January 22 - January 28, 2019

SMALL NEWS IS BIG NEWS

Covering Yorktown, Somers, Cortlandt, Croton-on-Hudson, Buchanan, Ossining and Peekskill

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In the Swim of Things

A ribbon cutting ceremony was held January 12 for Goldfish Swim School in the Triangle Shopping Center in Yorktown. Taking part in the festivities were Yorktown Supervisor Ilan Gilbert, Town Board members Vishnu Patel and Ed Lachterman, Town Clerk Diana Quast, State Senator Peter Harckham and Yorktown Chamber of Commerce President Sergio Esposito.

Community Pitches in to Help Suffering **Peekskill Tenants**

Residents of a Peekskill housing complex suffering from weeks of inconsistent heat and hot water continue to plead for help, and many community members have answered the call.

Two frustrated residents of Dunbar Heights, Sandy Allen and Sheena Lee, launched a new Facebook page called "Voices of Dunbar Heights" and both women appeared before the Peekskill Common Council last week to thank some individuals who have donated food, supplies and other necessities to residents of the 96 dwellings.

"These people stepped up to the plate

when the Peekskill Housing Authority did not," Lee said.

Lee mentioned businessman Louie Lanza, who owns several restaurants in the city, provided heaters for every unit at Dunbar. She also mentioned the Peekskill Rotary Club and Chapman Manzer of Manzer's Landscape Design & Development for lending a hand, and noted some residents of Cortlandt and Yorktown have reached out with donations.

Meanwhile, Allen gave a shout out to Peekskill Councilwoman Vanessa Agudelo, liaison to the Housing Authority, for delivering food to tenants at Dunbar.

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Likely Repeal of ETPA in Village of Ossining Stirs Emotions

By Anna Young

After a controversial vote last year in Ossining established the Emergency Tenant Protection Act (ETPA), some members of the Ossining Village Board are now taking steps to repeal legislation that provides rent stabilization to more than 2,000 tenants throughout the village.

Following nearly three years of debate over how to adequately provide affordable housing, the board narrowly voted last September to approve ETPA, with Mayor Victoria Gearity and Trustee Rika Levin in opposition. However, last Wednesday, Gearity and Levin received support from newly elected trustee Manuel Quezada to repeal ETPA.

"I do not believe ETPA is the right solution for affordable housing," Levin said. "A lot of work has been done, I have educated myself, I believe that this is not something that is good for all the people in this village. I believe it moves the cost and the burden of supplying the money for these units to other middle class, working class people who own homes."

With no action proposed to replace the current law, Gearity and Levin both stressed that a housing needs assessment conducted three years ago provided eight solutions to improve the housing crisis within the village, noting that establishing ETPA was not recommended. But officials took steps to enact ETPA last year after another hous-

Continued on page 2



Trustees Omar Herrera and Quantel Bazemore held a press conference last week.



Community Pitches in to Help Suffering Tenants

Continued from page 1

Dunbar Heights residents have been dealing with frigid temperatures and the inability to cook and bathe since early December following a stretch of piping issues throughout the almost eight-acre development that resulted in Con Edison turning off the gas to each of the 96 units.

According to the Peekskill Housing Au-

thority, the federal agency that manages the property, tenants have experienced heating and water issues because the boiler system is no longer getting natural gas from the city. Instead it's coming from propane tanks.

Last Thursday, Peekskill Mayor Andre Rainey posted on Facebook that the Housing Authority had approved a bid to install propane tanks at each of the 13 buildings at Dunbar. Once approved by Housing and Urban Development, that construction is expected to take six weeks to complete.

"The Housing Authority will notify all residents and be sure to get the word out the way residents suggested," Rainey stated. "This way everyone will be informed of the process and time of work. Myself and the

council will work even harder to improve the communications between the Housing Authority board/staff and the tenants."

"We've been frustrated, some even ignored, and I've witnessed myself, some disrespected," Rainey added. "I do believe we will see the changes we want and hope for very soon. Sooner than later."

Likely Repeal of ETPA in Village of Ossining Stirs Emotions

Continued from page 1 ing study revealed that Ossining had a 3.06 percent vacancy rate, putting it within the bounds of eligibility to adopt the initiative.

Under the act, the village must enforce a rent stabilization policy for all buildings constructed before 1974 with six or more units. ETPA would ensure that tenants are offered one or two-year leases and that apartments receive proper maintenance. It also protects tenants from being evicted except on grounds allowed by law, illegal rent increases, landlord harassment, and all a rent freeze for certain senior citizens and people with disabilities.

In Ossining, more than 1,200 apartments would be eligible for rent stabilization, making it the largest expansion of rent stabilized housing in the state in two decades. It also allows seniors and those with disabilities to

become exempt from rent increases.

Prior to the September vote, several residents publicly pleaded with the board to pass ETPA, explaining how they've been treated poorly by landlords who increase rent monthly, refuse to maintain the dwelling and property, and will evict a tenant if they make too many complaints or speak out against them.

According to Trustee Quantel Bazemore, two tenants were evicted from their homes following a public televised meeting where they spoke in favor of ETPA.

While a public hearing on repealing ETPA is scheduled for February 6, residents spent more than an hour condemning the board for their decision and urging them to do what's best for the community.

"When ETPA passed last year, I felt I finally had peace of mind that my housing situation

would be stable for years to come," said Alberta Walker, who lives in a building protected by ETPA. "I wish the mayor understood the emotional turmoil she has caused for myself and thousands of residents in her decision to hold a public hearing to end ETPA. The move toward repealing programs that provide stability for myself and other families in this village is disrespectful and dangerous."

Many residents expressed sadness, disappointment and anger with the proposal, while also voicing their distrust in the level of integrity, morality and democracy on the board. Others said they fear for the residents currently protected under ETPA.

"What kind of consciousness do we live in that you give people a piece of bread in one hand and snatch it away in the other hand? We are human beings and you are dealing with human lives," Rev. Emma Jean LoftinWoods said. "What you are all trying to do is just unconscionable. I am appalled that you sit here, and you listen to these people and you have an axe ready to cut off people lives."

Trustees Omar Herrera and Bazemore, who voted against a public hearing to rescind ETPA, former mayor Miguel Hernandez, and former trustee John Codman harshly criticized board members during a press conference Wednesday evening and during the public meeting for attempting to strip residents of their protections and acting immorally.

"Punishing the residents of ETPA rental housing by stripping them of their new founded protections is just cruel and heartless," Codman said. "This is one of the saddest days in the Village of Ossining's political history. You have surely lost your moral compass and you're bereft of any compassion."



Body found at Croton Reservoir in Yorktown

The body of what appeared to be a white man was pulled from the water in the Croton Reservoir in Yorktown on Sunday.

A rescue crew from the Department of Environmental Protection retrieved the body shortly after it was discovered about 9 a.m. near the intersection of Hunterbrook Road and Baptist Church Road, according to media reports.

The body, which reportedly may have been in the water for some time, was turned over to the Westchester County Medical Examiner.



Jesus Cruz

Peekskill Man Jailed for Arson

By Rick Pezzullo

A Peekskill man was sentenced last week to 17 years in state prison after being convicted of intentionally setting fire to a building where he had operated a bodega in the City of Newburgh.

Jesus Cruz, 44, was also given five years of post-release supervision by Orange County Court Judge William DeProspo on January 15.

On November 9, 2018, Cruz was convicted after a jury trial of Arson in the Second Degree, and Reckless Endangerment in the First Degree. The jury found that on September 22, 2017, Cruz had intentionally damaged the building at 435 Broadway by starting the fire when he knew that another person was in the building, or that there was a reasonable possibility that someone was in the building. According to Orange County District Attorney David Hoovler, the jury found that Cruz evinced a depraved indifference to human life, and recklessly engaged in conduct which created a grave risk of death to the tenant who Cruz knew lived above the bodega.

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Somers Man Killed in Crash on SM Parkway

By Rick Pezzullo

A Somers man has been identified as the driver killed in a one-car crash on the Saw Mill River Parkway in Bedford Hills last Thursday that closed northbound traffic for more than six hours.

Robert Leff, 51, a resident in the Baldwin Place section of Somers, was pronounced dead at the scene after his Toyota Ray 4 ran off the roadway at about 11:25 a.m. in the vicinity of Green Lane and struck a tree.

Leff was the only occupant of the vehicle and the cause of the accident remains under investigation by Westchester County Police.

The northbound lanes of the Saw Mill River Parkway were closed between Kisco Avenue and Green Lane following the crash until about 6 p.m.

The Bedford Hills and Mount Kisco fire departments assisted at the scene.

Mr. Leff was born on April 24, 1967, the beloved and only son of Barbara and Michael Leff. He was the adored husband of Melissa Benjamin Leff, and doting father of Jacob and Alexandra.

He graduated from Hendrick Hudson

High School, Pace University and Pace Law School and was the principal at RM Marketing and Management.

A funeral was held this morning (January 22) at Yorktown Funeral Home. Contributions may be made to an education fund for his children (c/o Offices of Michael P. Leff, 2127 Crompond Rd., Suite 100C, Cortlandt, NY 10567).





Lakeland Officials Outline Plans for HS Field Projects

chert

Improvements to athletics fields and other playing surfaces at Lakeland and

Walter Panas high schools are being planned over the next two years. Lakeland School District officials

Gonzalez Sevilla • Zachariah Goodrich • Nastassia Goods aram Gujral • Saaz Gul • Deniz Gulbaharli • Ali Gule ll • Lily Hall • Daniel Haller • Jon i Hajiyev • Mir y · Sophie H Petteri Haverinen • Nathan Haye ng Ho · Mar Gabriel Holesinger
 Rushmia Hoc rzade • Je de • Hiba Hussain • Suha Hussair ntaiwi Ivan Ivanov • Dhanvee Ivaturi • Vader J leon • Seo Yeon Jeong • Sharon J e Jone ordan Rachel Joseph • Abhishe mba ga Kampfert • Rini Kaneria n Kee wyssa Keirn • Liam Kellogg • Ale

Senior is Semi-Finalist in Science Contest

/eong Kim · Minh

Somers High School Senior Rachel Joseph was selected as a National semi-finalist in the prestigious Regeneron Science Talent Search. She was chosen for her project titled, "Optimizing Thermal Hydrolysis for Increased Biogas Generation in Wastewater Treatment." For this accomplishment, Joseph will receive a \$2,000 award and an additional \$2,000 will be awarded to the Science Research Program. In the competition, only 300 semi-finalists were selected from more than 1,964 students that applied from 184 high schools in 40 states and two American and international high schools overseas. From that pool of 300, 40 students will be selected as finalists and be invited to Washington D.C. in March to compete for more than \$3.1 million in the final judging.

outlined plans and cost estimates before about 40 residents at a community forum January 15 at Van Cortlandtville Elementary School.

Superintendent of Schools Dr. George Stone said funding for the upgrades at Lakeland High, which include adding synthetic turf to the existing baseball and softball fields, are already covered in the current 2018-19 budget. Total cost for all improvements at Lakeland is projected at \$5.96 million, but the district will only have to cover \$2.38 million due to state aid reimbursements.

"This is a complex project," Stone said. "We're not shortchanging any other areas to complete these projects."

Stone said Lakeland facilities, plagued by drainage issues, were in need of "significant and immediate improvements," emphasizing the tennis courts were "unsafe and unusable." He said the decision to switch to synthetic turf was made after district officials consulted with three engineering firms and determined changing the playing field surface was favored for safety, expanded utilization and reduced maintenance.

Construction at Lakeland High is expected to begin in March and be completed by November. In the spring, the Lakeland High baseball team will play its home games at the new Granite Knolls sports complex on Stony Street in Yorktown. The softball team will pay at the district's Administration Building in Shrub Oak.

At Walter Panas, the baseball field will also be changed to synthetic turf. Meanwhile, a new softball field will be constructed on the existing field that's used for football and soccer games. The current softball field, which does not meet field size regulations in right field, will be transformed into a parking lot.

The work at Panas is expected to begin in March 2020 and take about nine months to complete. Funding for those improvements, estimated at \$4.5 million before state aid reimbursements, will be included in the 2019-20 budget that voters will be presented with in May.





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Cuomo Urged to Deliver \$27M Owed to Ossining Schools

Bv Anna Young

It may be a new year, but the Ossining Union Free School District continues to remain one of the lowest funded school districts in the state as their plight to receive their fair share of foundation aid funding persists.

A large group of Ossining parents and school officials gathered outside the Westchester County Courthouse in the bitter cold Saturday morning imploring Governor Andrew Cuomo to unfreeze their foundation aid funding and fully deliver the school district with the \$27 million they are owed.

Jessica Vecchiarelli, co-director of parent advocacy group Ossining for Fair Funding, said the state's funding plan has been a 10year nightmare.

"These decisions that politicians make behind closed doors impact real children," Vecchiarelli said at the Jan. 19 rally. "It's time to stop putting Band-Aids on gaping wounds. The foundation aid formula is broken because it was frozen and has not been adjusted in over 10 years."

Since the foundation aid formula was established in 2008, the state has relied 2000 Census date and used an inaccurate method of measuring a communities' needs, wealth and poverty, resulting in the district failing to receive funding to support the school's 24% (963 students) enrollment increase. While most of the more than 700 districts in the state have decreased in enrollment,



ANNA YOUNG PHOTO

Ossining parents and school officials rallied for more state funding in White Plains last week.

Ossining is one of 18 districts statewide to experience an increase of more than 500 students.

The district has also experienced a 49% increase in free and reduced lunch applicants, 59% increase in students with extraordinary needs, a 30% increase in English language learners, 70% increase in students living in poverty, and a 25% decrease in the combined wealth ratio, which measures the community's ability to share the burden of educating its students.

"Funding our public school is the duty of

our state," said Ossining superintendent Ray Sanchez. "Failing our students in this way is simply unacceptable."

While Ossining for Fair Funding and school officials have spent the last several years holding demonstrations, conducting letter writing campaigns and advocating in Albany challenging Cuomo and other state officials, their efforts have only gone so far. Last year their pleas for equity resulted in an 8%, or \$884,167 increase. But while Ossining only received 44% of its allocation of aid, nearly 275 districts throughout the state

received more than 100% to 2,000% of their allocation.

"That's not fair," Vecchiarelli said. "With the Democratic majority running New York State, now there are no more excuses. This cannot continue."

Vecchiarelli noted five other school districts experiencing similar issues, including Uniondale Union Free School District, Glen Cove City School District, Port Chester-Rye Union free School District, Riverhead Central School District and Westbury School District.

With Cuomo's budget proposal increasing foundation aid by \$338 million, Assemblywoman Sandy Galef (D-Ossining) said Cuomo is only recommending Ossining receive an \$87,000 increase in aid this year. Galef noted that Cuomo's formula methods don't work and suggested he take the opportunity to find a solution that provides equity to every district before the budget is voted on in April.

State Sen. Shelley Mayer (D-Yonkers), the new chair of the Senate education committee, agreed that Cuomo's budget proposal is inadequate, unfair, negatively impacts school districts and fails to comply with the principles of educational equity. She stressed that every student deserves the necessary funding to provide a sound and basic edu-

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County Legislator Kaplowitz to Bow Out at Year's End

Westchester County Legislator Michael Kaplowitz, who was elected to 11 consecutive terms to the Board of Legislators, announced last Tuesday that he will not seek re-election in November.

Kaplowitz, 59, has been a fixture on the board representing the portions of the towns of Somers and Yorktown and all of New Castle in the 4th Legislative District since 1998 and will leave office with the distinction of the second longest tenure of any legislator in the board's history. He also served as the board's chairman for four years.

He said it was time to move on after accomplishing much of what he intended to

"There are a couple of loose ends but basically I feel like I accomplished a lot of what I set out to do and let someone else do it," Kaplowitz explained about his decision. "You don't own these positions. My standard is hopefully I left the county a little bit better than when I came in and found it."

Kaplowitz said his decision to move on had already been made for a while. However, he pushed up his announcement after the state Legislature approved election reforms last Monday that will schedule primaries throughout the state for the last Tuesday in June for the November elections. Should Governor Andrew Cuomo sign the legislation into law, the petition process would be-



Michael Kaplowitz announced last week he will not seek re-election later this year from the Board of Legislators, ending the second longest term of service on the board in its history.

gin in late February, he said.

Although there were many achievements over what will be 22 years on the Board of Legislators, Kaplowitz cited a few major accomplishments. He pointed to the county complying with the affordable housing settlement with the federal government, including finishing it while he was chairman, as perhaps his most lasting contribution.

The county was able to complete its obligations, racing to build at least 750 units of new affordable housing while fending off threats of lawsuits and political pressure.

"To reach a point where we don't have to build any more housing, we weren't fined any more monies, there were no penalties,

I think that was something people will never see but took years and I feel really good we wound up satisfactorily satisfying that," said Kaplowitz, a financial adviser who has worked in the industry for 35 years.

That was followed closely by the county saving Westchester Medical Center.

"I think you can really look back at that time while they were really teetering and we were literally on the verge of hiring bankruptcy counsel, to see that it saved thousands and thousands of jobs, how important their healthcare was in the Hudson Valley, the lives they saved. I feel good about that," Kaplowitz said.

He also cited the recent lease signing that will permit the North 60 project in Valhalla to move forward as an accomplishment. The Board of Legislators originally agreed to the lease in a unanimous vote while he was still chairman.

There were also a number of frustrations during Kaplowitz's time in office. At the top of the list was the failure to bring sewers to portions of Yorktown and New Castle as water and sewage still drips into the reservoirs from failing septic systems while unspent millions in East of Hudson funds from New York City are still available.

Also, early on in his time on the board he also warned of the need for the county to prepare for more renewable energy and address the eventual closure of Indian Point nuclear power plant. Those calls were ignored, he said.

New Castle Democratic Co-chair Jane Silverman said Kaplowitz was an outstanding public servant and was able to successfully navigate a sometimes politically difficult district. Equally important, he grasped complicated issues and was able to explain them to his constituents, she said.

"We are very sad to see him go," Silverman said. "He has been a wonderful representative for the Town of New Castle and our residents. He will be sorely missed."

Silverman said with the likelihood of a compressed schedule for potential candidates to surface and compete for the seat, there are many unknowns about who might vie to succeed Kaplowitz.

Meanwhile, Kaplowitz said he will tend to his professional practice and use his extra time working for charities and nonprofit organization. There will also be more time

He also maintained that his career in elected office is over. He said he was disappointed that he lost bids for the state Senate to Vincent Leibell in 2006 and Greg Ball in

"I anticipated moving on at some point, but it was not to be," Kaplowitz said.

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Obituaries



Ossie Dahl

Ossie Dahl

Ossie Dahl, a resident of Cortlandt, died January 11 while celebrating his 40-year career at White Plains Hospital. He was 64.

His last moments were spent expressing love, gratitude and happiness, surrounded by his closest family, friends and colleagues.

The things he loved most were: spending time with his beloved wife, Donna; reminiscing over wine with his brothers, Steve Dahl and Kenneth Dahl (Celia); bonding over menus with his daughter, Lauren Cummings (Chris); life chats with his son, Matt Dahl (Jessica); being "Pa" to his grandsons, Tyler and Ryan Dahl; and spoiling his eight nieces and nephews.

His family, colleagues, "Monday Night Cards," friends of 50 years, and Fran Dahl, his children's mother, will continue to celebrate his life and keep his memory alive through stories.

John DeAngelis

John DeAngelis, a resident of Montrose, died peacefully at home January 12. He was 68.

Born on July 24, 1950 to John and Margaret of Briarcliff Manor, he served in the U.S. Army during the Vietnam Era. He then went on to attend Pace University in which he attained a bachelor's degree. He began a lifelong career with the U.S. Postal Service from which he retired in 2008.

Mr. DeAngelis was an avid golfer and a N.Y. Yankees and N.Y. Giants fan. He enjoyed his extensive travel with his devoted wife, Anna. He will always be remembered for his laugh, nonsensical phrases, and his caring nature.

He was predeceased by his parents, John and Margaret. He is survived by his loving wife Anna, his siblings William J. of Briarcliff Manor, and Nancy of Florida, James (Lori) of Cortlandt, nieces, nephews, great-nieces and great-nephews.

Donald Werle

Yorktown Heights - April 24, 1930 -

January 17, 2019

Donald A. Werle, a long-time resident of Yorktown, died January 17. He was 88.

Born April 24, 1930, he was the son of Arthur and Velmay (Rogers) Werle, of Mount Vernon. He was married to Gloria Trenti, also of Mount Vernon. His parents and his wife both predeceased him.

He attended Mount Saint Michael's High School and Manhattan College, where he competed in track and played baseball. He enlisted in the U.S. Marine Corps during the Korean War and was honored with the rank of Corporal. He trained in communications and following in his father's footsteps, he became an electrician and joined the IBEW. He served as IBEW Local 501 President from 1968 - 1990, and was recognized as a 60-year member in June of 2010.

Mr. Werle leaves behind three surviving daughters: Barbara, Adrienne and Carolyn, as well as five grandchildren and one great-grandson.

Angela Christian

Angela S. Christian, a longtime Buchanan resident, died January 15, surrounded by her family. She was 82.

Born November 1, 1936, she moved from the Bronx to Peekskill during her high school years and graduated from Peekskill High School in 1954. She was married to Norman W. Christian, Sr. for 60 years; he predeceased her in October 2014. She worked for Hendrick Hudson High School for many years and then became a real estate agent working for Robert Mark Realty in Croton.

She is survived by her children, son Norman (Fran) Christian, daughter Sissy (Danny Szigethy), four grandchildren Jason Long, Nicholas (Kristen), Brittany Christian, and Joseph Pritchard, four great-grandsons, Stephen Cook, Andrew Young, Conor and Shane Christian, and her brother-in-law, Paul (Sandra) Christian. She was predeceased by her daughter Kathleen Pritchard and granddaughter Jill Christian.

Barbara Lamb Mc Adorey-Morreale

Barbara Lamb Mc Adorey-Morreale, a retired college professor and earlier high school teacher, died January 12 in Stony Brook, New York. She was 81.

She was married to Joseph C. Morreale and previously married to Neil Mc Adorey. She is survived by her three sons, Neil Jerome, Michael Damian and John David Mc Adorey; four brothers and sisters, William, Joseph, Joyce and Patricia Lamb; and six grandchildren, Ian, Connor Emily, Andrew, Kelly and Molly Mc Adorey.

After graduating from Cathedral High

School, gaining a BA degree in history from Pace University in White Plains (previously known as Good Council College), she earned her highest graduate Master's Degree in European History from Hunter College of CUNY. She also continued post-Master's graduate studies at Cornell University and SUNY at Stony Brook. Her professional passion in life was teaching and academics which she pursued for 57 years. She is one of the rare academics who taught at three levels of education: graduate university (at Stony Brook), undergraduate college (at St. Joseph's College on LI) and at the high school level (Sachem HS on LI). Believe it not, it has been calculated that she taught more than 30,000 students over her long teaching career.

She was a consultant in both history and political science for the College Board, offered AP courses in history and politics and government and taught numerous NEH summer institutes for high school teachers. For all of her efforts in American education, she was nominated and inducted into the National Women's Hall of Fame in 2009. She was a wonderful person, high in spirit, a gifted athlete (in basketball and as a NYC marathon runner) lover of music, art and dancing and an incredibly creative and gifted teacher. She will be very much missed but her legacy through her grandchildren and her students will carry on for many years through the 21st Century.

Raymond Habib

Raymond Peter Habib, a resident of Cortlandt, died peacefully January 17. He was 92.

He was born in Brooklyn, on July 8, 1926 to Alia and Nassib Habib. A patriot his entire life, he volunteered for military service in World War II and served in the U.S. Army Air Corps. He graduated from Fordham University in 1950 with a degree in business.

Mr. Habib founded Bloomsburg Carpets Industries, a Pennsylvania manufacturer that thrives today with more than 220 employees. He was an avid golfer, notching two holes-in-one and especially enjoyed playing with his "golf partner for life," Elaine Habib, his cherished wife of 59 years.

He is survived by his wife Elaine, his sister Claire Habib as well as his children Raymond Jr. (Valerie), Thomas (Alice), John (Tanya) and Catherine (Michael Joyce), 10 grandchildren, and his greatgranddaughter.

Anthony Haritos

Anthony Haritos, a resident of Yorktown, formerly of White Plains and Utica, died peacefully at home January 13. He was 90.

He was born on February 12, 1928 in New York City to Michael and Nina (Merlino) Haritos. He married the love of his life, Marie Enzor, on May 28, 1950.

Mr. Haritos' long career as a restaurateur began while working in his father's NYC restaurants in the 40s and 50s. In 1958, he moved his family to Utica and became the successful owner of the OK Lunch in the old historic Baggs Square district. In 1973, he came back to the NY Metro area and opened a restaurant on Park Avenue in Manhattan before retiring in 1998.

In addition to his wife, Mr. Haritos is survived by his three children: Stephanie Haritos of Yorktown Hts; Nina Haritos of NYC; Michael and Sheryl (Fern) Haritos and the light of his life, his granddaughter Talia of Scarsdale. He is also survived by his sister-in-law Sara Xifo of Bedford and numerous nieces, nephews, grandnieces and nephews.

He was predeceased by his parents, brother Angelo, son-in-law Dennis Janis (Nina) and nephew Gary Xifo.

Julio Morales

Julio C. Morales, a resident of Shrub Oak, died suddenly January 8. He was 50.

He was born on July 17, 1959 to Santos and Maria (nee Almiron) Morales in Montevideo, Uruguay. He worked for Pace University in Pleasantville in the Maintenance Department.

He is survived by his brother, Eduardo Morales of Montevideo, Uruguay and his best friend, Sergio (Maria) Rodriguez of Hawthorne



SMALL NEWS IS BIG NEWS 914-864-0878

Letters to the Editor

Climate Change is Essential to Future of Human Race

On Thursday, January 3rd, I joined 12 other members of Indivisible CD17 to introduce ourselves to our longtime Congresswoman, Nita Lowey. This was part of a nationwide Indivisible-Day. Now that the Democrats have won control of the US House of Representatives, we wanted to give her office a list of our priorities for the coming year. Each of us spoke about what was important to us, but all agreed the list of concerns were shared by all.

The following is my letter to Congresswoman Lowey. Although there are many vital and important concerns, Climate Change is essential to our future, the future of the human race.

Dear Congresswoman Lowey,

The number one problem that needs to be addressed is Climate Change. This is a global problem that threatens our future and the future of our children and grandchildren. Just like our environment, the solutions are interconnected and not simple to resolve. But we must. Like the changeover to an agrarian and then industrial system, we must change the course of humanity. We must be the leaders and join our fellow humans across the world to work on solutions NOW.

The Green Deal is a start. I know that the Democrats decided to form a different committee with a different name to work on these issues. However, they are allowing committee members to take money from fossil fuel industries, unlike the Green Deal would have. The Fossil Fuel industries have worked hard to deceive us the public and to sway Congress. This influence must stop.

The Fossil Fuel industry must stop all efforts to find new sources of fossil fuels like offshore drilling and drilling the Artic. They must start taking their tremendous wealth and brain power to help find renewable solutions for the world. Their large and weighty ship needs to turn around and find a new course. Subsidies to fossil fuels must stop and subsidies for renewables must continue and increase until the USA is carbon neutral. Research into making renewables affordable and ways to store wind and solar energy must continue. Our government needs to help fund this research.

The EPA nor any other Government agency should be under the influence of any president and his agenda and the corporations that fund his/her campaign. Any rules propagated need to be based on unbiased (without corporate funds) research. The following examples are just a few of how this administration is trying to help the fossil fuel industry and worsen Climate Change. The fossil fuel industry's campaign of deception regarding Climate Change should not be rewarded with influence.

- Changing the Methane Rule. Methane is an 80 times more potent green house gas than carbon dioxide. Private researchers from universities have shown how methane is being purposely released from fracking sites and all along gas pipelines throughout the United States as a business model. It just once more comes down to money. This methane needs to be captured and reintroduced as an energy source, in the long run it would save gas suppliers money after their initial outlay. But they know fracking sites have a limited life of profitability and they want to grab the profits and run.
- 2. Stop burning coal now. It is the most polluting fossil fuel on many fronts.
- a. The coal ash is a toxin full of heavy metals. This administration is trying to roll back the previous rule of proper disposal. We saw with recent hurricanes how these and other toxic storage facilities are not strong enough to withstand heavy flooding adding the toxic mix to any nearby residents suffering from just plain flooding.

b. Particulates from coal power plants add to air pollution and the asthma

rates go up nearby, usually affecting low income neighborhoods—environmental racism.

- The present administration is trying to roll back the emission rules on coal power plants for mercury. It is a sorry state that all the waterways in the United States have fish full of mercury, making them hazardous to eat. Fishing now is just a sport for most, and usually is not for eating. However, there are people who rely on fish for protein in their diet. They get the protein, but mercury affects their brain reducing intelligence. It will take a long time to clean our waterways of mercury but rolling back the mercury rule will not help.
- d. Further postponement of the automobile fuel efficiency rule, helping make SUV's the most popular car option today. Currently SUV's are considered trucks, so do not have to follow the same fuel efficiency standards as cars. Trucks, SUVs and buses should all be reducing their emissions and transitioning over to renewable fuels. Manufacturers of cars, SUVs, trucks and buses must increase the fuel efficiencies of their vehicles and reduce the pollution coming out the tailpipes.

A nationwide carbon tax must be introduced to incentivize fossil fuel companies to find solutions and to change over to renewables. Money from the tax should be spread out between the citizens with financial help in changing to renewables and for more government backed research into Climate Change solutions.

- 3. There should be no drilling for fossil fuels on public lands. The government should not be in the business of increasing Climate Change.
- 4. Slowly wean farmers off subsidies. This could be a modern version of educating farmers like after the dust bowl in the 1920-30's. No one in congress believed the stories of the dust bowl in Congress, until a dust storm took over Washington DC. The current method of farming is too reliant on subsidies which enrich big agra-corportations but do little to help the environment or small farms. They rely on fossil fuel inputs versus farming practices that would make the soil richer and more productive as nature intended. The herbicide and pesticide industries rely on fossil fuels too, which have made these big corporate farms unhealthy for the farmers and any animal or insect in the vicinity. Farmers need to diversify their crops, look into crops that can withstand the effects of increased flooding and/or drought in years to come, and wean themselves off subsidies, monocultures and their use of pesticides and herbicides. Congress needs to put money into research to help the farmers withstand the effects

of coming and present Climate Change. Small organic farmers do not apply for subsidies, because the paperwork is too onerous and time consuming.

What is the connection between food and farming and Climate Change? The industrial food system emits a large portion (around a third) of the greenhouse gases causing Climate Change. How- through the production and use of the chemical fertilizers used, the gas-powered machinery used and the long distances our largest current crops, corn and soybeans travel to their oversea destinations. Also, soy and corn are the staple food for our factorymeat-farms. These animals especially beef or any other ruminant hoofed animal emit large amounts of methane on this diet. Factory farms are not healthy for the animals or the environment. Food waste is another byproduct of this method of farming and adds to the carbon foot print of commercial scale farming.

On another important subject: a livable wage. Why food and farming? Food and farming are the nation's biggest, low-wage employers. The farm and food justice movement—spread wide and thin across both rural and urban landscapes—is fighting not just poverty, poor health, low wages and bad working conditions, but is seeking to reduce food's environmental footprint as well.

- 5. Transportation: Congress needs to fund infrastructure repair across our nation, but especially for any form of public transportation. Future business opportunities rely on it and it will provide good well-paying jobs. More public transportation using new renewable technologies will improve our collective carbon footprint.
- 6. inally, population control must be addressed in our own country and across the world. The current economic system relies on cheap labor, which is why we have for so many years turned a blind eye to our immigration problem and allowing our industries to move overseas. The USA needs to transition over to a form of economy that does not always look at growth and the short-term bottom line. It should be satisfied with an economy where everyone is employed with a job that covers their bills and allows for saving some of their income for the future. Right now, the world's population is more than this earth can reasonably support. We need to provide free and easily accessible birth control and education across the world. This is probably the most important factor in allowing women to control their futures and that of their families.

Yours sincerely,

The Northern Westchester Examiner Adam Stone astone@theexaminernews.com

> **Publisher Rick Pezzullo**

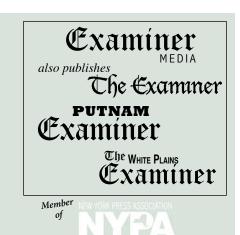
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Guest Commentary

What is Your Legacy?

By Lourdes Manent

Did you know that Roy Colsey (professional lacrosse player), Andrew Kavovif (actor- As The World Turns) and Alexandra Ocasio-Cortez (politician) attended Yorktown High School? In this information driven age, we seem to know the smallest details of who we consider the smartest, most popular group of people. However, we fail to pay attention to those who are work in progress. I am referring to the upcoming generation of youth. Whether you call them millennials or generation Z, this group is being shaped as we speak.

As the parent of two beautiful graduates from the Yorktown School District, I am deeply indebted to the teachers that helped us compliment the education we give at home with the academic development they received. The teachers helped us to mold our kids into productive citizens of the world. My oldest kid, Carolina, is currently completing her Master's degree at New York University while my youngest, Valeria, is a sophomore at the University of Maryland.

While attending YHS, one of the extracurricular activities Valeria joined



Yorktown High School graduate Valeria Manent will be bicycling 2,449 miles this summer for a good cause.

was Midnight Run. This group takes food and miscellaneous to homeless people in the city on the coldest days of the winter during the night time. I still remember setting my alarm clock to pick her up at the high school at 2 a.m. when she would get back all tired and sleepy from the "run." This club made such an impact on her that she has ingrained that the only way to leave a legacy in the world is to

give her time and energy to causes that make a difference in someone's life.

This summer, Valeria will be riding a bike from Baltimore, Maryland to Seattle, Washington raising funds for an organization called The Ulman Foundation. The Ulman Foundation raises funds for young people with cancer. It helps them and their families to overcome the disease.

I do not know many people who are willing to give up their summer job earnings or vacation time to ride a bike, rain or shine, across the country 2, 449.3 miles (or, according to Mapquest, a 41-hour car drive) to raise funds for other people. Do you?

I think it is admirable. I am in awe of her and the other 23 kids from various parts of the country that will make the ride. Since Vale (our nickname to her) is the only one from our part of the country representing Yorktown and our high school, I would like to encourage everyone to help her on this trip. Please visit the following website and contribute even \$1 to say, "I am present." https://ulman.z2systems.com/Valeria-Manent.

Remember, we can all make a difference!



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Praise for Cuomo's Justice Agenda, Criticism on School Funding

By Martin Wilbur

Governor Andrew Cuomo's state of the state and budget address last week was widely hailed for its bold reforms by local state legislators but was sharply criticized for failing to provide adequate education funding for local districts.

The hour-plus speech in Albany last Tuesday highlighted nearly 20 initiatives under Cuomo's justice agenda "that is going to make history in the state of New York and is going to make history in the nation," the governor said.

"This year, we think it's the year to fully enact a justice agenda in the broadest sense of the word justice – social justice, economic justice and racial justice and this is the time to do it," Cuomo said.

During the budget portion of his talk, Cuomo touted economic development that he said has resulted in the state's highest credit rating since 1972 and the lowest middle-class tax rate since 1947.

The justice agenda touched on a wide variety of issues to be enacted in the first 100 days, from healthcare-related topics, to public safety, transportation, campaign finance reform and infrastructure investment.

Among the many plans would be to codify the Affordable Care Act to safeguard healthcare coverage for people with pre-existing conditions; codify Roe v. Wade in the state constitution; pass an equal rights amendment; bolster gun laws by passing a red flag law, banning bump stocks and extending the waiting period to buy a weapon from three to 10 days; and passing the Child Victims Act.

Other reforms on the table would be to pass the Dream Act to give all New Yorkers access to higher education regardless of immigration status; legalize recreational marijuana; enact comprehensive campaign finance reform and overhauling the financing of campaigns; invest \$2.5 billion in clean water infrastructure; have the state derive all of its power from clean energy by 2040; approve sports betting at the upstate casinos; adopt the strongest pro-labor union protections in the country; provide a middle class tax cut; and present a plan carrying \$150 billion in infrastructure and mass transit improvements.

Cuomo acknowledged his agenda is highly ambitious but said now is the chance for New York to pass long-awaited legis-



Gov. Andrew Cuomo laid out an ambitious agenda for the 2019 legislative session last week.

lation that will stamp itself as the nation's leader for progressive change.

"It's a lot, there's no doubt about it but there's a lot that has been bottled up for many, many years that we couldn't get done, and in many ways, I feel the state is now liberated with the Senate Democratic caucus and we can get these things done and we can get them done together," he said.

Assemblyman David Buchwald (D-White Plains) said the justice agenda, highlighted by last week's passage of the election reform package that closes the LLC loophole, early voting, starting the process of changing the state constitution to permit same-day registration and moving up the date of the primaries are "generation-level changes" that bring the state into the 21st century.

He said, however, additional reforms will be needed, particularly measures to guard against conflicts of interest.

Buchwald also liked the proposed investments on critical projects, including clean water and the green initiatives.

"I think the governor raised a number of very important points in moving our state forward," Buchwald said. "I appreciate his willingness to invest in infrastructure, including doubling our investment in clean water initiatives that have been very successful in New York State, particularly here in Westchester."

In his budget message, Cuomo said that he would be making available nearly \$1 billion more for schools with about 70 percent of that directed to poorer schools. However, for too long, districts that have overseen the poorer schools have not provided the adequate resources to raise performance, the

governor said.

He proposed about a \$338 million increase in foundation aid for districts across the state.

Like most local legislators, state Sen. Shelley Mayer (D-Yonkers) praised most of Cuomo's agenda, which she called "very exciting." However, as chair of the Senate Education Committee, she said the foundation aid falls far short of the state's obligations.

"We actually believe our districts are owed more, our students are owed more and the cost of English Language Learners and special needs students and all the demands of the districts that are trying to comply with the tax cap," Mayer said. "This is the time to invest the money in our greatest resource, which is our public education system, so we'll be working on that in the days ahead."

Mayer's comments were echoed by Board of Regents Chancellor Betty Rosa and state Education Commissioner Mary Elia. In a joint statement, they said Cuomo's push for equity is well-intended but it must be coupled with supporting all students in the neediest districts.

"We are extremely alarmed with the recommended funding level for New York State's schools," their statement read. "The proposed \$338 million Foundation Aid increase falls far short of what schools need to achieve equity, or even keep pace with inflation and demographic changes."

Assemblyman Thomas Abinanti (D-Pleasantville) said Cuomo's budget continues to put too large of a burden on taxpayers, particularly related to education funding.

While Abinanti said he has no objections to poor districts and schools receiving the lion's share of the increase, the state is shortchanging most other districts. For example, under Cuomo's proposal, the current formula would give Pleasantville School District an additional \$10,000 in state aid while some districts in Greenburgh and Mount Pleasant would actually see a reduction for the next fiscal year.

"We need to substitute state money for local property taxes," he said. "We're paying too much of local property taxes to pay for education and that's because the state isn't paying its fair share."

Abinanti also said that many of the items Cuomo outlined in his justice agenda have been approved by the Democratic-controlled Assembly but died in the Republican Senate

"The governor is running really hard to catch up to a parade that started four years ago," the assemblyman quipped.

Hudson Chorale to Hold Rehearsals Starting Jan. 28

Come sing with the Hudson Chorale, Westchester's highly acclaimed community chorus.

The group is welcoming new members in all voice parts (soprano, alto, tenor and bass) to join them for an exciting concert program that will appeal to choral singers of a wide range of musical preferences.

Singer-friendly auditions will begin on Monday, Jan. 28, by appointment, from 6 to 7 p.m. prior to the first rehearsal. Rehearsals take place on Monday evenings from 7:15 to 9:45 p.m. at the Pleasantville Presbyterian Church, located at 400 Bedford Rd. in Pleasantville.

Hudson Chorale selects its programs from a wide range of choral styles, from great oratorios to gospel. As an example, recent past concerts have featured all 20th century contemporary American composers, 19th century iconic European composers and Haydn's "Creation."

The second half of the chorus' 2018-19 season culminates on May 17 and 19 with performances of Igor Stravinsky's "Symphony of Psalms," Bela Bartok's "Four Slavic Folk Songs" and Johannes Brahms' "Quartet Op. 92" and "Liebeslieder Waltzes."

Music Director Maestro Ira Spaulding is a choral conductor, singer and master class instructor whose career spans 40 years of performance in more than 60 countries. He is currently professor of vocal and choral music at City College of New York and maintains a career abroad as a singer, teacher and conductor.

To learn more about the chorus, including complete membership information, visit www.HudsonChorale.org. To receive additional information and/or to schedule a time for an audition, contact Jeanne Wygant at 914-478-0074 or e-mail JeanneWygant@optonline.net.

Mohegan Lake Parcel Rezoned for Commercial Development

By Rick Pezzullo

The Yorktown Town Board last week unanimously voted to rezone property at the intersection of Route 6 and Mohegan Avenue to allow future commercial development.

The board's action in changing the zoning from O (Office) to C-2 (Commercial Hamlet Center) gives Celestial Route 6 Associates II, LLC the green light

to pursue building either a 7,200-squarefoot retail building or a 2,000-squarefoot fast food restaurant on the 0.83-acre parcel, which is located across from CVS on Mohegan Avenue.

The town's Planning Board, Conservation Board and Advisory Board on Architecture and Community Appearance had all earlier indicated their support for the rezoning and Celestial's plans.

At a December 18 Town Board public hearing, some concerns were raised about existing traffic congestion on Route 6, which has steadily increased over the years.

However, in its resolution last week, the Town Board concluded "after careful review and consideration of the "EAF" and associated materials, including a traffic study, which shows that redevelopment of the property as a 7,200-square-foot retail building or as a 2,000-square-foot fast-food restaurant would not have a significant impact on traffic operations, the Town Board finds that the proposed Action will not have a significant impact on the environment and does not require the preparation of an Environmental Impact Statement."

Women: Keep Your Head Up, Avoid Mom Posture

Manager of Northern Westchester Hospital's (NWH) Outpatient Rehabilitation Program at Chappaqua Crossing

If you're a mom, you may sometimes feel as though the weight of the world rests on your shoulders. And those shoulders - and your back and neck - may be hurting! "Mom posture" is a painful and chronic condition resulting in rounded shoulders, forward head position, and a frontward pelvic tilt. While anyone can suffer

from "mom posture," especially heavy users of handheld electronics, women are more susceptible than men.

For busy moms, pain often occurs when lifting little ones, hunching over when nursing or changing diapers, or from chauffeuring children to and from activities. Pregnancy contributes to the problem. Aside from the heavy breasts and frequent nursing that can affect a woman's alignment, cascades of hormones during pregnancy cause a natural laxity of the ligaments, allowing muscles and joints to stretch to make room for a growing baby. While this is helpful for

baby's development, it's not so great for mom's posture. Fortunately, it's easy to treat with the following tips.

Be aware of your posture.

Addressing mom posture involves recognition and modifications. First comes recognition. Look at your side view in a mirror. Are your earlobes in front of your shoulders? Do your shoulders lean forward instead of aligning directly with your hips? Is your chin sticking out? If you find yourself answering yes to these

questions, then it's time to take corrective action. Also pay attention to common physical symptoms, such as pain in the neck, back, and shoulders.

Stretch and strengthen your muscles.

A number of simple stretches can alleviate the discomfort of mom posture and bring your body back into alignment. It's important to focus on stretches that strengthen muscles in the back of your body as well as exercises that work your abdominal muscles. My favorite?

Lie on your back on a foam roller, with your head supported by the roller and your knees bent, feet flat on the floor. Move your arms out to your side, forming a "Y" or a "T" until you feel a stretch. Another helpful exercise is a doorway stretch. Find an open doorway, raise one hand and place it on the door frame so that you form half of the letter "Y." Step through the doorway while your arm remains in position, until you feel a stretch. Switch arms and repeat the stretch.

Put down your phone.

New moms should be careful of using phones and devices that contribute to poor posture. Of course, it's hard to put down the phone when you need it for checking sports schedules, staying in touch with friends, or keeping up with work emails. For new moms who find motherhood isolating, smartphones allow them to stay connected to family and networks of other mothers and receive a friendly word or parenting tip when they need it. For moms who don't want to disconnect, I recommend bringing your handheld device to you, instead of bringing your head and shoulders to your device. This simple change can make a significant difference in your posture, and benefit anyone—not just mothers.

Try some positive exercise.

For moms who want to get out there and join an exercise class, or focus on fitness in the comfort of their own homes, I recommend various exercises. My favorites include Pilates, which addresses the core, hips, shoulders, and posture in general, and techniques that strengthen and stretch, such as yoga. These exercises can also help relieve stress, which is useful for moms who carry stress in their necks and shoulders. Yoga, of course, offers other benefits to moms, such as improved sleep, balance, and focus. For women seeking to alleviate the pain of mom posture, it's a win-win.

If left untreated, mom posture can continue to worsen and cause other pain and orthopedic issues. (As if moms don't have enough to worry about!) Luckily, mom posture is 100 percent treatable with the basic lifestyle changes and fitness routines described above. And surgery is generally unnecessary, unless you're suffering from severe neurological impairments, which you should discuss with your physician. So stand up straight, put down your phone, and prepare to take back your body from the pain of poor posture. Because while motherhood involves many sacrifices, good posture doesn't have to be one of them.

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Carlucci Unveils New Front Entrance at Ossining High

State Senator David Carlucci (D-Rockland/Westchester) joined Ossining Superintendent of Schools Ray Sanchez, parents, and students last week for a ceremony to unveil Ossining High School's new front entrance.

The entrance now includes a security check area for visitors to sign in; something school officials said was a major security upgrade. Previously, visitors to the school would enter into the hallway.

"We are thankful to Senator Carlucci for securing \$1 million in state grant money to renovate the front entrance. This new entrance ensures we create a safe and welcoming entrance for our families, students and community," Sanchez said.

Carlucci secured a \$1 million SAM grant for the renovation project in 2016. Work on the entrance began in May 2018 and finished in October.

"It's exciting to see the work complete.

Peekskill Man Jailed for Arson

Continued from page 3

During the trial, prosecutors argued that Cruz had become angry when fire inspectors had ordered electricity be cut off to the building to unsafe conditions. A witness testified that she saw Cruz exit his store at about 10:50 p.m., immediately before seeing an explosion and flames emanating from the building. Cruz had a tenant who occupied the floor above the bodega. At the trial, prosecutors argued that Cruz was experiencing severe financial difficulties and had recently procured a new fire insurance policy. Prosecutors argued that Cruz started the fire by spilling gasoline in the building and setting it ablaze.

Hoovler thanked the City of Peek-skill Police Department, the Hudson Valley Crime Analysis Center and the New York State Department of Financial Services for their assistance in the investigation and prosecution of the case. Hoovler also thanked the Federal Bureau of Investigation for their analysis of cellular telephone records and data, and for presenting their findings at the trial.

"This defendant intentionally placed at grave risk the tenant of that building, the brave firefighters who responded to the fire, as well as others in the vicinity, and clearly deserved a severe prison sentence," said Hoovler. "Arson, particularly when it occurs in a densely populated urban area, is an incredibly dangerous crime. To endanger the lives of others, whether for spite or for financial reward, is something that cannot be tolerated. Every day in our county, firefighters, both volunteer and professional, risk their lives to keep us safe. Arson needlessly adds to the dangers they have bravely agreed to accept to protect us."

This is about keeping our students safe and offering them an inviting place to come and learn," said Carlucci. "We know how critical funding is to the Ossining School District, and I am looking forward to working with Senate Education Committee Chairwoman Shelley Mayer on increasing Foundation Aid for our schools. Under democratic leadership, we must get the funding for our schools that meets their needs."

Senator David Carlucci celebrated with students at Ossining High.





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By Neal Rentz

Westchester and Putnam residents and businesses seeking Web site creation and updates, business cards and advertisements have a resource in Lake Mahopac Graphic Design.

Barbara Tierney operates the business out of her home studio in Mahopac.

One of Tierney's current clients is the Mahopac-Carmel Chamber of Commerce. She is currently working on an advertisement for the Chamber.

Tierney said last week she provides a wide variety of services. "I do logos, brochures, posters banners everything like that," she said.

Tierney has owned her own business since 2006. Previously, she was employed by International Masters Publishers in New York City as an art director in the creative department of the continuity direct mail company.

"We were the first company that started doing recipe cards and children's products and music products," she recalled. "You sign up and you just keep getting them." Tierney designed direct mail pieces.

Before being hired by International Masters Publishers, Tierney worked for

Lake Mahopac Graphic Design

Mahopac



PHOTO BY NEAL RENTZ

Mahopac resident Barbara Tierney, a Web designer and art director, is the owner of Lake Mahopac Graphic Design.

the advertising agency Lois Pitts Gershon in New York City. Some of the agency's clients included USA Today and MTV. "We were the agency that launched MTV and Nickelodeon," Tierney said. She did production work for the agency.

Tierney said she always wanted to be a graphic designer. After leaving Lois Pitts Gershon, Tierney went back to school in upstate New York. She worked a freelancer and was subsequently hired International Masters.

2006, In International Masters eliminated her position and said, Tierney had no choice" and became a freelancer full-time. One of her freelance jobs was working for the children's book division of Readers Digest. "I was getting a lot of freelance work, but I couldn't get a permanent

position," she said.

At first it was difficult being a fulltime freelancer, Tierney said. "It's really hard because you don't have a paycheck coming in."

Tierney said she publicizes her business through her web site and word of mouth. Some of her current projects include creating a web site for a Reiki business and a project for United for the Troops in Mahopac. "I've got a lot of balls in the air," she said.

Tierney is redesigning the United for the Troops Web site. "They're a great organization. They put together packages for our troops that are deployed in Afghanistan and Iraq," Tierney said. The packages are filled with such items as toiletries and candy, she noted. "They get these wonderful letters from the soldiers," she said. "They have a lot of volunteers."

It is important for a business to have a web site, Tierney said. "A lot of people think that just having Facebook is enough," she said. "I don't think it's enough because it doesn't look like you're a legitimate business. "

"Just having a web site isn't necessarily the best thing and just having Facebook is definitely not the best thing," Tierney said. "But having them combined with other social media is very important for any small business."

For more information Mahopac Graphic 914-907-2037, visit https:// lakemahopacgraphicdesign.com/ or send an e-mail to Barbara@ LakeMahopacGraphicDesign.com.

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Since 2000, Mike Risko Music School has been offering the coolest summer camps around.

Children from kindergarten and up can choose either Rock Band Camp or Musical Theater Camp. All levels of musicians, actors and singers can participate – even if they are a beginner.

There are two weeks to choose from this year – the weeks of July 8 and Aug. 19. The camps run from 9 a.m. to 3 p.m. with a showcase at 6 p.m. on one of the evenings. Musicians in Rock Band Camp are placed in a band with children in their age range. Each band has a band manager who is one of Risko Music School's instructors. From concept to concert, they create a band from the ground up, which includes writing original music, learning covers, coming up with a band name and marketing plan and working toward a concert at week's end.

Children in Musical Theater Camp are also placed in a cast of peers in their own age range with a director, who is also an instructor at the school. They work on creating a cabaret show of several of their favorite Broadway songs. They create skits and choreography to go with their songs and present their finished work at the concert.

Whichever camp a child chooses, everyone gets to take electives, including music lessons, master classes and more. They work on fun art projects geared toward their show, such as designing concert t-shirts and posters and create a promo video and design a program. Each

day, there is lunch at the park and fun games such as band versus band kickball and other outdoor activities are planned. Participants can also do yoga and tai chi.

Both programs are \$599 for the week. Registration before Feb. 28 results in a \$100 discount.

For more information and to register, visit www.mikeriskomusicschool. com. Space is limited to 30 children each week. Tuition must be paid in full. For any questions, call Mike Risko Music School at 914-762-8757.

County Parks Summer Camp Registration Opens Next Month

Camp

For ages 3.5 to 9 years old

Choose your own days.

Hours: 9 to 3

Before / After Camp

Care available

Attention parents! Summer will be here before you know it and now is the time to plan for memorable camp experiences for your children.

With a slate that includes milking a cow to playing the saxophone or chasing down a fly ball, the very best in camp variety, convenience and value is at Westchester County Parks.

Online registration begins on Wednesday, Feb. 13 at noon for Muscoot Farm's Young Farmers camp. Registration for

Before or After

for Lakeland Elementary

School Programs

Before care begins at 6:50 a.m.

After care till 6 p.m.

School Aged Children

most other camps begins Friday, Feb. 15 at noon.

"From kindergarteners through teens, young people find the right fit at our outstanding summer camps, which take place in some of our most iconic parks," said County Executive George Latimer.

Muscoot Farm's Young Farmers for children in grades 1-8 provides a unique experience that teaches children what life on a farm was like in the early 1900s in Westchester County. There's also Wranglers Camp for four- and five-year-olds. Programs are held in one-week sessions in July and August at Muscoot Farm in Somers

Summer Nature Camps for children in grades 1-12 focus on weekly themes about animals, insects and plants. Camps are held at Cranberry Lake Preserve in North White Plains; Lenoir Preserve in Yonkers; Trailside Nature Museum in Cross River; and Marshlands Conservancy and Edith G. Read Wildlife Sanctuary, both in Rye. Sessions are offered in July and August.

Slam Dunk Basketball Camp, for children entering grades 3-8 in September 2019, can hit the boards at the County Center during one-week sessions in July. Players learn skills with emphasis on skill development, game knowledge and cooperative learning.

Summer Music Center, for children entering grades 4-12 next September, is

conducted as a single, six-week session that runs from July 1 through Aug. 9. Participants receive instruction in band and orchestral instruments, as well as keyboard, guitar and recorder.

Perfect Pitch and Swing Baseball Camp provides children eight to 12 years old with training that uses unique and innovative methods combining traditional baseball skills with disciplines from other sports at V.E. Macy Park in Ardsley. The daily schedule includes drills, hitting, throwing/pitching and games. Camp dates will be announced.

Hole-in-One Junior Golf Camp for children 10 to 17 years old will be offered at various Golf Westchester golf courses. Camp dates will also be announced in the near future.

Updates and detailed information about dates, hours and tuition can be found at www.parks.westchestergov. com.



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SMALL NEWS IS BIG NEWS 914-864-0878

ne and Wings? **Getting Creative for** the Big Game

(StatePoint) Everyone enjoys a hearty spread of comfort food for the big game. The range of flavors and textures in these dishes tend to run the gamut from salty, spicy, and meaty, to creamy, crunchy, and cheesy, making beer the natural pairing. However, if your drink of choice is wine, finding the right selection can be tricky.

Sauvignon Blanc is very food-friendly, particularly when paired with many game day favorites like nachos, guacamole, salsas and chicken with some heat. Those from the Marlborough region of New Zealand, such as Infamous Goose Sauvignon Blanc 2017 (SRP \$14.99), are crisp, with bright citrus and cool herbal flavors, and would pair well with the majority of dishes on your table. The reason this wine is such a refreshing selection, is that the Sauvignon Blanc grape is grown in relatively cool climates for a slow ripening period, which intensifies the flavors in the fruit.

If you enjoy wings, finding a wine pairing for your feast will be your biggest challenge due to the range of toppings -- from boldflavored spices to thick, mouth-coating sauces.

Try serving Lemon Pepper Wings alongside a glass of Sauvignon Blanc. With its vibrant aromas of fresh lemons, limes, green apple, Thai basil and a touch of floral honey, it is a delicious pairing with this bright dish. When served chilled, the cooling herbal notes in the wine will also help to temper the seasoning.

Ingredients:

- 2 cups oil, or as needed
- 1/4 cup butter melted
- 1/2 tablespoon lemon pepper
- 1 tablespoon lemon juice
- 12 chicken wings

Directions

- Heat oil in a deep-fryer or large saucepan to 375 degrees F.
- Stir lemon pepper and lemon juice into 1/4 cup melted butter,
- Fry the chicken wings in hot oil until no longer pink at the bone and the juices run clear, about 8 minutes. An instant-read thermometer inserted near the bone should read 165 degrees F.
- After cooking, toss hot wings in lemon butter mixture, coating all sides. Serve immediately.

From high-end cuisine to your Sunday football spread, a carefully selected Sauvignon Blanc can be served at any occasion. This season, surprise your guests with a delicious pairing of wine and wings.



PHOTO SOURCE: (C) KUCHERAV / STOCK.ADOBE.COM



Open Big Game Sunday Feb. 3, 10am-4pm

ITALIAN SPECIALTIES 2008 Crompond Rd. Cortlandt Manor 914 737-1100

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BIG GAME SUNDAY SPECIALS

THE BIG GAME SPECIAL!

+ board deposit 1/2 Tray Baked Ziti 1/2 Tray Sausage & Peppers 3 Dz. Buffalo Wings 3 Ft. Wedge **Italian or American**

*All catering orders for The Big Game Special will be oven ready and picked up cold

Sandwiches for specials will not be sliced.



3 Ft. Wedge •

Italian or American 1 lb. of Potato & Macaroni Salad + board dep.

No subsitutions please • Place your order by January 30th • Valid only on 2/3/19

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Look for our "Super" Full Page **BIG GAME AD.** only in next week's Examiner! 914-737-8375

1719 Main Street, Route 6 · Peekskill (3/4 mile West of Beach Shopping Center)

00 Off Any Large

With this ad, Pick up only. Good Big Game Sunday Feb. 3, 2019



Hot

Wings!

962-0096

2013 Crompond Road • Yorktown Heights, NY Located Next to Cablevision, Intersection of Routes 118 & 35 www.yorktownpizza-pasta.com

Happenin8s

Tuesday, Jan. 22

Free Medicare Counseling: Get help understanding your Medicare benefits and coverage on Tuesdays year-round (except holidays) at the John C. Hart Memorial Library in Shrub Oak from 10 a.m. to 1 p.m. and on Thursdays from 10 a.m. to 1 p.m. at the Field Library in Peekskill. No appointments are necessary for the free service. Meet with a trained counselor for information about Medicare Parts A, B and D, Medicare Advantage Plans, Medicare Savings Plans, Extra Help and EPIC. You can also call the Senior Benefits Information Center Helpline with your questions at 914-231-3260 and a counselor will return your call within two business days. For a listing of all eight SBIC centers in Westchester libraries, go to http://www. westchesterlibraries.org/senior-benefitsinformation-centers/.

Senior Benefits Information: Trained volunteer counselors help older adults and their caregivers find information about government benefits to help them stretch their budgets every Tuesday from 10 a.m. to 1 p.m. at the John C. Hart Memorial Library, 1130 E. Main St., Shrub Oak. Get information on Medicare health and prescription plans, nutrition assistance, the Home Energy Assistance Program (HEAP), tax relief programs, and much more. Info: 914-245-5262 Ext.227 or http://www.westchesterlibraries.org/sbic.

Healthy Happy Hour: Healthy Happy Hours are held on Tuesday nights in Mahopac and another location may be added. Take a 10-day vacation from processed foods. Are sugary, fatty, easy-to-prepare, addictive junk foods making you feel sick and tired? Then reset your metabolism and break your addictions to unhealthy foods. For more information contact Diane at 914-843-8745.

Hygeia Programs: Two ongoing programs are being held on Tuesdays at Hygeia Integrated Health LLC, 3505 Hill Blvd., Suite K, Yorktown. Community Acupuncture is being held from 6:30 to 7:30 p.m. The cost is \$30. Come experience the beneficial effects of acupuncture in a group setting. Register: hyinhealth@gmail.com. On the last Tuesday of the month from 7:30 to 8:30 p.m. Eating Disorder Support Group, led by a LCSW and clinical nutritionist will be held. Discuss and resolve issues around relationships with food. Info/register: hyinhealth@gmail.com or www.hyinhealth.com.

Wednesday, Jan. 23

Senior Benefits Information: A Senior Benefits Information Center is available every Wednesday, except for Nov. 27, from 10 a.m. to 1 p.m. at the Somers

Library. If you can't visit the library in person, you can leave a message on the SBIC helpline at 914-231-3260 or e-mail us at SBIC@wlsmail.org with your name, number, a time to call between 9 a.m. and 5 p.m. and whether your interest is in Medicare services or other benefits. A counselor will return your call within two business days. SBIC will not meet on days the Somers schools are closed due to snow. Collages and photographs by Jane Hogan are on display through Feb. 1 during library hours.

Seniors' Fitness Classes: Free fitness classes are being offered to seniors who reside in Peekskill. The schedule is: Monday, Tuesday, Wednesday – The WorkOut – 10 to 11 a.m. Friday – Zumba Gold – 11 a.m. to noon. Call 914-734-4250 Ext. 1 for more information. Classes are conducted at 4 Nelson Ave., downstairs from the library.

Senior Exercise: We offer the Workout M-W from 10-11 a.m. and Zumba Gold on Friday 11 a.m. to noon. The programs are free to all seniors in Peekskill. Call Terri Dean to register at 914-734-4250 Ext. 5.

POUND Program: POUNDTM Fitness Program, a 45-minute full-body cardio and stress relief jam session, fusing Pilates, cardio, plyometrics isometric movements and poses, is offered at Theatre and Dance Arts 131 Bedford Rd. Katonah. Drop in or weekly discount rates are available. The program is being provided on Wednesdays at 7:30 p.m. and on Saturdays at 11:45 a.m. Call Peggy for more information at 914 960-4097.

Bingo Wednesdays: Come to First Hebrew for \$2,000 in total guaranteed bingo prizes, plus an average of \$1,000 awarded in specialty games. Doors open 5 p.m. and games begin 7:15 p.m. every Wednesday (except holidays – check First Hebrew's website calendar). First Hebrew is just west of the Beach Shopping Center at 1821 Main St., Peekskill. Info: 914-739-0500 or www.firsthebrew. org.

Thursday, Jan. 24

Yorktown Jewish Center Courses: A wide variety of courses are being offered at the Yorktown Jewish Center, 2966 Crompond Rd. Family Tensions in the Bible, led by Rabbi Stanley Urbas, is held on the first and third Mondays of the month at 11 a.m. Rosh Chodesh Studies for Women--led by Marsha Sternstein, is held at 7:30 p.m. on one Tuesday evening per month. Talmud and Contemporary Issues-- led by Wendy Segal –is held on Thursdays at 10:30 a.m. Beginners Hebrew--led by Cantor Isabel Kopstein—is held every Monday at 1:30 p.m.; contact the office for details. Advanced Hebrew-

-led by Cantor Isabel Kopstein— is held on Wednesdays at 10:30 a.m. Ten Minutes of Torah--led by Rabbi Sternstein--is held on Shabbat mornings at approximately at 10:30 a.m. Mishneh Torah (Maimonidean thought)-led by Rabbi Sternstein- is held on Tuesdays at 7:30 p.m. Info: 914-245-2324 or yorktownjewishcenter.org.

Happiness Workshop: A Happiness Workshop will be held from 11:30 a.m. to 1 p.m. at the Somers Library. Thursday, January 24, 11:30 – 1 p.m. Everyone wants to be happy, but many cannot find their way to be truly so. In this workshop, Rabbi Laurie Gold and attendees will explore paths to happiness, including practicing forgiveness, gratitude and meditation. This workshop is open to everyone and is non-denominational. Registration is required; register our online calendar at www.somerslibrary.org or call 914-232-5717.

Acting Classes: The Four All Theater Company will be conducting acting classes every Thursday from 6:30 to 8 p.m. at the Field Library, 4 Nelson Ave., Peekskill. Class size is limited. Info: 914-737-1212.

Tu B'Shvat Seder: Come celebrate the birthday of the trees with this creative ritual at 6:30 p.m. at Temple Beth Am. We will joyfully celebrate this holiday through sampling fruits and wines (and grape juice) of all types and hearing special readings that remind us of our responsibility to care for the earth. Congregants and non-congregants alike are invited to take this journey with our Rabbi. No previous knowledge is required, and all backgrounds are welcome. Temple Beth Am is located at 203 Church Pl. Yorktown. For more information please call our Rabbi at 914-962-7500 or e-mail him at rabbiw@optonline.net.

Friday, Jan. 25

Coloring For Adults: It's not just for kids, and it's the latest craze. Join our adult coloring book club at the Somers Library Meetings will be held in the conference room every Friday from 10:30 a.m. to noon. Relax, color, and socialize for free. Materials are provided or you may bring your own color pencils and coloring books. Registration is not required. Info: 914 232 5717.

Job Hunting Help: Free drop-in, handson assistance with online applications, resume writing, e-mail accounts and more is held on Fridays from 11 a.m. to 1 p.m. in the second-floor conference room at the Ossining Public Library, 53 Croton Ave. Assistance is offered on a first-come, firstserve basis. This is not a computer class. Info: Cheryl at 941-2416 Ext. 315.

Temple Beth Am Shabbat: Temple Beth Am will "opens its doors to all who

The Northern Westchester Examiner We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Neal Rentz at nrentz@theexaminernews.com.com.

enter" for Shabbat on Fridays at 7 p.m. Our modern Sabbath service has a spiritually engaging and warm feeling while following traditional modes. All are welcome to our friendly sacred space. For more information, please call our Rabbi at 914-962-7500 or e-mail him at rabbiw@optonline.net.

Jewish Center Services: At the Yorktown Jewish Center, 2966 Crompond Rd., Friday night Sabbath services begin at 6:15 p.m. And Sabbath services on most Saturdays will be held at 9:15 a.m. on most Saturdays. After the services Rabbi Sternstein conducts a learning session based on the Torah portion of the week. Light refreshments are served and everyone is invited to join us as we share in the warmth, knowledge and friendship within our congregation. Info: 914-245-2324 or yorktownjewishcenter.org.

Saturday, Jan. 26

Putnam Valley Shabbat Service: Looking for a modern Shabbat service steeped in Jewish tradition? Come to Temple Israel of Putnam Valley, a Conservative Egalitarian Synagogue situated on beautiful Lake Peekskill. Our inclusive, community-lead services start at 9:30 a.m. on Saturdays and are held in Hebrew and English. Enjoy a comfortable atmosphere where participation is appreciated and afterwards stay for our delicious Kiddush lunch. Services are free; Family Memberships are \$250 per year and include High Holiday Services. The synagogue is located at140 Lake Drive in Lake Peekskill. For more information, call 845-528-2305.

Yorktown Shabbat Morning Services: Chabad of Yorktown, 2926 Old Yorktown Rd., holds services on Saturday mornings. They are easy-to-follow services with Hebrew/English prayer books, a friendly environment and no affiliation is necessary. Kiddush luncheon follows the services. Services begin at 10 a.m. For more information, visit www. ChabadYorktown.com.

Ossining Farmers Market: The Ossining Down to Earth Farmers Market is now being held outdoors on Spring and Market Streets. Customers old and new will find delicious produce, pastureraised meat, poultry, and eggs, breads, baked goods, and much more. For a full list of our markets and vendors, visit DowntoEarthMarkets.com.

Blue Oyster Seminar: The National Maritime Historical Society is presenting Billion Oyster Project, a presentation with Executive Director Peter Malinowski, at the Hendrick Hudson Library, 185 Kings Ferry Rd., Montrose. Welcome and refreshments at 10:30 a.m. and the program will begin at 11 a.m.

Happenin8s

Info: 914-737-7878, nmhs@seahistory. org or www.seahistory.org.

Hudson Chorale Concert: The Hudson Chorale will begin its 2019 season with two matinee concerts on Jan. 26 and Jan.27 at 3 p.m. The concerts highlight Gabriel Fauré's "Requiem" with professional orchestra and soloists, along with a collection of motets by Felix Mendelssohn, Anton Bruckner and Johannes Brahms. The concerts will be held at Queen of the Apostles Chapel at Maryknoll, 55 Ryder Rd., Ossining. Following the concert the audience is invited to an

informal reception to meet and chat with the conductor, soloists, orchestra and chorus members while enjoying some delicious refreshments, a long-standing Hudson Chorale tradition. Ticket Prices: advance sale-\$25; door-\$30 and students-\$10. Advanced sale tickets can be purchased online at www.HudsonChorale.org by calling 1-800-838-3006.

Sunday, Jan. 27

Healing Yoga: Yoga classes for women with breast cancer are held at 5 p.m. on Sundays at Hudson Yoga, 5 Old Post

Rd. South, Croton-on-Hudson. Weekly classes are being conducted by rotating instructors. The suggestion is \$15. Info: Ellisha Simpson at 914-319-4010.

Monday, Jan. 28

Musical Munchkins: The Yorktown Musical Munchkins meet on Mondays from 9:30 to 10:15 a.m. at the Yorktown Stage Theater in room 12. The program is for older babies up to the 1's. Free trial classes are offered. Info: 914-771-7000 or www.musicalmunchkins.com.

Free Jazz Sessions: Free Jazz Jam Ses-

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sions are being held every Monday at The Winery at St. George, 1715 E. Main St., Mohegan Lake. Info: 914-455-4272.

Tuesday, Jan. 29

Postcard Club: The Taconic Postcard Club will meet at 6:30 p.m. at the Yorktown Museum, located on the top floor of the Yorktown Community and Cultural Center, 1974 Commerce St., Yorktown Heights. Bring in the New Year with discussion of postcards celebrating holidays throughout the year. The program is free and open to the public

Former WCC President, Education 'Giant' Hankin Dies at 78

Longtime Westchester Community College (WCC) president Dr. Joseph Hankin, who was the longest serving community college president in the nation, died on Jan. 16. He was 78.

"Assuming the mantle of one of the most admired community college presidents presented a unique opportunity to extend his legacy of service to students and community," said current WCC President Belinda S. Miles, as part of the college's announcement last Thursday of Hankin's passing.

"He made monumental contributions to the community college field as our institutions became increasingly important pathways to high quality and affordable higher education, and he did it with an exceptional team of faculty and staff who cared deeply about the college and surrounding community."

Hankin led WCC for 42 years when he retired in 2013.

Upon his arrival in 1971, he is credited with the near immediate transformation of the college. Following through on proposals shared during his interview process, such as opening the campus to the community, expanding academic programs and repairing infrastructure, he began a bold growth plan. Although relatively new as president, Hankin began his four-decade mission toward a commitment to quality, accessibility, af-



Dr. Joseph Hankin, who served as Westchester Community College's president for 42 years, the longest tenure of any community college leader in the United States, died on Wednesday.

fordability and expansion.

During Hankin's final decade as president, several new extension centers were opened and he oversaw the expansion of the Harold L. Drimmer Library and Learning Resource Center, which doubled in size. The Gateway Center, a 70,000-square-foot structure to provide educational resources for thousands of students, also opened.

During the same time period, WCC expanded its online learning options, added a dozen new academic programs and instituted the Collegium, a resource for older adults interested in study and social exchange. Meanwhile, the college

reached record enrollment figures for credit and non-credit study, more than doubling the numbers from 5,800 students early in his tenure.

Corresponding expansions to the college's 218-acre campus in Valhalla and numerous offsite locations and extension centers throughout Westchester increased access to education for students. Other new construction projects included the science building, Knollwood Center, administration building, children's center, bookstore and an academic arts building that now bears his name.

Westchester County Executive George Latimer last week called Hankin "a giant" who took over a relatively small college and grew its operations with numerous satellite locations and thousands more

"Joe was one of the nation's longest tenured college presidents – longest at a community college – and what made this possible was his heart," Latimer said. "Joe cared for his students, and their success, with every fiber in his being. It is a legacy that will last for generations to come."

Hankin was a first-generation college student whose interest in education led him to teaching and scholarship. In addition to being a prolific writer and speaker with numerous published works, he served for 30 years as an adjunct professor at Teachers College, Columbia University. He inspired generations of students from across the country through teaching and serving on doctoral committees.

In 1986, a project sponsored by the Exxon Educational Foundation named Hankin one of the hundred most effective college presidents of two- and four-year colleges and universities. In 1988, the University of Texas included Hankin among the 50 best community college presidents, for which he earned the Thomas J. Peters Award for Leadership Excellence.

Westchester Community College was Hankin's second college presidency. Before serving at WCC, he was the nation's youngest college president in 1967 when leading Harford Community College in Maryland at 26 years old. He earned his bachelor of arts degree in social science from City College and his master's in history and doctorate in education from Columbia University.

Hankin is survived by his wife, Dr. Carole Hankin, three children and his grandchildren.

A spring memorial in his honor is being planned. Meanwhile, gifts in Hankin's memory may be made to the Joseph N. Hankin Endowed Scholarship Fund at the Westchester Community College Foundation, Westchester Community College, 75 Grasslands Rd., Valhalla, N.Y. 10595.

County Household Material Recovery Facility Expands to Five Days

Westchester County's Household Material Recovery Facility (H-MRF), located at 15 Woods Rd. in Valhalla, is now open five days a week, Tuesday through Saturday from 10 a.m. to 3 p.m., accepting a wide array of household wastes that are not typically collected curb side.

Previously the H-MRF was only available for residents three days a week (Tuesdays, Thursdays and Saturdays).

In addition to properly labelled house-

hold chemicals and other special wastes found in a typical household, residents can bring documents for shredding and expired or unwanted medications for disposal on the first Tuesday of each month.

Generally, the following items are accepted for safe disposal or recycling at the H-MRF:

 Properly labelled household chemicals, such as:

Household cleaning products

Most automotive fluids (antifreeze, brake fluid and gasoline, but not motor oil)

Flammable liquids (kerosene, butane, lighter fluid, turpentine)

Metal, jewelry and furniture polishes and waxes, wood preservatives

Fertilizers, pesticides, insecticides, herbicides

Photographic and swimming pool chemicals

- · Batteries (only vehicle, rechargeable or button cell)
- · Fluorescent light bulbs & CFLs
- · Fire extinguishers
- · BBQ propane tanks (up to 20 pounds)
- · Mercury containing devices (thermometers and thermostats)
- · Electronic waste (TVs, computer monitors and towers)

Continued on page 20

A Realtor Assesses Homes Rigged for Child Safety

When I observe all the kid safety features of today's cars, strollers and homes, I wonder how any of us over the age of 50 ever survived into adulthood.

It's been a long time since I've had a toddler in the house, but I knew things had

changed significantly when my married daughter told me that we could not put my grandson into the crib or the high chair that she had occupied because they were too dangerous.

Considering that her bed from the time she was a tod-dler to a teenager was a stenciled antique from the 1840s, made with no thought of safety at all, it's lucky that my wife and I weren't arrested for endangering the welfare of a child.

As a realtor, I once showed a home that was so heavily protected for child safety that I kept embarrassing myself by not being able to figure out the con-

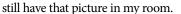
traptions meant to stump toddlers. I wasn't immediately able to open the door to the basement or release a safety gate at the top of the stairs. I noted that there was even a safety lock on the toilet, but fortunately, my clients didn't ask to use it. Had I stumbled and fallen, I'm sure my head would have bounced off something soft like a rubber

guard along the raised fireplace hearth or a spongy protection on the edge of a chest of drawers.

Today, parents of young children have a whole new world of products that can ensure their safety from anything that could

potentially cause harm, even death. And, after taking care of the safety issues, they can plan a child's room around fun, education and delightful themes.

When I was a child in the dark ages, my older brother and I shared a room that had only two twin beds, a chair, and one chest of drawers. Not much better than a monastery cell, the room had only one decoration: a picture of two orphans from Boys' Town in Nebraska, where an older boy is carrying a younger one on his back through the snow, and below is the quote, "He ain't heavy, Father. He's my brother." For sentiment's sake, I



At one time there was a children's furniture store in Yorktown that was a fount of information about child safety, but unfortunately it was forced out of business by online options. But I remember clearly the child safety issues I discussed with its owner.

When I asked about which safety products are the most essential for a home with kids, I was told that there's no specific thing that is more important than the other. It's a combination of everything, depending on whatever might go wrong in any room in the house.

The first safety device described to me was a strap that attaches from a wall to the back of a flat screen TV or any piece of furniture that is likely to tip over. Other safeguard products were identified as doorknob covers, cabinet latches, stove guards, microwave locks, refrigerator locks, electric socket covers and guards for folding and sliding closet doors.

I found it amusing when the store owner said that, with toilet seat locks, he would suggest that homeowners remember to unlock them when expecting company or there can be an embarrassing moment.

His strongest caution was that safety gates at the top of the stairs should be mounted into the wall, making them more secure than pressure gates. It seems that, with pressure gates, there is a bar across the bottom and, no matter how many times you remind yourself, you can easily trip over the bar when the gate is open.

Once the necessity of safety is addressed, there is a whole new world of adventure today in designing a room for a child, starting with high quality cribs that convert to full size beds, using the back as a headboard and the front as the footboard, adding sidebars and slats that are provided Beauty can be combined with practicality with multi-use furniture where a loft bed might feature storage for clothes while providing other functions as well.

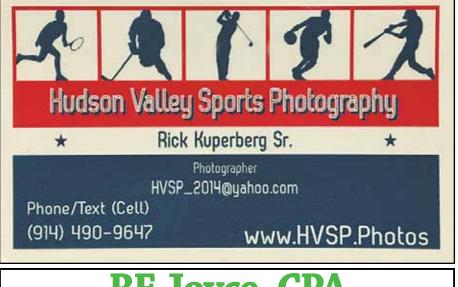
I remember once finding a fantastic piece of children's furniture that didn't exist when I was a child, and I don't even think existed when my daughter was a child. It was billed as a "play and study" bed featuring a loft bed and, below, a four-drawer dresser, steps that each open to double as storage, a full desk and a secret hide and seek playroom under the bed with lights and a bookcase inside where parents can add a rug or even another bed for sleep-overs.

Homeowners have more options today for their children's use and safety, certainly more so than when I lived in a world fraught with danger. I remember so clearly that, when I was about 5 years old, I turned the knob without a safety device leading to the basement, and I tumbled down the steps, landing on my head on a concrete floor. Fortunately, I survived the mishap, but whenever I acted weird, even into my teenage years, my mother would always speculate that it was that bounce of my head against the concrete that was at the root of the problem.



ROOFING —WINDOWS SIDING DOORS DECKS **DON'T BE THAT HOMEOWNER** WHO WAITS UNTIL THE LAST MINUTE TO BUTTON UP THEIR **HOME. THERE IS STILL TIME** TO BUTTON UP YOUR HOME → DOORS **CALL NOW FOR YOUR FREE** E YOUR FREE
E YOUR HOME
A COLD!

WC. Lic. #10415H99 **ESTIMATE BEFORE YOUR HOME CATCHES A COLD!** GreenSky WINDOWS - SIDING P.C. Lic. #1817 **YNK 307** OME IMPROVEMENTS H-12519-07-23-00 **Master Elite** $914 \times 271 \times 9119$ Due to the fire we have temporarily relocated to 1392 Albany Post Road Robert & Mary Sniffen, Owners ROOFING Family Run. Owner Supervision on All Jobs. Exceptional Quality and Service at Affordable Prices. www.miraclehomeimprovements.com SEAMLESS GUTTERS ← LEADERS ← REPAIRS ★



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Crossword

ACROSS

- 1. Second letter addendum
- 4. German for "forest" or Cortlandt Manor realty agency
- 8. Annoyance
- 9. ____ Babies
- 11. Wintry precipitation
- 13. Song holder
- 14. Navy ship intro
- 15. Baseball's Guerrero and Martinez
- 18. Compass point
- 19. TV adjunct
- 21. California county or

Mohegan Lake

swimming pool distributor,

- ____ County Pools
- 26. Earlier, in a poem
- 27. Artistic masters
- 29. Cruising
- 32. Tree adornment
- 33. Adam's leaf
- 34. Marker
- 35. Cover charge, e.g.

Down

- 1. "Boy with a pipe" painter
- 2. Someone who removes wrinkles
- 3. Indy 500 time differentials
- 4. No-cal drink
- 5. Bibliographical suffix
- 6. Rapper prefix
- 7. Paris's Pont ____ Arts
- 9. 8 bits
- 10. Cornerstone abbr.
- 11. Critical hosp. areas
- 12. Agent (abbr.)
- 16. Cover
- 17. Mean guy at Christmas
- 20. Catch one's breath
- 22. Not to be missed
- 23. Hoopster Archibald
- 24. Earth sci.
- 25. Sixth sense, for short
- 28. Minor quarrel
- 29. Kind of stock, abbr.
- 30. Health inst.
- 31. Boyhood nickname in

"Star Wars"

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(Solution to puzzle on page 15)

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	8 I	R	Е		⁹ B	10 E	Α	N	-	Е
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¹³ C	Α	S	S	Е	Т	Т	Е			
¹⁴ U	S	S		¹⁵ P	Ш	D	R	¹⁶ O	¹⁷ S	
¹⁸ S	S	E						¹⁹ V	С	²⁰ R
	²¹ O	R	²² A	²³ N	²⁴ G	²⁵ E		²⁶ E	R	Е
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³⁴ C	Н	ı	Т				³⁵ F	Ε	Ε	

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Cuomo Urged to Deliver \$27M Owed to Ossining

Continued from page 5 cation.

Both lawmakers ensured parents that they will fight until the budget is resolved every school receives their fair share of funding.

While recent Ossining graduate Alexa Rudley praised the districts faculty members, she said they lack the monetary support they need to help every student with class sizes and personalized support continually increasing. Melissa Banta, co-chair of My Brother's Keeper in Ossining, agreed and stressed that thousands of students have graduated over the last 10 years without the equitable education they deserve.

"It's time to stop playing games with the future of our children. Every year another child loses the potential that they deserve," Banta said. "We're all here today because we believe in the future of our children and we ask that the governor step up to the plate and believe in them too."

County Material Recovery Facility Expands to 5 Days

Continued from page 17

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LEGAL NOTICES

NOTICE OF FORMATION OF KABATCHNICK ENTERPRISE HOLD-INGS LLC Arts of Org filed with Secy of State of NY (SSNY) on 12/7/2018. Office location is Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 18 Belmont St., White Plains, NY 10605. Purpose: Any lawful act or activity.

NOTICE OF FORMATION OF ROMANOFF ELEMENTS, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on 10/25/2018. Westchester County. SSNY designated as agent for service of process on LLC. SSNY shall mail a copy of process to Carol Romanoff 55 Byram Ridge Road, Armonk NY 10504 Purpose: Any lawful purpose.

Articles of Organization (DOM-PROF. LLC). Erica O'Connor PT PLLC filed with the Secy. of State of NY (SSNY) 11/6/18. Office loc.: Westchester County. SSNY is designated as agent of DOM-PROF.LLC upon whom process against it may be served. The address SSNY shall mail copy of process to c/o Schecter, 153 W. Main St., Mount Kisco, NY 10549. Purpose: The practice of Physical Therapy.

NOTICE OF FORMATION OF EATON TAX SERVICE LLC. Articles of Organization filed with the SSNY on 01/02/2019. Office: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to Eaton Tax Service LLC, 142 Mt Joy Pl, New Rochelle, NY 10801. Purpose: Any lawful purpose.

The name of the LLC is Goodbear Holdings LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on December 20, 2018. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Westchester County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o 25 Bank St. Apt 214K, White Plains, New York 10606.

The name of the LLC is Goodbear Property LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on December 20, 2018. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Westchester County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o 25 Bank St. Apt 214K, White Plains, New York 10606.

DB PRINTING & PROMOTIONAL PRODUCTS LLC, Arts. Of Org. filed with SSNY 9/26/2018. Office loc: West-chester County. SSNY has been designated as agent upon whom process against LLC may be served. SSNY shall mail process to: LLC: United States Corporation Agents, Inc., 7014 13th Avenue, Suite 202, Brooklyn, NY 11228. Purpose: Any lawful purpose.

NOTICE OF FORMATION OF CASA CORDOVA, LLC. Arts. of Org. filed with SSNY on 1/16/19. Office location: West-chester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to 1251 Wilson Road, Yorktown Heights, NY 10598. Purpose: any lawful act or activity.

Town of Putnam Valley 265 Oscawana Lake Road Putnam Valley, NY 10579 NOTICE WT 1/2019 January 15, 2019 Notice is hereby given that the Town of Putnam Valley has received a wetlands application from the following applicant: WT 01/19 Carolyn Rudowich 243 Lake-Shore Road TM# 41.6-1-6



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Today's Landscape of the Benefits and Detriments of Wine Consumption

They seem to pop up each time I'm surfing the wine-centric internet: the numerous reports on studies that support or refute the benefits and detriments of wine consumption. Each time I read these - regardless of the source - I attempt to validate them through

the lens of my inherent objective thought processing.

But the more I read, the more I begin to question my objectivity. This typically occurs as I'm nurturing a fine red wine, my fingers gently curled around the stem of my wine glass.

Bv Nick Antonaccio

You Heard It

Through the

For years, I've espoused to readers the health benefits of consuming red wine in moderation. The phenolic compounds present in red grape skins have

been consistently shown to prevent disease and to improve our immune system's ability to fight the ravages of cell mutation. Numerous studies conclude that the benefits of red wine outweigh the potentially negative effects of moderate alcohol consumption.

Then, last year I reported on a report published by the British Medical Society stating unequivocally that alcohol consumption in any form is detrimental to our health. While recommending abstinence, they nevertheless issued consumption guidelines far more restrictive than those published by their American counterparts.

So what's a fellow to do? In my selfcentered universe of sorting available data and reaching measured conclusions,

> I've rationalized that I am a moderate and responsible wine

> And so it's been for the past few years. But a thought always nags me. Is my mindset mainstream or fringe? How have others filtered these reports and studies? What conclusions have they reached concerning their consumption habits?

> And now I know. The wine consumption pendulum is swinging.

Have you heard of the latest trend in alcohol consumption? "Dry January" has gained popularity across the United States and the British Isles. Health conscious adults are abstaining from alcohol this month in an effort to curb their drinking habit. Anecdotal results I've gleaned are all positive. In Britain, the University of Sussex has been tracking the results of those who practiced a dry January in 2018. They report a "host of health benefits, like improved sleep, more energy, and weight loss."

A trend of declining wine consumption, even abstention, among millennials, albeit fledgling, is being reported. As the largest generation in United States history, they are influential in driving trends across many cultural, economic and social platforms. Their focus on leading healthier lifestyles is increasingly evident in the food on supermarket shelves, restaurant menus and even fast food kiosks. This phenomenon is crossing over to the alcoholic beverage industry.

Here are other examples of this trend, which seems to have taken a greater foothold with millennials in the United Kingdom than those in the United States.

--42 percent of British Millennials are drinking less alcohol than they were three years ago (Eventbrite survey).

--41 percent drink zero to one alcoholic drink per week, far less than the average consumption across other generations (CLICKON Data Insights survey).

None of these studies and reports should be construed that excessive drinking is no longer a problem with younger generations. But any trend toward lower consumption is encouraging.

As one might expect, the trend toward reduced alcohol consumption and abstention has spawned a new market for wine products. Rather than no alcoholic beverages, why not no alcohol in beverages?

In a past column I presented a new technology introduced by Californiabased ConeTech, Inc. They have mastered a process that lowers the level of alcohol in wine without reducing its flavor or aroma. Their "Spinning Cone Column" process essentially removes up to 92 percent of alcohol without affecting the other attributes of wine. I just read that ConeTech has enhanced their technology, reducing alcohol content in wine to 0.02 percent. Now consumers can have their wine and drink it, too.

The contradictory reports swirling around the benefits and detriments of wine consumption will persist for many years. Today's younger generations, focused on healthy lifestyles, bring a growing sensibility to this debate.

Nick Antonaccio is a 40-year Pleasantville resident. For over 25 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews. com or on Twitter @sharingwine.

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continued from previous page

TOWN OF PUTNAM VALLEY ZON-ING BOARD OF APPEALS 265 OSCAWANA LAKE ROAD PUTNAM VALLEY, NEW YORK 10579 Phone (845) 526-3740 Fax: (845) 526-3307 EMAIL: mbabnik@putnamvalley.com

NOTICE: Notice is hereby given to interested parties that a Public Hearing will be held by the Putnam Valley Zoning Board of Appeals on Thursday January 31, 2019 at 6:30 at Town Hall, 265 Oscawana Lake Road for the purpose of considering the following petitions and requests together with all other matters that may properly come before the Board at this time.

AGENDA: Held Over 1.Correia, Carlos, 1135 Williams Street-84.-2-48; CD Request front yard setback variance and 280A variance for two lot subdivision. New Application: 2. Mottola, Joseph, 75 Spruce Knolls- 73.5-1-21; R-3 Request side and front yard setback variances for generator and propane tank. 3. Higgins, John, 116 Lake Shore Road, - 41.10-1-22; R-3 Request side yard variance and variance under Section 165-44 A (1) of the Zoning Code for sunroom on existing garage roof. 4. Killmer, Daniel, 68 Oscawana Heights Rd.-52.-2-25; R-3 Request variance under Section 165-27 I 2 of the Zoning Code for fence. 5. Fontanez, Ferdinand, 34 Floradan Road- 83.12-2-50; R-1 Request front yard variance and variance under Section 165-44 A (1) of

the Zoning Code for roof over existing front porch. 6. Oliver, Michael, 956 Peekskill Hollow Road-53.-3-13; R-3 Request front yard setback variance for existing generator and propane tank. BY ORDER OF THE TOWN OF PUTNAM VAL-LEY ZONING BOARD OF APPEALS WILLIAM MASKIELL, CHAIRMAN

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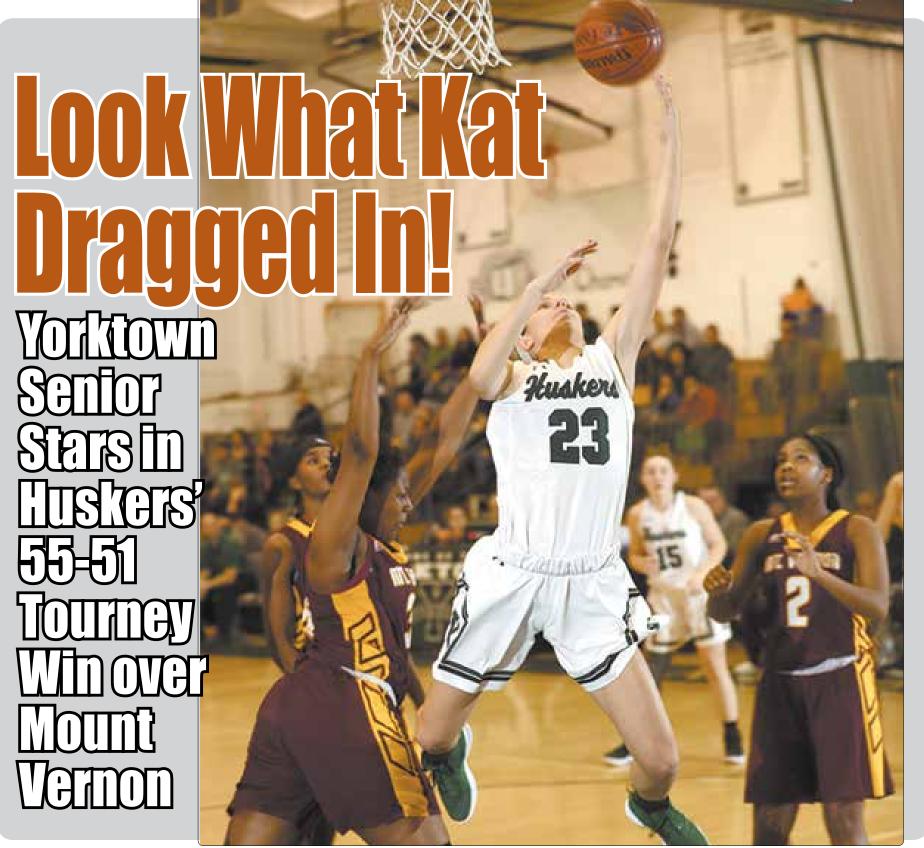
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Lakeland Ends Panas Win Streak; Somers Gets Healthy

By Tony Pinciaro

LAKELAND entered the 2018-19 varsity girls' basketball season facing a difficult task. The Hornets graduated three starters from last year's sectional-qualifying team and welcomed a new, young group, which made preseason more important than in previous years.

"We struggled a bit in the beginning of the season," Lakeland Coach Miranda Mangan said. "It was tough to lose three starting players and it just took our girls a few games to figure out how to really gel together."

Once the teams familiarized themselves with each other, the transition was complete and the Hornets got on a roll, winning five of their last seven games, including a defining victory last week.

Lakeland won two of three games last week, highlighted by a 58-52 victory over district rival and previously undefeated Panas.

The Hornets opened the week with a 67-21 win over Riverside, but John Jay-Cross River ruined their bid for a perfect week with a victory.

"I am really happy with how far we've come and we are hoping to keep this momentum going forward," said Mangan of her team, now 7-5 this season.

Lakeland handed Panas its first loss despite foul trouble to Alexa Cole, forcing her to the bench. Amanda Cole scored 17 of her team-high 20 points in the first quarter and Alexa Cole finished with 16



RAY GALLAGHER/BOB CASTNER/RICK KUPERBERG PHOTOS

Putnam Valley junior G Kelli Venezia dropped 26 points off six 3's in opening-round win of Yorktown Tournament.



Brewster's Grace Galgano and Lakeland's Brianna Monte have been instrumental parts of their teams' success this season.

points and seven rebounds.

"I really respect this Panas team," Mangan said. "I teach a lot of the girls in class (she splits time between Panas & Lakeland) and they are a great group with a lot of talent. The game was incredibly stressful until the final buzzer went off. Every minute felt like ten. I kept telling our girls that a team with their talent could cut a 15-point lead in a few short possessions, but our girls came with an energy and intensity that we haven't seen yet this season. We couldn't be prouder.

"Amanda Cole had a monster of a game and she really stepped up when Alexa was on the bench in foul trouble. Hannah Devane, Sarah Carroll and Tyler Hormazabal all played incredible defense to shut down their shooters. Hannah Devane and Sofia Portante really stepped up for us off the bench. They both had a few big shots and steals that kept us in the lead when Panas was cutting the lead in the fourth. The energy

from our bench was something we've never seen before. The whole team just came together and it was an exciting moment we hope to build off of."

Portante and Devane each had seven points in the win.

Alexa Cole poured in 25 points in the victory over Riverside and Tyler Hormazabal added eight points.

Alexa Cole has been the driving offensive force for Lakeland this season. However, Cole's leadership has been just as vital as her offense.

truly is "Alexa special studentathlete," Mangan said. "We always knew she would be since the day she made our varsity team as an eighthgrader. She is the type of athlete coaches wish they had on their team; a natural-born leader, disciplined, resourceful self-motivated with a passion for excellence you just can't teach kids.

"Alexa has always had a big hand in our program's success, but

I am so happy that she is really making the most of her senior year. No one deserves it more."

One week after dropping two games, **SOMERS** rebounded to win twice, over Yorktown, 42-30, and Horace Greeley, 41-30.

"We've had so many injuries it's been tough to get in a good offensive groove," Somers' Coach Marc Hattem said. "We lost another starter with a concussion in the Yorktown game. We've had to get after it defensively and we certainly have."

Dani DiCintio led the stateranked (No.25) Tuskers with a game-high 25 points in the win over Yorktown. Hattem said his team had a balanced scoring effort against Greeley as Hannah Angelini finished with 12 points and nine rebounds and inched ever-so-close to 1,000 for her career (11 shy). Pooja Rao grabbed 14 rebounds, the most by a Somers' player in three years, Hattem said.



Yorktown F Ashley Zeolla powers up for two of her 16 points in the Huskers' 55-51 win over Mount Vernon in opening round of Budries Tourney.

BREWSTER opened the week on the wrong side of a 58-35 score with John Jay-Cross River, but the Bears bounced back

continued on next page



Yorktown G Jesse Barer has been critical component of Huskers' superb start, including her performance in opening round win over Mount Vernon in Budries tourney.

Sports

continued from previous page



Mahopac freshman G Melanie DeMeo drives baseline in the Indians' 49-46 last-second setback to visiting John Jay EF last Thursday.



Putnam Valley G Arianna Stockinger goes for two of her 15 points in Tigers' 78-44 win over Class AA Clarkstown North in Yorktown tourney.

with a 43-34 victory over Horace Greeley.

"It was a very difficult game from the start as we trailed, 17-5, after one quarter," said Brewster Coach Mike Castaldo of the John Jay game. "We were able to cut the lead to 24-18 in the second, but Jay scored the final seven points and we trailed by double digits at the half. Turnovers killed

us this game and when we did have the opportunity to score, we couldn't convert."

Meagan Beal finished with 10 points and 10 rebounds for Brewster.

Maggie DePaoli erupted for 22 of her game-best 26 points in the second half against Greeley, enabling Brewster to overcome a nine-point third-quarter deficit.

"Maggie took over the game and was incredible," Castaldo said. "She had two and-one's and two threes in the final three minutes of the third quarter when we trailed by nine. Maggie carried us in the second half, and she went 6 for 6 in the final minute from the line when the game was tight. Meagan (Beal) was tremendous on the boards and defensively for us in the fourth quarter. She does all the little things that

don't show up on the stat sheet."

Beal seven points, 12 rebounds, two blocked shots and two steals.

YORKTOWN lost to Somers, 42-30, in game one of the week, then came back to defeat Mount Vernon, 55-51, in the first round of the Cornhuskers' Tournament.

Yorktown plays Putnam Valley in the championship game (TBA).

Yorktown Coach Brian Mundy said his team was trailing Somers, 17-13, late in the second quarter, but allowed a 7-0 run, due to four turnovers, to close out the first half.

Kat Severino led Yorktown with 17 points.

Severino was one of three players in double figures against Mount Vernon, finishing with 19 points. Ashley Zeolla added 16 points, Amber Bodden had 10 points and Jesse Barer scored seven points.

"After they took a 21-6 lead, and we took time to regroup, we had to go to a press a little earlier than we talked about in pregame," said Mundy of the Mount Vernon game. "It was a blessing in disguise because it caused them to a bunch of problems. The girls used that energy and got some momentum

in the second and third quarters, and we went on a 34-9 run to take a 10-point lead. The defense definitely propelled the offense. I've said it over and over. There is no quit in this team. This could have easily been a different result not in our favor, but the girls stayed focused, kept their heads

straight and continued to chip away."

PUTNAM VALLEY advanced to championship game the Yorktown Tournament with a 78-44 victory over Clarkstown North. Kelli Venezia finished with a game-high 26 points, including six treys. Arianna Stockinger added 15 points and Eva DeChent contributed 11 points for the stateranked (No.17) Tigers.

PANAS, ranked No.15 in NYS, experienced its first loss of the season – 58-52 – to district rival Lakeland.

"Lakeland jumped out to a hot start," Panas Coach Matt Evangelista said. "Although we closed the game to four in the fourth quarter, Lakeland was able to finish off the game for the victory."

Kristen Scrobola had

a team-leading 17 points for Panas, now 10-1 this season. Julia Araujo and Kristen Cinquina had 11 points apiece.

HEN HUD lost a pair last week to two top Class B teams, Pelham, 55-50, and Briarcliff, 56-34. Hen Hud is now 6-6. Hen Hud trailed by two after the first quarter to Pelham, but the Pelicans went into the half with a 29-20 lead.

Caitlin Weimar led Hen Hud with 21 points and 17 rebounds. Aniyah Thomas added 12 points and Grace Moretti had five assists and four steals.

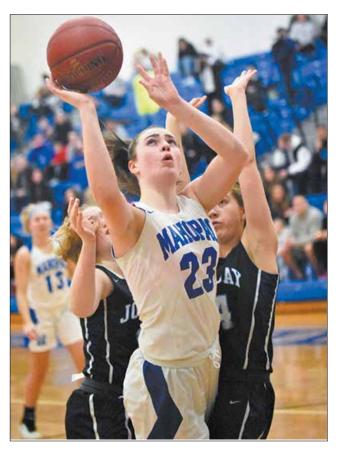
"We did play well," said Hen Hud Coach Ken Sherman of the Pelham game. "Caitlin

got her third foul early in the second period. We had a four-point lead at that point and ended up being down by nine at the half for a 13-point swing."

Briarcliff seized control of the game in the second quarter, outscoring Hen Hud, 21-12, to take a 34-22 lead at halftime.

Weimer finished with 16 points, 18 rebounds and five steals and Thomas contributed 10 points.

MAHOPAC opened the week with a 61-53 victory over R.C. Ketcham, 61-53, then lost at the buzzer, 49-46,



Girls' Hoops Notebook

Mahopac sophomore C Caitlin O'Boyle goes up for shot in the Indians' 49-46 last-second setback to visiting John Jay EF last Thursday.

to John Jay-East Fishkill. Mahopac used an offensive barrage in the second half to overtake Ketcham as the Indians scored 39 points. Mia Klammer led Mahopac with a game-high 18 points.

"The girls played a solid game," Mahopac Coach Chuck Scozzafava said.

John Jay overtook Mahopac in the fourth quarter, transforming an 11-point deficit into a victory. The Patriots outscored the Indians, 23-9 in the fourth quarter.

"As you can see, we went cold in the fourth," Scozzafava said. "It was a tough loss. The girls played hard."

Klammer had a team-leading 14 points for Mahopac.



Peekskill senior Sandra Murphy scored her 1,000th career point tonight and has been the backbone of the Red Devil program for four years running.

NWE/Putnam County Super 7 Hoops Poll

No.1 PUTNAM VALLEY – Coach McDonnell's Class B state-ranked (No.9) Tigers (12-2) will get Class A's Pelham and Lincoln and AA Ossining to close out the month. Ending January at 15-2 is the goal, but doing so without injured senior F TJ Brescia (high ankle) makes for a tough but doable task. He's close to a full return. P.S. Emerging senior swingman John Millicker's rebound and instantaneous full-court pass to Shillingford for his 1,000th career point was the assist of the year.

No.2 SOMERS - Coach DiCintio's Class A Tuskers (10-2, 4-1) locked horns in a defensive battle with state-ranked (No.25) Greeley and the Quakers prevailed, 39-31 to win their seventh straight and improve to 9-2 behind 20 points and 13 caroms from Nicholas Townsend. Wing Nick Maestri led Somers with nine, which won't be nearly enough to get the job done against most of the Class A upper crust. Defensively, the effort was unreal, but 31 points won't get it done in any setting and the Quakers (9-2, 4-0) now control the destiny of League II-C. Nice 50-44 bounce-back win over Mahopac Saturday behind Maestri and Germaine (13 apiece), which is why they hold on to No.2.

No.3 MAHOPAC – Coach Simone's Class AA Indians (9-5) had a legit crack to make a move to No.1/2 in this poll but Somers denied entrance into the upper crust in a 50-44 setback, in which the Indians held a halftime lead behind Reahl Allen (12 points) and Drew Riolo (9).

Indians' 70-60 win over RCK earlier in week saw two players -- Allen (22 points, 10 boards) and Vin Bastone (18 points, 10 rebounds) -- post effective double-doubles



Putnam Valley G Ryan Soto goes up for two in Tigers' 54-36 win over North Salem.



RAY GALLAGHER/RICK KUPERBERG/BOB CASTNER PHOTOS Putnam Valley F Adam Cekaj flips pass in Tigers' 54-36 win over North Salem.

as Mahopac won its sixth straight and moved to No.6 in the bracket. First-round playoff win had now become mandatory.

No.4 BREWSTER – Coach Nelligan's Bears (4-7, 1-4) chalked up biggest in of season in 58-56 win over John Jay -- CR when young Kobey Hart, a fresh-faced



Mahopac C Reahl Allen tries to block shot of Somers C Max Germaine in Indians' 50-44 loss to Tuskers.



Putnam Valley G Gabe Moise puts up shot in Tigers' 54-36 win over North Salem.

soph, scored the go-ahead hoop with 29 seconds left for Brewster and finished with 12 points. Veteran G Pat Nevin dropped a team-high 14 points for the grind-it-out Bears, who were pleased with the play of senior F Cameron Hart, too, upon his return from injury. Beating Greeley was asking too much, though, in Friday's 65-57 setback when Nevin and Kobey Hart



Mahopac's Tim Cegielski pulls up for shot as Somers' Max Germaine defends in Indians' 50-44 loss to Tuskers Saturday.



Put Valley senior G Charlie Gatewood drives lane in Tigers' 54-36 win over North Salem.

had 11 apiece while Harry Dignan and Cameron Hart had 10.

No.5 LAKELAND – Coach Fallo's Class A Hornets (7-5, 2-2) were supposed to put up much more of a fight in their 71-51 loss to John Jay CR, and it dropped Lakeland all the way back to No.12 in the bracket. Gotta take a hit for that, but #HappyJack Kruse is set to return this week and fortunes should change. Yes, the Hornets beat Brewster head-to-head but their win over Jay is eye-opening, thus the bump for the Bears.

No.6 CROTON – Coach Martucci's Class B Tigers (8-4, 2-2) needed to show more in a 72-60 loss to visiting Valhalla last Thursday in order to remain among the top five and secure home game for opening round of playoffs. Sniping swingman Sean Macarchuk led the way for Croton with 21 and F Sean Reynolds added 13, but the Tigers, who have dropped to No.8 in the bracket, needed this one – or at least a closer showing – to prove they can run with the big boys in Class B, like the third-seeded Vikings.

No.7 YORKTOWN – Coach Pavella's Huskers (4-8) advanced to 2nd round of George Budries tourney behind a 59-46 win over Panas behind Tommy Weaver (8 points), Schumer (17) and Joe Sgobbo (16)

HM CARMEL – Coach Brennan's Class AA Rams (4-7, 0-3) are a complete anomaly to us at this point in time after allowing John Jay EF to chalk up its first win of the season, 63-57, over the Rams, who lost despite a 25-point effort from Shane McNerney.

HM PEEKSKILL – Coach Turner's Red Devils (3-9) are a far cry from the old days but they gave Poughkeepsie fits in 79-69 loss. Shion's club could be tough postseason out.

-By Ray Gallagher

Sports

Two-Sport Shillingford Pushes G.O.A.T. Status, Scores 1,000th Point



By Ray Gallagher Examiner Sports Editor @Directrays

The term tossed around pretty loosely these days, but in some cases the Greatest Of All Time are legit: NFL Patriots QB Tom Brady (remotely debatable between he and 49er great Joe Montana), NHLer Wayne Gretzky (no debate), NBA God Michael Jordan (only newbies challenge the notion with LeBron),

MLB Sultan of Swat Babe Ruth (imagine if he were on steroids like Barry Bonds instead of regularly violating prohibition). Don't get me wrong, Bonds was otherwordly, but there's always that shroud of enhancement that hovers about.

The G.O.A.T debate gets really speculative and subjective when it comes to collegiate athletics: To the point where

G.O.A.T. Miele and Joe Corace)? Was Ric Beardsley or Chuck Jones the greatest at Lakeland? Do you go with Tommy Cottrell at Panas or Sean Lindsay, or perhaps Cottrell's sister Tracy Cottrell-Parchen? Bryce Ford, at John Jay, is my hunch. Al Tandy, Greg Economou and Kathleen Staten ruled

> in their Hen Hud heyday as multisport studs in the '70s and '80s, but then student athletes like Mike Pritts, Kurt Thomas, Nicole Tamburri and TJ Olesczuk followed,

so who's your pick there? You would think Elton Brand at Peekskill is a no-brainer, right? But Tré Johnson was the truth, too. Is recently-graduated Brett Makar really the G.O.A.T. at Yorktown when you have guys like Roy Colsey, Donnie Weese, Pete Cariello and Paul Santavicca having



Everyone's picking it up, and it makes us wonder how good we can be when (injured) TJ (Brescia) comes back. " Shillingford, an A-student with Ivy League potential, can cement his "goatness" in Putnam Valley history this winter should he lead his stateranked (No.9) Tigers (11-2) to the first gold ball and Section 1 title in PV hoops history, boys or girls. Even if he doesn't, it's still a widely held notion that Shillingford, an accomplished student and musician, is the best athlete in school history. Having talked with three longtime coaches at PV last week, we're all in rock-solid agreement: Shillingford, who is a walking double-double the past three seasons for hoops Coach Mike McDonnell, is PV's G.O.A.T.

focus on the gold ball.



Putnam Valley multi-sport senior F Darnel Shillingford is undeniably the G.O.A.T in school history.

RAY GALLAGHER PHOTOS

Teammates and fans surround Put Valley senior Darnel Shillingford after scoring his 1,000th career point in Tigers' 54-36 win over North Salem.

some think Florida's Tim Tebow (Heisman Trophy winner and two-time finalists, but never stuck in the pros) is a G.O.A.T; that Duke's Christian Laettner (1992 Dream Teamer who later masqueraded as a pro) is an all-time collegiate great; and Ohio State RB Archie Griffin (college football's only two-time Heisman winner, who never amounted to much in the NFL) was among the best running backs in college football history.

And the G.O.A.T debate gets even dicier when it comes to high school preps, but Hen Hud A.D. Tommy Baker loves to get into this discussion once every couple of years with me and it goes something like this: Is Dave Fleming the greatest athlete of all time at Mahopac (undebatable, according to coaching legends like Frank tread before him? It's debatable and fun to roundtable over.

Every school has its G.O.A.T.'s: There are many factors that go in to being the greatest of all time, but when you tally up the Putnam Valley High package in its entirety there's only one G.O.A.T., and (IMO) it's All-Section hoops/grid stud Darnel Shillingford, who became just the second boy in school history to score 1,000 career points in the Tigers' 54-36 win over visiting North Salem last Tuesday. This, on the heels of a recordsetting All-NYS football campaign that saw the senior lead PV to its first-ever sectional championship appearance last

"Getting 1,000 points is nice and all but it won't mean anything unless we get



Darnel Shillingford's teammates can hardly contain their glee after the Big Shill dropped his 1,000th career point last Tuesday in Tigers' 54-36 win.

Lucas Skyvalker!

RRICK KUPERBERG PHOTOS (PLEASE VISIT WWW.HVSP.PHOTOS FORE MORE)

High-flying Somers senior G Lucas Fecci splits the defense of Mahopac seniors Mlke Argila and Rheal Allen in the Tuskers' 50-44 win over the host Indians last Saturday when the Tuskers improved to 10-2 and beat the Indians (9-5) for the second time this season, thus snapping Mahopac's seven-game win streak and adding to one of the best starts in Somers history... see Boys Hoops Notebook





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