



Questions Remain for Barrett Hill as Floating Zone Put Forth

By David Propper

Another Southeast town board meeting consisted of more questions concerning the Barrett Hill housing proposal, as a public hearing for the development could be nearing.

Representatives for the project and town board members again discussed the project at its June 23 meeting that would place 168 apartment units in town, including 50 priority housing units for workforce residents and out of that 50, 17 which would be considered affordable housing.

Richard O'Rourke, who is the attorney for the principal developer Harold Lepler, said the housing is meant for EMS workers, volunteer firefighters, school district employees, as well as veterans within Putnam County. The market rate development would give preference to the "workforce" folks listed above, O'Rourke said.

"Some may say why does he want to do that," O'Rourke said. "It's a business decision to put it bluntly. Sometimes, it may be hard for some people to believe, but people want to do the right thing with property."

The project was originally pegged as senior housing with up to three-



DAVID PROPPER PHOTO

Supervisor Tony Hay at last week's meeting.

bedrooms, but is now open to any age and only have one-bedroom or two-bedroom units. O'Rourke said the applicant is putting forth a "floating zone" which would involve a text change in the code in Southeast and then approval of the specific project on the property the applicant would like to develop.

The floating zone would be restricted

continued on page 6

Investigation Underway Over Severe Animal Cruelty Case

By David Propper

The pursuit is on for a person or persons responsible for severely mistreating a dog found abandoned in the Town of Carmel with the New York Humane Association, working with the county's SPCA, offering a \$1,000 reward for information that leads to the arrest and conviction of the perpetrator or perpetrators.

According to a news release issued Friday, a Good Samaritan found a 16-pound male poodle mix on Drewville Road on June 21. After a veterinarian examined the pup, it was determined the dog was terribly neglected, according to the release. The treatment was so poor; it was originally thought a car hit the dog.

The dog, which is 5-8 years old, had fur that was soiled, matted and putrid. The poodle also suffered from a large

continued on page 6



PROVIDED PHOTO

This poor poodle is in recovery after facing severe neglect.

Goodbye High School, Hello Future



DAVID PROPPER PHOTOS

Hundreds of high school students celebrated the end of one chapter and the start of a new one over the last two weeks as five area school districts celebrated their graduations. Brewster, Carmel, Haldane, Mahopac, and Putnam Valley high school seniors rejoiced with classmates, family and friends as their high school careers came to a cheerful end. For photos of the festivities, check out The Putnam Examiner's Graduation Section inside. To the newly minted graduates: Congratulations and good luck!



New County Consumer Affairs Director Tabbed by Odell

By David Propper

Following the resignation of the past Consumer Affairs director who was caught stealing county funds, the county has named a replacement after a five month search.

County Executive MaryEllen Odell recommended legislators approve Michael Budzinski as the new director of Consumer Affairs/Weights and Measures, as revealed at last Wednesday's Personnel Committee meeting. Budzinski actually works for the county in the health department, currently as director of engineering and would fill the shoes of former director Jean Noel, who resigned as part of a plea agreement with the New York Attorney General's Office for taking county funds.

Budzinski would continue in his current position in the health department

'I think there needs to be somebody there, permanently, full-time.'
- Legislator
Dini LoBue

and earn another \$20,000 annually to take on the additional role, according to a letter penned by Odell. He's been with the county for 34 years.

During the meeting, Personnel Director Paul Eldridge called Budzinski a "top-notch" employee. In hopes of reducing the

pay for the position, Eldridge was asked to search within the county for possible replacements. Eldridge said Budzinski "qualifies fully" for the job and the NYS Department is pleased that someone is filling that role.

Since the shake-up with Noel's forced departure, Eldridge said the office is "actually functioning pretty well right now" with a couple of employees stepping up. In his added role, Budzinski would spend about 25 percent of his time with consumer affairs and his current position's responsibilities would not be diminished, even if it meant putting in extra hours, Eldridge said.

Legislature Chairwoman Ginny Nacerino noted the substantial savings for the county, considering the position was advertised for at least \$80,000 per year.

Legislator Kevin Wright, who has known Budzinski for many years, attested that he is well qualified for the director's role. Legislator Carl Albano added Budzinski works well when facing a time crunch and gets the job done in a timely manner.

Legislator Dini LoBue questioned why the position needed to be full-time when Noel was in charge, but now only requires part-time work.

"I think there needs to be somebody there, permanently, full-time," LoBue

'Facing the tax cap situation, we're probably going to be looking at more situations like this where we'll need to consolidate.'

-Personnel Director
Paul Eldridge

said, even though she respected the employee selected. "So I won't support it."

Eldridge said talking to the staff on a regular basis, he said the their feedback is with a little direction, the office believes they can handle the workload without a full-time director to oversee everything.

The second in command, the weights and measure inspector, has been the "de facto" leader of the department, who is on the receiving end of calls when New York State has questions, Eldridge said.

"Facing the tax cap situation, we're probably going to be looking at more situations like this where we'll need to consolidate, save and so forth," Eldridge said.



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Ask the Doctor

Elisa Burns, MD, FACOG

Gynecological Surgeon
Director of Quality and Outcomes
Institute for Robotic and Minimally Invasive Surgery
Northern Westchester Hospital
nwhroboticsurgery.org/DrBurns

Q: Do I have pelvic organ prolapse?

A: This non-life-threatening condition occurs in a woman when damage to the connective tissue and muscles holding up the vagina, uterus and cervix causes these organs to prolapse, or drop, from their normal positions. The most common symptom is bulging tissue at the opening of the vagina. Some women suffer pelvic or back pain.

Q: Why does it occur?

A: Pelvic organ prolapse is mainly caused by vaginal delivery, during which connective tissue and muscles are stretched or torn. That's why a large baby increases your risk, as do multiple births. Other risk factors include older age and genetic tendency, with white women at greater risk. While nearly every woman who has delivered vaginally has some degree of pelvic organ prolapse, most women aren't symptomatic. Typically detected through a routine manual gynecological exam, the condition can become merely intermittent, though it usually worsens over time. While bulging tissue can usually be pushed back into the vagina, it can be uncomfortable and interfere with normal activities.

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If you've **given birth vaginally**, you probably have **some degree** of pelvic organ prolapse.

Q: What are my treatment options?

A: Non-surgical remedies include kegel exercises for strengthening the pelvic muscles. In addition, a pessary – a firmer diaphragm – can be used to hold up the dropped organ. Surgery for the condition restores the position of the prolapsed organs. While it can be performed vaginally or abdominally, the vaginal approach is most common. Following surgery, there is a 20 percent chance of recurrence, though most women enjoy some symptomatic relief. Surgery involves an overnight hospital stay, and you'll likely resume your normal routine in two weeks. In choosing a surgeon, look for a board-certified gynecologist or urogynecologist, or a pelvic surgeon with experience in vaginal surgery.

Q: Can I prevent pelvic organ prolapse?

A: Maintaining a healthy weight reduces your risk, as does not smoking. The good news for women regarding this non-dangerous condition: You have time and you have many options. So you can calmly research the best option for you.

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Cold Spring Planners OK Butterfield Project Changes

By Neal Rentz

Following weeks of meetings and sometimes heated debates, the Cold Spring Planning Board voted unanimously on June 23 to approve changes in the Butterfield project.

The board provided amended site plan approval in connection with changes of use for Butterfield redevelopment, specifically the new location for the senior center.

The board OK'd the proposal from developer Paul Guillaro to move the county senior center from Butterfield's building two, the originally approved location, to the Lahey Pavilion, located at 1756 Route 9D. The original plan was to keep the Lahey Pavilion as a location for medical offices. Now, with the senior center and an office of the US Postal Service being moved to the Pavilion, the medical offices that are now there be transferred to building two.

After a series of often contentious meetings, the planning board reportedly met with the developer and his representatives during a special meeting on June 10 to iron out their differences. Past meetings brought a bevy of elected officials and government officials to the meetings, as well as several senior citizens that want the new space on the west side of the county.

At last week's meeting, most of the

discussion surrounded the number of required parking spaces that would be needed for the revised project. Planning Board Chairman Matt Francisco said he and his colleagues agreed to provide the developer with a maximum parking requirement waiver of 20 percent, meaning 213 conforming spaces would have to be provided. There will also be 21 non-conforming parking spaces that will be set aside for compact vehicles.

Francisco said Putnam County has agreed to make available for seniors who will use the new center round trip bus transportation that will free up parking spaces on the site.

Putnam Deputy County Executive Bruce Walker told the planning board he hoped the county's lease for the senior center would be approved by the Legislature in July. Guillaro said he was seeking to get building permits from the village in August.

Francisco thanked the village board for its support of the planning board during the often contentious process of approving changes in the Butterfield project. "Our job is to apply the code," he said. "We have no other authority."

In a press release following the June 10 planning meeting where is appeared an agreement was imminent, County Executive MaryEllen Odell announced



NEAL RENTZ PHOTO

The Cold Spring Planning Board voted unanimously to approve changes in the Butterfield project on June 23. .

an architectural design firm, Todd Zwigard Architects (TZA) was awarded the contract to redesign the Lahey Pavilion and a first round of draft plans would be submitted to the county by early July.

"By offering seniors the option of using county bus service to get to the new center, we were able to collaboratively establish a resolution for the parking concerns on the Butterfield site," adds Odell in the press release.

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After Long Wait, Animal Abuse Registry Goes Forward

By David Propper

In hopes of protecting pets from animal cruelty in Putnam County, legislators signaled it was ready to finally pass an Animal Cruelty Registry after more than a year crafting the county law.

During a Rules, Enactments and Intergovernmental Committee meeting on June 20, the measure was passed to the full legislative meeting, where the law is expected to be finalized. The law would set up an online registry identifying residents that have been convicted of animal abuse crimes and stop those people from adopting, purchasing, or otherwise obtaining animals from a shelter or other pet owner. The list would apply to residents over the age of 18, except youthful offenders whose conviction include sealed records.

Residents with past animal cruelty convictions would not be retroactively included on the list.

Legislator Bill Gouldman originally put forth the idea for the local law soon after he took office a couple years ago.

The registry, maintained by the Putnam County Society for the Prevention of Cruelty to Animals (SPCA), would include the name, residence information, and photo of the resident prevented from owning pets. The resident would remain on the list for ten years following their release from prison or the day their

'Animals, along with children, are the weakest of the weakest.' - SPCA Chief Ken Ross

judgment is determined. The sheriff's department, other local law enforcement and the SPCA would enforce the new law.

As for pet sellers and pet shelters, before they sell or give a pet to customers in the county, they would need to check the registry before the transaction is complete, the local law states.

Chief Ken Ross of the SPCA said the proposed law is about 90 percent of what the SPCA wanted. He hopes as the law goes forward, tweaks can be made once lawmakers become more familiar with the registry.

Ross said he likes that the law has clear enforcement and penalties. Additionally, Ross said he appreciates that the SPCA is handling the brunt of the registry because they know the pet owner community in the county.

The punishment for both the buyer and seller that ignores the registry could be a fine and even several days in jail at the most.

"Animals, along with children, are the weakest of the weakest," Ross said.

Ross said if the list existed in the past



DAVID PROPPER PHOTO

The Putnam SPCA will maintain the soon-to-be animal abuse registry in the county, once the law it passed next month.

year, only two or three people would have been placed on it. He emphasized it's "very difficult" to convict people of certain animal cruelty laws because plea bargains might lower the original charge. Educating residents about proper animal treatment also continues to be the priority for the SPCA rather than going after them with legal charges, Ross said.

While he hopes the registry serves as

a deterrent, Ross stressed, "We're not looking to put someone's grandma on the list." There has to be intent and serious offenses, Ross noted.

"Maybe we'll have two people a year, but the thing is at least these two people won't have access to animals for ten years and that's a major step," Ross said. "And as we move forward, hopefully it sends a message to people."



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By Rick Pezzullo

Two State Police investigators who took the stand last week characterized the actions of the "Montrose 9" in

Freach discussed his and the Town Board's reservations about public health



RICK PEZZULLO PHOTO

The trial is scheduled to resume on

Friday, July 15 at 1 p.m., where the other seven defendants are expected to testify. Using a “necessity defense” is unusual in environmental litigation, but the “Montrose 9” and their supporters are hopeful of being successful in what could develop into a landmark case.

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Questions Remain for Barrett Hill as Floating Zone Put Forth

continued from page 1

to one zone--OP2 section--and must be built on 25 acres, requiring central water and central sewer. Besides the Barrett Hill parcel, there is only one other parcel in the town that could meet those requirements, O'Rourke said.

The price for the market rate housing would be between \$1,400-\$1,700 depending on the bedroom number. The assumption is the affordable housing set aside would be less than that, landscape architect Terri Hahn said, though it hasn't been specified yet. There would six months to apply for the priority housing.

There is a "community benefits agreement" that is not unusual for either floating zones or major text change, O'Rourke said. The "priority list" was removed from the proposed text put forward by the applicant, Hahn said, and is in the community benefits agreement now.

Supervisor Tony Hay said much of

the information the town received from the applicant was sent the day of the meeting, leaving little time for the town board to thoroughly review the information. Still, Hay had a few questions.

He wanted to know how the applicant would arrive at the affordable housing price. Additionally, he wanted to know what the applicant was using as median household income in the county that would determine the possible affordable housing rate.

The applicant said it would go by 30 percent of 80 percent of the Putnam household median income, which everyone agreed is usually standard.

The Putnam household median income is \$92,711, Hay noted and he wanted to know if that's the number the developers are using, too. Hay also pointed out home ownership rate in Putnam is 83.4 percent, which is higher than surrounding counties, "so the need for apartments, people find questionable."

"All I need now, if you could, identify the source, tell me what the affordable housing would be based on whatever numbers," Hay said. O'Rourke assured the town board that number would be based off an objective index.

"It's not our number that we're making up," O'Rourke said.

Town planner Ashley Ley said a revised traffic study was submitted the same day of the meeting and could be reviewed by the following week. The revised zone petition was also received the same day and there are few aspects that needed to be cleaned up, including the floating zone restricted to the OP2 district needs to be clearer and the density limitation needs to be clearer, she said.

Ley said a floating zone is typically pursued when a town board is interested in having a specific project within their borders. She added the floating zone could limit the type of zoning use if the town is concerned that it only has the infrastructure for one of these projects.

After questioned by Councilwoman Liz Hudak, Ley said the floating zone could prevent possible litigation against the town.

"I think this does restrict its ability to be applied to other areas within the town, which was a concern previously," Ley said. "I do think this is a step in the right direction."

Councilwoman Lynne Eckardt asked if the floating zone eased the concern over the priority list, with Ley replying the priority list is no longer in the text relieving some of that apprehension. Instead, the specifics of the list would be developed in the community benefits agreement and not the zoning.

Eckardt said the applicant's statement that the town's comprehensive plan called for more affordable housing was inaccurate because only senior housing was discussed while crafting the comprehensive plan.

"I don't think it's accurate and I don't think it's fair to people reading this," Eckardt said.

Investigation Underway Over Severe Animal Cruelty Case

continued from page 1

abdominal tumor, and a bleeding and maggot filled tumor on his head, according to the report. His nails were also growing into his paws making it painful to walk.

"This is the result of extreme long term neglect," Dr. Allison Glassman, DVM, of Roosevelt Veterinary Center said in the release.

The person or persons responsible could be subject to a variety of misdemeanor charges and anyone with

information should contact SPCA chief Ken Ross at 845-520-6915. All calls are kept confidential.

Ross said Monday there haven't been any leads since the reward was offered

and the dog is still recovering.


Ross said he believes the dog was held in a cage for an extended period of time because its nails were so long; when a dog walks, it naturally wears the nails down

and keeps them shorter.

When comparing this case to other cases of neglect, Ross said, "The neglect was pretty much up there."

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Congressman Calls for Shutdown of Indian Point Reactor

By Rick Pezzullo

U.S. Congressman Sean Patrick Maloney (D) and Hudson Riverkeeper President Paul Gallay called for the immediate shutdown of Unit 2 at the Indian Point nuclear power facility in Buchanan to analyze the cause of 227 bolts recently having been replaced at the core of the reactor at a June 20 press conference.

Standing outside the entrance of the plant in Buchanan, Maloney maintained the safety risk of the plant to millions of residents within the immediate vicinity of the controversial nuclear plant was too great to take the latest problem lightly.

"This is not something we want to play around with," Maloney said. "We won't have a second chance if we don't get it right. It's not too much to ask that we have 100 percent understanding on what happened."

During its annual hearing in Tarrytown earlier this month, the federal Nuclear Regulatory Commission (NRC) declared the Indian Point nuclear power facility was running satisfactorily.

"Overall, Entergy operated the plant safely and within the conditions of their license," NRC official Glen Dentel said at the hearing, adding recent issues at the plant were of a very low safety significance and had no significant impact on public safety.

'We won't have a second chance if we don't get it right. It's not too much to ask that we have 100 percent understanding on what happened.' - Congressman Maloney

However, Gallay stressed there had been seven unplanned shutdowns at Indian Point in the last 12 months, which exceeds the NRC's threshold of three shutdowns per 7,000 hours of operation.

"Why did Indian Point draw the short straw and have so many failures?" Gallay remarked. "It has the worst safety record for any reactor in the country. This plant needs to be taken off line. As Governor Cuomo said, it's beyond sanity to keep Indian Point open."

Entergy spokesman Jerry Nappi said Unit 2 was shut down on March 7 for refueling. When the plant was closed, 227 degraded bolts, plus an additional 50, were replaced. The plant reopened on June 16.

The bolts hold a series of vertical metal



RICK PEZZULLO PHOTO

U.S. Congressman Sean Patrick Maloney and Riverkeeper President Paul Gallay outside Indian Point entrance in Buchanan on June 20.

plates in place that aid with the reactor cooling process. Radiation assisted stress-induced cracking is a known and expected occurrence in such units over long periods of time.

"The number of degraded bolts is the largest seen to date in a U.S. nuclear power reactor, so the NRC is closely monitoring this situation," NRC official Jack McHale said at the hearing.

Gallay criticized Entergy and the NRC's responses to the seriousness of the bolts.

"It's a whitewash of a very dangerous

situation," Gallay said. "There was a risk to safety. It's putting a Bandaid on a (serious) wound."

Entergy has pushed up the inspection of Unit 3 for such issues from 2019 to this year, but the NRC believes that unit will be less susceptible to such degradation due to the unit's lower significantly fewer operation hours.

Maloney feels the plant needs to be decommissioned over time and replaced with a less dangerous energy source.

"It's not a simple or easy issue," he said.

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Letters to the Editor

Serino Champion for Senior Citizens in NYS Senate

Congratulations to Senator Sue Serino on receiving the 2016 "Champion of Elder Rights and Safety" award in recognition of her work on Elder Abuse Awareness. The award was presented this month by the Coalition on Elder Abuse and the Mediation Center of Dutchess County at its World Elder Abuse Awareness Day events.

In her role as Chair of the Senate Aging

Committee, Senator Serino has done a tremendous job in the area of elder rights, making awareness of elder abuse and exploitation a priority. After assembling local and statewide advocates for the aging for an elder abuse roundtable, Senator Serino successfully sought and secured hundreds of thousands of dollars for a statewide program to assist those who are victims of elder abuse.

As the recently retired Director of the Dutchess County Office for the Aging, I witnessed first hand Senator Serino's keen focus on, and commitment to, improving the quality of life for our senior population (especially those who are most vulnerable), her advocacy for programs and services that allow older adults to safely "age in place" and the need to call more attention to the issue of elder abuse.

I commend her for working on behalf of the growing senior population and providing all of us with a much needed voice in the state government.

Mary Kaye Dolan Anderson
Poughkeepsie

Barrett Hill Proposal Not Advantageous for Southeast Residents

While I'd like to thank 'The Putnam Examiner' for its coverage of the proposed 'Barrett Hill' project, it's important to correct several inaccuracies in the article. Southeast residents should understand that without rezoning, this project and others that could also be rezoned, would have provided \$892,368 in school tax relief, yet the rezoning proposal will add just \$79,315 to school coffers.

The 'Barrett Hill' complex was originally approved in 2006 as 168-units of owner occupied senior housing. 'Barrett Hill' is the property that is located between Beth Elohim Synagogue and Putnam Ridge nursing home on Mt. Ebo Road North. Prior to 2006 it was commercially zoned. I mention the commercial zoning as it's important to remember that had this parcel not been rezoned (a rezoning at the same developer's request) the property would have actually generated over \$1 million dollars in school taxes while adding no children to the school district. Incidentally, the argument to approve

the requested change in zoning back in 2006 was that Senior housing would not add any students to the Brewster School District. The change of zoning was approved.

Now, if the rezoning is granted, the proposed 168-unit complex will no longer be age-restricted. In fact, 'Barrett Hill' will have 30 percent (50 units) set aside as 'Priority Units'. It's also important to understand that these 'Priority Units' will be offered for only the first six months of marketing. After the first six months can we assume that the 'priority list' will disappear?

Of the 50 'Priority Units', 34 percent (17 units) are proposed to be set aside as affordable housing for 99 years. Builder subsidized priority units may be open to: Hudson Valley Veterans, Persons with Disabilities, Town of Southeast full-time employees, Full time employees of school districts serving the Town of Southeast, Putnam County First Responders and unpaid volunteers of the Brewster Fire

Department.

At this point it's important to note that while 'Priority Lists' sound good they have been found discriminatory and that the Southeast Town Planner has actually advised against adopting such a list (contrary to what the article states, the developer would like a 'Priority List'). Like most towns, Southeast faces the economic challenge of increased litigation thus adding arbitrary and subjective 'Priority Lists' could expose the town to increased unwinnable lawsuits. In addition, Southeast's recent Comprehensive Plan Update noted that Southeast already has adequate affordable housing options.

Finally, it's important for residents to understand that the only other parcel in Southeast that will benefit from this particular rezoning is Senior Housing at Terravest (off Zimmer Road). This project (also approved in the early 2000's) consists of 60, 3-bedroom detached homes

approved for Senior Housing. While we have been assured that the complex is owned by an entity unrelated to 'Barrett Hill', the developer is the same.

What does all of this mean and why is it important to all residents of Southeast? It means that our zoning code is only as strong as our current Town Board. That, while this rezoning is desired now, there is absolutely no guarantee that discretionary affordable housing will be built. Ten years ago anyone who attended Planning Board meetings during the approval process was assured countless times that 'Barrett Hill' would forever remain senior housing. A decade later and we're once again asked to give up promised tax revenue by providing property rezoning.

Cherie Ingraham
Brewster

Stop the Spread! Help us 'Bust' Invasive Plants

Join Cornell Cooperative Extension for a citizen science Blockbuster survey across the lower Hudson valley region. Help us survey for the presence of invasive plants in the Hudson Valley. We'll show you how! Adopt a block and help us "bust" a move on invasive plants. Using your smart phone or a GPS unit, you'll be part of a region-wide team of volunteers who will help us identify key invasive species and pristine areas free of invaders. Data collected will help scientist and natural resource managers direct their efforts most effectively. This program is part of the Lower Hudson Partnership for Regional Invasive Species Management's efforts to stop the spread of invasive species in the lower Hudson valley.

The following free classes are offered in Putnam County: July 5th - 3 p.m. to 5 p.m. at Desmond Fish Library, Garrison.

Please register at <http://putnam.cce.cornell.edu/events/2016/07/05/stop-the-spread>

A second class is offered July 16th 10 a.m. to noon at the Mahopac Library, Mahopac. Please register at <http://putnam.cce.cornell.edu/events/2016/06/13/stop-the-spread>

Additional opportunities for those living in the lower Hudson Valley to participate in more blockbuster survey opportunities visit the following site: <http://www.nynjtc.org/view/workshops>

We hope you'll lend a hand to survey for invasive species as you walk, hike, and bike in our beautiful Hudson Valley. Questions? Please call Cornell Cooperative Extension of Putnam County at (845) 278-6738 or email Jen Stengle at jj95@cornell.edu. All registration is online through NY/NJ Trail Conference.

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**Business
of the Week**

Premier Transportation & Driving Services Brewster

By David Propper

Going to the doctor's office is already dreadful enough, but with John Kelly and Premier Transportation & Driving Services Inc. it doesn't necessarily have to be.

Kelly's Premier Transportation business opened a couple months ago and since then, he's been driving all over Lower Hudson Valley and Tri-State area giving rides to residents that need to make an appointment on time. Primarily servicing Medicaid patients, Kelly provides a ride that seems to go well beyond what clients are typically accustomed to.

Kelly said when he arrives to pick a client up, they're in disbelief how luxurious the car and service is. It's rare for a Medicaid patient to get picked up in a nice car, that's clean and only serves one person at a time, rather than driving people in bulk.

"I get out and open the door and they're like 'are you sure you're in the right place,'" Kelly said.

Additionally, Kelly tries to make each trip personalized depending on the client he's getting. One client enjoys pastries from Brewster Pastries, so when Kelly picks him up, he has some goodies waiting for him on the seat next to him. And if the client needs to pick up a prescription



John Kelly of Premier Transportation next to one of the flashy cars he picks client up in on their way to doctor appointments.

after the appointment, Kelly drives them to pick that up as well.

Kelly said the key to quality customer service is treating every client with respect and paying full attention to the person he's driving.

Most of the appointments are either for physical therapy or drug/alcohol rehabilitation, Kelly said. Sometimes Kelly even has to do a little prodding for rehabilitation patients to convince them to get in the car and make their group meeting. As someone with a

Masters Degree in counseling, he usually persuades them to make the appointment.

And while Kelly, who sports a flashy bowtie, primarily assists Medicaid patients, he does drive for other clients not covered. He also provides rides to clients looking to go to the airport or for days spent enjoying the big city.

Kelly, a former college administrator and counselor, always had little businesses on the side in addition to his day job working for someone else. Even going back to his college days, he would disc

jockey on Saturday nights and give driving lessons on Sundays.

"This was just a real out on faith where there's no check every two weeks," he said. "This is you need to make a check every two weeks. Some people think I'm a little crazy, but you work for people all your life, you finally say I'm not doing it anymore."

Most of Kelly's clients are from word of mouth and apparently word spreads quickly, as Kelly continues to see business ascend slowly but surely. As the former president and still active member of the Patterson Rotary and a Brewster Chamber of Commerce member, Kelly is well known and respected in the community.

He's heard many stories from different passengers about their fascinating life experiences, many of which are former law enforcement and EMS workers. One client told him about her experience in the civil rights movement and he's heard some cool stories from musicians, too.

Kelly hopes he can be a business that senior citizens can turn to.

"I want to be able to provide them a place where they know what they're getting and they can trust the vehicle, trust the person in the car," Kelly said.

Premier Transportation & Driving Services Inc. number is 845-350-2736 and website is www.premier-transport.com.



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Putnam-Northern Westchester BOCES Adult Ed Graduation Celebrated

Melissa Morris-Banta had a good job and a wonderful family. One thing she did not have, however, was a high school diploma. That didn't seem important until about a year ago when she found herself out of a job through no fault of her own.

"I was forced to sit still and evaluate what I wanted to do with my life," she told her fellow graduates at the Adult Education Commencement at Putnam | Northern Westchester BOCES in Yorktown. "While it scared some of my coworkers (to suddenly be unemployed), it inspired me."

Morris-Banta now plans to continue her education at Westchester Community College, where she will study behavioral health. Morris-Banta was one of three graduate speakers at the ceremony on June 16.

David Pabon, another speaker, thanked his wife for telling him about the Adult Education program. "It is never too late to

set high standards for yourself," he said. And Walter Groom told the audience "Anything is possible. You have to want it, you have to work for it."

Groom is testament to that philosophy, having failed the equivalency exam three times in another setting before mastering it through BOCES. With his third attempt, however, Groom not only mastered the TASC (test assessing secondary completion), he also completed a Tech Center program to become a certified medical assistant.

Superintendent James Langlois addressed the graduates in English and Spanish and praised them for overcoming obstacles and making education a priority in their lives. "We look forward to seeing you move on to new areas in your life that you would not have made it to without this program," he said. "You have done something remarkable and absolutely extraordinary. You are a band of heroes."



PHOTO PROVIDED

Adult Education graduates stand for the National Anthem at the Adult Education Graduation Ceremony on June 16 at Putnam | Northern Westchester BOCES.

Tips From Pace Professor, Homeland Security Expert in Age of Terrorism

By Martin Wilbur

Staying alert and reporting even a hint of suspicious activity to law enforcement authorities are among the common sense approaches residents in every neighborhood should take to limit the possibility of a terrorist attack.

Professor Joseph Ryan, a 25-year New York City Police Department veteran and the director of Pace University's Management for Public Safety and Homeland Security, a new master's degree program, said in light of the June 12 Orlando nightclub shooting that killed 49 people and wounded more than 50 others, millions of Americans are understandably on edge.

A healthy concern doesn't have to paralyze residents, but there shouldn't be a false sense of security because local residents live in relatively safe, suburban communities.

"We need to all be alert no matter where we are," said Ryan, who chaired an advisory group for the U.S. Department of Justice that developed security strategies for the 1996 summer Olympics in Atlanta. "I think we've been lucky that we've not had that many attacks, yet a lot of law enforcement personnel is trying to do as much as possible. At the local level we all have to be vigilant, we all have to think about what we see."

Ryan said the See Something, Say Something campaign is an excellent straightforward piece of advice; however, it should be expanded to include Hear Something, Say Something. He also suggested that if a resident observes any suspicious activity or individuals in their neighborhood to call their local police department. That includes hearing



Professor Joseph Ryan

anyone making extensive anti-American rants or other questionable behavior.

People also shouldn't be shy about cordially approaching people who seem out of place or who they don't recognize.

"It's the old idea of the neighborhood watch," Ryan explained. "People looking out for each other and I think that's the bottom line, and to know your neighbors, get to know the other people. The beauty of this is we're a free country. Everybody can come and go as they wish."

He said one effective law enforcement strategy was the Town of Ossining's program where police officers knocked on every residential door. It served two important purposes: officers introducing themselves to the people they serve, allowing the public to feel a greater comfort level with their local department, but also giving local police a chance to evaluate any suspicious residents.

Ryan also stressed keeping house doors locked when residents are not at home.

Two Somers High Grads Charged with Vandalizing School Buses

By Rick Pezzullo

Two recent Somers High School graduates were charged by State Police with vandalizing about 43 school buses in January, causing more than \$29,000 worth of damage.

Jonas Moseby, 18, and an unidentified 18-year-old male, both of whom graduated from Somers High on June 21, were allegedly responsible for the slashed bus tires, shattered bus windows and discharged fire extinguishers that were discovered on a fleet of buses in the garage on Primrose Street at the high school on January 4 at approximately 6 a.m.

Trooper Melissa McMorris, public information officer, credited Investigator David Ruderfer with cracking the case.

"It was a result of a persistent effort led by Investigator Ruderfer. He didn't let this go," McMorris said.

Moseby was charged June 21 with criminal mischief in the second degree, a Class D felony. He was arraigned in Town of North Salem Justice Court and released after posting \$10,000 cash bail. He was scheduled to reappear in Somers Town Court Monday evening.

The unidentified 18-year-old male was charged with criminal mischief in the fourth degree, a Class A misdemeanor.



Jonas Moseby

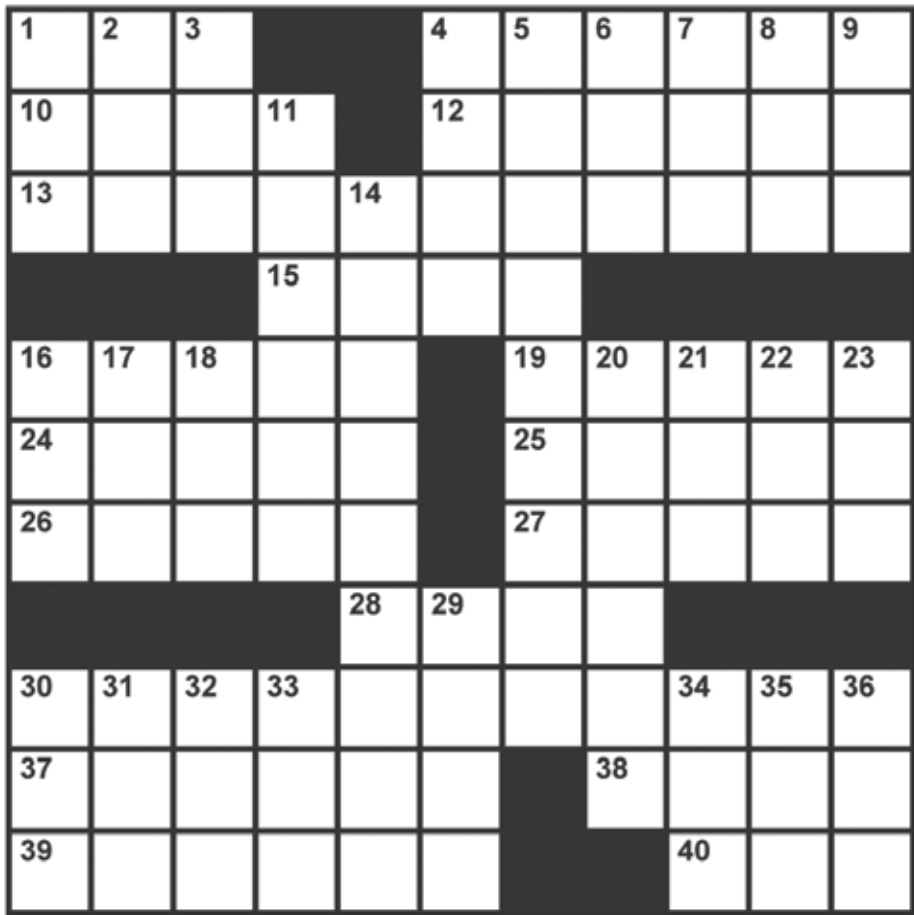
He was issued an appearance ticket for Somers Court at a later date.

McMorris noted State Police have a policy not to identify youths charged with misdemeanors since they may be able to youthful offender status. She said Moseby allegedly was responsible for most of the vandalism, which led to his felony charge.

State Police were assisted in their investigation by the Somers Town Police Department and a Westchester County Police School Resource Officer assigned to the district.



Crossword Puzzle



Crossword by Myles Mellor

Answers on page 13

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- Across
- 1 NFL conference or Yorktown emergency medical facility Urgent Care

4 49th state

10 Bird venerated by ancient Egyptians

12 Chows down

13 Band alternatives

15 Pin-up guy

16 Emblem carved on a pole

19 Sand bar

24 Aka WMD

25 Acadia National Park locale

26 ____graph

27 Mosaic work

28 Giants Stadium team

30 Catholic university in Fairfield County or Mahopac religious gift store

37 Short-eared rabbit

38 Emerald city visitor

39 Abhor

40 Shook hands, say
- 9 Burro

11 Intrigue

14 747 and DC-10

16 Cap

17 Kimono part

18 Watson of the P.G.A.

20 Brother of Gretel

21 Frying liquid

22 “SNL” alum Gasteyer

23 Space writer Willy

29 Tinker with, in a way

30 Dispirited

31 Fossil feature

32 Camping gear

33 “Murders in the ____ morgue”

34 Intend

35 Supreme Court case surname

36 Channel

- Down
- 1 Band- ____

2 “Without a trace” participants

3 Group of former Soviet republics, abbreviation

4 By and by

5 Key person

6 “Shoot”

7 “Ain’t ____ Sweet”

8 Essential

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PARC Preschool Holds 46th Annual Graduation Ceremony

Putnam ARC, the leading provider of services for people with developmental disabilities in Putnam County, is pleased to announce that its PARC Preschool Program, based in Mahopac, hosted its 46th annual graduation ceremony on Friday, June 17, 2016.

The sun-soaked ceremony, with 19 graduating students, was filled with fun and festivities. The students' procession featured "Pomp and Circumstance," and parents and guests were treated to versions of "If You're Happy & You Know It," "The Hokey Pokey," and "The Chicken Dance."

The ceremony was attended by more than 60 guests including parents and family members, elected officials and dignitaries, and PARC preschoolers and their teachers.

Jackie Annabi, representing New York State Senator Sue Serino, and Nanci Kalbfell, representing New York State Assemblyman Steve Katz, delivered certificates for each of the graduates. Putnam County Undersheriff Peter Convery and Ron Salvatore, a longtime PARC Preschool benefactor, also attended the ceremonies, in addition to several members of both the PARC and Partners with PARC Board of Directors and members of PARC's Leadership Team including PARC Deputy Executive Director Dr. Louis Lindenbaum.

PARC Preschool is Putnam ARC's founding program, established in 1954 in a church basement. The program has grown exponentially through the years and provides students with the unique supports and academic enrichment opportunities needed by young children with developmental delays/disabilities to become Kindergarten-ready and better able to function/learn in a mainstream, school district classroom environment.



PHOTO RAND OTTEN

From left to right: Jackie Annabi, representing Senator Sue Serino, preschool benefactor Ron Salvatore, PARC Board of Directors President Susan Lucas, and PARC Deputy Executive Director Lou Lindenbaum at the 46th Annual PARC Preschool Graduation Ceremony on June 17. Photo by Rand Otten.

Through intensive early interventions, children are afforded greater opportunity to communicate with the world around them, function in school, and ultimately succeed in life. The PARC Preschool utilizes a multidisciplinary team approach, which involves collaboration amongst children's teachers, parents, therapists, and classroom staff, in planning and implementing highly enriched, individualized, educational programs.

To learn more about PARC Preschool and its extensive services for children with autism and special needs, please log onto www.putnamarc.org or call 845-628-2280.



PHOTO RAND OTTEN

A joyful PARC Preschool graduate with PARC Preschool teacher Marie Jamieson.



PHOTO RAND OTTEN

A PARC Preschool graduate during the June 17 graduation ceremony.



PHOTO ELIZABETH MANCUSI

Members of the PARC Preschool Class of 2016 with their teachers at the 46th Graduation Ceremony on June 17, 2016.

Putnam Deputy Commissioner of Emergency Services Named



PROVIDED PHOTO

Putnam County Executive MaryEllen Odell announces the appointment of Ken Clair as Deputy Commissioner of the Bureau of Emergency Services. This is a second Deputy position added to improve workload management associated with Putnam County's 911 Center, Fire & EMS Training, special teams, as well as representing the county both regionally and statewide.

"I am pleased to announce the selection of Ken Clair as Deputy Commissioner," said Odell. "As a former Fire Chief of the Brewster Fire Department and volunteer fire fighter for more than 25 years, Ken's experience is a highly valued asset to our BOES team."

"Mr. Clair was selected from a strong group of candidates applying for this position" said Commissioner Anthony W. Sutton. Sutton recommended Clair for the appointment after interviewing a number of qualified applicants. "We are anxious to have Ken get onboard and look forward to utilizing his skills and enthusiasm to the upmost as the Bureau continues its mission to protect the health and safety of Putnam's residents and to serve the County's first responder community."

Ken is a former Brewster Fire Chief and currently serves as a Fire Commissioner in the Brewster-Southeast Joint Fire District. Ken serves in the Bureau of Emergency Services as a Deputy Fire Coordinator or "Battalion".

Deputy Commissioner Clair has served as Assistant Fire Inspector in Southeast from 1997-2003 and more recently as the Emergency Preparedness Officer for the Town of Southeast from 2003-Present. Mr. Clair will assume his new position on July 5.

Obituaries

William Haughey

William Andrew Haughey, (Bill, Dad, Uncle Bill, Mr. H, Billy Balls, Huggy Haughey, Yoda), a long-time resident of Putnam Valley, died June 20. He was 66. Born on July 3, 1949, Mr. Haughey's optimism and love of life was so contagious that everyone he touched was drawn to him. He was forever encouraging and inspiring all to grow and to be the best that they could be. He was an amazing husband, father, son, brother, uncle, mentor, teacher, best friend, buddy, counselor, but wait, Bill was so much more. He was a natural born leader, a stationary engineer, a self-taught carpenter, electrician and plumber, a Master Mason of Lodge 1154 of Yorktown, a top-notch SCUBA dive instructor, Captain, chef and an all-around amazing person. His passion and enthusiasm for life exuded out of him like beautiful rays of sun. He was always available when needed and would lend a helping hand without even being asked. He was a very intuitive old soul. He will be remembered for his impassioned love of life, family, friends, camping, summers in Seaside Heights, summers at the Galleon in Key West, his many adventurous SCUBA diving trips all across the globe, hunting trips to Marty's, Eddie's and Duffy's places and so many other adventures too numerous to list here. Mr. Haughey is survived by his wife JoAnn Travis Haughey of Putnam Valley; parents William M. Haughey III and Sylvia Branch Haughey of Flagler Beach, Florida; daughter Heather M. Haughey, son-in-law Brad Pemberton, and son Finn Pemberton of Crozet, Virginia; son William A. Haughey II and wife Heather R. Hubner Haughey and daughter Abigail of Mahopac; daughter Betsy Haughey Pulick, husband Joey Pulick and daughters Emma and Lia of Putnam Valley; brother Warren Haughey of Williamsburg, VA and his five children, and a grand-nephew and niece; brother Andrew Haughey and wife Midge Haughey of Crossville, TN and three children; and sister Kathy Wesson of Peekskill.

Joan M. Anderson

Joan M. Anderson died on June 20. She was born April 18, 1932 to Mary and Harvey Anderson in Mt. Kisco, New York. She lived her entire life in Brewster, attending Brewster Schools through high school. Joan then attended Katherine Gibbs School in New York City for a year after which she was transferred to Washington School for Secretaries. Upon her graduation, she worked for New York Central. Her next career move was to become executive assistant and business manager for Norman Vincent Peale, in Pawling. Joan left that position to work at Reader's Digest as a manager of marketing for approximately 32 years, after which she retired. Joan married her husband, Charlie, on April 14, 1963. They

shared a love of travel and flying. Joan received her pilot's license, shortly after her husband did, and eventually "logged more flying hours" than her husband! Joan was a master knitter, and shared her talents with anyone who wanted to learn to knit. Joan became a member of St. Andrew's when she and Charlie married and devoted many hours to fundraising. She was President of the ECW, served on the Vestry and was in charge of many committees. Her knitting projects were always a part of the fund raising for her beloved St. Andrew's. Joan's husband Charlie predeceased her. She is survived by a cousin, Marjorie Gilbert and nieces and nephews, as well as very close friends.

Diana M. Carrano

Diana M. Carrano of Mahopac, died on Tuesday, June 21 at the age of 70. She was born on June 14, 1946, the daughter of Domenic & Mary (Myrnick) Carrano. Most recently, she worked as an administrator for the Boys & Girls Club in Mt. Kisco. Diana is survived by her daughter Dana Carrano, her brother Frank Carrano and his wife Bonnie and their children Laurie(Bobby), Linda(Tony), Frank(Regina), Stacey, Kristy, and Jennifer; her sister Katherine Trevorah and her children Joseph and Dawn(Dan); her grandson Salvatore; grand nieces and nephews Kimberly, Anthony, Nicholas, Theresa, Heather, Becky, Stefan and Christian; and her closest friends Fred Franczkiewicz, Anthony Fiore, and Annette & Nick Rubolino.

Patricia Lee-Rubino

Patricia "Trish" Lee-Rubino, of Danbury, CT formerly of Brewster, died peacefully on Tuesday, June 21, after a valiant 9-year battle with multiple myeloma. She was 55 years old. Patricia was born May 14, 1961 in Brooklyn, the youngest child to Deacon Richard and Ann (Loffredo) Lee of Rockaway Point. She was a 1979 graduate of St. Edmund's High School in Brooklyn, and attended Hunter College. Patricia had a zest for life and never gave up on anything she set her mind to. She was the true definition of a fighter, led by her unfailing faith which was an inspiration to all who knew her. Her family and friends were essential in her life and spending time with her children was most important to her. Traveler, dancing queen, and competitive card player, she did everything with a contagious smile and enjoyed all that life had to offer her. Besides her parents, Patricia is survived by her three children; Jessica Rubino of Danbury, CT, Stephanie Rubino of Brewster, and Joseph Rubino of Astoria; her four siblings, Richard Lee of Mahopac, Michael Lee of Belle Harbor, Barbara (Lee) Quinn of Eastham, MA, and Mary Beth (Lee) Murphy of Brewster, several nieces and nephews and great nieces and nephews.

Erna Bermel

Erna Bermel, 81, of Brewster, and formerly of North Salem, Yonkers and the Bronx, died on June 24, at Putnam Hospital. Erna was born on November 1, 1934 in Tobaj, Austria to the late Mike and Mitzi (Lukacs) Roth. Erna was the beloved wife of the late Rudy and the loving mother of Gail (Steve) Roux, Gary (Margaret) and Craig. She was the loving grandmother of Amanda and Nicole, whom she adored. Erna is also survived by a nephew and two nieces. Her career included working at Western Electric, Rudy's market and various positions with the County of Westchester, including the Financial Aid Office at Westchester Community College, from where she retired. Erna enjoyed reading, cooking, hosting get-togethers, and gathering with family and dear friends. She had fun traveling in her younger years. She was caring, kind-hearted, generous and always willing to help others. A good friend to all, she will be dearly missed. The family would especially like to express their appreciation to the staff of PHC's 4N for their kind and loving care. Special thanks and gratitude to all of her aides, particularly Joanne, Mariama, and Patty. Visitation will be held Tuesday June 28, 2016 from 3 p.m.-5 p.m. and 7 p.m.-9 p.m. at Cargain Funeral Home, Mahopac. A Mass of Christian Burial will be Wednesday June 29, at St Lawrence O'Toole Church, Brewster. Interment to follow at Gate of Heaven Cemetery, Valhalla. Contributions in lieu of flowers may be made to the Alzheimer's Association and or the Leukemia and Lymphoma Society.

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Crossword Answers

1	A	2	F	3	C		4	A	5	L	6	A	7	S	8	K	9	A
10	I		B		I	11	S		12	N	O	S	H	E	S			
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Many Options to Compare When Looking for House Siding

When the opportunity comes to choose the “skin” of a house – the siding – whether for new construction or re-surfacing, you might think that the main factor would be personal preference for its look. But there are other important matters to consider, namely its cost, energy efficiency, ease of maintenance and impact on home resale value.

Whether it's brick, stone, wood siding, stucco, vinyl or fiber cement (also known as Hardie board, named after its inventor) or a combination of two or more of those possibilities, our approach to new siding demands some study, especially since there are so many options from which to choose.

Our choices today might further be influenced by the region of the country where we live, the neighborhood of our youth or a certain ideal.

I remember that when my family moved from a brick row home in Philadelphia to the south, my parents sought a brick home simply because that was what they were used to. When they were told, however, that their new home was merely “brick veneer,” they somehow felt cheated. Having attended college in Williamsburg, I somehow always envisioned that I'd someday own a colonial with clapboard



By Bill Primavera

siding.

If we were all to choose on the basis of aesthetics alone, I suspect that we might select regular wood siding, which is the first siding from our nation's earliest days, but it's too expensive to maintain. Underneath an additional layer of composition shingle on my 1734 home, I was thrilled to discover those thick original clapboards with remnants of its first paint job in red, probably the combination of milk and oxblood.

Today, for most of us, the main choices for exterior siding are either vinyl or fiber cement. A comparison of the two options show benefits and downsides.

Vinyl siding is made primarily from PVC, a rigid plastic material, and is attached to the exterior in a way that allows it to expand and contract with changing temperatures.

Fiber cement siding is made from a mix of wood pulp and Portland cement that's formed into long boards or shingles and is attached directly to the structure with nails. It is a popular choice because of its ability to withstand extreme weather conditions and holds paint for extended periods of time. It can be painted or stained, but it can also be ordered pre-painted in a range of colors.

As for maintenance, vinyl siding has advantages. When fiber-cement is installed, it needs to be caulked and painted (unless you opt for the pre-painted version), unlike vinyl siding, which needs no additional work before or after installation. Long term, fiber cement needs to be painted periodically and caulking in the joints must be maintained to avoid water intrusion.

Vinyl siding, on the other hand, just needs a power wash periodically, or for DIYers, a spray with a garden hose and some soapy water suffices to retain its vibrant look.

There are some other variables to consider. Some of the lesser quality vinyl products can fade with time, while the color of better quality products is more enduring and virtually impervious to chips and cracks. That's not the case for fiber cement, which is so rigid that it can crack during the installation process and after it is attached.

In my own case, I found that after a few years, some areas of my fiber cement board, which had been behind my downspout and hit repeatedly by rainwater, literally flaked away and needed to be replaced.

As for energy efficiency, fiber cement board has a low rating but is more eco-friendly, while vinyl can be purchased with insulation attached.

From a durability and maintenance standpoint, fiber cement board comes with a 30- to 50-year warranty, and needs

to be painted every five to 10 years. A positive is that its color can be changed. Vinyl comes with a 25-year warranty but can't be painted, so the homeowner is stuck with the same color for its lifetime. And, if damaged, vinyl must be replaced.

Considering cost and installation, there is a vast difference between the two products. The installed cost of vinyl siding is, on average, at least a third less expensive than fiber cement. Fiber cement is heavy, requiring special cutters and specialists to install.

In addition to saving on the initial cost of purchasing and installing vinyl siding, money is saved over its lifetime because it needs no painting or re-caulking.

As one would expect, and as confirmed by Mary and Robert Sniffen, proprietors of Miracle Home Improvements in Croton-on-Hudson, vinyl sells twice as much as cement-fiber, “mainly because of the cost factor,” Mary Sniffen said.

To learn more about home siding, Miracle Home Improvements can be reached at 914-271-9119.

Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. (www.PrimaveraPR.com). His real estate site is www.PrimaveraRealEstate.com, and his blog is www.TheHomeGuru.com. To engage the services of The Home Guru to market your home for sale, call 914-522-2076.

Several Remedies for Getting Over a Hangover



By Nick Antonaccio

Some of us celebrate hard, some hardly celebrate. Some of us wake up in the morning in an alcohol-induced fog; some of us wake up in our normal mental fog.

As a public service, I've researched hangover remedies around the globe. I've found the familiar and the bizarre; some simple, others elaborate; some chemical, others organic; some 21st century, others 14th century; some time-proven, others unknowingly in a double-blind trial period; some miracle cures, others desperate experiments; some ready to be patented, others worthless placebos.

Above all, the prudent advice is to know your limits and always drink responsibly.

If you don't heed the advice in the previous sentence, here are several innovative, and a few novel, remedies, in no particular order of effectiveness that I've gleaned from the media, casual conversations with friends and relatives and personal experience.



If you're inclined to try any of these remedies, do so at your own risk. I accept no responsibility for any negative effects you may experience if you decide to experiment.

1. Zaca Recovery Topical Patch. A new homeopathy product, you apply this before a night on the town. Also, don't forget to apply your nicotine patch and maybe your birth control patch, as you may have cravings – and regrets -- and regrets, the morning after. As described on the producer's website: “A simple, all-natural recovery topical patch is infused with 11 different organic ingredients. A powerful blend of antioxidants, vitamins and amino acids.” The theory is that the patch will replenish the vitamins and acids lost when consuming alcohol, restoring you to your former healthy state. This is a common theme in a number of the following remedies.

2. A significant portion of the toxins we consume are excreted through the skin. Speed up the process with a hot shower or a bath infused with hot mustard or wasabi powder, lending new meaning to the term Asian “take-out.”

3. From the ancient Romans, who had many opportunities to need

You Heard It Through the Grapevine

hangover cures, comes the deep-fried Canary breakfast.

4. Oh, you're a vegan? Try a Polish favorite: A large glass of pickle juice.

5. File this under Hangover Helpers in your recipe files: sauerkraut/cabbage soup. It's an Eastern European feast that rehydrates and replenishes vitamins.

6. An Irish concoction: In a beer mug, mix raw eggs, lime Jell-O and a few drops of flat Guinness.

7. Leave it to the Mongolians: Pickled sheep eyes in tomato juice. “Here's looking at ewe.”

8. Here's one reason the Wild West probably got its name: A cup of rabbit dung tea after spending a night on the range caressing a bottle of whiskey.

9. Are you in the Sandwich Generation? Just reach for your child's or parent's Pedialyte to rehydrate and restore electrolytes.

10. W.C. Fields contrived this recipe for “avoiding” the ill effects of a hangover: A martini made of one part vermouth, four parts gin and one olive, to be taken round the clock.

My personal remedy, bland but effective: lots of water (or Gatorade, which has electrolytes) to rehydrate, offsetting the diuretic effects of alcohol and flushing

‘the prudent advice is to know your limits and always drink responsibly.’

out the toxic waste in the digestive system. However, as countless generations have found, there is but one universally proven remedy: the passage of time.

Warning: To my knowledge, none of these remedies have been evaluated or approved by the FDA. Proceed at your own calculated risk.

Each of us has a physiology – and a psyche – that responds differently to the good and the bad that we ingest. If you haven't yet found the right remedy for a hangover, you may be enticed to try one of the above formulas. It depends on how badly you want to feel good.

Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted numerous wine tastings and lectures. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.

Happenings

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Nikki Gallagher at nikki@theexaminernews.com

Book Clubs:

Mahopac Public Library Adult Book Groups: Monday Evening Book group: Meets the first Monday of each month at 7:30 p.m. Light Bite Book Group: meets on the third Monday or third Wednesday of each month at 1 p.m. Flo Brandon Book Review Group: meets on the first Friday of each month at 11 a.m. Registration is required for the young reader book groups. Register online at www.mahopaclibrary.org, or call 845-628-2009, ext 100

Art on Display:

The Third Floor Gallery at Mahopac Public Library currently features the work of 10 digital photographers from Putnam and Westchester counties. This group show will remain on view at the Library through June 30, and can be visited during regular Library hours.

Summer Movie Series

Patterson Library, 1167 Rte. 311 Patterson. "Summer Movie Matinees" Wednesday July 6, Wednesday July 20, Wednesday August 10, and Wednesday August 24 at 1 p.m. Get out of the heat and enjoy a great movie on our big screen! Joy (PG-13) will be shown on July 6th, Brooklyn (PG-13) will be shown on July 20th, The Big Short (R) will be shown on August 10th, and My Big Fat Greek Wedding 2 (PG-13) will be shown on August 24. Registration preferred, walk-ins welcome if space allows. To register or for more information, visit us online at www.pattersonlibrary.org and click on calendar or call 845-878-6121 x10. Free program.

Summer Reading

Summer Session of Reading Buddies at the Kent Library: Children in the 1st through 4th grade are invited to participate in Kent Public Library's summer session of Reading Buddies. Running daily from July 6th to August 18th, Reading Buddies is a program that pairs teen volunteers with students in grades 1st through 4 grade. Reading Buddy applications are available at the Library. This is a wonderful way to encourage young children to read, and to improve their reading skills. Contact Rebecca Newman, the Children's Librarian, at 845-855-5747, for more information. The library is located at 17 Sybil's Crossing, Kent Lakes.

Summer Bilingual Storytime at Kent Library: Come to the Kent Public Library on Wednesdays, July 6th-August 3rd from 1230-1:15 for our summer session of our Bilingual Storytime. Listen to stories in English and Spanish, sing songs and make a craft project! Children are invited to stay for a free bag lunch after the program. This Storytime is open to all ages. Registration is required. You may register for the program by going to www.kentlibrary.org or calling the Kent Public Library at 845-225-8585. The library is

located at 17 Sybil's Crossing, Kent Lakes.

Literacy Connections, ESL summer program for students ages 6 and up at Reed Library Thursdays July 7 through August 11, 10:30 a.m. to noon. Registration required, please call the library to register, 845-225-2439.

Farmers Markets:

Hudson Valley Regional Farmers Market: The Hudson Valley Regional Farmers Market hopes to exemplify its connections to the community to provide local economic opportunity as it showcases sustainability. 15 Mount Ebo Road South Brewster. 10 a.m. - 2 p.m. For more info: <http://www.hudsonvalleyfarmersmarket.org/>

Wednesday's

Summer Lunch Program at the Kent Library: If you received free lunches in school, come to the Kent Public Library on Wednesdays in July at 1:15 p.m.-2:15 p.m., starting Wednesday, July 6th and ending Wednesday, July 27th, for a free bagged lunch. Lunches are only for children, and must be eaten at the Library. The Summer Food Service Program (SFSP) was established to ensure that low-income children continue to receive nutritious meals when school is not in session. Who administers the program? Nationally, it is the U.S. Department of Agriculture (USDA) Food and Nutrition Service (FNS). Locally? The Putnam County of the Hudson Valley Regional Foodbank is sponsoring this program, and they have partnered with the Cornell Cooperative Extensions, Eat Smart New York, Hudson Valley Region. Registration is required, both the children eating the lunches, and the adults bring them, must be registered. You may register for the program by going to www.kentlibrary.org or calling the Kent Public Library at 845-225-8585. The library is located at 17 Sybil's Crossing, Kent Lakes, NY 10512.

Friday's

Minecraft Fridays at Kent Public Library: Come play on Minecraft on Fridays at the Kent Public Library, starting Friday, July 8th from 4 p.m.-4:45 p.m. and continuing to August 12th. This program is for young people ages 7 to 12. Minecraft is a computer game about placing blocks and going on adventures. Explore randomly generated worlds and build amazing things from the simplest of homes to the grandest of castles. Registration for the first session is Friday, July 1st at 10 a.m. Registration is required for each Friday session. Registration opens the Friday before the next session at 10 a.m. You may register for the program by going to www.kentlibrary.org or calling the Kent Public Library at 845-225-8585. The library is located at 17 Sybil's Crossing, Kent Lakes, NY 10512.

Reed Memorial Library presents Fitness Fridays with UMAC of Carmel.

Preteen / Teen Program Fridays 10:30 am July 8 - August 12 B.I.G. Kids. Building Character. Increasing Fitness. Growing Together. Registration is required. 845-225-2439

Saturday's

The Ultimate Brooder Co. Presents: Live Poultry & Farm animal market. The First Saturday of Each Month: Next Market is June 4th. June, July, Aug., Sept., Oct.. 9 a.m. - 1 p.m. Putnam Valley Grange. 128 Mill Street (at Peekskill Hollow Rd.) Putnam Valley. Free admission - Come look and shop.

Save the Date - July 16, 2016

Family Fishing Day at Lake Gleneida: New York City DEP experts will teach kids how to fish. Bait and fishing poles will be provided for those who don't have their own. This event in Putnam County is co-sponsored by New York City DEP and New York State DEC.

German Fest! At the German American Club - Under a Giant Party Tent, Rain or Shine! Sat July 16, 3 - 10 PM, Sun July 17, 1 p.m. - 7 p.m., at 11 Kramers Pond Road, Putnam Valley. Enjoy Live German music by The Spitzbuam and a variety of German & American foods, imported beer & Viennese cafe. Free Ample Parking & Free bouncy tent for the kids. More Info: www.gac1936.com/845-528-5800 Adults \$10. & children under 14 free with an adult. Sun July 17th is Emergency Responder Recognition Day: all active & retired police officers, firefighters & EMS providers admitted free with proper ID. Our prices are reasonable, come have a good time.

Thursday, June 30

The Desmond-Fish Library's reading group will celebrate bicentennials of two classic English novels with a discussion of Jane Austen's Emma on Thursday, June 30, and Mary Shelley's Frankenstein (original 1818 edition) on Thursday, July 28. All are welcome to join the conversation which starts at 6:30pm. Copies of both books are available to borrow from the Library's Circulation Desk. This program is free and open to the public. The Desmond-Fish Library is located at the intersection of Routes 9D and 403 in Garrison. For more information about this and other library programs please visit the Library's website at desmondfishlibrary.org or call 845-424-3020.

The Tri-State IBM Retirees Club Summer Luncheon: FRANKIE & AUGIE'Z Restaurant, 2673 Hill Blvd, Jefferson Valley, NY. Call 914-528-5916. Next meeting is Sept29.

Friday, July 1

Rolling Stones Experience: 8 p.m. Satisfaction-The International Rolling Stones Show" is the international touring tribute show to the World's Greatest Rock & Roll Band. This Billboard & Pollstar highly rated show are entering

their 15th year in production with over 2500 performances listed to their credit.. Paramount Hudson Valley Box Office. (914) 739-0039, Option #2 from Main Menu

Free Putnam Valley's Annual Sunset Concert Series: 156 Oscawana Lake Rd & Town Park Lane. Open to the public & family friendly. Food & beverages for purchase. All park amenities available during concerts. Dinner in the Park with Frank & Dean Block Party 6 p.m. Other concert dates include: Saturday, July 16 50's, 60's Music by Teenchords & 5 Creations 7:00 p.m. Friday, July 29: Top 40 Cover Vertigo, 7 p.m. Thursday, August 11: Them Bones 7 p.m. Saturday, August 20: Disco Dance Party: Elektrik Company 7 p.m. FMI: <http://pvpr.com>, pvprconcerts@gmail.com or call 845-656-5296. Concerts subject to change.

Sunday, July 3

First Presbyterian Church in Mahopac Summer Worship Service Schedule: First Presbyterian Church, located at 411 Route 6N (at Secor Rd) in Mahopac, will go on their Summer Schedule from June 26th-September 4th. Sunday Service will start at 9:30 a.m. (instead of the usual 10:30am.) Everyone is Welcome!

Monday, July 4

The Town of Carmel along with The Red Mills Historic District Committee Annual Independence Day Concert. 6:30 p.m.-8:30 p.m. in the gazebo at Red Mills Historic Park, Rte 6N and Hill St in Mahopac Falls. Bring your lawn chairs and blankets and enjoy an outdoor concert of patriotic music by the Norm Hathaway Big Band with a reenactment performance by the 2nd NY Regiment, Brigade of the American Revolution. In the event of rain, the concert will be held on Tuesday, July 5th at 6:30 p.m. The event is free to the public and is sponsored by Tompkins Mahopac Bank. For further information call Merri MacDonald, Town of Carmel Historian, 845-628-1500, or Allan Warneke, Chairman, Red Mills Historic District Committee, 845-628-5705.

Tuesday, July 5

Bubble Trouble and Kent Public Library Summer Reading Sign up: Sign up for the Kent Public Library's Summer Reading Program and see a fun bubble show at the Kent Town Hall. 5 p.m.-6 p.m. Want to see a bubble volcano? A bubble roller coaster? A kid in a bubble? Jeff Boyer takes bubbles to the max in this one-man extravaganza called "Bubble Trouble." Sign up to take part in the Kent Library's Summer Reading program before the show. No registration is required. Call the Library for more information at 845-225-8585. The show will be held at the Kent Town Hall, next to the Library. The Town Hall is located at 40 Sybil's Crossing, Kent Lakes.

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LEGAL NOTICES

NOTICE OF ORGANIZATION OF LIMITED LIABILITY COMPANY MUSIC LECTURES LLC FIRST:The name of the Limited Liability Company is MUSIC LECTURES LLC (hereinafter referred to as the "Company")

SECOND:The Articles of Organization of the Company were filed with the Secretary of State on April 18, 2016. **THIRD:**The County within the State of New York in which the office of the Company is located is Westchester. **FOURTH:**The Secretary of State has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail process is 23B Washington Avenue, Pleasantville, New York 10570. **FIFTH:**The Company is organized for all lawful purposes, and to do any and all things necessary, convenient, or incidental to that purpose. Dated: May 23, 2016

antville, New York 10570. **FIFTH:**The Company is organized for all lawful purposes, and to do any and all things necessary, convenient, or incidental to that purpose. Dated: May 23, 2016

NOTICE OF FORMATION OF 297 MAIN STREET LLC ART. OF ORG. filed with the Sect'y of State of NY (SSNY) on 5/24/16. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **Susan Lewkowicz, 670 White Plains Road Ste. 322, Scarsdale, NY 10583 914-723-4290.** Purpose: any lawful purpose.

NOTICE OF FORMATION OF SWAN GRAPHICS, LLC ARTS OF ORG. filed SSNT 6/22/15. Office: Westchester Co. SSNY design agent of LLC upon whom process may be served & mail to: **29 North Greenwich Road, Armonk, NY 10504. Purpose: Any lawful act.**

NOTICE OF FORMATION OF INNER AWARENESS, LLC. Arts. of Org. filed with SSNY on 6/1/16. Office location: Westchester County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to **Inner Awareness, 8 Midland Gardens, #3H, Bronxville, NY 10708. Purpose: any lawful act or activity.**

NOTICE OF FORMATION OF AMY BALTER, THERAPEUTIC MASSAGE, LLC. Arts of Org filed with Secy of State of NY (SSNY) on 05/04/2016. Office loc: Westchester. SSNY designated as agent upon whom process may be served and shall mail process to the principal business address: **2 Woodland Dr., Pleasantville, NY 10570. Purpose: any lawful acts.**

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June 28 - July 4, 2016

SMALL NEWS IS BIG NEWS

SPORTS SECTION

TWO PEAS IN A POD

*Lakeland's Bozek, Ossining's Samuels
Share Female Athlete of Year Honors*

By Ray Gallagher
Examiner Sports
Editor
@Directrays

Mostly because nobody had been down this road before, both Ossining High's Shadeen Samuels and Lakeland's Dana Bozek took the road less traveled to the top of their respective classes during their historic senior campaigns. Both the Ossining hoops sensation and the Lakeland field hockey marvel won at least four NYS championships in their careers; in fact, Bozek has one for the thumb, an unprecedented five NYSPHSAA championship rings.

Their careers are littered with similarities, both taking home Section 1 Player of the Year honors in their respective sports, each securing team MVP nods, each holding a high-B average that led to Con Ed Scholar Athlete awards and both having unparalleled success in their respective careers, including the following: The Wake Forest-bound Bozek



Lakeland senior and Co-Northern Westchester-Putnam Examiner Female Athlete of the Year Dana Bozek.

led the Hornets to an unprecedented seventh-straight NYSPHSAA Class B field hockey title while the Seton Hall-bound Samuels guided the Pride to an unmatched fourth-straight NYSPHSAA Class AA hoops crown and Ossining's first NYS Federation title.

Their careers and 2015-16 seasons



Ossining senior and Co-Northern Westchester-Putnam Examiner Female Athlete of the Year Shadeen Samuels.

were essentially peerless in this neck of the woods, and for those reasons and more Bozek and Samuels will share the honor of 2016 Northern Westchester/Putnam Examiner Female Athlete of the Year honor.

BO KNOWS HOCKEY

Dana Bozek did, in fact, lose one game

to a NYS opponent as an 8th-grader, but she never lost another game in the great state of New York again. That is a streak of 125-straight victories Bozek's Hornets have rattled off against NYS foes, something no other player in the history of NYS can lay claim to in any team sport. As the senior captain this season, the bubbly, two-time All-American scored 46 goals and 25 assists from her center mid position, leading Lakeland to a 22-0 record while being named MaxPrep's National Player of the Year. She scored 12 goals in five wins against nationally-ranked opponents for a Lakeland team that breezed to the state title and outscored its

opponents by a whopping 154-6 margin last fall.

When the Hornets needed a big goal, a big pass, or a crucial clear of the zone, Bozek was there, according to Coach Sharon Sarsen.

continued on next page

Sports

Two Peas in a Pod

continued from previous page

"Dana was a coach's dream," said Sarsen. "She did everything possible to win. She played her best on the biggest stage and was never afraid of any challenge. She out-worked everyone and made everyone commit to the highest level. She made everyone around her better. Scouting-wise, we'd talk strategy and I would run things by her all the time, she's that intelligent."

Sarsen admitted that ranking players of Bozek's ilk against a U.S. Olympian like Melissa Gonzalez – Section 1's all-time best -- is something she refrains from doing, but, having said that, she admitted that Bozek is just a notch behind Gonzalez, who was wearing the captain's C for Team USA against the Netherlands last Tuesday.

Bozek was the consummate teammate; helping the underclassmen of all levels, including upstart elementary schoolers who she trains at Sarsen's summer camps.

"She's amazing," Sarsen said. "Dana sets the tone in every aspect; practice ethic, off-field commitment, mentoring younger players, giving back and always volunteering to coach our younger kids at tournaments when I have 400 teams and can't handle it all. I know she will check in and continue to give back as all the Bozeks have."

The Bozek sisters – Dana, Emma and Megan, like the Gonzalez sisters (Jen, Sara and Melissa) before them – are indeed



Ossining senior Shadeen Samuels (21) led a group of primarily underclassmen to a NYS and Federation title.

an incredible trio; each having advanced to the next level (Emma entering her senior year at North Carolina and Megan

having competed at the University of New Hampshire). And the last of the lot might well be the best of the bunch, as she heads south this fall for Wake Forest.

"They have been the face of the Lakeland program for the past decade," Sarsen said, "so it's no coincidence that our streak began when it did. I can't even list all their accomplishments at Lakeland and beyond. They have shown so many players at Lakeland, who followed, what is possible with a strong work ethic, commitment and desire. Each and every day was the next day of their master plan to success."

Unmatched, unparalleled and unprecedented... that's a lot of "Un's" from one of the finest trios of sisters in the history of Lakeland sports.

QUEEN SHADEEN

Samuels played with UConn's Saniya Chong and Hartford's Jalay Knowles – both won the Miss NYS Player of the Year – but Samuels is the only one of the Big 3 to yield a NYS Federation title, having led the Pride to their lone Federation championship in four tries. And while there may never be another Chong in Ossining history, Samuels surely eased the anguish of her departure by matching Chong as Section 1's Ms. Basketball. Samuels is the programs third all-time leading scorer and ranks No.2 among four-year players, behind Chong.

"Shadeen was a true warrior, playing hurt (nagging knee) 90% of the time," Ossining Coach Dan Ricci said of

Samuels, who put together the following astounding numbers over the course of a 28-2 season that produced a state and federation title: 24.8 PPG, 5.3 APG, 9.2 RPG, 3.6 SPG. "She always put the team before herself. She has more than helped pave the way for future Ossining girls to follow and keep the Pride tradition alive."

Under her watch, the Ossining program improved to an astounding 98-13 during her four years with the Pride, for whom she not only excelled, but led a youthful bunch with a regal, humble nature. Samuels had three freshmen alongside her in the starting lineup, yet she never stammered in her quest to conquer the rest of New York State.

She just may do the same at Seton Hall, where her next coach, Anthony Bozzella, has probed the notion that Samuels could contend for Big East Rookie of the Year honors should she stay healthy.

THAT'S A WRAP

So in the end, we have two prodigious student athletes that have been mentioned in the same breath with a U.S. field hockey Olympian, who is regarded as the best field hockey player in Section 1 and UConn history, and a three-time NCAA basketball champion at UConn, who certainly ranks among the greatest players in state history.

Those of us who saw them play in person know for a fact the Bozek and Samuels left a lasting impression on the Section 1 sports circuit and their best days are likely still ahead of them.



Sagacious Lakeland Coach Sharon Sarsen (L) actually bounced game plans off the prodigious Dana Bozek.

Sports

Calling All Shutterbugs; Send Us Your Sports Pics



By Ray Gallagher
Examiner Sports
Editor

Hey, gang; here's my annual pitch for summer help. There's a game going on just about every night in every town, and I can't possibly be everywhere at the same time, contrary to popular belief. So here I go asking local shutterbugs, who I see all over the place these days, for some

assistance. Don't sit on your action and/or team photos by storing them in some folder you may never open again, send the good ones to me at raygallaghersports@gmail.com and I'll run them in the Putnam/North. West. Examiners as long as they're clean and you provide the score of the game, plus the who, what, when, where and how within the game.

I can only be at one or two District 33 Little Leagues game per week, but, with varsity sports having wrapped up until football season starts, this is the time when the little guys get their day in the sun, so don't shade them off by

downplaying their exploits; send me your team pics, your action shots and you never know; Junior just might end up on the back page of the Examiner.

Moms and pops; get the kids together after a big win and do your part to promote the programs: The Swarm are huge these days, NYEB, WPBA, SOAC, PV/C, YAC and summer lax programs are all out there competing, so help a brother out this summer.

Shamu needs more than a few days along the LBI shore this summer, so I'll be relying on y'all to help pick up the slack while I do just that, SLACK!, if only for a week or two...

In the meantime, here are some thoughts to ponder...

Someone was going to give former MLB All-Star Jose Reyes a second chance, so why not the NY Mets? I don't care if he starts or rides the pine, he's a better option than ineffectual OF Alejandro De Aza as a late-inning pinch-hitter and he can play three or more positions, SS/3B/2B.

Some team was going to give Reyes a second chance, so long as he showed the necessary contrition for becoming the lowest form of scum when he lumped up his lady last October in Maui. I wouldn't take his autograph for my son under any circumstances right now, and I'll tell my son straight up that Reyes punked out one night (that we know of) after he left town for greener pastures, but if he's gonna get a second chance, which these guys always do, why not lightning in a bottle in Flushing?...

It's LeBron James on one plateau and the rest of the current NBA wannabes on another. If you can't see that King James is the best two-way player in the world, second only to Michael Jordan all-time (for the time being), then you are likely tainted against him, clueless and don't know what it is you're looking at. James is the most gifted specimen on the planet, period!...

I don't like to get too political in this space, mostly because some readers think I have no business spewing politics in a

sports column (as if sports' enthusiasts have no thoughts on anything other than sports), but, with all due respect I can't see myself pulling a lever for Hillary Rodham Clinton this November, which leaves me a wary passenger on the Trump Train. Yes, I am restless and unwilling to go another four-to-eight years in the direction this country has gone in under the uber-liberal watch, so change is in order as we turn our great nation over to our children. In a perfect world, we'd have a statelier, more-presidential option other than Republican hopeful Donald Trump, but we'll never see Shangri-La and the time for new direction/leadership is now. I say we #TakeAmericaBack, and if your papers aren't in order, then get the heck out of dodge because I, quite frankly, can't afford to foot your bill anymore, nor am I willing to sit back and put up with it any longer. If you are a tax-paying citizen and you legally belong in this country, then you belong; if not, then be gone...

Congrats, 2016 graduates! Be mindful of your priorities as you seize the here and now that awaits you, and don't ever forget what your mom and pops did for you.

Direct Rays

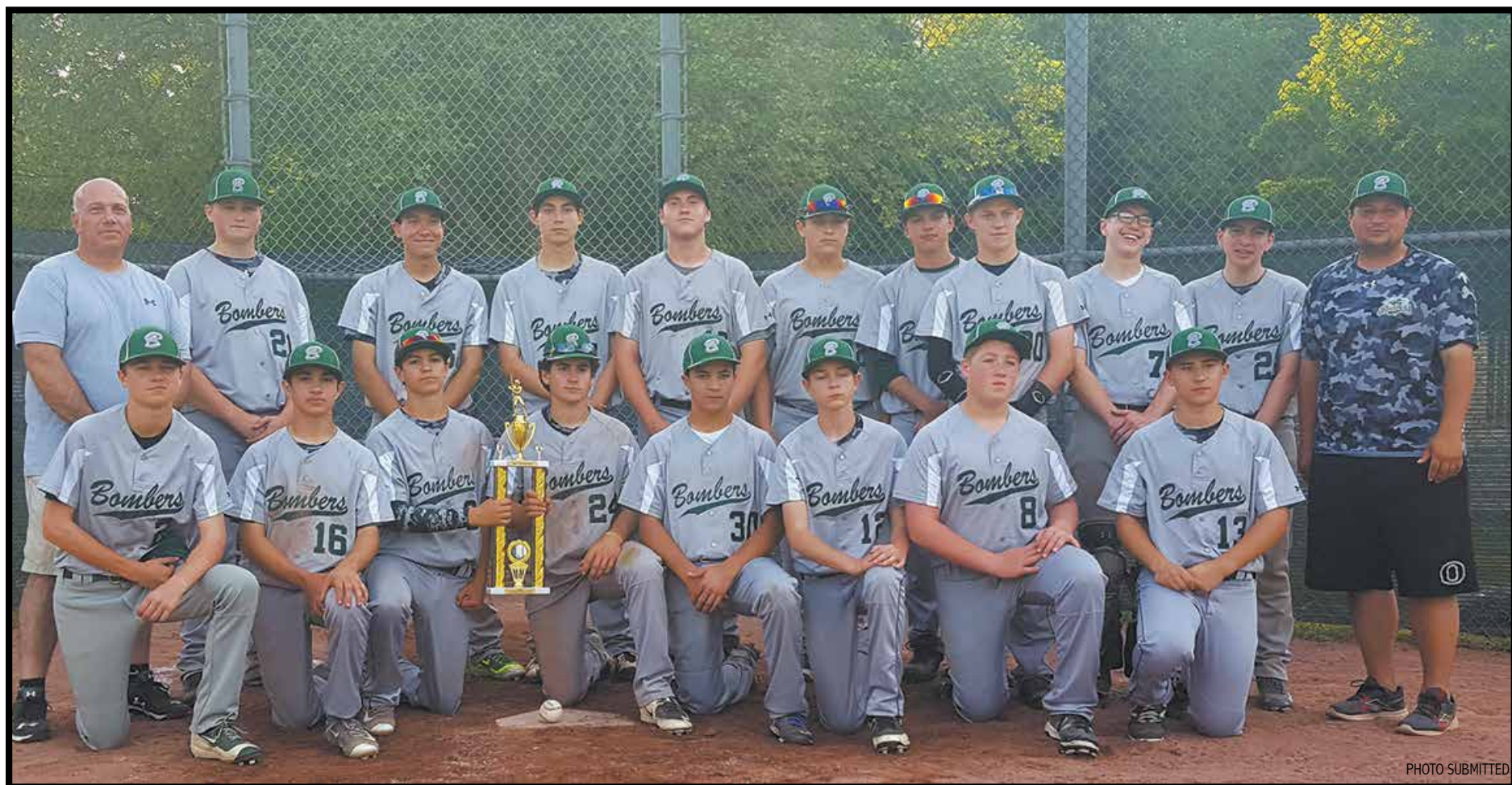


PHOTO SUBMITTED

Bombs Away: The Bombers Baseball Club 16u Green team recently won the Scarsdale Westchester Baseball Classic Memorial Day weekend tournament. The Bombers Baseball Club is based out of Northern Westchester with players hailing from either JV or Varsity programs at Yorktown, Hen Hud, Ossining, Mahopac, John Jay CR, Croton-Harmon and the Hackley School. The unit will be playing in the upcoming NYEB Summer League, but they fine-tuned their game by going 3-0 in pool play and beating the Cobras Baseball Academy, 2-1, in the 16u championship game. Pictured front row (L to R): Ryan Trieste, Nick Maratos, Nick Constantino, Trevor Dowling, Dom Chirasello, Matt Imbimbo, Matt Ptashnik, Robert Polworth Back Row (L to R): Admin/Manager Nick Maratos, Nick Caruso, Manny Sanchez, Peter Bossinas, Chris O'Sullivan, Billy Moeller, Matt Minihan, Dan Cunningham, Billy Riefenhauser, Matt Cestone, Coach Scott Deleso Not pictured: Coach Mike Dwyer, Luan Biberaj



Carmel Class president Stephanie Morley snaps off a selfie on stage with Ram classmates behind her.

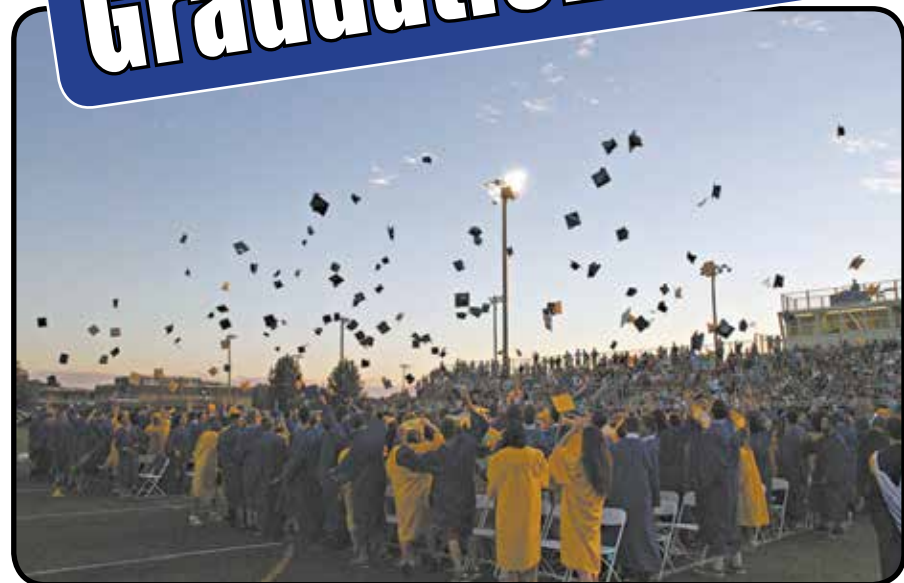


The Boys Were Back in Town for one last time at Put Valley High.

**Cool
Like Dat!**
Scenes from
Graduation 2016



A handful of the big guns on the Mahopac sports scene gather for a graduation snapshot.



Hats were flying at Put Valley and Mahopac as senior grads cut loose.