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# The NORTHERN WESTCHESTER Examiner



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**FREE**

August 4 - August 10, 2015

SMALL NEWS IS BIG NEWS

Volume 7, Issue 294



BILL POWERS PHOTO

The Entergy Laser Light Spectacular lit up the night sky at Riverfront Green Saturday in Peekskill, capping off the Hudson Valley Gateway Chamber of Commerce's Hudson Valley Exposition. For more photos, see pages 12-13.

## 'Quality of Life' Issues Addressed by Peekskill Candidates

By Rick Pezullo

The Democratic slate of candidates for Peekskill Common Council unveiled their Positively Peekskill quality of life agenda last week, prompting a rebuttal from Mayor Frank Catalina, including unfair campaign practice charges.

Mayoral hopeful Ken Martin and his council running mates, incumbents Kathleen Talbot and Vivian McKenzie and Andre Rainey, said their six-point platform stemmed from concerns raised by residents. Their plan centers on ensuring Peekskill is an appealing, affordable residential community that's inviting for young families and senior citizens alike.

"As we have walked across Peekskill, residents have taught us a great deal," Martin said. "It is clear that residents

want a safe and inviting environment that embraces Peekskill's unique cultural diversity, expands its commercial base, promotes quality education, provides comprehensive recreational opportunities, and at the same time keeps taxes manageable."

"We want to lay out a positive agenda for the future. That's why we named our campaign Positively Peekskill," Talbot said. "We live in a great small city with wonderful things to offer. It is a really good place to raise families, enjoy community, be accepted, create art, enjoy nature---all while being easy on the pocketbook. We have a lot to offer developers and businesses: let's remember that. We want to deal with our challenges head-on

Continued on page 2

## Habitat for Humanity Comes to the Rescue of Fire Victims

By Rick Pezullo

One of the missions of Habitat for Humanity of Westchester is to eliminate poverty and homelessness throughout the region, and oftentimes its army of volunteers find themselves lending a helping hand when a crisis strikes.

Two weeks ago, a fire in a home at 141 Fremont Street in Peekskill left approximately 103 adults and children from 21 apartments homeless and without most of their belongings. Since then, they have been struggling to rebuild their lives.

"Their whole life was upended in one day," said Jim Killoran, executive director of Habitat for Humanity of Westchester. "The heart of our mission is that people can live simply and decently in Westch-

ester. We do what's right. We bring hope every time we're there."

Working in conjunction with Assumption Church and city officials, Killoran and his crew have been operating out of an undisclosed warehouse in Peekskill providing furniture, baby carriages and other items to the displaced families. Since last week, Killoran said approximately \$10,000 worth of furniture have been given to about half of the affected families.

Most of the furniture came from Habitat's ReStore in New Rochelle, a place where companies and individuals donate new and lightly used furniture for those in need. Through other contacts, Kil-

Continued on page 4



BILL POWERS PHOTO

Habitat for Humanity Executive Director Jim Killoran with one of the Fremont Street fire victims.

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# 'Quality of Life' Issues Addressed by Peekskill Candidates

*Continued from page 1*

and that's how we will improve the quality of life for all our residents."

The Democrats proposed establishing a Quality of Life Task Force in the Police Department to address petty theft, graffiti and vandalism, but Catalina explained a task force consisting of police, fire, sanitation and building department employees who regularly monitor potential violations in the city, such as overcrowding, already exist.

Meanwhile, to upgrade the city's aging water main, deteriorating roads and sidewalks and sewer infrastructure, Martin and his running mates vowed to create a 10-year infrastructure plan that would identify long-term financing.

Catalina maintained Martin was unaware how many miles of roads, sidewalks and water mains were in Peekskill and how much it would cost to make all the

necessary improvements, which he estimated would be more than \$200 million.

"Even 'bonding' such an expense, a favorite of Talbot and McKenzie, holdovers from the Foster era of reckless spending that brought you \$18 million in deficit spending for six years, would add 6 to 8% to the taxes every year for the 20 or 30 years of the bond!," Catalina remarked. "So, I would ask these candidates, seriously and specifically, what are you going to do and how are you going to pay for it?"

What really got Catalina's goat was the Democrats' promise to stay under the state imposed property tax cap when they inferred Catalina attempted to exceed the tax cap last year and argued for an 8% tax increase.

In fact, Catalina took his beef to the Westchester County Fair Campaign Practices Committee, contending Martin was spreading "absolutely false and mis-

leading" information about his record.

"It is very unfortunate that when you have no ideas, you have to resort to lies to tear down what has been a very successful administration taking Peekskill from the depths of financial ruin to a reborn city on the path to financial stability," Catalina said. "They want to stay within the tax cap. Who doesn't? The problem is that with an average spending deficit of \$3 million per year, they (Talbot and McKenzie) have continued the Foster fiscal mismanagement of our finances by sticking to a tax cap, yet exceeded spending, refusing to make the cuts. They have, in effect, raised taxes 10% every year higher than the increases we have received (\$3 million, 10% of our budget)."

"I would say simply, if you want to be honest and stay within a 'cap,' then make the necessary cuts in spending to be intellectually honest about it," he added.



Ken Martin

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#### Q: How does breastfeeding benefit my baby?

**A:** There are many benefits, which continue as your baby develops. The World Health Organization (WHO) finds that babies who are exclusively breastfed have fewer ear infections, serious illnesses and allergies than those who were not breastfed or were partially breastfed. Moreover, the AAP reports a more than one-third drop in the rate of Sudden Infant Death Syndrome among breastfed infants. Breastfed babies are also less likely to become obese adolescents or adults. Interestingly, the composition of breast milk changes over time to support baby's ongoing developmental needs.

At Northern Westchester Hospital, new parents have access to a lactation expert 24 hours a day, seven days a week. Visit [www.nwhc.net](http://www.nwhc.net) to learn more.

#### Q: What are the benefits for mom?

**A:** The advantages for mothers are numerous. Breastfeeding women often find it easier to lose their pregnancy weight quickly. In addition, the WHO finds that women who breastfeed lower their risk of breast and ovarian cancers. Breastfeeding also decreases a woman's risk of developing both Type 2 diabetes and osteoporosis. There are also important psychological and emotional benefits: nursing offers peaceful downtime that can have a restorative and meditative effect on the busy mother of a newborn.

#### Q: How do I succeed at breastfeeding?

**A:** Some new mothers worry they "won't do it right." Others are concerned about painful, sore nipples or that their baby won't get enough milk. First-time mothers are often unsure how to continue breastfeeding once they're back to work. Preparation is the key to success. I advise every expecting mother and their partner to take a breastfeeding class in the last trimester of pregnancy. You'll feel empowered and gain confidence by learning what to expect during the first weeks with a newborn. You will be ready to experience this intimate act of love between mother and baby.

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# Murphy Launches Petition to Protect Pets after Animal Abuse Bust

By Rick Pezzullo

State Senator Terrence Murphy (R/Yorktown) launched a pets' protection petition last week following the report of two pet shop workers in Wappingers Falls for animal cruelty.

Murphy said he was spearheading a Protect Our Pets effort to pressure the state Assembly to pass what he labeled "crucial legislation" to provide added protection to animals statewide.

"Any case of animal cruelty is not just wrong but sickening to hear about," Murphy remarked. "I was proud to sponsor and support several key pieces of legislation this year which would protect our pets and ensure those who do harm

animals are held accountable for their actions."

Richard Doyle, 55, was charged last week by Danbury police with three counts of animal cruelty following allegations that he failed to properly care for two dogs and a cat at the American Breeders Puppies & Kittens pet store in Wappingers Falls that he owns. Two of those animals were reportedly euthanized.

Doyle also owns the American Breeders Puppies & Kittens store on Route 6 in Mohegan Lake.

Kathy Seton, manager of the Wappingers Falls location, was also charged with two counts of animal cruelty after an employee blew the whistle to Dan-

bury police.

In June, the state Senate passed a bill sponsored by Murphy that would increase the penalty for multiple convictions of torturing, killing or failing to provide sustenance to an animal to a felony, if convicted within five years from the date of a prior conviction. The measure passed 61-1.

Meanwhile, Murphy is also calling for the passage of a separate bill that would make it easier to prosecute people causing serious injury to a companion animal. Other pending bills would modernize animal cruelty laws to promote consistent enforcement by law enforcement officials and the courts, and estab-

lish a public registry of people convicted of animal cruelty.

"Animal cruelty is a key indicator of future violence toward human victims," Murphy said. "New York has an incredible opportunity to pass meaningful legislation which would punish those who commit these heinous acts."

Margaret Cunzio, a foster for the SPCA of Westchester in Briarcliff Manor and Second Chance Rescue NYC, supports any added protection for animals.

"As the owner of seven rescue pets, I thank Senator Murphy for his leadership on this issue and encourage residents to add their name to the Protect Our Pets petition," she said.

# Solaris Unveils "Grit" Training to Westchester and the Hudson Valley

It's a term that's been tossed around health clubs for years, but now the concept of "Grit" has taken on a life of its own.

The cutting-edge Grit workout series, created by the world-renown fitness experts Les Mills, has arrived exclusive to the area at Solaris. "Grit" is a high-intensity interval training program with 30-minute sessions available throughout the day beginning in early September.

Solaris began demonstration classes to its membership on August 3, and the response has been beyond all expectations

the club had for it.

"Grit gives the hardcore workout enthusiast, the competitive athlete and even the more casual gym goer the opportunity to take their fitness up several levels," said Elizabeth Chang, Solaris' Director of Fitness & Membership. "Anyone who commits to three of these classes a week for eight weeks will absolutely see the transformative effect they'll have on your physique."

The three unique programs that comprise Grit are each designed to achieve different results. They are: Grit Strength,

for building strength and lean muscle, Grit Plyo, for a powerful and athletic body, and Grit Cardio, for fat burning and improving athletic capability.

Unquestionably challenging workouts, Grit was designed with science and safety at the forefront. The classes unfold with an accelerated warm up before kicking into high gear with sequences that—according to its creator—"leave your comfort zones in the dust."

"In my 20 years in fitness, I haven't been this enthused about a fitness program—

ever," said Chang, a certified Master Trainer. "The bodies our members have always wanted are within their reach, and they'll start seeing results quickly."

Solaris offers a total fitness experience with a complete line of work out equipment, free weights, two studios for group fitness, and a women's-only area. A fixture in the community since 1972, Solaris, which also offer tennis, basketball and a turf field, is currently enlisting new members.

For further information, call (914) 962-4094.






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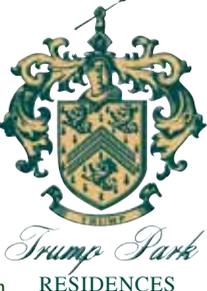
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# Habitat for Humanity Comes to the Rescue of Fire Victims

Continued from page 1

loran was able to secure mattresses.

"We love Peekskill. We have a lot of great relationships in Peekskill," said Killoran, who noted he has been trying to open a ReStore in the Peekskill/Yorktown area. "People help each other during these disasters. I do these a lot. It's like the back of my hand. If people need help, the ReStore becomes a huge

resource."

No residents were injured in the blaze that broke out about 7 p.m. on July 20, but eight firefighters were treated and released at New York Presbyterian-Hudson Valley Hospital for heat related exhaustion. The Westchester County Cause and Origin Team is investigating the cause of the fire, which some sources reported may have been triggered by a faulty air

conditioning cord.

The American Red Cross set up a temporary shelter for families at Peekskill Middle School for three days after the fire, assisting about 20 residents. Assumption Church also has been providing assistance to the families, 90% of which were Hispanic, according to Killoran.

As part of his efforts to collaborate with as many organizations as possible

to provide assistance to the victims of the fire, Mayor Frank Catalina was scheduled to meet with the Consulate General of Ecuador Monday in his City Hall Office to discuss any support the Consulate General of Ecuador may be able to offer.

Killoran said anyone interested in donating furniture, school supplies or money can send an email to relief@habitatwc.org or call (914) 403-4821.

# Name of Park and Track Behind YCCC Won't Change

By Rick Pezzullo

The Yorktown Town Board opted last week not to change the name of the Jack DeVito Veterans Memorial Park and Track after a request was made by a group of veterans.

Gerald Knapp, commander of the American Legion Post 1009 in Yorktown, told the board during a work session veterans are often being shortchanged by the media, the town and other organizations when the park behind the Yorktown Community and Cultural Center (YCCC) is only referred to as "The Jack DeVito Park" or "DeVito Field."

"The reference to a 'Veterans Memorial Park' is being obliterated," Knapp stated. "This is a sad moment given that

the park is on Veterans Road directly across from both the American Legion and VFW posts."

Knapp said there were 250 active veterans who are members of the American Legion and VFW posts in Yorktown and approximately 1,000 veterans in the Yorktown area. He further maintained about 4,000 families in Yorktown had a

living or deceased relative who served in the military.

In 1994, the Yorktown Lions Club and local contractors built the gazebo at the park and it was dedicated in honor of Jack DeVito, a former Lions Club member. No formal resolution was ever adopted by the town board naming the park.

However, Eric DiBartolo, president of the Yorktown Chamber of Commerce, and a member of the DeVito Foundation urged the board last week not to make any changes to the name of the field. The board shared the same opinion but promised to make a conscious effort to promote the full name of the park and track in respect for the veterans.



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# Astorino Announces Film and Television Industry Added \$18M to County Economy in 2014

County Executive Robert P. Astorino announced today that the film and television industry boosted the Westchester economy by \$18 million in 2014, up from \$13.8 million in the previous year. The increase is attributable in large measure to a 32 percent increase in on-location production days, which totaled 318 last year.

The numbers are part of an economic report compiled by Westchester County's Office of Tourism & Film. The report includes a 2014 survey of local municipalities, which showed that 90 percent of the county's cities, towns and villages received revenue from the film and television industry; 66 percent of film productions patronized local businesses and 25 percent hired local vendors.

"The film industry in Westchester has never been bigger," Astorino said. "We are enjoying a starring role in Hollywood's featured films and successful television programs because of our incredible and diverse locations—from beautiful parks and shorelines, to historic Main Streets, charming neighborhoods and bustling urban sites. In addition, our team from Tourism & Film has

the knowledge to provide expert service to facilitate production in film-friendly Westchester County."

Productions filmed in Westchester earned 29 Emmy nominations in 2014, and 28 in 2015. Top rated shows, including Orange is the New Black (Netflix), The Good Wife (CBS), and Girls (HBO), have been recognized for acting, directing and casting, among other categories. Shows filmed in Westchester also earned nine Golden Globe nominations in 2014.

The film and television industry's interest in Westchester is expected to continue this year, fueled by repeat television series and the release of upcoming featured films, including Ricki and The Flash, starring Meryl Streep. Recent television series that have filmed multiple episodes—and in some cases, multiple seasons—in Westchester include, The Americans (FX, returns winter 2016), The Blacklist (NBC), Blindspot (NBC, premieres this fall), Boardwalk Empire (HBO), Elementary (CBS, returns this fall), "The Following" (FOX), Girls (HBO, returns winter 2016), The Good Wife (CBS, returns this fall), The Leftovers (HBO), Mr. Robot (USA, airing

now, renewed for 2016), Person of Interest (CBS), and Red Oaks (Amazon, pilot available online). Feature films that have recently wrapped include The Wolf of Wall Street, Winter's Tale, The Secret Life of Walter Mitty, and Ricki and The Flash. A full filmography can be found at <http://www.visitwestchesterny.com/index.php/film/filmed-in-westchester>.

"The number of productions filmed is proof that Westchester is ready, able and open for business," Astorino said.

For Westchester's municipalities, filming can provide a welcome revenue boost. "We've collected \$60,000 in fees over the past two years, and \$34,000 so far in 2015," said Bedford Town Clerk Lisbeth "Boo" Fumagalli. "When they are here, film crews patronize our downtown shops and restaurants as well."

The productions filming in Bedford over the past two years include Orange Is the New Black, and Girls, according to Fumagalli. The City of Rye reports that film has been a blessing for them as well, citing over \$100,000 in permit revenue generated over the past two years. "Filming is good for our town," says Diane Moore, Deputy Clerk. "Merchants see

benefits and the town collects revenue. It's also good exposure for Rye to the outside world."

The county's economic impact estimates are based on a formula used by the Association of Film Commissioners International (AFCI).

*About Westchester County Tourism & Film Tourism & Film is Westchester County's official destination marketing organization. Its mission is to generate economic benefits by enhancing the image and promoting Westchester County as a premier business and leisure destination in the Hudson Valley region. The Tourism & Film Office in Westchester County is a division within County Executive Robert P. Astorino's Office of Economic Development.*



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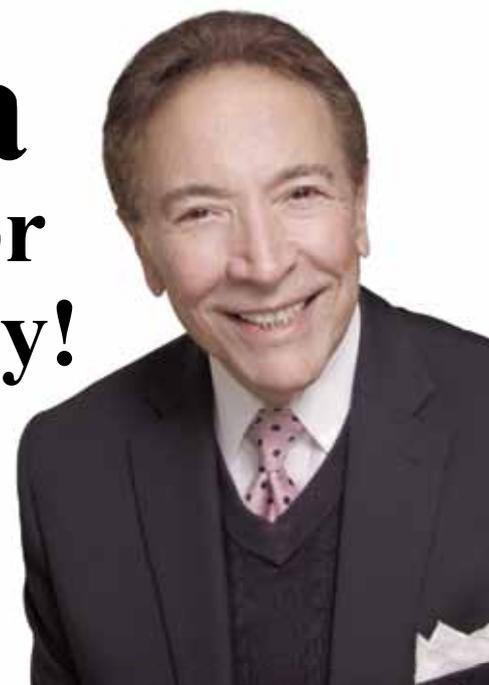
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## Obituaries

### Joan Cypher

Joan M. Cypher, a 1962 graduate of Ossining High School, died in her sleep July 18. She was 71.

She was born Joan Covert in Tarrytown on April 24, 1944 to North Tarrytown Fire Chief Kenneth L. Covert and Ruth Mowatt Covert. In 1966 she became women's editor for The Citizen Register. She left to join her mentor Mabel Hill Boyle at the Rockerfeller Family public relations office in White Plains. There she worked alongside Nina Jones Fink and Nancy McIntee Kissinger, among others.

She also held positions at Technicon Instruments Corp., several advertising agencies, including one she co-owned with her ex-husband, Robert M. Cypher, former Creative Services Director of Gannett.

Active in community affairs, Mrs. Cypher was a former member of the Croton-Harmon PTSA, served on the board of directors of the Westchester Community Services for the Hearing Impaired, and volunteered extensively for the Vietnam Veterans of America, Peekskill Paramount Theater and the Mental Health Association of Ulster County.

She is survived by her children John L. Cypher of Ulster Park, NY and Nicole

Dawson of Berkeley Heights, NJ; her grandchildren Nia and Julian Dawson; and her brother, former Ossining Fire Chief James Covert.

### Sr. Marie DeCurtis, F.S.P.

Sr. Marie DeCurtis, F.S.P. (Formerly Sr. M. Raymond) died July 28. She was 82.

She was born on February 18, 2015 to Raymond and Marie (Giadello) DeCurtis in New York City; where she was raised and graduated from Cathedral HS, received her BA in History from Ladycliff College and her Masters from Hunter College. She entered the Franciscan Sisters of Peace on September 8, 1950 and made her Final Vows on September 2, 1957. She worked as a Teacher at Franciscan High School in Mohegan Lake and later became the Administrator of the school; she then went to Assumption School in Peekskill for 14 years, and was the Secretary/Computer Room Supervisor at Maria Regina HS for 10 years. Sr. Marie has received certifications in both Social Studies and CCD and was a Member of the Middle States Evaluation Team.

She is survived by two step brothers Dominic and Anthony DeCurtis and two

step sisters Margaret Gabel and Carmela Lee and her cousins Loretta Burns, Paul and Jerome DeCurtis.



John Dvozenja

### John Dvozenja

John Dvozenja, a native of Peekskill, died July 27 at home in Lagrange. He was 80.

He attended Peekskill High School where he was a football star and a real ladies man. This is when he met his first wife Veronica Coons. He was an avid golfer and sports fan, who always enjoyed participating in sports as a young man and supporting all athletes later in life. Dogwood Knolls Golf Course was his favorite stomping ground, where he met

his wife Marilyn. They married August 16, 1975 at Saint Columbanus Church in Cortlandt. He was also a lifetime member of the Elks Club and worked for over 20 years at Gayhead Elementary School. Mr. Dvozenja spent his retirement years traveling to see his children and enjoying their many accomplishments. When at home, he enjoyed watching the antics of our many dogs, his favorite TV shows, and going out to dinner.

He is survived by his devoted wife Marilyn Dvozenja, Loving Children John J. Dvozenja and wife Maureen, Margaret C. Carhart and husband Paul, Kim M. Dvozenja, Joseph Dvozenja and wife Ashleigh, Melissa Dvozenja-Thomas and husband Andrew. Loving Siblings Milka Berberovic, and Walter Bittal and his wife Marge. five Cherished grandchildren and one great grandchild. His Dear In Laws Michael P. McGuire and wife Lois, Christina Duarte & husband Albert, Amelia Turrizianni and husband Roman, John Coons, Rosemary Coons

He was predeceased by his infant son, Matthew Dvozenja, his first wife Veronica Coons, sister Helen Kazmirowski, brother Joseph Bitil, sister -in-law Elizabeth Bitil, brothers-in-law John J. McGuire, Joseph Coons, and brother and sister-in-law Mary and Martin See.

*Continued on page 8*

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# Croton United Unveils Slate of Candidates for Village Board

By Rick Pezzullo

Croton United, a self-proclaimed non-partisan organization, recently announced its slate of candidates for the 2015 election.

Heading the ticket is former mayor and trustee Dr. Gregory Schmidt, who is looking to unseat incumbent Democrat Leo Wiegman, who has led the village since 2009.

Schmidt, also a registered Democrat, is a local chiropractor who has lived in the village for 30 years. He served two terms as mayor and three terms as trustee in the past. He currently heads the Croton Business Council branch of the Hudson Valley Chamber of Commerce and serves as president of Croton Rotary, where he is a key organizer of Summerfest and the classic car show.

During his tenure on the board, Schmidt maintained he was instrumental in improving departmental efficiencies and maintaining the village's finances on solid footing. He also said he presided over the completion of Croton Landing and initiated the Croton-Harmon Station parking lot drainage improvements.

Joining Schmidt are Village Board hopefuls Bob Anderson and Ken Walsh, who will be looking to unseat incumbent trustees Andy Levitt and Maria Slippen.

Anderson, who has lived in Croton

for more than 40 years, taught second and third grade in the Hendrick Hudson School District, as well as special needs children at Northern Westchester BOC-ES. After teaching Anderson spent several years as a tennis professional at clubs in Westchester, and in 1983 he joined IBM Research as a designer of laboratory and office space.

"I am running for village trustee so I can perform public service without being constrained by party loyalty," said Anderson, who is not affiliated with any party but has been a dedicated member of the Croton Caring Committee for more than a dozen years. "I'm gravely concerned about our village debt that was unanimously increased by 33% by the current board. This burden will affect the village in future years, long after these board members have moved on. The current spending levels are unsustainable and the priorities, if any, are misplaced."

Walsh works for Verizon as a Six-Sigma Black Belt project manager and has resided in Croton for 16 years. He served on the village's Gouveia Park ad-hoc committee, has coached CYO basketball for seven years and Croton Little League softball for two years, and is a Eucharistic minister at Holy Name of Mary Parish.

"I want to give the people what they want, not what they are told to take on, help the village be more fiscally responsible and great place to live," said Walsh, a registered Democrat.

Roseann Schuyler, chairperson of Croton United, is confident in the candidates chosen.

"We firmly believe this slate of candidates, which offers both experience and new vision to our village, will provide public minded, forward-thinking leadership to the community," Schuyler said. "Croton United does not believe that national parties and partisanship have any role to play in local government."



Newly minted Eagle Scout Emerson Wenzel, shown with his parents, received a certificate of achievement from Yorktown Councilman Vishnu Patel. Wenzel's Eagle project reforesting trees at FDR State Park.



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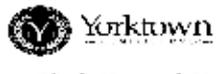
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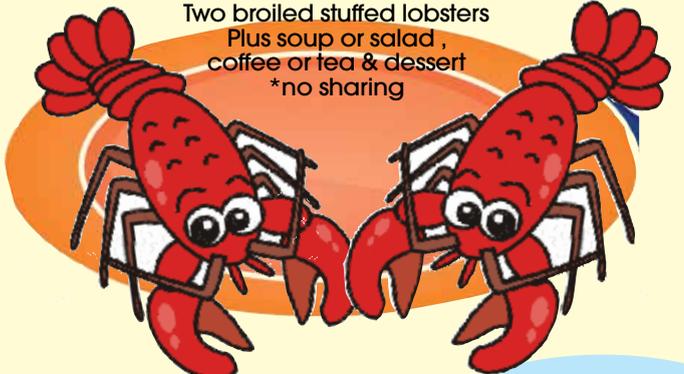
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# A Toast to the Origins of the Celebratory Toast

“Cheers!” “Salud!” “Santé!” “Prost!”  
“L’chaim!” “Nostrovial!”

Whatever the language, whatever the occasion, raising one’s glass of wine in celebration always seems a most appropriate gesture.

The toast is invariably interpreted as “Good Health!” regardless of the occasion. Typically offered by the host of an event and followed by multiple responses, this tradition has changed little since ancient times. The Greeks reveled in it to celebrate camaraderie and the Romans basked in it to savor battles won.

When Napoleon reigned as the emperor of France, he was less interested in toasting than he was in imbibing the wine of choice for an occasion. “I drink Champagne when I win, to celebrate; and I drink Champagne when I lose, to console myself.”

Just as you do, I raise my glass to focus the attention of my guests, to engage them in the meaning of an occasion: to honor a loved one, present or past, the attainment of a status in life or a cordial gesture of welcome and friendship. However, this tradition is rooted in traditions dating back to ancient times.

Many societies employed the simultaneous raising of wine-filled glasses or the clinking of those glasses for very practical reasons. Today, the intent of a toast is solely to praise, compliment or celebrate an individual or group of individuals. However, the origins of the toast are secondary to conviviality. The primary reasons were strategic and preventive.

1. A practical reason evolved in ancient Greece and Rome. Poisoning the drinking vessel of one’s enemy was an early practice. To protect a host from nefarious guests - and guests from a diabolical host - wine was served from a common jug, first to the host, and then to the guests. Once the host imbibed, the guests followed, raising their vessels to celebrate the mutual trust earned.

2. The Vikings and early Germanic tribes were notorious for vigorously banging drinking cups on their communal dining tables to ward off evil spirits they believed were roaming the area. Banging loudly was believed to clear the air and create a more celebratory atmosphere.

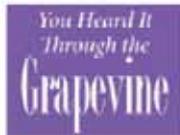
3. During medieval times, diners began the practice of clinking glasses. They intended to achieve the same goals as banging cups: the clinking was thought to sound like church bells and thus would surely drive away the devil and his minions. This also served to unite the dining companions together in a gesture of intimate friendship. Clinking glasses forced close contact and, presumably, enhanced the bonding of all present.

For those of you who enjoy the current trend of historic television series, you’ve undoubtedly seen the glances of guests as they dined and imbibed with royalty at table.

Which brings me to origin of the term itself. How did this act of celebration come to be referred to as a toast?



By Nick Antonaccio



## HV Chamber Aims to Put Businesses on the Map

The Hudson Valley Gateway Chamber of Commerce is partnering with Google to help put every local business on the map—including yours.

Businesses that have complete business information online are twice as likely to be considered reputable by consumers. When people can find info about local dentists, dry cleaners, and your business, our community becomes even stronger.

### Getting All of Your Business Info Online is Easy

Join us at the August Business Council Breakfast for a Get Your Business Online Workshop on August 6, 2015 7:30 am at Our Lady of Mt. Carmel Banquet Hall, in Verplank, NY. There will be laptops available to claim your business listings, and verify the information is complete.

What you will need:

- Access to a Google account (or one can be created)
- Flash drive with the following (these can all be added at a later date too)
- Short business description (tagline)
- Long business description
- Logo image (png, jpg, or gif)
- Exterior and Interior photos

P.S. This Let’s Put Our Cities on the Map program is available to all businesses, so spread the word, invite another business to our breakfast, and help put your city on the map.

Hudson Valley Gateway Chamber of Commerce Official City Partner, Let’s Put Our Cities on the Map

August 6, 2015

7:30 - 9:00 am

Our Lady of Mt. Carmel Banquet Hall

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The wine of ancient Romans often reeked of foul aromas or tastes. To mask these unsavory qualities, burnt bread might be added to a vat or jug of wine before serving the wine to guests.

As wine improved over the ensuing centuries, this ritual became a common practice. Shakespeare describes a stale piece of bread immersed in a jug of wine. The practice at the time was to add spices and fruit to the bread, toast it, and flavor a jug of wine with it. Over time, this ritual went one step further. The tasty bread was offered to the person being honored at a dinner; the guests would then drink the “toasted” wine.

Other terms evolved from “toast.” To control the sometimes aggressive drinking at events, an individual was assigned to control the amount of alcohol being consumed. This “toastmaster” was responsible for insuring a reasonable flow of merrymaking while preventing over-toasting. And of course, an individual who was the recipient of multiple celebratory accolades or good-wishes became “the toast of the town.”

The next time you raise a glass to celebrate an event or honor family and friends, remember the ancient rites you are replicating. Cheers to our ancestors.

Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted numerous wine tastings and lectures. He also offers personalized wine tastings and wine travel services. Nick’s credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine

## Obituaries

Continued from page 6

### Barbara Rotanelli

Barbara Ann Rotanelli, a resident of Somers, died August 1. She was 78.

She was born July 29, 1937 in the Bronx to Rose and Thomas Tuttle. Beloved and forever cherished wife of Thomas J. Rotanelli. Mother of Deborah Carr, Mario Rotanelli and Lorraine Learned. Grandmother of Gary (Thea), Danielle (Fabio), Shannon, Brooke, Thomas (T.J.), Kylie and great-grandmother of Darian, Hailey, Thomas, Juliana, Gianna, and Angelo. (Nacho too) Sister of Thomas and Richard Tuttle. Sister-in-law of Marion and Joe Carotenuto, Tina Rubano (Vinny), Nikki and Joan Tuttle. A loving daughter, daughter-in-law, aunt, niece, cousin, and friend.

Visitation on Wednesday, August 5 from 2-4 and 7-9 p.m. at Joseph J. Smith Funeral Home, 692 Rt.6, Mahopac, NY. A mass of Christian burial at St. Joseph’s Church, 95 Plum Brook Road, Somers on Thursday, August 6 at 10 a.m.

# Borgia Hosts Forum on Sexual Assaults on College Campuses

By Robert Montague

Westchester County Legislator Catherine Borgia (D/Ossining) teamed up with invited guests and college officials in Valhalla last week to discuss sexual assault and ways of preventing it.

"It's an opportunity to hear people's voices about this topic," Borgia said at the speak-out forum at Westchester Community College.

Borgia, majority leader on the county Board of Legislators, believes nothing in

society changes unless people talk about it. Groups such as The Westchester National Organization for women (Westchester NOW), Hope's Door, My Sisters' Place, Planned Parenthood Hudson-Peconic and more were in attendance.

Discussion opened up when the microphone began getting passed around the room. People spoke of different topics from personal experience and opinions to new ways of preventing assault.

Lisa Hofflich, president of Westch-

ester NOW, spoke about reducing the number of sexual assaults. She believes that young men need to be approached before they go to college to prevent them from acting in the future.

Hofflich believes a big part of the issue is that men are not being taught to give women respect. "Men won't go out and hurt someone if they believe they deserve the same amount of respect as them," Hofflich said.

Gabby Ibacache, community educator for My Sisters' Place, a domestic violence agency in Westchester County spoke about the idea of consent. She believes that stressing affirmative consent is important in educating young people.

"Anything less than a yes is not good enough," Ibacache stressed.

Borgia said she was enthusiastic about the forum because it gave people the ability to speak about sexual assault without repercussion.

"Campus should not be a place of fear," Borgia remarked.



ROBERT MONTAGUEPHOTO

Westchester County Legislator Catherine Borgia

# DNA Evidence Helps Peekskill Police Nab City Tire Slasher

By Rick Pezzullo

A blood sample gathered at the scene of a tire slashing incident in Peekskill in June helped Peekskill police recently arrest a city man sought for a series of crimes.

Kaylen Lipford, 22, of Mackeller Ct., was charged with criminal mischief in the fourth degree July 24 at Westchester County Jail where he was serving weekends following a conviction on an unrelated charge.

The Westchester County Crime Lab notified police that a sample of blood

collected from one of the multiple tires that was slashed on June 2 matched Lipford's DNA which was on file.

Peekskill Police Chief Eric Johansen credited Officer Anthony Nappi with noticing a small portion of blood on one of the tires and notifying Detective John Merritt, who collected the evidence.

Police are continuing to investigate numerous other tire slashing incidents that occurred between May 30 and June 3. Lipford is due in Peekskill City Court on August 13.

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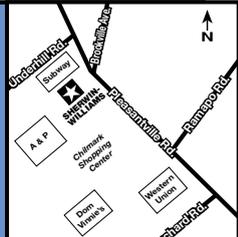


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# 'The General from America' on Stage in Garrison

By Lindsay Burgess

Benedict Arnold, best known as an American traitor, is taking on the role of the protagonist in a reading series from *The General from America*, a production written by award-winning Richard Nelson at the Depot Theatre in Garrison NY on Wednesday, August 12 at 7:30 p.m.

Nelson won a Tony Award for James Joyce's *The Dead*, a Drama Desk Award for *Some American's Abroad* and an Obie Award for *Vienna Notes*.

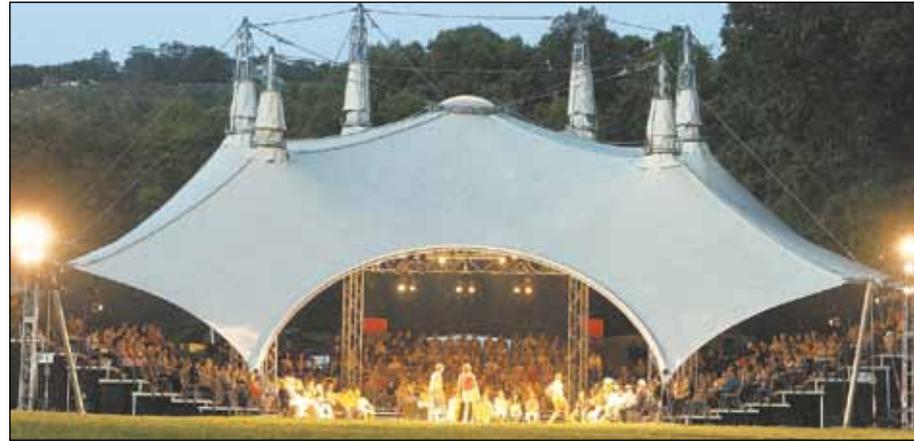
The contemporary play is directed by Tony Award nominee, Moritz von Stuelpnagel.

"Moritz is really one of the gifted directors of this generation," artistic director, Davis McCallum said. "I'm really pleased and proud to have him back here for the second time."

Stuelpnagel directed *All is Calm* last year in December in honor of the 100th anniversary of World War I but McCallum has known him for several years. They worked together to make these productions come alive.

McCallum taught acting and directing at Princeton and at The New School for Drama and Acting.

"My job is trying to figure out how we can best serve our mission," McCallum said. "We put a lot of time into choosing the series and who should work in it.



HV Shakespeare Festival production will take place Wednesday, August 12.

We have some of the best actors in the city coming to Garrison to help out with this."

The cast includes Hudson Valley Shakespeare Festival (HVSF) actors Thomas Michael Hammond, Francesca Choy-Key, Susannah Millonzi, Kurt Rhoads, Triney Sandoval, Gabra Zackman and Matthew Amendt, who played Hamlet in the 2011 HVSF production.

Celebrating 29 seasons of production, the HVSF appeals to audiences of all ages and backgrounds.

"It's so hyper local. It's just amazing that this piece of famous American his-

tory has been turned into such a brilliant play," McCallum said.

McCallum is confident that people who take an interest in Shakespeare and/or the West Point Museum, which exhibits historic artifacts, will especially enjoy this production in particular. He says that attending the West Point Museum is like living history, an experience that the HVSF production team attempts to give its audience as well.

"The play was written in the last 20 years from a contemporary angle," McCallum said.

The contemporary angle does not in-

clude any sets or costumes. The actors, who will meet up to rehearse for two days next week, will be reading with their scripts. The goal of the readings is to allow the audience to focus on the essence of the words and the chance to see the actors up close as they reenact history with the Hudson Valley scenery behind them on Garrison Landing.

Though Benedict Arnold is often viewed as a traitor who took the side of the British during the American Revolutionary War in the 1770's, this play attempts to display his perspective as he wrestles with the major decision to team up with Ethan Allen and the Green Boys of Vermont to attack Fort Ticonderoga.

"It presents conflicting points of view and the audience gets to make up their mind," McCallum said. I hope they'll be reminded of just how rich in culture the Hudson Valley is in terms of American history. The birthplace of the environmental movement was in Westchester."

Tickets are \$25 and can be purchased online at the Depot Theater website <http://www.philipstowndepottheatre.org/>

For more information about upcoming shows for the Hudson Valley Shakespeare Festival, go to <http://hvshakespeare.org/>

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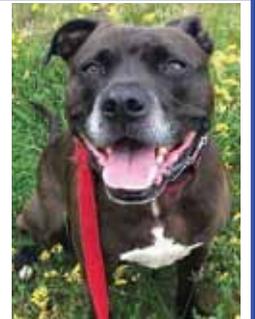
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## Cortlandt Farm Market Cortlandt

By Neal Rentz

It has been an institution in Cortlandt for four decades and it is still going strong.

Cortlandt Farm Market continues to offer fresh vegetables and flowers it grows, fruit from local farms and a variety of other seasonal items.

The market has been owned and operated since the beginning by Dominick and Theresa DiNardo and their family. The couple lives in town near their business. Theresa DiNardo spoke about her establishment last week.

Her husband came to the United States as a 17-year-old with a family background in farming as a youth growing up in Italy, DiNardo said. Her husband's father, Iolundo, was instrumental to starting the family business in Cortlandt 40 years ago, she said. "We opened it with other family members," she noted. The couple has been married for 42 years.

The market is open April through December, seven days a week. What is sold at Cortlandt Farm Market varies throughout the year, she said.

"Every season has its own specialties," she said. The market is closed in the win-



NEAL RENTZ PHOTO

Cortlandt Farm Market has been selling fresh produce, flowers and a variety of other items for the past four decades on Route 202.

ter, but that does not mean the couple is not working, DiNardo said. Her husband grows flowers prior to the start of each new season in April in the property's greenhouse. Products geared toward Easter are a feature of the opening weeks

of each new season, she said. Gardening supplies are a staple of the store.

A main focus of the market in the summer is local produce, DiNardo said. Most of the vegetables sold over the summer are grown, including eggplant, zuc-

chini and tomatoes, on the farm located at the market property. Corn and fruit, such as plums, berries, watermelons and nectarines are purchased for the market from upstate farms. "We don't do any fruit," she said.

Apples grown in local farms are prominent during the fall, DiNardo said.

One of DiNardo's tasks is to make fresh cider donuts in the store. "It's a good fit," she said, noting she has prepared donuts for five years.

Aside from produce, a wide variety of other items are sold at the market, including infused cooking oils and vinegars, dried fruits and nuts. Customers can purchase refillable oil and vinegar bottles that can be refilled at the store, DiNardo said.

What is one of the keys to the success of the market, which competes against supermarkets and other stores, over the decades? "I think it's the quality," DiNardo said.

DiNardo said she works every day at the market. "It's a life," she said.

*Cortlandt Farm Market is located at 2267 Crompond Rd. (Route 202). For more information call 914-739-0686.*

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# A Blast from the Past: Hudson Valley



PHOTOS BY BILL POWERS AND RICK PEZZULLO

An infant gets up close and personal with a llama. Grand Prix race cars were a big attraction, above right.



Young entrepreneurs sell their wares, at right.



Evening Star docked at Riverfront Green, below.

Staff of Once Upon A Time Preschool & Daycare, bottom photo.



Andre Rainey performs on stage.



Adults enjoy horsing around.



# Exposition Draws Thousands to Peekskill



Seven of the eight surviving Peekskill mayors were on hand to celebrate the city's 75th birthday.

Kids at the BASF Kids Lab made Play-Dough, top far left.

A man shows off his hula hoop skills at far left.

Almstead Trees hoisted many kids to the treetops, left.

Phil Miller performed with Ray Blue below.



Kayaks for rent were enjoyed throughout the day. Debbie Bisaccia demonstrates her floating yoga studio on the Hudson River, at left.

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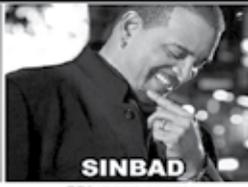
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Kurt Rhoads in The Two Gentlemen of Verona, 2014. Photo: William Marsh



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SMALL NEWS IS BIG NEWS

# The 'Why' of a Project Like Crown Molding as Much as the 'How'

When I sat down with my lawyer, Dan Tota, in Yorktown Heights, it was to discuss his project of installing crown molding in his home. But after we talked for a while, I was as interested in the "why" of his project as the "how."

"After working all day in a high pressure job, dealing with intangibles, it's a welcome change to come home and make something that's tangible with my hands," Tota said. "There's a lot of enjoyment in doing the job and, if you do it well, it gives you continued satisfaction again and again whenever you look at it. Of course, if you botch the job, nobody wants to be reminded of it afterwards."

Would Tota consider himself a handy person?

"While I'm an attorney now, I actually grew up working as a mechanic, so I know how to work with my hands," he said. At the same time, I'm realistic about those projects I know I can do and respectful of those I can't. Also, I'm fortunate to have friends who are contractors who can advise me when I need help."

Besides personal satisfaction, Tota pointed out the marketing value that improvement projects add to his house when he chooses to upgrade to a larger home. His most recent project was add-

ing crown molding to his entrance hall, living room and dining room. In my opinion, crown molding is the most immediate "dress-up" upgrade one can give an interior at the least expense.

Crown molding is literally the crowning touch in that it draws the eye upward in much the same way curtains hung at ceiling height do while providing that smooth transitioning from vertical to horizontal. I would say that good proportions are magnified with moldings and, in effect, it's the finishing touch. In fashion, it might be compared to the collar on a shirt or the cuff on a sleeve.

When I first visited the condos at Trump Park Residences in Shrub Oak, the first upgrade detail I noticed in the hallways and units was the generous crown molding, in this case a big simple cove molding, seven inches wide for ceilings that are almost nine feet high. Cove molding features one big dramatic curve that makes a much bolder statement and avoids the busyness a more complicated crown can add, and that impressed me.

But not all crown molding has to knock you over in size to be dramatic. A room with an eight-foot ceiling can become much more dynamic with a simple but



BILL PRIMAVERA PHOTO

Detail from the living room of The Home Guru, showing cove crown molding in white on white.

strong four- to five-inch crown molding and adding a five-inch base molding. By emphasizing both the base and ceiling, the room has much more character and strength. Of course, you can always get a good carpenter to do the job for you and I recommend mine at the end of this piece. But if you're a DIY enthusiast, the two basic pieces of equipment you need are a miter box and coping saw, coupled with a lot of patience in calculating the amount of molding you need and angles at which to cut it.

All of that can be found on line with graphics that easily demonstrate the

process better than I can describe in the limited space here. But let me share a couple of tips from Tota's experience to save you some grief.

"I chose a molding that wasn't too thick - four inches - so that the saw didn't have to be as big, and if your ceilings are the standard height of eight feet or a little more, that serves very well," he advised.

"Another good tip: instead of choosing a natural finish, go with the molding that is primed white. That forgives a lot of sins if you're not perfect with your cuts. If you're working in white, mistakes can be better concealed with putty or caulking until you get the hang of it."

Michael Lavelle is the carpenter I recommend. He can be reached at 914-482-7178.

Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc., the longest running public relations agency in Westchester (www.PrimaveraPR.com). His real estate site is www.PrimaveraRealEstate.com, and his blog is www.TheHomeGuru.com. To engage the services of The Home Guru and his team to market your home for sale, call 914-522-2076.



By Bill Primavera

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# Happenings

The Northern Westchester Examiner We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Neal Rentz at [nrentz@theexaminernews.com](mailto:nrentz@theexaminernews.com).

## Tuesday, Aug. 4

**Free Medicare Counseling:** Get help understanding your Medicare benefits and coverage on Tuesdays year-round (except holidays) at the John C. Hart Memorial Library in Shrub Oak, from 10 a.m. to 1 p.m. and on Thursdays from 10 a.m. to 1 p.m. at the Field Library in Peekskill. No appointments are necessary for the free service. Meet with a trained counselor for information about Medicare Parts A, B and D, Medicare Advantage Plans, Medicare Savings Plans, Extra Help and EPIC. You can also call the Senior Benefits Information Center helpline with your questions at 914-231-3260 and a counselor will return your call within two business days. For a listing of all eight SBIC centers in Westchester libraries, go to <http://www.westchesterlibraries.org/senior-benefits-information-centers/>.

**Farmers' Market:** The Putnam Valley Grange Farmers' Market is held every Tuesday from 3 to 7 p.m. at the corner of Mill Street and Peekskill Hollow Road (Adams Corners).

**Senior Benefits Information:** Trained volunteer counselors help older adults and their caregivers find information about government benefits to help them stretch their budgets every Tuesday from 10 a.m. to 1 p.m. at the John C. Hart Memorial Library, 1130 E. Main St., Shrub Oak. Get information on Medicare health and prescription plans, nutrition assistance, the Home Energy Assistance Program (HEAP), tax relief programs, and much more. Info: 914-245-5262 Ext.227 or <http://www.westchesterlibraries.org/sbic>.

**Checkmate:** A chess program is held every Tuesday at 4 p.m. at the Ossining Public Library, 53 Croton Ave. It is held in the second floor conference room. Info: 914-941-2416 Ext. 336.

**Swimming Lessons:** American Red Cross Swim Lessons are offered in our indoor warm water pool by certified instructors in Peekskill. All levels are offered and private lessons are also available. Classes are conducted on Tuesdays, Thursdays and Saturdays. Call Terri, manager of the Society Hill 2 Recreation Center, at 914-737-4909 for more information.

**Healthy Happy Hour:** Healthy Happy Hours are held on Tuesday nights in Mahopac and another location may be added. Take a 10-day vacation from processed foods. Are sugary, fatty, easy-to-prepare, addictive junk foods making you feel sick and tired? Then reset your metabolism and break your addictions to unhealthy foods. For more information contact Diane at 914-843-8745.

## Wednesday, Aug. 5

**Israeli Dance Classes:** Israeli dance classes will be held on four consecutive Wednesday evenings, beginning tonight,

at the Yorktown Jewish Center, 2966 Crompond Rd. Beginners classes will be held from 7:30 to 8:30 p.m. Classes for experienced dancers are scheduled for 8 to 10 pm.. The fee for Yorktown Jewish Center members is \$12; \$15 for non-members. Info: 914-245-2324 or [www.ctisraelidance.com](http://www.ctisraelidance.com),

**Fitness Program** The POUNDTM Fitness Program, a 45-minute full-body

cardio and stress relief jam session, fusing Pilates, cardio, plyometrics isometric movements and poses, is offered at Theatre and Dance Arts 131 Bedford Rd. Katonah. Drop in or weekly discount rates available. The program is being provided on Wednesdays at 7:30 p.m. and on Saturdays at 11:45 a. m. Call Peggy for more information at 914 960-4097.

**Bingo Wednesdays:** Come to First Hebrew for \$2,000 in total guaranteed bingo prizes, plus an average of \$1,000 awarded in specialty games. Doors open 5 p.m. and games begin 7:15 p.m. every Wednesday (except holidays - check First Hebrew's website calendar). First Hebrew is just west of the Beach Shopping Center at 1821 Main  
*Continued on page 18*



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# Crossword

## ACROSS

- 1 Famous educational method or Yorktown school, goes with 27 across
- 4 Not quite right
- 7 Morse Code alert
- 10 Law and Order investigation subject
- 11 Most nasty
- 13 Dredge
- 14 Georgia's capital
- 15 It may be hit in a volley
- 17 Adjutant
- 18 Crumpet's accompaniment
- 19 Way off the highway
- 22 Titanic's downfall
- 23 Posting at JFK
- 24 Jetty
- 27 See 1 across
- 31 Tempers
- 32 "...\_\_ magic"
- 34 Refreshing drink
- 35 Baseball's Durocher
- 36 Nancy Drew's beau
- 37 Pigs' digs
- 38 Ostrich relative

## DOWN

- 1 Offbeat
- 2 Complex dwelling
- 3 Anger
- 4 Man of Muscat
- 5 Malodorous
- 6 Two-timing
- 7 Capitol group
- 8 Stableman
- 9 Ice formation, with mite
- 12 Capture
- 16 Drop off
- 19 Stay
- 20 Directly
- 21 Staffed
- 22 Friend
- 24 Bogs and mosses
- 25 Land patch
- 26 Paper
- 28 English poet Hughes
- 29 Tick off
- 30 Collector's thing
- 33 Trifle

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36				37				38		

*Solution on page 18*

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Continued from page 16

St., Peekskill. Info: 914-739-0500 of www.firstthebrew.org.

## Thursday, Aug. 6

**Bowhunting Registration:** Westchester County Parks will re-open sections of Muscoot Farm and Lasdon Park and Arboretum in Somers, Ward Pound Ridge Reservation in Cross River, Mountain Lakes Park in North Salem and Hilltop Hanover Farm in Yorktown Heights for bow hunting deer in the autumn of 2015. John E. Hand Bald Mountain Park in Yorktown will continue to be opened as a pilot program with limited hunter access only. Participants will be selected by testing and lottery. Applicants must pass a proficiency test by hitting a nine-inch target at 25 yards, three out of five tries, using field tips only, at Blue Mountain Sportsman Center in Peekskill from 10 a.m. to 4 p.m. on Thursday, August 6, Saturday, August 8 or Sunday, August 9. Following the proficiency test, qualified hunters will be selected by lottery. There is no fee for applying or testing, but those selected for the program will pay an administrative fee of \$40. The program will run from October through December 31, 2015 during the regular NYSDEC Zone 3S archery season. The parks will remain open during the season and informational signs will be posted for hunters and park visitors. A detailed safety program will be in effect. Applications are available at westchestergov.com/parks for downloading and printing. Signed applications will be collected at the proficiency testing. Prospective hunters should read and thoroughly understand all requirements because there will be a zero-tolerance policy for non-compliance. For more information call (914) 864-7326.

**Field Library Exhibit:** "Trash to Treasure: An Upcycled Art Experience" will be held today through Sept. 4 at the Field Library, 4 Nelson Ave., Peekskill. An opening reception is slated for today from 5:30 to 8 p.m. Info: 914-757-1212 or peekskill.org.

**Cancer Support:** A Breast and Ovarian Cancer Support Group meets on the first Thursday of the month, at 10 a.m. in the Yorktown offices of Support Connection, 40 Triangle Center, Suite 100, Yorktown. Advance registration is required for all groups; call 914-962-6402 or 800-532-4290. For a complete calendar of groups at all locations, visit www.supportconnection.org.

**Somers Library August Exhibit:** The Art Magicians from the Koehler Senior Center in Mahopac (along with teacher Lucille Gilliland) are the August featured artists at the Somers Library. The beautiful works of art featured in this month's display consists primarily of still-life and landscapes, created using various mediums including acrylics, oils and watercolors. Please call the library

for additional viewing times in the program room at 914-232-5717 or visit us online at www.somerlibrary.org. If you are interested in displaying your art please e-mail our gallery coordinator at somersartgallery@wlsmail.org.

## Friday, Aug. 7

**Job Hunting Help:** Free drop-in, hands-on assistance with online applications, resume writing, e-mail accounts and more is held on Fridays from 11 a.m. to 1 p.m. in the second floor conference room at the Ossining Public Library, 53 Croton Ave. Assistance is offered on a first-come, first-serve basis. This is not a computer class. Info: Cheryl at 941-2416 Ext. 315.

**Free Play Dates:** A free play date program is being held every Friday from 11 a.m. to noon at the Rosenthal JCC Early Childhood Center at the Yorktown Jewish Center, 2966 Crompond Rd. The program is intended for children between the ages of 16 and 36 months and their parents or caregivers. Children can play, do art and socialize all under the direction of an experienced early childhood teacher. Pre-registration is suggested. Contact Jennifer at 914-962-8430 or e-mail her at Jennifer@rosenthaljcc.org.

**PV Farmers Market:** The Putnam Valley Residents Coalition Farmers Market is held every Friday from 3 to 6:30 p.m., outdoors at the Tompkins Corners Cultural Center at 729 Peekskill Hollow Rd. (Tompkins Corners) through Sept. 4. Info: putnamvalleyresidentscoalition@yahoo.com

**Jewish Center Services:** At the Yorktown Jewish Center, 2966 Crompond Rd. Friday night Sabbath services in the spring will begin at 8 p.m. and Sabbath services on Saturdays will be held at 9:15 a.m. On most Saturdays, after the services Rabbi Sternstein conducts a learning session based on the Torah portion of the week. Light refreshments are served and everyone is invited to join us as we share in the warmth, knowledge and friendship within our congregation. Info: 914-245-2324 or www.info@yorktownjewishcenter.

**Temple Beth Am Service:** Every Friday evening at 7 p.m. Temple Beth Am, 203 Church Pl., Yorktown, "opens its doors to all who enter" for Shabbat. Our modern Sabbath service has a spiritual and engaging feel while following traditional modes. For information, please call our Rabbi at 914-962-7500 or e-mail him at rabbiw@optonline.net.

**Bean Runner Performances:** Two performances have been scheduled for this weekend at the Bean Runner Café, 201 S. Division St., Peekskill. Salsa Night with Los Mas Valientes will be presented on Aug. 7 and The Gerry Malkin Quintet -- Chris Morrison (guitar), Jeff Pittson (piano), Mike McQuirk (bass), and Bobby Leonard (drums) -- will perform on Aug. 8. Both performances will begin at 8 p.m. and admission to each show is \$10. Info: 914-

737-1701 or beanrunnercafe.com.

## Saturday, Aug. 8

**Gordon Lightfoot Concert:** Gordon Lightfoot's 50 Years on the Carefree Highway Tour stops at the Paramount Hudson Valley, 1008 Brown St., Peekskill at 8 p.m. Tickets are \$50, \$70, or \$80 each including all tax and fees. Tickets can be purchased in-person at the box office, over the phone at 914-739-0039, or through our website <http://paramounthudsonvalley.com/events/event/gordon-lightfoot>.

**Muscot Art Exhibit:** The Northern Westchester Watercolor Society is conducting an art exhibit on Saturdays and Sundays in August from 10 a.m. to 4 p.m. at Muscot Farm, located on Route 100 in Somers.

**ACT Practice Test:** An ACT practice test will be conducted from 10 a.m. to 1:30 p.m. at the Somers Library. Registration is required. Call the Somers Library to reserve your place at 914-232-5717 or send an e-mail to somers@wlsmail.org.

**Love:** "Love," an exhibit about varying aspects of love in the 20th and 21st Centuries in paint, installation, video, and sculpture, is being held through Dec. 6 at the Hudson Valley Center for Contemporary Art, 1701 Main St., Peekskill. Artists include Alzamora, Barney, Bercea, Brenner, Brickley, Edmier, Feuerman, Gutheil, Hacker, Indiana, LeDray, Majic, Mapplethorpe, Neshat, Newsom, Otterson, Ozbolt, Pretzer, Ritterpusch, Ruckhäberle, Sadler, Tomasula, and Wathen. Info: 914-788-0100 or www.hvcca.org. HVCCA is also on Facebook.

**Yoga Program:** Support Connection, which provides free programs and services for people affected by breast and ovarian cancer, announces a free program: "Yoga-A Path toward Wellness." It is offered every Saturday from noon to 1:30 p.m., at Club Fit, 600 Bank Rd., Jefferson Valley. The program is open to women with breast, ovarian and gynecological cancer. To learn more or to pre-register, which is required, call Support Connection at 914-962-6402 or 800-532-4290.

**Ossining Farmers Market:** Down to Earth Markets is holding the Ossining Farmers Market outside at the corner of Spring and Main Streets. The market runs every Saturday, from 9 a.m. to 1 p.m. Visit [DowntoEarthMarkets.com](http://DowntoEarthMarkets.com) for vendor details, events, and other updates at Ossining's Down to Earth Winter Farmers Market.

**Overeaters Anonymous:** Worried about the way you eat? If food rules your life, Overeaters Anonymous may have the answer for you. There is no weigh-ins, dues or fees. The group meets on Saturdays from 8:30 to 9:30 a.m. at the fourth floor conference at the Graymoor Spiritual Life Center, 1350 Route 9, Garrison. Info: call/text Lisa at 917-716-2488

## Sunday, Aug. 9

**Healing Yoga:** Yoga classes for women with breast cancer are held at 5 p.m. on Sundays at Hudson Yoga, 5 Old Post Rd. South, Croton-on-Hudson. Weekly classes are being conducted by rotating instructors. The suggestion is \$15. Info: Elisha Simpson at 914-319-4010 or send an e-mail to info@laughingheartstoyoga.com

## Monday, Aug. 10

**Healthy Eating:** Fields Goods Healthy Eating and Cooking Demo will be held from 6 to 7:30 p.m. at the Somers Library. A representative from the "Field Goods" produce subscription service will give a healthy eating and cooking demo at the library. The demo will involve a brief rundown on Field Goods, seasonal eating, and the importance of supporting local agriculture. Field Goods is a local produce subscription delivery service with the Somers Library as a pick-up point. Admission for this event is free but registration is required. You do NOT have to subscribe to Field Goods to attend. Please register for this event by calling the library at 914 232-5717 or register online at [www.somerslibrary.org](http://www.somerslibrary.org).

**Cancer Support Group:** Support Connection will conduct a breast cancer support session at 7 p.m. at New York-Presbyterian-Hudson Valley Hospital. Advance registration is required for all groups; call 914-962-6402 or 800-532-4290. For a complete calendar of groups at all locations, visit [www.supportconnection.org](http://www.supportconnection.org).

**Musical Munchkins:** The Yorktown Musical Munchkins meet on Mondays from 9:30 to 10:15 a.m. at the Yorktown Stage Theater in room 12. The program is for older babies up to the 1's. Free trial classes are offered. Info: 914-771-7000 or [www.musicalmunchkins.com](http://www.musicalmunchkins.com).

**Free Jazz Sessions:** Free Jazz Jam Sessions are being held every Monday at The Winery at St. George, 1715 E. Main St., Mohegan Lake. Info: 914-455-4272.

## Tuesday, Aug. 11

**Decoupage:** Decoupage Decorate Jars & More, a craft class with Judika Lieberman, will be held from 6 to 8 p.m. at the Somers Library. The program is being sponsored by the Somers Library Board of Trustees and presented by Judika Lieberman. The class is for ages 16 to adult. We will work on boxes and jars to turn them into one of a kind art. You must bring materials to the first class. A materials list is available at the library. Class size is limited and registration is required. To register call the library at 914 232-5717 or online at [www.somerslibrary.org](http://www.somerslibrary.org).

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**Notice of Formation of Joanne Smith Travel, LLC.** Arts. Of Org. filed with SSNY on 07/06/15. Office location: Westchester County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to William J. Florence, Jr., Esq., One Park Place, Suite 300, Peekskill, New York 10566. Purpose: any lawful act or activity.

**The Board of Trustees of the Village of Pleasantville will hold a Public Hearing on Monday, August 10, 2015, 8:00pm,** prevailing time, 80 Wheeler Avenue, Pleasantville, New York to hear comments as it pertains to a Local Law Amending Chapter 173 Vehicles & Traffic, Section 173-60 Parking Prohibited at all Times/Hobby Street as follows: **ADD to Section 173-60 Parking Prohibited at all Times** Hobby Street, North, From Marble Avenue west 100 feet -*Judith Weintraub, Village Clerk, Village of Pleasantville, Westchester County, New York*

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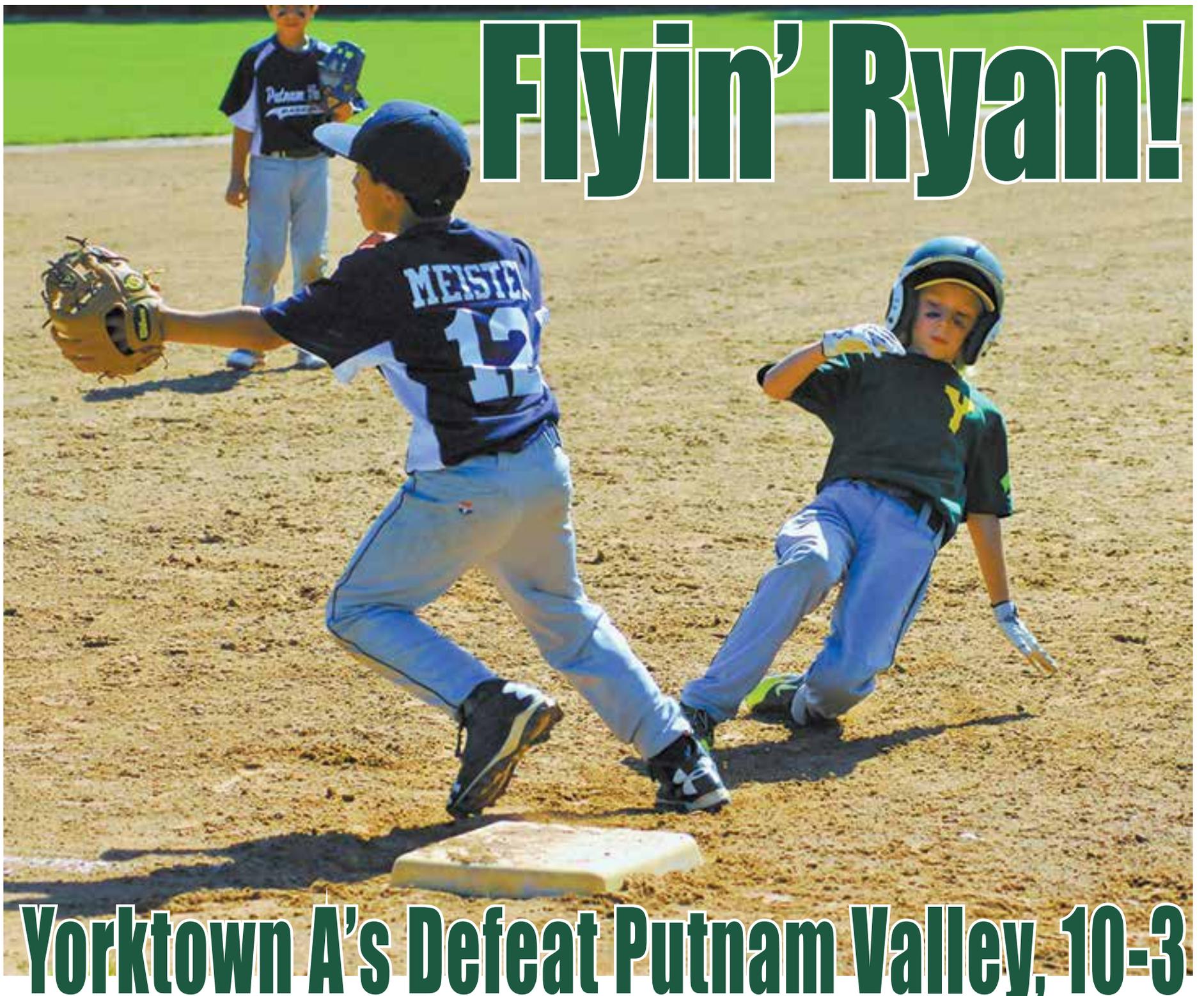
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**Examiner**  
**Sports**  
*Covering Putnam County and Northern Westchester Sports*

August 4-August 10, 2015

SMALL NEWS IS BIG NEWS

SPORTS SECTION



RAY GALLAGHER PHOTO

Yorktown speedster Ryan Saviano slides safely into third as Putnam Valley 3B Rick Meister awaits the throw in the A's 10-3 defeat of host Put Valley last Saturday at Union Field. The 9-U division of the WPBA features a close race, with several local teams, including Somers (11-3), Yorktown (9-4), Ossining (9-5) and PV (7-7) chasing front-running Bedford Hills/Katonah (13-1) for the No.1 overall seed in the playoffs and a regular season title. Put Valley bounced back nicely Sunday, taking a 9-6 win over Mahopac (4-9)... see WPBA Notebook

# Sports

## Yorktown Defeats Putnam Valley, 10-3, in 9U WPBA Action



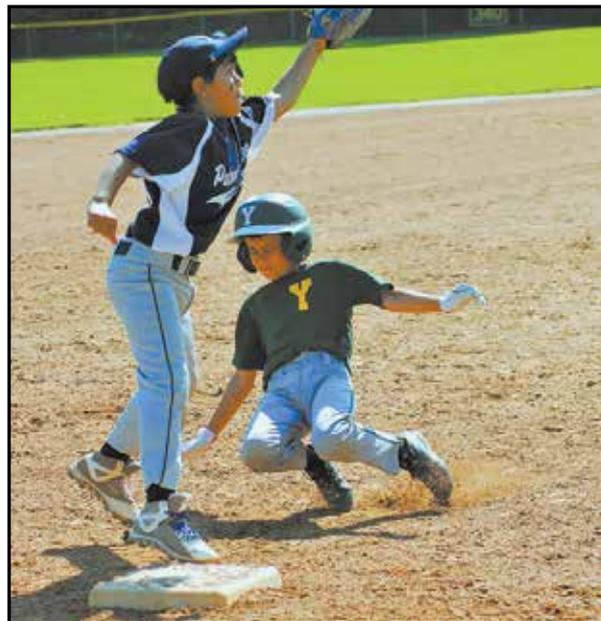
Putnam Valley LF Caiden Castro makes a sweet, diving attempt for line drive in 10-3 loss to Yorktown in WPBA 9-U Action last Saturday.



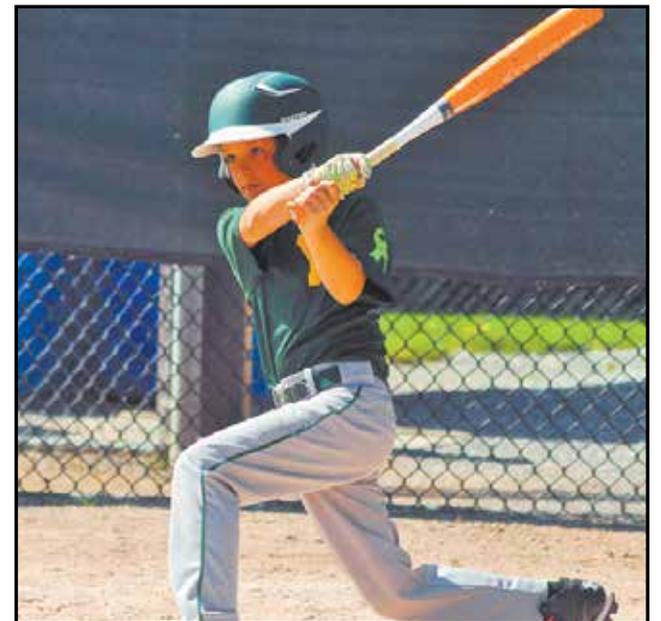
Yorktown's Ryan DiNapoli makes clean pick at 1B in 10-3 win over Putnam Valley.



Thomas Shkreli, Yorktown starting pitcher, earned the 10-3 win over Putnam Valley, what was the A's 6th-straight win.



Yorktown's Matthew Stettinisch beats throw to 3B as Putnam Valley's Angel Munoz awaits throw in A's 10-3 WPBA 9U win over PV.



Yorktown's Ruslan Makarenko drives in what turns out to be the winning run in a 10-3 win over Putnam Valley Saturday in 9U WPBA action.

## 'Pac Together Again! Indians Repeat as D-II Sound Shore Lax Champs

Mahopac alumni Frank Verde, Jon Bota, Butchie Parillo, James McDonough, Johnny Astrologo, Ty Weisberg and Brendan Hynes pose with the championship hardware after winning the D2 Sound Shore League Championship as members of the Cambium Lacrosse Club, which took 11-5 decision over Samu-Rye.



## Sports

# Big Things Expected on Mahopac, Put Valley Gridirons

## Carmel Hoping to Unleash Quick-Strike Aerial Attack, Make Hay in Class AA



By Ray Gallagher  
Examiner Sports  
Editor

Pigs(skinn) will literally fly all over the state this week as high football camps sprout across New York. Last week, we touched on a few Class A powers like Yorktown and Somers and their Week 4 dust-up, which will be a must-see event in this neck of the woods, so this week we'll take quick look at Class AA and B to hear what some coaches and players are thinking in what should be an interesting season. I know one thing that has ticked off just about everybody in eastern Putnam County: No



Carmel QB Joey Rodriguez hopes to lead the Rams back to respect on the Class AA grid front.

Mahopac vs. Carmel game this year for the first time in many decades. With more emphasis being placed on the state playoffs and less on local rivalries, the second best rivalry in Section 1 football and best in Putnam County history is done for at least a year, with Mahopac having won six of the last seven matches; the word reprehensible comes to mind.

On the **CLASS AA** front, I think **MAHOPAC** can be scary good this season if the men in the trenches can get it done in front of a slew of very talented skill players, including QB Dan Foley, who is hell-bent on getting the Indians back to their first Section 1 title game since 2010. Foley's main cohort on offense will be versatile RB Christian Donahoe, the son of Coach Tom Donahoe, who has some serious weaponry, including TE Zachary Carlin, FB Tommy Murray and RBs Erick Gagne and Joe Cavaciuti.

MLB Chris Kocovic is a beast on the other side of the ball, and he looks to lead a 5-2 defense that has been consistently effective over the years. "Koco" runs an efficient 4.7 (40) at 6' and 225 pounds and has All-Section potential carved within a

chiseled frame. If the O-line, bolstered by senior Mike Paoello and John Velek, can hold up their end of the deal, the Indians could be Final 4 bound.

"These guys are going to have huge years," Foley insisted, noting that he and Donahoe are totally in synch and ready to prove that the 10541 is the legit truth. Whether or not the Indians can contend with defending Section 1 champion John Jay EF, which has been in three of the last four AA championships, and the rest of the Class AA contenders (New Rochelle, Arlington, North Rockland, Mamaroneck), remains to be seen.

Before ending a three-year playoff drought last season, Mahopac has not had that kind of playoff pedigree in the program since its 2010 sectional title appearance and the subsequent playoff snub in 2011, but the Indians remain a tough out for most foes and expects to be more than an "also-ran" this fall with a second-straight trip to the playoffs and a strong post-season showing #Final4orBust. The @MahopacManiacs will be in full throat right from the get.

The thing that might preclude the Indians from doing so is an absolutely brutal schedule that includes a Week 1 tilt at Mamaroneck (which was supposed to be a home game but for some reason the Tigers won't be paying Putnam County a visit any time soon), a Week 2 visit from the defending champion Patriots, a Week 5 visit from Coach Dominick DeMatteo's Arlington Admirals and a pivotal Week 6 trip to New Ro'. Mahopac will have to split those four games at the very least and then defeat Clarkstown North and Greeley with no wiggle room to spare.

**CARMEL** has a ton of experience under center in senior QB Joey Rodriguez, the only four-year signal caller in the history of Rams football, and 22 years of experience on the sideline in venerable Coach Todd Cayea, an old-school mentor. The two have the know-how to carry out a game-plan, but whether or not the Rams have enough in the trenches and at running back remains to be seen, but the combination of Rodriguez and WRs Ryan Sullivan and Quinn Willman and TE Josh Beauchesne should supply plenty of downfield action in an offense that likes to air it out.

Defensively, Carmel junior NG Nick McDonald, who goes 250 on a good day, is a son-of-a-run-stuffer, who should pose a threat on both sides of the ball once he returns to full health. Senior Joey Kenna is

a tough DE, who should provide an edge rusher. Whether or not the Rams can hold up in the trenches will determine whether or not they can get past their No.10 ranking and into the top eight to make playoffs. Willman believes in his troops.

"After seeing our performance through our football camp with many scrimmages against great teams like Arlington and John Jay (CR), I know we are much better than what people think," Willman said. "We have many great players coming up to varsity this year and they can definitely help. Our wide-out corps is one of the best in Section One with a very experienced quarterback delivering the ball. Our O-line was thought to be our weak spot due to our lack of size, but after the scrimmages, they did a lot better than expected, so I am not worried. Being my third year playing varsity, this is the best Rams team I seen yet and I'm excited for the season to get started."

@RamNation will be out in full force with the same sense of vim and vigor, count on it.

**CLASS B** could shape up to be a real dog fight, which **PUTNAM VALLEY** expects to be in this season. It's been a long seven years since the Tigers qualified for the postseason, but Coach Matt Mello likes his chances this season. With reigning Class B champion Our Lady of Lourdes having moved up to Class A, it opens up a spot for another Class B team that has missed out on the four-team playoff field.

PV returns 19 players from last year, including QB Zach Girvalo, who looked great at the Carmel 7vs7. Senior Mike Dellabate and Luis Fernandez will take over the RB duties and they are both in incredible shape, according to Mello. Kyle Anderson will be running at FB.

"Our strength lies in our offensive line that sees four starters return: This will be one of our strongest and most athletic lines we've seen," Mello said, citing C Jake Reyes, guards Constantine George and Mike Ruta and tackles Bryce Hamilton and Tommy Carroll.

"We plan on being one of the top four teams this year," Mello said. "There has been a lot of change in Class B with new coaches at Westlake (John Castellano) and Edgemont (Brian Connolly), and Lourdes is now out. Nanuet returns some really good talent (couple of D-1 OL/DL prospects). Our players are very excited about the season and have been preparing well. We have a lot of depth and a belief that we can compete for a section title if we

continue to put the time and effort in."

It's going to take some blood, sweat and tears, but the Tigers are athletic enough to crack the top four if they play their cards right and continue to fine-tune their mojo at Team Moljo Strength and Conditioning.

**While we just touched on the Class A scene** last week whilst I was vacationing on LBI, I did forget to mention a Hen Hud program that is clearly on the rise, one that could be playoff bound in a year or two; when this gritty freshman class can finally establish itself. In the meantime, RB/LB Jordan Artope is going to pave a clear path for the younger Sailors to follow. The senior captain could crack 1,000 yards this season, what would be the first Sailor to crack the milestone since Rich Guzi (circa 1989). Coaches will game plan accordingly, so the Sailors will need to improve in other areas before they crack the top eight and make the playoffs, but Artope is THAT GOOD and a lock for a grand if he remains healthy and the O-line holds up...

**Another kid we'll be tracking** from a distance is Mahopac resident Anthony Lombardi, who transferred to Trinity Catholic (CT) in 2014 after a heralded sophomore season as the Mahopac J.V. signal caller in 2013. Lombardi, a 6-foot-3, 200-pound senior QB, guided Trinity Catholic to a 7-4 record and a city title last year, completing 114 of 194 passes for 1,688 yards and 21 touchdown passes. The D-I prospect is drawing interest from collegiate programs like Harvard, Yale and UMass on account of his gun-slinging ability on the field and terrific work ethic in the classroom...

**DONALD TRUMP** for President is taking the USA by storm because so many of us blue-collar citizens are sick and tired of the demise of this great country and the global notion that we have become a weakened, lily-livered pack of liberals, who put political correctness before what is actually correct, especially when it comes to illegal immigration. I'm all aboard on "The Trump Train" because "The Donald" will put our country where it belongs after eight misguided years; at the top of the heap. I just hope he has a top-notch security team around him because he will be as hated as he is loved by national voters. I can all but guarantee voter turnout for the 2015 Presidential Election will be at an all-time high this November should Trump secure the Republican primary...

Ciao for now, I'll be on a one-week siesta with the entire family before we uncoil the soccer scene, field hockey beat and, yeah, lots more football in the days ahead. Finish strong #Summer!

Direct  
Rays

# Yorktown Picks up Pace!

# 9-U Athletics Take 6th-Straight Win over Put Valley, 10-3

RAY GALLAGHER PHOTO

Yorktown A's slugger Nicholas Pace, who went 3-for-4 in Saturday's 10-3 win over host Putnam Valley at Union Field, strokes one of two doubles he would mash, improving his team-leading batting average to a torrid, pace-setting .676 this summer. With six-straight wins, the Athletics have improved to 9-4... see WPBA Notebook



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