

New 'Progressive American' Eatery Opens in Croton

See Page 14



October 7 - October 13, 2014

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See Sports

SMALL NEWS IS BIG NEWS

Volume 6, Issue 251

Hundreds Turn Out for Charter School Hearing in Peekskill

By Sue Guzman

A standing room only crowd packed into Peekskill Middle School last week for a public hearing on the proposed Guardian Academy Charter School of Peekskill.

The speakers included parents, school officials, residents and elected officials who overwhelmingly weighed in against the proposed charter school, which would be housed inside the now-defunct Assumption Catholic School, which closed last year.

This is the second year the school has applied. Under the proposed plan, the Guardian Academy would open next August and provide services for kindergarten and first grade and increase enrollment from 200 to 400 by year five to serve students up to seventh grade.

Most of those who spoke at Wednesday night's public hearing expressed concern that the charter school would be a drain on

the school's resources.

"Why would we want to drain valuable funds from an already financially distressed school system and hand it over to a privately owned school that has nothing new to offer to our children?" said Mary Alice Boyle, President of the Peekskill Faculty Association, and reading specialist at Woodside Elementary School.

The sentiment was echoed by Peekskill Board of Education Vice President Colin Smith. "If this is approved, it will strip precious resources for our kids-- resources and services to which they are entitled. The loss of millions of dollars in state aid will only serve to widen the educational gap," he said.

The Guardian Academy is one of 15 charter school applications under consideration statewide, and only one of two in Westchester. The other is in Mount Vernon.

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PHOTO BY SUE GUZMAN

Aubrey Warn, the applicant for the charter school, received little support during last week's hearing.

Wife's Lover Jailed for Life for Murder of Peekskill Cab Driver

By Rick Pezzullo

A Newburgh man was sentenced to life in prison without parole earlier this week for murdering a well-known cab driver and the husband of his lover in 2012 on Pine Street in Peekskill.

John Murray, 62, who has already served more than 30 years behind bars for other violent crimes, received his punishment on September 30 after a jury found him guilty in April of first-degree murder in the death of Terrance Camper, 53, who police said was unaware his wife, Beatrice, 62, was involved with

Murray.

"This conviction and sentencing reflects the third separate and unrelated murder that this defendant has committed during his lifetime. He has spent virtually his whole adult life in prison," said Westchester District Attorney Janet DiFiore. "By his past actions and his actions in this case, John Murray has shown that this punishment must be permanent and he should be removed from society for the rest of his life. The sentence handed down by the Court..."



John Murray

continued on page 2



BARBARA CERVONI PHOTO

20-Year Celebration

Thousands of people turned out Sunday morning at FDR State Park in Yorktown for the 20th Support-A-Walk, the largest annual fundraiser for Support Connection, the non-profit organization that provides free and confidential services to women and their families battling breast and ovarian cancer. For more photos, see pages 16-17.

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Hundreds Turn Out for Charter School Hearing in Peekskill

continued from page 1

Parent and city resident Mike Morey questioned the motives behind the Peekskill charter school application.

"On top of being a duplication of school services, I think what you're seeing is someone who unfortunately lost their parochial school locally (Assumption), which the Archdiocese decided to no longer fund," he said. "I believe the entire purpose of this application is to find a tax paying tenant for a vacant piece of real estate at a local church."

Audrey Warn, a Peekskill native, is the lead applicant seeking the creation of the charter school. She is a mother of three, serves as an Advancement Director for Assumption School and Church, and is a past president of Assumption School's parent association. Warn was among the speakers Wednesday night and said the Guardian Academy Charter School would not divert funding from the district.

"Of the approximately \$26,000 Peekskill spends to educate a child, only \$16,000 go to the charter. Also, if a certain percentage of children enroll in the charter school, the

district receives funds in the form of transitional aid," she noted.

Warn also said the charter school would give parents a choice. "Conservative estimates indicate there are at least 250 students leaving Peekskill every day to seek other educational alternatives. No funds can be recouped there," Warn said.

MaryAnn McCarra-Fitzpatrick, who has two sons in the school district, said, "My husband and I moved to this community in part, for the schools. We do not wish to see class sizes go up while our property values

go down. Assumption cannot seek to balance their budget on the backs of my sons and their classmates. It is not right or just."

Peekskill Mayor Frank Catalina, who originally supported the Guardian Academy and was widely criticized at a recent Common Council meeting, said he has since changed his mind.

"I think there's a place in society for charter schools, but I've come to the conclusion that Peekskill is not one of those places," he said.

The public hearing was videotaped. A

copy will be sent to the New York State Education Charter School office along with written transcripts submitted for the record. Residents have until October 31 to submit their comments in support or in opposition to the proposed Guardian Academy Charter School. Written comments may be submitted to charterschools@mail.nysed.gov or to Susan Megna, Charter School Office - 5N EB Mezzanine, 89 Washington Avenue, Albany, NY 12234.

A decision by the New York State Board of Regents is expected by mid-November.

Wife's Lover Jailed for Life for Murder of Peekskill Cab Driver

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will now hold him accountable for his behavior."

Beatrice Camper, a resident of Brown Street in Peekskill, who on the night of her husband's murder appeared on television and called him her soul mate, had taken out two "sizeable" life insurance policies on Terrance a few months before the crime listing her as the beneficiary. She pled guilty on February 20, 2014 to one count of murder in the second degree and was sentenced in June to 15 years to life in prison.

Police said Murray and Beatrice began an "intimate relationship" while Murray was in jail awaiting parole two murders he committed in 1977. Murray had lured Terrance Camper to Pine Street on October 3, 2012 in the early afternoon by calling him for a cab ride. Murray then shot Camper in the head twice with a small caliber handgun.

A postal worker observed Camper's Mercury Marquis parked a few blocks from Peekskill High School in the wrong direction and the driver was not moving. She called 911 and on arrival first responders immediately recognized Camper, a long-standing member of the community who once owned a taxi company but before his death worked independently driving local children to school and area veterans to appointments.

Camper had blood dripping from the left side of his head behind his ear by his neck and was taken to Hudson Valley Hospital Center, where he was pronounced dead about an hour later.

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Blood, Organ Drives to be Part of Annual Yorktown Street Festival

By Rick Pezzullo

Yorktown resident David Rocco has donated 160 pints of blood over the last 30 years, and he's hoping to encourage many others to follow his lead this Sunday in conjunction with the Yorktown Chamber of Commerce's annual Street Festival.

With thousands of visitors expected in downtown Yorktown from 11 a.m. to 5 p.m. on Sunday, Rocco felt it was an ideal venue to spread the word about the

need for blood, organ and bone marrow donors, so he coordinated the effort that will take place in the Yorktown Community and Cultural Center.

"People are so busy in their lives, but unless it happens to someone in your family you suddenly pay attention," Rocco said. "This is a great cause and if you help one person it's worth it. It's a small sacrifice."

Only four percent of eligible people in New York donate blood in the United

States and New York ranks 49th out of 51 states and the District of Columbia in organ donor registration. The American Red Cross will be running the blood drive, while representatives from the NY Organ Donor Network and the NY Area "Be a Match" Bone Marrow Program will be on hand to sign up potential donors.

Rocco noted he first started donating blood in college and never stopped, donating five or six times a year. His

89-year-old father still donates blood as well. Rocco is optimistic of at least 100 pints of blood being donated on Sunday.

Anyone 18 years or older interested in donating should bring a form of identification, weight at least 110 pounds and be in good health.

"I challenge people to come out," said Rocco, who will also be wearing another hat Sunday leading a small pet parade to promote the town's new dog park in Mohagan Lake, off Lexington Avenue.

Woman Killed in Two-Car Accident in Somers

By Rick Pezzullo

A female passenger was killed in a two-car, head-on collision Friday evening in the Town of Somers.

According to the State Police in Somers, a 2012 Honda and a 2008 Volvo collided at the intersection of routes 35 and 100 at about 7:10 p.m. The Honda was being driven by an unidentified 65-year-old Connecticut woman and the Volvo, was driven by an unidentified 16-year-old Somers resident.

The passenger of the Honda, an unidentified 78-year-old woman from Norwalk, CT, sustained significant trauma from the crash. Life-saving measures

were taken at the scene by responding troopers and EMS personnel, but she succumbed to her injuries after being transported to Northern Westchester Hospital in Mount Kisco.

All of the other parties involved were taken to Westchester Medical Center for non-life threatening injuries. There were no signs or indications that alcohol or drugs contributed to the crash. The cause of the crash remains under investigation.

The State Police Somers Bureau of Criminal Investigation is asking that if anyone witnessed the actual crash to please contact Investigator James Stirpe at (914) 277-3651.

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GOP Supporters Endorse Diana for Yorktown Board Seat

By Rick Pezzullo

Local Republican leaders endorsed Tom Diana Friday afternoon in the upcoming election for one of the vacant seats on the Yorktown Town Board.

Diana, who ran unsuccessfully last year as a Democrat for highway superintendent against Dave Paganelli, is seeking to fill the last 14 months or so of Paganelli's unexpired four-year term. He is being challenged by former Supervisor Susan Siegel, who has Democratic, Conservative and Independence party backing.

A third generation Yorktown resident, Diana, a former local police officer and current owner of a home heating oil business, said he decided to join the Republican Party since his beliefs are more in line with the GOP platform but hoped to receive bipartisan support.

"They have accepted me with open arms," Diana said of the Yorktown Re-

publicans. "I love this town. I want to continue to move this town forward. We've had a lot of loggerhead on the Town Board and I want to break that. I want to make Yorktown a destination, not a place you travel through, but a place you travel to."

Yorktown Supervisor Michael Grace said Diana would be "an integral part" of helping keep the town "business-friendly" by moving forward such projects as Costco on Route 202 and Depot Square in downtown Yorktown.

"We want to continue these things going. Last year, we had a split board and everything slowed," Grace said. "I feel this particular election is critical for the Town of Yorktown."

Grace then proceeded to rip Siegel, who he unseated in a three-way race in 2011.

"His opponent has a track record. Her



RICK PEZZULLO PHOTO

Tom Diana flanked by supporters at Town Hall.

track record was abysmal. The only thing that increased was lawsuits, personal fights and vendettas," Grace remarked. "Morale at Town Hall was at an all-time low. That has all changed. Since Susan Siegel has left, Yorktown has moved forward. We don't want to go back to what Yorktown was under Susan Siegel."

Siegel responded to Grace's criticism

by questioning Diana's ability to be an independent voice on the board.

"A vote for Tom Diana is, in reality, a vote for Michael Grace and a continuation of Grace's flawed agenda for Yorktown: alienating our parkland, building more empty storefronts for his developer friends, pushing through phony budgets and making decisions behind closed doors," Siegel asserted. "Throughout the campaign, Tom has been unable to come up with one new idea of his own. Opposing Common Core isn't exactly a Yorktown Town Board issue."

Others who spoke on Diana's behalf outside Town Hall were Councilman Terrence Murphy, who is running for state Senate this year, Westchester County Legislator John Testa, who lives in Peekskill, and George Oros, a resident of Cortlandt and chief of staff to County Executive Rob Astorino.

Calabria Wins YSBA Pizza Contest at Yorktown Grange

By Jerry Eimbinder

The winner in the "Yorktown's Best Pizza" competition held by the Yorktown Small Business Association on Sunday was Calabria Pizza & Pasta of Shrub Oak. The cheese-pizza baking contest was held at Yorktown Grange

Fair Grounds.

Attendees paid \$10 to participate and feast on unlimited slices of pizza from the five participating pizzerias and cups of ice cream provided by JJ's Scoophouse, a Yorktown ice cream parlor.

The contest was open to locally owned

pizzerias. An award will be presented to Calabria at its place of business and at a Yorktown board meeting. Proceeds from the event will go to a community service organization designed by the contest winner.

Calabria is located at 3681 Old York-

town Road, Shrub Oak, 914-556-6410. JJ's Scoophouse is at 315 Kear Street, Yorktown, 914-302-6981. The YSBA is at 1795 Hunter Brook Road, Yorktown Heights, and can be contacted by calling 914-874-4347, or by email at yorktown-ba@optonline.net.

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Man Charged with Fraudulently Obtaining Disability Benefits

By Rick Pezzullo

A Yorktown man was arrested by federal authorities at his home last Wednesday for an alleged scheme to fraudulently obtain disability benefits from the Social Security Administration.

James Carson, 50, a former New York City Police Department officer, could face up to 20 years in prison if convicted after being charged with one count of theft of government property, one count of making false statements and one count of failing to report income.

According to Preet Bharara, the United States Attorney for the Southern District

of New York, and Edward Ryan, special agent in charge of the U.S. Social Security Administration, Office of the Inspector General, Carson allegedly claimed that he was unemployed since 1990 and could not work due to disability. However, since at least 2004, at the same time he was collecting disability benefits, he was working full-time as the director of security for an international watchmaker and luxury watch retailer in Manhattan.

“Not only did James Carson allegedly tell a series of lies to protect disability benefits to which he was not entitled, but he then took sophisticated steps to con-

ceal his fraudulently obtained income from the Social Security Administration,” Bharara said.

“It is particularly troubling when these types of crimes are committed by individuals who were once entrusted with upholding the law, and who are already receiving generous taxpayer financed pensions,” Ryan said.

The complaint against Carson alleges in order to prevent the Social Security Administration from discovering he was gainfully employed while claiming to be unemployed due to a disability, Carson took steps to conceal the income by ar-

ranging for it to be paid first to a corporation associated with a relative, and then paid from that corporation to Carson’s relative as purported wages. Since 2004, Carson collected approximately \$306,431 in disability benefits.

In addition, EZ Pass records showed Carson frequently traveled back and forth from his residence to his office from 8 a.m. to 5 p.m. In 2010, Carson received the Loss Prevention Case of the Year Award from the National Retail Federation for his role in an investigation into credit card schemes targeting his company.

Supermarket Worker Charged with Meat in His Pants

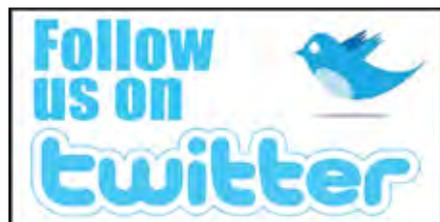
By Rick Pezzullo

No steak out was needed by police when a Croton supermarket worker was caught red handed last week with stealing meat by stuffing it in his pants.

Gregory Rodriguez, 46, of Ossining, was charged with grand larceny in the fourth degree, a Class E felony, with stealing an estimated \$1,200 worth of assorted meat, including filet mignon, from the A&P on Route 9A, a theft allegedly captured on store surveillance cameras.

State troopers investigated the com-

plaint from store personnel on September 29 and Rodriguez was charged the following day. Rodriguez was arraigned in Cortlandt Town Court and was remanded to Westchester County Jail without bail.



Gregory Rodriguez

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SMALL NEWS IS BIG NEWS

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Police Blotter

Westchester County Police (Cortlandt)

September 22 - 11:36 a.m. - Police conducted speed enforcement along Watch Hill Road. Three summonses were issued in the following half hour.

2:20 p.m. - A resident of Hood Place reported to police that a motorist stopped his car and used his cell phone to take a photo of her daughter as she was walking from a school bus to her home.

September 23 - 6:15 p.m. - Police responded to an activated burglar alarm at a residence on Westbrook Drive. The home was checked and found to be secure.

September 26 - 11:44 a.m. - Police responded to Doris Lee Drive on a report that a resident was burning items in a barrel. An officer determined that a homeowner was burning wood and advised him that the activity was prohibited by town ordinance and county law. The homeowner extinguished the fire.

6:13 p.m. - Jermaine Curry, 38, of Cortlandt, was charged with petit larceny, a misdemeanor, and harassment 2nd degree, a violation, based on a complaint from store security at Kohl's department store on Route 6. Curry is accused of shoplifting a pair of socks and then threatening the security staff member who followed him from the store.

September 27 - 8:52 p.m. - Police re-

sponded to Lynwood Road to assist an elderly man who had fallen. The man was taken to Hudson Valley Hospital Center in Cortlandt by Mohegan Lake Fire Department ambulance.

Westchester County Police (Ossining)

September 22 - 5 p.m. - A resident of McCarthy Drive reported to police that she had just returned to her apartment to find the front door ajar. Officers responded and checked the apartment, finding no sign of forced entry or no one inside. The woman, who said she has been having a dispute with her landlord, said several items of jewelry were missing. The investigation into the incident is continuing.

September 23 - 8:09 a.m. - Police responded to a residence on North State Road on a report that an 11-month-old child was having difficulty breathing. The Ossining Volunteer Ambulance Corps also responded and transported the child to Westchester Medical Center in Valhalla.

7:38 p.m. - Police responded to Spring Pond Road on a report of a dispute between neighbors. A resident said her neighbor has been harassing her with noise complaints whenever she has guests at her apartment. The other party to the dispute was not home and could not be contacted.

September 24 - 3:54 p.m. - A resident

of Ganung Drive reported that someone had damaged his mailbox and post during the day.

September 27 - 5:05 p.m. - Police responded to a residence on Van Cortlandt Avenue after receiving a 911 hang-up call. The call was made by a five-year-old who was playing with the phone.

September 28 - 5:42 a.m. - Cesar Noble, 60, of Beacon, was charged with Felony DWI and Aggravated Unlicensed Operation of a Motor Vehicle 1st Degree, also a felony, and Failure to Use an Interlock Device, a misdemeanor, after he was found asleep behind the wheel of his running car alongside northbound Route 9A in the Town of Ossining. Noble is legally required to drive a vehicle outfitted with an interlock device due to a previous DWI conviction.

State Police

September 18 - David Herbin, 25, of Cortlandt, was charged with second-degree menacing after he allegedly threatened a group of people with a knife the previous evening after neighbors asked him to move his car. Witnesses told police Herbin produced a knife and challenged the group to a fight. Herbin was remanded to Westchester County Jail in lieu of \$10,000 bail.

September 23 - David Harrison, 34, of Mohegan Lake, was charged with driving

while intoxicated and criminal possession of a controlled substance after he was stopped for speeding on Conklin Avenue in Mohegan Lake. Harrison supplied a positive breath sample and was also found to be in possession of cocaine.

September 29 - Fernando DaCunha, II, 30, of Cortlandt, was charged with falsely reporting an incident and making a punishable false written statement after reporting to police he was a victim of identity theft/grand larceny. Investigation revealed DaCunha accused a foreign company of unlawfully debiting \$2,000 from his bank account when, in fact, DaCunha was actually involved in an online civil dispute. He was released on his own recognizance.

Yorktown Police

October 1 - 1:10 p.m. - Mitchell Fuchs, Jr., 34, of Yorktown, was charged with criminal mischief and attempted assault after allegedly attempting to cause physical injury to another person by intentionally striking the victim's vehicle with his vehicle on Route 202 on September 30. Fuchs caused more than \$1,500 damage to the victim's vehicle. He was arraigned in Yorktown Justice Court and remanded to Westchester County Jail in lieu of \$15,000 bail.

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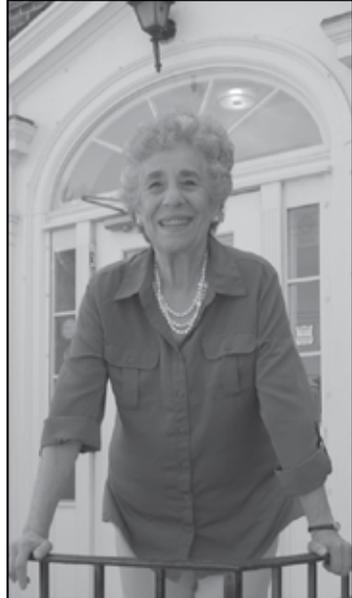
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Letters

Wagner, Siegel Deserve Support for Opposing Pipeline Expansion

To the Editor:

I am a stay-at-home mom and lifelong resident of Yorktown. I love this town and all it has to offer for our families. However, I recently have become very concerned by one pressing issue, the expansion of the Algonquin pipeline, one of the two natural gas pipelines that run through our town.

There have been many reported incidents of ruptures and explosions of similar pipelines in recent years.

The company that owns the pipelines, Spectra Energy, would like to take one of the two pipes in Yorktown and almost double the size of it, from the present 26 inches to 42 inches. In addition, the gas would be under greater pressure, 60 times atmospheric pressure. I'm no scientist, but it seems logical that if one pipe blows next to an adjacent pipe, wouldn't that second pipe blow too? How large

of a blast might that be when you add a huge 42 high-pressure pipe to a smaller, adjacent to a 30 inch pipe? When so many homes are right next to the pipeline area, and when school buses have to cross where the pipelines run to bring children to school in the morning and return them home each afternoon, and when the pipeline runs through our parks, near the mall, churches and places of business, I am fearful of what could happen.

Spectra Energy would also like for us to alienate local parkland for a permanent "pigging" station, where a large egg-like object, the "pig" would be placed in the pipe to scrape the inside of the pipe to clean it – possibly releasing radioactive dust, lead, and radon into our soil and air. Also, 23 acres of Yorktown parkland and forest would be clear cut to make way for Spectra to have a construc-

tion yard for their pipes. Imagine the construction, the trucks, the deforestation, the radioactive particles floating in the air just a hop skip and a jump from your backyard or elementary school.

Other municipalities in our area have organized public information sessions, and given a flat-out "no" to Spectra regarding these projects. Yet our officials in Yorktown seem to welcome Spectra with open arms, even though there is absolutely no benefit, that I can see, to the town.

Please be sure to let our elected officials know, with your votes, that we do care about the health and safety of our town. Justin Wagner for State Senate and Susan Siegel for Yorktown Councilperson are very concerned about the issues and have spoken out against the pipeline expansion. Let's give them our support.

ELAINE GRIFFITHS

Small Businesses Should Not be Subject to Strong Arm Tactics

To the Editor:

Was it just my Machination?

Local Small Businesses, Stand up to the Bullies, Intimidators and Strong Arm Tactics. Don't be a bystander, be an upstander instead.

I recently attended a local political fund raising event in town and observed some very disturbing behavior. Upon entering the location of the event I observed the opposing candidates signs at the entrances to the restaurant which were not there earlier in the day. I inquired with the small business owner if he was aware of the signs of his customer's opponent,

and he said he was not. I offered that his client whose fund raising event he had booked might be upset with the signs. He instructed his staff to remove the signs. I personally observed the staffer removing the first of 5 signs. Almost immediately a dark SUV pulled up. The window was rolled down by an elderly male driver who seemed agitated and was waving his hand and finger, seconds later the vehicle speed away. The young man looked startled as he removed the remaining signs and brought them inside. He was nervous and a bit shaken when I met him at the door, so I asked what did the man say.

The young man said, the elderly man told him he had permission to put the signs up by the landlord and that if he did not leave them where they were he would call the police. The police never arrived suggesting that the elderly gentleman was not being truthful. This caused alarm for the owner and staffer. Is it fair to put local small businesses in this predicament?

Don't be a bystander, be an upstander. Let all the businesses you patronize in town know where you stand.

BOB GIORDANO
Founder, Yorktown Small Business
Association

Astorino Will Make the Changes NY Needs

To the Editor:

I like to share with all of you what I have observed so far and why I am voting for Rob Astorino.

Back when Cuomo was running for the 2010 gubernatorial election, he promised us he

would clean up government. He said he would reform campaign financing so the people of New York would know who their government is representing.

He pledged not to take large donations from corporations and businesses for his campaign. Then he took millions of dollars in campaign donations from corporations and businesses. He said he was doing it to get into the position to make change. Well, he got the position, and now four years later there's been no change in campaign finance. Cuomo even interfered with and cancelled the Moreland Commission to Investigate Public Corruption

that was supposed to look into campaign financing. And now, Cuomo's taking even more money from corporations and businesses in his re-election bid. He had the position to make the change, and he only dirtied things up more. Clearly, Cuomo does not represent us and we can't trust that he ever will. Now you can all see why it is wise to vote for Rob Astorino and he can make the changes we need.

PETER J. DOMIN

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SMALL NEWS IS BIG NEWS

Examiner's Guide to Popular Seafood Dishes at 100 Restaurants in Westchester and Putnam Counties

By Jerry Eimbinder

It can be difficult to decide what to order when visiting a restaurant for the first time. Would knowing which entrée is the one most favored by the restaurant's regular customers be helpful? If so, as far as seafood is concerned, this guide is for you.

Restaurant owners and/or chefs at about 100 fine dining restaurants cooperated closely with us during the preparation of this article.

This is a guide to popular main courses and not to signature dishes. A signature dish, although it may be the pride and joy of the chef, is often not the most popular because it tends to be more expensive.

Availability of the items listed can depend on the day's catch and may be season-dependent; prices, too, may be affected by changing market conditions.

Shrimp is far and away the leader in seafood consumption in the United States

but many restaurant goers prefer it as an appetizer rather than as a main course. Marc Charles in Armonk offers Shrimp Oscar as a main course but places crabmeat and steamed asparagus alongside the shrimp on the plate.

Salmon ranks first in entrée popularity at the restaurants surveyed for this article.

Salmon as an appetizer, however, is relatively scarce on menus. Some items are popular as appetizers but not as entrées.

Octopus is an example: it is the best-selling seafood appetizer at MP Taverna in Irvington and at Lefteris in Yonkers.

Occasionally an item appears on the menu as both an appetizer and an entrée but in different portion sizes. An example is diver sea scallops with pistachio pesto at Crabtree's Kittle House in Chappaqua.

Westchester and Putnam eateries and their dishes highest in customer popularity follow:

A to C

Alba's. Port Chester. Grilled salmon, spinach. 914-937-2236.
Amore. Armonk. Zuppa (a seafood medley), \$22.95. 914-273-3535.
Arturo's Tavern. Mahopac. Calamari on linguini, \$22.95. 845-621-3836.
Augie's Prime Cut. Mohegan Lake. 8-ounce lobster tail, \$34. 914-743-1357.
Beehive, The. Armonk. Fish tacos, \$13.95. 914-765-0688.
Benjamin Steakhouse. White Plains. Chilean sea bass. 914-428-6868.
Bistro 146. Pleasantville. Seafood paella, \$29. 914-495-3992.
Bistro Parisien. Eastchester. Bouillabaisse, \$34. 914-337-8447.
Bistro Rollin. Pelham. Steamed PEI mussels. 914-633-0780.
Bistro Z. Tarrytown. Pan-seared salmon and spinach, \$24. 914-524-6410.
Blue Hill at Stone Barns. Pocantico Hills. Seasonal. 914-366-9600.
Boathouse. Ossining. Seafood pot pie, \$26. 914-923-6466.
Bridge View Tavern. Sleepy Hollow. Atlantic salmon, \$22. 914-332-0078.
Cafe of Love. Mount Kisco. Atlantic salmon, \$29. 914-242-1002.
Cathryn's Tuscan Grill. Cold Spring. Salmon filet, \$25. 845-265-5582.
Chophouse Grille, The. Mahopac. Atlantic salmon. 845-628-8300.
Chutney Masala. Irvington. Goan shrimp \$23. 914-591-5500.
Clock Tower Grill. Brewster. Seared tuna, \$23. 845-582-0574.
Club Car. Mamaroneck. Pecan-encrusted swordfish, \$36. 914-777-9300.
Cold Spring Depot. Cold Spring. Salmon, \$21.50. 845-265-5000.
Cookery, The. Dobbs Ferry. Grilled branzino, \$26. 914-305-2336.
Cooper's Mill. Tarrytown. Salmon, \$26. 914-333-1216.
Crabtree's Kittle House. Chappaqua. Diver sea scallops. 914-666-8044.
Crave Restaurant & Lounge. Poughkeepsie. Halibut, \$29. 845-452-3501.

D to H

Dan Rooney's. Yonkers. Blackened salmon, \$18. 914-457-2531.
Don Tommaso's. Yorktown Heights. Tilapia, \$21. 914-302-7900.
Eastchester Fish Gourmet. Scarsdale. Golden snapper. 914-725-3450.
Emma's Ale House. White Plains. Fish (cod) and chips, \$21. 914-683-3662.
Equus. Tarrytown. Grilled striped bass, \$29. 914-631-3646.
Fig & Olive. Scarsdale. Chilean sea bass, \$37. 914-725-2900.
Fino. Croton-on-Hudson. Filet of Atlantic salmon, \$21. 914-271-2600.
Half Moon. Dobbs Ferry. Baked Icelandic cod. 914-693-4130.
Harper's. Dobbs Ferry. Market fish (fluke, bass, etc.), \$27. 914-693-2306.
Harvest on Hudson. Hastings-on-Hudson. Seafood medley. 914-478-2800.
Hopscotch. Croton-on-Hudson. Hot or cold skate, \$26. 914-271-1100.
Hudson at Haymount House. Briarcliff Manor. Salmon, \$24. 914-502-0080.
Hudson Grille. White Plains. Cedar Plank Irish salmon, \$25. 914-997-2000.
Hudson House River Inn. Cold Spring. Sashimi tuna. 845-265-9355.

I to L

Il Castello. Mamaroneck. Salmon, black peppercorns, \$21. 914-777-2200.
Il Sogno. Port Chester. Risotto with seafood, \$27. 914-937-7200.
Il Sorriso. Irvington. Branzino in Pinot Grigio sauce, \$24. 914-591-2525.
Inn at Pound Ridge. Pound Ridge. Baked salmon, \$26. 914-764-1400.
Iron Horse. Pleasantville. Block Island swordfish, \$32. 914-741-0717.
J.P. Doyle's. Sleepy Hollow. Salmon steak. 914-631-3015.
La Panetiere. Rye. Dover sole, mustard-butter sauce. 914-967-8140.
La Cremaillere. Bedford. Cassolette de Fruit de Mer. 914-234-9647.
Le Jardin du Roi. Chappaqua. Sauteed salmon, \$27. 914-238-1368.
Le Fontane. Katonah. Scallops and shrimp muniere, \$23. 914-232-9619.
Lefteris Gyro II. Mount Kisco. Whole halibut platter, \$25.95. 914-242-8965.
Lefteris Gyro. Tarrytown. Whole halibut platter, \$25.95. 914-524-9687.
Lefteris Gyro. Yonkers. Whole halibut platter, \$26.95. 914-437-8490.
Lexington Square Cafe. Mount Kisco. Lemon sole, \$27. 914-244-3663.
Lusardi's. Larchmont. Sauteed fillet of salmon, \$28. 914-834-5555.

M to O

Marc Charles. Armonk. Shrimp, crabmeat, \$34. 914-273-2700.
McArthur's. Pleasantville. Wasabi tuna, \$24.50. 914-773-4281.
Mediterraneo. Pleasantville. Seafood stew, \$28. 914-773-1020.
Meritage. Scarsdale. Grilled brook trout, bacon, \$25. 914-472-8484.
Michael's Tavern. Pleasantville. Fish and chips, \$16. 914-747-0390.
Mima Vinoteca. Irvington. Wild salmon, couscous, \$25. 914-591-1300.
Moderne Barn. Armonk. Roasted Atlantic cod, \$27. 914-730-0001.
Morgans Fish House. Rye. Porcini dusted halibut, \$34. 914-921-8190.
Mullino's. White Plains. Blk. linguine/baby lobster tails, \$32.50. 914-761-1818.
MP Taverna. Irvington. Grilled branzino, garlic, \$22.95. 914-231-7854.
Muscoot Tavern. Somers. Pan-roasted salmon, \$19. 914-232-2800.
Nessa, Port Chester. Pan-roasted salmon, \$29. 914-939-0119.
Ocean House. Croton-on-Hudson. Crab cakes, \$26.50. 914-271-0702.
Old Stone Trattoria. Chappaqua. Shrimp scampi, \$17.95. 914-238-8822.
Oliver's. Katonah. Atlantic salmon fillet, \$20.50. 914-232-0946.

P to S

Pinch. Yonkers. "Shellfish Tower" for 3 or 4 persons, \$76. 914-457-2541.
Plates. Larchmont. Southern New Jersey sea scallops. 914-834-1244.
Red Hat on the River. Irvington. Mussels steamed with garlic. 914-591-5888.
Restaurant North. Armonk. New Bedford, Mass. scallops, \$30. 914-273-8686.
Rini's. Elmsford. Fish and chips with cod, \$16.95. 914-592-6799.
River City Grille. Irvington. Shrimp and scallops. 914-591-2033.
River Grill. Sleepy Hollow. Rainbow trout, \$19. 914-631-7227.
RiverMarket Bar & Grill. Tarrytown. Mussels in lobster bisque. 914-631-3100.
Riverview. Cold Spring. Fish and shellfish stew, \$24.50. 845-265-4778.
Riviera. Pleasantville. Shrimp scampi. 914-769-9884.
Roasted Peppers. Mamaroneck. Paella, lobster, etc., \$25. 914-341-1140.
Rose Room. Mount Kisco. Lobster and spaghetti, \$29. 914-218-3876.
Rraci. Brewster. Fish selection changes daily. 845-278-6695.
Ruby's Oyster Bar & Bistro. Rye. BBQ rubbed salmon, \$27. 914-921-4166.
St. George Bistro. Hastings-on-Hudson. Trout Grenobloise. 914-478-1671.
Sams of Gedney Way. White Plains. New Jersey sea scallops, \$24. 914-949-0978.
Sapori. White Plains. Broiled lemon sole, \$23. 914-684-8855.
SB&G. Tarrytown. Pan-seared sea scallops, \$28. 914-332-7900.
Sette e Venti. Bedford Hills. Atlantic salmon, \$24. 914-218-8321.
Social on 6. Mahopac. Seafood linguine, \$23. 845-803-8193.
Somers 202 Rest. & Grill. Yorktown Heights. Salmon, \$22. 914-248-8100.
Sweet Grass Grill. Tarrytown. New Jersey Day Boat Scallops. 914-631-0000.

T to Z

Tarry Lodge. Port Chester. Salmon, roasted garlic, \$25. 914-939-3111.
Tarry Tavern. Tarrytown. Seared Maine sea scallops. 914-332-1625.
Thyme. Yorktown Heights. Icelandic cod, \$24. 914-788-8700.
Tomatillo. Dobbs Ferry. Grilled Mahi Mahi, \$11.95. 914-478-2300.
Trattoria 160. Pleasantville. Pepper-crusted, yellow-fin tuna. 914-579-2126.
Trattoria 632. Purchase. Day Boat scallops, \$28. 914-481-5811.
Traveler's Rest. Ossining. Norwegian salmon, \$29.95. 914-941-7744.
Trevi. West Harrison. Parmigiano crusted sole, \$26. 914-949-5810.
Turkish Meze. Mamaroneck. Salmon and pasta, \$20. 914-777-3042.
Twisted Oak, The. Tarrytown. Wild King salmon, \$32. 914-332-1992.
Valley Restaurant. Garrison. LI Black sea bass. 914-424-3604.
Village Social. Mount Kisco. Ahi tuna, sushi-grade, \$27. 914-864-1255.
X20. Yonkers. King salmon with Ssamjang glaze, \$32. 914-965-1111.
Zeph's Restaurant. Peekskill. Salmon Stroganoff, \$27. 914-736-2159.
Zero Otto Nove. Armonk. Baked codfish in tomato sauce. 914-273-0089.
Zuppa. Yonkers. Salmon over farrotto, \$25. 914-376-6500.

Obituaries

Maria Pusz

Maria Cristina Pusz, a resident of Cortland, daughter, mother, friend to all and loving advisor to many, died September 28. She was 67.

Born to Herminia and the late Samuel Gonzalez in Havana, Cuba, she immigrated to the United States as a child and planted the seeds of her own family here. She is preceded in heaven by her devoted husband, Edward A. Pusz, Jr. in 1993, leaving behind the gift of their two children, Edward Pusz III and Christy Marie Decatur.

Her legacy of love and laughter and a thirst for nature will be carried on in her grandchildren, Abigayle Blue, Matilda True, Isobel Honore and Rose Clara Carmen. We must also note all those family, both related and the many adopted family members who grew to become sisters, brothers, sons, daughters and grandchildren through Maria's open and caring heart. Henry and Emily, Stephen and Kathy, Eddie and Dolly, Pete and Marianne, T.J and Will, Thorin, Kelly, Apryl and Jessica, Todd as well as all the people who were touched by Maria who are too numerous to mention, but know that they were all so deeply appreciated and are forever honorary members of her family.

Samuel Paskin

Samuel M. Paskin, a resident of Mohegan Lake, died in his sleep on September 28. He was 68.

He is survived by his wife Nancy (Miller) and his sister Ann (Paskin) Weiskopf, nephew David Weiskopf (Nadine), two nieces Paige and Hailey Weiskopf, one aunt, Shirley Reichman and many cousins. His parents Frances and Morris Paskin of Mohegan Lake and Manhattan predeceased him.

Mr. Paskin was raised in Manhattan in the Yorkville section where his parents owned and ran a pharmacy. Since 1950, he spent many weekends and summers in Mohegan Lake. He attended the New Lincoln School until 1964 in Manhattan, went on to Queens College graduating in 1968 and did his Master's work at Western Michigan University in Kalamazoo, MI in ornithology/avian ecology and where he met Nancy. They were married in 1973 in Utica, NY and moved permanently to Mohegan Lake in 1976. Mr. Paskin was also an Eagle Scout and Order of the Arrow. He worked several summers at the Ten Mile River Boy Scout Camps, which was a source of pride for him. Heworked for the Social Security Administration for 30 years and has been retired for 10. He was mostly

based at the Peekskill office where he was the Field Representative. In this capacity, he spoke to numerous groups, had a weekly column in the local papers "Ask Social Security", and did radio spots on WHUD and WLNA.

In his spare time and retirement, Samuel loved bird watching and participating in the Cornell Univ. Feeder Watch, gardening and trying out all the local restaurants. Eating out gave him great pleasure. He was a unique collector, especially of Uncle Sams, which decorate every room of the house. He also collected kitchen and household gadgets including coffee grinders, potato mashers, ice cream scoops, etc. Finally, he was an avid swimmer at Club Fit, going there four or five days a week and swimming laps. He averaged 280 per week.

Richard Rundle, Sr.

Richard Allen Rundle, Sr., "Buddy" of Hopewell Jct., a former Peekskill police detective, died at his home on September 29, with his family by his side. He was 82.

He was born on January 14, 1932 in Peekskill, to Norman and Helen (nee Gibson) Rundle. He served in the U.S. Army during the Korean Conflict as a Sergeant with the 24th Infantry. He was awarded three bronze service stars, a bronze star metal-combat infantry badge, and the Korean Service metal and Dis Unit Emb. On October 12, 1952, he married Audrey Delaney at the Church of the Assumption Church in Peekskill. During his 20-year career with the Peekskill Police Department, he received numerous citations and distinguished service awards, (including the prestigious Macy Award) and retired as a detective. His happiest times were having backyard barbecues with family and friends; working in his yard, planting flowers and tending to his fish pond.

He is survived by his devoted wife Audrey and his three sons: Richard Jr. (Kathy), Robert (Donna), Kenneth (Lisa). He is also survived by eight grandchildren and six great-grandchildren; and also his

sisters, Norma Koch, Faye Quirk, Geraldine Bopp and several nieces and nephews. He was predeceased by his daughter, Kathleen Eyles and his brother, William Rundle.

Mary McCarthy

Mary Theresa McCarthy, a resident of Croton-on-Hudson, died September 28. She was 82.

She was born in New York City on July 16, 1932, to Daniel J. and Bridie (Moran) McCarthy. She had a long, distinguished career as a computer program writer for IBM in New York City. In her retirement years, she taught English-as-a-Second Language in Ossining, and CCD classes at St. Christopher's Church in Buchanan. She was a parishioner of St. Augustine's Church in Ossining.

She is survived by her loving nieces and nephews, Maureen A. Cochran, Daniel F. McCarthy, Meg M. Shanahan, J. Brian McCarthy and Libby M. Welsh, and 19 grand nieces and nephews. She was predeceased by her brothers, Daniel A. McCarthy and David J. McCarthy.

Gregory Whittaker

Gregory S. Whittaker, a resident of Ossining, died September 27 at his home. He was 68.

He was born on August 27, 1946 to John G. Whittaker, Sr. and Clarrisa Harris Whittaker. He served in the U.S. Air Force from 1965 until 1969. He and the love of his life, Olivia, made their home in Ossining. Mr. Whittaker was a counselor and social worker before working for the NYS Dept. of Labor. He loved Jazz, the New York Giants, news discussions, debating politics, and long distance running.

He was predeceased by his brother John G. Whittaker, Jr. He leaves to cherish his memory his father, John G. Whittaker, Sr.; his stepmother, Cecelia; the love of his life Olivia Wilson, several brothers, a sister and several nieces and nephews.

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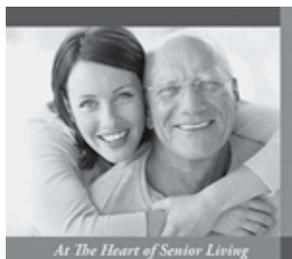
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HUD, Monitor Square Off in Latest Affordable Housing Saga

By Martin Wilbur

A recent letter from a Department of Housing and Urban Development (HUD) attorney slamming portions of the federal monitor's latest zoning report touched off a new round of debate last week regarding Westchester's affordable housing settlement.

Glenda Fussa, HUD's deputy regional counsel for New York/New Jersey, was critical of monitor James Johnson's methodology in concluding that six of the 31 predominantly white Westchester municipalities included in the settlement had potential exclusionary zoning.

Last month Johnson submitted the analysis, called the Huntington Report, where he examined the zoning of the 31 communities. The report had been requested by a majority of the Board of Legislators to help the county craft an acceptable Analysis of Impediments (AI) for HUD, a major hurdle in complying with the settlement.

Fussa's 10-page letter dated Sept. 24, which reached county officials last week, stated that Johnson was inconsistent in applying standards to determine whether the municipalities had zoning that limited or clustered minority populations.

Her letter also directed Johnson to remove portions of his findings because they are beyond the scope of the AI. For example, the monitor should not absolve the 25 municipalities that he found did not have exclusionary zoning. Also, data recognizing demographic changes between the 2000 and 2010 census should not be included.

For his part, Johnson sent off a response two days later defending his methodology, stating that his analysis was consistent with the Huntington standards.

The Huntington Report is named after the 1988 case in Huntington, L.I., a town of 200,000 at the time, where a court ruled that the municipality's zoning to restrict multi-family housing in one area had a disparate effect on minorities.

Last week, Board of Legislators Chairman Michael Kaplowitz stood by the monitor's position. He mentioned that HUD's letter has muddled an already difficult issue as the county looks to move forward and comply with the settlement by the Dec. 31, 2016 deadline.

Kaplowitz said that the Board of Legislators will protect its municipalities' interests and wants to see towns cleared once the monitor has determined that their zoning is in compliance with fair housing laws.

"We're urging, certainly, the federal government to speak with a unified voice, to recognize what their monitor is trying to do, to recognize that Westchester County does not approve of exclusionary zoning, to recognize that, yes, we have to file the AI and we're still urging the county executive to do so," Kaplowitz said. "But at the same time, take the good work and accept the ruling of the monitor."

Holly Leicht, HUD's regional administrator for New York and New Jersey, said

last week that both Johnson's Huntington Report and Fussa's response are draft comments that are part of an ongoing process that will continue to evolve in order to achieve an acceptable AI.

However, friction between HUD and the county is an issue as Westchester's loss of federal Community Block Development Grant (CBDG) money continues to mount. The county has lost a total of \$12.6 million from fiscal years 2011 and 2012. That money has been reallocated elsewhere in the United States because of the noncompliance with the settlement, a HUD spokesman said.

The latest battle has renewed criticisms of HUD and the affordable housing settlement. Ned McCormack, communications director for County Executive Rob Astorino, said last week that the federal agency continues to dismiss the county's efforts to comply.

To date, Westchester has submitted eight AIs, none of which have been accepted by HUD, McCormack said.

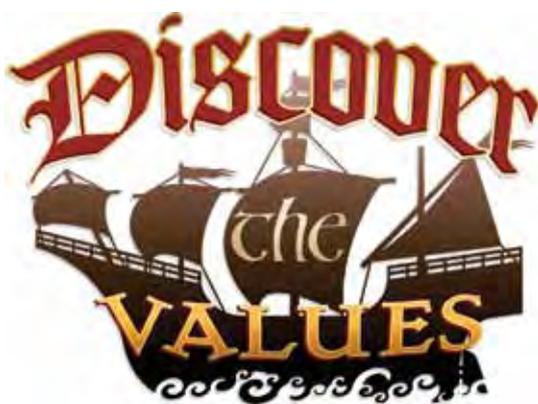
Furthermore, he said that while the county executive took issue with portions of the monitor's report, questioning six municipalities' zoning as potentially exclusionary,

HUD even refused to accept that.

"The time has come to say we're being reasonable here and there's only one party that is being unreasonable, and it's HUD," McCormack said.

County Legislator Michael Smith (D-Greenburgh), who has also been critical of HUD, said using the standard applied to the Town of Huntington to most of Westchester's municipalities, a few of which have 1 percent of the population, doesn't make sense.

Smith said Westchester's population is among the most diversified in the state, in-



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Town of Somers Seeks to Join Solar Power Program

By Neal Rentz

The Somers Town Board is poised to approve a plan to seek to qualify to participate in a program to allow small business and homeowners to install solar power on their buildings.

The board is scheduled to approve a resolution to seek to participate in the county program when it meets on October 9.

Michael Blum, chairman of the Somers Energy Environment Committee, discussed the Solarize Somers' initiative at the town board's October 2 work session. Solarize Somers wants the town to apply for Westchester County's Quali-

fied Energy Conservation Bond funding program, which has \$3.9 million in bonds for funding for solar power. The application deadline is October 15, Blum noted.

To qualify for funding municipalities must join the non-profit Energy Improvement Corporation. If a municipality's proposal is accepted by the county an intermunicipal agreement would be developed for obtain county bonds for solar energy, Blum said.

The intent of the county program is to have small business and homeowners to place solar energy panels on the buildings they own, Blum said.

As part of the qualifying process, the county requires two letters of support from town residents, as well as two letters from local organizations supporting the project, Blum said. "This is the only thing left on the application," Blum said.

Only four municipalities will be eligible for the first round of bonds which would provide small business and homeowner with the opportunity to have a private company install solar panels on their roofs, Blum said.

Town board members said they would seek organizations and individuals to write letters of support for the project.



NEAL RENTZ PHOTO

: Michael Blum, chairman of the Somers Energy Environment Committee, discussed a plan to encourage small businesses and homeowners to use solar power during the Oct. 2 town board meeting.

NYSEG Taking Emergency Preparation Steps in Somers

By Neal Rentz

New York State Electric and Gas is taking a series of steps to prepare for emergencies such as hurricanes and other strong storms, the Somers Town Board was told last week.

Kathleen Dennehy Abels, NYSEG manager for community outreach and development in Brewster, spoke about what the utility was doing to do in the event of another emergency like super storm Sandy or Hurricane Irene.

"We've made a lot of improvements,"

she said.

NYSEG is seeking ways to better coordinate with municipalities during a major storm, Abels said. "We don't want to be isolated," she said. NYSEG conducted a mock emergency drill in August, she noted.

Councilman Thomas Garrity Jr. said he wanted NYSEG to tell town departments, including the Highway Department, which downed power lines are live and which are not to allow streets to be cleared for traffic. Abels said the

utility has prepared to better communicate with the town and have workers in trucks to deal with downed power lines promptly.

Councilman Richard Clinchy said during the aftermath of a major storm the town wants to open "the most important roads" and NYSEG should work with town officials to do so. Abels said she agreed with Clinchy and the utility has plans to help municipalities open roadway after a storm.

Supervisor Rick Morrissey said he

wanted a NYSEG representative to come to Somers during a major storm to work with officials at the town's emergency center at the Lincolnale fire house.

Clinchy asked Abels if the utility would be able to put new utility lines underground as a way to prevent outages. Because of rock ledges underground and other factors, it would be too expensive to place NYSEG power lines underground in Somers, Abels replied.



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RECENT SHOWS

1. The American Flag raising ceremony at Society Hill II Condominium complex in Peekskill, and the Health Fair with guest, Peekskill Councilman Joe Torres.
2. Peekskill fashion show with several beauty titlists from Peekskill and the surrounding areas.
3. Mayor Frank Catalina of Peekskill
4. Putnam County Executive Mary Ellen O'Dell

This month sponsored by Savannah's Southern House Restaurant 3901 Crompond Rd,

School News

LHS Inducts Five into Athletic Hall of Fame

Lakeland High School inducted four athletes and the 2003 field hockey team into the school's Athletic Hall of Fame Thursday at halftime of the varsity football game vs Putnam Valley.

Included among the class was Army Captain Clayton Carpenter, 31, who was killed in a training accident on January 15 when the helicopter he was piloting made a hard landing.

Carpenter grew up in Cortlandt and was a standout Lakeland High School scholar and athlete who went on to attend the U.S. Military Academy at West Point. While a student at Lakeland High School, he was excited about the possibility of going to West Point. He realized that dream and graduated from the West Point Military Academy in 2005 and went on to serve two tours of duty, one in Iraq and one in Afghanistan.

He was a helicopter platoon leader for the 160th Special Operations Aviation Regiment (Airborne), also known as Night Stalkers, a designated unit trained to fly Black Hawk helicopters.

Also inducted were:

- Amy Voelkel, a 2007 graduate, who had an outstanding career in Field Hockey, Basketball and Lacrosse.

- Stephen Evans, a 2002 Lakeland graduate, who had an outstanding career in Indoor and Outdoor Track & Field.

- Brendan McGovern, a 2005 Lakeland graduate, who had an outstanding career in Indoor and Outdoor Track & Field and Soccer.

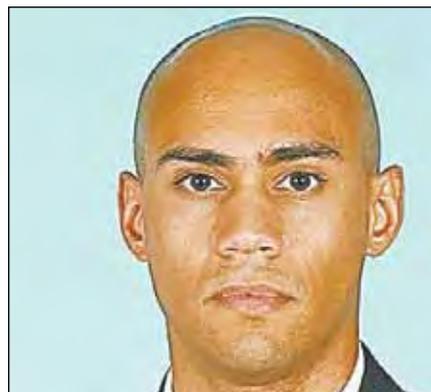
- The Lakeland High School 2003 Field Hockey Team, the Class A New York State Champions.

Yorktown High Celebrates Opening of Writing Center

Staff and students at Yorktown High School recently celebrated the opening of a new Writing Center.

The Writing Center, which will be staffed by an English teacher and sophomores and juniors who have been trained as peer tutors, is meant to build a strong writing culture across all areas of the curriculum.

"We are pleased with the leadership and collaboration between our administration, faculty and students in bringing this tremendous resource to life for the benefit of our entire school community,"



Clayton Carpenter

said high school Principal Joe DeGenaro.

Led by Assistant Principal Debbie Brand, the Writing Center will involve English teachers Pam Chesser, Suzanne Daria, Marilee Mero, Leo Sposato and Marc Waxler. Brand has helped to create writing centers in two other districts.

"When I facilitated this type of resource previously, students started to take more pride in their work. Teachers in all subject areas saw the differences too; student writing was more polished and thoughtful," Brand said. "I am hopeful that with such tremendous support,

the Writing Center at YHS will also see years of success."

Police-Connected Alarms Add to Security at Croton High

New "intruder alerts" that operate like a fire alarm and will sound school wide alerts, as well as notify village police, have been installed at Croton-Harmon High School.

"Unfortunately, it's a different society than when I grew up," said Croton-Harmon High Principal Alan Capasso. "It's fundamental that our students and staff be safe in the school."

In addition to the new blue boxes around the hallways, security during after school hours is also being increased at the high school. Beginning at 3:30 p.m., the only entrance to the school will be through the front door, where visitors will be met by a security person.

District administrators will also continue to work closely with the Croton Police Department during lockdown drills and other emergency situations.

Is It Wise for Bill Primavera, The Home Guru Realtor,[®] To Endorse a Political Candidate? When It's Tom Diana Running for the Yorktown Town Board, You're Darned Right It Is!

One might think that a **businessperson should be prudent about revealing his political stripes** during an election season, fearing that he might alienate a percentage of his potential market by doing so. Yes, as a **top producing realtor and owner of the region's longest running public relations firm**, there might be risks associated with endorsing a candidate.

But, as a resident **deeply involved with the workings of Yorktown government for over 40 years, and as a businessman**, I care deeply about the **commercial health of Yorktown** and I cannot sit idly by and not declare myself at a time when **our vote is more important than at any time in our history. At stake is our very future.**

Having participated in the political process on volunteer boards and as a district leader, I can assure you that **we are at a critical crossroads in this election.** I ask you to pay close attention to the issues and what the two candidates running for the town board seat represent. **Tom Diana is progressive; his opponent is obstructionist.**

As for me, **I proudly endorse Tom Diana**, and to do so, I must cross party lines and endure the criticism within my own ranks that comes with that decision. I assure you, **it was an easy decision to make when I consider the dire consequences if his opponent were to be elected!**



We need to **move forward with a positive thinker and doer like Tom Diana**, and not go **backward to someone who was voted out of office after two years** for all the right reasons!

Go with the man who is "pro" the positive things that Yorktown needs and seeks, not with his opponent who is "anti" everything!

She is against lower taxes, which she calls "smoke and mirrors," **new ballfields** for your kids, which she's fought, and **tax-free grants for Yorktown Police operations** to assist residents in emergencies like power outages.

Her most memorable accomplishment in office was to **slander two of her own town employees**, resulting in a lawsuit that cost us taxpayers **thousands in lawyers' fees** and **increased our town's insurance rates forever.**

Tom's opponent **criticizes everything and really creates nothing** when you think about it.

Tom **creates goodwill** and **seeks solutions** to problems.

Vote for Yorktown on November 4th. **Vote for Tom Diana!**

Call me to join neighborhood meetings at my home: 914-522-2076.

Respectfully submitted for your consideration,
Bill Primavera, "The Home Guru" Realtor

Hopscotch, a “Progressive American” Restaurant, Opens in Croton

By Jerry Eimbinder

Hopscotch, a “progressive American” restaurant with skate as its signature dish, has opened in Croton-on-Hudson. Owner Marko Rudovic said, “We picked this location because we wanted to be near the farms that will be supplying us.”

At Hopscotch, Chef Kenyon Hart will work out of an open kitchen. “Customers will be able to watch him cook,” Rudovic pointed out. Refrigerators too are visible to patrons. A name sign has not

as yet been placed on the building (see photograph).

The entrées range in cost from \$20 for a plateful of black beans, tofu, puffed rice and piperade jus to \$34 for a strip steak with anchoiade jus, nagaimo and cabbage.

Skate can be ordered heated or cold—when ordered hot, it is accompanied by ingredients that include eggplant and tomatillos; if ordered cold, the skate is served with alliums (onions), arugula



JERRY EIMBINDER PHOTO

Patio dining area at Hopscotch in Croton.

and madiera. Either way, the cost is \$26.

The main-course choices also include black bass with vegetables à la Grecque (in the Greek style), priced at \$28; black bass is also available as an appetizer with salsa at \$7.

Other appetizers include bay scallops with curry and grapes (\$10), broccoli gazpacho (\$6), Merguez sausage with egg yolk and grilled onions (\$7), and black bass with salsa (\$7).

If undecided on which salad to or-

der, owner Rudovic said that customers should try baby beets with hay, red mustard and goat yogurt (\$9). A tasting menu is also offered at \$65.

Wine and alcoholic beverages are not yet available but customers are invited to bring their own bottles.

Fenced-in patio dining is available, weather permitting.

Hopscotch is located at 8 Old Post Road South in Croton-on-Hudson, NY 10520. It is closed on Mondays.



A Ribbon Cutting Ceremony was recently held for Fat Sal's Bar & Grill in Buchanan. (L-R:) Fat Sal's Manager Frank Cename; Fat Sal's Owner Benny Ludiq; Fat Sal's Owner Audrey Hochroth; Fat Sal's Owner Matt Camerino; Fat Sal's Owner Sal Barone (in costume); Cortlandt Councilwoman Debbie Carter-Costello, Cortlandt Supervisor Linda Puglisi, Hudson Valley Gateway Chamber of Commerce Director Debbie Malone; and Buchanan Trustee Cesare Pasquale.

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9 AM - 12:30 PM

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****Do not mix shoes with clothes.****

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Household Items made of FABRIC in good condition - blankets, bed sheets, bedspreads, pillows, quilts, comforters, kitchen or bath accessories made of fabric, table cloths, drapery, curtains, towels, bath rugs.

Toys:

Soft Toys - stuffed animals, rag dolls, beanie babies

Hard Toys - Car, Trucks, Airplanes, Action Figures, Dolls, Dollhouses

*****Hard toys must be able to fit inside a 24x24x21 box.*****

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We Cannot Accept: Books, VCR tapes, CDs, baby equipment, car seats, appliances, or furniture.



DT Vapor & Smoke Cortlandt

By Neal Rentz

A new store in Cortlandt is offering both traditional and new ways to smoke.

DT Vapor & Smoke sells organic cigarettes and tobacco, cigars and new vapor cigarettes.

Cortlandt resident Tom Doan is the owner of the establishment, which opened in late September in the former location of the Lakeland Sleep shop. Another Cortlandt resident, Tracey Cong, is the store manager.

Cong said vapor cigarettes, also known as e-cigarettes, are new smoking option.

"Everything is natural and fresh" when it comes to the pipe and cigarette tobacco, cigars and cigarettes offered at DT Vapor & Smoke, Cong said, adding most of the tobacco comes from North Carolina.

Cong said the owner chose the Route 6 location because "in this side of town we have no tobacco store like this." The new store has attracted patrons from Cortlandt, Yorktown, Croton and Putnam County.

Doan owns another smoke shop, DT Tobacco Shop, in Mahopac.

Cong said it was not very difficult to renovate the building, with the main



NEAL RENTZ PHOTO

A portion of the interior of DT Vapor & Smoke in Cortlandt.

work being repainting.

Business has been positive so far and the vapor cigarettes have been a popular item, Cong said. Vapor cigarettes are

"better than regular cigarettes because there are less chemicals and no tar," she said, adding later, "The tar will kill people."

Users of vapor cigarettes can begin with nicotine, but can reduce the use of nicotine and then eventually have the cigarettes with no nicotine, Cong said, adding the people often use them as a way to end their smoking habit.

The vapor cigarettes come in several flavors, including various fruit flavors. The store features a vapor cigarette tasting bar, Cong said. "They can taste the flavor they like." There are no health difficulties related to vapor cigarettes, she said, adding there is no second hand smoke from them. "Second hand smoking is killing people; (with) this one you don't have to worry," she said.

The store offers a wide variety of cigars, which are stored in a state-of-the-art of the art cases with humidifiers to keep them moist.

The regular cigarettes offered are all natural, Cong said. Using natural cigarettes and tobacco are one of the motivations for the owner to open his two stores, Cong said. "Tom is a smoker and once he tried the all natural tobacco and he smoked, he felt better," Cong said.

DT Vapor & Smoke is located 2081 E. Main St. in Cortlandt. For more information, call 914-930-7689.

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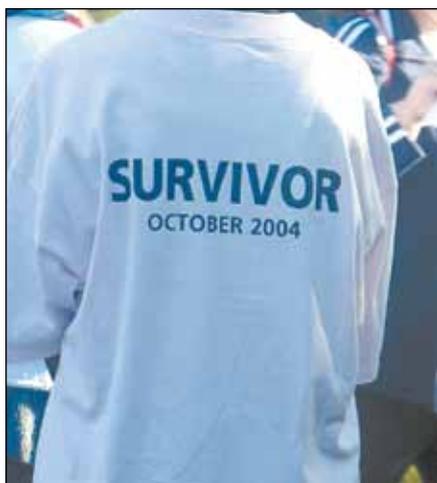
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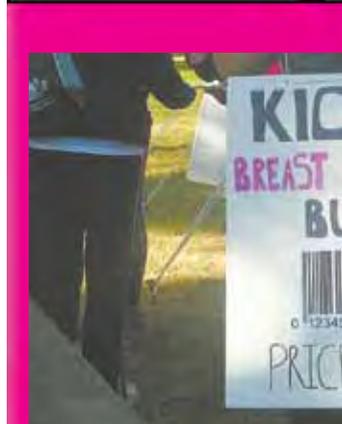
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20th Anniversary
 Support-a-Walk
 Sunday
 October 5th

PHOTOS BY RICK PEZZULLO, BARBARA CERVONI AND MICHAEL GIULIANO



Annual Sport Walk day, ber th



Journey to Jersey's Victorian Cape May for Fall Fun

By Evelyn J. Mocbeichel

Pack the suitcases, fill the gas tank and head off to Cape May, New Jersey for some wonderful fall events. For those families that never had the chance to go away this summer, a retreat to this nearby location might be the answer to provide something different during the less crowded autumn months. A weekend as easy to reach as Cape May offers various activities in the coming months that cover wide experiences to teach entertain and offer the chance to explore the wonders of our nearby neighboring state.

Way down to almost the tip of New Jersey is Cape May. It is a quaint, charming community filled with Victorian-styled homes, bed and breakfast inns and hosts a full array of activities sponsored by the Mid-Atlantic Center for the Arts & Humanities.

Chock full of varied events to suit every interest, Cape May presents something each month. Mark October 4 for the Harvest Festival Crafts & Antiques Show held at the beautiful Emlen Physick Estate, 1048 Washington St. Crafters and antiques dealers from throughout the region display and sell their wares on the lawn. Festival includes hands-on activities and games for children. 10 a.m. to 4 p.m. Free admission and parking with a charge for some activities.



caotipn

If you love Lighthouses and have energy to climb them, you won't want to miss the Lighthouse Full Moon Climb on October 8. The Friends of the Cape May Lighthouse invite you to take advantage of the light of the full moon and let it guide you up the 199 stairs to the starry top. The Lighthouse is located in Cape May Point State Park, Lower Township. Tower admission is free for "Friends" members. Wednesday, Oct. 8, 8 p.m. to 10 p.m. Non-members price is \$7 for adults, \$3 for children (ages 3-12).

Cape May's 42nd annual Victorian Weekend will be held October 10 - 13th and is in its 42nd year celebrating Cape May's Victorian heritage, featuring the Chocolate Championship Tour & Tast-

ing, Historic House Tours, Murder Mystery Dinners, living history programs, lectures, workshops, performances and more. On the same weekend, there is something for history buffs on October 12, Columbus weekend. MAC brings distinguished constitutional lawyer and author David O. Stewart to Cape May to present "The Summer of 1787: The Men Who Invented the Constitution" - the third of this annual lecture series, which traces the struggle at the Philadelphia Convention to create the world's first constitutional democracy. The lecture will explore the conflicts and hard bargaining that invented a government to meet the crises of the not-quite-united states, huge debts, hostile neighbors, armed rebellion, and the very real prospect of dissolving into three nations or more. This program will be presented on Sunday, Oct. 12 at 3:30 p.m. Location TBA. For tickets or further information, call 609-884-5404 or 800-275-4278 or visit www.capemaymac.org.

Also on the Columbus weekend the Victorian Weekend Crafts & Antiques Show: Crafters and antiques dealers from throughout the region display and sell their wares on the lawn of the Emlen Physick Estate, 1048 Washington St. 10 a.m. to 4 p.m. Sunday, Oct. 12. Free

admission. Free parking available. Another craft show repeats on October 18, 2014, this one being the Harvest Crafts & Antiques Show: Crafters and antiques dealers from throughout the region display and sell their wares. This one will be held at the Cape May Convention Hall, Beach Avenue at Stockton. 10 a.m. to 4 p.m. Saturday, Oct. 18. Admission is \$2.

For the wine lover in your group, there is the Cape May Wine School. Guests will learn about wine in this class designed to refine your palate at the Washington Inn, 801 Washington St. 1 p.m. Sunday, Oct. 12. Toward the end of October, we can't help but start thinking about Halloween. Running from October 17 - 31 you won't want to miss Halloween Happenings in Victorian Cape May. More than two weeks of specially-themed tours and events including Ghostwriter Trolley Rides, Madame Parmentier's Psychic Teas, Scarecrow Alley, Midnight at the Physick Estate, Historic Haunts Combination Tours, Phantoms of the Physick Estate and much more to help you get into the "spirit" of the season. Friday, Oct. 17 through Friday, Oct. 31. By the way, something for the youngsters is the Trick or Treat at the Physick Estate. Some spooky characters are waiting at the Em-

continued on page 19

Quality, patient-centered care that's close to home

TAKING CARE OF SHOULDER PAIN...

What you should know about symptoms and treatment options

Did You Know?
Each year, approximately
600,000 Americans have
rotator cuff surgery.*



Ask the Doctor

Evan H. Karas, MD, FAAOS

Co-Chief, Orthopedic Surgery
Co-Director, Orthopedic & Spine Institute
Northern Westchester Hospital

nwhorthoandspine.org/DrKaras

Q: I've been experiencing discomfort when I lift my arm over my head, most often brushing my hair and putting dishes in the cupboard. What could be wrong?

A: Shoulder pain is often because of tendon inflammation or tear, dislocation, arthritis or a broken bone. If you feel pain when you put on your coat or reach into the back seat of the car from the front, you may have a rotator cuff injury. The rotator cuff is a cradle of muscles and tendons that lets you rotate your arm in a full arc. This intricate structure makes it possible for you to do everyday activities like reaching and lifting; you also rely on your rotator cuff while swinging a tennis racquet or golf club or throwing a ball. Injury can result from a fall or lifting something heavy - or it might just be overuse. I often see rotator cuff problems in patients older than 35, as tendons lose elasticity with age.



Watch Dr. Karas discuss Advanced Shoulder Surgery at www.nwhorthoandspine.org/DrKaras

Q: What should I do?

A: If you're experiencing pain, it's important to see a doctor. A thorough examination is needed to determine the cause of your pain. An orthopedist will check for symptoms such as swelling, weakness, tenderness and any deformities. Additionally, imaging with MRI and X-ray will assist in a diagnosis. Treatment options will vary. Most often rest, modified activities, and physical therapy will be needed. To reduce inflammation and pain, medication or injections, such as cortisone shots, may be used. Surgery will be required to resolve some shoulder problems.

Q: What can I expect if I need surgery?

A: If there is a tear, I'll recommend surgery to repair it. Using a minimally invasive arthroscopic technique, I'm able to repair a rotator cuff as an outpatient procedure and patients can expect to be home within a few hours. For more serious problems such as severe arthritis, degenerative joint disease, or chronic rotator cuff deficiency, shoulder replacement surgery is often necessary. Patients can expect to leave the hospital after one or two days. Arm movement is limited for about six weeks while the tissue around the new joint heals. Most patients return to normal activities after three months, and shoulder replacements typically last a lifetime.

* American Academy of Orthopaedic Surgeons

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Journey to Jersey's Victorian Cape May for Fall Fun

continued from page 18

len Physick Estate, 1048 Washington St., with treats for good little ghosts and goblins and pirates and princesses. 5 p.m. to 7 p.m. Friday, Oct. 31. This event is free.

Lighthouses

If you love lighthouses and are drawn to their historic importance, then the Lighthouse Challenge of NJ weekend might be something just for you! Lighthouses and selected museums throughout the state will host the Lighthouse Challenge on Saturday, Oct. 18 and Sunday, Oct. 19. Visitors are invited to take the challenge, tour the state and visit each participating lighthouse over the weekend to help raise funds for continued lighthouse preservation. These majestic beacons have played an important role in New Jersey's history, guarding mariners and protecting coasts for three centuries. Lighthouses serve as a reminder of American ingenuity while honoring the values of safety and heroism. Visit the lighthouses and museums on the Challenge for an opportunity to step back in time and learn more about the state's and nation's maritime history.

Begin the Challenge at any of the 11 participating New Jersey land-based lighthouses, one museum and two life-saving stations, and purchase a souvenir (\$1), which will be proof of your visit at each lighthouse and commemorate your participation in the event. Hours of operation for each lighthouse can be found at participating lighthouse and museum websites and at www.lhchallenge.nj.org, www.njlhs.org, and www.visitnj.org. You can also find the Lighthouse Challenge of NJ on Facebook where you can communicate with other lighthouse fans. During the weekend, children 11 and under climb free with an adult. For further information, including directions and map of participating lighthouses, go to www.lhchallenge.nj.org, and www.njlhs.org/challenge/ChallengeofNJ.html

Ongoing Tours and Events

The Mid-Atlantic Center for the Arts & Humanities (MAC) offers admission to the Emlen Physick Estate, the Cape May Lighthouse and the World War II Lookout Tower, as well as trolley, walking, house and boat tours throughout the year. Dates and times vary seasonally. Call for availability. For more information, call 609-884-5404 or 800-275-4278 or visit www.capemaymac.org

HV Hospital to Honor Currys, Delfinos and Poplasky at Celebration

Hudson Valley Hospital Center will celebrate its 125th Anniversary on Friday, October 17 by honoring some key supporters who have contributed significantly to the Hospital's growth and development.

Mr. and Mrs. Bernard and Cynthia Curry; Maurice R. Poplasky, MD and Mr. and Mrs. Michael and Ginger Delfino will be recognized for their contributions to Hudson Valley Hospital Center at the 125th Anniversary Celebration at Monteverde at Oldstone. The evening will feature cocktails, dinner and a silent auction starting at 6 p.m.

"Throughout the years this Hospital has

been very fortunate to have people who have lent their support at important junctures in our history," said John C. Federpiel, President of Hudson Valley Hospital Center. "As we celebrate this very important milestone, we thank our good friends, the Currys, Delfinos and Dr. Maurice Poplasky, for being there for us and contributing to our success in so many ways. We are grateful for their support and their guidance as we continue to grow and face new challenges."

Tickets for the Foundation of Hudson Valley Hospital Center's fall fundraiser are \$600 and are now on sale. Sponsorships are

still available. The silent auction will offer a vast array of items including this year, for the first time, a private dinner party prepared in the Hospital's new Chef Peter X. Kelly Teaching Kitchen by a noted Hudson Valley Chef. The Signature Chef Series, coordinated by Chef Kelly, features noted chefs of the Hudson Valley and will host seasonal dinners in the kitchen showcasing locally sourced foods of the Hudson Valley.

Proceeds from the event will provide for the Hospital's continued growth and medical excellence. For further information and to reserve tickets, call the Hospital's Foundation at 734-3526.

ITALIAN FESTIVAL 2014

Hosted by
The Columbus Lodge #692
Ossining Veterans Park
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Get Directions : <http://mapq.st/REsT15> (see below)

Friday October 10th
5PM - 11PM

Saturday October 11th
4PM - 11PM

Sunday October 12th
3PM - 10PM

Entertainment Schedule:

Friday:
DJ Johnny G
"Elvis Tribute" - Patrick Perrone (7 & 9 PM)

Saturday:
DJ Johnny G
Guarnera Brothers Band (MGM)

Sunday:
DJ Johnny G
Musica & Fantasia Nicola Corrente
Italian Folk Group (7 & 9 PM)

Callouts: RIDES & GAMES, "Discounted Bracelets" Saturday 4pm - 8pm, RAFFLES, FREE ADMISSION, FREE LIVE ENTERTAINMENT, GREAT FOOD

Logos: MGM, DJ JOHNNY G, and a map of the festival location.

Celebrate Women's Health at JV Mall 'Paint the Mall Pink' Events

October is National Breast Cancer Awareness Month and Jefferson Valley Mall is marking the occasion with Paint the Mall Pink, a community-based grassroots program featuring educational displays, health fairs, retailer offerings, special events and other activities that promote women's health.

"As an integral part of the community, we want to be a resource for the health issues that affect women and their families," said Alexa O'Rourke, director of marketing and business development at Jefferson Valley Mall. "We are honored to host a variety of 'pink-themed' activities to recognize this important endeavor."

On Saturday, October 11 from 11 a.m. to 2 p.m. in Center Court, Jefferson Valley Mall, in conjunction with the American Cancer Society, will present a Paint the Mall Pink Health & Wellness Fair. This one-day event will feature a variety of special activities including the following:

- A cancer survivor fashion show with exclusive fashion looks from the LOFT
- "Pretty in Pink" ballet performance presented by Westchester Performing Arts

- Pink ribbon face paintings to support the lovely ladies that will be walking the runway
- Health demonstrations from local fitness studios
- Samples and tastings of healthy food options from around the community
- Craft a special gift for cancer patients at the Hudson Valley Hospital Center
- Health talks and safety tutorials from professionals in the field
- In-store offers and discounts from participating retailers
- Free swag bags to the first 300 ladies to register

Jefferson Valley Mall is located on Route 6, 1/4 mile east of the Taconic State Parkway in Yorktown Heights, and is owned and managed by Washington Prime Group. For more information, call the mall management office at (914) 245-4688 or visit www.jeffersonvalley-mall.com for the latest mall events and retailer updates. Jefferson Valley Mall is on Facebook – check out www.facebook.com/JeffersonValley. Follow the mall on Twitter: @JeffersonValley.

THURSDAY, OCTOBER 16th

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What if We Don't Like What Neighbors Put on Their Properties?

When I had the great pleasure of taking on this gig as The Home Guru, I suggested to the publisher that I make my columns personal in approach. After all, a column devoted to real estate and home maintenance could be quite dry and, honestly, unless we're all HGTV addicts, exploring such subjects as keeping a shine on kitchen counters and unplugging clogged toilets can be deadly boring.



By Bill Primavera

Regular readers know that my shtick happens to be more the diary of a realtor and homeowner who writes as a member of my town and neighborhood and about a fraternity of suppliers who know how to do the job of home maintenance much better than I do.

Last week, I experienced a personal neighborhood issue that involves neighbors' objections to what other neighbors choose to place on their properties.

Sometimes it's commercial equipment used for construction or a recreational vehicle. It might be a large boat or, as was the case on my street for some years, an 18-foot-high statue of an Indian chief (seriously) advertising the home practice of a taxidermist. It can be smaller matters, such as political signs or "For Sale" real estate signs that block the line of vision for drivers.

My personal distaste of what I see on other peoples' properties are those huge tarps in that electric color of blue that cover wood piles and summer furniture during the winter. Why can't they be manufactured in a more muted tone I wonder?

In my case, a few members of my community raised some concerns about a sign I placed on my property under special circumstances. Last week some editions of The Examiner ran an article about Westchester County recognizing

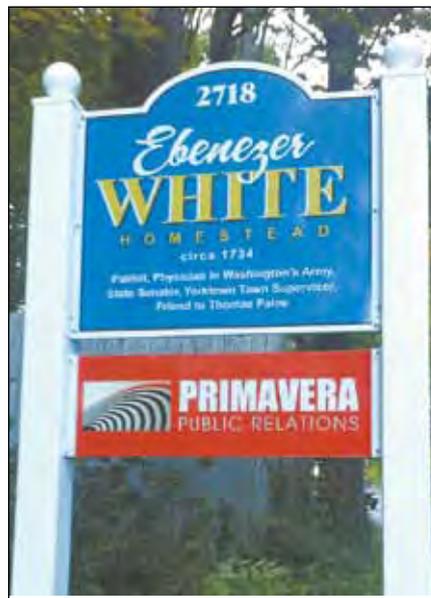
Primavera Public Relations for having helped stimulate the economy by doubling the size of its operations with the help of the Hire Westchester program.

I was greatly honored, and a week prior to the visit of Westchester's Director of Economic Development to my property, I wanted to gussy it up a bit. I decided it was time to replace my business sign that had "disappeared" from my corner some years ago. I called my buddy, Tim Beachak of Signs Ink, the best sign maker in the region, to quickly produce a replacement for me. Luckily the idea and its design had been on the drafting board for a while.

At the same time, I decided to finally incorporate into that sign a historical marker for my beloved Ebenezer White House, for which I'm scheduled to apply for landmark status with the Yorktown Historic Preservation Committee.

I ran down to the Building Department with my application for approval, explaining my predicament of wanting to have my property "look good" for the cameras and asked for special consideration under the circumstances since I had already shown the design to both the Advisory Board on Architecture and Community Appearance and the Landmarks Committee. I did everything right, I thought.

But no sooner was the sign up and ready for its close-up, complaints were registered with the town. I received an e-mail from a neighbor down the street, a nice woman actually, from whom I hadn't heard in years, who asked me a barrage of questions about my right to have it there. I responded respectfully that I have had permission from the town to have a commercial sign there since 1972 and, to date, there is no code regulating



BILL PRIMAVERA PHOTO

A neighbor of The Home Guru has called his corner sign "garish" and "plastic." What do you think?

historical markers in my town.

The hurtful part of her e-mail, however, was to critique my sign's aesthetics with such words as "garish" and "plastic." I responded simply by saying that taste cannot be argued, but could not resist, in turn, a playful assessment of her own property's appearance from the street as

a "charming touch of Appalachia." I do hope that we can continue to be friendly neighbors, however.

My opinion about neighbors who choose to have frightening totem poles at their mailboxes or three gigantic SUVs in their driveways (and I say this as a member of a town committee that has the words "community appearance" in its title): they own "private" property, and we should allow them the sanctity of privacy. Besides, God gave us the ability to look at or avert our eyes from sites as we drive by.

If anyone out there should need signage for their business or a historical marker, or to mark the address of their home, contact Signs Ink at 914-739-7446 and ask for Tim.

Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc., the longest running public relations agency in Westchester (www.PrimaveraPR.com), specializing in lifestyles, real estate and development. His real estate site is: www.PrimaveraRealEstate.com and his blog is: www.TheHomeGuru.com. To engage the services of The Home Guru and his team to market your home for sale, call 914-522-2076.

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Beware Alcohol in Wine: Do Calories Logically Follow?

Over the past seven years of penning this column, I've touched on many aspects in the vast compendium of wine topics. Always seeking to present an objective focus, I've rarely veered into expressing my opinions. With one notable exception: the health benefits of wine consumed in moderation.

I'm a proponent of the camp that promotes wine as a healthy beverage in spite of its alcohol content. The antioxidants and phenolic compounds present in red wine contribute to the prevention and treatment of numerous health conditions, all of which have been well documented.

However, in the interest of presenting a well-balanced wine column, I have in the past two weeks taken a right turn from espousing the benefits of wine.

There are negative aspects of consuming any alcoholic beverage, including wine, that if not recognized and addressed, can lead to harmful health (liver and brain damage) and social conditions (drunk driving, violent behavior).

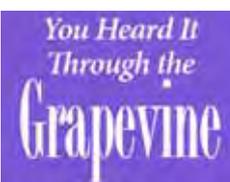
I narrowed the negative characteristics of wine to two factors: alcohol levels and calorie count. Last week I focused on ways

a wine consumer might cut back on the alcoholic consumption of wine by seeking out wines with low or no alcohol. This week I'll focus on the dietary consequences of consuming wine—and other alcoholic beverages.

Here's a formula to assist you in calculating the caloric content of wine, followed by several examples of wines and other popular alcoholic beverages. Feel free to clip it and carry it in your wallet or transfer it to the notes app on your smartphone for future reference.



By Nick Antonaccio



The Formula

Percentage of alcohol times number of ounces times a factor of 1.6 = calorie content.
Sample calculation: 14 percent alcohol content times an average pour of 5 ounces times 1.6 equals 112 calories.

Examples

The following is a table of calories per typical serving (serving size varies per beverage).

High-alcohol wine (dessert): 220

High-alcohol wine (13.5 to 15 percent alcohol): 112

Moderate alcohol wine (10 to 13 percent):

92

Low alcohol wine (5 to 9 percent): 56

Standard lager beer: 165

Low-alcohol beer: 117

Standard cocktail, no additional ingredients: 375 (martini)

Standard mixed cocktail: 507 (Margarita)

Lower alcohol mixed cocktail: 176 (low-cal Margarita)

And don't forget the drink invariably blamed as a cause of obesity, carbonated flavored soda: a mere 143 calories.

There are always exceptions to general guidelines. Not all wine is created equal; at times man feels compelled to intervene. For example, using the above assumptions, a glass of chardonnay with moderate alcohol weighs in at 92 calories. A glass of Champagne with similar calories but a bit of sugar added by a winemaker to enhance the flavor profile (paradoxically referred to as Extra Dry Champagne) can increase the calorie count by 40 to 50 percent.

It is fairly obvious that several sectors of the alcoholic beverage industry have made concerted efforts to focus on the changing preferences of consumers for less alcohol and calories. The beer industry has branded the light beer category, for those trying to avoid (or reduce) a beer belly.

The spirits industry is beginning to understand this American demand for

light(er) alcoholic beverages. Skinny Girl is the latest trendy alcoholic beverage focused on the diet-conscious consumer. Do you enjoy a Margarita, but feel guilty about the high calories? Try a bottle of Skinny Girl Margarita to keep your waistline trim(mer). It contains one-third the calories of the standard version served at tropical beaches.

However, the wine industry hasn't latched onto these marketing opportunities. Is there an opportunity to market wine as a lower calorie alternative to other alcoholic beverages and perhaps increase sales and broaden acceptance by consumers? Or will wine continue to be the mysterious beverage with no nutrition label requirements to aid the conscientious consumer? And will wine continue to be a potentially dangerous beverage masked by reports of its medicinal benefits? Only an informed consumer can make the right choices.

What is your beverage/poison of choice? Regardless of the source of calories, always be careful to drink in moderation.

Nick Antonaccio is a 35-year Pleasantville resident. For over 15 years he has conducted wine tastings and lectures. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.

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Crossword

ACROSS

- 1 Famous for his "Law" or Republican candidate for State Senate
- 7 Maori dance
- 11 On the beach
- 12 Sponsorship: Var.
- 13 Philosophy that deals with yin and yang
- 14 "Portnoy's Complaint" author
- 15 One who has a little lamb
- 17 Jack Sprat's no-no
- 20 Frustrate
- 24 Watery expanse
- 26 Battery part
- 27 Charity event
- 29 Org. that began selling cookies in 1917
- 30 Sentimental excess
- 31 Balm ingredient
- 34 Former NYC Mayor or Democratic candidate for State Senate
- 40 Fluid rock
- 41 Have as an icon
- 42 Monies borrowed
- 43 "I'm impressed!"

DOWN

- 1 Yoga class need
- 2 Dos Passos trilogy
- 3 Greek letter
- 4 Luau serving
- 5 Store posting: abbr.
- 6 Land on the Red Sea
- 7 In this circumstance
- 8 In times past
- 9 Outfit
- 10 Tree type
- 16 "Come again?"
- 17 Watch chain
- 18 Air hero
- 19 X rating?
- 20 Facts
- 21 Irish phenomenon
- 22 Dog tags
- 23 Aromatic drink
- 25 Crete's sea
- 28 Inhabitant of Waterloo
- 31 The sum of ___ fears
- 32 ___-tze (Chinese philosopher)
- 33 Fertility clinic cells
- 35 "And now, without further _"
- 36 Clock standard: abbr.
- 37 Tip for a writer?
- 38 Age
- 39 Cabernet, e.g.

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42					43					

See solution on page 24

Protecting Our Youth



Community Round Table for Concerned Parents

Vincent F. Nyberg General Meeting Room
 Cortlandt Town Hall, 1 Heady Street, Cortlandt Manor, NY
THURSDAY, OCTOBER 23, 2014, 7PM – 8:30 PM

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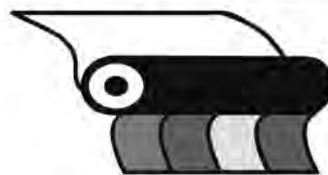
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SMALL NEWS IS BIG NEWS

Happenings

The Northern Westchester Examiner We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Neal Rentz at nrentz@theexaminernews.com.com.

Tuesday, Oct. 7

Garden Club Meeting: The Garden Club of Peekskill is sponsoring an annual evening meeting at 7:30 p.m. the Field Library, 4 Nelson Ave., Peekskill. Anne Swaim, executive director of the Saw Mill River Audubon Society, will present a program entitled, "Soar with the Birds of Westchester". The program is free. Info: 914-528-7859 or 914-260-6050.

Awesome Box: Did you just read the best book ever? Have you seen a terrific movie recently? Then please let everyone know. The Somers Library is hosting an Awesome Box where you can share your enthusiasm for favorite books, movies and more, Awesome Box is collaboration with the Harvard Library Innovation Lab. It allows the community to see what books, movies, and music others have found particularly entertaining, helpful, or eye-opening. Check out the Somers Library Awesome Box online at <http://somerslibrary.awesomebox.io/> where you can view recommendations and see what everyone else loves. Then don't forget to leave your recommendations at our 'Awesome Box' located next to the reference desk in the Somers Library For directions and hours, plus more information about our Awesome Box visit the library website at www.somerlibrary.org.

Farmers' Market: The Putnam Valley Grange Farmers' Market is held every Tuesday from 3 to 7 p.m. at the corner of Mill Street and Peekskill Hollow Road (Adams Corners).

Senior Benefits Information: Trained volunteer counselors help older adults and their caregivers find information about government benefits to help them stretch their budgets every Tuesday from 10 a.m. to 1 p.m. at the John C. Hart Memorial Library, 1130 E. Main St., Shrub Oak. Get information on Medicare health and prescription plans, nutrition assistance, the Home Energy Assistance Program (HEAP), tax relief programs, and much more. Info: 914-245-5262 Ext.227 or <http://www.westchesterlibraries.org/sbic>.

Checkmate: A chess program is held every Tuesday at 4 p.m. at the Ossining Public Library, 53 Croton Ave. It is held in the second floor conference room. Info: 914-941-2416 Ext. 336.

Wednesday, Oct. 8

Lions Club Program: Yorktown Lions: More Than Eyeglasses: will be held from 7 to 9 p.m. at the American Legion on Veterans Road, The event is a Meet and Greet/Networking/PR Event for Lions, people involved with non-profits, people who want to know more about Lions Clubs, and people who want to come for a cup of coffee , Info: yorktownlionsclub@

gmail.com or 914 407 4162.

Library Art Exhibit: Gina Bodelsen and Kjersti Lovece will do a joint art exhibit at the Somers Library during the month of October. Bodelsen will exhibit works in oils and acrylics, showcasing still life, floral, and landscaping scenes. Originally from Petorano Sul Gizio Italy, Bodelsen now lives in Mahopac. Lovece, a native of Norway and now Mahopac resident, will exhibit landscapes in colored pencil. Ms. Lovece loves to travel, take home impressions, and work on canvas with light and color. She has won awards in oil and graphics and is a member of local art councils in Mahopac and Garrison. Call the library for viewing times in the Program Room (914-232-5717). A price list will be available at the library circulation desk.

Bingo Wednesdays: Come to First Hebrew for \$2,000 in total guaranteed bingo prizes, plus an average of \$1,000 awarded in specialty games. Doors open 5 p.m. and games begin 7:15 p.m. every Wednesday (except holidays – check First Hebrew's website calendar). First Hebrew is just west of the Beach Shopping Center at 1821 Main St., Peekskill. Info: 914 -739-0500 of www.firsthebrew.org.

Thursday, Oct. 9

Somers Library Programs: Two events have been scheduled for this week at the Somers Library. The retirement planning seminar, Choosing Your Retirement Path will be held on Oct. 9 from 6 to 7:30 p.m. During this insurance sales presentation, we will discuss concerns one may face while living in retirement and possible solutions for them, such as: Cost of Living, Possible Depletion of Retirement Savings, Effects of Taxation on Retirement Savings & Expenses to Consider in Retirement. The program is free but registration is required. Please call the library at 914 232-5717 to register or register online at www.somerslibrary.org. The Tin Pan Alley concert performed by the Two of Us Plus One is slated for Oct. 12 at 3 p.m. Tin Pan Alley – West 28th Street, in New York City, conjures up images of sheet music stores with live music and song pluggers. George Gershwin, Irving Berlin, Cole Porter, Jerome Kern, even George M. Cohan – all left their footprints on Tin Pan Alley. Sponsored by the Friends of the Somers Library, the popular group (which includes singers Wanda Grochowski, & Joanne Kant, along with accompanist Justine Macurdy), are proud to present their latest show about the fabulous composers of Tin Pan Alley. Admission is free, but donations are being requested at this event for the Somers Food Pantry at St Luke's. Please bring a canned or non-perishable item such as cereal, hearty soups, canned meat, canned fish,

pasta, tea, condiments, etc. Registration is not required but seating is limited and will be on a first-come, first-seated basis.

Friday, Oct. 10

Hilltop Hanover Events: A series of events are scheduled for this week at Hilltop Hanover Farm, 1271 Hanover St., Yorktown. The farm stand will be open on Fridays from 1 to 6 pm. and on Saturdays from 10 a.m. to 4 p.m. throughout October. U-Pick Vegetables on Saturdays from 10 a.m. to 4 p.m. Insider's Private Tours of the farm will be held on Saturdays from 11 a.m. to noon. Cheese Making 101 will be held on Oct. 11 from 1 to 4 p.m. For information and registration, call 914-962-2368 or go to HilltopHanoverFarm.org/Events for more information.

Hebrew Congregation Events: A series of events have been scheduled for the Hebrew Congregation of Somers, located at Cypress Lane and Mervin Drive in Shenorock, October 10: Sukkot pot luck, followed by Sukkot service, 6:30 p.m. October 11: Shabbat service followed by Lunch & Learn, 9:30 a.m. October 18: Havdalah service, 6:49 p.m. For information, please e-mail info@hebrewcongregationofsomers.org or call 914-248-9532

Free Play Dates: A free play date program is being held every Friday from 11 a.m. to noon at the Rosenthal JCC Early Childhood Center at the Yorktown Jewish Center, 2966 Crompond Rd. The program is intended for children between the ages of 16 and 36 months and their parents or caregivers. Children can play, do art and socialize all under the direction of an experienced early childhood teacher .Pre-registration is suggested. Contact Jennifer at 914-962-8430 or e-mail her at Jennifer@rosenthaljcc.org.

Jewish Center Services: During the autumn months, Sabbath services will begin at 8 p.m. on Friday evenings and at 9:15 a.m. on Saturday mornings at the Yorktown Jewish Center, 2966 Crompond Rd. Info: 914 -245 -2324 or www.info@yorktownjewishcenter.org.

Saturday, Oct. 11

Lasdon Halloween Events: The annual Lasdon Halloween Model Train Show, decked out in the alien theme, will be on view Saturday, Sunday and Monday Oct. 11, 12 and 13; Saturdays and Sundays, Oct. 18, 19, 25 and 26, from 11 a.m. to 3:30 p.m. each day at Lasdon Park, Arboretum and Veterans Memorial, a Westchester County Park located on Route 35 in Somers. On Halloween, viewing hours are 3to 6 p.m. The display consists of Lionel trains chugging along on more than 300 feet of track, past tiny buildings and miniature deserts. Admission to the train show is \$2

for children under 12 and \$5 for adults. To add to the fun, the Lasdon hay maze will return this year. There will be a scavenger hunt for children and costumed ET will be available for photo opportunities in or out of his space craft. The maze will be open daily from 8 a.m. to 4 p.m. The spooky season at the park culminates with the Lasdon Halloween party on Oct. 24; from 7 to 11 p.m. Guests are encouraged to come dressed in "Area 51" themed costumes or other Halloween attire. The Lasdon main house, grounds and heated party tent will feature an assortment of aliens, flying saucers and other surprises to make it a truly festive evening. The party for grown-ups is a fundraiser to support the planned conservatory to be built at the park. The event will include live music, provided by the Gerard Carelli band, a dance floor, food, beer and wine. Prizes will be awarded for the best overall costume, best alien and best duo. Tickets, priced at \$60 per person (\$55 for Friends of Lasdon members), are available from lasdonpark.org or by calling 914-864-7268. The party is sponsored by the Friends of Lasdon Park and Arboretum, Westchester County Parks, Partyline Tent Rentals and the Katonah Nursery. During the entire season, the Veterans Museum will be open to the public and the Shop at Lasdon will be open, selling gifts, snacks and refreshments. Info: westchestergov.com/parks or 914-864-7268.

Schmoozing: Schmoozing in the Succot will be held from 8 to 11 p.m. at the at the Yorktown Jewish Center, 2966 Crompond Rd Socialize with members and friends in the Succot, enjoying beer, wine, coffee and dessert. The cost is: \$10 per person and \$18 per couple when paid in advance; at the door, the cost will be \$15 per person and \$25 per couple. Info: 914-245-2324 or www.info@yorktownjewishcenter.org.

Vendors Wanted: Vendors are wanted for the St. Luke's Church Harvest Festival and Super Tag Sale, which is slated for Oct. 11 from 9 a.m. to 4 p.m. at St. Luke's Church and Bailey Park on Routes 100 and 202 in Somers. The cost per space is \$35. For reservations call 845-628-0578. Info: slcsomers.org.

House Downsizing: The downsizing workshop, Selling Your House in Three Easy Sessions, will be held on Oct. 11, 15 and 25 at the Yorktown Community and Cultural Center, 1974 Commerce St, Room 2009. Admission is free. Register at www.TimeIsMoney-NY.com or at the door. Since seating is limited, pre-registration is suggested.

Ossining Farmers Market: The Ossining Down to Earth Farmers Market is held year-round on Saturdays from 8:30 a.m. to 1 p.m. at the corner of Main and Spring Streets. Info: 914-923-4837 Ext. 202.

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PLICATION DEADLINE: October 17, 2014.

NOTICE IS HEREBY GIVEN PURSUANT TO THE NYS ALCOHOLIC BEVERAGE CONTROL LAW, that the undersigned has applied for a license, Serial Number 1280902, to sell wine and beer for retail on-premises consumption at a restaurant, located at 1356 East Main Street, Shrub Oak, Westchester County, New York 10588. **Applicant: Francesca's Pizza & Pasta, Inc.; Trade Name: Francesca's Pizza & Pasta.**

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The Northern Westchester
Examiner
Sports
Covering Putnam County and Northern Westchester Sports

October 7 - October 13, 2014

SMALL NEWS IS BIG NEWS

SPORTS SECTION

Johnny on the Spot!

Lakeland's Denis Rips Hat Trick in 3-0 Win over Panas



RAY GALLAGHER PHOTO

Lakeland striker John Denis (L) slips the defense of Panas senior D Freddie Jones, striking for one of three goals the All-NYS junior would score in a 3-0 Hornet win over the Panthers last Thursday at The Hive... see Soccer Notebook

Sports

Grid Notebook

Yorktown Rides Santavicca Shuttle to 32-21 Win over Greeley

Somers, Lakeland, Panas Remain in Playoff Hunt; Mahopac, Carmel Alive in AA

By Ray Gallagher
Examiner Sports Editor

Had he busted off one more big gainer, **YORKTOWN** junior Nick Santavicca would have broken John Fennessy's school record of 364 rushing yards. Instead, the horse that Yorktown rode to its 32-21 victory over host Horace Greeley last Thursday, settled for 328 yards and a pair of touchdowns on 31 carries in a performance Yorktown Coach Mike Rescigno called typical of a kid who lives for football.

The state-ranked (No.10) Huskers improved to a perfect 5-0 as Santavicca ran non-stop through arm tackles and gang tacklers like a river runs through New York, taking off on TD jaunts of 54 and 44 yards.

With 920 yards through five games, Santavicca is on course to shatter the Yorktown single-season rushing record of 1,103 set by the standard-bearing John Fennessy (2008), who also holds the single game mark of 364 yards.

Lost in the Santavicca Shuttle was Husker RB Tim Forbes three TD plunges.

The Huskers remain the No.1 seed in League A for now, and the four playoff teams are essentially settled with **SOMERS** defeating host Eastchester, 28-7, on Saturday. Yorktown (5-0, 4-0), Somers (4-1, 3-1), John Jay (4-1, 3-1) and Beacon (4-1, 3-1) are locks to make the playoffs, all that remains are the seeds.

Don't look now but the two-time defending champion Tuskers are raring into playoff form after a strong second half



RAY GALLAGHER/ANDY JACOBS/RICK KUPERBERG PHOTOS

Yorktown TE James Fennessy seems to embrace the moment of contact in 32-21 win over Greeley.

against the Eagles. Somers senior FB Tim Fazzinga had nine carries for 70 yards and a TD to spearhead an attack that was held to 212 yards. RBs Chris Abatecola, Matt Morgante and Matt Senzamicci all rushed for scores and Morgante went the pick six route for 39-yard TD. The D-Line is doing its thing, led by Brendan Smith (recovered a fumble) and junior stud Tom Castelluccio (10 tackles).

The Tuskers will host Beacon in Week 6, a team John Jay made short work of in Week 5. The most interesting

game remaining on the League A docket is the Week 7 tilt between Yorktown and host John Jay, which is shaping up as a potential track meet. Yorktown's depth and trench advantage makes the Huskers the road favorite going in, but there's a reason we put the kids on buses and travel to play these games... anything can happen. But what a way to end the regular season as two compadres - Rescigno and Jay boss Jimmy Clark - seek the potential No.1 seed and a home playoff game.

After proving they could run with state-ranked Rye in a wild Week 4 loss, **WALTER PANAS** stayed

very much alive in the Class A playoff hunt with a 58-14 shellacking of visiting Pelham.

Panther QB Justin Lee threw for 182 yards and four TDs for Panas (3-2), two of which went to Zack Saad. Lee is slowly



Yorktown FB Ryan Brandt is ready to do some wrecking in 32-21 win over Greeley.

evolving into an MVP for the Panthers. RB Tyreek Jackson had a career game, going for 75 yards and a pair of scores. Emeka Carranza, Steve Signorelli and Nayquan Harris each added a score for Panas. DL John Cursio was a beast on the other side

of the ball with four of the Panthers' 11 sacks (D-Coord. Kris Brandt must have went nuts).

The Panthers, who are a lot better than most people thought they would be after losing so many seniors to graduation, will hope to prepare to keep their playoff hopes alive in Week 6 when they head to **BREWSTER**, a surprising 26-24 loser to Spring Valley. Panas has now scored 105 points in the last two games and Brewster's leaky defense will be up against it in a non-league game that has no bearing on the playoffs; it is essentially prep for a Week 7 do-or-die showdown with Sleepy Hollow.

Brewster (1-4) led 12-7 after the first quarter but crumbled down the stretch, allowing a score in every quarter, but the fact of the matter is they may have tapped into the back of the future as junior FB Jeremy Meissner had a breakout performance with a career-high 147 yards and a TD

on 12 carries. HB Joe Buonadonna added 97 yards and a score for the Bears, who are playing for nothing but pride right now. The Bears can tap into their inner beasts this week and find some solace with a win over a Panas program that

has become somewhat of a rival in recent years. It is a meaningless game in terms of Panas' teetering playoff hopes, but it would sure throw doubt on the fire if the Bears can rock the Panthers' worlds.

LAKELAND's Anthony Capozzi was up to the task in the Hornets' 34-7 Homecoming Day win over **PUTNAM VALLEY**, scoring three TDs, including an electrifying 80-yarder. Lakeland improved to 3-2 in an otherwise meaningless game; in that it had no bearing on the playoffs.

RB Kier Maley added a pair of late TDs as Coach Rob Cappelli's Class A Hornets (3-2) tossed the Class B Tigers (2-3) a second-

half beating they had not suffered the likes of this season. The win sets up a Week 6 doozy with visiting Sleepy Hollow, who the Hornets must defeat Saturday to control their own destiny in the playoff chase. Lakeland still holds the tiebreaker



Haldane's Joe DiGregorio and the Blue Devils celebrated big win over Blind Brook.

Sports

Grid Notebook

over Panas, but both teams face Sleepy over the next two weeks. If Sleepy knocks off Lakeland, Panas must defeat the Headless Horsemen to stay alive with the tiebreaker favoring the Hornets, who have a real shot of surviving and making the playoff for the first time since 2009. Amazingly enough, after a really bad loss to Byram Hills, the Hornets can still end the post-season drought by winning out or getting some help from a Panas loss to Sleepy.

CLASS AA

In MAHOPAC's 33-0 thrashing of visiting RCK (0-5), the pink-clad Indians fought breast cancer in fancy fashion, going airborne on the arm of lefty QB Dan Foley. The junior fired a pair of first-half TD strikes to WR Angelo Martinez for a 16-0 halftime lead and the Indians improved to 3-2 while remaining alive in the Class AA playoff hunt in fourth place in the league, behind John Jay EF, Arlington and Mamaroneck.

It was a day of career-high for many



Mahopac WR Angelo Martinez awaits a perfectly zipped TD pass from QB Dan Foley in 33-0 rout of RCK.



Mahopac RB-DB Charles Heady gets block from Zach Carlin and breaks off a big gain in 33-0 win over RCK last Thursday. Heady has been a special player all year.

of the Indians, according to Coach Tom Donahoe, who watched his team synch up on both sides of the ball. The day belonged to Foley, who fired a career highs in completions (17), yards (285) and attempts (40), and FB Max Littleton, who rushed for a career-best 187 yards and three scores. Littleton, a two-way menace, added 11 solo tackles (four for a loss), seven assists, a sack, two forced fumbles and two recoveries on an absolutely sick day. Martinez also finished with a personal-best six grabs for 155 yards and two scores.

The Indians have to know that on their best day they can contend with any team in Section 1, as evidenced by their terrific back-and-forth effort with state-ranked John Jay EF, despite it being a close loss. That should bode well if they head into the playoffs as a potential No.4 seed, knowing that a top-flight effort could produce the desired results.



Lakeland QB Anthony Capozzi is hunted by Putnam Valley's Ed Lent and Ryan Mello (30) in Hornet

If the Indians win in Week 7 against White Plains, which they should, they would lock up the final playoff spot and make the post season for the first time since 2010. That could set up a potential playoff game against the highly-anticipated New Rochelle/Scarsdale winner in Week 6.

(This scribe apologizes for misreading the standings last week and putting Mahopac in dire circumstances regarding its playoff chances)

CARMEL (3-2) and RB Colton Anderson made short work of Mt.

Vernon in a 35-0 beat-down and will now prepare in earnest for their loathsome Mahopac Indian rivals. Mahopac has had Carmel's number in many of the major sports the past few years, but the football field could be the place that eliminates the nasty taste Rams' fans have in their collective mouths. Nonetheless, Coach Todd Cayea's Rams will have to win in Week 7 at New Rochelle if the aim to make the post season.

CLASS D

HALDANE stated its case to be taken seriously as a Class D power this season in a 28-22 win over Blind Brook. QB Tyler Giachinta plowed paydirt with the winning score with under 2:00 left, and

the Blue Devils have to believe they have what it takes to compete with state-ranked (No.9) Tuckahoe for the Class D crown the Tigers have owned since 2011. It's shaping up as a whale of a title tilt if the Blue Devils can continue to improve.

Giachinta (2 rushing TDs) also hit on 6 of 13 passes for 138 yards, five of those aeriels connecting with dependable WR Ryan McCollum (1 TD, 121 yards). Blue Devil FB Matt Balducci bashed the 100-yards mark once again, rushing for 120 yards and a score on 17 totes. He added four tackles for a loss on D.

"This was a huge win for our program, as it proved to our team we can go on the road and compete with anyone," Blue Devil Coach McConville said. "Tyler Giachinta scores on a QB run with under two minutes left to put us up six and our defense stopped them to end the game. Blind Brook had the ball our 45-yard line and Ryan McCollum broke up a pass on



Mahopac junior Vincent Pepe fights off a stiff arm to chalk up a special teams tackle in 33-0 win over RCK.

third down and Chris Pidala and Tanner Froats applied the pressure on fourth down to force the QB to roll to his right and stepped out of bounds before he could find an open receiver. This week we made the big plays when we needed to and got that last big stop to win the game."

PEEKSKILL may be playing in a Yonkers-heavy developmental league this season, but at least the Red Devils are developing. At 5-0, Peekskill is building a base that might put this once-prideful program back on the Section 1 map. After a string of very rough seasons in the main stream, that is something worth applauding.

Sports

Soccer Notebook

Lakeland Blanks Panas, 3-0; Somers Shuts Out Brewster

By A.J. Martelli

The boys' soccer schedule was relatively light this past week, but while most teams around the north county were off, the Lakeland Hornets kept plenty busy. After a 3-1 loss to Hendrick Hudson last Monday, the Hornets rebounded to shutout rival Panas 3-0 Thursday on the day of Lakeland's Homecoming.

The Hornets had only played two previous home games before their win over the Panthers, and Coach Tim Hourahan was happy to finally have home field advantage again.

"It was great for us to get back home," he said. "It was our tenth game and only the third time we've played at the hive, a place we always seem to play well at, and have a great record. I thought as a team we played a pretty good game, and it was important for us to get a shutout."

Lakeland was led on offense, to no surprise, by junior midfielder Johnny



Lakeland's Dante Caputi slips the defense of Panas' Mike Cavigliano.

RAY GALLAGHER PHOTOS

on top-ranked team in NYS, the one-beaten Arlington Admirals.

Last Tuesday was a big day for **SOMERS**. The Tuskers slugged their way to a 4-0 win over visiting **BREWSTER**. Will Bennett played a fantastic game, scoring three goals in the first 42 minutes – all three goals being assisted by Zack Lichtman.

Justin Levine banked in the final shot for good measure, off a pass fed by Josh Sampson.

"Our defense was rock solid, only allowing four shots to be taken," said Tuskers first-year boss Chris Pietris. "The midfield did an excellent job of winning the ball from their team and distributing it to our forwards, who created many impressive scoring runs and excellent scoring opportunities. All around, we played a very good game."

The Tuskers get back to work tonight, when they visit the Arlington B squad. They'll travel to North Salem Thursday before coming home to host Keio Friday.

YORKTOWN took its lumps this week, falling 1-0 to both Fox Lane (last Tuesday) and John Jay-Cross River (this past Thursday). The Huskers will try to get back in the win column Thursday when they visit Panas, and will duke it out with **PUTNAM VALLEY** at Charlie Murphy Field Saturday afternoon.



Panas soph Rob Rohan tangles with Lakeland soph Jordan Fein in 3-0 Hornet win last Thursday.

Denis, who notched a hat trick – marking the fourth time this season he's scored three goals in one game. He was helped by Jordan Fein and Dhruv Girgenti, as both distributed an assist apiece. Hourahan was impressed with his key offensive players.

"Johnny Denis again led the way with his fourth hat trick of the season," he said. "He now has 19 goals in the eight games he's played and continues to be the top scorer in Section 1 this season.

"Jordan Fein played a wonderful game as an attacking central midfielder, and had one of the nicest assists we've had in the last few years with a lofted pass near the box in the run of play to set up Johnny for his second goal."

Senior keeper Javier Gonzalez split time with junior goalie Aaron Kreuter in the net. Gonzalez made four saves and Kreuter stopped two Panas shots, using a tag-team effort to pitch the shutout on the defensive end.

The Hornets and Panthers will meet again on Oct. 16, and Hourahan expects another challenge from Panas head coach Brendan Horton, equipped with his aces Rohan Rochester and Matt Kelly.

"Coach Horton continues to do a very good job with his team," Hourahan

added. "It's just that and the talent pool is on the Lakeland side right now. We know that when we go back to Panas for our last league match of the season he will have his team ready to play again."

The state-ranked (No.14) Hornets (7-2-1) will host the Beacon Bulldogs tonight back at the hive – the Bulldogs coming off a 4-0 loss at the hands of CARMEL last Thursday. Slick Sebastian Lopez led the Rams with two goals and two assists for a Carmel team that still has the lone blemish



Lakeland Captain Gino Cassese lines up a blast in 3-0 win over Panas.



Lakeland's Cullen Malzo and Panas' Myles Nigro battle for free ball in Hornets' 3-0 win over Panthers last Thursday.

Sports

Championship Yearn Still Burns at Yorktown

Rescigno's Huskers Hoping to End Section 1 Title Drought



By Ray Gallagher
Examiner Sports
Editor

When former NYS Football Coach of the Year Ron Santavicca left Yorktown High for a second time in 2004 there were some hurt feelings. Breakups are never easy, so parting ways can get a little messy. Besides some hurt feelings there was lots of turnover within one of the most prideful football

programs in all of Section 1.

But Athletic Director Fio Nardone and the Yorktown School Board made a great call on his replacement in 2005, even if it took a year or so to get the program back on solid footing. Coach Mike "House" Rescigno was the right man to replace Santavicca, the two-time NYS champion and disciple of Tony DeMatteo, who will soon celebrate the 20th year anniversary of the Cornhuskers repeat at state champions (1993-94).

And who knows; with a little bit of luck Santavicca could be back in Syracuse this November watching his nephew, Nick, if he and Rescigno's state-ranked (No.10) Huskers (5-0) can continue their assault on Section 1 Class A foes this season. Don't think for a second that the Santavicca's, who have had a family member on the team or coaching staff since 1977, haven't thought about the prospects of Thanksgiving weekend at the Carrier Dome in Syracuse, home of the NYS championship. But let's not put the cart before the horse; there's a ton of work to do here.

Though Nick Santavicca, the junior halfback who recently gashed Horace Greeley for 328 yards and two scores in last Thursday 32-21 win over the Quakers, is the kind of horse coach's ride to state titles; just as Uncle Ronnie did with the likes of dearly-departed Don Weese and company some 20 years ago.

Yorktown gets those kinds of kids more often than not, which is why you'll find them on the tip of every coach's tongue when we start discussing the best football programs in Section 1. There is something to be said for consistency, something about two state jewels and four sectional titles from 1993-98. And Yorktown can thank Santavicca and former A.D. Isabel Costa for turning a floor mat of a program into a dynasty, along with assistants Mr.

C., Paul Paradiso and Jim Deans.

But that was more than a decade ago, and the yearn to hoist the hardware grows with each year, and that yearn has not been this rooted since Coach Santavicca's final season when he and his son, Paul, came up short in November of 2004 during the ball coach's second stint at Yorktown, four years after former Coach Dan Callahan guided the Huskers to a 1998 sectional championship and state tourney semifinal admittance.

The 2014 Cornhuskers have that same yearn; the one Weese had, the one QB Matt Caione had, the one RB/LB Adam Lodewick and OL/DL Bumper Roberson and Phil Settembrino had: The yearn Yorktown always seems to have on the gridiron and most other athletic venues, particularly lacrosse.

"We have been blessed year after year with kids that will run through brick walls for each other," Rescigno, now in his 10th season at Yorktown after a stud career at Carmel High and Hofstra U., said after the dispatching of Greeley. "The way they buy in to this program is simply awesome!"

Nick Santavicca has "bought in" since his dad Roger, a longtime assistant on the staff, turned him into a Yorktown ball boy before he could throw a spiral. Now, a decade later, he's threatening to shatter every rushing record in the Husker book, including rushing yards and TDs, the two most important stats in high school football, which like professional football, is taking a beating these days. Moms don't want their sons playing any more. Concussions and dementia are a serious and sometime grave concern. Heat stroke, aggressive contact... these are all things that worry moms to death and deter kids from strapping on a helmet and pads. The numbers of kids playing the great American game competitively are decreasing. In fact, the only numbers increasing are TV ratings and Fantasy Football.

Somehow, Yorktown has managed to survive and thrive as one of the section's most consistent and respected programs,



Yorktown junior HB Nick Santavicca got loose for 328 yards and a pair of scores in the Huskers' 32-21 win over host Greeley last Thursday, giving him 920 yards for the year. He should/could break the school record for rushing yards in a season (1,103) within a game or two and hopes to lead the Huskers to their first sectional title since 1998.

but the icing on the cake would be the title Yorktown, Rescigno and the Santavicca family, so desperately crave. That is now Nick's cross to bear, and he relishes the moment, according to Rescigno.

"Every so often you get a kid that NEEDS you to put the team on his back," Rescigno said, citing 2009 All-Section RB John Fennessy along with Santavicca. "John was certainly one of those guys that craved to be the difference. Nicky is another example of a young man with football in his blood. He needs this game. The beautiful thing about is that Nicky is surrounded by teammates with the same passion. They all play for all of the immeasurable values that football has to offer. They appreciate just how great this game is. People are trying to take shots at football nowadays... they should watch Nick Santavicca play. Watch how his team plays with him. That is what's good in football."

That, and a sectional championship! Go get some!

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Yorktown Junior Pulls Freight in 32-21 Win over Greeley



ANDY JACOBS PHOTO

Yorktown HB Nick Santavicca, all 5-foot-8-inches of him, was "the little engine that could" in the Huskers' 32-21 victory over host Horace Greeley last Thursday, compiling the second most rushing yards in school history (328) while tacking on touchdown trots of 54 and 44 yards as the state-ranked (No.10) Huskers improved to 5-0... see Grid Notebook/Direct Rays

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