May 7 - May 13, 2019

SMALL NEWS IS BIG NEWS

Volume 11, Issue 489



From the Heart

Audrey Bakker, a fifth grader at Buchanan-Verplanck Elementary School, organized an event on April 26 called PJ's for Alopecia to raise money for the non-profit organization This Is Me Foundation, created by sisters Caitlin and Lauren Brady, which raises awareness for the autoimmune disease that causes hair loss. The event raised \$181.

Affordable Housing Project in Peekskill Gets Rave Reviews

By Rick Pezzullo

A recently completed \$28 million affordable housing project on Main Street in Peekskill was celebrated by state, county and local officials last week.

Lofts on Main, built by Kearney Realty and Development, features 75 loft-style apartments and more than 7,200 square feet of ground floor commercial space, and was one of the first developments to utilize New York State Homes and Community Renewal's innovative Middle Income Housing Program.

"It's not every community in New York State that has open arms for affordable housing," Homes and Community Renewal Commissioner RuthAnne Visnauskas said at the May 1 ribbon cutting ceremony. "By providing affordable



PHOTO BY RICK PEZZULLO

Ribbon cutting was held for Lofts on Main.

housing and artist workspaces, Lofts on Main is building Peekskill's reputation as a regional artistic hub and boosting the local economy. This is a win-win for everyone involved."

Continued on page 3

Somers Town Board Declines to Vote on State Abortion Law Resolution

By Neal Rentz

The Somers Town Board declined to vote last week on a resolution that called for the overturning of abortion rights legislation approved earlier this year by the state Legislature.

A group of Mahopac and Somers residents recently asked the Somers Town Board to follow in the footsteps of the Carmel Town Board and Putnam County Legislature in passing a resolution calling for the repeal of the Reproductive Health Act.

The RHA states an abortion is legal within the first 24 weeks of the start of a pregnancy or any time after that if a woman's life or health is at risk or if the

fetus isn't viable. Abortions could also now be done by other healthcare professionals, not just physicians.

The state Legislature, voting along party lines, approved the RHA this January and Governor Andrew Cuomo signed it into law shortly thereafter, leading to outrage among many conservatives across the state and country.

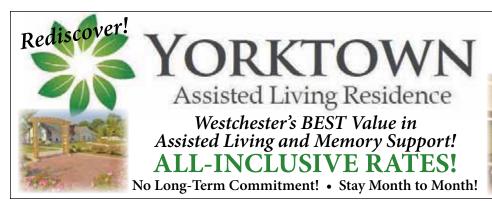
The Putnam County resolution called on the state to "protect the unborn" and criticized the RHA for expanding abortion rights past 24 weeks of a pregnancy that could lead to the "pain and suffering" of the baby in the womb. It criticized the RHA for allowing non-physicians to

Continued on page 7



NEAL RENTZ PHOTO

A group of abortion rights supporters dressed in costume related to "The Handmaid's Tale" attended the May 2 Somers Town Board meeting to express their support for abortion rights.



Happy Mother's Day!

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PHOTO BY CLAUDIA VAHE

Promoting Businesses in Cortlandt

Cortlandt officials kicked off Shop and Dine and Do Business in Cortlandt promotion to support local businesses in May during an event May 1 at Blue Mountain Tavern. Special offers and discounts can be found in a tote bag that can be picked up at Cortlandt Town Hall, the Muriel Morabito Community Center or Hendrick Hudson Free Library



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Affordable Housing Project in Peekskill Gets Rave Reviews

Continued from page 1

Lofts on Main is comprised of two four-story buildings with 49 one-bedroom apartments and 26 two-bedroom loft-style apartments. Twelve apartments are reserved for persons with physical disabilities. The Housing Action Council will provide referrals and services for these residents with physical disabilities.

Fifty of the apartments will be available to households with incomes at or below 50 percent of the area median income with a preference for artists. Six apartments will be available to households with incomes at or below 90% of the area median income and 18 apartments will be available to households at or below 100% of the area median income.

Building amenities include a gallery space in the lobby for resident artists to showcase their work and two studio/performance practice spaces. There is a large courtyard between the two buildings available as a performance and meeting space. Additional building amenities include a laundry room, fitness room, community room and rooftop terrace with views of the Hudson River. Lofts on Main was designed with numerous energy efficient features including EnergyStar appliances and highly efficient heating, cooling and ventilation systems.

"Peekskill has become a destination for artists who have transformed the downtown experience for more than a decade," said Lieutenant Governor Kathy Hochul. "The new Lofts on Main is more than just a building --- it is a recognition that painters, photographers, musicians and more enrich our society while driving tourism and economic vitality. This investment in affordable housing and commercial space will further advance the momentum in the arts district and continue progress in the Mid-Hudson region."

State financing for the development included state and federal Low-Income Housing Tax Credits that generated \$10.9 million in equity and \$5.2 million in subsidy from New York State Homes

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and Community Renewal. The New York State Energy Research and Development Agency provided \$187,500 and the New York State Department of Environmental Conservation provided brownfield tax credits that generated \$3.7 million in equity. The Community Preservation Corporation provided a \$15.5 million construction loan and a \$6.8 million SONYMA-insured permanent loan.

Westchester County Executive George Latimer said Peekskill has "an energy, it has a mojo," and Lofts on Main represents how the city has been revived.

"Peekskill is growing stronger, and when our downtowns thrive our county thrives," Latimer said. "By constructing a mixed-use development dedicated to our local artists and residents of all income levels, we are providing more opportunities for all people to call Westchester County home."

The ground floor retail spaces at 922 Main Street, situated between Division and Nelson streets, are occupied by Ty's Bread Basket Bake Shop, The Evolution Gallery, Nourish Hair & Body Salon and Green's Natural Foods.

Peekskill Mayor Andre Rainey basked in the praise bestowed on the city.

"Lofts on Main creates more highquality housing options for local residents while also supporting economic growth and activity along Main Street here in downtown Peekskill. We are proud of Peekskill's reputation as an inclusive and vibrant artistic community," he said. "This is more of a testimonial of what Peekskill is---starting something and seeing in through. This is a project of what Peekskill stands



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Lincoln Depot Museum Visitor's Center Opens in Peekskill

On Saturday, April 27, the Lincoln Depot Museum and City of Peekskill marked the opening of the museum's newly completed Visitor's Center with a ribbon cutting ceremony that included local, county and state representa-

Located on the site of the Lincoln Depot Museum, the Visitor's Center is a new structure that will house the museum offices, additional displays, a small gift shop and an open meeting room to hold events. The nonprofit Lincoln Depot Foundation will operate the Visitor's Center as part of its site lease with the City of Peekskill and is looking to partner with local organizations to bring new events and experiences to the community.

The opening of the Visitor's Center completes the redevelopment of the unique historic site, which began in 2003. Former New York State Governor George Pataki aided the City of Peekskill with a grant to restore the old rail depot as a museum. Funding for the entire project, including the Depot building, Visitor's Center and grounds, came from New York State grants in

2006. The historic depot structure was restored and has contained the completed museum since 2014.

The Lincoln Depot Museum illuminates and celebrates Lincoln's relationship to New York before and during the Civil War. Located at 10 South Water Street in Peekskill, the museum is open on Saturdays and Sundays from 1 to 4 p.m. through November 17 and can be reached at (914) 402-4318 or by visiting www.lincolndepotmuseum.org.

About the Lincoln Depot Museum

Located by Peekskill Bay on the east bank of the Hudson River, the Lincoln Depot Museum is a 3,000 square foot freight and passenger rail depot where President-elect Abraham Lincoln stopped to greet New Yorkers on February 19, 1861 during his inaugural train ride between Springfield, IL and Washington, DC. The mission of The Lincoln Depot Museum is to explore, remember, and educate audiences about the place that Peekskill's local history played on the national stage. For more information, visit www.lincolndepotmuseum.org.





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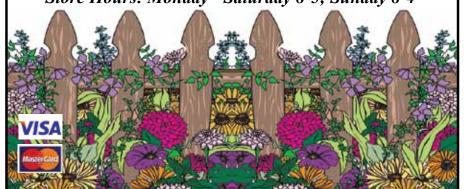
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Only Incumbents Show at Hen Hud School Board Forum

By Rick Pezzullo

A scheduled candidate forum between the six residents who filed petitions to vie for three available seats on the Hendrick Hudson Board of Education turned into a one-sided affair last week as only the three incumbents were in attendance.

The April 30 event at Hendrick Hudson Free Library, which only attracted an audience of about a dozen people, was organized by the school district, Parent Teachers Association and Power Through Cortlandt.

Incumbents seeking new three-year terms in Hendrick Hudson are board Vice President Carol Abraham and trustees Lisa Anderson and William Oricchio. Looking to shake up the board are Robert McCarthy, Kimberly Ryan and Daniel Stewart.

McCarthy and Ryan had informed organizers of the forum they were unable to attend, but Stewart apparently did not give any advanced notice.

After some contemplation, it was decided to press on with the forum as Abraham, Anderson and Oricchio answer questions posed by moderator Paul Schwarz, a retired teacher and volunteer with the League of Women Voters of Westchester.

All three candidates predominately mentioned the financial challenges facing the district with the scheduled closing of the Indian Point nuclear power plants in the Village of Buchanan, which will leave the district with an annual shortfall of \$24 million, 33% of its operating budget.

"The primary challenge will be the change in our revenue stream and how to replace that," said Abraham, who has served seven years as a trustee, the last two as board vice president. "It is a crucial time to have an experienced, knowledgeable team. We will need board members who have proven they can work together."

Anderson said the board and district officials will have to "reassess what's really important to us" with the loss of revenue from Indian Point.

"I think we will be able to do it," said Anderson, a 12-year resident with three children attending district schools who is seeking a second term.

Oricchio, a 30-year resident of Verplanck and a certified public accountant, has served nine total years on the board and agreed a cohesive board is the most effective.

"I think we should keep continuity, especially with Indian Point moving out of our area," he said. "We will have to make some changes to keep taxes at a reasonable rate."

The Board of Education and budget vote will take place Tuesday, May 21 from 7 a.m. to 9 p.m. at Frank G. Lindsey Elementary School.

Hen Hud Teacher to Appear on Jeopardy This week

Hendrick Hudson High School Teacher Francois Barcomb will appear on the popular game show Jeopardy! on Wednesday, May 8, at 7 p.m. on WABC.

SEED will be screening the episode on May 8th in the high school auditorium, and Barcomb will do some Q&A with the audience. Doors open at 6:30 p.m., and all proceeds (\$1 min per person) will go to Alex's Army, to support high school student Alex Figueroa and her family as Alex undergoes cancer

reatment

Jeopardy! flew Barcomb, along with 14 other teachers and one alternate to Culver City, California to film the 2019 Jeopardy! Teachers Tournament. Barcomb will appear this week during the show's quarterfinal matches. The five winners and an additional four wildcard contestants will move on to the semifinals May 13-15. The three semifinal winners then compete in the two-day finals, which will be aired on May

16 and 17

"Jeopardy! was very good to us, paying for our flights, hotel rooms and a small stipend," said Barcomb. Quarterfinalists receive \$5,000, semifinalists \$10,000, and the finalists will take home between \$25,000 and \$100,000.

Francois Barcomb with Alex Trabek, the host of Jeopardy



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A Fanfare Opening for DeCicco & Sons in Somers

By Abby Luby

When more than 350 shoppers come through your doors in the first five hours on opening day, you know you have a winner. That's roughly how many consumers showed up at the brand new DeCicco & Sons store in Somers Friday, May 3, to shop and witness the store's ribbon cutting ceremony.

The store opened at 7:30 a.m. and by 1 p.m. the parking lot was packed and the aisles in the newly constructed, 20,000 square foot store were filled.

"This is very exciting," nearby resident Cathy Chiappi said. "I live five miles away and I'm always shopping in this shopping center. This store is awesome. It was a long time coming."

The new DeCicco & Sons store is located on Route 202, next to the Towne Center at Somers shopping plaza and adjacent to the upscale condominium community, Heritage Hills. The store features a large upstairs with indoor and outdoor balcony seating, a bar with kitchen, a lounge and catering space. The store also includes fresh food stations such as a salad bar, hot food bar, sushi, antipasti bar, juice and coffee bar.

Nicole O'Leary, who works about five minutes away from the shopping center said, "I was looking forward to coming to the new store for lunch. "And I love their fresh produce, everything looks so clean."

The store opening was widely anticipated after being delayed six months.



PHOTO BY ABBY LUBY

A ribbon cutting ceremony was held May 3 at DeCicco & Sons in Somers.

The original opening date was slated for January 2019, but had to be postponed. The DeCicco family encountered roadblocks in their efforts to connect to the Heritage Hills Waste Water Treatment Plant, which was in the process of upgrading their system. Waiting for state and county approvals became a cumbersome and lengthy process.

"John DeCicco and John Junior are very special businessmen," said Somers Supervisor Rick Morrissey after the ribbon cutting. "I don't know any other businessmen that would go through this process with such grace and acumen. They kept a level head, they didn't get frustrated, and they just moved ahead. Today's opening is a great thing for DeCicco's and an economic boost for the town."

The new Somers store has 120 employees and is the eighth store in New York's Hudson Valley. The family-owned chain operates markets in Ardsley, Armonk, Harrison, Larchmont, Millwood, Pelham, and Brewster. Since they first opened in 1973, they have distinguished themselves from other small grocery markets by their innovative beer department,

their award-winning prepared Gourmet Foods and specialty departments. They have specialized in hormone-free and antibiotic-free meats that are ethically and consciously sourced from family farms and their expansive cheese selection includes in-store made mozzarella, and all their stores feature in-store baked cakes and cookies and fresh produce always attractively displayed. DeCicco & Sons were early adopters of sustainable and green technology in their stores, and the first supermarket heated by recycled radiant heat from their earth-friendly refrigeration systems. They were also among the earliest grocery chains in the state to eliminate the sale of tobacco, and to eliminate single-usage plastic bags.

Throughout opening day, shoppers streamed inside to soak up the "new store" vibe and sample freshly prepared foods strategically stationed at the end of the aisles. Sitting outside the front entrance to the store was Danielle Thomas of DeCicco's Human Resources department. "I've signed up at least 70 customers for our reward card in the last 45 minutes and it's been like this since 7:30 this morning."

John DeCicco Sr., said he arrived at the store early before it opened and found a man waiting by the door. "He had been waiting for the store to open since 3 a.m.," he said. "He was a Somers resident and he told me that it was his birthday. So, I invited him inside and gave him a birthday cake."

Somers Town Board Declines to Vote on State Abortion Law Resolution

Continued from page 1

perform abortions, which the resolution stated could lead to "abuse" and also argued a late term abortion could be performed to protect the health of the mother, but the patient's "health" is vague and undefined in the law.

All of the residents who spoke during the public comment period of a recent Somers Town Board meeting expressed opposition to the RHA. Somers resident Jerry Borreggine strongly opposed the law. "The law added a 'health' exception to New York law so that abortions are now legal in the final three months of pregnancy to protect a patient's 'life or health," he said. "Health can include factors such as physical, emotional, psychological, familial and a woman's age – relevant to the well-being of the patient."

"A woman and her abortionist now have the right to choose ... death," Borreggine said.

At last week's Town Board meeting, several abortion rights supporters, both from the town and elsewhere, came to call on the board to reject the legislation. Some of the opponents of the resolu-

tion included a group of women dressed in costume related to "The Handmaids Tale," a novel, film and television series about New England in a totalitarian state in the near future.

Brooklyn resident Garin Marshall said in an interview that he supported the RHA. Under the old state law his family was forced to travel to Colorado in 2016 because his wife chose to have an abortion because her fetus was not viable, he said. She could not legally do so in New York State three years ago because the procedure was done after 24 weeks of pregnancy, which at the time was illegal.

Heritage Hills resident Flo Brodley thanked the Town Board for not voting to approve the resolution and said she supported the RHA, adding many of her friends shared her opinion. She thanked the state Legislature for approving the legislation "that safeguards women's health" and "thank this Town Board" for not supporting the anti-RHA legislation.

The Town Board did not allow nonresidents to speak during the public comment period of last week's meeting. Under state law, "public comment is a privilege, it's not a right at a municipal meeting," Town Attorney Roland Baroni said. The Somers Town Board public comment period at meetings is subject to the supervisor's rules, Baroni said. Moving forward, only Somers residents will be allowed to speak during the public comment periods of Town Board meetings, Baroni said.

Supervisor Rick Morrissey explained that the Town Board would not get involved in state matters and that his statement was announced at a subsequent meeting and was publicized in the print, on the Internet and on social media. "I also want to thank everyone who came out tonight to express (their opinions)," Morrissey said. "This is a very emotional topic. We understand there's two sides to it. We do not feel this is the venue to have this debate."

Councilman Richard Clinchy said he agreed with Morrissey that there should be no vote on the resolution. Not voting on the resolution should not be interpreted as the Town Board supporting or opposing RHA, he said. "The Town (Board) is here to deal with town issues," he said, maintaining voting on state issues could be "misusing our positions."

"People have not elected us to sit up here and to use it to espouse our personal moral position unless it has something to do with the town," Clinchy said.



Editorial

Alex's Army Comes Out in Force to Help Ailing Teen

With so much doom and gloom dominating headlines and the airwaves, it's heartwarming to see a community band together to help a family in need.

On April 25, Alexandra Figueroa, 15, a freshman at Hendrick Hudson High School, was diagnosed with metastatic Ewing Sarcoma, a rare type of cancer that occurs in bones or in the soft tissue around the bones and affects fewer than 1,000 individuals a year in the United States.

The cancer spread to Figueroa's lungs,

requiring aggressive chemotherapy and radiation for at least eight days a month in a hospital for the honors student and talented athlete.

A GoFundMe account, entitled Alex's Army, was created by Alicia Moraitis on April 26, and in 10 days has raised nearly \$91,000 from a circle of more than 1,000 family members, friends and strangers. On Monday morning, an anonymous person pledged \$1,000.

Other fundraising efforts are planned,

including a Pasta Dinner May 15 at Hendrick Hudson High School, while an emotional Luminaria Ceremony took place April 26 for Figueroa and others stricken with cancer.

The human spirit is an amazing tool and the power of prayer can never be underestimated. Figueroa and her family need every prayer that can be sent their way during this very difficult and surely nerve-wracking time in their lives.

The Hendrick Hudson School District

community and Alex's Army have mobilized quickly and generously and have likely put Figueroa and her family at as much ease as possible as they begin the battle against the disease.

It's a battle that countless others have conquered, and with Alex's Army in her corner, Figueroa, who has been described as a "compassionate and beautiful soul," can take on her challenge with a fighting spirit, and having the comfort of knowing she isn't doing it alone.

Letters to the Editor

Many Make Support Connection's Spring Benefit a Great Success

To the Editor:

Support Connection's Spring Benefit, held on Friday, April 26, 2019 was a great success due to the hard work and dedication of many people. Since 1996, Support Connection, a not for profit organization located in Yorktown Heights, NY has been offering free, confidential breast and ovarian cancer support services provided by cancer survivors. The Benefit is our second largest fundraiser of the year.

Over 320 people gathered at Villa Barone in Mahopac, NY. A highlight of the evening was honoring 10 people with Spirit Awards for their commitment to the organization's mission and inspiring others dealing with breast or ovar-

ian cancer. In addition, Barbara Cervoni received an Outstanding Achievement Award for her many accomplishments as she celebrated 15 years of dedicated service to Support Connection.

Organizing the Spring Benefit was truly a labor of love. Over \$50,000 was raised that will be used to help fund Support Connection's Peer Counseling Program for people dealing with breast or ovarian cancer. More than 100 sponsors and donors contributed money or items to make the evening a success...it is heartwarming to witness how caring people help Support Connection fulfill its mission.

Melissa Higgins, Support Connection's Development Coordinator did a great job coordinating the entire event. She worked tirelessly with over 20 volunteers who helped put the memorable evening together. Board members Denise D'Amico, Janet DeVito and Laurie Leahy volunteered to serve as co-chairs. Celeste Baccari did an amazing job creating the journal, generously printed by The Foley Group.

A very special thank you also goes to Vinny and the staff at Villa Barone. Once again, they rolled out the red carpet for Support Connection with guests treated like family. The food and service was outstanding. Entertainment was provided by the popular Class Action band. Guests were able to capture the essence of Support Connection's work with Cor-

porate AV showing a video created by Bill Powers of PowersPR.

I have been blessed to be Support Connection's Executive Director since our beginning in 1996. We have now offered support to thousands of women, their families and friends throughout the country. This is made possible by the people who believe in us and stand beside us every step of the way. For more information about Support Connection's services, please visit www.supportconnection.org.

With deep gratitude,

KATHERINE QUINN Executive Director Support Connection

Slater Wants to Change the Conversation for Yorktown

To the Editor:

It is time to change the conversation for Yorktown. It seems we continue to have the same debates whether it be about the vacant Food Emporium, bringing a hotel to Yorktown or establishing sewers to parts of town that are still on septic. In fact, these discussions have waged on for years with little to show for it. I know they haven't, because I have lived in Elizabeth Road for 20 years, and with many discussions about getting hooked up to the sewer system - we, to this day are still on septic! We as voters can either continue to allow this to happen or elect new leadership this November. Matt Slater is

Examiner

The Examiner

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also publishes

Putnam Examiner running for Yorktown Town Supervisor. He wants to change the conversation for Yorktown and bring a new perspective to town government. I have never really participated in local government before but I am excited to have someone new, who is also a product of our community, step up to run for public office. Matt Slater has the vision to move Yorktown into the 21st Century but he also exhibits the values that Yorktown stands for. He believes in our community and recognizes the potential for what could be. That po-

tential doesn't just apply to young families, but our business community, our caregivers and our seniors. Matt Slater understands what makes our community so special and I know he will work to protect the fundamental values we cherish while making sure we can tackle the challenges that await us. Thanks to Matt Slater it is an exciting time to live in Yorktown because the promise of tomorrow is so rich.

Sincerely,

DEREK DEFEO



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The Annual Somers Holocaust Memorial Commission Yom HaShoah (Holocaust Remembrance) Commemoration was held at North Salem High School April 30. The candle lighting and memorial ceremony for 11 million who perished was presided over by Cantor Ruth Ossher, Hebrew Congregation of Somers, while the Invocation and Benediction was given by the Reverend Michael T. Watson, St. Luke's Episcopal Church in Somers.

Obituaries

Paul Green

Paul J. Green, a resident of Somers, formerly of White Plains and Millwood, died April 27 quietly at home after battling a long illness. He was 58.

He was born July 7, 1960 to Phillip and Phyllis (Styles) Green. For the past 20 years he was employed by the Amawalk Shenorock Water District as a water treatment operator. He was an active member of a number of organizations, which represent a rich life full of a desire to help others. Mr. Green was an EMT with the Ossining Volunteer Ambulance Corps when he met his wife, then a nurse at Phelps Memorial Hospital. During that time, he was a member of the Millwood Fire Department. In 1995, he became a NYS Licensed Practical Nurse.

After their wedding, the family moved to Somers, and Mr. Green joined the Somers Fire Department, in which he served many roles, from Dive Lieutenant to Commissioner. He was on the Westchester County Hazardous Materials and Technical Rescue Team, and he was a Mason. As a Chief Warrant Officer with the 244th Medical Unit of the New York Guard, he served at Camp Smith on Operation Maria, providing material assistance after the hurricane.

He is the loved husband of wife Leslie and loving father to Molly Wright. He is also survived by his two brothers, his sister, many nieces and nephews, and a loving mother-in-law. Mr. Green was an outstanding and dedicated member of the Somers community who was taken from us too soon.

John Carter

John Lyndon Carter, a resident of Verplanck, died April 6. He was 68.

He was born December 8, 1950 to Gertrude (Ritch) Carter Kelly and Pershing Carter in Queens. The family moved to Verplanck when he was less than a year old. He was also predeceased by his brother-in-law Richard Weiglein and stepfather Bill Kelly.

He is survived by his beloved sisters, Bette Thresher and her husband Jeffrey, and Sandy Weiglein; cherished nieces and nephews, Gretchen Weiglein, Will Weiglein and his partner Jill Moore, John Weiglein and his partner Elizabeth Koch. He is also survived by his cherished great niece and nephew, Emma Weiglein and Christian Smith, and his stepmother Ellen Carter.

Antonio Velardo

Antonio Velardo, a resident of Ossining, May 5. He was 89.

He was born on June 13,1929 to Dominic and Theresa (nee Santucci) Velardo in Sassinoro, Italy. He was retired President Owner-Operator of Antonio Velardo, Inc. Contractors in Ossining.

He is survived by his devoted wife, Aida (nee Caraballo) Velardo of Ossining, his loving children, Mario (Cyntia) Velardo of Ossining, Graciela Triglia of Ossining, and Teresa (Massimo) Triglia of Rome, Italy, one brother, Luciano (Maria) Velardo of Ossining, and one sister, Italia Santucci of Ossining. Also survived by 11 cherished grand-

children and one great-grandchild. He was predeceased by several other brothers and sisters.

James Grundman

James F. Grundman, a longtime resident of Mahopac, died suddenly April 29. He was

He was born August 24, 1939 in the Bronx. He was a proud veteran of the United States Air Force and served four years active duty from 1956-60. On April 28, 1963, he married Isabella Mossa and they were blessed with three children. Mr. Grundman was an electrical contractor and proprietor of Mahopac Electric. He was an avid hunter and enjoyed fishing and spending time with his children and grandchildren.

He is survived by his wife of 56 years, Isabella "Lisa", daughter Frances and her husband Daniel, daughter Maria and her husband Michael, son Jimmy and his wife Amanda, step-sister Cecile, and his grand-children Morgan, Michael, Gianni, and James.

Helen Herring

Helen Norwood Herring, a resident of Ossining, died April 30 after a long illness. She was 75.

She was born April 27, 1944 to Ella Chapman and Dan Herring. She attended A.C. High School in Ashville, AL and graduated in 1962. She married Sherman Norwood in 1964. From their union they had two chil-

dren, Belinda Norwood (predeceased) and Sherri Norwood. The couple divorced in 1978.

After leaving Alabama and moving to New York, she continued to help her family financially. She was known for her funloving spirit, vibrant personality and being outspoken. She loved music, especially blues and gospel. One of her strongest characteristics was her huge heart. She loved helping others. She treated close friends like family. She often opened her home to friends.

She graduated from Westchester Business Institute in White Plains. She attended Westchester Community College where she was certified in Human Services. She worked for Harlem Valley Psychiatric Center as a MH Therapy Aide at Crestview Manor for several years. She loved helping others and making others happy.

She was a longtime member of the Star of Bethlehem Church from 1981-2018. She attended faithfully until she became ill and could not attend regularly. She "loved" being an usher and she was truly devoted.

After retiring, she loved attending Ossining Recreational Senior Program. Everyone loved "Ms. Helen" at the Center and she loved going. She would often share with family all the fun activities she did at the Center.

She leaves to cherish her memory her daughter, Sherri Norwood; grandson, Darrin Hudson; granddaughter, Candice Gaines; five grandkids, (four sisters, one brother) all from Alabama; several nieces, nephews; and two godchildren.

Exploring How the Living Room Has Evolved Over Time

After having written 538 columns, I sometimes think I have exhausted every topic about homes to be explored.

I was feeling that way this week when, just the morning of my writing this, I received a very gratifying call from Jeanne Earle, who tells me that she reads The Home Guru every week. The second purpose of her call was to suggest a topic she had not seen addressed: the evolution of the living room. Thank you, Jeanne!

Before researching the subject, I sat back and considered my personal experience with the living room. I'm old enough to have been born before the introduction of the "family room" to

American home house plans, when "living" was very much assigned to the living room. Outside of eating, all other family activities were in the living room prior to the advent of television. (Yes, I'm that old!)

I remember the layout of my parents' house which they had bought at about the time I was born. It was a stone and brick attached home, or "row" home, in a middle-class West Philadelphia neighborhood. There

was no foyer. You entered the house directly into the living room, facing a staircase going

to the second floor. I remember that staircase well. With no carpeting, I was

able to descend it by bouncing on my fanny from the top to the bottom. How I loved that adventure.

The upholstered furniture – a large couch and two arm chairs – was covered with a very itchy indestructible fabric, blue for the sofa and green for one armchair and red for the other. As an attached house, the living room flowed directly into the dining room, with an arch as the divider.

My mental picture of that living room features my entire family – mother, father, older sister and

brother and me – all gathered listening to the radio. My parents entertained family and friends in that space, but it was also where my siblings and I played games and did our homework. The room was well worn.

But today, and for many years, my living room has been a "pass by" room, reserved only for entertaining.

I was surprised to learn that the term living room was not used extensively until the

early 20th century. It was used commonly shortly after World War I, prior to which – get this – it was called the "death room." It so happened that after the end of the war, the influenza epidemic spread across the globe and millions of people died. With so many deaths, the deceased were kept in the front room of the house for mourning before being taken away for the funeral.

With improving health conditions, the name change was widely attributed to an influential article that appeared in the Ladies' Home Journal, suggesting that the room be renamed. Since it was used for various activities and was now more a lively place than a mourning room, the article suggested it be called the "living room."

In my own family, I have certain memories of the death room and living room, some pleasant, others not. My Aunt Helen, who lived to be nearly 100, told me that, upon his death, her father (my grandfather) was laid out in the living room for an extended period of time because, she said, the ground at the cemetery was frozen solid. She told me that the family would gather in the living room during this period to pay respects on a daily basis. At one of these gatherings, my grandfather's chest

suddenly deflated with an alarming sound, and everyone in the room screamed.

Upon the death of my father when I was a teenager, my mother decided to have an old-fashioned wake in our living room rather than at a funeral home. The coffin was placed where our sofa would normally be. I would never recommend this because of the memories it would later evoke. My mother, who must have had an odd sense of how to motivate people, would sometimes tell me to get up from lounging around on the sofa because "that's where Dad was laid out."

In the past I've written about how the more formal living room in today's house plans are shrinking in size in deference to larger family rooms where the family "living" activities are more likely to take place. In tomorrow's home, designed to be ever more efficient with space and energy, the living room may likely disappear entirely.

Bill Primavera, while a publicist and journalist, is a Realtor® associated with William Raveis Real Estate and founder of Primavera Public Relations, Inc. (www.PrimaveraPR. com). To take advantage of these dual areas of expertise, you can engage the services of The Home Guru to market your home for sale by calling 914-522-2076.



The

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By Bill Primavera

Ossining Hires Councilwoman D'Attore as New Village Manager

Bv Rick Pezzullo

The Village of Ossining Board of Trustees voted last week to hire Town Councilwoman Karen D'Attore as village manager.

D'Attore, who will resign from her the position she has held on the town board since 2016, replaces Deborah McDonnell, who resigned as village manager last month.

"As we move forward on so many exciting fronts, Karen is the right person at the right time for this vital position," said Mayor Victoria Gearity. "Throughout her distinguished career, Karen has proven herself to be a highly competent manager with the right balance of leadership, vision, and people skills--she has the ability to get the job done."

D'Attore most recently served for four years as executive director of IFCA Housing Network, an Ossining-based nonprofit that develops and manages quality affordable housing in the region and helps people with financial self-reliance programs so that they can main-



Karen D'Attore (third from left) poses with Ossining Village Board after being appointed village manager.

tain their homes. IFCA also maintains 16 units through Westchester County's Emergency Housing Apartment Program (EHAP). Through her work with IFCA, D'Attore understands the building permit process, code enforcement, Section 8 housing, and administering fed-

eral and state grant programs.

Prior to her work with IFCA, D'Attore was the director of development at Open Door Family Medical Center, a health care network that serves the needs of nearly 55,000 people each year in Westchester County by providing af-

fordable, accessible and efficient health care and wellness programs regardless of their ability to pay for such services.

D'Attore also served as a consultant to the United Nations Food Program and the Friends of the World Food Program, and for 10 years was an account director with BBDO, a global advertising firm based in New York City.

In her role as village manager, D'Attore will be responsible for managing a \$50 million budget, 172 full-time staff members, and the day-to-day operations of village government, which includes overseeing labor relations, project management, grant programs, code enforcement, and agreements with New York State, Westchester County and the Town of Ossining.

"Karen has a unique set of skills that will be a good complement to the village's current areas of strength," said Village Engineer and Acting Village Manager Paul Fraioli. "We are excited to have her on board."

Campaign to Build New Facility for Ossining Children's Center

°More than 75 children from the Ossining Children's Center (OCC) joined together on April 24 in a choreographed dance to kick off OCC's capital campaign to build a new child care and education center.

The festive and exciting kickoff event, which was held at OCC's current location at 90 South Highland Avenue, was attended by local, county and state officials including Westchester County Executive George Latimer, NYS Assemblywoman Sandy Galef, Ossining Town Supervisor Dana Levenberg, Ossining Village Mayor Victoria Gearity and friends and supporters of the Ossining Children's Center.

The campaign, which is titled Our Children. Our Future. The Ossining Children's

Center Campaign, is seeking to raise \$17.8 million. To date, OCC has raised approximately \$12.9 million. Groundbreaking for the new facility is scheduled for later this spring.

"The support from the community over the years for the work of the Ossining Children's Center has always been very generous. In light of the community's steady, ongoing support, their enthusiasm for our new building project is very gratifying. It is a privilege to work in a town that truly values children and families," said Howard Milbert, Executive Director, Ossining Children's Center.

"As a mother, grandmother and former teacher, I know the importance of good early childhood education and after-school enrichment. The Ossining Children's Center's programs are excellent, but the well-worn, 120-year-old



From left, Assemblywoman Sandy Galef; OCC Executive Director Howard Milbert; OCC Board Member and Campaign Co-Chair Marilyn Wishnie; OCC Board Member Vanessa Pairis; Westchester County Executive George Latimer; and Capital Campaign Committee Member Richard Wishnie

buildings belie the wonderful care and education that go on inside. It is so exciting that the children and teachers will have a facility worthy of the high-quality work of the Center," said Campaign Co-Chair Rebecca Samberg.

"When I was asked to co-chair the Capital Campaign to raise funds for this new building, I said an enthusiastic 'yes!' The Center's ability to meet the needs of the community has been hampered by the limitations of its current facilities. This new child care and education center will be a game changer for the entire community," said Campaign Co-Chair Marilyn Wishnie.

Last August, OCC unveiled plans for the construction of a new 27,000-squarefoot building that will enable it to consolidate its programs under one roof. Centrally located in downtown at 32 State Street, the new center will replace operations currently housed at two 120-year-old buildings OCC owns on South Highland Avenue, as well as space it rents at a nearby church. OCC is selling the two properties on South Highland Avenue to help fund the project.

The new 2.5-acre site at 32 State Street was acquired for \$1.8 million and donated to OCC by a long-time generous benefactor. An existing building on the site has been removed. The new building will house all of OCC's current programs while meeting the growing need for infant, toddler, preschool and after-school care in Ossining. The projected enrollment for the new facility is 200-222 children. OCC's current enrollment is 148.

Designed by KG&D Architects of

Mount Kisco, the attractive three-story building will include nine classrooms, five toddler and infant rooms, four outdoor play areas, staff and administrative offices, a multi-purpose room, conference room and kitchen. There will be 22 on-site parking spaces for parents, staff and visitors. Additional parking will be secured at a nearby off-site location.

The new facility offers numerous benefits to the community. It will make child-care available to all income levels helping parents to maintain steady employment. Having the facility downtown will help anchor the State Street neighborhood, bring increased economic activity and create job opportunities for local residents.

Construction of a new modern facility will attract more families from a wide variety of income levels, allowing children from throughout the community to grow together, and enabling OCC to serve more families in need. Having a larger and more modern building could make the Center more financially viable, according to a five-year analysis by an independent consultant.

For more information about the programs and services offered by the Ossining Children's Center, visit www.ossiningchildrenscenter.org.

The Ossining Children's Center will hold its Spring Benefit Gala on Sunday, May 19 at Abigail Kirsch at Tappan Hill in Tarrytown. The event runs from 5:30 – 9:00 p.m.

Honorees are Susan Midgley Komosa (Visionary Leadership Award) and Jasmine Bar (Young Leader's Award). Individual tickets are \$250 and Patron tickets \$500.

www.TheExaminerNews.com May 7 - May 13, 2019



By Rick Pezzullo

Getting in shape takes time, discipline and motivation, and Rob Tomasulo, owner of Level Up Fitness in Yorktown, has all the expertise and training methods to help his clients reach their goals and potential.

Tomasulo, 26, a resident of Somers, opened his strength and conditioning gym at 1893 Commerce Street (near the Yorktown Diner) about four months ago and is working around the clock, seven days a week, to spread the word about what he has to offer to make people of all ages look and feel better.

"This become your entire life," Tomasulo said recently about the hours and sacrifices required to be a small business owner. "A lot of times people come in here very vulnerable. It is very challenging at times. I want people to push their limits and it's my job to show them how. If you really work hard, you will level up."

Tomasulo played baseball and football in high school and was the starting catcher for four years at Lynchburg College, where he earned a degree in exercise physiology. He worked at many gyms and trained people in his garage

Level Up Fitness

Yorktown



RICK PEZZULLO PHOTO

Rob Tomasulo (left) helps a client with exercises at Level Up Fitness in Yorktown.

for about five years before he was able to open his business.

"Finding my own place, that was my main focus. We found this place. It was perfect," he said. "This is a very athletic area. As a gym owner, you have to keep up with the times. It keeps you engaged. It's not a typical gym where I tell you

to come in once a week and you'll get results. I provide a motivating, inspiring and a very comfortable environment. I just want to keep growing."

Tomasulo creates personalized training programs based on a client's abilities or limitations and assists each member in meeting his or her specific level by educating them on how the body responds to exercise and physiological influences.

Level Up Fitness also offers group and team training and a variety of classes seven days a week. Those classes include Strength Fit, Body Sculpting and yoga. Tomasulo is planning on having TRX classes in the near future. He has created a personalized app for the gym where clients can sign up for classes and get updates.

"I like to make a team setting, almost like a family setting," he said. "I always want to try and help all levels of fitness. I always want people to progress and get better."

Level Up Fitness is open from 6 a.m. to 9 p.m. For more information, visit www. levelupfsc.com or call (914) 302-2325.

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Unified Sports Team Debuts at Hen Hud High School

Aiming to provide an inclusive, educational and fun experience for its students, Hendrick Hudson High School has joined a number of other schools in Westchester and Dutchess Counties offering a Unified Sports (basketball) program.

Unified teams are co-ed athletic teams made up of students with and without disabilities. Students train and play together, with the goal of having fun and forging new friendships. Coaches for the new team are high school teachers Bradley Fredman and Dina Bertoline.

A partnership between Special Olympics New York and the New York State Public High School Athletic Association launched the Unified Sports program among local school districts.

Approximately 25 student athletes will make up the school's unified team, which will compete against similar teams from Fox Lane High School, Arlington High School, Pelham High School and John Jay (Cross River) High School.

Athletic Director Thomas Baker was instrumental in putting the team in place at Hendrick Hudson. "We have many fine student athletes who are tremendous ambassadors for our district's athletic programs in the community. On the unified team they will collaborate with

students who, for the very first time, will be representing our district on an athletic team."

At a recent practice, students could be seen having a friendly foul shot competition. Senior Michael Fasolino helped organize a shooting drill and provided plenty of encouragement. He said that he sees lots of positives in having a unified team. "This team is great for the school because it creates connections between all the participants," he said. "It gives all the students the opportunity to have fun and enjoy themselves together."

Unified sports are recognized as an official program of the New York State Public High School Athletic Association. By joining nearly 150 schools in New York State and more than 6,400 schools across the country, Hendrick Hudson High School has officially become a Special Olympics Unified Champion School.

"We are honored to partner with Special Olympics and proud to be designated as a Unified Champion School," said Superintendent Joseph Hochreiter. "The response from our staff, students and community has been overwhelming, and Special Olympics has been a dynamic and supportive partner since we began planning the unified team."



Students work on shooting foul shots during a recent Unified Team practice at Hendrick Hudson High School.



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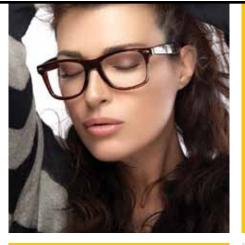


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Finding Number 1500 at Sing Sing Prison in Ossining

By James Miranda

Gavin Caruthers stared at a blank Google search page on his office computer screen wondering how to find someone he'd never meet and only knew through words: the author of the book "Life in Sing Sing."

It was hard enough that the author wrote the book about Ossining's Sing Sing Correctional Facility anonymously dubbing himself as Number 1500, but it was written a century ago in 1904 and he left little identification hints. Caruthers spent most of his life in the publishing business and read the book in early 2018 while scouting for books to republish through his business HVA Press, which specializes in bringing back books that mostly haven't been in print for over 100 years in the immediate Hudson Valley and New Jersey area.

He was keen, however, to taking a shot at uncovering who Number 1500 was.

"I'm always on the hunt and always looking for the next book to publish, so [Life in] Sing Sing was just one of those books that, obviously, just the title will grab you," said Caruthers, who republished the book in February 2019. "He has chapters on things like diet, discipline, corruption, prison labor, famous prisoners and escapes, and there's a glossary of slang. It's very hard to find anything that will tell you what it was like in prison in America [back then]."

The 276-page book propagates a second agenda focusing on rehabilitation and whether or not it works. Caruthers felt it was the perfect time to republish the book due to the signing of the First Step Act on Dec. 21, 2018, which is a prison reform bill that aids newly released convicts and prepares them to re-enter society and succeed.

But the only clues Number 1500 left behind were that he was incarcerated on Feb. 11, 1897, sentenced to 10 years but only served exactly six and half years, his previous occupation was a clerk, and launched a convict-written newspaper called the Star of Hope.

Another question for Caruthers was how to discover who the author was. He employed Bonnie Caruthers, his sister, because she's the keeper of the Caruthers family tree and was familiar with research of this kind. Gavin Caruthers had acquired a link from the Lloyd Sealy Library at John Jay College of Criminal Justice that served as a starting point for his sister.

Through multiple sources like the National Archives and Ancestry.com, Bonnie Caruthers recovered official 1880 and 1900 US Census papers and Sing Sing admissions documents that identified two men who were incarcerated on Feb. 11, 1897: Edward Rice and Henry Kirke White.

The 1880 census document revealed White's occupation was a clerk and the Sing Sing admissions book showed that he was arrested for forgery in 1897 and sentenced to 10 years in prison. His sentence, however, was commuted—when the punishment for a crime is reduced—in 1903

by three years and six months equaling a six and a half year-sentence just as Number 1500 had hinted to.

In addition, the 1990 census record, which occurred while White was in prison, also showed he changed his occupation to a journalist further supporting the hint that he was a founder of the Star of Hope.

The fact that these instances in White's life aligned with that of the hints left behind pretty much cemented Number 1500 and White as the same person.

"Right from the beginning it just seems to make sense between the way he wrote, what he wrote, and what he did," said Bonnie Caruthers, who encountered a block with Rice to know it wasn't him. "[Gavin] got me started with the admission date and how long he was sentenced for, which was enough. All the in between was just confirming the consistency of his parents, his family, and him. We're pretty convinced it's this guy."

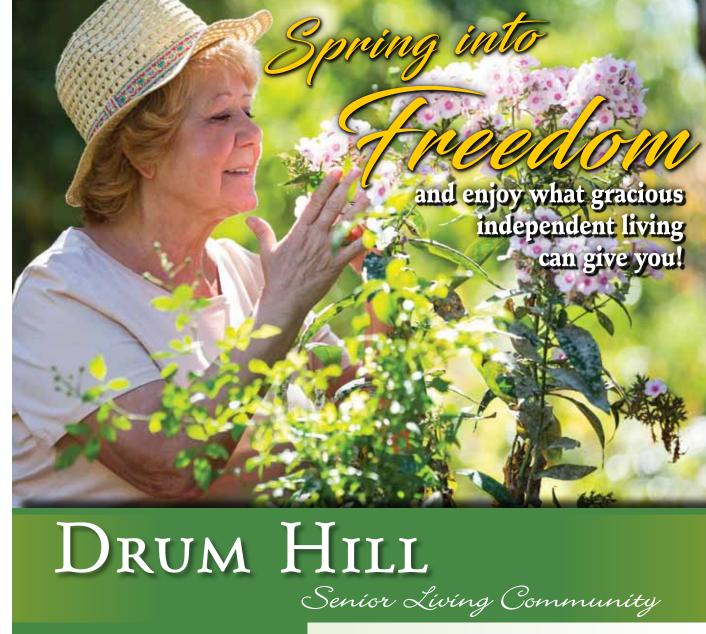
Both Caruthers siblings believe it's completely plausible Number 1500 is someone else, but with the evidence provided they're pretty sure. Bonnie Caruthers continued to investigate White's life going as far to dis-

cover his Wisconsin roots, parents, and his wife.

They were unable to find any living relatives of White and aren't searching currently. Bonnie Caruthers certainly thinks somewhere down the line she'll search again to really "firm up" thd discovery.

"He had siblings who all had children and at some point, I may try to get a hold of one of his great nieces or nephews or whatever it would be," Bonnie Caruthers said. "I just feel like I want to find the end for [White]. Even if they don't know their

Continued on page 19



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Top Ten Things You Never Knew About Camp

Camp has become a staple of the summer season. Each year, millions of children, youth, and adults head to the hills, lakes, valleys, and parks to participate in the time-honored tradition of camp. And, while most people easily conjure up images of campfires and canoes, there is a lot more to the camp experience. Here are ten of the things you may not have known about the camp experience.

10. Camp is older than dirt, almost literally. Started in 1861, the camp experience turned an impressive 150 years young in 2011. The secret behind the longevity? "Camps are adapting to meet the needs of today's campers," says Tom Rosenberg, president/CEO of the American Camp Association. "At the same time, the impact camp has on campers, the life-changing experience, has remained after all these years."

9. Camp is worth its weight in gold, and then some! The camp experience is life-changing - developing friendships and memories that last well beyond the final campfire. And, there is a camp for literally every budget. Often camps offer special pricing or financial assistance, and some camp experiences qualify for tax credits or for payment with pre-tax dollars. Visit ACA's Affording Camp page for more information.

8. Green is "zen." Research shows that first-hand experience with nature, like those at camp, reduce stress in children and help them better handle stress in the future. In addition to teaching children how to be good stewards of the environment, camps are teaching children how to enjoy the world around them and take a minute to breathe deep and feel the nature, which ultimately teaches them how to de-stress the natural way.

7. Mommies and Daddies do it too. Camp is not just for children and youth. There are family camp experiences, and camps for single adults, senior adults, and any adult that wants to relax and enjoy all camp has to offer. Adults benefit from the same sense of community, authentic relationships, and self-discovery that children do. Camp is an excellent vacation option, allowing adults to try a variety of new activities in a safe and fun environment.

6. Try this on for size! Camp is a great place to try new activities and hobbies. Afraid of rock walls? According to ACA research, 74 percent of campers reported that they tried new activities at camp that they were afraid to do at first. And, those activities often leave lasting impressions. In the same survey, 63 percent of parents reported that their child continued new activities from camp after returning

5. Manners matter, and often linger. The camp experience teaches more than just archery or lanyard making. The entire experience is made of teachable moments, perhaps one of the biggest is how to live with a group of people. Campers learn to pick up after themselves, respect each other's property, and to say "Please" and "Thank You."

4. Veggies taste better with friends. Hollywood and fictional novels may have given camp food a bad reputation, but in truth, camps are constantly exploring healthy food options, and often are at the forefront of things like allergy specific diets, healthy snack options, and vegetarian meals. According to ACA's 2011 Emerging Issues survey, 90.7 percent of responding camps indicated that healthy eating and physical activity was an important or very important issue.

3. If everyone else went to camp,

Continued on page 23





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www.TheExaminerNews.com May 7 - May 13, 2019

Prepare Your Child . . . and Yourself for Camp!

For parents, the most heart-racing, adrenalin pumping moments happen when you let go and watch your child try something on his or her own. The moment the training wheels come off, the first trip down the driveway on the skateboard, the time our children ride the school bus – these are more than just memories, these are critical moments that define growth and change. For many families, the first time they send their child to camp is one of the biggest let go, hold your breath, and watch them soar moments in childhood.

In today's world of high-tech kids and families who have a constant connection to each other, it's essential to take the time to emotionally prepare for camp. It is, of course, important to prepare the first-time camper, but families need to make sure that Mom, Dad, younger siblings at home – virtually everyone – is ready to adjust to camp life. The American Camp Association* (ACA) provides the following tips to help ease first-time families into the camp experience:

- Parents As parents, it is important to focus on the positive aspects of camp. Remember that separation is natural, necessary, and inevitable what better place to have that first experience than in a caring and nurturing environment designed specifically for children? Parents can also focus on the amazing benefits of camp an experiential education like no other teaching valuable 21st century survival skills like leadership, teamwork, problem-solving, and interpersonal communication.
- Siblings Bob Ditter, family therapist and one of the nation's leading experts on camp, cautions it is likely that the child left at home will experience separation anxiety and truly miss his or her sibling. To help them prepare, be sure to talk about the upcoming separation. Before the eldest child leaves for camp take a picture of your children together that the sibling can keep in their room or carry around. Remind your children

Finding Number 1500 at Sing Sing Prison in Ossining

Continued from page 15

great, great grandfather's story. Not really obligatory it's just interesting. You kind of build a relationship with somebody when you do this kind of research."

Life in Sing Sing: Inside New York's Most Infamous Prison 100 Years Ago is available wherever books are sold such as Barnes and Nobles and Amazon as well as through the official HVA Press website. about the communication they can have with each other through letters and post-cards.

• Other family members – Be sure that everyone is aware of the upcoming experience. Let family members know how to contact camper if they are interested through letters and care packages — make sure they are aware of any communication policies the camp may have, i.e. no phone calls or restrictions on what can be sent in a care package. In addition, an increasing number of camps are using Web sites to display photos or

video during the camp session. According to ACA's 2011 Emerging Issues Survey, 75 percent of responding camps indicate that they post photos or videos to a Web site for families to view. Forty-five percent indicate that they post information, photos, and videos to social media outlets like Facebook. Families should be sure to ask camp directors about these options.

Camp is an equal opportunity lifechanger. By sending a child to camp, families are truly giving a gift that lasts a lifetime. By taking steps to mentally prepare for camp, families not only keep from getting "kid-sick" for their camper, but they can stay positive about the camp experience – which goes a long way toward helping first-time campers adjust to life at camp. And just like taking off the training wheels, the moment families see their camper radiating confidence and joy they will feel that burst of pride and gratitude that they allowed their child this experience.

For more information about preparing for the summer camp experience, or to Find A Camp, parents can visit www. ACAcamps.org.

Town of Cortlandt Camps



Summer 2019 Recreation Brochure available at:

www.townofcortlandt.com/recbrochure

Day Camp

A rain or shine program that offers swimming instruction, sports, music, arts and crafts, drama, supervised swimming, special events and some special day trips. Campers are to bring lunch and a drink. Limited Busing is provided within the Town of Cortlandt.

Location: Charles Cook Park
Grade: K- 4 as of Sept '19
Day: Monday- Friday
Time: 9:00 AM- 3:45 PM
When: Section I

July 1-July 12 (No camp 7/4)

Section II
July 15-July 26
Section III
July 29- Aug 9





specifically designed for these grade levels. The program will offer such activities as arts and crafts, sports, waterslide, bowling, swimming and special trips such as Rye Playland and Splashdown each session. Campers are to bring lunch and a drink. Limited Busing is provided within the Town of Cortlandt.

5th and 6th Grade Camp

Location: Furnace Woods Elementary School

Grade: 5-6 as of Sept '19
Day: Monday- Friday
Time: 9:00 AM- 3:45 PM
When: Section I

July 1-July 12 (No camp 7/4)

Section II
July 15-July 26
Section III
July 29- Aug 9

7th and 8th Grade Camp

Location: Blue Mountain Middle School
Grade: 7-8 as of Sept '19

Day: Monday- Friday
Time: 9:00 AM- 3:45 PM

When: Section I

July 1-July 12 (No camp 7/4)

Section II

Section II
July 15-July 26
Section III
July 29- Aug 9

If space is available in a camp one week prior to the start of the program, non residents will be allowed to participate by paying a 20% surcharge.

REGISTER EARLY! Fee increase as of June 14th- Call for more details 914-734-1050 or email at tocrec@townofcortlandt.com

Happenin8s

Wednesday, May 8

Senior Benefits Information: A Senior Benefits Information Center is available every Wednesday from 10 a.m. to 1 p.m. at the Somers Library. If you can't visit the library in person, you can leave a message on the SBIC helpline at 914-231-3260 or e-mail us at SBIC@wlsmail. org with your name, number, a time to call between 9 a.m. and 5 p.m. and whether your interest is in Medicare services or other benefits. A counselor will return your call within two business days. SBIC will not meet on days the Somers schools are closed due to snow.

POUND Program: POUNDTM Fitness Program, a 45-minute full-body cardio and stress relief jam session, fusing Pilates, cardio, plyometrics isometric movements and poses, is offered at Theatre and Dance Arts 131 Bedford Rd. Katonah. Drop in or weekly discount rates are available. The program is being provided on Wednesdays at 7:30 p.m. and on Saturdays at 11:45 a.m. Call Peggy for more information at 914 960-4097.

Bingo Wednesdays: Come to First Hebrew for \$2,000 in total guaranteed bingo prizes, plus an average of \$1,000

awarded in specialty games. Doors open 5 p.m. and games begin 7:15 p.m. every Wednesday (except holidays – check First Hebrew's website calendar). First Hebrew is just west of the Beach Shopping Center at 1821 Main St., Peekskill. Info: 914 -739-0500 or www.firsthebrew.org.

Retirement Planning Discussion: Solving the Retirement Income Puzzle," a free educational workshop, will be held from 7:30 to 8:30 p.m. at the Croton Free Library, 171 Cleveland Ave. To register, which is required, call the library at 914-271-6612.

Japanese Brush Painting: York-town-based Support Connection, Inc. announces a free program: "Japanese Brush Painting for Beginners" will be offered from 6:30 to 8:30 p.m., at The Art Effect in Poughkeepsie. Open to people living with breast, ovarian and gynecological cancers. To learn more or to pre-register, which is required, call Support Connection at 914-962-6402 or 800-532-4290.

Thursday, May 9

Yorktown Jewish Center Courses: A wide variety of courses are being of-

fered at the Yorktown Jewish Center, 2966 Crompond Rd. Family Tensions in the Bible, led by Rabbi Stanley Urbas, is held on the first and third Mondays of the month at 11 a.m. Rosh Chodesh Studies for Women--led by Marsha Sternstein, is held at 7:30 p.m. on one Tuesday evening per month. Talmud and Contemporary Issues-- led by Wendy Segal -is held on Thursdays at 10:30 a.m. Beginners Hebrew--led by Cantor Isabel Kopstein—is held every Monday at 1:30 p.m.; contact the office for details. Advanced Hebrew--led by Cantor Isabel Kopstein— is held on Wednesdays at 10:30 a.m. Ten Minutes of Torah--led by Rabbi Sternstein--- is held on Shabbat mornings at approximately at 10:30 a.m. Mishneh Torah (Maimonidean thought)-led by Rabbi Sternstein- is held on Tuesdays at 7:30 p.m. Info: 914-245-2324 or yorktown-

Home Alone Workshop: The program will be held at the Somers Library from 6:15 to 7:30 p.m. What would you do if you were home alone and there was an emergency? Tweens and the adults who love them will learn how to stay safe with Joan Lloyd, an EMT. Limited

jewishcenter.org.

The Northern Westchester Examiner We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Neal Rentz at nrentz@theexaminernews.com.com.

seating - registration is required. Each participant must register separately - please register on our online events calendar at www.somerslibrary.org or call the library at 914-232-5717.

Acting Classes: The Four All Theater Company will be conducting acting classes every Thursday from 6:30 to 8 p.m. at the Field Library, 4 Nelson Ave., Peekskill. Class size is limited. Info: 914-737-1212.

Documentary Series: The Ossining Documentary and Discussion Series will host a free screening of "Plastic Paradise," a journey of discovery through the Great Pacific Garbage Patch, followed by a panel discussion at the Ossining Public Library, will be held at 6:30 p.m. Seating begins at 6:15 p.m. Info: OssiningDocumentaries.org .

Friday, May 10

Coloring For Adults: It's not just for kids, and it's the latest craze. Join our adult coloring book club at the Somers Library Meetings will be held in the conference room every Friday from 10:30 a.m. to noon. Relax, color, and socialize for free. Materials are provided or you may bring your own color pen-





Crossword

ACROSS

- 1. Spanish for "Leah" or Brewster Honda dealership
- 4. Submissions to eds.
- 7. Prefix with natal or nuptial
- 10. One-striper, abbr.
- 11. Ending meaning "resident"
- 12. Seafood selection
- 13. Animal with curved horns
- 14. Belonging to former Italian Prime Minister

Berlusconi, or Thornwood Italian restaurant

- 16. Cores
- 18. Bricklayers' equipment
- 20. Implant
- 24. Heavenly spots
- 26. Desert bloomer
- 27. As part of this document
- 29. It's south of Georgia
- 30. Pioneer transports
- 32. Grant
- 35. Questionable marketing companies
- 38. "This ___ test"
- 39. Born
- 40. Popular baby girl name
- 41. Garfield
- 42. Elder

43. Goose egg

DOWN

- 1. Table support
- 2. Room offerer
- 3. Into pieces
- 4. Assorted, briefly
- 5. Fence step
- 6. Breakout movie role for J.Lo
- 7. Canadian province with red sand, abbr.
- 8. Popular '20s auto
- 9. Golfer dubbed "the Big Easy"
- 15. Airline first name
- 17. ____ and World Report
- 18. Laugh sound
- 19. Keats' forte
- 21. Crew member
- 22. Eggs, in a lab
- 23. Hamilton's note
- 25. Ink spots, e.g.
- 28. Mount ____, Utah peak
- 31. Hearing in open court
- 32. Command to a guard dog
- 33. Canadian neighbor
- 34. Cave occupant
- 36. Roman 56
- 37. Prefix before ware or

adjusted

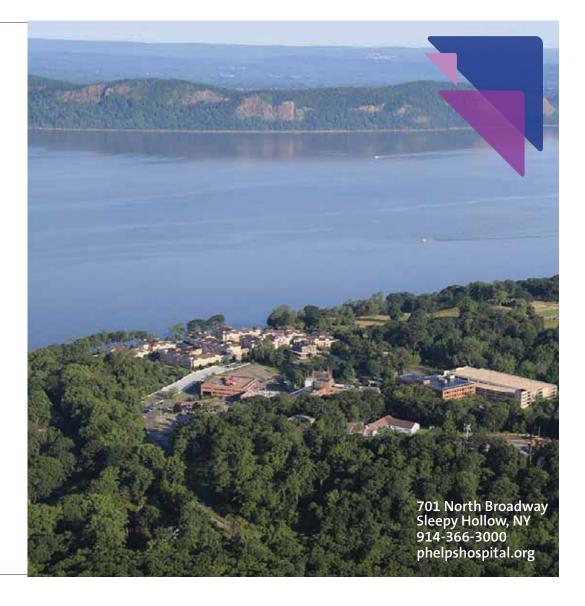
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Happenin8s

cils and coloring books. Registration is not required. Info: 914 232 5717.

Job Hunting Help: Free drop-in, hands-on assistance with online applications, resume writing, e-mail accounts and more is held on Fridays from 11 a.m. to 1 p.m. in the second-floor conference room at the Ossining Public Library, 53 Croton Ave. Assistance is offered on a first-come, first-serve basis. This is not a computer class. Info: Cheryl at 941-2416 Ext. 315.

Temple Beth Am Shabbat: Temple Beth Am will "opens its doors to all who enter" for Shabbat on Fridays at 8 p.m. Our modern Sabbath service has a spiritually engaging and warm feeling while following traditional modes. All are welcome to our friendly sacred space. For more information, please call our Rabbi at 914-962-7500 or e-mail him at rabbiw@optonline.net.

Jewish Center Services: At the Yorktown Jewish Center, 2966 Crompond Rd. Friday night Sabbath services begin at 8 p.m. And Sabbath services on most Saturdays will be held at 9:15 a.m. on most Saturdays. After the services Rabbi Sternstein conducts a learning session based on the Torah portion of the week.

Light refreshments are served and everyone is invited to join us as we share in the warmth, knowledge and friendship within our congregation. Info: 914-245-2324 or yorktownjewishcenter.org.

Saturday, May 11

Plant Sale: The Garden Club of Peekskill's annual fundraising plant sale will be held from 9 a.m. to 3 p.m., rain or shine, a.m. at the Riverfront Green Pavilion along the Hudson River. Raffle prizes, annuals, perennials, roses, herbs, vegetable & hanging baskets will be available for purchase. Proceeds benefit scholarships &local gardening projects. Info: 914-208-0293.

Putnam Valley Shabbat Service: Looking for a modern Shabbat service steeped in Jewish tradition? Come to Temple Israel of Putnam Valley, a Conservative Egalitarian Synagogue situated on beautiful Lake Peekskill. Our inclusive, community-lead services start at 9:30 a.m. on Saturdays and are held in Hebrew and English. Enjoy a comfortable atmosphere where participation is appreciated and afterwards stay for our delicious Kiddush lunch. Services are free; Family Memberships are \$250 per year and include High Holiday Services.

The synagogue is located at 140 Lake Drive in Lake Peekskill. For more information, call 845-528-2305.

Yorktown Shabbat Morning Services: Chabad of Yorktown, 2926 Old Yorktown Rd., holds services on Saturday mornings. They are easy-to-follow services with Hebrew/English prayer books, a friendly environment and no affiliation is necessary. Kiddush luncheon follows the services. Services begin at 10 a.m. For more information, visit www.ChabadYorktown.com.

Spring Vendor Fair: The event will be held from 10 a.m. to 4 p.m. at the Buchanan Pavilion, 218 Westchester Ave

Ossining Farmers Market: The Ossining Down to Earth Farmers Market is now being held outdoors on Spring and Market Streets. Customers old and new will find delicious produce, pastureraised meat, poultry, and eggs, breads, baked goods, and much more. For a full list of our markets and vendors, visit DowntoEarthMarkets.com.

VoiceScapes Audio Theater: From 2 to 3 p.m. at the Somers Library, brace yourself for the sonic experience of your life when VoiceScapes Audio Theater presents live original audio dramas with a group of award-winning audio actors, directors, sound engineers, writers, and producers, who met and worked together each year in Missouri at the Hear Now Festivals. Their live performance

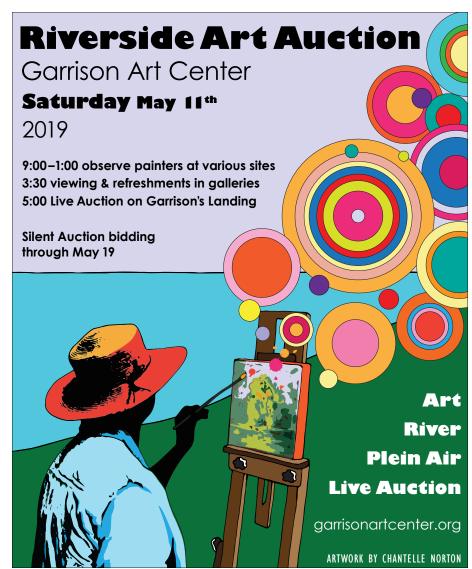
consists of a collection of unique and original short contemporary comedies and thought-provoking dramas. Info: somerslibary.org.

Support Connection Yoga: Support Connection announces a free program, "Yoga: A Path Toward Wellness," will be offered at Club Fit in Jefferson Valley from noon to 1:30 pm, on May 11 and 25. It is open to people living with breast, ovarian and gynecological cancers. To learn more or to pre-register, which is required, call Support Connection at 914-962-6402 or 800-532-4290

Shabbat Services: The Hebrew Congregation of Somers will hold Shabbat services, followed by pot luck dinners at 6:30 p.m. on May 11, 18 and 25. Hebrew Congregation of Somers is a small, informal and friendly synagogue affiliated with the Reconstructionist movement. First-year membership is free and includes High Holiday tickets. E-mail info@hebrewcongregationofsomers.org or call 914-248-9532 for more information.

Sunday, May 12

Healing Yoga: Yoga classes for women with breast cancer are held at 5 p.m. on Sundays at Hudson Yoga, 5 Old Post Rd. South, Croton-on-Hudson. Weekly classes are being conducted by rotating instructors. The suggestion is \$15. Info: Ellisha Simpson at 914-319-4010.





on how you can successfully manage your financial and healthcare needs and those of your loved ones, and will answer questions about

estate planning, Wills, Trusts, Medicaid and long-term care planning, special needs planning, guardianships, and other areas of interest.

(Solution to puzzle on page 19)

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SMALL NEWS IS BIG NEWS 914-864-0878

Legal Notice

NOTICE TO CURRENT AND FORMER SUTTON MANOR OWNERS AND RESIDENTS

On March 18, 2019, the United States entered a settlement agreement resolving a lawsuit brought by the United States Department of Justice against an architect and certain builders and developers alleging that they failed to include certain accessible features for persons with disabilities required by the Fair Housing Act, 42 U.S.C. § 3604(f)(3)(c), in the design and construction of the Sutton Manor condominium located at 234 North Bedford Road, Mount Kisco, New York. Under this settlement agreement, an aggrieved persons fund consisting of a total amount of \$30,000.00 was established to compensate persons who may have suffered as result of the alleged lack of accessible features. A person may be entitled to receive monetary relief if, in relation to Sutton Manor, he or she:

•WAS DISCOURAGED FROM LIVING AT THAT PROPERTY BECAUSE OF THE LACK OF ACCESSIBLE FEATURES;

•HAS BEEN HURT IN ANY WAY BY THE LACK OF ACCESSIBLE FEATURES AT THAT PROPERTY;

•PAID TO HAVE AN APARTMENT AT THAT PROPERTY MADE MORE ACCESSIBLE TO PERSONS WITH DISABILITIES; OR •WAS OTHERWISE DISCRIMINATED AGAINST ON THE BASIS OF

•WAS OTHERWISE DISCRIMINATED AGAINST ON THE BASIS OF DISABILITY AT THAT PROPERTY.

If you wish to make a claim to entitlement to a share of the \$30,000.00 in the aggrieved persons fund arising from discrimination on the basis of disability, or if you have any information about persons who may be entitled to a share, please contact the **United States Attorney's Office**,

Southern District of New York at 212-637-2800.

You may also fax us at 212-637-2702 or write to:

United States Attorney's Office, Southern District of New York

Attn: Civil Rights Unit

86 Chambers Street, New York, New York 10007 NOTE: You must call or write no later than September 14, 2019.

Top Ten Things You Never Knew About Camp

Continued from page 19

maybe there's something to it! Camp has played an important role in the lives of some of the most talented people in history. ACA's family resource site offers a list of notable campers – including business professionals, celebrities, artists, and great thinkers.

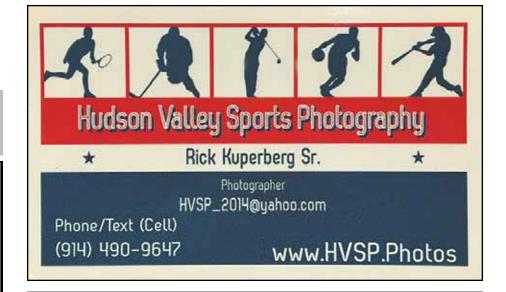
2. Camp gets those neurons pumping! Education reform debate and concern over summer learning loss have pushed academic achievement into the spotlight. Research shows that participation in intentional programs, like camp, during summer months helps stem summer learning loss. In addition, camp provides ample opportunity for developmental growth, which is a precursor to academic achievement. And, because of the "hands-on" nature of camp, often chil-

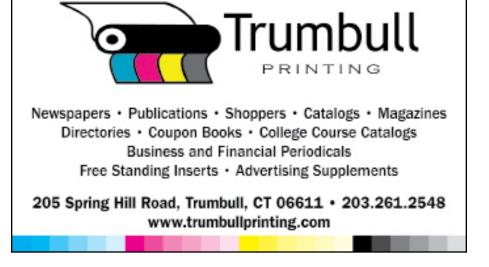
dren who struggle in traditional education settings do well at camp.

1. Camp builds leaders for the 21st century and beyond! Independence, resiliency, teamwork, problem-solving skills, and the ability to relate to other people — these are the skills that tomorrow's leaders will need, and the skills camp has been adept at building for 150 years.

For more information on preparing your child for an independent, fun-filled summer, visit ACAcamps.org. Or, follow ACA on Facebook and Twitter for helpful hints and camp information.

Contact Public Relations at 765.346.3391 or pr@ACAcamps.org to interview an ACA spokesperson or for more information about preparing for camp.





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LEGAL NOTICES

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NOTICE OF FORMATION OF OH-SO EQUAL, LLC. Skateboard Magazine filed with Secy of State of NY (SSNY) on 01/02/2019. Office location: Westchester. OH-SO EQUAL designated as agent of LLC upon whom process against it may be served and mailed by OH-SO EQUAL to: 11 High Meadows Rd., Mount Kisco, NY 10549. Purpose: Any lawful acts.

NOTICE OF FORMATION OF REVIVA BEAUTY, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on 3/12/19. Office location: Westchester County. SSNY is designated as agent of the LLC upon whom process against it may be served. SSNY

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NOTICE OF FORMATION OF 106 FISHER AVE LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on 03/05/2019. Office location: Westchester County. SSNY is designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: c/o Susan Lewkowitz, 670 White Plains Rd., Scarsdale, NY 10538, Ste 110. Purpose: Any Lawful Purpose.

NOTICE OF FORMATION OF 395 WYTHE LLC. Arts. of Org. filed with SSNY on 4/1/19. Office location: Kings County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to 395 Wythe Avenue, Brooklyn, NY 11249. Purpose: any lawful act or activity.

NOTICE OF FORMATION OF THE FEISTY WOMAN LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on 3/27/19. Office location: Putnam County. SSNY is designated as agent of the LLC upon whom

process against it may be served. SSNY shall mail copy of any process to 602 Williamsburg Dr., Mahopac, NY 10541. Purpose: Any Lawful Purpose.

NOTICE OF FORMATION OF KESTELOO VENTURES, LLC. Articles of Organization were filed with the SSNY on 4/5/19. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served and shall mail process to principal business address: 1501 Half Moon Bay Drive, Croton on Hudson, NY 10520. Purpose: Internet Marketing.

NOTICE OF FORMATION OF IN-SPIRED BY JESUS LLC. Articles of Organization were filed with the SSNY on 3/19/19. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served and shall mail process to principal business address: 111 North Road, White Plains, NY 10603. Purpose: Any lawful purpose.

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY LLC. THE NAME OF THE LLC IS MARY DARRAGH MACLEAN LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) office on 4/16/2019. The County in which the office is to be located is Westchester. The SSNY is designated as agent of the LLC upon whom process against it may be served. The address to which the SSNY shall mail copy of any process against the LLC is: Northwest Registered Agent 90

State Street, Ste 700 Office 40 Albany NY 12207. Purpose: any lawful purpose.

NOTICE OF FORMATION OF ORAINE PHOTOGRAPHY, LLC. Articles of Organization were filed with the SSNY on 3/6/2019. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Oraine Photography, LLC, 406 Homestead Ave, Mount Vernon, NY 10553. Purpose: Any lawful act or activity.

FORMATION OF ELMSFORD CHICK-EN, LLC filed with the Secy. of State of NY (SSNY) on 4/10/19. Office loc.: West-chester County. SSNY designated as agent of LLC upon whom process against it may be served. The address SSNY shall mail process to Ashish Parikh, 100 Menlo Park Mall, Ste. 500, Edison, NJ 08837. Purpose: Any lawful activity.

APPLICATION FOR AUTHORITY OF THE TAILORY, LLC filed with the Secy. of State of NY (SSNY) on 3/25/19. Formed in PA 2/18/14. Office loc.: Westchester County. SSNY is designated as agent of LLC on whom process against it may be served. The address SSNY shall mail copy of process to Anthony Lopes, 3901A Main St., Ste. 203A, Philadelphia, PA 19127. The office address in PA is 1105 Tyson Ave., Philadelphia, PA 19111. Cert. of formation filed with Kathy Boockvar, Acting Secy. of State, 302 N. Office Bldg., 401 North St., Harrisburg, PA 17120. Purpose: Any lawful activity.

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NOTICE OF FORMATION OF A LIM-ITED LIABILITY COMPANY (LLC). The name of the LLC is: Nate The Dog Man, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) office on: 02/14/2019. The County in which the Office is to be located: Westchester. The SSNY is designated as agent of the LLC upon whom process against it may be served. The address to which the SSNY shall mail a copy of any process against the LLC is: 415 South St, Apt 4A, Peekskill, NY 10566. Purpose: any lawful activity.

NOTICE OF FORMATION OF UNDERPINNED LLC. Art. Of Org. file with Sec. of State of NY (SSNY) on 1/16/19. Office location: Westchester. SSNY designated as agent of LLC upon who process may be served. SSNY shall mail process to 118. N. Bedford Rd., Suite 100, Mt. Kisco, NY 10549. Purpose: Any Lawful Purpose.

NOTICE OF FORMATION OF QUILT-STONES, LLC. filed with SSNY on 4/25/18. Office in Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 126 Kelbourne Ave, Sleepy Hollow, NY Purpose: Any lawful purpose.

NOTICE OF FORMATION OF TIG & PEACH LLC. Arts. of Org. filed with the SSNY on 4/2/2019. Office: Westchester County. SSNY designed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 545 Fowler Avenue, Pelham, NY 10803. Purpose: Any lawful purpose.

TOWN OF PUTNAM VALLEY WORK SESSION AGENDA MAY 8, 2019 6 PM

1. Pledge of Allegiance 2. Vote on Special Use Permit for Cell Tower 3. Informational Hearing on possible regulations of transient rentals (Airbnbs) 4. Discussion regarding addition of decibel level to Noise Ordinance. 5. Discussion on accepting donated land. Will the Town continue to do so, or will we cease this practice? 6. Dr. Fran Wills: presentation about School Vote on May 21, 2019. 7. Designation of our town camp as parklands. Vote to be held on May 15th. 8. Recreational vehicle discussion. Do we wish to change 165-27J

or not? 9. Discussion: removing prohibition on war games such as paintball, soft shell. 10. Update: County's request for False Alarm Penalty Fee. 11. Appoint Sam Oliverio as Town Board liaison to the Lake Peekskill Youth Committee. 12. Amend Resolution # R19-133 regarding temporary maintenance staff. 13. Authorize the Facilities Department to excess equipment from the Assessor's office. 14. Appoint Alexis Acevedo as the Lake Peekskill Beach Monitor for the 2019 season. 15. Appoint Marianne Forlano as a Beach Monitor for the Lake Peekskill District for the 2019 season. 16. Appoint Joseph Aviles as a temporary, seasonal laborer for the Lookout Manor District. 17. Audit of monthly bills.

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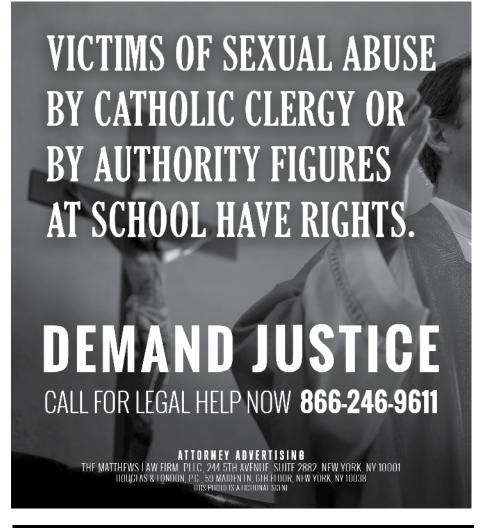
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The Northern Westchester Examiner Sports Covering Putnam County and Northern Westchester Sports



RAY GALLAGHER/BOB CASTNER PHOTOS

Yorktown sophomore midfielder Tim O'Callaghan (L) fights off a check from Lakeland/Panas senior M Sean Laukaitis (1G) in the state-ranked (No.3) Huskers' 11-4 Murphy Cup win over the Rebels last Friday night at Charlie Murphy Field where Yorktown busted open a 4-2 game with a third-quarter surge led by O'Callaghan (3G, 1A), who bagged a hat trick to lead all scorers. Alex DeBenedictis also scored three goals for the celebratory Huskers (inset), who retained possession of the coveted cup for a 9th-straight year and improved to 27-3 in the Murphy Cup series... see Boys' Lax Notebook

Five-Year Veteran Kness Leading Charge at Lakeland/Panas

By Tony Pinciaro

Prior to the start of the 2019 season, Lakeland senior Emily Kness had a conversation with **LAKELAND/PANAS** girls' lacrosse Coach Rebecca DiSisto-Leslie regarding the offense.

"Coach pulled me aside and told me she wanted me to lead the attack," said Kness, who will attend Colgate University in September and play field hockey. "In past year, one person would take charge. I knew I had to do that."

Kness, a five-year varsity player, has done everything DiSisto-Leslie asked for as she leads a young team in goals, 52, and points, 64.

"Emily is such a smart athlete," said DiSisto-Leslie. "She sees the field well and is one of the most coachable athletes I've ever encountered. Emily listens and responds to criticism very well for a high school athlete, which makes her even more impressive. I knew that she would be capable of taking her game to the next level in her final season with the Rebels."

A high-scoring midfielder for Lakeland's Section 1-winning field hockey team, Kness had five goals and four assists in a 17-7 thumping of Arlington. She followed it up with another five-goal game in a 12-6 win over Wappingers.

Once Kness knew she would be called on to become more assertive offensively, she refined her shot.

"I focused on finishing my shots," said Kness, who received the Con-Ed scholar-athlete award in April. "Every time I would go to goal, I wanted to take advantage of every opportunity I got by putting a hard shot on goal."

Kness immediately became the focal point of the opponents' defense so she



Lakeland-Panas Emily Kness, battling here with Yorktown's Kelsey McDonnell, has provided the Rebels with scoring punch.



RAY GALLAGHER PHOTOS

Mahopac's Katie McDonough (R) leads the high-flying Indians with 30 goals this season.

made them regret it. Kness began using their overzealousness to set up teammates for excellent scoring opportunities. She has also kept defenses guessing by switching up her shots.

"My teammates have stepped up and become a lot more confident by going to the goal and doing things on their own," Kness said.

This is an example of Kness' leadership and team-first approach.

"The focus of this season, offensively, is not forcing the ball, but instead making conscious, smart decisions with the ball," DiSisto-Leslie said. "Emily has taken this advice and really utilized it to make her game that much stronger this year. She has worked hard to find opportunities not only for herself this season, but has found ways to make her teammates successful as well."

Kness is enjoying her final year of lacrosse because she gets to play with friends from Panas. The team has also enjoyed living through the pregnancy of DiSisto-Leslie and now becoming honorary big sisters.

"It's been really exciting because we were counting down the days when she was going to have the baby," Kness said. "I'm just looking forward to playing with these girls a few more weeks. We're capable of having a good run in the playoffs if we continue to work really hard."

MAHOPAC ran its winning streak to seven consecutive games with victories over Briarcliff (13-7), Arlington (11-8) and Putnam Valley (14-4). Mahopac is now 10-4 this season, a potential No.2 seed in Class A.

The Indians and Briarcliff were even at 5-5 at halftime before scoring eight goals

in the second half.

Zina McInerney broke a 5-5 tie, then Colleen MacNeil and Sophia DeFrancesco made the score 8-5.

DeFrancesco finished with a game-high four goals, Gigi Genovese added three and Christina Lopreato and MacNeil each had two goals. Lopreato also finished with 11 ground-ball retrievals.

Katie McDonough has a team-leading 30 goals, followed by DeFranceso with 27 and MacNeil has 21.

"Briarcliff came in and played extremely strong to start this game," Mahopac coach Jim Lieto said. "The girls worked hard and made some incredible adjustments to go from being down 4-2 to outscoring Briarcliff 11-3 over the last 29 minutes of the game. The second half was one of the best halves we have played all season. We feel like we are in a great place heading into the final week of the regular season."

DeFranceso rang up four goals against

Arlington, McDonough had a hat trick and MacNeil added two goals. MacNeil went 11 of 15 on draw controls.

"Arlington always comes with a strong challenge," Lieto said "We are excited to have beaten another topnotch team in our league to take a firm grip on first place."

Samantha Faeth led Mahopac with three goals against Putnam Valley. Avery Przymylski and McDonough each had two goals and two assists and Lindsay Neilis and Ava Jennings contributed two goals apiece.

"Things are really starting to click both offensively and defensively and we are excited with the way we are finishing the season off," Lieto said. "We look to continue to improve over our final four games of the season.

HEN HUD had a busy week, winning three of four games, improving to 11-3 this season.

The Sailors defeated Nanuet (19-8), Rye (14-7) and New Rochelle (16-1). The loss came in overtime, 12-11, to John Jay-Cross River.

"We were down, 8-4, at halftime, but came back to tie it at the end of regulation, but John Jay made a big defensive stop," Hen Hud coach Rob Molfetta said. "The girls are really starting to play at a high level and having confidence that we can compete against the best teams in the section."

BREWSTER went 1-1 last week, opening with a 16-10 triumph of Somers before an 11-9 loss to Rye.

The victory came on Senior Night at Brewster.

"I couldn't be prouder of our five seniors -- Meagan Beal, Maggie DePaoli, Haile Ratajack, Jane Scinta and Marina Souza," Brewster coach Sara DiDio said. "They have made a major impact on our program and have represented Brewster with respect and class. I've been lucky to coach them for 10 years and wish them the best in their future endeavors."

Souza took center stage on senior nigh with six goals and four assists. Ratajack chipped in five goals, DePaoli added one goal and two assists and Beal netted two goals. Danielle Regan rang up four assists and had a goal.

Emma Kittredge led **SOMERS** with four goals and Ella Kittredge added three goals.

In the Rye game, Ratajack scored four goals, DePaoli and Beal had two goals apiece and Souza added one goal and four assists



Hen Hud sophomore Kira Varada and the Sailors believe they can compete with anyone in Class C this season.

Sports

Baseball Notebook

Lakeland is Cream of Crop at Prestigious RCK Tourney

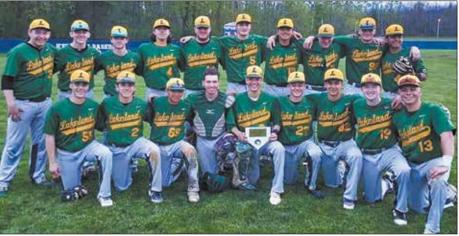
By Ray Gallagher **Examiner Sports Editor** @Directrays

In what shook out as one of the deepest field of competitors in Section 1 this season - teeming with section and state title contenders -- LAKELAND High emerged as the team to beat after taking home top honors in last Saturday's Ricky Lombardo Memorial Roy C. Ketcham Tournament.

The field featured a who's who of Section 1 baseball clubs, including unbeaten Class AA host Ketcham (No.14 in NYS) and defending Section 1-AA time," said Casey, "I told them to enjoy this tournament win because they did a great job, but it's time to get back to work."

The Boston College-bound Vetrano has been doing work all season, spitting out some eye-popping numbers at the plate and on the mound; the kind of numbers that will draw the attention of MLB scouts. The thing about Vetrano, though, is that his level of focus and determination is ridiculous.

"We're going to take every game one at a time and just focus on winning that individual game," Vetrano said. "This weekend was huge for us. RCK and Rye



Lakeland Hornets display the hardware after winning the prestigious RCK Tournament in thrilling fashion.

champion Clarkstown South, which opened up the tourney Friday afternoon during an RCK win. Saturday matched up the state's two top-ranked Class A teams -- No.1 Lakeland and No.2 Rye, which the Hornets took by an 8-5 count, setting up the title tilt between two of the premier programs in the section.

Lakeland (12-1) then toppled RCK (14-1), 4-3, for the championship when reliever Zach Cohen secured the save for starter Evan Berta. Reliever Kevin Burke also pitched some key innings in the win. Lakeland snapped a 2-2 tie in the sixth when senior SS Leo Cummings doubled to drive in Andrew Croce for a 3-2 lead. Cohen followed with a double to plate Cummings for 4-2 lead. Trailing 2-1 in the sixth, Lakeland junior lefty Joe Vetrano hushed the RCK faithful with a gametying solo gong. Jace DeIulio's sac fly to left in the fifth got Lakeland on the board, trailing 2-1, at the time.

After reaching the state finals last year, there is a sense of unfinished business at Lakeland, where the bar was set in with a NYS Final 4 trek in 2010 then re-upped in 2018, but Manager Bill Casey is quick to remind his veteran - but still-youthful club that on any given day in baseball....

That's what makes baseball such a great game, and, trust me, I remind them all the are both phenomenal programs and to beat them was a huge confidence boost for us. Everyone contributed to both wins and Burke and Cohen stepped up big against RCK when Evan left the game."

Berta left the game because he was forced to after taking a line drive off his pitching hand. The worst (a possible fracture) was feared at first, but Casey seem relieved on Sunday when x-rays did not reveal extensive harm. Lakeland will ease the underrated Berta back in to the rotation.

pitched 3-2/3rds shutout Vetrano innings on the hill and then clouted a double and a three run dinger at the plate as Hornets defeated Panas, 6-0, with reliever Berta slamming the door shut over the final 3-1/3rd. The junior lefties combined on a four-hit shutout at the spanking new Granite Knolls Recreation Complex...

CLASS AA

On this side of the Hudson River, state-ranked (No.14) RCK is beginning to emerge as the team to beat and MAHOPAC, which split a home-andhome set with mighty Arlington, will get a look at the Kings of Dutchess County on May 14-16 to close out the regular season. Though they were beaten pretty soundly by RCK, don't discount John Jay EF,

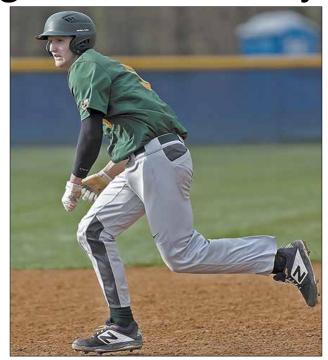
State-ranked Suffern, along with North Rockland, poses legitimate threats on the other side of the river, and Mamaroneck has long been a thorn in Mahopac's side, so a Final 4 berth will be anything and everything but easy.

Mahopac beat one of the big boys from Dutchess, earning an impressive 2-1 league win behind RHP Casev Tewey's tidy four-hit effort, in which he whiffed five Admirals. Matt Weiner (2 for 3) supplied the pop with an RBI and a run scored.

OSSINING managed a 6-1 win over White Plains when Nick Constantino went 2 for 3 with two some serious damage this season. RBI in support of ace

Peter Bossinas, who earned the win for the Pride (12-4). Bossinas did not allow an earned run while scattering four hits and struck out five for the complete-game victory. Ossining also defeated Saunders, 12-0 in the opening round of it Christian Federico Memorial Tournament. Kyle Monaghan pitched four innings of shutout ball, giving up only four hits and striking out six for the win. Ossining's attack was led by Nick Constantino (2 for 3, double, 2 RBI), Matt Minihan (2 for 2, 3 RBI) and Mark DeAngelis (1 for 3, 2 RBI). Byram Hills, who won the other game, will play Ossining in the championship game

Ossining also won the Brian Bergen Memorial Tournament at Saunders High School. By taking out Riverside, 12-5, before a 6-1 over Bronxville. Against



ANDY JACOBS PHOTO

Lakeland P Joey Vetrano and the Hornets have the potential to do

Riverside, Dan Galef drove in three runs, two of them on a two run single. Joe Bossinas went 1 for 3 with two runs scored and an RBI. Nick Constantino went 2 for 4 with two RBI. Nick Cascione went 2 for 3 with three runs scored and an RBI. Matt Minihan started and got the win.

Against Bronxville, Peter Bossinas went the distance, striking out nine, giving up seven hits and only one run and was named MVP of the tournament. His brother, Joe, had his back, going 3 for 3 with 2 RBI.

CLASS A

SOMERS worked a 2-0 win over Mahopac when Liam Kaseta fired six innings of two-hit ball for the Tuskers (6-6). Kaseta fanned 11 Indians and Anthony O'Donnell earned the save with

continued on page 31



Hen Hud players gather round longtime former Sailor pitching Coach Ed Lent upon the dedication of the programs new bullpen last week.

Sports

Yorktown Retains Murph Cup; Hen Hud Honors Figueroa

Examiner Sports Editor @Directrays

The jacked-up LAKELAND/PANAS sideline turned it up another notch when middie Sean Laukaitis scored an early thirdquarter goal to cut the Rebels' deficit to just two goals against crosstown rival YORKTOWN, but the revelry was quick to die down when the host Cornhuskers scored four unanswered goals and seven of the next eight en route to an 11-4 Murphy Cup victory; Yorktown's 27th in 30 tries.

Tim O'Callaghan (3G, 1A) and Alex DeBenedictis each notched a hat trick for the state-ranked (No.3) Huskers (8-4 overall, 6-0 in Section 1) while Matt Makar (2G) paced the Rebels. Reese Andrews, DeBenedictis, Blake Borges and O'Callaghan each scored a goal during the pivotal third-quarter run that turned a close one into

yet another Murphy Cup blowout. Lakeland/Panas (4-9) struggled to solve



RAY GALLAGER PHOTOS

L-P's Alex Davoli looks to advance on Yorktown D Chris Perrino, who had a monster Murphy Cup game in Huskers' 11-4 win over Rebels last Friday.

a stout Yorktown defense led by G Dan O'Meara, sophomore All-American-inwaiting Keith Boyer and GB-hawking LSM Chris Perrino, who wrought havoc

> all night long. Keegan Doller anchored the midfield with solid, two-way play, but the key to the game was Yorktown M Brendan Williams, essentially owned the X, despite a nagging hammy. The UMassbound Williams won 11 of 16 faceoffs against Dartmouthbound T.J. Bryan, as two of the permier

faceoff men in the section went head to head.

"Our team knows what Williams means to us," Yorktown Coach Sean Carney said. "The kid is tough as nails, the ultimate competitor. He's the vocal leader of our squad. Alex is a sniper. The kid has a heavy shot. He has his usual night and three or four more go in tonight. Blake Borges continues to work in and get better, he's a tough sophomore,

tough to stop at midfield. O'Meara and Boyer have been stellar all year; most consistent kids we have had all season."...



L-P's Alex Davoli (4) looks upon a stout Yorktown defense, featuring long pole Naim Sinajaj and G Dan O'Meara in Rebels' 11-4 Murphy Cup



Mercy lax Coach Joe Corace is greeted by girls' lax team after winning ECC men's title last Saturday.

While the Murphy Cup was the big story last week due to its historic nature, perhaps the saddest yet sweetest story of the season is emerging out of Hendrick Hudson High

where the boys' and girls' teams are playing at superb levels while honoring a fellow classmate, Alex Figueroa #TeamFigueroa. The entire student body, teachers, administrators and the whole Hen Hud family has rallied in support of the amiable Figueroa, who was recently diagnosed with metastatic Ewing's Sarcoma. The cancer has metastasized to her lungs and Alex, a freshman student athlete with top honors and a smile that never quits, will begin aggressive chemotherapy and radiation immediately. Meanwhile, the boys' and girls' lacrosse teams have dedicated their magnificent seasons to a classmate the community adores #PrayersUp. A GoFundMe page for Figueroa has been set up at www.gofundme. com/alex039s-army...

Hen Hud also honored won of continued on next page



Mahopac's John Dundon and G Mike Argila share light moment with Carmel's Ryan Taormina during Indians' 14-2 win over Rams Friday.



Carmel sophomore M Ryan McDonald takes a run at Mahopac D Ian Hamilton in Rams' 11-4 loss to Indians Friday night.



Yorktown senior A Shane Dahlke cranks in Huskers' 11-4 Murphy Cup win over Lakeland-Panas Friday.

Sports

Murphy Cup Game Will Always be Max for Me



By Ray Gallagher Examiner Sports Editor @Directrays

You can say that a one-sided rivalry isn't much of a rivalry, especially when one owns a decided 27-3 edge, like the one Yorktown holds over Lakeland/Panas in the annual Murphy Cup game between the two lax superpowers. You

can say that times change and rivalries come and

go these days on account of the whimsical nature of society. You can say that John Jay CR has become a bigger post-season rival

of Yorktown's due to the fact that both reside in Class B and the two regularly compete for the Section 1 title (seven of the last eight years). But you can't tell me that the Murphy Cup game between 40-time Section 1 champion Yorktown and 10-time Section 1 champion Lakeland (Lakeland/Panas) isn't the #Biggest (I didn't say #BEST) regular-season rivalry in all of Section 1 lacrosse.

There was some chatter on Twitter this past week about the old rivalry having lost some of its flair, what with L/P not

having sniffed the recently-restored cup since 2010; but somebody forgets to tell the members of the two finest programs in Section 1 history every year. There's 50 Section 1 titles between the two, including three of the last six Class A crowns at Lakeland/Panas and seven of the last eight Class B titles to Yorktown, so while the Rebels can't challenge Yorktown for supremacy these days, their still putting

And whether the game's a blowout, as last Friday's 30th rendition was in an

out a legit product.

11-4 Cornhusker win at Charlie Murphy Field over the neighboring Rebels was, or it's a thrilling nail-biter, the

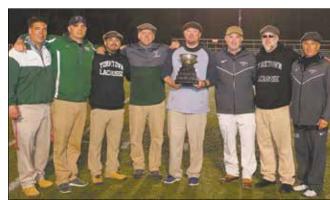
game is still played in honor of the man who essentially introduced generations of players to the game. Mr. Murph was the gentleman who planted the seeds and grew the game in Yorktown, handing former legendary Husker Coach Jim Turnbull a check for \$500 back in 1965 to purchase uniforms and sticks the upstart Huskers would need. Hell, if Murphy doesn't fork over that half-agrand, and that seed never sews, Section 1 lacrosse could very well be; well, Section 9 lacrosse! What the heck would we do in

this neck of the woods each and every spring if that were so? That might be the best \$500 ever spent when you factor in all the college scholarships fashioned from Murphy's benevolence and the number of Yorktown dogpiles.

And that is why we may never see another rivalry like this one, because like it or not tradition lives on, and no game in Section 1 lax history has had more tradition since

Yorktown All-American Roy Colsey and Lakeland A-A Ric Beardsley took it to another level in the wee '90s; one we haven't seen since, nor may ever see again.

For Lakeland/Panas, winning the Murphy Cup is simply a matter of deprivation, basically denying Yorktown a chance to bask in the glory. For seven-time NYS champion Yorktown, it's everything the Huskers base their program on, so losing isn't an option, according to Yorktown Coach Sean Carney, the former Lakeland All-American.



BOB CASTNER PHOTO

because like it or not Cornhusker coaches, comprising one of the finest staffs in the land, pose tradition lives on, and with the fabled Murphy Cup, which Yorktown was won 27 of the last 30 no game in Section years over rival Lakeland/Panas.

"Mr. Murph would have been proud of them because losing was not an option," Carney said. "Everyone played tonight. That is considered a great Murph Cup if all can get in to the game."

It wasn't always like that. There was a time in the early-to-mid-90s (and then again in 1997 & 2010) when the gap between the two juggernauts was razor thin, though Yorktown has essentially owned Lakeland/Panas (and everyone else in Section 1) since Murphy plunked that cash, and 2019 was no different...so play on now, gents. There's titles to be had.

Yorktown Retains Murph Cup; Hen Hud Honors Figueroa continued from previous page

their own with a victory on Palmisano Senior Night, defeating Putnam Valley, 11-8, while honoring Figueroa with pregame t-shirts. Bryce Caffrey had three goal and two assists for the Sailors while Ryan Pritchard added three goals and one assist while Max "Pop" Popolizio set up five goals. Rowan Caffrey made 19 saves for Hen Hud, but Kyle Wassil and Joey Vandeveerdonk each touched him up for two goals and two assists apiece for the Tigers...

Mercy College men's lax Associate Head Coach and longtime Mahopac legend Joe Corace is one of the finest coaches Section 1 has ever produced: His team's performance last weekend, when the Mavs received the programs first-ever bid

into the 2019 NCAA Division II Men's Lacrosse Tournament, is the proof in the pudding. The Mavericks earned a No. 4 seed in the North Region by virtue of going 17-1 and earning the program's first-ever ECC Regular Season and Tournament Championships. We knew of his prowess while leading Mahopac to its only Class A NYS title back in 1996, and his time served under the great Teddy Georgalas, but now Corace is one of the guys - along with Head Coach Jordan Levine -- responsible for putting Mercy lax on the map, which is incredible if you know where the program was just five years ago. So, when you draw up a list of all-time greats among the masterminds produced by Section 1, Joe Corace had best be high on your list.

NWE/Putnam Fab 5 LAX Poll

No.1 YORKTOWN -Class B stateranked (No.3) Huskers (8-4 overall, 6-0 Section 1) are keeping close tabs on an ever-improving John Jay team #LegitThreat.

No.2 LAKELAND/PANAS – Class A Rebels (4-7, 4-9) have wins over Mahopac and Somers, so they get the nod here.

No.3 MAHOPAC – Class A Indians (7-6, 7-7) had their way with Carmel but still have a ton of stuff to clean up before playoffs

No.4 SOMERS – Class B Tuskers (7-6) beat up on Brewster and Ossining this week and will know where they stand on May 11th when they host John Jay.

No.5 HEN HUD – Class C Sailors (7-6) have lost 4 of 6 but stopped bleeding in win over Put Valley. Byram Hills and Rye remain the teams to beat.

HM PUTNAM VALLEY – Class D Tigers (7-7, 8-7) have dropped 3 of 4 to legit title challengers like Briarcliff and Westlake #StockDowninPV.

HM CARMEL – Class A Rams (5-4) were no match for Mahopac.

HM BREWSTER – Class B Bears (4-9, 5-9) are the current No.10 seed and have dropped 6 of last 7 in a brutally tough

HM HALDANE – Class D Blue Devils (11-2, 9-2) are holding firm to No.3 seed, but do they have what it takes to run with the title contenders?

Lakeland is Cream of Crop at Prestigious RCK Tourney – continued from page 29

two whiffs. Jordan Streisfeld (2 for 3, 2 doubles, RBI, run) and Mike Barbagallo (2 for 3, run) were instrumental. Mahopac P Matt Weiner pitched 5-2/3rds innings and allowed two runs on six hits in the loss. Somers failed to seize momentum from the Mahopac win when it was defeated, 6-4, by Horace Greeley (4-8-1).

WALTER PANAS was swept by Lakeland but did secure a 5-1 win over Pearl River behind pitchers Chris Katz and Mark Perez, each of whom pitched three strong innings. Perez had two RBI while versatile senior Don Hopper sparked the offense, going 3 for 4 with two runs scored and an RBI. Lakeland P Jay Green three six scoreless innings and had Panas' number in a dominant 6-0 win. Green also went 2 for 3 with 1 RBI and 2 RS and Leo Cummings had a double and 2 RBI.

YORKTOWN is quietly producing a solid season. The Huskers (9-5) will surely be tested against Lakeland this Saturday (1:00 p.m.) in the 38th annual Sorrentino

Memorial Challenge, which the Huskers have owned of late, including six of the last seven, according to Yorktown Coach Sean Kennedy. Lakeland is off Wednesday, Thursday and Friday while the Huskers have four games leading up to the challenge. The deck would seem stacked against them and in favor of Lakeland.

BREWSTER lost a pair to John Jay and dropped to 7-4-1.

CLASS B

PUTNAM VALLEY notched two wins

last week, defeating Pawling, 8-4, and Westlake, 4-2.

Against Pawling, OF Bobby Kroboth went 2 for 2 with a double, two RBI and three runs scored while /IF John Millicker (2 for 4, 2 RBI) continued to wield a hot bat for the surging Tigers (8-4). Against Westlake, Millicker went the route with nine whiffs for the winning while doubling home a run. Tiger SS T.J. Brescia went 2 for 3 with two runs scored and 1B Matt Carravone added an RBI double.



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