



October 20 - October 26, 2015

SMALL NEWS IS BIG NEWS

Volume 7, Issue 343

Concern Rising Over County Retirees Paying More Toward Healthcare

By David Propper

Already expensive health insurance costs continue to rise, seemingly leaving everyone with a hefty price tag. For many retirees in Putnam County, they might feel more of that healthcare cost crunch starting next year.

Attached to the 2016 proposed budget, but only coming to light last week, the

county executive administration is seeking to have more than 300 retirees pay a larger sum of money into their health insurance provided by the county each year, which left union representatives and a handful of retirees concerned and critical of the county's possible plan during a budget review meeting last week with legislators.

Department of Finance Commissioner Bill Carlin noted retiree health insurance is "the biggest cost issue that the board faces" and it's a problem that has dragged on and worsened for years. Costs have risen more than eight percent in past years, making it unsustainable for the county to fund 92 percent of the health care costs, advocates for the increased contribution from retirees argue.

From this year to next fiscal year, the cost of retiree health insurance would go from \$4.3 million to \$4.7 million, so in turn the county is looking to get an increased contribution from some retired county employees from \$357,000 to \$759,000.

Because of that increased costs handed

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Putnam Valley Budget Could Bust Tax Cap Again

By Arthur Cusano

Putnam Valley may not meet the state property tax levy cap again next year, but not from a lack of effort on the part of town officials.

Under the New York State Tax Cap formula, the town's adjusted tax increase cap for next year is .73 percent.

At the Oct. 14 board meeting, town board members lamented that state mandates have bumped the tax increase up to 2 percent even before any town spending increases.

"If we have a zero percent increase, we're still 4 percent over the cap," said Supervisor Robert Tendy. "It has nothing to do with us."

Director of Finance Maria Angelico told board members that the planned budget increase after changes made to the preliminary budget after the Oct. 7 meeting was 4.67 percent, down from the 5.29 percent increase being discussed at the beginning of that meeting.

"That's for the town, highway, and all the districts," Angelico explained.

Councilwoman Jacqueline Annabi said according to Angelico, changes the town could make in its state benefit accounts could return around \$40,000 to the town - \$20,000 from the state retirement system and another \$20,000 in medical expenses.

"Taking a less conservative approach than the one in the current planned budget in front of you right now, I could comfortably take out \$20,000 both from medical expense and insurance from

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Carmel High School Girls Volleyball Teams 'Volley for the Cure'



Carmel High School Girls Varsity and Junior Varsity Volleyball teams put their united energies into a recent game to "Volley for the Cure." Their efforts paid off and together they raised over \$450. These funds were donated to the American Cancer Society. On hand to receive the donation was Tracey Walsh of the American Cancer Society.

Pictured: Carmel High School Varsity and Junior Varsity Girls Volleyball teams, Tracey Walsh of the American Cancer Society and coach Andrea Rinella.



DAVID PROPPER PHOTO

Janet Canaday of CSEA Union speaks during a budget review meeting last week.



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Once Again, IDA Pushes County for Funding

By David Propper

It might be long awaited, but it appears Putnam County's Industrial Development Agency might finally get county funding to start the new fiscal year.

During the county Legislature's Economic Development budget review, legislators examined taking some proposed money from the county's Economic Development Corporation and giving that money to the IDA, which has been struggling financially for several years. The IDA gives tax incentives to new businesses entering the county, as a draw to Putnam.

Legislator Toni Addonizio suggested taking \$75,000 from the EDC, which EDC chairman Jeff Kellogg agreed was fair and then following up, Legislator Roger Gross recommended that money instead go to the IDA, which has less than \$500 in their coffers.

(The IDA) needs to get off the ground," Gross said. "It would be a move in the right direction."

Kellogg said the corporation is currently sitting on \$207,000 in reserves, after previously having \$133,000 a year ago. The ability to save money stems from not paying an EDC president after former president Meghan Taylor left for a better job near the start of the New Year.



DAVID PROPPER PHOTO

EDC chairman Jeff Kellogg speaks with legislators during a budget review meeting last week.

Legislator Ginny Nacerino said she felt it would be a "win-win" for both agencies and taking money from the EDC wouldn't have an adverse effect on them this year. Legislator Joe Castellano also voiced support to shift the money.

While there was talk from Legislator Dini LoBue to take all the funding from the EDC this year because of its hefty reserves, Kellogg said that would send the wrong message to the incoming EDC president and if all funding is taken away this year, it might make it tougher to get

funding in future years.

"Why would I give you another \$175,000 if you have it," LoBue said. "You're not supposed to be stockpiling money."

Legislator Barbara Scuccimarra said she was in favor of the EDC retaining all the proposed funding from the county, noting the corporation has run itself well and the IDA had a chance for a \$75,000 loan, but it turned it down.

LoBue refuted that and said the loan had many strings attached and Gross

countered the contract terms for the loan set up failure for the IDA.

IDA chairman Richard Ruchala, who has been battling the county for more than year, said while the county has allotted money to a couple of outside agencies like the EDC and Putnam Tourism, it has refused to provide funding to an agency that's actually within the county.

Ruchala said he and the rest of the IDA board wanted to show the county it could get economic development work completed cost efficiently even though it faced certain hurdles. He argued the IDA has accomplishments to boast, while the EDC has nothing to show the past two years.

He was urging county legislators to give the IDA \$125,000, which would cover the cost for a CEO and better office equipment.

"It's quite embarrassing that we don't get the support," Ruchala said. "I don't understand what people are thinking especially when you can basically eliminate the EDC, but you couldn't eliminate the IDA until 2041."

Nacerino said because the county is in a difficult position with the budget this year, it wouldn't be possible to give the IDA more than the \$75,000 that could shift from one agency to another.

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Eric L. Grossman, MD, FAAOS
Co-Director of Joint Replacement
Orthopedic & Spine Institute
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Q: Can you explain the Anterior Approach to total hip replacement?

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Q: What are the advantages of the Anterior Approach?

A: A more rapid recovery - all patients stand and walk the day of their surgery, typical length of stay in the hospital is 24 to 48 hours, and usually patients are able to go directly home and do not need inpatient rehabilitation. This rapid recovery is achieved secondary to the limited muscle damage and sparing of the gluteal muscles which are your major

walking muscles. Additionally patients are at low risk for hip dislocation with the Anterior Approach and therefore do not need to follow restrictive "hip precautions," that are required of the other hip replacement approaches, allowing for a more natural and comfortable recovery. The accelerated recovery allows patients to return to normalcy quicker including returning to desired activities and work sooner.

Q: The Anterior Approach sounds ideal, is there any reason it should not be used?

A: In the hands of an experienced surgeon the Anterior Approach can be used for nearly all first time hip replacements as well as some "redo" or revision hip replacements. You should discuss your options with an experienced surgeon that specializes in this method of hip replacement as this technique requires specialized training.

Watch Dr. Grossman describe the Anterior Approach to total hip replacement at www.nwhorthoandspine.org/DrGrossman

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Photo: Courtesy of Timothy Greenfield-Sanders

In Hopes of Emergency Services Restructure, Lone Layoff Looming

By David Propper

Although during this year's budget presentation by County Executive MaryEllen Odell claimed no layoffs in the Putnam County workforce, one Bureau of Emergency Services employee is fighting for his job as the department seeks restructuring.

During a budget review meeting with legislators last week, it was revealed Emergency Services Commissioner Tony Sutton is seeking to add two new positions, which would result in the loss of an emergency system-planning administrator position held by Mahopac resident Jim Ciulla for nearly a decade.

The two positions that would be added in the emergency services bureau include another deputy commissioner for \$79,917 and a CAD (Computer-aided dispatch) administrator for \$50,000. Sutton said the CAD system needs to be maintained on a daily basis, which is shared between sheriff's department, IT department and emergency services. He said the bureau has no one there to currently operate the CAD system properly.

If the proposal goes through, Sutton would have two deputy commissioners to work with, which would be a first in the bureau's history. He noted they would have different responsibilities.

In order to add the two spots, Sutton

said he had to "eliminate" a position "to try and soften the financial blow of this action" that would leave Ciulla without a job.

Legislature Chairman Carl Albano described the new proposed CAD administrator job as valuable because the CAD operation isn't being used the way it should be and that it required "very trained personnel."

Legislator Dini LoBue said she was "surprised and disappointed" by the potential move because in the budget address given by Odell, she stated "quite clearly that there would be no layoffs." She remarked how extensive Ciulla's resume and experience is and what the county executive administration is seeking it already has in Ciulla.

Legislator Roger Gross also voiced support for Ciulla, adding, "I totally support this gentleman. I know his background and I think you'd be losing a very good man."

Ciulla, a current member of the Mahopac Fire Department and past chief, actually spoke during the meeting, and said on top of being an administrator for eight years he is also an emergency services coordinator that former EMS commissioner and late Bob McMahon appointed him to.

Ciulla said he's been informed he no

longer would have his full-time job as of Jan. 1, 2016.

"As you can imagine, this came as a complete shock to me, especially after reviewing this year's budget presentation stating no layoffs," Ciulla said.

Ciulla said he believes he has the experience to operate as a CAD administrator, noting most of the qualifications would be similar to what he does in his current position. He asserted he was "intimately involved" with the CAD system and even sat on a committee to look at new CAD systems. He noted how he's been "dying" to work on the CAD system since he's been in the bureau.

He pointed out his qualifications and experience allowed him to be one of the five finalists for the commissioner's job after former commissioner Adam Stiebeling was let go.

"I've been a dedicated and loyal employee for the county with a passion for public safety," Ciulla said. "And I'm very concerned that many the functions I provide will no longer be available to those that need and depend on them."

Nacerino encouraged Ciulla to come forward and speak after it became known that he may not have a job in a couple months and "coming off the heels of no layoffs in the proposed budget."

Before the discussion about Ciulla



DAVID PROPPER PHOTO

Jim Ciulla, who may lose his job in the Bureau of Emergency Services, spoke at a budget review meeting last week.

continued, Sutton said he didn't want to discuss personnel issues in public, citing he has a professional relationship with Ciulla. Legislators and Sutton met in executive session later on behind closed doors, typical when discussing a current employee.

"I think he would be the first one to tell you that I have been absolutely up front with him from the start," Sutton said. "I know what it's like to be in his position. I absolutely understand how he feels."

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New Putnam EDC President Finally Named

Jill M. Varricchio, a successful marketing entrepreneur and community leader, is taking the helm of the Putnam County Economic Development Corporation (EDC). Varricchio has been hired as the new president of the EDC. The position was vacant since Meghan Taylor left the position earlier this year to become the regional director of the Empire State Development Mid-Hudson Region, which includes Putnam County.

"Jill will be a great asset to the EDC," said Putnam County Executive MaryEllen Odell. "Her marketing background and knowledge of the development process will give her the tools to execute the strategic plan the organization put in place. Putnam is in the primetime. Now with Jill, here in the county, and Meghan, at the state level, we have supporters who understand that unique offerings Putnam can provide potential developers. Putnam is open for business."

Varricchio's first day as president of the EDC was Monday.

Varricchio, an Orange County resident, has been the owner and president of Concept Promotions since 1985 and its affiliated company D&D Mailing Services since 1996. She has developed and implemented national marketing campaigns for companies such as Sylvania, Tamko and Cellular One. In addition she has created programs to fortify her clients'



Putnam EDC President Jill M. Varricchio

brand positions.

Active in the business community, Varricchio is a member and past board member of the Orange County Chamber of Commerce. She also served for 12 years as the chairwoman of the NYS Administrative Board of the Orange County Empire Zone.

"We had a long list of qualities that we sought in a new EDC president," said Acting EDC Chairman Jeff Kellogg. "We took our time to find the right candidate that fit our needs and I am happy to say that Jill's background and passion for the business community made her stand out from the others. I look forward to working with her on bringing the right projects to

'Jill will be a great asset to the EDC.'
County Executive
MaryEllen Odell

Putnam County."

The Putnam EDC acts as a facilitator between organizations that can deliver economic growth and the resources that can help them financially. It finds ways to bring millions of dollars into the county each year for economic development and growth.

The EDC has been successful in leading projects through the state's Consolidated Funding Application (CFA) process and having them be awarded grants. In 2014, \$2 million was awarded through the CFA to projects in Putnam County. In addition, regional entities that serve Putnam were able to garner \$1.1 million in financial awards. The 2015 CFA awards will be announced later this year.

"I am excited to be able to continue the strategic and thoughtful economic development approach that Putnam County has created," said Varricchio. "I will be working diligently with the EDC Board, the elected and appointed officials and the business leaders in the community to bring

Putnam County to the next level."

An advocate of education, Varricchio was the first chairperson of the business literacy program of the Junior Achievement of the Hudson Valley's Orange County Chapter, which educated 1,400 elementary students on free enterprise. She was also on the SUNY Orange Community College Foundation Board.

Varricchio has a B.A. in research psychology from Northeastern University and a Master's in education from Springfield College. She is also a graduate of the Leadership Orange Institute, where she was also awarded the Leader of the Year award.

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Concern Rising Over County Retirees Paying More Toward Healthcare

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down by the health insurance company, NYSHIP, the county needs to offset \$402,000 in the county budget. The increase is so large that Carlin pointed out it almost equals the entire 2016 tax cap, which is \$432,000.

Carlin said the more a retiree earns from their pension, the more they would be asked to pay in health benefits. The new costs would also be determined whether the plan is a family or individual policy. Retirees could contribute between 10 percent all the way up to 30 percent depending on their pension. Overall, under the proposed plan, taxpayers would be funding on average 84 percent of the benefits equal to \$3.9 million.

Reimbursement checks are given to those retirees, Carlin said, pointing out the retirees still get most of the insurance paid for by the county and additional cash back in the form of that reimbursement check each year. The proposed move would save the county some \$400,000 and affect 376 CSEA retired workers.

PBA officers, including captains, and dependent survivors would continue to pay the same contribution.

Personnel Director Paul Eldridge also reiterated the problem has been ongoing and stressed it's never been a guarantee that the retirees only have to pay a certain portion, despite what critics of



DAVID PROPPER PHOTO
Glenn Blackman of CSEA expresses concern to legislators last week at a budget review meeting.

the increased contribution claimed.

There was a mixed reaction to the plan from lawmakers.

"This is so wrong," Legislator Dini LoBue stated, who would rather make changes to the health insurance contribution going forward.

LoBue attacked the large spending the county has done in recent years on Tilly Foster Farm and Putnam County Golf Course, which has now left the county in budget constraints. When the county

got \$1.5 million unexpectedly back from a court settlement, LoBue asserted that money should have been allocated to pay for some of the health insurance.

"To give the scenario now that we're in a do-or-die situation and we have this bill when we knew we had this bill is wrong," LoBue said, adding she's embarrassed the proposal has been put in front of legislators on such short notice.

Legislature Chairman Carl Albano said, "All we're doing is adjusting according to what's happening in the world." He added the county couldn't burden taxpayers much more and that many residents have lost part of their pension or some of the equity in their homes because of the recession.

Albano said most residents in the county would agree the proposal in front of the legislature is reasonable. He described the issue as a "math formula."

"This is budget time where we look at everything and we see what is going out of whack here," Albano said. "One of the things that stands out is health insurance."

Legislator Toni Addonizio pointed out the people who earn between zero and \$30,000 from pensions are the most vulnerable to this change and questioned if there was a way eliminate the increase for employees getting a lower pension or find a way to adjust those increases.

"We might say \$1,000 isn't a lot to us, but it means a lot to them," Addonizio said.

At the packed meeting in the county office building, many were shocked and upset by the proposal.

Glenn Blackman, a representative of the CSEA Union, said the reimbursement check that the county gives is "deceiving" because many CSEA retirees rely on that as additional income each year. While they still would get that payback, they won't hold onto as much like in past years because they still would have to pay more in health insurance contribution.

Blackman questioned what percentage of CSEA members make up the \$4.7 million retiree health insurance allotment compared to the sheriff, management, and confidential retirees.

By making retired workers pay as much as 30 percent toward health insurance, Blackman said it would "de-incentivize" other union workers from leaving the county workforce and "you'll be carrying them out in bags." For workers that took early retirement offered by the county, they're in a bind now because they weren't anticipating the increased health costs once they left, Blackman said.

"CSEA has asked for years and years, contract after contract, to put the retiree health insurance on the table and put

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Business of the Week

By David Propper

Christine Craft and Anna Waegelein know many people that have been touched by the angelic realm in their life.

"Everyone in their life has been brought through things," Craft, a Brewster resident, said. "Whether it be a sickness, some kind of trauma, drama and there's either been someone in their life or they felt the presence of someone in their life here or in the past and they get comfort from it."

Both Craft and Waegelein, who resides on the border in Pawling, hope to foster and spread that presence in Brewster and the rest of Putnam County. Customers can purchase a gift for someone sick, or who lost a loved. Baby gift are available and there are those gifts that are simply meant to show someone they appreciate a person in their life.

Items consists of angel figurines, greeting cards, jewelry, charms, crystals, mugs, baby items, books and journals, communion and christening bracelets, and candles that people can pray next to.

"It's just a remembrance of there's more," Craft said. "There's something bigger out there than us."

There was an angel store that used to be across the street, but it closed. The two believe a store like that one, or the



DAVID PROPPER PHOTO

Christine Craft (left) and Anna Waegelein stand inside their new store, Simply Believe in Brewster.

one they have opened, fills a void in the community.

Both said they have had experiences where that angelic realm reached their life and made a lasting impact. For instance, Craft battled a life-threatening illness, but with faith, along with medical professionals and her family, she was able

to pull through and has a clean bill of health today.

The two met years ago when their children attended St. Lawrence O' Toole school before it closed and were on the fundraising board together. They have similar personalities that are easy to catch when talking with them, even for just a

few minutes.

Along with many spiritual and religious items, Simply Believe also offers Reiki that is a healing technique to balance every aspect of your life, which includes body, mind, and spirit. Craft has been doing it for five years and is a Reiki practitioner and intuitive and Waegelein has been doing it for three years and is a Reiki master.

Craft said she wanted to own this type of business for a long time. It came to fruition when the two were in the car one day talking about how much fun it would be to open an angel store and it snowballed from there.

"I do think things happen for a reason and people meet for a reason and we met and we had common interests and all of a sudden we were here," Waegelein said.

The store has only been open two weeks, but the existence of something bigger and better is already being felt throughout the town.

When customers walk in, many of them have remarked how "it feels good in here, it smells good in here, and that's what we wanted to bring," Waegelein said.

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- LORI LEVY

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Letters to the Editor

Beals Gets Assessment Reduced, Calls for DA's Investigation

Although I am pleased that the recent decision by the Putnam County Supreme Court resulted in a \$325,000 reduction in the assessment of my home imposed by the Town of Putnam Valley, I find it to be a somewhat pyrrhic victory.

After all, I am a resident of Putnam Valley and the legal expenses wasted by the town defending the gross over-

assessment of my property is very troubling. Also, because the reduction ordered by the Court was so large the Town must pay all my legal expenses in bringing the action, as well.

Now that the dust has settled, it took more than a year, I'm calling on the District Attorney to investigate how my assessment came to be increased by \$325,000 more than the true market

value. Was this an abuse of power and retaliation/harassment personally directed towards me as I suggested from the beginning?

Allen Beals M.D., J.D.

Putnam Valley

Beals is the commissioner for the county's Department of Health.

Former Sheriff's Candidate Throws Support Behind Levy

Please join me in voting to re-elect District Attorney Adam Levy on November 3.

I have watched as District Attorney Adam Levy has implemented effective and sweeping change in how the justice system in Putnam County is operated, which has had a huge impact on how effective it is, and on crime rates, which have dropped at more than twice the state average, making Putnam the safest county in New York for the last four years.

I've found the Putnam County District Attorney's office to be staffed by consummate professionals who go above and beyond, making themselves available at all hours of the day and night. By working closely with police soon after crimes occur, together they are able to build stronger cases, which leads to more convictions and stiffer penalties. A nearly-perfect conviction rate does not occur overnight, or by accident.

District Attorney Adam Levy has put a strong focus on violent, repeat offenders, closing the revolving door that so frequently allowed bad people to commit crimes over and over again. He has brought our local justice system into the 21st century by implementing programs to videotape suspect interviews, so that when a suspect makes a confession or an incriminating statement, it is preserved. Gone are questions of coercion and police misconduct which can so frequently lead

to good cases against bad people being dismissed on technicalities.

DA Levy has also taken a more intelligent approach to handling those nonviolent offenders who commit crimes due to addiction and mental health issues, including our returning war veterans battling PTSD. Through Drug Treatment Court and Mental Health Court, these nonviolent offenders have been able to avoid incarceration by seeking treatment, staying sober and performing community service. This has allowed them to make a happy and productive return to the community, and has saved taxpayers countless dollars in incarceration costs.

Not only has the work of the District Attorney's office made Putnam County a safer place to live, it has also made Putnam a safer place to police and protect, and not just because of their zero-tolerance policy on assaults of police officers. After the life of an undercover officer in another agency was threatened by a uniform who had no idea he was dealing with another cop, DA Levy went to great lengths to ensure every single agency in Putnam County was an active member of SafetyNet. District Attorney Adam Levy and his staff have worked hard to foster a better environment to serve as law enforcement in Putnam County, and a more cooperative- and therefore effective- atmosphere among every law enforcement agency. He has been the first

DA in decades to prosecute cases of public corruption and misconduct, helping to clean up a broken system.

While these changes and initiatives have proven themselves to be incredibly effective, they have not been easy. DA Levy upset a powerful and entrenched machine that often operated on winks, nods and handshakes. His dedication to enforcing the law equally, regardless of how well-connected, affluent or well-known someone is, has not always gone over well. He has created bitter enemies in those whose power was threatened by proper law enforcement. They have launched calculated campaigns to disparage and discredit him, spreading lies and innuendo and going to extraordinary lengths to try to unseat him.

Bob Tendy threatens to undo years of hard work and progress in Putnam, and has the backings of a machine that needs a puppet like him in office. Such a change could be cataclysmic to the justice system as we know it.

There's one way to keep Putnam the safest county in New York State: by re-electing a prosecutor who enforces the law and supports the police professionals who enforce it. Please vote for Adam Levy on November 3.

Kevin McConville
Cold Spring

DA's Office on Right Path with Levy at Helm

Election Day 2015 is rapidly approaching. Most voters by this time are tired of all the election propaganda, lies and truths that have been circulated.

I am particularly interested in the important race for District Attorney in Putnam County. Before Adam Levy was elected in 2008, the office of DA left a great deal to be desired. Mr. Levy saw the need to overhaul the criminal justice system in his office. Under his leadership we can boast that our crime rate has decreased greatly. Statistics tell us that violent crime dropped 40 percent, property crime decreased 24 percent and DWI is down 34 percent. We can all feel safer and more protected than we did

several years ago. Our county has been rated the safest county in the State of NY for four years.

DA Levy has a personal interest in keeping our county safe as he and his family resides here.

Just to mention a few of his accomplishments, he instituted the practice of videotaping voluntary confessions and he expanded an almost defunct Putnam Drug Treatment Court program. These programs have further helped keep our county safe and have given many juvenile offenders a second lease on life.

For your information, DA Levy created the first political corruption unit to

investigate and successfully prosecute public officials who violated their oaths of office. His list of accomplishments are too numerous to mention. Let the facts of his eight years in office speak for themselves. The proof is in the pudding. I am only one vote, but together all our votes can greatly impact our criminal justice system. Let's all stay on the right track with the most experienced conductor. So, if it ain't broke, don't fix it!

Marie Zarcone
Former Putnam County Legislator.
Putnam Valley

Letters to the Editor

Putnam Fortunate to Have Levy as District Attorney

Recently, I had an opportunity to sit as a juror in a sexual abuse case prosecuted by DA Levy. It was an enlightening and rewarding experience to have such a close look at how our local justice system works.

As a juror, I had the opportunity to see firsthand how DA Levy fought in the courtroom to prosecute dangerous criminals. He understood the case inside

and out. During his opening statements, his questioning of the witnesses and his closing statements, DA Levy was meticulous, detailed and thorough. He was passionate and smart, persuasive, tenacious, and very detailed. He clearly spent a great deal of time preparing for this trial.

At the same time, he showed tremendous compassion for his victim. It

was clear his goal was not just to convict a dangerous criminal, but to protect her during the process.

DA Levy's passion and tenacity is what led to that conviction. It is obvious that he is a hands-on prosecutor who isn't afraid to get his hands dirty to ensure that justice is served, and has surrounded himself with a talented team to get that done. As a Putnam resident, I take great

comfort in knowing that DA Levy is on the frontlines, keeping me and my family safe. The people of Putnam County are fortunate to have Adam Levy as their District Attorney

Gwen Lawrence
Mahopac

Campaigns Should Be Based on Facts, Not Sensationalism

Sensationalism, money and mudslinging is appealing because it plays in emotions- but is often disdained when used to mislead or confuse voters and insult their intelligence. Unfortunately if you tell a lie, keep it simple and say it often enough it is often accepted as truth. Then you have political backbiting, which we saw during the last two Putnam Sheriff elections when Kevin McConville challenged incumbent Sheriff Don Smith in what many believed to be smear campaigns. According to one local media, "Levy filed his personal (\$5 Million) lawsuit against Smith just as Smith was competing with challenger McConville in the primary. Members of Levy's family were major contributors to McConville's campaign".

In recent letters to the editor of various media, one by McConville and one by Marc Sabin (recent campaign spokesman for Levy), McConville stated that Tendy is a puppet of a powerful machine and if Levy was unseated it would jeopardize Putnam as being the safest county in NYS. Strangely when he ran against Smith he challenged that very claim and said the statistics were skewed. What "machine" is he referring to? Levy had 200-300 people at Villa Barone the night of the Primary- Tendy had 12 at Char. I'm confused.

Sabin attacked Tendy and his supporters with accusations of being part of a conspiracy by Levy's political enemies that assaults Levy's accomplishments and destroy his reputation while distracting voters. Again, who are these enemies?

If this sounds like a war, maybe it is. When the Republican primary votes were counted Levy told the press that although he lost the battle, the war had just begun. It is a war of money and power. Following Levy's frivolous suit against Tendy making accusations of forged petition signatures, Sabin (as spokesman for Levy) stated "Yet again, Bob Tendy attempts to circumvent rules as he continues his campaign of deception and deceit in clear violation of campaign finance rules". The complaint was swiftly thrown out of court.

I feel that the residents of Putnam deserve better. They deserve a campaign based of facts not skewed by journalists. While one reported his interview with Tendy in a totally skewed manner, others

used sensationalist headlines leading readers to believe that unsubstantiated accusations of sexual favors permitted in the DA office were in fact true. This is totally unacceptable journalism but in the past three years Putnam has gone from a sleepy county to one of sex and intrigue ever since Judge Judy said in an interview regarding the suit against Smith, "When someone attacks his (Adam's) character they best be prepared to shut up or pay up". I for one am sick of the bovine scatology surrounding local politics. Maybe it's time we cleaned house and started all over.

Andy Powers
Mahopac



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Putnam Valley Budget Could Bust Tax Cap Again

continued from page 1

the state retirement line," Angelico said. Tendy recommended making the changes, which would drop the tax levy increase down to 4.27 percent.

Annabi also recommended cutting \$1,000 from the line that pays for advertising for legal ads and another \$500 from the traffic sign budget.

Councilwoman Wendy Whetsel said the library was trying to keep their budget increase at 5 percent, for a budget of \$292,000. She recommended hiring new town employees at a lower

salary grade to save money, as was the case with several recent hires.

"I still think that when you're coming in new onto a job without experience, even a minimal cut or one or two thousand dollars can certainly help our budget and it makes sense to do that because the people you're replacing have enormous experience," Whetsel said.

Board members agreed they wanted to meet the .73 percent tax cap if possible, but were not sure how. The town currently has a fund balance of \$100,000

it could take to artificially reduce the tax increase, but board members were hesitant to use it since that would leave the town with a \$100,000 hole to fill next year.

Tendy said he wondered whether it was even worth even meeting the cap, since any benefit for the town in doing so and getting residents a tax rebate check of around \$40 would be outweighed by the tax increase that would be needed next year to offset the lost fund balance.

"What's going to be the effect if in one year if we say OK, you got your \$38

'If we have a zero percent increase, we're still 4 percent over the cap. It has nothing to do with us.' - Supervisor Bob Tendy

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check last year but guess what? This year you're paying an extra \$155 in taxes," Tendy said. "What's the point?"

Angelico pointed out that part of the requirement for getting tax rebate checks from meeting the tax cap requires a plan for cost-cutting and consolidation, which Tendy said the town had already done years earlier without receiving any benefit and could not do again.

"Unfortunately we were very proactive in the last eight years prior to the instituting of the tax cap. I've written to the governor. We do not get any credit for all the measures we took before any other town did. We should have just held on to them, waited, and now we'd look like we're doing a really good job."

The town board will continue discussing the 2016 budget at an Oct. 21 budget planning session at town hall at 6 p.m. prior to its 7 p.m. board meeting.

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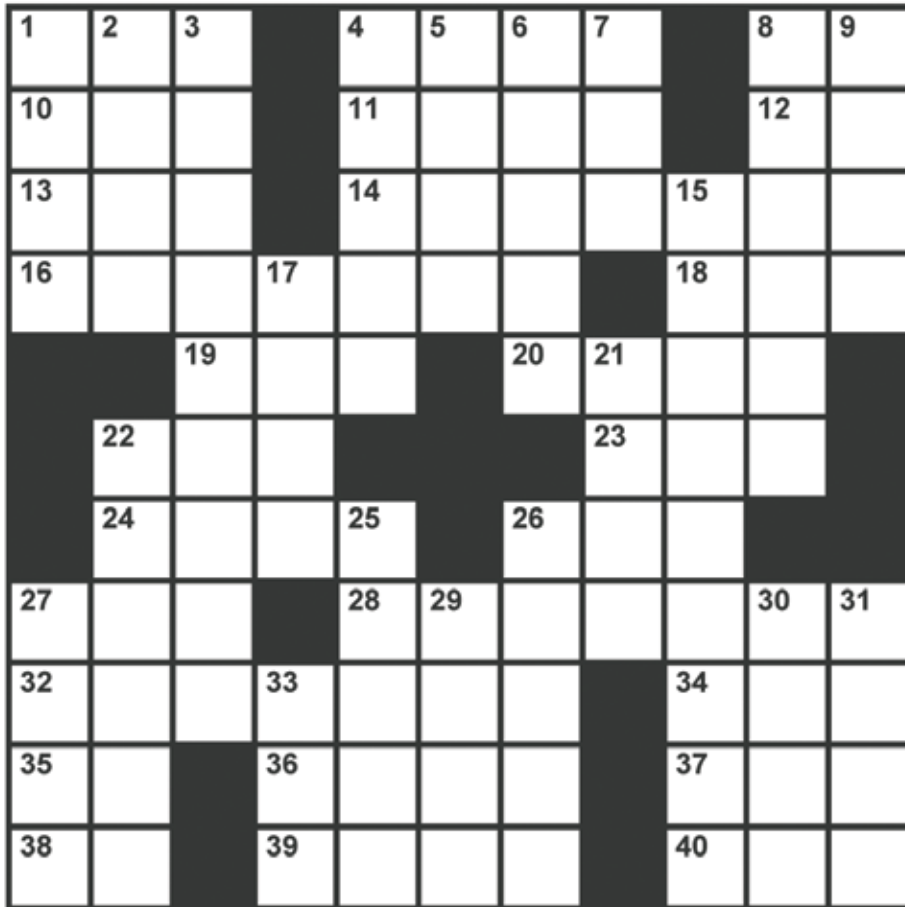
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Crossword Puzzle



Crossword by Myles Mellor

Answers on page 22

Across

- 1 Vet, for one
- 4 Shakira's don't lie
- 8 Verb for Hamlet
- 10 Stat for Clemens
- 11 Health-giving berry?
- 12 ___ beat
- 13 Lincoln's loc.
- 14 Women who want to "be seen" will go to this Yorktown beauty salon
- 16 Supporter of Boris Godunov, say
- 18 Questionnaire datum
- 19 Fate
- 20 Vaulted polygon
- 22 Plumbing joint
- 23 Evaluating quality
- 24 The Sail (constellation)
- 26 Joan of ___
- 27 "___ the ramparts ..."
- 28 Cold Spring toy, game & puzzle shop, The _____
- 32 Condition
- 34 Amber, e.g.
- 35 You and me
- 36 Chickpea stew
- 37 Country stop-over
- 38 'Why should I care?'
- 39 Heading
- 40 Music lover in Hamelin

Down

- 1 Depression from a blow
- 2 Quarries' output
- 3 Spanish gentleman
- 4 It's often hard to kick

- 5 Clinches
- 6 Kind of salad
- 7 Incite hostility
- 8 Cord used by Cirque de Soleil
- 9 Olympic fencing weapon
- 15 Comfy spot
- 17 Throw, as dice
- 21 Brazen
- 22 "Let him be ___ rich." -- Emerson
- 25 Catlike
- 26 Underway
- 27 Numbered work
- 29 Egyptian goddess
- 30 Arm part
- 31 Exhibition area
- 33 Promise solemnly

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MKMG is proud to welcome Oncologist Jarett L. Feldman, MD

Dr. Feldman received his MD from The George Washington University School of Medicine and Health Sciences, he completed his Internal Medicine Internship and Residency at New York-Presbyterian Hospital: Weill Cornell Medical Center. Dr. Feldman completed his fellowship in hematology and medical oncology at Memorial Sloan Kettering Cancer Center and is Board Certified in Internal Medicine.

Dr. Feldman will be practicing in the Carmel and Northern Westchester Hospital Cancer Center offices.

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Doc's Note: What Women Need to Know About Breast Density

By Bonnie Litvack, MD, FACR, Director of Women's Imaging at Northern Westchester Hospital

Once a woman turns 40, the American Cancer Society and most recognized medical authorities recommend she start getting yearly mammograms. But mammograms aren't uniformly sensitive in all women. Between 40 and 50 percent of women have dense breasts—fibrous tissue as opposed to mostly fatty tissue—and that density can obscure potential problems. Most women probably don't realize breast density is an issue. As a result, the state of New York requires doctors to notify women in a letter when their mammogram reveals this is the case. Do not become alarmed if you get this letter. All it really means is that you should have a conversation with your doctor about your overall risk.

You and your doctor will want to thoroughly vet your risk factors. Dense breasts can make mammograms less sensitive, and they may also contribute to cancer risk. You'll need to speak with your doctor about your individual lifetime risk. Your doctor will use factors to determine your risk such as your family history of breast and ovarian cancer, your age when you had your first period, whether you have children, when you had your first child, and any history of chest irradiation, among other potential risk



factors. The good news is, the risk for many women with dense breasts won't be elevated enough to warrant any changes in screening.

Women who are at high risk (greater than a 20-25% lifetime risk) and who have dense breast tissue should have annual screening breast magnetic resonance imaging (MRI) in addition to a mammogram. MRIs are very sensitive and can pick up some cancer missed on mammogram. Why wouldn't all women, regardless of their breast density, get an MRI? There are many false positives with

'You and your doctor will want to thoroughly vet your risk factors. Dense breasts can make mammograms less sensitive, and they may also contribute to cancer risk. You'll need to speak with your doctor about your individual lifetime risk.'

Breast MRI. Therefore, screening breast MRI is recommended for those women who are at high risk because they will derive the most benefit.

Dense breasts are normal, and regardless of your breast density, make sure you get your yearly mammogram and discuss your risk factors for breast cancer with your physician.

Excellence in Breast Imaging

The Women's Imaging Center at Northern Westchester Hospital is an acclaimed Breast Imaging Center of Excellence by The American College of Radiology (ACR) for Mammography, Stereotactic Biopsy, Breast MRI and Breast Ultrasound. The use of PACS

(Picture Archiving and Communication System) allows diagnostic tests to be interpreted stored and viewed in digital form. This technology speeds up the results process and makes them instantly accessible whenever they are needed.

You can also access a full range of integrated breast care services and diagnostics at The Breast Institute in Yorktown. Using the same PACS, images are interpreted by subspecialists at Northern Westchester Hospital.

All women's radiology services are provided by certified staff members with expertise in breast imaging.

Women's Imaging at NWH: 914-666-1445

The Breast Institute at Yorktown: 914-302-2880

Dr. Bonnie Litvack is fellowship trained in MRI and brings extensive experience in all aspects of women's imaging, including mammography, to Northern Westchester Hospital. Dr. Litvack has served as the president of the Westchester County Medical Society and as president of the Westchester Academy of Medicine. She has also served as the New York State Radiological Society's delegate to the Medical Society of the State of New York and is a counselor to the American College of Radiology. She is also an alternate delegate to the American Medical Association from the Medical Society of the State of New York.



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The Putnam Examiner's Election Preview

Check Out The Putnam Examiner's 2015 Election Guide In Next Week's Edition For A Preview Of Every County and Local Race That Matters To You.

Carmel Walk Raises Awareness for Alzheimer's Disease



COURTESY OF MICHELLE SILVERMAN

Hundreds of supporters, including this young man, showed up in Carmel on Sunday to attend the 3-mile Walk to End Alzheimer's Annual event to raise money for the Alzheimer's Association. There are more than \$3 million cases of Alzheimer's each year.

Senator Serino Visits Kent Library



State Senator Sue Serino visited the Kent Public Library on October 8 and read a book to a group of children. Several library board members, including M. Chris Marrone, Florence Ratti, Michael Mahoney, and Marty Collins met her at the library to give her a tour and discuss the library's programs and services, including ebooks, quiet study rooms, and a computer lab. Senator Serino had recently sponsored the library for \$4,000 in "bullet aid" which will be spent on new furniture for the children's area, a portable PA system, and computers. "We are very grateful to Sue Serino," said library director Carol Donick. Senator Serino read a book about firemen to a group of 4-year-old children, and played a color learning game.

Putnam County Savings Bank Changing Name to PCSB Bank

After more than 140 years as Putnam County Savings Bank, the bank recently announced a name change to PCSB Bank to reflect expansion throughout Westchester County.

"While our new name is indicative of our expansion, we maintain an unwavering focus on meeting each of our customer's banking and financial needs," says Joseph D. Roberto, chairman, president and chief executive officer of PCSB Bank. "Our hallmark is offering a higher degree of customer satisfaction and flexibility as a dedicated neighbor and business partner to our customers."

The name change follows the bank's recent acquisition of CMS Bancorp, which served as a platform for PCSB's deeper expansion into the Westchester market. PCSB Bank now operates 15 banking centers, with 8 branches in Westchester County and others located in Putnam, Rockland, and Dutchess counties. The new name has received approval by the New York State Banking Department.

The announcement is accompanied by a new logo with the tagline: "True Local. True Banking." which exemplifies the bank's commitment to understanding local communities and providing individualized service.

According to Mr. Roberto, the merger and name change meet a need for a customer-driven bank in the Westchester market. PCSB's size and structure allow for a high degree of flexibility and responsiveness as it relates to consumer and commercial lending options.

Established in 1871, PCSB Bank grew over the years as more people started businesses throughout the Lower Hudson Valley. The bank developed a reputation for understanding and caring about its customers and the towns in which they live—a mission that continues during its current expansion period.

"The name may be different and the footprint larger, but our core values and service remain the same," concludes Mr. Roberto.

About PCSB Bank PCSB Bank, a New York chartered mutual savings bank, operates from its administrative headquarters in Brewster, New York, and operates 15 retail branch offices located in Putnam, Westchester, Rockland and Dutchess counties. At March 31, 2015, Putnam County Savings Bank had total assets, deposits and stockholders' equity of \$997.5 million, \$854.9 million and \$113.0 million, respectively.

Halloween Fun Reaches Putnam Valley



More than 70 children attended the Putnam Valley Parks and Recreation's Annual Pumpkin Painting and Costume Parade this past Saturday in the Town Park. Children paraded the park led by (l-r) former legislator Sam Oliverio, Parks & Rec. Clerk Sherry Howard and Town Council candidate Catherine Hanson. Kids enjoyed a morning of cider, donuts, crafts, music and photo opportunities as well as pony rides from Dusty Farms.

Obituaries

Norbert W. Guba

Norbert W. Guba of Mahopac, died on October 10, at the age of 78. He was born in Brooklyn, NY, the son of George and Irene Kopper Guba. Norbert graduated from Erasmus HS in Brooklyn and then entered the Navy. He went on to be a machinist and then eventually moved on to a career at Verizon. From an early age he had a passion for sailing. He always had a green thumb and enjoyed working the land from a garden to his flowers and shrubs. Later in life he also took up the art of stained glass and enjoyed making his designs. Throughout his life he was devoted to church. In his later years he volunteered his time to beautify the grounds and help with the expansion of Grace Lutheran. Mr. Guba is survived by his daughters Renee Guba (Heidi), Wendy Myers (Scott), Lisa Rapuano (Steve); his brother Howard; his sister Karen Meyers; and his grandchildren Tyler, Maggie, Lauren, Olivia, & Angelina. He was predeceased by his loving wife Barbara and his brother George.

Norbert 'Bert' James Lannon

Norbert 'Bert' James Lannon of Brewster, formerly of Carmel, died on Sunday, October 11. He was 76 years old. Bert was born August 12, 1939 in Bronx, to Norbert Joseph and Adelaide (Conway) Lannon. He served in the Air Force from 1958-59. Over the years, Bert was an appliance sales representative. Bert is survived by his wife Lisa (Erickson) Lannon and his two sons, Thomas Lannon (Janet) of Brewster, and James Lannon (Betsy) of Mesa, AZ; a sister, Helen Pellerito of Yonkers, and four grandchildren, Tom, Renee, Niles and Ethan. He was predeceased by his sister Barbara Lannon.

Walter J. Hettwer

Walter J. Hettwer, a Mahopac, resident since 1972, died on Monday October 12, at the age of 81. He was born in Brooklyn on April 20, 1934, the son of Joseph and Anna Meissner Hettwer. Walter served in the US Army from 1954 - 1956. He retired from FDNY as Lieutenant in 1976. He served mostly with 35 Truck and 332 Engine during his career with the fire department. Walter was a parishioner of St. John the Evangelist Church in Mahopac and used to call their bingo games during the 1970's. He is a member of the Knights of Columbus, Fr. John P. Mooney Council in Mahopac, a member of VFW Post 5491 and American Legion Post 1080 both in Mahopac. He was a founding member of the Lake Casse Property Owners Association and a former associate member of the Mahopac Volunteer Fire Department. He is survived by his sons, Kenneth and his wife Kimberly of Washingtonville, Michael and his wife Stephanie of Yonkers, his daughters Mary Ann Maxwell and her husband Joe of Mahopac and Kathryn Stack and her husband Brian of St. James, LI as well as 7 grandchildren.

Clare Woodward

Clare Woodward of Brewster, died October 15, in Danbury, CT. She was 54 years old. Clare was born on December 31, 1960 in Yonkers, daughter to the late John Joseph and Grace Ann (Maxwell) O'Connell. She graduated from North Salem High School. Clare was a bus driver for the North Salem School District for 29 years, retiring in June of this year. She thought fondly of her friends at the bus garage and always spoke of the fun times she had with her cohorts, Sue, Vinnie and Cathy. Clare was known for her quick wit and a laugh that let you know she was near. She was a loving mother and grandmother as her family

was very important to her. Clare enjoyed gardening and home décor, and when not in the garden or shopping for great deals, she could be found watching HGTV for inspiration. Clare is survived by her two children Cristina Bierce of Bethel, CT and Ryan Bierce of Brewster, her 2 granddaughters Stephanie and Jaclyn Bierce, her sister Catherine O'Connell of Bethel, CT, her many loving cousins, her best friends Sue and Ray Buzzeto and her husband Jeffrey Woodward. A service will be held on Saturday October 24, at 11 a.m. at Beecher Funeral Home, 1 Putnam Avenue, Brewster, NY. Interment will be private. Friends may call at the Beecher Funeral Home, 1 Putnam Ave. Brewster on Friday from 7 p.m.-9 p.m. and Saturday 9 a.m. -11 a.m. www.beecherfuneralhome.com. She will be missed by many. Contributions in Clare's memory may be made to one's choice.

Galileo Maragni

Galileo Maragni, of Brewster, died on October 16, with his wife by his side. He was 97 years old. Leo was born on August 22nd, 1918 in Morgan, PA, son to the late Giovanni (John) and Maddalena (D'Eusano) Maragni. When Leo was three years old he moved to Italy. At the age of 20, he returned to the United States and served honorably in the United States Navy. He was a gunner on a landing craft (LCI#5) and fought bravely in support of Operation Overlord on Omaha beach in Normandy, France. Leo was a tool and die maker for GT&E and sold and serviced bagging machines for Reece Corporation for many years before his retirement. On September 24th, 1949, he married the love of his life, Rose Marie Bartolotta. They recently celebrated 66 years of marriage. Galileo was an amazing man, a pilot, a golfer, jewelry maker, homebuilder, creator of art, and at age 80 taught himself to speak French. He lived a full life, loved his family, and

was a hero to the generations following him. Leo is survived by his loving wife, his two daughters Anne (Nina) and her husband John Marcel of Briarcliff Manor, and Gilda and her husband Paul Allutto of Garden City, NY, four grandchildren, John (Joey) Marcel and his wife Tara, Daniel Marcel, Anthony Allutto, and Brian Allutto. He his also survived by his sisters Meri and Olide of L'Aquila, Italy. A Mass of Christian Burial will be held on Tuesday, October 20th at 10 a.m. at St. Lawrence O'Toole Church, Brewster. Interment will follow at Rose Hill Memorial Park, Putnam Valley, NY. Visitation will be held at Beecher Funeral Home, 1 Putnam Avenue Brewster on Monday, October 19th from 4 p.m. - 8 p.m. Contributions to his memory may be made to the Wounded Warrior Project.

Edward C. Guidice

Edward C. Guidice, of Mahopac, and formerly of Yonkers, died on Saturday October 17, at the age of 87. He was born in Yonkers on December 7, 1927, the son of Conrad and Margaret Marlo Guidice. Edward joined the US Navy following high school and served from 1945-1948. He was a member of the Mt. Hope United Methodist Church in Mahopac Falls. Edward was an auto mechanic by trade and was the retired owner of Broadway Wheel Alignment in Yonkers. On April 27, 1952 he married Dorothy Isaacs in Yonkers. In addition to Dorothy, he is survived by his son William of Mahopac, his daughter Karen of Yonkers, his twin sisters, Marlene Canning and Barbara Viviano, both of Dumont, NJ and his grandson Michael of Mahopac. Visiting will be held on Tuesday October 20 from 2 p.m.-4 p.m. & 7 p.m.-8:30 p.m. at Joseph J. Smith Funeral Home. Funeral Services will take place at the funeral home following visitation at 8:30 p.m. Tuesday with the Rev. Willett Porter officiating. Private cremation will follow.

Concern Rising Over County Retirees Paying More Toward Healthcare

continued from page 7

it into collective bargaining instead of making it a political football," Blackman said.

Janet Canaday from CSEA, assailed the county for poor communication with the union about this possible move. She just found out the day of the meeting this was a possibility and argued the proposal has been put forth too quickly.

"I just found this out today," Canaday said. "Surprise."

Retiree Janet Krivak said many retired residents are on a fixed income, making the additional cost problematic. She said single-person households would have even more trouble than two-persons households and those retirees don't have other means to supplement the money they'd lose at this point.

Rebecca Whittenberg, who worked for the health department for many years, called the increase put forth by the county "a dramatic hit" and retirees deserved more respect for the years of service they gave the county.

Janet Meunier-Gorman, president of the CSEA Local 840, said finding out about the increases the morning before the meeting was "really, really disheartening." She added she knows if this proposed increase goes through, she can't retire in the next five years like she originally planned after 29 years of service to the county.

Even Health Department Commissioner Dr. Allen Beals, who is part of the executive branch as a department head, spoke out against the process of the proposal.

"I do indeed think it's very inappropriate to not give people adequate opportunity to reposition themselves if you're going to make a dramatic change," Beals said.

When Nacerino asked Deputy County Executive Bruce Walker if he had anything to add, Walker replied, "No comment."

Legislator Joe Castellano suggested union officials give the legislature as much input or guidance they can offer before a decision is made in roughly two weeks.

Nacerino said while legislators can disagree with possible solutions, the problem would continue for the county if not solved at some point.

"We can't sustain this and keep going down the same path," she said.



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Lead Screening Imperative in Protecting Children

Children exposed to the environmental toxin lead face serious health risks with possible lifelong impact. Most child poisoning cases result from ingesting chips or inhaling dust from lead-based paint common in older homes built before 1978. In Putnam County approximately 30% of homes fall into this category. Preventing this exposure, early identification of children with elevated lead levels and intervention are all crucial efforts. As a result public health law requires blood lead level (BLL) screening for children at age one and then again at two. International Lead Poisoning Prevention Week, celebrated annually each October, helps raise awareness of this serious issue and the appropriate precautions that should be taken.

"Lead poisoning has very serious neurological consequences for young children and these cases are completely preventable," explains Allen Beals, MD, Commissioner of Health for Putnam County. "Their developing brains are particularly vulnerable and exposure can affect children's behavior and ability to learn, as well as their growth. The first step is to make sure your child has his or her blood lead levels checked at age one, and again at two. Speak to your healthcare provider or the PCDOH. Armed with the knowledge that testing is mandated

by law, parents are in a good position to ensure this is done. We can assist in getting these screenings, or provide a quick test in our office by appointment."

Young children learning to crawl spend a lot of time on the floor and put things in their mouth. Frequent washing of hands, face, toys, bottles and pacifiers is very important. A foundation of good nutrition and eating foods high in calcium, iron and vitamin C in particular, can limit the impact if lead is ingested or inhaled.

"Lead can also harm babies before they are even born, if the pregnant mother is exposed," continues Dr. Beals, who had a private practice as an obstetrician/gynecologist for more than 20 years before taking up public service.

Lead dust is often invisible and generated during remodeling or renovation, when old paint is scraped or sanded, but can be present at other times as well, settling on windowsills, floors and toys. Even if surfaces appear to be in good condition, the opening and closing of doors and windows covered with a lead-based paint will generate lead dust. Most children with lead poisoning do not look or feel sick until much later in the course of the illness. Nonetheless, damage may be occurring. The only way to know is to have your child's BLL tested.

Lead exposure can occur in other ways

as well, and reducing exposure should be routine and a priority for everyone. Tips include:

- Assume any home built before 1978 contains lead paint. Keep all painted surfaces in good condition. Renters living in homes built before 1978 should ask landlords to safely repair any peeling paint. If the landlord is not responsive, local building inspectors or town clerks may be able to assist.
- Take the proper precautions before repairing peeling paint or performing home renovations. Pregnant women, babies and children should avoid all peeling and chipped paint. Hiring a certified contractor ensures that proper safety measures are followed. Safe work practices for renovations are key to preventing contamination in a home. Call the Health Department for information on how to paint and repair safely.
- Avoid cooking, storing or serving food in leaded glass, crystal and pewter and painted china or pottery from Asia, Latin America or the Middle East.
- Individuals with jobs or hobbies with lead exposure, such as carpentry or hunting, should shower and change clothes and shoes before going home. Potentially contaminated clothes should be washed alone.

A list of children's products that

contain lead is available on the Consumer Product Safety Commission website at www.cpsc.gov or by calling 800-638-2772. For more information on how to prevent childhood lead poisoning, call the Putnam County Department of Health at 845-808-1390 or visit the New York State Department of Health web site at: www.nyhealth.gov/environmental/lead.

The mission of the Putnam County Department of Health is to improve and protect the health of our community. Core services include community health assessment, disease surveillance and control, emergency preparedness, environmental health protection, family health promotion and health education. For more information, please visit our website at www.putnamcountyny.gov; or visit our social media sites on Facebook at www.facebook.com/putnamhealth and Twitter @PutnamHealthNY.



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SMALL NEWS IS BIG NEWS

A Random List of Homeowner To-Do's for Winter

Each fall throughout the years I have given various tips for preparing for the long, cold winter ahead, and among them, here are some that are top of mind.

For the lawn, rather than gathering leaves and lawn clippings in bags, cut the leaves while dry with your lawnmower into dime-sized pieces. They will fall among the blades of grass where they will decompose and nourish the lawn over the winter. Bagging them is such a waste of nutrients.

Also outside, remember to disconnect all garden hoses and drain the water that remains in the faucets. Water that remains can freeze and cause pipes to burst as the ice expands. If you don't have frost-proof faucets, turn off the shut-off valve inside your home.

Remember, your roof is your first line of defense in protecting your home throughout the winter season. Without your roof functioning in good condition, water damage can occur, which in turn can cause deterioration to insulation, wood and drywall, making electrical, plumbing and HVAC systems vulnerable. It's better to proactively deal



By Bill Primavera

with repairs in the fall than to discover a leaky roof during a snowstorm.

When all the leaves have fallen, it's time to clean out gutters and downspouts, flush them with water, inspect joints and tighten brackets if needed. Clogged gutters are one of the major causes of ice dams. Replace old or damaged gutters with new ones that have built-in leaf guards.

This kind of advice is easy to dole out, but honestly, for safety's sake, I have never once been on a ladder to the second story of any home I've owned. Actually, it's not for safety's

sake. It's my fear of heights. No matter the reason, it's always a good idea to have a roofing professional or handyman check out the condition of your roof.

It's also a good idea to extend downspouts three or four feet to take water away from the foundation of the house.

On ground level, I have checked weather stripping and caulking on doors and windows, walking around examining the areas where window, door and corner trim meet the siding, caulking any gaps I've found.

Inside, the goal is having a home

that is well-insulated, devoid of drafts, which occur when cold air seeps in from the outside or when warm air exits. Having always lived in older homes, I've probably used every trick in the book to supplement inadequate insulation until it could be upgraded. Among them, and my favorite, has been the frequent use of draft snakes at the foot of doors to keep drafts at bay between rooms.

The draft snake was adopted during the Great Depression as one of the easiest ways to cut back on energy waste. You can make one on your own by simply rolling up a towel or filling up a pouch of fabric with either sand or kitty litter. There are many on the market that can lend craft charm to the winter indoor landscape, even though you have to nudge them out of the way when that door has to be opened and closed. It's worth the bother to save heat, however.

The old-fashioned remedies of lined draperies at windows and at open doorways between rooms still work today as well as they did 200 years ago in stopping drafts.

But air leaks around windows and doors are not the main culprits in robbing a house of warmth in cold weather. According to the Environmental Protection Agency's Energy Star program, the more significant leaks come from the attic and basement –

knee walls, which are the side walls that support attic rafters; the attic hatch; wiring holes for cable, electric and phone lines; recessed lights; furnace flues or ducts; and basement rim joists, where the foundation meets the wood framing.

The very best chore on your checklist should be to have a home energy audit, which can determine where your energy is being wasted and prioritize your efficiency upgrades. The auditor analyzes your energy bills, completes visual, health and safety inspections and may use special equipment to detect sources of energy loss.

The good thing is that there are incentives and rebates available through New York State and Westchester and Putnam county agencies to help finance your energy upgrades. Any provider found online will be happy to explain how they work and assist you through the process.

Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc., the longest running public relations agency in Westchester (www.PrimaveraPR.com). His real estate site is www.PrimaveraRealEstate.com, and his blog is www.TheHomeGuru.com. To engage the services of The Home Guru to market your home for sale, call 914-522-2076.

Continuous Experimenting Results in Instinctive Behavior



By Nick Antonaccio

During the eight-plus years of penning this weekly column and the 20-plus years of conducting corporate and private wine tasting events, I have been approached on numerous

occasions with various questions.

In the what's-your-opinion category, I've been asked, "What's your favorite wine?" "Which wine pairs well with mango salsa grilled salmon?" These questions invariably involve suggestions from my personal tastes and preferences, which I am more than happy to address. Simply e-mail me at the address at the end of this column.

In the inquiring-minds-want-to-know category, the questions are focused on science-based matters. Here are a few of the most frequently asked, with the answers I offer each time asked.

1. Does the size and shape of a glass really matter?

Always. Wine is a living, breathing organism. Its life and maturity are

muted once the wine is bottled and sealed with a cork or screwcap. The introduction of oxygen into a bottle or glass of wine allows it to continue its life cycle. Oxygen allows the aromas of a wine to burst forth and present the qualities muted while in a bottle. Each type of wine has specific characteristics. A wine glass especially designed to enhance the aromas of a grape varietal will enable a wine drinker to better appreciate its best qualities.

White wine aromas tend to be less powerful and more subtle than those of red wine. Hence, a carefully engineered wine glass designed for white wine has rather straight and narrow walls. This quickly focuses aromas, forcing them to the rim of the glass quickly, capturing the essence of the wine in the olfactory senses of the nose.

In contrast, a wine glass designed for red wines is taller and has a wide bowl shape that tapers toward the top. This shape provides for better aeration of the wine; a wide surface area of a poured red wine allows

You Heard It Through the Grapevine

for greater penetration and mixing with oxygen. By allowing the wine to breathe and open up, the powerful aromas of a red wine waft to the narrow rim of the glass, concentrating the aromas

to the olfactory senses.

2. Is aeration important?

See the response above. Our sense of smell is the most important component of wine appreciation. While our sense of taste has five components, there are tens of thousands of smell receptors residing in our olfactory receptors. It is the sense of smell that defines our impression of a wine.

While the best way to appreciate wine aromas is to sniff from the proper glass, the best way to release trapped aromas into a glass is to agitate the wine. There are several ways to accomplish this; my preference is to place a poured glass of wine on a firm surface and vigorously swirl it in a rapid clockwise motion. This forces oxygen into the liquid, quickly releasing its bouquet of aromas. And then there is the molecular gastronomy approach. This method recommends pouring the entire contents of a bottle into a food blender, press the high-speed button for 30 to 60 seconds and voila, a fully aerated bottle.

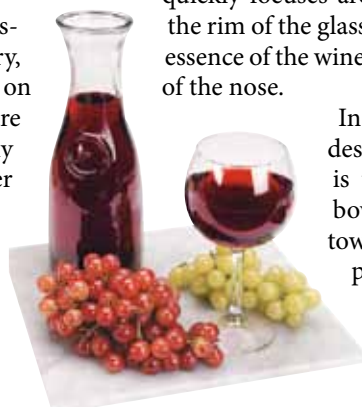
3. Is there an ideal portion size when

pouring wine into a glass?

Yes. Fill one-third of a glass. This translates to about a five-ounce pour (which is also the amount of a typical restaurant/wine bar pour). The science behind this is rather intuitive. As noted above, the introduction of oxygen into a poured glass of wine releases the quiescent bouquet and aromas of the wine. A glass filled less than a third contains too little wine to interact adequately with oxygen. A glass filled to the rim leaves little room for oxygen to influence aromas and can be rather precarious when attempting to vigorously swirl a glass.

Enjoying a glass of wine is a pleasurable experience. Understanding how to enhance your enjoyment can be just as pleasurable – and rewarding.

Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted numerous wine tastings and lectures. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.



Happenings

We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Nikki Gallagher at nikki@theexaminernews.com

Tuesday, October 20

Networking Mashup to benefit Support Connection. Professional Women of Westchester and Professional Women of Putnam will host a special with proceeds going to Support Connection, Inc., a not-for-profit organization that provides free, confidential support services to people with breast and ovarian cancer. The event will take place from 6 p.m. – 8 p.m. at Augie's Prime Cut in Mohegan Lake (3436 Lexington Ave), there will be raffles, pink hair extensions and vendors. To learn more about The Professional Women of Putnam and Professional Women of Westchester and to register for the Pretty in Pink event visit www.professionalwomenofputnam.com or www.professionalwomenofwestchester.com

Mystery Book Club for grades 5 and 6 at Kent Library: Who doesn't love a good mystery? The third Tuesday of each month, 5 p.m. to 5:45 p.m. The first book we will be reading is "Escape From Mr. Lemoncello's Library" by Chris Grabenstein. Put your detective skills to work as we read about a group of 6th graders trying to escape from a futuristic library designed by a master game developer, Luigi Lemoncello. Copies are available to borrow at the Kent Public Library in preparation for our first meeting on Tuesday, October 20 from 5 p.m. - 5:45 p.m.

Wednesday, October 21

Indian cooking with Rinku Bhattacharya at the Kent Library. Don't miss this chance to enjoy and learn how to prepare Indian food at the Kent Public Library. Award winning Hudson Valley local cookbook author, Rinku Bhattacharya will present a cooking program at the library. 6:00-7 p.m. Rinku has been teaching recreational cooking classes for the last nine years, and works extensively with local farmer's markets doing seasonal demonstrations and discussions. Rinku is the author of The Bengali Five Spice Chronicles (Hippocrene Books, 2012), winner of the Gourmand World Cookbook Award for Best Indian Cuisine. FMI: 845-225-8585. The library is located at 17 Sybil's Crossing, Kent Lakes.

Medicare: The Biggest Gap:30 at Reed Library. Where are the gaps in Medicare? Understanding them can be the difference between a secure retirement and outliving your money. This workshop will show how appropriate planning will protect what you have worked for your entire life. Please call the library to register, 845-225-2439.

Thursday, October 22

Enjoy Herbs All Year Round, The

Master Food Preservers from the Cornell Cooperative Extension Association of Putnam County will be at the Brewster Public Library. 5:30 p.m.-6:45 p.m., to discuss herb preservation. Learn how to dry, freeze and use herbs in infusions. Space is limited. Registration is required. For more information call the library at 845-279-6421 or visit <http://tinyurl.com/np9qvm>.

Friday, October 23

ROPE: Directed by husband and wife team Chris and Megan Collins. The play, written by Patrick Hamilton, concerns two old friends who have murdered a former classmate as an expression of their supposed intellectual superiority. See what, (and who), unravels as their evening of mayhem unfolds. Performances will be presented over two weekends, October 23-24 and 30-31 at The Studio Around the Corner in Brewster. (under the Southeast Museum). For ticket information contact BrewsterTheaterCompany.org. (845) 232-0739.

The Brewster Public Library will have a Teen Movie & Pizza Night: 5 p.m.-7:30 p.m. Teens ages 13-18 are invited to the library after hours to watch the newly released movie "Jurassic World" on our big screen! Pizza, popcorn and beverages will be provided. This movie is rated PG-13. Registration is required. For more information call the library at 845-279-6421 or visit <http://tinyurl.com/olsxl65>.

Saturday, October 24

Pumpkin-Palooza: Veterans Memorial Park, Kent. Off of Gipsy Trail Road in Ken from Noon to 2 p.m. The event is being hosted by Putnam County Tourism in cooperation with Putnam County Government. Enjoy a variety of family friendly activities including hayrides, interactive demonstrations, face painting and more. Kicks 105.5 radio station will be broadcasting live from Pumpkin-Palooza. Putnam County Antique Machinery Association will have exhibits on display as well. Admission and parking is free. There will be 500 pumpkins available for \$5 each, on a first-come, first-served basis. Pumpkins will be limited to one per child (ages 12 and under).

Refreshments and lite fare will also be available for purchase through Homestyle Caterers.

The rain date is Sunday, Oct. 25. For more information go online to visitputnam.org or call 845-808-1015.

American Heart Association Adult CPR course at Kent Library: 10:30 a.m.-1:30 p.m. to be certified in CPR, or cardiopulmonary resuscitation. This is an American Heart Association certification, and each person upon

completion of the course will receive a heart saver card for adult CPR. Registration is required. Space is limited. There is no cost for certification. Taking this course could allow you to save the life of someone you care about. To register, please call the Library at 845-225-8585. The library is located at 17 Sybil's Crossing, Kent Lakes. .

Growing shiitake mushrooms: 1 p.m. - 3 p.m. Putnam Valley Grange. 128 Mill Street (at Peekskill Hollow Rd.) Putnam Valley. \$30 Per Participant. (or per team of 2 or 3 receiving only one set of materials)

Giant Tag Sale: 9 a.m. – 3 p.m. will take place at the HH Wells Middle School 570 New York 312, Brewster. Rain date is October 25th. Vendors can purchase a space for \$25 to set up a table and sell their own items. Spots are limited so contact us at perfartsboosters@gmail.com. Admission is free. In addition to vendor items, the tag sale will feature furniture, electronics, sports equipment, jewelry, toys, appliances, books and household goods donated by local families to support the Brewster High School Music Department. For more information call (845) 279-5051 or email perfartsboosters@gmail.com

Saturday, October 24

Bard on the Lake at Arts on the Lake: Kent Highway Supervisor Richard Othmer joins others to present the worker scenes from Shakespeare's "A Midsummer Night's Dream" as part of an evening of Shakespeare directed by Roger Hendricks Simon in the lake Carmel Arts Center at 8 p.m. Located at 640 Route 52, Lake Carmel, Bard on the Lake is a project of Arts on the Lake, the Blue Horse Repertory and the Simon Studio. Tickets may be purchased at www.artsonthelake.org or reservations made at (845) 228-2685.

Military Collectibles, and Knife Show that will be held at the Patterson, Recreation Center, 65 Front Street, Patterson,. Historical items for sale will include Insignia, Medals, Uniforms, Equipment, Swords, Knives, Headgear, Books, Art Work , Antique Muzzle Loading Guns, etc. The material will cover the years from the American Revolution to the present day. There will also be several uniformed "Living Historians" who are ready to answer questions about the eras they represent. Vendors come from all over the Northeast. Do you have military items and would like to know more about them? Brian Benedict, "The Duffle Bag Man" will be available to identify and appraise your items free of charge. Great food will be available for breakfast and lunch. This family friendly show runs from 9a.m. to 4p.m. Admission is \$5 Children under 12 Free with an

adult. Part of the proceeds of this event goes to Patterson Recreation Center & American Veterans Historical Museum. For additional information on this event, contact The Patterson Recreation Center, 845-878-7106 or The Duffle Bag, 845-878-7106.

The Garcia Project: Recreating the Jerry Garcia Band Experience. 8 p.m. It's The Garcia Project. Tickets are \$30 in advance (\$35 at the door) and can be purchased at the Box Office, over the phone (914-739-0039 ext 2) or on our website at <http://paramounthudsonvalley.com/TheGarciaProject>.

October 25

Halloween Ragamuffin Parade and Party: The Hamlet of Carmel Civic Association 6th Annual Halloween Parade. The HCCA Halloween Parade is for children from pre-school up to fourth grade. Children will be assembled in the parking area behind the Putnam County Office Building at 40 Gleneida Avenue in the hamlet of Carmel at 1 p.m. and the parade will start at 1:30 p.m. They will march out of the new courthouse driveway, stop at a reviewing stand on the old courthouse steps and then proceed north up Gleneida Avenue to Fair Street, where they will turn right and go to Carmel High School. Please note that this is a new venue this year. The three prize categories will be: pre-school; K and first grade; and second to fourth grade. Awards will be presented at the High School cafeteria and every child will receive a small prize just for participating. Refreshments will be served and the children will also be treated to face painting and crafts. The event will be held rain or shine. In case of heavy rain, children can go directly to the Carmel High School cafeteria. For more information, please visit their website at www.carmelciviccassoc.org

All children ages 2 and up are welcome to attend the Annual Halloween Bash at Seven Star School of Performing Arts! We will be playing Halloween-themed games, dancing, making arts and crafts and so much more. 10 a.m. to 11:30 a.m. at Seven Star School's state-of-the-art facility located at 509 Route 312, Brewster. This program is offered to the community for free! Contact us to reserve your spot via email info@sevenstarschool.com or call (845) 278-0728. For more information visit www.SevenStarSchool.com.

Monday, October 26

October is Domestic Violence Awareness Month. Join the People Against Domestic Violence for a Candlelight Vigil. 6 p.m. Putnam County Old Courthouse Building.

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LEGALS

Notice of Formation of DStrength LLC, Arts of Org. filed with Sect'y of State of NY (SSNY) on 8/26/2015. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: 234 Bedford Rd.

Unit #4, Pleasantville, NY 10570. Purpose: any lawful activity.

Notice of Formation of Adler & Adler, LLP. Arts of Org filed with Secy. of State of NY (SSNY) on 5/18/2015. Office location: WESTCHESTER County. SSNY designated agent upon whom process may be served and shall mail copy of process against LLP to principal business address: 800 Westchester Avenue, Suite N-641, Rye Brook, NY 10573. Purpose: any lawful act. 0000032823 w.o.

NOTICE OF FORMATION of Joseph G. Del Toro, LLC. Arts of Org filed with Secy. of State of NY (SSNY) on 8/24/2015. Office location: WESTCHESTER County. SSNY designated agent upon whom process may be served and shall mail copy of process against LLC to principal business address: 78 Paulding Drive Ste. A, Chappaqua, NY 10514. Purpose: any lawful act. 0000034875 w.o.

NOTICE OF QUALIFICATION of Corporate Jet Support, LLC d/b/a Wolfgang Jet Support. Application for Authority filed with the Secretary of State of New York (SSNY) on 10/01/15. Location: Westchester County. SSNY designated as agent for service of process on LLC. SSNY shall mail a copy of process to LLC: c/o KBG 11 Times Square FL10, NY, NY 10036 Attn: Harry Beatty. Purpose: Any lawful purpose.

SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF PUTNAM RABBI ISRAEL MEYER HACHEN RABBINICAL SEMINARY OF AMERICA, Plaintiff, - against - LARKSBURG CEMETERY CORPORATION, Defendant. Index No. 1425/2015 SUMMONS WITH NOTICE Plaintiff designates Putnam County as the place of Trial The basis of venue is: Location of the real property subject to

judgment in this action To the above named Defendant: YOU ARE HEREBY SUMMONED to answer the complaint in this action and to serve a copy of your answer, or, if the complaint is not served with this summons, to serve a notice of appearance, on the Plaintiff's Attorney within 20 days after the service of this summons, exclusive of the day of service (or within 30 days after the service is complete if this summons is not personally delivered to you within the State of New York); and in case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the complaint. Dated: July 22, 2014 White Plains, New York NOTICE: The nature of this action and relief sought is: (i) Quiet title, pursuant to Article 15 of the New York State Real Property Actions & Proceedings Law ("RPAPL"), to: (a) a ±46.8 acre parcel of land, located in the Town of Putnam Valley, County of Putnam, State of New York, also identified on the Town of Putnam Valley's Tax Map as Parcel 85.13-1-29, and commonly known as the Nathan Property ("Lot 29"); and (b) a ±20 acre parcel of land, located in the Town of Putnam Valley, County of Putnam, State of New York, also identified on the Town of Putnam Valley's Tax Map as Parcel 85.13-1-33, and commonly known as the Larksbury Cemetery ("Lot 33," collectively with Lot 29, the "Subject Property"); and (ii) Damages, as a result of Defendant's tortious slander of Plaintiff's title to the Subject Property, including, but not limited to: (a) special and actual damages, including reasonable attorney's fees expended in order to clear title, as well as additional future expenses and damages not ascertainable at this time, and will be proven at trial, which Plaintiff will continue to incur until such time as the cloud on Plaintiff's title to the Subject Property has been removed; and (b) punitive damages in such amount as will sufficiently punish Defendant for Defen-

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nant's willful and malicious conduct and as will serve as an example to prevent a repetition of such conduct in the future. If you do not serve a notice of appearance or demand for a complaint within the applicable time limitation stated above, a judgment pursuant to RPAPL Section 1521 and/or N.Y. C.P.L.R. Section 3215 may be entered against you, by default: (i) declaring Plaintiff's claim to the Subject Property, and/or declaring you to be forever barred from asserting any claim to the Subject Property, and/or directing that any instrument purporting to create any such estate or interest in the Subject Property be delivered up or cancelled of record or be reformed of record as the facts 2 may require, and/or awarding

possession of the Subject Property; and (ii) granting an award of damages in connection with the tortious slander of Plaintiff's title to the Subject Property. **Dated: July 22, 2014 White Plains, New York ZARIN & STEINMETZ By: David S. Steinmetz Jody T. Cross Attorneys for Plaintiff 81 Main Street, Suite 415 White Plains, New York 10601 (914) 682-7800**

NOTICE OF FORMATION OF First Printing Productions, LLC. Articles of Organization filed with the Secretary of State of NY (SSNY) on 9/16/2015. Office location: WESTCHESTER County. SSNY has been designated as agent upon whom process against it may be served.

The Post Office address to which the SSNY shall mail a copy of any process against the LLC served upon him/her is: 250 Bronxville Road #3H Bronxville NY 10708 The principal business address of the LLC is: **250 Bronxville Road #3H Bronxville NY 10708 Purpose: any lawful act or activity**

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The Putnam
Examiner
Sports
Covering Putnam County and Northern Westchester Sports

October 20 - October 26, 2015

SMALL NEWS IS BIG NEWS

SPORTS SECTION



RAY GALLAGHER PHOTO

No.5 Carmel Flames Out in Play-in Round

Despite another terrific effort from its dynamic receiving duo of seniors Quinn Willman (L) and Ryan Sullivan (15) -- who combined for 17 catches, 247 yards and three TDs -- No.5 Carmel (5-2) suffered a devastating 42-28 loss to previously winless Mamaroneck, the No.12 seed, in the play-round of the Section 1 Class AA grid tournament last Friday night... see Grid Notebook

Sports

Class A Grid Notebook

No.4 Brewster to Host No.5 Yorktown in Juicy Quarterfinal

No.9 Hen Hud Shocks Nyack, No.6 Somers Crushes No.11 Byram, Both Advance

By Ray Gallagher
Examiner Sports Editor
@Directrays

Quarterfinal Friday is upon us, and the matchups are both juicy and intriguing; starting with No.5 Yorktown and No.4 Brewster in what should be a shootout of epic proportion this Friday (7:00 p.m.). No. 9 Hen Hud will also visit No. 1 Rye this Friday (7:00 p.m.), while No. 6 Somers looks to avenge a 40-3 Week 3 loss at No. 3 Lourdes on Friday (7:00 p.m.).

The big question facing Yorktown is how the heck Coach Mike Rescigno's Huskers (5-2) intend to stop the weaponry coming out of Brewster (6-1), which advanced to the quarterfinals after a 35-13 win over visiting No.13 Walter Panas last Saturday.

Yorktown, which advanced in blowout fashion – a convincing 42-0 shutout of visiting Beacon – has had momentary lapses on defense, which it can ill-afford against a Bears offense that can score in bunches, including FB Jeremy Meissner, HB Jack Guida, QB Matt Catalano and pass-catching RB Kevin Blank... to name a few

Guida tied the Panas game at 7-all midway through the second, at which point the Bears took over for good. Panas had taken a 7-0 lead when QB Brandon Hodge found WR Erik Otero for a 48-yard score on the game's opening drive, but the Brew Crew defended like their lives depended on it from that point forward.

Meissner (two rushing TDs) bulled in from 21 yards out on the next series and Guida tacked on another score from nine yards out just before the half for a 21-7 lead. Guida, a patient, slithery runner who denies initial contact, added a third score early in the third quarter and the rout became official. Brewster Coach Ed Mulvihill heaped praise upon his offensive linemen -- Jake Hay, Evan Pfiel, Manny Costales, Connor Dignan, Jaden Milano



Somers' AJ Butlien gets a lift from OL Jack Gilroy after scoring a TD in Tuskers' 55-27 win over visiting Byram Hills.

and TE Nick Panucci -- for their continued improvement and stellar play in the trenches.

"Yeah, they got the job done," Mulvihill said. "They have helped us average 8.5 yards per carry. They have been getting better every day. We will need them at their best if we want to play with Yorktown. We saw them on film and in person and they look great. Not sure how anyone beat them. We need a great week of practice."

Yorktown will have its hands full with the 15-year-old Guida, a junior with a great deal of promise. Likewise, Brewster will have to deal with Husker HB Nick Santavicca, who continued his record-setting career by going for 220 yards and three touchdowns in the rout of the Bulldogs. Husker QB Jose Boyer poses a dual threat for the Bears after passing for 113 yards and rushing for 135. Boyer hit on 5 of 7 pass, including a TD pass to good looking sophomore WR Brett Makar, who finished with 73 yards on three grabs. Tyler Makar added a 28-yard catch for the Huskers, who, remember, were considered Class A pre-season favorites by anyone with a measuring stick. That has not changed in the minds of the Huskers.

In essence; what we have is two prolific offenses, going up against a pair of defenses that have been susceptible at times this season, which could lead us down a high-scoring road that would have both "The Crop" and "The Brew Crew" in full throat by Friday night.

"I think we will be able to just be us and do our thing," Santavicca said. "We need to play fast, up-tempo offense and hard nose D. Brewster is a very good team, but I think we'll be ready to go and well prepared. It should be a good game."

The Bears, who haven't been to the playoffs in three years, relish a crack at the 2014 runner-ups.

"We can't wait to play Yorktown this week," Catalano admitted. "It's been three years since Brewster has been to the playoffs and our team is ready. Our defense played stellar and it will continue into this week. Defense is going to be big this week because they have two quick offensive threats: Nick Santavicca and Jose Boyer. Our offense has been a machine these past couple weeks; starting with our offensive line. They have been amazing and it'll continue into this week. Our backs, as usual, have been animals just running through defenses and they don't



ANDY JACOBS/BOB CASTNER PHOTOS

Somers RB Messiah Horne breaks one of many long gains en route to a 3-TD, 120-yard effort in rout of Byram Hills.

plan on stopping. It's going to be a very physical and interesting game and we can't wait to get a chance to play them."

Oh, it's on!...

SOMERS will be looking to pull off a major upset against a Lourdes team that truly had its number several weeks back; but that was when the Tuskers were feeling a tad sorry for themselves. Junior RB Messiah Horne, who lit up Byram Hills with three TDs and 120 yards, sat out with an injury, and the team was dealing with the loss of injured senior captain Tom Castelluccio for the year. Clearly, Somers was in a bad place that day and it showed. That was then, this is now, but Lourdes (5-2) has also improved and enters the clash as the more seasoned squad, complete with a No.24 NYS ranking.

After a 55-27 win over Byram Hills in the play-in round, Somers (4-3) is hitting on all cylinders offensively. Somers QB Kevin Olifiers hit on 3 of 3 passes for 96 yards and a score to AJ Butlien while FB James Lucadamo went for 80 yards rushing and a score, providing balance to Horne's explosive burst.

The big question is whether or not the Somers defense can stand tall in the face of Warriors QB Dean Rotger, among the most prolific signal callers in the section. Sophomore DL Nick Garguilo and DE Aldo Kaczmarkiewicz will need to lead a critical charge up front to pressure Rotger if the Tuskers are going to stand a chance.

Somers DL Erik Hagenah picked off a pass and rumbled 40 yards for a score just before the half. Tusker FB James Lucadamo rushed for 80 yards and a score while WR AJ Butlien s fagged a 37-yard TD pass for the Tuskers, who are simply building a foundation for what should be two tremendous seasons in 2016-17.

HEN HUD's 23-20 overtime triumph of Nyack was one of two things; either its biggest win since the 2005 Bowl win over Lakeland or the biggest win since its 1999

semifinal win over Rye, which produced its last Section 1 title appearance against a boy named Sammy Maldonado, arguably Section 1's all-time running back.

"All I could really tell our guys in the post-game huddle was how proud I was of them," Hen Hud Coach Mike Lynch said after the Sailors improved to 3-4. "There were so many times in that game where



The Makar boys, Brett and Tyler, celebrate Brett's 29-yard TD grab in the Huskers' 42-0 win over Beacon last Friday.

our guys could've lost hope and packed it in. Whether it was falling behind 13-0 in the first half or being down two scores in the fourth quarter, missing the go-ahead extra point late in the fourth quarter, or missing the game winning field goal as time expired, but they never, for one second, wavered. A ton of credit to our offensive line who didn't allow a sack in the second half on 20 pass attempts."

With time, Sailor junior QB Nick Cunningham (16 of 22 for 201 yards and 2 TDs) stepped up and took advantage of the opportunity he was given. Hen Hud's receivers were the beneficiaries, including Jordan Artope (6 receptions, 68 yards), Joe Pecchia (6 receptions, 50 yards), Marquan Anderson (3 receptions, 58 yards, 1 TD), Jack Attinelly (2 receptions, 26 yards, 1 TD) and Alan Jackson (2 receptions, 16 yards). Anderson also drilled the 31-yard game-winning field goal.

"Nick played extremely well, engineering a late scoring drive in the second quarter and throwing two TD passes in the fourth quarter to bring us all the way back," Lynch said. "I can't say enough about our senior captain Jordan Artope. He showed he was more than just a runner with his six receptions five of the six going for pivotal first downs in the second half. I'm just so very proud of our guys for their ability to overcome all of the adversity."

Sports

Class AA/B Grid Notebook

Class AA Mahopac, Class B Putnam Valley Advance to Playoffs

By Ray Gallagher
Examiner Sports Editor
@Directrays

Mahopac senior QB and captain Dan Foley returned from injury last Friday night in the opening round of the Section 1 Class AA play-in game, but it wasn't so much as what he did on the field as what he did for the morale and spirit of a Mahopac football team that sorely missed their leader.

Senior running back Christian Donahoe admitted the team's psyche was lifted by Foley's return and it was evident in Donahoe's performance, which included three rushing touchdowns as the No. 6 Indians defeated No. 11 Horace



RAY GALLAGHER PHOTOS

Carmel's Quinn Willman, David Vega and Joe Kenna (L-R) draw a beat on a Mamo rusher in Rams' playoff loss last Friday.



Mahopac DL Chris Kocovic (66) and John Vellek (73) combine to snuff out a Greeley rusher in Indians' 28-6 win last Friday.



Carmel QB Joe Rodriguez evades the rush in Friday's playoff loss to Mamaroneck.

like that was huge. We're very excited for this week."

Mahopac (4-3) will be opposed by No. 3 Scarsdale in Saturday's 2:00 p.m. quarterfinal tilt; the same Scarsdale club that ran roughshod over No.5 CARMEL, which met its match in No.12 Mamaroneck last Friday night in stunning fashion when the Rams (5-2) were eliminated, 42-28, by the previously winless Tigers (1-6).

Donahoe's first score was a dash from 41 yards out, straight up the middle before a cut to the left

early in the first quarter. Donahoe then popped a second-quarter 40-yard burst to the one, which he took to paydirt on the next play for a 14-0 halftime lead.

"Christian took the game over with a spectacular performance," Foley said. "It felt great to be out there with my teammates again. In the second half, our offense got rolling and we put together two scoring drives to get a good lead on them."

Donahoe's last touchdown came in the third quarter when he dashed in from 23 yards out. Donahoe had over 120 yards rushing and averaged more than 10 yards every time he touched the ball. Mahopac's final touchdown came in the middle of the fourth quarter when senior HB Joey

Cavaciuti scored his eighth TD in four games from 14 yards out.

Mahopac's goal this season was to reach the Class AA finals. Whether that happens or not remains to be seen, but with a healthy Foley in tow, the Indians are well prepared to reach the Final 4 for the first time since 2010.

CARMEL had no control over Mamaroneck's return game, which resulted in a slew of short fields for the Tigers with which to work. The Rams, suspect at times this season on defense, could ill-afford that but failed to contain speedy Emerson Genovese, who also snagged 10 passes for 186 yards and a touchdown.

Despite that, the Rams were in position to score the go-ahead TD when the tide turned in the blink of a pick-six. Trailing 27-21, Carmel marched inside the Tiger 30 before QB Joey Rodriguez, who was forced to throw on account of the hole the Rams dug, was intercepted by Kieffer Barchetti, and Genovese added yet another game-changing pick-six on the Rams' ensuing drive late in the fourth quarter.

Minus the three picks, Rodriguez finished with an otherwise glowing stat line, going 26 for 43 for 322 yards and three touchdown passes. He also rushed for another score, but the Tigers were expecting pass more often than not, which came back to bite the Rams. Carmel WR Ryan Sullivan caught 14 passes for 138 yards and a touchdown and fiery WR Quinn Willman had seven catches for 127 yards and a pair of scores.

Carmel's leading rusher, HB Kasey Correa, played just one play before succumbing to a bothersome ankle injury. He hopes to play this week.

CLASS B

PUTNAM VALLEY defeated Croton 33-7 behind a dominant defensive effort, including DL Connie George, who wrought havoc on the Tigers all day.



Mahopac RB Christian Donahoe rumbles for one of three TDs he would score in No.6 Indians' 28-6 rout of No.11 Greeley last Friday night.

Leading a defense that held Croton to 66 total yards, George had five tackles for a loss (10 in all), caused three fumbles and notched a sack.

The junior dominated the trenches, according to PV Coach Matt Mello. "Connie lived in the Croton backfield," he said. "He was incredible."

PV senior RB Mike Dellabate rushed 23 times for 128 yards and a TD. WR Joe Spinola caught two passes for 32 yards and a touchdown. QB Zach Girvalo rushed seven times for 46 yards and a PV score. FB Kyle Anderson added a three-yard TD run for the fifth-seeded Tigers, who have reached the playoffs for the first time since 2007 and will visit No.4 Pleasantville this Friday (7:00 p.m.) in the Class B quarters.

The Tigers beat Pleasantville just two weeks ago in an 18-13 game in which the Panthers came on strong in the fourth quarter. The Tigers have never reach the Class B Final 4 in their history, so doing so would be a huge feather in the cap of the program and everybody associated with PV football.



Carmel QB Joe Rodriguez congratulates Quinn Willman (7) after one of his two TD grabs in loss to Mamaroneck.

Greeley, 28-6.

"It feels really good to have Foley back, kind of reminds me of last lacrosse season with the team getting healthy for the playoffs," Donahoe said. "It was a good feeling to see Foley back in the huddle. But we knew this was most likely the last home game of our lives, so getting a win

Sports

Boys-Girls Soccer Notebook

Lakeland Rallies Together for Injured Troops in 3-0 Win

Somers Girls Top Yorktown, 5-1, Extends Winning Streak to 38

By Ray Gallagher
Examiner Sports Editor
@Directrays

The Lord tested the resolve of the Lakeland High soccer program last week, doing so in a way no coach, no player, no parent and no team ever wants to be tested. Three Lakeland players – junior captains Nick Foci, Matias Prando and Jordan Fein -- were in a bad car accident last Friday night, forcing Lakeland Coach Tim Hourahan to take the pulse of his team while he came to grips with just how tight the Section 1 soccer community is.

"It has been an unbelievable 48 hours now," Hourahan said Sunday afternoon from one of two hospitals players were recovering in, including one in the ICU unit. "That phone call you get from one of your players parents at 8:30 on a Friday night is one you don't want to get. It was surreal. Then to arrive at hospital and realize that one of the three was put into the ICU unit at Valhalla really started to make things unnerving."

The nerves have been subdued by the outpouring of support from those within Lakeland and the surrounding communities.

"The out pouring of concern from recent alumni is amazing," Hourahan said. "It truly has been overwhelming and we look forward to eventually letting all three of them know how much they are loved by current and past players and parents."

The Hornets (9-4-1) took the field Saturday afternoon for a 3-0 win over visiting Our Lady of Lourdes, a game Hourahan had to be talked in to playing.

"I just figured the right thing to do was



RAY GALLAGHER/RICK KUPERBERG PHOTOS

Yorktown's Alyssa Francese (7) and teammates celebrate her goal in 5-1 loss to Somers

for us to forfeit," Hourahan said. "But I got a text from one of the moms of the injured players telling me to get the kids out there and play the game. 'Go play and win the game for these boys' is what she said."

And that's exactly what the Hornets did, getting two goals from Aidan Sabert and three assists from Kadri Haluci. Deven Girgenti also scored for the Hornets, who will dedicate their season to the three injured players, who will not play again this year but are all recovering. Foci, who was removed from ICU, was the lone player to remain in the hospital over the weekend but hopes to come home early this week. Whether the Hornets win another game or not this season, there's still plenty to be thankful for.

"The love the community has shown for these three boys

has been amazing, something we really needed, whether it was from the coaches at Valhalla, Byram Hills and Mamaroneck, who showed up at the hospital or at our game to speak to our kids, to the parents and former players. We can't thank them enough," Hourahan said.

Here, here! And if Coach Hourahan wonders about the devotion he gets from players and parents – both past and present – he need only look in the mirror...

CORNER KICKS

PUTNAM VALLEY (10-3-1) has posted its best regular season in history but Class B is loaded with contenders this season and the Tigers will have a rough go with a handful of battle-tested clubs, including Valhalla (13-1-1), Bronxville

(13-2), Edgemont (11-2-1), Pleasantville (9-3-2), Hastings (10-2-2), Briarcliff (7-4-3), Rye Neck (8-5-2) and Blind Brook (8-5-1). Coach Craig Glenn's Tigers would do well to win a game in the playoffs, what would be the second time in program history...

Class AA Yorktown (7-4-4), plus Class A Somers (9-4-2) and Lakeland look to be prime contenders to make hay in the playoffs, but getting to the Final 4 will be a difficult task for all three; winning a title would be miraculous,

to say the least...

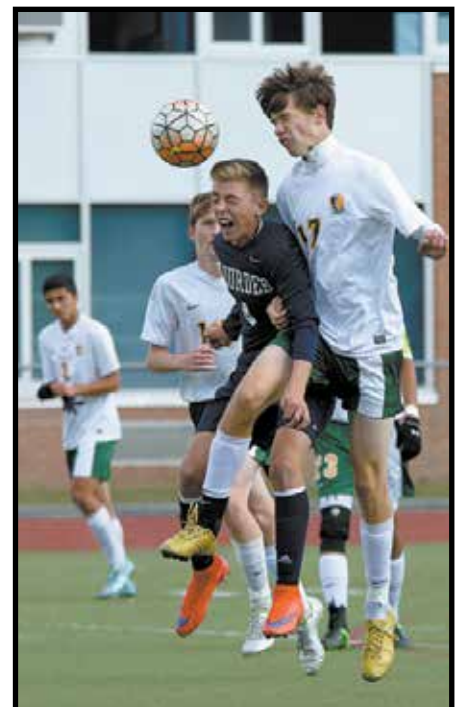
SOMERS has seen its girls' team continue to produce victories at an alarming rate, including a 5-1 win over visiting Yorktown last Wednesday. Coach Paul Saia's defending NYS champion Tuskus won their 38th consecutive game on account of UConn-bound junior Melina Couzis' hat trick, part of an all-around terrific game against the Huskers. Couzis even unleashed a rare bicycle kick for a score off a dizzying head-ball assist from All-American Hannon Eberts, who put the state-ranked (No.1) Tuskus on the board first and added another in the



Yorktown's Jessica Arrigoni clears zone in loss to Somers.



Somers Ciara Ostrander is pursued by Yorktown's Celestina Beakes in 5-1 Tusker win over Huskers.



Lakeland's Aidan Sabert plays head ball in Hornets' 3-0 league-title-clinching win over Lourdes last Saturday at The Hive.

Sports

Boys-Girls Soccer Notebook



Yorktown G Alexa LaPierre makes a terrific save (1 of 19) with Somers All-American Hannon Eberts bearing down in Tuskers' win over Huskers.



Lakeland's Eddie Rodriguez and Deven Girgenti lead the emotional Hornets up field after goal in 3-0 win over Lourdes Saturday.



Somers All-American Hannon Eberts breaks free of Yorktown defense to score a breakaway goal in 5-1 Tusker win last Wednesday.

second half. The Couzis bicycle kick was picked up by ESPN <http://espn.go.com/espn/video/13898264/acrobatic-bicycle-kick-goal>.

"Hannon is not only an outstanding soccer player, but more importantly, she is a competitor, as is Melina," Saia said. "They are unselfish and the ultimate team players."

Eberts had two goals and an assist while Couzis had two goals and Jenna

Menta had two assists in a 4-2 win over host Greeley Thursday as the Tuskers improved to 16-0 and locked up the No.1 seed in the Class A playoffs.

HALDANE remained No.5 in NYS Class C girls' poll this week after a 4-0 win over visiting Putnam Valley last Friday. Blue Devil hotshot Marina Martin scored twice for the defending NYS champions, who saw Missy Lisikatos and Julia Rotando pad the lead, and Sara Labriola made six saves for the shutout.

YORKTOWN recovered from its loss to Somers to post a 4-0 win over Lakeland last Friday. Husker striker Alyssa Francese had two goals and an assist to lead the way; this, after scoring a PK against Somers. Francese can play the game. Ivana Pjetri had a goal and an assist, Gillian Rosh had a goal for the Huskers, who also notched a 2-0 win over John Jay EF on Thursday. Francese scored twice in the win while Pjetri had an assist and Alexa LaPierre made eight saves.



Lakeland's Arben Hoxhaj battles for 50-50 head ball in Hornets' 3-0 win over Lourdes.

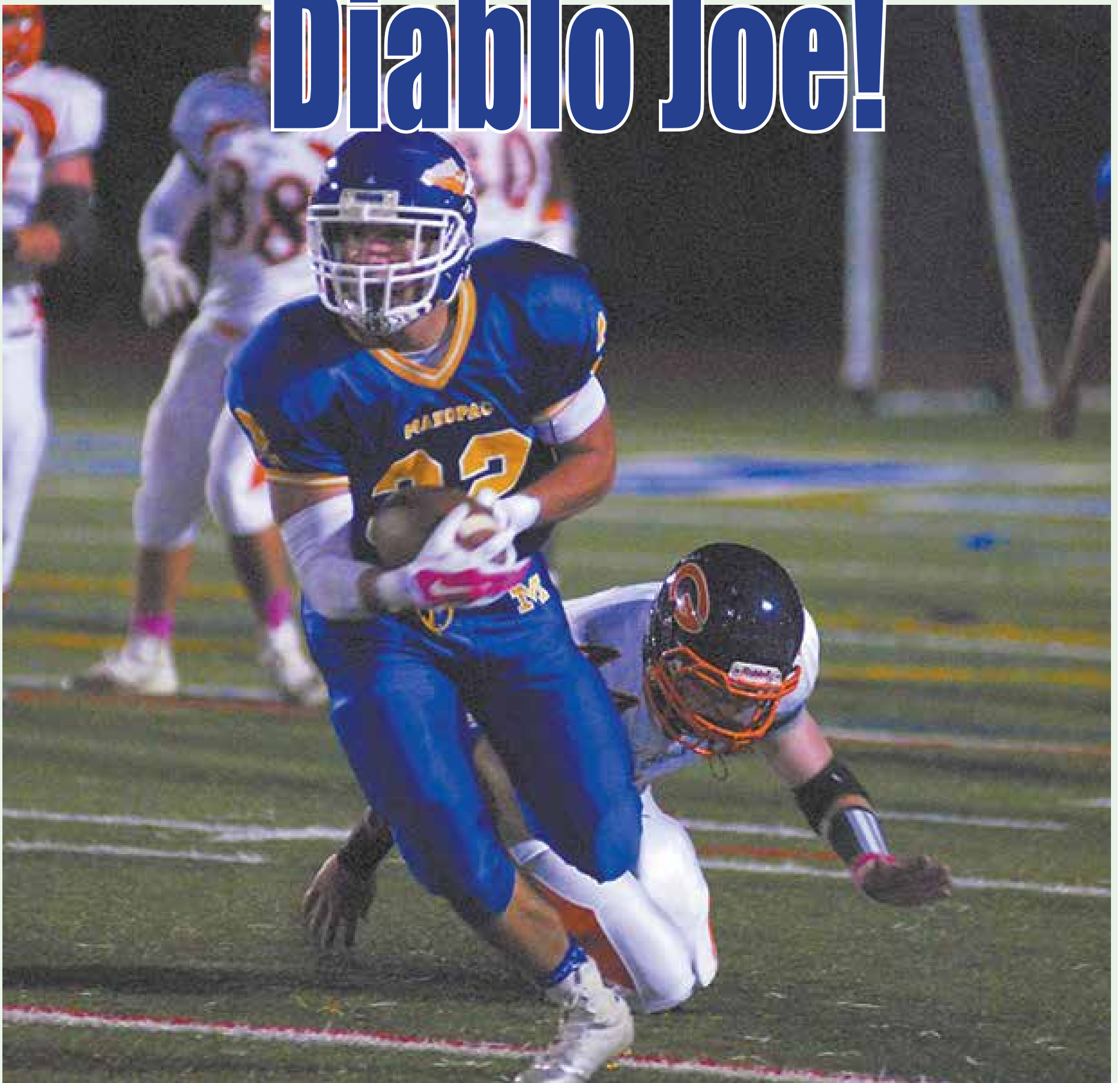
Freshman Ferrante Looking Fresh at Net



ANDY JACOBS PHOTO

Yorktown freshman Caitlyn Ferrante blasts a forehand return en route to capturing the singles title at the Conference 1 tennis tournament.

Diablo Joe!



RAY GALLAGHER PHOTO

Mahopac RB Spices Up Attack in 28-6 Win over Greeley

Mahopac senior RB Joe Cavaciuti (32) scored his eight touchdown in the last four games in the sixth-seeded Indians' 28-6 win over visiting No.11 Horace Greeley last Friday night when senior RB Christian Donahoe scored three touchdowns, QB Dan Foley returned from injury and the tribe advanced to the quarterfinals of the Section 1 Class AA grid tournament to face No.4 Scarsdale this weekend... see Grid Notebook