALLAGHER PHOTOS

Yorktown senior All-American Kyle Casey was at it again in the Huskers' Region 1 Class B title win over Niskayuna Saturday.

apparently the communiqué didn't make its way to the capital district, despite the fact Casey will play there next season for Coach Scott Marr's Great Danes at SUNY Albany.

Casey torched Section 2 powerhouse Niskayuna for five goals and three assists in the state-ranked (No.2) Huskers'



Yorktown M Hunter Embury had two goals and an assist in Huskers' Region 1 Class B title win over Nisky Saturday.

Yorktown's Wei 2nd in NYSPHSAA Tennis Tourney

ANDY JACOBS PHOTO



Yorktown's Sean Wei returns volley in Saturday's state finals at the USTA's National Tennis Center where he placed second in the NYSPHSAA tourney after an incredible senior year in which he also won a Section 1 title.

Sports

Girls Softball Notebook

No Joy in Mudville: Lakeland, Yorktown Fall in NYS Regionals

By Tony Pinciario

The LAKELAND and YORKTOWN varsity softball teams came into the 2017 looking to author different conclusions to their respective seasons.

Both teams wanted to achieve the ultimate sectional goal – win a Section 1 title – after having their respective dreams dashed in 2016.

Yorktown was shocked in the quarterfinal round by Mamaroneck in the 2016 Section 1 Class AA Softball Championships and Lakeland dropped a heartbreaker to Pearl River in the Section 1 Class A Softball Championship final.

When the final out was recorded in the Section 1 Class AA and Class A title games, it was Yorktown and Lakeland, respectively, which had earned the celebration and championship plaque.

Yorktown defeated North Rockland, 4-1, on the Red Raiders' home field. It was Yorktown's second win over North Rockland this season. Lakeland walloped Eastchester, 15-5, to get the sectional title that eluded its grasp from 1984-2016. This came on the heels of a thrilling semifinal game with Brewster, one which Lakeland prevailed, 4-3, in extra innings.

Both teams carried the momentum from their sectional-title games over to their respective state-regional games. Yorktown defeated Section 9 champion, Kingston, 5-3, and Lakeland crushed Section 9 victor, Goshen, 18-0.

The quest for the state final four and a state championship ended prematurely, in

Cassie Reilly-Boccia and her teammates were a perennial power and eventually sectional champions (2008).

"This means a lot because after 2008 the program went down a little and it was great to see how we built it up over these past four years," Giordano said.

Yorktown also treated the next wave of varsity softball players to a sectional title.



Yorktown's Erin Gray (L) and Brittany Giordano celebrate a Husker run in Region 1 Class AA title loss last Saturday.

"The whole young Yorktown Athletic Club team was there watching us," said Giordano of the young softball players watching the sectional final. "I said, 'Don't you think they want to be us when they're in high school so we have to go out there, win this and make a name for ourselves.' They were definitely excited to watch us and I think they were our biggest fans."

Yorktown showed its sectional run was not just a hot streak. The Cornhuskers eliminated Kingston to add a state playoff game to their resume.

"We knew that Kingston and us matched up well so we prepared for them by

working on hitting line drives and hitting the ball hard on the ground," Giordano said. "Their pitcher threw the ball outside and she threw drops, so we worked on the outside pitch and we were ready for her."

Giordano said the difference in the team's regional final 5-3 loss to

Binghamton was its pitcher, Paige Rauch.

"She was phenomenal, probably the best pitcher we faced all year," Giordano said. "She had great movement on her pitches, had a great changeup and she threw it perfectly every time."

Yorktown finished with a 20-6 record and the admiration from its coach, Ryan Iamurri.

"I couldn't have asked for a better end-of-the-year run for this team," said Iamurri, who played with Reilly-Boccia at Alabama. "I want to commend the team because despite a bit of a rollercoaster year, emotionally we figured out the 'team before me' attitude once the playoffs started."

"As soon as you put the team first and realize the common goal that you're all working towards, then winning takes care of itself. For the seniors who are leaving, Victoria, Maddy and Brittany, I thank



RICK KUPERBERG PHOTOS

Yorktown players tried everything short of a jailbreak to come out on top in season-ending loss last Saturday in NYS Class AA regional title loss.

DeMatteis, Cameron Lischinsky, Amber Badillo and Olivia Knopf -- who made the Hornets an elite team during their career.

The Hornets wielded the aluminum on their way to outscoring their four opponents, 51-10, in sectionals. Lakeland then made it miserable for Goshen in state play behind a Walsh one-hitter.

"After winning the sectional title, we were pretty happy for ourselves and we wanted to keep it rolling," said Walsh, who assistant Coach Steve Fallo put in the top three all-time at Lakeland. "We went in there not knowing anything about them so there was less pressure. We were excited about playing that game, but we were also relaxed."

Lakeland took the same approach going into the regional final against Maine-Endwell (Section 4). However, it was Emily Hess who outdueled Walsh for a 2-0 victory. Walsh only allowed five hits and struck out seven.

Walsh pointed out that Hess possessed a good riser and she used it to

her advantage to tame Lakeland's offense.

"After we got through the lineup the first time we knew we had to stay off her rise-ball and wait for her to come into the zone," Walsh said. "We just couldn't string a few hits together when we needed them."

Despite the loss, Lakeland finished with a program-record 24 wins, including a 21-game winning streak.

"We should be proud of ourselves because we had a great season," Walsh said. "This is a senior class that has been playing together all of our lives and I'm definitely going to miss them and miss this team. I couldn't have asked for a better senior year."



Yorktown's Reilly Koch slides home safely with a run in Huskers' season-ending Region 1 Class AA title loss.

the regional final, but it still does not take away from what both teams accomplished in 2017.

Yorktown senior Brittany Giordano grew up playing softball and yearned for her opportunity to re-establish the tradition that was set 10 years earlier when



Lakeland 1B Olivia Knopf can't corral this errant throw in Hornets' season-ending Region 1 Class B title loss Saturday.

them for setting the standard for the next few years of the Yorktown softball program to be great again."

Giordano, along with classmates Maddie Wrubel and Vicrotia Belliveau will graduate later this month, but they take with them something they will always remember.

"This is something that we will never and forget and it's one of the best feelings in the world, winning the sectional title," Giordano said.

LAKELAND garnered the program's first sectional title since 1984 and the Hornets were led by a group of six seniors – Colleen Walsh, Krista Verrino, Isabelle

Sports

Girls LAX Notebook

Seger, Fusco Lead Charge in Yorktown's Region 1 Title Triumph

Frawley Dominates Draws, Huskers Advance to NYS Class B Final 4 in Coach Mager's Swan Song

By Ray Gallagher
Examiner Sports Editor
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Feisty Yorktown girls' lacrosse Coach Ellen Mager isn't easy to impress. When you've coached the vast number of All-Americans Mager has mentored; multi-national D-I champions like Alexis Venechanos and Katrina Dowd, it's tough for newcomers to measure up to the standards that former Cornhusker greats have established during her remarkable two-decade run on the Yorktown sideline.

But the veteran head coach of 15 seasons with eight Section 1 titles to her credit (11 overall for the Yorktown program) and three state nuggets to boot, couldn't help but be impressed by the performance Yorktown gave in its 13-3 NYS Class B title triumph over Section 2 champion Niskayuna last Saturday at Suffern High School.

The four-time NYS champion Huskers (12-8) needed overtime to beat Nisky, 10-9, last season, but this recent thrashing was total dominance from start to finish. As Mager's prodigious coaching career comes to a close this weekend (as she announced Sunday), the



Yorktown senior Rilea Fusco torched Nisky for seven points in 13-3 Region 1 Class B title win Saturday.

RICK KUPERBERG PHOTOS



Yorktown senior Michelle Seger bagged six goals and two assists in Huskers' 13-3 Region 1 championship win over Nisky Saturday.

Huskers are aptly headed back to the NYS Class B Final 4 at SUNY Cortland this Friday to face Section 8 champion Garden City.

"Yeah, it's fitting, I guess," said Mager, as she downplayed her impending exit as Yorktown's coach this coming weekend, win, lose or draw. "It's never been about me, but when you take it as seriously as I do, it can be draining. It can take years off your life when you're as competitive as I am. When you want it so bad for these kids, it just gets tougher and tougher for me, so the time is right now, and

I'll just get on with things and follow Carli around."

Mager's daughter, Carli, is bound for Ohio State next season, poised to play for one of Mager's all-time favorites, Buckeye Coach Venechanos, who learned a bunch from Mager during an All-American career at Yorktown.

"It's the end of an era for me," Mager said, "but I'm a much better coach than I was when I started. I've learned a lot about my players, the parents, the game, and 95% of it was a positive experience. This final bus ride to Cortland will be bittersweet; seeing the kid's faces as the police escort us out of town is something I'll never forget, though. The lifelong memories are what makes it so special, and kudos to these girls, they made it a great way to finish up. To see this team develop as it has, it's really impressed me."

Mager was particularly swayed by the play of two seniors – Syracuse-bound All-American Rilea Fusco (2G, 5A) and B.U.-bound Michelle Seger (6G, 2A) – who combined for eight goals and seven assists in what was a start-to-finish effort by the state-ranked (No.15) Huskers. After scoring the game's first goal just over a minute in, Seger saved her best goal for last, going head-to-head (literally) with a Nisky defender prior to finishing.

"They just have such a special connection," Mager said of Fusco and Seger, who narrowly missed out on her own All-American nod. "Some things are out of my control, but I thought they both deserved it (A-A). Neither one of them would allow this to be their last game and they played it like it might be."

Yorktown M Ciara Frawley (3G), who owned the draw box, winning 12 of 15 faceoffs, and Caroline Keenaghan (1G, 3A) were all over the field for the Huskers.

"Ciara played the best we've ever seen her play," Mager said of the junior. "She was incredible on defense, too, along with

Emily Hirsch and Jenna McPherson."

Yorktown advanced to face Long Island champion Garden City in the state semis at 9 a.m. Friday at SUNY Cortland. Long Island has been Yorktown's bugaboo over the years and Garden City has won 14 NYS titles since 1995, far more than any other school in the state. G.C. senior captains, Celia Concannon, Devon Heaney and Kaitlyn Larsson, are the trio to prepare for as four-time NYS champion Yorktown readies for the state-ranked (No.1) Trojans (17-1).

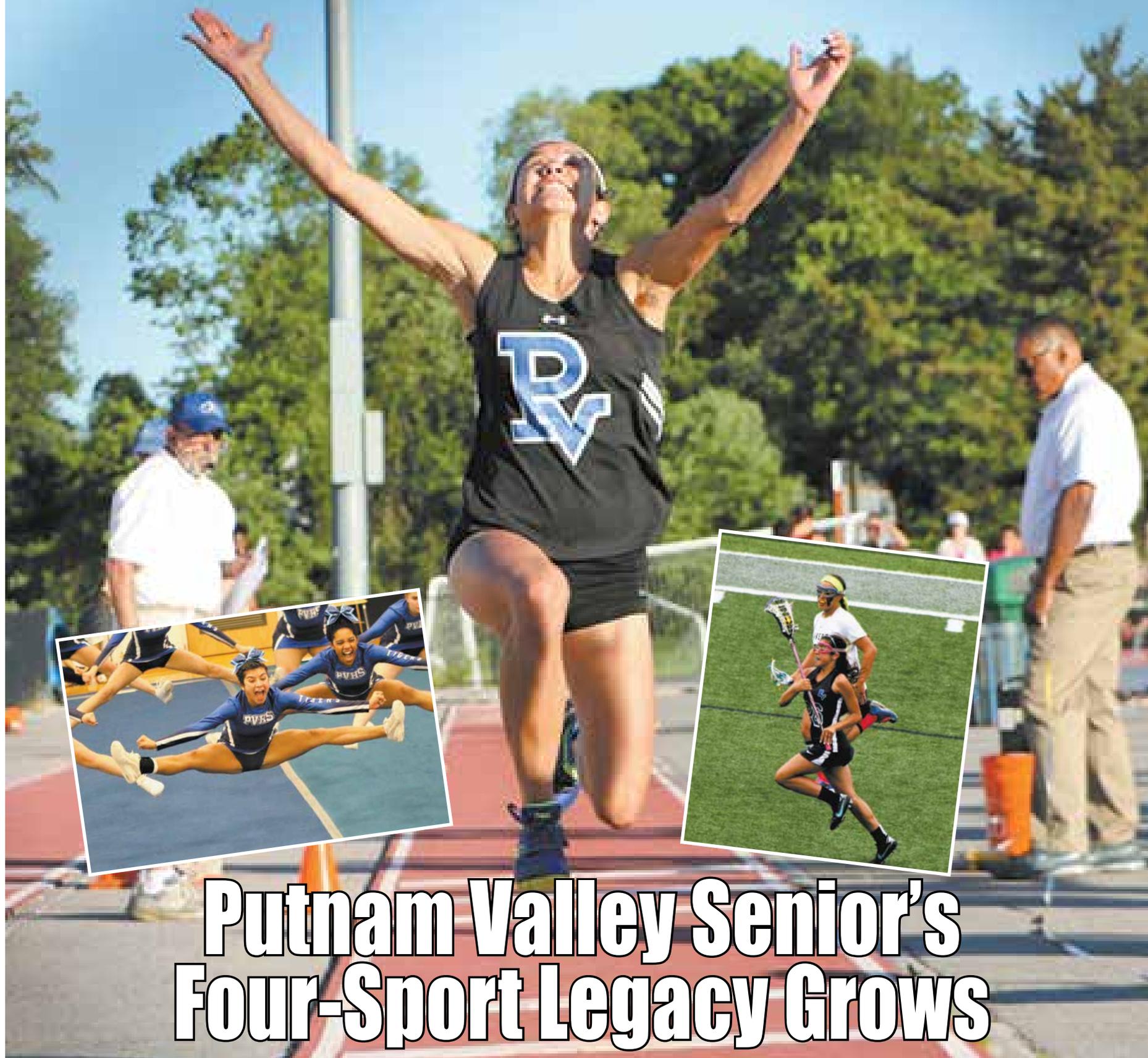
Win, lose or draw, the Huskers, who have been beaten down by the injury bug season after recent season, deserve a ton of credit for never giving up, for never backing down and for upholding the strong tradition that is Yorktown girls' lacrosse, which Coach Mager deserves as much credit for than anybody.

Mager's passion, which bordered on fury at times – whether she was coaching lacrosse, girls' hoops or working the chains at a Husker football game – has been unmatched for 20 years and they will miss her along the Yorktown sidelines: Know that!



Yorktown Coach Ellen Mager will coach her last game on the Husker sideline this weekend at SUNY Cortland.

A Hoyos Occasion!



Putnam Valley Senior's Four-Sport Legacy Grows

Putnam Valley's Sacred Heart-bound senior Antonia Hoyos added to a joyous, growing legacy last week when she qualified for the NYSPHSAA track and field meet for a second-straight year by jumping 36'-1" in the triple jump last Friday at the Section 1 Qualifier Meet at White Plains High School and 17'-5" (PR) in the long jump last Thursday at Arlington High to advance to the state meet at Union Endicott High School this coming Friday. She's currently second in the state for Division 2 going into the long jump competition and sixth for triple jump. To boot, she narrowly missed out on qualifying for a third event when she placed third in the 100. "She's a hard worker and a great leader," PV Coach PJ Keating said after she helped lead the girls to a league title and a second-place finish at the Northern County Championships against all of Putnam and Dutchess County. "She's been the steadiest, dependable performer since she joined the team." Hoyos, who earned an academic/athletic scholarship to Sacred Heart, is no stranger to the state tournament scene, having competed last year as a member of the Section 1 track and field team and last winter as an All-League captain of the second-place Putnam Valley cheer leading team. "She is a quiet leader who leads by example, and the younger girls look up to her as a role model," PV cheer Coach Regina Albano said. "She's one of the finest PV has. She is amazing young woman who works hard for everything she achieves." Additionally, Hoyos played in the NYS varsity girls lacrosse tournament as an 8th-grader and played lax as a freshman before turning to track and field as a sophomore and was a four-year member of the PV soccer team, which improved leaps and bounds over her time spent there. **—by Ray Gallagher**