

**Halloween  
Ball Planned  
in Peekskill...**  
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**Somers, Yorktown  
Advance to Final 4...**

# The NORTHERN WESTCHESTER Examiner

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October 25 - October 31, 2016

SMALL NEWS IS BIG NEWS

Volume 8, Issue 358

## Larger ShopRite to Anchor New Shopping Center

By Rick Pezullo

The busy ShopRite supermarket on Route 6 in Cortlandt will be getting a larger home when it moves down the road in about two years to a new shopping center being built across from the Cortlandt Town Center.

During a wet ground breaking ceremony Friday for Cortlandt Crossing, Christopher Conlon, executive vice president and chief operating officer of Acadia Realty, revealed ShopRite had signed up to occupy 65,000 square feet of the 173,832-square-foot shopping center--the first major retail complex to be constructed in the town in about 16 years.

"Today couldn't happen soon enough," Conlon said. "When we saw this prop-

erty come up for sale we jumped on it without a plan in place. It's been a tremendous collaborative experience."

Acadia Realty acquired the 750,000-square-foot Cortlandt Town Center in 2009. Cortlandt Crossing, which will also feature other yet-to-be announced retailers in the main 120,000-square-foot building and two self-standing structures for possibly a restaurant and a bank, is expected to generate approximately \$1 million annually in tax revenue, along with hundreds of construction and permanent jobs.

In addition, Acadia is contributing \$8 million for off-site improvements, namely a new traffic signal at the intersection of

*Continued on page 18*



PHOTO BY RICK PEZULLO

Ceremonial ground breaking took place Friday for Cortlandt Crossing.

## Cortlandt Man Killed on Motorcycle in Crash

By Rick Pezullo

A Cortlandt man was killed Thursday at the intersection of Route 202 and Garden Lane in Yorktown after he collided on a motorcycle with an SUV.

Jack Baknezian, 24, was pronounced dead at NY Presbyterian-Hudson Valley Hospital following the accident that occurred at about 11:12 a.m. October 20. According to Yorktown Police, the 2002 Nissan Pathfinder and Baknezian, operating a 2016 BMW motorcycle, were both traveling west on 202 when the Nissan attempted to make a left turn on to Garden Lane near the diner.

Baknezian reportedly struck the front



Jack Baknezian

*Continued on page 18*



### Raising Awareness with Ribbons

Cheerleaders from Yorktown High School joined The Alliance for Safe Kids (ASK) in celebrating Red Ribbon Week by hanging ribbons at the Gazebo outside the Yorktown Community and Cultural Center and other places in town. Red Ribbon Week, the oldest and largest drug prevention campaign in the nation, raises awareness of drug use and the problems related to drugs facing our community, and encourages parents, educators, business owners, and other community organizations to promote drug-free lifestyles.

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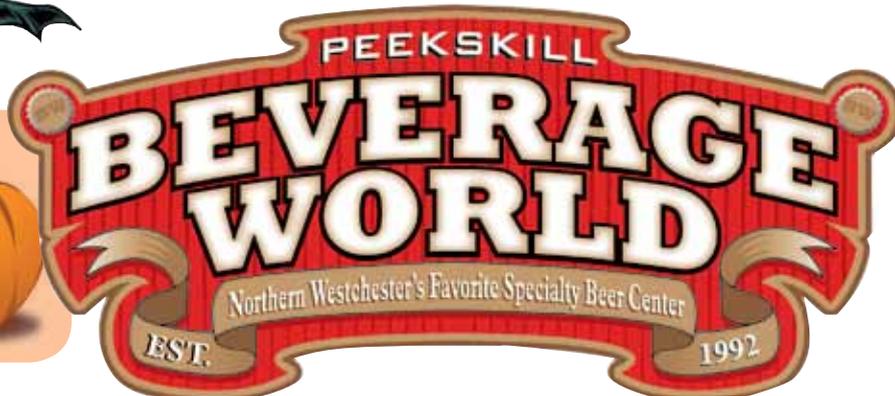
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# Stop Texting Decals Placed on 125 Lakeland School Buses

By Rick Pezullo

The Lakeland Central School District has partnered with the Alliance for Safe Kids (ASK) in an effort to spread awareness about distracted driving. "STOP TEXTING U R DRIVING" decals have been placed on the back of each bus in the district. ASK purchased the decals through the generous support of the community through a fundraiser on Facebook, where the funds were raised within 24 hours.

In 2014, 3,179 people were killed, and 431,000 were injured in motor vehicle crashes involving distracted drivers. According to the Insurance Institute for Highway Safety, drivers who use handheld devices are four times as likely to get into crashes serious enough to injure themselves.

"This is a unique opportunity to promote awareness about the dangers of distracted driving throughout our community," said Liz Talbert, Coalition Coordinator at ASK. "Young drivers under the age of 20 are especially at risk. Their lack of driving experience can lead to critical misjudgments when they are distracted. Not surprisingly, they text more than any other age group and the numbers continue to increase."

Lakeland Superintendent of Schools Dr. George Stone added, "Placing the



Paul Cavaluzzi places decals on buses.

decals on our buses carrying such a precious cargo provides one small additional layer of protection. Drivers behind

a school bus reading this message may think twice and put their phone down."

"Not only do the decals spread awareness throughout our community, they also provide a reminder to have a conversation," said Erica Stanzione, Director of Communications and Partnerships at ASK. "Parents should talk to their teens about the risks associated with texting or talking on the phone while driving and make their expectations clear. Adults also need to lead by example and keep their phone down while driving."

The mission of the Alliance for Safe Kids (ASK) is to promote awareness and prevention of substance use/ abuse and other destructive behaviors damaging to

our youth. ASK is a collaboration within the community – parents, teens, educators, law enforcement, government, medical professionals, businesses, faith leaders, civic groups – aimed at providing youth with the information and skills needed to make healthy decisions while emphasizing the need for families to protect and nurture their children by getting informed and staying involved. By partnering with all areas of the community, we collectively strengthen the safety net that protects our youth. For more information about ASK, visit [www.allianceforsafekids.org](http://www.allianceforsafekids.org) or email Erica Stanzione, ASK's Director of Communications & Partnerships, at [erica@allianceforsafekids.org](mailto:erica@allianceforsafekids.org).

## \$20.8M Capital Projects Bond Approved by Voters

By Rick Pezullo

Voters in the Croton-Harmon School District approved a \$20.82 million capital projects bond Tuesday.

The final tally of the referendum was 465 in favor and 152 against.

The proposed projects in the district's three school buildings are estimated to be completed by the summer 2021. School officials stated approval of the bond would enable the district to repair, upgrade and

protect its aging infrastructure over the next five years in conjunction with New York State health and safety regulations and guidelines, while also addressing evolving educational programs for students.

Some of the work included in the bond is replacing the third and fourth grade window/curtain wall at Carrie E. Tompkins Elementary School, upgrading heating, ventilation and air conditioning and plumbing, creating collaborative learning spaces

at Pierre Van Cortlandt Middle School and Croton-Harmon High School, adding lighting at the elementary school and upgrading the fire alarm system at the high school.

District officials have said approval of the bond will not raise taxes for residents due to the ending of old debt. In addition, the district is anticipating being reimbursed for approximately 41% of the cost of the projects over the next 15 years from New York State Building Aid.

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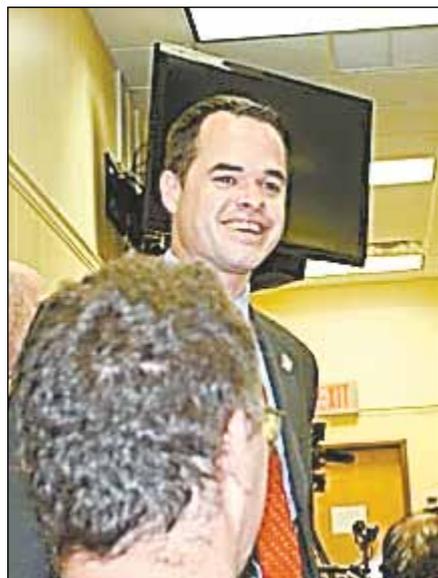
# Regional Leaders Slam Coast Guard Plan to Anchor Barges

By Rick Pezzullo

Regional elected, environmental and business leaders banded together last week to condemn a proposal by the United States Coast Guard to create 10 new anchorage sites with dozens of commercial barges along the Hudson River from Yonkers to Kingston.

At a standing-room only hearing attended by approximately 100 at Croton Village Hall, which was sponsored by state senators Terrence Murphy (R/Yorktown), Sue Serino (R/Hyde Park) and David Carlucci (D/Clarkstown), who collectively represent about 900,000 constituents, officials took turns criticizing the Coast Guard for unveiling a plan that would encompass more than 2,000 acres of the river without first informing affected municipalities.

"Tonight is all about transparency," said Murphy, who noted the Coast Guard was invited to attend the hearing but declined. "The reality is this was flying under the table. It was going low. The Coast Guard's proposal raises concerns on many levels. Many towns along the Hudson have spent millions of dollars in revitalizing their waterfronts. And needless to say, the presence of unattended barges filled with oil poses a security risk."



RICK PEZZULLO PHOTO

Senator David Carlucci greeted visitors at hearing in Croton last week.

There is currently only one anchorage ground for vessels along a 100-mile stretch in the Hudson River from New York City to Albany. The Coast Guard, which has noted the plan is only in an exploratory phase, has publicly stated the proposal was initiated by the Maritime Association of the Port of NY/NJ Tug and Barge Committee, the Hudson River Port Pilot's Association, and the

American Waterways Operators.

The largest anchorage site of the 10 proposed would accommodate up to 16 vessels, stretching about 715 acres from the Greenwood Station in Yonkers to the Dobbs Ferry Train Station. Two sites are located in the Town of Cortlandt.

"It seems like we're always fighting something," said Cortlandt Supervisor Linda Puglisi. "They didn't ask any of us for input. That in itself is outrageous. Decades of work has gone into cleaning up the Hudson River. We can't go backwards. I know we will prevail."

In August, a new organization of municipal officials called the Hudson River Waterfront Alliance was announced in Yonkers. An online petition on [www.change.org](http://www.change.org) was also launched by the alliance.

"The river belongs to all of us. It's not a parking lot," Yonkers City Council President Liam McLaughlin remarked at the hearing. "This part of the river is an urban river, not an industrial river."

Westchester County Executive Rob Astorino maintained the anchorages would be "a soft target" for potential terrorist activity in an area that already includes the Indian Point nuclear power plants and several bridges.

"We have a problem with the size

and scope of this," Astorino said. "They list this as long-term, which could be anywhere from 30 days to in perpetuity. That's not just stopping by. It's moving in. Having barges moored along the Hudson and having the responsibility of more soft targets would create another layer of national security."

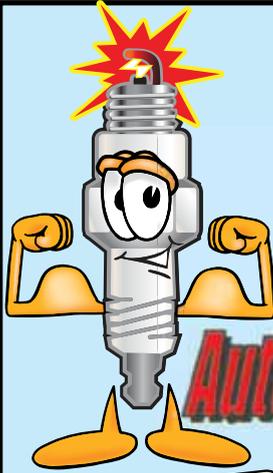
Ned Sullivan, president of Scenic Hudson, noted his group has created 60 parks and preserves along the Hudson and they would all be put at risk by the presence of the anchorages.

"The Hudson will be a super highway for fossil fuels. It's really crazy and something we're adamantly opposed to," Sullivan said. "We will all be working together to defeat this."

The lone supporter of the Coast Guard's proposal was Edward Kelly, executive director of the Maritime Association of the Port of New York and New Jersey, who spent nearly a half-hour explaining the merits of how the anchorages would "enhance the safety, security and environmental stewardship of the vessels and the waterways in which they operate."

"Anchorages are good for safety," Kelly said. "That's what this is all about. A safe place to anchor is essential to the safety

*Continued on page 12*



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## Obituaries



Robert A. Minzesheimer

### Robert Minzesheimer

Robert A. Minzesheimer, of Scarborough, NY, journalist and former book critic of USA Today, died October 15 of glioblastoma. He was 66.

He was the husband of Mary McDonagh Murphy. Born in Brooklyn and raised in Queens, he was the only child of the late Kathryn (Pfeiffer). He decided early in life on a double career as the mayor of New York City and a starter for the Knicks. Instead, a stint as a stringer for the New York Times while at Colgate University led him to Columbia Graduate School of Journalism and a job as a reporter covering the local schools for the Rochester Democrat and Chronicle. During a sabbatical, he taught writing at St. John Fisher College in Rochester. In 1982, he moved to Wash-

ington D.C. to serve as a congressional reporter for the Gannett News Service, then moved to USA Today, where he covered politics and, ultimately, the publishing business. His reviews of books, interviews with authors, reports on trends in publishing, and frequent appearances on C-Span were notable for his skill and heart. He was a 1994 John S. Knight Fellow at Stanford University.

He served on the Ossining Public Library board and directed it during the planning and construction of its beautiful 2007 building and the dedication of its John Cheever Room. Mr. Minzesheimer, who wore red sneakers even on formal occasions, was a fan of the Boston Red Sox and local Ossining sports, and long-time coach in the Ossining t-ball, Little League, and Babe Ruth leagues.

Besides his wife, he leaves his children, Kathryn Kirby Minzesheimer and James McDonagh Minzesheimer of Scarborough, NY. A celebration of his life was held October 24 at Scarborough Presbyterian Church. Nurturing aspiring journalists was a life's passion of Bob's and a memorial fund has been established in his name at the Westchester Community Foundation. Contributions may be made to the Community Funds for the Robert Minzesheimer Fund, 909 Third Avenue, NY, NY 10022.



Constance "Connie" Vanderwerker

### Constance Vanderwerker

Constance "Connie" Vanderwerker, a resident of Peekskill, died October 16. She was 81.

She was born to Salvatore and Rose (Albanese) Fonti on December 11, 1934 in Peekskill. She was an active member and the Vice President of the Peekskill Seniors where she loved to participate in the quilting group. She was the proud owner of Morris H. Bannister & Sons, Inc., insurance agency for over 25 years.

She was the beloved wife of Richard Vanderwerker who predeceased her in 2006, the cherished mother of Deborah Holmes (Allan), Michael Vanderwerker (Lisa), and Kerry Bartoletti (Robert), adored grandmother of Megan Larson, Sydney DeSouza, Melissa and Christina DiMarino, and Nicole Vanderwerker, great-grandmother of eight, great-great-grandmother to one, and the caring sister of Rosemarie Fonti, Vincent Fonti, and Patricia Shaw.

### Leonard Harris

Leonard "Lenny" Harris, a resident of Peekskill, died October 15. He was 94.

Mr. Harris believed the world could be a better, fairer place, devoted his life to making it so. He grew up in Jamaica, Queens. He was the son of the late Isidore and Lena Feinberg. He served in the U.S. Army during World War II, then worked as an electrician for the New York Central Railroad, a teacher in the New York City public schools, and an administrative assistant for IBM. but more important to him were his efforts to better the world through personal activities and involvement in various community, civil rights and political organizations, including

*Continued on page 18*

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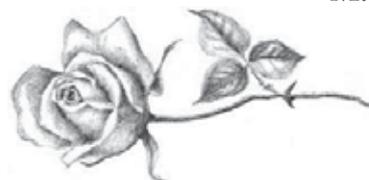
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The morning of November 3, 1996 - a drunk at the wheel caused the crash...took your lives.

*Rest in Peace*

## Letters to the Editor

### Developers Would Benefit from Yorktown Affordable Housing Changes

#### To the Editor:

The Yorktown Town Board will hold a public hearing 11/1 on repeal of the existing law (Chapter 102) that mandates that 10% of newly developed housing in developments of 8 units or more be affordable. The same night, a hearing will be held on a replacement law that provides incentives if a developer chooses to include 10% or more affordable units in their development. There are at least three pending developments in Yorktown that would trigger the current mandatory affordable housing law. This could produce approximately 15 affordable units. So

why change a law that was intended to ensure affordable housing was included in new developments of 8 units or more, just when the first units are about to be produced?

The stated reasons for the proposed repeal is that the current law is illegal and unfair to developers. I don't accept the illegality argument, and neither would numerous Towns in Westchester and across the country with similar laws, and in fact neither did the U.S. Supreme Court.

Would the replacement law be fairer for developers, as well as for Yorktown? The new law would allow developers to

build without including any affordable units. That translates into more profits for the developers, and Yorktown may lose the 15 affordable units that would otherwise have been mandated. The new law provides incentives for voluntarily including 10% "below market rate units." By my estimation, these incentives may not be sufficient motivation for developers to create any such units.

However, there are further incentives: 2.5 additional market rate units for every below market rate unit above 10%, without any cap on the number of additional units; unspecified reduction in the number of required parking spaces;

use of clustering; reduction of "other code requirements as may be appropriate and determined by the Town Board." This sounds very good for developers. It gives the Town Board a lot of discretion to over-ride the requirements of local zoning.

Is this better for Yorktown though? What about keeping the mandatory 10% affordability, and leaving current zoning intact? Come out November 1st and make your opinion heard.

**KEN BELFER**  
Chairman  
Yorktown Community  
Housing Board

### Tree Law, Affordable Housing Law Changes Benefit Developers

#### To the Editor:

The Town Board, spearheaded by Supervisor Michael Grace, recently changed our tree ordinance to make it easier to cut down trees on private property. The new ordinance also does not cover the town. (Less than a week after it happened, I discovered that the town had cleared a huge swath of trees in some town owned open space I hike in, with no notice to neighbors.) Many people came to the public hearing to speak out against this, but the Board enacted the new law anyway. I don't recall anyone from the Board who voted for this campaigning on this issue or mentioning it at all dur-

ing their campaigns. I didn't notice any groundswell of public opinion demanding changes. But they did it anyway.

Now the Town Board, again spearheaded by Supervisor Michael Grace, is about to change the town's set aside law, which requires that 10% of new housing developments over a certain size be affordable housing. They want to repeal it completely, and replace it with a "density" law that will produce little if any affordable housing. Again, I don't recall anyone from the Board campaigning on this issue or mentioning it at all during their campaigns. I didn't notice any groundswell of public opinion demand-

ing changes. In fact, at the first public hearing, a large number of people turned out to vociferously oppose the repeal of the set aside law. Only one or two people supported it. But in conversations with Board members, it appears they are prepared to repeal the set aside law.

What do these two things have in common? These changes help developers. The new tree ordinance makes it easier for developers to cut down the trees they want without the pesky involvement of the public. Repealing the set aside law means developers will make even greater profits without contributing to affordability of housing in Yorktown, even if their

developments have a negative impact on affordability of housing. Who cares if your adult kids still live in your basement? Supervisor Grace and the men on the Board who follow him (Ed Lachterman, Gregory Bernard, and Tom Diana) know what's best and that's what's best for developers.

Please come out to the adjourned date of the public hearing on the set aside law on November 1, 2016, 7:30 p.m., to tell the Board that they need to work for the best interests of the people in this town, not the developers who just want to make profits here and leave.

**MEL TANZMAN**  
Mohegan Lake

### Yorktown Should Collect \$5.8M Owed in Back Taxes

#### To the Editor:

There is \$5.8 million owed in back taxes to the town of Yorktown as of 5/5/16. Your newspaper should find out how much is owed at this time. I have asked the Supervisor, the councilmen and the town attorney many times at board meetings what are they going to do about collecting the money that's owed the town

(no answer)? I read in paper that Senator Murphy and his family paid off their back taxes of \$146,000. Senator Murphy and his family are good people. I have always supported him for elective office in the past and still support him now. I will vote for him for the New York State Senate on Nov. 8th election day. The town must continue to do more about getting

the other property owners to pay their unpaid taxes. Why doesn't your newspaper print the names and addresses of the top ten taxpayers who owe the most money (amount owed)? You should print the date they stopped paying their taxes. Maybe you can shame them into paying their back taxes.

There is \$7.2 million in surplus (unassigned fund balance) plus \$5.8 million owed in back taxes totaling \$13 million. The supervisor's budget that comes out at the end of this month (October) hopefully does not show any unnecessary tax rate increases. The Supervisor has raised

the tax rate 15.3% since he has been in office, according to page 13 of the town's 2016 budget. Starting with years 2012 2.55%, 2013 4.38%, 2014 1.6%, 2015 4.85%, 2016 1.79% total equals 15.3% tax rate increases all budget years had high surpluses. Most of us pay our taxes on time. It's time for the rest of you if you can pay your taxes. The town should do its job and foreclose on the properties after three years and sell the properties at auction and get the properties back on the tax rolls.

**ED CIFFONE**  
The Yorktown Watchdog

### Galef is Dedicated to Her Constituents

#### To the Editor:

Sometimes it's easy to feel like government officials are talking at us, not with us. That's not the case with Assemblywoman Sandy Galef. Sandy is beloved in our community - she is caring and genuine and smart and reasonable and completely dedicated to the people in her District.

At least once a year, Sandy sends

out a constituent newsletter asking for the opinions of the people of the 95th Assembly District. Sandy is genuinely interested in what her constituents have to say. Sandy has asked for opinions on multiple topics, ranging from same-sex marriage to medical marijuana to voter registration and the most effective dates to hold state

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The Northern Westchester  
**Examiner**

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## Letters to the Editor

### Assemblywoman Galef Upholds High Ethical Standards

#### To the Editor:

We keep learning about some elected officials and employees in state government that have abused their position and now face the justice system. It makes me cringe with disappointment and anger every time this happens.

But there is an elected official in our state government that upholds high ethical standards and is an example for others to emulate. That is Assemblywoman Sandy Galef.

Throughout her many years in office, Sandy Galef has followed certain principles that are admired by her governmental colleagues and those she repre-

sents in her Assembly District. From her first day in state office, she started the process of seeking reforms in the power structure, legislative transparency, and ethics policies. Sandy continues to advocate for these changes so that abuses in government will stop and that state government will gain back respect from the public.

We are fortunate to have Sandy Galef in the NYS legislature and I encourage everyone in the 95th Assembly District to vote for her on Election Day.

Sincerely,

**ANNE E. IMPELLIZZERI**  
Cold Spring

### Our Broken Criminal Justice System Needs Fixing, Not Tinkering

#### To the Editor:

My heart sank last week when I read about yet another "tough on crime" law passed in our district. Reported in The Examiner, the law now gives families affected by violence a voice at parole hearings. It closes what the sponsor called, "a loophole in the current system." It essentially gives life sentences to bad guys. What could be wrong with that?

What's wrong is piling on legislation that fails to address our exploding prison system in NY and costs taxpayers billions.

What's wrong is activity that creates the illusion of public safety yet steers resources away from programs that actually reduce recidivism and crime.

What's wrong is 'law & order' rhetoric with photo ops that lull us into thinking our elected officials are working on the issues that most matter to its citizens.

Citizens of Yorktown, I want to open the paper to a different conversation. A conversation that supports our elected officials to act upon the reform bills already on their legislative agenda in Albany:

- Raise the Age - get children out of adult prisons
- SAFE Parole Reform Act - modifies procedures of parole applicants
- HALT Solitary Confinement Act - end this torture and create humane alternatives
- Smart on Crime - reduce minimum mandatory sentencing (federal)

Senators, stop tinkering, and start doing the hard work of fixing.

**RENEE FOGARTY**

*Note: If anyone wants to learn how they can support criminal justice reform in NY contact Renee at [rjfog@optonline.net](mailto:rjfog@optonline.net)*

### Galef is Dedicated to Her Constituents

*Continued from page 8*  
primary elections.

These surveys have allowed constituents to have their voices heard, by voting on the survey and sharing their opinions on the topics and other ideas they have on their mind. The responses have helped Sandy shape her opinion on legislation she has voted on in Albany and have reinforced her support of opposition on pieces of legislation. I appreciate that Sandy takes the time to hear our voices and not just vote the way that she is expected to.

The surveys have also allowed Sandy to see which topics her constituents may

not know as much about. Sandy has used this as a learning opportunity by helping her constituents learn more about these important topics. Whether through town hall meetings, issue forums, or through her cable television shows, I appreciate that Sandy takes these opportunities to help her constituents learn about these important issues and in doing so - she involves us in the betterment of our communities.

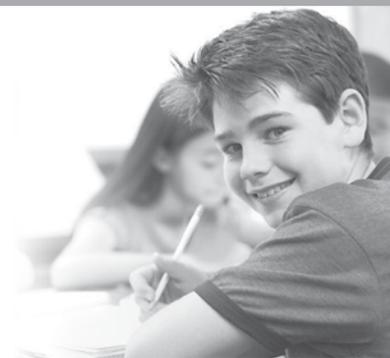
Please join me in voting for Sandy for re-election in the 95th Assembly District.

Thank you,

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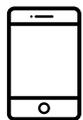
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11/09	Greenburgh Public Library–Elmsford–SmartFund (MSA)	12:30–1:30 pm
11/15	Grinton I. Will Public Library–Yonkers	12:30–1:30 pm
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# Trustee Candidates Receive Unfair Campaign Practices Findings

By Rick Pezzullo

Candidates for two seats on the Village of Croton Board of Trustees recently filed dueling complaints with the Westchester County Fair Campaign Practices Committee and were each slapped on the wrist in findings released over the weekend.

The committee, which seeks to promote a climate in which candidates conduct honest and fair campaigns but has no authority to force a candidate to stop from engaging in unfair practices, met on October 20 to hear complaints lodged by Trustee Brian Pugh and challenger Mark Aarons.

Three of the four complaints Aarons made against Pugh and fellow incumbent Trustee Ann Gallelli were found by the committee to be unfair. One of the complaints regarding a statement in a newspaper insert over the village meeting the tax cap was already corrected by Pugh in several public outlets.

However, the committee did single out Pugh and the Croton Democrats for posting a statement on Facebook that read, "Misleading the public is nothing new for the Croton United Party's team.

Check out the Fair Campaign Practices Committee's findings against Dr. Mayor Schmidt for a misleading mailer from his last campaign."

The committee, which noted Schmidt campaigned in 2010 and 2015, responded, "The candidate will not abuse the Westchester County Fair Campaign Practices Committee process in order to obtain political advantage."

In addition, the committee agreed with Aarons, who is running with Dan McNatty, that a post on Pugh's Facebook page gave an inaccurate impression that Croton United was associated with the Croton Republican Party.

Meanwhile, four of the nine complaints Pugh made against Aarons, McNatty, Croton United Party Chair Roseann Schuyler and Treasurer Joel Gingold were ruled to be unfair by the committee.

One of the complaints centered around an incorrect assertion by Aarons that there was a "plan" approved by the former Democratic administration to borrow \$8 million and the Croton United administration had succeeded in reducing it to \$1.5 million.

Pugh also complained that Trustee

Ken Walsh, who is not on the November 8 ballot, claimed he "provided no reason for voting against the awarding of a contract for upgrades to the Sunset Park playground," when board minutes

showed Pugh did provide a reason.

Pugh is seeking a second two-year term as a trustee, while Gallelli has served several terms on the board over the last 20 years.



Cortlandt Supervisor Linda Puglisi was joined by area residents at a ribbon cutting ceremony Thursday for the opening of the Hollow Brook Trail on Anton Road.

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# Halloween Ball Oct. 29 to Benefit Fight Against Pipeline

All treats and no tricks are to be had with a magical evening to benefit local organizations in their fight against the Spectra pipeline. The Peekskill Halloween Ball, featuring local MC and City Council member Andre "Noodle" Rainey, will be held on Saturday, October 29 at 7 p.m. in the newly restored Dramatic Hall, 900 Main Street, Peekskill.

The first public event being held at the historic hall since it's reopening includes a costume ball, film screening of "We Are the Hartmans" and concert all to benefit environmental advocacy groups SENRG, SAPE and ResistSpectra.

"This event is another way for us to bring community attention to the dangerous pipeline being built in our backyard," commented SENRG President Nancy Vann. "Stopping the pipeline is an urgent priority since it would run 105 feet from safety facilities at Indian Point and greatly increases the risk of a major and potentially deadly accident there."

The schedule for the spooktacular evening to fight Spectra, kicks off at 7 with a fifth anniversary screening of "We Are the Hartmans," a feature comedy filmed partially in Peekskill, starring Richard Chamberlain (Thorn Birds, Dr. Kildaire), Jennifer Restivo and Ben Curtis (the Dell Dude). The event marks the first time the film has even been screened in Peekskill and will be attended by the film's director, Laura Newman and actor, Ben Curtis.

"I feel so much gratitude toward the city and people of Peekskill. It was a wonderful location for our modern day love story about a small town fighting cultural and economic take over," said Newman. "I'm proud that the film is now playing a role in this community's important fight

against the pipeline."

At 9, DJ Noodle Noo takes the stage with live music to dance the night away. Guests will have the opportunity to win great raffle prizes and take part in an exciting silent auction. Tickets are \$15 in advance at [www.senrg.org](http://www.senrg.org) or \$20 at the door.

New York Governor Andrew Cuomo, and Senators Charles Schumer and Kirsten Gillibrand have all asked FERC (the Federal Energy Regulatory Commission) for pipeline construction to stop while a safety study is done. The

pipeline expansion is being challenged in U.S. Federal court and in rallies, protests, and acts of civil disobedience. The Peekskill Halloween Ball aims to raise funding for this important community cause.

All proceeds will go toward the Safe Energy Rights Group (SENRG) fund for ResistSpectra, a coalition of groups and concerned citizens who are fighting the construction of Spectra Energy's AIM pipeline expansion.

SENRG, a non-profit organization, is a group of engaged citizens working togeth-

*er to protect communities in the Northeast from unsafe energy development and infrastructure. We employ our experience and professional expertise to assist those impacted by harmful fossil fuel projects in exercising their rights to safe, sustainable energy. Our goal is to provide credible information and support to ensure that communities of all sizes can protect their health and safety. To this end, we assist citizens in taking social, legal, and political action as they demand meaningful dialogue and adherence to the law from elected officials and permitting agencies.*



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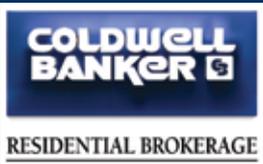
## Regional Leaders Slam Coast Guard Plan to Anchor Barges

*Continued from page 5*

of the crew, the vessels, other operators' property and cargos, as well as the health of the river environment itself."

Representatives from Riverkeeper, Clearwater, Pace University Environmental Law School and the Hudson River Boat and Yacht Club Association were also in attendance, as were Peekskill Mayor Frank Catalina, Westchester County Legislator John Testa, state Assemblywoman Sandy Galef, Hudson Valley Gateway Chamber of Commerce Executive Director Deborah Milone and members of the Croton Board of Trustees, including Mayor Greg Schmidt.

The Coast Guard is planning to hold its own hearings in the spring. The public comment period for the project has been extended to December 6.



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**Maureen Connolly**  
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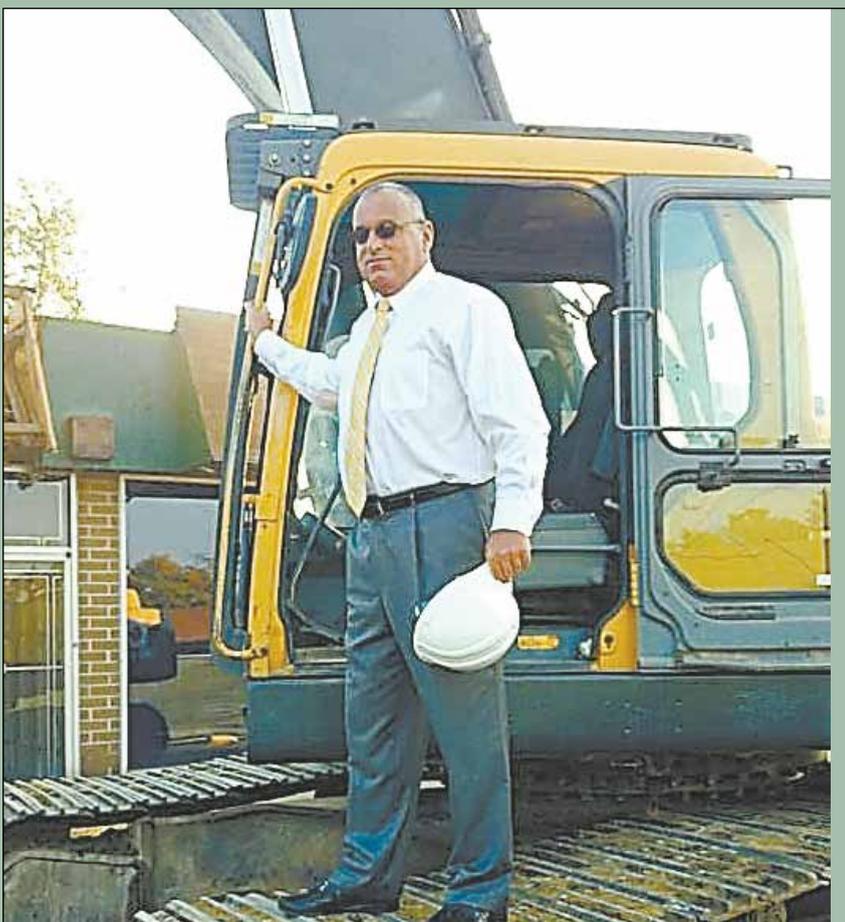
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Peekskill Mayor Frank Catalina jumped on board a construction truck October 17 to help in the demolition of a longtime liquor store building that will clear the way for the city to proceed in constructing a Central Firehouse



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## Connie Cramer Personal Trainer Mahopac

By David Propper

For as long as Connie Cramer has been a personal fitness trainer, she wanted to own a studio. She reached that goal several years opening in Yorktown, and now, she's taken her boutique studio to Mahopac.

"I'm still pinching myself, is it real?" Cramer said last week.

Connie Cramer Personal Trainer relocated in August along the Mahopac/Somers border on Miller Street after Cramer had been in Yorktown for a few years. Before that, she had a studio out of her home. Prior to that she worked at bigger gyms like New York Sports Club. Describing the new space as bright and beautiful, Cramer already feels like it's home.

An acquaintance that Cramer has known for several years tipped her off about the available space in Mahopac and when she visited her soon-to-be new home, she just fell in love with it.

"It's a great space," she said. "My clients love it."

Cramer said she offers a lot of functional and free flowing training that includes TRX suspension training, kettle bells, and free motion cables. Her



Cramer assisting a client in her new open space at her boutique studio.

goal was to create a more boutique style studio where people seeking fitness can go to a gym that isn't intimidating like in big gyms where there might be a muscle guy slamming weights in the corner.

Cramer likes to have clients focus on natural body movements and functional training where exercises don't just focus on one muscle group. She likes to incorporate movements that include core, flexibility and overall strength.

"I like to work on the full body," Cramer said.

Each training session Cramer tries to target the person's fitness level and goals, rather than a one size fits all approach. So whether it's weight loss or overall toning and sculpting of the body, Cramer has a workout for everyone. Clients can range from Carmel to all the way down in Katonah.

Cramer has had many success stories where clients started one way and transformed into another person. She's had women come in and lose between 10

and 40 pounds.

For residents looking to get into better shape as the New Year approaches, Cramer is offering a holiday promotion. Calling it "The Little Black Dress Challenge" Cramer is offering ladies to come during the holiday season and take group classes and personal training sessions for four weeks. During that time, Cramer is going to help them with their diet and encourage them to avoid tempting foods. At the end, she plans on a holding a little black dress bash.

Cramer said she has been a fitness buff most of her adult life, starting when she was in her 20s. When she was growing up, she never wanted to sweat or mess up her hair. But then when she started to attend dance classes, she became more active and did spin classes and aerobics when both were popular.

She also learned to play tennis and ski later in life. And she now has her own gym in Mahopac as another lifetime feat reached.

"I just wanted to do something that was different, I just wanted to do something that was healthy," Cramer said. "I just fell in love with movement. I just enjoy working out."

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# Westchester Library System's Third Annual Battle of the Books

The third annual Westchester Library System Battle of the Books took place on Saturday, October 15, at Ossining High School. Two champions were crowned: the Rye Rockets, representing the Rye Free Reading Room, in the Children's Tournament, and The Popcornians, representing the Somers Library in the Teens Tournament. Nearly 250 young people representing 16 libraries participated in this event.

Westchester Library System's (WLS) Battle of the Books is a fast-paced trivia competition for avid readers entering Grades 4 - 10. There were two separate competitions on the same day, a Children's (Grades 4 - 6) and a Teens (Grades 6 - 10) Tournament.

Somers Library's Teen team, the Popcornians, were coached by Tara Ferretti, a Young Adult Librarian. Their team included Leigha Carnow, Max Caron, Keira Ferretti, Jordan Han, Aine Hoekstra, Amanda Jen, Maria Klimentova, Matthew Kushner, Marguerite Pugliese, Nitin Seshradi, and Jaewon Yeo. In the Final Battle, they defeated the Keeler Battlers (representing the neighboring Ruth Keeler Memorial Library in North Salem).

The first and second place teams in both brackets received trophies to bring



Winning Somers Library's Teen team.

home to their libraries. (Like the Stanley Cup, these trophies travel each year from winner to winner.) This year, as the Children's champions, the Rye Free Reading Room received a collection of non-fiction books donated by Cherry Hill Press. The Teens champions each received a bookmark signed by Stacey Lee, author of *Under a Painted Sky*.

Battle of the Books was conceived by Liz Anastasi, who is now a Teen Services Librarian at the Greenburgh Public Library. While other, similar programs have been executed in other library systems across New York State and the U.S.,

we feel that we are unique in offering this program to children who are still in elementary school. Says Anastasi, "Battle of the Books promotes a love of reading for kids and teens and, perhaps most importantly, inspires teamwork and good sportsmanship in an atmosphere of friendly competition."

#### THE FOLLOWING LIBRARIES PARTICIPATED

Ardsey Public Library  
Bedford Free Library  
Briarcliff Manor Public Library

Bronxville Public Library  
Eastchester Public Library  
Greenburgh Public Library  
Hendrick Hudson Free Library (Monrosey)  
John C. Hart Memorial Library (Shrub Oak)  
Larchmont Public Library  
Mount Pleasant Public Library  
Ossining Public Library  
Ruth Keeler Memorial Library (N. Salem)  
Rye Free Reading Room  
Somers Library  
Town of Pelham Public Library  
White Plains Public Library

About Westchester Library System

For almost 60 years, Westchester Library System (WLS) has served as a provider of services for the 38 public libraries of Westchester County. One of New York State's 23 library systems, established under the State Department of Education Law, WLS' mission is to provide services and support that assist Westchester public libraries' efforts to empower and improve communities with extensive, open access to information, technology and personal development tools. WLS is supported by funds from member library fees, federal, state and county government, foundations, corporations, and individuals.



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## Halloween Safety Tips



### 1. COSTUME TIPS:

- Face Paint is safer than a mask – and it's more fun!
- If your child does wear a mask, make sure it has adequate holes for proper respiration and peripheral vision.

### 2. Trick-or-Treaters should:

- Wearsomesortofre ectiveclothing.
- Carryabrightorangebag.
- Carrya ashlightorglowstick.
- Walk on the sidewalk or on the le side of the road facing tra c.

### 3. Young children should always be accompanied by an adult:

- Either a parent or older child should stay within close range and never let the children go down a street by themselves. Walk with the children to each house and wait in

the driveway or by the door until the children return.

### 4. Older children should always travel in pairs or groups – they should:

- Never venture down dark, empty streets.
- Let parents know their route.
- Always walk together to the front door of each house.
- Never run across yards or streets.

### 5. Avoid dark, unlighted houses:

- Never go to the door of a house that seems unoccupied or has no outside lights on.

### 6. Children should save all candy until they get home:

- Parents should closely inspect all candy and throw away all un-wrapped or opened candy or suspi-

cious looking goodies.

### 7. If your child becomes ill, call your doctor or emergency room IMMEDIATELY!

- Try to determine what the child has eaten and where it came from. Save all wrappers.

### 8. Avoid re hazards:

- Remember – your jack-o-lantern and any other electrical decorations can be a re hazard. Keep them out of the reach of small children and away from ammable materials.

### 9. Never leave your house unat-tended:

- An empty house on Halloween is an invitation to trouble. If you have to leave your house, make sure all the doors are locked.



## ShopRite to Anchor New Shopping Center

*Continued from page 1*

Route 6 and Baker Street, an extended sewer district that will benefit residents in the Westbrook Drive area and more sidewalks.

"This is a very exciting day," said Cortlandt Supervisor Linda Puglisi. "This goes back 20 to 25 years when the previous owners wanted to build a shopping center. It took Acadia to get it done. It does take a real team, the Acadia team and the Cortlandt team, to bring this to a reality. We're looking forward to the ribbon cutting."

Deb Milone, executive director of the Hudson Valley Gateway Chamber of Commerce, said it's always exciting to be able to celebrate new commercial ventures.

## Obituaries

*Continued from page 7*

the Fair Housing Committee of Greenburgh, and the Ethical Culture Society of Westchester.

Mr. Harris was the loving husband of his wife Edith R. Shapiro, devoted father to his sons Jeffrey and Mark and daughter-in-law Flora, and cherished grandfather of Michael, Trevor and Cody. He was also loved by his step-son, Charles Shapiro, and step-daughter, Cindy Shapiro. He was predeceased by his first wife, Helen and two sisters, Doris and Mickey.

### Marie Kooney

Marie Angela Kooney, a resident of Croton-on-Hudson and formerly of Cortlandt and Ossining, died October 16 at her residence. She was 69.

Mrs. Kooney was born in Messina, Italy on March 12, 1947 to Antonio and Domenica (Cavallaro) Scarfi.

She is survived by her loving husband Rodney; her two loving daughters Jessica (Theodore) Singer and Rachel (Paul) Marino; her sister Joanne Scarfi; and seven beloved grandchildren.

### Carmelo Apollonio

Carmelo Apollonio, a resident of Ossining, died October 17. He was 65.

He was born July 11, 1951 in Sassino, Italy to Giovanni and Lucia (Rinaldi) Apollonio. He owned Carmelo Apollonio Contractor and just retired a few weeks ago. He was a trustee of the Columbus Lodge #692.

He is survived by his wife Antonietta, son Giovanbatista and wife Lauren, daughter Maria Lucia, brother Juan and wife Marisa, sister Modestina Velardo and husband Mario and grandchildren Carmelo and Angelina, who were his joy.

"It's a wonderful thing in our community to have businesses expand and open," she said. "It brings new residents and residents want services. We are so thrilled that this is happening."

Cortlandt Crossing, which will have a decorative clock tower, is slated to have 816 parking spaces. The existing ShopRite is 50,000 square feet and has been looking to offer more organic and other products at its Cortlandt location but was limited by space, according to Conlon.

## Cortlandt Man Killed on Motorcycle in Crash

*Continued from page 1*

door on the driver's side of the Nissan and was ejected from his motorcycle. The driver of the SUV was not identified.

Baknezian was born June 23, in Cortlandt. He was a carpenter and attended Westchester Community College in Valhalla.

He is survived by his mother, Marianne Harding and stepfather, William Harding of Carmel; grandmother, Joan Carpentieri of Cortlandt; two uncles, Frank

(Kelly) Carpentieri of LaGrangeville and John (Tammy) Carpentieri of Wappingers Falls; six cousins, Alyssa, Skylar, Frankie, Sienna, Kendra and Jessa; and other extended family and friends. He was predeceased by his maternal grandfather, Frank Carpentieri in 2013.

A Funeral Mass was held Monday at Holy Spirit Church in Cortlandt, followed by interment at Gate of Heaven Cemetery in Hawthorne.



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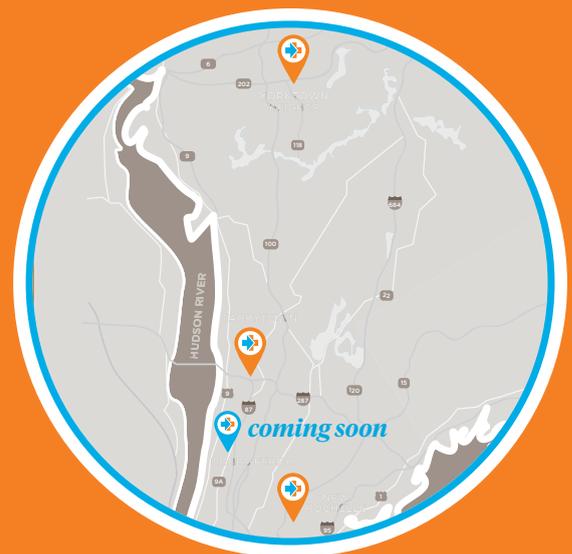
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## Does Your Home Have a Name for Itself?

Does your home have its own name? If not, maybe it's worth considering.

More than once, I've heard that attaching a name to a home might actually enhance its value.

I first became aware of homes having names when I was first starting out in the publicity business and did some work in Hollywood. One of my clients was a very senior, world-famous wine expert named Robert Lawrence Balzer, whose house was originally owned by Rudolf Valentino. Named Falcon Lair, the house had quite a history, considering all the famous guests who had visited it. I became fascinated by the prospects of that added dimension a name could bring to a house.

But when you think about it, we've always attached certain attributes to houses by their names.

In movies, how could Scarlett O'Hara's character be defined without her unwavering devotion to Tara? On television, we remember that the Cartwright family was closely identified with Ponderosa and J.R. Ewing got shot at Southfork.

While some homes set the stage with visions of great power and influence – Versailles, Buckingham Palace, the White House – even humble abodes can be

named to tell their characters.

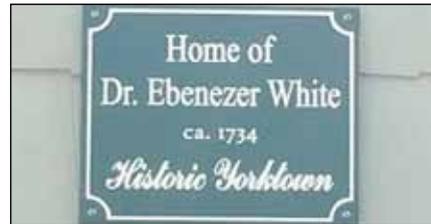
Here in Westchester, Bill Wilson, co-founder of Alcoholics Anonymous and its 12-step program, appropriately named his Westchester residence Stepping Stones, and actress Helen Hayes called her Nyack home Pretty Penny to convey its price. For many years, I have lived in The Ebenezer White House, named for a Revolutionary War physician and early state senator.



By Bill Primavera

Sometimes homes share a double bill. For instance, I was involved in the sale of a property in Yorktown known as the Adams-Bernstein House, now poised for renovation by the buyer. I know the history of those two owners from different centuries, each quite different. The first was a simple farmer from the early 1800s and the second, a sophisticated New York City physician, who bought it in the 1930s.

A home can also play into the ancestral bearings of our life's drama. My wife sometimes likes to remind me that she comes from Lithuanian royalty on her mother's side. When she and her mother visited their native land after the fall of the Iron Curtain, it was very important to them to visit the castle bearing their family name – Masalkis.



The Ebenezer White House, named for its original owner, now owned by The Home Guru and on the market in Yorktown Heights.

At the time, perhaps because of the lack of incentive caused by the former Communist regime, schedules meant very little. Upon arrival, my wife found that the custodian arbitrarily was closing the castle early. Not one to be so easily dispatched, my wife protested in perfect Lithuanian, "But I am a Masalkis!" That shamed the caretaker into honoring the posted hours while they toured the castle.

And my side of the family, while far from royal, has an interesting ancestral home as well. My dear Aunt Helen, who lived to 99, told me that during World War II the Nazis occupied the Primavera Villa in Chieti, Italy because it was the nicest residence in town. When I learned that, I felt that my character development was kicked up a notch.

Some claim that naming a house gives extra value to it, and there are online sites that

offer suggestions for naming. These suggestions might include the style or former use of the structure, such as Orchard Cottage, Old School House or The Barn.

The name might reflect the location of the house, such as Hillcrest, Sunnyside, The Breakers or Woodside. A foreign phrase can have that "Ooh, la la" touch, such as Le Petite Maison or El Paradiso. Or it could be as simple as referring to trees or flowers on the property (The Elms, The Pines or Rose Cottage).

Today, whether our homes are manorial or ever so humble, they occupy center stage in our life stories, confirmed by Dorothy Gale's testimonial, after her excursion over the rainbow and back, that "there's no place like home," whether or not it bears a name.

Interestingly, I now live in a building of new condos that wasn't drawing the interest its developer anticipated. But when it made a deal with a certain presidential candidate to lend his brand name to the enterprise, it did much better.

Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. ([www.PrimaveraPR.com](http://www.PrimaveraPR.com)). His real estate site is [www.PrimaveraRealEstate.com](http://www.PrimaveraRealEstate.com), and his blog is [www.TheHomeGuru.com](http://www.TheHomeGuru.com). To engage the services of The Home Guru to market your home for sale, call 914-522-2076.

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# Crossword

## ACROSS

1. Massage locale
4. Where Montreal is
10. Male cat
11. Brought to nought
12. Street shader
13. Foolish behavior
14. Yorktown equipment supply
16. Antediluvian
18. Gobble up
19. Walked
20. Newly waxed
23. Sports commentator Musburger
24. Prince William, someday
25. "The Iceman Cometh" \_\_\_ Marvin film
26. Before Homeland Security
27. Yorktown fruit farm
31. Having the most grit
33. Squeegee
34. Allow
35. "\_\_\_ Got the World on a String"
36. Thicker
37. Observed, to Tweety

## DOWN

1. Leave a section of writing as it is
2. Land or water sport
3. Shots, for short
4. Throaty problem
5. Excessive
6. Rephrase
7. Usher song: "My \_\_\_"
8. Concert finale
9. Sri Lanka, once
15. Aqua-\_\_\_
17. Insecticide, now banned
19. Journey
20. Jet \_\_\_
21. Depended (on)
22. Not rational
23. Hardly a crooner
25. Hosiery material
27. Fly traps
28. Give off, as light
29. PBS show
30. Emit lava
32. "Oh, brother!"

1	2	3		4	5	6	7	8	9	
10				11						
12				13						
14			15					16		17
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24					25					
26				27				28	29	30
	31		32					33		
	34							35		
	36							37		

Solution on page 24

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# Happenings

The Northern Westchester Examiner We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Neal Rentz at nrentz@theexaminernews.com.com.

## Tuesday, Oct. 25

**It's Your Health:** Free health workshops for older adults and adults with disabilities are being held this fall at the Peekskill Senior Center, 4 Nelson Ave., Peekskill. It's Let's Move will be held from through Nov. 1 from 11 a.m. to noon. Eating for Optimal Aging will be held on Nov. 15 from 11 a.m. to noon. Registration is required. Call 914-734-4250 Ext. 5.

**Free Medicare Counseling:** Get help understanding your Medicare benefits and coverage on Tuesdays year-round (except holidays) at the John C. Hart Memorial Library in Shrub Oak, from 10 a.m. to 1 p.m. and on Thursdays from 10 a.m. to 1 p.m. at the Field Library in Peekskill. No appointments are necessary for the free service. Meet with a trained counselor for information about Medicare Parts A, B and D, Medicare Advantage Plans, Medicare Savings Plans, Extra Help and EPIC. You can also call the Senior Benefits Information Center helpline with your questions at 914-231-3260 and a counselor will return your call within two business days. For a listing of all eight SBIC centers in Westchester libraries, go to <http://www.westchesterlibraries.org/senior-benefits-information-centers/>.

**Yorktown Museum Exhibit:** The Yorktown Museum, located in the Yorktown Community Cultural Center, 1974 Commerce St., top, floor is hosting "School Days" features old school documents, photographs and items from and about early Yorktown Schools. Top of the list are photos of nearly all of the first Yorktown (started c 1813) one room school houses and where they were located. Bring the kids to show them how hard it was in the old days. The present exhibit at the Yorktown Museum runs thru Nov. 5. The museum is open on Tuesdays and Thursdays from 11 a.m. to 4 p.m. and on Saturdays from 1 to 4 p.m. Info: 914-962-2970 or Yorktownmuseum.org.

**Senior Benefits Information:** Trained volunteer counselors help older adults and their caregivers find information about government benefits to help them stretch their budgets every Tuesday from 10 a.m. to 1 p.m. at the John C. Hart Memorial Library, 1130 E. Main St., Shrub Oak. Get information on Medicare health and prescription plans, nutrition assistance, the Home Energy Assistance Program (HEAP), tax relief programs, and much more. Info: 914-245-5262 Ext.227 or <http://www.westchesterlibraries.org/sbic>.

**Checkmate:** A chess program is held every Tuesday at 4 p.m. at the Ossining Public Library, 53 Croton Ave. It is held in the second-floor conference room. Info: 914-941-2416 Ext. 336.

**Healthy Happy Hour:** Healthy Happy

Hours are held on Tuesday nights in Mahopac and another location may be added. Take a 10-day vacation from processed foods. Are sugary, fatty, easy-to-prepare, addictive junk foods making you feel sick and tired? Then reset your metabolism and break your addictions to unhealthy foods. For more information contact Diane at 914-843-8745.

**Hygeia Programs:** Two ongoing programs are being held on Tuesdays at Hygeia Integrated Health LLC, 3505 Hill Blvd., Suite K, Yorktown. Community Acupuncture is being held from 6:30 to 7:30 p.m. The cost is \$30. Come experience the beneficial effects of acupuncture in a group setting. Register: [hyinhealth@gmail.com](mailto:hyinhealth@gmail.com) On the last Tuesday of the month from 7:30 to 8:30 p.m. Eating Disorder Support Group, led by LCSW and clinical nutritionist will be held. Discuss and resolve issues around relationships with food. Info/register: [hyinhealth@gmail.com](mailto:hyinhealth@gmail.com) or [www.hyinhealth.com](http://www.hyinhealth.com).

## Wednesday, Oct. 26

**Seniors' Fitness Classes:** Free fitness classes are being offered to seniors who reside in Peekskill. The schedule is: Monday, Tuesday, Wednesday – The WorkOut – 10 to 11 a.m. Thursday – Fall Prevention Class – 10 to 11 a.m. Friday – Zumba Gold – 11 a.m. to noon. Call Terri Dean at 914-734-4250 Ext.1 for more information. Classes are conducted at 4 Nelson Ave., downstairs from the library.

**POUND Program:** POUND™ Fitness Program, a 45-minute full-body cardio and stress relief jam session, fusing Pilates, cardio, plyometrics isometric movements and poses, is offered at Theatre and Dance Arts 131 Bedford Rd. Katonah. Drop in or weekly discount rates available. The program is being provided on Wednesdays at 7:30 p.m. and on Saturdays at 11:45 a. m. Call Peggy for more information at 914 960-4097.

**Bingo Wednesdays:** Come to First Hebrew for \$2,000 in total guaranteed bingo prizes, plus an average of \$1,000 awarded in specialty games. Doors open 5 p.m. and games begin 7:15 p.m. every Wednesday (except holidays – check First Hebrew's website calendar). First Hebrew is just west of the Beach Shopping Center at 1821 Main St., Peekskill. Info: 914 -739-0500 or [www.firsthebrew.org](http://www.firsthebrew.org).

**Yiddish Course:** This summer Chabad of Yorktown is once again offering an Introductory Yiddish Course. Join the course to learn ah bissel Yiddish, kibbitz and schmooze. Chap a nosh while you are at it. The course continues tonight from 7:30 to 8:30 p.m. and will run for four more consecutive Wednesdays. For more information and to register visit [www.ChabadYorktown.com](http://www.ChabadYorktown.com).

or call 914-962-1111.

**Cancer Care Webinar:** Support Connection announces that a free webinar, "The Role of Nutrition in Breast and Ovarian Cancer Care," will be offered from 8 to 9 p.m. It is open to women nationwide living with breast, ovarian and gynecological cancers. Those unable to access a webinar can participate via toll-free telephone. To learn more or to pre-register, which is required, call Support Connection at 914-962-6402 or 800-532-4290.

## Thursday, Oct. 27

**Religion Classes:** A class on Talmud and the Ethics of our Sages ae being held at the Yorktown Jewish Center, 2966 Crompond Rd. Feel free to come - and to bring a friend - even if you cannot commit to coming to class weekly. We always welcome new participants. We meet (almost) every Thursday in the social hall on Thursday mornings from 10:30 a.m. to noon. No knowledge of Hebrew is expected, and no particular depth of Jewish knowledge is assumed. Info: 914-245-2324 or [yorktown-jewishcenter.org](http://yorktown-jewishcenter.org).

**IBM Retirees Club:** The Tri-State IBM Retirees Club will hold their next meeting at 1:30 p.m. in the meeting hall of the United Methodist Church, 1176 East Main St, Shrub Oak. Speakers are Beth Casso and Lynda Nickelsen , who will be covering Medicare and health care issues. Dues for 2017 membership will be collected. Sign in and refreshments at 1 p.m. Info: 914-528-5916.

**Yoga For Teens:** Yoga Basics for Teens will be held on Thursdays, Oct. 27 and Nov. 3, 10 and 17 at the Hendrick Hudson Free Library, 185 Kings Ferry Rd., Montrose, at 6:30 p.m. It is a four-session introduction to yoga – from gentle to strengthen & flow – taught by lifelong teacher Louis Spanier of Encourage Yoga. It is intended for teens in grades 6 – 12. Bring a yoga mat or towel, water, and wear comfortable clothing. To register or to receive more information, call 914-739-5654.

## Friday, Oct. 28

**Coloring For Adults:** It's not just for kids, and it's the latest craze. Join our adult coloring book club at the Somers Library Meetings will be held in the conference room every Friday from 10:30 a.m. to noon. Relax, color, and socialize for free. Materials are provided or you may bring your own color pencils and coloring books. Registration is not required. Info: 914 232 5717.

**Job Hunting Help:** Free drop-in, hands-on assistance with online applications, resume writing, e-mail accounts and more is held on Fridays from 11 a.m. to 1 p.m. in the second-floor conference room at the

Ossining Public Library, 53 Croton Ave. Assistance is offered on a first-come, first-serve basis. This is not a computer class. Info: Cheryl at 941-2416 Ext. 315.

**Jewish Center Services:** At the Yorktown Jewish Center, 2966 Crompond Rd. Friday night Sabbath services in the spring and summer will begin at 8 p.m. and Sabbath services on Saturdays will be held at 9:15 a.m. on most Saturdays, after the services Rabbi Sternstein conducts a learning session based on the Torah portion of the week. Light refreshments are served and everyone is invited to join us as we share in the warmth, knowledge and friendship within our congregation. Info: 914-245-2324 or [yorktownjewishcenter.org](http://yorktownjewishcenter.org).

## Saturday, Oct. 29

**Putnam Valley Shabbat Service:** Looking for a modern Shabbat service steeped in Jewish tradition? Come to Temple Israel of Putnam Valley, a Conservative Egalitarian Synagogue situated on beautiful Lake Peekskill. Our inclusive, community-lead services start at 9:30 a.m. on Saturdays and are held in Hebrew and English. Enjoy a comfortable atmosphere where participation is appreciated, and afterwards stay for our delicious Kiddush lunch. Services are free; Family Memberships are \$250 per year and include High Holiday Services. 140 Lake Drive in Lake Peekskill. For more information, visit or call (845) 528-2305.

**Alternative Shabbat Service:** Get your questions answered and experience a more conversational Shabbat service along with lots of singing. First Hebrew's abbreviated "Alternative" service is held on the last Saturday of any month having a fifth Saturday. Everyone is welcome and encouraged to send their questions to Rabbi Dana at [rabi@firsthebrew.org](mailto:rabi@firsthebrew.org). October 29 services are 10 a.m. – noon at 1821 Main St., Peekskill, just west of the Beach Shopping Center. No rsvp necessary, but questions can go to the rabbi or [fhc@firsthebrew.org](mailto:fhc@firsthebrew.org), or call 914 739-0500. Visit [www.firsthebrew.org](http://www.firsthebrew.org).

**Healthy Living:** Healthy Pantry Picks, Inc. will host a free community event from 9 a.m. to noon at the Yorktown Community and Cultural Center in Room 104. In honor of Breast Cancer Awareness Month, a portion of this event's proceeds will go to Support Connection Inc. in Yorktown . Come out and taste our new products and shop your favorites. Learn how important it is to "Create a Pantry for Healthy Living." Our natural and organic products include oil, vinegar, honey, snack items, seeds/grains and pet treats. Get a head start on your holiday shopping and place your orders early for gift baskets and holiday gift items. Follow us on Facebook and Instagram. Info: 914 214 7076 or [healthypantry.org](http://healthypantry.org).

Continued on page 24

# Happenings

*The Northern Westchester Examiner We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Neal Rentz at nrentz@theexaminernews.com.com.*

Continued from page 23

trypicks@gmail.com.

**Haunted House:** A Halloween Train Show and Haunted House will be open Oct. 29 and 30 from 11 a.m. to 3:30 p.m. at Lasdon Park, Arboretum and Veterans Memorial, Route 35, Somers. Info: 914-864-7268.

**Make A Difference:** "Make a Difference Day" is being celebrated at The Field Library, 4 Nelson Ave., Peekskill from 11 a.m. until 2 p.m. Children of all ages are invited to pick out a free stack of books for their home library. The program is hosted by Peekskill Reads, which is headed by Drew Claxton. Men Who Read volunteers will be here to read stories to children. Refreshments will be served. There will also be a giant tag sale on the library plaza from 10 a.m. until 2 p.m. The tag sale is sponsored by the Peekskill Seniors Club and The Field Library. For more details contact the library at 914-737-0847 or check our Frog Blog ([www.fieldkids.wordpress.com](http://www.fieldkids.wordpress.com)) for more information.

**Yorktown Shabbat Morning Services:** Chabad of Yorktown, 2926 Old Yorktown Rd., holds services on Saturday mornings. They are easy-to-follow services with Hebrew/English prayer books, a friendly environment and no affiliation is necessary. Kiddush luncheon follows the services. Services begin at 10 a.m. For more information visit [www.ChabadYorktown.com](http://www.ChabadYorktown.com)

or call 914-962-1111.

**Peekskill Paintings:** Paul Moro: The Peekskill Paintings 1926 -1937 is on display through Oct. 29 at the Field Library, 4 Nelson Ave., Peekskill. Info: peekskill.org or 914-737-1212

**Ossining Farmers Market:** The Ossining Down to Earth Farmers Market is being held outdoors every Saturday from 9 a.m. to 1 p.m. at the corner of Spring and Main Streets. Customers old and new will find delicious produce, pasture-raised meat, poultry, and eggs, breads, baked goods, and much more. For a full list of our markets and vendors, visit [DowntoEarthMarkets.com](http://DowntoEarthMarkets.com).

**Yoga Program:** Support Connection announces a free weekly program Yoga: A Path toward Wellness will be held every Saturday for the remainder of October from noon to 1:30 p.m. at Club Fit in Jefferson Valley. The program is open to people living with breast, ovarian and gynecological cancers. To learn more or to pre-register, which is required, call Support Connection at 914-962-6402 or 800-532-4290.

## Sunday, Oct. 30

**Soundview Open House:** Soundview Preparatory School will host an open house from 1 to 3 p.m. at 370 Underhill Ave. in Yorktown. Info: 914-962-2780.

**Jewish Learning Kickoff:** The Page-A-Day Jewish Learning Kickoff will be held at

1 p.m. at First Hebrew, located on the border of Cortlandt and Peekskill on Route 6 at 1821 Main St. Read just one page and learn a little bit every day on your own schedule in your own location with First Hebrew's Page-A-Day program. This year's book is "Jewish Values," by Rabbi Joseph Telushkin, which can be ordered online. The program occasionally includes a telephone call or meeting for discussion purposes; participants who are not members of First Hebrew are asked only to donate \$5 when there is a group session. For more information, contact Rabbi Dana at [rabbid@firsthebrew.org](mailto:rabbid@firsthebrew.org) or call 914-739-0500. Visit [www.firsthebrew.org](http://www.firsthebrew.org).

**Walk & Wine:** Explore the new Peekskill Hudson River Walkway and enjoy the fall foliage with members and friends of First Hebrew Congregation and end with a wine tasting from Dylan's Wine Cellar. Meet at 2 p.m. at the gazebo near the playground in Peekskill's Riverfront Green Park. This free event runs from 2 -5 p.m. RSVP ASAP to [fhc@firsthebrew.org](mailto:fhc@firsthebrew.org) or call 914-739-0500. Visit [www.firsthebrew.org](http://www.firsthebrew.org).

**Healing Yoga:** Yoga classes for women with breast cancer are held at 5 p.m. on Sundays at Hudson Yoga, 5 Old Post Rd. South, Croton-on-Hudson. Weekly classes are being conducted by rotating instructors. The suggestion is \$15. Info: Ellisha Simpson at 914-319-4010.

**Bingo:** Bingo will be played tonight and

on Nov. 13 and 20 and Dec. 4 and 18 at the Yorktown Jewish Center, 2966 Crompond Rd. The doors will open at 5 p.m. and play begins at 6:30 p.m. There will be \$3,000 in prizes awarded during each Sunday session. Food will be available. Info: 914-245-2324 or [yorktownjewishcenter.org](http://yorktownjewishcenter.org).

## Monday, Oct. 31

**Musical Munchkins:** The Yorktown Musical Munchkins meet on Mondays from 9:30 to 10:15 a.m. at the Yorktown Stage Theater in room 12. The program is for older babies up to the 1's. Free trial classes are offered. Info: 914-771-7000 or [www.musicalmunchkins.com](http://www.musicalmunchkins.com).

**Free Jazz Sessions:** Free Jazz Jam Sessions are being held every Monday at The Winery at St. George, 1715 E. Main St. Mohegan Lake. Info: 914-455-4272.

**Yoga Halloween Party:** Join Niyama Studio, 925 South St., Peekskill from 4 to 5:30 p.m. for a child friendly yoga Halloween party. Beloved by children we will learn about Ganesh and how he got his elephant face, make elephant masks, practice grounding yoga and meditation and eat healthy vegetarian snacks. Your child will enjoy a party bag that includes fun items such as pencils and stickers, but no candy will be at this party. Try something different this Halloween with your little one, ages 0-8. Costumes are optional. For tickets visit [www.NiyamaStudio.com](http://www.NiyamaStudio.com).

## Preventing Injuries Focus of P'ville Youth Athlete Symposium

By Neal Rentz

Injury reports are closely watched by fans of pro sports, but ailments are also a major concern for young athletes, parents and coaches.

Reducing the risk of youth and high school sports injuries was addressed by a panel of coaches, athletic trainers and medical professionals from Northern Westchester Hospital at a special symposium last Thursday at Athletes Warehouse in Pleasantville attended by more than 100 people.

The keynote speaker was University of Alabama head softball coach Patrick Murphy, who in 19 seasons at Alabama has led his squads to the Women's College World Series 11 times, winning the national title in 2012.

Murphy said he strongly opposes student-athletes specializing in a single sport.

"I think one of the things that's kind of ruining sports nowadays is too many kids specializing way too early at a young age at one sport," Murphy said. "When they get to me in college they're overused. They have injuries. They're not as

good as they once were."

Murphy said he encourages young athletes to participate in different sports for as long as they can. Doing that gives their bodies a break from the wear and tear of a particular sport while they're still able to stay in shape by participating in others.

In softball, for example, he has seen injuries likely occur from overuse, particularly pitchers. Murphy called it "almost an epidemic."

He said some youngsters and their families are concerned that playing a variety of sports could cost them a chance at a scholarship or making a college team.

"If you're a good athlete a college will find you," Murphy said.

He said too often a youngster's self-image is based primarily on their on-field performance, and hoped his talk would help parents understand that their children are people first and an athlete second.

Nicholas Serio, general manager of Athletes Warehouse, a strength training facility that specializes in preparing young athletes physically and psycho-

logically, said the event was consistent with what he preaches to clients. His staff often receives questions from customers more appropriate for medical professionals, which was the impetus for the event.

The mission is to redefine how young athletes should train.

"One of the main reasons we see all these injuries is a lot of these athletes are not adequately strong enough to handle the load that a lot of the sports demand," Serio said.

Other topics covered at the event were concussions and physical therapy. Northern Westchester Hospital's Pediatric Department Chief Dr. Pete Richel said he and his colleagues are treating more concussions in youth sports than ever before. He said the goal is for kids to play sports, but to do it as safely as possible, making last week's event critical for parents, their children and coaches.

"It's a tremendous community outreach," Richel said of the symposium, which he hopes can be repeated. "This is a great benefit to our surrounding communities to further educate particularly parents and children and student ath-

letes, hopefully scholar athletes, in terms of the ways of adequate training."

Stuart Tainsky, a Greeley Youth Lacrosse program coach in Chappaqua, said

he attended because he wanted to learn how young athletes can effectively balance their daily schedules and deal with the pressures.

His son, a sixth-grader who plays lacrosse, has Crohn's disease but sports and training have helped him build strength and stamina as well as increase his confidence, Tainsky said. One of Murphy's former players, Lake Peekskill resident Cassie Reilly-Boccia, is director of research and development at Athletes Warehouse. She played first base and right field at Alabama from 2009 to 2012.

One of the goals at Athletes Warehouse, which opened in 2014, was to host an event to educate the community on improving the youth athlete's health, Reilly-Boccia said.

"There's just so much information out there but it's hard to sift through a lot of that," she said.

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## LEGAL NOTICES

**NOTICE OF FORMATION OF WALKSPAN, LLC.** Articles of Organization filed with Secretary of State of NY (SSNY) on 01/13/2016. Office loc: Westchester. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: 221 Hunter Ave., Sleepy Hollow, NY 10591. **Purpose: any lawful acts.**

**NOTICE OF FORMATION OF PEARL OF ANTILLES, LLC.** Arts. of Org. filed with the Secretary of State of NY (SSNY) on 08/25/2016. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to 630 East Lincoln Ave., Apt. 2H, Mount Vernon, NY, 10552. **Purpose: Any lawful act or activity.**

**NOTICE OF FORMATION OF CRAFT HOSPITALITY GROUP, LLC.** Arts. of Org. filed with the Secretary of State of NY (SSNY) on 08/30/2016. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to 630 East Lincoln Ave., Apt. 2H, Mount Vernon, NY, 10552. **Purpose: Any lawful act or activity.**

**NOTICE OF FORMATION OF Ben Gelinas Design, LLC** Articles of Organization filed with the Secretary of State of NY (SSNY) on 9/01/2016. Office location: Westchester County. SSNY has been designated as agent upon whom process against it may be served. The Post Office address to which the SSNY shall mail a copy of any process against the LLC served upon him/her is: 18 Orchard Street, Pleasantville, NY 10570. **Purpose: any lawful act or activity**

**NOTICE OF FORMATION OF OLI PLUS LLC,** Articles of Organization filed with Secretary of State of New York (SSNY) on 06/10/2016. Office in West-

chester County SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to **Beverly Walker, 16 N Broadway 3f White Plains, NY 10601. Purpose: any lawful act or activity.**

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**NOTICE OF FORMATION OF WANDERER NEWS, LLC.** Articles of Organization filed with the Secretary of State of New York (SSNY) on 9/30/2016. Office location: Westchester County. SSNY designated agent upon whom process may be served against LLC to: 7014 13th Avenue, Ste. 202, in Brooklyn, NY, 11228. **Principal business address: 255 Huguenot St., Apt. 202, in New Rochelle, NY, 10801. Purpose: any lawful act.**

**NOTICE OF FORMATION OF MOBIGRAM LLC.** Articles of Organization filed with Secretary of State of New York (SSNY) on August 17, 2016. Office in Westchester County. SSNY designated as agent upon whom process may be served and shall mail process to the principal business address: 29 Faith Lane, Ardsley, New York 10502. **Purpose: any lawful acts.**

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# The Parallels in the Life Cycle of Your Child and Your Glass of Wine

Very few things in life are not in a constant state of change. Our lives are in perpetual motion as we traverse through numerous life passages, at times in total control of our destiny and at other times seemingly at the mercy of the whim of greater forces.

I was ruminating on this recently as I was savoring a fifteen-year-old glass of fine California Cabernet Sauvignon. I've often stated that wine is one of the few products in nature that changes its physical character and composition in a manner that is somewhat aligned with human development.

As a living, breathing organism, a fine wine's life cycle can span a long period, as it evolves from a basic fruit juice to a complex, nuanced embodiment of the influence of its maker. This evolution in a bottle, if you will, takes place with varying results. Just as human development is impacted by an individual's history and environment, so too is it with wine.

Certain wines reach their peak early in their life cycle, never to improve, while others have an intrinsic potential that evolves and blossoms over time. In many ways this is similar to the developmental

stages of a child, who 1) is born into the world with the imprint of his or her genealogy, 2) is nurtured in unique familial surroundings and 3) ultimately matures as a unique representation of his or her upbringing.

With wine, there are certain aspects of winemaking that affect each stage of its life cycle.

One winemaker will nurture a wine, intending it to mature at an early age, with minimal intervention, releasing the wine into the market to be evaluated on its own merits.

Another winemaker will painstakingly coddle and cuddle a wine in its youth, intending for the bottled wine to continuously evolve, not achieving its true expression for decades, as it interfaces with, and is influenced by, its environment. So too with human development.

What are the physical attributes of a bottled wine that allow for such diversity in the end product? What is the physiological process a wine undergoes in a bottle that determines its level of maturity and superiority? In some respects, they parallel human development.

There are four basic components of

wine, each present in varying degrees and exerting varying influences: tannins, acidity, taste and alcohol. The combination of each of these determines the final style and life cycle of wine.

1) Tannins provide longevity. Somewhat harsh and unrefined at first, over time they soften and add a strong backbone and character to wine. Certain winemakers avoid tannins in order to produce a fresh wine that may be enjoyed in its youth. Others seek out high levels of tannins, which while initially harsh tasting, will soften over time and add complexity, sophistication and longevity to a wine. So too with human development.

2) The level of acidity and 3) the taste (fruit) in a wine will determine its balance. Too little acidity and the wine may be lush but without any distinction. Too much and the end product may be acerbic and off-putting. As a wine matures, its acidity softens and its taste declines, so that the end result may be either a bland wine or a well-balanced, nuanced product with deep-rooted complexity. Each winemaker seeks the ideal balance. At times this is immediately evident; other times it may be years before such balance is achieved. So too with human development.

4) The level of alcohol remains con-

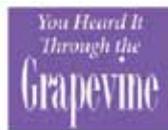
stant throughout the life of a wine. Early on, it may create a harsh and unbalanced wine. As a wine matures, the alcohol will tend to mellow the overall character of the wine, making it more approachable and pleasant. So too with human development.

Just as we observe our fellow humans as they age and mature, developing our own perception of their personality and character, so too with wine. But don't over think either. Appreciate, and enjoy, them for what they are: products of their environments, for better or worse.

*Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted numerous wine tastings and lectures. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine*



By Nick Antonaccio



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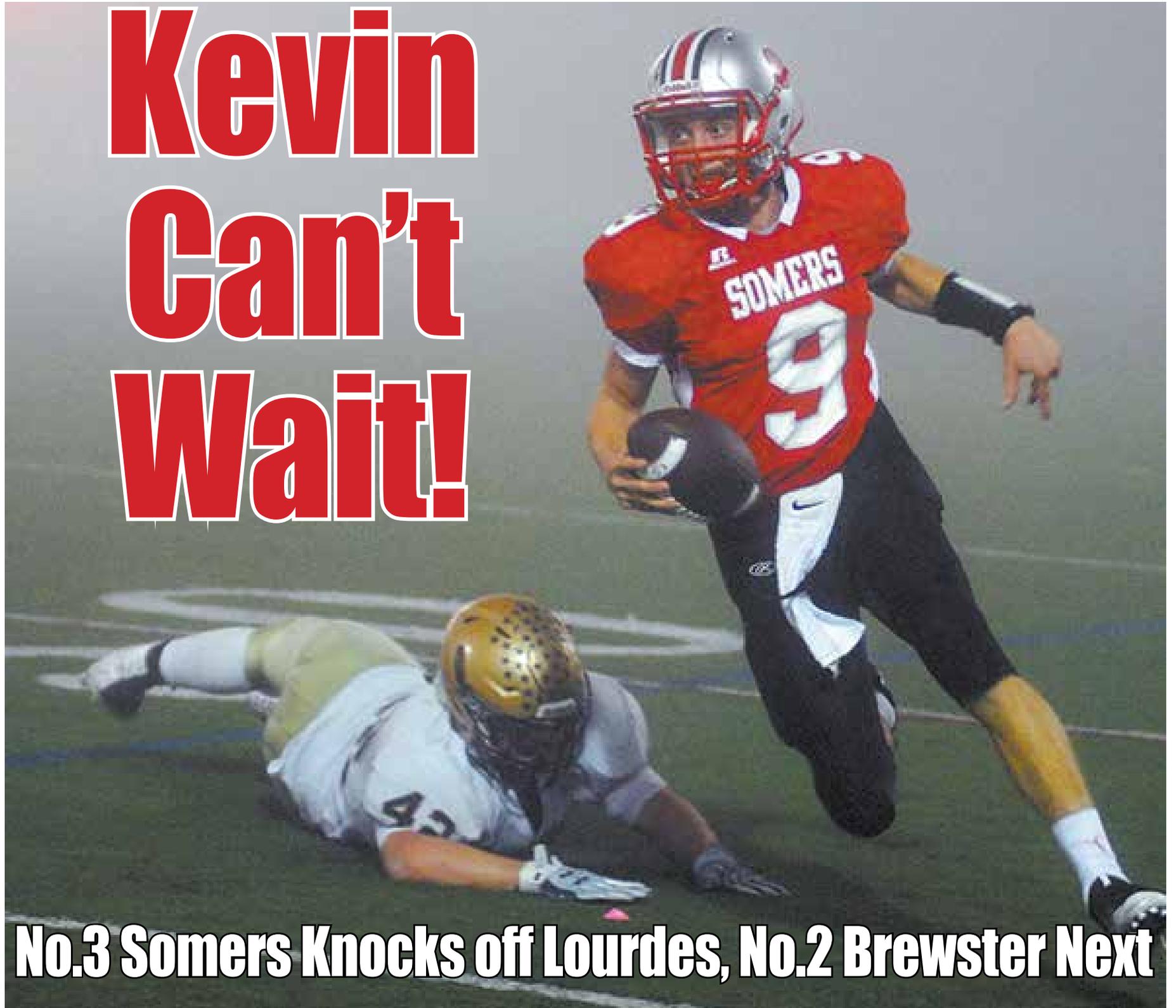
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SMALL NEWS IS BIG NEWS

SPORTS SECTION

**Kevin  
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**No.3 Somers Knocks off Lourdes, No.2 Brewster Next**

RAY GALLAGHER PHOTO

Somers QB Kevin Olifiers (9) and the third-seeded Tuskers went in to seek and destroy mode shortly after defeating visiting No.6 Our Lady of Lourdes, 28-14, amidst a deep fog last Friday night. State-ranked (No.9) Somers can't wait for this Friday as the Tuskers (7-1) look forward to a highly anticipated Section 1 Class A Final 4 showdown with undefeated No.2 host Brewster (ranked No.7 in NYS). The survivor advances to the finals to face the No.1 Yorktown/No.5 Rye winner... see Grid Notebook

# No.1 Yorktown, No.2 Brewster, No.3 Somers Advance to Final 4

*Bears to Clash with Tuskers, Huskers Face Rye; Carmel Gives New Ro' Fits in 6-0 Loss*

By Ray Gallagher  
Examiner Sports Editor  
@Directrays

We haven't had a year like this on the local gridiron in at least a quarter century, whereby three Class A teams from the Northern Westchester/Putnam County region have reached the Final 4 and remain firmly affixed among the contenders for the Section 1 crown; not to mention Carmel's strong showing on the Class AA circuit and the resurrection of Hendrick Hudson in Class A.

We're getting down to the nitty gritty this Friday when the star power – including Brewster QB/DB Jack Guida and RB/DB Henry Terry, Yorktown RB/LB Brett Makar and QB/DB Jose Boyer and Somers RB Messiah Horne and WR/DB Matt Pires – will be out in force with top-seeded Yorktown hosting No.5 Rye (7 pm) and No.2 Brewster hosting No.3 Somers (7 pm) after all four advanced with convincing quarterfinal triumphs.

**BREWSTER's** rematch with No.7 Hen Hud was supposed to be the second coming of what might have been the game of the year back in Week 3 when the Bears overcame a two-TD halftime deficit to eke out a 56-49 win for the ages. However, despite the Sailors (5-3) coming off a huge come-from-behind upset of Rye, the state-ranked (No.7) Bears (8-0) would have none of it. Brewster dominated in the trenches, putting an absurd amount of pressure on Sailor gunslinger Nick Cunningham on one side of the ball while Brewster's offensive line blew up the line of scrimmage on the other side of the ball.

"Oh, definitely, our offensive and defense line has only been getting better," Guida said, "and we were able to get to Cunningham a lot faster, which is what we needed cause he's so accurate and they have athletic receivers. That helped on defense and we were able to run a lot of power on offense because our big guys up



Brewster DL Connor Dignan sacks Hen Hud QB Nick Cunningham.

front won the game for us."

As he was the first time they met, Guida was uncontrollable, rushing 28 times for 228 yards and four touchdowns. Terry added an 82-yard kick return for a TD and a two-yard rushing score, which was set up by Rob Peifer's 45-yard punt return to the Sailor four.

Bears Guida, Connor Dignan, Nick Leahy and Brian Milano each put a sack on Cunningham, who was running for his life at times. Dignan was a force, hurrying Cunningham into costly interceptions by Manny Costales and Michael Buonadonna. Cunningham, who is four TDs shy of setting a new Section 1 record for scoring strikes, finished 26 for 45 for 288 yards and three TDs. Underclassmen Alan Porter-Jackson and Michael Fasolino, plus senior Marquan Anderson, all caught TD passes for the Sailors. Fasolino, just a sophomore, showed glimpses of a promising future with two sacks of Guida, who is tough to bring down and will be equally tough

for Somers.

"This is probably the biggest game I've ever played in," Guida said of the Tuskers. "If we wanna be the best, we gotta beat the best, so we'll have a good week of practice and we'll definitely be ready because we're all excited."

And now **SOMERS** (7-1), ranked No.9 in NYS, comes to town for what can only be called one of the most anticipated semifinals games between two programs that have gone punch for punch six times since 2009 (Somers holding a 4-2 edge).

"We're really excited," said Pires, who has 10 receiving and two rushing TDs this season. "Brewster is a great football team, and we have to keep getting better each day his week to get prepared for this big game."

Somers senior Horne rushed for four touchdowns and 200 yards, paving the way for a 28-14 win over No. 6 Lourdes. Since the third game of the season, Horne has been an unstoppable force, according to legendary Coach Tony DeMatteo. And



Somers' Chris DiCintio (57) and Jack Gilroy (8) relish in Tusker triumph while teammate Jake Graham extends a hand to Warriors player.

on one of the foggier nights in Northern Westchester history, Horne looked like a blur and while OL 'Nicky G' Gargiulo was pancaking blokes about.

"Messiah, early on, had heat exhaustion in one game and didn't play well against Yorktown, but ever since he's been balling" said DeMatteo, who will coach in his 12th Final 4 since coming to Somers in 2000. "The biggest problem was not knowing the down and distance because the chains were clear across the field and we couldn't see them at all. The kids could still see, but we couldn't see. I think the kids were nervous at first but we told them at halftime to settle down, that this wasn't life or death. It's a football game and they needed to go out there and have some fun, and we played much better in the second half. I'm very proud of this group, they've worked really hard and really prepared for this."

Horne, along with Pires, will be the point of contention for the Bears, who match up extremely well with the Tuskers



Brewster DB Mike Ercole breaks up pass intended for Hen Hud WR Marquan Anderson.



Somers RB Messiah blows past a slew of Lourdes defenders in Tuskers' in 28-14 playoff win over Warriors Friday.



Brewster RB Rob Peifer takes on Hen Hud's Manny Carbone in Bears' 42-28 playoff win over Sailors Friday.



Hen Hud sophomore Mike Fasolino breaks from from Brewster DL Nick Fahey in Bears' 42-28 playoff win over Sailors Friday.



Hen Hud WR Alan Jackson-Porter makes superb grab over coverage of Brewster's Mike Buonadonna in Bears' 42-28 win over Sailors Friday.

up front. The unit that wins the trenches will likely survive and advance because Horne has put his ball security issues



Brewster QB Jack Guida takes on Hen Hud tacklers A.J. Pennella and Jordan Grullon (28) in Bears win Friday.

behind him and neither team is turnover prone.

"Credit goes to my line, we had to get revenge for last year (playoff blowout to Lourdes)" said the 5'10", 180-pound Horne, who has rushed for 18 TDs and over 10 yards per carry (1,276 yards). "The line and my fullbacks get the credit (for the four touchdowns). They did it all and I'd be nothing without them. We really gotta grind this week to get ready for Brewster. We gotta prepare."

DeMatteo and his staff were hard at work Saturday, breaking down Guida and the Bears.

"He's a tremendous football player," DeMatteo said. "I haven't seen him in this role (QB) in person, but I'll watch a lot of film on him."

**YORKTOWN** (8-0), ranked No.4 in NYS, took a little longer than it would have like to get rid of No.8 Sleepy Hollow,

who eventually succumbed to Yorktown's terrific twosome of Makar and Boyer, who, side by side in both football and lacrosse, are in the discussion of all-time great two-sport Husker duos. They went for a combined 535 all-purpose yards against the Headless Horsemen.

Boyer (5 of 10, 130 yards passing) tossed two TD passes, one of which was a 40-yarder Hail Mary to Makar just before the half for a 21-7 lead, the other a 30-yard strike to RB Dom Cioffi (3 catches, 50 yards). The Notre Dame-bound lax star also rushed for 115 yards, including a 62-yard jaunt to paydirt.

Makar was equally invincible, rushing 30 times for 210 yards and a score while going over 1,000 yards for the year. He added nine tackles, eight of the solo persuasion, a sack and a pick.

"The boys showed up pumped to play,"

said Makar, who has a team-high 18 total TDs this season. "Shout out to my O-line. I gotta give the big boys up front all the credit. Rye's a great team and has been for as long as I can remember growing up in Yorktown. They're a great football team and we like to think we're a pretty good one too. We just gotta get back to grinding Monday through Thursday and hopefully it will pay off on game day."

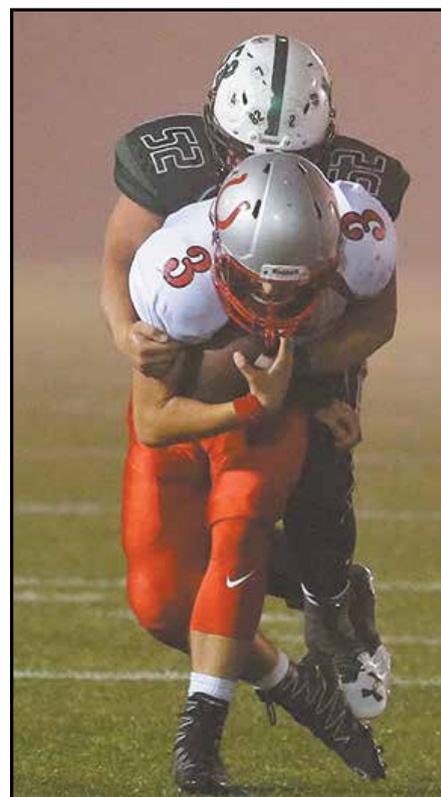
#### CLASS AA

**No.7 CARMEL** (5-3) saw its playoff hopes dashed on the road at No.2 New Rochelle (8-0) despite having

outgained the 10-time Section 1 champion Huguenots in a devastating 6-0 loss. The Rams were deep in New Ro' territory twice but came away fruitless, including once inside the final 5:00. Two of Carmel's three losses this year were to undefeated semifinal teams (Arlington), so the defensive-minded Rams have had a terrific season and are fractions away from being 8-0 themselves... woulda, coulda, shoulda!



Yorktown's Brett Makar busts up the gut for TD in playoff win over Sleepy Hollow last Friday.



Yorktown's Anthony Diciano puts a sack on Sleepy QB in Husker playoff win Friday.

#### CLASS B

**PUTNAM VALLEY** (3-5) won for the third time in four weeks, blowing up Briarcliff, 40-0. Among the highlights was sophomore LB John Listwan's second pick-6 in as many weeks. Additionally, RB Adam Rukaj scored two TDs for the Tigers while Darnel Shillingford, Justin Acosta and QB Travis Anderson (1 TD rushing, 2 passing) also found paydirt. Prediction: Coach Elsasser's Tigers are a playoff team next year if they commit and apply in the off-season.

"The boys have been playing pretty well most of the season in my opinion," Elsasser said. "It had been mistakes in key situations that had been hurting us

the most at the beginning. We definitely have a lot of things to continue to clean up but the boys are starting to come together and play the way they are capable of playing. The team is excited about the opportunity to play in the Blythdale Bowl Game this Saturday. As for the future, the juniors and sophomores have really been stepping up early this season. Darnel Shillingford sophomore captain WR/LB and sophomore FB/LB John Listwan FB/LB have been a dominating factor on both sides of the ball. Adam Rukaj RB and Mike Nolan RB will be an exciting combination to watch running the ball. Mike Gaitan has shown diversity and toughness. Travis Anderson will also be returning to lead the offense at QB now. He has made some great strides both in his physical performance in recent games as well as his leadership abilities during practices."

**FINAL NOTE:** Nobody plays out the string on my watch, so even if you're eliminated from the playoffs, remember: If you're a senior, this is likely it for you; if you're an underclassmen you're building for the future. So, go hard or go home!

#### NWE/Putnam Examiner Fab 5 Grid Poll

**No.1 YORKTOWN** - Will shed the back-breaking monkey that is Rye if Huskers bring A-game, but Garnets are toughest No.5 seed I can recall and come in with the notion of eliminating Yorktown for a 4th-straight year.

**No.2 BREWSTER** - Go ahead, shut down Guida, and Terry will break one off on ya. P.S. shutting down Guida is easier said than done #YardsAfterContact.

**No.3 SOMERS** - My concern is the penalties, but if they clean up their issues and limit Guida's damage, the Tuskers are going to their third title game in five years.

**No.4 CARMEL** - When you hold New Ro, among the best programs in state history, to a six-spot, you've done one hell of a job.

**No. 5 HEN HUD** - Hard to fathom this Mike Fasolino is just a sophomore. This man among boys could go down in Sailor history as Hen Hud's finest football player when all is said and done.

# Yorktown, Somers Boys/Girls Getting it Done on Pitch

By Ray Gallagher  
 Examiner Sports Editor  
 @Directrays

With Class A Somers' and Class AA Yorktown's boys' and girls' soccer programs currently playing at extremely high levels, and the Class A Lakeland boys and girls doing likewise through the first round of the Section 1 playoffs, the state of soccer between the 12-mile radius of the three schools is as high as its been in quite some time.

Heading in to the second round of their respective tournaments, all six teams were alive and well.

For a program that is always competitive and usually among the mix of Class AA contenders, the **YORKTOWN** girls should never fly under the radar. Yet, despite earning a No.3 seed in the post season, that's exactly what happened. The Huskers



RAY GALLAGHER/RICK KUPERBERG/BOB CASTNER PHOTOS  
 Hen Hud G Jaelynn Smith makes one of 28 saves against barreling Tuskers Katrina Kurtz in Tuskers' 4-0 win over Sailors.



Somers' Jessica Rodriguez deals with Hen Hud's Randi Blitzer in Tuskers 3-0 playoff win over Sailors Saturday.



Yorktown's record-setting sniper Alyssa Francese and the surging Huskers face Carmel in today's sectional quarterfinals.

entered the tournament flying high, courtesy of a 1-0 win over state-ranked (No.2) Somers in the finals of the Husker Tournament. Ariana Pjetri scored just minutes into the game off an assist from Alyssa Francese, who has been among the most prolific playmakers/scorers in Section 1 all season. Last year, Francese broke Samantha Russo's school record of 24 goals (set in 2007). This year, the Stony Brook-bound senior is on the mark again this year with another stellar season, breaking Russo's record for career goals (71), not just breaking it, but shattering it with nearly 30 tallies this year.

Yorktown took that momentum into the playoffs and ran with it, posting a dominating 5-0 win over

No.14 RCK. Yorktown's Ciara Frawley scored from Ivanna Pjetri (1G, 1A) to make it 2-0 after Ellen O'Callahan spotted the Huskers a 1-0 lead. Francese added two insurance goals for the Huskers, who face No.11 Carmel in today's quarters.

**GIRLS PLAYOFFS**

There is no bigger story on the pitch this week than the one coming out of **PUTNAM VALLEY** where the Tigers (11-4-1) made history, winning a playoff game for the first time since the program's inception back in the early 2000s. Lindsay Cohen, a vibrant eighth-grade forward, tallied the game's only goal the 16th minute, accepting Amy Deegan's cross and finishing for a 1-0 win over No.11 Dobbs Ferry. The sixth-seeded Tigers will face No.3 Albertus Magnus in this week's quarterfinals.

PV Coach Keenan Deegan, he of former NYS championship fame at Somers High,

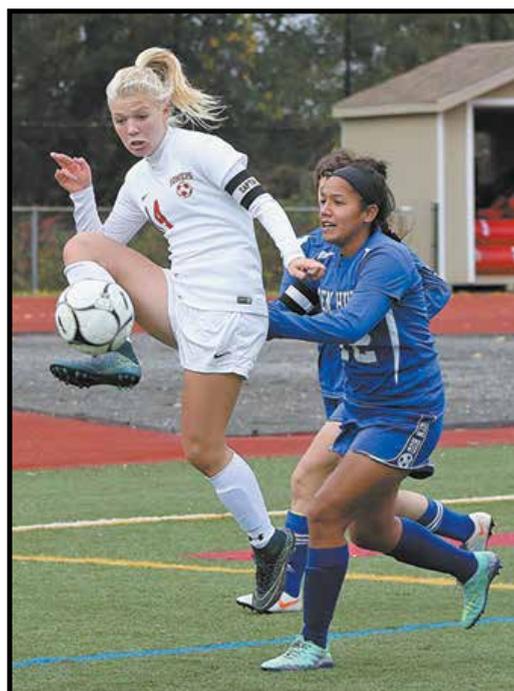
has worked wonders with this youthful unit and deserves our tip of the cap...

**SOMERS**, the No.1 seed, scored just 25 seconds into their opening-round win over Hen Hud and never looked back in a 4-0 win. Jenna Menta (2G, 2A) and Melina Couzis (2G, 1A) were surely in step with one another, much like the two D-I-bound snipers have been the past three years. The state-ranked (No.2) Tuskers will face No.9 Tappan Zee in today's Class A quarters. Even things beyond Somers' control worked out for them over the weekend when state-ranked (No.17) Rye, the No.2 seed was shocked by No.15 Eastchester, 1-0, on PKs.

**MAHOPAC**, the No.9 seed, got it done on the road behind two goals from freshman Carly Steinberg, who is really making a strong push here since the second half of the season. A rookie no



Somers M Dani Cucchiarella and Hen Hud's Katy Kenny really get after a head ball in Tuskers' 4-0 win over Sailors Saturday.



Somers M Melina Couzis in action against Hen Hud's Melanie Porras in 4-0 Tusker win over Sailors Saturday.



Somers senior Jenna Menta contends with Hen Hud's Randi Blitzer in Tuskers 4-0 Class A playoff win over Sailors.

# Sports

# Soccer Notebook

more, Steinberg added an assist while Ellen Walpole (1G), Morgan Kirby (1G), Ailis Martin (1A) and Sam Colatruglio (1A) also figured in the scoring for the surging Indians, who face No.1 Horace Greeley (ranked No.11 in NYS) in today's Class AA quarters.

**LAKELAND**, the No.13 seed, went on the road and survived a 2-1 win over No.4

Nyack to advance to the quarters for a second year in row on goals from Mauro from Bloss and Flanagan from Mauro. Lakeland's win was one several wild outcomes on the Class A front whereby a slow of low seeds knocked off favored top seeds, including, and none bigger than, No.11 CARMEL, which shocked No.6 John Jay EF, 1-0. The Rams' win sets up

Sangiaco (2G, 1A) did what they are expected to do; set each other up and finish (the two have combined for 28 goals this season). G Mauricio Arango (8 saves) notched the shutout as the previously state-ranked Huskers attempt to recover from a rocky finish to the regular season.

The second-seeded Huskers will also face a tough quarterfinal challenge against No.10 OSSINING (9-6-1), which got two goals from freshman Nolan Lenaghan in a 3-1 win over RCK. Miguel Marra, Ossining's, 16-goal scorer, will also be the Huskers' focus.

**LAKELAND** (12-3-2) defeated Sleepy Hollow, 4-1, behind a well-balanced attack that produced four scorers, including Matias Prando, Nick Foci (14G this season), Luka Rudovic and Carlos Delmonte. All four had an assist as well for the Hornets will host No. 5 Tappan Zee in last night's extremely difficult quarterfinal.

Prior to the playoffs, Hornet Coach Tim Hourahan speculated that, with such a deep field, the 2016 quarterfinals would be as competitive as a semifinal round in any other year. And with TZ visiting the Hive and Keio coming to Tusker Nation, nothing is a given; though a Lakeland/Somers final matchup this Saturday at the Hive would certainly be a juicy nugget in this neck of the woods. The League I-C champion Hornets (7-0-1 in league) are the only team to put a

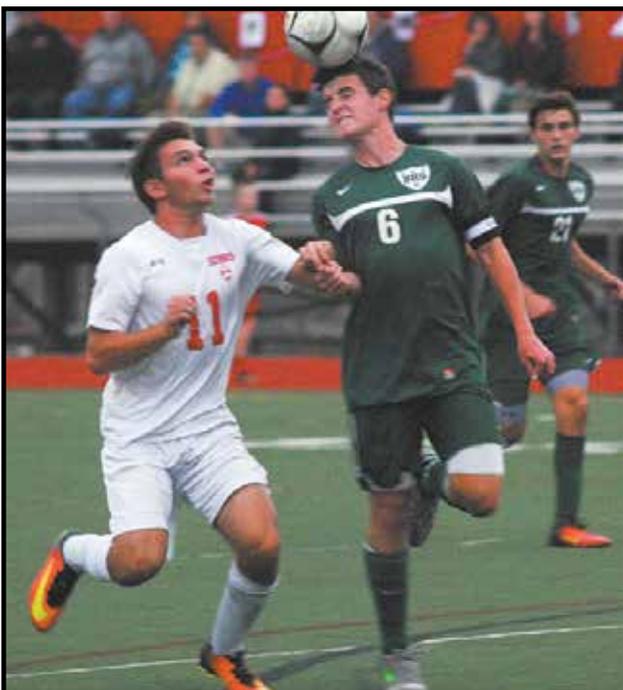
blemish on Somers this season, defeating the Tuskers twice.

No.9 MAHOPAC (7-8-2) had its Class AA campaign come to an end in a 2-0 loss to No.8 New Rochelle. The Indians' lack of bona fide scoring was its undoing as they failed to provide consistent pressure.

*Boys' and girls' soccer coaches are encouraged to email raygallaghersports@gmail.com for inclusion in our weekly notebook (your players deserve the five minutes it takes to do so).*



The reaction to Somers D Evan Kieltyke's goal in 2-0 win over Brewster.



Brewster's Brendan Feehan (R) plays header in front of Tusker Jon Riina in 2-0 Somers win.



Somers D Evan Kieltyke (25) gets above all to head home a goal in Tuskers' 2-0 win over Brewster last Thursday.

a clash with Yorktown. Carel scored in the first three minutes. Ram Alexa Dapolito intentionally drove the ball off a JJEF defender, giving Carmel a corner kick, which Gina Henson (1A) sent perfectly toward Mariya Gura, who volleyed it to the back of the net.

**BOYS PLAYOFFS:**

The 14th seeded **BREWSTER** boys were not supposed to give No.3 SOMERS the fits they did in the opening round of the Section 1 Class A tournament. Leading 1-0 at the half, though, Somers found a way to hang on for a 2-0 win, and if the state-ranked (No.4) Tuskers (14-2-1) thought that was tough, wait until they see No.11

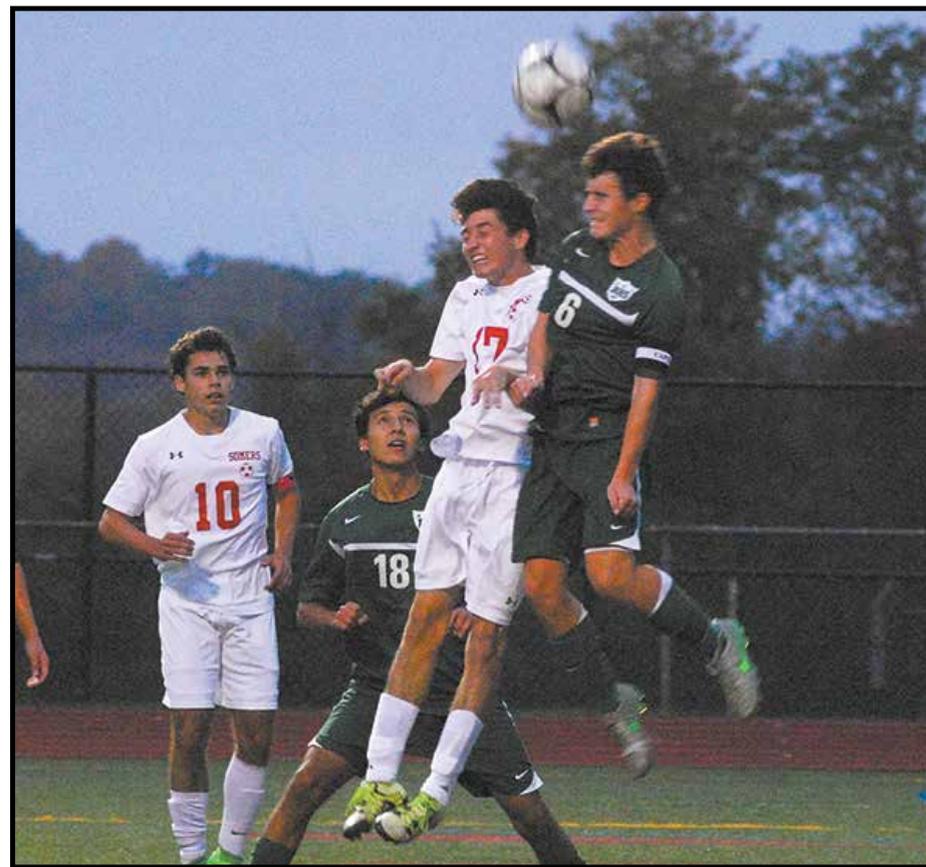
Keio, which has been a form of kryptonite over the years to many Section 1 programs, in Monday's quarterfinal round (last night).

Somers got a first half tally from D Evan Kieltyka off a throw-in from Graham Roediger and a late PK from M Jack Maher to beat Bears junior netminder Michael Charbonneau, who made several huge stops to keep the Bears (8-8-2) in the game.

**YORKTOWN** (11-4-1) saw its big guns get it done in a 3-0 win over Sleepy Hollow, whereby Joey Landicino (1G, 1A) and Enzo



Brewster G Mike Charbonneau punches away a shot header from Somers' Jon Riina as Anthony Ferrandino (21) assists in Tuskers' 2-0 playoff win over Bears.



Brewster's Chris Feehan and Somers' Graham Roediger sky high to play head ball in 2-0 Tusker win.



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