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The NORTHERN WESTCHESTER Examiner

**License Plate
Fees Under
Fire from
State Pols**



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Covering Yorktown, Somers, Cortlandt, Croton-on-Hudson, Buchanan, Ossining and Peekskill

September 3 - September 9, 2019

SMALL NEWS IS BIG NEWS

Volume 11, Issue 506

FREE

Somers is Grinning Ear to Ear

Somers RB/DE Charlie Grinrod and the Tuskars are prime-time challengers for the Section 1 Class A grid title; Yorktown is poised to challenge as well...
see Grid Previews in Sports



PHOTO BY RAY GALLAGHER

Hendrick Hudson Addressing Issues Raised in State Audit

BY RICK PEZZULLO

Hendrick Hudson School District officials have taken several steps to try to ensure fiscal stability after the Indian Point nuclear power plants close in less than two years.

An audit of the district's finances conducted by the state comptroller's office for the period between July 1, 2017 and October 31, 2018 concluded Hendrick Hudson should "update the multi-year financial plan to consider past trends" and "consider more immediate cost saving measures to ensure fiscal stability." Results of the audit were not released by the state until July 3 of this year.

Superintendent of Schools Joseph Hochreiter said recently "a great deal has changed" since the audit took place.

"In short, we believe we have already

implemented initiatives to respond to the Comptroller's Key Findings and have a plan to discuss future cost savings measures when the Cost Analysis is complete and we have the opportunity to thoroughly evaluate and discuss the recommendations with our community," Hochreiter stated.

Since the news broke in 2017 that Entergy was shutting down Indian Point, Hochreiter said the district has increased its fund balance by \$5 million to approximately \$12 million to help offset large property tax increases in the future.

"When we received notice of Indian Point closing, we were poised to lose \$60.5 million in PILOT revenue over a four-year period (2021-2022 to 2024-2025). To recover that revenue via taxes alone, we would raise taxes on average 13% per year, every

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New Splash Pad Celebrated at Louis Engel Waterfront Park

BY NEAL RENTZ

Though the summer was near its unofficial end, it wasn't too late for Ossining residents and government officials to celebrate the new splash pad at Louis Engel Waterfront Park in Ossining on Aug. 30.

The splash pad was paid for through a \$100,000 New York State grant obtained by state Sen. David Carlucci and though the work of town employees.

Ossining Town Supervi-

sor Dana Levenberg last week thanked Carlucci and members of her staff for securing the funding a few years ago.

"We all know these grants take time to process. And I think all the families who have enjoyed it all summer and are here today will agree it was worth the wait," she said. The town parks department maintains the water park, she noted.

"This park is one our busiest in the summer months," Levenberg said, noting that the water park

is open Memorial Day weekend through Labor Day. "We think the new look has been a huge hit, plus the softer tiles make easier for kids to enjoy it safely and give parents a piece of mind if they do take a tumble."

The spray park is free and open to the public.

Carlucci said, "It's just such an honor and a privilege to work with my colleagues in government to get projects like this accomplished and what a gem that this

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PHOTO BY NEAL RENTZ

A new splash pad has been installed at Louis Engel Waterfront Park Spray Park in Ossining

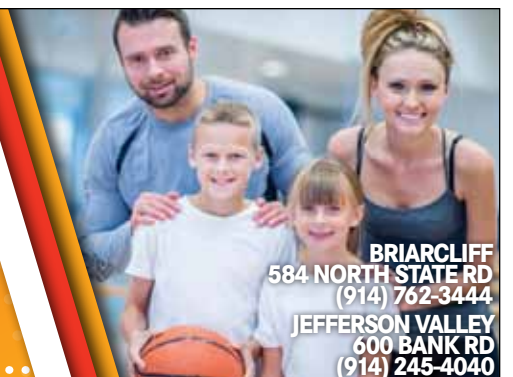
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Volunteers Sought to Sign Up for Sept. 11 Day of Service

BY MARTIN WILBUR

As another anniversary of the Sept. 11 terrorist attacks approaches, it is natural to wonder the best way to remember and honor the nearly 3,000 lives that were lost that day.

Since 2011, Westchester County has partnered with Volunteer New York! to hold 9/11: Serve + Remember, an effort where residents can participate in one or more volunteer efforts throughout the day to help a nonprofit organization or another worthy cause.

Alisa Kesten, executive director of Volunteer New York! said many of the victims' families have fought hard to have Sept. 11 become a national day of service to help communities and the less fortunate around the United States.

"They did so to create a legacy, a legacy that will always be around, that should always be remembered, and we do that each year by doing good together for our community," Kesten said during an announcement last Thursday afternoon at Kensico Dam Plaza in Valhalla to promote the Serve + Remember program.

Volunteer efforts around Westchester, Rockland and Putnam counties will actually start this weekend, Sept. 7 and 8, for those who may not have the time on a workday to participate, she said. Some of the efforts include creating literacy kits for Head Start programs, providing clothing to children from needy families, packing back-to-



PHOTO BY MARTIN WILBUR

Alisa Kesten, executive director of Volunteer New York! explains how people can get sign up to help one of 35 nonprofit organizations this weekend or on Sept. 11 as part of Westchester's Serve + Remember service projects effort.

school kits, spending time with seniors or working to clean and restore environmentally sensitive areas such as trail and lake clean up at Teatown Lake Reservation.

Then next Wednesday, Sept. 11, people will be able to participate in a service project at the County Center in White Plains to help about 35 nonprofit organizations. Residents can donate blood, support families in emergency shelters, package and donate diapers or help to feed the hungry by making sandwiches, among many other projects.

Last year, a few thousand people were estimated to have signed up for Serve + Re-

member, according to Volunteer New York! and it's looking for even greater response this year. Most of the activities this weekend and on Sept. 11 are appropriate for families with children.

County Executive George Latimer said volunteering to help community organizations is not only a way for people to make a difference on a day that remains difficult for many Americans, but to help others have a better life.

"This program brings some closure to those of us who remember that day personally, most of us here, not all of us," Latimer said. "It brings closure to that. It's a way to

honor those lives that were lost and those lives that were changed forever that day to put something positive to what is horrific."

David Singer, of Robison Oil, one of the sponsors of Serve + Remember, said instead of feeling helpless and hopeless, the program can encourage anyone to give of themselves for one day. For many who have participated before, volunteerism can become contagious and it is something that is done on a regular basis, he said.

Board of Legislators Chairman Ben Boykin (D-White Plains) said when volunteers step forward, they often help to transform lives.

"It is very important to volunteer because we help those that are less fortunate, we help those in need and in pain," Boykin said. "We're helping those that if we give a little push to it may make the world a better place."

For anyone interested in participating on Sept. 7, 8 or 11, they can view the list of projects for each day and register by visiting www.volunteernewyork.org/service or by calling 914-948-4452.

County to Hold 9/11 Memorial Ceremony

Westchester County will be honoring and remembering the Westchester residents who were killed on Sept. 11, 2001, with a memorial ceremony at The Rising located at Kensico Dam Plaza in Valhalla. For anyone wanting to attend, an RSVP is encouraged by e-mailing Communications@WestchesterGov.com.

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Experts Talk Concussions With Parents, Coaches

BY NEAL RENTZ

A panel of health professionals and concussion experts presented insight for parents, coaches and school personnel on sports-related concussions among young athletes last week in White Plains.

With the new high school sports season about to get underway and many children ready to resume their youth sports schedule, Westchester County and Phelps Hospital Northwell Health partnered on presenting a conference addressing some of the guidelines, symptoms and remedies last Thursday evening at the County Center.

Dr. Mark Herceg, director of concussion assessment and treatment services at Phelps Hospital, spoke from experience about concussions. He suffered five concussions as a youngster – four of them resulting from sports-related activity.

What makes addressing concussions so challenging, he said, is that each case can be quite different.

"There is no single treatment for concussion," Herceg said.

Dr. Rosanna Sabini, medical director of the Northwell Concussion Program, acknowledged that there is still plenty of misinformation that is circulated despite greater awareness and access to information. She said following confirmation of a concussion, it generally takes about a month for someone to recover. Individualized treatment should be provided.

Sabini said there hasn't been a large increase in concussions among athletes in recent years, but improved protocols are in place.

"We're just better at identifying them," she said.

Athletes may not know they have sustained a concussion, Sabini said. A person often remains conscious even after receiving a blow to the head. Any athlete who is suspected of having been concussed should not be allowed to return to action and should not be left alone, she said.

Sabini advised those in attendance to follow a very simple standard on the sidelines if a coach or parent is faced with an uncertain situation.

"When in doubt sit them out," she said.

Sabini said she reevaluates those who have been sidelined to determine when the student is ready to return to school as well as resume participation in sports.

During her examinations, Sabini said she looks for symptoms such as headaches and changes in mood and concentration since the injury was sustained. She also wants to know how a concussion has affected the athlete's day-to-day activities.

"My goal is to get you back to where you need to be," Sabini said.

A person who has sustained a concussion should rest at home for one or two days and should slowly resume activities

appropriate to their condition, she said.

If someone who has sustained a concussion has not recovered within four weeks, that person may have another ailment, Sabini said.

Dr. John Leddy, medical director of the University of Buffalo Concussion Management Clinic, said he has worked on studies of treatment for athletes who have suffered concussions. The studies have indicated that aerobic exercise can help in the recovery process, he said.

A series of guidelines on how to treat concussions has been created in recent years, including one by the Centers for Disease Control (CDC) in 2019 on Pediatric Mild Traumatic Brain Injury. The CDC

guidelines opposes the routine imaging of patients to diagnose a traumatic brain injury (TBI); recommends using validated, age-appropriate symptom scales to diagnose TBI; calls for using evidence-based risk factors for prolonged recovery; provides patients with instructions on return to activity that is customized to their symptoms; and counsels patients to return gradually to non-sports activities after no more than two to three days of rest.

Today, all 50 states have regulations regarding how to deal with youths who have suffered a concussion, Herceg said.

"We've come a long way," he said.

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NY License Plate Fees Under Fire from Lawmakers

BY DAVID PROPPER

A plan to force New Yorkers to purchase new license plates that could cost them as much as \$45 was slammed by local state representatives last week.

Beginning in April 2020 drivers that renew their motor vehicle registration with license plates more than 10 years old will be mandated to purchase a new one to the tune of \$25, according to the state Department of Motor Vehicles and Governor Andrew Cuomo's office. If drivers want to keep their current license plate number, they will then have to fork over another \$20.

The change comes as New York will rollout a new license plate design starting next year. There are five options on the table, including two that have a variation of the Statue of Liberty, one of the Mario M. Cuomo Bridge (commonly referred to as the new Tappan Zee Bridge) and two that are of different scenery in the state.

Residents are able to vote on which plate design they'd like to see the state adopt, but the money the plate would cost got sharply criticized.



One of these five license plate designs will be on the front and back of vehicles in New York next year.

Assemblyman Kevin Byrne, a Republican, said the new license plate charge is "nothing more than another cash grab to justify more wasteful spending by Albany" and is a new tax on state drivers. The new charges put in place were not approved by the state Legislature, Byrne noted.

State Sen. Sue Serino, a Republican, called the plate exchange "a money grab plain and simple." She urged the DMV to rethink the plan before it goes into effect next year.

"Following a legislative session where one party control brought with it the passage of new taxes

and fees on everything from internet purchases to paper bags, this proposal only adds insult to injury," Serino, who took a transparent shot at Democrats, said.

Dozens of state lawmakers, many Republican, have been critical of the cost. Local officials have also taken notice.

Putnam County Clerk Michael Bartolotti, a Republican, said the latest move by the state is simply a ploy to get "more money out of its already over-taxed residents."

The last mandatory plate exchange occurred in 2001 with the replacement of plates costing \$5.50, Bartolotti said.

"Drivers should be given the option to keep their old plates instead of being forced to buy new ones," Bartolotti stated. "They also shouldn't have to incur an additional fee just to keep the same plate number, which many people prefer to do since it is tied to registrations and EZ Passes. I highly support giving drivers more of a say in this process."

Cuomo, last week, defended the price for new plates, pointing out the cost was voted through by state lawmakers in 2009 before he even took office, according to the Democrat and Chronicle. Cuomo said the new plates are required

because reflective plates are supposed to have a life expectancy of 10 years by industry standards and the new plates would be optimized for the state cashless-tolling plan to the entire Thruway system next year, according to the D&R.

DMV commissioner Mark J.F. Schroeder, in a statement, echoed Cuomo's words and stated that new license plates have been \$25 for more than ten years and was put in place by state lawmakers at the time. The new plates are meant to ensure cameras will pick up the license plate number for each driver that goes through cashless tolling or a red light.

"The legislature has not acted to change that fee, continuing the \$25 charge every year since, under both Republican and Democratic control," said Schroeder.

Schroeder said Cuomo's administration was willing to lower the existing fees in response to the backlash from legislators.

"If the legislators are sincere and want to lower the fee immediately, although they haven't in the past decade, the Governor has made clear he invites them back for a special session to do it," Schroeder said.

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New Splash Pad Celebrated at Louis Engel Park

Continued from page 1
spray park is."

"We have this beautiful spray park that really is assessable by all children," Carlucci said. "Even if you don't know how to swim you can get out here and stay cool. It's assessable by those that might have dis-

abilities."

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Jacob Burns Film Center Releases Autumn Schedule

Get ready for fall flicks and new picks at the Jacob Burns Film Center (JBFC), a nonprofit cultural arts center and one of the most successful suburban film houses in the country. JBFC announced today a variety of diverse and compelling film series launching and returning this fall. Select film screenings also feature thought-provoking and engaging Q&As with renowned American and international filmmakers, historians, and more.

Whether it's live presentations from London's famous West End Theatre District, taking a journey to the magical world of Hogwarts, or experiencing the Contemporary Arab Cinema series and highly anticipated new releases, there is something for everyone to enjoy at the JBFC this fall.

Highly Anticipated Events & Series Include:

BFC Harry Potter-thon September 7 – October 26

This autumn, the JBFC celebrates one of the most beloved film franchises of all time by screening the entire Harry Potter series, one Saturday at a time. Get ready for a magical journey to Hogwarts!

Retro Revival presents To Love and Be Loved: 10 Films by Abbas Kiarostami September 11 – 17

Enjoy the groundbreaking work of Iranian filmmaker Abbas Kiarostami whose impact has been—and continues to be—felt around the world. Throughout his life, Kiarostami (1940–2016), the most acclaimed and influential of Iran's major filmmakers, also devoted himself to poetry, photography, and education. These passions can be seen in his cinema work, which are noted for their unusual mixtures of simplicity and complexity and fictional and documentary elements. Films include: Close-Up (Sept. 11 & 17); The Wind Will Carry Us (Sept. 11 & 13), Homework (Sept. 12 & 15), Like Someone in Love (Sept. 12 & 17); Taste of Cherry (Sept. 13, 15, 16 & 17); Certified Copy (September 13 & 17); Where is the Friend's House (Sept. 14 & 16), And Life Goes On (Sept. 14 & 16), Through the Olive Trees (Sept. 14, 15 & 16), and 24 Frames (Sept. 15)

No Small Matter Screening Featuring Q&A with Leaders in Child Development September 12 at 7:10 PM

The first feature documentary to tackle this topic, No Small Matter is designed to kickstart the public conversation about early care and education. This multifaceted project reveals how our country is raising its youngest citizens, why making the most of this time of their lives is so crucial and most importantly, what we can do to change the perception of when learning begins.

Panel Participants Include: Sheila Hanna, MS. Ed., Professor of Early Childhood Education, Westchester Community College; Dr. Mark Bertin, MD, Developmental Pediatrician and author of How Children Thrive; Terry Becker, MSW, Director of Children's Services, Ossining

Children's Center; and moderator Marilyn Wishnie, MS in Education, Former Principal, Hillside Elementary School, Hastings-on-Hudson.

Downton Abbey Preview Screening September 12; Opens September 20

The television series Downton Abbey followed the lives of the Crawley family and the servants who worked for them at the turn of the 20th century in an Edwardian English country house. Over its 6 seasons, the series garnered 3 Golden Globe Awards, 15 Primetime Emmy Awards, 69 Emmy nominations in total, making Downton Abbey the most nominated non-US television show in the history of the Emmys – even earning a Special BAFTA award and a Guinness World Record for the highest critically rated TV show along the way. A continuation of the series, the Downton Abbey drama film is set for national release in September 2019; the JBFC will host a preview screening on September 12 prior to the film's release on September 20.

Contemporary Arab Cinema 2019 Series September 18 – 25

Curated and hosted by Lina Matta since 2012, this returning series offers a rare and timely opportunity to journey to worlds we think we understand but really can't claim to know. Enjoy a week of fascinating, provocative films that showcase filmmakers from the Arab world whose work has earned recognition at film festivals around the world.

Films Include: Yomeddine (Q&A with Director A.B. Shawky via Skype Sept. 18 at 7:00 PM); Fatwa (Sept. 19 at 5:00 PM); Rashid & Rajab (Q&A with Director Mohammed Saeed Harib Sept. 19 at 7:30 PM); When Arabs Danced (Sept. 20 at 5:15 PM); For Sama (Sept. 20 at 7:35 PM); 10 Days Before the Wedding (Sept. 21 at 4:50 PM) EXT. Night (Q&A with Director Ahmad Abdallah Sept. 21 at 7:35 PM); Of Fathers and Sons (Sept. 22 at 5:00 PM); aKasha (Sept. 22 at 7:45 PM); Capernaum (Sept. 23 at 7:30 PM); The Swing (Q&A with Director Cyril Aris via Skype Sept. 23 at 5:00 PM); Tel Aviv on Fire (Q&A with Director Sameh Zoabi Sept. 25 at 7:35 PM)

Rarely Seen Cinema: Suzana Perić Selects September 27 – October 6

Famed director Jonathan Demme's Rarely Seen Cinema makes a triumphant return to the JBFC with the help of those who knew, loved, and worked with the late filmmaker. This fall's guest curator is acclaimed music editor Suzana Perić, who worked with Jonathan on 17 films including Ricki and the Flash, Rachel Getting Married, Neil Young: Heart of Gold, The Silence of the Lambs, Married to the Mob, Philadelphia, and Something Wild. Suzana presents a wonderfully wide range of films she says were "all inspired by Jonathan—films I know he championed and films I wish I'd seen with him." A discussion with Suzana will follow every screening.

Films Include: The Wide Blue Road

(Free Member Screening Sept. 27 at 7:00 PM); Mountains May Depart (Sept. 28 at 5:00 PM); Big Animal (Oct. 3 at 7:00 PM); The Ascent (Oct. 4 at 6:30 PM); I Am Cuba (Oct. 5 at 5:00 PM); The Executioner (Oct. 6 at 5:00 PM)

Other highlights of the fall season at JBFC include:

Heading Home: The Tale of Team Israel Featuring Q&A with filmmakers Daniel A. Miller, Seth Kramer & Jeremy Newberger September 4 at 7:00 PM

Heading Home: The Tale of Team Israel is the David-and-Goliath story of Israel's national baseball team as it competes for the first time in the World Baseball Classic. After years of crushing defeats, in 2017 Israel finally ranks among the world's best. Its roster includes many Jewish-American major leaguers, most with a tenuous relationship to Judaism, barely any having ever set foot in Israel. Their odyssey takes them from the Holy Land—where they are hailed as modern-day Maccabees—to the tournament in South Korea, where they must debunk their reputations as has-beens and wannabes. The connection to Israel that the players forge pushes them to unexpected heights as they represent the country on the world stage.

Film to Table: Julie & Julia with Special Tasting Reception September 9 at 7:00 PM

Julie & Julia is based on the heartwarming true story of how Julia Child's (Meryl Streep, in an Oscar-nominated performance) life and cookbook inspired struggling writer Julie Powell (Amy Adams, Arrival) to whip up 524 recipes in 365 days and introduce a new generation to the magic of French cooking. Stanley Tucci (Big Night) co-stars in brilliantly funny writer/director Nora Ephron's (Sleepless in Seattle) delicious comedy about joy, obsession, and butter. Following the film, patrons will head to the JBFC's Jane Peck Gallery to enjoy a delightfully inspired tasting menu crafted by Pubstreet's Executive Chef, Mogan Anthony.

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Yorktown Grange Fair Goes ‘Back to the Garden’

It's nearly time to head "Back to the Garden" with the 2019 Yorktown Grange Fair. From September 6 through September 8, the Yorktown Grange will celebrate the contributions of local farmers, artisans and community members to our world. This year's theme, "Back to the Garden" evokes the spirit of harmony from the 1969 Woodstock Festival — reminding us that we are all an important part of something larger than ourselves. Every year, for the last 95 years, the Grange Fair has paid tribute to local agriculture — with livestock shows, amazing food, show-stopping entertainment, and a carnival atmosphere that has delighted thousands of residents from all over Westchester, Putnam and beyond. Don't miss out on all the fun at Westchester's only true country fair!

New Furry Friends in the Livestock Show!

New for 2019, the Grange Fair is featuring rabbits! There are few things more beloved than adorable bunnies, and this year there will be rabbit showcases, where local children and families will be hoppy to show off their furry friends, hoping to win a blue ribbon. A rabbit costume contest will ratchet up the fun and the cuteness to a new level. This is just a fabulous addition to the yearly livestock show, with poultry, sheep, horses, and goats rounding out the animal activity. A schedule of the livestock events is on the Yorktown Grange Fair website (<https://www.yorktowngrangefair.org>). The times also will be posted each day on site in the livestock corral.

A Foodie Paradise

Grange Fair fun extends past the barn and into the kitchen with some of the best food that Westchester has to offer. Celebrity chef Jon Pratt will be featuring a pig roast that will delight even the most discerning foodie with Pork Sandwiches, Hollander Mussels with Garlic Bread, Crispy Ribs, Empanadas, Hard Cider and Sangria. You will want to save some room for a wood-fired pizza from the always tasty Five Alarm Pizza or hit Tony's Fish Fry for some fish or shrimp. Wash it all down with some local beers in our Craft Beer tent. It's all the icing on top of a food menu that includes all the favorite carnival fare from funnel cake and soft serve to gyros, hot dogs and more!

A Well-Rounded Fair Experience!

The Yorktown Grange Fair wouldn't be complete without carnival rides, midway games, the mile-long tractor parade, contests and entertainment! Contests this year will allow fair guests to compete at bubble or balloon blowing, tossing rubber chickens, watermelon or pie eating, and nail driving. Take a walk through the Grange Building and marvel at all the entries hoping to take home a prize for baking, photography, art, needlework, flowers, produce, even Legos! With competitors young and old showing off their work, everyone is sure to find something of interest.

While you're touring the Grange Building, be sure to visit local artisans offering beautiful, hand made items for sale. It's a great way to support talented entrepreneurs.

Music Under the Sun and Stars

A full range of fabulous entertainers will be gracing the Grange Fair's main stage. Nostalgia acts, from Woodstock experience group Back to the Garden 1969, to boy-band tribute group, Larger Than Life will delight adults of all ages. Those wishing for a dance party can enjoy the fun of the Happy Crabs or rock-out with Unfunded Mandate. Kid-friendly Beth & Scott and Friends will perform their high-energy, educational and fun music for the littles. All throughout the fair, strolling acts will be taking the entertainment directly to the guests with magic, dancing, puppets, and comedy. There will certainly

Continued on page 14





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Obits

Stanley Lehrer

Stanley Lehrer, a resident of Somers, died August 20 with family and friends by his side. He was 68.

Born in Tel Aviv, Israel on November 23, 1950 to Regina (Schwartz) and Norman Lehrer, who were Holocaust survivors, he immigrated with his family to America in 1957. He went to high school in the Bronx and met his lifelong love, Linda (D'Alessio) at a candy store on Allerton Avenue. They started dating in January 1968 and were together for 51 years.

After graduation Mr. Lehrer joined the Army where he met Charlie Caputo. They bonded quickly and become lifelong friends. After the Army he went back to work with his parents at Parkside Kosher Meats Inc. in the Bronx. He was a butcher for more than 40 years, then continued with provision sales until the time of his death.

Mr. Lehrer and Linda married in 1972. They were a few months shy of celebrating their 47th wedding anniversary. In 1979, they moved to Valhalla where they raised their two children, Nicholas (Amy) Lehrer and Michele (Michael) Zaino. Living in Valhalla, he enjoyed coaching and running Little League for more than 15 years and playing golf every weekend. Although he was up at 3 a.m. to go to work, he was present at every sporting event, school event and special moment in his children's lives growing up. He would kibbitz with the other parents as he proudly supported his children. He was a generous man who welcomed everyone into his home.

In 2013, Mr. Lehrer and Linda moved to Somers. They developed wonderful friendships with their lovely neighbors. Celebrating holidays in their home were special times as he loved to cook. Mr. Lehrer and Linda traveled, taking many trips to California to visit with his brothers-in-law, Carlo D'Alessio and Sam Heaton.

For more than a decade his greatest joys were welcoming grandchildren into his life: Adrina, Julianna, Ivan, Carter and Cora. They played catch, Legos, Connect Four, colored, watched movies and napped together. He beamed with pride watching them at sporting events, school concerts and plays.



Stanley Lehrer

As his illness turned terminal, he humbled himself to let his family take care of him at home. Being confined to a bed, he still enjoyed watching the Yankees games and listening to 70's music. His grandchildren filled his heart with love and laughter. His devoted wife never left his side and took care of him until his last breath.

He was predeceased by his father (2010) and mother (2011). Mr. Lehrer had a military ceremony with immediate family and was cremated.

John "Jack" Costello

John J., "Jack" Costello, a resident of Somers, died August 26 in Putnam Hospital with his family around him. He was 88.

He was born August 7, 1931 in New York City to John and Elizabeth Costello. He joined the Armed Forces in 1952 and served as an MP in Germany for the Army. Following his honorable discharge, he joined the New York City Police Department in 1955 and retired in 1977. He then joined the Ruden Real Estate family. He finally retired in 2005 to a life of doing what he loved: playing golf and spending time with his family and friends.

Mr. Costello married the love of his life, Dianne (Truelove) Costello 28 years ago and traveled and enjoyed their family and dear friends in Heritage Hills for many years. Dianne's sister, Patricia and her husband, Vincent Bocchino and Jack were like

brothers, which made for a wonderful four-some always.

He was the loving father of the late Patti Ann Calcado, Margaret Ann Costello and Mary Beth Carey (Michael) and nine grandchildren: Mairead, Sean, Grace, Emma, Elizabeth, Thomas, James, Kevin and Jaclyn and numerous nieces and nephews. He was a wonderful grandfather, was always there for them and their memories including the many years of Santa Claus Ho Ho Ho-ing. Mr. Costello was a friend to all, a confidant to many and someone who you could always depend on for comfort, laughter and encouragement - That was Jack Costello. A wonderful kind friend and loved one.

John Howard

John J. Howard, a resident of Putnam Valley, died August 28. He was 68.

He was born in the Bronx in 1949 to Frances and Edward Howard. He worked as an electrician for Local 3 until he retired in 2009. He loved golf, gardening, doo-wop music, spending time outside, and most of all he loved his family.

He is survived by his wife of 35 years, Sherry; his three daughters Jennifer, Kelley and Lauren; sons-in-law Dan and Anthony; grandchildren Emily and Allyson; his sister Carol; and his dog Ralf. He was much loved in life and will be greatly missed.

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Public Hearing Slated on Gas Station Proposal

BY RICK PEZZULLO

A public hearing is slated to be held Tuesday, September 10 on a proposed gas station and convenience store on Route 6 in Cortlandt that is being opposed by nearby residents.

Gas Land Petroleum Inc. is looking to construct six gas pumps on the one-acre site that formerly housed The Hummingbird restaurant and is parallel to the exit/entrance ramp to the Bear Mountain Parkway.

The applicant is seeking not only site development plan removal, but also a special permit and tree removal and wetland permits from the Cortlandt Planning Board, which conducted a site inspection in June and will be holding the hearing at Cortlandt Town Hall, starting at 7 p.m.

David Steinmetz, attorney for Gas Land, appeared before the Planning Board in July

and acknowledged the traffic concerns residents have expressed about the project, particularly homeowners that live on Parkway Drive.

"We understand we need to have a site that is clean," Steinmetz said. "We actually believe many of the (traffic measures being proposed) will actually improve the conditions there."

Gas Land representatives have already met with the state Department of Transportation to discuss traffic flow on the property, which is zoned H-C (Highway Commercial). The existing traffic signal is planned to be reconfigured to allow left and right turns from the station and a straight route to the parkway.

Steinmetz noted the project has been endorsed by the Hudson Valley Gateway Chamber of Commerce and the Montrose Business Improvement District.



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Op-Ed

Help New York Support Families of Stillborn Children

BY ASSEMBLYMAN KEVIN BYRNE

With our state's legislative session adjourned until next year, lawmakers throughout New York are now meeting with constituents to solicit feedback, share ideas and plan for the upcoming session. One idea I would like to advance is the expansion of the state's child tax benefit to cover mothers who have experienced the terrible loss of their child from a stillbirth pregnancy.

This past May, I traveled to the town of South Salem with family and friends to participate in the STAR Legacy Foundation's Let's Not Be Still Festival, 5K & Walk. Like many people present, I had first truly learned about how much a family suffers from stillbirth by watching a close relative live through the traumatic experience. Participating in the Let's Not Be Still event not only supported my friends and family, but also enlightened me about the various challenges that families go through when faced with the loss of their child from stillbirth.

When a family suffers such a loss, they face many of the same painful unanticipated financial obligations as a family whose baby tragically died in his or her first year of infancy. This includes additional costs to cover services for funeral/burial, autopsy, medical testing, mental health and counseling support, as well as additional time away from work.

Stillbirth claims over 26,000 babies every year in the United States. That's 26,000 mothers, fathers, and other respective family members who are affected by this terrible loss. That equals to 1 in 160 pregnancies in the United States, or in other words 70 babies (a school bus full of children), every single day.

New York State currently offers a tax benefit to families with children. It's only fair that a tax benefit is extended to those families who experience a stillbirth during the year of their loss. This tiny bit of financial relief would do more than simply assist with the various financial costs associated with their pregnancy and loss. It would also represent that the state of New York recognizes the loss that these families were forced to endure.

At the Let's Not Be Still event, I spoke with my colleague Assemblyman David Buchwald of Bedford, who represents the people just south of the 94th Assembly District. We briefly discussed his proposal (A.7468) to offer a special tax credit to assist these families who have suffered from a stillbirth. After further research and discussion, I signed on as one of Assemblyman Buchwald's first prime co-sponsors for A.7468. Mr. Buchwald and I belong to different political parties, but we must not allow party politics to get in the way of supporting a good idea. I wholeheartedly support Assemblyman Buchwald's effort to get his Stillbirth Tax Credit bill passed, and plan to do all I can to support him in making this special tax credit a reality here in New York state.

As we approach the upcoming legislative session in Albany, this proposal is

something I will continue to fight for. In the meantime, if you would like to learn more about the challenges mothers and their families face during and after stillbirth, I encourage you to visit the STAR Legacy Foundation's website at www.StarLegacy-Foundation.org.

Byrne is a member of state assembly representing New York's 9

Assemblyman Byrne with family and friends supporting "Team Teddy" at the STAR Legacy Foundation Walk earlier this year.



PROVIDED PHOTO

14th Annual Town of Cortlandt Family Fun Day



Saturday, September 7th

2:00 PM– 8:00 PM

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Crossword

ACROSS

1. Hudson Valley car donation center, "Wheels for ____"
7. Spanish bear
10. Play opener
11. Fraternity letter
12. Revises
14. Scooby-____ (cartoon dog)
15. It's a bore
17. This northern Westchester civic group "roars" with good deeds, Mt. Kisco ____ Club
21. Like some seals
23. Indigenous Canadian
24. Pretentious intellectual
25. One of the Reagans
26. Infield protectors
27. Reddish brown
29. BBC rival
30. Baubles
35. Actress who did movies with Tom Hanks, first name
36. Taiwan capital
37. Cries of pain
38. Operating, on a computer

Down

1. Card game for two
2. Frozen dessert
3. Criterion: Abbr.
4. Gp. in charge of condominiums, perhaps
5. Closing in fluid
6. Words before "precedent" or "good example"
7. Customer
8. Reinforce
9. Resetting setting
13. Gotten to fall in love with, in a way
16. Discovery grp.
17. Durocher "The ____"
18. Flustered
19. Class excursions
20. Evening, informally
22. Dentist qualification
28. Clears after taxes
29. "I think," to texters
31. Uniformed troops, for short
32. Relevant
33. Little, like laddies
34. Card you might want to change out abroad

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(Solution to this puzzle on page 14)

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Back to School

A Few Great Ways to Get Children Motivated to Move More

Getting regular physical activity helps children meet developmental milestones and promotes mental and physical wellness.

However, forming this healthy habit works best when you get started early. To motivate your kids to move more, consider the following ideas.

- Go on an outing. At least some of the time, be sure to select active outings. This way, physical activity will become a natural part of your family's lifestyle. For example, go skating or rock climbing instead of to the movies. If you're going on a picnic, hike or bike to the

picnic site and bring along frisbees, balls and other toys and games that keep people moving.

- Put on your dancing shoes. It's easy to get children moving and grooving with fun dance games – especially those that incorporate innovative and interactive tech such as the new VTech Kidi Star Dance. By wearing motion-activated bands, kids can learn 20 cool dance moves step-by-step by following the animated dance instructor.

Once children learn the moves, they can put them together and dance along to the

included music. Color-changing lights flash along to the music to make kids feel like a star. Play four motion games or create music through movement by playing 14 different effects, including drums and magical fairy sounds. Give the second band to a friend and challenge them to a game or dance-off. Connect your own MP3 player or load songs using a microSD card to add more music so kids never get bored.

- Take evening walks. Instead of heading straight for the couch in the evenings, make a ritual of taking a short walk first. This is a

great chance to chitchat, get some fresh air and even promote better sleep. Kids may not be able to travel too far at first, so start with a brief walk around the block. As they begin to build endurance, extend it a bit farther or consider turning the ritual into a friendly race.

Physical activity is not only great for you, but it's also a lot of fun. By incorporating games and activities into evenings and weekends, parents can play an active role in getting kids motivated to move more.

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Back to School

The Test Every Kid Needs Before Going Back to School

Before schedules get too hectic, experts say that parents should prioritize a visit to the eye doctor this back-to-school season.

"An annual comprehensive eye exam is essential for optimal wellness, as well as ensuring your child reaches his or her full academic potential," said Dr. Jennifer Wademan, VSP network eye doctor.

The incidence of visual impairment in preschool children is expected to increase 26 percent over the next 45 years, affecting almost 220,000 children, according to a recent study by the USC Gayle and Edward Roski Eye Institute. What's more, kids have more demand on their eyes and vision than ever before due to the increased use of digital devices.

To help ensure a smooth transition back-to-school, consider the following tips and insights.

Get a Comprehensive Eye Exam

While 76 percent of parents said sight is the most important sense, only 50 percent take their children for an annual eye exam, according to a recent survey conducted by YouGov and VSP Vision Care. Many parents are under the incorrect impression that the vision screening conducted by the school nurse or at the pediatrician's office is sufficient.

Although many schools offer abbrevi-



VALERII HONCHARUK/STOCK.ADOBE.COM

ated vision screenings throughout the year, they can miss up to 80 percent of vision problems, including serious conditions like amblyopia (lazy eye), which can lead to vision loss if not treated. An annual comprehensive eye exam is the best way to detect

vision problems, as well as other conditions related to the eyes that can affect overall health and wellness.

"How a child's brain processes visual information is complex, and a screening alone isn't a substitute for a comprehen-

sive exam, nor is it the most reliable way to track a child's eye health," Wademan said. "A comprehensive eye exam with an eye doctor, however, evaluates multiple aspects of vision, including the close-up skills essential for reading, tracking and focusing."

Don't Wait for Complaints

Among those parents who do not bring their children to the eye doctor annually, 72 percent of moms and 48 percent of dads said they would be motivated to do so if their child complains of discomfort or changes in vision. Don't wait for that first complaint! Certain changes to eyesight can happen gradually, and children may not realize that their vision is impaired.

Wademan points out that catching problems early is important.

"When a child's visual system is not given a clear and focused image, and if his or her eyes are not working together, the child could fail to ever achieve normal visual acuity," she said. "These patients end up struggling to see well in adulthood, even with contacts or glasses."

Remember, vision and learning are directly connected, as approximately 80 percent of what a child learns is presented visually. For success in the classroom, the sports field and more, start the school year right with a comprehensive eye exam.

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Common Challenges – and Tips – for Breastfeeding Mothers

BY KIM MCKECHNIE

There are few greater privileges a woman has than being a mother of a newborn baby. Sometimes nursing your baby – an intimate, natural and wondrous act – can be a challenge at first. Overcoming these challenges often simply takes a little practice, a little patience and sometimes a little help.

The Latch

In breastfeeding parlance, a good “latch” is critical for happy baby and mother –and for effective milk transfer. If breastfeeding your baby is painful at first, it might mean your baby is sucking only on the nipple. At the Lactation Center at Northern Westchester Hospital, we encourage breastfeeding mothers to try the “asymmetrical latch” position, where the baby is latching onto the nipple and areola in a slightly off-centered manner. This way, the baby gets more breast tissue close to his or her lower jaw and tongue, which enhances feeding and discourages sore nipples.

Engorgement

Another common problem among breastfeeding mothers is breast engorgement. A few days after giving birth, it is normal for breasts to become larger or even swollen when they begin milk production. It generally takes about two days for normal physiologic engorgement to recede. Although engorgement is sometimes uncomfortable and slightly painful if the baby is latching well, you should continue to exclusively breastfeed through that two-day period. Frequent feeding will help relieve the engorgement. Applying ice packs to the breast after feedings for 15 to 20 minutes often helps



decrease the inflammation. If the baby is having trouble latching because the breasts are too full, warm soaks and gentle hand expression prior to feeding can also help.

Plugged Milk Duct or Possible Infection

A plugged milk duct or an infection called mastitis may also occur. Most common in the first few weeks of lactation, mastitis can be caused by an obstruction, infection and/or allergy. Symptoms for a plugged duct and mastitis are similar –pain, heat and swelling, but they are more intense with mastitis and are often accompanied by flu-like symptoms and a fever. If you experience these symptoms, continue breastfeeding and contact your physician. I also recommend reaching out to a lactation consultant who can provide guidance.

Am I Making Enough Milk?

That’s another concern among mothers of newborns. Many new mothers wonder if their milk production is meeting their baby’s nutritional needs. Hydration, good nutrition and adequate caloric intake will encourage good milk production. Nursing moms need about

500 additional calories per day. Regular well baby visits to the pediatrician, which always involve documenting the baby’s weight and measurements, will reassure you that your child is gaining the proper amount of weight at the right speed.

Fatigue

Let’s not overlook the issue of fatigue. No matter how you choose to feed your baby, you are sure to experience exhaustion. Sure, new babies sleep about 15 hours a day, but not consecutively, which means your baby will be having meals throughout the night when the rest of the world is sound asleep. Expressing your milk using a breast pump is always an option. This allows someone else to feed your baby while you rest. Though you might have heard the advice to “sleep when the baby sleeps,” that’s often not a convenient option. More realistically, consider limiting your

calendar – and your expectations – when you bring a newborn baby home. Try to limit visitors early on, delegate some of your regular chores to a significant other and grab naps whenever the opportunity arises.

Resources

Support groups are great for mothers of newborns. Support, friendship and advice can encourage breastfeeding success. What better way to learn tips and tricks than from other new moms. I lead the breastfeeding support group at Northern Westchester Hospital, and any nursing mother is welcome, regardless of where your baby was delivered. Most hospitals have resources to help mothers with breastfeeding challenges as well. We are here to help you as well, even when you’re home. Northern Westchester Hospital has a Breastfeeding Resource Center available to all our new mothers. We are also available for breastfeeding consultation for women who are struggling with lactation issues after their hospital discharge. There is a \$100 fee for this appointment that is usually fully reimbursable through your medical insurance. Know that you can achieve breastfeeding success, despite any challenges you might encounter. Visit www.nwhc.net/calendar to find breastfeeding support groups, new mom support groups or childbirth preparation classes offered by Northern Westchester Hospital. Kim McKechnie is lactation coordinator at Northern Westchester Hospital.

Hendrick Hudson Addressing Issues

Continued from page 1

year, for that four-year period,” Hochreiter explained. “That 13% projection from January 2017 has been reduced to an average of 5.46% over the exact same four-year period. Had we acted on ‘immediate cost savings’ in 2017 we could have made unnecessary and painful reductions based on what we knew in January 2017 and not what we know now.” Last fall, the district hired an independent group to advise officials on potential savings. The district notified parents in May of the motive and status of the Cost Analysis from the consultant. “When Indian Point announced its impending closure in 2017, the community was understandably shocked and con-

cerned about the future of the district’s financial condition,” the email to parents stated. “The district immediately commenced advocacy efforts. We knew advocacy alone was not sufficient and we had to look at our expenses in light of reduced revenues.” Hochreiter also addressed several rumors circulating in the community, stressing the Cost Analysis has not been completed and remains “a work in progress.” He continued, “No decision regarding the closing or redistricting of any schools has been made. No decisions regarding programming at either the middle school or the high school have been made.” “Any suggestion that these decisions have been predetermined are not only false, but also misleading,” Hochreiter said.

Yorktown Grange Fair

Continued from page 7

be something for everyone at the 2019 Yorktown Grange Fair! Fair Facts and Figures Fair admission is just \$10 per carload with parking included. Ride wristbands start at \$25, but individual tickets can be purchased for \$1.25 apiece or \$30 for 28 tickets. The 2019 Yorktown Grange Fair is open 4

to 11 p.m., Friday, September 6; 10 a.m. to 11 p.m. Saturday, September 7; and 10 a.m. to 7 p.m. Sunday, September 8. Grange Fairgrounds are at 99 Moseman Road, Yorktown Heights, N.Y. 10958. More information is online at www.yorktowngrangefair.org or by contacting the Fair office at fairoffice.yg@gmail.com or (914) 962-3900.

(Solution for puzzle on page 11)

1	W	2	I	3	S	4	H	5	E	6	S				7	O	8	S	9	O
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How Much to De-Personalize When Selling Your Home

Am I terminally weird or is everybody like me in wanting to surround ourselves in our homes with highly personal things that remind, motivate and inspire us to achieve certain goals?

As a realtor, I know well that when a home is on the market and prospective buyers are invited in, sellers are advised to “neutralize” or de-personalize the décor with blah colors and to “hide” personal items so that the buyer can project their own lives into the space. Personal effects such as family photographs on the refrigerator, it is advised, can sabotage that objective.

But here’s a realtor who did not take his own advice when I sold my home a few years ago. I tried it in just one room of my house at that time. I found that I was not at all comfortable being set adrift in a world of sterility without all the reminders that comfort and inspire me, collected over a lifetime. I wanted to experience them every single day, despite the fact that my home was on the market.

I became aware of this issue about revealing too much of ourselves to prospective buyers during my first week in the real estate business. My office received a call from a client who complained that a visiting agent had left her business card on the seller’s “home

altar,” certainly a very private matter. When the agent was advised of the complaint, she responded, “Gee, to me it just looked like an end table. I thought the statue of the Buddha was just for decoration.”

While I do have evidence of calling upon the Divine in my own home, my main focus for motivation and inspiration – and this is highly confessional – is my daily quest for maintaining a decent body weight. Having been involved for many years in the food and restaurant field as a promoter, I was literally the kid in the candy shop, coping daily with all the products I represented. I didn’t have Medifast as a client. As a consequence, I surrounded myself in my home with motivational tools for health and fitness. Any visitor to my home clearly knew that.

In my dressing room, for instance, was a weight bench, although it was mostly used during periods of slacking off as a pants rack. Directly over my barbell rack was a framed watercolor, painted by my daughter when she was eight, depicting me as a barbell-pumping muscleman with a photograph of my face pasted on the neck.

It was just too charming and motivational for me to hide.

Then there were the nutrition and diet books in the kitchen bookshelf, including

the first book published by Weight Watchers, signed by the group’s founder, Jean Ni-detch, whom I once met.

Also, I devote myself to achieving mental calm and relaxation through meditation and have tools to encourage that, including a tubular tuning chime and an extensive collection of crystals that all but made my man cave, pardon the expression, vibrate.

And I hid nothing when there was a showing.

I have found some real estate bloggers who share my point of view that there is some confusion between de-cluttering and de-personalizing. I think the former is what should be sought, rather than removing the history, love and taste bestowed on a home by its sellers. Creating clean and open spaces is a good thing. But removing distinctive colors with boring beige is not something I recommend as professional stagers sometimes do.

As for items that project our personal lives, I suspect that buyers have more than a little curiosity about them. Perhaps that lifestyle can be an attraction rather than a turn-off. Many times, I observe buyer clients looking at family photographs and, in particular, reading the titles of books on the shelf. In my case, my books may be somewhat deceiving if I were to be judged by them.

Just when my wife and I were buying our last home, a dear friend, a generation older than we, passed away. An avid reader and book collector, she left us her extensive

collection of old and interesting books, a broad representation of the world’s literary classics.

To accommodate that collection, we built an entire wall of shelves in a room off our central hall and designated it “The Library” as though we lived in a mansion. That room may suggest that we are great literati. In fact, while my wife reads practically every new novel that comes along, I confess that I’ve barely cracked any of the books in that collection.

Any visitor would have had a much better idea of my reading pursuits if they visited my special room where the walls were lined with my motivational books for business and physical fitness.

So, I welcome prospective buyers to my highly personalized home with all its revealing evidence of a life well lived and enjoyed.

A writer and publicist, Bill Primavera is first and foremost a Realtor® associated with William Raveis Real Estate. His talents and work in communications support his endeavors in real estate. To engage the services of The Home Guru to market your home for sale, call 914-522-2076.

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By Bill Primavera

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TUESDAY, SEPT. 3

Blood Drive: A Red Cross blood drive will be held from noon to 5 p.m. at the John C Hart Memorial Library, 1130 E Main St, Shrub Oak. To schedule an appointment to donate go to www.RedCrossBlood.org and enter sponsor keyword: Hart. New donors are needed and walk ins are welcome.

Free Medicare Counseling: Get help understanding your Medicare benefits and coverage on Tuesdays year-round (except holidays) at the John C. Hart Memorial Library in Shrub Oak from 10 a.m. to 1 p.m. and on Thursdays from 10 a.m. to 1 p.m. at the Field Library in Peekskill. No appointments are necessary for the free service. Meet with a trained counselor for information about Medicare Parts A, B and D, Medicare Advantage Plans, Medicare Savings Plans, Extra Help and EPIC. You can also call the Senior Benefits Information Center Helpline with your questions at 914-231-3260 and a counselor will return your call within two business days. For a listing of all eight SBIC centers in Westchester libraries, go to <http://www.westchesterlibraries.org/senior-benefits-information-centers/>.

Senior Benefits Information: Trained volunteer counselors help older adults and their caregivers find information about government benefits to help them stretch their budgets every Tuesday from 10 a.m. to 1 p.m. at the John C. Hart Memorial Library, 1130 E. Main St., Shrub Oak. Get information on Medicare health and prescription plans, nutrition assistance, the Home Energy Assistance Program (HEAP), tax relief programs, and much more. Info: 914-245-5262 Ext.227 or <http://www.westchesterlibraries.org/sbic>.

Healthy Happy Hour: Healthy Happy Hours are held on Tuesday nights in Mahopac and another location may be added. Take a 10 day vacation from processed foods. Are sugary, fatty, easy-to-prepare, addictive junk foods making you feel sick and tired? Then reset your metabolism and break your addictions to unhealthy foods. For more information contact Diane at 914-843-8745.

Hygeia Programs: Two ongoing programs are being held on Tuesdays at Hygeia Integrated Health LLC, 3505 Hill Blvd., Suite K, Yorktown. Community Acupuncture is being held from 6:30 to 7:30 p.m. The cost is \$30. Come experience the beneficial effects of acupuncture in a group setting. Register: hyinhealth@gmail.com. On the last Tuesday of the month from 7:30 to 8:30 p.m. Eating Disorder Support Group, led by a LCSW and clinical nutritionist will be held. Discuss and resolve issues around relationships with food. Info/register: hyinhealth@gmail.com or www.hyinhealth.com.

WEDNESDAY, SEPT. 4

September Art Exhibit: The paintings of Constanza Mallol are on display throughout the month of September at the Somers

Library.

Senior Benefits Information: A Senior Benefits Information Center is available every Wednesday from 10 a.m. to 1 p.m. at the Somers Library. If you can't visit the library in person, you can leave a message on the SBIC helpline at 914-231-3260 or e-mail us at SBIC@wlsmail.org with your name, number, a time to call between 9 a.m. and 5 p.m. and whether your interest is in Medicare services or other benefits. A counselor will return your call within two business days. SBIC will not meet on days the Somers schools are closed due to snow.

POUND Program: POUNDTM Fitness Program, a 45-minute full-body cardio and stress relief jam session, fusing Pilates, cardio, plyometrics isometric movements and poses, is offered at Theatre and Dance Arts 131 Bedford Rd. Katonah. Drop in or weekly discount rates are available. The program is being provided on Wednesdays at 7:30 p.m. and on Saturdays at 11:45 a.m. Call Peggy for more information at 914 960-4097.

Bingo Wednesdays: Come to First Hebrew for \$2,000 in total guaranteed bingo prizes, plus an average of \$1,000 awarded in specialty games. Doors open 5 p.m. and games begin 7:15 p.m. every Wednesday (except holidays – check First Hebrew's website calendar). First Hebrew is just west of the Beach Shopping Center at 1821 Main St., Peekskill. Info: 914 -739-0500 or www.firsthebrew.org.

Live Performances: Live ticketed performances are being held at The Winery at St. George, 1715 E. Main St., Mohegan Lake. Tribute, theatrical, cabaret, independent and famous acts perform. Info: 914-455-4272.

New York Presbyterian Programs: Several programs have been scheduled for the coming days at New York-Presbyterian Hudson Valley Hospital, 1980 Crompond Rd., Cortlandt The Living With Loss Support Group will meet on Sept. 4 and 18 from noon to 1 p.m. Registration: call 914-734-3330 End of Summer Healthy Grilling will be held on Sept. 4 from 5:30 to 7 p.m. The cost is \$15. Registration: call 914-734-3780 or e-mail hvh-teachingkitchen@nyp.org. A Breastfeed with Certainty Prenatal Class will be held on Sept. 4 from 6 to 8 p.m. Registration: call 914-734-3257. A Moroccan Feast will be held on Sept. 5 from 5:30 to 7 p.m. Cost: \$15. Registration: call 914-734-3780 or e-mail hvh-teachingkitchen@nyp.org. The Living with Cancer Support Group will meet on Sept. 5 and 19 from 6 to 7:30 pm. Registration: Call 914-644-8844 Ext. 104. The Food and Brain Connection will be held on Sept. 6 from noon to 1:30 p.m. Cost: \$15. Registration: call 914-734-3780 or e-mail hvh-teachingkitchen@nyp.org. The Cancer Support Group for Latina Women will be held on Sept. 6 and 20 from noon to 1:30 p.m. Registration: call 914-293-8424. Diabetes Education Classes will be held on Sept. 6 and 20 from 2:30 to 3:30 p.m. Registration: call 914-734-3998. Farmers Markets will be held on Sept. 10 and 24. Info 914-734-3797. Low-Carb Mediterranean Meals will

be held on Sept. 10 from noon to 1:30 p.m. Cost: \$15 Registration: call 914-734-3780 or e-mail hvh-teachingkitchen@nyp.org.

THURSDAY, SEPT. 5

Internships: Assemblywoman Sandy Galef's office has announced upcoming internship openings for the 2019-2020 school year. These unpaid internship opportunities are open to high school and college students who are looking to gain workplace experience, obtain knowledge on how government works and develop skills that will help them in their future. If you are interested in applying for an internship or wish to receive more information contact Jennifer Fields-Tawil at fieldstawilj@assembly.state.ny.us or call the office at 914-941-1111. An application is also available online at www.assembly.state.ny.us/mem/Sandy-Galef/story/46712.

Yorktown Jewish Center Course: Several courses have been scheduled for the Yorktown Jewish Center, 2966 Crompond Rd. The Talmud class is held on Thursdays at 10:30 a.m. Info: 914-245-2324.

Acting Classes: The Four All Theater Company will be conducting acting classes every Thursday from 6:30 to 8 p.m. at the Field Library, 4 Nelson Ave., Peekskill. Class size is limited. Info: 914-737-1212.

FRIDAY, SEPT. 6

Coloring For Adults: It's not just for kids, and it's the latest craze. Join our adult coloring book club at the Somers Library Meetings will be held in the conference room every Friday from 10:30 am to noon. Relax, color, and socialize for free. Materials are provided or you may bring your own color pencils and coloring books. Registration is not required. Info: 914 232 5717.

Job Hunting Help: Free drop-in, hands-on assistance with online applications, resume writing, e-mail accounts and more is held on Fridays from 11 a.m. to 1 p.m. in the second floor conference room at the Ossining Public Library, 53 Croton Ave. Assistance is offered on a first-come, first-serve basis. This is not a computer class. Info: Cheryl at 914-2416 Ext. 315.

Temple Beth Am Summer: The Summer is a time for us to relax and kick back Every Friday evening over the summer, Temple Beth Am will create a relaxed atmosphere that is engaging and enjoyable with services at 7 p.m. Temple Beth Am is located at 203 Church Pl. Yorktown. For more information please call our Rabbi at 914-962-7500 or e-mail him at rabbibw@op-tonline.net.

Jewish Center Services: At the Yorktown Jewish Center, 2966 Crompond Rd. Friday night Sabbath services begin at 8 p.m. And Sabbath services on most Saturdays will be held at 9:15 a.m. on most Saturdays. After the services Rabbi Sternstein conducts a learning session based on the Torah portion of the week. Light refreshments are served and everyone is invited to join us as we share in the warmth, knowl-

edge and friendship within our congregation. Info: 914-245-2324

Shabbat Service And Dinner: The Hebrew Congregation of Somers Cypress Ln and Mervin Drive will hold a Shabbat Service and a pot luck dinner at 6:30 p.m. The service will be led by Rabbi Shoshana Leis and Cantor Rush Ossher. Info: info@hebrewcongregationofsomers.org or 914-248-9532 for more information.

Family Movie Night: The City of Peekskill Family Movie Nights will present "Akeelah and the Bee" at 8 p.m. at Riverfront Green Park, 50 Hudson Ave. The movie will be rescheduled in case of rain. For more information, contact the City of Peekskill Parks and Recreation Department at 914-734-7275 or visit www.cityof-peekskill.com.

SATURDAY, SEPT. 7

Putnam Valley Shabbat Service: Looking for a modern Shabbat service steeped in Jewish tradition? Come to Temple Israel of Putnam Valley, a Conservative Egalitarian Synagogue situated on beautiful Lake Peekskill. Our inclusive, community-lead services start at 9:30 a.m. on Saturdays and are held in Hebrew and English. Enjoy a comfortable atmosphere where participation is appreciated and afterwards stay for our delicious Kiddush lunch. Services are free; Family Memberships are \$250 per year and include High Holiday Services. The synagogue is located at 140 Lake Drive in Lake Peekskill. For more information call 845-528-2305.

Yorktown Shabbat Morning Services: Chabad of Yorktown, 2926 Old Yorktown Rd., holds services on Saturday mornings. They are easy-to-follow services with Hebrew/English prayer books, a friendly environment and no affiliation is necessary. Kiddush luncheon follows the services. Services begin at 10 a.m. For more information visit www.ChabadYorktown.com.

Ossining Farmers Market: The Ossining Down to Earth Farmers Market is now being held outdoors on Spring and Market Streets. Customers old and new will find delicious produce, pasture-raised meat, poultry, and eggs, breads, baked goods, and much more. For a full list of our markets and vendors, visit DowntoEarthMarkets.com.

Yorktown Jewish Center Program: Join the Yorktown Jewish Center, 2966 Crompond Rd. on S at 9:30 a.m. as it honors Yorktown police and Chief Noble with a special kiddush. Info: 914-245-2324.

Hebrew School Open House: The Reform Temple of Putnam Valley Hebrew School open house will be held on 362 Church Rd. from 9:30 am. to 12:30 p.m. Participants can sit in on classes, meet the Rabbis and speak with current Hebrew school families. For more information, visit www.RTPV.org.

Heath Program: How to Increase Your Energy, Vitality and Youth (While Decreasing Your Need for Medication & Surgery) will be held from 10:30 a.m. to noon at the

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PANTHER CLUB EMT / NURSE POSITION The Village of Pleasantville Recreation Department is looking for EMT or Nurse who are interested in working for our after-school program, for the 2019-2020 school year. You must be available Monday through Friday, 2:45 pm to 6:30 pm. We are looking for individuals that are certified EMT or Nurse. This person will be responsible for reviewing all medication forms and medication as well as the day to day health needs of the children in the program. Please email our resume to Michael Newman at

mnewman@pleasantville-ny.gov.

PANTHER CLUB STAFF JOBS

The Village of Pleasantville Recreation Department is looking for adults who are interested in working as Group Leaders for our after-school program, for the 2019-2020 school year. You must be available Monday through Friday, 2:45 pm to 6:30 pm. We are looking for individuals that have experience supervising and interacting with children in a school, day care or day camp setting. Please email our resume **Michael Newman** at mnewman@pleasantville-ny.gov.

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LEGALS

Town of Putnam Valley September 4th Special Meeting at 5 PM is canceled.

ESTOPPEL NOTICE On July 22, 2019, the Board of Trustees of the Village of Pleasantville, Westchester County, New York (the "Village") adopted a Bond Resolution, a summary of which is published herewith, and the validity of the obligations authorized by such resolution may be hereafter contested only if such obligations were authorized for an object or purpose for which the Village is not authorized to expend money or the provisions of law which should have been complied with as of the date of publication of this notice were not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty (20) days after the date of publication of this notice, or such obligations were authorized in violation of the provisions of the New York State Constitution. **Summary of Bond Resolution 1. Specific Objects or Purposes** – the reconstruction and improvement of the Memorial Plaza parking lot, including sidewalks, curbs, gutters, drainage, landscaping, and grading or improving the rights of way, with flexible pavement of a type described in Local Finance Law Section 11(a)(20)(c), including surveys, preliminary plans and detailed plans, specifications and estimates required in connection therewith.

2. Period of Probable Usefulness – fifteen (15) years. 3. Maximum Amount of Obligations to be Issued - the maximum amount of obligations to be issued for the objects or purposes described above is \$550,000. The Bond Resolution herein summarized shall be available for public inspection during normal business hours for twenty (20) days following the date of publication of this notice at the office of the Village Clerk of the Village of Pleasantville, Westchester County, New York. Noreen Regan Deputy Village Clerk, Village of Pleasantville, Westchester County, New York

ESTOPPEL NOTICE On July 22, 2019, the Board of Trustees of the Village of Pleasantville, Westchester County, New York (the "Village") adopted a Bond Resolution, a summary of which is published herewith, and the validity of the obligations authorized by such resolution may be hereafter contested only if such obligations were authorized for an object or purpose for which the Village is not authorized to expend money or the provisions of law which should have been complied with as of the date of publication of this notice were not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty (20) days after the date of publication of this notice, or such obligations were authorized in violation of the provisions of the New York State Constitution. **Summary of Bond**

Resolution 1. Specific Objects or Purposes – the reconstruction and improvement of Manville Road, including sidewalks, curbs, gutters, drainage, landscaping and grading or improving the rights of way, with flexible pavement of a type described in Local Finance Law Section 11(a)(20)(c), including surveys, preliminary plans and detailed plans, specifications and estimates required in connection therewith. 2. Period of Probable Usefulness – fifteen (15) years. 3. Maximum Amount of Obligations to be Issued - the maximum amount of obligations to be issued for the objects or purposes described above is \$2,600,000. The Bond Resolution herein summarized shall be available for public inspection during normal business hours for twenty (20) days following the date of publication of this notice at the office of the Village Clerk of the Village of Pleasantville, Westchester County, New York. Noreen Regan Deputy Village Clerk, Village of Pleasantville, Westchester County, New York

NOTICE OF ADOPTION OF BOND RESOLUTION SUBJECT TO PERMISSIVE REFERENDUM PLEASE TAKE NOTICE that the Board of Trustees of the Village of Pleasantville, Westchester County, New York (the "Village"), at a meeting held on August 26, 2019, adopted a bond resolution, which is subject to a permissive referendum, that authorizes the issuance of \$245,476 serial

bonds of the Village to finance the purchase of a sanitation truck (the "Project") at a maximum estimated cost of \$245,476. The period of probable usefulness is fifteen (15) years and the bonds are payable from amounts to be annually levied on all the taxable real property in the Village. Pursuant to the New York State Environmental Quality Review Act and the regulations promulgated thereunder ("SEQRA"), the Village has determined that the project is a Type II Action requiring no further action under SEQRA. **Noreen Regan Deputy Village Clerk, Village of Pleasantville, Westchester County, New York**

Please be advised that the next meeting of the Planning Board will be held at Town Hall, 265 Oscawana Lake Road on **Monday September 9, 2019** for the purpose of considering the following applications: **Regular Meeting Start Time: 6:00pm**
AGENDA DISCUSSION 1. Filho Residence, - 135 Bell Hollow Road (TM# 51-1-4/File: 2019-0190) The subject property consists of + 19.2 acres of land and is located on 135 Bell Hollow Road and within the R-3 Zoning District. The applicant is proposing to construct a swimming pool, terrace and outdoor kitchen. A Site Development Plan, Major Grading and Wetland Permit is required. **SKETCH 2. Kelly, Rick- Birch Hill**

continued on next page



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Road (TM#73.-1-89/File 2019-0197)

The subject property consists of +/- 20.9 acres of land and is located on Birch Hill Road and within the R-2 Zoning District. The applicant is proposing a single family residence with driveway, well, septic system, retaining wall and rain garden. A Site Development Plan and Major Grading Permit is required. 3. Sposato Adam- 694 Sprout Brook Road TM#72.15-1-23/File 2019-0198) The subject property consist of +/- 43.7 acres of land and is located on 394 Sprout Brook Road and within the R-1 Zoning District. The applicant is proposing an accessory apartment attached at the rear of the existing residence. A Site Development Plan and Special Use Permit is required. APPROVAL OF MINUTES 4. Approve Minutes of August 19, 2019

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Four on the Floor!

**McCrudden
Nets Four in
Lakeland's 9-0
Hockey Win
over Yorktown**



RICK KUPERBERG PHOTO

Lakeland senior M Jenna McCrudden notched four goals and dished an assist in the 2018 NYS runner-up Hornets' season-opening 9-0 win over host Yorktown last Friday despite the strong effort from Husker Samantha Penneys (10). Lakeland had six different goal scorers, including Emma Fon (1G, 2A), Erin Daly (1G, 1A), Keirra Ettre (1G, 1A), Emma Halderman (1G) and Frankie Fava (1G).



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