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# The NORTHERN WESTCHESTER & Examiner

Covering Yorktown, Somers, Cortlandt, Croton-on-Hudson, Buchanan, Ossining and Peekskill

October 15 - October 21, 2019

SMALL NEWS IS BIG NEWS

Volume 11, Issue 512

## GOP Councilmen Demand Town Attorney Be Replaced

BY RICK PEZZULLO

Yorktown councilmen Tom Diana and Ed Lachterman are planning to call for the hiring of new legal representation for the town following a recent ruling of an ethical complaint they made in February 2018.

Diana and Lachterman held a press conference October 7 outside Yorktown Town Hall to publicize an August 14, 2019 decision from the New York State Attorney Grievance Committee

that admonished attorney Marc Oxman for dual legal representation.

Oxman's law firm was awarded a contract for more than \$211,000 in January 2018 by the town board in a 3-2 vote to provide legal services. Oxman has not actually served as the town attorney. Instead, one of his attorneys, Richard Abbate, has served in that capacity.

Prior to that appointment, Oxman sued the town board in October 2017 on behalf of resi-

dent tax watchdog Ed Ciffone after the board voted to pay \$2,500 to Marvin Ray Raskin to represent former Supervisor Michael Grace relating to a grievance that had been filed against him by his political nemesis Susan Siegel, a former supervisor and councilwoman.

At the same time Oxman was representing Ciffone pro bono, Diana and Lachterman maintained Oxman was negotiating with Supervisor-elect Ilan Gil-

*Continued on page 18*



PHOTO BY RICK PEZZULLO

Marc Oxman (left) confronted Yorktown councilmen Ed Lachterman and Tom Diana outside Town Hall last week.

## Peekskill Candidates Square Off in Weekend Forum

BY RICK PEZZULLO

Three weeks before Election Day, candidates in the City of Peekskill offered their views on various issues during a joint Peekskill NAACP/League of Women Voters forum Saturday morning.

In the race for mayor, incumbent Andre Rainey, who is seeking a second two-year term, literally stood toe-to-toe with challenger Vincent Vesce, a former city councilman in front of a crowd of approximately 100 onlookers.

Rainey said he has brought stability and a new perspective to city government leading an all-Democratic seven-member Common Council.

"My job is to represent you the best I can. Right now, the stars are aligned," he said.

Vesce, who served as councilman from 2014-17, said he has a plan with 11 initiatives that he "will hit the ground running with" if elected on November 5.

"I've seen progress come to a halt. The city needs proper foresight," Vesce said. "I will

bring back more fiscal responsibility."

Vesce vowed to bring more transparency to City Hall, which he maintained was "plagued by political overreach."

Rainey said he is on call 24 hours, seven days a week with all calls made to the mayor's office going directly to his personal cell phone.

"I never miss a call," he said. "This council has brought more transparency to meetings. Community members feel comfortable sharing their ideas. We create and promote respect."

In the race for three available Common Council seats, four of the six candidates were attendance. Councilwoman Patricia Riley, who is on the Democratic ticket, and Luis Segarra, who is running on Vesce's team, were no-shows.

Deputy Mayor Kathleen Talbot and Councilwoman Vivian McKenzie talked about their experience on the council and their accomplishments.

"The council is the most diverse ever and

*Continued on page 2*



PHOTO BY MICHAEL GIULIANO

## Yorktown Festival & Street Fair

Yorktown Chamber of Commerce President Sergio Esposito poses with a New York Yankees fan in the middle of the 11th annual Yorktown Festival & Street Fair Sunday. For more photos, see page 13.



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# Peekskill Candidates Square Off in Weekend Forum

Continued from page 1

the city is together and moving forward," said McKenzie, who owns Kathleen's Tea Room in Peekskill and has served as a councilwoman for the last six years. "I want to continue building a 21st Century city that everyone can afford to live in."

"I believe I am making a solid contribution to our city," said Talbot, an eight-year council member. "You just have to walk around and see the growth in Peekskill. Peekskill is a hot property right now. I want to continue to do the work, especially in the green area."

Lauren Brady, events manager for the Hudson Valley Gateway Chamber of Commerce, is looking to strengthen the relationship between small businesses and City Hall.

"We need to make sure we have people walking our streets that will support our local businesses," said Brady, a 2003 Peekskill High School graduate who is running with Vesce. "We all have to work together. We should constantly be bringing Peekskill together."

Marlon Mahon, a consultant, is also on the Vesce team and is concerned with the "level of transparency and civility" with the current administration.

"Peekskill is at a crossroads. We need to decide what leadership do we need to take us to the next level," Mahon said.

The final showdown was between the two candidates running for the District 1 seat on



PHOTO BY RICK PEZZULLO

Challenger Vincent Vesce and Mayor Andre Rainey share pleasantries during forum Saturday in Peekskill.

the Westchester County Board of Legislators being vacated by John Testa.

Former Mayor Frank Catalina, a Republican, stressed he demonstrated during his four years as mayor with a Democratic-controlled council that he could succeed in the minority as he will be on the county board.

"I have a solid record of absolute, concrete accomplishments," he said. "Northern Westchester gets shortchanged all the time when it comes to the (county) budget and services, services that people rely on."

Peekskill Councilman Colin Smith, a Democrat, also has his eyes on the county position.

"I've always been one who works well with others," said Smith, who served six years on the Peekskill Board of Education before being elected to the council two years ago. "I'm about service. I'm about the community."



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## Erectile Dysfunction

Find out about causes, signs and effective treatments...

### Q: How do you recognize erectile dysfunction?

**A:** Erectile dysfunction is the inability to achieve or maintain an erection sufficient for satisfactory sexual performance.

### Q: What causes ED?

**A:** When everything is working right, a normal level of testosterone sets the stage. The penis contains two tubes filled with vascular spongy tissue. An erection occurs when some stimulation excites the nervous system, causing extra blood flow into the tubes. There must also be an intact mechanism for preventing blood from immediately flowing out. Afterwards, blood drains from the two tubes and the erection disappears.

The immediate causes of ED all relate to conditions that impair the flow of blood into the penis. That includes blood pressure medications, a spinal cord injury, and especially diabetes, which damages small blood vessels and nerves. ED can also signal underlying heart disease from narrowing of the arteries in the heart and the penis. Smoking and excessive alcohol

can cause ED, and depression and anxiety can play a role. Being at your proper weight can lower your risk of ED. Regular exercise improves blood flow.

### Q: Who should I see about possible ED?

**A:** Primary care physicians can initially diagnose and treat ED with pills such as Viagra. But if, after hormone tests, oral medications and perhaps an adjustment to blood pressure medication, the problem persists, you'll typically be referred to a urologist.

### Q: What if pills don't work?

**A:** There are at least four other treatments. *Penile injection therapy* involves self-injecting a medication into the penis that dilates blood vessels. The *vacuum erection device* pulls blood into the penis. A *medicated suppository* inserted into the urethra dissolves into the tissues of the penis, causing an erection. Implantation of a *penile prosthesis* involves placing two cylinders within the penis, a pump in the scrotum, and a reservoir of salt water in the lower abdomen. A squeeze of the pump transfers fluid from the reservoir into the cylinders to create an erection.



# Schools Capital Project Referendum Approved

BY RICK PEZZULLO

Residents in the Peekskill City School District overwhelmingly approved a Capital Project Referendum October 7 that included two separate propositions totaling approximately \$11 million.

Proposition #1, which called for the allocation of \$10.6 million for upgrades at five district school buildings, passed 575-107.

Phase one of the proposed projects, estimated to cost approximately \$5.85 million, includes the construction of a new multi-purpose turf field stadium at Torpy Field.

Other plans involve improving the pool chemical feed system at the middle school and replacing ventilation systems at Oakside, Woodside and Uriah Hill elementary schools.

Highlights of the phase two projects, estimated to cost approximately \$4.75 million, are renovating the Technology and Art Classrooms—STEAM Innovation Center at the high school and constructing a STEAM

Exploration Lab at Hillcrest Elementary School.

Proposition #2, which stipulated a maximum \$400,000 be spent to purchase property at 400 South Division Street for the new location of the district's Operation and Maintenance Department, Central Registration, Transportation Department and Parent Resource Center, passed 501-161.

Currently, a large amount of space at the high school is being used for the Operations and Maintenance Department and storage. Those items, tools and vehicles need to be relocated to make room for the proposed STEAM Innovation Center.

The 400 South Division Street purchase

will also free up space at Uriah Hill for long-range planning for additional Pre-K classrooms.

"Each proposition has been designed to address district needs, benefiting our students and enhancing our community's investment in our schools," Superintendent of Schools, Dr. David Mauricio, stated prior to the vote.

Under the current State Aid formulas, the district expects to receive building aid for the Proposition #1 projects at an estimated rate of 83%. That aid, combined with the fact the district is retiring debt, will result in no additional school taxes, according to district officials.

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# Uncle Giuseppe's Looks to Continue Turco's Legacy

BY RICK PEZZULLO

Specialty Grocer, Uncle Giuseppe's Marketplace, is promising customers a smooth transition when it takes over the space occupied since 2000 by Turco's in downtown Yorktown next week.

"Our business model is very similar to what customers have enjoyed for years at Turco's," said Carl DelPrete, Co-founder and Chief Executive Officer of Uncle Giuseppe's Marketplace. "Uncle Giuseppe's Marketplace looks forward to introducing the loyal Yorktown customers to some of the

unique offerings we've become known for; like our sauces, artisanal pasta, fresh mozzarella cheese and, olive oil."

Uncle Giuseppe's Marketplace is a family-owned business that has been operating on Long Island and New Jersey for more than 20 years. The full-service supermarket features a gourmet Italian theme and upscale design and prides itself on its specialty offerings. The new market marks the brand's seventh New York location and eighth overall.

"Turco's has been known for its courteous employees, fine products and an array

of specialty departments. Uncle Giuseppe's Marketplace has taken pride in the same and is looking forward to welcoming the current Turco's employees into the Uncle Giuseppe's family as well as adding additional full-time and part-time positions from the surrounding area," said Adam Giovia, Uncle Giuseppe's Marketplace Vice President.

Uncle Giuseppe's is expected to officially take over the reins from Turco's on Monday, October 21. A renovation and expansion of the Downing Drive store is planned in 2020.

"We've been friends with Turco's own-

ers, Preston and Evelyn, for many years and admired their dedication to the customers and their business," said Philip DelPrete, Co-founder and President of Uncle Giuseppe's Marketplace. "Preston and Evelyn have built a long-lasting foundation in Yorktown Heights and have cultivated a truly unique vision for the store that is memorable, classic, and successful. It is a credit to them and their employees' hard work. We are excited to continue their legacy."

For more information about Uncle Giuseppe's Marketplace, visit [www.UncleG.com](http://www.UncleG.com).

# Yorktown Man Killed in Three-Car Crash on Taconic

BY RICK PEZZULLO

A Yorktown man was killed in a three-car crash on the Taconic State Parkway in the Town of East Fishkill October 8.

According to State Police, an investigation revealed William T. Faint, 62, of Yorktown, was traveling east on Carpenter Road in a 2006 Ford Taurus when he attempted to cross the Taconic State Parkway, and failed to yield the right-of-way to two southbound vehicles. A 2016 GMC Sierra, operated by Alan B. Kinghan, 60, of Croton-on-Hudson, and

a 2010 Toyota Matrix, operated by Rachel A. Rosales, 60, of New York, NY, simultaneously struck the Ford Taurus.

Faint's vehicle spun before striking a utility pole. Life saving measures were employed, but Faint was pronounced dead at the scene.

Kinghan and his passenger, Richard W. Smith, did not suffer any injuries. Rosales and her passenger, Mary S. Nessinger, both sustained non-life-threatening injuries, and were transported to Vassar Hospital by EmStar.



Two of the cars involved in fatal accident.



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# December Vote Set for Controversial Somers Sewer Project

BY NEAL RENTZ

A vote on the controversial proposal to create a sewer district in Lake Lincolndale and Lake Shenorock in Somers will go before the voters in December.

The Town Board voted unanimously October 10 to schedule a special meeting on October 16 at 4:30 p.m. to set the date for the special election to determine the fate of Sewer District #2.

The issue of creating the district has been debated at several recent Town Board meetings, with most residents opposing the project.

If residents approve the new district in December, the Town Board would need approval from the Westchester County Board of Legislators to expand the county sewer treatment plant in Peekskill and the proposed sewer district plan would also need to be okayed the office of state Comptroller Thomas DiNapoli.

The proposal would ultimately cost about \$62 million and town officials have said they are actively applying for grants to reduce the cost of the project. Somers is eligible to use \$10 million from the New York City DEP for the first phase of the project.

Costs would include capital construction, buy-in to the county sewer district for 10 years (which would cost between \$170 and \$184 annually) and annual operations and maintenance costs.

The plan is to complete the project in three phases. The first phase, which would

include 65 properties in Shenorock and Lincolndale, would cost between \$10 and \$13 million. The second phase, which would include parcels in Shenorock, would cost between \$28.1 and \$30.1 million. The third phase, which would include properties in Lincolndale, would cost between \$21.1 and \$22.1 million.

The cost for the average home in the new district would be \$1,200 annually at full buildout, but the town is looking to reduce the cost by obtaining state and federal grants.

The plan is to ultimately have 985 properties included in the sewer district. The town is planning is to take out a 30-year bond to pay for the project.

Opponents of the project continued to express many concerns at last week's meeting. Resident Linda Luciano was one of several residents in the area who said last week they were not made aware that the town had been working on the creation of the sewer district for two years. Many residents have not read the town's report on the proposed sewer district, she said. In addition, she said residents should have been asked for their input before the town moved forward on a formal proposal for a new sewer district.

Luciano said more than 200 residents in both lake communities have signed petitions seeking the referendum. She added the report from the town's consultant had inaccuracies including leaving six properties off the map.

Rather than installing sewers, Luciano maintained the town should seek alternatives to preserve water quality in the area, including controlling runoff that contains road salt during the winter, adding the town has not gone after people in the areas with failing septic.

"There are so many things that are unfair with this project," Luciano said.

Councilman Richard Clinchy said the \$10 million is only being provided by the New York City DEP for sewer projects.

Steven Robbins, project manager for Woodard & Curran, which has been hired by the town to create the sewer district for Lake Lincolndale and Lake Shenorock, addressed several questions asked by residents at last week's Town Board meeting. Several residents chided the town for allowing representatives of Woodard & Curran to attend another meeting October 3 rather than be at the Town Board meeting.

Robbins said residents in the proposed district would need to give their approvals prior to work being done on their land. Horton Estates are condos and are not R-10 single-family homes and that is why they were not included in the proposed district, he said. In response to a question from Clinchy, Robbins said if Horton Estates residents want to enter the sewer district they would need to petition the town for inclusion.

According to the DEP, septic place unhealthy nutrients into groundwater and make their way to waterways to damage

water quality even if the septic systems are not failing, Robbins said.

Town Attorney Roland Baroni said to be eligible to vote in the special election a person or company would have to own at least one property in the proposed district. If there are more than one person is on a deed, each person would get a vote. A company that owns a vote will also receive one vote, he said. A person does not need to live in the proposed district to have a vote, Baroni said. The vote limit would be one per person or company.

The deadline for petitions to create the referendum was October 11 and the vote will need to be taken between December 11 and 25, Baroni said.

Supervisor Rick Morrissey said he supported the concept of holding a referendum. "This is a good thing," he said. "Everyone has a vote."



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**Michael Grace**  
District 4



**Bob Outhouse**  
District 9

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For more Info :  
FrankCatalina.com

Somers, Yorktown,  
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**Lauren Brady**

CITY COUNCIL CANDIDATE  
**Marlon Mahon**

For more info, visit [PeekskillTogether.com](http://PeekskillTogether.com)



# Obituaries

## Cordelia Greer

Cordelia "Candy" Campbell Greer, beloved teacher, mother, grandmother, great-grandmother and longtime Peekskill resident, died October 5 in West Henrietta, NY after a long illness. She was 87.

She was born January 13, 1932 in Chattanooga, TN and was a resident of Peekskill for past 40 years. She was a graduate of Alabama A&M, Columbia University and Hunter College. She was a member of Delta Sigma Theta sorority and was a defense of her dissertation short of her doctoral degree. She taught English and French in Port Chester Junior High School from early 1960's through late 1970's and then taught English at Lakeland Senior High School in Shrub Oak throughout the 1980's from where she retired.

She was an active member of Annsville Baptist Church. A coloratura soprano, she appeared on the "Ted Mack" amateur hour television program.

She is survived by sister Diane Lawrence of Chattanooga, TN, daughter Greta Greer-Kalmer of Cortlandt Manor, NY and son LeRoy S. Greer, III of West Henrietta, NY., devoted and loving in-laws Amy Greer and Robb Kalmer, five grandchildren and 4 great-grandchildren. She was predeceased by her husband Leroy S. Greer of Chattanooga, TN.

## Christina Rasbeck

Christina L. Rasbeck died suddenly October 7 at her home in Peekskill. She was 72.

She was born in Peekskill to Harold "Doc" Rasbeck and Elizabeth Chapman



Christina L. Rasbeck

Rasbeck (Betty) and was a lifelong resident of the city. She was predeceased by her brother Peter. She is survived by her sister Katrinka Howe (Tinka) of Lake Placid, Florida. She is also survived by her three children Michelle Manzer Barrera (Shelly) Chapman Manzer (Chappy) and Katrina Gans and her granddaughter, Samantha Chapman Manzer.

She graduated from Peekskill High School and the State University of New York at Potsdam. She spent most of her career as an educator in different programs for at risk students and people with disabilities. She was known for her creativity. She enjoyed sewing, art, gardening, cooking and listening to music. She also enjoyed spending time with her family and friends.

## Nancy Ellen Michalko

Nancy Ellen Michalko, a resident of Putnam Valley, died October 3. She was 77.

She was born in New York, NY on April 28, 1942. She was a nurse for more than 40 years. She loved cooking for her family and traveling with her husband of 60

years, Nicholas Michalko. She was also an avid Rangers fan.

She is survived by her devoted husband Nicholas, five loving children: Teri (Timothy) Gerstner, Nicholas (Susan), John (Julie), Julianne Serino (fiancé Bill Scherpf), and Christopher (Renee). She is also survived by her cherished grandchildren: John (Kathryn), Benjamin, Michelle (Emre), Timothy, Nicholas, Lyndsey, Jennifer, Anthony, Courtney, Alexa; three great-grandchildren: Alynn, Scarlett and Oliver; two sisters Peggy Vargas and Helen (Ron) Cronin, and many nieces, nephews and extended family. She will be greatly missed.

## Helen Millicker

Helen DeMaria Millicker, a resident of Cortlandt, died October 5. She was 85.

She was born in Peekskill on July 26, 1934 to Michael and Helen Pisani DeMaria. She graduated from The Assumption School and Peekskill High School, Class of 1952, as well as SUC in New Paltz in 1956. She taught in Van Cortlandtville School.

She married John Millicker on April 17, 1960 in The Church of the Assumption. They had four sons: John (Shannon), Glenn, Michael (Karen) and Paul (Martha).

She is survived by her husband John, nine wonderful grandchildren: Anastasia, Michael, Alexandra, Elizabeth, Victoria, Megan, Stephanie, John and Kaitlin. She is also survived by her brother Michael (Nancy) DeMaria and fourteen nephews and nieces, as well as two aunts: Gloria Pisani DeNardo, and Yolanda Pisani (Charles) Heady.

## Sister Jean Mary Michalec

Sister Jean Mary Michalec died October 1 at the Maryknoll Sisters Center in Maryknoll, NY. She was a Maryknoll Sister for 57 years and would have been 80 years old on October 13.

Mary Jean Michalec was born in New Westminster, British Columbia, Canada on October 13th, 1939 to Terezia (Lukacik) Michalec and John Michalec.

From 1953-1957, Mary Jean attended St. Ann's Academy in New Westminster, B.C. She then attended the University of B.C., Vancouver, Canada and graduated in 1961 with a Bachelor of Science Degree in Chemistry. She entered the Maryknoll Sisters Novitiate in Valley Park, MO on October 18th, 1962 from her home Parish of SS Cyril and Methodius (Diocese of Vancouver, Canada). At her Reception she received the religious name, Sister Jean Mary. She made her First Profession of Vows on June 24, 1965 at the Maryknoll Sisters Center, Maryknoll, NY and her Final Vows in Japan on June 20th, 1971.

In 1965, Sister Jean studied Bio-Chemistry at Mary Rogers College in Maryknoll until she was assigned to Japan in 1966. Upon arrival, she began studying the Japanese language and continued her studies in Bio-Chemistry at Sophia University in Tokyo from 1971 - 1972. She earned a Master of Arts Degree in Bio-Chemistry

in 1973.

Sister Jean began teaching Biology and Chemistry at Sophia University from 1973-1983, but also continued her studies and earned a Doctor of Science Degree in 1979. She then returned to the Maryknoll Sisters Center, Maryknoll, NY to serve in the Admissions Office as Director of the Orientation Team from 1983-1986.

She was called back to Japan to teach science once again at Sophia University until 2004. During these years, Sister Jean also engaged in a variety of volunteer work: counseling prisoners, teaching foreign prisoners Japanese and working with migrants and students.

In 2002, she served on the Formators Committee of Women Major Superiors. Sister Jean then helped organize the Committee for Women's Conference, gave English editorial assistance for the National Christian Conference of Japan, and volunteered at Kalakasan Migrant Center all in 2006. She assisted with English Communication for the Apostolic Nunciature of the Holy See in Tokyo in 2008.

In 2014, Sister Jean returned to the Maryknoll Sisters Center, Maryknoll to retire. She began a prayer ministry with a focus on Japan.

A Vespers Service will be held for Sister Jean Mary on October 18 at 4:15 p.m. in the Chapel of the Annunciation at the Maryknoll Sisters Center. A Funeral Mass will follow on October 19 at 9 a.m. also in the Chapel of the Annunciation at the Center

## Timothy Boyle

Timothy J. Boyle of Poughquag, formerly of Verplanck died October 7. He was 70

He was born November 28, 1948 to Timothy J. and Mary (Culligan) Boyle in New York City. He was a hardworking man who retired from Metro North as a 3rd Rail Foreman. As a young boy he attended Rice High School where he set records for swimming (breast stroke). He was a member of the Madison Square boys club where he learned the skill of woodworking and developed a long life passion for it. He went on to proudly serve in the U.S. Army 173rd Airborne Paratroopers during the Vietnam war. He became a member of the DAV.

He was married to the love of his life Jannine Haight on August 27, 1977. On his off time he enjoyed hunting and fishing. He made furniture and he was a master home renovator. He was also a classic car enthusiast. Besides his lovely wife his greatest passion was restoring his 1967 Pontiac GTO.

He is survived by his beloved wife, Janine Boyle; loving sons, Christian Nelson and Shawn Nelson; caring sisters, Patsy Haut, Frances Good, Kathleen Mitchell and Patricia Pittman and his adoring grandchildren, Alisha, Daniel, Raquel, Gloria, Samantha and Austin. He was predeceased by his son Timothy J. Boyle in 1989 and his sister Maureen Lois in 1994.

## Elaine Gaffney

Elaine F. Gaffney, loving wife, mother, grandmother and resident of Yorktown, died October 9. She was 88.

She was born in West Haven Ct. on October 27, 1930 to Harold and Grace Thibeault. She had three siblings, brothers Harold and William and sister Patty. After high school she graduated from St. Agnus School of Nursing and became a traveling nurse. After raising her children she returned to the workforce at Westchester Community College in Valhalla. She married John Gaffney on June 23, 1956 in West Haven, CT. They originally settled in Massachusetts, where their three children were born. In 1965, the family relocated to Yorktown where she resided until her passing.

She is survived by her three sons; Dennis (Linda), Donald, and Robert (Debra), and four grandchildren; Matthew, Jaclyn, DJ, and Andrew and her sister Patty and brother-in-law Richard and their family and her nephew Joseph, son of her brother Harry. She was predeceased by her husband John on January 7, 2013, and brothers Harry and William.

## Gerard Blenkle

Gerard L. Blenkle, a resident of Yorktown, died peacefully October 9 with his family by his side. He was 83.

He was born October 7, 1936 in Jamaica NY to proud German immigrants, Arthur and Emma Blenkle. After obtaining his electrical engineering degree from Polytechnic Institute of Brooklyn, he served honorably in the United States Army as a Lieutenant in the Army Corp. of Engineers, in both active and reserve duty. On October 8, 1960, he married the love of his life, Christa Hartmann. Culminating a rewarding and distinguished professional career. He retired in 1994 from Con Edison, where he was an Electrical Engineer since 1959. He and Christa then began their second career as grandparents and snow birds, spending winters at their Florida home. He loved traveling with his wife and especially visiting family and friends along the way.

Mr. Blenkle was most proud of his family, and did not miss an opportunity to share in the joys and accomplishments of his children and grandchildren. An avid sports fan, he spent many hours following his favorite teams - the Mets and Jets, playing golf, and attending Spring Training Camp with anyone he could get to go with him. He was proud to be invited as a regular guest to the MLB Alumni dinner for the last 20 years and was friends with many Hall of Fame Baseball players. He was an active parishioner of St. Patrick's Church in Yorktown where he participated in the DDA, Cursillo and Marriage Encounter programs.

He is survived by his loving wife Christa, sons Gerard Blenkle (Christina), Rev. Joseph Blenkle and Robert Blenkle (Lisa). He is also survived by his four adoring grandchildren - Robert, Thomas, James and Elizabeth. He was predeceased by his brother, Arthur Ble



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## Letters to the Editor

### Disqualifying Conflict of Interest in Yorktown

#### To the Editor:

The Yorktown Chamber of Commerce does not belong in the debate business. It never did. Nor would any organization with 3 active candidates on its board, all from the same party.

The ethical conflict is glaring, obvious and undeniable. The good faith of the Chamber's proposed debate moderators or other Chamber personnel is not in question, but also not relevant. Because no amount of good intentions suffice to cure the transparent conflict of interest.

Judges who know a party recuse themselves from that case. Jurors who might have an interest in a matter do not sit. Former Attorney General Sessions famously recused himself from supervising Mr.

Mueller's investigation.

These types of recusals are routine, standard ethical practice. These officials do not remove themselves because they are incapable of being fair or because they intend to be unfair. Their good intentions are not relevant. They step aside because sound ethical standards demand it.

It is true that the Chamber has historically run Yorktown debates. It is also true that this practice is an extraordinary outlier in the county. Yorktown's Chamber is the only one in northern Westchester involved in debates.

The League of Women Voters sponsors, manages and moderates the debates in virtually every other neighboring community. They are a universally recognized neutral

arbiter. They employ internal standards and procedures that ensure fair debates.

The Chamber should remove and recuse itself from the debate question. That is the right thing to do. And the Republican party needs to step up now and join with us to organize a League of Women Voters run and moderated debate.

We have provided Republican leadership with the League's contact information for that purpose. We await their response. The voters of Yorktown deserve a debate process that is above reproach and in keeping with the standards of surrounding communities.

**ELLIOT KROWE & RON STOKES**  
Co-Chairs Yorktown Democratic Committee

### Yorktown Candidate is a Fish Out of Water

#### To the Editor:

As a retired librarian I am familiar with an absurdist work by Pirandello called "Six Characters in Search of an Author." The present political climate could be titled "Three Candidates in Search of an Issue," because the three Republicans running seem to be flopping around like a fish on a pier looking about unsuccessfully for something to criticize Lanny Gilbert. Matt Slater, in particular, has shown a woeful lack of knowledge about how the town operates. It seems his main qualifications are: I have a nice looking family and I am a Yorktown resident. He also seems to be taking credit for everything that emanated from Sen. Murphy's office.

We should notify residents when the town uses pesticides. (We don't)

Criticizing the state of our parks. (The head of Parks & Rec took umbrage at this and wrote a long letter explaining how incorrect this was and what they were actually doing.). Criticizing not trying to procure a grant. (We were not eligible for it.)

All three Republicans have suddenly discovered that the Town of Yorktown has veterans residing in it and are busily getting photo ops. Our State Senator Harckham is way ahead of them on this.

Slater took it upon himself to contact the owner about the empty Food Emporium. Lanny has been working behind the scenes on this. And it is quite presumptuous of Slater to do that as a private citizen, which is in fact what he is.

If there is something we can "criticize" Lanny Gilbert for it is not tooting his own horn about his many accomplishments in the year and 3/4 he has been in office: paving roads, installing generators in Town buildings, getting funds from the pipeline people to keep our taxes down, replacing leaking roofs and other infrastructure neglected by the previous administration. And much more.

It's been far better having a supervisor serving Yorktowners full time and no one else. The inability of the opposition candidate to find a real issue is apparent. This

sad "Look here.....no....look over here" scrounging for fake issues will continue until we vote. Those of us, who are long time Yorktowners, know that we have been best served by Republican (Nancy Elliot) and Democratic (Alfred Capellini) supervisors, who later in their lives entered politics (and both somewhat reluctantly). Their motivations were both clear and unchallenged, as is the case with Supervisor Gilbert. All three cut their teeth elsewhere before seeking the Supervisor's position. There's no need to go further than to point out that experience counts and that the motivation of a young candidate (with no recognizable non-political experience) to get into politics should be highly suspect.

I (for one) am not ready nor do I want to go back to the highly controversial headlines of the past administration. I continue to be relieved to have Lanny's calm, patient hand at the helm.

Respectfully,

**GRACE OSTERMANN**  
Yorktown

### Thank You Supervisor Gilbert for Refurbished Tennis Courts

#### To the Editor:

Thank you Supervisor Gilbert and Recreation Commission Chair Quast for our nine beautiful, newly refurbished tennis courts.

As avid tennis players, it is hard to express the sadness and frustration we felt over the years as lack of funding led to the deterioration of our tennis courts to the point where six courts had to be closed and those still open were covered with cracks sprouting grass. Though we had met with the Parks and Rec staff who had drawn up specifications for the work, and actually put

contracts out to bid, the town board continued over the years not to fund the work.

What changed? Shortly after Supervisor Gilbert took office in 2018, he met with a group of tennis players to hear our concerns and listen to our suggestions for what needed to be done and when. He didn't promise he would be able to find the money, but he promised to try.

So again, the Rec department drew up the specifications and put the contracts out to bid. But this time the new town board approved the contracts and we now have nine superb courts!

Thanks Supervisor Gilbert and Town Board, thanks Recreation Commission Chair Quast and the entire Recreation Commission and Department for getting this done for the Yorktown tennis players.

**LARRY KILIAN**  
**MICHAEL J. MULDOON**  
Yorktown Heights



## Letters to the Editor

### Peekskill Reads Book Drive

#### To the Editor:

PEEKSKILL READS is holding its 18th annual book drive from October 10 through October 25.

The Peekskill Reads book drive is a community event aimed at getting books into the homes of our younger children. Residents donate new or gently used books for children 12 years or younger. These books are then given to children, at no cost,

during an open, public event, "Men Who Read to Children."

To donate new or gently used books for children aged 12 years and younger, simply drop the books at the Field Library's Children's Room at 4 Nelson Ave. Please make sure the books are clean and in good condition. Residents and local businesses have been extremely generous in the past, donating over 1,000 books to each of Peek-

skill Reads' book drives. We are hoping to match or exceed that number this year.

All research shows that early intervention is the key to children attaining good reading habits and children who have books in their homes are far more likely to read. The event, "Men Who Read to Children," will take place on Saturday, October 26, 11 a.m. -2 p.m. at the Field Children's Library in Peekskill.

Peekskill Reads is a community-based organization that actively supports comprehensive, community-based literacy programs and the education of Peekskill's children. The only requirement for membership is a desire to actively volunteer in supporting literacy and education in Peekskill.

**DREW A. CLAXTON**  
Co-founder, Peekskill Reads

### Vote for Progress in Peekskill, Vote for the Democrats

#### To the Editor:

Andre Rainey, Kathie Talbot, Vivian Cyndi McKenzie and Patricia Riley are running for re-election. These experienced city leaders have a strong, consistent record of success. They are committed to progress, positioned for prosperity and invested in you, the people of our vibrant and diverse community.

Since 2008 the Democratic majority on Peekskill's Common Council has worked to ensure our city's affordability, diversity and financial stability. By taking the long view,

they have successfully positioned Peekskill to prosper, and Peekskill is growing:

- Current construction of a residential/commercial building on Park and Broad
- Current construction of senior apartments on Crompond Road
- Completed revitalization of the Welcher Ave. Blue Mountain Shopping Plaza
- Completed planning and soon to break ground for mixed income units on Main St.
- Opened Gateway Townhomes on Main St.

- Opened The Lofts apartments and retail stores on Main St.
- Hi-tech Bantham Tools relocating to Peekskill.

We are also expanding at the riverfront: A new section of the River Trailway will open next month, the engineering plans to restore and expand Fleischman's pier have been completed and the City has applied for a \$2 million grant to pay for the work. Have you walked the Trailway? Taken your children to the playground? Attended a summer concert? Gone to some of the sea-

sonal festivals? Enjoyed riverfront dining or ice cream? Visited the Factoria for family food and fun? If you see this as progress for Peekskill, vote to continue it by giving the Democratic candidates another term.

Early voting is available from Oct 26-Nov 3 at Peekskill City Hall. On Election Day, November 5, vote to re-elect Mayor Andre Rainey, Councilwomen Kathie Talbot, Vivian Cyndi McKenzie and Patricia Riley.

**YAO LAWRENCE CUNNINGHAM**  
Peekskill Resident of 22 years

### Democrats Have Kept Promises in Peekskill

#### To the Editor:

Pete Seeger, (R.I.P.), first sounded the call and it's needed more today than perhaps ever before. I truly believe in "People before Party" but that was back when you could pick and choose between a range of policies that each side supported and left you with some candidates from one side of the bench and others from across the aisle.

That was before one party, co-opted by a narcissistic and totally ill equipped President, suddenly betrayed values you might have con-

sidered important, like protection of our environment, preservation of national parks and wildlife, infrastructure development, responsible fiscal budgeting, respect for rule of law and advocacy of free trade. ...all past Republican values that have been turned into a joke and trashed by this present Administration.

So before you cast your vote in local elections this year, please take a moment to review which party now advocates for these values including programs for our less fortunate; support for working class families, single Moms

and union workers, a higher minimum wage, assistance to small business owners, affordable education for your kids, clean air and water, conversion from fossil fuels to clean energy and protections for our wildlife and national parks.

At one time, you might have been bipartisan, split your vote and selected candidates supportive of these issues from either Party. Today, that option is off the table as only one Party continues to represent your interests.... only one party is committed on a National,

State, County and City level to protect your children and grandchildren going forward.

I urge you to join me on Nov. 5th in voting across the board for the local and County Democratic slate that will guarantee progress in all these areas - Council Legislator Colin Smith, Mayor Andre Rainey, Deputy Mayor Kathleen Talbot, Council persons Vivian McKenzie, Patricia Riley. Promises Made.... Promises Kept!

**JAY FORBES**  
Peekskill

### PV Library and Community Need to Coexist

#### To the Editor:

Three years ago, the library board introduced proposition 414. It was a 9.5% \$27,000 budget increase, and where they were to become their own government entity, a third local government. If passed, we were told there would be no library budget increase for five years. If not passed, the insinuation was that the library would cease to exist as we know it.

The proposition was voted down by a substantial majority of over 2,800 residents. This should have sent a very clear democratic message to the library board, but it didn't, it fell on deaf ears.

Here we are only three years later and this time it is a 28% \$90,000 increase (three times the original request) while sitting on a \$150,000 cash reserve without any financial explanation other than a "que sera sera" approach with the over use of the word "Sustainable" and lack of specifics like, "We'd like to plan on not doing this for the next few years."

They clearly lack the budgetary experience of our elected town board members

who currently oversee the library budget. In spite of their dire predictions three years ago, if the 414 didn't pass, the library has not only survived, but have provided the community with more than an adequate service. In the words of our town Supervisor the library board "have enhanced the library services 100 times."

Having attended the 10/7/19 library board meeting which had a disappointingly low turnout and didn't have the robust sup-

port that has been portrayed, there is no doubt they are a sincere, passionate and a hardworking group. In their love for the library, it seems that love has blinded them from the reality of the declining need of the library.

Our seniors, who once depended on the library, now have an incredible and very active senior center, provided by the County with its own library. Our school district (with its own library system) enrollment has declined

12.75% over the last ten years with steeper declines predicted. The biggest contributor to the lessening need is technology.

No one is saying it shouldn't exist, but it shouldn't over exist, it would be great if it could coexist. That gives our library and our community the best hope of surviving into the future.

**PATRICK J. CRONIN**  
Putnam Valley

### Borgia Has Been an Outstanding Public Official

#### To the Editor:

With much enthusiasm I will be voting for Catherine Borgia for re-election to the Westchester County Board of Legislators on November 5th.

Catherine has been a strong and innovative leader in county government. She presently serves as chair of the Budget Committee - a most important committee that analyzes and determines how to allo-

cate county dollars for services to us and our communities. The budget is \$1.9 billion so we need someone representing us that understands what needs to be funded and to critique how our tax dollars are spent.

Catherine always demonstrates her curiosity and engagement with issues. She introduced and led the fight for a salary history ban during employment interviews to bring gender equality to our work expe-

rience, for earned sick leave so employees don't come to work and make us all sick, for the children's product safety act, and for tax credits for renewable energy homes. These are just some examples of the work she has done to enhance life in our county.

Before Catherine was a county legislator, she served as the Ossining Town Supervisor and again demonstrated her lead-

*Continued on page 10*



# Congresswoman Lowey Won't Seek Reelection in 2020

BY MARTIN WILBUR

Congresswoman Nita Lowey will not run for re-election next year, ending her 32-year congressional career representing parts of Westchester and Rockland counties.

Lowey, 82, a Harrison Democrat who represents New York's 17th congressional district, made the surprise announcement last Thursday morning.

"After serving in the United States Congress for 31 years, I have decided not to seek re-election next year," Lowey said in a prepared statement. "It is my deep honor and privilege to serve my community and my country, and I will always be grateful to the people who have entrusted me to represent them."

When the Democrats took control of the House of following the 2018 mid-term elections, Lowey rose to become chair of the powerful Appropriations Committee.

Westchester Democratic Chairman Reginald Lafayette said he was surprised by her decision but she probably felt that she had accomplished everything she set out to do.

"I think she left a good legacy," he said. "She's a hard-working member of Congress and a champion for the district."

There was plenty of praise and some surprise from Democratic leaders. County Executive George Latimer said Lowey will be missed.

"Westchester County owes a heartfelt



CONGRESSWOMAN NITA LOWEY

thank you to U.S. Congresswoman Nita Lowey for her years of dedication to this county, and love of the people who live here," Latimer said. "She is one of our own, a proud Westchester resident who has fiercely advocated to make her district everyone's top priority. Her impact will be felt for generations and her energy, quick wit and warm smile has become a fixture in

Westchester. Her presence as our representative in Congress will be sorely missed."

Looking ahead, Lafayette and William Serratore, executive director of the Westchester County Democrats, expected plenty of interest in the seat in the November 2020 election from both sides of the aisle.

"Whenever there's an open seat, whether it's for the Congress or the Senate of down to local council races, it's always attracts a lot of attention," Lafayette said.

Serratore said before last week he hadn't heard any discussion about Lowey's plans to retire. However, he knew of three or four Democrats who were seriously thinking seriously about lining up for next year's primary. Thus far, Assemblyman David Buchwald (D-White Plains), who jumped into the race on Sunday (see related story) and Mondaire Jones, a Rockland County attorney, have officially declared their candidacies.

Having at least one opponent in a Democratic primary likely was not a factor in Lowey's decision, Serratore said.

"She's had primary challengers previously," he said. "The fact there's going to be primary challengers wasn't particularly problematic. I just think after 31 years and having achieved all that she has and sitting at the head of Appropriations, she might have just said 'You know, my work here is done.'"

Over the past couple of years there has been repeated speculation that one potential Democratic candidate could be former first daughter Chelsea Clinton once Lowey retired. Those rumors have been particularly strong after her parents bought a sec-

ond house in Chappaqua.

Lafayette said he has had no discussions regarding a Chelsea Clinton candidacy with her, her family or any surrogates on her behalf.

Jones, 32, had declared his candidacy on July 8 to force Lowey into a primary, said his campaign spokesperson Monica Klein.

Klein, who said Jones raised \$218,348 in the third quarter, would be the first openly gay black member of Congress if he is elected. Also, he's familiar with the entire district, she said.

"He's lived here his whole life, so he is not someone who's coming in from the outside," Klein said.

Jones, who vowed to bring "bold progressive leadership" to the district and Washington, lauded Lowey on her career.

"As a trailblazer for women and minorities such as myself, Congresswoman Lowey set an example and has made it easier for people like me to run for office," he said.

## Letters to the Editor

### Borgia Has Been an Outstanding Public Official

*Continued from page 9*

ership skills through consolidation efforts to combine police services and the village and town courts. Change is not easy but Catherine convinced the public that these measures would bring savings to the community and provide enhanced services.

Please join me and re-elect Catherine Borgia...an outstanding public official.

Sincerely,

**SANDY GALEF**  
Ossining

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A close-up photograph of two young children. The child on the left is seen in profile, whispering into the ear of the child on the right. The child on the right is smiling broadly at the camera. An orange circular graphic is overlaid on the left side of the image, containing the text "Promise lives in...".

**Promise  
lives in...**

**the listeners**

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Judge Dan McCarthy is a lifelong resident of Cortlandt with over 25 years of public service to the community. As our judge, Dan has demonstrated he has the experience and temperament to efficiently and effectively handle the issues and caseload that come before the Court. Having a strong judicial system which protects our rights while ensuring our safety is vital for Cortlandt's continued success as a community.

RE-ELECT JUDGE DANIEL

**McCarthy**  
CORTLANDT TOWN JUSTICE

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**VOTE TUESDAY, NOVEMBER 5<sup>TH</sup>**

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## "Meet & Greet" at our Open House



Newcomer's coffee hour is geared towards seniors new to the area, those whom have never visited the center, or those recently becoming a "senior".  
\*

Meet the staff and find out all about what the Town of Cortlandt offers it's senior citizens!

Light refreshments will be served

**Location:** Muriel H. Morabito Community Center  
(29 Westbrook Drive, Cortlandt Manor)

**Date:** Sunday, October 27, 2019

**Time:** 11:00am-1:00pm

**Fee:** FREE!



For further information please call Dawn at (914) 528-1572

<b>SAT / OCT</b> 12PM-5PM <b>26</b>	<b>SUN / OCT</b> 12PM-5PM <b>27</b>	<b>MON / OCT</b> 8AM-4PM <b>28</b>
<b>TUE / OCT</b> 12PM-8PM <b>29</b>	<b>WED / OCT</b> 8AM-4PM <b>30</b>	<b>THU / OCT</b> 12PM-8PM <b>31</b> 🎃
<b>FRI / NOV</b> 8AM-4PM <b>1</b>	<b>SAT / NOV</b> 12PM-5PM <b>2</b>	<b>SUN / NOV</b> 12PM-5PM <b>3</b>

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### **The Westchester Bank Opens in Ossining**

The Westchester Bank announced the opening of its newest branch located at the Arcadian Shopping Center, 240 South Highland Avenue in Ossining on October 7. As the county's leading community bank and one of the nation's fastest growing, The Westchester Bank now has a total of seven branches with the inclusion of Ossining. Local dignitaries in attendance included Victoria Gearity, Mayor, Village of Ossining, Dana Levenberg, Town Supervisor, Town of Ossining, and Assemblywoman Sandra Galef, along with Karen D'Attore, Village Manager, Tom Warren, Village of Ossining Treasurer, Jackie Shaw, Town Council Member and Gayle Marchicha, Ossining Chamber of Commerce President. "We couldn't be more excited to bring community banking at its best to the people of Ossining. The town has a rich history with the diversity and eye towards the future that the Bank finds very attractive. We look forward to building new relationships, forging new business partnerships and supporting worthy local organizations," said John M. Tolomer, President & CEO of The Westchester Bank.



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*The Artis Way* of exceptionally personalized and respectful Memory Care is coming to Briarcliff Manor in 2020 in a brand-new, custom-designed community that honors and supports each resident as the unique individual they are.

## **Being My Mom's Mom**

*Presented by Loretta Veney, CPP*

A journey through dementia, *Being My Mom's Mom* invites attendees on a personal journey before and after the onset of dementia. Personal vignettes highlight the heartache and humor associated with this life-changing disease. Attendees will be offered strategies taken from real-life experiences to help them build the best care team for loved ones and make the most of every day.

**Tuesday, October 29**

5:00 - 5:30 p.m. Dinner & Registration  
5:30 - 7:30 p.m. Presentation

Being held at: **Terra Rustica**

550 North State Road  
Briarcliff Manor, NY 10510

**To RSVP, or for more information, please call 877-287-3715  
or visit [www.TurnToArtis.com/Examiner](http://www.TurnToArtis.com/Examiner)**



**WELCOME CENTER:** 520 North State Road, Suite 101, Briarcliff Manor, NY 10510  
**COMMUNITY LOCATION:** 553 North State Road, Briarcliff Manor, NY 10510



Briarcliff Manor



# Bewitching SAVINGS & DEALS!



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## PUMPKIN PATCH

At the JV Mall!  
Sun, October 27, 2019  
11:00 AM -  
12:30 PM

We are moving the pumpkin patch indoors! Come in costume and pick your perfect "forever" pumpkin from our patch and decorate it. Enjoy trick or treating, costume contests, and yes...the DJ will be pumping the music, the bubbles will be blowing and the confetti flying! Visit the art stations, get a tattoo, enjoy pizza and more!

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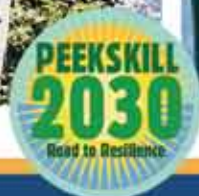
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**VOTE Nov. 5**

**EARLY VOTING**  
At City Hall – Oct 26-Nov 3



# GOP Councilmen Demand Town Attorney Be Replaced

*Continued from page 1*

bert to replace Michael McDermott as town attorney since the Democrats now held a 3-2 majority on the board.

"This is called a quid-pro-quo," Diana charged. "Not only was there a complete lack of transparency regarding the negotiations between Supervisor Gilbert and Mr. Oxman but the supervisor, who has been an attorney for over 35 years and a former town judge, should have known that any negotiations with the Oxman Group while they were suing the town was completely improper."

"Supervisor Gilbert led the charge to approve the hiring of the Oxman Group to take over the town's entire legal services," said Lachterman. "It has now been confirmed that due to Mr. Oxman's conduct, suing the town, that hiring process was in fact ethically compromised despite my repeated objections."

Oxman, a former town justice in Yorktown, stressed he had never had a complaint filed against him previously in his 50-year legal career and contended the decision from the Grievance Committee was supposed to be private and confidential.

He accused Lachterman and Diana, who are both seeking new four-year terms on November 5, of dirty politics.

"I believe this is out of the Donald Trump playbook," Oxman remarked. "The timing of this is not coincidental. If someone wants to accuse me of being partisan, guilty! I'm a Democrat. So, what's the story here, that Marc Oxman was admonished by the Grievance Committee? Hell no, The story is that the Yorktown Republican Party repeatedly goes after well respected Democrats in an endeavor to promote their own political self-interest. It's vile and repugnant practice, and it must be called out."

During the press conference, Oxman confronted Diana and Lachterman and asked if they had any problems with the representation from his firm. Lachterman said he had some issues with some of the advice given by Abbate, while Diana said he was bothered by the lawsuit Oxman filed against the board on behalf of Cifone.

"The Oxman law firm sued us. I don't

appreciate being sued by a firm that took over representation of me," Diana said.

Abbate, who was also on hand for the press conference, said neither Diana nor Lachterman have ever expressed any concerns to him.

Oxman explained how his dual representation occurred. "Prior to my appointment as Yorktown town attorney in January of 2018, I properly transferred the case to another attorney. The case then lied dormant for months, for the reason that the relief sought, an injunction to prevent payment was after the fact. The improper payment of Grace's attorney fees had already been made. The case ef-

fectively being over, I omitted to assign the representation of the town board to outside counsel. It slipped my mind...oops."

Diana and Lachterman also accused Gilbert and councilmembers Alice Roker and Vishnu Patel of "pushing forward" the vote of their strenuous objections, charging "the illicit quid-pro-quo was certain to hinder objective non-partisan legal representation on behalf of the town."

Roker, who stood next to Patel throughout last week's press conference, didn't take kindly to Diana and Lachterman's accusations and called them out on it.

"What is the quid-pro-quo?" Roker asked Lachterman. "When you continue to bring it up that concerns me."

At Tuesday night's (October 15) meeting, Diana and Lachterman are proposing two resolutions. The first will issue a new RFP for legal services for the town. The second seeks separate counsel for them, citing no confidence in Abbate or the Oxman Group.

They added they felt they needed to publicize the Grievance Committee's ruling after an opinion from the town's Ethics Board regarding a matter with Patel releasing information to the media was not made public for six months.



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# Five Ways to Fight Cancer with Your Fork

BY PATRICIA TALIO, MS, RD, CDE, CDN,  
REGISTERED DIETITIAN AT NORTHERN  
WESTCHESTER HOSPITAL (NWH)

Proper nutrition is essential to cancer prevention. While no single food can completely protect you against cancer, studies show that diets rich in a variety of healthy foods can offer the strongest cancer protection. Here, I'll discuss five ways you can fight or prevent breast cancer with your fork.

### 1. Eat the rainbow

A complete diet includes foods of many naturally occurring colors. This is because natural foods get their color from specific vitamins and antioxidants; for example, red foods get their pigment from anthocyanins, an antioxidant that can help prevent cell damage. A diet consisting mostly of white, processed foods — or even whole foods from just one or two color groups — is not as nutritionally complete as a varied diet.

Diets comprised mostly of plant-based foods aid in the prevention of breast cancer. Limit your consumption of red meats (beef, pork and lamb) and processed meats (most deli lunchmeats). When eating meat, choose fish or poultry.

Be sure to eat berries and dark green, leafy vegetables. These fruits and veggies contain flavonoids, powerful antioxidants with anti-inflammatory and immune system benefits. You should be eating two cups of fruit and two-and-a-half cups of vegetables every day.

When we follow a colorful, (mostly) plant-based diet, we also have a diet higher in fiber and lower in calories. Maintaining a healthy weight is the number one recommendation for the prevention of breast cancer.

### 2. Up your omega 3's

Omega-3 fatty acids, found in seafood (like wild salmon, atlantic mackerel, sardines, black cod, anchovies, oysters, tuna, and rainbow trout), can help prevent breast cancer by activating specific genes that block the pathways responsible for tumor growth. Women should be eating two to three portions weekly.

### 3. Fiber, fiber, fiber...

You should be eating 25 to 30 grams of fiber per day. Foods that contain fiber can help you maintain a healthy weight and lower your risk of breast cancer, diabetes and heart disease. To increase your fiber, add the following to your grocery list: 100% whole grain or whole wheat bread, barley, brown rice, beans, peas, and other legumes.

### 4. Spice it up

Research has shown that spices such as allspice, basil, caraway, turmeric, cinnamon, clove and garlic (among others), may lower cancer risk and affect tumor behavior. Adding these colorful and fragrant herbs and spices to our meals is a great way to get vitamins, minerals, and antioxidants in. It helps make our food taste better, too!

### 5. Limit added sugar to 24g a day.

All cells, including both healthy and unhealthy ones, use glucose, a form of sugar, for their energy supply. While it is not necessary to cut all sugar from your diet, it is best to consume simple sugars (candy, baked goods, and fruit juice) in moderation and choose complex carbohydrates (fruits, veggies, and whole grains) more often.

For delicious and nutritious recipes, visit [nwhc.net/recipes](http://nwhc.net/recipes).



Miles For Medals took place Sunday at FDR Park in Yorktown, a Special Olympics event raising funds for local Hudson Valley programs. Somers Special Olympics joined with the Leos and Somers High School cross country team to participate in a 5K run/walk, and was the lead school in fund raising for the event.

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Putnam County

**Brewster Open Door**

155 Main Street, Brewster

Friday, October 25, 2019	10 am
Monday, November 11, 2019	10 am

**Mahopac Public Library**

668 Route 6, Mahopac

Thursday, October 17, 2019	2 pm
Thursday, October 24, 2019	11 am
Tuesday, November 5, 2019	11 am
Thursday, November 14, 2019	5:30 pm

**Town of Patterson Recreation Center**

65 Front Street, Patterson

Monday, October 21, 2019	10 am
Thursday, November 14, 2019	11 am
Tuesday, November 19, 2019	10 am

**To reserve your spot, call 1-833-368-4619** (TTY: 1-800-662-1220)

Monday–Friday, 8 am–6 pm Eastern Time.  
October 1–March 31, Saturdays, 8 am–12 pm.

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For accommodation of persons with special needs at meetings, call 1-833-368-4619.

Westchester County

**Jefferson Valley Mall**

**(Community Room)**  
**(Next to Mall Management Office)**

650 Lee Boulevard, Yorktown Heights

Friday, October 25, 2019	10 am
Friday, November 1, 2019	5 pm
Friday, November 8, 2019	4 pm

**White Plains Galleria Mall**

**(Community Room)**

100 Main Street, White Plains

Monday, October 21, 2019	5 pm
Monday, October 28, 2019	5 pm
Monday, November 4, 2019	5 pm
Friday, November 15, 2019	10 am



The annual election period for MVP Health Care Medicare Advantage health plans is Oct. 15–Dec. 7, 2019. MVP Health Plan, Inc. is an HMO-POS/PPO/MSA organization with a Medicare contract. Enrollment in MVP Health Plan depends on contract renewal.

Y0051\_4476\_M

# Happenings

The Northern Westchester Examiner We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Neal Rentz at nrentz@theexaminernews.com.com.

## WEDNESDAY, OCT. 16

**New York Presbyterian Programs:** Several programs have been scheduled at New York-Presbyterian Hudson Valley Hospital, 1980 Crompond Rd., Cortlandt. A five-week Healthy Heart program will begin Oct. 16 from 5:30 to 7:30 p.m. Registration: 914-734-3576. A Breastfeed with Certainty Prenatal Class will be held on Oct. 16 from 6:30 to 9:30 p.m. Registration: 914-734-3257. Low Carb: Nuts for Cooking will be held on Oct. 17 from 5:30 to 7 p.m. Cost: \$15. Registration: call 914-734-3780 or e-mail hvh-teachingkitchen@nyp.org. The Yorktown Senior Living Fair will be held on Oct. 18 at the Yorktown Community and Cultural Center, 1974 Commerce St. Info: 914-962-5722. The 2019 Harry Chapin Memorial Run/Walk Against Hunger will be held on Oct. 20. The event will be held at Croton Harmon High School, 36 Old Post Road S Info: 914-734-0173. A Breast Cancer Support Group will meet on Oct. 21 from 7 to 9 p.m. Registration: 914-962-6402.

**Somers Library Programs:** Two programs have been scheduled at the Somers Library. Navigating Your Way through Medicare will be held on Oct. 16 from 6:30 to 8 p.m. Understanding and Responding to Dementia will be held on Oct. 17 from 1:30

to 3 p.m. Info: 914-232-5717 or www.somerslibrary.org.

**Life Along The Hudson:** The Presentation By Joseph Squillante will be held from 6:30 to 8 p.m. at the Field Library, 4 Nelson Ave., Peekskill.

## THURSDAY, OCT. 17

**Yorktown Jewish Center Courses:** Several courses have been scheduled for the Yorktown Jewish Center, 2966 Crompond Rd. The Talmud class is held on Thursdays at 10:30 a.m. The Rabbi's class will be held on Tuesdays at 7:30 p.m. Info: 914-245-2324 or www.yorktownjewishcenter.org

**Acting Classes:** Four All Theater Company will be conducting acting classes every Thursday from 6:30 to 8 p.m. at the Field Library, 4 Nelson Ave., Peekskill. Class size is limited. Info: 914-737-1212,

**Race and Faith:** The program will be held at 7 pm. at Grace Lutheran Church, 3830 Gomer St., Yorktown. For additional information, contact jstavans@gmail.com.

## FRIDAY, OCT. 18

**Flea Market:** Oct. 11 through 14 at the Ossining Historical Society Museum, 196 Croton Ave. (Route 133). It will be the last

sale of the season. Info: Peter (914) 941-8180.

**Fun Shabbat/Sukkot Celebration:** Temple Beth Am will celebrate the Holiday of Sukkot with guitar, stories and fun all under the stars. We will have our outdoor communal celebration in the Sukkah, where everyone will have an opportunity to shake the Lulav and Etrog, our meaningful holiday symbols. The beauty and thrill of the Shabbat and Sukkot are open to Congregants

and non-Congregants alike, so come rejoice with us. Temple Beth Am is located at 203 Church Pl. Yorktown. For more information, please call our Rabbi at 962-7500 or email him at rabbiw@optonline.net.

## SATURDAY, OCT. 19

**Bagels and Bible:** All are invited to study the Bible with our engaging Rabbi Robbie Weiner. Bagels and coffee are pro-

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## Town of Cortlandt Upcoming Events for 2019

**First Responders Golf Outing at Hollow Brook Golf Club**  
Monday, October 21st 11:00 am

**5K Run at Cortlandt Waterfront**  
Saturday, October 26th 9:30 am

### Halloween Events:

**Hobgoblin Parade at Cortlandt Town Center**  
Saturday, October 26th 1:00 pm

**Dog Halloween Parade at Cortlandt Dog Park**  
Saturday, October 26th 2:30 pm - 3:30 pm

**Halloween Party @ Community Center**  
Thursday, October 31st 6:00 pm - 8:30 pm

**Tree Lighting and Holiday Celebration at Mongero Park**  
Tuesday, December 3rd 6:00pm

**Winter Wonderland at Youth Center ( a new Event!)**  
Saturday, December 14th (Snowdate: December 15th) 12:00 pm - 6:00 pm

For more information, please contact the Recreation Department at  
(914) 734-1050 or e-mail at tocrec@townofcortlandt.com.

Enjoy these town events and all the events held by our civic groups!

Supervisor Linda D. Puglisi and Town Board





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**ADMINISTRATIVE BUREAU CHIEF/SUPERINTENDENT**  
**OF PARKS AND RECREATION**  
**Annual Salary Range: \$ \$109,775 - \$140,990**

**DUTIES:** Under the general direction of the Director of Operations, directs and manages the overall maintenance, rehabilitation and repurposing of all City-owned facilities, buildings and grounds including all park and recreation facilities. Performs the duties of the Superintendent of Parks and Recreation as described in Section C5-30-5 of the City Code. Serves the City's liaison with not-for-profit agencies concerning recreational facilities, grounds and programs.

**MINIMUM QUALIFICATION REQUIREMENTS:** Graduation from an accredited college or university with a Bachelor's Degree in Business or Public Administration or a closely related field and at least six (6) years of progressively responsible administrative experience in finance, project and construction management or a related field; two (2) of which shall have been in a supervisory capacity.

**NOTE:** A Master's Degree in Business or Public Administration or a closely related field may substitute for one year of administrative experience.

Interested candidates should submit a completed City of Stamford Employment Application and Application Supplement #19-46. Applications can be obtained at

City of Stamford, Human Resources Division, 9th Floor,  
 888 Washington Boulevard, Stamford, Connecticut or at  
[www.stamfordct.gov](http://www.stamfordct.gov)

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**HELP WANTED • CITY OF STAMFORD, CT**  
**TRAFFIC SIGNAL SYSTEM ENGINEER**  
**Annual Salary Range: \$97,131 - \$124,584**

**POSITION:** The City of Stamford is seeking a Traffic Signal Engineer to undertake all aspects of traffic signals, from inception through to operation. The successful candidate should have extensive experience in the field of traffic signal design, implementation and/or operation and will have achieved engineer status or significant experience.

The successful candidate will be expected to demonstrate excellent written and oral communication skills and a strong awareness of signal design, construction, and management. The candidate will work as part of a traffic signal team, overseeing three field technicians and will be expected to demonstrate an ability to use their own initiative to deliver excellence on projects. An efficient and accurate working style with attention to detail is required, and flexibility in order to meet project requirements is expected.

**ESSENTIAL SKILLS, KNOWLEDGE AND ABILITIES:** In depth experience with traffic signal operation, design, and configuration. • Good knowledge of GridSmart design and operation • Ability to engage with the public and the ability to communicate and influence effectively. • Thorough knowledge of a wide range of ITS technologies, including GridSmart, Fiber Optic communication, VMS, and CCTV • Ability to apply management techniques and prioritize responsibilities to ensure work is accomplished by project deadlines • Proven ability to learn new skills and understand complex technical projects rapidly • Excellent problem solving skills and the ability to develop new and innovative ideas. • Ability to work as part of a team and to supervise, coach and mentor subordinates. • Familiarity with State and Federal design processes with respect to signal design.

**QUALIFICATION REQUIREMENTS:** Bachelor's degree in Computer Science; Computer, Civil, Traffic or Transportation Engineering; or a closely related field and three (3) years of progressively responsible experience in the field of traffic engineering, one (1) year of which must have been in computerized traffic signal systems and control. NOTE: A Master's degree in one of the above noted fields may substitute for one (1) year of the general traffic engineering experience. Valid Driver's License.

Interested applicants are advised to submit a fully completed application form along with their resume, listing all related degrees, training and work experience. Incomplete applications or those submitted without a resume will be rejected. Applications of candidates who do not meet the stated position requirements will not be considered. **Position is open until filled.** Applications can be obtained at the:

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 Human Resources Division, 9th Floor  
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 or at  
[www.stamfordct.gov](http://www.stamfordct.gov)

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**HELP WANTED • CITY OF STAMFORD, CT**  
**CIVIL ENGINEER**  
**Annual Salary Range: \$97,131 - \$124,584**

**POSITION:** Under the general direction of the City Engineer or designee, performs supervisory and administrative work in inspection and permit issuance as well as performs plan reviews ensuring the compliance of local and state codes, regulations and practice concerning site engineering and site construction development and inspection in connection with the construction of capital, departmental, residential and/or commercial development projects requested of the department; does related work as required.

**QUALIFICATIONS:** Graduation from an accredited college or university with a Bachelor's Degree in Civil Engineering or a closely related field and seven (7) years of progressively responsible engineering experience in the field of site engineering, construction, and inspection.

**SPECIAL REQUIREMENTS:** At time of application, possession of a valid motor vehicle operator's license and possession of a valid Connecticut Professional Engineer's license. Applicants must attach a copy of their license to the application.

**SCOPE OF EXAMINATION:** Qualified applicants will be evaluated, scored and ranked on their level and quality of related experience, education and training documented on the application and application supplement. Incomplete applications will be rejected.

**APPLICATION PROCESS:** Interested candidates should submit a completed Employment Application and Application Supplement "19-40". Please note: only properly completed and submitted applications will be considered. Applications of candidates who do not meet the stated position requirements will not be considered.

**Position is open until filled.** Application and application supplement can be obtained at the

City of Stamford  
 Human Resources Division, 9th Floor,  
 888 Washington Boulevard, Stamford, Connecticut or at  
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# The Home Library in a Digital Age

In an age when the wealth of human knowledge and culture can be accessed through a tile-sized tablet, many people would assume that we no longer have any need for a library in the home.

This does not necessarily indicate a decline in literacy. In fact, the members of Generation Y are the most avid purchasers of books. Not only should we not judge a book by its cover, we also shouldn't assume it will be printed on paper.

And yet, the printed book still holds its appeal as an artifact, a memento, or an artistic creation, and those who own these objects will want them displayed safely and attractively. (And if their physical presence inspires children to read more, so much the better.)

If you have seen collections of books in other people's homes, you may have noticed how they seem to reveal something about the personality of the collector. In fact, you may want to take a look at your own collection and see if it is conveying a message that meets with your approval. Consider the following distinctive home library types, and see if you recognize yourself in any of them.

A space lined with shelves which are in turn crammed with books, maybe two deep, horizontally stacked, and tucked in every

which way, suggests an academic type who reads widely and deeply. If these books are old editions, or in different languages, we may imagine the reader is a tenured professor in an arcane subject. If the books are stacked popular paper-

backs covering every surface, we expect their owner to be a zealous fiction fan.

A large collection of books on a single subject naturally reveals the occupant's interest, be it mysteries, gardening, or history. It's a great first step to getting to know a person better. Be conscious of revealing too much of your own interests, however: my own collection of motivational and self-help books from my earlier stages of personal and professional development would give visitors quite the cross-section of my own preoccupations.

The books themselves may be the items of interest. My wife Margaret's Aunt Pearl

was subscribed to a book club that reissued a classic work every month with exquisite artistic production values. These books were left to us and hold a place of honor in the custom-built shelves of our living room. Serious bibliophiles may also seek out important first editions, signed copies of books, or vintage books of other historical interest.

Sometimes books are collected not in their own right, but simply as visual design elements. Many second-hand book shops will advertise their books-by-the-yard rate to interior decorators, who will make their selection based on the size and color of the spines. The next level of books as decoration is when the titles are chosen based on how much they may impress guests, rather than as a reflection of the homeowner's interests. You may recall a famous scene in *The Great Gatsby* where a visitor to Gatsby's library comments knowingly on the scope and quality of the volumes it contains, but also points out that the pages of all the books are uncut; a sign in that age that a book had not yet been read.

To show off your books, first glean them to make sure that the titles you have left are pleasing and useful to you. You may want to group them by category, and then select a different part of your home for each one (cookbooks in the kitchen being a popular example). Store the books either upright or flat, not at an angle or spine-up, and keep them away from bright sunlight and moisture. If you are keeping more than a few books on each shelf, do be certain that the shelf is built for the weight. A too-heavy load can bend the shelf, or even make it collapse completely. The latter happened once at my in-laws' home, and we were all lucky no one was in the room when it occurred.

A glance online will show you endless varieties of arranging your books, from a ceiling-to-floor wall of shelves with a roll-

ing ladder to access the highest level, to bookshelves built into the structure of a staircase, to bookshelves used as sliding wall dividers. While I am all for saving the trees, I am also very fond of the layer of interest and inspiration that a shelf full of books gives to a home.

*Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc., the longest running public relations agency in Westchester (www.PrimaveraPR.com), specializing in lifestyles, real estate and development. To engage the services of The Home Guru and his team to market your home for sale, call 914-522-2076.*



By Bill Primavera

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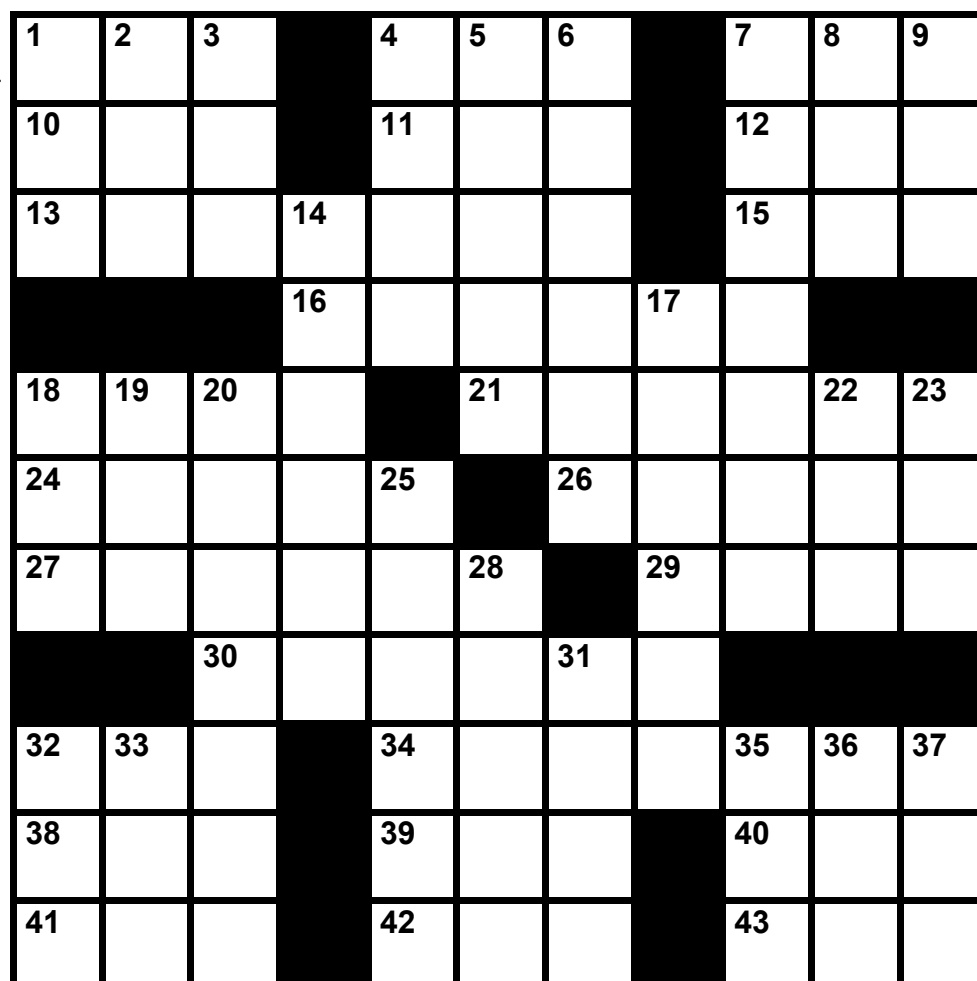
## Crossword

### ACROSS

1. Passe
4. Half of D
7. Sch. in Baton Rouge
10. Seafood delicacy
11. He was famous for spoon bending
12. Forbidden fruit figure
13. Actress, \_\_\_\_\_ Diaz
15. Chap
16. Birthplace of St. Francis
18. Belonging to Founding Father Franklin or White Plains kosher deli
21. Slept noisily
24. Nunavut native
26. "Honk" if you've been to this Cold spring gift shop, The Country \_\_\_\_\_
27. Humiliate
29. Explosives
30. Get into
32. Inn intake
34. Was naturally present
38. Traffic jam item
39. \_\_\_\_\_ Paulo
40. Piercing locale
41. Aliens, for short
42. Common spoon (abbr.)

### 43. Astronaut Grissom Down

1. Evil warrior in "The Lord of the Rings"
2. Mauna \_\_\_\_\_
3. Rep's opposite
4. Junkyard dogs
5. Snappish
6. Inner layer
7. Shackle
8. A Law and Order version
9. One-eighty
14. Not so strict
17. Conciliate
18. Signal at Sotheby's
19. Compass direction, abbr.
20. Old Testament book
22. Superlative ending
23. Paris's Pont \_\_\_\_\_ Arts
25. Advocate of a very simple life
28. Grannies
31. Butcher's offering
32. High card
33. Atlas fig.
35. Grande, in the Starbucks world
36. \_\_\_\_\_ de-toilette
37. Salk and Pepper, abbr.





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## LEGALS

**NOTICE IS HEREBY GIVEN** that an order entered by the Supreme Court, Westchester County, on the 17th day of September, 2019, bearing Index Number 2386/19, a copy of which may be examined at the office of the clerk, located at 110 Dr. Martin Luther King Jr. Blvd., White Plains, new York grants me the right to assume the name of Talia Rose Forman-Wright. The city and state of my present address are Yorktown Heights, NY the month and year of my birth are May, 2008; the place of my birth is Mt. Kisco, NY; my present name is Talia Rose Roth.

Notice is hereby given to interested parties that a **Public Hearing will be held by the Putnam Valley Zoning Board of Appeals on Thursday October 24, 2019 at 6:30 at Town Hall, 265 Oscawana Lake Road** for the purpose of considering the following petitions and requests together with all other matters that may properly come before the Board at this time. **AGENDA New Application 1. Fiorio, Robert, 66 Lee Avenue, 62.18-1-33; R-3 Request lot coverage variance, front and side yard setback variances for generator, propane tanks and carport. A**

*continued on next page*

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variance under Section 165-27 I (3) for fence height. **BY ORDER OF THE TOWN OF PUTNAM VALLEY ZONING BOARD OF APPEALS WILLIAM MASKIELL CHAIRMAN**

Notice is hereby given that the **TOWN OF PUTNAM VALLEY** has received a wetlands application from the following applicant: **WT 20/19 Harris Fields 15 Locust Glen Road TM# 73-1-44 WT21/19 Thim Oung 160 Barger Street TM# 74.17-1-51**

**Town of Putnam Valley Town Board Meeting October 16, 2019 6 P.M.** 1. Pledge of allegiance. 2. Departmental Reports. 3. Supervisor's Comments 4. Legislative Report 5. School Report 6. Set public hearing for final budget on November 6th at 5 P.M. 7. Adopt Lake Oscawana Septic Pumpout law revision. 8. Resolution to accept the Town's 2020 Tentative Budget as presented at the Work Session on October 2, 2019 9. Request for Release of Demolition Bond for Stacey Soloviev. 10. Authorize Supervisor to sign computer lease. 11. Authorize Supervisor to sign a server

migration contract with KVS. **Districts 12.** Town Board to waive any building permit fees for Glenmar Garden roof repair of pump house. **Parks & Recreation 13.** Personnel changes 14. Refunds **Building Department 15.** Daily fee report for September. **16.** Budget Transfers **17.** Public Comment **18.** Audit of monthly bills.

Please be advised that the next meeting of the **Planning Board** will be held at **Town Hall, 265 Oscawana Lake Road on Monday October 21, 2019** for the purpose of considering the following applications: Regular Meeting Start Time: 6:00pm **AGENDA PUBLIC HEARING** The following public hearings have been scheduled for **October 21, 2019 at 6:00PM** (or as soon thereafter as agenda conditions permit) at the Putnam Valley Town Hall, 265 Oscawana Lake Road, Putnam Valley, New York, 10579. All interested parties are invited to attend and will be heard. A copy of the application materials and plans may be inspected during normal business hours at the office of the Planning Board Clerk, Town of Putnam Valley Town Hall. **1. Putnam Valley Fire Station- Oscawana Lake Road (TM#72.20-1-7.12&7.11/File2019-0199)** The subject property consist of +/-

10.3 acres of land and is located on Oscawana Lake Road and within the R-2 Zoning District. The applicant is proposing soil remediation of contaminated fill that was placed on the Fire Department and the Ambulance Corps. Properties. The remedial design project includes re-grading the unstable slopes and construction of a clean soil cover over the top of the contaminated fill. **SKETCH 2. Putnam Valley Fire Station- Oscawana Lake Road (TM#72.20-1-7/File2019-0196)** The property consist of +/- 10.3 acres of land and is located on Oscawana Lake Road and within the R-2 Zoning District. The applicant is proposing to construct a Fire Station building +/-30,000 sq.ft. in size, with well and septic system, 127 parking spaces, stormwater management facilities and related site improvements. **3. Putnam Valley Volunteer Ambulance Corp. (TM# 72.20-1-7.11/File2019-0204)** The applicant is proposing an amended site plan for improvements to allow shared access and parking with proposed fire station on adjacent property. The Planning Board will consider adopting a resolution declaring intent for lead agency for the Fire House and Ambulance Corp. project. **APPROVAL OF MINUTES 4. Approve Minutes of October 7, 2019**

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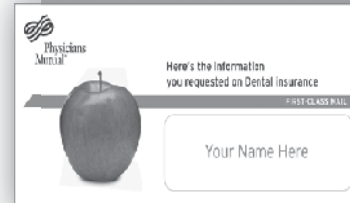
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(Solution for puzzle on page 17)

1	O	L	D		4	C	5	C	6	L		7	L	8	S	9	U
10	R	O	E		11	U	R	I				12	E	V	E		
13	C	A	M	14	E	R	O	N				15	G	U	Y		
				16	A	S	S	I	17	S	I						
18	B	E	N	S		21	S	N	O	R	22	E	23	D			
24	I	N	U	I	25	T		26	G	O	O	S	E				
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# Happenings

vided for all wishing to explore how the Bible is a mirror into our lives. No previous knowledge is required, and all backgrounds are welcome. Temple Beth Am is located at 203 Church Pl. Yorktown. For information, please call our Rabbi at 962-7500 or email him at RabbiW@optonline.net.

**Ossining Farmers Market:** The Ossining Down to Earth Farmers Market is now being held outdoors on Spring and Market Streets. Customers old and new will find delicious produce, pasture-raised meat, poultry, and eggs, breads, baked goods, and much more. For a full list of our markets and vendors, visit [DowntoEarthMarkets.com](http://DowntoEarthMarkets.com).

**October Art Show:** The October Art Show at the John C Hart Memorial Library in Shrub Oak is "Small Works" - Paintings and Drawings by Joann Zwolski.

**Listening Session:** The public event will be held from 10 to 11:30 am. at Hilltop Hanover Farm and Environmental Center, 1271Hanover St., Yorktown. Info: 914- 995-2941

**Taconic Opera:** Taconic Opera celebrates its 22nd season with Mozart's hilarious German "tragicomedy," Abduction from the Seraglio. Two matinee performances will be held on Oct. 19, at 3:30 p.m. and Sunday, Oct. 20, at 2 p.m. at the Yorktown Stage, 1974 Commerce St. For more information or to purchase tickets, visit the company Web site at [www.taconicopera.org](http://www.taconicopera.org) or call the toll-free number 855-886-7372.

**Local History Chronicle:** The lives and legacy of the Jewish community in Peekskill will be the topic of a talk based on the new book—Peekskill's Jewish Community in the 1900s—at the Little Red Schoolhouse, 297 Locust Ave., Cortlandt. Author/historian John Curran, along with Peekskill businesswoman Robin Goldsand, will present a pictorial program with many vintage photos and documents on the history of Jewish business people and professionals who settled and succeeded in the downtown area of the city during the last century. The Van Cortlandtville Historic Society program is free and open to the public.

**Open Sukkah:** People of all faiths are invited to First Hebrew to experience "Sukkot," the Jewish Fall Harvest Festival, where meals are traditionally taken in outdoor tents or a booth known as a "sukkah." Come to First Hebrew for a dessert reception from 6 to 7 p.m. Dress for outdoors; in case of rain we will move indoors. First Hebrew Congregation is just west of the Beach Shopping Center on Route 6 at 1821 East Main St., Peekskill. Info: 914-739-0500, [fhc@firsthebrew.org](mailto:fhc@firsthebrew.org), or [www.firsthebrew.org](http://www.firsthebrew.org).

**Low Lilly Performances:** Westchester Collaborative Theater (WCT) will host an exclusive area appearance of the Vermont-based American roots band Low Lily with performances at 7:30 and 9 p.m. General admission is \$25. Cash bar and refreshments will be available. Purchase seats online at <https://lowlilly19.brownpapertickets.com/>



The Northern Westchester

Examiner

Sports

Covering Putnam County and Northern Westchester Sports



RAY GALLAGHER PHOTO

Tongue-tied Somers junior D Alexa Vanga has eyes on the mighty foot of Lakeland’s Nicole Haughney in the Tuskers’ 2-1 win over the visiting Hornets last Thursday when state-ranked (No.16) Somers swept the season-series between the two league powers behind a goal and assist from Ella Kittredge... see Soccer Notebook



# Sports

## Grid Notebook

# Somers, Yorktown, Brewster, Lakeland to Host 1st Round Playoff Games

## Carmel Coach Cayea Sets Sight on 150th Career Win vs. Mahopac, Higgins Trophy Up for Grabs

By Ray Gallagher  
Examiner Sports Editor@Directrays

As we ride off into the sunset of the regular season, the Section 1 Class A playoffs are wide open this year. As per usual, the classification is choc-full-of-contenders, with a slew of state-ranked challengers with one or fewer losses, including No.6 John Jay CR (6-0, the No.1 seed in the playoffs), No.17 Somers (5-1, the No.2 seed), No.14 Nyack (5-1, the No.6 seed), No.16 Yorktown (5-1, the No.5 seed), No.19 Rye (5-1, the No.3 seed), plus unranked Brewster (5-1, the No.4 seed) and Clarkstown South (5-1, the No.7 seed).

**SOMERS** is locked and loaded after the Coach Tony DeMatteo's Tuskers roughed up visiting Nyack, 35-12 behind 207 rushing yards and two scores from junior RB Jack Kaiser, who manhandled a Nyack unit that crushed Yorktown with explosive plays a week prior. The Tuskers' rushed for 339 yards on the ground, which controlled time of possession and limited Nyack to just nine offensive plays in the second half.

"Ground and pound, the O-line was producing holes and giving me the chance to do some things," Kaiser said. "We knew Nyack was a very fast team, so our game plan was just to contain them and stop the homerun plays."

Mission accomplished: Starting with a 12-play, 62-yard drive, capped by a two-yard Kaiser with 3:24 left in the first quarter, which gave Somers a 7-6 lead, the Tuskers never looked back, never trailed and put the section on notice.

Somers junior QB Jackson Kossow hit on 5 of 10 passes for 53 yards and rushed for another 53 yards and two TDs while Somers out-gained Nyack 389-128 from scrimmage. Somers RB Nick Rossi added a five-yard TD run, which provided a ton of first-half momentum.

Somers DL Charlie Grindrod paced the defense with eight tackles, three for loss



Somers RB Charlie Balancia picks up a herd of blockers in Tuskers' 35-12 win over Nyack Friday.

while T.J. Deagan added six tackles and a sack. Tuskers Eric Krauss and Anthony Cheek had seven tackles apiece.

**YORKTOWN** had its way with host Fox Lane in a 42-0 trouncing Saturday. Coming off its lone loss of the season, the Huskers (5-1) had laser sharp focus and ran roughshod over the Foxes (4-2). Yorktown QB Trevvon Johnson rushed for 133 yards rushing and two scores. Powerful Husker RB Dylan Smith found gaping creases in the Fox Lane defense and rushed 19 times for a game-high 158 yards, including a 50-yard touchdown run that saw his O-line open a hole a truck could drive through. Dynamic WR/RB Keith Boyer added a pair of touchdowns for the Huskers.

**LAKELAND** struggled with rival

**WALTER PANAS** for a half before the host Hornets went off on defense and special teams to pull away for a 42-14 win, defeating the Panthers for the first time since 2015.

Lakeland junior QB Tyler Santucci continued in what has been one of the finest seasons in recent memory for a Hornet QB, clicking on 18-23 passes for 196 yards and four TDs, the bulk of those scores going to senior RB Matt Makar (8 catches, 74 yards, 3 TD catches, 8 rushes, 43 yards, 1 rush TD). Indeed, Makar had himself a career day. Lakeland's Mike Castelli (3 catches for 83 yards, 1 rushing TD) was also involved.

Defensively, John Giofrida (10 tackles, 1 blocked punt), Danny Libretti (10 tackles) and

Jason Green (10 tackles, 1 INT) were spectacular. Green's pick was a thing of beauty. He batted up a pass at the line of scrimmage and corralled at the one, which set up an easy Lakeland score. The Hornets are now 4-2 after finishing last season 2-7.

The Panthers fell to 1-5 and did not qualify for the field of 16 playoff teams, but they hung tough for a half behind QB Mark Perez who fired two TD passes to Robert Ennis, giving Perez nine TD passes for the year, six to Ennis.

**BREWSTER** RB Thomas Consolato exploded for three touchdowns, finding paydirt on jaunts of 14, 60 and 54 yards in a 35-7 win over host HEN HUD Friday. Brewster improved to 5-1 on the season while Coach John 'Big Cat' Catano's Sailors fell to 3-3 and discovered they will be competing in Class B next season. The last time Hen Hud was in Class B the Sailors lost to Sammy Maldonado's Harrison Huskies in the 1999 Section 1 title game.

### CLASS AA

**CARMEL** has all but locked up the No.2 seed by virtue of a 38-7 win over visiting Scarsdale, giving Coach Todd Cayea the 149th win of his career.

Ram QB Andrew Nunez had his finest game, connecting on 12 of 13 passes for 183 yards and two touchdowns. Five of those completions went to versatile WR/RB Alex Beauchesne for 114 yards and a score. Carmel senior RB James Cox continued his excellence with 90 yards on the ground and two more scores as the Rams improved to 5-1 and likely locked up the No.2 seed, with rival Mahopac standing in the way and the coveted Bryan Higgins Memorial trophy up for grabs. The favored Rams are seeking a

*continued on next page*



Somers DE T.J. Deagan (14) puts hammer down on Nyack QB in Tuskers' 35-12 win over Indians Friday.



Somers junior QB 'Action Jackson' Kossow eludes Nyack tackler in what might have been his finest game as Tusker QB, a 35-12 win over Nyack Friday.



continued from previous page



Carmel RB James Cox has been a terror all season and rushed for two more TDs in rout of Scarsdale Friday.

fifth-straight Higgins win over the Indians. In Arlington's 23-13 win over host MAHOPAC, the talk of the town centered on the Indians' likely drop in classification next season, dropping down from Class AA to A. As of press time Monday morning, the state's BEDS numbers (Basic Educational Data System) were not officially released, but word did leak out about Mahopac dropping

from Class AA to A, and Hen Hud moving from Class A to B for the 2020 season. The Indians (2-4) fell behind 16-0 and fought back valiantly when sophomore QB Anthony DeMatteo passed for over 100 yards for the first time in his career, hitting 5 of 9 passes for 103 yards, one TD and a pick. Mahopac WR Tommy Elliot (Fairfield Commit for lax) had five receptions for



Yorktown's Keith Boyer is shot from cannon on long TD trot in Huskers' 42-0 win over host Fox Lane Saturday.



Yorktown RB Dylan Smith rushed 19 times for a game-high 158 yards, including this 50-yard TD jaunt in Huskers' 42-0 rout of Fox Lane Saturday.

43 yards, two of which were highlight reel grabs. Vincent Bastone led the Indians defense with nine tackles while Dom Perricone and Matt Puckhaber also performed well on defense, according to Coach Dominick DeMatteo.

NWE/Putnam Top 5 Grid Poll

**No.1 SOMERS** – Since Week 2 loss to Yorktown, Class A state-ranked (No.17) Tuskers (5-1) look like the team we thought they would be, and should the seeds hold up we could be staring down the barrel of a Somers vs. Rye semifinal. For now, Somers draws No.15 TZ in qualifying round in what should be a cakewalk.

**No.1A CARMEL** – Class AA Rams (5-1) will likely celebrate a fifth-straight Higgins Trophy victory over Mahopac this Friday, what would be the 150th career win in Coach Todd Cayea's 25-year career. This guy is #TheStuffofLegend.

**No.1B YORKTOWN** – State-ranked (No.7) Class A Huskers (5-1) have apparently put the Nyack loss behind them, and should they find the Week 2 mojo that undressed Somers, this unit could find itself challenging for the Section 1 title. No.5 Yorktown should find that mojo and then some in qualifying round game against No.12 Hen Hud.

**No.4 BREWSTER** – Class A Bears' (5-1) would have signed in blood for this regular season, but the 2nd season is another story for the No.4 Bears, who drew No.13 Pelham in qualifying round, and they could be on a collision course with

No.5 Yorktown should the seeds remain intact after the 1st round re-seed. Imagine the Bears' Den would be lit if the Huskers come northeast and The Crop travels well. #SignMeUp.

**No.5 LAKELAND** – Class A Hornets (4-2) came to life in the 2nd half of their win over rival Panas, and now the No.8 seed sets its sights on a home playoff game against No.9 Fox Lane. A win over the Foxes might be Lakeland's biggest win since a 2009 playoff win over Fox Lane, but this is by no means an easy assignment as the Foxes have a mighty RB in Michael Washington.



Somers RB Nick Rossi (9) celebrates his TD with teammates in host Tuskers' 35-12 win over previously unbeaten Nyack Friday.



# Sports

## Soccer Notebook

# Lenaghan Setting Standard On, Off Field at Ossining

By Ray Gallagher  
Examiner Sports Editor@Directrays

We have some really solid soccer being played across the Northern Westchester/Putnam County region this fall, and some record-setting performances coming out of **OSSINING** where this Nolan Lenaghan is rewriting the record books with single-season goals (24) and career tallies (50). Lenaghan, the most recent Con Ed Scholar Athlete award winner scored once in last week's 2-2 with White Plains and notched the milestone 50th in a shocking 2-0 win

over state-ranked (No.1) Mamaroneck. Lenaghan scored both the tying and overtime goals, snapping the career goal scoring mark of Alex "The King" Tejera and breaking the season single marks of both Tejera and Mateo Marra (22G).

Lenaghan currently leads Section 1 with 24 goals this season and, more importantly, sports an unweighted average of 100-plus in the classroom. The state-ranked (No.16) Pride (11-2-1) are having one of their best seasons and that is saying something given the level of soccer the last few years, and there are many at Ossining who say Lenaghan is the best to ever lace 'em up there, the current No.2 seed in Class AA...

Staying in Class AA, **CARMEL** (7-5-1) is having one of its best seasons in the last decade and a 6-1 win over host **MAHOPAC** last Thursday only confirmed it. The Rams are currently holding the No.13 seed in the AA playoffs, and they got back on course after losing three in a row when Brian



Lakeland G Caley Doell makes choice save in Hornets' 2-1 loss to host Somers Thursday.



NICK ABREAU PHOTO

Ossining's Nolan Lenaghan is flanked by former Pride greats Mateo Marra (L) and Alex Tejera (R) upon breaking their scoring records.



RAY GALLAGHER PHOTOS

Carmel senior F Nicholas Fernandes scored goal in win over Mahopac and continues to kill it on pitch.

Baader-Blaser had a hat-trick for the Rams. Jaiah Gottor, Nick Fernandes and Jack Auteri also scored for Carmel. The Indians fell to 3-9-1 and hold the No.16 seed.

**CLASS A SOMERS**, the 2018 NYS runner-up, crossed into the top 20 in the state rankings last week and appears poised to defend its second Section 1 title in three years. Winners of nine in a row, Somers (12-1) swept John Jay in a 24-hour span, concluding in a 2-1 win Saturday, which produced the League II-B title and allowed the Tuskers to hold firm the current No.2 seed in the upcoming playoffs.

Skillful Ethan Cukaj scored both goals for the Tuskers off assists from Drew Lasher and Daniel Dipolito. Somers has outscored opponents 36-4 since the early season loss

to Byram Hills.

**LAKELAND** spread the wealth around in a 5-0 win over Tuckahoe last Friday when Augie Karaqi, Sonny Karaqi, Bryan Jaramillo, Jason San Lucas and Jack Tuite each scored. Genti Gashi dished a pair of assists and G Nick Bassani (4 saves) posted a shutout for the Hornets (7-5-1), the current No.11 seed.

**YORKTOWN** made some adjustments from their first meeting with the Panthers and doled out a 5-1 setback to **PANAS**, which has struggled some of late. Husker striker Timmy O'Callaghan scored two goals and set up another. Yorktown coaches believe O'Callaghan is closing in on the

*continued on next page*



Somers' Kayleigh Kenny flicks shot on goal in Tuskers' 2-1 win over Linda Daly and Lakeland Hornets last Thursday.



Somers' Ella Kittredge (L) and Lakeland's Mikalya Gustavson get after it in Tuskers' 2-1 win over visiting Lakeland Thursday.



# Sports

## Volleyball Notebook

# Swertfager's 'Volleyball Family' Celebrates Milestone 600th Win

By Tony Pinciario

Callie Pidorianio was an elementary school student when she was first introduced to legendary Hendrick Hudson varsity volleyball Coach Diane Swertfager.

"I was only seven or eight when I first met coach," said Pidorianio, a senior and captain. "Coach was, and still is, very good with kids, so I used to love going to the volleyball camps that she and her team held for the elementary school."

Pidorianio and her current teammates, who began at these volleyball camps, would give Swertfager a milestone gift in their victory over Dobbs Ferry last week.

It was Swertfager's 600th varsity win in her illustrious career. Swertfager joins Croton coach and good friend, Robin Cook, as the only Section 1 volleyball coaches with 600 career victories.

"We knew coach was approaching 600 wins this year, and I think we felt honored as a team to be able to share this win with her," said Pidorianio, who also had Swertfager as her Phys Ed teacher at Blue Mountain Middle School. "Coach has put so much effort and care into creating a legacy at Hen Hud and it felt so good to be there to celebrate this success with her."

The recent milestone is just one of many for Swertfager, who has also guided her team to 14 Section 1 championships, seven state finals and three state titles in her 32 years guiding Hen Hud. Swertfager has also witnessed many of her players continue playing in college and some return to their roots and coach in the program – current Junior Varsity coach Dina Bertoline, modified coach Alexis Augusta and varsity assistant Stephanie Gaminer. Swertfager is also joined by her daughter and 2019 University of Florida graduate, Theresa Swertfager, also a former John Jay-Cross River All-Section standout.

The always humble Swertfager enjoyed the victory, however, she was happier for her team.

"I was really excited for the girls," said Swertfager, who had Hen Hud playing in the Hall of Fame Tournament, Columbus Day. "I remember at 400 and 500 how proud the kids were to be part of that. This is a special team to see them rejoice in their accomplishments, individually and collectively, and to thank them for their sacrifices."

When Swertfager first became the Hen Hud volleyball coach, in 1987, she couldn't fathom 600 wins. Instead, the Pleasantville

*continued from previous page*

program record with his 17 goals this season. Peter Tinaj had a pair of goals and playmaker George Popovic set up three scores for the Huskers (9-4), the current No.5/6 seed. Panas fell to 6-7 and cling to the No.15 seed.

**HEN HUD** (5-6-3) holds the No.16 after a scoreless tie with Beacon and a 4-0 loss to Scarsdale, but make no mistake the Sailors were scrappy in each game and continue to make 'Angry Baby' happy (inside joke).

### GIRLS SOCCER

State-ranked (No.16) **SOMERS** and



Legendary Hen Hud volleyball Coach Diane Swertfager celebrates her 600th career win with the 2019 Sailors and staff last week.

High School and Springfield College graduate's short-term goals were simple.

"I wanted to get decent uniforms," said Swertfager, with a laugh. "We had ugly uniforms and awful, plastic, hard volleyballs that weren't even good for phys ed classes. It was all about upgrading the equipment and earning the respect that volleyball existed as a sport and program and we wanted to get the girls to play better. And, immediately, the girls enjoyed the game and wanted to do well. We've always had supportive parents and the players understand the need to commit because we run a rigorous, fun program with high standards."

Swertfager's impact on the program was immediate as Hen Hud thrust itself among the Section 1 elite. The only problem was that Fox Lane and then-Coach Mike Galu were making sectional titles an annual happening. Hen Hud was on the short end of some of those titles, so Swertfager and her girls raised their collective commitment level.

"We were all willing to learn and improve," said Swertfager, a setter at Springfield. "I started coaching at Pepsico Volleyball Club with Mike Galu and Patti Perone, two good mentors. When we finally beat Fox Lane and Mike was retiring, he smiled and said to me, 'I leave this sport in good hands.'"

Once Pidorianio made her choice to play modified volleyball, she knew what the commitment level would be, especially when she got to varsity.

"On modified, I was so excited to go to the

high school and play for Coach Swertfager and Coach Bertoline," Pidorianio said. "I remember watching Coach Swertfager's team and seeing how talented they all were, which is what sold me on volleyball and when I started to put all my time and effort into getting prepared for varsity."

"Coach is definitely tough; she knows how to push her players to get the most out of them," she added. "At the same time though, she is loving, goofy, and supportive to her players. She makes it clear that the only reason she pushes her teams so hard is because she sees such potential in her players."

Swertfager laughed when telling a story about a serious/comic situation in practice.

"The girls like it when I try to do the bad cop and then Theresa steps in to make fun of me," Swertfager said. "The girls smile and try not to laugh, then they see Theresa laughing. It's fun and brings some comic relief."

Theresa joining the coaching staff is almost a rite of passage considering she spent many a day at practice with her mom.

"Growing up in the Hen Hud program was absolutely amazing," Theresa said. "I would go to practice, watch the girls play and always admired how intense and driven they were to be better and for something that was so important to everyone, which was to win a state championship."

"Coaching with my mom has absolutely been one of the best experiences ever. I'm growing as a coach and learning new ideas

and concepts that my mom is teaching. Combining our knowledge of the game has really helped the girls and their level of play."

Hen Hud Athletic Director Tom Baker has had the pleasure of experiencing many Swertfager's wins. Baker feels that Swertfager's commitment to her team and program has made Section 1 raise its collective's level of play.

"Coach Swertfager has a deep passion for the sport of volleyball," Baker said. "I firmly believe that the level of play in the sport of volleyball has grown tremendously in our entire area, regardless of the school, due to Coach Swertfager's success with Hendrick Hudson. We've sustained such greatness for so long, other schools had to raise their level of play. I'm always impressed how former players return, year in and year out, to visit. They consistently connect their personal success to their work on the volleyball court. It has been truly impressive to see Coach Swertfager sustain this greatness over such a long period of time."

The sectional and state championships are rewarding, but Swertfager is more impressed with how her players mature into well-versed and well-rounded young women, first in high school, and beyond. While Swertfager gives the credit to her players, the players, and Theresa, know that it is all Swertfager. She is an excellent role model for her players and her students.

"Coach teaches her players the importance of being strong, confident and classy women in life," Pidorianio said. "Being a female in a male-dominated field is not easy, and Coach Swertfager teaches us, by example that you can be successful, intimidating, and respected as a female coach. She also teaches us the importance of hard work, and how nothing comes easy. Coach really created more than just a team at Hen Hud, she's created a family."

Theresa agrees with Pidorianio and expanded.

"My mom is such a tremendous role model as a coach because she doesn't just focus on volleyball," Theresa said. "She shows the girls how to be better people off the court. As a role model it is important that you lead by example. My mom does a great job helping her players understand how to be the best they can be as an overall person and not just a player. A great coach doesn't just focus on the players' skills, they focus on the person and I believe my mom does a great job with that aspect."

Oh, and a 15th Section 1 title sits merrily on the horizon.

**LAKELAND** really got after it last Thursday, the Tuskers (11-2-1) eking out a 2-1 win over the visiting Hornets (7-6-1) behind a goal and assist from Ella Kittredge. Ava Pagliaro tied the game at 1-all for the Hornets off an assist from Linda Daly.

Somers Coach Paul Saia was happy to get the win but expects more.

"Let's just say that I'm hard to please," Saia joked.

He was a tad happier after the Tuskers posted a 3-0 win over **BREWSTER** Friday to secure the League II-B title. Ella Kittredge, Karlene Kurtz and Angelina

Hurtado each scored for the Tuskers while assists went to Dahlia Pepe and Kittredge.

Somers G Rachel Ross posted the 10th shutout of the season for the Tuskers, the current No.4 seed. Lakeland holds the No.14 seed, behind No.13 Hen Hud (7-5) and ahead of No.16 Brewster (6-6-1).

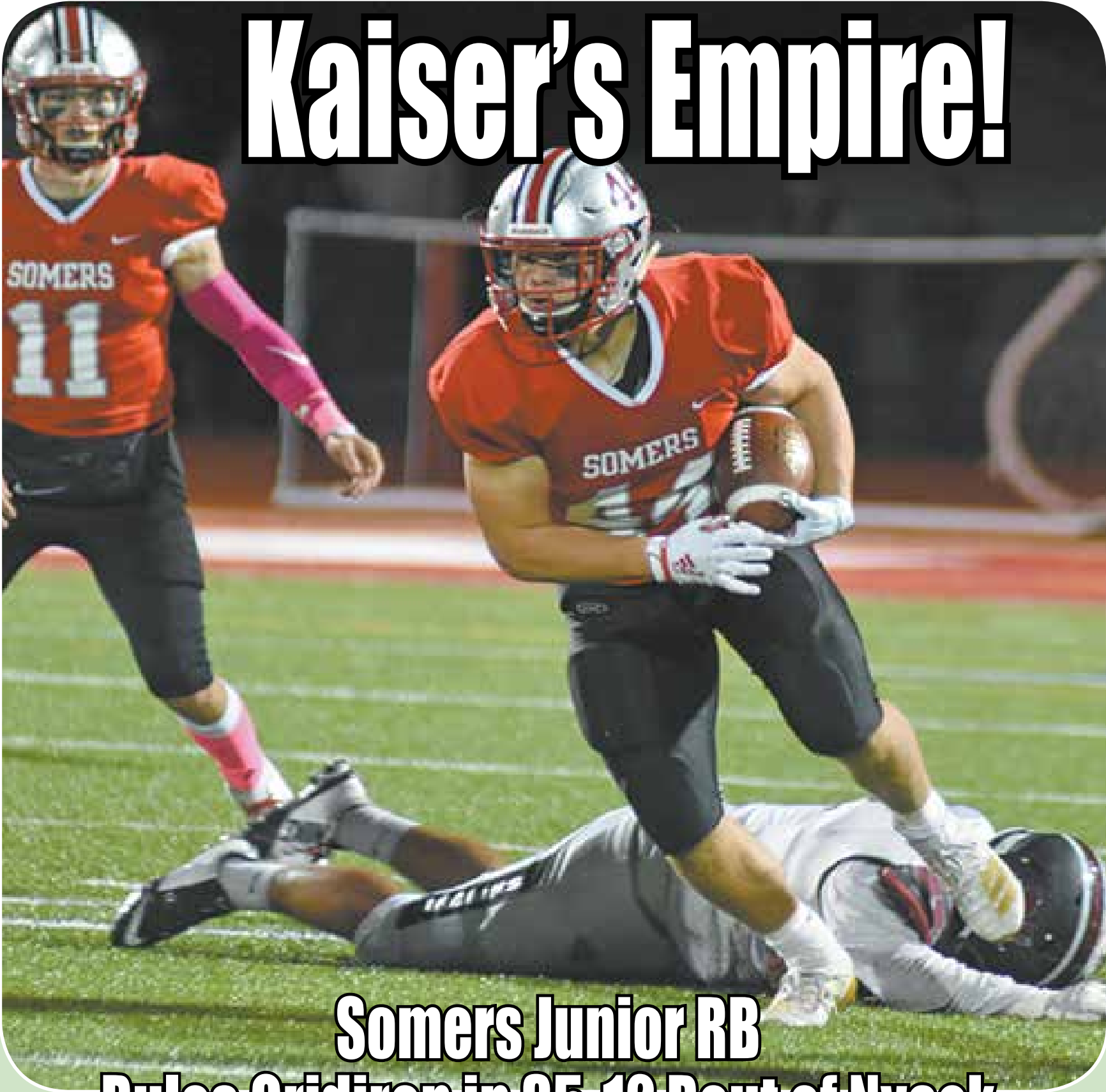
**HEN HUD's** Erin Clark was the hero of the day in the Sailors' 2-1 overtime triumph of Beacon last Thursday, tickling twine twice, including the OT winner. Kira Varada added an assist for the Sailors.

Current No.17 **YORKTOWN** saw Julianna Vano get the hat trick in a 3-0 win

over Brewster, improving to 5-6-2.

**CLASS AA MAHOPAC** climbed into the top 20 in NYS when Hailey Pereira, Mia Klammer and Christina Lopreato all scored for the Indians (10-3) in a 3-0 shutout of visiting Yorktown last Tuesday when Mahopac honored its seniors on senior night. Mahopac currently holds the No.3 seed behind No.1 North Rockland and No.2 Arlington, the three-time defending champs, directly in their current semifinal path; the same Admirals that handed the Indians a 3-0 setback Saturday. Arlington remains the team to beat until proven otherwise.





RAY GALLAGHER PHOTO

Somers junior RB Jack Kaiser frequently stepped over fallen Indians and rushed for 207 yards and two touchdowns on 25 carries in the state-ranked (No.17) Tuskers 35-12 rout of state-ranked (No.14) and previously unbeaten Nyack last Friday night on Homecoming Day at Somers where the Tuskers put the clamps down on the No.2 seed in this week's opening round of the Section 1 Class A playoffs... see Grid Notebook



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