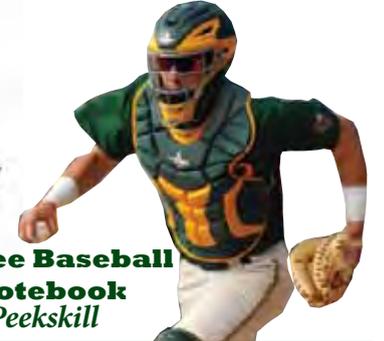




The NORTHERN WESTCHESTER Examiner



See Baseball Notebook

Covering Yorktown, Somers, Cortlandt, Croton-on-Hudson, Buchanan, Ossining and Peekskill

FREE

June 24 - June 30, 2014

SMALL NEWS IS BIG NEWS

Volume 6, Issue 237

Yankees Pride

Chris Taveras, a student at P/NW BOCES' Pine Bridge School, and his mother, Isadora, met New York Yankees shortstop Derek Jeter during a recent special outing to Yankee Stadium that included a private tour of Monument Park and an on-field view of batting practice. Taveras, who appeared on the big screen, also got a chance to meet Brett Gardner, Brian McCann, Joe Girardi and former Bronx Bomber Ron Bloomberg.



Alienation of Parkland for Pipeline Rejected in Yorktown

By Rick Pezzullo

A resolution to alienate open space on Stony Street in Shrub Oak to allow for the construction of a natural gas pipeline that could lead to the development of two all-purpose fields and a full-size baseball diamond on the Granite Knolls site did not pass the muster of the Yorktown Town Board last week.

The four members of the board, who voted last month to seek permission from the state Legislature to allow a portion of parkland for a different purpose, were deadlocked over a clause in a temporary agreement with Spectra Energy

that called for a permanent loss of one acre for an industrial pipeline cleaning procedure that councilmen Nick Bianco and Vishnu Patel felt could pose a health and safety threat to residents.

"My problem is with the material that is taken out of there," Bianco said. "I will not sit here and vote for that launcher and receiver and then some kid gets hurt and it will be on my conscience. I'm not going to do it under my watch."

Patel, a retired IBM scientist, explained the residue taken out of the pipeline con-

continued on page 6

Hundreds Protest Energy Projects Proposed in Cortlandt

By Rick Pezzullo

With signs declaring "Enough is Enough" and "Stop the Buzz," several hundred residents and officials held a rally in Verplanck last week to protest two different energy projects that everyone agreed would change the character of the quiet residential community.

"This is democracy at its best. This is democracy in action," remarked Cortlandt Supervisor Linda Puglisi. "This is a community that's energized in a good way to stop these projects. We don't have to become the energy region for the state or the country for heaven's sake."

A day before the rally, the Cortlandt Town Board passed a resolution to try to purchase the estimated 100-acre prop-

erty currently owned by Con Edison on the corner of 11th Street and Broadway that is being looked at to house both a high voltage converter station and a high pressure natural gas pipeline.

The town could block the 50-foot-high, 1,000 megawatt station that generates a constant buzzing noise if it is successful in acquiring the land, but the pipeline could still be constructed since it is overseen by the Federal Energy Regulatory Commission, whose powers supersede municipal authority.

"I'm optimistic because we tend to be successful in the fights that we get involved in," said Cortlandt Councilman

continued on page 6



RICK PEZZULLO PHOTO

A resident expresses her feelings about proposed projects in Verplanck.

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Police Blotter

State Police

June 10 - 3:08 p.m. – Michael Federici, 26, of Yorktown, was charged with unlawful fleeing a police officer in a motor vehicle, aggravated unlicensed operation and reckless driving following a June 9 incident where troopers observed a Toyota Camry traveling at a high rate of speed on the Taconic State Parkway at about 1:44 p.m. Federici exited the parkway and headed on Route 52 while being pursued with emergency lights and sirens. He then immediately accelerated to evade being stopped. The vehicle was later located in the Town of Kent but Federici fled on foot. A passenger was located in vicinity of the vehicle. Federici was arrested the next day and was remanded to Putnam County Jail in lieu

of \$2,500 cash bail.

June 14 - 2:02 a.m. – Natalie Wizel, 23, of Shenorock, was charged with driving while intoxicated after being stopped in Cortlandt for speeding.

11:15 p.m. – Erik Getz, 34, of Lake Peekskill, was charged with aggravated driving while intoxicated after being stopped in Cortlandt for failing to maintain a lane of travel. Due to a previous DWI conviction in 2006, he was charged with felony DWI.

Yorktown Police

June 12 - 7 p.m. – Daniel Murphy, 17, of Yorktown, was charged with burglary in the third degree in connection with an April 3 incident at Frankie & Augie's Restaurant in Jefferson Valley during

which someone entered the restaurant overnight and stole \$1,800 in cash and a DVR valued at \$1,700. A viewing of surveillance video revealed Murphy allegedly committed the burglary and he was arrested on June 12.

June 17 - 2:26 p.m. – An unidentified 17-year-old male and female from Yorktown were charged with criminal possession of marijuana while police were conducting an undercover drug investigation at the Jefferson Valley Mall and observed the two defendants smoking marijuana in a 2001 Volkswagen near Sears.

6:11 p.m. – Donald Borho, 50, of Yorktown, was charged with driving while intoxicated and multiple traffic infractions following a car accident on Route 100.

Investigation at the scene revealed Borho was traveling south in the northbound lane and collided with multiple vehicles, including a tractor trailer. Borho, two other drivers and a passenger were transported to the hospital for treatment of injuries.

June 19 - 8:02 p.m. – An unidentified 18-year-old male was charged with unlawful possession of a weapon on school grounds at Lakeland High School. Police were conducting an undercover drug enforcement investigation when they allegedly observed a male waving what appeared to be a gun in the school parking lot. The male was stopped by Officer Daniel Kaen and an investigation revealed he had a B.B. gun.

Man Jailed on Fraud and Identity Theft Conviction

A Newburgh man was sentenced last week to three to seven years in prison after being convicted in April on identity theft and grand larceny charges that involved two banks in northern Westchester.

According to Westchester District Attorney Janet DiFiore, Justin Sutton, 26, stole approximately \$9,000 after repeatedly using the stolen personal informa-

tion of two victims between September 27, 2012 and October 1, 2012, including business debit ATM cards, to make unauthorized ATM withdrawals and unauthorized purchase withdrawals.

Sutton made the withdrawals at J.P. Morgan Chase branches in Yorktown and Peekskill, a Mahopac National Bank in Yonkers and several retail stores in White Plains and Yonkers.

His scheme was first discovered when employees at Neiman Marcus in White Plains realized Sutton was attempting to use stolen business debit cards to purchase two pairs of Prada shoes worth over \$800.

Sutton, who was arrested by Westchester County Police, represented himself and presented his own defense at trial.



Justin Sutton

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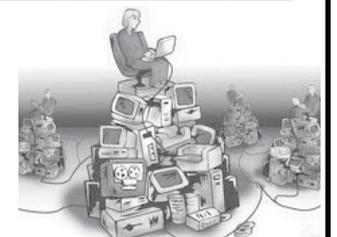
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Sandi Looks Back Fondly at Last 12 Years Leading Seton Parish

By Rick Pezzullo

When Rev. Monsignor Thomas Sandi volunteered to replace popular pastor and Auxiliary Bishop James McCarthy in 2002 at Saint Elizabeth Ann Seton Parish in Shrub Oak, he said it was a "smooth transition," thanks to parishioners who welcomed him with open arms.

"People had come to terms that he was going to move on with his life, so I could build on the many successes he built here," Sandi said of McCarthy, who resigned after admitting to having several affairs with women. "They wanted someone to help to lead them. I was given a free rein. I don't think it was much of a bump. It took a good year for people to understand, but they helped me help them."

Twelve years later, Sandi, 66, is now moving on from Seton after being appointed by Cardinal Timothy Dolan as administrator of Holy Trinity Parish on the upper west side of New York City, starting July 1. Rev. Father George Lodi, 66, is also being reassigned from Seton in August.

Sandi noted he, Lodi and Rev. Father Kulandairajan, who is also 66, have the same theological background, an upbringing that enabled them to work well together.



RICK PEZZULLO PHOTO

Seton Pastor Monsignor Thomas Sandi poses in his office that he will soon be vacating.

"It's a pastoral collaboration that is one of the finest. We learn together to work together for the good of the people and I think they noticed that," he said.

Moving is something Sandi has become accustomed to as a priest, having done it 16 times since he was ordained in 1973. He first worked at a parish in Staten Island for 13 years before volunteering to serve as a chaplain in the U.S. Air Force, which he did for 24 years from 1976 to 2000, achieving the

rank of lieutenant colonel and being "a visible reminder of the holy" for those in the military.

Sandi, who was in the Seminary during the Vietnam War, said the only conflict he experienced while in the Air Force was the short lived Gulf War. He said a chaplain is the only military personnel that doesn't carry a weapon.

"People guard him," he said. "I always promised if I had a chance I would do my duty. My father was in the Army so I, in a sense, followed in his footsteps.

To me it was a very calm period."

He said he still hears from some people that he worked with in the Air Force, and stays in contact with McCarthy, keeping him informed of the health and well-being of parishioners.

Sandi said he is looking forward to his new assignment at Holy Trinity, which provides daily breakfast to needy individuals and houses about 10 men every Saturday night. "I think that's a beautiful thing," he said. "God sees and provides. You enjoy where you are."

At the same time, Sandi, who is being succeeded by Father Robert Quarato, pastor of Holy Rosary Parish in the Bronx, said he will miss the school, volunteers and church goers at Seton, and the overall feeling that it is "the greatest parish in the world" as the parishes' first pastor, Monsignor Arthur Nugent, would always proudly proclaim, verbally and on letterhead.

"I've had a great time. You leave a little bit of your heart wherever you go," he said. "I will miss the Catholic imagination of the people. These people know how to imagine Christ was here. They understand the priest is not the parish. They know the real leader of the parish is Christ."

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Yorktown Museum Exhibit Honors Kids to Kids Founder Pat Kibbe

By Rick Pezzullo

Pat Hosley Kibbe, a Yorktown resident who founded Kids to International in 1991, is being honored at the Yorktown Museum with an exhibit featuring her many talents and work.

The exhibit at the Yorktown Community and Cultural Center on Commerce Street is a collection of Kibbe's artwork and photographs that she obtained over the past 28 years from around the world. The exhibit was unveiled for the first time last Saturday.

Kibbe graduated from the American Academy of Dramatic Arts and she worked as an actress on Broadway and television from the 1940s through the 1960s. She then moved to Yorktown



Pat Kibbe created Kids to Kids International in 1991.

where she raised five children. She continued to act in many commercials and authored many popular children's

books, including The Hocus Pocus Dilemma, My Mother the Mayor, Maybe, and Mrs. Kiddy and the Moonbooms.

Her life then took a new direction following a 1986 speaking engagement at a middle school in Vermont about being an author. During that talk Kibbe showed a photograph and newspaper article about a young refugee boy from Cambodia. One student asked if they could write to the boy and Kibbe explained that they couldn't because he spoke a dif-

ferent language but she said they could draw a picture. Kibbe took the picture and delivered it personally to the boy in Cambodia. From that experience, Kids to Kids International was born.

From that moment, Kibbe has dedicated her life to helping children in America create artwork and books and send them to children throughout the world in an effort to promote peace and friendship. Kids to Kids International has worked hand in hand with numerous organizations, including the United Nations, AmeriCorps and the Peace Corps, distributing thousands of books and school supplies to children in refugee camps and war torn countries.

Flagpole Installed at Lincoln Depot Museum in Peekskill

By Rick Pezzullo

A 21-foot flagpole was dedicated and installed at the Lincoln Depot Museum in Peekskill on Flag Day June 14.

The event marked the first time that a flag was raised in the location where President Abraham Lincoln gave his only speech in Westchester County on his way to the White House on February 19, 1861. A statue of Lincoln stands in the same spot.

The flagpole was made possible through the efforts of the Peekskill Lodge of the Benevolent and Protective Order of the Elks of the United States which solicited businesses and individuals in the region to donate products and services.

"Flying the flag in the place where a former president of the United States visited and spoke just made sense to the Elks," said Paul Crumb, exalted ruler/

president of the Peekskill Elks Lodge. "Each year on Flag Day, we gather to honor our country's flag to celebrate the anniversary of its birth as a symbol of the Cause of Freedom throughout the world, to give honor to patriotism, to appreciate liberty and to recall the achievements attained beneath its folds."

County Legislator John Testa (R/Peekskill), president of the Lincoln Depot

Museum, said the museum is expected to be completed by this fall.

"The new flagpole will be a symbol of the Lincoln Depot's presence and also help let the community know the museum is here and active," Testa said. "We have acquired hundreds of artifacts and have hired a curator to help us design and create a one of a kind experience for Westchester and the region."

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Alienation of Parkland for Pipeline Rejected in Yorktown

continued from page 1

tains uranium and radon, the second leading cause of cancer.

"There's three things you can't hide: the sun, the moon and the truth," Patel said. "Pipelines can blow up. I want to know what cheese is attached to the mouse trap?"

The Spectra/Algonquin Energy natural gas pipeline project would have a 42-inch transmission line run underground from Pennsylvania to Maine, including a connection from Verplanck to Stony Street. Yorktown Supervisor Michael Grace explained Spectra approached the town about utilizing some land on the Granite Knolls parcel for a temporary construction and staging area.

In exchange, Spectra would construct an access road from Stony Street to the land designated for fields and a 114 space gravel parking lot. The Granite Knolls site was acquired by the town for \$2.7 million following a public vote several years ago.

"We have an opportunity when they do the project they will need a point of operation. Granite Knolls is a convenient location for them. The town will be able to benefit by Spectra building the ball-fields," Grace explained to a Town Hall audience packed with parents and children. "There is no compromise of health and safety. Nobody is putting your children on fields with carcinogens and toxins. Get that out of your mind."



RICK PEZZULLO PHOTO

An exasperated Yorktown Supervisor Michael Grace looks for answers from above.

Councilman Terrence Murphy noted pipes for the existing pipeline already run through Legacy Field in Yorktown.

"The scare tactic that this is going to poison our kids is absolutely absurd," Murphy remarked. "There's fields already

up there (Granite Knolls)."

Resident Babette Ballinger did not agree with Grace and Murphy, saying "It's idiotic. It's outrageous. It's about protecting our children. They're not willing to look into anything. They just want to take the easy way out. It's irresponsible."

Bianco said he believed the pipeline project was necessary and had no issue with the temporary alienation of about four acres for a contractor's storage area and equipment yard.

After the resolution failed, Grace asked for support for the town to begin the environmental study process for constructing fields at Granite Knolls, which he received in a 3-1 vote, with only Patel opposing.

Hundreds Protest Energy Projects Proposed in Cortlandt

continued from page 1

Frank Farrell.

"I feel optimistic that we will win this fight because we are right on this issue," said Cortlandt Councilman Richard Becker. "This community has done its fair share. Let some other town pick up the burden."

Cortlandt already houses the controversial Indian Point nuclear power plants in the Village of Buchanan, and the

county's RESCO garbage burning facility is just over the town border in Peekskill.

"Who decided we would be Grand Central Station for every energy project in the northeast?" said Cortlandt Councilman Seth Freach. "This is going to affect everyone who lives in this area. This is going to affect property values. This is going to be everyone's problem."

The converter station would eliminate

Letteri Field, a youth sports field used for football and Little League baseball, and be right across the street from historic St. Patrick's Church. The pipeline would run within 500 feet of Buchanan Verplanck Elementary School.

"We're all here to protect our kids," Puglisi said.

Petitions with more than 1,000 signatures have been sent to the PSC from the

Cortlandt area calling for the converter station project to be rejected. Verplanck has more than 1,700 residents, while nearby Buchanan has 2,230 residents.

"If these two projects come in it will totally change our quality of life," said Buchanan Mayor Theresa Knickerbocker. "Our greatest asset is our people. This is a very grassroots fight. We need everyone to band together. There's strength in numbers."



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Obituaries

Walter Doherty, Jr.

Walter G. Doherty, Jr., a long-time resident of Yorktown, died on June 17. He was 82.

He was born in the Bronx on February 4, 1932. He was predeceased by his parents Walter G. Doherty in 1997, Mary Elizabeth Speck in 1932, and his caring second mother Marion Fritz Doherty in 2004. Mr. Doherty grew up in Lake Carmel and graduated from Carmel High School in 1949.

He is survived by his wife of 62 years, Monica; daughter Kathryn Ebinger – Zuk, New Hampshire; sons Kevin Doherty, New Fairfield, CT, Brendan Doherty, Pensacola FL, and Russell Doherty, Los Angeles, CA; and nine grandchildren. He is also survived by his siblings, Francis Doherty, Paul Doherty, sisters Eileen Doherty and Mary Kinlan deceased.

Mr. Doherty attended St. Vincent College, Latrobe, PA, St. John's University, Brooklyn, and graduated from Westchester Community College in 1964 with a degree in Electrical Technology.

He served in the U.S. Army during the Korean Conflict from 1952 to 1954, and was stationed in Yokohama, Japan. Following his Honorable Discharge in 1954, he began a 22-year career, working with

his father in a newly launched, family-owned firm, The Package Pavement Co., Inc., of Stormville, NY. With his help, the company evolved into a thriving asphalt business.

After retiring from Package Pavement, he became a field representative with the Guardian Life Insurance Co. In 1975, he was certified by the American College of Life Underwriters, Bryn Mawr, PA, as a Chartered Life Underwriter, C.L.U. He had a stimulating and successful career until retiring at age 65.

Mr. Doherty was a founding member of the Yorktown Exchange Club of Yorktown, serving for two years as its president during the early 1970s. He was proficient in many areas, and was involved in the design and construction of two homes built for his expanding family. His mechanical skills allowed him to repair and rebuild any broken appliance or widget. He had a quiet humor and could, when least expected, deliver a one-liner that was unique to the situation. He was special in many ways, and endured his illness with strength and courage.

The family extends their gratitude and appreciation to Kathleen Corcoran, Rosa Coghren, Gail Frickman, R.N. of the Visiting Nurse Association of Hudson Valley for their kind and caring manner.

They also wish to thank the nurses and Hospice Staff at Northern Westchester Hospital for their compassionate care. Donations in his memory can be made to the Yorktown Historical Society – Pines Bridge Memorial Fund, P.O. Box 355, Yorktown Heights, NY 10598.

Robert Goldhorn

Robert J. Goldhorn, a resident of Yorktown, died June 18. He was 78.

Born in Yonkers, on August 13, 1935, to John H. and Elsie C. Goldhorn. He moved to Yorktown when he was eight and graduated from Yorktown High School in 1955. He retired from New York Telephone in 1989 after 34 years. He served in the NY Air National Guard for eight years at Westchester County Airport. He was life member of Yorktown Heights Engine Co., #1, joining the fire department when he was 16. He had served as Ladder Captain, and in recent years was of member of Fire Police.

On August 31, 1958, he married Beverly J. George in Mahopac Falls. He enjoyed hunting, and collecting and restoring John Deere farm tractors. He is survived by his wife, two sons, Jeffrey S. (Deborah) Goldhorn of Pleasantville, and Gregory G. (Elizabeth) Goldhorn

of Holmes, NY, three grandchildren Alexandra, John and Samantha, and his brother Gary J. (Norma) Goldhorn of Mooresville, NC.

Donations in his memory can be made to Yorktown Heights Engine Co.#1, Fireman's Benevolent Association, P.O. Box 13, Yorktown Hgts, NY 10598.

Robert C. Agor

Robert C. Agor, a Montrose resident, and former longtime Peekskill resident, died unexpectedly on June 18. He was 56.

Mr. Agor was a toll collector for the New York State Bridge Authority, working at the Bear Mountain Bridge, and more recently at the Beacon-Newburgh Bridge. He was born in Peekskill on December 13, 1957 to C. Robert and Mary Pascale Agor. He was raised and educated in the Hen Hud School District, graduating from Hendrick Hudson High School in 1976.

On October 25, 2007, he married Deborah Paul in Chappaqua. He was an avid NY Yankees fan throughout his life, attending a game just hours before his passing. He was also a longtime member, and current treasurer, of the Cortlandt

continued on page 9

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Guest Commentary

Teacher's Union Should Drop Suit over Tax Rebate Program

I'm shocked by the actions of the state teachers union and its lack of respect for the hard working tax payers who pay the bills.

While many teachers in the lower Westchester area after a few years of making three figure salaries and retire with pensions more than \$100,000 and full medical benefits, they have filed a suit with the state to block Governor Cuomo's tax rebate program and his limit of 1 ½ % tax increase proposal.

Do these teacher unions want us to go back to the "good old days" where 22 years ago I became

active in the unfair tax increase burden school districts were putting on the citizens with increases in property taxes of over 20%? While these teacher unions were under paid, they are now feeding a trough while there are many hard pressed taxpayers on lower fixed incomes than teachers struggling to save their houses from foreclosure.

Many taxpayers don't know it but when they say the teachers don't get a yearly raise they get step increases which is like getting a raise. Their union has so much money they can lobby Albany

and most of the time get legislation past which favors them. There against competition from charters schools. They are against common core which stresses accountability. They have the only job that I know of that after three years they are almost 100% guaranteed a job for life, no matter how good or bad their job performance is. For the above reasons the teachers union should drop this lawsuit and let the taxpayers get their \$250 tax rebate and limit school spending to 1 1/2 % tax cap increase. They have been feeding at the public trough long enough while the people who pay the bills are lucky to be left with crumbs.



By George Ondek
**THE
PEOPLE'S
WATCHDOG**

The Rebbe

By Rabbi Yehuda Heber
Chabad of Yorktown

This upcoming July 1st marks the 20th anniversary of passing (Yartzeit) of the Rebbe, Rabbi Menachem Mendel Schneerson, of righteous memory, leader of the international Chabad movement.

Recently published by Harper Collins and authored by Rabbi Joseph Telushkin, a biography of the Rebbe skyrocketed to the top of both the Amazon and Barnes & Noble best-seller lists, completely selling out its first printing almost before it went on sale on June 10. Rebbe: The Life and Teachings of Menachem M. Schneerson, the Most Influential Rabbi in Modern History debuted on The New York Times bestseller list for the week of June 29.

On New York 1's popular Book Reader program, esteemed Wall Street Journal editor Bari Weiss urged listeners to "do yourself a favor and pick up this biography. You don't need to be a Jew or even be a religious person to learn from this monumental man!"

The "captivating portrait" of the Rebbe is described by its publisher as "the definitive guide to understanding one of the most vital, intriguing figures of the last centuries."

Described as the most influential



rabbi in modern history, the Rebbe's pioneering efforts to reach out lovingly to every Jew and connect them with their Jewish heritage have touched millions of lives and forever transformed the landscape of Jewish life. His teachings about the inherent goodness of all mankind, and the infinite potential of every individual and each good deed, galvanized countless far and wide, and are increasingly studied.

In addition to his unparalleled role in the Jewish community as both a preminent scholar and leader, the Rebbe was the only rabbi ever to receive the Congressional Gold Medal, and to have an American

national day, Education and Sharing Day, proclaimed in his honor.

In keeping with the Rebbe's lifetime goals and teachings, hundreds of thousands are redoubling their efforts at personal prayer, study, extra mitzvot, and acts of loving kindness in preparation for the special date, as well as increasing their personal and communal efforts to encourage others to do the same.

Additionally, many tens of thousands will visit his resting place in Queens, N.Y. during the anniversary, bearing the personal prayers of millions.

To commemorate this auspicious day, Chabad Centers in Westchester County will be jointly hosting an evening of inspiration with special guest speaker Rabbi Yehuda Krinsky, personal secretary of the Rebbe. Entitled "Up Close and Personal," the event is open to the public and will take place at the Doubletree Tarrytown, on Thursday, June 26 at 7:30 p.m. To RSVP visit www.TheRebbeUpClose.com or call (914) 834-8000.



Castelli to Primary Murphy for 40th Senate District Seat

By Martin Wilbur

Former Assemblyman Robert Castelli made it official last Tuesday announcing that he will challenge Yorktown Councilman Terrence Murphy for the Republican nomination for the 40th state Senate District seat being vacated by Senator Greg Ball (R/C—Patterson).

Castelli, 64, of Goldens Bridge, said he is running to give Republican voters in the district a choice of who they want to represent the party in the November election rather than have that selection made by party bosses. The winner of the September 9 primary will take on Democrat Justin Wagner.

"We believed the voice of the people was taken and it should be returned to them," said Castelli, who made his comments outside the Lewisboro Public Library on June 17 accompanied by about a dozen supporters. "If I'm not their choice, okay, but I want them to have a choice."

As of last week, the Republican committees in Westchester and Putnam counties had already endorsed Murphy. However, Castelli said his campaign is in the midst of collecting about 2,000 signatures on the petition to get him on the primary ballot. About 1,000 valid signatures from registered Republicans in the district must be submitted to the Board of Elections by July 10.

Castelli, who called Murphy a friend, said Ball's late announcement last month

left the party in a bind because it limited potential challengers who would have little time to plan an effective campaign. He suggested that strategy was no coincidence.

"It appears to everyone that it was made with the purpose of forcing out any other candidates other than (Ball's) handpicked candidate," Castelli said.

Three days after Ball's announce he would bow out and search for opportunities in the private sector, the Westchester nominating convention was held, he said. Despite Republican representatives from five towns--Mount Pleasant, New Castle, Pound Ridge, Lewisboro and North Salem--having requested a postponement, the decision was made to hastily back Murphy, Castelli said.

Reached last week, Murphy said he and Castelli had ample opportunity to present themselves to the Westchester GOP, although he would have been fine with a week's delay. While Murphy said he respects Castelli and vowed not to take him lightly in the primary, he mentioned that the former assemblyman was "hell-bent on what he was going to do."

"It's a bump in the road that I'm not going to take lightly and I'm moving forward," he said.

Murphy noted he had received GOP, Conservative and Independence party backing in Westchester, Putnam and Dutchess.

For a while last weekend, it appeared Murphy and Castelli might have company in the primary. Westchester County Executive Rob Astorino's political strategist William O'Reilly had been approached to throw his hat in the ring but announced on Sunday that he would concentrate on Astorino's gubernatorial campaign.

Castelli, a Vietnam veteran, retired state trooper and former criminal justice professor, acknowledged that he has eyed this seat for a couple of years but had promised Ball that he would not challenge him.

Castelli, who defeated County Legislator Peter Harckham in a February 2010 special election for his Assembly seat before defeating current White Plains Mayor Tom Roach for a full two-year term later that year, said that he has the experience to navigate Albany more effectively than either Murphy or Wagner.

In his nearly three years in the Assembly, he said he worked effectively with Democrats and has earned the admiration of Gov. Andrew Cuomo for his bipartisanship.

"I've been up there, I swam with the sharks. I understand the culture of Albany and the corruption of Albany," Castelli said. "I have been a reformer, I'll continue to be a reformer."

Castelli lost to Assemblyman David Buchwald in 2012.

Rick Pezzullo contributed to this article.

Obituaries

continued from page 7

Hook and Ladder Company in the Peekskill Fire Dept. Also, in his spare time, he loved working in various capacities with staff at the Edward F. Carter Funeral Home in Montrose. Rob also performed volunteer work for Pets Alive Westchester in Elmsford.

He is survived by his wife, a sister, Lucy (Michael) Lepore of Peekskill, and his nephews and nieces, David Lepore, Amanda DiSisto, Christopher DiSisto, Jr., and Courtney and Juliana Burns. He is also survived by his father-in-law and mother-in-law, George and Dolores Paul, and a sister-in-law, Pamela Burns, one uncle and several cousins.

Michael Iannandrea

Michael F. Iannandrea, a lifelong resident of Peekskill, died June 16. He was 64.

He served in the U.S. Navy from 1968-1972. He worked as a supervisor at the Data Base America in Montvale, NJ. He was an avid bowler, and enjoyed singing at Graymoor in Garrison.

He is survived by his wife Giovanna Iannandrea; and his son and daughter, Matthew (Jacqueline) Iannandrea and Tara (Diego) Sainz; and his two grandchildren, Diego Jr. and Ariana Sainz.

WILLIAM RAVEIS

"A Tale of Two Houses" by Bill Primavera, "The Home Guru" Realtor[®] How Each House, Quite Different and Marketed Uniquely, "Sold" in Less Than 3 Days



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Every house has a story, whether big or small, and with parallel careers as a journalist and publicist, Bill Primavera "The Home Guru" Realtor[®] knows how to tell it. The Coutant House to the left, built by the founder of New Rochelle, features over 3,500 sq. feet, majestically situated on a lush acre in Bronxville, and was listed at \$997,500. To the right is the cottage of Fanchon Hart, best friend and confidant of Eleanor Roosevelt, scarcely more than 1,000 sq. ft. in Yorktown and listed at \$369,900. Both were marketed very differently and both earned accepted offers in less than three days! When it's time to tell the story of your house to market it for sale, call "The Home Guru" Realtor, William "Bill" Primavera, Licensed Real Estate Salesperson, William Raveis Real Estate, 1820 Commerce Street, Yorktown Heights, NY, 914-245-0460, www.raveis.com. **CALL BILL DIRECTLY at (cell) 914-522-2076.**

Osteoporosis – in Men?

You probably think of osteoporosis — thinning bones — as a woman's problem. For the most part that's true. But we see plenty of men with osteoporosis, too. According to the National Osteoporosis Foundation, about two million American men have the condition, and another 12 million are at risk.

Osteoporosis can be deadlier in men: Men have a higher risk of mortality than women following a hip fracture. Unfortunately, doctors are less likely to recognize bone thinning in men since they also tend to think of osteoporosis as a woman's disease.

Should men get bone scans? It's only necessary for men who have established risk factors. These include: A history of fracture in middle age or later, chronic steroid use for any reason (steroids weaken bone); testosterone deficiency, which can occur naturally with aging

or following treatment for prostate cancer; or someone with parathyroidism or long-term digestive troubles such as irritable bowel syndrome or celiac disease — conditions that can interfere with the absorption of calcium.



**By Dr. Eric Rudin,
Endocrinologist,
Northern
Westchester
Hospital**

Sometimes a radiologist, doctor or even a dentist can find evidence of thinning bones in an x-ray for a fracture, chest troubles, or dental work. When it's diagnosed, osteoporosis is treated in men the same way it is in women. First we have to treat any underlying disease that may be causing the bone loss. Next up is vitamin D — which helps

the body absorb calcium — and calcium supplements. I usually recommend about 1,000 international units of vitamin D daily. Gauging calcium can be a little trickier, since there are many dietary sources. I tell patients to aim for 1,200 milligrams a day through a com-

bination of food and supplements.

After lifestyle changes, there are medications that can help build bone and protect against fracture. Two new classes of drugs are particularly helpful. But the bottom line is that men and their physicians need to be aware of osteoporosis as a possible risk. This is truly a silent disease. The only sign is usually after a hip fracture or compression fracture has happened. Men need to discuss their risk with their physicians and get a bone scan if necessary.

5 Ways to Protect Your Bones

Men and women can take simple steps to help keep their bones strong.

1. Get regular weight-bearing exercise: This can include walking, running, playing tennis, lifting weights — basically, any exercise that involves heavy lifting and impact. Putting stress on your bones encourages your body to reinforce your skeleton.

2. Take vitamin D: Our primary source of vitamin D is the sun. Our bodies make the nutrient when sun hits the skin. Unfortunately, we don't get much sun during the winter, and we tend to cover up in the summer. That means you may want to consider a vitamin D supplement — about 1,000 international units a day should do the trick.

3. Eat dairy: Milk, yogurt and cheese are great sources of calcium — you can get between 300 and 500 milligrams per serving. Work these into your diet daily.

4. Limit alcohol: Excessive drinking can rob bones of calcium. Drink moderately for your bones and for your overall health.

5. Stop smoking: Smoking is a significant risk factor for osteoporosis. Quit for your lungs, your heart, your bones and for those around you.

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SMALL NEWS IS BIG NEWS

Businesses of the Week

Rita's Italian Ice Yorktown

By Neal Rentz

Yorktown resident David Goldes entered the frozen confections business when he opened a Rita's Italian Ice in Elmsford five years ago. Two years later he decided to branch out by opening a new Rita's in Yorktown.

"A friend of a friend" recommended that he enter the ice and frozen custard business in Elmsford, Goldes recalled last week. "It seemed like a good deal. There were no Rita's in New York at the time. I think it was a good business opportunity."

Goldes said he chose to open his second Rita's in Yorktown because "I live here. I want to be part of the community."

Rita's is named after a wife of a Philadelphia firefighter who opened the first store on her front porch of her home in 1984, Goldes said. "They grew the franchise exponentially in the '90s," Goldes said. There are 625 Rita's in the United States.

"It's a people friendly business. People love it," Goldes said. "There's something about Rita's that is just indescribable. It keeps them coming back. There's nothing like it anywhere."

Rita's offers ices and frozen custard in



NEAL RENTZ PHOTO

Rita's Italian Ice in Yorktown.

a variety of variations. In the summer the store offers frozen lemonade, which is a mixture of the lemon ice and another ice of the customer's choice. There are also shakes and sundaes, as well as Mistos (a blended ice and custard drink) and

Blendinis (ice and frozen custard mixed with a topping).

Gelatti, which is two layers of frozen custard surrounding a layer of ice, is the store's most popular item, Goldes said.

Goldes said frozen custard "has a

higher egg and butterfat content, more so than ice cream. It is served at a 20 degree temperature and it's not as frozen as ice cream."

Rita's products are all natural, Goldes said. The fruit ices are flavored with real fruit, he said. The frozen custards and ices are made daily at the store and whatever does not see within 36 hours of being made is tossed out.

One of the major features of the Yorktown Rita's is its charitable work. Rita's throughout America have donated a total of \$3.5 million to the Fund of Hope which is paying for the travel expenses for children with cancer and their families this year.

"We firmly believe that it's important for business to give back to the community," Goldes said. "We do a lot of fund raising, anything to help out the community because your community is your business."

The Yorktown Rita's Italian Ice is located at 1881A Commerce St. For more information, call 914-302-7711 or visit ritasfranchises.com. The store is closed every year from December through February.

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Ossining High School Class of 2014 Receive Diplomas



Seniors at Ossining High School graduated Saturday at Pace University in Pleasantville.

PHOTOS BY JANINE BOWEN




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SKIP PEARLMAN PHOTOS

The 10U Pride in-house division champs - Coaches: Chau Vo, Lou Salveggi, Mike Ornstein; Top Row: Lauren Strauss, Remi Hoffman, Elaina Ornstein, Cassandra Moss, Breanna Vo, Isabella Raffa, Cindy Pennella Bottom Row: Kate Morris, Olivia Salveggi, Helena Barletti, Leah Cohen

By Skip Pearlman

The Yorktown Athletic Club's softball program celebrated the end of its spring season Saturday at the Rt. 202 fields in Yorktown with a skills competition, the awarding of medals, and a coaches' softball game highlighting the day.

YAC winners for the spring included the 10U Pride, who capped the season by winning an in-house division championship, beating the Diamonds in the first round of playoffs, then topping the Stars in the championship game.

In the 13U division it was the Gators who marched to a perfect 7-0 record, then won the championship game to claim the 13U title.

Saturday in Yorktown, six teams in three age groups (8U Panthers and Diamonds, 10U Diamonds, Pride and Stars, and 13U Gators,

Shockers and Wildcats) participated in a skills competition, which included running, hitting and throwing events.

But the running theme throughout the day was simply that everyone have fun.

"This is our end-of-year event," YAC Softball Commissioner Lou Salveggi said Saturday. "This is for the girls to come out and have fun, compete... it's something everyone looks forward to. The kids are building their skills, they get to be with their friends, and they always have fun. And the parents get to see the kids' progress as well... we always get to see how far the kids have come."

The winners from Saturday's competition were:

8u Skills Team winners:
Panthers - 1st Place

Hearts - 2nd Place

10u Skills Team winners:

Diamonds - 1st Place

Stars - 2nd Place

Pride - 3rd Place

13u - Skills individual awards (Year 2000 and 2001)

Hitting - 1st -Samantha Fasce, 2nd-Juliana Piehler, 3rd-Samantha Silverman

Throwing - 1st- Samantha Silverman, 2nd-Juliana Piehler, 3rd-Julianne Strauss

Running - 1st - Marissa Thomas, 2nd Samantha Silverman, 3rd- Kaitlyn Nuebel Year 2002

Hitting- 1st-Kaitlyn Bennett, 2nd-Isabella Vano, 3rd-Arianna Foto

Throwing- 1st- Kaitlyn Bennett, 2nd-Ella Morris, 3rd- Arianna Foto

Running- 1st-Kaitlyn Bennett, 2nd-Alyssa Albano, 3rd- Arianna Foto



Cassandra Moss runs bases at YAC Skills Competition.



Olivia Salveggi admires one of her hits.



Marissa Thomas of the Shockers warms up, above and Grace Frances, Katie Piehler, Jenna Kaufman, Victoria Guzman, Olivia Flaim and Sofia Boucher take a break, at right.



Coach Andy Reilly shouts encouragement to Sophia Reilly.

The Contractor Who Builds Like a Poet, Because He is One

When you are working on a job around the house or in the garden, are you like me in that your mind wanders to dreams of worlds to be conquered or occasional regrets about paths not taken?

I had never thought about what might occupy the minds of others as they tackle home projects until I met Steve Haggerty who makes a living as a contractor. In his case, thoughts on the job feed his passion as a poet and writer.

Traveling along a road on the way to a job, he might see a fog settling over a field with cows and, rather than worry that the mist might slow his arrival, he makes a mental note of how the scene might fit into his writing later in the day. He observes the will of a blade of grass struggling through a crack in concrete and makes another notation, perhaps this time in a notebook, which shares space with notations of needed supplies at the hardware store.

Normally when homeowners contract for a job, they expect a service provider who is good at what he or she does. They probably would not look beyond that expectation to an entire realm of artistry.

Early on I learned that real estate is a fascinating field because all of us in the industry have done something else and have brought another skill set to our profession. In Haggerty's case, he was a trade publication editor dealing with the building industry. When he was 29, he decided to leave that position to work with his hands so that he could "clear his mind" for the creative process of writing. He chose to work in the field he had written about.

The result of that decision, is his book "Cows in the Fog and Other Poems and Stories," currently being published.

Haggerty was surrounded by creative expression growing up. His father Richard Haggerty worked with genius composer Richard Rodgers of musical theater fame. His neighbors, when he vacationed in Vermont, were poet Robert Frost and artist Normal Rockwell, not the sort of knock-around friends you would expect from a contractor who would come to paint your house or build an addition.

Leafing through an advance copy of his book, I felt compelled to ask Haggerty about how that thought process

translated into the implementation of his work with his hands.

"Thinking like a poet has developed in me a sense of rhythm when I work," he responded. "It's not necessarily the best way to rush into a job with the goal of just getting it done as quickly as you can. Sometimes it's best to do some things more steadfastly, to slow down, to get the job done in a better way."

Maybe not all homeowners would like to hear that a job would be done in a certain rhythm that might take longer, but for me I'd take that route anytime.

As I consider the projects I have harbored in my mind for my beloved Ebenezer White House--the reconstruction of a front porch that graced my home from the 1830s to the 1950s and will now reappear as enclosed office space and a glass solarium overlooking my garden and pool, with a spa and gym above, along with another bath and a laundry room--I ask Haggerty whether he would be interested in looking at the plans when they finally arrive from my architect and signing on as my contractor?

But I extract a promise from him: At the end of each day, will he share with me the thoughts that pop into his head as he wends his way through the project? Isn't that part of the creative process, after all?

My plan would be to take his notes, create a small sketch book and keep it along with the architectural plans to leave with the house as the poetry the project inspired. How creative an idea is that?

Steve Haggerty's "Cows in the Fog and Other Poems and Stories" can be found at Amazon.com or at his website, www.sthaggerty.com. For hands-on contract work with a creative twist, he can be reached directly at 845-319-6213.

Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc., the longest running public relations agency in Westchester (www.PrimaveraPR.com), specializing in lifestyles, real estate and development. His real estate site is: www.PrimaveraRealEstate.com and his blog is: www.TheHomeGuru.com. To engage the services of The Home Guru and his team to market your home for sale, call 914-522-2076.



By Bill Primavera



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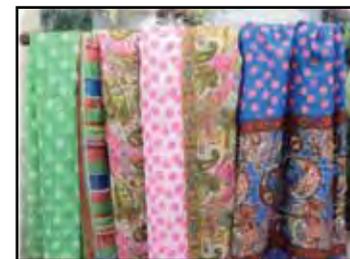
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Crossword

ACROSS

- 1. Tappan Zee Bridge toll or JV Mall eatery, _____ Fare
- 7. Stop working properly
- 11. Paradise
- 12. Tackle box item
- 13. 'Stop panicking!'
- 14. Not too shabby
- 15. Piercing locale
- 17. Prevent
- 20. Consultant
- 24. The _____ of one's eye or Mohegan Lake bank
- 26. Emcee's lead-in
- 27. Two bags of groceries, say
- 29. Archer-bow wood
- 30. "____ other questions?"

31. Mason's wedge

- 34. Honeysuckle family shrub
- 40. Halo
- 41. Persecute
- 42. Caddie's bagful
- 43. Early oboes

Down

- 1. Center of activity
- 2. Colorado native
- 3. A dwarf
- 4. Site of rejuvenation
- 5. Peanut _____
- 6. Mentioned
- 7. Gold coin of old Italy
- 8. Razor-billed _____
- 9. Investment (abbr.)
- 10. A pewter
- 16. Ardent
- 17. Flock sound
- 18. Tax mo.
- 19. Unit of frequency: Abbr.
- 20. Many millennia
- 21. Porker's home
- 22. Movable material
- 23. Commotion
- 25. Andean animals
- 28. Indian nursemaids
- 31. Sun preceder
- 32. Cry's partner
- 33. Miff
- 35. Scrooge's reply
- 36. Victorian, e.g.
- 37. "Rules of conduct"
- 38. Any doctrine
- 39. Barnyard beast

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42						43					

See solution on page 16

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Happenings

The Northern Westchester Examiner We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Neal Rentz at nrentz@theexaminernews.com.com.

Tuesday, June 24

Introduction To Hebrew: Learn to begin to read and speak Hebrew at this free adult education class at First Hebrew on Tuesdays at 7 p.m. through mid-July. RSVP: at 914-739-0500 or fhc@firsthebrew.org. First Hebrew is located at 1821 Main St., Peekskill, just west of Beach Shopping Center. Visit www.firsthebrew.org.

Choral Singers Wanted: For choral singers interested in a new, unique and exciting experience, Taconic Opera invites you to participate in the company's fall production of Verdi's Falstaff, to be performed on Oct. 16, 18 and 19 at the Yorktown Stage in Yorktown Heights. This opera was the second of two comedies and the very last of the 28 operas composed by Verdi. Falstaff contains just the right amount of choral work to make it appealing to choristers without making it a burden to learn, especially important for singers who have little or no opera experience. Requests to participate in the chorus will be considered through June 29. New members may be accepted after June 28 based on their experience and musical abilities. Singers who have a conflict with the complete rehearsal schedule may likewise be accepted based on experience and ability. For further information, contact Mary Coda at divamaryc@aol.com or call 914-649-1826 or visit <http://www.taconicopera.org>.

Somers Library Exhibit: The June exhibit at the Somers Library, located in Reis Park, off Route 139, will feature the works of Susan Haas, an artist, nature photographer and author. Relax with a profusion of spring colors, powerful ocean waves and peaceful beach house reflections. To reach the library, call 914-232-5717.

Free Medicare Counseling: Get help understanding your Medicare benefits and coverage on Tuesdays year-round (except holidays) at the John C. Hart Memorial Library in Shrub Oak, from 10 a.m. to 1 p.m. and on Thursdays from 10 a.m. to 1 p.m. at the Field Library in Peekskill. No appointments are necessary for the free service. Meet with a trained counselor for information about Medicare Parts A, B and D, Medicare Advantage Plans, Medicare Savings Plans, Extra Help and EPIC. You can also call the Senior Benefits Information Center helpline with your questions at 914-231-3260 and a counselor will return your call within two business days. For a listing of all eight SBIC centers in Westchester libraries, go to <http://www.westchesterlibraries.org/senior-benefits-information-centers/>.

Farmers' Market: The Putnam Valley Grange Farmers' Market is held every Tuesday from 3 to 7 p.m. at the corner of Mill Street and Peekskill Hollow Road (Adams

Corners).

Senior Benefits Information: Trained volunteer counselors help older adults and their caregivers find information about government benefits to help them stretch their budgets every Tuesday from 10 a.m. to 1 p.m. at the John C. Hart Memorial Library, 1130 E. Main St., Shrub Oak. Get information on Medicare health and prescription plans, nutrition assistance, the Home Energy Assistance Program (HEAP), tax relief programs, and much more. Info: 914-245-5262 Ext.227 or <http://www.westchesterlibraries.org/sbic>.

Checkmate: A chess program is held every Tuesday at 4 p.m. at the Ossining Public Library, 53 Croton Ave. It is held in the second floor conference room. Info: 914-941-2416 Ext. 336.

Wednesday, June 25

Blood Drive: A blood drive will be held from 2:30 to 8:30 p.m. at the Somers Town House, 335 Route 202. Walk-ins are welcome. Info: Barbara Sherry at 914-277-3637.

The Hitchhiker's Guide: The Katonah Village Library, 26 Bedford Rd, presents Movie, Book & Trivia on "The Hitchhiker's Guide to the Galaxy." There will be a book trivia game at 7:30 p.m. and the 2005 movie (PG, 109 min) will be shown at 8 p.m. Light refreshments will be served. All are welcome. Children should be accompanied by adults. For more information, visit www.katonahlibrary.org.

Torah Studies Course: Chabad of Yorktown has announced that season three (12 classes) of the Torah Studies course will be held every Wednesday from 7:30 to 8:30 p.m. from April 30 to July 16 at the Yorktown Community Nursery School, 247 Veterans Rd. The lessons probe the depth of contemporary Torah thought. The fee for the full season is \$36 and includes the cost of the textbook. Each class is independent. For more information or to register visit: www.ChabadYorktown.com, call 914-962-6600, or email info@ChabadYorktown.com.

Bingo Wednesdays: Come to First Hebrew for \$2,000 in total guaranteed bingo prizes, plus an average of \$1,000 awarded in specialty games. Doors open 5 p.m. and games begin 7:15 p.m. every Wednesday (except holidays - check First Hebrew's website calendar.) First Hebrew is just west of the Beach Shopping Center at 1821 Main St., Peekskill. Info: 914-739-0500 of www.firsthebrew.org.

Thursday, June 26

Write A Book: The date for "Why Not Write a Book ... You Know You Want to" has been changed to today at 7:30 p.m. at the John C. Hart Memorial Library, 1130 Main St., Shrub Oak. Admission is free. Are you one among the millions of people who have thought about writing a book but never seem to get started? This one-night seminar will

show you how to get your ideas from your mind to the page... and even get published. Speaker Rich Mintzer has been writing professionally for more than 25 years. He has 60 published non-fiction books as an author or ghostwriter. His credits also include web content and blogs. He currently runs Your Book Your Way, a ghostwriting and editing service. He will bring books to sell and sign too! Please register for this program. To register or receive more information, call 914-245-5262 Ext. 227 or come to the library's reference desk.

Book Group: A book group for women with breast and ovarian cancer will meet from 7 to 8:45 p.m. at the Cheryl R. Lindenbaum Comprehensive Cancer at Hudson Valley Hospital Center, 1980 Crompond Rd., Cortlandt Manor. The discussion leader will be Amy Curran Baker, author of the book "Now what? Guide to Recovery after Mastectomy". Pre-registration is required. To learn more or to pre-register, call Support Connection at 914-962-6402 or 800-532-4290.

IBM Retirees Club: The Tri-State IBM Retirees Club will hold their annual summer luncheon at 12:30 p.m. in the Church Community Room of the United Methodist Church, 1176 E. Main St, Shrub Oak. The set-up helpers are asked to arrive by 11:30 a.m. Members who may not have paid in advance are still welcome as well as guests and the cost is \$10 and can be paid at the door. This is the last meeting until September. New members are welcome. Info: 914/528-5916.

Friday, June 27

Free Play Dates: A free play date program is being held every Friday from 11 a.m. to noon at the Rosenthal JCC Early Childhood Center at the Yorktown Jewish Center, 2966 Crompond Rd. The program is intended for children between the ages of 16 and 36 months and their parents or caregivers. Children can play, do art and socialize all under the direction of an experienced early childhood teacher. Pre-registration is suggested. Contact Jennifer at 914-962-8430 or e-mail her at Jennifer@rosenthaljcc.org.

Spring Services: During the spring months, Sabbath services will begin at 8 p.m. on Friday evenings and at 9:15 a.m. on Saturday mornings at the Yorktown Jewish Center, 2966 Crompond Rd. Info: 914 -245-2324 or www.info@yorktownjewishcenter.org.

Saturday, June 28

Somers Independence Day: A series of Independence Day events for Somers residents and their guests will be held at Reis Park, beginning at 2:30 p.m. and concluding at 9:30 p.m. with a fireworks show at 9:30 p.m. The park is located at 82 Primrose St., off Route 139. In the event of inclement weather, residents are being asked to tune to WHUD,

100.7 FM, for cancellation information.

Tag Sale: St. Elizabeth Ann Seton Church will hold the annual huge Tag Sale in the school auditorium on June 28 and 29 and July 5 and 6 Saturday's times are from 10 am. to 7 p.m. and Sunday's times are from 8 am. to 4 p.m. The church and school are located at 1377 E. Main St., Shrub Oak. Visit www.seton-parish.org for more information and directions.

Cooking Blogger: Meet Rinku Bhattacharya, blogger at CookinginWestchester.com and author of "Spices & Seasons: Simple, Sustainable Indian Flavors." She will sign books at 10 a.m. at Down to Earth Markets (173 Main Street, Third Floor, Ossining. Info: www.cookinginwestchester.com).

Ossining Farmers Market: The Ossining Down to Earth Farmers Market is held year-round on Saturdays from 8:30 a.m. to 1 p.m. at the corner of Main and Spring Streets. Info: 914-923-4837 Ext. 202.

Overeaters Anonymous: Worried about the way you eat? If food rules your life, Overeaters Anonymous may have the answer for you. There is no weigh-ins, dues or fees. The group meets on Saturdays from 8:30 to 9:30 am at the fourth floor conference at the Graymoor Spiritual Life Center, 1350 Route 9, Garrison. Info: call/text Lisa at 917-716-2488.

Sunday, June 29

Special Needs Mass: A mass for adults and children with special needs and their families will be held at the Church of the Assumption, 131 Union Ave., Peekskill. Confession will be offered at 2:30 p.m., with the mass to follow at 3:15 pm. All are welcome. Info: Michael Miner at 845-206-1977.

Open Days: The Garden Conservancy's Open Days program lets the public explore four private gardens in Bedford Hills, New Rochelle, North Salem and South Salem, from 10 a.m. to 4 p.m. (for most locations) via self-guided tours to benefit the Garden Conservancy. No reservations are required and the event will be held rain or shine. Highlights include a formal vegetable garden, a dramatic terraced ravine garden, wildflower meadow paths, water elements, stone work, and a collection of mountain laurel. Visitors may begin at any of the following locations: Garden of Phillis Warden, 531 Bedford Center Rd., Bedford Hills; Edeiken/Goldfinger Garden, 37 Rolling Way, New Rochelle; The Hen & the Hive, 9 June Rd, North Salem; or the Fish/Marquez Garden, 74 Hemlock Rd., South Salem. The cost is \$5 per garden and children under 12 will be admitted for free. For more information, visit www.opendaysprogram.org or call the Garden Conservancy toll-free weekdays, 9 a.m. to 5 p.m. at 888-842-2442.

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June 24-June 30, 2014

SMALL NEWS IS BIG NEWS

SPORTS SECTION

DIDO Can Do!

Lakeland Lefty Paved Path to Finals



RAY GALLAGHER PHOTOS

Lakeland senior Chris DiDomizio was the horse the Hornets (inset) rode to the Section 1 Class A finals this season as they were seeking, but fell short, of the program's fourth sectional title when the state-ranked (No.13) Hornets were knocked from state-title contention by No.2 Rye, which advanced to the NYSPHSAA finals before falling in the state title tilt... see Baseball Notebook

Sports

Baseball Notebook

Class C Champ Haldane, Class A's Lakeland Fought Long, Hard

By Ray Gallagher
Examiner Sports Editor

It would be a stretch to call 2014 a vintage baseball season for teams from this neck of the woods, despite Haldane three-peating as Section 1 Class C champions and Lakeland reaching the Class A finals. We simply didn't get enough from the rest of the teams in the region for it to be considered a vintage campaign.

You can't get down on the two teams that did perform in the clutch and made a championship showing, but we would hope to get a little more out of Carmel than a quarterfinal loss and Mahopac, which bowed out in the opening round. Yorktown (13-8) had an excellent regular season but also suffered first-round elimination, so we didn't get much bang for our playoff buck on the Class AA circuit.

The Class AA title stayed in Dutchess County for a third-straight year, possessed by RCK, which went to the NYS Final 4 before losing.

Mahopac senior P Kevin Kernan chalked up All-Section honors for the Indians while his catcher Dylan Love was HM, the two battery mates leading the Indians to a 10-11 season. The Stony Brook-bound Kernan (5-1, 0.80 ERA this year) will go down in history as one of Mahopac's premier hurlers, having gone 12-5 with a 1.71 ERA over three years, having fanned 138 batters in 111 IP. He walked just five batters this season, and allowed 18 hits in 35 IP, whiffing 45.

Coach Chris Miller, the beneficiary of three splendid seasons, simply marveled.

"Kevin was the face of the program the last three years," said Miller. "It didn't take long during his sophomore season for others teams to realize we had someone special. No team wanted to face him. He pitched every big we played over the last three seasons and was successful more than not. It will be a strange next season not having him on the roster next season, but the program will look to its younger players to carry the torch. His legacy will simply be a top-notch lefty pitcher, ace of the staff for three seasons and an all-around great kid."

There's more of the same in the MSA and elite travel programs in and about Mahopac. Clearly, the bats have been in issue in recent seasons (the Indians have struggled for runs at the plate), but there are a ton of training facilities in the region working on the problem.

Carmel's Stephen Collins was as well, producing for the Rams (7-14) during a helter-skelter season that saw the 15th-seeded Rams free-fall into oblivion before recovering in time to break up the Class AA playoff bracket with a shocking win over No.2 New Rochelle. This is what we've



RAY GALLAGHER PHOTOS

Mahopac All-Section LHP Kevin Kernan and ASHM catcher Dylan Love were big reasons behind the Indians' success.

come to expect from Coach Bob Shilling's program, which oftentimes puts its best foot forward when the sectional chip is on the line. However, the season ended in the next round when the Rams suffered a 5-1 loss to Suffern in the quarters.

Yorktown's 1B Ricky Corrado, an absolute monster at the dish during the regular season (.508 BA, 31 for 61, 10 doubles, 1 HR, 16 R, 20 RBI and an ops of 1.218), and IF Alec Ierato were named All-Section while P Anthony Robinson, who returned from Tommy John Surgery, was HM.

In CLASS A, ninth-seeded Lakeland got hot when it had to, making up for a so-so regular season with playoff triumphs over No.8 Nyack, No.1 Beacon and No.4 Byram Hills before meeting its maker in No.2 Rye, which advanced the NYS finals before being eliminated by Bayport-Blue Point, 13-2. Relying on the arm of All-Section lefty Chris DiDomizio, the

Hornets (15-8-1) concluded the season at No.13 in the NYS rankings.

Lakeland rode DiDomizio down the stretch. "DiDo" pitched Lakeland to post-season wins over Nyack and top-seeded Beacon, leading Lakeland to the Class A championship game. He finished the season with a 4-2 record with a 2.03 ERA with 65 strikeouts in 58 2/3 innings. He was a productive hitter as well, batting .312.

Lakeland senior 2B Ryan Arena was an All-Section HM selection. Not among those on the All-Section list, but not to be overlooked, was St. John's-bound senior C Anthony Fava, who scorched the ball for much of the post season and kept would-be base stealers at bay. As the S.O.A.C. travel programs continue to flourish, so, too, will Coach Joe Knapp's program.

No.7 Walter Panas (11-10) was clearly sparked by the play of senior CF Tom Parrish (.365 BA, 15 R), who could flash

some mean leather and provide pop and speed in the lineup, enough to help the Panthers secure the League I-A title, sharing it with Yorktown. The Panthers worked a first-round victory over No.10 Ardsley before falling to Rye in the quarters, 7-1. Mike Perrone (17 RBI, .352 BA), Ron Lyman (.340 BA, 12 R) and Anthony Ortiz (.458 BA, 16 RBI) posted solid seasons for the Panthers.

"The 2014 Panthers had a tremendous season," Panas boss Anthony Fata said. "We overcame some early season injuries, question marks in the rotation and missing puzzle pieces in the line-up. The seniors really stepped it up, led by Tom Parish, Nick Dinnen, Anthony Ortiz, RJ Lyman, Mike Perrone and Mike Lotto. Winning the league this season was a great accomplishment for this team and this program. I wish all my seniors the best of luck in college and all that life has to offer them!"

Somers (10-12) had an atypical season, dealing with mediocrity for a change. The No.14 Tuskers, one of the sections most consistent programs, came down to earth this season and suffered a first-round elimination at the hands of No.3 Eastchester, 7-5. There is little doubt that Coach Joe Wootten will have the Tuskers back in contention quickly with what they have in their travel feeder system.

Brewster (7-15) struggled for victories early on but managed to defeat Lakeland late in the season and churn out enough wins to build on. John Ferris hit a two-run homer in the top of the eighth for No. 20 Brewster in its outbracket playoff win. The Bears, who were better than their record would indicate, advanced to face No. 4 Byram Hills, who put an end to things in another close game, 6-5.

Hen Hud finished a sub-par season at 5-14 after 9-0 outbracket loss to Lourdes.

In CLASS B, third-seeded Putnam Valley went 12 innings in its season-ending quarterfinal loss to No.6 Keio. The Unicorns would fall in the next round and Rye Neck would come out of Section 1 to reach the NYS finals before losing 3-1 to Schalmont. The Tigers would see junior RHP Eddie Lent chalk up All-Section honors. Lent should be the anchor of a strong staff next season, which should include returnees like Ryan Basso, Dan McCann, Charlie Pagani and Nick Marro. PV Coach Joe Natalie is cautious with his words, but opposing coaches are expecting the Tigers to be a Final 4 team next season with a major core of the group returning in 2015.

The Tigers will be pitching rich, but they will need to hit the ball better next season if they plan on contending for a sectional title, what would be the first in school history.

Sports

Baseball Notebook

No Excuses When it Comes to Running at Club Fit Briarcliff

By Ray Gallagher
Examiner Sports Editor

Even the most avid exercise enthusiast dislikes heat and humidity. It is the one thing that can turn a miler into a couch potato. Heat and humidity are perhaps the two elements that, when combined, factor into the most skipped aerobic workouts worldwide. Rain can kill a good workout, too.

But a climate-controlled environment, like the indoor track at Club Fit in Briarcliff, eliminates every excuse possible when it comes to weather-related elements that preclude folks from getting the exercise they need.

Most local school districts have tracks on which the townsfolk can walk, but oftentimes they are forced to dodge oncoming lacrosse balls and foul balls while dealing with scores of events going on around them. The track at Briarcliff's Club Fit location is exclusive to laps and the benefits are endless.

Besides consistent weather conditions, the surface is free of rocks and debris (some folks stroll it barefoot), and the even surfaces make for safer striding. Security is often a major issue at public tracks while at Club Fit there is no traffic or other safety issues; like the guy who brings his loveable but aggressive Rottweiler to run the track

with him.

The Mondo design rubber flooring at Club Fit affords runners a slight cushion, which is less stressful on joints than pavement. Mondo rubber flooring, the official flooring of the 2012 London Olympics, attributes its products' successes to its investments in technological research and human resources, so Club Fit cut no corners when laying this track down when it went the Mondo route.

The course is aligned with consistent running distances and progressive measurements, designed to encourage and help push the user on to the next lap. There's an Introductory Program - Couch to 5K;

an Intermediate Program - 5K to 5 Miles and so much more going on at this elevated platform. Perhaps the best part is all that surrounds the track upon your last lap.

"Where else do you get to run on an indoor track at a gym that has a pool, tennis courts, basketball and good, clean equipment," NYC singer/saxophonist Jonny Hirsch, a club member, said. "It definitely does the job."

Anyone interested in checking out the track and the facilities at Club Fit Briarcliff at 584 North State Road, Briarcliff Manor should call 914.762.3444 to speak with member services, or hit them up at brfitness@clubfit.com.

Class C Champ Haldane, Class A's Lakeland Fought Long, Hard



Panas CF Tom Parish was as steady as they come this season, leading the Panthers to Class A quarters.

"The season was obviously a successful one because we had a school-record 16 wins, but I would take 12 overall wins and a sectional title any day," Coach Joe "Nats" Natalie said. "We also feel good about going into next year with most of our key players coming back. All of our starting pitching and most of our pitching staff as a whole returns, and when you have great pitching you're in every game. If we can improve at the plate, I think we should

definitely contend in the end."

Croton senior SS Michael Hrycko picked up an All-Section nod for the Tigers (13-11), who turned a corner this season under Coach Eric Rosen. In the post-season, Scott Giordano went 3 for 3 with a homerun, two RBI, a run and three steals in an opening-round win over Hastings. Hrycko pitched a complete game, three-hit shutout with six strikeouts, but the Tigers fell 9-0 to Rye Neck to end

the season in the quarters.

In CLASS C, No.2 Haldane (15-9) saw senior CF John Rotando do his thing, leading the Blue Devils in every way, shape and form to triumphs over sectional foes No.3 Schechter and No.1 Tuckahoe before turning their attention the Section 9 champion Chester in the state playoffs. The Blue Devils made their way to the Region 1 title game behind the vintage pitching performance from ace

RHP Jay Marchese before a season-ending 5-1 loss Pierson-Bridgehampton, the eventual NYS runner-up to Hoosic Valley. The unassuming Rotando simply led by example, becoming one of the rare three-sport stars in NYS to win a state playoff game in three sports (baseball, hoops, soccer). The Blue Devils are stacked with young talent and should find a way to once again contend in 2015.

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Sports

Renegades Stop Losing Skid with Win over Staten Island

By A.J. Martelli

The Hudson Valley Renegades couldn't have started the New York-Penn League season any hotter, winning their first four in a row. But a three-game losing streak at the hands of the Brooklyn Cyclones plagued them following the win streak, and they needed to refocus on Friday night at Dutchess Stadium.

And they did just that, thanks to some timely hitting and fantastic pitching, beating their division rivals the Staten Island Yankees 3-0 to get back on the winning side.

"Our players played well, and our pitchers have been pitching well since we showed up here," manager Tim Parenton said. "Our hitters have been timely, we manufactured our runs early, and they stood up."

The Renegades got on the board right away, when newcomer Jace Conrad singled and reached second base on an error. The 21-year-old second baseman out of Lafayette promptly swiped third and came in on an errant throw, giving the Renegades a quick 1-0 lead.

"I was just trying to get a good pitch to hit and I knew early in the count I was going to get a fastball to hit," said Conrad, who drove 24 hours with his younger brother to get to Dutchess Stadium for his first professional baseball game. "It always helps to throw the first punch and that's what we did today."

Parenton was also pleased to see his team capitalize on the Yankees' mistakes, Staten Island having made three errors early in the game. He also tipped his cap to

Conrad, who finished with a 2-for-4 clip.

"That's baseball – if they make the errors, you have to make them pay for it. We were able to make them pay early in the game when they made the errors, we scored our runs, and that's how we got it done."

"He (Conrad) had a great game, and it's great when guys start their careers with two hits, stealing a base, doing certain things and being aggressive – that's what we knew when we drafted him: he's an aggressive player and he showed that tonight."

The Renegades added to their lead in the second inning with an RBI single off the bat of catcher Wilmer Dominguez, and padded the lead in the fifth with another blow by Conrad; a soft single that made it through the middle to bring in shortstop Coty Blanchard.

It was all the offense the Renegades needed, with the outstanding starting pitching of Nolan Gannon. The lanky, 6-foot-5 right-hander tossed six innings of one-hit ball, letting up only one walk and striking out eight. Like his last start against the Aberdeen IronBirds, he set the first nine batters he faced down in order before allowing a base runner.

"He pounded the zone, had all three pitches working tonight," Parenton said. "He kept them off-balance, his fastball was good – down – and he kept on doing it all night long."

Mixing pitches, Gannon thought, was what made him so successful.

"Establishing the first pitch strike has been the key," he said. "My changeup has

been working; have to keep them off-balance. I've been getting a good mix of all my pitches. My goal is to keep getting better each day, keep on doing what I'm doing."

Gannon improved to 2-0 and has yet to let up a run this season. He was backed up by a solid relief outing from Issac Gil, who struck out five over the final three innings

to pick up his first save of the year.

EXTRA INNINGS: Conrad continued his hot hitting Saturday at Staten Island, collecting two hits and two RBIs in the Renegades' 10-6 loss to the Yankees. The Rays' 2014 first round pick Casey Gillaspie also helped out with his second home run of the season, a two-run shot in the third inning.

Bears Growl Loudest in Put Valley Little League



The Bears of the Putnam Valley Little League celebrated their perfect 13-0 season & 12U championship last Saturday night in Putnam Valley. The Bears played the Cyclones in the championship game. The game was a pitcher's duel until the Bears broke through in the fourth, winning 7-3. P Gary Jacobson was strong through four IP, and reliever Alex Weller closed it out. Bears L-R (Bottom Row): Alex Weller, Sean Holzman, Chris Jacobson, Ryan Mulqueen, James Fleischhauer (Top Row): Coach Gary Jacobson, Sean Bauer, Joe Clemente, Chris Itri, Arthur Ryan Holzman, Matt Jacobson, Coach Frank Weller.

Rebels Yell!



The YAC 9U Yorktown Rebels won the Westchester Baseball Association's (WBA) Spring Championship on June 14 on the Route 202 Field in Yorktown Heights, capping back-to-back championships for the Rebels, who also won the fall league title. The Yorktown Rebels won their semifinal game against House of Sports, 5-4, and then went on to win the championship game against the New Rochelle Thunder, 3-1. Members of the team were thrilled to represent Yorktown, including Coaches John Campobasso, Sean Capshaw, Keith Holmes, Andrea Jacoby and Pat Devaney, plus team members Brendan Capshaw, Aidan Holmes, Ryan Campobasso, Jason Glicksman, Jason Peragallo, Jimmy Rae, Omar Giret, Ryan Devaney, Stephen Haglund, Steven Loperfido, Brad Garrity, Nicholas Jacoby and Matthew Alduino.

S.O.A.C. Crowns Bantam Boys Champions



The Peachwave Frozen Yogurt SOAC Bantam champions included Coaches Anthony Sabatello and Assistant Coach Mark Moccia in addition to players Anthony DeCesare, Miguel Iglesias, AJ Imperati, Matthew McDermott, Mark Moccia, Hunter Portante, Anthony Sabatello, Justin Seidman, Michael Truongold, Matthew Vallario and Chris Luciano.

Yorktown's Palmadesso Tabbed Examiner Player of Year

Rebel Zingaro Named MVP; Huskers Abound on All-Examiner Team

By Ray Gallagher
Examiner Sports Editor

The 2014 season will forever be known as the year we "Restored Order" in Section 1. With perpetual powerhouse Yorktown copping its seventh NYS championship in Class B and Lakeland/Panas bringing the Class A sectional championship back to the northern neck of Section 1, the old guard polished its Class A rep and took the mantle of power back from former two-time champion Mamaroneck. In order to do so, the region had to be stocked with top-notch talent, so without further ado here are some of the honorees.

The 2014 All-NWE/Putnam Examiner Lacrosse Team

Player of the Year: Yorktown M, Luke Palmadesso – There were other choices out there but none as obvious as the Nova-bound two-time All-American. The force was with Luke all season, as he owned the dot and worked his way into Yorktown lore as one of its all-time best middies, leading the Huskers to their seventh NYS title, first since 2003. Coach Dave Marr called him one of the most complete players in Yorktown history; that's enough right there for the nod.

MVP: Lakeland/Panas G, Mike Zingaro – The Rebels don't get to the sectional finals, much less the NYS Region 1 championship, without the services of the Manhattan-bound senior captain and four-year starter. Some say his unorthodox style won't translate at the next level. We say poppycock: Zingo will be a golden prospect and impact player upon his arrival.

Defenseemen of the Year: Yorktown D/LSM, Austin Fusco – The Syracuse-bound Fusco was an absolute no-brainer. The two-time All-American will go down in Husker legend as an all-time great. His NYS title-clinching, coast-to-coast goal against J-D is the stuff of legend; the stuff we'll talk about in Section 1 circles for generations.

Coach of the Year: Yorktown, Dave Marr – L/P Coach Jim Lindsay deserves a badge of honor for dealing with the flighty Rebels this season, but the former Yorktown/Hopkins All-American gets the nod after securing his fourth NYS championship, two as a coach, two as a player. Marr trusts his top-notch staff and delegates accordingly, but his cool persona hasn't changed since the wee '90s when his flow – now a distant recollection – was as renowned as his worldwide game.

1st Team All-NWE/Putnam

ATTACK

Connor Vercruysse, Yorktown – One ball, one stick, one shot... the ball goes



RAY GALLAGHER PHOTO

Players of the Year: Player of the Year Luke Palmadesso (L) and Defenseemen of Year Austin Fusco were prime components in Yorktown's 7th NYS title drive.

to the Rutgers-bound two-time All-American. The mailman of Section 1 lax, Con Man delivered when needed and carved his niche as an all-time Husker great. Could easily have won MVP honors if not for fact we need to spread some wealth here.

Brian Prunty, Lakeland/Panas – The Sienna-bound All-American was hobbled from the mid-point of the season on and still found a way to will the Rebels to their first Class A sectional title since 2010. He will pass the torch to his brother Kevin,

just as his brother Conor, now a stud at Sienna, did to him in 2010. The Pruntys have sort of become L/P lax royalty the past five years.

Nicky Bonitatibus, Yorktown -- The Cortland-bound All-Section QB of the Husker attack fed the ball and worked the X in a manner bordering on All-American-like in the state finals where he scored two and set up two more. Tough as nails, there's not an ounce of quit in this kid.

MIDFIELD

Luke Palmadesso, Yorktown (Player of Year)

Liam DaRos, Brewster – The Fairfield-bound All-American will go down in history as one of Brewster's best lax players ever, quite possibly its most prolific scorer. Just wait and see what he does with talent surrounding him at the next level.

Tim Cousin, Somers – The Sienna-bound All-American sniper finished with 35 goals and had 26 assists and was clearly one of the top two-sport athletes to hail from Somers in quite some time.

DEFENSE

Austin Fusco, Yorktown (Defenseemen of the Year)

Andrew Sofroniou, Lakeland/Panas – The speedy Plattsburgh-bound All-Section senior's ability to clear the zone as a LSM was unrivaled this season.

Alex Bronzo, Putnam Valley – The skillful, technique-driven Rutgers-bound All-American is without question the best pole in PV history, made in the mold of Coach Brian Kuczma, the former Yorktown/Hopkins A-A.

GOALIE

Mike Zingaro, Lakeland/Panas (MVP)



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