CLOSING OF INDIAN POINT PLANT CALLED ‘A DARK DAY’ AT SENDOFF

By Rick Pezzullo

Despite having four years advanced notice of its planned departure, local elected officials and union leaders gathered Friday a short distance from the gates outside the Indian Point nuclear power plant in the Village of Buchanan to lament its official closing.

After nearly 60 years generating approximately 25% of electricity consumed annually in the lower Hudson Valley and New York City, the last remaining nuclear reactor in operation, Unit 3, shut down on a high note, setting a 1-2 union, at Lent’s Cove where 1,000 plastic hard hats were hung on a fence to symbolize the number of workers who were employed at Indian Point.

“The reality is today is a dark day,” Cortlandt Councilman James Creighton reiterated.

Located on the former 240-acre site of an amusement park in Buchanan, Unit 1 first went into service in 1962. Unit 2 took over from 1974 to 2020, while Unit 3 has been operating since 1976. In 2017, Entergy, owners of the plant, New York State and Riverkeeper stunned local officials when they announced the two operating nuclear reactors at Indian Point would close. In November 2019, Entergy and Holtec filed an application for license transfer with the federal Nuclear Regulatory Commission (NRC). In January 2020, Unit 3 shut down.

Local officials and union leaders gathered at Lents Cove in Buchanan Friday.

continued on page 2

GOP SELECTS BUSINESSMAN TO HEAD GOP SLATE IN PEEKSKILL

By Rick Pezzullo

A downtown business owner in Peekskill has been chosen to lead the “Stand-up for Peekskill” slate endorsed by the Republican and Conservative committees.

Emiliano Perez, owner and operator of the bakery/restaurant Perla de Oriente Panaderia for the last 14 years, will be running for mayor in November. Perez immigrated to the United States from Guatemala in 1996 and began his quest to achieve the American Dream working 12 hours a day washing dishes in a Mt. Kisco eatery.

“As a businessman who loves this city, my vision for Peekskill is for it to be fiscally responsible and not waste taxpayer dollars on policies and projects that will not enhance the quality of life, safety and future for every one of our residents,” Perez said. “We must all be caretakers of our city not just for today but moreover for the generations to come.”

Joining Perez on what is being billed as a “non-partisan” ticket for three available seats on the Common Council are Leesther Brown, Ken Gilleo and Bill Moran.

Brown, a 33-year Peekskill resident, is well known for challenging Democrat and Republican administrations over the years at council meetings.

“I believe every citizen should be treated with honesty and respect by those who are elected to the City Council and I don’t care what political party they may be a part of.” Brown said. “I’m registered as an Independent for a reason and that’s because I think local government is not about being a Democrat or a Republican. It’s about being one for all and for one. Peekskill and its success as a community should be the only thing that matters.”

Gilleo has lived in Peekskill for 28 years. He is Captain of EMS and First Lieutenant with the Montrose Fire Department and is an EMT with the Westchester County Parks Department.

“I believe the most fundamental job of local government is public safety and that will be my highest priority when elected to the Peekskill City Council,” he said.

Moran, a 51-year city resident, was employed by the Peekskill City School District for more than 24 years and retired as a school security guard at Peekskill High School. He also has coached and mentored youth in Peekskill for years.

“During my time with the school district and being a part of many programs run by the city, I saw firsthand how treating everyone equally and fairly is important if you were going to have success with whatever it was you were teaching,” Moran said. “In today’s world, society seems to have forgotten that and I believe this is the primary reason for the problems that we have. Peekskill was a place where everyone felt safe and wanted to walk around and enjoy our beautiful parks and surroundings. I’ll work hard to bring that feeling back to all of our citizens.”

Meanwhile, former City Councilman Joe Torres has thrown his hat back in the ring, this time in a bid to join the Westchester County Board of Legislators as he looks to unseat incumbent Democratic Legislator Colin Smith in District 1.
Progress 4 Peekskill Slate Announces Environmental Platform

By Rick Pezzullo

The Progress 4 Peekskill slate of Democrats running for Peekskill Mayor and Common Council have released the “forward-thinking” environmental segment of their campaign platform.

The four members of the slate — Conor Greene, Councilwoman Vanessa Agudelo, Amy Perlow and Amy Vele — worked with local activists and experts to develop a platform that they maintain is “both bold and immediately actionable.”

Some of the plan’s highlights include:

• Achieving Climate Smart Community status, making the city eligible for state and federal funding streams;
• Working to decrease truck traffic on Main Street;
• Beginning talks to phase out Wheelabrator;
• Passing a citywide tree ordinance;
• Creating a new Master Plan to replace the current 1968 version;
• Establishing a Sustainability Task Force of city employees, residents and elected officials;
• Creating pocket parks and new green centers the voices of scientists, educators, and climate change experts who have spent years on the front lines of the fight for environmental justice,” said Perlow. “This plan will make a real impact in the short and long-term, from cleaning our streets to enforcing green building policies.”
• Protecting the environment has always been important to me and I’m proud to be running on a slate that understands the importance of taking the right steps to combat climate change. Our environmental platform lays out how we’re going to protect Peekskill’s natural beauty,” Vele said. The full plan can be accessed at https://progress4peekskill.com/environment/.

Closing of Indian Point Plant Called ‘A Dark Day’ at Sendoff

continued from page 1

2020, the NRC announced that it was considering approval of an application by Entergy to transfer the Indian Point license — and the facility’s trust funds to pay for decommissioning — to Holtec to implement the facility’s decommissioning. The NRC approved the sale last November.

A few weeks ago, it was announced a provisional agreement had been reached between the State of New York, environmental organizations, government agencies, Entergy, Holtec International and other interested parties for the swift and safe cleanup of the site.

The comprehensive settlement is now being sent to the New York State Public Service Commission (PSC), which is slated to vote on the proposal on May 13. “Indian Point’s enduring legacy will be the thousands of men and women who operated the plant safely, reliably, and securely, while helping to power New York City and the lower Hudson Valley for nearly 60 years,” stated Chris Bakken, Chief Nuclear Officer for Entergy, which purchased Unit 3 in 2000. “We owe those who serve now, along with those who came before them, a lot of gratitude.”

Thomas Carey, president of the AFL-CIO Westchester Putnam Central Labor Body, which represents steamfitters and plumbers, said his grandfather and father helped build Unit 1. “What Entergy has done for this community is immeasurable,” Carey said. “Entergy has been the safest place I have ever worked in my entire life. I can’t say enough what this utility has done.”

Herschel Spector, a federal regulator who was responsible for licensing Unit 3 in the 1970s, maintained Indian Point was never a threat to the community. “Indian Point was special. It was a very big plant for its day in a high population zone. The plant was overbuilt, thank God. The plant is safe. It always has been,” he said. “They produced electricity that was clean.”

Indian Point was the largest employer in Buchanan and Cortlandt. In a few years, Buchanan stands to lose 46% ($4 million) of its operating budget, while the Hendrick Hudson School District will lose $24 million annually (33% of its budget). Others affected are: Cortlandt ($800,000), Westchester County ($1 million), Hendrick Hudson Free Library ($394,110, 28% of its budget) and the Verplanck Fire District ($372,703, 64% of its budget).

“It’s the end of an era, unfortunately,” said Buchanan Mayor Theresa Knickerbocker. “Entergy was a great neighbor. It’s a huge loss for our community. These plants had a lot more life in them.”

Holtec, which has maintained it can complete the decommissioning of the plant in about 15 years, has agreed to provide job opportunities for more than 300 of Entergy’s current employees at Indian Point and honor the collective bargaining agreements that apply to all the workers at the facility.

“Indian Point was special, but it’s a day to reflect,” said Jerry Nappi, a spokesman for Entergy. “It’s bittersweet that it’s shutting down.”

“Some have said this is like a funeral,” said Cortlandt Councilwoman Debbie Carter, who also is employed by Entergy. “The employees at Entergy are a family. We’ve gone through a lot together. Everything happens for a reason.”

Cortlandt Councilman Dr. Richard Becker, who is running for supervisor in November, said he was taking an optimistic view. “I think the future is very bright,” he said. “It’s a new beginning. Everyone here is committed to reinventing Cortlandt and Buchanan. This property will be redeveloped one day. Facing adversity and coming out stronger is what it’s all about.”

Cleaning Up the Hudson

More than 2,000 volunteers got down and dirty Saturday picking up trash along the shorelines of the Hudson River as part of Riverkeeper’s 10th annual day of service known as RiverSweep. One group was Green Ossining that cleaned up Sing Sing Kill.
State to Lift Most Capacity Limits for Businesses, Offices Later This Month

By Martin Wilbur

Gov. Andrew Cuomo announced Monday a significant step toward fully reopening the economy in the next two weeks with the lifting of many of the COVID-19 capacity limits imposed on businesses and venues.

In coordination with New Jersey and Connecticut, Cuomo said that starting May 19, retail, restaurant and food service establishments, gyms and fitness centers, amusement and family entertainment outlets, museums, theaters, hair salons and barber shops and offices will be allowed to return to full capacity.

The governor said each business or organization may make its own decision on when and how to fully reopen based on economic and health considerations, but most establishments will be able to operate freely.

“IT is irrefutable when you look at the numbers that New Yorkers have made tremendous progress,” Cuomo said. “All the arrows are pointed in the right direction, have been for awhile and are dramatically pointing in the right direction.”

There will still be 33 percent capacity limits at outdoor stadiums starting on May 19, including Yankee Stadium and Citi Field, one area where limits will remain in effect.

In addition to the lifting of most limits, outdoor food and beverage curfews will be eliminated on May 17 while the indoor food and beverage service curfews will also expire on May 31.

For indoor catered events, the limit on guests will rise to 250, but if the venue requires proof of full vaccination or a recent negative COVID-19 test, up to 500 guests would be allowed.

Residential gathering limits will also increase to 50 people on May 19.

As vaccinations have increased across the state, there has been a sharp reduction in infection rates and hospitalizations, enabling the state to take the relatively bold step. The state’s positivity rate on Sunday was 1.94 percent, and 1.79 on the seven-day rolling average.

Over the past month there has been a 50 percent decline in the positivity rate statewide and a 38-percent reduction in hospitalizations, Cuomo said.

As of Monday, the state has administered more than 15.7 doses of the vaccines, with just over seven million people, or 35.2 percent of the state’s population, now fully vaccinated. About 9.3 million people have had at least one dose of either the Moderna or Pfizer vaccines.

However, the slowing of the vaccination rate in the past couple of weeks is a cause for concern. Cuomo pledged that his administration will work on convincing young people, most notably the 16- to 25 age group, to take the vaccine. Last week, he asked high schools to schedule their own drives to help students 16 and up get vaccinated.

While that age group was the last to be eligible for vaccines, which partially explains why only 18.5 percent have been vaccinated, the “superhero” mentality also is a factor, Cuomo said.

“We’re going to continue focus with the vaccinations,” he said. “Young people have to get vaccinated and I’m going to continue working on that.”

In Westchester, County Executive George Latimer said the county is launching a public information campaign to try and vaccinate the younger and the skeptical population.

The campaign, titled the “I Kicked COVID to the Curb” drive, is an illustrated mailer geared toward students and their parents on the importance of vaccination.

The county also has created a public service announcement video with New York Knicks players Obi Toppin, an Ossining native, and Immanuel Quickley about the need to get vaccinated. Latimer will also host a virtual Town Hall that is geared toward younger people on May 13.

This Saturday from 11 a.m. to 3 p.m., the county is hosting a Mother’s Day vaccination drive at Westchester Community College that encourages residents to bring their mom if she hasn’t gotten vaccinated yet, and the adult child can get vaccinated as well. Gift baskets are available while supplies last.

For appointments for Saturday’s drive, visit https://on.ny.gov/3glJD5H. Walk-ins are also welcome.

While young adults can feel invincible, COVID-19 has affected people of all ages, Latimer said.

“So the message is very simple: We’re not indestructible at any age. Get vaccinated,” Latimer said. “That’s the best path that we have, and for people that are young, you have a great future ahead of you. When you’re 20 years old, you may not realize how many more mountains you can still climb, not just physical mountains but thing that you can achieve in your life, and you want to be around for those things.”

Westchester continues to have a sharply declining active caseload, down to 2,187, as of Sunday. For each of the past three weeks, there has been an average decline of about 1,000 cases.

On Saturday, there were 116 COVID-19-related hospitalizations, a number that has been continually dropping over the past month. Fatalities are up to 2,258, including nine deaths in the past week.

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Happy Mother’s Day!
New Castle, Croton-on-Hudson Mask Laws Lifted as Numbers Drop

By Martin Wilbur and Anna Young

New Castle and Croton-on-Hudson allowed their mask mandates to sunset last week as both municipalities lifted their states of emergency.

The New Castle law, approved last July, required masks for everyone on public property as well as on some private property such as in places of business, although there was a list of exemptions. Supervisor Ivy Pool said she rescinded the local state of emergency last Wednesday because the only aspect of the emergency that remained in effect was the mask ordinance. It also came after the Centers for Disease Control issued new guidance that masks do not need to be worn outside if a person is fully vaccinated and can maintain social distancing.

“I’m proud of the proactive response that we took to this incident and I’m also pleased to report that this action, along with the other public health measures that were enacted by the county and the state, really helped to control the spread of COVID-19 in New Castle,” Pool said.

Approval of the town’s mask legislation, the first of its kind in the state, was in response to the cluster of 27 COVID-19 cases that were linked to activities surrounding the Horace Greeley High School graduation last June and to provide the town’s police department the opportunity for enforcement.

Although Gov. Andrew Cuomo had called on the public to wear masks as early as April 2020, there wasn’t a mechanism to enforce the regulation.

The law required masks for everyone on public property as well as on some private property such as in places of business except for a list of specific exemptions.

While in effect, violators were subject to summonses carrying a fine of up to $250 for the first offense and $500 for each subsequent offense.

Pool said vaccination will be the solution to the cluster of 27 COVID-19 cases that were linked to activities surrounding the Horace Greeley High School graduation last June and to provide the town’s police department the opportunity for enforcement.

Approval of the town’s mask legislation, the first of its kind in the state, was in response to the cluster of 27 COVID-19 cases that were linked to activities surrounding the Horace Greeley High School graduation last June and to provide the town’s police department the opportunity for enforcement.

The department will also be hosting a special event on May 6 in recognition of Children’s Mental Health Awareness Month, “Westchester Strong: A System of Care Response to a Global Pandemic,” which features a panel of key stakeholders representing the county’s robust Community Network Model and a keynote presentation from Kristina Ramos-Callan of The United Hospital Fund.

To learn more about the event, visit https://www.eventbrite.com/e/10th-myra-alfreds-roundtable-tickets-149372331665.

Westchester Recognizes Mental Health Awareness Month

Westchester County Executive George Latimer officially launched May as Mental Health Awareness Month on Monday.

Mental Health Awareness Month is a nationwide effort to address and overcome the stigma associated with mental health needs. One in five people will experience a mental health illness during their lifetime. Everyone, and there are practical tools that everyone can use to improve mental health.

Westchester County Department of Community Mental Health (DCMH) Commissioner Michael Orth said the well-being of all residents is a top priority.

“The pandemic has taken a toll on everyone’s mental health,” Orth said. “Knowing the signs and symptoms and who to link to if you are concerned about yourself or a loved one is an important first step in getting help.”

As part of the county’s efforts to promote Mental Health Awareness Month, DCMH is launching a “Tweet a Day for May” campaign, sharing information about events, ideas and resources. Posts will be accessible by going to Twitter at @WestchesterDCMH, Facebook at @westchesterdcmh and Instagram at westchester_county_dcmh.

The department will also be hosting a special event on May 6 in recognition of Children’s Mental Health Awareness Month, “Westchester Strong: A System of Care Response to a Global Pandemic,” which features a panel of key stakeholders representing the county’s robust Community Network Model and a keynote presentation from Kristina Ramos-Callan of The United Hospital Fund.

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Croton Ends Emergency

In Croton-on-Hudson, nearly five months after a public health emergency was declared, village officials also lifted the order last week as widespread availability of the COVID-19 vaccine has resulted in a sharp decline of active cases.

The emergency order was rescinded by Village Manager Janine King on Apr. 29, with the village reporting only six coronavirus cases. When the order was enacted, the village had 48 active cases, a number that fluctuated during the holiday season.

The village’s emergency declaration, which was enacted on Dec. 15, was renewed every 30 days and required face masks or coverings be worn on public, private and commercial properties when unable to maintain a six-foot distance from another person who is not a member of the same household. Residential property was exempted from the emergency order.

The order also required individuals playing sports, participating in fitness classes or recreational activities to wear a mask or face covering. Police officers, firefighters, ambulance personnel and other first responders engaged in public safety situations were also required to be masked.

Those who violated the law were subject to a maximum fine of $1,000 for each infraction. Since March 2020, Croton-on-Hudson has reported 761 cases of COVID-19.
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Happy Mother’s Day

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New Castle’s Democratic-Endorsed Slate to Run on Indie Line

By Martin Wilbur

The New Castle Democratic-endorsed slate that is being challenged in a June primary has been collecting signatures to appear on an independent line, ensuring a contested election in November.

Supervisor candidate Holly McCall and candidates for Town Board, Councilwoman Lori Morton, who won a special election last November to complete an unexpired term, and supervisor candidate Lisa Katz and her running mates Andrea Sanseverino Galan, Michael Weinberger and Jennifer Bounds will be on the 4 New Castle line.

Their opponents, current Councilwoman Supervisor candidate Holly McCall and Tara McAdam Kassel and Jennifer Louis-Jeune, announced their candidacies on the independent Unite New Castle in early February before forcing a primary in March.

The two sides must submit their petitions to the Board of Elections from May 18 to 25 in order to appear on their respective independent lines.

McCall said the decision to seek an independent line was to guarantee that all voters, including registered Republicans, those who are unaffiliated and registered members of minor parties, will have a choice in November. There are close to 7,000 registered Democrats who live in town and there are no Republican candidates for the town election this cycle.

“We know that they are going to seek an independent line as well, so while we’re really confident that we have the best ticket and will prevail in the primary, we still want to make sure and let everybody have the choice in November, and the decision is not made in June,” McCall said.

She said she expects that the message for the primary and the general election will be to address issues that are important for the entire town, including development opportunities for Millwood and social justice and equity issues relating to affordable housing.

“We know we are the best candidates to move New Castle forward,” said McCall. “The issues out there are bigger than just a rezoning issue and the Chappaqua hamlet, so our message is unchanged, whether it’s June or November.”

Morton added that she found it “a bit baffling” that New Castle United jumped into the race to pursue a non-partisan line, but is now seeking to run as Democrats.

“Again, it seems like what is fairest to the community is for the community to get to vote,” she said.

Weinberg said the decision to go on an independent line provides their slate another chance to talk to the town’s voters. However, Democratic voters will have the chance to decide in June who they want to represent their party, which in his opinion should not be someone who ran twice for town council on the Republican side, Weinberg said, alluding to Katz.

“The question is who is deserving of the Democratic line, and what have you done to earn the Democratic line and what will you do when you have the Democratic line,” Weinberg said. “I would agree that that would include the ability to stand up and support other Democrats.”

Asked about her reaction to the opposing slate also seeking an independent line, Katz said she believes in the democratic process and the right to ballot access. Katz said she found it inconsistent, however, that a party that challenged their 2019 opponents right to an independent line would be seeking their own.

Katz brushed aside comments about her Democratic loyalties and having run twice as a councilwoman endorsed by the town Republicans, saying she has been a registered Democrat since she was 18 years old. Sending out postcards doesn’t bolster party credentials, she said.

Katz also maintained that town elections should be about ideas and not about party labels.

“To attack someone who has served on the Town Board for eight years as not having done their Democratic duty to this town, I find that a little reprehensible because I didn’t mail a postcard,” Katz said. “I ran this town for eight years; no one on their slate has done that. They don’t know how to defeat somebody who has a lot of support from almost 7,000 Democratic voters in this town.”
No. Castle Moves Ahead to Upgrade Sewer Plant for Downtown Armonk

By Martin Wilbur

North Castle officials are planning improvements to the wastewater treatment plant for the sewer district that serves downtown Armonk rather than opting for the far more expensive facility expansion to accommodate additional downtown development.

Last week, the Town Board agreed to authorize Environmental Design & Research (EDR) of Syracuse, an engineering and environmental consulting firm, to complete final design for the upgraded treatment plant.

The town had previously considered expanding the plant's capacity from the current 500,000 gallons of flow a day to either 600,000 or 700,000 gallons, but the cost was estimated to be at least twice as much as the projected $4.5 million upgrade project.

Sal Misiti, the town's director of water and sewer, said the municipality's Request for Proposal with EDR to improve the treatment process focused on five areas that would not be at least twice as much as the projected $4.5 million upgrade project.

“Once we supply that data to the regulatory agencies with higher flows, it won’t be as much as an impact on our current limit of loading on the Long Island Sound.”

Officials are confident that with the upgrade, the town can accommodate the approved projects and those under consideration in and around Armonk that would Sewer District #2.

While Councilman Saleem Hussain asked if the town could look for ways to pare down the upgrade to save some money, Town Attorney Roland recommended the town be more proactive.

“We’re trying to stay ahead of the development that we know is on the heels because that development, once on line, will pretty much cap the plant at capacity, and since we’re not increasing capacity, we need to be confident that the plant will run at its existing capacity, which is 500,000 gallons per day,” Baroni said.

Robert Butterworth, principal at EDR, said the $4.5 million estimated cost were based on historical perspectives, although costs over the past year are much higher because of the pandemic. He mentioned that the firm also estimates to the high side so there aren’t surprises later in the process.

“Want something to come in that we have considered ourselves for some of the worst-case scenarios because we’re developing these costs doing a worst-case scenario,” Butterworth said. “We are trying hard to make sure that as costs come in, they’re lower than ours. Can we guarantee that? No, but that’s our goal.”

There may also be opportunities from grants from various governmental agencies that could reduce costs by 20 to 25 percent. Then there is always the hope that Congress passes an infrastructure spending plan that includes money for sewer and water improvement projects such as this.

During the Apr. 28 Town Board meeting, officials agreed that they must proceed with the design phase of the project. Councilwoman Barbara DiGiacinto said the proposed upgrade “is not a luxury, it’s a necessity.”

“Make no mistake, it’s something that’s definitely needed,” added Councilman Barry Reiter. “Sal’s put together an incredibly detailed report of what has to be done. There’s the question expenses and costs, obviously. It’s long overdue.”

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YORKTOWN HYDRANT FLUSHING NOTICE

The Yorktown Consolidated Water District will be flushing fire hydrants in sections 4, 5, 6 & part of 7 from May 10, 2021 thru June 25, 2021 between the hours of 7:30 a.m. to 5:00 p.m. Please refer to your Town of Yorktown Trash Collection Schedule for the list of streets included in these sections. Visit us online at www.yorktownny.org/water for a daily list of the streets being flushed.

We thank you in advance for your cooperation.
**Letters to the Editor**

**Bedford Schools Has Made Impressive Strides in Multiple Areas**

It has been my privilege to serve on the Bedford Central School District (BCSD) Board of Education since 2018 and I am now running for re-election. I am proud of what has been achieved in my first three years and I am excited for our district’s future.

I am particularly proud of how we have navigated COVID-19. We were ahead of the curve in connecting students with Chromebooks and offering in-person instruction since the beginning of this school year. I have supported the investments necessary to keep our students and faculty safe and connected, and I was thrilled to see so many students have the recent opportunity to return to full in-person instruction.

BCSD will continue expanding on its tradition of excellence if we focus on:
- A safe, purposeful recovery from COVID-19;
- A challenging and enriching school experience for all;
- A commitment to inclusion, diversity and equity;
- Effective communication; and
- Fiscal responsibility.

Since I joined the board, the district has continued its strategic growth while improving its fiscal health. We have consistently adopted responsible budgets. In 2019 and 2020, New York’s comptroller determined that BCSD had no fiscal stress for the first time in many years.

I am also proud of the contributions I’ve made to further the district’s work toward true inclusion, as well as its anti-racism initiatives. A steadfast commitment to inclusion, diversity and equity will help ensure that all students and staff have the opportunity to thrive.

During my first term, I have listened attentively to community members, BCSD employees and partners and my board colleagues in order to make informed decisions. If re-elected, I will remain committed to thoughtful leadership. I would be honored to represent our community for another term.

Michael Bauscher
Member, Bedford Central School District Board of Education

**Yorktown Officials’ Discussion of Overlay Law Was a Dereliction of Duty**

You might have heard that the Yorktown Town Board is considering a change to town rules that would effectively greenlight a plan to turn the historic Soundview property at the corner of Route 114 and Underhill Avenue into a mixed-use strip mall.

Regardless of whether you support or oppose the draft of the revised overlay law, have no position on the law or don’t even know what the law is about, you’d have to agree that last Tuesday’s Town Board discussion of an updated version of the law was an egregious failure of our Town Board’s ability to lead. The meeting was depressing, frustrating, disheartening – and frightening.

Our Town Board members abdicated their responsibility to grapple with the substantive issues involved in a major piece of legislation.

See for yourself. The video is on the town’s website. Scroll to the one-hour, 47-minute mark.

https://tinyurl.com/5e97dhhr.

If this is how laws are made in Yorktown, we’ve got a problem. A serious problem.

The purpose of the meeting agenda item was clear: to review the comments the Town Board had received from its advisory boards to the draft of the new overlay law. Like all proposed legislation, draft laws can usually benefit from additional sets of eyes and some tweaking before being scheduled for a public hearing. That’s the purpose of the referral process. The Town Board doesn’t have to accept any of the recommendations, but, at a minimum, one would expect them to discuss them. Otherwise, why bother asking the advisory boards to spend their time reviewing the drafts?

But that’s not what happened last week.

Instead, Town Board members spent an hour selectively reading portions of the comments that supported the general goals of the overlay law and justifying the need for an overlay law, which the Town Board already adopted in 2020. What’s new, and in need of a serious discussion, is a significant procedural change to the way the law currently works – and the addition of two specific overlay districts: Yorktown Heights and Lake Osceola.

At one point, Supervisor Slater said he disagreed with one of the Planning Board’s recommended tweaks. But he never explained what that recommendation was or why he disagreed with it. And the rest of the Board said nothing. Nothing.

Shame on the members of our Town Board. We expect more from you. We hope for more the next time these matters come before you.

Michael Hicks
Yorktown Heights

**Bedford School Candidate Would Represent All Constituencies in District**

I am running for the Bedford Central School District (BCSD) Board of Education for my daughter and all other young girls and women, especially those of color, so that they know they too can be leaders in their own communities.

I serve on numerous local boards, committees and commissions where I often find myself being the only person of color at the table. I now see a district striving to better serve our broad, diverse community and I will do everything possible to support that effort.

I am running for the Bedford Central School District (BCSD) Board of Education since 2018 and I am now running for re-election. I am proud of what has been achieved in my first three years and I am excited for our district’s future.

I am particularly proud of how we have navigated COVID-19. We were ahead of the curve in connecting students with Chromebooks and offering in-person instruction since the beginning of this school year. I have supported the investments necessary to keep our students and faculty safe and connected, and I was thrilled to see so many students have the recent opportunity to return to full in-person instruction.

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Michael Bauscher
Member, Bedford Central School District Board of Education

**Monsignor’s Passing Evoked Humorous Memory**

Seeing Monsignor Dermot Brennan’s obituary in the Apr. 27-May 3 Examiner reminded me of a story that he told me once. He grew up in the Corpus Christi Catholic parish in Manhattan in the same house as the late comedian George Carlin and was a very good friend of George’s brother. When his brother (or possibly his mother) died, George called Monsignor Brennan and asked him to perform the funeral, which he did.

As a bit of irony, Monsignor Brennan once served on the faculty of Cardinal Hayes High School which, years earlier, had dismissed George.

John F. McMullen
Yorktown

**Namasah Schelling**

Pound Ridge

[Image of the Examiner Media logo]
Guest Column

Massive State Budget Comes With Massive Costs for Taxpayers

By Assemblyman Kevin Byrne

For the past several months, I participated in numerous committee meetings and budget hearings to advocate for more responsible state policy that would put taxpayers first and support essential services that assist public health and safety, as well as our schools, seniors, veterans and first responders.

In the end, despite our best efforts to work collaboratively with colleagues from across the aisle, one-party rule still stuck taxpayers with a whopping $212 billion budget. Astoundingly, New York’s budget is now larger than the budgets of Texas and Florida combined.

The truth is that most of the omnibus spending bills which appropriated billions of dollars in taxpayer money were voted on before a final budget deal was agreed to or submitted in writing for legislators to review. This type of process continues to be reckless, irresponsible and quite simply fails New Yorkers, which is why I ultimately voted against the state budget in its entirety.

In typical Albany fashion, the budget process lacked transparency. Shockingly, the most transparent part of the closed-door budget negotiations may have occurred from when the Democratic Conference’s infighting about an Excluded Workers Fund found its way into the press.

Not surprisingly the state still managed to double down on its reputation of picking winners and losers by allocating $1.2 billion from settlement funds for the governor to spend at his discretion, $385 million in additional pork barrel, $370 million for the governor’s special economic development programs and $42.5 million for marketing programs like StartUp New York. That’s in addition to the state continuing its $420 million special tax credit for the Hollywood film industry.

Adding insult to injury, the budget afforded New York City employees an option for early retirement but specifically excluded other counties in the state from participating. This type of option, if carefully implemented, could have helped save money for county governments throughout the state.

Counties will also be hurt by the state continuing its practice of unfairly diverting millions of dollars in county sales tax revenue from county governments to fund the state’s own budget needs.

This year’s budget inappropriately spent billions of our tax dollars and it will undoubtedly cause additional hardship for our state down the road.

All that said, it’s worth noting there is always some good mixed in with the bad. I was pleased to see that some of the items I advocated for made its way into the final package, including but not limited to:

• The Adult Cystic Fibrosis Assistance Program that was indefensibly eliminated in last year’s budget during the pandemic was partially restored at $375,000. However, it’s still worth noting the budget didn’t restore the program permanently, and is only funding the program at about half of what it did in previous years.

• The legislature was able to successfully restore and expand funding to $5 million for the PFC Joseph P. Dwyer Peer to Peer Program. It was previously cut by Gov. Cuomo in his proposed budget. The Dwyer program, started by Rep. Lee Zeldin, is a tremendous program for our military veterans, and is deserving of expanded funding.

• Capital spending to support local transportation and infrastructure like roads, bridges and culverts did receive a welcomed boost in funding through the state’s CHIPS ($381.1 million), PAVE-NY ($150 million), Extreme Winter Recovery ($100 million) and Bridge NY ($100 million) programs. This type of investment benefits all New Yorkers.

• Likewise, the state’s Environmental Protection Fund received $300 million to help preserve our open spaces, keep our air clean and protect our drinking water.

A proposed pause of the middle-class income tax cut that was previously passed by the Legislature in 2016 was soundly rejected.

There’s no reason our state couldn’t have funded all these important programs while still decreasing the tax burden and doing more to pay down the state’s debt. Albany continues to have a massive spending problem, and it’s only been amplified under one-party rule.

We still have many challenges ahead. Some were caused by the costly sacrifices we’ve been forced to endure due to the pandemic. Others were caused by an incompetent government that spends tax dollars as if it were monopoly money.

I look forward to the day where I can vote on a budget that supports essential programs and does right by our taxpayers. Sadly, yet again, this year’s budget failed to do just that.

Assemblyman Kevin Byrne (R-Mahopac) represents the 94th Assembly District, which includes portions of Putnam and Westchester counties. Byrne is the ranking minority member of the Assembly Committee on Health and serves as chair of the Assembly Minority Program Committee.

Letters to the Editor

Bauscher Right Choice to Keep Bedford Schools Headed in Right Direction

My family moved to Mount Kisco in 2011 and I have two children currently attending Mount Kisco Elementary School. Having seen how the Bedford Central School District Board of Education has successfully handled the challenging situations in the past several years, I enthusiastically support Mike Bauscher for the board. Mike and the board have helped our children and schools through the difficulties of implementing the DLBE School of Choice as well as with the move to virtual school during COVID.

Mike is an accomplished lawyer, an effective communicator and a critical thinker who has the appropriate experience with his previous tenure on the school board as well as the Budget Advisory Committee. Perhaps even more important is Mike’s presence in the community as he is a fixture on the fields of Leonard Park coaching both of his two sons’ teams for the Mount Kisco Little League (which as a board member I truly appreciate), and has also coached for Mount Kisco AYSO and the Bedford Youth Soccer League.

Mike is always the first to offer assistance when needed, and to organize whatever efforts are required in order to accomplish a particular goal. It is that sort of innate quality that makes him a tremendous leader, team player and a great friend. There are so many people within our community that count on Mike for sound advice and an educated opinion, which he gladly offers both genuinely and honestly.

For these reasons, I will be voting for Mike Bauscher in the upcoming Bedford Board of Education election on May 18.

Marshall Tilden III
Mount Kisco

Local Area an Example of Excellent and Poor Choices for Solar Power

Your reporting on solar energy progress in the Apr. 20-26 issue was a perfect example of the incredible potential of one solar energy project and the perplexing choices of another.

On the big plus side, I would like to commend Club Fit for its amazing rooftop solar array. What a perfect example of a smart business investment, an incredible use of a huge open space that gets direct sunlight and an amazing boon to our community by supplying power for 100 homes in the area.

These are the types of business leaders we need for America’s future!

On the other end of the spectrum is your report about the Mount Kisco solar farm project rejection. With the number of huge rooftops, parking lots and other suitable open space in our town, it is quite perplexing that the developer, Sunrise Community Solar, would choose to cut down trees in a heavily wooded area to put up a ground-mounted solar array.

Thank you for your terrific reporting, and looking forward to more smart, sensible solar in Westchester’s future!

Pet Friederich
Mount Kisco
**Obituaries**

**Arthur Foley**

Arthur Thomas Foley, 74, of Peekskill passed away peacefully of natural causes on Apr. 16 with family by his side at NewYork-Presbyterian Hudson Valley Hospital. He suffered from a lifelong debilitating condition, which in recent years included Parkinson’s disease. At the time of his death, he was a resident of The Emerald Hill Rehabilitation Center where he lived for the past 10 years.

Arthur was born in Yonkers on Feb. 11, 1947, where he was raised by his loving parents, Arthur and Edith (Conti) Foley, in the Park Hill section of the city.

He attended Yonkers schools, which included Sacred Heart High School. An avid swimmer and dancer in his youth, he also was adept at roller and ice skating and later bike riding. He was somewhat of a history buff and the “go-to guy” when it came to family history. He loved to cook (and eat!) and for a while worked in southwest Yonkers restaurants.

Arthur is survived by his older brother, Robert (Bob) Foley, and sister-in-law Mary Foley of Cortlandt Manor, who were his faithful companions. He also has three older sisters, Edith, Kathleen and Jacqueline. He has seven nieces and nephews, nine grandnieces and grandnephews and numerous cousins around the country.

Arthur was a devout Roman Catholic who prayed the Rosary and was devoted to Our Lady of Fatima, Padre Pio and prayed daily to St. Dymphna and the Blessed Mother. When he was able-bodied in his younger years, he was always trying to help the less fortunate at St. Denis parish in Yonkers.

Yorktown Funeral Home handled the arrangements. There was a Mass of Christian Burial at the Church of the Holy Spirit in Cortlandt on Apr. 24. Internment was at Woodlawn Cemetery in the Bronx.

Gloria Presti

Gloria Presti, a Brewster resident, died peacefully on Apr. 11 at her home. She was 92.

Presti was born July 26, 1928, in the Bronx to Anthony and Rose (Prestera) Mancini. She was a graduate of Walton High School in the Bronx.

On June 12, 1948, she married the love of her life, George J. Presti, in St. Helena Church in the Bronx. He predeceased his wife after 50 years of marriage on Nov. 28, 1998.

Presti was a nursery schoolteacher for 15 years at Noah’s Ark in Mahopac. She loved her job and working with children. She was an active member of the Putnam County Italian American Social Club in Brewster and a longtime parishioner of St. Lawrence O’Toole Church. Presti was also an avid reader and gardener and got so much joy from her hobbies during her life.

She is survived by her children, George Presti Jr. of Southbury, Conn., Steven Presti and his partner, Kathy Kato, of Brewster, Toni Presti and her husband, Korey Elsesser, of Kent, Conn., Dianne Presti and her husband, William Cash, of Catskill, N.Y. and Caryn Presti and her husband, James Billesimo, of Poughquag, N.Y.; her grandchildren, Samantha and Catlynn Presti; her nieces and nephews. She was predeceased by her sister, Annea Inaora, daughter-in-law Shirley Presti and her father-in-law George Presti and mother-in-law Mildred Presti.

She is survived by her children, George Presti Jr. of Southbury, Conn., Steven Presti and his partner, Kathy Kato, of Brewster, Toni Presti and her husband, Korey Elsesser, of Kent, Conn., Dianne Presti and her husband, William Cash, of Catskill, N.Y. and Caryn Presti and her husband, James Billesimo, of Poughquag, N.Y.; her grandchildren, Samantha and Catlynn Cash and Marra Elsesser; her sister, Lucille Piccoli; sister-in-law Paula Coniglio and her husband, Bob; and several nieces and nephews. She was predeceased by her sister, Annea Inaora, daughter-in-law Shirley Presti and her father-in-law George Presti and mother-in-law Mildred Presti.

**Croton-on-Hudson Police Department**

Apr. 20: A woman reported at 8:30 a.m. that in the area of Cleveland Drive and Croton Gorge Trail she was walking her leashed dog and a group of adults with about four unleashed dogs approached her, and the loose dogs started attacking her dog. The caller stated that she attempted to get the names of the adults involved but nobody would cooperate. Patrol responded to the area and did not locate any of the parties involved. Patrol continues to investigate.

Apr. 21: Patrol conducted a seatbelt safety checkpoint on Croton Point Avenue at 9:41 a.m. At one point, officers reported advising a female operator to pull over for not wearing a seatbelt. Patrol reports the female became irate and started screaming and yelling and exited the vehicle. Patrol was able to calm the individual down initially and have her sit back in her vehicle. The individual involved then attempted to drive off but patrol was able to stop the vehicle again. Patrol issued a summons to the operator for not wearing a seatbelt as well as a warning for another VTL violation.

Apr. 22: A caller reported at 3:24 p.m. that her daughter got off the school bus on Mount Airy Road 10 to 15 minutes ago and an unknown man in a black SUV drove up alongside her and asked if she wanted a ride. The girl was able to leave the area and run home. A description of the male was not given.

Apr. 23: Croton-on-Hudson Police investigated a break-in to the area and did not locate any of the parties involved. The investigation is ongoing.

Apr. 24: A caller reported finding graffiti on his building located on Old Post Road South at 2:46 p.m. The graffiti was caused sometime the previous overnight. Patrols will investigate.

**Yorktown Police Department**

Apr. 24: Diane Harris-Hines, 54, of Peekskill, was arrested and charged at 11:52 a.m. with making a terrorist threat, a Class D felony, in connection with a threatening phone call made to the main office at Lakeland High School the previous day. During the call, Harris-Hines allegedly made threats that she was on her way to the school to cause physical harm to school administrators over an unresolved complaint. School Resource Officer Lawrence Panici put the school in lockdown and additional Yorktown police officers responded. Detectives responded to the defendant’s residence but were unable to locate her. Later that night, Harris-Hines contacted detectives by phone and agreed to respond to Yorktown police headquarters the next day. She was remanded to Westchester County Jail in lieu of bail by Yorktown Town Justice Gary Ranido.

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Retired Teacher Now Has the Time to Pursue Her Dream as a Novelist

By Martin Wilbur

Maureen Morrissey had for years wanted to write a book about the stories of her family. But raising her three children, teaching elementary school full-time for 37 years and having a husband with a business, there was little time and energy to indulge in a dream.

Last June, Morrissey retired from Hutchinson Elementary School in Pelham, where she spent the final 20 years of her career. She finally was able to write a novel based loosely on her family’s experiences while also incorporating her husband’s ancestors as well.

The result was “Woven: Six Stories. One Epic Journey,” which Morrissey self-published and released in December.

“My original idea when I was throwing around what I wanted to do with these stories, I didn’t want them to die with me,” said Morrissey, a 25-year Mount Kisco resident. “I have children, now I have grandchildren, I want them to know these stories.”

The stories had been in Morrissey’s head for years. The daughter of Holocaust survivors and refugees, she is a first-generation American. Initially, she thought about writing a memoir, but concluded that she didn’t have enough material to make it a strong enough read.

As someone who loves novels, Morrissey thought fictionalizing portions of the story to bring the larger message to light was crucial. "Some people who have read the book have said it’s kind of like a quintessential American story from that 20th century (perspective) of looking at how the kids in America grew up in the mid-1950s, ’60s, ’70s and ’80s, how their lives were affected by their past, but how they then took that and how they are now affecting the future generations,” Morrissey said.

It didn’t take Morrissey long to get started writing once she had the time. The day after retiring last June, she sat down and started cranking the story out, setting a five-day-a-week writing schedule for herself.

Morrissey acknowledged she was a bit impatient and decided to self-publish. She has left copies of ‘Woven’ at most of Westchester’s independent bookstores, along with getting the word out on social media.

“So I guess it’s trying to get people to read it and share it and talk about it,” Morrissey said. “My biggest thing is I want people to think about writing a memoir, but concluded that she didn’t have enough material to make it a strong enough read. "Some people who have read the book have said it’s kind of like a quintessential American story from that 20th century (perspective) of looking at how the kids in America grew up in the mid-1950s, ’60s, ’70s and ’80s, how their lives were affected by their past, but how they then took that and how they are now affecting the future generations,” Morrissey said.

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“So I guess it’s trying to get people to read it and share it and talk about it,” Morrissey said. “I wasn’t looking for a hugely wide audience, but again, if it happens, I’ll be very happy. I certainly wasn’t looking to make it a high-paying second career. I really wrote it for myself and for my family. I’m hoping that people will read it and make some connection to it.”

Now that Morrissey has seen her first novel into print, she’s not planning to stop writing anytime soon. Morrissey is working on a new project, a historical novel, something she enjoys because of her love of history. While it’s a completely different story than ‘Woven,’ she hopes that her works can encourage people to get their stories out and preserve them for future generations.

“My biggest thing is I want people to think about their own history and to realize the importance of what their history is, that it’s people’s stories,” Morrissey said. “That’s what history is.”

‘Woven: Six Stories. One Epic Journey’ is also available at local independent bookstores as well as on Amazon.
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Herbert D’Argenio  Fidelis (Francis) DeBerardinis  Thomas F. Denny  Cornelius DeVenster  Donald Dickson  Edward Dobransky  Yusaf Dominic

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55 West 39th St, 11th Floor • New York, NY 10018
BluePath Service Dogs Hosts 5th Annual Virtual Walkathon May 15

On Saturday, May 15, BluePath Service Dogs will host its fifth annual walkathon – this year virtually.

The event, which begins with an online kick-off at 10 a.m., will raise funds in support of BluePath’s mission to provide autism service dogs, offering safety, companionship and opportunities for independence.

As with many nonprofits, BluePath Service Dog’s mission continues despite the uncertain times. The virtual walkathon, which is open to all ages, will help ensure the organization’s important work extends beyond the pandemic. Following the online kick-off, participants will head out to walk in their own communities and at their own pace – while doing their part to support children with autism and their families.

According to the Centers for Disease Control, one out of every 54 children born today will develop an autism spectrum disorder. It is the fastest growing disability in the United States.

For the Millman family, BluePath Clancy has helped their 14-year-old son Alex lead a safer, fuller life. Shortly after being paired with the yellow Lab, Alex ran from his car in a crowded parking lot. “Without being given a command, Clancy dropped down and stopped Alex as a car came speeding down the row,” said his mom, Sandi Millman. “We are indebted to BluePath for keeping our son safe.”

Each BluePath dog comes with thousands of hours of training from dedicated volunteers and professional staff. While the cost to prepare these incredible dogs is upwards of $40,000, BluePath provides its service dogs – and intensive, ongoing follow up support – completely free of charge. Reduced stress, improved sleeping routines, and more meaningful social interactions can allow families to feel a renewed sense of hope and empowerment.

“Clancy is an amazing dog who helps our family go out and do all the things that families do, including our regular walks around the neighborhood,” Millman said. “These are ordinary experiences, yet they would be impossible without an autism service dog by our sides. We are so very grateful for our ordinary days…for us, they are truly extraordinary.”

“Elopement is a critical safety issue for individuals with autism,” noted BluePath President and CEO Jody Sandler. “Our service dogs act as an anchor for children who wander and dramatically reduce danger. The virtual walkathon may look a little different than in years past, but it is every bit as essential – and great family fun. We had an amazing turnout last year and look forward to another fantastic event. I encourage all those interested in BluePath’s life-changing mission to get involved.”

Walkathon registration, which includes a BluePath t-shirt, is $30 for the first participant and $20 for additional participants. To learn more or register, visit www.bluepathservicedogs.org/events. Sponsorship opportunities are still available. For more information, contact Erica Stanzione at 914-804-4023 or at erica.stanzione@bluepathservicedogs.org.

BluePath Clancy has helped 14-year-old Alex Millman lead a safer, fuller life.

BluePath Service Dogs, Inc. is located in Hopewell Junction. They can be reached at 845-377-0477 or by visiting www.bluepathservicedogs.org.

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Jacob Burns Postpones Reopening After Staff Member is COVID-19 Positive

By Martin Wilbur

Last Friday’s highly-anticipated reopening of the Jacob Burns Film Center after being closed for more than 13 months due to COVID-19 restrictions was postponed to May 12 because a staff member tested positive for the virus.

The film center issued a statement Thursday morning that mentioned that numerous staff members had been exposed to the staff member who was found to be positive on Apr. 28. Proper public health measures were implemented and those who were exposed are now quarantining, the statement read. It did not say how many staff members are quarantining.

“With the temporary reduction in staff, we made the difficult yet necessary decision to postpone our reopening,” the statement read. “Therefore, we will not open tomorrow, April 30, as planned.”

As a precautionary measure, the Burns’ facilities are being deep-cleaned. Anyone who purchased a ticket for the first week of screenings, will receive an e-mail from customer service and their credit card will automatically be refunded. Even at limited capacity, the film center and community were looking forward to welcoming back patrons for the first time since mid-March 2020. Capacity for theaters in New York State was increased on Apr. 26 from 25 to 33 percent.

Among the roster of films that the Jacob Burns was scheduled to show in its opening week was the 2020 Oscar winner for Best Picture “Nomadland.” An updated film schedule, including 24-hour advance member pre-sale for the first week of screenings, will be released before the new opening.

“This delay has not dampened our enthusiasm,” the statement read. “April showers will bring May movies and we will continue to discover new films together.”

Photography Group Holding Outdoor Exhibit at Ossining Library

The Ground Glass photographers are on a roll again! Undaunted by the pandemic, the group’s members have taken their exhibits off the gallery walls, out the door and into the streets.

The current exhibit, “Abstractions,” is part of The Ground Glass Road Show series. The exhibit is on display outdoors at the Ossining Public Library now through mid-June. An opening reception with the photographers will be held on Thursday, May 6 at 5 p.m. in the library’s parking lot. Social distancing and masks are required. The event is free and open to the public. (The rain date is May 13.)

“Our members are dedicated to presenting several annual exhibits,” commented Patrick Cicalo, president of The Ground Glass. “Considering closures, limitations on gathering and social distancing requirements, we decided to take our exhibits outdoors in the form of road shows.”

The exhibit represents the work of 21 photographers throughout Westchester County. Large photographic prints (36 inches by 48 inches and some even larger) on weatherproof material are displayed on walls, fences and sidewalk railings. This type of exhibit is a significant departure from a typical gallery show where photographic images are often no larger than 16 by 20 inches.

“Artwork in public places is uplifting, and we’re pleased to return to the Ossining Library for a second Road Show exhibit,” said Rita Baunok, exhibit chairperson for The Ground Glass. “It’s exciting to see artistry outdoors and the creativity it represents. People will enjoy the unusual images in this show and the unique way they are presented.”

While the exhibit is best seen in person, a web rendition of “Abstractions” appears at www.thegroundglass.org. The photographs in the exhibit are available for sale in large or small sizes. Given the enthusiastic response to its series of outdoor exhibits, The Ground Glass is offering to make exhibits available to towns, venues or organizations interested in hosting future shows.

The Ossining Public Library is located at 53 Croton Ave. in Ossining.
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Rebel Gym Offers a Well-Rounded Approach to Fitness and Exercise

By Abby Luby

There’s a fresh energy when you step inside Rebel Gym, the newly-opened fitness center in Mahopac. The large, brightly lit workout room features an array of treadmills, ellipticals, free weights and other workout equipment. The adjoining room is spacious, replete with hardwood floors, mirrored walls, workout mats, step platforms and exercise balls. From the locker rooms to the sauna and bathrooms, the entire facility is spotless.

Rebel Gym’s grand opening was in March, and since the pandemic had closed or limited area gyms and fitness centers last year, many local residents have been eager to sign up. To date, the club has 50 full-time members.

There are 15 different classes as well as personal training sessions. “Our busiest classes are on Saturdays,” said Jennifer Viani, who co-owns the gym with her partner Chad Collesian. “Our members range in ages from 10 to 73, and they all have different levels of fitness.”

Viani is a longtime personal trainer, certified by the National Academy of Sports Medicine, a youth exercise specialist and corrective exercise specialist. She believes in a well-rounded approach to fitness. “Fitness is not just about muscle building,” Viani said. “Picture your health like a chair. If one leg is off, you are unbalanced. You need sleep, nutrition, cardio and resistance to maintain good health.”

Besides Viani, there are now six other, coaches, trainers and instructors. Andrew Fervan is a personal trainer and a kickboxing instructor who Viani said emphasizes both mental and physical applications. Lisa Sumusa is a cardio and core instructor, specializing in strength, endurance and technique. Annette Leone leads the Recover and Restore class focusing on movement, stretching, breathing, yoga and meditation.

They have been recently joined by yoga instructor Lucy Conway, group exercise instructor Peggy Caruso and Dawn Kelly, an essential oil instructor. A possible tai chi class may be added in the future and perhaps an on-site massage therapist as well.

Personal training sessions are tailored to a person’s fitness ability and health status. “A personal trainer can’t let someone do something they shouldn’t do,” Viani said. “Personal training looks at one’s fitness goals along with training habits, mobility, flexibility, cardio and strength training, she said.”

Chris Giuliani, a member from Mahopac who joined Rebel Gym in March, works out three times a week. “I really like the fitness classes,” said Giuliani. “But I especially like the equipment where you can do your own kind of workout.”

A special HOTWORX sauna is also available, where one person works out for 45 minutes in a sauna to work up a sweat. When the weather permits, classes meet outside in the seldom-used parking lot behind the gym. Reserving a spot in a class or in the main exercise room allows the gym to honor COVID-19 restrictions.

Prices range from $25 for a single-day pass to $69 a month for access to the gym, classes, training with a coach, a 30-minute professional training session, three HOTWORX sessions and one 30-minute fitness assessment. Family memberships are available starting at $192 a month for a family of three. Four personal training sessions cost $400.

“It’s not really a gym but a school for life fitness and for body awareness,” Viani said.

Viani is also involved with Hike for Hope Hudson Valley, an American Foundation for Suicide Prevention program that supports mental health. She is leading hikes on weekends throughout the month of May and has encouraged members to sign up.

Rebel Gym is located at 989 Route 6 (between Stop & Shop and Ocean State Job Lot) in Mahopac. Hours are Monday through Thursday from 5:30 to 11 a.m. and 3 to 8 p.m., Friday from 5:30 to 11 a.m. and 3 to 7 p.m. and Saturday from 7 a.m. to 4 p.m.

For more information, call 845-621-1776 or visit www.rebel-gym.com. For a virtual tour, visit https://my.matterport.com/show/?m=FVSBzuNDK27.

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When I first moved to New York City, my only possessions other than that were a cardboard box of accompanying 33 1/3 rpm long-playing records and a suitcase of clothes. I arrived with two other fellows, friends I had made as cast members from a summer stock show I appeared in. (Yes, I started out in show business, but with no attached screw-on legs.)

My urban life, I brought with me just one piece to start my intended climb to a sophisticated lifestyle. My favorite piece was a small studio, so as a practical matter, we bought a sofa bed from a Castro competitor, whose name I forget. Talk about being a dumb consumer; that sofa bed folded out in such a way that one side of the bed was soft and comfortable, while the other side was rock hard and a killer on the back. I recall sleeping on the uncomfortable side.

After a year, when we moved to a one-bedroom apartment, we were able to start acquiring furniture that was culled from our favorite pieces that we had collected over the years. It was fun scouting the countryside to fill the rooms, and I must say it was fun scouting the countryside for it.

Suddenly we were on the hunt for a heap of additional furniture to fill the rooms, and I must say it was fun scouting the countryside for it.

The reckoning came when, six years ago, we decided to sell that big old house, which was no longer practical for us and downsize from five to two bedrooms.

We held two house sales of all the extra furniture that we could not take with us and, fortunately, we had buyers who implored us to just leave whatever we did not want to take with us. We took them up on that and left everything from rugs to dining and living room furniture and bedroom sets as well.

Today we live with a mix of modern and antique furniture that was culled from our favorite pieces that we had collected over the years. I must say that at this phase of our lives, it’s enjoyable to live in a more pared-down way, with only our most favored furnishings.

Bill Primavera, while a publicist and journalist, is also a realtor associated with William Rice’s Real Estate and founder of Primavera Public Relations, Inc. (www.Primaverapr.com). To engage the services of The Home Guru to market your home for sale, call 914-522-2076.
Can My Hospitalized Parent Return Home Instead of a Rehab Center?

Hospital discharge planning for a parent should be an opportunity to craft the best possible therapeutic solution to an ongoing health issue. The reality is that arranging care for a parent is often aggravating with time pressures and fear of failure punctuating the entire experience.

Bringing a parent home to recuperate, receive physical and occupational therapy as well as assistance with activities of daily living is a worthwhile goal. The familiarity and comforts of home may provide a calming effect for the parent.

Calm is something adult children thrust into the role of decisionmaker probably will not feel. Hospital stays are structured under the payment guidelines set by Medicare and other health insurance plans. Timetables and coding set the trajectories for a patient’s treatment and stay up until discharge. Discharge does not mean that a patient is recovered, only that the acute phase of the treatment has run its course. Hospitalizations with periods of immobility, nutritional inconsistency and lack of sleep will weaken a patient requiring some form of rehabilitation. Medicare will cover short-term stays in rehabilitation facilities as well as therapeutic services at home.

Preferential discharge planning for rehabilitation and nursing facilities is common. It is easy. A few phone calls, an assessment and your mom can go from hospital bed to rehabilitation bed. The rehabilitation facility will provide a bed, closet and usually a nightstand. Laundry and meals are included. Physical therapy may be conducted in a special room or in the patient’s room.

Discharge planners can make the arrangements faster than with alternative options. Families will have more time to work on long-term care planning while Medicare is the primary pay source. While all of these features seem advantageous, adult children who have dealt with these situations know that there are plenty of drawbacks to institutional recuperation including food issues, staff-to-patient ratio, potential difficulties with roommates and defining what is a productive physical therapy session.

For home discharges, there has to be a safe environment and enough care to support the patient’s return. Setting up home care and preparing the home takes time and there will be pressure from the hospital to move faster. Do not let that pressure deter your efforts.

An adult child decisionmaker should reach out to the parent’s primary care doctor, a physical therapist offering home services, a licensed home care agency, a vendor for any necessary durable medical equipment and a hospital bed.

If your parent has a specific diagnosis then there are organizations that understand the needs of that population, which can guide your efforts. More work needs to get done, but there will be more family oversight and control over this very important recuperative stage. There are experienced social workers and long-term care professionals who have set up home discharges for other families and can help you too.

Talk to the professionals at Sloan & Feller today for guidance on home care planning. Alan D. Feller, Esq. is managing partner of Sloan & Feller Attorneys at Law, located at 625 Route 6 in Mahopac. He can be reached at alanfeller@sloanandfeller.com.

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continued on page 26
Finding Ways to Overcome Being Shortchanged in the Lottery of Life

It is fair to say that life is a lottery, with our birth being the first drawing, rendering us little choice of our looks, intelligence, social status and health.

These are only the visible sides of our life lottery, and not easy to disguise. In essence, we grow into our likeness.

This drawing picks our psychological and mental well-being that are easier to disguise and deny to a degree, since most of our thoughts and emotions are not transparent and well-guarded. Though it’s our character, we are free to forge in the hope of being better people.

Although science has advanced health care to the point of reducing morbidity, extending life spans and offering many cosmetic procedures to help minimize our frail human condition, along with our emotions that follow us like a shadow, oftentimes is a cause of many of our problems that filter into society. Our personal psychology when interacting with society becomes a community’s sociology.

There is a school of thought that supports the view that philosophy is one of the medicines of the soul, along with psychology and psychoanalysis. My tongue-in-cheek approach to my articles is grounded in the belief humor has a healing power and can also be applied to learning as well.

To find true happiness and peace, we need to transmute our existence into essence. This may be more difficult in our stressed-filled and consumer lifestyles. To achieve this, we may need to take a closer look as to what we choose to pull off from the rack of life to secure our true happiness, and not a perplexing surrogate desire. Maybe we should approach finding our essence of life by finding harmony in the analogy of opposites.

Let’s take good, old Quasimodo from “The Hunchback of Notre Dame.” Unfortunately for Quasimodo, he did not do well with life’s first draw. Old Quasi (as known by his friends) was given the nom de plume as the ugliest person in Paris, unlike the lottery winner, Narcissus, of Greek mythology fame.

Quasi was born with red bristles for hair, a large wart on one eye, a hump between his shoulders, a protrusion from his chest and a large wart on one eye, a hump between his shoulders, a protrusion from his chest and a large wart on one eye. Quasimodo is jeered with taunts and ridicule that gives the crowd a false sense of self-esteem and confidence, from a philosophical and psychological perspective. What the crowd sees in Quasimodo’s ugliness is their own narcissism. As long as Quasi is in town, no one will look at their own imperfections – also the result of their lottery draw.

And unlike Narcissus, who won the handsome lottery, his self-obsessive nature wins him the wrath of Nemesis, the personification of righteous anger, who condemns Narcissus to love no one but himself. He dies looking at his own face in a pool of water, unable to break away from his own sight. This is some real heavy, reflective karma.

We can learn a lot about ourselves in Quasimodo’s story if we sincerely place ourselves in front of woofer speakers while shooting. A sure miss will result in a meteor star, wish for good eyesight complete with a good scope before you take aim and shoot. A sure miss will result in a meteor star, wish for good eyesight complete with a good scope before you take aim and shoot. A sure miss will result in a meteor star, wish for good eyesight complete with a good scope before you take aim and shoot. A sure miss will result in a meteor star, wish for good eyesight complete with a good scope before you take aim and shoot. A sure miss will result in a meteor star, wish for good eyesight complete with a good scope before you take aim and shoot. A sure miss will result in a meteor star, wish for good eyesight complete with a good scope before you take aim and shoot. A sure miss will result in a meteor star, wish for good eyesight complete with a good scope before you take aim and shoot. A sure miss will result in a meteor star, wish for good eyesight complete with a good scope before you take aim and shoot. A sure miss will result in a meteor star, wish for good eyesight complete with a good scope before you take aim and shoot. A sure miss will result in a meteor star, wish for good eyesight complete with a good scope before you take aim and shoot. A sure miss will result in a meteor star, wish for good eyesight complete with a good scope before you take aim and shoot.

Philosophy and the study of the classics are excellent tools that we can use to help straighten our crooked timber of humanity, as opposed of using our frail human condition as a weapon to construct stakes to impale our human advancement on. Be safe! Be well! Be happy! Be nice! Amor fati!

Dr. Richard Cirilli is a published author, playwright and retired professor. His body of works can be viewed at www.demitasseplayers.com. He looks forward to your comments, and can be reached at profcirulli@optonline.net.
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Notice of Public Hearing

The Board of Trustees of the Village of Pleasantville will hold a Public Hearing on Monday, May 24, 2021, 8:00pm via Zoom id 912 7410 6301, password 282463 to hear comments on proposed zoning revisions to single-family residential zones in the Village.

Eric Morrissey

Village Administrator/Clerk, Village of Pleasantville

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The Ascension of the California Wine Mosaic

As diverse as we are as a nation, so too are our wine interests. American winemakers have created a mosaic of diversity and a melting pot of international varieties. In California, the early pioneers of wine in the 1970s experimented wildly with numerous grapes across the state. Although certain areas are known better for one grape than another (Cabernet Sauvignon in Napa, Chardonnay in Sonoma), these same areas produce a melange of other wines that have received critical acclaim. These grapes are generally not grown outside the boundaries of their Old Order ancestors – Spanish Tempranillo and Albarino, as well as French Viognier, to name a few.

California’s climate and soils are producing styles of wines that can be emblematic of Old Order wines or harbingers of individualized styles the wine world has rarely experienced. California chefs to pair their wines with appropriate dishes of varied cuisines. California has fashioned a mosaic of divergent grapes and styles that is reminiscent of the mosaic of ethnic backgrounds that was woven as the fabric of modern American society. The future beckons with similar potential results.

By Nick Antonaccio

American winemakers have created a mosaic of diversity and a melting pot of international varieties.

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May 4 - May 10, 2021
www.TheExaminerNews.com
If you’re like many Americans, your family has spent the past year discovering – or rediscovering – the joys of vacationing in the great outdoors. Nearly half of all campers either started camping for the first time in 2020 or restarted after having not camped in recent years, according to KOA’s North American Camping Report. Plus, a recent GoRVing.com study conducted by Ipsos reveals RV ownership is at a record high, with 11.2 million American households owning an RV in 2021, up 82 percent over a 20-year period. Whether you’re a seasoned RV enthusiast or a first-time camper, being prepared to hit the road is essential. In time for the warmer months ahead, here are some tips to tackle all your excursions into the great outdoors with confidence.

**Drinkable Water**

For obvious reasons, ensuring you have a surplus of drinkable water for the duration of your trip needs to be a top priority. As you plan, take a cue from experts in preparedness, the U.S. Armed Forces, and put Scepter Military Water Cans on your “must-have” list of gear. Standard issue to the U.S. and Canadian Armed Forces, these easy-to-carry, virtually indestructible containers are up to the task of camping trips, sports expeditions, boating and more. They’re also BPA-free to keep chemicals, odors and tastes out of your water, as well as corrosion- and fungus-resistant, so your drinking water is clean and safe.

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**Hassle-Free Refuels**

Making the best use of your supplies and avoiding waste is key to successful adventures, especially when you’re far from creature comforts. However, fuel containers can be heavy and often bulky to use, increasing the likelihood of spills. Having a comfortable and convenient way of refueling sporting equipment, recreation vehicles and other gear can make your travel prep and on-the-go fill-ups clean, fast and hassle-free.

Check out durable, easy-to-manage fuel storage options, like those from Scepter SmartControl. The line-up is available in one-, two- and five-gallon sizes for gasoline, diesel and kerosene and come in different shapes and with different handle options to fit the application, for controllable flow and no-mess usage.

From rugged off-roading escapades to serene nature hikes, all your outdoor activities will be much more enjoyable when you have the confidence that comes with the right gear and preparation strategies.

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Assistant professor, Cognitive Neuroscience Division in the Neurology Department at Columbia University Irving Medical Center and recipient of the Margaret M. Cahn Award

**Miguel Arce Rentería, Ph.D.**
Associate research scientist and neuropsychologist at Taub Institute for Research on Alzheimer’s Disease and the Aging Brain and the Department of Neurology at Columbia University Medical Center

**Rebecca Edelmayer, Ph.D.**
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*This advertisement is supported in part by a grant from the New York State Department of Health.*
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Peekskill Man Arrested for Burglarizing Jewelry Store

By Rick Pezzullo

A Peekskill man was arrested Tuesday for burglarizing a jewelry store on South St. over the weekend.

On Sunday, April 25, at approximately 1 p.m., Peekskill patrol officers responded to A&D Jewelry on 924 South St. for an interior alarm activation. Upon arrival, officers discovered the jewelry store had been burglarized and several items of jewelry had been stolen.

An investigation was led by Peekskill Detective Matt Basso and a suspect, later identified as 33-year-old Anthony Sidney, had been developed.

On Tuesday, at approximately 7:20 p.m., Sidney was observed by Peekskill police officers in the area of the 800 block of Main St., Peekskill. Officer Fabian Gonzalez approached Sidney and a foot pursuit ensued.

Sidney ran north on the 100 block of Decatur Ave and dropped a loaded .25 caliber semi-automatic handgun in the roadway, adjacent to a busy public park. Officers pursuing Sidney recovered that firearm, identified as a Phoenix Arms .25 caliber handgun. Sidney was apprehended by officers a short distance later.

A court authorized search warrant was then executed on Sidney’s residence where evidence pertinent to the jewelry store burglary was discovered, including several items of stolen jewelry.

Sidney is being charged with Criminal Possession of a Weapon 2nd degree, Burglary 2nd degree, Burglary 3rd degree, Grand Larceny 4th degree, and Criminal Possession of Stolen Property 4th degree, Criminal Mischief 3rd degree.

He was arraigned in Peekskill City Court Wednesday.
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