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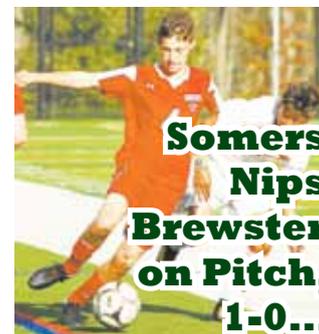


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October 3 - October 9, 2017

SMALL NEWS IS BIG NEWS

Volume 9, Issue 406



RICK PEZZULLO PHOTO

## Making A Personal Connection

Teams and individuals turned out in large numbers once again for Support Connection's annual Support-A-Walk fundraiser Sunday at FDR State Park in Yorktown. For more photos, see pages 14-15.

## Fingers Pointed in Yorktown Over Closed Session Talks

By Rick Pezzullo

An executive session discussion and apparent vote by the Yorktown Town Board last week regarding a proposed resolution to hire outside counsel to defend Supervisor Michael Grace over an ethics complaint has town officials pointing fingers at each other.

Councilman Vishnu Patel contended the board violated the New York State Open Meetings Law by passing a resolution that appropriates taxpayer funds in closed session. Patel said he voted for the resolution, along with councilmen Tom Diana, Gregory Bernard and Ed Lachterman, on September 26 after Grace, who recused himself, said his defense was covered by the town's Defense and Indemnification Law.

"The resolution, which wasn't even written down, didn't include a cap on how much money could be spent for

the lawyer," Patel stated in a list of bullet points he submitted to *Examiner Media*. "The supervisor never told the board exactly what the complaint was, to what body or agency, and who filed it. All he said was that it was related to an ethics issue."

Town Attorney Michael McDermott refused to confirm what the board discussed in executive session, but did refute Patel's claims of a vote taking place that required public funds, saying, "That's untrue. There was no allocation of taxpayer money."

When *Examiner Media* approached Diana and Lachterman September 29 at a press conference on a different matter to question them about the executive session, McDermott intervened and prevented them from responding.

Continued on page 2

## City Manager Unveils 2018 Budget with 2.3% Tax Hike

By Rick Pezzullo

Taxes in Peekskill are slated to increase 2.31% under the 2018 tentative budget released by City Manager Richard Leins Friday.

If approved unchanged by the Common Council, the average single-family home residence in the city, assessed at \$8,800, would pay an additional \$53 annually in city taxes.

"2017 was a banner year for the City of Peekskill and 2018 will see even

greater levels of success," Leins stated in his message to the council. "There is major activity here in the City of Peekskill, both on the part of private investment, but also at the municipal level as available resources are utilized in the most prudent and cost-effective manner to provide expected service delivery within the confines of limited financial resources. In doing so, meeting the needs of residents, the most valued asset and what makes the city the special

place it is, is the highest priority."

Leins said the city's financial status "continues to experience significant improvement," noting New York State's comptroller recently improved Peekskill's financial stability rating, determining it was no longer in "fiscal stress."

The budget provides a 2% salary increase for most non-union employees and raises for some managers, along with funding to add a new police officer and a new paid firefighter.

Leins' spending plan utilizes \$100,000 of Committed Funds-Designated for Tax Stabilization, leaving a \$573,975 balance in that account. In addition, \$400,000 is designated from the city's Undesignated Fund Balance.

Meanwhile, the Water Fund budget is proposed to include a 2% increase to water rates in anticipation of significant remedial work and upgrades to the system, and to ensure the stabilization of the fund balance.

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# Fingers Pointed in Yorktown Over Closed Session Talks

Continued from page 1

However, Lachterman maintained it was illegal for a councilman to publicly comment on closed session items.

Without stating what the matter was that the board discussed, Diana said the board only reached a consensus on a resolution that may be publicly voted on tonight (October 3).

Kristen O'Neill, assistant director of the Department of State Committee on Open Government, said Monday there was no provision in the Open Meeting

Law that prevents an elected official from publicly discussing any issues talked about privately, but added, "Is it a good practice? Probably not."

Patel, the lone Democrat on the board who is seeking a third four-year term in November, maintained he did nothing wrong by informing the public.

"By going public, I am not disclosing confidential information. I am letting the public know that the town board took an illegal action," Patel said. "This

illegal action follows in a long line of the board discussing town issues that are not permitted in closed executive sessions."

Former Supervisor and Councilwoman Susan Siegel believes the pending resolution centers on her August 26 request to the New York State Bar Association Grievance Committee for the Ninth Judicial District to investigate what she contended "appears to be a clear-cut violation" of the conflict of interest provisions of the Bar Association's

Rules of Professional Conduct by Grace.

In her correspondence, Siegel stated in 2016 Grace voted to award a towing contract to a local business, Yorktown Auto Body. A year later, as a private attorney, he represented the same company in a private legal matter.

In a September 7 letter to Siegel, Gary Casella, chief counsel for the Grievance Committee for the Ninth Judicial District, stated the committee has commenced an investigation into her complaint.

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#### Q: What is a hernia?

**A:** A hernia is an opening within muscles or connective tissue, called fascia, through which intestines or fat protrudes. Hernias tend to occur in the belly through previous incisions, or most commonly in the groin, which is known as an inguinal hernia. They can develop at any age, from birth onward. Hernias may grow over time or they can come on suddenly; they may result from strenuous activity, heavy lifting, during pregnancy, or even from a fit of coughing.

#### Q: What should I do if I think I have a hernia?

**A:** It's important to seek medical attention right away if you think you have a hernia. Aside from resting and taking ibuprofen for pain, unfortunately there isn't a lot that people can do on their own when it comes to treating a hernia. The only definitive treatment is surgery. Hernias, if left untreated, can continue to enlarge, putting you at risk for potentially dangerous complications, like lack of blood supply or strangulation to the intestines.

#### Q: What are the surgical options for treating a hernia?

**A:** Hernias are treated either by open repair, or minimally invasive surgery, which includes laparoscopy or robot-assisted surgery. At Northern Westchester Hospital all methods are available and selected based on the size and location of the hernia. Inguinal hernias, or hernias in the groin, require a synthetic mesh to repair and cover the defect, or hole. Other methods, like Laparoscopy and robotic hernia repair, allow the surgeon to make smaller incisions with smaller operating tools. In both types of surgery, the risk of complications is minimal – about the same as any surgical operation. Hernia repairs are ambulatory procedures and you'll be able to go home the same day. The risk of recurrence is slim: There's about a 5 percent chance that a person will experience another hernia in the same spot or elsewhere.

#### Q: How long is the recovery period?

**A:** I generally recommend patients take a week off from work and that they do not lift anything heavier than 25 pounds for at least six weeks. I typically don't restrict cardiovascular exercise with my patients and most patients are able to return to regular activities without pain after a few weeks.

# Candidates Asked to Honor Ethics and Transparency

By Rick Pezullo

A bi-partisan citizens' committee is asking the six major candidates in Yorktown to pledge if elected they will honor 10 principles for an ethical and transparent town government.

The newly formed Subcommittee on Ethics and Transparency of Yorktown Together sprang into action following a September 5 meeting when the majority of the Town Board voted to adopt a resolution, which was not on the agenda, supporting Westchester County Executive Rob Astorino's veto of the Immigration Protection Act.

"Whether one was for or against the resolution, there was absolutely no justification for the Town Board to take up this highly controversial issue without any advance notice to the public, especially as there was no need to pass the resolution that evening," said committee member Melvyn Tanzman, who developed the principles with Maura Gregory, Elise Graham, Paul Moskowitz, Stephen Filler and Susan Siegel.

"Regardless of who wins in November, as individuals and as a group, we're committed to working for a more ethical and transparent town government," he added. "Good government isn't a partisan issue."

The committee, which believes Yorktown's current government is in an "ethical crisis," is seeking candidates to abide by stipulations it outlined for the following categories: ethics and conflicts of interest, transparency and open government, and public input.

Gregory, who has difficult hearing, said one easy step officials can take is using the public address system and televising all Town Board and Planning Board meeting, including work sessions.

"Make it easy for people to participate in town government. It's a no-brainer," she said.

"How open is an open meeting if you can't hear what is being said?" Siegel added.

Graham maintained too many important Town Board resolutions are voted on without being on the official agenda, leaving the public at a disadvantage to offer any comments. As one example, she mentioned the elimination of the \$30 annual open space fee, which she remarked was "egregious" since the fee was previously approved by a public referendum.

Candidates are being given until October 13 to agree to the pledges.

Meanwhile, on Monday, candidates running on the Republican slate unveiled a seven-point pledge for a fair campaign.

Listed among the points "geared toward providing voters with a clear and honest comparison of the candidates," is "no meritless accusations and personal attacks shall be levied against candidates

and elected officials," and "no information divulged in an executive session of the Town Board may be shared or used for any campaign purposes."

"To me these are common sense proposals that I would expect anyone to abide by," said Councilman Gregory Bernard, who is seeking reelection. "The fact that we have to even propose this in order to ensure this year's local campaigns do not get out of hand is actually ridiculous."

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# Tackles for A Cure Event at Lakeland Raises More Than \$16,000

By Anna Young

The Lakeland High School bleachers were filled with students, faculty and community members sporting pink shirts Thursday night raising awareness for breast cancer research in honor of the 7th annual Tackles for A Cure.

After being diagnosed with breast cancer over seven years ago, Lakeland parent Beth O'Neill felt a night of football would bring the community together to help raise funds for breast cancer research. Since its start, the community has continued to support the cause by selling pink shirts for the annual event.

"We get a lot of support from all the schools," O'Neill said. "It's a really great community event that everybody looks forward to and we end up bringing awareness to the disease and making money for a really great cause."

The event has gone on to raise more than \$70,000 that has been donated to the Breast Cancer Research Foundation, with Thursday night's game bringing in an additional \$16,367.

"It's amazing how all these schools come together to help others," Lakeland junior Daniela Petrino said.

Junior Taylor Tedone, who has attended the event since its start, added how astounded she is to see the event continue to grow year-after-year.

"It's not about the high school you go to, it's that we're trying to help people," Tedone said. "We're representing people who have lost their lives."

Seventh grader Alexa Rivera said she's been cheering in the event for the last five years because her family has experienced the devastation cancer can cause.

"It means a lot to my family to be here," she said.

During the September 28 event, the Lakeland Hornets took the field against Walter Panas for the annual pink game, with Lakeland cheerleaders and members from the Shrub Oak Athletic Club cheer team entertaining the crowd during halftime.

The football game was dedicated to Lori Patierno, a Lakeland parent who passed away two years ago from lung cancer.

"We decided we wanted to honor her," O'Neill said. "Our hope is when they find a cure for breast cancer, it'll lead to cures for other cancer."

Panas parent Albert Good, who was a first-time attendee, was stunned at the amount of people who came out in support of cancer research.

"It's a great night out with the kids and fantastic to see young people come out in support of a fantastic cause," he said. "It's great to see all these kids show their true colors wearing pink tonight."



ANNA YOUNG PHOTO

Lakeland siblings Christopher and Isabella Basulto.

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# Part of Indian Point Site May Be Useable During Decommission

By Rick Pezzullo

Local officials learned last week that a portion of site that houses the Indian Point nuclear power plants in the Village of Buchanan could be set aside for possible development while the facility is being decommissioned.

During the second meeting of the New York State Indian Point Closure Task Force at Cortlandt Town Hall, state representative John Sipos revealed federal Nuclear Regulatory Commission (NRC) regulations allow for segments of property to be “early released.”

“It sets out a pathway,” Sipos explained. “At 240 acres, the Indian Point site has one of the smallest footprints of any nuclear power site in the United States.”

“That’s really helpful for us,” Cortlandt Supervisor Linda Puglisi said.

In early January, Governor Andrew Cuomo, Entergy and Riverkeeper stunned local officials when they announced Indian Point would close permanently in 2021 since it was no longer profitable enough for Entergy.

The announcement sent immediate financial shockwaves since Entergy is a major funding source, providing 33% of annual revenue to the Hendrick Hudson School District, 46% to the Village of Buchanan, 64% to the Verplanck Fire Department. 28% to the Hendrick Hud-



State Senator Terrence Murphy makes a point at task force meeting.

son Free Library, 2% to the Town of Cortlandt and 1% to Westchester County.

In May, an Entergy official said decommissioning of the plants and any potential reuse of the site was likely decades away after the planned shutdown in 2021. Mike Twomey, vice president of external affairs for Entergy, owners of Indian Point since 2000, also revealed Entergy had 60 years to complete the decommissioning process after Unit 3 stops operating on April 30, 2021.

At last week’s gathering of the 23-member task force, Meghan Taylor, regional director of the Mid-Hudson

Region for Empire State Development, said while developers have expressed interest in vacant parcels in town, Cortlandt’s lack of sewer infrastructure is a “major impediment to future economic growth.”

“We need more infrastructure to bring in office parks, industry, etc.,” Puglisi said. “In four years, five years, 10 years, we don’t ever want it to be a distressed community. We won’t let it happen.”

State Senator Terrence Murphy (R/Yorktown) said a separate fund should be allocated in the state budget specifically for Indian Point’s closure and expressed frustration with the lack of progress and lack of an action plan from the task force.

“It has already been eight months since the State and Entergy announced its intent to completely shut down Indian Point by 2021. We should have had plans for decommissioning, replacement power, reuse, revenue shortfalls, job retention and economic development before

the closure of the plant was announced,” Murphy said. “We are playing defense instead of offense. There’s got to be a foundation of what is going to happen in this community. This has got to be front and center to have something carved out for Indian Point in all aspects.”

D.L. English Consulting, Inc. was introduced to the task force as the consulting firm hired by the New York State Energy Research and Development Authority (NYSERDA) to conduct a site reuse study.

Meanwhile, Jenean Eichenholtz, a member of Power Through Cortlandt, an advocacy group formed to raise public awareness about the closure of Indian Point, demanded that residents have a voice as the plant’s closure moves forward.

“We need to make sure that our voices are not lost in the process,” she said. “It is vital that our residents plan for the future, which will be ours.”

The next meeting of the task force is scheduled for December 19. On October 19, during the next scheduled meeting of the Community Unity Task Force in Cortlandt, the NRC will be in attendance, along with Congresswoman Nita Lowey (D).

“We have a lot of questions for them (NRC),” said Buchanan Mayor Theresa Knickerbocker.

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ARE  
HAPPENING  
HERE



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# Lakeland HS Class of 1967 to be at Homecoming

The Lakeland High School Class of 1967 will be participating in the Homecoming ceremonies at Lakeland High School on Friday, October 6, in recognition of its Fiftieth Class Reunion being held the following evening, Saturday, October 7 at Travelers Rest Restaurant in Millwood.

Prior to the homecoming game, Class of 1967 graduate Major General Tim Donovan, United States Marine Corps, (Retired), will be placing a Commemorative Wreath at the Vietnam Veterans Memorial at the school, in keeping with President Obama's Presidential Proclamation designating the period of May 28, 2012 through November 11, 2022 as the commemoration of the 50th anniversary of the Viet Nam War. President Obama had called upon Federal, State and local officials to honor our Viet Nam

veterans, our fallen, our wounded, those unaccounted for, our former prisoners of war, their families, and all who served with appropriate programs, ceremonies and activities. The class will also be making a significant donation to the Disabled American Veterans and Puppies Behind Bars, where dogs are trained to work and assist disabled Veterans.

The class of 1967 sent many graduates to the Armed Forces, many of whom served with utmost honor and distinction both in Viet Nam and throughout the world during the Viet Nam era. According to Ed Forrest, Chairperson of the Reunion Committee and Viet Nam veteran, there are over nine classmates who made the supreme sacrifice during the Viet Nam era. They will not be forgotten by their friends of the class of 1967.

**SMALL NEWS IS BIG NEWS 914-864-0878**

## TOWN OF YORKTOWN REVISED SOLID WASTE COLLECTION SCHEDULE FOR THE WEEK OF OCTOBER 9 - 13

**\*NO COLLECTIONS ON MONDAY, OCTOBER 9\* COLUMBUS DAY**

**RECYCLING**  
SECTIONS 1 & 7 will be on Tuesday, Oct. 10  
SECTION 6 will be on Wednesday, Oct. 11  
No changes for Sections 2, 3, 4 & 5



**KITCHEN TRASH COLLECTIONS:**  
Monday & Thursday  
Collections will be on: Tuesday, October 10 and Thursday, Oct. 12  
Tuesday & Friday  
Collections will be on: Wednesday, October 11 and Friday, Oct. 13



**\* FRIDAY, OCTOBER 6 \***

**E-WASTE DISPOSAL DAY**  
Bring your obsolete computer, TV, laptop, monitor, VCR, keyboard, cell phone, etc.



**TEXTILE RECOVERY DAY**  
Bring bags filled with unwanted clothing, shoes, rags, towels, bed sheets, blankets, etc.



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**P-51 MUSTANG**

**B-25 MITCHELL**



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**Westchester County Airport - October 6th to 8th**

Tour times: 10/6 2:00 PM to 4:30 PM, 10/7 - 10/8 9:00 AM to 4:30 PM. No reservations needed.

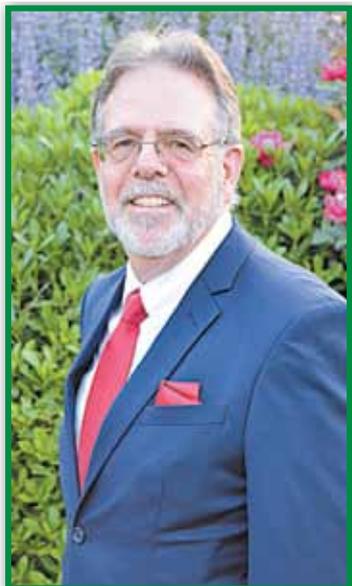
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## Obituaries

### Marian Neville Carlos

Marian Neville Carlos, a 14-year resident of Shrub Oak and formerly of Croton-on-Hudson and Brick, New Jersey, died September 26 in Purdys, New York. She was 91.

Daughter of the late Charles and Cecelia McCauley Neville and raised by Albert Joseph and Catherine Veronica Gresh, she was born March 7, 1926 in Yonkers. She married William G. Carlos, Sr. on January 11, 1947 at St. Joseph's Church in Yonkers. Her husband was a funeral director for Leach and Thomas Funeral Home in Ossining and Croton-on-Hudson. Mr. Carlos preceded her death in 1991.

Mrs. Carlos graduated from Gorton High School in Yonkers and was president of her class when she graduated with honors from Phelps Memorial School of Nursing in 1966.

She was the Charge Nurse for the Labor and Delivery Unit at Phelps Memorial Hospital and continued nursing in private physician practices with Dr. Charles Sweet and Dr. Theodore Beck both of Peekskill. She completed her nursing career with Dr. Narain Batheja of Ossining, retiring in 1983.

She was an 18-year parishioner of Visitation Roman Catholic Church in Brick,

New Jersey and most recently attended St. Elizabeth Ann Seton Church in Shrub Oak. She was an avid book reader and golfer, playing well into her 80's. She was especially proud of her past membership in the "Belair Babes" at the Bel-Air Golf Club in Wall Township, New Jersey and the Spring Lake Ladies Golf Club in Spring Lake, New Jersey.

Survivors include her sons, William G. Carlos, Jr. and his wife, Jeanne of Poughkeepsie, Albert J. Carlos and his wife, Virginia of Newburgh, John M. Carlos of West Collingswood, New Jersey, Patrick C. Carlos of West Collingswood, New Jersey; her daughter, Catherine M. Olivieri-Lovitt and her husband, Gary Lovitt of Southbury, Connecticut; her nine grandchildren; and nine great-grandchildren. She was predeceased by her sisters, Cecelia Smith in 2005 and Dorothy McCauley in 1940.

### William Goldstein

William Goldstein, a lifelong Peekskill resident better known as 'Billy G.' by his relatives and friends, died September 29. He was 88.

He was born on November 20, 1928 to Phillip and Mollie Goldstein. After graduating from Peekskill High School in 1946,

he worked in his father's lumber yard and meat market for a few years. He then became a partner at Locust Manor with his brother-in-law, Alex Shustin. Eventually he ended up working for Major Liquor located in Syosset Long Island as a liquor salesman serving Westchester County. He and Betty Jane Ellis were married in January 1974 and continued to live in Peekskill.

"Billy G." was a member of the Elks and Christopher Columbus Club throughout the years. His two sisters predeceased him, Shirley Burstein and Gloria Shustin. He leaves behind three sons: Jeffrey Goldstein, Ron Goldstein and Philip Goldstein (Diane); his step-children: William Foley (Diane), Joseph Foley (Katy), Pat Scaramellino (Tom), Mary Foley (Ed) and Barbara Bott (Charlie); his grandchildren: Montana, Matthew, Emily, Sophie, Noah and Colin; his step-grandchildren: Becky, Danny, Joey, Katie, Mollie, Danielle, Amy, T.J., Liza, Jen, Sami and Jack.

### Joseph "Pete" Williams, Jr.

Joseph P. "Pete" Williams, Jr. of Peekskill, formerly of Caldwell, NJ, died September 21. He was 80.

Mr. Williams had a long career as an English Professor and sports historian, inspired by his father's work as a columnist for the New York World Telegram.

He wrote three books and was an active member of the Popular Culture Association of America. He loved travel, music, good food, and great beer.

He is survived by his beloved daughter and her husband, two cherished grandchildren, his ex-wife Ann B. Williams, and his loving partner Lynn Gorman. A Memorial Service will be held at 1 p.m. on Saturday, October 7, at St. Mary's Episcopal Church, 1836 East Main Street, Mohegan Lake.

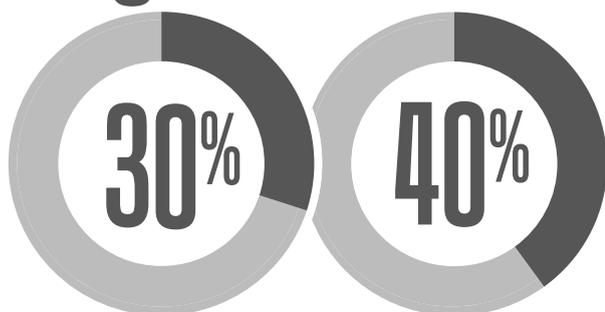
### Martha Di Paula

Martha E. Di Paula, a longtime resident of Ossining, died September 26 at Phelps Memorial Hospital from complications of emphysema and copd after a long and courageous battle. She was 75.

She was born on July 12, 1942 in Patterson, NJ to Charles and Evelyn Kenney. She was a loving homemaker, wife, mother and grandmother. She is predeceased by Charles and Evelyn Kenney and her brother John Kenney. She is survived by her loving husband Daniel Di Paula, daughter Melissa Weaver (Scott) of Tarrytown, grandson Scott Weaver, Jr. and her step children Kim McNally, Michael Di Paula, Daniel Di Paula and Amy Mantecon.

# Consequences of Untreated Hearing Loss

## Cognitive Decline



Adults with untreated hearing loss experience a **30-40% faster decline in cognitive abilities** compared to peers with aided hearing.

## Depression

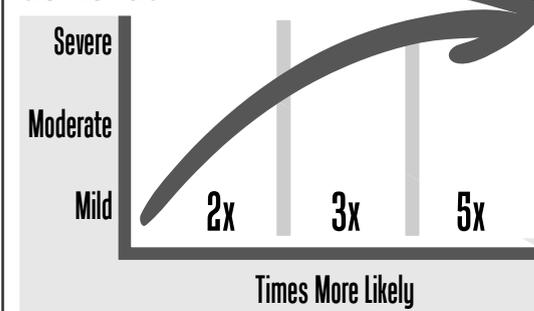
Those with untreated hearing loss have **significantly higher** incidence of feelings of isolation and depression.

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## Dementia

Adults with untreated hearing loss **are more likely to develop dementia.**



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## Letters to the Editor

# Indian Point Closure: Next Steps and Plans

### To the Editor:

1. The Town of Cortlandt will retain an Economic Development Consultant to work with Town staff and Supervisor to: Review possible locations for new economic growth throughout the town that will offset loss of revenue when the Indian Point's two nuclear plants close (2020/2021)

2. Work with the New York State Empire Development Agency to also assist with new commercial/corporate/industrial growth and assist with finding us grants for future infrastructure for this development.

3. To continue working with the local and New York State task forces. We have defined our challenges since the announcement in January 2017 (loss of revenue \$32 million in total, loss of jobs

up to 2,000, including contractor jobs) radioactive spent fuel rods storage, environmental clean-up, decommissioning of the plants and re-use of the 240 acres.

4. New York State is retaining a consultant through NYSERDA to address all of the above issues and file a report by April 2018. We will be working with the State and their consultant that will be announced at the State task force meeting on September 28, 2017 at Cortlandt Town Hall.

5. Implementation of all consultant's recommendations.

6. Lobby Entergy for a new PILOT for tax stabilization once the plants close since they will still own the structures, the rods and the land.

7. Lobby New York State and the

Federal Government for assistance for those losing their jobs once Indian Point closes and to insist on retraining.

8. Once decommissioning begins insist that the many local skilled workers currently at Indian Point be hired for this process.

9. Work to have the dry cask storage units (of the radioactive spent fuel rods) be allowed to be assessed and taxed by the town for additional revenue.

10. Request that the Town be allowed to utilize funds set aside by Entergy and/or New York State for economic and infrastructure needs to offset the closure of our largest taxpayer and employer, Entergy (Indian Point).

11. Continue to speak with other communities going through a similar

situation of having a nuclear plant close or have had nuclear plants closed in past years. This communication is helpful in order to let us know what occurs during a decommissioning process.

12. Continue to speak with the NRC, DOE and federal public officials to seek their assistance and to receive important information on the closure process. (The NRC will be present at our October 19, 2017 local task force meeting.

"We will continue to work with our partners in the Hendrick Hudson School District, Village of Buchanan and all others in the community to address these challenges we face with the closure of Indian Point."

LINDA PUGLISI  
Cortlandt Supervisor

## Innuendos Made by Candidates were Despicable

### To the Editor,

I'm writing to express my great disappointment in the comments and behavior of my colleague on the Yorktown Town Board, Councilman Vishnu Patel and his democratic running mates, Ilan Gilbert and Alice Roker.

In a recent edition of "The Examiner" paper; Councilman, Patel, along with his running mates made innuendos that Yorktown has failed to do anything about the Opioid and Heroin epidemic which continues to ravage our county, and indeed our country.

This is offensive on several levels. First, it is a lie. Prior to being sworn in as a member of the town board, I made it my mission to take real action, and to effect real change in how we address the addiction scourge in our area.

Within months, I'm very proud to say, that with guidance of Senator Terrence Murphy, we organized the first meeting of the Yorktown Citizens Task Force Against Heroin, that took place with a handful of concerned neighbors and

friends.

In short order a board was established, that included myself as chairman, Keith Holmes, from Yorktown Athletic Club, my fellow board members Greg Bernard, Ed Lachtermann, and our Supervisor Michael Grace.

With the help of the "Yorktown Elks Club #2324" we started a dialogue. We held forums, featuring experts in the fields of addiction prevention and recovery as well as law enforcement and intervention. Perhaps most unique was our introduction of martial arts -specifically Krav Maga- as a way of empowering young people to overcome social and emotional issues, that if not navigated properly, often lead to withdrawal, isolation, depression and in many instances addiction and death.

We provided lifesaving NARCAN training, and co-sponsored medication disposal drives throughout northern Westchester.

Most recently, "Yorktown Citizens Task Force Against Heroin" was proud

to deliver "DALLAS", a drug detection K-9 to the Yorktown Police Department. Dallas, was purchased and donated by Yorktown Citizens Task Force Against Heroin. These funds were made available from generous donations. This was a direct result made from concerned citizens, along with businesses in our community, at an actual fundraiser held last year in June.

The comments of Councilman, Patel and his running mates were also offensive in that they chose to politicize the opioid epidemic.

One only need to watch the first few minutes of any news broadcast to see just how fractured and wounded our country is today. One of the very few things ev-

eryone can agree upon is that the current addiction crisis is a truly dire emergency, and for Councilman, Patel and his running mates to attempt to use it as a wedge was despicable.

In one fell swoop, Councilman Vishnu Patel lied, along with his running mates who tried to use the pain of thousands of families who have lost loved ones to addiction for political gain. Not only is that crude, cruel and cold hearted but perhaps the citizens of Yorktown will see it as unbecoming of an elected official and his running mates.

THOMAS DIANA  
Yorktown Councilman and Chairman of "Yorktown Citizens Task Force Against Heroin"

## Astorino Veto of IPA was Disappointing

### To the Editor,

I wish to convey my extreme disapproval of our County Executive's recent veto decision on the Immigrant Protection Act in the face of a two-thirds favorable vote by the Board of Legislators. The Board was unfortunately one vote short to override his veto earlier this week.

The IPA sought to protect our hardworking immigrants and did not define Westchester as a Sanctuary County, contrary to Mr. Astorino's opinion. Westchester's Attorney General had clarified that a Local Government entity can only be subject to losing Federal funding if they are in violation of 8 USC 1873, and the language of the bill was drafted to be in compliance with that statute. The bill clarified the existing County policy while drawing from

model ordinances put forth by the New York State Attorney General's office with the intent to ensure all County residents are protected.

Many immigrants are afraid to cooperate with law enforcement when they require assistance in their home communities. Many are less likely to voluntarily provide information about a crime or to report a crime because they fear being questioned about their immigration status.

We can only hope for a change in personnel in November to overturn this and other short-sighted policies of the current County Executive. We need leadership that will demonstrate sensitivity to the needs of all our County residents.

MARIE INSERRA  
Peekskill

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# Puglisi Defends Tax Record Following Unfair Campaign Ruling

By Rick Pezzullo

Cortlandt Supervisor Linda Puglisi vehemently defended her administration's 26-year financial record after the Westchester County Fair Campaign Committee last week determined statements she made about town taxes only increasing by 1% were "unfair."

The committee, which only issues opinions and has no power to enforce any laws, responded to a complaint from Liam Carroll, Republican candidate for supervisor, who claimed Puglisi's comments on taxes were misleading.

"While in some communications Ms. Puglisi's claims that the 1% increase is an average over the 26 years, in others she gives the impression that town taxes have

gone up only 1% total over that 26-year period. In fact, town taxes have increased more than 1% in some of the years during that time frame."

Puglisi, who is running for a 14th term in November, explained her references were only about town taxes, not county, school or special district taxes. She also noted that Carroll emailed Town Comptroller Patty Robcke on September 25 "congratulating her on the Certificate of Achievement in reporting for 2016--once again," in reference to the town's financial reports.

"I stand by our town financial record for the past 26 years. My opponent is being political and it is all semantics," Puglisi stated. "Our taxpayers know that

their town taxes on average for 26 years have only gone up 1%. If they had gone up they never would have received their New York State rebate checks! This is an opinion of a not-for-profit group that knows nothing about our town and who did not grant me a fair hearing."

"My opponent has never been to a town board meeting nor has ever been involved in town government in our communities but instead has gone outside the community to a not-for-profit organization located in Rye Brook to benefit his political campaign," she continued. "I stay in Cortlandt working for our residents. He has never raised any questions about his town taxes in the 22 years he's lived in Cortlandt until six

weeks before the election."

In a letter to the editor this summer, Carroll, who described himself as a specialist in the municipal finance market, stated, "It is not my intention to be a career politician."

"In my office as Supervisor, I will promote transparency on all Town issues and will provide our residents with straight forward and accurate tax and revenue reporting and disclosure," he stated. "I will utilize what we have learned over the 26 years under the current Supervisor. I will keep what works and create for more modern ways to improve the tax base and protect and increase the comfort of our residents."

# Man Charged with Burglarizing Yorktown Jewelers, Barber Shop

By Rick Pezzullo

A Yonkers man was charged last Tuesday with burglarizing a jewelry store and a barber shop in the Roma Building in Yorktown Heights.

Yorktown Police received an anonymous call at approximately 3:44 a.m. on September 26 of a possible burglary in progress at Yorktown Jewelers at 2008 Crompond Road. When two officers arrived at the scene, the front door of the

Yorktown Barber Shop, located adjacent to Yorktown Jewelers, was found to be unsecured and a male subject, later identified as Paul Shkreli, 44, of Yonkers, was observed inside.

With the assistance of State Police and Westchester County Police, the perimeter of the building was secured and Shkreli was taken into custody without incident.

Yorktown Police said Shkreli allegedly

forced entry into the barber shop and unlawfully entered the jewelry store with the intent to steal merchandise.

Following processing at police headquarters on two counts of burglary in the third degree, Class D felonies, Shkreli was arraigned by Yorktown Town Justice Sal Lagonia, who remanded him to Westchester County Jail without bail. He is due in Yorktown Town Court on October 17.



PHOTO BY MICHAEL LADORE

Scene of the crime last week in Yorktown.

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**Businesses of the Week**

# Travel Emporium Yorktown

**By Neal Rentz**

Yorktown resident Dandi Zidon, president and owner of Travel Emporium in Yorktown, said last week she named her business Emporium because, "We do everything."

The business arranges both domestic and foreign travel. "We do airline tickets. We do tours. We do cruises. We do all kinds of vacation packages," Zidon explained.

The firm will also arrange customized tours, she said. "If you want to do something special we will do it for you," she said. "We pride ourselves on our service. Any dream we can make true."

Zidon said her customers reside throughout northern Westchester County and in various nationwide locations via the telephone or e-mail from both customers who have moved from the area and those referred by word of mouth. "We are the only travel agency in this general area," Zidon said.

With a wealth of travel web sites available, Travel Emporium has a key ingredient it can offer, Zidon said "Nothing beats a personal touch," she said. "When you have a problem, go on line and try to solve it."



NEAL RENTZ PHOTO

Travel Emporium has been in operation in the Triangle Shopping Center for 32 years. Shown above are Dandi Zidon of Yorktown, its president and owner, left, and office manager Toni Dietz of Putnam Valley.

The personal assistance has been particularly important in helping customers during the recent period of major hurricanes, Zidon said. "We look after our customers and we help them as much as possible. Who do you call on line?"

Zidon said another advantage to her company for consumers is that they will be spoken with by a person to find out what they want. For example, photos of

a hotel on line may show a property in the best light or the photo may have been taken years ago, Zidon said.

Zidon said she and her agents travel regularly and attend travel seminar and watch Webinars. "So we learn about the properties," she said.

Zidon and her agents ask several questions of their clients to arrange the most appropriate trip. Some of the questions that are asked of customers included what they like to do on vacation, what are their travel budgets, and what

type of individuals will be taking the trip. After speaking to clients, the agents can determine what would be the right trip for them, Zidon said. "You don't get that on line."

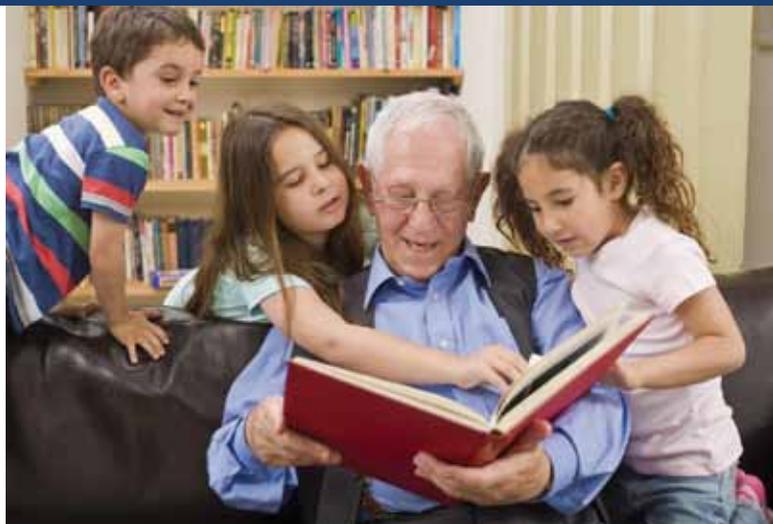
"Nothing is equivalent to personal contact," Zidon said.

*Travel Emporium is located at 40 Triangle Center, in the Triangle Shopping Center, in Yorktown. For more information, call 914-245-8825, send an e-mail to [infot@tvlemporium.com](mailto:infot@tvlemporium.com) or visit [tvlemporium.com](http://tvlemporium.com).*



Local officials participated in a ribbon cutting and grand opening for a new Colombian restaurant on Lower Main Street in Ossining, La Estacion Paisa.

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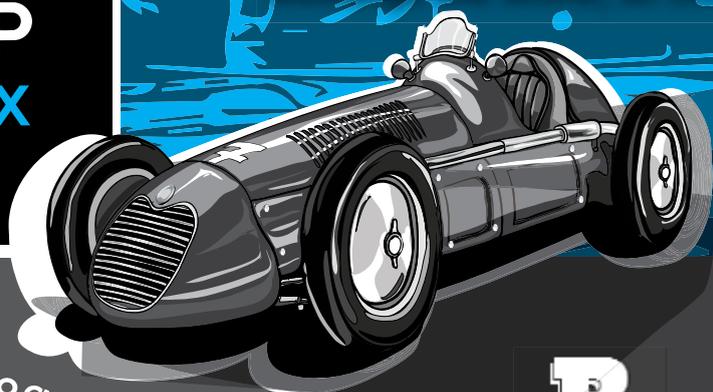
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All Vintage vehicles will be on display in Pit Row which will be on Central Ave between Nelson and Division.

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# Chronic Back Pain – The Best Medicine of All is Prevention

**By Dr. Marshal Peris, FAAOS,  
Co-Director of the Orthopedic & Spine  
Institute, Spine Surgery Section, Northern  
Westchester Hospital**

Chronic back pain usually affects your lower back, also called the lumbar spine. Physicians define “chronic” back pain as daily pain for more than three months. The pain can be intense enough to affect all aspects of your life – from work to sleep. That’s why prevention is so important. The good news is that there are many ways you can help keep chronic back pain at bay – permanently.

How Common is Chronic Back Pain?

According to the National Institutes of Health, 11.2 percent of adults experience chronic back pain; for 17 percent of them, pain is severe. The condition is most often caused by either chronic strain of the muscles supporting the lower spine, arthritis of the lumbar spine, or disc degeneration that may put pressure on nearby nerves.

Prevent Pain From Ever Taking Hold

Many studies have examined the behaviors that bring on this disabling pain – and their findings provide invaluable clues as to how you can prevent chronic back pain from ever taking hold. The number one risk factor is smoking. Older people and those who are overweight also experience more back pain. So do manual laborers and people who sit while working.

A recent or old back injury can also trigger pain. Injured spinal discs can accelerate the normal spinal disc degeneration that occurs in all of us with age. And painful arthritis can occur in the joints of the back of the lumbar spine independent of or related to disc degeneration.

Our Back is Prone to Injury – It’s Pure Physics

It’s pure physics. In this area between your rib cage and hips, five vertebrae and five discs hold up your entire body, with no supporting structure other than muscles and ligaments. Add to that the great range of motion the lumbar spine is capable of – all that bending and twisting – which often gets us into trouble. Many people bend at the waist instead of with the knees and hips, which puts too much stress on the discs and spine-supporting ligaments, injuring these parts.

Prevention works! Stop Back Pain Before it Starts. Here’s how...

1. Immediately stop smoking.
2. If you are overweight, lose weight.
3. Go to bed and don’t slouch! While you may have heard this countless times from your parents growing up, there’s some clinical benefits as well. There’s no science behind one particular mattress or sleep position, but it’s extremely important that you sleep. People who sleep well have less back pain. Not slouching in your chair also protects you

from chronic back pain.

4. Move around to keep your joints juicy. While sitting, change your position frequently. Your body wants to move. That’s how your joints are lubricated. Moving also changes the area of stress. If you don’t shift stress from one part of the body, it eventually fatigues and you hurt yourself. The best type of chair is one you can raise and lower and that has a tilt feature, so you can lean back with support.

5. Exercise is Key for a Painless Future – How Working out Prevents Pain.

Embark on a program of general regular aerobic exercise that you enjoy, whether it’s swimming, walking, using the elliptical machine, biking (or stationary biking), or any combination of these. Studies show that people who exercise have less back pain than those who don’t. Be active for 30 to 45 minutes, three to four times a week. Discuss with your physician or a physical therapist how to tailor your workouts so they offer maximum lower back protection. Also, be sure to exercise your trunk. People tend to avoid the muscles around their midsection

when working out. But these are the supporting muscles for your lumbar spine. The stronger they are, the less stress the discs and ligaments of your lumbar spine must withstand. A good way to understand this is to think about what people do to reduce knee pain. We go the gym to strengthen the supporting quadriceps and hamstring muscles, which decreases pain in the knee.

Fall Back on Surgery — it’s rarely necessary for back pain

Non-surgical treatment for chronic

*Continued on page 13*

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# Hilltop Hanover Farm's Fundraiser to Benefit Honor Late Farmer's Legacy and His Young Children

The Friends of Hilltop Hanover Farm, a nonprofit working farm and educational center in Yorktown Heights, will be hosting its third annual Farm-to-Table Dinner on Thursday, Oct. 5 from 6 – 9 p.m. The dinner will feature an array of seasonal and organic dishes from local chefs and restaurants, as well as local hard cider, craft beer and wine pairings.

The dinner pays homage to former head farmer, Brett Alcaro, who worked at Hilltop for five years before he passed away in 2015, at the young age of 37 after a six-month battle with cancer. His dedication and passion for farming continue on in the creation of the Brett Alcaro Scholarship Fund, which supports young and emerging farmers trained at Hilltop Hanover Farm. 25 percent of the net proceeds of the dinner are earmarked for a college fund dedicated to Brett's two young children.

A cocktail hour, sponsored by Fidelity Financial, will kick off the evening at the historic and picturesque farm, with live music and commanding views of Westchester County and the New York City skyline. REMAX Realty of Pleasantville, will be providing guests an op-

portunity to take hot-air balloon rides for adventurous guests for an additional donation and weather permitting.

Tickets are on sale for \$100 per person at the organization's website--<http://hilltophanoverfarm.org/>--and those interested in making a contribution to this event, or gifts for the silent auction, are asked to contact the farm directly. There are also opportunities to sponsor larger items at the dinner, including the tent.

"The support of area businesses is vital to the success of this uplifting and important community event and we appreciate all of the efforts of the community to help us raise important funds for both the farm and Brett's beautiful children," said Lucille Munz, Hilltop Hanover Farm's Executive Director.

If you are interested in purchasing tickets, providing an item for the silent auction, or becoming a sponsor of the

event, contact Lucille Munz at 914-962-2368 ext.101. Additional details about the event can be found at <http://hilltophanoverfarm.org/>.

The Friends of Hilltop Hanover Farm and Environmental Center, a nonprofit organization, is dedicated to the development and advancement of sustainable agriculture, environmental stewardship, community education, and accessible food systems for all.

## Chronic Back Pain – The Best Medicine of All is Prevention

*Continued from page 12*

back pain is highly effective. Following diagnostic imaging, it typically starts with physical therapy and an in-home regimen. Steroid injections may be recommended to reduce your pain if it is too severe to participate in PT or exercise. All rehab exercise programs should combine education with strengthening the core and back muscles. Hands-on techniques can reduce acute pain through massage, heat, electro-stimulation, ultrasound and guided stretching. Surgery is rarely necessary. It consists either of a decompression, which frees pinched nerves; fusion, which eliminates a herniated disc and locks together the vertebrae above and below; or a combination.

At Northern Westchester Hospital, we are able to dramatically reduce chronic lower back pain so you can live a fully normal life. But prevention is the best medicine of all.



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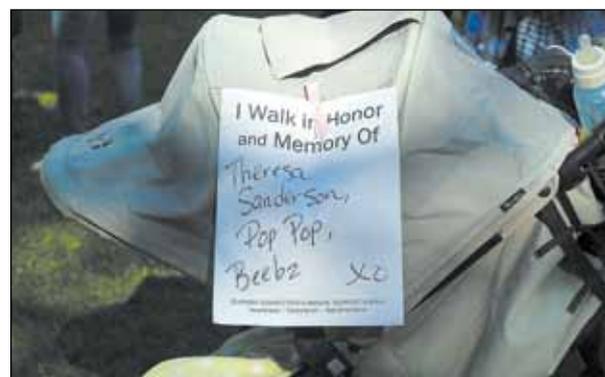
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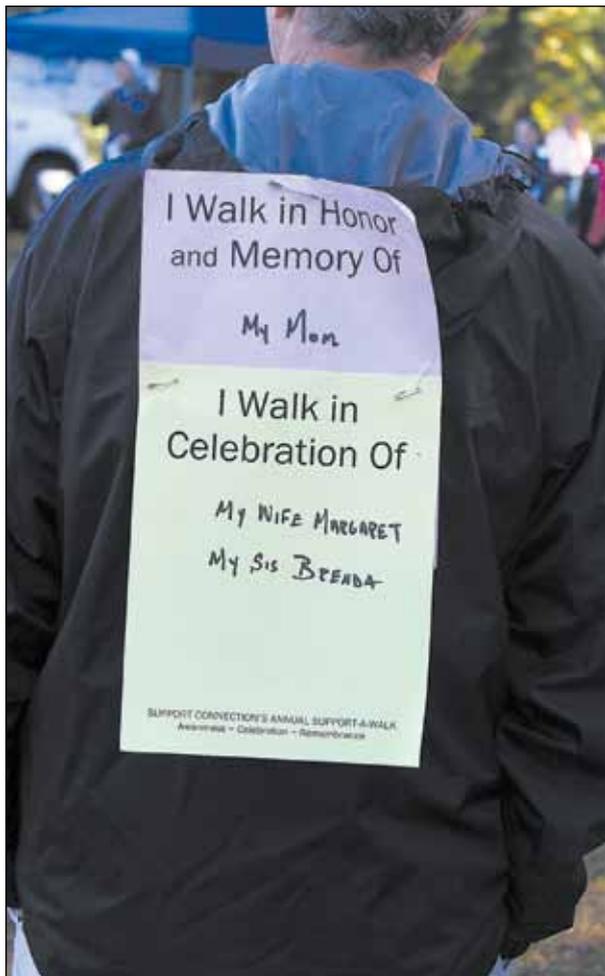
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PHOTOS BY RICK PEZZULLO



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Luigi has returned, and we are delighted to say that we have him here at the Vue Restaurant! Stop by, say hello, and sample one of his signature dishes.

Join Luigi and his counterpart 'Schatzie' for our 'Inaugural Oktoberfest' (October 19, 20, 21 & 22). Indulge in German specialties which have delighted one and all for over 30 years! Sauerbraten, Roast Pork, Knockwurst, Bratwurst, and Roulade will be featured, accompanied by assorted side dishes.

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# Happenings

The Northern Westchester Examiner We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Neal Rentz at nrentz@theexaminernews.com.com.

## Wednesday, Oct. 4

**Seniors' Fitness Classes:** Free fitness classes are being offered to seniors who reside in Peekskill. The schedule is: Monday, Tuesday, Wednesday – The WorkOut – 10 to 11 a.m. Thursday – Fall Prevention Class – 10 to 11 a.m. Friday – Zumba Gold – 11 a.m. to noon. Call Terri Dean at 914-734-4250 Ext.1 for more information. Classes are conducted at 4 Nelson Ave., downstairs from the library.

**Pizza In The Hut:** Experience the wonder of Sukkot, the Jewish fall harvest celebration where meals are eaten outdoors in a tent or booth known as a "sukkah." Meet your local Jewish community as you enjoy pizza under the stars. Pizza in the Hut takes place in First Hebrew's backyard following services which begin at 6 p.m. All are welcome. Pizza in the Hut is \$5 for children, free for those 4 & under, \$10 for adults, and free for Jewish Learning Experience students; no charge to just attend services. First Hebrew is just west of Beach Shopping Center at 1821 Main St., on Route 6. RSVP appreciated: fhc@firsthebrew.org or 914-739-0500. Visit www.firsthebrew.org for the full Sukkot service schedule.

**POUND Program:** POUND™ Fitness Program, a 45-minute full-body cardio and stress relief jam session, fusing Pilates, cardio, plyometrics isometric movements and poses, is offered at Theatre and Dance Arts 131 Bedford Rd. Katonah. Drop in or weekly discount rates available. The program is being provided on Wednesdays at 7:30 p.m. and on Saturdays at 11:45 a.m. Call Peggy for more information at 914 960-4097.

**Bingo Wednesdays:** Come to First Hebrew for \$2,000 in total guaranteed bingo prizes, plus an average of \$1,000 awarded in specialty games. Doors open 5 p.m. and games begin 7:15 p.m. every Wednesday (except holidays – check First Hebrew's website calendar). First Hebrew is just west of the Beach Shopping Center at 1821 Main St., Peekskill. Info: 914-739-0500 of www.firsthebrew.org.

## Thursday, Oct. 5

**Criminal Justice Conversations:** The Westchester Library System is pleased to announce plans for a series of public programs called Community Conversations: Criminal Justice, Yesterday and Today, to be held in October. In collaboration with the Sing Sing Prison Museum and funded by the Westchester Community Foundation, the series will focus on the 200-year history of Sing Sing and its impact on prison reform, as well as current issues of incarceration, reform, rehabilitation and re-entry. It will be held on Oct. 5 at the Ossining Public Library and on Oct. 26

at the John C. Hart Memorial Library in Yorktown. Program information and resources, including a reading list related to issues of criminal and social justice will be available on the Westchester Library System website www.westchesterlibraries.org and at www.connections.westchesterlibraries.org for information on re-entry programs. Information on the history of Sing Sing and the Sing Sing Prison Museum project is available at www.singsingprisonmuseum.org.

## Friday, Oct. 6

**Coloring For Adults:** It's not just for kids, and it's the latest craze. Join our adult coloring book club at the Somers Library Meetings will be held in the conference room every Friday from 10:30 a.m. to noon. Relax, color, and socialize for free. Materials are provided or you may bring your own color pencils and coloring books. Registration is not required. Info: 914 232 5717.

**Job Hunting Help:** Free drop-in, hands-on assistance with online applications, resume writing, e-mail accounts and more is held on Fridays from 11 a.m. to 1 p.m. in the second-floor conference room at the Ossining Public Library, 53 Croton Ave. Assistance is offered on a first-come, first-serve basis. This is not a computer class. Info: Cheryl at 941-2416 Ext. 315.

**Jewish Center Services:** At the Yorktown Jewish Center, 2966 Crompond Rd. Friday night Sabbath services in the spring and summer will begin at 8 p.m. and Sabbath services on Saturdays will be held at 9:15 a.m. on most Saturdays, after the services Rabbi Sternstein conducts a learning session based on the Torah portion of the week. Light refreshments are served and everyone is invited to join us as we share in the warmth, knowledge and friendship within our congregation. Info: 914-245-2324 or yorktownjewishcenter.org.

**Support Connection Benefit:** The Professional Women of Westchester will host a Sparkling Shopping Soiree to benefit Support Connection at J&B Family Jewelers. The event will take place from 6 to 8 p.m. and the entire store will be on sale 30-50 percent off (some exclusions apply). There is no fee to attend the event. There will be food, raffles and more! Each guest who makes a purchase at the event will receive a raffle ticket to be entered to win a Free Michele Serien watch, diamond dial & diamond bezel, Retail: \$1,995. Twenty percent of gross profit will be donated to Support Connection. To register to attend visit www.professionalwomenofwestchester.com

## Saturday, Oct. 7

**Putnam Valley Shabbat Service:** Looking for a modern Shabbat service steeped in Jewish tradition? Come to Temple Israel of Putnam Valley, a Conservative Egalitarian Synagogue situated on beautiful Lake Peekskill. Our inclusive, community-lead services start at 9:30 a.m. on Saturdays and are held in Hebrew and English. Enjoy a comfortable atmosphere where participation is appreciated, and afterwards stay for our delicious Kiddush lunch. Services are free; Family Memberships are \$250 per year and include High Holiday Services. 140 Lake Drive in Lake Peekskill. For more information, visit www.tipv.org or call (845) 528-2305.

**Yorktown Shabbat Morning Services:** Chabad of Yorktown, 2926 Old Yorktown Rd., holds services on Saturday mornings. They are easy-to-follow services with Hebrew/English prayer books, a friendly environment and no affiliation is necessary. Kiddush luncheon follows the services. Services begin at 10 a.m. For more information visit www.ChabadYorktown.com or call 914-962-1111.

**Peekskill Paintings:** Paul Moro: The

Peekskill Paintings 1926 -1937 is on display through Oct. 29 at the Field Library, 4 Nelson Ave., Peekskill. Info: peekskill.org or 914-737-1212

**Ossining Farmers Market:** The Ossining Down to Earth Farmers Market is being held outdoors every Saturday from 9 a.m. to 1 p.m. at the corner of Spring and Main Streets. Customers old and new will find delicious produce, pasture-raised meat, poultry, and eggs, breads, baked goods, and much more. For a full list of our markets and vendors, visit DowntoEarthMarkets.com.

**Family Yoga:** A Family Yoga & Mindfulness Workshop: will be held from 1 to 2 p.m. - Yoga and mindfulness is an excellent tool to ease the transition to the new school year by giving children a way to release tension in the mind and body, become more aware of how they are feeling, and gain a sense of personal empowerment that supports them through change. Registration is required. Please go to somerslibrary.org or call 914-232-5717.

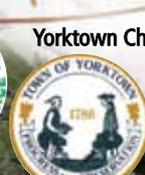
**WCT Performance:** Westchester Collaborative Theater (WCT) will continue its highly touted Jazz Masters series with

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# Happenings

the Gerry Malkin Collective. Led by Malkin on tenor sax, the quintet's distinctive post bebop sound interprets music of the classic era of mid-twentieth century jazz, from Miles Davis to John Coltrane. The group will play at WCT's Black Box at 23 Water St. at 7:30 p.m. Tickets are \$15 and can be purchased online at WCT's Web site: wctheater.org. Limited seating is available; advance purchase is strongly recommended.) Refreshments will be available.

**Menopause The Musical:** Inspired by a hot flash and a bottle of wine, "Menopause The Musical" is a celebration of women who find themselves at any stage of "The Change." The laughter-filled 90-minute production gets audience members out of their seats and singing along to parodies from classic pop songs of the '60s, '70s and '80s. The play will be performed at 7 p.m. at the Paramount Hudson Valley, 1000 Brown St., Peekskill. Tickets are on sale now and available at the Paramount Hudson Valley Theater box office, online at paramounthudsonvalley.com, or by calling 914-739-0039. Greater discounts for groups of 10+ are available by calling 914-739-0039.

## Sunday, Oct. 8

**Croton Dam Program:** At 3 p.m. at the old Croton Dam Gatehouse in Yorktown to commemorate the 175th Anniversary of the Croton Dam. Join State Senator Murphy, County Legislator Michel Kaplowitz, County Legislator John Testa, and Yorktown Councilman Ed Lachterman in recognizing this momentous occasion. A reception will follow at Hilltop Hanover Farm – just five minutes away from the Old Croton Dam Gatehouse. The suggested donation of \$25 will benefit Hilltop Hanover Farm's educational program for children. Please RSVP to Robert Giordano at Yorktownsba@op-tonline.net.

**College Essay Boot Camp:** Eduscape Associates presents a College Essay Boot Camp workshop at Ossining Public Library at 53 Croton Ave. from 11 a.m. to 1 p.m. This Free workshop is sponsored by Eduscape College & Test Prep. Registration is required. Go to www.eduscapeassociates.com. For more information, contact Gayle Marchica at 914-886-5043

**Healing Yoga:** Yoga classes for women with breast cancer are held at 5 p.m. on Sundays at Hudson Yoga, 5 Old Post Rd. South, Croton-on-Hudson. Weekly classes are being conducted by rotating instructors. The suggestion is \$15. Info: Elisha Simpson at 914-319-4010.

## Monday, Oct. 9

**Musical Munchkins:** The Yorktown Musical Munchkins meet on Mondays

from 9:30 to 10:15 a.m. at the Yorktown Stage Theater in room 12. The program is for older babies up to the 1's. Free trial classes are offered. Info: 914-771-7000 or www.musicalmunchkins.com.

**Healing Yoga:** Yoga classes for women with breast cancer are held at 5 p.m. on Sundays at Hudson Yoga, 5 Old Post Rd. South, Croton-on-Hudson. Weekly classes are being conducted by rotating instructors. The suggestion is \$15. Info: Elisha Simpson at 914-319-4010

or send an e-mail to info@laughing-heartsyoga.com Monday, June 20 Musical Munchkins: The Yorktown Musical Munchkins meet on Mondays from 9:30 to 10:15 a.m. at the Yorktown Stage Theater in room 12.

**Fitness Classes:** Mainstream, The Institute for Mature Adults at Westchester Community College is hold Stay Strong and Fir (fall prevention) will hold Chair Yoga classes on Mondays through Aug. 29 from 11 a.m. to noon at the Peekskill Senior Center, 4 Nelson Ave.

**Free Jazz Sessions:** Free Jazz Jam Sessions are being held every Monday at The Winery at St. George, 1715 E. Main St. Mohegan Lake. Info: 914-455-4272.

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This evening will help you understand the Opioid Crisis as it touches the heart of our local community bringing it "upfront and personal" to our own community. It will take every one of us to fight this epidemic. Please join us to learn new steps that are being taken and how we can all make a difference!



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## The Garage Remains an Important Feature of a House

Now that I live in a large condo building that affords only one garage space, which my wife enjoys, my car is out of luck for shelter.

For many years, I pulled in and out of my two-car garage without thinking much about it. Usually there was a fumbling for the automatic garage door opener, which I never managed to assign to a designated place in my car, but the rest was as automatic as driving.

However, there were problems with that. There were innumerable times I mindlessly detached my sideview mirrors and streaked my car with paint by sideswiping the door jams, or better yet, when I backed out with the garage door closed, crashing halfway through the door and removing an entire corner of the structure.

When the carpenter arrived to repair the considerable damage, he said, "Your wife did this, right?" Shamelessly I lied, "Yeah, right."

Just as automobiles changed the way we travel, more than any other element, the garage has changed the way our homes look, rendering them at least 25 percent larger, and more than that if you consider the "bonus" room that can be

built above.

Readers of this column know how I tend to fixate more on the history of things than how they operate, and so it is with the garage. Where exactly did it come from? The word didn't even exist until the beginning of the 20th century when it was coined from the French word *garer*, meaning to shelter or protect.

At that time, the early automobile had to share the carriage house or stable where buggies and horses were still kept, resulting in a weird transitional phenomenon in which the cars smelled of horse manure when they were taken out for a spin. Eventually, the automobile claimed its own exclusive space, and by 1925, real estate industry sources were saying that houses without garages were slower to sell.

It's still the case today. Most people want a garage when they buy. And they want it attached.

For protection from the elements, separate outbuildings used as garages were first attached by breezeway to the main house but eventually incorporated into the footprint of the house itself. Along the way, a couple of neat inventions sped

the modern garage's development, namely the folding overhead garage door, invented by C.G. Johnson in 1921. In 1926, Johnson also invented the electric door opener to help those who had trouble lifting the doors.

Garage doors were originally made of wood, and some still are, but by the 1970s they were constructed of galvanized steel, then fiberglass, followed by composites like resin-filled wood and eventually vinyl-covered aluminum. For ultimate convenience, the automatic garage door opener appeared prominently

in the early '60s, although it had been invented back in the 1930s.

Today, garages can serve many functions other than housing cars. One of my former neighbors uses a three-bay garage as a museum of vintage cars, each with a crystal chandelier above it.

My garage, by comparison, looked like Pandora's box, ready to explode. When I put my house on the market, I had it cleaned out by a professional organizer who was told by my wife to "throw out everything but the cars."

Many garages are used as workshops,



By Bill Primavera

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## YORKTOWN HYDRANT FLUSHING NOTICE

The Yorktown Consolidated Water District will be flushing fire hydrants in Sections 1, 2 & 4 from **October 10, 2017** thru **November 3, 2017** between the hours of **7:30 a.m. to 2:30 p.m.**

Please refer to your **Town of Yorktown Trash Collection Schedule** for the list of streets included in these sections.

Please visit us online at [www.yorktownny.org/water](http://www.yorktownny.org/water) for a daily list of the streets being flushed.

*We thank you in advance for your cooperation.*

# Crossword

## ACROSS

1. Justice Department, for short
4. Corp. exec.
7. Horned snake
10. Andy Warhol painting
11. Ticket abbr.
12. P.O. box item, for short
13. Cadillac model
14. One of many sisters
15. Mauna \_\_\_\_
16. New Peekskill gallery, 2 words
19. "\_\_\_\_ a chance"
20. It may be part of a round
21. U.S.N. rank
23. Panache
24. \_\_\_\_ polloi
25. Instant, for short
26. Acquired knowledge
29. Morse code sound
30. Black, viscous stuff
31. TV ET
34. Finely pulverized lava
35. French vineyard
36. Lieut.'s subordinate
37. Whitney and others, abbr.

38. Presidential monogram
  39. Hoo-ha
- Down
1. Old Eur. money
  2. Quaker cereal
  3. Tease
  4. Open nature
  5. Expect confidently
  6. Words after "little" or "yes"
  7. Litmus tester
  8. Sound system
  9. Backside, slangily
  17. Voided
  18. DEA agent
  21. New Testament Messiah
  22. Speaks
  23. Mediterranean capital
  25. Brewster performing arts center, Seven \_\_\_\_
  26. Netherlands cheese
  27. Restlessness
  28. Pop's mom
  32. Screen type
  33. Word before yong

1	2	3		4	5	6		7	8	9
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37				38				39		

(Solution on page 20)

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(Solution to puzzle on page 19)

1	D	2	O	3	J		4	C	5	T	6	O		7	A	8	S	9	P
10	M	A	O				11	A	R	R				12	L	T	R		
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		21	C	22	M	D	R			23	B	R	I	O					
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34	A	S	H				35	C	R	U				36	N	C	O		
37	M	T	S				38	H	S	T				39	A	D	O		

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**WARREN COUNTY TAX FORECLOSED REAL ESTATE AUCTION;** Saturday, October 21, 2017. 25+ Parcels! Registration: 9AM| Start: 10AM Location: Warren County Courthouse; 1340 State Route 9, Lake George, NY Visit: [www.auctionsinternational.com/liveauctions](http://www.auctionsinternational.com/liveauctions) or Call: 800-536-1401

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## LEGAL NOTICES

**NOTICE OF FORMATION OF CLIMATE SHIELD HEATING AND COOLING LLC,** Articles of Organization filed with the Secretary of State of New York (SSNY) on 07/27/17. Office location: Westchester County. SSNY has been designated as agent upon whom process against it may be served and shall mail a copy of process to: **Climate Shield Heating and Cooling LLC, 195 Washington Ave, New Rochelle, 10801. Purpose: Any Lawful Act or Activity.**

**NOTICE OF FORMATION OF PURPLE HEART PRODUCTIONS, LLC.** filed with the Secy of State of NY (SSNY)

on 08/16/2017. Office loc: Westchester. SSNY designated as agent upon whom process may be served and shall mail process to the principal business address: **5 South 16th Ave. Apt.39, Mount Vernon, NY 10550. Purpose: any lawful acts.**

**NOTICE OF FORMATION OF PIONEER INTERCOM SERVICES, LLC.** Arts of Org. filed with Sect'y of State of NY (SSNY) on 05/16/2017. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **2 Sunnyside Dr., Suite 4B, Yonkers NY, 10705. Purpose: Any lawful activity.**

**NOTICE OF FORMATION OF C. WILLIAMS LLC.** Arts of Org. filed with Sect'y of State of NY (SSNY) on 08/29/2017. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **464 S. 10th Avenue, Mount Vernon, NY 10550. Purpose: Any lawful activity.**

**NOTICE OF FORMATION OF NEW SOFTWARE SOURCE, LLC.** Art. of Org. filed with the SSNY on 8/9/2017. Office: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to: **United States Corporation Agents, Inc., 7014 13th Ave, Ste 202, Brooklyn, NY 11228. Purpose: Any lawful purpose.**

**NOTICE OF FORMATION OF THE ORGANIZED YOU, LLC.** Arts of Org filed with SSNY on 9.12.17. Office in Westchester County. SSNY designated as agent of LLC upon home process against it may be served. SSNY shall mail process to **130 Pelham Rd., New Rochelle, NY, 10805. Purpose: Any lawful purpose.**

**NOTICE OF FORMATION OF LUIS CAMILO FILMS, LLC.** Arts of Org filed with SSNY on 8/29/17. Office in Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to **1160 Midland Ave., Apt. 3J, Bronxville, NY 10708: Purpose: Any lawful purpose.**

**NOTICE OF FORMATION OF EDROCK, LLC.** Articles of Organization filed with the Secretary of State of New York (SSNY) on 08/18/2017. Office location: Westchester County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: **United States Corporation Agents, Inc., 7014 13th Avenue, Suite 202, Brooklyn, NY 11228. Purpose: Any lawful purpose.**

**NOTICE OF FILING OF APPLICATION FOR AUTHORITY OF FOR-**

**EIGN LIMITED LIABILITY COMPANY** Name: **MAIN STRING MACHINE, LLC** Date of filing of Application for Authority with New York State Department of State: 08/15/2017 Jurisdiction and Date of Organization: New Jersey on 07/11/2017 Office Location: Westchester County Street Address of Principal Business Location: None Secretary of State of State of New York (SSNY) designated as agent of LLC upon whom process against it may be served SSNY shall mail copy of process to: **Main String Machine, LLC, 2 Cortland Street, Suite 1A, Mount Vernon, NY 10550 Address Required in Jurisdiction of Organization: Main String Machine, LLC, 2 Cortland Street, Suite 1A, Mount Vernon, New York 10550 Certificate of Organization filed with the Treasurer, State of New Jersey, 33 West State Street, Trenton, New Jersey 08608 Purpose: any and all lawful business.**

**NOTICE OF FORMATION OF HAPPY HILL FARM LLC.** Arts of Org filed with the Secy of State of NY (SSNY) on 9/1/17. Office loc: Westchester. SSNY designated as agent upon whom process may be served. SSNY shall mail process to: **111 Eighth Avenue, New York, NY 10010. Purpose: any lawful purpose.**

**NOTICE OF FORMATION OF NAJO Consulting, LLC** Arts. of Org. filed with the SSNY on 09/21/2017. Office Location: Westchester County. SSNY has been designated as agent upon whom process against it may be served. The Post Office address to which the SSNY shall mail a copy of any process against NAJO Consulting, LLC served upon him/her is: **2 Glen Wood Road, Millwood, NY 10546. The principal business address of NAJO Consulting, LLC is 2 Glen Wood Road, Millwood, NY 10546. Purpose: any lawful act or activity.**

**NOTICE OF FORMATION OF SLP TALENT HUNTRESS, LLC.** Arts of Org filed with the Secy of State of NY (SSNY) on 6/12/17. Office loc: Westchester. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **10 Steward Place, Suite 9FE, White Plains, NY 10603. Purpose: any lawful purpose.**

**NOTICE OF FORMATION OF HALITE PARTNERS, LLC.** Arts of Org filed with Secy of State of NY (SSNY) on 12/30/16. Office loc: Westchester. SSNY designated as agent upon whom process may be served and shall mail process to the principal business address: **156 Great Oak Lane, Pleasantville, NY 10570. Purpose: Any lawful acts.**

**NOTICE OF FORMATION OF SANDRA WONG GEROUX LLC.** Arts of Org filed with Secy of State of NY (SSNY)

*continued on next page*



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# EXAMINER MEDIA Classifieds

continued from previous page

on 09/27/2017. Office loc: Westchester. SSNY designated as agent of the LLC upon whom process against it may be served and shall mail process to the principal business address: **647 Forest Avenue, Larchmont, NY 10538. Purpose: any lawful acts.**

**PUBLIC NOTICE: NOTICE OF HEARING ON THE ADOPTION OF A BOND ACT AUTHORIZING THE ISSUANCE OF BONDS WHICH, TOGETHER WITH PRIOR BOND ACTS, MAY BE AGGREGATED TO TOTAL AN AMOUNT IN EXCESS OF \$10,000,000 TO FINANCE A PROJECT CONSISTING OF THE CONSTRUCTION, RECONSTRUCTION OR MODIFICATION OF FACILITIES FOR THE CONVEYANCE, TREATMENT AND DISPOSAL OF SEWAGE, PURSUANT TO SECTION 33.10 OF THE LOCAL FINANCE LAW, Notice is hereby given that the Board of Legislators of the County of Westchester, New York shall hold a public hearing at 7:30 PM on October 16, 2017, in the Chambers of the Westchester County Board of Legislators, Room 800 on the 8th Floor, Michaelian Office Building, 148 Martine Avenue, White Plains, New York, to hear persons or parties interested in the proposed adoption by said Board of Legislators of a Bond Act titled: A BOND ACT AUTHORIZING THE ISSUANCE OF \$5,750,000 BONDS OF THE COUNTY OF WESTCHESTER, NEW YORK, TO PAY THE DESIGN, CONSTRUCTION MANAGEMENT AND CONSTRUCTION COSTS OF THE REPAIR AND REHABILITATION OF ADDITIONAL STEEL CELLS, AS PART OF THE CELLULAR BULKHEAD SYSTEM, ALONG THE HUDSON RIVER AT THE YON-**

**KERS JOINT WASTEWATER TREATMENT PLANT, CONSTITUTING A PHASE IV OF THE REHABILITATION THEREOF, FOR THE BENEFIT OF THE COUNTY'S SOUTH YONKERS, BRONX VALLEY, CENTRAL YONKERS, HUTCHINSON VALLEY, NORTH YONKERS, SAW MILL AND UPPER BRONX SANITARY SEWER DISTRICTS. The aforesaid Bond Act authorizes \$5,750,000 bonds of the County of Westchester to finance a phase IV of a project. Bonds have been authorized for prior phases in amounts which, if aggregated with this Phase IV, would exceed \$10,000,000. Following the public hearing, the Board of Legislators may adopt the Bond Act, effective immediately, pursuant to Section 33.10 of the Local Finance Law. A copy of the above-titled proposed Bond Act in substantially the form proposed to be adopted is available for inspection at the office of the Clerk of the Board of Legislators. SUNDAY VANDERBERG, CLERK AND CHIEF ADMINISTRATIVE OFFICER OF THE COUNTY BOARD OF LEGISLATORS WESTCHESTER COUNTY, NEW YORK, Dated: September 26, 2017, White Plains, New York**

**PUBLIC NOTICE NOTICE OF HEARING: PURSUANT TO SECTION 237.101 OF THE LAWS OF WESTCHESTER COUNTY, PAYMENTS IN LIEU OF TAXES OR ASSESSMENTS ON STATE PROPERTY; NOTICE IS HEREBY GIVEN THAT A PUBLIC HEARING WILL BE HELD BY THE BOARD OF LEGISLATORS OF WESTCHESTER COUNTY ON THE 16th DAY OF OCTOBER, 2017 AT 7:30 P.M. IN THE CHAMBERS OF THE WESTCHESTER COUNTY BOARD OF LEGISLATORS, 8TH FLOOR, 148 MARTINE AVENUE,**

**WHITE PLAINS, NEW YORK FOR THE PURPOSE OF HEARING PERSONS OR PARTIES INTERESTED IN THE PROPOSED AGREEMENT BETWEEN THE COUNTY OF WESTCHESTER AND THE STATE UNIVERSITY OF NEW YORK, ACTING THROUGH PURCHASE COLLEGE, PURSUANT TO WHICH PURCHASE COLLEGE SHALL BE PERMITTED TO DISCHARGE SANITARY WASTEWATER INTO THE BLIND BROOK SANITARY SEWER DISTRICT SYSTEM FOR A PERIOD OF FORTY-TWO (42) YEARS. SUNDAY VANDERBERG, CLERK OF THE COUNTY, BOARD OF LEGISLATORS WESTCHESTER COUNTY, NEW YORK Dated: September 26, 2017, White Plains, New York**

**NOTICE OF A PUBLIC HEARING** The Board of Trustees of the Village of Pleasantville will hold a Public Hearing on Monday October 9, 2017, 8:00pm prevailing time, 80 Wheeler Avenue, Pleasantville, NY to hear comments as it pertains to a proposed amendment to Chapter 173 Vehicles and Traffic, Schedule 172-60, Schedule XII: Parking Prohibited at All Times as follows: **DELETE: Guion Street North From the dead end to a point 40 feet east of the intersection of Academy Street - Guion Street North From a point 30 feet west of the intersection of Grandview Avenue ADD: Guion Street, North, Entire length from the intersection of Grandview Drive to Academy Street - Judith Weintraub, Village Clerk, Village of Pleasantville,**

NOTICE is hereby given that a license, number "Pending" for Beer, Wine and Liquor has been applied for by the undersigned to sell Beer, Wine and Liquor at retail at a restaurant under the Alcoholic Beverage Control Law at **161 MAMARONECK AVENUE WHITE PLAINS**

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The Northern Westchester  
**Examiner**  
**Sports**  
*Covering Putnam County and Northern Westchester Sports*

# Purple People Eaters Swallow Somers



**John Jay  
Hands  
Reeling  
Tuskers  
2nd Loss  
in Row**

RAY GALLAGHER PHOTO

Purple-clad John Jay OLB Thomas Megna (R) hunts down Somers RB Cameron Pepe in the undefeated, state-ranked (No.23) Indians' 21-7 win over the reigning NYS Class A champion Tuskers last Thursday when Somers lost for the second week in a row and plummeted in both the state and section playoff rankings with one week to go in the regular season... see Grid Notebook

# Somers Socked for 2nd Week in Row, Yorktown Rolls On

## Carmel Settles for 2nd in AA-North

By Ray Gallagher  
Examiner Sports Editor  
@Directrays

Either there's a new sheriff in town or the old one, Somers High, is playing a precarious game of possum, hiding in the dim of mediocrity. The Class A football circuit was tossed upside down last Thursday night when reigning NYS champion Somers was defeated, 21-7, by unbeaten host John Jay Cross River (5-0), the Tuskars (3-2) falling for the second time in as many weeks.

Jay joined Yorktown, a 60-13 winner over Peekskill, and Lourdes, as the only remaining unbeaten in Class A after the Indians dominated the Tuskars from start to finish behind the stellar play of junior QB Bryce Ford and the interior rushing of senior RB Thor Adamec.

Somers continued to ply the notion that Jay, which hasn't been very physical since losing in the 2011 Section 1 Class A title game to Poughkeepsie, would eventually soften up, but the Indians never wavered.

When Somers QB Kevin Olfiers connected with Mike Somozza for a long, dazzling scoring strike, nearly everyone dressed in red, black and white figured the state-ranked (No.13) Tuskars would get rolling and prevail over No.19 Jay, but Ford (30 carries, 124 yards, 3 TDs) and Adamec (29 carries, 168 yards), plus a physical front five, gouged the Tusker defense time and time again, combining for 59 carries and 292 yards as the Indians put up nearly 400 yards as a team. John Jay Coach Jimmy Clark knew he had playmakers, but he didn't know it the Indians could make plays against a staunch defense like Somers, seeing how they hadn't beaten anybody any good during their 4-0 start (Jay opponents had



RAY GALLAGHER PHOTOS

Somers QB Kevin Olfiers is hounded by Jay's Tom Megna and Shahe Katchadurian in Tuskars' loss to Indians Thursday

a combined 6-14 mark).

"It was literally like the first day of the season all over again," Clark said. "We just didn't really know what we had. We knew what Somers was all about, but we hadn't seen a team like that all year. I can't tell you how proud I am of this team, though. We finally have a group of kids that want to be physical on both sides of the ball. These kids are throw-backs who actually want to play defense and hit and be physical."

Somers will look to tune up on Beacon

Saturday (3 pm).

**YORKTOWN's** 60-13 win over visiting Peekskill kept the state-ranked (No.2) Huskers (5-0) on track for the No.1 seed in the upcoming playoffs, but their biggest test comes in Week 6 on the road at also-undefeated and state-ranked (No.7) Lourdes this Friday (7:30 pm).

Yorktown backup RB Dylan Smith finished with seven carries for 81 yards and three touchdowns on a day he'll never forget. Husker senior RB Brett Makar, perhaps the section's top back, had a light day at the office, going for 76 yards and two scores on just seven totes.

**HEN HUD** QB Manny Carbone (193 passing yards) hit TE Michael Fasolino for the game's first score and the Sailors were off and running toward a 21-0 win over Sleepy Hollow, improving to 3-2. Hen Hud's Donte White scored a TD on both sides of the ball while WR Alan Porter-Jackson had 109 receiving yards and RB Jordan Grullon had 130 total yards for the Sailors, who host

Panas this Saturday (5 pm) on Homecoming Day with a whole lot of playoff jockeying on the line; not to mention the north vs. south Town of Cortlandt bragging rights.

**LAKELAND** RB Tommy Barnett led Lakeland with 90 yards rushing on 14 carries and Dylan Semenza snagged a 10-yard TD catch from QB Micahel Capozzi in a 28-7 loss to Panas. If the playoffs started today, the Hornets would be a 15-seed and open with No.2 Yorktown. Lakeland needs to beat Byram Hills Friday to ensure a playoff berth.

**BREWSTER** won its first game, beating Beacon 21-14 on TDs from Bears (1-4) Josh Nelson (55 yards), Tim Meissner (34 yards) and Mike Buonadonna (10 yards). The Bears need to win Week 6 against visiting Poughkeepsie (1-4) this Saturday (3 pm) to qualify for the field of playoff-eligible clubs.

### CLASS AA

**CARMEL's** 17-12 win over visiting John Jay-East Fishkill

locked up the Rams' second-place finish in League AA-North and saw them improve to 4-1 overall, 3-1 in league. A Week 6 win over Spring Valley would help secure a Top 4-5 seed for the upcoming playoffs.

The Rams held John Jay to 127 offensive yards, a paltry 16 yards rushing. Carmel RBs Nick Heis and Sam Duke combined for 133 yards rushing while QBs Peyton Cayea and Adrian Nunez each fired a TD strike. Nunez, who has thrown three TD

*continued on next page*

### NWE/Putnam Examiner Grid Poll

**No.1 YORKTOWN** - Starting to get the feeling that Yorktown vs. Lourdes in Week 6 might be something we see again down the championship road, unless John Jay CR, Rye or Somers has something to say about that.

**No.2 CARMEL** - This is what continuity and cohesion looks like. When you get a coach who knows his business, you produce quality year after year.

**No.3 SOMERS** - Having seen the last two losses in person, I'm either the Somers #Mush or a person very concerned with their ability to win a 4th sectional title in 6 years.

**No.4 MAHOPAC** - Pretty sure just about anyone and everyone would have signed in blood for a 4-2 start in Dom DeMatteo's first year on the Indian sideline.

**No.5 HEN HUD** - Well, if there was ever a regular season game to prove one's merit, Week 6 vs. Walter Panas would be it.

**HM PANAS** - The only thing keeping the Panthers from the Top 5 is strength of schedule. Panas 4 W's have come against teams with a combined 5-14 record. Still, the Panthers have quietly posted an impressive season and would be as high as a No.5 seed if the playoffs began today and would face the No.12, currently held by Byram Hills. It won't be easy to hold on to that spot, though, with Hen Hud hosting the Panthers Saturday (5 pm). The Sailors are among the best three-win teams in Class A, their losses coming at the hands of Harrison and Yorktown.



Somers DB Vincent Difilippo breaks up pass intended for Jay's Sean Nolan in Tuskars' loss to Jay Thursday.

# Sports

# Grid Notebook

continued from previous page

passes in the last two games, hit Jaden Pellino for a 20-yard TD catch and a 14-6 lead with 2:04 left in the third. Leonard Flocco snared a 12-yard TD pass from Cayea in the first half. Pearce Millard's 31-yard field goal provided the final margin of victory.

AA-North was the most competitive league in the section this season with Carmel, JJEF, Arlington and Mahopac having played six games head to head with the games decided by 7, 6, 5, 5, 4 and 1 points. Carmel will host Spring Valley Saturday (3 pm).

**MAHOPAC** continued its commendable bounce-back season, improving to 3-2 after a 21-7 win over host Spring Valley Saturday. Mahopac took the ball on opening drive and scored on RB Tim Cegielski's 11-yard rush, and QB Ryan Dugan (12 for 16, 117 yards passing, 2 TDs) followed that up with a 22-yard TD strike to standout WR Reahl Allen (4 receptions, 56 yards, TD), and later connected with Chris Dalo (2 receptions, 35 yards, TD) on a jaw-dropping touchdown. Indians will be a tough out as a potential 8-seed in the playoffs, potentially pitted against

No.9 Port Chester in what would only be a family-style matchup between coaches Dom DeMatteo and young Paul Santavicca; lot of family history there.

## CLASS B

State-ranked (No.19) Ardsley's 31-6 win over host Putnam Valley was just a crushing blow to the Tigers' playoff hopes. Ardsley QB Julian McGarvey shredded the Tiger secondary on 8 of 13 passing for 177 yards and Panther RB Glenmour Osbourne added 79 yards and two scores on the ground. Tiger LB Darnel Shillingford led Putnam Valley with 13 tackles, but the Tigers couldn't get it going offensively. RB Adam Rukaj rushed for 70 yards and QB Travis Anderson connected with WR Jason White for the Tigers' only score.

It won't get any easier for Putnam Valley (3-

2) when they host state-ranked (No.3) Pleasantville -- the reigning Section 1 champions -- on senior night this Saturday (7 pm). The Panthers are 16-1

in their last 17 games under veteran Coach Tony Becerra, one of the best in the section, and are favored to win their third sectional title in five years.



Somers' defense had a rough time containing Jay RB Thor Adamec in 21-7 Indian win over Tuskers.

# Panas Pride: Honoring Coach/Former Great Kyle Pierce

## Panthers Torrid 4-1 Start Gleans Optimism

By Ryan Bieber & Ray Gallagher

Former Walter Panas student and Panther Phys-Ed teacher, Kyle Pierce, was recently inducted into the Walter Panas Hall of Fame, which was fitting; in that his former Panthers were just as good as the current 2017 Panthers, who are off to a 4-1 start with serious Class A playoff aspirations. After excelling in a variety of sports as a teenager, and achieving various coaching successes thereafter, Pierce has rightfully earned his spot among the best in the Panther pantheon.

For Pierce, "Panther Pride" runs deep. His aunt was among the first graduating class of Panas, with virtually everyone on his mother's side attending in later years. As a student, Pierce took on a variety of leadership roles, including serving as a D.A.R.E. role model and as a student-athlete representative for the District Health and Wellness Program.

Despite his fulfilling extracurricular roles, it was through his athletic life that Pierce came alive. On the football field, Pierce was hailed as "The Great Eight," in reference to his uniform number #8. Though they lost to the soon-to-be state champion Rye Garnets, Pierce asserted his power as the greatest quarterback in Panas history. Throughout his varsity career, he passed for over 3,459 yards, a school record that 13 years later remains



RAY GALLAGHER/RYAN BIEBER PHOTOS  
HODGE BALL! -- Panas QB Brandon Hodge lit up Lakeland last Thursday as Panthers improved to 4-1.

unbroken.

It's little coincidence that great QB play has the Panthers poised to make another run this season, with senior signal caller Brandon Hodge under center. It was Hodge who dodged Lakeland last Thursday night in a 28-7 Panther win, Panas' second in a row over the rival Hornets. Nothing serves sweeter for Panas than a win over Lakeland and the elusive Hodge made sure, connecting on 10 of 14 passes for 120 yards and two touchdowns,

hitting Jacob Liebart and Taji Hargrove for end zone strikes. Hard-nosed Justin Walker was a monster on defense for the Panthers.

Pierce was there to witness it. After graduating from Panas in 2004, Pierce played football for Sacred Heart before attending SUNY Cortland and obtaining his masters in Health Education. Pierce eventually returned to Panas as an Athletic Coordinator and teacher. "I knew this was the place I wanted to be," he said.

Ready to pass on his knowledge to the next generation, Pierce became not only a Phys. Ed. teacher but also a prominent coach. In his first year, Pierce assisted in leading the Panas basketball team to a sectional title win. More recently he has become head coach of the girls' soccer team and looks forward to the bountiful opportunities. "I love having the opportunity to have a positive impact on the lives of student athletes," he said.

Though his roles have changed throughout the years, Kyle Pierce remains a symbol of what it means to be a member of the Panas community. His leadership, determination and loyalty is inspirational.



Panas PE Teacher Kyle Pierce was recently admitted into Panther Hall of Fame.

As he took the field under the bright lights of the stadium, Pierce's unwavering dedication toward Panas was finally rewarded.

"When I was standing on the field receiving the award...a lot was going through my mind," he said. "How fast the years go by, how the stadium has changed since I played were a couple thoughts; but mainly I was thankful for the moment."

Panas is thankful for Pierce and Panther pride has been on display much of this fall; here's to keeping it up.

# Sports

# Field Hockey Notebook

## Putnam Valley Turns Corner; Lakeland Still Perfect, 10-0

By Tony Pinciario

It was not the start of the 2017 varsity field hockey season that PUTNAM VALLEY envisioned.

The Tigers were without a win after four games and feeling somewhat deflated. However, Putnam Valley walked away from a loss in the Yorktown Tournament, to the host, with a sense of accomplishment.

“Yorktown is a really tough team and we played hard and it was one of our best games of the season,” said senior and captain Joanna Pelc. “Our coaches were very happy with us and our play put us in good spirits.”

Putnam Valley forced double overtime before Yorktown pulled out the win. Since Yorktown, Putnam Valley has two wins

more it more than just the sport by doing team bonding,” said Pelc, in her fourth varsity season. “We learned that no only did we all love the sport, we had to learn to work better together and trust each other, especially with the younger girls. And we have done this.

“I’m sure the younger girls didn’t expect to come to varsity and have the season start as it did. We encouraged them that it’s not always going to be like this. We’re all going to get better as a team as long as we keep working together.”

Putnam Valley broke through, last week, with a victory over Panas. It was gratifying because Panas had beaten Putnam Valley in a pre-season scrimmage and the season-opener.

“We last beat them my freshman year,”

Pelc said. “They’re a very good team so it felt nice to beat them.”

Following a tie with Rye Neck, Putnam Valley defeated Hastings on a goals by Ciara McGinty and Jess Marro, assisted by Isabel Healy. Marro broke a 1-1 tie with 9:58 remaining in the game.

“This was a tough game for us because we don’t normally play on a grass field, but the girls were unbelievable,” Putnam Valley coach Rebecca Gherardi said. “The girls were talking and moving the ball nicely. On defense, we had outstanding play

from sophomore Sydney Goldberg, senior Taylor Simpson and freshman goalie Abby Lowder.”

Gherardi pointed out her team capped off its week by participating in a worthy cause – The Support Connection three-mile walkathon, at FDR State Park in



With 13G, 10A and 36 points, Caroline Cahill has been a major producer for Lakeland.

and a tie. The Tigers’ latest victory was a 2-1 verdict over Hastings. Putnam Valley is now 2-4-2 this season.

Even prior to the Yorktown game, Pelc said the team kept a positive attitude, knowing that the victories would come.

“We were always trying to have fun and



RICK KUPERBERG PHOTOS

With 12G, 3A, Lakeland junior Emily Kness has been a force for the undefeated reigning NYS Class A champion Hornets this season.

Yorktown, for people with breast and ovarian cancer. Pelc and her teammates did not mind an early rise Sunday morning.

“We came together as a team to support a good cause because everyone on the team has a friend or relative who has been affected by breast cancer,” Pelc said.

LAKELAND became a perfect 10 following an 8-0 victory over John Jay-Cross River, for the reigning eight-time NYS champion’s 10th win of the season.

Caroline Cahill led the offense with a hat trick. Kelsey McCrudden contributed two goals and three assists and Julia Papanicolaou finished with a goal and two assists. Emily Kness and Sarah Bussell also added goals.

“I am happy with our progress and we are excited for our upcoming games against some outstanding teams,” Lakeland coach Sharon Sarsen said.

Lakeland will host Brewster, Wednesday, and 2016 New York State

Class A champion Mamaroneck, Saturday.

McCrudden leads Lakeland with 16 goals, followed by Cahill with 13 and Kness has 12.

PANAS had a light week, playing one game – a 4-1 loss to John Jay-Cross River.

“This was our first league game and we are now 1-1,” Panas coach Andrew Tripaldi said. “The team played hard throughout the game we simply just had some costly miscues in which John Jay was able to capitalize on. We have lost our last two games and are looking to get back on track this upcoming week.”

Taylor Reilly scored for Panas, on a penalty corner, assisted by Danielle Merante.

Panas played Our Lady of Lourdes, Monday, and will play Somers, Thursday.

**Field Hockey coaches are encouraged to send results & comments to [tfinch23@optonline.net](mailto:tfinch23@optonline.net). If you’re team is not covered in the weekly Field Hockey Notebook, you’ll understand why.**

# Sports

# Girls Soccer Notebook



Put Valley’s Maddie Deegan has been tickling twine all season for the Tigers, who are off to best start in school history at 7-0.

## 7-0 Putnam Valley Crushing It During Historic, Undefeated Start



Putnam Valley’s Maddie Deegan, Lindsey Cohen and Cat Mazza let the good times roll in undefeated Tigers’ win over Dobbs Ferry.



Put Valley’s Morgan Winogradoff has been a mainstay during Tigers’ historic 7-0 season.

## State-Ranked (No.8) Somers Nips No.18 Brewster, 1-0, on Pitch Lakeland, Brewster, Somers Locked in Battle for League II-C Crown



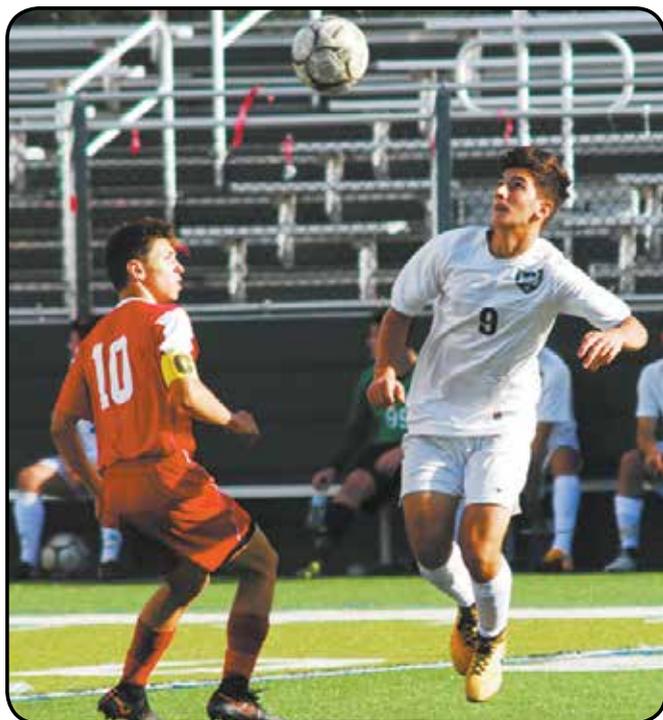
Brewster's (L) Valentin Markaj and Somers Drew Lasher meet head on in Tuskers' 1-0 win over Bears last Wednesday.



Brewster's Aidan McArdle (4) and Somers' Drew Lasher push for 50-50 ball in Tuskers' 1-0 win over Bears last Wednesday.



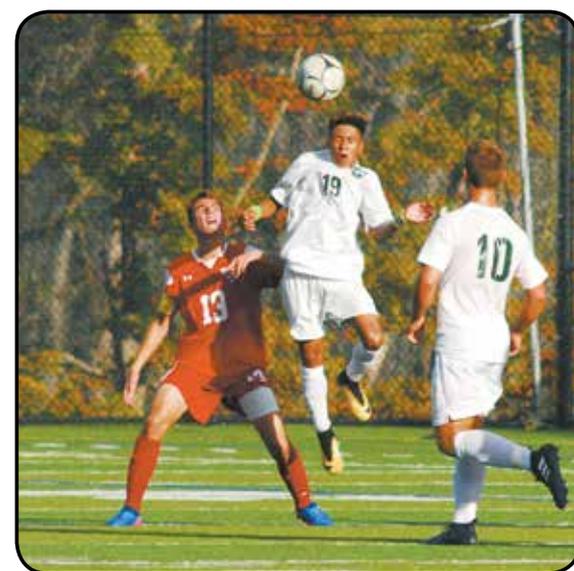
Brewster's Angelo Casale is trailed by Somers' Jake Faigle in Bears.



Brewster's Danny Hasa and Somers' Aidan Foley make play for free ball in Bears' 1-0 loss to Tuskers last Wednesday.



Brewster's Brian McKee and Somers Christopher Ward-Wills (5) track down 50-50 ball in Bears' 1-0 loss to Tuskers.



Brewster's Edwin Lopez (19) gets a heads up on Somers' Alex Piazza as Bear Marko Poljak (10) looks on in Bears' 1-0 loss to Tuskers.

### LOCAL SCORING LEADERS

- Carlos Del Monte**, Lakeland, 11G, 1A
- Niko DiCarlo**, Mahopac, 8G, 2A
- Edwin Lopez**, Brewster, 7G, 2A
- Dhruv Girgenti**, Lakeland, 7G, 4A
- Brian McKee**, Brewster, 6G, 2A
- Marko Poljak**, Brewster, 6G, 5A
- Kyle McHale**, Lakeland, 2G, 9A
- Nolan Fierro**, Somers, 8G, 1A
- Lucas Fecci**, Somers, 4G, 4A



### NWE/Putnam Boys' Pitch Poll

**No.1 Somers** – Defending NYS Class A champion Tuskers (6-2-0) are a high-strung bunch who feed off their coach and come to play. If this revamped defense can hold up their end, the Tuskers are Final 4 bound at the very least.

**No.2 Yorktown** – Huskers (7-2-1) need to figure out how to beat Greeley in a hurry with Oct. 10 play date forthcoming, but the surging Huskers have been consistent year after year and didn't give up a goal in recent wins over Port Chester, Ossining and North Rockland.

**No.3 Brewster** – Bears (7-3) have made great gains this season

and have Class A Final 4 potential for 1st time in many, many years.

**No.4 Lakeland** – Hornets (7-3-1) have a monster week upcoming with Brewster, Somers, Byram and Goshen (a combined 27-6-3 record among them). We'd settle for 2-2 but 3-1 would indicate the Hornets mean real business as a Class A contender.

**No.5 Ossining** – Pride (6-3) playing solid and Eric Monges is hands down top player, even though stats might say otherwise. The loss to Fox Lane is concerning if Pride wanna run with big boys.



Brewster's Valentine Markaj (14) and Kevin Barry Moroney give chase to Somers' Drew Lasher in Bears' 1-0 loss to Tuskers.



# Charb'-Broiled!

## Reining NYS Champ Somers Burns Brewster, 1-0, on Disputed PK

Brewster senior goalie Mike Charbonneau punches away a would-be header from Somers Jon Riina in the Bears' 1-0 loss to the state-ranked (No.8) Tuskers last Thursday when Somers stole one from the state-ranked (No.18) Bears on a penalty kick from Nolan Fierro, much to the chagrin of Brewster folk who disagreed with the call... see Soccer Notebook

RAY GALLAGHER PHOTO



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