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Drought, Wins Title...**

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FREE
November 7 - November 13, 2017

SMALL NEWS IS BIG NEWS

Volume 9, Issue 411



Marine Veteran Honored

U.S. Marine Corps Lance Cpl. Craig Wyche, a 1982 Ossining High School graduate and one of 241 members of the U.S. military killed in the 1983 terrorist attack at Beirut International Airport, was recognized on the 34th anniversary of the bombing, October 23, by veterans, current students and family members on the front lawn of the high school.

Yorktown High Grad Head of Class at NY City Police Academy

By Michael Giuliano

The New York City Police Academy held its graduation ceremony on October 23, and Yorktown resident Kristen Boyle stood proud as their valedictorian.

In front of 433 other graduates, Boyle, a 2012 graduate of Yorktown High School, gave a speech that thanked the superior officers and instructors from the academy for their guidance, but also reflected on the changes that all recruits went through during their six-month training.

"I will forever cherish the memories we made together," Boyle said, recalling various incidents that took place during training. "Struggling up the staircase way behind Sergeant Dowling, running the exertion course in the pouring rain, and always looking for the constant validation that we were, in fact, Sergeant Fletcher's favorite company ever."



Kristen Boyle

At the graduation ceremony, Boyle was surrounded by close friends and family, who came from all over New York State to see the momentous occasion.

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Yorktown Town Hall Open for Voters After All on Election Day

By Rick Pezzullo

Voters will be able to make their voices heard at Yorktown Town Hall on Election Day after all.

Last Thursday, a four-judge panel in the state Appellate Division of the Second Judicial Department reversed a previous Supreme Court justice ruling that would have relocated the polling sites for four election districts because of construction of handicapped spaces at Town Hall on Underhill Avenue.

Instead, residents in election districts 16, 17, 19 and 33 can stay put and vote between 6 a.m. and 9 p.m.

On October 24, Yorktown Town Clerk Diana Quast legally challenged a decision by the Westchester County Board of Elections to relocate the polling sites, arguing either Supervisor Michael Grace, Town Board members or Highway Superintendent Dave Paganelli had wrongly informed the county Board of Elections about construction and desig-

nating new polling places would "cause confusion" and "disenfranchise the voters affected."

Grace and councilmen Gregory Bernard, Tom Diana and Ed Lachterman passed a resolution at a work session that supported the Board of Elections' decision. Councilman Vishnu Patel, the lone Democrat on the board, opposed it. Grace, Bernard and Patel are all seeking reelection on November 7.

State Supreme Court Justice Larry

Schwartz ruled on October 26 that Quast, who is a Democrat, "has no standing" as town clerk to challenge the Board of Elections' change of election sites.

However, Appellate Division judges Sandra Sgroi, Sylvia Hinds-Radix, Joseph Maltese and Valerie Brathwaite Nelson saw otherwise, stating by Election Law, polling places must be desig-

Continued on page 2



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Yorktown High Grad Head of Class at NY City Police Academy

Continued from page 1

"It's something she's always wanted," said Angela Boyle, her mother. "She's always been a hard worker, and now it's paid off. She's setting a great example for [her brother and sister] Pat and Kayla."

Boyle, who graduated from SUNY Cortland in 2015 with a Bachelor of Arts in Sociology and a Minor in Economics, said that while her life has led her in several directions, law enforcement always captured her interest.

"I grew up with Nancy Drew and Scooby-Doo," she said, laughing. "But I wanted to have a career that meant something, where I was doing something meaningful and different every day."

Prior to her admission into the acad-

emy, Boyle underwent rigorous personal training to help get into peak physical shape. In addition to learning kickboxing and Brazilian Jiu Jitsu from Elite Defensive Tactics in Yorktown, Boyle took up Crossfit, a high-intensity exercise program that incorporates elements of aerobics, calisthenics, and weightlifting. Boyle credits that training with making her more prepared for what the NYPD calls their "Job Standards Test," the most trying and exhausting tasks being the unassisted climb of a six-foot wall, as well as dragging a 175-pound dummy for 35 feet. Even with all of her preparation, though, Boyle said she still had to adjust to the rough-and-tumble lifestyle that the academy pushes.

"The hardest part was adjusting to the paramilitary aspect of it all," Boyle said. "There were a lot of rules, and always a lot of yelling going on."

As valedictorian, Boyle was given the gift of being able to choose which precinct she would like to be stationed in after graduation. After taking time to make her decision, Boyle settled on the 14th Precinct in Manhattan, more commonly referred to as "Midtown South." Located on 35th Street and 9th Avenue, the precinct enforces some of the busiest sections of Manhattan, including Times Square, Madison Square Garden, Penn Station, and Grand Central Terminal.

"It's a busy precinct, and you're constantly taking on new jobs" Boyle said,

regarding her decision. "But you also get the best details in the city for grand openings, parades, and special events. It's a front row seat to the greatest show on earth!"

When asked if she had any advice for anybody going into the academy, or considering joining the ranks of the NYPD, Boyle stressed the importance of making friends with your fellow recruits; something she reflected upon in her speech.

"We started as individuals but ended as a family," Boyle said in her commencement speech. "I think every officer in here can look into the eyes of their brother or sister next to them and see someone they know is going to sacrifice themselves for this family."

Yorktown Town Hall Open for Voters After All on Election Day

Continued from page 1

nated by May 1.

"Although a Board of Elections has the discretion to designate an alternative polling place if 'a particular polling place so designated is subsequently found to be unsuitable or unsafe or should circumstances arise that make a designated polling place unsuitable or unsafe,' the evidence in the record in-

dicates that the board made the determination to relocate the polling place less than three weeks before the election based only on a general advisement by an unnamed town official that construction would be performed at the Town Hall on the day of the construction," the judges determined.

In addition, the judges concluded that Yorktown Democratic Committee Co-Chair Elliot Krowe, who filed the

appeal, had "demonstrated that irreparable harm would result if the polling place were relocated, particularly at this late date."

Earlier last week, Yorktown Republican Committee Chairman Matt Slater accused Quast of politicizing her position and suggested she resign immediately.

"How much more abuse can Yorktown's taxpayers and voters take?" Slater

stated. "She (Quast) is clearly unable to represent all of Yorktown's residents."

Quast did not return a phone message seeking comment on the court case or Slater's remarks.



The Pap Test

What every woman must know about this test and possible results...

Ask the Doctor

Elisa Burns, MD

Medical Director,
Director of Quality and Outcomes
Institute for Robotic and
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Q: What does the Pap test show?

A: The Pap test (or Pap smear) screens for pre-cancerous cellular abnormalities in a woman's cervix. If abnormalities are found, you can be monitored or treated so you don't develop cervical cancer. A Pap test involves scraping cells from your cervix to examine for pre-cancerous changes in tissue. Depending on your age, history and previous Pap test results, the cells might also be tested for high-risk types of the human papillomavirus (HPV), the most common cause of cervical cancer. Ninety-nine percent of cases of cervical cancer are caused by the human papillomavirus, which is generally sexually transmitted.

Q: If my Pap results are abnormal, what are the next steps?

A: If your cervical cells appear abnormal and/or you are positive for high-risk HPV, you may undergo a colposcopy, an examination of the cervix under magnification, to find areas most likely to have abnormal cells. If these are found, a biopsy is used to make a definitive diagnosis.

Among women aged 20 to 30 years, cervical cell abnormalities often go away by themselves, so we typically monitor rather than treat these women,

as cervical cancer develops slowly. However, when an older woman receives a positive biopsy report, we more often treat because abnormalities don't always go away on their own. We usually surgically remove the abnormal area.

Q: How effective is the Pap test?

A: Very. Routine Pap tests have decreased the rate of cervical cancer in the U.S. by 80 percent. Women who get screened for cervical cancer have an extremely low rate of this cancer.

Q: At what age should I start and stop having Pap tests?

A: Start at 21. Women under 21 have a very low incidence of the type of high-grade abnormalities that will progress to cervical cancer. Screening after age 65 isn't needed if you have a recent history of normal Pap results. If your Pap test and HPV test are negative, you should repeat both tests in three years.

Did you know?

Routine Pap tests have decreased the rate of cervical cancer in the U.S. by 80 percent.

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Efforts Underway to Save Jobs When Indian Point Closes

By Anna Young

State and local officials gathered at the Desmond Fish Library in Garrison Friday morning to discuss the impact the Indian Point closure will have on the workforce and economy when it closes in 2021.

In January, Governor Andrew Cuomo, Entergy and Riverkeeper stunned officials and the public when it was announced Indian Point, located in the Village of Buchanan, would cease operations in 2021.

With the closing of the 240-acre site a devastating hit to the surrounding communities, officials have been hard at work finding ways to supplement the \$32 million in revenue provided by Entergy, while also saving the more than 1,100 jobs provided by the energy plant.

Cortland Town Supervisor Linda Puglisi said the town board hired a financial consultant to aid in bringing in new industries and other revenue sources to offset the loss of revenue in the future. She added that the board would also be setting aside \$100 thousand each year in a separate account for the future.

"We've taken our own action," she said at the November 3 forum. "We need all the help that we can receive. We need people to listen; we are on the front line. We have 40,000 wonderful people that

live in our town and we will continue to speak up to help this beautiful town."

Entergy is a major funding source, providing 33 percent of annual revenue to the Hendrick Hudson School District, 46 percent to the Village of Buchanan, 64 percent to the Verplanck Fire Department, 28 percent to the Hendrick Hudson Free Library, two percent to the Town of Cortlandt and one percent to Westchester County.

As part of the settlement agreement with the state and Riverkeeper, Entergy agreed to commit \$15 million, starting in 2020, to local communities for environmental protection and community benefit fund to offset the loss in revenue.

Puglisi, who added that the announcement was a shock to her especially after the town had signed a 10-year PILOT agreement with Entergy in 2014, is also taking measures to maintain business and stabilize jobs within the community.

"We don't want them to move to New Orleans, the headquarters of Entergy, we want our residents and workers to stay in our community," said Puglisi, also sharing her concern for the Hendrick Hudson School District, the environment and the property values in the area. "We have told the workers at this plant that we will do everything that we can to as-

sist them and fight for them and lobby on their behalf, including during the decommissioning."

On October 30, the Westchester County Board of Legislators unanimously approved a resolution, co-sponsored by Legislator Catherine Borgia (D/Ossining), demanding that current entergy employees be hired to assist in the decommissioning of the plant and the economic development of the area. The employees would also receive job counseling to advance their careers elsewhere.

In addition, the New York state Department of Education will also assist the Hendrick Hudson School District to help recoup some of the \$24 million in tax revenue loss.

Mario Musolino, Executive Deputy Commissioner of the New York State Department of Labor, added that the labor department has had several meetings with NYSERTA, New York Power Authority and Entergy regarding the unionized and non-union workforce at the plant.

"Our goal is to keep people in the community, to have them in stable jobs that support their families, but certainly some of those higher end nuclear plant operator positions will probably have lots of opportunities all over places in the state, region or country," Musolino said.

"It's really going to be a question of what options are being put on the table for individual workers?"

Musolino added that meetings will be set up with labor unions in the future to discuss job opportunities for each individual worker impacted by the closing, stating that overtime he'll get a better sense of the needs of each worker whether it be retraining, relocation or retirement.

"We really think there are positive aspects to the manner in which this is going to occur," said Musolino, added the significant time frame they have to create a clear plan. "I think we're going to be successful because we've got a pretty good record of being successful."

John Sipos, attorney with the New York State Department of Public Service Commission, and Kevin Kamps, nuclear waste specialist with Beyond Nuclear, both stressed the importance of monitoring the removal of the spent nuclear fuel from the site, while also finding new uses for the land.

"The details are important and the pathway for the release of the Indian Point site for re-use depends on a thorough comprehensive radiological decommissioning and monitoring and engagement by the community," Sipos added.



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Former Mayors Endorse Catalina Team in Peekskill

By Rick Pezzullo

Peekskill Mayor Frank Catalina and his bi-partisan Peekskill United team picked up the endorsements last week of six of the seven living former city mayors.

All six of the former city leaders are Republicans, like Catalina. Only former Mayor Mary Foster, a Democrat who was unseated by Catalina four years ago and has been rumored to be in line to be city manager if Councilman Andre Rainey defeats Catalina November 7, was not included in a press release that Catalina termed an “unprecedented statement of support.”

“For me, it was an acknowledgement of promises made and promises kept, a recognition of those who have served and know how difficult it is to get a city back on solid financial footing and stimulate smart development,” Catalina said of the support given by ex-mayors George Pataki, Richard Jackson, Fran Gibbs, Vincent Vesce, John Kelly and John Testa.

“These people represent the true leadership of our city dating back over a 50-year period and I am humbled by their endorsement and support of a truly bi-partisan slate of candidates,” Catalina added.

Catalina is running with Councilman Joe Torres and registered Democrats, Luis Segarra and Robert Sullivan. Rainey’s running mates are Democrats Vanessa Agudelo, Ramon Fernandez and Colin Smith.

Pataki, who served two terms as mayor (1981-1984) before moving on to the state Assembly and Senate and then gov-

ernor, maintained Peekskill United was “poised to keep moving Peekskill forward.”

“I knew the dire financial circumstance Peekskill was in when Frank Catalina ran in 2013 and knew he had a great plan to reverse the city, but I have been surprised by the dramatic turnaround in so short a period of time, just four short years,” Pataki said. “We were lucky he came in when he did.”

Mayor Frank Catalina hands out campaign literature Monday morning at Peekskill train station.



Third-Generation Peekskill Business Owner Honored

The City of Peekskill honored the accomplishments of Charles J. “Chuck” Newman, CLU, with a special proclamation presented to him by Mayor Frank A. Catalina at City Hall on October 23. Celebrating his 25th year of professional service in 2017, Newman, a Yorktown resident, is a licensed insurance agent and principal of The Charles J. Newman Co., LLC, with offices in Peekskill.

Newman is widely known as an indefatigable networker who has helped innumerable business associates and friends connect with each other for mutual gain. He is active in a wide range of civic and business service organi-

Continued on page 15

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Somers Supervisor's Proposed 2018 Budget Under Tax Cap

By Neal Rentz

Somers Supervisor Rick Morrissey has proposed a \$13.9 million 2018 budget that adds a few new positions while staying under the state-mandated property tax cap.

At the November 2 town board meeting, Director of Finance Robert Kehoe said under the state formula for Somers, the tax cap for next year is 2.3 percent. But the tax rate increase being sought by the supervisor is 0.27 percent, Kehoe noted, adding the tax levy increase would be about 0.9 percent.

A help to the town is the higher total as-

essed values in Somers, Kehoe said.

Morrissey is seeking to hire the equivalent of 2.5 new full-time positions. The budget calls for the hiring of one new full-time employee in the water department, as well as three half-time positions – one in the supervisor's office, one in the parks department and one for the town court for a court officer position to free up a police officer from court duty, Kehoe said.

Morrissey said additional funding is being proposed for the town's programs for seniors, such as yoga, for five days a week. This year, the town is funding seniors' pro-

grams for three days a week with grants providing the rest of the funding.

Councilman Richard Clinchy said he was proud of the efforts of both the town board and town employees to hold down spending.

DeCicco coming to Somers

Following last week's meeting, Morrissey said a DeCicco Family Market will be opening in town next year on Route 202.

Construction of the food store is under way and it is scheduled to open in November 2018, Morrissey said.

The DeCicco store is part of the Somers Crossing project, Morrissey noted. "(It) constitutes 66 high end townhouses to be built north of the police barracks," he said. The grocery store will be located opposite the Heritage Hills shopping center, he noted, adding DeCicco owns the property and is constructing a 19,000-square-foot store.

Morrissey said he was excited about the new store coming to town. "We can shop. We don't have to drive out of town or go up to Baldwin Place," he said. "I think it's going to be just another reason to come down to the shopping district."

Somers Supervisor Morrissey Looks Forward to New Term

By Neal Rentz

Unlike many town leaders in Westchester, Somers Supervisor Rick Morrissey does not have to sweat out Election Day.

Morrissey, a Republican, was unopposed this year for reelection and will begin his third, two-year term in January.

Morrissey reflected on the town board's accomplishments over the past two years and laid out major goals for his upcoming term during an interview last week.

He said the town board had achieved a lot during his current term, mentioning the town has obtained funds from devel-

opers, as part of the approval processes, to pay for sidewalks, paving, sewers and water project "at no costs to the town. "I'm very proud of those negotiations," he said.

Morrissey described the town's updating of the Comprehensive Plan for the first time since 1994 as "phenomenal." The plan will be used as a guide for the town for the next decade, he said.

Morrissey said over the next two years he wants new tenants moving into the vacant portions of the properties previously occupied by IBM and PepsiCo. Potential uses for the IBM property could

include retail, commercial and hospitality, he said. There are some tenants on the former PepsiCo, including Flik Hospitality and several leased offices spaces. "They're beautiful properties and we hope to repurpose them. That's a priority," he said.

The former IBM and PepsiCo properties have been submitted by the Empire State Development Corporation as potential sites for a new Amazon facility, Morrissey said. Amazon is supposed to make a final choice sometime next year, he said.



Rick Morrissey

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Puglisi Proposes 2018 Budget with Tax Hike Under Cap

By Rick Pezzullo

Cortlandt Supervisor Linda Puglisi recently released her 27th proposed spending plan under her administration for 2018 with a tax levy increase of 1.84%.

Puglisi, who is seeking a 14th term on Election Day, stressed town taxes have only increased an average of 1% during her tenure, with the highest hike being 2.8%. She noted residents enjoyed 12 years of not

having to dig deeper into their pockets.

“From the beginning of my administration that began 27 years ago I pledged to our taxpayers that I would make it my priority to deliver town tax controls, tax relief and very low town tax increases every year,” Puglisi stated. “Over the years, we have had a voluntary and real tax cap in the Town of Cortlandt that has benefited all of our property owners

both residential and business owners. At the same time we have tripled our town savings (fund balance) and every year produced a surplus.”

Puglisi pointed out Cortlandt’s excellent bond rating (Aa2) by Moody’s, which she maintained was achieved, in part, by sharing services and consolidating departments to run a more efficient government.

“I am very proud to have served as

town supervisor in Cortlandt for 27 years,” she said. “I have worked very hard along with our entire team in our government (town board members, department heads and all of our 180 employees) to deliver and maintain a very close to one percent town tax increase, on average, for our taxpayers while at the same time always seeking new ways to improve our services and community.”

Grace Touts Financial Health of Town in Tentative Budget

By Rick Pezzullo

Yorktown Supervisor Michael Grace recently unveiled his tentative 2018 budget that he declared exemplifies the town’s “robust fiscal health.”

“This year I am very proud to let the numbers speak for themselves,” Grace stated in his budget message to residents. “Simply, the town is in excellent, excellent fiscal health and should remain so for the foreseeable future.”

The spending plan released by Grace, who is running for a fourth two-year term on Election Day, basically keeps property taxes flat. He reported Yorktown has \$10.7 million in its unassigned general fund balance, while over the last

six years the town’s long-term debt has decreased by more than 30%, or a rate of \$2 million annually.

“The good news does not end at the numbers. The town has been restored to fiscal health while having maintained services and having accomplished plenty,” Grace stated.

Next year, Grace is proposing to spend more than \$900,000 on road paving, the second year of a four-year plan to allocate that amount on upgrading town roadways. In 2018, Grace is also planning to continue his pursuit of relocating the highway and parks operations, and go out to bid to rehabilitate the Railroad Park railroad station.



Yorktown Trail Town Committee Seeks Vols

The Yorktown Trail Town Committee (YTTC) hosted two successful events during the Hudson River Ramble event series in September, showcasing Yorktown’s beautiful trail network. YTTC is currently working with the Town Board to build a new trail that will connect FDR State Park from Baldwin Road to the downtown Yorktown business district, providing a safe alternative passage for walkers and bicyclists. YTTC will be looking for volunteers to help construct the trail in early 2018.



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Editorial

Vile Political Mailings Doing More Harm Than Good

If the aim of the political mailings that have been flooding mailboxes over the last few weeks is to entice voters to head to the polls on November 7, the strategy is failing miserably.

From the Westchester County Executive race to the Yorktown supervisor and Town Board contests, the cesspool of content has been reprehensible. The traditional mudslinging has been replaced with below the belt, out of bounds venom.

For example, County Executive Rob Astorino has been unmercifully attacking opponent George Latimer over property taxes owed by his wife on a home Latimer has no legal stake in. In addition, Astorino has blasted Latimer over unpaid parking tickets. Interestingly, Latimer hasn't retaliated by pointing out Astorino can't get parking tickets because he is driven by a paid driver, something he promised he wouldn't indulge in when he ran against Andy Spano.

Meanwhile, one of Astorino's Republican cohorts on the Board of Legislators, Minority Leader John Testa, has also opted

to slither into the gutter with a mean-spirited barrage on challenger Nancy Vann, even though he is a clear favorite to be reelected.

Testa charged in one mailing that Vann is "unfit to hold public office," in part, because she tied herself to a tree on her property to temporarily halt the construction of the controversial millennium pipeline. Vann was simply demonstrating her civil rights and was standing up for her principles. Testa showed no leadership whatsoever in standing up for constituents with the pipeline, including doing nothing to block hundreds of trees from being knocked down at Blue Mountain Reservation.

The worst of them all has been the Yorktown GOP slate, which has resorted to scare tactics and falsehoods against its Democratic rivals. The Republicans, led by Supervisor Michael Grace, and including Testa, chose to portray Ilan Gilbert, Alice Roker and Vishnu Patel as some sort of puppets and backseat passengers to former Supervisor Susan Siegel, who is not even on the ballot.

But the most heinous distortions in the mailings is contending, first, that illegal immigration is a major problem in Yorktown, and, secondly, that the Democrats will provide "a safe haven for illegal immigrants causing your taxes to go up!"

In September, Grace and GOP councilmen Greg Bernard, Tom Diana and Ed Lachterman took the unusual step of passing a legislation to support Astorino's veto of the Immigration Protection Act, a bill that had been approved by the Board of Legislators that would restrain Westchester from using its resources for immigration enforcement because it would jeopardize public safety.

"As the son of a German immigrant who also survived the Holocaust, I fully acknowledge the important role immigrants have had in shaping our nation," Grace said. "However, we are also a nation of laws and it's simply absurd to provide sanctuary to dangerous criminals who are here illegally."

Gilbert, Roker and Patel, who voted

against the measure, called the board's action "ethically challenged and nothing more than a distraction from the real issues facing this town."

"Does the majority of the Town Board really believe that our town is home to undocumented, felonious, criminal illegal aliens that we have to fear? It is not. That is not the Yorktown we live in," the trio stated.

Precisely. Places such as Peekskill, Ossining, Sleepy Hollow and Brewster, all of which have more diverse populations, have certain issues with illegal immigrants, such as overcrowded housing, but Yorktown can't make the same claim, and to insinuate it can in literature is misleading.

Although it's one of the great freedoms this country enjoys, the percentage of people who exercise their right to vote is disappointingly low. In a non-presidential year, it's normally even lower. Those type of vile mailings won't help the cause. It will just cause more people to stay home. And that's a shame. Shame on those who create that garbage because it really sends foul and disgusting messages.

Letters to the Editor

Protecting Local Agriculture is Timely

To the Editor:

I found last week's Examiner article from October 25 regarding Westchester County's decision to protect Stuart's Farm in Somers an especially reassuring story. I have visited the many farms in Westchester, and have even been fortunate enough to have worked on one, Hilltop Hanover Farm and Education Center in Yorktown. Additionally, with October being National Farm to School Month, County Executive Rob Astorino's decision to protect local agriculture is not just a strong choice which I very much support, but a timely one as well.

As a lifelong citizen of Westchester and a

graduate of Horace Greeley High School in Chappaqua, I know the value which having local farms offers for schools, especially as they pertain to school lunches. The quality of school lunches improved greatly during my time at Greeley. Shortly after I began high school, Greeley replaced the junk food in the cafeteria and in vending machines with healthy options and nourishing foods. I am fortunate for the nutritional options I had on school days, and I would like to see these same options available elsewhere in Westchester.

Healthy school lunches should not be a privilege, but a right. Recently in Oregon, \$4.5 million was directed to funding local

produce for school lunch programs; why can't that be done in New York? I believe the future is bright, as the Governor's Office announced \$1 million of available grant money for which New York can apply. I hope Westchester schools can

take advantage of this and create stronger bonds with community farms while also providing better lunches for children.

WILL BOROWKA,
Student
Mt. Kisco

Astorino is Bad for Women

To the Editor,

I just finished watching the debate for Westchester County Executive between Rob Astorino and George Latimer. Once again Rob Astorino has relegated women to the role of victim and second class citizen. He made a statement that "single women who fear for their life or want to protect their child" own guns. Excuse me?! He even fumbled his wording after that statement and almost laughed. Rob Astorino, who called out Latimer for bringing up Rob's lacking Human Rights Commission, is using single women in fear as a calling card for his gun show? Bizarre, and frankly insulting! I'm not saying single mom's like myself don't own guns - of course women own guns - I'm saying don't use us or portray us as fearful victims for your own gain.

Unfortunately, this attitude of women as second class citizens isn't new for Astorino. In the last debate Astorino bragged that Westchester had what women want in schools and jobs near

home - forgetting that many of us work in NYC and are the breadwinners in our families (and that a good many of us choose not to have children at all!). Talk about boxing us in! Astorino continues to relegate women to a role we left long ago - that of second class citizen in our families, relationships, and community. I realize Rob Astorino may be the Leave it to Beaver type - but rest assured - the women in Westchester are not. It isn't 1957 anymore, Mr. Astorino, women are equal.

On November 7th I'll be casting my vote for equality, I'll be casting my vote for George Latimer.

Sincerely,

MOLLY GREECE
Croton-on-Hudson

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Guest Commentary

Much Has Been Accomplished in the Town of Ossining Last Two Years

By Dana Levenberg

It has been my great honor to serve the Town of Ossining as Town Supervisor for the past two years. I have had the opportunity to strengthen relationships, improve infrastructure, bring more fairness in taxation to the people, and work on building a healthier, greener community. I look forward to continuing those efforts while expanding them to include finding new areas for efficiency through attrition, sharing, and improved use of technology, as well as new ways to look at planning for future development and open space.

Early accomplishments include bringing Community Choice Aggregation to the Town, offering a steady competitive rate for electricity supply from 100% renewable sources. We completed the town wide revaluation of properties and implemented the first full-value roll in over 40 years. With this, we successfully advocated for home rule legislation from the state to allow for a phase-in of taxes for those who saw the largest increase in their property values. We redistributed the Mortgage Recording Tax (also with needed-State legislation) so that a proportional amount went into the Unincorporated Town's fund versus all going into the Town General fund. We stuck our ground on property values for our two golf courses, Trump National and Sleepy Hollow and committed resources to defending them. We focused on improving our open spaces and infrastructure for the benefit of the community.

We successfully negotiated a new five-year license agreement with the Ossining Boat & Canoe club in order to embark on a renewed sense of collaboration with the group of people that work so hard to maintain and help others enjoy our beautiful Hudson River waterfront. We collaborated with the school district and other community organizations on the Ossining Basics rollout, a collective impact campaign designed to help parents and caregivers get their children on a level playing field so all enter pre-K ready to learn.

We successfully negotiated two new Payments in Lieu of Tax (PILOT) agreements for the Snowden Apartments and Maple House, which maintained important affordable housing stock in the Village. The negotiation also resulted in \$200,000 in impact fees going to the Village, School District, Library and Town, as well as a scholarship program and an internship program for Ossining High School students. These new PILOTs allowed the purchasers to finance major improvements to both of these apartment complexes.



Dana Levenberg

We finally succeeded in getting the State Department of Transportation to complete the culvert replacement project, at 9A and 134, almost 12 years in the making, including upgrades by the State of Town sewer and water lines. Similarly, working with Briarcliff, Westchester County Legislator Borgia and Assemblywoman Galef & Senator Carlucci, we will soon see an improved intersection at 9A and N. State Road, which will eliminate lengthy traffic back-ups.

Other collaborative efforts with community groups allowed us to boast over 120 new Organ Donor enrollees between last year and this year, and this year we were honored to learn we were the municipality with the highest number of enrollees in LiveOnNY's catchment area which includes 13 million people in New York City, Long Island, Westchester, and beyond.

Working with the Village of Ossining resulted in getting us on the list of priority projects for the Mid Hudson Region Economic Development Council for a grant that would allow us to study the possibility of an Urban Circulator or trolley system serving our commercial districts, and connecting to transportation and residential hubs. We have also jointly applied for a Mayors Challenge grant through Bloomberg Philanthropies to evaluate the feasibility of making such a system autonomous (driver-free) and on demand, similar to Uber or Lyft. Mayor Victoria Gearity and I just learned we will be honored by Pace Land Use Law Center with the Groundbreakers Award for our collaborative efforts such as these and creative proposals for use of open space.

We continue to collaborate with the Villages of Ossining and Briarcliff and the Towns of New Castle and Yorktown on work that has evolved through a successful grant application to the Hudson River Valley Greenway for \$30k for an open space bike and pedestrian connector from downtown Ossining to the North County Trailway- we call it MOGO or Millwood-

Ossining Go! We were also just awarded an urban forestry grant to conduct a tree inventory in our commercial districts. Also, I introduced Mind Body Spirit - Ossining, now in its second year. Wellness businesses and organizations select one of our open spaces in the Town as a "classroom" where they conduct free classes on the weekends for the public to see how they can use our parks for fitness and wellness. This also gives the businesses an opportunity to showcase their offerings.

For our work on making Ossining more sustainable, we have been identified as a Clean Energy Community. We have started benchmarking our energy use, and soon will install three electric charging stations in easily accessible areas in our Town parks. We have added an electric vehicle to our municipal fleet, and as a member of Energize Ossining and our CCA offering, the state has awarded us \$50k which we intend to put towards engineering and streetscaping, North State Rd to include a bike lane. We have also just gone out for an RFP for Refuse and Recycling and have included an option for curbside food waste pick up in an effort to reduce cost and put food scraps back into the soil instead of into landfills.

Major infrastructure improvements in our Town Parks and Dale Cemetery have made these public spaces more attractive and easier to use. We have improved our pavilions, brought back on line and repurposed the Shine House to become the Cedar Lane Arts Center, added permitted picnic areas to our waterfront park, and are continuing these capital parks

improvements into 2019.

Additional improvements to our Zoning and Town Code will allow the possibility of Artist live/work space in Crotonville and improve environmental protections as well as protections that screen commercial spaces from residential ones.

Our successful foreclosure auctions have brought properties back onto our tax rolls and netted us almost \$500k. Our new Lock Box laws make sure our fire departments can access commercial or multi-family residences in emergencies.

We have plans in the works to make our Spray Park by the waterfront recirculating so we can keep the park open more hours and longer into the season. We plan to look at ways to do reclamation repaving and add bike lanes where it is safe to do so. We are getting upgrades to our water lines completed by the Village because of a more careful reading of our Intermunicipal agreement.

We continue to look for new sources of revenue and efficiencies. We are waiting to hear if our Local Government Efficiency grant gets approved by New York State to look at how the Town and Village can make better use of overlapping services, property, and personnel. We continue to look for ways to make our community better for the people who live here and for our businesses. When we work together, we can achieve so much. I am cautiously optimistic that we will have many more accomplishments than can fit on this page by this time in 2019 and that can only be done with teamwork and collaboration with our wonderful community.

Letters to the Editor

My Husband is a True Public Servant

To the Editor,

Domestic violence crimes, typically an assault on a wife or a girlfriend, often occur in the hours between 11 PM and 4 AM. Local judges are on call 24 hours a day, 7 days a week for arraignments. Whatever time these matters arise, my husband is out the door and on his way to the courthouse.

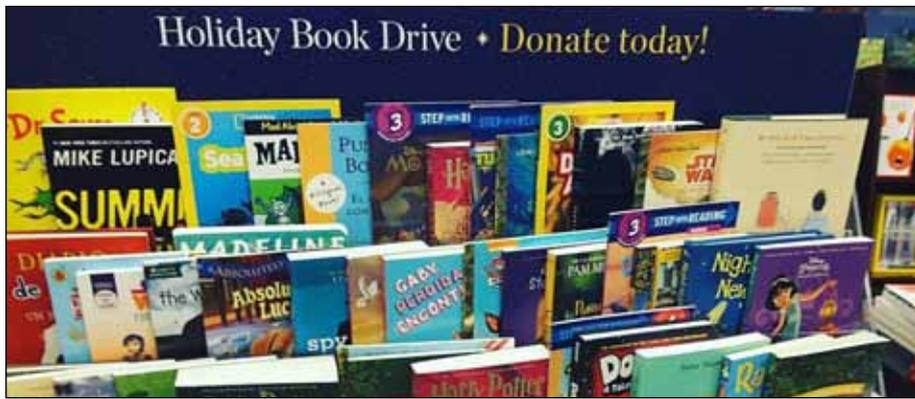
Gerry, my husband of 39 years, is driven by an acute sense of safeguarding victims of violent crimes and an alertness to their time sensitivity. On a more personal level, having two daughters and two granddaughters, Gerry needs no closer reminder of the importance of a safe and fair world for women. Most of us understand that one's

gender is not a prerequisite for fairness and sensitivity regarding women's issues. Gerry's earned reputation as our town justice for over 25 years is a far more reliable measure.

Many of you know Gerry personally through his commitment to our community as a member and volunteer with Cortlandt Ambulance Corps, Temple Israel, and the Lions Club, and previous years volunteering with the Croton Fire Department, B'nai B'rith, and Croton Planning Board. He is a true public servant who deserves re-election as Cortlandt Town Judge on November 7, 2017.

Sincerely,

LEE KLEIN



Book Drive at Barnes & Noble runs until December 24.

Peekskill Rotary Club Launches Book Drive with Barnes & Noble

By Rick Pezzullo

The Peekskill Rotary Club has teamed up with Barnes & Noble Booksellers at the Cortlandt Town Center this holiday season to encourage more children to read.

From November 1 through December 24, a display will be set up at the bookstore with a suggested book list for youth from birth to eighth grade.

Rotary Club member Lisa Montalto said the initiative was launched through the club's Reading is Fundamental Committee, which she co-chairs with Diane Kahn, and its Young Literacy Lovers Program. Former Peekskill Mayor Mary

Foster is also on the committee.

"We're trying to get the books in the hands of children in the local community," said Montalto, who noted the Rotary Club had to submit a proposal to Barnes & Noble and then be selected as this year's benefactor.

The Rotary Club is also partnering with N. Dain's Sons Co. Inc. Lumber and Ultimate Collision Center in Peekskill to construct five bookshelves that will be placed at the Peekskill Health Center on Main Street and Westchester Jewish Community Services to hold the books that are donated.



Upgraded Dam Celebrated in Ossining

Ossining municipal officials gathered last week at the Indian Brook Reservoir to celebrate the newly upgraded earthen dam. The dam, which is made of dirt and masonry materials, was originally constructed in 1889. Mayor Victoria Gearity commented on the significance of the project, saying, "Safe reliable drinking water is at the heart of a healthy and thriving community. Ossining is very fortunate to have our own drinking water source. Taking good care of it is the right thing for the environment, for the people of Ossining, and it's the fiscally wise thing to do."

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Westchester County

Community Resource Center

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Friday, November 10, 2017 2 pm

Friday, December 1, 2017 12 pm

Greenburgh Public Library

300 Tarrytown Road, Elmsford

Wednesday, November 8, 2017 12 pm

Wednesday, December 6, 2017 3 pm

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Monday, November 20, 2017 10 am

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MVP Health Care

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Tuesday, November 7, 2017 2 pm

Thursday, November 16, 2017 12 pm

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Tuesday, December 5, 2017 11 am

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Obituaries



Dorothy Allen

Dorothy Allen

Dorothy Allen, a resident of Cortlandt, died October 29 after a brief illness. She was 92.

She was born in the Bronx on November 13, 1924 to William and Dorothy Thomas Siller. She was happily married to the love of her life for 66 years, John J. who died in 2013. They loved to travel. She volunteered as a Girl Scout Leader for 13 years, was employed by and retired from Westchester County after 20 years. She was a member of the Hibernians, Cortlandt Senior Citizens, Red Hats and Peekskill Elk Ladies Club 744. She will be missed and loved by all.

She was the mother of Patricia (Stephen) Nickerson, Kathleen (Paul) Bureson, John K. (Gabrielle) Allen and Maureen Benson; grandmother of Amy (David) Goldstein, Beth (Michael) Protomastro, David (Michelle) Allen, Lindsey (Adam) Hingorany, Lauren (Brian) Rodrigues, Leslye Bureson, Kathryn Benson and Kimberly Benson; and great-grandmother of Rocco Protomastro, twins, Emily and Aster Goldstein, twins, Hudson and Michael Protomastro, Jack Hingorany, Wyatt Benson-See, Conor Allen, Weston Hingorany and Abigail Rodrigues.

Rita Lippert

Rita Allasio Lippert, a resident of Verplanck, died October 29. She was 88.

She is survived by her brother John and his wife Marge, her niece Lynn, her nephew David, and their families. She graduated from Albany State Teacher's College in 1952 with a MA. She taught for 33 years, retiring in 1985 from Rye Neck High School. She loved her family dearly and will be greatly missed. Her Catholic faith was very important to her.

Gilda Bellusci

Gilda Bellusci, a resident of Ridgefield, CT, formerly of Peekskill, died October 31. She was 89.

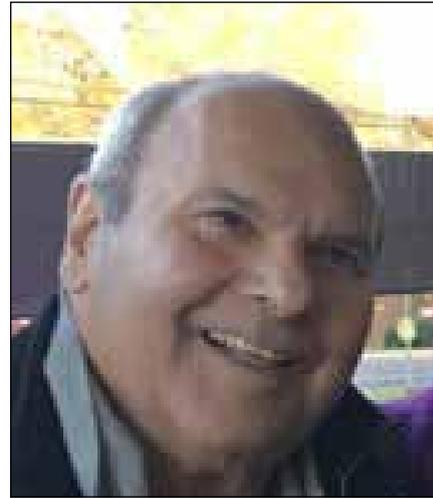
Mrs. Bellusci had worked at Nan Flower in Peekskill as a seamstress. She was born on March 20, 1928 in Italy to Francesco and Lucrezia Rinaldi Armentano. In 1958, she married Gennaro Bellusci in Italy. She was a devoted wife, mother, grandmother and mother in law. She was an integral part of her family; she always took pride and found happiness spending time with her grandchildren.

Mrs. Bellusci moved to Orangeburg NY in 1998 to be close to her first grandchild. In 2008, she moved to Ridgefield CT to be with her son, daughter-in-law and grandchildren. She is survived by her son Vincent (Debbie) Bellusci of Ridgefield, CT, three grandchildren; Alexandra, Olivia and Evan Bellusci. Also survived by, one sister, Ilda LaRuina. She was predeceased by her husband Gennaro Bellusci.

Alfred Coco

Alfred J. Coco, a resident of Shrub Oak, died October 30. He was 70.

He was born on November 27, 1946 in the Bronx. He grew up as the eldest of three and married his sweetheart. Mr. Coco was a loving husband and father, generous and gregarious soul, who inspired the love of all he encountered. He was as a successful insurance professional



Alfred J. Coco

and financial planner who cared deeply for his clients, many of whom became lifelong friends, and remained devoted to them throughout his life.

He is survived by his loving wife, Shirley Coco, two children, Alfred Coco Jr. and Claudine Cottini and her husband Adam, and two grandchildren, Jacqueline and Adam, Jr.

Jeanette Carolan

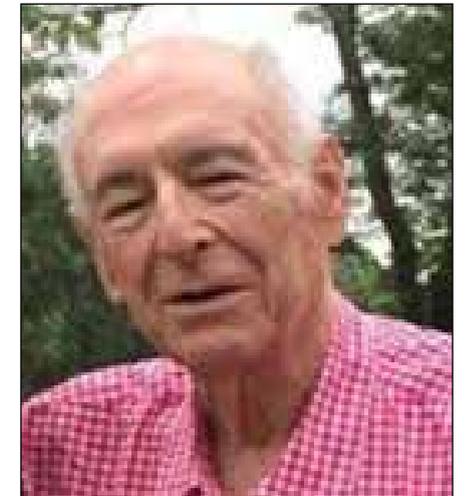
Jeanette M. Carolan, a resident of Mahopac and a substitute teacher in the Lakeland School District, died October 29 at Northern Westchester Hospital. She was 45.

She was born on March 8, 1972, to Carlos and Rosa (Martinez) Zapata in Forest Hills Queens. On Sept. 11, 1999, she married Christopher Carolan in St. Elizabeth Ann Seton R.C. Church in Shrub Oak, and together they had two children; Anna Maria and Victoria Grace.

In her spare time, she enjoyed knitting, museums, zoos, ancestry research and was an avid reader. She always put her family first and if a friend was in need she was always there to lend a helping hand. No better example of her kindness was her selfless act of donating stem cells and t-cells to her younger brother during his

fight with multiple myeloma.

She is survived by her husband Chris; her maternal grandmother, Micaela Ferrer Martinez; her parents, Carlos and Rosa Zapata; her in-laws, William and Kathleen Carolan, and her two daughters, Anna Maria and Victoria Grace who were her entire world. She is also survived by her sister Laura Zapata, brother-in-law Robert; sister-in-law Denise, sister-in-law Jackie; sister-in-law Rebecca, and her nieces and nephews; Katie, Stacy, Liam, and Lionel.



Charles Lawrence Walther

Charles Walther

Charles Lawrence Walther, a resident of Croton-on-Hudson, died peacefully October 29 at Hudson Valley Hospital, with family by his side. He was 89.

Mr. Walther is survived by his beloved wife of 70 years, Marianne Walther; his sister, Linda Snavelly and his brother, Lincoln Walther, both of Florida. He was predeceased by his two sons, Kurt Craig Walther and Jon Lawrence Walther. He is survived by his daughter Suzanne Bondra and her daughters Carla, Erika, Libby,

Continued on page 18

Police Blotter

Yorktown Police

October 27 - 2:50 p.m. – Anashatier Hines, 34, of Peekskill, was charged with petit larceny after exiting Hollister at the Jefferson Valley Mall without paying for a sweatshirt and pants, valued at \$90. She was released after posting \$200 bail.

October 28 - 3:05 a.m. – David Valez, 21, of Yorktown, was charged with driving while intoxicated and leaving the scene of an accident after he was observed striking a fire hydrant at the intersection of Crompond Road and Old Yorktown Road.

October 30 - 9:20 a.m. – Timothy Arcuik, 19, of Ossining, was charged with unlawful possession of marijuana after police received a call about a suspicious person sleeping in a parked car at the intersection of Old Country Way and Pine Brook Road in Countryside. He was found to be in possession of 8.5 grams of marijuana.

12:55 p.m. – Max Bardach, 22, of Yorktown, was charged with unlawful possession of marijuana, driving while using a mobile phone and other traffic infractions after an officer observed a

vehicle drive through a red light, almost causing an accident. Further investigation revealed Bardach was driving with a suspended license.

October 31- 7:40 a.m. – Ronald Kohler, 46, and Doloresse Lubin, 45, of Shrub Oak, were both charged with endangering the welfare of a child after police received a report of a small child standing on the sidewalk barefoot on East Main Street. An investigation revealed Kohler and Lubin left the three-year-old girl home alone with they went to the Croton-Harmon Train Station.

9:20 a.m. – Iris Guzman-Orellana, 26, of Mahopac, was charged with driving while intoxicated and speeding after being observed by an officer on Route 6, in the area of Mill Street, swerving in and out of the travel lanes. She was released after a family member posted \$1,000 cash bail.

11:58 a.m. – An unidentified 16-year-old male student at Yorktown High School was charged with criminal possession of five Clonazepam pills after a school resource officer investigated a complaint within the school.

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1117PRT05



Martial Arts Unlimited Yorktown

By Neal Rentz

Since 2013, Martial Arts Unlimited in Yorktown has provided more than just martial arts training. It has also been providing guidance in positive life skills.

Martial Arts Unlimited is an independent business that is co-owned by Davin Sessa of Mahopac and William Connolly of Somers.

The main focus of Martial Arts Unlimited is Taekwondo, which originated in Korea. "It's been practiced for a couple of thousand years now," Sessa noted last week. "In the last decade it actually became an Olympic sport."

"Taekwondo has a lot of footwork involved. So, the practice is around a lot of kicking techniques," Sessa said. "If you look at karate it's a little more focused on hand techniques. Judo is a little more of throwing and being on the ground. Taekwondo is more of a standup art."

Sessa, who also teaches at his facility, has been practicing Taekwondo since the age of five. "I'm thankful to have had some great instructors over my lifetime," he said. "I noticed the benefits of Taekwondo personally when I went away to college when most kids are totally free to do whatever they want to



NEAL RENTZ PHOTO

Davin Sessa of Mahopac (left) and William Connolly of Somers are co-owners of Martial Arts Unlimited in Yorktown.

do with no parental supervision. And seeing how a lot of people acted and I saw how I was able to be responsible. I did all my homework. I had my fun too,

but I always did my work first."

Sessa said Taekwondo teaches valuable life skills. "It helps a lot of people with confidence. We talk about respect.

In someone's first class we talk about respect. We talk about self-control. We talk about cooperation. We talk about perseverance," he said. "Parents are very on board with our discussions that we have with all of the students."

Classes are for children four and up and adults, Sessa said. Sessa noted he and his partner chose the Yorktown location because "The stars aligned for this place."

Sessa, who has a financial practice in the daytime, was in a business meeting and some of his clients who own the Old Tomahawk St. building said space was available.

Most of the facility's customers live in Yorktown and Somers, Sessa said.

Sessa said he and his partner had straightforward goals for their business. "We're just always looking to expand and get to the next stage," he said. "We're just looking to acquire more students each and every month and each and every year."

Martial Arts Unlimited is located at 2 Old Tomahawk St. in Yorktown. For more information call 914-479-5151, visit www.MAUsomers.com or send an e-mail to SomersMAU@gmail.com. The business also has a Facebook page.

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Despite Changes, the Sink Remains as the Heart of the Kitchen

When you are at the kitchen sink cleaning lettuce or rinsing dishes in preparation for the dishwasher, do you ever wonder about the origins of this trusty staple in the heart of your home? Or did you ever wonder where the expression "everything but the kitchen sink" originated?

The answer to the latter question has a shorter history than you might think. The idiomatic expression developed at the onset of World War II when everything made of metal was collected, melted down and reused for the war arsenal. The only objects left out were porcelain kitchen sinks.

While this is an article about the kitchen sink and how its use has changed in the past 50 years, it must start with the story of washing dishes and how that has been revolutionized in the same time period.

History tells us that the dishwasher was invented by a woman in Illinois in the 1880s, but nobody in my middle-class Philadelphia neighborhood had a dishwasher when I was a kid. Those were the days when children shared the chores of washing dishes from mealtime over a kitchen sink that somehow seemed higher than necessary for a runt of a little guy like me.

My mother didn't have a dishwasher until she won one at an appliance store when I was nine years old. I remember the great joy in learning that the new appliance in the house, which significantly diminished the open space in our eat-in kitchen (we had no dining room), both washed and dried the dishes. It was con-

venient, yes, but the dishwasher's bottom line effect was that my siblings and I probably spent less time together after its arrival.

I find it fascinating to know the history of everything involved with today's homes, and kitchen sinks probably have the longest history of all, starting in the Neanderthal age. The first sink was simply a large rock that had eroded into a concave shape from centuries of rain. There was not much progress through the ages until the time that households included rooms designated as kitchens. For centuries, most kitchen functions were performed around the cooking hearth or, for wealthier families, in a separate building, to lessen the chance of household fires.

During the early 1800s, our first kitchen sinks involved a process of pumping water from supply tanks or wells and collecting it in bowls, which were placed into dry sinks made of metal troughs and built into wooden cabinets. Copper and nickel silver, an alloy of zinc, copper and nickel, were among the first two materials used for butler sinks, which usually were found only in wealthy homes.

In the 1920s, indoor plumbing created the need for sturdy sinks made of non-corrosive materials like copper and nickel silver, made of manganese silicon, carbon and iron, and from World War II, porcelain.

With the convenience of the dishwasher, homeowners spend less time toiling at the kitchen sink today, yet it has greater potential than ever as a decorative ele-



By Bill Primavera

The Home Guru

Third-Generation Peekskill Business Owner Honored

Continued from page 5

zations, including the Hudson Valley Gateway Chamber of Commerce and Westchester County Bar Association, whose charitable arm, the Westchester County Bar Foundation, is honoring Mr. Newman on November 15 at its annual benefit and awards dinner in Rye. The event helps to fund a legal-aid fellowship that serves the underprivileged, a cause that Newman has supported for many years.

In accepting the City of Peekskill's honor, Newman acknowledged his beaming mother, Roshi, a noted Peekskill artist who helped start the Peekskill Arts Alliance, and his late father Ben, a lifelong Peekskill entrepreneur who was co-founder and owner of Paraco Gas Co. and of Hudson River Boat Sales. His grandfather, Charles Newman, founded Paramount Glass, Shade & Awning in



Chuck Newman (right) with proclamation given by Mayor Frank Catalina.

1933, situated in the lobby of the Paramount Theater.

ment, equal in interest to homeowners and decorators as is the countertop and backsplash.

With less rigorous use (I used to clean my paint brushes in my stainless steel sink until I realized that it was probably bad for my septic system), today's bowls come in a wide range of materials from the expected porcelain to the newest kind of granite composite. There is also a return to copper, which I think is the most interesting material of all in that it develops its own patina with age and proper care.

Kitchen sinks are always best installed from below the countertop and at a lower level so that water and waste materials can be easily scooped from the counter into the bowl. More sinks are now available with the drains strategically placed at the back of the bowl so that there is more front storage space in the cabinet below.

Currently, the wisdom of attaching a waste disposal unit to the kitchen sink is being questioned. Sentiment now is that it is not the greenest way to dispose of kitchen waste, and why would anyone want to deny their compost pile its benefits?

While there are many options concerning the kitchen sink, there is always strong sentiment to locating it directly

under a window, both to avoid a claustrophobic feeling and to enjoy the beauty of the great outdoors as we perform otherwise boring chores.

Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. (www.PrimaveraPR.com). His real estate site is www.PrimaveraRealEstate.com, and his blog is www.TheHomeGuru.com. To engage the services of The Home Guru to market your home for sale, call (914) 522-2076.

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Sleep Apnea and Obesity – Breaking the Vicious Cycle

By Mitchell S. Roslin, MD, FACS, Director of Northern Westchester Hospital's Bariatric Surgery Program and Professor of Surgery at Hofstra Northwell School of Medicine.

About 90 million Americans get nudged, elbowed or awakened each night because they're snoring. Though loud snoring is something of a joke in our culture, when coupled with obesity, it can signal obstructive sleep apnea, a serious sleep disorder in which a person's breathing is interrupted repeatedly throughout the night as they sleep, sometimes hundreds of times. Here I'll explain the dangers associated with sleep apnea, the underlying problem of obesity, and how weight loss surgery can be the solution to both.

There's a profound link between sleep and obesity.

It's a vicious cycle. Abnormal sleep cycles promote obesity. Think about people who work overnight shifts. After their shift is over, they may feel fatigued. That makes routine exercise and activity a challenge. Aside from exhaustion, not getting enough sleep often results in poor food choices – snacks of cookies, chips and candy, especially – that promote weight gain and obesity. Because obesity is the leading cause of obstructive sleep apnea and the vast majority of people with severe obesity have some degree of this dangerous sleep disorder, you're now dealing with both the dangers of being obese and not being able to breathe properly.

The Vicious Cycle and its Dangers to You... Explained.

When you're awake, the muscles in your throat help keep your airway open so you can breathe. During sleep, those muscles relax, narrowing the throat. If you're at a healthy weight, this narrowing usually doesn't block your airway. However, when you're overweight or obese, excess fat tissue – particularly inside the neck or windpipe area – tends to narrow your airway even further, causing limited air flow and snoring.

People with obstructive sleep apnea snore, don't get enough air, and keep waking up in order to oxygenate. Because they can't get a good night's sleep, their brain and body never fully re-energize. That can lead to chronic hypoxia or lack of oxygen, which can impair memory and cognition. This group may not be as productive at work, and has a higher degree of absenteeism on the job.

Obstructive sleep apnea combined with obesity can also cause more serious complications. Low oxygen and sluggish blood flow through the arteries may make breathing difficult. Blocked airways may lead to high blood pressure in the heart-to-lung system, a condition called pulmonary hypertension. Now, your heart must work harder to pump blood back to the lungs. That can strain the heart and can be life-threatening.

Your sleep apnea can endanger others.

Obstructive sleep apnea can also endanger others around you. Daytime sleepiness is a common symptom of the condition, causing risky situations for those behind the wheel of a car or on the road. Sleep apnea is a common cause of fatal transportation accidents because of people falling asleep at the wheel. In fact, it's the third leading cause of transportation fatalities, after drugs and alcohol. If you are obese and believe you have obstructive sleep apnea, it's important to identify your symptoms and take action to improve your sleep

and the quality of your life, and equally important, to reduce your chances of having a car accident.

How to find relief, peace of mind and a peaceful sleep.

If worn regularly, sleep apnea devices can help patients breathe more easily during sleep. These devices, which typically include an airway pressure hose and an attached mask, gently blow air through your mouth or nose at a constant pressure. The pressure keeps the throat and airway open while you sleep. However, while the devices may help you sleep better, they don't ad-

dress the underlying problem of obesity. To truly cure a person's sleep apnea, you need to treat their obesity.

Weight loss is the ideal treatment for most obstructive sleep apnea patients. Surgical weight loss for those with moderate-to-severe sleep apnea who also have a body mass index (BMI) greater than 35 is the preferred method. Very soon after surgery, patients typically notice a difference in their sleep patterns. When you lose 20 to 30 pounds in one month, the change

Continued on page 17



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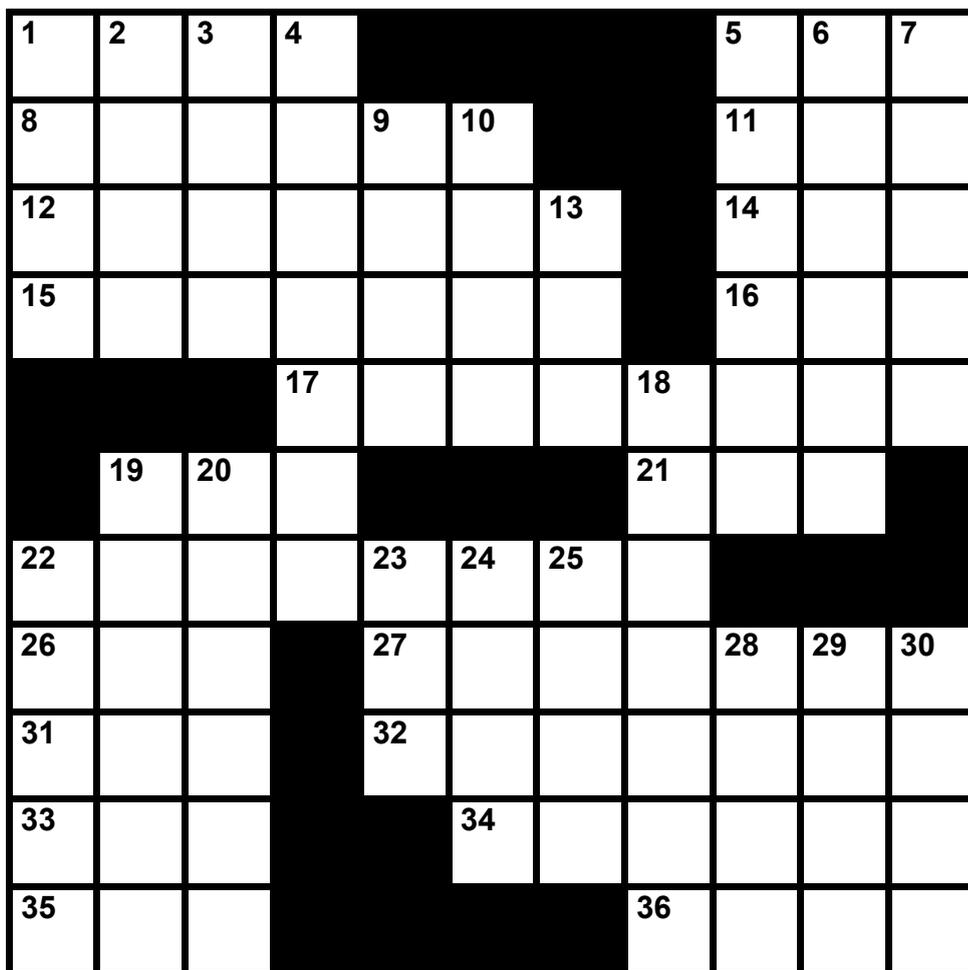
Crossword

ACROSS

1. At this Yorktown sports emporium you will find clothes and equipment but no horses, Sports ____
5. Paid athlete, briefly
8. Familiar things
11. Comedy legend Costello
12. Try
14. Whoopi's "Sister ____"
15. Rats
16. Neighbor of Swed.
17. Headphone
19. NHL great
21. Ford sports car
22. Smog test's concern
26. GQ, for one
27. "Grey's Anatomy" character
31. Ties
32. Skintight garment
33. Lucy of "Charlie's Angels," 2000
34. Mario Puzo best seller
35. Psychic power
36. Potential liability

DOWN

1. Target of a joke
2. Where ships go
3. Deteriorate
4. Talks idly
5. A place to work out in Peekskill that's out of this world ____ Fitness
6. Like Chippendale furniture
7. Bizarre
9. 1970 Kinks hit
10. Court petitioner
13. Teaspoon
18. Illuminator
19. Rial spenders
20. Tacks together
22. Writer Zola
23. Mule of song
24. Prefix with logical
25. Laker, Lamar
28. Goa dress
29. Treats for Rover
30. Fargo's state, abbr.



(Solution on page 18)

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Sleep Apnea and Obesity

Continued from page 16

is profound. Within six months, a patient can expect to lose up to 60 pounds and decrease their BMI by 10 units. At this point, most symptoms disappear and patients no longer need their sleep apnea devices.

If you are considering surgical weight loss to treat obesity and obstructive sleep apnea, you'll meet with a surgeon to discuss the best surgical option. At Northern Westchester Hospital, we offer a number of procedures, including the Vertical Sleeve Gastrectomy, the Modified Duodenal Switch/SIPS Procedure, and the Laparo-

scopic Gastric Bypass. Dietitians, fitness experts, psychologists, and a patient educator will guide you through your weight-loss journey, providing support before, during, and after surgery.

Post-surgery, patients must be committed to leading an entirely different lifestyle, one in which they eat healthily and exercise at least five days a week. You must be dedicated to maintaining a healthy lifestyle. Otherwise, you risk both the weight and your sleep apnea returning.

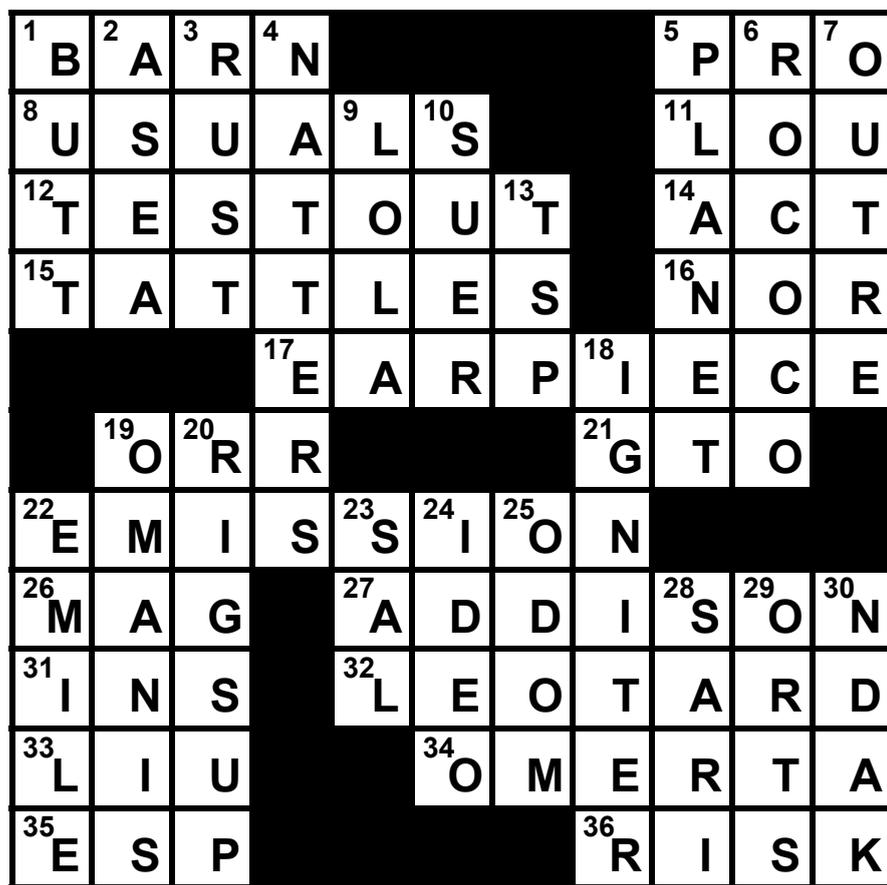
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(Solution to puzzle on page 17)



Obituaries

Continued from page 12

Jenna, and Garianne. His loving daughter-in-law Bernadette Walther and her children Paul and Nicole. As well as his loving daughter-in-law Susan Jane Walther and her daughter Laura Elizabeth Walther. Along with six great grandchildren.

In his early years, he served in the U.S. Army during WWII. He then returned home to marry his wife Marianne Bruch on April 13, 1947. He went on to study at New York University. Following that he began work for the New York Telephone Company until his retirement as an engineer. He and Marianne raised three children together, Suzanne Bondra, Kurt Craig and Jon Lawrence Walther.

After retirement, he and Marianne took great pride in volunteering their time at their youngest son's tuxedo business,

called The Monkey Suit Formal Wear in Mount Kisco. Charles and Jon crafted a southern colonial farmhouse in the Teatown area of Croton, on Journey's End Rd.

Mr. Walther enjoyed spending time with family and attending church on Sundays. He was an avid member of the Peekskill Presbyterian Church. He enjoyed his retirement years by singing in the choir and performing solos on Sundays. He was a member of the Telephone Pioneers of America, as well as the Free Masons.

He loved taking part in events and tours by volunteering for Teatown in Croton as well as being a volunteer Docent at Van Cortlandt Manor. His outstanding reputation in his community along with the legacy of his life will live on through the hearts of his family.


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Chances Dwindling to Enjoy a Hudson Valley Winery Weekend

Yes, it's November, and this is the season our thoughts gravitate to ski slopes and holiday travel to the homes of family and friends.

But not this year. As I write this column, the leaves are still on the trees; many are still green. We haven't had a hard frost; thoughts of an Indian Summer faded weeks ago. Perhaps this is why I haven't undertaken, or even planned, my perennial fall trip to several Hudson Valley wineries. We are fortunate to have in our backyard a number of world-class wineries, replete with tasting programs and fall activities to invigorate the most adventurous of us.

I encourage you to take advantage of these remaining days of mild temperatures and still-changing foliage to embark on a weekend drive up the Taconic Parkway or the New York State Thruway to enjoy a day at one of our local wineries, taking in the beauty and bounty of the Hudson Valley.

About an hour from northern Westchester is where the rolling hills of New York meet the lush vineyards of California's Napa Valley. There are several

prominent wineries in Dutchess, Orange and Ulster counties that will sate your appetite for an escape from life's everyday obstacles with a relaxing and rewarding experience on a personalized level. At these wineries you can inhale

the scents of wet and colorful leaves as well as the musty odor of fermenting grapes. The staffs are professional and are ready to assist you in discovering the exceptional wines produced in our backyard.

I recommend these wineries for a leisurely Saturday or Sunday afternoon drive, beginning with a quick stop at your favorite gourmet deli for picnic provisions. A few of my favorites along the Taconic: Millbrook

Vineyards and Winery in Millbrook, Clinton Vineyards in Clinton Corners and Cascade Mountain Winery in Amenia. Call or check online for directions and hours.

Cross the span of the new Governor Mario M. Cuomo Bridge to the Harriman exit of the Thruway to any of the 15 wineries along the Shawangunk Wine Trail. Notable wineries to visit include Benmarl Winery, Glorie Farm Winery

and Warwick Valley Winery. Stoutridge Vineyard in Marlboro has recently expanded its production to exceptional artisanal spirits.

While there are excellent representations of familiar grape varieties, such as Chardonnay and Cabernet Franc, the local hybrids are the stars. Varieties such as Seyval Blanc, Baco Noir, Traminette, Marquette and Chambourcin produce unique aroma and taste profiles that are popular in tasting rooms across the region.

Here's a taste of two of these fine wineries.

Millbrook Winery, off the Millbrook exit of the Taconic, offers an area with several picnic tables in the midst of maturing grapevines and a small pond. Purchase a bottle of the signature Cabernet Franc or Tocai Friulano wines at the retail shop and you'll be transported to an idyllic day deep in Napa Valley. The Cabernet Franc is reflective of the climate and geography of the area: ripe, redolent with red fruits and a lush finish. The Tokai has a fresh, almost tropical fragrance that is a perfect white wine for quaffing on a sun-filled autumn day on the hillsides of the winery.

At Benmarl Winery, grapes have been grown since the 1700s on this 37-acre

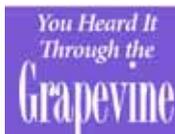
estate overlooking the Hudson River. Relax in the European-style courtyard and view the sweeping vistas from the mountain-top location. Popular wines include the Baco Noir and the Seyval Blanc. The Baco Noir is a medium bodied red wine and has a spicy feel with a pleasing finish. The Seyval Blanc, according to the winery description, is "bursting with aromas of ripe apricot, white flower and hints of wet stones and grass leading into crisp, lingering flavors of green apple and lemon before finishing with a bright, balanced acidity."

We are blessed in Westchester to be logistically located to enjoy the bounty of the Hudson Valley. A late season trip to local wineries is an intoxicating adventure to appreciate the wonders of nature at her best.

Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.



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The Northern Westchester Examiner We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Neal Rentz at nrentz@theexaminernews.com.com.

Tuesday, Nov. 7

Free Medicare Counseling: Get help understanding your Medicare benefits and coverage on Tuesdays year-round (except holidays) at the John C. Hart Memorial Library in Shrub Oak from 10 a.m. to 1 p.m. and on Thursdays from 10 a.m. to 1 p.m. at the Field Library in Peekskill. No appointments are necessary for the free service. Meet with a trained counselor for information about Medicare Parts A, B and D, Medicare Advantage Plans, Medicare Savings Plans, Extra Help and EPIC. You can also call the Senior Benefits Information Center Helpline with your questions at 914-231-3260 and a counselor will return your call within two business days. For a listing of all eight SBIC centers in Westchester libraries, go to <http://www.westchesterlibraries.org/senior-benefits-information-centers/>.

Senior Benefits Information: Trained volunteer counselors help older adults and their caregivers find information about government benefits to help them stretch their budgets every Tuesday from 10 a.m. to 1 p.m. at the John C. Hart Memorial Library, 1130 E. Main St., Shrub Oak. Get information on Medicare health and prescription plans, nutrition assistance, the Home Energy Assistance Program (HEAP), tax relief programs, and much more. Info: 914-245-5262 Ext.227 or <http://www.westchesterlibraries.org/sbic>.

Healthy Happy Hour: Healthy Happy Hours are held on Tuesday nights in Mahopac and another location may be added. Take a 10-day vacation from processed foods. Are sugary, fatty, easy-to-prepare, addictive junk foods making you feel sick and tired? Then reset your metabolism and break your addictions to unhealthy foods. For more information contact Diane at 914-843-8745.

Hygeia Programs: Two ongoing programs are being held on Tuesdays at Hygeia Integrated Health LLC, 3505 Hill Blvd., Suite K, Yorktown. Community Acupuncture is being held from 6:30 to 7:30 p.m. The cost is \$30. Come experience the beneficial effects of acupuncture in a group setting. Register: hyinhealth@gmail.com. On the last Tuesday of the month from 7:30 to 8:30 p.m. Eating Disorder Support Group, led by a LCSW and clinical nutritionist will be held. Discuss and resolve issues around relationships with food. Info/register: hyinhealth@gmail.com or www.hyinhealth.com.

Improve Your Hebrew: If you want to read Hebrew faster and gain a better understanding of what you are reading, come to First Hebrew for a free weekly class every Tuesday at 7:30 p.m. For more

info call 914-739-0500 or email fhc@firsthebrew.org. First Hebrew is located on the border of Cortlandt and Peekskill, just west of Beach Shopping Center, at 1821 Main St., Route 6. Visit www.firsthebrew.org.

Wednesday, Nov. 8

Seniors' Fitness Classes: Free fitness classes are being offered to seniors who reside in Peekskill. The schedule is: Monday, Tuesday, Wednesday – The WorkOut – 10 to 11 a.m. Thursday – Fall Prevention Class – 10 to 11 a.m. Friday – Zumba Gold – 11 a.m. to noon. Call Terri Dean at 914-734-4250 Ext. 1 for more information. Classes are conducted at 4 Nelson Ave., downstairs from the library Senior Exercise: We offer the Workout M-W from 10-11 a.m. and Zumba Gold on Friday 11 a.m. to noon. The programs are free to all seniors in Peekskill. Call Terri Dean to register at 914-734-4250 Ext. 5.

POUND Program: POUNDTM Fitness Program, a 45-minute full-body cardio and stress relief jam session, fusing Pilates, cardio, plyometrics isometric movements and poses, is offered at Theatre and Dance Arts 131 Bedford Rd. Katonah. Drop in or weekly discount rates are available. The program is being provided on Wednesdays at 7:30 p.m. and on Saturdays at 11:45 a.m. Call Peggy for more information at 914 960-4097.

Bingo Wednesdays: Come to First Hebrew for \$2,000 in total guaranteed bingo prizes, plus an average of \$1,000 awarded in specialty games. Doors open 5 p.m. and games begin 7:15 p.m. every Wednesday (except holidays – check First Hebrew's website calendar). First Hebrew is just west of the Beach Shopping Center at 1821 Main St., Peekskill. Info: 914-739-0500 or www.firsthebrew.org.

Jewish History Debates: Chabad of Yorktown, 2629 Old Yorktown Rd., is currently offering a new 6-week course – Great Debates in Jewish History through Dec. 6, from 7:30 to 9 p.m. Each class is independent. Debate is not only encouraged within Judaism but resides at the very heart of our history and theology. Great Debates in Jewish History explores six fundamental conflicts that pitted the greatest Jewish minds against each other—six instances of divergent perspectives, including the dead sea scrolls, suicide at Matzada, the maimonidean controversy, Renewal of the Sanhedrin, Chasidism, and the separation of Church and State. For more information and to register, visit: www.ChabadYorktown.com/JLI or call 914-962-111.

Thursday, Nov. 9

Coffee With A Cop: Join Peekskill police officers and your neighbors during Coffee with a Cop from 9 to 11 a.m. at Kurzhal's Coffee, 900 Main St. The mission of Coffee with a Cop is to break down barriers between police officers and the citizens they serve. Info: 914-737-8000 or coffeewithacop.com.

Writer's Workshop: A Writer's Workshop with Linda Spear will be held every Thursday through Dec. 14 at the Somers Library. Session I: 1—2:30 p.m. Session II: 2:30—4 p.m. If there is a book in you, a memoir, a fictional recounting of a time in your life or an historical tome, there is no greater time to preserve your written words in a class with other students who are exploring an idea, a work in progress, or a chapter in their life. Bring your ideas, pen and paper (or laptop) so that within a few short weeks you will have developed the strategies to become a lifelong writer. People of all skill levels are welcome. Space is limited, so register early! Register for one session only please. Info: 914 232 5717 or www.somerslibrary.org.

Art Exhibits: A series of exhibits are being held at the Hudson Valley Center for Contemporary Art, 1701 Main A St., Peekskill. "Between I & Thou," is on display through Dec. 17. Peter Bynum's "Illumination of the Sacred Forms: Divine Light Mission and Sanctuary" is running through Dec. 17. Info: 914-788-0100, www.hvcca.org or Facebook.

Somers Library Events: Two events are being held this week at the Somers Library. Teen College Prep: 18 ACT Questions You Can Answer will be held on Nov. 9 at 6:15 p.m. Space is limited, please register online at www.somerslibrary.org or call 914-232-5717. Financial Strategies for Women will be held on Nov. 10, from 1 to 2:30 p.m. This program will show you the steps to take in making a sound financial strategy and provide peace of mind. Please register online at www.somerslibrary.org or call 914-232-5717.

Wine With Weiner: Come to Beth Am for an informal conversation with the Jewish community on the issues that affect our lives at 7:45 p.m. With welcoming wine (or other beverages people bring), Rabbi Weiner facilitates a fascinating "laid-back" discussion while bringing us closer as a Jewish community. Congregants and non-congregants alike are invited to take this journey with our Rabbi. No previous knowledge is required, and all backgrounds are welcome. Temple Beth Am is located at 203 Church Pl. Yorktown. For information, please call our Rabbi at 914-962-7500 or

e-mail him at rabbiv@optonline.net.

Friday, Nov. 10

Coloring For Adults: It's not just for kids, and it's the latest craze. Join our adult coloring book club at the Somers Library Meetings will be held in the conference room every Friday from 10:30 a.m. to noon. Relax, color, and socialize for free. Materials are provided or you may bring your own color pencils and coloring books. Registration is not required. Info: 914 232 5717.

Job Hunting Help: Free drop-in, hands-on assistance with online applications, resume writing, e-mail accounts and more is held on Fridays from 11 a.m. to 1 p.m. in the second-floor conference room at the Ossining Public Library, 53 Croton Ave. Assistance is offered on a first-come, first-serve basis. This is not a computer class. Info: Cheryl at 941-2416 Ext. 315.

Temple Beth Am Shabbat: Temple Beth Am will "open its doors to all who enter" for Shabbat on Fridays at 8 p.m. Our modern Sabbath service has a spiritually engaging and warm feeling while following traditional modes. All are welcome to our friendly sacred space A Tot Shabbat will be held at 5:50 p.m. To RSVP or for more information for Tot Shabbat, please e-mail Rebbetzin Ellen at RebbetzinEllen@gmail.com. Temple Beth Am is located at 203 Church Pl. Yorktown. For more information, please call our Rabbi at 914-962-7500 or e-mail him at rabbiv@optonline.net

Jewish Center Services: At the Yorktown Jewish center, 2966 Crompond Rd., Friday night Sabbath services are held at 6:15 p.m. And Sabbath services on Saturdays will be held at 9:15 a.m. on most Saturdays. After the services Rabbi Sternstein conducts a learning session based on the Torah portion of the week. Light refreshments are served and everyone is invited to join us as we share in the warmth, knowledge and friendship within our congregation. Info: 914-245-2324 or yorktownjewishcenter.org.

Saturday, Nov. 11

Putnam Valley Shabbat Service: Looking for a modern Shabbat service steeped in Jewish tradition? Come to Temple Israel of Putnam Valley, a Conservative Egalitarian Synagogue situated on beautiful Lake Peekskill. Our inclusive, community-lead services start at 9:30 a.m. on Saturdays and are held in Hebrew and English. Enjoy a comfortable atmosphere where participation is appreciated and afterwards stay for our delicious Kiddush lunch. Services are free; Family Memberships are \$250 per

Happenings

year and include High Holiday Services. The synagogue is located at 140 Lake Drive in Lake Peekskill. For more information call 845-528-2305.

Yorktown Shabbat Morning Services: Chabad of Yorktown, 2926 Old Yorktown Rd., holds services on Saturday mornings. They are easy-to-follow services with Hebrew/English prayer books, a friendly environment and no affiliation is necessary. Kiddush luncheon follows the services. Services begin at 10 a.m. For more information visit www.ChabadYorktown.com

Ossining Farmers Market: The Ossining Down to Earth Farmers Market is now being held outdoors on Spring and Market Streets. Customers old and new will find delicious produce, pasture-raised meat, poultry, and eggs, breads, baked goods, and much more. For a full list of our markets and vendors, visit DowntoEarthMarkets.com.

Veteran's Day Program: The Cortlandt Chamber Orchestra will present a free concert at 7:30 p.m. The program is a musical tribute to our veterans, and will conclude with the Symphony No.100 ("Military") by Franz Joseph Haydn. The performance will take place at the Holy

Name of Mary Catholic Church, located at 110 Grand St., Croton. Donations are welcome. For more information, contact the Cortlandt Regional Music Association at 845-838-1077 or www.cortlandt-music.org

Dark Star Orchestra: The Dark Star Orchestra, which revises the music of the Grateful Dead, is celebrating its 20th year of performing. The group will perform at 7 p.m. at the Paramount Hudson Valley, 1008 Brown St., Peekskill. Ticket prices range from \$30 to \$89. For tickets & more information please contact director of communications Abigail Adams at abigail@paramounthudsonvalley.com or 914-649-5606.

Sunday, Nov. 12

Healing Yoga: Yoga classes for women with breast cancer are held at 5 p.m. on Sundays at Hudson Yoga, 5 Old Post Rd. South, Croton-on-Hudson. Weekly classes are being conducted by rotating instructors. The suggestion is \$15. Info: Elisha Simpson at 914-319-4010.

Paramount Hudson Valley: Dark Star Orchestra, 7 p.m. Performing to critical acclaim celebrating their 20th anniversary year in 2017 and over 2700 shows,



Dark Star Orchestra Band

Dark Star Orchestra continues the Grateful Dead concert experience. Their shows are built off the Dead's extensive catalog and the talent of these seven fine musicians. On any given night, the band will perform a show based on a set list from the Grateful Dead's 30 years of extensive touring or use their catalog to program a unique set list for the show. This allows fans both young and old to share in the experience.

Monday, Nov. 13

Musical Munchkins: The Yorktown Musical Munchkins meet on Mondays from 9:30 to 10:15 a.m. at the Yorktown Stage Theater in room 12. The program is for older babies up to the 1's. Free trial classes are offered. Info: 914-771-7000 or www.musicalmunchkins.com.

Free Jazz Sessions: Free Jazz Jam Sessions are being held every Monday at The Winery at St. George, 1715 E. Main St., Mohegan Lake. Info: 914-455-4272.

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EXAMINER MEDIA Classifieds

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LEGAL NOTICES

NOTICE OF FORMATION OF HAPPY HILL FARM LLC. Arts of Org filed with the Secy of State of NY (SSNY) on 9/1/17. Office loc: Westchester. SSNY designated as agent upon whom process may be served. SSNY shall mail process to: **111 Eighth Avenue, New York, NY 10010. Purpose: any lawful purpose.**

NOTICE OF FORMATION OF NAJO Consulting, LLC Arts. of Org. filed with the SSNY on 09/21/2017. Office Location: Westchester County. SSNY has been designated as agent upon whom process against it may be served. The Post Office address to which the SSNY shall mail a copy of any process against NAJO Consulting, LLC served upon him/her is: 2 Glen Wood Road, Millwood, NY 10546. The principal business address of **NAJO Consulting, LLC is 2 Glen Wood Road, Millwood, NY 10546. Purpose: any lawful act or activity.**

NOTICE OF FORMATION OF SLP TALENT HUNTRESS, LLC. Arts of Org filed with the Secy of State of NY (SSNY) on 6/12/17. Office loc: Westchester. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **10 Steward Place, Suite 9FE, White Plains, NY 10603. Purpose: any lawful purpose.**

NOTICE OF FORMATION OF HALITE PARTNERS, LLC. Arts of Org filed with Secy of State of NY (SSNY) on 12/30/16. Office loc: Westchester. SSNY designated as agent upon whom process may be served and shall mail process to the principal business address: **156 Great Oak Lane, Pleasantville, NY 10570. Purpose: Any lawful acts.**

NOTICE OF FORMATION OF SANDRA WONG GEROUX LLC. Arts of Org filed with Secy of State of NY (SSNY) on 09/27/2017. Office loc: Westchester. SSNY designated as agent of the LLC upon whom process against it may be served and shall mail process to the principal business address: **647 Forest Avenue, Larchmont, NY 10538. Purpose: any lawful acts.**

NOTICE OF FORMATION OF MARIE-NIA, LLC. Filed with SSNY on 8/26/17. Office location: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to **Opal Bailey at P.O. Box 665, Amawalk, NY 10501. Purpose: any lawful act or activity.**

NOTICE OF FORMATION OF NDC PORT CHESTER, LLC. Articles of Organization filed with New York Secretary of State ("NS") on October 5, 2017. Office is located at 30 Westchester Avenue, Port Chester, New York 10573, Westchester County. NS is designated as agent upon whom process may be served. NS shall mail service of process to **Diana Colorado at 320 Central Avenue, Englewood, New Jersey 07631.**

NOTICE OF FORMATION OF KILLMETT DATA CONSULTING, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on Sept 6th 2017. Location: Westchester County. SSNY designated as agent for service of process on LLC. SSNY shall mail a copy of process to: **United States Corporation Agents, Inc. 7014 13th Ave, Suite 202, Brooklyn, NY 11228. Purpose: To provide data management consulting.**

NOTICE OF FORMATION 100 WATTS CONSULTING, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on 10/20/2017. Location: Westchester County. SSNY designated as agent upon whom process may be served and shall mail process to the principal business address: **120 Brite Ave., Scarsdale, NY 10583. Purpose: Any lawful acts.**

NOTICE OF FORMATION MPC HOLDINGS, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on 10/12/2017. Location: Westchester County. SSNY designated as agent upon whom process against it may be served and shall mail process to:

80 Random Farms Dr., Chappaqua, NY 10514. Purpose: Any lawful acts.

MILCA ENTERPRISE, LLC. Art. of Org. filed with the SSNY on 10/11/17. Office: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the **LLC, 7014 13th Avenue Suite 202, Brooklyn, N.Y. 11228. Purpose: Any lawful purpose.**

NOTICE OF FORMATION OF LBJ SOLUTIONS, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on October 30, 2017. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **Louis Bastone 88 Lyons Road Scarsdale, NY 10583. Purpose: Any lawful purpose.**

NOTICE OF FORMATION OF: HONORABLE REALTY, LLC. ART OF ORG. filed with SSNY on 10/25/17. Office in Westchester County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: **148 North Terrace Avenue, Mount Vernon, NY 10550. Purpose: Real Estate purposes.**

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