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August 25 - August 31, 2015

SMALL NEWS IS BIG NEWS

Volume 7, Issue 335

Chapter Closed: PV Library Tax Proposal Halted

By David Propper

The Putnam Valley Library has suspended its campaign to put forth a Chapter 414 referendum that would give voters direct control over the library's budget this year, rather than the town board.

As a result of miscalculating the per household fiscal impact that would have households pay more than originally thought, an error discovered early last week, the library Board of Trustees erred on the side of caution, completely

scrapping the plan for this election season after some 500 signatures were collected, according to board president Priscilla Keresey.

In a crushing blow for the library and its supporters, Keresey described the miscalculation as a "significant error" and didn't think it would be proper to get on the ballot under inaccuracies connected to the cost of each household. She noted doing so would "lose the public's faith."

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Mahopac Boy Remembered for Living Life to the Fullest

By David Propper

Sean Callahan, a young man that provided great hope to the Mahopac community, succumbed to cancer last weekend, leaving family, friends, and residents remembering the brave teen who lived life enthusiastically until the very end.

Sean died peacefully surrounded by family last Saturday, ending a battle with cancer that lasted most of his young life. He was 12-years-old. While tragic, his father Dan noted the hope and joy Sean brought out in everyone around him and stressed he wants people to think of the positivity Sean brought to the world.

"Everything about him was hopeful," Dan Callahan said. "He was always about

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Sean Callahan

Brewster Scouts Use Summer To Help Others



Earlier this summer, Cadette Troop 1065 of Brewster delivered gifts to the Maria Fareri Children's Hospital for Children as part of their work on their Silver Award. The Brewster troop is made up of several girls in HH Wells Middle School led by troop leader Debby Ehrics. They put together 100 "Bags of Fun" containing such items as sewing cards and puzzles made from recycled calendar pages, stuffed dolls with sleeping bags and pillows sewed by the girls and books. They received a donation of over 500 books from the publishing company for Random House books. They also obtained a donation of 25 baby quilts from Mrs. Carolyn O' Leary, a customer of Pins and Needles in Mt. Kisco. They had help decorating the bags from Daisy, Brownie, and Junior troops, also of Brewster. Above are two girls that worked on the project, Sarah Durante on the left and Nicole Byrnes on the right.

Garrison Fire District Debate Continues as Decision Nears

By David Propper

As the decision of a proposed Garrison Fire District looms over the Philipstown town board, council members got an earful from residents Wednesday night about the merits and concerns over the possible new district.

A near capacity crowd attended a



DAVID PROPPER PHOTO

The Philipstown town board held a public hearing about whether a Garrison Fire District should be created.

public hearing in front of the Philipstown town board with viewpoints differing over whether it was worth creating a Garrison Fire District that would shift responsibility from the town to the self-governing district run by a Board of Fire Commissioners.

If the town board relinquishes power to the new fire district, it no longer would take control of the annual budget, leaving that to fire commissioners to determine, in which public hearings would still be held before a budget was voted on by the fire board. The only power the town board would wield is initially selecting the five fire commissioners to serve the first year, as well as a treasurer. Those fire commissioners would be unpaid and have to live within the district.

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Carpenter's Union to Help Finish Construction at Tilly Foster

By David Propper

Apparently up against the clock to finish renovations on the Tilly Foster Farm campus, Putnam County lawmakers are leaning toward using union workers to complete work left on the county property.

Eliminating the need to put out a request for proposal, which would slow down getting the construction on the historic farm done by a March 1, 2016 deadline, Personnel Chairwoman and Legislator Ginny Nacerino said the temporary workers are necessary, during an Aug. 18 committee meeting.

"We need to hire union workers due to the fact that we have a short window of opportunity to get work done at Tilly Foster Farm," Nacerino said

County attorney Jennifer Bumgarner said the county would sign on the union's collective bargaining agreement and an hourly wage has been decided on. The money the county would use to pay the temporary workers is from the \$1 million bond the county Legislature just approved a couple weeks ago. The expenditures would not exceed \$75,000, Bumgarner noted.

Department of Highway and Facilities Commissioner Fred Pena said 4-6 carpenters would do framing for several weeks.



PUTNAM MOBILE MIX PHOTO

Some of the construction taking place at Tilly Foster Farm.

Legislative Chairman Carl Albano said it's imperative to have a building envelope of the facility done before the winter and cold weather and that it would make sense to have highly trained workers aboard for a short duration to ensure the work is done punctually.

Legislator Dini LoBue gave stinging disapproval to the proposed deal calling the March 1 deadline to complete work for BOCES a "false deadline" and that the deal with BOCES isn't even signed yet.

She criticized the county executive administration for not putting the work out to bid, considering the costs would be

more than \$25,000.

"I thought it was ludicrous we were using in-house personnel. 'Oh no, I didn't know what I was talking about,'" LoBue said. "Now a year's gone by, now we have to go outside the county and we're not even doing a bid, giving everyone an opportunity."

LoBue also noted the union leader, Ed Cooke, endorsed County Executive MaryEllen Odell last election, with Nacerino rebutting, "A lot of people gave her an endorsement so that's irrelevant."

Legislator Kevin Wright questioned if using union workers is more cost-

effective than going out to bid to find an independent contractor, though Pena said it would be cheaper with the route the county is choosing.

CSEA Putnam County Unity 8150 President Janet Canaday questioned if the workers from the carpenter's union have been laid off and if so, for how long because "usually in the carpenter's union, if a person is laid off for awhile, they're not actually very good workers."

She also said she didn't want a precedent set where temporary workers would be used for other projects around the county, instead of hiring more county workers. She noted there are workers in the county classified as temporary that have been working for the county for years.

Deputy County Executive Bruce Walker said the county made sure to only use contractors for specific items during the renovations in order to be cost effective. The facility needs to be "buttoned up" before the winter season to continue work on the inside regardless of the weather. Walker emphasized the union workers are expected to be county residents.

"This is a success story. We have saved hundreds of thousands of dollars by doing work in-house," Walker said. "We fundamentally rebuilt an entire structure, which was our commitment to make Tilly Foster whole."

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METABOLIC SYNDROME - ARE YOU AT RISK?

What you need to know about causes and treatment options...

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Ask the Doctor

Mitchell Roslin, MD

Director, Bariatric Surgery
Northern Westchester Hospital

nwhsurgicalweightloss.org/DrRoslin

Q: What is metabolic syndrome and how can it damage my health?

A: 'Metabolic' refers to the life-sustaining, chemical processes that happen in our bodies. We often speak about metabolism in relation to our body's ability, or inability, to burn the fat and calories we consume. Metabolic syndrome is a cluster of adverse factors that doubles your risk of heart disease. You are also five times more likely to develop type 2 diabetes.

Factors include: high blood pressure; high triglycerides; low levels of good HDL cholesterol; high fasting blood sugar; and excess weight specifically in your midsection. All factors need not be present for very serious consequences.

Q: What can I do if I have metabolic syndrome?

A: Eating a healthy diet with plenty of fruits, vegetables and other fiber-rich foods, along with exercising at least 30 minutes daily, several times a week, will help control your blood pressure, blood sugar, and weight - all key triggers of the syndrome. However, for people with excess weight in the midsection, losing significant weight and keeping it off can be very difficult.

For some of these people, weight-loss (bariatric) surgery can be the best solution. With the right surgical procedure, obese patients can lose a lot of weight and almost immediately start lowering blood sugar, blood pressure and blood fat counts.

Q: How can I prevent metabolic syndrome?

A: Healthy eating and regular exercise, as I describe above, are great ways to keep the syndrome's various triggering factors at bay. If you already have some or all of the factors involved in metabolic syndrome, see your doctor. If surgical weight-loss is recommended, Northern Westchester Hospital's website is an excellent place to explore today's most advanced, safest and most effective options: www.nwhsurgicalweightloss.org.



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Carmel Town Board Incumbents to Run Unopposed

By Elena Castriota

For most politicians, the summer before an election is one of the most stressful parts of a campaign.

That's not the case this year for Republican Carmel Town Supervisor Ken Schmitt and Republican Councilmen John Lupinacci and Jonathan Schneider as they're all running unopposed for reelection this fall.

"Public apathy is the biggest problem we have," Lupinacci explained, "We have around 20,000 voters in Carmel - only 4,000 come out for elections and 5,000 for the school budget."

Schneider is also concerned with both the lack of public interest and unwillingness to get involved in an elected office. "Apathy is the downfall of democracy," he said.

While voter apathy may be strong, the three elected officials all agree that it shows them that they are doing a good job and residents are happy, not to mention how nice it is to enjoy a summer without the pressure of a campaign.

"It allows me to stay in the office and do the work that I was elected to do," Schmitt explained. "It allows me to continue to focus on getting people's business done without having to worry about campaigning and fundraising and going door to door."

A significant amount of progress has been made since the three have been elected. The biggest accomplishment has been the town wide garbage service, said Schmitt. By making the program town-wide, it only cost residents about \$20 a month; much less than they were paying before to private carting services, according to Schmitt.

"We're the stewards of the taxpayers' money. We need to be fiscally responsible and make prudent decisions with the taxpayers' money while controlling taxes and delivering municipal government services," he explained.

The technology the town runs on has also been greatly improved in the past few years. Through a grant given to the town by the New York Power Authority, solar

panels have been installed on the roof of town hall saving taxpayers between five and ten thousand dollars annually. The computer systems that the town hall runs on have also been upgraded, according to Lupinacci.

In his tenure, both the Camarda Park and Baldwin Meadows have been opened as well the 9/11 Memorial containing steel from the North Tower outside of town hall. Schmitt would like to see a community center built in the next few years.

There are many large projects coming up in the next year for the board to decide on. Collective-bargaining contracts with unions are not finalized yet according to Lupinacci who stressed that he is running again because he doesn't want to leave any business unfinished with the town.

"Some may think I'm not being fair and balanced but the taxpayers are my bosses. I've always kept their best interest trying to get the same service at a reasonable or controlled cost," he said.

The town-wide waste disposal contract

is also up for review next year.

The first property reevaluation since 1996 is taking place this year. According to Schneider, the reassessment should lower taxes for one third of residents, remain the same for another third, and increase them for the final third. "It's really just about making sure everyone is paying their fair share at the time," he explained.

Another upcoming task for the board is to take a look at the 14 water districts and eight sewer districts managed by the town. Many residents have been complaining recently about water costs but it appears that many of them aren't checking their water meters. According to Lupinacci, there is a way for the town hall to monitor water usage using radio frequency. The technology is out there and it's just a matter of research and implementation.

In his eight years of serving the town of Carmel as supervisor, Schmitt is confident about the future of the board.

"This town board is probably one of the best boards I've worked with," he said.

Chapter Closed: PV Library Tax Proposal Halted

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"We were really heartbroken," Keresey said. "We had near unanimous support for our initiative, but we didn't feel like we could carry on with that error."

Board Vice-President Terry Raskyn said in a press release abandoning the proposal was not a victory for the library or its users.

"Many unfounded claims and accusations were thrown about by

these fringe groups during our early efforts - claims of political motives, of financial gain, of vast money reserves, of dishonesty - none of which had any basis," Raskyn added.

While support for the chapter 414 was "near unanimous,"--even after it was announced the 414 campaign would be stopped this year, residents were still entering the library last week asking to sign the petition--it certainly wasn't completely approved by some elected officials and residents.

One town board member, Jackie Annabi, called the campaign suspension the "responsible action" to take, asserting the library board tried to rush the process of getting the tax referendum on the ballot in November.

Annabi urged the library to change their bylaws and allow for an elected board, which she believes would lead to more accountability and bring in residents "with the right expertise managing the needs of the library and its budget."

"A long term plan is needed," Annabi said. "The relationship that exists now is more adversarial than a partnership, that must change."

Keresey said the library board would go back to the 414 proposal next year, stating creating a special district (with an elected board) was the board's first preference all along, but decided against that because Governor Andrew Cuomo has vetoed a few library district proposals around New York the past two years.

The library board plans to continue to work with the Mid-Hudson Library System, its tax advisors, and auditors to gear up for next year's push.

Keresey said the library board hopes to better function with the town board this year and has submitted a budget that requests a ten percent increase. Only a loud minority of residents has voiced displeasure with the library getting better funding going forward, Keresey said.

"It's unfortunate that that fringe group chose a wonderful community resource like our library to make unfounded accusations," Keresey said. "I know that the group is now claiming victory, 'We stopped the library' that really saddens us."

Annabi scoffed at the claim that a "fringe group" opposed the Chapter 414, stating she got calls from many residents and was stopped on the street by residents voicing disapproval with the new tax proposal.

"There was not widespread support for the proposal," Annabi said. "Support having a library doesn't equate to residents' support to giving the library a blank check; that's a difference that the library board needs to appreciate."

The Putnam Examiner's Primary Election Preview

**District Attorney's Seat:
Levy vs. Tendy**

**Patterson Supervisor's Seat:
Williams vs. Capasso**

Pick up next week's issue (Sep. 1-Sep. 7) to read about each Republican Primary taking place in Putnam County. To voice support for a candidate, send a letter to the editor at dpropper@theexaminernews.com.



Mahopac Boy Remembered for Living Life to the Fullest

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positives, even when things were very negative.”

Despite Sean's medical struggles, he continued to exemplify what it was like to live life to the fullest.

A student at Mahopac Middle School, Sean was active in his community and known by many. He participated in Mahopac Sports Association football, lacrosse and wrestling, as well as CYO basketball. This past season, his football team won the championship.

Through the “Friends of Jaclyn”

organization that helps children with brain tumors, Sean become part of the Army Black Knights football team at West Point. Given the number 18, he was named most valuable player during the team's spring game.

“Our entire program is saddened to hear about the passing of our teammate, Sean Callahan,” Army West Point head football coach Jeff Monken said in a statement. “Sean was the toughest young man you would ever want to meet. He taught our players and staff so much about overcoming adversity, about working

hard and about enjoying life. He became part of the Army football brotherhood. We are grateful we had the opportunity to spend time with Sean and his terrific family and we will value the lessons he taught us. Our thoughts and prayers are certainly with Sean's family at this terribly difficult time.”

Sean also signed a one-day contract with the New York Yankees last season, getting the opportunity to meet stars like former Yanks shortstop Derek Jeter.

The big brother to five siblings, Sean wrote a book published “Don't Give Up-

Advice From a Ten Year Old Cancer Survivor” that is meant to give younger cancer patients hope.

“If there are any (particular) memories I have of him, it's him as a big brother,” Dan said. “He loved being a big brother to his little sisters and little brother.”

An integral part of Relay For Life, Sean and his team “Sean's Soldiers” raised more than \$100,000, becoming the youngest and highest donation earning team for Relay For Life globally this year.

Sean leaves behind his parents Dan and Janine, as well as his brother and sisters Michael, Hope, Keira, Abigail and Kaitlyn.

Visiting hours are today (Tuesday, Aug. 25) from 4 p.m.-8 p.m. at St. John The Evangelist Church in Mahopac in the main church. A Funeral Mass is Wednesday at 1 p.m. at St. John's. Private cremation will follow.

In lieu of flowers, contributions in memory of Sean may be made to Sean's Soldiers, Inc. P.O. Box 47, Jefferson Valley, NY 10535. Sean's Soldiers is a Not for Profit organization, started by Sean, with the mission of helping children hospitalized with cancer.

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This re-grant program is managed and monitored by the Arts Link Program of the Putnam Arts Council, Mahopac, NY.

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AUGUST 31— Fall Season Begins

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Garrison Fire District Debate Continues as Decision Nears

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The town board has until Oct. 1 to vote on a new fire district, according to town consulting attorney Mark Butler.

The first year the budget would not be held to a tax cap. Currently, the Garrison Fire Company is proposing an \$821,204 budget, resulting in a large increase from its previous year funding of \$510,623 voted on by the town board.

While the majority of residents that spoke out supported the creation of a fire district, there were grumblings, mainly by Garrison residents Joe Regele and Stan Freilich.

Regele, who has been a long known critic of the new fire district, said the Garrison Fire Company already has enough money to take care of its needs, calling the sharp increase "ridiculous." He added debts owe by the company would be paid off over the next several years and complete by 2020.

"The economics to this is completely whack," he said.

Regele also challenged the town board to stop "washing their hands" of decisions regarding the fire district, noting voter input is low when it comes to fire commissioner elections with the North Highlands Fire District an example of that, leading to less accountability.

Resident Shawn Sullivan said while

she appreciated the GVFC, she wasn't thrilled about the sharp tax hike put forth, pointing out "I know my household income isn't going to increase 37 or 39 percent."

During his presentation, attorney representing the GVFC, Terry Hannigan, said the quarter-million dollar increase was justified because there were real expenses the company needed to address. He added the funding given to the GVFC was similar from 2005 to now 2015 and reserves were scarce.

Two town board members, Supervisor Richard Shea and Councilman John Van Tassel, voiced support for the fire district during the hearing. Shea stressed while he supports the proposal, he doesn't believe the budget increase can remain as high as it is now. Any budget from the possible fire district would need to be approved by Nov. 4.

"We're not in the business of running a fire company," Shea said. "It takes an incredible amount of time and effort from the board to do this every single year."

Councilwoman Nancy Montgomery said while she's not partial to creating new taxing districts, creating a new Garrison Fire District could change the culture and feelings toward the GVFC.

Additionally, by creating a fire district, Montgomery said it could be a "baby step" toward consolidation.



DAVID PROPPER PHOTO

Attorney representing the GVFC Terry Hannigan speaks as town board members look on.

"I do wish we could just take the leap and consolidate," she said. "We're not there yet."

Support for the district was strong, but it mostly came from firefighters outside of Garrison. After the meeting, Garrison Fire Chief Jim Erickson declined comment when approached.

Lillian Moser of the Cold Spring Fire Company argued there were other aspects of the fire district besides money.

"We need to look at morale and we need to look at membership," Moser said, adding the all-volunteer department results in much lower costs than

professional firefighters."

Joe Hyatt, the North Highlands Fire Department Chief, supported the new district for Garrison and said from his experience that fire commissioners can be accountable to taxpayers. As chief, he makes requests that he doesn't always receive from fire commissioners.

"I do believe whoever are the fire commissioners are going to be fiscally looking at things," resident Grace Wilkie added. "We have to believe in the goodness of our own people. We have to believe that we have people that are competent, capable to do that."

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Support Connection Holds Kickoff Celebration for Annual Walk

By Rick Pezzullo

When Susan Hope McCarthy was diagnosed with ovarian cancer in 2013, she was determined to overcome the disease. However, three months later, she found herself at a low point, so she reached out to Support Connection, the Yorktown-based not-for-profit organization that has been providing free and confidential services and programs for people affected by breast and ovarian cancer since 1996.

"I tend to be a very positive person. One day it hit me and I just called up," said McCarthy, a Yorktown resident, who is one of two ambassadors for Support Connection's 21st Annual Support-A-Walk, which will be held Sunday, October 4 at 9 a.m. at FDR State Park in Yorktown.

"They really help. I've always thought of it (the walk) as such a good thing for the community," she said, noting she has 10 more months of treatment left. "I have a great support system. I knew from day one that I was going to beat this."

Andrea Karl has been a peer counselor with Support Connection since 2005. In 2003, she was diagnosed with breast cancer, and the first call she made seeking answers was Support Connection.

"The walk has yet to stop for me. We need your help so everyone can walk through their vulnerability," Karl said during a passionate speech at a Kickoff Celebration Breakfast for Support-

A-Walk last week at the Cheryl R. Lindenbaum Comprehensive Cancer Center at New York-Presbyterian/Hudson Valley Hospital and Ashikari Breast Center.

"We know everyone is different and we are able to provide services to serve their individual needs," Karl said. "What we try to accomplish is astronomical. We are a trusted source. We are the one for everyone no matter what the stage of the disease. Hearing the words 'you have cancer' is all the same. Your world stops for a second, then you breathe again. We need to know we are not alone."

Since Support Connection does not receive any funding from any national cancer groups, the money raised from Support-A-Walk, which annually inspires thousands of participants of all ages, serves as its major source of funding.

"Our walk is our lifeline to keep us going," said longtime Executive Director Kathy Quinn. "It really is the community that keeps us going. I see the difference it makes. We're very unique because every one of our counselors has been through cancer and they know what people are going through."

Prior to the walk, several local businesses are chipping in to help Support Connection. On Saturday, September 12, from 9 to 11 a.m., The Rugged Boot & Shoe on Route 6 in Mohegan Lake will



RICK PEZZULLO PHOTO

Support Connection Executive Director Kathy Quinn speaks at Support-A-Walk Kickoff Celebration Breakfast last week.

be holding a kickoff event for Support-A-Walk where a portion of every shoe or boot will be donated to the organization.

Meanwhile, during September and October, Shear Designs Salon on Lexington Avenue in Mohegan Lake will be holding a \$20 wash and blow dry

special, and a \$10 hair extensions special, with a portion of the proceeds going to Support Connection.

For more about Support-A-Walk or Support Connection, visit www.supportconnection.org or call (914) 962-6402 or (800) 532-4290.



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Letters to the Editor

Putnam County DMV Provides Excellent Service

We are contacting you regarding our recent visit to the Putnam County Department of Motor Vehicle (PC-DMV), Brewster, New York 10509. We had the opportunity to visit PC-DMV in July 22, 2015 to transact business and we would like to make you aware of our experience that day. We were treated very courteously by all the employees at PC-DMV. It has been reported on national news networks that some folks do not

have a satisfying experience when visiting at their locals Dept. of Motor Vehicles and some have even expressed that they dread going to their local DMV. Well, the exact opposite experience is true at the Bureau of Motor Vehicles of Putnam County, due to the demeanor of its employees there who try to make every customer's visit there a quick and satisfying experience.

We had a pleasant opportunity to be treated very professionally by two of its

knowledgeable employees and would like to thank them—Linda Stahl and John Gallo.

We believe so many customers who visit PC-DMV from other counties in NYS do so because of its courteous, efficient and knowledgeable Putnam County Employees.

Mike and Maryellen McDonough
Carmel

Putnam Golf Course Continues to Improve, Impress

I have been playing golf at Putnam Golf Course for the past 40 years and this year surpassed and exceeded all others. I had been a member of Branton Woods but then opted for a public course because my friends were not able to afford a private country club.

I have brought 3 or 4 foursomes to Putnam regularly this season and I can truthfully say that the conditions of the course equal that of a private club. For the

most part, all the sand traps and greens have been outstanding. While playing, it is so encouraging to see so many people working and maintaining the course. The Club House and bar also have had so many improvements. The Pro Shop is first rate and truly professional.

Jim Woods, the new golf pro, has upgraded the course in the past two years with all the improvements that he has overseen. The tee times have been

on schedule and the rangers see to it that the pace of play is a reasonable one. Jim's leadership and example is evident in the professionalism that all the employees exemplify.

It has been a wonderful golf experience this year.

Jerry Horowitz
Yorktown

Op-Ed: Federal and State Gov. Must Investigate Planned Parenthood

By Suzi McDonough

The recent video showing Deborah Nucatola, the senior director of medical services of Planned Parenthood, discussing the procurement of fetal tissues when conducting abortions is outrageous. No matter where you stand on the issue of abortion, what Planned Parenthood is doing is not right and a federal and state investigation on this practice by Planned Parenthood is warranted.

As I consider a run for the State Assembly and as I go door to door listening to the concerns of folks just like me, I am becoming more and more concerned for this community and our state.

While the issues of taxes, corruption and waste in state government have motivated

me to consider running for higher office, the extreme leftist shift in New York State government has me equally, if not even more gravely concerned.

Sadly, I have seen more mentioned in the media on Donald Trump having to leave his campaign trail so he can attend jury duty then on Planned Parenthood selling aborted baby parts!

New York State is on the verge of passing legislation that will shut down Catholic hospitals and allow even late term, partial birth abortion as an absolute right. It is sickening to believe, but recently uncovered footage shows us that this radical push by the extreme left in New York is not about "choice" at all, but in part, about Planned Parenthood selling baby parts.

Planned Parenthood, along with the media, is doing a wonderful job sweeping this latest news of what they do with aborted babies under the rug. It is not a comfortable conversation, it is sometimes a confrontational one, but it is a needed one.

Let's not turn our heads and ignore what is happening here, please get involved and demand that our state stop funding this nightmare and force both the state and the federal government to investigate.

Suzi McDonough is a current councilwoman in the town of Carmel. Suzi has launched an exploratory campaign for the 94th NYS Assembly District, which includes portions of Westchester and Putnam counties. To learn more visit: www.suzi4ny.com.

Food Preservation Classes to Begin

Recently there has been a resurgence of interest in preserving and pickling seasonal produce and fruits. Cornell Cooperative Extension (CCE) of Putnam County is offering classes as part of a Garden to Table Program through a grant from United Way of Westchester and Putnam with additional funds provided by the Rotary Club of Carmel New York.

Master Food Preservers and CCE staff will share information and demonstrate the process with anyone interested in the basics of 'Pickling 101' for classic pickles plus other seasonal produce including beans and tomatoes on Saturday August 29, 10 a.m. to 1 p.m.

On Thursday September 10, 4 p.m. to 6:30 p.m. there will be an additional class Favorite Jams & Jellies. Learn how to preserve the flavor of those great end-of-summer fruits.

Register by September 3.

Prepare late-season fruits to become jams and chutneys to enjoy all winter during the Last of the Harvest workshop on Wednesday September 23rd from 4 p.m. to 6:30 p.m. Register by September 16

Learn how to preserve your garden's bounty or fresh produce from the local farm stand or CSA. All methods are researched based and recipes are tested for safety. Take home a jar of what is canned in class.

Both classes will be held at Camp Herrlich, 101 Deacon Smith Hill Road, Patterson. There is a \$35 per person fee per class. Register early as space is limited by contacting Cornell Cooperative Extension at 845-278-6738 or www.cce.cornell.edu/putnam

Business of the Week

7 Stars Diner Brewster

By David Propper

Dean Moundroukas doesn't just own a diner. He's involved in every facet of the business, from purchasing the food to cooking in the kitchen.

It's a seven day-a-week job that usually last for more than 12 hours from opening to closing.

"What a lot of people consider an impossible amount of work and hours, for me, it's what I know," he said. "I've been doing it my whole life."

And in Brewster at the 7 Stars Diner, he's been doing it for 25 years come this September after it opened in 1990. The son of a father who owns multiple diners further south in Westchester and the Bronx, Moundroukas has made the eatery along a busy Route 22 a staple in the community.

"It went very fast," Moundroukas said of the 25 years in business.

To commemorate the quarter-century milestone, the 7 Stars Diner, a Brewster Chamber of Commerce member, is offering certain specials every Friday in the month of September with prices that match the ones in 1990s.

Moundroukas began training to run a diner long before he was old enough to even sell any of the alcoholic beverages



DAVID PROPPER PHOTO

Dean Moundroukas, his wife Jill, and daughter Mia stands outside the 7 Stars Diner in Brewster.

his establishment offers. Growing up, his father Steve would wake him at 2 a.m. during school vacations to go down to the Hunts Point Market to select all the produce.

"I remember being 13-years-old like 'Why am I doing this,'" he said. "But he was conditioning me and teaching me the business at a young age so I've been doing it my entire life."

Even to this day, Moundroukas, a

Brewster resident, doesn't rely on others to do his purchasing; he still goes down to the city twice a week to select the freshest selection of fish, a trademark of his restaurant. He's able to closely look at quality and price first hand.

Considering he, his wife Jill, and toddler daughter Mia all eat at 7 Stars Diner three times a day, choosing the best food is a forgone conclusion.

Customers can be treated to a "great,

home style cooked meal for a very reasonable price" where the lunch and dinner specials change each day. As customers' pallets have become "much more sophisticated" the diner has had to continue to make sure it offers a wide variety of quality food.

And if ever a time Moundroukas doesn't have everything up to snuff, his father who still comes by the diner occasionally, will be quick to critique and offer pointers.

But that happens rarely because Moundroukas is always on top of his diner. He's only closed the diner two days in 25 years, which happened recently, and customers were shocked.

"What happen, what's going on, is everything OK?" Moundroukas recalled them saying.

As Moundroukas states, it's a lifestyle woven into his DNA. Asked if there was ever a second career he could consider, Moundroukas said, "I do have a love for vintage sports cars, but making a living from it, I don't know if I could ever do that because it's something I enjoy as a hobby."

Running a diner is a lifetime calling.

7 Stars Diner is located at 1577 Route 22 in Brewster. Its phone number is 845-278-2750.

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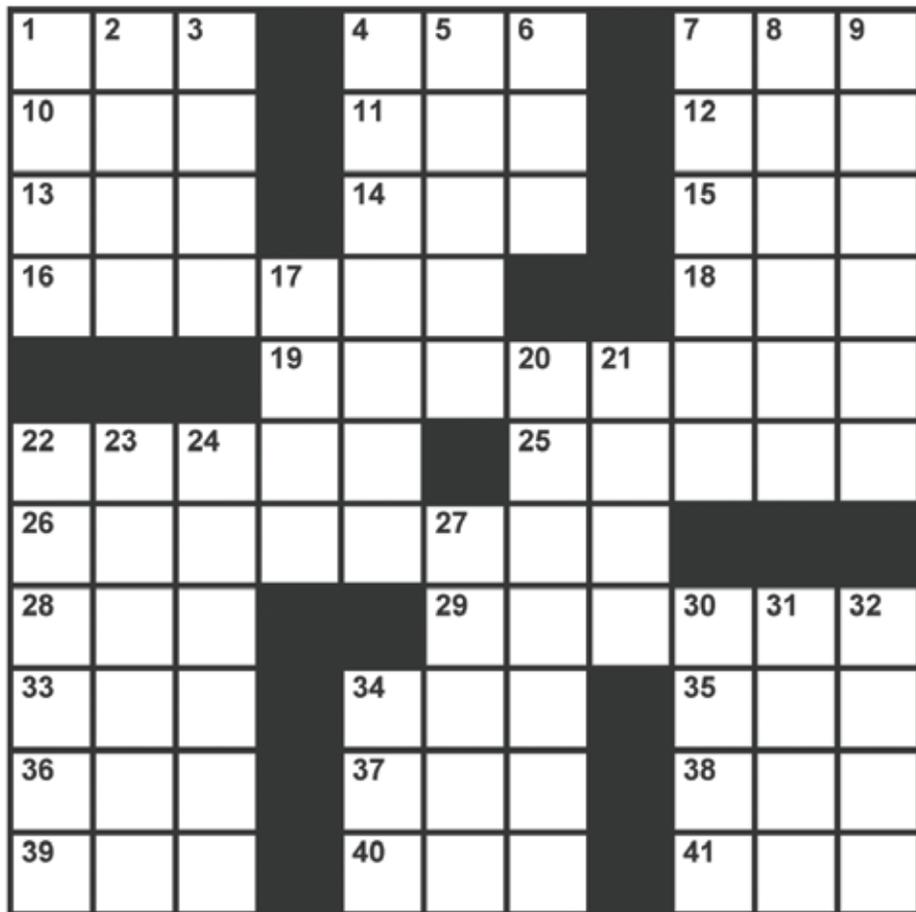
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Crossword Puzzle



Crossword by Myles Mellor

Answers on page 20

Across

- 1 Morning rose moisture
- 4 Crosses (out)
- 7 Harridan
- 10 Old verb ending
- 11 M.D.'s orders
- 12 Bomber pilot in "Catch 22"
- 13 What Vanna may turn over
- 14 Architects' org.
- 15 Unduly
- 16 Belonging to "Pride & Prejudice" character or Mahopac dance academy
- 18 Calendar abbr.
- 19 Tailor's chore
- 22 Capital of Ghana
- 25 Robust
- 26 Famous wrestler or Somers plumber
- 28 Grazing spot
- 29 Lorraine's neighbor
- 33 Go astray
- 34 Letters on a Michelin
- 35 Pantheon member
- 36 Royal flush high card
- 37 List ender: Abbr.
- 38 Energy measure
- 39 Satisfied
- 40 Fireplace remains
- 41 Work segment

Down

- 1 Word with heat or meat
- 2 Sicilian mountain
- 3 Fan sound

- 4 Medical dept. room
- 5 Be
- 6 F.I.C.A. funds it
- 7 Empty words
- 8 In the vicinity
- 9 Befuddled
- 17 Hand part
- 20 "Magic bullet" developer
- 21 Tattered clothes
- 22 Radiant
- 23 Strong-arm
- 24 Bordeaux wine
- 27 Bridge positions
- 30 Worn
- 31 Mrs. Dithers of the comics
- 32 Wired
- 34 Vegetable that rolls

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Cold Spring Resident Recognized for Service to Nonprofit

Guiding Eyes for the Blind, known around the globe as one of the foremost guide dog schools, is pleased to recognize Curt J. Landtroop as the recipient of the organization's 2015 President's Leadership Award. Presented by the Board of Directors, the President's Leadership Award honors an individual who has demonstrated personal and professional excellence in support of Guiding Eyes' mission.

Landtroop was recognized for his long-standing tenure serving on Guiding Eyes' Board of Directors. The former Vice Chair and Treasurer has dedicated his professional expertise as a volunteer board member since 2001.

During his recent visit to Guiding Eyes' Yorktown Heights Training Center, Board Chair Wendy Aglietti and CEO Thomas Panek presented Landtroop with an award plaque, inscribed in Braille with a photo of Landtroop with his guide dog, Windsor. The plaque will adorn a wall in Alumni Hall, a section of the campus that Landtroop helped make possible during his tenure.

"I consider it an honor and privilege

being involved with Guiding Eyes for the Blind for over 40 years, first as a guide dog user and later as a board member," said Landtroop.

Now retired, Landtroop previously served as the Fixed Income Portfolio Manager for General Motors Asset Management Corporation where he was responsible for managing assets totaling \$1.25 billion. Prior to this role, he was part of the General Motors Treasurer's Office. He received a Bachelor of Science degree in Business Administration from Towson University. Landtroop resides in Cold Spring, with his wife Diane.

Upon receiving the award, Landtroop said, "I have been able to seek and attain my dreams and goals because of the freedom and confidence I gained from having Guiding Eyes guide dogs."

Guiding Eyes for the Blind makes a profound and immediate difference in peoples' lives, creating and supporting life-changing connections between people and exceptional dogs. The nonprofit provides guide dogs to people with vision loss and service dogs to children with autism, professional



Left to right: Guiding Eyes for the Blind Board Chair Wendy Aglietti, President's Leadership Award recipient Curt Landtroop with his guide dog Windsor, and President and CEO Thomas Panek with his guide dog Gus.

training, and lifetime support services, all at no cost to them. Guiding Eyes depends solely on contributions to fulfill its mission.

Guiding Eyes for the Blind is located at 611 Granite Springs Road in Yorktown Heights, N.Y. They can be reached at 914.245.4024 or by visiting www.guidingeyes.org. For the latest news, follow Guiding Eyes on Facebook (www.facebook.com/guidingeyes), Twitter (twitter.com/guidingeyes), and Instagram (instagram.com/guidingeyes).

About Guiding Eyes for the Blind

Guiding Eyes (www.guidingeyes.org) is a 501(c)(3) nonprofit that provides guide dogs to people with vision loss as well as service dogs to children with autism. The organization is passionate about connecting exceptional dogs with individuals and families for greater independence. Since its inception in 1954, Guiding Eyes has grown to be one of the foremost guide dog schools in the world, known for its accredited training programs and lifetime commitment to its graduating teams. Guiding Eyes is dependent upon contributions to fulfill its mission and provides all services free of charge.

Mahopac Resident Raises \$1,750 for Foundation

Mahopac resident Lou Cardillo was happy to present The Little Baby Face Foundation of New York City with a \$1,750 donation that was raised earlier this summer at the Victory Cup Polo Match.

Lou Cardillo, the owner of the Lou Cardillo Home Selling Team, hosted the event on July 11th in front of a sell-out crowd at Beaver Creek Equestrian Center in Patterson, NY. The day not only featured a world-class polo match, but also farm-to-table cuisine, a classic car show, a pet parade and a children's playground. After the polo match, Cardillo hosted two hundred guests at an exclusive farm-to-table dinner with the polo players on the field.

The Little Baby Face Foundation is especially close to Lou Cardillo's heart for they provided surgery to his son,



Charlie. The Foundation transforms the lives of children born with facial deformities through corrective

surgery. World-class surgeons and medical providers at New York City's finest facilities volunteer their time and expertise to provide the best reconstructive surgery to children and their families in financial need

worldwide.

"I could never truly repay The Little Baby Face Foundation for what they have done for my family, but I organized this event to do my best to say 'thank you,'" said Lou Cardillo. "I was so happy to see how many people came out to enjoy a wonderful day of polo and of course benefit this great not-for-profit. I was honored to work with The Little Baby Face Foundation and all the wonderful sponsors and volunteers that made this event possible. I am already looking forward to next year's event!"

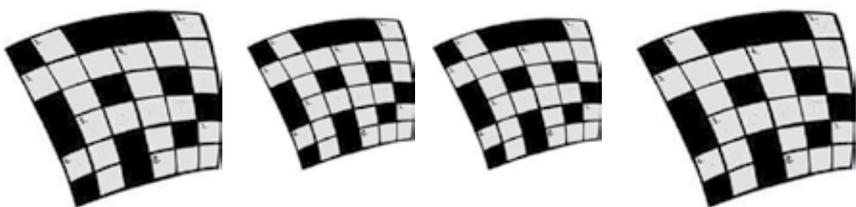
"We're very thankful to Lou and his team for a great event and this wonderful donation. It will help transform another child's life like it did for Charlie. Many children are on our waiting list so every dollar counts," said Dr. Thomas Romo III, founder of the Little Baby Face Foundation.

Lou Cardillo is the broker/owner of Keller Williams Realty Partners & the award winning Lou Cardillo Home Selling Team located in Yorktown Heights, NY. He has been in the Real Estate business for over 18 years and has successfully marketed, sold and closed over 500 homes and since 2006 has consecutively been ranked the #1 Real Estate Team at Keller Williams Realty Partners. For more information about Lou, please visit his website: www.cardillorealestate.com.

For more information on the Little Baby Face Foundation, please visit www.littlebabyface.org.

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Back To School

National Child Passenger Safety Marked This September

Every September, National Child Passenger Safety Week (September 13-19) is observed and parents resume driving their kids back and forth to school and activities. This makes it a good time to review guidelines for using car restraints. Motor vehicle crashes are the leading cause of death for children, from 1 through 13 years of age and improper use of car restraints attributes to the problem. In 2013, over one third of children killed in car crashes were not properly restrained in car seats, booster seats, or seat belts, according to the National Highway Traffic Safety Administration (NHTSA).

The fact is most parents are confident they have correctly installed their child's car seat, but actually, in over half of these cases, the seat has not been properly installed. The CAC and its NY state- approved Child Fatality

Review Teams play an important role in injury prevention and offer the following guidelines: the age, height and weight of the child all play a role in knowing what type of restraint to use and when to transition to the next level. Children should start out in a rear-facing car seat, and then move to a forward-facing one, a booster seat, and finally a regular seat belt.

Other recommendations from the NHTSA include:

Select a car seat based on your child's age and size.

- Choose a seat that fits in your vehicle and use it every time.
- Always refer to your specific car seat manufacturer's instructions. Read the vehicle owner's manual on how to install the car seat using the seat belt or LATCH system; and check height and weight limits.
- To maximize safety, keep your child in the car seat for as long as possible, as long as the child fits within the manufacturer's height and weight requirements.
- Keep your child in the back seat at least through age 12.

Marla Behler, Program Coordinator for the Child Advocacy Center (CAC) of

Putnam County encourages parents to have their child's car seat professionally installed to maximize safety and have "peace of mind." Car seat checks offer a way to make sure the car or booster seat is properly installed and fits the child. The Kent Police Department (225-4600) and the Putnam County Sheriff's Office (225-4300) offer this service by appointment only. Keep in mind that New York has child passenger safety laws and fines. According to the Governors Highway Safety Association and NY DMV website, fines for a first offense range up to \$100 and, three or more points on a driver's license.

For more information, visit the "Parents Central" section of the National Highway Traffic Safety Administration's website at <http://www.safercar.gov/parents/CarSeats/>

Car-Seat-Safety.htm. For more information on the CAC, please visit the Putnam County website at <http://www.putnamcountyny.com...> Under "Departments" select Child Advocacy Center.

For more information on child fatality review teams visit <http://www.childdeathreview.org/>.

Or visit our social media sites on Facebook at <http://www.facebook.com/putnamcac> and Twitter @PutnamCAC. The Health Department's mission is to protect and improve the health of the county's nearly 100,000 residents. For more information, please visit <http://www.putnamcountyny.com> or social media sites on Facebook at <http://www.facebook.com/putnamhealth> and Twitter @PutnamHealthNY.



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Back To School

Preparing the Young Ballet Dancer Before Going en Pointe

By Rose-Marie Menes

School is just around the corner, and this means that parents are probably looking for after-school activities for their children. Many young girls are likely already involved in dance, and for those who are studying ballet, they might be anxiously hoping to finally get their “toe shoes”—or to use the correct terminology—their pointe shoes this fall.

The age for going on pointe is usually 11 years old. This age has become something of a “safety-number,” or a “marker” for teachers to uphold to ensure that students don’t go on pointe when they are too young. Giving a child pointe shoes too early can be detrimental to her feet, legs and to the development of her whole body.

Many parents do not understand the meaning of going en pointe. Some think it’s a reward or a present to be given on birthdays and holidays, while others think it’s a “right of passage” that coincides with starting middle school or becoming a teenager.

More than anything, going on pointe requires time and dedicated training, which can take many years, beginning in pre-ballet classes when a child first learns the proper placement of

the body in dance. If a child pursues ballet, between ages 8-11, she should be taking hour-long ballet classes, three times a week, with another 15 minutes of “pre-pointe” preparation at the end of each class. The more classes, the better—so long as the classes are of quality training. When a child is ready, she will have demonstrated the strength required, not only in her feet and legs, but her whole body (e.g. her ankles, knees, hips, back, abdomen, and shoulders), to maintain correct alignment for dancing on pointe. This means that she should be able to stand in “first

position,” with all 10 toes on the floor, so that her instep is lifted to ensure equal distribution of the weight on both feet and balance for eight counts on demi pointe and finish in first position – demi plié. This will develop the student’s strength for more difficult steps to come. Having a command of these fundamental skills doesn’t mean that getting pointe shoes is going to be “a bed of roses.” Even when a student has demonstrated the kind of strength and ability that pointe requires, it can cause sore feet, bruised toenails and blisters, which is all par for the course. As the

student matures, this will disappear.

Getting pointe shoes is much like getting keys to a car. Without proper training and practice, accidents can happen. Like driving for the first time, dancing en pointe can be an amazing experience and the sign of a huge accomplishment. It is most important that you get the right training for your child now and in the future.

To set up a free consultation in ballet, please contact the Westchester Ballet Center for the Performing Arts at 914-245-2940 or info@westchesterperformingarts.com. Visit www.westchesterperformingarts.com for more information.

Rose-Marie Menes is a Master Ballet Teacher -- pre-school through professional. She is Owner/Director for over 37 years of The Westchester Ballet Center for the Performing Arts. She has been a Professional dancer for American Festival of Ballet, Radio City Music Hall, Chicago Ballet, New York City Opera and Ballet Russe. And a Master teacher for 12 years with Dance Caravan, Dance Olympus, Dance Masters, Dance Educators and Professional Dance Teachers of America. Over 30 professional recordings on ballet.



BTS-Ballet: Rose-Marie Menes - Director/Owner Westchester Ballet Center for the Performing Arts.

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Registration: Friday, August 28th from 5:00 - 7:00 pm and Saturday, August 29th from 10:00 am - 12:30 pm

Photo by R. Reynolds Photography

Registration for 2015-2016

Fall Registration - Main Studio - Rm 121
Friday, Aug. 28 5:00-7:00pm
Saturday, Aug. 29 10:00am-12:30pm
Tuesday, Sept. 8 - Saturday, Sept. 12 during regular class times

Nutcracker Auditions
Sept. 13 - Paramount Hudson Valley
12:30-1:00pm: Ages 8-11 (please - no one over 5')
1:00-1:30pm: Ages 11-13 (please - no one over 5'; bring pointe shoes)
1:30-2:00pm: Ages 13 & older, corps de ballet & soloists (no one over 5'7"; bring pointe shoes* strong on pointe)
2:00-3:00pm: Clara Auditions (Must be on pointe)

Sept. 19 - Westchester Ballet Center
12:30-1:30pm: Ages 8-11 (please - no one over 5')
1:30-2:30pm: Ages 11-13 (please - no one over 5'; bring pointe shoes)
2:30-3:30pm: Ages 13 & older, corps de ballet & soloists (no one over 5'7"; bring pointe shoes* strong on pointe)

Nutcracker Performance Dates
BROOKLYN COLLEGE: Sunday, Dec. 13
Tuesday, Dec. 15 & Wednesday, Dec. 16
(Sunday show tickets available through Brooklyn College, Tuesday/Wednesday closed to public)
PARAMOUNT HUDSON VALLEY: Saturday, Dec. 19

Spring Registration - Main Studio - Rm 121
Friday, Jan. 8 4:30-7:30pm
Saturday, Jan. 9 10:00am-12:00 noon
Spring Semester Begins January 14, 2016

Spring Recital: Yorktown Stage, Friday Evening, May 6, 2016: 6:30pm
Saturday Matinee, May 7, 2016: 11:00am

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Annual Registration Fee: \$80
Costume Fee: \$105 (Ballet, Tap, Jazz, Broadway, Hip Hop, Bollywood)
Materials Fee: \$75 (Modern & Lyrical)

Modern: "What If?"
Photo by R. Reynolds Photography

Bollywood: Wedding Puja
Photo by R. Reynolds Photography

Faculty

ROSE-MARIE MENES: Ballet, Pointe
ALEX GLAZ: Ballet, Adagio, Pointe, Jazz
NIKKI MILANO: Ballet, Pointe, Pre-Ballet/Creative Movement
CATHERINE KINGSLEY: Ballet, Pointe
ALISSA LAZARO: Ballet, Modern (Limon), Tap & Bollywood
JUSTIN WINGENROTH: Jazz, Ballet, Lyrical, Broadway
SARAH BEHRENS: Hip Hop, Lyrical, Tap
DAVID GUGGINO: Contemporary

Dress Code

BALLET: Black leotard, pink tights, pink ballet slippers
BOLLYWOOD: Black leotard, black jazz pants, bare feet
BROADWAY: Black jazz pants, black leotard, black jazz Oxford shoes
JAZZ: Black jazz pants, black leotard, black Oxford shoes
MODERN: Black leotard, black convertible tights, bare feet
LYRICAL: Black leotard, black convertible tights, bare feet
TAP: Black jazz pants, black tap Oxford shoes
HIP HOP: Fitted top and jazz pants, black hip hop sneakers (no shorts or jeans permitted)
Hair should be pulled back for all classes.

WESTCHESTER BALLET
CENTER for the PERFORMING ARTS

In 1978, Rose-Marie Menes, formerly of the Ballet Russe, founded the Westchester Ballet Center to train young dancers and share with them the joys of dance. Graduates have been accepted into major performing arts colleges, Boston Conservatory, Juilliard, NYU/TISCH and SUNY Purchase. Others have gone on to professional careers in Ballet and Modern Companies as well as to Broadway.

Under the guidance and inspiration of its professional staff, the Westchester Ballet Center offers a creative environment where students are encouraged to develop strong technique which will enable young dancers to pursue a professional career, major in dance and to encourage a life long appreciation of the art of dance.

Back To School

Back-to-School Organization Tips for a Successful School Year

When the school year begins, students need to quickly get back into the swing of things. Staying organized from day one can ease the transition.

While every individual needs to tweak his or her routine to best suit personality quirks and study habits, here are a few tried-and-true organization tricks that will work for most anyone:

Get Scheduled

While the word "bedtime" may have no meaning on summer vacation, during the school year, it's vital. A regular sleep schedule can mean better quality sleep and higher alertness at school. Likewise, a morning routine can help students focus and prep for the day.

Family members should share their schedules with each other to ensure everyone gets to practice, club meetings and other activities on time. Install a household calendar or bulletin board in a central location to ensure everyone stays in the know.

Stomp Out Clutter

Lockers and backpacks need to stay organized. Whether notebooks, binders and textbooks are arranged by sequence of the day, subject or color

isn't important so long as the system works for you. To create more storage space in your locker, add durable, stackable locker shelving.

For on-the-go book hauling, look for a backpack such as the Five Star Expandable Backpack that features two expanding compartments providing additional space, along with protected storage for laptops.

Its patented zipper allows you to quickly get inside your backpack while it's hanging in your locker. Ergonomic patent-pending straps distribute weight to comfortably support a heavy load.

To cheer up your locker with a boost of color and add a place for quick reminders and mementos, try the Five Star Magnetic Mirror + Push Pin Board. Its slam-resistant magnets will keep it affixed to the inside door of your locker. There isn't much time between classes, so a mirror is a welcome locker feature when there isn't time for the bathroom.

Organizational tools such as these can keep your ducks in a row all year long. Also remember to set time aside weekly to clean out your locker and backpack, throwing out candy wrappers and crumpled notes.

Personal Organization

Students need to be able to keep more belongings than ever with them throughout the day -- traditional school supplies, paperwork, flash drives, calculators and other electronics. A binder that can contain it all will give students a chance to make sure their lives are in order, not just a class at a time. For a secure method of carrying supplies, look for the Trapper Keeper Zipper binder, with pockets and dividers to keep items organized, and the Five Star Zipper Binder + Expansion Pocket, which features storage for textbooks and a tablet, and has an adjustable strap that allows you to carry the binder messenger style or on your back.

At home, it's easy to get distracted from important tasks like studying and homework. Create a dedicated work space away from televisions and other distractions. Make sure the area is comfortable, well-lit and conducive to great work.

More study tools and tips can be found at www.Mead.com.

The right tools and habits can empower students for a successful and organized school year.

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Back To School

Mathematics Support and Tutoring as School Starts

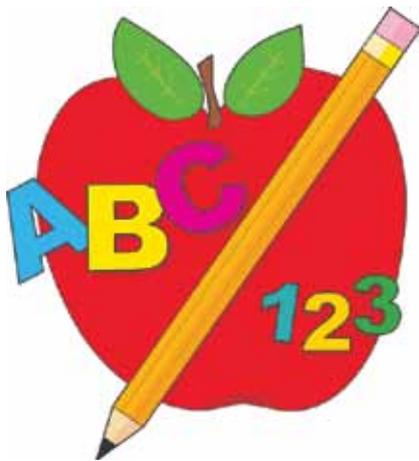
By Marina Zale

Back to school time is upon us again. Students are gearing up, or maybe stressing out, as they prepare to enter a new year. This is a time for parents to think about goals they have for their students. Last year may have been a struggle and now is the time to address these concerns. September is a time for review in class but for students already behind, this is not enough time to catch up. Starting tutoring early on better prepare students for the new material to come.

Math difficulties can begin years before grades start to suffer. During the beginning of elementary school, students learn their basic math facts as well as an understanding of why these facts are true. Students who are

not comfortable in math memorize facts to get through class. By third grade, students are expected to have a thorough understanding of how to get solutions to facts previously just memorized. When students reach fourth grade, this understanding is tested as equations and word problems become more complicated.

Memorized facts can no longer be used to solve these problems and



grades start to fall, though the root of the problem started much earlier. As students get older, it is harder to get them to focus on those foundational skills and mathematical problems they deem "too easy". However, these gaps hold them back from succeeding in higher-level math classes.

It can be difficult to decide when your student's struggles warrant additional help. However, any student can benefit from additional

help, regardless of grades. Students gain much more than increased GPA; they gain confidence as subjects, like math, become less confusing.

For students who are already comfortable, starting a program like Mathnasium in Yorktown Heights can prepare them to enter an accelerated program in their middle and high school careers.

If you want to learn more about Mathnasium and how we can help with school work, common core skills and test prep, visit our website at www.mathnasium.com/yorktownheights. Or bring your student in this month for a free assessment. Call (914) 302-7950 to schedule an appointment and learn if your student has gaps in their math knowledge

Helping High School Students Prep for College Entrance Exams

Whether taking the SAT, the ACT or both, excelling on college entrance exams can significantly strengthen one's school applications.

While students need to take personal initiative when prepping for these crucial tests, families can lend a helping hand in many ways.

Prioritizing Study Time

Good study habits are important for academic achievement and will come in handy in college. They are also especially important during college exam preparation.

Ensure your student has a quiet area to study for the big day, free of distractions like televisions, squabbling siblings and social media.

A study schedule should be practical. If possible, consider giving your student a free pass from chores on days he or she takes a full practice test -- this will require several hours and be mentally taxing.

The Right Tools

Mathematical coursework, test-taking

and preparation require the right gear. Set up your student for achievement with scientific and graphing calculators that feature a range of high-level functions. Remember, some questions in the math sections of the SAT can't be solved without a scientific or graphing calculator.

Choose one that is right for the task. For example, Casio's CLASSWIZ fx-991EX is the first scientific calculator to feature spreadsheet functionality. It enables users to create spreadsheets with up to five columns and 45 rows. It can also convert graphs into QR codes which can be displayed on a projector screen, allowing students to work seamlessly with their teacher or test prep tutor.

Designed for elementary, middle and high school students, Casio's range of calculators focus on such subjects as general math, trigonometry, statistics, algebra, geometry and physics and are available in a wide variety of colors (a potential motivational tool for students who want to do math in style).

Whatever model you opt for, be sure it is authorized for use during the test and

has an intuitive interface that will speed up calculations when time matters.

Deeper Understanding

It's not always enough to memorize materials. A competitive edge is gained with true comprehension. Fill your home with books and magazines on a

wide range of subjects. Picking up new words in a practical context will happen naturally without feeling like work.

On the math front, check out practical tools that encourage deeper understanding of difficult concepts, such as research-based books and education workbooks on topics like critical thinking, algebra, geometry and statistics.

Test Day

The night before the test is not the time to cram. Students should arrive at the test site refreshed, well-rested and well-fed. Fatigue or an empty stomach will prove distracting. Fill up on brain food containing Omega-3s, antioxidants and vitamin E. For those needing a morning boost, consider jogging the brain into action over breakfast with a challenging article or math problem.

College entrance exams can significantly impact an academic career. Take every step you can to ensure a maximum score.

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Dutchess Man Faces Slew of White Collar Crimes

By Renee Brauer

A 61-year-old man from Dutchess County has been charged on more than a dozen counts for allegedly defrauding his former employer of about \$500,000, according to a press release from the Putnam County District Attorney's office.

Dean P. Mogan was indicted by a grand jury on fifteen counts, which included Scheme to Defraud, Grand Larceny, Petit Larceny, and felony and misdemeanor counts of Criminal Tax Fraud. Mogan worked for a Putnam County company which stocks and maintains Automatic

Teller Machines for businesses in areas such as Putnam, Westchester County, and Fairfield County, CT. The charges state that Mogan thoroughly and routinely failed to deposit portions of cash that he was responsible for using to fill the ATMs. The amount of cash sums up to roughly \$500,000 starting from January of 2011 to June of 2012 and as well as January of 2013 to September of 2013.

"Mogan is accused not of a single lapse in judgement, but a rather systematic, continued effort to defraud his employer, their clients, and the taxpayers of New York State," said District Attorney Adam

Levy, "Make no mistake, we take white collar crime very seriously in Putnam County."

Levy also stated that the indictment resulted from a lengthy and extensive multi-agency investigation. An investigation for the Putnam County District Attorney's Office was done and led by Assistant District Attorney Laura Roberts, in cooperation with New York State Department of Taxation and Finance's Criminal Investigations Division, and the New York State Police.

Mogan, who lives in Wappingers Falls, was accused on three Counts of Grand

Larceny in the Second Degree, C Felonies; three Counts of Petit Larceny, Class A misdemeanors, two Counts of Scheme to Defraud in the First Degree, E Felonies; three Counts of Scheme to Defraud in the Second Degree, Class A misdemeanors; one count of Criminal Tax Fraud in the Third Degree, a D Felony; and finally two counts of Criminal Tax Fraud in the Fourth Degree, E Felonies.

Mogan appeared in Putnam County Supreme Court on July 7 and released on bail. He faces between 15 to 45 years if convicted and is due back in court on August 18.

Connecticut Man Charged with Traffic Misdemeanor

By Renee Brauer

On August 14, the Putnam County Sheriff's Office reported the arrest of a Connecticut man resulting in a misdemeanor traffic charge.

According to the Putnam County Sheriff's Office, on August 12 at 10:49 p.m., a motorist was stopped for committing a traffic violation on Hill and Dale Road in the Town of Kent. The

deputy determined the driver as Antonio Moreno, 39-years-old, of 16 Rockhurst Drive, Waterbury, Connecticut and that he was driving a motor vehicle while his privilege to do so was suspended, according to the sheriff's release. Moreno was then arrested and charged with Aggravated Unlicensed Operation of a Motor Vehicle in the Third Degree, classified as a misdemeanor, according to

the release.

The defendant was then processed at the Putnam County Correctional Facility and was released after posting \$200 bail, in cash, to his arrest. Moreno will then be required to appear in Kent Justice Court

to answer the following charge at a later date.

If Moreno is found guilty of the misdemeanor charge facing him, he could face at least one year behind bars and a fine of up to \$1,000.

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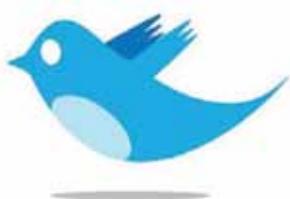
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Seller's 'Train Hard, Fight Easy' Approach to Listing a Home

Anna Maroselli could write the definitive book or teach a master class on preparing a home for sale.

While normally it is a matter of a month or two from the time a seller and realtor engage in the process of listing a home, there was a gestation of more than two years from the time I was called by Maroselli for a comparative market analysis until last week when her six-bedroom raised ranch in Yorktown Heights was listed.

In the intervening months, there was a methodical system of activity that might have been ordered by a drill sergeant.

"One of my favorite expressions is 'train hard, fight easy,'" she told me early in the game, noting the origin of the aptly put quote from Alexander Suvorov, a 19th century military leader in the Imperial Russian Army.

From the first of my two interviews with her, along with invitations she extended to two other realtors for consideration, her journey to listing her home has been painstaking. Only after the fact did I learn that, before retirement, Maroselli had been a legal secretary for a major multinational corporation and was responsible for communications with



By Bill Primavera

foreign diplomats, government officials and top business executives.

"I was always detail oriented, always made checklists and everything had to be perfect," she said.

The process started with her taking my suggestions, some from my columns which she had carefully read and saved in a folder, and from our frequent conversations, first to update her kitchen with a granite countertop and new backsplash, to remove wallpaper there and from two bedrooms, and the need to paint her interior in neutral

tones.

On her own, Maroselli needed to "re-purpose" some of the rooms of her home. The lower level had been utilized for her daughter Adrienne's family, her husband and son in a three-bedroom setup. Now that her daughter was leaving, the lower level would be reconfigured for the flexibility of a new owner.

Maroselli also hired a stager and decorator, Susan Atwell, whose function it was to help her declutter, depersonalize and rearrange furniture. For the painting, I recommended the stalwart "Fireman Joe" Pascarelli.

While Adrienne was leaving, she stayed on to help her mom accomplish her long checklist, including selection of interior colors. She chose different shades of grey, today's favorite neutral, which Maroselli said "seem to reflect and blend in with whatever color is near them, much as hazel eyes do."

Adrienne also helped with paring down furnishings and simplifying window treatments by removing drapes and replacing them with plain valances with grosgrain ribbon trim.

There were a couple of stumbles, then corrections along the way. For instance, when Maroselli went to a large retailer to choose the granite kitchen countertop, she found it too complicated to coordinate selection of the granite with installation of the sink. Someone suggested to her a "one-stop" way to handle that by going to Westwood Stone and Granite in Cortlandt and asking for Anthony, who deftly coordinated the whole job for her.

Frequently I would receive updates to learn, for example, that all the hardwood floors had been refinished for the "wow" factor, or that the backsplash suggested for the kitchen would not be ivory subway tiles as originally planned, but rather beveled stone bricks, and dated lighting fixtures had been replaced with more contemporary ones.

In tow at our contract signing and final

meetings before listing was Maroselli's other daughter Christine, very real estate savvy, to help advise her parents. Then, Maroselli joined in the process, editing copy for the descriptive remarks for the MLS listing and promotional materials, word by word, a first for me.

The figurative close-order drill continued to the week before listing when I was invited back to the house for viewing of Maroselli's work, which I was able to declare total perfection.

Within eight hours from the time the listing went live, there were seven showings requested, just from the way we were able to describe Maroselli's hard work. Preparedness always pays off.

Her suppliers were Anthony Carraturo of Westwood Granite and Stone in Cortlandt Manor at 914-736-9100; Painter "Fireman Joe" Pascarelli at 914-330-3889; and stager and interior designer Susan Atwell at 914-525-0454.

Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc., the longest running public relations agency in Westchester (www.PrimaveraPR.com). His real estate site is www.PrimaveraRealEstate.com, and his blog is www.TheHomeGuru.com. To engage the services of The Home Guru and his team to market your home for sale, call 914-522-2076.

Treading the Delicate Politics of Restaurant Corkage Fees



By Nick Antonaccio

Restaurant wine lists, crafted by today's wine-focused chefs and highly-educated sommeliers, can be the epitome of the overall experience at a restaurant. Many restaurants painstakingly pair food and wine offerings and invest significantly in well-stocked wine cellars.

However, when celebrating a special occasion or trying to impress a potential business client, a diner may prefer to bring his or her personal bottle(s) of wine to a restaurant. Once looked upon with disdain by restaurant owners, many now offer this accommodation, typically at a charge.

This "corkage fee" is not necessarily an arbitrary policy to discourage diners inclined to enjoy a personal bottle of wine. Rather there is an underlying business logic. Restaurants typically work on tight profit margins. The food portion of a meal yields a thin margin. It is common knowledge that overall profitability lies

in the beverage menu. Few are willing to forego the profit in marking up wines to double or triple their cost.

Many restaurants have adopted corkage fee policies in recognition of exceptional dining occasions. In most instances, the fee is designed to cover the cost of the service required to present and serve a consumer's personal bottle of wine. Some peg their fee to the cost of a lower-priced bottle on their wine list.

Here are several guidelines to follow if you have been saving a special bottle of wine to celebrate with a restaurant meal.

1. Always call ahead to inquire of the restaurant's corkage policy. Rather than simply show up with that special bottle, it is always preferable to avoid a potentially uncomfortable situation.

2. If you plan to order additional bottles from the wine list during the meal, let the restaurant know this when inquiring. This will partially compensate the restaurant for the loss of a sale; many will waive their corkage fee.

3. Don't embarrass yourself by showing

You Heard It Through the Grapevine

up with a wine that's already on the wine list. Check the online list ahead of your visit, or call ahead to double-check.

4. Don't further embarrass yourself by showing up with a wine of

less value than wines at the low end of the wine list. A restaurant is accommodating you on the premise that this is a special occasion or a special bottle. That \$12 bottle you had with pizza last Friday is an insult to the wine director who has meticulously crafted a wine list that represents the chef's carefully prepared and paired menu.

5. Share your good fortune. Offer the sommelier and waiter a taste of that special wine. It will usually guarantee the same stellar service you would receive if you were ordering an expensive bottle from the list. These folks work on the generosity of customers' tips. A shared taste of a memorable wine helps assuage their monetary loss.

6. Speaking of tipping, remember that wine service is the same regardless of the source of the wine. I usually tip based on the average price of a wine that I would otherwise have ordered from the wine list if it were not a special occasion.

While most restaurants have a corkage fee policy, in New York City at least 50

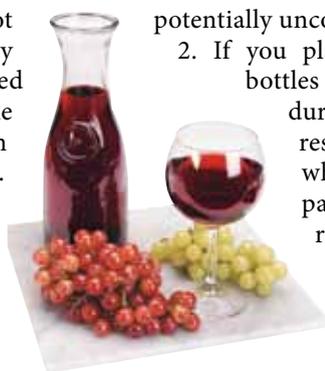
restaurants have blanket or one-night corkage fee waivers. Certain restaurants charge no fee but limit the number of bottles allowed. Others charge minimal fees between \$10 and \$25.

Still others charge according to their stature. If you're intent on bringing your own bottle to the highly acclaimed Eleven Madison Park, be prepared to pay \$65. Per Se charges a whopping \$150 for the privilege of not ordering wines from one of the most expensive wine lists in Manhattan.

Several Westchester restaurants have reasonable corkage fee policies, although they are rarely publicized or in print. Call ahead. On certain nights, corkage fee policies may be waived. Campagna at Bedford Post Inn in Bedford waives its fee every Wednesday night.

In 2015, there is no reason to compromise on a wine to accompany your meal. Avail yourself of knowledgeable sommeliers' wine lists – or simply BYOB.

Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted wine tastings and lectures. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine,



Back-to-School Tips for Healthy, Happy Kids

As the school year begins, parents need to keep in mind that healthier children are happier children. Below, I offer several tips to help parents keep their kids healthy during the school year.

Rest

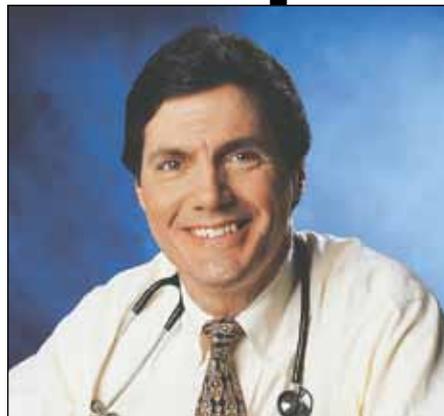
Adequate rest cannot be overemphasized once school begins, particularly in light of earlier school start times. Try not to overbook children with activities, especially younger children. Inadequate rest can lead to lowered resistance and increased susceptibility to illness.

Safety

Parents should review and encourage bus safety for children who ride, and safe driving for adolescents who drive to school. Regular stretching is a must for all of us, and especially for kids involved in athletics. One significant muscular strain can be a season-ending injury. Finally, let's take good care of our backs. Encourage your children to wear both straps of their backpacks for symmetry and posture. If they use one-strap saddle book bags, or athletic bags for gear, they should alternate sides daily.

Nutrition

Three meals a day remains the advice of nutrition experts, and breakfast is a must. Provide a good balance of all food groups. A great, performance-boosting



Dr. Peter Richel
Chief, Pediatrics
Northern Westchester Hospital

"brown bag" lunch includes lean protein, such as grilled chicken, paired with a low-fat dip like honey-mustard; low-fat cheese and whole wheat crackers; a low-fat yogurt cup; carrot sticks; and a piece of fruit. Keep snacks as healthy as possible, and it is very important to encourage kids to drink water, especially in the warmer months and if they play sports. Don't underestimate the impact of eating meals together as a family. It promotes closeness and gives parents the opportunity to model nutritious eating habits.

Exercise

Both children and adults should exercise daily. Technology is a blessing but we are wise to limit the amount of time

that we allow our children to spend with computers, television, and video games. We should all take time daily to increase our heart rates with aerobic exercise, such as a brisk walk. Committing to regular exercise is an opportunity for family activities and a great example for our children to follow into adulthood.

Reading

Just as we exercise the body, we should exercise the brain. Reading is required for school, but we need not stop there. Encourage as much leisure-time reading as possible. Read to and with young children; older children can choose books based on their interests. Consider visiting a local book store or library, many have a place to sit comfortably and look at books with your child. Make it an outing, and not just for rainy days.

Music

I strongly suggest that parents make music a part of their child's life. Music lets kids express emotions that are often not elicited otherwise. I recommend singing and learning to play an instrument for all children.

Communication

It is imperative that we always keep the lines of communication open with our children. Encourage your kids to share what might be making them anxious or causing them stress as well as their accomplishments and any cool or exciting

things that happened during the day.

Children should do their own homework (not parents) but we can offer guidance. Over time, try to instill in them a sense of responsibility as students, so kids realize that their education is their "main job." Avoid excess pressure, as this can be counterproductive. Don't demand perfection and try not to compare them to siblings or friends; instead, encourage a child to do their best. Remember, each child is an individual, and need not feel pressure to do all things, or to do all things well. Students who achieve success as scholars, athletes and musicians feel good about themselves.

Peter Richel, MD, FAAP is Chief of Pediatrics at Northern Westchester Hospital. He is a member of Westchester Health Associates and has practiced on Smith Avenue in Mt. Kisco since 1990. Dr. Pete has authored "Happy and Healthy," a book on wellness in the first year of life, and produced a CD of children's songs called "Welcome to Dr. Pete's Office." Both of these are intended to educate and entertain children and their families.

Dr. Pete, as he's fondly known, has received numerous recognitions including: Castle Connolly Top Doctor, Top Pediatrician by The Consumer's Research Council of America and honored with Patients' Choice Awards and Compassionate Doctor Awards.

Obituaries

Robert Michael Erving

Robert Michael Erving died peacefully at his Mahopac home surrounded by his loving family on Thursday August 13 after a 2 year battle with ALS. He was 70. He was born in Brooklyn on February 16, 1945, the son of Charles and Cecelia Fagan Erving. Robert served in the US Army during Vietnam. He was a detective in the NYPD working out of the 88th precinct in Bedford-Stuyvesant. He retired in 1987. On October 14, 1967 he married Lois Gambino at Our Lady of Perpetual Help Church in Brooklyn. In addition to Lois, he is survived by his daughters, Karen Schiera and her husband Bob, Victoria Israel and her husband Erik and Patrice McNerney and her husband Terry, his brothers Joseph, Charles and Vincent, his sister Carole Mannino and his grandchildren, Robert, James, Nicholas, Kimberly, Daniel, Zina, Julia and Timothy.

Charles Lamb

Charles Lamb 68, of Lake Carmel, died on August 15. Mr. Lamb was born on September 11, 1946 in the Bronx to Robert and Margaret (Moran). On April 17, 1976 he married Sondra (Bocchino) in Carmel. He served our Country during the Vietnam War as a Staff Sergeant in the Army. He is

survived by his two loving sons Charles and his wife Marisa and Robert, his 7 siblings Helen Sotomayer, Patricia Sampson, Roberta Sotomayer, Kathleen Fanzo, Anne Lamb, Patrick Lamb, and Eileen Lamb. He is also survived by a cherished grandson Tristin Lamb. He is also survived by many beloved nieces and nephews. He is predeceased by his wife Sondra, son Matthew, and sister Margaret Lamb. Visiting will be held on Tuesday from 2 p.m.-4 p.m. and 7 p.m.-9 p.m. at Cargain Funeral Homes, Inc. 10 Fowler Avenue, Carmel. A Mass will be held on Wednesday at 10 a.m. at St. James the Apostle Church 14 Gleneida Avenue, Carmel. Interment to follow at Raymond Hill Cemetery. In Lieu of flowers donations can be made to St. Jude's Children's Hospital.

Theresa A. DeMarchi

Theresa A. DeMarchi, 31, of Carmel, died suddenly on August 15, 2015. Ms. DeMarchi was born on January 29, 1984 to Thomas and Carrie (Torlish) DeMarchi in Carmel.

Theresa graduated from JFK in 2002 and went on to become a Dental Assistant. She was a member of both St. James The Apostle Church, in Carmel, NY and St. John's the Evangelist Church, in Mahopac. She is survived by her loving parents Carrie and Thomas DeMarchi,

her cherished daughter Gabriella T. Rodriguez, her beloved fiancé Eduardo Rodriguez and her three beloved siblings; Matthew, Andrea and Thomas.

Chet Derr

In his home, surrounded by his loving family, Chet Derr, age 95, of Brewster, died peacefully on August 15. Born on March 15, 1920, in Wilmington, DE, Chet was the son of the late Olin Derr and Emily Hand Derr. On May 29, 1943, Chet married the love of his life Jane Collingwood in Northfield, Vermont. He graduated from the University of Delaware with a degree in chemistry and was a B-29 bomber pilot in World War II. He worked for over 50 years in the chemical and plastic industries. For 25 of those years, he worked at American Optical as a polymer chemist, where he was granted patents for improving the manufacturing process. Chet lived most of his life in his beloved 200 year old home in South Woodstock, CT. He was a master craftsman and inventor and worked tirelessly to restore his home, often late into the night. Chet also loved gardening and stamp and coin collecting. But most of all, he loved his family and we will remember him for his kind, gentle ways, always with a smile and a thank you. Chet is survived by his loving daughters Linda McGrath

and husband Michael of West Chester, PA, and Jane Monahan and husband Bob of Brewster, NY, his son Chet Derr III and wife Jo Ann of Swampscott, MA, his cherished eight grandchildren, seven great-grandchildren and two great great-grandchildren. Chet was predeceased by his wife Jane, his grandson Douglas McGrath, his sister Barbara Chenoweth and brother John Derr.

William C. Stevens

William C. Stevens 92, of Stormville, died on August 20. He was born on January 27, 1923 in South Hampton to William and Clara (Druss) Stevens. Mr. Stevens was a graduate of The City College of New York and The Stimson School of Aviation. He worked as a Mechanical engineer for many years, but his passion was for aviation. He worked as the Lead Airline Mechanic for United Airlines and was the Chief Inspector for El Al Airlines which included a two year residency in Israel. He and his family were among the founders of The Mohegan Colony Association where he lived until 2005. He was pre-deceased by his beloved wife Florence H. Stevens. He is survived by his two loving daughters Martha and Joanne Stevens. He is also survived by his sister Mary Simpson and two cherished grandsons Dean Hicinbothem and Jason Van Schaften .

Happenings

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Nikki Gallagher at nikki@theexaminernews.com

Art on Display:

The Vision of One, The Power of Two, Champions of Millions. August 29 through November 8, 2015. The Riverside Galleries at Garrison Art Center

Passing Storms & The Evolution of Shape: September's Exhibits at Gallery 66 NY involves our Environment through two exhibits: "Passing Storms" and "The Evolution of Shape." "Passing Storms" features painter Rick Thurston and photographer Gregory Martin. Dates: September 4 - September 27, 2015

Upcoming Defensive Driving Classes:

Saturday, September 12

Defensive Driving at Kent Library. 9 a.m. to 3 p.m. at Kent Public Library at 17 Sybil's Crossing in Kent Lakes. Receive up to a 10 percent discount on you motor vehicle collision and liability insurance premium for up to three years, and up to a four-point reduction on your driving record. This class is offered by DigitalDefensiveDriving.com. The cost is \$40, with a portion benefiting the library. Registration is required at www.kentlibrary.org or call 845-225-8585.

Saturday, September 26

Putnam Valley Parks and Rec. New York Safety Class. Given by Cummings Safety Benefits - Get a savings of 10% on your car insurance (collision and liability) for three (3) years; and reduce up to 4 points on your license. Classes are one day, with no tests.. * You can now take this class on-line @ NYSP.com. Go to promotions and type in code # RCS35. The cost for this is \$35.00. This is a savings of \$14 over the regular on-line fee. Cost is - \$35. Classes are held at Putnam Valley

Town Hall. FMI: 845- 526-3292.

Cancer Support Available:

Support Connection, Inc., a not-for profit organization that provides free, confidential support services for people affected by breast and ovarian cancer, offers a wide range of free support groups women with breast and ovarian cancer. Groups focus on topics pertaining to living with cancer through all stages of diagnosis, treatment and post-treatment. They are offered in Westchester, Putnam and Dutchess, and by toll-free teleconference. For a complete calendar of groups at all locations, visit www.supportconnection.org. Advance registration is required for all groups; call 914-962-6402 or 800-532-4290.

Save the Date:

Saturday, September 12

Oktoberfest Time: At the German American Social Club - Under a GIANT Party Tent - Rain or Shine. Featuring LIVE Bands: "The Alpine Squeeze" Sat Sept 12th & "Die Schlauberger" Sun Sep 13th. Come to a relaxing country setting in Putnam Valley to enjoy Live music & a variety of German & American foods, along with imported beers, Viennese Cafe & Oktoberfest pretzels. There will be activities for the kids & a free bouncy tent too! Indoor clubhouse bar, Free ample parking, ATM on premises. 1 p.m.-8 p.m. Adults \$10, children under 14 Free with an adult. More info: www.gac1936.com Please no outside food, drink or coolers

Eat Smart Restaurant Week returns from September 27th - October 11th. Enjoy delicious and healthy meals that are

low in calories, fat, and salt at participating restaurants during the two-week period. Over 40 local food establishments are planning to participate, according to the Putnam County Department of Health, which partners with the eateries. For more information and the list of participating restaurants visit <http://www.putnamcountyny.com/lhp/esrw/>.

Ongoing Tuesday's

Living Well Workshop: Learn ways to manage and gain control of ongoing health conditions in this informative workshop developed by Stanford

University. The program provides information for people suffering from any type of chronic condition such as COPD, pain, depression, thyroid conditions, and others. The next workshop will be held Tuesdays 9/8 - 10/15 from 9:30 a.m. - noon at the Putnam County Emergency Management Building, 112 Old Route 6, Carmel. The Living Well Workshop is sponsored by the Putnam County Partnership for Evidence-Based Programs. Please call Mary White at 845-808-1734 for more information or to register

Board Applications:

Putnam Community Action Program (CAP) is accepting applications for its Advisory Board. Anyone interested in learning more about this opportunity should contact Judy Callahan or Marisa O'Leary at the CAP office on 845-278-8021. The Advisory Board works with the staff on fund raising and special programs which benefit the local community. Elections for the 2015-2016 year will be held at the September meeting, on September 10, 12:30 p.m. at Cornerstone Park in Carmel.

Tuesday, August 25

The Arts at Putnam Arts Council this fall: Classes in the visual and performing arts for adults, teens and kids - classes for all levels and interests offered days, evenings, weekends and after school. Learn to paint, draw, sculpt, photograph, photoshop, dance, sing, play piano, yoga. Exhibits - emerging and emeritus multigenerational show, annual juried fine arts show. Events - connect, a visual arts forum for artists. sundays at the center - framing, floral design, jewelry remade, film processing, photograph your children. - Private lessons. Gift shop and more. Classes and workshops start week of September 28 - register on line, via mail, in person or call 845-803-8622. www.putnamartscouncil.com

Healthy Eating: The Kent Public Library is delighted to have Indrani Djar MS, RD, CDE from Putnam Hospital Center, Supervisor of Clinical Nutrition presenting "Healthy Eating and Creating Good Habits from the Start". 6 p.m.-7 p.m. Attendees will be asked to share one healthy snack idea that they and their children love. Together attendees will create a list full of healthy snacks and meals. With school right around the corner, don't miss this chance to learn of new, healthy and creative snacks to send with them to school or enjoy at home! This program is for adults. Registration is required. You may register for the program by going to www.kentlibrary.org or calling the Kent Public Library at 845-225-8585. The library is located at 17 Sybil's Crossing, Kent Lakes.

Wednesday, August 26

Better Reads Book Club at Kent Library: Robert Spring will lead a discussion of "Not With a Bang But A Whimper" by Theodore Dalrymple. 11 a.m. Kent Public Library. Participants in this adult book club will be encouraged to share their interests and appreciation for historical, biographical, travel and other serious literature. The "Better Reads Book Club" will be held on the fourth Wednesday of each month, and will be facilitated by George Baum. Registration is required. Call the library at 845-225-8585 or go to the library web page at KentLibrary.org for more information or to register.

SNAP talk at the Kent Library: Have you heard of Supplemental Nutrition Assistance Program (SNAP)? Do you know what it is? Do you know if you qualify? Do you know of someone who could qualify? Find out all about SNAP at the Kent Public Library. 6 p.m. to 7 p.m. The Kent Public Library is hosting a few local experts from the Catholic Charities Community Services, located in Brewster, who are trained in SNAP guidelines and regulations. They will give a fun, exciting and educational presentation. Have a good time, win a few prizes and walk away informed. Registration is required. You may register for the program by going to www.kentlibrary.org or calling the Kent Public Library at 845-225-8585. The library is located at 17 Sybil's Crossing, Kent Lakes.

Friday, August 28

Salsa Legend Tito Nieves Heats up the Paramount Stage: 8 p.m. Description: Celebrated Salsa legend, Tito Nieves, began his career while participating in Cimarron, a New York-based orchestra. He then teamed up with Héctor Lavoe in 1977 and joined Conjunto Clásico soon after. Starting his solo career in 1986, Tito set himself apart by singing salsa in English and Spanish. Among his key albums are 1988 s Classic, 1989 s Yo Quiero Cantar, 2004 s Fabricando Fantasias, and 2006 s Hoy, Manana y Siempre. He became a chart-topper in 1997 with the songs "I Like It Like That" and "I'll Always Love You." Tickets are \$40, \$50 or \$60 each including all tax and fees. You can purchase tickets in-person at the Box Office, over the phone at 914-739-0039, or through our website at <http://paramounthudsonvalley.com/events/event/tito-nieves>.

Saturday, August 29

Photography Workshop in the Great Swamp with Lonna Kelly, professional photographer. 8 a.m. to 10 a.m. Registration (\$30/person) and camera required. Workshop limited to 12 people. Exciting location will be disclosed to participants upon registration. Please call 845-270-0538 and leave message with phone number.

Crossword Answers

1	D	E	W		4	X	E	S		7	H	A	G
10	E	T	H		11	R	X	S		12	O	R	R
13	A	N	I		14	A	I	A		15	T	O	O
16	D	A	R		17	C	Y	S		18	A	U	G
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22	A	C	C		23	R	A		24	25	H	A	R
26	G	O	L		27	E	R	G					
28	L	E	A		29	A	L	S		30	A	C	E
33	E	R	R		34	P	S	I		35	G	O	D
36	A	C	E		37	E	T	C		38	E	R	G
39	M	E	T		40	A	S	H		41	D	A	Y

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LEGAL NOTICE

Notice of Formation of Joanne Smith Travel, LLC. Arts. Of Org. filed with SSNY on 07/06/15. Office location: Westchester County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to William J. Florence, Jr., Esq., One Park Place, Suite 300, Peekskill, New York 10566. Purpose: any lawful act or activity.

Notice of Formation of Journey Support Practices LLC, Arts of Org. filed with Sect'y of State of NY (SSNY) on 8/13/2015. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served, SSNY shall mail process to: 222 Bloomingdale Rd, Ste 116, White Plains, NY 10605. Purpose: any lawful activity.

NEW YORK STATE DEPARTMENT OF ENVIRONMENTAL CONSERVATION NOTICE OF COMPLETE APPLICATION DATE: 08/18/2015 Applicant: **LAURIE MARCH** Facility: **MARCH PROPERTY 9 SNIFFEN RD ARMONK, NY** Application ID: 3-5538-00208/00001 Permit(s) Applied for: 1 - Article 24 Freshwater Wetlands Project is located: In **NORTH CASTLE in WEST-CHESTER COUNTY** Project Description: The applicant proposes approximately 350 square feet disturbance of the regulated adjacent area (AA) of Freshwater Wetland K-23 to hand dig a small sump and channel between a stormwater outfall and the wetland at 9 Sniffen Road, to reduce local flooding and water back-up at the outfall discharge point. Availability of Application Documents: Filed application documents, and Department draft permits where applicable, are available for inspection during normal business hours at the address of the contact person. To ensure timely service at the time of inspection, it is recommended that an appointment be made with the contact person. State Environmental Quality Review (SEQR) Determination Project is an Unlisted Action and will not have a significant impact on the environment. A Negative Declaration is on file. A coordinated review was not performed. SEQR Lead Agency None Designated State Historic Preservation Act (SHPA) Determination A cultural resources survey has been completed. Based on information provided in the survey report, the New York State Office of Parks, Recreation and Historic Preservation (OPRHP) has determined that the proposed activity will have no impact on registered or eligible archaeological sites or historic structures. No further review in accordance with SHPA is required. DEC Commissioner Policy 29, Environ-

mental Justice and Permitting (CP-29) It has been determined that the proposed action is not subject to CP-29. Availability For Public Comment Contact Person Comments on this project must be submitted in writing to the **Contact Person no later than 09/10/2015 or 15 days after the publication date of this notice, whichever is later.** **JEAN V MCAVOY NYSDEC 21 S Putt Corners Rd New Paltz, NY 12561 (845) 256-3054**

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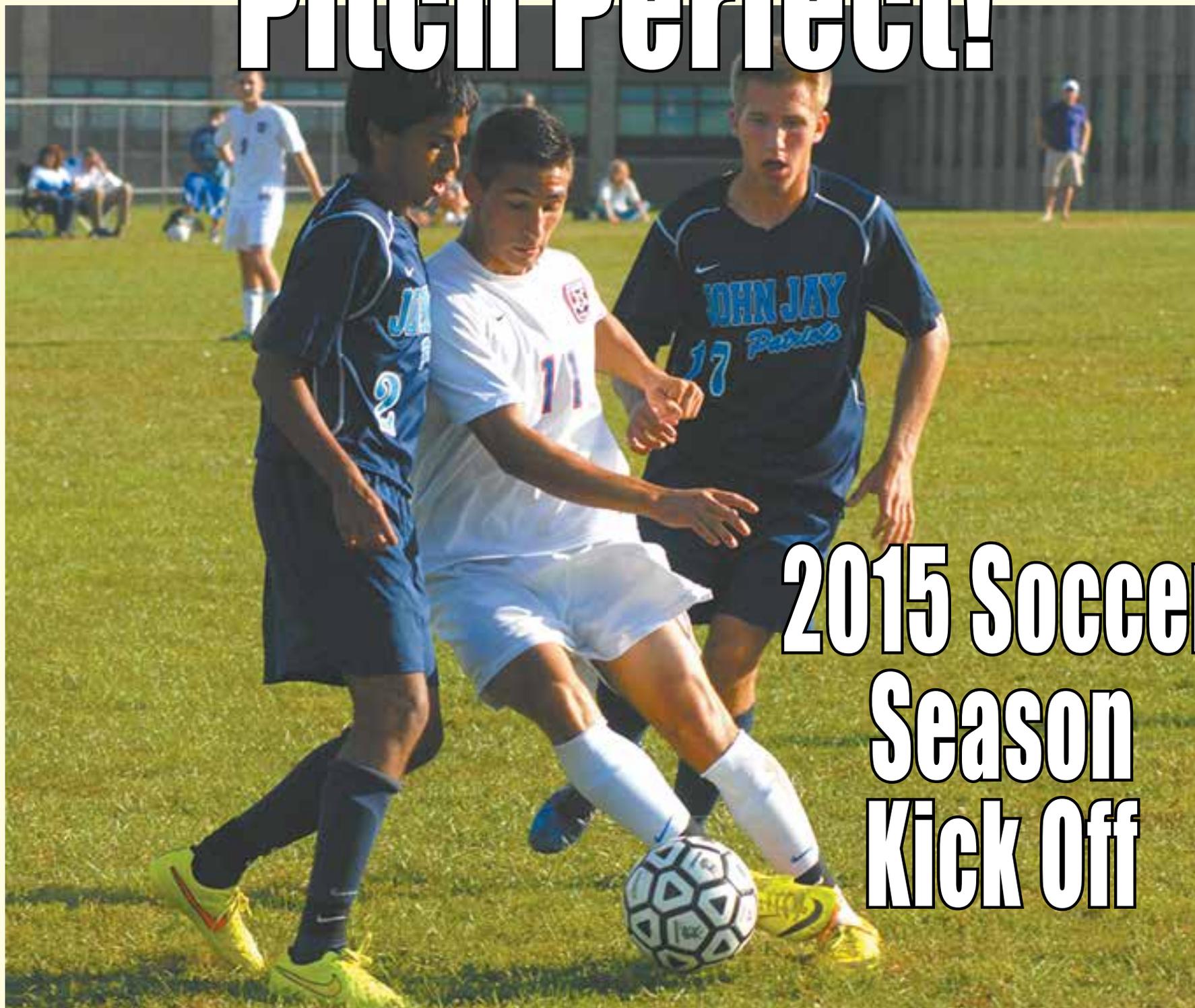
The Putnam
Examiner
Sports
Covering Putnam County and Northern Westchester Sports

August 25-August 31, 2015

SMALL NEWS IS BIG NEWS

SPORTS SECTION

Pitch Perfect!



2015 Soccer Season Kick Off

RAY GALLAGHER PHOTO

Soccer players throughout the Northern Westchester/Putnam County region, including Carmel M Nicholas Fusco (11), had taken to the local pitch last week in the hope of increasing the necessary skill sets to compete against the best of the best in Section 1, including defending Class AA champion John Jay EF, Class A champion Byram Hills, Class B heavy Rye Neck and reigning Class C champion Solomon Schechter. Class A runner-up Yorktown will bump back up to Class AA with Mahopac and Carmel while Somers, Hen Hud, Peekskill, Brewster, Panas and Lakeland will vie for Class A supremacy as Class B Putnam Valley and Class C Haldane work the small school circuits... see Soccer Notebook

Sports

Boys Soccer Notebook

Class A Runner-up Yorktown Seeks Similar Fortune in Class AA

Somers, Lakeland Expect to Challenge Byram Hills for Class A Crown

By Ray Gallagher
Examiner Sports Editor
@DirectRays

If you've been somewhat removed from the Section 1 soccer circuit for whatever reason the past decade or so, you should know it's been all about Byram Hills on the Class A soccer front for much of the past 10 years; what with the Bobcats owning five of the last 10 Section 1 titles. That doesn't sit well with Lakeland, which fancies itself a regular heir to the throne, but has come up far too short in recent seasons. Nor does it sit well at Somers, which hopes to be among the last two standing in late October.

Last year, both Somers and Yorktown stepped up to make for a memorable Class A semifinal whereby the Huskers advanced to their first sectional championship since the early '90s after a 1-0 semifinal win over the Tuskers. Lakeland was nowhere to be found after a 1-0 playoff loss to Somers, and the big green and gold hype machine was prematurely shut down. Yorktown went on to suffer an overtime defeat at the hands of Byram Hills in the Class A championship, but the Huskers won't have a chance to avenge that loss this season as they move to Class AA.

The 2015 season promises to be full of surprises, but attaining a championship will be anything but easy.

CLASS AA

YORKTOWN comes off its best season since the early '90s. Coach Ed Polchinski's Huskers moved down to Class A soccer



RAY GALLAGHER PHOTOS

Hen Hud's Migolito 'Flow' Perez will open eyes with an array of skills.

for one season and made the most of it after turning in a 7-8-1 regular season. Yorktown returns some of its academy players that sat out last year, which will really help as they go back into the gauntlet of AA.



Somers' Jack Maher (3) will be featured prominently by the Tuskers in 2015.

Two of these academy players are cousins of All-Section Lakeland stud Johnny Denis, who will not be playing his senior season in Section 1, having been beckoned to the Academy level (USMNT U-17 soccer team and will be moving to Florida). His talented cousins, who had a very nice summer league for Yorktown, are Enzo Sangiacomi and Giuliano Santucci. Yorktown also returns a legit goal scorer in spirited Marcello Spiniello, who brings a whole more than just pizzazz. Yorktown might not have enough to contend with the powers that be in Dutchess County when it comes to a sectional title, but the Huskers should be explosive enough to make some real noise this fall while contending for a league title. Defending

sectional champion John Jay EF and Arlington are usually the teams to beat, but runner-up Mamaroneck is also in the mix.

MAHOPAC has had a good stretch of soccer the last five years, but for the last three years the Indians' defense was their strength. With All-Section keeper Mike Bernardi having graduated, the shoes to fill are immense. Bernardi didn't just stop

shots, he triggered the attack with booming clears and

led by an example that will be sorely missed. Coach Jim Gencarelli will turn to Alin Basuljevic, Christain Shkreli, Tom Wilson, Conor Walpole and Aidan Hynes -- all veteran seniors who got major run last year -- to impact the team this year.

"Both Tom Wilson and Alin Basuljevic have been on the varsity for three years," Gencarelli said. "The rest of our seniors will play an equally important role on the team, not only on the field during game play, but as leaders the younger players can learn from. We have a lot of quality players that have come up through our JV program. Our JV Coach, Greg Fitts, does a great job preparing them for the varsity. We have a quality group of athletes who are ready to work hard and push each other to get better every day. We are taking a one game at a time approach, but our main goal is to get back to the Section 1 playoffs."

Mahopac will have some major issues trying to replace All-Section keeper Bernardi. The Indians played two goalies between the pipe this summer, including Jeremy Carrol and Harry O'Shea.

Basuljevic, the brother of Georgetown star Arun Basuljevic, should be the team's top scoring threat this fall. Arun, who only played one year of high school soccer at Mahopac due to academy restrictions, was just named the rookie of the year in the Big East at Georgetown.

Mahopac has an uphill battle this fall, especially with the league they will play in,



Mahopac's Alin Basuljevic is poised for a breakout campaign.

facing Dutchess powers Arlington, RCK and John Jay EF, plus rival Carmel.

CARMEL will deal with the loss of All-Section playmaker Sebastian Lopez, who carried the offense. Senior goalie Brian Sposato enter his second full year between the pipes after being a JV call-up his sophomore year. The Rams, under second-year Coach Keren Larkin, hope to turn the corner and contend, but doing so in a league that includes rival Mahopac and the Dutchess trio makes it very tough.

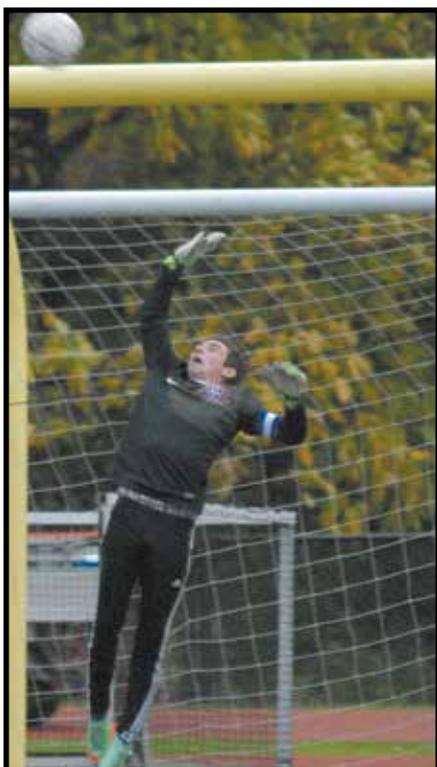
CLASS A

It starts and ends with Byram Hills. The Bobcats are the defending Class A champ and they return three academy players who did not play last fall, so the rich got richer and appear to be the class of Class A this season as they seek a fourth title in seven years. Pearl River, which went undefeated in the regular season in 2014, returns its entire attack but will need to replace the defense. These two teams look like the teams to beat this season.

Eastchester, Lakeland, Somers, Tappan Zee and Rye are all in the next tier of teams in Class A, with Keio in the mix as well, as the Unicorns are always a few good transfer students away from being a top flight team.

LAKELAND returns only six seniors from last year's team and only four guys who got starts in the majority of games. The Hornets will have a younger feel to the lineup in terms of minutes played, but the junior and sophomore class is as talented as it has been in a while.

Lakeland will look to fill the void of the 31 goals lost from Johnny Denis, who got the Academy call, with a bunch of different guys. Junior captain Nick Foci (his brother Danny was the keeper on 2006-07 section finals teams), and junior captain Matias



Carmel goalie Brian Sposato will be the anchor of the Ram defense.

Sports

Boys Soccer Notebook



Lakeland's Matias Prando is ready to serve notice.

Prando (the cousin of Gonzalo Prando, who was best player on the 2011 sectional championship team) will be the two guys Coach Tim Hourahan relies on for much of the scoring punch.

Sophomores Dhruv Girgenti, who played in every game last fall as freshman forward on varsity team, and Arben Hoxhaj will need to come of age quickly.



Yorktown's Marcello Spiniello should provide the impetus to the Husker attack.

Hoxhaj led the JV team in goals scored as an 8th and 9th grader and will be asked to make quantum leap to score on the big stage this year. Junior captain Jordan Fein will roam the central midfield and be the playmaker, pulling the strings of the attack. Another stud sophomore, Kyle McHale, played in seven varsity games last fall as freshman and will also get a ton of time in central mid.

The defense will be led by senior captain Devin Gergenti, who has played major minutes on the team last two seasons. He will be helped by other another senior, Aidan Sabert, as the main center backs

"Most of our age will be in the back and our talented and skillful sophs and juniors will look to fill the nets," Hourahan said.

Lakeland may not have enough to knock off Byram Hills in the end, but the Hornets have maintained their status as a Class A mainstay for much of the last 25 years.

SOMERS defeated Lakeland 1-0 in the quarters last year despite being outshot 18-2. Somers will be a very strong on the back line this fall. Last fall, Coach Chris Pietris'

unit leaned on that side of the ball as they made games difficult on their opponents via a stingy defense, which included the likes of Jack Maher, Anthony Smajlaj, Colin Murphy and Luke Bugoni, who all return this season with an eye on getting Somers back to its first championship appearance since going back-to-back in 2010.

BREWSTER went 9-8-1 and won its outbracket game before losing to Keio in the first round of the playoffs.

PEEKSKILL had a tremendous round of 16 sectional win last fall vs. Keio, and have a flat out stud in the way of junior Oswald Annang. A natural scorer, kids in Section 1 simply call him "OZ", so be sure to have him on your radar. No one is quite sure how Peekskill will fare this season, but they were moved out of its league to a more "appropriate" league, which should help the Red Devils gain more wins in the regular season against the likes of Pawling, Arlington B, Put Valley, Peekskill and Haldane.

PANAS first-year Coach Jamie Stroffolino has some work to do, providing some stability at the top would surely help as the Panthers welcome their fourth new coach in 11 years. After losing to Yorktown in the Class A outbracket last season, Panas' top returnees include Hassan Muhammad (Sr., FW), Chris Sheehan (Jr., MF/FW); Rob Rohan (Sr., MF) and Jonathan West (Jr., GK).

CLASS B

PUTNAM VALLEY had a pretty solid 2014 by its standards and will be led by a talented trio this fall. Max Martins, probably the Tigers' most technical player, will feast at central mid. Seniors Anders Spittal and Harrison Deegan are the top two athletes on the team and both should bloom this fall.

PV is hoping to continue its path toward respectability. Third-year Coach Craig Glenn has as much athleticism as any Tiger team has ever had, and he expects to see continued improvement in what he returns, including senior captain Spittal, a four-year vet and two-time All-Leaguer with an All-Section skill set that might secure an All-Section nod in 2015 for the center middle.

"Anders can play anywhere, but prefers scoring," Glenn said.

Senior captain Harrison Deegan is another four-year veteran who can play anywhere on the field.

"Harrison can play anywhere, but has recently wanted to play defense to help the team," Glenn said of his sweeper. He is a threat to score as well."

Senior captain Max Martins is a third fourth-year member and perhaps the most technical payer on the club.

"Max is a great playmaker, and is very smooth on his passing," Glenn said.

Seniors Nick Tortorella and Robert Phillips each has two years on varsity and

a ton of know-how.

The Valley has several young impact players on the scene as well, including Alec Irving (soph), Christian Lopez-Ramos and newly added Emilio Sanchez (freshman), who hope to turn around a 5-11 finish last season.

"Some of these new players have been playing on Division 1 teams locally out of season, and have added a lot of skill at our offensive side," Glenn said. "Our goal is the same every year, to play better than the year before. We have progressed so much in two years, making sectionals two years in a row. We would love a league title, and to go far in sectionals. The players want to end the season as the best team PV has ever had. This could be the year our offense shows their talent."

This could actually be the year when the Tigers secure the respect they yearn for, playing with the toughness instilled by Coach Glenn, a former All-Section wrestler and soccer stud at Panas in the mid-90s.

CLASS C

HALDANE Coach Ahmed Dwidar has the Blue Devil program year in and year out ready to go for the sectionals. He has graduated a slew of talent and with



With 12 years of varsity experience behind them, Put Valley's Max Martins (L), Anders Spittal (C) and Harrison Deegan (R) will lead PV on the pitch.

North Salem joining Class C this season, his job has gotten a lot tougher. Haldane will be led by Danny Heitmann, a speedy forward. His older brother, Ramsey, was an All-Section performer last fall, and Danny hopes to fill those shoes in 2015. North Salem will drop a class and look to push Haldane and defending champion Solomon Schechter for the Class C title after many competitive years in Class B. When North Salem was previously in Class C, it dominated.

ANNOUNCEMENT: Boys' and Girls' Soccer coaches are encouraged to send all box scores and any pertinent information regarding the student athletes' success to raygallaghersports@gmail.com by Sunday evening for inclusion in the Examiner's weekly Soccer Notebook.

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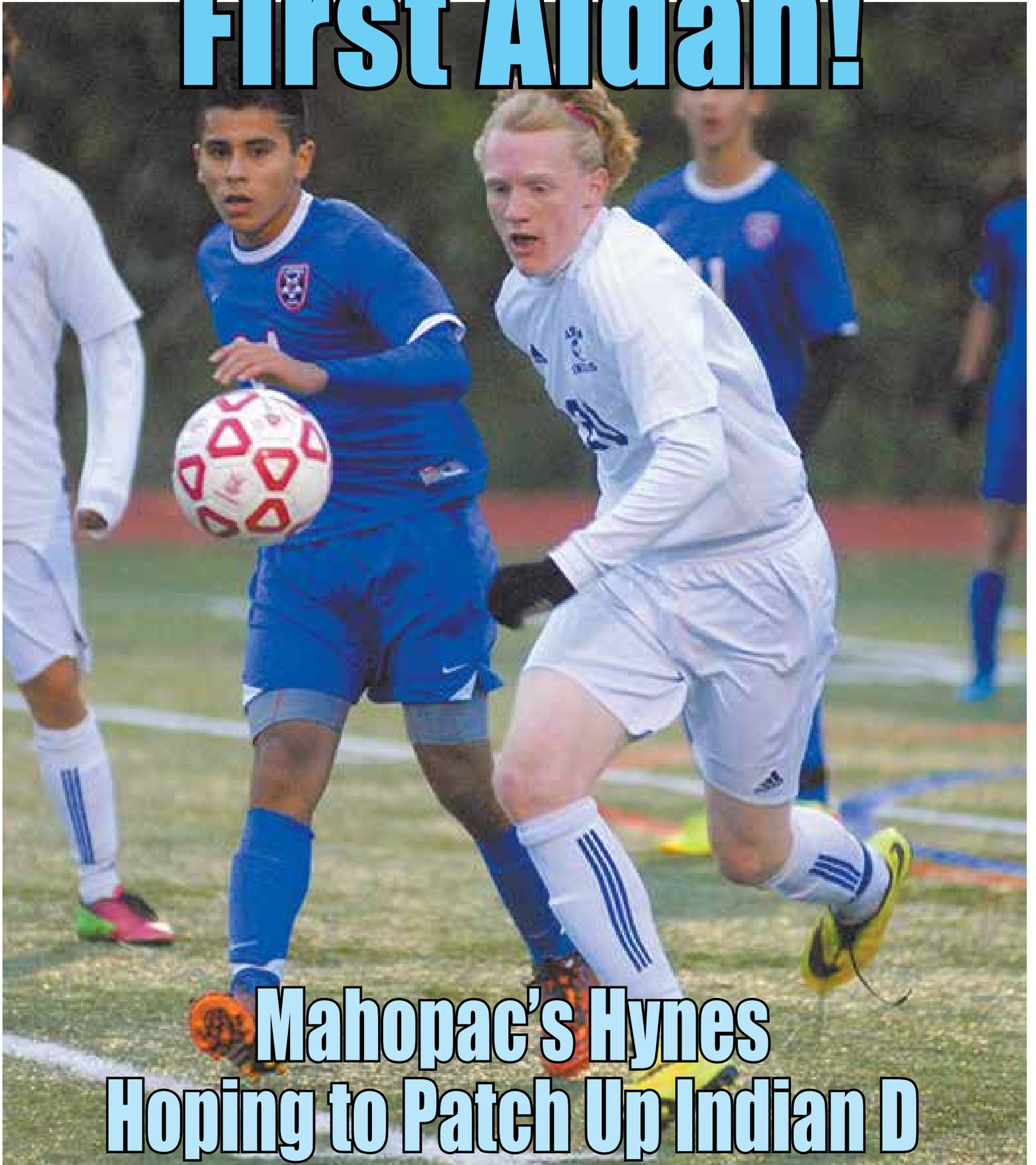
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Mahopac's Hynes Hoping to Patch Up Indian D

RAY GALLAGHER PHOTO

Mahopac senior Aidan Hynes (R) will need to lead a depleted Indian defense that hopes to patch the hole in goal without the services of All-Section keeper Mike Bernardi. The Section 1 boys' soccer season kicks off in earnest on August 31st when Somers visits Brewster and at a pitch near you... see Soccer Notebook