

Business of the Week
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Page 9



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September 1 - September 7, 2015

SMALL NEWS IS BIG NEWS

Volume 7, Issue 336

Sheriff's Investigator Honored After 34 Years of Service



COURTESY OF SHERIFF'S OFFICE

Investigator Bob Ferris, who served with the Putnam County Sheriff's Office for 34 years, was honored at a ceremony Friday at the Sheriff's Office headquarters in Carmel. Joining in the ceremony were his wife, Doreen, and daughters Alisa and Danielle (daughter Melanie and son Robert Jr. could not attend). His sisters, Ruth Ann Lombardo and Mary Ann Lombardo, were also present, together with many friends and colleagues from the Sheriff's Office and other County departments. Sheriff Don Smith praised the honoree for his dedicated service in the office since 1982: as a correction officer, patrol deputy, K-9 handler (with his partner "Alf"), narcotics enforcement officer and criminal investigator. Smith called him "a great Sheriff's Office ambassador to the community, especially in the Cold Spring, Nelsonville and Garrison areas." Ferris expressed his gratitude to the throng of well-wishers. "I have really enjoyed my career and I have had the pleasure of meeting many good people over the years," he said. Mrs. Ferris mentioned that she and her husband have five grandchildren and are expecting the arrival soon of a sixth, and that they are looking forward to spending more time with their family.

Primary Previews

On Sep. 10, Republican voters will go to the polls to choose which candidates will represent the Republican Party in November. The de facto District Attorney's race comes down to incumbent Adam Levy and challenger, defense attorney and Putnam Valley Supervisor, Bob Tendy. In Patterson, supervisor candidates Rich Williams and Joe Capasso look to be the Republican choice against Democrat candidate Andy Falk in November. (Falk is also waging a Independence Party write-in campaign this primary against Williams.) Go to pages 4-7 for previews of all Republican candidates.

Sewer District Progress Discussed in Carmel

By Neal Rentz

The Carmel town board is slated to vote on a bond to pay for up to \$1.1 million in improvements to Sewer District #1 when it meets on Sept. 2.

The improvements were discussed at the Aug. 26 town board work session.

A public hearing was held on the plan to reconstruct sewer lines for inflow and infiltration and inflow remediation.

Town Supervisor Ken Schmitt said the repairs would be made in the downtown Mahopac business district.

At last week's public hearing, the only resident to speak was Jim McKay.

McKay asked how much homeowners living in the sewer district pay for the project and if those owning one or two



NEAL RENTZ PHOTO

Carmel Town Counsel Gregory Folchetti discussed potential \$1.1 million in improvements to Sewer District #1 during the Aug. 26 town board meeting.

continued on page 14

Pedestrian Struck and Killed in Parking Lot in Southeast

By David Propper

A pedestrian was struck and killed last week, ending the summer season in Southeast on a tragic note.

On Aug. 24 at around 9:30 a.m., victim Barbara Fetzer was hit by a 2008 Ford Ranger 4 by 4 pickup truck when its driver, Thomas Hunt, 66, was backing out of a space in the Putnam County Savings Bank parking lot in the Town of Southeast along Route 6, according to a press release from the Putnam County Sheriff's Office. After Fetzer, a Putnam Lake resident, fell to the pavement from the impact, she was then run over.

According to the sheriff's office, members of the Brewster Fire Department and Ambulance Corp. rushed to the scene, along with Transcare Medics and Fetzer was taken to Putnam Hospital

Center, where she was pronounced dead shortly after. Fetzer was 86-years-old.

No charges have been filed against Hunt as of Monday afternoon. He was also taken to Putnam Hospital Center for observation.

Sheriff Department patrol members, the Accidental Reconstruction team and the BCI Forensic and Identification unit worked with the New York State Police at the scene of the incident, according to sheriff's office.

Born in Romania in 1929, Fetzer moved to the United States in 1951. She worked as a caterer for Temple Beth Elohim in Brewster for 31 years and was a housekeeper for many homes in the area, according to her obituary.

She was active in her community. A

continued on page 15

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A Unique Problem to Condos, Legislators Seek Fairness

By David Propper

It's a problem particular to condominiums, but nonetheless, a thorn in the side of enough residents that Putnam lawmakers explored if there was anything they could do to alleviate the issue.

Since the economic drop of 2008, many condos, like houses, in Putnam County have been foreclosed and left vacant. While banks pay the property taxes on the foreclosed condo properties, the common charges go unpaid because, Legislator Joe Castellano said, those charges are the responsibility of the owner that already

left the property. In turn, and the issue at hand, those common charges fall on other condo residents.

Calling it a state-level issue, Castellano brought the topic up during an Audit Committee meeting at the behest of a constituent in his district whose condo complex is having common cost headaches.

Describing it as unique to condos, the homeowners association of this particular condominium is paying the common charges that the banks will eventually sell, Castellano said, urging, "that needs to be addressed by somebody."

"Maybe at some point after the property is deemed abandoned, whether it be six months or a year later, the bank should pick up the cost on the common charges," Castellano said.

Essentially the other condo owners "through no fault of their own" in the complex are paying for the upkeep of empty condos that the banks will hopefully one day sell, Castellano said.

"I think it's grossly unfair to put the burden of this on the residents in a condo unit," Legislator Ginny Nacerino said. "They shouldn't have to absorb those costs."

At the committee meeting, Southeast Councilwoman Lynne Eckardt said while local lawmakers can reach out to state legislators, bills to address this issue have stalled in Albany before in the state Assembly.

At this particular condo complex, it can't afford to make needed improvements because of the strain the common costs have put on a collection of condo owners, Eckardt said, imploring legislators to possibly look into ways the problem can be addressed locally.

"I think it's still a pretty important issue for the county," Eckardt said.

Carmel Board OKs Camarda Upgrades, Reject Tennis Court Bid

By Neal Rentz

The Carmel Town Board is poised to approve capital projects for the upgrading of Camarda Park and seek new bids for the rehabilitation of tennis courts when its meets on Sept. 2.

During the Aug. 26 town board work session, Chief Engineering Consultant John Folchetti discussed the proposed town park capital projects.

Folchetti said he was asking to reject the bids for work to rehabilitate the Sycamore Park tennis courts because they were higher than the \$129,000 the town budgeted for. The lowest bid received was \$223,756, he noted. The bid

received also did not include a worker apprenticeship program sought by the town, he said.

Folchetti did request that the town board accept a bid of \$395,578 from United Concrete Products to do work to create four new baseball dugouts and renovate the concession stand and bathrooms at Camarda Park. He said that part of the work could be paid for through \$350,000 in state grants and through funds developers paid to the town for recreation.

The board is scheduled to vote for a bond for the Camarda Park projects when it meets on Sept. 2.



NEAL RENTZ PHOTO
Carmel Chief Engineering Consultant John Folchetti discussed proposed town park capital projects at the Aug. 26 town board work session.



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Q: What happens before, during and after pulmonary rehabilitation?

A: You are first evaluated for your degree of respiratory disability prior to rehab. This data leads to a personalized exercise plan that typically involves the treadmill or bike. At Northern Westchester Hospital (NWH), the eight-to-12-week multi-faceted program includes an exercise component, education about your illness, and psychosocial and nutritional support.

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Q: How do I access a high-quality pulmonary rehab program?

A: Speak with your physician, he or she should consider referring any patient who has chronic lung illness or has been recently hospitalized for breathing difficulties, particularly for an exacerbation of COPD. When referring you to a program, your doctor should know what it offers, the quality of the professionals involved, and patient outcomes.

Pulmonary Rehabilitation at NWH provides state-of-the-art exercise support, educational and nutritional counseling, and flexible scheduling, visit www.nwhrehab.org/pulmonaryrehab.



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Levy Looks Out for Our Families and Our Children

Protecting our children is top priority for Levy; he has led the fight to protect our children from sexual predators, aggressively pursuing them both on- and off-line. Thanks to the work of the professional staff he recruited and personally leads, total crime in Putnam County is down 25%, property crime is down by 24% and violent crime is down an astounding 39%.

Proven Record of Combating Drunk Driving

Since Adam Levy took office and implemented a drunk driving education campaign in Putnam County, drunk driving cases have dropped by 35%. According to NYDJS, between 2008-2013 Putnam County saw a nearly 53% decrease in DWI for drivers under the age of 21. He also initiated one of the most successful Asset Forfeiture units in New York State.

Protecting Our Freedom, Public Safety and Privacy

Protecting Putnam citizens' civil rights has been a priority for Levy. He refused to enforce an unconstitutional provision of the ill-named "New York Safe Act," which arbitrarily limits the number of bullets a magazine can carry. He has acted proactively to protect individual privacy and property rights, as well as the 2nd Amendment rights of gun owners – even refusing to give *The Journal News* names of county gun owners when that newspaper wanted to publish the entire list with addresses.

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Election Preview



Levy Touts Taking DA's Office to Next Level

By David Propper

Speaking from his office, the energy Adam Levy has for his job as Putnam District Attorney is undeniable. He's been in office eight years and is now vying for another four years.

Fixing a system Levy asserted was broken and putting programs in place to improve the DA's office, the Republican incumbent believes he has plenty to tout going into this election cycle.

"What I'm good at is identifying problems within a criminal justice system and fixing them," Levy, who was endorsed by the Republican, Conservative, and Independence Parties, said.

The proof of that is the DA's office record, which Levy calls "bulletproof." There has been a 40 percent decrease in violent crime, a 24 percent reduction in property crime, and 35 percent drop-off in DWI offenses since he took over in 2008.

Levy also said his office's conviction rate in county court (different from town court) is 100 percent. Levy also stressed the DA's office has had 400 indictments since 2008 and 99 percent have been able to stand up against judicial review, with the Pat Castaldo case one of three exceptions.

Levy listed a wide range of initiatives

and programs he started. Audio and/or videotaped confessions were implemented to ensure jurors heard first hand what the accused said. Asset forfeiture was also started by Levy, in which a convicted felony DWI results in that guilty resident losing his vehicle that the county then sells. The Putnam County Intelligence Committee was set up to better communicate and share information between law enforcement agencies and an online database has been used called Leads Online, an online investigative system.

While treatment court started in 2002, Levy said his office has worked with different stakeholders to help residents stop their addiction to drugs and alcohol. When Levy came into office, there were roughly 25 participants and now there are about 125 participants. An assistant district attorney is allotted to be an integral part of treatment court.

As for challenger Bob Tendy, Levy warns the DA's office would go back to the "dark ages" if the Putnam Valley supervisor were elected. While Tendy has been brutally critical of Levy, including allegations of Levy's involvement in the Alexandru Hossu case, Levy called him a "liar" and a "politician." Levy said if he violated prosecutorial ethics, the US

Attorney's Office and the New York State Attorney General would investigate him, which has not happened.

Levy also argued his office has a quality working relationship with the sheriff's office especially with the way crime has dropped since he took office, adding "that doesn't happen when there's the type of discord between the two top officials in the DA's office and the sheriff's office that Bob Tendy suggests."

"When you don't have a plan and you don't have a real platform and you really have no idea how a DA's office runs, the only thing you have left is criticism," Levy said of Tendy.

Levy also rehashed Tendy's alleged interference in his fiancée DWI case, in which a sheriff's memo states Tendy asked Undersheriff Peter Convery to not have a deputy show up to a refusal hearing.

Since 4th grade, Levy said he wanted to be a trial lawyer, following in the footsteps of his famous mother Judge Judith Scheindlin, better known as Judge Judy from her TV show. Raised in the Bronx and graduating from a public high school, Levy went on to SUNY Albany and then Hofstra Law School. At 23, he was hired by the Suffolk County DA's office where he would go to his colleagues



Adam Levy

and offer to take any of their cases to get in as much trial experience as possible.

He moved up to Putnam County and became a defense attorney for more than a decade before finally choosing to serve in public office, running unopposed in 2007 and 2011. Now, he's in a dogfight to hang on for another term.

"I took a job, I take that oath very seriously," Levy said. "When I saw there was a problem, I saw it had to be fixed, the only issue was how to fix it. Luckily I had the skill set to know what needed to be changed. We've seen change. Why in the world would you risk that for Bob Tendy?"

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Election Preview



Tendy, Critical of Levy, Takes Aim at DA's Office

By David Propper

The first time Adam Levy ran for District Attorney, fellow Republican Bob Tendy voted for him. But that was only time, choosing not to vote in the DA's race in 2011 and now in 2015, choosing to run against Levy in a Republican primary.

"I had my complaints about how he handled his office as a defense attorney, but it never really rose to the level of saying he should be removed from office," Tendy said. "I never thought he was a very competent district attorney, I think he runs his office in an incompetent way."

And that's just a snippet of the harsh feelings Tendy has toward Levy, running a campaign in which he's heavily scrutinized and criticized the DA's office for numerous failings in his eyes. Tendy said the Alexandru Hossu rape trial, in which Levy paid more than \$100,000 to the defense of his former personal trainer and has been alleged of interfering with the case, despite recusing his office from the case was the tipping point to him entering the race. (Hossu was found not guilty of all charges and Levy has never been disciplined or faced criminal charges.)

Tendy scoffs at Levy's campaign motto, "prosecuting without fear and favor."

"He's good at advertisements," Tendy said. "But buyer beware, most

advertisements are fluff and many of them are nonsense."

Tendy even went to Republican leaders and told them he was an embarrassment to the party and county for possibly committing serious ethics violations, but it fell on deaf ears.

While the Hossu mess was the tipping point, Tendy points to several examples since he announced more than a year ago his run for DA.

A murder conviction has recently been overturned, and is set for retrial because of errors by the DA's office, Tendy said.

The thrown out indictments of former sheriff's investigator Pat Castaldo and defense attorney George Galgano are two other examples, which Tendy claims were purely a political vendetta by Levy. (Galgano has seen been re-indicted and the Castaldo case is being appealed.)

"I think he's done things that are reprehensible," he said.

Tendy argued while statistics indicate crime has dropped since Levy took office, those statistics do not include the rapid increase of drugs in the community, adding Levy and his office have done a poor job handling those cases.

In order to right the ship, Tendy said the first action he would take as DA is meet with every law enforcement officer from

every agency in the county and convey the sense of teamwork between the two branches. He believes more trust must be cultivated between the sheriff's and DA's office.

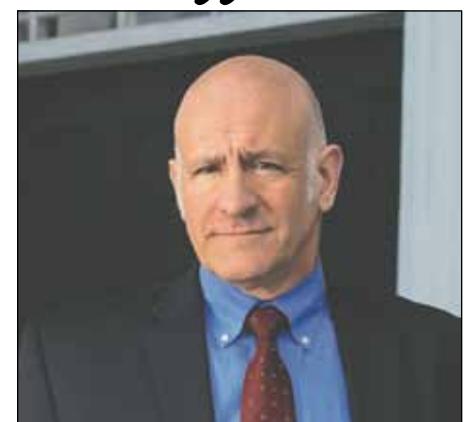
Tendy also wants to implement an "intensive" training of trial advocacy, discovery rules, and grand jury presentation "because it's clear, these people don't have any idea how to present a case to the grand jury." Tendy said he assumes the assistant district attorneys are competent, but are not given proper training.

To avoid conflicts of interest, Tendy suggested an internal Ethics Review Board, which would apply to everyone in the office.

Tendy also wants to get more involved with high schools in Putnam, in which he would assign a community liaison within the office to each town in the county. Those ADAs assigned as community liaisons would also be a mock trial coach, where Tendy would work with the school districts to set those clubs up if they don't already exist.

"That's part of being a district attorney in the community," Tendy said.

The current Putnam Valley Supervisor, Tendy said he would run the DA's office similar to his town hall, where he allowed competent employees to work freely, but



Bob Tendy

corrected mistakes when they were made.

Tendy fell in love with criminal law because his father, William Tendy Sr., was an assistant United States attorney in the Southern District of New York. Tendy, after teaching for a few years, went to St. John's Law School and then worked in the Manhattan DA's office for five years before going into a private practice.

"We need to restore integrity, trust, confidence, and professionalism into the District Attorney's office in Putnam County," Tendy said. "It is clearly sorely lacking and it's only going to continue if Mr. Levy remains the district attorney. We need change."

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Election Preview

Williams Points to Work as Town Planner in Supervisor's Run

By David Propper

In a unique position, Rich Williams has never run for public office before, but has more than two decades of town governmental experience to point to for a record.

The longtime Patterson resident—he is 10th generation in town—served on the town planning board for almost a decade, and then was named town planner in 1999. A Brewster High School graduate, Williams has seen a lot of changes in town throughout his life and wants to continue to shape Patterson if elected supervisor.

“The one issue that I’ve heard this year, repeatedly, that we’re all aware of is the taxes,” Williams said. “It’s just the way we’ve done business for years that we know we need to change and I hope I’m given the opportunity moving forward to make some on those changes.”

While commercial growth is important to balance out property taxes, the town should still maintain a rural feel, Williams said. In order to do so, businesses should be placed in appropriate and strategic locations so it doesn’t visually impact residential neighborhoods, which could result in rezoning within those guidelines. Finding businesses that won’t pollute with lights, noise, or even harmful chemicals, he added, is important.

‘I hope I’m given the opportunity moving forward to make some of those changes.’

– Rich Williams.

Williams would like to craft an economic development strategy, something the town currently doesn’t have. Marketing to businesses that focus on tourism and recreation would be wise, he said, adding those businesses could branch off of Thunder Ridge Ski Resort.

Outside of business growth, Williams would like to make town hall more open and accessible for residents.

Additionally, emergency planning is also critical, Williams noted, and the town should start doing training and drills, as well as securing the resources needed in case of a disaster.

In Putnam Lake, Williams has heard from residents that have trouble disposing yard waste so he wants to possibly find a place in town for that waste to be dropped off. As for the some 350 families that aren’t part of the Park District on the western side of town or the Putnam Lake, he wants to get them ushered into one of the district so they can have more recreational opportunities.

“It’s an issue that’s been around for 25 years that I’ve seen here that nobody has tried to address,” Williams said.

Some of the achievements Williams can point to as town planner is spearheading the comprehensive plan that hadn’t been updated since 1976. He’s also developed numerous other plans and codes like storm water, emergency, and zoning. Additionally, he’s applied for and landed more than \$10 million in grants and other funding sources.

The courthouse, a contentious project, Williams argued was good for the town in the long run and it generates revenue. With Williams’ watchful eye, the project actually cost less than \$200,000 from the original bid. And when moving town hall across from Front Street, Williams said the town needed an “anchor” for that part of town, something his Republican primary opponent was against.



Rich Williams

When evaluating how the town board has performed, Williams said he believes it’s a great group of residents that aren’t “beholden to any special interest.” Working with the town board consistently, Williams said he could reach consensus with other board members.

“I want to see it continue on a good path where we can somehow reduce our tax burden, maintain our rural character and still have shopping opportunities,” he said. “I believe I have the experience and the ability to do that.”



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Election Preview

Capasso Points to Business Experience in Supervisor's Run

By David Propper

As a longtime businessman, Joe Capasso believes the success he's had in the private sector can translate into prosperous times for the town of Patterson.

Bringing companies and business growth to a town that sorely needs it, that initiative will be Capasso's primary focus if elected supervisor. As someone who wants support from "Republicans for Change" Capasso is ready to shake up how things are done in town.

"You look around town, you don't see any changes," he said. "I'm here 18 years, the same 'For Sale' signs are up. It looks like they don't try to push for development."

Capasso, a Republican, said he has many business connections, particularly in Westchester County that he could bring up to Putnam and into Patterson. It's critical to secure high paying jobs in town so fewer residents have to leave the county for work, Capasso said. By bringing in bigger corporations, it can help the smaller businesses in town.

"I'm talking 30, 40 dollar an hour jobs," Capasso said, noting the open land is there to accommodate them.

Capasso stressed he wants to bring the amount of business that would match

'You'll see progress right away.'
— Joe Capasso

the number of residents in town. More businesses in town result in more of a tax base that would keep residents' taxes at bay, he said. Putting a better Front Street together would be a top priority.

"We need a town, we don't have a town," he said. "We have a railroad station under-utilized."

Capasso, who had businesses in Jupiter, Florida, explained how it's possible for a town's government to be the catalyst for business growth with the proper leadership and expertise in place.

"Because they have town planners that

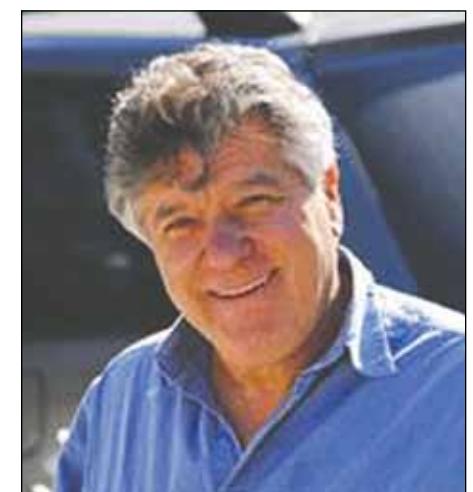
know what they're doing," Capasso said. "They plan things. Our town planner, I don't know what he's done because you don't see anything."

On top of aiming for more business growth, Capasso wants to get the water quality in Putnam Lake figured out, another aspect of town that hasn't changed in years.

Before coming up to Putnam, Capasso lived in Yonkers, graduating from Roosevelt High School and soon after was drafted into the Army, stationed in Germany for two years. When he got home, he worked with his dad for a newspaper company, staying there for 21 years and taking over his father's position as a foreman after he died.

Eventually, he started his own business, which has lasted for more than 30 years. The father of two came up to Patterson and started the Beaver Creek Farm, turning the eyesore into a beauty. As someone who was always interested in politics, Capasso decided to run for town councilman and won, serving for four years. He went all or nothing when he ran for town supervisor four years ago and lost by three votes in a primary.

As a town councilman, Capasso said he kept his eyes on the town spending, finding ways to reduce bills here and



Joe Capasso

there. Reading bills carefully, as Capasso has done in the private sector, is the scrutiny he would bring to town hall.

Though the supervisor's position has more power than a councilman, it still is only one vote. Despite disagreeing with much of this administration's decision-making, Capasso said he could reach consensus with the rest of the town board, stating the board wants to see different action taken.

"I'll make some noise," Capasso said. "You'll see progress right away."

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Work to Revitalize Jefferson Valley Mall Kicks Off

By Rick Pezzullo

Long awaited renovations to the Jefferson Valley Mall have begun and will extend into 2017.

The planned revitalization of the more than 30-year-old indoor shopping center will include new exterior mall entrances with 25,000 to 30,000 square feet of additional space, a 50,000-square-foot standalone building for a possible restaurant, a transformed Food Court, 50 new trees in the parking lot and many interior cosmetic upgrades.

"We're excited to say we're underway with this project," Steve Shea, vice president of development with Simon Properties, told the Yorktown Town Board last month.

In 2014, Simon spun off the mall to Washington Prime Group, which later merged with WP Glimcher. WP Glimcher has owned the property since May 28, 2014.



A transformed Food Court is planned as part of the renovations at the mall.

"This is an extremely important asset to them," Shea said.

Demolition work has already kicked off and will last until the end of the year. That work includes the removal of the former movie theater on the first floor. In order to make room for a larger Food Court, H&M will be relocating near Macy's.

Another anchor store, reportedly Dick's Sporting Goods, is expected to open for the 2016 holiday season.

A family restroom and nursing home will also be added to accommodate shoppers with young children, and new bathrooms will be constructed with modern fixtures and flooring. Minimal interference for shoppers is expected during construction.

"The mall continues to be a valued community resource as an economic engine, providing jobs, sales tax revenue and adding to the quality of life for our residents," said Yorktown Supervisor Michael Grace. "We want to see these guys succeed. It's not about changing the character of the town. It's filling in empty spaces. The public should have a lot of

'We're excited to say we're underway with this project.' - Steve Shea, of Simon Properties

confidence in them. It's just a matter of patience."

Yorktown Chamber of Commerce President Eric DiBartolo also was pleased to hear about the changes being made to the mall.

"We know it's been long," he said. "We've been working hand in hand with the people at the mall."



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Common Core Forum Set for Sept. 3rd

Toni Addonizio, legislator for district 3, will be holding an informative meeting regarding Common Core. Meeting will be held at the VFW Gleneida Ave. Carmel. Sept. 3rd at 7 pm.

Speakers; Cathy Sapeta- executive director for New Yorkers United for kids. Christine Zirkelbach - co-administrator of the Hudson Valley Parent Educator initiative and founder of New York Stop Graduation High Stakes Testing.



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By Elena Castriota

For brothers Mario and Angelo Krasniqi, pizza is a family affair. The two have worked for and owned several pizzerias together in the Bronx for more than 25 years before buying Paolo's Pizzeria in March of 2014.

"We've been in the business for over twenty years," Angelo explained, "We came from the Bronx and wanted to bring city pizza to Putnam County."

'We serve great food for great people.'-
Angelo Krasniqi, co-owner of Paolo's

The two brothers came to New York from Europe as teenagers, which is where they got their start in the pizza business. With their hard-working immigrant mentality, they made it their mission to learn the ins and outs of the pizza business so they could one day have their own.

And they did. Together they bought Jerome's Pizza in Bedford Park in the early 2000s. The business was a huge success

Paolo's Pizzeria Mahopac



ELENA CASTRIOTA PHOTO

Mario (right) and Angelo Krasniqi stand inside Paolo's Pizzeria.

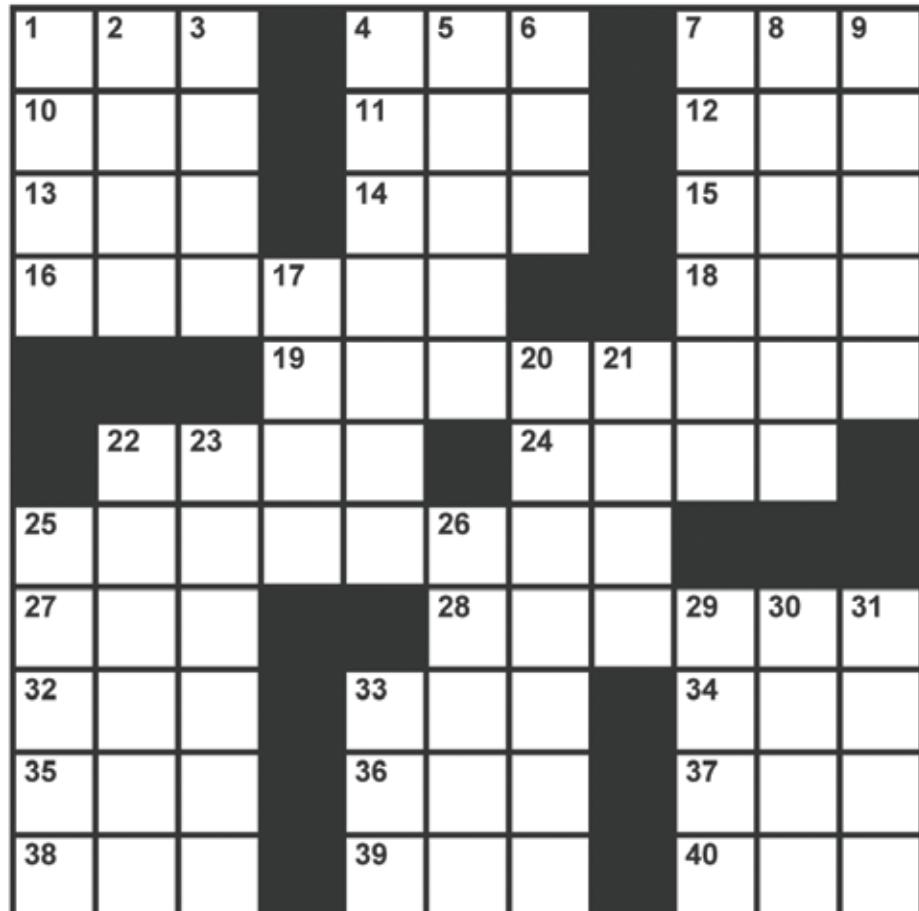
partly because of the way they treated their customers. "We treat every customer like we treat ourselves, like family," Mario said. However, after moving their families to Putnam Valley, the commute became too much to handle. They sold the business to a cousin before buying Paolo's last year.

Even though they're no longer in the

Bronx, much of the food they use still comes from the city. "We use the top of the line products," Angelo said, "We spare no expense when it comes to the food that we buy."

The restaurant offers a classic pizzeria menu with specialty slices, wedges, pasta, and seafood. There are several salads and wraps for those looking for a lighter

Crossword Puzzle



Crossword by Myles Mellor

Answers on page 18

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option. And for dessert-lovers, they offer cannoli, zeppole, and a summer favorite, Italian ice. The restaurant also offers free delivery.

Mario's sons, Eddie and Albert, have also taken an interest in the business. "I love this business so much," Eddie explained, "It's what I'm going to school to do."

He and his brother have been working with their father since they were kids.

"My dad would leave for work after I went to school and didn't get home until late at night," he said, "I didn't mind working at the restaurant because it was time I got to spend with my dad."

The sons hope to continue their family's business together in the future just as the older Krasniqi brothers have.

"We love this community and we wanted to give back to it," Angelo concluded, "We serve great food for great people."

Paolo's Pizzeria is located 997 Route 6 in Mahopac. Its number is 845-628-6175.



- | | |
|----|-----------------------------|
| 4 | Celebrated |
| 5 | Grub |
| 6 | Friend's adversary |
| 7 | Temporary route |
| 8 | Odorless gas |
| 9 | Flintlike rock |
| 10 | Electrical resistance units |
| 11 | Actual |
| 12 | Old record player |
| 13 | Aromatic herb |
| 14 | Like some dough |
| 15 | Couples |
| 16 | Keith of country fame |
| 17 | Carp, e.g. |
| 18 | Canyon rebound |
| 19 | Bit attachment |
| 20 | Guy relation |

Across

- | | |
|----|--|
| 1 | Psychic's claim |
| 4 | He has a Pole position |
| 5 | Datebook abbr. |
| 6 | Eastern "way" |
| 7 | Notorious Chairman |
| 8 | Numerical suffix |
| 9 | "Give it ___!" |
| 10 | Slow burn |
| 11 | Article in constant use |
| 12 | Caesar & Churchill would have their hair cut at this Mohegan Lake hair salon |
| 13 | Paddle |
| 14 | Engage in employee recruiting |
| 15 | Mass number |
| 16 | Rolling green hills country |
| 17 | Hair coloring, e.g. |
| 18 | The States |
| 19 | Oakland football player or Mahopac dentist |
| 20 | Burro's cousin |
| 21 | UK TV organization |
| 22 | King topper |
| 23 | Put in a period |
| 24 | Traitor |
| 25 | Cub's home (abbr.) |
| 26 | Mole |
| 27 | Beatle bride |
| 28 | 1 billion years |
| 29 | Long tale |
| 30 | Wet insurance grouping? |
| 31 | Down |
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Back To School

Helpful Tips to Supplement Your Child's Learning at Home

There's no reason that learning should stop once the bell rings. When concepts are reinforced at home, not only do children learn faster, they are better prepared to excel in school.

Whether your children are in preschool or are already in grade school, there are many bright ideas out there that can give kids an extra academic edge.

Explore Your World

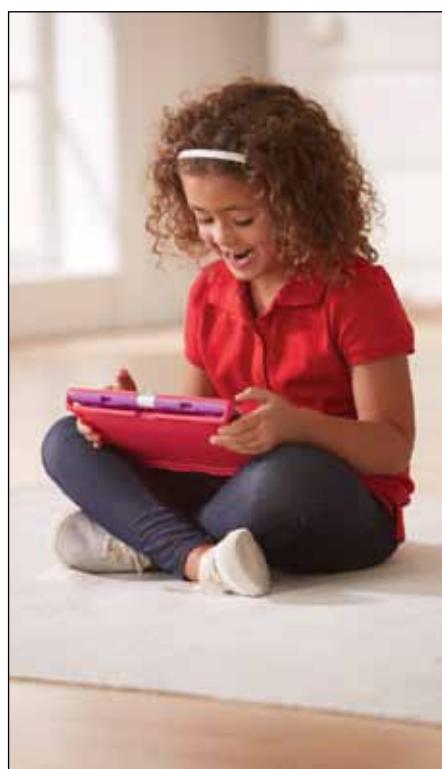
Your world is a classroom that can provide an abundance of lesson plans. Start in your own home by exploring key concepts around the house. From using measuring cups in the kitchen to identifying shapes in the playroom, there are lessons to be learned in every room.

The new "Get Ready for School" series by DK includes "I'm Ready for School," an interactive book that helps toddlers practice colors, numbers and more. Proceeds from the book series support PBS KIDS, which uses the power of media to help prepare children for success in school and in life.

Once you've mastered the house, take the show on the road. Visit museums, the aquarium or even the park around the block for learning opportunities.

Play Games

Encourage the idea that learning is fun



by introducing educational games into your child's daily routine. Games are a great way to make lessons stick and help a child grasp new ideas.

Check out "Get Ready for School Games: Number Memory," a math card

game that show numbers 1-10 arranged in set order with everyday objects and number words to help toddlers practice adding and taking away up to 10, sharing and grouping. It's an easy-to-understand visual approach to real-life problem solving. A companion game, "Color Match," introduces kids to words and colors with timed memory challenges and activities.

Also consider "The Incredible Math Games Book," which blurs the lines between practicing math and play. With interactive games like "Find the Fraction," "Subtraction Action," and "Dancing Dice," kids can learn key math concepts minus the homework.

Write a Story

Help your budding writer find her literary voice by encouraging her to write fictional stories or report on "news" events from around the neighborhood for the house newspaper. Make sure she is well-equipped to handle her writing assignments with the help of a classic reference tool, DK's Merriam-Webster Children's Dictionary -- now updated and revised to include modern words like "smartphone," "MP3" and "graphic novel," as well as new countries, borders, flags and cities.

Music Lessons

Round out your child's education with music lessons, which can improve motor skills, build self-confidence and help impart cultural values. Many music stores rent instruments, which can be a low commitment way to test out your child's interest. Check out options for lessons in your area or even just find free tutorials online.

When the school day is over, don't let young minds go on strike. Through activities, music and even games, you can make stress-free learning happen around the clock.

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Back To School

Four Big Mistakes College Students Repeatedly Make

College is when many young people first get a taste of independence. Unfortunately, this newfound freedom can lead to decisions that may impact life well beyond graduation.

How can you avoid the pitfalls plaguing fellow scholars? Here are strategies for dodging common mistakes made by college students:

Hurting Your Credit

You may be presented with credit card offers for the first time, and building good credit can help lay the groundwork for future financial options. But proceed wisely. College seniors owed \$4,100 in credit card debt by graduation, according to recent research from Debt.org.

Don't let credit cards be an excuse to spend beyond your means. Start with a line of credit you can handle. If you manage that well, later on you'll be able to borrow more.

To maintain good credit, pay your statement on time and more than the minimum due each month, keep balances low, keep longstanding accounts open and avoid applying for too many credit cards. Remember to check credit history often. Look for a credit card that offers perks like cash-back rewards and a low APR.

Overdoing It

College is about earning a degree. However, it's also about making lifelong friends and exploring interests. Keep this in mind when choosing courses for the semester.

For example, it may not be the best idea to stack five of the most challenging courses offered by the school into one semester. Not only will it be hard to devote the attention needed for each class, you may leave yourself little time to take on other projects and internships that could also benefit your future.

Bad Money Management

College is expensive, and beyond the expenses you already know about -- tuition, books and housing -- you will incur many other expenses along the way, from lab fees to gas to cell phone bills.

"Setting up a budget is crucial, particularly if your spending money is drawn from a loan or grant," said John Rasmussen, head of education financial services at Wells Fargo. "You'll need that money to last if you don't have another stream of revenue."

Don't form bad financial habits now, as do so many college students. Take advantage of free resources, such as Wells Fargo's Get College Ready site, to learn more about banking, building good credit and paying for college. The site features

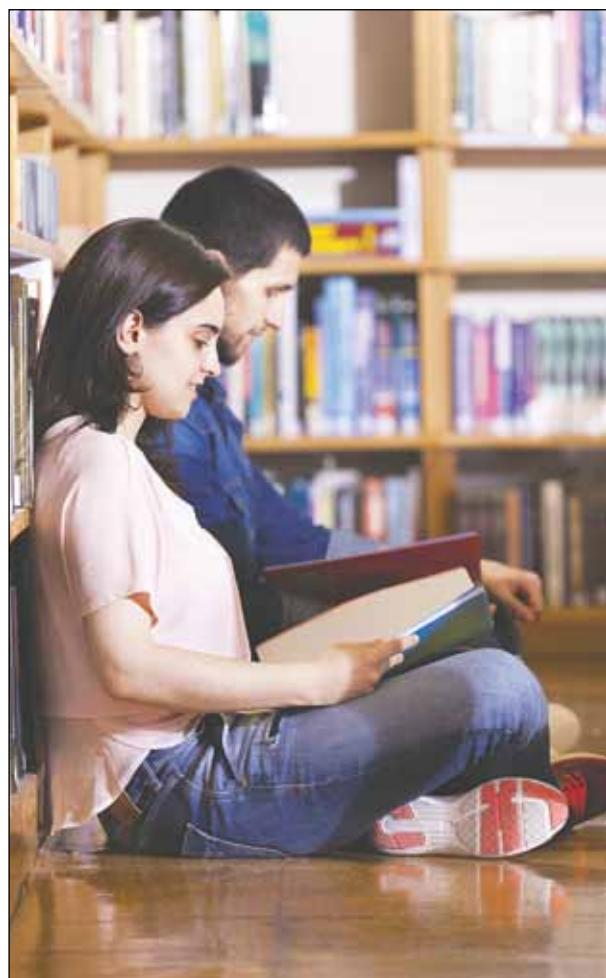
tips, and tools such as My Money Map, which offers a way to track spending, set budgeting goals and monitor savings. It also offers advice on topics like renters insurance and student loans. Visit mrm.wellsfargobank.com/getcollegeready/ to learn more.

Not Sleeping

Between cramming and socializing, shuteye may be in short supply. However, quality sleep is fundamental to quality learning. If you're a night owl, avoid early morning classes. Also, avoid procrastination, which can lead to all-nighters.

College lasts just a few years but what you do there can affect your life for years to come. Use your independence to make smart decisions that are good for your future.

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Back To School

Five Ways to Get Kids Excited to Learn This School Year

Many children love the prospect of learning, while others may need a bit of motivation. But parents can get kids on board with a little encouragement and creativity to make learning fun. Here are some ideas to get them excited to learn.

Library Visits

By making a run-of-the-mill trip to the library seem like a true adventure, children will associate books with intrigue at an impressionable age. The librarian can point out the best titles for inspiring learning and fun.

Time visits to occur during your local branch's storytelling hour or other early childhood programming. Also, be sure to sign your child up for a personal library card, which will be a source of pride at the circulation desk and put them on the path of reading enrichment.

Learning Tablets

To give kids an extra edge in learning, consider a fun yet educational tablet, such as the InnoTab MAX. Durable enough for kids, this device has a seven-inch multi-touch screen and features progressive learning content that adapts to a child's age.

Web access and communication apps, which kids can use to exchange messages with friends and family, are

limited to protect children, and parents are free to manage these controls. The tablet comes with Movie Maker and Art Studio, amongst other apps, and additional content can be found at the Learning Lodge app store.

"The tablet has proven to be a welcome way for kids to interact with digital media," said Dr. Eric Klopfer, platform learning expert and member of the Expert Panel at VTech, a world leader in age-appropriate and developmental stage-based electronic learning products for children. "Touch interfaces and well-crafted content have meant an easy-on ramp for many children who learn through this technology."

Board Game Night

After dinner, gather around the table a second time. From classic word games that challenge one to stretch the limits of his or her vocabulary, to trivia games testing science and world history knowledge, board games have the potential to bring the family together and also to educate. Be sure to check the box for age-appropriate guidance.

Wearable Tech

Wearable technology can inspire kids to learn and be creative while staying active. For example, the VTech Kidizoom Smartwatch DX offers motion-activated

games, a stopwatch, calendar, 3D clock face and calculator so children can work out simple math problems. It also includes a time-telling app featuring a friendly owl that helps kids learn to tell time. Additional apps are available for download on the Learning Lodge. The internal memory offers ample storage for budding photographers and videographers documenting the world around them.

Sweeten the Deal

Consider creating a rewards chart where children can track their progress

as they meet learning goals. It can be an effective way to motivate kids to try new ways of learning and work hard to reach a goal. You can find many free downloadable charts online.

More ideas can be found at www.vtechkids.com/parenting.

To make learning a priority in your home, get kids on board. They'll be inspired when they see that learning can be fun.

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Murphy Announces \$2 Million For Improvements to Route 6

New York State Senator Terrence Murphy has announced that work will soon begin on a \$2 million project to make improvements at two intersections on U.S. Route 6 in the towns of Somers, in Westchester County, and Carmel, in Putnam County. New York State Senator Terrence Murphy said, "Local roads matter. The Route 6 corridor is a crucial transportation artery not only within the 40th Senate District, but the entire Hudson Valley region. Today's announcement of \$2 million in new infrastructure funding will create local construction jobs and also support needed safety improvements, such as new signals and turning lanes at two of the busiest intersections, that will help ensure commuters get home safely." The intersections to be addressed are where Route 6 meets State Route 118 in Somers

and where Route 6 meets Union Valley Road in Carmel. The project will include widening and realigning Route 6 at both intersections and building turning lanes in order to make traffic flow better and reduce delays. New and modified signals will be installed at both intersections, as well as new pavement markings and curbs. Route 118 intersection will receive a new crosswalk and ADA-compliant ramps. Minor drainage improvements will also be made. Department of Transportation Commissioner Matthew Driscoll said, "This Route 6 intersection project is one of many to upgrade our aging infrastructure, which follows Governor Cuomo's vision to create jobs and boost local economies by investing in New York State's transportation network. Making these intersection improvements will enhance traffic

safety for pedestrians, bicyclists, and motorists, and will enrich the quality of life for the community." Representative Sean Patrick Maloney said, "Folks in the Hudson Valley know firsthand the importance of having safe, dependable roads - all of us see it every day on the way to work or dropping our kids off at school. This investment in local infrastructure will not only repair and repave our roads, but it will make our communities in the Hudson Valley safer, while creating good paying jobs and growing our local economy." New York State Assemblyman Steve Katz said, "The \$2 million improvement project on Route 6 is essential to the community. Improving the infrastructure on Route 6 will create safer road conditions for all commuters and will enhance the local economy. This is an advancement that the district

can truly benefit from." Construction is anticipated to begin next week and is scheduled to be completed in December. The construction contractor for the project is ELQ Industries, Inc. of New Rochelle, Westchester County. To minimize the impact of construction, access to businesses will be maintained throughout the project, pedestrian traffic will be maintained at all times, and most construction activities that require travel lane closures will be conducted during night time hours. Motorists are reminded that fines are doubled for speeding in a work zone. In accordance with the Work Zone Safety Act of 2005, convictions of two or more speeding violations in a work zone could result in suspension of an individual's driver's license.

Maloney Announces Big Grant for Mahopac Falls Fire Department

Representative Sean Patrick Maloney (NY-18) has announced an investment \$207,143 for operations and safety equipment for the Mahopac Falls Volunteer Fire Department. This investment was secured through the Assistance to Firefighters Grant (AFG) Program of the Department of Homeland Security, and will allow the fire station to replace outdated self-

contained breathing apparatuses.

"This is a critical investment in our first responders in Putnam County and our community as a whole," said Rep. Maloney. "These men and women put their lives on the line every day to keep our families safe and this investment will help to ensure that they have the proper equipment they need to do their jobs."

"This grant will allow the station to

purchase new kits with self-contained breathing apparatuses, which will replace the current models that were purchased in the early 1990's. These new kits will contain 36 packs, 36 masks, and 72 bottles. We're very fortunate to receive this grant, especially with the cost of new technology. We're excited to implement this new technology to keep our firefighters and our community safe," said Second Assistant Chief Brian Neary.

Federal funds are awarded through the Assistance to Firefighters Grant program (AFG) which aims to strengthen the nation's first responders' ability to protect

the health and safety of the public as well as the responders' themselves.

The benefit of this investment will be continued beyond the grant performance period. The risk of fire to the community will be reduced by delivering better-trained firefighters to the scene of emergencies. The Mahopac Falls Fire Department has identified that the lack of 2013 compliant equipment is interfering with the efficiency of the dept. This grant will increase firefighter safety by removing old and obsolete equipment from service and provide a more efficient mechanism to request and respond to fires and emergencies.



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Sewer District Progress Discussed in Carmel

continued from page 1

family houses would pay more than those owning properties with more families. Town Counsel Gregory Folchetti replied the cost per property would vary if the sewer plan is approved. "Each property is assessed a property value," he said.

Folchetti said the state Department of Environmental Conservation has issued a Notice of Violation to the town and is threatening daily fines of \$37,500 a day if the problem is not rectified.

The problem is that during the spring thawing season untreated groundwater enters the plant, Folchetti said. "We're over 100 percent of capacity" during the thawing season, he said, adding during other times of the year the plant typically operates at 65 percent of capacity.

Chief Engineering Consultant John Folchetti, the town counsel's brother, said the sewer pipes under Route 6 in Mahopac "date back to the 1930's."

McKay again asked town officials about how much the project would cost property owners in the sewer district. John Folchetti said the cost would be \$247 per year for the owner of the average assessed property in the district if a 20 year bond was approved by the town board or \$193 annually if a 30 year bond was okayed.

The board voted unanimously to close the public hearing.

The town attorney said at least four of the five town board members would need to vote in favor of a bond for the project to be funded.

Collaborative Concepts Farm Project 2015

Sculpture, performance art, theater and music mix it up at Saunders Farm in the spectacular landscape of the Hudson Highlands. Visitors venture back into history just to arrive at this 18th -century farm, located on the Old Albany Post Road. Still a dirt road, the post road was the original route linking New York City to Albany during the colonial period. Enjoy major works of art in a timeless, pastoral setting. Saunders Farm also provides a conservation easement for walkers.

This will be the 10th anniversary of our sculpture exhibit at Saunders Farm.

Collaborative Concepts, a not-for-profit, non-membership, organization of professional artists, brings together sculpture and installations by more than 70+ participants on the rolling fields of the 140 - acre Saunders' Farm in Garrison, Putnam County. The exhibition presents

local, regional, New York City and international artists. Visitors are welcome to the Artists' Opening and the Mid-Run Reception, both free, with refreshments and entertainment. They are also encouraged to visit any day of the week as the autumn colors change the backdrop of the art.

At the Opening Reception, September 5th, a program of performance art will be presented from 2- 6 pm in the fields and music will be presented on our stage with seating on hay bales, also from 3:30-6 pm. Bring a picnic and blanket!

At the Mid-Run Reception, October 3rd a program of dance, opera and theater will be presented from 2 p.m.- 5 p.m.

Collaborative Concepts Farm Project 2015. Free event. Free parking. Free handicap access with our on-site "taxi



service" during our two openings only.

Opening Saturday September 5th (rain date September 6th) 2 p.m.-6 p.m.

Mid-Run Reception, Saturday October 3rd (rain date October 4th) 2 p.m.-6 p.m.

Open Daily 10 a.m. to dusk. August 31 to October 31.

Directions: From north or south on Route 9, turn east on Travis Corners Road, opposite Garrison Golf Club, take to

end. Turn left on Old Albany Post Road, approx. One-half mile to parking in field on left with banner on gate. Gate must be kept closed upon entering and exiting. For a self-guided tour, pick up map at mail box in parking area.

By public transportation, take Metro North train to Garrison station. Call (845) 265-taxi for transportation to and from the farm.

Cardillo Donates \$1,500 To Mahopac Touchdown Club



Mahopac resident Lou Cardillo presented the Mahopac Touchdown Club with a \$1,500 donation for the organization to purchase stadium seat cushions for this year's football season.

Lou Cardillo presented the ceremonial check at the Mahopac Football's 2015 Car Show & Street Fair on Saturday afternoon at Mahopac High School. The day featured classic and custom cars, music, and activities for kids as well a NFL punt, pass and kick competition.

The funds are being used to purchase a total of 300 navy blue and yellow stadium seat cushions that will feature Cardillo's and the Touchdown Club's logos. The cushions will be on sale at each home game for \$10 each. Profits from sales will go directly to the Mahopac Football program.

The Mahopac Touchdown Club is an independently funded school affiliated organization of parents, alumni, and friends to support and enhance the Mahopac High School football program through volunteer assistance and fundraising programs, while promoting the highest standards of spirit and sportsmanship.

Membership for the Touchdown Club is open to all players and cheerleaders grade

Pedestrian Struck and Killed in Parking Lot in Southeast

continued from page 1

parishioner at Sacred Heart Church in Putnam Lake, Fetzer was part of the Putnam Lake senior citizens and the Putnam Lake fire department ladies auxiliary. She would ring bells for the Salvation Army.

Fetzer is survived by her daughter

Mary Hultay (George) of Westfield, MA, two grandchildren and three great grandchildren. She was predeceased by her son Franz on Nov. 1, 1993.

She was buried at St. Lawrence O'Toole Cemetery after funeral services were held for her over the weekend.

Reform Temple of Putnam Valley



High Holiday Services

Rosh Hashanah

Sun. Sept. 13th at 8:00 pm
Mon. Sept 14th at 10:00 am

Yom Kippur

Tues. Sept. 22nd at 8:00 pm
Weds. Sept. 23rd at 9:30 am

Services led by Rabbi Steve Altarescu and Rabbi Laurie Levy,
with Cantor Howard Kilik and accompanist Cary Brown

Complimentary tickets for first time guests

For Complete Schedule, Membership and Religious School Information:

(845) 528-4774
e-mail: HighHolyDays@RTPV.org

Shabbat Services Every Friday Evening
www.RTPV.org

No Wonder I'm Healthy and Happy, My Home is Clean

It was evident from our first week living together after we returned from our honeymoon that I had married a real "neatnik." That meant everything in its place, bed made in the morning, dishes washed after every meal and nary a speck of dust ever in evidence.

I always thought that I was pretty neat as a bachelor and I was always pleased to show my place whenever I invited a friend in, but wasn't sure that I passed muster when I invited my then-girlfriend and future wife over for the first time. She noticed that dust bunny under my sofa, then looked in my underwear drawer (imagine?) and saw that my whites were not properly whitened as they should be. Obviously I needed a woman's touch to take me to the next level of super clean.

When we had our first couple of apartments, we always did our own cleaning and bought an arsenal of cleaning supplies to help us. But once we bought our first home we employed a cleaning service, which we maintained through the years. Since moving recently to a condo, we've been doing the job ourselves again because it's so manageable and enjoyable. Yes, enjoyable. Therapeutic, actually.



By Bill Primavera

Research maintains that a clean house makes people feel happy, satisfied, comfortable and healthy. According to Carol Nemerooff, associate professor of psychology at Arizona State University, spring cleaning may have been in existence for ages.

"This psychological boost may be derived from an urge to clean out our nests, a trait that is biologically programmed into us," Nemerooff said. "And, because we know that good hygiene leads to good health, cleaning may ultimately be related to a basic survival instinct."

A recent survey done by a cleaning product company revealed that a good way to keep your house cleaner was to become more sociable and invite friends over more frequently. I thought that was a cute idea. After all, it's for guests that we really want to shine.

That led me to research an entire spat of surveys that reveal all kinds of information about the benefits of cleaning our homes, which led to scores of advice columns about how exactly to keep our houses in tip-top shape.

By taking a close look at 1,000 different homes, Indiana University's Physical

Activity Department found a direct correlation between the cleanliness of a home and the owners' level of physical activity. Associate Professor Nicole Keith, who led the study, concluded "The interior condition of their house seemed to be the only thing affecting their physical activity."

Indoor air can be up to five times more polluted than outdoor air, according to the Environmental Protection Agency, and the average person will spend 90 percent of their day indoors. This makes the cleanliness of your home that much more important because it will have a huge impact on what you breathe in.

The American Cleaning Institute found that 38 percent of women and 24 percent of men say they suffer real stress when they feel they are living in a messy environment and that cleaning relaxes them. Psychologists have found that there's a marked difference in mood before and after cleaning chores, just as with a therapy session.

Actually, you can even quantify and qualify just how happy you can be by which cleaning chore you do around the house. Seriously. A Soap and Detergent Association study that examined household cleaning habits and behaviors asked 1,013 American adults (507 men and 506 women) which chores made them the happiest or gave them the most

satisfaction.

The survey's results revealed that respondents felt most satisfied and happiest about shiny floors (21 percent) and a tidy toilet (21 percent), followed by clean countertops (20 percent), a sparkling shower (15 percent) and a spotless sink (7 percent).

Another survey from the same association revealed that only 12 percent use a regular cleaning person or service, but 18 percent would consider doing so. Meanwhile, 8 percent get help only for spring cleaning. Fifty-three percent don't use a cleaning service and never would consider doing so.

But whether we do it ourselves or have someone else do it for us, it seems that the benefits of a clean home hold firm.

So if you're at home feeling a bit down, may I suggest that you give yourself a boost by shining up that floor or cleaning the toilet?

Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc., the longest running public relations agency in Westchester (www.PrimaveraPR.com). His real estate site is www.PrimaveraRealEstate.com, and his blog is www.TheHomeGuru.com. To engage the services of The Home Guru and his team to market your home for sale, call 914-522-2076.

Refocusing on the Role of Water in Our Daily Lives



By Nick Antonaccio

When was the last time you stepped back from this hectic world and observed the wonder and beauty of our planet? When was the last time you untethered yourself from your electronic device and absorbed nature in all its glory and power?

For myself, while on vacation this summer at the beach, after several days of de-stressing, I finally got in touch with Mother Earth. As my mind cleared, I was able to focus on the sheer awe of nature that I take for granted every day. Then I began to consider the more practical elements of nature rather than the ethereal aspects. Suddenly, for reasons I can't rationalize, my ninth-grade biology class lessons began streaming into my consciousness. What precipitated this as I sat there on the beach, scanning the vastness of the ocean and the mesmerizing ebb and flow of the tide?

With water as my focal point, I began to consider my biology teacher's lessons

on the omnipotence and omnipresence of water on our planet, and the delicate balance humans play in that vastness. As I pondered the macro and micro aspects of water's dominance in our lives, my mind naturally (for me) came full circle to the glass of wine in my hand, celebrating another jaw-dropping sunset. Through the mental gymnastics going on in my finance-trained mind, the connection between the ocean before me and the liquid gold in my glass began to gel.

With those memories in mind, allow me to refresh your biology lessons to see if you also can appreciate the connection of everything on our planet to water – and your next glass of wine.

We all know the basics of water's dominance. In the oceans, on land, in soil, in plants and in our bodies, water is at the very core of existence.

We were taught that 71 percent of the Earth's surface is water. But do you remember that 96.5 percent of the Earth's total volume of water

is undrinkable? Only 3.5 percent is fresh water, which must

sustain the millions of fresh water-dependent species that inhabit our planet, including its 7.3 billion humans.

How is it possible that humans can sustain themselves on such a seemingly meager proportion of fresh water? This fresh water is not readily available to us. Nearly 70 percent is in the form of polar ice caps and glaciers. The remainder, sourced primarily from rivers, lakes, aquifers and runoff, represents less than 1 percent of all the water on Earth that is readily available for human consumption. Throw climate change and the three-year drought in California into the mix and it is easy to understand the concern over the long-term implications for future water supplies.

Let's move from the global view to the perspective of water and the human body. Those biology lessons taught us that a typical adult body is composed of 60 percent water. To sustain this level of water, and optimal health, we rely on several sources. Certainly, the 1 percent of Earth's freshwater readily available to us is the major source.

But just as our physiology is comprised of a significant proportion of water, so too are other living organisms. The

You Heard It Through the Grapevine

organisms that provide life-sustaining and vital nutrition.

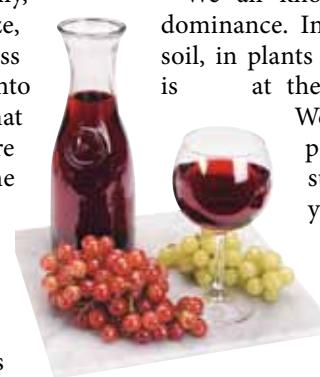
Most plants and vegetables contain significant levels of water. A balanced diet will provide much of the recommended water intake we need to sustain a healthy body. A few examples: a cucumber is 96 percent water by weight; watermelon is 92 percent; steak is 74 percent; cheese is 40 percent; and bread is 35 percent.

And then there are water-based beverages that provide the water needed to sustain our bodies and our lives: coffee, tea, juices and wine.

There it is: wine. It is critical to sustaining the health of our bodies. Over 85 percent of a glass of wine is water.

Whew, that was a long way to connect the vastness of the ocean to a single glass of wine for a light-hearted discourse on the importance of water in our lives and bodies. But my memories of sunsets on the beach still linger, reinforcing the delicate balance for sustaining quality life on our fragile planet.

Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted wine tastings and lectures. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.



Happenings

Board Applications: Putnam Community Action Program (CAP) is accepting applications for its Advisory Board. Anyone interested in learning more about this opportunity should contact Judy Callahan or Marisa O'Leary at the CAP office on 845-278-8021. The Advisory Board works with the staff on fund raising and special programs which benefit the local community. Elections for the 2015-2016 year will be held at the September meeting, on September 10, 12:30 p.m. at Cornerstone Park in Carmel.

Yoga:

Fall yoga classes are scheduled to begin in September at Mahopac Public Library. The classes include Evening and Mid-Day Yoga with Chun Kim-Levin, Kripalu Yoga and Meditation with Michael Doherty, Self-Discovery through Yoga with Wendy Wolf, and Gentle Yoga with Meredith Laubin. Registration is ongoing; individuals may register with the class fee at the Library's Information Desk. No previous experience is necessary to attend these yoga classes; attendees are encouraged to wear loose or comfortable clothing, and to bring a Yoga mat or towel and a pillow to sit on. For additional information call 845-628-2009, ext 100, or visit www.mahopaclibrary.org.

Art on Display:

The Vision of One, The Power of Two, Champions of Millions. August 29 through November 8, 2015. The Riverside Galleries at Garrison Art Center

Passing Storms & The Evolution of Shape: September's Exhibits at Gallery 66

NY involves our Environment through two exhibits: "Passing Storms" and "The Evolution of Shape." "Passing Storms" features painter Rick Thurston and photographer Gregory Martin. Dates: September 4 – September 27.

Upcoming Defensive Driving Classes: Saturday, September 12

Defensive Driving at Kent Library. 9 a.m. to 3 p.m. at Kent Public Library at 17 Sybil's Crossing in Kent Lakes. Receive up to a 10 percent discount on you motor vehicle collision and liability insurance premium for up to three years, and up to a four-point reduction on your driving record. This class is offered by DigitalDefensiveDriving.com. The cost is \$40, with a portion benefiting the library. Registration is required at www.kentlibrary.org or call 845-225-8585.

Saturday, September 26

Putnam Valley Parks and Rec. New York Safety Class. Given by Cummings Safety Benefits - Get a savings of 10 percent on your car insurance (collision and liability) for three years; and reduce up to 4 points on your license. Classes are one day, with no tests.. * You can now take this class on-line @ NYSP.com. Go to promotions and type in code # RCS35. The cost for this is \$35. This is a savings of \$14 over the regular on-line fee. Cost is - \$35. Classes are held at Putnam Valley Town Hall. FMI: 845- 526-3292.

Thursday, September 3

Putnam County Office for Senior Resources Computer Learning Center for seniors: at the William Koehler Senior Center, 180 Route 6 in Mahopac and the

Putnam Valley Senior Center, 117 Town Park Lane, Putnam Valley. Registration hours at both sites will be from 9:30 a.m. – 11 a.m. Anyone 55 or older can register for a variety of computer classes from basic to advanced, to using an iPad, to Digital Photography. To view the available classes visit us at www.putnamrsvp.com/clc.

Cancer Support Available:

Support Connection, Inc., a not-for profit organization that provides free, confidential support services for people affected by breast and ovarian cancer, offers a wide range of free support groups women with breast

and ovarian cancer. Groups focus on topics pertaining to living with cancer through all stages of diagnosis, treatment and post-treatment. They are offered in Westchester, Putnam and Dutchess, and by toll-free teleconference. For a complete calendar of groups at all locations, visit www.supportconnection.org. Advance registration is required for all groups; call 914-962-6402 or 800-532-4290.

Tuesday, September 1

Let Food by Thy Medicine: 7 p.m. Take the first step on a journey to health by attending this presentation! Learn how to control many health issues including high cholesterol, heart disease, diabetes, rheumatoid arthritis, and autoimmune diseases. Registration is required; register online at www.mahopaclibrary.org, or call 845-628-2009, ext 100.

Multimedia Drawing at the Kent Library Registration:

A new art class, Multimedia Drawing for Adults, will be beginning on Wednesday, September 30th from 1 p.m. to 2:30 p.m. Participants in this class will draw and experiment with various drawing media, including pencils, charcoal, colored pencils, ink, and pastels. In an enjoyable, interactive, and non-threatening setting they will be encouraged to be creative and to have fun. Handouts will be provided, and the instructor will provide demonstrations and individualized guidance. This class is intended for beginners or for those who would like to refresh their skills. This class will also be taught by Mary Schreiber. Registration is required. You may register for the program by going to www.kentlibrary.org or calling the Kent Public Library at 845-225-8585. The library is located at 17 Sybil's Crossing, Kent Lakes.

The Reads at Reed Book Club: 7 p.m. to discuss the book "The Reading Circle" by Ashton Lee. Reed Memorial Library. FMI: 845-225-2439

Thursday, September 3

Constitution Island Talk with Author Ronnie Clark Coffey: Desmond-Fish Library. 7:00 p.m. Ms. Coffey is a teacher, researcher and the former executive director of the Constitution Island Association. Her talk will cover the rich history behind this local landmark and provide a special preview for Constitution Island's upcoming Family Day on September 26th. The Desmond-Fish Library is located at 472 Route 403 (at the corner of 9D) in Garrison. FMI: www.desmondfishlibrary.org

Registration Putnam County Office for Senior Resources Computer Learning Center for Seniors: William Koehler Senior Center, 180 Route 6 in Mahopac and the Putnam Valley Senior Center, 117 Town Park Lane, Putnam Valley. Registration hours at both sites will be from 9:30 a.m. – 11 a.m. Anyone 55 or older can register for a variety of computer classes from basic to advanced,

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Nikki Gallagher at nikki@theexaminernews.com

to using an iPad, to Digital Photography. FMI: www.putnamrsvp.com/clc.

Friday, September, 4

Book Sale at Kent Library: September 4th and 5th, the beginning of the Labor Day weekend. On Friday, September 4th from 10am to noon there will be an "Early Bird" preview where buyers can have first pick of the books for an entrance fee of \$10. The sale will continue on Friday the 4th with free admission from noon to 4 p.m. The main sale will take place on Saturday, September 5th from 10 a.m. to 4 p.m. Volunteers for both the "Book Nook" and the big book sales are always needed. Please contact the library at 845-225-8585 if you are able to help. The Kent Public Library is located at 17 Sybil's Crossing, Kent Lakes. FMI: www.KentLibrary.org or call 845-225-8585

Saturday, September 5

PV Historical Society Penny Social at the PV Town Park 2 p.m. Carmel fire dept. auxiliary tag Sale 9 a.m.- 3 p.m. Limited space available \$10 for a space bring own table, must take back what you bring contact Jenn@ 845-721-6129 for info & space

Save the Dates:

Saturday, September 12

Oktoberfest Time: At the German American Social Club - Under a GIANT Party Tent - Rain or Shine. Featuring LIVE Bands: "The Alpine Squeeze" Sat Sept 12th & "Die Schlauberger" Sun Sep 13th. Come to a relaxing country setting in Putnam Valley to enjoy Live music & a variety of German & American foods, along with imported beers, Viennese Cafe & Oktoberfest pretzels. There will be activities for the kids & a free bouncy tent too! Indoor clubhouse bar, Free ample parking, ATM on premises. 1 p.m.-8 p.m. Adults \$10, children under 14 Free with an adult. More info: www.gac1936.com Please no outside food, drink or coolers

Eat Smart Restaurant Week returns from September 27th – October 11th. Enjoy delicious and healthy meals that are low in calories, fat, and salt at participating restaurants during the two-week period. Over 40 local food establishments are planning to participate, according to the Putnam County Department of Health, which partners with the eateries. For more information and the list of participating restaurants visit <http://www.putnamcountyny.com/lhp/esrw/>.

ONGOING: Monday's

Transition to Better Health, Mondays: September 14, 28 and October 12, 7-8:30 pm. Discover the benefits of a plant-based diet, and how it can improve your health. Experience this workshop and food preparation guide led by Shanti Uretta, certified in plant-based nutrition. Registration is required.

Crossword Answers



EXAMINER MEDIA Classifieds

090115

ANTIQUES

ANTIQUE LOVERS TAKE NOTE- BRIMFIELD, MA opens Tuesday September 8th-13th. 5,000 Dealers of Antiques/Collectibles. Visit: www.brimfield.com for info on 20 individual show openings.

AUCTIONS

FORECLOSURE: Renovated Farmhouse w/ Barn on 12+- Ac. & Mtn. Views Secluded Location in Underhill, VT. AUCTION: Tuesday, September 22 THCAuction.com * 1-800-634-7653

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LEGALS

Notice of Formation of Journey Support Practices LLC, Arts of Org. filed with Sect'y of State of NY (SSNY) on 8/13/2015. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served, SSNY shall mail process to: 222 Bloomingdale Rd, Ste 116, White Plains, NY 10605. Purpose: any lawful activity.

LEGAL NOTICE Notice of Formation of The Ready Network LLC filed with Secretary of State of NY (SSNY) on 8/11/2015. Office Location: Westchester County. SSNY is the designated agent upon whom process against it may be served. SSNY shall mail process to: 15 Winslow Rd, White Plains, NY 10606. Purpose: any lawful act.

MISCELLANEOUS

WANTED: ANY WITNESSES TO A PHYSICAL ALTERCATION that occurred outside of the front entrance of the Westlake High School in Thornwood, NY on April 17, 2015 around 10:45-11:00 am. Reward for any witness willing to come forward and provide veritable supportive deposition. Please call: (914) 494-2220

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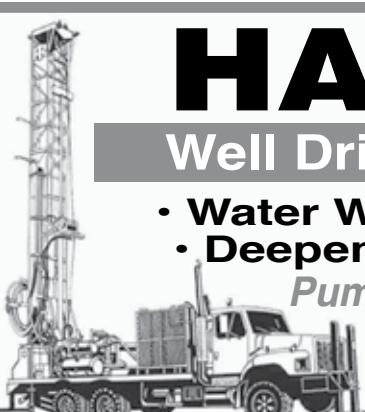
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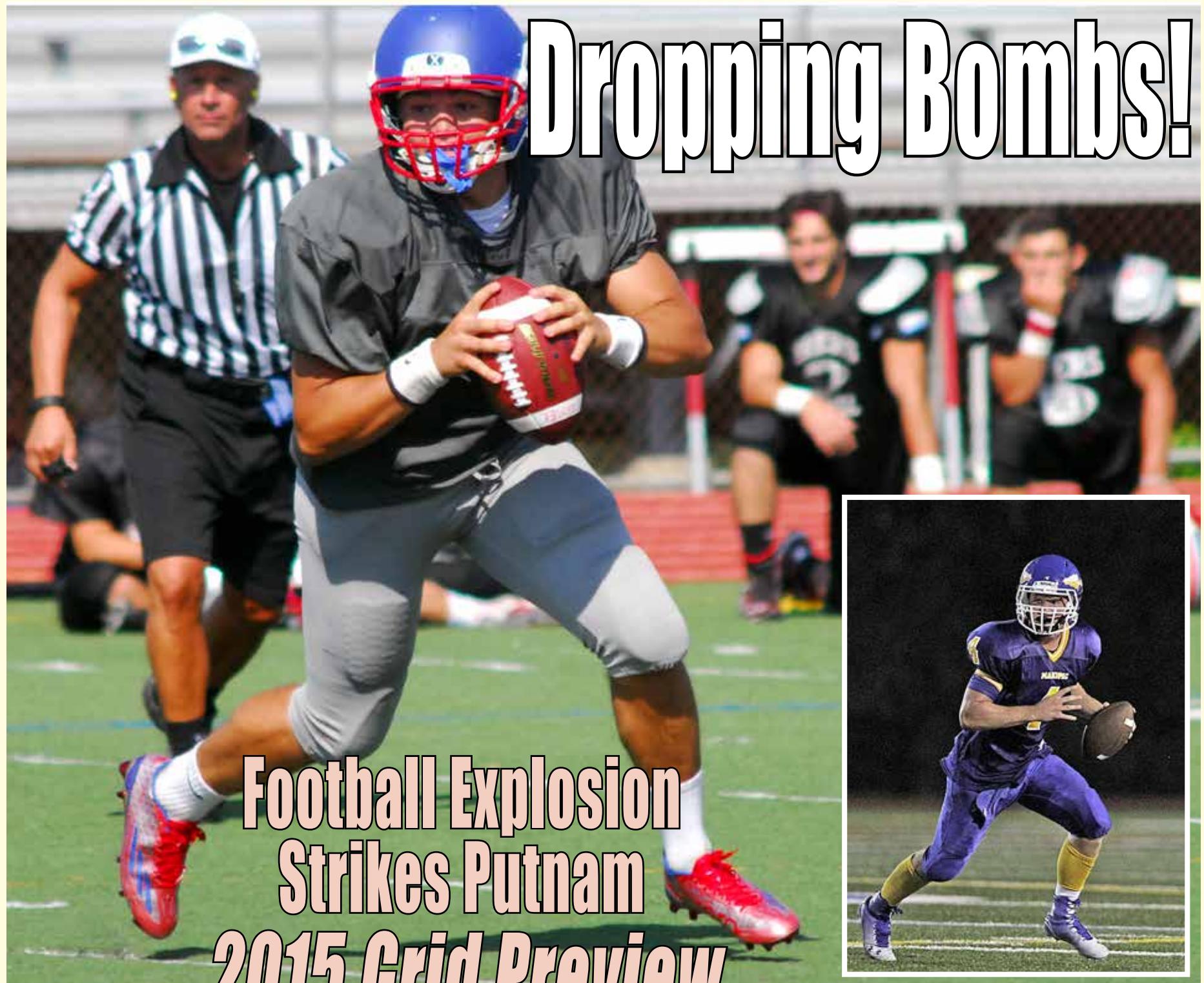
September 1-September 7, 2015

SMALL NEWS IS BIG NEWS

SPORTS SECTION

Dropping Bombs!

Football Explosion
Strikes Putnam
2015 Grid Preview



RAY GALLAGHER PHOTOS

Mahopac veteran Dan Foley (inset) and Carmel's fourth-year starter Joey Rodriguez (L) will be two of Putnam County's more explosive quarterbacks this season, joining Brewster signal caller Matt Catalano and Put Valley's Zach Girvalo as experienced QB's, who are set to lead their respective teams to the Section 1 playoffs this season...

Sports

Class A Grid Notebook

Yorktown, Somers Among Strong Class A Title Contenders

Mahopac Looks to Contend for AA Crown, Carmel Eyeing Respect

By Ray Gallagher
Examiner Sports Editor
@Directrays

The wait is over, two-a-days are done, the dog-days sweat and the grueling roast of summer sessions will moderate some in the coming days, but the heat is on for Section 1 football teams, as the season opens this Friday at a gridiron near you.

CLASS A YORKTOWN

The last time the Huskers hoisted the hardware was 1998, and a little known tidbit is the fact that Dan Callahan was the coach back then, having replaced three-time Section 1 and two-time NYS champion Coach Ron Santavicca as the brains behind the brawn of Yorktown

(yards) and 18 (TDs) haven't come up in private conversations with three returning linemen, including road-grading Joey Costella (6-0, 220), Steve Veteri (6', 225) and Joe Blume (6-2, 275). Tom Carson (6-3, 275), Jr., T; Brian Carson (6-6, 285), Sr., T/DT; Dom Cioffi, Jr., G; Anthony DiCanio (stout 5'7"), Jr., OL, and Justin Cavallo (5-10, 195), Jr., G/LB also add to one of the beefier lines in Section 1.

Veteri, Blume, DiCanio, Cavallo and Costella, who ranks among the best lineman in the section, should get the starting nods.

"Costella is as strong as an ox and athletic as can be," Santavicca said.

Perhaps the biggest question mark at Yorktown is under center where junior QBs Jose Boyer (5'8", 155), a Notre Dame



Somers WR Jason Holland should be the main target for Tuskers QBs and a game-breaking threat.

few coaches in Section 1 not plagued by a dearth of numbers. Somers' roster lists more than 60 players, which is something DeMatteo relishes while he builds substantial roles for the majority. It's all about family at Somers; that and competing for the Section 1 title that was theirs as recently as 2013 when the Tuskers went back-to-back.

Somers (7-2) has lost a ton from last season, but the Tuskers don't rebuild, they simply reload. In his 46th season as the longest tenured coach in Section 1 history, DeMatteo's legacy is as safe as mother's milk, but a 12th Section 1 title would certainly add to it.

Tusker QB's Grant Tragni, a 6'195-pound senior and 6'2" junior Joe Napolitano -- each with different skill sets -- will lead a cast of talented players from under center while seniors Aldo Kaczmarkiewicz (DE/G) and Tom Castelluccio (T/DT) bolster the line. Castelluccio is a 6, 240-pound monster, who ambitiously triggers and stuffs the run, depending on what side of the ball he's on. He's certain the Tuskers are a Class A contender.

"This year's team couldn't be more pumped up for the season and we got a lot to show to everyone doubting us," said Catelluccio, who DeMatteo called unblock-able by one man and among the best defensive linemen in Section 1.

Early on, it appears as though senior Jason Holland (WR/CB) will be Tragni's main target while junior FB Messiah Horne (5'9", 180) is a primary pigskin carrier. Each can hit the home run upon touch, but they will only go as far as LT Marco Fedele, LG Aldo Kaczmarkiewicz, C Mike Esquivel-Live, RG Dan Vendito and RT's Peter Ferritie and Castelluccio



RAY GALLAGHER PHOTOS

Yorktown OL Joey Costella (57), who will open cavernous holes for Nick Santavicca (5), is among the top blockers in Section 1.

football. Since the departure of both men, Yorktown has been striving to get back to the top of the mountain under wholly competent Coach Mike Rescigno, who guided the Huskers to their first championship appearance since 1998 last year when Yorktown (9-1) was shredded by Rye.

He returns senior HB Nick Santavicca, the shifty, speedy and powerful nephew of the former coach, who just happens to be on course to shatter every career rushing record in Yorktown history after going for 1,726 rushing yards (8.3 avg.) and 13 touchdowns in 10 games.

"We are driven by that (Rye) loss and we are super confident," Santavicca said. "We have unfinished business."

RB/DB Scott Weaver will also tote the rock and mainstay the secondary.

With the line Santavicca has in front of him, don't think the numbers 2,000

lax commit with superior athleticism and a leg up, and Kyle Casey (6'3", 175) each bring different skill sets to the table, but Rescigno is confident in both.

The only thing that might derail the Huskers is, perhaps, the most brutal schedule in all of Section 1. Ranked No.2 going in to the Class A season, Yorktown will face defending Class B champion Lourdes in Week 1, perennial power John Jay - CR in Week 2, defending Class A champ Rye in Week 3 and former two-time champion Somers, a bitter rival, in Week 4. Throw in Sleepy Hollow in Week 5 and you have to wonder: Could the schedule makers have been any harsher to the Huskers?

SOMERS

The starting roster has about as much turnover as any in Section 1, but Coach Tony DeMatteo seems to be one of the

take them.

"I think Messiah is finally ready to make a splash," DeMatteo said. "We brought him up as a sophomore and I think that was good for him, it was an eye-opening experience for him. It showed him how hard he would need to work to excel because on the lower levels he was just that much better than everybody, he wasn't really challenged. We've challenged him and he seems ready for a big year. We'll take our shots with Holland, he's a home-run hitter."

Run-stuffing Kaczmarkiewicz (DE/G), Tragni, Jon Delfa (RB/SS) and Castelluccio are natural leaders for DeMatteo, the winningest coach in Section 1 history and third in NYS (325).

Somers, which was ranked third in Section 1 Class A, opens the season against reigning champion Rye, the No.1 ranked team in the section. The Tuskers also drew defending Class B champion Lourdes (now in Class A) in Week 3 and Class A runner-up Yorktown in Week 4. DeMatteo will know after Week 4 if he has the makings of a contender or a pretender.

"I think with the way Section 1 has set up the playoffs with a weighted system, we should make the playoffs and be ready by the time they start to make some noise," said DeMatteo, now in his 15th year at Somers. "I honestly don't know if we'll be 100% ready for Rye come Week 1, but I know we'll be ready by the time the playoffs come around. And if we don't happen to qualify, then we won't deserve to be in (the playoffs)."

Chances are, Somers, ranked No.3 in the pre-season, will be there when it matters.

HENDRICK HUDSON

No offense to momma, but these are not your momma's Sailors no more.

Hen Hud Coach Mike Lynch's fourth season with the Sailors will likely be his best; you read it here first. And from this point on, folks can expect additional improvement from the Sailors as they prepare this solid freshman class at the J.V. level this season for what should be a great run.

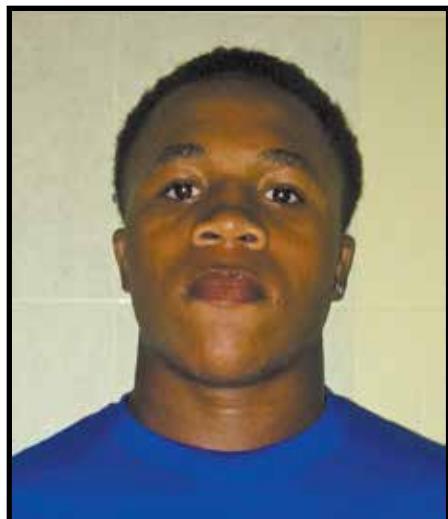
In the meantime, the Sailors will hope to turn around last season's 3-6 campaign with a handful of experienced players, featuring senior RB/MLB Jordan Artope (5-7, 180), a downhill sledger with power, shake and speed. Artope, a captain, is expected to crack 1,000 yards in Lynch's offense this season, what would make him the first Sailor RB to do so since Rich Guzi (circa 1989). He is a chiseled load of man and his linemen love to create lanes for him. The All-Leaguer returns as the team's leading rusher on offense (85 rushes, 516

Sports

yards, 6.1 per, 5 TD) and leading tackler on defense (93).

Other RB's that will see time include junior Mike Moran, Jared Hershman, who returns as one of the fastest players in camp and sophomore Alan Jackson. Jackson has caught the coach's eye by making spectacular catches on seemingly an everyday basis in camp.

Seniors All-Leaguer Joe Pecchia (5-10, 165), WR/DB; A.J. DiSisto, G/DT and



Hen Hud's Jordan Artope hopes to become first Sailor to rush for a grand since 1989.

Matt Kempinski, T/DT will all return with big-time experience and a "Don't-Sleep-On-Us" attitude. Pecchia snagged 39 receptions for 457 and four TDs. Junior WR Marquan Anderson is the fastest player in the program. He will be the team's true vertical threat that has the potential to blow the top off of any defense. Junior TE Tom Maloney has also had a solid camp and will look to fill the void left by Carson "Gronk" Jacob's graduation.

New to the varsity scene will be junior rookie QB Tommy Calandro, who is competing with junior veteran Nick Cunningham. The two are in healthy competition for time and Lynch knows he can count on either. Cunningham saw limited time last year but made the most of it going 33-for-62 for almost 400 yards and four TDs and figures to draw first crack.

A veteran offensive line returns so expect to see Artope's rushing numbers to increase as senior C A.J. DiSisto and senior RT Matt Kempinski are entering their third seasons as starters. Senior LT Sebastian Burbano and junior LG Jake Anstett are entering their second seasons as starters. Senior RG Harley Sternberg is new to the program this year but has done an admirable job in picking up the offense.

DiSisto and Kempinski will be joined by Aidan Barry at right tackle while Ryan LoGuidice (center) and Harley Sternberg along the O-line.

Mike Smith, a Marist-bound lax stud, Hershman, Nick Marra and Barry – four

lacrosse players who were coaxed back to the gridiron, will supply depth, skill and brawn. Pecchia was slated to be the main receiving threat but will have some help with the return of Smith, Hershman and Marra, three versatile players. All three are all-section lacrosse standouts with solid athleticism.

Tom Maloney, Harley Sternberg and Ryan LoGuidice are expected to have impact rookie seasons on the varsity.

The Sailors have some depth and they talk continually about changing the culture, which just might translate to postseason football for the first time since 2012.

"We are ready," Artope exclaimed! "This is the best our offense has looked in years. We're looking to make noise in the playoffs."

Artope and his fellow seniors are conjuring up positive thoughts of year's past, reminiscent of the Killer B's Robbie Bosco and chase Bernard (fall of 2006). He's one of seven returning starters who hope to alter the notion that the Sailors are simply Class A also-rans.

"I think of this pressure as an incentive to work harder and push my teammates to be the best that they can be," Artope said. "I'm confident in my abilities and with the help of my new and veteran linemen Sebastian Burbano, Jacob Anstett, AJ Disisto, Harley Sternberg and Matt Kempinski we will be better up front."

Hen Hud's no-huddle spread is a far cry from the old days, and the new mindset, coupled with an absurd amount of interest at the lower levels, plus a loaded freshman class, provides all the hope the Sailors need to change the culture now and in the future.

Hen Hud, ranked a lowly No.13 by Section 1 coaches, enters 2015 as a team no one should sleep on in a Class A field that has no clear favorite, but the top five teams (runner-up Yorktown, defending champion Rye, perennial powers Somers and John Jay-CR, plus improving Sleepy Hollow) are likely to be among five of the eight teams to qualify for post-season action.

"I'm excited about the direction this program is headed in," Coach Lynch said. "We have had the most competitive camp since I took over the program four years ago. We have a nice mix of veterans and newcomers that should be able to make significant contributions to the team in



Lakeland RB Keir Maley should do some damage out of the Hornet backfield this fall.

2015."

Don't sleep on the Sailors, lest ye face a nightmarish outcome.

LAKELAND

In his 16th season at the helm of Lakeland football, Coach Rob Cappelli is among the most tenured coaches in Section 1 these days.

Playoff success has been both fleeting and cruel the last two years and the football gods have ranked the Hornets 14th out of 19 Class A clubs, which the Hornets are taking in stride.

"Our goal is to be competitive and try to improve from week to week," Cappelli admitted, despite having gone 10-8 over the last two seasons, 5-4 last year. "We are young and inexperienced. However, the kids have a tremendous work ethic and have performed well during the summer."

Some of those that have exceeded expectations are QB Trevor McCarthy, who at, 6'2" 175, can stand in the pocket and set up his receivers with adequate downfield vision, including captain Nick Vazquez, a stout 5'11" 190 pound TE/DE, TE Patrick Morelli (6', 185) and split end Kevin Prunty, a senior captain who goes 6', 175.

When McCarty isn't dropping back he'll be handing off to senior captain Keir Maley and junior Sean Makar. Maley, a 5'10" 180 pound RB/DB, burst onto the scene last year and showed effective flashes of what Cappelli hopes to be a consistent workload behind senior G/T Anthony Nusbaum (another captain).

"Maley is an outstanding running back," the coach said. "And Anthony Nusbaum is a big guy on our line for him to run behind."

Junior C Brian Farole (5'11", 200), senior OT Jason Cottrell (6', 240), senior OL Adonis Montalvo (5'10, 260) and

6'4" 220-pound senior Nick Jarosz round out a decent-sized O-line.

"Offensively, we will have the ability to run and throw the ball and be a more balanced offense," Cappelli said. "We are carrying almost 40 on varsity, which is the most in my career. Defensively, we have seven new starters and we will look to do a better job on third down and forcing turnovers."

That might help the Hornets go from "also-ran" to playoff contenders, provided they can handle a schedule that includes Class AA host Fox Lane this Friday.

"The past two years we have been 5-4 overall while beating some teams that have gone to the playoffs, however we have not been a beneficiary of this new schedule system," Cappelli said.

With a somewhat manageable set of games over the first four weeks, it will likely come down to Week 5 vs. rival Panas and Week 6 at a vastly improved Nyack to determine whether or not this is the year the 14th-ranked Hornets get back to the playoffs for the first time since their 2009 semifinal loss to eventual Section 1 champion Roosevelt.



Panas RB Joey DeLuca is hoping to return to grid as early as possible upon recovery from injury.

PANAS

Coach Dan Patronik's Panthers (4-5) were dealt a serious blow when their best two-way player, senior RB/LB Joey DeLuca sustained a serious leg injury that will force him to miss significant time. As the captain hits the rehab trail, others will need to step up to the plate.

Junior Chris Bizzoco (RB/OLB) and senior Nick Mlynar (RB/OLB) are expected to pick up the slack. The Panthers are young under center with sophomore

continued on page 23

Sports

CLASS AA MAHOAPC

The Indians can be scary good this season if the men in the trenches can get it done in front of a slew of very talented skill players, including QB Dan Foley, who is hell-bent on getting the Indians back to their first Section 1 title game since 2010. Foley's main cohort on offense will be versatile RB Christian Donahoe, the son of Coach Tom Donahoe, who has some serious weaponry, including TE Zachary Carlin, FB/LB Tommy Murray and RBs Erick Gagne and Joe Cavaciuti.

MLB/RB Chris Kocovic is a beast on the other side of the ball, and he looks to lead a 5-2 defense that has been consistently effective over the years. "Koco" runs an efficient 4.7 (40) at 6' and 225 pounds and has All-Section potential carved within a chiseled frame. On offense, he carries like former Dolphin Larry Csonka, a rumbling, north-south load. If the O-line, bolstered by senior Mike Paolello and John Velek, can hold up their end of the deal, the Indians could be Final 4 bound for the first time five years. Keep your eyes on the progression of junior DL Dino Milazzo, a strong, fast and technique-oriented rusher.

"These guys are going to have huge years," Foley insisted, noting that he and Donahoe are totally in synch. Whether or not the Indians can contend with defending Section 1 champion John Jay EF, which has been in three of the last four AA championships, and the rest of the Class AA contenders (New Rochelle, Arlington, North Rockland, Mamaroneck), remains to be seen.

The Indians remain a tough out for most foes and expects to be more than an "also-ran" this fall with a second-straight trip to the playoffs and a strong post-season showing #Final4orBust.

The thing that might preclude the Indians from doing so is an absolutely



Mahopac RB Christian Donahoe is an explosive senior, poised for a breakout campaign in 2015.

brutal schedule that includes a Week 1 tilt at Mamaroneck (which was supposed to be a home game but for some reason the Tigers won't be paying Putnam County a visit any time soon), a Week 2 visit from the defending champion Patriots, a Week 5 visit from Coach Dominick DeMatteo's Arlington Admirals and a pivotal Week 6 trip to New Ro' Mahopac will have to



Carmel's 6-4 200-pound WR Ryan Sullivan runs crisp routes and provides superb target for Rams QB Joey Rodriguez.

split those four games at the very least and then defeat Clarkstown North and Greeley with no wiggle room to spare.

CARMEL

The Rams (4-5) have a ton of experience under center in senior QB Joey Rodriguez, the only four-year signal caller in the history of Rams football, and 22 years of experience on the sideline in venerable Coach Todd Cayea, an old-school mentor. The two have the know-how to carry out a game-plan and expect to be among the top eight teams this season and reach the playoffs.

"Joey has looked great thus far," Cayea said. "He's paid his dues the last three years, and now we've got some kids who can run under his ball and he has shown some great touch and leadership. We'll take some shots with him."

Rodriguez and WRs Ryan Sullivan and Quinn Willman should supply plenty of downfield action in an offense that likes to air it out, and the RBs, including Kwashon Correa and John Morris and junior David Vega.

Defensively, Carmel junior NG/OL Nick McDonald, who goes 250 on a good day, is a son-of-a-run-stuffer, who should pose a

threat on both sides of the ball once he returns to full health. Senior Joey Kenna is a tough center. Whether or not the Rams can hold up in the trenches will determine whether or not they can get past their No.10 ranking and into the top eight to make playoffs. While that won't be easy, don't discount the Rams this season. They will be a tough out, and if the opposing offense struggles they can outshoot you with verticality and stretch.

"We've got some really good skill position players, no doubt about it, but we'll only go as far as our O-line takes us," Cayea said. "If we can minimize the self-inflicted wounds, we'll be a better team than people expect. But we're not good enough to overcome our own mistakes. It's a great bunch of kids and we're ready to get it going."

Juniors, Ryan Sahle and Nick McDonald, will join seniors Anthony Schneider, Joe Kenna and Luis Casillas in the trenches on the O-line. Morris (LB), Dominic Caporale (DB) and edge rusher Josh Beauchesne (DE) all saw time on defense last season.

CLASS B PUTNAM VALLEY

It's been a long seven years since the Tigers qualified for the postseason, but Coach Matt Mello likes his chances this season. With reigning Class B champion Our Lady of Lourdes having moved up to Class A, it opens up a spot for another Class B team that has missed out on the four-team playoff field.

PV returns 19 players from last year, including QB Zach Girvalo. Senior Mike Dellabate and Luis Fernandez will take over the RB duties and they are both in incredible shape, according to Mello. Kyle Anderson will be running FB.

The team's strength lies in its offensive line with four returning starters. "This will be one of our strongest and most athletic lines we've seen," Mello said, citing C Jake Reyes, guards Constantine George and Mike Ruta and tackles Bryce Hamilton and Tommy Carroll.

"We plan on being one of the top four teams this year," Mello said. "There has been a lot of change in Class B with new coaches at Westlake (John Castellano) and Edgemont (Brian Connolly), and Lourdes is now out. Nanuet returns some really good talent (couple of D-1 OL/DL prospects). Our players are very excited about the season and have been preparing well. We have a lot of depth and a belief

Class AA/B/D Notebook



Putnam Valley QB Zach Girvalo is a versatile signal caller who can run, catch and throw for Coach Matt Mello's Tigers.

that we can compete for a section title if we continue to put the time and effort in."

CLASS D HALDANE

Coming off a 4-5 season, the Class D Blue Devils will face some extremely tough competition, given their numbers and those of their competition.

"Our coaching staff is excited about the upcoming season," Blue Devils second-year Coach Ryan McConville said. "We have a difficult schedule and face some of the best teams in New York. The standards and expectations are going to continue to be high and we are going to push our guys to reach beyond it. We want to be the best team in Class D and hopefully we can rise to the challenges of the season."

Seniors Stephen Junjulas (WR), Anthony Percacciolo (TE) and Zack Markey (DL), along with juniors Chris Pidala (DL) and Sean Gannon (WR) are returning veterans who saw a ton of time last year.

The QB is young, sophomore Brandon Twoguns, the kid with the coolest name around. He is poised to break out and show his wears. Sophomores Anthony Lombardo (DL), Luke Junjulas (DB), Joe DiGregorio (RB) and freshmen Sam Giachinta (RB) and Justin Markey (FS) will also make their mark.



Friday Night Lights: Let it Happen, Captain!

Yorktown vs. OLL, Rye vs. Somers, Mahopac vs. Mamaroneck, Hen Hud vs. Brewster Featured in Week 1



By Ray Gallagher
Examiner Sports
Editor

Here we go: Friday Night Lights begins in earnest on September 4th at a gridiron near you, so be sure to get your butt out there and support the team... this goes for @THE_CROP, which hopes to rudely introduce reigning Class B champion Our Lady of Lourdes to the Class A scene

when their runner-up YORKTOWN Cornhuskers travel north to Dutchess County to face the Warriors (7 p.m.). The Crop will need to hit the road hard, and bet your last dollar that Coach Mike

looks to make an immediate splash in Class A.

This cry for support also goes out to SOMERS High and @Tusker_Nation, which host defending Class A champion Rye at "The House That Tony Built" at 7:00 p.m. in what just might be the game of the week. Yeah, go ahead and put me down for a Week 1 visit to Somers, where Coach Tony DeMatteo's former two-time defending champion Tuskers (2013-14) intend to inflict some serious damage on the Garnets, who eliminated the 2014 Tuskers from three-peating last year in 21-19 semifinal battle to end all battles.

Direct Rays



RAY GALLAGHER PHOTOS

Mahopac's RB Joe Cavaciuti and the Indians were not expecting to be visiting Mamaroneck in Week 1 but are now awaiting the much-anticipated trip.

Rescigno's Huskers will need every ounce of corn the crop has to knock off Coach Walsh's Warriors, as the Yorktown alum

continued from page 21

QB Brandon Hodge taking over. Though skilled and gifted, he is a rookie with growing pains ahead of him, particularly in the wake of DeLuca's absence. Hodge is a player, though, and the offense is in his hands.

The addition of Taizon Barrett (DT, G Jr. 6-0 275) will provide a huge boost to the defense. Barrett is back in Pantherland after a one-year stint at Stepinac. Barrett made the Panas varsity club team as a freshman. Thomas Ferarri (LB/FB) and Kevin Dykman (WR/DB) are additional key returning vets for a Panther team that

It's hard to imagine anything better in Class A than the 2014 champion Garnets against the 2013 champion Tuskers, much

could find the sledding tough this season with their No.7 pre-season rank and no DeLuca for the first few weeks.

BREWSTER

Senior QB Matt Catalano will light up the Brewster skies this season; that much is given. What Coach Ed Mulvihill is uncertain about is the number of rookies expected to take the field this season.

"We will be young this year but it is encouraging," the coach said. "The best asset is that it looks like we will have some depth. It depends on how quickly the team

less the defending 2014 Class B champion Warriors against the 2014 runner-up Huskers; say what you want about Section 1 football, but the Class A schedule makers knew what they were doing in Week 1. Football fanatics in both Dutchess and Westchester will get an early grid-bit they can't resist.

Jordan Artope: Remember that name, folks. The HEN HUD senior RB is poised to break out in a big way this season, taking Week 1 aim at the BREWSTER Bears and their fan base @TheBrewsterBear and @TheBearsDen2015, but it is Artope's mission to ensure that the @HenHudFanBase gets a glimmer of the real deal. Depending on where each team's defense is at this early in the season, this game could feature some serious scoring, considering Bears QB Matt Catalano, a 6'1" veteran under center, can sling and swag his way to paydirt this Friday night (7 p.m.).

WALTER PANAS has a tough Friday night (7:00 p.m.) draw against a visiting Sleepy Hollow program that has made sufficient strides the past two years, and the Panthers and @PanasSports will be without the services of stud RB Joey DeLuca for at least the first month of the season.

LAKE LAND will visit Fox Lane on Friday (6:30 pm), so let's get on over to Bedford @lakeland_sports.

CLASS AA

Lower Westchester gets another grid-bit in the form of MAHOPAC vs. MAMARONECK, which was originally scheduled as Mamaroneck vs. Mahopac, but the Tiger hierarchy has allegedly refused to make the trek north, so Section 1 made the switch for a variety of reasons

can gel, but there is optimism entering this season. Hopefully, we can get back to the playoffs."

Brewster, ranked No.9 in the pre-season, will find out quickly if its defense can stop the run as Hen Hud's Artope looks to get the A-Train rolling in Week 1. But the pivotal point of the season will come in Week 3-4-5 when the Bears face No.5 Sleepy, No.6 John Jay and No.3 Somers, all of which may be better than their pre-season rank.

Catalano believes his troops are ready.

"I really liked watching our defense play Saturday," said Catalano, who threw for

that has left the Mahopac coaching staff in utter disbelief. Either way, the bad blood is so thick you could drain it like Dracula would Friday at 5:00 p.m. (early start and all). Long ride for the @MahopacManiacs; I know, but your boys need ya!

CARMEL will host White Plains and we'll find out quickly if the Rams and their fans @CarmelCrazies_ are ready to make some noise this season, unleashing what is expected to be a hifalutin Class AA aerial attack featuring senior QB Joey Rodriguez and wideouts Quinn Willman and Ryan Sullivan. Ram Coach Todd



Carmel Coach Todd Cayea hopes his Rams can hold up on the O-line in order to unleash the skill players within his arsenal.

Cayea and his boys were a little miffed by their pre-season ranking (No.10), so the boys in blue will be out to make a name for themselves while attempting to restore the luster on a program that has recently lost its playoff finish.

CLASS B/D

PUTNAM VALLEY will have to wait until Saturday to visit Blind Brook for a 12 p.m. kick. HALDANE will visit Dobbs an hour later.

nearly 1,700 yards last year. "Although we lost some key players to our defense from last year, the starting defense was very aggressive and physical. Our linemen were fantastic. They opened up holes for our backs on the offensive side and stopped the run and gave penetration on the defensive side. Our running backs also played excellent."

RB's Jack Guida, Jeremy Meissner and Mike Buonadonna will need to continue to do so in order to have teams honor the run and open things up vertically for one of Section 1's premier QBs.



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PUTNAM COUNTY MARKET OVERVIEW

SOLD PROPERTIES

PRICE RANGE	08/27/2014 - 08/26/2015	08/27/2013 - 08/26/2014	%CHANGE 2015/2014
\$0 - \$199,999	181	149	21.5%
\$200,000 - \$299,999	230	200	15.0%
\$300,000 - \$399,999	199	178	11.8%
\$400,000 - \$499,999	109	71	53.5%
\$500,000 - \$599,999	49	47	4.3%
\$600,000 - \$799,999	61	35	74.3%
\$800,000 - \$999,999	15	15	0.0%
\$1,000,000 - \$1,999,999	11	8	37.5%
\$2,000,000 and up	4	6	-33.3%
Market Totals	859	709	21.2%
Median Sold Price	\$314,000	\$300,000	4.7%



The 2015 market is up considerably from last year with an increase of 21.2% in units sold and 4.7% increase in Median Sale Price. With low inventory levels and low interest rates we expect this trend to continue for the rest of the year and into 2016. Now is the time to sell. Contact us today for a Complimentary Market Analysis.

— Zef Camaj, Brokerage Manager

HGMLS, 1/1/2015-8/26/2015, Area 9 Putnam County, Market Totals, Median Sale Price



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\$385,000



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